

REGISTERED COMPANY NUMBER: 03328628 (England and Wales)
REGISTERED CHARITY NUMBER: 1067428

Report of the Trustees and
Audited Financial Statements for the Year Ended 31st March 2021
for
Adfam National
(A Company Limited by Guarantee)

Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

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for the year ended 31st March 2021**

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Adfam National

**Report of the Trustees
for the year ended 31st March 2021**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees take this opportunity to thank all the donors for their support and financial commitment without which they would be unable to meet their objectives.

**Report of the Trustees
for the year ended 31st March 2021**

OBJECTIVES AND ACTIVITIES

Objectives and aims

Adfam's Vision, Mission and Values

Vision

We want anyone affected by someone else's drug or alcohol use, or problem gambling, to have the chance to benefit from healthy relationships, be part of a loving and supportive family and enjoy mental and physical wellbeing.

Mission

Drug and alcohol use, or problem gambling, can threaten and ultimately destroy family relationships and wellbeing. We empower family members and carers, support front-line workers and influence decision-makers to stop this happening.

What we value

We listen to families and front-line workers

We know that people who face challenges often also have answers. So what we do is informed by our supporters: using compassion and evidence we inform, support and empower both people affected by a loved one's substance misuse and the workers who support them. We build skills, resources, confidence and pathways so both groups can help themselves, their peers, clients and communities.

We're driven by what works

The impact of substance use on family relationships and wellbeing is both profound and varied. We approach our work with care and close attention to what works in the real world. To do this we embrace evidence in all its diversity, never underestimating the value of real-life experience as well as formal research evidence. Our work is driven by our friends, supporters and colleagues and what they tell us works.

We're serious about our mission

We are serious about our work, and our partnerships, and committed to delivering them to the highest quality. We know that prejudice and stigma are barriers to recovery and cause harm, and we promise to treat individuals and families affected by drugs and alcohol with respect and dignity. We want to see a society free from stigma towards drug and alcohol users and their families, and will fight until it exists.

Who we work with

Families, friends and carers - We inform and empower those affected by another's substance use, and amplify their voices to ensure they have a stake in the issues that affect them.

Frontline workers - We build the confidence, capacity and capability of practitioners to ensure the support they deliver is effective and appropriate.

Decision-makers - We engage and influence key national and local decision-makers to shape policy and ensure they understand the issues the families we work with face every day.

Adfam's current areas of activity:

We base our activities on our Theory of Change, comprising three components:

1. Making a difference for families: we do this in the following ways:

- Running innovative projects to develop models of direct work with families; examples are: with kinship carers in Peterborough, with children of alcohol dependent parents in L.B Haringey, and in Swindon, with families with a child with FASD, and with families experiencing mental health problems.
- Providing information leaflets and an on-line peer support forum

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**Report of the Trustees
for the year ended 31st March 2021**

2. Capacity building to effect change for practitioners: we do this by:

- Providing accredited training
- Running national online forums which serve as a network for a wide range of professionals from relevant sectors to share and develop good practice
- Providing a consultancy service to build the capacity of practitioners to work with families, enabling the development of a family focused approach

3. Influencing strategic change: we do this by:

- Running 'thought leadership' events on relevant topics
- Supporting volunteers as advocates, giving a voice to family member/carers, challenging stigma and raising awareness of their needs
- providing access to national policy consultations disseminating policy and good practice briefings
- involving volunteers and practitioners in qualitative research
- developing and disseminating materials designed to advocate on behalf for families, for example, policy briefings, press and media communications, qualitative research, focus groups, consultations, surveys, and round table discussions and events

Public benefit

The public benefits from Adfam's services through our direct work with vulnerable families and families in isolated, and hard to reach communities. Adfam's indirect services influence government policy so that the needs of these families and the general public are taken into account in national government strategies. Adfam also provides information and the testimonies of families affected by substance use to the media, and to local and national opinion formers.

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Report of the Trustees for the year ended 31st March 2021

STRATEGIC REPORT

Achievement and performance

Charitable activities

Adfam's achievements include :

The Covid pandemic necessitated our move to deliver our training and practitioner forums on line, via zoom. This enabled us to have a wider, national reach.

