SALCARE LTD

England & Wales · Charity number 1064715

Details

Other names	HEANOR PARISH CHURCH SALCARE, HEANOR SALCARE, SALCARE
Status	Registered
Legal form	Charitable company
Company number	03414027
Registered	1997-10-06
Register	View on the Charity Commission register

Contact

Address	59 Ray Street Heanor Derbyshire DE75 7GF
Phone	01773764562
Email	enquiries@salcare.org.uk
Website	www.salcare.org.uk

Activities

Objects: TO PROVIDE THE RELIEF OF PERSONS RESIDENT IN THE BOROUGH OF AMBER VALLEY (AND ADJOINING AREAS) WHO ARE IN CONDITIONS OF NEED, HARDSHIP AND DISTRESS, PARTICULARLY BY THE PROVISION OF FURNITURE, OTHER HOUSEHOLD ITEMS AND FOOD PROVISIONS WHICH ARE CALCULATED TO RELIEVE THE NEED , HARDSHIP OR DISTRESS OF SUCH PERSONS

Activities: We help create safer & stronger communities across Amber Valley, Erewash & surrounding areas, where families who are moving away from hardship or abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family, including Salcare Escape Domestic Abuse service, furniture warehouse, community pantry & community cafe & hub.

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Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** BOROUGH OF AMBER VALLEY AND ADJOINING AREAS
- Derbyshire
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£450,892	£467,102	-	-
2024-03-31	£422,546	£455,862	-	-
2023-03-31	£420,063	£433,868	-	-
2022-03-31	£373,004	£314,576	-	-
2021-03-31	£336,521	£232,594	-	-

Trustees

Name	Role	Appointed
Irene Eagle		2025-09-19
Mariah Tompkins		2025-09-19
Paul Jones		2023-04-03
Shelley Scott		2025-09-19
Simon Reed		2023-01-10
Tara Walker		2025-09-19
Yassine Lamine Abdourahman Mohamed		2024-07-18

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SALCARE LTD

England & Wales - Charity number 1064715

Accounts

Company registration number: 3414027

Charity registration number: 1064715

Salcare Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Salcare Ltd

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Salcare Ltd

Reference and Administrative Details

Trustees	Shelley Scott
	Jamie Bird
	Tony Blockley
	Simon Reed
	Paul Jones
	Yassine Lamine Abdourahman Mohamed
	Irene Eagle
	Mariah Tompkins
	Tara Walker
Senior Management Team	Jacqueline Bell, Director of Services
	Elizabeth Nugent
	Don Davis
	Odette Andre
Charity Registration Number	1064715
Company Registration Number	3414027
Registered Office	59 Ray Street Heanor Derbyshire DE75 7GF
Independent Examiner	Eva Stevens, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Salcare Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2025.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Shelley Scott (appointed 19 September 2025)
	Jamie Bird
	Tony Blockley
	Simon Reed
	Paul Jones
	Yassine Lamine Abdourahman Mohamed (appointed 16 July 2024)
	Jodie Cook (appointed 16 July 2024 and resigned 22 January 2025)
	Sonia Richardson (appointed 16 July 2024 and resigned 22 January 2025)
	Irene Eagle (appointed 19 September 2025)
	Mariah Tompkins (appointed 19 September 2025)
	Tara Walker (appointed 19 September 2025)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 04/08/1997 and most recently amended 25/01/2018. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Trustees are recruited via an open recruitment advertising interview process, recruitment, interview and selection following Trustee Skills Analysis. Salcare advertises vacancies through local public & voluntary sector networks and our membership.

Objectives and activities

Objects and aims

To provide the relief of persons resident in the borough of Amber Valley (and the adjoining areas) who are in conditions of need, hardship and distress, particularly by the provision of furniture, other household items, and food and provisions which are calculated to relieve their needs, hardship or distress.

Objectives, strategies and activities

MISSION
Our constitutional purpose is to provide relief to residents Amber Valley (and adjoining areas) who are need due to hardship and distress, particularly by the provision of furniture packages, food and counselling & advice and support.

Thanks to our supporters, volunteers, Trustees, staff teams and funders & donors, Salcare has grown to support more people than ever during unprecedented need due to the pandemic and its impact.

Salcare Ltd

Trustees' Report

Our Purpose
To help create safer & stronger communities where people who are moving away from hardship or abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family.

Our Impact
As part of our commitment to putting the people we serve front and centre of our work we are doing more to measure our impact on their lives, including developing our procedures to measure what we do, how much we do and how well we do it. We do this by:

- gathering timely feedback on the quality of our work and the outcomes our clients see as a result.
- safely gathering & sharing our clients' stories, with their permission, to improve the services they get from us, and other agencies, as well as part of our campaigning work.

FAMILY SUPPORT

Wrap-around family support services for families experiencing Domestic Abuse, including:
- Independent advocacy
- Family support
- Therapy for victims in Amber Valley & surrounding areas
- Specialist DV support for women with children, children & young people, older people, LGBT+ victims and male victims.
- Art Therapy Service for children & young people who have experienced Domestic Violence in the home.
- McKenzie Friend Service providing support for families facing Family Court

PRACTICAL SUPPORT

Practical assistance to families, including food, furniture packages, information, and signposting to welfare services.

COMMUNITY HUB

Provision of a community café & shop, offering good value, nutritious food, warmth & company, to local families and older people.

Salcare Ltd

Trustees' Report

Charity Annual Report 2024-2025

Introduction

The past year has been a transformative yet challenging period for our charity. Alongside a change in leadership and ongoing uncertainty over funding, we faced significant pressures across our operations. Despite these challenges, our dedicated team of volunteers, staff, and partners remained unwavering in their commitment. Together, we continued to deliver vital support to individuals and families affected by food poverty, mental health challenges, domestic abuse, and social isolation, while strengthening community engagement across all our programmes.

Key Achievements

Domestic Abuse and Emotional Support Services

Over the past year, the Family Support Team has continued to deliver a combination of group and one-to-one sessions for adults who have experienced domestic abuse. The team's trauma-informed approach focuses on helping individuals rebuild confidence, develop coping strategies, and regain independence. Demand for children's support has remained consistently high, with many young people on the waiting list; however, with the appointment of new staff, it is anticipated that these waiting times will begin to reduce. Encouragingly, there has already been a noticeable decrease in the number of adults waiting for support. The ongoing commitment of the team to deliver high-quality, person-centred interventions continues to make a tangible difference in the lives of those affected by domestic abuse.

Independent Domestic & Sexual Violence Advocate (IDVA/ISVA) Services

The IDVA and ISVA services have continued to provide comprehensive, specialist support for individuals affected by domestic and sexual violence. Service users this year were predominantly white, heterosexual women aged between 25 and 44, with similar proportions of clients with and without disabilities. The service remains committed to accessibility for all and works closely with partner agencies to ensure that those from underrepresented communities, including LGBTQ+ groups, can access appropriate support. During 2024/25, the service recorded 160 referrals and achieved an engagement rate of 86.25%, with a further 87 referrals between April and September 2025.

Professional development has remained a strong focus, with two advocates qualifying as specialist IDVAs and completing their ISVA training, while we have also undertaken Deaf IDVA specialist training to strengthen accessibility for clients with hearing impairments. The introduction of The Survivors Programme, delivered by Broxtowe Women's Project, has replaced The Freedom Programme and offers a more modern and relevant intervention, particularly around coercive control and post-separation abuse within the court system.

Feedback from clients continues to highlight the impact of the service's compassionate, non-judgemental approach. Many report increased self-worth, confidence, and independence as a result of tailored and empowering support. Flexibility has been key in ensuring accessibility for those who struggle with group work due to anxiety or trauma, with options such as one-to-one sessions, online meetings, and telephone support readily available. For those with complex needs requiring longer-term engagement, strong exit planning and partnership working ensure continuity of care.

The quality of this work is reflected in the feedback received. One client shared,

"Salcare didn't judge me. They helped me with more than just domestic violence - mental health, my children, getting back on my feet."

Similarly, a social worker commented,

"Salcare went above and beyond supporting with mental health, court, safety, and rebuilding her life. Without them, this family wouldn't be back together."

These testimonials reflect the deep and lasting impact of the IDVA and ISVA services on survivors' recovery and wellbeing.

McKenzie Friend Legal Service

The McKenzie Friend Service continues to offer vital practical and emotional support to individuals navigating the family court system, empowering them to make informed decisions and feel confident in representing themselves. During 2024/25, the service supported 124 clients, with 47 referrals received between April and September 2025. Many of those accessing support were female, aged between 35 and 44, heterosexual, white, and living with a disability.

We continue to represent the service as a member of the Derbyshire Local Family Justice Board, ensuring that the experiences of clients inform local decision-making. Progress continues on the mediation portfolio, working under the supervision of a Professional Practice Consultant (PPC). Although there have been some contact issues over the past year, this arrangement will be reviewed in the new year to ensure continued professional progression.

The service plays an active role in multi-agency Family Court collaboration meetings, advocating for clients, highlighting systemic gaps, and contributing to the development of a more trauma-informed court environment. Across all measured outcomes, most service users reported positive improvements in safety, wellbeing, and understanding of their legal rights. This demonstrates the service's significant impact in supporting individuals to navigate what can be an overwhelming and isolating process.

Clients and professionals alike have praised the support provided.

One client commented,

"I'm incredibly grateful for the support I received from your service. You were a lifeline during a really difficult time, but the long waits between court hearings and support meetings were very difficult."

A professional partner similarly noted that

"The service provides invaluable support to our clients."

Looking ahead, two student placements will join the service in February 2026 for a ten-week period, providing valuable learning opportunities and additional capacity to meet demand.

Children and Young People's Independent Domestic Violence Advocate (C&YP IDVA)

The CYP IDVA service continues to deliver dedicated support to children and young people who have experienced domestic abuse, helping them to process their experiences, strengthen emotional resilience, and develop healthy coping mechanisms. During 2024/25, the service recorded 32 referrals, achieving an engagement rate of 96.97%, with an additional 32 referrals between April and September 2025. The majority of young people supported were male, aged 12 and under, white, and without a disability. Referrals tend to decrease during school holidays, reflecting reduced contact with education settings.

Feedback from service users and professionals has been exceptionally positive, with an average satisfaction score of 4.89 out of 5, and most respondents stating they would be “very likely” to seek future support. Teachers have reported visible improvements in children’s emotional expression and classroom behaviour following engagement with the service.

To strengthen accessibility and efficiency, discussions are underway with schools to explore the delivery of group sessions on-site, supported by an increased CYP IDVA presence in the office to reduce travel time. This will be closely monitored to ensure that accessibility for children and young people remains a priority. In some cases, parental consent has presented a challenge, particularly where the perpetrator of abuse has denied access to support for the child.

To ensure each child receives the most appropriate intervention, a new triage process is being introduced to determine whether CYP IDVA or Art Therapy is the best fit for their needs. These developments mark an exciting step forward in our ability to offer holistic, creative, and child-centred support.

Children’s Art Psychotherapy

Over the past year, our Art Therapy service has supported 116 children and young people affected by domestic abuse, helping them to explore their thoughts, feelings, and behaviours in a safe, non-threatening environment. Each participant received weekly sessions, including individual therapy, group work, and follow-up ‘Move-On’ groups where needed. Using a psychodynamic and person-centred approach, the therapy allowed children to express trauma through art, enabling them to externalise emotions, build self-understanding, and develop coping strategies. The dedicated Art Space provided a safe environment to experiment, play, and process both conscious and unconscious material, supporting creativity as a pathway to emotional growth.

The impact of the service has been significant. All children who completed therapy showed measurable improvements in self-worth and self-esteem, while the majority demonstrated enhanced cognitive and problem-solving skills through creative engagement. Many also experienced strengthened relationships with family, peers, and school staff, with improved communication and reduced behavioural challenges. Parents and schools reported observable changes in confidence, participation, and emotional regulation, including children taking more active roles in class, advocating for themselves, and engaging positively in family life. Group activities fostered collaboration, social learning, and resilience, while bio-social-psychoeducation enabled children and adults to better understand trauma and its effects. Overall, the project has provided a vital, creative space for children to heal, gain self-awareness, and develop practical skills to manage the impact of domestic abuse on their lives.

We continue to support the next generation of Art Therapists through our relationship with local Universities of Derby and Sheffield Hallam in providing placement for qualifying trainees.

The project, which concluded its BBC Children in Need funding in February 2025, has demonstrated clear, positive outcomes for those involved. Recognising the ongoing need for this vital support, we are now actively seeking alternative funding from other supporters to ensure the service can continue, so that children who have experienced trauma can keep accessing the specialist help they need to heal and thrive.

Practical Support

Community Pantry

Now in its third year, our Community Pantry, part of the Feeding Derbyshire project, has continued to provide a dignified and reliable supply of quality food to those in need across the Heanor and surrounding communities. With nearly 650 members to date, the Pantry has become a vital local resource, helping to ease food insecurity while promoting choice and respect. Throughout the year, the project also contributed towards the purchase of additional food supplies to meet growing demand, ensuring consistent support for individuals and families facing hardship.

Foodbank

Our foodbank supported more than 1,500 adults and over 400 children during the year, including individuals experiencing homelessness, those living in temporary accommodation, and people facing delays or interruptions in income. We remain proud to be the only foodbank in the area that offers self-referral, ensuring accessible support for all, while also working closely with social services, housing providers, and local partners to assist families and individuals in crisis.

Local Food Donations

We have been fortunate to receive ongoing support from local supermarkets and businesses, who regularly donate surplus food. In addition, schools, churches, local enterprises, and many individual supporters have contributed generously to our food poverty initiatives, helping us make a meaningful and lasting impact across the community.

Furniture Warehouse and Shop

Our Furniture Warehouse and Shop has continued to play a vital role in helping individuals and families create comfortable homes, particularly for those escaping domestic abuse or experiencing homelessness. Working closely with local authorities, housing providers, homeless teams, and social workers, we have provided tailored furniture packages to those in need, ensuring safe and welcoming living spaces. In addition, we have supported planned escape arrangements and ongoing support for survivors of domestic abuse, helping them to rebuild their lives with dignity and security.

Community Support Project

Throughout the year, we delivered a range of community projects addressing key issues such as warmth, isolation, food poverty, and cooking skills. Thanks to dedicated funding, our Craft & Chat project was able to run all year, providing a creative and social space for people to connect, share skills, and combat loneliness. Even after the conclusion of other project funding, we continued to operate our Warm Hub, offering a welcoming environment where anyone could come to rest, enjoy free food, and connect with others. Both initiatives have had a significant positive impact, reducing isolation, fostering community connections, and providing comfort and support to those most in need.

Challenges and Barriers to Service

This year, we continued to face significant challenges across our services. Demand for support has increased steadily, placing additional pressure on our teams and resources. At the same time, uncertainty around project funding has created barriers to long-term planning and the sustainability of some services, particularly those supporting vulnerable individuals and families.

These pressures have highlighted the need for even stronger partnership working, especially with other domestic abuse services across the county. Closer collaboration will be essential in ensuring that people receive consistent, coordinated support and that limited resources are used as effectively as possible.

Partnerships

Partnership working remains central to our approach and has been instrumental in strengthening the support we provide across Derbyshire. Throughout the year, we have worked closely with a wide range of agencies, including social workers, the police, Citizens Advice, and local housing providers such as Futures, See We Are Here, Deventio, Rise Housing, and Spectrum Housing. Our collaboration with Amber Valley Borough Council's housing and homelessness teams, the P3 project, and LGBT+ Derby has ensured that individuals and families facing crisis receive coordinated, timely, and holistic support.

These partnerships enable us to respond more effectively to issues such as homelessness, domestic abuse, food and furniture poverty, and financial hardship. By sharing knowledge, resources, and expertise, we have been able to improve outcomes, reduce duplication, and make sure people receive the right help at the right time.

