

**REGISTERED COMPANY NUMBER: 03455000 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1069129**  
**BACP MEMBERSHIP NUMBER: 00104488**



**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023  
FOR  
SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**

**HPH  
Chartered Accountants  
54 Bootham  
YORK  
YO30 7XZ**

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)  
CONTENTS OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

<b>CONTENTS</b>	<b><i>Page</i></b>
Trustees' Annual Report	<i>1 - 14</i>
Independent Examiner's Report	<i>15</i>
Statement of Financial Activities	<i>16</i>
Balance Sheet	<i>17</i>
Statement of Cash Flows	<i>18</i>
Note to the Statement of Cash Flows	<i>19</i>
Notes to the Financial Statements	<i>20 - 29</i>
Details Statement of Financial Activities	<i>30</i>

## Trustees' Annual Report

### REFERENCE & ADMINISTRATION DETAILS

#### REGISTERED OFFICE

2nd Floor  
25 Micklegate  
YORK  
YO1 6JH

#### TRUSTEE / DIRECTORS IN 2022-23

Evelyn Hodgson		
Susan Kane		Resigned April 2023
Sally King		
Sarah MacCallum	Board Secretary	Resigned October 2022
Peter Meek	Treasurer	Resigned October 2022
	Acting Chair	Appointed June 2021, Resigned October 2022
Ann Morgan	Acting Chair	Appointed October 2022
	Chair	Appointed May 2023
Lionel Myers	Treasurer	Appointed September 2022 (Treasurer from March 2023)
Joy Onyinyechi Ekpeh		Appointed January 2023
Safeena Rafiq		Resigned May 2023
Cheryl Saggars		Resigned July 2023
Laura Thomas		Appointed March 2023
Maria Kaye		Appointed October 2022, Resigned May 2023
Amy Bullard		Resigned April 2022
Hillary Conroy		Resigned July 2022

#### TRUSTEE / DIRECTORS at the date the report was approved

Evelyn Hodgson  
Sally King  
Ann Morgan                      Chair  
Lionel Myers                      Treasurer  
Joy Onyinyechi Ekpeh  
Laura Thomas

COMPANY SECRETARY      Margaret Godderidge

INDEPENDENT EXAMINER A. C. Rodaway, FCP, BFP. DChA  
HPH, Chartered Accountants, 54 Bootham, YORK, YO30 7XZ

MAJOR FUNDERS              Lloyds Bank Foundation  
Ministry of Justice  
North Yorkshire Office of the Police, Fire & Crime Commissioner  
The National Lottery  
The Purey Cust Trust

## Trustees' Annual Report

### REFERENCE & ADMINISTRATION DETAILS continued

The Board of Trustees, who are also Directors of the charity for the purpose of the Companies Act 2006, present their annual report and financial statements for the year ended 31 March 2023. The financial statements comply with the Companies Act 2006 and Accounting and Reporting by Charities, Statement of Recommended Practice (SORP 2015) applicable to charities preparing their accounts in accordance with the Financial Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### FOREWORD – by the *Survive* CEO Mags Godderidge

It has been another year of client growth for *Survive*. More survivors of sexual violence sought out our specialist services than ever before.

Last year, *Survive* had 11,172 contacts with 1,589 unique individuals; conducted 721 initial assessments; and delivered 4,095 counselling or support work sessions. What is so extraordinary is that we achieved all this with just 10 full-time equivalent staff, 4 volunteers and 7 trustees. *Survive* could not do what it does without the dedication and commitment of its staff, volunteers and trustees. I am so grateful to every one of them without whom *Survive* could not operate. In addition to their individual skills and knowledge, they bring compassion, kindness and hope to survivors.

During the reporting period, *Survive* received 933 new referrals – a 40% increase in the previous year. Around half of these new referrals (51%) came via the Office for Police, Fire and Crime Commissioner (OPFCC) funded Victims of Crime contract and around a fifth came from the NHS (23%) or were self-referrals (22%). The largest percentage increase in source of new referrals was self-referrals - up from 2.5% in 2021/22. This unprecedented demand for our specialist, trauma-informed services and surge in self-referrals was likely driven by the intense local, regional and national focus on Violence Against Women and Girls (VAWG), the publication of the final report by Independent Inquiry into Child Sexual Abuse (IICSA) and continued publicity and media coverage surrounding sexual violence.

Against the backdrop of increased demand and a cost-of living crisis, *Survive* achieved a great deal: we increased capacity and saw more survivors more quickly. In addition, we adopted hybrid delivery of services; better evidenced survivor outcomes; and improved recruitment processes to attract diverse talent. We continued to invest in our people and deliver initiatives to make *Survive* a great place to work. We secured BACP membership and started The Survivors' Trust (TST) accreditation process. We also contributed to relevant steering groups, networks and partnerships.

As part of our courageous advocacy value, we shone a spotlight on sexual violence, its impact and the need for compassion and long-term funded support for survivors.

*Survive* welcomed new guidance issued by the Information Commissioner's Office (ICO) and Crown Prosecution Service (CPS) in May 2022 meaning survivors can now choose to access therapy before and during a trial. However, we have not welcomed the increase in requests from Police and prosecutors for access to survivor's counselling records. It is intrusive, re-traumatising and in most cases, unnecessary and disproportionate.

## Trustees' Annual Report

### FOREWORD continued

*Survive* is also concerned by an emerging pattern of prosecutors telling survivors that final charging decisions will be based on the content of counselling records. We have updated our disclosure policy and stand with survivors in keeping information, that is almost certainly special category data, private and will robustly rebuff any such information requests. We will lobby relevant authorities to highlight and challenge this and seek changes in practice.

Towards the end of the reporting period, we reapplied to the Ministry of Justice (MoJ) Rape and Sexual Abuse Support Fund (RASAF), retendered for the OPFCC Victims of Crime contract and bid for new NHS Integrated Care System (ICS) funding. I am delighted to report that all three were successful, however, these funds alone will not be enough to cover the surge in demand for our services. At the present time, there are around 350 survivors waiting for our support. We hope the current UK-wide focus on VAWG will create heightened awareness of the need for more funding to help agencies like ours help even more survivors.

At the heart of what we do are the survivors - individuals who through no fault of their own have had their lives turned upside down and changed forever because of a heinous crime committed on them. I remain moved and inspired by their bravery and courage – each one on their own personal journey. I am humbled by the trust they place in *Survive* to help them to come to terms with what has happened to them and will continue to do whatever it takes to get them the support they need to rebuild their lives, relationships and reach their potential.

