

COMMUNITY ACTIVITIES PROJECT EALING (C.A.P.E.)

England & Wales · Charity number 1064778

Details

Other names CAPE

Status Registered

Legal form Charitable company

Company number [03386839](#)

Registered 1997-10-10

Register [View on the Charity Commission register](#)

Contact

Address 3 Montpelier Avenue
London
W5 2XP

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Activities

Objects: TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT IN EALING AND AREAS.

Activities: CAPE is a Charity based in the London Borough of Ealing, for people who experience severe and enduring mental health problems. We offer support services to clients with a range of conditions that are either severe, highly disabling, and/or psychotic in nature. Equality of opportunity is paramount within our work and we promote the rights of our clients to lead fulfilled lives in the community.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment
- **Who:** People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** EALING
- Ealing

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£675,491	£584,440	£321,068	12
2024-03-31	£625,533	£492,030	£230,017	9
2023-03-31	£480,571	£415,521	-	-
2022-03-31	£377,920	£390,046	-	-
2021-03-31	£414,325	£346,249	-	-

Trustees

Name	Role	Appointed
Ben Finlay		2024-04-29
Harkamaljit Has Dosanjh		2024-04-29
Michele Little		2019-04-25
Nicole Rinaldi		2021-01-29
Penny Kiernan		2022-11-07

COMMUNITY ACTIVITIES PROJECT EALING (C.A.P.E.)

England & Wales - Charity number 1064778

Accounts

**Community Activities
Project Ealing
(CAPE)**

**Report of the Trustees and Financial
Statements for the year ended 31st March
2025**

**REGISTERED COMPANY NUMBER: 03386839 (England and Wales)
REGISTERED CHARITY NUMBER: 1064778**

Community Activities Project Ealing (CAPE)

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Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025

The trustees who are also directors of the charitable company for the purposes of the Companies Act 2006, present their report with the financial statements of the charitable company for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

C Taylor	Resigned 29 July 2024
M M Little	
N Rinaldi	
A J Potter	Resigned 3 September 2025
P Kiernan	
H Dosanjh	
B P Finlay	

Company Secretary

M M Little

Angela Coton is the Chief Executive Officer of CAPE.

Charity number **1064778**

Company number **03386839 England and Wales**

Principal address and Registered Office

3 Montpelier Road
Ealing
London W5 2XP

Auditors

Johnsons, Chartered Accountants
Statutory Auditor
Ground Floor
1-2 Craven Road

Bankers

HSBC
46 The Broadway
Ealing
London W5 5JR

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

The trustees who are also directors of the charitable company for the purposes of the Companies Act 2006, present their report with the financial statements of the charitable company for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objective and aims

The charitable company's objectives are to benefit the community by the provision and safeguarding of mental health, the relief of psychosocial rehabilitation of persons suffering from mental disorders or ill health being primarily, but not exclusively, those who are ordinarily resident within the Borough of Ealing.

Our Vision, Mission and Values (Reviewed 2024)

Vision

A world where individuals experiencing complex and enduring mental ill health build their emotional resilience and can live a fulfilled life.

Mission

Through our strengths-based approach, commitment to co-production, and collaborative efforts, we strive to fill the gaps in mental health services and help individuals thrive.

Values

The following values guide our behavior and inform all our work:

1. **Collaborative.** We will work collaboratively with other people who share our vision. We will ensure user voice is at the heart of service design and evaluation.
2. **Nurturing.** We will create a supportive, caring environment where individuals feel safe, valued, and empowered to grow.
3. **Trust.** We will build and maintain strong, reliable relationships with service users, staff, partners and the community. We will be honest, transparent, and consistent in actions, ensuring people feel safe, respected, and confident in the support they receive.
4. **Bold.** We will take courageous action to challenge stigma, advocate for change and innovate in the way support is provided. It involves thinking creatively, taking risks when necessary, and standing up for the needs and rights of those affected by mental health issues, even when it's difficult or unpopular.

Our Strategic Objectives 2025-2029

1. **RAISE AWARENESS** of CAPE as a respected provider of mental health services, to enable us to attract the funding and support needed to help more people. We will deliver on our promises; promote our achievements; build relationships with funders and commissioners; and be visible at a strategic and political level.
2. **HELP MORE PEOPLE** with complex and enduring mental ill health including those who are neuro diverse, because the need for mental health services for people living with complex mental health is rising. We will provide high quality services by continuously reviewing our client group's needs and our effectiveness and impact. We will replicate our model and expand our services into neighboring boroughs where there is an identified need. We aim to expand into 2 additional boroughs over the next 5 years.
3. **REBRAND** - we will rebrand the organization and change our legal name to reflect our new identity, to improve our visibility and reputation with partners, commissioners, funders, clients and the wider population.
4. **DIVERSIFY INCOME** with a focus on generating unrestricted and sustainable income and creating a balanced blend of income of unrestricted fundraising and grant and commissioning mix.
5. **WORK IN PARTNERSHIP** with local health partners towards a zero-suicide society.
6. **RECRUIT & RETAIN TALENT.** We will create a culture where people thrive by providing opportunities for professional development, where people are paid well for their work and everyone feels valued.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

Internal Improvements

This year has been one of growth and consolidation at CAPE. We welcomed two new Trustees to our Board, each bringing valuable expertise that strengthens our governance and broadens our perspective. A Board-wide skills audit has further helped us identify priority areas for development, ensuring that we continue to evolve and plan strategically for the future.

We are proud to have become an accredited London Living Wage employer, underlining our commitment to fairness and equity. Alongside this, we conducted a wage review to ensure CAPE remains competitive within the sector, helping us to retain and attract talented staff. These steps have already had a positive impact, with staff retention improving significantly and enabling greater continuity and stability in our services.

Investment in our infrastructure has also been a priority. We have equipped our staff with new IT systems to support flexible working and ensure compliance, reliability, and resilience. We also worked collaboratively as a team to develop a new business plan and future vision, setting the direction for the years ahead. Our rebrand, including a new logo and visual identity, reflects our values of hope, kindness, nurturing, and ambition. Building on this, we have begun developing a new website and CRM system to modernize our operations and improve accessibility for our clients and partners.

Our small, collaborative team of psychological strengths-based practitioners and psychotherapists delivers bespoke, client-centered care. We work closely with local Mental Health Integrated Network Team (MINT) hubs, who are also our primary source of referrals. Through this partnership, we are able to provide wraparound support, consulting on both medical and occupational health issues as they arise.

Service Delivery

Our commitment to providing high-quality, compassionate mental health support remains at the heart of everything we do. We expanded our clinical team this year, which has allowed us to operate more efficiently and increase the number of volunteer psychotherapists and clients we can support.

Our staff continue to prioritize professional development, with our Psychological Strengths-Based Practitioners advancing their skills through Alice Springs Training. Safeguarding remains a core focus: we completed a full safeguarding audit and all staff undertook updated safeguarding training, ensuring that our services remain safe, responsive, and client centered.

We have also sought to improve the client's experience more directly. Following consultations with clients, we have committed to embedding their feedback into our delivery plans for the coming year. This includes creating more opportunities for social and confidence-building activities. A highlight of the year was our first Wellbeing Event, which received excellent feedback and is now set to become a regular part of our annual calendar, with a commitment to hold at least two such events each year.

Partnerships and Community

Strong partnerships are central to our approach and impact. We are proud to maintain excellent relationships with our funders, commissioners, and partner organizations who share our values and vision.

This year, our CEO took on the role of Chair of the Ealing Suicide Prevention Steering Group and continues to represent CAPE on a range of strategic partnerships. We are delighted to continue our collaborative work with CGL, where CAPE provides specialist mental health expertise to support women facing multiple challenges. We are equally proud to work alongside the NHS in ensuring that adults on Serious Mental Illness (SMI) registers are able to access physical health checks with their local GP — a vital step in tackling health inequalities.

Risk Management

CAPE takes a proactive and robust approach to managing risk across all areas of our work. We regularly review our risk register at Board level, ensuring that financial, operational, clinical, and reputational risks are identified early and managed effectively. Our governance structures, policies, and procedures are kept under regular review, and staff are trained to follow clear safeguarding and compliance frameworks. By embedding risk management into our day-to-day practice, we protect the wellbeing of our clients, staff, and volunteers, while safeguarding the long-term sustainability of the organization.

Community Activities Project Ealing (CAPE)

NEED, ACHIEVEMENT AND PERFORMANCE

Context of Our Work

Ealing continues to face a heavy burden of mental ill health, with little sign of easing. As of May 2024, more than 20,000 adults in the borough were living with a diagnosed mental health condition — broadly unchanged from the previous year. Referrals to community mental health services such as CAPE have remained high, rising slightly to over 12,000 in the past year.

Hospital admissions following self-harm remain a significant concern, with more than 3,400 people admitted — a figure consistent with 2023. Tragically, 103 residents died by suicide over the past year. While this is a marginal reduction from the previous year's total, Ealing still has one of the highest suicide rates of any London borough, underlining the scale and persistence of the challenge.

What We Have Done – Overview

Psychotherapy Services

This year, CAPE has continued to strengthen its psychotherapy offer, delivering a wide range of talking therapies tailored to clients with complex needs. We provided 192 hours of external clinical supervision to support 15 volunteer psychotherapists and carried out 72 hours of clinical assessments for 36 clients requiring intensive support. Our 17 fourth-year volunteer psychotherapy placements delivered an impressive 2,160 hours of psychotherapy, enabling us to meet growing demand. Alongside this, clients had access to a variety of specialist therapeutic groups, including 30 weeks of Behavioral Activation Therapy, 32 weeks of Interpersonal Effectiveness Group Therapy, 32 weeks of Compassion-Focused Group Therapy for Psychosis, and 10 months of Mentalization- Based Therapy. In total, group therapy opportunities were extended to around 80 clients ready to engage at this level, giving more people the chance to benefit from structured, evidence-based interventions.

Community Mental Health Activities

Beyond formal therapy, CAPE's community mental health activities have played a vital role in supporting recovery, resilience, and social connection. We supported 300 clients with complex mental health needs, delivering 600 hours of Recovery Star assessments to shape personalized care plans and 9,600 hours of one-to-one psychological support focused on individual goals. Group activities provided safe, creative, and supportive environments for growth and expression, including 288 hours of the long-standing Hearing Voices Group, 288 hours of Art & Wellbeing sessions led by a qualified art therapist, and 80 hours of Women's Movement Therapy exploring emotions through movement and bodywork. We also offered 96 hours of weekly stretch classes in partnership with The Movement Charity, 100 hours of client-led peer support, and 108 hours of rotating Creative Writing and Mindfulness/Meditation groups. Together, these activities not only built skills and confidence but also created opportunities for connection, belonging, and hope.

Measuring Our Impact

At CAPE, we are committed to measuring our impact in a way that is both rigorous and meaningful. We combine the use of recognized clinical measures and the Recovery Star with ongoing analysis of service data to track progress and outcomes. Equally important, we listen closely to the voices of our clients, using their feedback to shape and refine our services. This year, clients told us: *"CAPE has given me the tools to rebuild my confidence,"* and *"The support here makes me feel seen and understood for the first time in years."* By balancing data-driven insights with lived experience, we ensure that our services are not only effective but also truly responsive to the needs of those we support.

Funding Mix and Sustainability

Financial sustainability remains a cornerstone of our strategy. Over the past year, we have not only increased our overall income but also achieved a healthier funding mix. We are careful to avoid over-reliance on any single source of income, ensuring that CAPE remains resilient and adaptable in a changing environment. Alongside statutory funding, we are working to expand income from trading through our charity shop and from individual donations, building stronger connections with our local community. To underpin our ambitions and support delivery of our new business plan, we have also developed a comprehensive fundraising strategy that will guide our efforts in the years ahead.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

FINANCIAL REVIEW

Financial Position

Income for the year increased by 8% to £675,491 (2024: £625,533). Expenditure increased by 15% to £584,440 (2024: £492,030). There was a surplus of £91,051 (2024: £133,503) for the year.

CAPE continues to keep tight control of its costs. The harsher and more competitive funding environment during COVID, which limited CAPE's ability to diversify our funding streams, has now improved and we have seen new funding streams coming through in the year.

CAPE's reserves policy was reviewed in 2025 by CAPE Trustee Board

Although there are still significant risks and challenges in the current environment, we are confident that we will continue to manage our financial sustainability through continual monitoring of expenditure, impact measurement and control over resource allocations throughout the life of the Business Plan.

Reserves Policy

The Board of the Trustees reviews CAPE reserves policy regularly.

In the Board of Trustees' view, the Reserves should provide CAPE with adequate financial stability and the means for it to meet its objectives for the foreseeable future. The Board seeks to retain adequate reserves, determining what level they should be by reviewing (i) the sustainability of current and projected income as compared with (ii) projected expenditure required to enable CAPE to meet client needs and (iii) to meet any contingent costs associated with a forced reduction in activity. Overall, the Board seeks to maintain enough reserves to provide stability and flexibility as the economic and funding environment changes.

We continue to successfully manage stabilizing statutory income, and our voluntary/earned income continues to hold at planned levels. CAPE regularly reviews its contingency plans for how expenditure would be reduced in the event of significant shortfalls in projected income and any associated one-off costs.

Unrestricted Reserves carried forward on 31 March 2025 are £317,720 (2024: £173,295). Raising unrestricted funds and donations post the COVID pandemic and current economic environment was challenging but due to the success of CAPE's trading subsidiary and additional income from Montpellier has seen a much-improved position.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charitable company was registered as a charity on 10 October 1997. The charitable company was incorporated on 13 June 1997 as a company limited by guarantee of its members and not having share capital. The charitable company is governed by its Memorandum and Articles of Association.

Community Activities Project Ealing (CAPE)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

CAPE is governed by a management committee comprising of the Board of Trustees who are also directors of the charitable company. The minimum number of members of the management committee is three and there is currently no maximum number.

The Board meets every three months.

At each Annual General Meeting one-third of the Board members for the time being, or if their number is not three or a multiple of three, then the nearest number one-third shall retire from office. The Board members to retire in every year shall be those who have been longest in office since their last election.

It is the responsibility of the existing management committee to recruit new members although some of the activities can be delegated. CAPE seeks to ensure that the management committee has a diverse range of skills and experience to support its work.

The decision to search for and select a new Trustee is taken by the management committee who will agree and document the particular skills, experience and knowledge that the new Trustee should bring to the management committee.

The Chief Executive Officer will run an appropriate search process to identify potential candidates.

The candidates to be reviewed will be interviewed by a sub-committee of the management committee consisting of the CEO and two other Trustees, one of whom should normally be the Chair. The interviewers do not have to meet as a panel, and they can meet a candidate at separate times.

Candidates can be invited to a management committee meeting as an observer or meet other Trustees and/or members of staff informally to enable the candidate to establish whether they are still happy to be elected to be a Trustee.

Candidates will be asked in writing to confirm they have not been disqualified from acting as Trustees and they should consider and declare any current or potential conflicts of interest.

Candidate references will be taken up by the Chief Executive Officer.

Once a preferred candidate has been identified, this candidate is proposed to the management committee who will then make the final decision on appointment.

Induction and training of new trustees

On appointment the new Trustee should be provided with the:

- a) most recent CAPE annual report
- b) latest management accounts
- c) Memorandum and Articles of Association for CAPE
- d) minutes of the most recent management committee meetings

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2025: continued

Statement of Trustees' Responsibilities

The trustees (who are also the directors of COMMUNITY ACTIVITIES PROJECT EALING (CAPE) for the purposes of company law) are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to.

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in Charity SORP.
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue the business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;
- and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Johnsons Chartered Accountants, will be re-appointed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees and signed on its behalf by:



H Dosanjh

Date: 14 November 2025

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Opinion

We have audited the financial statements of Community Activities Project Ealing (CAPE) (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied is applicable law and the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

In our opinion the financial statements:

- (i) give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- (ii) have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- (iii) have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Report of the independent auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report on in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- (i) the information given in the Report of the trustees is inconsistent in any material respect with the financial statements; or
- (ii) the charitable company has not kept adequate accounting records; or
- (iii) the financial statements are not in agreement with the accounting records and returns; or
- (vi) we have not received all the information and explanations we require for our audit.

