

INVOLVE KENT

England & Wales · Charity number 1066911

Details

Other names	MAIDSTONE VOLUNTEER BUREAU, VOLUNTARY ACTION MAIDSTONE
Status	Registered
Legal form	Charitable company
Company number	03449624
Registered	1997-12-17
Register	View on the Charity Commission register

Contact

Address	Turkey Mill 30 Turkey Court Ashford Road Maidstone Kent ME14 5PP
Phone	0300810005
Email	office@involvekent.org.uk
Website	www.involvekent.org.uk

Activities

Objects: A) TO PROMOTE ANY CHARITABLE PURPOSES FOR THE BENEFIT OF THE COMMUNITY IN THE COUNTY OF KENT AND IN THE WIDER AREA OF THE COUNTRY OF ENGLAND AND IN PARTICULAR THE ADVANCEMENT OF EDUCATION, THE RELIEF OF POVERTY, SICKNESS AND DISTRESS AND THE PROMOTION OF HEALTH; AND B) TO PROMOTE AND ORGANISE CO-OPERATION IN THE ACHIEVEMENT OF THE ABOVE PURPOSES AND TO THAT END TO BRING TOGETHER IN COUNCIL REPRESENTATIVES OF THE STATUTORY BODIES AND VOLUNTARY ORGANISATIONS ENGAGED IN THE FURTHERANCE OF THE ABOVE PURPOSES WITHIN THE COUNTY OF KENT AND THE WIDER AREA OF THE COUNTRY OF ENGLAND.

Activities: To improve health, empowering people and communities to live well and tackling the root causes of ill health including isolation, loneliness, disadvantage and frailty.

Classification

- **How:** Makes Grants To Organisations, Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** KENT
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£5,548,381	£4,652,122	£4,113,736	122
2024-03-31	£6,418,541	£5,246,756	£3,217,477	141
2023-03-31	£5,233,295	£4,755,912	£2,045,692	129
2022-03-31	£4,404,222	£3,787,288	£1,568,309	114
2021-03-31	£2,922,090	£2,628,200	£951,375	81

Trustees

Name	Role	Appointed
Andy Fairhurst		2018-09-14
Deirdre O'Donoghue		2021-12-08
Dr Malti Varshney		2024-10-29
Felix Adenaike		2025-11-18
John Bennett		2018-09-14
Jonathan Mark Fenn		2024-01-18
Rachel Hewett		2020-11-16
Richard Benfield		2025-11-18
Shelley Hathaway-Batt		2024-01-18
Vandana Longland		2025-11-18

INVOLVE KENT

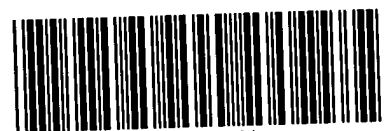
England & Wales - Charity number 1066911

Accounts

COMPANY REGISTRATION NUMBER: 03449624
CHARITY REGISTRATION NUMBER: 1066911

Involve Kent Limited
Company Limited by Guarantee
Financial Statements
31 March 2025

FRIDAY



A12 *AEFS5T20* #139
21/11/2025
COMPANIES HOUSE

BURGESS HODGSON AUDIT LIMITED

Chartered accountants & statutory auditor
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Involve Kent Limited
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2025

	Page
Trustees' annual report (incorporating the director's report)	1
Independent auditor's report to the members	30
Statement of financial activities (including income and expenditure account)	35
Statement of financial position	36
Statement of cash flows	37
Notes to the financial statements	38

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2025.

Chair's report

This year marks a truly special moment in Involve Kent's history, our 50th year of service and our 50th Annual General Meeting. It also marks the end of my time as Chair and Trustee, after 13 years of being part of this remarkable organisation. As I prepare to step down, I find myself reflecting not only on the journey of Involve Kent, but on my own personal journey within it.

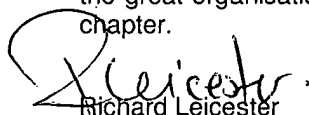
During my tenure, I've witnessed Involve Kent develop from a respected local charity into a leading force for community health and wellbeing. Involve Kent has grown in scale, reach, and influence, always guided by a deep commitment to tackling inequality, connecting people and promoting choice in order to improve lives. It has been a true privilege to be part of that transformation.

This past year has been a shining example of what Involve Kent stands for, the team have supported over 31,000 people, 4500 more people than in the previous year, expanded services for unpaid carers and young people, and strengthened their role as a strategic partner in health and social care. Involve Kent has continued to lead in social prescribing, built new collaborations, and delivered innovative programmes that respond to real needs in our communities.

The Board has worked closely with our Chief Executive, Gary Wells and the leadership team to ensure strong governance, strategic clarity, and a culture rooted in compassion and inclusion. We've welcomed new trustees, said goodbye to long-serving colleagues, and laid the groundwork for the next chapter of Involve Kent's story.

As I step away, I do so with immense pride. I've seen firsthand the dedication of our staff and volunteers, the creativity of our partnerships, and the impact of our work. Involve Kent is more than an organisation; it's a community of people who care deeply and act boldly.

My deepest gratitude goes to each and every one who has made and continues to make Involve Kent the great organisation it is. I look forward to watching Involve Kent continue on its journey and next chapter.



Richard Leicester

Chair

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Reference and administrative details

Registered charity name Involve Kent Limited

Charity registration number 1066911

Company registration number 03449624

Principal office and registered office 30 Turkey Court
Turkey Mill
Ashford Road
Maidstone
Kent
ME14 5PP

The trustees

J F P Bennett	
A D Fairhurst	
D R Simmons	(Resigned 18 May 2025)
R Hewett	
C R F Hickson	(Resigned 29 October 2024)
R Holweger	
R Leicester, Chair	
D M O'Donoghue	
J M Benson	(Resigned 13 July 2024)
S Hathaway-Batt	
J M Fenn	
Dr M Varshney	(Appointed 29 October 2024)

Auditor

Burgess Hodgson Audit Limited
Chartered accountants & statutory auditor
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Bankers

Metro Bank PLC
One Southampton Row
London
WC1B 5HA

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Structure, governance and management

CEO

This year marks a profound milestone in Involve Kent's journey, our 50th year of service and our 50th Annual General Meeting. It's a moment to pause, reflect, and celebrate the extraordinary legacy built by generations of dedicated people: staff, volunteers, trustees, partners, commissioners and community members who have shaped this organisation into what it is today.

As I reflect on my first full year as CEO, I've been struck by the depth of commitment and compassion that runs through Involve Kent. From its grassroots beginnings to becoming a leading voice in community health and wellbeing, Involve Kent has always been about people, supporting them, connecting them, and empowering them to thrive.

This year, we've continued that legacy with purpose. We've supported 31,260 individuals, expanded our services for carers and young people, and deepened our partnerships across health and care systems. But numbers only tell part of the story. Behind every statistic is a person, someone who felt heard, supported, and empowered. Whether we have connected people to support them to keep their house warm or feed their family or attend a social group that sparked new friendships, our work is rooted in supporting people to thrive. We've also taken time to ask ourselves a vital question: What legacy do we want to leave for the next 50 years?

That question has guided our thinking, our strategy, and our culture. It's inspired us to invest in co-production, to centre lived experience, and to build services that are not only effective but enduring. It's reminded us that our work is not just about meeting needs today, it's about creating the conditions for healthier, more connected communities in the future. Looking ahead, we remain ambitious. We will continue to advocate for the role of community-based support in tackling health inequalities, preventing and improving health conditions and we'll keep working to unlock the potential that lies within every neighbourhood.

I want to thank everyone who has contributed to this remarkable year. Your passion and belief in what we do is what makes Involve Kent so special. As we celebrate our past, we also recommit to our future, with hope, ambition, and a deep sense of responsibility.

Gary Wells

Chief Executive Officer

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Objectives and activities

Our Vision

Healthy, connected people and communities.

Our Mission

Promoting Choice

Connecting People

Challenging Inequality

Our Services

Supporting Unpaid Carers

Social Prescribing (all age groups)

Supporting Older People

Supporting Children and Families

Supporting Young People

Facilitating Groups and Activities

Community Engagement

Supporting other VCSE Organisations

Transport

Data and Impact

At Involve Kent, we continue to measure the impact of our work with individuals and communities using a robust, mixed-methods approach. We combine quantitative data, captured through validated tools and structured survey, with qualitative insights from the people we support. This enables us to understand not only what changes but how and why those changes occur. Our commitment to inclusive evaluation ensures that our services insights are equitable, and effective across diverse social groups.

Between April 2024 and March 2025, Involve Kent supported **31,260** people, including **4,736** clients through partner organisations. Of these, **2,505** clients accessed more than one service and **17,758** individuals were referred by Social Care and the NHS. We supported **3,850** children and young people directly who were under 18, as well as many families.

Our data shows that **70.7%** of clients live with a health condition or disability, **24.7%** of clients live in social housing and **34.2%** of clients live alone. These figures reflect our reach into communities facing the greatest barriers to wellbeing and underscore our role in addressing health inequalities. Across projects, we saw particularly strong engagement from underrepresented groups in services such as Children's Health & Wellbeing, Hospital Social Prescribing, and Green Spaces.

We use the Office for National Statistics (ONS) wellbeing tool to benchmark our clients' wellbeing against national averages. Our clients typically begin their journey with us scoring significantly lower than the UK average on happiness, satisfaction, and sense of purpose, and higher on anxiety, demonstrating that we are reaching those most in need.

This year, our data shows:

23.9% increase in satisfaction

21.7% increase in happiness

18.5% increase in feeling life is worthwhile

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

24.9% decrease in anxiety

39.4% decrease in loneliness, with 66% of those in the highest loneliness category reporting improvement

10.5% increase in health scores

24.7% increase in physical activity, with an average increase of **64** minutes per week

16.8% increase in ability to deal with problems, with **51.6%** of clients reporting improvement

The cost of living continues to affect the communities we serve. Our client data shows that **76.1%** worry about money and nearly **1 in 10** (9.98%) have gone without food or heating due to financial hardship. These figures highlight the acute financial stress experienced by the people we support and underscore the importance of our holistic support model. By addressing both emotional wellbeing and practical needs, our services help people navigate the challenges of poverty, isolation, and poor health, ensuring that no one is left behind.

These outcomes represent real, tangible improvements in people's lives and not just numbers. Our service-level data shows consistent impact across diverse services, with Social Prescribing (PCN) achieving the highest increases in satisfaction and happiness and Actively Involved West Kent reporting over **95%** improvement in loneliness among the most isolated clients.

We are also advancing our ability to measure system-level impact through our collaboration with NHS partners via the West Kent Integrated Data Set (WKID). This integration will allow us to evaluate how our services influence wider health system metrics, such as A&E attendances, hospital admissions, and length of stay, providing a fuller picture of our contribution to prevention and early intervention.

While data is essential, we know it doesn't tell the whole story. Throughout this report, we share case studies that bring our impact to life, stories of resilience, connection, and transformation. These narratives, alongside our data, form a complete and compelling evaluation of our work.

As we look ahead, we remain committed to innovation in impact measurement, refining our tools, deepening our partnerships, and amplifying the voices of those we support. In doing so, we continue to build a sector-leading evidence base that reflects the true value of person-centred, community-driven support.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance

Our Work, our Staff and our Partnerships. Jane Thomas, Director of Services

The breadth and quality of our work across Kent and Medway is due to our amazing and dedicated staffing teams and managers, our partnerships with acute and community health services, our social care colleagues, our fellow VCSE organisations and the many care providers we broker services to. This has ensured that our reach into supporting communities is now vast and continues to grow at pace.

Everyone who works at Involve Kent makes a difference to people's lives in their daily work. Whether it is our finance assistant processing invoices, our telephone navigators providing expert advice and a friendly call, our link workers or children's navigators seeing patients from GP surgeries, navigators completing Carer's Assessments or assessing for equipment or supporting care leavers, link workers visiting foodbanks, youth coordinators setting up fun activities for children, our advocates ensuring a young person in hospital has their voice heard or a manager ensuring their staff are supported and safe from home visits. Whatever their role at Involve Kent it is an important contribution to our reach into communities and our mission to ensure that children, young people, adults and those caring for somebody have choice and control over their lives, are connected to their communities, are able to thrive and have their voices heard.

This past year has not been without challenge to our staff and partners with further threats of cuts to prevention services they work on, increased complexities in the lives of the people they work with, and services closed due to funding being withdrawn. However, the commitment and dedication of our staff, management teams, partners and the positive outcomes for people using our services reminds me daily of how powerful the work they do is across Kent and Medway.

My truly grateful thanks to all our staff, management and partners for your inspiring and innovative work, your dedication, compassion and resilience.

Jane Thomas

Director of Services

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Our Adult Services

Community Navigation

Funded by KCC, our Navigators work collaboratively with people aged 55 and over to develop an action plan that identifies their needs and goals. Navigators home visit where needed and provide practical support with:

- Assessment and identification of community equipment. Knowledge and support to access assistive technology.
- Help and advice including making referrals and form filling.
- Enabling people to identify services in their local community and, where appropriate, facilitating the purchase of services.
- Accessing health and social care systems. Working closely with teams and organisations to make referrals.

The service supports demand on NHS and Social Care services by a holistic approach to prevention.

2,939 people supported.

Case Study

"I had been living independently in my own home, following the death of my wife. I have several health conditions and had been managing well but was starting to find some things more of a struggle. Katie visited and was able to request a half step at the front door and a half step and grab rails at the back door. She also suggested a rail inside the front door and she ordered it for me.

Katie also helped me to complete an Attendance Allowance form; I had started it but found the number of questions quite daunting. Katie went through what I had already answered and completed the rest of the form with me. I asked if she could also help with the Blue Badge renewal and she completed this with me at the same time.

I'm getting on very well with the equipment that you've put in place for me. The additional steps at the front and back door make a big difference."

Actively Involved

Funded by KCC, this service supports people aged 55 and over living in West and North Kent to access peer groups, activities, exercise and information either run by our staff or our wide and diverse network of voluntary sector partners. With a strong focus on increasing independence, reducing isolation, and therefore reducing risks of deterioration, frailty and the need for reliance on formal services.

The main strand of the service is people with a level of care and/or support needs who are supported by our Involve staff to develop a personalised action plan which assesses their mobility, anxiety, support needs and identifies their interests, activities and support are tailored around these. Support is not time limited; but designed to address fluctuating needs preventing crisis and reducing demand on social care and the NHS.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Our staff support people by developing with them local coffee mornings, lunch clubs and other peer and activity groups in the communities where they live.

Case Study

"I am 74 and was moved from Yorkshire to Kent. I was lonely, didn't know anything about the area. I needed to get confidence to start a new life in Kent. I had no one to talk to. I have no words to describe how I felt. I was living in a black hole. I had nobody, no friends here. I was extremely low in confidence and very scared.

My Involve worker was so kind, warm and friendly. I am touched to know that you are there for me. There is someone I can call if I need support. You always have a way to make me feel better, you understand my needs, and you know my story. You always adapt to my needs.

Then you convinced me to socialise. You organised the minibus to collect me, the driver and Carol, the chaperone are amazing. The group at the Priory is making me feel more secure, I love the conversations with other people, I laugh and feel part of something. I have met some lovely people, and I look forward to going. Now I am doing Postural Stability classes too and I look forward to continuing the support with Involve. I trust you."

Actively Involved Partners

People with varying levels of need were supported by a network of 46 voluntary sector partners contracted to run a diverse range of local activities including social groups, art, nature, leisure and exercise.

Our reach of partners covers all of West and North Kent and ensures this service and KCC funding reaches into all communities inclusive of people living in rural areas and those from ethnic minority communities.

The Grand at Gravesham: feedback from an attendee on an introduction to exercise course:

"I have attended The Grand for the ten-week exercise course. Since attending the sessions my confidence and mental wellbeing have dramatically improved, I have started running and genuinely looking after myself. The group has been a point of contact each week and allows me to reset for the rest of the week."

Social Prescribing

80% of our health is attributed to social factors, for example our housing, employment, income, education and our behaviours including our diet, how much we exercise, drink alcohol or if we smoke.

Social prescribing supports people to address these challenges and other unmet social needs with a holistic approach that focuses on "what matters to me" - giving people choice and control regarding how they manage their health and wellbeing.

Social Prescribing from GP Surgeries - Our Link Workers work with GP surgeries and they typically support patients for up to 3 months. Reducing demand on clinical time and providing a holistic

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

approach to care and support. We work with many other partners, charities and services to improve the health and wellbeing of patients.

Life satisfaction after social prescribing interventions increased by 39%.

Quotes

"Social prescribing provided support in recovering from past domestic abuse, empowering me to continue advocating for my children and alleviating my stress. There were days when I lacked motivation, but my Link Worker consistently motivated me to get outside, reconnect with my friends, and participate in meaningful activities. All these aspects were incredibly important to me and had a significantly positive effect on my well-being."

"My mental health has improved and now that we have a clean and safe living environment, I am sure I will get fewer infections which means fewer hospital visits."

"Since we moved, there is now less stress, fewer infections, and a much better lifestyle in a cleaner home, so I have not had to visit my GP since moving."

Social Prescribing in the Community - Funded by NHS Kent and Medway, we have worked to ensure this service addresses meeting the needs of those most at risk of health inequalities in West Kent. Our Link Workers take an outreach approach by attending food banks, community groups, temporary housing, global majority groups and religious venues and identify people experiencing poverty, housing insecurity, language or cultural barriers who may not be accessing any services and feel disconnected from their community.

Our Link Workers support people to access health and social care where they are not engaged, register at a GP surgery or dentist, access community support, services to improve their health and wellbeing. Practical support is also offered by completing forms for people, applying for grants to purchase food, bedding, clothes or pay energy bills.

1,018 people supported through community social prescribing, 83% had a long-term health condition or disability.

125 people supported to engage with health professionals regarding an unmanaged long term health condition.

Case Study

"I did not have a phone so was not contactable by services. I was really struggling financially as I was only in receipt of Universal Credit and had used food banks. I only left my flat to get food from the local shop. My house was in disrepair. I have different mental health conditions which affect me every day, I could not keep on top of housework or have the money to do so. I also did not have an oven, hob or microwave so really struggled to cook and spent more money on food. I was in thousands of pounds of arrears with my water company.

As I do not have a contact number my Link Worker wrote me a letter with an appointment date and time and visited me at home at first. She made a great effort to see me at home and understand my situation. She helped me to contact Southeast Water to register me as a priority customer and look into whether I could receive a social discount or a one-bedroom discount. She collected and delivered a few food parcels to me making sure it included foods I could prepare and eat.

She was also in communication with my housing association and visited with them so they could see the state of my property. She helped me to complete the PIP form, contacted my GP for evidence as

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

I did not have any and completed the telephone assessment as I do not have a contact number. I was awarded enhanced rate for daily living and standard rate for mobility. With this money I can get myself new clothes and shoes online which were ruined by the maggot infestation. I'm going to buy an air fryer which means I will be able to eat more of a variety of food."

Online Directory - This work also enables us to populate our quality assured directory of Voluntary and Community sector services, groups and activities that people can browse or professionals can use to access support for someone. There are over 1000 services and activities across Kent now listed.

Funding the VCSE - We were also delighted to be able to award £25,000 to 14 community groups to run inclusive activities, examples being Singing for Health, walking football, gardening, healthy slow cooking and a variety of other activities focused on improving physical health and reducing isolation.

Hospital Social Prescribing - we were honoured to extend social prescribing into Maidstone and Tunbridge Wells Hospital Trust working onsite with staff to support patients being discharged from hospital with any non-medical social needs and to reduce unnecessary A&E or unplanned admissions.

Support was provided for up to 6 weeks from discharge by a Link Worker who home visited patients and worked to a holistic approach, focusing on building trust and "what matters to me" with the patient.

Patients referred were often very vulnerable, isolated and needed practical support with:

- Accessing food, medication or charging electricity.
- Digital inclusion - to set up online shopping, direct debits for utility bills, and benefits.
- Purchasing practical items often through grant funds - beds, cookers and clothing.
- Form completion.
- Help with telephone calls or emails to services.
- Referring and supporting them to access services.

Unfortunately, the service was ended in March 2025 due to budget constraints, however we hope that we can work with MTW again in the future.

Professional Feedback - *"I wanted to express my gratitude for the support given by Michelle to my patient. He has severe psychiatric problems which have reduced his ability to access healthcare. He has a life threatening rheumatological problem and was in intensive care earlier in the year with it. His inability to access healthcare threatened his life. Thanks to her involvement, he has been able to access healthcare and came to clinic yesterday with his partner and dog in the car. He had nothing but praise for Michelle. Her involvement has likely helped to save this man's life through helping him engage with care."*

Case Study

"I accepted help from Involve when a Link Worker brought me my medication from the hospital that I needed to take to stay alive. I felt unsupported and alone, I couldn't leave my flat and I had such high anxiety and paranoia that I checked myself out of hospital before I had the infusion I needed, or my medication was ready to take with me. I didn't know where to go for help and didn't trust anyone to help me. My Link Worker understood that my behaviour, language, tics and lack of eye contact are all part of my conditions and gave me the time I needed so I could begin to trust her and be able to think about letting her help me.

On several occasions she contacted my GP for me, to arrange a fit note, sort out my medication, arrange a home visit for my blood tests and confirm upcoming appointments. She also collected the fit

Involve Kent Limited
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2025

Achievements and performance (continued)

note and took it to the UC office and delivered paperwork from the hospital to the GP surgery.

I struggle in the shower as I cannot stand for long. My Link Worker arranged a shower stool for me and a perching stool for the kitchen as I cannot cook a meal in one go or complete the washing up without needing to sit down. She knew how hard it would be for me to accept the delivery so made sure I knew when it was coming so I could prepare myself to open the door.

I was eligible to get a Motability car, but I didn't know how to do so or how I would manage with the paperwork and getting the vehicle. My Link Worker explained it all to me and took me through the options, costs involved, and the process. She arranged for me to visit the car showroom, and with the help of my neighbour, I met her there for an appointment. I could not have managed any of this by myself and I now have a car that is a safe space for me so I can get to medical appointments, the chemist, do my food shopping in person (early or late when no one is around), and know that I am able to leave and get home safely at any point I need to do so. This has been life changing for me.

My Link Worker helped with my benefits; she also applied for a Blue Badge for me. When I received a letter from my landlord saying I owed £850 in arrears, she supported me to call them and arranged a payment plan for me to pay back what I owed.

I didn't believe when I agreed to let the link worker in with my medication that there was anything that anyone could do for me. I am so glad I did."

615 people referred and supported.

Anxiety decreased by **38%**.

Helping You Home

Funded by Maidstone Borough Council and delivered in partnership with Maidstone Hospital. Coming home from hospital can be a vulnerable and challenging time for people and their families. Helping you Home provides practical support for people being discharged home to a Maidstone property by completing home safety checks and fitting key safes, lifelines and moving furniture to enable delivery of a hospital bed.

331 people supported with practical assistance.

Feedback:

"Very happy with the lifeline, thank you for the support with installing it."

"It's a relief to have the lifeline all in place. Thank you so much."

"Thank you for such a quick service. Key safe all working well."

Postural Stability

Specialist exercise classes are offered in community venues across North and West Kent by our qualified instructors and our dedicated volunteers who guide the class through gentle and progressive exercises each week for a total of 36 weeks. Working at their own pace and when confidence has improved, they learn techniques to get up from the floor safely in case they fall.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

After the exercise there is time to chat and make friends over a cup of tea or coffee, speakers are also invited to talk to the group about staying fit and well and keeping safe at home.

People are supported to move onto further exercise or activities at the end of the courses to ensure they continue to maintain their mobility and balance and connect with others.

Feedback

"The sessions with Kerry were good for us both. I am very grateful for the opportunity to get ourselves going again."

95% of people maintained or improved their mobility confidence levels.

Community Transport

The service provides accessible, affordable and reliable transport for people living in Maidstone and Malling who cannot manage on public transport due to age related difficulties, frailty, disability or illness. Enabling people to get to hospital or GP appointments, day centres, attend social groups, activities or be able to visit friends and family independently.

7,837 trips completed.

The service can only run with the dedication from our volunteer drivers which increased to an all-time high of 56 during the year and our 3 Office Support volunteers who support our Transport Coordinator, Tracey. Drivers kindly use their own cars to transport people and drive our 2 minibuses with up to 10 people onboard.

Our volunteer David has kindly shared his experience of being a volunteer driver.

"I joined as a volunteer driver for the community transport service in 1999 when we were Maidstone Volunteer Bureau after I took retirement. I found out about the charity through a neighbour who was already a volunteer."

I have enjoyed taking many people in my car over the last 26 years volunteering, often making myself available 7 days a week to be booked for trips. One particular trip sticks in my mind which is when I took 3 excited older ladies to Skegness so that they could enjoy a week's holiday there. I had to stop many times on the journey for them, and it took me over 5 hours to get them there whilst driving back without them only took 2 and a half!

I also used to do a stint in the office on Friday afternoons, assisting the Transport Coordinator with booking trips for people and answering the phone calls. I also served as a Trustee for the charity for a few years too. For the past 26 years transport volunteer driving has been a large part of my life and continues to be now."

The success and longevity of this service is down to the wonderful dedication of our volunteers who we and the public who use the service are incredibly grateful for.

Feedback

"I wanted to thank you for all the help you and Involve Kent have given me in enabling my Mum and Dad to see each other, despite being in separate care homes. Dad passed away peacefully on

Involve Kent Limited
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2025

Achievements and performance (continued)

Saturday evening and thanks to your driver, Dave my mum had seen Dad just days before on the Wednesday.

Please would you extend my deepest thanks to both Dave and Robin. I know Robin was really fond of Dad. It's hard to put into words what it meant to the family that in their 60th year of marriage, they were still able to be together."

"I am just back from Pembury Hospital. All appointments done, as well as more shoulder x-rays and CT scan that were required. David was an absolute gentleman. Thank you for asking David to be my driver. Please pass on my sincere thanks to David. I am very impressed with the service, thank you Tracey."

"I would just like to praise your drivers on the good work they do driving our members to and from our groups. These people could not get back into the community without them." - Jill, Stroke Association

Green Spaces

Our green spaces social prescribing project in partnership with Maidstone Borough Council came to an end in March 2025. Focused on wellbeing the project supported Maidstone residents to get involved in gardening activities to develop the town centre green spaces to help keep them feeling connected to their community. All volunteering sessions were led by a qualified and experienced gardener who was always on hand to share helpful advice and tips. The project both improved often neglected small green spaces in the community in addition to supporting wellbeing and a sense of community ownership in the volunteers.

Total number of volunteer sessions: **111**

Total number of volunteers engaged in the project: **88**

Total number of volunteer attendances: **366**

Number of town centre sites: **20**

The sites were: Maidstone Amphitheatre, Brenchley Gardens, Brewer Street Churchyard, Allotment, Maidstone Community Support Centre (front beds), Rose Garden, Secret Garden, Trinity Park, Woollett & Camden Street, Pride Boat, Palace Garden, Old Boat Café Beds, Archbishop's Palace (Knot Garden), Museum (front courtyard), Fairmeadow (subway beds), Coronation Square, Goodsell House, College Road Carpark Beds, Magistrates Court Beds, Riverside Bed.

Impact on volunteers

100% said they enjoyed taking part in the volunteering activity

96% said they felt more connected to their community through being involved

100% said it has improved their wellbeing

98% said they are more likely to volunteer in future having taken part

Why did people volunteer?

The main reason volunteers wanted to take part was to support or to give back to the local community. There was also a drive to be part of a team and to do something together. Many volunteers wanted to improve the look of the town and maintain its green spaces to make it better for residents and businesses.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Public Feedback

"It's lovely to see these areas improved, for a county town we should be proud and want to use these spaces."

"Thank you for making these areas look and feel more welcoming."

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Children and Young People Services

Children's Health and Wellbeing

Our Navigators are based in GP practices and work with children, families and carers where the child has a long-term health condition, neurodivergence and/or mental health issues. Helping families to coordinate referrals and care, providing information and advice, and acting as a key point of contact for the family. Focusing on what matters most to families, a personalised support plan is developed with wide ranging actions from navigating statutory services and diagnostic pathways to supporting them to achieve their goals.

Case Study

C, aged 15 was struggling with anxiety and isolation. Unable to access school, experiencing overwhelm and social anxiety; C could not leave the house and would be physically sick when he did, he was desperate to overcome this and found it so frustrating.

With the help of social prescribing support from his Children's Navigator at his GP practice, C was encouraged to access the Inspire programme, a local scheme to help young people that are facing challenges. The programme supports young people to create new friendships, introduce them to healthy lifestyles through sport, and open new doors into work with opportunities to learn new skills. C then decided to join the gym at the local leisure centre, meanwhile the Navigator supported the family to access CAMHS for mental health support. His parents were provided with various self-confidence boosting tasks to slowly build his resilience. His confidence grew day by day and he decided to investigate a new education setting for a fresh start.

C now has had 98% attendance, his form teacher says he is flourishing, joining in social activities, going out with friends and accessing education with a newfound confidence and zest for life. He continues to attend the gym, paying for it himself using his benefits that the Navigator supported him to claim.

Feedback from Mum: "Without Children's Navigation support and help we would never have considered moving schools, and he would not be the boy he is today!"

The team have also worked across the following transformation projects:

- **NHS Kent and Medway Transformation** - This is Me - Staff from 4 Maidstone based GP Primary Care Networks trained to ensure families are appropriately supported to access this new alternative to the previous diagnostic pathway. Included as an integral part of the Community Resource Team and package of support being offered to families accessing This is Me.
- **Children's and Young People Mental Health MDT** - Working closely with PCN Children and Young People's Mental Health Practitioners (NELFT), wider agencies and organisations with a collaborative approach to addressing the high levels of CYP presenting with poor mental health, self-harm and incidents of suicide in West Kent.
- **NHSE pilot - East Kent Children's MDT** - 2 Navigators continue to lead on the development, planning, facilitation and reporting around NHSE Children's MDT, working closely with key clinical PCN staff and wider agencies.
- **Primary Care Neurodiversity Pilot** - Navigators at participating PCNs have led the development of projects piloting innovative approaches to supporting families in Primary Care.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Navigators have engaged NDUK to create a programme of bespoke support sessions based on the needs and gaps identified, due to commence soon in Malling PCN.

Sittingbourne PCN Navigators have created a schedule of themed coffee mornings with families and experts, as well as using the Unique Child Programme for individual support.

- **Weald PCN - Family Focused Link Worker** - Testing a unique role recognising the wider needs of families where a child has additional needs.

66% of 3344 families supported this year reported an increase in ability to deal with problems.

NHS Personal Health Budgets

From March 2022-2024 Involve Kent ran a Personal Health Budget Pilot delivering them to children and young people either diagnosed with, or suspected to have, a neurodivergent condition. Following the success of this pilot, it was agreed in 2024 to continue the pilot but with a focus on those children and young people on the waiting list for an assessment to ensure support was being offered during the waiting period of a person's neurodivergent condition journey.

A Personal Health Budget is funding which can be used to purchase items and/or services for children or young people who are on a neurodivergent diagnostic pathway, receiving support from the This is Me! team in Maidstone, or attending a PINS school, with the aim of improving a specific wellbeing outcome.

The latest pilot has received 109 referrals across Kent. The project needed to be scalable and sustainable, therefore a model was developed which reflected a small grant application process, rather than a Coordinator Key Work model. Referrals have been made by GP Primary Care Network Children's Navigators and Link Workers, This is Me! Practitioners and from PINS schools. The average cost has been £257.35 with an average rate of 78% of families stating that their Personal Health Budget was able to meet the agreed wellbeing need.

Case Study

Before receiving a Personal Health Budget (PHB), A was awaiting autism and ADHD assessments and struggling with emotional regulation, leading to outbursts, sleep issues, and difficulty attending school assemblies. His Children's Navigator worked with him and his mum to create a support plan, recognising the need for ongoing, multi-source effort.

The PHB funded sensory and calming items including loop earplugs, a worry bear, sleep device, blackout tent, vibrating cushion, weighted blanket, and bean bag to help A manage crises and triggers.

Weeks later, A's mum shared that the items had transformed their Christmas, helping him calm down and sleep through the night for the first time in years. His improved sleep also benefited Mum's sleep. At school, the earplugs enabled A to attend assemblies, and overall, he was much happier and better regulated.

Mum stated, "I would have got him the sleep items years ago if I had known the difference it would make!"

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

"Now he has the headphones he can get a bus which he wasn't before. This means he is a bit more independent, and I don't need to run him around everywhere so much, so it frees up my time."

"It was good that it doesn't take ages or need me to fill out massive forms."

"Having the swing for E has changed our lives. We knew she liked the sensation of swinging but because of the winter she couldn't always use the garden so we couldn't utilise that to help her. Having the indoor swing means she can use it whenever she needs to, she says it gives her the sensation of being safe and she will even do her reading in it, I can't describe how much it has changed things for her."

- 30% improvement in mental wellbeing
- 22% improvement in physical wellbeing
- 38% improvement in emotional wellbeing
- 25% improvement in social wellbeing

Connect!

Connect! provides short break activities to 9 to 18-year-olds with moderate needs relating to neurodivergence across Kent. A co-designed programme of widely varied and exciting activities run after-school, at weekends, and in school holidays. To engage those not in school there are also weekday home education sessions to support children and young people to socialise, develop peer relationships and make friends, build resilience, confidence and life skills in a non-judgemental environment that is tailored to be considerate of individual needs and sensitivities where possible.

Activities are chosen to ensure they both engage and challenge the young people and are based on what they tell us they would like to do. Previous activities have included:

- Rock climbing
- Water sports
- Escape rooms
- Cinema trips
- Cooking
- Yoga
- Animal experiences
- Archery
- Bushcraft/forest school
- Outdoor activity centres
- Theatre trip
- Train/bus journeys
- Gaming workshops

To ensure accessibility across the spectrum of needs of Connect! we considered not only what they told us they wanted to do, but also what might further enhance the schedule of activities:

Online groups - Games played are easily accessible to young people and highly familiar giving them the opportunity to join an activity where they may be resistant to face to face activities. Many children and young people have joined the online session as an introduction and progressed to putting comments in the Chat, then joining in online, building friendships and connections with others then working towards attending activities in person. Online sessions are free of charge to ensure that there is always an activity available where cost is not a consideration and they can attend consistently as they build their confidence and beyond. We extended the sessions by half an hour at their request as they wanted to stay online and chat with each other once the game was finished.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Youth Club style sessions - In addition to our programme of activities, we set up regular social sessions in community settings where we offer a drop in option especially to children and young people who are new to Connect! or prone to overwhelm/anxiety. They and their families are encouraged to pop into the session and leave as needed allowing them to familiarise with the setting, activities and peers while building confidence and self-managing their anxiety. Activities at these sessions are less structured to allow for more transient attendance ie board games, arts and crafts. Fidget toys and comfort items are made available and they are encouraged to bring their own if it's helpful. Staff make themselves available to meet and greet new attendees at these sessions further supporting a soft introduction to the service.

