

EAST LONDON OUT PROJECT
ANNUAL REPORT & ACCOUNTS
YEAR ENDED 31ST MARCH 2021

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2021

TRUSTEES' REPORT

Chair's Report

This annual report provides information of what we have been doing this year and our future plans as we move forward. I, on behalf of the Board, would like to thank all those who have supported the work of the organisation as staff, volunteers and supporters; we could not achieve what we do without you. This year has been like no other year as we have operated throughout this year with the impact of Covid-19 and various states of restrictions. We have seen how such unusual circumstances has brought out the best in people and have been hugely grateful for the range of support we have received this year to enable us to support those that have needed our services. We are proud of the response of our staff and volunteers, who have been able to deliver services in new ways, and it was with great speed that we were able to pivot our counselling services from face to face delivery to online. Staff worked tirelessly to ensure we were able to provide much-needed mental health support during unusual times, and our thanks go to our CEO, Teresa Sharpe, who led the team with skill and care.

Alongside responding to the pandemic, we have spent last year working hard to ensure that the organisation is able to meet demand for our services, and to consolidate our sustainability. The pandemic has led us to review the way we deliver services and also our need for premises; we are working with consultants to establish what space we need to deliver our services, including an assessment of our current premises, in relation to Covid-19.

We have seen continued and increased demand for our services, and the daily stories of those using our services continue to give testament to the fact that our work is not yet done. Not only do we need to maintain safe spaces for our services to support individuals at ELOP, we actually need to increase our work: to eradicate discrimination to improve both access to services more generally, and to support the mental health and wellbeing of our communities. During this year our staff team has increased as we have successfully gained additional funding and have been able to establish new services, such as Pride-Together (a facilitated peer befriending project). The pandemic has highlighted both mental health and isolation as two key areas that impact on people's wellbeing and are at the forefront of our work. Demand for our services is likely to increase in the coming year as people continue to be affected by their experience of living through Covid-19.

Despite this being our 25th year, we were not able to celebrate in the way that we had wanted to, but we did launch the start of our annual Exercise For ELOP campaign as the first of our birthday fundraising efforts. We will continue to celebrate our 25th year birthday when we can with face to face celebrations. Last year we said that due to the pandemic we would concentrate on individual giving and applying to new trusts and foundations. As these accounts show, we have been successful in achieving more funding this way than in previous years. We undertook much work on our constitution during the year and are now awaiting approval from the charity commission.

Sarah Humphreys

Chair of Board of Trustees.

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Report of the Trustees for the Year Ended March 2020

The directors are pleased to present their annual report with the financial statements of East London Out Project (ELOP) for the year ending 31 March 2021 (2020/21). The statements appear in the format required by the Statement of Recommended Practice for Accounting and Reporting by Charities (revised 2019). The report and statements also comply with the Companies Act 2006 as ELOP was incorporated by guarantee on 14 April 1997. It has no share capital and is a registered charity. The guarantee of each member is limited to £1. The governing document is the Memorandum and Articles of Association of the company and members of the Board of Trustees are the Directors of the Company.

Reference and administrative details

Charity Number:	1067474
Company Number:	03355423
Address:	56-60 Grove Road, Walthamstow, London E17 9BN
Auditors:	William Price & Co Audit Ltd Suite 9 Westbury Court, Church Rd, Bristol BS9 3EF
Bankers:	Co-operative Bank PO Box 101, 1 Balloon Street, Manchester M60 4EP
Solicitor:	Russell-Cooke Solicitors 2 Putney Hill, London SW15 6AB

Members of the Board of Trustees who are Directors for the purpose of company law and Trustees for the purposes of charity law, who served during the year and up to the date of this report are:

Sarah Humphreys: Chair
David Pearson: Treasurer
Victoria Fox: Vice Chair
Susan Baines
Lewis Allett
Suzanne Timmons
Lee Mauve Patron

Company Secretary and Chief Executive: Teresa Sharpe

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Structure, Governance and Management

The directors of the charitable company (the charity) are its Trustees for the purposes of charity law and throughout this report are collectively referred to as the Trustees.

The Board of ELOP also constitutes the membership of the charity. The Board has a number of mechanisms in place to consult with key stakeholders, including staff, volunteers and service users to inform its work and decision-making. As set out in the Articles of Association, Trustees are elected annually at the Annual General Meeting. The Trustees have the power to co-opt further members. When considering Trustees for election or co-option, the Board has a process for recruiting and selecting Board members with the appropriate skills necessary to govern and strategically lead. Board recruitment is reviewed annually and additionally where needed. Trustees are recruited through open recruitment and appointed based upon their skills, and experience according to the prevailing needs and aspirations of the Board and organisation. Trustees are appointed for a minimum two year period, with no limit on the number of times a Trustee can stand for re-election if in the organisation's best interest. We have remained at 7 trustees for the year and continue to have one space on the board that we are recruiting for, particularly looking for a trustee with experience in donor, corporate and or events fundraising.

All new Trustees take part in the organisation's induction training and are provided with support and training to brief them on their legal obligations under charity and company law. All Trustees are provided with the company's Memorandum and Articles of Association and information about the Board, the organisation's decision-making structures and prevailing issues facing the organisation. All Trustees are offered the opportunity to undertake external training in relation to their role. A Board Management Charter, signed by all Trustees upon co-option and election, sets out how the Board will work together and the commitment required. This Charter is reviewed on an annual basis. Peer buddying is available for Trustees who require this. Full Board meetings are held at a minimum of four times a year, along with two strategic planning days, in addition to other strategic meetings, subcommittees or task and finishing groups as required. This year we have had groups looking at ELOP's constitution, fundraising, and Business Management group.

ELOP's Board holds overall responsibility for the organisation's strategic direction and policy development. Responsibility for strategic implementation and the operational running of the organisation is delegated to the Chief Executive Officer, who reports directly to the Board via Board meetings. The Board's work programme for the year is overseen by the Chair and reviewed at Board meetings and the work is carried out by individual Board members. The Board holds responsibility for reviewing key areas of financial activity and policy and holds overall responsibility for the organisation's financial position and procedures.

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Public Benefit

The Trustees, in exercising their powers and duties, have complied with their duty in section 4 of the Charities Act 2006 to have due regards to the public benefit guidance published by the Charity Commission. In preparing the report and accounts the Trustees have complied with the requirements set out in relation to the requirement to report on public benefit and has reported on the significant activities and achievements of the charity in 2020/21. They have reported in a way that both sets out the aims and strategies of the charity and demonstrates how the aims and activities of the charity were carried out for the public benefit.

Risk Management

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the charity, and are satisfied that the systems are in place to mitigate the charity's exposure to the major risks.

Risk assessment remains a standing item on each Board meeting agenda, to ensure that risks are identified and discussed at Board level. Risks are identified through a number of routes including output from Management Board, via staff Senior Management Team meetings and the annual planning cycle. Risks are recorded in the minutes of each meeting along with steps required to mitigate the risk.

