



Life Education East Midlands Limited

(A company limited by guarantee)

Report and Unaudited Financial Statements

Year ending 31 March 2024

Charity number: 1067601
Company number: 3207842

Life Education East Midlands Limited

Report of the trustees

for the year ending 31 March 2024

The trustees present their annual report together with the unaudited financial statements for the year ending 31 March 2024 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and the charities Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; FRS 102) issued in October 2019.

Chair's report

The management team met ten times during the year to report on and guide the work of the charity.

The trustees also met on four occasions during the year.

I am pleased to report that 2023-24 was our best year yet for charity growth, after completing a full year of delivering our programmes to children throughout Nottinghamshire, Derbyshire, Lincolnshire, Leicestershire, and Northamptonshire.

Our educator and team manager, Liza Varney, along with school booking officers Carolyn Sandy and James Varney, worked hard to recruit new schools within our licensed area. We added ninety-five new direct delivery schools this year: fifty-three funded by the Sexual Assault and Abuse Services Strategy (SAAS) contract with The Police, Fire and Crime Commissioner for Northamptonshire (PFCC), and forty-two new fee-paying schools. Additionally, SCARF standalone schools increased from fifty-six last year to seventy this year, bringing in much-needed income.

Under Liza's guidance, our expanded team of educators worked tirelessly to integrate seamlessly in a brilliant and professional manner. With the inclusion of Leicestershire and Northamptonshire, we successfully delivered our programmes to over 58,310 children throughout the year, steadily growing stronger.

Our presence on social media platforms continues to grow within our licensed area. Many thanks to James.

The combination of Nottinghamshire, Northamptonshire, and Leicestershire trusts now functions well as one organisation, supporting each other. This has elevated our charity to the third-largest in the network of Life Education trusts.

The PFCC SAAS contract significantly contributed to the rise in the number of schools visited, reaching 290.

Life Education East Midlands Limited

Report of the trustees (continued)

for the year ending 31 March 2024

Our thanks go to Senior Educator Pamela Jennings and our newly trained Educator Sophie Smart. Sophie completed her training and qualified in May, enabling the charity to deliver the PFCC SAAS contract in Northamptonshire.

I am grateful to our trustee treasurer Mathew Phillips, he produces monthly financial reports, from which we can see exactly how we are proceeding with our aims of becoming self-sufficient in the long term. In addition, Matthew provides excellent advice to ensure we continue to go from strength to strength. Matthew has helped in so many ways, I am so grateful to have him as a trustee. Thank you Matthew for your sterling work.

I am pleased to report that, following our advertisement on REACH Volunteering, we have appointed Wayne Kitchener as a trustee, effective at the end of the year. Wayne has joined us with the intention of succeeding me as chair, a role I have held for 30 years, as part of our ongoing succession planning.

Sue Archer and her team of excellent tutors have continued to provide exceptional results, receiving excellent appraisals from our funders: Nottingham City Council in the city of Nottingham and Inspire for the County. Thank you all for your inspirational work, and to our funders for their continued support.

It is a privilege and an honour to have served this charity for so many years. I am proud of what we have achieved so far, and in my final years of being your chairman, I will continue to work hard to reach our aims and objectives, striving for sustainability, so that more and more children in our region can benefit from our workshops and resources.

Finally, I would like to thank all our staff and our trustees for the support and hard work that has enabled the charity to provide much needed health education throughout the East Midlands and I look forward to working with you all in the coming year.

S C Kitch
Chair

Life Education East Midlands Limited

Report of the trustees (continued)

for the year ending 31 March 2024

Our purposes and activities

The purposes of the charity are:

- to advance the education of children and young people, particularly in respect of the dangers of drugs and addictive materials and substances, primarily by videos and other forms of audio visual material and publications and by using any other means of dissemination and communication of educational material and information;
- to promote and protect the physical and mental health of the public with special reference to children and young people; and
- to provide comfort, care and counselling for the public with special reference to children and young people affected or suffering from illness, disease or sickness with particular regard to conditions consequent upon drug and alcohol abuse and similar social problems.

In all cases in the area and surrounding areas of Nottinghamshire, Derbyshire, Lincolnshire, Northamptonshire and Leicestershire.

The main activities undertaken in relation to these purposes are:

- providing specialist programmes to schools relating to the purposes of the charity;
- delivering family learning courses for parents, grandparents and carers.

The trustees consider that the charity's activities during the year satisfy the Charity Commission's guidance on public benefit.

Achievements and performance

In the year ending 31 March 2024, the charity delivered programmes to 259 (2023: 177) participating primary schools in the East Midlands and surrounding areas reaching 55,986 (2023: 35,720) young people between ages 3 and 11. Programmes delivered include SCARF Live online, Health & Wellbeing (Life Base & Life Space), Mental Wellbeing, RSE and BCyberwise to total 522 (2023: 360) school days.

Delivery of courses for parents has increased with a mixture of online delivery and face to face in schools. This has been done by gaining funds from the Education and Skills Funding Agency through Nottingham City Council and Nottinghamshire County Council. The funding awarded is the result of a rigorous commissioning procedure through Inspire Learning for Nottinghamshire County and Community and Family Learning for Nottingham City Council.

