

# BRENT CARERS CENTRE

England & Wales · Charity number 1066691

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [03354038](#)

**Registered** 1997-12-05

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Willesden Medical Centre  
144-150 High Road  
London  
NW10 2PT

**Phone** 02038027070

**Email** [email@brentcarerscentre.org.uk](mailto:email@brentcarerscentre.org.uk)

**Website** [www.brentcarerscentre.org.uk](http://www.brentcarerscentre.org.uk)

## Activities

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**Objects:** TO RELIEVE POVERTY, SICKNESS AND MENTAL SUFFERING AMONGST PERSONS WHO ARE CARING AT HOME FOR PEOPLE WHO ARE ELDERLY, DISABLED CHRONICALLY SICK OR SUFFERING FROM SUBSTANCE MISUSE OR AN ADDICTION AND TO ASSIST IN THE RELIEF OF VULNERABLE PEOPLE AND THOSE WHO ARE ELDERLY, DISABLED, CHRONICALLY SICK OR SUFFERING FROM SUBSTANCE MISUSE OR AN ADDICTION.

**Activities:** To give support and information on issues that concern young carers, adult carers and vulnerable people.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

## Geography

- Brent

## Finances

| Period end | Income   | Expenditure | Assets   | Employees |
|------------|----------|-------------|----------|-----------|
| 2025-03-31 | £793,690 | £678,417    | £326,825 | 14        |
| 2024-03-31 | £738,775 | £601,653    | £211,552 | 11        |
| 2023-03-31 | £375,370 | £408,935    | -        | -         |
| 2022-03-31 | £318,061 | £351,498    | -        | -         |
| 2021-03-31 | £221,509 | £248,249    | -        | -         |

## Trustees

| Name                  | Role  | Appointed  |
|-----------------------|-------|------------|
| <b>IRENE LEWIS</b>    | Chair |            |
| Abiola Johnson        |       | 2018-05-18 |
| Arif Punjani          |       | 2020-03-20 |
| <b>HELEN HAGGER</b>   |       |            |
| Susan Sime-Cunningham |       | 2023-01-17 |

**BRENT CARERS CENTRE**

England & Wales - Charity number 1066691

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# Accounts

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Company registration number: 03354038  
Charity registration number: 1066691

**BRENT CARERS CENTRE  
TRUSTEES' REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025**

## **Brent Carers Centre Contents**

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**Brent Carers Centre  
Reference and Administrative Details  
For The Year Ended 31 March 2025**

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|                          |   |
|--------------------------|---|
| <b>Trustees</b>          | Mrs Ingeborg Ahmad<br>Helen Hagger<br>Mr Arifali Punjani<br>Ms Irene Lewis<br>Ms Judith Elliot<br>Ms Abiola Johnson<br>Ms Nicolette Roberts-Collazo |
| <b>Charity Number</b>    | 1066691   |
| <b>Company Number</b>    | 03354038  |
| <b>Registered Office</b> | Willesden Medical Centre 144-150 High Road<br>Willesden<br>London<br>NW10 2PT   |
| <b>Auditors</b>          | Green & Peter (UK) Ltd<br>The Limes<br>1339 High Road<br>London<br>N20 9HR  |

**Brent Carers Centre**  
**Company No. 03354038**  
**Trustees' Report For The Year Ended 31 March 2025**

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The trustees present their report and the financial statements for the year ended 31 March 2025.

## **Objectives and Activities**

### **Aims and Objectives**

Brent Cares' Centre is a local charity which provides practical and emotional support for all carers who either live in Brent or care for someone who lives in Brent. Brent Cares Centre also assist in the relief of vulnerable people and those who are elderly, disabled, chronically sick or suffering from substance misuse or an addiction.

The aim of the charity is "To improve the lives of unpaid carers and vulnerable people in Brent so that they may live rather than just exist".

Our objectives are:

- To be a centre of excellence for services to carers (including young carers) providing a universal information and advice service across all aspects of caring
- To enable carers from the diverse communities in Brent to access the range of services to which they are entitled
- To add to the skills of carers to both enhance their caring ability and improve their future prospects
- To empower carers to have a voice
- To support professionals to respond to carers in an appropriate and positive way
- To ensure that we are a learning organization, developing and valuing the skills of all including staff, Trustees, volunteers and carers
- To secure funding for services so long as they are needed.

Brent Carers Centre continues to work collaboratively with Brent Council in supporting vulnerable carers in the borough. We also work collaboratively with the Northwest London Clinical Commissioning group, the ICP and a number of voluntary sector organizations, trusts and funding bodies. We understand the value of networking and sustaining professional working relationships to achieve our charitable objectives and improved outcomes to our beneficiaries.

### **Significant Activities**

Brent Carers' Services

The objectives of the carers' services are as follows:

To provide a single point of access to a wide range of services for all carers in Brent

To ensure that all carers experience a seamless and consistent service

To provide an equitable service for all clients

To support carers in every aspect of their informal caring role and to enable them to continue in their caring role for as long as they choose and are able

To promote carers' issues and services locally through a variety of accessible wells

To improve the opportunities of carers and the cared for, to proactively improve their health and wellbeing

To enable carers to be recognized as equal care partners

To facilitate carers' involvement in relevant national and local engagement and consultation activity

To advise and support carers on making use of the complaint's procedure.

In partnership with a statutory organization and a third sector partners to facilitate the carers' role in improving and developing services in the statutory sector

### **Public Benefit**

How Brent Carers Centre Deliver Public Benefit

Our main activities and who we try to help are described above. All our charitable activities focus on quality advice, information and a range of support services which are undertaken to further our charitable purposes for the public benefit.

The trustees confirm that they have complied with the requirements of Section 17 of the Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

# **Brent Carers Centre Trustees' Report (continued) For The Year Ended 31 March 2025**

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## **Achievements and Performance**

### **Main Achievements**

#### **Supporting Carers**

- 400 new adult carers and 139 young carers were identified and registered during this year. Brent Carers Centre now has a total of 7,338 (2024 - 6,848) carers registered after adjusting for carers who have de-registered.
- Welfare benefits advice continues to be a priority in supporting Carers, we have maximized income with grants and benefits awarded to carers, all of which make a significant difference to carer's lives, particularly in this cost-of-living crisis.
- Respite activities and Support Groups continue to be well attended. During this year we delivered multiple coffee mornings, training workshops, theatres & cinema shows, day trips, meals out. We delivered 84 respite activities throughout the year, which was attended by 499 carers.
- 47 Carers received personalised grants during this year to the value of £14,693. Making the average grant awarded to be £312 per carer.
- Brent Carers Centre has introduced a service to help match carers in receipt of direct payment, with a PA matching Service. We also launched a Befriending Service and Sitting Service for both carers and their dependents. Carefree Breaks During this year we have launched a service etc.
- Throughout the year, Brent Carers Centre delivered 5,735 (2024 - 2,650) episodes of information and advice to carers.

#### **Health & Wellbeing Services**

Our Health & Wellbeing projects continue to make significant impact on the lives of residents and service users in Brent.

The primary aim of all projects is to reduce health inequalities in Brent and achieve better health outcomes for the most vulnerable and marginalized in the borough.

Health inequalities are avoidable, unfair and systematic differences in health between different groups of people. Brent Health Matter proposes to address inequalities in the borough with the investment into projects and programmes targeted at achieving better health outcomes where it is unevenly identified. As such, the areas with poorer health outcomes or higher rates of long-term health conditions will have more focus than other parts of the borough.

Through the delivery of activities which educate and raise awareness on strategies proven to achieve better health outcomes on a range of health issues identified as a priority within the borough. Brent Carers Centre, working with the partnership agencies is a significant contributor to the Brent Health Matters agenda in improving the overall health of residents in Brent.

#### **Health Education Partnership**

Brent Carers Centre continues to the lead for Health Educators Partnership Service (HEPS), delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI. Together we work collaboratively with Brent Health Matters to redress health inequalities across the borough.

During this financial year the HEP service identified 60 people who were not registered with GPs a significant decrease of 46 on the number of residents not registered with GPs last year.

Health Educators (HEs) also participated in various training sessions to increase their knowledge on health services and on how they can effectively engage and provide accurate information to residents. Training included support within BHM, Dietitian, Diabetes case management training with NHS, NHS App, Obesity and diabetes management (online), Mental health and dementia awareness training.

#### *Specific achievements*

HEs engaged in 1,208 outreach activities in five Brent connecting areas (Kilburn, Wembley, Harlesden, Kingsbury, Willesden) compared to last year where they engaged with 1,210 BHM events. They engaged with 11,416 residents of all backgrounds mainly BAME between the age of 18-95 years of age, whereas last year they engaged with 16547 residents.

HEs have delivered and arranged DDI and Diabetes peer support programme for 6 weeks in all 5 localities where they have managed to design flyer and did the publicity successfully. The programme ended up well attended. The residents enjoyed both the sessions and found them informative. Participants found the programme so useful and productive and gave feedback that they are looking forward for a continuous and ongoing programme where they can attend it regularly on a weekly or monthly bases. The feedback has been very positive which defines the hard and dedicated work of HEs.

12 trained Health Educators continues to support the CLCH Clinical team wherever they are required to deliver health checks and support during BHM events. 1 new role of Diabetes case management HEs is introduced this year, for working specifically on case studies in all 5 localities.

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## **Brent Carers Centre Trustees' Report (continued) For The Year Ended 31 March 2025**

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### **Main Achievements - continued**

*Some key learnings from the HEPS have been:*

- Diabetes residents experienced increase knowledge and confidence to self-manage their health and wellbeing in relation to diabetes because of being supported by health educators for 8-12 weeks through case management monitoring support.
- The HEPS programme boosted a sense of community wellbeing and empowered residents with better understanding of self-management.
- More residents are engaging in physical activities and choosing healthy eating habits.
- Collaborative effort, in partnership with stakeholders, played a vital role in successfully providing support to the communities.
- More people are now aware of what they can do to improve their health and wellbeing.
- Educating people about healthy foods choices such as reading food labels, reduce intake of high carbohydrate food, drinking water, having food with proteins.
- Residents have been signposted to other relevant services that promote healthy living.
- Many residents have been making lifestyle changes and choosing healthy eating more water intake and exercising.
- Residents are happy to know that diabetes type 2 is preventable, and they can join the remission programme.

### **Wellbeing Outreach Service**

The wellbeing outreach service reaches out people living with a Serious Mental Illness (SMI) and a carer to ensure they have their annual health check. Carers and people living with a Serious Mental Issue face considerable challenges in the lives, which in turn increases the likelihood of poorer health conditions. Health checks help to identify health concerns you may not be aware of, which improves access to early health treatments or interventions for better health outcomes of the person.

This service continues to face challenges when trying to work with GP's, such as:

- Practice managers being extremely difficult to get hold of and engage with. It is usual for several attempts to be made over a period of time before making it a successful initial contact.
- Where contact has been made, there is often a long waiting time to hear the response or poor communication experienced from some GP's.
- GP's have struggled to agree suitable times to set up meeting with the wellbeing outreach service due to their busy work schedules.
- Cautiousness about sharing their patient lists as they want to maintain the privacy of SMI patients who are a vulnerable client group etc.

However, where GP's have been open and receptive to working collaboratively with the Well-being Outreach Service, the following successes have been achieved:

- A mutually approved data sharing agreement has been established.
- Patient list with contact details is shared with our wellbeing outreach workers.
- Some GP's have provided a list of appointment slots, so we can make appointments for patients, making it a smoother arrangement.
- We have been able to increase the uptake of health checks by providing direct 1-2-1 consultations and reminders to patients to improve attendance to health checks appointments at their GP.
- We slowly but surely continue to expand our service to engage with more GP's across the borough for the benefit of their patients.

### **Back 2 Health Project**

The Brent Back to Health project saw partners working at a community level with patients in areas of high deprivation, aiming for patients to 'wait well' as they were on the lists for treatment or diagnosis.

This collaboratively led project, consist of the following partners, CVS Brent, Health professionals within Northwick Park Hospital and Brent Carers Centre. Brent Carers Centre were identified as a local delivery partner who could recruit volunteers and manage the day-to-day service, with the calls being made to patients and with liaison with the Trust.

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# **Brent Carers Centre Trustees' Report (continued) For The Year Ended 31 March 2025**

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## **Main Achievements - continued**

### **Success**

As the first project of this type in Brent there were many things which were identified and developed for the first time. This has generated a number of successes and learnings which can be taken forward onto other projects.

The service initially focussed on patient on the Ophthalmology waiting lists and later expanded to include patient appointment for Maxillo-Facial and Oral Surgery, Cardiology, Diabetic Medicine and Endocrinology. This project brought together the voluntary sector and the health care sector working collaboratively to launch a service which aimed to help reduce the number of missed appointments and re-admissions.

Between late April 2024 and March 2025, volunteers attempted to contact 6,738 patients across 11,179 calls (patients who cannot be contacted on first attempt were tried again where capacity allowed). Overall, volunteers managed to engage with just under two thirds of those patients.

Call volumes steadily increased over the first eight months of the project, with a notable uptick in October when calls began to take place for Maxillofacial surgery as well as Ophthalmology.

A team of trained volunteers will be supported by a voluntary coordinator to ensure patients are aware of their oncoming appointments; are able to attend and supported it to make alternative arrangements if they are unable to attend.

Patients on the ophthalmology waiting list will be contacted in advance of their appointment to check they are able to attend and openly discuss any challenges that might impact their ability to get to the hospital. They may also be signposted to appropriate services if they need a specialist support.

### **Outcomes**

Using its established Insight & Impact evaluation service, the following outcomes are identified across a range of beneficiaries.

|                     |  |
|---------------------|--|
|                     | Improved understanding of how to access further information and support.   |
| <b>Patients</b>     | Best prepared for their appointments, removing barriers to / increasing confidence in accessing care.  |
|                     | More informed about their care.  |
| <b>Organisation</b> | Reduced DNA's amongst patients with upcoming appointments.<br>Improved confidence and sense of purpose.  |
| <b>Volunteer</b>    | Develop new skills that support personal & professional development.<br>Confidence that time spent volunteering is of benefit to patients and the organisation.<br>Satisfied with and happy in their role. |

### **Volunteers**

During 24-25 thirty-five volunteers participated in the following roles within Brent Carers Centre:

- Office Administration
- Event Planning
- Community Outreach Work
- & Tech Volunteering

On average each placement was for a period of six months.

When asked to please rate the overall quality of your volunteer placement with Brent Carers Centre, 68% of 22 respondent state it was very high quality, with a further 3% stating it was high quality.

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# **Brent Carers Centre Trustees' Report (continued) For The Year Ended 31 March 2025**

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## **Main Achievements - continued**

### **Publicity & Communication**

Caring4Carers, our monthly E-Newsletter, continues to be a reliable source of information and news to those carers who have access to digital technology.

### **Development Work**

The following successes have been achieved during 2024 - 25.

- The launch of our advice, befriending and counselling service.
- We successfully reprocured the Carers Support Service Contract and are now the main provider supporting both adult and young carers in the borough of Brent.
- Courtesy of the John Lyons charity, we have been able to appoint Young Carers Service Manager.
- We are prioritizing our efforts to address the digital barriers that many carers face in the borough.

#### *Tackling digital exclusion*

We continue to explore and promote opportunities to reduce the digital barriers that many carers in the borough still face. This includes supporting carers to build digital confidence, access online services, and engage more easily with essential information and resources.

#### *Strengthening Sustainability Through Income Generation:*

We are actively exploring income-generating opportunities that support the long-term sustainability of our services. We want to ensure we can continue to provide high-quality support to carers while diversifying and strengthening our financial base.

#### *Building Organisational Capacity:*

We recognise the need to invest in the capacity-building of our organisation to strengthen our ability to deliver high-quality, responsive services. By developing our internal infrastructure, expanding our service development potential, and enhancing our fundraising strategies, we will be better positioned to respond effectively to emerging needs and secure sustainable growth for the future.

However, we continue to face a significant challenge: how do we build capacity when our current resources limit our ability to invest in that very growth? This remains a key strategic question for the organisation, and one that will require innovative thinking, targeted partnership working, and the pursuit of new opportunities to ensure we can develop sustainably while continuing to meet the needs of carers and vulnerable people in the borough.

### **Strengthening Partnerships and Collaborative Working**

This year, the charity has continued to strengthen and expand our partnerships across Brent, with particular emphasis on our growing collaboration with Brent Adult and Children's Social Care services, Mental Health Service & the Integrated Care Partnership. These relationships remain central to our mission, enabling us to work collectively to improve support for carers and vulnerable residents.

Our joint work with statutory partners, voluntary and community organisations, and wider professional networks has allowed us to share expertise, coordinate resources, and contribute meaningfully to local strategic priorities. Through regular consultation events, user surveys, and shared case studies, we have ensured that the voices and experiences of carers and service users inform ongoing service development and drive improvements in practice.

We highly value our partnership with colleagues in health and social care and will continue to nurture these relationships in the year ahead. By deepening our collaboration with Brent Adult and Children's Social Care services, we aim to strengthen pathways of support, enhance service quality, and deliver better outcomes for carers and vulnerable people across the borough.

**Brent Carers Centre  
Trustees' Report (continued)  
For The Year Ended 31 March 2025**

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## **Financial Review**

### **Financial Position**

The charity had a surplus of £115,273 in this financial year (2024 - £137,122), as shown in the Statement of Financial activities on page 13 of these financial statements.

Our priority will continue to be working on securing funding to sustain the range of services we know make a difference in the lives of carers.

### **Reserves Policy**

As at 31st March 2025 the restricted reserves stood at £9,773 (2024 - £24,808) and the unrestricted reserves at £317,052 (2024 - £186,744) giving a total reserve of £326,825 (2024 - £211,552) a total increase of £115,273 compared to the previous year.

The Board recognizes that it needs to manage current levels of reserves of unrestricted funds, including the need to continually review the designated funds, their purposes and the amounts in each. This is done in the context of the main risk the charitable company is exposed to which include the current financial climate and the continuous pressure placed on health and social care budgets.

The trustees aim to hold between 3 and 6 months budgeted expenditure in general funds to manage fluctuations in cash flow and against possible interruption or loss of funding streams. The trustees regularly review the investment policy.

### **Going Concern**

The Trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus, they continue to adopt the going concern basis in preparing the financial statements.

Further details regarding the adoption of the going concern basis can be found in the accounting policies in the financial statements.

### **The Future Period**

We are committed in our quest to explore opportunities which ensure we can continue to deliver services that holistically support carers who play such an important role looking after others whilst making a valuable contribution to the health and social care sector and the local economy. Brent Carers Centre will also explore opportunities which may support the health and wellbeing of vulnerable people living in and beyond Brent. With shrinking budgets across the borough, tough decisions are being made, often to the detriment of carers and their dependents. Our role in supporting and amplifying the carers voice continues to be important, now more than ever before.

## **Structure, Governance and Management**

### **Governing Document**

Brent Carers Centre is a charitable company limited by guarantee, incorporated on 16th April 1997 and registered as a charitable on 5th December 1997. The company was established under a Memorandum of Association, which laid down the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, each member is required to contribute an amount not exceeding £1.

### **Trustee Selection Methods**

#### **Appointment of Directors/Trustees**

The directors of the Company are also charity trustees for the purposes of charity law. At the Annual General Meeting (AGM) in accordance with the articles of association, one third of the members of the Board of Directors/Trustees, including honorary officers, shall retire and are eligible for re-election at the same AGM if desired.

#### **Director/Trustee Induction and Training**

The Directors/Trustees are already familiar with the practical work of the charity. Prospective new Directors/Trustees receive a Trustees Information pack upon expressing an interest to join the Board. All new Directors/Trustees are inducted by the chair and the chief executive officer. New trustees are required to attend a minimum of three board meetings. Two familiarize themselves with the charity and the context within which it operates. All Directors/Trustees are offered opportunities to attend courses run by the carers' Trust and other organizations.

**Brent Carers Centre  
Trustees' Report (continued)  
For The Year Ended 31 March 2025**

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## **Organisation and management**

### **Organisation**

As indicated above, the charity is governed by a Board of Directors/Trustees, which is responsible for setting the strategic direction of the organization and for establishing policy. Matters including decisions and future development to further the charity's objectives are discussed and decided at Board meetings upon the general consensus of agreement from the Board. Failing such consensus, then, the articles of association allow for a majority vote to decide a particular matter. The board of Directors/Trustees who acted during the year and up to the date of this report are as shown on page 1 of these financial statements.

Board meetings are held every 2-3 months.

There is also the Finance and General Purposes Committee which consist of the Chair, Treasurer and up to 3 Board Members, and meetings are held as required.

Day to day management is devolved to the Chief Executive Officer, who reports to each Board and Finance and General Purposes Committee meeting.

### **Risk Management**

The charity has a risk management policy in place. The risks that may have an impact on the functions of the charity are continually monitored. The risk management strategy continues to address the major governance, operational, financial reputation, legal and regulatory risk which might impact upon the charity's core purposes and key objectives. This builds on the existing risk management in many aspects of the charity's work in areas such as financial management, health and safety, fire and security and disaster planning arrangements to protect both places and people.

Our risk management policy and procedures have been updated to minimize the risk of contracting and spreading the Covid virus during the course of our work for the safety of both staff and our clients.

### **Trustee Remuneration & Related Party Transactions**

No trustees received any remuneration during this financial year. No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

## **Statement of Trustees' Responsibilities**

The trustees (who are also the directors of Brent Carers Centre for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statement unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing the financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgments and accounting estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at anytime the financial position of the charitable company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

## **Statement of Disclosure of Information to Auditors**

Each of the persons who are trustees at the time when this trustees' report is approved has confirmed that:

- As far as the trustee is aware, there is no relevant audit information of which the charitable company's auditors are unaware; and
- they have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the charitable company's auditors are aware of that information.

**Brent Carers Centre  
Trustees' Report (continued)  
For The Year Ended 31 March 2025**

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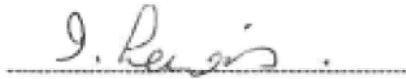
**Independent Auditors**

The auditors, Green & Peter (UK) Ltd, have indicated their willingness to continue in office and a resolution concerning their re-appointment will be proposed at the Annual General Meeting.

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies' regime within Part 15 of the Companies Act 2006.

The trustees' report was approved by the board of trustees and signed on its behalf by:



Ms Irene Lewis

Trustee  
19/01/2026

# **Independent Auditor's Report to the Members of Brent Carers Centre**

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## **Opinion**

We have audited the financial statements of Brent Carers Centre (the "charity") for the year ended 31 March 2025 which comprise the Statement of Financial Activities (including Income and Expenditure Account), Balance Sheet and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## **Basis for Opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 18 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## **Conclusions Relating to Going Concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## **Other Information**

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **Opinions on Other Matters Prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report, which includes the Director's Report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Director's Report included within the Trustees' Report have been prepared in accordance with applicable legal requirements.

## **Independent Auditor's Report (continued) to the Members of Brent Carers Centre**

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### **Matters on Which We Are Required to Report by Exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Director's Report included within the Trustees' Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records or returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' Report and from the requirement to prepare a Strategic Report.

### **Responsibilities of Trustees**

As explained more fully in the Trustees' Responsibilities Statement set out on page 2—9, the trustees (who are also directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's Responsibilities for the Audit of the Financial Statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

The charitable company is subject to laws and regulations that directly affect the financial statements including financial reporting legislation. We determined that the following laws and regulations were most significant:

- The Companies Act 2006; Financial Reporting Standard 102; Charities Act 2011;
- UK employment legislation;
- UK health and safety legislation;
- General Data Protection Regulations

We assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items. We understood how the charitable company is complying with those legal and regulatory frameworks by making enquiries to management and those responsible for legal and compliance procedures. The engagement partner assessed whether the engagement team had the appropriate competence and capabilities to identify or recognise non-compliance with laws and regulations.

The assessment did not identify any issues in this area.

