

**A D D INFORMATION SERVICES
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2021**

Charity Number: 1070827

A D D Information Services Contents Page

Content	Page Number
Charity Information	3
Trustees Report	4 to 18
Independent Examiner's Report	19
Statement of Financial Activities	20
Balance Sheet	21
Notes to the Accounts	22 to 27

A D D Information Services Charity Information

Organisation Name: A D D Information Services

Organisation Address: 10th floor
Hyde House
London
NW9 6LH

Charity Number: 1070827

Bankers: Lloyds Bank
105-109 Station Road Middlesex
Edgware
HA8 7JL

Independent Examiner: Community Barnet
SEIDS Hub
Empire Way
Wembley
HA9 0RJ

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Trustees' Report 2020-21

Headlines

- ADDISS is still here. We have survived the pressures of the Covid-19 crisis
- The crisis has created even more issues for the people affected by ADHD
- The crisis has highlighted how much there is still to do, and will be for the foreseeable future
- We need to recover our full financial and operational strength to move forward
- There are vital local and national actions that need to be taken *now*
- Our understanding and experience of local, individual support gives us unique insight into what is needed at the national scale
- We are going on with our mission. In 2021-22 we will regroup, reprioritise and plan our future

About ADDISS

Attention Deficit Disorder Information Services (ADDISS) is a registered charity dedicated to serving individuals and their families affected by the highly prevalent medical condition, Attention Deficit Hyperactivity Disorder (ADHD) and a wide range of comorbid conditions that either result from ADHD or have a greater impact because of ADHD.

Our purposes include:

-
- *ensuring that all individuals affected by ADHD receive the care and appropriate, treatment they need from schools, social services, mental health services and other organisations*
 - *promoting knowledge, understanding and positive attitudes towards ADHD in society*
 - *influencing practitioners and key decision-makers*
-

ADDISS works at both a national and local level in partnership with local support groups to provide information, training and support for parents, people with ADHD and professionals in the fields of ADHD and related learning and behavioural difficulties. What we learn from our local activities is vital to our own national strategy and to the challenges of ADHD generally.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

We support a multi-disciplinary assessment and treatment protocol, including education and behavioural interventions, with or without medication and aim to help and support families in finding the most appropriate approach to intervention for their child or for an adult with ADHD.

Our work is supported and guided by its professional board of expert advisors, and a soon-to-be-launched youth advisory board.

ADDISS in 2020-21: challenges, actions and achievements

In 2020-21 ADDISS was faced with significant challenges but continued to deliver strong, effective support to ADHD individuals and the wider community as well as make limited progress on development work. We have continued to run vital services moving to online digital support funded largely by the Pears Foundation as our support groups online. We have been helped by generous support from funders, especially the Pears Foundation, that has allowed us to continue our work through the challenges of the pandemic.

2020-21 was a very difficult year. For people with ADHD and their families the pandemic and lockdown created new pressures, often intense, that affected mental health, education and employment. For ADDISS itself the pandemic saw both increased demand and problems with financing and resources needed to respond.

Some staff were full-furloughed until January 2021 and continue to be part-furloughed, reducing the resources available to deal with day-to-day business and to develop the charity. This has stretched what was already a very lean organisation but in response we have a much better understanding of what we need to prioritise coming out of the crisis.

We are very fortunate to have retained the commitment of our furloughed staff during this intensely difficult period but now have to respond to the longer-term consequences for our income and operations.

Finances and fundraising

ADDISS remains active and solvent, but our financial position has suffered because of Covid-19: we have not been able to deliver training courses and other services that normally provide significant income. We have been able to contain our cost base through furloughing, and as noted we received a grant from the Pears Foundation to help us continue to deliver services. We have also received a grant from the Young Barnet Foundation, Space to Grow programme to provide services locally in Barnet. This enabled us to bring some staff back from furlough and to reach more families.

Our rent and utilities are paid for by our trading subsidiary. This is mainly funded through our licenced training programme for professionals which has taken the biggest hit during lockdown. We had to take out a bounceback loan which we are repaying on schedule.

However, these are short-term solutions and we recognise the considerable challenges that we face in the medium term, in common with many smaller charities. We are developing a strategy that will allow ADDISS to grow in key areas while maintaining the services we offer to people affected by ADHD and their families. The objective is to increase its capacity to improve the lives of people with

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

ADHD as well as make ADDISS sustainable in the long term. This will include strengthening our infrastructure as well as developing and delivering support and services to more people.