Volunteer Engagement

Volunteers remain key to providing services in the community. While recruitment can be challenging, this year we welcomed ten new regular volunteers, bringing our total team to 18.
We also worked closely with Time Swap Derbyshire and Amber Valley CVS, generating over 40 volunteer enquiries, of which more than 20 joined our team over the year. Additionally, we benefited from local businesses Syensquo and DHU, who provided enthusiastic staff during their annual volunteering days. Our volunteers have been essential in delivering services across the pantry, café, and warehouse, contributing nearly 9,000 hours and greatly enhancing both service delivery and program sustainability. We celebrated their dedication with a special lunch during National Volunteering Awareness Week, recognising the vital role they play in our work.

Senior Team

In December 2024, our Director of Services, Jacqui Bell left Salcare after 4 Years at the lead. Jacqui came into Salcare at a very challenging time and we record our thanks to her for work and wish her well for the future. We appointed Don Davis our Business Development lead as Interim Director at that point. Don Davis was subsequently appointed to the role of Chief Executive of Salcare in April 2025.

Looking Ahead

In 2025/26, we will continue to strengthen and expand our services, focusing particularly on addressing the gaps identified through our work this year. This includes exploring opportunities to provide additional legal support for victims of domestic abuse, such as mediation around family disputes and child arrangements, while maintaining our commitment to delivering holistic, trauma-informed care for survivors and their children. We will also continue to build and deepen partnerships with local authorities and partner organisations to enhance service delivery and extend our reach and impact across the community.

A Thank You

We extend our sincere thanks to our volunteers, staff, funders, and partners, whose commitment has enabled us to support thousands of individuals and families over the past year. Your dedication, generosity, and belief in our work ensure that our community continues to find strength, safety, and hope despite the challenges we face.

Public benefit

We help create safer & stronger communities where families who are moving away from abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family including reducing the risk of vulnerable people facing serious harm, rehabilitation of perpetrators, prevention of victims & families becoming homeless, reducing food & fuel poverty, reducing bed (furniture) poverty and increased access to welfare rights.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

In this financial year, Salcare reported a deficit of £16,210. The Trustees had anticipated this outcome during the budgeting process and were confident that existing reserves would be sufficient to maintain essential services. However, the Board recognises that continued deficits are not sustainable in the long term. As a result, the organisation is actively developing a range of initiatives to strengthen financial stability, all aligned with our charitable objectives.

During 2025/26, our priorities will focus on developing services with a sustainable income stream, ensuring that income generation complements our core activities while continuing to meet identified needs within the community.

Policy on reserves

Trustees are to develop a written reserve policy that considers the stability of the mission, services employment and on-going operations of the charity. At this time our stated policy is that reserves should be maintained with cover for at least 3 months of core costs not including directly funded projects.

Salcare Ltd

Trustees' Report

Statement of Responsibilities

The trustees (who are also the directors of Salcare Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 19/12/25 and signed on its behalf by:

S.M.R

Simon Reed
Trustee

Salcare Ltd

Independent Examiner's Report to the trustees of Salcare Ltd ('the Company')

Independent examiner's report to the trustees of Salcare Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

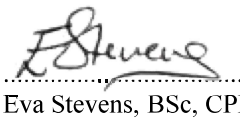
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Public Finance and Accountancy (CIPFA), which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Eva Stevens, BSc, CPFA, employee of Community Accounting Plus
member of the Chartered Institute of Public Finance and Accountancy (CIPFA)

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 19/12/2025

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Income and Endowments from:					
Donations and legacies	2	86,841	-	86,841	61,692
Charitable activities	3	91,858	271,849	363,707	360,534
Investment income	5	344	-	344	320
Total income		179,043	271,849	450,892	422,546
Expenditure on:					
Charitable activities	6	(211,772)	(255,330)	(467,102)	(455,862)
Total expenditure		(211,772)	(255,330)	(467,102)	(455,862)
Net (expenditure)/income		(32,729)	16,519	(16,210)	(33,316)
Transfers between funds		(18,054)	18,054	-	-
Net movement in funds		(50,783)	34,573	(16,210)	(33,316)
Reconciliation of funds					
Total funds brought forward		94,099	132,639	226,738	260,054
Total funds carried forward	14	43,316	167,212	210,528	226,738

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	2	61,692	-	61,692
Charitable activities	3	80,656	279,878	360,534
Investment income	5	320	-	320
Total income		142,668	279,878	422,546
Expenditure on:				
Charitable activities	6	(272,893)	(182,969)	(455,862)
Total expenditure		(272,893)	(182,969)	(455,862)
Net (expenditure)/income		(130,225)	96,909	(33,316)
Transfers between funds		12,448	(12,448)	-
Net movement in funds		(117,777)	84,461	(33,316)
Reconciliation of funds				
Total funds brought forward		211,876	48,178	260,054
Total funds carried forward	14	94,099	132,639	226,738

The notes on pages 15 to 24 form an integral part of these financial statements.

Salcare Ltd

(Registration number: 3414027)
Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	9	110,273	99,616
Current assets			
Debtors	10	7,399	19,402
Cash at bank and in hand	11	97,466	114,158
		104,865	133,560
Creditors: Amounts falling due within one year	12	(4,610)	(6,438)
Net current assets		100,255	127,122
Net assets		210,528	226,738
Funds of the charity:			
Restricted income funds			
Restricted funds	14	167,212	132,639
Unrestricted income funds			
Unrestricted funds		43,316	94,099
Total funds	14	210,528	226,738

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 12 to 24 were approved by the trustees, and authorised for issue on 19/12/2025 and signed on their behalf by:

.....
Yassine Lamine Abdourahman Mohamed
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Salcare Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	25% reducing balance
Computer equipment	25% reducing balance
Fixtures & fittings	25% reducing balance

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	660	660	10,428
Donations from individuals	19,081	19,081	11,800
Grants, including capital grants;			
Government grants	6,600	6,600	23,862
Grants from other charities	60,500	60,500	15,602
	86,841	86,841	61,692

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Sales & fees	89,898	-	89,898	79,383
Grants and donations	-	271,849	271,849	279,878
Room hire	1,960	-	1,960	-
Sundry income	-	-	-	1,273
	91,858	271,849	363,707	360,534

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
The Police and Crime Commissioner for Derbyshire	-	180,287	180,287
BBC Children In Need	-	28,899	28,899
Awards for All	-	19,723	19,723
Amber Valley CVS	-	11,914	11,914
St James's Place Foundation	-	10,000	10,000
National Grid	-	4,996	4,996
Department for Work and Pensions	3,150	4,872	8,022
Erewash Voluntary Action	-	3,150	3,150
The Hedley Foundation	-	3,000	3,000
Derbyshire Voluntary Action	660	2,150	2,810
Mary Robertson Trust	-	1,000	1,000
Safelives Ltd	-	550	550
Rural Action Derbyshire	-	458	458
Garfield Weston	30,000	-	30,000
Lloyds Bank Foundation	25,000	-	25,000
Heanor and Loscoe Town Council	3,450	-	3,450
Derbyshire Community Foundation	2,500	-	2,500
The Coalfields Regeneration Trust	2,000	-	2,000
ASDA Foundation	1,000	-	1,000
Sundry grants & donations	19,081	850	19,931
	86,841	271,849	358,690

5 Investment income

	Unrestricted funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income;			
Interest receivable on bank deposits	344	344	320

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2025 £	Total 2024 £
Advertising & promotion	7,444	138	7,582	452
Bank charges	131	199	330	248
Cafe stock	-	814	814	2,539
Card fees	350	-	350	444
Dues & subscriptions	1,316	3,882	5,198	568
Employee expenses	-	-	-	16,681
Equipment	312	-	312	1,962
Food bank expenses	-	24,689	24,689	4,691
Insurance	4,307	6,540	10,847	8,254
Telephone & internet	1,222	1,855	3,077	3,163
Legal & professional	13,642	327	13,969	19,152
Wages, NI & Pension	154,861	183,851	338,712	327,336
Office & general administrative expenses	326	165	491	4,782
Pantry inventory	-	-	-	18,425
Printing & stationery	505	31	536	998
Purchases	533	3,000	3,533	-
Rent & rates	584	886	1,470	-
Repairs & maintenance	838	1,328	2,166	4,806
Security	-	-	-	282
Sundry expenses	676	5,555	6,231	780
Supervision	-	2,250	2,250	2,555
Tech support	1,678	5,066	6,744	-
Training	1,558	11,966	13,524	6,458
Utilities	4,342	2,036	6,378	6,485
Vehicle costs	6,880	-	6,880	5,037
Volunteer expenses	2,053	752	2,805	10,305
Depreciation	8,214	-	8,214	9,459
	211,772	255,330	467,102	455,862

7 Net incoming/outgoing resources

Net outgoing resources for the year include:

	2025 £	2024 £
Depreciation of fixed assets	8,214	9,459

8 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	303,925	291,066
Social security costs	17,254	21,126
Pension costs	17,533	15,144
	338,712	327,336

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2025 No	2024 No
Average number of employees	16	17

14 (2024 - 10) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £17,533 (2024 - £15,144).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £135,433 (2024 - £146,247).

9 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Fixtures & fittings £	Total £
Cost					
At 1 April 2024	148,413	28,909	9,590	18,902	205,814
Additions	18,871	-	-	-	18,871
At 31 March 2025	167,284	28,909	9,590	18,902	224,685
Depreciation					
At 1 April 2024	68,269	24,226	8,797	4,906	106,198
Charge for the year	3,346	1,171	198	3,499	8,214
At 31 March 2025	71,615	25,397	8,995	8,405	114,412
Net book value					
At 31 March 2025	95,669	3,512	595	10,497	110,273
At 31 March 2024	80,144	4,683	793	13,996	99,616

10 Debtors

	2025 £	2024 £
Trade debtors	2,915	1,063
Prepayments	4,484	18,339
	7,399	19,402

11 Cash and cash equivalents

	2025 £	2024 £
Cash on hand	704	271
Cash at bank	96,762	113,887
	97,466	114,158

12 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	2,474	4,353
Other creditors	2,136	2,085
	4,610	6,438

13 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

14 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
General					
General	94,099	179,043	(211,772)	(18,054)	43,316
Restricted funds					
Food Bank & Pantry	-	7,458	(25,512)	18,054	-
Art Therapy	13,309	38,899	(26,404)	-	25,804
Capital Project	232	-	(232)	-	-
Salcare Escape	108,974	188,859	(194,394)	-	103,439
Hub	7,244	36,633	(7,974)	-	35,903
Cafe	2,880	-	(814)	-	2,066
Total restricted funds	132,639	271,849	(255,330)	18,054	167,212
Total funds	226,738	450,892	(467,102)	-	210,528

The specific purposes for which the funds are to be applied are as follows:

Food Bank & Pantry - contributes towards the costs associated with providing our food bank and pantry service.
Art Therapy - contributes towards the costs associated with providing our art therapy service.
Capital Project - contributes toward the purchase and installation of solar energy fixtures.
Salcare Escape - contributes towards the costs associated with providing our family support service.
Hub - project led, warm hub activities include provision for community including refreshments, support and a warm space.
Cafe - project led, often a specific project as part of warm hub, community cafe activities include provision low cost food & volunteer expenses.

The transfer from the General fund to the Food Bank & Pantry fund is to cover the deficit on this activity.

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
General					
General	211,876	142,668	(272,893)	12,448	94,099
Restricted					
Food Bank & Pantry	5,176	9,042	(20,212)	5,994	-
Art Therapy	10,136	20,929	(17,756)	-	13,309
Capital Project	-	18,174	-	(17,942)	232
Salcare Escape	26,844	221,240	(139,110)	-	108,974
Hub	1,989	9,993	(4,738)	-	7,244
Cafe	4,033	-	(1,153)	-	2,880
Warehouse Equipment	-	500	-	(500)	-
Total restricted funds	48,178	279,878	(182,969)	(12,448)	132,639
Total funds	260,054	422,546	(455,862)	-	226,738

15 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2025 Total funds £
Tangible fixed assets	110,273	-	110,273
Current assets	(62,347)	167,212	104,865
Current liabilities	(4,610)	-	(4,610)
Total net assets	43,316	167,212	210,528

	Unrestricted General £	Restricted £	2024 Total funds £
Tangible fixed assets	99,616	-	99,616
Current assets	921	132,639	133,560
Current liabilities	(6,438)	-	(6,438)
Total net assets	94,099	132,639	226,738

16 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2025 £	2024 £
Independent examination	1,780	1,700
Other financial services	978	1,404
	2,758	3,104

17 Taxation

The charity is a registered charity and is therefore exempt from corporation taxation.

18 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

19 Related party transactions

There were no related party transactions in the year.

SALCARE LTD

England & Wales - Charity number 1064715

Accounts

Company registration number: 3414027

Charity registration number: 1064715

Salcare Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Salcare Ltd

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Salcare Ltd

Reference and Administrative Details

Trustees	Jamie Bird
	Tony Blockley
	Simon Reed
	Paul Jones
	Yassine Lamine Abdourahman Mohamed
	Jodie Cook
	Sonia Richardson
Senior Management Team	Jacqueline Bell, Director of Services
	Elizabeth Nugent
	Don Davis
	Odette Andre
Charity Registration Number	1064715
Company Registration Number	3414027
Registered Office	59 Ray Street Heanor Derbyshire DE75 7GF
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Salcare Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Kathryn Godfrey (resigned 1 July 2023)
	Fiona Pearson (resigned 1 July 2023)
	Jamie Bird
	Tony Blockley
	Simon Reed
	Paul Jones
	Yassine Lamine Abdourahman Mohamed (appointed 16 July 2024)
	Jodie Cook (appointed 16 July 2024)
	Sonia Richardson (appointed 16 July 2024)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 04/08/1997 and most recently amended 25/01/2018. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Trustees are recruited via an open recruitment advertising interview process, recruitment, interview and selection following Trustee Skills Analysis. Salcare advertises vacancies through local public & voluntary sector networks and our membership.

Objectives and activities

Objects and aims

To provide the relief of persons resident in the borough of Amber Valley (and the adjoining areas) who are in conditions of need, hardship and distress, particularly by the provision of furniture, other household items, and food and provisions which are calculated to relieve their needs, hardship or distress.

Salcare Ltd

Trustees' Report

Objectives, strategies and activities

FAMILY SUPPORT

Wrap-around family support services for families experiencing Domestic Abuse, including independent advocacy, family support & therapy for victims in Amber Valley & surrounding areas, including:

- Wrap-around family support services for families experiencing Domestic Abuse
- Independent advocacy
- Family support
- Therapy for victims in Amber Valley & surrounding areas
- Specialist DV support for women with children, children & young people, older people, LGBT+ victims and male victims.
- Art Therapy Service for children & young people who have experienced Domestic Violence in the home.
- McKenzie Friend Service providing support for families facing Family Court

PRACTICAL SUPPORT

Practical assistance to families, including food, furniture packages, information, and signposting to welfare services.

COMMUNITY HUB

Provision of a community café & shop, offering good value, nutritious food, warmth & company, to local families and older people.

MISSION
Our constitutional purpose is to provide relief to residents Amber Valley (and adjoining areas) who are need due to hardship and distress, particularly by the provision of furniture packages, food and counselling & advice and support.

Thanks to our supporters, volunteers, Trustees, staff teams and funders & donors, Salcare has grown to support more people than ever during unprecedented need due to the pandemic and its impact.

Our Purpose
To help create safer & stronger communities where people who are moving away from hardship or abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family.

Our Impact
As part of our commitment to putting the people we serve front and centre of our work we are doing more to measure our impact on their lives, including developing our procedures to measure what we do, how much we do and how well we do it. We do this by:

- gathering timely feedback on the quality of our work and the outcomes our clients see as a result.
- safely gathering & sharing our clients' stories, with their permission, to improve the services they get from us, and other agencies, as well as part of our campaigning work.