We assessed the susceptibility of the charitable company's financial statements to material misstatement, including how fraud might occur. Audit procedures performed by the engagement team included:

- Identifying and assessing the measures management has in place to prevent and detect fraud.
- Understanding how those charged with governance considered and addressed the potential for override of controls or other inappropriate influence over the financial reporting process. Challenging assumptions and judgements made by management in its significant accounting estimates, and Identifying and testing journal entries in particular any journal entries posted with unusual account combinations.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

**Independent Auditor's Report (continued)  
to the Members of  
Brent Carers Centre**

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**Use Of Our Report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters that we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Robert Green (Senior Statutory Auditor)  
for and on behalf of Green & Peter (UK) Ltd, Statutory Auditor

19/01/2026

Green & Peter (UK) Ltd  
The Limes  
1339 High Road  
London  
N20 9HR

**Brent Carers Centre**  
**Statement of Financial Activities (including Income and Expenditure Account)**  
**For The Year Ended 31 March 2025**

|                                    |              | <b>Unrestricted<br/>funds</b> | <b>Restricted<br/>funds</b> | <b>2025<br/>Total<br/>funds</b> | <b>2024<br/>Total<br/>funds</b> |
|------------------------------------|--------------|-------------------------------|-----------------------------|---------------------------------|---------------------------------|
|                                    | <b>Notes</b> | <b>£</b>                      | <b>£</b>                    | <b>£</b>                        | <b>£</b>                        |
| <b>INCOME AND ENDOWMENTS FROM:</b> |              |                               |                             |                                 |                                 |
| Donations and legacies             | <b>3</b>     | 7,329                         | 786,361                     | 793,690                         | 738,775                         |
| <b>EXPENDITURE ON:</b>             |              |                               |                             |                                 |                                 |
| Charitable activities:             | <b>5</b>     |                               |                             |                                 |                                 |
| Accountancy and Audit Fees         |              | (2,610)                       | -                           | (2,610)                         | (2,460)                         |
| Depreciation                       |              | (3,346)                       | -                           | (3,346)                         | (5,247)                         |
| Project Expenses                   |              | -                             | (672,461)                   | (672,461)                       | (593,946)                       |
|                                    |              | (5,957)                       | (672,460)                   | (678,417)                       | (601,653)                       |
| <b>NET INCOME</b>                  |              | 1,372                         | 113,901                     | 115,273                         | 137,122                         |
| Transfers between funds            | <b>14</b>    | 128,936                       | (128,936)                   | -                               | -                               |
| <b>NET MOVEMENT IN FUNDS</b>       |              | 130,308                       | (15,035)                    | 115,273                         | 137,122                         |
| <b>RECONCILIATION OF FUNDS:</b>    |              |                               |                             |                                 |                                 |
| Total funds brought forward        |              | 186,744                       | 24,808                      | 211,552                         | 74,430                          |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <b>14</b>    | 317,052                       | 9,773                       | 326,825                         | 211,552                         |

The notes on pages 16 to 24 form part of these financial statements.

**Brent Carers Centre**  
**Comparative Statement of Financial Activities (including Income and Expenditure**  
**Account)**  
**For The Year Ended 31 March 2025**

|                                    |              | <b>Unrestricted<br/>funds</b> | <b>Restricted<br/>funds</b> | <b>2024<br/>Total<br/>funds</b> |
|------------------------------------|--------------|-------------------------------|-----------------------------|---------------------------------|
|                                    | <b>Notes</b> | <b>£</b>                      | <b>£</b>                    | <b>£</b>                        |
| <b>INCOME AND ENDOWMENTS FROM:</b> |              |                               |                             |                                 |
| Donations and legacies             | <b>3</b>     | 1,654                         | 737,121                     | 738,775                         |
| <b>EXPENDITURE ON:</b>             |              |                               |                             |                                 |
| Charitable activities:             | <b>5</b>     |                               |                             |                                 |
| Accountancy and Audit Fees         |              | (2,460)                       | -                           | (2,460)                         |
| Depreciation                       |              | (5,247)                       | -                           | (5,247)                         |
| Project Expenses                   |              | -                             | (593,946)                   | (593,946)                       |
|                                    |              | (7,707)                       | (593,946)                   | (601,653)                       |
| <b>NET INCOME</b>                  |              | (6,053)                       | 143,175                     | 137,122                         |
| Transfers between funds            | <b>14</b>    | 118,367                       | (118,367)                   | -                               |
| <b>NET MOVEMENT IN FUNDS</b>       |              | 112,314                       | 24,808                      | 137,122                         |
| <b>RECONCILIATION OF FUNDS:</b>    |              |                               |                             |                                 |
| Total funds brought forward        |              | 74,430                        | -                           | 74,430                          |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <b>14</b>    | 186,744                       | 24,808                      | 211,552                         |

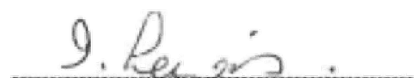
The notes on pages 16 to 24 form part of these financial statements.

**Brent Carers Centre  
Balance Sheet  
As At 31 March 2025**

|   |              | <b>Unrestricted<br/>funds</b> | <b>Restricted<br/>funds</b> | <b>2025<br/>Total<br/>funds</b> | <b>2024<br/>Total<br/>funds</b> |
|---|--------------|-------------------------------|-----------------------------|---------------------------------|---------------------------------|
|   | <b>Notes</b> | <b>£</b>                      | <b>£</b>                    | <b>£</b>                        | <b>£</b>                        |
| <b>FIXED ASSETS</b>                                   |              |                               |                             |                                 |                                 |
| Tangible Assets                                       | <b>10</b>    | 2,413                         | -                           | 2,413                           | 5,759                           |
|   |              | <u>2,413</u>                  | <u>-</u>                    | <u>2,413</u>                    | <u>5,759</u>                    |
| <b>CURRENT ASSETS</b>                                 |              |                               |                             |                                 |                                 |
| Debtors   | <b>11</b>    | 156,075                       | -                           | 156,075                         | 72,833                          |
| Cash at bank and in hand                              |              | 194,006                       | 9,773                       | 203,779                         | 220,061                         |
|   |              | <u>350,081</u>                | <u>9,773</u>                | <u>359,854</u>                  | <u>292,894</u>                  |
| <b>Creditors: Amounts Falling Due Within One Year</b> | <b>12</b>    | <u>(35,442)</u>               | <u>-</u>                    | <u>(35,442)</u>                 | <u>(87,101)</u>                 |
| <b>NET CURRENT ASSETS (LIABILITIES)</b>               |              | <u>314,639</u>                | <u>9,773</u>                | <u>324,412</u>                  | <u>205,793</u>                  |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>          |              | <u>317,052</u>                | <u>9,773</u>                | <u>326,825</u>                  | <u>211,552</u>                  |
| <b>NET ASSETS</b>                                     |              | <u>317,052</u>                | <u>9,773</u>                | <u>326,825</u>                  | <u>211,552</u>                  |
| <b>FUNDS OF THE CHARITY</b>                           |              |                               |                             |                                 |                                 |
| Restricted Funds                                      |              |                               |                             | 9,773                           | 24,808                          |
| Unrestricted Funds                                    |              |                               |                             | 317,052                         | 186,744                         |
| <b>TOTAL FUNDS</b>                                    | <b>14</b>    |                               |                             | <u>326,825</u>                  | <u>211,552</u>                  |

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

On behalf of the board



Ms Irene Lewis

Trustee  
19/01/2026

The notes on pages 16 to 24 form part of these financial statements.

# **Brent Carers Centre**

## **Notes to the Financial Statements**

### **For The Year Ended 31 March 2025**

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#### **1. General Information**

Brent Carers Centre is a company limited by guarantee, incorporated in England & Wales, registered number 03354038 and registered charity number 1066691. The registered office is Willesden Medical Centre 144-150 High Road, Willesden, London, NW10 2PT.

#### **2. Accounting Policies**

##### **2.1. Basis of Preparation of Financial Statements**

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

The charitable company is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared, on a going concern basis, under the historical cost convention. The charity is entirely dependent on continuing contracts and grant aid and as a consequence the going concern basis is also dependent on continuing contracts and grant aid. The particular accounting policies adopted are set out below.

##### **2.2. Financial Reporting Standard 102 - Reduced Disclosure Exemptions**

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland":

- the requirements of Section 7 Statement of Cash Flows and Section 3 Financial Statement Presentation paragraph 3.17 (d).

##### **2.3. Fund Accounting**

###### **Restricted and Unrestricted Funds**

The accounts distinguish between restricted and unrestricted funds. Restricted funds are received from donors and are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. They include those freely available to the charity for expenditure or appropriation to reserves for internally designated purposes. Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

##### **2.4. Incoming Resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income, and the amount can be quantified with reasonable accuracy. The following specific policies are applied to specific categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

##### **2.5. Resources Expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis e.g. floor areas, per capita or estimated usage.

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

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**2.6. Tangible Fixed Assets and Depreciation**

Fixed assets costing less than £1000 are written off in the year of acquisition and items costing in excess are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off the cost of fixed assets less their estimated residual value over their expected useful lives on the following bases:

|                     |                         |
|---------------------|-------------------------|
| Leasehold           | 10% Straight line basis |
| Fixtures & Fittings | 33% Straight line basis |
| Computer Equipment  | 25% Straight line basis |

**2.7. Cash and Cash Equivalents**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**2.8. Financial Instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method, the specific policies are noted below.

**Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**2.9. Taxation**

Subject to agreement with the Inspector of Taxes, the company is exempt from the payment of any Taxes to the extent it is a registered charity and not liable for Income Tax or Corporation Tax on income derived from its charitable activities. The company does not have a liability to register for VAT.

**2.10. Pensions**

The Charity operates a defined contribution pension scheme and contributions to employee pension schemes are in line with government legislation and charged to the profit and loss as paid.

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

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**3. Income from Donations and Legacies**

|        | <b>Unrestricted<br/>funds</b> | <b>Restricted<br/>funds</b> | <b>2025<br/>Total<br/>funds</b> |
|--------|-------------------------------|-----------------------------|---------------------------------|
|        | <b>£</b>                      | <b>£</b>                    | <b>£</b>                        |
| Grants | 7,329                         | 786,361                     | 793,690                         |
|        |                               |                             |                                 |
|        | <b>£</b>                      | <b>£</b>                    | <b>2024<br/>Total<br/>funds</b> |
| Grants | 1,654                         | 737,121                     | 738,775                         |
|        |                               |                             |                                 |

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

The following grants are included within the total income from donations and legacies above:

|                               | <b>Unrestricted<br/>funds<br/>£</b> | <b>Restricted<br/>funds<br/>£</b> | <b>2025<br/>Total<br/>funds<br/>£</b> |
|-------------------------------|-------------------------------------|-----------------------------------|---------------------------------------|
| SMI Welbeing Service          | -                                   | 66,985                            | 66,985                                |
| Research Project              | -                                   | -                                 | -                                     |
| Carers Hub                    | 7,329                               | 262,534                           | 269,863                               |
| Triangle Young People Project | -                                   | 22,021                            | 22,021                                |
| Health Educator Project       | -                                   | 244,682                           | 244,682                               |
| Digital Inclusion             | -                                   | -                                 | -                                     |
| NCIL Carers Inclusion         | -                                   | -                                 | -                                     |
| Parkinsons Outreach           | -                                   | 21,827                            | 21,827                                |
| ABC/TNLC Project              | -                                   | 82,312                            | 82,312                                |
| City Bridge Project           | -                                   | 46,000                            | 46,000                                |
| John Lyon                     | -                                   | 40,000                            | 40,000                                |
|                               | 7,329                               | 786,361                           | 793,690                               |
|                               | 7,329                               | 786,361                           | 793,690                               |
|                               |                                     |                                   | <b>2024</b>                           |
|                               | <b>Unrestricted<br/>funds<br/>£</b> | <b>Restricted<br/>funds<br/>£</b> | <b>Total<br/>funds<br/>£</b>          |
| SMI Welbeing Service          | -                                   | 100,478                           | 100,478                               |
| Research Project              | -                                   | 15,515                            | 15,515                                |
| Carers Hub                    | 1,654                               | 153,064                           | 154,718                               |
| Triangle Young People Project | -                                   | 29,516                            | 29,516                                |
| Health Educator Project       | -                                   | 250,000                           | 250,000                               |
| Digital Inclusion             | -                                   | 14,859                            | 14,859                                |
| NCIL Carers Inclusion         | -                                   | 24,350                            | 24,350                                |
| Parkinsons Outreach           | -                                   | 14,065                            | 14,065                                |
| ABC/TNLC Project              | -                                   | 82,941                            | 82,941                                |
| City Bridge Project           | -                                   | 49,000                            | 49,000                                |
| John Lyon                     | -                                   | 3,333                             | 3,333                                 |
|                               | 1,654                               | 737,121                           | 738,775                               |
|                               | 1,654                               | 737,121                           | 738,775                               |

**4. Net Income/(Expenditure)**

The net income is stated after charging/(crediting):

|   | <b>2025<br/>£</b> | <b>2024<br/>£</b> |
|---|-------------------|-------------------|
| Depreciation of tangible fixed assets - owned | 3,346             | 5,247             |
|   | 3,346             | 5,247             |

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

**5. Analysis of Expenditure**

|                            |   |  |   | <b>2025</b>    |
|----------------------------|---|--|---|----------------|
|                            | <b>Activities<br/>undertaken<br/>directly</b> | <b>Grant<br/>funding of<br/>activities</b> | <b>Support<br/>costs<br/>(see note 6)</b> | <b>Total</b>   |
|                            | <b>£</b>                                      | <b>£</b>                                   | <b>£</b>                                  | <b>£</b>       |
| Accountancy and Audit Fees | -   | -  | 2,610                                     | 2,610          |
| Depreciation               | -   | -  | 3,346                                     | 3,346          |
| Project Expenses           | 491,810                                       | 1,737                                      | 178,914                                   | 672,461        |
|                            | <u>491,810</u>                                | <u>1,737</u>                               | <u>184,870</u>                            | <u>678,417</u> |
|                            |   |  |   | <b>2024</b>    |
|                            | <b>Activities<br/>undertaken<br/>directly</b> | <b>Support<br/>costs<br/>(see note 6)</b>  | <b>Total</b>                              |                |
|                            | <b>£</b>                                      | <b>£</b>                                   | <b>£</b>                                  | <b>£</b>       |
| Accountancy and Audit Fees | -   | -  | 2,460                                     | 2,460          |
| Depreciation               | -   | -  | 5,247                                     | 5,247          |
| Project Expenses           | 446,543                                       | -  | 147,403                                   | 593,946        |
|                            | <u>446,543</u>                                | <u>-</u>                                   | <u>155,110</u>                            | <u>601,653</u> |

**6. Support Costs**

|                        |   |                     |                             | <b>2025</b>    |
|------------------------|---|---------------------|-----------------------------|----------------|
|                        | <b>Accountancy<br/>and Audit<br/>Fees</b> | <b>Depreciation</b> | <b>Project<br/>Expenses</b> | <b>Total</b>   |
|                        | <b>£</b>                                  | <b>£</b>            | <b>£</b>                    | <b>£</b>       |
| Employee costs         | -   | -                   | 64,414                      | 64,414         |
| Premises expenses      | -   | -                   | 67,978                      | 67,978         |
| General administration | -   | -                   | 46,522                      | 46,522         |
| Depreciation           | -   | 3,346               | -                           | 3,346          |
| Governance costs       | 2,610                                     | -                   | -                           | 2,610          |
|                        | <u>2,610</u>                              | <u>3,346</u>        | <u>178,914</u>              | <u>184,870</u> |
|                        |   |                     |                             | <b>2024</b>    |
|                        | <b>Accountancy<br/>and Audit<br/>Fees</b> | <b>Depreciation</b> | <b>Project<br/>Expenses</b> | <b>Total</b>   |
|                        | <b>£</b>                                  | <b>£</b>            | <b>£</b>                    | <b>£</b>       |
| Employee costs         | -   | -                   | 50,265                      | 50,265         |
| Premises expenses      | -   | -                   | 39,793                      | 39,793         |
| General administration | -   | -                   | 57,345                      | 57,345         |
| Depreciation           | -   | 5,247               | -                           | 5,247          |
| Governance costs       | 2,460                                     | -                   | -                           | 2,460          |
|                        | <u>2,460</u>                              | <u>5,247</u>        | <u>147,403</u>              | <u>155,110</u> |

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

**7. Auditor's Remuneration**

Remuneration received by the charitable company's auditors and their associates during the year was as follows:

|   | <b>2025</b> | <b>2024</b> |
|---|-------------|-------------|
|   | <b>£</b>    | <b>£</b>    |
| <b>Audit Services</b>                       |             |             |
| Audit of the company's financial statements | 2,610       | 2,460       |

**8. Staff Costs**

Staff costs were as follows:

|                               | <b>2025</b> | <b>2024</b> |
|-------------------------------|-------------|-------------|
| Salaries & Wages              | 396,407     | 336,714     |
| Social Security costs         | 22,691      | 25,281      |
| Pension and other staff costs | 8,416       | 6,866       |
|                               | <b>2025</b> | <b>2024</b> |
|                               | <b>£</b>    | <b>£</b>    |
| Wages and salaries            | 427,514     | 368,861     |

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

**9. Average Number of Employees**

Average number of employees during the year was as follows:

|                       | <b>2025</b> | <b>2024</b> |
|-----------------------|-------------|-------------|
| Charitable Activities | 13          | 10          |
| Administration        | 1           | 1           |
|                       | 14          | 11          |

**10. Tangible Assets**

|                            | <b>Land &amp;<br/>Property</b> |                                    |                               |              |
|----------------------------|--------------------------------|------------------------------------|-------------------------------|--------------|
|                            | <b>Leasehold</b>               | <b>Fixtures &amp;<br/>Fittings</b> | <b>Computer<br/>Equipment</b> | <b>Total</b> |
|                            | <b>£</b>                       | <b>£</b>                           | <b>£</b>                      | <b>£</b>     |
| <b>Cost</b>                |                                |                                    |                               |              |
| As at 1 April 2024         | 33,462                         | 27,377                             | 21,790                        | 82,629       |
| As at 31 March 2025        | 33,462                         | 27,377                             | 21,790                        | 82,629       |
| <b>Depreciation</b>        |                                |                                    |                               |              |
| As at 1 April 2024         | 27,703                         | 27,377                             | 21,790                        | 76,870       |
| Provided during the period | 3,346                          | -                                  | -                             | 3,346        |
| As at 31 March 2025        | 31,049                         | 27,377                             | 21,790                        | 80,216       |
| <b>Net Book Value</b>      |                                |                                    |                               |              |
| As at 31 March 2025        | 2,413                          | -                                  | -                             | 2,413        |
| As at 1 April 2024         | 5,759                          | -                                  | -                             | 5,759        |

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

**11. Debtors**

|                            | <b>2025</b>    | <b>2024</b>   |
|----------------------------|----------------|---------------|
|                            | <b>£</b>       | <b>£</b>      |
| <b>Due within one year</b> |                |               |
| Trade debtors              | 80,182         | 34,898        |
| Other debtors              | 75,893         | 37,935        |
|                            | <u>156,075</u> | <u>72,833</u> |

**12. Creditors: Amounts Falling Due Within One Year**

|                              | <b>2025</b>   | <b>2024</b>   |
|------------------------------|---------------|---------------|
|                              | <b>£</b>      | <b>£</b>      |
| Trade creditors              | 18,051        | 7,849         |
| Other creditors              | 5,216         | 2,103         |
| Accruals and deferred income | 12,175        | 77,149        |
|                              | <u>35,442</u> | <u>87,101</u> |

**13. Deferred Income**

Deferred income movements in the year were as follows:

|  | <b>2025</b> | <b>2024</b>   |
|--|-------------|---------------|
|  | <b>£</b>    | <b>£</b>      |
| Balance at the start of the period               | 44,162      | 41,065        |
| Income deferred in the current period            | -           | 44,162        |
| Amounts released in income from previous periods | (44,162)    | (41,065)      |
| Balance at the end of the period                 | <u>-</u>    | <u>44,162</u> |

**14. Movement in Funds**

|                               | <b>As at 1 April<br/>2024</b> | <b>Income</b>  | <b>Expenditure</b> | <b>Transfers</b> | <b>As at 31<br/>March 2025</b> |
|-------------------------------|-------------------------------|----------------|--------------------|------------------|--------------------------------|
|                               | <b>£</b>                      | <b>£</b>       | <b>£</b>           | <b>£</b>         | <b>£</b>                       |
| <b>Unrestricted funds</b>     |                               |                |                    |                  |                                |
| General:                      |                               |                |                    |                  |                                |
| General unrestricted fund     | 186,744                       | 7,329          | (5,957)            | 128,936          | 317,052                        |
| <b>Restricted funds</b>       |                               |                |                    |                  |                                |
| SMI Wellbeing Service         | 16,708                        | 66,984         | (33,526)           | (48,899)         | 1,267                          |
| Carers Hub                    | 66                            | 262,535        | (221,987)          | (40,614)         | -                              |
| Triangle Young People Project | -                             | 22,021         | (20,156)           | (1,321)          | 544                            |
| Health Educator Project       | 3,338                         | 244,682        | (244,132)          | (3,670)          | 218                            |
| Parkinsons Outreach           | -                             | 21,827         | (22,169)           | 342              | -                              |
| ABC/TNLC Project              | 3,000                         | 82,312         | (52,839)           | (26,870)         | 5,603                          |
| City Bridge Project           | 700                           | 46,000         | (46,196)           | (504)            | -                              |
| John Lyon                     | 996                           | 40,000         | (31,455)           | (7,400)          | 2,141                          |
| <b>Total restricted funds</b> | <u>24,808</u>                 | <u>786,361</u> | <u>(672,460)</u>   | <u>(128,936)</u> | <u>9,773</u>                   |
| <b>Total funds</b>            | <u>211,552</u>                | <u>793,690</u> | <u>(678,417)</u>   | <u>-</u>         | <u>326,825</u>                 |

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

|                               | As at 1 April<br>2023 | Income  | Expenditure | Transfers | As at 31<br>March 2024 |
|-------------------------------|-----------------------|---------|-------------|-----------|------------------------|
|                               | £                     | £       | £           | £         | £                      |
| <b>Unrestricted funds</b>     |                       |         |             |           |                        |
| General:                      |                       |         |             |           |                        |
| General unrestricted fund     | 74,430                | 1,654   | (7,707)     | 118,367   | 186,744                |
| <b>Restricted funds</b>       |                       |         |             |           |                        |
| SMI Wellbeing Service         | -                     | 100,478 | (41,770)    | (42,000)  | 16,708                 |
| Research Project              | -                     | 15,515  | (15,261)    | (254)     | -                      |
| Carers Hub                    | -                     | 153,064 | (141,011)   | (11,987)  | 66                     |
| Triangle Young People Project | -                     | 29,516  | (28,018)    | (1,498)   | -                      |
| Health Educator Project       | -                     | 250,000 | (236,620)   | (10,042)  | 3,338                  |
| NCIL Carers Inclusion         | -                     | 24,350  | (20,847)    | (3,503)   | -                      |
| Parkinsons Outreach           | -                     | 14,065  | (13,722)    | (343)     | -                      |
| ABC/TNLC Project              | -                     | 82,941  | (39,800)    | (40,141)  | 3,000                  |
| City Bridge Project           | -                     | 49,000  | (41,206)    | (7,094)   | 700                    |
| John Lyon                     | -                     | 3,333   | (1,471)     | (866)     | 996                    |
| Digital Inclusion             | -                     | 14,859  | (14,220)    | (639)     | -                      |
| <b>Total restricted funds</b> | -                     | 737,121 | (593,946)   | (118,367) | 24,808                 |
| <b>Total funds</b>            | 74,430                | 738,775 | (601,653)   | -         | 211,552                |

**Restricted Funds are for the following purposes:**

**SMI Wellbeing Service**

The fund was used to provide respite activities and support to young carers.

**Research Project**

Undertake Community Research which will help Brent Health Matters improve understanding of how communities use community assets e.g. libraries, Brent Hubs and community grants to support their health and wellbeing.