### OUR OBJECTIVES

Taken from the *Survive Memorandum of Association* as updated and approved at the Annual General Meeting held in October 2021:

The objects of the company (charity) shall be to relieve the needs of individuals affected by sexual and domestic violence by:

1. Providing support to alleviate the trauma and distress caused by sexual violence including rape, sexual assault, child sexual abuse and any other form of sexual violence (wherever it occurs) including that which occurs within domestic violence and to alleviate the trauma and distress caused by domestic violence;
2. Offering a comprehensive range of therapeutic support, help, assistance and interventions to survivors and their families, in order to help them to rebuild their lives after the trauma and distress caused by sexual violence;
3. Advocating for those who have experienced sexual violence (in whatever form, and wherever it may have occurred);
4. Educating and raising awareness about the issues surrounding sexual violence and its impact on individuals to reduce and eradicate all forms of sexual violence;
5. or through any other mechanism(s) agreed by the trustees in accordance with the charity's objects.

## Trustees' Annual Report

### OUR VISION, MISSION & VALUES

Our Vision is for all adults who have been subjected to rape, sexual assault, or child sexual abuse (CSA) to have access to our highly valued services to find relief from distress, discover self-worth, reconnect with lives and relationships, and explore and achieve their full potential.

Our Mission is to work to help adult survivors of rape, sexual assault or child sexual abuse rebuild their lives, relationships and reach their potential by delivering specialist, trauma-informed services.

Our Values underpin everything we do – from our work with clients to our interactions with stakeholders to our statements to the media:

Integrity	At all times, <i>Survive</i> will strive to communicate in an open, honest, and transparent way. Our relationships with survivors will be based on mutual respect and trust. We will offer a safe space to survivors of sexual trauma where they can explore and talk about what has happened to them.
Inclusive	<i>Survive's</i> ethos is that everyone is equal. We respect differences while embracing diversity.
Enabling	<i>Survive</i> believes in survivor autonomy. We believe survivors are best placed to know what they need. We facilitate their exploration of options to make informed decisions. We put survivors at the heart of what we do. We develop and deliver a range of accessible, quality and evidenced-based services and innovate to meet the changing needs of survivors. By offering autonomy, we not only offer informed choices, we build confidence.
Hope	<i>Survive</i> strives to be compassionate in all that we do. We offer hope for positive change by helping our clients make sense of what has happened to them and reduce their feelings of isolation. By promoting self-worth, we help survivors find relief from the pain caused by sexual trauma and paths to reconnect with their lives and relationships.
Courageous Advocacy	<i>Survive</i> will challenge those who do not support survivors. We will strive to raise awareness in all communities of the signs, prevalence and impact of sexual trauma including that which occurs between those who are or have been intimate partners. As the voice of survivors, we will challenge myths about sexual abuse. We will challenge and educate those in authority, in communities and in institutions to help them understand the pain of sexual trauma.

## Trustees' Annual Report

### OUR STRATEGY

The *Survive* Strategy is reviewed by the CEO and the Board on at least a quarterly basis. It is expressed in terms of the noticeable outcomes we aim to deliver for each of our stakeholder groups:

#### CLIENTS

OUTCOMES TO DELIVER	PROGRESS IN 2022-23
1. Survivors understand and are in control of their <i>Survive</i> journey, making informed decisions about what services to access and when and at a pace that is right for them.	Increased capacity.
2. The spaces we use will be safe, comfortable, and accessible to all.	Set-up client journey working group.
3. <i>Survive</i> has sufficient capacity across all services meaning we will be available when survivors are ready to talk, and no one will have to wait for our support. <i>Survive</i> will deliver a seamless service to survivors who require more than one service. Our range of services will be embedded in our local communities and support those affected directly or indirectly by sexual violence.	Continued to deliver the OPFCC contract for Victims of Crime.  Helped survivors make informed decisions through <i>Choices</i> service, in responses to disclosure requests and installed translation tool to website.
4. We can evidence our services help survivors cope, stabilise, recover, rebuild, and thrive.	Adopted hybrid delivery of services ongoing.
5. Survivors who have completed their <i>Survive</i> journey will be our greatest ambassadors and advocates, widely sharing their positive praise and allowing us to sensitively share their stories. They will volunteer, work, or fundraise for us and inspire, encourage, and give hope to other survivors as they co-facilitate group work.	Changed operating hours of Helpline.  Supported survivors in East Riding of Yorkshire.  Facilitated specialist support for dual experience clients.  Evidenced our impact.

#### PEOPLE

OUTCOMES TO DELIVER	PROGRESS IN 2022-23
1. <i>Survive</i> will have a diverse team which reflects the communities we serve.	* Improved recruitment processes to attract diverse talent.
2. <i>Survive</i> will be a great place to work, volunteer or be a trustee. Staff, volunteers, and trustees will feel motivated, respected, and valued and proudly share stories about the difference their role within <i>Survive</i> makes to them personally.	Became a Disability Confident employer.
3. Staff, volunteers and trustees will feel connected to each other and to <i>Survive</i> and work together to achieve the best outcomes for survivors.	Maintained our commitment to being a Real Living Wage employer.
4. Staff, volunteers and trustees have access to in-house and external training and support.	Delivered initiatives to help make <i>Survive</i> a great place to work
5. Staff and volunteers are listened to and feel able to give feedback about the things that matter most to them.	Adopted hybrid working ongoing.
6. We have flexible working patterns which make full use of technology, meet the needs of clients, and enable us to increase capacity whilst retaining a work/life balance.	Launched annual wellbeing survey.  Invested in our people

## Trustees' Annual Report

### OUR STRATEGY continued

#### PARTNERS & FUNDERS

OUTCOMES TO DELIVER	PROGRESS IN 2022-23
1. Our partners are clear on what specialist services we provide and the tangible difference we make to survivors of sexual violence.	<p>Set-up client journey working group.</p> <p>Evidenced our impact.</p> <p>Delivered quality and safe services.</p> <p>Secured BACP membership.</p> <p>Started TST accreditation process.</p> <p>Contributed to relevant steering groups, networks and partnerships.</p> <p>Secured diverse funding.</p> <p>Delivered training and presentations.</p>
2. <i>Survive</i> has a reputation for delivering safe, quality, evidence-based specialist services to survivors of sexual violence.	
3. The referral process is simple, seamless, and secure and captures sufficient personal data at the point of referral. Where appropriate, we work with others to develop bespoke and holistic care pathways which optimise outcomes for survivors.	
4. <i>Survive</i> works collaboratively with organisations who share our views and values.	
5. We have a diverse and sustainable income.	
6. <i>Survive</i> is recognised as expert in the field of sexual trauma and will be educating others through the delivery of paid-for training.	

