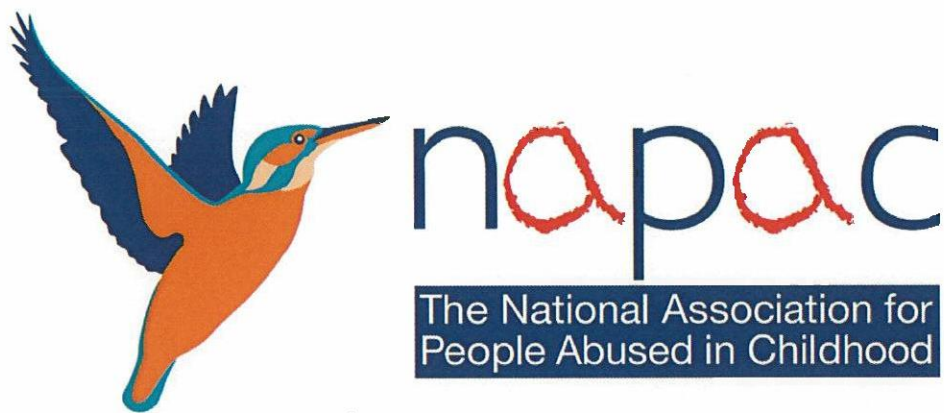


REGISTERED COMPANY NUMBER: 03565696 (England and Wales)
REGISTERED CHARITY NUMBER: 1069802
OSCR NUMBER: SC049296



THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD
REPORT OF THE BOARD OF TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

tc accounts • tax • legal • financial planning

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

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THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

LEGAL AND ADMINISTRATION INFORMATION

FOR THE YEAR ENDED 31 MARCH 2022

Registered Company number 03565696 (England and Wales)

Registered Charity number 1069802
OSCR Number SC049296

Registered office Canopi
7-14 Great Dover Street
Borough
London
England
SE1 4YR

Trustees (During the year and at the date of approval of these financial statements)

Name

Action/Date

Ms L Cowen	Appointed 9 June 2021
Ms P Gale	
Mr J Griffiths	Resigned 1 December 2021
Ms K Hitchcock	Appointed 9 June 2021
Dr N Hodson	Appointed 9 June 2021
Dr T Lambert	
Ms A Millar	Appointed 9 June 2021
Ms A Milner	Resigned 15 September 2021
Mr S Naik	Appointed 9 June 2021
Ms M Newman	
Mr S Spencer	

Secretary

Mr T Barclay

Executive Team

Ms G Shaw
Mr T Barclay

Chief Executive
Chief Operating Officer

Independent examiner

Mark Cummins FCCA FCIE
T C Group
The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Bankers

CAF Bank
St Bride Street
London
EC4A 47AD

Metro Bank
72-76 High St
Bromley
BR1 1EG

Lloyds Bank
6-8 Market Square
Bromley
BR1 1NA

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The Board of Trustees, who are also the Directors of the Company for the purposes of the Company law, submit their annual report and financial statements of the National Association for People Abused in Childhood for the year ended 31 March 2022. The Board of Trustees confirm that the trustees report and financial statements of the Company comply with the Company's Memorandum and Articles of Association, the Companies Act 2006, the Charities Act 2011, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) — (Charities SORP (FRS 102)), and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

GOVERNANCE AND MISSION

Governing document

NAPAC is a charitable company limited by guarantee, incorporated on 12 May 1998 and registered as a charity on 29 May 1998. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

On 28 November 2018, by Special Resolution of its Board of Trustees (also known as members), NAPAC updated its Articles of Association which substitute and supersede the original 1998 Articles of Association as the organisation's governing document. Similarly, NAPAC made a further update to its Articles of Association via the same process on 31 December 2021.

Mission

NAPAC's vision is of a society in which every adult survivor of childhood abuse in the UK can access the support they need, when they need it, to make a journey of recovery and heal their emotional and psychological wounds.

As the only national organisation in the UK focussed on the needs of all adult survivors of all kinds of childhood abuse, NAPAC has a central and unique role to play in the delivery of this vision.

Values

We have firm beliefs about the damaging impact of childhood abuse on people's lives, and how this damage can and should be repaired. They are the values which underpin everything we do:

- We believe that any abuse of children – whether physical, sexual, narcissistic, emotional, or ritual, or the result of neglect – is damaging and wrong.
- We know that abuse in childhood can cause continuing harm and suffering to millions of people well into adulthood.
- We believe that every individual has the right to leave the impact of childhood abuse behind, grow as a person and enjoy a happier and more fulfilled life, not defined by childhood trauma.
- We know that survivors of childhood abuse can be empowered to do just that: we have proved that we and others can support them.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD
REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2022

Purpose

NAPAC aims to make a difference in the lives of adult survivors of childhood abuse by:

- providing a range of services which offer direct support to survivors.
- ensuring that survivors know where they can go for help.
- spreading best practice in the support of survivors among those who they may approach for help.
- working with others to increase the provision and effectiveness of support for survivors.
- standing up for survivors and representing their interests among those who are in a position to help improve their lives.

Public Benefit

The trustees have taken the Charity Commission's general guidance on public benefit contained within their publication Charities and Public Benefit, into account when preparing this Trustees' Annual Report.

ACHIEVEMENTS AND PERFORMANCE - Year from 1 April 2021 to 31 March 2022

General overview

NAPAC provides the only free national support service for adult survivors of all types of childhood abuse. We offer specialist, confidential support operated by experienced staff and trained volunteers.

NAPAC works closely with the criminal justice and public health sectors. We support survivors to navigate and understand their options with criminal and civil law, and in healing and recovery. Choice is key, and our website provides a wealth of free information and resources for survivors and those supporting them.

As a trusted public health organisation, people use NAPAC's services to support their overall health and wellbeing, to build and improve their resilience, and to be able to make brave, positive choices every day – including asking for help when they need it.

Those using our services ask for support with a range of concerns, including anxiety, depression, isolation, reporting to the police, domestic and sexual violence, boundaries, and complex post-traumatic stress. For many, contacting NAPAC is a first step to recovering from trauma and leading happier, more fulfilled lives.

