

**REGISTERED COMPANY NUMBER: 03328628 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1067428**

**Report of the Trustees and**  
**Audited Financial Statements for the Year Ended 31 March 2023**  
**for**  
**Adfam National**  
**(A Company Limited by Guarantee)**

Grant Harrod Lerman Davis LLP  
Chartered Accountants  
Statutory Auditors  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

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for the year ended 31 March 2023**

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**Adfam National**  
**Report of the Trustees**  
**for the year ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees take this opportunity to thank all the donors for their support and financial commitment without which they would be unable to meet their objectives.

## **Adfam National**

### **Report of the Trustees for the year ended 31 March 2023**

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

##### **Adfam's Vision, Mission and Values**

##### **Vision**

We want anyone affected by someone else's drug or alcohol use, or problem gambling, to have the chance to benefit from healthy relationships, be part of a loving and supportive family and enjoy mental and physical wellbeing.

##### **Mission**

Drug and alcohol use, or problem gambling, can threaten and ultimately destroy family relationships and wellbeing. We empower family members and carers, support front-line workers and influence decision-makers to stop this happening.

##### **What we value**

We listen to families and front-line workers.

We know that people who face challenges often also have answers. So what we do is informed by our supporters: using compassion and evidence we inform, support and empower both people affected by a loved one's substance misuse and the workers who support them. We build skills, resources, confidence and pathways so both groups can help themselves, their peers, clients and communities.

##### **We're driven by what works**

The impact of substance use on family relationships and wellbeing is both profound and varied. We approach our work with care and close attention to what works in the real world. To do this we embrace evidence in all its diversity, never underestimating the value of real-life experience as well as formal research evidence. Our work is driven by our friends, supporters and colleagues and what they tell us works.

##### **We're serious about our mission**

We are serious about our work, and our partnerships, and committed to delivering them to the highest quality. We know that prejudice and stigma are barriers to recovery and cause harm, and we promise to treat individuals and families affected by drugs and alcohol with respect and dignity. We want to see a society free from stigma towards drug and alcohol users and their families, and will fight until it exists.

##### **Who we work with**

Families, friends and carers - We inform and empower those affected by another's substance use, and amplify their voices to ensure they have a stake in the issues that affect them.

Frontline workers - We build the confidence, capacity and capability of practitioners to ensure the support they deliver is effective and appropriate.

Decision-makers - We engage and influence key national and local decision-makers to shape policy and ensure they understand the issues the families we work with face every day.

##### **Adfam's current areas of activity:**

We base our activities on our Theory of Change, comprising three components:

##### **1. Making a difference for families: we do this in the following ways:**

- Running innovative projects to develop models of direct work with families
- Providing information leaflets and an on-line peer support forum
- An online service of one-to-one sessions of support: Adfam@Home



## **Adfam National**

### **Report of the Trustees for the year ended 31 March 2023**

2. Capacity building to effect change for practitioners: we do this by:

- Providing accredited training
- Running national online forums which serve as a network for a wide range of professionals from relevant sectors to share and develop good practice
- Providing a consultancy service to build the capacity of practitioners to work with families, enabling the development of a family focused approach

3. Influencing strategic change: we do this by:

- Running 'thought leadership' events on relevant topics
- Supporting volunteers as advocates, giving a voice to family member/carers, challenging stigma and raising awareness of their needs
- providing access to national policy consultations disseminating policy and good practice briefings
- involving volunteers and practitioners in qualitative research
- developing and disseminating materials designed to advocate on behalf for families, for example, policy briefings, press and media communications, qualitative research, focus groups, consultations, surveys, and round table discussions and events
- commissioning and conducting research
- running public awareness campaigns
- talking to parliamentarians and Government officials

#### **Public benefit**

The public benefits from Adfam's services through our direct work with vulnerable families and families in isolated, and hard to reach communities. Adfam's indirect services influence government policy so that the needs of these families and the general public are taken into account in national government strategies. Adfam also provides information and the testimonies of families affected by substance use to the media, and to local and national opinion formers.