Life Education East Midlands Limited

Report of the trustees (continued)

for the year ending 31 March 2024

We are pleased to have delivered 67 (2023: 87) courses, working with 399 (2023: 493) adults.

Financial review

The net assets of the charity at 31 March 2024 were 203,651 (2023: £221,508). The trustees are satisfied that the charity's assets are available and adequate to fulfil its obligations in relation to its funds.

Reserves policy

The charity aims to have 6 months' expenditure, equating to £182,722, in reserves to ensure the continuation of the charity. This level of reserves has been achieved.

Reference and administrative details

Registered name: Life Education East Midlands Limited
Charity number: 1067601
Company number: 03207842
Registered office: 128 Ramsey Drive
Arnold
Nottingham
Nottinghamshire
NG5 6SD

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law. The trustees and officers serving during the year and since the year end were as follows:

S C Kitch	Chair
W A Banner	
A D Gamble	Secretary
S A Archer	
C M Litowczuk	
M A R Phillips	
P Bain	(resigned 28 October 2024)
S Buller	(resigned 31 July 2024)
R J Roberts	(resigned 8 October 2024)
D Brown	
R McDermott	(resigned 21 October 2024)
J G Sinclair	(resigned 7 October 2024)
W Kitchener	(appointed 28 March 2024)

Life Education East Midlands Limited

Report of the trustees (continued)

for the year ending 31 March 2024

Structure, governance and management

Governing document

Life Education East Midlands Limited is a company limited by guarantee governed by its Memorandum and Articles of Association adopted on 5 June 1996, as amended on 9 March 2022, 12 May 2022 and 28 March 2024. It is registered as a charity with the Charity Commission. Anyone over the age of 18 can become a member of the Company and there are currently 8 members (12 in 2023), each of whom agrees to contribute £1 in the event of the charity winding up.

Appointment of trustees

As set out in the Articles of Association, at every annual general meeting, one-third (or the number nearest to one-third) of the trustees retires from office by rotation. Those trustees due to retire by rotation are those who have been longest in office since their last appointment or reappointment. Trustees retiring by rotation are eligible for re-election. New trustees may be appointed by ordinary resolution on the recommendation of existing trustees.

Trustees' responsibilities in relation to the financial statements

The trustees (who are also the directors of Life Education East Midlands Limited for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

Life Education East Midlands Limited

Report of the trustees (continued)

for the year ending 31 March 2024

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

Approved by the trustees on 20 November 2024 and signed on their behalf by:



S C Kitch

Chair

Life Education East Midlands Limited

Independent examiner's report to the trustees

for the year ending 31 March 2024

I report to the trustees on my examination of the accounts of Life Education East Midlands Limited ("the charity") for the year ending 31 March 2024.

Responsibilities and basis of report

As the charity's trustees (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Katherine Threadgold, ACMA, CGMA

Independent examiner

Date: 27.11.2024

K.M.Threadgold

Address: 16 Cormorant Road
Ruddington
Nottingham
NG11 6RW

Life Education East Midlands Limited

Statement of financial activities (including income and expenditure accounts)

for the year ending 31 March 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
	Notes				
Income from:					
Donations	3	6,897	-	6,897	100,202
Charitable activities	4	329,341	-	329,341	265,362
Investment income	5	2,735	-	2,735	720
Other income	6	8,613	-	8,613	474
Total income		347,586	-	347,586	366,758
Expenditure on:					
Charitable activities	7	365,443	-	365,443	298,635
Total expenditure		365,443	-	365,443	298,635
Net (expenditure)/income and net movement in funds		(17,857)	-	(17,857)	68,123
Reconciliation of funds:					
Total funds brought forward		220,055	1,453	221,508	153,385
Total funds carried forward		202,198	1,453	203,651	221,508

Life Education East Midlands Limited

Balance sheet

as at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets:			
Tangible assets	11	12,752	16,368
Total fixed assets		12,752	16,368
Current assets:			
Debtors	12	60,592	71,371
Cash at bank		178,374	172,047
Total current assets		238,966	243,418
Liabilities:			
Creditors: Amounts falling due within one year	13	48,067	38,278
Net current assets		190,899	205,140
Total assets less current liabilities		203,651	221,508
Total net assets		203,651	221,508
The funds of the charity:			
Restricted funds		1,453	1,453
Unrestricted funds		202,198	220,055
Total charity funds	15	203,651	221,508

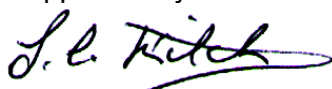
The company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

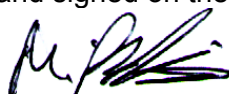
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime.

Approved by the trustees on 20 November 2024 and signed on their behalf by:


S C Kitch
Chair


M A R Phillips
Treasurer

Life Education East Midlands Limited

Notes on the accounts

1 Accounting policies

Basis of preparation

The accounts have been prepared in accordance with the Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Companies Act 2006. The charity constitutes a public benefit entity as defined by FRS 102.

