ADFAM NATIONAL

England & Wales · Charity number 1067428

Details

Other names	ADFAM
Status	Registered
Legal form	Charitable company
Company number	03328628
Registered	1998-01-14
Register	View on the Charity Commission register

Contact

Address	Adfam National 27 Swinton Street London WC1X 9NW
Phone	02038179410
Email	admin@adfam.org.uk
Website	www.adfam.org.uk

Activities

Objects: (1) TO RELIEVE THE SUFFERING CAUSED BY SUBSTANCE USE AND GAMBLING BY MAKING HELP, SUPPORT AND ADVICE AVAILABLE TO THE FAMILIES,FRIENDS AND CARERS OF PEOPLE AFFECTED IN THIS WAY. (2) TO PROVIDE EDUCATION AND TRAINING ON THE IMPACT OF SUBSTANCE USE AND GAMBLING ON FAMILIES. (3) TO ADVANCE THE EDUCATION OF THE PUBLIC AND POLICY MAKERS TO RAISE AWARENESS OF THE HARMS THAT SUBSTANCE USE AND GAMBLING CAN CAUSE TO OTHERS. (4) TO PROMOTE THE HEALTH AND WELLBEING OF FAMILIES AFFECTED BY SUBSTANCE USE AND GAMBLING THROUGH THE PROVISION OF PEER SUPPORT,TRAINING, INFORMATION AND OTHER INTERVENTIONS. (5) TO PROMOTE SUPPORT FOR ANY OTHER VULNERABLE GROUP THAT FALLS INTO THE CHARITY'S MAIN OBJECTS THAT THE DIRECTORS DECIDE TO SUPPORT ON AN AD HOC BASIS.

Activities: 1. Direct work with families affected by addiction2. Provision of information and resources to family members and practitioners3. Provision of good practice forums 4. Training for practitioners 5. Research and campaigning to influence policy and practice to improve the lives of family members

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£860,966	£808,428	£128,389	22
2024-03-31	£650,123	£678,283	£75,851	20
2023-03-31	£463,965	£597,782	-	-
2022-03-31	£532,128	£574,310	£237,828	16
2021-03-31	£694,473	£617,847	£280,010	12

Trustees

Name	Role	Appointed
John Paul Hayes	Chair	2022-11-23
Dr Ruth McGovern		2024-03-27
James Corrie Hill		2026-03-02
James William Armstrong		2014-12-04
Katharine Rosemary Hawker		2026-01-21
Mark Guymer		2021-11-24

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ADFAM NATIONAL

England & Wales - Charity number 1067428

Accounts

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

REGISTERED COMPANY NUMBER: 03328628 (England and Wales)
REGISTERED CHARITY NUMBER: 1067428

Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2025

for

Adfam National
(A Company Limited by Guarantee)

Grant Harrod Lerman Davis LLP
Chartered Accountants
Second Floor, Kirkland House
11-15 Peterborough Road
Harrow
Middlesex
HA1 2AX

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Adfam National

Report of the Trustees
for the year ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees take this opportunity to thank all the donors for their support and financial commitment without which they would be unable to meet their objectives.

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OBJECTIVES AND ACTIVITIES

Objectives and aims

Why We Exist

Adfam is the leading families and addiction charity in England. We are here for all the millions of people affected by someone else's drug or alcohol use, or gambling. These people are children, parents, friends, partners, siblings, and grandparents.

There are over 5 million people in this country negatively affected by the drinking, drug use or gambling of a family member or friend. Coping with someone you love experiencing these problems can cause physical, mental, emotional, social and financial distress.

Substance misuse or gambling are often just one part of the story, so many also suffer mental ill health, domestic abuse and financial problems.

They are often afraid to speak out, so they are hidden in plain sight. Adfam gives them a voice. We know how hard life can be for these families and we want to make life better for them.

Our vision at Adfam is that family members affected by substance use or gambling are heard, valued and have access to support; that's why we do what we do to help. We support anyone affected by these problems, from all backgrounds and cultures.

What We Do

Support families by providing direct services
Train the workforce so families can receive expert help
Influence decision makers and the public to recognise that families need support

Give a voice to families:
We do this by:
Listening to family members and front-line workers so they can tell us what we need to do to influence change
Conducting research so all our work is evidence-based
Being culturally inclusive to families from all backgrounds

What we want for the future

We want a society where anyone affected by someone else's substance use or gambling can receive support, feel included, and thrive.

Training:

We provide capacity building to effect change for practitioners:
We do this by:

- Providing accredited training
- Running national online forums which serve as a network for a wide range of professionals from relevant sectors to share and develop good practice
- Providing a consultancy service to build the capacity of practitioners to work with families, enabling the development of a family focused approach
- Provide webinars to schools and organisations

We influence strategic change:
We do this by:

- Running 'thought leadership' events on relevant topics
- Supporting volunteers as advocates, giving a voice to family member/carers, challenging stigma and raising awareness of their needs
- Providing access to national policy consultations disseminating policy and good practice briefings
- Involving volunteers and practitioners in qualitative research

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- Developing and disseminating materials designed to advocate on behalf for families, for example, policy briefings, press and media communications, qualitative research, focus groups, consultations, surveys, and round table discussions and events
- Commissioning and conducting research
- Running public awareness campaigns
- Talking to parliamentarians and Government officials

Public benefit

The public benefits from Adfam's services through our direct work with vulnerable families and families in isolated, and hard to reach communities. Adfam's indirect services influence government policy so that the needs of these families and the general public are taken into account in national government strategies. Adfam also provides information and the testimonies of families affected by substance use to the media, and to local and national opinion formers.

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STRATEGIC REPORT

Achievements and performance

Charitable activities

Adfam's achievements include:

We continue to develop the reach of our online one-to-one and facilitated peer support groups for families: Adfam@Home. We have received funding from the Armed Forces Covenant Trust and the Veterans Foundation to deliver Adfam@Home for military veterans' families. We work with CGL to provide Adfam@Home in Gateshead as well as The City Bridge Foundation, to deliver the Adfam@Home counselling service in London.

We have grown our reach and direct work. During this financial year, we have Family Support Co-ordinat delivering direct work with families in Buckinghamshire and East Sussex. We continue to have a successful relationship with local authorities. We continued to be funded to work with NHS Inclusion to embed family work within their treatment services in Buckinghamshire. We also secured funding from East Sussex to deliver a family support service.

We set up a Lived Experience Advisory Group, bringing together a group of family members to act as a sounding board for Adfam's strategy and activities, chaired by one of Adfam's trustees. We continue to lead on the Alcohol and Families Alliance and the Alliance of Family Support Groups.

We worked with Nexus Futures, who provide pro bono support, to help us refresh our resources and develop our marketing opportunities.

In 2023-24, we achieved:

- launched our 40th birthday campaign to raise awareness and increase donation
- continued to lead the Alcohol and Families Alliance, and the Alliance of Family Support Groups, holding all member meetings and initiating research into non-dependent drinking and couple conflict.
- produced reports on:

- Our Impact Report
- Families and the Cost of Living Crisis
- Alcohol and Intimate Partner Relationships, for the Alcohol and Families Alliance
- The State of the Family Support Sector
- met key Government officials to promote our cause
- continued to host our online support forum,
- delivered our accredited training courses, via Zoom, to practitioners working with families affected by substance use across the country and developed new topics.
- held 12 forums for practitioners; these forums include presentations on research, and on good practice. We collaborated with partners in Wales to hold the Wales Families Forums.

Our reach this year:

Social media
7,022 followers on X
1,899 followers on Facebook
1,560 Instagram followers
554 LinkedIn followers
2,712 subscribers to receive our newsletter and other updates

Website
New users: 214,175
41,663 views were made to Adfam's 'Finding Support' page

Training and Forums
57 days training, which had 475 participants in total
14 forums or other online events took place such as Roundtables. 563 registered to attend these events.

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We are grateful to the following funders for their continued support:

Annie Tranmer Charitable Trust
Cambridgeshire Community Foundation/ Harry Cureton Fund
Carers Trust
Change Grow Live - Gateshead
City Bridge Foundation
Collective Voice
Earl Fitzwilliam Charitable Trust
East Sussex County Council
Edward Cadbury Charitable Trust
Essex Community Fund
Frank Litchfield General Charitable Trust
London Borough of Lambeth
London Joint Working Group on Hep C
Martin Geddes Charitable Trust
Midlands Partnership NHS Foundation Trust - 1627521 Inclusion
Midlands Partnership NHS Foundation Trust - 1797797
National Lottery Community Fund
Royal Borough of Greenwich
Sidney Ivor Luck Counselling Trust
The Armed Forces Covenant Fund Trust
The Veterans' Foundation

Financial review
Financial review
Review of Adfam National's year-end financial position
Our income for the year was £884,966, which is an increase from the previous year (£650,123). Expenditure was £811,928, an increase from £678,283 in 2024. This produced a net income/(expenditure) position for the year at £73,038 compared to (£28,160) last year. We continue to keep our income and expenditure under review.

Reserves policy
The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to 3 months of unrestricted operating expenditure, which equated to £70,000 in general funds. At this level the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed.

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation.

The present level of reserves available to the charity met the target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee has also considered the extent to which existing activities can be rationalised, should such circumstances arise.

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STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Adfam National is a charitable company (trading and widely known as Adfam) limited by guarantee and governed by its memorandum and articles of association. The company was incorporated on 28 February 1997 and registered as a charity on 14 January 1998. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Under the articles of association the board of trustees appoint new trustees, who are required to stand for re-election at the next Annual General Meeting. One third of the existing trustees are required to stand for re-election at the same meeting.

The board of Trustees, chaired by Paul Hayes, meet 4 times per annum and focuses on strategic, policy and finance issues. Daily management of the organisation is delegated to the Chief Executive.

Recruitment and appointment of new trustees

Away days for Board members are held on an annual basis, when the overall strategy for the organisation is reviewed and agreed.

Organisational structure

In order to achieve our objectives, Adfam maintains a flexible staffing structure, allowing us to recruit new staff as demand and funding allows. Our emphasis on internal consultation allows us to use the strengths of our entire staff.

Our Senior Management Team (SMT), which currently consists of the Directors of Finance & Administration, and Programmes, the Director of Services. plus the Chief Executive, reports to the Trustees.

Induction and training of new trustees

New Trustees are offered an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees receive a copy of Adfam's Governance manual, policies and procedures.

New Trustees also meet Adfam team members. They are invited and encouraged to attend Adfam events as well as visit Adfam projects.

Related parties

Adfam supports government initiatives that reflect a measured, realistic approach to the issues of drugs and alcohol where they affect families and communities. Adfam believes in the need for families to have support in their own right.

There have been significant changes in the substance misuse field since Adfam was founded, reflected in Government strategies and policies. Adfam reflects these changes in its strategy.

Adfam still relies heavily on Trust and Foundation funding, for which competition is acute. Adfam continues to seek contracts with local authorities and partners in the drug/alcohol treatment sector, to deliver Adfam@Home

Adfam continues to have an important role in supporting voluntary community groups to build their capacity and to help ensure that they continue to support families at local level. This is even more important in a climate of financial cuts as local family support groups are finding survival more difficult.

We recognise there is potential for more lobbying work in order to ensure strategy is translated into practice. We continue to work on strengthening our policy, parliamentary influencing and communications activities. We have developed a network of advocates - family members with lived experience, who give us valuable information to inform our strategic direction, and take part in our debates and conferences.

Adfam strongly believes in collaborative working and actively participates in the activities of a variety of membership organisations, networking forums and advisory groups. We deliver the Alcohol and Families Alliance, which attracts membership from organisations across the substance misuse, families and children's sectors, and the Alliance of Family Support Groups. We are members of the Kin Care Alliance and the Collective Voice Strategic Group.
We contribute to national advisory groups which are led by government and by academic institutions.

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STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustees carry out a regular review of the external risks which the charity may face. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects. We have developed protocols and policies to ensure consistent quality of delivery of all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors in the workplace. We have both adult and children's safeguarding policies in place. All staff, regardless of role, are DBS checked.

A risk assessment to enable decisions about possible corporate sponsorship has been developed.

Plans for Future Periods

Review of the activities and future developments

Adfam has worked with families affected by drug use since 1984, when it was established by the mother of a heroin user who was unable to find support for herself. Since then it has developed a reputation as leader in the field of substance related family work. Our status consolidates our experience and our reputation. Adfam acts as a networking organisation for local providers, commissioners, and family members themselves, via its website, newsletters, forums, advocacy programmes, direct work, information leaflets and telephone contacts. Adfam is in touch with over 2,500 supporters who attend our consultation events, receive our policy briefings, and respond to our requests for information about our future strategy and activities.

We will continue to bid for innovative projects and conduct research, which will continue to endorse our position as the leading charity for families affected by addition.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03328628 (England and Wales)

Registered Charity number
1067428

Registered office
27 Swinton Street
London
WC1X 9NW

Trustees
J W Armstrong
D Wightman (resigned 25.9.2024)
M Durie
M Guymer
P J Hayes
F Valansot
R Mcgovern

Company Secretary
O Amin

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REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner
Grant Harrod Lerman Davis LLP
Chartered Accountants
Second Floor, Kirkland House
11-15 Peterborough Road
Harrow
Middlesex
HA1 2AX

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on ..... and signed on the board's behalf by:

Signed by:

.....
P J Hayes - Trustee
7358FD5C714C46B...

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Independent Examiner's Report to the Trustees of Adfam National

Independent examiner's report to the trustees of Adfam National ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed by:
Jeremy Harrod
262DD0BCF0214FB...

Jeremy Harrod FCCA

Grant Harrod Lerman Davis LLP
Chartered Accountants
Second Floor, Kirkland House
11-15 Peterborough Road
Harrow
Middlesex
HA1 2AX

Date: .....

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Adfam National

Statement of Financial Activities
for the year ended 31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	20,093	-	20,093	16,036
Charitable activities	5				
Discrete Projects		3,200	754,145	757,345	573,364
Other trading activities	3	77,161	-	77,161	57,777
Investment income	4	6,367	-	6,367	2,946
Total		106,821	754,145	860,966	650,123
EXPENDITURE ON					
Raising funds	6	33,902	-	33,902	25,230
Charitable activities	7				
Discrete Projects		41,640	727,386	769,026	647,553
Other		5,500	-	5,500	5,500
Total		81,042	727,386	808,428	678,283
NET INCOME/(EXPENDITURE)		25,779	26,759	52,538	(28,160)
RECONCILIATION OF FUNDS					
Total funds brought forward		57,355	18,496	75,851	104,011
TOTAL FUNDS CARRIED FORWARD		83,134	45,255	128,389	75,851

The notes form part of these financial statements

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Adfam National

Balance Sheet
31 March 2025

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Intangible assets	13	23,546	-	23,546	17,954
Tangible assets	14	4,328	-	4,328	5,465
		27,874	-	27,874	23,419
CURRENT ASSETS					
Debtors	15	59,128	-	59,128	72,643
Cash at bank		173,188	45,255	218,443	174,268
		232,316	45,255	277,571	246,911
CREDITORS					
Amounts falling due within one year	16	(177,056)	-	(177,056)	(194,479)
NET CURRENT ASSETS		55,260	45,255	100,515	52,432
TOTAL ASSETS LESS CURRENT LIABILITIES		83,134	45,255	128,389	75,851
NET ASSETS		83,134	45,255	128,389	75,851
FUNDS	17				
Unrestricted funds				83,134	57,355
Restricted funds				45,255	18,496
TOTAL FUNDS				128,389	75,851

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

Signed by:

.....