## **Adfam National**

### **Report of the Trustees for the year ended 31 March 2023**

#### **STRATEGIC REPORT**

##### **Achievement and performance**

##### **Charitable activities**

Adfam's achievements include :

We continue to develop the reach of our online one-to-one and facilitated peer support groups for families: Adfam@Home. We have funding from the National Lottery Reaching Communities Fund, and from Lambeth, Lancashire and North Yorkshire local authorities.

We have funding from the Veterans Foundation to deliver Adfam@Home for military veterans' families.

We have grown our reach, and direct work. During this financial year, we have Family Support Co-ordinators delivering direct work with families in Peterborough, Buckinghamshire, York, North Yorkshire and East Sussex. We continue to have a successful relationship with local authorities. We continued to be funded to work with NHS Inclusion to embed family work within their treatment services in Buckinghamshire. We secured funding from East Sussex to deliver a family support service, and from Two Ridings Trust and Changing Lives to deliver a partnership project for families in York and North Yorkshire. We secured funding from the Veterans Foundation to deliver Adfam@Home for families of military veterans.

We set up a Lived Experience Advisory Group, bringing together a group of family members to act as a sounding board for Adfam's strategy and activities, chaired by one of Adfam's trustees. We continue to lead on the Alcohol and Families Alliance and have set up the Alliance of Family Support Groups.

In 2022/23, we achieved:

- The setting up of our Adfam@Home service- a virtual one-to-one support service for individual family members, provided by a professional family practitioner.
- The setting up of a pilot Adfam@Home for family members with a loved one in residential rehab, and in North Yorkshire, for families with a loved one involved in the criminal justice system.
- The delivery of a facilitated on-line peer support for those supporting a loved one with a dual diagnosis.
- Provision of support and activities for families in Peterborough and East Sussex.
- Adfam@Home for families of military veterans was launched.
- Joint working with One Recovery Bucks, in Buckinghamshire, to integrate family support across their treatment service.
- The production of toolkits: for practitioner working with families with a loved one with a dual diagnosis, and for practitioners working with the families of problem gamblers.

Adfam:

- directed families throughout the UK to local support with our family support map.
- continued to host our online support forum, a safe-space for families and friends to share their experiences online and support others going through similar situations. We had 874 new users in 2022-23.
- delivered our accredited training courses, via Zoom, to practitioners working with families affected by substance use across the country, as well as associated issues like child-parent abuse, ACEs and domestic violence.
- held national forums across England to promote inter-service collaboration and the spread of best practice with speakers in topics including support for LGBT 'families, families and gambling, and the latest research on families affected by substance use.
- We held 12 forums for practitioners; these forums include presentations on research, and on good practice. We collaborated with partners in Wales to hold the Wales Families Forums.

## Adfam National

### Report of the Trustees for the year ended 31 March 2023

- continued to lead the Alcohol and Families Alliance, holding all member meetings and initiating research into non-dependent drinking and couple conflict.

We produced a report on couple conflict and non-dependent drinking as part of our leadership of the Alcohol and Families Alliance, and on the cost of living crisis and how it is affecting families.

Our reach this year:

206,825 web users: 99% of which are new users  
7,090 Twitter followers  
1,808 followers on Facebook  
1,451 Instagram followers  
445 LinkedIn followers  
2745 families and friends are subscribed to our regular newsletter  
38,643 views were made to our online peer support forum  
421 referrals have been made to our remote support service, Adfam@Home

We are grateful to the following funders for their continued support:

Awards for All (20193069)  
Bracknell Forest Council  
Community Fund Big Lottery  
Cambridgeshire Community Foundation  
Changing Lives  
Charities Aid Foundation  
Collective Voice  
East Sussex County Council  
Garfield Weston Foundation  
Lancashire County Council  
London Joint Working Group on Hep C  
Midlands Partnership NHS Foundation - Inclusion  
National Community Lottery Fund  
North Yorkshire PFCC  
Sidney Ivor Luck Counselling Trust  
The Dulverton Trust  
The Veterans' Foundation  
TIDES  
Two Ridings Community Foundation

#### Financial review

#### Financial review

#### Review of Adfam National's year-end financial position

Our income for the year was £463,965, which is a decrease from the previous year (£532,128). Expenditure however increased to £597,782 from £574,310 in 2022. This produced a net income/(expenditure) position for the year at (£133,817) compared to (£42,182) for the year 2022. The primary reason for the increase in the deficit position was higher restricted expenditure incurred in the year, which was related to restricted funds received the prior financial year and carried forward into this reporting year. We continue to keep our income and expenditure under review.

