

ONE PLACE EAST LTD

Company Limited by Guarantee No. 3115971

Registered Charity No. 1065770

ACCOUNTS FOR THE YEAR ENDED

31 MARCH 2023

ONE PLACE EAST LTD
INDEX TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

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**ONE PLACE EAST LTD
(LIMITED BY GUARANTEE)
LEGAL AND ADMINISTRATIVE INFORMATION
31 MARCH 2023**

Directors and Trustees

Michelle Crouch (Chair)
Helen McDonald
Barry Richard Bates
Jennifer Brock
Deborah Pearce
Mr A. Longhurst
Lisa Cain
Stephanie Lynne Tatum (appointed 31/01/23)

Registered Office

2nd Floor
Ilford Chambers
11 Chapel Road
Ilford, Essex
IG1 2DR

Company Registration No.

3115971 (England & Wales)

Charity Registration No.

1065770

Auditors

Fredericks Limited
Chartered Accountants & Statutory Auditors
106 Charter Avenue
Ilford, Essex
IG2 7AD

Bankers

HSBC Plc
Ilford Branch

**ONE PLACE EAST
REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Trustees

The Trustees who served during the year are set out on the legal and administrative information page at the front of these accounts.

Principal Activities and Objects of the Charitable Company

The Company is established for the promotion, preservation and safeguarding of people with mental health problems, people with a learning disability, people with an autistic spectrum disorder, people with physical disability, people with a sensory impairment, older people including people with dementia, children and families, and carers resident in the London Borough of Redbridge and neighbouring boroughs and counties, (hereinafter called the “beneficiaries”). The Company will empower beneficiaries to exercise independence, choice and control over how their support needs are met, in particular but not exclusively by:

- (a) developing and supporting effective forms of user involvement and engagement
- (b) developing a range of personalised support and advice services to enable service users to make informed decisions and lead independent lives
- (c) working with the statutory, voluntary and business sectors to promote greater knowledge and understanding of inclusion issues
- (d) advancing public education in disability related issues.
- (e) undertaking or assisting in the undertaking of research and publishing the useful results of such research; and
- (f) providing care services, outreach support, housing, associated amenities and day activities for the beneficiaries who are experiencing or have experienced profound or long term mental health problems or dementia.

Organisation

The charitable company is managed by a Board of Directors elected at the Annual General Meeting. Vacancies are filled by co-option within the terms of the Memorandum & Articles of Association. There were eight Directors at 31 March 2023. In accordance with Article 47 (1) of our constitution we have established a representative client based advisory group.

Staff members are responsible to the Board of Trustees via the Chief Officer.

Achievements

- Services are being delivered regularly either online or in person
- 45 people attended Mental Health First Aid and Mental Health Awareness training courses.
- There were 401 interactions for the Peer Dialogue groups.
- 28 wellbeing workshops with 451 attendances.
- We held network meetings for Mental Health service users, Learning Disability User Involvement meetings and Advisory Group meetings.
- 28 people had access to in the daily out of hours WhatsApp group
- Our Mental Health Befriending service provided 1,614 one-to-one interactions.
- Representation at key meetings continued to be a priority including: Partnership Meeting for Learning Disability, RCVS meeting, Mental Health Transformation meetings, Public meeting re TfL Transport for All meetings,
- Regular newsletters and e-news bulletins were circulated to over 1098 recipients.
- Celebrated national awareness campaigns, for example, Time to Talk, Mental Health Awareness Week, Learning Disability Week, World Mental Health Day and International Day of Disabled People. Various activities were held including podcasts, tea and chat, quiz night, choir sessions and well-being workshops.
- To date over 450 Autism Alert Cards have been issued to support Redbridge residents.
- On-going information, signposting and support including Foodbank voucher scheme.
- We were part of the planning and organising group for the 2022 disability festival in the park. Over 500 people enjoyed various main stage performances including Brazilian dancing, African drumming, singers, stand up comedy, Redbridge Music Lounge and a Freddie Mercury tribute act. There were a variety of display stalls offering craft and well-being activities as well as a petting zoo, sports zone, mental health workshops and reading sessions. .
- As a registered body for the Disclosure and Barring Service we have been able to process over 230 DBS checks for 24 organisations.