NAPAC has four main services:

- The UK's only free national telephone and email support service for all adult survivors of any kind of childhood abuse.
- Intensive psychoeducational support groups for survivors of abuse; these face-to-face support groups have now been developed for online delivery.
- Extensive training for professionals who engage with adult survivors of childhood abuse and anyone at risk of vicarious trauma.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

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- Research and advocacy, using our own data and working in partnership to raise survivors' voices in policy and practice across the UK.

During this reporting period, the global pandemic of COVID-19 and its associated effects continued to be a significant issue for UK society.

COVID-19 also provided an impetus for innovation and change. This was most obvious in the pivot to online delivery of both support groups and training; NAPAC spent much of this reporting period researching, developing, and piloting these new models, and the early indications are extremely promising.

Our website again proved to be an essential first point of support for survivors, victims, supporters, and professionals; we increased the percentage of calls answered on our telephone support line; and our advocacy and media work have kept the issue of childhood abuse and support for adult survivors firmly in the public eye.

Further amendments to our staffing structures and enhancement of our governance ability provided the foundation of our overall success in navigating the challenges of this COVID-19 period. It means that NAPAC maintains the ability to flex and meet the organisation's strategic goals, with strong governance oversight from an experienced and cohesive Board of Trustees.

Significant challenges remain, however. Demand for NAPAC's services, particularly our telephone support line and support groups, far outstrips our current ability to meet it. We know that more generally, adult survivors across the UK face barriers to accessing the support they need, when they need it, and that too often the response they receive is inadequate.

Activities and Performance

In the sections that follow, NAPAC will report in detail its performance across its main areas of work, including support services, training, advocacy and communications. Some of the highlights from those areas are noted below. During the year to 31 March 2022, the principal activities of NAPAC included:

- Providing a free and confidential national telephone support line, and an email support service, for survivors of childhood abuse
 - Over 10,700 requests for support answered.
 - Over 4,200 hours providing support by phone and email.
- Maintaining a website containing information relevant to survivors of childhood abuse - napac.org.uk
 - Over 180,000 visitor sessions.
 - Over 7,000 visitor hours.
- Supplying training, information and resources for those providing assistance to survivors of abuse.
- Researching, developing and piloting new training programmes dealing with topics such as vicarious trauma, emotional resilience and stress responses of survivors.
- Developing and preparing an entirely new model of online support groups, including robust quantitative and qualitative evaluation which evidence outcomes, in order for NAPAC to offer this at much greater scale than face-to-face support groups.
- The raising of public awareness of the continuing impact of childhood abuse, through media and advocacy activities.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

- Participation and representation at seminars and conferences on subjects related to the alleviation of the impact of childhood abuse.
- The publication of materials and information and resources for survivors and those who support them, which are free to download in electronic format.

SUPPORT SERVICES

Telephone support line and email support

NAPAC's support services operation, which encompasses our telephone support line and email support service, is run entirely from our Stockport office. This gives greater efficiency and improved safety and transparency for callers as well as staff and volunteers.

NAPAC's free national telephone support line for adult survivors of childhood abuse - 0808 801 0331 - offers survivors the chance to talk through their experiences with highly-trained volunteers and staff.

The purposes of the support line are:

- to provide support for survivors in their journey of recovery and healing from the long-term consequences of childhood abuse.
- to provide that support at whatever point or points in their journey they need it.
- in combination with resources on the NAPAC website, to give survivors a chance to believe that healing is possible.
- to help survivors get to a point where they feel they can take more control over their own ongoing healing journey.

We know that for some survivors, writing down their feelings can be easier or more accessible than talking. NAPAC therefore offers an email (and letter) support service where people may write to us for support and with any questions or comments about abuse experienced in childhood, its impact in adulthood, their recovery experiences, or to find longer-term support in their area.

This service additionally has the purpose of allowing survivors to make an initial approach to NAPAC even if they may not be ready for a telephone conversation. In answering emails NAPAC encourages correspondents, when appropriate to do so, to call the support line. It is considered that the support line provides a more effective means of support, in that it is easier to be survivor-led and person-centred in a conversation than in an email exchange.

Between 1 April 2021 and 31 March 2022, the team consisted of 15 active volunteers and 15 members of staff. The normal opening hours of the support services operation are 10.00-21.00 Mondays to Thursdays, and 10.00-18.00 on Fridays.

COVID-19 and the associated lockdown measures continued to have an impact on our support services operation. It is worth noting that during the pandemic, NAPAC's survivor support services were acknowledged by the Ministry of Justice as an 'essential service'. Consequently, we felt both empowered and required to continue to provide our support services to the best of our ability in the circumstances.

The performance of NAPAC's support services and some interesting findings are described below.

- The **total number of emails answered** in the 12 months to 31 March 2022 was 3,124 (up from 2,558 in the previous reporting period). The 22% increase in the number of emails answered reflects the continuing importance of this service, as does the increasing length and complexity in the emails seeking support, and the commensurate time required to deal sensitively and appropriately with each one.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

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- Our **telephone support line** is anonymous and confidential, and we cannot identify the individual people who call. Our call management system can tell us if a call attempt is from a unique caller or previously connected number, helping us understand how people use the service and better meet their needs.
- **54% of unique callers were connected** at some point during the year. In total there were 7,617 calls answered out of 47,023 call attempts (including multiple repeat callers as well as unique individual callers) which is 16.2% connected. This continues the improvement in percentage of calls answered achieved in the previous two years (last year we answered 6,059 calls which was a 14.8% success rate per call attempt).
- The **average talk time** per call is consistent with previous years, at 18:35 minutes.

We are focused on growing our income so that we can invest in our support services to reach more victims and survivors.

Psychoeducational support groups

NAPAC has been running successful and well received face-to-face psychoeducational and therapeutic support groups for adult survivors of any type of childhood abuse or neglect over more than ten years. We know from calls to our support line that this is the kind of support many survivors want, groupwork is also widely considered to be the 'gold standard' for therapeutic support modalities in the literature.