**Adfam National**  
**Report of the Trustees**  
**for the year ended 31 March 2023**

**STRATEGIC REPORT**

**Financial review**

**Reserves policy**

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to 3 months of unrestricted operating expenditure, which equated to £60,000 in general funds. At this level the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed.

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation.

The present level of reserves available to the charity met the target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee has also considered the extent to which existing activities can be rationalised, should such circumstances arise.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Adfam National is a charitable company (trading and widely known as Adfam) limited by guarantee and governed by its memorandum and articles of association. The company was incorporated on 28 February 1997 and registered as a charity on 14 January 1998. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Under the articles of association the board of trustees appoint new trustees, who are required to stand for re-election at the next Annual General Meeting. One third of the existing trustees are required to stand for re-election at the same meeting.

The board of Trustees, chaired by Siwan Hayward, meet 4 times per annum and focuses on strategic, policy and finance issues. Daily management of the organisation is delegated to the Chief Executive.

**Recruitment and appointment of new trustees**

The Chair of the Board resigned this year and was replaced by Paul Hayes. New trustees are encouraged to undertake an orientation and familiarisation day with the organisation, and to visit our projects.

Away days for Board members are held on an annual basis, when the overall strategy for the organisation is reviewed and agreed.

**Organisational structure**

In order to achieve our objectives, Adfam maintains a flexible staffing structure, allowing us to recruit new staff as demand and funding allows. Our emphasis on internal consultation allows us to use the strengths of our entire staff.

Our Senior Management Team (SMT), which currently consists of the Directors of Finance & Administration, and Programmes, the Director of Services, plus the Chief Executive, reports to the Trustees.

**Induction and training of new trustees**

New Trustees are offered an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees receive a copy of Adfam's Governance manual, policies and procedures.

New Trustees also meet Adfam team members. They are invited and encouraged to attend Adfam events as well as visit Adfam projects.

## **Adfam National**

### **Report of the Trustees for the year ended 31 March 2023**

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Related parties**

Adfam supports government initiatives that reflect a measured, realistic approach to the issues of drugs and alcohol where they affect families and communities. Adfam believes in the need for families to have support in their own right.

There have been significant changes in the substance misuse field since Adfam was founded, reflected in Government strategies and policies. Adfam reflects these changes in its strategy.

Adfam still relies heavily on Trust and Foundation funding, for which competition is acute.

Adfam continues to have an important role in supporting voluntary community groups to build their capacity and to help ensure that they continue to support families at local level. This is even more important in a climate of financial cuts as local family support groups are finding survival more difficult.

We recognise there is potential for more lobbying work in order to ensure strategy is translated into practice. We continue to work on strengthening our policy, parliamentary influencing and communications activities. We have developed a network of advocates - family members with lived experience, who give us valuable information to inform our strategic direction, and take part in our debates and conferences.

Adfam strongly believes in collaborative working and actively participates in the activities of a variety of membership organisations, networking forums and advisory groups. We work with Alcohol Change UK and the Institute of Alcohol Studies to deliver the Alcohol and Families Alliance, which attracts membership from organisations across the substance misuse, families and children's sectors. We are members of the Kin Care Alliance and the Collective Voice Strategic Group.

##### **Risk management**

The Trustees carry out a regular review of the external risks which the charity may face. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects. We have developed protocols and policies to ensure consistent quality of delivery of all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors in the workplace. We have both adult and children's safeguarding policies in place. All staff, regardless of role, are DBS checked.

A risk assessment to enable decisions about possible corporate sponsorship has been developed.

