

Company registration number: 3414027

Charity registration number: 1064715

Salcare Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Salcare Ltd

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Salcare Ltd

Reference and Administrative Details

Trustees	Jamie Bird
	Tony Blockley
	Simon Reed
	Paul Jones
Senior Management Team	Jacqueline Bell, Director of Services
	Elizabeth Nugent
	Don Davis
	Odette Andre
Charity Registration Number	1064715
Company Registration Number	3414027
Registered Office	59 Ray Street
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	DE75 7GF
Independent Examiner	John O'Brien, employee of
	Community Accounting Plus
	Units 1 & 2 North West
	41 Talbot Street
	Nottingham NG1 5GL

Salcare Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Kathryn Godfrey (resigned 1 July 2023)
	Shelley Scott (resigned 1 January 2023)
	Fiona Pearson (resigned 1 July 2023)
	Jamie Bird
	Tony Blockley (appointed 1 April 2022)
	Simon Reed (appointed 1 January 2023)
	Paul Jones (appointed 1 January 2023)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 04/08/1997 and most recently amended 25/01/2018. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Potential trustees are interviewed following a Trustee Skills Analysis; vacancies are advertised through local public & voluntary sector networks and through our membership. Two vacancies are designated for User Involvement places. Work to develop this programme is planned for 2022.

Objectives and activities

Objects and aims

To provide the relief of persons resident in the borough of Amber Valley (and the adjoining areas) who are in conditions of need, hardship and distress, particularly by the provision of furniture, other household items, and food and provisions which are calculated to relieve their needs, hardship or distress.

Salcare Ltd

Trustees' Report

Objectives, strategies and activities

Family Support

Wrap-around family support services for families experiencing domestic abuse, including independent advocacy, family support & therapy for victims in Amber Valley & surrounding areas, including:

- Specialist domestic violence (DV) support for women with children, children & young people, older people, LGBT+ victims and male victims;
- Art Therapy service for children & young people who have experienced DV in the home;
- McKenzie Friend service providing support for families facing Family Court.

Practical Support

Providing practical assistance to families, including food, furniture packages, information, and signposting to welfare services.

Community Hub

Community café & shop, offering good value, nutritious food & company to local families and older people.

MISSION

Our constitutional purpose is to provide relief to residents Amber Valley (and adjoining areas) who are in need due to hardship and distress, particularly by the provision of furniture packages, food and counselling & advice and support.

Thanks to our supporters, volunteers, Trustees, staff teams and funders & donors, Salcare has grown to support more people than ever during unprecedented need due to the pandemic and its impact.

Our Purpose

To help create safer & stronger communities where people who are moving away from hardship or abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family.

Our Impact

As part of our commitment to putting the people we serve front and centre of our work we are doing more to measure our impact on their lives, including developing our procedures to measure what we do, how much we do and how well we do it. We do this by:

- gathering timely feedback on the quality of our work and the outcomes our clients see as a result.
- safely gathering & sharing our clients' stories, with their permission, to improve the services they get from us, and other agencies, as well as part of our campaigning work.

Salcare Ltd

Trustees' Report

Developing as a Charity

Trustees have worked hard to ensure we have a clear strategy going forward setting out how we achieve our vision to end domestic violence & abuse and in Heanor and the surrounding areas of Amber Valley & Erewash and ensure safe families and strong communities through community support addressing food & fuel poverty, isolation and loneliness.

We envisage a life where people live in resilient, caring and safe communities.

You'll hear more about our work below in the Service Reports, each written by the service leads who make up our Management team. They describe how their teams worked to deliver against our Trustees three service priorities for 22/23.

Service Priorities

1. As the communities we support come out of lockdown and its consequences, do more to address food & fuel poverty
2. Increase our work with older people, as an important hub of any family & community, to create services that welcome them and respond to their needs
3. Work with more young people, including development of our services to address the rise we're seeing of adolescent perpetrators who have experienced DVA

Organisational Priorities

To achieve the Trustees goals, we ventured to develop our capability and capacity as a charity, including:

1. Further defining our purpose to create a clear vision. Through consultation with our service users, our partners, the local community and our volunteers and paid staff team Trustees developed a 5-year framework setting out our strategy to achieve greater sustainability. We'll be working through the Lloyds Enhance Programme to continue to improve our financial systems and to undertake a Governance Review. In 2023 we will put more meat on the bone of the framework to produce a detail, costed business plan, including a feasibility study to refurbish our centre building.
2. Developing our people by investing in staff and volunteer training & development, with 7 team members (paid and volunteers staff) achieving level 3 or above qualifications. We improved our volunteer programme through the work of the Community Hub Development Officer, and all volunteers are now inducted. Because we've adapted to the times and introduced hybrid, flexible working, the teams have worked hard to develop their digital and IT capability, ensuring a more efficient, flexible customer service.
3. Building our fundraising strategy, including our capital fundraising programme, to diversify our income generation to secure the renovation of our building was fundamental this year. We've engaged a great architect, with much community space experience, consulted on our plans. Overwhelming positive feedback from clients, partners and the wider community helped us secure firm progress in our negotiations with the lottery and the Community Ownership Fund to fund the renovations.
4. Our Build Better Governance plan focused on finishing the Lloyds Enhance project to improve our financial & organisational risk systems. We've invested in our data capabilities including how we measure impact. New outcomes, developed through client & customer feedback, partner engagement and team consultation, will help us measure our impact. We've moved over to a cloud-based system and transformed our systems from referral to feedback digitally. Some initial issues moving to a fully cloud based systems, outweighed the benefits of better data collection and analysis.