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the independent auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

In identifying and assessing potential risks related to irregularities, including fraud and non-compliance with laws and regulations, we conducted:

- Discussions with those charged with governance and those who review the charitable company's internal ethics and compliance reporting summaries, including those concerning investigations;
- Enquiries of management, including obtaining and reviewing supporting documentation concerning the charitable material policies and procedures relating to identifying, evaluating and complying with laws and regulations; whether they were aware of any instances of non-compliance relating to the detecting and responding to the risks of fraud; whether they have knowledge of any actual, suspected or alleged fraud; and the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;
- Our reviews of the charitable company's remuneration policies, and key drivers for remuneration and bonus levels;
- Our assessment of the influence of public officials over the operations of the charitable company including any material transactions with related parties and key individuals; and
- Discussions among the engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud. The engagement team includes the Audit Director and staff who have extensive experience of working with companies in the same sectors as the charitable company, and this experience was relevant to the discussion about where fraud risks may arise.

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Risks arising from legal and regulatory frameworks

We are also required to perform specific procedures to respond to the risk of management override. We also obtained an understanding of the legal and regulatory frameworks in which the charitable company operates, focusing on provisions of those areas that had a direct effect on the determination of material amounts and disclosures in the financial statements.

We did not identify any material audit matters related to the potential risk of fraud or non-compliance with laws and regulations from our work:

- (i) Reviewing management override of controls;
- (ii) Testing the appropriateness of journal entries and other accounting adjustments;
Assessing whether the judgements made in making accounting estimates are indicative of a potential bias;
- (iii) and
- (iv) Evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated our assessment of the relevant laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



J. Stuart Thomson MA CA MCT MCSI (Senior Statutory Auditor)
Johnsons Chartered Accountants
Ground Floor
1-2 Craven Road
Ealing
London, W5 2UA

Date: 17 November 2025

Community Activities Project Ealing (CAPE)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	<i>Total Funds 2024 £</i>
Income					
Donations and fundraising		145,525	-	145,525	128,484
Charitable activities		-	529,966	529,966	497,049
Total income		145,525	529,966	675,491	625,533
Expenditure:					
Charitable activities		-	584,440	584,440	492,030
Total expenditure		-	584,440	584,440	492,030
Net income/(expenditure)		145,525	(54,474)	91,051	133,503
Transfers between funds		(1100)	1,100	-	-
Net movement in funds		144,425	(53,374)	91,051	133,503
Reconciliation of funds					
Total funds brought forward		173,295	56,722	230,017	96,514
Total funds carried forward		317,720	3,348	321,068	230,017

Community Activities Project Ealing (CAPE)

Balance Sheet As at 31 March 2025

	Note	Unrestricted Fund	Restricted Fund	2025 Total Funds	2024 Total Funds
		£	£	£	£
Fixed assets					
Tangible Assets	6	12,880	3,348	16,228	12,771
Investments	7	1	-	1	1
		12,881	3,348	16,229	12,772
Current assets					
Debtors	8	33,347	-	33,347	31,014
Cash at bank and in hand		307,454	-	307,454	213,104
		340,801	-	340,801	244,118
Liabilities:					
Creditors: Amount falling due within one year	9	(35,962)	-	(35,962)	(26,873)
		304,839	-	304,839	217,245
Net current assets					
Total assets less current liabilities		317,720	3,348	321,068	230,017
Net Assets		317,720	3,348	321,068	230,017
Funds					
Restricted income funds	10			3,348	56,722
Unrestricted funds				317,720	173,295
Total Funds				321,068	230,017

The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustee on 14 November 2025 and were signed on its behalf by:



.....
H Dosanjh - Trustee



.....
M M Little - Trustee

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

The financial statements contain information about CAPE as an individual company and do not contain consolidated information as the parent of a group. The company is exempt under Section 399 of the Companies Act 2006 from the requirements to prepare consolidated financial statements as itself and its subsidiary undertaking are subject to the small companies regime.

Based on budgets and cash flow projections prepared, at the date of approving the financial statements, the trustees expect to have adequate resources to continue to operate for the foreseeable future. On this basis the financial statements have been prepared on the going concern basis.

1.2 Income

All income is recognized in the Statement of Financial Activities once the charitable company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.3 Expenditure

Expenses are recognized as soon as there is a legal or constructive obligation committing the charitable company to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.4 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property - Equally over the period of the lease

Kitchen equipment - 25% on reducing balance

Fixtures and fittings - 25% on reducing balance

Computer equipment - 25% on cost

1.5 Taxation

The charitable company is a registered charity and is exempt from all forms of taxation which are available to registered charities other than Value Added Tax. The charitable company is not registered for Value Added Tax. It is thus not able to recover input tax, where this is charged, and this tax is included with the relevant item of expenditure.

1.6 Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charitable company.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.7 Pensions

The charitable company operates a defined contributions scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. The pension cost charge represents contributions payable by the charitable company to the fund.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: *continued*

2 Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	Total 2025 £	Total 2024 £
Auditors' remuneration	7,560	7,080
Auditors' remuneration for non-audit work	-	-
Depreciation - owned assets	5,271	4,889
	<hr/> <hr/>	<hr/> <hr/>

3 Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor the year ended 31 March 2024.

Trustee's Expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor the year ended 31 March 2024.

4 Staff costs

The average number of employees during the year was as follows:

	2025	2024
Management	1	1
Operations	11	8
	<hr/> 12	<hr/> 9
	<hr/> <hr/>	<hr/> <hr/>

One employee received emoluments in excess of £60,000 in the year ended 31 March 2025 and for the year ended 31 March 2024.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

5 Comparative - Statement of Financial Activities for the Year Ended 31 March 2024

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Income			
<i>Donations and fundraising</i>	128,484	-	128,484
<i>Charitable activities</i>		497,049	497,049
<i>Other trading activities</i>	-	-	-
Total income	128,484	497,049	625,533
Expenditure:			
<i>Charitable activities</i>	-	492,030	492,030
Total expenditure	-	492,030	492,030
Net income/(expenditure)	128,484	5,019	133,503
Transfers between funds	-	-	-
Net movement in funds	128,484	5,019	133,503
Reconciliation of funds			
<i>Total funds brought forward</i>	44,811	51,703	96,514
Total funds carried forward	173,295	56,722	230,017

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

6 Tangible fixed assets

	Improvement to property	Fixtures and Fittings	Computer equipment	Total
	£	£	£	£
Cost:				
At 1 April 2024	4,602	32,034	15,842	52,478
Additions at cost	-	912	7,816	8,728
At 31 March 2025	4,602	32,946	23,658	61,206
Depreciation:				
At 1 April 2024	4,602	20,525	14,580	39,707
Charge for year	-	2,626	2,645	5,271
At 31 March 2025	4,602	23,151	17,225	44,978
Net book value:				
At 31 March 2025	-	9,795	6,433	16,228
<i>At 31 March 2024</i>	<i>-</i>	<i>11,509</i>	<i>1,262</i>	<i>12,771</i>

7 Fixed Asset Investments

	Shares in group undertakings £
Market Value	
At 1 April 2024 and 31 March 2025	1
Net Book Value	
At 1 April 2023 and 31 March 2024	1

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

CAPE Shops Ltd

Nature of business: Charity shop

	% holding		
Class of share: Ordinary	100		
Aggregate capital and		31.3.25	31.3.24
reserves		11,552	11,111
Profit for the year		441	(349)

CAPE acquired 100% of the issued share capital of CAPE Shops Ltd on 25 January 2012.

Cape Shops Ltd raises funds for the charitable company by running a charity shop.

The charity shop opened for business on 10 April 2013.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

8 Debtors	2025	2024
Due within one year:	£	£
Prepayments	8,100	3,250
Other debtors	25,247	27,764
	33,347	31,014

9 Creditors	2025	2024
Amounts falling due within one year:	£	£
Trade creditors	9,270	7,934
Other creditors	26,692	18,939
	35,962	26,873

10 Leasing agreements

The minimum lease payments under operating leases fall due as follows:

	2025	2024
	£	£
Within one year	45,938	44,600
Between one and five years	146,249	192,187
	192,187	236,787

At 31 March 2025, the charitable company has a lease commitment until 31 March 2029, subject to a break clause exercisable on 1 April 2025 and 1 April 2027.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

11 Movement in Funds

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted Funds	173,295	145,525	(1100)	317,720
Restricted Funds	56,722	(54,474)	1,100	3,348
Total Funds	230,017	91,051	1,100.00	321,068

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted Funds	145,525	-	145,525
Restricted Funds	529,966	(584,440)	(54,474)
Total Funds	675,491	(584,440)	91,051

Restricted Funds comprise:	At 1.4.24	Incoming Resources	Resources Expended	Transfers from Unrestricted Funds	At 31.3.25
	£	£	£	£	£
London Borough of Ealing	-	301,550	(301,550)	-	-
Lloyds Bank Foundation	4,463	-	(1,115)	-	3,348
Industrial Therapy Organization	-	40,000	(40,000)	-	-
National Lottery	52,259	112,884	(165,143)	-	-
Change Grow Live	-	43,533	(43,533)	-	-
City Bridge	-	32,000	(32,000)	-	-
	56,722	529,967	(583,341)	-	3,348

Restricted Fund Asset split:	Fixed Assets	Debtors	Current assets	Creditors	At 31.3.25
	£	£	£	£	£
Lloyds Bank Foundation	3,348	-	-	-	3,348
	3,348	-	-	-	3,348

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

11 Movement in Funds - Continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted Funds	44,811	128,484	173,295
Restricted Funds	51,703	5,019	56,722
Total Funds	96,514	133,503	230,017

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	128,484	0	128,484
Restricted Funds	497,049	(492,030)	5,019
Total Funds	625,533	(492,030)	133,503

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted Funds	44,811	274,009	(1,100)	317,720
Restricted Funds	51,703	(49,455)	1,100	3,348
Total Funds	96,514	224,554	-	321,068

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	274,009	-	274,009
Restricted Funds	1,027,015	(1,076,470)	(49,455)
Total Funds	1,301,024	(1,076,470)	224,554

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2025: continued

11 Movement in Funds - Continued

Unrestricted funds are made up of funds raised through donations and from fundraising events, as well as donations from the charitable company's trading subsidiary Cape Shops Ltd.

The restricted funds comprise of:

a) the mental health contract and grant for the provision of personal social care services for people suffering from mental health problems in the London Borough of Ealing.

b) grants and donations received from Industrial Therapy Organisation (Thames) Ltd, Change Grow Live, National Lottery fund and City Bridge to cover staff and other costs for provision of services to people with mental health problems in the London Borough of Ealing.

12 Related party disclosures

During the year the charitable company received a donation of £10,600 (2024: £20,611) from Cape Shops Limited.

The charitable company charged CAPE Shops Ltd a management charge of £6,000 during the year (2023: £6,000).

13 Liability of Members

The liability of each member is limited to £1 in the event of the company being wound up.

14 Post balance sheet events

There are no post balance sheet events to report on.

15 Controlling party

There is no controlling party.

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2025

	2025 £	2024 £
Income		
Donations and fundraising	145,525	128,484
Charitable activities		
Contract with London Borough of Ealing	226,050	173,699
Grant from London Borough of Ealing	75,500	115,062
Industrial Therapy Organisation (Thames) Ltd Grant	40,000	30,000
Change Grow Live	43,533	40,712
National Lottery	112,883	137,576
City of London	32,000	-
	529,966	497,049
Total incoming resources	675,491	625,533
Expenditure:		
Charitable activities		
Salaries	351,807	300,264
Social security costs	28,618	23,510
Pension contributions	12,316	15,395
Contract staff hire	25,888	16,042
Light, heat and water	22,301	17,226
Telephone	25,487	5,491
Postage and stationery	8,639	7,850
Travelling	2,449	1,631
Insurance	4,441	4,715
Office and kitchen cleaning	10,666	8,234
Activities	1,843	8,189
Repairs	1,217	759
Recruitment and Training	12,240	12,600
Payroll bureau fees	633	572
Bank charges	219	240
Rent	44,600	42,911
Subscriptions	4,054	6,705
Sundries	14,192	7,729
Carried forward	571,609	480,061

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2025

	2025 £	2024 £
Charitable activities		
Brought forward	571,609	480,061
Improvements to property	-	0
Depreciation of fixtures and fittings	2,626	4,198
Depreciation of computer equipment	2,645	691
	576,880	484,950
Support costs		
Governance costs		
Legal Fees	-	-
Auditors' remuneration	7,560	7,080
Other Accountancy Fees	-	-
	7,560	7,080
Total resources expended	584,440	492,030
Net Income/(expenditure)	91,051	133,503

COMMUNITY ACTIVITIES PROJECT EALING (C.A.P.E.)

England & Wales - Charity number 1064778

Accounts

**Community Activities
Project Ealing
(CAPE)**

**Report of the Trustees and Financial
Statements for the year ended 31st March
2024**

**REGISTERED COMPANY NUMBER: 03386839 (England and Wales)
REGISTERED CHARITY NUMBER: 1064778**

Community Activities Project Ealing (CAPE)

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Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

C Taylor	Resigned 29 July 2024
M M Little	
V Angra	Resigned 28 July 2023
N Rinaldi	
A J Potter	
P Kiernan	Appointed 29 April 2024
H Dosanjh	Appointed 29 April 2024
B P Finlay	Appointed 29 April 2024

Company Secretary

M M Little

Angela Coton is the Chief Executive Officer of CAPE.

Charity number **1064778**

Company number **03386839 England and Wales**

Principal address and Registered Office

3 Montpelier Road
Ealing
London W5 2XP

Auditors

Johnsons, Chartered Accountants
Statutory Auditor
Ground Floor
1-2 Craven Road

Bankers

HSBC
46 The Broadway
Ealing
London W5 5JR

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objective and aims

The company's objects are to benefit the community by the provision and safeguarding of mental health, the relief of psychosocial rehabilitation of persons suffering from mental disorders or ill health being primarily, but not exclusively, those who are ordinarily resident within the Borough of Ealing.

Our Vision, Missions and Values (Reviewed 2020)

Vision A world where individuals experiencing complex and enduring mental ill health build their emotional resilience and can live a fulfilled life.

Mission

1. Provide psychotherapy services via a one-to-one basis or group therapy to individuals with complex mental health issues who experience barriers accessing talking therapies or other acute mental health services.
2. Provide focused strength based emotional therapeutic services on a one-to-one basis, enabling and empowering individuals to determine their own pathways and solutions to reach their goals.
3. Connect individuals to people, places, services and communities that support their sense of self and choices.
4. Develop partnerships through co-production with other organisations, to map essential connections and pathways and develop further the ability to signpost.

Values

The following values guide our behaviour and inform all our work:

1. Value the potential of each individual. Their skills, capacity, knowledge, potential and connections to live the life they choose.
2. Promote collaborative models of working for individuals – enabling the client to become their own co-producer of positive mental health.
3. Safeguard each individual story – recognising the strengths and resilience of each story.
4. Support prevention and independence – by promoting possibilities and solutions that enable and empower individuals to determine their own pathways.

Our Strategic Objectives 2020-2024

After in depth review of CAPE's work over the previous years, and of the external environment and challenges it faces, the trustees have developed the following four strategic objectives for the period 2020-2024:

1. To continue the transition to a new blended service model which focuses on one-to-one strength based/therapy and an appropriate balance between outreach, building based, and on-line individual and group work.
2. To provide high quality services by continuously reviewing our client group needs and our effectiveness and impact.
3. To positively influence our external marketplace to ensure that best practice is delivered.
4. To ensure that we are well managed, and we have sufficient resources and skills to meet our strategic objectives.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2024: continued

OBJECTIVES AND ACTIVITIES

We are delighted to report that the transition towards a more structured professional service from our new premises at Montpelier Avenue has been successful. We are proud to deliver our services from high quality premises, that makes our clients feel valued and respected. Our lease runs until 31 March 2029.

Cape offers a unique, holistic service to individuals with severe and complex mental health disorders. Cape accepts referrals from a range of local mental health services where client/patient access is limited by narrow exclusion criteria. Working with all adult mental health presentations, Cape aims to bridge the gaps in service provision between in-patient care, statutory mental healthcare and social care, effectively reducing the need for all three. As a small, collaborative team of psychological strengths-based practitioners and psychotherapists, working in synergy, Cape confidently delivers a bespoke service to each individual client. Our primary sources of referrals – the local Mental Health Integrated Network Team (MINT) hubs – are also our partners in providing a wraparound service. We liaise and consult with MINT on medical & occupational health issues as they arise. Having a strong relationship with local psychotherapy training institutes, Cape offers a mutually beneficial placement opportunity for final-year trainee psychotherapists. Having secured further funding, we successfully grew the psychotherapy service from 9 to 16 therapists providing 48 sessions/week up from 27. Cape has been leading on co-production projects, giving voice to those affected and bereaved by suicide, and to people whose physical health needs are neglected due to their severe mental illness. In collaboration with the local council, we set up suicide support groups, and working with local GPs, we helped over 150 Ealing residents with severe mental illness attend medical appointments they would otherwise have missed. We believe our success is due in part to the diversity of the team, appropriately reflecting the diversity of the community we serve, along with the dedication of our board of trustees, providing crucial governance, overseeing our strategies and operations.

