

REGISTERED COMPANY NUMBER: 03565696 (England and Wales)
REGISTERED CHARITY NUMBER: 1069802
OSCR NUMBER: SC049296



THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD
REPORT OF THE BOARD OF TRUSTEES AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

tc accounts • tax • legal • financial planning

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD
CONTENTS

	Page
Legal and Administrative Information	1
Report of the Board of Trustees (Incorporating the Directors' Report)	2-18
Independent Examiner's Report	19
Statement of Financial Activities	20
Balance Sheet	21
Statement of Cash flows	22
Notes to the Financial Statements	23-32

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

LEGAL AND ADMINISTRATION INFORMATION

FOR THE YEAR ENDED 31 MARCH 2021

Registered Company number 03565696 (England and Wales)

Registered Charity number 1069802
OSCR Number SC049296

Registered office CAN Mezzanine
7-14 Great Dover Street
Borough
London
England
SE1 4YR

Trustees (During the year and at the date of approval of these financial statements)	Name	Action/Date
	Mr J Bakker	Resigned 06 May 2020
	Ms L Cowen	Appointed 9 June 2021
	Mr T Croft	Resigned 31 March 2021
	Ms P Gale	
	Mr J Griffiths	
	Ms K Hitchcock	Appointed 9 June 2021
	Mr N Hodson	Appointed 9 June 2021
	Dr T Lambert	
	Ms G Marks	Resigned 31 March 2021
	Ms A Millar	Appointed 9 June 2021
	Ms A Milner	Resigned 15 September 2021
	Mr S Naik	Appointed 9 June 2021
	Ms M Newman	
	Mr S Spencer	

Secretary Mr T Barclay

Executive Team	Ms G Shaw	Chief Executive
	Mr T Barclay	Chief Operating Officer

Independent examiner Mark Cummins FCCA FCIE
T C Group
The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Bankers
CAF Bank
St Bride Street
London
EC4A 47AD

Metro Bank
72-76 High St
Bromley
BR1 1EG

Lloyds Bank
6-8 Market Square
Bromley
BR1 1NA

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The Board of Trustees, who are also the Directors of the Company for the purposes of the Company law, submit their annual report and financial statements of The National Association for People Abused in Childhood for the year ended 31 March 2021. The Board of Trustees confirm that the trustees report and financial statements of the Company comply with the Company's Memorandum and Articles of Association, the Companies Act 2006, the Charities Act 2011, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) — (Charities SORP (FRS 102)), and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

GOVERNANCE AND MISSION

Governing document

NAPAC is a charitable company limited by guarantee, incorporated on 12 May 1998 and registered as a charity on 29 May 1998. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. On 28 November 2018, by Special Resolution of its Board of Trustees (also known as members), NAPAC updated its Articles of Association which substitute and supersede the original 1998 Articles of Association as the organisation's governing document.

Mission

NAPAC's vision is of a society in which every adult survivor of childhood abuse in the UK can access the support they need, when they need it, to make a journey of recovery and heal their emotional and psychological wounds.

As the only national organisation in the UK focussed on the needs of both female and male adult survivors of all kinds of childhood abuse, NAPAC has a central and unique role to play in the delivery of this vision.

Values

We have firm beliefs about the damaging impact of childhood abuse on people's lives, and how this damage can and should be repaired. They are the values which underpin everything we do:

- We believe that any abuse of children – whether physical, sexual, narcissistic, emotional or ritual, or the result of neglect – is damaging and wrong.
- We know that abuse in childhood can cause continuing harm and suffering to millions of people well into adulthood.
- We believe that every individual has the right to leave the impact of childhood abuse behind, grow as a person and enjoy a happier and more fulfilled life, not defined by childhood trauma.
- We know that survivors of childhood abuse can be empowered to do just that: we have proved that we and others can support them.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Purpose

NAPAC aims to make a difference in the lives of adult survivors of childhood abuse by:

- providing a range of services which offer direct support to survivors.
- ensuring that survivors know where they can go for help.
- spreading best practice in the support of survivors among those who they may approach for help.
- working with others to increase the provision and effectiveness of support for survivors.
- standing up for survivors and representing their interests among those who are in a position to help improve their lives.

Public Benefit

The trustees have taken the Charity Commission's general guidance on public benefit contained within their publication Charities and Public Benefit, into account when preparing this Trustees' Annual Report.

ACHIEVEMENTS AND PERFORMANCE - Year from 1 April 2020 to 31 March 2021

General overview

NAPAC provides the only free national support service for adult survivors of all types of childhood abuse. We offer specialist, confidential support to all adult survivors of any type of abuse, operated by experienced staff and trained volunteers.

NAPAC works closely with the criminal justice and public health sectors. We support survivors to navigate and understand their options with criminal and civil law, and in healing and recovery. Choice is key, and our website provides a wealth of free information and resources for survivors and those supporting them.

As a trusted public-health organisation, people use NAPAC's services to support their overall health and wellbeing, to build and improve their resilience, and to be able to make brave, positive choices every day – including asking for help when they need it.

Those using our services ask for support with a range of concerns, including anxiety, depression, isolation, reporting to the police, domestic and sexual violence, boundaries, and complex post-traumatic stress. For many, contacting NAPAC is a first step to recovering from trauma and leading happier, more fulfilled lives.

NAPAC has four main services:

- We run the UK's only free national telephone and email support service for all adult survivors of any kind of childhood abuse.
- Intensive psycho-educational support groups for survivors of abuse; these face-to-face support groups have now been developed for online delivery.
- We provide extensive training for professionals who engage with adult survivors of childhood abuse and anyone at risk of vicarious trauma.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

- We conduct research and advocacy, using our own data and working in partnership to raise survivors' voices in policy and practice across the UK.

During this reporting period, the global pandemic of COVID-19 and its associated effects was the dominant issue for UK society. The unprecedented challenges this raised affected NAPAC along with the rest of the charitable sector hugely; much of this financial year was spent on navigating and adapting to the new realities of living in a COVID-19 world.

Some of the effects were immediate and obvious. NAPAC was defined as an essential service and our staff key workers, which meant we were able to continue providing our support services to victims and survivors throughout this year. However, this was under the challenge of operating reduced hours for eight months of this financial year due to social distancing requirements and frequent self-isolation of staff. NAPAC's income streams also were affected, particularly individual donations and small trust grants, both of which suffered precipitous falls compared with previous financial years.

COVID-19 also provided an impetus for innovation and change. This was most obvious in the pivot to online delivery of both support groups and training; NAPAC spent much of this reporting period researching, developing and piloting these new models, and the early indications are extremely promising.

Our website again proved to be an essential first point of support for survivors, victims, supporters and professionals; we increased the percentage of calls answered on our telephone support line; and our advocacy and media work have kept the issue of childhood abuse and support for adult survivors firmly in the public eye.