7358FD5C714C46B...

The notes form part of these financial statements

continued...

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P J Hayes - Trustee

Signed by:
Madeleine Durie
7BA0064166B14DA...

.....

M Durie - Trustee

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Adfam National

Cash Flow Statement
for the year ended 31 March 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	53,252	9,978
Net cash provided by operating activities		53,252	9,978
Cash flows from investing activities			
Purchase of intangible fixed assets		(15,000)	(4,313)
Purchase of tangible fixed assets		(444)	-
Interest received		6,367	2,946
Net cash used in investing activities		(9,077)	(1,367)
Change in cash and cash equivalents in the reporting period		44,175	8,611
Cash and cash equivalents at the beginning of the reporting period		174,268	165,657
Cash and cash equivalents at the end of the reporting period		218,443	174,268

The notes form part of these financial statements

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

Notes to the Cash Flow Statement for the year ended 31 March 2025

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	52,538	(28,160)
Adjustments for:		
Depreciation charges	10,989	6,808
Interest received	(6,367)	(2,946)
Decrease/(increase) in debtors	13,515	(37,588)
(Decrease)/increase in creditors	(17,423)	71,864
Net cash provided by operations	53,252	9,978

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank	174,268	44,175	218,443
	174,268	44,175	218,443
Total	174,268	44,175	218,443

The notes form part of these financial statements

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Direct costs incurred in connection with a particular project are allocated to that particular project.
Fundraising and publicity costs comprise costs incurred with raising voluntary contributions.
General and overhead costs which are not specific to Management and Administration, Fundraising and Publicity, or Direct Charitable activities are allocated as Support costs to these headings. The basis of allocation is on an analysis of the resources utilised by each of these activities.
Support costs are those costs which enable fund generating and charitable activities to be undertaken.
Support costs calculated as 15% of the total cost of resources expended.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 20% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

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2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	20,093	16,036

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Activities for generating funds	77,161	57,777

4. INVESTMENT INCOME

	2025	2024
	£	£
Deposit account interest	6,367	2,946

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2025	2024
		£	£
Grants	Discrete Projects	757,345	573,364

Grants received, included in the above, are as follows:

	2025	2024
	£	£
City Bridge	38,998	15,950
Royal Borough of Greenwich	47,414	-
London Joint Working Group on Hep C	267,316	171,500
Essex PFCC	-	14,000
Midlands Partnership NHS Foundation - Inclusion	63,435	48,625
Essex Community Foundation	5,499	-
Annie Tranmer Charitable Trust	2,000	-
East Sussex County Council	91,957	99,544
Sidney Ivor Luck Counselling Trust	10,000	-
Cambridgeshire Community Foundation	4,574	12,000
National Community Lottery Fund	69,895	69,291
Two Ridings Community Foundation	4,000	17,353
Changing Lives	-	20,647
The Veterans Foundation	21,273	17,627
Change Grow Live - Gateshead	23,956	2,000
London Borough of Lambeth	36,000	20,000
Martin Geddes Charitable Trust	20,000	10,000
Sydney Ivor Luck Counselling Trust	-	10,000
The Armed Forces Covenant Fund Trust	24,503	9,097
The Forward Trust	-	20,000
The Jack Brunton Charitable Trust	-	2,000
The Simon Gibson Charitable Trust	-	5,000
The Vintners Company	-	5,000
Self Generated	-	3,730
Carers Trust	15,780	-
Earl Fitzwilliam Charitable Trust	2,500	-
Edward Cadbury Charitable Trust	4,000	-
Frank Litchfield General Charitable Trust	1,044	-
	754,144	573,364

continued...

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6. RAISING FUNDS

Other trading activities

	2025	2024
	£	£
Costs of generating funds	33,902	25,230

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs
	£
Discrete Projects	769,026

8. SUPPORT COSTS

	Governance costs
	£
Other resources expended	5,500

Support costs, included in the above, are as follows:

Governance costs

	2025	2024
	Other resources expended	Total activities
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
	5,500	5,500

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
Depreciation - owned assets	1,581	2,187
Computer software amortisation	9,408	4,621

continued...

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

11. STAFF COSTS

	2025	2024
	£	£
Wages and salaries	383,749	381,471
	383,749	381,471

The average monthly number of employees during the year was as follows:

	2025	2024
Charitable operations	22	20

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £70,000	1	1

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	16,036	-	16,036
Charitable activities			
Discrete Projects	-	573,364	573,364
Other trading activities	57,777	-	57,777
Investment income	2,946	-	2,946
Total	76,759	573,364	650,123
EXPENDITURE ON			
Raising funds	25,230	-	25,230
Charitable activities			
Discrete Projects	76,849	570,704	647,553
Other	5,500	-	5,500
Total	107,579	570,704	678,283
NET INCOME/(EXPENDITURE)	(30,820)	2,660	(28,160)

continued...

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
RECONCILIATION OF FUNDS			
Total funds brought forward	88,175	15,836	104,011
TOTAL FUNDS CARRIED FORWARD	57,355	18,496	75,851

13. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1 April 2024	24,541
Additions	15,000
At 31 March 2025	39,541
AMORTISATION	
At 1 April 2024	6,587
Charge for year	9,408
At 31 March 2025	15,995
NET BOOK VALUE	
At 31 March 2025	23,546
At 31 March 2024	17,954

14. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2024	25,559
Additions	444
At 31 March 2025	26,003
DEPRECIATION	
At 1 April 2024	20,094
Charge for year	1,581
At 31 March 2025	21,675
NET BOOK VALUE	
At 31 March 2025	4,328
At 31 March 2024	5,465

continued...

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	48,827	57,107
Prepayments and accrued income	10,301	15,536
	59,128	72,643

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	13,085	-
Social security and other taxes	6,898	8,564
Other creditors	11,562	5,581
Accruals and deferred income	145,511	180,334
	177,056	194,479

17. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	At 31.3.25
	£	£	£
Unrestricted funds			
General fund	57,355	25,779	83,134
Restricted funds			
Discrete Projects	18,496	26,759	45,255
TOTAL FUNDS	75,851	52,538	128,389

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	106,821	(81,042)	25,779
Restricted funds			
Discrete Projects	754,145	(727,386)	26,759
TOTAL FUNDS	860,966	(808,428)	52,538

continued...

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	88,175	(30,820)	57,355
Restricted funds			
Discrete Projects	15,836	2,660	18,496
TOTAL FUNDS	104,011	(28,160)	75,851

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	76,759	(107,579)	(30,820)
Restricted funds			
Discrete Projects	573,364	(570,704)	2,660
TOTAL FUNDS	650,123	(678,283)	(28,160)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	88,175	(5,041)	83,134
Restricted funds			
Discrete Projects	15,836	29,419	45,255
TOTAL FUNDS	104,011	24,378	128,389

continued...

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	183,580	(188,621)	(5,041)
Restricted funds			
Discrete Projects	1,327,509	(1,298,090)	29,419
TOTAL FUNDS	1,511,089	(1,486,711)	24,378

Purposes of Restricted funds:

Discrete Projects:

Adfam also incurs significant restricted expenditure on discrete projects, as determined by their respective service level agreements and/or contracts. These expenses are mainly utilised in delivering the outputs of the project.

Influencing and public information

Although the charity receives no restricted funds for Influencing and Public Information, the charity incurs significant expenditure on this area. As part of its objectives the charity undertakes "publicity and educational work of all descriptions". The expenditure on this area:

- makes the public aware of the incidence and effects of alcohol and drug abuse and everyone's shared responsibility to act to stop it.
- provides evidence for the need for policy change and legislative reform to better understand and better represent the issues facing families affected by alcohol and drug abuse.

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

19. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

continued...

Docusign Envelope ID: 3DC8D1E3-00D6-47A0-8540-09716E3F3D6A

20. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

ADFAM NATIONAL

England & Wales - Charity number 1067428

Accounts

REGISTERED COMPANY NUMBER: 03328628 (England and Wales)
REGISTERED CHARITY NUMBER: 1067428

Report of the Trustees and

Audited Financial Statements for the Year Ended 31 March 2024

for

Adfam National
(A Company Limited by Guarantee)

Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Contents of the Financial Statements for the year ended 31 March 2024

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Adfam National

Report of the Trustees
for the year ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees take this opportunity to thank all the donors for their support and financial commitment without which they would be unable to meet their objectives.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Why We Exist

Adfam is the leading families and addiction charity in England. We are here for all the millions of people affected by someone else's drug or alcohol use, or gambling. These people are children, parents, friends, partners, siblings, and grandparents.

There are over 5 million people in this country negatively affected by the drinking, drug use or gambling of a family member or friend. Coping with someone you love experiencing these problems can cause physical, mental, emotional, social and financial distress.

Substance misuse or gambling are often just one part of the story, so many also suffer mental ill health, domestic abuse and financial problems.

They are often afraid to speak out, so they are hidden in plain sight. Adfam gives them a voice. We know how hard life can be for these families and we want to make life better for them.

Our vision at Adfam is that family members affected by substance use or gambling are heard, valued and have access to support; that's why we do what we do to help. We support anyone affected by these problems, from all backgrounds and cultures.

What We Do

Support families by providing direct services
Train the workforce so families can receive expert help
Influence decision makers and the public to recognise that families need support

Give a voice to families:
We do this by:
Listening to family members and front-line workers so they can tell us what we need to do to influence change
Conducting research so all our work is evidence-based
Being culturally inclusive to families from all backgrounds

What we want for the future

We want a society where anyone affected by someone else's substance use or gambling can receive support, feel included, and thrive.

Training:

We provide capacity building to effect change for practitioners:
We do this by:

- Providing accredited training
- Running national online forums which serve as a network for a wide range of professionals from relevant sectors to share and develop good practice
- Providing a consultancy service to build the capacity of practitioners to work with families, enabling the development of a family focused approach
- Provide webinars to schools and organisations

We influence strategic change:
We do this by:

- Running 'thought leadership' events on relevant topics
- Supporting volunteers as advocates, giving a voice to family member/carers, challenging stigma and raising awareness of their needs
- Providing access to national policy consultations disseminating policy and good practice briefings
- Involving volunteers and practitioners in qualitative research

- Developing and disseminating materials designed to advocate on behalf for families, for example, policy briefings, press and media communications, qualitative research, focus groups, consultations, surveys, and round table discussions and events
- Commissioning and conducting research
- Running public awareness campaigns
- Talking to parliamentarians and Government officials

Public benefit

The public benefits from Adfam's services through our direct work with vulnerable families and families in isolated, and hard to reach communities. Adfam's indirect services influence government policy so that the needs of these families and the general public are taken into account in national government strategies. Adfam also provides information and the testimonies of families affected by substance use to the media, and to local and national opinion formers.

STRATEGIC REPORT

Achievement and performance

Charitable activities

Adfam's achievements include:

We continue to develop the reach of our online one-to-one and facilitated peer support groups for families: Adfam@Home. We have received funding from the Armed Forces Covenant Trust and the Veterans Foundation to deliver Adfam@Home for military veterans' families. We work with CGL to provide Adfam@Home in Gateshead as well as The City Bridge Foundation, to deliver the Adfam@Home counselling service in London.

We have received funding from:

Change Grow Live - Gateshead
City Bridge Foundation
Essex PFCC
Essex Community Foundation
Fowler Smith and Jones (FSJ) Trust
Lancashire County Council
London Borough of Lambeth
Martin Geddes Charitable Trust
Midlands Partnership NHS Foundation Trust - 1797797
Sidney Ivor Luck Counselling Trust
The Armed Forces Covenant Fund Trust
The Forward Trust
The National Lottery Community Fund
The Veterans' Foundation
The Vintners' Company

We have grown our reach and direct work. During this financial year, we have Family Support Co-ordinators delivering direct work with families in Buckinghamshire and East Sussex. We continue to have a successful relationship with local authorities. We continued to be funded to work with NHS Inclusion to embed family work within their treatment services in Buckinghamshire. We also secured funding from East Sussex to deliver a family support service.

Cambridgeshire Community Foundation/ Harry Cureton Fund
Changing Lives
Collective Voice
East Sussex County Council
London Joint Working Group on Hep C
Midlands Partnership NHS Foundation Trust - 1627521 Inclusion
The Annie Tranmer Charitable Trust
The Earl Fitzwilliam Charitable Trust
The Jack Brunton Charitable Trust
The Simon Gibson Charitable Trust

We set up a Lived Experience Advisory Group, bringing together a group of family members to act as a sounding board for Adfam's strategy and activities, chaired by one of Adfam's trustees. We continue to lead on the Alcohol and Families Alliance and the Alliance of Family Support Groups.

We worked with Nexus Futures, who provide pro bono support, to help us refresh our resources and develop our marketing opportunities.

In 2023-24, we achieved:

- launched our 40th birthday campaign to raise awareness and increase donation
- continued to lead the Alcohol and Families Alliance, and the Alliance of Family Support Groups, holding all member meetings and initiating research into non-dependent drinking and couple conflict.
- produced reports on:

- Our Impact Report

- Families and the Cost of Living Crisis
- Alcohol and Intimate Partner Relationships, for the Alcohol and Families Alliance
- The State of the Family Support Sector
- met key Government officials to promote our cause
- continued to host our online support forum,
- delivered our accredited training courses, via Zoom, to practitioners working with families affected by substance use across the country and developed new topics.
- held 12 forums for practitioners; these forums include presentations on research, and on good practice. We collaborated with partners in Wales to hold the Wales Families Forums.

Our reach this year:

Social media
7,022 followers on X
1,899 followers on Facebook
1,560 Instagram followers
554 LinkedIn followers
2,712 subscribers to receive our newsletter and other updates

Website
New users: 214,175
41,663 views were made to Adfam's 'Finding Support' page

Training and Forums
57 days training, which had 475 participants in total
14 forums or other online events took place such as Roundtables. 563 registered to attend these events.

We are grateful to the following funders for their continued support:

Cambridgeshire Community Foundation/ Harry Cureton Fund
Change Grow Live - Gateshead
Changing Lives
City Bridge Foundation
Collective Voice
East Sussex County Council
Essex PFCC
Essex Community Foundation
Fowler Smith and Jones (FSJ) Trust
Lancashire County Council
London Borough of Lambeth
London Joint Working Group on Hep C
Martin Geddes Charitable Trust
Midlands Partnership NHS Foundation Trust - 1627521 Inclusion
Midlands Partnership NHS Foundation Trust - 1797797
Sidney Ivor Luck Counselling Trust
The Annie Tranmer Charitable Trust
The Armed Forces Covenant Fund Trust
The Earl Fitzwilliam Charitable Trust
The Forward Trust
The Jack Brunton Charitable Trust
The National Lottery Community Fund
The Simon Gibson Charitable Trust
The Veterans' Foundation
The Vintners' Company

STRATEGIC REPORT

Financial review

Financial review

Review of Adfam National's year-end financial position

Our income for the year was £650,123, which is an increase from the previous year (£463,965). Expenditure also increased from £597,782 to £678,283. This produced a net income/(expenditure) position for the year at (£28,160) compared to (£133,817) for the previous year.We continue to keep our income and expenditure under review.