The NAPAC model and manualised structure has been continuously refined and improved based on feedback from participants and learning from delivery. The face-to-face groups cost nearly £10,000 to deliver in 2019 for 12 people, over 15 weeks of two and a half hour sessions weekly. Funding for these groups was obtained from the Home Office, City Bridge Trust, JAC Trust and Philip King Trust.

When COVID-19 resulted in the requirement to end face-to-face services, NAPAC decided to implement a plan to convert the face-to-face model to online delivery using Zoom.

The first pilot of the online support group ran for 12 sessions of 90 minutes each from April to July 2021. There were six participants, including some who had been offered places in the cancelled face-to-face group that had been due to start in April 2020. The participants had all experienced prolonged childhood abuse of various types and had sought support in the past from public sector services.

The main learning point reported by facilitators and in written qualitative feedback from participants was that more time would enable a disproportionate improvement in outcomes. This is because it took longer for the group to bond (than in face-to-face groups) and get to know each other sufficiently for effective emotional work to start.

To mitigate the impact of moving sessions online, groups were held with smaller numbers of participants (eight in online groups and 12 in face-to-face groups). This gave each person more time to share and work through the content and supported group bonding. However, it became clear that even with smaller numbers it would not be possible to decrease the length of the course by more than 25% and still achieve the intended outcomes.

It was concluded that the best outcomes and value would therefore be achieved by increasing the number of sessions. The second pilot was planned with 18 sessions of 90 minutes each. This would bring the total number of virtual contact hours up to 75% of what was offered in the face-to-face groups. However, overall costs remain low due to the work happening online.

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The second pilot was agreed by the Board at the meeting on 1 December 2021, with sessions beginning in April 2022. We continue efforts to increase our income which will mean a greater ability to run more of these psychoeducational support groups.

TRAINING

NAPAC has been training professionals who work with adult survivors of child abuse on an ad-hoc basis for many years. Since 2018, NAPAC has expanded the reach of its training programme, which has resulted in a more commercial and rigorous approach to income generation through effective client management and internal reporting. A full review and update of all NAPAC's training began February 2022. This is expected to take a year to complete, with a focus on piloting new materials before an updated suite of workshops and bespoke options being launched in 2023.

NAPAC's flagship one-day training workshop – 'Supporting Adult Survivors of Child Abuse' (SASCA) – has been rewritten to reflect new learning from survivors and academic research. It is now also available as an online e-learning course for self-directed study. It has also been renamed – 'Trauma Informed Survivor Support'. The training is firmly rooted in the latest research on the impacts of abuse, neuroscience, and the emerging field of trauma-informed practice. Reviews and updates are carried out regularly to include new learning from our support line service and the latest clinical and academic developments.

NAPAC's reconfigured training will be submitted for accreditation by the British Psychological Society (BPS) and the Royal College of Nursing (RCN) or other relevant services when the updates are complete in 2023, adding to the credibility of NAPAC's offering.

Over the current reporting period, the COVID-19 restrictions and impacts caused significant challenge to the training function. The focus has remained on providing training online, both as facilitated workshops and self-directed e-learning. Expanding our online provision has enabled us to remove geographic and accessibility barriers, and we anticipate it remaining an important part of the training and learning function going forward.

There are now three e-learning courses for self-directed study available directly from our website:

- Trauma Informed Survivor Support
- Survivors Stress Responses
- Introduction to Abuse, Trauma, and Recovery (in development, launching next financial year)

All NAPAC's training materials are based on what we have heard through the support services and knowledge sharing, including the needs expressed by both survivors and professionals. They are also underpinned by research in cognitive neuroscience, neuropsychology, psychology, and therapeutic practice.

We increased the emphasis on marketing our e-learning provision through social media advertising and print advertising in industry journal *Therapy Today*, which contributed to NAPAC maintaining significant income and profitability.

Any surplus generated by our training activities is used to offset the costs of developing and delivering NAPAC's support services.

ADVOCACY

Since March 2021, the Chief Executive (Gabrielle Shaw) has continued representing NAPAC on the national 'COVID-19 Victim and Witness Silver Command Group'. This Silver Command Group was set up to advise and assist the Ministry of Justice in its aim to support victims and witnesses of crime in response to COVID-19, providing strategic direction, guidance, and oversight.

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This remains a highly influential and important forum, actively shaping the national response for victims and survivors across the different areas that COVID-19 and associated lockdowns have impacted and is evolving to look at medium and long-term support to victims and survivors more generally. Silver Command Group comprises senior leaders from key government departments (Ministry of Justice; Home Office, Department of Health and Social Care; Ministry of Housing, Communities and Local Government), policing (National Police Chiefs' Council, Association of Police and Crime Commissioners), non-departmental public bodies (NHS England, Her Majesty's Courts and Tribunals Service, Victims' Commissioner, Domestic Abuse Commissioner, Crown Prosecution Service) and sector-leading organisations (NAPAC, Victim Support, Citizens' Advice, The Survivors Trust, Safe Lives and others).

The excellent relationships the Chief Executive has cultivated with these leaders, and the input and data the wider NAPAC team provides, continue to bear fruit. NAPAC is looked to for advice and guidance as outlined below, and our contributions to the debate around data collection and usage has been particularly valued.

The Chief Executive also offers expert input to health, policing, and other groups through participation in national groups such as the NHS Sexual Assault and Abuse Services Framework Stakeholder Advisory Group, the Victims' Commissioners Stakeholder Group, and various policing gold groups.

NAPAC is also acknowledged as expert contributors, invited to speak at or participate in various fora in this reporting period, including:

- Home Office Steering Group discussions on costs of childhood sexual abuse
- CPS redrafting of guidance to prosecutors on investigating non-recent childhood sexual abuse, several more stages of consultation.
- CPS forum on male victims of sexual violence and child sexual abuse forum
- Violence against women and girls' external consultation group
- National Working Group on childhood sexual abuse meetings
- Lambeth Council Redress scheme consultancy for submission to the Independent Inquiry into Child Sexual Abuse
- Quarterly meetings of the London Mayor's Office for Policing and Crim forum, led by the Victims' Commissioner for London.
- A new regular fortnightly of sexual violence support organisations, led by the Victims' Commissioner
- Ministry of Justice 'It Still Matters' campaign raising awareness of support available for survivors of non-recent abuse, including NAPAC
- Church of England Diocese Past Case Review 2
- The project board updating the 'Physical signs of child sexual abuse - evidence-based review and guidance for best-practice' (known as the 'purple book') for paediatric forensic examinations where there are concerns about sexual abuse

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NAPAC's advocacy this year continued to include public health messaging in the context of COVID-19 as this remains an issue of significant concern to people using our support services. We also shared information about the updated COVID 19 guidelines on social media and our website from trusted sources.