#### COMMUNITIES

OUTCOMES TO DELIVER	PROGRESS IN 2022-23
1. Our local communities will know the difference we make in helping survivors rebuild lives, relationships and reach full potential.	<p>Evidenced our impact.</p> <p>Contributed to relevant steering groups, networks and partnerships.</p> <p>Secured diverse income.</p> <p>#</p> <p>Delivered training and presentations.</p> <p>Engaged with the media.</p> <p>Contributed to relevant steering groups and partnerships.</p> <p>Developed relationships with relevant networks.</p>
2. Survivors, friends, and supporters of <i>Survive</i> will be actively involved in raising awareness of <i>Survive</i> and raising funds for our specialist services.	
3. Media outlets will proactively approach us for comment on relevant or breaking news stories because they know what we do and the difference we make to survivors and recognise our knowledge and expertise regarding sexual violence.	
4. Our communities and wider society will better understand the prevalence and impact of sexual violence, and the additional, cumulative harm caused by the perpetuation of sexual violence myths. Perceptions about sexual violence will change, society will empathise with survivors and understand their needs and survivors will feel able and supported to share their stories without stigma or shame.	
5. Children and young people in our local community will know what consent means, know about sexual violence and how to signpost survivors to support and know how to safely challenge inappropriate behaviours whenever and wherever they are encountered.	



## **Trustees' Annual Report**

### **OUR PERFORMANCE IN 2022-23 continued**

#### **Increased capacity**

We saw unprecedented demand for *Survive's* specialist trauma-informed services. In 2022/23, *Survive* received 933 new referrals – up 40% on the previous year (668 in 2021/22 and 544 in 2020/21). Referrals via the OPFCC-funded Supporting Victims Team increased by 17% to 471 having been relatively static for the two previous years (404 in 2021/22 and 400 in 2020/21). Referrals from the NHS increased to 219 up from 148 in 2021/22 and 60 in 2020/21. The largest percentage increase was seen in self-referrals - up from 2.5% in 2021/22 to 22% of all new referrals in 2022/23. This unprecedented demand for our services has likely been driven by local, regional and national focus on Violence Against Women and Girls (VAWG) strategies encouraging women and girls to report sexual violence to the Police and seek help to cope and recover from the impact. In response to this unprecedented demand, we secured additional funding from the OPFCC for trauma therapy only and additional funds from the Ministry of Justice (MoJ) which allowed us to increase capacity by expanding our team of counsellors and trauma/EMDR therapists.

#### **Set-up client journey working group**

We started work on identifying system improvements to help us increase capacity further to respond to demand for our service.

#### **Continued to deliver the OPFCC contract for Victims of Crime**

*Survive* continued to deliver counselling to survivors of sexual and/or domestic abuse in York and North Yorkshire (excluding Ryedale) under the OPFCC funded contract and continued to sub-contract other Victims of Crimes with enhanced entitlements to Community Counselling Limited.

#### **Helped survivors make informed decisions**

We launched our new *Choices* services for current and former clients to help survivors make informed decisions about their options including, though not limited to, reporting, not reporting, supplying anonymous intelligence or engaging with Restorative Justice. We helped clients make informed decisions about whether to disclose some, none or all of their counselling records to the Police and prosecutors and, when asked to do so by clients and former clients, provided them with bespoke reports. We also installed a translation tool on our website - to make information about our services more accessible.

#### **Adopted hybrid delivery of services ongoing**

We moved to hybrid delivery of services ongoing giving survivors a choice of accessing services face-to-face, online or via telephone or a combination of these to suit their needs.

#### **Changed operating hours of Helpline**

We changed the operating hours from two evenings a week to Monday-Thursdays from 10am to 12 noon and introduced outward bound 'welfare check' calls, where appropriate. These changes have resulted in an increase in calls from both survivors and professionals.

## **Trustees' Annual Report**

### **OUR PERFORMANCE IN 2022-23 continued**

#### **Supported survivors in East Riding of Yorkshire**

We continued to support survivors in the YO41, YO42 and YO43 postcodes of rural East Riding of Yorkshire.

#### **Facilitated specialist support for dual experience clients**

We continued to facilitate specialist support via an OPFCC-funded Stop So registered therapist for survivors of sexual violence who had also perpetrated or been accused of perpetrating sexual offences.

#### **Evidenced our impact**

We collated and presented data to third parties about how our services help survivors cope, stabilise, recover, rebuild their lives and thrive. We secured more survivor case studies and also put a case study to film as part of OPFCC-funded VAWG 16 days of action initiative in November 2022. We also made it easier for clients to provide feedback about our services via an online survey.

#### **Improved recruitment processes to attract diverse talent**

*Survive* became a disability confident employer meaning those with a disability who met the role criteria were automatically offered an interview at the sifting stage. We also introduced values-based recruitment and shared interview questions with candidates ahead of their interview. We changed where employment, volunteering and trustee opportunities were advertised and successfully recruited people from more diverse backgrounds.

#### **Delivered initiatives to make *Survive* a great place to work**

We continued to deliver initiatives to help make *Survive* a great place to work and introduced some new ones. We continued to deliver comprehensive inductions to new starters, have annual appraisals for our people, subsidised regular team building activities (e.g. crafting events), had monthly team meetings and issued monthly Team Talk newsletters, funded a health and wellbeing package for staff and contributed 5% to staff pensions.

In response to the cost-of-living crisis, *Survive* also shared a tax rebate between all staff as a one-off bonus – based on the number of hours each worked and continued its commitment to being a Real Living Wage employer. We also adopted hybrid working ongoing giving our people the flexibility to sometimes work remotely, contributing to a better work/life balance.

#### **Launched annual wellbeing survey**

*Survive* launched an annual wellbeing survey to build on successes and to learn and improve the staff/volunteer experience.

#### **Invested in our people**

*Survive* continued to invest in its people. We delivered or facilitated access to training on Vicarious trauma; Working with disabled clients; Working with Interpreters; Dissociative Identity Disorder; Delivering Groupwork; EMDR; Narcissistic Injuries and Neglect in Relational Trauma; ACAS Training for Line Managers; Safeguarding Lead training for all Lead Counsellors; and coaching and mentoring for line managers. We continued to invite guest speakers to monthly meetings to increase our understanding of the work of other organisations in order to better help our clients.

## Trustees' Annual Report

### OUR PERFORMANCE IN 2022-23 continued

#### **Delivered quality and safe services**

*Survive* continued to review and update its practice policies and procedures. During the reporting period, *Survive* secured BACP membership and started The Survivors Trust (TST) accreditation process.