**ONE PLACE EAST
REPORT OF THE TRUSTEES (Continued)
FOR THE YEAR ENDED 31 MARCH 2023**

By delivering the above work our service users and the local community had access to:

- meetings and focus groups to ensure that they had the information and support to make informed choices about their lives, especially those who are seldom heard or find communication challenging;
- assistance to identify and use services to meet their needs;
- workshops to develop their understanding of mental ill health, trauma recovery, long term conditions and overall well-being;
- support and companionship to reduce social isolation;
- opportunities to meet new people, develop new skills and have fun!

Although this was another challenging year, we were able to provide crucial services and support to our service users and the local community.

Trustees recognised the contribution of staff and thanked them for ensuring that service delivery continued to provide support to those most in need during the year.

It was also necessary to take the difficult decision to leave the premises in Ilford Lane after more than 20 years and move to smaller, more economical premises still in the centre of Ilford.

We were delighted and honoured to be selected as one of the Mayor's chosen charities for 2022, a number of fundraising events have already taken place and for the first time Redbridge won the best float at the Lord Mayor's New Year Parade which has boosted the amount of funds raised. We look forward to rounding off the year in May.

The Year Ahead

With our new premises and a number of funding applications already submitted the year ahead is looking more positive and this will give us the enthusiasm and encouragement to continue to deliver and develop our services.

Volunteers

We are, as always, indebted to the many volunteers that have given their time and energy helping in the projects and office. We thank them for their dedication, commitment and support. The work of our volunteers has been a key factor in the achievements of One Place East over the past year.

Directors/Trustees

Our thanks to all Directors/Trustees for giving their time, commitment and expertise to the work of One Place East.

Funding

We are grateful to all our funders especially London Borough of Redbridge, NELFT, Redbridge CCG, City Bridge Trust, MOPAC, Postcode Society Trust, Access Foundation, Awards for All, Boshier Hinton Foundation, Community Cash Fund, Redbridge Arts Grant, Vision Foundation, Vision RCL.

Reserves Policy

The Board of Trustees has reviewed the charity's needs for reserves in line with the guidance issued by the Charities Commission. Funds are set aside to safeguard the charity's service commitment in the event of delays in receipt of grants, or to bridge the cessation of one grant and the commencement of another, or to meet a range of contingent liabilities and costs that would be incurred if the charity were to close.

The required level of reserves will be set annually by the Finance Sub-Committee as part of the budget setting process and submitted to the Board for approval.

Risk Statement

The Charity has considered a range of risks to which it could be exposed and the Directors regularly review the policies and procedures which aim to minimise those risks, ensuring that these are adequate, appropriate and complied with fully.

Public benefit

In shaping our objectives for the year and planning our activities the trustees have considered the Charity Commissions guidance on public benefit.

**ONE PLACE EAST
REPORT OF THE TRUSTEES (Continued)
FOR THE YEAR ENDED 31 MARCH 2023**

Statement of Trustees' Responsibilities

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the net incoming resources of the charity for that period. In preparing those financial statements, the Trustees are required to:-

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis and in accordance with applicable accounting standards

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to disclosure of information to auditors

So far the trustees are aware, there is no relevant audit information (as defined by Section 418 of the Companies Act 2006) of which the company's auditors are unaware, and each trustee has taken all the steps that he or she ought to have taken as a trustee in order to make himself or herself aware of any relevant audit information and to establish that the company's auditors are aware of that information.

A resolution proposing the reappointment of Fredericks Limited, Chartered Accountants, as auditors will be submitted at the Annual General Meeting.

Small Company Rules

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

On behalf of the Trustees

.....

M Crouch

Date: 26/11/23

ONE PLACE EAST LTD
REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS
FOR THE YEAR ENDED 31 MARCH 2023

Opinion

We have audited the financial statements of One Place East (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 13 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Report of the Trustees, but does not include the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

ONE PLACE EAST LTD
REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees Responsibilities set out on pages five and six, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect irregularities, including fraud. The risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below. However, the primary responsibility for the prevention and detection of fraud rests with both those charged with governance of the entity management.

Our approach was as follows:

- we reviewed meeting of minutes of those charged with governance.
- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the Company through discussions with management, and from our commercial knowledge and experience of the sector in which the Charity operates;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

We assessed the susceptibility of the Charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

ONE PLACE EAST LTD
REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates set out in note 1 were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- enquiring of management as to actual and potential litigation and claims; and
- reviewing correspondence with HMRC and any other relevant regulators as required.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the Directors and other management and the inspection of regulatory and legal correspondence, if any.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.