The Board and staff continue to work hard to respond to the financial risks the organisation faces in the current climate of Covid-19 restrictions and other economic challenges and the impact this is having on the charity sector. At the beginning of the year we had concerns about the impact of Covid-19 and what this would mean for our ability to raise money during the year. However, with support from others and our success at attracting funding from the London Funders – London Community response Fund the difficulties first facing us lessened quite considerably. The Board are pleased that they again have been able to increase the organisation's reserves and very pleased that we have now achieved meeting the organisation's reserve policy of 3-6 months of core funding at any one time. We recognise that as income and expenditure increases there continues to be a need to increase the reserves held by the organisation and that there will be an ongoing impact from Covid-19. We have also started a property reserve in light of our need to move to different premises, as well as undertake work in our current premise should we resume delivering services from there.

Related parties

ELOP continues to work collaboratively with a number of other agencies and service providers to advance an awareness of the needs and issues of our service user groups and share best practice. This includes running occasional joint activities and working as part of wider alliances, such as the National LGBT Partnership, and this year we have continued our partnership with London Friend and LGBT Hero. We are committed to continuing the work with London Friend and LGBT Hero as it has been very successful, and will be seeking

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additional funding for this. We have also been involved in a local equalities partnership in Tower Hamlets which has submitted funding for equalities work for three and a half years.

Objectives and activities

The principal objectives for which the company is formed are, by charitable means, to preserve the mental health of lesbian women and women who have sex with women and gay men and men who have sex with men, by the provision of counselling, support, information and advice services.

Review of activities and impact

ELOP provides support and direct services to up to 200 people a week, and despite having to move online we have continued to provide the range of services which were previously provided face to face. We were able to redevelop all services to online delivery by the second quarter of the year, and were able to use our learning from our pilot online counselling service to understand the best ways of doing this. Staff also attended training that supported the delivery of groups online. The importance of this delivery during the year when for large periods LGBT community space was not available took on extra significance and offered opportunities for people to connect with each other. Offering services online also enabled opportunity for some to join ELOP activities where in-person activities had previously been inaccessible. Despite the challenges of the year we were able to grow our services, to develop a new befriending project and continue to provide a range of consultation, training, representation and awareness-raising initiatives to advocate and provide an LGBT+ voice.

Last year we said we would continue to explore our future premises need, alongside needing to factor in how we can deliver face to face services whilst maintaining social distancing. We had planned to launch our 25th year birthday celebrations and would focus our fundraising on individual giving and applying to new trusts and foundations. We have been successful in meeting some of these objectives despite the impact of the pandemic. We undertook work in relation to our premises needs and conducted a Covid-19 assessment. This has led us to define our new needs and establish a property reserve fund to support a future move. We said we would continue to focus on our online reach, and have developed a larger following and more regular use of social media. We spent the year working on our governance structure and re writing our constitution, including ensuring we are trans inclusive. We were not able to run a range of face to face fundraising and other celebrations for our 25th birthday, and our celebrations were placed on hold in light of the pandemic.

We have continued our work on applying to new trusts and foundations and were successful in both short term fundraising during Covid that enabled us to meet our expected shortfall in earned income and fundraising as well as achieve additional funding for 2021/22 onwards. We have continued to diversify our funding streams and have been successful in growing our reserves, building some resilience for the organisation and the tough climate that charities will face post Covid.

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Counselling services

ELOP counselling service has had a successful year. We started the year with the first wave of the COVID-19 pandemic, having closed our physical doors in March for the safety of all and set about the task of reviewing our ending online counselling pilot for upscaling to the whole service. We surveyed and assessed our counsellor team to ensure they had the technology, privacy, competency and support to work from home. We produced Guidelines for Online Video Counselling During COVID-19 Health Crisis which encompassed: equipment, setting up and using Zoom; environment & space; beginning sessions, contracting & re-contracting; running sessions; prepare for and manage drop-out; closing the online sessions; administration and note recording after sessions; safety, risk & managing concerns; communication channels; cancellations; GDPR continuation etc.

Additionally, we directed our volunteer trainee counsellors to online counselling training sessions, designed and delivered online counselling briefing and induction sessions, moved supervision to a safe, secure & encrypted online platform, ensured all existing risk management and safeguarding protocols remained robust, applicable and/or were appropriately adapted, increased access to our mental health crisis prevention and support staff, provided continued access to line-management, supervision and clinical duty management support throughout all the times when our counsellors are practising, and ensured each knows what to do/who to contact at any time, and were ready to support clients via Zoom.

Alongside this, we surveyed all our existing clients and those who were in process of referral and assessment to confirm whether they wanted to be offered a remote service and of course that they had the technology and privacy to have sessions at home/online.

April subsequently was a slow start for new referrals, with only five new people making contact, but it has steadily grown since then and by the end of March 2021, we had received 441 referrals; an increase of 38% since 2018-2019 and an increase of 8% on 2019-2020, despite closing briefly to new referrals at the start of COVID whilst we transitioned our services. During the course of the year we grew our team to 44 counsellors and had 132 spaces a week, and recruited 28 new counsellors to the team in four separate inductions. We have increased the representation of trans, non binary, disabled and bisexual counsellors within our counselling team. We continue to recognise that we need more Black people and people of colour within the team. We have provided our counsellors with additional training during the year focused on working with clients at risk of suicide; spirituality and faith in the counselling room; working with the impact of chem-sex and addiction; working with bisexual identities in therapy and assessment training.

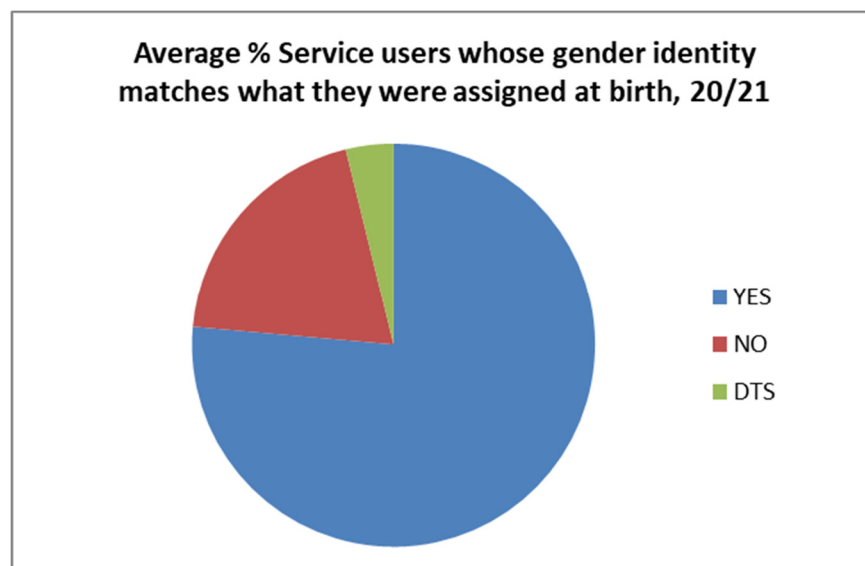
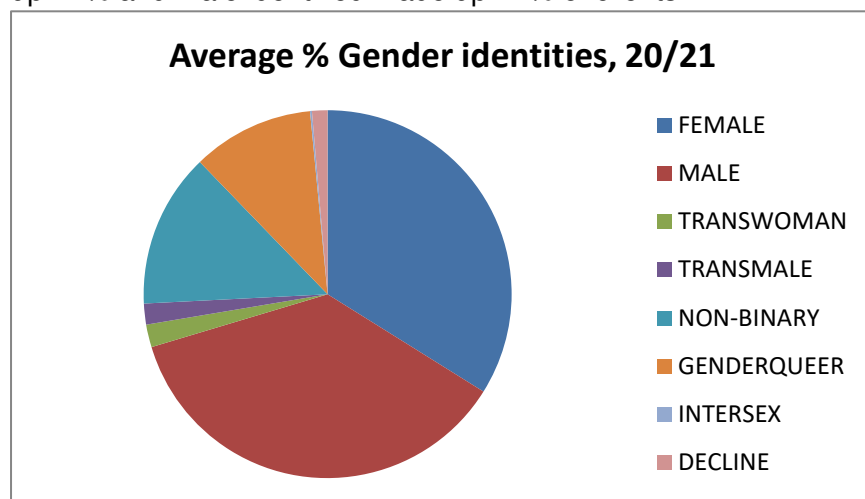
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Demographics

Looking at the demographics of service users, 35% identified as non-cis gendered with 21% stating their gender was different to that assigned at birth. Female identified people made up 42% and male identified made up 44% of clients.

