MONKSCROFT PASTORAL CARE PROJECT

England & Wales · Charity number 1070022

Details

Status	Registered
Legal form	Trust
Registered	1998-06-11
Register	View on the Charity Commission register

Contact

Address	Monkscroft Pastoral Care Project Hester's Way Library Goldsmith Road Cheltenham Glos GL51 7RT
Phone	07775768626
Email	jo.cannon@mpcp.org.uk

Activities

Objects: To provide support to children who are experiencing social, emotional and behavioural difficultiesTo provide support to families, to ensure children of all ages thrive holistically from the basis of a secure attachment with their primary carer(s).

Activities: Holistic support, guidance and care for young children and their families

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** Education/training
- **Who:** Children/young People

Geography

- **Area of benefit:** ST MARKS / HESTERS WAY AREA OF CHELTENHAM GLOUCESTERSHIRE.
- Gloucestershire

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Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£63,652	£55,980	-	-
2023-08-31	£64,503	£60,601	-	-
2022-08-31	£40,000	£35,817	-	-
2021-08-31	£53,220	£47,420	-	-
2020-08-31	£39,083	£39,273	-	-

Trustees

Name	Role	Appointed
Adrian Gifkins	Chair	2020-06-15
Gary Robert Stacey		2026-02-25
SUSAN GIFKINS		
VICTORIA STEWART		

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MONKSCROFT PASTORAL CARE PROJECT

England & Wales - Charity number 1070022

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Sept	2023		31	Aug	2024

Section A Reference and administration details

Charity name	Monkscroft Pastoral Care Project
Other names charity is known by	None
Registered charity number (if any)	1070022
Charity's principal address	Hesters Way Library
	Goldsmith Road
	Cheltenham, Gloucestershire
	Postcode GL51 7RT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mr Adrian Gifkins	Chair		
2	Mrs Victoria Stewart	Treasurer		
3	Mr Geoff Moss			
4	Mrs Susan Gifkins	Secretary		
5	Mrs Rita Cole			
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Jo Cannon – Project Coordinator

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	
Trustee selection methods (eg. appointed by, elected by)	Proposed and elected by other members of Board of Trustees. Reviewed annually at the AGM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

There is a Child Protection Policy in place and DBS checks are carried out every three years for Trustees and Staff.

All Trustees give their time voluntarily and received no remuneration.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide support to children who are experiencing social, emotional and behavioural difficulties To provide support to families, to ensure children of all ages thrive holistically from the basis of a secure attachment with their primary carer(s).

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The following activities were carried out having due regard for guidance on Public Benefit.

1 – Provided core family support services for vulnerable children and families in the Hesters Way and St. Marks area of Cheltenham.

Support services included mainly face to face direct contact with child/parent(s) and also telephone contact and included:

- assessment of need and ongoing reviews
- one to one sessions with children, parents and sibling groups, to support & guide parents with modelling positive parenting techniques in their own environment. This is alongside implementing plans to overcome parents / carers own challenges that cause barriers to meeting their children's holistic needs.
- support to engage with education and health services. Access to primary health care and waiting lists for health care services post pandemic still remain challenging adding to the pre-existing stress and mental health issues

2 – Provided our Family Wellbeing Hub (incorporating our group sessions) for families to:

- reduce isolation
- Improve mental wellbeing
- enable and support parents to meet other parents in their community
- Infants / children to interact with others and improve social and emotional development
- Model and encourage play and interaction with children
- Provide healthy snack at each session.
- Provide weekly warm meal, shared and enjoyed by families and staff together
- Themed support for parents on areas such as finance and budgeting, physical and mental wellbeing, child development and so on.
- Support through cost of living challenges

3 – Monitored and evaluated outputs and outcomes for the service.

This involved the use of:

- 'Ages and Stages – Social and Emotional' questionnaire
- 'Stress on the Caregiving Relationship' questionnaire (to identify risk factors to successful attachment)
- 'UCLA Loneliness Scale' at initial referral stage and at review.
- 'Maternal Attitude Scale'
- 'Parental Stress Scale'
- 'Karitane Parenting Confidence Scale'
- Feedback questionnaire

4 – We have continued to have sole use of the 'Garden' providing a

well-equipped outdoor space for group activity sessions providing the following services:

- family support and mentoring
- safe play area with clean and high quality play resources and equipment, supporting fine and gross motor skill development, along with opportunity to develop speech, social interaction skills and confidence, cognition and imagination.
- Safe community play space for young children to explore and develop in together with other children.

5 – Fund raising activities – to enable continuation and expansion of services

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

OUTCOMES FOR CHILDREN AND FAMILIES

0-4 year olds, improvements were achieved in the following:

- **More secure attachment** with primary carer and positive relationships with family

- **Improved attendance** at early years' settings e.g 'Stay and Play' sessions / nursery classes which in turn will promoted / improved social development.

- **Mental Health of parents supported / maintained.** This has continued to be a focus. Our parents experience isolation and loneliness, along with anxiety / low mood depression, with a history of childhood trauma in most cases. The cost of living crisis is having a significant impact on mental health. Much time and increased support levels were needed to support the parents mental health and benefit the children as a result. The Garden Activity sessions and our Family Wellbeing Hub have been an invaluable extension and progression of this support, often still being the main social interaction the families had outside their own homes.

Families were supported with a range of difficulties acting as barriers to meeting their children's holistic needs. These included:

Housing and issues of poverty / financial hardship
Mental Health difficulties (mainly anxiety and depression)
Isolation (social and economic) and the impact of this on parenting and the rest of the family
Relationships between parent(s) and the children. Play and quality time
Relationships between adults in the home

Siblings were also supported with understanding their emotions, expressing themselves non aggressively and enjoying the family more, thus becoming happier and more secure and stable.

MENTAL WELLBEING

Mental well-being of parents continued to be a high priority to achieve positive outcomes for the children. High levels of contact with parents to support them mentally as episodes of anxiety and low mood / depression affected them – and their children.
Also supporting the families to manage life during a time of such insecurity and lack of stability exacerbated by the cost of living crisis. Links with local food banks and food pantries, as well as securing funds to keep open our Family Wellbeing Hub has enabled families to keep warm, prevent worsening / improving mental wellbeing and the children to develop.
Our links with Hesters Way Knit & Knatter group continued to enable families to make individual requests for donated knitted / crotched items to help through winter. These included blankets, along with clothing items such as hats, scarves, cardigans and jumpers. They also donate 'baby packs' for when a new arrival comes into our services.

During spring and summer we ran 'Prep for School' sessions, for those starting school in September. We used info from local schools around what and how to prepare for reception. This was a small group, enabling a focus on each child. The programme included:

- Learning to wipe my nose
- Dressing / undressing (for P.E) and coats / shoes
- Listening skills development for stories
- Staying on an adult led task
- Pencil grip
- Early matching / shapes / colours exercises
- Building resilience and confidence

The children in this group presented with different strengths and challenges. They were all very ready to not try or give up on tasks incredibly quickly. It became clear, their lack of confidence and resilience were major barriers to achievement. We implemented a 'can do' strategy in everything we did and in all possible interactions with the children. We introduced the 'can do' mantra and asked all staff and parents to focus on every opportunity to celebrate and highlight where a child achieves anything. Lots of high fives, saying 'you can do it!' and asking them to repeat 'I can do it', 'I did it'….
We also used 'now & next' and introduced egg timers (reflecting strategies used in schools). We were astounded by the difference in just 8-10 sessions. Three quarters of the way in, it appeared that no progress was being made, and we were really questioning the programme and thinking about changes. However, we stuck with it and all of a sudden BAM! It has been an absolute delight to see these changes, not only in following adult led tasks, but also in ability to follow on paper. We had refusals, running off, scribbling and pushing aside to protest etc for a long time. In the last couple of weeks, we were amazed when the children sat, knew what was expected and completed the 'sheets', showing understanding of the task and ability to complete them… In fact they were keen to get through their full folders! They have gone in to school more confident, more resilient and more able. They are familiar with tasks and expectations and have a 'can do' mindset.
We plan now, to begin all of this in subtle ways at a much earlier age. Therefore, we intend to keep our FWBH sessions smaller again in future, providing quality over quantity. Parents report they prefer this also.

