CARMARTHEN DOMESTIC ABUSE SERVICES LTD

England & Wales · Charity number 1064046

Details

Other names	CARMARTHEN WOMENS AID LIMITED
Status	Registered
Legal form	Charitable company
Company number	03386093
Registered	1997-08-20
Register	View on the Charity Commission register

Contact

Address	Former Myrddin Day Centre Cambrian Place Carmarthen Carmarthenshire SA31 1QG
Phone	01267238410
Email	info@carmdas.org
Website	www.carmdas.org

Activities

Objects: THE RELIEF OF POVERTY AND THE RELIEF OF MENTAL AND PHYSICAL DISTRESS AMONG WOMEN WHO HAVE EXPERIENCED DOMESTIC ABUSE AND AMONG THE CHILDREN OF SUCH WOMEN, BY THE PROVISION OF HOSTEL ACCOMMODATION AND BY OTHER MEANS AS WILL FURTHER THE SAID OBJECTS

Activities: SUPPORT TO WOMEN,MEN AND CHILDREN AFFECTED BY DOMESTIC ABUSEServices we provide: Refuge accommodation, Floating support, Drop-in/outreach serivice, Childrens services, courses, counselling

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Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty, Accommodation/housing
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** IN PRACTICE CARMARTHEN
- Carmarthenshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£816,346	£822,584	£735,104	19
2024-03-31	£1,094,897	£724,561	£741,352	18
2023-03-31	£704,249	£599,379	£371,016	18
2022-03-31	£564,512	£522,491	£266,146	13
2021-03-31	£495,966	£457,496	-	-

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CARMARTHEN DOMESTIC ABUSE SERVICES LTD

England & Wales - Charity number 1064046

Accounts

REGISTERED COMPANY NUMBER: 03386093 (England and Wales)
REGISTERED CHARITY NUMBER: 1064046

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

FOR

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Clay Shaw Butler
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

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CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED (REGISTERED NUMBER: 03386093)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED (REGISTERED NUMBER: 03386093)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES
Objectives and aims
OUR ORGANISATION

Carmarthen Domestic Abuse Services is a charitable company limited by guarantee. It is a Specialist Domestic Abuse Charity and its core services are refuge, floating support, outreach, therapeutic group work and children and young people services for anyone who has experienced domestic abuse.

The Objectives of Carmarthen Domestic Abuse Services are:
the relief of poverty and the relief of mental and physical distress of individuals or families, including children, who have experienced, or are at risk of experiencing, domestic abuse, sexual violence and associated issues, by the provision of hostel accommodation and by other means as will further the said objects.

Mission
Domestic abuse touches all our lives and is a result of gender inequality. We exist to support people to be free of abuse and choose their own journey.

What we do
- We listen to our clients and support them to achieve their goals in the present time, the short term and the future
- We provide refuge to women and families who need to escape domestic abuse
- We focus on the whole person and provide practical support where they need it
- We raise awareness that domestic abuse is a result of gender inequality in society
- We support children and young people to make sense of their world and understand what a healthy relationship is

Our Beliefs and Values
- We **believe** that domestic abuse is not inevitable and is a result of gender inequality in society
- We **believe** children experience domestic abuse and that they are not passive witnesses
- We **believe** men experience domestic abuse too and have barriers to disclosing due to the gender inequality in society. We believe they can contribute towards eliminating domestic abuse.
- We **believe** everyone is their own expert and have their own answers to their challenges
- We **believe** that a trauma informed, strength based approach is the most effective way to support our clients
- We are **committed** - to supporting change in our clients, to raising awareness about gender inequality and to challenging misconceptions about Domestic Abuse
- We are **curious** - our clients are important and we want help and to build a professional relationship. We want to listen to understand rather than assume we know what is happening
- We have i**ntegrity** -, we know that people are their own experts; we are respectful, open, honest and non-judgmental
- We **strive** for excellence - we invest in our team to ensure they have the skills and knowledge they need to help our clients
- We are **collaborative** - we know we do not have all the answers and strive to work with others to find solutions to effect change

The changes we want to make
- We want women and children across Carmarthenshire to
- Feel safer
- Have improved self-concept (Efficacy, Worth & Confidence)
- Have Improved Well-being
- Have Improved Support Network
- Have Improved Skills
- More Community/Stakeholder Awareness of Domestic Abuse

Our Strategic Aims
- Develop our expand our range of services based on our service model to enable a holistic, trauma-informed,

strengths-based service, that is gender informed and focused
- Develop our training and community services to ensure more people understand Domestic Abuse is a result of societal gender inequality, in unacceptable and not inevitable
- Involve our stakeholders and identify partnership opportunities and develop alliances with other organisations to enhance and broaden the reach of our work
- Continue to develop a creative, well-structured working environment that is both local and specialized. Raise our profile, fundraise, and develop new income streams to grow our resources

OBJECTIVES AND ACTIVITIES

Significant activities

Refuge

The refuge provides women and children with a safe place to stay when in crisis. 5 places are available for women and their children (if appropriate) at any one time. Workers provide intensive support with re-housing, benefits, emotional and mental well-being. They make referrals to other agencies to support issues out of our remit. Refuge can be accessed 24 hours, 7 days a week, 365 days per year.

Dispersed Accommodation

CarmDAS has purchased 2 additional properties so that we can provide crisis accommodation to service users who would not thrive in a shared refuge space. Elder victims, LGBTQIA service users, male victims, women with older children (particularly with teenage boys over 14 years old) in line with the HSG Contract.

Floating Support

A housing related project that is part of the HSG Contract and provides a more intensive and structured support to help women gain and maintain accommodation and tenancies.

Community Services

Crisis intervention service is the first point of contact for anyone needing support or advice around Domestic Abuse. In addition to telephone and remote video support, our information centre is open for survivors to access crisis support. Support provided is both practical and emotional and information is available on issues such as safety, housing, benefits and legal issues.

Rebuild Well-being Programme

Supports women to rebuild their lives after domestic abuse. It provides 1:1 support to help with well-being and focuses on understanding trauma and stress, improving confidence, discovering what works, identifying and managing feelings, recognizing strengths, making informed decisions and identifying who and what can help you.

Sexual Violence Project

Supports clients across the organisation who have experienced
sexual violence in addition to domestic abuse. Individuals are supported by a qualified
Sexual violence worker to provide specialist emotional support which is needs led and trauma
Informed.

Knowledge is Power Programme

Is designed to help build the knowledge of survivors and provide peer support. The Programme provides access to learning such as Own My Life and The Voice and provides an opportunity for survivors to meet others who have faced similar challenges.

Children & Young People's Services

CarmDAS Children & Young Peoples services provide a safe, supportive and welcoming environment for children and young people impacted by domestic abuse. The Core Services include the DASH project Families First funded project which CarmDAS lead across the County. The DASH project, a county wide initiative which provides one to one support by helping develop emotional resilience. We also deliver group programmes such as the STAR Programme. Our team are trained to deliver a range of interventions Break for Change, Drawing & Talking, Decider Skills and Healing Together. We have secured funding to provide specialist play therapy to children identified as severely impacted by Domestic/Sexual abuse.

OBJECTIVES AND ACTIVITIES

IDVA

The main purpose of the IDVA service is to address the safety of victims at high-risk of harm from intimate partners, ex-partners or family members, to secure their safety and the safety of their children. In providing a service to adult victims, every care will be taken to ensure appropriate advice and referral is provided to safeguard any dependent children. Serving as a victim's primary point of contact, IDVAs will work with their service users from the point of crisis to assess the level of risk, discuss the range of suitable options and develop individual safety and support plans.

Safer Streets Campaign

Dyfed Powys OPCC funding to deliver, in partnership with other specialist domestic abuse providers, across Mid and West Wales free practical training to support and promote change for the women and girls across our communities. To raise awareness and bystander intervention training to stop street harassment, sexual violence, violence against women and girls and domestic violence.

24 Hour Helpline

As part of the Welsh Women's Aid Federation we are able to access the Live Fear Free Helpline which provides 24 hours per day, 7 days a week, 365 days a year.

Placements and Volunteering

Volunteers are valued at CarmDAS and we continue to make available opportunities for placements, work experience. We have a qualified volunteer coordinator within the staff team and a quality kite mark. The COVID pandemic effectively ended our volunteer's involvement due to the lockdowns and further restrictions following the lifting of lockdowns. We are working towards rebuilding our volunteer base through partnership working with education establishments.

Partnership Working

Domestic Abuse is a multi-faceted issue and working collaboratively is vital to enable us to ensure that services for Domestic Abuse survivors are consistent and relevant. Carmarthen Domestic Abuse Services continues to work collaboratively with our partners across Carmarthenshire and Wales to ensure that Survivors can access the support they need. We link with other regional specialist domestic abuse specialists to ensure consistency of delivery and quality across the county. CarmDAS leads on a partnership with Calan DVS and Threshold DAS to deliver the Families First "Domestic Abuse Stops Here" project. We are also part of the delivery of the Sir Gar DAS Partnership. We are also in partnership with Threshold DAS, Calan DVS, WWDAS & MFCC to deliver the Dal i Godi IDVA service across Carmarthenshire, Ceredigion & Pembrokeshire. We have a dedicated MARAC coordinator and employ a staff champion's framework to ensure to both build expertise and ensure we are operationally connected across the area.

Staff Well-being

Our staff are important to us and CarmDAS values their knowledge and commitment to our mission and objectives. We have an employee assistance programme in place, carry out regular appraisal and supervision and provide external supervision for all staff. We have invested in learning and development to increase knowledge and expertise and have a Champion's Framework in place to build and use this knowledge to support survivors. Our team are local and embedded in the local communities.

Data Analysis

CarmDAS uses Oasis for our client case management system. Oasis was designed by case workers from the Domestic Abuse sector and initiative and easy to use, it centralizes the capture and reporting of all data and provides insightful reporting. It is also in compliance with the sector's standards of security, confidentiality and GDPR.

Policies & Procedures

Our robust policies and procedures are implemented across all of our services.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

Public benefit

We review our aims, objectives and activities each year. The review examines what we have achieved and the outcomes of our work and helps us ensure that we remain focused. The key to our success is engagement with our clients and implementing a trauma informed strengths based approach which underpins its ethos and values.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

In this financial year CarmDAS supported 695 Adults and 366 children. As in previous years, some individuals are supported by more than one of our services.

Project	Number
Refuge - Adults	16
Refuge - Children	24
CarmDAS IDVA's	235
Adult Services	444
Children and Young People	342

Source Oasis Database 2023

Impact

Overall, 94% of our adult clients & 98% of our CYP clients achieved a positive outcome as a result of support by CarmDAS. Some client comments below demonstrate the difference the support has made.

Clients Comments

"I've only been here 2 days, but the support has been amazing. From first speaking to my keyworker to moving in, it has been great and not sure I would have even got through these past two days without the support."

"There is a lack of education around domestic abuse."

"Young people need to know what consent is."

Fundraising activities

We continue to be part of the national Ask and Act Provision. We have been successful and grateful to receive grant funding applications including Welsh Women's Aid, Police & Crime Commissioners & the Home Office. We continue to be grateful to our local community & individuals who have donated items throughout the year in support of our service delivery. Please See Note 2 and 4 for a full list of funders.

FINANCIAL REVIEW

Financial position

The support by grant funders has been tremendous, demonstrating their confidence in CarmDAS' ability to provide services to those being subjected to domestic abuse despite the challenges around the pandemic and its impact on service providers, workers and clients.

Our position has slightly declined in 24/25 and the charity has made a deficit of (£6,248).

Principal funding sources

The principal funding streams consist of amounts received from the Housing Support Grant (28%), third sector grants (36%), rental income (13%) and Children's Services Grants (15%), Capital Grants (6%), and other sources (2%).

FINANCIAL REVIEW

Financial Position

Reserves Policy

It is the policy of the charity to maintain unrestricted and designated funds, to ensure sufficient reserves to meet expenditure for the period following the end of the financial year until grant payments are made for the new financial year. CarmDAS has a current free reserves total of £402,620.

The free reserves of the charity, less outstanding debtors are to equate to circa six month's expenditure. The trustees review the needs for reserves in line with guidance issued by the Charity Commission. It has been identified that the greatest area of risk to the effectiveness of the charity is loss of grant income and unexpected costs. The trustees consider that six month's reserves provides sufficient funds to cover management and administration and support costs, in the event of alternative funds needing to be sourced.

At the Balance sheet date, the level of reserves is roughly in line with that outlined in the Reserves Policy above. The Trustees are taking steps to maintain the reserves through cost reduction, additional income generation and fundraising.

FUTURE PLANS

Future Plans and Aspirations

This financial year has brought many challenges, changes and opportunities and we have demonstrated adaptability and resilience in our responses. As part of our business strategy, we will further develop our work with survivors, their children and families.

National Quality Service Standards

We continue to work with Welsh Women's Aid & were awarded the Safe Lives Leading Lights Accreditation.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Carmarthen Domestic Abuse Services Limited is a company limited by guarantee governed by its Memorandum and Articles of Association dated 20th August 1997 and amended in December 2017. It is registered as a charity with the Charity Commission.

Recruitment and appointment of new trustees

All trustees are members of the Board. Applications for trusteeship are sought by advertisement and personal contact. Trustees are elected at the Annual General Meeting, and throughout the year, as suitable candidates come forward, and are needed to maintain a balanced board.

CarmDAS trustees have distinguished careers in a wide range of areas and are selected based on their skills, expertise and experience. There is an expectation that trustees will add significant value to the work of the charity and its long-term governance. They do not receive remuneration for their role as trustees.

Organisational structure

The trustees are responsible for decisions regarding the development of strategy and policy, employment, and financial management of the charity's resources. The day to day running of the charity is delegated to Chief Executive as stated in the charity's systems and accounting procedures. Trustees meet on a regular basis throughout the year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

Each new trustee is given a CarmDAS Governance Handbook and a Trustee Recruitment Pack containing information about the charity. This includes: a brief history of Carmarthen Domestic Abuse Services Limited, an Organisation chart, details of staff, Bankers, Accountants and Auditors, a list of policies, the Charity Commission brochure ' The Essential Trustee: What you need to know' and The Company's House brochure 'Directors and Secretaries Guide' a Conflict of Interest policy, as well as a Delegation policy.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role. All Trustees attend safeguarding training and hold an Enhanced DBS.

Related parties

Carmarthen Domestic Abuse Services Limited is affiliated with Welsh Women's Aid works to influence government policy; to support member groups, to disseminate and promote best practice and promote the implementation of service delivery standards. This membership provides CarmDAS with a voice on a national level, an opportunity to learn and share experiences and achievements and maintain a national picture of domestic abuse in Wales.

The Charity works in partnership with other local and national organisations and takes an active role in the local MARAC (Multi Agency Risk Assessment Conference). There are extensive collaborative working arrangements with other local charities to ensure quality of support for survivors and consistency of services. Pobl is the landlord of the refuge and CarmDAS is active within the Homelessness Forum, the Mental Health Forum, the Housing Grant Providers Network, the Health & Social Well-being Network and the VAWDSV (Violence Against Women Domestic & Sexual Violence) Regional Frameworks.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have examined the major strategic, business and organisational risks which the charity faces and confirm the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks. To manage and mitigate risk a business risk register has been implemented and is reviewed quarterly.

The trustees have implemented a plan to mitigate these risks through income diversification, investing in efficient communication systems, employee assistance programme and additional supervision. Policies and processes were put into place quickly to adapt to a different way of working to ensure services remained relevant, responsive and speedy and safeguarded survivors and staff. There has been increased partnership working during the period due to remote communications enabling ease of access.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03386093 (England and Wales)

Registered Charity number
1064046

Registered office
Ty Myrddin
Cambrian Place
Carmarthen
Carmarthenshire
SA31 1QG

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025

Trustees
Due to the nature of the organisation the Charities Commission have agreed to an exemption from disclosing the names of all the Charities Trustees.

Company Secretary
Colleen Lindsay Bennett

Independent Examiner
Mark Jones BSc FCA
Clay Shaw Butler
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Bankers
Lloyds Bank
43 King Street
Carmarthen
Carmarthenshire
SA31 1BW

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .....and signed on its behalf by:

.....
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Independent examiner's report to the trustees of Carmarthen Domestic Abuse Services Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Jones BSc FCA

Clay Shaw Butler
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Date: .....

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	5,580	391,712	397,292	394,336
Charitable activities	5				
Community		8,396	-	8,396	-
Emergency Accomodation		117,138	123,525	240,663	206,644
Floating Support		-	122,296	122,296	128,535
Children's Services		-	38,992	38,992	38,838
Other trading activities	3	2,328	-	2,328	5,642
Investment income	4	6,131	-	6,131	4,628
Other income		248	-	248	316,274
Total		139,821	676,525	816,346	1,094,897
EXPENDITURE ON					
Raising funds	6	67	216	283	321
Charitable activities	7				
Community		21,976	305,353	327,329	241,064
Emergency Accomodation		52,911	279,676	332,587	175,072
Floating Support		-	22,544	22,544	149,056
Children's Services		1,274	138,577	139,851	157,129
Admin		-	-	-	1,919
Total		76,228	746,366	822,594	724,561
NET INCOME/(EXPENDITURE)		63,593	(69,841)	(6,248)	370,336
Transfers between funds	18	(18,649)	18,649	-	-
Net movement in funds		44,944	(51,192)	(6,248)	370,336
RECONCILIATION OF FUNDS					
Total funds brought forward		373,771	367,581	741,352	371,016
TOTAL FUNDS CARRIED FORWARD		418,715	316,389	735,104	741,352

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED (REGISTERED NUMBER: 03386093)

BALANCE SHEET
31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	31.3.25 Total funds £	31.3.24 Total funds £
FIXED ASSETS					
Tangible assets	13	16,100	301,100	317,200	319,350
CURRENT ASSETS					
Debtors	14	83,110	-	83,110	136,925
Investments	15	3,910	-	3,910	3,798
Cash at bank and in hand		369,640	15,284	384,924	297,265
		456,660	15,284	471,944	437,988
CREDITORS					
Amounts falling due within one year	16	(54,040)	-	(54,040)	(15,986)
NET CURRENT ASSETS		402,620	15,284	417,904	422,002
TOTAL ASSETS LESS CURRENT LIABILITIES		418,720	316,384	735,104	741,352
NET ASSETS		418,720	316,384	735,104	741,352
FUNDS	18				
Unrestricted funds				418,720	373,771
Restricted funds				316,384	367,581
TOTAL FUNDS				735,104	741,352

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on . ..... and were signed on its behalf by:

.....
Trustee

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	31.3.25 £	31.3.24 £
Cash flows from operating activities			
Cash generated from operations	1	81,640	265,134
Net cash provided by operating activities		81,640	265,134
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(301,100)
Investments		(112)	(128)
Interest received		6,131	4,628
Net cash provided by/(used in) investing activities		6,019	(296,600)
Change in cash and cash equivalents in the reporting period		87,659	(31,466)
Cash and cash equivalents at the beginning of the reporting period		297,265	328,731
Cash and cash equivalents at the end of the reporting period		384,924	297,265

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.25 £	31.3.24 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(6,248)	370,336
Adjustments for:		
Depreciation charges	2,150	2,150
Interest received	(6,131)	(4,628)
Decrease/(increase) in debtors	53,815	(85,682)
Increase/(decrease) in creditors	38,054	(17,042)
Net cash provided by operations	81,640	265,134

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.24 £	Cash flow £	At 31.3.25 £
Net cash			
Cash at bank and in hand	297,265	87,659	384,924
	297,265	87,659	384,924
Liquid resources			
Deposits included in cash	-	-	-
Current asset investments	3,798	112	3,910
	3,798	112	3,910
Total	301,063	87,771	388,834

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Carmarthen Domestic Abuse Services Limited (CARMDAS) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction values unless otherwise stated in the relevant accounting policy note(s).

At 31 March 2025 CARMDAS has total reserves of £735,104 and free reserves (after deducting fixed assets and restricted and designated funds) of £402,620.

The trustees consider the going concern basis adopted for the preparation of the financial statements to be appropriate.

INCOME
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

GOVERNANCE COSTS
The allocation of costs to this heading is by direct allocation from those costs that are directly attributable to the costs associated with constitutional or statutory requirements.

TANGIBLE FIXED ASSETS
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Short leasehold improvements	- 10% on cost
Computer equipment	- 33.33% on cost

Due to the nature of the majority of assets being purchased by the charity being that of furniture for the refuge, it is considered appropriate to write these smaller items off to the SOFA in the year of purchase based on historical experience that these items are generally replaced on an annual basis.

The Charity currently has a financial policy to capitalise all additional assets that are individually valued at more than £1,000.

TAXATION
The charity is exempt from corporation tax on its charitable activities.

1. ACCOUNTING POLICIES - continued

FUND ACCOUNTING
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used in accordance with the criteria set by the funder. Any virements from the original restrictions must be agreed with the funder/donor prior to taking action.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

HIRE PURCHASE AND LEASING COMMITMENTS
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

FINANCIAL INSTRUMENTS
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognise at transaction value and subsequently measured at their settlement value.

CURRENT ASSET INVESTMENT
Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.
The charitable company does not acquire put options, derivatives or other complex financial instruments.
All of the company's investments can be converted to cash immediately and as such are shown as current assets.