We have grown our reach, and direct work. During this financial year, we have Family Support Co-ordinators delivering direct work with families in Peterborough, Buckinghamshire, Swindon, L.B Haringey, Suffolk and Essex. We continue to have a successful relationship with local authorities. We continued to be funded to work with NHS Inclusion to embed family work within their treatment services in Buckinghamshire. We secured funding from East Sussex to deliver a family support service, and from Two Ridings Trust and Changing Lives to deliver a partnership project for families in York and North Yorkshire

We are working with the Borough of Swindon, and with the London Borough of Haringey to deliver services for families, as part of the DHSC Children of Alcohol Dependent Parents Innovation Fund. We were successful in securing funding from this grant to develop and deliver training and support for local authorities to support families with a child with FASD.

We continue to receive funding from GambleAware to run training and forums for the families of problem gamblers, and from The Forces in Mind Trust to work with York University on research into the needs of military veterans' families.

With funding from the Halley Stewart Trust we continue to provide facilitated peer support groups for family members affected by a loved one's substance misuse and mental health problems, and from The Dulverton Trust to work with families in Sunderland affected by a dual diagnosis- co-existing substance misuse and mental health problems.

We set up a Lived Experience Advisory Group, bringing together a group of family members to act as a sounding board for Adfam's strategy and activities, chaired by one of Adfam's trustees.

In 2020/21 : We achieved:

- The setting up of our Adfam@Home service- a virtual one-to-one support service for individual family members, provided by a professional family practitioner
- The delivery of a facilitated on line peer support for those supporting a loved one with a dual diagnosis
- Provision of support and activities for families in Essex and Suffolk, Peterborough and East Sussex, and for children of alcohol dependent parents in the London Borough of Haringey, and in Swindon
- Joint working with One Recovery Bucks, in Buckinghamshire, to integrate family support across their treatment service
- The production of an online toolkit on Child to Parent Abuse (CPA), for practitioners working with parents who care for a child (including adult children) who uses drugs or alcohol and is also abusive towards them. It was downloaded by 120 practitioners.
- The provision of a virtual peer buddy scheme for practitioners across England to support one another's professional development and share best practice.

We:

- As part of our Women's Project, held training for practitioners working with women affected by someone else's substance use and domestic abuse.
- Gave evidence for the Independent Review of Drugs by Dame Carol Black on the impact of drug misuse on families and friends and responded to the AHA Commission on Alcohol Harm's call for evidence.

Adfam National

Report of the Trustees for the year ended 31st March 2021

- Influenced the new Domestic Abuse Bill, holding a roundtable discussion event as part of the Alcohol and Families Alliance.

Adfam:

- directed families throughout the UK to local support with our family support map
- upgraded and re-launched our online support forum, a safe-space for families and friends to share their experiences online and support others going through similar situations. We had 1,887 new users in 2020.
- created a series of 10 Top Tips for staying at home and 6 Ideas for Mental Health and wellbeing, which were launched daily on social media during the first lockdown, and were also downloaded by 232 people from our website.
- produced a short video for families and friends on self care, which was viewed by 200 people.
- delivered our accredited training courses, via Zoom, to practitioners working with families affected by substance use across the country, as well as associated issues like child-parent abuse, ACEs and domestic violence
- held national forums across England to promote inter-service collaboration and the spread of best practice, with speakers in topics including support for military veterans' families, language and stigma and end of life care support for families of substance users.
- conducted a survey and wrote and widely disseminated a report on the experiences of families during lockdown
- continued to lead the Alcohol and Families Alliance in partnership with Institute of Alcohol Studies and Alcohol Change UK, holding all member meetings and initiating research into non-dependent drinking and couple conflict.
- promoted our Forgotten 5 Million campaign to raise awareness of the number of family members affected by substance misuse. We asked partners and member of the public to share a tile of support on social media to raise awareness and break down stigma. We saw an increase in followers on all social media platforms during the first 3 months of the campaign (Twitter: 1%, Instagram: 41%, Facebook: 5%). We also saw a 14% increase in website users during the same 3 months.
- worked with Scottish Families (SFAD) to develop a guide on how to present families and substance misuse issues to the media
- launched a new research report outlining the experiences and needs of families of veterans with substance use problems (FVSUs), along with a new model of support specifically for FVSUs, in collaboration with the University of York, and funded by the Forces in Mind Trust
- held a virtual carol concert as a celebration and fundraising event

Our reach this year:

254,357 web users: 98% are new users
6,698 Twitter followers; 7% increase since last year
1130 Likes on Facebook: 20% increase since last year
394 Instagram followers: 62% increase since last year
209 LinkedIn links; 24% increase since last year
2457 families and friends receive our monthly newsletter
2257 new family members joined our online peer support facility

We have strengthened our reputation and recognition as the national umbrella organisation for families affected by substance misuse.