##### **Plans for Future Periods**

##### **Review of the activities and future developments**

Adfam has worked with families affected by drug use since 1984, when it was established by the mother of a heroin user who was unable to find support for herself. Since then it has developed a reputation as leader in the field of substance related family work. Our status consolidates our experience and our reputation. Adfam acts as a networking organisation for local providers, commissioners, and family members themselves, via its website, newsletters, forums, advocacy programmes, direct work, information leaflets and telephone contacts. Adfam is in touch with over 2,500 supporters who attend our consultation events, receive our policy briefings, and respond to our requests for information about our future strategy and activities.

We will continue to bid for innovative projects which will endorse our position as the leading charity for families affected by addiction.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

03328628 (England and Wales)

**Adfam National**

**Report of the Trustees  
for the year ended 31 March 2023**

**Registered Charity number**  
1067428

**Registered office**  
27 Swinton Street  
London  
WC1X 9NW

**Trustees**  
J W Armstrong  
R B Lambourn (resigned 23.11.2022)  
S L Hayward OBE  
K C Parrett  
F T Duhig  
D Wightman  
E Kaner  
M Durie  
M Guymer  
P J Hayes (appointed 23.11.2022)

**Company Secretary**  
O Amin

**Auditors**  
Grant Harrod Lerman Davis LLP  
Chartered Accountants  
Statutory Auditors  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Adfam National for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Report of the Trustees  
for the year ended 31 March 2023**

**STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued**

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**Chief Executive**

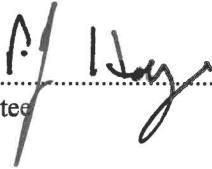
Vivienne Evans OBE (non trustee)

**AUDITORS**

The auditors, Grant Harrod Lerman Davis LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on .....06/11/23..... and signed on the board's behalf by:

.....  
P J Hayes - Trustee



## **Report of the Independent Auditors to the Members of Adfam National**

### **Opinion**

We have audited the financial statements of Adfam National (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.



**Report of the Independent Auditors to the Members of  
Adfam National**

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## **Report of the Independent Auditors to the Members of Adfam National**

### **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of trustees and inspection of policy documentation as to the Charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Board minutes.
- Using analytical procedures to identify any unusual or unexpected relationships

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because the Charity's revenue transactions are simple and low value with few, if any, judgmental aspects to revenue recognition. We are not aware of any incentives or pressures linked to revenue recognition.

We did not identify any additional fraud risks.

In determining the audit procedures, we took into account the results of our evaluation and testing of the operating effectiveness of fraud risk management controls.

We also performed procedures including identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts.

Identifying and responding to risks of material misstatement due to non-compliance with laws and regulations.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, and through discussion with the directors and other management (as required by auditing standards), and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

Context of the ability of the audit to detect fraud or breaches of law or regulation.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations

**Report of the Independent Auditors to the Members of  
Adfam National**

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Jeremy Harrod FCCA (Senior Statutory Auditor)  
for and on behalf of Grant Harrod Lerman Davis LLP  
Chartered Accountants  
Statutory Auditors  
1st Floor  
Healthaid House  
Marlborough Hill  
Harrow  
Middlesex  
HA1 1UD

Date: 6/11/23

**Adfam National**

**Statement of Financial Activities  
for the year ended 31 March 2023**

		Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
	Notes				
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	12,203	-	12,203	14,722
<b>Charitable activities</b>	5				
Discrete Projects		28,001	402,217	430,218	472,750
Other trading activities	3	20,229	-	20,229	44,593
Investment income	4	1,315	-	1,315	63
<b>Total</b>		<u>61,748</u>	<u>402,217</u>	<u>463,965</u>	<u>532,128</u>
<b>EXPENDITURE ON</b>					
Raising funds	6	18,066	-	18,066	21,625
<b>Charitable activities</b>	7				
Discrete Projects		74,584	499,632	574,216	551,279
Charitable		-	-	-	1,406
Other		<u>5,500</u>	<u>-</u>	<u>5,500</u>	<u>-</u>
<b>Total</b>		<u>98,150</u>	<u>499,632</u>	<u>597,782</u>	<u>574,310</u>
<b>NET INCOME/(EXPENDITURE)</b>		(36,402)	(97,415)	(133,817)	(42,182)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		124,577	113,251	237,828	280,010
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>88,175</u></u>	<u><u>15,836</u></u>	<u><u>104,011</u></u>	<u><u>237,828</u></u>

