

Report of The Trustees and unaudited Financial Statements for the year ended 31st March 2024

For

The Light House (Christian Care Ministry) Trust Limited

Registered Company Number: 3236785 (England and Wales)

Registered Charity Number: 1064132

**TRUSTEES’ REPORT (INCLUDING DIRECTORS’ REPORT)
FOR THE YEAR ENDED 31ST MARCH 2024**

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**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31ST MARCH 2024**

LEGAL AND ADMINISTRATIVE DETAILS

Registered Company Number: 3236785 (England and Wales)

Registered Charity Number: 1064132

Registered Office:

1a Argyll Street
Coventry
West Midlands
CV2 4FJ

Trustees

Mrs J Banks (Chairman)
Mr M Mason
Mrs H Howell
Mr A Howarth
Mr J Rose
Mrs S Agbelusi (appointed Oct 2023)

Company Secretary

Mr M Mason

Independent Examiner

Amanda Asbury – FCCA
16 Emily Allen Road
Coventry
CV6 2PN

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31ST MARCH 2024

The Trustees who are also directors of The Light House (Christian Care Ministry) Trust Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that year. In preparing these financial statements the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

PURPOSE AND ACTIVITIES

Purpose and aims

The main purpose is the provision of professional, accessible and affordable counselling.

The way in which the Charity achieves this it' purpose:

1. Through restoring psychological, emotional, spiritual, and physical health
2. Through alleviating individual suffering and distress
3. Through improving the quality of human relationships

Main activities

During the year under review, the Charity has continued to realise these objectives through providing a counselling service for the advancement of health or saving of lives.

Grant making

No grants were made in the year under review.

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31ST MARCH 2024**

The Light House vision continues to be to see a world where people are emotionally, psychologically and spiritually well and are enabled and supported to reach their full potential. Our mission is to provide affordable, accessible quality counselling to all in need. Our aim is to provide a safe, non-judgemental space of acceptance and empathic understanding, to relieve and provide relief from distress or suffering, to promote emotional health and wellbeing, to enable healthier relationships and to remove the 'not good' of feeling alone.

Our Agency is based in Coventry and provides a general counselling service to the people of Coventry, Warwickshire and surrounding areas and is a service that is open to all adults over the age of 18 regardless of age, gender, ethnicity, sexual orientation or disability and to people of faith or none.

The Charity continues to provide clinical supervision to our in-house Associate (volunteers) Counsellors, who all hold a professional qualification and to Student Counsellors who are with us on placement whilst they are studying for their counselling qualifications. We also provide supervision to counsellors who are external to The Light House, which provides an extra source of income to the Agency.

The Light House provides a general counselling service to the people of Coventry and its surrounding areas. We are able to see clients who require counselling support for a wider range of issues, including, but not limited to anxiety, depression, stress, trauma, abuse of all kinds, bereavement, loss and relationship issue, which includes couples. This wider range of issues provides our Student Counsellors with great depth and breadth in experiences, likely more so than working with an agency specializing in one area, such as bereavement. We aim to provide a very high standard of professionalism and expertise in our counselling practice. Regular Clinical Supervision is a requirement for all counsellors by their respective professional bodies, such as BACP, ACC UKCP etc. All Light House counsellors have regular monthly clinical supervision, both as a requirement and also as a commitment to continue to maintain ethical and safe practice.

The demand for our service throughout this financial year continued to be high, which is due in part to being a long established charity in Coventry since 1986 and being known as a counselling service that is both professional and affordable. We have been pleased during this year that the return to in-person counselling has continued to grow, with far fewer clients wanting to have an online appointment. However online sessions are something that we have continue to provide, to ensure the service is accessible to all.

During this financial year we had some damage to our roof, which was caused by a severe storm of very strong winds and heavy rain. This resulted in some of our roof tiles becoming loose and allowing water ingress into our roof space, which caused damage to the ceiling and room below. This meant that the roof had to be repaired, the ceiling and carpet replaced and the room redecorated. We were very grateful to our insurers (Folgate) for their speedy response and to Brick Scape Builders, who carried out the work quickly and efficiently, which enabled the counselling room to be in action once again after a minimal delay.

VOLUNTEERS

The charity on behalf of the Trustees would once again like to express our most grateful thanks to the Counselling Staff, Administrative Personnel, and all its volunteers (counsellors and administration), for their

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31ST MARCH 2024

commitment to making a difference in the lives of those who call on The Light House for its services. Without our Volunteers The Light House would not be able to see as many clients each year, as we currently do. Our volunteers are the life blood of our charity and we would not function well without them.

The Trustees would once again like to express their personal thanks to The Light House Fundraiser, who has worked tirelessly to generate additional funds for our ongoing work, in what have been increasingly difficult and challenging times to try and gain sufficient income to maintain our counselling service. Additional funding allows us to provide a bursary to those clients who would struggle to access counselling elsewhere, due to their inability to pay. Gaining funding to cover our core costs, continues to be very challenging to access, but essential to our continued existence as a counselling service.

ACHIEVEMENTS AND PERFORMANCE

Equivalent 2022-23 figures in brackets where available.

New Clients

During the year to 31 March 2023, 447 (444) new clients referred to the Light House counselling services, of that number 431 (422) new clients progressed through Initial Assessment to counselling. The number of counselling sessions delivered was 2,618 (2,520). The overall number of counselling sessions that the Agency was able to offer was 3,079(3,040). We carried out 237 (273) initial assessment interviews, and had 318 initial assessment slots available for counselling, of which 81 were unused due to either a client not attending for their counselling without any notification or cancelling an agreed appointment, some were the result of having appointments available but we were unable to match the client availability to the appointment time. The Light House has seen a reduction in the number of clients who did not attend for their assessment appointment without notification, 16 this year, which is a situation that The Light House works hard to maintain.

