

# ARTICULATE ARTS LTD

England & Wales · Charity number 1064645

## Details

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Other names	FRIENDS OF LATIN AMERICAN EXPRESSION, THE CHARLOTTE MILLER ART PROJECT, ARTICULATE, FLAME
Status	Registered
Legal form	Charitable company
Company number	<a href="#">03343779</a>
Registered	1997-10-01
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	3 Arlington Gardens Saltdean Brighton BN2 8QE
Phone	07967719137
Email	<a href="mailto:hello@articulate.global">hello@articulate.global</a>
Website	<a href="http://www.articulate.global">www.articulate.global</a>

## Activities

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**Objects:** THE CHARITY'S OBJECT IS TO ADVANCE EDUCATION IN THE LATIN AMERICAN CULTURE WITHIN THE UNITED KINGDOM.

**Activities:** For disadvantaged young lives facing such difficulties as domestic violence, abuse, homelessness or refugee status ARTICULATE provides creative safe spaces where they can use art to build a sense of self-worth that leads to enduring personal resilience.

## Classification

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- **How:** Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

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- **Area of benefit:** UNITED KINGDOM.
- Brighton And Hove
- East Sussex
- Islington
- West Sussex

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-06-30	£30,446	£38,451	-	-
2024-06-30	£88,819	£32,517	-	-
2023-06-30	£38,955	£64,335	-	-
2022-06-30	£68,027	£63,044	-	-
2021-06-30	£38,590	£32,263	-	-

## Trustees

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Name	Role	Appointed
Megan Peterson		2022-06-16
SUE MILLER		
Thom Jones		2022-06-16

**ARTICULATE ARTS LTD**

England & Wales - Charity number 1064645

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# Accounts

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## **Directors Report - June 2025**

### **Projects overview**

#### **Grief project**

We have been commissioned by a previous partner who came to us as part of the Greif project we ran with Comic relief funding in 2022-23. We have been invited to run two sessions on the 13th and 20th July with a group of children who have experienced the loss of a loved one.

Artist Lucy Mytton will be running the sessions and our fee for the commission includes her payment plus art materials. This is part of a wider pilot project funded by West Sussex County Council and Worthing.

#### **Safe in Sussex**

We are developing funding applications to continue our work with the women's refugee in Worthing and Littlehampton following our previous work. This is now one of the main focus on our fundraising efforts following a request to continue the work from the refugee regional manager, Michelle Moakes.

#### **Mascot:**

We were awarded a £20k grant from the National Lottery in April 2024 to run Girls Group in collaboration with Mascot for 2 years. We shall be providing weekly sessions during term time at the Hanover centre in central Brighton for primary aged autistic girls.

We are employing on a freelance basis artists Isabela Vasques who worked with us at Oaks Rise in 2024, she has experience working with autistic children. She is working alongside Bella Cook from the Woodland Tribe who until recently was supporting the group in kind running creative activities in the centre's garden.

We commenced session on the 24th May 2023 and have already increased participants numbers by 50%. The group is embracing the new set up and Isabella is collaborating with the girls to design sessions including den building, fabric dying and large scale charcoal drawings.

## Oaks Rise:

We have formally evaluated the pilot project funded by the Chalk Cliff Trust which ran September to December 2024. Sessions were well received and as an organisation Oaks Rise are gain to build our sessions into their main programme not an addition as first expected. The organisation has moved to Hove in May and we currently researching potential funders to apply to. The building is free on a Friday so there is potential for us to run a stand allow programme for children who are experienced ESBA and have school trauma.

## Fund-raising

### Bids currently being developed:

- Wates Foundation £5-10k - core - Being developed
- Bubbles and Stars Trust - £5-10k - projects - Outcome April 2025
- Henry Smith £60k - over 3 years core and projects - Being developed
- Arts Council England - 'Here we Are!' Girls Group with Mascot project £30k - outcome June 2025
- June/July 25 • Small batch applications x 200 - various deadlines
- CPF Trust £5k core - Being developed
- East Sussex County Council - A Life less ordinary - Being developed
- William Young - Being developed
- Redhill Trust - £10k project - July deadline
- Sussex Community Foundation - £5k core - developing application for Oct 25
- Brighton and Hove Legacy Fund for Young people - £5k project - outcome in July 2025

## Financial situation

We currently have **£62,130.44** in the bank account as of the 4th June 2025. £20k of final total is for the Mascot grant. So **£42,130.44 for core**. If we stay at Lynn doing 5 days a month with Ben's work, accounting and PR costs we would have core for **22 months from June 2025 to April 2027**.

## AOB

Arrange next Trustee meeting - online or face to face? Plan date and time.

# ARTICULATE ARTS LTD

Report of the Director and Unaudited Financial Statements

## **Period of accounts**

**Start date:** 01 July 2024

**End date:** 30 June 2025

ARTICULATE ARTS LTD  
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For the year ended 30 June 2025

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ARTICULATE ARTS LTD  
Company Information  
For the year ended 30 June 2025

<b>Director</b>	Lynn Alison WEDDLE
<b>Registered Number</b>	03343779
<b>Registered Office</b>	3 Arlington Gardens, Saltdean Brighton BN2 8QE
<b>Accountants</b>	Accountico 46 sheaf lane  Birmingham B26 3HA

**ARTICULATE ARTS LTD**  
**Director's Report**  
**For the year ended 30 June 2025**

**Director's report and financial statements**

The director presents his/her/their annual report and the financial statements for the year ended 30 June 2025.

**Principal activities**

Principal activity of the company during the financial year was of ...

**Director**

The director who served the company throughout the year was as follows:

Lynn Alison WEDDLE

**Statement of director's responsibilities**

The director is responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations and in accordance with United Kingdom Generally Accepted Accounting Practice.

Company law requires the director to prepare financial statements for each financial year. Under that law the director has elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the director must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and the profit or loss of the company for that period.

In preparing these financial statements, the director is required to :

- select suitable accounting policies and then apply them consistently
- make judgements and accounting estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. The director is also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The director is responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom, governing the preparation and dissemination of financial statements, may differ from legislation in other jurisdictions

ARTICULATE ARTS LTD  
Director's Report  
For the year ended 30 June 2025

On behalf of the board.

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Lynn Alison WEDDLE  
Director

Date approved: 13 January 2026

ARTICULATE ARTS LTD  
Accountants' Report  
For the year ended 30 June 2025

Accountant's report

You consider that the company is exempt from an audit for the year ended 30 June 2025 . You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Statement of Comprehensive Income, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Accountico

30 June 2025

.....  
Accountico  
46 sheaf lane

Birmingham  
B26 3HA  
13 January 2026

ARTICULATE ARTS LTD  
Income Statement  
For the year ended 30 June 2025

	Notes	2025 £	2024 £
<b>Turnover</b>		30,446	88,819
Cost of sales		(2,771)	(5,392)
<b>Gross profit</b>		<u>27,675</u>	<u>83,427</u>
Selling and distribution costs		(2,767)	(516)
Administrative expenses		(32,913)	(31,213)
<b>Operating profit/(loss)</b>	2	<u>(8,005)</u>	<u>51,698</u>
<b>Profit/(Loss) on ordinary activities before taxation</b>		<u>(8,005)</u>	<u>51,698</u>
Tax on profit on ordinary activities		0	0
<b>Profit/(Loss) for the financial year</b>		<u><u>(8,005)</u></u>	<u><u>51,698</u></u>

ARTICULATE ARTS LTD  
Statement of Financial Position  
As at 30 June 2025

	Notes	2025 £	2024 £
<b>Fixed assets</b>			
Tangible fixed assets	3	0	1,104
		<b>0</b>	<b>1,104</b>
<b>Current assets</b>			
Cash at bank and in hand		58,682	65,583
<b>Creditors: amount falling due within one year</b>	4	(700)	(700)
<b>Net current assets</b>		<b>57,982</b>	<b>64,883</b>
<b>Total assets less current liabilities</b>		57,982	65,987
<b>Net assets</b>		<b>57,982</b>	<b>65,987</b>
 <b>Capital and reserves</b>			
Profit and loss account	5	57,982	65,987
<b>Shareholders' funds</b>		<b>57,982</b>	<b>65,987</b>

For the year ended 30 June 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
2. The director acknowledges their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

ARTICULATE ARTS LTD  
Statement of Financial Position  
As at 30 June 2025

The financial statements were approved by the director on 13 January 2026 and were signed by:

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Lynn Alison WEDDLE  
Director

**ARTICULATE ARTS LTD**  
**Notes to the Financial Statements**  
**For the year ended 30 June 2025**

**General Information**

ARTICULATE ARTS LTD is a private company, limited by shares, registered in , registration number 03343779, registration address 3 Arlington Gardens, Saltdean, Brighton, BN2 8QE.

The presentation currency is £ sterling.

**1. Accounting policies**

**Significant accounting policies**

**Statement of compliance**

These financial statements have been prepared in compliance with FRS 102 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**Basis of preparation**

The financial statements have been prepared under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

**2. Operating profit/(loss)**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
The operating profit/(loss) is stated after charging:		
Depreciation of tangible fixed assets	0	838

ARTICULATE ARTS LTD  
Notes to the Financial Statements  
For the year ended 30 June 2025

**3. Tangible fixed assets**

<b>Cost or valuation</b>	Computer Equipment	<b>Total</b>
	£	£
At 01 July 2024	1,104	1,104
Additions	-	-
Disposals	(1,104)	(1,104)
At 30 June 2025	<u>-</u>	<u>-</u>
<b>Depreciation</b>		
At 01 July 2024	-	-
Charge for year	-	-
On disposals	-	-
At 30 June 2025	<u>-</u>	<u>-</u>
<b>Net book values</b>		
Closing balance as at 30 June 2025	<u>-</u>	<u>-</u>
Opening balance as at 01 July 2024	<u>1,104</u>	<u>1,104</u>

**4. Creditors: amount falling due within one year**

	<b>2025</b>	<b>2024</b>
	£	£
Trade Creditors	700	700
	<u>700</u>	<u>700</u>

**5. Profit and loss account**

	<b>2025</b>
	£
Balance at 01 July 2024	65,987
Loss for the year	(8,005)
Balance at 30 June 2025	<u>57,982</u>

**ARTICULATE ARTS LTD**  
**Detailed Income Statement**  
For the year ended 30 June 2025

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>		
Donation Income	30,446	88,819
	<u><b>30,446</b></u>	<u><b>88,819</b></u>
<b>Cost of sales</b>		
Depreciation Charge: Plant & Machinery	0	125
Depreciation Charge: Computer Equipment	0	713
Rent	0	5
Other Direct Costs	2,771	4,549
	<u>(2,771)</u>	<u>(5,392)</u>
Gross profit	<b>27,675</b>	<b>83,427</b>
<b>Selling and distribution costs</b>		
Wages & Salaries	2,564	0
Advertising	0	516
Entertainment	203	0
	<u>(2,767)</u>	<u>(516)</u>
<b>Administrative expenses</b>		
Staff Training	0	81
Accountancy Fees	910	700
Management & Consultancy fees	29,910	29,297
General Travel Expenses	72	102
Bank Charges	4	0
General Insurance	53	0
Computer Expenses	1,749	794
Stationery & Postage	83	28
Sundry Expenses	1	211
Subscriptions	131	0
	<u>(32,913)</u>	<u>(31,213)</u>
Operating profit/(loss)	<b>(8,005)</b>	<b>51,698</b>
<b>Profit/(Loss) on ordinary activities before taxation</b>	<b>(8,005)</b>	<b>51,698</b>
<b>Profit/(Loss) for the financial year</b>	<b>(8,005)</b>	<b>51,698</b>



**SECTION A**

**Independent Examiners Report**

<b>Report to the trustees / members of</b>	ARTICULATE ARTS LTD		
<b>On accounts for the year ended</b>	30/06/2025	<b>Charity No</b>	1064645

**Responsibilities and  
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/06/2025

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

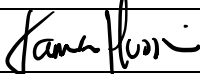
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

The charity's gross income for the year was below £50,000, and I am qualified to undertake the examination by being a qualified member of CIMA.