REALISED GAINS AND LOSSES
All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investment are calculated as the difference between sale proceeds and their opening carrying value or their purchase price if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

DEBTORS
Trade debtors and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

CREDITORS
Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

2. DONATIONS AND LEGACIES

	31.3.25	31.3.24
	£	£
Donations	6,188	2,454
Grants	391,104	391,882
	397,292	394,336

Grants received, included in the above, are as follows:

	31.3.25	31.3.24
	£	£
Children in Need	-	3,690
Millennium Stadium Charitable Trust	2,500	-
Lloyds Core Grant	-	13,889
Ministry of Justice	35,056	35,056
The Moondance Foundation Covid-19 Relief Fund	-	47,205
Regional Grant VAWDASV	22,222	22,222
Welsh Women's Aid	44,166	58,949
West Wales Domestic Abuse Services	32,215	29,365
The Henry Smith Charity	49,200	47,700
IDVA	128,256	125,806
Coomunity Matters Fund	-	6,000
Community Carers Fund	-	2,000
Waterloo Foundation	25,000	-
Homlessness Project	48,489	-
Natwest Circle Fund	4,000	-
	391,104	391,882

3. OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Fundraising events	-	2,788
Shop income	236	-
Services	2,092	2,854
	2,328	5,642

4. INVESTMENT INCOME

	31.3.25	31.3.24
	£	£
Deposit account interest	6,131	4,628

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.25	31.3.24
		£	£
Rent	Community	8,396	-
Rent	Emergency Accomodation	109,847	86,471
Residents contribution to services	Emergency Accomodation	7,043	5,226
Miscellaneous income	Emergency Accomodation	248	-
Grants	Emergency Accomodation	123,525	114,947
Grants	Floating Support	122,296	128,535
Grants	Children's Services	38,992	38,838
		410,347	374,017

Grants received, included in the above, are as follows:

	31.3.25	31.3.24
	£	£
Supported People Provider Grant - Floating Support	-	128,535
Supported People Provider Grant - Refuge	-	114,947
Sir Gar DAS	245,821	-
Welsh Women's Aid	38,992	38,838
	284,813	282,320

6. RAISING FUNDS

RAISING DONATIONS AND LEGACIES

	31.3.25	31.3.24
	£	£
Cost of generating income	216	217

6. RAISING FUNDS - continued

OTHER TRADING ACTIVITIES

	31.3.25	31.3.24
	£	£
Bad debts	67	104
Aggregate amounts	283	321

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Community	202,822	124,507	327,329
Emergency Accomodation	285,088	47,499	332,587
Floating Support	21,700	844	22,544
Children's Services	129,419	10,432	139,851
	639,029	183,282	822,311

8. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Community	121,592	2,915	124,507
Emergency Accomodation	46,233	1,266	47,499
Floating Support	844	-	844
Children's Services	10,241	191	10,432
	178,910	4,372	183,282

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.25	31.3.24
	£	£
Independent Examination Fee	4,233	3,720
Depreciation - owned assets	2,150	2,150
Other operating leases	9,600	9,617

continued...

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

11. STAFF COSTS

	31.3.25	31.3.24
	£	£
Wages and salaries	506,618	466,010
Social security costs	39,084	35,509
Other pension costs	28,425	25,040
	574,127	526,559

The average monthly number of employees during the year was as follows:

	31.3.25	31.3.24
Administration & finance	2	2
Support work	17	17
	19	19

No employee received emoluments in excess of £60,000.

The key management are considered to be 2 individuals who directly impact the strategic direction of the Charity. The total employee benefits (including gross salary, employer national insurance contributions and employer pension contributions) of the key management personnel of the Charity were £101,761.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	16,340	377,996	394,336
Charitable activities			
Emergency Accomodation	91,697	114,947	206,644
Floating Support	-	128,535	128,535
Children's Services	-	38,838	38,838
Other trading activities	5,642	-	5,642
Investment income	4,628	-	4,628
Other income	-	316,274	316,274
Total	118,307	976,590	1,094,897

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	139	182	321
Charitable activities			
Community	16,657	224,407	241,064
Emergency Accomodation	54,296	120,776	175,072
Floating Support	21,260	127,796	149,056
Children's Services	10,218	146,911	157,129
Admin	603	1,316	1,919
Total	103,173	621,388	724,561
NET INCOME	15,134	355,202	370,336
RECONCILIATION OF FUNDS			
Total funds brought forward	358,640	12,376	371,016
TOTAL FUNDS CARRIED FORWARD	373,774	367,578	741,352

13. TANGIBLE FIXED ASSETS

	Freehold property £	Short leasehold improvements £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2024 and 31 March 2025	301,100	19,300	1,100	10,654	332,154
DEPRECIATION					
At 1 April 2024	-	1,930	220	10,654	12,804
Charge for year	-	1,930	220	-	2,150
At 31 March 2025	-	3,860	440	10,654	14,954
NET BOOK VALUE					
At 31 March 2025	301,100	15,440	660	-	317,200
At 31 March 2024	301,100	17,370	880	-	319,350

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade debtors	72,103	77,515
Accrued income	8,396	57,341
Prepayments	2,611	2,069
	83,110	136,925

15. CURRENT ASSET INVESTMENTS

	31.3.25	31.3.24
	£	£
Listed investments	3,910	3,798

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.25	31.3.24
	£	£
Trade creditors	7,828	8,115
Deferred income	35,000	-
Accrued expenses	11,212	7,871
	54,040	15,986

17. LEASING AGREEMENTS

The total of future minimum lease payments under non-cancellable operating leases are as follows:

	2025	2024
	Land & buildings	Land & buildings
	£	£
Due within 1 year	1,400	8,400
Due 1- 5 years	-	1,400
Due > 5 years	-	-
	1,400	9,800

18. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	353,771	63,598	1,351	418,720
Service development fund	20,000	-	(20,000)	-
	373,771	63,598	(18,649)	418,720
Restricted funds				
SPPG - floating support	(1,215)	-	1,215	-
SPPG - refuge	4,143	-	(4,143)	-
Miscellaneous grants	74,779	-	-	74,779
Children in Need	1,376	-	(1,376)	-
Housing Strategy Grant	1,215	(80)	2,928	4,063
Millennium Stadium Charitable Trust	-	405	-	405
Welsh Goverment capital fund	179,995	-	-	179,995
Regional Revenue Grant	704	-	-	704
Moondance Foundation Grant	27,828	(29,891)	20,000	17,937
Rosa Women Thrive Fund	1,274	-	-	1,274
Henry Smith Fund	4,307	(6,176)	-	(1,869)
Safer Streets Fund	5,919	(3,500)	-	2,419
IDVA Start up Fund	12,153	112	-	12,265
Community Matters Fund	(25)	-	25	-
Screwfix Grant	4,949	(4,949)	-	-
Community Carers Fund	179	(179)	-	-
Clothworker's Grant	50,000	(50,000)	-	-
Waterloo Foundation	-	21,411	-	21,411
Homelessness Project	-	1,429	-	1,429
Natwest Circle Fund	-	1,572	-	1,572
	367,581	(69,846)	18,649	316,384
TOTAL FUNDS	741,352	(6,248)	-	735,104

continued...

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	139,821	(76,223)	63,598
Restricted funds			
Housing Strategy Grant	246,421	(246,501)	(80)
Millennium Stadium Charitable Trust	2,500	(2,095)	405
SP Funding DASH	44,167	(44,167)	-
Regional Revenue Grant	22,221	(22,221)	-
Moondance Foundation Grant	-	(29,891)	(29,891)
Henry Smith Fund	49,199	(55,375)	(6,176)
Ministry of Justice - DASV Fund	35,056	(35,056)	-
CADA Fund	38,994	(38,994)	-
Safer Streets Fund	32,219	(35,719)	(3,500)
IDVA Start up Fund	128,257	(128,145)	112
Screwfix Grant	-	(4,949)	(4,949)
Community Carers Fund	-	(179)	(179)
Clothworker's Grant	-	(50,000)	(50,000)
Waterloo Foundation	25,000	(3,589)	21,411
Homelessness Project	48,491	(47,062)	1,429
Natwest Circle Fund	4,000	(2,428)	1,572
	676,525	(746,371)	(69,846)
TOTAL FUNDS	816,346	(822,594)	(6,248)

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	338,640	44,195	382,835
Lloyds Core Grant	-	(29,064)	(29,064)
Service development fund	20,000	-	20,000
	358,640	15,131	373,771
Restricted funds			
SPPG - floating support	-	(1,215)	(1,215)
SPPG - refuge	4,143	-	4,143
Miscellaneous grants	-	74,779	74,779
Children in Need	3,180	(1,804)	1,376
Housing Strategy Grant	-	1,215	1,215
Welsh Goverment capital fund	-	179,995	179,995
Regional Revenue Grant	6,064	(5,360)	704
Moondance Foundation Grant	-	27,828	27,828
Rosa Women Thrive Fund	1,274	-	1,274
Henry Smith Fund	-	4,307	4,307
Safer Streets Fund	(30)	5,949	5,919
IDVA Start up Fund	(2,255)	14,408	12,153
Community Matters Fund	-	(25)	(25)
Screwfix Grant	-	4,949	4,949
Community Carers Fund	-	179	179
Clothworker's Grant	-	50,000	50,000
	12,376	355,205	367,581
TOTAL FUNDS	371,016	370,336	741,352

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	118,307	(74,112)	44,195
Lloyds Core Grant	-	(29,064)	(29,064)
	118,307	(103,176)	15,131
Restricted funds			
SPPG - floating support	91,765	(92,980)	(1,215)
SPPG - refuge	114,949	(114,949)	-
Miscellaneous grants	78,000	(3,221)	74,779
Children in Need	3,691	(5,495)	(1,804)
Housing Strategy Grant	36,771	(35,556)	1,215
SP Funding DASH	58,949	(58,949)	-
Welsh Goverment capital fund	183,274	(3,279)	179,995
Regional Revenue Grant	22,222	(27,582)	(5,360)
Moondance Foundation Grant	47,205	(19,377)	27,828
Henry Smith Fund	47,698	(43,391)	4,307
Ministry of Justice - DASV Fund	35,056	(35,056)	-
CADA Fund	38,838	(38,838)	-
Safer Streets Fund	29,366	(23,417)	5,949
IDVA Start up Fund	125,806	(111,398)	14,408
Community Matters Fund	6,000	(6,025)	(25)
Screwfix Grant	5,000	(51)	4,949
Community Carers Fund	2,000	(1,821)	179
Clothworker's Grant	50,000	-	50,000
	976,590	(621,385)	355,205
TOTAL FUNDS	1,094,897	(724,561)	370,336

DESIGNATED FUNDS

Service Development - The Trustees have agreed for a designated fund from reserves to be held to cover salary costs to support the development of future services.

RESTRICTED FUNDS

SPPG - Floating Support
Carmarthenshire County Council Supporting People Providers Grant for provision of structured tenancy related support services out in the community.

SPPG - Refuge
Carmarthenshire County Council Supporting People Providers Grant for provision of crisis access safe accommodation and support within refuge.

Children In Need

18. MOVEMENT IN FUNDS - continued

Children In Need's Small Grant Programme will be used to provide activity groups for children who have been impacted by Domestic Abuse in a safe and supportive environment.

Families First DASH (Domestic Abuse Stops Here)
Funding secured through Tender application from Carmarthenshire County Council Children's Partnership, Families First for provision of structured support for children 0 - 18 out in the community.

Regional Revenue Grant - The grant has been utilised to provide additional support for our Back to Me Project which focuses on well-being. This has be in response to the increase demand for services as a result of the pandemic.

Moondance Foundation Grant - The Moondance grant has enabled CarmDAS to employ an additional worker to provide service development work for charity sustainability & growth.

Henry Smith - The grant funding will provide funding towards 3 years salary & on costs of the senior Child & Youth Worker at a project supporting children, young people & their families who have been subjected to domestic abuse.

Safer Streets Funds - Project funded by Dyfed Powys Police in partnership with WWDAS to deliver the Safer Streets project within Carmthenshire.

IDVA - The IDVA project is delivered in partnership with 5 other providers across Carmarthenshire, Ceredigion & Pembrokeshire. This project is funded by Dyfed Powys Police & the Home Office to support high-risk clients.

Community Matters Fund - Screwfix awarded CarmDAS £6,000 to use for repairs to the refuge

Community Carers Fund - West Wales Care Partnership via CAVS awarded £2,000 to use for therapeutic activities for service users.

Clothworkers Grant - The Clothworker's Foundation awarded CarmDAS £50,000 of capital funding to refurbish the dispersed properties to increase security, fire safety & H&S as well as to upgrade the interiors of the properties where needed.

Waterloo Foundation - Awarded CarmDAS with £25,000 to deliver the Pathways out of Poverty project, including delivery of budgeting workshops, recycling workshops, upcycling workshops & low-cost cooking classes as well as providing attendants with slow cookers for their homes.

Homelessness Project - Delivered in partnership with Threshold & WWDAS, this project is funded by Big Lottery to prevent homelessness due to domestic abuse.

Natwest Circle Fund - Safe Lives awarded CarmDAS up to £6,000 to support clients with purchases for Crisis Intervention, Increasing Safety & Recovery & Resilience

Millennium Stadium Charitable Trust - Awarded CarmDAS £2,500 to support CarmDAS volunteers with engagement & activities

TRANSFERS BETWEEN FUNDS

A transfer of £20,000 has been made from the designated Service Development Fund to the Moondance Foundation Fund.

18. MOVEMENT IN FUNDS - continued

TRANSFERS BETWEEN FUNDS - continued

The remaining transfers between restricted to the General fund reflect under and overspends on the restricted funds.

19. EMPLOYEE BENEFIT OBLIGATIONS

The charity pays into a defined contribution pension scheme for its employees. The pension cost charge represents contributions paid by the charity to the fund and amounted to £27,419 (2024: £26,192). At the year end 31 March 2025 £Nil (2024: £Nil) of pension contributions remained outstanding.

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

CARMARTHEN DOMESTIC ABUSE SERVICES LTD

England & Wales - Charity number 1064046

Accounts

REGISTERED COMPANY NUMBER: 03386093 (England and Wales)
REGISTERED CHARITY NUMBER: 1064046

REPORT OF THE TRUSTEES AND

AUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

FOR

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Xeinadin Audit Limited
Statutory Auditors and Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

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CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED (REGISTERED NUMBER: 03386093)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

OUR ORGANISATION

Carmarthen Domestic Abuse Services is a charitable company limited by guarantee. It is a Specialist Domestic Abuse Charity and its core services are refuge, floating support, outreach, therapeutic group work and children and young people services for anyone who has experienced domestic abuse.

The Objectives of Carmarthen Domestic Abuse Services are:
the relief of poverty and the relief of mental and physical distress of individuals or families, including children, who have experienced, or are at risk of experiencing, domestic abuse, sexual violence and associated issues, by the provision of hostel accommodation and by other means as will further the said objects.

Mission
Domestic abuse touches all our lives and is a result of gender inequality. We exist to support people to be free of abuse and choose their own journey.

What we do
- We listen to our clients and support them to achieve their goals in the present time, the short term and the future
- We provide refuge to women and families who need to escape domestic abuse
- We focus on the whole person and provide practical support where they need it
- We raise awareness that domestic abuse is a result of gender inequality in society
- We support children and young people to make sense of their world and understand what a healthy relationship is

Our Beliefs and Values
- We **believe** that domestic abuse is not inevitable and is a result of gender inequality in society
- We **believe** children experience domestic abuse and that they are not passive witnesses
- We **believe** men experience domestic abuse too and have barriers to disclosing due to the gender inequality in society. We believe they can contribute towards eliminating domestic abuse.
- We **believe** everyone is their own expert and have their own answers to their challenges
- We **believe** that a trauma informed, strength based approach is the most effective way to support our clients
- We are **committed** - to supporting change in our clients, to raising awareness about gender inequality and to challenging misconceptions about Domestic Abuse
- We are **curious** - our clients are important and we want help and to build a professional relationship. We want to listen to understand rather than assume we know what is happening
- We have **integrity** -, we know that people are their own experts; we are respectful, open, honest and non-judgmental
- We **strive** for excellence - we invest in our team to ensure they have the skills and knowledge they need to help our clients
- We are **collaborative** - we know we do not have all the answers and strive to work with others to find solutions to effect change

The changes we want to make
We want women and children across Carmarthenshire to:
- Feel safer
- Have improved self-concept (Efficacy, Worth & Confidence)
- Have Improved Well-being
- Have Improved Support Network
- Have Improved Skills
- More Community/Stakeholder Awareness of Domestic Abuse

Our Strategic Aims

- Develop our expand our range of services based on our service model to enable a holistic, trauma informed, strengths based service, that is gender informed and focused
- Develop our training and community services to ensure more people understand Domestic Abuse is a result of societal gender inequality, in unacceptable and not inevitable
- Involve our stakeholders and identify partnership opportunities and develop alliances with other organisations to enhance and broaden the reach of our work
- Continue to develop a creative, well-structured working environment that is both local and specialized. Raise our profile, fundraise, and develop new income streams to grow our resources

OBJECTIVES AND ACTIVITIES

Significant activities

Refuge
The refuge provides women and children with a safe place to stay when in crisis. 5 places are available for women and their children (if appropriate) at any one time. Workers provide intensive support with re-housing, benefits, emotional and mental well-being. They make referrals to other agencies to support issues out of our remit. Refuge can be accessed 24 hours, 7 days a week, 365 days per year.

Dispersed Accommodation
CarmDAS has purchased 2 additional properties so that we can provide crisis accommodation to service users who would not thrive in a shared refuge space. Elder victims, LGBTQIA service users, male victims, women with older children (particularly with teenage boys over 14 years old) in line with the HSG Contract.

Floating Support
A housing related project that is part of the HSG Contract, and provides a more intensive and structured support to help women gain and maintain accommodation and tenancies.

Community Services
Crisis intervention service is the first point of contact for anyone needing support or advice around Domestic Abuse. In addition to telephone and remote video support, our information centre is open for survivors to access crisis support. Support provided is both practical and emotional and information is available on issues such as safety, housing, benefits and legal issues.

Rebuild Well-being Programme - supports women to rebuild their lives after domestic abuse. It provides 1:1 support to help with well-being and focuses on understanding trauma and stress, improving confidence, discovering what works, identifying and managing feelings, recognizing strengths, making informed decisions and identifying who and what can help you.

Sexual Violence Project supports clients across the organisation who have experienced sexual violence in addition to domestic abuse. Individuals are supported by a qualified Sexual violence worker to provide specialist emotional support which is needs led and trauma Informed.

Knowledge is Power Programme is designed to help build the knowledge of survivors and provide peer support. The Programme provides access to learning such as Own My Life and The Voice and provides an opportunity for survivors to meet others who have face d similar challenges.

Children & Young People's Services
CarmDAS Children & Young Peoples services provide a safe, supportive and welcoming environment for children and young people impacted by domestic abuse. The Core Services include the DASH project, a county wide initiative which provides one to one support by helping develop emotional resilience. We also deliver group programmes such as the STAR Programme. Our team are trained to deliver a range of interventions Break for Change, Drawing & Talking, Decider Skills and Healing Together. We have secured funding to provide specialist play therapy to children identified as severely impacted by Domestic/Sexual abuse.

IDVA
The main purpose of the IDVA service is to address the safety of victims at high-risk of harm from intimate partners, ex-partners or family members, to secure their safety and the safety of their children. In providing a service to adult victims, every care will be taken to ensure appropriate advice and referral is provided to safeguard any dependent children. Serving as a victim's primary point of contact, IDVAs will work with their service users from the point of crisis to assess the level of risk, discuss the range of suitable options and develop individual safety and support plans.

OBJECTIVES AND ACTIVITIES

Safer Streets Campaign

Dyfed Powys OPCC funding to deliver, in partnership with other specialist domestic abuse providers, across Mid and West Wales free practical training to support and promote change for the women and girls across our communities. To raise awareness and bystander intervention training to stop street harassment, sexual violence, violence against women and girls and domestic violence.

24 Hour Helpline

As part of the Welsh Women's Aid Federation we are able to access the Live Fear Free Helpline which provides 24 hours per day, 7 days a week, 365 days a year.

Placements and Volunteering

Volunteers are valued at CarmDAS and we continue to make available opportunities for placements, work experience. We have a qualified volunteer coordinator within the staff team and a quality kite mark. The COVID pandemic effectively ended our volunteer's involvement due to the lockdowns and further restrictions following the lifting of lockdowns. We are working towards rebuilding our volunteer base through partnership working with education establishments.

Partnership Working

Domestic Abuse is a multi-faceted issue and working collaboratively is vital to enable us to ensure that services for Domestic Abuse survivors are consistent and relevant. Carmarthen Domestic Abuse Services continues to work collaboratively with our partners across Carmarthenshire and Wales to ensure that Survivors can access the support they need. We link with other regional specialist domestic abuse specialists to ensure consistency of delivery and quality across the county. CarmDAS leads on a partnership with Calan DVS and Threshold DAS to deliver the Families First "Domestic Abuse Stops Here" project. We are also part of the delivery of the Sir Gar DAS Partnership. We are also in partnership with Threshold DAS, Calan DVS, WWDAS & MFCC to deliver the IDVA service across Carmarthenshire, Ceredigion & Pembrokeshire. We have a dedicated MARAC coordinator and employ a staff champion's framework to ensure to both build expertise and ensure we are operationally connected across the area.

Staff Well-being

Our staff are important to us and CarmDAS values their knowledge and commitment to our mission and objectives. We have an employee assistance programme in place, carry out regular appraisal and supervision and provide external supervision for all staff. We have invested in learning and development to increase knowledge and expertise and have a Champion's Framework in place to build and use this knowledge to support survivors. Our team are local and embedded in the local communities.

Data Analysis

CarmDAS uses Oasis for our client case management system. Oasis was designed by case workers from the Domestic Abuse sector and initiative and easy to use, it centralizes the capture and reporting of all data and provides insightful reporting. It is also in compliance with the sector's standards of security, confidentiality and GDPR.

Policies & Procedures

Our robust policies and procedures are implemented across all of our services.

Public benefit

We review our aims, objectives and activities each year. The review examines what we have achieved and the outcomes of our work and helps us ensure that we remain focused. The key to our success is engagement with our clients and implementing a trauma informed strengths based approach which underpins its ethos and values.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In this financial year CarmDAS supported 453 Adults and 330 children. As in previous years, some individuals are supported by more than one of our services.

Project	Number
Refuge - Adults	21
Refuge - Children	25
Community Services - First Steps	335
Community Services - Floating Support	97
Community Services - Back To Me/Rebuild	96
Community Services - Knowledge is Power	98
Children and Young People	330

Source Oasis Database 2023

Impact

Overall, 94% of our adult clients & 97% of our CYP clients achieved a positive outcome as a result of support by CarmDAS. Some client comments below demonstrate the difference the support has made.

Clients Comments

"CarmDAS and the Own My Life course have helped me more than I can explain. The course brings you this raw understanding about what has happened and leaves you wondering how you could have ever questioned yourself in the first place. It started me on my healing journey and CarmDAS have provided me with the tools, knowledge and support to carry on."

"My favourite thing was sitting down, feeling safe and having time to relax and reflect and breath safely. I got to let go of my worries and I feel more in control."

"I felt listened to and not judged in the environment and air support worker provided. I feel more confident in myself than previously".