Salcare Ltd

Trustees' Report

Charity Annual Report 2023-2024

Introduction

The past year has been a transformative period for our charity. We faced significant challenges, but thanks to our dedicated team of volunteers, staff, and partners, we continued to support individuals and families across various areas, including food poverty, mental health, domestic abuse, and community engagement.

Activities

1. Food Poverty and Community Support

Community Pantry

We served 380 members and facilitated around 200 shopping visits per month. This initiative has contributed £11,000 to our core funding over the year. We successfully transferred all memberships to an automated till system.

Foodbank

Our foodbank supported over 3,000 individuals, including the homeless, those living in temporary accommodation, and people facing delays in income. We are proud to be the only foodbank in the area that allows self-referral and also works closely with social services and housing providers to assist families in crisis.

Local Food Donations

We received continuous support from local supermarkets and businesses, with surplus food donated regularly. Schools, churches, local businesses and countless individuals also contributed to our food poverty projects, making a significant difference in the community.

2. Domestic Abuse and Emotional Support Services

Salcare offered a mix of group and individual support sessions, including art therapy and the Freedom Programme. A new initiative this year was the increase in group sessions to accommodate more clients, with a special focus on reducing the waiting list.

McKenzie Friend Service

Our McKenzie Friend team supported 124 clients throughout the year, providing assistance with court applications and offering emotional and practical support. This service empowered clients to make informed decisions and navigate complex legal proceedings, particularly for victims of domestic abuse.

Independent Domestic Violence Advocate (IDVA) Services

A total of 540 valid referrals were received. The service maintained a 67% engagement rate across valid referrals. Our IDVA team supported clients, assisting them with safety planning, housing, and emotional support. We also helped many clients secure protective orders, reducing their risk and improving their sense of safety.

The majority of clients were women, comprising 90% of the total. The largest age group served was between 25-34, followed by those aged 35-44. The majority of clients (88%) were white, reflecting the local demographic. 30% of clients reported having a disability, many related to mental health issues. The key outcomes for the year were:

• Better able to cope with everyday life: 272 victims reported an improvement.
• Feeling safer: 262 clients improved, with 70 showing no change and 20 deteriorating.
• Increased confidence and independence: 290 victims felt more confident and better able to make decisions.
• Improved relationships: 200 clients reported improvements in personal relationships.
• Feeling happier and more positive about the future: 240 individuals felt more optimistic about their future.

The service had a low intake of male victims and individuals from the LGBTQ+ community. Additionally, no clients over the age of 65 accessed the service, indicating potential gaps in outreach. In response to these gaps the team undertook several key actions:
• Increased Promotion - Targeted outreach to men, the elderly, and LGBTQ+ communities through promotional events and networking;
• Improved Services - Expansion of group sessions, particularly in arts and crafts, to provide a safe space for clients and their families;
• Collaborations - Strengthened partnerships with local schools and agencies to offer workshops on healthy relationships, especially for young people.

Feedback from Service Users Clients have reported significant improvements in their mental health, confidence, and relationships following their engagement with Salcare. One client highlighted the difference the service made in her life, stating, *"I now have a group of friends, and my relationships have improved significantly"*. Positive feedback was received from both service users and professionals. Service users gave an average rating of 4.89 out of 5 stars for support received.

Case Study 1: Family Safeguarding

• Background: A mother with mental health issues experienced a breakdown, displaying psychosis and paranoia. Her children were left hungry and in distress. Staff at Salcare intervened when they noticed something was wrong.
• Actions Taken: Salcare's staff safeguarded the children, ensured they were fed, and managed the mother's mental health crisis. The children were cared for while professionals, including social workers, police, and ambulance services, were called in. The mother was eventually taken to the hospital for treatment, with support from Salcare staff.
• Outcomes: The children were safely removed, and the mother received mental health support. Ongoing support from Salcare, including 1-to-1 sessions, has helped the mother rebuild her confidence and re-engage with her community. She even hosted a community party at Salcare, demonstrating her improved well-being.

Case Study 2: Domestic Abuse and Empowerment

• Background: A woman, pregnant and with two young daughters removed from her care, was referred to Salcare. She had been in an abusive relationship with a registered sex offender, who continued to control her even from prison.
• Actions Taken: Salcare provided education on healthy and unhealthy relationships, which helped the client understand the abuse she was experiencing. A non-molestation order was put in place, allowing the client to regain control of her life. Salcare also worked closely with social workers to support her in reconnecting with her daughters.
• Outcomes: The client became more empowered, started rebuilding relationships with family and friends, and felt safer. Her ability to make informed decisions improved, and her relationship with professionals, such as social workers, became more positive.

Children and Young People's Independent Domestic Violence Advocate (C&YP IDVA)

This year, we expanded our C&YP IDVA team to meet increasing demand. The service provided emotional and practical support to 48 children and young people affected by domestic abuse. These clients received tailored support sessions, focusing on topics such as safety planning, self-esteem building, and dealing with anxiety. Feedback from children and their families was overwhelmingly positive, with average ratings of 4.77 out of 5. Clients reported improved emotional regulation, reduced anxiety, and a stronger sense of self-worth following therapy.

Challenges and Barriers to Service

Increased demand this year has resulted in longer waiting lists. To manage expectations, we have been communicating more frequently with referrers about waiting times and capacity. The rise in demand highlights the importance of expanding the service to accommodate more children and young people, ensuring timely support. In the coming year, we plan to:

•**Expand outreach efforts** to engage more older teenagers and young adults, focusing on raising awareness about domestic abuse in relationships among this demographic.
•**Increase capacity** within the service to reduce waiting times and provide timely support to more children and young people in need.
•**Build partnerships** with local organisations to reach a more diverse range of clients, including ethnic minorities and those with disabilities.

Children's Art Therapy

Our art therapy team worked with 72 children this year, providing emotional support through creative means. The service, funded by BBC Children in Need, included both individual therapy and group sessions such as Creative Expressive Therapy. These initiatives helped children process trauma and build resilience. The service also collaborated with schools to provide therapy and trauma-informed resources.

The key mechanisms are:

•**Creative Expression:** Art therapy allows children to express difficult or traumatic emotions through non-verbal means, which is particularly useful for younger clients who may not have the language to express their feelings.
•**Safe, Supportive Environment:** The structured, supportive nature of the therapy provides a space for children to feel heard and understood, which helps them to build confidence and emotional resilience.
•**Tailored Approach:** Sessions are highly individualised, with therapists using a variety of art materials and techniques tailored to each child's unique needs. This client-centred approach allows children to engage with the therapy in a way that is meaningful to them.

Art Therapy Client Feedback

1.*"I am calmer and know how to deal with stress or other things."*
o This client highlighted how art therapy helped them develop better emotional regulation and coping mechanisms, particularly in handling stress.

2.*"I'm a different person; I never thought I could feel happy again."*
o This client expressed a significant transformation in their emotional well-being, attributing their newfound happiness and emotional stability to the art therapy sessions.

3.*"She did a lot for me and made sure I was safe and happy. She's awesome and thoughtful, she'll never give up on you."*
o A child described their positive experience with the therapist, emphasising the safety and care they felt during sessions. This statement shows the importance of trust and consistent support in the therapeutic relationship.

4.*"You made me feel calmer about my anger."*
o Another client noted the impact of the therapy on managing their anger, a common issue for children and young people dealing with trauma. The calming influence of the sessions helped them gain better control over their emotions.

Parental Feedback

1.*"Her confidence has grown; she attends school, her anxiety is lower, and she is more confident in her decisions about her father."*
o A parent reported substantial improvements in their child's confidence, school attendance, and emotional well-being, particularly in handling complex family relationships.

2.*"She is so much happier and copes with things so much better. She feels listened to."*
o This feedback reflects how therapy helped the child develop better coping mechanisms and significantly improved their overall happiness.

3.*"Thank you for your kind words about my children. I'm grateful they have had the amazing benefit of your professional help and support."*
o A parent expressed gratitude for the therapist's role in supporting their children through difficult emotional challenges, emphasising the positive impact on their overall development.

3. Community Projects and Workshops

o Our creative and educational group sessions, such as the cooking skills course and craft workshops, helped build community bonds and provided essential life skills to participants.

o No-Faf Cooking Skills Course: We ran a 12-week course that taught participants low-cost cooking skills and provided essential kitchen equipment. The course was well-received and helped participants gain confidence in their ability to prepare healthy low-cost meals.

o Craft Workshops: Weekly craft sessions were introduced this year, providing a creative outlet for community members. These sessions have been incredibly popular, and we plan to continue them moving forward.

4. Volunteer Engagement

Volunteers are the backbone of our operations. While volunteer recruitment was challenging this year, we welcomed six new members to our regular team, bringing the total to 17. These volunteers have been essential in delivering services in the pantry, café, and warehouse. We celebrated their contribution with a special lunch during National Volunteering Awareness Week. Volunteers contributed 8,640 hours, enhancing service delivery and ensuring the sustainability of our programs.

Looking Ahead

We aim to expand our services in 2024, particularly focusing on addressing gaps identified, such as the need for additional legal support for victims of domestic abuse including mediation for family disputes such as child arrangements, and continuing to provide holistic, trauma-informed care to the survivors and their children. We will continue building partnerships with local authorities and other organisations to improve service delivery and expand our impact.

A thank you

We are immensely grateful to our volunteers, staff, funders, and partners who have enabled us to support thousands of individuals and families throughout this year. Your dedication and generosity ensure that our community continues to thrive despite ongoing challenges.

Public benefit

We help create safer & stronger communities where families who are moving away from abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family including reducing the risk of vulnerable people facing serious harm, rehabilitation of perpetrators, prevention of victims & families becoming homeless, reducing food & fuel poverty, reducing bed (furniture) poverty and increased access to welfare rights.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

In this financial year, Salcare made a deficit of £33,316. Trustees were aware a deficit would be realised from initial budgeting and confident that the the reserve cover was sufficient to allow essential services to be provided. The Board is very aware that ongoing deficits will become unsustainable hence the organisation is working on a number of projects to increase financial stability and these are consistent with our current charitable activities. Two priorities that will be developed during 2024/25 are the development of services to our clients in the form of a contact centre and to faciliate family mediation. We are satisfied that developing these activities wil make Salcare stronger and more financially secure.

Policy on reserves

Trustees are to develop a written reserve policy that considers the stability of the mission, services employment and on-going operations of the charity. At this time our stated policy is that reserves should be maintained with cover for at least 3 months of core costs not including directly funded projects.

Salcare Ltd

Trustees' Report

Statement of Responsibilities

The trustees (who are also the directors of Salcare Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 13/12/24 and signed on its behalf by:

S.M.R

Simon Reed
Trustee

Salcare Ltd

Independent Examiner's Report to the trustees of Salcare Ltd ('the Company')

Independent examiner's report to the trustees of Salcare Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2024.

Responsibilities and basis of report

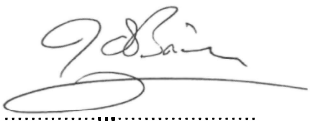
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 23/12/2024.....

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Income and Endowments from:					
Donations and legacies	2	61,692	-	61,692	105,707
Charitable activities	3	80,656	279,878	360,534	314,205
Investment income	5	320	-	320	151
Total income		142,668	279,878	422,546	420,063
Expenditure on:					
Charitable activities	6	(272,893)	(182,969)	(455,862)	(433,868)
Total expenditure		(272,893)	(182,969)	(455,862)	(433,868)
Net (expenditure)/income		(130,225)	96,909	(33,316)	(13,805)
Transfers between funds		12,448	(12,448)	-	-
Net movement in funds		(117,777)	84,461	(33,316)	(13,805)
Reconciliation of funds					
Total funds brought forward		211,876	48,178	260,054	273,859
Total funds carried forward	14	94,099	132,639	226,738	260,054

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	2	105,707	-	105,707
Charitable activities	3	51,057	263,148	314,205
Investment income	5	151	-	151
Total income		156,915	263,148	420,063
Expenditure on:				
Charitable activities	6	(179,056)	(254,812)	(433,868)
Total expenditure		(179,056)	(254,812)	(433,868)
Net (expenditure)/income		(22,141)	8,336	(13,805)
Net movement in funds		(22,141)	8,336	(13,805)
Reconciliation of funds				
Total funds brought forward		234,017	39,842	273,859
Total funds carried forward	14	211,876	48,178	260,054

The notes on pages 15 to 24 form an integral part of these financial statements.

Salcare Ltd

(Registration number: 3414027)
Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	9	99,616	90,592
Current assets			
Debtors	10	19,402	3,698
Cash at bank and in hand	11	114,158	178,937
		133,560	182,635
Creditors: Amounts falling due within one year	12	(6,438)	(13,173)
Net current assets		127,122	169,462
Net assets		226,738	260,054
Funds of the charity:			
Restricted income funds			
Restricted funds	14	132,639	48,178
Unrestricted income funds			
Unrestricted funds		94,099	211,876
Total funds	14	226,738	260,054

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 12 to 24 were approved by the trustees, and authorised for issue on 20/12/2024 and signed on their behalf by:

.....
Yassine Lamine Abdourahman Mohamed
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Salcare Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
Under the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	25% reducing balance
Computer equipment	25% reducing balance
Fixtures & fittings	25% reducing balance

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors
Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	10,428	10,428	54,515
Donations from individuals	11,800	11,800	-
Grants, including capital grants;			
Government grants	23,862	23,862	51,192
Grants from other charities	15,602	15,602	-
	61,692	61,692	105,707

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Sales & fees	79,383	-	79,383	51,057
Grants and donations	-	279,878	279,878	263,148
Sundry income	1,273	-	1,273	-
	80,656	279,878	360,534	314,205

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
The Police and Crime Commissioner for Derbyshire	-	209,800	209,800
BBC Children In Need	-	20,929	20,929
Derbyshire Environmental Trust	-	18,174	18,174
UKSPF Community Fund	2,577	12,393	14,970
Charles Hayward Foundation	-	10,000	10,000
The Coalfields Regeneration Trust	-	4,987	4,987
Nottingham Trent University	-	1,440	1,440
Asda Foundation	-	1,000	1,000
Rural Action Derbyshire	-	500	500
Tesco Foundation	-	375	375
Derbyshire County Council	23,862	-	23,862
Community Ownership Fund DLUCH	10,000	-	10,000
National Grid	9,073	-	9,073
Souter Charitable Trust	3,025	-	3,025
Arnold Clark Automobiles Ltd	800	-	800
Lidl Great Britain	555	-	555
Sundry grants & donations	11,800	280	12,080
	61,692	279,878	341,570

5 Investment income

	Unrestricted funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income;			
Interest receivable on bank deposits	320	320	151

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Advertising & promotion	275	177	452	4,460
Bank charges	248	-	248	480
Cafe stock	2,046	493	2,539	1,077
Card fees	444	-	444	251
Dues & subscriptions	343	225	568	412
Employee expenses	3,615	13,066	16,681	5,803
Equipment	681	1,281	1,962	2,073
Food bank expenses	1,044	3,647	4,691	3,983
Insurance	8,254	-	8,254	6,978
Telephone & internet	306	2,857	3,163	2,759
Legal & professional	15,234	3,918	19,152	23,521
Mileage	-	-	-	3,897
Wages, NI & Pension	195,275	132,061	327,336	334,784
Office & general administrative expenses	4,597	185	4,782	2,445
Pantry inventory	6,225	12,200	18,425	2,823
Pest control	-	-	-	704
Printing & stationery	698	300	998	1,765
Purchases	-	-	-	3,780
Rent & rates	-	-	-	908
Repairs & maintenance	4,638	168	4,806	5,177
Security	282	-	282	1,689
Sundry expenses	780	-	780	193
Supervision	-	2,555	2,555	1,860
Training	484	5,974	6,458	4,885
Utilities	6,401	84	6,485	5,677
Vehicle costs	5,037	-	5,037	5,451
Volunteer expenses	6,527	3,778	10,305	570
Depreciation	9,459	-	9,459	5,463
	272,893	182,969	455,862	433,868

7 Net incoming/outgoing resources

Net outgoing resources for the year include:

	2024 £	2023 £
Depreciation of fixed assets	9,459	5,463

8 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	291,066	300,982
Social security costs	21,126	17,833
Pension costs	15,144	15,969
	327,336	334,784

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2024 No	2023 No
Average number of employees	17	17

10 (2023 - 12) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £15,144 (2023 - £15,969).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £146,247 (2023 - £148,843).