**Carers Hub**

For the provision of a Carers Hub information, advice and support service across Brent.

**Triangle Young People Project**

The purpose of this grant is to provide funding towards the cost of a Project Manager and Volunteer Coordinator, digital equipment, volunteer expenses and respite care, to work with multiple organisations to coordinate volunteers and mutual aids to support carers and vulnerable people.

**Health Educator Project**

Brent Carers Centre is the lead for Health Educators Partnership Service (HEPS) which is delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI, together we work collaboratively to redress health inequalities which have been prioritised by Brent Health Matters.

**Digital Inclusion**

Digital inclusion service for people living with diabetes.

**NCIL Carers Inclusion**

Funding provided to assist the Brent Carers Centre in delivering the Carers Inclusions and Wellbeing Project.

**Parkinsons Outreach**

Aim is to provide an outreach service to people affected by Parkinson's from the south Asian communities.

**ABC/TNCL Project**

Support the Carers advice work with one full-time Advice Worker's salary and on-costs. Befriending Service and relaunch Carers Counselling service.

...CONTINUED

**Brent Carers Centre**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 March 2025**

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**14. Movement in Funds - continued**

**City Bridge Project**

Support the Carers advice work with one full-time Advice Worker's salary and on-costs.

**John Lyon**

The Salary of a P/T Young Carers Service Manager and activity costs for Young Carers in Brent.

**15. Transactions with Trustees**

None of the trustees received any remuneration or any other benefits from an employment with the charity or a related entity during the current or previous year.

No trustee expenses have been incurred.

**16. Related Party Disclosures**

There have been no related party transactions in the reporting period that require disclosure.

**17. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**18. FRC's Ethical Standard - Provision Available for Small Entities**

In common with other businesses of our size and nature we use our auditors to prepare and submit returns to the tax authorities and assist with the preparation of the financial statements.

**Brent Carers Centre**  
**Detailed Statement of Financial Activities (including Income and Expenditure Account)**  
**For The Year Ended 31 March 2025**

|                                    | <b>2025</b>        | <b>2024</b>        |
|------------------------------------|--------------------|--------------------|
|                                    | <b>Total funds</b> | <b>Total funds</b> |
|                                    | <b>£</b>           | <b>£</b>           |
| <b>INCOME AND ENDOWMENTS FROM:</b> |                    |                    |
| <b>Donations and legacies</b>      |                    |                    |
| Grants                             | 793,690            | 738,775            |
|                                    | <u>793,690</u>     | <u>738,775</u>     |
|                                    | 793,690            | 738,775            |
| <b>EXPENDITURE ON:</b>             |                    |                    |
| <b>Charitable Activities:</b>      |                    |                    |
| <b>Accountancy and Audit Fees</b>  |                    |                    |
| Audit fees                         | (2,610)            | (2,460)            |
|                                    | <u>(2,610)</u>     | <u>(2,460)</u>     |
|                                    | (2,610)            | (2,460)            |
| <b>Depreciation</b>                |                    |                    |
| Depreciation                       | (3,346)            | (5,247)            |
|                                    | <u>(3,346)</u>     | <u>(5,247)</u>     |
|                                    | (3,346)            | (5,247)            |
| <b>Project Expenses</b>            |                    |                    |
| Staging fundraising events         | (17,049)           | (8,023)            |
| Wages and salaries                 | (366,326)          | (320,267)          |
| Travel and subsistence expenses    | (750)              | -                  |
| Recruitment costs                  | (445)              | (674)              |
| Other direct costs                 | (107,240)          | (117,579)          |
| Grants to individuals              | (1,737)            | -                  |
| Wages and salaries                 | (61,188)           | (48,594)           |
| Staff welfare                      | (2,762)            | (596)              |
| Travel and subsistence expenses    | (464)              | (1,075)            |
| Rent                               | (67,978)           | (39,793)           |
| Computer and IT consumables        | (10,573)           | (21,311)           |
| Insurance                          | (2,066)            | (1,542)            |
| Printing, postage and stationery   | (3,653)            | (8,623)            |
| Promotional costs                  | -                  | (980)              |
| Telecommunications and data costs  | (16,318)           | (10,487)           |
| Subscriptions                      | (4,285)            | (3,704)            |
| Professional subscriptions         | (6,362)            | (4,146)            |
| Bank charges                       | (182)              | (171)              |
| Sundry expenses                    | (3,083)            | (6,381)            |
|                                    | <u>(672,461)</u>   | <u>(593,946)</u>   |
|                                    | (672,461)          | (593,946)          |
|                                    | <u>(678,417)</u>   | <u>(601,653)</u>   |
|                                    | (678,417)          | (601,653)          |
| <b>NET INCOME</b>                  | <u>115,273</u>     | <u>137,122</u>     |
|                                    | 115,273            | 137,122            |

**BRENT CARERS CENTRE**

England & Wales - Charity number 1066691

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# Accounts

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Registered number

03354038

Brent Carers Centre

Report and Accounts

31 March 2024

**Brent Carers Centre  
Company Information**

**Directors**

I Ahmad  
J F Elliott  
H Hagger  
I Lewis  
A Johnson  
N Roberts-Collazo  
A Punjani

**Auditors**

Brookfield & Co  
18 Concanon Road  
London  
SW2 5TA

**Registered number**

03354038

**Secretary and Chief Executive Officer**

A-M Morris

**Registered Office**

Willesden Medical Centre  
144-150 High Road  
Willesden  
London  
NW10 2PT

**Charity registration no 1066691**

**Brent Carers Centre  
Report and accounts  
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## **Trustees Report**

### **Brent Carers Centre**

#### **OBJECTIVES AND ACTIVITIES**

Brent Carers' Centre is a local charity which provides practical and emotional support for all carers who either live in Brent or care for someone who lives in Brent. Brent Carers Centre also assist in the relief of vulnerable people and those who are elderly, disabled, chronically sick or suffering from substance misuse or an addiction. The aim of the charity is "To improve the lives of unpaid carers and vulnerable people in Brent so that they may live rather than just exist".

Our Objectives are:

- To be a centre of excellence for services to carers (including young carers) providing a universal information and advice service across all aspects of caring
- To enable carers from the diverse communities in Brent to access the range of services to which they are entitled
- To add to the skills of carers to both enhance their caring ability and improve their future prospects
- To empower carers to have a voice
- To support professionals to respond to carers in an appropriate and positive way
- To ensure that we are a learning organisation, developing and valuing the skills of all including staff, Trustees, volunteers and carers
- To secure funding for services so long as they are needed.

Brent Carers Centre continues to work collaboratively with Brent Council in supporting vulnerable carers in the borough. We also work collaboratively with the Northwest London Clinical Commissioning group, the ICP and a number of voluntary sector organisations, trusts and funding bodies. We understand the value of networking and sustaining professional working relationships to achieve our charitable objectives and improved outcomes to our beneficiaries.

#### **Brent Carers' Services**

The objectives of the Carers' Services are as follows:

- To provide a single point of access to a wide range of services for all carers in Brent
- To ensure that all carers experience a seamless and consistent service
- To provide an equitable service for all clients
- To support carers in every aspect of their informal caring role and to enable them to continue in their caring role for as long as they choose and are able
- To promote carers' issues and services locally through a variety of accessible ways
- To improve the opportunities of carers and the cared for to proactively improve their health and wellbeing
- To enable carers to be recognised as equal care partners
- To facilitate carers' involvement in relevant national and local engagement and consultation activity
- To advise and support carers when making use of the complaints procedure
- In partnership with statutory organisations and third sector partners, to facilitate the carer's role in improving and developing services in the statutory sector.

### **How Brent Carers Centre Deliver Public Benefit**

Our main activities and who we try to help are described above. All our charitable activities focus on quality advice, information and a range of support services which are undertaken to further our charitable purposes for the public benefit.

### **Achievements and Performance**

#### **Supporting Carers**

- 450 new carers were identified and registered during this year. Brent Carers Centre now has a total of 6,848 carers registered.
- Welfare benefits advice continues to be a priority in supporting Carers, we have maximised income with grants and benefits awarded to carers, all of which make a significant difference to carers lives, particularly in this cost of living crisis.
- Carers continue to benefit from Respite activities such as Support Groups, coffee mornings, training courses, theatres, day trips, meals out, Carefree Breaks During this year we have launched a service etc.
- Brent Carers Centre has introduced a service to help match carers in receipt of direct payment, with a PA matching Service. We are also in the midst of launching a Sitting Service and a Befriending service for both carers and their dependents.
- Throughout the year Brent Carers Centre delivered 2650 episodes of information and advice to carers.

#### **Health & Wellbeing Services**

Our Health & Wellbeing projects continues to expand during this year, and we now have with strands of wellbeing support services.

The primary aim of all projects is to reduce health inequalities in Brent and achieve better health outcomes for the most vulnerable and marginalised in the borough.

Health inequalities are avoidable, unfair and systematic differences in health between different groups of people. Brent Health Matter proposes to address inequalities in the borough with the investment into projects and programmes targeted at achieving better health outcomes where it is unevenly identified. As such the areas with poorer health outcomes or higher rates of long-term health conditions will have more focus than other parts of the borough.

Through the delivery of activities which educate and raise awareness on strategies proven to achieve better health outcomes on a range of health issues identified as a priority within the borough. Brent Carers Centre working with partnership agencies is a significant contributor to the Brent Health Matters agenda in improving the overall health of residents in Brent.

#### **1. Health Education Partnership**

Brent Carers Centre is the lead for Health Educators Partnership Service (HEPS) which is delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI. Together we work collaboratively to redress health inequalities which have been prioritised by Brent Health Matters.

13 Health Educators (HEs) work across the following five localities in Brent which are: Harlesden, Kilburn, Kingsbury, Willesden & Wembley.

Between 1<sup>st</sup> April 2023 – March 2024 HEs engaged in 1210 (48% increase from last year) outreach activities across the five Brent localities, previously mentioned, engaging with 16547 residents of all backgrounds mainly BAME between the age of 18-95 years of age (A 27% increase from last year)

Some key learnings from the HEPS have been:

- Diabetes residents experienced increase knowledge and confidence to self-manage their health and wellbeing in relation to diabetes because of being supported by health educators for 8-12 weeks through case management monitoring support.
- The HEPS programme boosted a sense of community wellbeing and empowered residents with better understanding of self-management.
- More residents are engaging in physical activities and choosing healthy eating habits.
- Collaborative effort in partnership with stakeholders played a vital role in successfully providing support to the communities.
- More people are now aware of what they can do to improve their health and wellbeing.
- Educating people about healthy foods choices, such as reading food labels, reduce intake of high carbohydrate food, drinking water, having food with proteins,
- Residents have been signposted to other relevant services that promote healthy living.
- Many residents have been making lifestyle changes and choosing healthy eating, more water intake and exercising.
- Residents are happy to know that diabetes type 2 is preventable, and they can join the remission programme.

## **2. Diabetes Case Management Support**

From April 2023 – March 2024, Health Educators provided mentoring support to 66 Brent residents living with Diabetes. Residents are thankful and appreciate the support they received from the health educators which has helped them to know more about their conditions and do something that will benefit them to live happily in the long term.

The HEPS service efforts continues in bringing awareness of diabetes and supporting more people to gain confidence to self-manage their health and wellbeing, and this include:

1. Empower individuals to improve their dietary choices and personalised meal plans,
2. Promote the adoption of regular exercise routine into their lifestyle.
3. Improve confidence and a positive mindset toward managing their Diabetes condition.
4. Provide referrals to other Diabetes support services in Brent where required.

## **3. Diabetes Digital Inclusion Service**

We have been able to continue delivery of the digital inclusion service for people living with diabetes. Working closely with GP, patients were identified and referred to the service to be supported learn how to use a smart phone, tablet or laptop, to access services and links with friends by using Zoom, WhatsApp, shopping online, managing your money online etc. In addition, they were taught how to register and use Know Diabetes, a portal designed to support diabetic patients in managing their condition.

Six, 6-week programmes was successfully delivered during this year and all participant can use IT to email, pay bills,, face tie family and friends and manager the personal affairs as well as accessing their GP using online portals

- There are many aspects of this course, but there are two which interested me the most. The first is the better understanding about diabetes in general and secondly, it sharpened my skills in order to help me navigate using technology.
- With the knowledge I've gained so far on the Know Diabetes course, there is a good chance that I might have even been in remission at some point, or a reduction in medication but it was not available to me then. This course has been a great help.

#### **4. Diabetes Peer Support Group**

The Diabetes Peer Support Group is a bespoke 8-week programme for diabetic patients to enable them to:

- Have a greater understanding on how to manage condition.
- Meet other people with a similar condition.
- Learn tips and coping strategies.
- Access the range of specialist support available.

Six, 8-week programmes were delivered during this year with on average 12 people per attendance.

Feedback from users:

An Asian woman with type 2 diabetes for five years worked in the healthcare services at a well-known hospital, she said that this group has made her more aware and committed to following a lifestyle that will enable her to feel happy and healthier.

#### **5. Wellbeing Outreach Service**

The Wellbeing Outreach Service reaches out to people living with a Serious Mental Illness (SMI) and Carers to ensure they have their annual health check. Carers and people living with a Serious Mental Issue face considerable challenges in the lives which in turn increases the likelihood of poorer health conditions. Health Checks help to identify health concerns you may not be aware of, which improves access to early health treatments or interventions for better health outcomes of the person.

This service continues to face challenges when trying to work with GP's, such as:

- Practice managers being extremely difficult to get hold of and engage with. It is usual for several attempts to be made over a period of time before making a successful initial contact.
- Where contact has been made, there is often a long waiting time to hear the response or poor communication experienced from some GPs.
- GP's have struggled to agree suitable times to set up meetings with the Well-Being Outreach Service due to their busy work schedules.
- Cautiousness about sharing their patient lists as they want to maintain the privacy of SMI patients who are a vulnerable client group etc

However, where GP's have been open and receptive to working collaboratively with the Wellbeing Outreach Service, the following successes have been achieved:

- A mutually approved data sharing agreement has been established.
- Patient list with contact details are shared with our Well-being Outreach Workers.
- Some GP's have provided a list of appointment slots, so we can make appointments for patients, making it a smoother arrangement.
- We have been able to increase the uptake of Health Checks by providing direct 1-2-1 consultations and reminders to patients to improve attendance to Health checks appointments at their GP.
- We slowly but surely continue to expand our service to engage with more GP's across the borough for the benefit of their patients.

#### **6. Back 2 Health Project**

This exciting partnership initiative was launched in March 2024. It is a new volunteer led project, will provide support for patients attending ophthalmology appointments at Northwick Park Hospital.

This collaboratively led project, consist of the following partners, Brent Carers Centre, CVS Brent, and

professionals within Northwick Park Hospital and professionals within the Ophthalmology department. It brings together the voluntary sector and the health and care sectors working collaboratively to launch a service which aims to help reduce the number of missed appointments and re-admissions.

Existing data shows that the Ophthalmology Department has the greatest number of 'Did Not Attend' (DNAs), which can put patients at risk of deteriorating health, has a financial impact, and can extend overall waiting list times.

Many patients encounter barriers to attending appointments, such as lack of access to appropriate transportation, cultural or language barriers, or social and personal challenges. The aim of the project is to provide additional support to patients to help them tackle these challenges so that they can attend their scheduled appointment. If it is not possible for them to attend at the scheduled time, they will also have an opportunity to cancel in advance so the hospital can offer the appointment to the next person on the waiting list.

A team of trained volunteers will be supported by a volunteer coordinator, to ensure patients are aware of their oncoming appointments; are able to attend and supported to make alternative arrangements if they are unable to attend.

Patients on the ophthalmology waiting list will be contacted in advance of their appointment to check they are able to attend, and openly discuss any challenges that might impact their ability to get to the hospital. They may also be signposted to appropriate services if they need specialist support.

The challenge with this pioneering project will be clearly measure and evidence the cost savings materialised from the improve the attendance of appointments and reducing/eliminating non attendance. The Project will be supported by an extensive research and data analysis mechanism to measure the outcomes and impact.

#### **Publicity & Communication**

Caring4Carers our Monthly E-Newsletter continues to be a reliable source of information, and news to those carers who have access digital technology.

#### **Development Work**

We have achieved significant success in raising funds to increase capacity and resources to improve delivery of our Carers Support Services and Health and Wellbeing Services.

The following successes have been achieved during 2023-24

- The launch of our Advice, Befriending and Counselling Service
- We successfully reprocured the Carers Support Service Contract and are now the main provider supporting both Adult and Young Carers in the Borough of Brent
- Courtesy of the John Lyons Charity, we have been able to appoint a Young Carers Service Manager.
- We are prioritising our efforts to address the digital barriers that many carers face in the borough.

#### **Partnership Working**

The charity continues to strengthen and build on our positive working relationship with our statutory partners, voluntary and community organisations along with other professionals and businesses. Partnership working allows us to share our skills and expertise collaboratively to achieve better outcomes in strategic and statutory initiatives as well community and voluntary sector objectives. We continue to host consultation events, user surveys and share case studies on user experiences as our contribution towards improving services and enhancing better outcomes for carers and vulnerable people in Brent. We value our working relationships in the health & social care sector and continue to strive to develop new opportunities to strengthen and solidify our relationships with all our professional friends and key stakeholders to achieve improved outcomes for carers and vulnerable people in Brent.

### **Financial Review**

The charity had a surplus of £137,122 in this financial year ( 2023 deficit £33,565), as shown in the Statement of Financial Activities on page 11 of these financial statements.

Our priority will continue to be working on securing funding to sustain the range of services we know make a difference in the lives of carers.

### **Reserves Policy**

At 31st March 2024, the restricted reserves stood at £24808, and the unrestricted reserves at £186,744 a total increase of £137,122 compared to the previous year.

The board recognises that it needs to manage current levels of reserves of unrestricted funds, including the need to continually review the designated funds, their purposes and the amounts in each. This is done in the context of the main risks the charitable company is exposed to, which include the current financial climate and the continuous pressures placed on health and social care budgets.

The Trustees aim to hold between 3 and 6 months budgeted expenditure in general funds to manage fluctuations in cash flow and against possible interruption or loss of funding streams. The Trustees regularly review the investment policy.

### **The Future Period**

We are committed in our quest to explore opportunities which ensure we can continue to deliver services that holistically support carers who play such an important role looking after others whilst making a valuable contribution to the health and social care sector and the local economy. Brent carers Centre will also explore opportunities which may support the health and wellbeing of vulnerable people living in and beyond Brent. With shrinking budgets across the borough, tough decisions are being made often to the detriment of carers and their dependents. Our role in supporting and amplifying the Carer's voice continues to be important now, more than ever before.

### **TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The Trustees (who are also directors of Brent Carers Centre for the purposes of company law) are responsible for preparing the Report of the Board of Management and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### Going concern

The Trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis in preparing the financial statements.

Further details regarding the adoption of the going concern basis can be found in the accounting policies in the financial statements.

### Statement of disclosure to auditor

As far as each trustee is aware, there is no relevant audit information of which the company's auditors are unaware. Additionally, the Trustees have taken all the steps that they ought to have taken to make themselves aware of all relevant audit information and to establish that the auditor is aware of that information.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### Governing Document

Brent Carers' Centre is a charitable company, limited by guarantee, incorporated on 16 April 1997 and registered as a charity on 5 December 1997. The company was established under a Memorandum of Association which laid down the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, each member is required to contribute an amount not exceeding £1.

### Appointment of Directors/Trustees

The directors of the company are also charity Trustees for the purposes of charity law. At the Annual General Meeting (AGM), in accordance with the Articles of Association, one third of the members of the Board of Directors/Trustees, including Honorary Officers, shall retire and are eligible for re-election at the same AGM if desired.

### Director/Trustee induction and training

The Directors/Trustees are already familiar with the practical work of the charity. Prospective new Directors/Trustees receive a Trustees Information Pack upon expressing an interest to join the board. All new Directors/Trustees are inducted by the Chair and the Chief Executive Officer. New Trustees are required to attend a minimum of three board meetings to familiarise themselves with the charity and the context within which it operates. All Directors/Trustees are offered opportunities to attend courses run by the Carers' Trust and other organisations.

### Organisation

As indicated above, the charity is governed by a Board of Directors/Trustees, which is responsible for setting the strategic direction of the organisation and for establishing policy. Matters, including decisions and future development to further the charity's objectives, are discussed and decided at Board meetings upon the general consensus of agreement from the Board. Failing such consensus then the Articles of Association allow for a majority vote to decide a particular matter. The Board of Directors/Trustees who acted during the year and up to the date of this report are as shown on page 1 of these financial statements.

Trustees have complied with the duty in Section 17 of the Charities Act 2011, to have due regard to public benefit guidance issued by the Charity Commission. Particular consideration is given in how activities planned will contribute to the aims and objectives of our Charity.

Board meetings are held every 2 - 3 months.

There is also the Finance and General Purposes Committee, which consists of the Chair, Treasurer and up to 3 Board members, and meetings are held as required.

Day-to-day management is devolved to the Chief Executive Officer, who reports to each Board and Finance and General Purposes Committee meeting.

**Risk Management**

The charity has a Risk Management Policy in place. The risks that may have an impact on the functions of the charity are continually monitored. The risk management strategy continues to address the major governance, operational, financial, reputation, legal and regulatory risks which might impact upon the charity's core purposes and key objectives. This builds on the existing risk management in many aspects of the charity's work in areas such as financial management, health and safety, fire and security and disaster planning arrangements to protect both places and people.

Our Risk Management Policy and Procedures have been updated to minimise the risk of contracting and spreading the Covid Virus during the course of our work, for the safety of both staff and our clients.

**Trustee Remuneration & Related Party Transactions**

No Trustees received any remuneration during this financial year. No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

Approved by the Trustees and signed on their behalf.

*I. Lewis*  
Trustee **IRENE LEWIS**  
Date **17 - XII - 2024**

**Brent Carers Centre**  
**Independent auditors' report**  
**to the shareholders of Brent Carers Centre**

We have audited the accounts of Brent Carers Centre for the year ended 31 March 2024 which comprise the Profit and Loss Account, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards and in accordance with the Charities Act 2011 and the Charities (Accounts and reports) Regulations 2008.

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Respective responsibilities of directors and auditors**

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

In accordance with the exemption provided by APB Ethical Standard - Provisions Available for Smaller Entities (Revised), we have prepared and submitted the company's returns to the tax authorities and assisted with the preparation of the accounts.

**Scope of the audit of the accounts**

A description of the scope of an audit of financial statements is provided on the APB's website at [www.frc.org.uk/apb/scope/private.cfm](http://www.frc.org.uk/apb/scope/private.cfm)

**Opinion on the accounts**

In our opinion the accounts:

- give a true and fair view of the state of the company's affairs as at 31 March 2024 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Opinion on other matters prescribed by the Companies Act 2006**

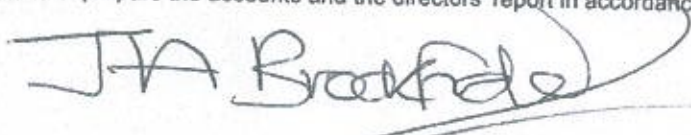
In our opinion the information given in the Directors' Report for the financial year for which the accounts are prepared is consistent with the accounts.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the accounts and the directors' report in accordance with the small companies regime.

J A Brookfield  
(Senior Statutory Auditor)  
for and on behalf of  
Brookfield & Co  
Accountants and Statutory Auditors

  
18 Concanon Road  
London

SW2 5TA

17/12/24.