Our funding sources in 2020-2021

Pears Foundation

Young Barnet Foundation

European project work

Individual donations and Fundraisers using the Just Giving Platform and Facebook Giving.

Subscriptions

Contracts

Coaching services

Psychotherapy Services

Our mission and vital objectives: what we do

- Achieving recognition of ADHD and advocacy for children and adults
- Providing clear and factually based information about ADHD to parents, teachers, social service professionals, healthcare professionals and policymakers
- Supporting a broad range of evidence-based interventions
- Working with professional and patient organisations in the fields of health, education and youth justice
- Providing access to advice for children, adults and families from knowledgeable peers

Our values: how we operate

These principles are essential to the way ADDISS operates and will underpin its new strategy.

- Collaborative
- Never giving up: persistence and resilience in supporting families through difficult and demanding circumstances
- Empathetic and compassionate while remaining objective
- Accuracy, completeness, objectivity, evidence-based
- Expert
- Positive about the value that ADHD people bring to all aspects of society if they have the support, they need
- Engaging and communicative with everyone affected by ADHD or involved in care and treatment of ADHD individuals
- and everyone who makes or influences policy about care for ADHD people

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Our role in reducing the long-term effects of ADHD

The support and information that ADDISS provides aims to reduce the long-term impact of undiagnosed, misdiagnosed or untreated ADHD on:

- individuals
- families
- schools
- mental health and social services
- employers and colleagues
- children and adults.

ADHD is a significant cause of personal and social problems. Without adequate support and interventions or with incorrect diagnosis ADHD can result in:

- Wasted lives, unrealised potential
- Under-performance at school, unnecessary exclusion and reduced educational achievement
- Mental health problems
- Difficulties in making and sustaining relationships (with peers, teachers and family)
- Difficulties finding and keeping a job
- Substance abuse, addictions, gambling, failed relationships
- Increasing involvement with the criminal justice system

ADDISS and ADHD now

ADDISS operates in a world in which understanding of ADHD is changing, but actual action to support individuals, families and the community is visibly lagging. That lag creates not only significant problems and pain for individuals and their families, but also puts unnecessary pressure on the community and on services and institutions. Equally distressing is the lost individual potential and loss to society of people with talent and energy who could be effective and happy if only the right type of support was available to all of them. Above all, ADDISS exists to close this gap and so benefit ADHD individuals and the communities they belong to personally and structurally.

It is estimated that between 3% and 7% of school age children in the UK have ADHD. The UK's National Institute for Clinical Excellence, (NICE), suggests that it affects 5% of the school-aged population. People do not 'grow out' of the condition and the majority of those children will continue to have significant problems dealing with their ADHD throughout adulthood and into old age. ADDISS directly supports people at all stages of their lives, including vital work to support families in crisis.

However, although there are lots of headlines about ADHD and more *apparent* public recognition, there is little commitment to action that would help in both the short and medium term.

There have been notable changes in the way professionals in healthcare, social or educational settings perceive ADHD as a distinct clinical entity, and the virtually universal acceptance of the need for an early diagnosis and management of this eminently treatable condition.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

However, this is not evenly distributed across the UK and many people are not able to benefit from it. There is a drastic lack of service provision and support for families and individuals.

In the longer term, this represents massive loss of potential for society and the economy: the strengths and potential of ADHD people are lost through poor education, misdiagnosis, lack of service provision and misunderstanding among some medical professionals. The net effect is a large unnecessary additional financial burden on the public purse: some studies have estimated the cost to the UK could be £3.6bn (Demos; 2018 figure).

Positive signs ADDISS can build on

Given the high prevalence of ADHD, there is, however, a general acceptance amongst policy-makers in the UK Government as to the economic and human cost associated with unrecognised or untreated ADHD, both personally on the lives of individuals in short- and long-term, and collectively on the society as a whole. Indeed, there is now a widely held consensus that undiagnosed, misdiagnosed and untreated ADHD can be a factor in youth crime, growing underclass, substance drug abuse and higher prevalence of self-harm.

External lobbying groups have ensured the Green paper for special educational needs provision recognises the needs of children with ADHD in the school setting.

ADDISS's challenge is to make sure that this thinking has an impact on the real lives of people affected by ADHD.

Our strategy for 2021-22 and onwards engages directly with these issues.

ADDISS and the ADHD challenge ahead

As long as ADHD continues to be overlooked in many areas of life and by many organisations, ADDISS will be an essential organisation.