Section E Financial review

Brief statement of the charity's policy on reserves	The charity does not retain significant reserves. Most revenue comes as restricted funds and is used in accordance with the grant timetable. Any small amounts of funding received that are unrestricted as used from time to time to cover funding gaps from grant givers, be it timing regarding continuity of staff or resources.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Currently, the charity's principal sources of funds are grant giving organisations. The charity currently enjoys the support of the Peter Lang Children's Trust.
Additional support was received during the year towards our Family Wellbeing Hub from The Summerfield Trust (£9000) & Gloucestershire Community Foundation - Main Grant (£5000) and additional support towards Family Support Project Worker from The National Benevolent Charity (£10,000)
The vast majority of these grants and the associated expenditure is for salaries in order to deliver the services described above.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	V. Stewart	
Full name(s)	Victoria Stewart	
Position (eg Secretary, Chair, etc)	Treasurer	

Date	30.6.25

Monkscroft Pastoral Care Project

Financial Accounts

For the year ending 31 August 2024

Monkscroft Pastoral Care Project

Annual Accounts to August 2024

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Prepared by:

Victoria Stewart
Treasurer to the Trustees

Monkscroft Pastoral Care Project
Financial Report
For the Year ending 31 August 2024

During the year the Project continued to enjoy the support of The Peter Lang Children's Trust. Additionally we were delighted to receive funding from The Summerfield Charitable Trust, Gloucestershire Community Foundation and The National Benevolent Charity.
There has been no other significant fund raising activity this year.

Due to the focus on service delivery, the main expenses of the Project are salaries for Project Workers. The project has some facilities' running costs (mostly insurance and telephony/communications) and expenditure on professional fees (including payroll services and pension fees). There are other operating expenses for consumables involved in the running of the Family Wellbeing Hub.

This year there was some small expenditure on office equipment.

There were no movements in the Special Projects Account.

Monkscroft Pastoral Care Project
Consolidation Account

Treasurers Report

The Accounts for the year ended 31st August 2024, set out on pages 4 and 5 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanatio supplied to me.

V. Stewart

Victoria Stewart
Treasurer to the Trustees

Date

29.6.25

Monkscroft Pastoral Care Project
Consolidation Account

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, paper and information provided to me.

Signature AM Gifkins
Print name Adrian Gifkins
Date 28/6/25

Consolidated Income and Expenditure Account year end August 2024

	2024 Total £		2023 Total £	
INCOME				
Fees	0		0	
Donations:				
The Summerfield Charitable Trust	9000			
Peter Lang Children's Trust	39652		42393	
The National Benevolent Charity	10000			
Gloucestershire Community Foundation	5000		2470	
Cheltenham Borough Council Health and Wellbeing Fund			9640	
NHS Integrated Care Board (via The Barnwood Trust)			10000	
	63652		64503	
DONATIONS - out				
		63652		64503
EXPENSES				
Donations	0		0	
Fund raising	0		0	
Salaries, NI, Pension costs	46582		53774	
Additional salary	0		0	
Rent	300		600	
Bank charges	0		0	
Staff training & volunteers	0		0	
Consultancy & advice	744		1060	
General running expenses	6090		5167	
Information Production	0		0	
Community Chest	0		0	
Equipment	2264		0	
Trustee expenses	0		0	
		55980		60601
Profit / Loss for year		**7672**		**3902**

Consolidated Balance Sheet year end August 2024

	2024		2023	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	35078		27407	
Income due not received	0		0	
		35078		27407
	0		0	
		35078		27407
CURRENT LIABILITIES				
Accountancy				
Inland Revenue	0		0	
Training fees				
Rent				
		0		0
Net Assets		**35078**		**27407**
FINANCED BY:				
Balance brought fprward		27406		23505
Profit / Loss		7672		3902
		35078		**27407**

Monkscroft Pastoral Care Project

Treasurers Report

The Accounts for the year ended 31st August 2024, set out on pages 7 and 8 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

V. Stewart

Victoria Stewart
Treasurer to the Trustees

Date

29.6.25

Monkscroft Pastoral Care Project

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature AMGifkins
Print name Adrian Gifkins
Date 28/6/25

Pastoral Care Project Income and Expenditure Account year end August 2024

	2024		2023	
	£	£	£	£
INCOME				
Fees				
Donations:				
The Summerfield Charitable Trust	9000			
Peter Lang Children's Trust	39652		42393	
The National Benevolent Charity	10000			
Gloucestershire Community Foundation	5000		2470	
Cheltenham Borough Council Health and Wellbeing Fund			9640	
NHS Integrated Care Board (via The Barnwood Trust)			10000	
		63652		64503
DONATIONS - out				
		63652		64503
EXPENSES				
Donations - out	0		0	
Fund raising				
Salaries, NI, Pension costs	46582		53774	
Additional salary				
Rent	300		600	
Bank charges	0		0	
Staff training & volunteers				
Consultancy & advice	744		1060	
General running expenses	5090		5167	
Food				
Equipment	2264		0	
Trustee expenses				
		55980		60601
Profit / Loss for year		**7672**		**3902**

Pastoral Care Project Balance Sheet year end August 2024

	2024		2023	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	30968		23296	
Income due not received				
		30968		23296
Owed to Special Projects	0		0	
		30968		23296
CURRENT LIABILITIES				
Accountancy				
Inland Revenue				
Training fees				
Rent				
		0		0
Net Assets		**30968**		**23296**
FINANCED BY:				
Balance brought fprward		23296		19394
Profit / Loss		7672		3902
		30968		**23296**

Monkscroft Special Projects

Treasurers Report

The Accounts for the year ended 31st August 2024, set out on pages 10 and 11 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

V. Stewart

Victoria Stewart
Treasurer to the Trustees

Date

29.6.25

Monkscroft Special Projects

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature AM Gifkins
Print name Adrian Gifkins
Date 28/6/25

Special Projects Income and Expenditure Account year end August 2024

	2024		2023	
	£	£	£	£
INCOME				
Fees	0		0	
Donation	0		0	
Private Donation	0		0	
Bank Interest	0		0	
Fund raising	0		0	
		0		0
DONATIONS - out	0		0	
		0		0
EXPENSES				
Donations				
Fund raising	0		0	
Salaries, NI, Pension costs				
Additional salary				
Recruitment costs				
Information production				
Staff training & volunteers	0		0	
Consultancy & advice				
General running expenses	0		0	
Rent				
Food				
Equipment				
Trustee expenses				
		0		0
Profit / Loss for year		**0**		**0**

Special Projects Balance Sheet year end August 2024

	2024		2023	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	4,111		4111	
Loan - PCP	0	0	0	0
		0		0
		4,111		4111
CURRENT LIABILITIES				
Accountancy	0		0	
Inland Revenue	0		0	
Rent	0		0	
Net Assets		**4,111**		**4111**
FINANCED BY:				
Balance brought forward		4,111		4111
Profit / Loss		0		0
		4,111		**4111**

CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Monkscroft Pastoral Care Project		
On accounts for the year ended	31 August 2024	**Charity no (if any)**	1070022
Set out on pages	1-11		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	28 June 2025
Name:	Sue Thompson (Book-Rite Ltd)		
Relevant professional qualification(s) or body (if any):	MIAB		

Address:	2 Princess Elizabeth Way
	Cheltenham, Gloucestershire
	GL51 7PJ

Section B	**Disclosure**
	Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	

MONKSCROFT PASTORAL CARE PROJECT

England & Wales - Charity number 1070022

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	Sept	2022	To	31	Aug	2023

Section A Reference and administration details

Charity name	Monkscroft Pastoral Care Project
Other names charity is known by	None
Registered charity number (if any)	1070022
Charity's principal address	Hesters Way Library
	Goldsmith Road
	Cheltenham, Gloucestershire
	Postcode GL51 7RT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mrs Susan Gifkins	Secretary		
2	Mrs Victoria Stewart	Treasurer		
3	Geoff Moss			
4	Adrian Gifkins	Chair		
5	Rita Cole			
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Jo Cannon – Project Coordinator

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	
Trustee selection methods (eg. appointed by, elected by)	Proposed and elected by other members of Board of Trustees. Reviewed annually at the AGM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

There is a Child Protection Policy in place and DBS checks are carried out every three years for Trustees and Staff.

All Trustees give their time voluntarily and received no remuneration.

Summary of the objects of the charity set out in its governing document

To provide support to children who are experiencing social, emotional and behavioural difficulties To provide support to families, to ensure children of all ages thrive holistically from the basis of a secure attachment with their primary carer(s).

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The following activities were carried out having due regard for guidance on Public Benefit.

1 – Provided core family support services for vulnerable children and families in the Hesters Way and St. Marks area of Cheltenham.

Support services included mainly face to face direct contact with child/parent(s) and also telephone contact and included:

- assessment of need and ongoing reviews
- one to one sessions with children, parents and sibling groups, to support parents with modelling positive parenting techniques in their own environment
- support to engage with education and health services. Access to primary health care and waiting lists for health care services post pandemic remain challenging adding to the pre-existing stress and mental health issues

2 – Established our Family Wellbeing Hub (incorporating our group sessions) for families to:

- reduce isolation
- enable and support parents to meet other parents in their community
- Infants / children to interact with others and improve social and emotional development
- Model and encourage play and interaction with children
- Provide healthy snack at each session.
- Provide weekly warm meal, shared and enjoyed by families and staff together
- Themed support for parents on areas such as finance and budgeting, physical and mental wellbeing, child development and so on.
- Support through cost of living challenges

3 – Monitored and evaluated outputs and outcomes for the service.