We are grateful to the following funders for their continued support:

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Report of the Trustees for the year ended 31st March 2021

Alcohol Change UK
BBC Children In Need
Cambridgeshire Community Fund
Changing Lives
Charities Aid Foundation
Clothworkers
Collective Voice
Department of Health and Social Care
East Sussex County Council
Esmée Fairbairn Foundation
Gamble Aware
Halley Stewart Trust
Institute of Alcohol Studies
Ivor Luck Trust
London Borough of Haringey
London Joint Working Group on Hep C
Midlands Partnership NHS Foundation - Inclusion
National Community Lottery Fund
Suffolk Community Foundation
Swindon Borough Council
The Dulverton Trust
Two Ridings Community Foundation

Financial review

Reserves policy

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to 3 months of unrestricted operating expenditure, which equated to £70,000 in general funds. At this level the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed.

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation.

The present level of reserves available to the charity met the target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee has also considered the extent to which existing activities can be rationalised, should such circumstances arise.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Adfam National is a charitable company (trading and widely known as Adfam) limited by guarantee and governed by its memorandum and articles of association. The company was incorporated on 28 February 1997 and registered as a charity on 14 January 1998. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Under the articles of association the board of trustees appoint new trustees, who are required to stand for re-election at the next Annual General Meeting. One third of the existing trustees are required to stand for re-election at the same meeting.

The board of Trustees, chaired by Siwan Hayward, meet 4 times per annum and focuses on strategic, policy and finance issues. Daily management of the organisation is delegated to the Chief Executive.

Adfam National

Report of the Trustees for the year ended 31st March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Two Trustees stepped down this year as their term of office had expired: Annette Dale-Perera and David Robert Mackintosh

Fiona Tracey Duhig was appointed as a trustee during this term.

New Trustees are encouraged to undertake an orientation and familiarisation day with the organisation, and to visit our projects.

Away days for Board members are held on an annual basis, when the overall strategy for the organisation is reviewed and agreed.

Organisational structure

In order to achieve our objectives, Adfam maintains a flexible staffing structure, allowing us to recruit new staff as demand and funding allows. Our emphasis on internal consultation allows us to use the strengths of our entire staff.

Our Senior Management Team (SMT), which currently consists of the Directors of Finance & Administration, and Programmes, the Services Manager, plus the Chief Executive, reports to the Trustees.

Induction and training of new trustees

New Trustees are offered an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees receive a copy of Adfam's Governance manual, policies and procedures.

New Trustees also meet Adfam team members. They are invited and encouraged to attend Adfam events as well as visit Adfam projects.

Related parties

Adfam supports government initiatives that reflect a measured, realistic approach to the issues of drugs and alcohol where they affect families and communities. Adfam believes in the need for families to have support in their own right.

There have been significant changes in the substance misuse field since Adfam was founded, reflected in Government strategies and policies. Adfam reflects these changes in its strategy.

Adfam still relies heavily on Trust and Foundation funding, for which competition is acute.

Adfam continues to have an important role in supporting voluntary community groups to build their capacity and to help ensure that they continue to support families at local level. This is even more important in a climate of financial cuts as local family support groups are finding survival more difficult.

We recognise there is potential for more lobbying work in order to ensure strategy is translated into practice. We continue to work on strengthening our policy, parliamentary influencing and communications activities. This is facilitated by grants from the Esme Fairbairn Foundation and from the John Ellerman Trust. We are actively developing a network of advocates - family members with lived experience, who give us valuable information to inform our strategic direction, and take part in our debates and conferences.

Adfam strongly believes in collaborative working and actively participates in the activities of a variety of membership organisations, networking forums and advisory groups. We work with Alcohol Change UK and the Institute of Alcohol Studies to deliver the Alcohol and Families Alliance, which attracts membership from organisations across the substance misuse, families and children's sectors. We are members of the Kin Care Alliance and the Collective Voice Strategic Group.

Adfam National

Report of the Trustees for the year ended 31st March 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustees carry out a regular review of the external risks which the charity may face. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects. We have developed protocols and policies to ensure consistent quality of delivery of all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors in the workplace. We have both adult and children's safeguarding policies in place. All staff, regardless of role, are DBS checked.