We made some inroads to develop lived experience voices on our Board and throughout our service delivery. Four volunteers have joined two of our teams through our service delivery pathway. More dedicated work is still needed to fully integrate service users' voices in everything we do, including at Trustee level, where we now have one Service User representative.

Salcare Ltd

Trustees' Report

Service Delivery Reports

Our Family Support Service

Wrap-around family support services for families experiencing Domestic Abuse, including independent advocacy, court support, & art therapy, and perpetrator education.

Year on year, for the last three years, the need for our Domestic Abuse services increased, with referrals increasing to 821. The cases we're seeing are even more complex, with nearly 90% of our clients reporting poor mental health. Over 50% of those told us that uncertainty over income impacts their wellbeing. Some 40% of those told us they experienced a weekly choice between food or heating. All these issues impacted the whole family's lives, in those families with children.

Salcare Escape- our Domestic Abuse Service

Our IDVA/ISVA team supports high, medium and low risk victims of domestic abuse, of all genders, ethnicities and backgrounds for those living in Amber Valley and Erewash. All clients undergo risk assessments to assess safety and develop individualized safety and support plans, they specialise in providing holistic wrap around support to the family. This takes place in several ways, such as 1-2-1 support, attending the move on group, freedom programme, face to face and online practical/ emotional support.

The ISVA team support victims who have experiences of sexual abuse and rape. They have specialist training to enable them to work with clients who are reporting sexual offences to the police, allowing them to be supported if the case gets taken forward to CPS. They are able to support clients through the court system explaining court procedures and offering impartial advice and information to clients.

We support victims still living with the partner, supporting them with a planned departure, working with housing to get a new house, welfare rights to get benefits in place, working with social workers, health visitors and doctors to get help with help matters, including mental health. We work very closely with education to help ensure the children have a smooth transition into new schools. However, we're also seeing more Victims who feel they cannot leave Domestic Abuse as they are financially depended on the partner. Many Victims don't report to police, but they do often share what's happening with neighbours, family & friends but they don't know how or what to report, or to who. Furthermore, we continue to see barriers to survivors reporting, particularly sexual violence, and getting the right kind of ongoing support.

However, our McKenzie Friend Service does not face the same kind of resistance as those that are referred to domestic abuse services. Clients needing McKenzie Friend support often have been served court papers or faced no choice but to serve papers. Engagement with clients varies significantly depending on individual needs at the time, those with upcoming hearings or deadlines are prioritised. Clients can be apprehensive initially to share information, until building a relationship where they feel safe to share. We supported 314 clients impacted by domestic abuse, providing practical and emotional support through the legal system. Mostly in family court where the client has not been able to obtain legal aid or insufficient time to wait for legal aid decision which can take up to 30 weeks. Supporting clients through the whole process - from paperwork, court liaison to ensure special measures to multi-agency collaboration to reduce risk and increase safety for survivors. During support our clients often disclose information which leads to onwards referrals and signposting on to other services. Legal support and information for clients is provided for both criminal and civil, alongside support reporting crimes and later attending court.

Salcare Ltd

Trustees' Report

Our McKenzie Friend clients had to deal with other barriers however, including:

- Excessive time scales for court hearings, clients remain open on books for some time which can lead to dependency on the service and increasing burden of case numbers for the worker.
- Increase in adjournments due to lack of judicial availability since Nov'22.
- Rise in the issue of parental alienation or children being weaponized against survivors of domestic abuse, which we've started to baseline as part of our impact review in readiness of formal accreditation.
- Lack of awareness or complicity from agencies regarding an awareness around the issues of domestic abuse.
- Domestic abuse minimized, abuse the victim has suffered viewed as a separate issue to the risk to the child. Material increases in children being placed with perpetrator, which again we've begun to baseline to map any issues/trends.
- Survivors' mental health or coping mechanisms such as alcohol and drug abuse often develop or exacerbate when in an abusive relationship, later used against them in proceedings and viewed in isolation rather than consequence of the abuse suffered, with a lack of understanding of trauma impact, leading to clients reporting feeling further perpetrated.

Value driven support around victim choice

We've created a space offering non-judgmental, empathetic, confidential, and emotional support to survivors. This involves informing them on their rights, resources and legal processes involving reporting domestic abuse and sexual violence, helping them make informed choices.