S.G. Duker (Senior Statutory Auditor)
for and on behalf of Fredericks Limited
Chartered Accountants
Statutory Auditors
106 Charter Avenue
Ilford, Essex
IG2 7AD

Date: 7/12/23

ONE PLACE EAST LTD
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
INCOME AND EXPENDITURE					
INCOMING RESOURCES					
Sundry income		5,827	-	5,827	30,027
Donations		6,640	-	6,640	1,064
Grants		-	433,084	433,084	368,406
Investment income		565	-	565	265
Activities for generating funds					
Fundraising income		-	-	-	-
		-----	-----	-----	-----
Total Income		£13,032	£433,084	£446,116	£399,762
		-----	-----	-----	-----
RESOURCES EXPENDED					
Charitable expenditure					
Cost of activities in furtherance of the charity's objects	5	(56,710)	(387,038)	(443,748)	(437,192)
		-----	-----	-----	-----
Total expenditure		£(56,710)	£(387,038)	£(443,748)	£(437,192)
		-----	-----	-----	-----
Net (deficit)/surplus for the year before transfers		(43,678)	46,046	2,368	(37,430)
Transfer between funds		58,101	(58,101)	-	-
		-----	-----	-----	-----
Net surplus/(deficit) surplus for the year after transfers		14,423	(12,055)	2,368	(37,430)
		-----	-----	-----	-----
Net movement in funds					
Funds brought forward		82,531	43,331	125,862	163,292
		-----	-----	-----	-----
Funds carried forward	10,11	£ 96,954	£ 31,276	£128,230	£125,862
		=====	=====	=====	=====

The notes on pages 12 to 16 form part of these financial statements.

**ONE PLACE EAST LTD
BALANCE SHEET
AS AT 31 MARCH 2023**

	Notes	£	2023 £	£	2022 £
Fixed assets					
Tangible fixed assets	7		-		-
Investments			-		-
			-----		-----
					-
Current assets					
Debtors	8	18,311		171,339	
Cash at bank and in hand		153,796		118,828	
		-----		-----	
		172,107		290,167	
Creditors: amounts falling due within one year	9	(43,877)		(164,305)	
		-----		-----	
Net current assets			128,230		125,862
			-----		-----
Net assets			£128,230		£125,862
			=====		=====
Funds:					
Unrestricted funds	10/11		96,954		82,531
Restricted funds	10/11		31,276		43,331
			-----		-----
Total Funds			£128,230		£125,862
			=====		=====

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD:



M. Crouch - Trustee

Date: 20/11/23

The notes on pages 12 to 16 form part of these financial statements.

1. Statutory information

One Place East Ltd is a private company and charity limited by guarantee registered in England and Wales. The company's registered number and registered address can be found on the company information page. The presentation currency is £ sterling.

1a. Accounting policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the Historical Cost Convention.

Incoming Resources

Grant income is accounted for on an accruals basis when the funding is considered definite. Otherwise it is accounted for when received. Donations and legacies income is accounted for on a received basis.

Allocation of Expenditure

Expenditure is accounted for on an accruals basis and is allocated within the Statement of Financial Activities to one of the following headings:-

- (i) Costs of generating funds comprise the costs associated with attracting voluntary income.
- (ii) Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities. It includes costs that can be allocated directly to that activity and those costs of an indirect nature necessary to support them.
- (iii) Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- (iv) All costs are allocated between the expenditure categories of the Statement of Financial Activities on the basis designed to reflect the use of the resource. Costs relating to staff are apportioned on a time spent basis, property costs are allocated by floor space, other costs are allocated with reference to an estimate of the resource usage.
- (v) Volunteer time is not accounted for in the financial statements.

Fixed Assets

Fixed assets are written off to the profit and loss account in the year expenditure is incurred.

Assets individually purchased in excess of £10,000 will be depreciated at a rate to be determined by the trustees if such expenditure is made.

Fund Accounting

Funds held by the charity are either:-

Unrestricted funds – these are funds which can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanations of the nature and purposes of each restricted fund and its income and expenditure is included in note 10 to the accounts.