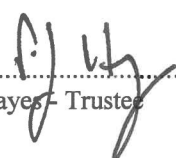
The notes form part of these financial statements

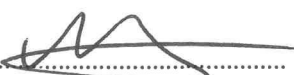
# Adfam National

## Balance Sheet 31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Intangible assets	13	18,262	-	18,262	-
Tangible assets	14	7,652	-	7,652	2,037
		<u>25,914</u>	<u>-</u>	<u>25,914</u>	<u>2,037</u>
<b>CURRENT ASSETS</b>					
Debtors	15	8,682	26,373	35,055	65,141
Cash at bank		98,901	66,756	165,657	343,620
		<u>107,583</u>	<u>93,129</u>	<u>200,712</u>	<u>408,761</u>
<b>CREDITORS</b>					
Amounts falling due within one year	16	(45,322)	(77,293)	(122,615)	(172,970)
<b>NET CURRENT ASSETS</b>		<u>62,261</u>	<u>15,836</u>	<u>78,097</u>	<u>235,791</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>88,175</u>	<u>15,836</u>	<u>104,011</u>	<u>237,828</u>
<b>NET ASSETS</b>		<u>88,175</u>	<u>15,836</u>	<u>104,011</u>	<u>237,828</u>
<b>FUNDS</b>	17				
Unrestricted funds				88,175	124,577
Restricted funds				15,836	113,251
<b>TOTAL FUNDS</b>				<u>104,011</u>	<u>237,828</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 06/11/23 and were signed on its behalf by:

  
P J Hayes - Trustee

  
J W Armstrong - Trustee

The notes form part of these financial statements

**Adfam National**

**Cash Flow Statement  
for the year ended 31 March 2023**

	Notes	2023 £	2022 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	(151,609)	(103,457)
Net cash used in operating activities		<u>(151,609)</u>	<u>(103,457)</u>
<b>Cash flows from investing activities</b>			
Purchase of intangible fixed assets		(20,228)	-
Purchase of tangible fixed assets		(7,441)	-
Interest received		1,315	63
Net cash (used in)/provided by investing activities		<u>(26,354)</u>	<u>63</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(177,963)</u>	<u>(103,394)</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>343,620</u>	<u>447,014</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>165,657</u></u>	<u><u>343,620</u></u>

The notes form part of these financial statements

**Adfam National**

**Notes to the Cash Flow Statement  
for the year ended 31 March 2023**

**1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2023 £	2022 £
<b>Net expenditure for the reporting period (as per the Statement of Financial Activities)</b>	(133,817)	(42,182)
<b>Adjustments for:</b>		
Depreciation charges	3,792	1,406
Interest received	(1,315)	(63)
Decrease in debtors	30,086	36,486
Decrease in creditors	(50,355)	(99,104)
<b>Net cash used in operations</b>	<u>(151,609)</u>	<u>(103,457)</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.22 £	Cash flow £	At 31.3.23 £
<b>Net cash</b>			
Cash at bank	343,620	(177,963)	165,657
	<u>343,620</u>	<u>(177,963)</u>	<u>165,657</u>
<b>Total</b>	<u>343,620</u>	<u>(177,963)</u>	<u>165,657</u>

The notes form part of these financial statements

**Notes to the Financial Statements  
for the year ended 31 March 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

Direct costs incurred in connection with a particular project are allocated to that particular project.

Fundraising and publicity costs comprise costs incurred with raising voluntary contributions.

General and overhead costs which are not specific to Management and Administration, Fundraising and Publicity, or Direct Charitable activities are allocated as Support costs to these headings. The basis of allocation is on an analysis of the resources utilised by each of these activities.