During this financial year, 52% of clients who were seen for an assessment interview were unable to pay the

Household Income		
Up to £10,000	113	29%
£10,001 - £15,000	43	11%
£15,001 - £20,000	34	9%
£20,001 - £25,000	36	9%
£25,001 - £30,000	33	9%
£30,001 - £35,000	29	8%
£35,001 - £40,000	17	4%
£40,001 - £45,000	9	2%
£45,001 - £50,000+	66	17%
Not answered	4	1%
	384	100%

minimum fee of £20 per session primarily due to 36% of our clients being unemployed and/or in receipt of benefits (34%), 49% of our clients had a household income of less than £20,000 and were in extreme financial hardship. A counselling session at The Light House costs £45, inclusive of all organisation costs. The Light House needs to meet the deficit in funding for any client fee that falls short of the £45 it costs us to provide. Many of our clients are unable to cover the full cost of their counselling sessions.

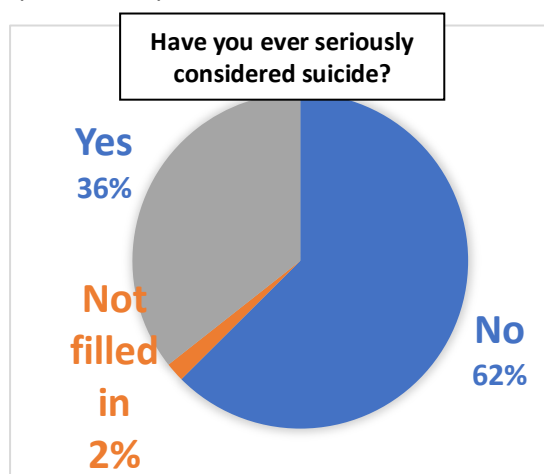
One way we aim to continue to enable people with limited financial resources to receive our support is by using bursary funding that has been sought for specific areas, current examples include retirees, (Twilight)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31ST MARCH 2024

18–25-year-olds (Bridges) and those with a disability (Pathlight). These Bursaries are a way by which a client can pay £5 per session for 6-8 sessions rather than our minimum £20 session fee.

Another means by which we can support clients who are struggling financially is via The Light House Support fund. This is a fund that is made up of grants and donations and enables Light House to offer reduced cost counselling to those in need who may not qualify for a bursary or perhaps still require counselling support after their bursary funding has ended. Financial challenges can compound anxiety and stress (our highest presenting factor) so we are working hard to continue to deliver affordable and accessible counselling to those in need. We continue to believe that good mental, emotional and relational health should not be the privilege of those who are not financially compromised.

The Light House assessment interviews are carried out by members of the staff counselling team and each client is assessed to ensure that there is no risk of harm to the client either from themselves or others, that there is no risk of harm to the counsellor or Agency and are also assessed to ensure that the client is able to benefit from counselling and that there is no psychopathology present that may also impact on the client's ability to benefit from counselling. If a client is also accessing psychological services, then the client's psychiatrist or psychologist would be contacted to ensure that they are in agreement that counselling will benefit them and there are no other risk factors we should be aware of. We want to ensure that we are working with the NHS with those clients we see who are also under their care. During this year we have successfully maintained our aim to see all clients who refer for counselling within a two week period of first contact. Due to having a small number of Student Counsellors, careful consideration is given to allocation of clients, to ensure that Student Counsellors are only given clients who are within their level of competency, our qualified, experienced 'associate' counsellors take on the clients who present with more complex issues.



The figures for this financial year for those clients who had seriously considered suicide were 36% as opposed to 35% last year, with 20% who had actually attempted suicide 21% last year, 6% were feeling suicidal at the time of their assessment and 23% had used various methods to self-harm. For those clients who were at immediate risk of harm they were encouraged to speak to their G.P. and a "keeping safe plan" was put in place with them, to try and reduce the risk as much as possible. These clients were 'fast-tracked' for counselling as a matter of priority and were placed at the top of our waiting list. It is concerning to know that there has not been any real

drop in the figures of those clients who are seriously considering suicide as a means of dealing with the issues they are struggling with.

Client Story:

"I came to The Light House as I felt so low. I was in an abusive/controlling relationship and was crying all the time, felt like there was no way out. Then I lost my mother and I have never felt so low. My daughter kept me going, but inside I felt like I was dying and unable to grieve the loss of my mother because of the abuse I was being put through. Since I came for counselling I felt I could open up and talk without feeling ashamed, I could talk about things I felt too embarrassed to tell friends and family. I've realised how to break free from toxic relationships and break the cycle I have been in for many years due to childhood trauma. Physically and emotionally I feel so much better and have

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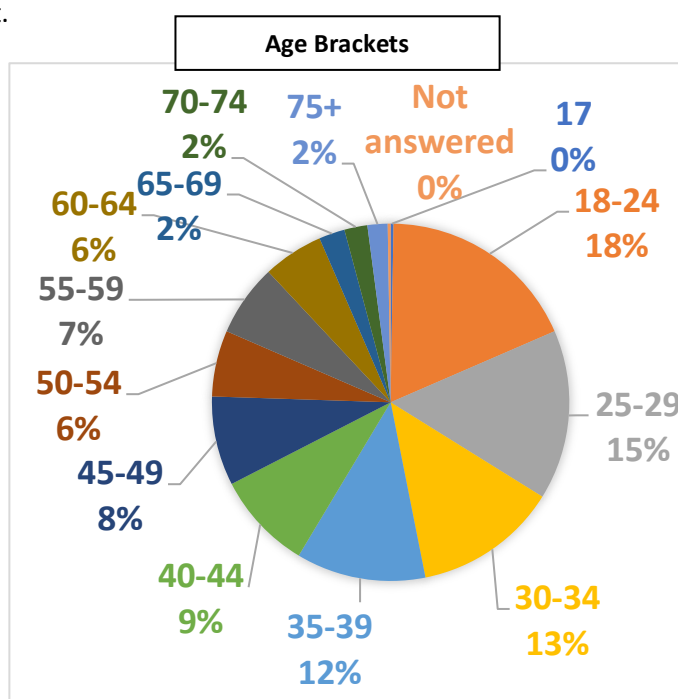
been able to grieve the loss of my mother and find myself again being free from abuse and finding some self-love/respect that had been lost."