**Brent Carers Centre**  
**Statement of Financial Activities**  
**for the year ended 31 March 2024**

|   | Restricted<br>Funds | Unrestricted<br>Funds | Total<br>Funds | Total<br>Funds |
|---|---------------------|-----------------------|----------------|----------------|
| Notes   | 2024<br>£           | 2024<br>£             | 2024<br>£      | 2023<br>£      |
| <b>Incoming resources</b>                       |                     |                       |                |                |
| <i>Incoming resources from generated funds:</i> |                     |                       |                |                |
| Voluntary Income - Donations                    | 3,732               | 1,654                 | 5,386          | 2,720          |
| Investment income                               | -                   | -                     | -              | -              |
| Provision of advice, information and support    | 5 733,389           | -                     | 733,389        | 372,650        |
| <b>Total Incoming Resources</b>                 | <u>737,121</u>      | <u>1,654</u>          | <u>738,775</u> | <u>375,370</u> |
| <b>Resources expended</b>                       |                     |                       |                |                |
| <i>Costs of generating funds</i>                |                     |                       |                |                |
| Charitable activities                           | 593,946             | -                     | 593,946        | 401,288        |
| Governance                                      | -                   | 7,707                 | 7,707          | 7,647          |
| <b>Total resources expended</b>                 | <u>6 593,946</u>    | <u>7,707</u>          | <u>601,653</u> | <u>408,935</u> |
| Net incoming resources expended for the Year    | 143,175             | (6,053)               | 137,122        | (33,565)       |
| Transfers between funds                         | (118,367)           | 118,367               | -              | -              |
| Funds brought forward                           | -                   | 74,430                | 74,430         | 107,995        |
| <b>Total Funds carried forward</b>              | <u>24,808</u>       | <u>186,744</u>        | <u>211,552</u> | <u>74,430</u>  |

**Brent Carers Centre  
Balance Sheet  
as at 31 March 2024**

|   | Notes | 2024<br>£       | 2023<br>£       |
|---|-------|-----------------|-----------------|
| Tangible fixed assets                                 | 7     | 5,759           | 11,006          |
| <b>Current assets</b>                                 |       |                 |                 |
| Debtors   | 8     | 72,833          | 57,981          |
| Cash at bank and in hand                              |       | 220,061         | 95,216          |
|   |       | <u>292,894</u>  | <u>153,197</u>  |
| <b>Creditors: amounts falling due within one year</b> | 9     | <u>(87,101)</u> | <u>(89,773)</u> |
| <b>Net current assets</b>                             |       | 205,793         | 63,424          |
| <b>Total assets less current liabilities</b>          |       | <u>211,552</u>  | <u>74,430</u>   |
| <b>Funds of the Charity</b>                           |       |                 |                 |
| Restricted Funds                                      |       | 24,808          | -               |
| General Funds   |       | 186,744         | 74,430          |
| <b>Total Funds</b>                                    | 11    | <u>211,552</u>  | <u>74,430</u>   |

The notes on pages 13 to 17 form part of these accounts

Approved by the board on

17 December 2024

Director

*I. Lewis*  
IRENE LEWIS

17 - XII - 2024

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2024**

**1. Accounting Policies**

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the financial statements.

**a) Basis of Preparation**

The financial statements have been prepared under the historical cost convention in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" (SORP 2005) and the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) effective 1 January 2015. The company constitutes a public benefit entity as defined by FRS 102.

The trustees have taken advantage of the exemption in Financial Reporting Standard No 1 (revised) from including a cash flow statement in the financial statements on the grounds that the charity is small.

The financial statements are prepared, on a going concern basis, under the historical cost convention. The charity is entirely dependent on continuing contracts and grant aid and as a consequence the going concern basis is also dependent on continuing contracts and grant aid. The particular accounting policies adopted are set out below.

**b) Restricted and Unrestricted Funds**

The accounts distinguish between restricted and unrestricted funds. Restricted funds are received from donors and are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. They include those freely available to the charity for expenditure or appropriation to reserves for internally designated purposes. Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

**c) Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to specific categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Investment income is included when receivable.

- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

**d) Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis eg. floor areas, per capita or estimated usage.

**e) Tangible Fixed Assets**

Fixed assets costing less than £1000 are written off in the year of acquisition and items costing in excess are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off the cost of fixed assets less their estimated residual value over their expected useful life on a straight line basis at the rates of 25% (Computer equipment) 33% (Office furniture) and 10% (leasehold improvements) per annum.

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2024**

**f) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

**g) Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**h) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**i) Pensions**

Contributions to employee pension schemes are in line with government legislation.

**Legal status of the Trust**

The trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

**2 Taxation**

Subject to agreement with the Inspector of Taxes, the company is exempt from the payment of any Taxes to the extent it is a registered charity and not liable for Income Tax or Corporation Tax on income derived from its charitable activities. The company does not have a liability to register for VAT.

**3 Surplus for the period**

The surplus for the period is stated after charging:

|   | 2024  | 2023  |
|---|-------|-------|
|   | £     | £     |
| Depreciation                                  | 5,247 | 5,247 |
| Audit and accountancy fees<br>Brookfield & Co | 2,460 | 2,400 |

**4 Staff costs**

Staff costs were as follows

|                          | 2024           | 2023           |
|--------------------------|----------------|----------------|
|                          | £              | £              |
| Salary and pension costs | 336,714        | 185,608        |
| Social Security costs    | 25,281         | 7,855          |
| Other staff costs        | 6,866          | 4,199          |
|                          | <u>368,861</u> | <u>197,662</u> |

|   | 2024      | 2023     |
|---|-----------|----------|
|   | £         | £        |
| Numbers of full time employees or full time equivalents |           |          |
| Charitable activities                                   | 10        | 6        |
| Administration  | 1         | 1        |
|   | <u>11</u> | <u>7</u> |

No employee had emoluments in excess of £60,000 (2023:Nil) Pension costs are allocated to activities in proportion to the related staffing costs incurred.

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2024**

**5 Analysis of Incoming Resources**

|                               | Restricted     | Unrestricted | 2024<br>Total  | 2023<br>Total  |
|-------------------------------|----------------|--------------|----------------|----------------|
|                               | £              | £            | £              | £              |
| SMI Wellbeing Service Service | 100,478        | -            | 100,478        | 33,493         |
| Mental Health Crisis          | -              | -            | -              | 10,744         |
| Research Project              | 15,515         | -            | 15,515         | -              |
| Carers Hub                    | 153,064        | 1,654        | 154,718        | 31,229         |
| Triangle Young people Project | 29,518         | -            | 29,518         | 12,362         |
| Health Educator Project       | 250,000        | -            | 250,000        | 238,333        |
| Digital Inclusion             | 14,859         | -            | 14,859         | 24,859         |
| NCIL Carers Inclusion         | 24,350         | -            | 24,350         | 24,350         |
| Parkinsons Outreach           | 14,065         | -            | 14,065         | -              |
| ABC/TNLC Project              | 82,941         | -            | 82,941         | -              |
| City Bridge Project           | 49,000         | -            | 49,000         | -              |
| John Lyon                     | 3,333          | -            | 3,333          | -              |
|                               | <b>737,121</b> | <b>1,654</b> | <b>738,775</b> | <b>375,370</b> |

**6 Analysis of Resources Expended**

|                                 | Charitable<br>Activities | Fundraising<br>& Publicity | Governance   | Support<br>Services | 2024 Total     |
|---------------------------------|--------------------------|----------------------------|--------------|---------------------|----------------|
|                                 | £                        | £                          | £            | £                   | £              |
| Staff Costs                     | 320,267                  | -                          | -            | 48,594              | 368,861        |
| Charitable Activities           | 124,076                  | -                          | -            | -                   | 124,076        |
| Grants Payable                  | -                        | -                          | -            | -                   | -              |
| Recruitment Costs               | 674                      | -                          | -            | -                   | 674            |
| Staff Travel Expenses           | -                        | -                          | -            | 1,075               | 1,075          |
| Volunteer Expenses              | -                        | -                          | -            | -                   | -              |
| Rent And Rates                  | -                        | -                          | -            | 39,793              | 39,793         |
| Print, Postage and Stationaries | -                        | -                          | -            | 8,623               | 8,623          |
| Telephone & Fax                 | -                        | -                          | -            | 10,487              | 10,487         |
| IT Support & Maintenance        | -                        | -                          | -            | 21,311              | 21,311         |
| Accountancy and Audit Fees      | -                        | -                          | 2,460        | -                   | 2,460          |
| Legal and Professional          | -                        | -                          | -            | 4,146               | 4,146          |
| Subscriptions                   | -                        | -                          | -            | 3,704               | 3,704          |
| AGM & Directors' Expenses       | -                        | -                          | -            | -                   | -              |
| Administration and sundry costs | -                        | -                          | -            | 6,381               | 6,381          |
| Depreciation                    | -                        | -                          | 5,247        | -                   | 5,247          |
| Bank Charges                    | -                        | -                          | -            | 171                 | 171            |
| Staff Welfare & Training        | 1,526                    | -                          | -            | 596                 | 2,122          |
| Insurance                       | -                        | -                          | -            | 1,542               | 1,542          |
| Publicity and Information       | -                        | -                          | -            | 980                 | 980            |
|                                 | <b>446,543</b>           | <b>-</b>                   | <b>7,707</b> | <b>147,403</b>      | <b>601,653</b> |

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2024**

**7 Tangible fixed assets**

|                          | Computer equipment | Leasehold improvements | Office Furniture | Total  |
|--------------------------|--------------------|------------------------|------------------|--------|
|                          | £                  | £                      | £                | £      |
| <b>Cost</b>              |                    |                        |                  |        |
| Balance at 1 April 2023  | 21,790             | 33,462                 | 27,377           | 82,629 |
| Additions in the period  | -                  | -                      | -                | -      |
| Balance at 31 March 2024 | 21,790             | 33,462                 | 27,377           | 82,629 |
| <b>Depreciation</b>      |                    |                        |                  |        |
| Balance at 1 April 2023  | 19,889             | 24,357                 | 27,377           | 71,623 |
| Charge for the year      | 1,901              | 3,346                  | -                | 5,247  |
| Balance at 31 March 2024 | 21,790             | 27,703                 | 27,377           | 76,870 |
| <b>Net Book Value</b>    |                    |                        |                  |        |
| At 31 March 2024         | -                  | 5,759                  | -                | 5,759  |
| At 31 March 2023         | 1,901              | 9,105                  | -                | 11,006 |

**8 Debtors**

|   | 2024          | 2023          |
|---|---------------|---------------|
|   | £             | £             |
| Grants receivable                             | 34,898        | 20,833        |
| Deposit to landlord for 144-150 Offices       | 7,920         | 7,920         |
| Other debtors, prepayments and accrued Income | 30,015        | 29,228        |
|   | <u>72,833</u> | <u>57,981</u> |

**9 Creditors: amounts falling due within one year**

|                                 | 2024          | 2023          |
|---------------------------------|---------------|---------------|
|                                 | £             | £             |
| Sundry creditors                | 41,324        | 44,171        |
| Other taxes and social security | -             | 3,284         |
| Accruals and deferred Income    | 44,162        | 41,055        |
| Pension costs                   | 1,615         | 1,263         |
|                                 | <u>87,101</u> | <u>89,773</u> |

**10 Analysis of net assets between funds**

|                     | Restricted Funds | Unrestricted Funds | Total Funds    |
|---------------------|------------------|--------------------|----------------|
|                     | £                | £                  | £              |
| Fixed assets        | -                | 5,759              | 5,759          |
| Current Assets      | 24,808           | 268,086            | 292,894        |
| Current Liabilities | -                | (87,101)           | (87,101)       |
|                     | <u>24,808</u>    | <u>186,744</u>     | <u>211,552</u> |

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2024**  
**11 Analysis of net assets between funds**

|                                 | At<br>1/4/23<br>£ | Incoming<br>Resources<br>£ | Outgoing<br>Resources<br>£ | Transfers<br>£   | At<br>31/3/24<br>£ |
|---------------------------------|-------------------|----------------------------|----------------------------|------------------|--------------------|
| <b>Restricted Funds:</b>        |                   |                            |                            |                  |                    |
| SMI Welbeing Service Service    | -                 | 100,478                    | 41,770                     | (42,000)         | 16,708             |
| Research Project                | -                 | 15,515                     | 15,261                     | (254)            | -                  |
| Carers Hub                      | -                 | 153,064                    | 141,011                    | (11,987)         | 66                 |
| Triangle Young people Project   | -                 | 29,516                     | 28,018                     | (1,498)          | -                  |
| Health Educator Project         | -                 | 250,000                    | 236,620                    | (10,042)         | 3,338              |
| Digital Inclusion               | -                 | 14,859                     | 14,220                     | (639)            | -                  |
| NCIL Carers Inclusion           | -                 | 24,350                     | 20,847                     | (3,503)          | -                  |
| Parkinsons Outreach             | -                 | 14,065                     | 13,722                     | (343)            | -                  |
| ABC/TNLC Project                | -                 | 82,941                     | 39,800                     | (40,141)         | 3,000              |
| City Bridge Project             | -                 | 49,000                     | 41,206                     | (7,094)          | 700                |
| John Lyon                       | -                 | 3,333                      | 1,471                      | (866)            | 996                |
| <b>Total Restricted Funds</b>   | -                 | <b>737,121</b>             | <b>593,946</b>             | <b>(118,367)</b> | <b>24,808</b>      |
| <b>Unrestricted Funds:</b>      |                   |                            |                            |                  |                    |
| General Fund                    | 74,430            | 1,654                      | 7,707                      | 118,367          | 186,744            |
| <b>Total Unrestricted Funds</b> | <b>74,430</b>     | <b>1,654</b>               | <b>7,707</b>               | <b>118,367</b>   | <b>186,744</b>     |
| <b>Total Funds</b>              | <b>74,430</b>     | <b>738,775</b>             | <b>601,653</b>             | <b>-</b>         | <b>211,552</b>     |

**Restricted Funds are for the following purposes;**

**SMI Welbeing Service Service**

The fund was used to provide respite activities and support to young carers.

**Research Project**

Undertake Community Research which will help Brent Health Matters improve understanding of how communities use community assets eg libraries, Brent Hubs and community grants to support their health and wellbeing.

**Carers Hub**

For the provision of a Carers Hub information, advice and support service across Brent.

**Triangle Young people Project**

The purpose of this grant is to provide funding towards the cost of a Project Manager and Volunteer Coordinator, digital equipment, volunteer expenses and respite care, to work with multiple organisations to coordinate volunteers and mutual aids to support carers and vulnerable people.

**Health Educator Project**

Brent Carers Centre is the lead for Health Educators Partnership Service (HEPS) which is delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI. Together we work collaboratively to redress health inequalities which have been prioritised by Brent Health Matters.

**Digital Inclusion**

Digital inclusion service for people living with diabetes

**NCIL Carers Inclusion**

Funding provided to assist the Brent Carers Centre in the in delivering the Carers Inclusion and Wellbeing project.

**Parkinsons Outreach**

Aim is to provide an outreach service to people affected by Parkinson's from the south Asian communities

**ABC/TNLC Project**

Support the Carers advice work with one full-time Advice Worker's salary and on-costs

Befriending Service and relaunch Carers Counselling Service.

**City Bridge Project**

Support the Carers advice work with one full[1]time Advice Worker's salary and on-costs.

**John Lyon**

The salary of a P/T Young Carers Service Manager and activity costs for Young Carers in Brent.

**12 Related party transactions and trustees' remuneration**

Trustees received no emoluments (2023 £nil). No travel expenses were paid to Trustees in the period (2023 £nil).

**BRENT CARERS CENTRE**

England & Wales - Charity number 1066691

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# Accounts

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Registered number

03354038

Brent Carers Centre

Report and Accounts

31 March 2023

**Brent Carers Centre  
Report and accounts  
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**Brent Carers Centre  
Company Information**

**Directors**

I Ahmad  
J F Elliott  
H Hagger  
I Lewis  
A Johnson  
N Roberts-Collazo  
A Punjani

**Auditors**

Brookfield & Co  
18 Concanon Road  
London  
SW2 5TA

**Registered number**

03354038

**Secretary and Chief Executive Officer**

A-M Morris

**Registered Office**

Willesden Medical Centre  
144-150 High Road  
Willesden  
London  
NW10 2PT

**Charity registration no 1066691**

## Trustees Report

### Brent Carers Centre

#### OBJECTIVES AND ACTIVITIES

Brent Carers' Centre is a local charity which provides practical and emotional support for all carers who either live in Brent or care for someone who lives in Brent. Brent Carers Centre also assist in the relief of vulnerable people and those who are elderly, disabled, chronically sick or suffering from substance misuse or an addiction. The aim of the charity is "To improve the lives of unpaid carers and vulnerable people in Brent so that they may live rather than just exist".

Our Objectives are:

- To be a centre of excellence for services to carers (including young carers) providing a universal information and advice service across all aspects of caring
- To enable carers from the diverse communities in Brent to access the range of services to which they are entitled
- To add to the skills of carers to both enhance their caring ability and improve their future prospects
- To empower carers to have a voice
- To support professionals to respond to carers in an appropriate and positive way
- To ensure that we are a learning organisation, developing and valuing the skills of all including staff, Trustees, volunteers and carers
- To secure funding for services so long as they are needed.

Brent Carers Centre continues to work collaboratively with Brent Council in supporting vulnerable carers in the borough. We also work collaboratively with the Northwest London Clinical Commissioning group, the ICP and a number of voluntary sector organisations, trusts and funding bodies, We understand the value of networking and sustaining professional working relationships to achieve our charitable objectives and improved outcomes to our beneficiaries.

#### Brent Carers' Services

The objectives of the Carers' Services are as follows:

- To provide a single point of access to a wide range of services for all carers in Brent
- To ensure that all carers experience a seamless and consistent service
- To provide an equitable service for all clients
- To support carers in every aspect of their informal caring role and to enable them to continue in their caring role for as long as they choose and are able
- To promote carers' issues and services locally through a variety of accessible ways
- To improve the opportunities of carers and the cared for to proactively improve their health and wellbeing
- To enable carers to be recognised as equal care partners
- To facilitate carers' involvement in relevant national and local engagement and consultation activity
- To advise and support carers when making use of the complaints procedure
- In partnership with statutory organisations and third sector partners, to facilitate the carer's role in improving and developing services in the statutory sector.

### **How Brent Carers Centre Deliver Public Benefit**

Our main activities and who we try to help are described above. All our charitable activities focus on quality advice, information and a range of support services which are undertaken to further our charitable purposes for the public benefit.

### **Achievements and Performance**

#### **Supporting Carers**

- 141 new carers were identified and registered this year, So Brent now has 6,432 known carers in the borough that may access advice, information and support services. All newly registered carers receive our carer's welcome pack with helpful information on what they need to know as a Carer.
- Carers continue to benefit from Respite activities such as Support Groups, coffee mornings, training courses, theatres, day trips, meals out, Carefree Breaks etc.
- Throughout the year Brent Carers Centre delivered 1286 episodes of information and advice.
- Welfare benefits advice continues to be a priority in supporting Carers, we have maximised income with grants and benefits awarded to carers, all of which make a significant difference to carers lives, particularly in this cost of living crisis.

#### **Health & Wellbeing Services**

Our Health & Wellbeing projects has developed into four strands, three of which are delivered in partnership with Brent Health Matters. The primary aim is to reduce health inequalities in Brent and achieve better health outcomes for the most vulnerable and marginalised in the borough.

Health inequalities are avoidable, unfair and systematic differences in health between different groups of people. Brent Health Matter proposes to address inequalities in the borough with the investment into projects and programmes targeted at achieving better health outcomes where it is unevenly identified. As such the areas with poorer health outcomes or higher rates of long-term health conditions will have more focus than other parts of the borough.

Through the delivery of activities which educate and raise awareness on strategies proven to achieve better health outcomes on a range of health issues identified as a priority within the borough. Brent Carers Centre working with partnership agencies is a significant contributor to the Brent Health Matters agenda in improving the overall health of residents in Brent.

#### **1. Health Education Partnership**

Brent Carers Centre is the lead for Health Educators Partnership Service (HEPS) which is delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI. Together we work collaboratively to redress health inequalities which have been prioritised by Brent Health Matters.

14 Health Educators (HEs) work across the following five localities in Brent which are: Harlesden, Kilburn, Kingsbury, Willesden & Wembley.

Between 1<sup>st</sup> April 2022 – March 2023 HEs undertook 817 episodes of engagement in both local outreach activities and BHM events. They engaged with 12995 residents a 18% increase on last year's figures.

During this period 15 Health Educators have been trained to deliver health checks, to support the BHM Clinical team in the early identification of Diabetes as well as other conditions.

Some key learnings from the HEPS have been:

- HEs now undertake 1-2-1 mentoring/conversations with residents who agree for around 2- 3 months, which has been very effective in supporting individuals in making lifestyle changes to improve management of their diabetic condition.
- Teamwork effort has been the key to the successful delivery of the service.
- People are very happy to share the leaflets and information with their loved ones
- HEs have raised awareness of Brent Health Matters service to many residents in the community
- HEs successfully hosted their own Wellbeing event at the Brent Civic Centre which was attended by many residents and stakeholders in promoting health and wellbeing.
- Many more people are now aware of type 2 diabetes and the impacts it has on their health.
- Residents have been signposted to other relevant services that promote healthy living.
- Many residents have become more proactive in taking steps to making lifestyle changes to improve their health and wellbeing.

### **2. Diabetes Digital Inclusion Service**

We have been able to continue delivery of the digital inclusion service for people living with diabetes. Working closely with GP, patients were identified and referred to the service to be supported learn how to use a smart phone, tablet or laptop, to access services and links with friends by using Zoom, WhatsApp, shopping online, managing your money online etc. In addition, they were taught how to register and use Know Diabetes, a portal designed to support diabetic patients in managing their condition.

During this year we delivered three, 6-week programmes which was attended by 59 diabetic patients who completed the training programme.

Feedback from users:

- There are many aspects of this course, but there are two which interested me the most. The first is the better understanding about diabetes in general and secondly, it sharpened my skills in order to help me navigate using technology.
- With the knowledge I've gained so far on the Know Diabetes course, there is a good chance that I might have even been in remission at some point, or a reduction in medication but it was not available to me then. This course has been a great help.

### **3. Diabetes Peer Support Group**

The Diabetes Peer Support Group is a bespoke 8-week programme for diabetic patients to enable them to:

- Have a greater understanding on how to manage condition.
- Meet other people with a similar condition.
- Learn tips and coping strategies.
- Access the range of specialist support available.

Two, 8-week programmes were delivered during this year with 18 people in attendance.

Feedback from users:

- This peer support has given me a better understanding of diabetes and it has made an impact on my eating habits. I did not understand being a diabetic before.

### **4. Wellbeing Outreach Service**

The Wellbeing Outreach Service helps people living with a Serious Mental Illness (SMI) and Carers to have annual health checks. Carers and people living with a Serious Mental Issue face considerable challenges in the lives which in turn increases the likelihood of poorer health conditions. Health Checks help to identify health concerns you may not be aware of, which improves access to early health treatments or interventions for better health outcomes of the person.

This service has faced many challenges trying to work with GP's for various reasons, such as:

- Some practice managers from GP's are difficult to get hold of and engage with. It is usual for several attempts to be made over a period of time before making a successful initial contact.
- Where contact has been made, there is often a long waiting time to hear the response or poor communication experienced from some GPs.
- GP's have struggled to agree suitable times to set up meetings with the Well-Being Outreach Service due to their busy work schedules.
- One GP claimed that sharing their patient list for making direct contact would not be helpful, as they already tried it and are adamant that it does not work.
- One GP practice team felt our work would be better directed to community depot clinics rather than their surgery, and considered that this would be more effective, however this would not entirely address the lack of annual health checks that the GP surgeries should administer.
- Cautiousness about sharing their patient lists as they want to maintain the privacy of SMI patients who are a vulnerable client group.

However, where GP's have been open and receptive to working collaboratively with the Wellbeing Outreach Service, and a working agreement has been established, we have been able to increase the uptake of Health Checks by providing direct 1-2-1 consultations and reminders to patients to improve attendance to Health checks appointments at their GP. We continue to expand our service to engage with more GP's across the borough for the benefit of their patients.

#### **Publicity & Communication**

Caring4Carers our Monthly E-Newsletter continues to be a reliable source of information, and news to those carers who have access digital technology.