- To people affected by ADHD and their families
- To schools
- To social services
- To the NHS and mental health services
- To policymakers

As the UK emerges from responding to the pandemic, it has become clear that the pressures on ADHD individuals and their families, as well as schools, employers and public services, has grown and that many ADHD-affected people have suffered severe mental health impacts.

Picking up the pieces is beyond the capacity of any single one of the UK charities supporting ADHD work and, like all others involved in ADHD, ADDISS will need to review its activities and the use that it makes of its very stretched resources. Between October 2021 and January 2022, we will be reviewing all our major objectives and the strategy needed to achieve them. This will be a rigorous, thorough and objective review and we fully expect that it will face us with some hard choices but that we will be stronger as a result.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

PRACTICAL SUPPORT

It is important to look to the future to see if there is any way we can increase our helpline hours and bring in more helpline staff for this much needed support. We are delighted that psychotherapist Colin McGee continues to be a part of our team, working part-time on a voluntary basis; not only supporting families and individuals on the helpline once a week, but also delivering therapy and support for adults with ADHD, young people and their families. However, we are still desperately in need of the funds to increase our capacity for support.

It is essential that young people and adults with ADHD are able to access some of the treatment they need to improve their quality of life. However, this access is still extremely variable - between different parts of the country, different services, different professions and different views of what causes behaviour. Our work will hopefully enable many more people with ADHD to get the treatment they need – or ask for the specific appropriate help they need. - delivered to them within health services.

The views on our work are commonly expressed by the subscribers and users of ADDISS services - which include many thousands of children, young people, ADHD adults, parents and carers, and professionals from many fields. These professionals include teachers, psychiatrists, nursery nurses, psychologists, paediatricians, enlightened staff of the youth, police and prison services and many more. This growing group of ADHD affected, and ADHD-friendly constituents has influenced the work and direction of ADDISS over the 25 plus years since it was set up.

ADHD AWARENESS IN PROFESSIONS AND THROUGH SOCIETY

Many professionals are involved in the recognition, diagnosis, treatment and management of people affected by ADHD: GPs, nurses, psychotherapists, teachers, social workers, probation officers, police officers, prison staff and others. Some all very well informed but many have not had the opportunity to learn usefully and consistently about ADHD and its impact.

A key objective for ADDISS is to start addressing that information gap. We are working hard at supporting individuals and families, but often the context in which we provide that support is one of limited information or understanding among the different services and organisations they interact with. ADDISS is well positioned to address that gap based on both its knowledge of ADHD and its understanding of the lived experience of its members and clients.

This will form a major part of our strategy in the medium term once the organisation has recovered from the disruption to operations and funding resulting from the pandemic.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Review of our activity and impact

UK-WIDE PRACTICAL SUPPORT FOR INDIVIDUALS

Helpline

The telephone helpline run by ADDISS is the only helpline providing specialist information and advice on ADHD in the UK which provides open access for everyone. Due to the lack of awareness around ADHD and the services available for sufferers, the ADDISS helpline is often the first, and sometimes only, port of call for individuals, or their parents, who suspect that they, or their children, have ADHD. It is still run with a skeleton staff, but the passion of the staff to give help and advice to those most in need make up for their small number.

In 2020-21 we received several thousand calls of which we were able to provide direct support to several hundred. These were from people directly affected by ADHD, close family and friends and teachers, social workers and other professionals.

In May 2020 we installed a new VOIP telephone system which allowed us to log every call to the charity helpline. Over a six-month period 3453 calls were answered by a skeleton staff and several volunteers. Our volunteers were able to take calls from home using digital technology. There were over 10,000 calls coming into the helpline in total during that time, but we were unable to answer them all. There is clearly a need for a fully funded full-time helpline. All calls were logged, and postcodes were recorded giving us a heat map showing a wide geographical reach.

As well as the helpline itself, we support families with letters to schools, attending tribunals and offering training to staff. This is time-consuming, resource-intensive but is a lifeline for the people we support in addition to receiving calls on the helpline, we also receive many enquiries via email. Given our limited resources we are unable to answer all. We have identified this as an area that needs more investment either in staff resources or improvement in our digital technology.

The main subjects of calls were:

Seeking a diagnosis: Calls from both parents and adults seeking a route to diagnosis are now by far the greatest number of calls. In the last year we have seen an explosion in adult diagnosis and especially women in midlife. ADDISS provides advice and support: helping them navigate the system has been a lifeline for many.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Gaming addiction: An increasing problem in younger children especially during lockdown and one with little UK expertise. This is typical of the areas where ADDISS can make a difference by collecting information from specialist and experts internationally as well as in the UK to provide a resource base for practitioners.