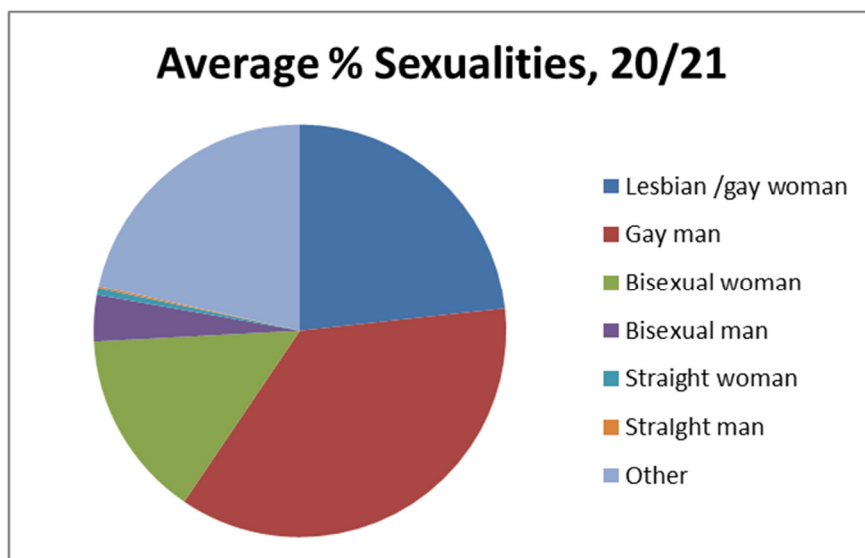


Sexual orientation demographics showed 26% identified as lesbian/gay woman, 39% as gay man, 17% as bisexual woman, 4% as bisexual man, 0.5% as straight woman, 0.2% as straight man and 25% as other

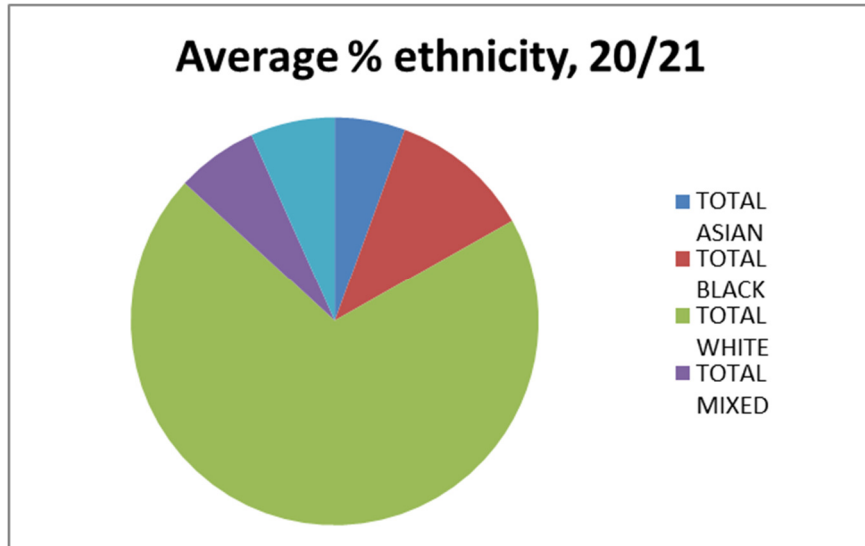
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Looking at ethnicity 30% of our clients are non-white. Asian clients made up 6%, black clients were 11%, mixed heritage made up 6%, white British were 46% and total white was 70%, with 7% categorised as other.



Common reasons for requesting support were mental health related, such as anxiety, stress, OCD, depression and addictions including drugs, alcohol, and eating disorders. Additionally, support for intimate and familial relationships, self-esteem, trauma, identity and, unsurprisingly, internalised shame, internal homo/bi/transphobia, COVID and the impact of lockdown.

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Client identified changes post counselling support included understanding 'self' better, letting go of unhelpful coping mechanisms, being kinder to 'self', strength and resilience, greater awareness, more tools, feeling less critical, more confidence, processing trauma, feeling more positive, greater sense of control, feeling grounded and able to trust self and others.

What clients found most helpful was feeling seen and heard for the first time, being able to talk about sexuality with someone who understood, having a safe space, making connections and identifying patterns, assurance that it was OK to go slowly, being in an LGBT+ service, non-judgemental space, understanding feelings of shame, unworthiness and guilt, feeling validated and valued.

What those who have used our counselling services have had to say:

"ELOP services were vital to me at a very difficult time and I am so grateful that this service exists. Thank-you!"

"I must say that the online sessions worked much better for me. I doubt I would have had the energy or motivation to leave the house for face-to-face sessions had they been available. Childcare would also have been a huge problem. I had no problem being open and honest in front of a laptop, and if I ever returned to counselling I would be very happy to have online sessions as my first preference."

"It was all excellent and very much appreciated. It's really changed things for me a lot so thank you!"

"I just would like to thank for this wonderful service, I was helped when I most needed. I've never gone through any type of counselling and I didn't know how effect it would be. I've taken a few months off but I've just applied for more counselling because I found I would like to discuss a few more things now that I am more aware of myself."

"I felt particularly comfortable accessing ELOP because of its speciality in supporting LGBTIQA+ people, and found the speed with which I was able to contact and access the service surprisingly excellent, especially given the circumstances of the pandemic."

"Overall ELOP has been a fantastic service. I was originally very hesitant about asking for therapy and was unsure about whether it was the right thing to do. I felt embarrassed as I did not consider myself to be 'unwell' enough to need it. However, from my very first phone call to the service I was made to feel welcome and secure in my decision to pursue the therapy. My work really has been life-changing – not only were we able to focus on the problems I presented with, but also explored other aspects of my life with which I was struggling. It has made everyday life for me so much easier and overall I feel happier and more confident which is something I was not expecting to get out of the service. It made me realise that therapy can be helpful for anyone who feels there is something 'not quite right' in their lives – and ELOP made this realisation very simple through their kind and thoughtful staff and compassionate work. I can't think of any way ELOP could be improved other than to continue letting people know their service is available in as many places as possible and encouraging people who think they might want help to get in touch."