I have completed my examination in accordance with the applicable independent examination requirements. Based on the work undertaken which included reviewing samples of invoices, income records, and bank statements, I confirm that no material matters have come to my attention that give me cause to believe that the accounts do not accurately reflect the financial activities of the charity for the year ended 30 June 2025. Please consider the recommendations listed under Section B.

I have no material concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

<b>SIGNED:</b>	
<b>NAME:</b>	Kamran Hussain
<b>DATE:</b>	15/03/2026
<b>PROFESSION:AL BODY:</b>	CIMA
<b>MEMBERSHIP NUMBER:</b>	1-7AS9HR
<b>ADDRESS:</b>	Room 23 Rosehill Business Centre Normanton Road Derby DE23 6RH



SECTION B

Disclosure

Give here brief details of any items that the examiner wishes to disclose.

**Recommendations for improvement this year**

During the course of my independent examination for the year ended 30 June 2025, I noted the following points which, while not affecting the accuracy of the financial statements, are disclosed to support continued improvement in financial management and governance:

**1. Strengthen Grant Monitoring and Documentation**

A substantial proportion of income (£20,000 of the £30,446 total) relates to a single grant. To support transparency and future reporting, I recommend maintaining a simple grant-tracking schedule showing income received, expenditure allocated, and any unspent balance. This will also help demonstrate compliance with funder requirements.

**2. Improve Documentation for Consultancy and Management Fees**

Management and consultancy fees remain a significant area of expenditure. To enhance clarity, trustees should ensure that written agreements, engagement letters, or service descriptions are retained for all consultancy work, along with detailed invoices outlining the nature of services provided.

**3. Continued Focus on Timely Reporting**

While improvements have been made, trustees should continue to ensure that statutory filings are submitted on time. Timely reporting supports good governance and reduces the risk of regulatory issues.

**Additional Best Practices**

1. Regular Financial Reviews – Schedule quarterly reviews of financial records to identify any issues early and ensure timely reporting.
2. Improve Trustee Financial Training – Provide periodic training sessions or workshops to ensure trustees fully understand their financial and legal obligations.
3. Enhance Internal Controls – Establish clear policies on approving and documenting expenses, donations, and grant allocations

**ARTICULATE ARTS LTD**

England & Wales - Charity number 1064645

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# Accounts

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# TRUSTEE



# REPORT

## 2023-2024





Articulate is a South East based arts charity that supports children and young people in crisis or who have endured traumatic experiences. We facilitate personal, social and career development through art and creative participation. These young people have faced traumatic experiences or are still living in precarious circumstances including domestic violence, abuse, homelessness, young carers and the recently bereaved.

We deliver our pioneering methodology called 'Creative Safe Spaces'. The Creative Safe Space is Articulate's one-of-a-kind methodology. An open, drop-in style art studio that gives disadvantaged children and young people access to art materials and trained arts facilitators.

As well as liberating the power of self-expression through creativity, the Creative Safe Space has a deeper benefit. Through the experimental process of making art, thoughts, feelings and experiences are explored that lead to emotional and mental wellbeing.

### **Our Core Values:**

- Serious About Play - To bring joy to the people who need it the most
- One Big Family - Trusting relationships are fundamental to the work we do
- Pioneers of Creative Wellbeing - We're not afraid to lead the way
- Intentionally non-conformist - We challenge the traditional ways of thinking
- Impact Orientated - every decision is made with the young people in mind

Over...

19 years experience

7500 young lives touched

14,000 hours of creative intervention

75 exhibitions

28 artists

# INTRODUCTION

Over the last 12 months, we have been working hard to establish core funding as well as setting up new programmes, alongside developing current programmes with trusted artists and organisations.

Our work with the Clock Tower Sanctuary in Brighton has grown - running weekly sessions with a large number of young people, giving them the opportunity to expand their skills, express themselves and enjoy making art together in a safe environment.

Our new programmes with The Plot and Andy's Angels are now fully underway and set to run into 2024, with new staff developing expertise for the future.

Our work with women's refuges across Sussex is also growing. We have plans to develop research into how complementing the support offered with the healing power of art, we can help re-establish the bonds between mothers and children in meaningful ways once they arrive at refuges.

For 2024-25, we wish to expand our artist team, and continue to work towards a goal of establishing an art studio for groups to come to us, as well as continuing going out to them to run our pop up creative safe spaces. Our goal is to continue our work and grow, so as many as possible can enjoy the power of being creative.

We thank our artist team, our volunteers and board of Trustees for their dedication and care. We are a family working towards a brighter future. Our aim is to engage more children and young people in our process and develop more creative ways of working to bring positivity and joy to those who need it most.

Lynn Weddle  
Director



# CLOCK TOWER SANCTUARY

Using our therapeutic arts methodology (Creative Safe Spaces) we ran weekly workshops for homeless young people (age 16-25) in Brighton. We designed and delivered a series of 35 creative workshops with our partner Clock Tower Sanctuary from February 23 to March 24 funded by National Lottery.

We worked with our trauma-informed approach to set up a Creative Safe Spaces using expressive arts to assist young people in healing from their past and allowing space for negative life experiences to be integrated.

The project directly improved young people's mental health and build independence and resilience. Participants have a variety of needs including; mental health issues, drug and alcohol use, self-harming, gang involvement, and self-regulation issues. By sharing their stories, young people were free to express themselves and felt listened to, as well as feeling understood, allowing them to process and integrate their trauma.



Through this project we are working to all participants from the CTS project achieved the following outcomes:

- Increased self worth & self esteem from achieving a creative outcome, be it an idea, a piece of work or putting on the exhibition
- Increased confidence from expressing themselves, telling their story and being heard
- Reduced isolation from coming together as a group and knowing there was support available to them
- Develop new practical, creative & vocational skills which were transferable and lead on to future education or employment opportunities
  - More stable living situation This lead to a lower risk of participants remaining homeless, or at risk of substance misuse issues and other mental health challenges.

### **Outcomes:**

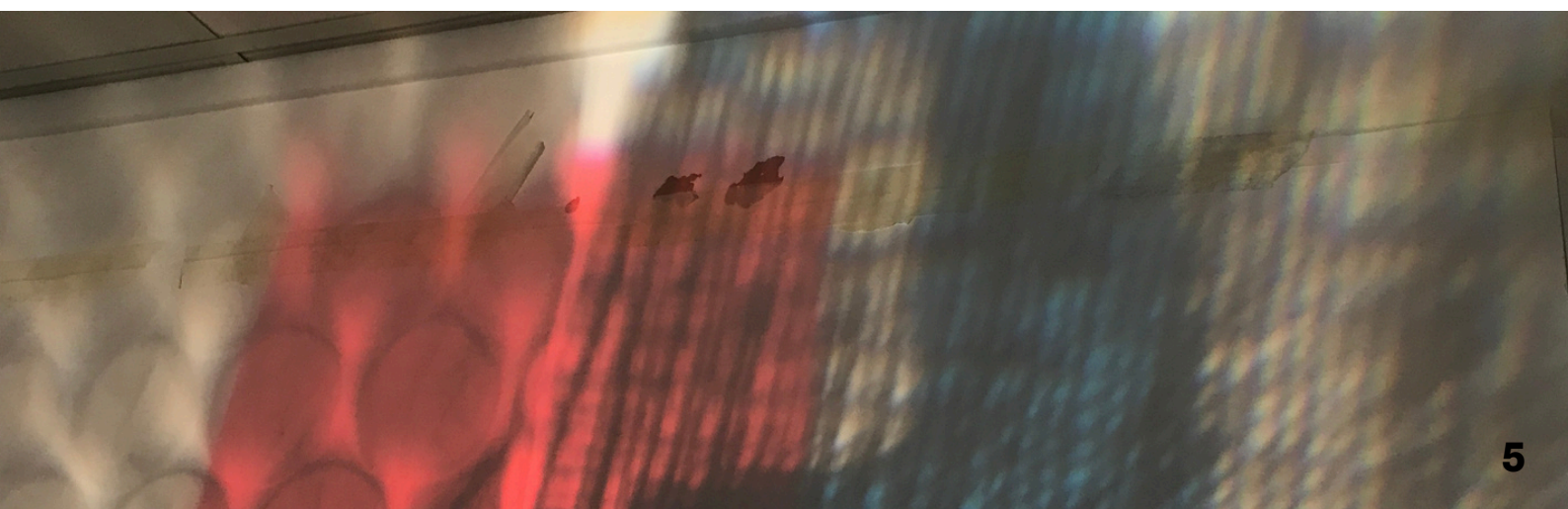
- A series of creative sessions run weekly (30 sessions)
- 12 x 15 to 21 years olds took part in this project
- 50 young people attended 100%
- Sessions were led by 2 freelance practitioners and 1 volunteer, bringing a range of creative art forms.
- The project produced an exhibition at the Clock Tower Sanctuary

"I really wish I'd had more creative opportunities in the past to help me work through my emotions. Places like the Clock Tower Sanctuary and this project is like a little bit of light in a dark place. I'm turning 26 soon and I really want to use every opportunity like these photography sessions to help me"

### **Participant, 26**

"Our young people has gained so much from Articulate being here. They enjoyed their time in the sessions and make photography they feel really proud of."