Education: Many parents call us because their children's needs are not being properly met in school. They are misunderstood, mismanaged, and lack of staff training leads to inappropriate punishments and exclusions. ADDISS provides advice and support.

In 2021-22, we will investigate how we can help to develop a national helpline that can provide consistent and reliable information to a much wider community.

Online support groups

ADDISS runs a number of online support groups that meet weekly for the most part. These groups include ones for parents, parents of adult children with ADHD, adults affected by ADHD and dedicated groups for women and men. Each group has attendance cap of 20 people; 160 people are registered for the women's' group.

Affiliate groups

ADDISS is developing a programme for other local groups to affiliate to ADDISS, benefitting from ADDISS's experience.

LOCAL PRACTICAL SUPPORT

ADHD in Barnet

ADDISS provides intensive hands-on support to families in Barnet through ADHD in Barnet. As well as providing much-needed local support, this provides a model for how other CCGs can improve the life chances and outcomes for ADHD people and support their families and schools. Barnet is the second largest borough in London where 5000 children are living with ADHD of which only about 8% may have a formal diagnosis. Many families who have children with ADHD find that they have difficulty managing their children's behaviour and that their children are often socially isolated at school and in their local communities.

ADDISS also partners with Voluntary Sector organisations in the local area, such as Barnet SENDIASS, Mencap, the Young Barnet Foundation, Community Barnet and Inclusion Barnet.

We had initially been funded by the Clinical Commission Group from The London Borough of Barnet to deliver the ADDISS gold standard service for 120 families in Barnet. However, this funding has now ended. The CCG recognised the expertise of ADDISS and approached us to fund the ADHD in Barnet Project. CAMHS had been struggling with the number of referrals that they were receiving in relation to ADHD and they funded us to support the CAMHS service. At the time, the CCG commented that; "we realise ADHD is the biggest Mental Health crisis currently faced by society and we acknowledge that we have been letting the ADHD community down for a long time".

We had over 350 families registered with us which far exceeded our goal.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Two new members of staff were appointed to carry out this project alongside the CEO. We began in June 2018 and a further 6 months was funded by the local authority. Funding ran out in March.

Feedback from parents was very positive.

Thank you so much for this programme, it has been so valuable to us as a family, there is so much more peace, organisation, and as a result more space in our time and fun. Please continue to help as many people as you can. Also, my confidence as a parent has grown and as a result my children's confidence in me and themselves as competent people has grown steadily. Many many, thanks to the ADDISS team. Parent BH

Before ADDISS my life was worthless I struggled with everything. I couldn't handle my boys I was drowning every day in tears. Once I got to this project it has been amazing it's like I've been given a magic wand thanks to Andrea and her team. I am in control of my life now. Parent D

123 Magic has been a very powerful tool for me in many ways I found a new life after attended the training it gives me faith and strength to work with my children...The most important thing is that Andrea has taught us not to give up on them and find out what their strengthen is and then invest on it. Parent WC

It has been fantastic, and I look forward to having a more peaceful home and stop shouting and losing my temper. Thank you, Andrea. Parent VG

With over 20 years of experience we hope to share the knowledge and insights we have gained especially with regard to innovative approaches towards improving the lives of children and adults with ADHD and their families.

In 2021 we received funding from the Young Barnet Foundation to continue supporting families in Barnet.

A key part of our new strategy will be to take the lessons from ADHD in Barnet and see how they can be applied nationally by supporting organisations providing similar services elsewhere.

Mentoring

During the academic year 2020-2021 we were commissioned to provide ADHD mentoring and coaching services to young people with ADHD in a local secondary school. This project was very successful, and we have since been commissioned to provide one-to-one mentoring to students with ADHD as well as developing teachers' skills across two sites. WE provide 24 hours of support per week.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

This is an innovative project from a forward-thinking school, and we do not believe it is available in any other secondary school across the UK: other schools are already contacting us to find out about similar programmes. We hope to build on this model with other schools as part of our strategy.

The ADDISS Resource Centre

The Resource Centre at our offices in North London provides a wide range of books, DVDs and training materials as well as a large amount of reference texts, articles and resources. The resource centre is visited by many different people ranging from parents, adults with ADHD, students, doctors, teachers and many other professionals seeking information, help and support.