Further amendments to our staffing structures and enhancement of our governance ability provided the foundation of our overall success in navigating the challenges of this COVID-19 period. It means that NAPAC maintains the ability to flex and meet the organisation's strategic goals, with strong governance oversight from an experienced and cohesive Board of Trustees.

Significant challenges remain, however. Demand for NAPAC's services, particularly our telephone support line and support groups, far outstrips our current ability to meet it. We know that more generally, adult survivors across the UK face barriers to accessing the support they need, when they need it, and that too often the response they receive is inadequate.

NAPAC is in a strong position to achieve the ambitions outlined in our updated strategic plan – [NAPAC StrategicPlan2018-23 Autumn2020.pdf](#) – and will incorporate our learning gained over the past reporting period to better meet these challenges.

Activities and Performance

In the sections that follow, NAPAC will report in detail its performance across its main areas of work, including support services, training, advocacy and communications. Some of the highlights from those areas are noted below. During the year to 31 March 2021, the principal activities of NAPAC included:

- Providing a free and confidential national telephone support line, and an email support service, for survivors of childhood abuse
 - Over 8,600 requests for support answered.
 - Over 3,725 hours providing support by phone and email.
- Maintaining a website containing information relevant to survivors of childhood abuse - napac.org.uk
 - Over 168,000 visitor sessions.
 - Over 8,700 visitor hours.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

- Supplying training, information and resources for those providing assistance to survivors of abuse.
- Researching, developing and piloting four new training programmes dealing with topics such as vicarious trauma, emotional resilience and stress responses of survivors.
- Developing and preparing an entirely new model of online support groups, in order for NAPAC to offer this at much greater scale than face-to-face support groups.
- The raising of public awareness of the continuing impact of childhood abuse.
- Participation and representation at seminars and conferences on subjects related to the alleviation of the impact of childhood abuse.
- The publication of materials and information and resources for survivors and those who support them, which are free to download in electronic format.

SUPPORT SERVICES

Telephone support line and email support

NAPAC's support services operation, which encompasses our telephone support line and email support service, is run entirely from our Stockport office. This gives greater efficiency and improved safety and transparency for callers as well as staff and volunteers.

NAPAC's free national telephone support line for adult survivors of childhood abuse - 0808 801 0331 - offers survivors the chance to talk through their experiences with highly-trained volunteers and staff.

The purposes of the support line are:

- to provide support for survivors in their journey of recovery and healing from the long-term consequences of childhood abuse.
- to provide that support at whatever point or points in their journey they need it.
- in combination with resources on the NAPAC website, to give survivors a chance to believe that healing is possible.
- to help survivors get to a point where they feel they can take more control over their own ongoing healing journey.

Our survivor support services are confidential and anonymous. Our Call Handling software, which manages our telephone exchange, provides us with headline data about the volume of calls we receive and allows us to better manage the service.

We know that for some survivors, writing down their feelings can be easier than talking; NAPAC therefore offers an email (and letter) support service where people may write to us with any questions or comments about abuse experienced in childhood, its impact in adulthood, their recovery experiences, or to find longer-term support in their area.

The email (and letter) answering service additionally has the purpose of allowing survivors to make an initial approach to NAPAC even if they may not be ready for a telephone conversation. In answering emails NAPAC encourages correspondents, when appropriate to do so, to call the support line. It is considered that the support line provides a more effective means of support, in that it is easier to be survivor-led and person-centred in a conversation than in an email exchange.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Between 1 April 2020 and 31 March 2021, the team consisted of 15 active volunteers and 13 members of staff. The normal opening hours of the support services operation are 10.00-21.00 Mondays to Thursdays, and 10.00-18.00 on Fridays.

COVID-19 and the associated lockdown measures did have an impact on our support services operation. During the period from April 2020 to November 2020, owing to the pandemic lockdown the support line operated at reduced hours and the use of volunteers was suspended. For these eight months, NAPAC's support line operated Mondays, Wednesdays and Fridays from 10.00 to 16.00 and on Tuesdays and Thursdays from 14.00 to 21.00.

A strict hygiene regime was instituted with regular and frequent testing of staff for COVID-19. Staff numbers were limited at any one time, and social distancing within the office was greatly assisted by the recent physical expansion of the premises. It is worth noting that during the pandemic, NAPAC's survivor support services were acknowledged by the Ministry of Justice as an 'essential service'. Consequently, we felt both empowered and required to continue to provide our support services to the best of our ability in the circumstances.

The performance of NAPAC's support services and some interesting findings are described below.

- The **total number of emails answered** in the 12 months to 31 March 2021 was 2,558 (from 1,649 in the previous reporting period). The 55% increase in the number of emails answered reflects the importance of this service, as does the increasing length and complexity in the emails seeking support, and the commensurate time required to deal sensitively and appropriately with each one.
- On the **telephone support line**, overall there were 6,059 calls answered out of 40,862 call attempts which is 14.8% connected. However, when we look at this data in more detail, we had 6,338 unique callers who attempted to contact the support line at least once during the reporting period, and we spoke to 2,857 of these unique callers. That means that **45%** of people who tried to contact NAPAC's support line at least once were connected and received support during this reporting period.
- In common with other telephone support services, people who make repeated call attempts form a significant subset of NAPAC's callers. For example, during this reporting period, one person made 930 call attempts to our support line. At the other extreme, we also know that over 3,000 people made only one attempt to get through.
- The **average talk time** per call was consistent with previous years, at 19:46 minutes.
- In terms of **gender** (where it was noted) 76% of all calls were from women, which is largely consistent with the previous year (77%).
- 66% of all callers said that the abuse they suffered **lasted for years** rather than a few occasions or months, down from 73% reported in the previous year.
- Reports of abuse by **childhood siblings** fell to 14.6% in total – 10.4% by a brother and 4.2% by a sister.
- **First disclosure calls** were steady to 9% during the last six months of this reporting period.
- Anxiety (70%), depression (down to 38% from 42%), relationship issue (42%, up from 40%) and isolation (36% down from 38%) were the most reported concerns, while distress is down to 37%. We also heard from 40% of callers who described either flashbacks and distress, or both. This was likely a consequence of lockdowns.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Support groups

When the first lockdown started, we were ready to start two face to face groups with funding from the Philip King Trust at just under £10,000 per group. These had to be postponed indefinitely due to COVID-19 restrictions and NAPAC decided, with the support of the Board of Trustees, to pivot to online delivery of support groups. This innovation was new to NAPAC, and we researched and drew on the expertise of organisations familiar with delivering online support groups. NAPAC spent much of this period in rigorously planning the structure and content of delivering our unique support groups in an online setting, including training for facilitators. These online groups were piloted in April 2021 and will be reported on more fully in the next annual accounts – early findings are very promising.

