

CITY ESCAPE

England & Wales · Charity number 1069707

Details

Other names	BETH JACOB CAMP, HOLIDAY RELIEF, HOLIDAY RELIEF BETH JACOB CAMP
Status	Registered
Legal form	Other
Registered	1998-05-26
Register	View on the Charity Commission register

Contact

Address 30 Moresby Road
London
E5 9LF

Phone 020 8806 5745

Email CITYESCAPECHARITY@GMAIL.COM

Activities

Objects: TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF THE COMMUNITY AND IN PARTICULAR FOR JEWISH MEMBERS OF THE COMMUNITY BY PROVIDING AND ASSISTING IN THE PROVISION OF HOLIDAYS AT RESIDENTIAL SUMMER CAMPS FOR CHILDREN AND YOUNG PEOPLE ESPECIALLY THOSE RESIDENT IN INNER CITIES SO AS TO ADVANCE THEIR EDUCATION AND TO ASSIST THEM TO GROW TO FULL MATURITY AS INDIVIDUALS AND AS MEMBERS OF SOCIETY AND SO THAT THEIR CONDITIONS OF LIFE MAY BE IMPROVED, BY RELIEVING POVERTY, BY PROVIDING RESPITE CARE AND OTHER ASSISTANCE FOR THOSE IN NEED AND BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES FOR RECREATION AND OTHER LEISURE TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE AND TO IMPROVE THE CONDITIONS OF LIFE OF THOSE MEMBERS OF THE COMMUNITY WHO MAY USE THEM.

Activities: We aim to improve the lives and opportunities of inner city children and young people who come from financially or socially disadvantaged backgrounds. Our two week summer programme with educational, leisure and health related activities enhances the children's social development and improves their confidence and self-esteem, providing them with the tools to enrich their lives and their future.

Classification

- **How:** Provides Services, Other Charitable Activities
- **What:** The Prevention Or Relief Of Poverty, Recreation
- **Who:** Children/young People

Geography

- Hackney
- Haringey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	£47,001	£32,899	-	-
2024-01-31	£74,165	£95,354	-	-
2023-01-31	£54,985	£36,741	-	-
2022-01-31	£109,328	£107,816	-	-
2021-01-31	£33,258	£33,710	-	-

Trustees

Name	Role	Appointed
Judith Reifer		2023-11-14
MRS ROSENTHAL		
RACHEL JUST		
YAFFA MANDEL		

CITY ESCAPE

England & Wales - Charity number 1069707

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDING 31 JANUARY 2025
FOR
CITY ESCAPE
Charity Number:1069707

De Claron Ltd
3a The Vale
LONDON
NW11 8SB

CITY ESCAPE

CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 31 January 2025

	Page
Charity Information	1
Report of the Trustees	2
Independent Examiner's Report	7
Income Expense Account	9
Balance Sheet	10
Notes to Financial Statements	11

CITY ESCAPE

CHARITY INFORMATION
for the Year Ended 31 January 2025

TRUSTEES: Mrs Judith Reifer
Mrs R Just
Mrs Y Mandel
Mrs I Rosenthal

SECRETARY: Mrs Judith Reifer.

REGISTERED OFFICE: 30 Moresby Road
London
E5 9LF

REGISTERED CHARITY NUMBER: 1069707

BANKERS: Natwest Bank,
20 Amhurst Road
London
E6 1QZ

INDEPENDENT EXAMINER: De Claron Ltd
Unit A
3 The Vale
London
NW11 8SB

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2025

The trustees present their annual report together with the financial statements of for the 1 February 2024 to 31 January 2025.

Message from the Chair

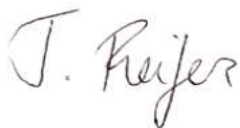
This summer, City Escape faced an unexpected challenge. Just weeks before our planned residential programme in Somerset, our rental provider had to cancel the booking. With little time to spare, our team responded with remarkable professionalism and care—delivering instead a vibrant day programme based locally in Hackney.

Over two weeks, we welcomed 126 children, many of whom live in overcrowded housing, face food insecurity, or experience instability at home. For these children, summer can be a time of isolation and stress. From treasure hunts and theme parks to creative workshops and community picnics, Hackney became a place where children could laugh, learn, and simply be children.

But the impact of City Escape goes far beyond a good time. Through our daily workshops, the children built confidence, developed communication and leadership skills and began to see themselves differently. They returned home not only with memories, but with tools and foundations that will help them re-engage with school, navigate challenges, and imagine brighter futures.

While this year's local programme was a success, we remain deeply committed to the value of our residential model. The chance to step away from familiar surroundings—to wake up in nature, share meals, and bond through overnight experiences—offers a depth of transformation that is difficult to replicate in a day format.

We are proud of what we achieved this summer, and deeply grateful to every Funder, Volunteer, and Supporter who made it possible. Your belief in our mission ensures that even when plans change, children are met with care, opportunity, and hope. As we look ahead, we are already working hard to arrange our premises and programme for next year, so that our children can once again experience the full magic of escape.



Judith Reifer

Programme Director

17 November 2025

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2025

AIMS AND OBJECTIVES

City Escape aims to improve the lives and opportunities of disadvantaged young people by providing a two-week summer holiday residential programme for financially and socially deprived children from London between the ages of 11 and 16. We take them away from the inner-city streets where they face great risk of engaging in crime, drugs and anti-social behaviour, and care for them in a safe and supportive environment, within refreshing rural surroundings. Being a part of our programme enhances the children's social development and improves their confidence and self-esteem so that they return home invigorated and revitalised - physically, mentally and emotionally; complete with the tools they need to enrich their lives and their future.

MANAGEMENT

We are a local grassroots organisation run entirely by volunteers, with a strong track record in project delivery and widespread community trust. Our management team includes qualified teachers and support workers for vulnerable families with many years of experience in youth work, who are well placed in meeting users' needs. As an established organisation, we have excellent policies and procedures in place that are reviewed on an annual basis. We also have strong links and work in partnership with local welfare organisations and schools, who refer to us the vulnerable children and young people who would most benefit by attending our summer project.

ACHIEVEMENTS AND PERFORMANCE

This year's summer programme, held from the 5th to the 18th of August 2024, was a powerful reminder of City Escape's resilience and commitment to the children we serve. Originally planned as a countryside retreat in Somerset, our programme was relocated to Hackney at the last minute due to an unexpected cancellation by our rental provider. Thanks to the swift action of our team and the strength of our local partnerships, we transformed this challenge into an opportunity-delivering a rich, joyful, and impactful experience right in the heart of our community.

We welcomed 126 children aged 11 to 16, all from low-income households and many facing complex challenges at home. Despite the change in setting, our core mission remained unchanged: to provide a safe, nurturing environment where children could build confidence, form friendships, and access opportunities that support their emotional and physical wellbeing.

A steering committee of six children worked closely with our adult team to shape the programme, select workshop themes, and plan local outings. Their leadership was instrumental in creating a programme that felt relevant, empowering, and inclusive. Weekly planning meetings gave them a platform to share ideas, take responsibility, and experience the pride of seeing their contributions come to life. We were also supported by 25 young volunteers, whose dedication and energy helped ensure the smooth delivery of every session. Their presence not only enhanced the experience for the children but also reinforced our commitment to youth leadership and peer-led support.

This year, we placed particular emphasis on emotional wellbeing. Daily workshops led by our professional coach used drama, storytelling, and role-play to help children explore their feelings, build self-esteem, and develop tools for managing anxiety and negative thoughts.

Our Hackney-based programme was filled with age-appropriate, locally rooted activities. Highlights included a treasure hunt through Hackney Marshes, a fun day spent at the theme park, a sports day at Mabley Green, and a picnic and games afternoon in Clissold Park. We also held a storytelling evening in Springfield Park, and presented our much-loved talent show at a local community centre-where children performed to a full and supportive audience.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2025

We continued to promote healthy living through cooking workshops, movement games, and engaging discussions about nutrition and wellbeing. These sessions were designed to equip the children and young people with knowledge and habits that can support them long after the programme ends.

City Escape's 2024 summer programme demonstrated that with the right support, even unexpected challenges can become moments of growth. Thanks to the generosity of our funders and volunteers, we were able to adapt quickly, deliver a high-quality experience, and ensure that every child left with new friendships, greater confidence, and a renewed sense of hope.

Our Impact

The benefits of our summer holiday programme are manifold, including both short- and longer-term benefits. These often extend beyond individual children's lives onto their family relationships and engagement with their local community. These benefits are detailed below:

A positive summer holiday environment - these vulnerable young people are able to taste the enjoyment and freedom of childhood within an encouraging environment rather than have to while away their summer holidays within the boredom of their crowded homes, or face the dangers from outdoors.

Reduced isolation - our project enables integration of different marginalised groups from the community to connect with new friends and sympathetic adults, so that positive and supportive friendships can develop. This likewise results in improvements in social and communication skills.

Providing new experiences, raising aspirations and broadening horizons - For children and young people whose experience of the world is defined and confined by poverty, extending their physical horizon is incredibly important. This is achieved through our expansive rural location coupled with our wide range of activities, workshops and outdoor trips.

Leadership and organisational abilities - as a result of being involved in all stages of planning, organising and decision making both prior and during our programme the children and young volunteers develop vital skills and improved self-esteem often leading to new hobbies and pathways to employment.

Emotional Wellbeing - Our professionally-run, interactive daily workshops focus on skills-building. The participants are provided with practical tips for emotional resilience, confidence building and positive empowerment through the means of drama, music and art.

Improved health - due to their immersion in a healthy way of life, including diet and life style, and the incentive we provide them to encourage themselves and each other to continue this new way of life together with friends and family on their return home.

A stronger community - our project greatly improves community cohesion and identity. We empower the young people to set themselves on a happier and more successful track in life. This enables them to overcome their current disadvantage and grow up to become active and productive members of the community.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2025

FUNDRAISING ACTIVITIES/INCOME GENERATION

The cost-of-living crisis is having an immediate effect on our organisation. Our income levels have been largely reduced as many of our past benefactors are currently not in a position to support us, which is intensified by the high competition we face within outside funding sources. This financial setback combined with the increased cost of living expenses which has caused a significant rise in our annual running expenses, is making delivering our programme considerably more challenging.