#### **Development Work**

We have spent much of this year focusing on raising funds to increase capacity and resources to improve delivery of our Carers Support Services. We are starting to see some results and hopeful that the next financial year will see some great improvement in our ability to deliver and report on the range of services we can offer. Our priorities are to:

- Increase Staffing for Adult Carers support & advice.
- Improve our ability to work with and support Young Carers.
- Deliver an increase range of respite opportunities.
- Address the digital barriers that many carers face in the borough.

#### **Recognition - Positive Impact Brent Carers Centre make on Carers Lives**

Just before year end Brent Carers Centre was approached by NHS England to acknowledge our work. The following Text is included in the 'NHS Volunteering Taskforce Report and Recommendations', which will be published on the NHS England website:

#### ***VCSEs have a massive positive impact on people's health***

*Research shows that unpaid carers who provide high levels of care for sick or disabled relatives and friends are more than twice as likely to suffer from poor health compared to people without caring responsibilities. This, in turn, affects their ability to support those who rely upon their care.*

*Brent Carers Centre provides vital support for carers in its area. Described as a 'lifeline' by people who have used its services, the Centre offers information, advice and help with any issues relating to caring responsibilities. Its trained advice workers can put carers in touch with the services they need to resolve problems ranging from medical and social services to benefit claims, legal and housing matters. The charity also helps people to fill in applications forms and advocates on their behalf if required.*

*Its many services include practical help such as guidance and advice on home repairs and replacing essential equipment, access to events and groups to reduce social isolation, and support for carers to get or maintain employment alongside their caring responsibilities.*

#### **Partnership Working**

The charity continues to maintain a positive working relationship with our statutory partners alongside voluntary and community organisations we work with. Partnership working allows us to share our skills and expertise collaboratively to achieve better outcomes in strategic and statutory initiatives as well community and voluntary sector objectives. We continue to host consultation events, user surveys and share case studies on user experiences as our contribution towards improving services and enhancing better outcomes for carers and vulnerable people in Brent. We value our working relationships in the health & social care sector and continue to strive to develop new opportunities to strengthen and solidify our relationships with all our professional friends and key stakeholders to achieve improved outcomes for carers and vulnerable people in Brent.

#### **Financial Review**

The charity had a deficit of £33,565 in this financial year, as shown in the Statement of Financial Activities on page 12 of these financial statements.

Our priority will continue to be working on securing funding to sustain the range of services we know make a difference in the lives of carers.

#### **Reserves Policy**

At 31st March 2023, the restricted reserves stood at nil, and the unrestricted reserves at £74,430 a total decrease of £33,565 compared to the previous year.

The board recognises that it needs to manage current levels of reserves of unrestricted funds, including the need to continually review the designated funds, their purposes and the amounts in each. This is done in the context of the main risks the charitable company is exposed to, which include the current financial climate and the continuous pressures placed on health and social care budgets.

The Trustees aim to hold between 3 and 6 months budgeted expenditure in general funds to manage fluctuations in cash flow and against possible interruption or loss of funding streams. The Trustees regularly review the investment policy.

#### **The Future Period**

We are committed in our quest to explore opportunities which ensure we can continue to deliver services that holistically support carers who play such an important role looking after others whilst making a valuable contribution to the health and social care sector and the local economy. Brent carers Centre will also explore opportunities which may support the health and wellbeing of vulnerable people living in and beyond Brent. With shrinking budgets across the borough, tough decisions are being made often to the detriment of carers and their dependents. Our role in supporting and amplifying the Carer's voice is now more important than ever before.

#### **TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The Trustees (who are also directors of Brent Carers Centre for the purposes of company law) are responsible for preparing the Report of the Board of Management and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### **Going concern**

The Trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis in preparing the financial statements.

Further details regarding the adoption of the going concern basis can be found in the accounting policies in the financial statements.

#### **Statement of disclosure to auditor**

As far as each trustee is aware, there is no relevant audit information of which the company's auditors are unaware. Additionally, the Trustees have taken all the steps that they ought to have taken to make themselves aware of all relevant audit information and to establish that the auditor is aware of that information.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing Document**

Brent Carers' Centre is a charitable company, limited by guarantee, incorporated on 16 April 1997 and registered as a charity on 5 December 1997. The company was established under a Memorandum of Association which laid down the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, each member is required to contribute an amount not exceeding £1.

#### **Appointment of Directors/Trustees**

The directors of the company are also charity Trustees for the purposes of charity law. At the Annual General Meeting (AGM), in accordance with the Articles of Association, one third of the members of the Board of Directors/Trustees, including Honorary Officers, shall retire and are eligible for re-election at the same AGM if desired.

**Director/Trustee induction and training**

The Directors/Trustees are already familiar with the practical work of the charity. Prospective new Directors/Trustees receive a Trustees Information Pack upon expressing an interest to join the board. All new Directors/Trustees are inducted by the Chair and the Chief Executive Officer. New Trustees are required to attend a minimum of three board meetings to familiarise themselves with the charity and the context within which it operates. All Directors/Trustees are offered opportunities to attend courses run by the Carers' Trust and other organisations.

**Organisation**

As indicated above, the charity is governed by a Board of Directors/Trustees, which is responsible for setting the strategic direction of the organisation and for establishing policy. Matters, including decisions and future development to further the charity's objectives, are discussed and decided at Board meetings upon the general consensus of agreement from the Board. Failing such consensus then the Articles of Association allow for a majority vote to decide a particular matter. The Board of Directors/Trustees who acted during the year and up to the date of this report are as shown on page 1 of these financial statements.

Trustees have complied with the duty in Section 17 of the Charities Act 2011, to have due regard to public benefit guidance issued by the Charity commission. Particular consideration is given in how activities planned will contribute to the aims and objectives of our Charity.

Board meetings are held every 2 - 3 months.

There is also the Finance and General Purposes Committee, which consists of the Chair, Treasurer and up to 3 Board members, and meetings are held as required.

Day-to-day management is devolved to the Chief Executive Officer, who reports to each Board and Finance and General Purposes Committee meeting.

**Risk Management**

The charity has a Risk Management Policy in place. The risks that may have an impact on the functions of the charity are continually monitored. The risk management strategy continues to address the major governance, operational, financial, reputation, legal and regulatory risks which might impact upon the charity's core purposes and key objectives. This builds on the existing risk management in many aspects of the charity's work in areas such as financial management, health and safety, fire and security and disaster planning arrangements to protect both places and people.

Our Risk Management Policy and Procedures have been updated to minimise the risk of contracting and spreading the Covid Virus during the course of our work, for the safety of both staff and our clients.

**Trustee Remuneration & Related Party Transactions**

No Trustees received any remuneration during this financial year. No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

Approved by the Trustees and signed on their behalf.

Trustee  
Date



1 - XII - 2023

**Brent Carers Centre**  
**Independent auditors' report**  
**to the shareholders of Brent Carers Centre**

We have audited the accounts of Brent Carers Centre for the year ended 31 March 2023 which comprise the Profit and Loss Account, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard For Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Respective responsibilities of directors and auditors**

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

In accordance with the exemption provided by APB Ethical Standard - Provisions Available for Smaller Entities (Revised), we have prepared and submitted the company's returns to the tax authorities and assisted with the preparation of the accounts.

**Scope of the audit of the accounts**

A description of the scope of an audit of financial statements is provided on the APB's website at [www.frc.org.uk/apb/scope/private.cfm](http://www.frc.org.uk/apb/scope/private.cfm)

**Opinion on the accounts**

In our opinion the accounts:

- give a true and fair view of the state of the company's affairs as at 31 March 2023 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion the information given in the Directors' Report for the financial year for which the accounts are prepared is consistent with the accounts.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the accounts and the directors' report in accordance with the small companies regime.

J A Brookfield  
(Senior Statutory Auditor)  
for and on behalf of  
Brookfield & Co  
Accountants and Statutory Auditors

18 Concanon Road  
London

SW2 5TA

**Brent Carers Centre**  
**Statement of Financial Activities**  
**for the year ended 31 March 2023**

|   | Restricted<br>Funds | Unrestricted<br>Funds | Total<br>Funds | Total<br>Funds |
|---|---------------------|-----------------------|----------------|----------------|
| Notes   | 2023<br>£           | 2023<br>£             | 2023<br>£      | 2022<br>£      |
| <b>Incoming resources</b>                       |                     |                       |                |                |
| <i>Incoming resources from generated funds:</i> |                     |                       |                |                |
| Voluntary Income - Donations                    | 1,655               | 1,065                 | 2,720          | 4,574          |
| Investment Income                               | -                   | -                     | -              | -              |
| Provision of advice, information and support    | 5 372,650           | -                     | 372,650        | 313,487        |
| <b>Total Incoming Resources</b>                 | <u>374,305</u>      | <u>1,065</u>          | <u>375,370</u> | <u>318,061</u> |
| <b>Resources expended</b>                       |                     |                       |                |                |
| Costs of generating funds                       |                     |                       |                |                |
| Charitable activities                           | 401,288             | -                     | 401,288        | 343,431        |
| Governance                                      | -                   | 7,647                 | 7,647          | 8,067          |
| <b>Total resources expended</b>                 | <u>6 401,288</u>    | <u>7,647</u>          | <u>408,935</u> | <u>351,498</u> |
| Net incoming resources expended for the Year    | (26,983)            | (6,582)               | (33,565)       | (33,437)       |
| Transfers between funds                         | 26,983              | (26,983)              | -              | -              |
| Funds brought forward                           | -                   | 107,995               | 107,995        | 141,432        |
| <b>Total Funds carried forward</b>              | <u>-</u>            | <u>74,430</u>         | <u>74,430</u>  | <u>107,995</u> |

**Brent Carers Centre  
Balance Sheet  
as at 31 March 2023**

|   | Notes | 2023<br>£       | 2022<br>£       |
|---|-------|-----------------|-----------------|
| Tangible fixed assets                                 | 7     | 11,006          | 16,253          |
| <b>Current assets</b>                                 |       |                 |                 |
| Debtors   | 8     | 57,981          | 95,296          |
| Cash at bank and in hand                              |       | 95,216          | 85,946          |
|   |       | <u>153,197</u>  | <u>181,242</u>  |
| <b>Creditors: amounts falling due within one year</b> | 9     | <u>(89,773)</u> | <u>(89,500)</u> |
| <b>Net current assets</b>                             |       | 63,424          | 91,742          |
| <b>Total assets less current liabilities</b>          |       | <u>74,430</u>   | <u>107,995</u>  |
| <b>Funds of the Charity</b>                           |       |                 |                 |
| Restricted Funds                                      |       | -               | -               |
| General Funds   |       | 74,430          | 107,995         |
| <b>Total Funds</b>                                    | 11    | <u>74,430</u>   | <u>107,995</u>  |

The notes on pages 12 to 16 form part of these accounts

Approved by the board on

Director



Director



**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2023**

**1. Accounting Policies**

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the financial statements.

**a) Basis of Preparation**

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) effective April 2008 and all other applicable accounting standards, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales, effective April 2005 (revised June 2008). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Acts, and includes the results of the charity's operations which are described in the Trustees' Report, all of which are continuing. Insofar as the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales (revised 2008) requires compliance with specific Financial Reporting Standards other than the FRSSE, then these have been followed where the requirements differ from those of the FRSSE.

Advantage has been taken of Section 396(5) of the Companies Act 2006 to allow the format of the financial statements to be adapted to reflect the special nature of the charity's operation and in order to comply with the requirements of the SORP. The charity has taken advantage of the exemption in the FRSSE from the requirement to produce a cash flow statement.

The financial statements are prepared, on a going concern basis, under the historical cost convention. The charity is entirely dependent on continuing contracts and grant aid and as a consequence the going concern basis is also dependent on continuing contracts and grant aid. The particular accounting policies adopted are set out below.

**b) Restricted and Unrestricted Funds**

The accounts distinguish between restricted and unrestricted funds. Restricted funds are received from donors and are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. They include those freely available to the charity for expenditure or appropriation to reserves for internally designated purposes. Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

**c) Incoming resources**

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to specific categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

**d) Resources expended**

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis eg. floor areas, per capita or estimated usage

**e) Tangible Fixed Assets**

Fixed assets costing less than £1000 are written off in the year of acquisition and items costing in excess are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off the cost of fixed assets less their estimated residual value over their expected useful life on a straight line basis at the rates of 25% (Computer equipment) 33% (Office furniture) and 10% (leasehold improvements) per annum.

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2023**

**f) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

**g) Cash at bank and in hand**

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**h) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**i) Pensions**

Contributions to employee pension schemes are in line with government legislation.

**Legal status of the Trust**

The trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

**2 Taxation**

Subject to agreement with the Inspector of Taxes, the company is exempt from the payment of any Taxes to the extent it is a registered charity and not liable for Income Tax or Corporation Tax on income derived from its charitable activities. The company does not have a liability to register for VAT.

**3 Surplus for the period**

The surplus for the period is stated after charging:

|   | 2023  | 2022  |
|---|-------|-------|
|   | £     | £     |
| Depreciation                                  | 5,247 | 5,247 |
| Audit and accountancy fees<br>Brookfield & Co | 2,400 | 2,820 |

**4 Staff costs**

Staff costs were as follows

|                          | 2023           | 2022           |
|--------------------------|----------------|----------------|
|                          | £              | £              |
| Salary and pension costs | 185,608        | 165,767        |
| Social Security costs    | 7,855          | 3,324          |
| Other staff costs        | 4,199          | 3,602          |
|                          | <u>197,662</u> | <u>172,693</u> |

|   | 2023     | 2022     |
|---|----------|----------|
|   | £        | £        |
| Numbers of full time employees or full time equivalents |          |          |
| Charitable activities                                   | 6        | 5        |
| Administration  | 1        | 1        |
|   | <u>7</u> | <u>6</u> |

No employee had emoluments in excess of £60,000 (2022:Nil) Pension costs are allocated to activities in proportion to the related staffing costs incurred.

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2023**

**5 Analysis of Incoming Resources**

|                               | Restricted     | Unrestricted | 2023           | 2022           |
|-------------------------------|----------------|--------------|----------------|----------------|
|                               | £              | £            | Total          | Total          |
|                               |                |              | £              | £              |
| SMI Welbeing Service Service  | 33,493         | -            | 33,493         | 2,000          |
| Mental Health Crisis          | 10,744         | -            | 10,744         | 10,804         |
| Carers Hub                    | 30,164         | 1,065        | 31,229         | 38,089         |
| Triangle Young people Project | 12,362         | -            | 12,362         | 10,000         |
| Health Educator Project       | 238,333        | -            | 238,333        | 220,000        |
| Digital Inclusion             | 24,859         | -            | 24,859         | 20,187         |
| NCIL Carers Inclusion         | 24,350         | -            | 24,350         | 16,981         |
|                               | <b>374,305</b> | <b>1,065</b> | <b>375,370</b> | <b>318,061</b> |

**6 Analysis of Resources Expended**

|                                 | Charitable     | Fundraising | Governance   | Support        | 2023 Total     |
|---------------------------------|----------------|-------------|--------------|----------------|----------------|
|                                 | Activities     | & Publicity |              | Services       |                |
|                                 | £              | £           | £            | £              | £              |
| Staff Costs                     | 162,664        | -           | -            | 34,998         | 197,662        |
| Charitable Activities           | 122,118        | -           | -            | -              | 122,118        |
| Grants Payable                  | 1,655          | -           | -            | -              | 1,655          |
| Recruitment Costs               | 1,802          | -           | -            | -              | 1,802          |
| Staff Travel Expenses           | -              | -           | -            | 668            | 668            |
| Volunteer Expenses              | -              | -           | -            | -              | -              |
| Rent And Rates                  | -              | -           | -            | 33,994         | 33,994         |
| Print, Postage and Stationaries | -              | -           | -            | 5,487          | 5,487          |
| Telephone & Fax                 | -              | -           | -            | 13,010         | 13,010         |
| IT Support & Maintenance        | -              | -           | -            | 14,159         | 14,159         |
| Accountancy and Audit Fees      | -              | -           | 2,400        | -              | 2,400          |
| Legal and Professional          | -              | -           | -            | 2,975          | 2,975          |
| Subscriptions                   | -              | -           | -            | 3,269          | 3,269          |
| AGM & Directors' Expenses       | -              | -           | -            | -              | -              |
| Administration and sundry costs | -              | -           | -            | 2,447          | 2,447          |
| Depreciation                    | -              | -           | 5,247        | -              | 5,247          |
| Bank Charges                    | -              | -           | -            | 231            | 231            |
| Staff Welfare & Training        | -              | -           | -            | 284            | 284            |
| Insurance                       | -              | -           | -            | 1,527          | 1,527          |
| Publicity and Information       | -              | -           | -            | -              | -              |
|                                 | <b>288,239</b> | <b>-</b>    | <b>7,647</b> | <b>113,049</b> | <b>408,935</b> |

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2023**

**7 Tangible fixed assets**

|                          | Computer<br>equipment | Leasehold<br>improvements | Office<br>Furniture | Total         |
|--------------------------|-----------------------|---------------------------|---------------------|---------------|
|                          | £                     | £                         | £                   | £             |
| <b>Cost</b>              |                       |                           |                     |               |
| Balance at 1 April 2022  | 21,790                | 33,462                    | 27,377              | 82,629        |
| Additions in the period  | -                     | -                         | -                   | -             |
| Balance at 31 March 2023 | <u>21,790</u>         | <u>33,462</u>             | <u>27,377</u>       | <u>82,629</u> |
| <b>Depreciation</b>      |                       |                           |                     |               |
| Balance at 1 April 2022  | 17,989                | 21,010                    | 27,377              | 66,376        |
| Charge for the year      | 1,901                 | 3,346                     | -                   | 5,247         |
| Balance at 31 March 2023 | <u>19,890</u>         | <u>24,356</u>             | <u>27,377</u>       | <u>71,623</u> |
| <b>Net Book Value</b>    |                       |                           |                     |               |
| At 31 March 2023         | <u>1,900</u>          | <u>9,106</u>              | <u>-</u>            | <u>11,006</u> |
| At 31 March 2022         | <u>3,801</u>          | <u>12,452</u>             | <u>-</u>            | <u>16,253</u> |

**8 Debtors**

|   | 2023          | 2022          |
|---|---------------|---------------|
|   | £             | £             |
| Grants receivable                             | 20,833        | 70,274        |
| Deposit to landlord for 144-150 Offices       | 7,920         | 7,920         |
| Other debtors, prepayments and accrued Income | <u>29,228</u> | <u>17,102</u> |
|   | <u>57,981</u> | <u>95,296</u> |

**9 Creditors: amounts falling due within one year**

|                                 | 2023          | 2022          |
|---------------------------------|---------------|---------------|
|                                 | £             | £             |
| Sundry creditors                | 44,171        | 45,929        |
| Other taxes and social security | 3,284         | 2,308         |
| Accruals and deferred Income    | 41,055        | 40,744        |
| Pension costs                   | <u>1,263</u>  | <u>519</u>    |
|                                 | <u>89,773</u> | <u>89,500</u> |

**10 Analysis of net assets between funds**

|                     | Restricted<br>Funds | Unrestricted<br>Funds | Total<br>Funds |
|---------------------|---------------------|-----------------------|----------------|
|                     | £                   | £                     | £              |
| Fixed assets        | -                   | 11,006                | 11,006         |
| Current Assets      | -                   | 153,197               | 153,197        |
| Current Liabilities | -                   | (89,773)              | (89,773)       |
|                     | <u>-</u>            | <u>74,430</u>         | <u>74,430</u>  |

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2023**  
**11 Analysis of net assets between funds**

|   | At<br>1/4/22<br>£ | Incoming<br>Resources<br>£ | Outgoing<br>Resources<br>£ | Transfers<br>£  | At<br>31/3/23<br>£ |
|---|-------------------|----------------------------|----------------------------|-----------------|--------------------|
| <b>Restricted Funds:</b>                |                   |                            |                            |                 |                    |
| SMI Welbeing Service Service            | -                 | 33,493                     | 32,571                     | (922)           | -                  |
| Mental Health Crisis                    | -                 | 10,744                     | 10,735                     | (9)             | -                  |
| Carers Hub                              | -                 | 30,164                     | 30,799                     | 635             | -                  |
| Triangle Young people Project           | -                 | 12,362                     | 11,909                     | (453)           | -                  |
| Health Educator Project                 | -                 | 238,333                    | 235,746                    | (2,587)         | -                  |
| Digital Inclusion                       | -                 | 24,859                     | 24,292                     | (567)           | -                  |
| NCIL Carers Inclusion                   | -                 | 24,350                     | 23,887                     | (463)           | -                  |
| Costs transferred to Unrestricted funds |                   |                            | 31,349                     | 31,349          | -                  |
| <b>Total Restricted Funds</b>           | -                 | <b>374,305</b>             | <b>401,288</b>             | <b>28,983</b>   | -                  |
| <b>Unrestricted Funds:</b>              |                   |                            |                            |                 |                    |
| General Fund                            | 107,995           | 1,065                      | 7,647                      | (28,983)        | 74,430             |
| <b>Total Unrestricted Funds</b>         | <b>107,995</b>    | <b>1,065</b>               | <b>7,647</b>               | <b>(28,983)</b> | <b>74,430</b>      |
| <b>Total Funds</b>                      | <b>107,995</b>    | <b>375,370</b>             | <b>408,935</b>             | -               | <b>74,430</b>      |

**Restricted Funds are for the following purposes;**

**SMI Welbeing Service Service**

The fund was used to provide respite activities and support to young carers.

**Mental Health Crisis**

The purpose of this fund is to provide specialist, information & support to carers who carer for someone with a mental health condition or dementia.

**Carers Hub**

For the provision of a Carers Hub information, advice and support service across Brent.

**Mental Health Crisis**

The purpose of this grant is to provide funding towards the cost of a Project Manager and Volunteer Coordinator, digital equipment, volunteer expenses and respite care, to work with multiple organisations to coordinate volunteers and mutual aids to support carers and vulnerable people.

**Health Educator Project**

Brent Carers Centre is the lead for Health Educators Partnership Service (HEPS) which is delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI. Together we work collaboratively to redress health inequalities which have been prioritised by Brent Health Matters.

**Digital Inclusion**

Digital inclusion service for people living with diabetes

**Mental Health Crisis**

Deliver welfare & benefits advice – P/T advice worker

**12 Related party transactions and trustees' remuneration**

Trustees received no emoluments (2022 £nil). No travel expenses were paid to Trustees in the period (2022 £nil).

**BRENT CARERS CENTRE**

England & Wales - Charity number 1066691

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# Accounts

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Registered number

03354038

Brent Carers Centre

Report and Accounts

31 March 2022

**Brent Carers Centre  
Report and accounts  
Contents**

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| Balance sheet                     | 12          |
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**Brent Carers Centre  
Company Information**

**Directors**

I Ahmad  
J F Elliott  
H Hagger  
I Lewis  
A Johnson  
N Roberts-Collazo  
A Punjani

**Auditors**

Brookfield & Co  
18 Concanon Road  
London  
SW2 5TA

**Registered number**

03354038

**Secretary and Chief Executive Officer**

A-M Morris

**Registered Office**

Willesden Medical Centre  
144-150 High Road  
Willesden  
London  
NW10 2PT

**Charity registration no 1066691**

## **Trustees Report**

### **Brent Carers Centre**

#### **OBJECTIVES AND ACTIVITIES**

Brent Carers' Centre is a local charity which provides practical and emotional support for all carers who either live in Brent or care for someone who lives in Brent. Brent Carers Centre also assist in the relief of vulnerable people and those who are elderly, disabled, chronically sick or suffering from substance misuse or an addiction. The aim of the charity is "To improve the lives of unpaid carers and vulnerable people in Brent so that they may live rather than just exist".

Our Objectives are:

- To be a centre of excellence for services to carers (including young carers) providing a universal information and advice service across all aspects of caring
- To enable carers from the diverse communities in Brent to access the range of services to which they are entitled
- To add to the skills of carers to both enhance their caring ability and improve their future prospects
- To empower carers to have a voice
- To support professionals to respond to carers in an appropriate and positive way
- To ensure that we are a learning organisation, developing and valuing the skills of all including staff, Trustees, volunteers and carers
- To secure funding for services so long as they are needed.