739 children and young people supported.

- **99.7%** of children reported feeling safe at an activity
- **96.5%** of children reported increasing their independence
- **92.7%** of children reported having tried something new
- **89.2%** of children reported all three of the above outcomes at once at a session
- **90%** of parents told us that they feel like Connect! gives them a break
- **95%** told us that Connect! meets the needs of their family

Case study

When A began attending activities, his parent would come along each time, he would mainly stay with a parent throughout. With some gentle encouragement he started to spend longer periods of time engaging with the group.

As A attended more regularly, these periods of group engagement steadily increased as initial friendships formed. After a few months of attending, A started to attend independently with a parent dropping him off and picking up after. This has enabled A to rapidly build confidence and develop his social skills.

Activities that A has now been able to attend independently have included full day outdoor activities, engaging in confidence building activities eg high climbing and zipline in a safe environment, which they have refused to engage with/attend in the past as reported by family.

Dynamic Support Advocates

The service supports young people aged 10 to 25 who:

- Have a confirmed diagnosis of a learning disability and/or autism or are on the pathway for an assessment.

And are:

- At risk of admission into a specialist mental health facility
- At risk of 53-week placement breakdown, or
- At risk of detention in the criminal justice system with forensic involvement.

Our team of advocates, all who have relevant lived experience, take time to build trusting relationships with children, young people and their families by offering flexible support including home visits, community visits and hospital visits. This is especially important where children, young people and their families feel let down by services. They ensure the child or young person remains in the very centre of their care and support needs. Acting as advocates to ensure the voices of children and

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2025

Achievements and performance (continued)

young people are heard across the system and that their goals, aspirations and wishes are listened to and acted upon.

84 children, young people and their families were supported by our Dynamic Support Advocates during April 2024 to March 2025.

Feedback from Peter Lewer, Operational Manager, Kent and Medway Dynamic Support Service.

"The advocates provide specialist support for our most complex young people and are regularly applauded for their skills, resilience, experience, knowledge, and compassion. They are essential to the work of the Dynamic Support Service and are valuable members of my service, and I am grateful for them and the relationship I have been honoured to have developed with Involve Kent."

Case Study from a Family

"Ben has been our advocate, advisor, mediator, and information provider. He met with us and explained his purpose which helped us understand what he could do and provided us with regular contact and updates throughout his support for us."

He has supported by helping find an alternative to the adult education courses J had been interested in about life skills/budgeting etc, sending information about similar courses via Mid Kent College. Ben has helped feed back our concerns about network decisions and actions and provided us with the previously requested contacts and complaint procedures we'd asked for and had never been given. He has provided other information on volunteer programmes like men's sheds in the area.

He has supported us in meetings and communication with the social worker and provided tips for what has worked before and what myself and J feel would work better for communication, and now this is being done and the relationship with the social worker has much improved for both me and J. He has provided feedback regarding advocacy options from his team for J to ensure our worries can be met and J feel more supported without my direct presence in meetings with professionals.

He has helped translate frustrated and angry words and provided the core meaning and point to the social worker which has helped them understand how they can influence other professionals who are currently not engaging as needed or communicating as preferred. He has also put together a communication template for professionals to better understand how support and communication is best adapted to suit J and myself to gel with us.

He has ensured that we are kept in the loop and professionals communicate with us more, so we know what is happening even when it's just updates on delays. He has also provided options on funding routes via Personal Health Budgets for tuition and given regular contact, updates and emotional support."

Services IN FOCUS

Moving Forwards

127 young care experienced people supported.

52% have a long-term health condition or disability.

20% from ethnic minority communities.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Moving into our 4th year of supporting care leavers between the ages of 16 to 25 we were delighted to have funding increased from NHS Kent and Medway to enable us to expand the service to all care leavers across Kent and Medway from January 2025.

Our Navigators take a holistic approach to supporting those who have left care or those preparing to leave care, working in partnership to complement and expand the support they can access through the local authority. Offering flexible 121 contact including home and community face to face contact. Engaging the young person with developing a personalised, goals-based action plan that focuses on their health and wellbeing, interests and aspirations and what support they may need to thrive and move forwards upon leaving care.

Personal Health Budgets Outcomes

We have also used personal health budgets to enable care leavers to access hobbies and interests of a wide variety including gym memberships, dance classes, art equipment and bikes. Some examples include: J was referred to The Arts Exchange in Margate. J is now having sewing lessons and support to build his portfolio. J was able to use the personal budget to purchase materials that he needed but could not afford to build upon his personal portfolio on his journey to working in the fashion industry.

H is due her third child. H spends a lot of time at home due to her young children and due to pregnancy risk. H is now making time for herself with diamond art which gives her time to relax and focus on her mental wellbeing; however, is struggling to do this at her table due to back pain. H used her funding to purchase a small table and additional craft kits.

"Having the table means I can sit comfortably and do something that I enjoy. Diamond art is something I can do while my children sleep and still make time for me which helps my mental wellbeing."

Having a Voice

We were proud to work with care leavers to enable them to be involved and present at the 2024 Young Adults' Mental Health and Wellbeing Symposium about their experiences of mental health services.

They spoke about their experiences of receiving support for their mental health and shared a diagram that they had developed with our staff that explained the impact of stigma on them. Professionals attending said it was one of the most valuable parts of the day. The young people attending enjoyed the day, felt well supported and listened to.

We also held a focus group to co-design our new leaflet with care experienced young people aimed at encouraging more care experienced young people to engage with the service. The focus was to make the content more accessible and easier to read, ensuring that the information is clear and motivating for the target audience.

Quotes from young people who took part:

"I feel valued and that I can make a positive change, and I could see this in designing the leaflet when looking at the before and after. It is good to hear other people's opinions as well as giving my own. The new leaflet is what I imagined and is much more engaging. I feel it also gives me experience to talk in these settings which will help me in my interviews and group settings in the future."

"I liked being asked and included in the design of the leaflet. I felt that I was listened to and was able to have an opinion. It boosted my confidence by taking part, speaking in a group setting and being heard. I think the new leaflet is much better, more readable and will be more relatable for others. I am happy with how it turned out and being involved."

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Group Work and Activities

To ensure that our activities are engaging and co-designed with the young people, we send out feedback forms following participation, asking for their views on what they enjoyed, what could be improved, and what they would like to do in the future.

Through our ongoing co-design process with young people, feedback highlighted a strong desire for more consistent opportunities to connect beyond the existing monthly activity model. Young people expressed the need for regular, informal meetups to help build relationships and create opportunities to interact with peers.

In direct response to this feedback, we expanded our offer to include more frequent and accessible activities. This includes a new bowling centre group, providing a relaxed, social setting for regular engagement.

Young people who are also parents shared that childcare responsibilities often prevented them from fully engaging in activities. As a result of their feedback, we have tailored some activities to be suitable for parents to attend with their children. While some had been supported to attend local parent and baby groups, they expressed that they struggled to build connections within these settings. Many felt isolated or different from other parents, as they didn't share similar lived experience.

As a result, they identified a strong need for a space specifically for young people with care experience, where they could feel understood, safe and supported by peers who relate to their circumstances. In response, we are developing dedicated groups for young care experienced parents and their children, designed to offer meaningful peer connection, reduce isolation, and ensure they can access supportive, relevant activities.

Feedback

"Attending activities with the Moving Forwards service has made the biggest impact on me as it meant I could get out of my accommodation. It gave me the opportunity to try new things, make new friendships, build my confidence and pushed me out of my comfort zone and I enjoyed myself more than I thought I would. I have attended many activities but really enjoyed doing something for Halloween by going to Tulleys Farm Shocktoberfest. I also liked how sometimes we would do exciting, thrilling trips but also more relaxed casual trips to the zoo and Leeds Castle Christmas Lights. I have become a lot more confident and often meet with new people which I once didn't think I could do!"

"The Moving Forwards service has made a lot of impact to my mental health. I feel happier, more confident and less anxious meeting new people. Having the opportunity to get out and meet with other young people has meant I am hardly ever lonely. It has also improved my physical health as I am no longer sitting in my room playing games; I am working more, doing fun physical activity trips and on the move a lot more."

"Being in such activities helps me a lot to gain confidence being around people and gives me the opportunity to meet new people every time."

"I really enjoyed today. I loved meeting people who have been in the same situation as me and I loved how we have all now got along so well to the point we are going to meet up outside."

"I would like to mention that all the activities we had so far are amazing. I have enjoyed each one of them, especially the escape room and laser tag as it's my first time ever trying them. I am glad that I had a chance to try it out and learn new things every time."

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

After one year in the service young people experience:

A decrease in anxiety by average of 23%.

Life satisfaction increasing by average of 24%.

Average weekly increase in physical activity levels of 77 minutes.

Services In Focus - Carers

5,860 carers supported.

81% reported a long-term health condition or disability of their own.

In the 2021 census 158,512 unpaid carers were identified in Kent and Medway. Involve Kent are funded by Kent County Council in the areas of Maidstone, Tonbridge and Malling, Tunbridge Wells and Sevenoaks (excluding Swanley) to provide assessment and support to any carers 16 and over who are providing unpaid care to an adult family member, partner or friend.

The service includes the responsibility for completing Carer's Assessments on behalf of KCC social care and developing support plans with carers to meet their eligible needs. 700 were completed during April 2024 and March 2025. We take a holistic and person-centred approach with carers ensuring equal partnership in all that we do and focusing with them on their health, wellbeing and ability to live the life they choose alongside their caring role.

Innovation - We were pleased to be involved by KCC in the innovative development of the new online Carer's Assessment in Kent. We ensured that carers were able to test the platform during the design phase and feedback their views on imagery, wording and ease of use. We are delighted the platform is live and carers in Kent now have another easy route to access support in Kent.

Hospital Discharge

1,086 carers supported through carer's hospital discharge service and provided with information, advice, emotional support and their right to a Carer's Assessment via Involve Kent.

445 received practical brokered support from hospital discharge funding.

Our work with Maidstone and Tunbridge Wells Hospital Trust with onsite access enables us to identify carers caring for someone on discharge from hospital. Working as a part of the integrated discharge team to ensure appropriate support is in place to enable safe discharge home.

Our practical support includes night sits, sit calls, help with domestic tasks and laundry. Enabling carers to rest or access the community when their caring role has increased or they are new to caring for someone after a stay in hospital.

Short Breaks

315 carers accessed a short break from caring via our Rapid Response funding enabling their health and wellbeing to improve whilst the person they care for is safely supported at home or in the community. Our wide network of partners enabling choice and control for carers and the person they support.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Forums

Our quarterly carer forums continue to grow in popularity and empower carers to have their voices heard while also hearing from services, community partners and statutory services.

Our Southborough forum was focused on Mental Health and we were honoured to have guest speaker Matthew McKenzie FRSA BEM attend. Carers appreciated Matthew's presentation as he shared his own story as a carer of people with mental health conditions and read his poetry. Carers participated by sharing some of their own stories and difficulties with the attendees. Information was also shared by Crossroads and TELs, with further information stands from KCC, Active Kent and Medway, and Community Catalysts.

"A very emotional day in a good way thank you. I found all the information very helpful. It was good to meet other people and to talk to those who have been helping me."

Our Maidstone forum included speakers from Citizens Advice Bureau, Kent Continence Service and KCC Community Wardens, with information stands provided by Community Catalysts, KCC TELs and Clarion Housing Group with details of the One Stop Shop (domestic abuse service).

"Great advice and help. It was lovely to find out all about the support groups and to meet other carers."

Forums are also a great way to connect carers with each other who may have similar interests, caring roles or are local to each other.

Training

Our training sessions are based upon the needs identified with carers. This year we have expanded our partnership working with the following training sessions offered:

Moving and Handling Awareness workshops delivered in West Kent provided information for carers with demonstrations by NRS Healthcare occupational therapists who showed the carers how they can support their loved one to move whilst looking after their own physical wellbeing.

Working with British Red Cross, **First Aid** workshops were delivered in different locations in West Kent. It gave carers confidence that they would know what to do in an emergency and there was time to ask specific questions and join in practical demonstrations.

British Red Cross also facilitated 2 **Adapt and Recover** workshops in Tonbridge and Ditton. Carers learnt how the body reacts to stressful situations and times of sudden change; they were given practical coping strategies to help in times of stress.

On 14th March we arranged 2 training sessions with Training2Care for carers that support a friend or family member living with dementia and for some of our staff. The **Virtual Dementia Tour** allowed 32 carers and staff to experience what dementia might be like and understand simple changes that can be made to improve the life of someone living with dementia. All carers that attended gave very positive feedback that it helped provide a greater understanding of the support that could be provided and a much deeper understanding of the difficulties the person they care for may face.

Caring and Me - Courses were co-produced with carers and delivered face-to-face at different locations across West Kent and online. Carers benefited from the courses and were able to discover different ways of coping and gaining confidence in their caring role.

"I enjoyed the support and caring attitude of the course and consequently, having found the time to do

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

it, I can now see that I can find a couple of hours each week to allocate to myself, to turn into a quiet period."

Peer Support - We continue to support carers to connect with each other, reduce their isolation, gain peer support, confidence and take a break with face to face and online groups and activities across West Kent.

Case Studies Adult Carers

"Jacquie completed my Carer's Assessment with me, and we created a support plan which addressed the needs identified during the assessment.

I received a Carer's One-off Payment to cover the cost of online Pilates classes for 12 months.

Jacquie told me about the six-week Caring and Me course offered by Involve. I chose to attend the online course, as this was easier for me than going to a course held in the community, because of my significant dual caring responsibilities.

I found all the support very helpful. It really lifted me and has put me back into a positive frame of mind. It helped me to get back out of a very low patch. I began to realise that there was a light at the end of the tunnel.

The Carer's One-off Payment I received is covering the cost of weekly online Pilates classes. I have recordings of all the classes so I can use these at any time. I am doing Pilates 3-4 times a week. My core muscles are stronger, so I can do heavier practical tasks more easily. My mental and physical wellbeing have both improved since starting these classes.

When I did the Caring and Me course, seeing what other people were going through helped me to put my own situation into perspective.

Having the help I have had has helped me to cope better. It feels like I have the tools to get back in control. I have been feeling more positive since having my Carer's Assessment, and this has given me the ability to cope better with my dual caring responsibilities."

"My partner and I were living a normal life before her stroke but then our lives turned upside down. We were referred to Involve by the hospital. Before the stroke, we were quite confident to find information and solve problems between us. After my partner's stroke, I found myself unable to manage and felt completely lost with no one to help. Involve issued me with a Kent Carer's Emergency Card and supported to complete a Carer's Emergency Plan. I was also supported to apply for a disabled person's bus pass, a Blue Badge and Carer's Allowance, all of which have now been awarded.

I attended the Caring and Me course and a Moving and Handling course. Referrals were made for a Care Needs Assessment to social services, and we were supported to access community equipment and assistive technology.

The support from Involve has made a huge positive difference with very good results. The biggest positive change for me personally has been the courses that I have been able to attend through Involve, and equipment support for my partner, they have been very informative, and I have learned a lot, not only from the course leader but also from other carers."

Involve Kent Limited
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

Young Adult Carers

Our personalised support to those aged 16 to 25 who care for an adult family member or friend includes proactive outreach work with drop ins at colleges, youth services and young carer services.

Both 121 and group support is available with access to a Carer's Assessment from age 18. We also ran activities to bring carers together, have a break and have some fun.

Young Adult Carer Case Study

"I was struggling to maintain my mental health and wellbeing. My confidence and self-esteem were at an all-time low. I lacked the funds to do activities I enjoy, and this was stopping me from having a break from my caring role.

I have been attending the monthly groups and activities for Young Adult Carers face-to-face. One of the activities I recently enjoyed attending was bouldering at the Chimera Climbing Centre. It was great fun to try something I would never normally do and to meet other young adult carers.

My community navigator has completed an application to the Kent Community Foundation for the Grassroots Carers' Respite Fund for an annual gym membership. This was approved and has been beneficial to me. I have been supported to access Shaw Trust for support with employment and the NHS Talking Therapies for support with my mental health and wellbeing.

I have been regularly attending the gym; this has made an improvement in not only my physical health but my mental health and wellbeing. My mood, motivation and confidence have increased. The support I have received from Involve has also helped me to improve my social connections. I now have a break from my caring role at least once a week."

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Achievements and performance *(continued)*

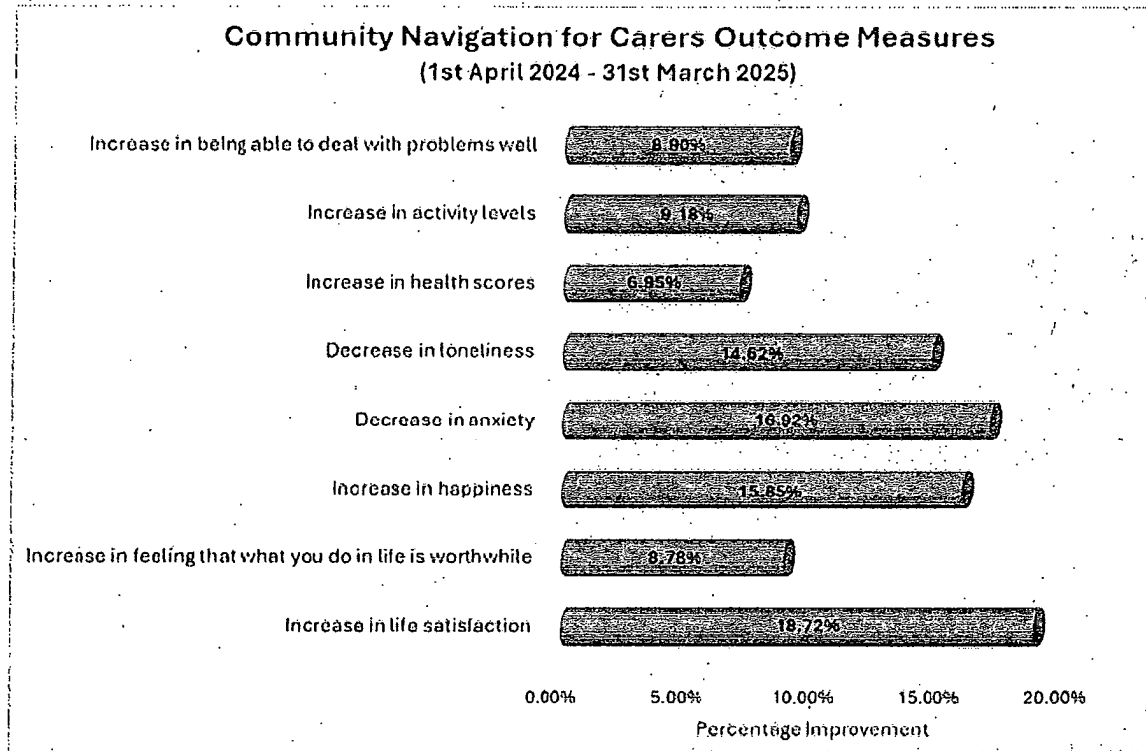
Outcomes

Thematic analysis of carer's feedback of our service has shown the following:

Theme identified	Carer Summary Feedback
Emotional support and reassurance	Having someone to talk to who listens without judgment provided comfort, validation, and reduced isolation. Feeling emotionally supported and cared for.
Service satisfaction and availability	High satisfaction with the reliability, professionalism, and responsiveness of support teams. Carers appreciated consistent follow-through.
Information, advice and communication	Carers valued clear, timely, and tailored information - especially through Support Plans. Advice on navigating services and accessing resources was empowering.
Mental health and wellbeing	Support for mental health through counselling, peer groups, and emotional encouragement was transformative and often life changing.
Support planning and empowerment	Assessments and structured plans helped carers reflect, set goals, and feel more in control. Many felt empowered to take action.
Social connection and respite	Peer groups, forums, and Rapid Response funded breaks helped carers feel connected, understood, and able to rest or engage socially.
Trust and continuity	Carers valued consistent, empathetic support from trusted navigators who followed through and stayed in touch.
Financial support	Help with Rapid Response short break funding, Carer One-off payments, and benefit applications provided financial relief and improved quality of life.
Identity and role recognition	Carers felt seen and acknowledged not just as caregivers but as individuals with their own needs and worth.

Involve Kent Limited
Company Limited by Guarantee
Trustees' Annual Report (Incorporating the Director's Report) (continued)
Year ended 31 March 2025

Achievements and performance (continued)



Involve Kent Limited
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Financial review

Treasurer

We have continued to manage our finances prudently during the financial year to 31 March 2025 despite ongoing uncertainty around future funding to some of our core services.

This year saw notable growth in our work supporting children with neurodiversity and unpaid carers, areas with rising demand and where Involve Kent is increasingly recognised for its innovative, person-centred approach.

We remain vigilant in monitoring the external funding landscape and continue to work closely with the executive team to ensure our financial strategy remains robust and responsive. The Finance Sub-Group has played a key role in maintaining oversight and enabling constructive dialogue around risk, opportunity, and sustainability.

The Charity follows Charity Commission's guidance on reserves and also considers our cash flow requirements and the risks and obligations facing the Charity. The Charity's financial position as at the year-end reflects total reserves of £4,113,736 broken down between restricted funds of £812,415 and unrestricted reserves of £3,301,321. Unrestricted funds are allocated as £1,387,095 being designated operational reserves (ensures that in worst case scenario charity could be wound up), £790,466 are designated across 14 operational areas for specific service use and £1,123,760 the charity holds in order to strategically invest in our mission.

I would like to thank Jo Misiak for her contribution to our financial management during the year and to acknowledge her departure shortly after the year-end. Her work has helped lay the foundations for continued transparency and accountability in our financial reporting. I would also like to thank our CEO Gary and our auditors, Burgess Hodgson for their support during the transition to our new Head of Finance and welcome Becky Smith to the team.

As we mark Involve Kent's 50th year, we do so with a clear focus on evidencing impact, challenging systems to think and fund differently, and ensuring our resources are used to create lasting change.

Deirdre O'Donoghue
Treasurer, Involve Kent

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

Involve Kent Limited

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

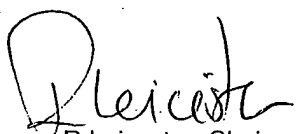
The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and
- they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The trustees' annual report and the strategic report were approved on 13/11/2025 and signed on behalf of the board of trustees by:



R. Leicester, Chair
Trustee

Involve Kent Limited

Company Limited by Guarantee

Independent Auditor's Report to the Members of Involve Kent Limited

Year ended 31 March 2025

Opinion

We have audited the financial statements of Involve Kent Limited (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Involve Kent Limited
Company Limited by Guarantee

Independent Auditor's Report to the Members of Involve Kent Limited (continued)

Year ended 31 March 2025

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Involve Kent Limited

Company Limited by Guarantee

Independent Auditor's Report to the Members of Involve Kent Limited *(continued)*

Year ended 31 March 2025

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we have considered; the nature of the industry, control environment and business performance with particular reference to the Company's remuneration policies, key drivers for directors' remuneration, bonus levels and performance targets.

Throughout the audit testing we are considering the incentives that may exist within the organisation for fraud. Key areas include timing of recognising income around the year end, posting of unusual journals and manipulating the Company's performance measures to meet targets. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override.

We ensure we have an understanding of the relevant laws and regulations and remain alert to possible non-compliance throughout the audit. Despite proper planning and audit work in accordance with auditing standards there are inherent limitations and unavoidable risk that we may not detect some irregularities and material misstatements in the financial statements. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

Involve Kent Limited

Company Limited by Guarantee

Independent Auditor's Report to the Members of Involve Kent Limited *(continued)*

Year ended 31 March 2025

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

Involve Kent Limited

Company Limited by Guarantee

Independent Auditor's Report to the Members of Involve Kent Limited *(continued)*

Year ended 31 March 2025

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act, and Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Burgess Hodgson Audit Limited
18th November 2025

Robert Field FCA CTA (Senior Statutory Auditor)

For and on behalf of
Burgess Hodgson Audit Limited
Chartered accountants & statutory auditor
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Involve Kent Limited
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 March 2025

			2025		2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income					
Donations and legacies	5	12,263	2,458	14,721	14,195
Charitable activities - Grants and service delivery contracts	6	4,729,285	767,784	5,497,069	6,377,888
Investment income	7	36,591	—	36,591	26,458
Total income		<u>4,778,139</u>	<u>770,242</u>	<u>5,548,381</u>	<u>6,418,541</u>
Expenditure					
Expenditure on charitable activities	8,9	3,962,952	689,170	4,652,122	5,246,756
Total expenditure		<u>3,962,952</u>	<u>689,170</u>	<u>4,652,122</u>	<u>5,246,756</u>
Net income		<u>815,187</u>	<u>81,072</u>	<u>896,259</u>	<u>1,171,785</u>
Transfers between funds		103,851	(103,851)	—	—
Net movement in funds		<u>919,038</u>	<u>(22,779)</u>	<u>896,259</u>	<u>1,171,785</u>
Reconciliation of funds					
Total funds brought forward		2,382,283	835,194	3,217,477	2,045,692
Total funds carried forward		<u>3,301,321</u>	<u>812,415</u>	<u>4,113,736</u>	<u>3,217,477</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 38 to 48 form part of these financial statements.

Involve Kent Limited
Company Limited by Guarantee
Statement of Financial Position
31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	14	6,366	11,653
Current assets			
Debtors	15	836,778	1,135,519
Cash at bank and in hand		<u>3,642,128</u>	<u>2,537,286</u>
		4,478,906	3,672,805
Creditors: amounts falling due within one year			
Trade creditors		56,321	58,666
Other creditors including taxation and social security	17	288,755	342,781
Accruals and deferred income		<u>26,460</u>	<u>65,534</u>
		371,536	466,981
Net current assets		<u>4,107,370</u>	<u>3,205,824</u>
Total assets less current liabilities		<u>4,113,736</u>	<u>3,217,477</u>
Net assets		<u>4,113,736</u>	<u>3,217,477</u>
Funds of the charity			
Restricted funds		812,415	835,194
Unrestricted funds		<u>3,301,321</u>	<u>2,382,283</u>
Total charity funds	20	<u>4,113,736</u>	<u>3,217,477</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the medium companies regime.

These financial statements were approved by the board of trustees and authorised for issue on 18.11.2025 and are signed on behalf of the board by:


R Leicester, Chair
Trustee

Involve Kent Limited
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2025

	2025 £	2024 £
Cash flows from operating activities		
Net income	896,259	1,171,785
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	2,123	3,885
Dividends, interest and rents from investments	(36,591)	(26,458)
Interest payable and similar charges	2,345	2,554
Accrued income	(30,749)	(47,867)
<i>Changes in:</i>		
Trade and other debtors	298,741	(748,928)
Trade and other creditors	(64,696)	(25,640)
Cash generated from operations	1,067,432	329,331
Interest paid	(2,345)	(2,554)
Net cash from operating activities	<u>1,065,087</u>	<u>326,777</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	36,591	26,458
Proceeds from sale of tangible assets	3,164	—
Net cash from investing activities	<u>39,755</u>	<u>26,458</u>
Net increase in cash and cash equivalents	1,104,842	353,235
Cash and cash equivalents at beginning of year	<u>2,537,286</u>	<u>2,184,051</u>
Cash and cash equivalents at end of year	<u>3,642,128</u>	<u>2,537,286</u>

The notes on pages 38 to 48 form part of these financial statements.

Involve Kent Limited
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England, Wales and Scotland. The address of the registered office is 30 Turkey Court, Turkey Mill, Ashford Road, Maidstone, Kent, ME14 5PP.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Involve Kent Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Involve Kent Limited
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Tangible assets *(continued)*

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles	- 25% reducing balance basis
Equipment	- 15-25% reducing balance basis and 33.33% straight line basis

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses.

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

Involve Kent Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

3. Accounting policies *(continued)*

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

Involve Kent Limited is a charity registered with the Charity Commission in the United Kingdom. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Donations	<u>12,263</u>	<u>2,458</u>	<u>14,721</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	<u>14,195</u>	<u>—</u>	<u>14,195</u>

6. Charitable activities - grants and service delivery contracts

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Income from grants and service delivery contracts	<u>4,729,285</u>	<u>767,784</u>	<u>5,497,069</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Income from grants and service delivery contracts	<u>5,274,375</u>	<u>1,103,513</u>	<u>6,377,888</u>

Involve Kent Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

7. Investment income

	Unrestricted Funds	Total Funds 2025	Unrestricted Funds	Total Funds 2024
	£	£	£	£
Interest - deposits	36,591	<u>36,591</u>	26,458	<u>26,458</u>

8. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Innovations & Pilots	—	49,394	49,394
Short Breaks - Connect	—	196,396	196,396
Care Leavers Service	—	100,740	100,740
Social Prescribing	—	228,902	228,902
Children's Innovation & Pilots	—	113,738	113,738
Unrestricted activities	3,498,479	—	3,498,479
Support costs	464,473	—	464,473
	<u>3,962,952</u>	<u>689,170</u>	<u>4,652,122</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Innovations & Pilots	—	20,324	20,324
Short Breaks - Connect	—	—	—
Care Leavers Service	—	79,964	79,964
Social Prescribing	—	287,657	287,657
Children's Innovation & Pilots	—	256,265	256,265
Unrestricted activities	4,077,282	—	4,077,282
Support costs	525,264	—	525,264
	<u>4,602,546</u>	<u>644,210</u>	<u>5,246,756</u>

9. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2025	Total fund 2024
	£	£	£	£
Innovations & Pilots	49,394	—	49,394	20,324
Short Breaks - Connect	196,396	—	196,396	—
Care Leavers Service	100,740	—	100,740	79,964
Social Prescribing	228,902	—	228,902	287,657
Children's Innovation & Pilots	113,738	—	113,738	256,265
Unrestricted activities	3,495,815	444,962	3,940,777	4,580,368
Governance costs	—	19,511	19,511	22,178
	<u>4,184,985</u>	<u>464,473</u>	<u>4,649,458</u>	<u>5,246,756</u>

Involve Kent Limited
Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2025

10. Analysis of support costs

	Support costs	Total 2025	Total 2024
	£	£	£
Staff costs	319,668	319,668	349,735
Premises	28,481	28,481	35,636
Communications and IT	18,965	18,965	17,830
General office	11,582	11,582	19,124
Human resources	18,630	18,630	6,762
Governance costs	34,247	34,247	22,178
Other support costs	32,900	32,900	73,999
	<u>464,473</u>	<u>464,473</u>	<u>525,264</u>

11. Auditors remuneration

	2025	2024
	£	£
Fees payable for the audit of the financial statements	<u>16,000</u>	<u>13,364</u>
Fees payable to the charity's auditor and its associates for other services:		
Other non-audit services	<u>9,000</u>	<u>8,814</u>

During the year, the company's auditor changed from Burgess Hodgson LLP to Burgess Hodgson Audit Limited following a change in legal structure of the audit firm. The responsible individual remains the same.

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025	2024
	£	£
Wages and salaries	3,181,664	3,581,056
Social security costs	288,428	320,853
Employer contributions to pension plans	70,001	78,008
	<u>3,540,093</u>	<u>3,979,917</u>

The average head count of employees during the year was 122 (2024: 142). The average number of full-time equivalent employees during the year is analysed as follows:

	2025	2024
	No.	No.
Charitable activities	115	133
Governance	7	8
	<u>122</u>	<u>141</u>

Involve Kent Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

12. Staff costs *(continued)*

The number of employees whose remuneration for the year fell within the following bands, were:

	2025 No.	2024 No.
£60,000 to £69,999	1	1
£80,000 to £89,999	1	1
	<u>2</u>	<u>2</u>

13. Trustee remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024: £Nil).

During the year, no Trustee expenses have been incurred (2024: £Nil).

14. Tangible fixed assets

	Motor vehicles £	Equipment £	Total £
Cost			
At 1 April 2024	71,106	27,996	99,102
Disposals	(7,500)	—	(7,500)
At 31 March 2025	<u>63,606</u>	<u>27,996</u>	<u>91,602</u>
Depreciation			
At 1 April 2024	59,453	27,996	87,449
Charge for the year	2,123	—	2,123
Disposals	(4,336)	—	(4,336)
At 31 March 2025	<u>57,240</u>	<u>27,996</u>	<u>85,236</u>
Carrying amount			
At 31 March 2025	<u>6,366</u>	<u>—</u>	<u>6,366</u>
At 31 March 2024	<u>11,653</u>	<u>—</u>	<u>11,653</u>

15. Debtors

	2025 £	2024 £
Trade debtors	625,338	617,306
Prepayments and accrued income	40,683	34,342
Other debtors	170,757	483,871
	<u>836,778</u>	<u>1,135,519</u>

For further detail regarding other debtors, see 21.f.

16. Creditors: amounts falling due within one year

Other creditors comprising of £71,519 (2024: £107,986) are amounts which are being held on behalf of third parties.

Involve Kent Limited
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

17. Other creditors including taxation and social security falling due within one year

	2025	2024
	£	£
Social security and other taxes	203,624	220,322
Other creditors	<u>85,131</u>	<u>122,459</u>
	<u>288,755</u>	<u>342,781</u>

18. Deferred income

	2025	2024
	£	£
At 1 April 2024	<u>—</u>	<u>8,325</u>

19. Pensions and other post retirement benefits

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £78,008 (2023: £64,428).

The defined contribution liability as the the year end is £14,473 (2023: £14,703) and is allocated to the unrestricted fund.

20. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024	Income £	Expenditure £	Transfers £	At 31 March 2025
General funds	2,163,520	4,778,139	(3,962,952)	73,524	3,052,231
Emergency Fund	218,763	—	—	30,327	249,090
	<u>2,382,283</u>	<u>4,778,139</u>	<u>(3,962,952)</u>	<u>103,851</u>	<u>3,301,321</u>

	At 1 April 2023	Income £	Expenditure £	Transfers £	At 31 March 2024
General funds	1,463,612	5,315,028	(4,602,546)	(12,574)	2,163,520
Emergency Fund	—	—	—	218,763	218,763
	<u>1,463,612</u>	<u>5,315,028</u>	<u>(4,602,546)</u>	<u>206,189</u>	<u>2,382,283</u>

Involve Kent Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

20. Analysis of charitable funds *(continued)*

Restricted funds

	At 1 April 2024 £	Income £	Expenditure £	Transfers £	At 31 March 2025 £
Community Projects	—	—	—	—	—
Care Leavers Service	(13,880)	351,932	(100,740)	(14,836)	222,476
Social Prescribing	97,477	305,047	(228,902)	(36,540)	137,082
Children's Innovation & Pilots	267,071	2,500	(113,738)	(21,737)	134,096
Innovations & Pilots	4,526	60,303	(49,394)	(3,739)	11,696
Short Breaks - Connect	480,000	50,460	(196,396)	(26,999)	307,065
	<u>835,194</u>	<u>770,242</u>	<u>(689,170)</u>	<u>(103,851)</u>	<u>812,415</u>

	At 1 April 2023 £	Income £	Expenditure £	Transfers £	At 31 March 2024 £
Community Projects	177,685	—	—	(177,685)	—
Care Leavers Service	82,344	—	(79,964)	(16,260)	(13,880)
Social Prescribing	145,498	307,777	(287,657)	(68,141)	97,477
Children's Innovation & Pilots	176,553	290,886	(256,265)	55,897	267,071
Innovations & Pilots	—	24,850	(20,324)	—	4,526
Short Breaks - Connect	—	480,000	—	—	480,000
	<u>582,080</u>	<u>1,103,513</u>	<u>(644,210)</u>	<u>(206,189)</u>	<u>835,194</u>

Involve Kent Limited
Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

20. Analysis of charitable funds *(continued)*

Fund descriptions

(a) Community Projects

Funded by a range of restricted grants from local authorities and charities, this programme reaches out to people facing significant social exclusion and inequality and supports them to be an active members of their community, through groups, activities and volunteering. It also includes work to gather feedback and insight on people's experience of mental health services to improve future service provision.

(b) Social Prescribing

A restricted grant from NHS Kent and Medway to develop social prescribing in West Kent, including provision of a community Link Worker service and support to other voluntary organisations to build community capacity and resilience.

(c) Care Leavers Service

A restricted grant from NHS Kent and Medway to pilot a navigation / social prescribing service for people aged 16-24 who have been in care, to improve their mental health and life opportunities.

(d) Childrens Innovation and Pilots Fund

A restricted range of funds from both grant funding and local authority funding to enhance the direct work available in the local children's services offer. These projects support both children and their families.

(e) Innovations & Pilots

A restricted range of funds from both local grant funding and local authority funding to deliver pilot and/or innovations projects either in new areas of work or to enhance existing areas of work. These projects are to support Adults over 16 years old.

(f) Short Breaks - Connect

A restricted grant fund from Kent County Council to provide short breaks to autistic children and young people aged 9 -18 and their parents or carers across Kent's 12 districts. The short breaks provided are fun activities, trips and groups, and provide parents/carers with a necessary and valuable break from their caring responsibilities.

The total grant amount is £480,000. This grant will be delivered over 24 months to March 2026.

Involve Kent Limited

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2025

21. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Tangible fixed assets	6,366	–	6,366
Current assets	3,562,640	916,266	4,478,906
Creditors less than 1 year	(371,536)	–	(371,536)
Net assets	3,197,470	916,266	4,113,736

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	11,653	–	11,653
Current assets	2,837,611	835,194	3,672,805
Creditors less than 1 year	(466,981)	–	(466,981)
Net assets	2,382,283	835,194	3,217,477

22. Analysis of changes in net debt

	At 1 Apr 2024 £	Cash flows £	At 31 Mar 2025 £
Cash at bank and in hand	2,537,286	1,104,842	3,642,128

23. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2025 £	2024 £
Not later than 1 year	50,680	49,348
Later than 1 year and not later than 5 years	63,871	114,551
	114,551	163,899

24. Related parties

D Simmons, a trustee, is employed at MetroBank, supplier of banking services to the Charity. D Simmons resigned as a trustee on 18 May 2025.

R Hewett, a trustee, is a Director at NHS Kent and Medway, who provide funding to the Charity.

Dr M Varshney, a trustee, is a Director at NHS Kent and Medway, who provide funding to the Charity.

INVOLVE KENT

England & Wales - Charity number 1066911

Accounts

COMPANY REGISTRATION NUMBER: 03449624

CHARITY REGISTRATION NUMBER: 1066911

Involve Kent Limited
Company Limited by Guarantee
Financial Statements
31 March 2024

Involve Kent Limited
Company Limited by Guarantee
Financial Statements

Year ended 31 March 2024

	Page	
Trustees' annual report (incorporating the director's report)	1	
Independent auditor's report to the members	21	
Statement of financial activities (including income and expenditure account)		25
Statement of financial position	26	
Statement of cash flows	27	
Notes to the financial statements	28	

Involve Kent Limited
Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2024

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2024 .

Chair's report

I would like to start by acknowledging the amazing achievements of Involve this year, during increasingly uncertain times for the voluntary sector Involve's innovative, evidence based, community partnership and values led approach has shone through and the organisation has continued to support even more people.

On behalf of the entire Board of Trustees I would like to thank the dedicated staff and volunteers who have worked tirelessly and in partnership with both communities, the health and social care sectors and other funders to expand, develop and sustain the organisation's impactful work. Over the last year we have seen Involve continue to reach more people in new and creative ways which are centered on the needs of those we support. The mobilisation of the Dynamic Support Advocate service and the Kent wide Short Breaks project has extended our offer to young people providing high quality intensive support, co-produced groups, activities and peer support across Kent.

Our work with carers has also grown and developed this year. The co-production of the 'Caring and Me' courses is a testament to the community partnership approach that Involve has developed. This year over 1100 previously unknown carers were identified through the work of the team, enabling them to access statutory assessment and support for the first time. The Board are acutely aware of the amazing contribution unpaid carers make to both the people they care for and our wider society and supporting those who dedicate their lives to caring for others is of critical importance to the work Involve does.

This year we have also seen primary care further recognise the importance of using social prescribing to address the holistic needs of their patients. A total of 92% of Primary Care Networks have re-contracted Involve to provide navigators and link workers and we are committed to working with these partners to further support addressing health inequalities and system pressures. We also now have social prescribing services in hospitals supporting discharge as well as in community settings directly addressing the root causes of inequalities. We are proud to be one of the largest providers of Social Prescribing Link Workers in the country and as leaders in this sector we are committed to contributing to helping to shape local and national policy in this area. This year the Board took the decision to change the Articles of Association of Involve Kent in order that we can expand our support to communities outside of Kent and Medway.

I would also like to mention in my report just a few other highlights from the year. Firstly, our award-winning engagement work to explore maternity based health inequalities is an area of work that the Board are particularly proud of. We hope to develop our engagement work and amplify the voices

of our communities to policy makers more and more in the coming years. I would also like to acknowledge our Community Navigation and Actively Involved services which make a real difference to the lives of the over 55s (plus under 55s with long-term health conditions). These services address the epidemic of loneliness in our communities and support people to live independently for longer. Despite uncertainty of the continuation of funding for a number of services, staff have continued to demonstrate the highest levels of professionalism and unwavering dedication for which the Board are hugely grateful.

This year Involve also developed its partnership work and, as well as subcontracting over 48 VCSE organisations, we now also lead the West Kent Health and Care Voluntary Sector Alliance, working with other organisations who deliver vital services to support the important role the sector plays in the health and social care market.

As we move into the new financial year we are delighted to appoint Gary Wells as our new Chief Executive Officer. Gary will over the coming year work with the Board to further shape Involve's strategy to continue to evolve and reach even more people.

Thank you for taking the time to read this year's annual report. I hope you will see the true impact Involve continues to have across Kent and I look forward to seeing this extend over the coming year.

Richard Leicester

Reference and administrative details

Registered charity name	Involve Kent Limited	
Charity registration number		1066911
Company registration number		03449624
Principal office and registered office	30 Turkey Court Turkey Mill Ashford Road Maidstone Kent ME14 5PP	

The trustees

J F P Bennett
A D Fairhurst
D R Simmons
R Hewett
C R F Hickson
R Holweger
R Leicester, Chair
D M O'Donoghue

J M Benson (Appointed 18 January 2024)

S Hathaway-Batt (Appointed 18 January 2024)

J M Fenn (Appointed 18 January 2024)

Auditor

Burgess Hodgson LLP
Chartered accountants & statutory auditor
Camburgh House
27 New Dover Road
Canterbury
Kent
CT1 3DN

Bankers

Metro Bank PLC
One Southampton Row
London
WC1B 5HA

Structure, governance and management

CEO

Throughout this year, Involve has continued to innovate, expand and develop its work in partnership with communities throughout Kent and Medway, reaching more individuals with personalised support than at any time before.

In the last year loneliness remained high in our communities with 50% of the people Involve supported initially reporting that they always or often feel lonely, in comparison to 7% as a national average . In addition, 19% reported that they feel lonely some of the time, meaning a staggering 69% of Involve's community experienced loneliness and/or isolation, which we know has a significant impact on mental and physical health, cognitive health, vulnerability and life expectancy.

Involve tackles loneliness by working with all clients in a person-centered way, exploring their interests, hobbies and passions and then helping them to connect to their communities. This enabled people to build long-term connections and lasting peer support networks. This year, I had the privilege of experiencing people of all age groups coming together to form new communities, whether through shared experiences, conditions, passions or interests, and I have been struck by the immense power and impact of something as simple as connecting people.

In this year communities across Kent continued to face the challenge of high inflation, with prices of essential goods and services continuing to increase. In this period, Involve supported 49% of our clients with managing their household finances. In a stark increase from the previous year, 10% of the people we supported reported that they had gone without food or heating due to a lack of money. Our staff worked hard across all services to address the impact of relative poverty on communities' health, wellbeing, education, mental health and access to services. To support our communities, we worked closer than ever with food banks, schools, individual grant giving trusts, energy providers, councils, and specialist voluntary sector partners to ensure adults and children have access to secure housing, food and energy.

At Involve we are acutely aware of growing social and health inequalities which are exacerbated by access to services, opportunities and support. We worked closely with NHS Kent and Medway to explore both the barriers to service access and opportunity and champion community involvement as an approach to narrowing health inequalities. Our award-winning innovative work with communities to explore the complex reasons why women from black ethnic backgrounds are four times more likely to die during pregnancy or up to six weeks after childbirth compared to white women is a stark reminder of the inequalities that remain in our systems. Involve believes that the voluntary sector has an important role to play in both challenging and addressing health inequalities, including through better community engagement, gaining insight and understanding into the barriers facing communities and then influencing change, including through collaborative work with system leaders.

This year, I am especially proud of the way in which Involve and its communities have collaborated and innovated. Our Hospital Technology project explored using new technology to support people being discharged from hospital, with great success. Our Personal Health Budgets pilot led the way in demonstrating the impact of giving families choice and resource to support improvements in young people's health and wellbeing. Our residential trips with young people helped build new communities and our development of green social prescribing helped build connections around nature and community spaces which saw residents take ownership of their local shared space. In addition, our Community Navigation programme provided intensive support to some of the most vulnerable members of our community, ensuring they can live independently for longer.

This year, we developed and diversified our offer for children, carers and older people, putting on co-produced activities and groups through both our Links! and Connect! programmes for young

people, and our Actively Involved project for older people. At the end of this year, we extended our Connect! offer by winning a Kent wide Short Breaks contract. We are also now able to support neurodiverse young people more intensively through winning the Dynamic Support Advocates contract across Kent.

Our work supporting 5,934 unpaid carers helped us to identify over 1,100 previously unknown carers. Through Carers' Forums we provided information and support to carers whilst intensively listening to them, allowing us to adapt services to better meet need, including developing and running a co-produced training programme 'Caring and Me'.

Our social prescribing work in primary care was renewed with 92% of Primary Care Networks offering repeat contracts to Involve to provide Social Prescribing Link Workers and Children's Health and Wellbeing Navigators, a testament to the amazing work of our staff in GP surgeries. We now have social prescribing in secondary care through our hospital social prescribing programme as well as having link workers in the community directly addressing health inequalities. Our role as the biggest provider of social prescribing in the country continues and we continue to influence both local and national policy in this area.

In this year the staff team at Involve supported 26,655 people through over 35,000 face-to-face contacts and over 133,000 telephone calls. I would like to recognise the hard work and dedication of the entire team of staff and volunteers, who with support from the Board make our work possible. In addition, I would like to pay tribute to our 48 delivery partners on the Actively Involved programme who ensure specialist and diverse support and activities are available to our communities.

As we head into more uncertain times for both Involve and its communities, with further public and voluntary sector funding challenges looming on the horizon, we do so with immense optimism. Involve has a strong community partnership approach, we work with people as individuals, we use and develop evidence-based approaches, we are adaptable and innovative and we are a system leader in measuring real impact and system usage saving. We remain resolute in this approach and I am determined that together we will ensure that people in the community receive the support they need, in the way they need it and at the time they need it. I am privileged to lead the organisation forward as its new permanent CEO.

Gary Wells

Objectives and activities

Our Vision

Healthy, connected people and communities.

Our Mission

Promoting Choice

Connecting People

Challenging Inequality

Our Services

Supporting Unpaid Carers

Social Prescribing (all age groups)

Supporting Older People

Supporting Children and Families

Supporting Young People

Facilitating Groups and Activities

Community Engagement

Supporting other VCSE Organisations

Transport

Data and Impact

At Involve we are committed to measuring the impact of the work we do with individuals and communities in the most academically robust way possible. We do this by both collecting and analysing the stories of the people we support, and by asking people a series of questions before we start working with them and then again 12 weeks later. This mix of qualitative and quantitative data enables us to link our support to improved outcomes for the people we work with. In addition, we collect data on demographics to ensure that we are inclusive, accessible and that our work is effective with all social groups.

Between April 2023 and March 2024, Involve supported 26,655 people. 68.2% of clients reported having a disability or long-term health condition, 60.2% identified as female, 23.5% were carers. The age range varied with 51.9% being over 60 years old, 25.1% between 25-60 years old and 19.8% under 25 years old. In addition, 7.7% of the people we supported were from non-white British backgrounds.

Our primary aim is to support people as individuals in the most person-centric way possible. We use a 'what matters to me' approach, meaning that improvement can be varied, individual and hard to tangibly measure and compare. To provide robust impact evaluation, we measure wider impact indicators including health, wellbeing, loneliness, physical activity levels and resilience to problems. By measuring these indicators with large numbers of people we can measure and impartially demonstrate the impact of our work.

To measure wellbeing, we use the Office of National Statistics (ONS) wellbeing tool. This is an objective measure that allows us to baseline our datasets against national ONS population data. On average our clients scored 5.46 out of 10 on happiness, life satisfaction and worthwhileness; the national average for these is 7.7. The national average for anxiety is 2.93 and our clients average 4.95. This demonstrates that we are reaching the right people in our communities - people feeling low, dissatisfied with life and anxious.

Our data shows significant improvements in wellbeing, health and problem solving, with average

scores increasing by 23.2%, 13% and 18.68%, respectively. Clients saw an average decrease in anxiety of 23.3%. For those who increased their physical activity, there was an increase of 74 minutes per week per person. These increases in scores show Involve services have a positive impact on the people we work with.

Designing our own impact tools gives us the flexibility to respond to current events, challenges, or topical issues. The cost-of-living crisis continued to be a concern for many of our clients and those in our communities. In 2022 we introduced new questions into our monitoring and continued to use these through 23/24. In this reporting year we found that 48.5% needed financial inclusion support, and 10.1% had to go without food or heating due to a lack of money, 18.8% said they were often worried about money. Only 23.3% said they never worry about money.

At Involve we strive to collect meaningful data that truly reflects the value of our services. Adapting our tools to include topical themes is just one of the ways we can innovate. As we move forward, we will be seeking new ways to collect, analyse and explore our data, making us a leader in creating an evidence base for the sector.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Achievements and performance

Our Work and Delivery - Jane Thomas Director of Services

I am incredibly proud that our dedicated staff teams supported 23,318 adults (5,934 of whom were caring unpaid for a family member or friend) and 3,517 children during April 2023 to March 2024. Our outreach approach into communities and areas of deprivation and our ever-growing integration in health and social care settings has enabled us to support more people than ever before.

This of course has also come with some challenges for us. More safeguarding issues being identified varying from self-neglect to identifying adults at risk from abuse from others. We work closely with Social Services and Kent Police to report those issues where appropriate and continue to work alongside people and their families to try and build trusting relationships, to offer support as needed and reduce the risks they may be facing.

We identify and support more adults and children living in poverty, including food, energy poverty and unsuitable housing. We witness the impact that this has on their health and wellbeing, and this drives our commitment further to reduce inequalities. We work closely with foodbanks, energy providers, councils, and voluntary sector partners to ensure adults and children have access to food, can heat their homes and have access to housing. Some of our staff recently completed Money Guidance training and are now putting that knowledge into practice in the communities of Kent.

Our collaborative approach to personalised care with people, our professional curiosity, our engagement approach of ensuring we engage in the way people want us to, and a strong focus on "what matters to me" has enabled us to build relationships with people who may distrust statutory services or have not engaged with other services previously.

Our staff take time to listen, and work with and alongside people. Focusing initially on what is already strong in their lives and how this can be built on, their interests, abilities, networks if any, rather than making any deficit the initial focus. Supported to have choice and control over their lives and what they may need to live a good life. Helping them to set their own goals and support needed.

We continue to advocate for and support Carers (those caring unpaid for a family member or friend) ensuring their voices are heard at our forums or supporting them to engage at NHS and KCC consultations ensuring their views around future services are heard. We also held an event at our Head Office which was broadcast to KCC staff assisting the practice development team at KCC, involving Social Services and carers who had accessed our services who gave their views on their experiences to upskill KCC practitioners.

We are delighted that our work with children and young people has been able to be expanded further throughout Kent during 2024 and we are excited to see the results of more innovative, coproduced activities for children and young people who are neuro-divergent enabling them to have fun, improve their wellbeing and find their tribe, while their parents or carers have a break.

We continue to build excellent relationships with Commissioners, funders and those who use our services and work with them collaboratively and innovatively to ensure we continue to excel at providing high quality services with positive outcomes for people, their families, carers, and children who access them at the best financial value for our funders.

Our Services

Community Navigation

Funded by KCC, this service enables people 55 and over or with complex health to connect to services and have support to improve their health and wellbeing, including their home environment. This manages demand on NHS and social care.

Our Navigators support people with:

Assessment and identification of community equipment and assistive technology needs.

Help and advice including entitlements, making referrals and form filling.

Enabling people to identify services within their local community and where appropriate, facilitate purchasing of services, such as care at home to meet goals and short- and long-term needs.

Access to health and social care systems (statutory and non-statutory) where needed and no community alternative. Working closely with teams and organisations to make referrals.

Actively Involved

Funded by KCC, this service supports people aged 55 and over (or under with complex health) living in West and North Kent to access peer groups, activities, exercise, and information. To reduce loneliness, increase independence, reduce risk of deterioration, frailty, and the need for reliance on formal services. It is strongly focused on maintaining social and physical independence and supporting people to access their community. The service is not time limited; it is designed to support their fluctuating needs to prevent crisis and reduce demand on social care and NHS.

There are currently two strands to the service; people with a level of care and/or support needs are supported by our Involve staff; they have a personalised support/ action plan which assesses their mobility, anxiety, care and support needs and their interests, and activities and support is tailored around these.

Our Activity Coordinators support people by creating with them local coffee mornings, lunch clubs and other peer groups where people may have common interests.

People with lower levels of need are supported by a network of our 46 voluntary sector partners who are contracted to provide a diverse menu of local activities, such as social groups, art, nature, leisure, and exercise.

These regular social events encourage social connection and a sense of community. Where it is possible people are encouraged to be physically active, access their communities and build relationships, all of which contribute to healthy living.

8,446 people supported during April 2023 to March 2024

92% with a long-term health condition or disability.

Social Prescribing

Many things affect our health and wellbeing and cannot be treated by doctors or medicine alone. 80%

of our health is attributed to social factors, for example our housing, income, education, and our behaviours including our diet, how much we exercise, drink alcohol or if we smoke.

Social prescribing provides non-medical support by connecting people to services and activities to address these challenges, and other unmet needs. The aim is to support people to address their needs holistically, using a person-centered approach that focuses on "what matters to me". Giving individuals a greater sense of control over their health and wellbeing.

Involve continues to lead across Kent with social prescribing development. Working closely with Primary Care Networks, the NHS and now acute care enabling GPs, nurses, and other medical staff to refer people to a Link Worker to help them access non-medical support to improve their health and wellbeing.

Social Prescribing from GP Surgeries

Our Link Workers are based in over 60 GP surgeries across Kent. The service has diversified to include Health Coaches and Link Workers with specialisms, such as mental health, cancer, and palliative care.

GP Link Workers typically support patients for up to 3 months. This may include home visits and accompanying people to introduce them to services and activities. We work with many other community groups, partners and charities promoting their services directly and helping them to accept referrals for people with health issues to take part.

We are also embedded within the new Integrated Neighbourhood teams in Kent and have been an essential member testing new multi-disciplinary team approaches to care and support for patients.

5,131 people supported

Life satisfaction increased by 31%

Social Prescribing in the Community

Funded by NHS Kent and Medway, we have worked innovatively and collaboratively with Commissioners to ensure this work is focused on those most at risk of health inequalities in West Kent. Taking social prescribing directly into communities experiencing housing insecurity, poverty, mental health illness, disability, language, or cultural barriers.

Our 5 Link Workers take an outreach approach visiting food banks, advice centres, working with councils, secondary care, and global majority groups and religious venues. We have been able to support people experiencing the most adversity and inequalities. The support is given over a 3-to-6-month period.

Practical support is offered by applying for grants for people to purchase food, bedding, cooking equipment or pay energy bills. Support to register with a GP and/or dentist and access housing and benefits.

Helping You Home

Helping you Home is funded by Maidstone Borough Council and delivered in partnership with Maidstone Hospital. Coming home after a stay in hospital can be a challenging time for people and their families. Their circumstances may have changed, and they may now need adaptations or changes made to their home swiftly to aid a safe discharge home. It could also be that their home was a factor in their admission.

The service is practical and works with people in Maidstone to ensure their homes are made safer and more accessible for them. This can also help to prevent future hospital admissions.

We carry out a Home Safety Check prior to hospital discharge, help with moving furniture such as moving a bed into the living room, where a person needs downstairs living space or fit a key safe to ensure care workers can access the property to provide the support a person needs if they cannot answer their door safely.

The service provided supports the person's quality of life and reassures family members or carers of their safety on discharge.

Postural Stability

Our Postural Stability programme can help those who have had a fall, or those who are limiting what they do because they are worried about falling, to feel steadier on their feet and more confident to get around on their own. Specialist exercise classes are offered in community venues across North and West Kent by our qualified instructors who guide the class through gentle and progressive exercises each week to build strength and improve balance. Everyone is encouraged to progress at a pace that is comfortable for them and, when they feel confident, they learn techniques to get up from the floor safely should they have a fall. After the exercises there is always time to chat over a cup of tea or coffee, and there is an opportunity for speakers to come along and talk with the group about staying fit and well and keeping safe at home.

This year, referral numbers and demand for postural stability has again grown. To meet the rising demand, we recruited and trained an additional Level 4 Postural Stability Instructor and increased our team of volunteers who generously give their time every week to support the PSIs. We ran six 36-week programmes and piloted two further 52-week 'rolling' programmes. 146 people joined a programme this year, with 261 clients supported in total, including those who continued classes that began in 2022/2023.

76% of those who started the programme completed the full 36-week programme.

82% of those who completed the programme reported that they maintained or improved their confidence levels around mobility from their first assessment.

89% of those who completed the programme maintained or improved their functional fitness test scores from their first assessment.

Transport

Our Community Transport Service provides accessible, affordable, and reliable transport for people living in Maidstone and Malling who cannot manage on public transport because of their age, frailty, disability, or injury. Journeys can be to anywhere in the UK and are not restricted to medical appointments. Our service enables people to go shopping, attend social groups and activities, or simply visit friends and family independently.

Our Transport Coordinator, Tracey, is supported by a team of incredible volunteers which has increased this year to 40 regular drivers and 4 office support volunteers. The drivers use their own cars or, if they have the appropriate licence, can drive either of our minibuses to take larger groups to organised activities, such as group coffee mornings, exercise classes or our Actively Involved outings.

Demand for community transport remains high, 20 enquiries each day on average, with new clients registering for our service every week. This year our volunteer drivers supported 850 clients and made 7882 journeys. These journeys include the minibus trips with up to 10 passengers and, whenever possible, passengers will share journeys in the driver's own vehicle too, which enables us to help more people and keeps costs as low as possible for each passenger, whilst supporting our commitment to working in an environmentally friendly way.

We would not be able to provide this service without our wonderful team of volunteers and we continuously receive letters and emails from clients and their relatives to express their thanks and tell us what great ambassadors our volunteers are for Involve.

In December, we were pleased that so many of our volunteers were able to join at the Bowlplex and for lunch afterwards at the Thai Orchid to celebrate their contribution to Involve and the difference they make to so many people.

Green Spaces

In April 2023, we launched our Green Spaces, green social prescribing project in partnership with Maidstone Borough Council. With a strong focus on wellbeing, the project supports Maidstone residents to get involved in gardening activities in the town centre green spaces to help keep them feel connected to their community. All volunteering sessions are led by our qualified and experienced gardener who is always on hand to share helpful advice and tips.

28 volunteers joined us to take part in regular volunteering events during the year.

100% of volunteers said they enjoyed taking part and that it increased their sense of wellbeing and feeling connected in the community.

A total of 87 supported volunteering sessions took place at regular sessions at Maidstone Community Support Centre Community Garden, Brenchley Gardens, Trinity House, The Millenium Amphitheatre and Rose Garden, and Maidstone Museum. The town centre planters at Week Street were refreshed with new plants twice by our wellbeing group at MCSC.

Carers (those caring unpaid for a family member or friend)

In the 2021 census 158,512 unpaid carers were identified across Kent and Medway. At Involve we are funded by Kent County Council in the areas of Maidstone, Tonbridge and Malling, Tunbridge Wells and Sevenoaks (excluding Swanley) to provide assessment and support to any carers 16 and over who are providing unpaid care to an adult family member or friend who due to physical or mental illness, age related difficulties, or an addiction cannot manage without their support.

This involves completing carer's needs assessments on behalf of KCC social care and developing support plans with carers to meet their eligible needs, assisting with hospital discharges, ensuring access to correct information and entitlements, access to training, breaks from caring, emotional support and much more.

We also provided Carers with short breaks from their caring role where their health was being impacted using health funding in innovative and personalised ways to improve a Carer's health and avoid Carer breakdown:

306 Carers received a short break from Involve's brokered network of 34 providers.

469 Carers also received brokered services to support them when they or the person they care for were discharged from hospital.

5934 carers supported

78% reported a long-term health condition or disability of their own

Community Support for Carers

Training

We were excited to start our new Caring and Me courses, developed with feedback from carers about what they needed. The courses take place either face to face or online with an evening option for working carers or those who find daytime difficult. They are facilitated by our Engagement and Training Coordinator Nic.

The 6 weeks of sessions cover:

- Sharing ideas (getting to know each other and practical steps)
- Navigating wellness (ways to look after yourself)
- Navigating finances (looking at benefits, grants, and budgets)
- Navigating support (emergency planning and support services)
- Navigating difficult days (coping with stress and having tender conversations)- Round up (social opportunity and time to reflect on the course)

At the end of the courses the carers have also built connections and peer support, and many have continued to meet up and stay in touch.

We have also been pleased to offer anticipatory grief workshops and are looking forward to our partnership with NRS Healthcare to offer manual handling training to carers.

Forums

Our quarterly Carer Forums have proved increasingly popular. Ensuring carers have their voices heard with an array of interesting speakers and working alongside KCC and the NHS to ensure carers can feed into future strategy and planning of services. They are also a great social event, and many people make new connections with the other carers there too.

Hospital Discharge

We work in partnership with Maidstone and Tunbridge Wells Hospital Trust to identify and support carers. During April 2023 to March 2024, we identified and supported 1065 carers with information, advice, emotional support and of their right to a carer's needs assessment via Involve. Of those 469 received practical brokered support from our hospital discharge funding, this included a variety of night sits to enable them to sleep, sit calls to enable them to rest or go out, help with shopping, domestic and or laundry.

Young Adult Carers

We were pleased to welcome a new team member Chelsea who has focused on working with Young Adult Carers aged between 16 to 25. A proactive approach of outreach work with colleges, youth services and young carer organisations has resulted in more young people being identified and supported through transition in their caring role.

They meet at our face-to-face groups, and we have been able to provide some activities and events throughout the year for them to have a break, meet others in a caring role and have fun. 121 support is available and access to a carer's needs assessment from age 18.

Hospital Social Prescribing

Our latest social prescribing service is in partnership with Maidstone and Tunbridge Wells Hospital Trust working onsite with hospital staff to support patients being discharged from hospital with any non-medical social needs and to reduce unnecessary attendance at A&E or unplanned hospital admittance in the future.

Support is provided for up to 6 weeks from discharge by a Link Worker and includes practical support and a focus on "what matters to me".

Patients referred have often been very vulnerable and, although medically optimized, not able to deal with tasks themselves. A signposting and referral approach alone does not work when people are

isolated and newly discharged. Staff have home visited and worked alongside discharged patients 121 intensively to support them with:

Accessing food including picking up from food banks, medication, charging or helping them switch electricity and gas.

Digital inclusion - helping access laptops and internet, supporting them to purchase items needed online and setting up home shopping for them or direct debits to access better rates for utilities.

Purchasing beds, clothing, and other household items.

Setting up care and support at home where identified a self-funder for care or needing support with cleaning or laundry.

Completing benefit, housing, and any forms that they struggle with.

Supporting them with telephone calls and emails to access appropriate support.

Referring them to services and activities and supporting them to access them as needed.

520 patients supported during April 2023 to March 2024

Anxiety decreased by 40% and life satisfaction increased by 25% after practical support from a Link Worker

Hospital Technology

We were also excited to be a part of a pilot project funded by Kent County Council up until April 2024 and in partnership with Maidstone and Tunbridge Wells Hospital Trust testing the use of technology for people on discharge from hospital.

The aim of the project was to:

- Enable more timely discharge from hospital and prevent readmission into hospital- Enable people to live as independently as possible and reduce social isolation- Promote the use of assistive technology a person may already have in their home and prescribe technology that may assist them to be more independent and socially connected - Encourage people to feel confident with the use of technology and reduce digital exclusion

We were also able to purchase a stock of equipment that could be quickly given to the person after meeting with them to identify their needs. This varied from LED strip lighting for stairs to hydration cups to avoid dehydration and Echo Shows.

Connect!

Innovate - Develop - Grow

In 2021-2022 Connect! developed an innovative service for neurodivergent children and young people which led to 2 further years delivering the Connect! service to autistic 11-18-year-olds as a Kent County Council Short Breaks offer in Maidstone and Tonbridge & Malling districts.

Demand grew through 23-24 and Connect! continued to be a highly popular service reaching full capacity with 254 children and young people joining the programme. Our new Youth Programme Coordinator Penny provides a creative and dynamic programme of activities. Penny's engagement enabled Amelia Kury to step into the role of Children's Project Manager where she further developed our plans for innovation and growth in our Children's Services.

We provided a wide variety of fun activities that focus on:

- Having fun
- Creating connections
- Building confidence, resilience and well-being
- Giving parents/carers a break
- Meeting others to share experiences

Total hours delivered 302

Number of activities 116

Evaluation showed that young people's wellbeing increased by an average of 23% and sense of being connected to their peers by 24%

Free 2 Be Me

Funding from Shaw Trust enabled us to create Free 2 Be Me, addressing a need within the neurodivergent community to have a non-judgmental, safe space explore LGBTQ+.

We held 8 'Free 2 Be Me' sessions at the Involve Hub in The Mall, Maidstone. 6 young people attended regularly. Young people were aged 17-18 and 5 identify as trans/non-binary.

Thanks to funding from Wards Barnados fund and a free of charge residential stay gifted by Lower Grange Farm, we offered 2 residential trips in October 2023 & March 2024. 29 young people enjoyed a wide range of fun challenges and activities over 3 nights. This was a first for Involve and a first for the young people, most of whom had never stayed away from home before.

- They overcame many anxieties
- Developed their independence
- Made friends and memories
- Discovered a sense of belonging
- Gave their parents a break!

Dynamic Support Advocates

In July 2023 Involve were awarded the contract for the Dynamic Support Advocates service by Kent County Council. An acknowledgement of Involve's experience and expertise working with and advocating for neurodiverse children, young people and their families. Also, our knowledge and insight around providing personalised support in complex cases requiring a flexible, holistic approach. We are delighted to have 5 experienced Advocates and a lead Advocate who also all have lived experience, working to support the children, young people and their families.

The Dynamic Support Service supports 10-25-year-olds who:

- Have a confirmed diagnosis of learning disability and/or autism, or are on the pathway for an autism assessment -
- Have experienced that the local offer of services and support cannot currently meet their needs -
- Are open to social care as well as children and young people's mental health service.

And are:

- At risk of admission into a specialist mental health facility
- At risk of 52-week placement breakdown, or
- At risk of detention in the criminal justice system with forensic involvement

The Dynamic Support Advocates range of support includes:

- Building trusting relationships especially where children, young people and their families feel let down by services
- Flexible home and/or community-based visits with children, young people and their families -
- Co-producing personalised action plans to support goals, aspirations and wishes to be

achieved - Advocating for children, young people and families to ensure their voices are heard across the system - Accessing funding, training and strategies to support the child or young person's action plan - A trusted, key worker role that ensures the child or young person remains at the centre of their care

In 2023-2024 Dynamic Support Advocates worked with 56 children, young people and their families to provide advocacy and emotional support and guidance.