The Agency continues to work with all communities in the area, and although the majority of clients (70.5%) still fall into the 'White/White British' category, 30% of clients fall into other ethnic groups, which is a slight increase in other ethnicities from the previous year. 61% of our clients identified as female, 37% as male, with 1% identifying as other and 1% who preferred not to say. These figures are very similar to last year and we are pleased to note that many men are now more comfortable in accessing counselling to help resolve some of the issues they face. The Light House clients are made up of 51% of people who report to be of Christian faith, with 49% of our clients reporting to be of a different faith or none. We have clients of different faiths including Sikh, Hindu, Greek Orthodox, Muslim and Buddhist.

The largest group of clients still falls within the 18– 24 age group (18%) a slight drop from last year with those aged 25 – 30 being a further 15%. Coventry is very much a University town, with both Coventry & Warwick universities within the city of Coventry. Many clients within the 18 – 24 age group were students studying at local universities, who were struggling to cope with the pressures of study, managing finances and being away from home, all of which were impacting on their mental health. NHS England reported that during 2023 1 in 5 children aged between 8 and 25 years had a probable mental health disorder. This affected 13.4% of young men between the ages of 20 – 25, and 30.4% of young women. These are again concerning figures for the mental

well-being of our young people, and figures that are backed up by our own statistics. Well over a third of our clients are currently being prescribed anti-depressants, tranquilizers or sedatives to help them alleviate the symptom of their poor mental health. Anxiety and Stress at 64% were the most significant presenting issues for clients, closely followed at 60% by clients who were struggling with issues related to their relationship. was Stress and Anxiety, with relationship concerns the second highest concern at 55%. Clients who present for counselling with trauma related issues has also increased. There has been much research in to the affects of trauma on how it affects the body and the mind in recent years and neuroscience has played a large part in the understanding of it. The Light House counsellors work from a trauma informed approach, so rather than the question "What's wrong with you?" the question is "What's happened to you?" this removes any sense of blame or judgement that the client may feel if asked the first question.

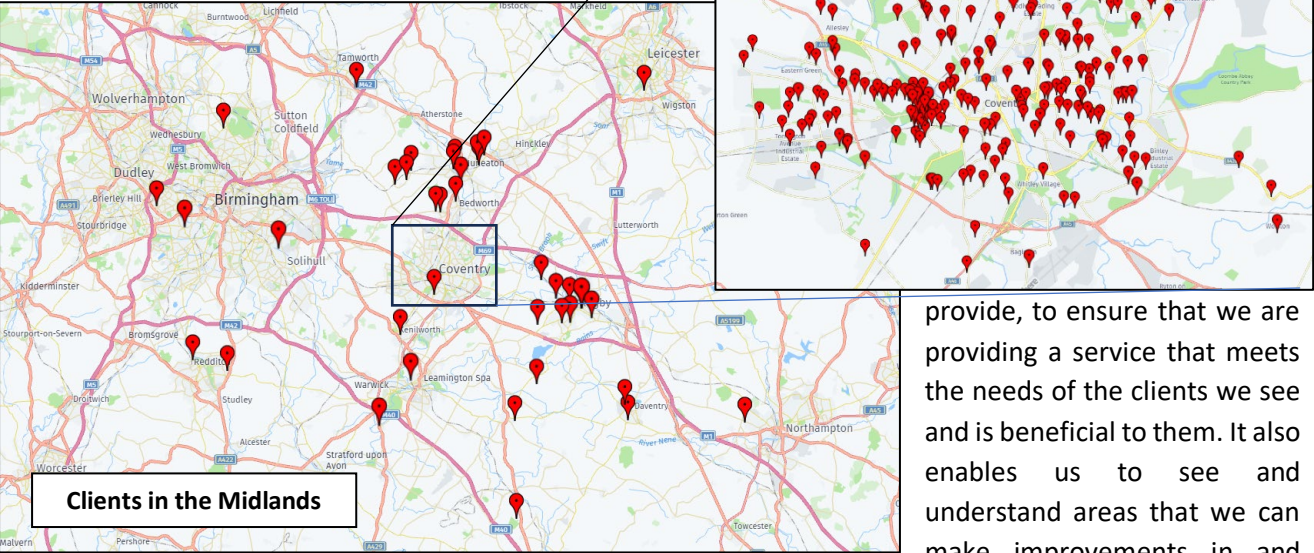
The Light House continues to work with clients from all age groups from 18 years upwards, with 11% of clients being age 60 and above. 83% of our clients were individuals and 17% of clients were couples who had referred for counselling due to relationship issues.. 34% of our referrals come from Statutory Body's, which include the NHS (IAPT, GP, Crisis Team & Community Mental Health Teams etc.) and Police & Social Care.