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What those who have used our counselling services have had to say (cont):

"As an organisation you are offering such an important and invaluable service to so many and I just wanted to thank you. I've participated in counselling a few times throughout my life, but this was the first time I felt able to truly be myself without worrying about having to explain or give context about my queer identity, which allowed me to feel more comfortable generally with disclosing and discussing more personal thoughts and concerns."

"It would be great to keep online counselling as an option after the pandemic as it makes it much easier for disabled service users, as well as many others, to access counselling. Thank you."

Heads Out Service

During this year we have increased our Heads Out Service to continue our crisis prevention mental health plans, and in recognition of the impact of Covid also devELOped resilience plans. We also established mental health awareness workshops, providing psycho-educational workshops where people could learn skills to manage different aspects of their mental health. These workshops also responded to the changing pandemic situation with workshops on helping managing loneliness, change, coming out of lockdown. Heads Out also established a weekly group – Recharge – focusing on providing group support for those with mental health concerns. This group has provided the opportunity for people to share their mental health experience and gain a network of support from others who have experienced mental distress.

Befriending

We were successful in receiving funding to establish a peer befriending service towards the end of this year, enabling us to start establishing a pilot service, recruiting volunteer befrienders to undertake one to one befriending and then support small peer groups forming, enabling isolated people to gain a small network. This project at the end of March 2021 was in its infancy, but we will continue this during 2021/22.

Youth support services

This year we have continued our youth and family work, including a weekly 12-15's group and a weekly 15-18's group. This year has been particularly challenging with having to deliver work online to young people, and young people have been particularly affected by interruption to their everyday activities. During this year we have undertaken more individual mentoring work with young people. This support was focused on specific needs and often practical in approach, such as activities to support coming out, housing focused, social transitioning support. During the course of the year we received 38 referrals and 26 young people engaged with the service. The majority of those who did not attend was due to them not wanting to receive support online. We continue to support a proportionally high number of young people with a range of disabilities and mental health concerns have and looked after young people, with common issues being generalised anxiety, social anxiety,

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depression, suicidal thoughts, self-harm, low self-esteem and gender dysphoria. We work with young people who are involved in social care, either on child protection plans or children in need, also those who are using CAMHS and early help services. We also work with some young people who are care experienced. Referrals have from: Taith Service, Parents/Foster cares, young people, Family therapist, Social Workers, School Counsellor, Family Support, CAMHS Neurodevelopmental Team, Families First Coach, Teachers, designated safeguarding leads in schools and College Counsellor. A high proportion of group members identify as non binary, gender fluid or trans.

The youth sessions provided a welcoming, inclusive, safe space to meet new people, make friends, hang-out and share experiences. Each session includes opportunity for both individual and group activities, and the content is needs-led and informed by feedback from young people and observation from youth workers. Some of the activities within the group are focused on supporting developing resilience in young people, and during these activities we are able to see the changes that have taken place.

Various sessions and activities are focused on supporting LGBT children and young people increasing their confidence. In the youth groups young people are encouraged to get creative, writing poetry, drawing, and playing games. By asking a young person to get creative, they have something they can be proud of at the end of the session and can push themselves by sharing their work with the group. For example, one young person started our youth group very shy and would really struggle to participate. Now their confidence has built so much they will always share an element of their work and will always partake in games.

We ran a youth volunteering programme which we adapted to take place online, which included young people designing a t-shirt. This involved collaborating on the design, working with a volunteer designer to pull the designs together and preparing a crowd funder, to raise additional funding to get the t-shirt printed, as well as designing a fundraiser to promote the selling of the t-shirts. Other young people were involved in a poetry video where they wrote poems that were then given to an artist who drew images to go alongside them in a video. This video was then used in the online World AIDS Day concert held by ELOP to fundraise for Positive East and was viewed by 170 people. Young people spent time together exploring themes for their poetry and some wrote poetry collaboratively. Other elements of this volunteering programme involved young people creating an advice document for schools on how to be LGBTQ+ inclusive and creating some LGBTQI+ history month resources for schools. These young people have been passionate about history, and creating more visibility around queer figures in education.

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I am ambidextrous

Dear cisgenderers,
You are all comfortable.
All perfect with bodies and names.
But not everyone is so at ease and able.
Some of us confused by silencing chains.

Dear lefties,
How did you know you were left-handed?
You tried right and failed.
Didn't like with what you were landed.
So you explored and thus prevailed.
This is pronoun searching, not being empty handed,
Your eyes no longer veiled.

Dear trans,
I am she but not a girl,
Slightly masculine, but not he.
She/they is my treasure, my pearl.
But 'they' doesn't make me multiple people, I am the one and only me.



Dear me,
I am ambidextrous,
A mix of girl and in-between,
But more importantly than any 'extras'
I love me.

By young person, aged 12.

A note from the author: I wrote this poem as a way of expressing my unique pronouns, my differences to others, but still how I am the same, and deserve to be recognized.



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Club Mellow group support programme

This year has been challenging for our group support programme and the ability to sustain involvement has been in part dictated by differing restrictions in place at the time. By the beginning of June we had moved some of our groups online and run some additional lunch and learn sessions, and by the end of the August all our groups were running online. We have increased during this year the amount of group support offered and have provided a twice weekly LBT womxn's space, and a weekly men's space, two LGBT Asylum groups, a weekly over 50's group and a social support group which provides support for many people with long term mental health needs as well as those with learning difficulties and physical health needs. We were also able to provide a twice-monthly group for young adults (18-25) and this group provides a bridge between our youth group and adult services for those young adults who feel an environment for young adults best meets their needs. We have continued to run two LGBT asylum support groups. These activities have reached new people and introduced support in new ways to community members who would not have received this otherwise. We were successful this year in attracting funding to run these groups, either having successfully applied for specific funding or through funding which became available as a response to Covid. The group that has proved to be the most difficult to run online has been our Rainbow family activities, but we have been able to provide online support for new parents during the year in a parents' coffee chat.

Overall, our group activities have supported more than 200 people over the course of the year, despite the difficulties of running these online. We have achieved this through having dedicated staff to run these sessions, and the challenge will be to continue this when some of our short-term funding ends.

Consultation and representational activities

ELOP continues to attend community and statutory forums to ensure an LGBT voice is represented and heard and, recognising the value in partnership working, has formed excellent working relationships with other organisations and networks. ELOP has also provided consultancy services and training to a wide range of personnel and organisations and continued its involvement in The National LGBT Partnership. As part of our work we were involved in a number of projects including leading on the National Lesbian and Bisexual Women's Health week. As part of this work we co-wrote Let's Break the Silence: A Guide to Lesbian, Bisexual and Trans Women's Health, and chaired their opening panel.

ELOP supported the LGBT consortium launch a chair's network for LGBT organisations to provide peer network support for leaders of charities. As part of our engagement work we provided representation to the Child Sexual Abuse Inquiry.

ELOP has run the Tower Hamlets LGBT Community Forum, providing a monthly forum and an LGBT Practitioners Network. This Network is designed to support LGBT+ workers within the borough and to enhance service provision in mainstream services for LGBT+ users. The focus of the forum during this year has been highlighting the impact of the pandemic on the

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LGBT+ community. We have contributed to the equalities review in the borough and have contributed supported work on digital exclusion and the LGBT+ community. ELOP has been involved in a partnership bid in Tower Hamlets bringing together user-led equality organisations to foster intersectional work.