### **Case Worker**



# CASE STUDY

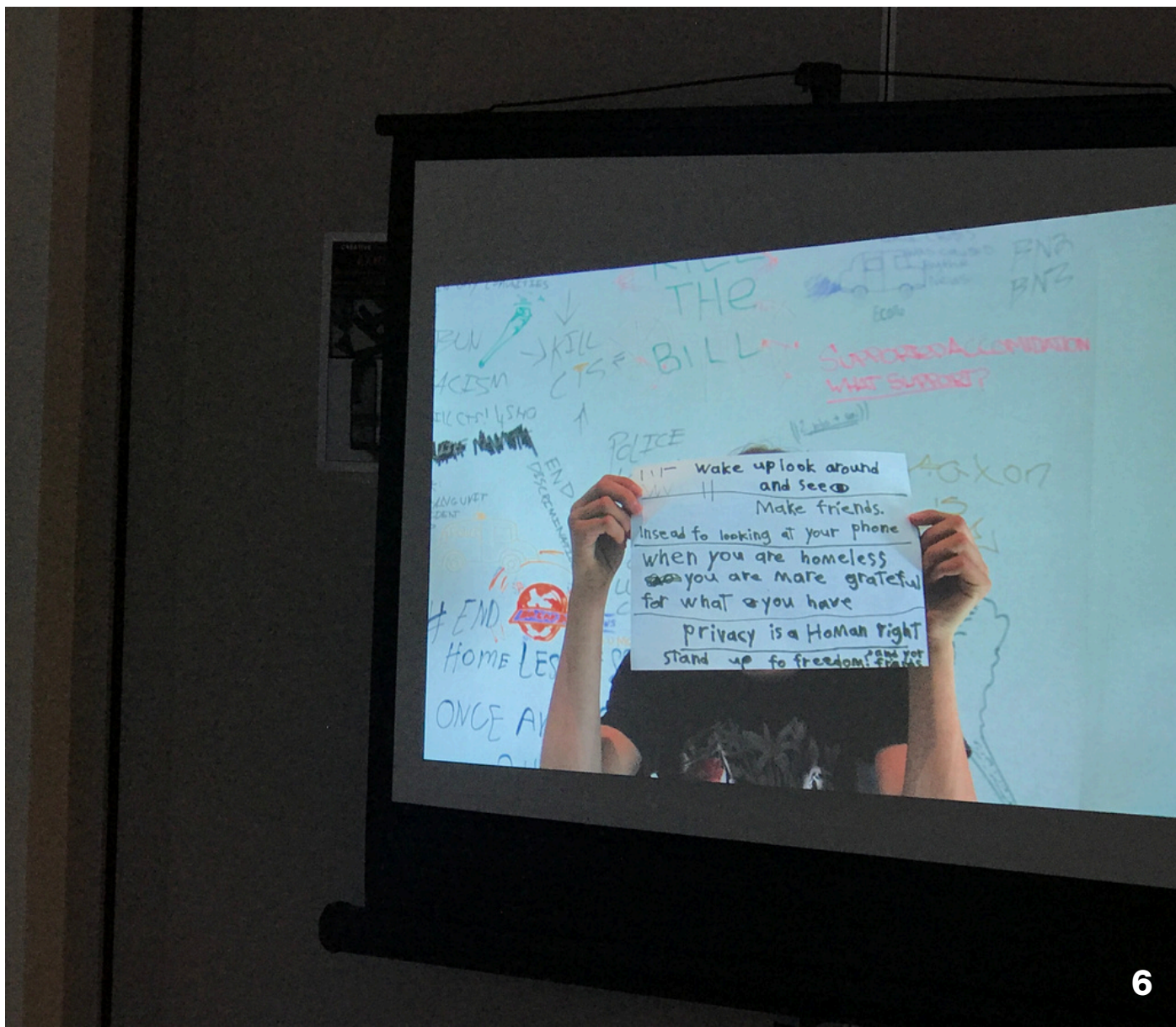
R has been attending CTS for the past 12 months and his interest and passion in photography has grown since attending our weekly sessions. Our artist Charlotte Watts noted how R had shown “real dedication to exploring new mediums and creative ideas and was extremely passionate about developing their own photographic projects.”

“It has been a privilege and honour to be part of this project and watch the young people’s talents grow, working in small groups has built skills and confidence and their imagery has given voice to experiences, thoughts and feelings in new ways.”

Project artist

“I love my photography sessions, it is time to be calm and focussed and I enjoy making the images and sharing them to celebrate my talent.”

Participant, 18 years



# CREATIVE TOOL KIT

We have been working in collaboration with the University of Brighton's Well Being and Arts Centre with funding from the Arts Humanities Research Council to pilot our programme developing a creative toolkit for women and children living in women refuges.

We worked closely with a number of women from Safe in Sussex's Chichester refuge with Jenny Staff as lead artist and the Co Director of the Well Being Centre, Jess Mongarty. We ran a series of workshops at the refuge but also at the University of Brighton to explore the content, delivery and review of a potential creative toolkit. Findings resulted in the desire of a digital platform for the project and we invited a local web development agency, Fox and Bear, in to talk to the group about how we could design a website for the programme.

## Outcomes:

- A series of creative sessions run at the Safe House and the University of Brighton
- 5 women from Safe in Sussex took part in this project
- 5 women attended 100% of the programme
- Articulate and worked with 2 main partners as this proved a more effective way of outreaching and hope to better support for participants.
- Within these partnerships, Articulate had the opportunity to broker 2 new services with Andy's Angels and Fabrica gallery.
- Sessions were led by 2 freelance practitioners bringing a range of creative art forms.



# CASE STUDY

G was an active member of our consultation group, she is a mother who until recently had been living in the refugee with her young son, she is now being supported by Safe in Sussex living in the community. She was recruited by our refuge staff to join our programme with her lived experience and passion to change the experience for others in the future.

“Being part of this project has given me real focus and drive, I want to be able to support other mums going through what I went through and I really want to help their child come to terms with their new and better lives.”



# CHILDREN WHO HAVE EXPERIENCED A LOSS

With funding from Comic Relief we established a new programme with children who have experienced the loss of a loved one. We worked with two new partner organisations:

## **Fabrica**

In the autumn of 2023 we ran weekly sessions at Fabrica gallery for children aged 5 to 11 years old who have experience the loss of a loved one.

Sessions have been lead by artist Jenny Staff and supported by volunteer Lily Taylor. This is the first programme we have run where we have recruited participants ourselves rather than relying on referrals from project partners. We have a core group of ten children attending on a weekly basis with a care giver.

## **Andy's Angels**

In the summer of 2023 we ran a series of sessions as part of our loss programme in collaboration with Andy's Angels with 13 to 18 year olds. We worked at a local family centre and created large scale, playful artworks to explore themes of identity.

## **Outcomes:**

- A series of creative sessions run in blocks across one year (30 sessions)
- 10 5 to 12 year olds and 12 12 to 15 years olds took part in this project
- 22 yp attended 100% (of their block of sessions)
- 3 up attended 50% (of their block of sessions)
- Articulate and worked with 2 main partners as this proved a more effective way of outreaching and hope to better support young people with access
- Within these partnerships, Articulate had the opportunity to broker 2 new services with Andy's Angels and Fabrica gallery.
- Sessions were led by 2 freelance practitioners and 1 volunteer, bringing a range of creative art forms.

“The young people created stunning artworks and explored aspects of their identity, I could see how sharing their images developed their self esteem through this engaging and enjoyable project.’

Project artist

‘It was really fun to make art and just be yourselves.’

Participant aged 12

‘I liked how we could use different art to make our Boyd maps, we could draw or paint or collage, it was good to be able to choose for yourselves.’

Participant aged 10

“We went to Articulate today, and I wanted to extend my deep gratitude to Jenny and Lilly. It is magical what they do. It was gentle, comforting and delightful. We put happy thoughts into boxes that we decorated. Eddy is so comforted by his box. He has said things like, “It feels like I can put my mind in this box and it feels safe.” An absolute comfort and a pleasure. Jenny and Lilly managed to gently tap into Eddy’s insecurities and make them better without us even noticing that anything was taking place. My thanks to you all.”

Parent



# CREATIVE WELL BEING IN NATURE

Articulate and The Plot Stanmer were funded by Heads On to support an arts and wellbeing space for young adults 18-24years, with mental health difficulties, at The Plot Stanmer – a creative out of doors community wellbeing space in Stanmer Park, Brighton.

This project was funded under a commitment by Heads On to address “Transformation of Adult Community Mental Health Services” which looked to invest in suicide prevention and risk minimising through positive mental health and wellbeing.

In 2023-24 we delivered group creative workshops: 30 x weekly drop-in workshops for 18 to 25 year olds from a variety of agencies from across Brighton and Hove. The project was led by mental health practitioners and artists with specialist training and experience in adolescent mental health, including supporting young adults with a range of co-morbid mental health difficulties.



## Outcomes:

- Weekly creative arts and wellbeing spaces run in 3 blocks across one year (30 sessions)
- 22 18-25 year olds took part in this project
- 4 yp attended 100% (of their block of sessions)
- 3 up attended 50% (of their block of sessions)
- Articulate and The Plot Stanmer worked with 3 main partners as this proved a more effective way of outreaching and hope to better support young people with access;
- Within these partnerships, Articulate had the opportunity to broker 2 new services and The Plot Stanmer was introduced to 1 new service
- Sessions were led by 6 freelance practitioners, bringing a range of creative art forms and wellbeing approaches, incl.: arts and crafts, nature-based arts, horticulture, carpentry, outdoor cooking
- 1 local team was offered a supportive 'experiential' session, attended by 6 staff members
- local services were offered reflective spaces to support young people as well as signposting to services and resources
- The Plot Stanmer has attended the South East Art, Drama and Music Therapy + Community of Practice network to speak about the project, and hosted a regional British Association of Art Therapy Summer network.
- 100% of young people were invited to ongoing activity
- 2 young people have been invited to become part of core activity at The Plot Stanmer, incl. supporting The Plot Stanmer to continue to: co-create their therapeutic project; co-design the site itself; support with a research project 2024-2007 in partnership w/ a Doctorate Student researcher from Salomons Institute for Psychology, around the benefits of nature and arts based psycho-social interventions on mental health, wellbeing and community



CREDIT: PETER MCMASTER & ERIN BRUBACHER



CREDIT: KEELY O'BRIEN IN COLLABORATION WITH MAIKO YAMAMOTO

# CASE STUDY

“I was nervous on the way coming up here but since being here I’ve felt really calm. I haven’t dissociated at all, it feels like the first time in the past three week I could be me. It’s like I am in flow.”

Participant, 18, LGBTQ+

As part of this funding Brighton & Hove CAOT worked with us to design and deliver a series of sessions for young people attached to their service. This including co-facilitating with two CAOT mental health practitioners. A session with the CAOT team was offered at the start of the series of sessions in order to bring in key thinking about the design and delivery specific for the young people we would be working with. It also supported the CAOT team to hold the space in their minds and support outreach and access for the project. Weekly comms was established with the team. CAOT mental health practitioners were invited to bring the young people they worked with to the group and stay for the sessions. CAOT were thoughtful about who might access the group, and the dynamics between young people.

E is an 18y old female who has always lived in Brighton and Hove. E is a bright and engaging young person who has experienced significant struggles with her mental health since 13y. E enjoys being creative in her own time and has many special interests and hobbies which she shares with peers. E is interested in art and is a talented artist but at times finds it difficult to participate due to a high level of self-criticism and perfectionism. E has received awards for her creative writing.



**“It is a safe space  
here, I am accepted  
and understood”.**  
Participant, 20



# CASE STUDY

The opportunity to attend a nature-based space was introduced to E, she expressed interest but was wary she might struggle to participate due to struggles with mood, motivation and low levels of sociability. E would shared experiences of taking her dog for a walk and enjoyed finding spaces in woodland areas to sit and be quiet.