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably. The following specific policies are applied to particular categories of income:

- Income from donations and grants is recognised when receivable and the amount can be measured reliably by the charity.
- Income from charitable activities is recognised once the charity has provided the related goods or services or met the performance related conditions.
- Interest income is recognised when receipt is probable and the amount receivable can be measured reliably.

Life Education East Midlands Limited

Notes on the accounts (continued)

Expenditure

Liabilities are recognised as expenditure where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Individual fixed assets costing £1,500 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Asset category	Useful economic life
Life space	5 years

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Life Education East Midlands Limited

Notes on the accounts (continued)

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions

Employees of the charity are entitled to join a defined contribution scheme. The charity contribution is restricted to the contributions disclosed in note 8. The defined contribution scheme is independently administered. The charity has no liability beyond making its contributions and paying across the deductions for the employee's contributions.

2 Legal status

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

3 Income from donations

	2024	2023
	£	£
Donations and gifts	6,897	7,990
Charity combinations	-	92,212
Total	6,897	100,202

In 2024 of the income from donations, £nil (2023: £1,453) was attributable to restricted funds. The charity combinations income comprises the transfer of funds from Life Education Centres Northamptonshire Ltd (£89,784) on 1 April 2022 and Leicestershire Life Education Centres Trust Company Ltd (£2,428) on 1 August 2022.

4 Income from charitable activities

	Unrestricted funds	Unrestricted funds
	2024	2023
	£	£
School programmes ¹	231,442	163,161
Family learning programmes ²	97,899	102,201
Total	329,341	265,362

1 Includes Sexual Assault and Abuse Services Strategy (SAAS) Programme Funding awarded by The Police, Fire and Crime Commissioner for Northamptonshire of £84,600 (2023: £35,800).

2 Funds awarded by the Education and Skills Funding Agency.

Life Education East Midlands Limited

Notes on the accounts (continued)

5 Investment income

All of the investment income of £2,735 (2023: £720) arises from money held in interest bearing deposit accounts.

6 Other income

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Sundry income	8,613	474
Total	8,613	474

7 Expenditure on charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Staff costs (note 8)	288,831	232,729
Office, travel and other expenses	31,804	27,392
Insurance	3,932	3,332
Licence fees	12,927	12,307
Direct Parenting costs	24,333	21,163
Depreciation	3,616	1,712
Total	365,443	298,635

8 Staff costs

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Wages and salaries	263,856	215,433
Social security costs	16,821	10,833
Pensions (defined contribution scheme)	8,154	6,463
Total	288,831	232,729

No employees had employee benefits in excess of £60,000 (2023: none).

The trustees were not paid or received any other benefits from employment in the year (2023: £nil) neither were they reimbursed expenses during the year (2023: £nil).

Life Education East Midlands Limited

Notes on the accounts (continued)

No trustee received payment for professional or other services supplied to the charity (2023: £nil).

9 Staff numbers

The average monthly head count during the year was 12 staff (2023: 10).

10 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Tangible assets

	Equipment £	Total £
Cost		
At 1 April 2023	18,080	18,080
Additions	-	-
Disposals	-	-
At 31 March 2024	18,080	18,080
Depreciation		
At 1 April 2023	1,712	1,712
Charge for the year	3,616	3,616
Disposals	-	-
At 31 March 2024	5,328	5,328
Net book value		
At 1 April 2023	16,368	16,368
At 31 March 2024	12,752	12,752

12 Debtors

	2024 £	2023 £
Trade debtors	48,295	27,975
Other debtors	310	-
Prepayments and accrued income	11,987	43,396
Total	60,592	71,371

Life Education East Midlands Limited

Notes on the accounts (continued)

13 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	8,152	3,538
Accruals and deferred income	20,678	21,383
Taxation and social security	19,237	13,357
Total	48,067	38,278

14 Deferred income

Deferred income arises when we have an obligation to transfer future goods or services to a customer for which we have received consideration.

	2024	2023
	£	£
Balance as at 1 April	19,200	9,822
Amount released to income	(19,200)	(9,822)
Amount deferred in year	20,631	19,200
Balance as at 31 March	20,631	19,200

15 Analysis of charitable funds

Unrestricted funds

	Balance at 1 April 2023	Income	Expenditure	Transfers	Balance at 31 March 2024
	£	£	£	£	£
General	220,055	347,586	(365,443)	-	202,198
Total	220,055	347,586	(365,443)	-	202,198

Restricted funds

	Balance at 1 April 2023	Income	Expenditure	Transfers	Balance at 31 March 2024
	£	£	£	£	£
Ashby	1,132	-	-	-	1,132
Melton	321	-	-	-	321
Total	1,453	-	-	-	1,453

Name of restricted fund	Description, nature and purposes of the fund
Ashby	To subsidise Ashby Schools
Melton	To subsidise Melton Schools

Life Education East Midlands Limited

Notes on the accounts (continued)

16 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Fixed assets	12,752	-	12,752
Current assets	237,513	1,453	238,966
Current liabilities	(48,067)	-	(48,067)
Total	202,198	1,453	203,651

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Fixed assets	16,368	-	16,368
Current assets	241,965	1,453	243,418
Current liabilities	(38,278)	-	(38,278)
Total	220,055	1,453	221,508