

MIND IN BRIGHTON & HOVE

England & Wales · Charity number 1071434

Details

Other names	MIND IN BRIGHTON AND HOVE
Status	Registered
Legal form	Charitable company
Company number	03592375
Registered	1998-09-09
Register	View on the Charity Commission register

Contact

Address	Mind in Brighton and Hove 95 Queens Road 1st Floor Brighton BN1 3XE
Phone	01273666950
Email	info@mindcharity.co.uk
Website	www.mindcharity.co.uk

Activities

Objects: 2.1 The Charity's objects are restricted specifically only for the public benefit: (a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live, with, manage and recover from their condition; and (b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination. 2.2 Nothing in the articles shall authorise an application of the property of the charity for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 and/or section 2 of the Charities Act (Northern Ireland) 2008. 2.3 The area of benefit of the Company shall be Brighton and Hove and also any part of East or West Sussex by agreement with the local Mind Association or where no local Mind exists.

Activities: We provide a range of mental health services in response to local needs. These include: Advocacy services which provide support and representation. Advice and information to individuals on a range of mental health issues. Training to increase awareness of mental health issues within local organisations. Wellbeing services and activities to promote good mental health and challenge stigma.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** SUSSEX
- Brighton And Hove
- East Sussex
- West Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,019,367	£1,022,973	£1,362,375	34
2024-03-31	£1,116,221	£1,065,788	£1,365,981	38
2023-03-31	£1,058,067	£1,062,298	£1,315,548	37
2022-03-31	£1,005,275	£1,061,571	£1,319,779	37
2021-03-31	£1,343,074	£1,184,424	£1,376,075	43

Trustees

Name	Role	Appointed
Caitriona Darling		2022-11-22
Charlotte Diana Renwick		2022-11-22
Rebecca Louise Jarvis		2025-11-18
Richard Leslie Bailey		2025-11-18
Robin Edward Penfold		2019-12-02
Sarah Elizabeth Mills		2025-11-18

Accounts

Charity registration number 1071434

Company registration number 03592375 (England and Wales)

MIND IN BRIGHTON AND HOVE

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

MIND IN BRIGHTON AND HOVE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees Laura Greenwood-Pearsons (Chair)
Robin Penfold (Company Secretary)
Caitriona Darling
Charlotte Renwick

Charity number 1071434

Company number 03592375

Registered office 51 New England Street
Brighton
East Sussex
BN1 4GQ

Auditor Sumer Audit
Piper House
4 Dukes Court
Bognor Road
Chichester
West Sussex
PO19 8FX

Bankers CAF Bank Limited
25 Kings Hill Avenue
West Malling
Kent
ME19 4JQ

MIND IN BRIGHTON AND HOVE

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MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects of the charity were amended by special resolution on 16 September 2019 and are;

a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition; and

b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

Our Vision

Our vision is of society that promotes and protects good mental health for all and that treats people with experience of mental health issues fairly, positively, supportively and with respect.

Our Mission

Our mission is to provide a range of advice and information, advocacy and support services to empower anyone experiencing a mental health problem to live a full life and play a full part in society. We will also work to improve local services, raise awareness and promote mental health and wellbeing.

Our values

Empowerment: we work for the empowerment of individuals and communities and support people to contribute meaningfully to the design and provision of services to enable positive change.

Innovation: we believe in seeking innovative responses to the needs of people with mental health issues, based on the initiatives that people want and that positively challenge the status quo.

Partnership: we work with individuals, groups and other organisations in the local area to achieve a more integrated system of mental health provision which builds resilience and wellbeing in the community.

Effectiveness: our skilled staff strive to meet the needs of the communities we serve with integrity and transparency.

Valuing Staff: we respect and value the experience and knowledge of our staff and volunteers. We value the diversity of our workforce and are committed to equality.

Social Justice: we are committed to social justice and recognise that inequality of opportunity is a major cause of mental health issues. We challenge stigma and discrimination wherever we find it and defend the human and civil rights of people with mental health issues.

Independence: our services are structurally independent from statutory organisations. Our services will be as free as possible from conflict of interest both in design and operation and our staff are free to act according to the wishes and needs of our service users.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Strategies for achieving aims and objectives

Our Main Activities and Key Achievements:

Mental Health Advocacy Services:

- Community Mental Health Advocacy
- Independent Mental Health Advocacy (IMHA)
- Independent Care Act Advocacy (IMCA) and Independent Health Complaints Advocacy Service (IHCA) in Brighton and Hove

Wellbeing Services:

- Mental Health Advice
- Employment Support within Talking Therapies (formerly IAPT - Improving Access to Psychological Therapies) as part of Brighton and Hove Wellbeing Service
- Wellbeing and Mental Health Promotion
- Men's Mental Health and Community Development
- Men's Mental Health Training and Skills
- Peer Support

Training

- Mental Health Awareness
- Managing Mental Health in the Workplace
- Mental Health and Wellbeing
- Coping with Stress and Building Resilience
- Professional Boundaries

Public benefit

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

Our main activities and who we aim to help are described below. All our charitable activities focus on empowering anyone experiencing a mental health problem to live a full life and play a full part in society and are undertaken to further our charitable purposes for the public benefit. We also work to improve local services, raise awareness and promote mental health and wellbeing.

Mind in Brighton and Hove's trustees confirm that the activities of the charity are carried out in line with its objectives for the benefit of the public. The impact of our work on our beneficiaries is a key criterion when deciding which activities to undertake and how best to achieve our mission. Mind in Brighton and Hove's trustees therefore confirm that they have complied with section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Achievements and performance

Significant activities and achievements against objectives

Advocacy Services:

Our mental health advocacy services have continued to provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate. The core aim of the services is to empower individuals by ensuring that they are fully informed and able to ascertain their options, enabling them to do as much for themselves as they can and ensuring that their views are central to the care and treatment they receive. The services are widely accessible accepting self referrals, referrals from other professionals, carers and other statutory and voluntary sector providers.

We provide advocacy services across West Sussex and Brighton and Hove. Our provision includes specific services for people subject to the Mental Health Act in Brighton and Hove and West Sussex (IMHA).

We are a partner within the Sussex Advocacy Partnership in Brighton and Hove which commenced on 01/07/2019. Our partners are Speak Out, MindOut, Sussex Interpreting Service, Impact Initiatives and POHWER, as the lead partner.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

The following table shows the number of clients supported by the advocacy services in 2025 with the comparative figures for 2024:

West Sussex Adult Advocacy:

	2025	2024		
Adult Community Advocacy			649	589
IMHA	423	493		
Total beneficiaries		1,072	1,082	

Brighton and Hove Adult Advocacy:

	2025	2024		
Adult Community Advocacy			481	496
IMHA	560	501		
Total beneficiaries		1,041	997	

Wellbeing Services:

Our **Mental Health Advice Service** in Brighton and Hove provides advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues. It also provides signposting and support on accessing self-help and wellbeing resources, wellbeing information, workshops and self-help groups to support people who wish to identify their own strategies for looking after their mental health. In 2025 the service supported a total of 935 clients (2024 - 1,052) and engaged with a further 600 through its outreach activities.

We also continue to deliver an **Employment Advice Service** as part of the Brighton and Hove Wellbeing Service. The Employment Advisers within Talking Therapies Services Initiative is a pilot project run jointly by Department for Work and Pensions and Department of Health and provided employment support to 615 people accessing Talking Therapies during 2025 (2024 - 584). Employment advice includes support with job retention and securing employment, volunteering and learning opportunities.

Crawley and Horsham Peer Mentoring Service

We recruit, train and support peer mentors to empower mentees to make informed choices about their lives and set achievable goals within outcome focused support plans. Peer mentors are supported through one-to-one and group supervisions to reflect on their own personal recovery and how their experiences can positively influence the support they give to mentees. Each mentor/mentee match is time-limited with the aim of attaining specific goals as both mentors and mentees continue their journey to recovery. In 2025 the service supported a total of 148 clients (2024 - 136).

Peer Support - Lighthouse Recovery

Within Lighthouse, our Peer Support Coordinator recruits, trains and supports peer support volunteers and members to support and co-facilitate groups and activities. Since 01/10/2019 this service has been part of the B&H Community Roots/UOK partnership. During the year, we had an average of 3 active volunteers who provided 137 hours of support (2024 average of 4 active volunteers, providing 176 hours of support). During the year the service delivery model has been reviewed and the Peer Support Coordinator role ended at the end of February 2025.

Pathfinder West Sussex

Mind in Brighton and Hove is part of Pathfinder West Sussex, an Alliance of providers that develop and deliver targeted mental health support services across West Sussex. Targeted mental health services bridge the gap between universal health and wellbeing services and specialist mental health services. Mind in Brighton and Hove's West Sussex Community Advocacy, West Sussex IMHA and Crawley and Horsham Peer Mentoring services are within Pathfinder.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Men's Mental Health Community Development

We have continued to develop our Men's Mental Health project in Hastings which aims to improve the mental health of men, particularly between 30-59 years of age, and to reduce suicide rates in East Sussex. We engage with communities and individuals to empower men in the target age group who are experiencing or are at risk of mental health problems, and to increase the provision of services and community self-help that aims to promote good mental health.

Men's Mental Health Training and Skills (Men in Mind)

We successfully secured a 2-year contract starting 01/01/2023 to equip and empower public facing staff in places where men work and visit to have supportive conversations about men's mental health. Men in Mind is a partnership with Grassroots Suicide Prevention and aims to deliver training, workshops and resources to enable participants to develop skills to support men's mental health, to be alert to signs of suicide and connect people to appropriate support. During 2025 the service supported a total of 411 participants to the end of March 2025, when the service ended (2024 - 365).

Orbit/Breathing Space

Since 01/03/2020 we delivered wellbeing support to tenants of Orbit Housing in East Sussex in partnership with other local Minds, the contract for which ended 28/02/2022. We were successful with our tender proposal to secure a new contract directly with Orbit Housing to deliver wellbeing support to tenants and local people across East Sussex, Brighton & Hove and West Sussex, which commenced on 01/03/2022. During the year, we supported 77 people to the end of March 2025, when the service ended (2024 - 197).

Training in Mind

We develop and deliver established training packages and create bespoke training, workshops and specialist talks for organisations on mental health and wellbeing, focusing on Managing Mental Health in the Workplace, Mental Health Awareness and Wellbeing and Coping with Stress and Resilience training. We have adapted all our training courses to be delivered effectively face to face or remotely, to local organisations and employers. During 2025, we delivered training courses to 764 individuals (2024 - 622).

VOLUNTEERS

The organisation has benefited from the services of 22 volunteers (2024 - 37) and is extremely grateful for the contribution made by these individuals. Volunteers have undertaken roles as Peer Mentors in Crawley, Horsham and Mid Sussex, in our Brighton and Hove Mental Health Advice Service, at Lighthouse Recovery Service.

Fundraising performance

Fundraising Activities

Mind in Brighton and Hove conducts its own fundraising activities. We do not commission professional fundraisers or commercial participators. The charity is not signed up to a voluntary fundraising regulation scheme or standard.

We do not directly monitor all fundraising activities performed on our behalf, but we do provide guidance about expected standards and behaviour to individuals and organisations using our branded collection buckets etc. This guidance includes ensuring vulnerable people and the wider public are protected from behaviours which includes; unreasonable intrusion on a person's privacy; unreasonable persistent methods to receive a donation; and undue pressure on a person to give a donation.

Mind in Brighton and Hove has not received any complaints about fundraising activities performed by the charity or anyone else on its behalf.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Financial review

The results for the year and the financial position of the charity at the year-end are shown in the financial statements on pages 14 to 16 with the accompanying notes to the accounts on pages 17 to 29.

There was an increase in unrestricted reserves of £29,843 to £1,253,737 at 31 March 2025 (2024 an increase of £59,092).

There was a decrease in restricted reserves of £33,449 to £108,638 at 31 March 2025 (2024 a decrease of £8,659).

There was therefore an overall decrease in reserves for the year of £3,606 (2024 an increase of £50,433).

Expenditure was all incurred on delivery of the charity's charitable activities as outlined on pages 22 to 23, with the exception of the cost of fundraising as analysed in the Statement of Financial Activities and in the Notes to the accounts.

The organisation is a registered charity and company limited by guarantee and therefore no dividends are payable.

Looking to the future, in 2025/2026 we will be building on our existing work and looking to expand and develop new services and support. During the year, we were delighted to secure new contracts for our statutory and non-statutory advocacy provision across both Brighton and Hove and West Sussex, following a successful pre procurement process. This new 5-year contract provides some security for the organisation and its beneficiaries and also a platform for future development. We are pleased to be part of a new partnership for the delivery of our advocacy services, which also provides new opportunities for collaboration and development.

We face some uncertainty about the future funding for one of our current contracts, current funding is due to end in March 2026 and national funding plans beyond this are yet to be confirmed. Although there are reasonable expectations that this funding may continue, we have robust plans in place including identifying the costs and contributions of each individual contract and scenario planning to ensure readiness in the event of this funding ending or any other significant changes in contract income. These plans will help enable us to reduce expenditure in line with income if needed and to mitigate against the impact of contracts ending and funding changes, on the organisation.

We also continue to research and bid for new funding, alongside identifying opportunities for expanding and building on income generation opportunities, such as our training delivery.

We face the ending of our current lease of our main premises in Brighton in March 2026 and so in recent months have been developed plans and identified our options to ensure we secure appropriate and suitable alternative premises, remaining aware of the potential impact that relocation and new lease arrangements are likely to have of our reserves position.

Trustees have agreed the use of some reserves to invest in maintaining the delivery, capacity and development of our Mental Health Advice Service during 2025/2026 and are committed in principle to extending this investment to March 2027. It is intended that plans and details for this will be confirmed as part of our budget setting and agreement for 2026/2027. If required, trustees will consider the use of reserves, where the level of reserves allow, to potentially invest and fund future service development and delivery in line with our strategic objectives.

Another external risk faced by the organisation recently and post year-end is the continued impact of the cost-of-living and related challenges such as changes to National Insurance and increased energy costs which also impacts on the financial wellbeing of staff and volunteers. This may also impact on funding opportunities, affecting the charity's ability to invest for future service development. Throughout the year the Board and management team have continued to monitor the impact of this and adjusted organisational plans and priorities accordingly. This will continue to be a priority for the Board.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) **FOR THE YEAR ENDED 31 MARCH 2025**

Reserves policy

RESERVES POLICY

As at March 2025, trustees have agreed to aim for a reserves figure of £429K, and the charity has unrestricted funds £1,253,737 before the consideration of agreed designated funds is taken into account. The trustees regularly monitor and review the level of reserves and the charity's Reserves Policy is reviewed on an annual basis by the Finance and Business Development Sub Committee for approval by the Board. If our free reserves exceed the agreed level equivalent to 4 months expenditure and lease commitments, then trustees will develop and agree plans for investment.

The use of reserves to invest in maintaining the delivery, capacity and development of our Mental Health Advice Service during 2025/2026 has been agreed. It has also been agreed that funds will continue to be designated in 2025/2026 to maintain the current capacity and continue our Brighton and Hove Advocacy Services to the end of the extended contract period to end of June 2025. A small amount of funds has been designated for investment from reserves to contribute to management capacity for the development of activities in East Sussex.

In addition, we have designated an initial amount as part of our planned budget in 2025/2026 as investment from reserves to support the potential relocation costs from our main premises in Brighton and are actively developing plans for further investment likely to be required for refurbishment, removal and set up, as well as consideration of overall lease commitments.

The Trustees are aware that the charity must balance the need to maintain its reserves against delivery of its charitable objects. The Reserves Policy continues to prioritise maintaining sufficient reserves to give financial stability to the charity and to its activities in the context of a challenging funding environment. The Trustees continue to examine ways to ensure that our services represent value for money and to maintain the unrestricted reserves at a level to enable the charity to both manage the financial risks it faces and to flexibly fund future work to achieve its aims.

Investment policy

Investment Policy and objectives

Trustees make decisions regarding investments in accordance with our Ethical Fundraising and Investment Policy and Guidance. We do not invest in risk-bearing financial instruments. Nearly all of our financial assets are held in short to medium term cash accounts. Where practical, we aim to maintain account balances which do not exceed the Financial Services Compensation Scheme - protected amounts of £85,000.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Plans for future periods

We reviewed our current strategy and developed and implemented our new 3-year Strategic Business Plan in April 2024, following consultation with staff, service users and stakeholders. The development of this considered a range of factors which impact on our work and the environment in which we operate. This includes a SWOT analysis (Strengths, Weaknesses, Opportunities and Threats) and a PESTLE analysis (Political, Economic, Social, Technological, Legal and Environmental) in addition to a review of current and emerging national mental health policy and local strategic priorities and commissioning plans.

We implement our Strategy through an Annual Business Plan which is approved and monitored by the Board of Trustees and Sub Committees.

Our Annual Business Plan for 2025/26 reflects our four new strategic objectives and includes:

Strategic Priority 1: Financial Resilience

- Expand/retain current contracts and maximise opportunities/best position for MiBH to secure new contracts/funding
- Take initial steps to implement the Mind 'Federation First' strategy in Sussex through working with national Mind and West Sussex Mind and identify opportunities for collaboration
- Actively engage with the transformation of NHS/MH systems and services across Sussex
- Review organisational premises requirements across Sussex and identify alternative premises opportunities
- Complete Advice Service evaluation and develop plans for service specification and sustainability beyond March 2026
- Review our management team and central team structure and responsibilities to ensure these are effective and efficient
- Continue to review our investment accounts to minimise risk and maximise interest
- Review our options to improve our approach to legacy fundraising

Strategic Priority 2: Service Innovation and Development

- Remain updated with and influence changes in procurement and external environment through attendance/participation at key strategic meetings/events/networks across Sussex
- Advocacy Services: Establish new partnership with new lead provider, develop plan and implement changes required with new contract, ensure smooth transition for clients
- Training delivery: Pilot new range of costing for open access courses via Eventbrite, promote our 2 new courses to expand our training offer, recruit new trainers and deliver Train the Trainer course
- Maintain Quality Marks: MQM and Advocacy QPM
- Establish and develop one new partnership/provide expertise with non-mental health organisation
- Research and develop recommendations and an action plan for the appropriate and effective use of AI within MiBH
- Review and implement recommendations from environmental working group

Strategic Priority 3: Accessibility and Inclusion

- Build on our approach to equalities monitoring and analyse alongside relevant, updated JSNA to identify issues and make recommendations
- Take initial steps to engage with the Patient and Carer Race Equality Framework (PCREF) and develop plan to implement requirements
- Explore potential reciprocal learning and development opportunities within the new Advocacy Partnership to improve accessibility and inclusion
- Identify priority area for pilot work/support for parents/carers with the Advice service
- Identify preferred equality and diversity learning and development opportunities for staff to increase awareness
- Establish working group to finalise and implement plans for recruiting training and supporting more people with lived experience to be involved and participate in our recruitment process
- Review and revise current recruitment pack, documentation and application form

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Strategic Priority 4: Supporting and developing our people

- Complete salary and Terms and Conditions benchmarking process
- Review approach to staff appraisals and ensure learning and development plans in place to support staff to achieve individual and organisational objectives
- Complete full review of Policies and Procedures in accordance with annual policy schedule ensuring our approach continues to reflect a positive organisational culture and promotes workplace wellbeing
- Research options for a suitable external standard/accreditation to evidence organisational good practice approach to supporting mental health and wellbeing
- Identify two organisational priorities for short terms, cross organisational working groups
- Review and evaluate our Employee Assistance Programme (EAP) and Wider Wallet Scheme

Structure, governance and management

Governing Document

Mind in Brighton and Hove is a Registered Charity and Company Limited by Guarantee, incorporated on 3 July 1998 and the assets and liabilities of the charity transferred to the company on 1 October 1998 by a resolution passed at its extraordinary general meeting held on 27 May 1998. Its governing document is its Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Laura Greenwood-Pearsons (Chair)

Robin Penfold (Company Secretary)

Caitriona Darling

Jade Harber (Treasurer)

(Resigned 19 November 2024)

Charlotte Renwick

Recruitment and appointment of trustees

Board of Trustees (Management Committee)

The directors of the company are also trustees of the charity for purposes of charity law. The appointment of the Trustees is set out in the Articles of Association, which requires there to be a minimum of 3 trustees. A range of methods are used to advertise trustee vacancies. Selected trustees are co-opted to the Board until the next AGM at which they are eligible for election. In addition to the honorary officers of Chair and Treasurer, the Board of Trustees also appoint the Company Secretary trustee. As with all staff and volunteers working for Mind in Brighton and Hove, all Trustees are checked with the Disclosure and Barring Service (DBS). The Board of Trustees includes people with experience in education, law, finance, public health, business and the charity sector.

Trustee Induction and Training

New trustees receive an induction pack including the governing document, trustee role description, key relevant policies, organisational information and information from The Charity Commission. A structured induction is provided over 2 sessions. Trustees are kept up to date through regular service and finance reports. Trustees are encouraged to attend learning & development and networking events organised by Mind and other external agencies.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Organisational structure

Organisational Structure and Decision Making

The trustees meet bi-monthly to determine policy and strategy, and to review and direct the charity's activities. The Finance and Business Development Sub Committee, comprising of Trustees and senior managers, meets bi-monthly alternating with Board meetings and makes recommendations to the Board on financial matters and fundraising plans and strategies. The day-to-day management of the charity is delegated to the Chief Executive Officer (CEO), who reports to the Trustees. In turn, the Director of Operations reports to the CEO.

Risk Assessment

The Board of Trustees have overall responsibility for risk management and trustees review, analyse, assess and manage risks on an annual basis in accordance with the charity's Risk Management Strategy and Policies. An annual Risk Register is developed, maintained, reviewed and updated quarterly. Trustees can therefore provide reasonable assurance that the major risks to which the charity is exposed have been reviewed and that plans are developed, and actions taken to mitigate those risks to an acceptable level in its day-to-day operations.

Arrangements for Setting Pay and Remuneration of Key Management Personnel

The key management personnel are the CEO, Director of Operations and Service Managers. The salaries for these posts are set and regularly reviewed by the Board, through benchmarking salaries for similar posts in comparable organisations. Salaries for key management personnel are also considered in relation to the salaries of other posts in the organisation.

Relationship with Mind

The charity is one of a number of independent local charitable associations that are affiliated to Mind (the National Association for Mental Health; registered charity 219830). As a separate charity in its own right, the Mind in Brighton and Hove accounts are not consolidated into the Mind accounts. Mind assists the charity by providing networking opportunities with other local Minds, information, small grants opportunities and sharing policy advice and good practice to build capacity and good quality services.

In turn, Mind in Brighton and Hove assists national Mind by providing information about people's experiences, services, funding and local mental health policy and themes. The charity is required to comply with the Mind Federation Agreement, including Mind brand guidelines and Mind's Quality Mark standards.

Mind in Brighton and Hove was last assessed by Mind against its quality standards and successfully re-achieved the Mind Quality Mark (MQM) in August 2022. We expect to be undertaking a new MQM assessment process during 2025. In the year, the charity subscribed to the Mind block insurance policy.

Auditor

The decision on future auditor appointments will be taken to the forthcoming Annual General Meeting. This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies (section 419(3)).

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

Laura Greenwood-Pearsons (Chair)

Trustee

18 November 2025

MIND IN BRIGHTON AND HOVE

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors of Mind in Brighton and Hove for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

Opinion

We have audited the financial statements of Mind in Brighton and Hove (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- Obtaining an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a direct effect on the financial statements and operations;
- Obtaining an understanding of the charity's policies and procedures on fraud risks, including knowledge of any actual, suspected or alleged fraud
- Discussing among the engagement team how and where fraud might occur in the financial statements and any potential indicators of fraud through our knowledge and understanding of the company and our sector-specific experience.

As a result of these procedures, we considered the opportunities and incentives that may exist within the charity for fraud. We are also required to perform specific procedures to respond to the risk of management override. As a result of performing the above, we identified the following areas as those most likely to have an impact on the financial statements: health & safety, employment law, and compliance with the UK Companies and Charities Acts and Charities SORP (FRS 102).

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

In addition to the above, our procedures to respond to risks identified included the following:

- Making enquiries of management about any known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing minutes of meetings of the board and senior management;
- Challenging assumptions and judgements made by management in their significant accounting estimates; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness.

Due to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jordan Abbott BSc ACA (Senior Statutory Auditor)
for and on behalf of Sumer Audit
Chartered Accountants
Statutory Auditor
Chichester

Sumer Audit is the trading name of Sumer Auditco Limited

2 December 2025
Piper House
4 Dukes Court
Bognor Road
Chichester
PO19 8FX

MIND IN BRIGHTON AND HOVE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Notes							
Income and endowments from:							
Donations and legacies	3	28,879	-	28,879	20,711	-	20,711
<u>Charitable activities</u>							-
Advocacy Services	4	309,884	185,000	494,884	309,884	189,230	499,114
Wellbeing Services	4	43,524	398,473	441,997	50,602	487,649	538,251
Other trading activities	5	19,488	-	19,488	28,301	-	28,301
Investments	6	33,602	-	33,602	29,844	-	29,844
Other income	7	517	-	517	-	-	-
Total income		435,894	583,473	1,019,367	439,342	676,879	1,116,221
Expenditure on:							
Raising funds	8	673	-	673	1,039	-	1,039
<u>Charitable activities</u>							
Advocacy Services	9	214,829	193,768	408,597	198,115	193,199	391,314
Wellbeing Services	9	190,549	423,154	613,703	181,096	492,339	673,435
Total charitable expenditure		405,378	616,922	1,022,300	379,211	685,538	1,064,749
Total expenditure		406,051	616,922	1,022,973	380,250	685,538	1,065,788
Net income/(expenditure) and movement in funds		29,843	(33,449)	(3,606)	59,092	(8,659)	50,433
Reconciliation of funds:							
Fund balances at 1 April 2024		1,223,894	142,087	1,365,981	1,164,802	150,746	1,315,548
Fund balances at 31 March 2025		1,253,737	108,638	1,362,375	1,223,894	142,087	1,365,981

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

MIND IN BRIGHTON AND HOVE

BALANCE SHEET

AS AT 31 MARCH 2025

		2025		2024	
	Notes	£	£	£	£
Current assets					
Debtors	16	24,922		207,373	
Cash at bank and in hand		1,381,458		1,197,959	
		1,406,380		1,405,332	
Creditors: amounts falling due within one year	17	44,005		39,351	
Net current assets			1,362,375		1,365,981
The funds of the charity					
Restricted income funds	18	108,638		142,087	
Unrestricted funds	20	1,253,737		1,223,894	
		1,362,375		1,365,981	

The notes on pages 17 to 29 form part of these financial statements.