E attend the first nature-based session and observed to engage positively with a peer who was also attending, this was the first time they had met each other. Observed to communicate about shared interests as well as offering each other encouragement and validation. E was observed to be able to engage in free form and experimental art making and expressed this having been a challenge for her in the past. E and other young person shared a mutual understanding about their experiences of neurodiversity and how that affects their social interactions and can be a barrier for engagement at times.

E attended 4 out of 7 sessions offered. Over the time she was observed to offer suggestions of activities within the group as well as continuing to engage with art making and exploration of materials available. E appeared to become increasingly comfortable in the space, at times not needing to speak or engage but more in the moment of the activity and being outside in nature. E was able to share knowledge of nature and things she observed in the space. During one session where fire setting was offered, E observed to express excitement and curiosity about the activity and named she had never done this before, speaking positively about the opportunity and experience. E was able to share parts of herself with regards to a character she had created at home and was willing to share this with the group and develop the character during sessions.





# OAKS RISE

Oaks Rise is an autistic-led education provision in East or West Sussex and only the second in the UK. Offering part time; small-group education who bridge the gap between full-time schooling and one-to-one tuition (or no education at all). Oaks Rise enable learners to improve their academic and social engagement and well-being. By offer project-based; interest-led learning which tends to align with the natural learning style of autistic children. Oaks Rise offers neuro-affirming well-being support which helps children and young people to understand their strengths and challenges through a neuro-affirming; strengths-based lens.

In the autumn of 2024 we ran a pilot programme employing two freelance artists whom identify as neuro divergent individuals themselves to facilitate our successful creative safe space methodology at Oaks Rise. Our aim was to support the well being to traumatised children and young people whom attend the centre. Working with 16 children over the 10 sessions we offered a variety of arts based interventions to engage and offer self-expression and exploration, being self esteem.



Oaks Rise is an autistic-led education provision in East or West Sussex and only the second in the UK. Offering part time; small-group education who bridge the gap between full-time schooling and one-to-one tuition (or no education at all). Oaks Rise enable learners to improve their academic and social engagement and well-being. By offer project-based; interest-led learning which tends to align with the natural learning style of autistic children. Oaks Rise offers neuro-affirming well-being support which helps children and young people to understand their strengths and challenges through a neuro-affirming; strengths-based lens.

In the autumn of 2024 we ran a pilot programme employing two freelance artists whom identify as neuro divergent individuals themselves to facilitate our successful creative safe space methodology at Oaks Rise. Our aim was to support the well being to traumatised children and young people whom attend the centre. Working with 16 children over the 10 sessions we offered a variety of arts based interventions to engage and offer self-expression and exploration, being self esteem.

**'I have not done anything like this since I was little, it has been such fun to get messy.'**

**Participant aged 10**





**Find out more:**

**For more information please visit [www.articulate.global](http://www.articulate.global).**

**Or contact us:**

**Email: [hello@articulate.global](mailto:hello@articulate.global)**

**Phone: +44 (0)7967 719137**

**This work has been generously funded Comic Relief, The Chalk Cliff Trust, Heads on, Sussex Community Foundation, Arts and Humanities Research Council**



# ARTICULATE ARTS LTD

Report of the Director and Unaudited Financial Statements

## **Period of accounts**

**Start date:** 01 July 2023

**End date:** 30 June 2024

ARTICULATE ARTS LTD  
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For the year ended 30 June 2024

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ARTICULATE ARTS LTD  
Company Information  
For the year ended 30 June 2024

<b>Director</b>	Lynn Alison WEDDLE
<b>Registered Number</b>	03343779
<b>Registered Office</b>	3 Arlington Gardens, Saltdean Brighton BN2 8QE
<b>Accountants</b>	Accountico 46 sheaf lane  Birmingham B26 3HA

**ARTICULATE ARTS LTD**  
**Director's Report**  
**For the year ended 30 June 2024**

**Director's report and financial statements**

The director presents his/her/their annual report and the financial statements for the year ended 30 June 2024.

**Principal activities**

Principal activity of the company during the financial year was of ...

**Director**

The director who served the company throughout the year was as follows:

Lynn Alison WEDDLE

**Statement of director's responsibilities**

The director is responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations and in accordance with United Kingdom Generally Accepted Accounting Practice.

Company law requires the director to prepare financial statements for each financial year. Under that law the director has elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the director must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and the profit or loss of the company for that period.

In preparing these financial statements, the director is required to :

- select suitable accounting policies and then apply them consistently
- make judgements and accounting estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. The director is also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The director is responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom, governing the preparation and dissemination of financial statements, may differ from legislation in other jurisdictions

ARTICULATE ARTS LTD  
Director's Report  
For the year ended 30 June 2024

On behalf of the board.

-----  
Lynn Alison WEDDLE  
Director

Date approved: 19 March 2025

ARTICULATE ARTS LTD  
Accountants' Report  
For the year ended 30 June 2024

Accountant's report

You consider that the company is exempt from an audit for the year ended 30 June 2024 . You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Statement of Comprehensive Income, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Accountico

30 June 2024

.....  
Accountico  
46 sheaf lane

Birmingham  
B26 3HA  
19 March 2025

ARTICULATE ARTS LTD  
Income Statement  
For the year ended 30 June 2024

	Notes	2024 £	2023 £
<b>Turnover</b>		88,819	38,955
Cost of sales		(5,392)	(5,059)
<b>Gross profit</b>		<b>83,427</b>	<b>33,896</b>
Selling and distribution costs		(516)	(431)
Administrative expenses		(31,213)	(61,851)
<b>Operating profit/(loss)</b>	2	<b>51,698</b>	<b>(28,386)</b>
<b>Profit/(Loss) on ordinary activities before taxation</b>		<b>51,698</b>	<b>(28,386)</b>
Tax on profit on ordinary activities		0	0
<b>Profit/(Loss) for the financial year</b>		<b>51,698</b>	<b>(28,386)</b>

ARTICULATE ARTS LTD  
Statement of Financial Position  
As at 30 June 2024

	Notes	2024 £	2023 £
<b>Fixed assets</b>			
Tangible fixed assets	4	1,104	1,942
		<b>1,104</b>	<b>1,942</b>
<b>Current assets</b>			
Cash at bank and in hand		65,583	12,846
<b>Creditors: amount falling due within one year</b>	5	(700)	(500)
<b>Net current assets</b>		<b>64,883</b>	<b>12,346</b>
<b>Total assets less current liabilities</b>		<b>65,987</b>	<b>14,288</b>
<b>Net assets</b>		<b>65,987</b>	<b>14,288</b>
 <b>Capital and reserves</b>			
Profit and loss account	6	65,987	14,288
<b>Shareholders' funds</b>		<b>65,987</b>	<b>14,288</b>

For the year ended 30 June 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
2. The director acknowledges their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

ARTICULATE ARTS LTD  
Statement of Financial Position  
As at 30 June 2024

The financial statements were approved by the director on 19 March 2025 and were signed by:

-----  
Lynn Alison WEDDLE  
Director

**ARTICULATE ARTS LTD**  
**Notes to the Financial Statements**  
**For the year ended 30 June 2024**

**General Information**

ARTICULATE ARTS LTD is a private company, limited by shares, registered in , registration number 03343779, registration address 3 Arlington Gardens, Saltdean, Brighton, BN2 8QE.

The presentation currency is £ sterling.

**1. Accounting policies**

**Significant accounting policies**

**Statement of compliance**

These financial statements have been prepared in compliance with FRS 102 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**Basis of preparation**

The financial statements have been prepared under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

**Turnover**

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

**Tangible fixed assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and Machinery	5 Straight Line
---------------------	-----------------

**2. Operating profit/(loss)**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
The operating profit/(loss) is stated after charging:		
Depreciation of tangible fixed assets	838	901

**3. Average number of employees**

Average number of employees during the year was 0 (2023 : 0).

ARTICULATE ARTS LTD  
Notes to the Financial Statements  
For the year ended 30 June 2024

**4. Tangible fixed assets**

<b>Cost or valuation</b>	Plant and Machinery	<b>Total</b>
	£	£
At 01 July 2023	1,104	1,104
Additions	-	-
Disposals	-	-
At 30 June 2024	<u>1,104</u>	<u>1,104</u>
<b>Depreciation</b>		
At 01 July 2023	-	-
Charge for year	-	-
On disposals	-	-
At 30 June 2024	<u>-</u>	<u>-</u>
<b>Net book values</b>		
Closing balance as at 30 June 2024	<u>1,104</u>	<u>1,104</u>
Opening balance as at 01 July 2023	<u>1,942</u>	<u>1,942</u>

**5. Creditors: amount falling due within one year**

	<b>2024</b>	<b>2023</b>
	£	£
Trade Creditors	700	0
Other Creditors	0	500
	<u>700</u>	<u>500</u>

**6. Profit and loss account**

	<b>2024</b>
	£
Balance at 01 July 2023	0
Profit for the year	51,698
Member Funds	14,289
Balance at 30 June 2024	<u>65,987</u>

**ARTICULATE ARTS LTD**  
**Detailed Income Statement**  
For the year ended 30 June 2024

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>		
Donation Income	88,819	38,955
	<b>88,819</b>	<b>38,955</b>
<b>Cost of sales</b>		
Depreciation Charge: Plant & Machinery	125	117
Depreciation Charge: Computer Equipment	713	784
Rent	5	1,152
Other Direct Costs	4,549	3,006
	<u>(5,392)</u>	<u>(5,059)</u>
Gross profit	<b>83,427</b>	<b>33,896</b>
<b>Selling and distribution costs</b>		
Advertising	516	431
	<u>(516)</u>	<u>(431)</u>
<b>Administrative expenses</b>		
Staff Training	81	947
Accountancy Fees	700	500
Management & Consultancy fees	29,297	59,031
Motor Repairs and Servicing	0	75
General Travel Expenses	102	376
General Insurance	0	101
Computer Expenses	794	516
Stationery & Postage	28	157
Sundry Expenses	211	148
	<u>(31,213)</u>	<u>(61,851)</u>
Operating profit/(loss)	<b>51,698</b>	<b>(28,386)</b>
<b>Profit/(Loss) on ordinary activities before taxation</b>	<b>51,698</b>	<b>(28,386)</b>
<b>Profit/(Loss) for the financial year</b>	<b>51,698</b>	<b>(28,386)</b>



**SECTION A**

**Independent Examiners Report**

<b>Report to the trustees / members of</b>	ARTICULATE ARTS LTD		
<b>On accounts for the year ended</b>	30/06/2024	<b>Charity No</b>	1064645

**Responsibilities and  
basis of report**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/06/2024

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

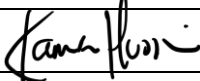
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

The charity's gross income exceeded £50,000 and I am qualified to undertake the examination by being a qualified member of CIMA

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination. Please consider recommendations listed under SECTION B.

I have no material concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

<b>SIGNED:</b>	
<b>NAME:</b>	Kamran Hussain
<b>DATE:</b>	27/03/2025
<b>PROFESSION:AL BODY:</b>	CIMA
<b>MEMBERSHIP NUMBER:</b>	1-7AS9HR
<b>ADDRESS:</b>	Room 23 Rosehill Business Centre Normanton Road Derby DE23 6RH



SECTION B

Disclosure

Give here brief details of any items that the examiner wishes to disclose.

