

Charity registration number 1064125

Company registration number 03407375 (England and Wales)

**THE LEICESTER COUNSELLING CENTRE**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

# THE LEICESTER COUNSELLING CENTRE

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	K Hoggett A Priest N Chauhan L Hackett S Joosub V Purdy A Sullivan	(Appointed 10 June 2024)
<b>Secretary</b>	H Cooper	
<b>Charity number</b>	1064125	
<b>Company number</b>	03407375	
<b>Registered office and principal address</b>	No. 1 Lodge Victoria Park London Road Leicester LE1 7RY	
<b>Independent examiner</b>	Philip John Dymond FCCA Cheyettes Ltd 167 London Road Leicester LE2 1EG	

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# THE LEICESTER COUNSELLING CENTRE

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# THE LEICESTER COUNSELLING CENTRE

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

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The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (issued in October 2019).

### **Objectives and activities**

The charity was established to benefit the community, particularly Leicestershire and Rutland, by promoting the protection, preservation and education of good health.

Specifically, the charity seeks to relieve and prevent suffering caused by mental or physical ill-health, or by social or economic circumstances by providing and developing a confidential counselling service in addition to education, training and support for counselling as well as developing counselling resources in any charitable manner determined by the trustees.

The main aims for the year continued to be the provision of counselling based at the charity's central office at Victoria Park in Leicester together with the operation of satellites in the county whenever possible.

The trustees have considered the general guidance issued by the Charity Commission on public benefit and have ensured that the charity's programmes are undertaken in line with the charitable objects and aims as set out herein.

### **Achievements and performance**

The Leicester Counselling Centre has had a positive year, building upon the success of last year in responding to the growing demand for its counselling service. It has achieved over 50% increase in service delivery from the previous year, which has been made possible by a successful effort to strengthen the volunteer team. This has included an ongoing commitment to recruiting new volunteers, both trainees on placement and qualified counsellors, and also through the expansion of the Qualified Counsellor Payment Scheme that remunerates qualified and experienced counsellors for increasing their caseload at the Centre. This has contributed to keeping expertise and experience within the volunteer team, and also enabled us to accommodate the growing complexity that we are noticing within the referrals being received. A small stream of remote counselling has also continued, having recognised the benefits of reaching those individuals who face barriers to accessing our City Centre premises. We are incredibly proud to have appointed one of the original founders of the Leicester Counselling Centre as our Patron this year, and warmly welcome back therapist, supervisor and well-known author, Michael Jacobs. The Centre has maintained an excellent relationship with the City Council, and we are delighted that our funding was renewed in 2023 and now runs until 2025. We were also grateful for a second grant of £20,000 from NHS England, Getting Help in Neighbourhoods – Mental Health Fund, which will contribute towards operations into 2025. This year we have also reestablished our partnership with Leicestershire Police Federation and are proud to be offering immediate short-term support to service personnel and their families across Leicester, Leicestershire and Rutland.

### **Financial review**

The attached financial statements demonstrate a level of reserves at the end of the year which the trustees consider to be sufficient to secure the funding of the Centre and enable client work to be completed, given that it is necessary to allow up to one year of counselling for each client. The Statement of Financial Activities shows net expenditure of £2,246 (2023 - net income £9,139) and at 31st March 2024 the total reserves of the charity were £208,637 (2023 - £210,883).

# THE LEICESTER COUNSELLING CENTRE

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

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The Leicester Counselling Centre is a long-standing charity with some established income sources. It benefits from a healthy level of unrestricted funds, which have accumulated gradually over a number of years. However, it is also somewhat dependent on a high-risk source of income from Leicester City Council, which may not be renewed in the future. The operational significance of its committed expenditure is also high, meaning that loss of income will have a significant impact on the Centre's day to day activities. The Trustees have therefore introduced a formal Reserves Policy that currently designates £115,500 (approximately 9 months service delivery costs and staff redundancy) to mitigate exposure to the major risks. A further £25,000 has been designated for potential dilapidations work to the building in accordance with the requirements of the lessor, Leicester City Council.

At the end of the year, restricted funds were £20,000 (2023 - £20,000) and free reserves were £48,137 (2023 - £50,383). All such reserves are held for the furtherance of the charity's objects as set out in this report.

The principal sources of funds remained voluntary contributions donated by clients and local authority grants.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### Plans for future periods

Looking ahead, we remain committed to further expanding our service provision in line with rising demand. This will include recruiting additional assessors and volunteer counsellors, as well as making better use of our existing resources. We are currently exploring our options to open the centre on additional evenings per week, expanding from the one evening that we currently offer, eventually to four evenings per week. Not only will this accommodate additional counsellors, making more room space available, but it will also meet the needs of clients who may be in full time employment or have childcare or caring responsibilities that would otherwise present challenges to attending. We remain committed to making counselling available to all, including offering appointment times that promote and accommodate the continuation of everyday activities such as education or employment, and thus preventing mental health becoming a barrier to living full lives.