NAPAC is engaged with national organisations, including those in the health and social care sectors, to discuss their training needs and provide expert input where there are gaps in provision and understanding in how best to support adult survivors. We contribute insights to support public health campaigns such as advice for survivors around cervical screening or mental health campaigns.

We receive a huge number of enquiries from national, regional, and international media outlets to contribute to news stories or documentaries or requests to advise on drama scripts which relate to non-recent child abuse. We provide comment on the issues we regularly hear about on our support line and information which offers insight and improves the accuracy of portrayals about the impacts of child abuse on adults.

NAPAC is listed on the BBC Action Line page, as well as the 'further support' page published by Channel 4. This is very helpful as a signposting for support service for people who may be triggered by issues raised within the programmes on these channels.

Large increases in call attempts to NAPAC's support line and visits to our website correlate closely with media coverage which features NAPAC or survivors talking about what they suffered, including storylines in TV or radio soaps and dramas, court cases, and police investigations.

NAPAC is proud to have developed and disseminated its media guidelines, following input from IPSO, OFCOM and BBC Editorial guidelines, to assist anyone writing or broadcasting on the subject of non-recent child abuse, so that the needs and impacts on adult survivors are better understood and reported.

COMMUNICATIONS

As a public health service, NAPAC's communications were adjusted in the context of the COVID-19 pandemic during this reporting period.

Usually, our communications are aimed at three audiences – survivors, donors, and professionals. Given the dominance of COVID-19 in news and all media, and the impact it was having directly and indirectly on people using our survivor support services, up until the majority of restrictions were lifted, our communications during the peak of the pandemic focused on supporting survivors. Our main priority was to ensure survivors were well apprised of their support options, and to keep communicating these options and resources via digital channels.

Upon the restrictions being lifted, we were able to once again diversify our content and begin advocating for survivors and tailoring our approach based on what we'd heard during the lockdown period. We have also tweaked our communications to bring survivors clear and simple immediate resources at the point of interaction on social media. Enabling the survivor to interact with these resources instantly, meaning they do not have to click through to our website in order to access certain types of support.

NAPAC did not run any fundraising or emergency appeal for donations this year. We avoided any implication that our services were at risk of closure because of COVID-19, despite having reduced hours on the survivor support service and not being able to run any support groups due to social distancing and related measures. Our communications were consistent and constructive, providing factual public health information, emphasis that NAPAC was an essential service, and reassurance to survivors that we were still here to support them.

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WEBSITE

We continued to reach many thousands of new people through our NAPAC website – napac.org.uk – this year. Here are some of the trends we identified.

- We had over **181,854 visitor sessions** on the website over this period – a **7.78% increase** on the same period from the previous year.
- 125,581 (71%) were **new visitors** to the website and 53,272 (29%) were **returning visitors**.
- **90% of visitors to our site were in the UK**. The remaining 10% were predominantly from the US, Republic of Ireland, Canada, and Australia.
- We had almost **half a million-page views** (421,782) overall.
- We continue to reach people across all age groups, **though there is a growing number of younger survivors interacting with our site**. Visitors aged 25-34 made up the largest group at 28%, and **over 1 in 5 visitors to the website (21%) is now aged 18-24**. 35-44-year-olds comprised 18.8%, 45-54-year-olds made up 16% and over 55's accounted for 18.7% of visitors.
- There is a **lower age profile for website visitors than for callers to our support line**. It is very positive that more people are seeking help earlier in their lives and beginning their recovery sooner.

FINANCIAL REVIEW

We are reporting on the year from 1 April 2021 to 31 March 2022.

During this period, gross income of £994,543 was achieved (compared to £621,328 of gross income achieved for the 12-month period to 31 March 2021). This increase in total income is primarily down to unexpected legacy income (see note 4) for which NAPAC is grateful.

We were grateful to have had continued support from the Home Office which has again been the principal funding source of the Charity, with £350,024 being received for the period (compared to £381,016 of Home Office grant funding received for the 12-month period to 31 March 2021).

The grant was given from funds made available by the Home Office to non-statutory organisations in England and Wales providing support to victims of sexual abuse to help meet the ever-increasing demand on those services.

This principal source of funding was supplemented by income from grant-making trusts and bodies and ad-hoc personal donations. All these generous donations are acknowledged with much gratitude by the Trustees who are committed to ensuring that NAPAC continues to use the funding it receives effectively. This includes further enhancement and expansion of our core activities to support survivors and ongoing development of our training programme, which we also see as providing an important source of income for the Charity.

Resources expended in the period were £695,166 (compared to £617,363 of resources expended for the 12-month period to 31 March 2021).

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The key elements of expenditure relate to:

- The staffing costs for organisational leadership, advocacy, volunteer coordination and support, developing and delivering training, and coordinating and delivering support to survivors.
- Establishment and maintenance of the support line technology with the associated website.
- Office accommodation for the administrative and support line centres.

Overall, 2021-2022 was once again a challenging period for NAPAC as our services are ever more in demand thanks to the high profile the organisation enjoys, and the prominence afforded to issues raised in the media which prompt calls to our support line.

We experienced a surplus for the period of £299,377 (compared to a surplus of £3,965 for the 12-month period to 31 March 2021). As noted above, this is a significant increase and is due to unexpectedly high legacy income. As such, the trustees have created a designated fund of £362,000 for the purpose of guarding against future volatility and any potential drop in other sources of support (see note 13).

The Charity continued to strive to streamline its cost base during this period.

RESERVES POLICY

NAPAC's reserves policy is to maintain sufficient unrestricted resources to fund operations for a minimum of three months at a time, while also being cognisant of the fact that the principal grant of which we are a beneficiary is receivable on a bi-annual basis. As a consequence, our unrestricted funds may represent up to six months' expenditure at any one time.

