

SESAME COUNSELLING SERVICE NEWPORT

England & Wales · Charity number 1069655

Details

Other names Sesame Counselling Service

Status Registered

Legal form Other

Registered 1998-05-21

Register [View on the Charity Commission register](#)

Contact

Address The Church of Jesus Christ of Latter-Day Saints
Factory Road
Newport
NP20 5FA

Phone 07450401688

Email sesamecounselling@ymail.com

Website <https://www.counselling-directory.org.uk/counsellors/sesame-counselling-service>

Activities

Objects: TO RELIEVE AND PREVENT SUFFERING CAUSED BY MENTAL OR PHYSICAL ILL-HEALTH OR BY SOCIAL OR ECONOMIC CIRCUMSTANCES BY PROVIDING AND DEVELOPING A CONFIDENTIAL COUNSELLING SERVICE, EDUCATION, TRAINING AND SUPPORT FOR COUNSELLING AND TO DEVELOP COUNSELLING RESOURCES AND IN ANY CHARITABLE MANNER WHICH THE TRUSTEES SHALL FROM TIME TO TIME DETERMINE.

Activities: An affordable counselling service and mental health support for individuals in Newport and the surrounding areas of South Wales. Clients are encouraged to make a voluntary donation to help cover costs. Counsellors offer their services on a voluntary basis. The service also has an educational component, offering placements for trainee counsellors and those working towards accreditation hours.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** NO DEFINED.
- Caerphilly
- Cardiff
- Merthyr Tydfil
- Monmouthshire
- Newport City
- Rhondda Cynon Taff
- Torfaen

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£4,005	£6,967	-	-
2024-03-31	£4,512	£3,876	-	-
2023-03-31	£3,440	£3,461	-	-
2022-03-31	£3,125	£3,163	-	-
2021-03-31	£3,810	£2,179	-	-

Trustees

Name	Role	Appointed
Alexandra Strangward	Chair	2022-05-03
Adrian Lyn Mathias		2025-07-19
Peter de Boer		2020-12-22