TRAINING

NAPAC has been training professionals who work with adult survivors of child abuse on an ad-hoc basis for many years. Since 2018, NAPAC's Business Development Manager has expanded the reach of its training programme, which has resulted in a more commercial and rigorous approach to income generation through effective client management and internal reporting. NAPAC's training service provision has been significantly enriched by the recruitment of a Training and Development Officer in November 2020.

NAPAC's flagship one-day training workshop – Supporting Adult Survivors of Child Abuse (SASCA) – has been updated in response to feedback from professionals working with adult survivors of abuse in a wide range of settings. These settings include health care, social care, criminal justice, educational and religious institutions. The SASCA training is firmly rooted in the latest research on the impacts of abuse, neuroscience and the emerging field of trauma-informed practice. Reviews and updates are carried out regularly to include new learning from our support line service and the latest clinical and academic developments.

NAPAC's SASCA training continues to be accredited by the British Psychological Society (BPS) and the Royal College of Nursing (RCN), which add to the credibility of NAPAC's offering.

Over the current reporting period, the COVID-19 crisis caused significant challenge to the training function. Prior to this, the training workshops had been delivered face to face at client sites and in the NAPAC offices. Government social distancing guidance prevented this and NAPAC had to very quickly create and test online training, which we did in conjunction with existing client partners in the NHS. Once we were sure that the high-quality standards could be maintained with online provision, we rolled out the training to our existing organisational clients and offered online training to individual practitioners to complement our e-learning.

In addition to the SASCA workshop and e-learning, we have taken the opportunity to develop and pilot further online training workshops and e-learning, to be formally launched in the next financial year 2021/2022. These include:

- Vicarious Trauma and Resilience
- Emotional and Narcissistic Abuse Awareness
- Cultural Barriers to Disclosures of Abuse
- Understanding Survivors' Stress Responses (e-learning)

All training workshops include videos, peer discussion and practical tools to assist professionals in developing greater expertise and confidence when working with abuse survivors in any professional setting.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

These workshops and e-learning are based on needs expressed by both survivors and professionals who support them. They are also underpinned by research in cognitive neuroscience, neuropsychology, psychology and therapeutic practice.

We increased the emphasis on marketing our e-learning provision through social media advertising and print advertising in industry journal *Therapy Today*, which contributed to NAPAC maintaining significant income and profitability. Specifically, a total training income of £71,060 was generated with a profit margin of 77%.

Between 1 April 2020 and 31 March 2021, NAPAC

- Adapted from entirely face-to-face to online training provision.
- Successfully delivered existing client projects to the NHS.
- Trained a total of 297 professionals face-to-face.
- Trained a further 514 professionals via e-learning.

ADVOCACY

Since March 2020, the Chief Executive (Gabrielle Shaw) has been representing NAPAC on the national 'COVID-19 Victim and Witness Silver Command Group'. This Silver Command Group was set up to advise and assist the Ministry of Justice in its aim to support victims and witnesses of crime in response to COVID-19, providing strategic direction, guidance and oversight.

This remains a highly influential and important forum, actively shaping the national response for victims and survivors across the different areas that COVID-19 and associated lockdowns have affected, but evolving to look at medium and long-term support to victims and survivors more generally.

Silver Command Group comprises senior leaders from key government departments (Ministry of Justice; Home Office, Department of Health and Social Care; Ministry of Housing, Communities and Local Government), policing (National Police Chiefs' Council, Association of Police and Crime Commissioners), non-departmental public bodies (NHS England, Her Majesty's Courts and Tribunals Service, Victims' Commissioner, Domestic Abuse Commissioner, Crown Prosecution Service) and sector-leading organisations (NAPAC, Victim Support, Citizens' Advice, The Survivors Trust, Safe Lives and others).

The excellent relationships the Chief Executive has cultivated with these leaders, and the input and data the wider NAPAC team provides, continues to bear fruit. NAPAC is looked to for advice and guidance on various issues, and our contributions to the debate around data collection and usage has been particularly valued.

The Chief Executive also offers expert input to health, policing and other groups through participation in national groups such as the NHS Sexual Assault and Abuse Services Framework Stakeholder Advisory Group, the Victims' Commissioners Stakeholder Group and various policing gold groups.

NAPAC is also acknowledged as expert contributors, invited to speak at or participate in various fora in this reporting period, including:

- Home Office Steering Group discussions on costs of childhood sexual abuse.
- CPS redrafting of guidance to prosecutors on investigating non-recent childhood sexual abuse, several more stages of consultation.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

- Crown Prosecution Service forum on male victims of sexual violence
- Violence Against Women and Girls external consultation group.
- National Working Group on childhood sexual abuse
- Lambeth Council redress scheme consultancy for submission to the Independent Inquiry into Child Sexual Abuse
- Quarterly meetings of the London Mayor's Office for Policing and Crime forum led by Victims' Commissioner for London.
- A new regular fortnightly meeting with the Victims' Commissioner of sexual violence support organisations
- Ministry of Justice 'It Still Matters' campaign raising awareness of support available for survivors of non-recent abuse, including NAPAC
- Church of England Diocese of London Past Case Review 2 reference group.
- Church of England Diocese of Guildford Past Case Review 2 reference group.

NAPAC's advocacy this year focused on public health messaging in the context of COVID-19 as this was an issue of significant concern to people using our support services.

NAPAC is engaged with national organisations, including those in the health and social care sectors, to discuss their training needs and provide expert input where there are gaps in provision and understanding in how best to support adult survivors. We contribute insights to support public health campaigns such as advice for survivors around cervical screening or mental health campaigns.

We receive a huge number of enquiries from national, regional, and international media outlets to contribute to news stories or documentaries or requests to advise on drama scripts which relate to non-recent child abuse. We provide comment on the issues we regularly hear about on our support line and information which offers insight and improves the accuracy of portrayals about the impacts of child abuse on adults.

Some examples of the Chief Executive's media work during this reporting period included featuring on the File on 4 programme 'Women who Abuse', aired on BBC's Radio 4 and which focused on female perpetrators of abuse. Gabrielle Shaw was one of the experts interviewed in this programme, speaking about NAPAC's work, what we hear on our support line from survivors and victims, and difficulties that society has in confronting this issue. This was well-received, with positive feedback coming from national stakeholders and within NAPAC's social media feeds. Ms Shaw also featured as one of the experts interviewed in the Discovery+ channel's documentary 'Faking It: Jimmy Savile', which examined how Jimmy Savile managed to get away with his crimes.

Large increases in call attempts to NAPAC's support line and visits to our website correlate closely with media coverage which features NAPAC or survivors talking about what they suffered, including storylines in TV or radio soaps and dramas, court cases, and police investigations.