As at 31 March 2022 we had unrestricted funds (also our free reserves) of £597,290 (2021: £296,361) of which £362,000 are designated funds for strategic development. Consequently, we retain an amount sufficient to fund all operations for approximately the next four months.

Since funding is often short-term or one-off in nature, the Trustees are cognisant of the need to continue to seek funding for our work and to maintain adequate reserves which we see as critical for the effective support of survivors across the United Kingdom.

STATEMENT OF MAJOR RISKS

The NAPAC Board of Trustees have considered the major strategic business and operational risks to which the charity is exposed. These are identified, prioritised, mitigated and tracked using a risk register that is reviewed and actioned by the Board on a regular basis. The four 'top' risks that have been identified as most impactful are included below.

Financial risk:

The COVID-19 pandemic continued to have a serious impact on NAPAC's income stream of individual and small trust giving, as is the case across the entirety of the charity sector. This factor combined with the lack of continued and long-term funding – reported in previous financial years also – is the main financial risk NAPAC faces.

Even with these significant challenges, NAPAC continues to focus on developing its own income-generating activities and is achieving positive steps in this regard with increased training and other income. However, this is not yet at the stage of allowing the charity to be self-sustaining.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

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NAPAC is grateful to the government for significant grants which make up the majority of the charity's income. The government responded in particular to the unprecedented challenges presented by COVID-19 by creating a Victim and Witness COVID-19 Support Fund. This was to provide additional support for support services for victims and survivors, including NAPAC.

However, there is no guarantee that Home Office or Ministry of Justice funding will be continued, particularly with significant demand on government funding across all areas caused by the COVID-19 pandemic and other factors.

Dependent as it is on statutory funding, NAPAC is mindful of the potential risks of political changes during the on-going period of national uncertainty.

NAPAC is cognisant of the proper and appropriate use of restricted funds, which form the main proportion of the charity's funding arrangements, equating to 41% (2021: 61%) of all income received during the period. As at 31 March 2022, the amount held in our restricted funds stood at £2,193 (2021: £3,745).

Service delivery:

COVID-19 and the continuing lockdown measures had an impact on NAPAC's service delivery. Whilst the support services were open as usual, there were periods with reduced capacity. At the same time, demand during the period remained high as the lockdowns and concerns about health and wellbeing took their toll on victims and survivors. NAPAC was unable to offer face-to-face support groups during this period due to restrictions and ongoing concerns. The first of two planned online support group pilots were successfully delivered.

Plans to expand our service delivery, as we set out in our strategic five-year plan 'Support on the Journey', is dependent upon more certain funding streams and increasing our own revenue-generating activities such as our training programme as well as recruiting, training, and retaining sufficient staff and volunteers.

Staffing:

Like many other organisations, COVID-19 and the lockdown measures placed a heavy burden on NAPAC's staff. The charity is a small organisation and we face a significant demand for our services. NAPAC works in a highly emotional and complex trauma-care setting and the issues that we deal with on a daily basis can result in vicarious trauma if not proactively managed. These factors combine to present risk to our staff.

NAPAC was designated an essential service and our staff 'key workers' so we were able to continue providing our support to survivors and victims throughout this reporting period. We noted an increase in complex and multi-dimensional calls to our support line, and the toll this was taking on staff – who were dealing with their own COVID-19 related health and wellbeing issues.

Trustees were and are mindful of the effect of stress on staff from working in this field, which was only exacerbated by COVID-19. Systems were put in place to provide support and guidance to staff as we navigated the evolving situation, which were largely successful.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

Governance:

With the significant challenges posed by COVID-19 and associated lockdown measures, NAPAC's Board of Trustees has worked hard during this reporting period to provide oversight and support to senior management as the charity navigated its way through these unprecedented times. The Board were closely involved in all aspects of NAPAC's organisational response to the pandemic, ensuring that government guidance was followed at all times, with the safety and wellbeing of NAPAC's staff paramount.

NAPAC continues its focus on ensuring that trustees are in place with the skills and experience appropriate to the sound oversight of all aspects of the charity's activities and that together they are able to provide the necessary level of support to NAPAC's senior management.

REPORTING

Internal reporting

NAPAC uses Xero accounting software for day-to-day book-keeping and to generate monthly and quarterly financial reports as well as management reports for consideration by senior management and trustees. An example of the way that Xero is used is provided by the periodic claims made or statutory funding. Financial reports are generated by Xero and used to prepare the detailed claims to our principal funders.

NAPAC continues to make significant progress in strengthening the quality and timeliness of the management information it receives.

Improving management information is enabling NAPAC to continually refine its income generation strategy and develop appropriate marketing programmes. Work has begun researching an organisation-wide database that can securely connect the different functions and integrate with Xero. Initial proposals and quotes are becoming compared, with testing and implementation planned for late 2022.

Donor reporting is managed internally. Monthly, quarterly, and annual reports are produced between finance and fundraising for accurate data on donations and pledges received. There is also quarterly reporting on the pipeline of prospective and ongoing relationships with current donors and stakeholders, including regular and recurring donations, grants from trusts, and one-off and legacy gifts, and community, corporate, and challenge activities.

NAPAC continues to use a specialist social enterprise product to manage online donations and collect Gift Aid. It provides a secure online fundraising tool for NAPAC and for donors and provides insights into donation activity, which supports NAPAC's internal analysis and reporting.

External donor reporting

Formal donor reporting continues to develop as part of the fundraising cycle. Informal donor reporting continues as part of ongoing stewardship with individual donors and prospective supporters, and forms part of the regular conversations with all stakeholders.

A final report was provided to the Clothworkers Foundation in November 2021, conveying the specific impacts leveraged by their donation on our support services, with a copy of NAPAC's Impact Report showing how their support integrated with wider benefits achieved for survivors.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

PLANS FOR FUTURE PERIODS

NAPAC has always been responsive to the changing needs of survivors, and this is increasingly evident in the agility of the organisation.