"I enjoyed everything about STAR. Making glitter jars and reading a book each week"

"I feel great- better than ever and it has been nice to talk to someone that's qualified. My life is much better. I feel more in control of my emotions and I understand how trauma affects the brain and how this effects the body.
The sessions created a good way to talk about topics that do not normally get spoken about and I enjoyed the walk home after the session processing what we had spoken about."

"The play therapist was brilliant, I can't believe the change in my child, her angry outbursts have lessened, and our relationship has improved so much. I can't thank them enough".

Fundraising activities

The ongoing impact of the COVID 19 pandemic has limited our ability to carry out local fundraising activities in this financial year. However, we continue to be part of the national Ask and Act Provision. We have been successful and grateful to receive grant funding applications including Welsh Women's Aid, Thrive Rosa Fund, Police & Crime Commissioners, & the Home Office. CarmDAS held a fundraising event in Nov 2023 which was well attended by service users, professional organisations, public sector officials & members of the public. This fundraiser resulted in £2788 being raised. Please See Note 2 and 5 for a full list of funders.

FINANCIAL REVIEW

Financial position

Due to the ongoing impact of the Covid-19 pandemic, work continues to take place to implement our business recovery plans to respond rapidly to these changes. Flexibility and adaptability were needed to enable this to work and due to previous foresight, many systems were in place. Thanks must be given to the dedication of our staff to enable this to take place.

The support by grant funders has been tremendous, demonstrating their confidence in CarmDAS' ability to provide services to those being subjected to domestic abuse despite the challenges around the pandemic and its impact on service providers, workers and clients.

Our position has improved again in 23/24 and the charity has made a gain of £54,062, when removing 'Other Income' being the Capital grants received.

Principal funding sources

The principal funding streams consist of amounts received from the Housing Support Grant (23%), third sector grants (24%), rental income (8%) and Children's Services Grants (14%), Capital Grants (29%), and other sources (2%). Lloyds Foundation continued their funding towards CarmDAS Core Costs for part of this year.

Financial Position

Reserves Policy

It is the policy of the charity to maintain unrestricted and designated funds, to ensure sufficient reserves to meet expenditure for the period following the end of the financial year until grant payments are made for the new financial year. CarmDAS has a current free reserves total of £335,521.

The free reserves of the charity, less outstanding debtors are to equate to circa six month's expenditure. The trustees review the needs for reserves in line with guidance issued by the Charity Commission. It has been identified that the greatest area of risk to the effectiveness of the charity is loss of grant income and unexpected costs. The trustees consider that six month's reserves provides sufficient funds to cover management and administration and support costs, in the event of alternative funds needing to be sourced.

At the Balance sheet date, the level of reserves is roughly in line with that outlined in the Reserves Policy above. The Trustees are taking steps to maintain the reserves through cost reduction, additional income generation and fundraising.

FUTURE PLANS

Future Plans and Aspirations

This financial year has brought many challenges, changes and opportunities and we have demonstrated adaptability and resilience in our responses. As part of our business strategy, we will further develop our work with survivors, their children and families.

National Quality Service Standards

We continue to work with Welsh Women's Aid on reviewing and maintaining our NQSS.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Carmarthen Domestic Abuse Services Limited is a company limited by guarantee governed by its Memorandum and Articles of Association dated 20th August 1997 and amended in December 2017. It is registered as a charity with the Charity Commission.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

All trustees are members of the Board. Applications for trusteeship are sought by advertisement and personal contact. Trustees are elected at the Annual General Meeting, and throughout the year, as suitable candidates come forward, and are needed to maintain a balanced board.

CarmDAS trustees have distinguished careers in a wide range of areas and are selected based on their skills, expertise and experience. There is an expectation that trustees will add significant value to the work of the charity and its long-term governance. They do not receive remuneration for their role as trustees.

Organisational structure

The trustees are responsible for decisions regarding the development of strategy and policy, employment, and financial management of the charity's resources. The day to day running of the charity is delegated to Chief Executive as stated in the charity's systems and accounting procedures. Trustees meet on a regular basis throughout the year.

Induction and training of new trustees

Each new trustee is given a CarmDAS Governance Handbook and a Trustee Recruitment Pack containing information about the charity. This includes: a brief history of Carmarthen Domestic Abuse Services Limited, an Organisation chart, details of staff, Bankers, Accountants and Auditors, a list of policies, the Charity Commission brochure ' The Essential Trustee: What you need to know' and The Company's House brochure 'Directors and Secretaries Guide' a Conflict of Interest policy, as well as a Delegation policy.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role. All Trustees attend safeguarding training and hold an Enhanced DBS.

Related parties

Carmarthen Domestic Abuse Services Limited is affiliated with Welsh Women's Aid works to influence government policy; to support member groups, to disseminate and promote best practice and promote the implementation of service delivery standards. This membership provides CarmDAS with a voice on a national level, an opportunity to learn and share experiences and achievements and maintain a national picture of domestic abuse in Wales.

The Charity works in partnership with other local and national organisations and takes an active role in the local MARAC (Multi Agency Risk Assessment Conference). There are extensive collaborative working arrangements with other local charities to ensure quality of support for survivors and consistency of services. Pobl is the landlord of the refuge and CarmDAS is active within the Homelessness Forum, the Mental Health Forum, the Housing Grant Providers Network, the Health & Social Well-being Network and the VAWDSV (Violence Against Women Domestic & Sexual Violence) Regional Frameworks.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have examined the major strategic, business and organisational risks which the charity faces and confirm the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks. To manage and mitigate risk a business risk register has been implemented and is reviewed quarterly.

The trustees have implemented a plan to mitigate these risks through income diversification, investing in efficient communication systems, employee assistance programme and additional supervision. Policies and processes were put into place quickly to adapt to a different way of working to ensure services remained relevant, responsive and speedy and safeguarded survivors and staff. There has been increased partnership working during the period due to remote communications enabling ease of access.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03386093 (England and Wales)

Registered Charity number
1064046

Registered office
Ty Myrddin
Cambrian Place
Carmarthen
Carmarthenshire
SA31 1QG

Trustees
Due to the nature of the organisation the Charities Commission have agreed to an exemption from disclosing the names of all the Charities Trustees.

Auditors
Xeinadin Audit Limited
Statutory Auditors and Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Bankers
Lloyds Bank
43 King Street
Carmarthen
Carmarthenshire
SA31 1BW

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Carmarthen Domestic Abuse Services Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charity SORP
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

So far as the trustees are aware, there is no relevant information (as defined by Section 418 of the Companies Act 2006) of which the charitable company's auditors are unaware, and each trustee has taken all the steps that they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

AUDITORS

The auditors, Xeinadin Audit Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ..... and signed on its behalf by:

.....
Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Opinion
We have audited the financial statements of Carmarthen Domestic Abuse Services Limited (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:
- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion
We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern
In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information
The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of the audit:
- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Extent to which the audit was considered capable of detecting irregularities, including fraud
We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

Identifying and assessing potential risks related to irregularities
In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following:

- the nature of the industry and sector, control environment and business performance including the design of the Charity's remuneration policies and performance targets;
- results of our enquiries of management about their own identification and assessment of the risks of irregularities
- any matters we identified having obtained and reviewed the Charity's documentation of their policies and procedures relating to:
    - identifying, evaluating and complying with laws and regulations and whether they were aware of any instances of noncompliance;
    - detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud;
    - the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations;
- the matters discussed among the audit engagement team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud in relation to revenue recognition. In common with all audits under ISAs (UK), we are also required to perform specific procedures to respond to the risk of management override.

We also obtained an understanding of the legal and regulatory frameworks that the Charity operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included the Charities Act 2011 and Companies Act 2006.

In addition, we considered provisions of other laws and regulations that do not have a direct effect on the financial statements but compliance with which may be fundamental to the Charity's ability to operate or to avoid a material penalty. These included compliance with Health and Safety legislation, Employment legislation and Data protection laws (including General Data Protection Regulation (GDPR)).

Audit response to risks identified
As a result of performing the above, we identified revenue recognition as a key audit matter related to the potential risk of fraud.

Our procedures to respond to risks identified included the following:
- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- carrying out walkthrough, transaction testing or proof in total on all material income and expenditure streams;
- enquiring of management concerning actual and potential litigation and claims;

performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of meetings of those charged with governance and the senior management team;
- In addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.

We also communicated relevant identified laws, regulations, and potential fraud risks to all engagement team members and remained alert to any indications of fraud or noncompliance with laws and regulations throughout the audit

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report
This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Mark Jones FCA (Senior Statutory Auditor)
for and on behalf of Xeinadin Audit Limited
Statutory Auditors and Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Date: .....

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	16,340	377,996	394,336	334,595
Charitable activities	5				
Refuge		91,697	114,947	206,644	198,052
Floating Support		-	128,535	128,535	122,550
Children's Services		-	38,838	38,838	41,459
Other trading activities	3	5,642	-	5,642	6,261
Investment income	4	4,628	-	4,628	1,332
Other income		-	316,274	316,274	-
Total		118,307	976,590	1,094,897	704,249
EXPENDITURE ON					
Raising funds	6	139	182	321	603
Charitable activities	7				
Community		16,657	224,407	241,064	194,699
Refuge		54,296	120,776	175,072	142,295
Floating Support		21,260	127,796	149,056	124,624
Children's Services		10,218	146,911	157,129	137,158
Admin		603	1,316	1,919	-
Total		103,173	621,388	724,561	599,379
NET INCOME		15,134	355,202	370,336	104,870
RECONCILIATION OF FUNDS					
Total funds brought forward		358,640	12,376	371,016	266,146
TOTAL FUNDS CARRIED FORWARD		373,774	367,578	741,352	371,016

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED (REGISTERED NUMBER: 03386093)

BALANCE SHEET
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
FIXED ASSETS					
Tangible assets	13	18,250	301,100	319,350	20,400
CURRENT ASSETS					
Debtors	14	136,925	-	136,925	51,243
Investments	15	3,798	-	3,798	3,670
Cash at bank and in hand		230,784	66,481	297,265	328,731
		371,507	66,481	437,988	383,644
CREDITORS					
Amounts falling due within one year	16	(15,986)	-	(15,986)	(33,028)
NET CURRENT ASSETS		355,521	66,481	422,002	350,616
TOTAL ASSETS LESS CURRENT LIABILITIES		373,771	367,581	741,352	371,016
NET ASSETS		373,771	367,581	741,352	371,016
FUNDS	18				
Unrestricted funds				373,771	358,640
Restricted funds				367,581	12,376
TOTAL FUNDS				741,352	371,016

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....
Trustee

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	31.3.24 £	31.3.23 £
Cash flows from operating activities			
Cash generated from operations	1	265,134	45,905
Net cash provided by operating activities		265,134	45,905
Cash flows from investing activities			
Purchase of tangible fixed assets		(301,100)	(20,400)
Investments		(128)	342
Interest received		4,628	1,332
Net cash used in investing activities		(296,600)	(18,726)
Change in cash and cash equivalents in the reporting period		(31,466)	27,179
Cash and cash equivalents at the beginning of the reporting period		328,731	301,552
Cash and cash equivalents at the end of the reporting period		297,265	328,731

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.24 £	31.3.23 £
Net income for the reporting period (as per the Statement of Financial Activities)	370,336	104,870
Adjustments for:		
Depreciation charges	2,150	-
Interest received	(4,628)	(1,332)
(Increase)/decrease in debtors	(85,682)	61,210
Decrease in creditors	(17,042)	(118,843)
Net cash provided by operations	265,134	45,905

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.23 £	Cash flow £	At 31.3.24 £
Net cash			
Cash at bank and in hand	328,731	(31,466)	297,265
	328,731	(31,466)	297,265
Liquid resources			
Deposits included in cash	-	-	-
Current asset investments	3,670	128	3,798
	3,670	128	3,798
Total	332,401	(31,338)	301,063

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Carmarthen Domestic Abuse Services Limited (CARMDAS) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction values unless otherwise stated in the relevant accounting policy note(s).

At 31 March 2024 CARMDAS has total reserves of £741,352 and free reserves (after deducting fixed assets and restricted and designated funds) of £335,521.

The Supporting People programme refuge grant and the Floating Support contract have been extended to March 2024. It is expected that both grants will go out for tender shortly. However the trustees consider the going concern basis adopted for the preparation of the financial statements to be appropriate.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

GOVERNANCE COSTS

The allocation of costs to this heading is by direct allocation from those costs that are directly attributable to the costs associated with constitutional or statutory requirements.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Short leasehold improvements	-	10% on cost
Computer equipment	-	33.33% on cost

Due to the nature of the majority of assets being purchased by the charity being that of furniture for the refuge, it is considered appropriate to write these smaller items off to the SOFA in the year of purchase based on historical experience that these items are generally replaced on an annual basis.

The Charity currently has a financial policy to capitalise all additional assets that are individually valued at more than £1,000.

continued...

1. ACCOUNTING POLICIES - continued

TAXATION
The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used in accordance with the criteria set by the funder. Any virements from the original restrictions must be agreed with the funder/donor prior to taking action.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

HIRE PURCHASE AND LEASING COMMITMENTS
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

FINANCIAL INSTRUMENTS
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognise at transaction value and subsequently measured at their settlement value.

CURRENT ASSET INVESTMENT
Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.
The charitable company does not acquire put options, derivatives or other complex financial instruments.
All of the company's investments can be converted to cash immediately and as such are shown as current assets.

REALISED GAINS AND LOSSES
All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investment are calculated as the difference between sale proceeds and their opening carrying value or their purchase price if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

DEBTORS
Trade debtors and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

CREDITORS
Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

2. DONATIONS AND LEGACIES

	31.3.24	31.3.23
	£	£
Donations	2,454	4,128
Grants	391,882	330,467
	394,336	334,595

Grants received, included in the above, are as follows:

	31.3.24	31.3.23
	£	£
Children in Need	3,690	8,757
Lloyds Core Grant	13,889	33,778
Ministry of Justice	35,056	35,056
The Moondance Foundation Covid-19 Relief Fund	47,205	-
Nationwide Money Coach	-	21,088
Regional Grant VAWDASV	22,222	22,024
Rosa Fund	-	29,506
Inspiring Families	-	41,391
Healing Together	-	37,193
Welsh Government - Welsh Women's Aid - Tampon Tax	-	34,097
Welsh Women's Aid	58,949	512
West Wales Domestic Abuse Services	29,365	895
The Henry Smith Charity	47,700	45,600
Welsh Government	-	20,570
IDVA	125,806	-
Coomunity Matters Fund	6,000	-
Community Carers Fund	2,000	-
	391,882	330,467

3. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Fundraising events	2,788	-
Services	2,854	6,261
	5,642	6,261

4. INVESTMENT INCOME

	31.3.24	31.3.23
	£	£
Deposit account interest	4,628	1,332

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.24	31.3.23
		£	£
Rent	Refuge	86,471	77,920
Residents contribution to services	Refuge	5,226	5,184
Grants	Refuge	114,947	114,948
Grants	Floating Support	128,535	122,550
Grants	Children's Services	38,838	41,459
		374,017	362,061

Grants received, included in the above, are as follows:

	31.3.24	31.3.23
	£	£
Supported People Provider Grant - Floating Support	128,535	122,551
Supported People Provider Grant - Refuge	114,947	114,947
Families First	-	21,166
Welsh Women's Aid	38,838	20,293
	282,320	278,957

6. RAISING FUNDS

RAISING DONATIONS AND LEGACIES

	31.3.24	31.3.23
	£	£
Cost of generating income	217	603

OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Bad debts	104	-
Aggregate amounts	321	603

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Community	211,054	30,010	241,064
Refuge	152,219	22,853	175,072
Floating Support	113,310	35,746	149,056
Children's Services	133,797	23,332	157,129
Admin	120	1,799	1,919
	610,500	113,740	724,240

8. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Community	28,317	1,693	30,010
Refuge	22,399	454	22,853
Floating Support	34,507	1,239	35,746
Children's Services	22,836	496	23,332
Admin	1,799	-	1,799
	109,858	3,882	113,740

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.24	31.3.23
	£	£
Independent Examination Fee	3,720	3,540
Depreciation - owned assets	2,150	-
Other operating leases	9,617	9,600

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

11. STAFF COSTS

	31.3.24	31.3.23
	£	£
Wages and salaries	466,010	377,852
Social security costs	35,509	24,122
Other pension costs	25,040	21,199
	526,559	423,173

The average monthly number of employees during the year was as follows:

	31.3.24	31.3.23
Administration & finance	2	2
Support work	17	16
	19	18

No employee received emoluments in excess of £60,000.

The key management are considered to be 2 individuals who directly impact the strategic direction of the Charity. The total employee benefits (including gross salary, employer national insurance contributions and employer pension contributions) of the key management personnel of the Charity were £99,744.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	38,424	296,171	334,595
Charitable activities			
Refuge	83,104	114,948	198,052
Floating Support	-	122,550	122,550
Children's Services	-	41,459	41,459
Other trading activities	6,261	-	6,261
Investment income	1,332	-	1,332
Total	129,121	575,128	704,249
EXPENDITURE ON			
Raising funds	22	581	603
Charitable activities			
Community	21,791	172,908	194,699
Refuge	28,370	113,925	142,295
Floating Support	2,024	122,600	124,624
Children's Services	(303)	137,461	137,158
Total	51,904	547,475	599,379

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME	77,217	27,653	104,870
Transfers between funds	22,429	(22,429)	-
Net movement in funds	99,646	5,224	104,870
RECONCILIATION OF FUNDS			
Total funds brought forward	258,998	7,148	266,146
TOTAL FUNDS CARRIED FORWARD	358,644	12,372	371,016

13. TANGIBLE FIXED ASSETS

	Freehold property £	Short leasehold improvements £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2023	-	19,300	1,100	10,654	31,054
Additions	301,100	-	-	-	301,100
At 31 March 2024	301,100	19,300	1,100	10,654	332,154
DEPRECIATION					
At 1 April 2023	-	-	-	10,654	10,654
Charge for year	-	1,930	220	-	2,150
At 31 March 2024	-	1,930	220	10,654	12,804
NET BOOK VALUE					
At 31 March 2024	301,100	17,370	880	-	319,350
At 31 March 2023	-	19,300	1,100	-	20,400

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade debtors	77,515	38,629
Accrued income	57,341	6,173
Other debtors	-	501
Prepayments	2,069	5,940
	136,925	51,243

15. CURRENT ASSET INVESTMENTS

	31.3.24	31.3.23
	£	£
Listed investments	3,798	3,670

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	8,115	10,498
Deferred income	-	17,061
Accrued expenses	7,871	5,469
	15,986	33,028

17. LEASING AGREEMENTS

The total of future minimum lease payments under non-cancellable operating leases are as follows:

	2024	2023
	Land & buildings	Land & buildings
	£	£
Due within 1 year	8,400	1,600
Due 1- 5 years	1,400	-
Due > 5 years	-	-
	9,800	1,600

18. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	338,640	44,195	382,835
Lloyds Core Grant	-	(29,064)	(29,064)
Service development fund	20,000	-	20,000
	358,640	15,131	373,771
Restricted funds			
SPPG - floating support	-	(1,215)	(1,215)
SPPG - refuge	4,143	-	4,143
Miscellaneous grants	-	74,779	74,779
Children in Need	3,180	(1,804)	1,376
Housing Strategy Grant	-	1,215	1,215
Welsh Goverment capital fund	-	179,995	179,995
Regional Revenue Grant	6,064	(5,360)	704
Moondance Foundation Grant	-	27,828	27,828
Rosa Women Thrive Fund	1,274	-	1,274
Henry Smith Fund	-	4,307	4,307
Safer Streets Fund	(30)	5,949	5,919
IDVA Start up Fund	(2,255)	14,408	12,153
Community Matters Fund	-	(25)	(25)
Screwfix Grant	-	4,949	4,949
Community Carers Fund	-	179	179
Clothworker's Grant	-	50,000	50,000
	12,376	355,205	367,581
TOTAL FUNDS	371,016	370,336	741,352

continued...

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	118,307	(74,112)	44,195
Lloyds Core Grant	-	(29,064)	(29,064)
	118,307	(103,176)	15,131
Restricted funds			
SPPG - floating support	91,765	(92,980)	(1,215)
SPPG - refuge	114,949	(114,949)	-
Miscellaneous grants	78,000	(3,221)	74,779
Children in Need	3,691	(5,495)	(1,804)
Housing Strategy Grant			
	36,771	(35,556)	1,215
SP Funding DASH	58,949	(58,949)	-
Welsh Goverment capital fund	183,274	(3,279)	179,995
Regional Revenue Grant	22,222	(27,582)	(5,360)
Moondance Foundation Grant	47,205	(19,377)	27,828
Henry Smith Fund			
	47,698	(43,391)	4,307
Ministry of Justice - DASV Fund	35,056	(35,056)	-
CADA Fund	38,838	(38,838)	-
Safer Streets Fund	29,366	(23,417)	5,949
IDVA Start up Fund	125,806	(111,398)	14,408
Community Matters Fund	6,000	(6,025)	(25)
Screwfix Grant	5,000	(51)	4,949
Community Carers Fund	2,000	(1,821)	179
Clothworker's Grant	50,000	-	50,000
	976,590	(621,385)	355,205
TOTAL FUNDS	1,094,897	(724,561)	370,336

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	258,998	77,213	2,429	338,640
Service development fund	-	-	20,000	20,000
	258,998	77,213	22,429	358,640
Restricted funds				
SPPG - floating support	(875)	(96)	971	-
SPPG - refuge	2,971	1,172	-	4,143
Children in Need	2,787	393	-	3,180
Families First - DASH	3	15	(18)	-
The Community Foundation in Wales - The Henry Smith Charity	(1)	-	1	-
People's Postcode Trust - Freedom and Beyond	(164)	-	164	-
Regional Revenue Grant	-	6,065	(1)	6,064
Community Foundation Fund	(57)	-	57	-
Moondance Foundation Grant	(84)	-	84	-
Awards 4 All - Covid-19 Rebuild Grant	(14)	-	14	-
Children in Need ACES Project	1,421	-	(1,421)	-
Nationwide Money Coach fund	(115)	115	-	-
Rosa Women Thrive Fund	1,280	(6)	-	1,274
Healing Together Fund	(1)	16	(15)	-
Inspiring Families Fund	(2)	-	2	-
WWA/Tampon Tax Fund	(1)	1	-	-
Henry Smith Fund	-	1,870	(1,870)	-
Safer Streets Fund	-	(30)	-	(30)
Refuge Therapy Room Build Fund	-	20,397	(20,397)	-
IDVA Start up Fund	-	(2,255)	-	(2,255)
	7,148	27,657	(22,429)	12,376
TOTAL FUNDS	266,146	104,870	-	371,016

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	129,121	(51,908)	77,213
Restricted funds			
SPPG - floating support	89,462	(89,558)	(96)
SPPG - refuge	114,947	(113,775)	1,172
Children in Need	8,757	(8,364)	393
Families First - DASH	21,164	(21,149)	15
Regional Revenue Grant	22,027	(15,962)	6,065
Nationwide Money Coach fund	21,088	(20,973)	115
Rosa Women Thrive Fund	29,505	(29,511)	(6)
Healing Together Fund	37,194	(37,178)	16
Inspiring Families Fund	41,391	(41,391)	-
WWA/Tampon Tax Fund	34,096	(34,095)	1
Henry Smith Fund			
	45,598	(43,728)	1,870
Housing grant Fund	33,085	(33,085)	-
Ministry of Justice - DASV Fund	35,056	(35,056)	-
CADA Fund	20,294	(20,294)	-
Safer Streets Fund	895	(925)	(30)
Refuge Therapy Room Build Fund	20,570	(173)	20,397
IDVA Start up Fund	(1)	(2,254)	(2,255)
	575,128	(547,471)	27,657
TOTAL FUNDS	704,249	(599,379)	104,870

DESIGNATED FUNDS

Service Development - The Trustees have agreed for a designated fund from reserves to be held to cover salary costs to support the development of future services.

