

EAST LONDON OUT PROJECT
ANNUAL REPORT & ACCOUNTS
YEAR ENDED 31ST MARCH 2022

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

Chair's Report

This annual report provides information of what we have been doing this year and our future plans as we move forward. I, on behalf of the Board, would like to thank all those who have supported the work of the organisation as staff, volunteers and supporters; we could not achieve what we do without you. This year we have still been impacted by the effects of the Covid-19 pandemic and had differing levels of restrictions in place over the course of the year. We had to make the difficult decision to remain online-only due to the poor ventilation in our current premise and the need to keep service disruption to a minimum. Continuing online has not always been easy: we are aware that for some users, volunteers and staff returning to face-to-face provision while maintaining some online support would have been beneficial. This has meant that as part of our Covid Recovery journey we have reviewed our premise needs, following on from a Covid risk assessment of our premises undertaken last year. We have reviewed the viability of returning to our current premises and concluded that moving to new premises will provide greater sustainability in the long term with improved lease conditions that would be advantageous for the organisation. This has led us to establish a property reserve fund, which will allow us to resource our relocation in the next financial year.

We have seen the impact of Covid-19 on the mental health of our community, and the demand for our services has never been greater. We thank our staff, volunteers, funders and other supporters who have enabled us to continue to provide these vital services. We have seen continued and increased demand for our services, and the daily stories of those using our services continues to give testament to the fact that our work is not yet done. The political climate for our community has been a tough one over the past year which has had an emotional impact on many. As a result, elop has become more involved in campaigning, including joining other organisations in our demand for a complete ban on Conversion Therapy. As a mental health organisation we are only too aware of the devastating impact of allowing any conversion practices to continue.

During this year our staff team increased in number slightly: we were able to participate in the Queer KickStart scheme and had an administrative assistant for 6 months, and welcomed back our Head of Business Development, Operations and Comms post for 4 months. We were forced to postpone our birthday celebrations again, and our fundraising events were impacted by remaining online. We continued to focus most of our efforts on charitable trusts and foundation applications whilst undertaking three online fundraising activities during the year. As these accounts show, we have been successful in securing new funding and in achieving higher rates of individual donations. We received approval from the Charity Commission on our amended articles and our constitution now reflects that we are a trans-inclusive organisation – as our service delivery has been.

We have continued to work over the last year to ensure that the organisation is able to meet the demand for our services, and to consolidate our sustainability.

Sarah Humphreys - Chair of Board of Trustees.

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Report of the Trustees for the Year Ended March 2022

The directors are pleased to present their Annual Report with the financial statements of East London Out Project (elop) for the year ending 31 March 2022. The statements appear in the format required by the Statement of Recommended Practice for Accounting and Reporting by Charities (revised March 2005). The report and statements also comply with the Companies Act 2006 as elop was incorporated by guarantee on 14 April 1997. It has no share capital and is a registered charity. The guarantee of each member is limited to £1. The governing document is the Memorandum and Articles of Association of the company and members of the Board of Trustees are the Directors of the Company.

Reference and administrative details

Charity Number:	1067474
Company Number:	03355423
Address:	56-60 Grove Road, Walthamstow, London E17 9BN
Accountants:	William Price & Co Audit Ltd Suite 9 Westbury Court, Church Rd, Bristol BS9 3EF
Bankers:	Co-operative Bank PO Box 101, 1 Balloon Street, Manchester M60 4EP
Solicitor:	Russell-Cooke Solicitors 2 Putney Hill, London SW15 6AB

Members of the Board of Trustees who are Directors for the purpose of company law and Trustees for the purposes of charity law, who served during the year and up to the date of this report are:

Sarah Humphreys: (Chair)
David Pearson: (Treasurer)
Victoria Fox (Vice Chair)
Susan Baines
Lewis Allett – (Fundraising Committee Lead)
Suzanne Timmons (resigned 24th January 2022)
Lee Mavue Patrontasch (resigned 24th October 2022)
Matthew Davies – (appointed 24th October 2022)

Company Secretary and Chief Executive: Teresa Sharpe

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Structure, Governance and Management

The directors of the charitable company (the charity) are its trustees for the purposes of charity law and throughout this report are collectively referred to as the trustees.

The Board of elop also constitutes the membership of the charity. The Board has a number of mechanisms in place to consult with key stakeholders - including staff, volunteers and service users - to inform its work and decision-making. As set out in elop's Articles of Association, trustees are elected annually at the Annual General Meeting. The trustees have the power to co-opt further members. When considering trustees for election or co-option, the Board has a process for recruiting and selecting Board members with the appropriate skills necessary to govern and strategically lead. Board recruitment is reviewed annually and additionally where needed. Trustees are recruited through open recruitment and appointed based upon their skills and experience, according to the prevailing needs and aspirations of the Board and organisation. Trustees are appointed for a minimum two year period, with no limit on the number of times a trustee can stand for re-election if this is in the organisation's best interest. Towards the end of the year one trustee resigned leaving us with 6 trustees at the end of the financial year. We are actively recruiting for the last two spaces on the board and have revised our application pack. We are recruiting for trustees with experience in donor, corporate and or events fundraising and in strategic planning. We are keen to diversify our board and have looked for new ways of advertising our existing trustee vacancies.

All new trustees take part in the organisation's induction training, and are provided with further support and training to brief them on their legal obligations under charity and company law. All Trustees are provided with the company's Memorandum and Articles of Association and information about the Board, the organisation's decision-making structures and prevailing issues facing the organisation. All trustees are offered the opportunity to undertake external training in relation to their role. A Board Management Charter, signed by all trustees upon co-option and election, sets out how the Board will work together and the commitment expected. This Charter is reviewed on an annual basis. Peer buddying is available for Trustees who require this. Full Board meetings are held at a minimum of four times a year, along with two strategic planning days, in addition to other strategic meetings, subcommittees or task and finishing groups as required. This year we have had groups focused on fundraising, and a Business Management group.

elop's Board holds overall responsibility for the organisation's strategic direction and policy development. Responsibility for strategic implementation and the operational running of the organisation is delegated to the Chief Executive Officer, who reports directly to the Board via Board meetings. The Board's work programme for the year is overseen by the Chair and reviewed at Board meetings and the work is carried out by individual Board members. The Board holds responsibility for reviewing key areas of financial activity and policy and holds overall responsibility for the organisation's financial position and procedures.

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Public Benefit

The trustees, in exercising their powers and duties, have complied with their duty under Section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission. In preparing the report and accounts the trustees have complied with the requirements set out in relation to the requirement to report on public benefit and have reported on the significant activities and achievements of the charity in 2021/22. They have reported in a way that both sets out the aims and strategies of the charity and demonstrates how the aims and activities of the charity were carried out for the public benefit.

Risk Management

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that systems are in place to mitigate the charity's exposure to the major risks.

Risk assessment remains a standing item on each Board meeting agenda, to ensure that risks are identified and discussed at Board level. Risks are identified through a number of routes including output from Management Board, via staff Senior Management Team meetings and the annual planning cycle. Risks are recorded in the minutes of each meeting along with the steps required to mitigate each risk.