Children's Health and Wellbeing

This is Involve's fourth year providing social prescribing, care navigation and coordination to families via our Children's Health and Wellbeing Navigation service. The service offers long-term support, helping families to coordinate referrals and care, giving information and advice, and acting as a key point of contact for the family and their support network.

Navigators are based in GP practices and work with children from 0-18 (up to 25 with SEND (Special Educational Needs and Disability)) and their families and carers where the child has a long-term health condition. Neurodivergence (such as autism/ADHD) and mental health issues are the primary reason for referral, reflecting the significant challenges currently faced by the support services for these conditions across Kent and Medway.

Navigators develop a personalised support plan with wide ranging actions. We take the time to listen and support families with what matters most to them. From navigating the statutory services and diagnostic pathways to recognising the needs of the child to be a child first, we support them to achieve their goals, wishes and desires.

This insight enables the service to add value across the system. Navigators advocate as the voice of children and their families, feeding back the challenges and gaps in support. The service is represented at the Kent and Medway's Children and Young People social prescribing workforce Community of Practice, neurodiversity transformation programme and tests innovations such as Personal Health Budgets and Primary Care Children's and Young People Multi-Disciplinary Teams.

64% report an increase in ability to deal with problems

3,464 families supported

NHS Personal Health Budgets

During Year 2 of the Kent and Medway NHS Personal Health Budget pilot we concluded our project to test and evaluate whether a personalised budget improved the wellbeing of children and young people whilst navigating neurodiversity support and diagnosis pathways. 236 children were supported to receive a Personal Health Budget based on what matters most to them.

Involve's team of Children's Health and Wellbeing Navigators based in GP practices referred families into the pilot reporting that cost/funding was often a barrier to accessing equipment, items, and services for children in the early stages of the support pathway. It was recognised that particularly in the case of neurodiversity, a personalised approach was key to successfully meeting the specific needs of individuals.

Working alongside Kent County Council's Dynamic Support Service the crisis prevention funding was aimed at supporting young people at risk of requiring (Specialist Mental Health Provision) intervention or being discharged and supporting their smooth transition back into a community setting.

We designed and executed a programme that was accessible and swift to respond with informed, creative, and innovative solutions. Delivery was based around two funding streams and referral pathways, coordinated, managed, and evaluated by Involve's Children's Project Manager.

Early Intervention Funding

Sensory items were the most requested items. Funding for hobbies, therapies and sports were also popular. -

Emotional wellbeing increased by 53%

- Social wellbeing increased by 42%

Crisis Intervention Funding

- Emotional wellbeing increased by 39%

- Social wellbeing increased by 33%

Moving Forwards

Involve's third year supporting Care Leavers funded by Kent and Medway NHS has seen the project go from strength to strength. 110 care experienced young people benefited from our personalised approach and specialist understanding of the barriers and challenges care leavers face.

Learning to budget and keep on top of bills, managing the challenges of engaging in work, education and independent living while keeping healthy and building friendships and social networks is a challenging experience for any young person. Moving Forwards recognises the particular difficulties care leavers may face and works to overcome them while building resilience to move forward confidently into their future.

The ways we support:

- One-to-one approach, taking time to listen to what matters to them most- Creating a personalised, goals based Action Plan

- Co-producing a Crisis Plan

- Practical support with budgeting, accommodation, attending appointments, form filling.- Ensuring GP registration

- Providing personal budgets to help develop hobbies and interests and achieve aspirations- Creating social opportunities for care leavers to meet their peers and develop friendships

51% increase in happiness

81% of care leavers reported being able to deal with problems better

Activities and Personal Budgets

Care leavers attended 12 activities including: Theme parks, zoos, watersports, and a pantomime. Funding for a variety of interests and hobbies was provided to 14 care leavers for gym membership, sports training, event tickets etc.

Supporting the Voluntary Sector

Our partnership programme with over 50 charities and voluntary organisations has strengthened and continued to grow. We proudly work together to provide an extensive choice of accessible and culturally diverse activities and specialist support services for older people across North and West Kent. Our partnership portfolio of social, exercise, arts, and nature-based opportunities ensure that a wide variety of interesting group activities to suit all interests are locally available, and include arts classes, fishing, specialist exercise classes, craft groups, gardening and horticultural activities, nature walks, singing, theatre activities as well as many drop-in social groups.

A total of £452,753 was secured for our VCS partners, strengthening the sector and providing resources to support communities. Our Social Prescribing Community Fund awarded an additional £25,000 to voluntary groups and organisations in West Kent to develop activities and provide volunteer placements.

In Spring 2023 we launched the West Kent Health and Care Voluntary Sector Alliance, a forum that brings together the VCSE in West Kent to work more closely with health systems. Throughout the year we delivered several online meetings to discuss topical issues, plus additional workshops that focussed on how we can address the barriers to wider system working. Findings from the workshop were developed into a paper which was shared with the West Kent Health and Care Partnership, who supported our recommendations for actions to address these barriers and work closer with the VCSE.

NHS Core20PLUS5 Community Connectors

The NHS England Core20PLUS5 programme aims to reduce inequalities in underserved and vulnerable communities. Focussing on those in areas of highest deprivation, and in health groups including ethnic minorities, those experiencing homelessness and traveller communities, the programme seeks to reduce inequalities in five clinical areas: serious mental illness (SMI), hypertension, respiratory diseases, maternity and early cancer screening.

There are stark inequalities in maternity care in England, with women from black ethnic backgrounds four times more likely to die during pregnancy or up to six weeks after childbirth, and women from Asian ethnic backgrounds are twice as likely to die, compared to white women. Women living in the most deprived areas continue to have the highest maternal mortality rate compared to those living in the least deprived areas and 12% of women who died during or up to a year after pregnancy in the UK in 2019-21 had multiple severe disadvantages (MBRRACE-UK: Saving Lives, Improving Mothers' Care report 2023).

In Spring 2023, Involve partnered with Kent and Medway ICB to deliver engagement work in North Kent (Dartford, Gravesham and Swanley) that offered Community Connectors - active members of the community that could collect feedback about maternity care and act as a point of information for pregnant women and new mothers in the area. The service was led by our Engagement Officer who developed meaningful relationships with people in the community, including at children's centres, in community venues, at foodbanks, at mother and baby groups and other key services that might be used.

Along with volunteers, our Engagement Officer spoke to over 320 women in North Kent about their experiences with maternity services. Volunteers were given information produced by the NHS to share with pregnant women in their communities to ensure that women were accessing services available to them. This information was also left in places such as foodbanks, where it could be accessed discreetly by those that needed it.

The feedback collected was analysed and included in our report that has been shared with the Kent and Medway Local Maternity and Neonatal System (LMNS) to support changes and improvements in the system. Volunteers have been invited to join the Maternity and Neonatal Voices Partnership, a forum that brings together service users to ensure that their voices are heard in service provision.

This one-year project was an excellent example of partnership working across systems. We worked closely with the LMNS in addition to the Kent and Medway Engagement Team, ensuring that findings were shared with relevant stakeholders and that the women we spoke to would have their voices heard. The work was awarded with a Healthwatch Recognition Award for Excellence in Consultation and Engagement.

Financial review

Treasurer

The financial year to 31st March 2024 saw continued prudent management of Involve's financial position.

The uncertainties around potential funding cuts to some of our core services are an ongoing challenge as we must prepare for the impact to our financial strategy and staff. Until we have more clarity (not now expected until early 2025), we continue to support our service users and explore every opportunity to secure future funding where possible.

Renewal of most of our PCN contracts this year has been a welcome sign and reinforces the great work that Involve carry out in delivering social prescribing across Kent.

The finance team continue to evolve process and financial reporting to allow Trustees clear oversight. This allows for collaborative and supportive discussion at our regular Finance sub-group and Board meetings.

Many thanks to Gary, Jane & Jo for their thorough and dynamic approach during the last year.

Duncan Simmons

Head of Finance

The financial year was one of continued growth, achieving £6.4m income, an increase of 23% on the previous year of £5.2m. With continued careful monitoring of budgets and expenditure, a healthy surplus of £1.17m was generated in the financial year, a 145% increase on the previous year of £477,000.

A significant contribution to the increase is due to the recognition of grants awarded by KCC, of £480,000 for the Short Breaks work to be delivered over the coming two financial years. A further grant of £250,000 was awarded in March 2024 to continue the Personal Health Budget work around Crisis prevention.

Jo Misiak

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period. In preparing these financial statements, the trustees are required to: - select suitable accounting policies and then apply them consistently; - observe the methods and principles in the applicable Charities SORP; - make judgments and accounting estimates that are reasonable and prudent; - prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business. The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Auditor

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and - they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The trustees' annual report and the strategic report were approved on 23 September 2024 and signed on behalf of the board of trustees by:

R Leicester, Chair

Trustee

Involve Kent Limited

Company Limited by Guarantee

Independent Auditor's Report to the Members of Involve Kent Limited

Year ended 31 March 2024

Opinion

We have audited the financial statements of Involve Kent Limited (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice). In our opinion the financial statements: - give a true and fair view of the state of the charity's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended; - have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; - have been prepared in accordance with the requirements of the Companies Act 2006, the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 requires us to report to you if, in our opinion: - adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or - the financial statements are not in agreement with the accounting records and returns; or - certain disclosures of trustees' remuneration specified by law are not made; or - we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below: We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion. In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we have considered; the nature of the industry, control environment and business performance with particular reference to the Company's remuneration policies, key drivers for directors' remuneration, bonus levels and performance targets. Throughout the audit testing we are considering the incentives that may exist within the organisation for fraud. Key areas include timing of recognising income around the year end, posting of unusual journals and manipulating the Company's performance measures to meet targets. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override. We ensure we have an understanding of the relevant laws and regulations and remain alert to possible non-compliance throughout the audit. Despite proper planning and audit work in accordance with auditing standards there are inherent limitations and unavoidable risk that we may not detect some irregularities and material misstatements in the financial statements. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations. As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation. We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit. Use of our report

This report is made solely to the charity's members, as a body, in accordance with section 144 of the Charities Act 2011 and regulations made under section 154 of that Act, and Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Robert Field FCA CTA

(Senior Statutory Auditor)

For and on behalf of

Burgess Hodgson LLP

Chartered accountants & statutory auditor

Camburgh House

27 New Dover Road

Canterbury

Kent

CT1 3DN

23 September 2024

Involve Kent Limited
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)

Year ended 31 March 2024

		2024		2023	
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Note	£	£	£	£
Income					
Donations and legacies	5	14,195	—	14,195	35,630
Charitable activities - Grants and service delivery contracts	6	5,274,375	1,103,513	6,377,888	5,193,833
Investment income	7	26,458	—	26,458	3,832
Total income		5,315,028	1,103,513	6,418,541	5,233,295
Expenditure					
Expenditure on charitable activities	8,9	4,602,546	644,210	5,246,756	4,750,704
Other expenditure	11	—	—	—	5,208
Total expenditure		4,602,546	644,210	5,246,756	4,755,912
Net income and net movement in funds		712,482	459,303	1,171,785	477,383
Reconciliation of funds					
Total funds brought forward		1,463,612	582,080	2,045,692	1,568,309
Total funds carried forward		2,176,094	1,041,383	3,217,477	2,045,692

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Involve Kent Limited
Company Limited by Guarantee
Statement of Financial Position

31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible fixed assets	15	11,653	15,538
Current assets			
Debtors	16	1,135,519	412,095
Cash at bank and in hand		2,537,286	2,184,051
		-----	-----
		3,672,805	2,596,146
Creditors: amounts falling due within one year			
Trade creditors		58,666	79,736
Other creditors including taxation and social security	18	342,781	355,676
Accruals and deferred income		65,534	130,580
		-----	-----
		466,981	565,992
Net current assets		3,205,824	2,030,154
Total assets less current liabilities		3,217,477	2,045,692
Net assets		3,217,477	2,045,692
Funds of the charity			
Restricted funds		835,194	582,080
Unrestricted funds		2,382,283	1,463,612
Total charity funds	21	3,217,477	2,045,692
		-----	-----

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the medium companies regime.

These financial statements were approved by the board of trustees and authorised for issue on 23 September 2024, and are signed on behalf of the board by:

R Leicester, Chair

Trustee

Involve Kent Limited
Company Limited by Guarantee
Statement of Cash Flows

Year ended 31 March 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net income	1,171,785	477,383
<i>Adjustments for:</i>		
Depreciation of tangible fixed assets	3,885	5,179
Dividends, interest and rents from investments	(26,458)	(3,832)
Interest payable and similar charges	2,554	1,913
Loss on disposal of tangible fixed assets	—	5,208
Accrued (income)/expenses	(47,867)	77,626
<i>Changes in:</i>		
Trade and other debtors	(748,928)	(37,002)
Trade and other creditors	(25,640)	140,590
Cash generated from operations	329,331	667,065
Interest paid	(2,554)	(1,913)
Net cash from operating activities	326,777	665,152
Cash flows from investing activities		
Dividends, interest and rents from investments	26,458	3,832
Proceeds from sale of tangible assets	—	5,211
Net cash from investing activities	26,458	9,043
Net increase in cash and cash equivalents	353,235	674,195
Cash and cash equivalents at beginning of year	2,184,051	1,509,856
Cash and cash equivalents at end of year	2,537,286	2,184,051

Involve Kent Limited
Company Limited by Guarantee
Notes to the Financial Statements

Year ended 31 March 2024

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England, Wales and Scotland. The address of the registered office is 30 Turkey Court, Turkey Mill, Ashford Road, Maidstone, Kent, ME14 5PP.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income: - income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably. - legacy income is recognised when receipt is probable and entitlement is established. - income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers. - income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates: - expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods. - expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities. - other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses. An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Motor vehicles	-	25% reducing balance basis
Equipment	-	15-25% reducing balance basis and 33.33% straight line basis

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date. For the purposes of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets. For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Financial instruments

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the profit and loss account in other administrative expenses. Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund. When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as an expense in the period in which it arises.

4. Limited by guarantee

Involve Kent Limited is a charity registered with the Charity Commission in the United Kingdom. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations	14,195	—	14,195
Legacies			
Legacies	—	—	—
	14,195	—	14,195
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Donations			
Donations	20,275	529	20,804
Legacies			
Legacies	14,826	—	14,826
	35,101	529	35,630

6. Charitable activities - grants and service delivery contracts

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Income from grants and service delivery contracts	5,274,375	1,103,513	6,377,888
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Income from grants and service delivery contracts	4,469,178	724,655	5,193,833

7. Investment income

	Unrestricted Funds £	Total Funds 2024 £	Unrestricted Funds £	Total Funds 2023 £
Interest - deposits	26,458	26,458	3,832	3,832

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Innovations & Pilots	–	20,324	20,324
Community Projects	–	–	–
Care Leavers Service	–	79,964	79,964
Social Prescribing	–	287,657	287,657
Children's Innovation & Pilots	–	256,265	256,265
Unrestricted activities	4,077,282	–	4,077,282
Support costs	525,264	–	525,264
	4,602,546	644,210	5,246,756
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Innovations & Pilots	–	–	–
Community Projects	–	42,117	42,117
Care Leavers Service	–	78,811	78,811
Social Prescribing	–	259,261	259,261
Children's Innovation & Pilots	–	77,389	77,389
Unrestricted activities	3,770,721	–	3,770,721
Support costs	522,405	–	522,405
	4,293,126	457,578	4,750,704

9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2024 £	Total fund 2023 £
Innovations & Pilots	20,324	–	20,324	–
Community Projects	–	–	–	42,117
Care Leavers Service	79,964	–	79,964	78,811
Social Prescribing	287,657	–	287,657	259,261
Children's Innovation & Pilots	256,265	–	256,265	77,389
Unrestricted activities	4,077,282	503,086	4,580,368	4,271,044
Governance costs	–	22,178	22,178	22,082
	4,721,492	525,264	5,246,756	4,750,704

10. Analysis of support costs

	Support costs £	Total 2024 £	Total 2023 £
Staff costs	349,735	349,735	338,203
Premises	35,636	35,636	43,264
Communications and IT	17,830	17,830	13,709
General office	19,124	19,124	5,862
Human resources	6,762	6,762	11,008
Governance costs	22,178	22,178	22,082

Other support costs	73,999	73,999	88,277
	-----	-----	-----
	525,264	525,264	522,405
	-----	-----	-----

11. Other expenditure

	Unrestricted Funds	Total Funds 2024	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Loss on disposal of tangible fixed assets held for charity's own use	—	—	5,208	5,208

12. Auditors remuneration

	2024	2023
	£	£
Fees payable for the audit of the financial statements	13,364	15,985
Fees payable to the charity's auditor and its associates for other services:		
Other non-audit services	8,814	6,097

13. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	3,581,056	3,126,847
Social security costs	320,853	292,016
Employer contributions to pension plans	78,008	64,427
	3,979,917	3,483,290

The average head count of employees during the year was 142 (2023: 129). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Charitable activities	133	117
Governance	8	12
	141	129

The number of employees whose remuneration for the year fell within the following bands, were:

	2024	2023
	No.	No.
£60,000 to £69,999	1	—
£80,000 to £89,999	1	1
	2	1

14. Trustee remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023: £Nil).

During the year, no Trustee expenses have been incurred (2023: £Nil).

15. Tangible fixed assets

	Motor vehicles £	Equipment £	Total £
Cost			
At 1 April 2023 and 31 March 2024	71,106	27,996	99,102
Depreciation			
At 1 April 2023	55,568	27,996	83,564
Charge for the year	3,885	—	3,885
At 31 March 2024	59,453	27,996	87,449
Carrying amount			
At 31 March 2024	11,653	—	11,653
At 31 March 2023	15,538	—	15,538

16. Debtors

	2024 £	2023 £
Trade debtors	617,306	347,619
Prepayments and accrued income	34,342	63,426
Other debtors	483,871	1,050
	1,135,519	412,095

For further detail regarding other debtors, see 21.f.

17. Creditors: amounts falling due within one year

Other creditors comprising of £107,986 (2023: £135,537) are amounts which are being held on behalf of third parties.

18. Other creditors including taxation and social security falling due within one year

	2024 £	2023 £
Social security and other taxes	220,322	205,434
Other creditors	122,459	150,242
	342,781	355,676

19. Deferred income

	2024 £	2023 £
At 1 April 2023	8,325	—

20. Pensions and other post retirement benefits

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £78,008 (2023: £64,428).

The defined contribution liability as the the year end is £14,473 (2023: £14,703) and is allocated to the unrestricted fund.

21. Analysis of charitable funds

Unrestricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	1,463,612	5,315,028	(4,602,546)	(12,574)	2,163,520
Emergency Fund	—	—	—	218,763	218,763
	1,463,612	5,315,028	(4,602,546)	206,189	2,382,283

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	1,253,835	4,508,111	(4,298,334)	—	1,463,612
Emergency Fund	—	—	—	—	—
	1,253,835	4,508,111	(4,298,334)	—	1,463,612

Restricted funds

	At 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
Community Projects	177,685	—	—	(177,685)	—
Care Leavers Service	82,344	—	(79,964)	(16,260)	(13,880)
Social Prescribing	145,498	307,777	(287,657)	(68,141)	97,477
Children's Innovation & Pilots	176,553	290,886	(256,265)	55,897	267,071
Innovations & Pilots	—	24,850	(20,324)	—	4,526
Short Breaks - Connect	—	480,000	—	—	480,000
	582,080	1,103,513	(644,210)	(206,189)	835,194

	At 1 April 2022	Income	Expenditure	Transfers	At 31 March 2023
	£	£	£	£	£
Community Projects	179,395	40,408	(42,117)	—	177,686
Care Leavers Service	69,486	91,670	(78,811)	—	82,345
Social Prescribing	65,593	339,166	(259,261)	—	145,498
Children's Innovation & Pilots	—	253,940	(77,389)	—	176,551
Innovations & Pilots	—	—	—	—	—
Short Breaks - Connect	—	—	—	—	—
	314,474	725,184	(457,578)	—	582,080

Fund descriptions

(a) Community Projects

Funded by a range of restricted grants from local authorities and charities, this programme reaches out to people facing significant social exclusion and inequality and supports them to be an active members of their community, through groups, activities and volunteering. It also includes work to gather feedback and insight on people's experience of mental health services to improve future service provision.

(b) Social Prescribing

A restricted grant from NHS Kent and Medway to develop social prescribing in West Kent, including provision of a community Link Worker service and support to other voluntary organisations to build community capacity and resilience.

(c) Care Leavers Service

A restricted grant from NHS Kent and Medway to pilot a navigation / social prescribing service for people aged 16-24 who have been in care, to improve their mental health and life opportunities.

(d) Childrens Innovation and Pilots Fund

A restricted range of funds from both grant funding and local authority funding to enhance the direct work available in the local children's services offer. These projects support both children and their families.

(e) Innovations & Pilots

A restricted range of funds from both local grant funding and local authority funding to deliver pilot and/or innovations projects either in new areas of work or to enhance existing areas of work. These projects are to support Adults over 16 years old.

(f) Short Breaks - Connect

A restricted grant fund from Kent County Council to provide short breaks to autistic children and young people aged 9 -18 and their parents or carers across Kent's 12 districts. The short breaks provided are fun activities, trips and groups, and provide parents/carers with a necessary and valuable break from their caring responsibilities.

The total grant amount is £480,000. This grant will be delivered over 24 months to March 2026.

22. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Tangible fixed assets	11,653	–	11,653
Current assets	2,837,611	835,194	3,672,805
Creditors less than 1 year	(466,981)	–	(466,981)
Net assets	2,382,283	835,194	3,217,477
	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Tangible fixed assets	15,538	–	15,538
Current assets	2,014,066	582,080	2,596,146
Creditors less than 1 year	(565,992)	–	(565,992)
Net assets	1,463,612	582,080	2,045,692

23. Analysis of changes in net debt

	At 1 Apr 2023	Cash flows	At 31 Mar 2024
	£	£	£
Cash at bank and in hand	2,184,051	353,235	2,537,286

24. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2024	2023
	£	£
Not later than 1 year	49,221	30,000
Later than 1 year and not later than 5 years	101,777	7,810
	150,998	37,810

25. Related parties

During the year, no amounts (2023: £4,035) were invoiced by Claire Wells who is the wife of G Wells, Deputy CEO of Involve Kent Limited for freelance HR administration support services. As at the year end, no amounts were outstanding in respect of these transactions (2023: nil).

D Simmons, a trustee, is employed at MetroBank, supplier of banking services to the Charity.

R Hewett , a trustee, is a Director at NHS Kent and Medway, who provide funding to the Charity.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

INVOLVE KENT

England & Wales - Charity number 1066911

Accounts

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

INVOLVE KENT LIMITED
(A company limited by guarantee)

CONTENTS

	Page
Reference and administrative details of the Charity, its Trustees and advisers	1
Chair's statement	2
Trustees' report	3 - 17
Independent auditor's report on the financial statements	18 - 21
Statement of financial activities	22
Balance sheet	23 - 24
Statement of cash flows	25
Notes to the financial statements	26 - 44

INVOLVE KENT LIMITED
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023**

Trustees Stephen O'Connell CBE, Chair (resigned 8 December 2022)
Richard Leicester, Chair (elected 8 December 2022)
John Bennett
Andrew Fairhurst
Duncan Simmons
Rachel Hewett
Christina Hickson
Rachel Holweger
Deirdre O'Donoghue

Company registered number 03449624

Charity registered number 1066911

Registered office 30 Turkey Court
Turkey Mill
Ashford Road
Maidstone
Kent
ME14 5PP

Chief Executive Officer Charlotte Osborn-Forde

Deputy Chief Executive Officer Gary Wells

Independent auditor MHA
Maidstone
United Kingdom

Bankers Metro Bank PLC
One Southampton Road
London
WC1B 5HA

INVOLVE KENT LIMITED

(A company limited by guarantee)

CHAIR'S STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

The chair presents his statement for the year.

This is my first year as Chair of the Board of Trustees at Involve Kent, a position I am proud to have been elected to at the Annual General Meeting in December 2022.

I would like to start by passing on my gratitude to the outgoing Chair, Stephen O'Connell who served on the Board for over 8 years, including 4 years as Chair. Stephen's legacy and work to support the development of Involve into the large, effective, and impactful organisation it is today will most certainly help us to continue to evolve and grow over the years to come. The Board all wish Stephen all the best with his retirement.

In a year that included both a change of Chair and Chief Executive Officer (CEO) I would also like to recognise the work of Charlotte Osborn-Forde our outgoing CEO. Charlotte worked for Involve for 18 years, including over 11 years as CEO. Under Charlotte's leadership the organisation grew significantly and now supports more people than ever before. Charlotte's dedication, talent and persistence has been key to the organisation achieving growth and has ensured that people and communities remain central to our work. This year, we are delighted to have welcomed our new CEO, Andrea Wiggins, to Involve and we look forward to Andrea leading the organisation into its next chapter. I am also hugely grateful for the fantastic interim leadership shown by members of our senior team over recent months whilst we awaited Andrea formally joining us.

Our CEO report highlights the tremendous achievements of our staff and volunteers over the last year and I am immensely proud of all the work they have undertaken. Involve has continued to support some of the most vulnerable people in our communities, particularly through the difficult economic times we have faced.

The entire board of trustees and I take time to hear case studies of the work of Involve and we are always moved by the difference our staff and volunteers make to the quality of the lives of so many people. I would like to pass on my personal thanks to all our volunteers who work tirelessly in the community, on our behalf, to provide much needed support to so many people.

We have seen Involve continue to grow and reach more people with more diverse and innovative services. We are now one of the biggest providers of Social Prescribing Services in the Country and we have extended our flagship personalised support for the over 55s to Dartford, Gravesham and Swanley through the KCC funded 'Actively Involved' programme. In addition, Involve Kent has continued to innovate, establishing new models for supporting more people in our communities. The Board would like to thank all who have helped to develop, mobilise, and deliver such a fantastic range of new services.

Involve Kent is a truly amazing organisation made up of so many brilliant people. The successes outlined in this report have only been possible due to the dedication, commitment, and determination of so many talented and driven individuals.

I look forward to continuing to see Involve grow and develop over the year to come.


.....
Richard Leicester, Chair

Date: 22 January 2024

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2023

Treasurer's Report

After significant income growth in the previous year, the financial year to 31 March 2023 was very much a year of consolidation and action as new contracts won in 2022 commenced.

One of our largest challenges has been the news of potential KCC funding cuts which could have a profound effect on our communities but also impact the way in which Involve will continue to support those most in need. Trustees have supported the management team to model how changes to income might be responded to whilst, at the same time, helping to inform funders of the consequences of any cuts. This will continue to present uncertainty for service users as well as Involve staff over the coming months.

Strategic growth has continued but at a more modest pace as focus has moved to managing the renewal of some of Involve's existing PCN contracts to ensure stability and diversity of income flows.

Whilst future funding might be less certain in the present wider economic and political environment, our financial position remains robust and well-managed so that we can continue to deliver the much needed and valued support to our ever-growing community.

Once again, my thanks go to the management team – Gary, Jane and Jo – who demonstrate a sound understanding of the finances and have stepped up to cover greater responsibilities during the recruitment of our new CEO in 2023.

CEO's Report

Throughout this year Involve has continued to work in partnership with communities across Kent and Medway to offer personalised individual and community support. After 2 years of intermittent lockdowns aimed at controlling the spread of Coronavirus this year saw society open up due to the vaccination programme, which Involve supported through offering pro-choice advice and guidance in the shape of the vaccine hesitancy helpline. Although many aspects of society returned to normal many in our communities were still affected by the years of intermittent fear, isolation, lack of routine and deconditioning. For Involve this meant adapting our services to ensure we offered a high level of intensive support where needed. In this period we undertook 9745 home visits, more than at any time in our history, and worked intensively to support people to reintegrate into communities and positive activities.

This year also saw its own challenges with costs of basic goods and services increasing through high inflation, this was especially the case with the cost of basic foods, gas, and electricity and the impact of this was especially profound throughout the winter, where over 50% of the people we supported asked for help with their household financial situation. Involve worked intensely with both the health system as well as Borough and County authorities to minimise the impact on those most vulnerable to these price increases. This included working with Maidstone Borough Council to fund 'Warm Hubs', spaces where people who could not afford to heat their homes could gather, engage in their community and positive activity, and get advice or support as needed. We were also able to support people to maintain heat in their homes with a voucher scheme.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

This year also saw Involve continue to grow as an organisation to support more people in more areas of Kent. This included mobilising and running our flagship 'Actively Involved' programme across Dartford, Gravesham and Swanley. Funded by Kent County Council, this innovative model for the service provides personalised support to people over 55 and those under 55 with long term health conditions, whilst supporting over 58 other voluntary and community sector organisations to build on their expertise, resources and community capacity to deliver a range of exciting and engaging activities and support. This has ensured that many diverse activities are available which range from fishing to beekeeping, keep fit to eel counting.

In this period we also launched a new Social Prescribing Project in Hospital Trusts to support with hospital discharge, ensuring again that we supported people to build on their assets and to identify the support that would be most useful for them. In this period we also extended our work with GP surgeries by providing more Social Prescribing and Children's Health and Wellbeing Navigation roles than ever, making us one of the UK's largest employers of link workers with over 50 staff now working in this area. We continue to work both locally and nationally to provide empirical evidence on the effectiveness of social prescribing and to advocate for further investment and recognition across health and social care.

Our work with children and young people also grew in this year and a new project called Connect enabled us to work with young people with neurodiversity and provide a space where they could design and deliver social activities in line with their interests. We also worked with the health system to pilot personal health payments so that families could be in control over the things they needed to increase the quality of their lives.

In this year we supported 24,601 people across Kent and Medway through 140,003 contacts with people, including 9745 face to face visits to people in their homes. Supported by an ever-growing number of volunteers Involve facilitated 2842 group activities including tea dances, trips to the coast, games groups, coffee mornings, exercise groups and nature walks. As this year ends, we continue to see enormous structural challenges with widening inequality, growing poverty, high levels of loneliness, isolation and exclusion in our communities in addition to the large system challenges of long waiting lists, lack of capacity and diminishing budgets across both health, social care and many voluntary sector organisations. Our approach continues to demonstrate that these issues are not insurmountable, our experience shows that solutions lie dormant in communities up and down the country and can be released with comparatively little resource, innovative approaches and by placing people and communities at the centre of all we do.

I would like to end by paying tribute to Charlotte Osborn-Forde who worked tirelessly for Involve for over 18 years, including 11 years as CEO. Charlotte left Involve at the end of this year to become the CEO of the National Academy for Social Prescribing. Charlotte leaves behind a tremendous legacy at Involve and her innovative approach, drive for excellence and constant challenge of norms will live on in the organisation for many years to come.

How our activities deliver public benefit:

Our main activities and who we try to help are described throughout this report. All our charitable activities focus on community support and are undertaken to further our charitable purpose for the public benefit.

INVOLVE KENT LIMITED

(A company limited by guarantee)

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees have had due regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Vision and Objectives:

Our vision is healthy, connected people and communities.

We offer diverse services, but they all aim to achieve the same thing for people; to improve quality of life, health and happiness. We do this through providing support around each person's unique needs and interests and making the most of local services, groups, agencies and communities.

Our objective is to reach out to and support people feeling lonely, isolated, struggling with ill health, frailty, mental health problems and facing issues such as disability, demanding family or caring responsibilities, poverty or other life challenges or adversity.

Through the support of our skilled staff team of 142 people, plus our dedicated volunteers, to work in partnership with other services such as the NHS, social care, GPs and charities, to help people find hope, confidence and connection to live the life they choose.

We believe everyone should be able to access services and activities in their community, which is why we have over 60 partnerships with charities & other local organisations - to promote choice, connection & independence.

Our Work and Delivery:

Throughout another year of unprecedented and at times complex referrals of children and adults to our services, our committed staff have worked tirelessly to support adults and those caring for them, children, and families, onsite at the hospitals, from GP surgeries, community settings, home visiting and supporting by telephone.

Our approach to reaching out into the community has strengthened further with attendance at food banks, setting up activities for children and adults in their local communities where people want them and can easily access, building peer support and sustainable networks to reduce isolation, loneliness and improve happiness. We mobilised new services working from the acute hospitals and our focus on health inequalities has ensured a targeted approach to our reach into the community.

Encouraging client feedback and acting on it. Our approach to personalised care influences all our work with children and adults. 100% of staff and Trustees have completed the Esther Ambassador training and 4 staff are Esther coaches. We encourage staff to work collaboratively alongside people, taking time to listen to "what matters to me" in a focused conversation, doing with rather than doing for.

We endeavour to provide a collaborative approach to personalised support. Focusing on what is strong in someone's life and how this can be built upon, their interests, abilities, networks of people and community rather than making the deficits the entire focus. Encouraging and supporting people to have choice and control in what they need to access to live well in the way they wish to, helping them to set goals and supporting them to achieve those goals collaboratively.

INVOLVE KENT LIMITED

(A company limited by guarantee)

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

Key to the Esther approach is encouraging an open and no blame culture; enabling staff to reflect on and improve their practice in a supportive one-to-one or group environment, promoting learning and sharing with colleagues and management. We recognise the emotional impact working with people can have on our staff and have implemented that all Managers with responsibility for front line working staff are trained in clinical supervision to encourage safe reflection and emotional support to staff, who at times work in challenging situations. We fully recognise that our staff are our most important asset.

We continue to raise the profile of Carers (those caring for a family member or friend) and hosted a panel of Carers in partnership with the KCC practice development team where they were able to share their experiences of caring for a loved one with KCC staff in a live streamed event from our offices at Turkey Mill. This was a valuable event, and we were delighted to support Carers to have their voices heard and lived experience valued.

We also attended the University of Kent and took 3 young people from our Moving Forwards service to share their lived experience of growing up and leaving care with first year medical students. A moving and valuable experience for all.

We continue to promote and facilitate a user voice not only throughout our own services but to influence and shape the commissioning of health and social care services.

Our Services**Community Navigation for people 55 and over**

Community Navigation enables people 55 and over or with complex health to connect to services and support to improve their health and wellbeing and manage demand on NHS and Social Care. Funded by Kent County Council.

Our Navigators support people to:

Explore and build social networks and enable access to a range of activities.