#### **Contributed to relevant steering groups, networks and partnerships**

*Survive* continued membership of the OPFCC Sexual Violence Steering Group; OPFCC VAWG Professionals working group; Humberside VAWG working group; University of York Sexual Violence steering group; PEPSY; joined York Complex Emotional Needs network and North Yorkshire Tees Esk Wear Valley (TEWV) led Complex Emotional Needs network; and joined York CVS VCSE Health Alliance. *Survive* continued to regularly engage with TEWV – sharing knowledge, learning and a vision of a York and North Yorkshire trauma-informed approach to survivors of sexual violence. *Survive* also contributed to TST-led meetings and workshops for CEOs, clinical leads, Helplines and ISVAs.

#### **Secured diverse funding**

During the reporting period, *Survive* secured funding from, though not limited to: OPFCC Victims of Crime contract; increased MoJ grant; new NHS-ICS funding for a pilot project to trial *Survive* counsellor/s in GP surgeries; funding to support survivors affected by church abuse; two-year unrestricted funding from Lloyds Bank Foundation; three-year grant from The Purey Cust Trust; a grant from the Shepherd Group Community Support Fund; and donations following a cost-of-living appeal letter. *Survive* was also the chosen charity partner for the all-female brass band Femmes Fortissimo and the charity partner for the University of York ROSES 2023 event.

#### **Delivered training and presentations**

*Survive* delivered training and presentations to various parties including the National Catholic Safeguarding Conference.

#### **Engaged with the media**

*Survive* issued regular press releases and responded to press, TV and radio enquiries and supported the University of York with various activities during Sexual Violence Awareness Week. Following the publication of the final report by the Independent Inquiry into Child Sexual Abuse (IICSA), we proactively appealed to the Prime Minister to adopt the IICSA recommendations in full. We also highlighted the positive changes to pre-trial therapy guidance allowing survivors to access support before or during a trial based on their individual needs and what they want.

## Trustees' Annual Report

### FUTURE PLANS

We are not complacent; there is still much work to do if we are to achieve the noticeable differences laid out in our strategy. In the coming year, we plan to:

- Secure TST and BACP accreditations;
- Launch a pilot project in GP surgeries with NHS-ICS funding;
- Explore a pathway for student survivors;
- Update our communications plan and fundraising strategy considering the unprecedented demand we are seeing for our services and the financial responsibilities and implications which come with a fast-growing charity;
- Recruit a marketing and fundraising coordinator to deliver our communications plan, including our social media strategy, eNewsletter and stewardship of our funders and supporters;
- Commission research to evidence the difference we make to survivors of sexual violence.

### GOVERNANCE, MANAGEMENT & ORGANISATION

#### GOVERNANCE

The governance of *Survive* is decreed by the *Memorandum of Association - October 2021*. Specified in this document are the powers and duties of the Trustees, and of the Members.

The Board meets regularly with the Chief Executive Officer (CEO) and other managers to guide strategy and exercise oversight of operations in line with the charity's Objects.

The Annual General Meeting of all Members includes the election of all Trustees and Officers, and consideration of the Annual Report and Accounts.

Currently the Board delegates authority to three standing sub-committees, each made up of Trustees and staff. Additional Trustee-chaired or CEO-chaired task groups are constituted and remitted by the Board as and when required.

BOARD OF TRUSTEES		
<b>FINANCE SUB-COMMITTEE</b>  guidance, monitoring, and assistance to the CEO in matters relating to financial management and reporting, financial audit and controls, and purchase contracts.	<b>MARKETING &amp; FUNDRAISING SUB-COMMITTEE</b>  guidance, monitoring, and assistance to the CEO in all matters relating to marketing, publicity, and fundraising.	<b>PEOPLE SUB-COMMITTEE</b>  guidance, monitoring, and assistance to the CEO in matters relating to human resources management – covering employees, contractors, volunteers, trustees, and consultants.

## Trustees' Annual Report

### GOVERNANCE, MANAGEMENT & ORGANISATION continued

During the reporting period, *Survive* set up a trustee-led client journey working group to identify system improvements to help *Survive* further increase capacity to respond to unprecedented demand for our service. We also involved staff, volunteers and trustees in reviewing and updating a review of *Survive*'s strengths, weaknesses, opportunities and threats (SWOT) and generated an updated STEEPLE analysis.

#### MANAGEMENT & ORGANISATION

Executive leadership and management of *Survive* is vested in the role of CEO.

The Senior Management Team (SMT) is made up of the CEO, Operations Manager, Counselling Services Manager and Support Services Manager. The SMT meets regularly.

The composition of the SMT reflects the organisation structure:

CEO		
Operations Manager	Counselling Services Manager	Support Services Manager
Administration Team	Counselling Team	Support Work Team

#### Appointment of trustees:

At the first and every Annual General Meeting, all officers and one-third of the nominated members of the Board of Trustees, or if their number is not a multiple of three then the number nearest to one-third, shall retire from office. The members to retire shall be those longest in office since their last election. Regarding members of the Board of Trustees who have been in office for the same length of time, the members to retire shall be selected by lot. A retiring Board member shall be eligible for re-nomination. Co-opted members of the Board shall retire at the Annual General Meeting following their appointment but shall be eligible for further co-option.

The Board identifies the need for additional trustees arising from resignations or through the identification of specific requirements for skills and experience.

Trustee vacancies are publicised in appropriate forums and on the *Survive* website – they are based on generic or specific role descriptions, as required. Adverts will be placed on specific job boards such as Young Trustees, Queer Trustees, Action for Trustee Racial Diversity UK.

Prospective trustees can approach the charity of their own volition. Although *Survive* has a need for Trustees with specific skills and knowledge, a number of positions are generic to achieve a Board with a mix of backgrounds and life experience.

Prospective Trustees wishing to discuss specific access requirements to enable them to take up the role can contact a named individual – details to be given on the role advert.

## Trustees' Annual Report

### RISK MANAGEMENT

The CEO and Trustees of *Survive* have assessed the risks to which the charity is exposed and are satisfied that processes and systems have been established to mitigate them and ensure the long-term viability of *Survive*. Led by the CEO, Risk Management is a standing item on the Board's agenda and the agendas of the SMT and sub-committee meetings.

A Business Continuity Policy has been established, and an Incident Management Procedure has been devised. A business continuity test is held annually.

During the reporting period, *Survive* continued to monitor and manage risks including the cost-of-living crisis and its subsequent impact on staff turnover and retention as well as increased costs and a decrease in personal donations. The surge in demand for *Survive's* specialist services continued to be a challenge.