The Board and staff members continue to work hard to respond to the financial risks the organisation faces in the current climate of intermittent Covid-19 restrictions as well as more general economic challenges and the impact this is expected to have on the charity sector. We have shown over the past two years that we have been able to fundraise online effectively, and going forward we will adopt a hybrid approach with some online campaigns in addition to face-to-face events

The Board are pleased that they have been able to increase the organisation's reserves again, and that we have continued to achieve the goal of meeting the organisation's reserve policy of 3-6 months of core funding at any one time. We recognise that as income and expenditure increases there continues to be a need to increase the reserves held by the organisation. In light of our decision to move premises we have increased our property reserve to be able to meet the relocation and refurbishment costs this will entail without this impacting on our ordinary reserve policy.

Related parties

elop continues to work collaboratively with several other agencies and service providers to advance awareness of the needs and issues of our service user groups, and share best practice. This includes running occasional joint activities and working as part of wider alliances, such as the National LGBT Partnership, and this year we have successfully received funding for three years to continue our partnership work with London Friend and LGBT Hero. We are also involved in a local equalities partnership in Tower Hamlets.

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Objectives and activities

The principal objectives for which the company is formed are, by charitable means, to

-preserve and promote mental health and well-being of members of LGBT communities, in particular by:

-the provision of counselling, support, information and advice services; and

-raising awareness of mental health and well-being issues affecting members of LGBT communities.

Review of activities and impact

elop provides support and direct services to up to 200 people a week. While we mainly provided these services online during the year, we also provided face-to-face support for our groups where possible. Despite the challenges of the year we have been able to grow our services, and to secure continued funding for services such as our befriending support. We have also continued to provide a range of consultation, training, representation and awareness-raising initiatives to advocate and provide an LGBT+ voice. In addition to this, during this year we have been able to establish dedicated support for LBT+ women who have experienced domestic abuse and sexual violence.

Last year we said we would continue to enhance the Board's capacity by recruiting to the final space on the board. We were not able to find someone with the relevant skills to support our fundraising work in seeking donations through individual donors and events fundraising, and we are continuing recruitment for this role. We have started to look for premises, having established a greater understanding of the space we need, and are now actively searching and visiting potential premises. During the summer months we ran a number of face-to-face activities for groups: both outside and, for our youth groups, in hired space. This new work has included supporting mental health through physical activity for gay, bisexual and trans men by starting a weekly dance class at the end of the year.

We have continued to apply to new trusts and foundations, and have been successful in securing new funding for this year as well as for 2022-23 onwards. We have continued to diversify our funding streams and have been successful in growing our reserves, building some resilience for the organisation and the tough climate that charities face following the Covid-19 pandemic.

Counselling services

In 2021-2022 we experienced continued growth in referrals to our counselling services. Q1 alone saw an increase of 74% referrals on the same period in the previous year, and by the end of the year we had received 531 referrals. The service has for the most part remained online, however through help from Positive East, some of our counsellors have been able to move to in-person working. This has been welcomed by those who made the transition, and we are very grateful to Positive East for their support.

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The counselling service main themes of stress, anxiety and depression were present, as was the wide-ranging impact of Covid-19 including loss of employment, opportunities, income, relationships and health. However, additional challenges were related to mental health concerns such as OCD, intrusive thoughts, suicidal thoughts and behaviours, self-harm behaviours, disordered eating and trauma. These were identified alongside internalised difficulties with low self-esteem, poor body image, shame, guilt, and self-acceptance, as well as wider lived experiences of historic or current abuse, cultural expectations, unhealthy relationships, racism, health issues, loss, and unhealthy family experiences.

It has been challenging this year to sustain capacity in the counselling team with some counsellors needing to take time out due to experience of burnout. Some counsellors were also impacted due to the changes in the BACP position to no longer allow online client hours during training, which meant that some were no longer able to continue their counselling placement at elop. Due to the increased demand on our services this year, we have continued to offer a service limited to a length of 14 sessions.

The service saw a new administrator join during the year when the previous administrator left and started a new clinical supervision group specifically for those working with couples and relationship clients. Over the course of the year 21 new counsellors joined the service. We supported 42 people within our relationship service and have continued to provide youth counselling for under 18s. We provided training for the counselling team which included assessment training, training on working with clients at risk of suicide, and trauma informed practice.

What those who have used our counselling services have had to say:

"Just a massive thank you for this brilliant service. It's been such a support and it's been really precious. Thanks"

"Getting a more accurate perception of my situation and the realisations helped me overcome my struggles, traumas and hang-ups."

"It has given me the space and time to discuss the things in my life that cause me pain. Talking about them has helped with my confidence and attitude towards myself."

"I have been able to have an understanding and openness to things that have happened in the past I had previously felt a lot of shame about. Also, having a better understanding of how my brain works and avenues to pursue so that I have better mental health."

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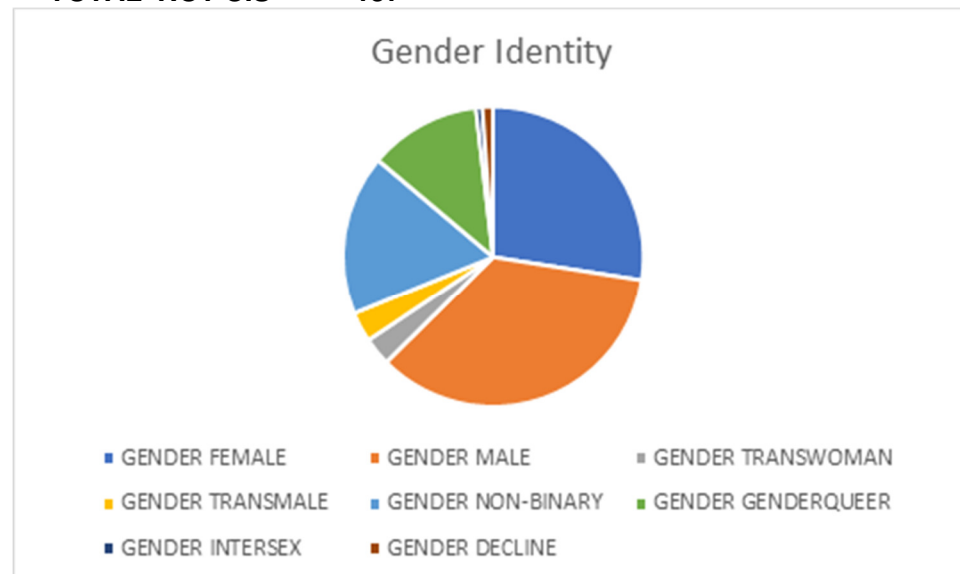
TRUSTEES' REPORT