A risk assessment to enable decisions about possible corporate sponsorship has been developed.

Plans for Future Periods

Review of the activities and future developments

Adfam has worked with families affected by drug use since 1984, when it was established by the mother of a heroin user who was unable to find support for herself. Since then it has developed a reputation as leader in the field of substance related family work. Our status consolidates our experience and our reputation. Adfam acts as a networking organisation for local providers, commissioners, and family members themselves, via its website, newsletters, forums, advocacy programmes, direct work, information leaflets and telephone contacts. Adfam is in touch with over 2,500 supporters who attend our consultation events, receive our policy briefings, and respond to our requests for information about our future strategy and activities.

We will continue to bid for innovative projects which will endorse our position as the leading charity for families affected by addiction.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03328628 (England and Wales)

Registered Charity number

1067428

Registered office

27 Swinton Street
London
WC1X 9NW

Trustees

J W Armstrong
A Dale-Perera (resigned 24.3.2021)
R B Lambourn
D R Mackintosh (resigned 25.11.2020)
J Nicholls
J Smith (resigned 15.4.2021)
S L Hayward OBE Chair
K C Parrett
F T Duhig (appointed 24.3.2021)

Company Secretary

O Amin

**Report of the Trustees
for the year ended 31st March 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Auditors

Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

COVID-19

Since the year-end the coronavirus pandemic has impacted upon many charities. At present, the Trustees' cannot currently quantify the financial impact the pandemic will have on the charity. The Trustees have also considered a number of scenarios and although careful and close management of income and expenditure will be needed, the Trustees' believe the charity will return to greater financial strength once the economy begins to grow again.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Adfam National for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Chief Executive

Vivienne Evans OBE (non trustee)

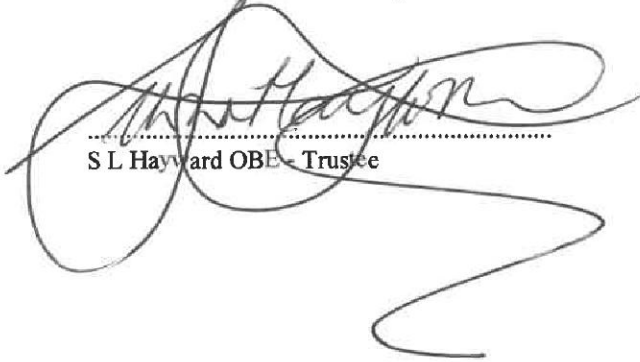
AUDITORS

The auditors, Grant Harrod Lerman Davis LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Adfam National

**Report of the Trustees
for the year ended 31st March 2021**

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 8/1/21 and signed on the board's behalf by:



.....
S L Hayward OBE - Trustee

Report of the Independent Auditors to the Members of Adfam National

Opinion

We have audited the financial statements of Adfam National (the 'charitable company') for the year ended 31st March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**Report of the Independent Auditors to the Members of
Adfam National**

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Report of the Independent Auditors to the Members of Adfam National

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of trustees and inspection of policy documentation as to the Charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Board minutes.
- Using analytical procedures to identify any unusual or unexpected relationships

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because the Charity's revenue transactions are simple and low value with few, if any, judgmental aspects to revenue recognition. We are not aware of any incentives or pressures linked to revenue recognition.

We did not identify any additional fraud risks.

In determining the audit procedures, we took into account the results of our evaluation and testing of the operating effectiveness of fraud risk management controls.

We also performed procedures including identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts.

Identifying and responding to risks of material misstatement due to non-compliance with laws and regulations.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, and through discussion with the directors and other management (as required by auditing standards), and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

Context of the ability of the audit to detect fraud or breaches of law or regulation.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

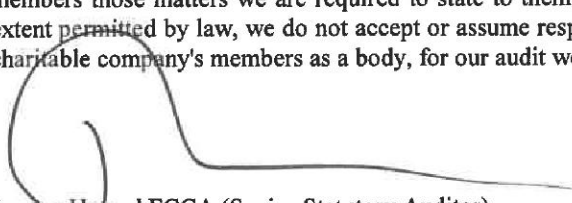
In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

**Report of the Independent Auditors to the Members of
Adfam National**

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Jeremy Harrod FCCA (Senior Statutory Auditor)
for and on behalf of Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 8/10/21