Support costs are those costs which enable fund generating and charitable activities to be undertaken.

Support costs calculated as 15% of the total cost of resources expended.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment        -    20% on cost

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.



**Adfam National**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

<b>2. DONATIONS AND LEGACIES</b>		
	2023	2022
	£	£
Donations	<u>12,203</u>	<u>14,722</u>
<b>3. OTHER TRADING ACTIVITIES</b>		
	2023	2022
	£	£
Activities for generating funds	18,839	35,368
Other income	<u>1,390</u>	<u>9,225</u>
	<u>20,229</u>	<u>44,593</u>
<b>4. INVESTMENT INCOME</b>		
	2023	2022
	£	£
Deposit account interest	<u>1,315</u>	<u>63</u>
<b>5. INCOME FROM CHARITABLE ACTIVITIES</b>		
	2023	2022
	£	£
Grants	<u>430,218</u>	<u>472,750</u>
Grants received, included in the above, are as follows:		
	2023	2022
	£	£
Awards For All	10,000	-
Esmee Fairbairn Foundation (Ref: 17-2504)	-	75,000
Collective Voice	-	8,000
London Joint Working Group on Hep C	71,500	53,500
Institute of Alcohol Studies	-	10,000
Halley Stewart Trust	-	30,000
Alcohol Change UK	-	10,000
Midlands Partnership NHS Foundation - Inclusion	20,000	20,000
Gamble Aware	-	45,000
London Borough of Haringey	-	16,100
The Dulverton Trust	16,278	9,322
East Sussex County Council	106,855	70,056
Sidney Ivor Luck Counselling Trust	5,000	5,000
Cambridgeshire Community Foundation	10,000	11,000
National Community Lottery Fund	29,925	21,375
Charities Aid Foundation	17,610	47,582
Two Ridings Community Foundation	15,566	15,565
Esmee Fairbairn Foundation (Ref: Funding plus)	-	5,250
Changing Lives	22,303	20,000
Bracknell Forest Council	7,200	-
Community Fund Big Lottery	38,299	-
Garfield Weston Foundation	20,000	-
Lancashire County Council	1,000	-
North Yorkshire PFCC	2,303	-
The Veterans Foundation	<u>2,500</u>	<u>-</u>
Carried forward	396,339	472,750

**Adfam National**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**5. INCOME FROM CHARITABLE ACTIVITIES - continued**

	2023	2022
	£	£
Brought forward	396,339	472,750
TIDES	5,878	-
	<u>402,217</u>	<u>472,750</u>

**6. RAISING FUNDS**

**Other trading activities**

	2023	2022
	£	£
Costs of generating funds	<u>18,066</u>	<u>21,625</u>

**7. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £
Discrete Projects	<u>574,216</u>

**8. SUPPORT COSTS**

	Governance costs £
Other resources expended	<u>5,500</u>

Support costs, included in the above, are as follows:

**Governance costs**

	2023 Other resources expended £	2022 Total activities £
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
	<u>5,500</u>	<u>5,500</u>

**Adfam National**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**9. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
Depreciation - owned assets	1,826	1,406
Computer software amortisation	1,966	-
	<u>1,966</u>	<u>-</u>

**10. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

**11. STAFF COSTS**

	2023	2022
	£	£
Wages and salaries	170,917	326,565
Social security costs	-	26,505
Other pension costs	-	16,780
	<u>170,917</u>	<u>369,850</u>

The average monthly number of employees during the year was as follows:

	2023	2022
	18	16
Charitable operations	<u>18</u>	<u>16</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£60,001 - £70,000	1	-
£70,001 - £80,000	-	1
	<u>1</u>	<u>1</u>

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	14,722	-	14,722
<b>Charitable activities</b>			
Discrete Projects	28,000	444,750	472,750
Other trading activities	44,593	-	44,593
Investment income	63	-	63
<b>Total</b>	<u>87,378</u>	<u>444,750</u>	<u>532,128</u>
<b>EXPENDITURE ON</b>			
Raising funds	21,625	-	21,625
<b>Charitable activities</b>			
Discrete Projects	64,274	487,005	551,279
Charitable	1,406	-	1,406
<b>Total</b>	<u>87,305</u>	<u>487,005</u>	<u>574,310</u>
<b>NET INCOME/(EXPENDITURE)</b>	73	(42,255)	(42,182)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	124,504	155,506	280,010
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>124,577</u>	<u>113,251</u>	<u>237,828</u>