9 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Fixtures & fittings £	Total £
Cost					
At 1 April 2023	148,413	28,368	9,590	960	187,331
Additions	-	541	-	17,942	18,483
At 31 March 2024	148,413	28,909	9,590	18,902	205,814
Depreciation					
At 1 April 2023	65,301	22,665	8,533	240	96,739
Charge for the year	2,968	1,561	264	4,666	9,459
At 31 March 2024	68,269	24,226	8,797	4,906	106,198
Net book value					
At 31 March 2024	80,144	4,683	793	13,996	99,616
At 31 March 2023	83,112	5,703	1,057	720	90,592

10 Debtors

	2024 £	2023 £
Trade debtors	1,063	305
Prepayments	18,339	3,393
	19,402	3,698

11 Cash and cash equivalents

	2024 £	2023 £
Cash on hand	271	77
Cash at bank	113,887	178,860
	114,158	178,937

12 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	-	130
Other taxation and social security	4,353	11,634
Other creditors	2,085	1,409
	6,438	13,173

13 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

14 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
Unrestricted funds					
General					
General	211,876	142,668	(272,893)	12,448	94,099
Restricted funds					
Food Bank & Pantry	5,176	9,042	(20,212)	5,994	-
Art Therapy	10,136	20,929	(17,756)	-	13,309
Capital Project	-	18,174	-	(17,942)	232
Salcare Escape	26,844	221,240	(139,110)	-	108,974
Hub	1,989	9,993	(4,738)	-	7,244
Cafe	4,033	-	(1,153)	-	2,880
Warehouse Equipment	-	500	-	(500)	-
Total restricted funds	48,178	279,878	(182,969)	(12,448)	132,639
Total funds	260,054	422,546	(455,862)	-	226,738

The specific purposes for which the funds are to be applied are as follows:

Food Bank & Pantry - contributes towards the costs associated with providing our food bank and pantry service.
Art Therapy - contributes towards the costs associated with providing our art therapy service.
Capital Project - contributes toward the purchase and installation of solar energy fixtures.
Salcare Escape - contributes towards the costs associated with providing our family support service.
Hub - project led, warm hub activities include provision for community including refreshments, support and a warm space.
Cafe - project led, often a specific project as part of warm hub, community cafe activities include provision low cost food & volunteer expenses.
Warehouse Equipment - contributes toward the purchase of a pallet truck.

The transfer from the Capital Project and Warehouse Equipment funds to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.
The transfer from the General fund to the Food Bank & Pantry fund is to cover the deficit on this activity.

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General	234,017	156,915	(179,056)	211,876
Restricted				
Food Bank & Pantry	624	8,037	(3,485)	5,176
Art Therapy	3,241	26,895	(20,000)	10,136
Salcare Escape	35,177	201,274	(209,607)	26,844
Hub	-	21,832	(19,843)	1,989
Cafe	-	5,110	(1,077)	4,033
Tampon Tax	800	-	(800)	-
Total restricted funds	39,842	263,148	(254,812)	48,178
Total funds	273,859	420,063	(433,868)	260,054

15 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2024 Total funds £
Tangible fixed assets	99,616	-	99,616
Current assets	921	132,639	133,560
Current liabilities	(6,438)	-	(6,438)
Total net assets	94,099	132,639	226,738

	Unrestricted General £	Restricted £	2023 Total funds £
Tangible fixed assets	90,592	-	90,592
Current assets	134,457	48,178	182,635
Current liabilities	(13,173)	-	(13,173)
Total net assets	211,876	48,178	260,054

16 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2024 £	2023 £
Independent examination	1,700	975
Other financial services	1,404	1,333
	3,104	2,308

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

19 Related party transactions

There were no related party transactions in the year.

SALCARE LTD

England & Wales - Charity number 1064715

Accounts

Company registration number: 3414027

Charity registration number: 1064715

Salcare Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Salcare Ltd

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Salcare Ltd

Reference and Administrative Details

Trustees	Jamie Bird
	Tony Blockley
	Simon Reed
	Paul Jones
Senior Management Team	Jacqueline Bell, Director of Services
	Elizabeth Nugent
	Don Davis
	Odette Andre
Charity Registration Number	1064715
Company Registration Number	3414027
Registered Office	59 Ray Street Heanor Derbyshire DE75 7GF
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Salcare Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Kathryn Godfrey (resigned 1 July 2023)
	Shelley Scott (resigned 1 January 2023)
	Fiona Pearson (resigned 1 July 2023)
	Jamie Bird
	Tony Blockley (appointed 1 April 2022)
	Simon Reed (appointed 1 January 2023)
	Paul Jones (appointed 1 January 2023)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 04/08/1997 and most recently amended 25/01/2018. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Potential trustees are interviewed following a Trustee Skills Analysis; vacancies are advertised through local public & voluntary sector networks and through our membership. Two vacancies are designated for User Involvement places. Work to develop this programme is planned for 2022.

Objectives and activities

Objects and aims

To provide the relief of persons resident in the borough of Amber Valley (and the adjoining areas) who are in conditions of need, hardship and distress, particularly by the provision of furniture, other household items, and food and provisions which are calculated to relieve their needs, hardship or distress.

Salcare Ltd

Trustees' Report

Objectives, strategies and activities

Family Support
Wrap-around family support services for families experiencing domestic abuse, including independent advocacy, family support & therapy for victims in Amber Valley & surrounding areas, including:

- Specialist domestic violence (DV) support for women with children, children & young people, older people, LGBT+ victims and male victims;
- Art Therapy service for children & young people who have experienced DV in the home;
- McKenzie Friend service providing support for families facing Family Court.

Practical Support
Providing practical assistance to families, including food, furniture packages, information, and signposting to welfare services.

Community Hub
Community café & shop, offering good value, nutritious food & company to local families and older people.

MISSION
Our constitutional purpose is to provide relief to residents Amber Valley (and adjoining areas) who are need due to hardship and distress, particularly by the provision of furniture packages, food and counselling & advice and support.

Thanks to our supporters, volunteers, Trustees, staff teams and funders & donors, Salcare has grown to support more people than ever during unprecedented need due to the pandemic and its impact.

Our Purpose
To help create safer & stronger communities where people who are moving away from hardship or abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family.

Our Impact
As part of our commitment to putting the people we serve front and centre of our work we are doing more to measure our impact on their lives, including developing our procedures to measure what we do, how much we do and how well we do it. We do this by:

- gathering timely feedback on the quality of our work and the outcomes our clients see as a result.
- safely gathering & sharing our clients' stories, with their permission, to improve the services they get from us, and other agencies, as well as part of our campaigning work.

Salcare Ltd

Trustees' Report

Developing as a Charity
Trustees have worked hard to ensure we have a clear strategy going forward setting out how we achieve our vision to end domestic violence & abuse and in Heanor and the surrounding areas of Amber Valley & Erewash and ensure safe families and strong communities through community support addressing food & fuel poverty, isolation and loneliness.

We envisage a life where people live in resilient, caring and safe communities.

You'll hear more about our work below in the Service Reports, each written by the service leads who make up our Management team. They describe how their teams worked to deliver against our Trustees three service priorities for 22/23.

Service Priorities
1. As the communities we support come out of lockdown and its consequences, do more to address food & fuel poverty
2. Increase our work with older people, as an important hub of any family & community, to create services that welcome them and respond to their needs
3. Work with more young people, including development of our services to address the rise we're seeing of adolescent perpetrators who have experienced DVA

Organisational Priorities
To achieve the Trustees goals, we ventured to develop our capability and capacity as a charity, including:

1. Further defining our purpose to create a clear vision. Through consultation with our service users, our partners, the local community and our volunteers and paid staff team Trustees developed a 5-year framework setting out our strategy to achieve greater sustainability. We'll be working through the Lloyds Enhance Programme to continue to improve our financial systems and to undertake a Governance Review. In 2023 we will put more meat on the bone of the framework to produce a detail, costed business plan, including a feasibility study to refurbish our centre building.

2. Developing our people by investing in staff and volunteer training & development, with 7 team members (paid and volunteers staff) achieving level 3 or above qualifications. We improved our volunteer programme through the work of the Community Hub Development Officer, and all volunteers are now inducted. Because we've adapted to the times and introduced hybrid, flexible working, the teams have worked hard to develop their digital and IT capability, ensuring a more efficient, flexible customer service.

3. Building our fundraising strategy, including our capital fundraising programme, to diversify our income generation to secure the renovation of our building was fundamental this year. We've engaged a great architect, with much community space experience, consulted on our plans. Overwhelming positive feedback from clients, partners and the wider community helped us secure firm progress in our negotiations with the lottery and the Community Ownership Fund to fund the renovations.

4. Our Build Better Governance plan focused on finishing the Lloyds Enhance project to improve our financial & organisational risk systems. We've invested in our data capabilities including how we measure impact. New outcomes, developed through client & customer feedback, partner engagement and team consultation, will help us measure our impact. We've moved over to a cloud-based system and transformed our systems from referral to feedback digitally. Some initial issues moving to a fully cloud based systems, outweighed the benefits of better data collection and analysis.

We made some inroads to develop lived experience voices on our Board and throughout out service delivery. Four volunteers have join two of our teams through our service delivery pathway. More dedicated work is still needed to fully integrate services users' voices in everything we do, including at Trustee level, where we now have one Service User representative.

Service Delivery Reports

Our Family Support Service
Wrap-around family support services for families experiencing Domestic Abuse, including independent advocacy, court support, & art therapy, and perpetrator education.

Year on year, for the last three years, the need for our Domestic Abuse services increased, with referrals increasing to 821. The cases we're seeing are even more complex, with nearly 90% of our clients reporting poor mental health. Over 50% of those told us that uncertainty over income impacts their wellbeing. Some 40% of those told us they experienced a weekly choice between food or heating. All these issues impacted the whole family's lives, in those families with children.

Salcare Escape- our Domestic Abuse Service

Our IDVA/ISVA team supports high, medium and low risk victims of domestic abuse, of all genders, ethnicities and backgrounds for those living in Amber Valley and Erewash. All clients undergo risk assessments to assess safety and develop individualized safety and support plans, they specialise in providing holistic wrap around support to the family. This takes place in several ways, such as 1-2-1 support, attending the move on group, freedom programme, face to face and online practical/ emotional support.

The ISVA team support victims who have experiences of sexual abuse and rape. They have specialist training to enable them to work with clients who are reporting sexual offences to the police, allowing them to be supported if the case gets taken forward to CPS. They are able to support clients through the court system explaining court procedures and offering impartial advice and information to clients.

We support victims still living with the partner, supporting them with a planned departure, working with housing to get a new house, welfare rights to get benefits in place, working with social workers, health visitors and doctors to get help with help matters, including mental health. We work very closely with education to help ensure the children have a smooth transition into new schools. However, we're also seeing more Victims who feel they cannot leave Domestic Abuse as they are financially depended on the partner. Many Victims don't report to police, but they do often share what's happening with neighbours, family & friends but they don't know how or what to report, or to who. Furthermore, we continue to see barriers to survivors reporting, particularly sexual violence, and getting the right kind of ongoing support.

However, our McKenzie Friend Service does not face the same kind of resistance as those that are referred to domestic abuse services. Clients needing McKenzie Friend support often have been served court papers or faced no choice but to serve papers. Engagement with clients varies significantly depending on individual needs at the time, those with upcoming hearings or deadlines are prioritised. Clients can be apprehensive initially to share information, until building a relationship where they feel safe to share. We supported 314 clients impacted by domestic abuse, providing practical and emotional support through the legal system. Mostly in family court where the client has not been able to obtain legal aid or insufficient time to wait for legal aid decision which can take up to 30 weeks. Supporting clients through the whole process - from paperwork, court liaison to ensure special measures to multi-agency collaboration to reduce risk and increase safety for survivors. During support our clients often disclose information which leads to onwards referrals and signposting on to other services. Legal support and information for clients is provided for both criminal and civil, alongside support reporting crimes and later attending court.

Our McKenzie Friend clients had to deal with other barriers however, including:

• Excessive time scales for court hearings, clients remain open on books for some time which can lead to dependency on the service and increasing burden of case numbers for the worker.
• Increase in adjournments due to lack of judicial availability since Nov'22.
• Rise in the issue of parental alienation or children being weaponized against survivors of domestic abuse, which we've started to baseline as part of our impact review in readiness of formal accreditation.
• Lack of awareness or complicitly from agencies regarding an awareness around the issues of domestic abuse.
• Domestic abuse minimized, abuse the victim has suffered viewed as a separate issue to the risk to the child. Material increases in children being placed with perpetrator, which again we've begun to baseline to map any issues/trends.
• Survivors' mental health or coping mechanisms such as alcohol and drug abuse often develop or exacerbate when in an abusive relationship, later used against them in proceedings and viewed in isolation rather than consequence of the abuse suffered, with a lack of understanding of trauma impact, leading to clients reporting feeling further perpetrated.

Value driven support around victim choice

We've created a space offering non-judgmental, empathetic, confidential, and emotional support to survivors. This involves informing them on their rights, resources and legal processes involving reporting domestic abuse and sexual violence, helping them make informed choices.

We accompany survivors to medical examinations, police interviews, court proceedings and meetings with support agencies to help them feel more comfortable and supported throughout this process - we are the place that stops victims falling through the cracks, with ongoing long-term support that wraps around them until they no longer need us and feel confident to move on.

Our work in the Freedom Programme helps clients assess and monitor risk of harm from domestic abuse in their, and their family relationships, with us. We support them through a weekly programme to explore their experiences and feelings about their relationships.

When our clients begin to feel ready to move on from the Freedom Programme, project funding has enabled us to do more work around promoting self-care, building confidence to set healthy boundaries, and create a positive space to work on developing their own wellbeing, including yoga, reiki, outdoor retreats and volunteering opportunities.

The Move On Group provides a space for clients to understand themselves as an individual outside of an abusive relationship. We engage our clients in personalised activities, including meditation to create a peaceful atmosphere encouraging our clients to feel grounded and regulate their inner thoughts and feelings. The move on group is aimed at giving our clients the tools to create self-improvement in a holistic way by working on limiting beliefs, confidence building and goal setting. This is achieved using arts and crafts to encourage self-expression.

Working with children in families

Providing advice, advocacy and support to children, young people, and their families, allows parent victims to engage because they know we are also supporting their children if they need it.

Our Children & Young People IDVA, works with them to assess and monitor risk of harm from domestic abuse in their family relationships. Acting as a single point of contact for young victims through one to one and Group work, gives children and young people not only the time and space to explore their experiences and feelings, but also offer practical information, education and tools to build healthy rather than unhealthy relationships. Promoting self-care, confidence, healthy boundaries, and positive wellbeing - to promote long term safety is also key to this work. Sessions often take place at schools, during the school day, working very closely with partners in education & the school to deliver weekly or bi-weekly sessions in a safe and confidential space, at a time that works for the child.

The children and young people's independent domestic violence advisor (C&YP IDVA) within Salcare aims to provide emotional and practical support for children and young people who have been exposed to or have had experience of domestic abuse. This looks different for each client and so the approach is very client led and focused on how best to support that individual. The support runs for approximately 10 weeks, and sessions are an hour long either once a week or bi-weekly. The support provides a safe space for clients to talk about their experiences and have someone listen and provide a support network or advice where needed. Topics which usually arise include building self-esteem, healthy relationships, dealing with big feelings such as anxiety and anger, and safety planning for those who may still be at risk due to domestic abuse. Sessions typically run within schools/colleges so that family/ evening time is not interrupted, however where this is not possible for example if a child is home schooled or has been suspended- the sessions can be run within the family home.