RESTRICTED FUNDS

SPPG - Floating Support
Carmarthenshire County Council Supporting People Providers Grant for provision of structured tenancy related support services out in the community.

SPPG - Refuge
Carmarthenshire County Council Supporting People Providers Grant for provision of crisis access safe accommodation and support within refuge.

Children In Need

18. MOVEMENT IN FUNDS - continued

Children In Need's Small Grant Programme will be used to provide activity groups for children who have been impacted by Domestic Abuse in a safe and supportive environment.

Families First DASH (Domestic Abuse Stops Here)
Funding secured through Tender application from Carmarthenshire County Council Children's Partnership, Families First for provision of structured support for children 0 - 18 out in the community.

People's Postcode Trust - Freedom and Beyond
To create a short film about the lives of women who have experienced domestic abuse.

Regional Revenue Grant - The grant has been utilised to provide additional support for our Back to Me Project which focuses on well-being. This has be in response to the increase demand for services as a result of the pandemic.

Community Foundation Fund - The grant has been utilised for additional staffing costs in response to the increased needs for CarmDAS services during the pandemic.

Big Lottery Rural Top up - The rural Top Up grant has been used during the year to train workers and develop an online educational training programme to clients in rural areas of Carmarthenshire who have experienced domestic abuse.

Moondance Foundation Grant - The Moondance grant has enabled CarmDAS to employ an additional worker to provide service development work for charity sustainability & growth.

Awards 4 All - Covid-19 Rebuild Grant - The funding received has been used for additional staffing costs and enabled extended support hours to be delivered in relation to the pandemic.

Children in Need - ACES Project - Working in partnership with Calan DVS to provide two child and young person support workers to be trained and deliver the ACES recovery toolkit within Carmarthenshire to those impacted by domestic abuse.

Nationwide Money Coach fund - The grant funding will provide staff and associated costs to work with
Clients affected by economic abuse.

Henry Smith - The grant funding will provide funding towards 3 years salary & on costs of the senior Child & Youth Worker at a project supporting children, young people & their families who have been subjected to domestic abuse.

Rosa Women Thrive Fund - This programme will fund work supporting the UK’s most vulnerable, disadvantaged and/or under-represented women and girls to improve their mental health and wellbeing, gaining confidence, tools, skills and support to sustain those improvements, and/or improve their financial resilience, increasing their routes out of poverty, gaining confidence, tools, skills and support to secure a stable financial future.

Inspiring Families - This project aims to provide salary and support costs to cover group worker facilitators to provide support programmes to help strengthen and stabilise families where domestic violence and abuse is a known component but the family are choosing to stay together.

18. MOVEMENT IN FUNDS - continued

WWA - Tampon Tax - the fund allocates funds generated from the VAT on sanitary products to projects to improve the lives of disadvantaged women and girls. It will cover the costs associated with appointing a Mental Ill Health Worker who will arrange referrals to The Family Therapy Team and support for people struggling with their mental health.

Big Lottery Rural Grant Programme - To provide a project and new worker working in the rural wards of Carmarthen to tackle the impact of domestic abuse on those living in rural areas of Carmarthenshire.
for women who have / are experiencing domestic abuse and who have poor mental health.

MOJ VAWDASV Covid 19 Funding - The grant has been utilised to enable additional capacity within our team to deliver support services due to increased demand caused by Covid-19.

Comic relief covid-19 emergency fund - The funding has been used to employ a senior Children and Young Persons worker to provide additional support to those impacted by domestic abuse during the pandemic and develop the service.

19. EMPLOYEE BENEFIT OBLIGATIONS

The charity pays into a defined contribution pension scheme for its employees. The pension cost charge represents contributions paid by the charity to the fund and amounted to £26,192 (2023: £21,198). At the year end 31 March 2024 £Nil (2023: £Nil) of pension contributions remained outstanding.

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

CARMARTHEN DOMESTIC ABUSE SERVICES LTD

England & Wales - Charity number 1064046

Accounts

REGISTERED COMPANY NUMBER: 03386093 (England and Wales)
REGISTERED CHARITY NUMBER: 1064046

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

FOR

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

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CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees report is prepared in accordance with the small charitable companies' regime (section 419(2)) of the Companies Act 2006.

The trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission. Significant activities that were undertaken during the year demonstrate public benefit and are set out in the following pages.

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

OUR ORGANISATION

Carmarthen Domestic Abuse Services is a charitable company limited by guarantee. It is a Specialist Domestic Abuse Charity and its core services are accessible by any individual affected by domestic and sexual abuse - these include refuge, floating support, outreach, therapeutic group work and children and young people services.

The Objectives of Carmarthen Domestic Abuse Services are:
the relief of poverty and the relief of mental and physical distress of individuals or families, including children, who have experienced, or are at risk of experiencing, domestic abuse, sexual violence and associated issues, by the provision of hostel accommodation and by other means as will further the said objects.

Mission
Domestic abuse touches all our lives and is a result of gender inequality.

We exist to support people to be free of abuse and choose their own journey.

What we do

- We listen to our clients and support them to achieve their goals in the present time, the short term and the future
- We provide refuge to women and families who need to escape domestic abuse
- We focus on the whole person and provide practical support where they need it
- We raise awareness that domestic abuse is a result of gender inequality in society
- We support children and young people to make sense of their world and understand what a healthy relationship is

Our Beliefs and Values

- We **believe** that domestic abuse is not inevitable and is a result of gender inequality in society
- We **believe** children experience domestic abuse and that they are not passive witnesses
- We **believe** men experience domestic abuse too and have barriers to disclosing due to the gender inequality in society. We believe they can contribute towards eliminating domestic abuse.
- We **believe** everyone is their own expert and have their own answers to their challenges
- We **believe** that a trauma informed, strength based approach is the most effective way to support our clients
- We are **committed** - to supporting change in our clients, to raising awareness about gender inequality and to challenging misconceptions about Domestic Abuse
- We are **curious** - our clients are important and we want help and to build a professional relationship. We want to listen to understand rather than assume we know what is happening
- We have **integrity** -, we know that people are their own experts; we are respectful, open, honest and non-judgmental
- We **strive** for excellence - we invest in our team to ensure they have the skills and knowledge they need to help our clients
- We are **collaborative** - we know we do not have all the answers and strive to work with others to find solutions to effect change

The changes we want to make

We want women and children across Carmarthenshire to

- Feel safer
- Have improved self-concept(Efficacy, Worth & Confidence)
- Have Improved Well-being
- Have Improved Support Network
- Have Improved Skills

- More Community/Stakeholder Awareness of Domestic Abuse

Our Strategic Aims

- Develop our expand our range of services based on our service model to enable a holistic, trauma informed, strengths based service, that is gender informed and focused
- Develop our training and community services to ensure more people understand Domestic Abuse is a result of societal gender inequality, in unacceptable and not inevitable
- Involve our stakeholders and identify partnership opportunities and develop alliances with other organisations in order to enhance and broaden the reach of our work
- Continue to develop a creative, well-structured working environment that is both local and specialized. Raise our profile, fundraise, and develop new income streams to grow our resources

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES

Significant activities

Refuge

The refuge provides women and children with a safe place to stay when in crisis. 5 places are available for women and their children at any one time. Workers provide intensive support with re-housing, benefits, emotional, accessing legal support and mental well-being. They make referrals to other agencies to support issues outside of our remit. Refuge can be accessed 24 hours, 7 days a week, 365 days per year.

Community Services

Crisis intervention service is the first point of contact for anyone needing support or advice around Domestic Abuse. In addition to telephone and remote video support, our information centre is open for survivors to access crisis support. Support provided is both practical and emotional and information is available on issues such as safety, housing, benefits and legal issues.

Floating Support is a housing related project that is part of a county wide initiative, Sir Gar Floating Support, and provides a more intensive and structured support to help women gain and maintain accommodation and tenancies.

Back to Me Well-being Programme - supports women to rebuild their lives after domestic abuse. It provides 1:1 support to help with well-being and focuses on understanding trauma and stress, improving confidence, discovering what works, identifying and managing feelings, recognizing strengths, making informed decisions and identifying who and what can help you. We are also running the Nationwide Money Coach programme to work with our clients with financial budgeting to support them in becoming financially independent and debt free.

Sexual Violence Project supports clients across the organisation who have experienced sexual violence in addition to the domestic abuse. Individuals are supported by an ISVA and other qualified Sexual violence workers to provide specialist emotional support which is needs led and trauma informed.

Knowledge is Power Programme is a designed to help build the knowledge of survivors and provide peer support. The Programme provides access to learning such as Own My Life and The Voice and provides an opportunity for survivors to meet others who have faced similar challenges.

Children & Young People's Services

CarmDAS Children & Young Peoples services provide a safe, supportive and welcoming environment for children and young people impacted by domestic abuse. The Core Services include the DASH project, a county wide initiative which provides one to one support by helping develop emotional resilience. We also deliver group programmes such as the STAR Programme and STAR Prevention. Our team are trained to deliver a range of interventions Break for Change, Drawing & Talking, Decider Skills and Healing Together. We have secured funding to provide specialist play therapy to children identified as severely impacted by Domestic/Sexual abuse.

Safer Streets Campaign

Dyfed Powys OPCC funding to deliver, in partnership with other specialist domestic abuse providers, across Mid and West Wales free practical training to support and promote change for the women and girls across our communities. To raise awareness and bystander intervention training to stop street harassment, sexual violence, violence against women and girls and domestic violence.

24 Hour Helpline

As part of the Welsh Women's Aid Federation we are able to access the Live Fear Free Helpline which provides 24 hours per day, 7 days a week, 365 days a year.

OBJECTIVES AND ACTIVITIES

Placements and Volunteering

Volunteers are valued at CarmDAS and we continue to make available opportunities for placements, work experience. We have a qualified volunteer coordinator within the staff team and a quality kite mark. The COVID pandemic effectively ended our volunteer's involvement due to the lockdowns and further restrictions following the lifting of lockdowns. We are working towards rebuilding our volunteer base through partnership working with education establishments.

Partnership Working

Domestic Abuse is a multi-faceted issue and working collaboratively is vital to enable us to ensure that services for Domestic Abuse survivors are consistent and relevant.

Carmarthen Domestic Abuse Services continues to work collaboratively with our partners across Carmarthenshire and Wales to ensure that Survivors are able to access the support they need. We link with other regional specialist domestic abuse specialists to ensure consistency of delivery and quality across the county. CarmDAS leads on a partnership with Calan DVS and Threshold DAS to deliver the Families First "Domestic Abuse Stops Here" and "Healing Together" projects. They are also part of the delivery of the Sir Gar Floating Support Partnership and work with Calan DVS on delivering the "Inspiring Families" project. We have a dedicated MARAC coordinator and employ a staff champion's framework to ensure to both build expertise and ensure we are operationally connected across the area.

Staff Well-being

Our staff are important to us and CarmDAS values their knowledge and commitment to our mission and objectives. We have an employee assistance programme in place, carry out regular appraisal and supervision and provide external supervision for all staff. We have invested in learning and development to increase knowledge and expertise and have a Champion's Framework in place to build and use this knowledge to support survivors. Our team are local and embedded in the local communities.

Data Analysis

CarmDAS uses Oasis for our client case management system. Oasis was designed by case workers from the Domestic Abuse sector and initiative and easy to use, it centralizes the capture and reporting of all data and provides insightful reporting. It is also in compliance with the sector's standards of security, confidentiality and GDPR.

Policies & Procedures

Our robust policies and procedures are implemented across all of our services.

Public benefit

We review our aims, objectives and activities each year. The review examines what we have achieved and the outcomes of our work and helps us ensure that we remain focused. The key to our success is engagement with our clients and implementing a trauma informed strengths based approach which underpins its ethos and values.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In this financial year CarmDAS supported 426 Adults and 231 children. As in previous years some individuals are supported by more than one of our services.

Project	Number
Refuge - Adults	17
Refuge - Children	26
Community Services - First Steps	409
Community Services - Floating Support	96
Community Services - Back To Me/Rebuild	103
Community Services - Knowledge is Power	66
Children and Young People	231

Source Oasis Database 2023

Impact

Overall, 92% of our adult clients & 98% of our CYP clients achieved a positive outcome as a result of support by CarmDAS. Some client comments below demonstrate the difference the support has made.

Client Comments

"Counselling was helpful and helped me to build resilience and motivation."

"Support enabled me to leave a toxic relationship and helped me gain more self-worth."

"Counselling helped me with self-nurturing, self-worth and I am now also able to process what happened in my previous relationship and focus on myself and my growth."

"I started to believe I was a good mum and I have learned new ways to help me to reinforce positive thoughts."

"I have been able to deal with past traumatic experiences. I now feel I can move on in a positive way."

"Support made me stronger. I feel less guilt and less shame. It helped me understand my children and be able to help them more. Meeting other women who had been through the same things, helped me stop feeling so alone."

"Being with others that have had their similar experiences and knowing there is light at the end of the tunnel and I can be a better me in the end."

"It was a massive support system for me and the staff were so helpful and caring to each of our needs. It was nice to be around people that you could be open with."

"The healing process is like a roller coaster there can be extremes highs and lows, but the staff in refuge were my seat belt. They kept me focused and motivated when I couldn't find the inner strength on the low days. The support with financial help, the courts, the housing, answering the hard questions regarding kids and contact and just being a friend saved me from my worst demons. I'll be forever grateful for the staff guiding me through this painful process, that I can now enjoy life as a free, safe woman, showing the way for my daughters, so they will never forget their self-worth."

"Having 1:1 sessions, advice for bettering myself mentally and financially, helping with paperwork, being a listening ear. The lack of judgement is a massive help to openly talk about issues without fear of being judged."

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE

Fundraising activities

The ongoing impact of the COVID 19 pandemic has limited our ability to carry out local fundraising activities in this financial year. However we continue to be part of the national Ask and Act Provision. We have been successful and grateful to receive grant funding applications including Nationwide, Welsh Women's Aid, Thrive Rosa Fund, Children In Need, Police & Crime Commissioners, & the Home Office. We received top up funding from Lloyds Foundation to support us with central costs. Please See Note 2 and 4 for a full list of funders.

FINANCIAL REVIEW

Financial position

The Charity continues to strive for delivering a needs led service from a diversified range of income streams and be in a position to demonstrate financial resilience. Flexibility and adaptability is needed to ensure the continuation of our work. Thanks must be given to the dedication of our trustee's and staff to enable this to take place.

The support by grant funders has been tremendous demonstrating their confidence in CarmDAS' ability to provide services to those being subjected to domestic abuse despite the challenges around the pandemic and its impact on service providers, workers and clients.

Our position has improved again in 22/23 and the charity has made a gain of a **£104,870.**

At 31 March 2023 CARMDAS has total reserves of £371,015 and free reserves (after deducting restricted and designated funds) of £318,240.

Principal funding sources

The principle funding streams consist of amounts received from the Housing Support Grant (41%), third sector grants (30%), rental income (13%) and Children's Services Grants (16%). Lloyds Foundation continue with their funding towards CarmDAS Core Costs.

Financial Position

Reserves Policy

It is the policy of the charity to maintain unrestricted and designated funds, to ensure sufficient reserves to meet expenditure for the period following the end of the financial year until grant payments are made for the new financial year.

The free reserves of the charity less outstanding debtors are to equate to circa six month's expenditure. The trustees review the needs for reserves in line with guidance issued by the Charity Commission. It has been identified that the greatest area of risk to the effectiveness of the charity is loss of grant income and unexpected costs. The trustees consider that six month's reserves provides sufficient funds to cover management and administration and support costs, in the event of alternative funds needing to be sourced.

At the Balance sheet date, the level of reserves is roughly in line with that outlined in the Reserves Policy above. The Trustees are taking steps to maintain the reserves through cost reduction, additional income generation and fundraising.

FUTURE PLANS

Future Plans and Aspirations

This financial year has brought many challenges, changes and opportunities and we have demonstrated adaptability and resilience in our responses. As part of our business strategy we will further develop our work with survivors, their children and families.

National Quality Service Standards

We have completed the mid-point review for the Welsh Women's Aid NQSS and achieved a high standard of feedback.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Carmarthen Domestic Abuse Services Limited is a company limited by guarantee governed by its Memorandum and Articles of Association dated 20th August 1997 and amended in December 2017. It is registered as a charity with the Charity Commission

Recruitment and appointment of new trustees

All trustees are members of the Board. Applications for trusteeship are sought by advertisement and personal contact. Trustees are elected at the Annual General Meeting, and throughout the year, as suitable candidates come forward, and are needed to maintain a balanced board.

CarmDAS trustees have distinguished careers in a wide range of areas and are selected based on their skills expertise and experience. There is an expectation that trustees will add significant value to the work of the charity and its long term governance. They do not receive remuneration for their role as trustees.

Organisational structure

The trustees are responsible for decisions regarding the development of strategy and policy, employment, and financial management of the charity's resources. The day to day running of the charity is delegated to Chief Executive as stated in the charity's systems and accounting procedures. Trustees meet on a regular basis throughout the year.

Induction and training of new trustees

Each new trustee is given a Trustee handbook containing information about the charity. This includes: a brief history of Carmarthen Domestic Abuse Services Limited, an Organisation chart, details of staff, Bankers, Accountants and Auditors, a list of policies, the Charity Commission brochure ' The Essential Trustee: What you need to know' and The Company's House brochure 'Directors and Secretaries Guide' a Conflict of Interest policy, as well as a Delegation policy.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role

Related parties

Carmarthen Domestic Abuse Services Limited is affiliated to Welsh Women's Welsh Women's Aid works to influence government policy; to support member groups, to disseminate and promote best practice and promote the implementation of service delivery standards. This membership provides CarmDAS with a voice on a national level, an opportunity to learn and share experiences and achievements and maintain a national picture of domestic abuse in Wales.

The Charity works in partnership with other local and national organisations and take an active role in the local MARAC (Multi Agency Risk Assessment Conference). There is extensive collaborative working arrangements with other local charities to ensure quality of support for survivors and consistency of services. Pobl is the landlord of the refuge and CarmDAS is active within the Homelessness Forum, the Mental Health Forum, the Housing Grant Providers Network, the Health & Social Well-being Network and the VAWDSV (Violence Against Women Domestic & Sexual Violence) Regional Frameworks.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have examined the major strategic, business and organisational risks which the charity faces and confirm the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks. To manage and mitigate risk a business risk register has been implemented and is reviewed quarterly.

The main risks raised as part of this process is the upcoming commission of the Housing Grant Contracts due to take place in 2023.

The trustees have implemented plan in place to mitigate these risks through income diversification, investing in efficient communication systems, employee assistance programme and additional supervision. Policies and processes were put into place quickly to adapt to a different way of working to ensure services remained relevant, responsive and speedy and safeguarded survivors and staff. There has been increased partnership working during the period due to remote communications enabling ease of access.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03386093 (England and Wales)

Registered Charity number
1064046

Registered office
Ty Myrddin
Cambrian Place
Carmarthen
Carmarthenshire
SA31 1QG

Trustees
Due to the nature of the organisation the Charities Commission have agreed to an exemption from disclosing the names of all the Charities Trustees.