TRUSTEES’ REPORT (INCLUDING DIRECTORS’ REPORT)
FOR THE YEAR ENDED 31ST MARCH 2024

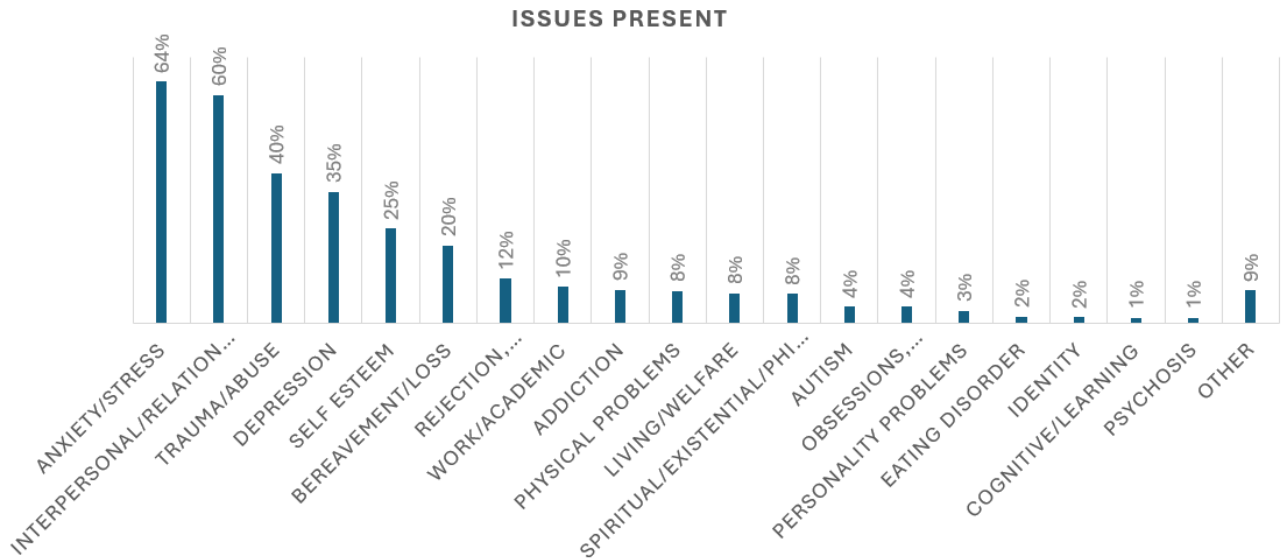
Public Benefit – What Difference do we make?

It is important to us as an Agency to gather as much feedback as we can about the service we



provide, to ensure that we are providing a service that meets the needs of the clients we see and is beneficial to them. It also enables us to see and understand areas that we can make improvements in and

where we are doing well. Information is gathered by asking the clients to complete detailed feedback forms. Based on feedback forms given to clients at the end of therapy, we can see that around 79% of clients agree that some or all of their issues have been resolved and their wellbeing improved as a result of the counselling they had received. Clients felt that they had been listened to and had been involved in making choices about their treatment and care. And over 98% of clients said the service had helped them to understand and address



their difficulties and had received the help that mattered to them. 99% said that their confidence and self-esteem had improved, 95% felt they were able to function more independently and 94% felt that the therapy they had received had improved their relationship with their partner and 91% felt counselling had improved their relationship with their children. 94% of clients said it had enabled them to feel more in control of their

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FOR THE YEAR ENDED 31ST MARCH 2024

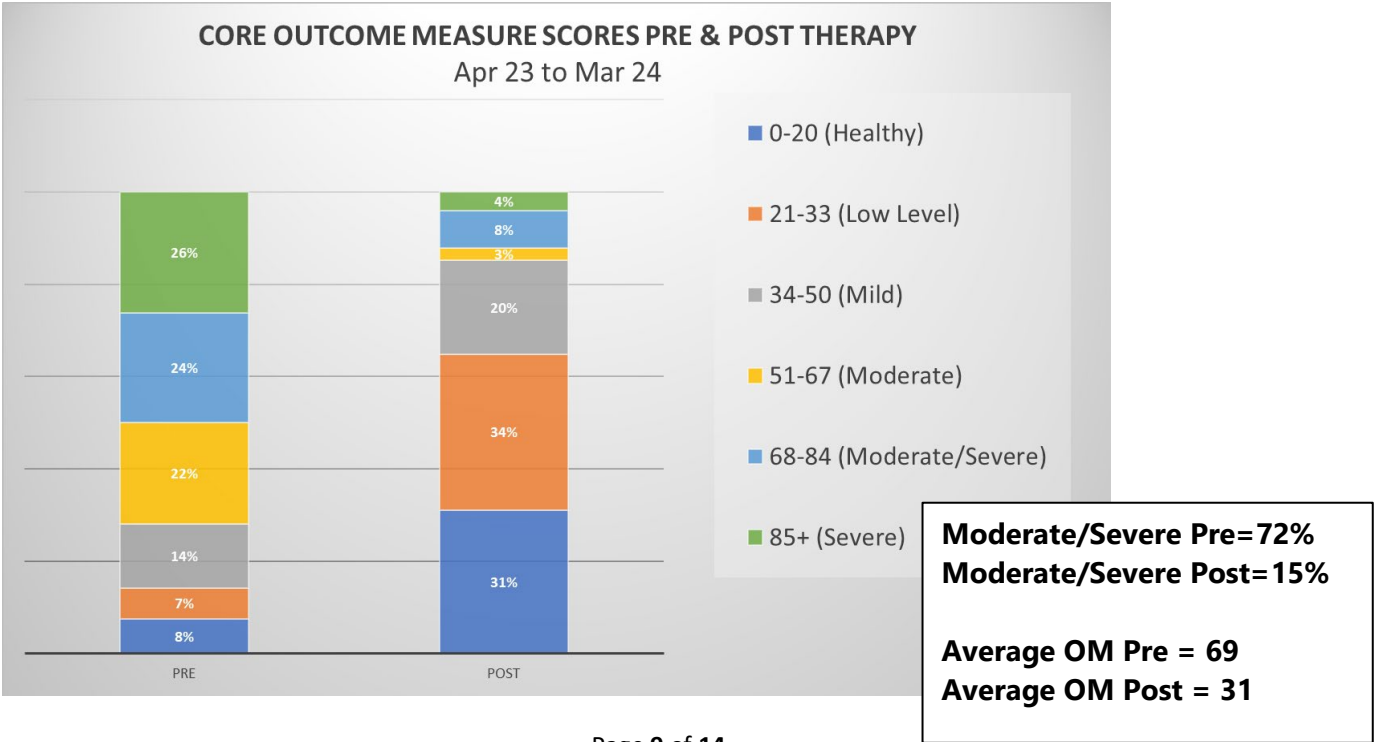
situation and circumstances and 73% of clients it had helped them to consider seeking employment once more, whilst 79% said it had helped them to maintain employment rather than taking time off work for sickness.