Our beneficiaries are all financially or socially disadvantaged children from BAME communities who live within the economically deprived inner-city areas of Hackney and Haringey. Most participants can only make a small contribution to the cost, if at all, and the charity therefore depends heavily on grants from third parties to finance its activities, particularly as the cost of renting premises in the summer is exceedingly high.

We are continuing to take the necessary steps to ensure that the needs of our users are met in the best possible way so we can keep our organisation running effectively and sustainably. These steps include: initiating local fundraising events, recruitment of more local volunteers, soliciting donated equipment and food and securing more pro bono/reduced rates on our activities and trips.

To this end, we would like to make special mention of the substantial and generous support we received from The Postcode Society Trust, JCHF, The 29th May 1961 Charitable Trust, Tesco - Activity for All and The Brother Jonathan Trust for Children's Holidays, amongst our other many valuable supporters and community donors.

EVALUATION

We monitor children's progress throughout our programme using a mix of observation and direct feedback. Participants complete self-assessment quizzes focusing on confidence and wellbeing, while staff record daily reflections on engagement and emotional responses. We also hold informal interviews with children and volunteers, and gather input from parents and referral partners. This feedback helps us identify key outcomes—such as improved teamwork, increased self-esteem, and stronger peer relationships—and directly informs the design of next year's programme.

PLANS FOR THE FUTURE

1 The current cost of living crisis has taught us to intensify our strategic partnerships and local networking capabilities so as to more easily and accurately identify those vulnerable young people who could most benefit from our programmes. This particular project has been the platform for widening the target group for our organisation and adapting our priorities to target additional disadvantaged young people who may have previously not been prioritised for a place on our programme.

2 City Escape would like to help even more children and young people be included in our future summer programmes. This will primarily depend on raising more funds. We hope to develop new fundraising strategies so as to widen our database of potential funders, as well as to run local fundraising activities so as to raise the scope of local donations from within the community.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2025

- 3 We will develop our programme and innovate effectively so as to provide for the up-and-coming needs of the disadvantaged children most effectively. We will improve on our monitoring and evaluation methods. We will also establish a user council where the children and young people will play an even greater role in the actual decision making throughout the entire project planning and delivery.
- 4 We would like to progress towards receiving a quality mark from the London Youth which we hope to achieve during the upcoming year.
- 5 Our vision is that during their time spent planning and directing our programme, we will provide the opportunity for our group of young volunteers to achieve AQA accreditation on Teamwork and Leadership Skills. This will help them for future employment prospects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

- *Constitution*

The charity is governed by declaration of trust dated 3 May 1998 and is run by the trustees.

- *Method of appointment or election of Trustees*

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

- *Commitment to quality and best practice*

With our commitment to quality and best practice, we evaluate and monitor our annual programme to improve effectiveness. Since our charity works with vulnerable children and families, safeguarding is considered the greatest inherent risk in our work. We have a framework of consents, controls, policies and reviews to mitigate the associated risks. All our volunteers are DBS checked and undergo appropriate child safeguarding training. As an established organisation, we have excellent policies and procedures that are reviewed on an annual basis. This leads to smoothly run, safe activities, and sound back up plans if necessary.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

- *Reserves policy*

The Trustees ensure that sufficient reserves are kept to cover foreseeable demands. The Trustees are working towards building free reserves of at least 3 months' operating costs in order to protect services where there are uncertainties as to whether funding will continue and to ensure adequate cash flow for the organisation's needs.

- *Risk Management*

The trustees have introduced systems to identify and manage risks effectively. The trustees are satisfied that these systems and procedures mitigate any perceived risks. These systems are reviewed regularly and the necessary amendments are made.

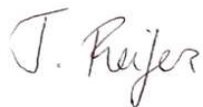
- *Public Benefit:*

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

This report was approved by the trustees and signed on their behalf by:

ON BEHALF OF THE BOARD

Trustee Name:

A handwritten signature in cursive script that reads "J. Reifer".

Judith Reifer

Signature:

Date: 17 November 2025

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2025

Independent Examiner' s Report to the Trustees of City Escape

I report on the accounts of the Charity for the year ended 31 January 2025, which are set out on pages 6 to 10.

This report is made solely to the charity' s trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity' s trustees those matters that I am required to state to them in an Independent examiner' s report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity' s trustees as a body, for my work or for this report.

The financial statements have been presented in accordance with Accounting and Reporting by Charities preparing their accounts using the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) effective 1 January 2019.

This has been done in order for the accounts to provide a true and fair view of the charity' s financial position.

Respective responsibilities of trustees and examiner

The charity' s trustees are responsible for the preparation of the financial statements, and they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of Independent examiner' s report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner' s statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare financial statements which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of the Act.

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2025

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of financial statements to be reached.

A handwritten signature in black ink, appearing to be 'H. H.', written over a light blue background.

De Claron Ltd.
3a The Vale
LONDON NW11 8SB
17 November 2025

CITY ESCAPE
STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 January 2025

	y/e 31.01.2025			y/e 31.01.2024		
	£	£		£	£	
	Restr Funds	Unrestr Funds	TOTAL	Restr Funds	Unrestr Funds	TOTAL
INCOMING RESOURCES						
Grants Received	16,000.00	21,730.00	37,730.00	10,525.00	36,407.45	46,932.45
Donations Interest Received		9,271.11	9,271.11		27,232.55	27,232.55
TOTAL INCOMING RESOURCES	16,000.00	31,001.11	47,001.11	10,525.00	63,640.00	74,165.00
CHARITABLE PROGRAMS						
Premises Expenses	5,426.50			40,000.00		
Transport & Travel	4,800.00			23,200.00		
Recreational Trips	6,374.00			5,925.25		
Food And Kitchen Supplie	5,552.59			16,104.11		
Workshop & Activities	9,474.85			6,571.00		
Volunteer Expenses	335.00			883.83		
ADMINISTRATING EXPENDITURES						
Advertising		600.00			1,696.01	
Accountancy & Admin		336.00			256.80	
Fundraising Expenses		-			90.00	
Insurance		-			627.16	
Bank Charges		-			-	
TOTAL RESOURCES EXPENDED	31,962.94	936.00	32,898.94	92,684.19	2,669.97	95,354.16
NET MOVEMENTS IN FUNDS FOR THE Y	(15,962.94)	30,065.11	14,102.17	(82,159.19)	60,970.03	(21,189.16)
		<u>14,102.17</u>			<u>(21,189.16)</u>	
FUNDS CARRIED FORWARD		13,774.77			34,963.93	
TOTAL FUNDS CARRIED FORWARD		<u><u>27,876.94</u></u>			<u><u>13,774.77</u></u>	

**CITY ESCAPE
BALANCE SHEET
for the Year Ended 31 January 2025**

	<u>y/e 31.01.2025</u>		<u>y/e 31.01.2024</u>	
	£	£	£	£
FIXED ASSETS		-		-
CURRENT ASSETS				
Debtors		-		-
Cash in hand and at bank	27,877		13,775	
		27,877		13,775
CURRENT LIABILITIES				
Short term Creditors	-		-	
		-		-
NET CURRENT ASSETS		27,877		13,775
TOTAL ASSETS LESS CURRENT LIABILITIES		27,877		13,775
FUND ACCOUNT				
Funds		27,877		13,775

ON BEHALF OF THE BOARD

Trustee Name: Mrs Judith Reifer.

Signature: 

Date: 17 November 2025

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2025

1 ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared to give a 'true and fair' view of the charity's financial position.

The historical cost convention has been used with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities in the UK and Republic of Ireland (FRS102) effective from 1 January 2019 and the Charities Act 2011.

City Escape constitutes a public benefit entity as defined by FRS 102.

1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

1.3 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities

1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2025

1.6 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges

1.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. INCOME FROM DONATIONS AND LEGACIES

£	£	£	£
2025	2025	2025	2024
Restricted Funds	Unrestricted Funds	Total	Total
£	£	£	£
16,000	31,001	47,001	74,165

3. CHARITABLE ACTIVITIES

£	£	£
	2025	2024
	Summer Project	Summer Project
<u>CHARITABLE PROGRAMS</u>		
Premises Expenses	5,427	40,000
Transport And Travel	4,800	23,200
Recreational Trips	6,374	5,925
Food And Kitchen Supplies	5,553	16,104
Workshop & Activities	9,475	6,571
Volunteer Expenses	335	884
	31,963	92,684

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2025

4.	RESTRICTED FUNDS			
		Postcode Society Trust		10,000
		Brother Jonathan Trust		1,500
		Tesco - Activities for All		1,000
		JCHF	£2,000	2,000
		Souter Charitable Trust		<u>1,500</u>
				16,000
5.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	Accruals and deferred income		£	£
			2025	2024
			-	-
			<u> </u>	<u> </u>

CITY ESCAPE

England & Wales - Charity number 1069707

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDING 31 JANUARY 2024
FOR
CITY ESCAPE
Charity Number:1069707

De Claron Ltd
3a The Vale
LONDON
NW11 8SB

CITY ESCAPE

CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 31 January 2024

	Page
Charity Information	1
Report of the Trustees	2
Independent Examiner's Report	7
Income Expense Account	9
Balance Sheet	10
Notes to Financial Statements	11

CITY ESCAPE

CHARITY INFORMATION for the Year Ended 31 January 2024

TRUSTEES: Mrs Judith Reifer
Mrs R Just
Mrs Y Mandel
Mrs I Rosenthal

SECRETARY: Mrs Judith Reifer.

REGISTERED OFFICE: 30 Moresby Road
London
E5 9LF

REGISTERED CHARITY NUMBER: 1069707

BANKERS: Natwest Bank,
20 Amhurst Road
London
E6 1QZ

INDEPENDENT EXAMINER: De Claron Ltd
Unit A
3 The Vale
London
NW11 8SB

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2024

The trustees present their annual report together with the financial statements of for the 1 February 2023 to 31 January 2024.