The financial statements were approved by the trustees on 18 November 2025

Laura Greenwood-Pearsons (Chair)

Trustee

Company registration number 03592375 (England and Wales)

MIND IN BRIGHTON AND HOVE

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash generated from/(absorbed by) operations	23		149,897		(125,063)
Investing activities					
Investment income received		33,602		29,844	
Net cash generated from investing activities					
			33,602		29,844
Net cash used in financing activities					
			-		-
Net increase/(decrease) in cash and cash equivalents					
			183,499		(95,219)
Cash and cash equivalents at beginning of year			1,197,959		1,293,178
Cash and cash equivalents at end of year			1,381,458		1,197,959

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Mind in Brighton and Hove is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 New England Street, Brighton, East Sussex, BN1 4GQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £1.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	Straight line over length of lease
Fixtures and fittings	3 year straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

The charity operates a capitalisation policy where items in excess of £1,000 are capitalised and written off as above.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key sources of estimation uncertainty

Useful life of tangible fixed assets

The useful lives of assets are determined by management at the time the asset is acquired and reviewed for appropriateness. The lives are based upon historical experience with similar assets as well as anticipation of future events, which may impact their life.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	28,879	20,711

4 Charitable activities

	Advocacy Services 2025 £	Wellbeing Services 2025 £	Total 2025 £	Advocacy Services 2024 £	Wellbeing Services 2024 £	Total 2024 £
Grants and contracts	494,884	441,997	936,881	499,114	538,251	1,037,365
Analysis by fund						
Unrestricted funds	309,884	43,524	353,408	309,884	50,602	360,486
Restricted funds	185,000	398,473	583,473	189,230	487,649	676,879
	494,884	441,997	936,881	499,114	538,251	1,037,365
Grants and contracts						
NHS Sussex ICB - B&H						
Employment Advice	-	269,000	269,000	-	269,000	269,000
NHS Sussex ICB - W Sx						
Pathfinder Services	309,884	39,229	349,113	309,884	39,229	349,113
Department of Work and Pensions - Access to Work	-	962	962	-	6,373	6,373
POhWER - B&H						
Advocacy Hub	185,000	-	185,000	189,230	-	189,230
Southdown Housing Association - Lighthouse						
Community Roots	-	38,861	38,861	-	42,183	42,183
Orbit Group Ltd - Breathing Spaces Sussex						
	-	27,051	27,051	-	31,109	31,109
East Sussex County Council - Men's Mental Health						
	-	63,561	63,561	-	119,192	119,192
Wellbeing in East Sussex						
LMGF	-	-	-	-	26,165	26,165
Other	-	3,333	3,333	-	5,000	5,000
	494,884	441,997	936,881	499,114	538,251	1,037,365

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

5 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising events	758	11,307
Training and consultancy	18,730	16,994
Other trading activities	19,488	28,301

6 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	33,602	29,844

7 Other income

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	517	-

8 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Other fundraising costs	673	1,039

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

9 Expenditure on charitable activities

	Advocacy Services 2025 £	Wellbeing Services 2025 £	Total 2025 £	Advocacy Services 2024 £	Wellbeing Services 2024 £	Total 2024 £
Direct costs						
Staff costs	337,502	494,498	832,000	341,350	539,329	880,679
Other direct costs	28,080	9,063	37,143	11,139	21,571	32,710
Payment to partners	-	5,525	5,525	-	18,100	18,100
	<u>365,582</u>	<u>509,086</u>	<u>874,668</u>	<u>352,489</u>	<u>579,000</u>	<u>931,489</u>
Share of support and governance costs (see note 11)						
Support	33,261	104,617	137,878	32,494	94,435	126,929
Governance	9,754	-	9,754	6,331	-	6,331
	<u>408,597</u>	<u>613,703</u>	<u>1,022,300</u>	<u>391,314</u>	<u>673,435</u>	<u>1,064,749</u>
Analysis by fund						
Unrestricted funds	214,829	190,549	405,378	198,115	181,096	379,211
Restricted funds	193,768	423,154	616,922	193,199	492,339	685,538
	<u>408,597</u>	<u>613,703</u>	<u>1,022,300</u>	<u>391,314</u>	<u>673,435</u>	<u>1,064,749</u>

10 Description of charitable activities

Advocacy Services

To provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate.

Wellbeing Services

To provide advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues.

11 Support costs allocated to activities

	2025 £	2024 £
Support costs	137,878	126,929
Governance costs	9,754	6,331
	<u>147,632</u>	<u>133,260</u>
Analysed between:		
Advocacy Services	43,015	38,825
Wellbeing Services	104,617	94,435
	<u>147,632</u>	<u>133,260</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

11 Support costs allocated to activities

(Continued)

Governance costs includes payments to the auditors of £8,100 (2024 - £4,740) for audit fees and £1,620 (2024 - £1,578) for non audit services.

Support and governance costs are allocated to the charitable activities according to the level of service provided.

12 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

13 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	34	38
	<u>34</u>	<u>38</u>

Employment costs

	2025 £	2024 £
Wages and salaries	749,560	793,024
Social security costs	57,685	59,879
Other pension costs	24,755	27,776
	<u>832,000</u>	<u>880,679</u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2025 Number	2024 Number
£60,000 - £70,000	-	1
£70,000 - £80,000	1	-
	<u>1</u>	<u>1</u>

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2025 £	2024 £
Aggregate compensation	212,638	217,216
	<u>212,638</u>	<u>217,216</u>

The charity's key management personnel comprises of the Chief Executive Officer, Head of Services and four Service Managers.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

14 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

15 Tangible fixed assets

	Leasehold land and buildings	Fixtures and fittings	Total
	£	£	£
Cost			
At 1 April 2024	77,392	10,284	87,676
Disposals	-	(10,284)	(10,284)
	<u>77,392</u>	<u>-</u>	<u>77,392</u>
At 31 March 2025	77,392	-	77,392
Depreciation and impairment			
At 1 April 2024	77,392	10,284	87,676
Eliminated in respect of disposals	-	(10,284)	(10,284)
	<u>77,392</u>	<u>-</u>	<u>77,392</u>
At 31 March 2025	77,392	-	77,392
Carrying amount			
At 31 March 2025	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2024	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>

16 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	9,045	156,414
Accrued income	2,932	35,167
Prepayments	12,945	15,792
	<u>24,922</u>	<u>207,373</u>

17 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	13,814	13,076
Trade creditors	7,398	4,581
Other creditors	4,242	4,927
Accruals and deferred income	18,551	16,767
	<u>44,005</u>	<u>39,351</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
East Sussex Development	6,356	-	-	6,356
DWP - Employment Advice	54,868	269,000	(282,612)	41,256
B&H Advocacy Hub	11,136	185,000	(193,767)	2,369
Pace Setter (Practice Hope) Project	5,398	-	-	5,398
Lighthouse Community Roots Project	6,723	38,861	(45,584)	-
East Sussex - Orbit	13,821	27,051	(34,282)	6,590
East Sussex CC - Men's Mental Health	43,785	63,561	(60,677)	46,669
	<u>142,087</u>	<u>583,473</u>	<u>(616,922)</u>	<u>108,638</u>

Previous year:

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
East Sussex Development	6,356	-	-	6,356
DWP - Employment Advice	52,373	269,000	(266,505)	54,868
B&H Advocacy Hub	15,105	189,230	(193,199)	11,136
East Sussex - Get Set To Go	3,743	-	(3,743)	-
Pace Setter (Practice Hope) Project	5,398	-	-	5,398
Lighthouse Community Roots Project	8,089	42,183	(43,549)	6,723
East Sussex - Orbit	18,054	31,109	(35,342)	13,821
East Sussex CC - Men's Mental Health	27,000	119,192	(102,407)	43,785
Wellbeing in East Sussex LMGF	14,628	26,165	(40,793)	-
	<u>150,746</u>	<u>676,879</u>	<u>(685,538)</u>	<u>142,087</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

18 Restricted funds

(Continued)

(a) East Sussex Development Funding from East Sussex Mind Shops Profit Share to invest in the development of Mind Services in East Sussex. The profit share arrangement ended on 31 March 2021.

(b) DWP – B&H Employment Advice Employment advice includes support with job retention and securing employment, volunteering and learning opportunities for people accessing support through Talking Therapies. A pilot project run jointly by DWP and DHSC and delivered as part of the Brighton and Hove Wellbeing Service.

(c) B&H Advocacy Hub - Sussex Advocacy Partnership Community Advocacy, IMHA and statutory advocacy services for people in Brighton and Hove. This is a partnership with POHWER, MindOut, Speak Out, SIS and Impact Initiatives which started on 1 July 2019 and will be ending on 30 June 2025. Funded by B&H CC and NHS Sussex ICB through POHWER as lead partner.

(d) East Sussex - Get Set to Go, a national Mind initiative with funding from Sport England and the National Football League supporting individuals in Hastings to access physical activity opportunities. Contract ended 31 October 2020. With agreement, the remaining balance was used during 2024 to fund any physical activity, movement or sport related support within other projects delivery.

(e) Pace Setter/Practice Hope A Primary Care Quality Improvement project in Brighton and Hove, supporting GPs to improve how they support young people with thoughts of suicide and self-harm. Contract ended 30 September 2020.

(f) Lighthouse Community Roots A partnership with Southdown and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder diagnosis in B&H. Delivered as part of the B&H Community Roots/B&H UOK partnership and funded by B&H CCG through Southdown as lead partner. Contract started 1 October 2019 and ended 28 February 2025.

(g) Orbit Breathing Space – Sussex Providing wellbeing support to Orbit tenants and local people across East Sussex, B&H and West Sussex. Funded by Orbit, the contract started 1 March 2022 and ended 31 March 2025.

(h1) East Sussex Men's Mental Health Community Development Engages with communities and individuals to empower men in the target age group who are experiencing or at risk of mental health problems or suicide. Funded by East Sussex County Council, contract started 1 April 2021 and ended 31 December 2023.

(h2) East Sussex Men's Training and Skills Provides training, workshops and resources to enable participants to develop skills to support men's mental health, to be alert to signs of suicide and connect people to appropriate support. Funded by East Sussex County Council, contract started January 2023 and ended 31 March 2025.

(i) Wellbeing in East Sussex Mental health promotion and wellbeing support in East Sussex, providing a range of activities and events to promote the emotional wellbeing and mental health of local communities and individuals. Funded through a Local Mind Grant during 2024 and ended in February 2023.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

19 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Fund balances at 31 March 2025 are represented by:			
Current assets/(liabilities)	1,253,737	108,638	1,362,375
	<u>1,253,737</u>	<u>108,638</u>	<u>1,362,375</u>
	<u><u>1,253,737</u></u>	<u><u>108,638</u></u>	<u><u>1,362,375</u></u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 31 March 2024 are represented by:			
Current assets/(liabilities)	1,223,894	142,087	1,365,981
	<u>1,223,894</u>	<u>142,087</u>	<u>1,365,981</u>
	<u><u>1,223,894</u></u>	<u><u>142,087</u></u>	<u><u>1,365,981</u></u>

20 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Brighton & Hove Risk Pool	34,724	-	-	-	34,724
Designated B&H Advocacy	26,121	-	-	-	26,121
Designated B&H Advice Service	46,656	-	(86,473)	43,344	3,527
Designated Management Restructure	-	-	-	30,000	30,000
General funds	1,116,393	435,894	(319,578)	(73,344)	1,159,365
	<u>1,223,894</u>	<u>435,894</u>	<u>(406,051)</u>	<u>-</u>	<u>1,253,737</u>
	<u><u>1,223,894</u></u>	<u><u>435,894</u></u>	<u><u>(406,051)</u></u>	<u><u>-</u></u>	<u><u>1,253,737</u></u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

20 Unrestricted funds (Continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
Brighton & Hove Risk Pool	34,724	-	-	-	34,724
Designated B&H Advocacy	26,121	-	-	-	26,121
Designated B&H Advice Service	132,303	6,373	(92,020)	-	46,656
General funds	971,654	432,969	(288,230)	-	1,116,393
	<u>1,164,802</u>	<u>439,342</u>	<u>(380,250)</u>	<u>-</u>	<u>1,223,894</u>

(a) B&H Wellbeing Service end of contract shared risk pool.

(b) Balances from B&H advocacy contracts which ended in June 2019 to continue and maintain capacity in B&H advocacy service during the contract extension.

(c) Designated Management Restructure - to support planned restructuring to increase management capacity.

(d) Investment from reserves - to maintain capacity and continue delivery of our Mental Health Advice Service.

21 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year	47,000	47,000
Between two and five years	-	47,000
	<u>47,000</u>	<u>94,000</u>

22 Related party transactions

There were no disclosable related party transactions during the period (2024: none), other than the remuneration of key management personnel as disclosed in note 13 for both years.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

23	Cash generated from operations	2025 £	2024 £
	(Deficit)/surplus for the year	(3,606)	50,433
	Adjustments for:		
	Investment income recognised in statement of financial activities	(33,602)	(29,844)
	Movements in working capital:		
	Decrease/(increase) in debtors	182,451	(145,435)
	Increase/(decrease) in creditors	4,654	(217)
	Cash generated from/(absorbed by) operations	149,897	(125,063)

24 Analysis of changes in net funds

The charity had no material debt during the year.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

Accounts

Charity registration number 1071434

Company registration number 03592375 (England and Wales)

MIND IN BRIGHTON AND HOVE
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

MIND IN BRIGHTON AND HOVE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees Laura Greenwood-Pearsons (Chair)
Robin Penfold (Company Secretary)
Caitriona Darling
Jade Harber (Treasurer)
Charlotte Renwick

Charity number 1071434

Company number 03592375

Registered office 51 New England Street
Brighton & Hove
Brighton
BN1 4GQ

Auditor Sumer Audit
Piper House
4 Dukes Court
Bognor Road
Chichester
West Sussex
PO19 8FX

Bankers CAF Bank Limited
25 Kings Hill Avenue
West Malling
Kent
ME19 4JQ

MIND IN BRIGHTON AND HOVE

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MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects of the charity were amended by special resolution on 16 September 2019 and are;

- a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition; and
- b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

Our Vision

Our vision is of society that promotes and protects good mental health for all and that treats people with experience of mental health issues fairly, positively, supportively and with respect.

Our Mission

Our mission is to provide a range of advice and information, advocacy and support services to empower anyone experiencing a mental health problem to live a full life and play a full part in society. We will also work to improve local services, raise awareness and promote mental health and wellbeing.

Our values

Empowerment: we work for the empowerment of individuals and communities and support people to contribute meaningfully to the design and provision of services to enable positive change.

Innovation: we believe in seeking innovative responses to the needs of people with mental health issues, based on the initiatives that people want and that positively challenge the status quo.

Partnership: we work with individuals, groups and other organisations in the local area to achieve a more integrated system of mental health provision which builds resilience and wellbeing in the community.

Effectiveness: our skilled staff strive to meet the needs of the communities we serve with integrity and transparency.

Valuing Staff: we respect and value the experience and knowledge of our staff and volunteers. We value the diversity of our workforce and are committed to equality.

Social Justice: we are committed to social justice and recognise that inequality of opportunity is a major cause of mental health issues. We challenge stigma and discrimination wherever we find it and defend the human and civil rights of people with mental health issues.

Independence: our services are structurally independent from statutory organisations. Our services will be as free as possible from conflict of interest both in design and operation and our staff are free to act according to the wishes and needs of our service users.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Strategies for achieving aims and objectives

Our Main Activities and Key Achievements:

Mental Health Advocacy Services:

- Community Mental Health Advocacy
- Independent Mental Health Advocacy (IMHA)
- Independent Care Act Advocacy (IMCA) and Independent Health Complaints Advocacy Service (IHCAS) in Brighton and Hove

Wellbeing Services:

- Mental Health Advice
- Employment Support within Talking Therapies (formerly IAPT - Improving Access to Psychological Therapies) as part of Brighton and Hove Wellbeing Service
- Wellbeing and Mental Health Promotion
- Men's Mental Health and Community Development
- Men's Mental Health Training and Skills
- Peer Support

Training

- Mental Health Awareness
- Managing Mental Health in the Workplace
- Mental Health and Wellbeing
- Coping with Stress and Building Resilience

Public benefit

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

Our main activities and who we aim to help are described below. All our charitable activities focus on empowering anyone experiencing a mental health problem to live a full life and play a full part in society and are undertaken to further our charitable purposes for the public benefit. We also work to improve local services, raise awareness and promote mental health and wellbeing.

Mind in Brighton and Hove's trustees confirm that the activities of the charity are carried out in line with its objectives for the benefit of the public. The impact of our work on our beneficiaries is a key criterion when deciding which activities to undertake and how best to achieve our mission. Mind in Brighton and Hove's trustees therefore confirm that they have complied with section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Achievements and performance

Significant activities and achievements against objectives

Advocacy Services:

Our mental health advocacy services have continued to provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate. The core aim of the services is to empower individuals by ensuring that they are fully informed and able to ascertain their options, enabling them to do as much for themselves as they can and ensuring that their views are central to the care and treatment they receive. The services are widely accessible accepting self referrals, referrals from other professionals, carers and other statutory and voluntary sector providers.

We provide advocacy services across West Sussex and Brighton and Hove. Our provision includes specific services for people subject to the Mental Health Act in Brighton and Hove and West Sussex (IMHA).

We are a partner within the Sussex Advocacy Partnership in Brighton and Hove which commenced on 01/07/2019. Our partners are Speak Out, MindOut, Sussex Interpreting Service, Impact Initiatives and POHWER, as the lead partner.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The following table shows the number of clients supported by the advocacy services in 2024 with the comparative figures for 2023:

West Sussex Adult Advocacy:

	2024	2023
Adult Community Advocacy	589	665
IMHA	493	522
Total beneficiaries	1082	1187

Brighton and Hove Adult Advocacy:

	2024	2023
Adult Community Advocacy	496	429
IMHA	501	417
Total beneficiaries	997	846

Wellbeing Services:

Our **Mental Health Advice Service** in Brighton and Hove provides advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues. It also provides signposting and support on accessing self-help and wellbeing resources, wellbeing information, workshops and self-help groups to support people who wish to identify their own strategies for looking after their mental health. In 2024 the service supported a total of 1052 clients (2023 - 1034).

We also continue to deliver an **Employment Advice Service** as part of the Brighton and Hove Wellbeing Service. The Employment Advisers in IAPT Services Initiative is a pilot project run jointly by Department for Work and Pensions and Department of Health and provided employment support to 584 people receiving treatment in IAPT during 2023 (2023 - 706). Employment advice includes support with job retention and securing employment, volunteering and learning opportunities.

Crawley and Horsham Peer Mentoring Service

We recruit, train and support peer mentors to empower mentees to make informed choices about their lives and set achievable goals within outcome focused support plans. Peer mentors are supported through one-to-one and group supervisions to reflect on their own personal recovery and how their experiences can positively influence the support they give to mentees. Each mentor/mentee match is time-limited with the aim of attaining specific goals as both mentors and mentees continue their journey to recovery. In 2024 the service supported a total of 136 clients (2023 - 124).

Peer Support - Lighthouse Recovery

Within Lighthouse, our Peer Support Coordinator recruits, trains and supports peer support volunteers and members to support and co-facilitate groups and activities. Since 01/10/2019 this service has been part of the B&H Community Roots/UOK partnership. During the year, we had an average of 4 active volunteers who provided 176 hours of support (2023 average of 5 active volunteers, providing 94 hours of support).

Pathfinder West Sussex

Mind in Brighton and Hove is part of Pathfinder West Sussex, an Alliance of 10 providers that develop and deliver targeted mental health support services across West Sussex. Targeted mental health services bridge the gap between universal health and wellbeing services and specialist mental health services. Mind in Brighton and Hove's West Sussex Community Advocacy, West Sussex IMHA and Crawley and Horsham Peer Mentoring services are within Pathfinder.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Wellbeing in East Sussex

We have continued to develop our Mental Health Promotion and Wellbeing support in East Sussex. We deliver a range of activities and events, to promote the emotional wellbeing and mental health of local communities and individuals. We also develop and deliver events to mark key mental health dates during the year such as Mental Health Awareness Week and World Mental Health Day. The service was funded by a local Mind Grant from 01/04/2022, which ran until 30/09/2023. We received an uplift to this which enabled us to continue delivery to 29/02/2024, when the service ended. During 2024 the service supported a total of 1524 participants (2023 - 1122).

Men's Mental Health Community Development

We have continued to develop our Men's Mental Health project in Hastings which aims to improve the mental health of men, particularly between 30-59 years of age, and to reduce suicide rates in East Sussex. We engage with communities and individuals to empower men in the target age group who are experiencing or are at risk of mental health problems, and to increase the provision of services and community self-help that aims to promote good mental health. During 2024 the service supported a total of 280 people up to the end of December, when the service ended (2023 - 180).

Men's Mental Health Training and Skills (Men in Mind)

We successfully secured a 2-year contract starting 01/01/2023 to equip and empower public facing staff in places where men work and visit to have supportive conversations about men's mental health. Men in Mind is a partnership with Grassroots Suicide Prevention and aims to deliver training, workshops and resources to enable participants to develop skills to support men's mental health, to be alert to signs of suicide and connect people to appropriate support. During 2024 the service supported a total of 365 participants (Jan to March 2023 -13).

Orbit/Breathing Space

Since 01/03/2020 we delivered wellbeing support to tenants of Orbit Housing in East Sussex in partnership with other local Minds, the contract for which ended 28/02/2022. We were successful with our tender proposal to secure a new contract directly with Orbit Housing to deliver wellbeing support to tenants and local people across East Sussex, Brighton & Hove and West Sussex, which commenced on 01/03/2022. During the year, we supported 197 people (2023 - 214).

Training in Mind

We develop and deliver established training packages and create bespoke training, workshops and specialist talks for organisations on mental health and wellbeing, focusing on Managing Mental Health in the Workplace, Mental Health Awareness and Wellbeing and Coping with Stress and Resilience training. We have adapted all our training courses to be delivered effectively face to face or remotely, to local organisations and employers.

VOLUNTEERS

The organisation has benefited from the services of 37 volunteers (2023 29) and is extremely grateful for the contribution made by these individuals. Volunteers have undertaken roles as Peer Mentors in Crawley and Horsham, in our Brighton and Hove Mental Health Advice Service, at Lighthouse Recovery and in our Wellbeing in East Sussex projects.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Fundraising performance

Fundraising Activities

Mind in Brighton and Hove conducts its own fundraising activities. We do not commission professional fundraisers or commercial participators. The charity is not signed up to a voluntary fundraising regulation scheme or standard.

We do not directly monitor all fundraising activities performed on our behalf, but we do provide guidance about expected standards and behaviour to individuals and organisations using our branded collection buckets etc. This guidance includes ensuring vulnerable people and the wider public are protected from behaviours which includes; unreasonable intrusion on a person's privacy; unreasonable persistent methods to receive a donation; and undue pressure on a person to give a donation.

Mind in Brighton and Hove has not received any complaints about fundraising activities performed by the charity or anyone else on its behalf.

Financial review

The results for the year and the financial position of the charity at the year-end are shown in the financial statements on pages 15 and 16 with the accompanying notes to the accounts on pages 18 to 30.

There was an increase in unrestricted reserves of £59,092 to £1,223,894 at 31st March 2024 (2023 an increase of £14,627).

There was a decrease in restricted reserves of £8,659 to £142,087 at 31st March 2024 (2023 a decrease of £18,858).

There was therefore an overall increase in reserves for the year of £50,433 (2023 a decrease of £4,231).

Expenditure was all incurred on delivery of the charity's charitable activities as outlined on pages 23 to 24, with the exception of the cost of fundraising as analysed in the Statement of Financial Activities and in the Notes to the accounts.

The organisation is a registered charity and company limited by guarantee and therefore no dividends are payable, as set in note 13.

Looking to the future, in 2024/2025 we face the potential that some of our current contracts are due to end and/or be re-procured, which creates some uncertainty for us beyond March 2025.

Although there are reasonable expectations that some of these contracts will be renewed, extended or replaced, we have undertaken significant preparation work including identifying the costs and contributions of each individual contract and scenario planning to ensure readiness in the event of any significant changes in contract income. This will help enable us to reduce expenditure in line with income if needed and to mitigate against the impact of contracts ending and funding changes, on the organisation.

We have also secured some contract extensions into 2025 and continue to research and bid for new funding, alongside identifying and building on income generation opportunities, such as our training delivery.

Trustees have agreed the use of some reserves to invest in the delivery and development of our Mental Health Advice Service during 2024/2025. If required, trustees will consider the use of reserves, where the level of reserves allow, to potentially invest and fund future service development and delivery in line with our strategic objectives.

Another external risk faced by the organisation post year-end is the continued risk of the impact of the cost-of-living crisis and related challenges such as increased energy costs on the financial wellbeing of staff and volunteers. This may also impact on funding opportunities, affecting the charity's ability to invest for future service development.

Throughout the year the Board and management team have continued to monitor the impact of this and adjusted organisational plans and priorities accordingly. This will continue to be a priority for the Board.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Reserves policy **RESERVES POLICY**

The Trustees regularly monitor and review the level of reserves, and the charity's Reserves Policy is reviewed on an annual basis by the Finance and Business Development Sub Committee for approval by the Board. The charity's Reserves Policy sets out why the charity needs reserves and the level of reserves Trustees believe that the charity needs. The Board continues to review our investment of reserve funds in order to obtain the best returns.

It has been agreed that funds will continue to be designated in 2024/2025 to maintain and continue our Brighton and Hove Advocacy Services and further investment from reserves have been designated to cover potential East Sussex management costs, increase organisational management capacity and to enable our Mental Health Advice Service to maintain its current capacity and extend its delivery to the end of March 2025.

The Trustees are aware that the charity must balance the need to maintain its reserves against delivery of its charitable objects. The Reserves Policy continues to prioritise maintaining sufficient reserves to give financial stability to the charity and to its activities in the context of a challenging funding environment. The Trustees continue to examine ways to ensure that our services represent value for money and to maintain the unrestricted reserves at a level to enable the charity to both manage the financial risks it faces and to flexibly fund future work to achieve its aims.