Company Secretary
Colleen Lindsay Bennett

Independent Examiner
Mark Jones BSc FCA
Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers
Lloyds Bank
43 King Street
Carmarthen
Carmarthenshire
SA31 1BW

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .....24/11/2023..... and signed on its behalf by:

[redacted]

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Independent examiner's report to the trustees of Carmarthen Domestic Abuse Services Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Jones BSc FCA

Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Date: 24/11/2023

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	38,424	296,171	334,595	221,186
Charitable activities	5				
Community		-	-	-	4,176
Refuge		83,104	114,948	198,052	193,840
Floating Support		-	122,550	122,550	122,550
Children's Services		-	41,459	41,459	21,166
Other trading activities	3	6,261	-	6,261	1,500
Investment income	4	1,332	-	1,332	94
Total		129,121	575,128	704,249	564,512
EXPENDITURE ON					
Raising funds	6	22	581	603	-
Charitable activities	7				
Community		21,795	172,904	194,699	191,876
Refuge		28,370	113,925	142,295	162,125
Floating Support		2,024	122,600	124,624	121,804
Children's Services		(303)	137,461	137,158	46,686
Total		51,908	547,471	599,379	522,491
NET INCOME		77,213	27,657	104,870	42,021
Transfers between funds	18	22,429	(22,429)	-	-
Net movement in funds		99,642	5,228	104,870	42,021
RECONCILIATION OF FUNDS					
Total funds brought forward		258,998	7,148	266,146	224,125
TOTAL FUNDS CARRIED FORWARD		358,640	12,376	371,016	266,146

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

BALANCE SHEET
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	13	20,400	-	20,400	-
CURRENT ASSETS					
Debtors	14	14,354	36,889	51,243	112,453
Investments	15	3,670	-	3,670	4,012
Cash at bank and in hand		351,179	(22,448)	328,731	301,552
		369,203	14,441	383,644	418,017
CREDITORS					
Amounts falling due within one year	16	(30,963)	(2,065)	(33,028)	(151,871)
NET CURRENT ASSETS		338,240	12,376	350,616	266,146
TOTAL ASSETS LESS CURRENT LIABILITIES		358,640	12,376	371,016	266,146
NET ASSETS		358,640	12,376	371,016	266,146
FUNDS	18				
Unrestricted funds				358,640	258,998
Restricted funds				12,376	7,148
TOTAL FUNDS				371,016	266,146

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on .....24/11/2023..... and were signed on its behalf by:

[redacted]

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

	Notes	31.3.23 £	31.3.22 £
Cash flows from operating activities			
Cash generated from operations	1	45,905	15,835
Net cash provided by operating activities		45,905	15,835
Cash flows from investing activities			
Purchase of tangible fixed assets		(20,400)	-
Investments		342	179
Interest received		1,332	94
Net cash (used in)/provided by investing activities		(18,726)	273
Change in cash and cash equivalents in the reporting period		27,179	16,108
Cash and cash equivalents at the beginning of the reporting period		301,552	285,444
Cash and cash equivalents at the end of the reporting period		328,731	301,552

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.23 £	31.3.22 £
Net income for the reporting period (as per the Statement of Financial Activities)	104,870	42,021
Adjustments for:		
Depreciation charges	-	986
Interest received	(1,332)	(94)
Decrease/(increase) in debtors	61,210	(68,960)
(Decrease)/increase in creditors	(118,843)	41,882
Net cash provided by operations	45,905	15,835

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.22 £	Cash flow £	At 31.3.23 £
Net cash			
Cash at bank and in hand	301,552	27,179	328,731
	301,552	27,179	328,731
Liquid resources			
Deposits included in cash	-	-	-
Current asset investments	4,012	(342)	3,670
	4,012	(342)	3,670
Total	305,564	26,837	332,401

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Carmarthen Domestic Abuse Services Limited (CARMDAS) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction values unless otherwise stated in the relevant accounting policy note(s).

At 31 March 2023 CARMDAS has total reserves of £371,015 and free reserves (after deducting restricted and designated funds) of £318,240.

The Supporting People programme refuge grant and the Floating Support contract have been extended to March 2024. It is expected that both grants will go out for tender shortly. However the trustees consider the going concern basis adopted for the preparation of the financial statements to be appropriate.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

GOVERNANCE COSTS

The allocation of costs to this heading is by direct allocation from those costs that are directly attributable to the costs associated with constitutional or statutory requirements.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Short leasehold improvements	- 10% on cost
Computer equipment	- 33.33% on cost

Due to the nature of the majority of assets being purchased by the charity being that of furniture for the refuge, it is considered appropriate to write these smaller items off to the SOFA in the year of purchase based on historical experience that these items are generally replaced on an annual basis.

The Charity currently has a financial policy to capitalise all additional assets that are individually valued at more than £1,000.

continued...

1. ACCOUNTING POLICIES - continued

TAXATION
The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used in accordance with the criteria set by the funder. Any virements from the original restrictions must be agreed with the funder/donor prior to taking action.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

HIRE PURCHASE AND LEASING COMMITMENTS
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

FINANCIAL INSTRUMENTS
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognise at transaction value and subsequently measured at their settlement value.

CURRENT ASSET INVESTMENT
Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.
The charitable company does not acquire put options, derivatives or other complex financial instruments.
All of the company's investments can be converted to cash immediately and as such are shown as current assets.

REALISED GAINS AND LOSSES
All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investment are calculated as the difference between sale proceeds and their opening carrying value or their purchase price if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

DEBTORS
Trade debtors and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

CREDITORS
Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

continued...

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	4,128	4,426
Grants	330,467	216,760
	334,595	221,186

Grants received, included in the above, are as follows:

	31.3.23	31.3.22
	£	£
Children in Need	8,757	16,717
Big Lottery Funds - Awards for All	-	2,000
Comic Relief	-	10,413
Farm Rural Grant	-	12,833
Lloyds Core Grant	33,778	32,500
Ministry of Justice	35,056	5,174
Carmarthenshire County Council Regional Fund	-	2,063
Community Foundation Wales	-	3,750
The Moondance Foundation Covid-19 Relief Fund	-	4,854
Nationwide Money Coach	21,088	21,087
Regional Grant VAWDASV	22,024	22,688
Rosa Fund	29,506	19,671
Inspiring Families	41,391	34,223
Healing Together	37,193	28,787
Welsh Government - Welsh Women's Aid - Tampon Tax	34,097	-
Welsh Women's Aid	512	-
West Wales Domestic Abuse Services	895	-
The Henry Smith Charity	45,600	-
Welsh Government	20,570	-
	330,467	216,760

3. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Training	-	1,500
Services	6,261	-
	6,261	1,500

continued...

4. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Deposit account interest	1,332	94

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.23	31.3.22
		£	£
Grants	Community	-	4,176
Rent	Refuge	77,920	74,736
Residents contribution to services	Refuge	5,184	4,157
Grants	Refuge	114,948	114,947
Grants	Floating Support	122,550	122,550
Grants	Children's Services	41,459	21,166
		362,061	341,732

Grants received, included in the above, are as follows:

	31.3.23	31.3.22
	£	£
Supported People Provider Grant - Floating Support	122,551	122,550
Supported People Provider Grant - Refuge	114,947	114,947
Families First	21,166	21,166
People's Postcode Trust	-	4,176
Welsh Women's Aid	20,293	-
	278,957	262,839

6. RAISING FUNDS

RAISING DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Cost of generating income	603	-

continued...

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 8)	Totals
	£	£	£
Community	129,191	65,508	194,699
Refuge	125,120	17,175	142,295
Floating Support	92,433	32,191	124,624
Children's Services	108,708	28,450	137,158
	455,452	143,324	598,776

8. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Community	63,916	1,592	65,508
Refuge	16,325	850	17,175
Floating Support	31,492	699	32,191
Children's Services	27,612	838	28,450
	139,345	3,979	143,324

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Independent Examination Fee	3,540	3,542
Depreciation - owned assets	-	986
Other operating leases	9,600	9,600

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

continued...

11. STAFF COSTS

	31.3.23	31.3.22
	£	£
Wages and salaries	377,852	341,313
Social security costs	24,122	22,319
Other pension costs	21,199	19,232
	423,173	382,864

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Administration & finance	2	2
Support work	16	11
	18	13

No employee received emoluments in excess of £60,000.

The key management are considered to be 2 individuals who directly impact the strategic direction of the Charity. The total employee benefits (including gross salary, employer national insurance contributions and employer pension contributions) of the key management personnel of the Charity were £87,649.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	36,923	184,263	221,186
Charitable activities			
Community	-	4,176	4,176
Refuge	78,893	114,947	193,840
Floating Support	-	122,550	122,550
Children's Services	-	21,166	21,166
Other trading activities	1,500	-	1,500
Investment income	94	-	94
Total	117,410	447,102	564,512
EXPENDITURE ON			
Charitable activities			
Community	19,184	172,692	191,876
Refuge	48,182	113,943	162,125
Floating Support	-	121,804	121,804
Children's Services	-	46,686	46,686
Total	67,366	455,125	522,491

continued...

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	50,044	(8,023)	42,021
Transfers between funds	2,114	(2,114)	-
Net movement in funds	52,158	(10,137)	42,021
RECONCILIATION OF FUNDS			
Total funds brought forward	206,840	17,285	224,125
TOTAL FUNDS CARRIED FORWARD	258,998	7,148	266,146

13. TANGIBLE FIXED ASSETS

	Short leasehold improvements £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2022	-	-	10,654	10,654
Additions	19,300	1,100	-	20,400
At 31 March 2023	19,300	1,100	10,654	31,054
DEPRECIATION				
At 1 April 2022 and 31 March 2023	-	-	10,654	10,654
NET BOOK VALUE				
At 31 March 2023	19,300	1,100	-	20,400
At 31 March 2022	-	-	-	-

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade debtors	38,629	99,405
Accrued income	6,173	4,998
Other debtors	501	-
Prepayments	5,940	8,050
	51,243	112,453

continued...

15. CURRENT ASSET INVESTMENTS

	31.3.23	31.3.22
	£	£
Listed investments	3,670	4,012

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23	31.3.22
	£	£
Trade creditors	10,498	44,129
Deferred income	17,061	98,744
Accrued expenses	5,469	8,998
	33,028	151,871

17. LEASING AGREEMENTS

The total of future minimum lease payments under non-cancellable operating leases are as follows:

	2023	2022
	Land & buildings	Land & buildings
	£	£
Due within 1 year	1,600	9,600
Due 1- 5 years	-	1,600
Due > 5 years	-	-
	1,600	11,200

continued...

18. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	258,998	77,213	2,429	338,640
Service development fund	-	-	20,000	20,000
	258,998	77,213	22,429	358,640
Restricted funds				
SPPG - floating support	(875)	(96)	971	-
SPPG - refuge	2,971	1,172	-	4,143
Children in Need	2,787	393	-	3,180
Families First - DASH	3	15	(18)	-
The Community Foundation in Wales - The Henry Smith Charity	(1)	-	1	-
People's Postcode Trust - Freedom and Beyond	(164)	-	164	-
Regional Revenue Grant	-	6,065	(1)	6,064
Community Foundation Fund	(57)	-	57	-
Moondance Foundation Grant	(84)	-	84	-
Awards 4 All - Covid-19 Rebuild Grant	(14)	-	14	-
Children in Need ACES Project	1,421	-	(1,421)	-
Nationwide Money Coach fund	(115)	115	-	-
Rosa Women Thrive Fund	1,280	(6)	-	1,274
Healing Together Fund	(1)	16	(15)	-
Inspiring Families Fund	(2)	-	2	-
WWA/Tampon Tax Fund	(1)	1	-	-
Henry Smith Fund	-	1,870	(1,870)	-
Safer Streets Fund	-	(30)	-	(30)
Refuge Therapy Room Build Fund	-	20,397	(20,397)	-
IDVA Start up Fund	-	(2,255)	-	(2,255)
	7,148	27,657	(22,429)	12,376
TOTAL FUNDS	266,146	104,870	-	371,016

continued...

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	129,121	(51,908)	77,213
Restricted funds			
SPPG - floating support	89,462	(89,558)	(96)
SPPG - refuge	114,947	(113,775)	1,172
Children in Need	8,757	(8,364)	393
Families First - DASH	21,164	(21,149)	15
Regional Revenue Grant	22,027	(15,962)	6,065
Nationwide Money Coach fund	21,088	(20,973)	115
Rosa Women Thrive Fund	29,505	(29,511)	(6)
Healing Together Fund	37,194	(37,178)	16
Inspiring Families Fund	41,391	(41,391)	-
WWA/Tampon Tax Fund	34,096	(34,095)	1
Henry Smith Fund	45,598	(43,728)	1,870
Housing grant Fund	33,085	(33,085)	-
Ministry of Justice - DASV Fund	35,056	(35,056)	-
CADA Fund	20,294	(20,294)	-
Safer Streets Fund	895	(925)	(30)
Refuge Therapy Room Build Fund	20,570	(173)	20,397
IDVA Start up Fund	(1)	(2,254)	(2,255)
	575,128	(547,471)	27,657
TOTAL FUNDS	704,249	(599,379)	104,870

continued...

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	206,840	50,044	2,114	258,998
Restricted funds				
SPPG - floating support	(1,620)	745	-	(875)
SPPG - refuge	1,966	1,005	-	2,971
Children in Need	2,118	669	-	2,787
Families First - DASH	3	-	-	3
The Community Foundation in Wales - The Henry Smith Charity	-	(1)	-	(1)
People's Postcode Trust - Freedom and Beyond	3,850	(4,014)	-	(164)
Big Lottery Rural Grant Programme	3,172	(1,058)	(2,114)	-
Community Foundation Fund	1,066	(1,123)	-	(57)
Big Lottery Rural Top Up Grant	3,448	(3,448)	-	-
Moondance Foundation Grant	(1,234)	1,150	-	(84)
Awards 4 All - Covid-19 Rebuild Grant	4,151	(4,165)	-	(14)
Comic Relief Covid-19 Emergency Fund	(415)	415	-	-
Children in Need ACES Project	894	527	-	1,421
Nationwide Money Coach fund	(114)	(1)	-	(115)
Rosa Women Thrive Fund	-	1,280	-	1,280
Healing Together Fund	-	(1)	-	(1)
Inspiring Families Fund	-	(2)	-	(2)
WWA/Tampon Tax Fund	-	(1)	-	(1)
	17,285	(8,023)	(2,114)	7,148
TOTAL FUNDS	224,125	42,021	-	266,146

continued...

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	117,410	(67,366)	50,044
Restricted funds			
SPPG - floating support	122,550	(121,805)	745
SPPG - refuge	114,948	(113,943)	1,005
Children in Need	6,192	(5,523)	669
Families First - DASH	21,166	(21,166)	-
The Community Foundation in Wales - The Henry Smith Charity	-	(1)	(1)
People's Postcode Trust - Freedom and Beyond	4,175	(8,189)	(4,014)
Big Lottery Rural Grant Programme	12,833	(13,891)	(1,058)
Regional Revenue Grant	24,749	(24,749)	-
MOJ VAWDASV Covid 19 Fund	5,174	(5,174)	-
Community Foundation Fund	3,750	(4,873)	(1,123)
Big Lottery Rural Top Up Grant	1	(3,449)	(3,448)
Moondance Foundation Grant	4,854	(3,704)	1,150
Awards 4 All - Covid-19 Rebuild Grant	1,999	(6,164)	(4,165)
Comic Relief Covid-19 Emergency Fund	10,413	(9,998)	415
Children in Need ACES Project	10,527	(10,000)	527
Nationwide Money Coach fund	21,086	(21,087)	(1)
Rosa Women Thrive Fund	19,672	(18,392)	1,280
Healing Together Fund	28,787	(28,788)	(1)
Inspiring Families Fund	34,226	(34,228)	(2)
WWA/Tampon Tax Fund	-	(1)	(1)
	447,102	(455,125)	(8,023)
TOTAL FUNDS	564,512	(522,491)	42,021

DESIGNATED FUNDS

Service Development - The Trustees have agreed for a designated fund from reserves to be held to cover salary costs to support the development of future services.

RESTRICTED FUNDS

SPPG - Floating Support
Carmarthenshire County Council Supporting People Providers Grant for provision of structured tenancy related support services out in the community.

SPPG - Refuge
Carmarthenshire County Council Supporting People Providers Grant for provision of crisis access safe accommodation and support within refuge.

continued...

18. MOVEMENT IN FUNDS - continued

Children In Need
Children In Need's Small Grant Programme will be used to provide activity groups for children who have been impacted by Domestic Abuse in a safe and supportive environment.

Families First DASH (Domestic Abuse Stops Here)
Funding secured through Tender application from Carmarthenshire County Council Children's Partnership, Families First for provision of structured support for children 0 - 18 out in the community.

People's Postcode Trust - Freedom and Beyond
To create a short film about the lives of women who have experienced domestic abuse.

Regional Revenue Grant - The grant has been utilised to provide additional support for our Back to Me Project which focuses on well-being. This has be in response to the increase demand for services as a result of the pandemic

Community Foundation Fund - The grant has been utilised for additional staffing costs in response to the increased needs for CarmDAS services during the pandemic

Big Lottery Rural Top up - The rural Top Up grant has been used during the year to train workers and develop an online educational training programme to clients in rural areas of Carmarthenshire who have experienced domestic abuse

Moondance Foundation Grant - The Moondance grant has enabled CarmDAS to employ an additional worker to provide practical and emotional support to survivors in response to the increased demand caused by the pandemic

Awards 4 All - Covid-19 Rebuild Grant - The funding received has been used for additional staffing costs and enabled extended support hours to be delivered in relation to the pandemic

Children in Need - ACES Project - Working in partnership with Calan DVS to provide two child and young person support workers to be trained and deliver the ACES recovery toolkit within Carmarthenshire to those impacted by domestic abuse

Nationwide Money Coach fund - The grant funding will provide staff and associated costs to work with Clients affected by economic abuse.

Henry Smith - The grant funding will provide funding towards 3 years salary & on costs of the senior Child & Youth Worker at a project supporting children, young people & their families who have been subjected to domestic abuse.

Rosa Women Thrive Fund - This programme will fund work supporting the UK's most vulnerable, disadvantaged and/or under-represented women and girls to improve their mental health and wellbeing, gaining confidence, tools, skills and support to sustain those improvements, and/or improve their financial resilience, increasing their routes out of poverty, gaining confidence, tools, skills and support to secure a stable financial future.

Inspiring Families - This project aims to provide salary and support costs to cover group worker facilitators to provide support programmes to help strengthen and stabilise families where domestic violence and abuse is a known component but the family are choosing to stay together.

continued...

18. MOVEMENT IN FUNDS - continued

WWA - Tampon Tax - the fund allocates funds generated from the VAT on sanitary products to projects to improve the lives of disadvantaged women and girls. It will cover the costs associated with appointing a Mental Ill Health Worker who will arrange referrals to The Family Therapy Team and support for people struggling with their mental health.

Big Lottery Rural Grant Programme - To provide a project and new worker working in the rural wards of Carmarthen to tackle the impact of domestic abuse on those living in rural areas of Carmarthenshire.

MOJ VAWDASV Covid 19 Funding - The grant has been utilised to enable additional capacity within our team to deliver support services due to increased demand caused by Covid-19.

Comic relief covid-19 emergency fund - The funding has been used to employ a senior Children and Young Persons worker to provide additional support to those impacted by domestic abuse during the pandemic and develop the service.

TRANSFERS BETWEEN FUNDS

A transfer of £20,400 has been made from the Refuge Therapy Room Build Fund to the General fund in respect of capital expenditure that has been incurred and on which no further restriction exists.

A transfer of £20,000 has been made from the General fund to the designated Service Development Fund.

The remaining transfers between restricted to the General fund reflect under and overspends on the restricted funds.

19. EMPLOYEE BENEFIT OBLIGATIONS

The charity pays into a defined contribution pension scheme for its employees. The pension cost charge represents contributions paid by the charity to the fund and amounted to £21,198 (2022: £19,232). At the year end 31 March 2023 £Nil (2022: £Nil) of pension contributions remained outstanding.

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

CARMARTHEN DOMESTIC ABUSE SERVICES LTD

England & Wales - Charity number 1064046

Accounts

REGISTERED COMPANY NUMBER: 03386093 (England and Wales)
REGISTERED CHARITY NUMBER: 1064046

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

FOR

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

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CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees report is prepared in accordance with the small charitable companies' regime (section 419(2)) of the Companies Act 2006.

The trustees confirm that they have complied with the duty m section 17(5) of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission. Significant activities that were undertaken during the year demonstrate public benefit and are set out in the following pages.

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES

Objectives and aims

Carmarthen Domestic Abuse Services is a charitable company limited by guarantee. It is a Specialist Domestic Abuse Charity and its core services are refuge, floating support, outreach, therapeutic group work and children and young people services for anyone who has experienced domestic abuse.

The Objectives of Carmarthen Domestic Abuse Services are:

the relief of poverty and the relief of mental and physical distress of individuals or families, including children, who have experienced, or are at risk of experiencing, domestic abuse, sexual violence and associated issues, by the provision of hostel accommodation and by other means as will further the said objects.

Mission

Domestic abuse touches all our lives and is a result of gender inequality. We exist to support people to be free of abuse and choose their own journey.

What we do

- We listen to our clients and support them to achieve their goals in the present time, the short term and the future
- We provide refuge to women and families who need to escape domestic abuse
- We focus on the whole person and provide practical support where they need it
- We raise awareness that domestic abuse is a result of gender inequality in society
- We support children and young people to make sense of their world and understand what a healthy relationship is

Our Beliefs and Values

- We **believe** that domestic abuse is not inevitable and is a result of gender inequality in society
- We **believe** children experience domestic abuse and that they are not passive witnesses
- We **believe** men experience domestic abuse too and have barriers to disclosing due to the gender inequality in society. We believe they can contribute towards eliminating domestic abuse.
- We **believe** everyone is their own expert and have their own answers to their challenges
- We **believe** that a trauma informed, strength based approach is the most effective way to support our clients
- We are **committed** - to supporting change in our clients, to raising awareness about gender inequality and to challenging misconceptions about Domestic Abuse
- We are **curious** - our clients are important and we want help and to build a professional relationship. We want to listen to understand rather than assume we know what is happening
- We have **integrity** -, we know that people are their own experts; we are respectful, open, honest and non-judgmental
- We **strive** for excellence - we invest in our team to ensure they have the skills and knowledge they need to help our clients
- We are **collaborative** - we know we do not have all the answers and strive to work with others to find solutions to effect change

The changes we want to make

We want women and children across Carmarthenshire to

- Feel safer
- Have improved self-concept(Efficacy, Worth & Confidence)
- Have Improved Well-being
- Have Improved Support Network
- Have Improved Skills
- More Community/Stakeholder Awareness of Domestic Abuse

Our Strategic Aims

- Develop our expand our range of services based on our service model to enable a holistic, trauma informed, strengths based service, that is gender informed and focused
- Develop our training and community services to ensure more people understand Domestic Abuse is a result of societal gender inequality, in unacceptable and not inevitable
- Involve our stakeholders and identify partnership opportunities and develop alliances with other organisations in order to enhance and broaden the reach of our work
- Continue to develop a creative, well-structured working environment that is both local and specialized. Raise our profile, fundraise, and develop new income streams to grow our resources

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES

Significant activities

Refuge

The refuge provides women and children with a safe place to stay when in crisis. 5 places are available for women and their children (if appropriate) at any one time. Workers provide intensive support with re-housing, benefits, emotional and mental well-being. They make referrals to other agencies to support issues out of our remit. Refuge can be accessed 24 hours, 7 days a week, 365 days per year.

Community Services

Crisis intervention service is the first point of contact for anyone needing support or advice around Domestic Abuse. In addition to telephone and remote video support, our information centre is open for survivors to access crisis support. Support provided is both practical and emotional and information is available on issues such as safety, housing, benefits and legal issues.