The *Survive* Risk Register details all risks and mitigations, categorised under the following broad headings:

CATEGORY	NATURE OF RISK	SAFEGUARDS & MITIGATIONS
Governance	Failure to deliver the charity's Objects	<ul style="list-style-type: none"> <li>Robust Board and Management processes;</li> <li>Rigorous Trustee and Manager selection, recruitment, and induction.</li> </ul>
	Loss of strategic direction and / or management effectiveness	<ul style="list-style-type: none"> <li>Strategy reviewed and updated annually;</li> <li>Business planning on quarterly cycle;</li> <li>Performance and impact management.</li> </ul>
External	Reputational damage perceived by public, funders and/or clients	<ul style="list-style-type: none"> <li>Communications strategy and explicit PR management;</li> <li>Focus on Safeguarding;</li> <li>Implementation of EDI Policy.</li> </ul>
Regulatory and Compliance	Failure to comply on time and in full	<ul style="list-style-type: none"> <li>Adherence to charity governance codes and financial regulations;</li> <li>Ongoing reviews of policies &amp; procedures;</li> <li>BACP membership;</li> <li>Accreditation by <i>The Survivor's Trust</i>.</li> </ul>
Financial	Loss of funding	<ul style="list-style-type: none"> <li>Funding strategy emphasising diversity of funding streams;</li> <li>Development of income generation capability;</li> <li>Excellence in delivery.</li> </ul>
	Loss of financial control	<ul style="list-style-type: none"> <li>Robust financial reporting and control procedures; cash flow forecasting;</li> <li>Sound financial policies, procedures, and authorisations; separation of duties;</li> <li>Annual independent external inspection / audit.</li> </ul>

## Trustees' Annual Report

### RISK MANAGEMENT continued

Operational	Insufficient appropriately skilled managers, staff, and volunteers to deliver high quality services	<ul style="list-style-type: none"> <li>• Blended approach to service delivery.</li> <li>• Measurement of service performance against KPIs and outcomes for survivors.</li> <li>• Ongoing reviews/updates of practice policies and procedures in line with BACP/TST standards.</li> <li>• On-going monitoring of skills levels, clinical supervision, capacity, recruitment, and retention.</li> <li>• Performance management.</li> </ul>
	Insufficient or inappropriate infrastructure to enable staff to deliver high quality services – accommodation, IT systems, IT hardware, etc.	<ul style="list-style-type: none"> <li>• Investment in information management, IT systems such as CharityLog, and IT infrastructure (particularly to enable secure remote working).</li> <li>• Operation of satellite counselling locations positioned within the communities we support.</li> <li>• Health &amp; Safety programme.</li> </ul>
	Failure of cybersecurity measures	<ul style="list-style-type: none"> <li>• Business Continuity policy and Incident Management Procedures in place.</li> <li>• Annual Business Continuity Test.</li> </ul>

### PUBLIC BENEFIT

The Trustees have complied with their duty under the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission for England and Wales.

### FINANCIAL REVIEW

The total income for 1st April 2022 to 31st March 2023 was £472,719. This shows an increase of income of £58,393 (+14%) compared to the previous year (£414,326). All funding received has enabled service delivery and organisational running to provide vital support for our clients. It allowed *Survive* to continue providing critical support during the ongoing Covid-19 pandemic, with increased demand for our service and clients referred were often experiencing increasingly complex needs.

The expenditure over this period was £411,515, with an increase in expenditure of £36,860 (+10%) compared to the previous year (£374,655 expenditure in 2021/22). The net income for 2022/23 is £61,204 and funds brought forward on 1st April 2022 were £203,255. Therefore, the total funds carried forward 31st March 2023 were £264,459.

## **Trustees' Annual Report**

### **RESERVES POLICY**

*Survive* aims to accumulate sufficient free reserves of unrestricted funds not committed or invested in tangible fixed assets in order to:

- support those projects, and the general costs of the organisation, where expenditure is incurred before funding is reclaimed;
- finance development of new activities to the stage where external funding can be obtained;
- provide time to seek new funding sources at a project's conclusion or facilitate restructuring of the organisation whilst meeting its on-going obligations;
- meet the costs of a planned closure.

The Trustees of *Survive* aim to hold free reserves equivalent to approximately six months budget-level expenditure of unrestricted funds. For the 2023-24 financial year this would equate to free reserves of £250,000 which means that there is a gap in the level of reserves needed of £148,288. The Trustees will aim to increase the level of reserves held during the coming year.

### **Independent examiner**

Mr Adrian Rodaway FCA, BFP, DChA of HPH, Chartered Accountants was appointed Independent Examiner to the charity during the year.

Approved by the Board of Trustees on 20 September 2023 and signed on their behalf by:



Ann Morgan – Chair of Trustees



## **Independent Examiner's Report to the Trustees of Survive (Support for Survivors of Rape and Sexual Abuse)**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and the charitable company's trustees as a body in accordance with section 154 of the Charities Act 2011. My independent examiner's work has been undertaken so that I might state to the charitable company's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members as a body and the charitable company's trustees as a body for my independent examiner's work, for this report, or for the opinions I have formed.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am member of the Institute of Chartered Accountants England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

HPH Chartered Accountants  
54 Bootham  
YORK  
YO30 7XZ

*Adrian Rodaway*

Adrian Rodaway, FCA, BFP, DChA  
20 September 2023

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)  
STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2023**

	<b>Note</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2023 £</b>	<b>2022 £</b>
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations, legacies and grants	3	41,521	425,945	<b>467,466</b>	412,181
Other charitable activities	3	3,536	-	<b>3,536</b>	1,300
Investment income	4	1,717	-	<b>1,717</b>	845
<b>TOTAL INCOME</b>	14	<b>46,774</b>	<b>425,945</b>	<b>472,719</b>	<b>414,326</b>
<b>EXPENDITURE ON</b>					
Raising funds	5	6,672	-	<b>6,672</b>	4,194
Charitable activities	6	27,519	377,324	<b>404,843</b>	370,461
<b>TOTAL EXPENDITURE</b>	14	<b>34,191</b>	<b>377,324</b>	<b>411,515</b>	<b>374,655</b>
<b>NET INCOME</b>		<b>12,583</b>	<b>48,621</b>	<b>61,204</b>	<b>39,671</b>
Total funds brought forward		114,752	88,503	<b>203,255</b>	163,584
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>£ 127,335</b>	<b>£ 137,124</b>	<b>£ 264,459</b>	<b>£ 203,255</b>

**CONTINUING OPERATIONS**

Income and net movement in funds derive wholly from continuing operations.