Investment policy **Investment Policy and objectives**

Trustees make decisions regarding investments in accordance with our Ethical Fundraising and Investment Policy and Guidance. We do not invest in risk-bearing financial instruments. Nearly all of our financial assets are held in short to medium term cash accounts. Where practical, we aim to maintain account balances which do not exceed the Financial Services Compensation Scheme - protected amounts of £85,000.

Plans for future periods

We reviewed our current strategy and developed and implemented our new 3-year Strategic Business Plan in April 2024, following consultation with staff, service users and stakeholders. The development of this considered a range of factors which impact on our work and the environment in which we operate. This includes a SWOT analysis (Strengths, Weaknesses, Opportunities and Threats) and a PESTLE analysis (Political, Economic, Social, Technological, Legal and Environmental) in addition to a review of current and emerging national mental health policy and local strategic priorities and commissioning plans.

We implement our Strategy through an Annual Business Plan which is approved and monitored by the Board of Trustees and Sub Committees.

Our Annual Business Plan for 2024/2025 reflects our four new strategic objectives and includes:

Strategic Priority 1: Financial Resilience

- Retain/extend/expand current contracts and maximise opportunities/best position for MiBH to secure new contracts/funding
- Complete Men in Mind evaluation and develop plans for service sustainability/replication beyond March 2025
- Complete Advice Service evaluation and develop plans for service specification and sustainability beyond March 2025
- Review the current use of our leased premises to ensure best approach and cost effectiveness
- Review our investment accounts to minimise risk and maximise interest
- Review our management team and central team structure to ensure effectiveness, value for money and capacity for development
- Training delivery - Evaluate the promotion and delivery of open access training courses via Eventbrite, develop 2 new courses to expand our training offer, recruit new trainers and deliver Train the Trainer
- Review our options to improve our approach to legacy fundraising

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Strategic Priority 2: Service Innovation and Development

- Keep updated with and influence changes in commissioning, procurement and external environment through attendance/participation at key strategic meetings/events/ networks
- Review our peer mentoring services/support to ensure best practice and strategically relevant
- Maintain Quality Marks: MQM and Advocacy QPM
- Provide expertise and develop new partnerships with non-mental health organisations
- Consider new approaches and partnerships to enable our support to be more accessible to younger people
- Undertake a digital audit across all our services and identify potential developments/ improvements for consideration

Strategic Priority 3: Accessibility and Inclusion

- Develop and agree wording/statements that proactively encourage diversity in our workforce for use when recruiting
- Build on our approach to equalities monitoring and analyse alongside relevant, updated JSNA to identify issues and make recommendations
- Consider new approaches and partnerships to further develop our work supporting refugee and asylum seekers to access mental health services and support
- Identify preferred equality and diversity learning and development opportunities for staff to increase awareness
- Finalise plans for recruiting, training and supporting more people with lived experience to be involved and participate in our recruitment process
- Finalise social media plan to better publicise our work, expand our reach and promote our impact

Strategic Priority 4: Supporting and developing our people

- Complete salary and Terms and Conditions benchmarking process
- Review approach to staff appraisals and ensure learning and development plans in place to support staff to achieve individual and organisational objectives
- Complete full review of HR Policies and Procedures in accordance with annual policy schedule ensuring our approach continues to reflect a positive organisational culture and promotes workplace wellbeing
- Research options for a suitable external standard/accreditation to evidence organisational good practice approach to supporting mental health and wellbeing
- Incorporate financial wellbeing into staff Wellbeing Action Plans (WAPs) and continue to research and identify further actions to be taken to both protect and promote staff financial wellbeing
- Pilot approach to increasing staff involvement through developing and establishing short-term working groups

Structure, governance and management

Governing Document

Mind in Brighton and Hove is a Registered Charity and Company Limited by Guarantee, incorporated on 3 July 1998 and the assets and liabilities of the charity transferred to the company on 1 October 1998 by a resolution passed at its extraordinary general meeting held on 27 May 1998. Its governing document is its Memorandum and Articles of Association.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Laura Greenwood-Pearsons (Chair)
Robin Penfold (Company Secretary)
Caitriona Darling
Jade Harber (Treasurer)
Charlotte Renwick

Recruitment and appointment of trustees

Board of Trustees (Management Committee)

The directors of the company are also trustees of the charity for purposes of charity law. The appointment of the Trustees is set out in the Articles of Association, which requires there to be a minimum of 3 trustees. A range of methods are used to advertise trustee vacancies. Selected trustees are co-opted to the Board until the next AGM at which they are eligible for election. In addition to the honorary officers of Chair and Treasurer, the Board of Trustees also appoint the Company Secretary trustee. As with all staff and volunteers working for Mind in Brighton and Hove, all Trustees are checked with the Disclosure and Barring Service (DBS). The Board of Trustees includes people with experience in education, law, finance, public health, business and the charity sector.

Trustee Induction and Training

New trustees receive an induction pack including the governing document, trustee role description, key relevant policies, organisational information and information from The Charity Commission. A structured induction is provided over 2 sessions. Trustees are kept up to date through regular service and finance reports. Trustees are encouraged to attend learning & development and networking events organised by Mind and other external agencies.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Organisational structure

Organisational Structure and Decision Making

The trustees meet bi-monthly to determine policy and strategy, and to review and direct the charity's activities. The Finance and Business Development Sub Committee, comprising of Trustees and senior managers, meets bi-monthly alternating with Board meetings and makes recommendations to the Board on financial matters and fundraising plans and strategies. The day-to-day management of the charity is delegated to the Chief Executive Officer (CEO), who reports to the Trustees. In turn, the Director of Operations reports to the CEO.

Risk Assessment

The Board of Trustees have overall responsibility for risk management and trustees review, analyse, assess and manage risks on an annual basis in accordance with the charity's Risk Management Strategy and Policies. An annual Risk Register is developed, maintained, reviewed and updated quarterly. Trustees can therefore provide reasonable assurance that the major risks to which the charity is exposed have been reviewed and that plans are developed, and actions taken to mitigate those risks to an acceptable level in its day-to-day operations.

Arrangements for Setting Pay and Remuneration of Key Management Personnel

The key management personnel are the CEO, Director of Operations and Service Managers. The salaries for these posts are set and regularly reviewed by the Board, through benchmarking salaries for similar posts in comparable organisations. Salaries for key management personnel are also considered in relation to the salaries of other posts in the organisation.

Relationship with Mind

The charity is one of a number of independent local charitable associations that are affiliated to Mind (the National Association for Mental Health; registered charity 219830). As a separate charity in its own right, the Mind in Brighton and Hove accounts are not consolidated into the Mind accounts. Mind assists the charity by providing networking opportunities with other local Minds, information, small grants opportunities and sharing policy advice and good practice to build capacity and good quality services.

In turn, Mind in Brighton and Hove assists national Mind by providing information about people's experiences, services, funding and local mental health policy and themes. The charity is required to comply with the Mind Federation Agreement, including Mind brand guidelines and Mind's Quality Mark standards.

Mind in Brighton and Hove was last assessed by Mind against its quality standards and successfully re-achieved the Mind Quality Mark in August 2022. In the year, the charity subscribed to the Mind block insurance policy.

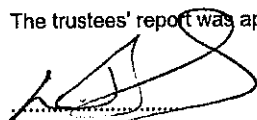
Auditor

The decision on future auditor appointments will be taken to the forthcoming Annual General Meeting. This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies (section 419(3)).

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.



Laura Greenwood-Pearsons (Chair)
Trustee

Date: 19/11/24

MIND IN BRIGHTON AND HOVE

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors of Mind in Brighton and Hove for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

Opinion

We have audited the financial statements of Mind in Brighton and Hove (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- Obtaining an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a direct effect on the financial statements and operations;
- Obtaining an understanding of the charity's policies and procedures on fraud risks, including knowledge of any actual, suspected or alleged fraud
- Discussing among the engagement team how and where fraud might occur in the financial statements and any potential indicators of fraud through our knowledge and understanding of the company and our sector-specific experience.

As a result of these procedures, we considered the opportunities and incentives that may exist within the charity for fraud. We are also required to perform specific procedures to respond to the risk of management override. As a result of performing the above, we identified the following areas as those most likely to have an impact on the financial statements: health & safety, employment law, the valuation of investment properties and compliance with the UK Companies and Charities Acts.

In addition to the above, our procedures to respond to risks identified included the following:

- Making enquiries of management about any known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing minutes of meetings of the board and senior management.
- Reading correspondence with regulators
- Challenging assumptions and judgements made by management in their significant accounting estimates; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness.

Due to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Jordan Abbott BSc ACA (Senior Statutory Auditor)
for and on behalf of Sumer Audit
Chartered Accountants
Statutory Auditor
Chichester

05/12/2024
.....

Sumer Audit is the trading name of Sumer Auditco Limited

Sumer Audit is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

MIND IN BRIGHTON AND HOVE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Notes							
Income from:							
Donations and legacies	3	20,711	-	20,711	44,902	-	44,902
<u>Charitable activities</u>							
Advocacy Services	4	309,884	189,230	499,114	304,404	204,100	508,504
Wellbeing Services	4	50,602	487,649	538,251	39,777	429,892	469,669
Other trading activities	5	28,301	-	28,301	25,036	-	25,036
Investments	6	29,844	-	29,844	9,956	-	9,956
Total income		439,342	676,879	1,116,221	424,075	633,992	1,058,067
Expenditure on:							
Raising funds	7	1,039	-	1,039	1,150	-	1,150
<u>Charitable activities</u>							
Advocacy Services	8	198,115	193,199	391,314	216,235	218,884	435,119
Wellbeing Services	8	181,096	492,339	673,435	192,063	433,966	626,029
Total charitable expenditure		379,211	685,538	1,064,749	408,298	652,850	1,061,148
Total expenditure		380,250	685,538	1,065,788	409,448	652,850	1,062,298
Net income/(expenditure) and movement in funds		59,092	(8,659)	50,433	14,627	(18,858)	(4,231)
Reconciliation of funds:							
Fund balances at 1 April 2023		1,164,802	150,746	1,315,548	1,150,175	169,604	1,319,779
Fund balances at 31 March 2024		1,223,894	142,087	1,365,981	1,164,802	150,746	1,315,548

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

MIND IN BRIGHTON AND HOVE

BALANCE SHEET

AS AT 31 MARCH 2024

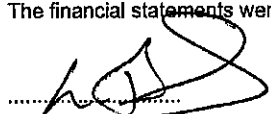
	Notes	2024 £	£	2023 £	£
Current assets					
Debtors	15	207,373		61,938	
Cash at bank and in hand		1,197,959		1,293,178	
		<u>1,405,332</u>		<u>1,355,116</u>	
Creditors: amounts falling due within one year	16	39,351		39,568	
Net current assets		<u>1,365,981</u>		<u>1,315,548</u>	
The funds of the charity					
Restricted income funds	17	142,087		150,746	
Unrestricted funds		<u>1,223,894</u>		<u>1,164,802</u>	
		<u>1,365,981</u>		<u>1,315,548</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 19/11/24


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Laura Greenwood-Pearsons (Chair)
Trustee

Company registration number 03592375 (England and Wales)

MIND IN BRIGHTON AND HOVE

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Cash flows from operating activities					
Cash absorbed by operations	22		(125,063)		(24,961)
Investing activities					
Investment income received		29,844		9,956	
Net cash generated from investing activities			29,844		9,956
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(95,219)		(15,005)
Cash and cash equivalents at beginning of year			1,293,178		1,308,183
Cash and cash equivalents at end of year			1,197,959		1,293,178

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity Information

Mind in Brighton and Hove is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 New England Street, Brighton & Hove, Brighton, BN1 4GQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	Straight line over length of lease
Fixtures and fittings	3 year straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

The charity operates a capitalisation policy where items in excess of £1,000 are capitalised and written off as above.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key sources of estimation uncertainty

Useful life of tangible fixed assets

The useful lives of assets are determined by management at the time the asset is acquired and reviewed for appropriateness. The lives are based upon historical experience with similar assets as well as anticipation of future events, which may impact their life.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	20,711	44,888
Legacies receivable	-	14
	<u>20,711</u>	<u>44,902</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

	Advocacy Services 2024 £	Wellbeing Services 2024 £	Total 2024 £	Advocacy Services 2023 £	Wellbeing Services 2023 £	Total 2023 £
Grants and contracts	499,114	538,251	1,037,365	508,504	469,669	978,173
Analysis by fund						
Unrestricted funds	309,884	50,602	360,486	304,404	39,777	344,181
Restricted funds	189,230	487,649	676,879	204,100	429,892	633,992
	499,114	538,251	1,037,365	508,504	469,669	978,173
Grants and contracts						
Brighton & Hove CCG - Employment Advice	-	269,000	269,000	-	247,000	247,000
West Sussex CCG - Pathfinder Services	309,884	39,229	349,113	304,404	38,536	342,940
Department of Work and Pensions - Access to Work	-	6,373	6,373	2,180	1,241	3,421
POhWER - B&H Advocacy Hub	189,230	-	189,230	201,920	-	201,920
Southdown Housing Association - Lighthouse Community Roots	-	42,183	42,183	-	41,848	41,848
Orbit Group Ltd - Breathing Spaces Sussex	-	31,109	31,109	-	28,404	28,404
East Sussex County Council - Men's Mental Health	-	119,192	119,192	-	72,940	72,940
Wellbeing in East Sussex LMGF	-	26,165	26,165	-	39,700	39,700
Other	-	5,000	5,000	-	-	-
	499,114	538,251	1,037,365	508,504	469,669	978,173

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

5 Income from other trading activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising events	11,307	4,856
Training and consultancy	16,994	20,180
Other trading activities	28,301	25,036

6 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	29,844	9,956

7 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity	1,039	1,150
Other fundraising costs		

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

8 Expenditure on charitable activities

	Advocacy Services 2024 £	Wellbeing Services 2024 £	Total 2024 £	Advocacy Services 2023 £	Wellbeing Services 2023 £	Total 2023 £
Direct costs						
Staff costs	341,350	539,329	880,679	380,457	506,205	886,662
Other direct costs	11,139	21,571	32,710	15,312	28,877	44,189
Payment to partners	-	18,100	18,100	-	13,833	13,833
	<u>352,489</u>	<u>579,000</u>	<u>931,489</u>	<u>395,769</u>	<u>548,915</u>	<u>944,684</u>
Share of support and governance costs (see note 10)						
Support	32,494	94,435	126,929	33,757	77,114	110,871
Governance	6,331	-	6,331	5,593	-	5,593
	<u>391,314</u>	<u>673,435</u>	<u>1,064,749</u>	<u>435,119</u>	<u>626,029</u>	<u>1,061,148</u>
Analysis by fund						
Unrestricted funds	198,115	181,096	379,211	216,235	192,063	408,298
Restricted funds	193,199	492,339	685,538	218,884	433,966	652,850
	<u>391,314</u>	<u>673,435</u>	<u>1,064,749</u>	<u>435,119</u>	<u>626,029</u>	<u>1,061,148</u>

9 Description of charitable activities

Advocacy Services

To provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate.

Wellbeing Services

To provide advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues.

10 Support costs allocated to activities

	2024 £	2023 £
Support costs	126,929	110,871
Governance costs	6,331	5,593
	<u>133,260</u>	<u>116,464</u>
Analysed between:		
Advocacy Services	38,825	39,350
Wellbeing Services	94,435	77,114
	<u>133,260</u>	<u>116,464</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

10 Support costs allocated to activities

(Continued)

Governance costs includes payments to the auditors of £4,740 (2023 - £4,080) for audit fees and £1,578 (2023 - £1,503) for non audit services.

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
38	37

Employment costs

	2024 £	2023 £
Wages and salaries	793,024	796,457
Social security costs	59,879	63,258
Other pension costs	27,776	26,947
	<u>880,679</u>	<u>886,662</u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2024 Number	2023 Number
£60,000 - £70,000	<u>1</u>	<u>1</u>

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2024 £	2023 £
Aggregate compensation	<u>217,216</u>	<u>230,624</u>

The charity's key management personnel comprises of the Chief Executive Officer, Director of Operations and 4 Service Managers.

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

14 Tangible fixed assets

	Leasehold land and buildings £	Fixtures and fittings £	Total £
Cost			
At 1 April 2023	77,392	10,284	87,676
At 31 March 2024	77,392	10,284	87,676
Depreciation and impairment			
At 1 April 2023	77,392	10,284	87,676
At 31 March 2024	77,392	10,284	87,676
Carrying amount			
At 31 March 2024	-	-	-
At 31 March 2023	-	-	-

15 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	156,414	18,697
Accrued income	35,167	28,123
Prepayments	15,792	15,118
	207,373	61,938

16 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	13,076	15,145
Trade creditors	4,581	6,480
Other creditors	4,927	4,951
Accruals and deferred income	16,767	12,992
	39,351	39,568

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

17 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
East Sussex Development	6,356	-	-	6,356
DWP - Employment Advice	52,373	269,000	(266,505)	54,868
B&H Advocacy Hub	15,105	189,230	(193,199)	11,136
East Sussex - Get Set To Go	3,743	-	(3,743)	-
Pace Setter (Practice Hope) Project	5,398	-	-	5,398
Lighthouse Community Roots Project	8,089	42,183	(43,549)	6,723
East Sussex - Orbit	18,054	31,109	(35,342)	13,821
East Sussex CC - Men's Mental Health	27,000	119,192	(102,407)	43,785
Wellbeing in East Sussex LMGF	14,628	26,165	(40,793)	-
	<u>150,746</u>	<u>676,879</u>	<u>(685,538)</u>	<u>142,087</u>

Previous year:

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
East Sussex Development	12,674	-	(6,318)	6,356
DWP - Employment Advice	81,483	247,000	(276,110)	52,373
B&H Advocacy Hub	29,889	204,100	(218,884)	15,105
East Sussex - Get Set To Go	3,743	-	-	3,743
Pace Setter (Practice Hope) Project	5,398	-	-	5,398
Lighthouse Community Roots Project	8,947	41,848	(42,706)	8,089
East Sussex - Orbit	11,005	28,404	(21,355)	18,054
East Sussex CC - Men's Mental Health	16,465	72,940	(62,405)	27,000
Wellbeing in East Sussex LMGF	-	39,700	(25,072)	14,628
	<u>169,604</u>	<u>633,992</u>	<u>(652,850)</u>	<u>150,746</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

17 Restricted funds

(Continued)

(a) East Sussex Development Funding from East Sussex Mind Shops Profit Share to invest in the development of Mind Services in East Sussex. The profit share arrangement ended on 31 March 2021.

(b) DWP – B&H Employment Advice Employment advice includes support with job retention and securing employment, volunteering and learning opportunities for people accessing support through Talking Therapies. A pilot project run jointly by DWP and DHSC and delivered as part of the Brighton and Hove Wellbeing Service.

(c) B&H Advocacy Hub – Sussex Advocacy Partnership Community Advocacy, IMHA and statutory advocacy services for people in Brighton and Hove. This is a partnership with POHWER, MindOut, Speak Out, SIS and Impact Initiatives which started on 1 July 2019. Funded by B&H CC and B&H CCG through POHWER as lead partner.

(d) East Sussex – Get Set to Go, a national Mind initiative with funding from Sport England and the National Football League supporting individuals in Hastings to access physical activity opportunities. Contract ended 31 October 2020. Remaining balance agreed for use to fund any physical activity, movement or sport related support within other projects delivery.

(e) Pace Setter/Practice Hope A Primary Care Quality Improvement project in Brighton and Hove, supporting GPs to improve how they support young people with thoughts of suicide and self-harm. Contract ended 30 September 2020.

(f) Lighthouse Community Roots A partnership with Southdown and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder diagnosis in B&H. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead partner. Contract started 1 October 2019.

(g) Orbit Breathing Space – Sussex Providing wellbeing support to Orbit tenants and local people across East Sussex, B&H and West Sussex. Funded by Orbit, the contract started 1 March 2022.

(h1) East Sussex Men's Mental Health Community Development Engages with communities and individuals to empower men in the target age group who are experiencing or at risk of mental health problems or suicide. Funded by East Sussex County Council, contract started 1 April 2021 and ended December 2023.

(h2) East Sussex Men's Training and Skills Provides training, workshops and resources to enable participants to develop skills to support men's mental health, to be alert to signs of suicide and connect people to appropriate support. Funded by East Sussex County Council, contract started January 2023.

(i) Wellbeing in East Sussex Mental health promotion and wellbeing support in East Sussex, providing a range of activities and events to promote the emotional wellbeing and mental health of local communities and individuals. Funded through a Local Mind Grant. Contract ended Feb 2023.

18 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 31 March 2024 are represented by:			
Current assets/(liabilities)	1,223,894	142,087	1,365,981
	<u>1,223,894</u>	<u>142,087</u>	<u>1,365,981</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

18 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Current assets/(liabilities)	1,164,802	150,746	1,315,548
	<u>1,164,802</u>	<u>150,746</u>	<u>1,315,548</u>

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Brighton & Hove Risk Pool	34,724	-	-	-	34,724
Designated B&H Advocacy	26,121	-	-	-	26,121
Designated B&H Advice Service	132,303	6,373	(92,020)	-	46,656
General funds	971,654	432,969	(288,230)	-	1,116,393
	<u>1,164,802</u>	<u>439,342</u>	<u>(380,250)</u>	<u>-</u>	<u>1,223,894</u>
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Designated Legacy	69,491	-	(69,491)	-	-
Brighton & Hove Risk Pool	34,724	-	-	-	34,724
Designated B&H Advocacy	26,121	-	-	-	26,121
Designated B&H Advice Service	-	1,242	(18,939)	150,000	132,303
General funds	1,019,839	422,833	(321,018)	(150,000)	971,654
	<u>1,150,175</u>	<u>424,075</u>	<u>(409,448)</u>	<u>-</u>	<u>1,164,802</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

19 Unrestricted funds

(Continued)

(a) Legacy – the remainder of a legacy received in October 2019 to continue our B&H Mental Health Advice Service and for investment in our website and digital development. See note 17(b).

(b) B&H Wellbeing Service end of contract shared risk pool

(c) Balances from B&H advocacy contracts which ended in June 2019 (note 17 (a) & (b)) to continue and maintain capacity in B&H advocacy service during the contract extension. See note 17 (h).

(d) Investment from reserves - to maintain capacity and continue delivery of our Mental Health Advice Service. See note 17 (c).

20 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024 £	2023 £
Within one year	47,000	47,000
Between two and five years	47,000	94,000
	<u>94,000</u>	<u>141,000</u>

21 Related party transactions

There were no disclosable related party transactions during the period, other than the remuneration of key management personnel as disclosed in note 12 (2023: none).

22 Cash generated from operations

	2024 £	2023 £
Surplus/(deficit) for the year	50,433	(4,231)
Adjustments for:		
Investment income recognised in statement of financial activities	(29,844)	(9,956)
Movements in working capital:		
(Increase) in debtors	(145,435)	(415)
(Decrease)/increase in creditors	(217)	7,506
(Decrease) in deferred income	-	(17,865)
Cash absorbed by operations	<u>(125,063)</u>	<u>(24,961)</u>

23 Analysis of changes in net funds

The charity had no material debt during the year.

Accounts

Charity registration number 1071434

Company registration number 03592375 (England and Wales)

MIND IN BRIGHTON AND HOVE
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

MIND IN BRIGHTON AND HOVE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Laura Greenwood-Pearsons (Chair)	
	Robin Penfold (Company Secretary)	
	Caitriona Darling	(Appointed 22 November 2022)
	Jade Harber (Treasurer)	(Appointed 22 November 2022)
	Charlotte Renwick	(Appointed 22 November 2022)
Charity number	1071434	
Company number	03592375	
Registered office	51 New England Street Brighton Brighton & Hove BN1 4GQ	
Auditor	Jones Avens Limited Piper House 4 Dukes Court Bognor Road Chichester West Sussex PO19 8FX	
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	

MIND IN BRIGHTON AND HOVE

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MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The objects of the charity were amended by special resolution on 16 September 2019 and are;

- a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition; and
- b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

Our Vision

Our vision is of society that promotes and protects good mental health for all and that treats people with experience of mental health issues fairly, positively, supportively and with respect.

Our Mission

Our mission is to provide a range of advice and information, advocacy and support services to empower anyone experiencing a mental health problem to live a full life and play a full part in society. We will also work to improve local services, raise awareness and promote mental health and wellbeing.

Our values

Empowerment: we work for the empowerment of individuals and communities and support people to contribute meaningfully to the design and provision of services to enable positive change.

Innovation: we believe in seeking innovative responses to the needs of people with mental health issues, based on the initiatives that people want and that positively challenge the status quo.

Partnership: we work with individuals, groups and other organisations in the local area to achieve a more integrated system of mental health provision which builds resilience and wellbeing in the community.

Effectiveness: our skilled staff strive to meet the needs of the communities we serve with integrity and transparency.

Valuing Staff: we respect and value the experience and knowledge of our staff and volunteers. We value the diversity of our workforce and are committed to equality.

Social Justice: we are committed to social justice and recognise that inequality of opportunity is a major cause of mental health issues. We challenge stigma and discrimination wherever we find it and defend the human and civil rights of people with mental health issues.

Independence: our services are structurally independent from statutory organisations. Our services will be as free as possible from conflict of interest both in design and operation and our staff are free to act according to the wishes and needs of our service users.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Our Main Activities and Key Achievements:

Mental Health Advocacy Services:

- Community Mental Health Advocacy
- IMHA (Independent Mental Health Advocacy)
- ICAA (Independent Care Act Advocacy) and IHCAS (Independent Health Complaints Advocacy Service) in Brighton and Hove

Wellbeing Services:

- Mental Health Advice and Information
- Employment Support and IAPT (Improving Access to Psychological Therapies) as part of Brighton and Hove Wellbeing Service
- Wellbeing and Mental Health Promotion
- Men's Mental Health and Community Development
- Peer Support

Training

- Mental Health Awareness
- Managing Mental Health in the Workplace
- Wellbeing and Resilience

HOW OUR ACTIVITIES DELIVER PUBLIC BENEFIT

Our main activities and who we aim to help are described below. All our charitable activities focus on empowering anyone experiencing a mental health problem to live a full life and play a full part in society and are undertaken to further our charitable purposes for the public benefit. We also work to improve local services, raise awareness and promote mental health and wellbeing.