Risk Management

The Board of Trustees, with the support of the CEO, regularly reviews significant risks to the organisation and maintain a risk register. The sub-committees (HR & Finance, Risk & Compliance, Strategic Development & Fundraising) support the charities Governance arrangements and risk management.

Access to sustainable funding continues to be a long term risk. This year we have secured 3-years revenue funding, meaning our current programme of services is fully funded until 2027. We have expanded the number of funding streams, reducing our over reliance on a single source of income. With continued success in generating unrestricted income through our charity shop and therapy room hire we continue to build unrestricted income and reserves.

Attracting and retaining talent to the organisation is another key risk. We have conducted a skills audit of the Board and are embarking on a targeted recruitment campaign to attract at least 2 new trustees with the right skills to compliment our existing Board. After 6 years in post, our CEO, Tracy Harrington has resigned and we have successfully appointed a replacement, following a rigorous recruitment process. We have recruited 3 new practitioners to the team and will be exploring how we can retain them in the workforce. The new CEO will be leading on the development of a new strategic plan, ensuring we remain focused on our purpose and are able to measure our impact.

Delivering public benefit

Providing community benefit refers to actions, programs, or services that directly contribute to the well-being and improvement of a community. These activities are designed to address specific needs, reduce health and social disparities, and enhance the quality of life for our clients.

Our services have:

Improved access to essential services such as healthcare, housing advice, debt and welfare rights

Supported vulnerable or underserved populations, including those with low income, disabilities, or chronic health conditions.

Strengthened community resources through partnerships, education, advocacy, and outreach.

Our aim is to create positive social impact, reduce inequalities, and foster a healthier, more resilient community.

Our Trustees have due regard to the Charity Commission guidance on public benefit. CAPE is an independent charity as well as a company limited by guarantee.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2024: continued

OBJECTIVES AND ACTIVITIES

NEED, ACHIEVEMENT AND PERFORMANCE

There are over 20,400 adults with a mental health diagnoses in Ealing (May 2023) with over 11,800 being referred to a community mental health service, such as Cape in the year. Over 3,500 people were admitted to hospital for self harming. 105 people died by suicide in the year, Ealing having the 4th highest rate of suicide across London boroughs. Mental health disorders are widespread, affecting a significant portion of the population. Recent surveys indicate that one in four people will experience a mental health problem each year. Despite long waiting times for many health services, we are pleased to report that once a referral has been accepted by Cape, clients can access our services within 14 days on average. We continue to see a rise in the number of referrals made to Cape with most clients reporting that they have been let down by statutory services either by languishing on long waiting lists or by the quality of the support provided. We are proud that our clients can access up to 12 months therapy and uncapped Psychological support at no cost.

London Borough of Ealing.

4,576 people were registered with their GP as having psychoses in 2015/16. Ealing has a significantly higher proportion of patients on a GP register recorded as having psychosis compared with England. These numbers were predicted to rise over the next five years by approximately 0.4% per year. Over 50% of CAPE Clients have a diagnosis of schizophrenia and 100% have multiple diagnoses.

CAPE have been working alongside our statutory partners in the development of a Joint Strategic Needs Assessment 23-27 and Mental Health and Wellbeing Strategy 23-27 for the borough of Ealing.

CAPE in this financial year has provided **3,840** individual strength-based one to one sessions and over **2,340** hours of psychotherapy and **960** hours of therapy groups to **223** clients with complex needs. CAPE received 165 new referrals and accepted 143 new clients. We continue to provide a full time Mental Health Recovery Worker to the Women's Wellness Zone in Southall. We also provided a full time Mental Health Worker to support patients with complex mental health needs to access physical health checks and vaccinations in partnership with a number of local GP surgeries.

Funding

Securing long term, sustainable funding is always a challenge in the voluntary sector, however this year we have successfully secured 3 years revenue funding, to sustain our current work programme. This stability now provides an opportunity for Cape to develop strategies for growing our unrestricted and sustainable income streams over the coming 18 months.

We continue to build good relationships with our commissioners and funders and are building a reputation for delivering high quality mental health services for the most complex of clients. We contribute fully to developing community mental health strategies including the Ealing Mental Health Strategy and Ealing Suicide Prevention Strategy. We are pleased to report that funding was secured from The National Lottery, enabling us to strengthen our free therapeutic services for adults with complex mental health.

Our charity shop continues to perform well, seeing a steady increase in sales and gift aid recovered. We have also seen a steady rise in income generated through room hire at our premises on Montpelier Avenue, to private therapists.

Our open market funding has gone from strength to strength with an increase in sales of 15% through our trading arm.

CAPE will continue to seek funding to support the following:

1. Focused therapeutic services for clients with enduring mental health issues (not previously provided for by West London NHS Trust).
2. Empowerment through strengths-based working and coaches.
3. Signposting for the essential social interaction, life skills, and reconnection to people, services, and communities.
4. Partnerships to provide specific services - employment and enterprise, support to vulnerable women, suicide prevention
5. Building partnerships through co-production to ensure appropriate signposting and the development of the essential connections and pathways where it is identified with service users that there are gaps.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2024: continued

FINANCIAL REVIEW

Financial Position

Income for the year increased by 30% to £625,533 (2023: £480,571). Expenditure increased by 18% to £492,030 (2023: £415,521). There was a surplus of £133,503 (2023: £65,050) for the year.

CAPE continues to keep a tight control of its costs. The harsher and more competitive funding environment during COVID which limited CAPE's ability to diversify our funding streams has now improved and we have seen new funding streams coming through in the year.

CAPE's reserves policy was reviewed in 2022 by CAPE Trustee Board as expressed within our business plan 2020-2024.

Although there are still significant risks and challenges in the current environment, we are confident that we will continue to manage our financial sustainability through continual monitoring of expenditure, impact measurement and control over resource allocations through the life of the Business Plan.

Reserves Policy

The Board of the Trustees reviews CAPE reserves policy regularly.

In the Board of Trustees' view, the Reserves should provide CAPE with adequate financial stability and the means for it to meet its objectives for the foreseeable future. The Board seeks to retain adequate reserves determining what level they should be by reviewing (i) the sustainability of current and projected income as compared with (ii) projected expenditure required to enable CAPE to meet client need and (iii) to meet any contingent costs associated with a forced reduction in activity. Overall, the Board seeks to maintain enough reserves to provide stability and flexibility as the economic and funding environment changes.

We continue to successfully manage stabilising statutory income and our voluntary/earned income continues to hold at planned levels. CAPE regularly reviews its contingency plans for how expenditure would be reduced in the event of significant shortfalls in projected income and any associated one-off costs.

Unrestricted Reserves carried forward at 31 March 2024 are £173,295 (2023: £44,811). Raising unrestricted funds and donations post the COVID pandemic and current economic environment was challenging but due to the success of CAPE's trading subsidiary and additional income from Montpelier has seen a much improved position.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company was registered as a charity on 10 October 1997. The company was incorporated on 13 June 1997 as a company limited by guarantee of its members and not having a share capital. The company is governed by its Memorandum and Articles of Association.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2024: continued

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

CAPE is governed by a management committee comprising of the Board of Trustees who are also directors of the company. The minimum number of members of the management committee is three and there is currently no maximum number.

The Board meets every three months.

At each Annual General Meeting one-third of the Board members for time being, or if their number is not three or a multiple of three, then the number nearest one-third shall retire from office. The Board members to retire in every year shall be those who have been longest in office since their last election.

It is the responsibility of the existing management committee to recruit new members although some of the activities can be delegated. CAPE seeks to ensure that the management committee has a diverse range of skills and experience to support its work.

The decision to search for and select a new Trustee is taken by the management committee who will agree and document the particular skills, experience and knowledge that the new Trustee should bring to the management committee.

The Chief Executive Officer will run an appropriate search process to identify potential candidates.

The candidates to be reviewed will be interviewed by a sub-committee of the management committee consisting of the CEO and two other Trustees one of whom should normally be the Chair. The interviewers do not have to meet as a panel and they can meet a candidate at separate times.

Candidates can be invited to a management committee meeting as an observer or meet other Trustees and/or members of staff informally to enable the candidate to establish whether they are still happy to be elected to be a Trustee.

Candidates will be asked in writing to confirm they have not been disqualified from acting as Trustees and they should consider and declare any current or potential conflicts of interest.

Candidate references will be taken up by the Chief Executive Officer.

Once a preferred candidate has been identified, this candidate is proposed to the management committee who will then make the final decision on appointment.

Induction and training of new trustees

On appointment the new Trustee should be provided with the:

- a) most recent CAPE annual report
- b) latest management accounts
- c) Memorandum and Articles of Association for CAPE
- d) minutes of the most recent management committee meetings

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2024: continued

Statement of Trustees Responsibilities

The trustees (who are also the directors of COMMUNITY ACTIVITIES PROJECT EALING (CAPE) for the purposes of company law) are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;
- and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Johnsons, Chartered Accountants, will be re-appointed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 21 November 2024 and signed on its behalf by:



M M Little - Company Secretary

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Opinion

We have audited the financial statements of Community Activities Project Ealing (CAPE) (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of financial activities, the Balance sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied is applicable law and the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006.

In our opinion the financial statements:

- (i) give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- (ii) have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- (iii) have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Report of the independent auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- (i) the information given in the Report of the trustees is inconsistent in any material respect with the financial statements; or
- (ii) the charitable company has not kept adequate accounting records; or
- (iii) the financial statements are not in agreement with the accounting records and returns; or
- (vi) we have not received all the information and explanations we require for our audit.

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the independent auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

Identification and assessment of potential risks

In identifying and assessing potential risks related to irregularities in identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we conducted:

- Discussions with those charged with governance and those who review the charitable company's internal ethics and compliance reporting summaries, including those concerning investigations;
- Enquiries of management, including obtaining and reviewing supporting documentation, concerning the charitable material policies and procedures relating to identifying, evaluating and complying with laws and regulations; whether they were aware of any instances of non-compliance relating to the detecting and responding to the risks of fraud; whether they have knowledge of any actual, suspected or alleged fraud; and the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;
- Our reviews of the charitable company's remuneration policies, and key drivers for remuneration and bonus levels;
- Our assessment of the influence of public officials over the operations of the charitable company including any material transactions with related parties and key individuals; and
- Discussions among the engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud. The engagement team includes the Audit Director and staff who have extensive experience of working with companies in the same sectors as the charitable company, and this experience was relevant to the discussion about where fraud risks may arise.

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Risks arising from legal and regulatory frameworks

We are also required to perform specific procedures to respond to the risk of management override. We also obtained an understanding of the legal and regulatory frameworks in which the charitable company operates, focusing on provisions of those areas that had a direct effect on the determination of material amounts and disclosures in the financial statements.

We did not identify any material audit matters related to the potential risk of fraud or non-compliance with laws and regulations from our work:

- (i) Reviewing management override of controls;
- (ii) Testing the appropriateness of journal entries and other accounting adjustments;
Assessing whether the judgements made in making accounting estimates are indicative of a potential bias;
- (iii) and
- (iv) Evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated our assessment of the relevant laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Edmund Cartwright FCCA FMAAT
Johnsons, Chartered Accountants
Statutory Auditor
Ground Floor
1-2 Craven Road
Ealing
London, W5 2UA

Date: 21st November 2024.....

Community Activities Project Ealing (CAPE)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	<i>Total Funds 2023 £</i>
Income					
Donations and fundraising		128,484	-	128,484	<i>109,848</i>
Charitable activities		-	497,049	497,049	<i>370,723</i>
Total income		128,484	497,049	625,533	480,571
Expenditure:					
Charitable activities		-	492,030	492,030	<i>415,521</i>
Total expenditure		-	492,030	492,030	415,521
Net income/(expenditure)		128,484	5,019	133,503	65,050
Transfers between funds		-	-	-	-
Net movement in funds		128,484	5,019	133,503	65,050
Reconciliation of funds					
Total funds brought forward		44,811	51,703	96,514	<i>31,464</i>
Total funds carried forward		173,295	56,722	230,017	96,514

Community Activities Project Ealing (CAPE)

Balance Sheet As at 31 March 2024

	Note	Unrestricted Fund	Restricted Fund	2024 Total Funds	2023 Total Funds
		£	£	£	£
Fixed assets					
Tangible Assets	6	8,308	4,463	12,771	10,084
Investments	7	1	-	1	1
		8,309	4,463	12,772	10,085
Current assets					
Debtors	8	20,836	10,178	31,014	25,903
Cash at bank and in hand		160,845	52,259	213,104	72,805
		181,681	62,437	244,118	98,708
Liabilities:					
Creditors: Amount falling due within one year	9	(16,695)	(10,178)	(26,873)	(12,279)
Net current assets		164,986	52,259	217,245	86,429
Total assets less current liabilities		173,295	56,722	230,017	96,514
Net Assets		173,295	56,722	230,017	96,514
Funds					
Restricted income funds	10			56,722	51,703
Unrestricted funds				173,295	44,811
Total Funds				230,017	96,514

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006, for the year ended 31 March 2023. The members have not deposited a notice, pursuant to section 476 of the Companies Act 2006, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 21 November 2024 and were signed on its behalf by:



.....
M M Little - Trustee



.....
N Rinaldi - Trustee

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

Based on budgets and cash flow projections prepared, at the date of approving the financial statements, the trustees expect to have adequate resources to continue to operate for the foreseeable future. On this basis the financial statements have been prepared on the going concern basis.

1.2 Income

All income is recognised in the Statement of Financial Activities once the charitable company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.3 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.4 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- Equally over the period of the lease
Kitchen equipment	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on cost

1.5 Taxation

The company is a registered charity and is exempt from all forms of taxation which are available to registered charities other than Value Added Tax. The charity is not registered for Value Added Tax. It is thus not able to recover input tax, where this is charged, and this tax is included with the relevant item of expenditure.

1.6 Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.7 Pensions

The company operates a defined contributions scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024: *continued*

2 Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	Total 2024 £	Total 2023 £
Auditors' remuneration	7,080	2,760
Auditors' remuneration for non-audit work	-	-
Depreciation - owned assets	4,889	3,875
	<u> </u>	<u> </u>

3 Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor the year ended 31 March 2023.

Trustee's Expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor the year ended 31 March 2023.

4 Staff costs

The average number of employees during the year was as follows:

	2024	2023
Management	1	1
Operations	8	9
	<u> </u>	<u> </u>
	9	10
	<u> </u>	<u> </u>

One employee received emoluments in excess of £60,000 in the year ended 31 March 2024 but none for the year ended 31 March 2023.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024: continued

5 Comparative - Statement of Financial Activities for the Year Ended 31 March 2023

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Income			
<i>Donations and fundraising</i>	109,848	-	109,848
<i>Charitable activities</i>		370,723	370,723
<i>Other trading activities</i>	-	-	-
Total income	109,848	370,723	480,571
Expenditure:			
<i>Charitable activities</i>	43,075	372,446	415,521
Total expenditure	43,075	372,446	415,521
Net income/(expenditure)	66,773	(1,723)	65,050
Transfers between funds	(27,680)	27,680	-
Net movement in funds	39,093	25,957	65,050
Reconciliation of funds			
<i>Total funds brought forward</i>	5,718	25,746	31,464
Total funds carried forward	44,811	51,703	96,514

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024: continued

6 Tangible fixed assets

	Improvement to property £	Fixtures and Fittings £	Computer equipment £	Total £
Cost:				
At 1 April 2023	4,602	25,800	14,500	44,902
Additions at cost	-	6,234	1,342	7,576
At 31 March 2024	4,602	32,034	15,842	52,478
Depreciation:				
At 1 April 2023	4,602	16,327	13,889	34,818
Charge for year	-	4,198	691	4,889
At 31 March 2024	4,602	20,525	14,580	39,707
Net book value:				
At 31 March 2024	-	11,509	1,262	12,771
<i>At 31 March 2023</i>	<i>-</i>	<i>9,473</i>	<i>611</i>	<i>10,084</i>

7 Fixed Asset Investments

	Shares in group undertakings £
Market Value	
At 1 April 2023 and 31 March 2024	1
Net Book Value	
At 1 April 2023 and 31 March 2024	1

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

CAPE Shops Ltd

Nature of business: Charity shop

	% holding		
Class of share: Ordinary	100		
		31.3.24	31.3.23
Aggregate capital and reserves		11,111	11,461
Profit for the year		(349)	6,489

CAPE acquired 100% of the issued share capital of CAPE Shops Ltd on 25 January 2012.