NAPAC is proud to have developed and disseminated its media guidelines, following input from IPSO, OFCOM and BBC Editorial guidelines, to assist anyone writing or broadcasting on the subject of non-recent child abuse, so that the needs and impacts on adult survivors are better understood and reported.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

COMMUNICATIONS

As a public health service, NAPAC's communications were adjusted in the context of the COVID-19 pandemic during this reporting period.

Usually, our communications are aimed at three audiences – survivors, donors, and professionals. Given the dominance of COVID-19 in news and all media, and the impact it was having directly and indirectly on people using our survivor support services, our communications this year focused mainly on survivors.

NAPAC did not run any fundraising or emergency appeal for donations this year. We avoided any implication that our services were at risk of closure because of COVID-19, despite having reduced hours on the survivor support service and not being able to run any support groups due to social distancing and related measures. Our communications were consistent and constructive, providing factual public health information, emphasis that NAPAC was an essential service, and reassurance to survivors that we were still here to support them.

WEBSITE

We continued to reach many thousands of new people through our NAPAC website – napac.org.uk – this year. Here are some of the trends we identified.

- We had over **168,733 visitor sessions** on the website over this period – a **4.02% increase** on the same period from the previous year.
- 115,384 (68.4%) were **new visitors** to the website.
- 53,349 (31.6%) were **returning visitors**.
- **89% of visitors to our site were in the UK**. The remaining 11% were predominantly from the US, Republic of Ireland, Canada, Australia, and China.
- Visitors spend on average **3:06 minutes** on the site – a **13.04% increase** on the same period from the previous year.
- We had almost **half a million-page views** (471,047) overall.
- Over half of visitors (53.1%) **use a mobile or tablet** to view our website.
- Around **64.2% of website visitors are female and 35.8% male**, a balance which has shifted over time to include a higher proportion of male users, which correlates with the gender of callers (of those who state it) to our support line.
- We **continue to reach people across all age groups, though there is a growing number of younger survivors interacting with our site**. Visitors aged 25-34 made up the largest group at 28%, though almost **1 in 5 visitors to the website** (18.5%) is now aged 18-24. 35–44-year-olds comprised 18.8%, 45–54-year-olds made up 16% and over 55's accounted for 18.7% of visitors.
- This is a **lower age profile than for callers to our support line**. It is very positive that more people are seeking help earlier in their lives and beginning their recovery sooner.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

- Our **survivor booklets**, flashbacks, common concerns page and support line page continue to be popular – the four pages were viewed **71,995 times**.
- 29,293 visitors landed on the 'What NAPAC does' explainer page.
- There is demand for factual information - we had 11,942 views of our **key facts** page.

FINANCIAL REVIEW

We are reporting on the year from 1 April 2020 to 31 March 2021.

During this period, gross income of £621,328 was achieved (compared to £618,295 of gross income achieved for the 12-month period to 31 March 2020).

We were grateful to have had continued support from the Home Office which has again been the principal funding source of the Charity, with £381,016 being received for the period (compared to £344,757 of Home Office grant funding received for the 12-month period to 31 March 2020).

The grant was given from funds made available by the Home Office to non-statutory organisations in England and Wales providing support to victims of sexual abuse to help meet the ever-increasing demand on those services.

This principal source of funding was supplemented by income from grant-making trusts and bodies and ad-hoc personal donations. All these generous donations are acknowledged with much gratitude by the Trustees who are committed to ensuring that NAPAC continues to use the funding it receives effectively. This includes further enhancement and expansion of our core activities to support survivors and ongoing development of our training programme, which we also see as providing an important source of income for the Charity.

Resources expended in the period were £617,363 (compared to £660,268 of resources expended for the 12-month period to 31 March 2020).

The key elements of expenditure relate to:

- The staffing costs for organisational leadership, advocacy, volunteer coordination and support, developing and delivering training, and coordinating and delivering support to survivors.
- Establishment and maintenance of the support line technology with the associated website.
- Office accommodation for the administrative and support line centres.

Overall, 2020-2021 was once again a challenging period for NAPAC as our services are ever more in demand thanks to the high profile the organisation enjoys, and the prominence afforded to issues raised in the media which prompt calls to our support line.

We experienced a surplus for the period of £3,965 (compared to a deficit of £41,974 for the 12-month period to 31 March 2020), the Charity has sought to streamline its cost base during this period with the benefits expected to be experienced during the coming year.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

RESERVES POLICY

NAPAC's reserves policy is to maintain sufficient unrestricted resources to fund operations for a minimum of three months at a time, while also being cognisant of the fact that the principal grant of which we are a beneficiary is receivable on a bi-annual basis. As a consequence, our unrestricted funds may represent up to six months' expenditure at any one time.

As at 31 March 2021 we had unrestricted funds (also our free reserves) of £296,361 (2020: £288,967), an amount sufficient to fund all operations for approximately the next six months.

Since funding is often short-term or one-off in nature, the Trustees are cognisant of the need to continue to seek funding for our work and to maintain adequate reserves which we see as critical for the effective support of survivors across the United Kingdom.

STATEMENT OF MAJOR RISKS

The NAPAC Board of Trustees have considered the major strategic business and operational risks to which the charity is exposed.

Financial risk:

The COVID-19 pandemic has had a serious impact on NAPAC's income stream of individual and small trust giving, as is the case across the entirety of the charity sector. This factor combined with the lack of continued and long-term funding – reported in previous financial years also – is the main financial risk NAPAC faces.

Even with these significant challenges, NAPAC continues to focus on developing its own income-generating activities and is achieving positive steps in this regard with increased training and fundraising income. However, this is not yet at the stage of allowing the charity to become self-sustaining.

NAPAC is grateful to the government for significant grants which make up the majority of the charity's income. The government responded in particular to the unprecedented challenges presented by COVID-19 by creating a Victim and Witness COVID-19 Support Fund. This was to provide additional support for support services for victims and survivors, including NAPAC.

However, there is no guarantee that Home Office or Ministry of Justice funding will be continued, particularly with significant demand on government funding across all areas caused by the COVID-19 pandemic.

Dependent as it is on statutory funding, NAPAC is mindful of the potential risks of political changes during the on-going period of national uncertainty.

NAPAC is cognisant of the proper and appropriate use of restricted funds, which form the main proportion of the charity's funding arrangements, equating to 61 % (2020: 59%) of all income received during the period. As at 31 March 2021, the amount held in our restricted funds stood at £3,745 (2020: £7,174, equivalent to 1% (2020: 2%) of our total reserves.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Service delivery:

COVID-19 and the associated lockdown measures had an impact on NAPAC's service delivery. For a period of eight months, the pandemic's lockdown measures meant that NAPAC had to operate reduced hours on its telephone support line and email support service. Normally these would operate for 52 hours per week, but this reduced to 32 hours per week between April and November 2020. At the same time, demand during the period increased significantly as the lockdowns took their toll on victims and survivors. NAPAC was unable to offer face-to-face support groups during this period due to restrictions on this type of activity, so switched instead to planning for online delivery of support groups.