### Structure, governance and management

The charity is a company limited by guarantee with no share capital, incorporated on 23 July 1997 and is governed by its Memorandum and Articles of Association.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

M Anastasiades	(Resigned 12 February 2024)
K Hoggett	
A Priest	
N Chauhan	
L Hackett	
S Joosub	
V Purdy	
A Sullivan	(Appointed 10 June 2024)

The trustees are elected at the charity's Annual General Meeting. Trustees may also be co-opted by the Executive Committee during the year. No trustee may hold the same officer post for a continuous period of more than 6 years.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The business of the charity is managed by the Executive Committee which meets monthly or bimonthly, depending on matters arising, and is made up of the trustees of the charity.

# THE LEICESTER COUNSELLING CENTRE

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) *FOR THE YEAR ENDED 31 MARCH 2024*

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The daily operation of the organisation is undertaken by trained volunteers together with paid members of staff. Specifically, the day to day running of the Centre is delegated to an on-site officer; this position was held by Hannah Cooper.

New trustees receive an induction pack which fully explains their responsibilities and obligations under charity and company law, a copy of the Memorandum and Articles of Association, details of the financial position of the charity, together with information about meetings they will be required to attend and the format of such meetings. In addition, training is made freely available by the charity to all new trustees and is provided by an external organisation.

This report has been prepared having taken advantage of the small companies exemption in the Companies Act 2006.

The trustees' report was approved by the Board of Trustees.

**N Chauhan**

Trustee

Dated: 17 September 2024

# THE LEICESTER COUNSELLING CENTRE

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF THE LEICESTER COUNSELLING CENTRE

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I report to the trustees on my examination of the financial statements of The Leicester Counselling Centre (the charity) for the year ended 31 March 2024.

#### **Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

#### **Philip John Dymond FCCA**

Cheyettes Ltd  
167 London Road  
Leicester  
LE2 1EG

Dated: 17 September 2024

# THE LEICESTER COUNSELLING CENTRE

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2024**

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
<b><u>Income and endowments from:</u></b>							
Donations and legacies	2	73,298	36,622	109,920	75,721	20,000	95,721
Investments	3	2,189	-	2,189	780	-	780
Other income	4	924	-	924	571	-	571
<b>Total income</b>		<b>76,411</b>	<b>36,622</b>	<b>113,033</b>	<b>77,072</b>	<b>20,000</b>	<b>97,072</b>
<b><u>Expenditure on:</u></b>							
Charitable activities	5	78,657	36,622	115,279	87,933	-	87,933
<b>Net (expenditure)/income for the year/</b>							
<b>Net movement in funds</b>		(2,246)	-	(2,246)	(10,861)	20,000	9,139
Fund balances brought forward		190,883	20,000	210,883	201,744	-	201,744
<b>Fund balances carried forward</b>		<b>188,637</b>	<b>20,000</b>	<b>208,637</b>	<b>190,883</b>	<b>20,000</b>	<b>210,883</b>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.



# THE LEICESTER COUNSELLING CENTRE

## BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible assets	10		1,649		1,929
<b>Current assets</b>					
Debtors	11	9,185		6,787	
Cash at bank and in hand		202,298		204,418	
		<u>211,483</u>		<u>211,205</u>	
<b>Creditors: amounts falling due within one year</b>	12	<u>(4,495)</u>		<u>(2,251)</u>	
Net current assets			206,988		208,954
<b>Total assets less current liabilities</b>			<u>208,637</u>		<u>210,883</u>
<b>Income funds</b>					
Restricted funds	14		20,000		20,000
<u>Unrestricted funds</u>					
Designated funds	15	140,500		140,500	
General unrestricted funds		<u>48,137</u>		<u>50,383</u>	
			188,637		190,883
			<u>208,637</u>		<u>210,883</u>

# THE LEICESTER COUNSELLING CENTRE

## BALANCE SHEET (CONTINUED)

**AS AT 31 MARCH 2024**

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The charity is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024. No member of the charity has deposited a notice, pursuant to section 476, requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charity.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 17 September 2024

N Chauhan

**Trustee**

**Company registration number 03407375**

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2024

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#### 1 Accounting policies

##### Charity information

The Leicester Counselling Centre is a private company limited by guarantee incorporated in England and Wales. The registered office is No. 1 Lodge, Victoria Park, London Road, Leicester, LE1 7RY.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (issued in October 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

##### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

##### 1.5 Expenditure

Expenditure is included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

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#### 1 Accounting policies

(Continued)

Charitable expenditure comprises those costs incurred by the charity on the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities, and those costs of an indirect nature necessary to support them based upon either time spent on the actual activities or usage.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings and equipment	10% to 33.33% per annum on cost
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 1 Accounting policies

(Continued)

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

### 2 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Donations and gifts	53,790	-	53,790	44,864
Grants receivable	19,508	36,622	56,130	50,857
	<u>73,298</u>	<u>36,622</u>	<u>109,920</u>	<u>95,721</u>
<b>For the year ended 31 March 2023</b>	<u>75,721</u>	<u>20,000</u>		<u>95,721</u>
<b>Grants receivable for core activities</b>				
Leicester City Council - main grant	19,508	-	19,508	25,857
NHS England - Getting Help in Neighbourhoods	-	20,000	20,000	20,000
Leicestershire & Rutland Community Foundation	-	-	-	5,000
Postcode Places Trust	-	16,622	16,622	-
	<u>19,508</u>	<u>36,622</u>	<u>56,130</u>	<u>50,857</u>