We have not been able to operate the Resource Centre during the pandemic but in 2021-22 aim to restart it, although with changes.

ADVANCING KNOWLEDGE AND INFORMATION IN THE UK AND INTERNATIONALLY

Newsletter

ADHD News is our quarterly newsletter. These newsletters carry articles written by contributors all over the world and are of a very high quality. The newsletter is currently sent to paid members of ADDISS which includes parents, professionals and a large number of clinics. It is often given freely at events. It is then placed on the website for general viewing one year after publication. We would like the funding to allow us to publish and give this away freely to all parents and professionals as it has proven to be extremely popular and helpful. Interestingly we do have an international membership reflected in our conference attendance and research.

Website and social media

Whilst the website has up until now been very helpful to the public, it needs updating, not just with information but with new technology to allow better engagement and interaction. We have begun a project to completely replace our website with a version meeting modern standards and hosting a wealth of information as well as using digital technology to allow us to connect better with the public and our subscribers. This is becoming an essential part of our work and we are urgently seeking funding to continue the development.

We currently run a number of closed Facebook groups with over 20,000 members. These are strongly moderated. We have two public Facebook pages which allow us to share information very quickly with followers. Our Facebook pages have a combined following of over 10,000 followers. We also run an international Facebook in collaboration with Empower ADD which has in excess of 13000 followers.

We also manage a twitter account @UK_ADHD with over 5,000 followers, In 2020-21 we employed a Tech Lead who managed our website, social media, e-newsletters and much more, and we need to create and resource a permanent position to continue his work.

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Talks and awareness

ADHD Awareness Month - October 2020

ADHD Awareness month is an annual opportunity to raise awareness across the globe. We again partnered with ADHD Europe and the ADHD Awareness coalition in the USA to roll out a global campaign looking at ten common myths around ADHD.

PARTICIPATION IN PROJECTS AND RESEARCH

Through our contact with people affected by ADHD and their lived experience, our online groups, newsletter, Facebook page and email newsletter we assist in the understanding of lived experience of ADHD. We apply this knowledge through participation as partners in a number of multi-partner research projects. Our role is typically as Investigator responsible for patient participation. We also help with the dissemination of project outcomes. ADDISS has been asked to participate in a significant number of UK and international research projects with leading universities, including:

- University College London
- Kings College London
- University of Oxford
- University of Newcastle
- University of Southampton
- University of Berne
- Hong Kong University
- University of Nottingham
- University of Huddersfield
- Radboud University, Netherlands

ADDISS is uniquely trusted to do this by researchers because of its deep, long-standing hands-on support for individuals and families affected by ADHD.

Projects in which we are involved include research into

- the relationship between nutrition and ADHD
- how ADHD and obesity may interact
- sleep factors and ADHD
- crosstalk between genetics, immune activation/ inflammation, and microbiome
- pharmaceutical and non-pharmaceutical interventions
- ADHD and remote technology

ADDISS benefits financially through funding for these projects, but they are also significant in building long-term relationships with our partners and extending our knowledge through direct access to the detailed research results and informal knowledge generated.

A D D Information Services Trustees Report For the year ended 31st March 2021

Specific projects of note

Eat2beNICE – A Horizon 20/20 Project

We are involved in an EU project run out of the Netherlands called Eat2beNICE which will investigate the effects of Nutrition and Lifestyle on Impulsive, Compulsive, and Externalizing behaviours. Maladaptive impulsivity and compulsivity predispose to antisocial and addictive behaviours. Factors influencing those traits are not well understood, but diet, lifestyle, socio-economic status (SES), sex, and heritability play pivotal roles. The project aims (1) to identify nutrition and lifestyle drivers that can be employed to prevent detrimental impulsivity/compulsivity in males and females across the lifespan, (2) to characterize the etiologic paths leading to extreme behaviour, and (3) to promote

policy changes to counteract maladaptive impulsivity/compulsivity by disseminating evidence-based information about health-related behaviours to families, clinicians, policy makers, and general public. We join experts from multiple disciplines across Europe to achieve this. This project will run until August 2022 <https://newbrainnutrition.com/>

CANDY – A Horizon 20/20 Project

The CANDY project kicked off in March 2020 and took place online as we in the UK and Europe went into lockdown. Neurodevelopmental conditions, such as autism, attention-deficit hyperactivity disorder (ADHD), and intellectual disability (ID) are clinically heterogeneous, often co-exist and they affect ~15% of the European population. They are also often associated with somatic illnesses (e.g. epilepsy, autoimmune and gastrointestinal disease) which can have a strong impact on the quality of life. The combination of ID and epilepsy in autism, for instance, is associated with a reduction in lifespan of ~ 20 years.