Mind in Brighton and Hove's trustees confirm that the activities of the charity are carried out in line with its objectives for the benefit of the public. The impact of our work on our beneficiaries is a key criterion when deciding which activities to undertake and how best to achieve our mission. Mind in Brighton and Hove's trustees therefore confirm that they have complied with section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Achievements and performance

Advocacy Services:

Our mental health advocacy services have continued to provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate. The core aim of the services is to empower individuals by ensuring that they are fully informed and able to ascertain their options, enabling them to do as much for themselves as they can and ensuring that their views are central to the care and treatment they receive. The services are widely accessible accepting self referrals, referrals from other professionals, carers and other statutory and voluntary sector providers.

We provide advocacy services across West Sussex and Brighton and Hove. Our provision includes specific services for people subject to the Mental Health Act in Brighton and Hove and West Sussex (IMHA).

We are a partner within the Sussex Advocacy Partnership in Brighton and Hove which commenced on 01/07/2019. Our partners are Speak Out, MindOut, Sussex Interpreting Service, Impact Initiatives and POhWER, as the lead partner.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

The following table shows the number of clients supported by the advocacy services in 2023 with the comparative figures for 2022:

West Sussex Adult Advocacy:		
	2023	2022
Adult Community Advocacy	665	601
IMHA	522	381
Total beneficiaries	1187	982

Brighton and Hove Adult Advocacy:		
	2023	2022
Adult Community Advocacy	429	434
IMHA	417	318
Total beneficiaries	846	752

Wellbeing Services:

Our Mental Health Advice Service in Brighton and Hove provides advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues. It also provides signposting and support on accessing self-help and wellbeing resources, wellbeing information, workshops and self-help groups to support people who wish to identify their own strategies for looking after their mental health.

In 2023 the service supported a total of 1034 clients (2022 - 1018).

We also continue to deliver an Employment Advice Service as part of the Brighton and Hove Wellbeing Service. The Employment Advisers in IAPT Services Initiative is a pilot project run jointly by Department for Work and Pensions and Department of Health and provided employment support to 706 people receiving treatment in IAPT during 2023 (2022 - 771). Employment advice includes support with job retention and securing employment, volunteering and learning opportunities.

Crawley and Horsham Peer Mentoring Service

We recruit, train and support peer mentors to empower mentees to make informed choices about their lives and set achievable goals within outcome focused support plans. Peer mentors are supported through one-to-one and group supervisions to reflect on their own personal recovery and how their experiences can positively influence the support they give to mentees. Each mentor/mentee match is time-limited with the aim of attaining specific goals as both mentors and mentees continue on their journey to recovery. In 2023 the service supported a total of 124 clients (2022 - 54).

Peer Support - Lighthouse Recovery

Within Lighthouse, our Peer Support Coordinator recruits, trains and supports peer support volunteers and members to support and co-facilitate groups and activities. Since 01/10/2019 this service has been part of the B&H Community Roots/UOK partnership. During the year, we had an average of 5 active volunteers who provided 94 hours of support (2022 average of 3 active volunteers, providing 127 hours of support).

Pathfinder West Sussex

As part of Pathfinder West Sussex, an Alliance of 10 providers, we develop and deliver targeted mental health support services across West Sussex. Targeted mental health services bridge the gap between universal health and wellbeing services and specialist mental health services.

Mind in Brighton and Hove's West Sussex Community Advocacy, West Sussex IMHA and Crawley and Horsham Peer Mentoring services are within Pathfinder.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Wellbeing in East Sussex

We have continued to develop our Mental Health Promotion and Wellbeing support in East Sussex. We deliver a range of activities and events, to promote the emotional wellbeing and mental health of local communities and individuals. We also develop and deliver events to mark key mental health dates during the year such as Mental Health Awareness Week and World Mental Health Day. The service was funded by a local Mind Grant from 01/04/2022, which runs until 30/09/2023. During 2023 the service supported a total of 1122 participants (2022 - 2151).

Men's Mental Health Community Development

We have continued to develop our Men's Mental Health project in Hastings which aims to improve the mental health of men, particularly between 30-59 years of age, and to reduce suicide rates in East Sussex. We engage with communities and individuals to empower men in the target age group who are experiencing or are at risk of mental health problems, and to increase the provision of services and community self-help that aims to promote good mental health. During 2023 the service supported a total of 180 people (2022 - 317).

Men's Mental Health Training and Skills (Men In Mind)

We successfully secured a 2-year contract starting 01/01/2023 to equip and empower public facing staff in places where men work and visit to have supportive conversations about men's mental health. Men In Mind is a partnership with Grassroots Suicide Prevention and aims to deliver training, workshops and resources to enable participants to develop skills to support men's mental health, to be alert to signs of suicide and connect people to appropriate support. Between Jan – March 2023, the service supported 13 people.

Orbit/Breathing Space

Since 01/03/2020 we delivered wellbeing support to tenants of Orbit Housing in East Sussex in partnership with other local Minds, the contract for which ended 28/02/2022. We were successful with our tender proposal to secure a new contract directly with Orbit Housing to deliver wellbeing support to tenants and local people across East Sussex, Brighton & Hove and West Sussex, which commenced on 01/03/2022. During the year, we supported 214 people (2022 - 88).

Training In Mind

We develop and deliver established training packages and create bespoke training, workshops and specialist talks for organisations on mental health and wellbeing, focusing on Managing Mental Health in the Workplace, Mental Health Awareness and Wellbeing and Coping with Stress and Resilience training. We have adapted all our training courses to be delivered effectively face to face or remotely, to local organisations and employers.

VOLUNTEERS

The organisation has benefited from the services of 29 volunteers (2022 35) and is extremely grateful for the contribution made by these individuals. Volunteers have undertaken roles as Peer Mentors in Crawley and Horsham, in our Brighton and Hove Mental Health Advice Service, at Lighthouse Recovery and in our Wellbeing in East Sussex projects.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Fundraising Activities

Mind in Brighton and Hove conducts its own fundraising activities. We do not commission professional fundraisers or commercial participators. The charity is not signed up to a voluntary fundraising regulation scheme or standard.

We do not directly monitor all fundraising activities performed on our behalf but we do provide guidance about expected standards and behaviour to individuals and organisations using our branded collection buckets etc. This guidance includes ensuring vulnerable people and the wider public are protected from behaviours which include; unreasonable intrusion on a person's privacy; unreasonable persistent methods to receive a donation; and undue pressure on a person to give a donation.

Mind in Brighton and Hove has not received any complaints about fundraising activities performed by the charity or anyone else on its behalf.

Financial review

The results for the year and the financial position of the charity at the year-end are shown in the financial statements on pages 8 and 9 with the accompanying notes to the accounts on pages 11 to 24.

There was an increase in unrestricted reserves of £14,627 to £1,164,802 at 31st March 2023 (2022 an increase of £50,329).

There was a decrease in restricted reserves of £18,858 to £150,746 at 31st March 2023 (2022 a decrease of £106,625).

There was therefore an overall increase in reserves for the year of £4,231 (2022 a decrease of £56,296).

Expenditure was all incurred on delivery of the charity's charitable activities as outlined on pages 17 to 18, with the exception of the cost of fundraising as analysed in the Statement of Financial Activities and in the Notes to the accounts.

The movement in fixed assets for the year is set out in note 13 to the financial statements. The organisation is a registered charity and company limited by guarantee and therefore no dividends are payable.

Looking to the future, in 2023/2024 we face the potential that some financially smaller contracts will end, which together creates some uncertainty for us beyond the year-end.

Although there are reasonable expectations that some of these contracts will be renewed, extended or replaced, we have already undertaken preparation work including identifying the costs and contributions of each individual contract and scenario planning to ensure readiness in the event of any significant changes in contract income. This will help enable us to reduce expenditure in line with income if needed and to mitigate against the impact of contracts ending on the organisation.

We have also secured some contract extensions beyond 2024 and continue to research and bid for new funding, alongside identifying and building on income generation opportunities.

Trustees have agreed the use of some reserves to invest in the delivery and development of our Mental Health Advice Service over 2-3 years. If required, trustees will consider the use of reserves, where the level of reserves allow, to potentially invest and fund future service development and delivery in line with our strategic objectives.

Another external risk faced by the organisation post year-end is the continued risk of the impact of the cost of living crisis and related challenges of increased energy costs on the financial wellbeing of staff and volunteers. This may also impact on funding opportunities, affecting the charity's ability to invest for future service development.

Throughout the year the Board and management team have continued to monitor the impact of this and adjusted organisational plans and priorities accordingly. This will continue to be a priority for the Board.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

RESERVES POLICY

The Trustees regularly monitor and review the level of reserves, and the charity's Reserves Policy is reviewed on an annual basis by the Finance and Business Development Sub Committee for approval by the Board. The charity's Reserves Policy sets out why the charity needs reserves and the level of reserves Trustees believe that the charity needs. The Board continues to review our investment of reserve funds in order to obtain the best returns.

It has been agreed that funds will continue to be designated in 2023/24 to maintain and continue our Brighton and Hove Advocacy Services and further investment from reserves have been designated to extend the Wellbeing in East Sussex service to the end of Feb 2024 and to enable our Mental Health Advice Service to maintain its current capacity and extend its delivery to the end of March 2024.

The Trustees are aware that the charity must balance the need to maintain its reserves against delivery of its charitable objects. The Reserves Policy continues to prioritise maintaining sufficient reserves to give financial stability to the charity and to its activities in the context of a challenging funding environment. The Trustees continue to examine ways to ensure that our services represent value for money and to maintain the unrestricted reserves at a level to enable the charity to both manage the financial risks it faces and to flexibly fund future work to achieve its aims.

Investment Policy and objectives

Trustees make decisions regarding investments in accordance with our Ethical Fundraising and Investment Policy and Guidance. We do not invest in risk-bearing financial instruments. Nearly all of our financial assets are held in short-term cash accounts. Where practical, we aim to maintain account balances which do not exceed the Financial Services Compensation Scheme - protected amounts of £85,000.

Plans for future periods

We developed and implemented our current 3-year Strategic Business Plan in April 2021, following consultation with staff, service users and stakeholders. We implement our Strategy through an Annual Business Plan which is approved and monitored by the Board of Trustees and Sub Committees.

Our Annual Business Plan for 2023/2024 reflects our four strategic objectives and includes:

Strategic Priority 1: Financial Sustainability

- Retain current contracts and maximise opportunities/best position for the charity to secure new contracts/funding.
- Complete Advice Service evaluation and develop plans for service specification and sustainability beyond March 2024.
- Implement new opportunities for online donations via our website and review options to maximise our fundraising.
- Review our options to improve/invest in legacy fundraising.
- Training delivery: Develop annual promotion plan. Pilot alternative course options. Review, develop and build on training materials.
- Review our current arrangements for external recruitment to ensure value for money and effectiveness.
- Diversify deposit accounts to minimise risk and maximise return.

Strategic Priority 2: Business Development and Innovation

- Promote our advocacy services to ensure we are best positioned to retain contracts and respond to procurement processes and future changes in the Mental Health Act.
- Finalise and implement an organisational digital strategy.
- Maintain Quality Marks: MQM and Advocacy QPM.
- Consider new approaches and partnerships to increase our reach across Sussex.
- Development of partnership and evaluation of the Men's Mental Health Training and Skills Project.
- Undertake review of mental health policy and external environment in preparation for strategy planning.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Strategic Priority 3: Accessibility and Inclusion

- Undertake and analyse the charity's annual equalities monitoring information alongside relevant, updated Joint Strategic Needs Assessment and make recommendations.
- Finalise plans for recruiting, training and supporting more people with lived experience to be involved and participate in our recruitment process.
- Use updated annual mental health calendar of events to target our approach to racialised communities and strengthening partnerships.
- Identify preferred equality and diversity learning and development opportunities for staff to increase awareness.
- Review our approach to social media and develop a social media strategy to identify and document clear objectives, goals and metrics.

Strategic Priority 4: Employer of Choice

- Undertake a review of Central and Management Team roles and responsibilities to identify areas for improvements relating to capacity, contingency and succession planning.
- Complete full review of HR Policies and Procedures in accordance with annual policy schedule ensuring our approach continues to reflect a positive organisational culture and promotes workplace wellbeing.
- Sign up to the Mental Health at Work commitment, which aims to support organisations to improve the mental health and wellbeing of all staff (or suitable alternative standard).
- Cost of Living – implement Cost of Living salary increases from 1st April and develop plan for further possible actions to protect our organisation from the impact of the cost of living crisis.
- Research options and develop plan for further actions to be taken to both protect and promote staff financial wellbeing.
- Develop consultation opportunities to ensure meaningful contributions from all staff regarding strategy planning.

Structure, governance and management

Governing Document

Mind In Brighton and Hove is a Registered Charity and Company Limited by Guarantee, incorporated on 3 July 1998 and the assets and liabilities of the charity transferred to the company on 1 October 1998 by a resolution passed at its extraordinary general meeting held on 27 May 1998. Its governing document is its Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Deborah Fortescue	(Resigned 22 November 2022)
Laura Greenwood-Pearsons (Chair)	
Sarah Miles	(Resigned 22 November 2022)
Robin Penfold (Company Secretary)	
Suzanne Farrell	(Resigned 28 June 2022)
Caitriona Darling	(Appointed 22 November 2022)
Jade Harber (Treasurer)	(Appointed 22 November 2022)
Charlotte Renwick	(Appointed 22 November 2022)

Board of Trustees (Management Committee)

The directors of the company are also trustees of the charity for purposes of charity law. The appointment of the Trustees is set out in the Articles of Association, which requires there to be a minimum of 3 trustees. A range of methods are used to advertise trustee vacancies. Selected trustees are co-opted to the Board until the next AGM at which they are eligible for election. In addition to the honorary officers of Chair and Treasurer, the Board of Trustees also appoint the Company Secretary trustee. As with all staff and volunteers working for Mind In Brighton and Hove, all Trustees are checked with the Disclosure and Barring Service (DBS). The Board of Trustees includes people with experience in education, law, finance, public health, business and the charity sector.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Trustee Induction and Training

New trustees receive an induction pack including the governing document, trustee role description, key relevant policies and organisational information. A structured induction is provided over 2 sessions. Trustees are kept up to date through regular service and finance reports. Trustees are encouraged to attend learning & development and networking events organised by Mind and other external agencies.

Organisational Structure and Decision Making

The Trustees meet bi-monthly to determine policy and strategy, and to review and direct the charity's activities. The Finance and Business Development Sub Committee, comprising of Trustees and senior managers, meets bi-monthly alternating with Board meetings and makes recommendations to the Board on financial matters and fundraising plans and strategies. The day-to-day management of the charity is delegated to the Chief Executive Officer (CEO), who reports to the Trustees. In turn, the Director of Operations reports to the CEO.

Risk Assessment

The Board of Trustees have overall responsibility for risk management and Trustees review, analyse, assess and manage risks on an annual basis in accordance with the charity's Risk Strategy and Policy. An annual risk register is maintained, reviewed and updated quarterly. Trustees can therefore provide reasonable assurance that the major risks to which the charity is exposed have been reviewed and that plans are developed to mitigate those risks to an acceptable level in its day-to-day operations.

Arrangements for Setting Pay and Remuneration of Key Management Personnel

The key management personnel are the CEO, Director of Operations and Service Managers. The salaries for these posts are set and regularly reviewed by the Board, through benchmarking salaries for similar posts in comparable organisations. Salaries for key management personnel are also considered in relation to the salaries of other posts in the organisation.

Relationship with Mind

The charity is one of a number of independent local charitable associations that are affiliated to Mind (the National Association for Mental Health; registered charity 219830). As a separate charity in its own right, the Mind In Brighton and Hove accounts are not consolidated into the Mind accounts. Mind assists the charity by providing networking opportunities with other local Minds, information, small grants opportunities and sharing policy advice and good practice to build capacity and good quality services. In turn Mind in Brighton and Hove assists national Mind by providing information about people's experiences, services, funding and local mental health policy and themes. The charity is required to comply with the Mind Federation Agreement, including Mind brand guidelines and Mind's quality standards. Mind in Brighton and Hove was recently assessed by Mind against its quality standards and successfully re-achieved the Mind Quality Mark in August 2022. In the year the charity subscribed to the Mind block insurance policy.

MIND IN BRIGHTON AND HOVE

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Statement of trustees' responsibilities

The trustees, who are also the directors of Mind in Brighton and Hove for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

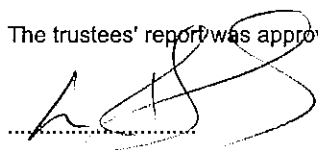
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

The decision on future auditor appointments will be taken to the forthcoming Annual General Meeting. This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies (section 419(3)).

The trustees' report was approved by the Board of Trustees.



Trustee

Date: 28/11/23

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

Opinion

We have audited the financial statements of Mind In Brighton and Hove (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Identification and assessment of irregularities including fraud

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We designed procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures were capable of detecting irregularities, including fraud is detailed below:

- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charity, including The Charities Act 2011;
- we obtained an understanding of the legal and regulatory framework applicable to the entity and how the entity is complying with that framework by making appropriate enquiries of management as well as considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations;
- we made enquiries of those charged with governance and management concerning:
 - the risks of fraud;
 - instances of non-compliance with laws and regulations or knowledge of actual, suspected, or alleged fraud is documented during the period;
- we allocated an engagement team that we considered collectively had the appropriate competence and capabilities to identify or recognise non-compliance with laws and regulations.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE

Audit response to risks of irregularities including fraud

Based on the results of our risk assessment, our procedures included, but were not limited to:

- performing analytical procedures to identify any unusual or unexpected relationships.
- evaluating whether the selection and application of accounting policies by the entity that may be indicative of fraudulent financial reporting resulting from management's effort to manage earnings.
- assessing whether judgements and assumptions made in determining the accounting estimates set out in note 2 were indicative of potential bias.
- agreeing financial statement disclosures to underlying supporting documentation.
- reading the minutes of meetings of those charged with governance.
- reviewing the correspondence with relevant regulatory bodies.
- testing of journal entries to address the risk of fraud through management override.
- incorporating an element of unpredictability in the selection of the nature, timing, and extent of our audit procedures.

Conclusions regarding the risk of irregularities including fraud

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

We considered our audit was capable of detecting irregularities due to:

- the effectiveness of the entity's internal controls;
- the nature, timing and extent of audit procedures performed; and the absence of contradictory evidence.

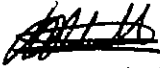
A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

MIND IN BRIGHTON AND HOVE

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF MIND IN BRIGHTON AND HOVE


Jordan Abbott BSc ACA (Senior Statutory Auditor)
for and on behalf of Jones Avens Limited

07/12/23

Chartered Accountants
Statutory Auditor

Piper House
4 Dukes Court
Bognor Road
Chichester
West Sussex
PO19 8FX

Jones Avens Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

MIND IN BRIGHTON AND HOVE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:							
Donations and legacies	3	44,902	-	44,902	55,121	-	55,121
Charitable activities							
Advocacy Services	4	304,404	204,100	508,504	270,009	201,920	471,929
Wellbeing Services	4	39,777	429,892	469,669	89,667	376,650	466,317
Other trading activities	5	25,036	-	25,036	8,392	-	8,392
Investments	6	9,956	-	9,956	3,516	-	3,516
Total income		424,075	633,992	1,058,067	426,705	578,570	1,005,275
Expenditure on:							
Raising funds	7	1,150	-	1,150	-	-	-
Charitable activities							
Advocacy Services	8	216,235	218,884	435,119	253,142	224,511	477,653
Wellbeing Services	8	192,063	433,966	626,029	125,468	458,450	583,918
Total charitable expenditure		408,298	652,850	1,061,148	378,610	682,961	1,061,571
Total expenditure		409,448	652,850	1,062,298	378,610	682,961	1,061,571
Gross transfers between funds		-	-	-	2,235	(2,235)	-
Net income/(expenditure) for the year/							
Net movement in funds		14,627	(18,858)	(4,231)	50,330	(106,626)	(56,296)
Fund balances at 1 April 2022		1,150,175	169,604	1,319,779	1,099,845	276,230	1,376,075
Fund balances at 31 March 2023		1,164,802	150,746	1,315,548	1,150,175	169,604	1,319,779

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

MIND IN BRIGHTON AND HOVE

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	14	61,938		61,523	
Cash at bank and in hand		1,293,178		1,308,183	
		1,355,116		1,369,706	
Creditors: amounts falling due within one year	15	(39,568)		(49,927)	
Net current assets			1,315,548		1,319,779
Income funds					
Restricted funds	17		150,746		169,604
<u>Unrestricted funds</u>					
Designated funds	18	193,148		214,920	
General unrestricted funds		971,654		935,255	
			1,164,802		1,150,175
			1,315,548		1,319,779

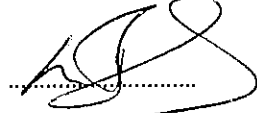
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 28/11/23



Trustee

Company registration number 03592375

MIND IN BRIGHTON AND HOVE

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Cash flows from operating activities					
Cash absorbed by operations	21		(24,961)		(99,250)
Investing activities					
Investment income received		9,956		3,516	
Net cash generated from investing activities			9,956		3,516
Net cash used in financing activities			-		-
Net decrease in cash and cash equivalents			(15,005)		(95,734)
Cash and cash equivalents at beginning of year			1,308,183		1,403,917
Cash and cash equivalents at end of year			1,293,178		1,308,183

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Mind In Brighton and Hove is a private company limited by guarantee incorporated in England and Wales. The registered office is 51 New England Street, Brighton, Brighton & Hove, BN1 4GQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Leasehold land and buildings	Straight line over length of lease
Fixtures and fittings	3 year straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

The charity operates a capitalisation policy where items in excess of £1,000 are capitalised and written off as above.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial Instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Key sources of estimation uncertainty

Useful life of tangible fixed assets

The useful lives of assets are determined by management at the time the asset is acquired and reviewed for appropriateness. The lives are based upon historical experience with similar assets as well as anticipation of future events, which may impact their life.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	44,888	45,121
Legacies receivable	14	10,000
	<u>44,902</u>	<u>55,121</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Advocacy Services 2023 £	Wellbeing Services 2023 £	Total 2023 £	Advocacy Services 2022 £	Wellbeing Services 2022 £	Total 2022 £
Grants and contracts	508,504	469,669	978,173	471,929	466,317	938,246
Analysis by fund						
Unrestricted funds	304,404	39,777	344,181	270,009	89,667	359,676
Restricted funds	204,100	429,892	633,992	201,920	376,650	578,570
	508,504	469,669	978,173	471,929	466,317	938,246
Grants and contracts						
Brighton & Hove City Council - B&H	-	-	-	-	24,773	24,773
Substance Misuse Brighton & Hove CCG - Employment Advice	-	247,000	247,000	-	239,000	239,000
West Sussex CCG - Pathfinder Services	304,404	38,536	342,940	270,009	64,894	334,903
Department of Work and Pensions - Access to Work	2,180	1,241	3,421	-	3,059	3,059
POhWER - B&H Advocacy Hub	201,920	-	201,920	201,920	-	201,920
Southdown Housing Association - Lighthouse Community Roots	-	41,848	41,848	-	40,735	40,735
Mind in Bexley - Orbit Breathing Spaces	-	-	-	-	18,191	18,191
Orbit Group Ltd - Breathing Spaces Sussex	-	28,404	28,404	-	6,763	6,763
East Sussex County Council - Men's Mental Health	-	72,940	72,940	-	68,902	68,902
Wellbeing in East Sussex LMGF	-	39,700	39,700	-	-	-
Other	-	-	-	-	-	-
	508,504	469,669	978,173	471,929	466,317	938,246

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Other trading activities

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Fundraising events	4,856	2,290
Training and consultancy	20,180	6,102
Other trading activities	25,036	8,392

6 Investments

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Interest receivable	9,956	3,516

7 Raising funds

	Unrestricted funds	Total
	2023	2022
	£	£
Fundraising and publicity		
Other fundraising costs	1,150	-
	1,150	-

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Charitable activities

	Advocacy Services 2023 £	Wellbeing Services 2023 £	Total 2023 £	Advocacy Services 2022 £	Wellbeing Services 2022 £	Total 2022 £
Staff costs	380,457	506,205	886,662	395,205	488,692	883,897
Other direct costs	15,312	28,877	44,189	19,893	24,599	44,492
Payment to partners	-	13,833	13,833	4,630	5,725	10,355
	<u>395,769</u>	<u>548,915</u>	<u>944,684</u>	<u>419,728</u>	<u>519,016</u>	<u>938,744</u>
Share of support costs (see note 10)	33,757	77,114	110,871	52,486	64,902	117,388
Share of governance costs (see note 10)	5,593	-	5,593	5,439	-	5,439
	<u>435,119</u>	<u>626,029</u>	<u>1,061,148</u>	<u>477,653</u>	<u>583,918</u>	<u>1,061,571</u>
Analysis by fund						
Unrestricted funds	216,235	192,063	408,298	253,142	125,468	378,610
Restricted funds	218,884	433,966	652,850	224,511	458,450	682,961
	<u>435,119</u>	<u>626,029</u>	<u>1,061,148</u>	<u>477,653</u>	<u>583,918</u>	<u>1,061,571</u>

9 Description of charitable activities

Advocacy Services

To provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate.

Wellbeing Services

To provide advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

10 Support costs

	Support costs	Governance costs	2023	Support costs	Governance costs	2022
	£	£	£	£	£	£
Indirect costs	110,871	-	110,871	117,388	-	117,388
Audit fees	-	4,080	4,080	-	3,900	3,900
Accountancy	-	1,500	1,500	-	1,500	1,500
Governance costs	-	13	13	-	39	39
	<u>110,871</u>	<u>5,593</u>	<u>116,464</u>	<u>117,388</u>	<u>5,439</u>	<u>122,827</u>
Analysed between						
Charitable activities	<u>110,871</u>	<u>5,593</u>	<u>116,464</u>	<u>117,388</u>	<u>5,439</u>	<u>122,827</u>

Governance costs includes payments to the auditors of £4,080 (2022- £3,900) for audit fees.