Over the last year the C&YP IDVA team has supported 74 clients. This has been made possible by building rapport with local schools within the Amber Valley and Erewash area. A total of 27 schools have been supportive in hosting sessions.

Communication between services, and with parents is crucial when wanting to support clients in a holistic way. Liaising with other services who work with and support the child or young person to share relevant information is important, for example by attending multi agency meetings.

Building good relationships and rapport with schools helps avoid the previously insurmountable barriers of day-to-day bureaucracy but also helps with data sharing so that the child or young person can be supported more holistically. We've also recognised the need to slowly build trust and rapport with the client, allowing them to feel comfortable to explore their experiences at their own pace. This can take longer for some clients and so they may need more than 10 sessions, and our commitment to being flexible enables this.

By joining up and working even more closely alongside both the IDVA and Art Therapy services within Salcare. These services are often the source of referrals for new clients and working alongside each other allows the whole family to be supported in more holistic ways as well.

• Our average quality rating stands at 4.88 out of 5.

Working with Adolescent (C&YP) perpetrators

Home Office funding enabled us to run number of intervention sessions with 131 C&YP which continued with some additional funding until August. Provision continued both during school hours (11 sessions) & outside of school (22 sessions). All participating schools shared the consensus that the value of participation in these groups outweighed any short period of absence: short time loss for a long-term gain is how it was universally described. Sadly, funding ended however we learnt a great deal about this cohort and what they needed. All had been victims of domestic abuse in at home, most notably the level of flexibility required both in and outside sessions. Feedback (from participants, their families and involved agencies), told us that our approached worked:

Participants
• “Absolutely amazing, shows you how to respect people and control yourself”
• “Everyone was respectful and listened to each other and that everyone could listen to each other”
• “fun and interesting, better than if just done all talking, made me pay attention more and learn more”

Schools & Agencies
• “Creative, friendly, flexible"
• “Helpful”
• “Very good”

Parents & Carer feedback
• “Understanding”
• “for him to understand what resect is and boundaries and ways to manage his temper and yes they were met”
• “He’s loved it, and enjoys all his time there”

We found it to be a great asset to utilise a combination of bio, social, psycho education and creative expressive techniques. It created a wide variety of mediums to teach and share information. It also increased engagement and involvement with the activities and topics that were being explored. We found some young people had difficulty verbalising their experiences or emotions but felt safer and more capable of doing this through role play, movement and art making. Due to participants being more able to engage with the session content they are then more likely to understand and digest the subject matter with better chances of remembering what had been discussed. This also meant that they were more likely to remember the techniques taught about how to manage own behaviour and anger. We utilised techniques such as expressive movement, roleplay, musical instruments, appropriate videos and art making to ensure that we covered a variety of different learning styles to give participants the best opportunities to engage in the sessions.

As part of the group, we give participants the opportunity to go forward and access our art therapy service after completing the group, we wanted to offer further specialist support should young people wish to engage in this. This has been met with positive responses from group members, their parents and refers. This can also be found to be reflective of their experiences and their willingness to move forward, gain further support and education as well as a recognition that they’re needing further intervention.

The interactions that came from this cohort were increasingly positive, boundaries and expectations were set for the group from the beginning, and we could revisit these where it was necessary. This also had the benefit of giving young people positive interactions with workers able to support them. We found a lot of group members might not have had positive relationships with professionals or organisations such as school or the police but by working through some of this, by giving them the opportunity to work with practitioners is a safe, respectful and boundaried way. Our intention was to improve the interactions they will go on to have in the future whilst also allowing them to feel able to work with other agencies and overall, we found we achieved this.

Art Therapy Service

Art Therapy is a Creative Psychotherapy used in the treatment of a variety of presenting issues including mental health and emotional well-being. The art making process can offer another way to communicate that which is non-verbal and symbolic, through which expression including unconscious feelings, wishes, fears and phantasies central to inner world can be expressed and explored. Art therapy uses concrete external media which allows for an observable, sometimes tangible, sensory item that is both witnessed in its process of creation and exploring the end product. The made art is not used for diagnostic purposes rather the personal meaning comes from the client through reflection. We are funded by BBC Children in Need and provide a short intervention of a 1-hour sessions for 12 weeks. We work with children and young people who have been impacted by trauma and loss in Derbyshire. We have two art therapy rooms and attend school sites when needed.

Trustees' Report

We managed to receive another 3 years funding from Children In Need and have provided assessment and where appropriate therapy to 67 individuals. Many are siblings within one house. With our trainees support we have worked with on average 16.75 clients every month. This would not be possible without the work from our trainees. We still use assessment structure of vital paperwork and are using either SDQ's (strengths and difficulties questionnaires) or star outcome (dependent on age/ developmental age). This is gathered from parent, self and sometimes teachers. This is taken at the start and at the end of service engagement.

Of these clients they have waited approximately 4-6 months from referral for an assessment and to receive therapy. The most impact we have seen from this data is in the supplement to SDQ's the impact score. Where the client leaves our service indicated by teacher, parent and self-evaluation form as the issues they attended for originally no longer impact, school, home or the individual.

The journey of art therapy for each client has been unique to their own challenges, strengths and needs. We still use a non-directive approach allowing what is needed to be expressed and explored to be in a safe contained way. We have provided therapy at 9 different schools with multiple clients sometimes in each school. Easing access to the services and causing less disruption to education.

We continue to contact and build rapport with families and the systems that surround the individual. Often providing sign posting, referrals to Salcare other services and offering knowledge and support with appropriate Bio-Social-Psychoeducation relevant to their Child or young person in an accessible, relatable way.

Parents completed score	P start	P 12 weeks	P 22 weeks
Total difficulties	16	31	17
Emotional problems scor	2	4	1
Conduct problems score	6	7	3
Hyperactivity score	6	9	7
Peer problems score	2	5	4
Prosocial score	8	9	10
Impact score	4	6	2

Above is the SDQ scores from an individual showing their journey with us in art therapy. It showed the decline at week 12 and the reason why we adapt the service for the individual. Often in therapy things do get worse before they get better. We call this the Nike tick of a journey. We continued providing 1-2-1 therapy for a negotiated 10 more weeks.

A teachers feedback for this client was that "[Client] is learning to cope better with big emotions. [Their] listening and empathy skills have definitely improved." The client wrote how therapy had been "brilliant" and rated us 9.5 out of 10.

We have learnt this year the need to continue building strong bonds with the systems that surround the child. As you are never just working with the child. This means that the therapy team attend TAF (team around the families) and CIN (child in need meetings). Chapters and discussions have been shared with social care and schools around being trauma informed. Upleveling the knowledge and skills of key workers in the child and young person's life.

We're continually developing our partnerships in Higher Education, both with the University of Derby and Sheffield Hallam University, providing robust Trainee placements for Trainees Arts Psychotherapist, under the clinical supervision of our fully qualified Arts Therapist Manager.

Managing three trainees does not necessarily mean more clients are seen, as supervision and supporting takes our Art Therapies managers time away from direct service delivery, so we work closely with the CHIDVA team (child and young person Independent domestic violence advocates) in the Family Support Team, to provide valuable practical support outside the therapy room.

We're introducing new digital outcomes and feedback forms to help with service evaluation, having also learned that systems need information to best support individuals who have experienced Domestic Abuse. This may look like providing creative training sessions provided to schools and families, alongside than our work with individual clients. Below are some of our feedback received from parents and clients who have received individual therapy.

• 'Brilliant and happy' for the question 'one statement that sums up how you feel about yourself'
Self-report from feedback form

• "I think I am beautiful, kind and a brilliant friend "
Self-report from feedback form, when asked how the C&YP now feels about themselves.

• '[Siblings] are getting along a lot better since attending Salcare…Both listen to each other and care about how the other one feels. Home life seems to be a lot easier for all three of us'
Dad (redacted for names) 121 feedback.

Practical Support & Community Hub

Offering practical assistance to families, delivering quality food, furniture packages, information, and access to welfare rights services.

Foodbank parcels are down from last year to 1267 over the period, mainly due to many of our users moving over to the community pantry. Many foodbank users are in crisis and use the service temporarily to support an immediate need. Many users have families, so we estimate the real reach of the project to be closer to 3000 local people and families.

The community pantry has been an outstanding success, launched in July 22 we have seen membership rise to nearly 300 in the first few months of operation. Customers could access a varied weekly shop for £5, saving huge amounts on their household budget and avoiding debt. We delivered over 1400 shops in the first 9 months of trading, with an estimated high street value of £50,000 being accessed by local people in need, many of whom have children and families, increasing the reach of the project to an estimated 4000+ local people with 20 tons of food avoiding landfill.

Quotes from pantry users
• 'The pantry allows us (family of 4) to eat, avoiding me skipping meals'.
• 'I would recommend it to everyone, there's so many people in the same boat as us, the pantry really helps'.
• 'The cost of food at the regular supermarkets today is very stressful to try and keep up with. Being able to use the pantry has helped so much so far and enabled me to make sure my children are provided with more essentials they need. Without it I don't know what I would do!'
We're very grateful for the support of many organisations in funding the increased supply of food that we have needed to source to support the food poverty projects.

We're very grateful for the support of many organisations in funding the increased supply of food that we have needed to source to support the food poverty projects.

During winter 2022/3 we provided a Warm Hub where people could come, escape the cold and cost of heating their homes and enjoy a free cuppa' and snacks. Nearly 150 local people regularly used the Warm Hub, many older people and those living in isolation, engaged with their community and many accessed other support services at the same time. We plan to provide this service moving forward.

Partnership working has increased with additional service providers using the Centre as outreach provisions. In addition to Citizens Advice, who have been providing service for over 3 years, we have been working with Marches Energy Agency to provide essential fuel poverty and debt advice, Safer Neighborhood Team, and the NHS Sexual Health project.

We've had strong support from a small, but dedicated team of volunteers who have been outstanding in their contribution and continuity and without which we would not be able to provide services to the level we needed.

Next Years Priorities

Following an analysis of the needs, strengths & opportunities with each team and full team engagement sessions on our vision, values, outcomes and building plans, over the summer, Trustees have developed the charities strategic framework and agreed a new set of priorities to further advance our impact.

Fundamental to achieving our greatest impact is the need to refurbish our community centre, fixing its problems and making it sustainable for our community to receive service, support and be proud of. Our vision is to develop the site, making it a welcoming and useful building that is fit-for-purpose and a genuine community asset. It will help tackle the needs of the community and, as they change, be adaptable to any new need.

Trustees also intend to focus on sustainability, both environmentally, through the building improvements but also economically. Next year we will develop needs-led business models that increase our earned income through service development and retail & sales, growing Family Support with a wider focus on supporting families experiencing challenge and change and growing our McKenzie Friend Service to offer a wider range of support.

Growing our business surplus should allow Trustees to invest in a core workforce over the medium term and develop our Community Hub as a community asset including expanding our Warm Hub & Community Café which is enabling us to deliver community services to more people.

A governance review to look at developing the Board's membership, increasing service user involvement and diversity is also a priority.

Salcare Ltd

Trustees' Report

A message from our Chair

As I reflect over my term in office over the last three years, I'm clear that, now more than ever, what we need are places like Salcare. At the simplest level, Salcare is a warm and welcoming place to be when so many people are struggling to cope with their day to day lives - whether that's keeping their homes warm this winter, their children fed or struggling with the trauma and consequences of domestic abuse.

Since the first Lockdown, even now, the level of stress, anxiety and isolation felt by people has noticeably increased. For all those who come to the Salcare, whether they are Pantry members, Warm Hub & Community Café customers, Foodbank users, furniture warehouse shoppers or Salcare Family Support clients, they are joining a community of nurture, care and support. The Salcare Team - our paid staff and our Volunteers - are a genuine antidote to the multiplicity of crises that loom over us all through these difficult times.

The catastrophe of the current cost of living crisis, particularly for those on the edges of society, already beleaguered by so much hardship, might suffer even more. If you are reading this and feel that you could help us in any way, by volunteering or making a donation, then please do.

I want to take this opportunity at the time of our annual report to applaud the remarkable team that we have at Salcare. That team includes, of course, the wonderful volunteers, staff and Trustees who steer the ship, but it also includes our service users, our members - who get stuck in and make a difference.

There is a list of achievements, as ever, to note. Four team members in the Family Support, delivering the domestic abuse side of our work qualified as IDVA's, ISVA's & CIDVA's and their Manager celebrated her IDVA Managers qualification too. Two other's completed further qualifications to add value to their work.

Following the shock of the lockdowns, we are rebuilding our enterprise activity, giving us the revenue to fund all the additional work we do, including mentoring new volunteers who have been out of the workforce for some time. All of this is very much a team effort, all those who make our varied enterprises and support activity so vibrant and forward looking.

We couldn't work without our volunteers who add so much value to impact we have.

We have seen the reopening of our Community Café in our new Community Hub, a vital Warm Space. Our Community Pantry is thriving as a more dignified alternative to emergency food parcels from our Foodbank, which sadly is still needed.

All the while, partner organisations and individuals continue to support our work, not least the people at Futures Housing, who helped with refreshing our walls, paid and installed our new super smart electric cooker amongst other things, our friends at Gillets Funeral Directors, the wonderful team at Liniar, staff at Rural Action Derbyshire, who yet again partnered with us on our food projects, Warburtons & Sainsburys and the Co-op for their regular donations, and all the organisations who fund our work. We could not do it without you and you need to know that for many of our people Salcare is a life-saver.

So, if you are feeling gloomy and beleaguered by all the troubling things that are happening in our world today, I can think of no better place to be than the Salcare building, a drafty as it can sometimes be in the warehouse, you'll get a warm welcome and a smile.

Thank you to everyone who makes it such a special place.



Dr. Jamie Bird,
Chairperson, Board of Trustees

Salcare Ltd

Trustees' Report

A message from our CEO

As I reflected on the last year, I felt proud of everything we've achieved while acknowledging everything we have yet to do.

From working with our service users and campaigning for change, to raising life-saving funds and lobbying against sector funding cuts, we never lose sight of the very real needs in our community and our lifesaving services that support them.

We thank every single person and organisation that has come together to make this progress possible. And we have a lot of people to thank!

Our partnerships have deepened we have remained unwavering in our commitment to building a world where women, men and children are free from harm at home.

Over the year, we have supported more people find a safe, warm space and put food on the table for their families. We also relaunched our Community Café, not only offering super examples of the great value you can get out of surplus food, but also as a route to enabling families and individuals to access practical support. Thanks to the style and panache of our Community Hub Worker, it's also a lovely place to be.

And we have helped more victims of domestic abuse, including children, find safety and come out the other side to help the cope better with everyday life, through what has been a very challenging year. The effects of the cost-of-living crisis are still being felt by the communities and cohorts we work alongside. In this year's report, we share the incredible work that we have done over the past year as we continue to battle on behalf of our service users and clients.

As well as reflecting on how far we have come, we are more motivated than ever in how far we have yet to go. To that end, we will continue to campaign and challenge domestic abuse, food & fuel poverty, keeping those with lived experience at the heart of everything we do.

Jacqueline Bell
Director of Services

Public benefit

We help create safer and stronger communities where families who are moving away from abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family:

- Reduced risk of vulnerable people facing serious harm;
- Rehabilitation of perpetrators;
- Prevented victims & families becoming homeless;
- Reduced food & fuel poverty;
- Reduced bed (furniture) poverty;
- Increased access to welfare rights.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Salcare Ltd

Trustees' Report

Financial review

Policy on reserves

The Board is developing its ability to balance the needs of current and future beneficiaries and is currently in the process of developing its Operating Reserve Policy to ensure the stability of the mission, services, employment, and ongoing operations of the charity.