Access the health and social care system (statutory and non-statutory), working with teams and organisations to make referrals.

Identify services within the local community. Including (where appropriate), facilitate purchasing of services, such as care at home to meet goals and short and long-term needs.

To access assessment and identification of adaptation, equipment and assistive technology needs and arrange for supply as appropriate.

To access help and advice including entitlements, making referrals and form filling.

Make referrals/to local services and opportunities, liaise with other specialised community services to ensure appropriate links are made. 4,030 people supported – 90.5% have a disability or long-term health condition.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Actively Involved

This service provides a lifeline for those 55 and over (or under with complex health) and living in West and North Kent to connect to their local community by attending groups, activities, day trips and Christmas parties, with access to support and information to stay well. Funded by Kent County Council, the service aims to reduce loneliness and increase independence, reducing people's reliance on formal services.

Working closely with a range of voluntary sector partners, we provide people with a diverse menu of local activities, groups, and trips. The service is inclusive, with support offered for people with mobility issues, frailty, and anxiety.

Our Activity Coordinators support people by creating with them local coffee mornings, lunch clubs and other groups where people may have common interests. These regular social events encourage social connection and a sense of community. Where possible people are encouraged to be physically active, access their community and build relationships, all of which contribute to healthy aging.

92% of people have a disability or long-term health condition. 59% decrease in loneliness.

Social Prescribing

Many things that affect our health can't be treated by doctors or medicine alone, such as loneliness, debt, or stress due to financial pressures or poor housing. Social prescribing provides non-medical support by connecting people to services to address these challenges, and other unmet needs. The aim is to support people to address these needs holistically, using a person-centred approach, thus giving individuals a greater sense of control over their own health and wellbeing.

Involve has led the development of social prescribing across Kent and Medway, working closely with medical services and the NHS to enable GPs, Nurses, and others to refer people to a Link Worker to help them access non-medical support.

Social Prescribing from GP Surgeries

We now have Link Workers in more than 80 GP practices across Kent. We have seen the service diversify to include Health Coaches and Link Workers with specialisms, such as mental health, cancer, and palliative care.

GP Link Workers typically support patients for up to 3 months, including visiting at home and accompanying people to introduce them to activities and local groups or services to provide ongoing support. As part of this we work closely with many other community groups and charities, promoting their services on our directory and helping them accept referrals for people with health issues to take part.

5510 patients supported, 27% increase in physical activity levels.

INVOLVE KENT LIMITED

(A company limited by guarantee)

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

Social Prescribing in the Community (Health Inequalities)

Not everyone accesses their GP or the medical care they need, eg due to homelessness, mental health illness, poverty, disability, language or cultural barriers.

These and other issues can impact on people's health and increase the risk of illness. Funded by Kent and Medway NHS, our innovative approach to addressing health inequalities in West Kent repositions social prescribing, working with community groups such as food banks, advice centres, homelessness services and councils to engage people.

Adopting an outreach approach in West Kent, we have been able to support people experiencing the most adversity and inequality. People experiencing homelessness, debt or mental illness alongside complex physical health problems who struggle to access services. Practical support is offered by applying for grants for people to purchase food, bedding or cooking equipment alongside support to access a GP, benefits, and housing.

949 people supported of which 38% lived in the most deprived areas of West Kent.

75% have a disability or long-term health condition. 32% decrease in loneliness after intervention.

Hospital Social Prescribing

Our latest social prescribing project is in partnership with Maidstone and Tunbridge Wells Hospital Trust working with hospital staff to support patients being discharged from hospital with any social needs and reduce unnecessary attendance at A&E or unplanned hospital admittance. The support provided is for up to 6 weeks and includes practical support such as collection of food parcels as well as support with finances, debt, access to equipment and help to access the community and reduce isolation.

30% decrease in anxiety, 34% increase in life satisfaction.

Moving Forwards

Learning to budget and keep on top of bills, working out how to get organised in daily life to fulfil work, education, home commitments and keep yourself healthy is a huge learning curve for any young person, especially for those that are leaving care.

That is where we come in.

Moving Forwards supports young people aged 16 to 25 that have either left care or are preparing to leave. The service was co-designed with NHS Kent and Medway to understand if a "social prescribing" approach could be an effective way to improve mental health and life chances of care leavers.

Our Care Leavers Navigators understand the barriers that young people may face; our one-to-one approach ensures that the support we give is guided by what matters to them most. Support is varied and includes practical support including help with budgeting, sourcing accommodation, access to social and emotional support including activities, hobbies and linking young people to provide peer support, friendship, and consistency.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Trips were arranged to Thorpe Park, Leeds Castle Christmas fair and Ninja Warrior activity centre.

94 young people supported with 31% increase in life satisfaction, 30% increase in happiness and decrease in loneliness of 44.5%.

Children's Health and Wellbeing

This is an innovative service providing 'social prescribing' to children, young people and their families, working with GP practices and in partnership with schools and health services. This service offers long-term support to children and their families by helping to coordinate care and support, access information and guidance and ensure they are aware of and engaged with relevant services and organisations. Our Navigators are based in the GP practices and work with children from 0 - 18 (or up to 24 with SEND) and their families/carers where the child has a long-term health condition, particularly neurodevelopmental issues (such as autism) or mental health concerns both pre and post diagnosis.

The Navigators respond to current needs and identify gaps in children's services across the county. This enables us to focus our approach and look for funding to test pilots to meet those needs eg testing of children's personal health budgets and co-production of activities for neurodiverse children and young people.

2626 children supported. 35% reduction in loneliness.

Postural Stability

This year we continue to run postural stability classes, these are 36-week courses offered to people across West Kent and Dartford, Gravesend and Swanley who have had falls or whose worry about falling is inhibiting their lives. Supporting people to gain strength and balance sees great outcomes and ensures people are able to live longer independently in their own homes.

The Postural Stability programme, delivered by specialist level 4 instructors, continued to receive high volumes of referrals. Sixteen programmes, attended by 240 clients, started across all boroughs in West and North Kent between April 2022 – March 2023, with seven programmes completing during this period. 64% of clients who started the programme completed the full 36-week course (this figure includes clients who began the programme in 21/22 and Q1 of 22/23). At completion, 82% of clients reported maintaining or improving their confidence levels around mobility and 83% maintained or improved their functional fitness tests from their first assessment.

In 2022/23 we worked closely with local communities to widen access to the programme. We strengthened our engagement with the Sikh community in Gravesend and now have two dedicated classes at the Gravesend Guru Nanak Darbar Gurdwara site. These classes are separate for men and women and are supported by volunteers who provide translation, ensuring the programme is widely accessible.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Community Transport

We are very fortunate to have a fantastic group of Volunteers within the Community Transport Team. We have 4 office volunteers based in the hub with Tracey, our Transport Coordinator who assist with taking and filling booking requests, along with dealing with cancellations, amendments, and ad hoc enquiries. This year we moved over to new transport management software (RoadXS) and a new phone system, and the volunteers have all adjusted extremely well to working on the new systems.

We have around 30-35 drivers active at any one time, all using their own cars to transport the clients from across Maidstone and Malling to a wide variety of appointments/day centres/social clubs/etc. The demand for the volunteers is always high and increases each week, this is due to a lot of the public transport links being reduced across our coverage area, and families unable to take their loved ones to appointments due to the cost-of-living crisis and being unable to take time off work.

We also have a smaller group of 8 Minibus Volunteer Drivers who do an amazing job driving our two minibuses, which are booked out most days for coffee mornings and activities. Community Transport supports many individual clients across Maidstone and Malling, but we are also proud to support our fellow colleagues and their clients across other teams at Involve, including Actively Involved, Care Leavers Team, Postural Stability and the Youth Programme – using both the minibuses and drivers with their own cars.

Covering over 9000 trips a year and supporting 600+ clients, the drivers are worth their weight in gold, and we are truly grateful for all their time and support that they give to Involve and the community, many go above and beyond, and they are fantastic at spreading the word about the great work that Involve as a charity do. We are proud of the number of clients we can support, and the feedback we receive is fantastic.

Help You Home

Often after a stay in hospital, a person's circumstances will change. This may mean that they now need adaptations or changes made to their home, to not only make their transition back home easier, but to also prevent future hospital admissions. It could also be that their home was a factor in their admission to hospital.

Helping You Home is a practical service that works with people in Maidstone to make homes safer and more accessible.

We conduct Home Safety Checks prior to a hospital discharge, help with moving furniture such as moving a bed into the living room, and installing lifelines. We also ensure access to other services such as adaptations, social prescribing and community navigation.

The service provided supports the person's quality of life and reassures family members or carers of their safety. This service is delivered in partnership with Maidstone Borough Council and Maidstone Hospital.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Carers in Focus (those caring unpaid for a family member or friend)

In Kent an estimated 148,341 people aged 16 and over provide unpaid care to a family member, partner, or friend who is disabled, has an illness or long-term condition, or who needs extra help as they grow older.

In the areas of Maidstone, Tonbridge and Malling, Tunbridge Wells and Sevenoaks (excluding Swanley) Involve are contracted by Kent County Council to provide ongoing practical support to Carers such as: conducting statutory Carer's assessments, issuing emergency Carer cards, assisting with hospital discharges, sharing advice and guidance on Carer's rights as well as providing emotional and social support to help the Carer to look after their own health and wellbeing.

During April 2022 to March 2023, 5446 Carers were supported by our committed team of Navigators with 3354 referred as new to a caring role and 71% identified as having their own disability or health condition.

Hospital Discharge

Our 2 navigators Natalie and Sally based at Maidstone and Tunbridge Wells Hospital Trust and sited with the integrated discharge team, identified 928 Carers during April 2022 to March 2023, and supported them to access appropriate information, advice, emotional support and advised them of their right to a statutory Carer's assessment from Involve on behalf of Kent County Council. Of those, 450 accessed brokered support services to help them in caring for their family member or friend on discharge from hospital. Services brokered included sit calls, welfare checks, and night sits to enable the Carer to sleep, work, take a break and/or access the community. Also support at home with cleaning, laundry, and shopping.

Community Support

We were very happy to be able to restart our face-to-face Carer Forums after the pandemic. The Carer forums are a chance for those caring unpaid for a family member or friend to meet others, gain peer support, have their voice heard by Involve, the NHS, social care, or other agencies, gain information from a variety of speakers and gain confidence.

The value of peer support for Carers can also not be underestimated, whether at our Carer groups, or by us helping to connect together Carers who live near each other or wish to chat to another Carer in a similar situation by telephone. Some Carers have now formed WhatsApp groups and gain peer support daily by chatting together. The benefits of others' lived experience can be valuable and help to ease the isolation that many Carers experience. We look forward to strengthening the peer support of Carers further within West Kent.

5446 Carers supported. Carers' wellbeing improved on average by 14%.

Innovations in Children's Services 2022-2023

Following on from our successful Children's health and wellbeing service working within GP surgeries from 2020, we have developed the following services and support for children and young people through identifying gaps in the County and working to test new approaches to improve wellbeing for children, young people, and their families.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Connect!

The Connect! programme is for children and young people aged 11-18 with an Autistic Spectrum Condition, or on the pathway to an ASC diagnosis living in Maidstone and Tonbridge & Malling Boroughs. The aims of the programme are:

- To create fun opportunities in an Autism Friendly environment.
- To allow young people to create connections with peers through shared interests to develop their social skills.
- To empower young people to build their confidence, resilience, and wellbeing.
- To give parents and Carers the chance to have a break and meet others going through similar experiences.

The programme is funded by Kent County Council's Short Breaks service, and we have received additional funding for activities from Reconnect and Wards Estate Agents. All activities are co-produced with the children and young people by focusing on what matters to them.

All activities have a focus on:

- Building relationships at activities and finding common interests.
- Recognising familiar faces, reconnecting, and sharing experiences and challenges.
- Creating a sense of belonging – finding your tribe!
- Teamwork, peer support, patience, and compassion.
- Developing friendships and connecting outside of activities.
- Inclusive for home schooled young people.
- Safe space for young people to access their passion and feel 'good enough'.
- Introduction to clubs with support to join and progress a hobby/interest.
- Stepping outside comfort zones – challenging sensory boundaries in a comfortable environment.
- Giving young people a chance to shine and use their skills or knowledge of special interests to support others.

Personal Health Budgets

Working alongside Kent and Medway NHS we are testing the use of personal health budgets to improve the wellbeing of a Child or Young Person from 0-25 years old who is diagnosed with, or suspected to have, a neurodiverse condition. The project aims to personalise care and meet a wellbeing need which cannot be met by statutory services.

There are two funding streams to the Personal Health Budget pilot:

- Early Intervention funding (Rolled out in October 2022)
Aimed at providing early support to young people to minimise the risk of their support needs escalating.
- Crisis Prevention funding (Rolled out in February 2023)
Aimed at supporting those young people at risk of requiring Tier 4 intervention or those stepping down from a Tier 4 placement and supporting their smooth transition back into a community setting.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

As part of the Kent & Medway NHS 'Making it Work' transformation initiative, the aim is to demonstrate the effectiveness of early intervention and support both in meeting the needs of neurodiverse children and their families, and in reducing the pressure on diagnostic provision.

Since the beginning of the pilot in October 2022 we have supported 201 children and young people, 181 for the Early Intervention funding stream and 20 for the Crisis Prevention funding stream.

Personal health budgets have been used for a variety of support including access to hobbies, sensory equipment and therapy.

Financial Review**a. Going concern**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The financial policy is decided by the Trustees in regular meetings so that funds can be distributed in accordance with the Articles of Association, and reserves maintained at a reasonable level, so that the Charity remains able to provide for future needs.

The Trustees review the reserves policy annually. The Trustees wish to maintain unrestricted reserves of at least 3 months' expenditure. This is to ensure appropriate funds for delivery of existing services and commitments in the short term, if funding is cut or reduced by funders, or for emergencies, such as providing stability during the Coronavirus pandemic. Further, it is considered strategically important for the management of cash flow, as increasingly the NHS contracts secured pay in arrears, often 3-6 months, with significant upfront costs, such as salaries, needing to be met by the charity in advance. Cash reserves therefore enable ongoing growth of services and ensure a diversity of income streams. The trustees consider three months' running costs to be an appropriate minimum level of reserves, which equates to £1,058,376 (2022: £956,822).

At the year end unrestricted reserves stood at £1,463,612 (2022: £1,253,835) and restricted reserves at £582,080 (2022: £314,474). Total funds at 31 March 2023 were £2,045,692 (2022: £1,568,309).

c. Material investments policy

Involve Kent Limited does not have an investment policy as all reserves are held as cash.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

d. Risk management objectives and policies

The Trustees have in place a risk register which is reviewed and updated at every board meeting. These risks cover all aspects of the operations and strategy of the organisation, including, but not limited to: Financial controls and compliance, Insurance, Compliance with: Data protection, Company law, Charities Commission, and Health and Safety legislation, Uncertainty of local authority grants, Non delivery/completion of projects, Safeguarding, Reputation, Disaster management, Quality systems and Governance. All risks are graded for likelihood and impact using a red, amber and green system, and this is discussed at every Board meeting. The Company's risk register is available for inspection.

Structure, governance and management**a. Constitution**

Involve Kent Limited is registered as a charitable company limited by guarantee and was set up by a Trust deed.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

The Board of Trustees has an established governance handbook, which includes Board 'Terms of Reference', Trustee role description, person specification and an outline of Trustee recruitment, induction and training. Skills audits are undertaken regularly, to determine skill requirements, gaps and succession planning. The key skills required include:

- Senior leadership in public/private/voluntary organisation
- HR
- Marketing and communication
- Safeguarding
- NHS policy/commissioning/leadership
- Financial
- Charity management and governance

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Following election, new Trustees complete paperwork with Companies House and the Charity Commission, and a 'Declaration of interest' form, confirmation they are not disqualified and other checks. Their details are published on our website.

c. Organisational structure and decision-making policies

The Charity is governed by its Articles of Association, available from the Charity on request.

The Charity is administered by the Trustees, who are directors of the Charity for the purposes of the Companies Act, for all areas of decision making.

The list of trustees is available on the administrative and reference details page.

d. Policies adopted for the induction and training of Trustees

Following recruitment, there is an onboarding process for Trustees which covers:

- Governance documents
- Strategy and business plans
- Accounts
- Policies
- Staffing structure

There is a Trustee digital 'Sharepoint' with all documents available. Trustees are set up with an Involve Kent 'Office 365' account and Involve email address.

Training includes:

- GDPR
- Safeguarding
- Roles and responsibilities of Trustees

Additional and specific training is offered throughout the year. The Board recognises that good governance is essential for the success of the charity and has made good progress in developing its governance policies and practices in line with the principles set out in the Charity Governance Code for larger charities. This includes commitments to enhance diversity and inclusion.

INVOLVE KENT LIMITED

(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

e. Pay policy for key management personnel

The Trustees consider staff listed on page 1 of the accounts as comprising the key management personnel of the Charity in charge of directing and controlling the Charity and running and operating the Charity on a day to day basis.

The pay of the Charity's senior leadership team is reviewed annually.

f. Trustees' indemnities

Trustees benefit from indemnity to cover the liability of the Trustees which by virtue of any rule of law would otherwise attach to them in respect of any negligence, default or breach of trust or breach of duty of which they may be guilty in relation to the Charitable Trust.

g. Members' liability

The Members of the Charity guarantee to contribute an amount not exceeding £10 to the assets of the Charity in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

INVOLVE KENT LIMITED

(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023**

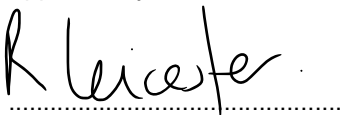
The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the Charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the Charity's auditor is aware of that information.

Approved by order of the members of the board of Trustees and signed on their behalf by:



Richard Leicester
(Trustee)

Date: 22 January 2024

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED

Opinion

We have audited the financial statements of Involve Kent Limited (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a Strategic report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management, those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing minutes of meetings of those charged with governance;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations; and
- Maintaining professional scepticism throughout the course of our audit work.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

INVOLVE KENT LIMITED
(A company limited by guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.



Duncan Cochrane-Dyet BSc BFP FCA (senior statutory auditor)

for and on behalf of

MHA

Statutory Auditor

Maidstone

United Kingdom

Date: 23 January 2024

MHA is the trading name of MacIntyre Hudson LLP, a limited liability partnership in England and Wales (registered number OC312213)

INVOLVE KENT LIMITED
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	4	35,101	529	35,630	9,213
Charitable activities - Grants and service delivery contracts	5	4,469,178	724,655	5,193,833	4,394,839
Investments	6	3,832	-	3,832	170
Total income		4,508,111	725,184	5,233,295	4,404,222
Expenditure on:					
Charitable activities	7	4,298,334	457,578	4,755,912	3,787,288
Total expenditure		4,298,334	457,578	4,755,912	3,787,288
Net movement in funds		209,777	267,606	477,383	616,934
Reconciliation of funds:					
Total funds brought forward		1,253,835	314,474	1,568,309	951,375
Net movement in funds		209,777	267,606	477,383	616,934
Total funds carried forward		1,463,612	582,080	2,045,692	1,568,309

The Statement of financial activities includes all gains and losses recognised in the current and previous year.

The notes on pages 26 to 44 form part of these financial statements.

INVOLVE KENT LIMITED
(A company limited by guarantee)
REGISTERED NUMBER: 03449624

BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	13	15,538	25,928
		15,538	25,928
Current assets			
Debtors	14	386,591	349,589
Cash at bank and in hand		2,184,051	1,509,856
		2,570,642	1,859,445
Creditors: amounts falling due within one year	15	(540,488)	(317,064)
Net current assets		2,030,154	1,542,381
Total assets less current liabilities		2,045,692	1,568,309
Total net assets		2,045,692	1,568,309
Charity funds			
Restricted funds	16	582,080	314,474
Unrestricted funds	16	1,463,612	1,253,835
Total funds		2,045,692	1,568,309

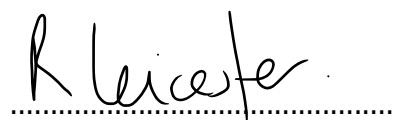
INVOLVE KENT LIMITED
(A company limited by guarantee)
REGISTERED NUMBER: 03449624

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2023

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



Richard Leicester
(Trustee)

Date: 22 January 2024

The notes on pages 26 to 44 form part of these financial statements.

INVOLVE KENT LIMITED
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Cash flows from operating activities		
Net cash used in operating activities	670,363	747,704
Cash flows from investing activities		
Dividends, interests and rents from investments	3,832	170
Purchase of tangible fixed assets	-	(8,554)
Net cash provided by/(used in) investing activities	3,832	(8,384)
Change in cash and cash equivalents in the year	674,195	739,320
Cash and cash equivalents at the beginning of the year	1,509,856	770,536
Cash and cash equivalents at the end of the year	2,184,051	1,509,856

The notes on pages 26 to 44 form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1. General information

Involve Kent Limited is a charity registered with the Charity Commission in the United Kingdom. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in page 5 of these financial statements.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Involve Kent Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

These financial statements are prepared on a going concern basis. The Trustees have a reasonable expectation that the Charity will continue in operational existence for the foreseeable future. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Charity to be able to continue as a going concern.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

2. Accounting policies (continued)

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

The recognition of income from legacies is dependent on establishing entitlement, the probability of receipt and the ability to estimate with sufficient accuracy the amount receivable. Evidence of entitlement to a legacy exists when the Charity has sufficient evidence that a gift has been left to them (through knowledge of the existence of a valid will and the death of the benefactor) and the executor is satisfied that the property in question will not be required to satisfy claims in the estate. Receipt of a legacy must be recognised when it is probable that it will be received and the fair value of the amount receivable, which will generally be the expected cash amount to be distributed to the Charity, can be reliably measured.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income from services consists of an administration charge added to the drivers' mileage reimbursement for transport services. The Charity is reimbursed for the expenses of the drivers which it pays. The net cost of the service is included in direct charitable expenditure. Costs for which the Charity will be reimbursed are included as deductions from direct charitable expenditure and as debtors when the Charity incurs the cost.

Voluntary income received by way of donations and gifts is included in the Statement of Financial Activities when received. The value of services provided by volunteers has not been included.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

2. Accounting policies (continued)

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.7 Tangible fixed assets and depreciation

Tangible fixed assets are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following bases:

Motor vehicles	- 25% reducing balance basis
Office equipment	- 15-25% reducing balance basis and 33.33% straight line basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the statement of financial activities.

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the statement of financial activities as a finance cost.

2.11 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.12 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 13 for the carrying amount of the property, plant and equipment and note 2.7 for the useful economic lives for each class of asset.

Bad debts

Debtors are regularly reviewed for recoverability and any debts which in the opinion of management are not recoverable are provided for as a specific bad debt.

There are no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

4. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	<i>Total funds 2022 £</i>
Donations	20,275	529	20,804	9,183
Legacies	14,826	-	14,826	30
Total 2023	<u>35,101</u>	<u>529</u>	<u>35,630</u>	<u>9,213</u>
<i>Total 2022</i>	<u>3,609</u>	<u>5,604</u>	<u>9,213</u>	

5. Income from grants and service delivery contracts

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	<i>Total funds 2022 £</i>
Community Projects	-	39,879	39,879	278,583
Care Leavers Service	-	91,670	91,670	91,100
Social Prescribing	-	339,166	339,166	309,938
Children's Innovation & Pilots	-	253,940	253,940	-
Other unrestricted activities	4,469,178	-	4,469,178	3,715,218
Total 2023	<u>4,469,178</u>	<u>724,655</u>	<u>5,193,833</u>	<u>4,394,839</u>
<i>Total 2022</i>	<u>3,715,218</u>	<u>679,621</u>	<u>4,394,839</u>	

See the table on the next page for the breakdown of other unrestricted activities.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

Analysis of other unrestricted income

	2023 £	2022 £
Falls Prevention Services	-	93,455
Involve Carers	707,968	709,534
Transport	86,457	-
Hospital Discharge (HYH)	64,080	65,089
Community Navigation	232,956	302,939
PCN Social Prescribing	898,112	798,404
KCC Community Wellbeing DGS	734,461	-
KCC Community Wellbeing WK	968,479	1,061,854
Children's Health & Wellbeing	579,115	497,518
Hospital Social Prescribing	99,083	-
Covid Vaccination Helpline	25,500	135,000
Esmee Fairbairn Grant	10,000	-
Ukrainian Refugee Helpline	-	10,000
Maidstone Borough Council Grant	21,700	21,700
Grants under £5,000	18,256	4,050
Activities income	23,011	15,675
	4,469,178	3,715,218

The transport income above relates to a new fund in the financial year. No individual amounts are recognised for the prior year as they were allocated to other funds.

6. Investment income

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Interest - deposits	3,832	3,832	170
<i>Total 2022</i>	170	170	

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

7. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Community Projects	-	42,117	42,117	234,880
Care Leavers Service	-	78,811	78,811	21,616
Social Prescribing	-	259,261	259,261	250,515
Children's Innovation & Pilots	-	77,389	77,389	-
Other unrestricted activities	4,298,334	-	4,298,334	3,280,277
Total 2023	4,298,334	457,578	4,755,912	3,787,288
<i>Total 2022</i>	<i>3,280,277</i>	<i>507,011</i>	<i>3,787,288</i>	

8. Analysis of expenditure by activities

	Activities undertaken directly 2023 £	Support costs 2023 £	Total funds 2023 £	Total funds 2022 £
Community Projects	42,117	-	42,117	234,880
Care Leavers Service	78,811	-	78,811	21,616
Social Prescribing	259,261	-	259,261	250,515
Children's Innovation & Pilots	77,389	-	77,389	-
Other unrestricted activities	3,775,929	522,405	4,298,334	3,280,277
	4,233,507	522,405	4,755,912	3,787,288
<i>Total 2022</i>	<i>3,407,537</i>	<i>379,751</i>	<i>3,787,288</i>	

All costs are allocated between the expenditure categories noted above on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis, for example, time spent, percentage of income by department.

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2023 £	Total funds 2022 £
Staff costs	3,145,087	2,605,436
Profit on sale of fixed asset	5,208	-
Temporary staff	-	21,125
Rent	56,035	58,725
Room hire	23,445	9,216
Repairs and maintenance	4,453	6,141
Activities	723,396	478,931
Recruitment and training	43,240	55,624
Subscriptions	5,239	83
Telephone	21,529	32,079
Printing, postage and stationery	3,719	5,676
Bank charges	350	312
Information technology	55,602	38,692
Travel and vehicle expenses	122,569	64,623
Professional and consultancy fees	557	17,012
Depreciation	5,179	6,906
Sundry	17,899	6,956
	4,233,507	3,407,537

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

8. Analysis of expenditure by activities (continued)

Analysis of support costs

	Total funds 2023 £	<i>Total funds 2022 £</i>
Staff costs	338,203	263,615
Rent	24,975	24,796
Insurance	16,305	11,620
Room hire	1,984	1,268
Repairs and maintenance	-	701
Activities	-	1,316
Recruitment and training	11,008	3,155
Subscriptions	3,063	196
Telephone	91	2,884
Printing, postage and stationery	2,708	5,803
Bank charges	1,563	179
Information technology	13,709	5,420
Travel and vehicle expenses	2,258	260
Professional and consultancy fees	24,115	7,084
Depreciation	-	5,105
Sundry	60,341	32,540
Governance costs	22,082	13,809
	522,405	379,751

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

Analysis of other unrestricted expenditure

	2023 £	2022 £
Staff costs	3,190,528	2,470,615
Temporary staff	-	21,125
Loss on sale of fixed asset	5,208	-
Rent	72,618	69,769
Insurance	16,305	11,620
Room hire	17,559	10,092
Repairs and maintenance	4,453	6,835
Activities	601,912	445,797
Recruitment and training	51,203	55,193
Subscriptions	7,989	280
Telephone	20,034	27,882
Printing, postage and stationery	6,196	10,228
Bank charges	1,912	257
Information technology	63,804	34,382
Travel and vehicle expenses	116,008	50,666
Professional and consultancy fees	24,671	8,345
Depreciation	3,740	5,105
Sundry	72,112	38,277
Governance costs	22,082	13,809
	4,298,334	3,280,277

9. Governance costs

	2023 £	2022 £
Auditor's remuneration	22,082	13,338
Meeting and other expenses	-	471
	22,082	13,809

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

10. Auditor's remuneration

	2023 £	2022 £
Fees payable to the Charity's auditor for the audit of the Charity's annual accounts	15,985	9,820
Fees payable to the Charity's auditor in respect of: All non-audit services not included above	6,097	3,518

11. Staff costs

	2023 £	2022 £
Wages and salaries	3,126,846	2,595,939
Social security costs	292,016	219,274
Contribution to defined contribution pension schemes	64,428	53,838
	3,483,290	2,869,051

The average number of persons employed by the Charity during the year was as follows:

	2023 No.	2022 No.
Charitable activities	117	103
Governance	12	11
	129	114

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023 No.	2022 No.
In the band £70,001 - £80,000	-	1
In the band £80,001 - £90,000	1	-

12. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2022 - £NIL).

During the year ended 31 March 2023, no Trustee expenses have been incurred (2022 - £NIL).

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

13. Tangible fixed assets

	Motor vehicles £	Office equipment £	Total £
Cost or valuation			
At 1 April 2022	71,106	29,054	100,160
Disposals	-	(1,058)	(1,058)
At 31 March 2023	71,106	27,996	99,102
Depreciation			
At 1 April 2022	50,389	23,843	74,232
Charge for the year	5,179	-	5,179
On disposals	-	4,153	4,153
At 31 March 2023	55,568	27,996	83,564
Net book value			
At 31 March 2023	15,538	-	15,538
At 31 March 2022	20,717	5,211	25,928

14. Debtors

	2023 £	2022 £
Due within one year		
Trade debtors	347,619	311,285
Other debtors	1,050	-
Prepayments and accrued income	37,922	38,304
	386,591	349,589

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

15. Creditors: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	79,736	56,144
Other taxation and social security	205,434	163,680
Other creditors	150,242	74,998
Accruals and deferred income	105,076	22,242
	540,488	317,064

Other creditors comprising of £135,539 (2022: £62,688) are amounts which are being held on behalf of third parties.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
Unrestricted funds				
General Funds	1,253,835	4,508,111	(4,298,334)	1,463,612
Restricted funds				
Community Projects	179,395	40,408	(42,118)	177,685
Care Leavers Service	69,486	91,670	(78,812)	82,344
Social Prescribing	65,593	339,166	(259,261)	145,498
Transport	-	-	-	-
Children's Innovation & Pilots	-	253,940	(77,387)	176,553
	314,474	725,184	(457,578)	582,080
Total of funds	1,568,309	5,233,295	(4,755,912)	2,045,692

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2021 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2022 £</i>
Unrestricted funds				
General Funds	815,115	3,718,997	(3,280,277)	1,253,835
Restricted funds				
Community Projects	130,089	284,187	(234,881)	179,395
Care Leavers Service	-	91,100	(21,614)	69,486
Social Prescribing	6,171	309,938	(250,516)	65,593
Children's Innovation & Pilots	-	-	-	-
	136,260	685,225	(507,011)	314,474
Total of funds	951,375	4,404,222	(3,787,288)	1,568,309

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

16. Statement of funds (continued)

Fund descriptions

(a) Community Projects

Funded by a range of restricted grants from local authorities and charities, this programme reaches out to people facing significant social exclusion and inequality and supports them to be an active members of their community, through groups, activities and volunteering. It also includes work to gather feedback and insight on people's experience of mental health services to improve future service provision.

(b) Social Prescribing

This is a restricted grant from NHS Kent and Medway to develop social prescribing in West Kent, including provision of a community Link Worker service and support to other voluntary organisations to build community capacity and resilience.

(c) Care Leavers Service

This is a restricted grant from NHS Kent and Medway to pilot a navigation / social prescribing service for people aged 16-24 who have been in care, to improve their mental health and life opportunities.

(d) Childrens Innovation and Pilots Fund

This is a restricted range of funds from both grant funding and local authority funding to enhance the direct work available in the local children's services offer. These projects support both children and their families.

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	15,538	-	15,538
Current assets	1,988,562	582,080	2,570,642
Creditors due within one year	(540,488)	-	(540,488)
Total	1,463,612	582,080	2,045,692

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

17. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2022 £</i>	<i>Restricted funds 2022 £</i>	<i>Total funds 2022 £</i>
Tangible fixed assets	25,928	-	25,928
Current assets	1,544,971	314,474	1,859,445
Creditors due within one year	(317,064)	-	(317,064)
Total	1,253,835	314,474	1,568,309

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net income for the year (as per Statement of Financial Activities)	477,383	616,934
Adjustments for:		
Depreciation charges	5,179	12,011
Dividends, interests and rents from investments	(3,832)	(170)
Loss on the sale of fixed assets	5,211	-
Increase in debtors	(37,002)	(58,931)
Increase in creditors	223,424	177,860
Net cash provided by operating activities	670,363	747,704

19. Analysis of cash and cash equivalents

	2023 £	2022 £
Cash in hand	2,184,051	1,509,856
Total cash and cash equivalents	2,184,051	1,509,856

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

20. Analysis of changes in net debt

	At 1 April 2022 £	Cash flows £	At 31 March 2023 £
Cash at bank and in hand	1,509,856	674,195	2,184,051
	<u>1,509,856</u>	<u>674,195</u>	<u>2,184,051</u>

21. Pension commitments

The Charity operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £64,428 (2022: £53,838).

The defined contribution liability as at the year end is £14,703 (2022: £13,310) and is allocated to unrestricted fund.

22. Operating lease commitments

At 31 March 2023 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2023 £	2022 £
Not later than 1 year	30,000	30,000
Later than 1 year and not later than 5 years	7,810	37,810
	<u>37,810</u>	<u>67,810</u>

23. Related party transactions

During the year, an amount of £4,035 (2022: £592.50) was invoiced by Claire Wells who is the wife of G Wells, Deputy CEO of Involve Kent Limited for freelance HR administration support services. As at the year end, no amounts were outstanding (2022: £Nil).

D Simmons, a trustee, is employed at MetroBank, supplier of banking services to the Charity.

R Hewett, a trustee, is a Director at NHS Kent and Medway, who provide funding to the Charity.