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

12 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	<u>37</u>	<u>37</u>
Employment costs	2023	2022
	£	£
Wages and salaries	796,457	794,952
Social security costs	63,258	61,350
Other pension costs	26,947	27,595
	<u>886,662</u>	<u>883,897</u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

2023 Number	2022 Number
<u>1</u>	<u>1</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

13 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

14 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	18,697	47,569
Other debtors	-	10,000
Accrued income	28,123	-
Prepayments	15,118	3,954
	<u>61,938</u>	<u>61,523</u>

15 Creditors: amounts falling due within one year

	Notes	2023 £	2022 £
Other taxation and social security		15,145	15,833
Government grants	16	-	17,865
Trade creditors		6,480	3,222
Other creditors		4,951	-
Accruals and deferred income		12,992	13,007
		<u>39,568</u>	<u>49,927</u>

16 Government grants

Deferred income is included in the financial statements as follows:

	2023 £	2022 £
Deferred income is included within:		
Current liabilities	-	17,865
	<u>-</u>	<u>17,865</u>
Movements in the year:		
Deferred income at 1 April 2022	17,865	-
Released from previous periods	(17,865)	-
Resources deferred in the year	-	17,865
	<u>-</u>	<u>17,865</u>
Deferred income at 31 March 2023	-	17,865

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021 £	Movement in funds		Transfers	Balance at 1 April 2022 £	Movement in funds		Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Brighton & Hove IMHA	22,579	-	-	(22,579)	-	-	-	-	-	-
Brighton & Hove Specialist Advocacy	3,542	-	-	(3,542)	-	-	-	-	-	-
B&H Mental Health Advice and Information	12,815	-	(12,815)	-	-	-	-	-	-	-
Lighthouse Recovery Project	19,585	-	-	(19,585)	-	-	-	-	-	-
East Sussex Development	12,674	-	-	-	12,674	-	-	-	(6,318)	6,356
Brighton & Hove Mental Health Engagement	7,792	-	(7,792)	-	-	-	-	-	-	-
DWP - Employment Advice	93,201	-	(11,718)	-	81,483	247,000	247,000	247,000	(276,110)	52,373
B&H Advocacy Hub	52,479	-	(22,590)	-	29,889	204,100	204,100	204,100	(218,884)	15,105
East Sussex - Get Set To Go	3,743	-	-	-	3,743	-	-	-	-	3,743
Pace Setter (Practice Hope) Project	5,398	-	-	-	5,398	-	-	-	-	5,398
Lighthouse Community Roots Project	7,133	1,814	-	-	8,947	41,848	41,848	41,848	(42,706)	8,089
Brighton & Hove Mental Health Advice Service	31,957	-	(75,428)	43,471	-	-	-	-	-	-
East Sussex - Orbit	3,332	7,673	-	-	11,005	28,404	28,404	28,404	(21,355)	18,054
East Sussex CC - Men's Mental Health	-	16,465	-	-	16,465	72,940	72,940	72,940	(62,405)	27,000
Wellbeing in East Sussex LMGF	-	-	-	-	-	39,700	39,700	39,700	(25,072)	14,628
	276,230	25,952	(130,343)	(2,235)	169,604	633,992	633,992	633,992	(652,850)	150,746

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds	(Continued)
(a) Brighton and Hove IMHA Statutory advocacy service for people in B&H detained under the Mental Health Act. Funded by B&H CCG. Contract ended 30 June 2019.	
(b) Brighton and Hove Specialist Advocacy Advocacy services supporting adults in B&H using or seeking to use Adult Social Care and Health Independent Advocacy under the Care Act. Funded by B&H CCG. Contract ended 30 June 2019.	
(c) & (l) B&H Mental Health Advice and Information Provides advice and information on a range of local mental health and wellbeing services, mental health conditions and treatment options along with self-help and wellbeing support and resources. We transitioned our delivery to a new Mental Health Advice Service from September 2020 (which included funding from the Coronavirus Mental Health Response Fund received via national Mind). We have supported this service through investment of reserves since 2021 - see note 18 (e).	
(d) Lighthouse Recovery Project A partnership with Sussex Oakleaf and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder in B&H. Funded by CCG through Sussex Oakleaf as lead provider. Contract ended 30 September 2019.	
(e) East Sussex Development Funding from East Sussex Mind Shops Profit Share to invest in the development of Mind Services In East Sussex. This arrangement ended on 31 March 2021.	
(f) Brighton & Hove Mental Health Engagement Delivery of citywide engagement activity in B&H that enabled mental health service users to evidence and articulate their needs and ambitions and support co-ordinated solutions. We partnered with YMCA Downlink to expand our capacity to reach young people aged 16 to 25. Contract ended 31 March 2020.	
(g) DWP – B&H Employment Advice Employment advice includes support with job retention and securing employment, volunteering and learning opportunities for people accessing support through Talking Therapies. A pilot project run jointly by DWP and DHSC and delivered as part of the Brighton and Hove Wellbeing Service.	
(h) B&H Advocacy Hub – Sussex Advocacy Partnership Community Advocacy, IMHA and statutory advocacy services for people in Brighton and Hove. This is a partnership with POHWER, MindOut, Speak Out, SIS and Impact Initiatives which started on 1 July 2019. Funded by B&H CC and B&H CCG through POHWER as lead partner.	
(i) East Sussex – Get Set to Go A national Mind initiative with funding from Sport England and the National Football League supporting individuals in Hastings to access physical activity opportunities. Contract ended 31 October 2020.	

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

17 Restricted funds	(Continued)
(j) Pace Setter/Practice Hope A Primary Care Quality Improvement project in Brighton and Hove, supporting GPs to improve how they support young people with thoughts of suicide and self-harm. Contract ended 30 September 2020.	
(k) Lighthouse Community Roots A partnership with Southdown and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder diagnosis in B&H. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead partner. Contract started 1 October 2019.	
(l) Brighton and Hove Mental Health Advice Service see c) above	
(m1) East Sussex Orbit Local Mind partnership A partnership with a number of Local Minds around the country, provided wellbeing support to tenants of Orbit Housing in Hastings and surrounding areas. Funded by Orbit through Mind in Bexley as lead provider. Contract ended 28 February 2022.	
(m2) Orbit Breathing Space – Sussex Providing wellbeing support to Orbit tenants and local people across East Sussex, B&H and West Sussex. Funded by Orbit, the contract started 1 March 2022.	
(n1) East Sussex Men's Mental Health Community Development Engages with communities and individuals to empower men in the target age group who are experiencing or at risk of mental health problems or suicide. Funded by East Sussex County Council, contract started 1 April 2021.	
(n2) East Sussex Men's Training and Skills Provides training, workshops and resources to enable participants to develop skills to support men's mental health, to be alert to signs of suicide and connect people to appropriate support. Funded by East Sussex County Council, contract started January 2023.	
(o) Wellbeing in East Sussex Mental health promotion and wellbeing support in East Sussex, providing a range of activities and events to promote the emotional wellbeing and mental health of local communities and individuals. Funded via a donation from Riverstone until 31 March 2022 (see note 18) and since funded through a Local Mind Grant.	

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

18 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2021 £	Resources expended £	Transfers £	Balance at 1 April 2022 £	Movement in funds			Transfers £	Balance at 31 March 2023 £
					Incoming resources £	Resources expended £			
Designated Riverstone Donation	38,422	38,422	-	-	-	-	-	-	-
Designated Legacy	116,832	3,870	(43,471)	69,491	-	(69,491)	-	-	-
Brighton & Hove Risk Pool	34,724	-	-	34,724	-	-	-	-	34,724
Designated B&H Advocacy	-	-	26,121	26,121	-	-	-	-	26,121
Designated B&H Advice Service	-	-	-	-	1,242	(18,939)	150,000	150,000	132,303
	189,978	42,292	(17,350)	130,336	1,242	(88,430)	150,000	150,000	193,148

(a) Donation from Riverstone designated to fund the Wellbeing in East Sussex project until 31 March 2022. See note 17 (o).

(b) Legacy – the remainder of a legacy received in October 2019 to continue our B&H Mental Health Advice Service and for investment in our website and digital development. See note 17 (c).

(c) B&H Wellbeing Service end of contract shared risk pool

(d) Balances from B&H advocacy contracts which ended in June 2019 (note 17 (a) & (b)) to continue and maintain capacity in B&H advocacy in the event of the current contract being extended. See note 17 (h).

(e) Investment from reserves - to maintain capacity and continue our B&H Mental Health Advice Service. See note 17 (c).

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

19 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Current assets/(liabilities)	1,164,802	150,746	1,315,548	1,150,175	169,604	1,319,779
	<u>1,164,802</u>	<u>150,746</u>	<u>1,315,548</u>	<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>

20 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2023 £	2022 £
Aggregate compensation	<u>230,624</u>	<u>242,146</u>

The charity's key management personnel comprises of the Chief Executive Officer, Director of Operations and 4 Service Managers.

21 Cash generated from operations

	2023 £	2022 £
Deficit for the year	(4,231)	(56,296)
Adjustments for:		
Investment income recognised in statement of financial activities	(9,956)	(3,516)
Movements in working capital:		
(Increase) in debtors	(415)	(42,003)
Increase/(decrease) in creditors	7,506	(15,300)
(Decrease)/increase in deferred income	(17,865)	17,865
Cash absorbed by operations	<u>(24,961)</u>	<u>(99,250)</u>

22 Analysis of changes in net funds

The charity had no debt during the year.

Document Activity Report

Document Sent

Wed, 22 Nov 2023 18:26:36 GMT

Document Activity History

Document history shows most recent activity first

Date	Activity
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Accounts

REGISTERED COMPANY NUMBER: 03592375 (England and Wales)
REGISTERED CHARITY NUMBER: 1071434

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
MIND IN BRIGHTON AND HOVE



MIND IN BRIGHTON AND HOVE

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MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report is the combined Directors and Trustees' Report.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our Charitable Objects

The objects of the charity were amended by special resolution on 16 September 2019 and are:

a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition; and

b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

Our Vision

Our vision is of a society that promotes and protects good mental health for all and that treats people with experience of mental health issues fairly, positively, supportively and with respect.

Our Mission

Our mission is to provide a range of advice and information, advocacy and support services to empower anyone experiencing a mental health problem to live a full life and play a full part in society. We will also work to improve local services, raise awareness and promote mental health and wellbeing.

Our Values

Empowerment: we work for the empowerment of individuals and communities and support people to contribute meaningfully to the design and provision of services to enable positive change.

Innovation: we believe in seeking innovative responses to the needs of people with mental health issues, based on the initiatives that people want and that positively challenge the status quo.

Partnership: we work with individuals, groups and other organisations to achieve a more integrated system of mental health provision which builds resilience and wellbeing in the community.

Effectiveness: our skilled staff strive to meet the needs of the communities we serve with integrity and transparency.

Valuing Staff: we respect and value the experience and knowledge of our staff and volunteers. We value the diversity of our workforce and are committed to equality.

Social Justice: we are committed to social justice and recognise that inequality of opportunity is a major cause of mental health issues. We challenge stigma and discrimination wherever we find it and defend the human and civil rights of people with mental health issues.

Independence: our services are structurally independent from statutory organisations. Our services will be as free as possible from conflict of interest both in design and operation and our staff are free to act according to the wishes and needs of our service users.

Our Main Activities and Key Achievements:

Mental Health Advocacy Services:

- Community Mental Health Advocacy
- IMHA (Independent Mental Health Advocacy)
- ICAA (Independent Care Act Advocacy) and IHCAS (Independent Health Complaints Advocacy Service) in Brighton and Hove

Wellbeing Services:

- Mental Health Advice and Information,
- Employment Support and IAPT (Improving Access to Psychological Therapies) as part of Brighton and Hove Wellbeing Service

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

- Wellbeing and Mental Health Promotion
- Men's Mental Health and Community Development
- Peer support

Training:

- Mental Health Awareness
- Managing Mental Health in the Workplace
- Wellbeing and Resilience

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

OBJECTIVES AND ACTIVITIES

Significant activities

Advocacy Services:

Our mental health advocacy services have continued to provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate. The core aim of the services is to empower individuals by ensuring that they are fully informed and able to ascertain their options, enabling them to do as much for themselves as they can and ensuring that their views are central to the care and treatment they receive. The services are widely accessible accepting self referrals, referrals from other professionals, carers and other statutory and voluntary sector providers.

We provide advocacy services across West Sussex and Brighton and Hove. Our provision includes specific services for people subject to the Mental Health Act in Brighton and Hove and West Sussex (IMHA). We are a partner within the Sussex Advocacy Partnership in B&H which commenced in July 2019. Our partners are Speak Out, MindOut, Sussex Interpreting Service, Impact Initiatives and POHWER, as the lead partner.

The following table shows the number of clients supported by each advocacy service in 2022 with the comparative figures for 2021:

West Sussex Adult Advocacy:

	2022	2021
Adult Community Advocacy	601	536
IMHA	381	592
Total beneficiaries	982	1,128

Brighton and Hove Adult Advocacy:

	2022	2021
Adult Community Advocacy	434	372
IMHA	318	329
Total beneficiaries	752	701

Wellbeing Services:

Our open access Advice and Information Service, provided mental health advice and information to anyone living in Brighton and Hove as part of the Brighton and Hove Wellbeing Service (BWS), a partnership with Here, Sussex Partnership Foundation Trust and YMCA Downlink Group until August 2020.

We transitioned our delivery to a new Mental Health Advice Service in Brighton and Hove from September 2020 which included funding from the Coronavirus Mental Health Response Fund. This service provides advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues. It also provides signposting and support on accessing self-help and wellbeing resources, wellbeing information and self-help groups to support people who wish to identify their own strategies for looking after their mental health.

The following table shows the number of clients accessing advice and information in 2022 with the comparative figures for 2021:

	2022	2021
BWS Advice and Information		367 (April to August)
Advice Service	1,018	962 (Sep to Mar)

We also continue to deliver an Advice Service as part of the Brighton and Hove Wellbeing Service. The Employment Advisers in IAPT Services Initiative is a pilot project run jointly by Department for Work and Pensions and Department of Health and provided employment support to 771 people receiving treatment in IAPT during 2022 (2021 537). Employment advice includes support with job retention and securing employment, volunteering and learning opportunities.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

OBJECTIVES AND ACTIVITIES

Within IAPT, Mind in Brighton and Hove provided Step 2, low intensity treatment for people with mild to moderate depression or anxiety disorders, delivered by Psychological Wellbeing Practitioners (PWP's). The contract for this service ended on 31st August 2020.

Brighton and Hove Mental Health Promotion

We delivered a structured programme of activities and events to promote the emotional wellbeing and mental health of people living in B&H. The focus of the activities changed during 2019/2020 with a change in contract and since 1st October 2019 this service was part of the B&H Community Roots partnership. The contract for this ended on 31st March 2021 and during 2021 the service supported a total of 3153 participants.

Community Resource - Lighthouse Recovery Support at the Allen Centre

Within Lighthouse, a service for people with a diagnosis of personality disorder, our Community Resource Coordinator provided advice and information to individual members and workshops on topics such as resilience and addressing barriers to participating in the community. The contract for this ended on 31st December 2020 and there were 150 advice appointments in 2021.

Crawley and Horsham Peer Mentoring Service

We recruit, train and support peer mentors to empower mentees to make informed choices about their lives and set achievable goals within outcome focused support plans. Peer mentors are supported through one-to-one and group supervisions to reflect on their own personal recovery and how their experiences can positively influence the support they give to mentees. Each mentor/mentee match is time-limited with the aim of attaining specific goals as both mentors and mentees continue on their journey to recovery. In 2022 the service supported a total of 54 clients (109; 2021).

Peer Support - Lighthouse Recovery

Within Lighthouse, our Peer Support Coordinator recruits, trains and supports peer support volunteers and members to support and co-facilitate groups and activities. Since 1st October 2019 this service has been part of the B&H Community Roots partnership. Since March 2020 volunteering activity has been much reduced due to the pandemic, we had an average of 3 active volunteers who provided 127 hours of support (2021 average of 7 active volunteers, providing 7.5 hours of support).

Substance Misuse

Our service user participation project for Substance Misuse in B&H supported and facilitated service user and peer support groups across the city, developed links between regional and local service user groups, peer support, aftercare services and networks, and worked closely with service providers and commissioners. The contract for this ended on 30th September 2021 and during 2021 60 service users were supported to participate.

Pace Setter/Practice Hope Award

We were successful in securing funds to be involved in a new Primary Care Quality Improvement pilot project in Brighton and Hove. This project provided support, training and resources to 6 local GP surgeries to strengthen their capacity to provide appropriate, timely care and support to children and young people experiencing thoughts of suicide and/or self-harm. This contract ended on 30th September 2020.

Pathfinder West Sussex

As part of Pathfinder West Sussex, an Alliance of 10 providers, we develop and deliver targeted mental health support services across West Sussex. Targeted mental health services bridge the gap between universal health and wellbeing services and specialist mental health services. Mind in Brighton and Hove's West Sussex Community Advocacy, West Sussex IMHA and Crawley and Horsham Peer Mentoring services are within Pathfinder.

Wellbeing in East Sussex

We have continued to develop our Mental Health Promotion and Wellbeing support in East Sussex. We deliver a range of activities and events, to promote the emotional wellbeing and mental health of local communities and individuals. We also develop and deliver events to mark key mental health dates during the year such as Mental Health Awareness Week and World Mental Health Day. During 2022 the service supported a total of 2151 participants (2021 3106).

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

OBJECTIVES AND ACTIVITIES

Men's Mental Health Community Development

We successfully secured a grant to deliver a new Men's Mental Health pilot project in Hastings which aims to improve the mental health of men, particularly between 30-59 years of age, and to reduce suicide rates in East Sussex. We engage with communities and individuals to empower men in the target age group who are experiencing or are at risk of mental health problems, and to increase the provision of services and community self-help that aims to promote good mental health. The project commenced on 1st April 2021 and during the year engaged with 317 people.

Get Set to Go

We successfully secured funding through Mind's grant process for the Get Set to Go scheme 2019, a national Mind initiative with funding from Sport England and the National Football League, in partnership with Active Sussex, Sussex Cricket Foundation and Albion in the Community. This service supported 16 people in Hastings to access physical activity opportunities during 2021. This contract ended on 31st October 2020.

Orbit/Breathing Space

We successfully secured a 2-year contract starting 1st March 2020 to provide wellbeing support to tenants of Orbit Housing in East Sussex. This service was delivered as part of a partnership with other Local Minds in different areas with Mind in Bexley as the lead partner and this contract ended on 28th February 2022. We were successful with our tender proposal to secure a new contract directly with Orbit Housing to deliver wellbeing support to tenants and local people across East Sussex, Brighton & Hove and West Sussex, which commenced on 1st March 2022. During the year, we supported 88 people.

Training in Mind

We develop and deliver established training packages and create bespoke training, workshops and specialist talks for organisations focusing on Managing Mental Health in the Workplace, Mental Health Awareness and Wellbeing and Resilience training. We have adapted all our training courses to be delivered effectively face to face or remotely, to local organisations and employers.

Public benefit

Our main activities and who we aim to help are described below. All our charitable activities focus on empowering anyone experiencing a mental health problem to live a full life and play a full part in society and are undertaken to further our charitable purposes for the public benefit. We also work to improve local services, raise awareness and promote mental health and wellbeing.

Mind in Brighton and Hove's trustees confirm that the activities of the charity are carried out in line with its objectives for the benefit of the public. The impact of our work on our beneficiaries is a key criterion when deciding which activities to undertake and how best to achieve our mission. Mind in Brighton and Hove's trustees therefore confirm that they have complied with section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Volunteers

The organisation has benefited from the services of 35 volunteers (2021 50) and is extremely grateful for the contribution made by these individuals. Volunteers have undertaken roles as Peer Mentors in Crawley and Horsham, in our Brighton and Hove Mental Health Advice Service, at Lighthouse Recovery and in our Wellbeing in East Sussex projects.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

Mind in Brighton and Hove conducts its own fundraising activities. We do not commission professional fundraisers or commercial participators. The charity is not signed up to a voluntary fundraising regulation scheme or standard.

We do not directly monitor all fundraising activities performed on our behalf but we do provide guidance about expected standards and behaviour to individuals and organisations using our branded collection buckets etc. This guidance includes ensuring vulnerable people and the wider public are protected from behaviours which include; unreasonable intrusion on a person's privacy; unreasonable persistent methods to receive a donation; and undue pressure on a person to give a donation.

Mind in Brighton and Hove has not received any complaints about fundraising activities performed by the charity or anyone else on its behalf.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

FINANCIAL REVIEW

Financial position

The results for the year and the financial position of the charity at the year-end are shown in the financial statements on pages 17 and 18 with the accompanying notes to the accounts on pages 21 to 35.

There was an increase in unrestricted reserves of £50,329 to £1,150,174 at 31st March 2022 (2021 an increase of £112,638).

There was an decrease in restricted reserves of £106,625 to £169,605 at 31st March 2022 (2021 an increase of £46,012).

There was therefore an overall decrease in reserves for the year of £56,296 (2021 an increase of £158,650)

Expenditure was all spent on the delivery of Mind's charitable activities as outlined on pages 24 to 25, with the exception of the cost of fundraising as analysed in the Statement of Financial Activities and in the Notes to the accounts.

The movement in fixed assets for the year is set out in note 13 to the financial statements. The organisation is a Registered Charity and Company Limited by Guarantee and therefore no dividends are payable

The surplus/(deficit) is as a result of the following factors:

- We significantly exceeded our income targets in relation to fundraising donations.
- We had staffing changes and vacancies within a small number of our services.
- Some of our project budgets slightly underspent in areas such as staff travel and expenses relating to how service delivery needed to be adapted during the year due to the pandemic.
- A transfer of the remaining balance of a service contract that ended in September 2019 to unrestricted funds.
- We recognised a £10,000 legacy which we were due to receive in 2022/2023.

Future sustainability

Looking to the future, in 2022-2023 we face the potential end of our current B&H Employment Advice Service contract which is a significant proportion of our income and also the potential ending of 2 financially smaller contracts, which together creates some uncertainty for us beyond the year end.

While there are reasonable expectations that some of these contracts will be renewed or extended we have already undertaken preparation work including identifying the costs and contributions of each individual contract and scenario planning to ensure readiness in the event of any significant changes in contract income. This will help enable us to reduce expenditure in line with income if needed and to mitigate against the impact of contracts ending on the organisation.

We have also secured some contract extensions beyond 2023 and continue to research and bid for new funding, alongside identifying and building on income generation opportunities.

Trustees have agreed the use of some reserves to invest in the delivery and development of our Mental Health Advice Service over 2 years. If required, trustees will consider the use of reserves, where the level of reserves allow, to potentially invest and fund future service development and delivery in line with our strategic objectives.

Another external risk faced by the organisation post year end is the continued risk of the impact of the COVID-19 pandemic in particular on the health and wellbeing of staff and volunteers; challenges to face to face delivery and on funding and therefore to some extent on the organisation to fulfil its charitable objectives.

Throughout the pandemic we have monitored and adjusted organisational plans and priorities, ensuring risk assessments are regularly reviewed to address these. Where required, we have implemented significant adaptations to how we work and how we deliver our services to our beneficiaries, achieving our intention to continue to offer all our services throughout. We have monitored and worked in accordance with Public Health and Government guidance and legislation throughout and proactively planned and communicated any changes required.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

FINANCIAL REVIEW

Investment policy and objectives

Trustees make decisions regarding investments in accordance with our Ethical Fundraising and Investment Policy and Guidance. We do not invest in risk-bearing financial instruments. Nearly all of our financial assets are held in short-term cash accounts. Where practical, we aim to maintain account balances which do not exceed the FSA-protected amounts of £85,000.

Reserves policy

The Trustees regularly monitor and review the level of reserves, and the charity's Reserves Policy is reviewed on an annual basis by the Finance and Business Development Sub Committee for approval by the Board of Trustees. The charity's Reserves Policy sets out why the charity needs reserves and the level of reserves Trustees believe that the charity needs. The Board continues to review our investment of reserve funds in order to obtain the best returns.

It has been agreed that funds will continue to be designated in 2022 in respect of the remainder of the legacy received in October 2019 for investment to continue our B&H Mental Health Advice Service and for investment in our website and digital development, in accordance with our strategic objectives. In addition, a further investment from reserves has been designated to enable our Mental Health Advice Service to maintain its current capacity and extend its delivery to the end of March 2024. The balance of contracts from B&H advocacy contracts which ended in June 2019 have also been designated for use in delivering advocacy services in B&H in the event of the current contract being extended.

The Trustees are aware that the charity must balance the need to maintain its reserves against delivery of its charitable objects. The reserves policy continues to be to maintain sufficient reserves to give financial stability to the charity and to its activities in the context of a challenging funding environment. The Trustees continue to examine ways to ensure that our services represent value for money and to maintain the unrestricted reserves at a level to enable the charity to both manage the financial risks it faces and to flexibly fund future work to achieve its aims.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

FUTURE PLANS

During 2020 and 2021 we reviewed our strategic priorities and consulted with staff, people that use our services and stakeholders to help steer and develop our new strategy. We developed and implemented our current 3-year Strategic Business Plan in April 2021. We implement our Strategy through an Annual Business Plan which is approved and monitored by the Board of Trustees and Sub Committees.

Our Annual Business Plan for 2022/2023 reflects our 4 strategic objectives. Plans for 2022/2023 include:

Strategic Priority 1: Financial sustainability

- * Retain current contracts and maximise opportunities/best position MiBH to secure new contracts/funding.
- * Confirm service specification and develop evaluation framework for the Advice Service based on feedback, need and innovation.
- * Develop opportunities for online donations via our website and review options to maximise our fundraising
- * Training delivery - Identify gaps and review, develop and build on training materials/course options
- * Training delivery - Recruit/ increase internal training capacity and plan for promotion in place
- * Review our current arrangements for the Qualification in Advocacy (QIA) to ensure cost effectiveness/quality/ fit for purpose

Strategic Priority 2: Business Development and Innovation

- * Review our advocacy services to ensure we are best positioned to retain contracts and respond to future changes in the MHA
- * Develop and implement an organisational digital strategy using the NCVO digital & technology toolkit and taking national Mind digital consultation findings into account.
- * Implement and launch MiBH website incorporating Mind Brand refresh
- * Achieve/maintain Quality Marks: MQM and Advocacy QPM
- * Consider new approaches and partnerships to increase our reach across Sussex
- * Development, evaluation and delivery plan for the Breathing Space Project across Sussex
- * Development of delivery and evaluation plan for Wellbeing in ESx

Strategic Priority 3: Accessibility and inclusion

- * Review and analyse MiBH equalities monitoring information alongside relevant JSNA and make recommendations
- * Implement revised Influence and Participation Policy to improve our approach to involving people with lived experience
- * Review our membership offer for MiBH to increase our reach and diversify our membership
- * Develop annual plan and agreed actions for engaging with racialised communities and strengthening partnerships
- * Research and identify appropriate staff learning and development to enable all support to follow a trauma-informed care approach
- * Identify preferred equality and diversity learning and development opportunities for staff to increase awareness

Strategic Priority 4: Employer of choice

- * Review Policies and Procedures in accordance with annual policy schedule ensuring our approach continues to reflect a positive organisational culture and promotes workplace wellbeing
- * Review blended model of office and remote working in response to the pandemic
- * Ensure opportunities for cross team working are provided through learning & development, regular, professional team meetings and organisational days
- * Sign up to the Mental Health at Work commitment to improve the mental health and wellbeing of all staff
- * Living Wage - maintain and publicise commitment to ensuring all employees' salaries remain above B&H Living Wage rates

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Mind in Brighton and Hove is a charity and company limited by guarantee, incorporated on 3 July 1998 and the assets and liabilities of the charity were transferred on 1 October 1998 by a resolution passed at its extraordinary meeting held on 27 May 1998. The charity is governed by its Memorandum and Articles of Association as amended by special resolution on 16 September 2019.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and Appointment of New Trustees

Board of Trustees (Management Committee)

The directors of the company are also trustees of the charity for purposes of charity law. The appointment of the Trustees is set out in the Articles of Association, which requires there to be a minimum of 3 trustees. A range of methods are used to advertise trustee vacancies. Selected trustees are co-opted to the Board until the next AGM at which they are eligible for election. In addition to the honorary officers of Chair and Treasurer, the Board of Trustees also appoint the Company Secretary trustee. As with all staff and volunteers working for Mind in Brighton and Hove, all Trustees are checked with the Disclosure and Barring Service (DBS). The Board of Trustees includes people with experience in health and social care, commissioning, education, law, business and the charity sector.