Other activities and events

ELOP has again this year provided a range of LGBT events in Tower Hamlets; all of these have been online. These events have been well received and have been a mixture of live events and pre-recorded activities. As we had not been able to do our annual pride picnic, attendance was lower than usual, but we had 400 people participate in the events run.

Examples of events held

ONLINE LGBT PRIDE IN TOWER HAMLETS
Pride celebration: Literary event
18th June 2020
7:00-8:30pm
Evening of poetry and prose
featuring works of some
unapologetically badass LBT
womxn of colour
Golnoosh Nour
Author of The Ministry of
Guidance & Other Stories
& poetry collection Sorrows
of the Sun
Shiri Shah
Writer, poet & host of the
quarterly literary night
Untitled. An event to
champion underrepresented
writers
Faryal Velmi
Screenwriter of the
hit Channel 4 show
ACKLEY BRIDGE
Lola Olufemi
Activist & writer: Feminism,
Interrupted: Disrupting
Power
DROP US AN EMAIL ON
LGBTFORUM@ELOP.ORG TO JOIN

ONLINE LGBT PRIDE IN TOWER HAMLETS
Pride celebration: Film event
Join us for films,
conversations, fun,
community and pride!
A programme of short
films celebrating LGBTQ+
older women in front of
and behind the camera
curated by WOFFF.
Followed by an online
conversation on 24th
June - 7pm with friends
and filmmakers.
EMAIL LGBTFORUM@ELOP.ORG TO JOIN Q&A

ONLINE LGBT PRIDE IN TOWER HAMLETS
Laugh and lounge:
Comedy night brought
to you on your couch
1st July 2020 - 7pm
Mark Cram
Krishna Isha
Annabelski
Alice Frick
EMAIL LGBTFORUM@ELOP.ORG
ON INSTRUCTIONS TO JOIN

ONLINE LGBT PRIDE IN TOWER HAMLETS
Pride Celebration: virtual party
10 July 2020
7:30pm-10:30pm
We have curated an eclectic
evening for you to dance
to, from your (living) room:
Serving you live singing, choir,
some old school RnB, pumping
pop & burning techno and a lot
of fun.
Line up:
7:30 @Barberfellas
7:40 Harriet Rose
@ianharrietrose
8:30 Paul Diello
@pauldiello
8:50 Salwa Int'l
@salwainternational
9:40 Tafkanik
@Tafkanik
EMAIL LGBTFORUM@ELOP.ORG TO JOIN

BISEXUAL
VISIBILITY DAY
ELOP PRESENTS:
ONLINE DISCUSSION + Q&A ON MENTAL
HEALTH
THURSDAY 24 SEPTEMBER 2020
7.00 - 8.30PM
An open conversation with:
Meg-John Barker: writer, speaker, author of a number of books
on sex, gender, and relationships.
Marcus Morgan: founder of The Bisexual Index,
bisexual activist + the UK's only bisexual drag wizard.
BiPride UK: creating celebratory spaces for the bi community +
supporting Pride organisations to become more bi-inclusive.
For info and sign up
events@elop.org

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Feedback

I'm definitely inspired by this conversation to go out and try to find a tribe :) Thanks again!

Thank you so much to all the speakers for your knowledge and experiences!!!!

Training and Education

During this year we started to design our foundation course for LGBT+ affirmative counselling and were able to attract funding for us to develop this course, other CPD training for our counsellors and to work towards establishing a qualifying LGBT+ affirmative counselling course at Levels 4-6. Our foundation course will be launched during 2021/2022.

Fundraising

Much of ELOP's efforts for fundraising this year have focused on applications to trusts and foundations to support our diversifying of funding streams, and we have achieved good successes with this. In addition we were supported at the beginning of the year by ex service users and their friends who ran a crowdfunding appeal for ELOP. This was very successful and raised £5200. In addition during the year the fundraising committee established Exercise For ELOP and raised £4300, with seven people taking part in this challenge. During this year ELOP again successfully increased its earned income, as well as donations from individuals and companies. We will look to build on our learning from online fundraising and will continue this in the forthcoming year. We also hope that it will again become possible to hold in-person events.

Corporate & Other Partners

During the year it has been more difficult to work with corporate organisations but we have maintained our relationship with the Google LGBT network. In addition we were involved in an event on mental health with InterBank. We have maintained our contact with GWN and Barbarfellows and hope that in the coming year with in-person activities potentially taking place we can establish some joint events. We were supported by Tesco with phones and sim cards to support home working.

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2021

TRUSTEES' REPORT

New funding

ELOP has continued to be successful in attracting new funding during the course of the year, and funding for the future. We had successfully applied for funding in the previous year, which enabled us this year to have an expanded women's programme, undertake a youth volunteering project, and to run two LGBT Asylum groups; this work was supported by London Community Foundation: #iWill Fund (Youth Social Action); London Community Foundation: Tampon Tax Community Fund and Groundwork UK: Thrive London

During this year there was opportunity to apply for short term funding to support work during Covid, and the City Bridge Trust generously provided an additional quarter's funding in recognition of the impact of Covid on the charity sector. Through Covid funding we were supported in a joint bid with London Friend and LGBT Hero, through The National Lottery Partnership Fund, and City Bridge Trust: London Community Response Fund and City Bridge Trust: TNLCF COVID-19 Response Fund, and for the final quarter of the year Coronavirus Mental Health Response Fund. We were successful in applying for future funding for next year including from London Community Foundation: MOPAC VAWG Grassroots Fund; two year funding to work with LBT women who have experienced domestic abuse or sexual violence, London Community Foundation: MOPAC Victims Fund Round 6 to work with victims of hate crime, London Community Foundation: Wave 5 enabling us to continue our social support groups, Tides Foundation: Google Community Grant Fund to continue our work on establishing LGBT+ affirmative counselling course and the LGBT+ Futures National Emergencies Trust Fund to buy equipment to support both online delivery and in person Covid appropriate equipment.

We want to thank all our funders who have supported our work during this year and going forwards.

Individual donors

We would like to thank all the individuals who have made one-off or regular donations to the charity over the course of the year. We have again been successful this year in raising additional money through individual donations. We were nominated again this year to be a receiver of donations from Google employees and matched by Google, which lead us to be able to bring in over £27,000 from individual donors.

Organisational change

During this year we have had significant staff changes as lives were impacted in different ways due to the pandemic. We had one person on furlough for a considerable period of time, but as it became clear we were not returning to the building we had to issue redundancy as we had no need for a reception worker. Over the course of the year six people left the organisation and nine people joined. One member of staff was promoted to head of Heads Out and Training. Staff have attended a range of training including on Suicide awareness, and suicide assessing for young people, youth work, and outcomes-based training. Due to Covid, it is clear that our service delivery model will have some

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2021

TRUSTEES' REPORT

changes to it longer term as we continue to understand more about how to live with Covid, and next year we will start planning for this longer term transition to some form of hybrid working.