INVOLVE KENT

England & Wales - Charity number 1066911

Accounts

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

INVOLVE KENT LIMITED
(A company limited by guarantee)

CONTENTS

	Page
Reference and administrative details of the Charity, its Trustees and advisers	1
Chairman's statement	2
Trustees' report	3 - 16
Independent auditor's report on the financial statements	17 - 20
Statement of financial activities	21
Balance sheet	22 - 23
Statement of cash flows	24
Notes to the financial statements	25 - 43

INVOLVE KENT LIMITED
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022**

Trustees

Stephen O'Connell CBE, Chair
Rosaline Sarah Dean (resigned 8 December 2021)
Richard Leicester
John Russell (resigned 8 December 2021)
John Bennett
Andrew Fairhurst
Viviane Williams (resigned 8 December 2021)
Ben Hudson (resigned 8 December 2021)
Duncan Simmons
Rachel Hewett
Christina Hickson (appointed 8 December 2021)
Rachel Holweger (appointed 8 December 2021)
Deirdre O'Donoghue (appointed 8 December 2021)

Company registered number 03449624

Charity registered number 1066911

Registered office 30 Turkey Court
Turkey Mill
Ashford Road
Maidstone
Kent
ME14 5PP

Chief Executive Officer Charlotte Osborn-Forde

Deputy Chief Executive Officer Gary Wells

Independent auditor MHA MacIntyre Hudson
Victoria Court
17-21 Ashford Road
Maidstone
Kent
ME14 5DA

Bankers

Charities Aid Foundation
Kings Hill
West Malling
Kent
ME19 4TA

Metro Bank PLC
One Southampton Road
London
WC1B 5HA

CHAIRMAN'S STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022

The chairman presents his statement for the year.

This is the third annual report of the Covid Pandemic period and again everyone at Involve has responded magnificently in the face of the threat from the virus, continued community restrictions and as the year progressed the emerging cost of living crisis which will impact even further this year.

As with my previous two report introductions I want to start by again acknowledging the deeply personal impact Covid will have had on many of our staff, volunteers, commissioners, partners and beneficiaries, and thank all our front-line workers and volunteers who have continued to provide vital services to those in need in these unprecedented times.

Our CEO's report sets out a range of tremendous delivery achievements by our staff and volunteers, often whilst managing their own fears and anxieties about the challenges we all face. I am once again struck by some of the very personal testimonies from our beneficiaries throughout the year and the life changing difference our staff and volunteers have made to the quality of their lives. As Chair I not only feel deeply humbled when I read these stories but also immensely proud of all our staff and volunteers at Involve and the very real difference they make to the lives of those in our community when most in need.

This year has also been another of impressive growth and success in terms of expanding our existing and new services to more beneficiaries. I particularly want to acknowledge the work of our outstanding CEO and her senior team in leading and building on our existing services whilst bidding, co-designing and mobilising new services.

This will be my last report as Chair and Trustee of Involve as I retire and with my wife start the next chapter of our lives away from Kent. I have learned so much over the last ten years from the outstanding team and board of trustees at Involve and I have been especially privileged to serve as Chair over the last four years.

Finally, I would like to thank everyone who has contributed to the success of Involve in the last year and wish you every success in the future.

Stephen O'Connell CBE, Chairman
Date: 28 November 2022

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Treasurer's Report

In our last financial year, income was £4.40m, up over 50% on the previous year - the biggest increase for some time. Growth was driven by our continued success in tendering for contracts to support those most in need in our communities. Involve's experience in servicing a diverse range of needs gives us a unique ability to see the big picture and help innovate new solutions.

Whilst growth in turnover is perhaps exciting, it brings new risks to the organisation which require careful financial management. Recruiting new staff has proved challenging and costly in the post-Covid jobs market. Whilst contract income is secure, payment timings are sometimes difficult to control and require close management of cashflow. Our improved financial processes introduced in the last financial year have enabled us to budget carefully ensuring reserves remain adequate to fund ongoing activities.

Finance sub-group meets each month to allow trustees a review of management accounts and discussion financial performance. We are supported by external professionals - our auditors and new bankers – who work to ensure our ongoing growth and financial needs can be met. I am indebted to the trustees who attend for their supportive challenge and debate. The Involve team always demonstrate a sound understanding of the position meaning that we can re-forecast efficiently and keep finances on track. Our new finance manager, Jo, has transformed the in-house financial reporting process to enable easy scrutiny and understanding.

Finally, a huge thank you to the senior leadership team – Charlotte, Gary and Jane - who continue to manage the finances with an inclusive and supportive culture where the end user is always the key consideration even where difficult financial choices have to be made.

CEO's report

This year started as last year's began, with coronavirus restrictions and 'lockdown', only lifting slowly as we moved into July, and with many staff, volunteers and beneficiaries feeling deeply weary, isolated and anxious.

But we moved forward with hope and developed a strategy focused on revitalising communities, reconnecting people and reaching out to the most disconnected and isolated; summed up by one phrase 'we go to them'. Carefully managing risk, and with training, guidance and equipment, we did just that; meeting people in parks, community centres, cafes, other charities and often in their own homes, to hear their experiences, share information, opportunities and connect to services and support.

Through the year, our staff completed 8929 face to face meetings with people who preferred this to digital or telephone contact, ensuring no one was left behind. Alongside this, we developed a 'proactive outreach' approach, visiting foodbanks and other services to reach people, and delivered 'West Kent Listens' to feed this insight back to policy makers and senior leaders.

This year we supported 30,918 people across Kent and Medway, delivering 229,558 individual contacts, around half as telephone conversations. A significant proportion of these conversations (13427) were to provide information and advice about the Covid vaccine, via our telephone helpline service delivered on behalf of the NHS. We were asked to mobilise this new service in just three weeks, developing systems, guidance, recruiting and training staff, to take calls from people feeling hesitant about the vaccine or not sure how to access, especially from ethnic minority communities or people experiencing disadvantage. Working closely with NHS partners, this was achieved with close integration and data sharing with GPs and vaccine services, demonstrating the significant benefit of partnership. 63% of people who used the service were from an ethnic minority and 98% had their query resolved.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Our other new NHS partnership is also focused on addressing inequality; 'Moving Forwards' a service co-designed with NHS Mental Health commissioners to support young people leaving care. Moving Forwards offers a personalised 'social prescribing' approach to people aged 16-24 to help them identify goals, make friends, access services and build confidence. Care Leavers face some of the most complex challenges of any young people, indeed the 'Independent Review on Children's Social Care' recently stated 'The disadvantage faced by the care experienced community should be the civil rights issue of our time'. This new service is already making great strides in integrating services and support around young people and inspiring them with a positive future.

As restrictions eased, our largest service came to life, 'Actively Involved' a flagship new approach to community health and wellbeing. Funded by Kent County Council social care to support people over 55 or under with complex health, the service launched in West Kent in April 21. Our innovative model for the service builds on the expertise, resources and community capacity of local charities and groups; the majority of the delivery funds are shared with 29 other local partners to offer a diverse range of activities and groups, from inclusive bee-keeping to fall-prevention dance classes. Working with the private care sector, we broker specialist support for individuals with complex needs, and provide transport, to make mainstream community activities accessible again. 3138 people, 90% of whom were disabled or with complex health, reported reduced loneliness and improved access to activities in the first year of the service. In February 2022 it was extended to North Kent, with an additional 23 new partners engaged, launching 1st April. Undoubtedly as the year ends we are facing significant structural challenges; widening inequalities, increased poverty, greater disconnection, loneliness and ill health, and traditional services are struggling to cope.

Our work demonstrates these issues are not intractable, there are solutions, with different thinking and comparatively little resource. Lying dormant in our communities, in people denied opportunity, or limited by their anxiety, ill health, or strained by the stresses of adversity; people with insight, experience, potential, time and capability, to help themselves, their families and their community. This untapped potential is the 'renewable energy' of involvement, activation, participation and volunteering which it is our mission to mobilise, and it is needed now more than ever.

How our activities deliver public benefit:

Our main activities and who we try to help are described throughout this report. All our charitable activities focus on community support and are undertaken to further our charitable purpose for the public benefit.

The trustees have had due regard to the Charity Commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Vision and Objectives:

Our vision is healthy, connected people and communities.

We offer diverse services, but they all aim to achieve the same thing for people; to improve quality of life, health and happiness. We do this through providing support around each person's unique needs and interests and making the most of local services, groups, agencies and communities.

Our objective is to reach out to and support people feeling lonely, isolated, struggling with ill health, frailty, mental health problems and facing issues such as disability, demanding family or caring responsibilities, poverty or other life challenges or adversity.

Through the support of our skilled staff team of 120 people, plus our dedicated volunteers, to work in partnership with other services such as the NHS, social care, GPs and charities, to help people find hope, confidence, connection to live the life they choose.

We believe everyone should be able to access services and activities in their community, which is why we have over 60 partnerships with charities & other local organisations - to promote choice, connection & independence.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Our Impact

At Involve we are committed to measuring the impact of the work we do with individuals and communities in the most academically robust way possible. We do this by both collecting and analysing the stories of the people we support and by asking people a series of questions before we start working with them and then again 12 weeks later. This mix of qualitative and quantitative data enables us to link our support to improved outcomes for the people we work with. In addition, we collect data on demographics in order to ensure that we are inclusive, accessible and that our work is effective with all social groups.

Our primary aim to support people as individuals using a 'what matters to me' approach in the most person centred way possible, this means that improvement can be varied, individual and hard to tangibly measure and compare. In order to provide robust impact evaluation, we measure wider impact indicators including; health, wellbeing, loneliness, physical activity levels and resilience to problems. By measuring these indicators with large numbers of clients we can robustly measure the impact of our work.

Between April 2021 and April 2022, Involve supported 30,918 people, the most we have ever engaged as an organisation. Of these 63.47% reported having a disability or long-term health condition, 63% identified as female, 31% were carers. The age range varied from 54% being over 60 years old, 33% between 25 – 60 years old and 13% being under 25 years old. In addition 7% of the people we supported were from ethnic minority backgrounds.

To measure wellbeing we use the Office of National Statistics (ONS) wellbeing tool, this is a robust measure as ONS collect population data which helps us baseline our datasets. On average our clients scored 4.4 out of 10 on happiness, life satisfaction and worthwhileness, the national average for these is 7.7. Again with anxiety the national average is 2.93 and our clients averaged 4.96. This demonstrates that we are reaching the right people in our communities; people feeling low, dissatisfied with life and anxious.

Of the 30,918 people supported 89% reported improvements in wellbeing. 46% reported being less lonely and 32% reported an increase in physical activity. In addition 52% reported being more equipped to manage problems after working with us. All of the people we worked with reported an improvement in at least one area. Finally, if we look at the levels of improvements the data demonstrates large amounts of impact, wellbeing for example improved on average by 23.5% (the equivalent of moving from 5 – 7.4 on the scale), health improved by 14.5% and problem solving by 12.6%. For those people who increased their physical activity, we saw significant improvements; a massive 83 minutes a week per person. Involve recognise that the impact that achieved is due to the hard work of both our staff and the people they support.

Our approach

Throughout a year with unprecedented referrals to some of our services, our committed staff teams worked tirelessly, despite the effects of Covid, onsite with clients at the hospitals, in the community, home visiting and supporting by telephone. Covid also affected our staff themselves and their families. Despite all of this we were committed to continuously improve our services for the people who access them. To work smarter, encourage client feedback and act on it.

We decided to further implement a personalised care approach in an everchanging environment across Involve. We fully implemented the 'Esther' model and strength-based practice.

Four staff were trained to 'Esther Coach' level by the Kent Design and Learning Centre and the rest of our client-facing staff to the 'Esther Ambassador' level- this also included some Trustees. We encourage our staff to work collaboratively alongside clients, taking time to listen to "what matters to me" from people in a focused conversation and doing with rather than doing for. Then, to reflect on their work, the feedback from the person, and exploring what could be improved.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Key to the 'Esther' approach is encouraging a 'no blame' culture; at Involve we enable staff to reflect on and improve their practice in a supportive one-to-one or group environment, to learn and share with their colleagues and managers. Managers are trained in clinical supervision to encourage safe reflection and emotional support to our staff who at times work in challenging situations.

Working with clients, we endeavour to provide a collaborative approach to personalised support. A focus on what is strong in someone's life and how this can be built upon, their interests, abilities, networks of people and community rather than making the deficits the entire focus. This means encouraging and supporting people to have choice and control in what they need to access to live well in the way they wish to, helping them to set goals and then supporting them to achieve those goals collaboratively.

This approach allows us to show a person's progress and build case studies, helping people to reflect back on their individual journey but also enabling us to demonstrate the outcomes for clients and impact of our work and to commissioners and partners. It gives confidence we are always seeking to improve our support to people in Kent. We realise the challenges ahead but are confident that our approach to training our staff and focusing on the experience our clients receive, will ensure safe and meaningful support for those who access us.

"Thank you,, you really helped to keep me stable, you saved my life in a way, you listened so well and you were right there with me, I have never had support like that in my life"

Moving Forwards: New service for Care Leavers

Learning to budget to keep on top of the bills, working out how to get organised in daily life to fulfil work and home commitments, and learning how to keep yourself healthy is a huge learning curve for any young person, especially for those that do not have families or Carers to rely on for support or to live with.

That's where we come in.

Moving Forwards is a brand new service that supports young people aged 16-24 that have either left care or are preparing to leave. The service was co-designed with NHS Kent and Medway, to understand if a 'social prescribing' approach could be an effective way to improve the mental health and life chances of care leavers. It launched in January 2022.

Our specialist Care Leavers Navigators understand barriers that these young people may face and our one-to-one approach ensures that the support we give is guided by what matters most to them. The support we offer is varied and spans from practical support such as providing links to other useful organisations, helping with budgeting, sourcing accommodation to social and emotional support such as regular, weekly meetings and linking people to provide friendship and consistency.

Already we are achieving positive outcomes for people; improvements in anxiety, health and reductions in loneliness.

New Service - North Kent Actively Involved

North Kent Actively Involved is a new service developed during 21/22 to enable people over 55 or with complex health to stay active, well and connected to their community, making the most of local groups and services. It is funded by Kent County Council and was launched in Dartford, Gravesend and Swanley in April 2022, following the successful launch in West Kent the previous year.

Our service encourages social connection, independence and gentle physical activity. Support is provided for people who may be very isolated, anxious or frail, such as door to door transport or the help of a support worker. By working in conjunction with and maintaining strong relationships with partner organisations, we are able to provide clients with a menu of local activities to suit a wide range of interests; art, culture, sport, nature, local trips, as well as bridge gaps by organising peer-led groups that have been suggested by clients. This ensures that people have the opportunity to take part in activities and groups that interest them.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Through attending weekly groups, our clients are able to build friendships, revive old passions and try out a new hobbies. They can access information and advice to stay well and independent, and know where to turn for problems and worries.

During 2021/22, 26 other charity and community groups joined us as partners to deliver this new service. We are working with the Kent Equality Cohesion Council to open opportunities to diverse communities.

Community Navigation for Over 55s and complex health

We provide the 'Community Navigation' service, funded by Kent County Council in West Kent. This is a service for people over 55 or with complex health which aims to guide and connect people to access services and support. Our team of Navigators;

- Explore and build social networks and enable access to a range of activities, which may include Carer support, peer support, befriending, exercise, arts & heritage, creative activities, physical activities, cognitive stimulation opportunities
- Support to access the health and social care system (statutory and non-statutory) and working with teams and organisation to make referrals
- Enable people to identify services within the local community. Where appropriate, facilitate purchasing of services, such as care at home, to meet goals and short and long term needs
- Assessment and identification of adaptation, equipment and assistive technology needs and arrange for supply as appropriate
- Provide assistance and advice including entitlements, accessing services and community activities, making referrals, building confidence through activities such as accompanied visits, initial outings and form filling
- Make referrals/provide information around local services and opportunities. Liaise with other specialised community services to ensure appropriate links are made.

3307 people over 55 or with complex health were supported, 91% of people reported a serious health condition or disability.

On average, people's happiness increased by 26%

Community Navigation for Carers

According to research 1 in 9 adults in Kent are unpaid Carers and look after either a family member, partner, friend or neighbour who due to complex health needs are unable to cope without support. Unpaid carers come from all walks of life and backgrounds, and although caring for someone can be a positive experience, it can also be challenging.

Involve are the main point of contact for unpaid carers in West Kent and our role is to empower carers in their caring roles. We are contracted by Kent County Council and provide on-going practical support such as; conducting Statutory Carers Assessments, distributing Emergency Carers Cards, assisting with hospital discharges, sharing advice and guidance on Carers rights as well as providing emotional and social support to help the carer look after their own health and social needs.

5471 Carers were supported, 70% of carers had a disability or health problem themselves

30% of Carers were more physically active, on average by 83 minutes a week

35% of Carers felt less lonely

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Social Prescribing – GP practices

3723 people accessed social prescribing in GP practices

'Social Prescribing' means looking at the social and lifestyle factors impacting on a person's health, and working with community groups and local services to address them. Involve has led the development of social prescribing across Kent and Medway, working closely with medical services and the NHS to enable GPs, nurses and others to refer people to a 'Link Worker' to help them access non-medical support.

We now have Link Workers in more than 100 GP practices across Kent, able to access the patient's medical records through our unique digital innovation 'Cloud Gateway VPN' and work closely with medical and administrative staff. We have seen the service diversify to include Health and Wellbeing Coaches and Link Workers with specialism, such as mental health or cancer.

Link Workers typically support people for 3-6 months, including visiting at home and accompanying people to activities or meetings, with a focus on building connections to local groups to provide ongoing support. As part of this, we work closely with many other community groups and charities, promoting their services on our directory and helping them accept referrals for people with health issues to take part.

People accessing social prescribing reported average improvements in quality of life of 36%.

On average people felt their health improved by 28%

61% felt more able to deal with problems in future

"I am a 42-year-old woman who was diagnosed with MS and Functional Neurological Disorder. I live alone and struggle with my mobility and to go outside on my own, so I am therefore socially isolated at home. In the past I have had suicidal thoughts and I am under the care of the Mental Health Team. I have very little emotional support from friends and family.....Since I've been getting befriending calls from the Chatty Café, I've felt my health and well-being improved a lot and I've not felt as lonely and isolated as I did before. The befriender gives a window into the outside world and makes me feel connected to others and everything that is going on in the world. I really look forward to our weekly chats and it's given me a sense of routine and an opportunity to laugh and smile again. I always felt it was just easier to withdraw from the world before, but since doing the befriending service, I've felt a desire to connect with others. I cannot thank the Link Worker and befriender enough. They really have been my lifeline and I can't believe something that seems so simple (relatively) can have such an impact. A million thanks!!!"

Social Prescribing in the community

724 people accessed social prescribing in the community

Not everyone accesses their GP or the medical care they need, eg due to homelessness, anxiety, poverty, disability, language or cultural barriers. These and other issues can impact on people's health, and increase the risk of illness, this is known as 'health inequalities'. Funded by Kent and Medway NHS, our innovative approach to addressing health inequalities in West Kent re-positions social prescribing, working with community groups such as food banks, advice centres, homelessness services and councils to engage people, rather than relying on GP referrals. Through this outreach approach, we have been able to support people experiencing the most adversity and inequality. This may be people experiencing homelessness, debt, mental illness alongside complex health problems and disabilities, and difficulties accessing services. Utilising grant schemes, practical support is offered, eg purchasing microwave, food or bedding, alongside ensuring access to essential services such as GPs, benefits and housing.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Support and peer groups are initiated and facilitated to enable people with similar conditions or interests to build relationships and share advice on managing life, eg chronic pain and long covid.

72 people in crisis were issued with a supermarket voucher or fuel payment. 38% of people supported lived in the most deprived areas of west Kent. On average, people reported an increase in happiness of 38%.

"I have three children under 5, I'm on my own and have hernia and bowel problems. I met the Link Worker at the food bank. She then visited me at home to complete a disability benefit appeal and managed to provide a lot of additional information this time round. The SPLW wrote this up with me and then sent me a copy so that I could get it printed locally. She even came to the food bank and carried my food parcels when I wasn't able to carry the heavy bag back home because of my stomach pain. She liaised with the Council and managed to get my Council Tax arrears cleared and payments cancelled until the new financial year. She also put me forward successfully for a £200 grant, so I was able to replace my bedding that I had soiled when unwell. I was also able to buy a microwave which has been really helpful with young children."

Children's Health and Wellbeing Service

1552 people supported

This is an innovative service providing 'social prescribing' to children, young people and their families working closely with GP practices, schools and health services, funded through contracts with Primary Care Networks.

This service offers long-term support to children & their families by helping to coordinate care and support, access information and guidance and ensure they are aware of and engaged with relevant services and organisations.

Our Navigators are based in the GP practices and work with children from 0 - 18 (or up to 24 with SEND) and their families/carers where the child has a long term health condition, particularly Neurodevelopmental issue (such as autism) or Mental Health concerns both pre and post diagnosis.

Complementing the GP based service, additional programmes are developed including 'Connect!' to provide fun and engaging social and leisure groups for young people which are inclusive of their needs.

62% of families felt more able to deal with problems once supported by a Navigator.

On average, anxiety reduced by 14%.

Community Transport

1074 people support.

Right: Involve's Community Transport service is a community based driving scheme for people living in the Maidstone and Malling area that helps people who cannot manage on public transport because of age, frailty, illness, disability or injury and do not drive.

Involve can provide trips to places like hospitals, foot clinics, day centres, shops, visits to friends or anywhere else people would like to go. The service plays a critical role in helping people keep connected to friends, family and local services, as well as ensuring people can access their GP and other health care.

This service is facilitated entirely by volunteers who either use their own vehicles or an Involve minibus.

Around 4500 trips were made in 2021/22.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Wellbeing and Inclusion

Our 'Wellbeing and Inclusion' programme is designed to offer people facing significant life challenges and / or mental illness opportunities to take part in community activities, meet people in similar circumstances and build routine, friendships and new skills. It is especially aimed at people aged 25-55. A range of fully supported opportunities are offered in Maidstone and Malling, all designed to develop skills and enhance wellbeing, such as community allotments and art and craft groups. The programme is funded by a wide range of charities and grants, all focused on ensuring no one is left behind. Alongside the activities, we gather people's feedback on their experiences and views of local mental health services, and feed these back to Health Watch; this is called 'Mental Health User Voice' and it helps improve services for the future.

137 people accessed the programme, and 60% were more physically active as a result, with an average reduction in anxiety of 18%.

Helping you Home Hospital Discharge

388 people supported

Occasionally after a long or short stay in hospital, a person's circumstances will change. This may mean that they now require additions or changes to be made to their home to not only make their transition back home easier, but to also prevent future hospital admissions. It may be that their home was a factor in their ill health or admission to hospital.

'Helping You Home' is a practical service that works with people in Maidstone to make homes safer and more accessible. We are able to conduct Home Safety Checks prior to a hospital discharge, help with moving furniture such as moving a bed into the living room, and installing lifelines. We ensure access to other services such as adaptations. Quite often the service we provide supports the person's quality of life and reassures their family members or carers of their safety. This service is delivered in partnership with Maidstone Borough Council and Maidstone Hospital.

20% of people felt less anxious after receiving the service. 100% reported satisfaction with the service.

Bereavement Support

Our bereavement groups offer an opportunity to meet and talk with others who are going through similar experiences over tea and coffee in a friendly and supportive environment. Talking about their experiences, sharing tips and ideas to maintain health and wellbeing, and feeling connection to people in similar circumstances helps people to feel less isolated and offers hope. Evaluation of this service shows that people who take part strongly benefit from the groups, feeling happier and less lonely.

Our complementary 'Life Changing Conditions' service provides emotional, practical and non-statutory advocacy support to people over 55 living in Maidstone and Malling affected by a health condition, predominantly through the support of volunteers.

Wellbeing scores improved by 56% on average for people who took part.

Fall Prevention Service

This service offers 'Postural Stability' group exercise classes funded by Kent County Council across north and west Kent. The programme includes advice, home exercises and information sessions alongside specially designed therapeutic exercise classes to help people over 65 who are at risk of falls to improve their strength, fitness and gain confidence in balance.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Our classes are run by specialist instructors who understand the age related concerns that people may face. The classes are clinically proven to improve balance and bone density over a 36 week period and prevent falls, or mitigate harm if people do fall. Critically, the classes help people to feel confident going out and about, preventing isolation and further frailty, and prove that older age does not inevitably mean physical decline. The average age of participants is 82. During this period of Covid restrictions, the programme adapted to offer classes digitally, through provision of internet enabled tablets if needed, to help people maintain their mobility and keep moving.

164 people were supported.

85% of people improved their confidence levels around mobility from their first assessment.

Actively Involved

This service provides a lifeline for those over the age of 55 (or under with complex health) and living in west and north Kent to connect to their local community by attending groups, activities and day trips, and access support and information to stay well. Funded by Kent County Council, the service aims to reduce loneliness and increase independence, reducing people's reliance on formal services. In the wake of Covid-19 it has been found that 1 in 3 people over the age of 55 are feeling more lonely and isolated than ever before; the service started in April 2021 in West Kent and in just one year engaged 3138 people. North Kent launched in April 2022.

Working closely with a wide range of charitable partner organisations, we provide people with a diverse menu of local activities, groups and day trips. The service is fully inclusive, with support offered for people with mobility issues, anxiety and frailty, such as door-to-door transport or the help of a support worker to take part. We create and establish local coffee mornings, lunch clubs and other groups too, connecting people with similar interests. These regular social events encourage social connection and sense of community. Where possible, people are encouraged to be physically active, access their community and build relationships, all of which contributes to healthy ageing.

3138 people were supported

90% of clients have a disability or health issue

62% of people felt less lonely

On average people felt 30% less anxious

Covid Vaccination Helpline

Involve works closely with the NHS to help connect with communities and reach people facing disadvantage or inequality. In June 2021, we were approached by NHS Kent and Medway to co-design and deliver a new service to help people find out more about the Covid vaccine, especially people from ethnic minorities, people without internet access or other literacy or access issues. Within just three weeks we had mobilised a brand new service, with a trained team of staff ready to take calls from the public, and to help GP practices call patients who had not come forward for the vaccine. Always careful not to offer medical advice, the Helpline Advisors utilised information from the NHS, charities and other reliable, verified sources to answer questions, never pressuring people and only ever offering information to help people make informed choices.

There was strong demand for the helpline, and it was effective in providing unbiased information to help people make an informed choice regarding the COVID vaccination. Many people of different ethnicities have been contacted and engaged, including those who required further support such as translation services, home visits for housebound patients, or transport to appointments. For many people telephoned, it gave them the opportunity to have their concerns addressed and consequently provided the impetus to book or find out more about walk-in clinics.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

The helpline ended in March 2022. Going forward, for those who call the helpline, they will receive a message advising them to contact 119 for general advice or visit the Grab a Jab website for information on local services.

42,775 patients were telephoned and offered information on behalf of GP practices

3,832 people telephoned the helpline for information and advice

98% said they would book the vaccine as a result

68% were from a minority ethnicity

Supporting the voluntary and community sector

Collaboration is at the heart of everything we do at Involve, and our work with the voluntary and community sector is critical. Our aim is to help connect community organisations of all sizes, with each other, with people who could benefit from their services, and with the wider health and care systems, especially the NHS. To help organisations grow and develop, so that they can continue to support and strengthen communities and provide essential services, and to give them a voice.

We are proud to work in partnership with and provide funding to 46 charities and voluntary organisations this year, to co-deliver services such as 'Actively Involved' and support sustainability and growth of local groups and activities. We have secured funds from the NHS and Kent County Council to distribute small grants to community activities including foodbanks, social groups, singing classes, nature conservation and advice services.

Our Information Officer connects people and organisations working in the community to share information, good practice and to collaborate, running various networks, forums and a weekly e-news bulletin. This has included mapping community support at a local level for help people during Covid lockdowns, and now to address poverty.

521 Organisations have been engaged and supported.

Total amount of funding securing by Involve for our VCS partners; £463,486

Financial Review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

b. Reserves policy

The financial policy is decided by the Trustees and Members in regular meetings so that funds can be distributed in accordance with the Articles of Association, and reserves maintained at a reasonable level, so that the Charity remains able to provide for future needs.

The Trustees review the reserves policy annually. The Trustees wish to maintain unrestricted reserves of at least 3 months' expenditure. This is to ensure appropriate funds for delivery of existing services and commitments in the short term, if funding is cut or reduced by funders, or for emergencies, such as providing stability during the Coronavirus pandemic. Further, it is considered strategically important for the management of cash flow, as increasingly the NHS contracts secured pay in arrears, often 3-6 months, with significant upfront costs, such as salaries, needing to be met by the charity in advance. Cash reserves therefore enable ongoing growth of services and ensure a diversity of income streams. The trustees consider three months running costs to be the ideal minimum level of reserves, which equates to £956,822 (2021: £700,000).

At the year end unrestricted reserves stood at £1,253,835 (2021: £815,115) and restricted reserves at £314,474 (2021: £136,260). Total funds at 31 March 2022 were £1,568,309 (2021: £951,375).

c. Material investments policy

Involve Kent Limited does not have an investment policy as all reserves are held as cash.

d. Risk management objectives and policies

The Trustees have in place a risk register which is reviewed and updated at every board meeting. These risks cover all aspects of the operations and strategy of the organisation, including, but not limited to: Financial controls and compliance, Insurance, Compliance with: Data protection, Company law, Charities Commission, and Health and Safety legislation, Uncertainty of local authority grants, Non delivery/completion of projects, Safeguarding, Reputation, Disaster management, Quality systems and Governance. All risks are graded for likelihood and impact using a red, amber and green system, and this is discussed at every Board meeting. The Company's risk register is available for inspection.

At the end of the financial year, there were two amber rated risks:

- 1) Capability and Capacity: Loss of key people and the ability to recruit top people. Action agreed: "Training and development for management and leadership a priority due to increased growth. Develop strategic training needs assessment. Increase office space to enable shadowing and team building."
- 2) Wider Political Environment: impacts of Brexit, government policy, coronavirus, inflation, changes to health and social care, increased poverty. Action agreed: Strategic review and new strategy for Involve from April 23. Trustee skills audit and recruitment campaign to secure wide expertise and perspective on the board to enable ongoing external intelligence and agile decision making.

Structure, governance and management

a. Constitution

Involve Kent Limited is registered as a charitable company limited by guarantee and was set up by a Trust deed.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

The Board of trustees has an established governance handbook, which includes Board 'Terms of Reference', Trustee role description, person specification and an outline of trustee recruitment, induction and training. Skills audits are undertaken regularly, to determine skill requirements, gaps and succession planning. The key skills required include:

- Senior leadership in public/ private/ voluntary organisation
- HR
- Marketing and communication
- Safeguarding
- NHS policy/ commissioning/ leadership
- Financial
- Charity management and governance

A recruitment campaign is designed, to advertise widely including digital sites, local contacts and networks, and national trustee recruitment programmes. Targeted recruitment is undertaken for specific skills. Application is by CV and assessed against the person specification. The shortlisting process:

- Initial desk-based shortlisting against specification
- Informal discussion with CEO by telephone
- Digital interview with Chair, Vice Chair, CEO
- Face to face interview with at least 2 of the above
- Observation of at least 1 board meeting and then follow up discussion
- Agreement to stand for election at the AGM to be voted by Members.

Following election, new Trustees complete paperwork with Companies House and the Charity Commission, and a 'Declaration of interest' form, confirmation they are not disqualified and other checks. Their details are published on our website.

c. Organisational structure and decision-making policies

The Charity is governed by its Articles of Association, available from the Charity on request.

The Charity is administered by the Trustees, who are directors of the Charity for the purposes of the Companies Act, for all areas of decision making.

The list of trustees is available on the administrative and reference details page.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

d. Policies adopted for the induction and training of Trustees

Following recruitment, there is an onboarding process for Trustees which covers:

- Governance documents
- Strategy and business plans
- Accounts
- Policies
- Staffing structure

There is a Trustee digital 'Sharepoint' with all documents available. Trustees are set up with an Involve Kent 'Office 365' account and Involve email address.

Training includes:

- GDPR
- Safeguarding
- Roles and responsibilities of Trustees

Additional and specific training is offered throughout the year. The Board recognises that good governance is essential for the success of the charity and has made good progress in developing its governance policies and practices in line with the principles set out in the Charity Governance Code for larger charities. This includes commitments to enhance diversity and inclusion.

e. Pay policy for key management personnel

The Trustees consider staff listed on page 1 of the accounts as comprising the key management personnel of the Charity in charge of directing and controlling the Charity and running and operating the Charity on a day to day basis.

The pay of the Charity's senior leadership team is reviewed annually and normally increased in accordance with market rates.

f. Related party relationships

There are no related parties or any other organisations that we cooperate with in pursuit of our objectives.

g. Trustees' indemnities

Trustees benefit from indemnity to cover the liability of the Trustees which by virtue of any rule of law would otherwise attach to them in respect of any negligence, default or breach of trust or breach of duty of which they may be guilty in relation to the Charitable Trust.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Members' liability

The Members of the Charity guarantee to contribute an amount not exceeding £10 to the assets of the Charity in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

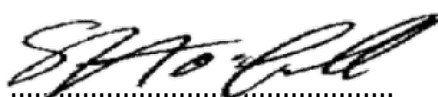
Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

Auditor

The auditor, MHA MacIntyre Hudson, has indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees and signed on their behalf by:



.....
Stephen O'Connell CBE
(Trustee)

Date: 28 November 2022

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED

Opinion

We have audited the financial statements of Involve Kent Limited (the 'charity') for the year ended 31 March 2022 which comprise the Statement of financial activities, the balance sheet, the statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements.
- the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a Strategic report.

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management, those charged with governance around actual and potential litigation and claims;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing minutes of meetings of those charged with governance;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations; and
- Maintaining professional scepticism throughout the course of our audit work.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

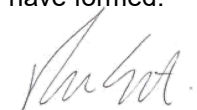
A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

INVOLVE KENT LIMITED
(A company limited by guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.