The company raises funds for the charity by running a charity shop.

The charity shop opened for business on 10 April 2013.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024: continued

8 Debtors	2024	2023
Due within one year:	£	£
Prepayments	3,250	3,250
Other debtors	27,764	22,653
	31,014	25,903

9 Creditors	2024	2023
Amounts falling due within one year:	£	£
Trade creditors	7,934	8,533
Other creditors	18,939	3,746
	26,873	12,279

10 Leasing agreements

The minimum lease payments under operating leases fall due as follows:

	2024	2023
	£	£
Within one year	44,600	42,000
Between one and five years	-	44,600
	44,600	86,600

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024: continued

11 Movement in Funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted Funds	44,811	128,484	-	173,295
Restricted Funds	51,703	5,019	-	56,722
Total Funds	96,514	133,503	-	230,017

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted Funds	128,484	-	128,484
Restricted Funds	497,049	(492,030)	5,019
Total Funds	625,533	(492,030)	133,503

Restricted Funds comprise:	At 1.4.23	Incoming Resources	Resources Expended	Transfers from Unrestricted Funds	At 31.3.24
	£	£	£	£	£
London Borough of Ealing	32,000	288,761	(320,761)	-	-
Lloyds Bank Foundation	19,703	-	(15,240)	-	4,463
Industrial Therapy Organisation	-	30,000	(30,000)	-	-
National Lottery	-	137,576	(85,317)	-	52,259
Change Grow Live	-	40,712	(40,712)	-	-
	51,703	497,049	(492,030)	-	56,722

Restricted Fund Asset split:	Fixed Assets	Debtors	Current assets	Creditors	At 31.3.24
	£	£	£	£	£
Lloyds Bank Foundation	4,463	-	-	-	4,463
Change Grow Live	-	10,178	-	(10,178)	-
National Lottery	-	-	52,259	-	52,259
	4,463	10,178	52,259	(10,178)	56,722

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024: continued

11 Movement in Funds - Continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted Funds	5,718	39,093	44,811
Restricted Funds	25,746	25,957	51,703
Total Funds	31,464	65,050	96,514

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	109,848	(43,075)	66,773
Restricted Funds	370,723	(372,446)	(1,723)
Total Funds	480,571	(415,521)	65,050

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted Funds	5,718	195,257	(27,680)	173,295
Restricted Funds	25,746	3,296	27,680	56,722
Total Funds	31,464	198,553	-	230,017

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	238,332	(43,075)	195,257
Restricted Funds	867,772	(864,476)	3,296
Total Funds	1,106,104	(907,551)	198,553

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2024: continued

11 Movement in Funds - Continued

Unrestricted funds are made up of funds raised through donations and from fundraising events, as well as donations from the charity's trading subsidiary Cape Shops Ltd.

The restricted funds comprise of:

a) the mental health contract and grant for the provision of personal social care services for people suffering from mental health problems in the London Borough of Ealing.

b) grants and donations received from Industrial Therapy Organisation (Thames) Ltd, Change Grow Live, Lloyds Bank Foundation, Independent Age and National Lottery fund to cover staff and other costs for provision of services to people with mental health problems in the London Borough of Ealing.

12 Related party disclosures

During the year the charity received a donation of £20,611 (2023: £29,725) from Cape Shops Limited.

The charity charged CAPE Shops Ltd a management charge of £6,000 during the year (2023: £6,000).

13 Liability of Members

The liability of each member is limited to £1 in the event of the company being wound up.

14 Post balance sheet events

There are no post balance sheet events to report on.

15 Controlling party

There is no controlling party.

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2024

	2024 £	2023 £
Income		
Donations and fundraising	128,484	109,848
Charitable activities		
Contract with London Borough of Ealing	173,699	171,397
Grant from London Borough of Ealing	115,062	96,100
Industrial Therapy Organisation (Thames) Ltd Grant	30,000	26,431
Change Grow Live	40,712	40,712
National Lottery	137,576	-
Lloyds Bank Foundation	-	36,083
	497,049	370,723
Total incoming resources	625,532	480,571
Expenditure:		
Charitable activities		
Salaries	300,264	247,311
Social security costs	23,510	18,076
Pension contributions	15,395	18,393
Contract staff hire	16,042	12,642
Light, heat and water	17,226	13,015
Telephone	5,491	5,244
Postage and stationery	7,850	7,697
Travelling	1,631	2,437
Insurance	4,715	4,533
Office and kitchen cleaning	8,234	3,904
Activities	8,189	2,706
Repairs	759	3,894
Recruitment and Training	12,600	5,311
Payroll bureau fees	572	597
Bank charges	240	226.04
Rent	42,911	44,838
Subscriptions	6,705	3,886
Sundries	7,729	6,418
Carried forward	480,061	401,128

COMMUNITY ACTIVITIES PROJECT EALING (C.A.P.E.)

England & Wales - Charity number 1064778

Accounts

**Community Activities
Project Ealing
(CAPE)**

**Report of the Trustees and Financial
Statements for the year ended 31st March
2023**

**REGISTERED COMPANY NUMBER: 03386839 (England and Wales)
REGISTERED CHARITY NUMBER: 1064778**

Community Activities Project Ealing (CAPE)

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Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

C Taylor
A Bamford Resigned 25 April 2022
M M Little
V Angra
N Rinaldi
A Potter

Company Secretary

M M Little

Tracey Harrington is the Chief Executive Officer of CAPE.
Her official title is Chief Executive Officer.

Charity number 1064778

Company number 03386839 England and Wales

Principal address and Registered Office

3 Montpelier Road
Ealing
London W5 2XP

Auditors

Johnsons, Chartered Accountants
Statutory Auditor
Ground Floor
1-2 Craven Road

Bankers

HSBC
46 The Broadway
Ealing
London W5 5JR

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objective and aims

The company's objects are to benefit the community by the provision and safeguarding of mental health, the relief of psychosocial rehabilitation of persons suffering from mental disorders or ill health being primarily, but not exclusively, those who are ordinarily resident within the Borough of Ealing.

Our Vision, Missions and Values (Reviewed 2020)

Vision A world where individuals experiencing complex and enduring mental ill health build their emotional resilience and can live a fulfilled life.

Mission

1. Provide psychotherapy services via a one-to-one basis or group therapy to individuals with complex mental health issues who experience barriers accessing talking therapies or other acute mental health services.
2. Provide focused strength based emotional therapeutic services on a one-to-one basis, enabling and empowering individuals to determine their own pathways and solutions to reach their goals.
3. Connect individuals to people, places, services and communities that support their sense of self and choices.
4. Develop partnerships through co-production with other organisations, to map essential connections and pathways and develop further the ability to signpost.

Values The following values guide our behaviour and inform all our work

1. Value the potential of each individual. Their skills, capacity, knowledge, potential and connections to live the life they choose.
2. Promote collaborative models of working for individuals – enabling the client to become their own co-producer of positive mental health.
3. Safeguard each individual story – recognising the strengths and resilience of each story.
4. Support prevention and independence – by promoting possibilities and solutions that enable and empower individuals to determine their own pathways.

Our Strategic Objectives 2020-2024

After in depth review of CAPE's work over the previous years, and of the external environment and challenges it faces, the trustees have developed the following four strategic objectives for the period 2020-2024:

1. To continue the transition to a new blended service model which focuses on one-to-one strength based/therapy and an appropriate balance between outreach, building based, and on-line individual and group work.
2. To provide high quality services by continuously reviewing our client group needs and our effectiveness and impact.
3. To positively influence our external marketplace to ensure that best practice is delivered.
4. To ensure that we are well managed, and we have sufficient resources and skills to meet our strategic objectives.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2023: continued

OBJECTIVES AND ACTIVITIES

This year CAPE moved to new premises in the centre of Ealing. This has completed our detailed objective within CAPE business plan of identify a building that is fit for purpose within our new way of working today and in the future, allowing for growth and creating stability. This has completed the transition from our open access model to one-to-one strength based support and therapy model as articulated by CAPE clients as their preferred way of receiving services.

Our teams and volunteer psychotherapists remained committed to delivering the vital support to adults with long term complex mental health needs and continued to adapt our life-changing services quickly and without disruption during and after the move.

Our partnership working enabled us to continue to work closely with our voluntary and statutory partners, to respond to the needs of and improve the outcomes for complex mental health needs in the borough. To continue and expand CAPE's trauma informed, strength-based model in the Ealing BAME population. We received a small pot of funding from our partners Northwest London Trust to Co-Produce alongside local BAME communities culturally appropriate therapeutic support and holistic services where trauma, migration and language barriers are part of the complexity of needs. We have received continuation funding for this piece of work so CAPE can continue its important role within health inequalities by ensuring that the views and concerns of marginalised people and communities are heard.

Risk Management

The Board of Trustees have conducted a review of the major risks to which the charity is exposed, and implemented a Sub-Committee structure with a focus on Risk and Compliance, Strategic Development and Income Generation, Finance and HR to support the charity's governance arrangements and risk management. Where appropriate, systems or procedures have been adapted/established to mitigate the risks the charity faces.

In this financial year CAPE Trustees have with due consideration to the economic crisis and funding environment have deliberated the following risks. Despite the work of trustee boards in planning for financial stability, charities often go insolvent for reasons beyond the control of trustees. Public sector cuts, falls in investment and economic down turns have created often overwhelming financial strains that trigger insolvency. In September 2022 CAPE Trustees met to risk assess CAPE Charity's position should we not be successful in securing 57% of our funding target through London Borough of Ealing in 2023 leaving CAPE insolvent unable to pay its debts. In this tough economic climate, it's important we understood our organisation's liabilities and the full costs of closure. From this risk assessment the Trustees have a robust plan and are confident CAPE can meet the costs of closure including redundancy payments and all liabilities for leases and contracts.

The Board of Trustees has agreed and oversees a four-year strategic business plan 2020-2024. This sets out plans to allow for the diversification of funding and activities and annual objectives.

Delivering public benefit

Delivering public benefit positively impacts the lives of adults living with long-term enduring complex mental health needs, by preventing hospital admissions, reducing the length of stay when our clients are receiving in-patient care, and reducing, delaying, or preventing people's need for long term social care. Much of our work this year has been diverting our clients from risk of harm including suicide prevention, increasing the safety and improving the quality of life supported by our services. During the year we were also able to deliver public benefit through further development and innovation, by extending our services on line and building based, as well as sharing best practice with practitioners, commissioners and other organisations working in the mental health field.

We continue to build our partnership working and delivering a coordinated community response, by participating in strategic and operational networks, locally and developing and leading service delivery partnerships such as the Talking Therapies Network.

In making this statement, the Trustees have had regard to the Charity Commission guidance on public benefit. CAPE is an independent charity as well as a company limited by guarantee.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2023: continued

OBJECTIVES AND ACTIVITIES

NEED, ACHIEVEMENT AND PERFORMANCE

At least one in a hundred of us will experience one or more psychotic episodes, experiencing the world differently, often as terrifying, and dangerous to us or our loved ones. Many people recover from these experiences, some will live with them for their whole lives and will be severely disabled by them and by the associated stigma.

London Borough of Ealing.

4,576 people were registered with their GP as having psychoses in 2015/16. These numbers were predicted to rise over the next five years by approximately 0.4% per year. Over 50% of CAPE Clients have a diagnosis of schizophrenia and 100% have multiple diagnoses.

CAPE have been working alongside our statutory partners in the development of a Joint Strategic Needs Assessment 23-27 and Mental Health and Wellbeing Strategy 23-27 for the borough of Ealing.

CAPE in this financial year has provided **5,004** individual strength-based one to one sessions and over **1,032** hours of psychotherapy and **1,304** hours of therapy groups to **249** clients with complex needs. CAPE have supported a further **92** complex needs clients on our referrals enquiry list access more appropriate services to meet their needs. We continue to provided a full time Mental Health Recovery Worker to the Women's Wellness Zone in Southall.

We have fully opened our referral routes in consultation with our partners and have seen a **50%** increase in referrals in the year based on 19-20 data. Demand continues to increase above percentages predicted and these are clients who have been waiting more than 12-18 months for a statutory service.

Funding

Following another year of significant funding pressures (short term funding) and changes to the commissioning landscape faced by the voluntary sector and the impact of the cost of living crisis and recruitment difficulties faced by everyone.

Our Grant funding and Structured Market have held well this year, both LBE grant and contract have been extended until Oct 2023 and we continue to maintain close contact with our funders and partners to minimise risks as we start to prepare for the new commissioning rounds in 2023. CAPE have received two short term grants from NW London Trust to deliver BAME health inequalities work and suicide prevention both have been extended into 2023-24 financial year. CAPE are grateful to Lloyds Foundation for their one year continuation core funding.

The Charity has diversified its gift economy through maximising our gift aid receiving 82% on average of all Gift Aid donations. CAPE Have been supported by individuals choosing our charity for their wedding as well as local companies and faith groups promoting and raising funds.

Our open market funding has gone from strength to strength with an increase in sales of 15% through our trading arm.

The economic climate we face going forward will be challenging and we are working with our partners to fund full cost recovery on restricted funding and core funding free reserves to support our sustainability going forward.

CAPE will continue to seek funding to support the following:

1. Focused therapeutic services for clients with enduring mental health issues (not previously provided for by West London NHS Trust).
2. Empowerment through strengths-based working and coaches.
3. Signposting for the essential social interaction, life skills, and reconnection to people, services, and communities.
4. Partnerships to provide specific services - employment and vulnerable women
5. Building partnerships through co-production to ensure appropriate signposting and the development of the essential connections and pathways where it is identified with service users that there are gaps.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2023: continued

FINANCIAL REVIEW

Financial Position

Income for the year increased by 27% to £480,571 (2022: £377,920). Expenditure increased by 7% to £415,521 (2022: £390,046). There is a surplus of £65,050 for the year (2022 deficit £12,126).

CAPE continues to keep a tight control of its costs, but a harsher and more competitive funding environment during COVID has limited CAPE's ability to diversify our funding streams. The funding environment is now improving and we hope to see new funding streams coming through.

CAPE's reserves policy was reviewed in 2022 by CAPE Trustee Board as expressed within our business plan 2020-2024.

Although there are still significant risks and challenges in the current environment, we are confident that we will continue to manage our financial sustainability through continual monitoring of expenditure, impact measurement and control over resource allocations through the life of the Business Plan.

Reserves Policy

The Board of the Trustees reviews CAPE reserves policy regularly.

In the Board of Trustees' view, the Reserves should provide CAPE with adequate financial stability and the means for it to meet its objectives for the foreseeable future. The Board seeks to retain adequate reserves determining what level they should be by reviewing (i) the sustainability of current and projected income as compared with (ii) projected expenditure required to enable CAPE to meet client need and (iii) to meet any contingent costs associated with a forced reduction in activity. Overall, the Board seeks to maintain enough reserves to provide stability and flexibility as the economic and funding environment changes.

We continue to successfully manage stabilising statutory income and our voluntary/earned income continues to hold at planned levels. CAPE regularly reviews its contingency plans for how expenditure would be reduced in the event of significant shortfalls in projected income and any associated one-off costs.

Unrestricted Reserves carried forward at 31 March 2023 are £44,811 (2022 £5,718). Raising unrestricted funds and donations post the COVID pandemic and current economic environment was challenging but due to the success of CAPE's trading subsidiary and additional income from Montpellier 2022-23 has seen a much improved position.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company was registered as a charity on 10 October 1997. The company was incorporated on 13 June 1997 as a company limited by guarantee of its members and not having a share capital. The company is governed by its Memorandum and Articles of Association.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2023: continued

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

CAPE is governed by a management committee comprising of the Board of Trustees who are also directors of the company. The minimum number of members of the management committee is three and there is currently no maximum number.

The Board meets every three months.

At each Annual General Meeting one-third of the Board members for time being, or if their number is not three or a multiple of three, then the number nearest one-third shall retire from office. The Board members to retire in every year shall be those who have been longest in office since their last election.

It is the responsibility of the existing management committee to recruit new members although some of the activities can be delegated. CAPE seeks to ensure that the management committee has a diverse range of skills and experience to support its work.