Plans to expand our service delivery, as we set out in our strategic five-year plan 'Support on the Journey', is dependent upon more certain funding streams and increasing our own revenue-generating activities such as our training programme as well as recruiting, training and retaining sufficient staff and volunteers.

Staffing:

Like many other organisations, COVID-19 and the lockdown measures placed a heavy burden on NAPAC's staff. The charity is a small organisation and we face a significant demand for our services. NAPAC works in a highly emotional and complex trauma-care setting and the issues, that we deal with on a daily basis can be somewhat toxic. These factors combine to present risk to our staff, including the potential loss of key staff and the inability to recruit and retain suitable staff.

NAPAC was designated an essential service and our staff 'key workers' so we were able to continue providing our support to survivors and victims throughout this reporting period. We noted an increase in complex and multi-dimensional calls to our support line, and the toll this was taking on staff – who were dealing with their own COVID-19 related health and anxiety issues.

Trustees were and are mindful of the effect of stress on staff from working in this field, which was only exacerbated by COVID-19. Systems were put in place to provide support and guidance to staff as we navigated the evolving situation, which were largely successful.

Governance:

With the significant challenges posed by COVID-19 and associated lockdown measures, NAPAC's Board of Trustees has worked hard during this reporting period to provide oversight and support to senior management as the charity navigated its way through these unprecedented times. The Board were closely involved in all aspects of NAPAC's organisational response to the pandemic, ensuring that government guidance was followed at all times, with the safety and wellbeing of NAPAC's staff paramount.

NAPAC continues its focus on ensuring that trustees are in place with the skills and experience appropriate to the sound oversight of all aspects of the charity's activities and that together they are able to provide the necessary level of support to NAPAC's senior management.

While the trustees are satisfied with the current composition of the Board, this remains a risk area for NAPAC who rely on appropriate people making themselves available to fulfil the required roles. As such, the Board has plans to significantly enhance the number of trustees to increase resilience at the governance level. This will be enacted in the next financial year.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

REPORTING

Internal reporting

NAPAC uses Xero accounting software for day-to-day book-keeping and to generate monthly and quarterly financial reports as well as management reports for consideration by senior management and trustees. An example of the way that Xero is used is provided by NAPAC's training activities. Income and expenditure from our training activities are recorded on Xero and reports generated from this are regularly monitored and provide a cross-check to those produced by the client relationship management (CRM) system. Fundraising activities are similarly monitored on Xero.

NAPAC continues to make significant progress in strengthening the quality and timeliness of the management information it receives. The cloud-based CRM system enables NAPAC to maintain a secure and up-to-date record of training clients, both current and potential. The CRM system monitors how NAPAC interacts with these stakeholders from initial outreach through to becoming active training clients and allows NAPAC to develop these relationships in a professional manner.

A significant advantage of this CRM system is improved reporting on income and opportunities, which is essential for monitoring performance against financial targets. Training income reports shown the type of transaction with cost information. Key data can be represented visually for easier interrogation and comparison.

Improving management information is enabling NAPAC to continually refine its income generation strategy and develop appropriate marketing programmes.

Donor reporting is managed internally. Monthly, quarterly, and annual reports are produced between finance and fundraising for accurate data on donations and pledges received. There is also quarterly reporting on the pipeline of prospective and ongoing relationships with current donors and stakeholders, including regular and recurring donations, grants from trusts, and one-off and legacy gifts, and community, corporate, and challenge activities.

NAPAC continues to use a specialist social enterprise product to manage online donations and collect Gift Aid. It provides a secure online fundraising tool for NAPAC and for donors and provides insights into donation activity, which supports NAPAC's internal analysis and reporting.

External donor reporting

Formal donor reporting continues to develop as part of the fundraising cycle. Informal donor reporting continues as part of ongoing stewardship with individual donors and prospective supporters, and forms part of the regular conversations with all stakeholders.

A six-month progress report was submitted to the Clothworkers Foundation in February, conveying the positive impact of their donation on NAPAC's support service. An update was sent to all small trusts who had previously donated to NAPAC or who had been contacted about supporting our work; this update outlined the work made possible by their previous support and previewed how future grants would support survivors.

PLANS FOR FUTURE PERIODS

Illustrated starkly by COVID-19 and all the changes it has wrought, we know that society is always changing, as are the needs of adult survivors of childhood abuse. NAPAC is therefore continuously rising to the challenge of filling the gaps in service provision in the UK.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

In line with the ambitions outlined in our strategic plan, as well as the delivery plan we produced for the Home Office – NAPAC's principal funder via its 2020-2022 'Support for Victims and Survivors of Child Sexual Abuse' (SVSCSA) Fund – we will do this in a number of ways. These are outlined below, focusing on these six areas:

- Outputs and anticipated outcomes.
- Planned activities.
- Key performance indicators.
- Sharing our knowledge and expertise.
- Raising awareness.
- Generating income.

Outputs and anticipated outcomes

NAPAC will build upon its substantial experience and the investment in recent years in its unique range of front-line services for adult survivors of childhood abuse. The outcome of this will be continued strengthening of core support services for survivors.

Specifically, that frontline support services that survivors receive from NAPAC (and other frontline services influenced by NAPAC through training, information and advice) make a positive and material difference to the lives of these survivors.

We will build on all that NAPAC has achieved in recent times, in two ways:

- **continuous improvement** in the effectiveness and resilience of our front-line services
- **progressive enhancement** of our front-line services, so that they meet the needs of a growing number of survivors and those who help them

Planned activities

Continuous improvement - we plan to:

- increase the size of the support line team to ensure greater resilience in the service, including coping with planned and unplanned staff absence
- alongside this, interrogate support line usage and performance data in more depth, to understand better what constitutes success and what performance measures are most appropriate
- learn from our increasing bank of data from support groups, to develop the group model further and ensure optimum outcomes
- continue to improve the effectiveness of fundraising activity, to generate greater sums for investment in our services

Progressive enhancement - we plan to:

- focus much of the new support line staff resource to answering emails from survivors, allowing us to offer and advertise this as a regular core service rather than only when resources allow
- increase the number of support groups offered each year, particularly our newly developed online model of support groups, to help larger numbers of those survivors who are in the greatest need
- develop and market further our training offer

As a priority we need to keep responding to the challenges posed by COVID-19 restrictions, but we aim to take advantage of this to develop new approaches, including more online delivery of training, so we can maintain growth in numbers trained and income generated in support of our core services

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD
REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2021