Message from the Chair

It was an incredible Summer for our users at City Escape; whether the sun was shining or the day was grey - the shine on our user's faces made all our efforts worth it!

Our young people have had a challenging year; with prices in Britain continuously on the rise and tensions heating up in countries across the world, our users who are already emotionally fragile, are battling with more anxiety and fear. It is especially at times like these that we appreciate your partnership and your deep care for the teens we support.

This past August, we once again held an enriching getaway in the scenic English countryside; a welcome break from the overcrowded and crime filled inner-city streets. Joining us were over 120 disadvantaged young people, each coming from low-income households and difficult family backgrounds.

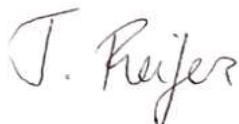
Our users were engaged, enthusiastic, and grateful for this opportunity. For many of them, this was the first time they would be returning to school with something to share from their summer holiday!

Most poignant for us was that our users felt pampered for the first time in their lives. With nutritious meals, comfortable amenities, and exciting daily trips - the things that most children take for granted were considered luxuries for our users. Coming from a reality where daily meals and happy, youthful moments are rare, the City Escape retreat showed them that there is so much more goodness to life than they know. It gives them a candle to hold their dreams, wishes, and aspirations to!

As we watched our young people sing together, arms wrapped around each other on the last day of our getaway, we reflected on how much our users have grown over this short time. They have formed lasting friendships and deep connections - bonded by their shared struggles and empowered by the mission to forge a better life for themselves.

A huge shout out to our volunteers, funders and supporters. As Britain's next generation, the efforts you invest in our youth today will have a great impact on our country's future.

We thank you all for joining us in this endeavour!



Judith Reifer

Programme Director

11 November 2024

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2024

AIMS AND OBJECTIVES

City Escape aims to improve the lives and opportunities of disadvantaged young people by providing a two-week summer holiday residential programme for financially and socially deprived children from London between the ages of 11 and 16. We take them away from the inner-city streets where they face great risk of engaging in crime, drugs and anti-social behaviour, and care for them in a safe and supportive environment, within refreshing rural surroundings. Being a part of our programme enhances the children's social development and improves their confidence and self-esteem so that they return home invigorated and revitalised - physically, mentally and emotionally; complete with the tools they need to enrich their lives and their future.

MANAGEMENT

We are a local grassroots organisation run entirely by volunteers, with a strong track record in project delivery and widespread community trust. Our management team includes qualified teachers and support workers for vulnerable families with many years of experience in youth work, who are well placed in meeting users' needs. As an established organisation, we have excellent policies and procedures in place that are reviewed on an annual basis. We also have strong links and work in partnership with local welfare organisations and schools, who refer to us the vulnerable children and young people who would most benefit by attending our summer project.

ACHIEVEMENTS AND PERFORMANCE

Our programme this year took place as planned from the 15th to the 28th of August 2023. We enjoyed a beautiful getaway in the scenic English countryside - joining us were over 120 disadvantaged young people between the ages of 12-16, each coming from low-income households and difficult family backgrounds.

We voted in a steering committee of six young people who oversaw the entire programme in close coordination with our adult committee. The children and young people were involved at every stage of the project and were guided and encouraged at our weekly meetings in carrying out the tasks they had undertaken - to include planning of trips; placing orders; choosing workshop themes and sport activities. Working as a team throughout the preparation and delivery of the programme led to motivated children and young people who have tasted the thrill of success and achievement and are keen for more!

We were privileged to have had with us an enthusiastic group of 25 young volunteers who gave (and gained) of themselves so selflessly throughout the project preparation and delivery, enabling our programme to have been the success that it was.

When planning our programme this year, we had two underlying goals:

- 1 To enhance our user's physical, social, and emotional well-being by improving their confidence and inner worth.
- 2 To enable our users to return home invigorated and refreshed, complete with the tools they need to improve their lives and their future.

Thankfully, our staff were confident that we achieved these goals by a landslide!

With a greater emphasis on confidence building and enhanced emotional well-being, our daily workshops led by a professional coach taught our users how to nurture their emotional health with tried-and-true methods. Through the power of drama, these workshops demonstrated to our users that emotional well-being comes from within - not from external factors. By nurturing the positive messages in their brain (rather than focusing on the louder, negative messages), they can actively enhance their self-image and, by extension, the perception people have of them.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2024

Some of the highlights from this year's programme include a swimming marathon, an early morning countryside walk and breakfast picnic, a night trip to an adventure park, and our annual talent show. From sports enthusiasts, nature lovers, dancers, or adventure seekers, every one of our members got their chance to 'live-it-up' with our varied programme.

We ensured to place a significant emphasis on the benefits of healthy eating and living which is increasingly important owing to the current cost of living crisis which has moved many more families into food insecurity, often directly increasing the risk of obesity.

Our Impact

The benefits of our summer holiday programme are manifold, including both short- and longer-term benefits. These often extend beyond individual children's lives onto their family relationships and engagement with their local community. These benefits are detailed below:

- **A positive summer holiday environment** - these vulnerable young people are able to taste the enjoyment and freedom of childhood within an encouraging environment rather than have to while away their summer holidays within the boredom of their crowded homes, or face the dangers from outdoors.

- **Reduced isolation** - our project enables integration of different marginalised groups from the community to connect with new friends and sympathetic adults, so that positive and supportive friendships can develop. This likewise results in improvements in social and communication skills.

- **Providing new experiences**, raising aspirations and broadening horizons - For children and young people whose experience of the world is defined and confined by poverty, extending their physical horizon is incredibly important. This is achieved through our expansive rural location coupled with our wide range of activities, workshops and outdoor trips.

- **Leadership and organisational abilities** - as a result of being involved in all stages of planning, organising and decision making both prior and during our programme the children and young volunteers develop vital skills and improved self-esteem often leading to new hobbies and pathways to employment.

- **Emotional Wellbeing** - Our professionally-run, interactive daily workshops focus on skills-building. The participants are provided with practical tips for emotional resilience, confidence building and positive empowerment through the means of drama, music and art.

- **Improved health** - due to their immersion in a healthy way of life, including diet and life style, and the incentive we provide them to encourage themselves and each other to continue this new way of life together with friends and family on their return home.

- **A stronger community** - our project greatly improves community cohesion and identity. We empower the young people to set themselves on a happier and more successful track in life. This enables them to overcome their current disadvantage and grow up to become active and productive members of the community.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2024

FUNDRAISING ACTIVITIES/INCOME GENERATION

The cost-of-living crisis is having an immediate effect on our organisation. Our income levels have been largely reduced as many of our past benefactors are currently not in a position to support us, which is intensified by the high competition we face within outside funding sources. This financial setback combined with the increased cost of living expenses which has caused a significant rise in our annual running expenses, is making delivering our programme considerably more challenging.

Our beneficiaries are all financially or socially disadvantaged children from BAME communities who live within the economically deprived inner-city areas of Hackney and Haringey. Most participants can only make a small contribution to the cost, if at all, and the charity therefore depends heavily on grants from third parties to finance its activities, particularly as the cost of renting premises in the summer is exceedingly high.

After having to significantly reduce the scope of our activities last year due to our budget shortfall, this year we were extremely grateful to have received some larger grants and donations which enabled us to once again deliver our programme as planned.

We are continuing to take the necessary steps to ensure that the needs of our users are met in the best possible way so we can keep our organisation running effectively and sustainably. These steps include: initiating local fundraising events, recruitment of more local volunteers, soliciting donated equipment and food and securing more pro bono/reduced rates on our activities and trips.

To this end, we would like to make special mention of the substantial and generous support we received from the JCHF, The Rank Foundation, The 29th May 1961 Charitable Trust and The Brother Jonathan Trust for Children's Holidays, amongst our other many valuable supporters and community donors.

EVALUATION

We professionally monitored the progress of our participants so as to evaluate our achievements and improve our forthcoming programmes. We employ a range of observations, consultations and user-initiated feedback by use of self-assessment quizzes, questionnaires, informal interviews with stakeholders and user forums.

PLANS FOR THE FUTURE

1 The current cost of living crisis has taught us to intensify our strategic partnerships and local networking capabilities so as to more easily and accurately identify those vulnerable young people who could most benefit from our programmes. This particular project has been the platform for widening the target group for our organisation and adapting our priorities to target additional disadvantaged young people who may have previously not been prioritised for a place on our programme.

2 City Escape would like to help even more children and young people be included in our future summer programmes. This will primarily depend on raising more funds. We hope to develop new fundraising strategies so as to widen our database of potential funders, as well as to run local fundraising activities so as to raise the scope of local donations from within the community.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2024

3 We will develop our programme and innovate effectively so as to provide for the up-and-coming needs of the disadvantaged children most effectively. We will improve on our monitoring and evaluation methods. We will also establish a user council where the children and young people will play an even greater role in the actual decision making throughout the entire project planning and delivery.

4 We would like to progress towards receiving a quality mark from the London Youth which we hope to achieve during the upcoming year.

5 Our vision is that during their time spent planning and directing our programme, we will provide the opportunity for our group of young volunteers to achieve AQA accreditation on Teamwork and Leadership Skills. This will help them for future employment prospects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

- *Constitution*

The charity is governed by declaration of trust dated 3 May 1998 and is run by the trustees.

- *Method of appointment or election of Trustees*

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

- *Commitment to quality and best practice*

With our commitment to quality and best practice, we evaluate and monitor our annual programme to improve effectiveness. Since our charity works with vulnerable children and families, safeguarding is considered the greatest inherent risk in our work. We have a framework of consents, controls, policies and reviews to mitigate the associated risks. All our volunteers are DBS checked and undergo appropriate child safeguarding training. As an established organisation, we have excellent policies and procedures that are reviewed on an annual basis. This leads to smoothly run, safe activities, and sound back up plans if necessary.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

- *Reserves policy*

The Trustees ensure that sufficient reserves are kept to cover foreseeable demands. The Trustees are working towards building free reserves of at least 3 months' operating costs in order to protect services where there are uncertainties as to whether funding will continue and to ensure adequate cash flow for the organisation's needs.