Floating Support is a housing related project that is part of a county wide initiative, Sir Gar Floating Support, and provides a more intensive and structured support to help women gain and maintain accommodation and tenancies.

Back to Me Well-being Programme - supports women to rebuild their lives after domestic abuse. It provides 1:1 support to help with well-being and focuses on understanding trauma and stress, improving confidence, discovering what works, identifying and managing feelings, recognizing strengths, making informed decisions and identifying who and what can help you. We are also running the Nationwide Money Coach programme to work with our clients with financial budgeting to support them in becoming financially independent and debt free.

Knowledge is Power Programme is a designed to help build the knowledge of survivors and provide peer support. The Programme provides access to learning such as Own My Life and The Voice and provides an opportunity for survivors to meet others who have faced similar challenges.

Inspiring Families Pilot

We have a new partnership programme funded through PCC and MOJ for delivery of the "Inspiring Families" project which is involved in both Adult and CYP services. An early intervention programme aimed at a whole family approach.

Children & Young People's Services

CarmDAS Children & Young Peoples services provide a safe, supportive and welcoming environment for children and young people impacted by domestic abuse. The Core Services include a DASH project, a county wide initiative which provides one to one support by helping them with emotional resilience. We also deliver group programmes such as the STAR Programme. We are also running the Healing Together project which links in with the DASH project.

24 Hour Helpline

As part of the Welsh Women's Aid Federation we are able to access the Live Fear Free Helpline which provides 24 hours per day, 7 days a week, 365 days a year.

Placements and Volunteering

Volunteers are valued at CarmDAS and we continue to make available opportunities for placements, work experience. We have a qualified volunteer coordinator within the staff team and a quality kite mark. The COVID pandemic effectively ended our volunteer's involvement due to the lockdowns and further restrictions following the lifting of lockdowns. We are working towards rebuilding our volunteer base through partnership working with education establishments.

Partnership Working

Domestic Abuse is a multi-faceted issue and working collaboratively is vital to enable us to ensure that services for Domestic Abuse survivors are consistent and relevant.

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

OBJECTIVES AND ACTIVITIES

Carmarthen Domestic Abuse Services continues to work collaboratively with our partners across Carmarthenshire and Wales to ensure that Survivors are able to access the support they need. We link with other regional specialist domestic abuse specialists to ensure consistency of delivery and quality across the county. CarmDAS leads on a partnership with Calan DVS and Threshold DAS to deliver the Families First "Domestic Abuse Stops Here" and "Healing Together" projects. They are also part of the delivery of the Sir Gar Floating Support Partnership and work with Calan DVS on delivering the "Inspiring Families" project. We have a dedicated MARAC coordinator and employ a staff champion's framework to ensure to both build expertise and ensure we are operationally connected across the area.

Staff Well-being

Our staff are important to us and CarmDAS values their knowledge and commitment to our mission and objectives. We have an employee assistance programme in place, carry out regular appraisal and supervision and provide external supervision for all staff. We have invested in learning and development to increase knowledge and expertise and have a Champion's Framework in place to build and use this knowledge to support survivors. Our team are local and embedded in the local communities.

Data Analysis

CarmDAS uses Oasis for our client case management system. Oasis was designed by case workers from the Domestic Abuse sector and initiative and easy to use, it centralizes the capture and reporting of all data and provides insightful reporting. It is also in compliance with the sector's standards of security, confidentiality and GDPR.

Policies & Procedures

Our robust policies and procedures are implemented across all of our services.

Public benefit

We review our aims, objectives and activities each year. The review examines what we have achieved and the outcomes of our work and helps us ensure that we remain focused. The key to our success is engagement with our clients and implementing a trauma informed strengths based approach which underpins its ethos and values.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In this financial year CarmDAS supported 489 Adults and 209 children. As in previous years some individuals are supported by more than one of our services.

Project	Number
Refuge - Adults	22
Refuge - Children	23
Community Services - First Steps	202
Community Services - Floating Support	93
Community Services - FaRM	40
Community Services - Back To Me/Rebuild	89
Community Services - Knowledge is Power	89
Children and Young People	209

Source Oasis Database

Impact

Overall, 90% of our clients achieved a positive outcome as a result of support by CarmDAS. Some client comments below demonstrate the difference the support has made.

Client Comments

"The Own My Life course was a life saver"

"The 'Voice' domestic abuse training gave me tools to be strong, to meet new people, to understand about domestic abuse and recognize the signs of abuse."

"It was a supportive space to discuss and investigate what happened and how to stop it happening again."

""It has changed my life and given me the courage to create my own boundaries."

Fundraising activities

The ongoing impact of the COVID 19 pandemic has limited our ability to carry out local fundraising activities in this financial year. However we continue to be part of the national Ask and Act Provision. We have been successful and grateful to receive grant funding applications including Moondance Foundation, Nationwide and Postcode Lottery, Awards for All & Community Foundation Wales. We received top up funding from The National Lottery and Lloyds Foundation to support us to adapt to the COVID pandemic. Please See Note 2 and 4 for a full list of funders.

FINANCIAL REVIEW

Financial position

Due to the ongoing impact of Covid-19 pandemic, and the changing nature of the government imposed restrictions, it was necessary to adopt a blended working approach of both office and working remotely. Work took place to implement our business recovery plans to respond rapidly to these changes. Flexibility and adaptability was needed to enable this to work and due to previous foresight many systems were in place. Thanks must be given to the dedication of our staff to enable this to take place.

The support by grant funders has been tremendous demonstrating their confidence in CarmDAS' ability to provide services to those being subjected to domestic abuse despite the challenges around the pandemic and its impact on service providers, workers and clients.

Our position has improved again in 21/22 and the charity has made a gain of a £42,021.

FINANCIAL REVIEW

Principal funding sources

The principle funding streams remain consist of amounts received from the Housing Support Grant (44%), third sector grants (32%), rental income (13%) and Children's Services Grants (11%). Lloyds Foundation continue with their funding towards CarmDAS Core Costs.

Financial Position

Reserves Policy

It is the policy of the charity to maintain unrestricted and designated funds, to ensure sufficient reserves to meet expenditure for the period following the end of the financial year until grant payments are made for the new financial year.

The free reserves of the charity less outstanding debtors are to equate to circa six month's expenditure. The trustees review the needs for reserves in line with guidance issued by the Charity Commission. It has been identified that the greatest area of risk to the effectiveness of the charity is loss of grant income and unexpected costs. The trustees consider that six month's reserves provides sufficient funds to cover management and administration and support costs, in the event of alternative funds needing to be sourced.

At the Balance sheet date, the level of reserves is roughly in line with that outlined in the Reserves Policy above. The Trustees are taking steps to maintain the reserves through cost reduction, additional income generation and fundraising.

FUTURE PLANS

This financial year has brought many challenges, changes and opportunities and we have demonstrated adaptability and resilience in our responses. As part of our business strategy we will further develop our work with survivors, their children and families.

National Quality Service Standards

We have achieved a full pass for the Welsh Women's Aid NQSS.

We are planning to further develop
- services for male victims
- children's services
- online learning and development and peer support activities.
- therapeutic well-being services

In addition we want to:
- improve our accessibility in working with groups from the LGBTQ+, travelling and BME communities
- invest in our team to ensure they continue to provide a trauma informed, strengths based services and are equipped with the knowledge to carry out their role

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Carmarthen Domestic Abuse Services Limited is a company limited by guarantee governed by its Memorandum and Articles of Association dated 20th August 1997 and amended in December 2017. It is registered as a charity with the Charity Commission

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

All trustees are members of the Board. Applications for trusteeship are sought by advertisement and personal contact. Trustees are elected at the Annual General Meeting, and throughout the year, as suitable candidates come forward, and are needed to maintain a balanced board. Two new trustees have been recruited this year.

CarmDAS trustees have distinguished careers in a wide range of areas and are selected based on their skills expertise and experience. There is an expectation that trustees will add significant value to the work of the charity and its long term governance. They do not receive remuneration for their role as trustees.

Organisational structure

The trustees are responsible for decisions regarding the development of strategy and policy, employment, and financial management of the charity's resources. The day to day running of the charity is delegated to Chief Executive as stated in the charity's systems and accounting procedures. Trustees meet on a regular basis throughout the year.

Induction and training of new trustees

Each new trustee is given a Trustee handbook containing information about the charity. This includes: a brief history of Carmarthen Domestic Abuse Services Limited, an Organisation chart, details of staff, Bankers, Accountants and Auditors, a list of policies, the Charity Commission brochure ' The Essential Trustee: What you need to know' and The Company's House brochure 'Directors and Secretaries Guide' a Conflict of Interest policy, as well as a Delegation policy.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role

Related parties

Carmarthen Domestic Abuse Services Limited is affiliated to Welsh Women's Welsh Women's Aid works to influence government policy; to support member groups, to disseminate and promote best practice and promote the implementation of service delivery standards. This membership provides CarmDAS with a voice on a national level, an opportunity to learn and share experiences and achievements and maintain a national picture of domestic abuse in Wales.

The Charity works in partnership with other local and national organisations and take an active role in the local MARAC (Multi Agency Risk Assessment Conference). There is extensive collaborative working arrangements with other local charities to ensure quality of support for survivors and consistency of services. Pobl is the landlord of the refuge and CarmDAS is active within the Homelessness Forum, the Mental Health Forum, the Housing Grant Providers Network, the Health & Social Well-being Network and the VAWDSV (Violence Against Women Domestic & Sexual Violence) Regional Frameworks.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have examined the major strategic, business and organisational risks which the charity faces and confirm the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks. To manage and mitigate risk a business risk register has been implemented and is reviewed quarterly.

The main risks raised as part of this process is the upcoming commission of the Housing Grant Contracts due to take place in 2023 and the impact of the ongoing COVID pandemic on the well-being of staff.

The trustees have implemented plan in place to mitigate these risks through income diversification, investing in efficient communication systems, employee assistance programme and additional supervision. Policies and processes were put into place quickly to adapt to a different way of working to ensure services remained relevant, responsive and speedy and safeguarded survivors and staff. There has been increased partnership working during the period due to remote communications enabling ease of access.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
03386093 (England and Wales)

Registered Charity number
1064046

Registered office
Ty Myrddin
Cambrian Place
Carmarthen
Carmarthenshire
SA31 1QG

Trustees
Due to the nature of the organisation the Charities Commission have agreed to an exemption from disclosing the names of all the Charities Trustees.

Company Secretary
Colleen Lindsay Bennett

Independent Examiner
Mark Jones BSc FCA
ICAEW
Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Bankers

Lloyds Bank
43 King Street
Carmarthen
Carmarthenshire
SA31 1BW

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on .....20/12/2022..... and signed on its behalf by:

[redacted]

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Independent examiner's report to the trustees of Carmarthen Domestic Abuse Services Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Jones BSc FCA
ICAEW
Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Date: .....22/12/2022.....

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	36,923	184,263	221,186	184,039
Charitable activities					
Community		-	4,176	4,176	9,744
Refuge		78,893	114,947	193,840	190,133
Floating Support		-	122,550	122,550	81,182
Children's Services		-	21,166	21,166	29,338
Other trading activities	3	1,500	-	1,500	600
Investment income	4	94	-	94	932
Total		117,410	447,102	564,512	495,968
EXPENDITURE ON					
Charitable activities	6				
Community		19,184	172,692	191,876	144,039
Refuge		48,182	113,943	162,125	176,891
Floating Support		-	121,804	121,804	85,476
Children's Services		-	46,686	46,686	51,092
Total		67,366	455,125	522,491	457,498
NET INCOME/(EXPENDITURE)		50,044	(8,023)	42,021	38,470
Transfers between funds	17	2,114	(2,114)	-	-
Net movement in funds		52,158	(10,137)	42,021	38,470
RECONCILIATION OF FUNDS					
Total funds brought forward		206,840	17,285	224,125	185,655
TOTAL FUNDS CARRIED FORWARD		258,998	7,148	266,146	224,125

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

BALANCE SHEET
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS					
Tangible assets	12	-	-	-	986
CURRENT ASSETS					
Debtors	13	49,333	63,120	112,453	43,493
Investments	14	4,012	-	4,012	4,191
Cash at bank and in hand		270,770	30,782	301,552	285,444
		324,115	93,902	418,017	333,128
CREDITORS					
Amounts falling due within one year	15	(65,117)	(86,754)	(151,871)	(109,989)
NET CURRENT ASSETS		258,998	7,148	266,146	223,139
TOTAL ASSETS LESS CURRENT LIABILITIES		258,998	7,148	266,146	224,125
NET ASSETS		258,998	7,148	266,146	224,125
FUNDS	17				
Unrestricted funds				258,998	206,840
Restricted funds				7,148	17,285
TOTAL FUNDS				266,146	224,125

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20/12/2022 and were signed on its behalf by:

[redacted]

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	31.3.22 £	31.3.21 £
Cash flows from operating activities			
Cash generated from operations	1	15,835	101,724
Net cash provided by operating activities		15,835	101,724
Cash flows from investing activities			
Investments		179	(570)
Interest received		94	932
Net cash provided by investing activities		273	362
Change in cash and cash equivalents in the reporting period		16,108	102,086
Cash and cash equivalents at the beginning of the reporting period		285,444	183,358
Cash and cash equivalents at the end of the reporting period		301,552	285,444

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2022

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.3.22 £	31.3.21 £
Net income for the reporting period (as per the Statement of Financial Activities)	42,021	38,470
Adjustments for:		
Depreciation charges	986	3,516
Interest received	(94)	(932)
Increase in debtors	(68,960)	(14,035)
Increase in creditors	41,882	74,705
Net cash provided by operations	15,835	101,724

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.21 £	Cash flow £	At 31.3.22 £
Net cash			
Cash at bank and in hand	285,444	16,108	301,552
	285,444	16,108	301,552
Liquid resources			
Deposits included in cash	-	-	-
Current asset investments	4,191	(179)	4,012
	4,191	(179)	4,012
Total	289,635	15,929	305,564

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Carmarthen Domestic Abuse Services Limited (CARMDAS) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction values unless otherwise stated in the relevant accounting policy note(s).

At 31 March 2022 CARMDAS has total reserves of £266,146 and free reserves (after deducting restricted and designated funds) of £258,998.

The Supporting People programme refuge grant and the Floating Support contract have been extended to September 2022. It is expected that both grants will go out for tender in March 2023.

Accordingly, material uncertainty exists that may cast significant doubt on the company's ability to continue as a going concern, however the trustees consider the going concern basis adopted for the preparation of the financial statements to be appropriate.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

GOVERNANCE COSTS

The allocation of costs to this heading is by direct allocation from those costs that are directly attributable to the costs associated with constitutional or statutory requirements.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33.33% on cost

Due to the nature of the majority of assets being purchased by the charity being that of furniture for the refuge, it is considered appropriate to write these smaller items off to the SOFA in the year of purchase based on historical experience that these items are generally replaced on an annual basis.

The Charity currently has a financial policy to capitalise all additional assets that are individually valued at more than £1,000.

continued...

1. ACCOUNTING POLICIES - continued

TAXATION
The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used in accordance with the criteria set by the funder. Any virements from the original restrictions must be agreed with the funder/donor prior to taking action.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

HIRE PURCHASE AND LEASING COMMITMENTS
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

FINANCIAL INSTRUMENTS
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognise at transaction value and subsequently measured at their settlement value.

CURRENT ASSET INVESTMENT
Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.
The charitable company does not acquire put options, derivatives or other complex financial instruments.
All of the company's investments can be converted to cash immediately and as such are shown as current assets.

REALISED GAINS AND LOSSES
All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investment are calculated as the difference between sale proceeds and their opening carrying value or their purchase price if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

DEBTORS
Trade debtors and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

CREDITORS
Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

continued...

2. DONATIONS AND LEGACIES

	31.3.22	31.3.21
	£	£
Donations	4,426	8,602
Grants	216,760	175,437
	221,186	184,039

Grants received, included in the above, are as follows:

	31.3.22	31.3.21
	£	£
Lloyds TSB Foundation for England & Wales	-	8,230
Children in Need	16,717	9,235
Big Lottery Funds - Awards for All	2,000	8,000
Comic Relief	10,413	-
Farm Rural Grant	12,833	34,586
Lloyds Core Grant	32,500	31,850
Welsh Govenment Capital Fund	-	6,950
Ministry of Justice	5,174	14,584
Welsh Government Voluntary Services Emergency Fund	-	6,666
Carmarthenshire County Council Regional Fund	2,063	14,307
Community Foundation Wales	3,750	11,250
The Moondance Foundation Covid-19 Relief Fund	4,854	14,562
Comic Relief Covid-19 Emergency Fund	-	14,579
Nationwide Money Coach	21,087	-
Regional Grant VAWDASV	22,688	-
Rosa Fund	19,671	-
Inspiring Families	34,223	-
Healing Together	28,787	-
Other grants	-	638
	216,760	175,437

3. OTHER TRADING ACTIVITIES

	31.3.22	31.3.21
	£	£
Training	1,500	600

continued...

4. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Deposit account interest	94	200
Investment income	-	732
	94	932

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.22	31.3.21
		£	£
Grants	Community	4,176	9,744
Rent	Refuge	74,736	74,311
Residents contribution to services	Refuge	4,157	6,348
Grants	Refuge	114,947	109,474
Grants	Floating Support	122,550	81,182
Grants	Children's Services	21,166	29,338
		341,732	310,397

Grants received, included in the above, are as follows:

	31.3.22	31.3.21
	£	£
Supported People Provider Grant - Floating Support	122,550	81,182
Supported People Provider Grant - Refuge	114,947	109,474
Families First	21,166	21,166
People's Postcode Trust	4,176	9,744
Welsh Government (Early Years) Child Development Grant funding	-	8,172
	262,839	229,738

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs (see note 7)	Totals
	£	£	£
Community	145,646	46,230	191,876
Refuge	120,236	41,889	162,125
Floating Support	103,336	18,468	121,804
Children's Services	37,914	8,772	46,686
	407,132	115,359	522,491

continued...

7. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Community	44,357	1,873	46,230
Refuge	40,571	1,318	41,889
Floating Support	18,055	413	18,468
Children's Services	8,603	169	8,772
	111,586	3,773	115,359

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Independent Examination Fee	3,542	3,540
Depreciation - owned assets	986	3,515
Other operating leases	9,600	7,200

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

TRUSTEES' EXPENSES

During the year no trustees received reimbursed expenses (2021: nil)

10. STAFF COSTS

	31.3.22	31.3.21
	£	£
Wages and salaries	341,313	279,323
Social security costs	22,319	16,545
Other pension costs	19,232	15,093
	382,864	310,961

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Administration & finance	2	2
Support work	11	11
	13	13

No employee received emoluments in excess of £60,000.

continued...

10. STAFF COSTS - continued

The key management comprise of the Chief Executive. The total employee benefits (including gross salary, employer national insurance contributions and employer pension contributions) of the key management personnel of the Charity were £52,411.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	40,447	143,592	184,039
Charitable activities			
Community	-	9,744	9,744
Refuge	80,659	109,474	190,133
Floating Support	-	81,182	81,182
Children's Services	-	29,338	29,338
Other trading activities	600	-	600
Investment income	932	-	932
Total	122,638	373,330	495,968
EXPENDITURE ON			
Charitable activities			
Community	31,693	112,346	144,039
Refuge	64,253	112,638	176,891
Floating Support	-	85,476	85,476
Children's Services	-	51,092	51,092
Total	95,946	361,552	457,498
NET INCOME	26,692	11,778	38,470
Transfers between funds	(76)	76	-
Net movement in funds	26,616	11,854	38,470
RECONCILIATION OF FUNDS			
Total funds brought forward	180,221	5,434	185,655
TOTAL FUNDS CARRIED FORWARD	206,837	17,288	224,125

continued...

12. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2021 and 31 March 2022	10,654
DEPRECIATION	
At 1 April 2021	9,668
Charge for year	986
At 31 March 2022	10,654
NET BOOK VALUE	
At 31 March 2022	-
At 31 March 2021	986

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22 £	31.3.21 £
Trade debtors	99,405	17,688
Accrued income	4,998	17,675
Prepayments	8,050	8,130
	112,453	43,493

14. CURRENT ASSET INVESTMENTS

	31.3.22 £	31.3.21 £
Listed investments	4,012	4,191

continued...

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade creditors	44,129	19,509
Deferred income	98,744	84,456
Accrued expenses	8,998	6,024
	151,871	109,989

16. LEASING AGREEMENTS

The total of future minimum lease payments under non-cancellable operating leases are as follows:

	2022	2021
	Land & buildings	Land & buildings
	£	£
Due within 1 year	9,600	9,600
Due 1- 5 years	1,600	11,200
Due > 5 years	-	-
	11,200	20,800

continued...

17. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	206,840	50,044	2,114	258,998
Restricted funds				
SPPG - floating support	(1,620)	745	-	(875)
SPPG - refuge	1,966	1,005	-	2,971
Children in Need	2,118	669	-	2,787
Families First - DASH	3	-	-	3
The Community Foundation in Wales - The Henry Smith Charity	-	(1)	-	(1)
People's Postcode Trust - Freedom and Beyond	3,850	(4,014)	-	(164)
Big Lottery Rural Grant Programme	3,172	(1,058)	(2,114)	-
Community Foundation Fund	1,066	(1,123)	-	(57)
Big Lottery Rural Top Up Grant	3,448	(3,448)	-	-
Moondance Foundation Grant	(1,234)	1,150	-	(84)
Awards 4 All - Covid-19 Rebuild Grant	4,151	(4,165)	-	(14)
Comic Relief Covid-19 Emergency Fund	(415)	415	-	-
Children in Need ACES Project	894	527	-	1,421
Nationwide Money Coach fund	(114)	(1)	-	(115)
Rosa Women Thrive Fund	-	1,280	-	1,280
Healing Together	-	(1)	-	(1)
Inspiring Families	-	(2)	-	(2)
WWA/Tampon Tax	-	(1)	-	(1)
	17,285	(8,023)	(2,114)	7,148
TOTAL FUNDS	224,125	42,021	-	266,146

continued...