NAPAC's support services will continue to adapt, develop, innovate, and expand in future periods, reflecting the changing needs of survivors and targeting harder-to-reach demographics. A development project has been initiated to ensure continuous improvement and innovation. Alongside our emerging equality, diversity, and inclusion (EDI) work, this will be further embedded through our next strategic plan, being developed from autumn 2022.

Knowledge sharing is another key pillar of our future plans. Through long experience, NAPAC has gained unique knowledge and insight into how survivors can best be supported. NAPAC also helps ensure more survivors can access the support they need and deserve by sharing this knowledge widely. We will continue to do this by:

- inputting into government policy (including the Ministry of Justice's Silver Command Group) and shaping the national debate
- providing expert advice and comment to the media and others engaged in the field
- carrying out research and sharing the results widely
- providing training to third-party service providers, to ensure they are best equipped to provide appropriate support to survivors

We will continue in future periods to focus on **outputs and outcomes**. Our primary annual output target is supporting over 10,000 survivors directly by telephone and email. We aim to increase engagement with our website and social media by at least 5% each year. Tens of thousands more are supported indirectly through knowledge sharing.

Our primary outcome is survivors feeling better. In 2020/21, of over 3,000 callers it was appropriate to ask, 97% felt better at the end of their call. Feeling better, in survivor's own words, includes:

- someone listening, being believed
- reaffirming the abuse was not their fault, tackling blame and shame
- feeling empowered, proactively engaging with recovery
- a boost, more positive and confident
- stronger coping strategies, less fearful
- feeling hopeful.

NAPAC will build upon its substantial experience and the investment in recent years in its unique range of front-line services for adult survivors of childhood abuse. The outcome of this will be continued strengthening of core support services for survivors.

Specifically, that frontline support services that survivors receive from NAPAC (and other frontline services influenced by NAPAC through training, information, and advice) make a positive and material difference to the lives of these survivors.

NAPAC will also update our five-year strategic plan, with the aim of writing and launching our new five-year plan in early 2023.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

Generating income

Like many charities, NAPAC faces heavy competition for funding. The challenge of generating income is exacerbated by the misunderstandings and myths that surround the issue of childhood abuse. NAPAC has consequently so far relied largely upon donations from survivors, or organisations with a specific interest in childhood abuse.

We recognise that we need to diversify our sources of income. NAPAC is working towards the development of a comprehensive and tactical income generation strategy, whose elements will include:

- continuing the development of a strong and consistent case of how NAPAC makes an impact and what funding contributions will help us achieve, together with the alignment of the whole organisation – Board, staff, volunteers – around that case.
- furthering the development of compelling plans for enhancements in our services, which promise a step change in the level of support for survivors, and which can be worked into bids for funding.
- Increasing the exploration of new sources of funding, in particular for support groups – for example, local and regional authorities, local health and social care providers, CCGs and locally-based trusts.
- maximising the potential of our champions in the UK and overseas – influential friends who are willing to speak up for survivors and recommend NAPAC's work.
- a focus on building more sustainability and self-reliance into the funding base, in particular through the further development of our training and consultancy services as revenue-driving activities.
- launching a new partnership programme for law firms, enabling NAPAC to signpost to accurate information and generate funding for our website and resources development and hosting.

Responsibilities of the Board of Trustees

Company law requires the Board of Trustees to prepare accounts for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its income and expenditure for the financial year then ended. In preparing those accounts, the Board of Trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the accounts on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. The Board of Trustees is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

Members of the Board of Trustees

Members of the Board of Trustees, who are directors for the purposes of company law and trustees for the purposes of charity law, who served during the year and up to the date of this report are set out on page 1.

Independent Examiner

TC Group has been reappointed as independent examiner for the ensuing year.

Basis of Preparation of Accounts

This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (Charities SORP (FRS 102)) and in accordance with the provisions applicable to companies subject to the small companies' regime.

The trustees' annual report (incorporating the directors' report) was approved on 15 September 2022 and signed on behalf of the NAPAC Board of Trustees by:



Ms P Gale
Trustee

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

I report on the accounts for the year ended 31 March 2022 set out on pages 18 to 30.

Respective responsibilities of Trustees and examiner

As the Charity's Trustees of the Company (and also its directors for the purposes of Company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

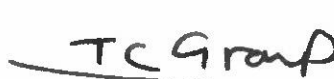
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Mark Cummins FCCA FCIE

For and on behalf of:

TC Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Date: 21 September 2022

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

STATEMENT OF FINANCIAL ACTIVITIES (INCOPORATING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted funds £	Designated funds £	Restricted funds £	2022 Total £	2021 Total £
INCOME FROM:						
Donations and grants	4	498,505	-	410,887	909,392	550,230
Charitable activities	5	85,130	-	-	85,130	71,060
Investments	6	21	-	-	21	38
Total income		583,656	-	410,887	994,543	621,328
EXPENDITURE ON:						
<i>Raising funds:</i>	7					
Fundraising		43,074	-	-	43,074	43,753
<i>Charitable activities:</i>						
Training courses		1,924	-	-	1,924	16,432
Operation of NAPAC		237,729	-	412,439	650,168	557,178
Total expenditure		282,727	-	412,439	695,166	617,363
Net income for the year		300,929	-	(1,552)	299,377	3,965
Transfer between funds	13	(362,000)	362,000	-	-	-
Net movement in funds		(61,071)	362,000	(1,552)	299,377	3,965
RECONCILIATION OF FUNDS						
Total funds brought forward	14	296,361	-	3,745	300,106	296,141
TOTAL FUNDS CARRIED FORWARD	14	235,290	362,000	2,193	599,483	300,106

The results of the year derive from continuing activities and there are no gains or losses other than those shown above.

The notes on pages 21 to 30 form part of these accounts.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

BALANCE SHEET

AS AT 31 MARCH 2022

	Note	2022 £	2021 £
CURRENT ASSETS			
Debtors	10	466,969	247,924
Cash at bank and in hand	11	165,649	118,836
Total current assets		632,618	366,760
LIABILITIES			
Creditors falling due within one year	12	(33,135)	(66,654)
NET CURRENT ASSETS AND NET ASSETS		<u>599,483</u>	<u>300,106</u>
FUNDS			
Unrestricted funds	14	235,290	296,361
Designated funds	14	362,000	-
Restricted funds	14	2,193	3,745
TOTAL FUNDS		<u>599,483</u>	<u>300,106</u>

The charitable Company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charitable Company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for:

- ensuring that the charitable Company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable Company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable Company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Statement of Recommended Practice applicable to charities in accordance with FRS 102. The financial statements were approved by the Board of Trustees on 15 September 2022 and were signed on its behalf by:



Ms P Gale
Trustee

The notes on pages 21 to 30 form part of these accounts.