This involved the use of:

- 'Ages and Stages – Social and Emotional' questionnaire
- 'Stress on the Caregiving Relationship' questionnaire (to identify risk factors to successful attachment)
- 'UCLA Loneliness Scale' at initial referral stage and at review.
- 'Maternal Attitude Scale'
- 'Parental Stress Scale'
- 'Karitane Parenting Confidence Scale'

4 – We have continued to have sole use of the 'Garden' providing a well-equipped outdoor space for group activity sessions providing the following services:

- family support and mentoring
- safe play area with clean and high quality play resources and equipment, supporting fine and gross motor skill development, along with opportunity to develop speech, social interaction skills and confidence, cognition and imagination.
- Safe community play space for young children to explore and develop in together with other children, which was of particular importance for this cohort of children as some of the children were 'COVID babies' having spent their first year or two in various lockdowns and restrictions and had previously had little to no opportunity to meet other people nor explore the world away from their immediate families and homes (often flats without gardens).

5 – Fund raising activities – to enable continuation and expansion of services

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

OUTCOMES FOR CHILDREN AND FAMILIES

0-4 year olds, improvements were achieved in the following:

- **More secure attachment** with primary carer and positive relationships with family

- **Improved attendance** at early years' settings e.g 'Stay and Play' sessions / nursery classes which in turn will promoted / improved social development.

- **Mental Health of parents supported / maintained.** This was critical work post pandemic and into a cost of living crisis and has continued to be a focus. Our parents experience isolation and loneliness, along with anxiety / low mood depression, with a history of childhood trauma in most cases. The pandemic and now cost of living crisis is having a significant impact on mental health. Much time and increased support levels were needed to support the parents mental health and benefit the children as a result. The Garden Activity sessions and more recently the introduction of our Family Wellbeing Hub have been an invaluable extension and progression of this support, often still being the main social interaction the families had outside their own homes.

Families were supported with a range of difficulties acting as barriers to meeting their children's holistic needs. These included:

Housing and issues of poverty / financial hardship
Mental Health difficulties (mainly anxiety and depression)
Isolation (social and economic) and the impact of this on parenting and the rest of the family
Relationships between parent(s) and the children. Play and quality time
Relationships between adults in the home

Siblings were also supported with understanding their emotions, expressing themselves non aggressively and enjoying the family more, thus becoming happier and more secure and stable.

MENTAL WELLBEING

Mental well-being of parents continued to be a high priority to achieve positive outcomes for the children. High levels of contact with parents to support them mentally as episodes of anxiety and low mood / depression affected them – and their children.
Also supporting the families to manage life during a time of such insecurity and lack of stability caused by the pandemic, followed now by a cost of living crisis. Links with local food banks and food pantries, as well as raising funds to open our Family Wellbeing Hub has enabled families to keep warm, prevent worsening / improving mental wellbeing and the children to develop.
Additional funds raised enabled us to provide items for families such as blow heaters, heated blankets, clothes airers, Christmas parcels and wellbeing 'pick me up' items for parents such as face packs, candles, socks, nail varnishes and so on (distributed fortnightly in the Hub).
Our links with Hesters Way Knit & Knatter group enabled families to make individual requests for donated knitted / crotched items to help through winter. These included blankets, along with clothing items such as hats, scarves,

cardigans and jumpers. They also donate 'baby packs' for when a new arrival comes into our services.

Attendance at Family Wellbeing Hub:

No. Adults	TOTAL Child spaces taken up	TOTAL attendees	M	F	Child age Unborn	Child age 0-1	Child age 1	Child age 2	Child age 3	Child Age 4+
450	**786 (+19 unborn)**	**1236**	**427**	**359**	**19**	**89**	**162**	**162**	**83**	**290**

Feedback from families:

Monkscroft Pastoral Care Project

FEEDBACK QUESTIONNAIR

Name: (optional)

FAMILY SUPPORT

Please rate the following items you have had support with as to how helpful you found it?	Extremely helpful	Very helpful	Some help	Wasn't helpful	COMMENTS
Having Family Support	86%		14%		She has gone beyond to s me and my c
Being listened to?	56%	44%			
Feeling understood?	56%	44%			
Chatting & feeling you understand your child more?	56%	33%	11%		
Understanding how you impact your child?	63%	13%	24%		
Strategies for managing your child/ren?	75%	13%	12%		
Support to liaise with other agencies, like health, education, nursery etc	85%	15%			
ASQ's on your child/ren	71%	29%			
Doing the Solihull Approach course on a one to one	34%	66%			
Do you feel your relationship with your small child has:	Improved completely	Usually going well	The same	Has got worse	
	66%	33%			

Please tell us here in your own words what difference this support has made for you and your child/ren and how? Please also tell us here h
The support Jo & the team offer is a vital lifeline to me & my children as we get to socialise with other families as well as being supported er different strategies to manage the children's behaviou **The support provided by the staff has been great support and a huge differenc physical and emotional development. He has come on in leaps & bounds from the social interaction & activities provided at the Hub.** T **regarding personal situations has been a great help & very beneficial help for me to progress. I'm very thankful for all the support bot received. I feel my mental health is improving.** She goes above & beyond to help in any way the children need.
It has helped us with support and helping understand things. Jo has been a blessing to me & my family, always helpful and willing deserves a medal.

FAMILY WELLBEING HUB

Please rate the following items as to how helpful you found it?	Amazing	Good	Ok	Poor	COMMENTS
Play resources for the children	60%	40%			Jo & Carolin
Activities	60%	28%	12%		Better shade
Snacks	66%	34%			It has been a
Dinner on Thursdays	88%	12%			outstanding
The garden	78%	22%			support
Staff	90%	10%			It has helpec
Access to other information	75%	12%	13%		feel my men
ASQ's on your child/ren	78%	22%			is improving

Has coming to the Hub?	YES	NO	COMMENTS
Reduced your loneliness?	100%		Became good friends with other m
Increased your confidence?	80%	20%	To do more things outside of grou
Helped with your mental health?	100%		I am leaving the house.
Helped you make new friends / meet new people?	100%		Everyone is lovely
Helped your child/ren learn how to do new things	100%		all activities have been great
Helped your child/ren to try new foods / eat more variety / sit to the table	100%		learning to be frequent at the tabl
Helped your child to interact and play with other children	100%		My son was very shy before hand
Helped with the cost of living? If yes, what helped? For example	100%		Gifts
Blow heater, airer, heated blanket, knitted items, slow cooker, gifts for mums			Amazing support supplying airers,
heated blankets Slow cooker & Airer			Everything received is very gratefu
Tips on keeping warm / cost of fuel down N/A	89%	11%	Shared info has been great
Being out the house, so using less heating	100%		Great getting out the house

Please tell us here in your own words what difference the Hub has made for you and your child/ren and how?
The Hub has made me so much more confident in going out and being social, the tips on saving money on heating have also been ama **Being able to chill and be calm with the children and help build up their social skills.** Bringing out more of my daughters confidenc It is an amazing space and safe space for all & my girls love it. **My children meet new people & interact more; also helps to get out Very new to group but so far found it really helpful and useful. My daughter really enjoys it** Relaxed and chillled. Always welco I enjoy coming to group and Jo has helped me so much. My children are more outgoing now. Having dinner with the children on Thurs **Coming to the Hub has really helped my daughter to play with the other children. It's great as all the mum's don't judge and everybod family.** I love that I can relax and feel safe and I know my daughter can play and have a lovely time and I can have some adult chit cha parent which I find lonely **When I was feeling at my lowest went to sit down, had a girly chat with a heated blanket and felt lik**

We placed significant focus during the spring and summer prior to commencement of school ensuring that families were aware of the stepping stones to starting school and we saw good progress. We also make sure, where possible, that children are enrolled and attend nurseries to improve socialisation, speech and reduce separation anxiety.

Section E Financial review

Brief statement of the charity's policy on reserves	The charity does not retain significant reserves. Most revenue comes as restricted funds and is used in accordance with the grant timetable. Any small amounts of funding received that are unrestricted as used from time to time to cover funding gaps from grant givers, be it timing regarding continuity of staff or resources.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Currently, the charity's principal sources of funds are grant giving organisations. The charity currently enjoys the support of the Peter Lang Children's Trust. (additional during the year from Gloucestershire Community Foundation Cost of Living Fund (2470 food) and NHS Integrated Care Board – Fam Supp & Cheltenham Borough Council Health and Wellbeing Fund – towards establishing Family Wellbeing Hub) The vast majority of these grants and the associated expenditure is for salaries in order to deliver the services described above.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Victoria Stewart
Full name(s)	VICTORIA STEWART
Position (eg Secretary, Chair, etc)	TREASURER
Date	29-6-24

Monkscroft Pastoral Care Project

Financial Accounts

For the year ending 31 August 2023

Monkscroft Pastoral Care Project

Annual Accounts to August 2023

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Prepared by:

Victoria Stewart
Treasurer to the Trustees

Monkscroft Pastoral Care Project
Financial Report
For the Year ending 31 August 2023

During the year the Project continued to enjoy the support of The Peter Lang Children's Trust. Additionally during the year, the Project secured additional funding from Gloucestershire Community Foundation Cost of Living Fund, NHS Integrated Care Board (via The Barnwood Trust) and Cheltenham Borough Council Health and Wellbeing Fund

There has been no significant fund raising activity this year.