Statement of Responsibilities

The trustees (who are also the directors of Salcare Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland". The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 05/02/2024 and signed on its behalf by:



.....
Jamie Bird
Trustee

Salcare Ltd

Independent Examiner's Report to the trustees of Salcare Ltd ('the Company')

Independent examiner's report to the trustees of Salcare Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

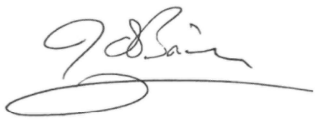
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FAIA, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 06/02/2024

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income and Endowments from:					
Donations and legacies	2	105,707	-	105,707	105,959
Charitable activities	3	51,057	263,148	314,205	266,985
Investment income	5	151	-	151	60
Total income		156,915	263,148	420,063	373,004
Expenditure on:					
Charitable activities	6	(179,056)	(254,812)	(433,868)	(314,576)
Total expenditure		(179,056)	(254,812)	(433,868)	(314,576)
Net (expenditure)/income		(22,141)	8,336	(13,805)	58,428
Net movement in funds		(22,141)	8,336	(13,805)	58,428
Reconciliation of funds					
Total funds brought forward		234,017	39,842	273,859	215,431
Total funds carried forward	14	211,876	48,178	260,054	273,859

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	105,959	-	105,959
Charitable activities	3	20,482	246,503	266,985
Investment income	5	60	-	60
Total income		126,501	246,503	373,004
Expenditure on:				
Charitable activities	6	(74,339)	(240,237)	(314,576)
Total expenditure		(74,339)	(240,237)	(314,576)
Net income		52,162	6,266	58,428
Transfers between funds		1,184	(1,184)	-
Net movement in funds		53,346	5,082	58,428
Reconciliation of funds				
Total funds brought forward		180,671	34,760	215,431
Total funds carried forward	14	234,017	39,842	273,859

The notes on pages 19 to 28 form an integral part of these financial statements.

Salcare Ltd

(Registration number: 3414027)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	9	90,592	88,019
Current assets			
Debtors	10	3,698	2,395
Cash at bank and in hand	11	178,937	184,615
		182,635	187,010
Creditors: Amounts falling due within one year	12	(13,173)	(1,170)
Net current assets		169,462	185,840
Net assets		260,054	273,859
Funds of the charity:			
Restricted income funds			
Restricted funds	14	48,178	39,842
Unrestricted income funds			
Unrestricted funds		211,876	234,017
Total funds	14	260,054	273,859

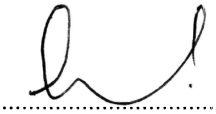
For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 16 to 28 were approved by the trustees, and authorised for issue on 05/02/2024 . and signed on their behalf by:



.....
Simon Reed
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Salcare Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	25% reducing balance
Computer equipment	25% reducing balance
Fixtures & fittings	25% reducing balance

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors
Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	54,515	54,515	-
Donations from individuals	-	-	12,087
Grants, including capital grants;			
Government grants	51,192	51,192	93,872
	105,707	105,707	105,959

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Sales & fees	51,057	-	51,057	20,482
Grants and donations	-	263,148	263,148	246,503
	51,057	263,148	314,205	266,985

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Derbyshire Police & Crime Commissioner	-	196,291	196,291
BBC Children In Need	-	26,895	26,895
Derbyshire County Council	51,192	17,778	68,970
National Grid Community Matters Fund	-	6,204	6,204
Derbyshire Mental Health Forum	-	4,983	4,983
Futures Housing	-	3,960	3,960
The JH Rausing Trust	-	3,000	3,000
Rural Action Derbyshire	-	2,000	2,000
TESCO Community Grants	-	1,125	1,125
Lloyds Bank Foundation	27,250	-	27,250
Coalfields Regeneration Trust	9,850	-	9,850
B&Q Foundation	5,000	-	5,000
The Kelly Family Charitable Trust	4,000	-	4,000
Rural Action Derbyshire	3,004	-	3,004
Community Matters Fund - Holiday Hunger	2,490	-	2,490
The Neighbourly Fund	1,000	-	1,000
Sundry grants & donations	1,921	912	2,833
	105,707	263,148	368,855

5 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	151	151	60

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Accountancy	-	-	-	4,361
Advertising & promotion	1,302	3,158	4,460	752
Bank charges	480	-	480	315
Cafe stock	-	1,077	1,077	-
Cleaning	-	-	-	41
Equipment	2,073	-	2,073	324
Food bank expenses	1,553	2,430	3,983	247
Insurance	6,978	-	6,978	6,160
Legal & professional	15,333	8,188	23,521	6,630
Mileage	1,194	2,703	3,897	3,937
Wages, NI & Pension	119,203	215,581	334,784	251,725
Office & general administrative expenses	-	2,445	2,445	702
Printing & stationery	700	1,065	1,765	187
Repairs & maintenance	5,177	-	5,177	3,307
Sundry expenses	144	49	193	617
Supervision	-	1,860	1,860	1,415
Tech support	-	-	-	6,257
Telephone & internet	738	2,021	2,759	4,265
Training	442	4,443	4,885	6,354
Utilities	1,867	3,810	5,677	6,404
Vehicle costs	5,451	-	5,451	6,779
Rent & rates	908	-	908	-
Depreciation	5,463	-	5,463	3,614
Dues & subscriptions	192	220	412	183
Employee expenses	1,203	4,600	5,803	-
Pantry inventory	2,100	723	2,823	-
Volunteer expenses	131	439	570	-
Card fees	251	-	251	-
Pest control	704	-	704	-
Purchases	3,780	-	3,780	-
Security	1,689	-	1,689	-
	179,056	254,812	433,868	314,576

7 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	5,463	3,614

8 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	300,982	229,519
Social security costs	17,833	11,521
Pension costs	15,969	10,685
	334,784	251,725

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	17	15

12 (2022 - 11) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £15,969 (2022 - £10,685).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £148,843 (2022 - £46,984).

9 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Fixtures & fittings £	Total £
Cost					
At 1 April 2022	148,413	21,292	9,590	-	179,295
Additions	-	7,076	-	960	8,036
At 31 March 2023	148,413	28,368	9,590	960	187,331
Depreciation					
At 1 April 2022	62,333	20,763	8,180	-	91,276
Charge for the year	2,968	1,902	353	240	5,463
At 31 March 2023	65,301	22,665	8,533	240	96,739
Net book value					
At 31 March 2023	83,112	5,703	1,057	720	90,592
At 31 March 2022	86,080	529	1,410	-	88,019

10 Debtors

	2023 £	2022 £
Trade debtors	305	-
Prepayments	3,393	2,269
Other debtors	-	126
	3,698	2,395

11 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	77	77
Cash at bank	178,860	184,538
	178,937	184,615

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	130	-
Other taxation and social security	11,634	-
Other creditors	1,409	1,170
	13,173	1,170

13 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

14 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General	234,017	156,915	(179,056)	211,876
Restricted funds				
Food Bank & Pantry	624	8,037	(3,485)	5,176
Art Therapy	3,241	26,895	(20,000)	10,136
Tampon Tax	800	-	(800)	-
Salcare Escape	35,177	201,274	(209,607)	26,844
Hub	-	21,832	(19,843)	1,989
Cafe	-	5,110	(1,077)	4,033
Total restricted funds	39,842	263,148	(254,812)	48,178
Total funds	273,859	420,063	(433,868)	260,054

The specific purposes for which the funds are to be applied are as follows:

Food Bank & Pantry - contributes towards the costs associated with providing our food bank and pantry service.
Art Therapy - contributes towards the costs associated with providing our art therapy service.
Tampon Tax - contributes towards the costs associated with providing our support services.
Salcare Escape - contributes towards the costs associated with providing our family support service.
Hub - project led, warm hub activities include provision for community including refreshments, support and a warm space.
Cafe - project led, often a specific project as part of warm hub, community cafe activities include provision low cost food & volunteer expenses.

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
General					
General	180,671	126,501	(74,339)	1,184	234,017
Restricted					
Food Bank & Pantry	-	13,716	(13,092)	-	624
Art Therapy	-	19,036	(15,795)	-	3,241
Tampon Tax	800	-	-	-	800
Salcare Escape	32,347	201,751	(197,737)	(1,184)	35,177
COVID Support	1,613	12,000	(13,613)	-	-
Total restricted funds	34,760	246,503	(240,237)	(1,184)	39,842
Total funds	215,431	373,004	(314,576)	-	273,859

15 Analysis of net assets between funds

	Unrestricted General £	Restricted £	2023 Total funds £
Tangible fixed assets	90,592	-	90,592
Current assets	134,457	48,178	182,635
Current liabilities	(13,173)	-	(13,173)
Total net assets	211,876	48,178	260,054

	Unrestricted General £	Restricted £	2022 Total funds £
Tangible fixed assets	88,019	-	88,019
Current assets	147,168	39,842	187,010
Current liabilities	(1,170)	-	(1,170)
Total net assets	234,017	39,842	273,859

16 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2023 £	2022 £
Independent examination	975	1,140
Other financial services	1,333	1,613
	2,308	2,753

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

19 Related party transactions

There were no related party transactions in the year.

SALCARE LTD

England & Wales - Charity number 1064715

Accounts

Company registration number: 3414027

Charity registration number: 1064715

Salcare Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Salcare Ltd

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Salcare Ltd

Reference and Administrative Details

Trustees	Kathryn Godfrey Shelley Scott Fiona Pearson Jamie Bird Tony Blockley
Senior Management Team	Jacqueline Bell, Director of Services
Charity Registration Number	1064715
Company Registration Number	3414027
Registered Office	59 Ray Street Heanor Derbyshire DE75 7GF
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Salcare Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Kathryn Godfrey
	Shelley Scott
	Fiona Pearson
	Jamie Bird
	Tony Blockley (appointed 1 April 2022)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 04/08/1997 and most recently amended 25/01/2018. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Potential trustees are interviewed following a Trustee Skills Analysis; vacancies are advertised through local public & voluntary sector networks and through our membership. Two vacancies are designated for User Involvement places. Work to develop this programme is planned for 2022.

Objectives and activities

Objects and aims

To provide the relief of persons resident in the borough of Amber Valley (and the adjoining areas) who are in conditions of need, hardship and distress, particularly by the provision of furniture, other household items, and food and provisions which are calculated to relieve their needs, hardship or distress.

Objectives, strategies and activities

Family Support
Wrap-around family support services for families experiencing domestic abuse, including independent advocacy, family support & therapy for victims in Amber Valley & surrounding areas, including:

- Specialist domestic violence (DV) support for women with children, children & young people, older people, LGBT+ victims and male victims;
- Art Therapy service for children & young people who have experienced DV in the home;
- McKenzie Friend service providing support for families facing Family Court.

Practical Support
Providing practical assistance to families, including food, furniture packages, information, and signposting to welfare services.

Community Hub
Community café & shop, offering good value, nutritious food & company to local families and older people.

Salcare Ltd

Trustees' Report

MISSION
Thanks to our supporters, volunteers, Trustees, staff teams and funders & donors, Salcare has grown to support more people than ever during unprecedented need due to the pandemic and its impact.

Our constitutional purpose is to provide relief to residents Amber Valley (and adjoining areas) who are need due to hardship and distress, particularly by the provision of furniture, other household items, and food and counselling and support.

In 2021 we refined our purpose, clarifying what we do and why.

Our Purpose
We help create safer & stronger communities where families who are moving away from hardship or abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family.

And as part of our commitment to putting the people we serve at the centre of our work we are doing more than ever to measure our impact on their lives. And that includes sharing our clients' stories, with their permission, to help others know that these trials can happen to any of us and that they are not alone.

Our Motivation
One Families Story
Meet the 'Smiths'. Smith family Mum never expected to need to restock her home from scratch, never mind need help from a foodbank.

Our volunteers helped us provide 1,908 foodbank parcels this year.

"We had to leave home so quickly into refuge we took very little with us. Life after refuge was hard; Heanor was a long way away from family and friends and that was scary, but we had a roof over our heads and that was a great feeling. Trouble was we had nothing to put in it to make it a home."

Kevin & Mark delivered 28 furniture packages to people escaping abuse and poverty this year.

"You helped make our little house a home - not just because you sorted us a sofa, and the washing machine and the beds, wardrobes, and the tele for the kids - it was that you cared enough to give us the little things that make a house a home - the curtains, the pink unicorn bedding for the girls and even a dressing table for me. That's what really made a difference to me."

"Then I found out about the other things you do upstairs. I put myself down for the Move-On Group online and began to set some goals for myself. For the first time in a long time, I could see a future for me and the kids. Everything was coming good for once, the kids were starting a new school, I got a part time job. You helped with benefits advice, and I felt everything was settling down."

Lizzie, and her team - Sorrel, Jamie-Leigh, Ann Marie, Olivia, Denise, and Millie - worked intensively (between 3 and 9 months) with 523 cases of domestic violence and abuse, including children and young people, this year.

"I don't get paid a lot, but my job meant I worked all the way through the pandemic lockdowns. I was happy to be working and the advice you gave for the in-work benefits helped, but I got myself into difficulties over Christmas. I'd already been given so much help, it was hard to ask for more, but in the end, I had to admit I wasn't managing. Being offered the Christmas Hampers helped me admit I was struggling."

Thanks to Rural Action Derbyshire Holiday Activity & Food Programme we created 30 Christmas Hampers with activities & toys for children take home this Christmas.

"After that I came to you over the holidays to get the everyday basics from the Foodbank. It made all the difference. My IDVA worker had signposted me to Jess from Citizens Advice and she helped me apply for a discretionary grant to replace our washing machine from you. I'm back on my feet now, but I still pop in to catch up and when I can I donate a few things every now and again to pass on to those who need help now."

We made 192 referrals for welfare rights advice from to Jess our Citizen Advice partner, who've rated a 68% improvement in their financial situation

"The best thing about being a Mum is just to see them happy and to see them grow. Salcare helped me when I needed it most, they helped me be a good Mum to them - the kids are proud of me I know - and I'm proud to pass on the help I got to another family who needs it. It feels good to say thank you and pay it forward and I'm grateful that I can."

92% of our clients tell us they feel more hopeful about their future.

Salcare Ltd

Trustees' Report

A message from our CEO and Trustee Board Chair
The 'Smiths' we talk about throughout our report use real feedback, real lives and real hardships to illustrate the types of issues the people we help face day to day.

We live in a time of deepening poverty. Sadly, on top this, violence against women and girls (and sometimes men) is on the rise. Anyone can experience a threat to their future - a sudden job loss, an unexpected expense, a poor relationship decision - things can change very quickly. This, very real, trauma people face can take time and support to recover.

For over 45 years, Salcare has helped provide everything people need to create a home. For the last ten years this important work has been complemented by our Family Support Service (known as Salcare Escape) where our specialist domestic violence and abuse workers support victims, including children, to escape and recover from the trauma of domestic abuse and throughout any potential court proceedings.

This unparalleled year has been filled with trauma on many levels, from the continuing impact of COVID-19 to the distressing spike in domestic violence and abuse, to the troubling rise in mental health issues across all ages, to rising costs and economic uncertainty. Salcare's clients have had to navigate this backdrop while surviving abusive relationships. Their strength and ability to overcome is courageous and inspirational. Our committed team has been right there with them - as our client stories describe - seeing, hearing, and receiving support helps them begin the long road of healing from trauma.

Our 2021 Annual Report summarises our impact and focus over the past year. We hope it provides a glimpse into what we tried, what worked and what we've learned during an unprecedented time in our 45-year history. As we look to the future, which feels more unknown amid the constant fluctuations in the pandemic recovery, and continued economic uncertainty - we are sure of several things that bring us confidence and resolve:

- We are sure of our purpose and the crucial need for our each of our services;
- We are sure that change and progress can and does happen every day in the effort to end domestic violence and abuse, and;
- We are sure of our local community support and our incredible volunteers, supporters and partners who make it all possible.

Despite everything, we have witnessed incredible generosity. When people and families struggle, compassionate people like our supporters, donors and volunteers stand beside them, with us, during their darkest times.