Company number: 07311390.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

		2022		2021
	Notes	£	£	£
Cash flows from operating activities:				
Net income/(expenditure) for the year		299,377		3,965
(Increase)/decrease in debtors	10	(219,045)		45,329
Decrease in creditors	12	(33,519)		(2,548)
Investment income		(21)		(38)
Net cash provided by/(used in) operating activities		46,792		46,708
Cashflows from investing activities				
Interest income		21		38
Cash provided by/(used in) investing activities		21		38
Increase/(decrease) in cash		46,813		46,746
Cash and cash equivalents at the beginning of the year		118,836		72,090
Cash and cash equivalents at the end of the year	11	165,649		118,836
		1 April 2021 £	Cashflow £	31 March 2022 £
Cash at bank and in hand		118,836	46,813	165,649

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1. STATUTORY INFORMATION

The National Association for People Abused in Childhood is a Company Limited by Guarantee, incorporated in the England and Wales and has no share capital. The Charity is under the control of the Trustees. Its registered office is 7-14 Great Dover Street, Borough, London, England, SE1 4YR.

2. ACCOUNTING POLICIES

2.1 Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and the Charities Act 2011.

The National Association for People Abused in Childhood meets the definition of a public benefit entity under FRS 102. In view of the Charity's positive cash and reserves positions, the Charity has no material uncertainties in relation to its ability to continue operating including an impact of Covid-19 and as such the accounts have been prepared on a going concern basis. This conclusion takes into account any known financial effect of Covid-19. Assets and liabilities are initially recognised at their historical cost or transaction value unless otherwise stated in the relevant accounting policy notes. The Charity's presentation currency is the Pound Sterling.

The National Association for People Abused in Childhood is not part of a group. These financial statements therefore reflect the activity of the Charity as an individual entity.

2.2 Judgements and key sources of estimation uncertainty

In the application of the company's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

The Trustees do not consider that there are any critical judgments made in applying the Charity's accounting policies or that there are any critical accounting estimates or assumptions which may have a significant risk of causing a material adjustment to carrying amounts of assets and liabilities within the next financial year.

2.3 Income

All incoming resources are included in the Statement of Financial Activities when entitlement has passed to the Charity, it is probable that the economic benefits associated with the transaction will flow to the Charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Donations and grant income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

2. ACCOUNTING POLICIES – Continued

2.3 Income - continued

- Legacy income is recognised when receipt is probable and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably. In which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- Income from contract for the supply of services is recognised with the delivery of the contracted service.
- This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.
- Interest on funds held on deposit is included when receivable and the amount can be measured reliably. This is typically upon notification of the interest being paid by the bank.

All income is measured net of any discounts and as the Charity's activities are exempt from VAT the application of VAT and other sales taxes is not required.

2.4 Expenditure

Where incoming resources have related expenditure or a legal or constructive obligation arises, the incoming resources and related expenditure are reported gross in the Statement of Financial Activities.

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the Statement of Financial Activities to which it relates.

Expenditure on charitable activities includes all costs incurred by the Charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs relating to the governance of the Charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Employee termination costs are recognised in the period in which formal agreement of such payments are reached by the Trustees.

2.5 Support and governance costs

Support costs are those functions that assist the work of the Charity but do not directly undertake charitable activities. The bases on which support costs have been allocated are set out in note 8.

Governance costs include the costs of preparation and examination of statutory accounts, the costs of the Annual General Meeting and trustees' meetings and costs of any legal advice to trustees on governance or constitutional matters.

2.6 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

2. ACCOUNTING POLICIES – Continued

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of opening the deposit or similar account.

2.9 Creditors

Creditors are recognised when there is a present obligation arising from a past event, the settlement of which will likely result in resources embodying economic benefits being transferred from the Charity. Accruals are recognised at their settlement amount once a reliable measurement can be obtained.

2.10 Fund accounting

General unrestricted funds are available for use in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or through the terms of an appeal, and fall into two sub-classes: restricted income funds or endowment funds. Further explanation of the nature and purpose of each restricted fund is included in the notes to the financial statements.

2.11 Pensions

The Charity operates a defined contribution pension scheme. Contributions payable to the Charity's pension scheme are charged to the Statement of Financial Activity in the period to which they relate as unrestricted expenditure. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund. At the balance sheet date £3,172 was due to the pension scheme (2021: £3,573).

2.12 Leasing Commitments

Rentals paid under operating leases are charged to the Statement of Financial Activity on a straight-line basis over the period of the lease.

3. TAXATION

The Company is registered as a Charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

4. INCOME FROM LEGACIES, DONATIONS AND GRANTS

	Unrestricted funds	Restricted funds	2022 Total £	Unrestricted funds	Restricted Funds	2021 Total £
Legacies	363,677	-	363,677	7,247	-	7,247
Donations						
Trusts	17,250	-	17,250	-	-	-
Partnerships	4,000	-	4,000	15,000	-	15,000
Consultancy	2,525	-	2,525	4,200	-	4,200
Adhoc	24,593	-	24,593	10,389	-	10,389
Charity Checkout	16,634	-	16,634	-	-	-
Justgiving	10,061	-	10,061	11,577	-	11,577
Paypal	2,956	-	2,956	2,940	-	2,940
General	-	-	-	5,674	-	5,674
Clothworkers	18,981	-	18,981	24,019	-	24,019
Manchester City funds	-	-	-	30,000	-	30,000
Ministry of Justice	20,288	60,863	81,151	25,375	-	25,375
Corporates	10,000	-	10,000	-	-	-
Fundraising Manager	-	-	-	32,793	-	32,793
Other	7,540	-	7,540	-	-	-
Grants						
Home Office	-	350,024	350,024	-	381,016	381,016
	498,505	410,887	909,392	169,214	381,016	550,230