Adfam National

**Statement of Financial Activities
for the year ended 31st March 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,205	-	19,205	16,565
Charitable activities	5				
Discrete Projects		25,000	612,814	637,814	675,341
Other trading activities	3	37,321	-	37,321	26,241
Investment income	4	133	-	133	421
Total		<u>81,659</u>	<u>612,814</u>	<u>694,473</u>	<u>718,568</u>
EXPENDITURE ON					
Raising funds	6	24,653	-	24,653	18,613
Charitable activities	7				
Discrete Projects		54,730	536,660	591,390	635,994
Charitable		1,804	-	1,804	8,762
Other		-	-	-	607
Total		<u>81,187</u>	<u>536,660</u>	<u>617,847</u>	<u>663,976</u>
NET INCOME		<u>472</u>	<u>76,154</u>	<u>76,626</u>	<u>54,592</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		124,032	79,352	203,384	148,792
TOTAL FUNDS CARRIED FORWARD		<u><u>124,504</u></u>	<u><u>155,506</u></u>	<u><u>280,010</u></u>	<u><u>203,384</u></u>

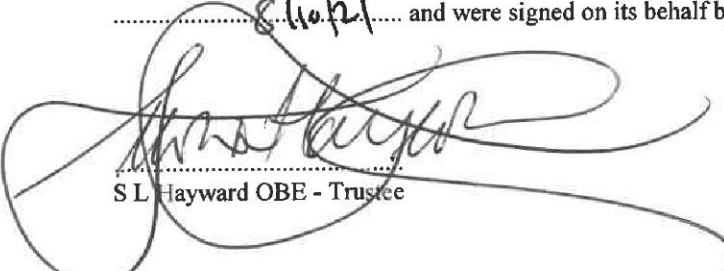
The notes form part of these financial statements


Adfam National

**Balance Sheet
31st March 2021**

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	13	3,443	-	3,443	5,247
CURRENT ASSETS					
Debtors	14	13,687	87,940	101,627	110,920
Cash at bank		123,891	323,123	447,014	284,071
		<u>137,578</u>	<u>411,063</u>	<u>548,641</u>	<u>394,991</u>
CREDITORS					
Amounts falling due within one year	15	(16,517)	(255,557)	(272,074)	(196,854)
NET CURRENT ASSETS		<u>121,061</u>	<u>155,506</u>	<u>276,567</u>	<u>198,137</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>124,504</u>	<u>155,506</u>	<u>280,010</u>	<u>203,384</u>
NET ASSETS		<u>124,504</u>	<u>155,506</u>	<u>280,010</u>	<u>203,384</u>
FUNDS	16				
Unrestricted funds				124,504	124,032
Restricted funds				155,506	79,352
TOTAL FUNDS				<u>280,010</u>	<u>203,384</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 8/10/21 and were signed on its behalf by:


S L Hayward OBE - Trustee


R B Lambourn - Trustee

The notes form part of these financial statements

Adfam National

**Cash Flow Statement
for the year ended 31st March 2021**

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	162,810	32,492
Net cash provided by operating activities		<u>162,810</u>	<u>32,492</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(3,494)
Interest received		133	421
Net cash provided by/(used in) investing activities		<u>133</u>	<u>(3,073)</u>
Change in cash and cash equivalents in the reporting period		<u>162,943</u>	<u>29,419</u>
Cash and cash equivalents at the beginning of the reporting period		<u>284,071</u>	<u>254,652</u>
Cash and cash equivalents at the end of the reporting period		<u><u>447,014</u></u>	<u><u>284,071</u></u>

The notes form part of these financial statements

Adfam National

**Notes to the Cash Flow Statement
for the year ended 31st March 2021**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	76,626	54,592
Adjustments for:		
Depreciation charges	1,804	10,687
Interest received	(133)	(421)
Decrease/(increase) in debtors	9,293	(56,743)
Increase in creditors	75,220	24,377
Net cash provided by operations	<u>162,810</u>	<u>32,492</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20 £	Cash flow £	At 31.3.21 £
Net cash			
Cash at bank	284,071	162,943	447,014
	<u>284,071</u>	<u>162,943</u>	<u>447,014</u>
Total	<u>284,071</u>	<u>162,943</u>	<u>447,014</u>

The notes form part of these financial statements

**Notes to the Financial Statements
for the year ended 31st March 2021**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Direct costs incurred in connection with a particular project are allocated to that particular project.