**Recommendations for improvement this year**

- 1) Maintain copies of all expense receipts, preferably in digital format
- 2) Keep records of receipts or remittance slips for all received donations and grants.
- 3) Ensure full compliance with Charity Commission regulations – four out of 6 accounts submitted were late. Trustees should be made aware of their financial responsibilities under charity law to prevent future delays.
- 4) The charity's income is heavily reliant on a single significant donation which accounted for a substantial proportion of funds for the year ending 30 June 24. It is recommended that the trustees undertake a review of income diversification strategies exploring alternative funding sources.

**Additional Best Practices**

1. Regular Financial Reviews – Schedule quarterly reviews of financial records to identify any issues early and ensure timely reporting.
2. Improve Trustee Financial Training – Provide training sessions or workshops to ensure trustees fully understand their financial and legal obligations.
3. Enhance Internal Controls – Establish clear policies on approving and documenting expenses, donations, and grant allocations

Recommendations for improvement Carried forward:

**ARTICULATE ARTS LTD**

England & Wales - Charity number 1064645

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# Accounts

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**ARTICULATE ARTS LIMITED  
DIRECTORS' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2023**

S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited**  
**Directors' Report and Unaudited Financial Statements**  
**For The Year Ended 30 June 2023**

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The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	8

**Articulate Arts Limited  
Company Information  
For The Year Ended 30 June 2023**

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**Directors** Baroness Susan Miller  
Ms Lynn Weddle

**Secretary** Baroness Susan Miller

**Company Number** 3343779

**Registered Office** 3 Arlington Gardens  
Saltdean  
Brighton  
BN2 8QE

**Accountants** S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited**  
**Company No. 3343779**  
**Directors' Report For The Year Ended 30 June 2023**

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The directors present their report and the financial statements for the year ended 30 June 2023.

**Directors**

The directors who held office during the year were as follows:

Baroness Susan Miller  
Ms Lynn Weddle

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

-----  
Ms Lynn Weddle  
Director

27/03/2024

**Articulate Arts Limited  
Accountant's Report  
For The Year Ended 30 June 2023**

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In order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 30 June 2023 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

-----

27/03/2024

S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited  
Income and Expenditure Account  
For The Year Ended 30 June 2023**

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	<b>Notes</b>	<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
<b>TURNOVER</b>		38,955	68,027
Cost of sales		(3,006)	(3,134)
		35,949	64,893
<b>GROSS SURPLUS</b>			
Administrative expenses		(64,335)	(63,044)
Other operating income		-	-
		(28,386)	1,849
<b>OPERATING (DEFICIT)/SURPLUS AND (DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR</b>		(28,386)	1,849

The notes on pages 6 to 7 form part of these financial statements.

**Articulate Arts Limited**  
**Balance Sheet**  
**As At 30 June 2023**

		2023		2022	
Notes	£	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	4		1,942		1,883
			1,942		1,883
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		12,846		41,291	
		12,846		41,291	
<b>Creditors: Amounts Falling Due Within One Year</b>	5		(500)		(500)
<b>NET CURRENT ASSETS (LIABILITIES)</b>			12,346		40,791
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			14,288		42,674
<b>NET ASSETS</b>			14,288		42,674
Income and Expenditure Account			14,288		42,674
<b>MEMBERS' FUNDS</b>			14,288		42,674

For the year ending 30 June 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

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Ms Lynn Weddle

Director

27/03/2024

The notes on pages 6 to 7 form part of these financial statements.

**Articulate Arts Limited**  
**Notes to the Financial Statements**  
**For The Year Ended 30 June 2023**

---

**1. General Information**

Articulate Arts Limited is a private company, limited by guarantee, incorporated in England & Wales, registered number 3343779. The registered office is 3 Arlington Gardens, Saltdean, Brighton, BN2 8QE.

**2. Accounting Policies**

**2.1. Basis of Preparation of Financial Statements**

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006.

**2.2. Turnover**

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

**Sale of goods**

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

**Rendering of services**

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

**2.3. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	25%
Computer Equipment	33.3%

**3. Average Number of Employees**

Average number of employees, including directors, during the year was:

	<b>2023</b>	<b>2022</b>
Office and administration	1	1
	<u>1</u>	<u>1</u>

**4. Tangible Assets**

	<b>Plant &amp; Machinery</b>	<b>Computer Equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
As at 1 July 2022	623	2,607	3,230
Additions	-	960	960
As at 30 June 2023	<u>623</u>	<u>3,567</u>	<u>4,190</u>
<b>Depreciation</b>			
As at 1 July 2022	155	1,192	1,347
Provided during the period	117	784	901
As at 30 June 2023	<u>272</u>	<u>1,976</u>	<u>2,248</u>

...CONTINUED

**Articulate Arts Limited**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 June 2023**

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**Net Book Value**

As at 30 June 2023	351	1,591	1,942
As at 1 July 2022	468	1,415	1,883

**5. Creditors: Amounts Falling Due Within One Year**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Trade creditors	500	500
	500	500

**6. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**Articulate Arts Limited**  
**Detailed Income and Expenditure Account**  
**For The Year Ended 30 June 2023**

	<b>2023</b>		<b>2022</b>	
	£	£	£	£
<b>TURNOVER</b>				
Donations and grants		38,955		68,027
<b>COST OF SALES</b>				
Purchases	3,006		3,134	
		(3,006)		(3,134)
<b>GROSS SURPLUS</b>		35,949		64,893
<b>Administrative Expenses</b>				
Travel and subsistence expenses	376		1,014	
Rent	1,152		141	
Vehicle fuel costs	75		30	
Computer software, consumables and maintenance	516		601	
Insurance	101		-	
Printing, postage and stationery	157		106	
Advertising and marketing costs	431		1,645	
Training seminars and workshops	947		1,719	
Accountancy fees	500		500	
Fundraising Fees	4,700		4,320	
Consultancy fees	12,172		17,580	
Management fees	42,159		34,468	
Subscriptions	13		-	
Depreciation of plant and machinery	117		155	
Depreciation of computer equipment	784		709	
Sundry expenses	135		56	
		(64,335)		(63,044)
<b>OPERATING (DEFICIT)/SURPLUS AND (DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR</b>		(28,386)		1,849

**ARTICULATE ARTS LTD**

England & Wales - Charity number 1064645

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# Accounts

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# Impact Report 2021/22



# Articulate

Articulate is a South East based arts charity that supports children and young people in crisis or who have endured traumatic experiences. We facilitate personal, social and career development through art and creative participation. These young people have faced traumatic experiences or are still living in precarious circumstances including domestic violence, abuse, homelessness, young carers and the recently bereaved.

We deliver our pioneering methodology called '*Creative Safe Spaces*'. The *Creative Safe Space* is Articulate's one-of-a-kind methodology. An open, drop-in style art studio that gives disadvantaged children and young people access to art materials and trained arts facilitators.

As well as liberating the power of self-expression through creativity, the *Creative Safe Space* has a deeper benefit. Through the experimental process of making art, thoughts, feelings and experiences are explored that lead to emotional and mental wellbeing.



## Our Core Values:

- **Serious About Play** - To bring joy to the people who need it the most
- **One Big Family** - Trusting relationships are fundamental to the work we do
- **Pioneers of Creative Wellbeing** - We're not afraid to lead the way
- **Intentionally non-conformist** - We challenge the traditional ways of thinking
- **Impact Orientated** - every decision is made with the young people in mind

Over...

**18** years experience

**5000** young lives touched

**11,000** hours of creative intervention

**75** exhibitions

**25** artists

# Our work in 2021/22

Over the last 12 months, we've felt as if we are gradually emerging from the pandemic, which means running more face-to-face sessions, developing new partnerships and re-establishing past programmes with trusted artists and organisations.

Our work with the Clock Tower Sanctuary in Brighton has grown - running weekly sessions with a large number of young people, giving them the opportunity to expand their skills, express themselves and enjoy making art together in a safe environment.

Our new programmes with Brighton Young Carers and The Loss Project are now fully underway and set to run into 2023, with new staff developing expertise for the future.

Our work with women's refuges across Sussex is also growing. We have plans to develop research into how complementing the support offered with the healing power of art, we can help re-establish the bonds between mothers and children in meaningful ways once they arrive at refuges. We have recently been developing links with the University of Brighton's Centre for Art and Well Being to research our working methods and assess their impact.

For 2022/23, we wish to expand our artist team, and continue to work towards a goal of establishing an art studio for groups to come to us, as well as continuing going out to them to run our pop up creative safe spaces. Our goal is to continue our work and grow, so as many as possible can enjoy the power of being creative.

We thank our artist team, our volunteers and board of Trustees for their dedication and care. We are a family working towards a brighter future. Our aim is to engage more children and young people in our process and develop more creative ways of working to bring positivity and joy to those who need it most.



**Lynn Weddle - Director**

# Brighton Young Carers

The Young Carers Project at The Carers Centre supports children and young people aged 6-17 years, who are helping to care for someone in their family, with a disability, mental health condition, substance misuse issue or long-term illness.

Young Carers can access group support such as school holiday activities, creative workshops or our term-time drop-in sessions.

Some Young Carers also require one-to-one emotional support around managing their caring role.

In addition, Young Carers can also receive advocacy support which means that the right professionals at school or in the community know about the caring role at home and that the Young Carer's voice is heard at relevant meetings which the family may be involved with.

Brighton Young Carers is a new partnership project, which began through delivery of aet packs at the end of lockdown. This developed into the delivery of online and in person workshops throughout 2021/22.



In 2021/22 we delivered **121 participations** through:

**12 x monthly drop-in workshops** for 5-8 year olds

**10 x school holiday workshops** at Phoenix Arts Centre (Oct & Dec 2021)

**6 x remote workshops** online (Aug 2021)

Brighton Young Carers are a committed partner and the work will continue. Monthly workshops are now being part-funded by Brighton Young Carers.

**'It has been amazing to be able to offer art activities to our young carers. They have been able to explore their creativity in a safe place, make new friends and have time away from their caring role.'**

**— Tammy Otto, Support and Outreach Worker, Brighton Young Carers**

# Brighton Young Carers - Case Study

**A** is 8 years old and is a young carer.

*He has a younger sibling with additional needs and supports his parents to help care for them.*

**A's** life as a young carer is different from his peers as he helps around the house practically as well as taking on the emotional burden of worrying about his sibling. **A** greatly benefits from being part of the Young Carers Project as he gets to have respite time and meet other children in a similar situation, as well as talk to adults he can trust.

**A** has definitely benefited from our work with Articulate at our monthly after school club. He is always interested in the art activity and throws himself into it wholeheartedly.