This year has been very challenging for everyone and for staff who have spent a year remote working. This has brought fresh challenges both personally and professionally. The pace of change and the demand for support has been unrelenting during this year, and the ability to provide much needed mental health support during this time would not have been possible without the dedication of our committee staff team. The Trustees would like to take this opportunity to thank these staff members for their enormous and continued commitment and ongoing support. We would like to recognise the leadership of the CEO, who has been able to support and steer the organisation throughout such uncharted circumstances.

Contribution by volunteers

Many of ELOP's activities are carried out and supported by the skills, dedication and commitment of our volunteer teams. ELOP had more than 85 volunteers involved during the course of the year and generally maintained a core team of around 65 volunteers at any one time. We have been successful this year in recruiting new counsellors, group facilitators, befrienders and fundraising volunteers.

This year we have missed our overseas student interns, as their placements ceased during the pandemic, but we are looking forward to welcoming them back virtually next year. We were able to have social work students working virtually with us. During this year we also had five social work students undertaking 70-day placements at ELOP, an increase of two from the previous year. Our volunteer counsellor team continues to be our largest volunteer team, and whilst it initially shrank to 36 at the beginning of the year due to the pandemic, we have successfully recruited to this team and increased the team to 42 by the end of year.

Our group facilitators have done a fantastic job of supporting us and we were initially able to provide some group support through our first online group teaching the basics in sign language by one volunteer. Our volunteers have had to learn new skills in supporting groups online, but have stuck with us, and we are grateful for the support they have provided throughout the year.

ELOP recognises that we need to continue to recruit and retain volunteers to help us deliver the wide range of services we have on the modest amount of funding we receive. ELOP's Board would like to sincerely thank all volunteers for their continued hard work, loyalty and achievements; without their support ELOP could not successfully provide the range of activities on offer nor support as many individuals as we do.

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2021

TRUSTEES' REPORT

Financial review and reserves policy

We have this year had the opportunity to bring in more income than expenditure and have met our reserves target. We have agreed that we now should be working towards holding 3-6 months of reserves to demonstrate our sustainability and be able to cover the equivalent of three to 6 months of core funding at any one time. We recognise that this could be difficult to maintain in the current funding climate and the global pandemic so we will remain vigilant about our expenditure to ensure stability and sustainability for the future. The charity made a surplus of £137,668 (2020 - £117,422) and has unrestricted reserves totalling £332,954 of which £80,000 has been designated towards the relocation and expansion of the Charity's premises (2020 - £195,286).

The future

During 2021/22 we will continue to enhance the Board's capacity to support the organisation by recruiting to the final space on the Board, with a focus on recruiting someone with fundraising experience in individual donors and events fundraising. We will look to find suitable premises and explore the possibility of opening a hub in South Essex. We will be looking to deliver some face to face delivery whilst also providing online support and work to finding the right balance. Whilst some of the future remains uncertain due to the unprecedented events that have taken place with the global pandemic, we will work to ensure that we can maintain our current service provision and enhance it to provide mental health support that is needed now more than ever. Any new work will remain rooted within mental health and wellbeing support. We will also work to re-brand the organisation alongside the launch of our new constitution and name change.

EAST LONDON OUT PROJECT

YEAR ENDED 31 MARCH 2021

TRUSTEES' REPORT

Statement of Trustee's Responsibility in relation to Financial Statements

The charity's Trustees (Directors) are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

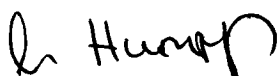
Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities as well as exercising proper financial controls.

There is no relevant audit information of which the charity's auditor is unaware; and the Trustees have taken all the steps that they ought to have taken to make their selves aware of any relevant audit information and to establish that the auditor is aware of that information.

By order of the trustees



Sarah Humphreys (Chair)

Date 21/12/2021

INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF EAST LONDON OUT PROJECT YEAR ENDED 31ST MARCH 2021

Opinion

We have audited the financial statements of East London Out Project (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, Balance Sheet, and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITORS REPORT TO THE MEMBERS OF EAST LONDON OUT PROJECT YEAR ENDED 31ST MARCH 2021

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

William Price & Co Audit Ltd

William Price & Co Audit Ltd

Statutory Auditors

Chartered Accountants

Eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

Date:

23-12-21

9 Westbury Court, Church Road
Bristol BS9 3EF

EAST LONDON OUT PROJECT

STATEMENT OF FINANCIAL ACTIVITIES

(including summary income and expenditure account)

YEAR ENDED 31ST MARCH 2021

	Notes	UNRESTRICTED FUNDS 2021	RESTRICTED FUNDS 2021	TOTAL FUNDS 2021	TOTAL FUNDS 2020
		£	£	£	£
INCOME					
Donations and Gifts	5	136,025	-	136,025	122,519
Charitable Activities	6	138,171	162,522	300,693	236,411
Other trading activities	5	14,941	-	14,941	11,824
TOTAL INCOMING RESOURCES	9	289,137	162,522	451,659	370,754
EXPENDITURE ON					
Charitable Activities	7	151,469	162,522	313,991	253,332
TOTAL EXPENDITURE	9	151,469	162,522	313,991	253,332
NET INCOMING RESOURCES FOR YEAR BEFORE TRANSFERS		137,668	-	137,668	117,422
TRANSFERS BETWEEN FUNDS	9	-	-	-	-
NET MOVEMENT IN FUNDS		137,668	-	137,668	117,422
FUNDS BROUGHT FORWARD AT 1ST APRIL		195,286	-	195,286	77,864
FUNDS CARRIED FORWARD AT 31ST MARCH		332,954	-	332,954	195,286

The Statement of Financial Activities includes all gains and losses in the year.
All incoming resources and resources expended derive from continuing activities.

EAST LONDON OUT PROJECT

BALANCE SHEET

AT 31ST MARCH 2021

	Notes	2021		2020	
		£	£	£	£
FIXED ASSETS	10		-		-
CURRENT ASSETS					
Debtors & prepayments	11	11,751		13,572	
Cash at bank and in hand		452,864		210,554	
		464,615		224,126	
CREDITORS, AMOUNTS FALLING DUE WITHIN ONE YEAR	12	131,661		28,840	
NET CURRENT ASSETS			332,954		195,286
TOTAL NET ASSETS		£	<u>332,954</u>	£	<u>195,286</u>
FUNDS					
Unrestricted Funds					
General Funds	9		252,954		195,286
Designated Funds	9		80,000		-
Restricted Funds	9		-		-
TOTAL FUNDS		£	<u>332,954</u>	£	<u>195,286</u>

The directors are satisfied that the company was entitled to exemption from audit under section 477 of the Companies Act 2006 and that members have not required an audit in accordance with section 476. However, an audit is required in accordance with the Charities Act 2011.

The directors acknowledge their responsibilities for:

- i) ensuring that the company keeps accounting records which comply with section 386; and
- ii) preparing accounts which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of section 396 and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the charitable company.

Approved by the Trustee Directors and signed on their behalf on 21/12/2021 by:



S Humphreys

Company Number : 03355423

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

1) ACCOUNTING POLICIES

The principal accounting policies adopted in the preparation of the financial statements are set out below, and have been consistently applied within the accounts.