Duncan Cochrane-Dyet BSc BFP FCA (Senior Statutory Auditor)

for and on behalf of

MHA MacIntyre Hudson

Statutory Auditor

Maidstone

United Kingdom

Date: 07 December 2022

INVOLVE KENT LIMITED
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	4	3,609	5,604	9,213	65,829
Charitable activities - Grants and service delivery contracts	5	3,715,218	679,621	4,394,839	2,855,690
Investments	6	170	-	170	571
Total income		3,718,997	685,225	4,404,222	2,922,090
Expenditure on:					
Charitable activities	7	3,280,277	507,011	3,787,288	2,628,200
Total expenditure		3,280,277	507,011	3,787,288	2,628,200
Net movement in funds		438,720	178,214	616,934	293,890
Reconciliation of funds:					
Total funds brought forward		815,115	136,260	951,375	657,485
Net movement in funds		438,720	178,214	616,934	293,890
Total funds carried forward		1,253,835	314,474	1,568,309	951,375

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 25 to 43 form part of these financial statements.

INVOLVE KENT LIMITED
(A company limited by guarantee)
REGISTERED NUMBER: 03449624

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	<i>As restated 2021 £</i>
Fixed assets			
Tangible assets	13	25,928	29,385
		25,928	29,385
Current assets			
Debtors	14	349,589	290,658
Cash at bank and in hand		1,509,856	770,536
		1,859,445	1,061,194
Creditors: amounts falling due within one year	15	(317,064)	(139,204)
Net current assets		1,542,381	921,990
Total assets less current liabilities		1,568,309	951,375
Total net assets		1,568,309	951,375
Charity funds			
Restricted funds	17	314,474	136,260
Unrestricted funds	17	1,253,835	815,115
Total funds		1,568,309	951,375

INVOLVE KENT LIMITED
(A company limited by guarantee)
REGISTERED NUMBER: 03449624

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2022

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



.....
Stephen O'Connell CBE
(Trustee)

Date: 28 November 2022

The notes on pages 25 to 43 form part of these financial statements.

INVOLVE KENT LIMITED
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Cash flows from operating activities		
Net cash used in operating activities	747,704	205,463
Cash flows from investing activities		
Dividends, interests and rents from investments	170	571
Proceeds from the sale of tangible fixed assets	-	2,101
Purchase of tangible fixed assets	(8,554)	-
Net cash (used in)/provided by investing activities	(8,384)	2,672
Change in cash and cash equivalents in the year	739,320	208,135
Cash and cash equivalents at the beginning of the year	770,536	562,401
Cash and cash equivalents at the end of the year	1,509,856	770,536

The notes on pages 25 to 43 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

Involve Kent Limited is a charity registered with the Charity Commission in the United Kingdom. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in page 2 of these financial statements.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Involve Kent Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

These financial statements are prepared on a going concern basis. The Trustees have a reasonable expectation that the Charity will continue in operational existence for the foreseeable future. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Charity to be able to continue as a going concern.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

The recognition of income from legacies is dependent on establishing entitlement, the probability of receipt and the ability to estimate with sufficient accuracy the amount receivable. Evidence of entitlement to a legacy exists when the Charity has sufficient evidence that a gift has been left to them (through knowledge of the existence of a valid will and the death of the benefactor) and the executor is satisfied that the property in question will not be required to satisfy claims in the estate. Receipt of a legacy must be recognised when it is probable that it will be received and the fair value of the amount receivable, which will generally be the expected cash amount to be distributed to the Charity, can be reliably measured.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income from services consists of an administration charge added to the drivers' mileage reimbursement for transport services. The Charity is reimbursed for the expenses of the drivers which it pays. The net cost of the service is included in direct charitable expenditure. Costs for which the Charity will be reimbursed are included as deductions from direct charitable expenditure and as debtors when the Charity incurs the cost.

Voluntary income received by way of donations and gifts is included in the Statement of Financial Activities when received. The value of services provided by volunteers has not been included.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

2. Accounting policies (continued)

2.5 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the statement of financial activities as the related expenditure is incurred.

2.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.7 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following bases:

Motor vehicles	- 25% reducing balance basis
Office equipment	- 15-25% reducing balance basis and 33.33% straight line basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the statement of financial activities.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

2. Accounting policies (continued)

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the statement of financial activities as a finance cost.

2.12 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.13 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.14 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 13 for the carrying amount of the property, plant and equipment and note 2.8 for the useful economic lives for each class of asset.

Bad debts

Debtors are regularly reviewed for recoverability and any debts which in the opinion of management are not recoverable are provided for as a specific bad debt.

There are no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

4. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Donations	3,579	5,604	9,183	6,150
Legacies	30	-	30	49,322
Government grants	-	-	-	10,357
Total 2022	3,609	5,604	9,213	65,829
<i>Total 2021</i>	<i>54,629</i>	<i>11,200</i>	<i>65,829</i>	

During the year, the charity received £Nil (2021: £10,357) in the form of a government grant in relation to the coronavirus job retention scheme.

5. Income from grants and service delivery contracts

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Community Wellbeing	-	278,583	278,583	303,058
Care Leavers Service	-	91,100	91,100	-
Social Prescribing	-	309,938	309,938	299,996
Falls Prevention Services	93,455	-	93,455	74,678
Involve Carers	709,534	-	709,534	995,561
Hospital Discharge (HYH)	65,089	-	65,089	59,952
Community Navigation	302,939	-	302,939	232,731
PCN Social Prescribing	798,404	-	798,404	581,475
KCC Universal Community	1,061,854	-	1,061,854	-
Children's Health & Wellbeing	497,518	-	497,518	254,803
Other unrestricted income	51,425	-	51,425	53,436
Covid Vaccination Helpline	135,000	-	135,000	-
Total 2022	3,715,218	679,621	4,394,839	2,855,690
<i>Total 2021</i>	<i>2,252,637</i>	<i>603,053</i>	<i>2,855,690</i>	

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

Analysis of other unrestricted income

	2022 £	<i>2021</i> £
Housing and Community Projects	-	33,200
Ukrainian Refugee Helpline	10,000	-
Maidstone Borough Council	21,700	-
Grants under £5,000	4,050	18,750
Activities income	15,675	1,486
	51,425	53,436

6. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £	<i>Total funds 2021 £</i>
Interest - deposits	170	170	571
<i>Total 2021</i>	571	571	

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

7. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	<i>Total funds 2021 £</i>
Community Wellbeing	-	234,880	234,880	277,044
Care Leavers Service	-	21,616	21,616	-
Social Prescribing	-	250,515	250,515	299,671
Postural Stability	33,515	-	33,515	55,444
Involve Carers	544,410	-	544,410	963,477
Covid Vaccination Helpline	106,336	-	106,336	-
Hospital Discharge (HYH)	45,306	-	45,306	59,719
Community Navigation	230,515	-	230,515	223,849
PCN Social Prescribing	730,533	-	730,533	517,331
KCC Universal Community	783,374	-	783,374	6,258
Children's Health & Wellbeing	413,262	-	413,262	246,438
Other unrestricted activities	393,026	-	393,026	(21,031)
Total 2022	3,280,277	507,011	3,787,288	2,628,200
<i>Total 2021</i>	<i>2,051,486</i>	<i>576,714</i>	<i>2,628,200</i>	

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

8. Analysis of expenditure by activities

	Activities undertaken directly 2022 £	Support costs 2022 £	Total funds 2022 £	<i>Total funds 2021 £</i>
Community Wellbeing	234,880	-	234,880	277,044
Care Leavers Service	21,616	-	21,616	-
Social Prescribing	250,515	-	250,515	299,671
Postural Stability	33,515	-	33,515	55,444
Involve Carers	544,410	-	544,410	963,477
Covid Vaccination Helpline	106,336	-	106,336	-
Hospital Discharge (HYH)	45,306	-	45,306	59,719
Community Navigation	230,515	-	230,515	223,849
PCN Social Prescribing	730,533	-	730,533	517,331
KCC Universal Community	783,374	-	783,374	6,258
Children's Health & Wellbeing	413,262	-	413,262	246,438
Other unrestricted activities	13,275	379,751	393,026	(21,031)
Total 2022	3,407,537	379,751	3,787,288	2,628,200
<i>Total 2021</i>	<i>2,325,774</i>	<i>302,426</i>	<i>2,628,200</i>	

All costs are allocated between the expenditure categories noted above on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis, for example, time spent, percentage of income by department.

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2022 £	<i>Total funds 2021 £</i>
Staff costs	2,605,436	1,867,403
Temporary staff	21,125	-
Profit on sale of fixed assets	-	(1,677)
Management charges	-	(21,031)
Rent	58,725	43,110
Room hire	9,216	1,338
Repairs and maintenance	6,141	3,145
Activities	478,931	288,765
Recruitment and training	55,624	33,401
Subscriptions	83	-
Telephone	32,079	28,425
Printing, postage and stationery	5,676	5,683
Bank charges	312	82
Information technology	38,692	42,937
Travel and vehicle expenses	64,623	20,827
Professional and consultancy fees	17,012	4,135
Depreciation	6,906	6,709
Sundry	6,956	873
Bad debts	-	1,649
Total 2022	3,407,537	2,325,774

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

8. Analysis of expenditure by activities (continued)

Analysis of support costs

	Total funds 2022 £	Total funds 2021 £
Staff costs	263,615	194,351
Management expenses	-	21,031
Rent	24,796	8,222
Insurance	11,620	9,941
Room hire	1,268	-
Repairs and maintenance	701	-
Activities	1,316	34,700
Recruitment and training	3,155	2,729
Subscriptions	196	107
Telephone	2,884	2,297
Printing, postage and stationery	5,803	1,530
Bank charges	179	90
Information technology	5,420	2,162
Travel and vehicle expenses	260	87
Professional and consultancy fees	7,084	10,535
Depreciation	5,105	4,894
Sundry	32,540	798
Governance costs	13,809	8,952
Total 2022	379,751	302,426

9. Governance costs

	2022 £	2021 £
Auditor's remuneration	13,338	8,952
Meeting and other expenses	471	-
	13,809	8,952

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

10. Auditor's remuneration

	2022 £	2021 £
Fees payable to the Charity's auditor for the audit of the Charity's annual accounts	9,820	7,352
Fees payable to the Charity's auditor in respect of: All non-audit services not included above	3,518	1,600

11. Staff costs

	2022 £	2021 £
Wages and salaries	2,595,939	1,863,986
Social security costs	219,274	157,159
Contribution to defined contribution pension schemes	53,838	40,609
	2,869,051	2,061,754

The average number of persons employed by the Charity during the year was as follows:

	2022 No.	2021 No.
Charitable activities	103	79
Governance	11	2
	114	81

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022 No.	2021 No.
In the band £60,001 - £70,000	-	1
In the band £70,001 - £80,000	1	-

12. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - £NIL).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - £NIL).

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13. Tangible fixed assets

	Motor vehicles £	Office equipment £	Total £
Cost or valuation			
At 1 April 2021	63,606	28,000	91,606
Additions	7,500	1,054	8,554
At 31 March 2022	71,106	29,054	100,160
Depreciation			
At 1 April 2021	43,483	18,738	62,221
Charge for the year	6,906	5,105	12,011
At 31 March 2022	50,389	23,843	74,232
Net book value			
At 31 March 2022	20,717	5,211	25,928
At 31 March 2021	20,123	9,262	29,385

14. Debtors

	2022 £	2021 £
Due within one year		
Trade debtors	311,285	252,031
Prepayments and accrued income	38,304	38,627
	349,589	290,658

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Creditors: Amounts falling due within one year

	2022	2021
	£	£
Trade creditors	56,144	20,556
Other taxation and social security	163,680	90,610
Other creditors	74,998	19,638
Accruals and deferred income	22,242	8,400
	317,064	139,204

Other creditors comprising of £62,688 (2021: £10,233) are amounts which are being held of behalf of third parties.

16. Prior year adjustments

A prior year adjustment has been made in the year in respect to the 2021 accounts.

The prior year funds have now been correctly reclassified to show the funds as restricted and unrestricted.

As a result the unrestricted funds carried forward from 2021 have increased by £306,639 to £815,115, and restricted funds have decreased by £306,639 to £136,260. The overall charity funds have remained the same after the adjustments.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

17. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Balance at 31 March 2022 £
Unrestricted funds				
General Funds	815,115	3,718,997	(3,280,277)	1,253,835
Restricted funds				
Community Wellbeing	130,089	284,187	(234,881)	179,395
Care Leavers Service	-	91,100	(21,614)	69,486
Social Prescribing	6,171	309,938	(250,516)	65,593
	136,260	685,225	(507,011)	314,474
Total of funds	951,375	4,404,222	(3,787,288)	1,568,309

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

17. Statement of funds (continued)

Statement of funds - prior year

	<i>As restated Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>As restated Balance at 31 March 2021 £</i>
Unrestricted funds				
General Funds	558,764	2,307,837	(2,051,486)	815,115
Restricted funds				
Community Wellbeing	92,875	314,257	(277,043)	130,089
Social Prescribing	5,846	299,996	(299,671)	6,171
	98,721	614,253	(576,714)	136,260
Total of funds	657,485	2,922,090	(2,628,200)	951,375

Fund descriptions

(a) Community Wellbeing

Funded by a range of restricted grants from local authorities and charities, this programme reaches out to people facing significant social exclusion and inequality and supports them to be an active members of their community, through groups, activities and volunteering. It also includes work to gather feedback and insight on people's experience of mental health services to improve future service provision.

(b) Social Prescribing

This is a restricted grant from NHS Kent and Medway to develop social prescribing in West Kent, including provision of a community Link Worker service and support to other voluntary organisations to build community capacity and resilience.

(c) Care Leavers Service

This is a restricted grant from NHS Kent and Medway to pilot a navigation / social prescribing service for people aged 16-24 who have been in care, to improve their mental health and life opportunities.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	25,928	-	25,928
Current assets	1,544,971	314,474	1,859,445
Creditors due within one year	(317,064)	-	(317,064)
Total	1,253,835	314,474	1,568,309

Analysis of net assets between funds - prior year

	<i>As restated Unrestricted funds 2021 £</i>	<i>As restated Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Tangible fixed assets	29,385	-	29,385
Current assets	924,934	136,260	1,061,194
Creditors due within one year	(139,204)	-	(139,204)
Total	815,115	136,260	951,375

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

19. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income for the year (as per Statement of Financial Activities)	616,934	293,890
Adjustments for:		
Depreciation charges	12,011	11,603
Dividends, interests and rents from investments	(170)	(571)
Profit on the sale of fixed assets	-	(1,677)
Increase in debtors	(58,931)	(121,835)
Increase in creditors	177,860	24,053
Net cash provided by operating activities	747,704	205,463

20. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	1,509,856	770,536
Total cash and cash equivalents	1,509,856	770,536

21. Analysis of changes in net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	770,536	739,320	1,509,856
	770,536	739,320	1,509,856

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

22. Pension commitments

The Charity operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £53,838 (2021: £40,609).

The defined contribution liability as at the year end is £12,310 (2021: £9,406) and is allocated to unrestricted fund.

23. Operating lease commitments

At 31 March 2022 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022 £	2021 £
Not later than 1 year	30,000	29,425
Later than 1 year and not later than 5 years	37,810	67,500
	<u>67,810</u>	<u>96,925</u>

24. Related party transactions

During the year, an amount of £592.50 (2021: £Nil) was invoiced by Claire Wells who is the wife of G Wells, Deputy CEO of Involve Kent Limited for freelance HR administration support services. As at the year end, no amounts were outstanding (2021: £Nil).

D Simmons, a Trustee of Involve Kent Limited, is employed as Due Diligence Lead, Financial Crime Risk & Controls at MetroBank, supplier of banking services to the Charity.

INVOLVE KENT

England & Wales - Charity number 1066911

Accounts

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

INVOLVE KENT LIMITED
(A company limited by guarantee)

CONTENTS

	Page
Reference and administrative details of the Charity, its Trustees and advisers	1
Chairman's statement	2
Trustees' report	3 - 18
Independent auditor's report on the financial statements	19 - 21
Statement of financial activities	22
Balance sheet	23 - 24
Statement of cash flows	25
Notes to the financial statements	26 - 44

INVOLVE KENT LIMITED
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021**

Trustees	Stephen O'Connell, Chair Rosaline Sarah Dean Richard Leicester John Luckhurst (resigned 16 November 2020) John Russell John Bennett Andrew Fairhurst Viviane Williams Ben Hudson Duncan Simmons Rachel Hewett (appointed 16 November 2020)
Company registered number	03449624
Charity registered number	1066911
Registered office	30 Turkey Court Turkey Mill Ashford Road Maidstone Kent ME14 5PP
Chief Executive Officer	Charlotte Osborn-Forde
Deputy Chief Executive Officer	Gary Wells
Independent auditor	MHA MacIntyre Hudson Statutory Auditor Maidstone United Kingdom
Bankers	CCLA Investment Management Limited 80 Cheapside London EC2V 6DZ Charities Aid Foundation Kings Hill West Malling Kent ME19 4TA

INVOLVE KENT LIMITED
(A company limited by guarantee)

**CHAIRMAN'S STATEMENT
FOR THE YEAR ENDED 31 MARCH 2021**

The chairman presents his statement for the year.

There is no doubt that the 2020/21 year has been the most extraordinary period for the entire world as all of us adapted our lives to respond to the Covid 19 pandemic. I said in my Chair's introduction last year the challenges of the Covid19 pandemic and how everyone at Involve responded so magnificently will feature much more in this year's annual report and as you will see from our I update that is indeed the case.

Again, I could not start this year's report without acknowledging the deeply personal impact Covid19 will have had on many of our staff, volunteers, commissioners, partners and beneficiaries, and thank all our front line workers and volunteers who have continued to provide vital services to those in need in these unprecedented times. In saying this the Trustee Board and I recognise the significant strain Covid will have placed on the wellbeing of our staff delivering services and the personal sacrifice they will each have made to support others. I am proud of all that they have achieved outlined within this report; high quality services which clearly deliver real improvements in people's lives.

I want to acknowledge the powerful role of volunteers who maintained services to the most vulnerable, often with their own health worries, especially collections of prescriptions, shopping and driving. The quotes and case studies within this report tell the stories of a small number of our many thousands of beneficiaries, but illustrate well the terrible strain of the last year, and the power and benefit of listening, giving time, guidance and reconnecting people, to their communities and each other.

I also wanted to reflect on Involve Kent as a leader in our field and our ability to be agile, responsive and adaptable. Our shared core values really came to the fore in the last year with services maintained despite the restrictions and their impact on the most vulnerable. Our prior investment in digital improvements and flexible working enabled us to remain effective and resilient, and the expertise of our Trustee board, volunteers themselves of course, was invaluable in guiding the organisation through the innumerable challenges.

The Trustee Board and I remain positive moving forward that we can continue to grow and innovate whilst learning to live with Covid. Involve has the potential to do more to tackle the challenges that lie ahead, we know our services are effective and we have confidence in our outstanding CEO, her senior team, staff and volunteers to support our growing number of beneficiaries moving forward.

Finally, I would like to thank everyone who has contributed to the success of Involve in the last year and I look forward to working with you all again in the coming year.

Chairman
Date:


29/11/21

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the audited financial statements of the Charity for the year ended 31 March 2021. The annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the Charity qualifies as small under section 382 of the Companies Act 2006, the strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

The principal activity of the Charity is to promote volunteers and volunteering and to develop services in response to local needs.

The company's objects as stated in its Articles of Association are as follows:-

- 1) To promote any charitable puposes for the benefit of the community in the Borough of Maidstone and the wider area of the county of Kent and in particular the advancement of education, the relief of poverty, sickness and distress and the promotion of health; and
- 2) To promote and organise co-operation in achievement of the above purposes and to that end to bring together in Council representatives of the statutory bodies and voluntary organisations engaged in the furtherance of the above purposes within the Borough of Maidstone and the wider area of the county of Kent.

Objectives and activities

a. Policies and objectives

The Trustees confirm that they have complied with the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit. The charitable purpose of Involve Kent Limited is stated in its 'Objectives and Activities' and the Trustees ensure that this purpose is carried out for the public benefit by working to the Mission Statement.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

b. Achievements and performance of the Charity

Involve's mission is to improve health, empowering people and communities to live well and tackling the root causes of ill health including isolation, loneliness, inequality, trauma and frailty. We deliver a wide range of services, groups and activities to help us deliver this, to people experiencing a diversity of issues, challenges and problems, but all our services share one thing in common; their purpose is to improve health and wellbeing.

This year, we supported nearly 10,000 people in Kent, through services as varied as fall prevention exercise classes, art groups, transport, advice, meditation, emotional support, signposting and referral, brokering care, moving furniture, lawn mowing, growing vegetables, grants to buy a mattress, or a winter coat, telecare and mobility equipment, bereavement groups, training, benefit applications and moving house. Working holistically, our trained staff thoroughly assess each person's needs, strengths, assets and goals to help them find a way forward, with support from us or over 500 of our local partners, from Citizen's Advice to Communigrow, and of course our partners in the NHS and local councils. All of our services recognise the benefits of belonging; of feeling connected to others, either those with similar issues, (such as caring for someone with mental illness or living with chronic pain) or their local neighbourhood, or shared passions such as fishing.

c. An overview of our impact in 2020/21

Improving health and wellbeing

Everyone who accesses our services is invited to complete a questionnaire, when they first join us, and then roughly 3 months later. This process has two purposes, firstly to help the person reflect and articulate their current situation and feelings, through numerically scoring how they feel about life. Secondly, to provide a baseline, to see the distance travelled once support is in place and the person has made changes in their life. We then anonymise and analyse these scores, to build a picture of the average changes our services make for people. This year, despite the pandemic, we reduced loneliness by 11%, and anxiety by 18%, significant achievements when circumstances were so challenging and none of us knew for certain when things would improve.

Involve increased happiness by 26.7% on average

This data, shown in the infographic, proves that our approach and the services we provide have a profound and meaningful impact on people; they are effective and we are achieving our vision; healthy connected people and communities.

Average changes in health and wellbeing scores after 3 months:

-	Problem solving	11.8%
-	Life satisfaction	27.7%
-	Life worthwhileness	18.8%
-	Happiness	26.7%
-	Anxiety	18.9%
-	Loneliness	11.9%
-	Physical activity	13.5%
-	Health overall	16.0%

**All improvements*

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

Social Prescribing

Social prescribing means health and care professionals recognising the social and emotional needs of their patients, and referring them to a Link Worker to address their non-medical concerns and improve their wellbeing, making the most of services and community groups. Our social prescribing work developed significantly during this period, and adapted to support people during the pandemic. We now offer social prescribing in 87 GP practices in Kent, working collaboratively with the NHS, plus our team of 5 West Kent Link Workers supporting specialist health services, such as chronic pain and respiratory services, and focusing on health inequalities such as engagement with food banks and homeless services to reach the most socially excluded. We diversified our offer to include specialist roles such as Learning Disability Care Coordinators and Health Coaches, supporting people facing the most inequality. Social prescribing adapted in two ways in response to the pandemic; firstly to provide telephone support to people who were isolated, shielding or vulnerable, with weekly calls offering emotional support, practical advice and encouragement. Secondly, to support our NHS colleagues with roll out of the vaccination programme, especially supporting isolated people to access their vaccine.

"It's incredible that in this time of social distancing and isolation I feel so connected and supported by my local community – thank you"

Social Prescribing patient from the Weald

Our staff supported over 30,000 people to access their Covid vaccination

"I would just like to mention whilst emailing, that the support we received from two of the Involve staff in particular, whilst helping to book our Covid Vaccination clinics was absolutely fantastic and very much appreciated."

NHS Operations Manager

Our support to the wider voluntary and community sector focused on resilience and response to the pandemic. We held regular meetings, and forums with guest speakers to encourage information sharing; 217 people attended our various groups and session, which included 'improving digital access for vulnerable people', 'Faith Awareness' and 'Volunteer recruitment.'

We distributed £25,000 of NHS funding to local charitable groups, which provided 1292 placements for people struggling with bereavement, loneliness, visual impairment and domestic abuse, amongst other issues and created 244 volunteer roles. We mapped over 300 local groups and initiatives to support people at the height of the pandemic, with shopping, prescription collection, hot meal delivery and urgent support, and supported Maidstone Borough Council with distributing £10,000 funding to 80 families in need over winter, with supermarket vouchers for food and winter clothing.

"Our grant from Involve has helped us to start replicating our support services for vulnerable mums and their families in Tonbridge and Malling. We have started a brand new weekly Mums' Hub at the River Centre in Tonbridge, so that mums in that area have access to Totcycle, our baby and toddler bank, as well as support from the Princess Project team. We are so grateful for the funding that has made this expansion possible!"

Emma Tanner, Princess Project, Social Prescribing Grant Recipient

"Thank you so much for your calls, I really do appreciate what you have done, ringing up to help me sort out my medication deliveries. If it was up to me, I would have let myself run out."

Social Prescribing patient from Tunbridge Wells

"I feel more than lucky to have you Ruth and now Lindsay as well. I knew you were ringing today and it's like my safety net, giving me time to express myself. Although it's just a phone call, to me it's a lifeline".

Social Prescribing patient from Malling

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

2193 People benefitted from Social Prescribing

"I found it useful talking to a professional who is neutral and that revived my confidence somewhat and helped me feel I was a successful human being after all."

Social Prescribing Patient from the Weald

"I would like to pass on my thanks to Sonia as she has been ringing me during this pandemic. I had my lovely Husband's funeral in February this year and then Coronavirus stepped in. Had a lot more on my plate in the last 10 weeks or so but Sonia has been there for me and leaves me in a better place. So thanks you all and keep safe"

Social Prescribing patient from Tonbridge

Children's Health and Wellbeing Navigation

This year saw the development of Involve's first service focused on children, young people and families. Co-designed with GPs, the service is based within GP practices, to provide support to children and young people with neurodevelopmental disorders (such as autism and ADHD) and mental health issues. We now have 12 Navigators integrated with the NHS, education and social care to provide holistic support through diagnosis, treatment and access to community services and peer support, building skills, confidence and resilience so that families can thrive.

Parents / Carers supported by a Navigator were 23% less anxious

"I just wanted to thank you for the help you have given Honor. I spoke to her last week and when I asked about school she said it was 'all brilliant'. I was amazed as she has struggled with anxiety at school for several years but she finally feels that the teachers are taking time to work out how to support her. It clearly has made a huge difference to her general outlook so a big thank you indeed!"

From a GP

"I needed someone who could help with spearheading a multiagency approach regarding the total well-being of my son who has got a disability. The support I received was excellent and really impacted positively on my health and wellbeing. The service has promoted my trust in the healthcare system. I now have someone who I can liaise with."

From a Parent

472 families supported

"I just wanted to say thank you for all the support you are giving to April and her family. Your non judgemental approach alone, makes April feel comfortable and able to speak openly to you. You have been proactive in getting her and Ryan the support they need from various services, including chasing appointments up. I just wanted to let you know that we really appreciate your on going support."

From a Grandparent

Emma's Story...

"I had been experiencing continual anxiety and difficulty in gaining access to information and support from services for my youngest child.

Chloe is a friendly, supportive and non- judgemental support that has been incredibly helpful at supporting me to gain information and referrals for services. NHS services for children with mental and behavioural challenges have a disproportionately negatively loaded referral stream, that blocks, declines and bounces back the majority of support requests that I have made. Chloe helped me separate my worry and acted as a family focussed mediator.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

She has supported me with education, a listening ear; helping me move forward with a child who was referred to specialist services aged 2, yet at age 7 is still undiagnosed. Chloe understands this struggle and helps appropriately.

I feel a lot more relaxed, knowing that Chloe understands local service provision and helps us navigate through. She seeks feedback from declined referrals and provides a professional framework that teams respect.

I am now aware that it is not required to use the GP, all concerns and requests go through Chloe. This frees up my GP for urgent healthcare.

I feel that Chloe may have helped us streamline Dylan's initial assessments and access to specialist services. We have had more info about how to help him and could have reduced the distress we have faced as a family with a young child who has extreme difficulties in managing day to day life.

Chloe signposted me to charities, online family support network and the local disability club. When lockdown is over, I hope to access these.

The ongoing, regular appointment based care has been so helpful. If I had had this when Dylan was 2, I might be out of services by now. I think we have been in the system for 5 years with no answers."

Community Navigation and Carers

Community Navigation is a Kent County Council commissioned service to support over 55s and those with complex health problems, and Carers (people looking after a family member or friend, unpaid). The service brings together care navigation and social prescribing; providing information, advice, guidance, and brokered support, it also includes the provision of Statutory Carers Assessments, assistive technology, and community equipment on behalf of KCC.

"It has been lovely working with you – in fact I feel it's been a good example of joint working in partnership."
From Social Worker on KCC Sensory team

The service quickly adapted due to lockdown with all staff based at home. Home visits were still enabled with staff wearing appropriate PPE. for the most vulnerable either discharged from hospital or at risk of being admitted due to equipment and assistive technology needs. Our Navigators also worked with KCC to assess for and issue KARA technology phones to those most isolated and without technology for virtual welfare checks and contact with family. Navigators did urgent food shopping and prescription collection for the most vulnerable and assisted people ongoing with food deliveries and online delivery.

"My Mum being referred for a KARA care phone; it has been amazing because I can see and speak to her. She has really Benefitted from being able to see me when she phones".
From Daughter of Client

2040 people Benefitted from Community Navigation

Our hospital navigators remained onsite at Maidstone and Tunbridge Wells hospitals and worked tirelessly with the integrated discharge team to ensure safe discharges, being the contact between family members who were not allowed onsite and patients. Carers Assessments were delivered by telephone during lockdown and those carers most isolated or at risk of carer breakdown continued to receive Keeping in Touch calls. Our Carer groups moved to zoom and support provided to digitally include Carers.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

"How wonderful the much-needed support offered by Involve is, I am particularly impressed by your Carer's hospital discharge service, support for family members caring for someone and for those living alone. I am a mental health OT and feel the telecare assistance offered at Involve is invaluable to my clients too."
Community Mental Health Team, Occupational Therapist

Feedback from clients

"You are incredibly easy to talk to, non-judgemental, not wasting time. The way you ask questions and has helped me to articulate my answers."

"Having an assessment has enabled me to step outside my situation and think creatively about what I need to address, to help maintain my wellbeing so I can continue caring for my parents."

"All these months I have been struggling and you have now given me hope"

"As I am my father's only child and shielded during this time, I really don't know how I would have managed to support my father's discharge from hospital without Involve's fantastic input."

"She is like an angel at the end of the phone. She has listened and tried to help me resolve problems as they have arisen. If I phone her, I know that she will know who or what can help resolve the things I can't resolve by myself. A good description is that she is a bit like the trunk of a tree and that she can connect me to the branches of support that are available in the community. Knowing I can access this support when needed takes some of the weight off my shoulders. I always feel better after speaking to my Community Navigator."

"Thank you for taking the time to listen to me. Most people can't wait to get you off the phone."

Community Navigation and Carers

Susanne's Story...

"I was living in my Mum's home with my twins (age 5) after separating from an abusive partner. Mum has dementia and dual sensory loss. I was doing a lot to help Mum and had very little time to spend with the twins or time to myself. I had a part-time cleaning job as well as managing some rental properties."

I found myself becoming very angry on a regular basis because I was struggling to cope and wondered if I might be depressed. I was taking anti-depressants but they did not seem to be having any impact. I did not want to increase them because I was worried I might become addicted to them. My brother was popping round for a couple of hours a week to do some practical tasks in the house, but he could not understand that I needed a break because I felt overwhelmed by trying to juggle looking after my children with caring for Mum."

I was offered a Statutory Carer's Assessment to assess my needs. Feeling overwhelmed by junk and chaos (mental and physical) I didn't know where to start to sort things out. I had very little time to spend with the twins or time to myself and I had lost touch with others. During lockdown I was home-schooling the children, caring for Mum and managing rental properties, as well as providing support to an elderly ex-neighbour. I did not have any coping strategies and my mood was very low even though I was taking anti-depressants."

My Community Navigator emailed me my Carer's Assessment and Support Plan with an extensive list of resources which I could make use of. Information listed included resources to address my personal needs to help improve my mental and physical wellbeing, my mother's needs, and details of family and single-parent support. My Community Navigator kept in touch with me about the research she was doing on my behalf and encouraged me to prioritise making a GP appointment to discuss my low mood."

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

She made several referrals on my behalf:

Crossroads have been fantastic and are providing a weekly sitting service which gives me an opportunity to focus on other tasks I need to do whilst Mum is in safe hands.

My GP was very understanding and prescribed a different anti-depressant which is working very well. This has led to a significant increase in my mental wellbeing, confidence levels and ability to focus on what needs doing. DAVSS provided information about a new course they are running and about a Facebook group for people with similar experiences to mine; I am finding this group extremely helpful.

Advice given by the Home Straight service was reassuring and helped me to realise that I was in fact doing the best I could in the circumstances. This helped to lift my mood which in turn has led to me becoming more motivated.

I have stepped back from caring for an elderly ex-neighbour. I checked with her GP and another neighbour; they have reassured me that she has adequate support. That is one less thing for me to worry about.

My mental health has improved significantly, so I have started to be able to engage better with others and listen to their suggestions. That in turn has motivated me to make changes. I feel empowered and so much happier. I am accessing support from other organisations following the referrals made for me, and am making use of these resources to further improve my mental and physical wellbeing. I feel like I have got my life back.

I have found a property to rent and will be moving with my children in early April. This will give me an opportunity to have my own life with my twins, outside of caring for Mum. This feels a very positive move. When I drop the twins at school, I will spend some time with Mum in the daytime, then my brother has agreed to provide her with support in the evenings and to stay with Mum overnight.

I didn't have the confidence or courage to reach out before I had my Carer's Assessment but my Community Navigator encouraged me to take the first step. She didn't pass judgement and we worked together to help me identify what I needed. One step at a time, I moved forwards, with regular checks to see how things were going. I am so grateful for the support I received. I'd still be stuck in the rut I was in, unable to see a way out or having a break from providing my Mum's care. I would still feel depressed. Everything feels like a fresh start and I feel so much more positive. She was a lifesaver! It's truly saved me. I have my life back to a big degree – I can see the light again! The difference she made is immeasurable".