Trustee Induction and Training

New trustees receive an induction pack including the governing document, trustee role description, key relevant policies and organisational information. A structured induction is provided over 2 sessions. Trustees are kept up to date through regular service and finance reports. Trustees are encouraged to attend learning & development and networking events organised by Mind and other external agencies.

Organisation Structure and Decision Making

The Trustees meet bi-monthly to determine policy and strategy, and to review and direct the charity's activities. The Finance and Business Development Sub Committee, comprising of Trustees and senior managers, meets bi-monthly alternating with Board meetings and makes recommendations to the Board on financial matters and fundraising plans and strategies. The day-to-day management of the charity is delegated to the Chief Executive Officer (CEO), who reports to the Trustees. In turn, the Director of Operations reports to the CEO.

Arrangements for Setting Pay and Remuneration of Key Management Personnel

The key management personnel are the CEO, Director of Operations and Service Managers. The salary for these posts are set and reviewed through benchmarking salaries for similar posts in comparable organisations, salaries for key management personnel are also considered in relation to the salaries of other posts in the organisation.

Relationship with Mind

The charity is one of a number of independent local charitable associations that are affiliated to Mind (the National Association for Mental Health; registered charity 219830). As a separate charity in its own right, the Mind in Brighton and Hove accounts are not consolidated into the Mind accounts. Mind assists the charity by providing networking opportunities with other local Minds, information, small grants opportunities and sharing policy advice and good practice to build capacity and good quality services. In turn Mind in Brighton and Hove assists national Mind by providing information about people's experiences, services, funding and local mental health policy and themes.

The charity is required to comply with the Mind Federation Agreement, including Mind brand guidelines and Mind's quality standards, the Mind Quality Mark, against which Mind in Brighton and Hove was reviewed by Mind and successfully re-achieved the Mind Quality Mark in August 2022. In the year the charity subscribed to the Mind block insurance policy.

Risk assessment

The Board of Trustees have overall responsibility for risk management and the Trustees review the analysis, assessment and management of risks on an annual basis in accordance with the charity's Risk Strategy and Policy. An annual risk register is maintained, reviewed and updated quarterly. The Trustees can therefore provide reasonable assurance that the major risks to which the charity is exposed have been reviewed and that plans are being developed to mitigate those risks to an acceptable level in its day-to-day operations.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03592375 (England and Wales)

Registered Charity number

1071434

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

Registered office

51 New England Street
Brighton
East Sussex
BN1 4GQ

Trustees

Deborah Fortescue (Interim Treasurer)
Laura Greenwood-Pearsons (Chair)
Frank Sims (resigned 30/11/2021)
Sarah Miles
Robin Penfold (Company Secretary)
Suzanne Farrell (resigned 28/6/2022)

Company Secretary

Robin Penfold

Auditors

Chariot House Limited
Chartered Accountants and Statutory Auditor
44 Grand Parade
Brighton
BN2 9QA

Principal Bankers

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Executive Director

Gillian Unsworth

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Mind In Brighton And Hove for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Chariot House Limited, will be considered for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 22/11/22..... and signed on its behalf by:


.....
Laura Greenwood-Pearsons - Trustee

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Opinion

We have audited the financial statements of Mind In Brighton And Hove (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MIND IN BRIGHTON AND HOVE

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.

We performed analytical procedures to identify any unusual or unexpected relationships that might indicate risks of material misstatement due to fraud.

We inspected the minutes of meetings of those charged with governance, and made direct enquiries of management and the board of trustees concerning the charity's policies and procedures relating to:

- * Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- * Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- * The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.

In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates were indicative of a potential bias, and tested significant transactions that were unusual or those outside the normal course of business.

We also

- " discussed and reviewed the charity's business model and forward planning to assess going concern
- " communicated applicable laws and regulations throughout the audit team and remained alert to any indications of non-compliance throughout the audit.
- " reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- " Carried out substantive testing on income and expenditure
- " Re-performed reconciliations of control accounts, and recalculating items such as depreciation

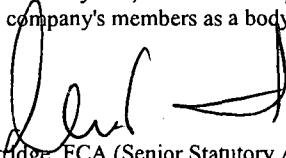
Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mark Partidge, FCA (Senior Statutory Auditor)
for and on behalf of Chariot House Limited
Chartered Accountants and Statutory Auditor
44 Grand Parade
Brighton
BN2 9QA

Date:

24th November 2022

MIND IN BRIGHTON AND HOVE**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	55,121	-	55,121	53,994
Charitable activities					
Advocacy Services		270,009	201,920	471,929	471,929
Wellbeing Services		89,667	376,650	466,317	805,273
Other trading activities	3	8,392	-	8,392	6,570
Investment income	4	3,516	-	3,516	5,308
Total		426,705	578,570	1,005,275	1,343,074
EXPENDITURE ON					
Charitable activities					
Advocacy Services	6	247,704	224,510	472,214	302,220
Wellbeing Services		125,467	458,451	583,918	877,391
Governance Costs		5,439	-	5,439	4,813
Total		378,610	682,961	1,061,571	1,184,424
NET INCOME/(EXPENDITURE)		48,095	(104,389)	(56,296)	158,650
Transfers between funds	16	2,235	(2,235)	-	-
Net movement in funds		50,330	(106,624)	(56,296)	158,650
RECONCILIATION OF FUNDS					
Total funds brought forward		1,099,845	276,230	1,376,075	1,217,425
TOTAL FUNDS CARRIED FORWARD		1,150,175	169,604	1,319,779	1,376,075

The notes form part of these financial statements

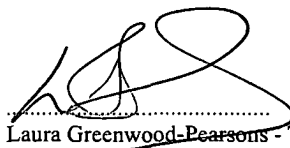
MIND IN BRIGHTON AND HOVE (REGISTERED NUMBER: 03592375)

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	14	61,523	-	61,523	19,520
Cash at bank and in hand		<u>1,138,579</u>	<u>169,604</u>	<u>1,308,183</u>	<u>1,403,917</u>
		1,200,102	169,604	1,369,706	1,423,437
CREDITORS					
Amounts falling due within one year	15	(49,927)	-	(49,927)	(47,362)
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
NET CURRENT ASSETS					
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
NET ASSETS					
		<u>1,150,175</u>	<u>169,604</u>	<u>1,319,779</u>	<u>1,376,075</u>
FUNDS	16				
Unrestricted funds				1,150,175	1,099,845
Restricted funds				<u>169,604</u>	<u>276,230</u>
TOTAL FUNDS				<u>1,319,779</u>	<u>1,376,075</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 22/11/22 and were signed on its behalf by:


Laura Greenwood-Pearsons - Trustee

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE**CASH FLOW STATEMENT**
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(99,250)</u>	<u>263,171</u>
Net cash (used in)/provided by operating activities		<u>(99,250)</u>	<u>263,171</u>
 Cash flows from investing activities			
Interest received		<u>3,516</u>	<u>5,308</u>
Net cash provided by investing activities		<u>3,516</u>	<u>5,308</u>
Change in cash and cash equivalents in the reporting period		(95,734)	268,479
Cash and cash equivalents at the beginning of the reporting period		<u>1,403,917</u>	<u>1,135,438</u>
 Cash and cash equivalents at the end of the reporting period		<u>1,308,183</u>	<u>1,403,917</u>

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(56,296)	158,650
Adjustments for:		
Interest received	(3,516)	(5,308)
(Increase)/decrease in debtors	(42,003)	111,493
Increase/(decrease) in creditors	<u>2,565</u>	<u>(1,664)</u>
Net cash (used in)/provided by operations	<u>(99,250)</u>	<u>263,171</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21 £	Cash flow £	At 31/3/22 £
Net cash			
Cash at bank and in hand	<u>1,403,917</u>	<u>(95,734)</u>	<u>1,308,183</u>
	<u>1,403,917</u>	<u>(95,734)</u>	<u>1,308,183</u>
Total	<u>1,403,917</u>	<u>(95,734)</u>	<u>1,308,183</u>

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Mind in Brighton and Hove meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Going Concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees consider that the Covid-19 pandemic is not likely to have a significant impact on the charity's core funding/contract income. The trustees regard any impact of the pandemic to be on our generated income such as that received from fundraising or training delivery rather than affecting the charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations

Donations are accounted for as received. In the event that a donation is subject to fulfilling performance conditions before the charity is entitled to the funds, the income is deferred until either those conditions are met in full, or their fulfilment is wholly within the control of the charity and it is probable that those conditions will be fulfilled by the reporting period.

Legacy income

The charity recognises residuary legacy income at the earlier date of receipt or when the executors have determined that a payment can be made following the agreement of the estate's accounts, or on notification by the executors that payment will be made. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Grant income; Income from charitable activities

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions and is recognised as earned. Grant funding included in this category provides funding to support activities and is recognised where there is entitlement, probability of receipt, and the amount can be measured with sufficient reliability.

Other income

Income from investments is recognised on a receivable basis.

Income from training courses are recognised as earned.

Income from events is only recognised in the year and period the event takes place. Until such time that the event takes place any such income is deferred to future periods.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES - continued

Income

Other incoming resources comprises one, off and irregular income recognised using the same criteria for voluntary income.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis including irrecoverable VAT and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Costs of generating funds is based on the cost of fundraising and activities for generating funds.

Costs of charitable activities is split over the main areas of Mind's activities in order to give an accurate estimation of the resources used by each activity.

Support costs include some salary costs, administrative expenses and depreciation. The costs are allocated on a ratio basis of each project's direct expenditure. It also includes costs previously shown as governance costs which comprise all costs associated with constitutional and statutory requirements.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation.

Equipment, which is mainly comprised of computer equipment, is depreciated on a straight line basis over 3 years.

Refurbishments and adaptations to the charity's leasehold premises are amortised on a straight line basis over the life of the lease.

The charity operates a capitalisation policy where items in excess of £1,000 are capitalised and written off as above.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

On 1st September 2015, the charity changed from the group personal pension scheme to a defined contribution scheme under the Government's Auto Enrolment pension reform for eligible staff where the employer contributes 5% or 3% subject to individual terms and conditions.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The declaration of compliance was successfully submitted to the Pension Regulator in October 2015 and our re-declaration of compliance submitted in May 2018, and again in September 2021, confirming that the charity had met the legal duties for auto enrolment.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Volunteers

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the Trustees' Annual Report.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	39,711	53,994
Gift aid	5,410	-
Legacies	<u>10,000</u>	<u>-</u>
	<u>55,121</u>	<u>53,994</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	2,290	482
Shop income	-	325
Training and Consultancy	<u>6,102</u>	<u>5,763</u>
	<u>8,392</u>	<u>6,570</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	<u>3,516</u>	<u>5,308</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2022**5. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	2022 £	2021 £
Grants	Advocacy Services	471,929	471,929
Grants	Wellbeing Services	466,317	805,273
		<u>938,246</u>	<u>1,277,202</u>

Grants received, included in the above, are as follows:

	2022 £	2021 £
Brighton & Hove City Council - B&H Substance Misuse	24,773	24,774
Brighton & Hove CCG - B&H Wellbeing Service	-	247,042
Brighton & Hove CCG - Employment Advice	239,000	232,000
West Sussex CCG's - Pathfinder Services, including WSX Community Advocacy, IMHA and Peer Mentoring	334,903	334,902
Department of Work and Pensions - Access to Work	3,059	-
POhWER - B&H Advocacy Hub	201,920	201,920
Mind (NAMH) - Get Set to Go	-	5,450
Southdown Housing Association - Lighthouse Community Roots	40,735	50,574
Mind in Bexley - Orbit Breathing Spaces	18,191	19,370
Orbit Group Ltd - Breathing Spaces Sussex	6,763	-
Mind (NAMH) - B&H Mental Health Advice	-	64,685
West Sussex Pathfinder Partners- Pathfinder website	-	3,775
Brighton & Hove CCG - B&H WB Service Risk Pool	-	34,724
Hastings Voluntary Action - Big Local Grant	-	1,000
Sussex Partnership NHS Trust	-	24,358
B&H City Council Mental Health Promotion - Community Roots	-	31,693
B&H CCG Mental Health Supported accommodation	-	935
East Sussex County Council - Men's Mental Health	68,902	-
	<u>938,246</u>	<u>1,277,202</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7) £	Support costs (see note 8) £	Totals £
Advocacy Services	472,214	-	472,214
Wellbeing Services	583,918	-	583,918
Governance Costs	-	5,439	5,439
	<u>1,056,132</u>	<u>5,439</u>	<u>1,061,571</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Staff costs	883,897	1,024,360
Other Direct Costs	44,492	39,160
Support Costs	117,388	100,763
Payments to Partners	10,355	15,328
	<u>1,056,132</u>	<u>1,179,611</u>

8. SUPPORT COSTS

	Governance costs
	£
Governance Costs	<u>5,439</u>

Support costs, included in the above, are as follows:

Governance costs

	2022 Governance Costs	2021 Total activities
	£	£
Auditors' remuneration	5,400	4,800
Other Governance costs	<u>39</u>	<u>13</u>
	<u>5,439</u>	<u>4,813</u>

9. AUDITORS' REMUNERATION

The charge for the Auditors' Remuneration inclusive of vat s made up as follows:

	2022	2021
	£	£
Audit Fees - current year	3,900	3,600
Audit Fees - underprovision in previous year	-	-
Audit Fees - non audit work (accounts preparation)	1,500	1,200

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

10. TRUSTEES' REMUNERATION AND BENEFITS - continued

Trustees' expenses

No trustee was reimbursed any expenses during the year (2021: None).

11. STAFF COSTS

The average monthly headcount during the year was 37 (2021: 43), equating to 31 full time equivalent (2021: 35).

The aggregate payroll costs in respect of these employees were :

	2022	2021
	£	£
Wages and Salaries	794,951	916,052
Social Security cost	61,350	76,519
Pension Costs	<u>27,596</u>	<u>31,789</u>
	<u>883,897</u>	<u>1,024,360</u>

The number of staff who were opted into the pension scheme as at 31 March 2022 was 29 (2021 : 29).

One employee received emoluments (excluding employers national insurance and pension contributions) in excess of £60,000 (2021 : one).

The charity considers its key management personnel comprises the Trustees, Chief Executive Officer, Operations Director and 4 Service Managers. Total employment benefits (including employers national insurance and pension contributions) for its key management personnel were £242,146 (2021 : £265,928).

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	53,994	-	53,994
Charitable activities			
Advocacy Services	270,009	201,920	471,929
Wellbeing Services	128,166	677,107	805,273
Other trading activities	6,245	325	6,570
Investment income	<u>5,308</u>	<u>-</u>	<u>5,308</u>
Total	<u>463,722</u>	<u>879,352</u>	<u>1,343,074</u>
EXPENDITURE ON			
Charitable activities			
Advocacy Services	134,578	167,642	302,220
Wellbeing Services	211,693	665,698	877,391
Governance Costs	<u>4,813</u>	<u>-</u>	<u>4,813</u>
Total	<u>351,084</u>	<u>833,340</u>	<u>1,184,424</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2022**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME	112,638	46,012	158,650
RECONCILIATION OF FUNDS			
Total funds brought forward	987,207	230,218	1,217,425
TOTAL FUNDS CARRIED FORWARD	<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>

13. TANGIBLE FIXED ASSETS

	Short leasehold £	Fixtures and fittings £	Totals £
COST			
At 1 April 2021 and 31 March 2022	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
DEPRECIATION			
At 1 April 2021 and 31 March 2022	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
NET BOOK VALUE			
At 31 March 2022	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2021	<u>-</u>	<u>-</u>	<u>-</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	47,569	-
Grants receivable	-	450
Other debtors	10,000	2,641
Prepayments	<u>3,954</u>	<u>16,429</u>
	<u>61,523</u>	<u>19,520</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022****15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2022	2021
	£	£
Trade creditors	3,222	12,589
Social security and other taxes	15,833	20,234
Other creditors	-	1,900
Accrued expenses	13,007	12,639
Deferred income	<u>17,865</u>	<u>-</u>
	<u>49,927</u>	<u>47,362</u>

16. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	909,867	90,387	19,585	1,019,839
Designated Riverstone Donation	38,422	(38,422)	-	-
Designated Legacy	116,832	(3,870)	(43,471)	69,491
Brighton & Hove Risk Pool	34,724	-	-	34,724
Designated B&H Advocacy	<u>-</u>	<u>-</u>	<u>26,121</u>	<u>26,121</u>
	1,099,845	48,095	2,235	1,150,175
Restricted funds				
Brighton & Hove IMHA	22,579	-	(22,579)	-
Brighton & Hove Specialist Advocacy	3,542	-	(3,542)	-
B&H Mental Health Advice and Information	12,815	(12,815)	-	-
Lighthouse Recovery Project	19,585	-	(19,585)	-
East Sussex Development	12,674	-	-	12,674
Brighton & Hove Mental Health Engagement	7,792	(7,792)	-	-
Department of Work and Pensions - Employment Advice	93,201	(11,718)	-	81,483
B&H Advocacy Hub	52,479	(22,590)	-	29,889
East Sussex - Get Set To Go	3,743	-	-	3,743
Pace Setter (Practice Hope) Project	5,398	-	-	5,398
Lighthouse Community Roots Project	7,133	1,814	-	8,947
Brighton & Hove Mental Health Advice Service	31,957	(75,428)	43,471	-
East Sussex - Orbit	3,332	7,673	-	11,005
East Sussex County Council - Men's Mental Health	<u>-</u>	<u>16,465</u>	<u>-</u>	<u>16,465</u>
	<u>276,230</u>	<u>(104,391)</u>	<u>(2,235)</u>	<u>169,604</u>
TOTAL FUNDS	<u>1,376,075</u>	<u>(56,296)</u>	<u>-</u>	<u>1,319,779</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022****16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	426,706	(336,319)	90,387
Designated Riverstone Donation	-	(38,422)	(38,422)
Designated Legacy	-	(3,870)	(3,870)
	426,706	(378,611)	48,095
Restricted funds			
B&H Mental Health Advice and Information	-	(12,815)	(12,815)
Brighton & Hove Mental Health Engagement	-	(7,792)	(7,792)
Department of Work and Pensions - Employment Advice	239,000	(250,718)	(11,718)
B&H Advocacy Hub	201,920	(224,510)	(22,590)
Lighthouse Community Roots Project	40,735	(38,921)	1,814
Brighton & Hove Mental Health Advice Service	-	(75,428)	(75,428)
East Sussex - Orbit	24,953	(17,280)	7,673
West Sussex Community	3,059	(3,059)	-
East Sussex County Council - Men's Mental Health	68,902	(52,437)	16,465
	578,569	(682,960)	(104,391)
TOTAL FUNDS	<u>1,005,275</u>	<u>(1,061,571)</u>	<u>(56,296)</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2022**16. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	800,126	109,741	909,867
Designated Riverstone Donation	70,249	(31,827)	38,422
Designated Legacy	116,832	-	116,832
Brighton & Hove Risk Pool	-	34,724	34,724
	987,207	112,638	1,099,845
Restricted funds			
Brighton & Hove IMHA	22,579	-	22,579
Brighton & Hove Specialist Advocacy	3,542	-	3,542
B&H Mental Health Advice and Information	12,815	-	12,815
Lighthouse Recovery Project	19,585	-	19,585
Mental Health Promotion - Community Roots	4,317	(4,317)	-
East Sussex Development	12,349	325	12,674
Brighton & Hove Mental Health Engagement	7,887	(95)	7,792
Department of Work and Pensions - Employment Advice	82,980	10,221	93,201
B&H Advocacy Hub	18,201	34,278	52,479
East Sussex - Get Set To Go	14,507	(10,764)	3,743
Pace Setter (Practice Hope) Project	31,361	(25,963)	5,398
Lighthouse Community Roots Project	95	7,038	7,133
Brighton & Hove Mental Health Advice Service	-	31,957	31,957
East Sussex - Orbit	-	3,332	3,332
	230,218	46,012	276,230
TOTAL FUNDS	<u>1,217,425</u>	<u>158,650</u>	<u>1,376,075</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022****16. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	428,998	(319,257)	109,741
Designated Riverstone Donation	-	(31,827)	(31,827)
Brighton & Hove Risk Pool	34,724	-	34,724
	463,722	(351,084)	112,638
Restricted funds			
B&H Wellbeing Service	271,400	(271,400)	-
Mental Health Promotion - Community Roots	31,693	(36,010)	(4,317)
East Sussex Development	325	-	325
Brighton & Hove Mental Health Engagement	-	(95)	(95)
Department of Work and Pensions - Employment Advice	232,000	(221,779)	10,221
B&H Advocacy Hub	201,920	(167,642)	34,278
East Sussex - Get Set To Go	5,450	(16,214)	(10,764)
Pace Setter (Practice Hope) Project	-	(25,963)	(25,963)
Lighthouse Community Roots Project	50,574	(43,536)	7,038
Hastings Voluntary Action - Big Local Grant	1,000	(1,000)	-
Brighton & Hove Mental Health Advice Service	64,685	(32,728)	31,957
East Sussex - Orbit	19,370	(16,038)	3,332
Brighton & Hove Mental Health supported accommodation	935	(935)	-
	879,352	(833,340)	46,012
TOTAL FUNDS	1,343,074	(1,184,424)	158,650

FUND DETAILS**1. Advocacy Services****(a) West Sussex Community Advocacy**

Advocacy service for people in the community with mental health issues, provided across West Sussex in community and in-patient settings. Funded by West Sussex CCGs and part of the Pathfinder West Sussex contract.

(b) West Sussex Independent Mental Health Advocacy (IMHA)

Statutory advocacy service for people detained by the Mental Health Act in West Sussex. Funded by West Sussex CCGs and part of the Pathfinder West Sussex contract.

(c) Sussex Advocacy Partnership

Community Advocacy, IMHA and statutory advocacy services for people in Brighton and Hove. This is a partnership with POHWER, MindOut, Speak Out, SIS and Impact Initiatives which started on 1st July 2019. Funded by B&H CC and B&H CCG through POHWER as lead partner.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2022**

16. MOVEMENT IN FUNDS - continued

2. Wellbeing Services

(a) Brighton and Hove Wellbeing Service

Mind in Brighton and Hove delivered Advice and Information, Employment Advice and Step 2 of Improving Access to Psychological Therapies (IAPT) as part of the B&H Wellbeing Service until the contract ended on 31st August 2020.

(b) Brighton and Hove Advice Service

Provides advice and information on a range of local mental health and wellbeing services, mental health conditions and treatment options along with self-help and well-being support and resources.

We transitioned our delivery to a new Mental Health Advice Service from September 2020 which included funding from the Coronavirus Mental Health Response Fund received via national Mind.

(c) Brighton and Hove Employment Advice

Employment advice includes support with job retention and securing employment, volunteering and learning opportunities for people accessing support in IAPT. A pilot project run jointly by DWP and DH and delivered as part of the Brighton and Hove Wellbeing Service.

(d) Brighton and Hove Substance Misuse Service User Involvement

Developed and supported substance misuse service user groups locally, promoted engagement in treatment and planning of substance misuse services and facilitated peer support. Funded by B&H City Council and this contract ended on 30th Sept 2021.

(e) Crawley and Horsham Peer mentoring

Provides support for people with mental health issues in Crawley and Horsham through matching them with appropriate volunteer peer mentors to help them achieve their personal goals and reduce social isolation. Funded by West Sussex CCGs and part of the Pathfinder West Sussex contract.

(f) Wellbeing in East Sussex

Mental health promotion and wellbeing support in East Sussex, providing a range of activities and events to promote the emotional wellbeing and mental health of local communities and individuals. Funded via a donation from Riverstone until 31st March 2022.

(g) Pace Setter/Practice Hope

A Primary Care Quality Improvement project in Brighton and Hove, supporting GPs to improve how they support young people with thoughts of suicide and self-harm. This contract ended on 30th September 2020.

(h) Get Set to Go

A national Mind initiative with funding from Sport England and the National Football League supporting individuals in Hastings to access physical activity opportunities. This contract ended on 31st October 2020.

(i) Brighton and Hove Lighthouse Recovery

A partnership with Southdown and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder diagnosis in B&H. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead partner. The contract started on 1st October 2019.

(j) Brighton and Hove Mental Health Promotion

Delivered activities and events to promote the emotional wellbeing and mental health of people living in B&H. Delivered as part of the Community Roots partnership and funded by B&H CCG through Southdown as lead provider. This contract ended on 31st March 2021.

(k) East Sussex Orbit Local Mind partnership

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2022**

16. MOVEMENT IN FUNDS - continued

A partnership with a number of Local Minds around the country, provided wellbeing support to tenants of Orbit Housing in Hastings and surrounding areas. Funded by Orbit through Mind in Bexley as lead provider. This contract ended on 28th February 2022.

(l) Orbit Breathing Space - Sussex

Providing wellbeing support to Orbit tenants and local people across East Sussex, B&H and West Sussex. Funded by Orbit and the contract started on 1st March 2022.

(m) East Sussex Men's Mental Health Community Development.