Reserves policy

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to 3 months of unrestricted operating expenditure, which equated to £40,000 in general funds. At this level the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed.

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation.

The present level of reserves available to the charity met the target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee has also considered the extent to which existing activities can be rationalised, should such circumstances arise.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Adfam National is a charitable company (trading and widely known as Adfam) limited by guarantee and governed by its memorandum and articles of association. The company was incorporated on 28 February 1997 and registered as a charity on 14 January 1998. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Under the articles of association the board of trustees appoint new trustees, who are required to stand for re-election at the next Annual General Meeting. One third of the existing trustees are required to stand for re-election at the same meeting.

The board of Trustees, chaired by Paul Hayes, meet 4 times per annum and focuses on strategic, policy and finance issues. Daily management of the organisation is delegated to the Chief Executive.

Recruitment and appointment of new trustees

Away days for Board members are held on an annual basis, when the overall strategy for the organisation is reviewed and agreed.

Organisational structure

In order to achieve our objectives, Adfam maintains a flexible staffing structure, allowing us to recruit new staff as demand and funding allows. Our emphasis on internal consultation allows us to use the strengths of our entire staff.

Our Senior Management Team (SMT), which currently consists of the Directors of Finance & Administration, and Programmes, the Director of Services. plus the Chief Executive, reports to the Trustees.

Induction and training of new trustees

New Trustees are offered an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees receive a copy of Adfam's Governance manual, policies and procedures.

New Trustees also meet Adfam team members. They are invited and encouraged to attend Adfam events as well as visit Adfam projects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Adfam supports government initiatives that reflect a measured, realistic approach to the issues of drugs and alcohol where they affect families and communities. Adfam believes in the need for families to have support in their own right.

There have been significant changes in the substance misuse field since Adfam was founded, reflected in Government strategies and policies. Adfam reflects these changes in its strategy.

Adfam still relies heavily on Trust and Foundation funding, for which competition is acute. Adfam continues to seek contracts with local authorities and partners in the drug/alcohol treatment sector, to deliver Adfam@Home

Adfam continues to have an important role in supporting voluntary community groups to build their capacity and to help ensure that they continue to support families at local level. This is even more important in a climate of financial cuts as local family support groups are finding survival more difficult.

We recognise there is potential for more lobbying work in order to ensure strategy is translated into practice. We continue to work on strengthening our policy, parliamentary influencing and communications activities. We have developed a network of advocates - family members with lived experience, who give us valuable information to inform our strategic direction, and take part in our debates and conferences.

Adfam strongly believes in collaborative working and actively participates in the activities of a variety of membership organisations, networking forums and advisory groups. We deliver the Alcohol and Families Alliance, which attracts membership from organisations across the substance misuse, families and children's sectors, and the Alliance of Family Support Groups. We are members of the Kin Care Alliance and the Collective Voice Strategic Group.
We contribute to national advisory groups which are led by government and by academic institutions.

Risk management

The Trustees carry out a regular review of the external risks which the charity may face. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects. We have developed protocols and policies to ensure consistent quality of delivery of all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors in the workplace. We have both adult and children's safeguarding policies in place. All staff, regardless of role, are DBS checked.

A risk assessment to enable decisions about possible corporate sponsorship has been developed.

Plans for Future Periods

Review of the activities and future developments

Adfam has worked with families affected by drug use since 1984, when it was established by the mother of a heroin user who was unable to find support for herself. Since then it has developed a reputation as leader in the field of substance related family work. Our status consolidates our experience and our reputation. Adfam acts as a networking organisation for local providers, commissioners, and family members themselves, via its website, newsletters, forums, advocacy programmes, direct work, information leaflets and telephone contacts. Adfam is in touch with over 2,500 supporters who attend our consultation events, receive our policy briefings, and respond to our requests for information about our future strategy and activities.

We will continue to bid for innovative projects and conduct research, which will continue to endorse our position as the leading charity for families affected by addition.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03328628 (England and Wales)

Registered Charity number
1067428

Registered office
27 Swinton Street
London
WC1X 9NW

Trustees
J W Armstrong
S L Hayward OBE
K C Parrett (resigned 28.6.2023)
F T Duhig (resigned 27.3.2024)
D Wightman (resigned 25.9.2024)
E Kaner (resigned 18.9.2023)
M Durie
M Guymer
P J Hayes

Company Secretary
O Amin

Auditors
Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

STATEMENT OF TRUSTEES' RESPONSIBILITIES
The trustees (who are also the directors of Adfam National for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued
Chief Executive

Vivienne Evans OBE (non trustee)

AUDITORS
The auditors, Grant Harrod Lerman Davis LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on ....12/12/24..... and signed on the board's behalf by:

.....
P J Hayes - Trustee

Report of the Independent Auditors to the Members of Adfam National

Opinion

We have audited the financial statements of Adfam National (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of trustees and inspection of policy documentation as to the Charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Board minutes.
- Using analytical procedures to identify any unusual or unexpected relationships

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because the Charity's revenue transactions are simple and low value with few, if any, judgmental aspects to revenue recognition. We are not aware of any incentives or pressures linked to revenue recognition.

We did not identify any additional fraud risks.

In determining the audit procedures, we took into account the results of our evaluation and testing of the operating effectiveness of fraud risk management controls.

We also performed procedures including identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts.

Identifying and responding to risks of material misstatement due to non-compliance with laws and regulations.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, and through discussion with the directors and other management (as required by auditing standards), and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

Context of the ability of the audit to detect fraud or breaches of law or regulation.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jeremy Harrod FCCA (Senior Statutory Auditor)
for and on behalf of Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 12/12/24

Adfam National

Statement of Financial Activities
for the year ended 31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	16,036	-	16,036	12,203
Charitable activities	5				
Discrete Projects		-	573,364	573,364	430,218
Other trading activities	3	57,777	-	57,777	20,229
Investment income	4	2,946	-	2,946	1,315
Total		76,759	573,364	650,123	463,965
EXPENDITURE ON					
Raising funds	6	25,230	-	25,230	18,066
Charitable activities	7				
Discrete Projects		76,849	570,704	647,553	574,216
Other		5,500	-	5,500	5,500
Total		107,579	570,704	678,283	597,782
NET INCOME/(EXPENDITURE)		(30,820)	2,660	(28,160)	(133,817)
RECONCILIATION OF FUNDS					
Total funds brought forward		88,175	15,836	104,011	237,828
TOTAL FUNDS CARRIED FORWARD		57,355	18,496	75,851	104,011

The notes form part of these financial statements

Adfam National

Balance Sheet
31 March 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Intangible assets	13	17,954	-	17,954	18,262
Tangible assets	14	5,465	-	5,465	7,652
		23,419	-	23,419	25,914
CURRENT ASSETS					
Debtors	15	72,643	-	72,643	35,055
Cash at bank		155,772	18,496	174,268	165,657
		228,415	18,496	246,911	200,712
CREDITORS					
Amounts falling due within one year	16	(194,479)	-	(194,479)	(122,615)
NET CURRENT ASSETS		33,936	18,496	52,432	78,097
TOTAL ASSETS LESS CURRENT LIABILITIES		57,355	18,496	75,851	104,011
NET ASSETS		57,355	18,496	75,851	104,011
FUNDS	17				
Unrestricted funds				57,355	88,175
Restricted funds				18,496	15,836
TOTAL FUNDS				75,851	104,011

The financial statements were approved by the Board of Trustees and authorised for issue on 12/12/24 and were signed on its behalf by:

.....
P J Hayes - Trustee

.....
M Durie - Trustee

The notes form part of these financial statements

Adfam National

Cash Flow Statement
for the year ended 31 March 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	9,978	(151,609)
Net cash provided by/(used in) operating activities		9,978	(151,609)
Cash flows from investing activities			
Purchase of intangible fixed assets		(4,313)	(20,228)
Purchase of tangible fixed assets		-	(7,441)
Interest received		2,946	1,315
Net cash used in investing activities		(1,367)	(26,354)
Change in cash and cash equivalents in the reporting period		8,611	(177,963)
Cash and cash equivalents at the beginning of the reporting period		165,657	343,620
Cash and cash equivalents at the end of the reporting period		174,268	165,657

The notes form part of these financial statements

Notes to the Cash Flow Statement for the year ended 31 March 2024

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(28,160)	(133,817)
Adjustments for:		
Depreciation charges	6,808	3,792
Interest received	(2,946)	(1,315)
(Increase)/decrease in debtors	(37,588)	30,086
Increase/(decrease) in creditors	71,864	(50,355)
Net cash provided by/(used in) operations	9,978	(151,609)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank	165,657	8,611	174,268
	165,657	8,611	174,268
Total	165,657	8,611	174,268

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Direct costs incurred in connection with a particular project are allocated to that particular project.
Fundraising and publicity costs comprise costs incurred with raising voluntary contributions.
General and overhead costs which are not specific to Management and Administration, Fundraising and Publicity, or Direct Charitable activities are allocated as Support costs to these headings. The basis of allocation is on an analysis of the resources utilised by each of these activities.
Support costs are those costs which enable fund generating and charitable activities to be undertaken.
Support costs calculated as 15% of the total cost of resources expended.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment	-	20% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

continued...

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	16,036	12,203

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Activities for generating funds	57,777	18,839
Other income	-	1,390
	57,777	20,229

4. INVESTMENT INCOME

	2024	2023
	£	£
Deposit account interest	2,946	1,315

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Grants	Discrete Projects	573,364	430,218

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Awards For All	-	10,000
City Bridge	15,950	-
London Joint Working Group on Hep C	171,500	71,500
Essex PFCC	14,000	-
Midlands Partnership NHS Foundation - Inclusion	48,625	20,000
The Dulverton Trust	-	16,278
East Sussex County Council	99,544	106,855
Sidney Ivor Luck Counselling Trust	-	5,000
Cambridgeshire Community Foundation	12,000	10,000
National Community Lottery Fund	69,291	29,925
Charities Aid Foundation	-	17,610
Two Ridings Community Foundation	17,353	15,566
Changing Lives	20,647	22,303
Bracknell Forest Council	-	7,200
Community Fund Big Lottery	-	38,299
Garfield Weston Foundation	-	20,000
Lancashire County Council	-	1,000
North Yorkshire PFCC	-	2,303
The Veterans Foundation	17,627	2,500
TIDES	-	5,878
Change Grow Live - Gateshead	2,000	-
London Borough of Lambeth	20,000	-
Martin Geddes Charitable Trust	10,000	-
Sydney Ivor Luck Counselling Trust	10,000	-
The Armed Forces Covenant Fund Trust	9,097	-
Carried forward	537,634	402,217

continued...

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2024	2023
	£	£
Brought forward	537,634	402,217
The Forward Trust	20,000	-
The Jack Brunton Charitable Trust	2,000	-
The Simon Gibson Charitable Trust	5,000	-
The Vintners Company	5,000	-
Self Generated	3,730	-
	573,364	402,217

6. RAISING FUNDS

Other trading activities

	2024	2023
	£	£
Costs of generating funds	25,230	18,066

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs
	£
Discrete Projects	647,553

8. SUPPORT COSTS

	Governance costs
	£
Other resources expended	5,500

Support costs, included in the above, are as follows:

Governance costs

	2024 Other resources expended	2023 Total activities
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
	5,500	5,500

continued...

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
Depreciation - owned assets	2,187	1,826
Computer software amortisation	4,621	1,966

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

11. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	381,471	170,917
	381,471	170,917

The average monthly number of employees during the year was as follows:

	2024	2023
Charitable operations	20	18

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £70,000	1	1

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	12,203	-	12,203
Charitable activities			
Discrete Projects	28,001	402,217	430,218
Other trading activities	20,229	-	20,229
Investment income	1,315	-	1,315
Total	61,748	402,217	463,965
EXPENDITURE ON			
Raising funds	18,066	-	18,066

continued...

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Charitable activities			
Discrete Projects	74,584	499,632	574,216
Other	5,500	-	5,500
Total	98,150	499,632	597,782
NET INCOME/(EXPENDITURE)	(36,402)	(97,415)	(133,817)
RECONCILIATION OF FUNDS			
Total funds brought forward	124,577	113,251	237,828
TOTAL FUNDS CARRIED FORWARD	88,175	15,836	104,011

13. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1 April 2023	20,228
Additions	4,313
At 31 March 2024	24,541
AMORTISATION	
At 1 April 2023	1,966
Charge for year	4,621
At 31 March 2024	6,587
NET BOOK VALUE	
At 31 March 2024	17,954
At 31 March 2023	18,262

continued...

14. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2023 and 31 March 2024	25,559
DEPRECIATION	
At 1 April 2023	17,907
Charge for year	2,187
At 31 March 2024	20,094
NET BOOK VALUE	
At 31 March 2024	5,465
At 31 March 2023	7,652

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	57,107	26,727
Prepayments and accrued income	15,536	8,328
	72,643	35,055

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	-	24,677
Social security and other taxes	8,564	7,322
Other creditors	5,581	5,723
Accruals and deferred income	180,334	84,893
	194,479	122,615

17. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	88,175	(30,820)	57,355
Restricted funds			
Discrete Projects	15,836	2,660	18,496
TOTAL FUNDS	104,011	(28,160)	75,851

continued...

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	76,759	(107,579)	(30,820)
Restricted funds			
Discrete Projects	573,364	(570,704)	2,660
TOTAL FUNDS	650,123	(678,283)	(28,160)

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	124,577	(36,402)	88,175
Restricted funds			
Discrete Projects	113,251	(97,415)	15,836
TOTAL FUNDS	237,828	(133,817)	104,011

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,748	(98,150)	(36,402)
Restricted funds			
Discrete Projects	402,217	(499,632)	(97,415)
TOTAL FUNDS	463,965	(597,782)	(133,817)

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	124,577	(67,222)	57,355
Restricted funds			
Discrete Projects	113,251	(94,755)	18,496
TOTAL FUNDS	237,828	(161,977)	75,851

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	138,507	(205,729)	(67,222)
Restricted funds			
Discrete Projects	975,581	(1,070,336)	(94,755)
TOTAL FUNDS	1,114,088	(1,276,065)	(161,977)

Purposes of Restricted funds:

Discrete Projects:

Adfam also incurs significant restricted expenditure on discrete projects, as determined by their respective service level agreements and/or contracts. These expenses are mainly utilised in delivering the outputs of the project.