Due to the focus on service delivery, the main expenses of the Project are salaries for Project Workers and staffing the wellbeing hub groups. The project has some facilities' running costs (mostly insurance and telephony/communications) and expenditure on professional fees (payroll services, pension fees). Other expenditure in the financial year included the provision of food for families and children via the Wellbeing hub group sessions and some consumable items for activities.

During the year a historic loan between the Charity's sub-funds was setttled.

Monkscroft Pastoral Care Project
Consolidation Account

Treasurers Report

The Accounts for the year ended 31st August 2023, set out on pages 4 and 5 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date 29.6.24

Monkscroft Pastoral Care Project
Consolidation Account

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature
Print name ADRIAN GIFKINS
Date 29/06/24

Consolidated Income and Expenditure Account year end August 2023

	2023 Total £		2022 Total £	
INCOME				
Fees	0		0	
Donations:				
Cheltenham Borough Council Health and Wellbeing Fund	9640		0	
The Peter Lang Children's Trust	42393		40000	
NHS Integrated Care Board (via The Barnwood Trust)	10000		0	
Glos. Community Foundation Cost of Living Fund	2470		0	
Bank Interest	0		0	
Fund raising	0		0	
	64503		40000	
DONATIONS - out				
		64503		40000
EXPENSES				
Donations	0		0	
Fund raising	0		0	
Salaries, NI, Pension costs	53774		33441	
Additional salary	0		0	
Rent	600		0	
Bank charges	0		0	
Staff training & volunteers	0		0	
Consultancy & advice	1060		834	
General running expenses	5167		1542	
Information Production	0		0	
Community Chest	0		0	
Equipment	0		0	
Trustee expenses	0		0	
		60601		35817
Profit / Loss for year		**3902**		**4183**

Consolidated Balance Sheet year end August 2023

	2023		2022	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	27407		23505	
Income due not received	0		0	
		27407		23505
		27407		23505
CURRENT LIABILITIES				
Accountancy				
Inland Revenue	0		0	
Training fees				
Rent				
		0		0
Net Assets		**27407**		**23505**
FINANCED BY:				
Balance brought fprward		23505		19322
Profit / Loss		3902		4183
		27407		**23505**

Monkscroft Pastoral Care Project

Treasurers Report

The Accounts for the year ended 31st August 2023, set out on pages 7 and 8 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date 29-6-24

Monkscroft Pastoral Care Project

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature

Print name ADRIAN GIFKINS

Date 29/06/24

Pastoral Care Project Income and Expenditure Account year end August 2023

	2023		2022	
	£	£	£	£
INCOME				
Fees				
Donations:				
Cheltenham Borough Council Health and Wellbeing Fund	9640			
The Peter Lang Children's Trust	42393		40000	
NHS Integrated Care Board (via The Barnwood Trust)	10000			
Glos. Community Foundation Cost of Living Fund	2470			
Bank Interest				
Fund raising				
		64503		40000
DONATIONS - out				
		64503		40000
EXPENSES				
Donations - out	0		0	
Fund raising				
Salaries, NI, Pension costs	53774		33441	
Additional salary				
Rent	600		0	
Bank charges	0		0	
Staff training & volunteers				
Consultancy & advice	1060		834	
General running expenses	5167		1542	
Food				
Equipment	0		0	
Trustee expenses				
		60601		35817
Profit / Loss for year		**3902**		**4183**

Pastoral Care Project Balance Sheet year end August 2023

	2023		2022	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	23296		21394	
Income due not received				
		23296		21394
Owed to Special Projects	0		2000	
		23296		19394
CURRENT LIABILITIES				
Accountancy				
Inland Revenue				
Training fees				
Rent				
		0		0
Net Assets		**23296**		**19394**
FINANCED BY:				
Balance brought fprward		19394		15211
Profit / Loss		3902		4183
		23296		**19394**

Monkscroft Special Projects

Treasurers Report

The Accounts for the year ended 31st August 2023, set out on pages 10 and 11 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date 29.6.24

Monkscroft Special Projects

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature
Print name ADRIAN GIFKINS
Date 29/06/24

Special Projects Income and Expenditure Account year end August 2023

	2023		2022	
	£	£	£	£
INCOME				
Fees	0		0	
Donation	0		0	
Private Donation	0		0	
Bank Interest	0		0	
Fund raising	0		0	
		0		0
DONATIONS - out	0		0	
		0		0
EXPENSES				
Donations				
Fund raising	0		0	
Salaries, NI, Pension costs				
Additional salary				
Recruitment costs				
Information production				
Staff training & volunteers	0		0	
Consultancy & advice				
General running expenses	0		0	
Rent				
Food				
Equipment				
Trustee expenses				
		0		0
Profit / Loss for year		**0**		**0**

Special Projects Balance Sheet year end August 2023

	2023		2022	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	4,111		2111	
Loan - PCP		0	2000	0
		0		0
		4,111		4111
CURRENT LIABILITIES				
Accountancy	0		0	
Inland Revenue	0		0	
Rent	0		0	
Net Assets		**4,111**		**4111**
FINANCED BY:				
Balance brought forward		4,111		4111
Profit / Loss		0		0
		4,111		**4111**

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Monkscroft Pastoral Care Project		
On accounts for the year ended	31 August 2023	**Charity no (if any)**	1070022
Set out on pages	1-11		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	28 June 2024
Name:	Sue Thompson (Book-Rite Ltd)		
Relevant professional qualification(s) or body (if any):	MIAB		

Address:	2 Princess Elizabeth Way
	Cheltenham, Gloucestershire
	GL51 7PJ

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

MONKSCROFT PASTORAL CARE PROJECT

England & Wales - Charity number 1070022

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	Sept	2021	**To**	31	Aug	2022

Section A Reference and administration details

Charity name	Monkscroft Pastoral Care Project
Other names charity is known by	None
Registered charity number (if any)	1070022
Charity's principal address	Hesters Way Library
	Goldsmith Road
	Cheltenham, Gloucestershire
	Postcode **GL51 7RT**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mrs Susan Gifkins	Chair		
2	Mrs Victoria Stewart	Treasurer		
3	Geoff Moss			
4	Adrian Gifkins	Secretary		
5	Rita Cole			
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Jo Cannon – Project Coordinator

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	
Trustee selection methods (eg. appointed by, elected by)	Proposed and elected by other members of Board of Trustees. Reviewed annually at the AGM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

There is a Child Protection Policy in place and DBS checks are carried out every three years for Trustees and Staff.

All Trustees give their time voluntarily and received no remuneration.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide support to children who are experiencing social, emotional and behavioural difficulties To provide support to families, to ensure children of all ages thrive holistically from the basis of a secure attachment with their primary carer(s).

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The following activities were carried out having due regard for guidance on Public Benefit.

THIS YEAR INCLUDED PERIODS OF ONGOING RESTRICTIONS DUE TO THE GLOBAL COVID-19 PANDEMIC AND MANAGING MOVING OUT OF RESTRICTIONS.

1 – Provided core family support services for vulnerable children and families in the Hesters Way and St. Marks area of Cheltenham.

Support services included mainly face to face direct contact with child/parent(s) and also telephone / some video contact and included:

- assessment of need and ongoing reviews
- one to one sessions with children, parents and sibling groups, often online, to support parents with modelling positive parenting techniques in their own environment
- support to engage with education and health services. Access to primary health care and waiting lists for health care services post pandemic became particularly challenging adding to the pre-existing stress and mental health issues
- Additional one to one support to parents as stress and distress levels were elevated further after the lengthy pandemic conditions and the re-opening issues mentioned above

2 – Provided small group sessions for families to:

- reduce isolation
- enable and support parents to meet other parents in their community
- Infants / children to interact with others and improve social and emotional development
- Model and encourage play and interaction with children
- Enabled additional break-out sessions for review and support of parents as they navigate the extremely difficult circumstances in which they were now living – moving from the global pandemic to a cost of living crisis.

3 – Monitored and evaluated outputs and outcomes for the service.

This involved the use of:

- ‘Ages and Stages – Social and Emotional’ questionnaire
- ‘Stress on the Caregiving Relationship’ questionnaire (to identify risk factors to successful attachment)
- ‘UCLA Loneliness Scale’ at initial referral stage and at review.
- ‘Maternal Attitude Scale’
- ‘Parental Stress Scale’
- ‘Karitane Parenting Confidence Scale’

4 – We have continued to have sole use of the ‘Garden’ providing a well-equipped outdoor space for group activity sessions providing the following services:

- family support and mentoring
- safe play area with clean and high quality play resources and equipment, supporting fine and gross motor skill development, along with opportunity to develop speech, social interaction skills and confidence, cognition and imagination.
- Safe community play space for young children to explore and develop in together with other children, which was of particular importance for this cohort of children as they were ‘COVID babies’ having spent their first year or two in various lockdowns and restrictions and had previously had little to no opportunity to meet other people nor explore the world away from their immediate families and homes (often flats without gardens).