Engages with communities and individuals to empower men in the target age group who are experiencing or at risk of mental health problems or suicide. Funded by East Sussex County Council and the contract started on 1st April 2021.

FUND DETAILS (DESIGNATED)

(a) Riverstone donation - to continue the delivery of Wellbeing in East Sussex project.

(b) Legacy - the remainder of the legacy received in October 2019 to continue our B&H Mental Health Advice Service and for investment in our website and digital development in accordance with our strategic objectives.

(c) Continue to designate the B&H Wellbeing Service end of contract shared risk pool.

(d) The balance of contracts from B&H advocacy contracts which ended in June 2019 to continue and maintain capacity in B&H advocacy in the event of the current contract being extended.

17. EMPLOYEE BENEFIT OBLIGATIONS

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. Contributions to the scheme totalled £27,596 (2021; £31,789). The cost is split between unrestricted and restricted funds in line with the allocation of gross salaries.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

19. MEMBERS

Mind in Brighton and Hove is a charitable company, limited by guarantee, registered in England and Wales, and has no share capital. No one member has overall control of the company.

In accordance with Clause 8 of the Memorandum of Association every member is liable to contribute a sum of up to £1 in the event of the company being wound up.

The company's registered number and registered office address can be found in the 'Legal and Administrative Information' section of the accounts.

MIND IN BRIGHTON AND HOVE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	39,711	53,994
Gift aid	5,410	-
Legacies	<u>10,000</u>	<u>-</u>
	55,121	53,994
Other trading activities		
Fundraising events	2,290	482
Shop income	-	325
Training and Consultancy	<u>6,102</u>	<u>5,763</u>
	8,392	6,570
Investment income		
Deposit account interest	3,516	5,308
Charitable activities		
Grants	<u>938,246</u>	<u>1,277,202</u>
Total incoming resources	1,005,275	1,343,074
EXPENDITURE		
Charitable activities		
Wages	795,457	1,024,360
Social security	60,990	-
Pensions	27,450	-
Other Direct Costs	44,492	39,160
Support Costs	117,388	100,763
Payments to Partners	<u>10,355</u>	<u>15,328</u>
	1,056,132	1,179,611
Support costs		
Governance costs		
Auditors' remuneration	5,400	4,800
Other Governance costs	<u>39</u>	<u>13</u>
	5,439	4,813
Total resources expended	<u>1,061,571</u>	<u>1,184,424</u>
Net (expenditure)/income	<u>(56,296)</u>	<u>158,650</u>

This page does not form part of the statutory financial statements

Accounts

REGISTERED COMPANY NUMBER: 03592375 (England and Wales)
REGISTERED CHARITY NUMBER: 1071434

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021
FOR
MIND IN BRIGHTON AND HOVE

MIND IN BRIGHTON AND HOVE

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FOR THE YEAR ENDED 31 MARCH 2021

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MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report is the combined Directors and Trustees' Report.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

OBJECTIVES AND ACTIVITIES

Our Charitable Objects

The objects of the charity were amended by special resolution on 16 September 2019 and are:

- a) to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition; and
- b) to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination.

Our Vision

Our vision is of a society that promotes and protects good mental health for all and that treats people with experience of mental health issues fairly, positively, supportively and with respect.

Our Mission

Our mission is to provide a range of advice and information, advocacy and support services to empower anyone experiencing a mental health problem to live a full life and play a full part in society. We will also work to improve local services, raise awareness and promote mental health and wellbeing.

Our Values

Empowerment: we work for the empowerment of individuals and communities and support people to contribute meaningfully to the design and provision of services to enable positive change.

Innovation: we believe in seeking innovative responses to the needs of people with mental health issues, based on the initiatives that people want and that positively challenge the status quo.

Partnership: we work with individuals, groups and other organisations to achieve a more integrated system of mental health provision which builds resilience and wellbeing in the community.

Effectiveness: our skilled staff strive to meet the needs of the communities we serve with integrity and transparency.

Valuing Staff: we respect and value the experience and knowledge of our staff and volunteers. We value the diversity of our workforce and are committed to equality.

Social Justice: we are committed to social justice and recognise that inequality of opportunity is a major cause of mental health issues. We challenge stigma and discrimination wherever we find it and defend the human and civil rights of people with mental health issues.

Independence: our services are structurally independent from statutory organisations. Our services will be as free as possible from conflict of interest both in design and operation and our staff are free to act according to the wishes and needs of our service users.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

Our Main Activities and Key Achievements:

Mental Health Advocacy Services:

- Community Mental Health Advocacy
- IMHA (Independent Mental Health Advocacy)
- ICAA (Independent Care Act Advocacy) and IHCAS (Independent Health Complaints Advocacy Service) in Brighton and Hove

Wellbeing Services:

- Mental Health Advice and Information, Employment Support and Step 2 IAPT (Improving Access to Psychological Therapies) as part of Brighton and Hove Wellbeing Service
- Mental Health Promotion in Brighton and Hove and East Sussex
- Peer Support
- Service User Engagement Projects

Training:

- Mental Health Awareness
- Managing Mental Health in the Workplace
- Wellbeing and Resilience

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

ACTIVITIES AND ACHIEVEMENTS

Advocacy Services:

Our mental health advocacy services have continued to provide individuals with information on services and treatment, space to review and discuss their options and support to self advocate. The core aim of the services is to empower individuals by ensuring that they are fully informed and able to ascertain their options, enabling them to do as much for themselves as they can and ensuring that their views are central to the care and treatment they receive. The services are widely accessible accepting self referrals, referrals from other professionals, carers and other statutory and voluntary sector providers.

We provide advocacy services across West Sussex and Brighton and Hove. Our provision includes specific services for people subject to the Mental Health Act in Brighton and Hove and West Sussex (IMHA). The provision of an advocacy service for children and young people in West Sussex ended in April 2019.

In Brighton and Hove, our partnership delivering Specialist Advocacy, comprised of: Possability People, Brighton and Hove Impetus, Age UK Brighton and Hove and Speak Out ended in June 2019 along with the partnership with MindOut to deliver a Lesbian, Gay, Bisexual and Transgender (LGBT) service.

We were successful in securing new advocacy contracts to deliver advocacy services in B&H as part of the Sussex Advocacy Partnership which commenced in July 2019. Our partners are Speak Out, MindOut, Sussex Interpreting Service, Impact Initiatives and POhWER as the lead partner.

The following table shows the number of clients supported by each advocacy service in 2021 with the comparative figures for 2020:

West Sussex Adult Advocacy:

	2021	2020
Adult Community Advocacy	536	769
IMHA	592	567
Total beneficiaries	1,128	1,336

Brighton and Hove Adult Advocacy:

	2021	2020
Adult Community Advocacy	372	553
Specialist Advocacy	-	48
LGBT Advocacy	-	83
IMHA	329	356
Total beneficiaries	701	1,040

Children and Young People's (CYP) Advocacy:

	2021	2020
West Sussex CYP Advocacy	-	16

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

ACTIVITIES AND ACHIEVEMENTS (cont)

Wellbeing Services:

Brighton and Hove Wellbeing Service

In collaboration with Here, Sussex Partnership Foundation Trust and YMCA Downlink Group we provide an integrated primary care and IAPT (Improving Access to Psychological Therapies) service and Community Wellbeing Services for Brighton and Hove.

Our open access Advice and Information Service is part of the Brighton and Hove Wellbeing Service (BWS), providing advice and information to anyone living in Brighton and Hove, including: web based information, telephone and face to face advice service from our main office, information talks and information and advice at a range of outreach venues across the City.

The contract for the Advice and Information Service ended on 31st August 2020 and we were successful with a bid to the Coronavirus Mental Health Response Fund, securing funding to transition our delivery to a new Mental Health Advice Service in Brighton and Hove. This service provides advice and information on local mental health and wellbeing services, mental health conditions and treatment options, along with a wide range of other mental health related issues. It also provides signposting and support on accessing self-help and wellbeing resources, wellbeing information and self-help groups to support people who wish to identify their own strategies for looking after their mental health

The following table shows the number of clients accessing advice and information in 2021 with the comparative figures for 2020:

BWS Advice and Information

	2021	2020
Total Beneficiaries	367 (Apr to Aug)	1,386
Mental Health Advice Service	962 (Sep to Mar)	

In addition to advice and information we deliver an Employment Advice Service and Step 2 of IAPT within the Brighton and Hove Wellbeing Service.

We deliver the Employment Advisers in IAPT Services Initiative, a pilot project run jointly by Department for Work and Pensions and Department of Health and provided employment support to 537 people receiving treatment in IAPT during 2021 (2020 557). Employment support includes support with job retention and securing employment, volunteering and learning opportunities.

NICE (National Institute for Health and Care Excellence) recommends particular psychological therapies as first choice interventions for depression and anxiety disorders, delivered based on a stepped care model, which works according to the principle that people should be offered the least intrusive intervention appropriate for their needs first. Mind in Brighton and Hove provides Step 2, low intensity treatment for people with mild to moderate depression or anxiety disorders, delivered by Psychological Wellbeing Practitioners (PWP's). The contract for this service ended on 31st August 2020.

Brighton and Hove Mental Health Promotion

We deliver a structured programme of activities and events to promote the emotional wellbeing and mental health of people living in Brighton and Hove. The focus of the activities changed during 2019/2020 with a change in contract and since 1st October 2019 this service has been part of the B&H Community Roots partnership. During 2021 the service supported a total of 3153 participants (2020 1053).

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

ACTIVITIES AND ACHIEVEMENTS (cont)

Community Resource - Lighthouse Recovery Support at the Allen Centre

Within Lighthouse, a service for people with a diagnosis of personality disorder, our Community Resource Coordinator provides advice and information to individual members and workshops on topics such as resilience and addressing barriers to participating in the community. There was a change in contract during 2019/2020 and our Community Resource Service at Lighthouse ended on 31 December 2020. There were 150 advice appointments in 2021 (2020: 152 appointments).

Peer Support:

Crawley and Horsham Peer Mentoring Service

We recruit, train and support peer mentors to empower mentees to make informed choices about their lives and set achievable goals within outcome focused support plans. Peer mentors are supported through one-to-one and group supervisions to reflect on their own personal recovery and how their experiences can positively influence the support they give to mentees. In 2021 the service supported a total of 109 clients (2020: 111). Each mentor/mentee match is time-limited with the aim of attaining specific goals as both mentors and mentees continue on their journey to recovery.

Peer Support - Lighthouse Recovery Support at the Allen Centre

We recruit, train and support peer support volunteers to work within Lighthouse co-facilitating groups and activities. The focus of the activities changed during 2019/2020 with a change in contract and since 1st October 2019 this service has been part of the B&H Community Roots partnership. In 2021 volunteering activity was much reduced due to the pandemic, we had an average of 7 active volunteers supporting the Lighthouse Community Programme who provided 7.5 hours of support (2020 average of 7 active volunteers, providing a total of 435 hours of support).

Service User Engagement:

Brighton and Hove Mental Health Engagement

This service facilitates the engagement of people aged 16 plus with lived experience of mental health issues in Brighton and Hove. During 2021, 127 people with lived experience of mental health issues were directly involved in consultation and engagement activities (2020: 127). We partner with YMCA Downlink Group to expand our capacity to reach young people, 16 to 25. This contract ended on 31st March 2020.

Substance Misuse

Our Service User Participation Project for Substance Misuse in Brighton and Hove supports and facilitates service user and peer support groups across the city, develops links between regional and local service user groups, peer support, aftercare services and networks, and works closely with all service providers and commissioners in Brighton and Hove. During 2021 although opportunities for engagement were impacted by the pandemic 60 service users (2020: 417) accessed forums, focus groups and other activities.

Pace Setter/Practice Hope Award

We were successful in securing funds to be involved in a new Primary Care Quality Improvement pilot project in Brighton and Hove. This project provides support, training and resources to 6 local GP surgeries to strengthen their capacity to provide appropriate, timely care and support to children and young people experiencing thoughts of suicide and/or self-harm. This contract ended on 30th September 2020.

Pathfinder West Sussex (Targeted Mental Health Support Services)

As part of Pathfinder West Sussex, an Alliance of 10 providers, we develop and deliver targeted mental health support services across West Sussex. Targeted mental health services bridge the gap between universal health and wellbeing services and specialist mental health services.

Mind in Brighton and Hove delivers Community Advocacy, IMHA Advocacy and Peer Mentoring services within Pathfinder and our lead responsibility for Pathfinder website and communications ended on 31st March 2020.

ACTIVITIES AND ACHIEVEMENTS (cont)

Training in Mind

We develop and deliver established training packages and create bespoke training and workshops for organisations focusing on Managing Mental Health in the Workplace, Mental Health Awareness and Resilience training. During the year we adapted all our face to face training courses to be delivered remotely to local organisations and employers.

Wellbeing in East Sussex

During the year we have continued to develop our Mental Health Promotion and Wellbeing support in East Sussex. We deliver a range of activities and events to promote the emotional wellbeing and mental health of local communities and individuals. We adapted how we engaged with people and groups and developed a series of Wellbeing Tips sheets to support health and wellbeing during the pandemic. During 2021 the service supported a total of 3106 participants (2020; 806).

Get Set to Go

We successfully secured funding through national Minds grant process for the Get Set to Go scheme 2019, a national Mind initiative with funding from Sport England and the National Football League, in partnership with Active Sussex, Sussex Cricket Foundation and Albion in the Community. This service supported 16 people in Hastings, to access physical activity opportunities during 2021 (2020; 112). This contract ended on 31st October 2020.

Orbit/Breathing Space

We successfully secured a 2 year contract starting 1st March 2020 to provide wellbeing support to tenants of Orbit Housing in East Sussex. This service is in part of a partnership with other Local Minds in different areas with Mind in Bexley as the lead partner.

Public benefit

Our main activities and who we aim to help are described below. All our charitable activities focus on empowering anyone experiencing a mental health problem to live a full life and play a full part in society and are undertaken to further our charitable purposes for the public benefit.

Mind in Brighton and Hove's trustees confirm that the activities of the charity are carried out in line with its objectives for the benefit of the public. The impact of our work on our beneficiaries is a key criterion when deciding which activities to undertake and how best to achieve our mission. Mind in Brighton and Hove's trustees therefore confirm that they have complied with section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Volunteers

The organisation has benefited from the services of 50 volunteers (2020 48) and is extremely grateful for the contribution made by these individuals. Volunteers have undertaken roles as Peer Mentors in Crawley and Horsham, in the Brighton and Hove Mental Health Advice and Information Service, at Lighthouse Recovery Support, Get Set to Go and in the Wellbeing in East Sussex projects.

Fundraising activities

Mind in Brighton and Hove conducts its own fundraising activities. We do not commission professional fundraisers or commercial participators. The charity is not signed up to a voluntary fundraising regulation scheme or standard.

We do not directly monitor all fundraising activities performed on our behalf but we do provide guidance about expected standards and behaviour to individuals and organisations using our branded collection buckets etc. This guidance includes ensuring vulnerable people and the wider public are protected from behaviours which include; unreasonable intrusion on a person's privacy; unreasonable persistent methods to receive a donation; and undue pressure on a person to give a donation.

Mind in Brighton and Hove has not received any complaints about fundraising activities performed by the charity or anyone else on its behalf.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW

Financial position

The results for the year and the financial position of the charity at the year-end are shown in the financial statements on pages 17 and 18 with the accompanying notes to the accounts on pages 21 to 35.

There was an increase in unrestricted reserves of £112,638 to £1,099,845 at 31st March 2021 (2020 an increase of £95,920). There was an overall increase in restricted reserves of £46,012 to £276,230 at 31st March 2021 (2020 an increase of £70,161).

There was therefore an overall increase in reserves for the year of £158,650 (2020 an increase of £166,081).

Expenditure was all spent on the delivery of Mind's charitable activities as outlined on pages 24 to 25, with the exception of the cost of fundraising as analysed in the Statement of Financial Activities and in the Notes to the accounts.

The movement in fixed assets for the year is set out in note 13 to the financial statements. The organisation is a registered charity and company limited by guarantee and therefore no dividends are payable.

The surplus is as a result of three main factors:

- We significantly exceeded our generated income targets in relation to fundraising donations
- We had staffing changes and vacancies within our Management Team and staff turnover in our Brighton and Hove and West Sussex Advocacy services
- Some of our project budgets underspent in areas such as staff travel and expenses relating to how service delivery needed to be adapted during the pandemic

Future sustainability

Looking to the future, in 2021/2022 we face the end of our B&H Employment Advice Service and the potential end of our current contracts for West Sussex Pathfinder services, both of which are a significant proportion of our income and the potential ending of some smaller contracts, which together creates some uncertainty for us beyond the year end.

While there are reasonable expectations that some of these contracts will be renewed or extended we have undertaken preparation work including identifying the costs and contributions of each individual contract and scenario planning to ensure readiness in the event of any significant changes in contract income. This will help enable us to reduce expenditure in line with income if needed and to mitigate against the impact of this on the organisation.

If required, trustees will give consideration to the use of reserves where the level of reserves allow, to potentially invest and fund future service development and delivery in line with its strategic objectives. Another external risk faced by the organisation post year end is the continued risk of the impact of the COVID-19 pandemic in particular on the health and wellbeing of staff and volunteers; on funding and therefore on the organisation to fulfil its charitable objectives.

Throughout the pandemic we have monitored and adjusted organisational plans and priorities to take these risks into account and ensure risk assessments and plans are developed and regularly reviewed to address these. We have identified and implemented significant adaptations to how we work and how we deliver our services to our beneficiaries. We have monitored and worked in accordance with Government guidance and legislation throughout and proactively communicated changes required to people accessing support. We have achieved our intention to continue to offer all our services throughout, although needing to deliver these in a different way for some periods during the pandemic.

We continued to offer all our services via telephone, text, email and online support and made changes to our telephone and IT systems and procedures to enable this. We have developed new approaches to promoting awareness of mental health and wellbeing and adapted our services to be delivered in a different way by making use of digital technology. We are grateful for the opportunity to access the Emergency IT grant available through national Mind which we benefited from during the year.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

FINANCIAL REVIEW (cont)

Our longer term current contract income remains secure at present, but we face some ongoing challenges to income generated through activities such as training delivery which were significantly impacted due to the pandemic and restrictions during the year and have developed plans to mitigate against this going forwards.

Investment policy and objectives

Trustees make decisions regarding investments in accordance with the charity's Ethical Fundraising and Investment Policy and Guidance. We do not invest in risk-bearing financial instruments. Nearly all of our financial assets are held in short-term cash accounts. Where practical, we aim to maintain account balances which do not exceed the FSA-protected amounts of £85,000.

Reserves policy

The Trustees regularly monitor and review the level of reserves, and the charity's reserves policy is reviewed on an annual basis by the Finance and Business Development Sub Committee for approval by the Board of Trustees. The charity's reserves policy sets out why the charity needs reserves and the level of reserves Trustees believe that the charity needs. The Board continues to review our investment of reserve funds in order to obtain the best returns.

It has been agreed that funds will continue to be designated in 2021 in respect of the remainder of the donation received in December 2018 for investment in the development of our East Sussex Wellbeing services. The legacy received in October 2019 has been designated for investment to maintain the delivery and capacity of our B&H Mental Health Advice Service and for investment in our website development and digital strategy, in accordance with our strategic development objectives.

The Trustees are aware that the charity must balance the need to maintain its reserves against delivery of its charitable objects. The reserves policy continues to be to maintain sufficient reserves to give financial stability to the charity and to its activities in the context of a challenging funding environment. The Trustees continue to examine ways to ensure that our services represent value for money and to maintain the unrestricted reserves at a level to enable the charity to both manage the financial risks it faces and to flexibly fund future work to achieve its aims.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

FUTURE PLANS

During the year we reviewed our strategic priorities and consulted with staff, people that use our services and stakeholders to help steer and develop our new strategy. We finalised and implemented our new 3 year Strategic Business Plan in April 2021.

We implement our Strategy through an Annual Business Plan which is approved and monitored by the Board of Trustees and Sub Committees. Our Annual Business Plan for 2021/2022 reflects our 4 new strategic objectives and plans for 2021/2022 include:

Strategic Priority 1: Financial sustainability

- To retain current contracts and maximise opportunities/best position MiBH to secure new contracts/funding
- Develop plans to mitigate the end of the CMHRF for our Advice service and consider options for expanding the remit
- Development, evaluation and delivery plan for the ESx Men's Mental Health Project
- Review of interest/demand for MHFA training and develop plans for reintroducing face to face training alongside online delivery
- Review our premises requirements and arrangements to ensure cost effectiveness/fit for purpose.

Strategic Priority 2: Business Development and Innovation

- Review our advocacy services to ensure we are best positioned to retain contracts and respond to future changes in the MHA
- Develop project plans for an organisational digital strategy using the NCVO digital and technology toolkit
- Undertake and review the development of the MiBH website incorporating Mind brand refresh
- Review our cyber security and develop plan to achieve Cyber Essential certification
- Produce annual plan for ESx identifying further business development and funding opportunities in 21/22 and beyond
- Consider new approaches and partnerships to increase our reach across Sussex

Strategic Priority 3: Accessibility and inclusion

- Undertake annual equalities monitoring to better inform our work
- Develop plan to implement Mind Influence and Participation toolkit to improve our approach to involving people with lived experience
- Identify key organisations with experience and expertise in supporting racialised communities with a view to developing partnerships
- Identify preferred equality and diversity learning and development opportunities for staff to increase awareness
- Develop annual plan to implement Mind Brand refresh

Strategic Priority 4: Employer of choice

- Review and update our HR Policies and Procedures and ensure they reflect and promote organisational culture and Workplace Wellbeing
- Implement Mind Wellness Action Plans for all staff and volunteers
- Implement a blended model of office and remote working in response to the pandemic
- Ensure opportunities for cross team working are provided through learning and development and regular, professional team meetings

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31 MARCH 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Mind in Brighton and Hove is a charity and company limited by guarantee, incorporated on 3 July 1998 and the assets and liabilities of the charity were transferred on 1 October 1998 by a resolution passed at its extraordinary meeting held on 27 May 1998. The charity is governed by its Memorandum and Articles of Association as amended by special resolution on 16 September 2019.

Recruitment and Appointment of New Trustees

Board of Trustees (Management Committee)

The directors of the company are also trustees of the charity for purposes of charity law. The appointment of the Trustees is set out in the Articles of Association, which requires there to be a minimum of 3 trustees. A range of methods are used to advertise trustee vacancies. Selected trustees are co-opted to the Board until the next AGM at which they are eligible for election. In addition to the honorary officers of Chair and Treasurer, the Board of Trustees also appoint the Company Secretary trustee. As with all staff and volunteers working for Mind in Brighton and Hove, all Trustees are checked with the Disclosure and Barring Service (DBS). The Board of Trustees includes people with experience in health and social care, commissioning, education, law, business and the charity sector.

Trustee Induction and Training

New trustees receive an induction pack including the governing document, trustee role description, key relevant policies and organisational information. A structured induction is provided over 2 sessions. Trustees are kept up to date through regular service and finance reports. Trustees are encouraged to attend learning and networking events organised by Mind and other external agencies.

Organisation Structure and Decision Making

The Trustees meet bi-monthly to determine policy and strategy, and to review and direct the charity's activities. The Finance and Business Development Sub Committee, comprising of Trustees and senior managers, meets bi-monthly alternating with Board meetings and makes recommendations to the Board on financial matters and fundraising plans and strategies. The day-to-day management of the charity is delegated to the Chief Executive Officer (CEO), who reports to the Trustees. In turn, the Director of Operations reports to the CEO.

Arrangements for Setting Pay and Remuneration of Key Management Personnel

The key management personnel are the CEO, Director of Operations and Service Managers. The salary for these posts are set and reviewed through benchmarking salaries for similar posts in comparable organisations, salaries for key management personnel are also considered in relation to the salaries of other posts in the organisation.

Relationship with Mind

The charity is one of a number of independent local charitable associations that are affiliated to Mind (the National Association for Mental Health; registered charity 219830).

As a separate charity in its own right, the Mind in Brighton and Hove accounts are not consolidated into the Mind accounts. Mind assists the charity by providing networking opportunities with other local Minds, information, training, small grants opportunities and sharing policy advice and good practice to build capacity and good quality services. The charity is required to comply with the Mind Federation Agreement, including Mind brand guidelines and Mind's quality standards, the Mind Quality Mark, against which Mind in Brighton and Hove was reviewed by Mind in October 2016. In the year the charity subscribed to the Mind block insurance policy.

Risk assessment

The Board of Trustees have overall responsibility for risk management and the Trustees review the analysis, assessment and management of risks on an annual basis in accordance with the charity's Risk Strategy and Policy. An annual risk register is maintained, reviewed and updated quarterly. The Trustees can therefore provide reasonable assurance that the major risks to which the charity is exposed have been reviewed and that plans are being developed to mitigate those risks to an acceptable level in its day-to-day operations.

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03592375 (England and Wales)

Registered Charity number

1071434

Registered office

51 New England Street
Brighton
East Sussex
BN1 4GQ

Trustees

Andrew John Clinton (resigned 8/12/2020)
Philip John Pragnell (resigned 8/12/2020)
Alex James Simm (Chair) (resigned 8/12/2020)

Deborah J Fortescue (Interim Treasurer)

Laura Greenwood-Pearsons (Chair)

Frank Sims

Sarah Miles

Robin Edward Penfold

Suzanne Violet Farrell

Company Secretary

Robin Edward Penfold

Auditors

Chariot House Limited

Chartered Accountants

44 Grand Parade

Brighton

East Sussex

BN2 9QA

Principal Bankers

CAF Bank Ltd

25 Kings Hill Avenue

Kings Hill

West Malling

Kent

ME19 4JQ

Executive Director

Gillian Unsworth

MIND IN BRIGHTON AND HOVE

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Mind In Brighton And Hove for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Chariot House Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 30/11/21 and signed on its behalf by:


.....
Laura Greenwood-Pearsons - Chair

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Opinion

We have audited the financial statements of Mind In Brighton And Hove (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF
MIND IN BRIGHTON AND HOVE**

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on those laws and regulations that had a material effect on the financial statements or that had a fundamental effect on the operations of the charity from our professional and sector experience.

We performed analytical procedures to identify any unusual or unexpected relationships that might indicate risks of material misstatement due to fraud.