Currently, we lack effective new treatments for neurodevelopmental conditions and do not understand why they co-exist. There is hope, however. Recent evidence shows that certain genetic variants, which increase the risk for neurodevelopmental conditions, are shared between these conditions and affect the same biological pathways. Many of these variants impact synaptic plasticity (activity-dependent modification of synaptic transmission) and glutamate and GABA neurotransmission (i.e. excitatory and inhibitory (E/I) balance). The symptom profile and severity are likely also moderated by environmental factors acting at different time points (critical periods). Therefore, we are also investigating the role of early maternal immune activation and the gut microbiome. The interaction between host genetics and gut microbiome could clarify why carrying certain risk-conferring genetic variants only explains a part of the different symptom spectra that we see in neurodevelopmental conditions.

Our overall goal is to improve the understanding of the crosstalk between genetics, immune activation/ inflammation, and microbiome, and thereby provide a compelling novel conceptual framework. <https://www.candy-project.eu/>

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Timespan A Horizon 20/20 Project

Emerging evidence points at a significant association and shared genetic traits between adult attention-deficit / hyperactivity disorder (ADHD) and cardiometabolic conditions such as obesity, type 2 diabetes, and cardiovascular disease, which, when inadequately treated, can lead to adverse outcomes and significant costs for society. Various national guidelines on cardiometabolic disease already highlight the importance of concurrent psychiatric disorders, but there is a lack of knowledge around ADHD. This is problematic given that ADHD is a common, serious, and complex chronic condition among adults. This is where TIMESPAN steps in, fostering improvements in risk stratification and of the treatments for patients with ADHD who also have a cardiometabolic disease.

<https://timespan.eu/>

Concluded projects

Two projects ADDISS was involved in concluded successfully in 2020:

BEHAVE – An Erasmus+ Project. <https://www.behaveproject.eu/>

BASE (Behavioural Assessment to Improve School Environment) – An Erasmus+ Project

<https://www.base-proj.eu/>

Future Research Projects in 2022

We are partners in two new funding approved projects with responsibility for patient participation.

- a. DISCA - Digital Sleep Support for Children with Attention Deficit/Hyperactivity Disorder (The DISCA
- b. Research for Patient Benefit (RfPB) Programme: NIHR203035 – Comparing pharmacological and non-pharmacological interventions for adults with Attention-Deficit/Hyperactivity Disorder (ADHD): systematic review and network meta-analysis

**A D D Information Services
 Trustees Report
 For the year ended 31st March 2021**

Trustees' Name	Trustees' Role	Date Appointed/Co-Opted	Date Resigned
Mrs Jessica Hyams	Acting Chair	20.02.2016	
Mr Danny Eastman	Vice Chair	10.02.2014	22.04.2020
Mrs Sharon O'Dell	Treasurer	12.03.2011	
Mrs Bernadette Ashton	Secretary	11.06.2016	
Mrs Jenny Missen	Trustee	12.03.2011	
Dr Rashmin C Tamhne	Trustee	12.03.2011	
Paul Mann	Trustee	07.11.2021	
Philip Anderton PhD	Trustee	12.09.2021	
Ernest Ambe	Trustee	12.09.2021	

Members of the Professional Advisory Board:

Prof. Eric Taylor

Prof. Peter Hill

Dr Daphne Keen

Prof. Jeremy Turk

Prof. Ian Wong

Paul Cooper PhD

Dr Nikos Myttas

Dr Paramala Santosh

Dr David Coghill

Dr Val Harpin

Prof. Amanda Kirby

Professor Chris Hollis

Dr Ulrich Muller-Sedgwick

Jane -Sedgwick-Muller

**A D D Information Services
Trustees Report
For the year ended 31st March 2021**

Trustees' responsibilities in relation to the financial statements

The A D D Information Services trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom accounting Standards (United Kingdom Generally Accepted Accounting Practice)

The law applicable to Charities in England requires Trustees to prepare financial statements for each year, which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources for that period. In preparing the financial statements the trustees are required to: -

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the 'going concern' basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time, the financial position of the charity and to enable them to ensure that the financial statements comply with Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees declare that they have approved this report.

Full Name: Jessica Hyams

Position: Acting Chair

Signature: 

Date: 01 / 31 / 2022

**A D D Information Services
Independent Examiner's Report
For the year ended 31st March 2021**

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.