Demographics

Gender identity

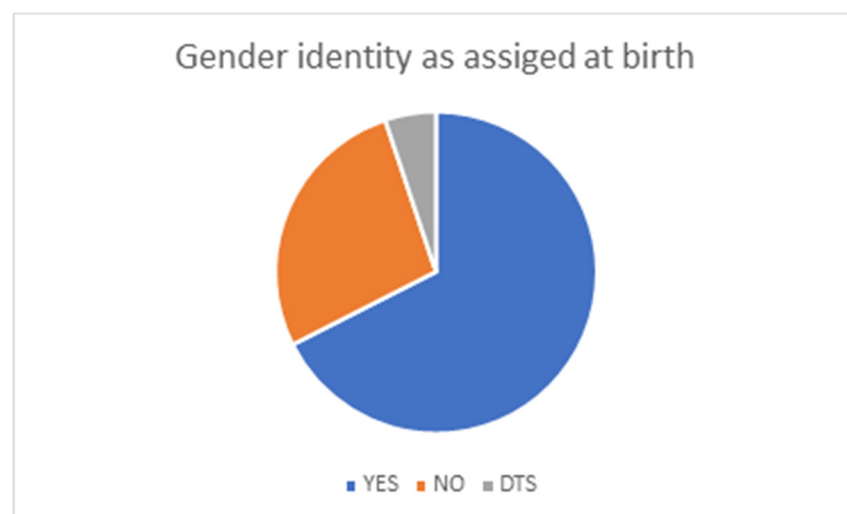
		TRANS WOMAN	TRANS MALE	NON- BINARY	GENDERQU EER	INTERSE X	DECLINE
FEMALE	MALE						
119	152	13	14	75	52	3	5

TOTAL NOT CIS 157



Gender same as assigned

YES	NO	Declined to state
302	122	23



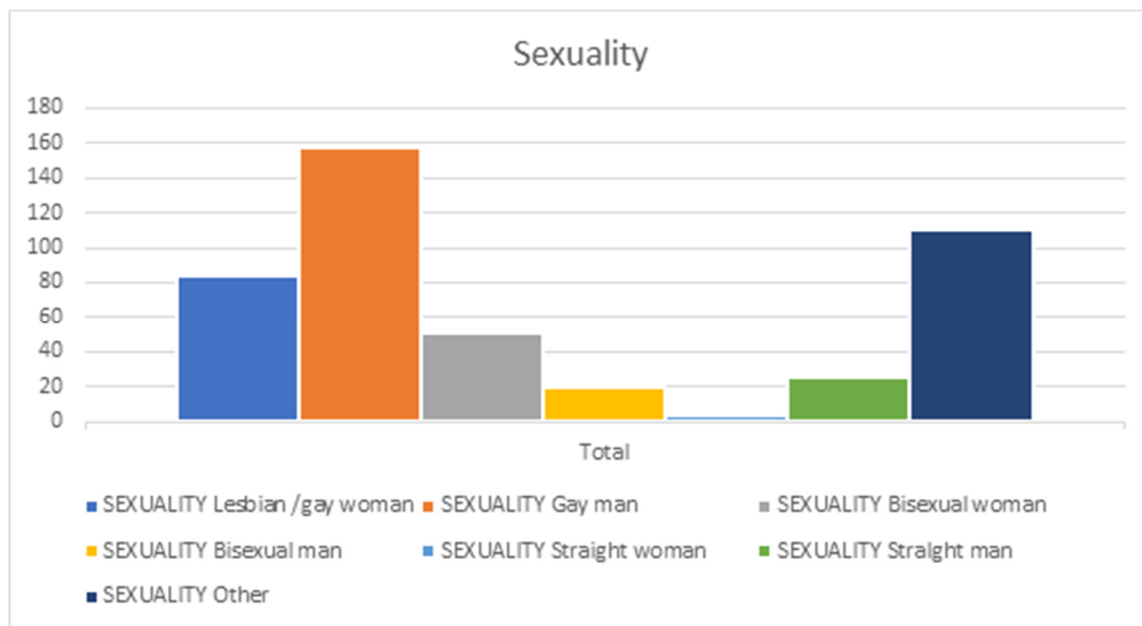
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Sexual Orientation

<i>Lesbian /gay woman</i>	<i>Gay man</i>	<i>Bisexual woman</i>	<i>Bisexual man</i>	<i>Straight woman</i>	<i>Straight man</i>	<i>Other</i>
84	157	51	20	4	25	110



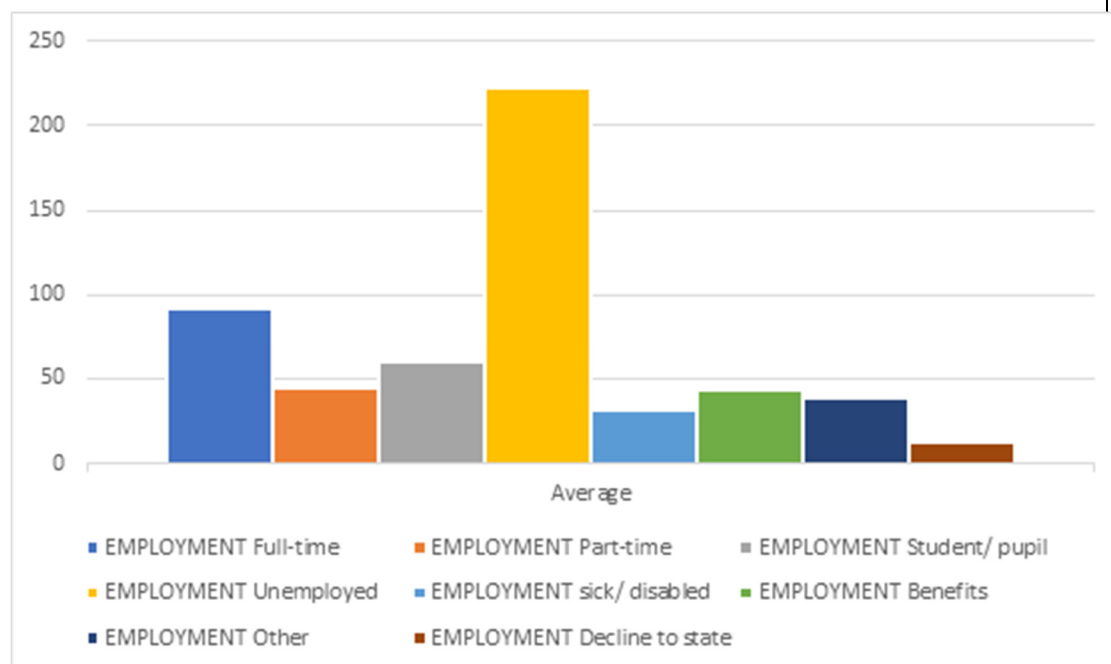
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Employment

Full-time	Part-time	Student/ pupil	Unemployed	sick/ disabled	Benefits	Other	Decline to state
92	44	60	222	32	43	38	12



Heads Out Service

During this year we have increased our Heads Out Service to also establish Reclaim. This is a group for LBT women who have experienced domestic violence and sexual abuse, which aims to help those women rebuild their lives. We have continuing providing both crisis prevention mental health plans, resilience plans and plans aimed at those who have experienced hate crimes or domestic abuse or sexual violence. We have continued our mental health awareness workshops, now called ReFocus. These are psycho-educational workshops where people can learn skills to manage different aspects of their mental health and have focused these on common responses to experiencing hate crimes. Heads Out also runs a weekly group, Recharge, focusing on providing group support for those with mental health concerns. This group has provided the opportunity for people to share their mental health experience and gain a network of support from others who have experienced mental distress. We have seen 160 people in this service.