Influencing and public information

Although the charity receives no restricted funds for Influencing and Public Information, the charity incurs significant expenditure on this area. As part of its objectives the charity undertakes "publicity and educational work of all descriptions". The expenditure on this area:

- makes the public aware of the incidence and effects of alcohol and drug abuse and everyone's shared responsibility to act to stop it.
- provides evidence for the need for policy change and legislative reform to better understand and better represent the issues facing families affected by alcohol and drug abuse.

continued...

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

19. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

20. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

ADFAM NATIONAL

England & Wales - Charity number 1067428

Accounts

REGISTERED COMPANY NUMBER: 03328628 (England and Wales)
REGISTERED CHARITY NUMBER: 1067428

Report of the Trustees and

Audited Financial Statements for the Year Ended 31 March 2023

for

Adfam National
(A Company Limited by Guarantee)

Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

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Adfam National

Report of the Trustees
for the year ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees take this opportunity to thank all the donors for their support and financial commitment without which they would be unable to meet their objectives.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Adfam's Vision, Mission and Values

Vision

We want anyone affected by someone else's drug or alcohol use, or problem gambling, to have the chance to benefit from healthy relationships, be part of a loving and supportive family and enjoy mental and physical wellbeing.

Mission

Drug and alcohol use, or problem gambling, can threaten and ultimately destroy family relationships and wellbeing. We empower family members and carers, support front-line workers and influence decision-makers to stop this happening.

What we value

We listen to families and front-line workers.

We know that people who face challenges often also have answers. So what we do is informed by our supporters: using compassion and evidence we inform, support and empower both people affected by a loved one's substance misuse and the workers who support them. We build skills, resources, confidence and pathways so both groups can help themselves, their peers, clients and communities.

We're driven by what works

The impact of substance use on family relationships and wellbeing is both profound and varied. We approach our work with care and close attention to what works in the real world. To do this we embrace evidence in all its diversity, never underestimating the value of real-life experience as well as formal research evidence. Our work is driven by our friends, supporters and colleagues and what they tell us works.

We're serious about our mission

We are serious about our work, and our partnerships, and committed to delivering them to the highest quality. We know that prejudice and stigma are barriers to recovery and cause harm, and we promise to treat individuals and families affected by drugs and alcohol with respect and dignity. We want to see a society free from stigma towards drug and alcohol users and their families, and will fight until it exists.

Who we work with

Families, friends and carers - We inform and empower those affected by another's substance use, and amplify their voices to ensure they have a stake in the issues that affect them.

Frontline workers - We build the confidence, capacity and capability of practitioners to ensure the support they deliver is effective and appropriate.

Decision-makers - We engage and influence key national and local decision-makers to shape policy and ensure they understand the issues the families we work with face every day.

Adfam's current areas of activity:

We base our activities on our Theory of Change, comprising three components:

1. Making a difference for families: we do this in the following ways:

- Running innovative projects to develop models of direct work with families
- Providing information leaflets and an on-line peer support forum
- An online service of one-to-one sessions of support: Adfam@Home

2. Capacity building to effect change for practitioners: we do this by:

- Providing accredited training
- Running national online forums which serve as a network for a wide range of professionals from relevant sectors to share and develop good practice
- Providing a consultancy service to build the capacity of practitioners to work with families, enabling the development of a family focused approach

3. Influencing strategic change: we do this by:

- Running 'thought leadership' events on relevant topics
- Supporting volunteers as advocates, giving a voice to family member/carers, challenging stigma and raising awareness of their needs
- providing access to national policy consultations disseminating policy and good practice briefings
- involving volunteers and practitioners in qualitative research
- developing and disseminating materials designed to advocate on behalf for families, for example, policy briefings, press and media communications, qualitative research, focus groups, consultations, surveys, and round table discussions and events
- commissioning and conducting research
- running public awareness campaigns
- talking to parliamentarians and Government officials

Public benefit

The public benefits from Adfam's services through our direct work with vulnerable families and families in isolated, and hard to reach communities. Adfam's indirect services influence government policy so that the needs of these families and the general public are taken into account in national government strategies. Adfam also provides information and the testimonies of families affected by substance use to the media, and to local and national opinion formers.

STRATEGIC REPORT

Achievement and performance

Charitable activities

Adfam's achievements include :

We continue to develop the reach of our online one-to-one and facilitated peer support groups for families: Adfam@Home. We have funding from the National Lottery Reaching Communities Fund, and from Lambeth, Lancashire and North Yorkshire local authorities.
We have funding from the Veterans Foundation to deliver Adfam@Home for military veterans' families.
We have grown our reach, and direct work. During this financial year, we have Family Support Co-ordinators delivering direct work with families in Peterborough, Buckinghamshire, York, North Yorkshire and East Sussex. We continue to have a successful relationship with local authorities. We continued to be funded to work with NHS Inclusion to embed family work within their treatment services in Buckinghamshire. We secured funding from East Sussex to deliver a family support service, and from Two Ridings Trust and Changing Lives to deliver a partnership project for families in York and North Yorkshire. We secured funding from the Veterans Foundation to deliver Adfam@Home for families of military veterans.

We set up a Lived Experience Advisory Group, bringing together a group of family members to act as a sounding board for Adfam's strategy and activities, chaired by one of Adfam's trustees. We continue to lead on the Alcohol and Families Alliance and have set up the Alliance of Family Support Groups.

In 2022/23, we achieved:

- The setting up of our Adfam@Home service- a virtual one-to-one support service for individual family members, provided by a professional family practitioner.

- The setting up of a pilot Adfam@Home for family members with a loved one in residential rehab, and in North Yorkshire, for families with a loved one involved in the criminal justice system.

- The delivery of a facilitated on-line peer support for those supporting a loved one with a dual diagnosis.

- Provision of support and activities for families in Peterborough and East Sussex.

- Adfam@Home for families of military veterans was launched.

- Joint working with One Recovery Bucks, in Buckinghamshire, to integrate family support across their treatment service.

- The production of toolkits: for practitioner working with families with a loved one with a dual diagnosis, and for practitioners working with the families of problem gamblers.

Adfam:

- directed families throughout the UK to local support with our family support map.

- continued to host our online support forum, a safe-space for families and friends to share their experiences online and support others going through similar situations. We had 874 new users in 2022-23.

- delivered our accredited training courses, via Zoom, to practitioners working with families affected by substance use across the country, as well as associated issues like child-parent abuse, ACEs and domestic violence.

- held national forums across England to promote inter-service collaboration and the spread of best practice with speakers in topics including support for LGBT 'families, families and gambling, and the latest research on families affected by substance use.

- We held 12 forums for practitioners; these forums include presentations on research, and on good practice. We collaborated with partners in Wales to hold the Wales Families Forums.

- continued to lead the Alcohol and Families Alliance, holding all member meetings and initiating research into non-dependent drinking and couple conflict.

We produced a report on couple conflict and non-dependent drinking as part of our leadership of the Alcohol and Families Alliance, and on the cost of living crisis and how it is affecting families.

Our reach this year:

206,825 web users: 99% of which are new users
7,090 Twitter followers
1,808 followers on Facebook
1,451 Instagram followers
445 LinkedIn followers
2745 families and friends are subscribed to our regular newsletter
38,643 views were made to our online peer support forum
421 referrals have been made to our remote support service, Adfam@Home

We are grateful to the following funders for their continued support:

Awards for All (20193069)
Bracknell Forest Council
Community Fund Big Lottery
Cambridgeshire Community Foundation
Changing Lives
Charities Aid Foundation
Collective Voice
East Sussex County Council
Garfield Weston Foundation
Lancashire County Council
London Joint Working Group on Hep C
Midlands Partnership NHS Foundation - Inclusion
National Community Lottery Fund
North Yorkshire PFCC
Sidney Ivor Luck Counselling Trust
The Dulverton Trust
The Veterans' Foundation
TIDES
Two Ridings Community Foundation

Financial review
Financial review
Review of Adfam National's year-end financial position
Our income for the year was £463,965, which is a decrease from the previous year (£532,128). Expenditure however increased to £597,782 from £574,310 in 2022. This produced a net income/(expenditure) position for the year at (£133,817) compared to (£42,182) for the year 2022. The primary reason for the increase in the deficit position was higher restricted expenditure incurred in the year, which was related to restricted funds received the prior financial year and carried forward into this reporting year. We continue to keep our income and expenditure under review.

STRATEGIC REPORT

Financial review

Reserves policy

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to 3 months of unrestricted operating expenditure, which equated to £60,000 in general funds. At this level the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed.

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation.

The present level of reserves available to the charity met the target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee has also considered the extent to which existing activities can be rationalised, should such circumstances arise.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Adfam National is a charitable company (trading and widely known as Adfam) limited by guarantee and governed by its memorandum and articles of association. The company was incorporated on 28 February 1997 and registered as a charity on 14 January 1998. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Under the articles of association the board of trustees appoint new trustees, who are required to stand for re-election at the next Annual General Meeting. One third of the existing trustees are required to stand for re-election at the same meeting.

The board of Trustees, chaired by Siwan Hayward, meet 4 times per annum and focuses on strategic, policy and finance issues. Daily management of the organisation is delegated to the Chief Executive.

Recruitment and appointment of new trustees

The Chair of the Board resigned this year and was replaced by Paul Hayes. New trustees are encouraged to undertake an orientation and familiarisation day with the organisation, and to visit our projects.

Away days for Board members are held on an annual basis, when the overall strategy for the organisation is reviewed and agreed.

Organisational structure

In order to achieve our objectives, Adfam maintains a flexible staffing structure, allowing us to recruit new staff as demand and funding allows. Our emphasis on internal consultation allows us to use the strengths of our entire staff.

Our Senior Management Team (SMT), which currently consists of the Directors of Finance & Administration, and Programmes, the Director of Services. plus the Chief Executive, reports to the Trustees.

Induction and training of new trustees

New Trustees are offered an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees receive a copy of Adfam's Governance manual, policies and procedures.

New Trustees also meet Adfam team members. They are invited and encouraged to attend Adfam events as well as visit Adfam projects.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Adfam supports government initiatives that reflect a measured, realistic approach to the issues of drugs and alcohol where they affect families and communities. Adfam believes in the need for families to have support in their own right.

There have been significant changes in the substance misuse field since Adfam was founded, reflected in Government strategies and policies. Adfam reflects these changes in its strategy.

Adfam still relies heavily on Trust and Foundation funding, for which competition is acute.

Adfam continues to have an important role in supporting voluntary community groups to build their capacity and to help ensure that they continue to support families at local level. This is even more important in a climate of financial cuts as local family support groups are finding survival more difficult.

We recognise there is potential for more lobbying work in order to ensure strategy is translated into practice. We continue to work on strengthening our policy, parliamentary influencing and communications activities. We have developed a network of advocates - family members with lived experience, who give us valuable information to inform our strategic direction, and take part in our debates and conferences.

Adfam strongly believes in collaborative working and actively participates in the activities of a variety of membership organisations, networking forums and advisory groups. We work with Alcohol Change UK and the Institute of Alcohol Studies to deliver the Alcohol and Families Alliance, which attracts membership from organisations across the substance misuse, families and children's sectors. We are members of the Kin Care Alliance and the Collective Voice Strategic Group.

Risk management

The Trustees carry out a regular review of the external risks which the charity may face. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects. We have developed protocols and policies to ensure consistent quality of delivery of all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors in the workplace. We have both adult and children's safeguarding policies in place. All staff, regardless of role, are DBS checked.

A risk assessment to enable decisions about possible corporate sponsorship has been developed.

Plans for Future Periods

Review of the activities and future developments

Adfam has worked with families affected by drug use since 1984, when it was established by the mother of a heroin user who was unable to find support for herself. Since then it has developed a reputation as leader in the field of substance related family work. Our status consolidates our experience and our reputation. Adfam acts as a networking organisation for local providers, commissioners, and family members themselves, via its website, newsletters, forums, advocacy programmes, direct work, information leaflets and telephone contacts. Adfam is in touch with over 2,500 supporters who attend our consultation events, receive our policy briefings, and respond to our requests for information about our future strategy and activities.

We will continue to bid for innovative projects which will endorse our position as the leading charity for families affected by addition.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03328628 (England and Wales)

Registered Charity number
1067428

Registered office
27 Swinton Street
London
WC1X 9NW

Trustees
J W Armstrong
R B Lambourn (resigned 23.11.2022)
S L Hayward OBE
K C Parrett
F T Duhig
D Wightman
E Kaner
M Durie
M Guymer
P J Hayes (appointed 23.11.2022)

Company Secretary
O Amin

Auditors
Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

STATEMENT OF TRUSTEES' RESPONSIBILITIES
The trustees (who are also the directors of Adfam National for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Chief Executive

Vivienne Evans OBE (non trustee)

AUDITORS
The auditors, Grant Harrod Lerman Davis LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on ..06/11/23..... and signed on the board's behalf by:

.....
P J Hayes - Trustee

Report of the Independent Auditors to the Members of Adfam National

Opinion

We have audited the financial statements of Adfam National (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of trustees and inspection of policy documentation as to the Charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Board minutes.
- Using analytical procedures to identify any unusual or unexpected relationships

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because the Charity's revenue transactions are simple and low value with few, if any, judgmental aspects to revenue recognition. We are not aware of any incentives or pressures linked to revenue recognition.

We did not identify any additional fraud risks.

In determining the audit procedures, we took into account the results of our evaluation and testing of the operating effectiveness of fraud risk management controls.

We also performed procedures including identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts.