Signature: *Keisha Chidziva*

Name: Keisha Chidziva

Date: 29/01/2022

Professional Qualification: BSc Applied Accounting

Address: Community Barnet
SEIDS Hub, Empire Way, Wembley, HA9 0RJ

A D D Information Services
Statement of Financial Activities
For the year ended 31st March 2021

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		2021	2021	2021	2020
		£	£	£	£
Income from:					
Charitable Activities	2	133,161	39,319	172,480	94,123
Investments	3	2	-	2	4
Total Income		<u>133,164</u>	<u>39,319</u>	<u>172,483</u>	<u>94,127</u>
 Expenditure on:					
Charitable Activities	4	<u>(125,625)</u>	<u>(18,009)</u>	<u>(143,633)</u>	<u>(148,973)</u>
Total Expenditure		<u>(125,625)</u>	<u>(18,009)</u>	<u>(143,633)</u>	<u>(148,973)</u>
 Net Income and (Expenditure) before transfers		7,539	21,310	28,849	(54,846)
Transfers		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
 Net Income and (Expenditure)		7,539	21,310	28,849	(54,846)
Reconciliation of Funds					
 Total Funds Brought Forward		<u>31,865</u>	<u>16,717</u>	<u>48,582</u>	<u>103,428</u>
Total Funds Carried Forward		<u>39,404</u>	<u>38,027</u>	<u>77,431</u>	<u>48,582</u>

A D D Information Services
Balance Sheet
as at 31st March 2021

		2021		2020	
	Notes	£	£	£	£
Fixed Assets					
Investment	5		<u>25,000</u>		<u>25,000</u>
			25,000		25,000
Current Assets					
Cash at Hand and Bank		47,775		21,500	
Debtors	6	<u>8,566</u>		<u>3,968</u>	
		56,341		25,468	
Creditors: Amounts falling due within one year	7	<u>(3,910)</u>		<u>(1,887)</u>	
			<u>52,431</u>		<u>23,581</u>
			<u>77,431</u>		<u>48,582</u>
Restricted Funds	8		38,027		16,717
Unrestricted Funds	9		<u>39,404</u>		<u>31,865</u>
			<u>77,431</u>		<u>48,582</u>

The Trustees declare that they have approved this report.

Full Name:

Position:

Signature:

Date:

A D D Information Services
Notes to the Financial Statements
For the year ended 31st March 2021

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and the Charities SORP FRS 102 the restatement of comparative items was required. After due consideration, it was concluded that no restatement of the comparatives was required.

The financial statements have been prepared on a going concern basis. In arriving at this conclusion, the trustees have taken into account any material uncertainties that may affect the charity's ability to continue as a going concern.

Recognition of Incoming Resources

These are included in the Statement of Financial Activities (SOFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Funds Structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the funder.

Income recognition

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants and Donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources. Donations represent voluntary amounts received during the year.

Expenditure recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

**A D D Information Services
Notes to the Financial Statements
For the year ended 31st March 2021**

1. ACCOUNTING POLICIES (continued)

Cash Flow Statement

The Charity has taken advantage of FRS 102 (Section 1A) which exempts small charities from preparing Cash Flow Statements.

Trade Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Trade Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Fixed Assets

Fixed Assets costing £250 or more are initially recorded at cost.

Depreciation

It is provided on tangible fixed assets to write off the cost or valuation, less any estimation residual value over their expected useful economic life as follows:

Plant and Machinery	33% reducing balance basis
Fixtures and Fittings	25% reducing balance basis

Investment

Fixed Asset investments are stated at cost less diminution in value

A D D Information Services
Notes to the Financial Statements
For the year ended 31st March 2021

2. Income from Charitable Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Behave	-	-	-	10,607
London Borough of Barnet	-	-	-	-
Eat 2 Be Nice	-	-	-	11,565
Base	-	4,905	4,905	11,224
Barnet CCG	-	-	-	31,760
Young Barnet Foundation	-	10,337	10,337	7,983
European Grants	-	9,336	9,336	-
Pears Foundation	-	14,740	14,740	-
Grant Income	68,390	-	68,390	-
Contract Income	13,908	-	13,908	-
Donations and Gifts	26,977	-	26,977	8,259
Fundraising Income	-	-	-	39
Other Income	1,637	-	1,637	5,296
Conference and Book Sales	-	-	-	973
Subscription	7,933	-	7,933	3,828
Consultancy and Training	14,316	-	14,316	2,589
Total	133,161	39,318	172,480	94,123