*It is a pleasure to see him fully immersed in what he is creating whether this is a hanging mobile, a moving picture or a creature made of egg box cartons and pipe cleaners!*



*He also enjoys the opportunity at the end to talk about his creations in front of the group. We are very grateful to be able to work with Articulate to offer these regular sessions to our young people.*

**Lizzie Hovard - Schools Worker and Support & Outreach Worker, Young Carers Project**

# Clock Tower Sanctuary, Brighton

The Clock Tower Sanctuary (CTS) is a drop in day centre for homeless 16-25 year olds in Brighton.

The programme developed in 2013 to deliver therapeutic photographic workshops for young people accessing the centre. The weekly workshops provide young people with a safe space to be creative, where they can explore new skills and ideas without pressure.

Led by artist Laura Montag, participants have the opportunity to take part in regular experimental photography workshops. The sessions follow a drop-in format, whereby young people are always welcome without commitment, to suit the transitional nature of those accessing the centre. Each workshop is designed to be standalone, so that there is no prior experience required and no assumptions made on those attending. Each workshop explores new ideas, new skills and is completely open for the young people to lead and steer to suit their own interests and needs.

Not only do the workshops teach practical, transferable skills but they also provide young people with an outlet to explore creatively. Through this, young people can express themselves, they find their voice to tell their story and they feel heard. This has a significant impact on their confidence and self esteem and, for these young people facing extremely difficult circumstances, is so important to support their mental wellbeing and future development.



In 2021/22 we have delivered **112 participations** through **50 x weekly workshops**.

The longterm partnership with CTS has enabled us to develop a core group of participants who inform and steer the direction of the programme.

This partnership will continue into the future subject to funding.

*The project has given me the opportunity to learn something that in the past I haven't necessarily been given the right environment to do. A lot of young people get stuck in a really hard time, where they find themselves stuck in a position because they just need a bit of direction and help to get going. Projects like this are important as they recognise young peoples potential.*

— Project participant.

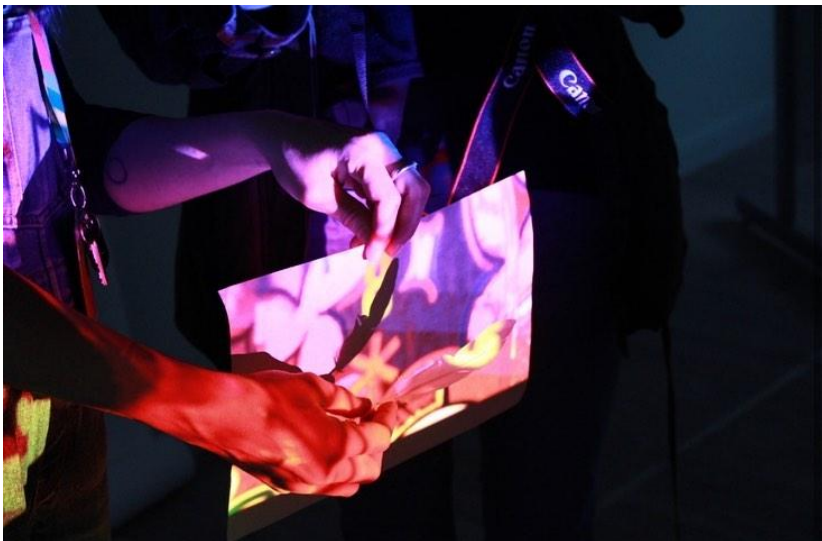
# Clock Tower Sanctuary - Case Study

**T** is a young person, aged 19-24yrs. **T** attended the therapeutic and creative photography sessions run by Articulate and in conjunction with The Clock Tower Sanctuary over a period of 11 months.

**T** describes how they love to draw and how they spend a lot of time thinking about designs and the ways in which they could translate these ideas into drawings. During the first sessions **T** enthusiastically voiced how excited they were about the aspect of using mark-making combined with photography, and how this was completely new to them.

When **T** first started attending the creative sessions, they appeared quiet and withdrawn from the group. They often chose to work on activities independently and seemed hesitant to suggest ideas to the group. **T** describes that sometimes their autism affects the things they do and how they interact with people.

Over the months I observed how the art making process often opened up conversations around experiences and feelings. During the time working with **T** I saw a growing confidence. Each week as familiarity with myself and one another in the group grew, I noticed that they began to confidently lead parts of the sessions, drawing on skills learnt from previous sessions as well as from their own personal work.



**T** often talked of their work with a sense of proudness of what they had achieved.

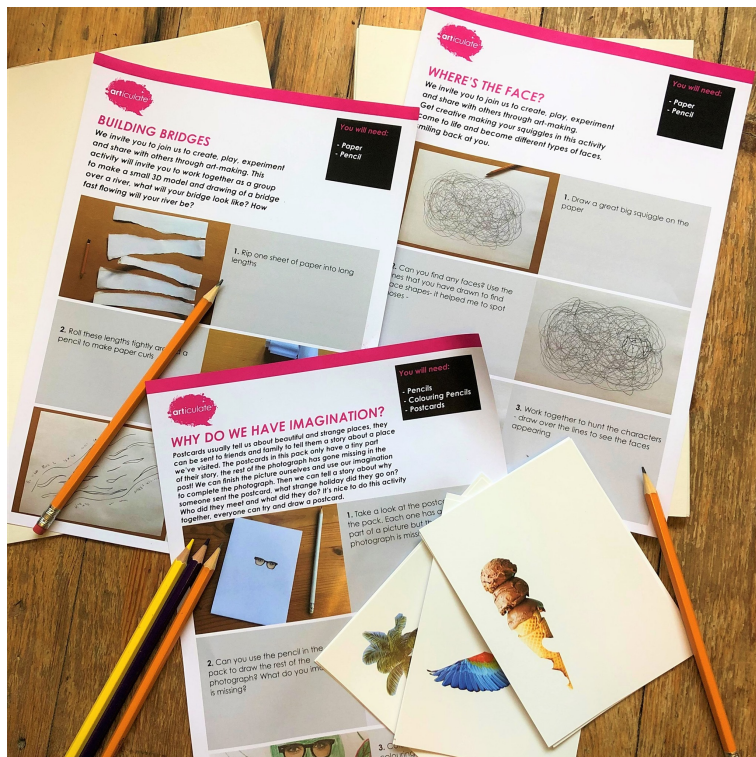
*"I can't survive this world without making art. I spend a lot of time thinking about all the things I can create and draw. You often don't appreciate something until it has gone. I'm going to miss the photography sessions once they've gone, it teaches you to appreciate something while you have it" - **T***

**Laura Montag - Lead Artist for the CTS project**

# Cranmead Residential Care Homes

In 2020 Articulate developed a relationship with Cranmead Residential Care Homes through the provision of art packs for their residents during lockdown. This developed into the delivery of a new series of 'live' workshops in January 2022, led by Laura Montag in Brighton Roedale residential care home.

In 2022/23 we will be continuing this work as a monthly Saturday social at the Friends Meeting House in central Brighton, offering opportunities for residents from four care homes (Brighton, Hove, Worthing & Littlehampton) to come together to take part, using the Creative Safe Spaces model.



In 2021/22 we have delivered **98 participations** through live workshops.



# Cranmead Residential Care Homes - Case Study

**M** is a young person, aged 19-24yrs.

**M** attended the therapeutic and creative photography sessions run by Articulate and in conjunction with Cranmead House over a period of 4 months.

Each week we have been exploring ideas and techniques around the theme of experimental photography, thinking around ideas of new perspective, lighting and image manipulation. Learning about the camera's capabilities the group have explored imagemaking through long shutter speeds and recording light as luminous trails as well as using magnifying and distorting lenses, creatively thinking about how we might look at things in new ways.

Before the project started, James (support worker) explained the need for a project like this, describing the challenges of bringing the young people together. He explains "there is a lot of clashes in personalities in the house and often young people choose to stay in their rooms. They have been through a lot and and for most they struggle with their mental health. It often isn't good for them to spend so much time alone in their rooms".



Working with **M** during the sessions, they often voiced frustration with not having anything to occupy their day with and so welcomed the fun and playful creative sessions each week.

During the time working with **M**, I noticed how engaged, comfortable and chatty the young person was. I reflected on how the sessions often required a lot of slow observing and patience, which the young person seemed to adopt quite naturally, observing things in a detailed and curious way.

During some sessions the members of the house came together for brief moments working together on creative activities. James commented on "how amazing this is to see. Projects like this are so important."

**Laura Montag - Lead Artist for the Cranmead project**

# Safe in Sussex

Since 2017, we have been working to give expressive, creative arts provision for children and their mothers with 'Safe in Sussex', an organisation which runs three refuges across Sussex each accommodating 12 families. They give mothers and children an escape route from violence and a chance to seek alternatives to a life of isolation and fear. Our organisations have a proven track record of supporting domestic violence and abuse victims.

Our workshops are facilitated by highly motivated artists and volunteers who use the art for the emotional development of children, in order to rebuild and recover after being isolated and scarred by abuse. We help them develop practical creative skills which they can use in the future.

We run fortnightly sessions of our Creative Safe Space, run by two experienced arts practitioners Helen Goodwin and Lucy Myton. Sessions are run in the community and in the women's refuges.



In 2021/22 we have delivered **35 participations** through **20 school holiday workshops**.

*By making art together, the mothers are rebuilding and strengthening bonds with their children that may have been strained during their previous home life. This is a truly magical — you can't put into words how powerful it is.*

*— Safe in Sussex, partner*

# Safe in Sussex - Case Study

**GJ** is 9 years old and came into our service in April 2021 after her Mum (NB) had fled the relationship from her Dad.

**GJ's** Dad did not allow her to make any noise, he would be grumpy if she did, therefore NB would do her utmost to pacify both of them, keeping **GJ** as quiet as possible and giving her almost everything she wanted. **GJ** witnessed her Dad's anger, smashing a TV and iPad in front of her and telling NB he would just buy another - this led **GJ** to have expectations she could have whatever she wanted, especially if she continued to request - NB would give in for a quieter life. **GJ** had huge attachment issues with NB - she would climb over her like a toddler if NB's attention was elsewhere, and would grind NB down until she gave in.

**GJ** would never engage with me, she use to grunt at me, never answer a question and talk to her Mum whilst she was talking to me. **GJ** only ever spoke to me if another child came to show me something, she would not engage in activities with me- even craft which she loved.



When Jenny came from Articulate , it was lovely to see **GJ** interacting with her and expressing herself in ways that she never had before here. She spoke to her and shared her ideas.

It is wonderful to have the Articulate team come into the refuge and support our children. The children engage with the artists in a different way to how they do with the staff here, even when we do craft activities, they respond more positively. They are able to have their own time to create and talk in any way they choose. It is a very positive time.

**Michelle Petrucci - Refuge Family Support Worker, Safe in Sussex**

# The Team

All of our projects are delivered by a team of experienced Freelance Artists, with support from Articulate Director Lynn Weddle and volunteers.

**Laura Montag** has been working with us for 12 years - she has worked on our projects in Ecuador, India, France and the UK. She has vast experience working with groups using participatory arts methods and is a practising artist herself specialising in traditional and digital photography. She has a BA in photography and a Masters in participatory arts from Goldsmiths University. Laura has worked closely with our Director to develop our training offer, devising and delivering our training programme for artists wishing to expand their facilitation skills. She has supported volunteers within her many roles with us over the years. She is dedicated, committed and passionate about the arts and the power it offers others.