Other more detailed questionnaires completed by clients both at the start and end of therapy over the past year indicate that clients have a rating of Moderate/Severe Mental Health before therapy saw a significant drop in their scoring on the PHQ9 from an average score of 11 pre-therapy to 4 post-therapy and on the GAD7 assessment from an average of 13 pre-therapy to 5 post-therapy. Similar improvements have been found when using other questionnaires using Mental Health rating systems as used by the NHS.

Comments made by clients also reinforce the view that we are making a difference to people’s lives through our counselling service. Recent quotes/feedback from clients over the last financial year are as follows:

“When I came to The Lighthouse this time I had complex mental health issues including historic trauma and an eating disorder. My sessions helped me to understand how everything fitted together, to acknowledge the need for self-compassion and to start giving myself the time to sort everything out. For the first time I felt safe to really breakdown and be honest with my counsellor. I felt cared for and that made the whole process so much easier.”

“I felt like my counsellor helped validate my feelings and emotions when I lacked the confidence to do so on my own. Through talking and being brought to a brighter place of self-realisation and how to react to what is coming to light. I came to The Light House because of my anxiety and how it affects my socialisation and appetite. Through focusing on my friendships and maintaining the relationships I have. I've been given a confidence and advice to build and develop them in healthy ways. I felt welcomed and listened to by my counsellor and found I could be very open and honest without judgement and could externalise things that felt like were consuming me from the inside.”



TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31ST MARCH 2024

was a nervous wreck, twitchy and lack of focus. I had just come out of an abusive relationship and was feeling overwhelmed at work. At the time I didn't realise how serious my condition was, until I received treatment here.

Things then gradually started to change. I was able to sleep, start looking after myself. I became less anxious. I was able to understand that I can only do my best and that was good enough. My counselling helped me to overcome obstacles and I am now ready for work again. My counsellor helped me with my confidence. At first I wasn't able to break away from my abusive relationship, out of fear, but with her help I became more confident and was able to stand up to my decision making. As I had trouble before with setting boundaries. My counsellor taught me how to put these things in place. So in future, when I have trouble in work and relationship issues I can enforce these solutions beforehand and not have the fear I had before.. Thank you!

"Before I came to Lighthouse, I was acutely suicidal, I was struggling massively with my mental health. My counsellor really helped me work through my issues by not only listening to me and giving me a safe space to work through things in my own way but also giving me resources and advice which was relevant and helpful for my specific situations."

Other Activities



During this financial year we have continued to enjoy our garden space, which was a project that was completed during 2022/2023, and weather permitting it is a pleasant space for the staff and volunteers to sit outside and have lunch. We very much enjoyed our annual summer barbecue, which was well attended by Staff and Volunteers and give thanks to Glenn, who took on the responsibility of the cooking. We are very grateful too for the 3 people from a Church in Coventry, who have continued to come in on a regular basis to maintain the garden, by keeping down the weeds, planting herbs and plants to

make the garden more colourful and also to prune the bushes that suddenly seem to go wild, so we would like to extend our thanks to them.



In May 2023 we held a Cream Tea, as a thank you to those individuals who have supported us over the year, one of our former colleagues baked the scones and provided the jam and cream to go on them. It was a very well-received event and enjoyed by all.



TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31ST MARCH 2024

We have continued to provide free Continuing Professional Development (CPD) training for our counselling team and this year courses were provided on 'Working with clients who are on the Autism Spectrum', 'Working with Sex and Porn Addiction', 'Working with men who experience domestic abuse', 'Gambling Awareness' and a Safeguarding Course that was mandatory for all staff and volunteers to attend.



We held our annual Christmas Social in mid-December 2023 as our way of saying thank you to all of our staff and volunteers who so willingly give of themselves and their time to meet the needs of the clients who come to The Light House for counselling and also enable The Light House to work as smoothly and efficiently as it does. The Christmas Quiz that is held each year is always a highlight of this event, and one that can get very competitive too!

Community Activities

A life-saving defibrillator has been installed outside The Light House, in memory of Lee Rogerson MBE who passed away in February 2023. Lee was a long-time supporter and former employee of The Light House. Funds for the defibrillator were raised by family, friends and gifts given to The Light House in memory of Lee. It is available 24/7 for use by any member of the community in need. It has already been accessed twice.



Two members of The Light House staff have been supporting community projects in the Ball Hill area to build stronger links with the community. We were involved with the monthly litter pick and also a Messy Church group at St Margaret's Church. We hope to be more involved with the community in the coming year.