*The notes on pages 20 to 29 form part of these financial statements.*

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**BALANCE SHEET**  
**FOR THE YEAR ENDED 31 MARCH 2023**  
**Registration number: 03455000**

	Note	Unrestricted Fund	Restricted Fund	2023 £	2022 £
<b>FIXED ASSETS</b>					
Tangible fixed assets	11	5,623	1,351	6,974	11,247
		<u>5,623</u>	<u>1,351</u>	<u>6,974</u>	<u>11,247</u>
<b>CURRENT ASSETS</b>					
Debtors	12	47,272	-	47,272	4,504
Cash at bank and in hand		93,829	135,773	229,602	204,626
		<u>141,101</u>	<u>135,773</u>	<u>276,874</u>	<u>209,130</u>
<b>CREDITORS</b>					
Amounts falling due within one year	13	19,389	-	19,389	17,122
		<u>121,712</u>	<u>135,773</u>	<u>257,485</u>	<u>192,008</u>
<b>NET CURRENT ASSETS</b>					
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>127,335</u>	<u>137,124</u>	<u>264,459</u>	<u>203,255</u>
<b>NET ASSETS/(LIABILITIES)</b>					
		<u><b>£ 127,335</b></u>	<u><b>£ 137,124</b></u>	<u><b>£ 264,459</b></u>	<u><b>£ 203,255</b></u>
<b>REPRESENTED BY</b>					
Unrestricted funds	14	107,335	-	107,335	94,752
Unrestricted designated funds	14	20,000	-	20,000	20,000
Restricted funds	14	-	137,124	137,124	88,503
		<u><b>£ 127,335</b></u>	<u><b>£ 137,124</b></u>	<u><b>£ 264,459</b></u>	<u><b>£ 203,255</b></u>

*The notes on pages 20 to 29 form part of these financial statements.*

For the financial year in question the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006.

The financial statement were approved by the Board of Trustees and authorised for issue on 20 September 2023 and were signed on it's behalf by:

*Ann Morgan*

Ann Morgan - Director and Tustee

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**STATEMENT OF CASHFLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	<b>Note</b>	<b>2023</b> <b>£</b>	<b>2022</b> <b>£</b>
<b>CASH FLOWS FROM OPERATING ACTIVITIES</b>			
Cash generated from operations	1	26,777	59,126
Net cash provided by operating activities		<u>26,777</u>	<u>59,126</u>
<b>CASH FLOWS FROM INVESTING ACTIVITIES</b>			
Purchase of tangible fixed assets		(1,801)	-
Net cash (used in)/provided by investing activities		<u>(1,801)</u>	<u>-</u>
<b>CHANGE IN CASH AND CASH EQUIVALENTS IN THE REPORTING PERIOD</b>		<b>24,976</b>	<b>59,126</b>
Cash and cash equivalents at the beginning of the reporting period		<b>204,626</b>	145,500
<b>CASH AND CASH EQUIVALENTS AT THE END OF THE REPORTING PERIOD</b>		<u><b>229,602</b></u>	<u><b>204,626</b></u>

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE STATEMENT OF CASHFLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOWS  
FROM OPERATING ACTIVITIES**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Net income for the reporting period (as per the Statement of Financials Activities)</b>	61,204	39,671
<b>Adjustments for:</b>		
Depreciation charges	6,074	6,538
(Increase)/Decrease in debtors	(42,768)	215
Increase in creditors	2,267	12,702
<b>Net cash flow provided by operations</b>	<b>£ 26,777</b>	<b>£ 59,126</b>

**ANALYSIS OF CASH AND CASH EQUIVALENTS**

Cash at bank and in hand	229,602	204,626
	<b>£ 229,602</b>	<b>£ 204,626</b>

<b>ANALYSIS OF CHANGES IN NET FUNDS</b>	<b>At 01/04/2022</b>	<b>Cash Flow</b>	<b>At 31/03/2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Cash at bank	204,626	24,976	229,602
<b>Total</b>	<b>£ 204,626</b>	<b>£ 24,976</b>	<b>£ 229,602</b>

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

**2. ACCOUNTING POLICIES**

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**a) Legal entity**

*Survive* is regulated by the Charity Commission (1069129), limited by guarantee and is registered in England and Wales. The address of the registered office and principal place of business is 2nd Floor, 25 Micklegate, York, YO1 6JH.

**b) Basis of preparing the financial statements**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and the Companies Act 2006, the Charities Act 2011.

*Survive* meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

The accounts are presented in UK Sterling pounds (£).

**c) Going concern**

Special consideration has been given to the COVID-19 pandemic impact. The Trustees have prepared financial projections, taking into consideration the current economic climate and its potential impact on the sources of income and planned expenditure. They have a reasonable expectation that adequate financial resources are available to enable the Charity to continue in operational existence for the foreseeable future, and have adequate contingency plans in the event that income streams are reduced. Consequently the financial statements have been prepared on the basis that the Charity is a going concern.

**d) Income**

**Donations**

Donations receivable for the general purpose of the Charity are credited to "unrestricted funds". Donations for purposes restricted by the wishes of the donor are taken to "restricted funds" where these wishes are legally binding on the Trustees.

**Other trading activities**

All other incoming resources are included in the Statement of Financial Position (SoFA) when the Charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Investment income**

Investment income has been accounted for on a cash receipt basis.

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**2. ACCOUNTING POLICIES - continued**

**e) Expenditure**

Expenditure is accrued as soon as a liability is considered probable, discounted to present value for longer-term liabilities. Expenditure attributable to more than one cost category is apportioned to them on the basis of the estimated amount attributable to each activity in the year, either by reference to staff time or the use made of the underlying assets, as appropriate.

Governance costs are costs associated with constitutional and statutory requirements. They include audit fees and estimated costs linked to the strategic management of the Charity. Support costs are those incurred directly in support of expenditure on the objects of the

**f) Tangible fixed assets**

Tangible fixed assets are capitalised if they can be used for more than one year and cost a minimum of £750. They are valued at cost or, if gifted, at the value to the charity less depreciation.

Depreciation is calculated to write off the cost of fixed assets over their expected useful lives on a straight line basis. The rates used are as follows:

Computer equipment	- 25% straight line
Refurbish	- 25% straight line

**g) Taxation**

As a registered charity, *Survive* is exempt from the tax on income falling within sections 466 to 493 of the Corporation Tax Act 2010 to the extent that this is applied to its charitable objects. No tax charges have arisen in the Company.

**h) Fund accounting**

Funds comprise unrestricted funds which have not been designated for other purposes, and are available for use at the discretion of the Trustees in accordance with the charitable objectives. Designated funds are unrestricted funds earmarked by the Trustees for particular purposes. Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

**i) Pension costs and other post-retirement benefits**

The charitable company manages a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**j) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**2. ACCOUNTING POLICIES - continued**

**k) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and any short term deposit accounts with a maturity of three months or less from the date of opening.

**l) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade

<b>3. DONATIONS AND LEGACIES</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total</b>	
			<b>2023 £</b>	<b>2022 £</b>
Donations and legacies	41,521	425,945	467,466	412,181
Other charitable activities	3,536	-	3,536	1,300
	<u>£ 45,057</u>	<u>£ 425,945</u>	<u>£ 471,002</u>	<u>£ 413,481</u>

In 2022 the amount of donations and legacies which related to restricted funds was £353,910.