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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### 3 Investments

	Unrestricted funds	Unrestricted funds
	2024 £	2023 £
Interest receivable	2,189	780
	<u>          </u>	<u>          </u>

### 4 Other income

	Unrestricted funds	Unrestricted funds
	2024 £	2023 £
Other income	924	571
	<u>          </u>	<u>          </u>

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 5 Charitable activities

	2024 £	2023 £
<b><i>Provision of counselling, advisory and training services:</i></b>		
Staff costs	65,154	48,180
Supervision and assessment fees	5,714	5,535
Qualified Counsellor Payment Scheme	5,875	2,790
Trainer & Workshop expenses	2,642	-
Travelling expenses	12	-
<b><i>Support costs:</i></b>		
Rent and rates	10,397	10,641
Insurance	1,407	1,373
Light and heat	5,334	2,802
Canteen and cleaning	4,202	3,858
Repairs and maintenance	1,336	467
Printing, postage and stationery	1,294	883
IT and Telephone	6,071	5,245
Legal and professional	493	413
Independent examiner's fees	1,338	1,278
Bank charges	685	569
General expenses	3,045	3,186
Depreciation and impairment	280	713
	<u>115,279</u>	<u>87,933</u>
Unrestricted funds	78,657	
Restricted funds	36,622	
	<u>115,279</u>	
Unrestricted funds		<u>87,933</u>
		<u>87,933</u>

### 6 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	<u>280</u>	<u>713</u>

### 7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 8 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Charitable activities and administration	3	3

#### Employment costs

	2024 £	2023 £
Wages and salaries	63,368	46,741
Other pension costs	1,786	1,336
	65,154	48,077

There were no employees whose annual remuneration was more than £60,000.

### 9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

### 10 Tangible fixed assets

	Fixtures, fittings and equipment £
<b>Cost</b>	
At 1 April 2023	22,717
At 31 March 2024	22,717
<b>Depreciation and impairment</b>	
At 1 April 2023	20,788
Depreciation charged in the year	280
At 31 March 2024	21,068
<b>Carrying amount</b>	
At 31 March 2024	1,649
At 31 March 2023	1,929



# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 11 Debtors

	2024 £	2023 £
<b>Amounts falling due within one year:</b>		
Prepayments and accrued income	9,185	6,787

### 12 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	1,905	133
Trade creditors	64	73
Accruals and deferred income	2,526	2,045
	4,495	2,251

### 13 Retirement benefit schemes

	2024 £	2023 £
<b>Defined contribution schemes</b>		
Charge to profit or loss in respect of defined contribution schemes	1,786	1,336

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

### 14 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
NHS England - Getting Help in Neighbourhoods	20,000	20,000	(20,000)	20,000
Postcode Places Fund	-	16,622	(16,622)	-
	20,000	36,622	(36,622)	20,000

#### Previous year:

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
NHS England - Getting Help in Neighbourhoods	-	20,000	-	20,000

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 14 Restricted funds

(Continued)

The NHS England grant "Getting Help in Neighbourhoods" was provided to cover a proportion of the Counselling Lead's salary, together with contributing towards the qualified counsellor payment scheme, software to facilitate a small remote counselling provision and mental health awareness training for staff and volunteers.

The Postcode Places Trust grant was provided to part fund the counselling lead's salary over one year, to support the growth of the Leicester Counselling Centre's core service and meet the growing demand for mental health support across Leicester, Leicestershire and Rutland.

#### 15 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Dilapidations fund	25,000	-	-	-	25,000
Operational reserves	115,500	-	-	-	115,500
General funds	50,383	76,411	(78,657)	-	48,137
	<u>190,883</u>	<u>76,411</u>	<u>(78,657)</u>	<u>-</u>	<u>188,637</u>

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Dilapidations fund	25,000	-	-	-	25,000
Operational reserves	105,000	-	-	10,500	115,500
General funds	71,744	77,072	(87,933)	(10,500)	50,383
	<u>201,744</u>	<u>77,072</u>	<u>87,933</u>	<u>-</u>	<u>190,883</u>

#### 16 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
<b>At 31 March 2024:</b>			
Tangible assets	1,649	-	1,649
Current assets/(liabilities)	186,988	20,000	206,988
	<u>188,637</u>	<u>20,000</u>	<u>208,637</u>

# THE LEICESTER COUNSELLING CENTRE

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 16 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
<b>At 31 March 2023:</b>			
Tangible assets	1,929	-	1,929
Current assets/(liabilities)	188,954	20,000	208,954
	<u>190,883</u>	<u>20,000</u>	<u>210,883</u>

### 17 Operating lease commitments

#### Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024 £	2023 £
Within one year	9,600	9,600
Between two and five years	7,200	16,800
	<u>16,800</u>	<u>26,400</u>

### 18 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).