The decision to search for and select a new Trustee is taken by the management committee who will agree and document the particular skills, experience and knowledge that the new Trustee should bring to the management committee.

The Chief Executive Officer will run an appropriate search process to identify potential candidates.

The candidates to be reviewed will be interviewed by a sub-committee of the management committee consisting of the CEO and two other Trustees one of whom should normally be the Chair. The interviewers do not have to meet as a panel and they can meet a candidate at separate times.

Candidates can be invited to a management committee meeting as an observer or meet other Trustees and/or members of staff informally to enable the candidate to establish whether they are still happy to be elected to be a Trustee.

Candidates will be asked in writing to confirm they have not been disqualified from acting as Trustees and they should consider and declare any current or potential conflicts of interest.

Candidate references will be taken up by the Chief Executive Officer.

Once a preferred candidate has been identified, this candidate is proposed to the management committee who will then make the final decision on appointment.

Induction and training of new trustees

On appointment the new Trustee should be provided with the:

- a) most recent CAPE annual report
- b) latest management accounts
- c) Memorandum and Articles of Association for CAPE
- d) minutes of the most recent management committee meetings

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2023: continued

Statement of Trustees Responsibilities

The trustees (who are also the directors of COMMUNITY ACTIVITIES PROJECT EALING (CAPE) for the purposes of company law) are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;
- and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Johnsons, Chartered Accountants, will be re-appointed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 10 November 2023 and signed on its behalf by:



M M Little - Company Secretary

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Opinion

We have audited the financial statements of Community Activities Project Ealing (CAPE) (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of financial activities, the Balance sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- (i) give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- (ii) have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- (iii) have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Report of the independent auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- (i) the information given in the Report of the trustees is inconsistent in any material respect with the financial statements; or
- (ii) the charitable company has not kept adequate accounting records; or
- (i) the financial statements are not in agreement with the accounting records and returns; or
- (ii) we have not received all the information and explanations we require for our audit.

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the independent auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

Identification and assessment of potential risks

In identifying and assessing potential risks related to irregularities in identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we conducted:

- Discussions with those charged with governance and those who review the charitable company's internal ethics and compliance reporting summaries, including those concerning investigations;
- Enquiries of management, including obtaining and reviewing supporting documentation, concerning the charitable material policies and procedures relating to identifying, evaluating and complying with laws and regulations and whether they were aware of any instances of non-compliance relating to the detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud; and the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;
- Our reviews of the charitable company's remuneration policies, and key drivers for remuneration and bonus levels;
- Our assessment of the influence of public officials over the operations of the charitable company including any material transactions with related parties and key individuals; and
- Discussions among the engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud. The engagement team includes the Audit Director and staff who have extensive experience of working with companies in the same sectors as the charitable company, and this experience was relevant to the discussion about where fraud risks may arise.

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Risks arising from legal and regulatory frameworks

We are also required to perform specific procedures to respond to the risk of management override. We also obtained an understanding of the legal and regulatory frameworks in which the charitable company operates, focusing on provisions of those areas that had a direct effect on the determination of material amounts and disclosures in the financial statements.

We did not identify any material audit matters related to the potential risk of fraud or non-compliance with laws and regulations from our work:


- (i) Reviewing management override of controls;
- (ii) Testing the appropriateness of journal entries and other accounting adjustments;
- (iii) Assessing whether the judgements made in making accounting estimates are indicative of a potential bias;
and
- (iv) Evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated our assessment of the relevant laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Edmund Cartwright FCCA FMAAT
Johnsons, Chartered Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Ground Floor
1-2 Craven Road
Ealing
London, W5 2UA

Date: 13th Nov 2023

Community Activities Project Ealing (CAPE)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	<i>Total Funds 2022 £</i>
Income					
Donations and fundraising		109,848	-	109,848	24,265
Charitable activities		-	370,723	370,723	353,655
Total income		109,848	370,723	480,571	377,920
Expenditure:					
Charitable activities		43,075	372,446	415,521	390,046
Total expenditure		43,075	372,446	415,521	390,046
Net income/(expenditure)		66,773	(1,723)	65,050	(12,126)
Transfers between funds		(27,680)	27,680	-	-
Net movement in funds		39,093	25,957	65,050	(12,126)
Reconciliation of funds					
Total funds brought forward		5,718	25,746	31,464	43,590
Total funds carried forward		44,811	51,703	96,514	31,464

Community Activities Project Ealing (CAPE)

Balance Sheet As at 31 March 2023

	Note	Unrestricted Fund	Restricted Fund	2023 Total Funds	2022 Total Funds
		£	£	£	£
Fixed assets					
Tangible Assets	6	4,270	5,814	10,084	11,959
Investments	7	1	-	1	1
		4,271	5,814	10,085	11,960
Current assets					
Debtors	8	15,725	10,178	25,903	7,660
Cash at bank and in hand		26,916	45,889	72,805	17,124
		42,641	56,067	98,708	24,784
Liabilities:					
Creditors: Amount falling due within one year	9	(2,101)	(10,178)	(12,279)	(5,280)
Net current assets		40,540	45,889	86,429	19,504
Total assets less current liabilities		44,811	51,703	96,514	31,464
Net Assets		44,811	51,703	96,514	31,464
Funds					
Restricted income funds	10			51,703	25,746
Unrestricted funds				44,811	5,718
Total Funds				96,514	31,464

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006, for the year ended 31 March 2023. The members have not deposited a notice, pursuant to section 476 of the Companies Act 2006, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 10 November 2023 and were signed on its behalf by:

C.H. Taylor

.....
C Taylor - Trustee



.....
M M Little - Trustee

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

Based on budgets and cash flow projections prepared, at the date of approving the financial statements, the trustees expect to have adequate resources to continue to operate for the foreseeable future. On this basis the financial statements have been prepared on the going concern basis.

1.2 Income

All income is recognised in the Statement of Financial Activities once the charitable company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.3 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.4 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- Equally over the period of the lease
Kitchen equipment	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on cost

1.5 Taxation

The company is a registered charity and is exempt from all forms of taxation which are available to registered charities other than Value Added Tax. The charity is not registered for Value Added Tax. It is thus not able to recover input tax, where this is charged, and this tax is included with the relevant item of expenditure.

1.6 Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.7 Pensions

The company operates a defined contributions scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023: *continued*

2 Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	Total 2023 £	Total 2022 £
Auditors' remuneration	2,760	2,880
Auditors' remuneration for non-audit work	-	-
Depreciation - owned assets	3,875	7,687
	<hr/> <hr/>	<hr/> <hr/>

3 Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor the year ended 31 March 2022.

Trustee's Expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor the year ended 31 March 2022.

4 Staff costs

The average number of employees during the year was as follows:

	2023	2022
Management	1	1
Operations	9	11
	<hr/> <hr/>	<hr/> <hr/>

No employees received emoluments in excess of £60,000 in the year ended 31 March 2023 or the year ended 31 March 2022.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023: continued

5 Comparative - Statement of Financial Activities for the Year Ended 31 March 2022

	Unrestricted Funds	Restricted Funds	Total Funds 2022
	£	£	£
Income			
Donations and fundraising	24,265	-	24,265
Charitable activities		353,655	353,655
Other trading activities	-	-	-
Total income	24,265	353,655	377,920
Expenditure:			
Charitable activities	9,151	380,895	390,046
Total expenditure	9,151	380,895	390,046
Net income/(expenditure)	15,114 (27,240) (12,126)
Transfers between funds	(17,902)	17,902	-
Net movement in funds	(2,788) (9,338) (12,126)
Reconciliation of funds			
Total funds brought forward	8,506	35,084	43,590
Total funds carried forward	5,718	25,746	31,464

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023: continued

6 Tangible fixed assets

	Improvement to property £	Fixtures and Fittings £	Computer equipment £	Total £
Cost:				
At 1 April 2022	4,602	23,800	14,500	42,902
Additions at cost	-	2,000	-	2,000
At 31 March 2023	4,602	25,800	14,500	44,902
Depreciation:				
At 1 April 2022	4,237	12,881	13,825	30,943
Charge for year	365	3,446	64	3,875
At 31 March 2023	4,602	16,327	13,889	34,818
Net book value:				
At 31 March 2023	-	9,473	611	10,084
<i>At 31 March 2022</i>	<i>365</i>	<i>10,919</i>	<i>675</i>	<i>11,959</i>

7 Fixed Asset Investments

	Shares in group undertakings £
Market Value	
At 1 April 2022 and 31 March 2023	<u>1</u>
Net Book Value	
At 1 April 2022 and 31 March 2023	<u>1</u>

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

CAPE Shops Ltd

Nature of business: Charity shop

	% holding		
Class of share: Ordinary	100		
		31.3.23	31.3.22
Aggregate capital and reserves		11,461	4,972
Profit for the year		6,489	2,318

CAPE acquired 100% of the issued share capital of CAPE Shops Ltd on 25 January 2012.

The company raises funds for the charity by running a charity shop.

The charity shop opened for business on 10 April 2013.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023: continued

8 Debtors	2023	2022
Due within one year:	£	£
Prepayments	3,250	2,600
Other debtors	22,653	5,060
	<hr/>	<hr/>
	25,903	7,660
	<hr/>	<hr/>
9 Creditors	2023	2022
Amounts falling due within one year:	£	£
Trade creditors	8,533	1,919
Other creditors	3,746	3,361
	<hr/>	<hr/>
	12,279	5,280
	<hr/>	<hr/>

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023: continued

10 Movement in Funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted Funds	5,718	66,773	(27,680)	44,811
Restricted Funds	25,746	(1,723)	27,680	51,703
Total Funds	31,464	65,050	-	96,514

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted Funds	109,848	(43,075)	66,773
Restricted Funds	370,723	(372,446)	(1,723)
Total Funds	480,571	(415,521)	65,050

Restricted Funds comprise:	At 1.4.22 £	Incoming Resources £	Resources Expended £	Transfers from Unrestricted Funds £	At 31.3.23 £
London Borough of Ealing	-	267,497	(263,177)	27,680	32,000
Lloyds Bank Foundation	18,351	36,083	(34,731)	-	19,703
Industrial Therapy Organisation	6,278	26,431	(32,709)	-	-
National Lottery	1,117	-	(1,117)	-	-
Change Grow Live	-	40,712	(40,712)	-	-
	25,746	370,723	(372,446)	27,680	51,703

Restricted Fund Asset split:	Fixed Assets £	Debtors £	Current assets £	Creditors £	At 31.3.23 £
London Borough of Ealing	-	-	32,000	-	32,000
Lloyds Bank Foundation	5,814	-	13,889	-	19,703
Industrial Therapy Organisation	-	-	-	-	-
Change Grow Live	-	10,178	-	(10,178)	-
	5,814	10,178	45,889	(10,178)	51,703

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023: continued

10 Movement in Funds - Continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted Funds	8,506	(2,788)	5,718
Restricted Funds	35,084	(9,338)	25,746
Total Funds	43,590	(12,126)	31,464

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	24,265	(9,151)	15,114
Restricted Funds	353,655	(380,895)	(27,240)
Total Funds	377,920	(390,046)	(12,126)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted Funds	8,506	81,887	(45,582)	44,811
Restricted Funds	35,084	(28,963)	45,582	51,703
Total Funds	43,590	52,924	-	96,514

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	134,113	(52,226)	81,887
Restricted Funds	724,378	(753,341)	(28,963)
Total Funds	858,491	(805,567)	52,924

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2023: continued

10 Movement in Funds - Continued

Unrestricted funds are made up of funds raised through donations and from fundraising events, as well as donations from the charity's trading subsidiary Cape Shops Ltd.

The restricted funds comprise of:

a) the mental health contract and grant for the provision of personal social care services for people suffering from mental health problems in the London Borough of Ealing.

b) grants and donations received from Industrial Therapy Organisation (Thames) Ltd, Change Grow Live, Lloyds Bank Foundation, Independent Age and National Lottery fund to cover staff and other costs for provision of services to people with mental health problems in the London Borough of Ealing.

11 Related party disclosures

During the year the charity received a donation of £29,725 (2022: £7,000) from Cape Shops Limited.

The charity charged CAPE Shops Ltd a management charge of £6,000 during the year (2022: £5,000).

12 Liability of Members

The liability of each member is limited to £1 in the event of the company being wound up.

13 Controlling party

There is no controlling party.

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2023

	2023 £	2022 £
Income		
Donations and fundraising	109,848	24,265
Charitable activities		
Contract with London Borough of Ealing	171,397	167,715
Grant from London Borough of Ealing	96,100	55,000
Industrial Therapy Organisation (Thames) Ltd Grant	26,431	69,017
Independent Age	-	-
Change Grow Live	40,712	36,923
National Lottery	-	-
Lloyds Bank Foundation	36,083	25,000
	370,723	353,655
Total incoming resources	480,571	377,920
Expenditure:		
Charitable activities		
Salaries	247,311	272,169
Social security costs	18,076	19,931
Pension contributions	18,393	23,244
Contract staff hire	12,642	13,749
Light, heat and water	13,015	4,052
Telephone	5,244	4,777
Postage and stationery	7,697	5,859
Travelling	2,437	430
Insurance	4,533	4,296
Office and kitchen cleaning	3,904	6,395
Activities	2,706	91
Repairs	3,894	351
Recruitment and Training	5,311	4,304
Payroll bureau fees	597	624
Bank charges	226	172
Rent	44,838	10,400
Subscriptions	3,886	3,688
Sundries	6,418	4,948
Carried forward	401,128	379,479

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2022

	2023 £	2022 £
Charitable activities		
Brought forward	401,128	379,479
Improvements to property	364	824
Depreciation of fixtures and fittings	3,447	3,307
Depreciation of computer equipment	64	3,556
	405,003	387,166
Support costs		
Governance costs		
Legal Fees	6,859	-
Auditors' remuneration	2,760	2,880
Other Accountancy Fees	900	-
	10,519	2,880
Total resources expended	415,522	390,046
Net Income/(expenditure)	65,049	(12,126)

COMMUNITY ACTIVITIES PROJECT EALING (C.A.P.E.)

England & Wales - Charity number 1064778

Accounts

**Community Activities
Project Ealing
(CAPE)**

**Report of the Trustees and Financial
Statements for the year ended 31st March
2022**

**REGISTERED COMPANY NUMBER: 03386839 (England and Wales)
REGISTERED CHARITY NUMBER: 1064778**

Community Activities Project Ealing (CAPE)

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Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

J A Schiemann	Resigned 14 March 2022
C Taylor	
S B Hammett	Resigned 19 October 2021
A Bamford	Resigned 25 April 2022
M M Little	
V Angra	
N Rinaldi	
A Potter	Appointed 27 October 2021

Company Secretary

M M Little

Tracey Harrington is the Chief Executive Officer of CAPE.
Her official title is Chief Executive Officer.

Charity number **1064778**

Company number **03386839 England and Wales**

Principal address and Registered Office

3 Montpelier Road
Ealing
London W5 2XP

Auditors

Johnsons, Chartered Accountants
Statutory Auditor
Ground Floor
1-2 Craven Road

Bankers

HSBC
46 The Broadway
Ealing
London W5 5JR

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objective and aims

The company's objects are to benefit the community by the provision and safeguarding of mental health, the relief of psychosocial rehabilitation of persons suffering from mental disorders or ill health being primarily, but not exclusively, those who are ordinarily resident within the Borough of Ealing.

Our Vision, Missions and Values (Reviewed 2020)

Vision A world where individuals experiencing complex and enduring mental ill health build their emotional resilience and can live a fulfilled life.

Mission

1. Provide psychotherapy services via a one-to-one basis or group therapy to individuals with complex mental health issues who experience barriers accessing talking therapies or other acute mental health services.

Values The following values guide our behaviour and inform all our work

1. Value the potential of each individual. Their skills, capacity, knowledge, potential and connections to live the life they choose.
2. Promote collaborative models of working for individuals – enabling the client to become their own co-producer of positive mental health.
3. Safeguard each individual story – recognising the strengths and resilience of each story.
4. Support prevention and independence – by promoting possibilities and solutions that enable and empower individuals to determine their own pathways.

Our Strategic Objectives 2020-2024

After in depth review of CAPE's work over the previous years, and of the external environment and challenges it faces, the trustees have developed the following four strategic objectives for the period 2020-2024:

1. To continue the transition to a new blended service model which focuses on one-to-one strength based/therapy and an appropriate balance between outreach, building based, and on-line individual and group work.
2. To provide high quality services by continuously reviewing our client group needs and our effectiveness and impact.
3. To positively influence our external marketplace to ensure that best practice is delivered.
4. To ensure that we are well managed, and we have sufficient resources and skills to meet our strategic objectives.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2022: continued

OBJECTIVES AND ACTIVITIES

This year has been another year of adaptation and resilience as we navigated 12 months of COVID 19 pandemic restrictions, re-opening of our trading arm Cape Shops Limited and negotiated a move to new premises to ensure our trauma informed one to one and group work is delivered in a safe environment.