Together, we are moving forward with resilience. Thank you for walking with us.

Public benefit

We help create safer and stronger communities where families who are moving away from abuse, feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family:

• Reduced risk of vulnerable people facing serious harm;
• Rehabilitation of perpetrators;
• Prevented victims & families becoming homeless;
• Reduced food & fuel poverty;
• Reduced bed (furniture) poverty;
• Increased access to welfare rights.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance
Our Family Support Service

Wrap-around family support services for families experiencing Domestic Abuse, including independent advocacy, court support, & art therapy, and perpetrator education.

Our Domestic Violence & Abuse services continued to increase over the last year, with referrals increasing to 723. The cases we're seeing are more complex, with many of our clients still managing the impact of multiple stresses brought about through Covid, including continued uncertainty over income, food and fuel vulnerability, increasingly worsening mental health and increased isolation. All these issues impacted family's lives.

Investing in a Family Coordinator secondment, through a grant given by Derbyshire Police Commissioner helped us embed our holistic approach across all our services:

• DVA support for women who have experienced domestic violence and abuse
• Freedom Programme & Move-On Groups
• Male Victims
• ISVA, supporting DVA victims who have experienced sexual violence and coercion
• CIDVA working with children and young people who have experienced domestic abuse in the home
• Adult & Adolescence Perpetrator Programmes

Working through COVID-19
Changing how we deliver services based on what works
The past year was all about adapting to the changing needs of clients throughout the many phases of COVID-19, the lockdowns and re-opening (although our DVA family support never closed throughout the whole pandemic and our volunteers kept the Foodbank going). Below is a snapshot of how we navigated this unprecedented landscape.

• Before lockdowns we initially reduced capacity in our group work by half for most of the year to ensure our clients could safely socially distance;
• 46 women graduated from our Freedom Programme, which we began to run online;
• 122 people began rebuilding their lives as part of the Move-On Group, which operated socially distanced, face to face;
• 84 survivors received community-based case management through our Outreach programme;
• 159 clients were supported through family court;
• Setting up two perpetrator programmes, targeting adolescents and men.

During the last lockdowns we piloted delivering our services online so clients who could safely participate online maintained their progress and we maintained telephone support service for children and young people as well as offered online sessions for those who could participate confidentially.

We were thankful to be able to resume in-person support and group sessions, but we still offered virtual options, which is still growing. Children's art therapy services also resumed - a much needed support for the many children and young people who had been waiting for our art therapy service.

Our McKenzie Friend workers continued to represent clients seeking Protection orders and custody of their children via video while the Family Court buildings were closed throughout lockdowns.

Whole Service Review

Our passion is to make sure that the work we do has an impact and helps our clients, and their families not only stay safe but begin to recover from abuse.

Investment in a Family Co-ordinator, through funding from the Police Commissioner in Derbyshire, built on our dedication for continuous improvement. Asked to constructively challenge what we do and how we do it, Jade helped us through a whole service review of our assessments and documentation and supported adoption of more person-centred tools, under the umbrella of the risk-led safety model. By using more evidence-based tools, we have improved our intake and review process, which now happen more quickly and frequently.

Co-producing person-centred safety plans, based on the assets our clients have, as well as the outcomes they want to achieve, alongside the risks they face, we have created safer spaces for sharing. We now capture a fuller picture of client needs and goals, in ways that work for them better.

Reviewing risk every 8 weeks, not just when their circumstances change and at closure, has significantly helped with case management but has meant we work with our clients for longer, helping them access our other services, increasing internal referrals. More clients are now accessing our full range of support, with internal referrals for McKenzie Friends, and CIDVA support for children in the family increasing by 48%. Safe sharing meant ISVA referrals surface, which began to slowly rise this year, increasing by nearly 10%. Working with our clients to map their journey, as well as interpret the risks they face, has also encouraged them as they see how far they have come on their journey and allowed us to begin to record our impact.

Our McKenzie Friend Service also saw an increase in need. Referrals from partners across the public sector continued to rise by 37%, and self-referrals increased by 24%. We created a more streamlined person-centred approach through to our practical support & therapy services, which we now monitor and track as internal referrals.

The whole team have been trained on Modus Paloma, our secure case management system, which we upgraded this year. Modus Paloma ensured a better focus on quality case recording, GDPR and safer remote working, including:

- Improvements to confidentiality, consent, initial sign-up paperwork
- Lone worker risk assessments to ensure safety of our staff, trainees and volunteers
- Individual client risk assessments (over and above reliance on CAADA DASH) to reduce re-traumatising client where abuse occurred historically
- Paloma briefing guide for all DVA staff
- Improved regular Line Management and increased 1:1 clinical supervision for all staff, minimising vicarious trauma for staff and clients
- Improved needs assessment and support planning to anchor and provide structure to client's journey
- Beginning to capture impact using innovative outcomes tools personalised to clients' needs, evidencing the progress they're making
- Improved Mckenzie Friend referral forms to make it easier to for agencies and clients to access court and legal support
- Development of a new online Freedom Programme
- Implementation of Sexual Health drop in (free condoms, STI testing, Information and advice)
- Introduction of a waiting list procedure for our support services for children and young people, whilst fundraising for additional resources to address this urgent need

Developing our local links and networks
Increasing our networking and collaboration with referral agencies improved multiagency relationships and increased referrals into our services, as well as onward referrals. This year we worked with:

- Victim Support
- Citizens Advice
- Court Based Witness Service in the North and the City
- Derbyshire Substance Misuse Services
- Early Help Teams
- Local schools

Establishing a new collaboration with Sexual Health Services led to pioneering a sexual health drop in regarding confidential advice, testing and free condoms.

Our Art Therapy Service
Our Motivation: *The boy who went back to school: BB's Story*
When people consider domestic violence and abuse (DVA), they often think of the adult victim survivor. But we asked, what about the children who have seen or experienced the abuse; the boys, girls and young people who have been afraid in their own home?

Odette joined us as our Art Therapist in July 2021. She helped our Art Therapy service transition as a new manager.

Through Odette's conscientiousness, attentiveness and genuine hard graft, we now have a best practice process in which we manage the therapy waiting list; from 65 children and young waiting to receive therapy, we are now have a therapy waiting list of two.

With 15 children and young people currently receiving or booked in for therapy to begin and a referral list of 27 clients, Odette worked hard, with the support of two Art Therapy Trainee students from the University of Derby and University of Sheffield, to reduce our clients waiting time from over 6 months in 2020 by half in 2021. Now, from referral for an assessment to receiving therapy, no client waits for any longer than 2-4 months, depending on the severity of need.

She achieved this by implementing an 'in therapy service process': Odette explains, "by inviting referrals for an assessment we can more quickly find out if we are the right service to meet their needs." By making our service more child centred she explains "we work with them to see if they are wanting to attend 121, attend Creative Expressive sessions, or Group Work - providing them choice and autonomy." From assessment they are placed on the waiting list and currently due to having extra training staff have only had to wait 1-2 months before therapy commences.

By implementing a structure to assessment, including vital paperwork and using either SDQ's (strengths and difficulties questionnaires) or our own outcomes assessment (dependent on age/ developmental age) we can quickly see our clients' perspective and priorities, in a much more child/family-centred approach. "By taking a more holistic approach to assessment we focus on the assets in families so it's genuinely strengths-based approach."

We gather information from parents, and sometimes teachers, as well as the child or young person. This is taken at the start and at the end of service engagement to ensure we capture specific areas in which the child or young person may have difficulty and importantly where their strengths lie.

Because we now get an overall account of the individual, issues which come often at the end of an intervention receiving the 'follow up' which has not always been possible from parents and some schools, we will now still able to map their journey with them and see the difference they are achieving.

This year we saw 45% increase in referrals to our art psychotherapy service. Our partnership with the University of Derby and its Art Therapy MA students, we doubled our capacity, working with 48 children & young people who received art psychotherapy over the year, improving their ability to cope with their feelings by over 70%.

Practical Support
Offering practical assistance to families, delivering food, furniture packages, information, and access to welfare rights services.

Foodbank referrals quadrupled during the pandemic and consequent lockdowns; we supported 2,459 unique foodbank users, seeing an exponential rise in our work with families with children. We estimate that just over a quarter of people who received food parcels were repeat beneficiaries, which increased to a third during the final lockdown. Most of the people who came to the Foodbank had at least one child and we supported over 3,000 children, almost 100 older people, and over 720 individual men. Referrals to other agencies including Erewash Citizens Advice and local Welfare Rights teams, including Pension Welfare Rights, increased by almost 60%.
The warehouse & shop closed for part of the year due to high tier restrictions and lockdowns, however the team continued to provide reduced warehouse hours to deliver emergency furniture packages to 30 families and individuals.

Our Future Plans
Trustees have worked hard to ensure we have a clear strategy going forward setting out how we achieve our vision to eradicate domestic violence & abuse in Heanor and the surrounding areas of Amber Valley & Erewash to ensure safe families and strong communities.

We envisage a life where people live in resilient, caring and safe communities.

Trustees priorities next year include three fundamental pillars:

1. Development of our activities to address food & fuel poverty as the communities we support come out of lockdown and its consequences.
2. Work with older people, as an important hub of any family & community, to create services that welcome them and respond to their needs.
3. Working with more young people, including development of our services to address the rise we're seeing of adolescent perpetrators who have experience DVA in their own families and who are beginning to use violence or abuse in their familial relationships, at school or in their personal relationships.

To achieve this Trustees are clear that we need to develop our capability and capacity as a charity, including undertaking a governance review, recruiting people with lived experience to sit on our Board. We will:

1. Further define our purpose and create a clear vision through consultation with our service users, partners, volunteers and our paid staff team to develop a 5-year strategy and business plan.
2. Develop our people by creating a HR plan & Volunteer Programme that includes investing in staff and volunteer training & development and develop our digital capability for person centred remote and flexible working.
3. Build our fundraising strategy and capital fundraising programme to diversify our income generation and fundraising to secure the renovation of our building based on community and client needs & partner collaboration.
4. Build better governance including improving our financial & organisational risk systems by investing in our data capabilities including how we measure impact; developing lived experience voices on our Board through proactive recruitment and bake their experience into our strategy and use our partnerships more strategically.

Salcare Ltd

Trustees' Report

Financial review

Policy on reserves

The Board is developing its ability to balance the needs of current and future beneficiaries and is currently in the process of developing its Operating Reserve Policy to ensure the stability of the mission, services, employment, and ongoing operations of the charity.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Salcare Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 19/12/2022 and signed on its behalf by:



.....
Jamie Bird
Trustee

Salcare Ltd

Independent Examiner's Report to the trustees of Salcare Ltd

Independent examiner's report to the trustees of Salcare Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2022.

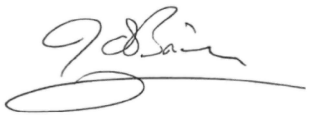
Responsibilities and basis of report
As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 19/12/2022

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	2	105,959	-	105,959	84,071
Charitable activities	3	20,482	246,503	266,985	252,344
Investment income	5	60	-	60	106
Total income		126,501	246,503	373,004	336,521
Expenditure on:					
Charitable activities	6	(74,339)	(240,237)	(314,576)	(232,594)
Total expenditure		(74,339)	(240,237)	(314,576)	(232,594)
Net income		52,162	6,266	58,428	103,927
Transfers between funds		1,184	(1,184)	-	-
Net movement in funds		53,346	5,082	58,428	103,927
Reconciliation of funds					
Total funds brought forward		180,671	34,760	215,431	111,504
Total funds carried forward	14	234,017	39,842	273,859	215,431

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	2	84,071	-	84,071
Charitable activities	3	24,645	227,699	252,344
Investment income	5	106	-	106
Total income		108,822	227,699	336,521
Expenditure on:				
Charitable activities	6	(32,347)	(200,247)	(232,594)
Total expenditure		(32,347)	(200,247)	(232,594)
Net income		76,475	27,452	103,927
Net movement in funds		76,475	27,452	103,927
Reconciliation of funds				
Total funds brought forward		104,196	7,308	111,504
Total funds carried forward	14	180,671	34,760	215,431

Salcare Ltd

(Registration number: 3414027)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	9	88,019	90,449
Current assets			
Debtors	10	2,395	405
Cash at bank and in hand	11	184,615	128,191
		187,010	128,596
Creditors: Amounts falling due within one year	12	(1,170)	(3,614)
Net current assets		185,840	124,982
Net assets		273,859	215,431
Funds of the charity:			
Restricted income funds			
Restricted funds	14	39,842	34,760
Unrestricted income funds			
Unrestricted funds		234,017	180,671
Total funds	14	273,859	215,431

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 12 to 24 were approved by the trustees, and authorised for issue on ..19/12/2022. and signed on their behalf by:



.....
Jamie Bird
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Salcare Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Furniture and equipment	25% reducing balance
Computer equipment	25% reducing balance

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations from individuals	12,087	12,087	16,024
Grants, including capital grants;			
Government grants	93,872	93,872	68,047
	105,959	105,959	84,071

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Charitable activities	20,482	-	20,482	24,645
Grants and donations	-	246,503	246,503	227,699
	20,482	246,503	266,985	252,344

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Derbyshire Police & Crime Commissioner	-	186,854	186,854
BBC Children In Need	-	19,037	19,037
Derbyshire County Council	77,351	16,896	94,247
Amber Valley Borough Council	3,667	12,000	15,667
Foundation Derbyshire	-	8,916	8,916
Rural Action Derbyshire	-	1,050	1,050
Gilliots Funeral Directors	100	1,000	1,100
HMRC	12,854	-	12,854
Arnold Clarke	2,500	-	2,500
Sundry grants & donations	9,487	750	10,237
	105,959	246,503	352,462

5 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income;			
Interest receivable on bank deposits	60	60	106

6 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Accountancy	4,361	-	4,361	2,324
Advertising & promotion	-	752	752	1,488
Bank charges	315	-	315	420
Cleaning	41	-	41	835
Equipment	-	324	324	6,670
Food bank expenses	-	247	247	675
Insurance	1,540	4,620	6,160	7,107
Internet costs	-	-	-	264
Legal & professional	4,650	1,980	6,630	570
Mileage	208	3,729	3,937	-
Travelling expenses	-	-	-	2,778
Wages, NI & Pension	46,196	205,529	251,725	173,999
Office & general administrative expenses	-	702	702	7,458
Printer costs	-	187	187	1,044
Recruitment	-	-	-	1,376
Repairs & maintenance	3,307	-	3,307	2,218
Sundry expenses	297	320	617	1,640
Supervision	-	1,415	1,415	585
Tech support	819	5,438	6,257	1,452
Telephone	463	3,802	4,265	3,122
Training	523	5,831	6,354	4,088
Utilities	1,306	5,098	6,404	3,820
Vehicle costs	6,699	80	6,779	2,680
Rates & water charges	-	-	-	2,546
Depreciation	3,614	-	3,614	3,435
Dues & subscriptions	-	183	183	-
	74,339	240,237	314,576	232,594

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	3,614	3,435

8 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	229,519	156,543
Social security costs	11,521	10,167
Pension costs	10,685	7,289
	251,725	173,999

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Average number of employees	15	13

11 (2021 - 6) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £10,685 (2021 - £7,289).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £46,984 (2021 - £17,075).