We accompany survivors to medical examinations, police interviews, court proceedings and meetings with support agencies to help them feel more comfortable and supported throughout this process - we are the place that stops victims falling through the cracks, with ongoing long-term support that wraps around them until they no longer need us and feel confident to move on.

Our work in the Freedom Programme helps clients assess and monitor risk of harm from domestic abuse in their, and their family relationships, with us. We support them through a weekly programme to explore their experiences and feelings about their relationships.

When our clients begin to feel ready to move on from the Freedom Programme, project funding has enabled us to do more work around promoting self-care, building confidence to set healthy boundaries, and create a positive space to work on developing their own wellbeing, including yoga, reiki, outdoor retreats and volunteering opportunities.

The Move On Group provides a space for clients to understand themselves as an individual outside of an abusive relationship. We engage our clients in personalised activities, including meditation to create a peaceful atmosphere encouraging our clients to feel grounded and regulate their inner thoughts and feelings. The move on group is aimed at giving our clients the tools to create self-improvement in a holistic way by working on limiting beliefs, confidence building and goal setting. This is achieved using arts and crafts to encourage self-expression.

Salcare Ltd

Trustees' Report

Working with children in families

Providing advice, advocacy and support to children, young people, and their families, allows parent victims to engage because they know we are also supporting their children if they need it.

Our Children & Young People IDVA, works with them to assess and monitor risk of harm from domestic abuse in their family relationships. Acting as a single point of contact for young victims through one to one and Group work, gives children and young people not only the time and space to explore their experiences and feelings, but also offer practical information, education and tools to build healthy rather than unhealthy relationships. Promoting self-care, confidence, healthy boundaries, and positive wellbeing - to promote long term safety is also key to this work. Sessions often take place at schools, during the school day, working very closely with partners in education & the school to deliver weekly or bi-weekly sessions in a safe and confidential space, at a time that works for the child.

The children and young people's independent domestic violence advisor (C&YP IDVA) within Salcare aims to provide emotional and practical support for children and young people who have been exposed to or have had experience of domestic abuse. This looks different for each client and so the approach is very client led and focused on how best to support that individual. The support runs for approximately 10 weeks, and sessions are an hour long either once a week or bi-weekly. The support provides a safe space for clients to talk about their experiences and have someone listen and provide a support network or advice where needed. Topics which usually arise include building self-esteem, healthy relationships, dealing with big feelings such as anxiety and anger, and safety planning for those who may still be at risk due to domestic abuse. Sessions typically run within schools/colleges so that family/ evening time is not interrupted, however where this is not possible for example if a child is home schooled or has been suspended- the sessions can be run within the family home.

Over the last year the C&YP IDVA team has supported 74 clients. This has been made possible by building rapport with local schools within the Amber Valley and Erewash area. A total of 27 schools have been supportive in hosting sessions.

Communication between services, and with parents is crucial when wanting to support clients in a holistic way. Liaising with other services who work with and support the child or young person to share relevant information is important, for example by attending multi agency meetings.

Building good relationships and rapport with schools helps avoid the previously insurmountable barriers of day-to-day bureaucracy but also helps with data sharing so that the child or young person can be supported more holistically. We've also recognised the need to slowly build trust and rapport with the client, allowing them to feel comfortable to explore their experiences at their own pace. This can take longer for some clients and so they may need more than 10 sessions, and our commitment to being flexible enables this.

By joining up and working even more closely alongside both the IDVA and Art Therapy services within Salcare. These services are often the source of referrals for new clients and working alongside each other allows the whole family to be supported in more holistic ways as well.

- Our average quality rating stands at 4.88 out of 5.

Working with Adolescent (C&YP) perpetrators

Home Office funding enabled us to run number of intervention sessions with 131 C&YP which continued with some additional funding until August. Provision continued both during school hours (11 sessions) & outside of school (22 sessions). All participating schools shared the consensus that the value of participation in these groups outweighed any short period of absence: short time loss for a long-term gain is how it was universally described. Sadly, funding ended however we learnt a great deal about this cohort and what they needed. All had been victims of domestic abuse in at home, most notably the level of flexibility required both in and outside sessions. Feedback (from participants, their families and involved agencies), told us that our approached worked:

Salcare Ltd

Trustees' Report

Participants

- “Absolutely amazing, shows you how to respect people and control yourself”
- “Everyone was respectful and listened to each other and that everyone could listen to each other”
- “fun and interesting, better than if just done all talking, made me pay attention more and learn more”

Schools & Agencies

- “Creative, friendly, flexible”
- “Helpful”
- “Very good”

Parents & Carer feedback

- “Understanding”
- “for him to understand what respect is and boundaries and ways to manage his temper and yes they were met”
- “He’s loved it, and enjoys all his time there”

We found it to be a great asset to utilise a combination of bio, social, psycho education and creative expressive techniques. It created a wide variety of mediums to teach and share information. It also increased engagement and involvement with the activities and topics that were being explored. We found some young people had difficulty verbalising their experiences or emotions but felt safer and more capable of doing this through role play, movement and art making. Due to participants being more able to engage with the session content they are then more likely to understand and digest the subject matter with better chances of remembering what had been discussed. This also meant that they were more likely to remember the techniques taught about how to manage own behaviour and anger. We utilised techniques such as expressive movement, roleplay, musical instruments, appropriate videos and art making to ensure that we covered a variety of different learning styles to give participants the best opportunities to engage in the sessions.

