

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025
FOR
AFRICAN AND CARIBBEAN MENTAL HEALTH
SERVICES**

Clarke Nicklin LLP
Chartered Accountants
Clarke Nicklin House
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Cheadle Royal Business Park
Cheadle
Cheshire
SK8 3TD

**AFRICAN AND CARIBBEAN MENTAL HEALTH
SERVICES**

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FOR THE YEAR ENDED 31 MARCH 2025**

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AFRICAN AND CARIBBEAN MENTAL HEALTH SERVICES

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and activities

ACMHS is a community based organisation providing free confidential and culturally appropriate services to African and African Caribbean people suffering from mental ill health.

The organisation provides services across economic and socially disadvantaged areas of Manchester. ACMHS also provides support for carers and families of service users and takes a holistic approach to mental ill health, perceiving it to be linked not only to psychological genetics, but also external factors such as exclusion and isolation.

The primary objectives of ACMHS are to promote the preservation of mental health and to assist in rehabilitating members of the African and African Caribbean communities living in Manchester who are experiencing some form of mental disorder or conditions of emotional or mental distress requiring advice or treatment.

To further its charitable purposes for the public benefit the incoming resources of the Charity were used to provide services during the financial year as follows:

- Mental Health Services i.e. Improving Access to Psychological Therapies (IAPT); Severe and Enduring
- Counselling (CBT and person centred)
- CBT Therapies
- Drop-ins (music, Women's and Carers Group)
- Advocacy - for service users and their families i.e.: advice on Mental Health Act, medication, diagnosis, benefits, housing
- Advice and support for individuals in their own homes in order to maximise their potential for independent living
- Volunteering
- Befriending/peer support
- Student placements (social work, occupational therapists, nurses, social change, medical, counsellors, community and youth workers)

In deciding what activities to undertake the trustees have paid due regard to the Charity Commission's guidance on public benefit.

Policies and Organisation

ACMHS has a Board of Trustees consisting of related organisations or interested individuals, service users, carers and volunteer representatives. The Board has specific sub-groups, which are mandated to plan and review certain areas of work (i.e. Marketing, Governance and Strategic planning, Managing Resources and Personnel Sub Group).

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENTS AND PERFORMANCE

As an organisation we have continued to ensure that our front line services have been available providing a free, confidential and culturally appropriate mental health service predominantly to African and African Caribbean people, as well as other minority groups including white Europeans, suffering from mental ill health, also for their carers and families, residing across the economic and socially disadvantaged areas of Manchester and surrounding areas.

We continue to offer interventions through various mediums ie, telephone, zoom and face to face.

Throughout the year, we have continued to pursue additional funding to sustain and strengthen our services, ensuring we can address the disproportionate challenges faced by our Black and Minority Ethnic clients experiencing poor mental health.

We have continued the partnership with Gaddum to provide Culturally Appropriate Advocacy a pilot funded by the Department of Health and Social Care. This is now in Phase II and ended on 31st March 2025.

Our committed staff team, alongside volunteers and Trustees continue to work to the best of their ability to deliver an effective service despite funding constraints.

A detailed review of the achievements can be found in the Annual Report April 2024 to March 2025.

FINANCIAL REVIEW

Investment policy

The charity places any surplus funds on deposit in an interest bearing bank account.

Financial Review and Reserves

The Board of Trustees are responsible for the financial management policies. Annual budgets are prepared and approved at the commencement of each year and actual incoming and outgoing resources are monitored at regular intervals.

Most of the charity's income continues to be grants and contract payments for the provision of various welfare services. Funding in the year was received from Manchester CCG, Health Education England, Tudor Trust, Department of Health and Social Care and Cultural Well Being Fund.

Income has decreased to £556,053 (2024 - £726,302), and Expenditure has increased to £593,851 (2024- £573,637). Net outgoing resources for the year are £37,798 (2024- Surplus - £152,665).

Unrestricted funds are £359,127 (2024 - £383,240) and the trustees consider this level needs to be maintained to enable the effective financial management of its activities at their present level.

Restricted funds receivable for the 2025 year include:

Trafford ICB	£11,509
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Unrestricted funds receivable for the 2025 year include:

NHS Manchester ICB	£281,034
HHF & Chemco	£47,700
GMVO	£41,673
Manchester City Council	£41,608

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

PLANS FOR FUTURE PERIODS

The key aims and objectives for the organisation is to become less reliant on grants and contracts. The organisation will continue to market products to generate income e.g. provision of training, encouraging community giving and hiring the music studio to local artists and other initiatives.