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

OUTCOMES FOR CHILDREN AND FAMILIES

0-4 year olds, improvements were achieved in the following:

- **More secure attachment** with primary carer and positive relationships with family

- **Improved attendance** at early years' settings e.g 'Stay and Play' sessions / nursery classes which in turn will promoted / improved social development.

- **Mental Health of parents supported / maintained.** This was critical work during and post pandemic and has continued to be a focus. Our parents were already (pre pandemic) experiencing isolation and loneliness, along with anxiety / low mood depression, with a history of childhood trauma in most cases. The pandemic and lockdowns had a significant impact on mental health. Much time and increased support levels were needed to support the parents mental health and benefit the children as a result. The Garden Activity sessions have been an invaluable extension and progression of this support, often still being the main social interaction the families had outside their own homes.

Families were supported with a range of difficulties acting as barriers to meeting their children's holistic needs. These included:

Housing and issues of poverty / financial hardship
Mental Health difficulties (mainly anxiety and depression)
Isolation (social and economic) and the impact of this on parenting and the rest of the family
Relationships between parent(s) and the children. Play and quality time
Relationships between adults in the home

Siblings were also supported with understanding their emotions, expressing themselves non aggressively and enjoying the family more, thus becoming happier and more secure and stable.

MENTAL WELLBEING

Mental well-being of parents continued to be a high priority to achieve positive outcomes for the children. High levels of contact with parents to support them mentally as episodes of anxiety and low mood / depression affected them – and their children.
Also supporting the families to adjust to life outside of the pandemic restrictions, during a time of such insecurity and lack of stability caused by the pandemic, followed now by a cost of living crisis. Links with local food banks and food pantries, as well as beginning discussions and preparation for the rising fuel costs that will impact more greatly come winter.

We placed significant focus during the spring and summer prior to

commencement of school ensuring that families were aware of the stepping stones to starting school and we saw good progress. We also make sure, where possible, that children are enrolled and attend nurseries to improve socialisation, speech and reduce separation anxiety.

Section E Financial review

Brief statement of the charity's policy on reserves	The charity does not retain significant reserves. Most revenue comes as restricted funds and is used in accordance with the grant timetable. Any small amounts of funding received that are unrestricted as used from time to time to cover funding gaps from grant givers, be it timing regarding continuity of staff or resources.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: - the charity's principal sources of funds (including any fundraising); - how expenditure has supported the key objectives of the charity; - investment policy and objectives including any ethical investment policy adopted.	Currently, the charity's principal sources of funds are grant giving organisations. The charity currently enjoys the support of the Peter Lang Foundation. The vast majority of these grants and the associated expenditure is for salaries in order to deliver the services described above.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		

Monkscroft Pastoral Care Project

Financial Accounts

For the year ending 31 August 2022

DRAFT

Monkscroft Pastoral Care Project

Annual Accounts to August 2022

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11	Special Projects	Balance Sheet	11

Prepared by:

Victoria Stewart
Treasurer to the Trustees

Monkscroft Pastoral Care Project
Financial Report
For the Year ending 31 August 2022

During the year the Project continued to enjoy the support of The Peter Lang Children's Trust.

There has been no significant fund raising activity this year.

Due to the focus on service delivery, the main expenses of the Project are salaries for Project Workers. The project has some facilities' running costs (mostly insurance and telephony/communications) and expenditure on professional fees (payroll services, pension fees and DBS bureau).

There were no movements in the Special Projects Account.

Monkscroft Pastoral Care Project
Consolidation Account

Treasurers Report

The Accounts for the year ended 31st August 2022, set out on pages 4 and 5 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date

Monkscroft Pastoral Care Project
Consolidation Account

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature

Print name

Date

Consolidated Income and Expenditure Account year end August 2022

	2022 Total £		2021 Total £	
INCOME				
Fees	0		0	
Private Donation	0		0	
Donations - Community Chest	0		13335	
Donations - Children in Need				
Donations Other	40000		39685	
Bank Interest	0		0	
Fund raising	0		0	
	40000		53020	
DONATIONS - out				
		40000		53020
EXPENSES				
Donations	0		0	
Fund raising	0		0	
Salaries, NI, Pension costs	33441		35226	
Additional salary	0		0	
Rent	0		0	
Bank charges	0		0	
Staff training & volunteers	0		0	
Consultancy & advice	834		924	
General running expenses	1542		2382	
Information Production	0		0	
Community Chest	0		8688	
Equipment	0		0	
Trustee expenses	0		0	
		35817		47219
Profit / Loss for year		**4183**		**5801**

Consolidated Balance Sheet year end August 2022

	2022		2021	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	23505		5987	
Income due not received	0		13335	
		23505		19322
Uncashed Cheques Issued	0		0	
		23505		19322
CURRENT LIABILITIES				
Accountancy				
Inland Revenue	0		0	
Training fees				
Rent				
		0		0
Net Assets		**23505**		**19322**
FINANCED BY:				
Balance brought fprward		19322		13522
Profit / Loss		4183		5801
		23505		**19322**

Monkscroft Pastoral Care Project

Treasurers Report

The Accounts for the year ended 31st August 2022, set out on pages 7 and 8 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date

Monkscroft Pastoral Care Project

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature

Print name

Date

Pastoral Care Project Income and Expenditure Account year end August 2022

	2022		2021	
	£	£	£	£
INCOME				
Fees			0	
Donations Other			200	
Donations - Peter Lang Foundation	40000		39685	
Transfer from Special Projects				
Donation - COMF			13335	
Bank Interest			0	
Fund raising				
		40000		53220
DONATIONS - out				
		40000		53220
EXPENSES				
Donations - out	0		200	
Fund raising				
Salaries, NI, Pension costs	33441		35226	
Additional salary				
Rent	0		0	
Bank charges	0		0	
Staff training & volunteers				
Consultancy & advice	834		924	
General running expenses	1542		2382	
COMF expenditure			8688	
Food				
Equipment	0		0	
Trustee expenses				
		35817		47419
Profit / Loss for year		**4183**		**5801**

Pastoral Care Project Balance Sheet year end August 2022

	2022		2021	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	21394		3876	
Income due not received			13335	
		21394		17211
Uncashed Cheques Issued				
Owed to Special Projects	2000		2000	
		19394		15211
CURRENT LIABILITIES				
Accountancy				
Inland Revenue				
Training fees				
Rent				
		0		0
Net Assets		**19394**		**15211**
FINANCED BY:				
Balance brought fprward		15211		9410
Profit / Loss		4183		5801
		19394		**15211**

Monkscroft Special Projects

Treasurers Report

The Accounts for the year ended 31st August 2022, set out on pages 10 and 11 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date

Monkscroft Special Projects

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature

Print name

Date

Special Projects Income and Expenditure Account year end August 2022

	2022		2021	
	£	£	£	£
INCOME				
Fees	0		0	
Donations - Family Holiday Assoc	0		0	
Private Donation	0		0	
Bank Interest	0		0	
Fund raising	0		0	
		0		0
DONATIONS - out	0		0	
		0		0
EXPENSES				
Donations				
Fund raising	0		0	
Salaries, NI, Pension costs				
Additional salary				
Recruitment costs				
Information production				
Staff training & volunteers	0		0	
Consultancy & advice				
General running expenses	0		0	
Rent				
Food				
Equipment				
Trustee expenses				
		0		0
Profit / Loss for year		**0**		**0**

Special Projects Balance Sheet year end August 2022

	2022		2021	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	2,111		2111	
Loan - PCP	2,000	0	2000	0
		0		0
		4,111		4111
CURRENT LIABILITIES				
Accountancy	0		0	
Inland Revenue	0		0	
Rent	0		0	
Net Assets		**4,111**		**4111**
FINANCED BY:				
Balance brought forward		4,111		4111
Profit / Loss		0		0
		4,111		**4111**

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Monkscroft Pastoral Care Project		
On accounts for the year ended	31 August 2022	**Charity no (if any)**	1070022
Set out on pages	1-11		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	26 June 2023
Name:	Sue Thompson (Book-Rite Ltd)		
Relevant professional qualification(s) or body (if any):	MIAB		

Address:	2 Princess Elizabeth Way
	Cheltenham, Gloucestershire
	GL51 7PJ

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

MONKSCROFT PASTORAL CARE PROJECT

England & Wales - Charity number 1070022

Accounts

Trustees' Annual Report for the period

	Period start date				Period end date		
From	1	Sept	2020	To	31	Aug	2021

Section A Reference and administration details

Charity name	Monkscroft Pastoral Care Project
Other names charity is known by	None
Registered charity number (if any)	1070022
Charity's principal address	Hesters Way Library
	Goldsmith Road
	Cheltenham, Gloucestershire
	Postcode GL51 7RT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mrs Susan Gifkins	Chair		
2	Mrs Victoria Stewart	Treasurer		
3	Geoff Moss			
4	Adrian Gifkins	Secretary		
5	Rita Cole			
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Jo Cannon – Project Coordinator

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	
Trustee selection methods (eg. appointed by, elected by)	Proposed and elected by other members of Board of Trustees. Reviewed annually at the AGM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

There is a Child Protection Policy in place and DBS checks are carried out every three years for Trustees and Staff.