5. CHARITABLE ACTIVITIES

	2022 £	2021 £
Training courses	<u>85,130</u>	<u>71,060</u>

6. INVESTMENT INCOME

	2022 £	2021 £
Bank interest receivable	<u>21</u>	<u>38</u>

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

7. EXPENDITURE ON RAISING FUNDS AND CHARITABLE ACTIVITIES

	Wages Costs £	Other costs £	2022 Total £	2021 Total £
Cost of raising funds:				
Fundraising	42,457	617	43,074	43,753
Total cost of raising funds	42,457	617	43,074	43,753
Charitable activity expenditure				
Training courses	-	1,924	1,924	16,432
Operation of NAPAC	437,059	213,109	650,168	557,178
Total charitable expenditure	437,059	215,033	652,092	573,610
Total expenditure	479,516	215,650	695,166	617,363

	2022 £	2021 £
Included in the above is the following governance costs:		
Governance costs:		
Current independent examiner remuneration for examination	3,600	3,600
Current independent examiner remuneration for other services	15,895	18,894
Trustees' expenses	489	121
Total governance costs	19,984	22,615

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

8. STAFF COSTS

	2022 £	2021 £
Wages and salaries	413,338	377,492
Employers national insurance	31,914	28,698
Pension costs	19,766	17,255
	<u>465,018</u>	<u>423,445</u>
Other staff costs	14,498	14,177
	<u>479,516</u>	<u>437,622</u>

There are no employees with emoluments above £60,000 (2021: none).

The average headcount of employees during the year was 18 (2021: 17). The average number of full-time equivalent employees during the year is analysed as follows:

Employee headcount	2022 Number	2021 Number
Management	3	3
Administration	15	14
	<u>18</u>	<u>17</u>

9. TRUSTEE EXPENSES AND KEY MANAGEMENT PERSONNEL

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

During the year to 31 March 2022 £273 was reimbursed to two trustees in respect of travel expenses. There were no trustee expense reimbursements in 2021.

The total amount of employee benefits received by the executive team for their services to the charity was £106,424 (2021: £104,266). The executive team comprises the Chief Executive and the Chief Operating Officer.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

10. DEBTORS

	Total 2022 £	Total 2021 £
Trade debtors	14,450	40,875
Prepayments and accrued income	451,353	205,884
Other debtors	1,166	1,165
	<u>466,969</u>	<u>247,924</u>

11. CASH AT BANK AND IN HAND

	Total 2022 £	Total 2021 £
Cash at bank	165,116	118,304
Cash in hand	533	532
	<u>165,649</u>	<u>118,836</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Total 2022 £	Total 2021 £
Trade creditors	14,560	5,248
Accruals and deferred income	7,120	50,809
Social security and other taxes	8,283	7,024
Other creditors	3,172	3,573
	<u>33,135</u>	<u>66,654</u>

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13. ANALYSIS OF FUNDS

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
General funds	<u>296,361</u>	<u>583,656</u>	<u>(282,817)</u>	<u>(362,000)</u>	<u>235,290</u>
Designated funds					
Strategic Development	-	-	-	362,000	<u>362,000</u>
	-	-	-	362,000	<u>362,000</u>
Restricted funds:					
Home Office	-	350,024	(350,024)	-	-
Ministry of Justice	-	60,863	(60,863)	-	-
Philip King Trust	<u>3,745</u>	-	<u>(1,552)</u>	-	<u>2,193</u>
	<u>3,745</u>	<u>410,887</u>	<u>(412,439)</u>	-	<u>2,193</u>

DESIGNATED FUND:

Strategic development

During the year the charity transferred £362,000 into a designated fund in order to facilitate future strategic development.

RESTRICTED FUNDS:

Home Office

The charity was successful in receiving a grant from the Home Office, under the latter's 'Support for Victims and Survivors of Child Sexual Abuse' (SVSCSA) fund. This SVSCSA Fund was part of a wider allocation of £2,400,000 made available over a two-year period by the Home Office for voluntary sector organisations supporting victims and survivors of child sexual abuse, in recognition of the increasing demand such organisations are experiencing.

Ministry of Justice

During the year the charity received a grant of £60,863 to increase capacity for the national support helpline in response to the rising demand for support for victims of rape and sexual abuse.

Philip King Trust

The charity was awarded £19,742 from The Philip King Trust in November 2019. The funds were used to cover David Fawcett's fees, an external consultant.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

31 March 2022	Unrestricted Funds £	Designated Funds	Restricted Funds £	Total 2022 £
Current assets	268,425	362,000	2,193	632,618
Creditors: due within one year	(33,135)	-	-	(33,135)
	<u>235,290</u>	<u>362,000</u>	<u>2,193</u>	<u>599,483</u>
31 March 2021	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2021 £
Current assets	363,015	-	3,745	374,760
Creditors: due within one year	(66,654)	-	-	(66,654)
	<u>296,361</u>	<u>-</u>	<u>3,745</u>	<u>300,106</u>

15. LEASE COMMITMENTS

At 31 March 2022 the Charity the charity had no commitments under non-cancellable operating leases outstanding (2021: £nil).

Included within expenditure on charitable activities are charges relating to the Charity's rental leases of £57,839 (2021: £67,697).

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

16. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
YEAR ENDED 31 MARCH 2021

	Unrestricted funds £	Restricted funds £	31 Mar 2021 Total £
INCOME FROM:			
Donations and grants	169,214	381,016	550,230
Charitable activities	71,060	-	71,060
Investments	38	-	38
Total income	240,312	381,016	621,328
EXPENDITURE ON:			
<i>Raising funds:</i>			
Fundraising	43,753	-	43,753
<i>Charitable activities:</i>			
Training courses	16,432	-	16,432
Operation of NAPAC	172,733	384,445	557,178
Total expenditure	232,918	384,445	617,363
Net income for the year/Net movement in funds	7,394	(3,429)	3,965
RECONCILIATION OF FUNDS			
Total funds brought forward	288,967	7,174	296,141
TOTAL FUNDS CARRIED FORWARD	296,361	3,745	300,106