**Helen Goodwin** has worked over 30 years working as arts educator, facilitator and trainer in various settings, in Europe (UK, Sweden and Hungary) and Asia (China and Mongolia) Her approach is largely non prescriptive and participatory, working to create a safe, trusting environment that supports creative discovery and risk taking. The outcomes are so often full of rich creative surprises for both the participants, staff and carers. She finds this helps to build a sense of empowerment, which in turn builds on confidences and allows voices to be heard and feeds back into the participants sense of wellbeing and self worth.

**Jenny Staff** has had a passion for being in nature since her childhood, growing up in Lancaster surrounded by hills, wild skies and open spaces. She studied painting at the University of Northumbria at Newcastle, from there she moved to London completing her MA at London Met. where she became fascinated with the work of work of D.W. Winnicott, and the notion of Play as Process. She developed her practice, creating safe spaces in which to experiment and explore, where the imagination and materials meaningfully connect in the creative process through the act of being present, of Being in the Moment, being Real.

**Lily Taylor** is volunteer with Articulate, coming from a background studying Art at BA level. Helen Goodwin says 'she is so gentle and caring and a real asset to the work we do.' She is now progressing on to volunteer with Jenny Staff on our new grief project.

**Rachel Hine** is our Supervisor, she runs monthly hour long zoom sessions with artists individually and where possible in person. She is a trained Art Therapist and herself has over 20 years experience working in community arts programmes across the UK.

# Find Out More

For more information please visit [www.articulate.global](http://www.articulate.global).

Or contact us:

Email: [hello@articulate.global](mailto:hello@articulate.global)

Phone: +44 (0)7967 719137



With thanks to our funders: Arts Council England, The Chalk Cliffe Trust, Enterprise Arts Trust, The Magdalen Hospital Trust & The National Lottery Community Fund.



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



ENTERPRISE ARTS  
TRUST

**ARTICULATE ARTS LIMITED  
DIRECTORS' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2022**

S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited**  
**Directors' Report and Unaudited Financial Statements**  
**For The Year Ended 30 June 2022**

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The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	8

**Articulate Arts Limited  
Company Information  
For The Year Ended 30 June 2022**

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**Directors** Baroness Susan Miller  
Ms Lynn Weddle

**Secretary** Baroness Susan Miller

**Company Number** 3343779

**Registered Office** 3 Arlington Gardens  
Saltdean  
Brighton  
BN2 8QE

**Accountants** S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited**  
**Company No. 3343779**  
**Directors' Report For The Year Ended 30 June 2022**

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The directors present their report and the financial statements for the year ended 30 June 2022.

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Directors**

The directors who held office during the year were as follows:

Baroness Susan Miller

Ms Lynn Weddle

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

-----

Ms Lynn Weddle

Director

10/12/2022

**Articulate Arts Limited  
Accountant's Report  
For The Year Ended 30 June 2022**

---

In order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 30 June 2022 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

-----

10/12/2022

S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited  
Income and Expenditure Account  
For The Year Ended 30 June 2022**

---

	<b>Notes</b>	<b>2022</b>	<b>2021</b>
		<b>£</b>	<b>£</b>
<b>TURNOVER</b>		68,027	38,590
Cost of sales		(3,134)	(2,634)
		<hr/>	<hr/>
<b>GROSS SURPLUS</b>		64,893	35,956
Administrative expenses		(63,044)	(32,263)
Other operating income		-	-
		<hr/>	<hr/>
<b>OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL YEAR</b>		<u>1,849</u>	<u>3,693</u>

The notes on pages 6 to 7 form part of these financial statements.

**Articulate Arts Limited  
Balance Sheet  
As at 30 June 2022**

		2022		2021	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	3		1,883		966
			1,883		966
<b>CURRENT ASSETS</b>					
Cash at bank and in hand		41,291		40,259	
		41,291		40,259	
<b>Creditors: Amounts Falling Due Within One Year</b>	5	(500)		(400)	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			40,791		39,859
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			42,674		40,825
<b>NET ASSETS</b>			42,674		40,825
Income and Expenditure Account			42,674		40,825
<b>MEMBERS' FUNDS</b>			42,674		40,825

For the year ending 30 June 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

-----

Ms Lynn Weddle

Director

10/12/2022

The notes on pages 6 to 7 form part of these financial statements.

**Articulate Arts Limited**  
**Notes to the Financial Statements**  
**For The Year Ended 30 June 2022**

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**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**1.2. Turnover**

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

**Sale of goods**

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

**Rendering of services**

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

**1.3. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Plant & Machinery	25%
Computer Equipment	33.3%

**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows:

	<b>2022</b>	<b>2021</b>
Office and administration	1	1
	<u>1</u>	<u>1</u>

**3. Tangible Assets**

	<b>Plant &amp; Machinery</b>	<b>Computer Equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
As at 1 July 2021	-	1,449	1,449
Additions	623	1,158	1,781
As at 30 June 2022	<u>623</u>	<u>2,607</u>	<u>3,230</u>
<b>Depreciation</b>			
As at 1 July 2021	-	483	483
Provided during the period	155	709	864
As at 30 June 2022	<u>155</u>	<u>1,192</u>	<u>1,347</u>
<b>Net Book Value</b>			
As at 30 June 2022	<u>468</u>	<u>1,415</u>	<u>1,883</u>
As at 1 July 2021	<u>-</u>	<u>966</u>	<u>966</u>

**Articulate Arts Limited**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 June 2022**

---

**5. Creditors: Amounts Falling Due Within One Year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade creditors	500	400
	<u>500</u>	<u>400</u>

**6. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**7. General Information**

Articulate Arts Limited is a private company, limited by guarantee, incorporated in England & Wales, registered number 3343779. The registered office is 3 Arlington Gardens, Saltdean, Brighton, BN2 8QE.

**Articulate Arts Limited**  
**Detailed Income and Expenditure Account**  
**For The Year Ended 30 June 2022**

	<b>2022</b>		<b>2021</b>	
	£	£	£	£
<b>TURNOVER</b>				
Donations and grants		68,027		38,590
<b>COST OF SALES</b>				
Purchases	3,134		2,634	
		(3,134)		(2,634)
<b>GROSS SURPLUS</b>		64,893		35,956
<b>Administrative Expenses</b>				
Travel and subsistence expenses	1,014		35	
Rent	141		164	
Vehicle fuel costs	30		-	
Computer software, consumables and maintenance	601		906	
Printing, postage and stationery	106		553	
Courier services	-		180	
Advertising and marketing costs	1,645		1,209	
Training seminars and workshops	1,719		400	
Website costs	-		534	
Accountancy fees	500		400	
Fundraising Fees	4,320		3,500	
Consultancy fees	17,580		9,519	
Management fees	34,468		14,297	
Depreciation of plant and machinery	155		-	
Depreciation of computer equipment	709		483	
Sundry expenses	56		83	
		(63,044)		(32,263)
<b>OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL YEAR</b>		1,849		3,693



# Impact Report



# Clock Tower Sanctuary Project

April, 2022

# Articulate

Articulate is a South East based arts charity that supports children and young people in crisis or who have endured traumatic experiences. We facilitate personal, social and career development through art and creative participation. These young people have faced traumatic experiences or are still living in precarious circumstances including domestic violence, abuse, homelessness, young carers and the recently bereaved.

We deliver our pioneering methodology called '*Creative Safe Spaces*'. The *Creative Safe Space* is Articulate's one-of-a-kind methodology. An open, drop-in style art studio that gives disadvantaged children and young people access to art materials and trained arts facilitators.

As well as liberating the power of self-expression through creativity, the *Creative Safe Space* has a deeper benefit. Through the experimental process of making art, thoughts, feelings and experiences are explored that lead to emotional and mental wellbeing.



## Our Core Values:

- **Serious About Play** - To bring joy to the people who need it the most
- **One Big Family** - Trusting relationships are fundamental to the work we do
- **Pioneers of Creative Wellbeing** - We're not afraid to lead the way
- **Intentionally non-conformist** - We challenge the traditional ways of thinking
- **Impact Orientated** - every decision is made with the young people in mind

Over...

**18** years experience

**5000** young lives touched

**11,000** hours of creative intervention

**75** exhibitions

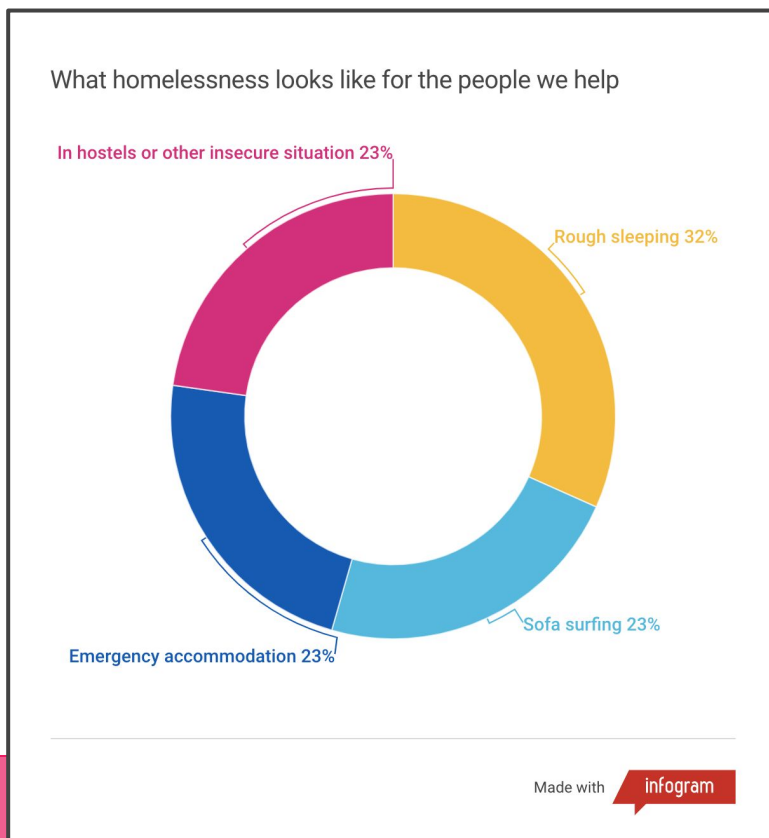
**25** artists

# Who are we supporting?

**Brighton has the second highest rate of homelessness in the UK.** 1 in 78 people in Brighton are homeless - the UK average is 1 in 206 - and 3700 people in Brighton are currently living in temporary or emergency housing (Dec 2021).

Being homeless means not having a safe, secure and private place to call your own. Articulate is currently working to support young people (aged 16-25) who are homeless. Polling conducted by ComRes, in 2017, suggests that **two-fifths of 16 to 25 year-olds in the UK have sofa-surfed at one time because they had nowhere to live.** One in ten of these young people did so for more than a month in total.