All Trustees give their time voluntarily and received no remuneration.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide support to children who are experiencing social, emotional and behavioural difficulties To provide support to families, to ensure children of all ages thrive holistically from the basis of a secure attachment with their primary carer(s).

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The following activities were carried out having due regard for guidance on Public Benefit.

THIS YEAR INCLUDED PERIODS OF ONGOING RESTRICTIONS DUE TO THE GLOBAL COVID-19 PANDEMIC AND VARIOUS LOCKDOWNS AND SOCIAL DISTANCING RESTRICTIONS WHICH WERE IN PLACE.

1 – Provided core family support services for vulnerable children and families in the Hesters Way and St. Marks area of Cheltenham.

Support services included mainly face to face direct contact with child/parent(s) and also telephone and video contact and included:

- assessment of need and ongoing reviews
- one to one sessions with children, parents and sibling groups, often online, to support parents with modelling positive parenting techniques in their own environment
- support to engage with education and health services as nurseries re-opened and access to primary health care became particularly challenging adding to the pre-existing stress and mental health issues
- Additional one to one support to parents as stress and distress levels were elevated further after the lengthy pandemic conditions and the re-opening issues mentioned above

2 – Provided small group sessions for families to:

- reduce isolation
- enable and support parents to meet other parents in their community
- Infants / children to interact with others and improve social and emotional development
- Model and encourage play and interaction with children
- Enabled additional break-out sessions for review and support of parents as they navigate the extremely difficult circumstances in which they were now living and parents

3 – Monitored and evaluated outputs and outcomes for the service.

This involved the use of:

- 'Ages and Stages – Social and Emotional' questionnaire
- 'Stress on the Caregiving Relationship' questionnaire (to identify risk factors to successful attachment)
- 'UCLA Loneliness Scale' at initial referral stage and at review.
- 'Maternal Attitude Scale'
- 'Parental Stress Scale'
- 'Karitane Parenting Confidence Scale'

4 – During the pandemic, services were continually adapted to the ever-changings needs and circumstances throughout. This involved:

- Live 'activity' sessions for families over zoom. All resources necessary for the activities were provided and delivered in boxes to doorsteps.
- Phone call / zoom sessions in place of home visits
- When permitted, support groups restarted, with full covid-19 health and safety measures in place. The programme we provided enabled services to continue whether in person or online without disruption.

5 – During the summer of 2021 we secured additional funding from the Covid Outbreak Management Fund (COMF).

- This enabled the Project to convert a hitherto unused outdoor space into a well-equipped, inviting and COVID compliant space for group activity sessions providing the following services:

- family support and mentoring
- safe play area with clean and high quality material supporting fine and gross motor skill development
- ongoing community play space for young children to explore and develop in together with other children, which was of particular importance for this cohort of children as they were either COVID babies or were babies when lock-down started as such they had had little to no explore to meet other people nor explore the world away from their immediate families and homes (often flats without gardens).
-

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

OUTCOMES FOR CHILDREN AND FAMILIES

0-4 year olds, improvements were achieved in the following:

- **More secure attachment** with primary carer and positive relationships with family

- **Improved attendance** at early years' settings e.g 'Stay and Play' sessions / nursery classes which in turn will promoted / improved social development.

Active Involvement in online and face to face group sessions. Children were able to continue social interaction and development with other children via this provision.

- **Improved access to health services**

During the pandemic this involved ensuring families were supported, particularly when accessing general health (not covid related) was needed. Links with local Health Visiting team was invaluable partnership working during this period, to ensure all our pregnant ladies, babies and young children had prompt access to health issues.

Mental Health of parents supported / maintained. This was critical work during the pandemic. Our parents were already (pre pandemic) experiencing isolation and loneliness, along with anxiety / low mood depression, with a history of childhood trauma in most cases. The pandemic and lockdowns had a significant impact on mental health. Our services were adapted and telephone / messaging / video and doorstep support was increased to support the parents mental health and benefit the children as a result. The Garden Activity sessions have been an invaluable extension and progression of this support, often being the only social interaction the families had outside their own homes.

Families were supported with a range of difficulties acting as barriers to meeting their children's holistic needs. These included:

Housing and issues of poverty / financial hardship
Mental Health difficulties (mainly anxiety and depression)
Isolation (social and economic) and the impact of this on parenting and the rest of the family
Relationships between parent(s) and the children. Play and quality time
Relationships between adults in the home

Siblings were also supported with understanding their emotions, expressing themselves non aggressively and enjoying the family more, thus becoming happier and more secure and stable.

DEVELOPMENT

During this year, we have continued to develop and build working partnerships with other local agencies. We were able to build on the links made the previous year (e.g. Health Visitors) to work collaboratively, particularly during lockdowns to monitor, support and protect the most vulnerable children during a time of even higher levels of strain on families.
Mental well-being continued to be a high priority to achieve this. High levels of contact with parents to support them mentally as episodes of anxiety and low mood / depression affected them – and their children.
Also supporting the families to find focus and purpose during a time of such insecurity and lack of stability caused by the pandemic. Although there were some extremely challenging times during this period, there was also periods of great achievement in observing some of the darkest moments in some families lives transform and we can now see the parents setting and achieving their own goals e.g. completing online courses / building confidence / raising aspirations both for themselves and their children.

A number of our children have started school since the pandemic. We placed significant focus during the spring and summer prior to commencement of school ensuring that families were aware of the stepping stones to starting school and we saw good progress and the children have so far settled well into an educational environment. We also make sure, where possible, that children are enrolled and attend nurseries to improve socialisation, speech and reduce separation anxiety.

Data and feedback on the Summer Garden Activity Group:

"It was really good fun. 'E' learnt how to ride the trike and also to climb the big climbing frame today." – Teenage Mother of a 1 year old boy and an unborn.

"Lovely time at group today. It's great watching 'A' interact with the other children and playing with all the toys." – Mother of a 1 year old boy, recently separated from the father and moved to the area.

"The summer garden group was amazing and has encouraged us to come outside and meet new people. 'A' loved playing with all the equipment and all the other children." – Mother of a 3 year old boy (and 7 year old daughter who lives away).

"I loved the group, lots of fun. 'L' has enjoyed it." Autistic Mother of a 3-4 month old girl.

"All my children love coming. So much for them to play with and do. The staff are great. Will defo be coming again." – Single mother of 3 girls, aged, 7, 5 and 1.

Record of attendance

WEEK	Date	No. Adults	TOTAL Child spaces taken up	TOTAL attendees	Child age Unborn	Child age 0-1	Child age 1	Ch ag 2
1	02-08-2021	2	3	5				1
	04-08-2021	6	7	13	1		2	2
	05-08-2021	7	9	16	2		3	2
2	09-08-2021	6	7	13		1	1	2
	11-08-2021	6	8	14			1	2
	12-08-2021	6	10	16	1	1	2	2
3	16-08-2021	4	5	9			1	2
	18-08-2021	9	12	21	1	1	3	2
	19-08-2021	8	11	19	1	1	2	4
4	23-08-2021	4	6	10				4
	24-08-2021	4	6	10	1		2	2

Section E Financial review

Brief statement of the charity's policy on reserves	The charity does not retain significant reserves. Most revenue comes as restricted funds and is used in accordance with the grant timetable. Any small amounts of funding received that are unrestricted as used from time to time to cover funding gaps from grant givers, be it timing regarding continuity of staff or resources.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Currently, the charity's principal sources of funds are grant giving organisations. The charity currently enjoys the support of the Peter Lang Foundation. The vast majority of these grants and the associated expenditure is for salaries in order to deliver the services described above.

During the summer of 2021, the Project received one-off funding from the COVID Outbreak Management Fund (COMF).

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Adrian Gifkins	Susan Gifkins
Position (eg Secretary, Chair, etc)	Secretary	Chair

Date	30.6.22

Monkscroft Pastoral Care Project

Financial Accounts

For the year ending 31 August 2021

Monkscroft Pastoral Care Project

Annual Accounts to August 2021

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8	Pastoral Care Project	Balance Sheet	8
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11	Special Projects	Balance Sheet	11

Prepared by:

Victoria Stewart
Treasurer to the Trustees

Monkscroft Pastoral Care Project
Financial Report
For the Year ending 31 August 2021

During the year the Project continued to enjoy the support of The Peter Lang Children's Trust. Additionally during the summer of 2021 the Project received funding from the Covid Outbreak Management Fund (COMF)
There has been no significant fund raising activity this year.