Brent Carers Centre continues to work collaboratively with Brent Council in supporting vulnerable carers in the borough. Brent Clinical Commissioning Group is now amalgamated into what is now called the North West London Clinical Commissioning group, with whom we continue work alongside and maintain professional working relationship.

#### **Brent Carers' Services**

The objectives of the Carers' Services are as follows:

- To provide a single point of access to a wide range of services for all carers in Brent
- To ensure that all carers experience a seamless and consistent service
- To provide an equitable service for all clients
- To support carers in every aspect of their informal caring role and to enable them to continue in their caring role for as long as they choose and are able
- To promote carers' issues and services locally through a variety of accessible ways
- To improve the opportunities of carers and the cared for to proactively improve their health and wellbeing
- To enable carers to be recognised as equal care partners
- To facilitate carers' involvement in relevant national and local engagement and consultation activity
- To advise and support carers when making use of the complaints procedure
- In partnership with statutory organisations and third sector partners, to facilitate the carer's role in improving and developing services in the statutory sector.

### **How Brent Carers Centre Deliver Public Benefit**

Our main activities and who we try to help are described above. All our charitable activities focus on quality advice, information and a range of support services which are undertaken to further our charitable purposes for the public benefit.

### **Achievements and Performance**

#### **Registered Carers**

A total of 101 new carers were identified and registered, which has resulted in an increase in the total number of registered carers in Brent to 6291 carers accessing. All newly registered carers receive our carer's welcome pack with helpful information on becoming a carer and what they need to know. However our capacity to support carers this year was reduced as a number of crisis grants we secured came to an end, we now have a much smaller team and subsequently supported 765 carers during this year.

#### **Information, Advice & Advocacy**

Information and advice continues to be the most popular and most demanding service we offer to carers. 1821 episodes of advice was delivered throughout this year. Brent Carers Centre continues to provide an holistic range of advice and information to carers ranging from their entitlements as carers; how to access a carers assessment; planning for an emergency; to where to turn to for support on more complex or specialist issues.

Our Advocacy/Appeals support which challenges decisions being made by other agencies on behalf of carers in ground by our principals of fairness, transparency and ensuring the rights of carers remain at the heart of our advocacy service. Much of our work involves trying to prevent matters from spiralling into a crisis, we therefore always encourage carers to contact us as early as possible to avoid problems escalating.

#### **Maximising Income**

Despite having a much smaller advice team, we are proud that they worked diligently in supporting the maximising of income of carers to the tune of £92,735.71. No other provider in the borough offers this service and will continue to prioritise on building our capacity to increase delivery of this work, to ensure we can reach many more carers in the borough who need help. With the Cost of Living Crisis that has rapidly unfolded, this support is needed more than ever before.

Supporting carers to access grants and other funds to improve their quality of life is another valuable service and support for carers. Whilst the availability of individual grants have been significantly reduced, making the process highly competitive we were able to support 8 carers to obtain grants totally £2,413. Six grants were awarded to replace or purchase and two for respite breaks. We also continue to support carers by issuing foodbank vouchers from our collaboration with Sufra & The Trussell Food Bank.

#### **Wellbeing Activities**

We have recommence delivery of our Well-Being Activities for Carers, which has included, Day trips, Training around mental health awareness and wellbeing.

#### **Caring Support & Training**

We our bespoke range of training workshops for carers, are still very much relevant and enjoyed by all who carers attend. It includes topics such as Managing Difficult Behaviour – Dementia, Is the Person I care for Well to our popular, Strength Growth and Resilience were the workshops. We offer 7 different in-house workshops relevant to carers in their caring role, and in addition by working with our community partners, we also deliver workshops on the popular themes of Wills & Probate & Lasting Power of Attorney.

### **Carers Counselling Service**

The Carers Counselling Service has been an essential tool for carers wellbeing post lock down and as services open up more, we have seen more request for this service. However unfortunately the funding for this service came to an end in November 2021.

During this year the service supported 53 adult carers. This has been mostly due to the wonderful commitment of our volunteer counsellors and our experienced and proficient Counselling Co-ordinator.

### **Carers Counselling Service Case Study**

*Rachel lost her job when she became a full-time carer during the covid pandemic, at a time when people were losing jobs every day, she too became unemployed. Her siblings did not approve of anything she did, which put a strain on their relationship. Rachels mother who did not speak English became very ill and was hospitalised. Rachel found herself spending a lot of time running backwards and forwards from the hospital and later spent a lot of time at home with mum until she passed away.*

*Whilst Rachel was grieving she also had the responsibility of clearing the house for renting or sale. She found herself struggling to cope, missing meals, crying a lot, unable to focus and unable to do any the tasks she needed to do.*

*The Carers Counselling Service gave her the space to talk about her feelings - the resentment she felt towards her siblings; her deep love for her late mother and her anxiety and fear of people she had developed. Rachel was supported to plan and complete weekly tasks, which she tried to do. Day by day, things were getting done and she started to feel much better about things. Rachel eventually cleared her mums house, got it rented and got another job. She still misses her mum dearly but she is now more able to cope and her life became more normalised and fulfilling.*

### **Dementia Hubs**

Our continued partnership working with Ashford Place offers advice to both people living with dementia and their carers alongside work collaboratively in making Brent a dementia friendly borough. With the opening up of face to face services, we have seen Dementia Hubs reopening and some form of normality returning where people recommence accessing face to face services. Brent Carer Centre provides an experienced worker delivering information, advice and guidance.

During this year 624 episodes of advice was provided to 267 people, of which 159 were Dementia Carers and 108 people living with Dementia.

### **Health & Wellbeing Services**

Brent Carers Centre delivered two health & wellbeing projects across the borough in partnership with Brent Health Matters. The primary aim is to reduce health inequalities in Brent and achieve better health outcomes for the most vulnerable and marginalised in the borough.

Health inequalities are avoidable, unfair and systematic differences in health between different groups of people. Brent Health Matter proposes to address these inequality with the investment into projects and programmes targeted at achieving better health outcomes where it is unevenly identified. As such the areas with poorer health outcomes or higher rates of long term health conditions will have more focus than other parts of the borough.

Through the delivery of activities which educate and raise awareness on strategies proven to achieve better health outcomes on a range of health issues identified as a priority within the borough. Brent Carers Centre working with partnership agencies is a significant contributor to the Brent Health Matters agenda in improving the overall health of residents in Brent.

#### **1. Health Education Partnership**

Brent Carers Centre is the lead for Health Educators Partnership Service (HEPS) which is delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI. Together we work collaboratively to redress health inequalities which have been prioritised by Brent Health Matters.

Since the launch of the HEPS we have engaged with nearly 11 thousand residents in Brent to date and have employed over 20 Health Educators (HEs) to work over the five localities of Brent, which are

From 1<sup>st</sup> April 2021 – March 2022, our target was to engage with 6550. During this period we actually engaged with 9740 residents which equates to 49% increase on our overall target.

Eight of our Health Educators have been trained to undertake Health Checks and support the NHS Team in the early identification of Diabetes as well as other conditions. Resident are then promptly signposted or referred for more specialist support where required.

Some key learnings from the HEPS have been:

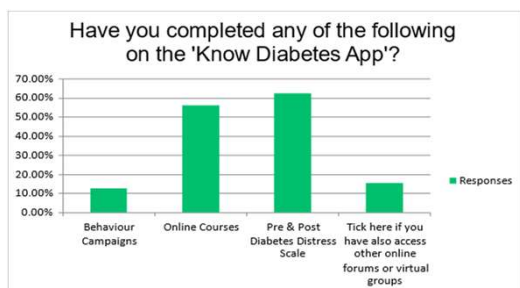
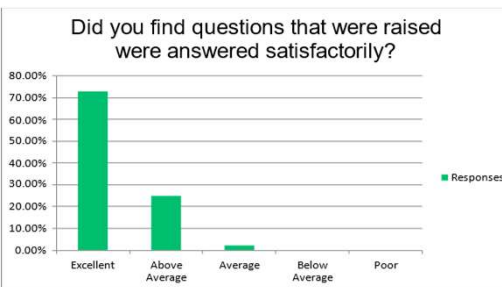
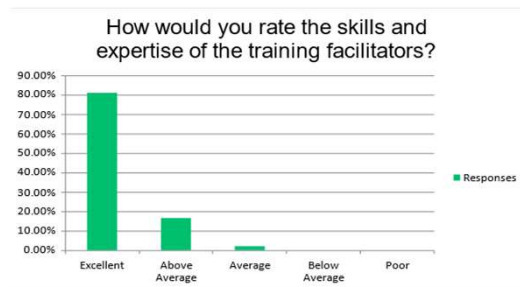
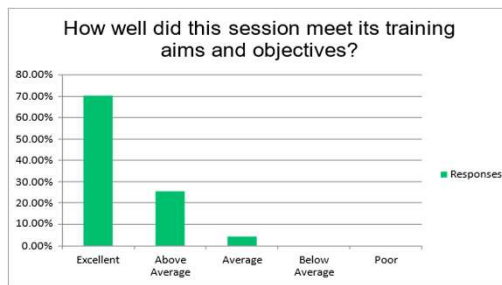
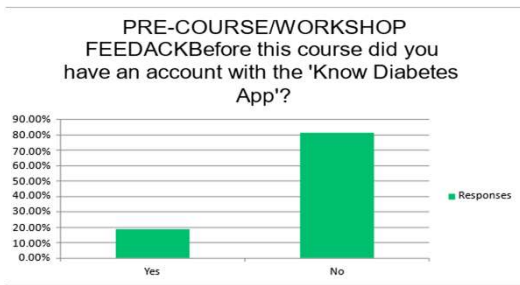
- Community outreach and face to face conversations has been really effective to get the message across and promote effective signposting to specialist services.
- The value of a culturally diverse team of Health Educators was very impactful.
- HE's have just commenced addressing Health Inequalities with initial outcomes looking very good, if the work continues it show signs of making a significant impact on reducing health inequalities in Brent.
- Good feedback from residents who have used services we have signposted/promoted such as:
- BHM hotline
- NDPP programme
- REWIND and remission programme via Diabetes UK
- Many are not aware of the severity of Type 2 Diabetes until Health Educators share information on the subject.
- People have shared lifestyle changes they have made as a result of engagement with Health Educators which includes:
- Changes to family meals & shopping lists
- using public transport as opposed to cars
- Walking more for exercise

## **2. Diabetes Digital Inclusion Service**

Launched in November 2021, Brent Carers delivered a digital inclusion service for people living with diabetes. Working closely with GP, patients were identified and referred to the service to be supported learn how to use a smart phone, tablet or laptop, to access services and links with friends by using Zoom, WhatsApp, shopping online, managing your money online etc. In addition they were taught how to register and use Know Diabetes, a portal designed to support diabetic patients in managing their condition and,

By the end of the year 70 diabetic patients had attended and completed the Digital Inclusion training programme.

48 Participants of the Diabetes Digital Inclusion Training completed the online Evaluation form via Survey Monkey:



**Feedback from users :**

- I have clinical knowledge but very limited IT skills this course is super helpful it allows me to manage my health better.
- "Excellent"
- It was well explained to me.
- "Very clear information.
- Thank you Euphrasie, for this and also teaching on laptop and mobile other links for example how to create a zoom meeting and attend it. You also taught how to find out about other courses. You are an enthusiast, polite and approachable person and tutor.

### **Publicity & Communication**

Caring4Carers our Monthly E-Newsletter, has been a reliable source of information, and news to those carers who have access digital technology. There continues to be an important piece of work required to increase carers accessing digital platform as currently approx. 80% of carers registered with us are currently digitally excluded. Digital inclusion for carers and the cared for will be one of our priorities in the forth-coming year.

### **Partnership Working**

The charity continues to maintain a positive working relationship with our statutory partners alongside voluntary and community organisations we work with. Partnership working allows us to share our skills and expertise collaboratively to achieve better outcomes in strategic and statutory initiatives as well community and voluntary sector objectives. We continue to host consultation events, user surveys and share case studies on user experiences as our contribution towards improving services and enhancing better outcomes for carers and vulnerable people in Brent. We value our working relationships in the health & social care sector and continue to strive to develop new opportunities to strengthen and solidify our relationships with all our professional friends and key stakeholders to achieve improved outcomes for carers and vulnerable people in Brent.

### **Financial Review**

The charity had a deficit of £33,437 in this financial year, as shown in the Statement of Financial Activities on page 11 of these financial statements.

Our priority will continue to be working on securing funding to sustain the range of services we know make a difference in the lives of carers.

### **Reserves Policy**

At 31st March 2022, the restricted reserves stood at nil, and the unrestricted reserves at £107,995 a total decrease of £33,437 compared to the previous year.

The board recognises that it needs to manage current levels of reserves of unrestricted funds, including the need to continually review the designated funds, their purposes and the amounts in each. This is done in the context of the main risks the charitable company is exposed to, which include the current financial climate and the continuous pressures placed on health and social care budgets.

The Trustees aim to hold between 3 and 6 months budgeted expenditure in general funds to manage fluctuations in cash flow and against possible interruption or loss of funding streams. The Trustees regularly review the investment policy.

### **The Future Period**

We are committed in our quest to explore opportunities which ensure we can continue to deliver services that holistically support carers who play such an important role looking after others whilst making a valuable contribution to the health and social care sector and the local economy. Brent carers Centre will also explore opportunities which may support the health and wellbeing of vulnerable people living in and beyond Brent. With shrinking budgets across the borough, tough decisions are being made often to the detriment of carers and their dependents. Our role in supporting and amplifying the Carer's voice is now more important than ever before.

## **TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The Trustees (who are also directors of Brent Carers Centre for the purposes of company law) are responsible for preparing the Report of the Board of Management and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Going concern**

The Trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis in preparing the financial statements.

Further details regarding the adoption of the going concern basis can be found in the accounting policies in the financial statements.

### **Statement of disclosure to auditor**

As far as each trustee is aware, there is no relevant audit information of which the company's auditors are unaware. Additionally, the Trustees have taken all the steps that they ought to have taken to make themselves aware of all relevant audit information and to establish that the auditor is aware of that information.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document**

Brent Carers' Centre is a charitable company, limited by guarantee, incorporated on 16 April 1997 and registered as a charity on 5 December 1997. The company was established under a Memorandum of Association which laid down the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, each member is required to contribute an amount not exceeding £1.

### **Appointment of Directors/Trustees**

The directors of the company are also charity Trustees for the purposes of charity law. At the Annual General Meeting (AGM), in accordance with the Articles of Association, one third of the members of the Board of Directors/Trustees, including Honorary Officers, shall retire and are eligible for re-election at the same AGM if desired.

### **Director/Trustee induction and training**

The Directors/Trustees are already familiar with the practical work of the charity. Prospective new Directors/Trustees receive a Trustees Information Pack upon expressing an interest to join the board. All new Directors/Trustees are inducted by the Chair and the Chief Executive Officer. New Trustees are required to attend a minimum of three board meetings to familiarise themselves with the charity and the context within which it operates. All Directors/Trustees are offered opportunities to attend courses run by the Carers' Trust and other organisations.

**Organisation**

As indicated above, the charity is governed by a Board of Directors/Trustees, which is responsible for setting the strategic direction of the organisation and for establishing policy. Matters, including decisions and future development to further the charity’s objectives, are discussed and decided at Board meetings upon the general consensus of agreement from the Board. Failing such consensus then the Articles of Association allow for a majority vote to decide a particular matter. The Board of Directors/Trustees who acted during the year and up to the date of this report are as shown on page 1 of these financial statements.

Trustees have complied with the duty in Section 17 of the Charities Act 2011, to have due regard to public benefit guidance issued by the Charity commission. Particular consideration is given in how activities planned will contribute to the aims and objectives of our Charity.

Board meetings are held every 6 - 8 weeks.

There is also the Finance and General Purposes Committee, which consists of the Chair, Treasurer and up to 3 Board members, and meetings are held as required.

Day-to-day management is devolved to the Chief Executive Officer, who reports to each Board and Finance and General Purposes Committee meeting.

**Risk Management**

The charity has a Risk Management Policy in place. The risks that may have an impact on the functions of the charity are continually monitored. The risk management strategy continues to address the major governance, operational, financial, reputation, legal and regulatory risks which might impact upon the charity’s core purposes and key objectives. This builds on the existing risk management in many aspects of the charity’s work in areas such as financial management, health and safety, fire and security and disaster planning arrangements to protect both places and people.

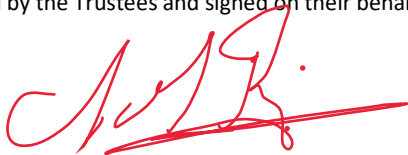
Our Risk Management Policy and Procedures have been updated to minimise the risk of contracting and spreading the Covid Virus during the course of our work, for the safety of both staff and our clients.

**Trustee Remuneration & Related Party Transactions**

No Trustees received any remuneration during this financial year. No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

Approved by the Trustees and signed on their behalf.

Trustee  
Date



Mr Arif Punjani  
Treasurer

**Brent Carers Centre**  
**Independent auditors' report**  
**to the shareholders of Brent Carers Centre**

We have audited the accounts of Brent Carers Centre for the year ended 31 March 2022 which comprise the Profit and Loss Account, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard For Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Respective responsibilities of directors and auditors**

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

In accordance with the exemption provided by APB Ethical Standard - Provisions Available for Smaller Entities (Revised), we have prepared and submitted the company's returns to the tax authorities and assisted with the preparation of the accounts.

**Scope of the audit of the accounts**

A description of the scope of an audit of financial statements is provided on the APB's website at [www.frc.org.uk/apb/scope/private.cfm](http://www.frc.org.uk/apb/scope/private.cfm)

**Opinion on the accounts**

In our opinion the accounts:

- give a true and fair view of the state of the company's affairs as at 31 March 2022 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion the information given in the Directors' Report for the financial year for which the accounts are prepared is consistent with the accounts.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the accounts and the directors' report in accordance with the small companies regime.

J A Brookfield  
(Senior Statutory Auditor)  
for and on behalf of  
Brookfield & Co  
Accountants and Statutory Auditors  
15 December 2022

18 Concanon Road  
London  
  
SW2 5TA

**Brent Carers Centre**  
**Statement of Financial Activities**  
**for the year ended 31 March 2022**

|   |              | <b>Restricted<br/>Funds</b> | <b>Unrestricted<br/>Funds</b> | <b>Total<br/>Funds</b> | <b>Total<br/>Funds</b> |
|---|--------------|-----------------------------|-------------------------------|------------------------|------------------------|
|   | <b>Notes</b> | <b>2022<br/>£</b>           | <b>2022<br/>£</b>             | <b>2022<br/>£</b>      | <b>2021<br/>£</b>      |
| <b>Incoming resources</b>                       |              |                             |                               |                        |                        |
| <i>Incoming resources from generated funds:</i> |              |                             |                               |                        |                        |
| Voluntary Income - Donations                    |              | 1,553                       | 3,021                         | 4,574                  | 3,347                  |
| Investment income                               |              | -                           | -                             | -                      | -                      |
| Provision of advice, information and support    | 5            | 313,487                     | -                             | 313,487                | 218,162                |
| <b>Total Incoming Resources</b>                 |              | <u>315,040</u>              | <u>3,021</u>                  | <u>318,061</u>         | <u>221,509</u>         |
| <b>Resources expended</b>                       |              |                             |                               |                        |                        |
| Costs of generating funds                       |              | -                           | -                             | -                      | -                      |
| Charitable activities                           |              | 343,431                     | -                             | 343,431                | 240,722                |
| Governance                                      |              | -                           | 8,067                         | 8,067                  | 7,527                  |
| <b>Total resources expended</b>                 | 6            | <u>343,431</u>              | <u>8,067</u>                  | <u>351,498</u>         | <u>248,249</u>         |
| Net incoming resources expended for the Year    |              | (28,391)                    | (5,046)                       | (33,437)               | (26,740)               |
| Transfers between funds                         |              | 28,391                      | (28,391)                      | -                      | -                      |
| Funds brought forward                           |              |                             | 141,432                       | 141,432                | 168,172                |
| <b>Total Funds carried forward</b>              |              | <u>-</u>                    | <u>107,995</u>                | <u>107,995</u>         | <u>141,432</u>         |

**Brent Carers Centre  
Balance Sheet  
as at 31 March 2022**

|   | Notes | 2022<br>£       | 2021<br>£      |
|---|-------|-----------------|----------------|
| Tangible fixed assets                                 | 8     | 16,253          | 21,500         |
| <b>Current assets</b>                                 |       |                 |                |
| Debtors   | 9     | 95,296          | 34,121         |
| Cash at bank and in hand                              |       | 85,946          | 94,866         |
|   |       | <u>181,242</u>  | <u>128,987</u> |
| <b>Creditors: amounts falling due within one year</b> | 10    | <u>(89,500)</u> | <u>(9,055)</u> |
| <b>Net current assets</b>                             |       | 91,742          | 119,932        |
| <b>Total assets less current liabilities</b>          |       | <u>107,995</u>  | <u>141,432</u> |
| <b>Funds of the Charity</b>                           |       |                 |                |
| Restricted Funds                                      |       | -               | -              |
| General Funds   |       | 107,995         | 141,432        |
| <b>Total Funds</b>                                    | 12    | <u>107,995</u>  | <u>141,432</u> |

The notes on pages 13 to 17 form part of these accounts

Approved by the board on 15th November 2022

Director



Mr Arif Punjani  
Treasurer

Director



Irene Lewis  
Chair

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2022**

**1. Accounting Policies**

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the financial statements.

a) Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) effective April 2008 and all other applicable accounting standards, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales, effective April 2005 (revised June 2008). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Acts, and includes the results of the charity's operations which are described in the Trustees' Report, all of which are continuing. Insofar as the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales (revised 2008) requires compliance with specific Financial Reporting Standards other than the FRSSE, then these have been followed where the requirements differ from those of the FRSSE.

Advantage has been taken of Section 396(5) of the Companies Act 2006 to allow the format of the financial statements to be adapted to reflect the special nature of the charity's operation and in order to comply with the requirements of the SORP. The charity has taken advantage of the exemption in the FRSSE from the requirement to produce a cash flow statement.

The financial statements are prepared, on a going concern basis, under the historical cost convention. The charity is entirely dependent on continuing contracts and grant aid and as a consequence the going concern basis is also dependent on continuing contracts and grant aid. The particular accounting policies adopted are set out below.

b) Restricted and Unrestricted Funds

The accounts distinguish between restricted and unrestricted funds. Restricted funds are received from donors and are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. They include those freely available to the charity for expenditure or appropriation to reserves for internally designated purposes. Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

c) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to specific categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Investment income is included when receivable.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

d) Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis eg. floor areas, per capita or estimated usage

e) Tangible Fixed Assets

Fixed assets costing less than £1000 are written off in the year of acquisition and items costing in excess are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off the cost of fixed assets less their estimated residual value over their expected useful life on a straight line basis at the rates of 25% (Computer equipment) 33% (Office furniture) and 10% (leasehold improvements) per annum.

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2022**

f) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

g) Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account..

h) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

i) Pensions

Contributions to employee pension schemes are in line with government legislation.

Legal status of the Trust

The trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

**2 Taxation**

Subject to agreement with the Inspector of Taxes, the company is exempt from the payment of any Taxes to the extent it is a registered charity and not liable for Income Tax or Corporation Tax on income derived from its charitable activities. The company does not have a liability to register for VAT.