Key performance indicators

KPI 1 - Building capacity and resilience in the support line and associated email answering service

- *by recruiting four new part-time members of staff, with the aim of ensuring a benchmark of 10,000 interactions (calls and emails handled) per year.*

KPI 2 - Demonstrating that the NAPAC telephone support line is effective in improving the wellbeing of service users

- *by collecting information after each call to the telephone support line on the impact that NAPAC's service had on the caller's sense of wellbeing.*

KPI 3 - Ensuring that the support line service operates in a way best designed to meet the needs of the greatest possible number and range of survivors

- *by carrying out a root-and-branch review of the purposes, boundaries, operation and management of the service, and out of that review developing new KPIs to measure its success.*

KPI 4 – Maintain our delivery of support groups, which help as broad a range as possible of survivors with the greatest need to get the in-depth support they deserve

- *by developing safe and effective means of delivering support groups remotely, during COVID-19 restrictions.*
- *by aiming to expand the geographical reach of support groups through the recruitment of participants from different parts of the country.*
- *by aiming to ensure that the previous high level of outcomes, as measured by participant feedback and CORE data, is at least maintained.*

KPI 5 - Further developing effective and far-reaching training and information services

- *by developing and marketing new online service offerings to replace or supplement face-to-face training, in the face of COVID-19 restrictions, which increases take-up among a wide range of front-line workers and drives increasing revenues in support of NAPAC's core services.*
- *by refreshing and developing new content on NAPAC's website.*
- *by aiming to ensure growing overall reach for training and information services.*

Sharing our knowledge and expertise

Our key ambitions for the next period of research and information activity are to:

- *share the evidence for why tackling the health and social costs of childhood abuse on adult survivors is important.*
- *improve the flow, quality and relevance of data gained from calls to the support line.*
- *evaluate support group outcomes more rigorously, developing new qualitative and quantitative measures, and tracking longer-term impacts through the planned follow-up sessions.*

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

Raising awareness

Our ambitions for our advocacy work are to:

- ensure the voices of survivors continue to be heard through our high profile among policymakers and service providers, our campaigns, and our strong partnerships across the sector.
- ensure that more survivors receive services which match their needs in a trauma-informed manner, by using our evidence to lobby for the right changes in policy.
- identify, encourage and support high profile and influential champions for NAPAC's key messages.

Generating income

Like many charities, NAPAC faces heavy competition for funding. The challenge of generating income is exacerbated by the misunderstandings and myths that surround the issue of childhood abuse. NAPAC has consequently so far relied largely upon donations from survivors, or organisations with a specific interest in childhood abuse.

We recognise that we need to diversify our sources of income. NAPAC will therefore work towards the development of a comprehensive and tactical income generation strategy, whose elements will include:

- the development of a strong and consistent case of how NAPAC makes an impact and what funding contributions will help us achieve, together with the alignment of the whole organisation – Board, staff, volunteers – around that case.
- the development of compelling plans for enhancements in our services, which promise a step change in the level of support for survivors, and which can be worked into bids for funding.
- the exploration of new sources of funding, in particular for support groups – for example, local and regional authorities, local health and social care providers, CCGs and locally-based trusts.
- maximising the potential of our champions in the UK and overseas – influential friends who are willing to speak up for survivors and recommend NAPAC's work.
- a focus on building more sustainability and self-reliance into the funding base, in particular through the further development of our training and consultancy services as revenue-driving activities.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD
REPORT OF THE BOARD OF TRUSTEES (INCORPORATING THE DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2021

Responsibilities of the Board of Trustees

Company law requires the Board of Trustees to prepare accounts for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its income and expenditure for the financial year then ended. In preparing those accounts, the Board of Trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent; and
- Prepare the accounts on the going concern basis unless it is inappropriate to assume that the company will continue on that basis.

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. The Board of Trustees is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees

Members of the Board of Trustees, who are directors for the purposes of company law and trustees for the purposes of charity law, who served during the year and up to the date of this report are set out on page 2.

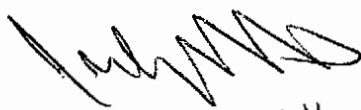
Independent Examiner

TC Group has been reappointed as independent examiner for the ensuing year.

Basis of Preparation of Accounts

This report has been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (Charities SORP (FRS 102)) and in accordance with the provisions applicable to companies subject to the small companies' regime.

The trustees' annual report (incorporating the directors' report) was approved on 15th September 2021 and signed on behalf of the NAPAC Board of Trustees by:


Trustee: John Griffiths

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

I report on the accounts for the year ended 31 March 2021 set out on pages 20 to 32.

Respective responsibilities of Trustees and examiner

As the Charity's Trustees of the Company (and also its directors for the purposes of Company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- (1) accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

T C Group

Mark Cummins FCCA FCIE

For and on behalf of:

T C Group

The Courtyard
Shoreham Road
Upper Beeding
Steyning
West Sussex
BN44 3TN

Date: *23 September 2021*

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)

FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
INCOME FROM:					
Donations and grants	4	169,214	381,016	550,230	553,743
Charitable activities	5	71,060	-	71,060	64,226
Investments	6	38	-	38	326
Total income		240,312	381,016	621,328	618,295
EXPENDITURE ON:					
<i>Raising funds:</i>	7				
Fundraising		43,753	-	43,753	39,126
<i>Charitable activities:</i>					
Training courses		16,432	-	16,432	27,303
Operation of NAPAC		172,733	384,445	557,178	593,839
Total expenditure		232,918	384,445	617,363	660,268
Net income for the year/ Net Movement in funds		7,394	(3,429)	3,965	(41,974)
RECONCILIATION OF FUNDS					
Total funds brought forward	14	288,967	7,174	296,141	338,115
TOTAL FUNDS CARRIED FORWARD	14	296,361	3,745	300,106	296,141

The results of the year derive from continuing activities and there are no gains or losses other than those shown above.

The notes on pages 23 to 32 form part of these accounts.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

BALANCE SHEET

AS AT 31 MARCH 2021

	Note	2021 £	2020 £
CURRENT ASSETS			
Debtors	10	247,924	293,253
Cash at bank and in hand	11	118,836	72,090
Total current assets		366,760	365,343
LIABILITIES			
Creditors falling due within one year	12	(66,654)	(69,202)
NET CURRENT ASSETS AND NET ASSETS		300,106	296,141
FUNDS			
Unrestricted funds	14	296,361	288,967
Restricted funds	14	3,745	7,174
TOTAL FUNDS		300,106	296,141

The charitable Company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

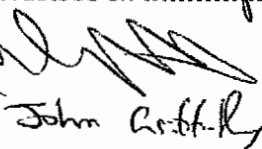
The members have not required the charitable Company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The Trustees acknowledge their responsibilities for:

- ensuring that the charitable Company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable Company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable Company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Statement of Recommended Practice applicable to charities in accordance with FRS 102. The financial statements were approved by the Board of Trustees on 15th September 2021 and were signed on its behalf by:

Trustee:



The notes on pages 23 to 32 form part of these accounts.