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	117,410	(67,366)	50,044
Restricted funds			
SPPG - floating support	122,550	(121,805)	745
SPPG - refuge	114,948	(113,943)	1,005
Children in Need	6,192	(5,523)	669
Families First - DASH	21,166	(21,166)	-
The Community Foundation in Wales - The Henry Smith Charity	-	(1)	(1)
People's Postcode Trust - Freedom and Beyond	4,175	(8,189)	(4,014)
Big Lottery Rural Grant Programme	12,833	(13,891)	(1,058)
Regional Revenue Grant	24,749	(24,749)	-
MOJ VAWDASV Covid 19 Fund	5,174	(5,174)	-
Community Foundation Fund	3,750	(4,873)	(1,123)
Big Lottery Rural Top Up Grant	1	(3,449)	(3,448)
Moondance Foundation Grant	4,854	(3,704)	1,150
Awards 4 All - Covid-19 Rebuild Grant	1,999	(6,164)	(4,165)
Comic Relief Covid-19 Emergency Fund	10,413	(9,998)	415
Children in Need ACES Project	10,527	(10,000)	527
Nationwide Money Coach fund	21,086	(21,087)	(1)
Rosa Women Thrive Fund	19,672	(18,392)	1,280
Healing Together	28,787	(28,788)	(1)
Inspiring Families	34,226	(34,228)	(2)
WWA/Tampon Tax	-	(1)	(1)
	447,102	(455,125)	(8,023)
TOTAL FUNDS	564,512	(522,491)	42,021

continued...

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	180,221	26,695	(76)	206,840
Restricted funds				
SPPG - floating support	95	(1,715)	-	(1,620)
SPPG - refuge	2,501	(535)	-	1,966
Children in Need	1,475	643	-	2,118
Families First - DASH	-	3	-	3
People's Postcode Trust - Freedom and Beyond	-	3,850	-	3,850
Big Lottery Rural Grant Programme	1,363	1,809	-	3,172
Welsh Goverment capital fund	-	(70)	70	-
WCVA - Voluntary Services Emergency Fund	-	(6)	6	-
Community Foundation Fund	-	1,066	-	1,066
Big Lottery Rural Top Up Grant	-	3,448	-	3,448
Moondance Foundation Grant	-	(1,234)	-	(1,234)
Awards 4 All - Covid-19 Rebuild Grant	-	4,151	-	4,151
Comic Relief Covid-19 Emergency Fund	-	(415)	-	(415)
Children in Need ACES Project	-	894	-	894
Nationwide Money Coach fund	-	(114)	-	(114)
	5,434	11,775	76	17,285
TOTAL FUNDS	185,655	38,470	-	224,125

continued...

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	122,638	(95,943)	26,695
Restricted funds			
SPPG - floating support	81,181	(82,896)	(1,715)
SPPG - refuge	109,474	(110,009)	(535)
Children in Need	6,193	(5,550)	643
Families First - DASH	21,167	(21,164)	3
People's Postcode Trust - Freedom and Beyond	9,745	(5,895)	3,850
Big Lottery Rural Grant Programme	24,591	(22,782)	1,809
Welsh Goverment capital fund	6,950	(7,020)	(70)
WCVA - Voluntary Services Emergency Fund	6,665	(6,671)	(6)
Lloyds Bank Foundation covid-19 crisis fund	8,230	(8,230)	-
Regional Revenue Grant	14,307	(14,307)	-
MOJ VAWDASV Covid 19 Fund	14,584	(14,584)	-
Community Foundation Fund	11,251	(10,185)	1,066
Big Lottery Rural Top Up Grant	9,995	(6,547)	3,448
Moondance Foundation Grant	14,562	(15,796)	(1,234)
Awards 4 All - Covid-19 Rebuild Grant	8,001	(3,850)	4,151
Comic Relief Covid-19 Emergency Fund	14,581	(14,996)	(415)
Welsh Government (Early Years) Child Development grant fund	8,172	(8,172)	-
Children in Need ACES Project	3,043	(2,149)	894
Nationwide Money Coach fund	-	(114)	(114)
MMW PPE fund	638	(638)	-
	373,330	(361,555)	11,775
TOTAL FUNDS	495,968	(457,498)	38,470

SPPG - Floating Support
Carmarthenshire County Council Supporting People Providers Grant for provision of structured tenancy related support services out in the community.

SPPG - Refuge
Carmarthenshire County Council Supporting People Providers Grant for provision of crisis access safe accommodation and support within refuge.

Children In Need
Children In Need's Small Grant Programme will be used to provide activity groups for children who have been impacted by Domestic Abuse in a safe and supportive environment.

continued...

17. MOVEMENT IN FUNDS - continued

Families First DASH (Domestic Abuse Stops Here)
Funding secured through Tender application from Carmarthenshire County Council Children's Partnership, Families First for provision of structured support for children 0 - 18 out in the community.

People's Postcode Trust - Freedom and Beyond
To create a short film about the lives of women who have experienced domestic abuse.

Big Lottery Rural Grant Programme - To provide a project and new worker working in the rural wards of Carmarthen to tackle the impact of domestic abuse on those living in rural areas of Carmarthenshire.
for women who have / are experiencing domestic abuse and who have poor mental health.

Regional Revenue Grant - The grant has been utilised to provide additional support for our Back to Me Project which focuses on well-being. This has be in response to the increase demand for services as a result of the pandemic

MOJ VAWDASV Covid 19 Funding - The grant has been utilised to enable additional capacity within our team to deliver support services due to increased demand caused by Covid-19

Community Foundation Fund - The grant has been utilised for additional staffing costs in response to the increased needs for CarmDAS services during the pandemic

Big Lottery Rural Top up - The rural Top Up grant has been used during the year to train workers and develop an online educational training programme to clients in rural areas of Carmarthenshire who have experienced domestic abuse

Moondance Foundation Grant - The Moondance grant has enabled CarmDAS to employ an additional worker to provide practical and emotional support to survivors in response to the increased demand caused by the pandemic

Awards 4 All - Covid-19 Rebuild Grant - The funding received has been used for additional staffing costs and enabled extended support hours to be delivered in relation to the pandemic

Comic relief covid-19 emergency fund - The funding has been used to employ a senior Children and Young Persons worker to provide additional support to those impacted by domestic abuse during the pandemic and develop the service

Children in Need - ACES Project - Working in partnership with Calan DVS to provide two child and young person support workers to be trained and deliver the ACES recovery toolkit within Carmarthenshire to those impacted by domestic abuse

Nationwide Money Coach fund - The grant funding will provide staff and associated costs to work with
Clients affected by economic abuse.

Henry Smith - The grant funding will provide funding towards 3 years salary & on costs of the senior Child & Youth Worker at a project supporting children, young people & their families who have been subjected to domestic abuse.

continued...

17. MOVEMENT IN FUNDS - continued

Rosa Women Thrive Fund - This programme will fund work supporting the UK's most vulnerable, disadvantaged and/or under-represented women and girls to improve their mental health and wellbeing, gaining confidence, tools, skills and support to sustain those improvements, and/or improve their financial resilience, increasing their routes out of poverty, gaining confidence, tools, skills and support to secure a stable financial future.

Inspiring Families - This project aims to provide salary and support costs to cover group worker facilitators to provide support programmes to help strengthen and stabilise families where domestic violence and abuse is a known component but the family are choosing to stay together.

WWA - Tampon Tax - the fund allocates funds generated from the VAT on sanitary products to projects to improve the lives of disadvantaged women and girls. It will cover the costs associated with appointing a Mental Ill Health Worker who will arrange referals to The Family Therapy Team and support for people struggling with their mental health.

18. EMPLOYEE BENEFIT OBLIGATIONS

The charity pays into a defined contribution pension scheme for its employees. The pension cost charge represents contributions paid by the charity to the fund and amounted to £19,232 (2021: £15,093). At the year end 31 March 2022 £Nil (2021: £Nil) of pension contributions remained outstanding.

19. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	31.3.22 £	31.3.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	4,426	8,602
Grants	216,760	175,437
	221,186	184,039
Other trading activities		
Training	1,500	600
Investment income		
Deposit account interest	94	200
Investment income	-	732
	94	932
Charitable activities		
Rent	74,736	74,311
Residents contribution to services	4,157	6,348
Grants	262,839	229,738
	341,732	310,397
Total incoming resources	564,512	495,968
EXPENDITURE		
Charitable activities		
Wages	293,858	217,863
Social security	22,319	16,545
Pensions	15,693	11,041
Utilities	2,465	7,518
Telephone & internet	10,788	4,953
Postage and stationery	1,825	1,092
Publicity	2,071	918
Sundries	1,151	987
Worker expenses	538	546
Children's support	9,273	5,187
Women's support	3,606	1,930
Repairs and renewals	551	3,657
Training	7,971	12,789
Supervision	1,665	1,003
Carried forward	373,774	286,029

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	31.3.22 £	31.3.21 £
Charitable activities		
Brought forward	373,774	286,029
Housing association management charge	23,366	22,573
Cleaning health and safety	8,921	3,780
Recruitment	351	114
Travelling expenses	720	234
	407,132	312,730
Support costs		
Management		
Wages and social security	47,455	61,460
Pensions	3,539	4,052
Rent	9,600	7,200
Rates and water	-	583
Insurance	3,089	2,963
Publicity	5,652	5,454
Telephone	2,657	6,271
Postage and stationery	460	284
Cambrian office general costs	10,204	7,420
Sundry	777	980
Cleaning	587	3,457
Repairs and renewals	-	1,330
Health and safety	895	7,193
Womens expenses	143	1,254
Worker expenses	153	817
Training	1,637	4,115
Computing costs	14,883	17,742
Legal fees	55	18
Professional fees	8,814	4,882
Depreciation of tangible fixed assets	986	3,516
	111,586	140,991
Governance costs		
Independent Examination Fee	3,542	3,540
Bank charges	231	237
	3,773	3,777
Total resources expended	522,491	457,498
Net income	42,021	38,470

This page does not form part of the statutory financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LTD

England & Wales - Charity number 1064046

Accounts

REGISTERED COMPANY NUMBER: 03386093 (England and Wales)
REGISTERED CHARITY NUMBER: 1064046

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

FOR

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

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CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The trustees report is prepared in accordance with the small charitable companies' regime (section 419(2)) of the Companies Act 2006.

The trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to public benefit guidance published by the Charity Commission. Significant activities that were undertaken during the year demonstrate public benefit and are set out in the following pages.

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of Carmarthen Domestic Abuse Services Limited are the relief of poverty and the relief of mental and physical distress of individuals or families, including children, who have experienced, or are at risk of experiencing, domestic abuse, sexual violence and associated issues, by the provision of hostel accommodation and by other means as will further the said objects.

Mission

Domestic abuse touches all our lives and is a result of gender inequality. We exist to support people to be free of abuse and choose their own journey.

What we do

- We listen to our clients and support them to achieve their goals in the present time, the short term and the future
- We provide refuge to women and families who need to escape domestic abuse
- We focus on the whole person and provide practical support where they need it
- We raise awareness that domestic abuse is a result of gender inequality in society
- We support children and young people to make sense of their world and understand what a healthy relationship is

Our Beliefs and Values

- We believe that domestic abuse is not inevitable and is a result of gender inequality in society
- We believe children experience domestic abuse and that they are not passive witnesses
- We believe men experience domestic abuse too and have barriers to disclosing due to the gender inequality in society. We believe they can contribute towards eliminating domestic abuse.
- We believe everyone is their own expert and have their own answers to their challenges
- We believe that a trauma informed, strength based approach is the most effective way to support our clients
- We are committed - to supporting change in our clients, to raising awareness about gender inequality and to challenging misconceptions about Domestic Abuse
- We are curious - our clients are important and we want help and to build a professional relationship. We want to listen to understand rather than assume we know what is happening
- We have integrity -, we know that people are their own experts; we are respectful, open, honest & non-judgmental
- We strive for excellence - we invest in our team to ensure they have the skills and knowledge they need to help our clients
- We are collaborative - we know we do not have all the answers and strive to work with others to find solutions to effect change

The changes we want to make

We want women and children across Carmarthenshire to

- Feel safer
- Have improved self-concept(Efficacy, Worth & Confidence)
- Have Improved Well-being
- Have Improved Support Network
- Have Improved Skills
- More Community/Stakeholder Awareness of Domestic Abuse

Our Strategic Aims

- Develop our expand our range of services based on our service model to enable a holistic, trauma informed, strengths based service, that is gender informed and focused
- Develop our training and community services to ensure more people understand Domestic Abuse is a result of societal gender inequality, in unacceptable and not inevitable
- Involve our stakeholders and identify partnership opportunities and develop alliances with other organisations in order to enhance and broaden the reach of our work
- Continue to develop a creative, well-structured working environment that is both local and specialized. Raise our profile, fundraise, and develop new income streams to grow our resources

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

Significant activities

Refuge

The refuge provides women and children with a safe place to stay when in crisis. 5 places are available for women and their children (if appropriate) at any one time. Workers provide intensive support with re-housing, benefits, emotional and mental well-being. They make referrals to other agencies to support issues out of our remit. Refuge can be accessed 24 hours, 7 days a week, 365 days per year.

Community Services

Crisis intervention service is the first point of contact for anyone needing support or advice around Domestic Abuse. In addition to telephone and remote video support, our information centre is open for survivors to access crisis support. Support provided is both practical and emotional and information is available on issues such as safety, housing, benefits and legal issues.

Floating Support is a housing related project that is part of a county wide initiative, Sir Gar Floating Support, and provides a more intensive and structured support to help women gain and maintain accommodation and tenancies.

FaRM Project is funded through the Rural Lottery Programme and provides one to one support for those living in rural areas who have been subjected to Domestic Abuse. The aim is to help with isolation and other issues that survivors experience living with the impact of Domestic Abuse.

Back to Me Well-being Programme - supports women to rebuild their lives after domestic abuse. It provides 1:1 support to help with well-being and focuses on understanding trauma and stress, improving confidence, discovering what works, identifying and managing feelings, recognizing strengths, making informed decisions and identifying who and what can help you.

Knowledge is Power Programme is a designed to help build the knowledge of survivors and provide peer support. The Programme provides access to learning such as Own My Life, ACES Recovery Toolkit, and Domestic Abuse Recovery Toolkit and provides an opportunity for survivors to meet others who have faced similar challenges.

Children & Young People's Services

CarmDAS Children & Young Peoples services provide a safe, supportive and welcoming environment for children and young people impacted by domestic abuse. The Core Services include a DASH project, a county wide initiative which provides one to one support by helping them with emotional resilience. We also deliver group programmes such as the STAR Programme and ACES Recovery Toolkit.

24 Hour Helpline

As part of the Welsh Womens Aid Federation we are able to access the Live Fear Free Helpline which provides 24 hours per day, 7 days a week, 365 days a year.

Placements and Volunteering

Volunteers are valued at CarmDAS and we continue to make available opportunities for placements, work experience. We have a qualified volunteer coordinator within the staff team and a quality kite mark.

Partnership Working

Domestic Abuse is a multi-faceted issue and working collaboratively is vital to enable us to ensure that services for Domestic Abuse survivors are consistent and relevant.

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

OBJECTIVES AND ACTIVITIES

Carmarthen Domestic Abuse Services continues to work collaboratively with our partners across Carmarthenshire and Wales to ensure that Survivors are able to access the support they need. We link with other regional specialist domestic abuse specialists to ensure consistency of delivery and quality across the county. CarmDAS leads on a partnership with Calan DVS and Threshold DAS to deliver the Families First "Domestic Abuse Stops Here" project. They are also part of the delivery of the Sir Gar Floating Support Partnership and work with Calan DVS on delivering ACES Recovery Toolkit. We have a dedicated MARAC coordinator and employ a staff champion's framework to ensure to both build expertise and ensure we are operationally connected across the area.

Staff Well-being

Our staff are important to us and CarmDAS values their knowledge and commitment to our mission and objectives. We have an employee assistance programme in place, carry out regular appraisal and supervision and provide external supervision for all staff. We have invested in learning and development to increase knowledge and expertise and have a Champion's Framework in place to build and use this knowledge to support survivors. Our team are local and embedded in the local communities.

Data Analysis

CarmDAS moved their Case Management System from Modus to Oasis in this financial year. Oasis was designed by case workers from the Domestic Abuse sector and initiative and easy to use it centralizes the capture and reporting of all data and provides insightful reporting. This new system will provide CarmDAS with relevant and useful information that will enable us to better demonstrate outcomes and highlight gaps in services.

Policies & Procedures

A review of all policies & procedures have been carried out this year and these have been implemented across the charity.

CarmDAS Response to Covid-19

During March 2020 as the UK was hit by the COVID 19 pandemic and the workforce was required to work from home. The CarmDAS Team embraced this way of working and changed its procedures to ensure that survivors continued to receive high quality, trauma informed services remotely providing video and phone support and continued face to face support for those who had safety risks. A new online training programme was developed and the refuge remained open committed to providing survivors with a safe place to escape Domestic Abuse.

Public benefit

We review our aims, objectives and activities each year. The review examines what we have achieved and the outcomes of our work and helps us ensure that we remain focused. The key to our success is engagement with our clients and implementing a trauma informed strengths based approach which underpins its ethos and values.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In this financial year CarmDAS supported 375 Adults and 120 children. As in previous years some individuals are supported by more than one of our services.

Project	Number
Refuge - Adults	21
Refuge - Children	22
Community Services - Crisis Intervention	251
Community Services - Floating Support	70
Community Services - FaRM	67
Community Services - Back To Me/Rebuild	98
Community Services - Knowledge is Power	18
Children and Young People	120

Source Oasis Database

Impact

Overall 85% of our clients achieved a positive outcome as a result of support by CarmDAS. Some client comments below demonstrate the difference the support has made.

Client Comments

"The team have been invaluable in helping me not only with emotional support; helping me find an appropriate solicitor; signing me up for courses so that I am better educated and can spot the signs easier in the future; but also with helping me get back on my feet after being made homeless, due to Domestic Abuse. They have been with me every step of the way and I genuinely don't know how I would have achieved what I have without them"

"Since having support I'm starting to believe in myself for the first time"

"I found myself in a situation where I didn't know what to do, you helped me with everything alongside housing. I can count on you for any advice on anything. The support from the charity has been amazing for myself and the kids. Talking to my support worker has made me feel that things do get better."

"It changed my life. It has helped me to stop being a victim, and given me the courage to create my own boundaries"

"We're here to talk about feelings, inside hurting and outside hurting and so much more. If something bad and emotional happened we are here to support you. Trust me after STAR club your gonna feel so much happier"

Fundraising activities

COVID 19 pandemic has limited our ability to carry out local fundraising activities in this financial year. However we continue to be part of the national Ask and Act Provision and have delivered an Online Practitioners Event to raise awareness of our new online training programme. We have been successful and grateful to receive grant funding applications including Moondance Foundation, Nationwide and Postcode Lottery. We received top up funding from The National Lottery and Lloyds Foundation to support us to adapt to the COVID pandemic. Please See Note 2 and 4 for a full list of funders.

FINANCIAL REVIEW

Financial position

Due to the Covid-19 pandemic, and government imposed lockdowns, it was necessary to close our offices at periods during the year and work remotely. Work took place to implement our business recovery plans to respond rapidly to this change. Flexibility and adaptability was needed to enable this to work and due to previous foresight many systems were in place. Thanks must be given to the dedication of our staff to enable this to take place.

The Leadership team worked tirelessly to access funds to minimize risks such as PPE, sanitizing and adaptive works to control the spread of the virus and to respond to the needs of remote working with the need for increased IT and Communications equipment in addition to staff training.

Focus then turned to improved support for survivors and CarmDAS was able to secure £109,764 in funding in response to the additional risks and support needs. The support by grant funders has been tremendous demonstrating confidence in CarmDAS' ability to provide services to those being subjected to domestic abuse.

Our position has thus been improved and the charity has made a gain of £38,470 compared to a loss in 2019/20 of £11,508.

Principal funding sources

The principle funding streams remain consist of amounts received from the Housing Support Grant (38%), third sector grants (31%), rental income (15%) and Children's Services Grants (6%). Lloyds Foundation continuing with their funding towards CarmDAS Core Costs.

Financial Position

Reserves Policy

It is the policy of the charity to maintain unrestricted and designated funds, to ensure sufficient reserves to meet expenditure for the period following the end of the financial year until grant payments are made for the new financial year.

The free reserves of the charity less outstanding debtors are to equate to circa six month's expenditure. The trustees review the needs for reserves in line with guidance issued by the Charity Commission. It has been identified that the greatest area of risk to the effectiveness of the charity is loss of grant income and unexpected costs. The trustees consider that six month's reserves provides sufficient funds to cover management and administration and support costs, in the event of alternative funds needing to be sourced.

At the Balance sheet date, the level of reserves is roughly in line with that outlined in the Reserves Policy above. The Trustees are taking steps to maintain the reserves through cost reduction, additional income generation and fundraising.

FUTURE PLANS

This financial year has brought many challenges, changes and opportunities and we have demonstrated adaptability and resilience in our responses. As part of our business strategy we will further develop our work with survivors, their children and families. We have achieved a Welsh Womens Aid NQSS conditional pass and are working to achieve a full pass.

We are planning to further develop
- services for male victims,
- children's services
- Online learning and development and peer support activities.
- therapeutic well-being services

In addition we want to:
- improve our accessibility in working with groups from the LGBTQ+, travelling and BME communities
- invest in our team to ensure they continue to provide a trauma informed, strengths based services and are equipped with the knowledge to carry out their role

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Carmarthen Domestic Abuse Services Limited is a company limited by guarantee governed by its Memorandum and Articles of Association dated 20th August 1997 and amended in December 2017. It is registered as a charity with the Charity Commission.

Recruitment and appointment of new trustees

All trustees are members of the Board. Applications for trusteeship are sought by advertisement and personal contact. Trustees are elected at the Annual General Meeting, and throughout the year, as suitable candidates come forward, and are needed to maintain a balanced board. Two new trustees have been recruited this year.

CarmDAS trustees have distinguished careers in a wide range of areas and are selected based on their skills expertise and experience. There is an expectation that trustees will add significant value to the work of the charity and its long term governance. They do not receive remuneration for their role as trustees.

Organisational structure

The trustees are responsible for decisions regarding the development of strategy and policy, employment, and financial management of the charity's resources. The day to day running of the charity is delegated to Chief Executive as stated in the charity's systems and accounting procedures. Trustees meet on a regular basis throughout the year.