Identifying and responding to risks of material misstatement due to non-compliance with laws and regulations.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, and through discussion with the directors and other management (as required by auditing standards), and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

Context of the ability of the audit to detect fraud or breaches of law or regulation.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jeremy Harrod FCCA (Senior Statutory Auditor)
for and on behalf of Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 6/11/23

Adfam National

Statement of Financial Activities
for the year ended 31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	12,203	-	12,203	14,722
Charitable activities	5				
Discrete Projects		28,001	402,217	430,218	472,750
Other trading activities	3	20,229	-	20,229	44,593
Investment income	4	1,315	-	1,315	63
Total		61,748	402,217	463,965	532,128
EXPENDITURE ON					
Raising funds	6	18,066	-	18,066	21,625
Charitable activities	7				
Discrete Projects		74,584	499,632	574,216	551,279
Charitable		-	-	-	1,406
Other		5,500	-	5,500	-
Total		98,150	499,632	597,782	574,310
NET INCOME/(EXPENDITURE)		(36,402)	(97,415)	(133,817)	(42,182)
RECONCILIATION OF FUNDS					
Total funds brought forward		124,577	113,251	237,828	280,010
TOTAL FUNDS CARRIED FORWARD		88,175	15,836	104,011	237,828

The notes form part of these financial statements

Adfam National

Balance Sheet
31 March 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Intangible assets	13	18,262	-	18,262	-
Tangible assets	14	7,652	-	7,652	2,037
		25,914	-	25,914	2,037
CURRENT ASSETS					
Debtors	15	8,682	26,373	35,055	65,141
Cash at bank		98,901	66,756	165,657	343,620
		107,583	93,129	200,712	408,761
CREDITORS					
Amounts falling due within one year	16	(45,322)	(77,293)	(122,615)	(172,970)
NET CURRENT ASSETS		62,261	15,836	78,097	235,791
TOTAL ASSETS LESS CURRENT LIABILITIES		88,175	15,836	104,011	237,828
NET ASSETS		88,175	15,836	104,011	237,828
FUNDS	17				
Unrestricted funds				88,175	124,577
Restricted funds				15,836	113,251
TOTAL FUNDS				104,011	237,828

The financial statements were approved by the Board of Trustees and authorised for issue on 06/11/23 and were signed on its behalf by:

P J Hayes - Trustee

J W Armstrong - Trustee

The notes form part of these financial statements

Adfam National

Cash Flow Statement
for the year ended 31 March 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	(151,609)	(103,457)
Net cash used in operating activities		(151,609)	(103,457)
Cash flows from investing activities			
Purchase of intangible fixed assets		(20,228)	-
Purchase of tangible fixed assets		(7,441)	-
Interest received		1,315	63
Net cash (used in)/provided by investing activities		(26,354)	63
Change in cash and cash equivalents in the reporting period		(177,963)	(103,394)
Cash and cash equivalents at the beginning of the reporting period		343,620	447,014
Cash and cash equivalents at the end of the reporting period		165,657	343,620

The notes form part of these financial statements

Notes to the Cash Flow Statement for the year ended 31 March 2023

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023	2022
	£	£
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(133,817)	(42,182)
Adjustments for:		
Depreciation charges	3,792	1,406
Interest received	(1,315)	(63)
Decrease in debtors	30,086	36,486
Decrease in creditors	(50,355)	(99,104)
Net cash used in operations	(151,609)	(103,457)

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22	Cash flow	At 31.3.23
	£	£	£
Net cash			
Cash at bank	343,620	(177,963)	165,657
	343,620	(177,963)	165,657
Total	343,620	(177,963)	165,657

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Direct costs incurred in connection with a particular project are allocated to that particular project.
Fundraising and publicity costs comprise costs incurred with raising voluntary contributions.
General and overhead costs which are not specific to Management and Administration, Fundraising and Publicity, or Direct Charitable activities are allocated as Support costs to these headings. The basis of allocation is on an analysis of the resources utilised by each of these activities.
Support costs are those costs which enable fund generating and charitable activities to be undertaken.
Support costs calculated as 15% of the total cost of resources expended.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 20% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	12,203	14,722

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Activities for generating funds	18,839	35,368
Other income	1,390	9,225
	20,229	44,593

4. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	1,315	63

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
		£	£
Grants	Discrete Projects	430,218	472,750

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Awards For All	10,000	-
Esmee Fairbairn Foundation (Ref: 17-2504)	-	75,000
Collective Voice	-	8,000
London Joint Working Group on Hep C	71,500	53,500
Institute of Alcohol Studies	-	10,000
Halley Stewart Trust	-	30,000
Alcohol Change UK	-	10,000
Midlands Partnership NHS Foundation - Inclusion	20,000	20,000
Gamble Aware	-	45,000
London Borough of Haringey	-	16,100
The Dulverton Trust	16,278	9,322
East Sussex County Council	106,855	70,056
Sidney Ivor Luck Counselling Trust	5,000	5,000
Cambridgeshire Community Foundation	10,000	11,000
National Community Lottery Fund	29,925	21,375
Charities Aid Foundation	17,610	47,582
Two Ridings Community Foundation	15,566	15,565
Esmee Fairbairn Foundation (Ref: Funding plus)	-	5,250
Changing Lives	22,303	20,000
Bracknell Forest Council	7,200	-
Community Fund Big Lottery	38,299	-
Garfield Weston Foundation	20,000	-
Lancashire County Council	1,000	-
North Yorkshire PFCC	2,303	-
The Veterans Foundation	2,500	-
Carried forward	396,339	472,750

continued...

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2023	2022
	£	£
Brought forward	396,339	472,750
TIDES	5,878	-
	402,217	472,750

6. RAISING FUNDS

Other trading activities

	2023	2022
	£	£
Costs of generating funds	18,066	21,625

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs
	£
Discrete Projects	574,216

8. SUPPORT COSTS

	Governance costs
	£
Other resources expended	5,500

Support costs, included in the above, are as follows:

Governance costs

	2023 Other resources expended	2022 Total activities
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
	5,500	5,500

continued...

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
Depreciation - owned assets	1,826	1,406
Computer software amortisation	1,966	-

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

11. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	170,917	326,565
Social security costs	-	26,505
Other pension costs	-	16,780
	170,917	369,850

The average monthly number of employees during the year was as follows:

	2023	2022
Charitable operations	18	16

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£60,001 - £70,000	1	-
£70,001 - £80,000	-	1
	1	1

continued...

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	14,722	-	14,722
Charitable activities			
Discrete Projects	28,000	444,750	472,750
Other trading activities	44,593	-	44,593
Investment income	63	-	63
Total	87,378	444,750	532,128
EXPENDITURE ON			
Raising funds	21,625	-	21,625
Charitable activities			
Discrete Projects	64,274	487,005	551,279
Charitable	1,406	-	1,406
Total	87,305	487,005	574,310
NET INCOME/(EXPENDITURE)	73	(42,255)	(42,182)
RECONCILIATION OF FUNDS			
Total funds brought forward	124,504	155,506	280,010
TOTAL FUNDS CARRIED FORWARD	124,577	113,251	237,828

13. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
Additions	20,228
AMORTISATION	
Charge for year	1,966
NET BOOK VALUE	
At 31 March 2023	18,262
At 31 March 2022	-

continued...

14. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2022	18,118
Additions	7,441
At 31 March 2023	25,559
DEPRECIATION	
At 1 April 2022	16,081
Charge for year	1,826
At 31 March 2023	17,907
NET BOOK VALUE	
At 31 March 2023	7,652
At 31 March 2022	2,037

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	26,727	57,964
Prepayments and accrued income	8,328	7,177
	35,055	65,141

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	24,677	33,315
Social security and other taxes	7,322	7,684
Other creditors	5,723	1,459
Accruals and deferred income	84,893	130,512
	122,615	172,970

17. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	124,577	(36,402)	88,175
Restricted funds			
Discrete Projects	113,251	(97,415)	15,836
TOTAL FUNDS	237,828	(133,817)	104,011

continued...

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	61,748	(98,150)	(36,402)
Restricted funds			
Discrete Projects	402,217	(499,632)	(97,415)
TOTAL FUNDS	463,965	(597,782)	(133,817)

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	124,504	73	124,577
Restricted funds			
Discrete Projects	155,506	(42,255)	113,251
TOTAL FUNDS	280,010	(42,182)	237,828

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	87,378	(87,305)	73
Restricted funds			
Discrete Projects	444,750	(487,005)	(42,255)
TOTAL FUNDS	532,128	(574,310)	(42,182)

continued...

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	124,504	(36,329)	88,175
Restricted funds			
Discrete Projects	155,506	(139,670)	15,836
TOTAL FUNDS	280,010	(175,999)	104,011

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	149,126	(185,455)	(36,329)
Restricted funds			
Discrete Projects	846,967	(986,637)	(139,670)
TOTAL FUNDS	996,093	(1,172,092)	(175,999)

Purposes of Restricted funds:

Discrete Projects:

Adfam also incurs significant restricted expenditure on discrete projects, as determined by their respective service level agreements and/or contracts. These expenses are mainly utilised in delivering the outputs of the project.

Influencing and public information

Although the charity receives no restricted funds for Influencing and Public Information, the charity incurs significant expenditure on this area. As part of its objectives the charity undertakes "publicity and educational work of all descriptions". The expenditure on this area:

- makes the public aware of the incidence and effects of alcohol and drug abuse and everyone's shared responsibility to act to stop it.
- provides evidence for the need for policy change and legislative reform to better understand and better represent the issues facing families affected by alcohol and drug abuse.

continued...

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

19. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

20. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

ADFAM NATIONAL

England & Wales - Charity number 1067428

Accounts

REGISTERED COMPANY NUMBER: 03328628 (England and Wales)
REGISTERED CHARITY NUMBER: 1067428

Report of the Trustees and

Audited Financial Statements for the Year Ended 31 March 2022

for

Adfam National
(A Company Limited by Guarantee)

Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

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Adfam National

Report of the Trustees
for the year ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees take this opportunity to thank all the donors for their support and financial commitment without which they would be unable to meet their objectives.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Adfam's Vision, Mission and Values

Vision

We want anyone affected by someone else's drug or alcohol use, or problem gambling, to have the chance to benefit from healthy relationships, be part of a loving and supportive family and enjoy mental and physical wellbeing.

Mission

Drug and alcohol use, or problem gambling, can threaten and ultimately destroy family relationships and wellbeing. We empower family members and carers, support front-line workers and influence decision-makers to stop this happening.

What we value

We listen to families and front-line workers

We know that people who face challenges often also have answers. So what we do is informed by our supporters: using compassion and evidence we inform, support and empower both people affected by a loved one's substance misuse and the workers who support them. We build skills, resources, confidence and pathways so both groups can help themselves, their peers, clients and communities.

We're driven by what works

The impact of substance use on family relationships and wellbeing is both profound and varied. We approach our work with care and close attention to what works in the real world. To do this we embrace evidence in all its diversity, never underestimating the value of real-life experience as well as formal research evidence. Our work is driven by our friends, supporters and colleagues and what they tell us works.

We're serious about our mission

We are serious about our work, and our partnerships, and committed to delivering them to the highest quality. We know that prejudice and stigma are barriers to recovery and cause harm, and we promise to treat individuals and families affected by drugs and alcohol with respect and dignity. We want to see a society free from stigma towards drug and alcohol users and their families, and will fight until it exists.

Who we work with

Families, friends and carers - We inform and empower those affected by another's substance use, and amplify their voices to ensure they have a stake in the issues that affect them.

Frontline workers - We build the confidence, capacity and capability of practitioners to ensure the support they deliver is effective and appropriate.

Decision-makers - We engage and influence key national and local decision-makers to shape policy and ensure they understand the issues the families we work with face every day.

Adfam's current areas of activity:

We base our activities on our Theory of Change, comprising three components:

1. Making a difference for families: we do this in the following ways:

- Running innovative projects to develop models of direct work with families; examples are: with kinship carers in Peterborough, with children of alcohol dependent parents in L.B Haringey, with families with a child with FASD, and with families experiencing mental health problems.
- Providing information leaflets and an on-line peer support forum

- An online service of one-to-one sessions of support: Adfam@Home

2. Capacity building to effect change for practitioners: we do this by:

- Providing accredited training
- Running national online forums which serve as a network for a wide range of professionals from relevant sectors to share and develop good practice
- Providing a consultancy service to build the capacity of practitioners to work with families, enabling the development of a family focused approach

3. Influencing strategic change: we do this by:

- Running 'thought leadership' events on relevant topics
- Supporting volunteers as advocates, giving a voice to family member/carers, challenging stigma and raising awareness of their needs
- providing access to national policy consultations disseminating policy and good practice briefings
- involving volunteers and practitioners in qualitative research
- developing and disseminating materials designed to advocate on behalf for families, for example, policy briefings, press and media communications, qualitative research, focus groups, consultations, surveys, and round table discussions and events
- commissioning and conducting research
- running public awareness campaigns

Public benefit

The public benefits from Adfam's services through our direct work with vulnerable families and families in isolated, and hard to reach communities. Adfam's indirect services influence government policy so that the needs of these families and the general public are taken into account in national government strategies. Adfam also provides information and the testimonies of families affected by substance use to the media, and to local and national opinion formers.

STRATEGIC REPORT

Achievement and performance

Charitable activities

Adfam's achievements include :

The Covid pandemic necessitated our move to deliver our training and practitioner forums on line, via zoom. This enabled us to have a wider, national reach.

We have grown our reach, and direct work. During this financial year, we have Family Support Co-ordinators delivering direct work with families in Peterborough, Buckinghamshire, L.B Haringey. York, N. Yorkshire and East Sussex. We continue to have a successful relationship with local authorities. We continued to be funded to work with NHS Inclusion to embed family work within their treatment services in Buckinghamshire. We secured funding from East Sussex to deliver a family support service, and from Two Ridings Trust and Changing Lives to deliver a partnership project for families in York and North Yorkshire
We worked with the London Borough of Haringey to deliver services for families, as part of the DHSC Children of Alcohol Dependent Parents Innovation Fund. We were successful in securing finding from this grant to develop and deliver training and support for local authorities to support families with a child with FASD.

We continued to receive funding from GambleAware to run training and forums for the families of problem gamblers, and from The Forces in Mind Trust to work with York University on research into the needs of military veterans' families.

With funding from the Halley Stewart Trust, we continue to provide facilitated peer support groups for family members affected by a loved one's substance misuse and mental health problems. and from The Dulverton Trust to work with families in Sunderland affected by a dual diagnosis- co-existing substance misuse and mental health problems.

We set up a Lived Experience Advisory Group, bringing together a group of family members to act as a sounding board for Adfam's strategy and activities, chaired by one of Adfam's trustees. We continue to lead on the Alcohol and Families Alliance and have set up the Alliance of Family Support Groups

In 2021/22: We achieved:

- The setting up of our Adfam@Home service- a virtual one-to-one support service for individual family members, provided by a professional family practitioner
- The setting up of a pilot Adfam@Home for family members with a loved one in residential rehab, and in North Yorkshire, for families with a loved one involved in the criminal justice system.

- The delivery of a facilitated on-line peer support for those supporting a loved one with a dual diagnosis

- Provision of support and activities for families in Peterborough and East Sussex, and for children of alcohol dependent parents in the London Borough of Haringey, and in Swindon

- Joint working with One Recovery Bucks, in Buckinghamshire, to integrate family support across their treatment service

-The production of an online toolkit on Child to Parent Abuse (CPA), for practitioners working with parents who care for a child (including adult children) who uses drugs or alcohol and is also abusive towards them. It was downloaded by 120 practitioners.

- The production of toolkits: for practitioner working with families with a loved one with a dual diagnosis, and for practitioners working with the families of problem gamblers.

- The provision of a virtual peer buddy scheme for practitioners across England to support one another's professional development and share best practice.

We:

Adfam:
- directed families throughout the UK to local support with our family support map

- continued to host our online support forum, a safe-space for families and friends to share their experiences online and support others going through similar situations. We had 2,020 new users in 2021-22.

- delivered our accredited training courses, via Zoom, to practitioners working with families affected by substance use across the country, as well as associated issues like child-parent abuse, ACEs and domestic violence

- held national forums across England to promote inter-service collaboration and the spread of best practice with speakers in topics including support for LGBT 'families, families and gambling, and the latest research on families affected by substance use.

- We collaborated with partners in Wales to set up the Wales Families Forum

- We held a round table on Faith, Familes, Drugs and Alcohol in partnership with Alcohol Change UK Wales, and with partners in the BAME community on families and how to access support.

- continued to lead the Alcohol and Families Alliance in partnership with Institute of Alcohol Studies and Alcohol Change UK, holding all member meetings and initiating research into non-dependent drinking and couple conflict.