Fundraising Activities

Raising funds for our counselling work, is an ongoing and challenging role for our Fundraiser, who reports this year is again very challenging, as funding that is specifically for counselling work is becoming less available. The Light House introduced its own Fundraising Campaign, The Thousand Lights, in which we are aiming to get 1,000 people to give £5 per month for one year to raise £60,000 for our charity. We are still a very long way off from this target, but remain hopeful. As we continue to offer our counselling at affordable and reduced costs to clients, raising funds is vital to our organisation. This task is an ongoing and increasingly challenging one for our Fundraiser. It is proving extremely challenging to source grants that will specifically fund counselling work. The Light House introduced its own Fundraising Campaign, 'The 1000 Lights', in which we are aiming to get at least 1000 people to give at least £5 per month. If we could achieve this, we would raise £60,00 per year for our organisations work. We are still a very long way off this target but remain hopeful of finding ways to improve this

We extend our grateful thanks to the Grant Making Trusts that have supported The Light House during this financial year. These are The Grace Trust, WPH Charitable Trust, Souter Trust, Baron Davenport, Cole Trust, Coventry Church (Municipal Charities) Trust, Edward Cadbury, General Charities, Coventry, William Cadbury,

**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31ST MARCH 2024**

Alfred Haines Charitable Trust, FC Stokes Trust, Screwfix, and Albert Hunt Trust. We are also extremely grateful to our individual supporters and to the six Coventry Churches that support us regularly, thank you also to the Churches that gave us a one off gift this year. Without such gifts, grants and support The Light House would not be able to provide the service we do.

We would also like to thank the Gospel Choir of St Martin's Church, Coventry, who held a fundraising evening and the money raised from this event was split between two charities, one of which was The Light House.

At the close of the financial year the permanent staff numbered 1 full-time Counsellor/Manager, 4 part-time Staff Counsellors, plus 2 part-time Staff Administrators, 1 part-time Fundraiser and a Cleaner. The staff were ably assisted by 22 volunteer counsellors, comprised mainly of qualified counsellors and a small number of students who were on placement with the agency as a requirement of their training provider, whilst studying for a counselling qualification. The Light House, as part of its vision has always invested time and resources in supporting students who are training to be counsellors, by offering them a placement with the Agency, where they are able to develop their counselling skills by working with 'real' clients in a safe and supportive environment. It has been encouraging to see that a number of Students who have been on placement with us, have chosen to remain with the Agency on a voluntary basis after they have completed their studies and qualified as counsellors. This benefits both the Agency and the counsellors, it provides the counsellors with free supervision, costs towards their professional body's membership, free continuing professional development (CPD) training courses and a safe and supportive environment for their ongoing professional development. It provides the Agency with greater resources to meet the needs of the clients who are seeking help.



TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31ST MARCH 2024

FINANCIAL REVIEW

Investment performance

The charity holds no investments.

Reserves policy

The Light House's principal funding sources are from client fees and donations and gifts, grants, and fees for clinical supervision for counsellors working both in our agency and in other charitable organisations.

Donations and gifts are dependent on the giving of individuals and churches and therefore vary considerably from month to month. Likewise, clinical supervision sessions and resulting income also vary significantly over time. Income from grants from Trusts frequently takes a considerable time between an appeal being made and a grant being received. Additionally, the likely benefit from any such appeal is largely unclear in advance.

All these factors combine to make the annual income uncertain.

Based on the need to carry reserves for unplanned building maintenance and the need for the Light House to meet its commitments to staff in the case of the Charity needing to Wind-Up, including notice period and legal redundancy payments, the Trustees have decided that a minimum reserves level of £40,000 minimum is prudent to safeguard the operation of the organisation. If reserves held rise above double this figure, then the Trustees will determine how the beneficiaries can benefit from this income and, for example, by reducing further fund-raising activities. Reserves will be held in the form of balances of cash held in bank accounts.

The actual level of reserves held is reported to Trustees along with actual income and cost information at Trustees' meetings. If reserves fall below the minimum agreed level, then the Trustees will discuss and take appropriate action.

Future Developments

The charity expects its current levels and range of activities to continue for the foreseeable future and will adapt as necessary to any changes in circumstances.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Light House (Christian Care Ministry) Trust Ltd is a charitable company. The Memorandum of Association establishes the objects and powers of the charitable company which is governed by the Articles of Association.

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31ST MARCH 2024

Recruitment and appointment of new Trustees

Trustees are appointed and elected in accordance with the Memorandum and Articles of Association. Details of the current Trustees are:-

John Banks – Chairperson
Martin Mason
Heather Howell
Tony Howarth
James Rose
Shirene Agbelusi (appointed Oct 2023)

Induction and training of new Trustees

New Trustees are allowed an induction and training period to enable them to acclimatise to the way the charity operates. This may include attending meetings with existing Trustees and staff and taking part in the day-to-day operations of the charity, to facilitate a greater understanding of its objectives and activities.

Organisational structure


The charity is headed by its Trustees who are ultimately responsible for its operations. They are supported by additional staff who fulfil both direct and administrative roles. Related parties There are no related parties other than the Trustees.

Risk management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Trustees believe that the charity has fully met its obligations in this area.

THE TRUSTEES DECLARE THAT THEY HAVE APPROVED THE TRUSTEES' REPORT ABOVE.

Signed on behalf of the Charity's Trustees.

Signed by:

67260D7AB89D44C...

Mr John Banks

Date 1/13/2025

DocuSigned by:

4121C30B9CEA4E2...

Mr James Rose

Date 1/13/2025

Charity registration number 1064132 (England and Wales)

Company registration number 3236785

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	John Banks Martin Mason Heather Howell Tony Howarth James Rose
Charity number (England and Wales)	1064132
Company number	3236785
Principal address	1A Argyll Street Coventry West Midlands CV2 4FJ
Registered office	1A Argyll Street Coventry West Midlands CV2 4FJ
Independent examiner	Amanda Asbury

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

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THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors of The Light House (Christian Care Ministry) Trust Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

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THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

I report to the trustees on my examination of the financial statements of The Light House (Christian Care Ministry) Trust Limited (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed by:



019C658885F04AE...

Amanda Asbury FCCA

Date: 1/17/2025.....