As part of the group, we give participants the opportunity to go forward and access our art therapy service after completing the group, we wanted to offer further specialist support should young people wish to engage in this. This has been met with positive responses from group members, their parents and refers. This can also be found to be reflective of their experiences and their willingness to move forward, gain further support and education as well as a recognition that they’re needing further intervention.

The interactions that came from this cohort were increasingly positive, boundaries and expectations were set for the group from the beginning, and we could revisit these where it was necessary. This also had the benefit of giving young people positive interactions with workers able to support them. We found a lot of group members might not have had positive relationships with professionals or organisations such as school or the police but by working through some of this, by giving them the opportunity to work with practitioners in a safe, respectful and bounded way. Our intention was to improve the interactions they will go on to have in the future whilst also allowing them to feel able to work with other agencies and overall, we found we achieved this.

Art Therapy Service

Art Therapy is a Creative Psychotherapy used in the treatment of a variety of presenting issues including mental health and emotional well-being. The art making process can offer another way to communicate that which is non-verbal and symbolic, through which expression including unconscious feelings, wishes, fears and phantasies central to inner world can be expressed and explored. Art therapy uses concrete external media which allows for an observable, sometimes tangible, sensory item that is both witnessed in its process of creation and exploring the end product. The made art is not used for diagnostic purposes rather the personal meaning comes from the client through reflection. We are funded by BBC Children in Need and provide a short intervention of a 1-hour sessions for 12 weeks. We work with children and young people who have been impacted by trauma and loss in Derbyshire. We have two art therapy rooms and attend school sites when needed.

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We managed to receive another 3 years funding from Children In Need and have provided assessment and where appropriate therapy to 67 individuals. Many are siblings within one house. With our trainees support we have worked with on average 16.75 clients every month. This would not be possible without the work from our trainees. We still use assessment structure of vital paperwork and are using either SDQ's (strengths and difficulties questionnaires) or star outcome (dependent on age/ developmental age). This is gathered from parent, self and sometimes teachers. This is taken at the start and at the end of service engagement.

Of these clients they have waited approximately 4-6 months from referral for an assessment and to receive therapy. The most impact we have seen from this data is in the supplement to SDQ's the impact score. Where the client leaves our service indicated by teacher, parent and self-evaluation form as the issues they attended for originally no longer impact, school, home or the individual.

The journey of art therapy for each client has been unique to their own challenges, strengths and needs. We still use a non-directive approach allowing what is needed to be expressed and explored to be in a safe contained way. We have provided therapy at 9 different schools with multiple clients sometimes in each school. Easing access to the services and causing less disruption to education.

We continue to contact and build rapport with families and the systems that surround the individual. Often providing sign posting, referrals to Salcare other services and offering knowledge and support with appropriate Bio-Social-Psychoeducation relevant to their Child or young person in an accessible, relatable way.

Parents completed score	P start	P 12 weeks	P 22 weeks
Total difficulties	16	31	17
Emotional problems score	2	4	1
Conduct problems score	6	7	3
Hyperactivity score	6	9	7
Peer problems score	2	5	4
Prosocial score	8	9	10
Impact score	4	6	2

Above is the SDQ scores from an individual showing their journey with us in art therapy. It showed the decline at week 12 and the reason why we adapt the service for the individual. Often in therapy things do get worse before they get better. We call this the Nike tick of a journey. We continued providing 1-2-1 therapy for a negotiated 10 more weeks.

A teachers feedback for this client was that "[Client] is learning to cope better with big emotions. [Their] listening and empathy skills have definitely improved." The client wrote how therapy had been "brilliant" and rated us 9.5 out of 10.

We have learnt this year the need to continue building strong bonds with the systems that surround the child. As you are never just working with the child. This means that the therapy team attend TAF (team around the families) and CIN (child in need meetings). Chapters and discussions have been shared with social care and schools around being trauma informed. Upleveling the knowledge and skills of key workers in the child and young person's life.

We're continually developing our partnerships in Higher Education, both with the University of Derby and Sheffield Hallam University, providing robust Trainee placements for Trainees Arts Psychotherapist, under the clinical supervision of our fully qualified Arts Therapist Manager.

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Managing three trainees does not necessarily mean more clients are seen, as supervision and supporting takes our Art Therapies managers time away from direct service delivery, so we work closely with the CHIDVA team (child and young person Independent domestic violence advocates) in the Family Support Team, to provide valuable practical support outside the therapy room.