Feedback from client after mental health plan:

The Heads Out service is a wonderful service. When I started Heads Out I was in complete crisis and I believe that regular talking therapy was not and would not have been at all as useful for me at that point as the practical aspects of the Heads Out programme. Sometimes I was frustrated with the approach of my Heads Out counsellor, but in hindsight it really helped – we focused on small and achievable but practical things that I can do to help me better manage my mental health. It was a very big factor in bringing me to a point where I was able to speak to a

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counsellor. The health plan which I was given at the end is very useful, beautiful and something I am very proud of. I think my Heads Out counsellor is really great and very talented and her thorough and methodical approach has really really helped me.

Feedback from client after mental health plan: *It was a real life-saver. I reached out to elop because I felt like I had cornered myself. I couldn't accept my identity and I kept torturing myself in attempts to change or deny my sexuality which was causing me severe depression. Thanks to the service provided by elop I managed to recognise which thought patterns or behaviours of mine were destructive and which were helpful. I also discovered that more people like me existed and I stopped feeling isolated or irreconcilably "different". elop gently guided me on a journey of self-discovery and self-acceptance for which I'm incredibly grateful. The sessions gave me the self-reassurance and courage to stop blaming and hating myself for who I am and instead to start allowing myself to dream about a potential relationship. Within less than two months of sessions I went from denial to acceptance and started making efforts to meet more queer people to stop feeling isolated. I even took the courage to start dating and had one really promising date. What progress! Thank you elop!*

Befriending

We ran our pilot peer befriending service until December 2021. For this we had recruited volunteer befrienders to undertake one-to-one befriending and then support the formation of small peer groups, enabling isolated people to gain a small network. We learnt a lot from undertaking this pilot and whilst good connections were made with befrienders we were less successful in establishing peer connections. We reviewed the pilot and relaunched the service with a new focus on supporting people to gain skills in connecting to others, and recruited volunteers to run befriending groups providing skills training within the group on establishing friendships. We have attracted three year funding for this work and in March 2022 the first of the new befriending groups was established.

Youth support services

This year we have continued our youth and family work, including a weekly 12-15s group and a weekly 15-18s group. This year there has been challenges with delivering work online to young people, and young people have been particularly affected by interruption to their everyday activities which has continued at different points during the year. We have continued to provide more individual mentoring work with young people. This support was focused on specific needs and was often practical in approach, such as activities to support coming out, social transitioning support and managing relationships with peers. Over the course of the year we received 47 referrals for the youth group or mentoring, and 9 specifically for counselling. We ran some face to face summer activities, both outside and in hired space.

Our online youth sessions provided a welcoming, safe space to meet new people, and share experiences. We ran a weekly online youth group for LGBT+ young people aged 12-15, attended by 17 young people. There were a total of 45 youth group sessions for this age group and we ran a weekly online youth group for LGBT+ young people aged 15-18 attended by 19 young people. There were a total of 45 youth group sessions for this age group. Sessions in the groups focused on dealing with homo/bi/trans-phobic bullying, coming out, identity, LGBT+ role models, coping

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with the pandemic, LGBT+ history etc. We have provided mentoring sessions for 19 young people and counselling for 13 young people. In addition the youth worker responded to professionals and parents looking for advice regarding LGBT+ young people, to ensure that their wider network was able to provide better support

We continue to support a disproportionately high number of young people with a range of disabilities and mental health concerns and looked after young people, with common issues including generalised anxiety, social anxiety, depression, suicidal thoughts, self-harm, low self-esteem and gender dysphoria. We work with young people who are involved in social care, either on child protection plans or children in need, also those who are using CAMHS and early help services. We also work with some young people who are care experienced. Referrals have come from: Parents/Foster carers, young people, Family therapist, Social Workers, School Counsellor, Family Support, CAMHS Neurodevelopmental Team, Teachers, designated safeguarding leads in schools and Colleges, AKT and Gender Intelligence.

A high proportion of group members identify as non-binary, gender fluid or trans.

The youth group acts a safe space for LGBTQ+ young people to build their confidence. Quite often young people might be shy in some aspects of their personality but outgoing in others. We design our sessions with this in mind and try to always give young people the chance to participate in a way that boosts their confidence. For example, one young person who is not willing to take their mask off on Zoom due to anxiety over their appearance is enabled each week to perform a song they have written. Another young person who finds it hard to participate verbally is enabled to present their drawings and sketches. These are small steps which allow them to build their confidence throughout the year.

Young people are encouraged to celebrate who they are and we always mark key dates in the LGBT+ calendar such as pride, LGBT+ history month, International Day Against Homophobia, Biphobia and Transphobia (IDAHOBIT) etc. We also work towards challenging negative views held towards our community. For example, in one session we focused on different negative LGBT+ stereotypes and each young person shared which they found most personally difficult. Together as group we broke down the inaccuracy of these stereotypes, and the young people were empowered to feel proud of who they are. An example of mentoring work was focused on supporting a young person to know they were not alone, and we worked on showing them the size of their community, different role models and encouraged them to speak positively about themselves. By the end of the mentoring sessions they spoke much more positively about being gay, and through attending mentoring moved on to join the youth group.

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Club Mellow group support programme

This year has continued to be challenging for our group support programme and the ability to sustain involvement has been in part dictated by differing restrictions in place at the time. For much of the year our groups have remained online, which has been challenging for those that have wanted to meet in person. Our groups over the course of the year have included a LBT+ women's group, LGBT+ Asylum group, weekly over 50's group, a social support group which provides support for many people with long term mental health needs as well as those with learning or physical health needs, and our Rainbow Families group. We were also able to provide a twice-monthly group for young adults (18-25) and this group provides a bridge between our youth group and adult services for those young adults who feel an environment for young adults best meets their needs. In March 2022 we launched our men's dance class and recruited volunteers to lead on weekly walks to start in April 2022. Our activities continue to reach new people. We were successful this year in attracting funding to run these groups for much of the year and have continued to support these groups when there has been no specific funding, such as our Asylum group, or 18-25s group later in the year. We continue to look for funding to enable us to continue this much needed support. Our women's group provides a space for women who have experienced domestic abuse or sexual violence to meet with other women and to build peer relationships supporting building healthier relationships and resilience in their lives.

Overall, our group activities have supported 170 people over the course of the year, despite the difficulties of running these mainly online. This is a reduced number as we now only run one LGBT+ asylum group. Our greatest challenge for this groups is to find some ongoing funding so that we can commit additional time and resource to these.