**3 Surplus for the period**

The surplus for the period is stated after charging:

|   | <b>2022</b> | <b>2021</b> |
|---|-------------|-------------|
|   | £           | £           |
| Depreciation                                  | 5,247       | 4,296       |
| Audit and accountancy fees<br>Brookfield & Co | 2,820       | 2,370       |
|   | <hr/>       | <hr/>       |

**4 Staff costs**

Staff costs were as follows

|                          | <b>2022</b> | <b>2021</b> |
|--------------------------|-------------|-------------|
|                          | £           | £           |
| Salary and pension costs | 165,767     | 133,598     |
| Social Security costs    | 3,324       | 4,558       |
| Other staff costs        | 3,602       | 5,256       |
|                          | <hr/>       | <hr/>       |
|                          | 172,693     | 143,412     |

|   | <b>2022</b> | <b>2021</b> |
|---|-------------|-------------|
|   | £           | £           |
| Numbers of full time employees or full time equivalents |             |             |
| Charitable activities                                   | 5           | 3           |
| Administration  | 1           | 1           |
|   | <hr/>       | <hr/>       |
|   | 6           | 4           |

No employee had emoluments in excess of £60,000 (2021:Nil) Pension costs are allocated to activities in proportion to the related staffing costs incurred.

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2022**

**5 Analysis of Incoming Resources**

|                               | Restricted | Unrestricted | 2022<br>Total | 2021<br>Total |
|-------------------------------|------------|--------------|---------------|---------------|
|                               | £          | £            | £             | £             |
| Brent CCG Menatl Health       | -          | -            | -             | 49,000        |
| Young adult Carers Servcie    | 2,000      | -            | 2,000         | 25,000        |
| CCG Mental health             | 10,804     | -            | 10,804        | -             |
| Carers Hub                    | 35,068     | 3,021        | 38,089        | 34,984        |
| Voluntary responders          | 10,000     | -            | 10,000        | -             |
| Health Educator Project       | 220,000    | -            | 220,000       | -             |
| Digital Inclusion             | 20,187     | -            | 20,187        | -             |
| BAF Project                   | 16,981     | -            | 16,981        | 10,000        |
| Misc others and donations     | -          | -            | -             | 3,347         |
| London City Covid Response    | -          | -            | -             | 49,600        |
| TNLC Mental Health Well-being | -          | -            | -             | 49,578        |
|                               | 315,040    | 3,021        | 318,061       | 221,509       |

**6 Analysis of Resources Expended**

|                                 | Charitable<br>Activities | Fundraising<br>& Publicity | Governance | Support<br>Services | 2022 Total |
|---------------------------------|--------------------------|----------------------------|------------|---------------------|------------|
|                                 | £                        | £                          | £          | £                   | £          |
| Staff Costs                     | 155,236                  | -                          | -          | 17,457              | 172,693    |
| Charitable Activities           | 103,173                  | -                          | -          | -                   | 103,173    |
| Grants Payable                  | 2,878                    | -                          | -          | -                   | 2,878      |
| Recruitment Costs               | -                        | -                          | -          | -                   | -          |
| Staff Travel Expenses           | -                        | -                          | -          | 362                 | 362        |
| Volunteer Expenses              | -                        | -                          | -          | -                   | -          |
| Rent And Rates                  | -                        | -                          | -          | 28,300              | 28,300     |
| Print, Postage and Stationaries | -                        | -                          | -          | 5,201               | 5,201      |
| Telephone & Fax                 | -                        | -                          | -          | 9,090               | 9,090      |
| IT Support & Maintenance        | -                        | -                          | -          | 10,857              | 10,857     |
| Accountancy and Audit Fees      | -                        | -                          | 2,820      | -                   | 2,820      |
| Legal and Professional          | -                        | -                          | -          | 3,712               | 3,712      |
| Subscriptions                   | -                        | -                          | -          | 3,456               | 3,456      |
| AGM & Directors' Expenses       | -                        | -                          | -          | -                   | -          |
| Sundry Expenses                 | -                        | -                          | -          | 2,227               | 2,227      |
| Depreciation                    | -                        | -                          | 5,247      | -                   | 5,247      |
| Bank Charges                    | -                        | -                          | -          | 245                 | 245        |
| Staff Welfare & Training        | 53                       | -                          | -          | -                   | 53         |
| Insurance                       | -                        | -                          | -          | 1,184               | 1,184      |
| Publicity and Information       | -                        | -                          | -          | -                   | -          |
|                                 | 261,340                  | -                          | 8,067      | 82,091              | 351,498    |

**7 Resources analysed by Charitable Activity**

|                                 | Staff Costs    | Charitable<br>Activities | Support<br>Costs | Professional,<br>Legal &<br>Accounting<br>Fees and<br>Trustees | Depreciation | 2022 Total     |
|---------------------------------|----------------|--------------------------|------------------|--|--------------|----------------|
|                                 | £              | £                        | £                | £  | £            | £              |
| Young adult Carers Servcie      | 1,440          | 688                      | -                | -  | -            | 2,128          |
| CCG Mental health               | 5,613          | 2,787                    | 2,404            | -  | -            | 10,804         |
| Carers Hub                      | 20,721         | 2,423                    | 13,855           | -  | -            | 36,999         |
| Voluntary responders            | 8,903          | -                        | 1,097            | -  | -            | 10,000         |
| Health Educator Project         | 85,116         | 98,752                   | 26,488           | -  | -            | 210,356        |
| Digital Inclusion               | 17,780         | 441                      | 1,793            | -  | -            | 20,014         |
| BAF Project                     | 15,664         | 960                      | 234              | -  | -            | 16,858         |
| Support costs                   | 17,456         | -                        | 18,816           | -  | -            | 36,272         |
| Governance                      | -              | -                        | -                | 2,820  | 5,247        | 8,067          |
| <b>Total resources expended</b> | <b>172,693</b> | <b>106,051</b>           | <b>64,687</b>    | <b>2,820</b>   | <b>5,247</b> | <b>351,498</b> |

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2022**

**8 Tangible fixed assets**

|                          | Computer<br>equipment | Leasehold<br>improvements | Office<br>Furniture | Total         |
|--------------------------|-----------------------|---------------------------|---------------------|---------------|
|                          | £                     | £                         | £                   | £             |
| <b>Cost</b>              |                       |                           |                     |               |
| Balance at 1 April 2020  | 21,790                | 33,462                    | 27,377              | 82,629        |
| Additions in the period  | -                     | -                         | -                   | -             |
| Balance at 31 March 2021 | <u>21,790</u>         | <u>33,462</u>             | <u>27,377</u>       | <u>82,629</u> |
| <b>Depreciation</b>      |                       |                           |                     |               |
| Balance at 1 April 2020  | 16,088                | 17,664                    | 27,377              | 61,129        |
| Charge for the year      | 1,901                 | 3,346                     | -                   | 5,247         |
| Balance at 31 March 2021 | <u>17,989</u>         | <u>21,010</u>             | <u>27,377</u>       | <u>66,376</u> |
| <b>Net Book Value</b>    |                       |                           |                     |               |
| At 31 March 2021         | 3,801                 | 12,452                    | -                   | 16,253        |
| At 31 March 2020         | <u>5,702</u>          | <u>15,798</u>             | <u>-</u>            | <u>21,500</u> |

**9 Debtors**

|   | 2022          | 2021          |
|---|---------------|---------------|
|   | £             | £             |
| Grants receivable                             | 70,274        | 12,250        |
| Deposit to landlord for 144-150 Offices       | 7,920         | 7,920         |
| Other debtors, prepayments and accrued Income | 17,102        | 13,951        |
|   | <u>95,296</u> | <u>34,121</u> |

**10 Creditors: amounts falling due within one year**

|                                 | 2022          | 2021         |
|---------------------------------|---------------|--------------|
|                                 | £             | £            |
| Sundry creditors                | 45,929        | 7,948        |
| Other taxes and social security | 2,308         | -            |
| Accruals and deferred Income    | 40,744        | -            |
| Pension costs                   | 519           | 1,107        |
|                                 | <u>89,500</u> | <u>9,055</u> |

**11 Analysis of net assets between funds**

|                     | Restricted<br>Funds<br>£ | Unrestricted<br>Funds<br>£ | Total<br>Funds<br>£ |
|---------------------|--------------------------|----------------------------|---------------------|
| Fixed assets        | -                        | 16,253                     | 16,253              |
| Current Assets      | -                        | 181,242                    | 181,242             |
| Current Liabilities | -                        | (89,500)                   | (89,500)            |
|                     | <u>-</u>                 | <u>107,995</u>             | <u>107,995</u>      |

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2022**  
**12 Analysis of net assets between funds**

|                                 | At<br>1/4/21<br>£ | Incoming<br>Resources<br>£ | Outgoing<br>Resources<br>£ | Transfers<br>£ | At<br>31/3/22<br>£ |
|---------------------------------|-------------------|----------------------------|----------------------------|----------------|--------------------|
| <b>Restricted Funds:</b>        |                   |                            |                            |                |                    |
| Young adult Carers Servcie      | -                 | 2,000                      | 2,128                      | 128            | -                  |
| CCG Mental health               | -                 | 10,804                     | 10,804                     | -              | -                  |
| Carers Hub                      | -                 | 35,068                     | 36,999                     | 1,931          | -                  |
| Voluntary responders            | -                 | 10,000                     | 10,000                     | -              | -                  |
| Health Educator Project         | -                 | 220,000                    | 210,356                    | (9,644)        | -                  |
| Digital Inclusion               | -                 | 20,187                     | 20,014                     | (173)          | -                  |
| BAF Project                     | -                 | 16,981                     | 16,858                     | (123)          | -                  |
| Misc others and donations       | -                 | -                          | 36,272                     | 36,272         | -                  |
| <b>Total Restricted Funds</b>   | -                 | 315,040                    | 343,431                    | 28,391         | -                  |
| <b>Unrestricted Funds:</b>      |                   |                            |                            |                |                    |
| General Fund                    | 141,432           | 3,021                      | 8,067                      | (28,391)       | 107,995            |
| <b>Total Unrestricted Funds</b> | 141,432           | 3,021                      | 8,067                      | (28,391)       | 107,995            |
| <b>Total Funds</b>              | 141,432           | 318,061                    | 351,498                    | -              | 107,995            |

**Restricted Funds are for the following purposes;**

**Young adult Carers Service**

The fund was used to provide respite activities and support to young carers.

**CCG Mental health**

The purpose of this fund is to provide specialist, information & support to carers who carer for someone with a mental health condition or dementia.

**Carers Hub**

For the provision of a Carers Hub information, advice and support service across Brent.

**Voluntary responders**

The purpose of this grant is to provide funding towards the cost of a Project Manager and Volunteer Coordinator, digital equipment, volunteer expenses and respite care, to work with multiple organisations to coordinate volunteers and mutual aids to support carers and vulnerable people.

**Health Educator Project**

Brent Carers Centre is the lead for Health Educators Partnership Service (HEPS) which is delivered by working in partnership with Brent Mencap, Brent Young Thrive, PLIAS and SAAFI. Together we work collaboratively to redress health inequalities which have been prioritised by Brent Health Matters.

**Digital Inclusion**

Digital inclusion service for people living with diabetes

**BAF Project**

Deliver welfare & benefits advice – P/T advice worker

**13 Related party transactions and trustees' remuneration**

Trustees received no emoluments (2021 £nil). No travel expenses were paid to Trustees in the period (2021 £nil).

**BRENT CARERS CENTRE**

England & Wales - Charity number 1066691

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# Accounts

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Registered number

03354038

Brent Carers Centre

Report and Accounts

31 March 2021

**Brent Carers Centre  
Report and accounts  
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## **Trustees Report**

### **Brent Carers Centre & Carers Hub**

#### **OBJECTIVES AND ACTIVITIES**

Brent Carers' Centre remains the local charity which provides practical and emotional support for all carers who either live in Brent or care for someone who lives in Brent. Brent Carers Centre also assist in the relief of vulnerable people and those who are elderly, disabled, chronically sick or suffering from substance misuse or an addiction. The aim of the charity is "To improve the lives of unpaid carers and vulnerable people in Brent so that they may live rather than just exist".

Our Objectives are:

- To be a centre of excellence for services to carers (including young carers) providing a universal information and advice service across all aspects of caring
- To enable carers from the diverse communities in Brent to access the range of services to which they are entitled
- To add to the skills of carers to both enhance their caring ability and improve their future prospects
- To empower carers to have a voice
- To support professionals to respond to carers in an appropriate and positive way
- To ensure that we are a learning organisation, developing and valuing the skills of all including staff, Trustees, volunteers and carers
- To secure funding for services so long as they are needed.

Brent Carers Centre continues to work collaboratively with Brent Council in supporting vulnerable carers in the borough. Brent NHS Clinical Commissioning Group are in the process of working towards merging with 7 other London Clinical commissioning group, during this process we continue to work alongside and maintain profession working relationship.

#### **Brent Carers' Services Hub**

The objectives of the Carers' Services Hub are as follows:

- To provide a single point of access to a wide range of services for all carers in Brent
- To ensure that all carers experience a seamless and consistent service
- To provide an equitable service for all clients
- To support carers in every aspect of their informal caring role and to enable them to continue in their caring role for as long as they choose and are able
- To promote carers' issues and services locally through a variety of accessible ways
- To improve the opportunities of carers and the cared for to proactively improve their health and wellbeing
- To enable carers to be recognised as equal care partners
- To facilitate carers' involvement in relevant national and local engagement and consultation activity

- To advise and support carers when making use of the complaints procedure
- In partnership with statutory organisations and third sector partners, to facilitate the carer's role in improving and developing services in the statutory sector.

### **How Brent Carers Centre Deliver Public Benefit**

Our main activities and who we try to help are described above. All our charitable activities focus on quality advice, information and a range of support services which are undertaken to further our charitable purposes for the public benefit.

### **Achievements and Performance**

#### **Registered Carers**

A total of 105 new carers were identified and registered despite Covid Pandemic restrictions during this year, however we also experience a significant number of bereavements, so for the first time ever the number of carers registered remains the same at 6198 carers accessing our services. Newly registered carers receive our carer's welcome pack with helpful information on becoming a carer and what they need to know. 1357 were supported during this year.

#### **Information, Advice & Advocacy**

Information and advice continues to be the most popular and most demanding service we offer to carers. 3042 episodes of advice was delivered throughout this year. Brent Carers Centre provides a range of advice and information to carers ranging from their entitlements as carers; how to access a carers assessment; planning for an emergency; to where to turn to for support on more complex or specialist issues.

Our Advocacy/Appeals support to challenge decisions being made by other agencies which may not be fair or right. We advocated on behalf of 391 carers, top three issues were welfare benefits, housing & social services. Fairness, transparency and the rights of carers remain at the heart of our advocacy service. Much of our work involves trying to prevent matters from spiralling into a crisis, we therefore always encourage carers to contact us as early as possible to avoid problems escalating.

#### **Maximising Income**

Our work in maximising the income of carers continues to be of great value to carers and their dependents. This Service includes supporting carers to access grants and other funds available to carers, and assist them in completing benefits forms. Initially the availability of grants for carers were significantly reduced during the Covid Pandemic, however this did improve and time went on and we were able to support those carers most in need and vulnerable with grants, which included our Crisis Grant pot, Equipment, fuel debt etc; and from our collaboration with Sufra & The Trussell Food Bank, with food bank vouchers.

#### **Wellbeing Activities**

Throughout this year face to face activities were suspended as a result of covid safety measures, we therefore restructured ourselves to deliver Wellbeing Activities virtually, via Zoom. It is fair to say that the pandemic has forced us into quickly to fully utilise technology as an essential tool in the continuation of communication and wellbeing service during the lockdown.

#### **Caring Support & Training**

We continued to deliver our bespoke range of training workshops for carers, successfully developed and piloted last year across eight London boroughs: Infection Control, Coping with Difficult Behaviour and Strength Growth and Resilience were the workshops most in demand during this period.

| Workshop Name   | Outline of Workshop   |
|---|---|
| Confidence In Delivering Personal Care<br>Infection Control & Prevention<br>Is The Person I Care For Well | <ul style="list-style-type: none"> <li>• To maintain the dignity of the person being cared for, when supporting personal and intimate care/hygiene.</li> <li>• To prevent and control the spread of infectious diseases.</li> <li>• To detect the health signs, such as breathing, coughing, pain, urine and confusion, to know if the person being cared for is unwell.</li> </ul> |
| Coping With Difficult Behaviour (Dementia Care)   | <ul style="list-style-type: none"> <li>• Understand what is meant by the term dementia.</li> <li>• Awareness of the symptoms of dementia.</li> <li>• Understanding of the biological, social or psychological factors that impact on behaviour.</li> </ul>  |
| Managing Medications  | <ul style="list-style-type: none"> <li>• To understand the risks and practice safe ways to administer and manage the use of medication.</li> </ul>  |
| Moving & Handling   | <ul style="list-style-type: none"> <li>• To help reduce the risk of injury of both the carer and the person being cared for when undertaking moving and handling of people.</li> </ul>  |
| Strength, Growth & Resilience   | <ul style="list-style-type: none"> <li>• A set of four interactive workshops to enhance the wellbeing and resilience of carers. Covers Telling Your Story, Coping With Stress, Looking After Yourself &amp; Next Steps.</li> </ul>  |

### **Carers Counselling Service**

The Carers Counselling Service proved to be an essential and valuable resource to many carers during the lock down.

The service supported 129 adult carers. This has been mostly due to the wonderful commitment of our volunteer counsellors and our experienced and proficient Counselling Co-ordinator.

#### **Carers Counselling Service Case Study**

*Rachel lost her job when she became a full-time carer during the covid pandemic, at a time when people were losing jobs every day, she too became unemployed. Her siblings did not approve of anything she did, which put a strain on their relationship. Rachels mother who did not speak English became very ill and was hospitalised. Rachel found herself spending a lot of time running backwards and forwards from the hospital and later spent a lot of time at home with mum until she passed away.*

*Whilst Rachel was grieving she also had the responsibility of clearing the house for renting or sale. She found herself struggling to cope, missing meals, crying a lot, unable to focus and unable to do any the tasks she needed to do.*

*The Carers Counselling Service gave her the space to talk about her feelings - the resentment she felt towards her siblings; her deep love for her late mother and her anxiety and fear of people she had developed. Rachel was supported to plan and complete weekly tasks, which she tried to do. Day by day, things were getting done and she started to feel much better about things. Rachel eventually cleared her mums house, got it rented and got another job. She still misses her mum dearly but she is now more able to cope and her life became more normalised and fulfilling.*

### **Support to the Cared For**

Our continued partnership working with Ashford Place offers advice to both people living with dementia and their carers alongside work collaboratively in making Brent a dementia friendly borough. It has been difficult to regularly attend the Memory Clinic and Dementia Café's because of the

pandemic closures. A lot of effort is therefore being done to reach out to individuals by phone and virtually. Once services begin to open up more we will have more presence in face to face outreach work via the Dementia Café's and the Memory Clinic. There is a growing number of people living with dementia who we are supporting, who do not have carers to assist them.

## **Publicity & Communication**

Caring4Carers our Monthly E-Newsletter, has been a reliable source of information, and news to those carers who have access digital technology. There continues to be an important piece of work required to increase carers accessing digital platform as currently approx. 80% of carers registered with us are currently digitally excluded. Digital inclusion for carers and the cared for will be one of our priorities in the forth-coming year.

## **Carers Befriending Service**

We successfully secured funds to support Carers in the Covid Crisis by delivering a Befriending Service to both Carers and their dependents. We have always been a valuable resource in supporting the delivery of our charitable services. This year we successfully recruited and supported 22 volunteers. Who all generously offered their time and their time, skills and compassion in supporting both carers and dependents who were isolated, stressed and lonely; many carers found it very difficult due to the Brent. A special thank you to Volunteers Co-ordinator: Euphrasie Kinenga for successfully launching and delivering the service.

Beyza Hasgol, Chloe Markham, Dawn Scott, Elena Mazzeo, Farhart Syed, Irina Pancereva, Jacqui Rack, James Leacock, Julie Blair, Julie Cesea, Kristina Grundberg, Laiba Waseem, Madeleine Sikoto, Milena Tessari Zanqui, Rishi Chauhan, Satu Samuli, Simi Setia, Sir Tom Hughes-Hallett, Tamara Dsouza and Tosin.

### ***Befriending Case Study 1***

*The carers mother had been isolated for some time due to Covid safety measures. She had become bored, irritable, felt lonely and her health began to deteriorate, despite her son living with her. The carer reached out to us to request a befriender who spoke her mother's mother tongue. Brent Carers Centre were able to find a bi-lingual Befriender to befriend mum. After receiving this service, mum began to show signs of improvement not only in her health but she also became happier. This in turn made her son less worried about his mums wellbeing and health. The Carer expressed "My mum looks much happier since speaking with you".*

### ***Befriending Case Study 2***

*Both carer and her dad who she cared for, used the Befriending Service. Before the first befriending call, the carer asked if our Befriender could call her first and speak with the daughter before calling her dad, so she can highlight the things or subjects her dad enjoyed to talking about. This useful information, made it really easy for the Befriender to connect with and have enjoyable conversations with someone outside of the home during the lockdown. Dad looked forward to talking to the Befriender about his hobbies, and the carer looked forward to talking to someone else about her own interests outside of her caring role. Both dad and the carer were very pleased with befriending service they received, it meant they were able to connect socially with another person whilst they were isolating.*

Brent Carers Centre have a very committed Board of Trustees who are also volunteers. Board members are currently carers, former carers and professionals who ensure that the charity is smoothly run and, complies with both with charity and company law.

## **Young Adult Carers**

Our work with Young Adult Carers (YAC) offered valuable support and creative respite at a time, when schools were closed and operating virtually. It is fair to say that there has been an overkill in the delivery of virtual learning and activities during this lockdown, however it provided the safest platform for young carers to meet up with each other for peer support and creative learning and fun. We were able to offer

grants to those Young Adult Carers who did not have their own laptop in their household, so they could participate freely in school learning and Carer support activities. Other grants were also awarded to pursue hobbies from home, learning support and respite when lockdown began to ease.

We delivered a wide and varied range of activities to YAC, which included: Creative Writing, Photography, drama etc. When lockdown began to ease we were also able to deliver a few some face to face activities which the YAC really valued and enjoyed, Pizza always go down well at these events. However the second wave of the Covid Pandemic, forced us to end face to face events and revert back to virtual activities. We ended the year distributing pampering vouchers to YAC's, so they could spend some time spoiling themselves.

## **Partnership Project**

The charity worked in partnership with the Kilburn Primary Care Network, which comprised of 6 GP's in Kilburn to deliver the Kilburn Partnership Wellbeing Project (KPWP). This project came about in direct response to the needs of carers and patients struggling to cope with isolation and loneliness during the Covid Pandemic lockdown and was delivered over a 6 month period.

KPWP created a referral pathway from GP practices, via Social Prescribers to the service. KPWP provided a range of practical & emotional support to those carers and patients that were identified as at risk patients in the Kilburn locality. We delivered well-being support through trained volunteers and professionals to reduce stress factors and empower them to better look after themselves and their loved ones during the difficult climate of a lockdown. The KPWP delivered the following four elements:

### **Listening Ear/Emotional Support**

Carers felt socially or emotionally isolated and benefited from having regular chats with a volunteer and feel connected and less isolated. Trained volunteers will provide a weekly call at a mutually agreed time to offer a listening ear and emotional support.

Our trained volunteers were able to refer clients to other services such as Carers Counselling Service, & welfare benefits advice etc.

### **Digital Inclusion Support**

Carers with no access to digital equipment (i.e.: a tablet or lap-top or internet access) were supported access grants and support via NHS and the local Authority, support was also offered to undertake online shopping and access to other essential online services. They received basic IT training to access

### **Shopping or prescription collections**

Carers & patients were supported in collecting prescriptions and drop it to you, some patients were also referred to the NHS Volunteer Respondents to assist with their prescription collections and the dropping service.

### **Well-Being Training Workshops**

The Project delivered bespoke Wellbeing & Carer relevant training workshops.

The KPWP Project supported over 150 carers in 6 months. The project succeeded in improving health & wellbeing and preventing a crisis to some of the most vulnerable and isolated carers and patients in Kilburn.