We're introducing new digital outcomes and feedback forms to help with service evaluation, having also learned that systems need information to best support individuals who have experienced Domestic Abuse. This may look like providing creative training sessions provided to schools and families, alongside than our work with individual clients. Below are some of our feedback received from parents and clients who have received individual therapy.

- 'Brilliant and happy' for the question 'one statement that sums up how you feel about yourself'
Self-report from feedback form

- "I think I am beautiful, kind and a brilliant friend "
Self-report from feedback form, when asked how the C&YP now feels about themselves.

- '[Siblings] are getting along a lot better since attending Salcare...Both listen to each other and care about how the other one feels. Home life seems to be a lot easier for all three of us'
Dad (redacted for names) 121 feedback.

Practical Support & Community Hub

Offering practical assistance to families, delivering quality food, furniture packages, information, and access to welfare rights services.

Foodbank parcels are down from last year to 1267 over the period, mainly due to many of our users moving over to the community pantry. Many foodbank users are in crisis and use the service temporarily to support an immediate need. Many users have families, so we estimate the real reach of the project to be closer to 3000 local people and families.

The community pantry has been an outstanding success, launched in July 22 we have seen membership rise to nearly 300 in the first few months of operation. Customers could access a varied weekly shop for £5, saving huge amounts on their household budget and avoiding debt. We delivered over 1400 shops in the first 9 months of trading, with an estimated high street value of £50,000 being accessed by local people in need, many of whom have children and families, increasing the reach of the project to an estimated 4000+ local people with 20 tons of food avoiding landfill.

Quotes from pantry users

- 'The pantry allows us (family of 4) to eat, avoiding me skipping meals'.
- 'I would recommend it to everyone, there's so many people in the same boat as us, the pantry really helps'.
- 'The cost of food at the regular supermarkets today is very stressful to try and keep up with. Being able to use the pantry has helped so much so far and enabled me to make sure my children are provided with more essentials they need. Without it I don't know what I would do!'

We're very grateful for the support of many organisations in funding the increased supply of food that we have needed to source to support the food poverty projects.

Salcare Ltd

Trustees' Report

We're very grateful for the support of many organisations in funding the increased supply of food that we have needed to source to support the food poverty projects.

During winter 2022/3 we provided a Warm Hub where people could come, escape the cold and cost of heating their homes and enjoy a free cuppa' and snacks. Nearly 150 local people regularly used the Warm Hub, many older people and those living in isolation, engaged with their community and many accessed other support services at the same time. We plan to provide this service moving forward.

Partnership working has increased with additional service providers using the Centre as outreach provisions. In addition to Citizens Advice, who have been providing service for over 3 years, we have been working with Marches Energy Agency to provide essential fuel poverty and debt advice, Safer Neighborhood Team, and the NHS Sexual Health project.

We've had strong support from a small, but dedicated team of volunteers who have been outstanding in their contribution and continuity and without which we would not be able to provide services to the level we needed.

Next Years Priorities

Following an analysis of the needs, strengths & opportunities with each team and full team engagement sessions on our vision, values, outcomes and building plans, over the summer, Trustees have developed the charities strategic framework and agreed a new set of priorities to further advance our impact.

Fundamental to achieving our greatest impact is the need to refurbish our community centre, fixing its problems and making it sustainable for our community to receive service, support and be proud of. Our vision is to develop the site, making it a welcoming and useful building that is fit-for-purpose and a genuine community asset. It will help tackle the needs of the community and, as they change, be adaptable to any new need.

Trustees also intend to focus on sustainability, both environmentally, through the building improvements but also economically. Next year we will develop needs-led business models that increase our earned income through service development and retail & sales, growing Family Support with a wider focus on supporting families experiencing challenge and change and growing our McKenzie Friend Service to offer a wider range of support.

Growing our business surplus should allow Trustees to invest in a core workforce over the medium term and develop our Community Hub as a community asset including expanding our Warm Hub & Community Café which is enabling us to deliver community services to more people.

A governance review to look at developing the Board's membership, increasing service user involvement and diversity is also a priority.

Salcare Ltd

Trustees' Report

A message from our Chair

As I reflect over my term in office over the last three years, I'm clear that, now more than ever, what we need are places like Salcare. At the simplest level, Salcare is a warm and welcoming place to be when so many people are struggling to cope with their day to day lives - whether that's keeping their homes warm this winter, their children fed or struggling with the trauma and consequences of domestic abuse.

Since the first Lockdown, even now, the level of stress, anxiety and isolation felt by people has noticeably increased. For all those who come to the Salcare, whether they are Pantry members, Warm Hub & Community Café customers, Foodbank users, furniture warehouse shoppers or Salcare Family Support clients, they are joining a community of nurture, care and support. The Salcare Team - our paid staff and our Volunteers - are a genuine antidote to the multiplicity of crises that loom over us all through these difficult times.