- *Risk Management*

The trustees have introduced systems to identify and manage risks effectively. The trustees are satisfied that these systems and procedures mitigate any perceived risks. These systems are reviewed regularly and the necessary amendments are made.

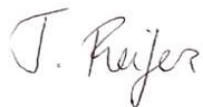
- *Public Benefit:*

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

This report was approved by the trustees and signed on their behalf by:

ON BEHALF OF THE BOARD

Trustee Name:

A handwritten signature in cursive script that reads "J. Reifer".

Judith Reifer

Signature:

Date: 11 November 2024

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2024

Independent Examiner' s Report to the Trustees of City Escape

I report on the accounts of the Charity for the year ended 31 January 2024, which are set out on pages 6 to 10.

This report is made solely to the charity' s trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity' s trustees those matters that I am required to state to them in an Independent examiner' s report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity' s trustees as a body, for my work or for this report.

The financial statements have been presented in accordance with Accounting and Reporting by Charities preparing their accounts using the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) effective 1 January 2019.

This has been done in order for the accounts to provide a true and fair view of the charity' s financial position.

Respective responsibilities of trustees and examiner

The charity' s trustees are responsible for the preparation of the financial statements, and they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of Independent examiner' s report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner' s statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare financial statements which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of the Act.

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2024

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding financial statements to be reached.

A handwritten signature in black ink, appearing to be 'H. H.', written over a light blue background.

De Claron Ltd.
3a The Vale
LONDON NW11 8SB
11 November 2024

**CITY ESCAPE
STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 January 2024**

	y/e 31.01.2024			y/e 31.01.2023		
	£	£		£	£	
	Restr Funds	Unrestr Funds	TOTAL	Restr Funds	Unrestr Funds	TOTAL
INCOMING RESOURCES						
Grants Received	10,525.00	36,407.45	46,932.45	19,410.00	7,300.00	26,710.00
Donations		27,232.55	27,232.55		28,275.00	28,275.00
Interest Received						
TOTAL INCOMING RESOURCES	10,525.00	63,640.00	74,165.00	19,410.00	35,575.00	54,985.00
CHARITABLE PROGRAMS						
Premises Expenses	40,000.00			9,885.00		
Transport & Travel	23,200.00			5,625.00		
Recreational Trips	5,925.25			8,862.00		
Food And Kitchen Supplies	16,104.11			3,796.47		
Workshop & Activities	6,571.00			7,665.16		
Volunteer Expenses	883.83			128.40		
ADMINISTRATING EXPENDITURES						
Advertising		1,696.01			295.00	
Accountancy & Admin		256.80			338.40	
Fundraising Expenses		90.00			146.00	
Insurance		627.16			-	
Bank Charges		-			-	
TOTAL RESOURCES EXPENDED	92,684.19	2,669.97	95,354.16	35,962.03	779.40	36,741.43
NET MOVEMENTS IN FUNDS FOR THE YEAR	(82,159.19)	60,970.03	(21,189.16)	(16,552.03)	34,795.60	18,243.57
		(21,189.16)			18,243.57	
FUNDS CARRIED FORWARD		34,963.93			16,720.36	
TOTAL FUNDS CARRIED FORWARD		13,774.77			34,963.93	

**CITY ESCAPE
BALANCE SHEET
for the Year Ended 31 January 2024**

	<u>y/e 31.01.2024</u>		<u>y/e 31.01.2023</u>	
	£	£	£	£
FIXED ASSETS		-		-
CURRENT ASSETS				
Debtors		-		-
Cash in hand and at bank	13,775		34,964	
		13,775		34,964
CURRENT LIABILITIES				
Short term Creditors	-		-	
		-		-
NET CURRENT ASSETS		13,775		34,964
TOTAL ASSETS LESS CURRENT LIABILITIES		13,775		34,964
FUND ACCOUNT				
Funds		13,775		34,964

ON BEHALF OF THE BOARD

Trustee Name: Mrs Judith Reifer.

Signature: 

Date: 11 November 2024

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2024

1 ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared to give a 'true and fair' view of the charity's financial position.

The historical cost convention has been used with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities in the UK and Republic of Ireland (FRS102) effective from 1 January 2019 and the Charities Act 2011.

City Escape constitutes a public benefit entity as defined by FRS 102.

1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

1.3 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities

1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2024

1.6 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges

1.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. INCOME FROM DONATIONS AND LEGACIES

£	£	£	£
2024	2024	2024	2023
Restricted Funds	Unrestricted Funds	Total	Total
£	£	£	£
10,525	63,640	74,165	54,985

3. CHARITABLE ACTIVITIES

	£	£	£
		2024	2023
		Summer Project	Summer Project
<u>CHARITABLE PROGRAMS</u>		<u> </u>	<u> </u>
Premises Expenses		40,000	9,885
Transport And Travel		23,200	5,625
Recreational Trips		5,925	8,862
Food And Kitchen Supplies		16,104	3,796
Workshop & Activities		6,571	7,665
Volunteer Expenses		884	128
		<u>92,684</u>	<u>35,962</u>

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2024

4.	RESTRICTED FUNDS		
		The Invesco Cares Foundation	3,750
		Sir James Roll Charitable Trust	1,250
		The Rank Foundation	3,100
		Brother Jonathan Trust	1,500
		Hale Trust	925
			<u>10,525</u>
5.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
	Accruals and deferred income	£	£
		2024	2023
		-	-
		<u> </u>	<u> </u>

CITY ESCAPE

England & Wales - Charity number 1069707

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDING 31 JANUARY 2023
FOR
CITY ESCAPE
Charity Number:1069707

De Claron Ltd
3a The Vale
LONDON
NW11 8SB

CITY ESCAPE

CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 31 January 2023

	Page
Charity Information	1
Report of the Trustees	2
Independent Examiner's Report	7
Income Expense Account	9
Balance Sheet	10
Notes to Financial Statements	11

CITY ESCAPE

CHARITY INFORMATION for the Year Ended 31 January 2023

TRUSTEES:	Mrs G Traube Mrs R Just Mrs Y Mandel Mrs I Rosenthal
SECRETARY:	Mrs G Traube
REGISTERED OFFICE:	30 Moresby Road London E5 9LF
REGISTERED CHARITY NUMBER:	1069707
BANKERS:	Natwest Bank, 20 Amhurst Road London E6 1QZ
INDEPENDENT EXAMINER:	De Claron Ltd Unit A 3 The Vale London NW11 8SB

CITY ESCAPE
REPORT OF THE TRUSTEES
for the Year Ended 31 January 2023

The trustees present their annual report together with the financial statements of for the 1 February 2022 to 31 January 2023.

Message from the Chair

"More than 1 in 4 of all children in the UK now live in poverty."

Bernados Report, October 2022

"Yesterday, Dad sold my bike to a neighbor so that we can have more money for groceries. What am I going to tell my friends when they want to bike with me after school?"

Simon, age 9.

So much has changed here in Britain, and in such a short amount of time too.

With the cost of living rising to unseen levels, hundreds of local families are struggling to get by, and too many children are lacking the basics. Here at City Escape, we have heard it all directly from our users: From skipping meals to living without heating or warm clothing for the duration of London's long winters, if life has ever been difficult and anxiety-ridden for our young people, it has just gotten worse.

This summer, after the challenging year our young people have experienced, we knew that it was more pivotal than ever to get our young members out of their houses. And thankfully, with the support of our friends, donors, and an incredible team, we were able to do just that!

Our getaway this summer took place in a beautiful rural setting where our users enjoyed an extensive range of workshops, trips, and outdoor activities. For many, this is the only ray of light they get all year. The chance to run free, with ample space, in the great outdoors, just letting the stress out of their system in the healthiest manner.

One of my proudest moments this year was watching my team respond devotedly and creatively when due to financial considerations, we had to unfortunately cancel our premises rental in the countryside for a large part of the programme. What could only be described as miraculous, my team pulled off a hugely successful day programme for our second week, complete with activities, workshops, and trips. It was unreal to see their dedication to our users!

It is these efforts and your unparalleled support that give our users more reasons to count down to the summer.

Together, we can make their smiles BIGGER. More real. More often.



Goldie Traube

Programme Director

1 November 2023

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2023

Policies and objectives

City Escape aims to improve the lives and opportunities of disadvantaged young people by providing a two-week summer holiday residential programme for financially and socially deprived children from London between the ages of 11 and 16. We take them away from the inner-city streets where they face great risk of engaging in crime, drugs and anti-social behaviour, and care for them in a safe and supportive environment, within refreshing rural surroundings. Being a part of our programme enhances the children's social development and improves their confidence and self-esteem so that they return home invigorated and revitalised - physically, mentally and emotionally; complete with the tools they need to enrich their lives and their future.

Structure, Governance and Management

- Constitution

The charity is governed by declaration of trust dated 3 May 1998 and is run by the trustees.

- Method of appointment or election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

- Commitment to quality and best practice

With our commitment to quality and best practice, we evaluate and monitor our annual programme to improve effectiveness. Since our charity works with vulnerable children and families, safeguarding is considered the greatest inherent risk in our work. We have a framework of consents, controls, policies and reviews to mitigate the associated risks. All our volunteers are DBS checked and undergo appropriate child safeguarding training. As an established organisation, we have excellent policies and procedures that are reviewed on an annual basis. This leads to smoothly run, safe activities, and sound back up plans if necessary.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

Achievements and Performance

In the last few years here at City Escape, we've gotten really good at making great plans, meeting up with crises, tossing out our original plans, and then drawing up new ones. All in a matter of days.

After the chaos of Covid subsided and the world slowly chugged back to normal, we made some exciting plans for our users this year. Our plan included a two-week getaway in the summer to a beautiful rural setting where our young people would have the opportunity to participate in an extensive range of workshops, trips, and outdoor activities.

But then, only a short time before the getaway we were forced to realise that our reduced income this year meant we were still too far away from our project budget and our wonderful plans were starting to collapse into a heap.