- wrote a response to the Government's new drugs strategy

- With findings from our commissioned YouGov research, we launched a new report, Overlooked: Why we should be doing more to support families and friends affected by someone else's drinking, drug use or gambling, and continued to promote our Forgotten 5 Million campaign to raise awareness of the number of family members affected by substance misuse.

- worked with Scottish Families (SFAD) to develop a guide on how to present families and substance misuse issues to the media

- held a book launch event and celebration of the winners of our writing competition.

Our reach this year:

218,230 web users: 99% of which are new users
7,080 Twitter followers, 6% increase since last year
1,402 Likes on Facebook, 24% increase since last year
1,289 Instagram followers, 227% increase since last year
308 LinkedIn followers, 48% increase since last year
2522 families and friends are subscribed to our regular newsletter
2020 new people joined our online peer support forum

281 referrals have been made to our remote support service, Adfam@Home

We have strengthened our reputation and recognition as the national umbrella organisation for families affected by substance misuse.

We are grateful to the following funders for their continued support:

Alcohol Change UK
Collective Voice
Esmee Fairbairn Foundation

Gamble Aware
Institute of Alcohol Studies
East Sussex County Council
Cambridgeshire Community Fund
Midlands Partnership NHS Foundation - Inclusion
London Borough of Haringey
Halley Stewart Trust
Two Ridings Community Foundation
Blackrock
Awards for All
Garfield Weston Foundation
Ivor Luck Trust

Financial review

Reserves policy

The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to 3 months of unrestricted operating expenditure, which equated to £70,000 in general funds. At this level the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed.

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation.

The present level of reserves available to the charity met the target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee has also considered the extent to which existing activities can be rationalised, should such circumstances arise.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Adfam National is a charitable company (trading and widely known as Adfam) limited by guarantee and governed by its memorandum and articles of association. The company was incorporated on 28 February 1997 and registered as a charity on 14 January 1998. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Under the articles of association the board of trustees appoint new trustees, who are required to stand for re-election at the next Annual General Meeting. One third of the existing trustees are required to stand for re-election at the same meeting.

The board of Trustees, chaired by Siwan Hayward, meet 4 times per annum and focuses on strategic, policy and finance issues. Daily management of the organisation is delegated to the Chief Executive.

Recruitment and appointment of new trustees

Two Trustees stepped down this year as their term of office had expired: Jemma Smith and James Nicholls

New Trustees are encouraged to undertake an orientation and familiarisation day with the organisation, and to visit our projects.

Away days for Board members are held on an annual basis, when the overall strategy for the organisation is reviewed and agreed.

Organisational structure

In order to achieve our objectives, Adfam maintains a flexible staffing structure, allowing us to recruit new staff as demand and funding allows. Our emphasis on internal consultation allows us to use the strengths of our entire staff.

Our Senior Management Team (SMT), which currently consists of the Directors of Finance & Administration, and Programmes, the Director of Services. plus the Chief Executive, reports to the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

New Trustees are offered an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees receive a copy of Adfam's Governance manual, policies and procedures.

New Trustees also meet Adfam team members. They are invited and encouraged to attend Adfam events as well as visit Adfam projects.

Related parties

Adfam supports government initiatives that reflect a measured, realistic approach to the issues of drugs and alcohol where they affect families and communities. Adfam believes in the need for families to have support in their own right.

There have been significant changes in the substance misuse field since Adfam was founded, reflected in Government strategies and policies. Adfam reflects these changes in its strategy.

Adfam still relies heavily on Trust and Foundation funding, for which competition is acute.

Adfam continues to have an important role in supporting voluntary community groups to build their capacity and to help ensure that they continue to support families at local level. This is even more important in a climate of financial cuts as local family support groups are finding survival more difficult.

We recognise there is potential for more lobbying work in order to ensure strategy is translated into practice. We continue to work on strengthening our policy, parliamentary influencing and communications activities. We have developed a network of advocates - family members with lived experience, who give us valuable information to inform our strategic direction, and take part in our debates and conferences.

Adfam strongly believes in collaborative working and actively participates in the activities of a variety of membership organisations, networking forums and advisory groups. We work with Alcohol Change UK and the Institute of Alcohol Studies to deliver the Alcohol and Families Alliance, which attracts membership from organisations across the substance misuse, families and children's sectors. We are members of the Kin Care Alliance and the Collective Voice Strategic Group.

Risk management

The Trustees carry out a regular review of the external risks which the charity may face. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects. We have developed protocols and policies to ensure consistent quality of delivery of all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors in the workplace. We have both adult and children's safeguarding policies in place. All staff, regardless of role, are DBS checked.

A risk assessment to enable decisions about possible corporate sponsorship has been developed.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Plans for Future Periods

Review of the activities and future developments

Adfam has worked with families affected by drug use since 1984, when it was established by the mother of a heroin user who was unable to find support for herself. Since then it has developed a reputation as leader in the field of substance related family work. Our status consolidates our experience and our reputation. Adfam acts as a networking organisation for local providers, commissioners, and family members themselves, via its website, newsletters, forums, advocacy programmes, direct work, information leaflets and telephone contacts. Adfam is in touch with over 2,500 supporters who attend our consultation events, receive our policy briefings, and respond to our requests for information about our future strategy and activities.

We will continue to bid for innovative projects which will endorse our position as the leading charity for families affected by addition.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03328628 (England and Wales)

Registered Charity number
1067428

Registered office
27 Swinton Street
London
WC1X 9NW

Trustees
J W Armstrong
R B Lambourn
J Nicholls (resigned 23.3.2022)
J Smith (resigned 15.4.2021)
S L Hayward OBE Chair
K C Parrett
F T Duhig
D Wightman (appointed 24.11.2021)
E Kaner (appointed 24.11.2021)
M Durie (appointed 24.11.2021)
M Guymer (appointed 24.11.2021)

Company Secretary
O Amin

Auditors
Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Report of the Trustees
for the year ended 31 March 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Adfam National for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Chief Executive

Vivienne Evans OBE (non trustee)

AUDITORS

The auditors, Grant Harrod Lerman Davis LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the trustees incorporating a strategic report, approved by order of the board of trustees, as the company directors, on 12/12/22 and signed on the board's behalf by:

.....
S L Hayward OBE - Trustee

Report of the Independent Auditors to the Members of Adfam National

Opinion

We have audited the financial statements of Adfam National (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of trustees and inspection of policy documentation as to the Charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Board minutes.
- Using analytical procedures to identify any unusual or unexpected relationships

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because the Charity's revenue transactions are simple and low value with few, if any, judgmental aspects to revenue recognition. We are not aware of any incentives or pressures linked to revenue recognition.

We did not identify any additional fraud risks.

In determining the audit procedures, we took into account the results of our evaluation and testing of the operating effectiveness of fraud risk management controls.

We also performed procedures including identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts.

Identifying and responding to risks of material misstatement due to non-compliance with laws and regulations.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, and through discussion with the directors and other management (as required by auditing standards), and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

Context of the ability of the audit to detect fraud or breaches of law or regulation.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Jeremy Harrod FCCA (Senior Statutory Auditor)
for and on behalf of Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 11/11/22

Adfam National

Statement of Financial Activities
for the year ended 31 March 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	14,722	-	14,722	19,205
Charitable activities					
Discrete Projects		28,000	444,750	472,750	637,814
Other trading activities	3	44,593	-	44,593	37,321
Investment income	4	63	-	63	133
Total		87,378	444,750	532,128	694,473
EXPENDITURE ON					
Raising funds	6	21,625	-	21,625	24,653
Charitable activities	7				
Discrete Projects		64,274	487,005	551,279	591,390
Charitable		1,406	-	1,406	1,804
Total		87,305	487,005	574,310	617,847
NET INCOME/(EXPENDITURE)		73	(42,255)	(42,182)	76,626
RECONCILIATION OF FUNDS					
Total funds brought forward		124,504	155,506	280,010	203,384
TOTAL FUNDS CARRIED FORWARD		124,577	113,251	237,828	280,010

The notes form part of these financial statements

Adfam National

Balance Sheet
31 March 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	13	2,037	-	2,037	3,443
CURRENT ASSETS					
Debtors	14	7,442	57,699	65,141	101,627
Cash at bank		153,986	189,634	343,620	447,014
		161,428	247,333	408,761	548,641
CREDITORS					
Amounts falling due within one year	15	(38,888)	(134,082)	(172,970)	(272,074)
NET CURRENT ASSETS		122,540	113,251	235,791	276,567
TOTAL ASSETS LESS CURRENT LIABILITIES		124,577	113,251	237,828	280,010
NET ASSETS		124,577	113,251	237,828	280,010
FUNDS	16				
Unrestricted funds				124,577	124,504
Restricted funds				113,251	155,506
TOTAL FUNDS				237,828	280,010

The financial statements were approved by the Board of Trustees and authorised for issue on 11.11.22 and were signed on its behalf by:

S L Hayward OBE - Trustee

R B Lambourn - Trustee

The notes form part of these financial statements

Adfam National

Cash Flow Statement
for the year ended 31 March 2022

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	(103,457)	162,810
Net cash (used in)/provided by operating activities		(103,457)	162,810
Cash flows from investing activities			
Interest received		63	133
Net cash provided by investing activities		63	133
Change in cash and cash equivalents in the reporting period		(103,394)	162,943
Cash and cash equivalents at the beginning of the reporting period		447,014	284,071
Cash and cash equivalents at the end of the reporting period		343,620	447,014

The notes form part of these financial statements

Notes to the Cash Flow Statement for the year ended 31 March 2022

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022	2021
	£	£
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(42,182)	76,626
Adjustments for:		
Depreciation charges	1,406	1,804
Interest received	(63)	(133)
Decrease in debtors	36,486	9,293
(Decrease)/increase in creditors	(99,104)	75,220
Net cash (used in)/provided by operations	(103,457)	162,810

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.21	Cash flow	At 31.3.22
	£	£	£
Net cash			
Cash at bank	447,014	(103,394)	343,620
	447,014	(103,394)	343,620
Total	447,014	(103,394)	343,620

The notes form part of these financial statements

Notes to the Financial Statements for the year ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Direct costs incurred in connection with a particular project are allocated to that particular project.
Fundraising and publicity costs comprise costs incurred with raising voluntary contributions.
General and overhead costs which are not specific to Management and Administration, Fundraising and Publicity, or Direct Charitable activities are allocated as Support costs to these headings. The basis of allocation is on an analysis of the resources utilised by each of these activities.
Support costs are those costs which enable fund generating and charitable activities to be undertaken.
Support costs calculated as 15% of the total cost of resources expended.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 20% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	14,722	19,205

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Activities for generating funds	35,368	37,321
Other income	9,225	-
	44,593	37,321

4. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	63	133

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2022	2021
		£	£
Grants	Discrete Projects	472,750	637,814

Grants received, included in the above, are as follows:

	2022	2021
	£	£
Clothworkers	-	5,000
Esmee Fairbairn Foundation (Ref: 17-2504)	75,000	100,000
Department of Health and Social Care	-	99,091
Collective Voice	8,000	15,000
London Joint Working Group on Hep C	53,500	33,090
Institute of Alcohol Studies	10,000	10,000
Core	-	55
Halley Stewart Trust	30,000	30,000
Alcohol Change UK	10,000	10,000
BBC Children In Need	-	19,452
Suffolk Community Foundation	-	2,988
Midlands Partnership NHS Foundation - Inclusion	20,000	23,000
Gamble Aware	45,000	60,000
London Borough of Haringey	16,100	54,970
Swindon Borough Council	-	46,665
The Dulverton Trust	9,322	9,334
Esme Fairbairn Foundation (Ref: 20-0828)	-	50,000
Forces In Mind Trust	-	10,496
East Sussex County Council	70,056	37,298
Sidney Ivor Luck Counselling Trust	5,000	5,000
Cambridgeshire Community Foundation	11,000	1,000
National Community Lottery Fund	21,375	11,000
Charities Aid Foundation	47,582	4,375
Two Ridings Community Foundation	15,565	-
Esmee Fairbairn Foundation (Ref: Funding plus)	5,250	-
Carried forward	452,750	637,814

continued...

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2022	2021
	£	£
Brought forward	452,750	637,814
Changing Lives	20,000	-
	472,750	637,814

6. RAISING FUNDS

Other trading activities

	2022	2021
	£	£
Costs of generating funds	21,625	24,653

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Discrete Projects	545,779	5,500	551,279
Charitable	1,406	-	1,406
	547,185	5,500	552,685

8. SUPPORT COSTS

	Governance costs
	£
Discrete Projects	5,500

Support costs, included in the above, are as follows:

Governance costs

	2022 Discrete Projects	2021 Total activities
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
	5,500	5,500

continued...

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	3,100
Depreciation - owned assets	1,406	1,804

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

11. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	326,565	341,775
Social security costs	26,505	32,102
Other pension costs	16,780	18,927
	369,850	392,804

The average monthly number of employees during the year was as follows:

	2022	2021
Charitable operations	16	12

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
£70,001 - £80,000	1	1

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	19,205	-	19,205
Charitable activities			
Discrete Projects	25,000	612,814	637,814
Other trading activities	37,321	-	37,321
Investment income	133	-	133
Total	81,659	612,814	694,473
EXPENDITURE ON			

continued...

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
Raising funds	24,653	-	24,653
Charitable activities			
Discrete Projects	54,730	536,660	591,390
Charitable	1,804	-	1,804
Total	81,187	536,660	617,847
NET INCOME	472	76,154	76,626
RECONCILIATION OF FUNDS			
Total funds brought forward	124,032	79,352	203,384
TOTAL FUNDS CARRIED FORWARD	124,504	155,506	280,010

13. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1 April 2021	35,047	18,118	53,165
Disposals	(35,047)	-	(35,047)
At 31 March 2022	-	18,118	18,118
DEPRECIATION			
At 1 April 2021	35,047	14,675	49,722
Charge for year	-	1,406	1,406
Eliminated on disposal	(35,047)	-	(35,047)
At 31 March 2022	-	16,081	16,081
NET BOOK VALUE			
At 31 March 2022	-	2,037	2,037
At 31 March 2021	-	3,443	3,443

continued...

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	57,964	89,328
Prepayments and accrued income	7,177	12,299
	65,141	101,627

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	33,315	7,190
Social security and other taxes	7,684	9,406
Other creditors	1,459	3,711
Accruals and deferred income	130,512	251,767
	172,970	272,074

16. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
General fund	124,504	73	124,577
Restricted funds			
Discrete Projects	155,506	(42,255)	113,251
TOTAL FUNDS	280,010	(42,182)	237,828

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	87,378	(87,305)	73
Restricted funds			
Discrete Projects	444,750	(487,005)	(42,255)
TOTAL FUNDS	532,128	(574,310)	(42,182)

continued...