The catastrophe of the current cost of living crisis, particularly for those on the edges of society, already beleaguered by so much hardship, might suffer even more. If you are reading this and feel that you could help us in any way, by volunteering or making a donation, then please do.

I want to take this opportunity at the time of our annual report to applaud the remarkable team that we have at Salcare. That team includes, of course, the wonderful volunteers, staff and Trustees who steer the ship, but it also includes our service users, our members - who get stuck in and make a difference.

There is a list of achievements, as ever, to note. Four team members in the Family Support, delivering the domestic abuse side of our work qualified as IDVA's, ISVA's & CIDVA's and their Manager celebrated her IDVA Managers qualification too. Two other's completed further qualifications to add value to their work.

Following the shock of the lockdowns, we are rebuilding our enterprise activity, giving us the revenue to fund all the additional work we do, including mentoring new volunteers who have been out of the workforce for some time. All of this is very much a team effort, all those who make our varied enterprises and support activity so vibrant and forward looking.

We couldn't work without our volunteers who add so much value to impact we have.

We have seen the reopening of our Community Café in our new Community Hub, a vital Warm Space. Our Community Pantry is thriving as a more dignified alternative to emergency food parcels from our Foodbank, which sadly is still needed.

All the while, partner organisations and individuals continue to support our work, not least the people at Futures Housing, who helped with refreshing our walls, paid and installed our new super smart electric cooker amongst other things, our friends at Gillets Funeral Directors, the wonderful team at Liniar, staff at Rural Action Derbyshire, who yet again partnered with us on our food projects, Warburtons & Sainsburys and the Co-op for their regular donations, and all the organisations who fund our work. We could not do it without you and you need to know that for many of our people Salcare is a life-saver.

So, if you are feeling gloomy and beleaguered by all the troubling things that are happening in our world today, I can think of no better place to be than the Salcare building, a drafty as it can sometimes be in the warehouse, you'll get a warm welcome and a smile.

Thank you to everyone who makes it such a special place.



Dr. Jamie Bird,
Chairperson, Board of Trustees

Salcare Ltd

Trustees' Report

A message from our CEO

As I reflected on the last year, I felt proud of everything we've achieved while acknowledging everything we have yet to do.

From working with our service users and campaigning for change, to raising life-saving funds and lobbying against sector funding cuts, we never lose sight of the very real needs in our community and our lifesaving services that support them.

We thank every single person and organisation that has come together to make this progress possible. And we have a lot of people to thank!

Our partnerships have deepened we have remained unwavering in our commitment to building a world where women, men and children are free from harm at home.

Over the year, we have supported more people find a safe, warm space and put food on the table for their families. We also relaunched our Community Café, not only offering super examples of the great value you can get out of surplus food, but also as a route to enabling families and individuals to access practical support. Thanks to the style and panache of our Community Hub Worker, it's also a lovely place to be.

And we have helped more victims of domestic abuse, including children, find safety and come out the other side to help the cope better with everyday life, through what has been a very challenging year. The effects of the cost-of-living crisis are still being felt by the communities and cohorts we work alongside. In this year's report, we share the incredible work that we have done over the past year as we continue to battle on behalf of our service users and clients.

As well as reflecting on how far we have come, we are more motivated than ever in how far we have yet to go. To that end, we will continue to campaign and challenge domestic abuse, food & fuel poverty, keeping those with lived experience at the heart of everything we do.

Jacqueline Bell
Director of Services

Public benefit

We help create safer and stronger communities where families who are moving away from abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family:

- Reduced risk of vulnerable people facing serious harm;
- Rehabilitation of perpetrators;
- Prevented victims & families becoming homeless;
- Reduced food & fuel poverty;
- Reduced bed (furniture) poverty;
- Increased access to welfare rights.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Salcare Ltd

Trustees' Report

Financial review

Policy on reserves

The Board is developing its ability to balance the needs of current and future beneficiaries and is currently in the process of developing its Operating Reserve Policy to ensure the stability of the mission, services, employment, and ongoing operations of the charity.

Statement of Responsibilities

The trustees (who are also the directors of Salcare Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 05/02/2024 and signed on its behalf by:



.....
Jamie Bird
Trustee

Salcare Ltd

Independent Examiner's Report to the trustees of Salcare Ltd ('the Company')

Independent examiner's report to the trustees of Salcare Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

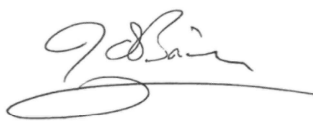
Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 06/02/2024

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	105,707	-	105,707	105,959
Charitable activities	3	51,057	263,148	314,205	266,985
Investment income	5	151	-	151	60
Total income		<u>156,915</u>	<u>263,148</u>	<u>420,063</u>	<u>373,004</u>
Expenditure on:					
Charitable activities	6	<u>(179,056)</u>	<u>(254,812)</u>	<u>(433,868)</u>	<u>(314,576)</u>
Total expenditure		<u>(179,056)</u>	<u>(254,812)</u>	<u>(433,868)</u>	<u>(314,576)</u>
Net (expenditure)/income		<u>(22,141)</u>	<u>8,336</u>	<u>(13,805)</u>	<u>58,428</u>
Net movement in funds		(22,141)	8,336	(13,805)	58,428
Reconciliation of funds					
Total funds brought forward		<u>234,017</u>	<u>39,842</u>	<u>273,859</u>	<u>215,431</u>
Total funds carried forward	14	<u>211,876</u>	<u>48,178</u>	<u>260,054</u>	<u>273,859</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

The notes on pages 19 to 28 form an integral part of these financial statements.