Once thing we knew without a doubt: cancelling was not an option - our users needed this project and had been looking forward to it all year. We made the swift, calculated decision to decrease the residential part of the programme to only five days, implementing the rest of the project as a local day-programme which would significantly reduce our expenses.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2023

Almost immediately, our team got right to work and we were successful in moving the entire second week of our program over to a local venue with all activities, workshops, and new trips in place.

Thankfully, our users enjoyed an amazing two weeks, filled with trips, activities, and empowering programs that filled them up for the year ahead.

Project Details

Our project took place between the 15th August 2022 – 28th August 2022 and included 116 children and young people and 23 volunteers. The residential part of the programme was held at the spectacular, expansive campus of the St Joseph's College located in Ipswich, Suffolk where the children were able to take part in a rich and diversified programme of activities.

After a healthy breakfast, we began each day with an interactive professionally-run workshop which varied daily and focused on different areas such as teaching effective communication skills, managing emotions, drama and art workshops, confidence building sessions and music groups. The workshops concluded with a short fun activity and the children then sat down to a warm, nutritious meal.

Every afternoon the participants took part in a refreshing outdoor activity which included plenty of hiking opportunities, sports games, trampolining, a visit to the beach and cycling. In the evening after supper, our volunteer social heads directed a night activity which provided unique opportunities for connecting together and facilitating firm friendships to form.

Every young person played an active role in our programme planning and delivery and we regularly consulted with them regarding different ideas for the project. Throughout the programme, the children were involved by presenting ideas, creating songs, and producing artwork during workshops and activity sessions. All this involvement created a harmonious atmosphere with all involved feeling a great sense of achievement and empowerment.

Our on-site support worker was available throughout the project for these young people to approach and was instrumental in providing vital encouragement for the participants. We hope to cement the valuable friendships and emotional gains made over the fourteen days spent together by continuing to deliver periodic virtual workshops and encouraging our participants and volunteers to maintain the relationships formed.

Our Impact

The benefits of our summer holiday programme are manifold, including both short- and longer-term benefits. These often extend beyond individual children's lives onto their family relationships and engagement with their local community. These benefits are detailed below:

A positive summer holiday environment – these vulnerable young people are able to taste the enjoyment and freedom of childhood within an encouraging environment rather than have to while away their summer holidays within the boredom of their crowded homes, or face the dangers from outdoors.

Reduced isolation – our project enables integration of different marginalised groups from the community to connect with new friends and sympathetic adults, so that positive and supportive friendships can develop. This likewise results in improvements in social and communication skills.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2023

Providing new experiences, raising aspirations and broadening horizons - For children and young people whose experience of the world is defined and confined by poverty, extending their physical horizon is incredibly important. This is achieved through our expansive rural location coupled with our wide range of activities, workshops and outdoor trips.

Leadership and organisational abilities - as a result of being involved in all stages of planning, organising and decision making both prior and during our programme the children and young volunteers develop vital skills and improved self-esteem often leading to new hobbies and pathways to employment.

Improved health and wellbeing - due to their immersion in a healthy way of life, including diet and life style, and the incentive we provide them to encourage themselves and each other to continue this new way of life together with friends and family on their return home.

A stronger community - our project greatly improves community cohesion and identity. We empower the young people to set themselves on a happier and more successful track in life. This enables them to overcome their current disadvantage and grow up to become active and productive members of the community.

Funding activities / Income generation

The cost-of-living crisis is having an immediate effect on our organisation. Our income levels have been largely reduced as many of our past benefactors are currently not in a position to support us, which is intensified by the high competition we face within outside funding sources. This financial setback combined with the increased cost of living expenses which has caused a significant rise in our annual running expenses, is making delivering our programme considerably more challenging.

Our beneficiaries are all financially or socially disadvantaged children from BAME communities who live within the economically deprived inner-city areas of Hackney and Haringey. Most participants can only make a small contribution to the cost, if at all, and the charity therefore depends heavily on grants from third parties to finance its activities, particularly as the cost of renting premises in the summer is exceedingly high.

This year, as a first, we were forced to reduce the scope of our activities because of a significant decrease in our income. Three grant applications that we were relying on were unsuccessful and we simply did not have the funds to deliver our summer programme as originally planned.

We are taking immediate action now to ensure that the needs of our users are met in the best possible way and are taking several steps so we can keep our organisation running effectively and sustainably. These steps include; initiating local fundraising events, recruitment of more local volunteers, reducing staff members on our payroll, soliciting donated equipment and food and securing more pro bono/reduced rates on our activities and trips.

We would like to make special mention of the substantial and generous support we received from Awards 4 All and the Hackney Community Team, amongst our other many valuable supporters and community donors.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2023

Plans For The Future

The current cost of living crisis has taught us to intensify our strategic partnerships and local networking capabilities so as to more easily and accurately identify those vulnerable young people who could most benefit from our programmes. This particular project has been the platform for widening the target group for our organisation and adapting our priorities to target additional disadvantaged young people who may have previously not been prioritised for a place on our programme

City Escape would like to help even more children and young people be included in our future summer programmes. This will primarily depend on raising more funds. We hope to develop new fundraising strategies so as to widen our database of potential funders, as well as to run local fundraising activities so as to raise the scope of local donations from within the community.

We will develop our programme and innovate effectively so as to provide for the up-and-coming needs of the disadvantaged children most effectively. We will improve on our monitoring and evaluation methods. We will also establish a user council where the children and young people will play an even greater role in the actual decision making throughout the entire project planning and delivery.

We would like to progress towards receiving a quality mark from the London Youth which we hope to achieve during the upcoming year.

Our vision is that during their time spent planning and directing our programme, we will provide the opportunity for our group of young volunteers to achieve AQA accreditation on Teamwork and Leadership Skills. This will help them for future employment prospects.

This report was approved by the trustees and signed on their behalf by:

ON BEHALF OF THE BOARD

Trustee Name: Goldie Traube

Signature:



Date: 1 November 2023

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2023

Independent Examiner' s Report to the Trustees of City Escape

I report on the accounts of the Charity for the year ended 31 January 2023, which are set out on pages 6 to 10.

This report is made solely to the charity' s trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity' s trustees those matters that I am required to state to them in an Independent examiner' s report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity' s trustees as a body, for my work or for this report.

The financial statements have been presented in accordance with Accounting and Reporting by Charities preparing their accounts using the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) effective 1 January 2019.

This has been done in order for the accounts to provide a true and fair view of the charity' s financial position.

Respective responsibilities of trustees and examiner

The charity' s trustees are responsible for the preparation of the financial statements, and they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of Independent examiner' s report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner' s statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare financial statements which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of the Act.

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2023

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of financial statements to be reached.

A handwritten signature in black ink, appearing to be 'H. H.', written over a light blue background.

De Claron Ltd.
3a The Vale
LONDON NW11 8SB
1 November 2023

CITY ESCAPE
STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 January 2023

		31. 01. 2023		31. 01. 2022	
		£	£	£	£
		Restricted Funds	Unrestricted Funds	Restricted Funds	Unrestricted Funds
		£	£	£	£
INCOMING RESOURCES					
Grants Received	2	19,410	7,300	15,640	29,900
Donations			28,275		63,788
Interest Received					
	3, 4	19,410	35,575	15,640	93,688
TOTAL INCOMING RESOURCES			54,985		109,328
<u>CHARITABLE PROGRAMS</u>					
Premises Expenses		9,885		41,111	
Transport And Travel		5,625		25,105	
Recreational Trips		8,862		8,627	
Food And Kitchen Supplies		3,796		17,897	
Workshop & Activities		7,665		10,794	
Volunteer Expenses		128		1,738	
<u>ADMINISTRATING EXPENDITURES</u>					
Advertising		295		2,021	
Accountancy & Admin		338		246	
Fundraising		146		-	
Insurance		-		279	
<u>Total Resources Expended</u>		36,741	-	107,816	-
NET MOVEMENTS IN FUNDS FOR THE YEAR		(17,331.43)	35,575	(92,176.29)	93,688
			18,244		1,512
FUNDS CARRIED FORWARD			16,720		15,208
TOTAL FUNDS CARRIED FORWARD			34,964		16,720

**CITY ESCAPE
BALANCE SHEET
for the Year Ended 31 January 2023**

	31. 01. 2023		31. 01. 2022	
	£	£	£	£
FIXED ASSETS		-		-
CURRENT ASSETS				
Debtors		-		-
Cash in hand and at bank	34,964		16,720	
		34,964		16,720
CURRENT LIABILITIES				
Short term Creditors	-		-	
		-		-
NET CURRENT ASSETS		34,964		16,720
TOTAL ASSETS LESS CURRENT LIABILITIES		34,964		16,720
FUND ACCOUNT				
Funds		34,964		16,720

ON BEHALF OF THE BOARD

Trustee Name: Goldie Traube

Signature: 

Date: 1 November 2023

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2023

1 ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared to give a 'true and fair' view of the charity's financial position.

The historical cost convention has been used with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities in the UK and Republic of Ireland (FRS102) effective from 1 January 2019 and the Charities Act 2011.

City Escape constitutes a public benefit entity as defined by FRS 102.