We inspected the minutes of meetings of those charged with governance, and made direct enquiries of management and the board of trustees concerning the charity's policies and procedures relating to:

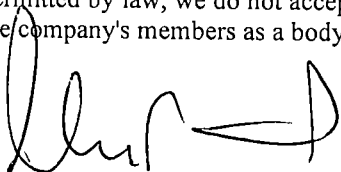
- * Identifying, evaluating, and complying with laws and regulations and whether they were aware of any instances of non-compliance;
- * Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- * The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.

In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates were indicative of a potential bias, and tested significant transactions that were unusual or those outside the normal course of business.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Mark Partridge, FCA (Senior Statutory Auditor)
for and on behalf of Chariot House Limited
Chartered Accountants & Statutory Auditor
44 Grand Parade
Brighton
East Sussex
BN2 9QA

Date: 30/11/21

MIND IN BRIGHTON AND HOVE**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

		Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	53,994	-	53,994	59,215
Charitable activities	5				
Advocacy Services		270,009	201,920	471,929	543,905
Wellbeing Services		128,166	677,107	805,273	1,205,919
Other trading activities	3	6,245	325	6,570	54,550
Investment income	4	5,308	-	5,308	6,611
Other income		-	-	-	3,000
Total		463,722	879,352	1,343,074	1,873,200
EXPENDITURE ON					
Charitable activities	6				
Advocacy Services		134,578	167,642	302,220	623,744
Wellbeing Services		211,693	665,698	877,391	1,079,162
Governance Costs		4,813	-	4,813	-
Support costs		-	-	-	4,213
Total		351,084	833,340	1,184,424	1,707,119
NET INCOME		112,638	46,012	158,650	166,081
RECONCILIATION OF FUNDS					
Total funds brought forward		987,207	230,218	1,217,425	1,051,344
TOTAL FUNDS CARRIED FORWARD		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>

The notes form part of these financial statements

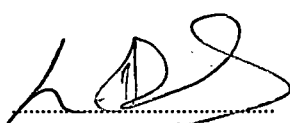
MIND IN BRIGHTON AND HOVE (REGISTERED NUMBER: 03592375)

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
CURRENT ASSETS					
Debtors	14	19,520	-	19,520	131,011
Cash at bank and in hand		<u>1,127,687</u>	<u>276,230</u>	<u>1,403,917</u>	<u>1,135,438</u>
		1,147,207	276,230	1,423,437	1,266,449
CREDITORS					
Amounts falling due within one year	15	(47,362)	-	(47,362)	(49,024)
NET CURRENT ASSETS		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>
NET ASSETS		<u>1,099,845</u>	<u>276,230</u>	<u>1,376,075</u>	<u>1,217,425</u>
FUNDS	16				
Unrestricted funds				1,099,845	987,207
Restricted funds				<u>276,230</u>	<u>230,218</u>
TOTAL FUNDS				<u>1,376,075</u>	<u>1,217,425</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30/11/21 and were signed on its behalf by:


Laura Greenwood-Pearsons - Trustee

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	<u>263,171</u>	<u>448,764</u>
Net cash provided by operating activities		<u>263,171</u>	<u>448,764</u>
 Cash flows from investing activities			
Interest received		<u>5,308</u>	<u>6,611</u>
Net cash provided by investing activities		<u>5,308</u>	<u>6,611</u>
 Change in cash and cash equivalents in the reporting period		 268,479	 455,375
Cash and cash equivalents at the beginning of the reporting period		<u>1,135,438</u>	<u>680,063</u>
 Cash and cash equivalents at the end of the reporting period		 <u>1,403,917</u>	 <u>1,135,438</u>

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	158,650	166,081
Adjustments for:		
Interest received	(5,308)	(6,611)
Decrease in debtors	111,491	302,604
Decrease in creditors	<u>(1,662)</u>	<u>(13,310)</u>
Net cash provided by operations	<u>263,171</u>	<u>448,764</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/20 £	Cash flow £	At 31/3/21 £
Net cash			
Cash at bank and in hand	<u>1,135,438</u>	<u>268,479</u>	<u>1,403,917</u>
	<u>1,135,438</u>	<u>268,479</u>	<u>1,403,917</u>
Total	<u>1,135,438</u>	<u>268,479</u>	<u>1,403,917</u>

The notes form part of these financial statements

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Mind in Brighton and Hove meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The accounts are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Going Concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees consider that the Covid-19 pandemic is not likely to have a significant impact on the charity's core funding/contract income. The trustees regard any impact of the pandemic to be on our generated income such as that received from fundraising or training delivery rather than affecting the charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations

Donations are accounted for as received. In the event that a donation is subject to fulfilling performance conditions before the charity is entitled to the funds, the income is deferred until either those conditions are met in full, or their fulfilment is wholly within the control of the charity and it is probable that those conditions will be fulfilled by the reporting period.

Legacy income

The charity recognises residuary legacy income at the earlier date of receipt or when the executors have determined that a payment can be made following the agreement of the estate's accounts, or on notification by the executors that payment will be made. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Grant income; Income from charitable activities

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific conditions and is recognised as earned. Grant funding included in this category provides funding to support activities and is recognised where there is entitlement, probability of receipt, and the amount can be measured with sufficient reliability.

Other income

Income from investments is recognised on a receivable basis.

Income from training courses are recognised as earned.

Income from events is only recognised in the year and period the event takes place. Until such time that the event takes place any such income is deferred to future periods.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES - continued

Income

Other incoming resources comprises one off and irregular income recognised using the same criteria for voluntary income.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis including irrecoverable VAT and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Costs of generating funds is based on the cost of fundraising and activities for generating funds.

Costs of charitable activities is split over the main areas of Mind's activities in order to give an accurate estimation of the resources used by each activity.

Support costs include some salary costs, administrative expenses and depreciation. The costs are allocated on a ratio basis of each project's direct expenditure. It also includes costs previously shown as governance costs which comprise all costs associated with constitutional and statutory requirements.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation.

Equipment, which is mainly comprised of computer equipment, is depreciated on a straight line basis over 3 years.

Refurbishments and adaptations to the charity's leasehold premises are amortised on a straight line basis over the life of the lease.

The charity operates a capitalisation policy where items in excess of £1,000 are capitalised and written off as above.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES - continued

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Volunteers

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the Trustees' Annual Report.

Pension scheme

On 1st September 2015, the charity changed from the group personal pension scheme to a defined contribution scheme under the Government's Auto Enrolment pension reform for eligible staff where the employer contributes 5% or 3% subject to the length of service.

The declaration of compliance was successfully submitted to the Pensions Regulator in October 2015 and our re-declaration of compliance submitted in May 2018, and again in September 2021, confirming that the charity had met the legal duties for auto enrolment.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	<u>53,994</u>	<u>59,215</u>

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	482	7,333
Shop income	325	12,036
Hire of Rooms	-	9,191
Training and Consultancy	<u>5,763</u>	<u>25,990</u>
	<u>6,570</u>	<u>54,550</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021****4. INVESTMENT INCOME**

	2021	2020
	£	£
Deposit account interest	<u>5,308</u>	<u>6,611</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
		£	£
Grants	Advocacy Services	471,929	543,905
Grants	Wellbeing Services	<u>805,273</u>	<u>1,205,919</u>
		<u>1,277,202</u>	<u>1,749,824</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
B&H CC - Brighton & Hove Community Advocacy	-	5,594
B&H CC - Brighton & Hove Specialist Advocacy	-	9,812
B&H CC - Brighton and Hove IMHA	-	6,155
B&H CC - Mental Health Promotion	-	33,346
B&H CCG - Brighton and Hove Substance Misuse	24,774	51,669
B&H CCG - Brighton & Hove Specialist Advocacy	-	36,738
B&H CCG - Brighton & Hove Community Advocacy	-	19,405
B&H CCG - Brighton & Hove IMHA Service	-	21,346
B&H CCG - Brighton & Hove Wellbeing Service	247,042	621,567
B&H CCG - Lighthouse Recovery at the Allen Centre	-	30,424
B&H CCG - Brighton & Hove Mental Health Engagement	-	21,434
B&H CCG - Employment Advice	232,000	209,334
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - West Sussex Children and Young People's Advocacy	-	4,132
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - Crawley and Horsham Peer Mentoring	34,447	33,971
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - West Sussex IMHA Service	94,696	93,389
Coastal West Sussex , Crawley and Horsham and Mid Sussex CCG and West Sussex CC - Pathfinder West Sussex Website (formerly Head Forward)	-	23,965
Coastal West Sussex, Crawley and Horsham and Mid Sussex CCG and West Sussex CC - West Sussex Pathfinder Incentive Payment	30,446	30,024
Coastal West Sussex, Crawley and Horsham and Mid Sussex CCG and West Sussex CC - Community Advocacy	175,313	162,547
SPFT - PWP Trainee Funding	-	73,658
B&H CC Advocacy Hub	201,920	151,440
East Sussex - Get Set To Go	5,450	30,850
Pace Setter (Practice Hope) Project	-	47,097
East Sussex County Council	-	5,000
B&H CCG - Lighthouse Community Roots	50,574	26,927
East Sussex - Orbit	19,370	-
Brighton & Hove Mental Health Advice	<u>64,685</u>	-
Carried forward	1,180,717	1,749,824

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2021	2020
	£	£
Brought forward	1,180,717	1,749,824
Pathfinder Website	3,775	-
Brighton & Hove Risk Pool	34,724	-
Hastings Voluntary Action - Big Local Grant	1,000	-
Sussex Partnership NHS Trust	24,358	-
B&H CC Mental Health Promotion - Community Roots	31,693	-
B&H CCG Mental Health Supported accomodation	935	-
	<u>1,277,202</u>	<u>1,749,824</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs (see note 8)	Totals
	£	£	£
Advocacy Services	302,220	-	302,220
Wellbeing Services	877,391	-	877,391
Governance Costs	-	4,813	4,813
	<u>1,179,611</u>	<u>4,813</u>	<u>1,184,424</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2021	2020
	£	£
Staff costs	1,024,360	1,443,690
Other Direct Costs	39,160	70,234
Support Costs	100,763	123,422
Payments to Partners	15,328	59,310
MindOut LGBT Advocacy	-	6,250
	<u>1,179,611</u>	<u>1,702,906</u>

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

8. SUPPORT COSTS

	Governance costs
	£
Governance Costs	<u>4,813</u>

Support costs, included in the above, are as follows:

Governance costs

	2021 Governance Costs £	2020 Total activities £
Auditors' remuneration	4,800	4,200
Other Governance costs	<u>13</u>	<u>13</u>
	<u>4,813</u>	<u>4,213</u>

9. AUDITORS' REMUNERATION

The charge for the Auditors' Remuneration is made up as follows:

	2021 £	2020 £
Audit Fees - current year	3,600	3,200
Audit Fees - underprovision in previous year	-	-
Audit Fees - non audit work (accounts preparation)	1,200	1,000

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

No trustee was reimbursed any expenses during the year (2020: None).

11. STAFF COSTS

The average monthly headcount during the year was 43 (2020: 65), equating to 35 full time equivalent (2020: 54).

The aggregate payroll costs in respect of these employees were :

	2021 £	2020 £
Wages and Salaries	916,052	1,276,990
Social Security cost	76,519	104,807
Pension Costs	<u>31,789</u>	<u>43,406</u>
	<u>1,024,360</u>	<u>1,425,204</u>

The number of staff who were opted into the pension scheme as at 31 March 2021 was 29 (2020 : 63).

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**11. STAFF COSTS - continued**

One employee received emoluments (excluding employers national insurance and pension contributions) in excess of £60,000 (2020 : None).

The charity considers its key management personnel comprises the Trustees, Chief Executive Officer, Operations Director and 4 Service Managers. Total employment benefits (including employers national insurance and pension contributions) to its key management personnel were £265,928 (2020 : £306,516 restated).

A total of £1,947 was paid out in redundancy costs during the year.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES 2019

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	59,215	-	59,215
Charitable activities			
Advocacy Services	255,936	287,969	543,905
Wellbeing Services	139,629	1,066,290	1,205,919
Other trading activities	47,547	7,003	54,550
Investment income	6,611	-	6,611
Other income	<u>3,000</u>	<u>-</u>	<u>3,000</u>
Total	511,938	1,361,262	1,873,200
EXPENDITURE ON			
Charitable activities			
Advocacy Services	257,572	366,172	623,744
Wellbeing Services	153,173	925,989	1,079,162
Support costs	<u>4,213</u>	<u>-</u>	<u>4,213</u>
Total	414,958	1,292,161	1,707,119
NET INCOME	96,980	69,101	166,081
Transfers between funds	(1,060)	1,060	-
Net movement in funds	95,920	70,161	166,081
RECONCILIATION OF FUNDS			
Total funds brought forward	891,285	160,059	1,051,344
TOTAL FUNDS CARRIED FORWARD	<u>987,205</u>	<u>230,220</u>	<u>1,217,425</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**13. TANGIBLE FIXED ASSETS**

	Short leasehold £	Fixtures and fittings £	Totals £
COST			
At 1 April 2020 and 31 March 2021	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
DEPRECIATION			
At 1 April 2020 and 31 March 2021	<u>77,392</u>	<u>10,284</u>	<u>87,676</u>
NET BOOK VALUE			
At 31 March 2021	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2020	<u>-</u>	<u>-</u>	<u>-</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Grants receivable	450	28,380
Other debtors	2,641	88,333
Prepayments	<u>16,429</u>	<u>14,298</u>
	<u>19,520</u>	<u>131,011</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	12,589	3,031
Social security and other taxes	20,234	28,897
Other creditors	1,900	-
Accrued expenses	<u>12,639</u>	<u>17,096</u>
	<u>47,362</u>	<u>49,024</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS**

	At 1/4/20 £	Net movement in funds £	At 31/3/21 £
Unrestricted funds			
General fund	800,126	109,741	909,867
Designated Riverstone Donation	70,249	(31,827)	38,422
Designated Legacy	116,832	-	116,832
Brighton & Hove Risk Pool	-	34,724	34,724
	987,207	112,638	1,099,845
Restricted funds			
Brighton & Hove IMHA	22,579	-	22,579
Brighton & Hove Specialist Advocacy	3,542	-	3,542
B&H Mental Health Advice and Information	12,815	-	12,815
Lighthouse Recovery Project	19,585	-	19,585
Mental Health Promotion - Community Roots	4,317	(4,317)	-
East Sussex Development	12,349	325	12,674
Brighton & Hove Mental Health Engagement	7,887	(95)	7,792
Department of Work and Pensions - Employment Advice	82,980	10,221	93,201
B&H Advocacy Hub	18,201	34,278	52,479
East Sussex - Get Set To Go	14,507	(10,764)	3,743
Pace Setter (Practice Hope) Project	31,361	(25,963)	5,398
Lighthouse Community Roots Project	95	7,038	7,133
Brighton & Hove Mental Health Advice Service	-	31,957	31,957
East Sussex - Orbit	-	3,332	3,332
	230,218	46,012	276,230
TOTAL FUNDS	1,217,425	158,650	1,376,075

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	428,998	(319,257)	109,741
Designated Riverstone Donation	-	(31,827)	(31,827)
Brighton & Hove Risk Pool	<u>34,724</u>	<u>-</u>	<u>34,724</u>
	463,722	(351,084)	112,638
Restricted funds			
B&H Wellbeing Service	271,400	(271,400)	-
Mental Health Promotion - Community Roots	31,693	(36,010)	(4,317)
East Sussex Development	325	-	325
Brighton & Hove Mental Health Engagement	-	(95)	(95)
Department of Work and Pensions - Employment Advice	232,000	(221,779)	10,221
B&H Advocacy Hub	201,920	(167,642)	34,278
East Sussex - Get Set To Go	5,450	(16,214)	(10,764)
Pace Setter (Practice Hope) Project	-	(25,963)	(25,963)
Lighthouse Community Roots Project	50,574	(43,536)	7,038
Hastings Voluntary Action - Big Local Grant	1,000	(1,000)	-
Brighton & Hove Mental Health Advice Service	64,685	(32,728)	31,957
East Sussex - Orbit	19,370	(16,038)	3,332
Brighton & Hove Mental Health supported accommodation	<u>935</u>	<u>(935)</u>	<u>-</u>
	<u>879,352</u>	<u>(833,340)</u>	<u>46,012</u>
TOTAL FUNDS	<u>1,343,074</u>	<u>(1,184,424)</u>	<u>158,650</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
Unrestricted funds				
General fund	656,525	117,733	25,868	800,126
Designated Redundancy Fund	14,428	-	(14,428)	-
Designated Pathfinder West Sussex Fund	12,500	-	(12,500)	-
Designated Riverstone Donation	91,000	(20,751)	-	70,249
Designated Legacy	116,832	-	-	116,832
	891,285	96,982	(1,060)	987,207
Restricted funds				
Brighton & Hove Community Advocacy	6,046	(6,046)	-	-
Brighton & Hove IMHA	30,772	(8,193)	-	22,579
Brighton & Hove Specialist Advocacy	9,654	(2,312)	(3,800)	3,542
B&H Mental Health Advice and Information	12,815	-	-	12,815
Lighthouse Recovery Project	28,886	(9,206)	-	19,680
Mental Health Promotion - Community Roots	2,305	2,012	-	4,317
East Sussex Development	5,346	-	-	5,346
West Sussex Children and Young People's Advocacy	11,828	(16,688)	4,860	-
Brighton & Hove Mental Health Engagement	12,610	(4,723)	-	7,887
Department of Work and Pensions - Employment Advice	39,797	43,183	-	82,980
B&H Advocacy Hub	-	18,201	-	18,201
East Sussex - Get Set To Go	-	21,510	-	21,510
Pace Setter (Practice Hope) Project	-	31,361	-	31,361
	160,059	69,099	1,060	230,218
TOTAL FUNDS	<u>1,051,344</u>	<u>166,081</u>	<u>-</u>	<u>1,217,425</u>

MIND IN BRIGHTON AND HOVE**NOTES TO THE FINANCIAL STATEMENTS - continued**
FOR THE YEAR ENDED 31 MARCH 2021**16. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	511,938	(394,205)	117,733
Designated Riverstone Donation	-	(20,751)	(20,751)
	511,938	(414,956)	96,982
Restricted funds			
Brighton & Hove Community Advocacy	25,000	(31,046)	(6,046)
Brighton & Hove IMHA	27,500	(35,693)	(8,193)
Brighton & Hove Specialist Advocacy	46,550	(48,862)	(2,312)
B&H Wellbeing Service	695,225	(695,225)	-
Lighthouse Recovery Project	57,351	(66,557)	(9,206)
Mental Health Promotion - Community Roots	33,346	(31,334)	2,012
West Sussex Children and Young People's Advocacy	4,132	(20,820)	(16,688)
Brighton & Hove Mental Health Engagement	21,434	(26,157)	(4,723)
Department of Work and Pensions - Employment Advice	209,334	(166,151)	43,183
B&H Advocacy Hub	151,440	(133,239)	18,201
East Sussex - Get Set To Go	42,853	(21,343)	21,510
Pace Setter (Practice Hope) Project	47,097	(15,736)	31,361
	1,361,262	(1,292,163)	69,099
TOTAL FUNDS	1,873,200	(1,707,119)	166,081

FUND DETAILS**1. Advocacy Services****(a) Brighton and Hove Community Advocacy**

Advocacy service for people in the community with mental health issues. Funded by B&H CC and B&H CCG. Contract ended 30 June 2019.

(b) Brighton and Hove IMHA

Statutory advocacy service for people in B&H detained under the Mental Health Act. Funded by B&H CCG. Contract ended 30 June 2019.

(c) Brighton and Hove Specialist Advocacy

Advocacy services supporting adults in B&H using or seeking to use Adult Social Care and Health Services and Independent Advocacy under the Care Act. Funded by B&H CCG. Contract ended 30 June 2019.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2021**

16. MOVEMENT IN FUNDS - continued

(d) West Sussex Community Advocacy

Advocacy service for people in the community with mental health issues, provided across West Sussex in community and in-patient settings. Funded by West Sussex CC and the CCGs in West Sussex.

(e) West Sussex Children and Young People's Advocacy

Advocacy service for children and young people with emotional wellbeing or mental health issues aged 11 to 18, provided across West Sussex. Funded by West Sussex CC and the CCGs in West Sussex. Contract ended 30 April 2019.

(f) West Sussex IMHA

Statutory advocacy service for people detained under the Mental Health Act in West Sussex. Funded by West Sussex CC and the CCGs in West Sussex.

(g) Sussex Advocacy Partnership

Community advocacy, IMHA and statutory advocacy services for people in Brighton and Hove. This is a partnership with POhWER, MindOut, Speak Out, SIS and Impact Initiatives which started on 1 July 2019. Funded by B&H CC and B&H CCG through POhWER as the lead provider.

2. Wellbeing Services

(a) Brighton and Hove Wellbeing Service

Mind in Brighton and Hove deliver Advice and Information, Employment Advice and Support and Step 2 of Improving Access to Psychological Therapies IAPT Services as part of the Brighton and Hove Wellbeing service contract which started on 1 June 2017. This is a partnership with Here, Sussex Partnership NHS Foundation Trust and YMCA Downlink Group and is funded by B&H CCG through Here as the lead provider.

(b) Brighton and Hove Lighthouse Recovery at the Allen Centre

A partnership with Sussex Oakleaf and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder in B&H. Funded by B&H CCG through Sussex Oakleaf as lead provider. The contract ended on 30 September 2019.

(c) Brighton and Hove Mental Health Engagement

Delivery of citywide engagement activity in B&H that enables mental health services users to evidence and articulate their needs and ambitions and support co-designed solutions. We partner with YMCA Downlink to expand our capacity to reach young people aged 16 to 25. Funded by B&H CCG. This contract ended 31 March 2020.

(d) Brighton and Hove Mental Health Promotion

A structured programme of activities and events to promote the emotional wellbeing and mental health of people living in areas of socio-economic deprivation and delivery of a programme of public events and publicity to support key calendar events, such as World Mental Health Day. Funded by B&H CC. This contract ended on 30 September 2019.

(e) Brighton and Hove Substance Misuse Service User Involvement

A service that develops and supports substance misuse service user groups locally, promotes engagement in treatment and planning of substance misuse services, provides training and facilitates peer support. Funded by B&H CCG.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2021**

16. MOVEMENT IN FUNDS - continued

(f) Crawley and Horsham Peer Mentoring

Provides support for people with mental health issues in Crawley and Horsham through matching them with appropriate volunteer peer mentors to help them achieve their personal goals and reduce social isolation. Funded by West Sussex CC and the CCGs in West Sussex.

(g) Pathfinder West Sussex Website

Development and maintenance of a website for Pathfinder West Sussex. Funded by West Sussex CC and the CCGs in West Sussex. This contract ended on 31st March 2020.

(h) Mind in East Sussex

Funding from East Sussex Mind Shops Profit Share to invest in the development of Mind Services in East Sussex. This arrangement ended on 31st March 2021.

(i) Wellbeing in East Sussex

Mental health promotion and programmes of activities and events to raise awareness and promote the emotional wellbeing and mental health of people in East Sussex. Funded by a donation received from Riverstone in December 2018, this project started in April 2019.

(j) Pace Setter/Practice Hope

A Primary Care Quality Improvement project in Brighton and Hove, supporting GP's to improve how they support young people with thoughts of suicide and self harm. This contract ended on 30th September 2020.

(k) Get Set to Go

A national Mind initiative with funding from Sport England and the National Football League supporting individuals in Hastings to access physical activity opportunities. This contract ended on 31st October 2020

(l) Brighton and Hove Lighthouse Recovery

A partnership with Southdown and Sussex Partnership NHS Foundation Trust providing therapeutic interventions for people with a personality disorder diagnosis in B&H. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead provider. This contract started on 1 October 2019.

(m) Brighton and Hove Mental Health Promotion

A structured programmes of activities and events to promote the emotional wellbeing and mental health of people living in Brighton and Hove. Delivered as part of the B&H Community Roots partnership and funded by B&H CCG through Southdown as lead provider. This contract started on 1 October 2019.

(n) East Sussex Orbit/Breathing Space

A partnership with a number of Local Minds around the country, with Mind in Bexley as lead partner. Delivered in Hastings and surrounding areas to provide well being support to tenants of Orbit Housing. This contract stated on 1st March 2020.

MIND GENERATED INCOME PROJECTS

Training in Mind

Income generated through the delivery of bespoke mental health awareness, managing mental health in the workplace and resilience training courses, to other organisations and individuals.

MIND IN BRIGHTON AND HOVE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

16. MOVEMENT IN FUNDS - continued

FUND DETAILS (DESIGNATED)

(a) Riverstone Donation - to continue the delivery of Wellbeing in East Sussex.

(b) Legacy - the legacy received has been designated for investment to maintain the delivery and capacity of our B&H Mental Health Advice Service and for investment in our website development and digital strategy, in accordance with our strategic development objectives.

17. EMPLOYEE BENEFIT OBLIGATIONS

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. Contributions to the scheme totalled £31,789 (2020; £43,406). The cost is split between unrestricted and restricted funds in line with the allocation of gross salaries.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

19. MEMBERS

Mind in Brighton and Hove is a charitable company, limited by guarantee, registered in England and Wales, and has no share capital. No one member has overall control of the company.

In accordance with Clause 8 of the Memorandum of Association every member is liable to contribute a sum of up to £1 in the event of the company being wound up.

The company's registered number and registered office address can be found in the 'Legal and Administrative Information' section of the accounts.

MIND IN BRIGHTON AND HOVE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	53,994	59,215
Other trading activities		
Fundraising events	482	7,333
Shop income	325	12,036
Hire of Rooms	-	9,191
Training and Consultancy	<u>5,763</u>	<u>25,990</u>
	6,570	54,550
Investment income		
Deposit account interest	5,308	6,611
Charitable activities		
Grants	1,277,202	1,749,824
Other income		
Miscellaneous income	<u>-</u>	<u>3,000</u>
Total incoming resources	1,343,074	1,873,200
EXPENDITURE		
Charitable activities		
Wages	1,024,360	1,443,690
Other Direct Costs	39,160	70,234
Support Costs	100,763	123,422
Payments to Partners	15,328	59,310
MindOut LGBT Advocacy	<u>-</u>	<u>6,250</u>
	1,179,611	1,702,906
Support costs		
Governance costs		
Auditors' remuneration	4,800	4,200
Other Governance costs	<u>13</u>	<u>13</u>
	<u>4,813</u>	<u>4,213</u>
Total resources expended	<u>1,184,424</u>	<u>1,707,119</u>
Net income	<u>158,650</u>	<u>166,081</u>

This page does not form part of the statutory financial statements