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	105,959	-	105,959
Charitable activities	3	20,482	246,503	266,985
Investment income	5	60	-	60
Total income		<u>126,501</u>	<u>246,503</u>	<u>373,004</u>
Expenditure on:				
Charitable activities	6	<u>(74,339)</u>	<u>(240,237)</u>	<u>(314,576)</u>
Total expenditure		<u>(74,339)</u>	<u>(240,237)</u>	<u>(314,576)</u>
Net income		52,162	6,266	58,428
Transfers between funds		<u>1,184</u>	<u>(1,184)</u>	<u>-</u>
Net movement in funds		53,346	5,082	58,428
Reconciliation of funds				
Total funds brought forward		<u>180,671</u>	<u>34,760</u>	<u>215,431</u>
Total funds carried forward	14	<u><u>234,017</u></u>	<u><u>39,842</u></u>	<u><u>273,859</u></u>

The notes on pages 19 to 28 form an integral part of these financial statements.

Salcare Ltd

(Registration number: 3414027) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	9	90,592	88,019
Current assets			
Debtors	10	3,698	2,395
Cash at bank and in hand	11	178,937	184,615
		182,635	187,010
Creditors: Amounts falling due within one year	12	(13,173)	(1,170)
Net current assets		169,462	185,840
Net assets		260,054	273,859
Funds of the charity:			
Restricted income funds			
Restricted funds	14	48,178	39,842
Unrestricted income funds			
Unrestricted funds		211,876	234,017
Total funds	14	260,054	273,859

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 16 to 28 were approved by the trustees, and authorised for issue on 05/02/2024.. and signed on their behalf by:



Simon Reed
Trustee

The notes on pages 19 to 28 form an integral part of these financial statements.

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Salcare Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	25% reducing balance
Computer equipment	25% reducing balance
Fixtures & fittings	25% reducing balance

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	54,515	54,515	-
Donations from individuals	-	-	12,087
Grants, including capital grants;			
Government grants	51,192	51,192	93,872
	<u>105,707</u>	<u>105,707</u>	<u>105,959</u>

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Sales & fees	51,057	-	51,057	20,482
Grants and donations	-	263,148	263,148	246,503
	<u>51,057</u>	<u>263,148</u>	<u>314,205</u>	<u>266,985</u>

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Derbyshire Police & Crime Commissioner	-	196,291	196,291
BBC Children In Need	-	26,895	26,895
Derbyshire County Council	51,192	17,778	68,970
National Grid Community Matters Fund	-	6,204	6,204
Derbyshire Mental Health Forum	-	4,983	4,983
Futures Housing	-	3,960	3,960
The JH Rausing Trust	-	3,000	3,000
Rural Action Derbyshire	-	2,000	2,000
TESCO Community Grants	-	1,125	1,125
Lloyds Bank Foundation	27,250	-	27,250
Coalfields Regeneration Trust	9,850	-	9,850
B&Q Foundation	5,000	-	5,000
The Kelly Family Charitable Trust	4,000	-	4,000
Rural Action Derbyshire	3,004	-	3,004
Community Matters Fund - Holiday Hunger	2,490	-	2,490
The Neighbourly Fund	1,000	-	1,000
Sundry grants & donations	1,921	912	2,833
	<u>105,707</u>	<u>263,148</u>	<u>368,855</u>

5 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	<u>151</u>	<u>151</u>	<u>60</u>

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Accountancy	-	-	-	4,361
Advertising & promotion	1,302	3,158	4,460	752
Bank charges	480	-	480	315
Cafe stock	-	1,077	1,077	-
Cleaning	-	-	-	41
Equipment	2,073	-	2,073	324
Food bank expenses	1,553	2,430	3,983	247
Insurance	6,978	-	6,978	6,160
Legal & professional	15,333	8,188	23,521	6,630
Mileage	1,194	2,703	3,897	3,937
Wages, NI & Pension	119,203	215,581	334,784	251,725
Office & general administrative expenses	-	2,445	2,445	702
Printing & stationery	700	1,065	1,765	187
Repairs & maintenance	5,177	-	5,177	3,307
Sundry expenses	144	49	193	617
Supervision	-	1,860	1,860	1,415
Tech support	-	-	-	6,257
Telephone & internet	738	2,021	2,759	4,265
Training	442	4,443	4,885	6,354
Utilities	1,867	3,810	5,677	6,404
Vehicle costs	5,451	-	5,451	6,779
Rent & rates	908	-	908	-
Depreciation	5,463	-	5,463	3,614
Dues & subscriptions	192	220	412	183
Employee expenses	1,203	4,600	5,803	-
Pantry inventory	2,100	723	2,823	-
Volunteer expenses	131	439	570	-
Card fees	251	-	251	-
Pest control	704	-	704	-
Purchases	3,780	-	3,780	-
Security	1,689	-	1,689	-
	<u>179,056</u>	<u>254,812</u>	<u>433,868</u>	<u>314,576</u>