In addition, we will implement a proactive outreach strategy to raise awareness of our services across all relevant sectors, strengthening referral pathways and increasing equitable access.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Risks

The trustees have identified the major risks the charity may face in the coming financial year and have established strategies to mitigate them. The director is working closely with the trustees to develop a robust funding strategy that will safeguard the organisation's sustainability and support the continued delivery of our services

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1067108

Principal address

Windrush Millennium Centre
70 Alexandra Road
Manchester
M16 7WD

Trustees

The Trustees who served during the year were as follows:

Christopher Augustine Binns	-	Chair
Dr Addy Lazz-Onyenobi JP	-	Vice Chair
Gina Evans	-	Secretary
Trevor Benjamin	-	Treasurer
Patrick Harris	-	(Deceased January 2025)
Izetta Enisouh	-	Carers rep
Jaqueline Thorn	-	User rep
Chief George Osundiya JP	-	
Dr Jaswinder S Bamrah	-	
Barbara Chavanduka	-	
Sheree Powell	-	

The day to day management of the charity is delegated by the charity trustees to the Director, Sefton Simpson.

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Graham Travis FCA
Clarke Nicklin LLP
Chartered Accountants
Clarke Nicklin House
Brooks Drive
Cheadle Royal Business Park
Cheadle
Cheshire
SK8 3TD

Recruitment, Training and Induction of Trustees

The board of Trustees consists of not less than five but not more than twelve members. Annually one third of the Trustees, being the longest serving based on their appointment, shall retire from office at the AGM next following completion of a three year tenure of office. Upon such retirement, each member may stand for re-election at the same or subsequent AGM for a further period provided their continuous tenure of office does not exceed seven years.

New Trustees are inducted by the Director on a one to one basis and given a job description of duties. Like all staff within the organisation they access relevant training, attend seminars and conferences as necessary.

Approved by order of the board of trustees on and signed on its behalf by:

.....
T Benjamin - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
AFRICAN AND CARIBBEAN MENTAL HEALTH
SERVICES**

Independent examiner's report to the trustees of African and Caribbean Mental Health Services

I report to the charity trustees on my examination of the accounts of African and Caribbean Mental Health Services (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Graham Travis FCA

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Date:

AFRICAN AND CARIBBEAN MENTAL HEALTH SERVICES

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	-	-	-	2,575
Charitable activities	4				
Psychological Wellbeing Practitioners		245,259	-	245,259	293,175
Carers		-	-	-	8,141
Other Services		50,836	-	50,836	7,777
Infrastructure Support		77,301	-	77,301	78,444
Positive Vibrations		-	-	-	59,596
Advocacy		11,422	-	11,422	6,576
Case work		15,231	-	15,231	-
Mental Health Practitioner		-	-	-	42,308
Carers Link Worker		10,000	-	10,000	18,812
Mental Health and Prevention Recovery		-	54,595	54,595	139,687
Peer Support Worker		38,180	-	38,180	-
Cost of Living Support		-	-	-	65,625
Bowel and Cancer Network		6,750	-	6,750	-
Black Empowerment		27,608	-	27,608	-
Living Workwell Project		14,000	-	14,000	-
Investment income	3	4,871	-	4,871	3,586
Total		501,458	54,595	556,053	726,302
EXPENDITURE ON					
Charitable activities	5				
Psychological Wellbeing Practitioners		174,962	-	174,962	152,538
Carers		-	-	-	617
Volunteer Programme		720	-	720	400
Life Skills and Drop in Groups		252	-	252	620
Other Services		68,164	-	68,164	58,903
Infrastructure Support		108,522	1,218	109,740	99,788
Independent Examiner's Remuneration		1,200	-	1,200	1,150
Other Costs		1	-	1	6,291
Bank Charges		128	-	128	-
Positive Vibrations		-	34,256	34,256	49,252
Advocacy		-	-	-	143
Case work		33,471	-	33,471	2,226
Mental Health Practitioner		-	-	-	30,858
Covid-19		-	-	-	1,019
Helpline Counsellor		-	-	-	119
Carers Link Worker		14,496	-	14,496	21,299
Mental Health and Prevention Recovery		55,474	32,808	88,282	79,983
Peer Support Worker		7,358	-	7,358	5,731
Cost of Living Support		46,800	-	46,800	62,700
Bowel and Cancer Network		14,850	-	14,850	-

The notes form part of these financial statements

**AFRICAN AND CARIBBEAN MENTAL HEALTH
SERVICES**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total funds £	2024 Total funds £
Black Empowerment		4,098	-	4,098	-
Living Workwell Project		(4,927)	-	(4,927)	-
Total		<u>525,569</u>	<u>68,282</u>	<u>593,851</u>	<u>573,637</u>
NET INCOME/(EXPENDITURE)		(24,111)	(13,687)	(37,798)	152,665
RECONCILIATION OF FUNDS					
Total funds brought forward		383,238	13,687	396,925	244,260
TOTAL FUNDS CARRIED FORWARD		<u><u>359,127</u></u>	<u><u>-</u></u>	<u><u>359,127</u></u>	<u><u>396,925</u></u>