Our teams and volunteer psychotherapists remained committed to delivering the vital support to adults with long term complex mental health needs and continued to adapt our life-changing services quickly and without disruption to save lives.

We continued to adapt to the changing circumstances throughout the year and developed innovative solutions to continue our therapy groups online, rather than at our Recovery Centre where this was not possible.

Our partnership working enabled us to continue to work closely with our voluntary and statutory partners, to respond to the needs of and improve the outcomes for complex mental health needs in the borough. It continued to be challenging and worrying times for the clients we support, as well as our colleagues and partners, as we navigated the roadmap out of COVID and the onset of the Omicron variant. We were supported by many existing and new partners, companies and individuals, enabling us to continue our vital work. Our communications with current and potential funders have been and continue to be positive and flexible through these challenges.

Risk Management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed, and implemented a Sub-Committee structure with a focus on Risk and Compliance, Strategic Development and Income Generation, Finance and HR to support the charity's governance arrangements and risk management. Where appropriate, systems or procedures have been adapted/established to mitigate the risks the charity faces.

In this financial year CAPE Trustees alongside our partner Safeguarding Momentum have reviewed and implemented a refreshed Safeguarding Adults policy with essential training and structures put in place to ensure all of our practices safeguard those we provide services too. We have introduced cyber insurance to mitigate risks as identified through our sub committees to support the charity and our trading arm. Alongside ROOTS HR we have conducted a salary and pensions benchmarking review to ensure the charity remains relevant in the labour market and attracts the most talented in the mental health field.

The Board of Trustees has agreed and oversees a four-year strategic business plan 2020-2024. This sets out plans to allow for the diversification of funding and activities and annual objectives.

Delivering public benefit

Delivering public benefit positively impacts the lives of adults living with long-term enduring complex mental health needs, by preventing hospital admissions, reducing the length of stay when our clients are receiving in-patient care, and reducing, delaying, or preventing people's need for long term social care. Much of our work this year has been diverting our clients from risk of harm including suicide prevention, increasing the safety and improving the quality of life supported by our services. During the year we were also able to deliver public benefit through further development and innovation, by extending our services on line and building based, as well as sharing best practice with practitioners, commissioners and other organisations working in the mental health field.

We continue to build our partnership working and delivering a coordinated community response, by participating in strategic and operational networks, locally and developing and leading service delivery partnerships such as the Talking Therapies Network.

In making this statement, the Trustees have had regard to the Charity Commission guidance on public benefit. CAPE is an independent charity as well as a company limited by guarantee.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2022: continued

OBJECTIVES AND ACTIVITIES

NEED, ACHIEVEMENT AND PERFORMANCE

At least one in a hundred of us will experience one or more psychotic episodes, experiencing the world differently, often as terrifying, and dangerous to us or our loved ones. Many people recover from these experiences, some will live with them for their whole lives and will be severely disabled by them and by the associated stigma.

London Borough of Ealing.

4,576 people were registered with their GP as having psychoses in 2015/16. These numbers were predicted to rise over the next five years by approximately 0.4% per year. Over 50% of CAPE Clients have a diagnosis of schizophrenia and 100% have multiple diagnoses.

On average, there are 20 people discharged from secure forensic services and are supported in the community in Ealing each year. CAPE continues to support 10% of this client group alongside our partners.

CAPE in this financial year has provided **2,180** individual strength-based one to one sessions and over **866** hours of psychotherapy and **616** hours of therapy groups to **279** clients with complex needs. CAPE have supported a further **20** complex needs clients on our waiting list with COVID safe sessions. We continue to provided a full time Mental Health Recovery Worker to the Women's Wellness Zone in Southall.

We have tentively opened our referral routes in consultation with our partners and have seen a **67%** increase in referrals in the first few weeks of opening based on the total for the year 2018-19. Demand continues to increase above percentages predicted and these are clients who have been waiting more than 12 months for a statutory service.

Funding

Following another year of significant funding pressures (short term funding) and changes to the commissioning landscape faced by the voluntary sector, we have benefited from the work undertaken by the charity to strengthen our financial management systems, policies and reporting procedures, enabling us to maximise opportunities that arose in 2021/22 and beyond supported by Embrace Finance.

Our Grant funding and Structured Market have held well this year and we continue to maintain close contact with our funders and partners to minimise risks as we start to prepare for the new commissioning rounds in 2023.

The Charity has diversified its gift economy through digital platforms such as the Big Give, London to Brighton bike ride and half marathons. We have reopened our on-line and physical charity boutiques that have supported our open market funding to survive and thrive. As we are increasing our use of digital fundraising and open market tools, we have taken additional steps to ensure our controls and processes are secure to fight against fraud.

We have been sub-contracted for a further 3 years to provide vital services to the Women's Wellness Zone and secured a one-year continuation core fund from Lloyds Foundation.

The economic climate we face going forward will be challenging and we are working with our partners to fund full cost recovery on restricted funding and core funding free reserves to support our sustainability going forward.

CAPE will continue to seek funding to support the following:

1. Focused therapeutic services for clients with enduring mental health issues (not previously provided for by West London NHS Trust).
2. Empowerment through strengths-based working and coaches.
3. Signposting for the essential social interaction, life skills, and reconnection to people, services, and communities.
4. Partnerships to provide specific services - employment and vulnerable women
5. Building partnerships through co-production to ensure appropriate signposting and the development of the essential connections and pathways where it is identified with service users that there are gaps.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2022: continued

FINANCIAL REVIEW

Financial Position

Income for the year decreased by 10% to £377,920 (2021: £414,325). Expenditure increased by 13% to £390,046 (2021: £346,249). There is a deficit of £12,126 for the year (2021 surplus £68,076).

CAPE continues to keep a tight control of its costs, but a harsher and more competitive funding environment during COVID has limited CAPE's ability to diversify our funding streams. The funding environment is now improving and we hope to see new funding streams coming through. The decision to appoint an additional member of staff (an Operations Lead) was made in the year so that the CEO could focus more on fundraising and less on day to day operations. We continue to ensure that expenditure is targeted in the most effective way possible.

CAPE's reserves policy was reviewed in the year by CAPE Trustee Board as expressed within our business plan 2020-2024. In addition, thanks to the support of Lloyds Bank Foundation, we conducted a review in the year of how we report to the Board and how we manage financial risk. The recommendations of this review are now in the process of being implemented.

Although there are still significant risks and challenges in the current environment, we are confident that we will continue to manage our financial sustainability through continual monitoring of expenditure, impact measurement and control over resource allocations through the life of the Business Plan.

Reserves Policy

The Board of the Trustees reviews CAPE reserves policy regularly.

In the Board of Trustees' view, the Reserves should provide CAPE with adequate financial stability and the means for it to meet its objectives for the foreseeable future. The Board seeks to retain adequate reserves determining what level they should be by reviewing (i) the sustainability of current and projected income as compared with (ii) projected expenditure required to enable CAPE to meet client need and (iii) to meet any contingent costs associated with a forced reduction in activity. Overall, the Board seeks to maintain enough reserves to provide stability and flexibility as the economic and funding environment changes. The Board of Trustees look for a minimum of £20,000 in reserves and aim to grow CAPE's reserves to a level which would cover all redundancy costs should the organisation be forced to close.

We continue to successfully manage stabilising statutory income and our voluntary/earned income continues to hold at planned levels. CAPE regularly reviews its contingency plans for how expenditure would be reduced in the event of significant shortfalls in projected income and any associated one-off costs. In addition, the Board, recognising the challenges of a funding environment still affected by COVID, has taken steps to free up the CEO's time (with the appointment of an Operations Lead) in order to allow her to focus more on fundraising.

Unrestricted Reserves carried forward at 31 March 2022 are £5,718 (2021 £8,506). Raising unrestricted funds and donations post the COVID pandemic and current economic environment has been challenging.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company was registered as a charity on 10 October 1997. The company was incorporated on 13 June 1997 as a company limited by guarantee of its members and not having a share capital. The company is governed by its Memorandum and Articles of Association.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2022: continued

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

CAPE is governed by a management committee comprising of the Board of Trustees who are also directors of the company. The minimum number of members of the management committee is three and there is currently no maximum number.

The Board meets every three months.

At each Annual General Meeting one-third of the Board members for time time being, or if their number is not three or a multiple of three, then the number nearest one-third shall retire from office. The Board members to retire in every year shall be those who have been longest in office since their last election.

It is the responsibility of the existing management committee to recruit new members although some of the activities can be delegated. CAPE seeks to ensure that the management committee has a diverse range of skills and experience to support its work.

The decision to search for and select a new Trustee is taken by the management committee who will agree and document the particular skills, experience and knowledge that the new Trustee should bring to the management committee.

The Chief Executive Officer will run an appropriate search process to identify potential candidates.

The candidates to be reviewed will be interviewed by a sub-committee of the management committee consisting of the CEO and two other Trustees one of whom should normally be the Chair. The interviewers do not have to meet as a panel and they can meet a candidate at separate times.

Candidates can be invited to a management committee meeting as an observer or meet other Trustees and/or members of staff informally to enable the candidate to establish whether they are still happy to be elected to be a Trustee.

Candidates will be asked in writing to confirm they have not been disqualified from acting as Trustees and they should consider and declare any current or potential conflicts of interest.

Candidate references will be taken up by the Chief Executive Officer.

Once a preferred candidate has been identified, this candidate is proposed to the management committee who will then make the final decision on appointment.

Induction and training of new trustees

On appointment the new Trustee should be provided with the:

- a) most recent CAPE annual report
- b) latest management accounts
- c) Memorandum and Articles of Association for CAPE
- d) minutes of the most recent management committee meetings

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2022: continued

Statement of Trustees Responsibilities

The trustees (who are also the directors of COMMUNITY ACTIVITIES PROJECT EALING (CAPE) for the purposes of company law) are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;
- and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Johnsons, Chartered Accountants, will be re-appointed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20 October 2022 and signed on its behalf by:



M M Little - Company Secretary

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Opinion

We have audited the financial statements of Community Activities Project Ealing (CAPE) (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of financial activities, the Balance sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- (i) give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- (ii) have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- (iii) have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Report of the independent auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- (i) the information given in the Report of the trustees is inconsistent in any material respect with the financial statements; or
- (ii) the charitable company has not kept adequate accounting records; or
- (i) the financial statements are not in agreement with the accounting records and returns; or
- (ii) we have not received all the information and explanations we require for our audit.

Community Activities Project Ealing (CAPE)

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the independent auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

Identification and assessment of potential risks

In identifying and assessing potential risks related to irregularities in identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we conducted:

- Discussions with those charged with governance and those who review the charitable company's internal ethics and compliance reporting summaries, including those concerning investigations;
- Enquiries of management, including obtaining and reviewing supporting documentation, concerning the charitable material policies and procedures relating to identifying, evaluating and complying with laws and regulations and whether they were aware of any instances of non-compliance relating to the detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud; and the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;
- Our reviews of the charitable company's remuneration policies, and key drivers for remuneration and bonus levels;
- Our assessment of the influence of public officials over the operations of the charitable company including any material transactions with related parties and key individuals; and
- Discussions among the engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud. The engagement team includes the Audit Director and staff who have extensive experience of working with companies in the same sectors as the charitable company, and this experience was relevant to the discussion about where fraud risks may arise.

Report of the Independent Auditors to the Trustees of Community Activities Project Ealing (CAPE)

Risks arising from legal and regulatory frameworks

We are also required to perform specific procedures to respond to the risk of management override. We also obtained an understanding of the legal and regulatory frameworks in which the charitable company operates, focusing on provisions of those areas that had a direct effect on the determination of material amounts and disclosures in the financial statements.

We did not identify any material audit matters related to the potential risk of fraud or non-compliance with laws and regulations from our work:

- (i) Reviewing management override of controls;
- (ii) Testing the appropriateness of journal entries and other accounting adjustments;
- (iii) Assessing whether the judgements made in making accounting estimates are indicative of a potential bias;
and
- (iv) Evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated our assessment of the relevant laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Edmund Cartwright FCCA MAAT
Johnsons, Chartered Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Ground Floor
1-2 Craven Road
Ealing
London, W5 2UA

Date: ..21 October 2022.....

Community Activities Project Ealing (CAPE)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	<i>Total Funds 2021 £</i>
Income					
Donations and fundraising		24,265	-	24,265	65,525
Charitable activities		-	353,655	353,655	348,800
Total income		24,265	353,655	377,920	<i>414,325</i>
Expenditure:					
Charitable activities		9,151	380,895	390,046	346,249
Total expenditure		9,151	380,895	390,046	<i>346,249</i>
Net income/(expenditure)		15,114	(27,240)	(12,126)	68,076
Transfers between funds		(17,902)	17,902	-	-
Net movement in funds		(2,788)	(9,338)	(12,126)	68,076
Reconciliation of funds					
Total funds brought forward		8,506	35,084	43,590	(24,486)
Total funds carried forward		5,718	25,746	31,464	43,590

Community Activities Project Ealing (CAPE)

Balance Sheet As at 31 March 2022

	Note	Unrestricted Fund	Restricted Fund	2022 Total Funds	2021 Total Funds
		£	£	£	£
Fixed assets					
Tangible Assets	6	2,908	9,051	11,959	17,095
Investments	7	1	-	1	1
		2,909	9,051	11,960	17,096
Current assets					
Debtors	8	5,060	2,600	7,660	4,729
Cash at bank and in hand		-	17,124	17,124	30,052
		5,060	19,724	24,784	34,781
Liabilities:					
Creditors: Amount falling due within one year	9	(2,251)	(3,029)	(5,280)	(8,287)
		2,809	16,695	19,504	26,494
Net current assets					
Total assets less current liabilities		5,718	25,746	31,464	43,590
Net Assets		5,718	25,746	31,464	43,590
Funds					
Restricted income funds	10			25,746	35,084
Unrestricted funds				5,718	8,506
Total Funds				31,464	43,590

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006, for the year ended 31 March 2022. The members have not deposited a notice, pursuant to section 476 of the Companies Act 2006, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 20 October 2022 and were signed on its

C.H. Taylor

.....
C Taylor - Trustee

M M Little

.....
M M Little - Trustee

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

Based on budgets and cash flow projections prepared, at the date of approving the financial statements, the trustees expect to have adequate resources to continue to operate for the foreseeable future. On this basis the financial statements have been prepared on the going concern basis.

1.2 Income

All income is recognised in the Statement of Financial Activities once the charitable company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.3 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.4 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- Equally over the period of the lease
Kitchen equipment	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on cost

1.5 Taxation

The company is a registered charity and is exempt from all forms of taxation which are available to registered charities other than Value Added Tax. The charity is not registered for Value Added Tax. It is thus not able to recover input tax, where this is charged, and this tax is included with the relevant item of expenditure.

1.6 Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.7 Pensions

The company operates a defined contributions scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022: *continued*

2 Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	Total 2022 £	Total 2021 £
Auditors' remuneration	2,880	2,880
Auditors' remuneration for non-audit work	-	-
Loss on disposal of fixed assets	-	1,493
Depreciation - owned assets	7,687	6,075
	<hr/> <hr/>	<hr/> <hr/>

3 Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor the year ended 31 March 2021.

Trustee's Expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor the year ended 31 March 2021.