1834 carers benefitted from Navigation

Community Projects

Get Involved – Volunteer Gardening Service

This year more than ever, our get Involved Project has provided vital support to both our vulnerable clients in the community and our supported volunteers. The project engages people who may feel socially excluded due to long term unemployment, convictions or poor mental health, supporting them to volunteer. We provide training and support to enable volunteers to help vulnerable members of the community live as independently as possible through garden work or home DIY projects.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

This year, our 'Get Involved' Gardening Service has been able to support 75 vulnerable clients to clear their garden. Through the challenges of COVID-19, our supported volunteers have been able to continue working outside, facilitated by our experienced Handyman. This has in turn, enabled those who have been too unwell to get out of their homes to find enjoyment in their garden again. 83.3% of clients reported feeling less isolated after receiving Get Involved Garden work and 60.7% of clients felt more able to manage living at home.

Due to the pandemic and subsequent safety measures, the Get Involved Team were not able to complete any DIY jobs this year as this involved going into people homes.

"Involve did great job of garden. Cheered me up. Less chance of slipping and tripping because leaves and debris and weeds removed from patio where I sit and put out my washing and also weeded my front pathway where I walk from front door to get to mobility car etc. My anxiety is less, I can relax more, helps with pain of osteoarthritis, seating in garden sunshine helps also helps with my depression and mental health"
Client Community Transport

Community Transport offers a solution to the unmet transport needs of people living in the Maidstone & Malling areas. The Community Transport Team supports clients who may be unable to use public transport due to age, frailty, disability, illness, or injury to access provisions in their community and stay independent. We have over 45 volunteer drivers, of which 8 continued to volunteer throughout the pandemic. Some drivers even made adjustments to their vehicles, such as Perspex dividers, to further ensure client safety.

Over the last year, Community Transport has demonstrated its adaptability by providing several transport support options for clients throughout the COVID 19- pandemic, providing 4500 trips in total.

A growing number of our clients who were shielding did not have family or friends close by who could assist with shopping and other essential tasks – we therefore were able to provide a 'shop & drop' service, making 227 shopping trips for those who were unable to do an online shop. We also made 258 prescription collections and a non-contact drop off trips as well as taking 118 clients to and from their COVID-19 vaccinations, enabling them to accept the vaccine that they would otherwise not be able to receive.

"The drivers are so friendly and put the young carers at ease, Tracey is always willing to help by securing drivers for us, even at the last minute when needed, to ensure a young person gets to where they need to be."
Crossroads

"Thank you so much for helping, I live in the middle of nowhere – there are no buses – I don't know what I do would without you. I am so thankful, the appointments are really important, and I could not get to them without you, as I have no family and am almost blind. You have taken the worry away from me, thank you again, I really appreciate it"
Client

"It has been really rewarding to be able to continue running the transport service throughout the pandemic, though lonely & overwhelming at times, the support from my volunteers has been immeasurable".
Transport Coordinator

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

Community Projects

Cancer Support Service

Our Cancer Support Service provides emotional and practical support as well as non-statutory advocacy for those, living in Maidstone and Malling, aged over 55 and affected by cancer.

We aim to provide a service that responds directly to individual needs and wishes, giving clients the resilience to cope. We strive to empower clients to make their own decisions and be in control. These can include practical or emotional issues that may not be met by statutory services.

- 1-to-1 Support from Cancer Support Coordinator and trained volunteers
- Access to information and guidance
- Group peer support
- I CAN (Involve Cancer) Exercise class
- Attending NHS consultations to provide moral support and confidence, help with clarifications
- Someone to act as a sounding board for decision making and future planning.
- Someone to listen to help reduce feelings of fear, anxiety, loneliness and isolation

Our cancer support coordinator and specialist volunteers supported 65 clients this year, reducing their anxiety and concerns by an average of 62%.

This year, the Cancer Support Service was successful in securing funding to run a pilot Bereavement Group for the people of Maidstone and Malling. There are currently 8 clients enrolled onto this group with the aim of facilitating meaningful conversations around bereavement, incorporating shared experiences. Following the successful completion of this pilot group, we fully intend to incorporate a Bereavement Service into Community Projects' offer.

"I have found the support invaluable. A real lifeline in a turbulent sea. It has been wonderful to be supported by people who are totally there for me and my partner and who understand what we are going through. It has been invaluable to speak to calm, knowledgeable people who are independent of family and friends."

Wellbeing and Volunteering

The wellbeing project supports people with mental health issues or criminal convictions who are socially excluded. Much like all the community Projects this year, our Wellbeing Project took a flexible approach in order to continue offering support and activities throughout the pandemic.

During the first lockdown all creative members and supported volunteers received weekly or bi-monthly telephone support from the Wellbeing and Inclusion Lead. Craft groups within the hub and shed and gardening groups in the allotment were not able to run in the usual way. Therefore, activities were offered online such as a weekly quiz and a craft group. Participants were able to engage in vital social interaction whilst taking part in an activity.

When COVID-19 government restrictions started to relax, some activities were able to take place indoors such as peer support mental health group, social groups for supported volunteers, creative sessions, and indoor allotment sessions during the autumn.

The wellbeing project supported 87 wellbeing members this year with over 175 sessions offered.

In total, 20 wellbeing members were supported with the weekly online quiz and craft sessions.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

"Being in contact with people has really helped me. It has given me a social confidence. Its also important to stay in touch with people. I'm looking forward to having my second vaccine as I feel I will be able to do more after this."

Mental Health User Voice

The Wellbeing and Inclusion lead continues to work in partnership with EK360 to deliver the Mental Health User Voice service for Maidstone. This involves listening to service users experiences of mental health services in Maidstone to make positive change within these services. It was expected that there would be a reduction in the amount of feedback received during lock down, due to social distancing restrictions, but in fact feedback almost doubled throughout the last year. Local mental health network and engagement providers meetings went online successfully, and feedback was successfully gathered by phone and when social distancing restrictions allowed, face to face.

Hospital Discharge Service – Helping You Home

The Hospital Discharge Service works in partnership with Maidstone Borough Council to provide home maintenance support to patients, allowing them to be discharged from hospital efficiently and prevent hospital admissions.

345 unique hospital discharge jobs were undertaken this year. The hospital discharge team installed 133 key safes and 34 lifelines in this time period to safely and efficiently ensure a quicker discharge from hospital.

We work with Maidstone Borough Council's Temporary Accommodation properties helping with general maintenance and the Sanctuary Project which supports clients that have been subject to domestic abuse, helping them feel safe in their own homes by installing new locks, CCTV, fireproof letterboxes and window locks, and again many other tasks.

This year, we completed 264 jobs for the Temporary Accommodation Service and 11 jobs for the Sanctuary project.

"The speed in which from referral to completion of the work was amazing and helped me to feel safe again. I cannot thank the team enough for all of their hard work and help".
Client

d. Grant-making policies

Involve Kent Limited does not have a grant making policy in place.

Achievements and performance

a. Key performance indicators

Key performance indicators for Involve primarily focus on our ability to reach out and improve the wellbeing of more people and to assess the percentage changes in health and wellbeing over a 3 month assessment period. Key performance indicators also include staff and volunteer retention.

We are an 'outcomes focused' organisation and our only corporate KPIs are measurable improvements in people's health and quality of life.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

In respect of Covid-19, Involve responded to the initial restrictions with great agility, flexibility and resourcefulness and made use of technology to continue our services throughout the pandemic in a virtual capacity where we were able.

b. Reserves policy

The financial policy is decided by the Trustees and Members in regular meetings so that funds can be distributed in accordance with the Articles of Association, and reserves maintained at a reasonable level, so that the Charity remains able to provide for future needs.

The Trustees review the reserves policy annually. The Trustees wish to maintain unrestricted reserves of at least 3 months' expenditure. This is to ensure appropriate funds for delivery of existing services and commitments in the short term, if funding is cut or reduced by funders, or for emergencies, such as providing stability during the Coronavirus pandemic. Further, it is considered strategically important for the management of cash flow, as increasingly the NHS contracts secured pay in arrears, often 3-6 months, with significant upfront costs, such as salaries, needing to be met by the charity in advance. Cash reserves therefore enable ongoing growth of services and ensure a diversity of income streams. The trustees consider three months running costs to be the ideal minimum level of reserves, which equates to £700,000 (2020: £700,000).

At the year end unrestricted reserves stood at £508,476 (2020: £389,397) and restricted reserves at £442,899 (2020: £268,088). Total funds at 31 March 2021 were £951,375 (2020: £657,485).

c. Material investments policy

Involve Kent Limited does not have an investment policy as all reserves are held as cash.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

d. Principal risks and uncertainties

The charity has a risk register, which is updated, reviewed and discussed at every board meeting (6 times per year). Each risk is graded according to seriousness, likelihood and impact, with mitigations implemented. The principle risks:

- Safeguarding; harm to clients, beneficiaries or staff.
- Capability and Capacity; ensuring we have the volunteers, staff and trustees with the right skills and approach to achieve our charitable objectives
- Culture and values / leadership; maintaining our ethical and excellent approach
- Physical estates / assets / infrastructure, such as prevention of fire/ flood, adequate insurance
- PR/ Reputation/ brand; managing risks which could negatively impact reputation, which is essential for ongoing engaging beneficiaries and funders
- Commissioner and partner; protecting and enhancing relationships to sustain and secure funding
- Operational performance / contract management; delivering the commitments made, regardless of external and internal challenges
- Compliance and regulation; including GDPR, health and safety and governance
- Financial; ensuring sufficient and diversified income to deliver the charitable objectives, prevention of mis-management or fraud
- Wider political environment; coronavirus impacts, Brexit, changes to health policy.

e. Risk management objectives and policies

The Trustees have in place a risk register which is reviewed and updated at every board meeting. These risks cover all aspects of the operations and strategy of the organisation, including, but not limited to: Financial controls and compliance, Insurance, Compliance with: Data protection, Company law, Charities Commission, and Health and Safety legislation, Uncertainty of local authority grants, Non delivery/completion of projects, Safeguarding, Reputation, Disaster management, Quality systems and Governance. All risks are graded for likelihood and impact using a red, amber and green system, and this is discussed at every Board meeting. The Company's risk register is available for inspection.

At the end of the financial year, there were two amber rated risks:

- 1) Capability and Capacity: Loss of key people and the ability to recruit top people. Action agreed: "Training and development for management and leadership a priority due to increased growth. Develop strategic training needs assessment. Increase office space to enable shadowing and team building."
- 2) Compliance and Regulation: Data, employment law, safeguarding, health and safety - fines, reputational risk, harm to clients. Action agreed: "Recruit head of Internal Operations to lead on policy, process, HR, IG and other internal systems and provide expertise and capacity to the management team."

During the financial year there was a red rated risk identified by the management and raised to the board ('Serious significant risk requiring input and discussion from the Board') which was 'Cyber-crime/fraud' - . Action agreed: 'The Trustees commissioned an external review of the charity's internal controls systems and processes to identify possible cyber-crime and fraudulent risks faced by organisations of today. Recommendations were reviewed and implemented by the Trustees and the Management team and we are confident that our processes will reduce the likeliness of cyber-crime and fraudulent risks. We will continue to monitor and adapt our policies and risk approach.'

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

a. Constitution

Involve Kent Limited is registered as a charitable company limited by guarantee and was set up by a Trust deed.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

The Board of trustees has an established governance handbook, which includes Board 'Terms of Reference', Trustee role description, person specification and an outline of trustee recruitment, induction and training. Skills audits are undertaken regularly, to determine skill requirements, gaps and succession planning. The key skills required include:

- Senior leadership in public/ private/ voluntary organisation
- HR
- Marketing and communication
- Safeguarding
- NHS policy/ commissioning/ leadership
- Financial
- Charity management and governance

A recruitment campaign is designed, to advertise widely including digital sites, local contacts and networks, and national trustee recruitment programmes. Targeted recruitment is undertaken for specific skills. Application is by CV and assessed against the person specification. The shortlisting process:

- Initial desk-based shortlisting against specification
- Informal discussion with CEO by telephone
- Digital interview with Chair, Vice Chair, CEO
- Face to face interview with at least 2 of the above
- Observation of at least 1 board meeting and then follow up discussion
- Agreement to stand for election at the AGM to be voted by Members.

Following election, new Trustees complete paperwork with Companies House and the Charity Commission, and a 'Declaration of interest' form, confirmation they are not disqualified and other checks. Their details are published on our website.

c. Organisational structure and decision-making policies

The Charity is governed by its Articles of Association, available from the Charity on request.

The Charity is administered by the Trustees, who are directors of the Charity for the purposes of the Companies Act, for all areas of decision making.

The list of trustees is available on the administrative and reference details page.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management (continued)

d. Policies adopted for the induction and training of Trustees

Following recruitment, there is an onboarding process for Trustees which covers:

- Governance documents
- Strategy and business plans
- Accounts
- Policies
- Staffing structure

There is a Trustee digital 'Sharepoint' with all documents available. Trustees are set up with an Involve Kent 'Office 365' account and Involve email address.

Training includes:

- GDPR
- Safeguarding
- Roles and responsibilities of Trustees

Additional and specific training is offered throughout the year. The Board recognises that good governance is essential for the success of the charity and has made good progress in developing its governance policies and practices in line with the principles set out in the Charity Governance Code for larger charities. This includes commitments to enhance diversity and inclusion.

e. Pay policy for key management personnel

The Trustees consider staff listed on page 1 of the accounts as comprising the key management personnel of the Charity in charge of directing and controlling the Charity and running and operating the Charity on a day to day basis.

The pay of the Charity's senior leadership team is reviewed annually and normally increased in accordance with market rates.

f. Related party relationships

There are no related parties or any other organisations that we cooperate with in pursuit of our objectives.

g. Trustees' indemnities

Trustees benefit from indemnity to cover the liability of the Trustees which by virtue of any rule of law would otherwise attach to them in respect of any negligence, default or breach of trust or breach of duty of which they may be guilty in relation to the Charitable Trust.

INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Plans for future periods

The charity is confident of ongoing stability and growth, due to the long term nature of statutory contracts held, and the national policy of greater involvement of charities in NHS and social care services to enhance personalised care and support for people. Several large contracts have been applied for this year which build on and further extend existing services (such as social prescribing for young people, and navigation for people with dementia and their families), which if successful will further increase the scale of the organisation. The board and senior management team are working on growth strategies including a review and plans for development of internal infrastructure.

Members' liability

The Members of the Charity guarantee to contribute an amount not exceeding £10 to the assets of the Charity in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the Charity for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each of the persons who are Trustees at the time when this Trustees' report is approved has confirmed that:

- so far as that Trustee is aware, there is no relevant audit information of which the charity's auditor is unaware, and
- that Trustee has taken all the steps that ought to have been taken as a Trustee in order to be aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

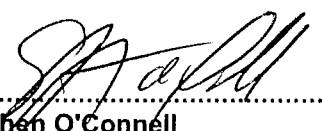
INVOLVE KENT LIMITED
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Auditor

The auditor, MHA MacIntyre Hudson, has indicated their willingness to continue in office. The designated Trustees will propose a motion reappointing the auditor at a meeting of the Trustees.

Approved by order of the members of the board of Trustees and signed on their behalf by:


.....
Stephen O'Connell
(Trustee)

Date: 29/11/21

INVOLVE KENT LIMITED
(A company limited by guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED

Opinion

We have audited the financial statements of Involve Kent Limited (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of financial activities, the balance sheet, the statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

INVOLVE KENT LIMITED
(A company limited by guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

INVOLVE KENT LIMITED
(A company limited by guarantee)

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF INVOLVE KENT LIMITED (CONTINUED)

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Reviewing minutes of meetings of those charged with governance;
- Enquiry of entity staff in tax and compliance functions to identify any instances of non-compliance with laws and regulations;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.


MHA MacIntyre Hudson
Statutory Auditor
Maidstone
United Kingdom

Date: 30 November 2021

MHA MacIntyre Hudson are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	4	49,941	15,888	65,829	8,742
Charitable activities - Grants and service delivery contracts	5	53,436	2,802,254	2,855,690	2,285,074
Investments	6	571	-	571	1,337
Total income		103,948	2,818,142	2,922,090	2,295,153
Expenditure on:					
Charitable activities	7	(21,031)	2,649,231	2,628,200	2,030,706
Total expenditure		(21,031)	2,649,231	2,628,200	2,030,706
Net income		124,979	168,911	293,890	264,447
Transfers between funds	16	(5,900)	5,900	-	-
Net movement in funds		119,079	174,811	293,890	264,447
Reconciliation of funds:					
Total funds brought forward		389,397	268,088	657,485	393,038
Net movement in funds		119,079	174,811	293,890	264,447
Total funds carried forward		508,476	442,899	951,375	657,485

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 26 to 44 form part of these financial statements.

INVOLVE KENT LIMITED
(A company limited by guarantee)
REGISTERED NUMBER: 03449624

BALANCE SHEET
AS AT 31 MARCH 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	13	29,385	41,412
		<u>29,385</u>	<u>41,412</u>
Current assets			
Debtors	14	290,658	168,822
Cash at bank and in hand		770,536	562,401
		<u>1,061,194</u>	<u>731,223</u>
Creditors: amounts falling due within one year	15	(139,204)	(115,150)
Net current assets		<u>921,990</u>	<u>616,073</u>
Total assets less current liabilities		<u>951,375</u>	<u>657,485</u>
Total net assets		<u><u>951,375</u></u>	<u><u>657,485</u></u>
Charity funds			
Restricted funds	16	442,899	268,088
Unrestricted funds	16	508,476	389,397
Total funds		<u><u>951,375</u></u>	<u><u>657,485</u></u>

INVOLVE KENT LIMITED
(A company limited by guarantee)
REGISTERED NUMBER: 03449624

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2021

The entity was entitled to exemption from audit under section 477 of the Companies Act 2006.

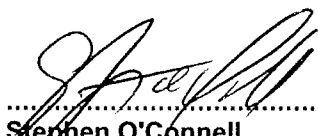
The members have not required the entity to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

However, an audit is required in accordance with section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:


.....
Stephen O'Connell
(Trustee)

Date: 29/11/21

The notes on pages 26 to 44 form part of these financial statements.

INVOLVE KENT LIMITED
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Cash flows from operating activities		
Net cash used in operating activities	205,463	198,374
Cash flows from investing activities		
Dividends, interests and rents from investments	571	1,337
Proceeds from the sale of tangible fixed assets	2,101	-
Purchase of tangible fixed assets	-	(2,778)
Net cash provided by/(used in) investing activities	2,672	(1,441)
Change in cash and cash equivalents in the year	208,135	196,933
Cash and cash equivalents at the beginning of the year	562,401	365,468
Cash and cash equivalents at the end of the year	770,536	562,401

The notes on pages 26 to 44 form part of these financial statements

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. General information

Involve Kent Limited is a charity registered with the Charity Commission in the United Kingdom. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in page 2 of these financial statements.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Involve Kent Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £1.

2.2 Going concern

These financial statements are prepared on a going concern basis. The Trustees have a reasonable expectation that the Charity will continue in operational existence for the foreseeable future. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Charity to be able to continue as a going concern. The Trustees have considered the effects of Covid-19 in its going concern assessment.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

2. Accounting policies (continued)

2.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

The recognition of income from legacies is dependent on establishing entitlement, the probability of receipt and the ability to estimate with sufficient accuracy the amount receivable. Evidence of entitlement to a legacy exists when the Charity has sufficient evidence that a gift has been left to them (through knowledge of the existence of a valid will and the death of the benefactor) and the executor is satisfied that the property in question will not be required to satisfy claims in the estate. Receipt of a legacy must be recognised when it is probable that it will be received and the fair value of the amount receivable, which will generally be the expected cash amount to be distributed to the Charity, can be reliably measured.

Grants are included in the statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income from services consists of an administration charge added to the drivers' mileage reimbursement for transport services. The Charity is reimbursed for the expenses of the drivers which it pays. The net cost of the service is included in direct charitable expenditure. Costs for which the Charity will be reimbursed are included as deductions from direct charitable expenditure and as debtors when the Charity incurs the cost.

Voluntary income received by way of donations and gifts is included in the Statement of Financial Activities when received. The value of services provided by volunteers has not been included.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

2. Accounting policies (continued)

2.5 Government grants

Government grants relating to tangible fixed assets are treated as deferred income and released to the statement of financial activities over the expected useful lives of the assets concerned. Other grants are credited to the statement of financial activities as the related expenditure is incurred.

2.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.7 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

2.8 Tangible fixed assets and depreciation

Tangible fixed assets costing £500 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following bases:

Motor vehicles	- 25% reducing balance basis
Office equipment	- 15-25% reducing balance basis and 33.33% straight line basis

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in the statement of financial activities.

2.9 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

2. Accounting policies (continued)

2.10 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.11 Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the statement of financial activities as a finance cost.

2.12 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.13 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.14 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

3. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Useful economic lives of tangible assets

The annual depreciation charge for tangible assets is sensitive to changes in the estimated useful economic lives and residual values of the assets. The useful economic lives and residual values are reassessed annually. They are amended when necessary to reflect current estimates, based on technological advancement, future investments, economic utilisation and the physical condition of the assets. See note 13 for the carrying amount of the property, plant and equipment and note 2.8 for the useful economic lives for each class of asset.

Bad debts

Debtors are regularly reviewed for recoverability and any debts which in the opinion of management are not recoverable are provided for as a specific bad debt.

There are no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

4. Income from donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Donations	619	5,531	6,150	8,742
Legacies	49,322	-	49,322	-
Government grants	-	10,357	10,357	-
Total 2021	49,941	15,888	65,829	8,742
<i>Total 2020</i>	<i>136</i>	<i>8,606</i>	<i>8,742</i>	

During the year, the charity received £10,357 in the form of a government grant in relation to the coronavirus job retention scheme.

5. Income from grants and service delivery contracts

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Older People Services	-	303,058	303,058	274,776
Wellbeing	-	-	-	72,868
Social Prescribing	-	299,996	299,996	297,189
Falls Prevention Services	-	74,678	74,678	98,625
Involve Carers	-	995,561	995,561	996,345
Home Help (Cleaning)	-	-	-	29,193
Hospital Discharge (HYH)	-	59,952	59,952	47,512
Community Navigation	-	232,731	232,731	222,306
PCN Social Prescribing	-	581,475	581,475	172,715
Children's Health & Wellbeing	-	254,803	254,803	-
Other unrestricted income	53,436	-	53,436	73,545
Total 2021	53,436	2,802,254	2,855,690	2,285,074
<i>Total 2020</i>	<i>73,545</i>	<i>2,211,529</i>	<i>2,285,074</i>	

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

Analysis of other unrestricted income

	2021 £	2020 £
Housing and Community Projects	33,200	24,700
STP Integrated Volunteering Project	-	40,500
Grants under £5,000	18,750	8,345
Activities income	1,486	-
	<u>53,436</u>	<u>73,545</u>

6. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Interest - deposits	571	571	1,337
	<u>571</u>	<u>571</u>	<u>1,337</u>
<i>Total 2020</i>	<u>1,337</u>	<u>1,337</u>	

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

7. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	<i>Total funds 2020 £</i>
Older People Services	-	277,044	277,044	247,273
Wellbeing	-	-	-	68,530
Social Prescribing	-	299,671	299,671	291,222
Falls Prevention Services	-	55,444	55,444	82,184
Involve Carers	-	963,477	963,477	898,143
Home Help (Cleaning)	-	-	-	37,316
Hospital Discharge (HYH)	-	59,719	59,719	47,000
Community Navigation	-	223,849	223,849	210,464
PCN Social Prescribing	-	517,331	517,331	157,494
KCC Universal Community	-	6,258	6,258	-
Children's Health & Wellbeing	-	246,438	246,438	-
Other unrestricted activities	(21,031)	-	(21,031)	(8,920)
Total 2021	(21,031)	2,649,231	2,628,200	2,030,706
<i>Total 2020</i>	<i>(8,920)</i>	<i>2,039,626</i>	<i>2,030,706</i>	

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

8. Analysis of expenditure by activities

	Activities undertaken directly 2021 £	Support costs 2021 £	Total funds 2021 £	<i>Total funds 2020 £</i>
Older People Services	225,004	52,040	277,044	247,273
Wellbeing	-	-	-	68,530
Social Prescribing	266,856	32,815	299,671	291,222
Falls Prevention Services	43,240	12,204	55,444	82,184
Involve Carers	872,477	91,000	963,477	898,143
Home Help (Cleaning)	-	-	-	37,316
Hospital Discharge (HYH)	50,647	9,072	59,719	47,000
Community Navigation	201,619	22,230	223,849	210,464
PCN Social Prescribing	450,220	67,111	517,331	157,494
KCC Universal Community	6,258	-	6,258	-
Children's Health & Wellbeing	229,909	16,529	246,438	-
Other unrestricted activities	(20,456)	(575)	(21,031)	(8,920)
Total 2021	<u>2,325,774</u>	<u>302,426</u>	<u>2,628,200</u>	<u>2,030,706</u>
<i>Total 2020</i>	<u>1,785,311</u>	<u>245,395</u>	<u>2,030,706</u>	

All costs are allocated between the expenditure categories noted above on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis, for example, time spent, percentage of income by department.

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2021 £	<i>Total funds 2020 £</i>
Staff costs	1,867,403	1,244,226
Profit on sale of fixed assets	(1,677)	-
Management charges	(21,031)	(8,920)
Rent	43,110	46,008
Insurance	-	80
Room hire	1,338	23,676
Repairs and maintenance	3,145	9,622
Activities	288,765	318,472
Recruitment and training	33,401	25,221
Telephone	28,425	18,113
Printing, postage and stationery	5,683	16,043
Bank charges	82	545
Information technology	42,937	30,827
Travel and vehicle expenses	20,827	30,881
Professional and consultancy fees	4,135	9,857
Depreciation	6,709	14,313
Sundry	873	5,043
Bad debts	1,649	1,304
Total 2021	2,325,774	1,785,311

INVOLVE KENT LIMITED
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

8. Analysis of expenditure by activities (continued)

Analysis of support costs

	Total funds 2021 £	<i>Total funds 2020 £</i>
Staff costs	194,351	175,499
Management expenses	21,031	8,920
Rent	8,222	8,515
Insurance	9,941	9,980
Room hire	-	386
Repairs and maintenance	-	2,877
Activities	34,700	52
Recruitment and training	2,729	445
Subscriptions	107	107
Telephone	2,297	1,339
Printing, postage and stationery	1,530	2,780
Bank charges	90	110
Information technology	2,162	3,468
Travel and vehicle expenses	87	676
Professional and consultancy fees	10,535	6,843
Depreciation	4,894	15,488
Sundry	798	2,950
Governance costs	8,952	4,960
Total 2021	302,426	245,395

9. Governance costs

	2021 £	<i>2020 £</i>
Auditor's remuneration	8,952	4,760
Meeting and other expenses	-	200
	8,952	4,960

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

10. Auditor's remuneration

	2021 £	2020 £
Fees payable to the Charity's auditor for the audit of the Charity's annual accounts	7,352	4,760
Fees payable to the Charity's auditor in respect of: All non-audit services not included above	1,600	-

11. Staff costs

	2021 £	2020 £
Wages and salaries	1,863,986	1,283,880
Social security costs	157,159	106,574
Contribution to defined contribution pension schemes	40,609	29,271
	<u>2,061,754</u>	<u>1,419,725</u>

The average number of persons employed by the Charity during the year was as follows:

	2021 No.	2020 No.
Charitable activities	79	58
Governance	2	2
	<u>81</u>	<u>60</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2021 No.	2020 No.
In the band £60,001 - £70,000	1	1

12. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £NIL).

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

13. Tangible fixed assets

	Motor vehicles £	Office equipment £	Total £
Cost or valuation			
At 1 April 2020	81,456	28,000	109,456
Disposals	(17,850)	-	(17,850)
At 31 March 2021	<u>63,606</u>	<u>28,000</u>	<u>91,606</u>
Depreciation			
At 1 April 2020	54,200	13,844	68,044
Charge for the year	6,709	4,894	11,603
On disposals	(17,426)	-	(17,426)
At 31 March 2021	<u>43,483</u>	<u>18,738</u>	<u>62,221</u>
Net book value			
At 31 March 2021	<u>20,123</u>	<u>9,262</u>	<u>29,385</u>
At 31 March 2020	<u>27,256</u>	<u>14,156</u>	<u>41,412</u>

14. Debtors

	2021 £	2020 £
Due within one year		
Trade debtors	252,031	153,522
Prepayments and accrued income	38,627	15,300
	<u>290,658</u>	<u>168,822</u>

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

15. Creditors: Amounts falling due within one year

	2021 £	2020 £
Trade creditors	20,556	17,086
Other taxation and social security	90,610	79,495
Pension payable	9,405	6,336
Other creditors	10,233	7,673
Accruals and deferred income	8,400	4,560
	<u>139,204</u>	<u>115,150</u>

Other creditors comprising of £10,233 (2020: £7,673) are amounts which are being held of behalf of third parties.

16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
General Funds	<u>389,397</u>	<u>103,948</u>	<u>21,031</u>	<u>(5,900)</u>	<u>508,476</u>
Restricted funds					
Older People Services	92,875	314,257	(277,043)	-	130,089
Involve Carers	150,058	996,254	(963,477)	-	182,835
Social Prescribing	5,846	299,996	(299,671)	-	6,171
Fall Prevention Service	(675)	74,678	(55,444)	-	18,559
Community Navigation	3,060	232,801	(223,849)	5,900	17,912
Hospital Discharge HYH	1,703	63,878	(59,720)	-	5,861
PCN Social Prescribing	15,221	581,475	(517,331)	-	79,365
KCC Universal Community	-	-	(6,258)	-	(6,258)
Children's Health & Wellbeing	-	254,803	(246,438)	-	8,365
	<u>268,088</u>	<u>2,818,142</u>	<u>(2,649,231)</u>	<u>5,900</u>	<u>442,899</u>
Total of funds	<u>657,485</u>	<u>2,922,090</u>	<u>(2,628,200)</u>	<u>-</u>	<u>951,375</u>

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

16. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2020 £</i>
Unrestricted funds					
General Funds	305,911	75,018	8,920	(452)	389,397
Restricted funds					
Older People Services	32,620	280,153	(247,273)	27,375	92,875
Wellbeing	21,189	74,716	(68,530)	(27,375)	-
Involve Carers	50,475	997,726	(898,143)	-	150,058
Social Prescribing	(121)	297,189	(291,222)	-	5,846
Fall Prevention Service	(17,116)	98,625	(82,184)	-	(675)
Community Navigation	(2,882)	222,306	(210,464)	(5,900)	3,060
Hospital Discharge HYH	1,191	47,512	(47,000)	-	1,703
Home Help (Cleaning)	1,771	29,193	(37,316)	6,352	-
PCN Social Prescribing	-	172,715	(157,494)	-	15,221
	87,127	2,220,135	(2,039,626)	452	268,088
Total of funds	393,038	2,295,153	(2,030,706)	-	657,485

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

16. Statement of funds (continued)

Fund descriptions

(a) Older People's Service

Funded by the Lottery 'Reaching Communities' grant, the Henry Smith Foundation and others, this service reaches out to isolated older people to reduce loneliness and improve wellbeing. This includes community transport, Old Person's Forum, befriending, trips and activities and specialist support for older people with cancer.

(b) Social Prescribing

Funded by the Department and Health (Health and Wellbeing Fund) to develop social prescribing in West Kent, working with GP practices to address the wellbeing needs of patients and support them to access local community groups.

(c) Fall Prevention Service

Providing specialist exercise classes to older people to keep them well and active and prevent falls, including a programme of 'Postural Stability' classes funded by a contract with Kent County Council.

(d) Community Navigation

Kent County Council contract to support older people to access appropriate services and community activities to prevent isolation and increase independence.

During the 2019/20 year, an amount of £5,900 was transferred to unrestricted funds as a contingency for the contract. The amount was transferred back to the fund from unrestricted funds in the 2020/21 year.

(e) Handyperson Hospital Discharge Service

Funded by Maidstone Borough Council to support people leaving hospital with minor property tasks such as fitting a key safe.

(f) PCN Social Prescribing

The provision of social prescribing Link Worker staff to Primary Care Networks of GP practices; staff provide support, advice and guidance to patients with health concerns to improve wellbeing and resolve social problems, connecting them to their communities.

(g) KCC Universal Community

Is a Kent County Council contract to provide activities, advice and support for the over 55's and under 55's with a long term health condition. The aim of the contract is to improve wellbeing and increase independence and choice.

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

16. Statement of funds (continued)

(h) Children's Health & Wellbeing

Is commissioned by Primary Care Networks under the additional role reimbursement scheme (AARs) – it provides, support for children and their families who are awaiting a neurodevelopment diagnosis or who have anxiety and/or depression or are at risk of health inequalities. The aim of the project is to ensure cross organisation joined up support, community support and smooth journeys through diagnosis pathways.

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	29,385	-	29,385
Current assets	603,208	457,986	1,061,194
Creditors due within one year	(124,117)	(15,087)	(139,204)
Total	508,476	442,899	951,375

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Tangible fixed assets	41,412	-	41,412
Current assets	347,985	383,238	731,223
Creditors due within one year	-	(115,150)	(115,150)
Total	389,397	268,088	657,485

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net income for the year (as per Statement of Financial Activities)	293,890	264,447
Adjustments for:		
Depreciation charges	11,603	29,801
Dividends, interests and rents from investments	(571)	(1,337)
Loss/(profit) on the sale of fixed assets	(1,677)	-
Increase in debtors	(121,835)	(82,201)
Increase/(decrease) in creditors	24,053	(12,336)
Net cash provided by operating activities	205,463	198,374

19. Analysis of cash and cash equivalents

	2021 £	2020 £
Cash at bank and in hand	770,536	562,401
Total cash and cash equivalents	770,536	562,401

20. Analysis of changes in net debt

	At 1 April 2020 £	Cash flows £	At 31 March 2021 £
Cash at bank and in hand	562,401	208,135	770,536
Debt due within 1 year	(6,336)	(3,069)	(9,405)
	556,065	205,066	761,131

INVOLVE KENT LIMITED
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

21. Pension commitments

The Charity operates a defined contribution pension plan for its employees. The amount recognised as an expense in the period was £40,609 (2020: £29,271).

The defined contribution liability as at the year end is £9,406 (2020: £6,336) and is allocated to unrestricted fund.

22. Operating lease commitments

At 31 March 2021 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2021 £	2020 £
Not later than 1 year	29,425	32,200
Later than 1 year and not later than 5 years	67,500	96,925
	<u>96,925</u>	<u>129,125</u>

23. Related party transactions

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 March 2021.