1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

1.3 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities

1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2023

1.6 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges

1.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. INCOME FROM DONATIONS AND LEGACIES

£	£	£	£
2023	2023	2023	2022
Restricted Funds	Unrestricted Funds	Total	Total
£	£	£	£
19,410	35,575	54,985	109,328

3. CHARITABLE ACTIVITIES

£	£	£
	2023	2022
	Summer Project	Summer Project
<u>CHARITABLE PROGRAMS</u>		
Premises Expenses	9,885	41,111
Transport And Travel	5,625	25,105
Recreational Trips	8,862	8,627
Food And Kitchen Supplies	3,796	17,897
Workshop & Activities	7,665	10,794
Volunteer Expenses	128	1,738
	<u>35,962</u>	<u>105,271</u>

4. RESTRICTED FUNDS

National Lottery Awards 4 All England	9,810
Hackney Small Grant	<u>9,600</u>
	19,410

CITY ESCAPE

Notes to the Financial Statements
for the Year Ended 31 January 2023

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accruals and deferred income	£	£
	2023	2022
	-	-
	<u><u> </u></u>	<u><u> </u></u>

CITY ESCAPE

England & Wales - Charity number 1069707

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDING 31 JANUARY 2022
FOR
CITY ESCAPE
Charity Number:1069707

De Claron Ltd
3a The Vale
LONDON
NW11 8SB

CITY ESCAPE

CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 31 January 2022

	Page
Charity Information	1
Report of the Trustees	2
Independent Examiner's Report	7
Income Expense Account	9
Balance Sheet	10
Notes to Financial Statements	11

CITY ESCAPE

CHARITY INFORMATION for the Year Ended 31 January 2022

TRUSTEES: Mrs G Traube
Mrs R Just
Mrs Y Mandel
Mrs I Rosenthal

SECRETARY: Mrs G Traube

REGISTERED OFFICE: 30 Moresby Road
London
E5 9LF

REGISTERED CHARITY NUMBER: 1069707

BANKERS: Natwest Bank,
20 Amhurst Road
London
E6 1QZ

INDEPENDENT EXAMINER: De Claron Ltd
Unit A
3 The Vale
London
NW11 8SB

CITY ESCAPE
REPORT OF THE TRUSTEES
for the Year Ended 31 January 2022

The trustees present their annual report together with the financial statements of for the 1 February 2021 to 31 January 2022.

Message from the Chair

Oh, the joys of a single handshake. A warm embrace. An unmasked smile!

It's been a challenging year for us at City Escape as we gradually pulled our organisation back together in a post-pandemic world. Our children had been through an upheaval that required our response and therefore, in addition to our annual summer programme which took place in August 2021, we ran a series of recreational activity workshops throughout the year.

After almost a full year of lockdown, our Summer Project was for many of these disadvantaged children and young people the only moments of sunshine during a very difficult year. The combination of providing fun recreation alongside emotional and skill building sessions enabled our users to rebuild themselves and enter another school year with a positive frame of mind and increased resilience for the challenges ahead.

In the words of one of our users:

"Thank you for giving me the ability to 'run wild' again after being stifled in our cramped house (without even a garden) for much of the year. The fresh country air helped boost my mood and made me feel alive again. I loved each of the outdoor trips we had."

Susie, age 13

We have been through a momentous year and we are really pleased that however arduous this journey has been, we have managed to once again deliver a very successful Summer Programme. A huge shout out to our volunteers, funders and supporters. It is all of you who enabled us to survive and thrive continuing to support children facing the challenges of poverty and social disadvantage.



Goldie Traube

Programme Director

21 October 2022

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2022

Policies and objectives

City Escape aims to improve the lives and opportunities of disadvantaged young people by providing a two-week summer holiday residential programme for financially and socially deprived children from London between the ages of 11 and 16. We take them away from the inner-city streets where they face great risk of engaging in crime, drugs and anti-social behaviour, and care for them in a safe and supportive environment, within refreshing rural surroundings. Being a part of our programme enhances the children's social development and improves their confidence and self-esteem so that they return home invigorated and revitalised - physically, mentally and emotionally; complete with the tools they need to enrich their lives and their future.

Structure, Governance and Management

- Constitution

The charity is governed by declaration of trust dated 3 May 1998 and is run by the trustees.

- Method of appointment or election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

- Commitment to quality and best practice

With our commitment to quality and best practice, we evaluate and monitor our annual programme to improve effectiveness. Since our charity works with vulnerable children and families, safeguarding is considered the greatest inherent risk in our work. We have a framework of consents, controls, policies and reviews to mitigate the associated risks. All our volunteers are DBS checked and undergo appropriate child safeguarding training. As an established organisation, we have excellent policies and procedures that are reviewed on an annual basis. This leads to smoothly run, safe activities, and sound back up plans if necessary.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

Achievements and Performance

Through the weeks of the UK's final lockdown (January/February 2021), our dedicated volunteers got to work preparing fun and educational activity packs which were delivered to our past participants. Although our organisation's mission is only to provide summer holiday programmes, the need faced by these children was so great that we simply stepped up to the task doing what was required at the moment. The generous donations we received from several community members enabled these additional activities to take place for which we are very grateful.

This was our second year planning and delivering our summer programme during the upheaval caused by Covid-19. The preparation stage remained extremely trying as we couldn't finalise any details in advance, not knowing which youth activities would be permitted in August, and if residential would at all be allowed. Finally, to the delight of our young participants, the removal of most restrictions on the 19th July enabled us to go ahead with most of our programme albeit in a covid-secure way.

We faced a lot of pressure in the few short remaining weeks, where we had to arrange, adjust and finalise all preparations and much credit goes to our amazing volunteers who worked as an unstoppable team, pulling through at rapid speed to complete the myriad details.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2022

This year we faced an increased demand for a place on our programme. We prepared for this demand by renting a larger than usual premises (which simultaneously allowed for social distancing) and by recruiting and training many more volunteers. Our project ultimately targeted 120 vulnerable children between the ages of 12 -16 in addition to 22 young volunteers, aged 16-19.

Our project this year took place between the 03rd August 2021 - 15th August 2021 at the spectacular, expansive campus of the Kingswood Activity Centre where the children were able to take part in a rich and diversified programme of activities.

After a healthy breakfast, we began each day with an interactive professionally-run workshop which varied daily and focused on different areas such as teaching effective communication skills, managing emotions, drama and art workshops, confidence building sessions and music groups. The workshops concluded with a short fun activity and the children then sat down to a warm, nutritious meal.

Every afternoon the participants took part in a refreshing outdoor activity which included plenty of hiking opportunities, sports games, trampolining, a visit to the beach and cycling. In the evening after supper, our volunteer social heads directed a night activity which provided unique opportunities for connecting together and facilitating firm friendships to form.

Every young person played an active role in our programme planning and delivery and we regularly consulted with them regarding different ideas for the project. Throughout the programme, the children were involved by presenting ideas, creating songs, and producing artwork during workshops and activity sessions. All this involvement created a harmonious atmosphere with all involved feeling a great sense of achievement and empowerment.

Our on-site support worker was available throughout the project for these young people to approach and was instrumental in providing vital encouragement for the participants. We hope to cement the valuable friendships and emotional gains made over the fourteen days spent together by continuing to deliver periodic virtual workshops and encouraging our participants and volunteers to maintain the relationships formed.

Our Impact

The benefits of our summer holiday programme are manifold, including both short- and longer-term benefits. These often extend beyond individual children's lives onto their family relationships and engagement with their local community. These benefits are detailed below:

- **A positive summer holiday environment** -these vulnerable young people are able to taste the enjoyment and freedom of childhood within an encouraging environment rather than have to while away their summer holidays within the boredom of their crowded homes, or face the dangers from outdoors.
- **Reduced isolation** - our project enables integration of different marginalised groups from the community to connect with new friends and sympathetic adults, so that positive and supportive friendships can develop. This likewise results in improvements in social and communication skills.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2022

Providing new experiences, raising aspirations and broadening horizons -For children and young people whose experience of the world is defined and confined by poverty, extending their physical horizon is incredibly important. This is achieved through our expansive rural location coupled with our wide range of activities, workshops and outdoor trips.

Leadership and organisational abilities -as a result of being involved in all stages of planning, organising and decision making both prior and during our programme the children and young volunteers develop vital skills and improved self-esteem often leading to new hobbies and pathways to employment.

Improved health and wellbeing - due to their immersion in a healthy way of life, including diet and life style, and the incentive we provide them to encourage themselves and each other to continue this new way of life together with friends and family on their return home.

A stronger community - our project greatly improves community cohesion and identity. We empower the young people to set themselves on a happier and more successful track in life. This enables them to overcome their current disadvantage and grow up to become active and productive members of the community.

Funding activities / Income generation

Our beneficiaries are all financially or socially disadvantaged children from BAME communities who live within the economically deprived inner-city areas of Hackney and Haringey. Most participants can only make a small contribution to the cost, if at all, and the charity therefore depends heavily on grants from third parties to finance its activities, particularly as the cost of renting premises in the summer is exceedingly high.

The project is run entirely by volunteers. We have a management committee comprised of four main volunteer workers. Between them, they have a wealth of skills and relevant experience in working with children & young people. In addition, we have a group of 25 young volunteers aged 16-19 who act as youth leaders, kitchen staff, co-heads of camp and social activity organisers. They work alongside our adult volunteers who join our programme and serve as our directors and 'camp mothers'. This capable group of volunteers helps us to significantly reduce our costs and direct our income in its entirety to benefit our disadvantaged participants.

Plans For The Future

Covid-19 has taught us to intensify our strategic partnerships and local networking capabilities so as to more easily and accurately identify those vulnerable young people who could most benefit from our programmes. This particular project has been the platform for widening the target group for our organisation and adapting our priorities to target additional disadvantaged young people who may have previously not been prioritised for a place on our programme.

City Escape would like to help even more children and young people be included in our future summer programmes. This will primarily depend on raising more funds. We hope to develop new fundraising strategies so as to widen our database of potential funders, as well as to run local fundraising activities so as to raise the scope of local donations from within the community.

We will develop our programme and innovate effectively so as to provide for the up and coming needs of the disadvantaged children most effectively. We will improve on our monitoring and evaluation methods. We will also establish a user council where the children and young people will play an even greater role in the actual decision making throughout the entire project planning and delivery.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2022

- We would like to progress towards receiving a quality mark from the London Youth which we hope to achieve during the upcoming year.

- Our vision is that during their time spent planning and directing our programme, we will provide the opportunity for our group of young volunteers to achieve AQA accreditation on Teamwork and Leadership Skills. This will help them for future employment prospects.

This report was approved by the trustees, on 20 October 2022 and signed on their behalf by:

ON BEHALF OF THE BOARD

Trustee Name: Goldie Traube

Signature:



Date: 21 October 2022

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2022

Independent Examiner' s Report to the Trustees of City Escape

I report on the accounts of the Charity for the year ended 31 January 2022, which are set out on pages 6 to 10.

This report is made solely to the charity' s trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity' s trustees those matters that I am required to state to them in an Independent examiner' s report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity' s trustees as a body, for my work or for this report.

The financial statements have been presented in accordance with Accounting and Reporting by Charities preparing their accounts using the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) effective 1 January 2019.