4 Staff costs

The average number of employees during the year was as follows:

	2022	2021
Management	1	1
Operations	11	10
	<hr/> <hr/>	<hr/> <hr/>

No employees received emoluments in excess of £60,000 in the year ended 31 March 2022 or the year ended 31 March 2021.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022: continued

5 Comparative - Statement of Financial Activities for the Year Ended 31 March 2021

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Income			
Donations and fundraising	65,525	-	65,525
Charitable activities		348,800	348,800
Other trading activities	-	-	-
Total income	65,525	348,800	414,325
Expenditure:			
Charitable activities	-	346,249	346,249
Total expenditure	-	346,249	346,249
Net income/(expenditure)	65,525	2,551	68,076
Transfers between funds	-	-	-
Net movement in funds	65,525	2,551	68,076
Reconciliation of funds			
Total funds brought forward	(57,019)	32,533	(24,486)
Total funds carried forward	8,506	35,084	43,590

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022: continued

6 Tangible fixed assets

	Improvement to property £	Fixtures and Fittings £	Computer equipment £	Total £
Cost:				
At 1 April 2021	4,602	21,800	13,949	40,351
Additions at cost	-	2,000	551	2,551
At 31 March 2022	4,602	23,800	14,500	42,902
Depreciation:				
At 1 April 2021	3,413	9,574	10,269	23,256
Charge for year	824	3,307	3,556	7,687
At 31 March 2022	4,237	12,881	13,825	30,943
Net book value:				
At 31 March 2022	365	10,919	675	11,959
<i>At 31 March 2021</i>	<i>1,189</i>	<i>12,226</i>	<i>3,680</i>	<i>17,095</i>

7 Fixed Asset Investments

	Shares in group undertakings £
Market Value	
At 1 April 2021 and 31 March 2022	<u>1</u>
Net Book Value	
At 1 April 2021 and 31 March 2022	<u>1</u>

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

CAPE Shops Ltd

Nature of business: Charity shop

	% holding		
Class of share: Ordinary	100		
		31.3.22	31.3.21
Aggregate capital and reserves		4,972	2,654
(Loss) for the year		2,318	1,138

CAPE acquired 100% of the issued share capital of CAPE Shops Ltd on 25 January 2012.

The company raises funds for the charity by running a charity shop.

The charity shop opened for business on 10 April 2013.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022: continued

8 Debtors	2022	2021
Due within one year:	£	£
Prepayments	2,600	-
Other debtors	5,060	4,729
	<hr/>	<hr/>
	7,660	4,729
	<hr/>	<hr/>
9 Creditors	2022	2021
Amounts falling due within one year:	£	£
Trade creditors	1,919	4,681
Other creditors	3,361	3,606
	<hr/>	<hr/>
	5,280	8,287
	<hr/>	<hr/>

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022: continued

10 Movement in Funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted Funds	8,506	15,114	(17,902)	5,718
Restricted Funds	35,084	(27,240)	17,902	25,746
Total Funds	43,590	(12,126)	-	31,464

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted Funds	24,265	(9,151)	15,114
Restricted Funds	353,655	(380,895)	(27,240)
Total Funds	377,920	(390,046)	(12,126)

Restricted Funds comprise:	At 1.4.21 £	Incoming Resources £	Resources Expended £	Transfers from Unrestricted Funds £	At 31.3.22 £
London Borough of Ealing	-	222,715	(240,617)	17,902	-
Lloyds Bank Foundation	21,525	25,000	(28,174)	-	18,351
Industrial Therapy Organisation	6,278	69,017	(69,017)	-	6,278
National Lottery	3,269	-	(2,152)	-	1,117
Independent Age	4,012	-	(4,012)	-	-
Change Grow Live	-	36,923	(36,923)	-	-
	35,084	353,655	(380,895)	17,902	25,746

Restricted Fund Asset split:	Fixed Assets £	Debtors £	Current assets £	Creditors £	At 31.3.22 £
London Borough of Ealing	-	-	2,600	(2,600)	-
Lloyds Bank Foundation	7,934	-	10,846	(429)	18,351
Industrial Therapy Organisation	-	-	6,278	-	6,278
National Lottery	1,117	-	-	-	1,117
	9,051	-	19,724	(3,029)	25,746

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022: continued

10 Movement in Funds - Continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted Funds	(57,019)	65,525	8,506
Restricted Funds	32,533	2,551	35,084
Total Funds	(24,486)	68,076	43,590

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	65,525	-	65,525
Restricted Funds	348,800	(346,249)	2,551
Total Funds	414,325	(346,249)	68,076

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted Funds	(57,019)	80,639	(17,902)	5,718
Restricted Funds	32,533	(24,689)	17,902	25,746
Total Funds	(24,486)	55,950	-	31,464

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	89,790	(9,151)	80,639
Restricted Funds	702,455	(727,144)	(24,689)
Total Funds	792,245	(736,295)	55,950

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2022: continued

10 Movement in Funds - Continued

Unrestricted funds are made up of funds raised through donations and from fundraising events, as well as donations from the charity's trading subsidiary Cape Shops Ltd.

The restricted funds comprise of:

- a) the mental health contract and grant for the provision of personal social care services for people suffering from mental health problems in the London Borough of Ealing.

- b) grants and donations received from Industrial Therapy Organisation (Thames) Ltd, Change Grow Live, Lloyds Bank Foundation, Independent Age and National Lottery fund to cover staff and other costs for provision of services to people with mental health problems in the London Borough of Ealing.

11 Related party disclosures

During the year the charity received a donation of £7,000 (2021: £8,000) from Cape Shops Limited.

The charity charged CAPE Shops Ltd a management charge of £5,000 during the year (2021: £5,000).

12 Liability of Members

The liability of each member is limited to £1 in the event of the company being wound up.

13 Controlling party

There is no controlling party.

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2022

	2022	2021
	£	£
Income		
Donations and fundraising	24,265	65,525
Charitable activities		
Contract with London Borough of Ealing	167,715	164,126
Grant from London Borough of Ealing	55,000	55,000
Industrial Therapy Organisation (Thames) Ltd Grant	69,017	37,667
Independent Age	-	8,024
Change Grow Live	36,923	36,923
National Lottery	-	9,365
Lloyds Bank Foundation	25,000	37,695
	353,655	348,800
Total incoming resources	377,920	414,325
Expenditure:		
Charitable activities		
Salaries	272,169	234,046
Social security costs	19,931	16,587
Pension contributions	23,244	20,441
Contract staff hire	13,749	19,029
Light, heat and water	4,052	4,172
Telephone	4,777	4,223
Postage and stationery	5,859	5,547
Travelling	430	96
Insurance	4,296	3,368
Food and kitchen supplies	-	67
Office and kitchen cleaning	6,395	3,154
Activities	91	66
Repairs	351	412
Recruitment and Training	4,304	3,619
Payroll bureau fees	624	624
Bank charges	172	150
Rent	10,400	11,057
Subscriptions	3,688	4,898
Sundries	4,948	2,132
Carried forward	379,479	333,688

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2022

	2022 £	2021 £
Charitable activities		
Brought forward	379,479	333,688
Improvements to property	824	824
Loss on disposal of kitchen equipment	-	1,493
Depreciation of fixtures and fittings	3,307	1,868
Depreciation of computer equipment	3,556	3,383
	387,166	341,256
Support costs		
Governance costs		
Legal Fees	-	2,413
Auditors' remuneration	2,880	2,880
Prior year (over)/under provision	-	(300)
	2,880	4,993
Total resources expended	390,046	346,249
Net Income/(expenditure)	(12,126)	68,076

COMMUNITY ACTIVITIES PROJECT EALING (C.A.P.E.)

England & Wales - Charity number 1064778

Accounts

**Community Activities
Project Ealing
(CAPE)**

**Report of the Trustees and Financial
Statements for the year ended 31st March
2021**

**REGISTERED COMPANY NUMBER: 03386839 (England and Wales)
REGISTERED CHARITY NUMBER: 1064778**

Community Activities Project Ealing (CAPE)

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Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

J A Schiemann

C Taylor

S B Hammett

A Bamford

Mrs A M Mahbubani

Resigned 24 August 2020

P Thorpe

Resigned 1 April 2021

M M Little

V Angra

Appointed 29 January 2021

N Rinaldi

Appointed 29 January 2021

Company Secretary

T Harrington

Resigned 1 October 2020

M M Little

Appointed 1 October 2020

Tracey Harrington is the Chief Executive Officer of CAPE.

Her official title is Chief Executive Officer.

Charity number **1064778**

Company number **03386839 England and Wales**

Principal address and Registered Office

239 A/B High Street

Acton

London W3 9BY

Auditors

Johnsons, Chartered Accountants

Statutory Auditor

Ground Floor

1-2 Craven Road

Bankers

HSBC

46 The Broadway

Ealing

London W5 5JR

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objective and aims

The company's objects are to benefit the community by the provision and safeguarding of mental health, the relief of psychosocial rehabilitation of persons suffering from mental disorders or ill health being primarily, but not exclusively, those who are ordinarily resident within the Borough of Ealing.

Our Vision, Missions and Values (Reviewed 2020)

Vision A world where individuals experiencing complex and enduring mental ill health build their emotional resilience and can live a fulfilled life.

Mission

Provide psychotherapy services via a one-to-one basis or group therapy to individuals with complex mental health issues who experience barriers accessing talking therapies or other acute mental health services.

Values The following values guide our behaviour and inform all our work

1. Value the potential of each individual. Their skills, capacity, knowledge, potential and connections to live the life they choose.
2. Promote collaborative models of working for individuals – enabling the client to become their own co-producer of positive mental health.
3. Safeguard each individual story – recognising the strengths and resilience of each story.
4. Support prevention and independence – by promoting possibilities and solutions that enable and empower individuals to determine their own pathways.

Our Strategic Objectives 2020-2024

After in depth review of CAPE's work over the previous years, and of the external environment and challenges it faces, the trustees have developed the following four strategic objectives for the period 2020-2024:

1. To continue the transition to a new blended service model which focuses on one-to-one strength based/therapy and an appropriate balance between outreach, building based, and on-line individual and group work.
2. To provide high quality services by continuously reviewing our client group needs and our effectiveness and impact.
3. To positively influence our external marketplace to ensure that best practice is delivered.
4. To ensure that we are well managed, and we have sufficient resources and skills to meet our strategic objectives.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2021: continued

OBJECTIVES AND ACTIVITIES

A clear direction was agreed by CAPE Trustees in 2020 to cease operating in the social interaction and life skills market now met by other charities and recovery colleges, and to focus on meeting a gap in the market identified several years earlier for tailored psychotherapy and psychoeducational one to one services for people with severe mental health issues whose needs were not met by IAPT or specialist NHS services.

CAPE clients entered the pandemic from a position of disadvantage, already experiencing pre-existing long-term mental health conditions, economically disadvantaged, many with physical health conditions and already isolated from their local communities through discrimination and fear. Much of our work is strength-based, building resilience, and connecting to the local community, this ceased at lockdown and continues with our staff team now providing one to one intensive phone or on-line work with individuals to remain safe and well at home.

CAPE staff team worked tirelessly throughout the pandemic to support 425 clients with complex mental health needs in the community. Working from their homes or outreach for crisis management, they ensured people were safe and received the crucial mental health support they needed or were sign posted/referred to more appropriate services for additional support or crisis management. To support our staff team we have increased supervision and reflective practice and introduced an Employee Assisant Programme EAP to support the team and their families.

Cape have worked closely with local police, safeguarding teams and primary and secondary care to ensure not only the safety of our clients but their families and friends during this difficult time and provided COVID safe services to those on our waiting list.

COVID Safe Services

Psychological support (strength-based) one to one online, building based if restrictions allowed or outreach for crisis mangement.

Psychotherapy individual services-on line or building based if restrictions allowed.

Psychoeducation groups- Hearing Voices, Mentalization-based therapy MBT,Coming out of Lockdown (fears), Yoga for Trauma (on-line), COVID peer support groups (on-line) ,Compassion Focussed Therapy for Psychosis, CFTP.

Wellness Zone for women experiencing substance misuse, prostitution or trafficking, domestic abuse and offending behaviour.

COVID safe check in to clients on our waiting list who were unable to access other support.

Case Study

'Now you know what it feels like for me every-day, afraid to go out, afraid to stay in, afraid of what the voices will make me do, afraid of other people hurting me, afraid of being alone' The voice of one of our clients describing what he thought the world was experiencing during lockdown.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2021: continued

OBJECTIVES AND ACTIVITIES

Public Benefit

Community Activities Project Ealing (CAPE) was founded 23 years ago, meeting the needs of individuals experiencing serious and long-term mental health needs in the local community. Our founding service was a safe place in the form of a Cafe where people could meet and take up peer support and volunteering opportunities, alongside an outreach service to support those hardest to engage. These services continue to this day. However, over the years we have recognised that we are working with a wide range of complex needs that have an impact on an individual's mental health and ability to be socially included, so we have developed, and continue to develop, services alongside our partners to respond to existing and emerging demand. We focus on the person not just the diagnosis, which enables us to recognise that each person is different, so our response is to be multi-layered and led by the individual.

In making this statement, the Trustees have had regard to the Charity Commission guidance on public benefit. CAPE is an independent charity as well as a company limited by guarantee.

NEED, ACHIEVEMENT AND PERFORMANCE

At least one in a hundred of us will experience one or more psychotic episodes, experiencing the world differently, often as terrifying, and dangerous to us or our loved ones. Many people recover from these experiences, some will live with them for their whole lives and will be severely disabled by them and by the associated stigma.

London Borough of Ealing.

4,576 people were registered with their GP as having psychoses in 2015/16. These numbers are predicted to rise over the next five years by approximately 0.4% per year. Over 50% of CAPE Clients have a diagnosis of schizophrenia and 100% have multiple diagnoses.

On average, there are 20 people discharged from secure forensic services and are supported in the community in Ealing each year. CAPE continues to support 10% of this client group alongside our partners.

CAPE in this financial year has provided 3,178 individual strength-based one to one sessions and over 1,000 hours of psychotherapy to 425 clients with complex needs. We have provided a full time mental health post to the women's wellness zone, conducted 2 client survey's to ensure they co-produced CAPE business plan 20-24.

We have not yet re-opened our referral routes but will when we have the capacity and resources to do so. This will be when the vaccination programme is fulfilled and restrictions lifted

Funding

Our Grant funding and Structured Market are holding well during COVID-19, but we are aware of potential impact on investment markets, Brexit and COVID-19 during this time, and have ensured we have maintained close contact with our funders so we can minimise risk together.

Charity sector funding has shrunk over the next 12 months as many funds are diverted to emergency funding. CAPE has seen a marked decrease in our open market funding channels during lockdown as our trading arm starts a recovery package for unlocking our store and online sales. We also expect to see a marked decrease in gift aid donations as a knock-on effect of our open market.

CAPE will continue to seek funding to support the following:

1. Focused therapeutic services for clients with enduring mental health issues (not previously provided for by West London NHS Trust).
2. Empowerment through strengths-based working and coaches.
3. Signposting for the essential social interaction, life skills, and reconnection to people, services, and communities.
4. Partnerships to provide specific services - employment and vulnerable women
5. Building partnerships through co-production to ensure appropriate signposting and the development of the essential connections and pathways where it is identified with service users that there are gaps.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2021: continued

FINANCIAL REVIEW

Financial Position

Income for the year increased by 7% to £414,325 (2020: £385,960). Expenditure reduced by 13% to £346,249 following the closure of the Café (2020: £399,208). There is a surplus of £68,076 for the year (2020 deficit £13,248).

CAPE continues to keep a tight control of its costs, but we are mindful that the funding environment has become harsher and more competitive, so we have consciously diversified our funding streams and ensured that expenditure is targeted in the most effective way possible.

CAPE's financial and reserves policies are currently under review by CAPE Trustee Board as expressed within our business plan 20-24.

We will implement these reviewed policies by ensuring strong steady growth in voluntary and earned income streams which we have been successful in achieving to date. Although there are still significant risks and challenges in the current environment, we are confident that we will continue to manage our financial sustainability through continual monitoring of expenditure, impact measurement and control over resource allocations through the life of the Business Plan.

Reserves Policy

The Board of the Trustees reviews CAPE reserves policy regularly.

The Board seeks to retain adequate reserves determining what level they should be by reviewing (i) the sustainability of current and projected income as compared with (ii) projected expenditure required to enable CAPE to meet client need and (iii) to meet any contingent costs associated with a forced reduction in activity. Overall the Board seeks to maintain enough reserves to provide stability and flexibility as the economic and funding environment changes.

We have successfully managed stabilising statutory income for the duration of the Business Plan and our voluntary/earned income continues to hold at planned levels. CAPE regularly reviews its contingency plans for how expenditure would be reduced in the event of significant shortfalls in projected income and any associated one-off costs.

Unrestricted Reserves carried forward at 31 March 2021 are £8,506. This compares to a negative Unrestricted Reserves position at 31 March 2020 of (£57,019). This is a much improved position year on year, especially considering the COVID pandemic and current economic environment.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The company was registered as a charity on 10 October 1997. The company was incorporated on 13 June 1997 as a company limited by guarantee of its members and not having a share capital. The company is governed by its Memorandum and Articles of Association.

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2021: continued

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

CAPE is governed by a management committee comprising of the Board of Trustees who are also directors of the company. The minimum number of members of the management committee is three and there is currently no maximum number.