Service User: I've been coming to elop and it's been really amazing to be there with all the amazing people. I always enjoy the time here in elop and eagerly wait to attend all the sessions so I can have bit of fun, get information and share our feelings. Well, I come attend here so I can get to know and be with all of our community people. Thank you.

Service user: I am so glad to have you guys I can tell you everything without being judged, without getting scared of getting any kind of harm in return.

Service User: elop is the first organisation that supported me. They supported me when no one else did. I can't talk about them without getting emotional.

Thank you your email and showing your concerns. Well I'm pleased to tell you that i have been granted asylum few weeks ago and i was busy to in sorting out few things.

I'm feeling blessed that I've been a part of elop and i want to be in future as well. elop has played an important role in my journey to get granted.

Loving Monday afternoon and evening, feel so privileged to have found such a safe progressive, professional creative mental health and emotional well-being LGBTQ I space (over 50's and mental health workshops)

Women's group member: My spinning wheel of emotions has really calmed since I've been coming here.'

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Consultation and representational activities

elop continues to attend community and statutory forums to ensure an LGBT+ voice is represented and heard and, recognising the value in partnership working, has formed excellent working relationships with other organisations and networks. elop has also provided consultancy services and training to a wide range of personnel and organisations and continued its involvement in The National LGBT Partnership. As part of our work we were involved in a number of projects including leading on the National Lesbian and Bisexual Women's Health week. As part of the work this year we provided the information for the 50 facts about LBT women's health which was the national resource produced for this year. We also spoke at the launch event and ran a Drag King Workshop.

elop has run the Tower Hamlets LGBT Community Forum on a monthly basis. The five aims of the forum are 'Connector & Agent of Change', 'Nothing About Us, Without Us', 'LGBT Voices Are Heard', 'Improving Access To Services' and 'Creating Safe Spaces'. The forum has actively been involved in raising community concerns in relation to hate crime and in response to the homophobic murder that took place in the borough in August 2021. Through the work of the forum elop has also inputted into the Women's Reproductive Health Forum and supported this to be more inclusive of the needs of LBT women and non-binary people.

elop has also met with police representatives in Waltham Forest, Newham, Tower Hamlets and Hackney in relation to the inquest of Anthony Walgate, Gabriel Kovari, Daniel Whitworth, and Jack Taylor and the televising of Four Lives. We continue to press the police in East London to take further action to support the community.

elop continues to be involved in a partnership bid in Tower Hamlets to bring together user-led equality organisations to foster intersectional work.

Other activities and events

elop has again this year provided a range of well received LGBT events in Tower Hamlets, some of which were held online. We held the annual Pride picnic and bandstand event and we were able to attract over we had 1,500 people to the events held.

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Examples of events held



Training and Education

During this year we launched our foundation course in LGBT+ affirmative counselling and have been supported by the Tides Foundation and Google Community Fund to do this. We had a cohort of 16 on this course, which was well received. We have also learned from delivering this for the first time and have adapted the course to have some face to face delivery alongside online sessions. We have continued to work towards establishing a qualifying LGBT+ affirmative counselling course at Levels 4-6.

Foundation Course: *Just to say thank you for all the training over the past 9 weeks - I appreciate all the work put into planning, preparing and delivering a new course. It is giving me a lot to think about and reflect on which is just what I had hoped for.*

LGBT+ Awareness Training: *Thank you so much for the super interesting talk just now! Our team enjoyed it very much and we have already scheduled a follow up forum for this week where we will discuss internally how we can put allyship into action! It has been very inspiring and thank you so much for all the valuable insights!*

Fundraising

Many of elop's efforts for fundraising this year have focused on applications to trusts and foundations to support our diversifying of funding streams, and we have achieved much success with this. In addition we ran our now established Exercise For elop fundraising drive, joined the Big Give, and benefited from a series of comedy gigs run by the Depressed Baker raising a total of £9,300. During this year elop again successfully increased its earned income and was able to increase the amount raised through providing training and consultation to others. We will look to build on our learning from online fundraising and will continue this in the forthcoming year alongside in person fundraising events.

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Corporate & Other Partners

During the year it has been more difficult to work with corporate organisations, but we have maintained our relationship with the Google LGBT network. We have maintained our contact with GWN and Barbarfellows and have started to increase contacts with local organisations.

New funding

elop has continued to be successful in attracting new funding during the course of the year, and funding for the future. We had successfully applied for funding in the previous year which enabled us to provide support to victims of hate crime with thanks to London Community Foundation (MOPAC Victims Fund Round 6) and an expanded programme of support to LBT women and non binary people who have experienced domestic abuse or sexual violence funded by London Community Foundation (MOPAC VAWG Grassroots Fund). We also continued to attract some funding via Covid-19 London response fund which enabled support for our groups. We also were funded by Tides Foundation, Google Community Fund, Mind (Coronavirus Mental Health Response Fund) and towards the end of the year were able to launch our revamped befriending service and further mental health support through our partnership funding work from The National Lottery Community Fund Partnership Grant where London Friend is the lead partner. We received some funding from the Postcode Society Trust to support the cost of the lead worker for our counselling services. We received funding to start our men's health programme at the end of the year that will take us to December 2022.

We were successful in applying for future funding for next year including from BBC Children in Need to continue our youth work for a further three years, and have also received funding for next year from the London Borough of Waltham Forest.

We want to thank all our funders who have supported our work during this year and going forwards.

Individual donors

We would like to thank all the individuals who have made one-off or regular donations to the charity over the course of the year. We have again been successful this year in raising additional money through individual donations. We were nominated again this year to be a receiver of donations from Google employees which were matched by Google, which led us to be able to bring in over £30,000 from individual donors.

Organisational change

During this year we have had some significant staff changes, with two short term temporary posts and some staff leaving as the pandemic situation changed and previous careers could be resumed. Over the course of the year five people left the organisation and six people joined, and we were able to appoint to all vacancies without there being gaps in service provision. We were able to successfully appoint to the vacant Director of Wellbeing position. Staff have attended a range of training including suicide awareness, group facilitation, safeguarding, and trauma informed practice amongst others.

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This year has been very challenging for everyone, and particularly for staff who have joined the organisation never having worked in person together. This has continued to bring challenges both personally and professionally. The pace of change and the demand for support has continued to be unrelenting during this year, and the ability to provide much needed mental health support during this time would not have been possible without the dedication of our staff team. The trustees would like to take this opportunity to thank these staff members for their enormous and continued commitment and ongoing support. We would like to recognise the leadership of the CEO, who has been able to support and steer the organisation throughout such uncharted circumstances.

Contribution by volunteers

Many of elop's activities are carried out and supported by the skills, dedication and commitment of our volunteer teams. elop had more than 85 volunteers involved during the year and generally maintained a core team of around 65 – 70 volunteers at any one time. We have been successful this year in recruiting new counsellors, group facilitators and befriender volunteers.