Due to the focus on service delivery, the main expenses of the Project are salaries for Project Workers. The project has some facilities' running costs (mostly insurance and telephony/communications) and expenditure on professional fees (payroll services, pension fees and DBS bureau).

During 2021, the expenditure profile is impacted by the use of the COMF funds, which is shown separtely within the accounts. Included in this expenditure is £3,600 for staffing and the remainder

was used for play equipment and resources and outdoor shelters in order to provide a COVID compatible meeting space for families, children and staff.

There were no movements in the Special Projects Account.

Monkscroft Pastoral Care Project
Consolidation Account

Treasurers Report

The Accounts for the year ended 31st August 2021, set out on pages 4 and 5 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date 30.6.22

Monkscroft Pastoral Care Project
Consolidation Account

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature S Gifkins
Print name Sue Gifkins
Date 30.6.22

Consolidated Income and Expenditure Account year end August 2021

	2021 Total £		2020 Total £	
INCOME				
Fees	0		0	
Private Donation	0		0	
Donations - COMF	13335		0	
Donations - other	200			
Donations - Peter Lang Foundation	39685		39083	
Bank Interest	0		0	
Fund raising	0		0	
	53220		39083	
DONATIONS - out		53220		39083
EXPENSES				
Donations out	200		0	
Fund raising	0		0	
Salaries, NI, Pension costs	35226		35634	
Additional salary	0		0	
Rent	0		300	
Bank charges	0		0	
Staff training & volunteers	0		0	
Consultancy & advice	924		990	
General running expenses	2382		2349	
Information Production	0		0	
COMF expendture	8688		0	
Equipment	0		0	
Trustee expenses	0		0	
		47420		39274
Profit / Loss for year		**5800**		**-191**

Consolidated Balance Sheet year end August 2021

	2021		2020	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	5987		13522	
Income due not received	13335		0	
		19322		13522
Uncashed Cheques Issued	0		0	
		19322		13522
CURRENT LIABILITIES				
Accountancy				
Inland Revenue	0		0	
Training fees				
Rent				0
Net Assets		**19322**		**13522**
FINANCED BY:				
Balance brought fprward		13522		13712
Profit / Loss		5800		-191
		19322		**13522**

Monkscroft Pastoral Care Project

Treasurers Report

The Accounts for the year ended 31st August 2021, set out on pages 7 and 8 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date 30.6.22

Monkscroft Pastoral Care Project

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature SEGIFKINS
Print name SUE GIFKINS
Date 30.6.22

Pastoral Care Project Income and Expenditure Account year end August 2020

	2021		2020	
	£	£	£	£
INCOME				
Fees	0		0	
Donations Other	200			
Donations - Peter Lang Foundation	39685		39083	
Transfer from Special Projects				
Donation - COMF	13335		0	
Bank Interest	0		0	
Fund raising				
		53220		39083
DONATIONS - out				
		53220		39083
EXPENSES				
Donations - out	200			
Fund raising				
Salaries, NI, Pension costs	35226		35634	
Additional salary				
Rent	0		300	
Bank charges	0		0	
Staff training & volunteers				
Consultancy & advice	924		990	
General running expenses	2382		2349	
COMF expenditure	8688			
Food				
Equipment	0		0	
Trustee expenses				
		47420		39274
Profit / Loss for year		**5800**		**-191**

Pastoral Care Project Balance Sheet year end August 2019

	2021		2020	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	3876		11411	
Income due not received	13335			
		17211		11411
Uncashed Cheques Issued				
Owed to Special Projects	2000		2000	
		15211		9411
CURRENT LIABILITIES				
Accountancy				
Inland Revenue				
Training fees				
Rent				
				0
Net Assets		**15211**		**9411**
FINANCED BY:				
Balance brought fprward		9411		9600
Profit / Loss		5800		-191
		15211		**9410**

Monkscroft Special Projects

Treasurers Report

The Accounts for the year ended 31st August 2021, set out on pages 10 and 11 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date 30.6.22

Monkscroft Special Projects

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature SC Gifkins
Print name SUE GIFKIN
Date 30.6.22

Special Projects Income and Expenditure Account year end August 2021

	2021		2020	
	£	£	£	£
INCOME				
Fees	0		0	
Donations - Family Holiday Assoc	0		0	
Private Donation	0		0	
Bank Interest	0		0	
Fund raising	0		0	
		0		0
DONATIONS - out	0		0	
		0		0
EXPENSES				
Donations				
Fund raising	0		0	
Salaries, NI, Pension costs				
Additional salary				
Recruitment costs				
Information production				
Staff training & volunteers	0		0	
Consultancy & advice				
General running expenses	0		0	
Rent				
Food				
Equipment				
Trustee expenses				
		0		0
Profit / Loss for year		0		0

Special Projects Balance Sheet year end August 2021

	2021		2020	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	2,111		2111	
Loan - PCP	2,000	0	2000	0
		0		0
		4,111		4111
CURRENT LIABILITIES				
Accountancy	0		0	
Inland Revenue	0		0	
Rent	0		0	
Net Assets				**4111**
FINANCED BY:				
Balance brought forward		4,111		4111
Profit / Loss		0		0
		4,111		**4111**

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Monkscroft Pastoral Care Project		
On accounts for the year ended	31 August 2021	**Charity no (if any)**	1070022
Set out on pages	1-11		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2021.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	29 June 2022
Name:	Sue Thompson (Book-Rite Ltd)		
Relevant professional qualification(s) or body (if any):	MIAB		

Address:	2 Princess Elizabeth Way
	Cheltenham, Gloucestershire
	GL51 7PJ

Section B	**Disclosure**
	Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	

MONKSCROFT PASTORAL CARE PROJECT

England & Wales - Charity number 1070022

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Sept	2019		31	Aug	2020

Section A Reference and administration details

Charity name	Monkscroft Pastoral Care Project
Other names charity is known by	None
Registered charity number (if any)	1070022
Charity's principal address	Hesters Way Library
	Goldsmith Road
	Cheltenham, Gloucestershire
	Postcode **GL51 7RT**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mrs Susan Gifkins	Chair		
2	Mrs Victoria Stewart	Treasurer		
3	Geoff Moss			
4	Adrian Gifkins	Secretary		
5	Rita Cole			
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Jo Cannon – Project Coordinator

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	
Trustee selection methods (eg. appointed by, elected by)	Proposed and elected by other members of Board of Trustees. Reviewed annually at the AGM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

There is a Child Protection Policy in place and DBS checks are carried out every three years for Trustees and Staff.

All Trustees give their time voluntarily and received no remuneration.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To provide support to children who are experiencing social, emotional and behavioural difficulties To provide support to families, to ensure children of all ages thrive holistically from the basis of a secure attachment with their primary carer(s).

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The following activities were carried out having due regard for guidance on Public Benefit.

THIS YEAR INCLUDED FROM MARCH 2020, WHEN THE GLOBAL COVID-19 PANDEMIC ARRIVED IN THE UK AND VARIOUS LOCKDOWNS AND RESTRICTIONS WERE IN PLACE.

1 – Provided core family support services for vulnerable children and families in the Hesters Way and St. Marks area of Cheltenham.

Support services included mainly face to face direct contact with child/parent(s) and also telephone contact (particularly as support is withdrawing) and included:

- home visits family sessions
- assessment of need and ongoing reviews
- one to one sessions with children and sibling groups
- support to engage with education and health services.

2 – Provided small group sessions for families (6 months prior to pandemic) to:

- reduce isolation
- enable and support parents to meet other parents in their community
- Infants / children to interact with others and improve social and emotional development
- Model and encourage play and interaction with children

3 – Monitored and evaluated outputs and outcomes for the service.

This involved the use of:

- 'Ages and Stages – Social and Emotional' questionnaire
- 'Stress on the Caregiving Relationship' questionnaire (to identify risk factors to successful attachment)
- 'UCLA Loneliness Scale' at initial referral stage and at review.
- 'Maternal Attitude Scale'
- 'Parental Stress Scale'
- 'Karitane Parenting Confidence Scale'

4 – During the pandemic, services were adapted immediately and throughout. This involved:

- Live 'activity' sessions for families over zoom. All resources necessary for the activities were provided and delivered in boxes to doorsteps.
- Phone call / zoom sessions in place of home visits
- When permitted, support groups restarted, with full covid-19 health and safety measures in place. The programme we provided enabled services to continue whether in person or online without disruption.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about: • policy on grantmaking; • policy programme related investment; • contribution made by volunteers.	During this year we updated our 'Charitable Objects' with approval from the Charity Commission.