The Board meets every three months.

At each Annual General Meeting one-third of the Board members for time time being, or if their number is not three or a multiple of three, then the number nearest one-third shall retire from office. The Board members to retire in every year shall be those who have been longest in office since their last election.

It is the responsibility of the existing management committee to recruit new members although some of the activities can be delegated. CAPE seeks to ensure that the management committee has a diverse range of skills and experience to support its work.

The decision to search for and select a new Trustee is taken by the management committee who will agree and document the particular skills, experience and knowledge that the new Trustee should bring to the management committee.

The Chief Executive Officer will run an appropriate search process to identify potential candidates.

The candidates to be reviewed will be interviewed by a sub-committee of the management committee consisting of the Project Director and two other Trustees one of whom should normally be the Chair. The interviewers do not have to meet as a panel and they can meet a candidate at separate times.

Candidates can be invited to a management committee meeting as an observer or meet other Trustees and/or members of staff informally to enable the candidate to establish whether they are still happy to be elected to be a Trustee.

Candidates will be asked in writing to confirm they have not been disqualified from acting as Trustees and they should consider and declare any current or potential conflicts of interest.

Candidate references will be taken up by the Chief Executive Officer.

Once a preferred candidate has been identified, this candidate is proposed to the management committee who will then make the final decision on appointment.

Induction and training of new trustees

On appointment the new Trustee should be provided with the:

- a) most recent CAPE annual report
- b) latest management accounts
- c) Memorandum and Articles of Association for CAPE
- d) minutes of the most recent management committee meetings

Community Activities Project Ealing (CAPE)

Report of the Trustees for the Year ended 31 March 2021: continued

Statement of Trustees Responsibilities

The trustees (who are also the directors of COMMUNITY ACTIVITIES PROJECT EALING (CAPE) for the purposes of company law) are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in Charity SORP;
- make judgments and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware;
- and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Johnsons, Chartered Accountants, will be considered for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 26/10/21 and signed on its behalf by:



M M Little - Company Secretary

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
COMMUNITY ACTIVITIES PROJECT EALING
(CAPE)**

Opinion

We have audited the financial statements of COMMUNITY ACTIVITIES PROJECT EALING (CAPE) (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its result, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
COMMUNITY ACTIVITIES PROJECT EALING
(CAPE)**

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF COMMUNITY ACTIVITIES PROJECT EALING (CAPE)

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

Identification and assessment of potential risks

In identifying and assessing potential risks related to irregularities in identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we conducted:

- Discussions with those charged with governance and those who review the charitable company's internal ethics and compliance reporting summaries, including those concerning investigations;

- Enquiries of management, including obtaining and reviewing supporting documentation, concerning the charitable company's material policies and procedures relating to identifying, evaluating and complying with laws and regulations and whether they were aware of any instances of non-compliance relating to the detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud; and the internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations;

- Our reviews of the charitable company's remuneration policies, and key drivers for remuneration and bonus levels;

- Our assessment of the influence of public officials over the operations of the charitable company including any material transactions with related parties and key individuals; and

- Discussions among the engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud. The engagement team includes the Audit Director and staff who have extensive experience of working with companies in the same sectors as the charitable company, and this experience was relevant to the discussion about where fraud risks may arise.

Risks arising from legal and regulatory frameworks

We are also required to perform specific procedures to respond to the risk of management override. We also obtained an understanding of the legal and regulatory frameworks in which the charitable company operates, focusing on provisions of those areas that had a direct effect on the determination of material amounts and disclosures in the financial statements.

We did not identify any material audit matters related to the potential risk of fraud or non-compliance with laws and regulations from our work:

- (i) Reviewing management override of controls;

- (ii) Testing the appropriateness of journal entries and other accounting adjustments;

- (iii) Assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and

- (iv) Evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated our assessment of the relevant laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
COMMUNITY ACTIVITIES PROJECT EALING
(CAPE)**

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Edmund Calverly

for and on behalf of Johnsons, Chartered Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Ground Floor
1 - 2 Craven Road
Ealing
London
W5 2UA

Date: 26 October 2021

Community Activities Project Ealing (CAPE)

Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2021

		Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	Notes	£	£	£	£
Income					
Donations and fundraising		65,525	-	65,525	14,572
Charitable activities		-	348,800	348,800	358,700
Other trading activities	2	-	-	-	12,688
Total income		65,525	348,800	414,325	385,960
Expenditure:					
Charitable activities		-	346,249	346,249	399,208
Total expenditure		-	346,249	346,249	399,208
Net income/(expenditure)		65,525	2,551	68,076	(13,248)
Transfers between funds		-	-	-	-
Net movement in funds		65,525	2,551	68,076	(13,248)
Reconciliation of funds					
Total funds brought forward		(57,019)	32,533	(24,486)	(11,238)
Total funds carried forward		8,506	35,084	43,590	(24,486)

Community Activities Project Ealing (CAPE)

Balance Sheet As at 31 March 2021

	Note	Unrestricted fund	Restricted fund	2021 Total Funds	2020 Total Funds
		£	£	£	£
Fixed assets					
Tangible Assets	7	2,718	14,377	17,095	11,389
Investments	8	1		1	1
		<u>2,719</u>	<u>14,377</u>	<u>17,096</u>	<u>11,390</u>
Current assets					
Debtors	9	4,729	-	4,729	19,053
Cash at bank and in hand		1,058	28,994	30,052	8,646
		<u>5,787</u>	<u>28,994</u>	<u>34,781</u>	<u>27,699</u>
Liabilities:					
Creditors: Amount falling due within one year	10	-	(8,287)	(8,287)	(63,575)
		<u>5,787</u>	<u>20,707</u>	<u>26,494</u>	<u>(35,876)</u>
Net current assets / (liabilities)					
		<u>8,506</u>	<u>35,084</u>	<u>43,590</u>	<u>(24,486)</u>
Total assets less current liabilities					
		<u>8,506</u>	<u>35,084</u>	<u>43,590</u>	<u>(24,486)</u>
Net Assets/(Liabilities)					
Funds					
Restricted income funds	11			35,084	32,533
Unrestricted funds				8,506	(57,019)
Total Funds				<u>43,590</u>	<u>(24,486)</u>

The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021. No member of the charity has deposited a notice, pursuant to section 476 of the Companies Act 2006, requiring an audit of these accounts.

The trustees acknowledge their responsibilities for (a) ensuring that the charitable company keeps accounting records which comply with sections 386 and 387 of the Companies Act 2006 and (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 144 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 26/10/21 and were signed on its behalf by:

C.H. Taylor

.....
C Taylor - Trustee



.....
M M Little - Trustee

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021

1 Accounting policies

1.1 Basis of preparation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

Since the year-end, COVID-19, a global pandemic, has forced the government to put the country into lockdown. The directors do not know the ongoing impact this will have on the company.

At the date of approving the financial statements, the trustees have confirmation of continued financial support from its grantor Industrial Therapy Organisation (Thames) Ltd and expect to have adequate resources to continue to operate for the foreseeable future. On this basis the financial statements have been prepared on the going concern basis.

1.2 Income

All income is recognised in the Statement of Financial Activities once the charitable company has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

1.3 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.4 Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- Equally over the period of the lease
Kitchen equipment	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on cost

1.5 Taxation

The company is a registered charity and is exempt from all forms of taxation which are available to registered charities other than Value Added Tax. The charity is not registered for Value Added Tax. It is thus not able to recover input tax, where this is charged, and this tax is included with the relevant item of expenditure.

1.6 Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

1.7 Pensions

The company operates a defined contributions scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021: *continued*

2 Other Trading Activities

	Total 2021	Total 2020
	£	£
Café Income	-	12,688
Total	-	12,688
	-	12,688

The Café closed in 2020 and therefore there are no takings this year.

3 Net Income/(Expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	Total 2021	Total 2020
	£	£
Auditors' remuneration	2,880	2,400
Auditors' remuneration for non-audit work	-	1,858
Loss on disposal of fixed assets	1,493	-
Depreciation - owned assets	6,075	4,806
	6,075	4,806
	6,075	4,806

4 Trustees' Remuneration and Benefits

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor the year ended 31 March 2020.

Trustee's Expenses

There were no trustees' expenses paid for the year ended 31 March 2021 nor the year ended 31 March 2020.

5 Staff costs

The average number of employees during the year was as follows:

	2021	2020
Management	1	1
Operations	10	12
	11	13
	11	13

No employees received emoluments in excess of £60,000 in the year ended 31 March 2021 or the year ended 31 March 2020.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021: continued

6 Comparative - Statement of Financial Activities for the Year Ended 31 March 2020

	Unrestricted Funds	Restricted Funds	Total Funds 2020
	£	£	£
Income			
Donations and fundraising	14,572	-	14,572
Charitable activities		358,700	358,700
Other trading activities	12,688	-	12,688
Total income	27,260	358,700	385,960
Expenditure:			
Charitable activities	47,855	351,353	399,208
Total expenditure	47,855	351,353	399,208
Net income/(expenditure)	(20,595)	7,347	(13,248)
Transfers between funds	(17,612)	17,612	-
Net movement in funds	(38,207)	24,959	(13,248)
Reconciliation of funds			
Total funds brought forward	(18,812)	7,574	(11,238)
Total funds carried forward	(57,019)	32,533	(24,486)

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021: continued

7 Tangible fixed assets

	Improvement to property £	Kitchen Equipment £	Fixtures and Fittings £	Computer equipment £	Total £
Cost:					
At 1 April 2020	4,602	9,210	8,559	13,116	35,487
Additions at cost	-	-	13,241	833	14,074
Disposals at cost	-	(9,210)	-	-	(9,210)
At 31 March 2021	4,602	-	21,800	13,949	40,351
Depreciation:					
At 1 April 2020	2,589	6,917	7,706	6,886	24,098
Charge for year	824	-	1,868	3,383	6,075
Depreciation on disposals	-	(6,917)	-	-	(6,917)
At 31 March 2021	3,413	-	9,574	10,269	23,256
Net book value:					
At 31 March 2021	1,189	-	12,226	3,680	17,095
<i>At 31 March 2020</i>	<i>2,013</i>	<i>2,293</i>	<i>853</i>	<i>6,230</i>	<i>11,389</i>

8 Fixed Asset Investments

Market Value

At 1 April 2020 and 31 March 2021

Shares in group undertakings £
1
1

Net Book Value

At 1 April 2020 and 31 March 2021

There were no investment assets outside the UK.

The company's investments at the balance sheet date in the share capital of companies include the following:

CAPE Shops Ltd

Nature of business: Charity shop

	% holding		
Class of share: Ordinary	100		
		31.3.21	31.3.20
Aggregate capital and reserves		2,654	1,516
(Loss) for the year		1,138	(591)

CAPE acquired 100% of the issued share capital of CAPE Shops Ltd on 25 January 2012.

The company raises funds for the charity by running a charity shop.

The charity shop opened for business on 10 April 2013.

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021: continued

9 Debtors	2021	2020
Due within one year:	£	£
Grants Receivable	-	14,250
Prepayments	-	2,600
Other debtors	4,729	2,203
	<hr/>	<hr/>
	4,729	19,053
	<hr/>	<hr/>
10 Creditors	2021	2020
Amounts falling due within one year:	£	£
Trade creditors	4,681	21,723
Other creditors	3,606	42,302
	<hr/>	<hr/>
	8,287	64,025
	<hr/>	<hr/>

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021: continued

11 Movement in Funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted Funds	(57,019)	65,525	-	8,506
Restricted Funds	32,533	2,551	-	35,084
Total Funds	(24,486)	68,076	-	43,590

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
Unrestricted Funds	65,525	-	65,525
Restricted Funds	348,800	(346,249)	2,551
Total Funds	414,325	(346,249)	68,076

Restricted Funds comprise:	At 1.4.20 £	Incoming Resources £	Resources Expended £	At 31.3.21 £
London Borough of Ealing	-	219,126	(219,126)	-
Lloyds Bank Foundation	20,833	37,695	(37,003)	21,525
Industrial Therapy Organisation	6,278	37,667	(37,667)	6,278
National Lottery	5,422	9,365	(11,518)	3,269
Independent Age	-	8,024	(4,012)	4,012
Change Grow Live	-	36,923	(36,923)	-
	32,533	348,800	(346,249)	35,084

Restricted Fund Asset split:	Fixed Assets £	Cash £	Creditors £	At 31.3.21 £
London Borough of Ealing	-	6,442	(6,442)	-
Lloyds Bank Foundation	11,108	12,262	(1,845)	21,525
Industrial Therapy Organisation	-	6,278	-	6,278
National Lottery	3,269	-	-	3,269
Independent Age	-	4,012	-	4,012
	14,377	28,994	(8,287)	35,084

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021: continued

11 Movement in Funds - Continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
Unrestricted Funds	(18,812)	(38,207)	(57,019)
Restricted Funds	7,574	24,959	32,533
Total Funds	(11,238)	(13,248)	(24,486)

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	27,260	(47,855)	(20,595)
Restricted Funds	358,700	(351,353)	7,347
Total Funds	385,960	(399,208)	(13,248)

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted Funds	(18,812)	44,930	(17,612)	8,506
Restricted Funds	7,574	9,898	17,612	35,084
Total Funds	(11,238)	54,828	-	43,590

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted Funds	92,785	(47,855)	44,930
Restricted Funds	707,500	(697,602)	9,898
Total Funds	800,285	(745,457)	54,828

Community Activities Project Ealing (CAPE)

Notes to the financial statements for the year ended 31 March 2021: continued

11 Movement in Funds - Continued

Unrestricted funds are made up of funds raised through donations and from fundraising events, as well as donations from the charity's trading subsidiary Cape Shops Ltd.

The restricted funds comprise of:

- a) the mental health contract and grant for the provision of personal social care services for people suffering from mental health problems in the London Borough of Ealing.

- b) grants and donations received from Industrial Therapy Organisation (Thames) Ltd, Change Grow Live, Lloyds Bank Foundation, Independent Age and National Lottery fund to cover staff and other costs for provision of services to people with mental health problems in the London Borough of Ealing.

12 Related party disclosures

During the year the charity received a donation of £8,000 (2020: £5,000) from Cape Shops Limited.

The charity charged CAPE Shops Ltd a management charge of £5,000 during the year (2020;£nil)

13 Liability of Members

The liability of each member is limited to £1 in the event of the company being wound up.

14 Controlling party

There is no controlling party.

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2021

	2021	2020
	£	£
Income		
Donations and fundraising	65,525	14,572
Other trading activities		
- Café income	-	12,688
	-	12,688
Charitable activities		
Contract with London Borough of Ealing	164,126	159,860
Grant from London Borough of Ealing	55,000	55,000
Industrial Therapy Organisation (Thames) Ltd Grant	37,667	37,667
Independent Age	8,024	-
Sundry income	-	11,625
The City Bridge Trust Grant	-	7,625
Change Grow Live	36,923	36,923
National Lottery	9,365	-
Lloyds Bank Foundation	37,695	50,000
	348,800	358,700
Total incoming resources	414,325	385,960
		-
Expenditure:		
Charitable activities		
Salaries	234,046	267,861
Social security costs	16,587	20,074
Pension contributions	20,441	20,833
Contract staff hire	19,029	16,133
Light, heat and water	4,172	6,758
Telephone	4,223	3,734
Postage and stationery	5,547	6,123
Travelling	96	761
Insurance	3,368	3,477
Food and kitchen supplies	67	7,276
Office and kitchen cleaning	3,154	5,414
Activities	66	233
Repairs	412	1,042
Training	3,619	5,043
Payroll bureau fees	624	624
Bank charges	150	177
Rent	11,057	17,592
Subscriptions	4,898	5,171
Sundries	2,132	1,819
Carried forward	333,688	390,145

Community Activities Project Ealing (CAPE)

Detailed Statement of Financial Activities (including Income and Expenditure Account) For the year ended 31 March 2021

	2021	2020
	£	£
Charitable activities		
Brought forward	333,688	390,145
Improvements to property	824	824
Loss on disposal of kitchen equipment	1,493	569
Depreciation of fixtures and fittings	1,868	253
Depreciation of computer equipment	3,383	3,159
	341,256	394,950
Support costs		
Governance costs		
Legal Fees	2,413	-
Auditors' remuneration	2,880	2,400
Auditors' remuneration for non audit work	-	1,560
Prior year (over)/under provision	(300)	298
	4,993	4,258
Total resources expended	346,249	399,208
Net expenditure	68,076	(13,248)