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

7 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	<u>5,463</u>	<u>3,614</u>

8 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	300,982	229,519
Social security costs	17,833	11,521
Pension costs	<u>15,969</u>	<u>10,685</u>
	<u>334,784</u>	<u>251,725</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	<u>17</u>	<u>15</u>

12 (2022 - 11) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £15,969 (2022 - £10,685).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £148,843 (2022 - £46,984).

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

9 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Fixtures & fittings £	Total £
Cost					
At 1 April 2022	148,413	21,292	9,590	-	179,295
Additions	-	7,076	-	960	8,036
At 31 March 2023	148,413	28,368	9,590	960	187,331
Depreciation					
At 1 April 2022	62,333	20,763	8,180	-	91,276
Charge for the year	2,968	1,902	353	240	5,463
At 31 March 2023	65,301	22,665	8,533	240	96,739
Net book value					
At 31 March 2023	83,112	5,703	1,057	720	90,592
At 31 March 2022	86,080	529	1,410	-	88,019

10 Debtors

	2023 £	2022 £
Trade debtors	305	-
Prepayments	3,393	2,269
Other debtors	-	126
	<u>3,698</u>	<u>2,395</u>

11 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	77	77
Cash at bank	<u>178,860</u>	<u>184,538</u>
	<u>178,937</u>	<u>184,615</u>

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	130	-
Other taxation and social security	11,634	-
Other creditors	<u>1,409</u>	<u>1,170</u>
	<u>13,173</u>	<u>1,170</u>

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

13 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

14 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
<i>General</i>				
General	234,017	156,915	(179,056)	211,876
Restricted funds				
Food Bank & Pantry	624	8,037	(3,485)	5,176
Art Therapy	3,241	26,895	(20,000)	10,136
Tampon Tax	800	-	(800)	-
Salcare Escape	35,177	201,274	(209,607)	26,844
Hub	-	21,832	(19,843)	1,989
Cafe	-	5,110	(1,077)	4,033
Total restricted funds	<u>39,842</u>	<u>263,148</u>	<u>(254,812)</u>	<u>48,178</u>
Total funds	<u>273,859</u>	<u>420,063</u>	<u>(433,868)</u>	<u>260,054</u>

The specific purposes for which the funds are to be applied are as follows:

Food Bank & Pantry - contributes towards the costs associated with providing our food bank and pantry service.

Art Therapy - contributes towards the costs associated with providing our art therapy service.

Tampon Tax - contributes towards the costs associated with providing our support services.

Salcare Escape - contributes towards the costs associated with providing our family support service.

Hub - project led, warm hub activities include provision for community including refreshments, support and a warm space.

Cafe - project led, often a specific project as part of warm hub, community cafe activities include provision low cost food & volunteer expenses.

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General	180,671	126,501	(74,339)	1,184	234,017
Restricted					
Food Bank & Pantry	-	13,716	(13,092)	-	624
Art Therapy	-	19,036	(15,795)	-	3,241
Tampon Tax	800	-	-	-	800
Salcare Escape	32,347	201,751	(197,737)	(1,184)	35,177
COVID Support	1,613	12,000	(13,613)	-	-
Total restricted funds	<u>34,760</u>	<u>246,503</u>	<u>(240,237)</u>	<u>(1,184)</u>	<u>39,842</u>
Total funds	<u>215,431</u>	<u>373,004</u>	<u>(314,576)</u>	<u>-</u>	<u>273,859</u>

15 Analysis of net assets between funds

	Unrestricted		2023 Total funds
	General £	Restricted £	£
Tangible fixed assets	90,592	-	90,592
Current assets	134,457	48,178	182,635
Current liabilities	(13,173)	-	(13,173)
Total net assets	<u>211,876</u>	<u>48,178</u>	<u>260,054</u>
	Unrestricted		2022 Total funds
	General £	Restricted £	£
Tangible fixed assets	88,019	-	88,019
Current assets	147,168	39,842	187,010
Current liabilities	(1,170)	-	(1,170)
Total net assets	<u>234,017</u>	<u>39,842</u>	<u>273,859</u>

Salcare Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

16 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	975	1,140
Other financial services	1,333	1,613
	<u>2,308</u>	<u>2,753</u>

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

19 Related party transactions

There were no related party transactions in the year.