This year we have been able to have 3 overseas student interns placed again with us and have particularly welcomed the range of work they have been able to support within the organisation. During this year we also had four social work students undertaking 70-day placements at elop. Our volunteer counsellor team continues to be our largest volunteer team and whilst numbers fluctuate during the year we work hard to maintain the team between 36 – 42 counsellors at any one time. Our group facilitators continue to do a great job of supporting our groups and have both supported online delivery as well as outdoor sessions

elop recognises that we need to continue to recruit and retain volunteers to help us deliver the wide range of services we have on the modest amount of funding we receive. elop's Board would like to sincerely thank all volunteers for their continued hard work, loyalty and achievements; without their support elop could not successfully provide the range of activities on offer nor support as many individuals as we do.

Feedback from counsellor leaving elop:

I want to thank you for all of your support during my time at elop; it's been such a journey. I have loved my placement with elop, it's been a brilliant foundation for my development as a counsellor and I'm really going to miss it. I really appreciate the way you hold the organisation, clients and volunteers with such care and warmth. I wish you both all the very best for the future and hope our paths will cross again

March 2022: email from counsellor ending their placement: *I want to thank you so much for accepting me into elop as a trainee counsellor, I couldn't have asked for a better placement. I have learned so much and been immensely inspired by the organisation, managers, trainers, administrators, my supervisor and of course, my clients.*

elop has provided the support, care and encouragement I respond so well to, but haven't received on my course and I honestly think without elop, I may not have continued to the point of qualification. I will always be grateful for that!

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

Financial review and reserves policy

Our reserves policy is that we should be working towards holding 3-6 months of reserves to demonstrate our sustainability and be able to cover the equivalent of three to six months of core funding at any one time. We have achieved this but are aware that we face particularly high expenditure next year in relation to moving premises and have been preparing for this in order to minimise impact on our ability to cover core expenditure. We will remain vigilant about our expenditure to ensure stability and sustainability for the future.

The charity made a surplus of £104,882 (2021 - £137,668) and has unrestricted reserves totalling £437,836 of which £180,000 has been designated towards the relocation and expansion of the Charity's premises (2021 - £332,954).

The future

During 2022/23 we will continue to enhance the Board's capacity to support the organisation by recruiting additional Board members with the focus on both diversifying the board and recruiting those with expertise in fundraising in individual donors and events fundraising. We will continue to seek suitable premises. We will be looking to move back to face-to-face provision whilst retaining some online support and aim to find the right balance. We will continue to enhance our social media presence and the organisations ability to work smartly through a move to the cloud and the launch of our new website. We will explore the current structure of the organisation and look to support bringing the counselling service and the mental health service into one service. We will work on expanding our training provision and work towards our goal of running an LGBT+ affirmative qualifying course and increasing our offer of training and support to schools. Our plans beyond this will be laid out in our business plan but will include consolidating our position as a leading LGBT+ mental health service and expansion of our youth and family work. We will work towards our organisation being trauma informed.

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2022

TRUSTEES' REPORT

Statement of Trustee's Responsibility in relation to Financial Statements

The charity's Trustees (Directors) are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities as well as exercising proper financial controls.

By order of the trustees



Sarah Humphreys (Chair)

Date 30-01-2023

INDEPENDENT EXAMINERS REPORT TO THE MEMBERS OF EAST LONDON OUT PROJECT YEAR ENDED 31ST MARCH 2022

Independent Examiner's Report

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31st March 2022.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

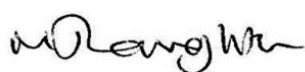
Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accounts of Scotland which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached



M J Laughton CA
WILLIAM PRICE & CO AUDIT LTD
Chartered Accountants

Date: 30-01-2023

EAST LONDON OUT PROJECT

STATEMENT OF FINANCIAL ACTIVITIES

(including summary income and expenditure account)

YEAR ENDED 31ST MARCH 2022

	Notes	UNRESTRICTED FUNDS 2022	RESTRICTED FUNDS 2022	TOTAL FUNDS 2022	TOTAL FUNDS 2021
		£	£	£	£
INCOME					
Donations and Gifts	5	125,130	-	125,130	136,025
Charitable Activities	6	90,339	242,520	332,859	300,693
Other trading activities	5	29,831	-	29,831	14,941
TOTAL INCOMING RESOURCES	9	245,300	242,520	487,820	451,659
EXPENDITURE ON					
Charitable Activities	7	140,418	242,520	382,938	313,991
TOTAL EXPENDITURE	9	140,418	242,520	382,938	313,991
NET INCOMING RESOURCES FOR YEAR BEFORE TRANSFERS		104,882	-	104,882	137,668
TRANSFERS BETWEEN FUNDS	9	-	-	-	-
NET MOVEMENT IN FUNDS		104,882	-	104,882	137,668
FUNDS BROUGHT FORWARD AT 1ST APRIL		332,954	-	332,954	195,286
FUNDS CARRIED FORWARD AT 31ST MARCH		437,836	-	437,836	332,954

The Statement of Financial Activities includes all gains and losses in the year.
All incoming resources and resources expended derive from continuing activities.

EAST LONDON OUT PROJECT
BALANCE SHEET
AT 31ST MARCH 2022

	Notes	2022		2021	
		£	£	£	£
FIXED ASSETS	10		-		-
CURRENT ASSETS					
Debtors & prepayments	11	23,513		11,751	
Cash at bank and in hand		533,265		452,864	
		556,778		464,615	
CREDITORS, AMOUNTS FALLING DUE WITHIN ONE YEAR	12	118,942		131,661	
NET CURRENT ASSETS			437,836		332,954
TOTAL NET ASSETS		£	<u>437,836</u>	£	<u>332,954</u>
FUNDS					
Unrestricted Funds					
General Funds	9		257,836		252,954
Designated Funds	9		180,000		80,000
Restricted Funds	9		-		-
TOTAL FUNDS		£	<u>437,836</u>	£	<u>332,954</u>

The directors are satisfied that the company was entitled to exemption from audit under section 477 of the Companies Act 2006 and that members have not required an audit in accordance with section 476.

The directors acknowledge their responsibilities for:

- i) ensuring that the company keeps accounting records which comply with section 386; and
- ii) preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 396 and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the charitable company.

Approved by the Trustee Directors and signed on their behalf on 30-01-2023 by:



S Humphreys

Company Number : 03355423

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2022

1) ACCOUNTING POLICIES

The principal accounting policies adopted in the preparation of the financial statements are set out below, and have been consistently applied within the accounts.