Fundraising and publicity costs comprise costs incurred with raising voluntary contributions.

General and overhead costs which are not specific to Management and Administration, Fundraising and Publicity, or Direct Charitable activities are allocated as Support costs to these headings. The basis of allocation is on an analysis of the resources utilised by each of these activities.

Support costs are those costs which enable fund generating and charitable activities to be undertaken.

Support costs calculated as 15% of the total cost of resources expended.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 20% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the year ended 31st March 2021

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	19,205	16,565

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Activities for generating funds	37,321	26,241

4. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	133	421

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
	Discrete Projects	£	£
Grants		637,814	675,341

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Clothworkers	5,000	-
Esmee Fairbairn Foundation (Ref: 17-2504)	100,000	100,000
Department of Health and Social Care	99,091	-
Royal Borough of Greenwich	-	21,000
Collective Voice	15,000	20,000
London Joint Working Group on Hep C	33,090	83,824
Institute of Alcohol Studies	10,000	10,003
Core	55	-
Big Lottery - Newham	-	53,552
Halley Stewart Trust	30,000	-
Alcohol Change UK	10,000	10,000
Department of Culture, Media & Sports	-	58,151
BBC Children In Need	19,452	13,897
The Brian Woolf Trust	-	5,000
Suffolk Community Foundation	2,988	16,848
Midlands Partnership NHS Foundation - Inclusion	23,000	20,000
Charles S French Charitable Trust	-	2,000
John Ellerman Foundation	-	40,000
Gamble Aware	60,000	60,000
London Borough of Haringey	54,970	73,048
Tavistock Relationships	-	20,333
Swindon Borough Council	46,665	23,332
Esme Fairbairn Foundation (Ref: 20-1964)	-	5,020
The Dulverton Trust	9,334	1,205
Essex Community Foundation	-	8,000
Annie Tranmer Charitable Trust	-	500
Esme Fairbairn Foundation (Ref: 20-0828)	50,000	-
Forces In Mind Trust	10,496	29,628
Carried forward	579,141	675,341

Notes to the Financial Statements - continued
for the year ended 31st March 2021

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2021	2020
	£	£
Brought forward	579,141	675,341
East Sussex County Council	37,298	-
Sidney Ivor Luck Counselling Trust	5,000	-
Cambridgeshire Community Foundation	1,000	-
National Community Lottery Fund	11,000	-
Charities Aid Foundation	4,375	-
	<u>637,814</u>	<u>675,341</u>

6. RAISING FUNDS

Other trading activities

	2021	2020
	£	£
Costs of generating funds	<u>24,653</u>	<u>18,613</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Discrete Projects	585,890	5,500	591,390
Charitable	<u>1,804</u>	<u>-</u>	<u>1,804</u>
	<u>587,694</u>	<u>5,500</u>	<u>593,194</u>

8. SUPPORT COSTS

	Governance costs £
Discrete Projects	<u>5,500</u>

Support costs, included in the above, are as follows:

Governance costs

	2021 Discrete Projects £	2020 Total activities £
Trustees' expenses	-	607
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	<u>3,100</u>	<u>2,900</u>
	<u>5,500</u>	<u>5,907</u>

Notes to the Financial Statements - continued
for the year ended 31st March 2021

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	2,900
Depreciation - owned assets	1,804	10,687
	<u> </u>	<u> </u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2021 nor for the year ended 31st March 2020.

Trustees' expenses

	2021 £	2020 £
Trustees' expenses	-	607
	<u> </u>	<u> </u>

11. STAFF COSTS

	2021 £	2020 £
Wages and salaries	341,775	296,648
Social security costs	32,102	29,313
Other pension costs	18,927	15,876
	<u>392,804</u>	<u>341,837</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Charitable operations	12	11
	<u> </u>	<u> </u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2021	2020
£70,001 - £80,000	1	1
	<u> </u>	<u> </u>

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	16,565	-	16,565
Charitable activities			
Discrete Projects	25,000	650,341	675,341
Other trading activities	26,241	-	26,241
Investment income	421	-	421
	<u> </u>	<u> </u>	<u> </u>
Total	68,227	650,341	718,568