- a) The financial statements have been prepared in accordance with the Financial Reporting Standard 102 (FRS 102), the Statement of Recommended Practice (SORP), "Accounting and Reporting by Charities" published in 2015 and applicable charity and company law. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The charity adopted SORP (FRS 102) in the current year and there were no transition adjustments

- b) The charity is a company limited by guarantee. The members of the company are the trustees named on page 1. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.
- c) Incoming resources are recognised on an accruals basis, except that donations and legacies are recognised only upon receipt unless the donor advises otherwise. Grants are treated as income for the period to which the grantor assigns the grant and the stipulated period of service provision and deferred as necessary. Service contracts or grants where the grantor stipulates performance targets and does not specify that a surplus is retrievable, are regarded as unrestricted once the targets are achieved. The value of services provided by volunteers is not incorporated into these financial statements. Donated assets are valued at fair market value. During the year no assets were donated.
- d) Resources Expended/ Expenditure
Charitable activities relate to the costs incurred in providing the company's charitable services. These include expenses to provide training to counsellors and education for relevant groups as well as the majority of staff costs. They include all materials and literature provided to run the projects and support costs like telephone, postage and stationery. Costs are shown inclusive on non-recoverable VAT.
- e) Fixed assets are capitalised at cost and depreciation is provided to write off the cost of the assets over their expected useful economic lives. Office equipment (General Fund) is written off at a rate of 33.3% per annum on a reducing balance basis. Leasehold improvements (General Fund) are written off at a rate of 20% per annum on a straight line basis. The length of the original lease was 5 years and these costs have now been fully amortised. The cost of subsequent refurbishments has been written off as incurred. Office equipment (restricted funds) is written off over the length of the funding. The estimated residual value of the fixed assets is nil.
- f) Stocks of safe sex literature relating to the Charity's services & general information are written off as incurred.
- g) The value of services provided by volunteers is not included within these financial statements.
- h) The Charity operates a defined contributions pension scheme
- i) The accounts have been prepared on a going concern basis.
- j) Unrestricted funds are available for the use in the furtherance of the charity's objectives. Restricted funds are subject to restrictions imposed by the donors as set out in the notes to the accounts.
- k) Debtors
Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.
- l) Creditors
Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

2) FUNDS & FUNDING

General Fund

The General Fund includes all grant income from Local Authorities or other statutory bodies who support the main objectives and services provided by the East London Out Project in their areas. The individual grants require a certain level of service provision, which are individually reported back to each funder.

The General Fund also accounts for unrestricted charitable trusts & foundation funding, donations, fundraising and investment income.

The London Borough of Tower Hamlets provided funding for the provision & delivery of an LGBT community forum for engaging local LGBT communities, representation & consultation, the provision, and delivery of LGBT community events, plus the delivery of LGBT mental health crisis prevention plans, support groups and awareness training to local providers.

The London Community Foundation – #iWill (Youth Social Action Fund) gave a one-year grant to fund an LGBT youth volunteer programme with roles in supporting school workshops, administration & fundraising.

The London Community Foundation – Tampon Tax Community Fund gave a one-year grant to run an LBT Women's programme to reduce social isolation and improve wellbeing.

The Proud Trust – gave a one-off small youth grant to support printing costs of young people designed t-shirts.

City Bridge Trust (3mth Covid Extension) gave a 3-month extension to a 3-year grant contributing to the organisations core counselling service costs for overheads, supporting volunteer counsellors & administrator.

City Bridge Trust Continuation Funding – gave a 2-year grant contributing dedicated funding to the organisations core counselling service costs for overheads, supporting volunteer counsellors and costs of a full-time administrator.

DH (National LGB&T Partnership) - The National LGB&T Partnership is an England-wide consortia of 10 partner LGBT voluntary & community organisations who are committed to reducing health inequalities & challenging homophobia, biphobia & transphobia in public services. ELOP is one of the partners. The Partnership is currently funded by the Department of Health to support & enable the partnerships strategic engagement & consultation with Government & statutory bodies.

BBC Children in Need - This is part of a 3-year grant to deliver a dedicated LGBT children's and young people's project including weekly youth support groups, one-to-one support, and counselling.

City Bridge Trust: London Community Response Fund - This is a 3-month covid support grant given to support the organisation to remodel and respond to the mental health, social isolation & wellbeing needs of LGBT+ people.

Groundwork UK - Thrive London - This is a 10-month grant for to support an LGBT Asylum Seekers Support Service.

LGBT+ Futures National Emergencies Trust Fund - This is a 6-month covid recovery grant to support purchase of PPE supplies, equipment & covid support counselling.

Lloyds Bank Foundation for England & Wales - This is a 1-year grant to support the organisations LGBT mental health crisis prevention and intervention services.

Mind - Coronavirus Mental Health Response Fund - This is a 1-year grant to support a LGBT mental health befriending & peer support service.

The National Lottery Community Fund - This is a 6-month covid support partnership grant with 2 other LGBT London based charities, to deliver an LGBT covid response mental health support project.

The National Lottery Community Fund & City Bridge Trust - This is a 6-month covid support grant to enable design, development & delivery of a training programme to upskill counsellors & mental health crisis team to respond to emerging covid-19 impact & needs of LGBT+ communities.

Tudor Trust - This is part of a 3-year grant for Director of Wellbeing Services post.

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

3) OPERATING SURPLUS/(DEFICIT)

	2021 £	2020 £
The net operating surplus/(deficit) of income over expenditure is stated after charging:		
Staff costs (note 4)	235,094	182,418
Depreciation of equipment & loss on disposal	-	666
Auditor's remuneration:		
- Other services	-	-
- As auditor	1,900	1,600

4) STAFF COSTS

	2021 £	2020 £
Staff costs for the year were as follows:		
Salaries	209,575	161,759
Social security costs	18,053	14,247
Pensions Costs	7,466	6,412
	235,094	182,418

The average number of persons employed by the charitable company in the year was 11 persons.
(2020 - 7). No member of staff was paid more than £60,000.

The key management personnel of the charity comprises the trustees and the Chief Executive, to whom responsibility for the day-to-day activities of the charity is delegated. The total employee benefits received by key management personnel during the year (excluding employer pension costs) were £57,072 (2020: £44,025).

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

5) INCOMING RESOURCES FROM GENERATED FUNDS

	TOTAL 2021		TOTAL 2020	
	£	£	£	£
UNRESTRICTED FUNDS				
GENERAL FUND				
Donations and Gifts				
Donations from individuals	27,910		23,425	
COVID - JRS	7,403		-	
User Contributions	100,712		99,094	
		136,025		122,519
Other trading activities				
Fund-raising activities	9,796		1,810	
Activities & events	-		2,844	
Training & Placement fees	5,110		7,170	
Other	-		-	
		14,906		11,824
		150,931		134,343
Investment Income				
Interest receivable		35		-
TOTAL RESOURCES FROM GENERATED FUNDS		150,966		134,343