This has been done in order for the accounts to provide a true and fair view of the charity' s financial position.

Respective responsibilities of trustees and examiner

The charity' s trustees are responsible for the preparation of the financial statements, and they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of Independent examiner' s report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner' s statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare financial statements which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of the Act.

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2022

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding financial statements to be reached.

A handwritten signature in black ink, appearing to be 'H. H.', written over a light blue background.

De Claron Ltd.
3a The Vale
LONDON NW11 8SB
21 October 2022

CITY ESCAPE
STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 January 2022

	31.01.2022		31.01.2021	
	£	£	£	£
	Restricted Funds	Unrestricted Funds	Restricted Funds	Unrestricted Funds
	£	£	£	£
INCOMING RESOURCES				
<u>RESTRICTED FUNDS</u>				
Grants Received	15,640	29,900	33,000	
<u>UNRESTRICTED FUNDS</u>				
Donations		63,788		258
Interest Received				
	15,640	93,688	33,000	258
TOTAL INCOMING RESOURCES		109,328		33,258
<u>CHARITABLE PROGRAMS</u>				
Premises Expenses	41,111		7,840	
Transport And Travel	25,105		2,500	
Recreational Trips	8,627		4,200	
Food And Kitchen Supplies	17,897		6,929	
Workshop & Activities	10,794		9,250	
Volunteer Expenses	1,738		1,539	
<u>ADMINISTRATING EXPENDITURES</u>				
Advertising	2,021		318	
Accountancy & Admin	246		654	
Telephone	-		-	
Insurance	279		480	
	107,816	-	33,710	-
<u>Total Resources Expended</u>	107,816	-	33,710	-
NET MOVEMENTS IN FUNDS FOR THE YEAR	(92,176.29)	93,688	(709.92)	258
		1,512		(452)
FUNDS CARRIED FORWARD		15,208		15,660
TOTAL FUNDS CARRIED FORWARD		16,720		15,208

**CITY ESCAPE
BALANCE SHEET
for the Year Ended 31 January 2022**

	31.01.2022		31.01.2021	
	£	£	£	£
FIXED ASSETS		-		-
CURRENT ASSETS				
Debtors		-		-
Cash in hand and at bank	16,720		15,208	
		16,720		15,208
CURRENT LIABILITIES				
Short term Creditors	-		-	
		-		-
NET CURRENT ASSETS		16,720		15,208
TOTAL ASSETS LESS CURRENT LIABILITIES		16,720		15,208
FUND ACCOUNT				
Funds		16,720		15,208

ON BEHALF OF THE BOARD

Trustee Name: Goldie Traube

Signature:



Date: 21 October 2022

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2022

1 ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared to give a 'true and fair' view of the charity's financial position.

The historical cost convention has been used with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities in the UK and Republic of Ireland (FRS102) effective from 1 January 2019 and the Charities Act 2011.

City Escape constitutes a public benefit entity as defined by FRS 102.

1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

1.3 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities

1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2022

1.6 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges

1.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. INCOME FROM DONATIONS AND LEGACIES

£	£	£	£
2022	2022	2022	2021
Restricted Funds	Unrestricted Funds	Total	Total
£	£	£	£
15,640	93,688	109,328	33,258

3. CHARITABLE ACTIVITIES

£	£	£
	2022	2021
<u>CHARITABLE PROGRAMS</u>	<u>Summer Project</u>	<u>Summer Project</u>
Premises Expenses	41,111	7,840
Transport And Travel	25,105	2,500
Recreational Trips	8,627	4,200
Food And Kitchen Supplies	17,897	6,929
Workshop & Activities	10,794	9,250
Volunteer Expenses	1,738	1,539
	<u>105,271</u>	<u>32,258</u>

CITY ESCAPE

Notes to the Financial Statements
for the Year Ended 31 January 2022

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Accruals and deferred income	£	£
	2022	2021
	-	-
	<u><u> </u></u>	<u><u> </u></u>

CITY ESCAPE

England & Wales - Charity number 1069707

Accounts

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDING 31 JANUARY 2021
FOR
CITY ESCAPE
Charity Number:1069707

De Claron Ltd
3a The Vale
LONDON
NW11 8SB

CITY ESCAPE

CONTENTS OF THE FINANCIAL STATEMENTS for the Year Ended 31 January 2021

	Page
Charity Information	1
Report of the Trustees	2
Independent Examiner's Report	6
Income Expense Account	8
Balance Sheet	9
Notes to Financial Statements	10

CITY ESCAPE

CHARITY INFORMATION for the Year Ended 31 January 2021

TRUSTEES: Mrs G Traube
Mrs R Just
Mrs Y Mandel
Mrs I Rosenthal

SECRETARY: Mrs G Traube

REGISTERED OFFICE: 30 Moresby Road
London
E5 9LF

REGISTERED CHARITY NUMBER: 1069707

BANKERS: Natwest Bank,
20 Amhurst Road
London
E6 1QZ

INDEPENDENT EXAMINER: De Claron Ltd
Unit A
3 The Vale
London
NW11 8SB

CITY ESCAPE
REPORT OF THE TRUSTEES

for the Year Ended 31 January 2021

The trustees present their annual report together with the financial statements of for the 1 February 2020 to 31 January 2021.

Message from the Chair

With the COVID-19 pandemic impacting on all of our lives, our charity has confronted its own share of new and unprecedented challenges. We experienced a significant reduction in our income this year whereas the demand for a place on our programme was particularly high given that so many disadvantaged children and young people faced being stuck indoors for the duration of the summer holidays. With new rules and government guidelines continually being introduced we held almost daily Trustee meetings as we tried to finalise our constantly changing plans, in line with government restrictions.

Although we had to cancel our booking for the premises rental and held a local day programme instead, the disadvantaged children were given a wealth of opportunities, skill-building sessions and lots of enjoyable, positive activities. This was despite the significant challenges we faced in delivering our programme safely, which included dividing our activities into a minimum of six sessions each so as to include all the 90 participating children and young people who were grouped in bubbles of fifteen.


Our summer programme was for many of these vulnerable children and young people the only moments of sunshine during a very difficult year. The combination of providing fun recreation alongside emotional and skill building sessions enabled our users to rebuild themselves and enter another uncertain school year with a positive frame of mind and increased resilience for the challenges ahead.

I would like to thank our remarkable children and young people who despite the numerous challenges they have endured, were able to compose themselves and look positively ahead, notably developing their self-confidence, life-skills and emotional resilience during their two most enjoyable weeks together. I wish you all continued happiness, success and growth.

Thank you are two words too little to thank our amazing group of young and adult volunteers alike for their tireless efforts and staunch positivity which enabled us to forge ahead all the way through these challenging times. I must also applaud my fellow trustees whose dedication and leadership skills have enabled our charity to continuously succeed despite the near-daily difficulties Covid-19 imposed on us during the months of planning and preparation.

Most importantly, it is to our loyal and generous funders who we are most grateful. During this time of great uncertainty, the kind support we received from so many Charitable Trusts and Foundations has been particularly meaningful and beneficial to us and we are extremely grateful to each one of you for your valuable support. Our programme would not have been able to go ahead without you. The trustees wish to thank in particular the GLA - Young Londoner's Fund, as a collaborating partner of the London Community Response for their generous support.

It is our fervent hope that with continued courage and perseverance we will get through these turbulent times and together we will be able to continue affecting positive change for many more disadvantaged children through our annual Summer Programmes. May I take this opportunity to wish all of you and your families continued health, happiness and peace.


Goldie Traube
Programme Director

21 October 2021

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2021

Policies and objectives

City Escape aims to improve the lives and opportunities of disadvantaged young people by providing a two-week summer holiday residential programme for financially and socially deprived children from London between the ages of 11 and 16. We take them away from the inner-city streets where they face great risk of engaging in crime, drugs and anti-social behaviour, and care for them in a safe and supportive environment, within refreshing rural surroundings. Being a part of our programme enhances the children's social development and improves their confidence and self-esteem so that they return home invigorated and revitalised - physically, mentally and emotionally; complete with the tools they need to enrich their lives and their future.

Structure, Governance and Management

- Constitution

The charity is governed by declaration of trust dated 3 May 1998 and is run by the trustees.

- Method of appointment or election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

- Commitment to quality and best practice

With our commitment to quality and best practice, we evaluate and monitor our annual programme to improve effectiveness. Since our charity works with vulnerable children and families, safeguarding is considered the greatest inherent risk in our work. We have a framework of consents, controls, policies and reviews to mitigate the associated risks. All our volunteers are DBS checked and undergo appropriate child safeguarding training. As an established organisation, we have excellent policies and procedures that are reviewed on an annual basis. This leads to smoothly run, safe activities, and sound back up plans if necessary.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

Achievements and Performance

This year our summer programme took on a unique face as the turbulent times brought on by Covid-19 forced us to adapt in entirely new ways. Up until the few weeks leading up to our programme changing government regulations challenged us in unprecedented ways and we could not finalise any of our activities or trips within the uncertainty we were facing. Although we already realised that a residential programme was out of question, we were weighing up the possibility of being able to safely provide a full day programme instead.

Thankfully the dedication and hard work of our management Committee paid off and despite the pressures and urgencies around last minute preparations we were able to deliver an enjoyable, enriching and fulfilling programme which was geared specifically towards the challenges our users were currently facing. The outpouring of positive feedback we received was proof that we effectively achieved our goal of providing a positive summer experience which would emotionally equip the children to face the imminent challenges during their upcoming year.

We were ultimately able to include 90 children on our programme during August 2020. Although this was fewer than the participants we included in past years, due to the restrictions of only fifteen children per 'bubble' we did not have the facilities to deliver our programme safely beyond this amount. Our strong partnerships within the local community enabled us to prioritise and include the children who were believed most vulnerable which was especially important considering the unprecedented demand we were facing for a place on our Summer programme.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2021

Our Programme took place over three weeks from the 03rd August 2020 until the 21st August 2020. The programme ran five times a week between 9:00am - 5:00pm. All participants were initially invited to attend a zoom conference where they were able to offer their opinions and suggestions on all aspects of the project delivery.