ONE PLACE EAST LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

2. Sundry income relates to management charges rendered and charges for other services provided as well as a small number of donations.

2. a	Grants	Unrestricted Funds £	Restricted Funds £	Year ended 31.03.2023 £	Year ended 31.03.2022 £
	London Borough of Redbridge:				
	Commissioned service funding	-	79,963	79,963	79,963
	SLA - Run Up and Befriending	-	63,409	63,409	63,408
	- CCG	-	111,286	111,286	74,190
	- NELFT	-	79,623	79,623	40,009
	Other				
	National Lottery Community Fund	-	-	-	-
	Big Lottery Fund – Next Steps (2)	-	-	-	15,577
	City Bridge Trust	-	27,229	27,229	2,263
	London Community Fund	-	19,000	19,000	50,900
	Lloyds enable grant	-	-	-	-
	Training Stars	-	2,470	2,470	5,930
	ESFA	-	-	-	3,206
	Premises fund	-	8,000	8,000	-
	Disability festival	-	15,507	15,507	3,094
	CreateAbles	-	9,790	9,790	-
	HMRC	-	-	-	9,500
	Screwfix	-	3,476	3,476	-
	Access Foundation	-	4,575	4,575	-
	Other	-	8,756	8,756	20,366
		£ -	£433,084	£433,084	£368,406
3.	Investment income	£	£	£	£
	Interest receivable on cash deposits	565	-	565	265
		£565	£ -	£565	£ 265

4.	Payroll Costs	Year ended 31.03.2023 £	Year ended 31.03.2022 £
	The aggregate payroll costs were:-		
	Wages and salaries	256,264	234,134
	Social security costs	19,617	17,672
	Pension costs	4,965	4,614
		£280,846	£256,420

During the year no trustees were paid or received significant reimbursed expenses (2022: £Nil).

No employee received an annual remuneration in excess of £50,000. The total number of employees calculated on a full time equivalent basis during the year was 10 (2022: 10).

ONE PLACE EAST LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

5.	Charitable Expenditure	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
	Wages and salaries	30,315	225,949	256,264	234,134
	Social Security costs	-	19,617	19,617	17,672
	Pension costs	-	4,965	4,965	4,614
	Training and volunteer training	-	10,469	10,469	12,384
	Volunteers expenses	-	1,084	1,084	160
	Rent and property services	6,610	25,309	31,919	59,879
	Property management fees	1,249	10,000	11,249	18,512
	Meetings and events	269	-	269	9,473
	Telephone, fax and internet	650	6,651	7,301	4,828
	Printing, postage and stationery	87	4,337	4,424	2,452
	World Mental Health Day expenses	-	-	-	118
	Insurance	243	1,800	2,043	2,263
	Repairs and renewals	1,394	7,628	9,022	8,159
	Professional fees	7,381	10,870	18,251	14,743
	Recruitment costs	-	613	613	835
	Project costs	-	4,239	4,239	7,555
	Refreshments	244	-	244	296
	Publicity costs	-	1,628	1,628	2,330
	Participation fee	480	-	480	620
	Support costs (see note 6)	1,128	4,508	5,636	5,924
	Building costs	6,660	11,478	18,138	-
	Subcontract costs	-	35,893	35,893	30,241
		=====	=====	=====	=====
		£56,710	£387,038	£443,748	£437,192
		=====	=====	=====	=====
6.	Support Costs (Governance Costs)				
	Audit fees	860	1,185	2,045	3,224
	Payroll	65	3,323	3,388	2,530
	Bank charges	203	-	203	170
		-----	-----	-----	-----
		£1,128	£4,508	£5,636	£5,924
		=====	=====	=====	=====
7.	Tangible Fixed Assets				
	Cost				
	Brought forward and carried forward			£8,894	£8,894
				=====	=====
	Depreciation				
	Brought forward and carried forward			£8,894	£8,894
				=====	=====
	Net book value			£ -	£ -
				=====	=====
8.	Debtors				
	Trade debtors including grants receivable			17,847	171,339
	Other debtors			464	-
				-----	-----
				£18,311	£171,339
				=====	=====
9.	Creditors: Amounts falling due within one year				
	Taxation and Social Security			-	-
	Deferred grants			41,159	161,529
	Accruals			2,718	2,776
				-----	-----
				£43,877	£164,305
				=====	=====