3. Investment Income

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Bank Interest	2	0	2	4
	<u>2</u>	<u>0</u>	<u>2</u>	<u>4</u>

4. Total Expenditure on Charitable Activities

	Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	£	£	£	£
Publicity Costs	19	-	19	1,608
Salaries	108,150	15,847	123,997	126,728
Other Direct Costs	2,032	1,329	3,361	6,576
Establishment Costs	10,153	720	10,873	1,013
Printing, posting and Stationery	1,522	-	1,522	1,054
Travel and Subsistence	1,274	113	1,387	9,318
Accountancy Fees	2,475	-	2,475	2,675
	<u>125,625</u>	<u>18,009</u>	<u>143,633</u>	<u>148,973</u>

A D D Information Services
Notes to the Financial Statements
For the year ended 31st March 2021

The rental expenditure for the Charity was donated and paid by ADD Information Services Ltd.

5. Investments held as Fixed Assets

	Investment in group and associated undertakings
Market Value	£
As at 1st April 2020 and 31st March 2021	25,000
Net book value	
As at 31st March 2021	25,000
As at 31st March 2020	25,000

All investment assets were held in the UK.

The charity holds more than 20% of the share capital of the following company:

Subsidiary undertakings	Country of Incorporation	Principal Activity	Class	%
		Marketing of books and videos and the running of conferences on Attention Deficit Disorder Syndrome		
A D D Information Services Limited	England and Wales		Ordinary Shares	100

Subsidiary undertakings	Capital & Reserves	Profit/(loss) for the period
	£	£
A D D Information Services Limited	6,158	(30,608)

6. Debtors

	2021	2020
	£	£
Trade Debtors	8,566	3,968
	8,566	3,968

A D D Information Services
Notes to the Financial Statements
For the year ended 31st March 2021

7. Creditors

	2021	2020
	£	£
Other Creditors	(3,910)	(1,887)
	<u>(3,910)</u>	<u>(1,887)</u>

8. Restricted Funds

	At 1st April 2020	Incoming Resources	Resources Expended	At 31st March 2021
	£	£	£	£
Behave	1,265	-	(1,214)	51
London Borough of Barnet	1	-	-	1
Eat 2 Be Nice	10,244	-	(10,161)	83
Base	1,882	4,905	(1,843)	4,945
Young Barnet Foundation	3,325	10,337	(4,791)	8,871
European Grants	-	9,336	-	9,336
Pears Foundation	-	14,740	-	14,740
Total	<u>16,717</u>	<u>39,319</u>	<u>(18,009)</u>	<u>38,027</u>

9. Unrestricted Funds

	At 1st April 2020	Incoming Resources	Resources Expended	At 31st March 2021
	£	£	£	£
General Funds	<u>31,865</u>	<u>133,164</u>	<u>(125,625)</u>	<u>39,404</u>

10. Related Parties

Controlling entity

The Charity is controlled by the trustees.

Related party transaction

At the balance sheet date, Mrs. J Missen and Mrs. O'Dell jointly owned on trust all the issue share capital of A D D Information Services Limited on behalf of A D D Information Services.

11. Employees Remuneration

The aggregate payroll cost of these were as follows:

	2021	2020
	£	£
Wages and Salaries	<u>123,997</u>	<u>126,728</u>

**A D D Information Services
Notes to the Financial Statements
For the year ended 31st March 2021**

No Trustees received any remuneration during the year

TITLE	ADDISS Trustees report and annual accounts
FILE NAME	A D D INFORMATION...Final- Signed.pdf
DOCUMENT ID	dd62c55af7a47947bdd0aa0f80d079a8c2f254c7
AUDIT TRAIL DATE FORMAT	MM / DD / YYYY
STATUS	● Signed

Document History



SENT

01 / 31 / 2022

09:28:03 UTC

Sent for signature to Jessica Hyams (jessicajoels@gmail.com)
from andreabilbow@gmail.com
IP: 109.249.187.71



VIEWED

01 / 31 / 2022

11:50:22 UTC

Viewed by Jessica Hyams (jessicajoels@gmail.com)
IP: 86.191.129.54



SIGNED

01 / 31 / 2022

11:53:13 UTC

Signed by Jessica Hyams (jessicajoels@gmail.com)
IP: 86.191.129.54



COMPLETED

01 / 31 / 2022

11:53:13 UTC

The document has been completed.