<b>4. INVESTMENT INCOME</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total</b>	
			<b>2023 £</b>	<b>2022 £</b>
Deposit account interest	1,717	-	1,717	845

In 2022 the amount of investment income which related to restricted funds was £Nil.

<b>5. RAISING FUNDS</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total</b>	
			<b>2023 £</b>	<b>2022 £</b>
Staff costs	6,672	-	6,672	4,194

In 2022 the amount of expenditure on raising funds which related to restricted funds was £Nil.



**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**6. SUPPORT COSTS**

	<b>Total</b>	
	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Charitable support	401,993	368,361
Governance costs	2,850	2,100
	<u>£ 404,843</u>	<u>£ 370,461</u>

<b>Administration</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total</b>	
	<b>£</b>	<b>£</b>	<b>2023</b>	<b>2022</b>
			<b>£</b>	<b>£</b>
Wages	5,300	294,225	299,525	276,931
Staff training and travel expenses	70	2,947	3,017	8,888
Supervision	150	12,456	12,606	4,047
Rent and room hire	-	23,032	23,032	17,548
Utilities and cleaning	7	5,380	5,387	4,328
Web hosting and IT support	4,542	888	5,430	14,451
Office costs	2,208	5,564	7,772	7,283
Subscriptions	2,521	-	2,521	1,189
Repairs and maintenance	434	-	434	641
Health and wellbeing	1,894	-	1,894	945
Sessional counselling	-	-	-	2,218
External facilitators	-	20,970	20,970	14,680
Payroll charges	1,080	-	1,080	1,080
Bank charges	72	-	72	118
Advertising and web development	2,064	744	2,808	3,083
Insurance	3,222	-	3,222	2,872
Recruitment costs	68	2,118	2,186	1,388
Professional fees	1,933	2,030	3,963	133
Depreciation	5,624	450	6,074	6,538
	<u>£ 31,189</u>	<u>£ 370,804</u>	<u>£ 401,993</u>	<u>£ 368,361</u>

In 2022 the amount of administration costs which related to restricted funds was £299,435.

<b>Governance costs</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total</b>	
	<b>£</b>	<b>£</b>	<b>2023</b>	<b>2022</b>
			<b>£</b>	<b>£</b>
Independent examination fees	2,850	-	2,850	2,100

In 2022 the amount of governance costs which related to restricted funds was £Nil.

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**7. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Depreciation - owned assets	6,074	6,538
Independent examiners' fees	2,850	2,100
Other accountancy/payroll fees	1,080	1,080

**8. TRUSTEES' REMUNERATION AND BENEFITS**

There were no Trustees' remuneration or other benefits for the year ended 31 March 2023 (2022: Nil).

**Trustees' expenses**

There were no Trustees' expenses paid for in the year ended 31 March 2023 (2022: Nil).

**9. STAFF COSTS**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Wages and salaries	279,624	261,464
Pension costs	14,576	9,936
Employers National Insurance	11,997	9,725
	<hr/> £306,197 <hr/>	<hr/> £281,125 <hr/>

The average monthly number of employees during the year was as follows:

	<b>2023</b>	<b>2022</b>
Employees (FTE)	<hr/> 10 <hr/>	<hr/> 10 <hr/>

No employees received emoluments in excess of £60,000.

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	2021 £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations, legacies and grants	58,271	353,910	412,181	391,810
Other charitable activities	1,300	-	1,300	1,090
Investment income	845	-	845	626
<b>TOTAL INCOME</b>	<b>60,416</b>	<b>353,910</b>	<b>414,326</b>	<b>393,526</b>
<b>EXPENDITURE ON</b>				
Raising funds	4,194	-	<b>4,194</b>	2,835
Charitable activities	69,835	300,626	<b>370,461</b>	306,881
<b>TOTAL EXPENDITURE</b>	<b>74,029</b>	<b>300,626</b>	<b>374,655</b>	<b>309,716</b>
<b>NET (EXPENDITURE)/INCOME</b>	<b>(13,613)</b>	<b>53,284</b>	<b>39,671</b>	<b>83,810</b>
Total funds brought forward	128,365	35,219	<b>163,584</b>	79,774
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>£ 114,752</b>	<b>£ 88,503</b>	<b>£ 203,255</b>	<b>£ 163,584</b>

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**11. TANGIBLE FIXED ASSETS**

	Refurbish	Computer equipment £	Total £
Cost:			
At 1 April 2022	6,246	26,153	32,399
Additions	-	1,801	1,801
	<hr/>	<hr/>	<hr/>
At 31 March 2023	6,246	27,954	34,200
	<hr/>	<hr/>	<hr/>
Depreciation:			
At 1 April 2022	6,246	14,906	21,152
Charge for the year	-	6,074	6,074
	<hr/>	<hr/>	<hr/>
At 31 March 2023	6,246	20,980	27,226
	<hr/>	<hr/>	<hr/>
Net book values:			
At 31 March 2023	£ -	£ 6,974	6,974
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
At 31 March 2022	£ -	£ 11,247	£ 11,247
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

**12. DEBTORS**

	2023 £	2022 £
Debtors	40,246	-
Prepayments and accrued income	7,026	4,504
	<hr/>	<hr/>
	£ 47,272	£ 4,504
	<hr/> <hr/>	<hr/> <hr/>

**13. CREDITORS amounts falling due within one year**

	2023 £	2022 £
Trade creditors	7,636	2,470
Social security and other taxes	4,059	5,203
Accrued expenses and deferred income	7,694	9,449
	<hr/>	<hr/>
	£ 19,389	£ 17,122
	<hr/> <hr/>	<hr/> <hr/>