ONE PLACE EAST LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

10. Restricted Funds

	Balance at 01.04.2022 £	Incoming Resources £	Resources Expended £	Transfers between Funds £	Balance at 31.03.2023 £
Revenue Funds					
One Place East					
- Commissioned Service	(413)	79,963	(66,897)	(9,000)	3,653
Befriending	47	34,000	(29,619)	(3,100)	1,328
Run Up	3,042	29,409	(26,462)	(2,672)	3,317
Next steps – Run up	-	-	-	-	-
Tea Bar	-	-	-	-	-
Dementia Befriending Service	80	-	-	-	80
City Bridge Trust	703	27,229	(27,986)	-	(54)
Isabelles Fund	360	-	-	-	360
Training Stars	-	2,470	(1,735)	(875)	(140)
Open voice	2,154	-	(38)	-	2,116
Annette – In memory donations	70	-	-	-	70
Ldn Community Response Fund	431	-	-	-	431
Ldn Community Response Fund (wave3)	4,142	-	(4,138)	-	4
Ldn Community Response Fund (wave5)	148	19,000	(18,606)	(540)	2
CCG	20,428	111,286	(111,980)	(19,734)	-
Nelft – Tender	11,639	79,623	(71,962)	(19,300)	-
Space – One place creative	500	-	(500)	-	-
Screwfix	-	3,476	(3,476)	-	-
Premises fund	-	8,000	(8,000)	-	-
Redbridge voluntary care	-	3,000	(21)	-	2,979
Tesco	-	1,000	(170)	-	830
Disability festival	-	4,257	(3,054)	-	1,203
Disability festival 2023	-	11,250	-	-	11,250
Ian Beever	-	215	-	-	215
Creatables	-	9,790	(5,145)	(2,040)	2,605
Technical assistance project	-	4,575	(3,548)	-	1,027
Experienced voices (Healthwatch)	-	995	(995)	-	-
Vision foundations	-	3,546	(2,706)	(840)	-
Total Restricted Funds	43,331	433,084	(387,038)	(58,101)	31,276
Unrestricted Funds					
Revenue Funds					
One Place East	82,531	13,032	(56,710)	58,101	96,954
Contractual commitments					
Designated fund (Premises)	-	-	-	-	-
	82,531	13,032	(56,710)	58,101	96,954
Total Funds	£125,862	£446,116	£(443,748)	£ -	£128,230

The transfer from restricted funds to unrestricted funds represents the apportionment of specific costs to projects. These costs are as stated in project budgets and other funding documents submitted to funders. During the year the trustees re-assessed contractual commitments in respect of staff and decided to un-designate funds.

11. Analysis of Net Assets Between Funds

	Net Assets £	Total 31.03.2023 £	Total 31.03.2022 £
Unrestricted Funds	£96,954	£96,954	£ 82,531
Restricted Funds	£31,276	£31,276	£43,331
Total Funds	£128,230	£128,230	£125,862

ONE PLACE EAST LTD
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023 (CONTINUED)

12. Limited Liability

One Place East is a company limited by guarantee. The Memorandum and Articles of Association restrict the liability of members on winding up to £1. In case of winding up none of the accumulated funds are distributable to the members, but shall be given, or transferred to, some other charitable institutions having similar objectives.

13. APB Ethical Standard – Provisions available for smaller entities

In common with many other businesses of our size and nature we use our auditors to assist in the preparation of the financial statements.

14. Related Party Transactions

There were no Related Party Transactions during the year.

15. Comparatives for the statement of financial activities

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Sundry income	30,027	-	30,027
Donations	1,064	-	1,064
Charitable activities			
Grants	-	368,406	368,406
Investment income	265	-	265
Total	31,356	368,406	399,762
EXPENDITURE ON			
Charitable activities	(114,161)	(323,031)	(437,192)
Total	(114,161)	(323,031)	(437,192)
NET(DEFICIT)/SURPLUS	(82,805)	45,375	(37,430)
RECONCILIATION OF FUNDS			
Total funds brought forward	139,319	23,973	163,292
Transfer between funds	26,017	(26,017)	-
(Deficit)/surplus for year	(82,805)	45,375	(37,430)
TOTAL FUNDS CARRIED FORWARD	£82,531	£43,331	£125,862