Each day the young people took part in a one-hour song and drama workshop, a one-hour wellbeing session and they were then able to eat a hot lunch before continuing on with our enjoyable afternoon programme. These involved a range of outdoor recreational activities which included inflatable play, invigorating sports competitions, cycling along biking trails, a stimulating treasure hunt, a cosy barbeque, bonding friendship games, an exciting bubble event, a comedy presentation and a live musical performance involving all the children.

This year's Summer project was clearly a lifesaver for many of these vulnerable young children. Most of them live in overcrowded homes and come from financial strapped families. Living at home during lockdown has proven extremely difficult for these children and has taken a big toll on their mental health.

The variety of our sessions and workshops proved extremely valuable for each participant. It was evident to see the difference in mind and spirit for these young people by the time our programme ended. Whereas the mood of the participants began off pretty seriously with visible tension and even signs of depression, each day the participants warmed up more and more to the staff, volunteers and to each other cementing valuable friendships and gaining immeasurable life skills and emotional resilience all within a warm atmosphere of camaraderie.

Every young person played an active role in our programme planning and delivery and we regularly consulted with them regarding different ideas for the project. Throughout the programme, the children were involved by presenting ideas, creating songs, and producing artwork during workshops and activity sessions. All this involvement created a harmonious atmosphere with all involved feeling a great sense of achievement and empowerment.

Our on-site support worker was available throughout the project for these young people to approach and was instrumental in providing vital encouragement for the participants. We hope to cement the valuable friendships and emotional gains made over the fifteen days spent together by continuing to deliver periodic virtual workshops and encouraging our participants and volunteers to maintain the relationships formed.

Our Impact

The benefits of our summer holiday programme are manifold, including both short- and longer-term benefits. These often extend beyond individual children's lives onto their family relationships and engagement with their local community. These benefits are detailed below:

A positive summer holiday environment - these vulnerable young people are able to taste the enjoyment and freedom of childhood within an encouraging environment rather than have to while away their summer holidays within the boredom of their crowded homes, or face the dangers from outdoors.

Reduced isolation - our project enables integration of different marginalised groups from the community to connect with new friends and sympathetic adults, so that positive and supportive friendships can develop. This likewise results in improvements in social and communication skills.

CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2021

Providing new experiences, raising aspirations and broadening horizons - For children and young people whose experience of the world is defined and confined by poverty, extending their physical horizon is incredibly important. This is achieved through our expansive rural location coupled with our wide range of activities, workshops and outdoor trips.

Leadership and organisational abilities - as a result of being involved in all stages of planning, organising and decision making both prior and during our programme the children and young volunteers develop vital skills and improved self-esteem often leading to new hobbies and pathways to employment.

Improved health and wellbeing - due to their immersion in a healthy way of life, including diet and life style, and the incentive we provide them to encourage themselves and each other to continue this new way of life together with friends and family on their return home.

A stronger community - our project greatly improves community cohesion and identity. We empower the young people to set themselves on a happier and more successful track in life. This enables them to overcome their current disadvantage and grow up to become active and productive members of the community.

In setting objectives and planning for activities, the trustees have given due consideration to general guidance published by the charity commission relating to public benefit.

Funding activities / Income generation

Our beneficiaries are all financially or socially disadvantaged children from BAME communities who live within the economically deprived inner-city areas of Hackney and Haringey. Most participants can only make a small contribution to the cost, if at all, and the charity therefore depends heavily on grants from third parties to finance its activities, particularly as the cost of renting premises in the summer is exceedingly high.

The project is run entirely by volunteers. We have a management committee comprised of four main volunteer workers. Between them, they have a wealth of skills and relevant experience in working with children & young people. In addition, we have a group of 25 young volunteers aged 16-19 who act as youth leaders, kitchen staff, co-heads of camp and social activity organisers. They work alongside our adult volunteers who join our programme and serve as our directors and 'camp mothers'. This capable group of volunteers helps us to significantly reduce our costs and direct our income in its entirety to benefit our disadvantaged participants.

Plans For The Future

Covid-19 has taught us to intensify our strategic partnerships and local networking capabilities so as to more easily and accurately identify those vulnerable young people who could most benefit from our programmes. This particular project has been the platform for widening the target group for our organisation and adapting our priorities to target additional disadvantaged young people who may have previously not been prioritised for a

City Escape would like to help even more children and young people be included in our future summer programmes. This will primarily depend on raising more funds. We hope to develop new fundraising strategies so as to widen our database of potential funders, as well as to run local fundraising activities so as to raise the scope of local donations from within the community.

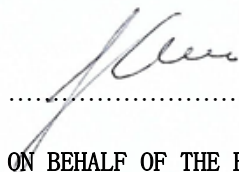
CITY ESCAPE

REPORT OF THE TRUSTEES

for the Year Ended 31 January 2021

- We will develop our programme and innovate effectively so as to provide for the up and coming needs of the disadvantaged children most effectively. We will improve on our monitoring and evaluation methods. We will also establish a user council where the children and young people will play an even greater role in the actual decision making throughout the entire project planning and delivery.
- We would like to progress towards receiving a quality mark from the London Youth which we hope to achieve during the upcoming year.
- provide the opportunity for our group of young volunteers to achieve AQA accreditation on Teamwork and Leadership Skills. This will help them for future employment prospects.

This report was approved by the trustees, on 20 October 2021 and signed on their behalf by:



.....

ON BEHALF OF THE BOARD

Trustee Name: Goldie Traube

Signature:

Date:

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2021

Independent Examiner' s Report to the Trustees of City Escape

I report on the accounts of the Charity for the year ended 31 January 2020, which are set out on pages 6 to 10.

This report is made solely to the charity' s trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity' s trustees those matters that I am required to state to them in an Independent examiner' s report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity' s trustees as a body, for my work or for this report.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on March 2018 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on the after March 2018.

Respective responsibilities of trustees and examiner

The charity' s trustees are responsible for the preparation of the financial statements, and they consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of Independent examiner' s report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner' s statement

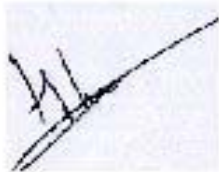
In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare financial statements which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of the Act.

INDEPENDENT EXAMINER' S UNQUALIFIED REPORT TO THE MEMBERS OF CITY ESCAPE

for the Year Ended 31 January 2021

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

A handwritten signature in black ink, appearing to be 'M. J. ...', written on a light blue background.

De Claron Ltd.
3a The Vale
LONDON NW11 8SB
12 November 2020

CITY ESCAPE
STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 January 2021

	31.01.2021		31.01.2020	
	£	£	£	£
	Restricted Funds	Unrestricted Funds	Restricted Funds	Unrestricted Funds
	£	£	£	£
INCOMING RESOURCES				
<u>RESTRICTED FUNDS</u>				
Grants Received	33,000		58,925	
<u>UNRESTRICTED FUNDS</u>				
Donations		258		33,877
Interest Received				
	33,000	258	58,925	33,877
TOTAL INCOMING RESOURCES		33,258		92,802
<u>CHARITABLE PROGRAMS</u>				
Premises Expenses	7,840		33,435	
Transport And Travel	2,500		22,907	
Recreational Trips	4,200		14,717	
Food And Kitchen Supplies	6,929		16,901	
Workshop & Activities	9,250		-	
Volunteer Expenses	1,539		500	
<u>ADMINISTRATING EXPENDITURES</u>				
Advertising	318		1,394	
Accountancy & Admin	654		396	
Telephone	-		215	
Insurance	480		458	
	33,710	-	90,924	-
<u>Total Resources Expended</u>	33,710	-	90,924	-
NET MOVEMENTS IN FUNDS FOR THE YEAR	(709.92)	258	(31,998.61)	33,877
		(452)		1,878
FUNDS CARRIED FORWARD		15,660		13,782
TOTAL FUNDS CARRIED FORWARD		15,208		15,660

**CITY ESCAPE
BALANCE SHEET
for the Year Ended 31 January 2021**

	31.01.2021		31.01.2020	
	£	£	£	£
FIXED ASSETS		-		-
CURRENT ASSETS				
Debtors	-		7,840	
Cash in hand and at bank	15,208		7,820	
		15,208		15,660
CURRENT LIABILITIES				
Short term Creditors	-		-	
		-		-
NET CURRENT ASSETS		15,208		15,660
TOTAL ASSETS LESS CURRENT LIABILITIES		15,208		15,660
FUND ACCOUNT				
Funds		15,208		15,660

ON BEHALF OF THE BOARD

Trustee Name: Goldie Traube

Signature:

Date:

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2021

1 ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2015 which has since been withdrawn.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on March 2018 and Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and Charities Act 2011.

City Escape constitutes a public benefit entity as defined by FRS 102.

1.2 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income tax recoverable in relation to donations received under Gift Aid or deed of covenant is recognised at the time of the donation.

1.3 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably

1.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources.

Charitable activities and Governance costs are costs incurred on the charity's educational operations, including support costs and costs relating to the governance of the charity apportioned to charitable activities

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2021

1.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

1.6 Cash at Bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges

1.8 Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. INCOME FROM DONATIONS AND LEGACIES

£	£	£	£
2021	2021	2021	2020
Unrestricted	Restricted	Total	Total
Funds	Funds		
£	£	£	£
33,000	258	33,258	92,802

CITY ESCAPE

Notes to the Financial Statements for the Year Ended 31 January 2021

3. CHARITABLE ACTIVITIES

£	£	£
2021	2021	2021
	<u>Summer Camp</u>	<u>Summer Camp</u>
<u>CHARITABLE PROGRAMS</u>		
Premises Expenses	7,840	33,435
Transport And Travel	2,500	22,907
Recreational Trips	4,200	14,717
Food And Kitchen Supplies	6,929	16,901
Workshop & Activities	9,250	-
Volunteer Expenses	<u>1,539</u>	<u>500</u>
	<u>32,258</u>	<u>88,461</u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£	£
	2020	2019
Accruals and deferred income	-	-
	<u> </u>	<u> </u>