The notes form part of these financial statements

**AFRICAN AND CARIBBEAN MENTAL HEALTH
SERVICES**

**BALANCE SHEET
31 MARCH 2025**

	Notes	2025 £	2024 £
FIXED ASSETS			
Tangible assets	12	8,886	13,399
CURRENT ASSETS			
Debtors	13	40,039	40,302
Cash at bank and in hand		355,672	415,737
		395,711	456,039
CREDITORS			
Amounts falling due within one year	14	(45,470)	(72,513)
NET CURRENT ASSETS		350,241	383,526
TOTAL ASSETS LESS CURRENT LIABILITIES		359,127	396,925
NET ASSETS		359,127	396,925
FUNDS	16		
Unrestricted funds		359,129	383,238
Restricted funds		(2)	13,687
TOTAL FUNDS		359,127	396,925

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
T Benjamin - Trustee

.....
G Osundiya JP - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows;
- the requirement of paragraph 3.17(d);
- the requirements of paragraphs 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
- the requirement of paragraph 33.7.

Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Contracts and grants are reflected in the accounts when receivable.

Resources expended

Expenditure has been charged to the income and expenditure account on the accruals basis. The irrecoverable element of VAT is included with the item of expense to which it relates.

Charitable expenditure comprises these costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees and costs linked to the strategic management of the charity.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Intangible fixed assets

Computer software and database are being written off in equal instalments over their estimated economic lives of 4 years.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - Straight line over 4 years

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Taxation

The organisation is exempt from income tax by reason of its charitable status. Income tax suffered on investment income is reclaimed in full.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	-	2,575
	<u> </u>	<u> </u>

3. INVESTMENT INCOME

	2025	2024
	£	£
Interest receivable - trading	4,871	3,586
	<u> </u>	<u> </u>

AFRICAN AND CARIBBEAN MENTAL HEALTH SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2025 £	2024 £
Grants	Psychological Wellbeing Practitioners	245,259	293,175
Grants	Carers	-	8,141
Grants	Other Services	50,836	7,777
Grants	Infrastructure Support	77,301	78,444
Grants	Positive Vibrations	-	59,596
Grants	Advocacy	11,422	6,576
Grants	Case work	15,231	-
Grants	Mental Health Practitioner	-	42,308
Grants	Carers Link Worker	10,000	18,812
Grants	Mental Health and Prevention Recovery	54,595	139,687
Grants	Peer Support Worker	38,180	-
Grants	Cost of Living Support	-	65,625
Grants	Bowel and Cancer Network	6,750	-
Grants	Black Empowerment	27,608	-
Grants	Living Workwell Project	14,000	-
		<u>551,182</u>	<u>720,141</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs (Note 6) £	Grant funding of activities £	Support Costs £	2025 £	2024 £
Psychological Wellbeing Practitioners	410,329	62,860	60,216	533,405	368,842
Carers	-	-	-	-	536
Life skills and Drop in Group	252	-	-	252	6,070
Other Services	68,119	-	46	68,165	95,978
Infrastructure Support	83,929	2,610	24,413	110,952	100,934
Independent Examiner's Remuneration	-	-	1,200	1,200	1,150
Bank charges	-	-	128	128	127
Grants payable	(120,251)	-	-	(120,251)	-
	<u>442,378</u>	<u>65,470</u>	<u>86,003</u>	<u>593,851</u>	<u>573,637</u>

AFRICAN AND CARIBBEAN MENTAL HEALTH SERVICES

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

6. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2025 £	2024 £
Staff costs	492,451	393,152
Drop-in expenses & catering	6,554	4,596
Insurance	3,439	-
Light and heat	1,730	3,810
Telephone	4,268	3,234
Printing, postage & stationery	4,582	6,242
Advertising	7,823	5,078
Sundries	41,782	20,093
Grants payable	(120,251)	-
	<u>442,378</u>	<u>436,205</u>

7. GRANTS PAYABLE

	2025 £	2024 £
Infrastructure Support	2,610	2,267
Mental Health and Prevention Recovery	12,786	-
Cost of Living Support	46,800	62,700
Black Empowerment	3,274	-
	<u>65,470</u>	<u>64,967</u>

8. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Psychological Wellbeing Practitioners	22,964	-	1,190	7,750	31,904
Other Services	45	-	-	-	45
Infrastructure Support	12,220	-	12,008	(1,025)	23,203
Independent Examiner's Remuneration	-	-	-	1,200	1,200
Bank Charges	-	128	-	-	128
Positive Vibrations	16,730	-	202	399	17,331
Case work	1,336	-	198	1,189	2,723
Carers Link Worker	1,331	-	130	399	1,860
Mental Health and Prevention Recovery	2,812	-	1,359	1,979	6,150
Peer Support Worker	44	-	57	174	275
Bowel and Cancer Network	1,037	-	147	-	1,184
	<u>58,519</u>	<u>128</u>	<u>15,291</u>	<u>12,065</u>	<u>86,003</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

10. STAFF COSTS

	2025 £	2024 £
Wages and salaries	489,970	391,333
Other pension costs	2,481	1,819
	<u>492,451</u>	<u>393,152</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Services	13	13
Management and administration	3	3
	<u>16</u>	<u>16</u>

No employees received emoluments in excess of £60,000.

11. INTANGIBLE FIXED ASSETS

	Computer software £
COST	
At 1 April 2024 and 31 March 2025	<u>19,299</u>
AMORTISATION	
At 1 April 2024 and 31 March 2025	<u>19,299</u>
NET BOOK VALUE	
At 31 March 2025	<u>-</u>
At 31 March 2024	<u>-</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2024 and 31 March 2025	99,463
DEPRECIATION	
At 1 April 2024	86,064
Charge for year	4,513
At 31 March 2025	90,577
NET BOOK VALUE	
At 31 March 2025	8,886
At 31 March 2024	13,399

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Prepayments and accrued income	40,039	40,302

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	19,068	19,068
Other creditors	26,402	53,445
	45,470	72,513

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	2025 Total funds £	2024 Total funds £
Fixed assets	5,417	3,469	8,886	13,399
Current assets	387,815	7,896	395,711	456,039
Current liabilities	(34,103)	(11,367)	(45,470)	(72,513)
	359,129	(2)	359,127	396,925

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

16. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	383,238	(24,109)	359,129
Restricted funds			
Restricted funds	13,687	(13,689)	(2)
TOTAL FUNDS	<u>396,925</u>	<u>(37,798)</u>	<u>359,127</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	501,458	(525,567)	(24,109)
Restricted funds			
Restricted funds	54,595	(68,284)	(13,689)
TOTAL FUNDS	<u>556,053</u>	<u>(593,851)</u>	<u>(37,798)</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	142,749	240,489	383,238
Restricted funds			
Restricted funds	101,511	(87,824)	13,687
TOTAL FUNDS	<u>244,260</u>	<u>152,665</u>	<u>396,925</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

16. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	655,197	(414,708)	240,489
Restricted funds			
Restricted funds	71,105	(158,929)	(87,824)
TOTAL FUNDS	<u>726,302</u>	<u>(573,637)</u>	<u>152,665</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
Unrestricted funds			
General fund	142,749	216,380	359,129
Restricted funds			
Restricted funds	101,511	(101,513)	(2)
TOTAL FUNDS	<u>244,260</u>	<u>114,867</u>	<u>359,127</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,156,655	(940,275)	216,380
Restricted funds			
Restricted funds	125,700	(227,213)	(101,513)
TOTAL FUNDS	<u>1,282,355</u>	<u>(1,167,488)</u>	<u>114,867</u>

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

**AFRICAN AND CARIBBEAN MENTAL HEALTH
SERVICES**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	-	2,575
Investment income		
Interest receivable - trading	4,871	3,586
Charitable activities		
Grants	551,182	720,141
Total incoming resources	556,053	726,302
EXPENDITURE		
Charitable activities		
Wages, social security & pension	489,970	391,333
Travel expenses	2,481	1,819
Drop-in expenses & catering	6,554	4,596
Insurance	3,439	-
Light and heat	1,730	3,810
Telephone	4,268	3,234
Printing, postage & stationery	4,582	6,242
Advertising	7,823	5,078
Sundries	41,782	20,093
Grants payable	(120,251)	-
Cost of living support	46,800	62,700
Consultancy & sessional workers	18,670	2,267
	507,848	501,172
Support costs		
Management		
Office rent	55,188	48,404
Training & conferences	3,331	1,074
	58,519	49,478
Finance		
Bank charges	128	127

This page does not form part of the statutory financial statements

**AFRICAN AND CARIBBEAN MENTAL HEALTH
SERVICES**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
Finance		
Information technology		
IT Support	9,244	7,914
Minor equipment & repairs	1,532	5,660
Computer equipment	4,515	4,191
	<u>15,291</u>	<u>17,765</u>
Governance costs		
Independent examination	1,200	1,150
Accountancy & payroll	10,865	3,945
	<u>12,065</u>	<u>5,095</u>
Total resources expended	<u>593,851</u>	<u>573,637</u>
Net (expenditure)/income	<u>(37,798)</u>	<u>152,665</u>

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