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	124,032	472	124,504
Restricted funds			
Discrete Projects	79,352	76,154	155,506
TOTAL FUNDS	203,384	76,626	280,010

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	81,659	(81,187)	472
Restricted funds			
Discrete Projects	612,814	(536,660)	76,154
TOTAL FUNDS	694,473	(617,847)	76,626

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	124,032	545	124,577
Restricted funds			
Discrete Projects	79,352	33,899	113,251
TOTAL FUNDS	203,384	34,444	237,828

continued...

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	169,037	(168,492)	545
Restricted funds			
Discrete Projects	1,057,564	(1,023,665)	33,899
TOTAL FUNDS	1,226,601	(1,192,157)	34,444

Purposes of Restricted funds:

Discrete Projects:

Adfam also incurs significant restricted expenditure on discrete projects, as determined by their respective service level agreements and/or contracts. These expenses are mainly utilised in delivering the outputs of the project.

Influencing and public information

Although the charity receives no restricted funds for Influencing and Public Information, the charity incurs significant expenditure on this area. As part of its objectives the charity undertakes "publicity and educational work of all descriptions". The expenditure on this area:

- makes the public aware of the incidence and effects of alcohol and drug abuse and everyone's shared responsibility to act to stop it.
- provides evidence for the need for policy change and legislative reform to better understand and better represent the issues facing families affected by alcohol and drug abuse.

17. OTHER FINANCIAL COMMITMENTS

Financial commitments

At 31 March 2022 the charity had annual commitments under non-cancellable operating leases as follows :

	Land and Buildings
	£
Expiry date :	
Less than one year	-
Between one and two years	-
Between two and five years	-

continued...

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

19. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

20. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

ADFAM NATIONAL

England & Wales - Charity number 1067428

Accounts

REGISTERED COMPANY NUMBER: 03328628 (England and Wales)
REGISTERED CHARITY NUMBER: 1067428

Report of the Trustees and

Audited Financial Statements for the Year Ended 31st March 2021

for

Adfam National
(A Company Limited by Guarantee)

Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

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Report of the Trustees
for the year ended 31st March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The Trustees take this opportunity to thank all the donors for their support and financial commitment without which they would be unable to meet their objectives.

Report of the Trustees
for the year ended 31st March 2021

OBJECTIVES AND ACTIVITIES

Objectives and aims

Adfam's Vision, Mission and Values

Vision

We want anyone affected by someone else's drug or alcohol use, or problem gambling, to have the chance to benefit from healthy relationships,be part of a loving and supportive family and enjoy mental and physical wellbeing.

Mission

Drug and alcohol use, or problem gambling, can threaten and ultimately destroy family relationships and wellbeing. We empower family members and carers, support front-line workers and influence decision-makers to stop this happening.

What we value

We listen to families and front-line workers

We know that people who face challenges often also have answers. So what we do is informed by our supporters: using compassion and evidence we inform, support and empower both people affected by a loved one's substance misuse and the workers who support them. We build skills, resources, confidence and pathways so both groups can help themselves, their peers, clients and communities.

We're driven by what works

The impact of substance use on family relationships and wellbeing is both profound and varied. We approach our work with care and close attention to what works in the real world. To do this we embrace evidence in all its diversity, never underestimating the value of real-life experience as well as formal research evidence. Our work is driven by our friends, supporters and colleagues and what they tell us works.

We're serious about our mission

We are serious about our work, and our partnerships, and committed to delivering them to the highest quality. We know that prejudice and stigma are barriers to recovery and cause harm, and we promise to treat individuals and families affected by drugs and alcohol with respect and dignity. We want to see a society free from stigma towards drug and alcohol users and their families, and will fight until it exists.

Who we work with

Families, friends and carers - We inform and empower those affected by another's substance use, and amplify their voices to ensure they have a stake in the issues that affect them.

Frontline workers - We build the confidence, capacity and capability of practitioners to ensure the support they deliver is effective and appropriate.

Decision-makers - We engage and influence key national and local decision-makers to shape policy and ensure they understand the issues the families we work with face every day.

Adfam's current areas of activity:

We base our activities on our Theory of Change, comprising three components:

1. Making a difference for families: we do this in the following ways:

- Running innovative projects to develop models of direct work with families; examples are: with kinship carers in Peterborough, with children of alcohol dependent parents in L.B Haringey, and in Swindon, with families with a child with FASD, and with families experiencing mental health problems.
- Providing information leaflets and an on-line peer support forum

2. Capacity building to effect change for practitioners: we do this by:

- Providing accredited training
- Running national online forums which serve as a network for a wide range of professionals from relevant sectors to share and develop good practice
- Providing a consultancy service to build the capacity of practitioners to work with families, enabling the development of a family focused approach

3. Influencing strategic change: we do this by:
- Running 'thought leadership' events on relevant topics
- Supporting volunteers as advocates, giving a voice to family member/carers, challenging stigma and raising awareness of their needs
- providing access to national policy consultations disseminating policy and good practice briefings
- involving volunteers and practitioners in qualitative research
- developing and disseminating materials designed to advocate on behalf for families, for example, policy briefings, press and media communications, qualitative research, focus groups, consultations, surveys, and round table discussions and events

Public benefit
The public benefits from Adfam's services through our direct work with vulnerable families and families in isolated, and hard to reach communities. Adfam's indirect services influence government policy so that the needs of these families and the general public are taken into account in national government strategies. Adfam also provides information and the testimonies of families affected by substance use to the media, and to local and national opinion formers.

STRATEGIC REPORT

Achievement and performance
Charitable activities
Adfam's achievements include :

The Covid pandemic necessitated our move to deliver our training and practitioner forums on line, via zoom. This enabled us to have a wider, national reach.

We have grown our reach, and direct work. During this financial year, we have Family Support Co-ordinators delivering direct work with families in Peterborough, Buckinghamshire, Swindon, L.B Haringey, Suffolk and Essex. We continue to have a successful relationship with local authorities. We continued to be funded to work with NHS Inclusion to embed family work within their treatment services in Buckinghamshire. We secured funding from East Sussex to deliver a family support service, and from Two Ridings Trust and Changing Lives to deliver a partnership project for families in York and North Yorkshire
We are working with the Borough of Swindon, and with the London Borough of Haringey to deliver services for families, as part of the DHSC Children of Alcohol Dependent Parents Innovation Fund. We were successful in securing finding from this grant to develop and deliver training and support for local authorities to support families with a child with FASD.

We continue to receive funding from GambleAware to run training and forums for the families of problem gamblers, and from The Forces in Mind Trust to work with York University on research into the needs of military veterans' families.

With funding from the Halley Stewart Trust we continue to provide facilitated peer support groups for family members affected by a loved one's substance misuse and mental health problems. and from The Dulverton Trust to work with families in Sunderland affected by a dual diagnosis- co-existing substance misuse and mental health problems.

We set up a Lived Experience Advisory Group, bringing together a group of family members to act as a sounding board for Adfam's strategy and activities, chaired by one of Adfam's trustees.

In 2020/21 : We achieved:

- The setting up of our Adfam@Home service- a virtual one-to-one support service for individual family members, provided by a professional family practitioner

- The delivery of a facilitated on line peer support for those supporting a loved one with a dual diagnosis

- Provision of support and activities for families in Essex and Suffolk, Peterborough and East Sussex, and for children of alcohol dependent parents in the London Borough of Haringey, and in Swindon

- Joint working with One Recovery Bucks, in Buckinghamshire, to integrate family support across their treatment service

- The production of an online toolkit on Child to Parent Abuse (CPA), for practitioners working with parents who care for a child (including adult children) who uses drugs or alcohol and is also abusive towards them. It was downloaded by 120 practitioners.

- The provision of a virtual peer buddy scheme for practitioners across England to support one another's professional development and share best practice.

We:

- As part of our Women's Project, held training for practitioners working with women affected by someone else's substance use and domestic abuse.
- Gave evidence for the Independent Review of Drugs by Dame Carol Black on the impact of drug misuse on families and friends and responded to the AHA Commission on Alcohol Harm's call for evidence.

- Influenced the new Domestic Abuse Bill, holding a roundtable discussion event as part of the Alcohol and Families Alliance.

Adfam:
- directed families throughout the UK to local support with our family support map

- upgraded and re-launched our online support forum, a safe-space for families and friends to share their experiences online and support others going through similar situations. We had 1,887 new users in 2020.

- created a series of 10 Top Tips for staying at home and 6 Ideas for Mental Health and wellbeing, which were launched daily on social media during the first lockdown, and were also downloaded by 232 people from our website.

- produced a short video for families and friends on self care, which was viewed by 200 people.

- delivered our accredited training courses, via Zoom, to practitioners working with families affected by substance use across the country, as well as associated issues like child-parent abuse, ACEs and domestic violence

- held national forums across England to promote inter-service collaboration and the spread of best practice, with speakers in topics including support for military veterans 'families, language and stigma and end of life care support for families of substance users.

- conducted a survey and wrote and widely disseminated a report on the experiences of families during lockdown

- continued to lead the Alcohol and Families Alliance in partnership with Institute of Alcohol Studies and Alcohol Change UK, holding all member meetings and initiating research into non-dependent drinking and couple conflict.

- promoted our Forgotten 5 Million campaign to raise awareness of the number of family members affected by substance misuse. We asked partners and member of the public to share a tile of support on social media to raise awareness and break down stigma. We saw an increase in followers on all social media platforms during the first 3 months of the campaign (Twitter: 1%, Instagram: 41%, Facebook: 5%). We also saw a 14% increase in website users during the same 3 months.

- worked with Scottish Families (SFAD) to develop a gudie on how to present families and substance misues issues to the media

- launched a new research report outlining the experiences and needs of families of veterans with substance use problems (FVSUs), along with a new model of support specifically for FVSUs, in collaboration with the University of York, and funded by the Forces in Mind Trust

- held a virtual carol concert as a celebration and fundraising event

Our reach this year:

254,357 web users: 98% are new users
6.698 Twitter followers; 7% increase since last year
1130 Likes on Facebook: 20% increase since last year
394 Instagram followers: 62% increase since last year
209 LinkedIn links; 24% increase since last year
2457 families and friends receive our monthly newsletter
2257 new family members joined our online peer support facility

We have strengthened our reputation and recognition as the national umbrella organisation for families affected by substance misuse.

We are grateful to the following funders for their continued support:

Alcohol Change UK
BBC Children In Need
Cambridgeshire Community Fund
Changing Lives
Charities Aid Foundation
Clothworkers
Collective Voice
Department of Health and Social Care
East Sussex County Council
Esmee Fairbairn Foundation
Gamble Aware
Halley Stewart Trust
Institute of Alcohol Studies
Ivor Luck Trust
London Borough of Haringey
London Joint Working Group on Hep C
Midlands Partnership NHS Foundation - Inclusion
National Community Lottery Fund
Suffolk Community Foundation
Swindon Borough Council
The Dulverton Trust
Two Ridings Community Foundation

Financial review
Reserves policy
The Trustees have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be equal to 3 months of unrestricted operating expenditure,which equated to £70,000 in general funds. At this level the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed.

The Management Committee has examined the charity's requirements for reserves in light of the main risks to the organisation.

The present level of reserves available to the charity met the target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee has also considered the extent to which existing activities can be rationalised, should such circumstances arise.

STRUCTURE, GOVERNANCE AND MANAGEMENT
Governing document
Adfam National is a charitable company (trading and widely known as Adfam) limited by guarantee and governed by its memorandum and articles of association. The company was incorporated on 28 February 1997 and registered as a charity on 14 January 1998. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees. Under the articles of association the board of trustees appoint new trustees, who are required to stand for re-election at the next Annual General Meeting. One third of the existing trustees are required to stand for re-election at the same meeting.

The board of Trustees, chaired by Siwan Hayward, meet 4 times per annum and focuses on strategic, policy and finance issues. Daily management of the organisation is delegated to the Chief Executive.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Two Trustees stepped down this year as their term of office had expired: Annette Dale-Perera and David Robert Mackintosh

Fiona Tracey Duhig was appointed as a trustee during this term.

New Trustees are encouraged to undertake an orientation and familiarisation day with the organisation, and to visit our projects.

Away days for Board members are held on an annual basis, when the overall strategy for the organisation is reviewed and agreed.

Organisational structure

In order to achieve our objectives, Adfam maintains a flexible staffing structure, allowing us to recruit new staff as demand and funding allows. Our emphasis on internal consultation allows us to use the strengths of our entire staff.

Our Senior Management Team (SMT), which currently consists of the Directors of Finance & Administration, and Programmes, the Services Manager, plus the Chief Executive, reports to the Trustees.

Induction and training of new trustees

New Trustees are offered an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees receive a copy of Adfam's Governance manual, policies and procedures.

New Trustees also meet Adfam team members. They are invited and encouraged to attend Adfam events as well as visit Adfam projects.

Related parties

Adfam supports government initiatives that reflect a measured, realistic approach to the issues of drugs and alcohol where they affect families and communities. Adfam believes in the need for families to have support in their own right.

There have been significant changes in the substance misuse field since Adfam was founded, reflected in Government strategies and policies. Adfam reflects these changes in its strategy.

Adfam still relies heavily on Trust and Foundation funding, for which competition is acute.

Adfam continues to have an important role in supporting voluntary community groups to build their capacity and to help ensure that they continue to support families at local level. This is even more important in a climate of financial cuts as local family support groups are finding survival more difficult.

We recognise there is potential for more lobbying work in order to ensure strategy is translated into practice. We continue to work on strengthening our policy, parliamentary influencing and communications activities. This is facilitated by grants from the Esme Fairbairn Foundation and from the John Ellerman Trust. We are actively developing a network of advocates - family members with lived experience, who give us valuable information to inform our strategic direction, and take part in our debates and conferences.

Adfam strongly believes in collaborative working and actively participates in the activities of a variety of membership organisations, networking forums and advisory groups. We work with Alcohol Change UK and the Institute of Alcohol Studies to deliver the Alcohol and Families Alliance, which attracts membership from organisations across the substance misuse, families and children's sectors. We are members of the Kin Care Alliance and the Collective Voice Strategic Group.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustees carry out a regular review of the external risks which the charity may face. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects. We have developed protocols and policies to ensure consistent quality of delivery of all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors in the workplace. We have both adult and children's safeguarding policies in place. All staff, regardless of role, are DBS checked.

A risk assessment to enable decisions about possible corporate sponsorship has been developed.

Plans for Future Periods

Review of the activities and future developments

Adfam has worked with families affected by drug use since 1984, when it was established by the mother of a heroin user who was unable to find support for herself. Since then it has developed a reputation as leader in the field of substance related family work. Our status consolidates our experience and our reputation. Adfam acts as a networking organisation for local providers, commissioners, and family members themselves, via its website, newsletters, forums, advocacy programmes, direct work, information leaflets and telephone contacts. Adfam is in touch with over 2,500 supporters who attend our consultation events, receive our policy briefings, and respond to our requests for information about our future strategy and activities.