- a) The financial statements have been prepared in accordance with the Financial Reporting Standard 102 (FRS 102), the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2015 and applicable charity and company law. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The charity adopted SORP (FRS 102) in the current year and there were no transition adjustments

- b) The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.
- c) Incoming resources are recognised on an accruals basis, except that donations and legacies are recognised only upon receipt unless the donor advises otherwise. Grants are treated as income for the period to which the grantor assigns the grant and the stipulated period of service provision and deferred as necessary. Service contracts or grants where the grantor stipulates performance targets and does not specify that a surplus is retrievable, are regarded as unrestricted once the targets are achieved. The value of services provided by volunteers is not incorporated into these financial statements. Donated assets are valued at fair market value. During the year no assets were donated.
- d) Resources Expended/ Expenditure
Charitable activities relate to the costs incurred in providing the company's charitable services. These include expenses to provide training to counsellors and education for relevant groups as well as the majority of staff costs. They include all materials and literature provided to run the projects and support costs like telephone, postage and stationery. Costs are shown inclusive on non-recoverable VAT.
- e) Fixed assets are capitalised at cost and depreciation is provided to write off the cost of the assets over their expected useful economic lives. Office equipment (General Fund) is written off at a rate of 33.3% per annum on a reducing balance basis. Leasehold improvements (General Fund) are written off at a rate of 20% per annum on a straight line basis. The length of the original lease was 5 years and these costs have now been fully amortised. The cost of subsequent refurbishments has been written off as incurred. Office equipment (restricted funds) is written off over the length of the funding. The estimated residual value of the fixed assets is nil.
- f) Stocks of safe sex literature relating to the Charity's services & general information are written off as incurred.
- g) The value of services provided by volunteers is not included within these financial statements.
- h) The Charity operates a defined contributions pension scheme
- i) The accounts have been prepared on a going concern basis.
- j) Unrestricted funds are available for the use in the furtherance of the charity's objectives. Restricted funds are subject to restrictions imposed by the donors as set out in the notes to the accounts.
- k) Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.
- l) Creditors
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2022

2) FUNDS & FUNDING

General Fund

The General Fund includes all grant income from Local Authorities or other statutory bodies who support the main objectives and services provided by the East London Out Project in their areas..

The General Fund also accounts for unrestricted charitable trusts and foundation funding, donations, fundraising and investment income.

The London Borough of Tower Hamlets provided funding for the provision and delivery of an LGBT community forum for engaging local LGBT communities, representation and consultation, the provision, and delivery of LGBT community events, plus the delivery of LGBT mental health crisis prevention plans, support groups and awareness training to local providers.

DH (National LGBandT Partnership) an England-wide consortia of LGBT voluntary and community organisations who are committed to reducing health inequalities and challenging homophobia, biphobia and transphobia in public services. elop is one of the partners. The Partnership is currently funded by the Department of Health to support and enable the partnerships strategic engagement and consultation with Government and statutory bodies.

Postcode Society Trust provided 12 months funding contributing towards costs for running the counselling service.

London Community Foundation: Covid 19 Funding/ Wave 5 provided a 6-month grant for facilitated groups and mental health crisis support.

The Tudor Trust gave a one-off support grant for staff wellbeing.

Kickstart Scheme funded a 6-month work placement for a young unemployed person.

Alpkit Foundation gave a small grant for outdoor activities.

The Proud Trust – gave a one-off small youth grant to support printing costs of t-shirts designed by young people.
Equalities Partnership in Tower Hamlets (Cornerstone) provided a one-off start-up grant to develop new partnership work.

Groundwork UK: Tesco Bags of Help provided a small one-off grant for group work.

London Community Foundation: GVC provided a 12-month grant for men's health work.

East London Community Foundation (LBTH Cohesion Events Fund) gave funding for elop to host a Trans parents day.

The London Borough of Waltham Forest (EDI Development Fund) funded elop to delivery training and facilitate an LGBT+ focus group.

BBC Children in Need – part of a 3-year grant to deliver a dedicated LGBT children's and young people's project including weekly youth support groups, one-to-one support, and counselling.

City Bridge Trust Continuation Funding – part of a 2-year grant contributing dedicated funding to the organisation's core counselling service costs for overheads, supporting volunteer counsellors and costs of a full-time administrator.

The National Lottery Community Fund (Partnership Grant) – part of a 3-year grant in partnership with London Friend and LGBT Hero funding mental health and befriending support.

London Community Foundation: MOPAC VAWG Grassroots Fund – part of 2-year grant for dedicated support services for LBT+ survivors of domestic abuse and sexual violence.

London Community Foundation: MOPAC Victims Fund Round 6 – part of a 1-year grant to support victims of LGBT hate crime.

Tudor Trust - part of a 3-year grant for Director of Wellbeing Services post.

Lloyds Bank Foundation for England and Wales – part of a 1-year grant to support the organisations LGBT mental health crisis prevention and intervention services.

Tides Foundation: Google Community Grant Fund – a one-off grant to support development of LGBT affirmative counselling training.

LGBT+ Futures National Emergencies Trust Fund – part of 6-month covid recovery grant to support purchase of PPE supplies, equipment and covid support counselling.

Mind - Coronavirus Mental Health Response Fund – part of a 1-year grant to support a LGBT mental health befriending and peer support service.

Groundwork UK - Thrive London – extension grant to provide additional support for LGBT Asylum Seekers.

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2022

3) OPERATING SURPLUS/(DEFICIT)

	2022 £	2021 £
The net operating surplus/(deficit) of income over expenditure is stated after charging:		
Staff costs (note 4)	293,516	235,094
Depreciation of equipment & loss on disposal	-	-
	<hr/>	<hr/>

4) STAFF COSTS

	2022 £	2021 £
Staff costs for the year were as follows:		
Salaries	264,738	209,575
Social security costs	20,475	18,053
Pensions Costs	8,303	7,466
	<hr/>	<hr/>
	293,516	235,094
	<hr/>	<hr/>

The average number of persons employed by the charitable company in the year was 11 persons. (2021 - 11). No member of staff was paid more than £60,000.

The key management personnel of the charity comprises the trustees and the Chief Executive, to whom responsibility for the day-to-day activities of the charity is delegated. The total employee benefits received by key management personnel during the year (excluding employer pension costs) were £55,980 (2021: £57,072).

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2022

5) INCOMING RESOURCES FROM GENERATED FUNDS

	TOTAL 2022		TOTAL 2021	
	£	£	£	£
UNRESTRICTED FUNDS				
GENERAL FUND				
Donations and Gifts				
Donations from individuals	30,305		27,910	
COVID - JRS	-		7,403	
User Contributions	94,825		100,712	
		125,130		136,025
Other trading activities				
Fund-raising activities	9,361		9,796	
Training & Placement fees	20,382		5,110	
		29,743		14,906
		154,873		150,931
Investment Income				
Interest receivable		88		35
TOTAL RESOURCES FROM GENERATED FUNDS		154,961		150,966