Company number: 07311390.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

		2021		2020	
	Notes	£	£	£	£
Cash flows from operating activities:					
Net income/(expenditure) for the year		3,965		(41,974)	
(Increase)/decrease in debtors	10	45,329		(105,972)	
Increase/(decrease) in creditors	12	(2,548)		30,506	
Investment income		(38)		(326)	
Net cash provided by/(used in) operating activities			46,708		(117,766)
Cashflows from investing activities					
Interest income		38		326	
Cash provided by/(used in) investing activities			38		326
Increase/(decrease) in cash			46,746		(117,440)
Cash and cash equivalents at the beginning of the year			72,090		189,530
Cash and cash equivalents at the end of the year	11		118,836		72,090
		1 April 2020	Cashflow	31 March 2021	
		£	£	£	
Cash at bank and in hand		72,090	46,746	118,836	

1. STATUTORY INFORMATION

The National Association for People Abused in Childhood is a Company Limited by Guarantee, incorporated in the England and Wales and has no share capital. The Charity is under the control of the Trustees. Its registered office is 7-14 Great Dover Street, Borough, London, England, SE1 4YR.

2. ACCOUNTING POLICIES

2.1 Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and the Charities Act 2011.

The National Association for People Abused in Childhood meets the definition of a public benefit entity under FRS 102. In view of the Charity's positive cash and reserves positions, the Charity has no material uncertainties in relation to its ability to continue operating including an impact of Covid-19 and as such the accounts have been prepared on a going concern basis. This conclusion takes into account any known financial effect of Covid-19. Assets and liabilities are initially recognised at their historical cost or transaction value unless otherwise stated in the relevant accounting policy notes. The Charity's presentation currency is the Pound Sterling.

The National Association for People Abused in Childhood is not part of a group. These financial statements therefore reflect the activity of the Charity as an individual entity.

2.2 Judgements and key sources of estimation uncertainty

In the application of the company's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

The Trustees do not consider that there are any critical judgments made in applying the Charity's accounting policies or that there are any critical accounting estimates or assumptions which may have a significant risk of causing a material adjustment to carrying amounts of assets and liabilities within the next financial year.

2.3 Income

All incoming resources are included in the Statement of Financial Activities when entitlement has passed to the Charity, it is probable that the economic benefits associated with the transaction will flow to the Charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- Donations and grant income is recognised when the Charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

2. ACCOUNTING POLICIES - Continued

2.3 Income - continued

- Legacy income is recognised when receipt is probable and entitlement is established.
- Income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably. In which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- Income from contract for the supply of services is recognised with the delivery of the contracted service.
- This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.
- Interest on funds held on deposit is included when receivable and the amount can be measured reliably. This is typically upon notification of the interest being paid by the bank.

All income is measured net of any discounts and as the Charity's activities are exempt from VAT the application of VAT and other sales taxes is not required.

2.4 Expenditure

Where incoming resources have related expenditure or a legal or constructive obligation arises, the incoming resources and related expenditure are reported gross in the Statement of Financial Activities.

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the Statement of Financial Activities to which it relates.

Expenditure on charitable activities includes all costs incurred by the Charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs relating to the governance of the Charity apportioned to charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Employee termination costs are recognised in the period in which formal agreement of such payments are reached by the Trustees.

2.5 Support and governance costs

Support costs are those functions that assist the work of the Charity but do not directly undertake charitable activities. The bases on which support costs have been allocated are set out in note 8.

Governance costs include the costs of preparation and examination of statutory accounts, the costs of the Annual General Meeting and trustees' meetings and costs of any legal advice to trustees on governance or constitutional matters.

2.6 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument. Basic financial instruments are recognised at amortised cost.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

2. ACCOUNTING POLICIES - Continued

2.8 Cash at bank and In hand

Cash at bank and in hand includes cash and short term highly liquid investments with a maturity of three months or less from the date of opening the deposit or similar account.

2.9 Creditors

Creditors are recognised when there is a present obligation arising from a past event, the settlement of which will likely result in resources embodying economic benefits being transferred from the Charity. Accruals are recognised at their settlement amount once a reliable measurement can be obtained.

2.10 Fund accounting

General unrestricted funds are available for use in accordance with the charitable objectives at the discretion of the Trustees.

Designated funds are unrestricted funds which have been ring fenced by the board of trustee for specific purposes. The funds can be un-designated at any time. There are no such funds this year or in the comparative period.

Restricted funds can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or through the terms of an appeal, and fall into two sub-classes: restricted income funds or endowment funds. Further explanation of the nature and purpose of each restricted fund is included in the notes to the financial statements.

2.11 Pensions

The Charity operates a defined contribution pension scheme. Contributions payable to the Charity's pension scheme are charged to the Statement of Financial Activity in the period to which they relate as unrestricted expenditure. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund. At the balance sheet date £3,573 was due to the pension scheme (2020: £2,809).

2.12 Leasing Commitments

Rentals paid under operating leases are charged to the Statement of Financial Activity on a straight-line basis over the period of the lease.

3. TAXATION

The Company is registered as a Charity and all of its income falls within the exemptions under Part 11 of the Corporation Tax Act 2010.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

4. INCOME FROM LEGACIES, DONATIONS AND GRANTS

	Unrestricted funds	Restricted funds	2021 Total £	Unrestricted funds	Restricted Funds	2020 Total £
Legacies	7,247	-	7,247	21,000	-	21,000
Donations						
Trusts	-	-	-	-	-	-
Partnerships	15,000	-	15,000	20,000	-	20,000
Consultancy	4,200	-	4,200	1,075	-	1,075
Adhoc	10,389	-	10,389	80,314	-	80,314
Double O	-	-	-	12,000	-	12,000
Justgiving	11,577	-	11,577	12,562	-	12,562
Paypal	2,940	-	2,940	6,137	-	6,137
General	5,674	-	5,674	25,400	-	25,400
Clothworkers	24,019	-	24,019	-	-	-
Manchester City funds	30,000	-	30,000	-	-	-
Ministry of Finance	25,375	-	25,375	-	-	-
Philip King Trust	-	-	-	-	19,472	19,472
Fundraising Manager	32,793	-	32,793	9,420	-	9,420
Other	-	-	-	1,336	-	1,336
Grants						
Home Office	-	381,016	381,016	-	344,757	344,757
	169,214	381,016	550,230	189,244	364,499	553,743