Notes to the Financial Statements - continued
for the year ended 31st March 2021

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued			
	Unrestricted fund £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	18,613	-	18,613
Charitable activities			
Discrete Projects	12,888	623,106	635,994
Charitable	8,762	-	8,762
Other	607	-	607
Total	<u>40,870</u>	<u>623,106</u>	<u>663,976</u>
NET INCOME	<u>27,357</u>	<u>27,235</u>	<u>54,592</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	96,675	52,117	148,792
TOTAL FUNDS CARRIED FORWARD	<u>124,032</u>	<u>79,352</u>	<u>203,384</u>
13. TANGIBLE FIXED ASSETS			
	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1st April 2020	35,047	70,389	105,436
Disposals	-	(52,271)	(52,271)
At 31st March 2021	<u>35,047</u>	<u>18,118</u>	<u>53,165</u>
DEPRECIATION			
At 1st April 2020	35,047	65,142	100,189
Charge for year	-	1,804	1,804
Eliminated on disposal	-	(52,271)	(52,271)
At 31st March 2021	<u>35,047</u>	<u>14,675</u>	<u>49,722</u>
NET BOOK VALUE			
At 31st March 2021	<u>-</u>	<u>3,443</u>	<u>3,443</u>
At 31st March 2020	<u>-</u>	<u>5,247</u>	<u>5,247</u>

Notes to the Financial Statements - continued
for the year ended 31st March 2021

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	89,328	91,369
Other debtors	-	3,647
Prepayments and accrued income	12,299	15,904
	<u>101,627</u>	<u>110,920</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	7,190	6,265
Social security and other taxes	9,406	7,941
Other creditors	3,711	1,687
Accruals and deferred income	251,767	180,961
	<u>272,074</u>	<u>196,854</u>

16. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	124,032	472	124,504
Restricted funds			
Discrete Projects	79,352	76,154	155,506
TOTAL FUNDS	<u>203,384</u>	<u>76,626</u>	<u>280,010</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	81,659	(81,187)	472
Restricted funds			
Discrete Projects	612,814	(536,660)	76,154
TOTAL FUNDS	<u>694,473</u>	<u>(617,847)</u>	<u>76,626</u>

Notes to the Financial Statements - continued
for the year ended 31st March 2021

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	96,675	27,357	124,032
Restricted funds			
Discrete Projects	52,117	27,235	79,352
TOTAL FUNDS	<u>148,792</u>	<u>54,592</u>	<u>203,384</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	68,227	(40,870)	27,357
Restricted funds			
Discrete Projects	650,341	(623,106)	27,235
TOTAL FUNDS	<u>718,568</u>	<u>(663,976)</u>	<u>54,592</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	96,675	27,829	124,504
Restricted funds			
Discrete Projects	52,117	103,389	155,506
TOTAL FUNDS	<u>148,792</u>	<u>131,218</u>	<u>280,010</u>

Notes to the Financial Statements - continued
for the year ended 31st March 2021

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	149,886	(122,057)	27,829
Restricted funds			
Discrete Projects	1,263,155	(1,159,766)	103,389
TOTAL FUNDS	<u>1,413,041</u>	<u>(1,281,823)</u>	<u>131,218</u>

Purposes of Restricted funds:

Discrete Projects:

Adfam also incurs significant restricted expenditure on discrete projects, as determined by their respective service level agreements and/or contracts. These expenses are mainly utilised in delivering the outputs of the project.

Influencing and public information

Although the charity receives no restricted funds for Influencing and Public Information, the charity incurs significant expenditure on this area. As part of its objectives the charity undertakes "publicity and educational work of all descriptions". The expenditure on this area:

- makes the public aware of the incidence and effects of alcohol and drug abuse and everyone's shared responsibility to act to stop it.
- provides evidence for the need for policy change and legislative reform to better understand and better represent the issues facing families affected by alcohol and drug abuse.

17. OTHER FINANCIAL COMMITMENTS

Financial commitments

At 31 March 2020 the charity had annual commitments under non-cancellable operating leases as follows :

Land and Buildings

	£
Expiry date :	
Less than one year	-
Between one and two years	-
Between two and five years	-

**Notes to the Financial Statements - continued
for the year ended 31st March 2021**

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2021.

19. POST BALANCE SHEET EVENTS

Since the year-end the coronavirus pandemic has impacted both nationally and internationally. At this stage the trustees are unable to estimate with any certainty the financial impact that the pandemic will have on the charity. However, the trustees have taken steps to minimise the financial impact on the charity.

20. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

21. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