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

<b>14. MOVEMENT IN FUNDS</b>	<b>Balance b/f at 01/04/2022 £</b>	<b>Incoming Resources £</b>	<b>Resourced Expenditure £</b>	<b>Transfers Between Funds £</b>	<b>Balance c/f at 31/03/2023 £</b>
<b>Unrestricted funds</b>					
General funds	94,752	46,774	(34,191)	-	107,335
Designated funds	20,000	-	-	-	20,000
	<u>114,752</u>	<u>46,774</u>	<u>(34,191)</u>	<u>-</u>	<u>127,335</u>
<b>Restricted funds</b>					
The National Lottery Community Fund	26,638	49,798	(32,366)	-	44,070
Office of Police, Fire, Crime Commissioner (OPFCC)	41,947	136,714	(99,137)	-	79,524
OPFCC, EMDR and Trauma Therapy	-	34,035	(34,035)	-	-
Lloyds Bank Foundation Ryedale Projec	8,768	25,000	(27,833)	-	5,935
Rape Support Ministry of Justice	785	100,800	(101,365)	-	220
Ministry of Justice COVID Recovery	-	65,426	(65,426)	-	-
The Purey Cust Trust	-	11,172	(3,902)	-	7,270
Duke of Devonshire Charitable Trust	4,601	-	(4,601)	-	-
East Riding Project	5,764	3,000	(8,659)	-	105
	<u>88,503</u>	<u>425,945</u>	<u>(377,324)</u>	<u>-</u>	<u>137,124</u>
<b>Total funds</b>	<u>£ 203,255</u>	<u>£ 472,719</u>	<u>(£ 411,515)</u>	<u>£ -</u>	<u>£ 264,459</u>
<b>Comparatives for movement in funds</b>	<b>Balance b/f at 01/04/2021 £</b>	<b>Incoming Resources £</b>	<b>Resourced Expenditure £</b>	<b>Transfers Between Funds £</b>	<b>Balance c/f at 31/03/2022 £</b>
<b>Unrestricted funds</b>					
General funds	108,365	60,416	(74,029)	-	94,752
Designated funds	20,000	-	-	-	20,000
	<u>£128,365</u>	<u>£60,416</u>	<u>(£ 74,029)</u>	<u>£ -</u>	<u>£114,752</u>
<b>Restricted funds</b>					
The National Lottery Community Fund	-	26,958	(320)	-	26,638
Office of Police, Fire, Crime Commissioner (OPFCC)	15,871	117,674	(91,598)	-	41,947
OPFCC and NHS	-	21,112	(21,112)	-	-
Two Ridings Tampon Tax Fund	8,322	-	(8,322)	-	-
Lloyds Bank Foundation - Covid	2,437	-	(2,437)	-	-
Lloyds Bank Foundation Ryedale Projec	3,398	33,220	(27,850)	-	8,768
Rape Support Ministry of Justice	-	91,754	(90,969)	-	785
Ministry of Justice COVID Recovery	1,191	45,877	(47,068)	-	-
The Purey Cust Trust	4,000	-	(4,000)	-	-
Duke of Devonshire Charitable Trust	-	9,815	(5,214)	-	4,601
East Riding Project	-	7,500	(1,736)	-	5,764
	<u>35,219</u>	<u>353,910</u>	<u>(300,626)</u>	<u>-</u>	<u>88,503</u>
<b>Total funds</b>	<u>£ 163,584</u>	<u>£ 414,326</u>	<u>(£ 374,655)</u>	<u>£ -</u>	<u>£ 203,255</u>

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)  
NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**15. Details of Funds Held**

**Unrestricted funds**

The general fund is unrestricted and available for general purposes.

**Designated funds**

Designated for planned closure costs and redundancies.

**Restricted funds**

The restricted funds are only available for the purposes specified for each fund:

**The National Lottery Community Fund**

Developing income streams to help even more survivors thrive.

**Office of Police, Fire, Crime Commissioner (OPFCC)**

Counselling/Talking Therapies services for identified victims of crime.

**OPFCC, EMDR and Trauma Therapy**

To support more survivors with EMDR and trauma therapy services.

**OPFCC and NHS**

Additional salary costs to provide counselling services to the increased number of clients who contacted *Survive* during lockdown.

**Two Ridings Tampon Tax Fund**

Tampon Tax community fund project to support women and girls to build skills and confidence, improve health and wellbeing and build social networks.

**Lloyds Bank Foundation - COVID**

Purchase of mobile phones to facilitate remote working; recruitment and training of volunteers to relaunch Helpline; extra cost incurred due to Covid.

**Lloyds Bank Foundation Ryedale Project**

Provision of support work services

**Rape Support Ministry of Justice**

Ministry of Justice Rape Support Fund for delivery of services for survivors of rape, sexual assault and Child Sexual Abuse

**Ministry of Justice COVID Recovery**

Additional salary costs; staff training courses; purchase of additional equipment to facilitate remote working.

**The Purey Cust Trust**

To help *Survive* work towards delivering services differently to enable more survivors to access support and counselling more quickly.

**Duke of Devonshire Charitable Trust**

Provision of counselling, support work, monitoring and evaluation, clinical supervision and equipment.

**East Riding Project**

Provision of counselling and support work for those living in YO41, YO42, YO43 postcodes.

**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023 - continued**

**16. ANALYSIS OF FUNDS**

	<b>Tangible fixed assets £</b>	<b>Current assets £</b>	<b>Current liabilities £</b>	<b>Total £</b>
<b><i>Current Year</i></b>				
Unrestricted funds	5,623	141,101	(19,389)	127,335
Restricted funds	1,351	135,773	-	137,124
	<u>£6,974</u>	<u>£276,874</u>	<u>(£ 19,389)</u>	<u>£264,459</u>
<b><i>Prior Year</i></b>				
Unrestricted funds	11,247	120,627	(17,122)	114,752
Restricted funds	-	88,503	-	88,503
	<u>£11,247</u>	<u>£209,130</u>	<u>(£ 17,122)</u>	<u>£203,255</u>

**17. RELATED PARTY DISCLOSURES**

There have been no transactions with related parties in the current year.

The following pages do not form part of the statutory accounts.



**SURVIVE (SUPPORT FOR SURVIVORS OF RAPE AND SEXUAL ABUSE)**  
**DETAILED INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31 MARCH 2023**

	<b>2023</b>		<b>2022</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>INCOME</b>				
Donations and legacies	467,466		412,181	
Helplines and counselling	3,536		1,300	
		471,002		413,481
<b>Investment Income</b>				
Interest received	1,717		845	
		1,717		845
<b>Total incoming resources</b>		<b>472,719</b>		<b>414,326</b>
<b>EXPENDITURE</b>				
<b>Raising donations and legacies</b>				
Wages	6,672		4,194	
<b>Support costs</b>				
Administration:				
Wages	299,525		276,931	
Staff training and travel expenses	3,017		8,888	
Supervision	12,606		4,047	
Rent and room hire	23,032		17,548	
Utilities and cleaning	5,387		4,328	
Web hosting and IT support	5,430		14,451	
Office costs	7,772		7,283	
Subscriptions	2,521		1,189	
Repairs and maintenance	434		641	
Health and wellbeing	1,894		945	
Sessional counselling	-		2,218	
External facilitators	20,970		14,680	
Payroll charges	1,080		1,080	
Bank charges	72		118	
Advertising and web development	2,808		3,083	
Insurance	3,222		2,872	
Independent examination	2,850		2,100	
Recruitment costs	2,186		1,388	
Professional fees	3,963		133	
Depreciation	6,074		6,538	
<b>Total expenditure</b>		<b>411,515</b>		<b>374,655</b>
<b>Net Income</b>		<b>£61,204</b>		<b>£39,671</b>