We will continue to bid for innovative projects which will endorse our position as the leading charity for families affected by addition.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03328628 (England and Wales)

Registered Charity number
1067428

Registered office
27 Swinton Street
London
WC1X 9NW

Trustees
J W Armstrong
A Dale-Perera (resigned 24.3.2021)
R B Lambourn
D R Mackintosh (resigned 25.11.2020)
J Nicholls
J Smith (resigned 15.4.2021)
S L Hayward OBE Chair
K C Parrett
F T Duhig (appointed 24.3.2021)

Company Secretary
O Amin

REFERENCE AND ADMINISTRATIVE DETAILS

Auditors

Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

COVID-19

Since the year-end the coronavirus pandemic has impacted upon many charities. At present, the Trustees' cannot currently quantify the financial impact the pandemic will have on the charity. The Trustees have also considered a number of scenarios and although careful and close management of income and expenditure will be needed, the Trustees' believe the charity will return to greater financial strength once the economy begins to grow again.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Adfam National for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

Chief Executive

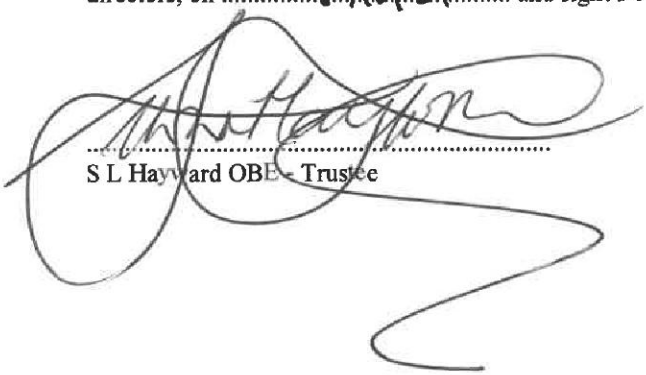
Vivienne Evans OBE (non trustee)

AUDITORS

The auditors, Grant Harrod Lerman Davis LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Report of the Trustees
for the year ended 31st March 2021

Report of the trustees, incorporating a strategic report, approved by order of the board of trustees, as the company directors, on ..... 8/9/21 ..... and signed on the board's behalf by:



.....
S L Hayward OBE - Trustee

Report of the Independent Auditors to the Members of Adfam National

Opinion

We have audited the financial statements of Adfam National (the 'charitable company') for the year ended 31st March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:
- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

To identify risks of material misstatement due to fraud ("fraud risks") we assessed events or conditions that could indicate an incentive or pressure to commit fraud or provide an opportunity to commit fraud. Our risk assessment procedures included:

- Enquiring of trustees and inspection of policy documentation as to the Charity's high-level policies and procedures to prevent and detect fraud, as well as whether they have knowledge of any actual, suspected or alleged fraud.
- Reading Board minutes.
- Using analytical procedures to identify any unusual or unexpected relationships

We communicated identified fraud risks throughout the audit team and remained alert to any indications of fraud throughout the audit.

As required by auditing standards, we perform procedures to address the risk of management override of controls, in particular the risk that management may be in a position to make inappropriate accounting entries. On this audit we do not believe there is a fraud risk related to revenue recognition because the Charity's revenue transactions are simple and low value with few, if any, judgmental aspects to revenue recognition. We are not aware of any incentives or pressures linked to revenue recognition.

We did not identify any additional fraud risks.

In determining the audit procedures, we took into account the results of our evaluation and testing of the operating effectiveness of fraud risk management controls.

We also performed procedures including identifying journal entries and other adjustments to test based on risk criteria and comparing the identified entries to supporting documentation. These included those posted to unusual accounts.

Identifying and responding to risks of material misstatement due to non-compliance with laws and regulations.

We identified areas of laws and regulations that could reasonably be expected to have a material effect on the financial statements from our general commercial and sector experience, and through discussion with the directors and other management (as required by auditing standards), and discussed with the directors and other management the policies and procedures regarding compliance with laws and regulations.

We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit.

Context of the ability of the audit to detect fraud or breaches of law or regulation.

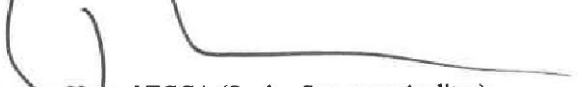
Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. For example, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely the inherently limited procedures required by auditing standards would identify it.

In addition, as with any audit, there remained a higher risk of non-detection of fraud, as these may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal controls. Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Jeremy Harrod FCCA (Senior Statutory Auditor)
for and on behalf of Grant Harrod Lerman Davis LLP
Chartered Accountants
Statutory Auditors
1st Floor
Healthaid House
Marlborough Hill
Harrow
Middlesex
HA1 1UD

Date: 8/10/21

Adfam National

Statement of Financial Activities
for the year ended 31st March 2021

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	19,205	-	19,205	16,565
Charitable activities	5				
Discrete Projects		25,000	612,814	637,814	675,341
Other trading activities	3	37,321	-	37,321	26,241
Investment income	4	133	-	133	421
Total		81,659	612,814	694,473	718,568
EXPENDITURE ON					
Raising funds	6	24,653	-	24,653	18,613
Charitable activities	7				
Discrete Projects		54,730	536,660	591,390	635,994
Charitable		1,804	-	1,804	8,762
Other		-	-	-	607
Total		81,187	536,660	617,847	663,976
NET INCOME		472	76,154	76,626	54,592
RECONCILIATION OF FUNDS					
Total funds brought forward		124,032	79,352	203,384	148,792
TOTAL FUNDS CARRIED FORWARD		124,504	155,506	280,010	203,384

The notes form part of these financial statements

Adfam National

Balance Sheet
31st March 2021

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	13	3,443	-	3,443	5,247
CURRENT ASSETS					
Debtors	14	13,687	87,940	101,627	110,920
Cash at bank		123,891	323,123	447,014	284,071
		137,578	411,063	548,641	394,991
CREDITORS					
Amounts falling due within one year	15	(16,517)	(255,557)	(272,074)	(196,854)
NET CURRENT ASSETS		121,061	155,506	276,567	198,137
TOTAL ASSETS LESS CURRENT LIABILITIES		124,504	155,506	280,010	203,384
NET ASSETS		124,504	155,506	280,010	203,384
FUNDS	16				
Unrestricted funds				124,504	124,032
Restricted funds				155,506	79,352
TOTAL FUNDS				280,010	203,384

The financial statements were approved by the Board of Trustees and authorised for issue on ..... 8/10/21 ..... and were signed on its behalf by:

.....
S L Hayward OBE - Trustee

.....
R B Lambourn - Trustee

The notes form part of these financial statements

Adfam National

Cash Flow Statement
for the year ended 31st March 2021

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	162,810	32,492
Net cash provided by operating activities		162,810	32,492
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(3,494)
Interest received		133	421
Net cash provided by/(used in) investing activities		133	(3,073)
Change in cash and cash equivalents in the reporting period		162,943	29,419
Cash and cash equivalents at the beginning of the reporting period		284,071	254,652
Cash and cash equivalents at the end of the reporting period		447,014	284,071

The notes form part of these financial statements

Notes to the Cash Flow Statement for the year ended 31st March 2021

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021	2020
	£	£
Net income for the reporting period (as per the Statement of Financial Activities)	76,626	54,592
Adjustments for:		
Depreciation charges	1,804	10,687
Interest received	(133)	(421)
Decrease/(increase) in debtors	9,293	(56,743)
Increase in creditors	75,220	24,377
Net cash provided by operations	162,810	32,492

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.20	Cash flow	At 31.3.21
	£	£	£
Net cash			
Cash at bank	284,071	162,943	447,014
	284,071	162,943	447,014
Total	284,071	162,943	447,014

The notes form part of these financial statements

Notes to the Financial Statements
for the year ended 31st March 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs
Direct costs incurred in connection with a particular project are allocated to that particular project.
Fundraising and publicity costs comprise costs incurred with raising voluntary contributions.
General and overhead costs which are not specific to Management and Administration, Fundraising and Publicity, or Direct Charitable activities are allocated as Support costs to these headings. The basis of allocation is on an analysis of the resources utilised by each of these activities.
Support costs are those costs which enable fund generating and charitable activities to be undertaken.
Support costs calculated as 15% of the total cost of resources expended.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 25% on cost
Computer equipment	- 20% on cost

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

continued...

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	19,205	16,565

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Activities for generating funds	37,321	26,241

4. INVESTMENT INCOME

	2021	2020
	£	£
Deposit account interest	133	421

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
		£	£
Grants	Discrete Projects	637,814	675,341

Grants received, included in the above, are as follows:

	2021	2020
	£	£
Clothworkers	5,000	-
Esmee Fairbairn Foundation (Ref: 17-2504)	100,000	100,000
Department of Health and Social Care	99,091	-
Royal Borough of Greenwich	-	21,000
Collective Voice	15,000	20,000
London Joint Working Group on Hep C	33,090	83,824
Institute of Alcohol Studies	10,000	10,003
Core	55	-
Big Lottery - Newham	-	53,552
Halley Stewart Trust	30,000	-
Alcohol Change UK	10,000	10,000
Department of Culture, Media & Sports	-	58,151
BBC Children In Need	19,452	13,897
The Brian Woolf Trust	-	5,000
Suffolk Community Foundation	2,988	16,848
Midlands Partnership NHS Foundation - Inclusion	23,000	20,000
Charles S French Charitable Trust	-	2,000
John Ellerman Foundation	-	40,000
Gamble Aware	60,000	60,000
London Borough of Haringey	54,970	73,048
Tavistock Relationships	-	20,333
Swindon Borough Council	46,665	23,332
Esme Fairbairn Foundation (Ref: 20-1964)	-	5,020
The Dulverton Trust	9,334	1,205
Essex Community Foundation	-	8,000
Annie Tranmer Charitable Trust	-	500
Esme Fairbairn Foundation (Ref: 20-0828)	50,000	-
Forces In Mind Trust	10,496	29,628
Carried forward	579,141	675,341

continued...

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2021	2020
	£	£
Brought forward	579,141	675,341
East Sussex County Council	37,298	-
Sidney Ivor Luck Counselling Trust	5,000	-
Cambridgeshire Community Foundation	1,000	-
National Community Lottery Fund	11,000	-
Charities Aid Foundation	4,375	-
	637,814	675,341

6. RAISING FUNDS

Other trading activities

	2021	2020
	£	£
Costs of generating funds	24,653	18,613

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Discrete Projects	585,890	5,500	591,390
Charitable	1,804	-	1,804
	587,694	5,500	593,194

8. SUPPORT COSTS

	Governance costs
	£
Discrete Projects	5,500

Support costs, included in the above, are as follows:

Governance costs

	2021 Discrete Projects	2020 Total activities
	£	£
Trustees' expenses	-	607
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	2,900
	5,500	5,907

continued...

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Auditors' remuneration	2,400	2,400
Auditors' remuneration for non audit work	3,100	2,900
Depreciation - owned assets	1,804	10,687

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2021 nor for the year ended 31st March 2020.

Trustees' expenses

	2021	2020
	£	£
Trustees' expenses	-	607

11. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	341,775	296,648
Social security costs	32,102	29,313
Other pension costs	18,927	15,876
	392,804	341,837

The average monthly number of employees during the year was as follows:

	2021	2020
Charitable operations	12	11

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2021	2020
£70,001 - £80,000	1	1

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	16,565	-	16,565
Charitable activities			
Discrete Projects	25,000	650,341	675,341
Other trading activities	26,241	-	26,241
Investment income	421	-	421
Total	68,227	650,341	718,568

continued...

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	18,613	-	18,613
Charitable activities			
Discrete Projects	12,888	623,106	635,994
Charitable	8,762	-	8,762
Other	607	-	607
Total	40,870	623,106	663,976
NET INCOME	27,357	27,235	54,592
RECONCILIATION OF FUNDS			
Total funds brought forward	96,675	52,117	148,792
TOTAL FUNDS CARRIED FORWARD	124,032	79,352	203,384

13. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
At 1st April 2020	35,047	70,389	105,436
Disposals	-	(52,271)	(52,271)
At 31st March 2021	35,047	18,118	53,165
DEPRECIATION			
At 1st April 2020	35,047	65,142	100,189
Charge for year	-	1,804	1,804
Eliminated on disposal	-	(52,271)	(52,271)
At 31st March 2021	35,047	14,675	49,722
NET BOOK VALUE			
At 31st March 2021	-	3,443	3,443
At 31st March 2020	-	5,247	5,247

continued...

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade debtors	89,328	91,369
Other debtors	-	3,647
Prepayments and accrued income	12,299	15,904
	101,627	110,920

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	7,190	6,265
Social security and other taxes	9,406	7,941
Other creditors	3,711	1,687
Accruals and deferred income	251,767	180,961
	272,074	196,854

16. MOVEMENT IN FUNDS

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
Unrestricted funds			
General fund	124,032	472	124,504
Restricted funds			
Discrete Projects	79,352	76,154	155,506
TOTAL FUNDS	203,384	76,626	280,010

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	81,659	(81,187)	472
Restricted funds			
Discrete Projects	612,814	(536,660)	76,154
TOTAL FUNDS	694,473	(617,847)	76,626

continued...

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted funds			
General fund	96,675	27,357	124,032
Restricted funds			
Discrete Projects	52,117	27,235	79,352
TOTAL FUNDS	148,792	54,592	203,384

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	68,227	(40,870)	27,357
Restricted funds			
Discrete Projects	650,341	(623,106)	27,235
TOTAL FUNDS	718,568	(663,976)	54,592

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	96,675	27,829	124,504
Restricted funds			
Discrete Projects	52,117	103,389	155,506
TOTAL FUNDS	148,792	131,218	280,010

continued...

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	149,886	(122,057)	27,829
Restricted funds			
Discrete Projects	1,263,155	(1,159,766)	103,389
TOTAL FUNDS	1,413,041	(1,281,823)	131,218

Purposes of Restricted funds:

Discrete Projects:

Adfam also incurs significant restricted expenditure on discrete projects, as determined by their respective service level agreements and/or contracts. These expenses are mainly utilised in delivering the outputs of the project.

Influencing and public information

Although the charity receives no restricted funds for Influencing and Public Information, the charity incurs significant expenditure on this area. As part of its objectives the charity undertakes "publicity and educational work of all descriptions". The expenditure on this area:

- makes the public aware of the incidence and effects of alcohol and drug abuse and everyone's shared responsibility to act to stop it.
- provides evidence for the need for policy change and legislative reform to better understand and better represent the issues facing families affected by alcohol and drug abuse.

17. OTHER FINANCIAL COMMITMENTS

Financial commitments

At 31 March 2020 the charity had annual commitments under non-cancellable operating leases as follows :

	Land and Buildings
	£
Expiry date :	
Less than one year	-
Between one and two years	-
Between two and five years	-

continued...

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2021.

19. POST BALANCE SHEET EVENTS

Since the year-end the coronavirus pandemic has impacted both nationally and internationally. At this stage the trustees are unable to estimate with any certainty the financial impact that the pandemic will have on the charity. However, the trustees have taken steps to minimise the financial impact on the charity.

20. LIABILITY OF MEMBERS

The charity is constituted as a company limited by guarantee. In the event of the charity being wound up members are required to contribute an amount not exceeding £1.

21. APB ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES

In common with many other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.