

HARMONIOUS LIVING

England & Wales · Charity number 1065653

Details

Status Registered

Legal form Charitable company

Company number [03431732](#)

Registered 1997-11-10

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: [1] TO PROMOTE PUBLIC EDUCATION IN THE FIELDS OF STRESS CONTROL, STRESS RELEASE AND RELAXATION; AND [11] TO PROMOTE GOOD PHYSICAL AND MENTAL HEALTH BY THE PROVISION OF SUCH EDUCATION.

Activities: To encourage greater awareness of the connections between the physical, mental and emotional aspects of ourselves and through the harmonious interaction of these elements to raise the spiritual understanding of individuals to a state of well-being; conducive to a loving peaceful and mutually supportive existence.

Classification

- **How:** Makes Grants To Organisations, Provides Services
- **What:** Education/training, Recreation
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** GREATER LONDON
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£1,844	£10,385	-	-
2024-02-29	£177	£10,540	-	-
2023-02-28	£7,970	£16,779	-	-
2022-02-28	£8,758	£20,241	-	-
2021-02-28	£9,023	£4,758	-	-

Trustees

Name	Role	Appointed
CHRISTINE HELEN MUNN		
Chance Jeffries		2020-10-18
IRENE LING		2013-07-12