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Notes							
Income and endowments from:							
Donations and legacies	3	98,871	19,291	118,162	116,602	21,470	138,072
Investments	4	155	-	155	125	-	125
Other income	5	9,550	-	9,550	4,904	-	4,904
Total income		108,576	19,291	127,867	121,631	21,470	143,101
Expenditure on:							
Raising funds	6	15,046	-	15,046	14,164	-	14,164
Charitable activities	7	120,218	21,021	141,239	94,926	23,591	118,517
Total expenditure		135,264	21,021	156,285	109,090	23,591	132,681
Net income/(expenditure)		(26,688)	(1,730)	(28,418)	12,541	(2,121)	10,420
Transfers between funds							
		-	-	-	(61)	61	-
Net movement in funds		(26,688)	(1,730)	(28,418)	12,480	(2,060)	10,420
Reconciliation of funds:							
Fund balances at 1 April 2023		74,399	146,675	221,074	61,919	148,735	210,654
Fund balances at 31 March 2024		47,711	144,945	192,656	74,399	146,675	221,074

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

BALANCE SHEET
AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	12		136,748		138,909
Current assets					
Debtors	13	780		353	
Cash at bank and in hand		59,167		84,582	
		59,947		84,935	
Creditors: amounts falling due within one year	14	(4,039)		(2,770)	
Net current assets			55,908		82,165
Total assets less current liabilities			192,656		221,074
The funds of the charity					
Restricted income funds	16	144,945		146,675	
Unrestricted funds	17	47,711		74,399	
		192,656		221,074	


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.


The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 1/13/2025

Signed by:

1/13/2025
67260D7AB89D44C...
John Banks
Trustee

DocuSigned by:

1/13/2025
4121C30B9CEA4E2...
James Rose
Trustee

Company registration number 3236785 (England and Wales)

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

The Light House (Christian Care Ministry) Trust Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is 1A Argyll Street, Coventry, West Midlands, CV2 4FJ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Land and property	no depreciation
Improvements to property	10% straight line basis
Fixtures and fittings	20% straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.12 Winding up of the trust

In early 1996 the Trustees took a decision to change the legal status of the Charity from a Trust to a Company Limited by Guarantee. This Company was registered on the 12th August 1996 and the agreements relating to the premises were drawn up in its name. There were delays in obtaining Charity Commission registration for the Company however and consequently the Trust has continued to operate as before. On 31st March 1998 the Trustees executed a Supplementary Deed which wound up the Trust and passed all its operations and assets to the Charitable Company which will continue the Charity's operations henceforth.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Donations, legacies & activities

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Donations and gifts	29,454	120	29,574	38,745	-	38,745
Grants received	57,786	19,171	76,957	57,038	21,470	78,508
Membership fees	5,340	-	5,340	5,470	-	5,470
Gift aid	3,327	-	3,327	2,114	-	2,114
Work for other organisations	2,964	-	2,964	13,235	-	13,235
	<u>98,871</u>	<u>19,291</u>	<u>118,162</u>	<u>116,602</u>	<u>21,470</u>	<u>138,072</u>

4 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Interest receivable	<u>155</u>	<u>125</u>

5 Other income

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Enter ac937 in database	4,550	284
Enter ac938 in database	5,000	4,620
	<u>9,550</u>	<u>4,904</u>

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

6 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Other fundraising costs	177	17
Staff costs	14,869	14,147
	<u>15,046</u>	<u>14,164</u>

7 Expenditure on charitable activities

	Counselling & support services 2024 £	Counselling & support services 2023 £
Direct costs		
Staff costs	98,238	89,694
Depreciation and impairment	3,257	2,161
Membership fees	2,689	2,190
Supervision & training	6,145	6,318
Catering	721	617
Volunteer expenses	1,513	1,486
Insurance	1,714	814
Repairs & renewals	10,088	3,015
Utilities	5,662	2,591
Rates & water	1,016	1,895
Office & admin costs	3,602	3,082
Telephone, internet & IT	2,182	2,117
Health & safety	1,747	24
Professional fees	161	85
Sundry costs	1,119	996
Bank Charges	1,285	1,332
	<u>141,139</u>	<u>118,417</u>
Share of support and governance costs (see note 8)		
Governance	100	100
	<u>141,239</u>	<u>118,517</u>
Analysis by fund		
Unrestricted funds	120,218	94,926
Restricted funds	21,021	23,591
	<u>141,239</u>	<u>118,517</u>

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

8 Support costs allocated to activities

	2024 £	2023 £
Governance costs	100	100
Analysed between:		
Counselling & support services	100	100

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year for their role as Trustees.

Payments made to Trustees

Anthony Howarth, a trustee of the charity, received remuneration of £14,521 in the year (2023 - £12,676). This was paid according to his employment of contract. as a counsellor, with the charity and has been made with the provision in the governing document of the charity. Employers national insurance on this remuneration was £748 (2023 - £514).

No payments for benefits or pensions were made to the trustees on the year (2023 - none).

10 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Manager	1	1
Counsellors	5	5
Administration	3	3
Total	9	9

Employment costs

	2024 £	2023 £
Wages and salaries	107,214	98,661
Social security costs	5,187	4,555
Other pension costs	706	625
	113,107	103,841

There were no employees whose annual remuneration was more than £60,000.

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

10 Employees

(Continued)

Remuneration of key management personnel

The remuneration of key management personnel in the year was gross remuneration £29,843 (2023 - £27,129), employers national insurance £2,862.96 (2023 - £2,620) and employers pension nil (2023 - nil)

11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

12 Tangible fixed assets

	Land and property £	Improvements to property £	Fixtures and fittings £	Total £
Cost or valuation				
At 1 April 2023	129,160	6,950	7,330	143,440
At 31 March 2024	129,160	6,950	7,330	143,440
Depreciation and impairment				
At 1 April 2023	-	695	3,836	4,531
Depreciation charged in the year	-	695	1,466	2,161
At 31 March 2024	-	1,390	5,302	6,692
Carrying amount				
At 31 March 2024	129,160	5,560	2,028	136,748
At 31 March 2023	129,160	6,255	3,494	138,909

The carrying value of land included in land and buildings comprises:

	2024 £	2023 £
Freehold property	129,160	129,160

Land and buildings with a carrying amount of £129,160 were revalued at 1st April 2020 by the trustees on an open market value for existing use basis.