Summary of the main achievements of the charity during the year

OUTCOMES FOR CHILDREN AND FAMILIES

0-4 year olds, improvements were achieved in the following:

- **More secure attachment** with primary carer and positive relationships with family

- **Improved attendance** at early years' settings e.g 'Stay and Play' sessions / nursery classes which in turn will promoted / improved social development.

Active Involvement in online group sessions during lockdowns. Children were able to continue social interaction and development with other children via this provision.

- **Improved access to health services** and early identification of any health conditions/difficulties pre pandemic.

During the pandemic this involved ensuring families were supported, particularly when accessing general health (not covid related) was needed. Links with local Health Visiting team was invaluable partnership working during this period, to ensure all our pregnant ladies, babies and young children had prompt access to health issues.

Mental Health of parents supported / maintained. This was critical work during the pandemic. Our parents were already (pre pandemic) experiencing isolation and loneliness, along with anxiety / low mood depression, with a history of childhood trauma in most cases. The pandemic and lockdowns had a significant impact on mental health. Our services were adapted and telephone / messaging / video and doorstep support was increased to support the parents mental health and benefit the children as a result.

Families were supported with a range of difficulties acting as barriers to meeting their children's holistic needs. These included:

Housing and issues of poverty / financial hardship
Mental Health difficulties (mainly anxiety and depression)
Isolation (social and economic) and the impact of this on parenting and the rest of the family
Relationships between parent(s) and the children. Play and quality time
Relationships between adults in the home

Siblings were also supported with understanding their emotions, expressing themselves non aggressively and enjoying the family more, thus becoming happier and more secure and stable.

DEVELOPMENT

During this year, we have continued to develop and build working partnerships with other local agencies. We were able to build on the links made the previous year (e.g. Health Visitors) to work collaboratively, particularly during lockdowns to monitor, support and protect the most vulnerable children during a time of even higher levels of strain on families.
Mental well-being became a high priority to achieve this. High levels of contact with parents to support them mentally as episodes of anxiety and low mood / depression effected them – and their children.
Also supporting the families to find focus and purpose during a time of such insecurity and lack of stability caused by the pandemic. Although there were some extremely challenging times during this period, there was also periods of great achievement in observing some of the darkest moments in some families lives transform and we can now see the parents setting and achieving their own goals e.g. completing online courses / building confidence / raising aspirations both for themselves and their children.

Section E Financial review

Brief statement of the charity's policy on reserves	The charity does not retain significant reserves. Most revenue comes as restricted funds and is used in accordance with the grant timetable. Any small amounts of funding received that are unrestricted as used from time to time to cover funding gaps from grant givers, be it timing regarding continuity of staff or resources.
Details of any funds materially in deficit	

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	Currently, the charity's principal source of funds is grant giving organisations. The charity currently enjoys the support of the Peter Lang Children's Trust. This grant and the associated expenditure is largely for salaries in order to deliver the services described above.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		

Date	30.6.20

Monkscroft Pastoral Care Project

Financial Accounts

For the year ending 31 August 2020

Monkscroft Pastoral Care Project

Annual Accounts to August 2020

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Prepared by:

Victoria Stewart
Treasurer to the Trustees

Monkscroft Pastoral Care Project
Financial Report
For the Year ending 31 August 2020

During the year the Project continued to enjoy the support of The Peter Lang Children's Trust.

There has been no significant fund raising activity this year.

Due to the focus on service delivery, the main expenses of the Project are salaries for Project Workers. The project has some facilities' running costs (mostly insurance and telephony/communications) and expenditure on professional fees (mostly payroll services and pension fees).

General running costs have increased in 2020 due to changes to the service implemented to support users of the Project during the COVID 19 period. These costs mostly relate to consumable resources for service-user's home based activities initiated and supported by the Project. The Project was grateful to The Peter Lang Children's Trust for an additional donation to support this work.

There were no movements in the Special Projects Account.

Monkscroft Pastoral Care Project
Consolidation Account

Treasurers Report

The Accounts for the year ended 31st August 2020, set out on pages 4 and 5 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date

Monkscroft Pastoral Care Project
Consolidation Account

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature

Print name

Date

Consolidated Income and Expenditure Account year end August 2020

	2020 Total £		2019 Total £	
INCOME				
Fees	0		0	
Private Donation	0		0	
Donations - Community Chest	0		0	
Donations - Children in Need				
Donations Other	39083		33017	
Bank Interest	0		0	
Fund raising	0		0	
	39083		33017	
DONATIONS - out				
		39083		33017
EXPENSES				
Donations	0		0	
Fund raising	0		0	
Salaries, NI, Pension costs	35633		32566	
Additional salary	0		0	
Rent	300		900	
Bank charges	0		0	
Staff training & volunteers	0		125	
Consultancy & advice	990		810	
General running expenses	2349		1842	
Information Production	0		0	
Community Chest	0		0	
Equipment	0		407	
Trustee expenses	0		0	
		39273		36650
Profit / Loss for year		**-190**		**-3633**

Consolidated Balance Sheet year end August 2020

	2020		2019	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	13522		13712	
Income due not received	0		0	
		13522		13712
Uncashed Cheques Issued	0		0	
		13522		13712
CURRENT LIABILITIES				
Accountancy				
Inland Revenue	0		0	
Training fees				
Rent				
				0
Net Assets		**13522**		**13712**
FINANCED BY:				
Balance brought fprward		13712		17346
Profit / Loss		-190		-3633
		13522		**13712**

Monkscroft Pastoral Care Project

Treasurers Report

The Accounts for the year ended 31st August 2020, set out on pages 7 and 8 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date

Monkscroft Pastoral Care Project

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature

Print name

Date

Pastoral Care Project Income and Expenditure Account year end August 2020

	2020		2019	
	£	£	£	£
INCOME				
Fees	0		0	
Private Donation				
Donations Other	39083		33017	
Transfer from Special Projects				
Community Chest	0		0	
Bank Interest	0		0	
Fund raising				
		39083		33017
DONATIONS - due to Special Project				
		39083		33017
EXPENSES				
Donations				
Fund raising				
Salaries, NI, Pension costs	35633		32566	
Additional salary				
Rent	300		900	
Bank charges	0		0	
Staff training & volunteers			125	
Consultancy & advice	990		810	
General running expenses	2349		1842	
Community Chest				
Food				
Equipment	0		407	
Trustee expenses				
		39273		36650
Profit / Loss for year		**-190**		**-3633**

Pastoral Care Project Balance Sheet year end August 2020

	2020		2019	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	11410		11601	
Income due not received				
		11410		11601
Uncashed Cheques Issued				
Owed to Special Projects	2000		2000	
		9410		9601
CURRENT LIABILITIES				
Accountancy				
Inland Revenue			0	
Training fees				
Rent				
				0
Net Assets		**9410**		**9601**
FINANCED BY:				
Balance brought fprward		9600		13234
Profit / Loss		-190		-3633
		9410		**9600**

Monkscroft Special Projects

Treasurers Report

The Accounts for the year ended 31st August 2020, set out on pages 10 and 11 have been prepared by me, under the historic cost convention from the books, vouchers and from information and explanations supplied to me.

Victoria Stewart
Treasurer to the Trustees

Date

Monkscroft Special Projects

Trustees Declaration

I have examined the enclosed accounts and confirm that they are in accordance with the books, papers and information provided to me.

Signature

Print name

Date

Special Projects Income and Expenditure Account year end August 2020

	2020		2019	
	£	£	£	£
INCOME				
Fees	0		0	
Donations - Family Holiday Assoc	0		0	
Private Donation	0		0	
Bank Interest	0		0	
Fund raising	0		0	
		0		0
DONATIONS - out	0		0	
		0		0
EXPENSES				
Donations				
Fund raising	0		0	
Salaries, NI, Pension costs				
Additional salary				
Recruitment costs				
Information production				
Staff training & volunteers	0		0	
Consultancy & advice				
General running expenses	0		0	
Rent				
Food				
Equipment				
Trustee expenses				
		0		0
Profit / Loss for year		**0**		**0**

Special Projects Balance Sheet year end August 2019

	2020		2019	
	£	£	£	£
CURRENT ASSETS				
Cash at bank	2,111		2111	
Loan - PCP	2,000	0	2000	0
		0		0
		4,111		4111
CURRENT LIABILITIES				
Accountancy	0		0	
Inland Revenue	0		0	
Rent	0		0	
Net Assets				**4111**
FINANCED BY:				
Balance brought forward		4,111		4111
Profit / Loss		0		0
		4,111		**4111**

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Monkscroft Pastoral Care Project		
On accounts for the year ended	31 August 2020	**Charity no (if any)**	1070022
Set out on pages	1-11		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/08/2020.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, and that an independent examination is needed.

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	30 June 2021
Name:	Sue Thompson (Book-Rite Ltd)		
Relevant professional qualification(s) or body (if any):	MIAB		

Address:	2 Princess Elizabeth Way
	Cheltenham, Gloucestershire
	GL51 7PJ

Section B Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.