5. CHARITABLE ACTIVITIES

	2021 £	2020 £
Training courses	<u>71,060</u>	<u>64,226</u>

6. INVESTMENT INCOME

	2021 £	2020 £
Bank interest receivable	<u>38</u>	<u>326</u>

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

7. EXPENDITURE ON RAISING FUNDS AND CHARITABLE ACTIVITIES

	Wages Costs £	Other costs £	2021 Total £	2020 Total £
Cost of raising funds:				
Fundraising	41,594	2,159	43,753	39,126
Total cost of raising funds	41,594	2,159	43,753	39,126
Charitable activity expenditure				
Training courses	-	16,432	16,432	27,303
Operation of NAPAC	381,851	175,327	557,178	593,839
Total charitable expenditure	381,851	191,759	573,610	621,142
Total expenditure	423,445	193,918	617,363	660,268

	2021 £	2020 £
Included in the above is the following governance costs:		
Governance costs:		
Current independent examiner remuneration for examination	3,600	3,600
Current independent examiner remuneration for other services	18,894	15,654
Trustees' expenses	121	9,668
Total governance costs	22,615	28,922

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

8. STAFF COSTS

	2021 £	2020 £
Wages and salaries	377,492	403,734
Employers national insurance	28,698	33,243
Pension costs	17,255	19,257
	<u>423,445</u>	<u>456,234</u>
Other staff costs	14,177	11,095
	<u>437,622</u>	<u>467,329</u>

There are no employees with emoluments above £60,000 (2020: none).

The average headcount of employees during the year was 17 (2020: 14). The average number of full-time equivalent employees during the year is analysed as follows:

Employee headcount	2021 Number	2020 Number
Management	3	3
Administration	14	11
	<u>17</u>	<u>14</u>

9. TRUSTEE EXPENSES AND KEY MANAGEMENT PERSONNEL

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

The total amount of expenses reimbursed to one trustee was £Nil (2020: one trustee was reimbursed £25).

In the financial year 2020, the employment costs, in Note 8 above, included settlements to a former employee, the terms of which are confidential. This year there were no such costs.

The total amount of employee benefits received by the executive team for their services to the charity was £104,266 (2020: £132,589). The executive team comprises the Chief Executive and the Chief Operating Officer.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

10. DEBTORS

	Total 2021 £	Total 2020 £
Trade debtors	40,875	98,892
Prepayments and accrued income	207,049	194,361
	<u>247,924</u>	<u>293,253</u>

11. CASH AT BANK AND IN HAND

	Total 2021 £	Total 2020 £
Cash at bank	118,304	71,768
Cash in hand	532	322
	<u>118,836</u>	<u>72,090</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Total 2021 £	Total 2020 £
Trade creditors	5,248	4,230
Accruals and deferred income	50,809	54,280
Social security and other taxes	7,024	7,882
Other creditors	3,573	2,810
	<u>66,654</u>	<u>69,202</u>

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

13. ANALYSIS OF FUNDS

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
General funds	<u>288,967</u>	<u>240,312</u>	<u>(232,918)</u>	<u>-</u>	<u>296,361</u>
Restricted funds:					
Atlantic Trading	1,889	-	(1,889)	-	-
Home Office	-	381,016	(381,016)	-	-
Philip King Trust	<u>5,285</u>	<u>-</u>	<u>(1,540)</u>	<u>-</u>	<u>3,745</u>
	<u>7,174</u>	<u>381,016</u>	<u>(384,445)</u>	<u>-</u>	<u>3,745</u>

Home Office

The charity was successful in receiving a grant from the Home Office, under the latter's 'Support for Victims and Survivors of Child Sexual Abuse' (SVSCSA) fund for the financial year 1 April 2020 to 31 March 2021. This SVSCSA Fund was part of a wider allocation of £2,400,000 made available over a two-year period by the Home Office for voluntary sector organisations supporting victims and survivors of child sexual abuse, in recognition of the increasing demand such organisations are experiencing.

Of this £2,400,000, following a competitive tendering process, NAPAC was awarded £378,061 in the first year of this funding period. In addition to this, there was additional funding received for email support.

This grant ran through the 2020 – 2021 year, and expenditure has been in full accordance with the terms and conditions of the grant awarded to NAPAC.

Atlantic Trading

The charity carried forward the funding originally received from the Atlantic Trading Charitable Trust in the 2015-2016 financial period. The remainder of this funding was used to pay some of the costs of an external policy consultant in this 2020-2021 financial period.

Philip King Trust

The charity was awarded £19,742 from The Philip King Trust in November 2019. The purpose of this grant was to fund support groups.

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

31 March 2021	Unrestricted Fund £	Restricted Funds £	Total 2021 £
Current assets	363,015	3,745	374,760
Creditors: due within one year	(66,654)	-	(66,654)
	<u>296,361</u>	<u>3,745</u>	<u>300,106</u>
31 March 2020	Unrestricted Fund £	Restricted Funds £	Total 2020 £
Current assets	358,169	7,174	365,343
Creditors: due within one year	(69,202)	-	(69,202)
	<u>288,967</u>	<u>7,174</u>	<u>296,141</u>

15. LEASE COMMITMENTS

At 31 March 2021 the Charity had total commitments under non-cancellable operating leases payable as follows:

	Land & Buildings	
	2021 £	2020 £
Within one year	<u>-</u>	<u>9,910</u>

Included within expenditure on charitable activities are charges relating to the Charity's rental leases of £67,697 (2020: £53,094).

THE NATIONAL ASSOCIATION FOR PEOPLE ABUSED IN CHILDHOOD

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

16. COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES
(Including Income and Expenditure Account)
YEAR ENDED 31 MARCH 2020

	Unrestricted funds £	Restricted funds £	31 Mar 2020 Total £
INCOME FROM:			
Donations and grants	189,244	364,499	553,743
Charitable activities	64,226	-	64,226
Investments	326	-	326
Total income	253,796	364,499	618,295
EXPENDITURE ON:			
<i>Raising funds:</i>			
Fundraising	39,126	-	39,126
<i>Charitable activities:</i>			
Training courses	27,303	-	27,303
Operation of NAPAC	231,110	362,729	593,839
Total expenditure	297,539	362,729	660,268
Net income for the year/Net movement in funds	(43,744)	1,770	(41,974)
RECONCILIATION OF FUNDS			
Total funds brought forward	332,711	5,404	338,115
TOTAL FUNDS CARRIED FORWARD	288,967	7,174	296,141

Document Activity Report

Document Sent

Thu, 18 Nov 2021 14:54:14 GMT

Document Activity History

Document history shows most recent activity first

Date

Activity

Thu, 18 Nov 2021 14:56:45 GMT

Thomas Barclay viewed the document

You can verify that this is a genuine Portal document by uploading it to the following secure web page:

<https://tcgroup.accountantspace.co.uk/messages/VerifyDocument>