If this is your life, you're always having to move. You have nowhere to call your own or a place to feel secure; nowhere to keep your belongings safe. It can be dangerous - you are more likely to be the victim of violence if you're homeless. And you are also vulnerable to exploitation by others.



Being homeless also makes it harder to get the support you need. Without a permanent address, you can't register with a GP, claim benefits, or in most cases, find a job.

The young people we work with are often struggling with their mental health, and their physical health can be suffering too, particularly if they are sleeping outside.

They usually have very little money and nowhere else to turn. They have often been let down by adults in their lives and can find it hard to trust others. **Many have experienced trauma in their early lives.**

**42% of young homeless people have a diagnosed mental health problem or symptoms of poor mental health.**

# Clock Tower Sanctuary, Brighton

## Established in 2013 - a partnership programme running for 9 years

The Clock Tower Sanctuary (CTS) is a drop in day centre for homeless 16-25 year olds in Brighton.

In 2013 Articulate partnered with CTS to deliver therapeutic photographic workshops for young people accessing the centre. The weekly workshops provide young people with a safe space to be creative, where they can explore new skills and ideas without pressure.

Led by artist Laura Montag, participants have the opportunity to take part in regular experimental photography workshops. The sessions follow a drop-in format, whereby young people are always welcome without commitment, to suit the transitional nature of those accessing the centre. Each workshop is designed to be standalone, so that there is no prior experience required and no assumptions made on those attending. Each workshop explores new ideas, new skills and is completely open for the young people to lead and steer to suit their own interests and needs.



Not only do the workshops teach practical, transferable skills but they also provide young people with an outlet to explore creatively. Through this, young people can express themselves, they find their voice to tell their story and they feel heard. This has a significant impact on their confidence and self esteem and, for these young people facing extremely difficult circumstances, is so important to support their mental wellbeing and future development.

Over **100 young people** supported through therapeutic experimental photographic workshops at CTS

# Project Outcomes

All participants from the CTS project achieve the following outcomes:

- **Increased self worth & self esteem** from achieving a creative outcome, be it an idea, a piece of work or putting on an exhibition
- **Increased confidence** from expressing themselves, telling their story and being heard
- **Reduced isolation** from coming together in the group and knowing there is support available to them
- **Develop new practical, creative & vocational skills** which are transferable and can lead on to future education or employment opportunities

*When I am taking photographs it feels like it breaks down layers that you have to work through, whether it's pain in my body, if I'm feeling tired or annoyed, or my mental state that day - taking photographs allows all that to fade away" - Participant*

All Young People participating in the projects have the opportunity to curate their own work for public exhibitions. For these young people, having a platform to voice their opinions and share their experiences with a wider audience can have a profound effect on their lives.

To date, Articulate has held five exhibitions, which include being part of the city wide Brighton Photo Fringe.

*'Homeless people are very easily stereotyped, and by doing projects like this and exhibiting our work allows others to see people as individuals'.*  
Participant



In 2018 Articulate & CTS won the **Brighton Photo Fringe curators award for most innovative exhibition** for (re)imagined spaces.

# Project Feedback

*The project has given me the opportunity to learn something that in the past I haven't necessarily been given the right environment to do. A lot of young people get stuck in a really hard time, where they find themselves stuck in a position because they just need a bit of direction and help to get going. **Projects like this are important as they recognise young peoples potential.***

Project participant.

*The project has given me the opportunity to explore and **discover possibilities** of things i can do, as well as being able to **build on my CV**. I'm keen to carry on working with photography.*

Project participant.

*Articulate's work is embedded in our work here at CTS. Our young people are extremely excited about the weekly sessions, which give them **much needed relief from their day to day struggles**. They get to experience different ways of using photography to **develop skills and build confidence**.*

Kirstie, Activities Coordinator CTS.



# Case Studies



## Participant 1

He has enjoyed the technical side of learning on the project. He already achieved an arts award and has since, been independently developing his own work.

He has established a very personal way of working and a style of photography that is very unique. He feels that the next stage would be to get some professional guidance on how to get his name out there and pursue a career in photography.

He has found that showing his work and discussing themes as a group has helped him to develop his work and open up more possibilities to take his work in different directions.

## Participant 2

He has engaged with the project and the group well, taking the lead with developing ideas for the exhibition and has been enthusiastic to take on responsibilities of organising the group as well as sourcing designers to make exhibition flyers. He has found the workshops engaging and enjoyable and has felt inspired to take the project further independently.

He has enjoyed the informal and vocational way the project has been run, and that it has offered an alternative framework for learning new skills. In the past he hasn't felt that mainstream education has suited his needs and so he has liked that the project has given him the opportunity to build on vocational development through the skills he has learnt on the project.



# The Team

The CTS project is delivered by artist **Laura Montag**, with support of Articulate Director, **Lynn Weddle**.



Laura has been working with us for 12 years - she has worked on our projects in Ecuador, India, France and the UK. She has vast experience working with groups using participatory arts methods and is a practising artist herself specialising in traditional and digital photography. She has a BA in photography and a Masters in participatory arts from Goldsmiths University.

Laura has worked closely with our Director to develop our training offer, devising and delivering our training programme for artists wishing to expand their facilitation skills. She has supported volunteers within her many roles with us over the years.

**She is dedicated, committed and passionate about the arts and the power it offers others.**

Articulate has a thorough monitoring and evaluation process for its work and this is built into all projects from the start. This includes monthly external supervision for all our artists delivering workshops. **Rachel Hine** is our Supervisor, she runs monthly hour long zoom sessions with artists individually and where possible in person. She is a trained Art Therapist and herself has over 20 years experience working in community arts programmes across the UK.

Our future ambition is to fundraise for further artist support for all artists working across our projects, to come together in monthly online sessions facilitated by Rachel to explore issues, celebrate achievements and unpick challenges through peer support.

# Find Out More

For more information please visit [www.articulate.global](http://www.articulate.global).

Or contact us:

Email: [hello@articulate.global](mailto:hello@articulate.global)

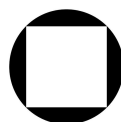
Phone: +44 (0)7967 719137



With thanks to our funders: Arts Council England, The Chalk Cliffe Trust & Brighton Photo Fringe



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**



**BRIGHTON  
PHOTO FRINGE**

**ARTICULATE ARTS LTD**

England & Wales - Charity number 1064645

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# Accounts

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**ARTICULATE ARTS LIMITED  
DIRECTORS' REPORT AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 JUNE 2021**

S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited**  
**Directors' Report and Unaudited Financial Statements**  
**For The Year Ended 30 June 2021**

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Income and Expenditure Account	5
Balance Sheet	6
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The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	9

**Articulate Arts Limited  
Company Information  
For The Year Ended 30 June 2021**

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**Directors** Baroness Susan Miller  
Ms Lynn Weddle

**Secretary** Baroness Susan Miller

**Company Number** 3343779

**Registered Office** Onca Gallery  
14 St Georges Place  
Brighton  
East Sussex  
BN1 4GB

**Accountants** S E Murby & Co  
Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited**  
**Company No. 3343779**  
**Directors' Report For The Year Ended 30 June 2021**

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The directors present their report and the financial statements for the year ended 30 June 2021.

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Directors**

The directors who held office during the year were as follows:

Baroness Susan Miller

Ms Lynn Weddle

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

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**Ms Lynn Weddle**

Director

11/03/2022

**Articulate Arts Limited  
Accountant's Report  
For The Year Ended 30 June 2021**

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In order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 30 June 2021 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

-----

11/03/2022

S E Murby & Co

Saracens House  
25 St Margaret's Green  
Ipswich  
Suffolk  
IP4 2BN

**Articulate Arts Limited**  
**Income and Expenditure Account**  
**For The Year Ended 30 June 2021**

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	<b>Notes</b>	<b>2021</b>	<b>2020</b>
		<b>£</b>	<b>£</b>
Cost of sales		(2,634)	(1,747)
		<hr/>	<hr/>
<b>GROSS DEFICIT</b>		(2,634)	(1,747)
Administrative expenses		(32,263)	(34,517)
Other operating income		38,590	61,807
		<hr/>	<hr/>
<b>OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL YEAR</b>		3,693	25,543
		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 7 to 8 form part of these financial statements.

**Articulate Arts Limited  
Balance Sheet  
As at 30 June 2021**

		2021		2020	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	3		966		-
			966		-
<b>CURRENT ASSETS</b>					
Debtors	4	-		175	
Cash at bank and in hand		40,259		39,212	
		40,259		39,387	
<b>Creditors: Amounts Falling Due Within One Year</b>	5		(400)		(2,255)
<b>NET CURRENT ASSETS (LIABILITIES)</b>			39,859		37,132
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			40,825		37,132
<b>NET ASSETS</b>			40,825		37,132
Income and Expenditure Account			40,825		37,132
<b>MEMBERS' FUNDS</b>			40,825		37,132

For the year ending 30 June 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Directors' responsibilities:**

- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

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**Ms Lynn Weddle**

Director

11/03/2022

The notes on pages 7 to 8 form part of these financial statements.

**Articulate Arts Limited**  
**Notes to the Financial Statements**  
**For The Year Ended 30 June 2021**

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**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**1.2. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	33.3%
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**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows:

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>3. Tangible Assets</b>		
		<b>Computer Equipment</b>
		<b>£</b>
<b>Cost</b>		
As at 1 July 2020		-
Additions		1,449
As at 30 June 2021		1,449
<b>Depreciation</b>		
As at 1 July 2020		-
Provided during the period		483
As at 30 June 2021		483
<b>Net Book Value</b>		
As at 30 June 2021		966
As at 1 July 2020		-

**4. Debtors**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>Due within one year</b>		
Prepayments and accrued income	-	175
	-	175

**5. Creditors: Amounts Falling Due Within One Year**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Trade creditors	400	2,255
	400	2,255

**Articulate Arts Limited**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 30 June 2021**

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**6. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**7. General Information**

Articulate Arts Limited is a private company, limited by guarantee, incorporated in England & Wales, registered number 3343779. The registered office is Onca Gallery, 14 St Georges Place, Brighton, East Sussex, BN1 4GB.

**Articulate Arts Limited**  
**Detailed Income and Expenditure Account**  
**For The Year Ended 30 June 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>COST OF SALES</b>				
Purchases	2,634		1,747	
		(2,634)		(1,747)
<b>GROSS DEFICIT</b>		(2,634)		(1,747)
<b>Administrative Expenses</b>				
Travel and subsistence expenses	35		246	
Rent	164		(100)	
Computer software, consumables and maintenance	906		21	
Printing, postage and stationery	553		51	
Courier services	180		55	
Advertising and marketing costs	1,209		421	
Training seminars and workshops	400		-	
Telecommunications and data costs	-		173	
Website costs	534		190	
Accountancy fees	400		360	
Fundraising Fees	3,500		5,600	
Consultancy fees	9,519		15,165	
Management fees	14,297		12,010	
Bank charges	-		6	
Depreciation of computer equipment	483		-	
Sundry expenses	83		319	
		(32,263)		(34,517)
<b>Other Operating Income</b>				
Grants and donations	38,590		61,807	
		38,590		61,807
<b>OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL YEAR</b>		3,693		25,543