At 31 March 2024, had the revalued assets been carried at historic cost less accumulated depreciation and accumulated impairment losses, their carrying amount would have been approximately £69,160 (2023 - £69,160).

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

13 Debtors

	2024	2023
	£	£
Amounts falling due within one year:		
Trade debtors	780	353
	<u>780</u>	<u>353</u>

14 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	1,227	952
Trade creditors	1,519	389
Other creditors	1,093	1,229
Accruals and deferred income	200	200
	<u>4,039</u>	<u>2,770</u>

15 Retirement benefit schemes

	2024	2023
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	706	625
	<u>706</u>	<u>625</u>

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
Premises fund	129,160	-	-	-	129,160
Core costs grant	2,193	-	(1,096)	-	1,097
William Cadbury	-	1,000	(801)	-	199
Harry Payne	1,000	-	(1,000)	-	-
Hope Hub	4,135	121	(1,121)	-	3,135
Alfred Hunt	-	4,000	-	-	4,000
Edward Cadbury	-	3,000	-	-	3,000
General Charities Coventry	1,427	4,000	(4,365)	-	1,062
Grant Making Trusts - Awards For All	7,890	-	(7,890)	-	-
Baron Davenport	650	720	-	-	1,370
Alfred Haynes	-	750	(500)	-	250
WED Trust	220	500	(220)	-	500
WPH Trust	-	1,000	(935)	-	65
Grace	-	500	(60)	-	440
Screwfix	-	2,700	(2,033)	-	667
Light House Support Fund	-	1,000	(1,000)	-	-
	<u>146,675</u>	<u>19,291</u>	<u>(21,021)</u>	<u>-</u>	<u>144,945</u>

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
Premises fund	129,160	-	-	-	129,160
Heart of England	3,289	-	(1,096)	-	2,193
Hope hub	4,050	4,320	(4,235)	-	4,135
Coventry Building Society - Rainbows £5	1,745	-	(1,799)	54	-
Coventry Building Society - Rainbows £0	2,757	-	(2,764)	7	-
General Charities Coventry	1,078	4,000	(3,652)	-	1,426
Grant Making Trusts - Awards For All	1,668	10,000	(3,777)	-	7,891
Garfield Weston	4,008	-	(4,008)	-	-
Baron Davenport	480	650	(480)	-	650
Alfred Haynes	500	-	(500)	-	-
CB & HH Talyor	-	1,000	(1,000)	-	-
WED Trust	-	500	(280)	-	220
Heart of England	-	1,000	-	-	1,000
	<u>148,735</u>	<u>21,470</u>	<u>(23,591)</u>	<u>61</u>	<u>146,675</u>

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

16 Restricted funds

(Continued)

Description, Nature and Purpose of Restricted Funds

- Premises Fund - to carry out operational activities of the trust.
- Heart of England - grant for purchase a telephone system to enable more remote counselling which includes Wi-Fi in every room & laptops for video sessions.
- Hope Hub - Fund for clients that come direct from the Hope Hub in Coventry for counselling.
- Coventry Building Society - Rainbows £5 - The grant provided bursary funding for Covid related issues affecting clients' mental health.
- Coventry Building Society - Rainbows £0 -The grant provided bursary funding for clients unable to pay anything.
- General Charities Coventry - This funding provided counselling sessions for 18 to 25 year olds who were experiencing anxiety and depression.
- Grant Making Trusts - Awards for all was for counsellor clinical supervision and training costs, professional fees, and volunteer expenses.
- Garfield Weston - to be used for our general core costs.
- Barron Davenport - was our 'Twilight' fund for clients who were aged over 65 years old to provide sessions of counselling at reduced rates.
- Alfred Haynes - was for our 'Bridges' bursary fund for 18 to 25 year olds who were experiencing anxiety and depression.
- CB & HH Talyor - To support clients who have physical, mental or learning disabilities to access counselling at a reduced rate.
- WED Trust - To support clients who have physical, mental or learning disabilities to access counselling at a reduced rate.
- Heart of England - To support clients who have physical, mental or learning disabilities to access counselling at a reduced rate.
- William Cadbury – The Bridges Bursary Fund for 18 – 25's. who present with issues of Anxiety, Depression & Stress
- Coventry General Charities – Bridges Bursary
- WPH Trust – Bridges Bursary
- Albert Hunt – Bridges Bursary
- Edward Cadbury – Bridges Bursary
- Alfred Haynes – Bridges Bursary
- Baron Davenport – Twilight Bursary Fund for people over the age of 65 who can have 6 sessions at £5 per session
- Grace Trust – Pathlight Bursary fund for people with a Learning/Physical/Mental Health Disability can have 8 sessions @ £5 per session.
- Screwfix grant – Grant for repairs to the building.
- Light House Support Fund - used to support clients who are unable to pay for sessions

17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
General funds	74,399	108,576	(135,264)	-	47,711

THE LIGHT HOUSE (CHRISTIAN CARE MINISTRY) TRUST LIMITED

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

17 Unrestricted funds (Continued)

Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	61,919	121,631	(109,090)	(61)	74,399

18 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	6,491	130,257	136,748
Current assets/(liabilities)	41,220	14,688	55,908
	47,711	144,945	192,656
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:			
Tangible assets	7,556	131,353	138,909
Current assets/(liabilities)	66,843	15,322	82,165
	74,399	146,675	221,074

19 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).