13. INTANGIBLE FIXED ASSETS

	Computer software £
<b>COST</b>	
Additions	20,228
<b>AMORTISATION</b>	
Charge for year	1,966
<b>NET BOOK VALUE</b>	
At 31 March 2023	18,262
At 31 March 2022	-

**Adfam National**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**14. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 April 2022	18,118
Additions	7,441
	<hr/>
At 31 March 2023	25,559
	<hr/>
<b>DEPRECIATION</b>	
At 1 April 2022	16,081
Charge for year	1,826
	<hr/>
At 31 March 2023	17,907
	<hr/>
<b>NET BOOK VALUE</b>	
At 31 March 2023	7,652
	<hr/>
At 31 March 2022	2,037
	<hr/>

**15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Trade debtors	26,727	57,964
Prepayments and accrued income	8,328	7,177
	<hr/>	<hr/>
	35,055	65,141
	<hr/>	<hr/>

**16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023 £	2022 £
Trade creditors	24,677	33,315
Social security and other taxes	7,322	7,684
Other creditors	5,723	1,459
Accruals and deferred income	84,893	130,512
	<hr/>	<hr/>
	122,615	172,970
	<hr/>	<hr/>

**17. MOVEMENT IN FUNDS**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	124,577	(36,402)	88,175
<b>Restricted funds</b>			
Discrete Projects	113,251	(97,415)	15,836
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	237,828	(133,817)	104,011
	<hr/>	<hr/>	<hr/>

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	61,748	(98,150)	(36,402)
<b>Restricted funds</b>			
Discrete Projects	402,217	(499,632)	(97,415)
<b>TOTAL FUNDS</b>	<u>463,965</u>	<u>(597,782)</u>	<u>(133,817)</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	124,504	73	124,577
<b>Restricted funds</b>			
Discrete Projects	155,506	(42,255)	113,251
<b>TOTAL FUNDS</b>	<u>280,010</u>	<u>(42,182)</u>	<u>237,828</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	87,378	(87,305)	73
<b>Restricted funds</b>			
Discrete Projects	444,750	(487,005)	(42,255)
<b>TOTAL FUNDS</b>	<u>532,128</u>	<u>(574,310)</u>	<u>(42,182)</u>

Notes to the Financial Statements - continued  
for the year ended 31 March 2023

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	124,504	(36,329)	88,175
<b>Restricted funds</b>			
Discrete Projects	155,506	(139,670)	15,836
<b>TOTAL FUNDS</b>	<u>280,010</u>	<u>(175,999)</u>	<u>104,011</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	149,126	(185,455)	(36,329)
<b>Restricted funds</b>			
Discrete Projects	846,967	(986,637)	(139,670)
<b>TOTAL FUNDS</b>	<u>996,093</u>	<u>(1,172,092)</u>	<u>(175,999)</u>

Purposes of Restricted funds:

Discrete Projects:

Adfam also incurs significant restricted expenditure on discrete projects, as determined by their respective service level agreements and/or contracts. These expenses are mainly utilised in delivering the outputs of the project.

**Influencing and public information**

Although the charity receives no restricted funds for Influencing and Public Information, the charity incurs significant expenditure on this area. As part of its objectives the charity undertakes "publicity and educational work of all descriptions". The expenditure on this area:

- makes the public aware of the incidence and effects of alcohol and drug abuse and everyone's shared responsibility to act to stop it.
- provides evidence for the need for policy change and legislative reform to better understand and better represent the issues facing families affected by alcohol and drug abuse.

**Adfam National**

**Notes to the Financial Statements - continued  
for the year ended 31 March 2023**

**18. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023.

**19. LIABILITY OF MEMBERS**

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

**20. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES**

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.