6) ANALYSIS OF GRANTS

	GRANTS Rec'd in year	Opening Debtors	Closing Debtors	Deferred Income movement	TOTAL 2021	TOTAL 2020
	£	£	£	£	£	£
UNRESTRICTED FUNDS						
GENERAL FUND						
The London Community Foundation (Tampon Tax Community Fund)	-	-	-	10,511	10,511	3,504
THCVS - Community Insights Fund	-	-	-	-	-	2,946
LB Tower Hamlets	-	-	-	-	-	13,809
LB Tower Hamlets - Community Engagement	31,250	(6,250)	-	-	25,000	25,000
LB Tower Hamlets - Community Event	18,000	(3,000)	-	-	15,000	15,000
LB Tower Hamlets - LCF	27,617	-	-	-	27,617	-
London Community Foundation: Wave 5	9,863	-	-	(9,863)	-	-
City Bridge Trust	12,400	-	-	-	12,400	-
City Bridge Trust(2 year continuation)	49,500	-	-	(12,375)	37,125	-
DH (National LGBT Partnership)	1,920	-	100	-	2,020	2,468
DH Waltham Forest VAWG Partnership	325	(325)	-	-	-	6,415
Paul Cottingham Trust	-	-	-	-	-	3,231
UPS Foundation	-	-	-	-	-	11,195
GEO (LGBT Mental Health)	-	-	-	-	-	42,931
The London Community Foundation	-	-	-	8,298	8,298	-
The London Community Foundation (MOPAC Victims Fund)	-	-	-	-	-	16,382
The Proud Trust	200	-	-	-	200	-
London Community Foundation: MOPAC -other	11,073	-	-	(11,073)	-	-
The London Community Foundation (#iWill)	-	-	-	-	-	2,294
TOTAL GENERAL FUND	162,148	(9,575)	100	(14,502)	138,171	145,175
RESTRICTED FUNDS						
BBC Children in Need	29,498	-	-	-	29,498	29,438
City Bridge Trust	-	-	-	-	-	49,600
City Bridge Trust: London Community Response Fund	17,628	-	-	-	17,628	-
City Bridge Trust: TNLCF COVID-19 Response Fund	36,590	-	-	-	36,590	-
The National Lottery Partnership Fund	29,918	-	-	-	29,918	-
Tides Foundation Google Community Fund	22,599	-	-	(22,599)	-	-
Lloyds Bank Foundation fir England & Wales	33,000	-	-	(5,500)	27,500	-
Tudor Trust	40,000	-	-	(32,001)	7,999	-
Tudor Trust - other	2,000	-	-	(2,000)	-	-
Mind - Coronavirus Mental Health Response Fund	19,722	-	-	(15,244)	4,478	-
Groundwork UK - Thrive London	6,057	-	1,514	-	7,571	-
LGBT+ Futures National Emergencies Trust Fund	7,428	-	-	(6,088)	1,340	-
People's Health Trust	-	-	-	-	-	12,198
TOTAL RESTRICTED FUNDS	244,440	-	1,514	(83,432)	162,522	91,236
TOTAL UNRESTRICTED & RESTRICTED	406,588	(9,575)	1,614	(97,934)	300,693	236,411

Deferred income is funding received in advance for service activities not planned for in the current year and where the funder has assigned the

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

7) TOTAL RESOURCES EXPENDED

SERVICE AREA				TOTAL	
	Core Services £	Governance £	Support £	2021 £	2020 £
Core Service activities	292,943	11,474	9,574	313,991	235,637
TOTAL RESOURCES EXPENDED	292,943	11,474	9,574	313,991	235,637

Where not directly attributable, costs are allocated on a basis of estimated time associated with specific activities.

8) GOVERNANCE & SUPPORT COSTS

	2021 £	2021 £
	Governance	Support
Staff salaries	6,817	6,817
Apportioned office running costs and resources	2,757	2,757
Audit & accountancy	1,900	-
	11,474	9,574

9) MOVEMENT ON FUNDS IN YEAR

	Note	Opening Balance at 1/4/2020 £	Incoming Resources (notes 5 & 6) £	Outgoing Resources (note 7) £	Transfers between funds £	Closing Balance at 31/3/2021 £
UNRESTRICTED FUNDS	2					
General Fund		195,286	289,137	151,469	(80,000)	252,954
Designated Funds:						
Property Reserve	see below	-	-	-	80,000	80,000
		195,286	289,137	151,469	-	332,954
RESTRICTED FUNDS	2					
BBC Children in Need		-	29,498	29,498	-	-
City Bridge Trust: London Community Response Fund		-	17,628	17,628	-	-
City Bridge Trust: TNLCF COVID-19 Response Fund		-	36,590	36,590	-	-
The National Lottery Partnerships Fund		-	29,918	29,918	-	-
Tides Foundation Google Community Fund		-	-	-	-	-
Lloyds Bank Foundation for England & Wales		-	27,500	27,500	-	-
Tudor Trust		-	7,999	7,999	-	-
Mind - Coronavirus Mental Health Response Fund		-	4,478	4,478	-	-
Groundwork UK - Thrive London		-	7,571	7,571	-	-
LGBT+ Futures National Emergencies Trust Fund		-	1,340	1,340	-	-
TOTAL RESTRICTED FUNDS		-	162,522	162,522	-	-
TOTAL UNRESTRICTED & RESTRICTED		195,286	451,659	313,991	-	332,954

The Trustees have designated £80,000 towards the relocation and expansion of the charity's premises.

EAST LONDON OUT PROJECT

FIXED ASSETS

YEAR ENDED 31ST MARCH 2021

10) FIXED ASSETS

	Leasehold	Office Equipment	
	General Fund	General Fund	TOTAL
<i>Cost</i>	£	£	£
Brought forward	7,116	30,037	37,153
Additions	-	-	-
Disposals	-	-	-
AT 31ST MARCH 2021	<u>7,116</u>	<u>30,037</u>	<u>37,153</u>
 <i>Depreciation</i>			
Brought forward	7,116	30,037	37,153
Charge for year	-	-	-
On disposals	-	-	-
Transfers between funds	-	-	-
AT 31ST MARCH 2021	<u>7,116</u>	<u>30,037</u>	<u>37,153</u>
 <i>Net Book Value</i>			
AT 31ST MARCH 2021	<u>-</u>	<u>-</u>	<u>-</u>
AT 31ST MARCH 2020	<u>-</u>	<u>-</u>	<u>-</u>

11) DEBTORS, amounts falling due within one year

	2021	2020
	£	£
Grants receivable	1,614	9,575
Other debtors & prepayments	10,137	3,997
	<u>11,751</u>	<u>13,572</u>

12) CREDITORS, amounts falling due within one year

	2021	2020
	£	£
Other taxation & social security	6,060	3,123
Deferred income	116,742	18,809
Other creditors & accruals	8,859	6,908
	<u>131,661</u>	<u>28,840</u>

EAST LONDON OUT PROJECT

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

13) ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Restricted £	Unrestricted £	Total £
Tangible Fixed Assets	-	-	-
Current Assets	1,514	463,101	464,615
Current Liabilities	(1,514)	(130,147)	(131,661)
	-	332,954	332,954

14) TRUSTEES' REMUNERATION & EXPENSES

In the year there were nil payments to Trustees, . (2020 - nil.)

15) TAXATION

The charity is exempt from tax on its charitable activities.

16) STATUS, CONNECTED CHARITIES & RELATED PARTY TRANSACTIONS

The company is incorporated by charitable means and is limited by guarantee without share capital. The company is not part of any group.

No payments were made to any related party.

17) COMMITMENTS

The lease on the ELOP centre premises has expired. The charity is currently renting the same property on an annual basis.

18) GOING CONCERN

The funding environment remains challenging. The directors, however, believe that costs can be maintained in line with available income and as a result they have adopted the going concern basis of accounting.