9 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2021	148,413	21,292	8,406	178,111
Additions	-	-	1,184	1,184
At 31 March 2022	148,413	21,292	9,590	179,295
Depreciation				
At 1 April 2021	59,365	20,586	7,711	87,662
Charge for the year	2,968	177	469	3,614
At 31 March 2022	62,333	20,763	8,180	91,276
Net book value				
At 31 March 2022	86,080	529	1,410	88,019
At 31 March 2021	89,048	706	695	90,449

10 Debtors

	2022 £	2021 £
Prepayments	2,269	405
Other debtors	126	-
	2,395	405

11 Cash and cash equivalents

	2022 £	2021 £
Cash on hand	77	77
Cash at bank	184,538	128,114
	184,615	128,191

12 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	-	1,691
Other creditors	1,170	1,923
	1,170	3,614

13 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

14 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
General					
General	180,671	126,501	(74,339)	1,184	234,017
Restricted funds					
Food Bank	-	13,716	(13,092)	-	624
Art Therapy (CIN)	-	19,036	(15,795)	-	3,241
Tampon Tax	800	-	-	-	800
Salcare Escape	32,347	201,751	(197,737)	(1,184)	35,177
COVID Support	1,613	12,000	(13,613)	-	-
Total restricted funds	34,760	246,503	(240,237)	(1,184)	39,842
Total funds	215,431	373,004	(314,576)	-	273,859

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
General				
General	104,196	108,822	(32,347)	180,671
Restricted				
Food Bank	75	2,800	(2,875)	-
Art Therapy (CIN)	2,233	23,215	(25,448)	-
Tampon Tax	5,000	-	(4,200)	800
Salcare Escape	-	119,399	(87,052)	32,347
COVID Support	-	82,285	(80,672)	1,613
Total restricted funds	7,308	227,699	(200,247)	34,760
Total funds	111,504	336,521	(232,594)	215,431

The specific purposes for which the funds are to be applied are as follows:

Food Bank - contributes towards the costs associated with providing our food bank service.
Art Therapy - contributes towards the costs associated with providing our art therapy service.
Tampon Tax - contributes towards the costs associated with providing our support services.
Salcare Escape - contributes towards the costs associated with providing our family support service.
COVID Support - contributes towards the additional costs resulting from the COVID pandemic.

The transfer from the Salcare Escape fund to the General fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

15 Analysis of net assets between funds

	Unrestricted		2022
	General £	Restricted £	Total funds £
Tangible fixed assets	88,019	-	88,019
Current assets	147,168	39,842	187,010
Current liabilities	(1,170)	-	(1,170)
Total net assets	234,017	39,842	273,859

	Unrestricted		
	General	Restricted	2021 Total funds
	£	£	£
Tangible fixed assets	90,449	-	90,449
Current assets	93,836	34,760	128,596
Current liabilities	(3,614)	-	(3,614)
Total net assets	180,671	34,760	215,431

16 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2022	2021
	£	£
Independent examination	1,140	950
Other financial services	1,613	-
	2,753	950

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

19 Related party transactions

There were no related party transactions in the year.

SALCARE LTD

England & Wales - Charity number 1064715

Accounts

Company registration number: 3414027

Charity registration number: 1064715

Salcare Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Salcare Ltd

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Salcare Ltd

Reference and Administrative Details

Trustees	Kathryn Godfrey Shelley Scott Fiona Pearson Jamie Bird
Senior Management Team	Jacqueline Bell, Director of Services
Charity Registration Number	1064715
Company Registration Number	3414027
Registered Office	59 Ray Street Heanor Derbyshire DE75 7GF
Independent Examiner	John O'Brien, employee of Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL

Salcare Ltd

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Kathryn Godfrey
	Shelley Scott
	Fiona Pearson (appointed 20 June 2020)
	Jamie Bird
	Jade Revill-Ross (resigned 13 April 2021)

Structure, governance and management

Nature of governing document

The charity is a company limited by guarantee and registered charity. It is operated under the rules of its memorandum and articles of association dated 04/08/1997 and most recently amended 25/01/2018. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Recruitment and appointment of trustees

Potential trustees are interviewed following a Trustee Skills Analysis; vacancies are advertised through local public & voluntary sector networks and through our membership. Two vacancies are designated for User Involvement places. Work to develop this programme is planned for 2022.

Objectives and activities

Objects and aims

To provide the relief of persons resident in the borough of Amber Valley (and the adjoining areas) who are in conditions of need, hardship and distress, particularly by the provision of furniture, other household items, and food and provisions which are calculated to relieve their needs, hardship or distress.

Objectives, strategies and activities

Family Support
Wrap-around family support services for families experiencing domestic abuse, including independent advocacy, family support & therapy for victims in Amber Valley & surrounding areas, including:

- Specialist domestic violence (DV) support for women with children, children & young people, older people, LGBT+ victims and male victims;
- Art Therapy service for children & young people who have experienced DV in the home;
- McKenzie Friend service providing support for families facing Family Court.

Practical Support
Providing practical assistance to families, including food, furniture packages, information, and signposting to welfare services.

Community Hub
Community café & shop, offering good value, nutritious food & company to local families and older people.

Salcare Ltd

Trustees' Report

Public benefit

We help in creating safer & stronger communities where families who are moving away from abuse feel empowered to build a new future. We do this through the provision of practical & emotional support for the whole family.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Achievements and performance

2020 was a difficult for year everyone, and for us at Salcare it was particularly difficult. Sadly, we lost our Director of Services, Dena Trossel, who died in July having served Salcare for more than 5 years, but also the Domestic Abuse sector for over 20 years, Dena worked tirelessly on risk management for victims, and will be remembered for introducing the first programme to work with perpetrators in Derby 2006, creating the foundation upon which we are now building.

Dena will be remembered by all of us at Salcare and across the wider community.

Family Support

Our DV support service referrals increased by 79% this year and with more complex cases. Partly because of the COVID pandemic, but also due to the added multiple-stresses brought about through higher-tier measures and lockdowns, uncertainty over income, food and fuel vulnerability, poor mental health and increased isolation, all impacted families lives.

We invested in our digital capability, upgraded our IT and website to improve accessibility and trained staff & volunteers to work remotely, safely, reaching more victims than ever before by developing alternatives to face to face work. The work we're doing online to let our clients know that we are open and still providing services and this has increased awareness and has led to a significant increase in our 'wrap around support' offer. Referrals from partners across the public sector tripled and self-referrals doubled. By better joining up our practical support & therapy services with our domestic abuse work, the numbers of families we worked with increased to 121.

The impact of the last year on children & young people saw 45% increase in referrals to our art psychotherapy service. Our partnership with the University of Derby and its Art Therapy MA students, the Art Therapy Service doubled its capacity, working with 48 children & young people who received art psychotherapy over the year, improving their ability to cope with their feelings by over 70%.

Our McKenzie Friend service also saw an increase in need, supporting 67 people, including 30 families through Family Court.

Practical Support

Foodbank referrals quadrupled during the pandemic and consequent lockdowns; we supported 2,459 unique foodbank users, seeing an exponential rise in our work with families with children. We estimate that just over a quarter of people who received food parcels were repeat beneficiaries, which increased to a third during the final lockdown. Most of the people who came to the Foodbank had at least one child and we supported over 3,000 children, almost 100 older people, and over 720 individual men. Referrals to other agencies including Erewash Citizens Advice and local Welfare Rights teams, including Pension Welfare Rights, increased by almost 60%.
The warehouse & shop closed for part of the year due to high tier restrictions and lockdowns, however the team continued to provide reduced warehouse hours to deliver emergency furniture packages to 30 families and individuals.

Trustees' Report

Community Hub

Our community café was hit by the pandemic and is yet to re-open, the shop had to close periodically due to lockdowns however the team delivered food parcels to those most isolated during the pandemic as well as 27 homemaker packages.

Financial review
This year the unrestricted reserves increased beyond what was forecasted. Funding was applied for to cover both the cost of activities and a proportion of the overheads.

Policy on reserves

The Board is developing its ability to balance the needs of current and future beneficiaries and is currently in the process of developing its Operating Reserve Policy to ensure the stability of the mission, services, employment, and ongoing operations of the charity.

Statement of Trustees' Responsibilities
The trustees (who are also the directors of Salcare Ltd for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement
This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 22/12/2021 and signed on its behalf by:



.....
Jamie Bird
Trustee

Salcare Ltd

Independent Examiner's Report to the trustees of Salcare Ltd

Independent examiner's report to the trustees of Salcare Ltd ('the Company')
I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2021.

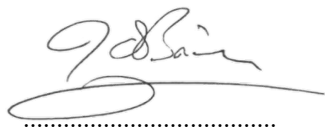
Responsibilities and basis of report
As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
John O'Brien MSc, FCCA, FCIE, employee of Community Accounting Plus
Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 22/12/2021

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	2	84,071	-	84,071	84,763
Charitable activities	3	24,645	227,699	252,344	113,372
Investment income	5	106	-	106	221
Total income		108,822	227,699	336,521	198,356
Expenditure on:					
Charitable activities	6	(32,347)	(200,247)	(232,594)	(195,227)
Total expenditure		(32,347)	(200,247)	(232,594)	(195,227)
Net income		76,475	27,452	103,927	3,129
Net movement in funds		76,475	27,452	103,927	3,129
Reconciliation of funds					
Total funds brought forward		104,196	7,308	111,504	108,375
Total funds carried forward	14	180,671	34,760	215,431	111,504

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for the period is shown in note 14.

Salcare Ltd

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

These are the figures for the previous accounting period and are included for comparative purposes

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	2	84,763	-	84,763
Charitable activities	3	49,685	63,687	113,372
Investment income	5	221	-	221
Total income		134,669	63,687	198,356
Expenditure on:				
Charitable activities	6	(138,773)	(56,454)	(195,227)
Total expenditure		(138,773)	(56,454)	(195,227)
Net (expenditure)/income		(4,104)	7,233	3,129
Net movement in funds		(4,104)	7,233	3,129
Reconciliation of funds				
Total funds brought forward		108,300	75	108,375
Total funds carried forward	14	104,196	7,308	111,504

Salcare Ltd

(Registration number: 3414027)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	9	90,449	93,884
Current assets			
Debtors	10	405	590
Cash at bank and in hand	11	128,191	23,628
		128,596	24,218
Creditors: Amounts falling due within one year	12	(3,614)	(6,598)
Net current assets		124,982	17,620
Net assets		215,431	111,504
Funds of the charity:			
Restricted income funds			
Restricted funds	14	34,760	7,308
Unrestricted income funds			
Unrestricted funds		180,671	104,196
Total funds	14	215,431	111,504

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 7 to 19 were approved by the trustees, and authorised for issue on ...22/12/2021. and signed on their behalf by:



.....
Jamie Bird
Trustee

1 Accounting policies

Summary of significant accounting policies and key accounting estimates
The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance
The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation
Salcare Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern
The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

Exemption from preparing a cash flow statement
The charity opted to adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £0.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted income funds are those grants for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations from individuals	16,024	16,024	-
Grants, including capital grants;			
Government grants	68,047	68,047	-
Grants from companies	-	-	84,763
	84,071	84,071	84,763

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £	Total 2020 £
Charitable activities	24,645	-	24,645	49,685
Grants and donations	-	227,699	227,699	63,687
	24,645	227,699	252,344	113,372

4 Grants & donations

	Unrestricted funds £	Restricted funds £	Total £
Derbyshire County Council	-	83,846	83,846
NLCF Coronavirus Community Support Fund	-	82,285	82,285
Derbyshire Police & Crime Commissioner	-	35,553	35,553
BBC Children In Need	-	23,215	23,215
RAD School Holiday Fund	-	1,500	1,500
Amber Valley Borough Council	35,700	-	35,700
HMRC	32,347	-	32,347
Sundry donations	16,024	1,300	17,324
	84,071	227,699	311,770

5 Investment income

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Interest receivable and similar income;			
Interest receivable on bank deposits	106	106	221

6 Expenditure on charitable activities

	Unrestricted funds Other £	Restricted funds £	Total 2021 £	Total 2020 £
Accountancy	-	2,324	2,324	2,013
Advertising & promotion	-	1,488	1,488	1,739
Bank charges	-	420	420	665
Cleaning	-	835	835	-
Equipment	-	6,670	6,670	787
Food bank expenses	-	675	675	-
Insurance	-	7,107	7,107	7,690
Internet costs	-	264	264	-
Legal & professional	-	570	570	1,500
Travelling expenses	-	2,778	2,778	3,072
Wages, NI & Pension	32,347	141,652	173,999	147,788
Office & general administrative expenses	-	7,458	7,458	679
Printer costs	-	1,044	1,044	-
Recruitment	-	1,376	1,376	-
Repairs & maintenance	-	2,218	2,218	2,468
Sundry expenses	-	1,640	1,640	1,154
Supervision	-	585	585	-
Tech support	-	1,452	1,452	-
Telephone	-	3,122	3,122	3,147
Training	-	4,088	4,088	4,559
Utilities	-	3,820	3,820	1,679
Vehicle costs	-	2,680	2,680	3,644
Rates & water charges	-	2,546	2,546	7,547
Depreciation	-	3,435	3,435	3,592
Subscriptions	-	-	-	1,504
	32,347	200,247	232,594	195,227

	Total expenditure £

7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	3,435	3,592

8 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	156,543	138,572
Social security costs	10,167	3,726
Pension costs	7,289	5,490
	173,999	147,788

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Average number of employees	13	14

6 (2020 - 6) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £7,289 (2020 - £5,490).

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £17,075 (2020 - £29,235).

9 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Computer equipment £	Total £
Cost				
At 1 April 2020	148,413	21,292	8,406	178,111
At 31 March 2021	148,413	21,292	8,406	178,111
Depreciation				
At 1 April 2020	56,397	20,351	7,479	84,227
Charge for the year	2,968	235	232	3,435
At 31 March 2021	59,365	20,586	7,711	87,662
Net book value				
At 31 March 2021	89,048	706	695	90,449
At 31 March 2020	92,016	941	927	93,884

10 Debtors

	2021 £	2020 £
Prepayments	405	126
Other debtors	-	464
	405	590

11 Cash and cash equivalents

	2021 £	2020 £
Cash on hand	77	50
Cash at bank	128,114	23,578
	128,191	23,628

12 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	1,691	3,740
Other creditors	1,923	795
Accruals	-	2,063
	3,614	6,598

13 Charity status

The charity is a company limited by guarantee and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

14 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
General				
General	104,196	108,822	(32,347)	180,671
Restricted funds				
Food Bank	75	2,800	(2,875)	-
Art Therapy (CIN)	2,233	23,215	(25,448)	-
Tampon Tax	5,000	-	(4,200)	800
Salcare Escape	-	119,399	(87,052)	32,347
COVID Support	-	82,285	(80,672)	1,613
Total restricted funds	7,308	227,699	(200,247)	34,760
Total funds	111,504	336,521	(232,594)	215,431

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
Unrestricted funds				
General				
General	108,300	134,669	(138,773)	104,196
Restricted				
Food Bank	75	-	-	75
Art Therapy (CIN)	-	21,983	(19,750)	2,233
MHCLG	-	34,429	(34,429)	-
Tampon Tax	-	7,275	(2,275)	5,000
Total restricted funds	75	63,687	(56,454)	7,308
Total funds	108,375	198,356	(195,227)	111,504

The specific purposes for which the funds are to be applied are as follows:

Food Bank - contributes towards the costs associated with providing our food bank service.
Art Therapy - contributes towards the costs associated with providing our art therapy service.
Tampon Tax - contributes towards the costs associated with providing our support services.
Salcare Escape - contributes towards the costs associated with providing our family support service.

15 Analysis of net assets between funds

	Unrestricted		2021
	General £	Restricted £	Total funds £
Tangible fixed assets	90,449	-	90,449
Current assets	93,836	34,760	128,596
Current liabilities	(3,614)	-	(3,614)
Total net assets	180,671	34,760	215,431

	Unrestricted		2020
	General £	Restricted £	Total funds £
Tangible fixed assets	93,884	-	93,884
Current assets	16,910	7,308	24,218
Current liabilities	(6,598)	-	(6,598)
Total net assets	104,196	7,308	111,504

16 Fees payable to independent examiner

During the period, the fees payable (excluding VAT) to the charity's independent examiner Community Accounting Plus are analysed as follows:

	2021 £	2020 £
Independent examination	950	795
	950	795

17 Taxation

The charity is a registered charity and is therefore exempt from taxation.

18 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

19 Related party transactions

There were no related party transactions in the year.