## **Partnership Working**

The charity continues to maintain a positive working relationship with our statutory partners alongside voluntary and community organisations we work with. Partnership working allows us to share our skills and expertise collaboratively to achieve better outcomes in strategic and statutory initiatives as well community and voluntary sector objectives. We continue to host consultation events, user surveys and share case studies on user experiences as our contribution towards improving services and enhancing better outcomes for carers and vulnerable people in Brent. We value our working relationships in the

health & social care sector and continue to strive to develop new opportunities to strengthen and solidify our relationships with all our professional friends and key stakeholders to achieve improved outcomes for carers and vulnerable people in Brent.

### **Financial Review**

The charity had a deficit of £26,740 in this financial year, as shown in the Statement of Financial Activities on page 13 of these financial statements.

Our priority will continue to be working on securing funding to sustain the range of services we know make a difference in the lives of carers.

### **Reserves Policy**

At 31st March 2021, the restricted reserves stood at nil, and the unrestricted reserves at £141,432 a total decrease of £26,740 compared to the previous year.

The board recognises that it needs to manage current levels of reserves of unrestricted funds, including the need to continually review the designated funds, their purposes and the amounts in each. This is done in the context of the main risks the charitable company is exposed to, which include the current financial climate and the continuous pressures placed on health and social care budgets.

The Trustees aim to hold between 3 and 6 months budgeted expenditure in general funds to manage fluctuations in cash flow and against possible interruption or loss of funding streams. The Trustees regularly review the investment policy.

### **The Future Period**

We are committed in our quest to explore opportunities which ensure we can continue to deliver services that holistically support carers who play such an important role looking after others whilst making a valuable contribution to the health and social care sector and the local economy. Brent carers Centre will also explore opportunities which may support the health and wellbeing of vulnerable people living in and beyond Brent. With shrinking budgets across the borough, tough decisions are being made often to the detriment of carers and their dependents. Our role in supporting and amplifying the Carer's voice is now more important than ever before.

### **TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS**

The Trustees (who are also directors of Brent Carers Centre for the purposes of company law) are responsible for preparing the Report of the Board of Management and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### **Going concern**

The Trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis in preparing the financial statements.

Further details regarding the adoption of the going concern basis can be found in the accounting policies in the financial statements.

### **Statement of disclosure to auditor**

As far as each trustee is aware, there is no relevant audit information of which the company's auditors are unaware. Additionally, the Trustees have taken all the steps that they ought to have taken to make themselves aware of all relevant audit information and to establish that the auditor is aware of that information.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document**

Brent Carers' Centre is a charitable company, limited by guarantee, incorporated on 16 April 1997 and registered as a charity on 5 December 1997. The company was established under a Memorandum of Association which laid down the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up, each member is required to contribute an amount not exceeding £1.

### **Appointment of Directors/Trustees**

The directors of the company are also charity Trustees for the purposes of charity law. At the Annual General Meeting (AGM), in accordance with the Articles of Association, one third of the members of the Board of Directors/Trustees, including Honorary Officers, shall retire and are eligible for re-election at the same AGM if desired.

### **Director/Trustee induction and training**

The Directors/Trustees are already familiar with the practical work of the charity. Prospective new Directors/Trustees receive a Trustees Information Pack upon expressing an interest to join the board. All new Directors/Trustees are inducted by the Chair and the Chief Executive Officer. New Trustees are required to attend a minimum of three board meetings to familiarise themselves with the charity and the context within which it operates. All Directors/Trustees are offered opportunities to attend courses run by the Carers' Trust and other organisations.

### **Organisation**

As indicated above, the charity is governed by a Board of Directors/Trustees, which is responsible for setting the strategic direction of the organisation and for establishing policy. Matters, including decisions and future development to further the charity's objectives, are discussed and decided at Board meetings upon the general consensus of agreement from the Board. Failing such consensus then the Articles of Association allow for a majority vote to decide a particular matter. The Board of Directors/Trustees who acted during the year and up to the date of this report are as shown on page 1 of these financial statements.

Trustees have complied with the duty in Section 17 of the Charities Act 2011, to have due regard to public benefit guidance issued by the Charity commission. Particular consideration is given in how activities planned will contribute to the aims and objectives of our Charity.

Board meetings are held every 6 - 8 weeks.

There is also the Finance and General Purposes Committee, which consists of the Chair, Treasurer and up to 3 Board members, and meetings are held as required.

Day-to-day management is devolved to the Chief Executive Officer, who reports to each Board and Finance and General Purposes Committee meeting.

**Risk Management**

The charity has a Risk Management Policy in place. The risks that may have an impact on the functions of the charity are continually monitored. The risk management strategy continues to address the major governance, operational, financial, reputation, legal and regulatory risks which might impact upon the charity's core purposes and key objectives. This builds on the existing risk management in many aspects of the charity's work in areas such as financial management, health and safety, fire and security and disaster planning arrangements to protect both places and people.

Our Risk Management Policy and Procedures have been updated to minimise the risk of contracting and spreading the Covid Virus during the course of our work, for the safety of both staff and our clients.

**Trustee Remuneration & Related Party Transactions**

No Trustees received any remuneration during this financial year. No trustee or other person related to the charity, had any personal interest in any contract or transaction entered into by the charity during the year.

Approved by the Trustees and signed on their behalf.

*J Lewis*  
**I. LEWIS**

Trustee  
Date

*Chair of the Board of Trustees*  
*9-11-22*

**Brent Carers Centre**  
**Independent auditors' report**  
**to the shareholders of Brent Carers Centre**

We have audited the accounts of Brent Carers Centre for the year ended 31 March 2021 which comprise the Profit and Loss Account, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard For Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Respective responsibilities of directors and auditors**

As explained more fully in the Statement of Directors' Responsibilities, the directors are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the accounts in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

In accordance with the exemption provided by APB Ethical Standard - Provisions Available for Smaller Entities (Revised), we have prepared and submitted the company's returns to the tax authorities and assisted with the preparation of the accounts.

**Scope of the audit of the accounts**

A description of the scope of an audit of financial statements is provided on the APB's website at [www.frc.org.uk/apb/scope/private.cfm](http://www.frc.org.uk/apb/scope/private.cfm)

**Opinion on the accounts**

In our opinion the accounts:

- give a true and fair view of the state of the company's affairs as at 31 March 2021 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Opinion on other matters prescribed by the Companies Act 2006**

In our opinion the information given in the Directors' Report for the financial year for which the accounts are prepared is consistent with the accounts.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the accounts are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the directors were not entitled to prepare the accounts and the directors' report in accordance with the small companies regime.



J A Brookfield  
(Senior Statutory Auditor)  
for and on behalf of  
Brookfield & Co  
Accountants and Statutory Auditors  
11 March 2022

18 Concanon Road  
London

SW2 5TA

**Brent Carers Centre**  
**Statement of Financial Activities**  
**for the year ended 31 March 2021**

|   | Restricted<br>Funds | Unrestricted<br>Funds | Total<br>Funds | Total<br>Funds |
|---|---------------------|-----------------------|----------------|----------------|
| Notes   | 2021<br>£           | 2021<br>£             | 2021<br>£      | 2020<br>£      |
| <b>Incoming resources</b>                       |                     |                       |                |                |
| <i>Incoming resources from generated funds:</i> |                     |                       |                |                |
|   | 1,049               | 2,298                 | 3,347          | 27,660         |
| Voluntary Income - Donations                    |                     |                       |                |                |
| Investment income                               | -                   | -                     | -              | -              |
| Provision of advice, information and support    | 5 218,162           | -                     | 218,162        | 386,925        |
| <b>Total Incoming Resources</b>                 | <u>219,211</u>      | <u>2,298</u>          | <u>221,509</u> | <u>414,585</u> |
| <b>Resources expended</b>                       |                     |                       |                |                |
| Costs of generating funds                       | -                   |                       | -              | 3,647          |
| Charitable activities                           | 240,722             | -                     | 240,722        | 391,569        |
| Governance                                      | -                   | 7,527                 | 7,527          | 7,218          |
| <b>Total resources expended</b>                 | 6 <u>240,722</u>    | <u>7,527</u>          | <u>248,249</u> | <u>402,434</u> |
| Net incoming resources expended for the Year    | (21,511)            | (5,229)               | (26,740)       | 12,151         |
| Transfers between funds                         | 21,511              | (21,511)              | -              |                |
| Funds brought forward                           |                     | 168,172               | 168,172        | 156,021        |
| <b>Total Funds carried forward</b>              | <u>-</u>            | <u>141,432</u>        | <u>141,432</u> | <u>168,172</u> |

**Brent Carers Centre  
Balance Sheet  
as at 31 March 2021**

|   | Notes | 2021<br>£      | 2020<br>£       |
|---|-------|----------------|-----------------|
| Tangible fixed assets                                 | 9     | 21,500         | 19,144          |
| <b>Current assets</b>                                 |       |                |                 |
| Debtors   | 10    | 34,121         | 31,766          |
| Cash at bank and in hand                              |       | <u>94,866</u>  | <u>148,482</u>  |
|   |       | <u>128,987</u> | <u>180,248</u>  |
| <b>Creditors: amounts falling due within one year</b> | 11    | <u>(9,055)</u> | <u>(31,220)</u> |
| <b>Net current assets</b>                             |       | 119,932        | 149,028         |
| <b>Total assets less current liabilities</b>          |       | <u>141,432</u> | <u>168,172</u>  |
| <b>Funds of the Charity</b>                           |       |                |                 |
| Restricted Funds                                      |       | -              | -               |
| General Funds   |       | 141,432        | 168,172         |
| <b>Total Funds</b>                                    | 13    | <u>141,432</u> | <u>168,172</u>  |

The notes on pages 13 to 17 form part of these accounts

Approved by the board on 18<sup>th</sup> February 2022

Treasurer: ~~Director~~ *A. Punjani*  
A. PUNJANI

Chair: ~~Director~~ *J. Lewis*  
J. LEWIS

**Brent Carers Centre  
Notes to the Accounts  
for the year ended 31 March 2021**

**1. Accounting Policies**

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the financial statements.

a) Basis of Preparation

The financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) effective April 2008 and all other applicable accounting standards, as modified by the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales, effective April 2005 (revised June 2008). The accounts have been drawn up in accordance with the provisions of the Charities (Accounts and Reports) Regulations 2008 and the Companies Acts, and includes the results of the charity's operations which are described in the Trustees' Report, all of which are continuing. Insofar as the Statement of Recommended Practice for Accounting and Reporting issued by the Charity Commissioners for England and Wales (revised 2008) requires compliance with specific Financial Reporting Standards other than the FRSSE, then these have been followed where the requirements differ from those of the FRSSE.

Advantage has been taken of Section 396(5) of the Companies Act 2006 to allow the format of the financial statements to be adapted to reflect the special nature of the charity's operation and in order to comply with the requirements of the SORP. The charity has taken advantage of the exemption in the FRSSE from the requirement to produce a cash flow statement.

The financial statements are prepared, on a going concern basis, under the historical cost convention. The charity is entirely dependent on continuing contracts and grant aid and as a consequence the going concern basis is also dependent on continuing contracts and grant aid. The particular accounting policies adopted are set out below.

b) Restricted and Unrestricted Funds

The accounts distinguish between restricted and unrestricted funds. Restricted funds are received from donors and are subject to restrictions on the purposes for which they may be used. Unrestricted funds are those where there are no externally imposed restrictions. They include those freely available to the charity for expenditure or appropriation to reserves for internally designated purposes. Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

c) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to specific categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Investment income is included when receivable.

- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

d) Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity. All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis eg. floor areas, per capita or estimated usage

e) Tangible Fixed Assets

Fixed assets costing less than £1000 are written off in the year of acquisition and items costing in excess are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is calculated to write off the cost of fixed assets less their estimated residual value over their expected useful life on a straight line basis at the rates of 25% (Computer equipment) 33% (Office furniture) and 10% (leasehold improvements) per annum.

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2021**

f) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

g) Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account..

h) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

i) Pensions

Contributions to employee pension schemes are in line with government legislation.

Legal status of the Trust

The trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

**2 Taxation**

Subject to agreement with the Inspector of Taxes, the company is exempt from the payment of any Taxes to the extent it is a registered charity and not liable for Income Tax or Corporation Tax on income derived from its charitable activities. The company does not have a liability to register for VAT.

**3 Surplus for the period**

The surplus for the period is stated after charging:

|   | 2021  | 2020  |
|---|-------|-------|
|   | £     | £     |
| Depreciation                                  | 5,247 | 4,296 |
| Audit and accountancy fees<br>Brookfield & Co | 2,280 | 2,370 |

**4 Staff costs**

Staff costs were as follows

|                          | 2021           | 2020           |
|--------------------------|----------------|----------------|
|                          | £              | £              |
| Salary and pension costs | 133,598        | 235,076        |
| Social Security costs    | 4,558          | 17,620         |
| Other staff costs        | 5,257          | 6,549          |
|                          | <u>143,413</u> | <u>259,245</u> |

|   | 2021     | 2020     |
|---|----------|----------|
|   | £        | £        |
| Numbers of full time employees or full time equivalents |          |          |
| Charitable activities                                   | 3        | 6        |
| Administration  | 1        | 2        |
|   | <u>4</u> | <u>8</u> |

No employee had emoluments in excess of £60,000 (2020:Nil) Pension costs are allocated to activities in proportion to the related staffing costs incurred.

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2021**

**5 Analysis of Incoming Resources**

|                               | Restricted     | Unrestricted | 2021           | 2020           |
|-------------------------------|----------------|--------------|----------------|----------------|
|                               | £              | £            | Total          | Total          |
|                               |                |              | £              | £              |
| Other Unrestricted funds      | -              | -            | -              | -              |
| Independent Support Service   | -              | -            | -              | -              |
| Carers Hub                    | 36,033         | 2,298        | 38,331         | 213,515        |
| Young Carers Support          | -              | -            | -              | 34,674         |
| Carers Development Project    | -              | -            | -              | 32,250         |
| TNLC Mental health Well being | 49,578         | -            | 49,578         | -              |
| Young Adult Carers Service    | 25,000         | -            | 25,000         | 63,312         |
| BAF Project                   | 10,000         | -            | 10,000         | -              |
| London City COVID Responce    | 49,600         | -            | 49,600         | -              |
| Brent CCG Mental Health       | 49,000         | -            | 49,000         | 49,000         |
| Carers Hub Mental Health      | -              | -            | -              | 21,834         |
|                               | <b>219,211</b> | <b>2,298</b> | <b>221,509</b> | <b>414,585</b> |

**6 Analysis of Resources Expended**

|                                 | Charitable     | Fundraising | Governance   | Support        | 2021 Total     |
|---------------------------------|----------------|-------------|--------------|----------------|----------------|
|                                 | Activities     | & Publicity |              | Services       |                |
|                                 | £              | £           | £            | £              | £              |
| Staff Costs                     | 112,340        | -           | -            | 31,073         | 143,413        |
| Charitable Activities           | 10,967         | -           | -            | -              | 10,967         |
| Grants Payable                  | 1,782          | -           | -            | -              | 1,782          |
| Recruitment Costs               | 2,545          | -           | -            | -              | 2,545          |
| Staff Travel Expenses           | -              | -           | -            | 59             | 59             |
| Volunteer Expenses              | -              | -           | -            | -              | -              |
| Rent And Rates                  | -              | -           | -            | 43,767         | 43,767         |
| Print, Postage and Stationaries | -              | -           | -            | 4,422          | 4,422          |
| Telephone & Fax                 | -              | -           | -            | 6,853          | 6,853          |
| IT Support & Maintenance        | -              | -           | -            | 11,984         | 11,984         |
| Accountancy and Audit Fees      | -              | -           | 2,280        | -              | 2,280          |
| Legal and Professional          | -              | -           | -            | 7,328          | 7,328          |
| Subscriptions                   | -              | -           | -            | 1,936          | 1,936          |
| AGM & Directors' Expenses       | -              | -           | -            | -              | -              |
| Sundry Expenses                 | -              | -           | -            | 2,725          | 2,725          |
| Depreciation                    | -              | -           | 5,247        | -              | 5,247          |
| Bank Charges                    | -              | -           | -            | 233            | 233            |
| Staff Welfare & Training        | 666            | -           | -            | 225            | 891            |
| Insurance                       | -              | -           | -            | 1,817          | 1,817          |
| Publicity and Information       | -              | -           | -            | -              | -              |
|                                 | <b>128,300</b> | <b>-</b>    | <b>7,527</b> | <b>112,422</b> | <b>248,249</b> |

**7 Resources analysed by Charitable Activity**

|                                       | Staff Costs   | Charitable   | Support      | Professional, | Depreciation | 2021 Total    |
|---------------------------------------|---------------|--------------|--------------|---------------|--------------|---------------|
|                                       | £             | Activities   | Costs        | Legal &       | £            | £             |
|                                       |               | £            | £            | Accounting    |              |               |
|                                       |               |              |              | Fees and      |              |               |
|                                       |               |              |              | Trustees      |              |               |
|                                       |               |              |              | £             |              |               |
| Carers Hub                            | 19925         | 2,251        | 72,889       | -             | -            | 95,065        |
| London City COVID response            | 6379          | 9,392        | 5,208        | -             | -            | 20,979        |
| TNLC Mental health Well being         | 20156         | 1,425        | 7,676        | -             | -            | 29,257        |
| Young adult Carers Service            | 14695         | 1,124        | 11,735       | -             | -            | 27,554        |
| Brent CCG Mental health               | 47905         | 917          | 11,898       | -             | -            | 60,720        |
| BAF Project                           | 3280          | 852          | 3,015        | -             | -            | 7,147         |
| Staff costs included in Support costs | 31073         | -            | (31,073)     | -             | -            | -             |
| Governance Costs                      | -             | -            | -            | 2,280         | 5,247        | 7,527         |
| Fundrasing Costs                      | -             | -            | -            | -             | -            | -             |
| <b>Total resources expended</b>       | <b>143413</b> | <b>15961</b> | <b>81348</b> | <b>2280</b>   | <b>5247</b>  | <b>248249</b> |

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2021**

**8 Allocation of Support and Governance costs Costs to projects**

|                               | Direct<br>project costs<br>£ | Support and<br>Fundraising<br>Costs<br>£ | Governance<br>Costs<br>£ | 2021 Total<br>£ |
|-------------------------------|------------------------------|--|--------------------------|-----------------|
| Carers Hub                    | 22,176                       | 72,889                                   |                          | 95,065          |
| London City COVID response    | 15,771                       | 5,208                                    |                          | 20,979          |
| TNLC Mental health Well being | 21,581                       | 7,676                                    |                          | 29,257          |
| Young adult Carers Service    | 15,819                       | 11,735                                   |                          | 27,554          |
| Brent CCG Mental health       | 48,822                       | 11,898                                   |                          | 60,720          |
| BAF Project                   | 4,132                        | 3,015                                    |                          | 7,147           |
| <b>Governance Costs</b>       |                              |  | 7,527                    | 7,527           |
|                               | 128,301                      | 112,421                                  | 7,527                    | 248,249         |

**9 Tangible fixed assets**

|                          | Computer<br>equipment<br>£ | Leasehold<br>improvements<br>£ | Office<br>Furniture<br>£ | Total<br>£ |
|--------------------------|----------------------------|--------------------------------|--------------------------|------------|
| <b>Cost</b>              |                            |                                |                          |            |
| Balance at 1 April 2020  | 14,187                     | 33,462                         | 27,377                   | 75,026     |
| Additions in the period  | 7,603                      | -                              | -                        | 7,603      |
| Balance at 31 March 2021 | 21,790                     | 33,462                         | 27,377                   | 82,629     |
| <b>Depreciation</b>      |                            |                                |                          |            |
| Balance at 1 April 2020  | 14,187                     | 14,318                         | 27,377                   | 55,882     |
| Charge for the year      | 1,901                      | 3,346                          | -                        | 5,247      |
| Balance at 31 March 2021 | 16,088                     | 17,664                         | 27,377                   | 61,129     |
| <b>Net Book Value</b>    |                            |                                |                          |            |
| At 31 March 2021         | 5,702                      | 15,798                         | -                        | 21,500     |
| At 31 March 2020         | -                          | 19,144                         | -                        | 19,144     |

**10 Debtors**

|   | 2021<br>£ | 2020<br>£ |
|---|-----------|-----------|
| Grants receivable                             | 12,250    | 12,500    |
| Deposit to landlord for 144-150 Offices       | 7,920     | 7,920     |
| Other debtors, prepayments and accrued Income | 13,951    | 11,346    |
|   | 34,121    | 31,766    |

**11 Creditors: amounts falling due within one year**

|                                 | 2021<br>£ | 2020<br>£ |
|---------------------------------|-----------|-----------|
| Sundry creditors                | 7,948     | 9,205     |
| Other taxes and social security | -         | 1,296     |
| Accruals and deferred Income    | -         | 20,000    |
| Pension costs                   | 1,107     | 719       |
|                                 | 9,055     | 31,220    |

**12 Analysis of net assets between funds**

|                     | Restricted<br>Funds<br>£ | Unrestricted<br>Funds<br>£ | Total<br>Funds<br>£ |
|---------------------|--------------------------|----------------------------|---------------------|
| Fixed assets        | -                        | 21,500                     | 21,500              |
| Current Assets      | -                        | 128,987                    | 128,987             |
| Current Liabilities | -                        | (9,055)                    | (9,055)             |
|                     | -                        | 141,432                    | 141,432             |

**Brent Carers Centre**  
**Notes to the Accounts**  
**for the year ended 31 March 2021**  
**13 Analysis of net assets between funds**

|                                 | At<br>1/4/20<br>£ | Incoming<br>Resources<br>£ | Outgoing<br>Resources<br>£ | Transfers<br>£  | At<br>31/3/21<br>£ |
|---------------------------------|-------------------|----------------------------|----------------------------|-----------------|--------------------|
| <b>Restricted Funds:</b>        |                   |                            |                            |                 |                    |
| Carers Hub                      |                   | 36,033                     | 95,065                     | 59,032          | -                  |
| London City COVID response      |                   | 49,600                     | 20,979                     | (28,621)        | -                  |
| TNLC Mental health Well being   |                   | 49,578                     | 29,257                     | (20,321)        | -                  |
| Young adult Carers Service      |                   | 25,000                     | 27,554                     | 2,554           | -                  |
| Brent CCG Mental health         |                   | 49,000                     | 60,720                     | 11,720          | -                  |
| BAF Project                     |                   | 10,000                     | 7,147                      | (2,853)         | -                  |
| <b>Total Restricted Funds</b>   | -                 | <b>219,211</b>             | <b>240,722</b>             | <b>21,511</b>   | -                  |
| <b>Unrestricted Funds:</b>      |                   |                            |                            |                 |                    |
| General Fund                    | 168,172           | 2,298                      | 7,527                      | (21,511)        | 141,432            |
| <b>Total Unrestricted Funds</b> | <b>168,172</b>    | <b>2,298</b>               | <b>7,527</b>               | <b>(21,511)</b> | <b>141,432</b>     |
| <b>Total Funds</b>              | <b>168,172</b>    | <b>221,509</b>             | <b>248,249</b>             | <b>-</b>        | <b>141,432</b>     |

**Restricted Funds are for the following purposes;**

**Young Carers Support**

The fund was used to provide respite activities and support to young carers.

**Brent CCG Mental health**

The purpose of this fund is to provide specialist, information & support to carers who carer for someone with a mental health condition or dementia.

**Carers Hub**

For the provision of a Carers Hub information, advice and support service across Brent.

**BAF Project**

Deliver welfare & benefits advice – P/T advice worker

**London City COVID response**

The purpose of this grant is to provide funding towards the cost of a Project Manager and Volunteer Coordinator, digital equipment, volunteer expenses and respite care, to work with multiple organisations to coordinate volunteers and mutual aids to support carers and vulnerable people.

**TNLC Mental health Well being**

Post Covid Mental Health Wellbeing Support Service to reduce clients from experiencing mental health crisis and maintenance of mental wellbeing for those identified with low and middle levels of poor mental health.

**14 Related party transactions and trustees' remuneration**

Trustees received no emoluments (2020 £nil). No travel expenses were paid to Trustees in the period (2020 £nil).