Induction and training of new trustees

Each new trustee is given a Trustee handbook containing information about the charity. This includes: a brief history of Carmarthen Domestic Abuse Services Limited, an Organisation chart, details of staff, Bankers, Accountants and Auditors, a list of policies, the Charity Commission brochure ' The Essential Trustee: What you need to know' and The Company's House brochure 'Directors and Secretaries Guide' a Conflict of Interest policy, as well as a Delegation policy.

Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related parties

Carmarthen Domestic Abuse Services Limited is affiliated to Welsh Women's Welsh Women's Aid works to influence government policy; to support member groups, to disseminate and promote best practice and promote the implementation of service delivery standards. This membership provides CarmDAS with a voice on a national level, an opportunity to learn and share experiences and achievements and maintain a national picture of domestic abuse in Wales.

The Charity works in partnership with other local and national organisations and take an active role in the local MARAC (Multi Agency Risk Assessment Conference). There is extensive collaborative working arrangements with other local charities to ensure quality of support for survivors and consistency of services. Pobl is the landlord of the refuge and CarmDAS is active within the Homelessness Forum, the Mental Health Forum, the Housing Grant Providers Network, the Health & Social Well-being Network and the VAWDSV (Violence Against Women Domestic & Sexual Violence) Regional Frameworks.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have examined the major strategic, business and organisational risks which the charity faces and confirm the systems have been established to enable regular reports to be produced so that necessary steps can be taken to lessen these risks. To manage and mitigate risk a business risk register has been implemented and is reviewed quarterly.

The main risks raised as part of this process is the upcoming commission of the Housing Grant Contracts due to take place in 2022; delivery of services during the COVID-19 pandemic and the impact of the pandemic on the well-being of staff.

The trustees have implemented plan in place to mitigate these risks through income diversification, investing in efficient communication systems, employee assistance programme and additional supervision. Policies and processes were put into place quickly to adapt to a different way of working to ensure services remained relevant, responsive and speedy and safeguarded survivors and staff. There has been increased partnership working during the period due to remote communications enabling ease of access.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03386093 (England and Wales)

Registered Charity number

1064046

Registered office

Ty Myrddin
Cambrian Place
Carmarthen
Carmarthenshire
SA31 1QG

Trustees

Due to the nature of the organisation the Charities Commission have agreed to an exemption from disclosing the names of all the Charities Trustees.

Company Secretary

Victoria Snook

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner
Mark Jones BSc FCA
ICAEW
Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Bankers
Lloyds Bank
43 King Street
Carmarthen
Carmarthenshire
SA31 1BW

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 17/12/2021 and signed on its behalf by:

[redacted]

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

Independent examiner's report to the trustees of Carmarthen Domestic Abuse Services Limited ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mark Jones BSc FCA
ICAEW
Clay Shaw Butler
Chartered Accountants
24 Lammas Street
Carmarthen
Carmarthenshire
SA31 3AL

Date: 20/12/2021

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	40,447	143,590	184,037	83,842
Charitable activities	5				
Community		-	9,744	9,744	-
Refuge		80,659	109,474	190,133	185,914
Floating Support		-	81,182	81,182	81,182
Children's Services		-	29,338	29,338	21,166
Other trading activities	3	600	-	600	-
Investment income	4	932	-	932	320
Total		122,638	373,328	495,966	372,424
EXPENDITURE ON					
Raising funds	6	-	-	-	21
Charitable activities	7				
Community		31,693	112,346	144,039	93,261
Refuge		64,252	112,637	176,889	183,062
Floating Support		-	85,476	85,476	81,087
Children's Services		-	51,092	51,092	26,501
Total		95,945	361,551	457,496	383,932
NET INCOME/(EXPENDITURE)		26,693	11,777	38,470	(11,508)
Transfers between funds	18	(76)	76	-	-
Net movement in funds		26,617	11,853	38,470	(11,508)
RECONCILIATION OF FUNDS					
Total funds brought forward		180,221	5,434	185,655	197,163
TOTAL FUNDS CARRIED FORWARD		206,838	17,287	224,125	185,655

The notes form part of these financial statements

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

BALANCE SHEET
31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	31.3.21 Total funds £	31.3.20 Total funds £
FIXED ASSETS					
Tangible assets	13	986	-	986	4,501
CURRENT ASSETS					
Debtors	14	27,605	15,888	43,493	29,458
Investments	15	4,191	-	4,191	3,622
Cash at bank and in hand		214,179	71,265	285,444	183,358
		245,975	87,153	333,128	216,438
CREDITORS					
Amounts falling due within one year	16	(40,121)	(69,868)	(109,989)	(35,284)
NET CURRENT ASSETS		205,854	17,285	223,139	181,154
TOTAL ASSETS LESS CURRENT LIABILITIES		206,840	17,285	224,125	185,655
NET ASSETS		206,840	17,285	224,125	185,655
FUNDS	18				
Unrestricted funds				206,840	180,221
Restricted funds				17,285	5,434
TOTAL FUNDS				224,125	185,655

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

continued...

BALANCE SHEET - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

[redacted]

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Carmarthen Domestic Abuse Services Limited (CARMDAS) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction values unless otherwise stated in the relevant accounting policy note(s).

At 31 March 2021 CARMDAS has total reserves of £224,125 and free reserves (after deducting restricted and designated funds) of £205,854.

The Supporting People programme refuge grant and the Floating Support contract have been extended to September 2022. It is expected that both grants will go out for tender in March 2022.

Accordingly, material uncertainty exists that may cast significant doubt on the company's ability to continue as a going concern, however the trustees consider the going concern basis adopted for the preparation of the financial statements to be appropriate.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

GOVERNANCE COSTS

The allocation of costs to this heading is by direct allocation from those costs that are directly attributable to the costs associated with constitutional or statutory requirements.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33.33% on cost

Due to the nature of the majority of assets being purchased by the charity being that of furniture for the refuge, it is considered appropriate to write these smaller items off to the SOFA in the year of purchase based on historical experience that these items are generally replaced on an annual basis.

The Charity currently has a financial policy to capitalise all additional assets that are individually valued at more than £1,000.

continued...

1. ACCOUNTING POLICIES - continued

TAXATION
The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used in accordance with the criteria set by the funder. Any virements from the original restrictions must be agreed with the funder/donor prior to taking action.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

HIRE PURCHASE AND LEASING COMMITMENTS
Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

PENSION COSTS AND OTHER POST-RETIREMENT BENEFITS
The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

FINANCIAL INSTRUMENTS
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instrument are initially recognise at transaction value and subsequently measured at their settlement value.

CURRENT ASSET INVESTMENT
Investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.
The charitable company does not acquire put options, derivatives or other complex financial instruments.
All of the company's investments can be converted to cash immediately and as such are shown as current assets.

REALISED GAINS AND LOSSES
All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investment are calculated as the difference between sale proceeds and their opening carrying value or their purchase price if acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value. Realised and unrealised investment gains and losses are combined in the Statement of Financial Activities.

DEBTORS
Trade debtors and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

CREDITORS
Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are recognised at their settlement amount.

continued...

2. DONATIONS AND LEGACIES

	31.3.21	31.3.20
	£	£
Donations	8,600	3,616
Grants	175,437	80,226
	184,037	83,842

Grants received, included in the above, are as follows:

	31.3.21	31.3.20
	£	£
Lloyds TSB Foundation for England & Wales	8,230	-
Children in Need	9,235	2,064
Big Lottery Funds - Awards for All	8,000	-
Farm Rural Grant	34,586	23,941
Engage & Play Awards for All	-	8,333
Mind Peer Support	-	20,821
Lloyds Core Grant	31,850	23,567
Welsh Govenment Capital Fund	6,950	-
Ministry of Justice	14,584	-
Welsh Government Voluntary Services Emergency Fund	6,666	-
Carmarthenshire County Council Regional Fund	14,307	-
Community Foundation Wales	11,250	-
The Moondance Foundation Covid-19 Relief Fund	14,562	-
Comic Relief Covid-19 Emergency Fund	14,579	-
Other grants	638	1,500
	175,437	80,226

3. OTHER TRADING ACTIVITIES

	31.3.21	31.3.20
	£	£
Training	600	-

4. INVESTMENT INCOME

	31.3.21	31.3.20
	£	£
Deposit account interest	200	320
Investment income	732	-
	932	320

continued...

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	31.3.21 £	31.3.20 £
Grants	Community	9,744	-
Rent	Refuge	74,311	73,199
Residents contribution to services	Refuge	6,348	3,241
Grants	Refuge	109,474	109,474
Grants	Floating Support	81,182	81,182
Grants	Children's Services	29,338	21,166
		310,397	288,262

Grants received, included in the above, are as follows:

	31.3.21 £	31.3.20 £
Supported People Provider Grant - Floating Support	81,182	81,182
Supported People Provider Grant - Refuge	109,474	109,474
Families First	21,166	21,166
People's Postcode Trust	9,744	-
Welsh Government (Early Years) Child Development Grant funding	8,172	-
	229,738	211,822

6. RAISING FUNDS

RAISING DONATIONS AND LEGACIES

	31.3.21 £	31.3.20 £
Cost of generating income	-	21

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Community	70,492	73,547	144,039
Refuge	130,332	46,557	176,889
Floating Support	72,065	13,411	85,476
Children's Services	39,841	11,251	51,092
	312,730	144,766	457,496

continued...

8. SUPPORT COSTS

	Management	Governance costs	Totals
	£	£	£
Community	72,376	1,171	73,547
Refuge	44,286	2,271	46,557
Floating Support	13,267	144	13,411
Children's Services	11,060	191	11,251
	140,989	3,777	144,766

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.21	31.3.20
	£	£
Independent Examination Fee	3,540	3,245
Depreciation - owned assets	3,515	3,516
Other operating leases	7,200	7,200

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

TRUSTEES' EXPENSES

During the year no trustees received reimbursed expenses (2020: nil)

11. STAFF COSTS

	31.3.21	31.3.20
	£	£
Wages and salaries	277,453	231,200
Social security costs	18,413	18,296
Other pension costs	15,093	14,613
	310,959	264,109

The average monthly number of employees during the year was as follows:

	31.3.21	31.3.20
Administration & finance	2	2
Support work	11	10
	13	12

No employee received emoluments in excess of £60,000.

continued...

11. STAFF COSTS - continued

The key management comprise of the Chief Executive. The total employee benefits (including gross salary, employer national insurance contributions and employer pension contributions) of the key management personnel of the Charity were £46,640.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	28,674	55,168	83,842
Charitable activities			
Refuge	76,440	109,474	185,914
Floating Support	-	81,182	81,182
Children's Services	-	21,166	21,166
Investment income	320	-	320
Total	105,434	266,990	372,424
EXPENDITURE ON			
Raising funds	8	13	21
Charitable activities			
Community	45,859	47,402	93,261
Refuge	72,930	110,132	183,062
Floating Support	-	81,087	81,087
Children's Services	-	26,501	26,501
Total	118,797	265,135	383,932
NET INCOME/(EXPENDITURE)	(13,363)	1,855	(11,508)
Transfers between funds	730	(730)	-
Net movement in funds	(12,633)	1,125	(11,508)
RECONCILIATION OF FUNDS			
Total funds brought forward	192,853	4,310	197,163
TOTAL FUNDS CARRIED FORWARD	180,220	5,435	185,655

continued...

13. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 April 2020 and 31 March 2021	10,654
DEPRECIATION	
At 1 April 2020	6,153
Charge for year	3,515
At 31 March 2021	9,668
NET BOOK VALUE	
At 31 March 2021	986
At 31 March 2020	4,501

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21 £	31.3.20 £
Trade debtors	17,688	23,653
Accrued income	17,675	4,685
Prepayments	8,130	1,120
	43,493	29,458

15. CURRENT ASSET INVESTMENTS

	31.3.21 £	31.3.20 £
Listed investments	4,191	3,622

continued...

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.21	31.3.20
	£	£
Trade creditors	19,509	11,501
Payroll liabilities	-	1,157
Deferred income	84,456	17,631
Accrued expenses	6,024	4,995
	109,989	35,284

17. LEASING AGREEMENTS

The total of future minimum lease payments under non-cancellable operating leases are as follows:

	2021	2020
	Land & buildings	Land & buildings
	£	£
Due within 1 year	9,600	9,600
Due 1- 5 years	11,200	20,800
Due > 5 years	-	-
	20,800	30,400

continued...

18. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	180,221	26,695	(76)	206,840
Restricted funds				
SPPG - floating support	95	(1,715)	-	(1,620)
SPPG - refuge	2,501	(535)	-	1,966
Children in Need	1,475	643	-	2,118
Families First - DASH	-	3	-	3
People's Postcode Trust - Freedom and Beyond	-	3,850	-	3,850
Big Lottery Rural Grant Programme	1,363	1,809	-	3,172
Welsh Goverment capital fund	-	(70)	70	-
WCVA - Voluntary Services Emergency Fund	-	(6)	6	-
Community Foundation Fund	-	1,066	-	1,066
Big Lottery Rural Top Up Grant	-	3,448	-	3,448
Moondance Foundation Grant	-	(1,234)	-	(1,234)
Awards 4 All - Covid-19 Rebuild Grant	-	4,151	-	4,151
Comic Relief Covid-19 Emergency Fund	-	(415)	-	(415)
Children in Need ACES Project	-	894	-	894
Nationwide Money Coach fund	-	(114)	-	(114)
	5,434	11,775	76	17,285
TOTAL FUNDS	185,655	38,470	-	224,125

continued...

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	122,638	(95,943)	26,695
Restricted funds			
SPPG - floating support	81,181	(82,896)	(1,715)
SPPG - refuge	109,473	(110,008)	(535)
Children in Need	6,193	(5,550)	643
Families First - DASH	21,167	(21,164)	3
People's Postcode Trust - Freedom and Beyond	9,744	(5,894)	3,850
Big Lottery Rural Grant Programme	24,591	(22,782)	1,809
Welsh Goverment capital fund	6,950	(7,020)	(70)
WCVA - Voluntary Services Emergency Fund	6,665	(6,671)	(6)
Lloyds Bank Foundation covid-19 crisis fund	8,230	(8,230)	-
Regional Revenue Grant	14,307	(14,307)	-
MOJ VAWDASV Covid 19 Fund	14,584	(14,584)	-
Community Foundation Fund	11,251	(10,185)	1,066
Big Lottery Rural Top Up Grant	9,995	(6,547)	3,448
Moondance Foundation Grant	14,562	(15,796)	(1,234)
Awards 4 All - Covid-19 Rebuild Grant	8,001	(3,850)	4,151
Comic Relief Covid-19 Emergency Fund	14,581	(14,996)	(415)
Welsh Government (Early Years) Child Development grant fund	8,172	(8,172)	-
Children in Need ACES Project	3,043	(2,149)	894
Nationwide Money Coach fund	-	(114)	(114)
MMW PPE fund	638	(638)	-
	373,328	(361,553)	11,775
TOTAL FUNDS	495,966	(457,496)	38,470

continued...

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	188,853	(9,362)	730	180,221
Capital fund	4,000	(4,000)	-	-
	192,853	(13,362)	730	180,221
Restricted funds				
SPPG - floating support	-	95	-	95
SPPG - refuge	3,162	(661)	-	2,501
Children in Need	-	1,475	-	1,475
Families First - DASH	-	(10)	10	-
Lloyds Bank Foundation for England and Wales - Crisis Worker	513	-	(513)	-
Lloyds Bank Foundation for England and Wales - Transform Research Project	502	(113)	(389)	-
Big Lottery Rural Grant Programme	(19)	1,382	-	1,363
Co-op Puppets	335	(414)	79	-
Engage & Play Awards for All	1,667	(1,696)	29	-
Mind Peer Support	(1,850)	1,796	54	-
	4,310	1,854	(730)	5,434
TOTAL FUNDS	197,163	(11,508)	-	185,655

continued...

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,434	(114,796)	(9,362)
Capital fund	-	(4,000)	(4,000)
	105,434	(118,796)	(13,362)
Restricted funds			
SPPG - floating support	81,186	(81,091)	95
SPPG - refuge	109,476	(110,137)	(661)
Children in Need	2,064	(589)	1,475
Families First - DASH	21,167	(21,177)	(10)
Lloyds Bank Foundation for England and Wales - Transform Research Project	-	(113)	(113)
Big Lottery Rural Grant Programme	23,942	(22,560)	1,382
Co-op Puppets	-	(414)	(414)
Engage & Play Awards for All	8,334	(10,030)	(1,696)
Mind Peer Support	20,821	(19,025)	1,796
	266,990	(265,136)	1,854
TOTAL FUNDS	372,424	(383,932)	(11,508)

SPPG - Floating Support
Carmarthenshire County Council Supporting People Providers Grant for provision of structured tenancy related support services out in the community.

SPPG - Refuge
Carmarthenshire County Council Supporting People Providers Grant for provision of crisis access safe accommodation and support within refuge.

Children In Need
Children In Need's Small Grant Programme will be used to provide activity groups for children who have been impacted by Domestic Abuse in a safe and supportive environment.

Families First DASH (Domestic Abuse Stops Here)
Funding secured through Tender application from Carmarthenshire County Council Children's Partnership, Families First for provision of structured support for children 0 - 18 out in the community.

People's Postcode Trust - Freedom and Beyond
To create a short film about the lives of women who have experienced domestic abuse.

Big Lottery Rural Grant Programme - To provide a project and new worker working in the rural wards of Carmarthen to tackle the impact of domestic abuse on those living in rural areas of Carmarthenshire.
for women who have / are experiencing domestic abuse and who have poor mental health.

continued...

18. MOVEMENT IN FUNDS - continued

Welsh Government Capital Fund - The grant was accessed through the regional VAWDSV group and provided capital equipment for CarmDAS to respond to the COVID pandemic.

WCVA - Voluntary Services Emergency Fund - Welsh Goverment funding which was used for additional cleaning costs incurred in relation to the COVID-19 pandemic.

Lloyds bank Foundation Covid-19 crisis fund - The grant covered costs for modifications to the offices premises to respond to the Covid-19 pandemic and enable us to reopen our offices safely.

Regional Revenue Grant - The grant has been utilised to provide additional support for our Back to Me Project which focuses on well-being. This has be in response to the increase demand for services as a result of the pandemic

MOJ VAWDASV Covid 19 Funding - The grant has been utilised to enable additional capacity within our team to deliver support services due to increased demand caused by Covid-19

Community Foundation Fund - The grant has been utilised for additional staffing costs in response to the increased needs for CarmDAS services during the pandemic

Big Lottery Rural Top up - The rural Top Up grant has been used during the year to train workers and develop an online educational training programme to clients in rural areas of Carmarthenshire who have experienced domestic abuse

Moondance Foundation Grant - The Moondance grant has enabled CarmDAS to employ an additional worker to provide practical and emotional support to survivors in response to the increased demand caused by the pandemic

Awards 4 All - Covid-19 Rebuild Grant - The funding received has been used for additional staffing costs and enabled extended support hours to be delivered in relation to the pandemic

Comic relief covid-19 emergency fund - The funding has been used to employ a senior Children and Young Persons worker to provide additional support to those impacted by domestic abuse during the pandemic and develop the service

Welsh Government (Early Years) Child Development Grant fund - The additional grant has enabled CarmDAS to provide additional support to under 5's by providing additional support hours and provide training and resources to new parents impacted by domestic abuse

Children in Need - ACES Project - Working in partnership with Calan DVS to provide two child and young person support workers to be trained and deliver the ACES recovery toolkit within Carmarthenshire to those impacted by domestic abuse

Nationwide Money Coach fund - The grant funding will provide staff and associated costs to work with Clients affected by economic abuse.

MMW PPE - Funding towards PPE during Covid - 19 pandemic.

continued...

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	8,600	3,616
Grants	175,437	80,226
	184,037	83,842
Other trading activities		
Training	600	-
Investment income		
Deposit account interest	200	320
Investment income	732	-
	932	320
Charitable activities		
Rent	74,311	73,199
Residents contribution to services	6,348	3,241
Grants	229,738	211,822
	310,397	288,262
Total incoming resources	495,966	372,424
EXPENDITURE		
Raising donations and legacies		
Cost of generating income	-	21
Charitable activities		
Wages	217,863	174,052
Social security	16,545	12,386
Pensions	11,041	9,412
Utilities	7,518	5,929
Telephone & internet	4,953	6,196
Postage and stationery	1,092	344
Publicity	918	-
Sundries	987	-
Worker expenses	546	218
Volunteer expenses	-	221
Children's support	5,187	1,535
Carried forward	266,650	210,293

19. EMPLOYEE BENEFIT OBLIGATIONS

The charity pays into a defined contribution pension scheme for its employees. The pension cost charge represents contributions paid by the charity to the fund and amounted to £10,518 (2019: £14,651). At the year end 31 March 2020 £1,158 (2019: £2,143) of pension contributions remained outstanding.

20. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
Charitable activities		
Brought forward	266,650	210,293
Women's support	1,930	1,778
Repairs and renewals	3,657	2,942
Training	12,789	10,567
Supervision	1,003	1,054
Housing association management charge	22,573	22,452
Cleaning health and safety	3,780	4,669
Recruitment	114	-
Travelling expenses	234	3,110
Project delivery costs	-	74
	312,730	256,939
Support costs		
Management		
Wages	59,590	57,148
Social security	1,868	5,910
Pensions	4,052	5,201
Rent	7,200	7,200
Rates and water	583	-
Insurance	2,963	3,675
Publicity	5,454	7,933
Telephone	6,271	2,926
Postage and stationery	284	1,133
Cambrian office general costs	7,420	6,061
Sundry	980	1,974
Cleaning	3,457	356
Repairs and renewals	1,330	884
Health and safety	7,193	688
Womens expenses	1,254	444
Worker expenses	817	37
Training	4,115	-
Computing costs	17,742	9,934
Travelling expenses	-	1,666
Legal fees	18	36
Professional fees	4,882	5,859
Computer equipment	3,516	3,516
	140,989	122,581
Governance costs		
Independent Examination Fee	3,540	3,245
Annual report and AGM costs	-	1,102
Carried forward	3,540	4,347

CARMARTHEN DOMESTIC ABUSE SERVICES LIMITED

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	31.3.21 £	31.3.20 £
Governance costs		
Brought forward	3,540	4,347
Bank charges	237	44
	3,777	4,391
Total resources expended	457,496	383,932
Net income/(expenditure)	38,470	(11,508)