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2022

6) ANALYSIS OF GRANTS	GRANTS Rec'd in year	Opening Debtors	Closing Debtors & Creditors	Deferred Income movement	TOTAL	
	£	£	£	£	2022	2021
UNRESTRICTED FUNDS						
GENERAL FUND						
The London Community Foundation (Tampon Tax Community Fund)	-	-	-	-	-	10,511
London Borough Tower Hamlets	18,667	-	8,333	-	27,000	-
London Borough Waltham Forest	14,162	-	(1,575)	(9,762)	2,825	-
Postcode Society Trust	17,303	-	-	(12,977)	4,326	-
Tudor Trust - other	-	-	-	2,000	2,000	-
Kickstart Scheme	7,565	-	-	-	7,565	-
Alpkit Foundation	300	-	-	-	300	-
Students' Union UCL Volunteering Service	250	-	-	-	250	-
Equalities Partnership in Tower Hamlets (Cornerstone)	3,000	-	-	-	3,000	-
East London Community Foundation (LBTH Cohesion Events Fund)	500	-	-	-	500	-
Groundwork UK: Tesco Bags of Help	500	-	-	-	500	-
London Community Foundation: GVC	10,000	-	-	(8,250)	1,750	-
LB Tower Hamlets - Community Engagement	-	-	-	-	-	25,000
LB Tower Hamlets - Community Event	-	-	-	-	-	15,000
LB Tower Hamlets - LCF	27,617	-	-	-	27,617	27,617
London Community Foundation: Wave 5	-	-	-	9,863	9,863	-
City Bridge Trust	-	-	-	-	-	12,400
City Bridge Trust(2 year continuation)	-	-	-	-	-	37,125
DH (National LGBT Partnership)	2,943	(100)	-	-	2,843	2,020
The London Community Foundation	-	-	-	-	-	8,298
The Proud Trust	-	-	-	-	-	200
TOTAL GENERAL FUND	102,807	(100)	6,758	(19,126)	90,339	138,171
RESTRICTED FUNDS						
BBC Children in Need	29,498	-	-	-	29,498	29,498
City Bridge Trust: London Community Response Fund	-	-	-	-	-	17,628
City Bridge Trust: TNLCF COVID-19 Response Fund	-	-	-	-	-	36,590
The National Lottery Partnership Fund	27,232	-	-	(13,616)	13,616	29,918
Tides Foundation Google Community Fund	-	-	-	22,599	22,599	-
London Community Foundation: MOPAC VAWG Grassroots Fund	38,705	-	-	-	38,705	-
London Community Foundation: MOPAC Victims Fund Round 6	17,696	-	-	11,073	28,769	-
Lloyds Bank Foundation for England & Wales	-	-	-	5,500	5,500	27,500
Tudor Trust	40,000	-	-	(7,999)	32,001	7,999
City Bridge Trust(2 year continuation)	49,500	-	-	-	49,500	-
Mind - Coronavirus Mental Health Response Fund	-	-	-	15,244	15,244	4,478
Groundwork UK - Thrive London	2,514	(1,514)	-	-	1,000	7,571
LGBT+ Futures National Emergencies Trust Fund	-	-	-	6,088	6,088	1,340
TOTAL RESTRICTED FUNDS	205,145	(1,514)	-	38,889	242,520	162,522
TOTAL UNRESTRICTED & RESTRICTED	307,952	(1,614)	6,758	19,763	332,859	300,693

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2022

7) TOTAL RESOURCES EXPENDED

SERVICE AREA	Core Services £	Governance £	Support £	TOTAL	
				2022 £	2021 £
Core Service activities	363,280	10,779	8,879	382,938	313,991
TOTAL RESOURCES EXPENDED	363,280	10,779	8,879	382,938	313,991

Where not directly attributable, costs are allocated on a basis of estimated time associated with specific activities.

8) GOVERNANCE & SUPPORT COSTS

	2022 £	2022 £
	Governance	Support
Staff salaries	6,649	6,649
Apportioned office running costs and resources	2,230	2,230
Accountancy	1,900	-
	10,779	8,879

9) MOVEMENT ON FUNDS IN YEAR

	Note	Opening Balance at 1/4/2021 £	Incoming Resources (notes 5 & 6) £	Outgoing Resources (note 7) £	Transfers between funds £	Closing Balance at 31/3/2022 £
UNRESTRICTED FUNDS	2					
General Fund		252,954	245,300	140,418	(100,000)	257,836
Designated Funds:						
Property Reserve		80,000	-	-	100,000	180,000
		332,954	245,300	140,418	-	437,836
RESTRICTED FUNDS	2					
BBC Children in Need		-	29,498	29,498	-	-
The National Lottery Partnership Fund		-	13,616	13,616	-	-
Tides Foundation Google Community Fund		-	22,599	22,599	-	-
London Community Foundation: MOPAC VAWG Grassroots Fun		-	38,705	38,705	-	-
London Community Foundation: MOPAC Victims Fund Round 6		-	28,769	28,769	-	-
Lloyds Bank Foundation for England & Wales		-	5,500	5,500	-	-
Tudor Trust		-	32,001	32,001	-	-
City Bridge Trust(2 year continuation)		-	49,500	49,500	-	-
Mind - Coronavirus Mental Health Response Fund		-	15,244	15,244	-	-
Groundwork UK - Thrive London		-	1,000	1,000	-	-
LGBT+ Futures National Emergencies Trust Fund		-	6,088	6,088	-	-
TOTAL RESTRICTED FUNDS		-	242,520	242,520	-	-
TOTAL UNRESTRICTED & RESTRICTED		332,954	487,820	382,938	-	437,836

The Trustees have designated £100,000 in the year towards the relocation and expansion of the charity's premises.

EAST LONDON OUT PROJECT

FIXED ASSETS

YEAR ENDED 31ST MARCH 2022

10) FIXED ASSETS

	Leasehold	Office Equipment	
	General Fund	General Fund	TOTAL
<i>Cost</i>	£	£	£
Brought forward	7,116	30,037	37,153
Additions	-	-	-
Disposals	-	-	-
AT 31ST MARCH 2022	<u>7,116</u>	<u>30,037</u>	<u>37,153</u>
 <i>Depreciation</i>			
Brought forward	7,116	30,037	37,153
Charge for year	-	-	-
On disposals	-	-	-
Transfers between funds	-	-	-
AT 31ST MARCH 2022	<u>7,116</u>	<u>30,037</u>	<u>37,153</u>
 <i>Net Book Value</i>			
AT 31ST MARCH 2022	<u>-</u>	<u>-</u>	<u>-</u>
AT 31ST MARCH 2021	<u>-</u>	<u>-</u>	<u>-</u>

11) DEBTORS, amounts falling due within one year

	2022 £	2021 £
Grants receivable	-	1,614
Other debtors & prepayments	23,513	10,137
	<u>23,513</u>	<u>11,751</u>

12) CREDITORS, amounts falling due within one year

	2022 £	2021 £
Other taxation & social security	6,997	6,060
Deferred income	96,980	116,742
Other creditors & accruals	14,965	8,859
	<u>118,942</u>	<u>131,661</u>

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2022

13) ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted £	Unrestricted £	Total £
Tangible Fixed Assets	-	-	-
Current Assets	65,991	490,787	556,778
Current Liabilities	(65,991)	(52,951)	(118,942)
	-	437,836	437,836

14) TRUSTEES' REMUNERATION & EXPENSES

In the year there were no payments to Trustees, . (2021- nil.)

15) TAXATION

The charity is exempt from tax on its charitable activities.

16) STATUS, CONNECTED CHARITIES & RELATED PARTY TRANSACTIONS

The company is incorporated by charitable means and is limited by guarantee without share capital. The company is not part of any group.

No payments were made to any related party.

17) COMMITMENTS

The lease on the ELOP centre premises has expired. The charity is currently renting the same property on an annual basis.