

**THE
JANKI FOUNDATION
FOR SPIRITUALITY IN HEALTH CARE**

**ANNUAL REPORT
YEAR ENDED 31 OCTOBER 2024**

(Charity No. 1063908)

THE JANKI FOUNDATION FOR SPIRITUALITY IN HEALTH CARE

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Annual Report

YEAR ENDED 31 OCTOBER 2024

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**The Janki Foundation for Spirituality in Healthcare
Report of the Trustees
For the year ended 31 October 2024**

The trustees present their report, along with the financial statements of the charity, for the year ended 31 October 2024. The financial statements have been prepared based on the accounting policies set out in note 1 (page 12) to the financial statements and comply with the charity's constitution. The Janki Foundation for Spirituality in Healthcare is a charity registered with the Charity Commission under registration number 1063908.

Legal and administrative information

Chairperson

Dr Sarah Egger

Vice Chairperson

Suja Chandran

Honorary Treasurer

Chandrabala (Charu) Patel

Honorary Secretary

Viraj Patel

Trustees

Dr Sarah Egger

David Goodman

Charoobala Maroo

Chandrabala Patel

Mahesh Patel

Nayankumar Patel

Ratan Thadani

Independent Examiner

Umang Mody

Business Address

7 Kenton Court,

Kenton Road

Harrow

HA3 8AQ

Structure, Governance and Management

Trustees and organisational structure

The trustees who held office during the financial year and at the date of this report are set out on page 1.

The constitution allows up to 16 trustees to be appointed. All members of the board of trustees shall retire from office together at the end of five years, after the date on which they came into office. However, they may be re-elected or re-appointed. All existing trustees were re-elected at the AGM on 27th October 2022, after a 5-year term and all have experience of being a charity trustee. Some of the trustees have served in this role since the charity was set up. New trustees are nominated by members of the board of trustees. When appointed they are informed about the work of the charity, charity laws and are provided with information to help them fulfil their roles as trustees.

Each trustee takes responsibility for the charity's activities, chairing sub-groups as required for the main areas of work. Each sub-group reports to the board of trustees where key decisions are undertaken.

The charity's honorary secretary together with several volunteers manage the day-to-day operation of the charity on behalf of the trustees.

Risk management

Trustees deal with specific areas of the charity, e.g., finance, legal and administrative funding. Individuals chosen for these roles are based on their experience and hence the trustees have mitigated risks via this approach.

All significant activities undertaken are subject to a risk review as part of the initial project assessment and implementation.

Major risks considered are:

- Operational performance, including risks to our personnel and volunteers
- Achievement of our aims and objectives

The trustees review these risks on an ongoing basis and satisfy themselves that adequate systems and procedures are in place to manage the risks identified.

We continue to review our internal controls, management accounting and budget-setting processes to establish a better system of reporting on spending.

Objectives and Activities

The Janki Foundation for Spirituality in Healthcare (JF) is a non-governmental, non-political, non-religious organisation established in 1997. The Trust is constituted under a constitution adopted on 15th December 1996 and amended by resolutions on 3rd August 1997 and 20th June 2000. The constitution was further amended by resolution on 19th August 2014 (Creation of the post of Vice-Chair) and 14th November 2014 (Change in Charity Name approved by the Charity Commission, and change to Clause L (1)), which was registered with the Charity Commission. The constitution defines the charity's objectives as being:

- Relieve sickness and protect and preserve public health in Rajasthan, India, particularly by assisting the work of The J Watumull Global Hospital and Research Centre at Mount Abu.
- Advance education by the provision of health education programmes and by undertaking medical research and disseminating the useful results thereof.

The activities currently carried out by the charity to deliver these objectives can be broadly categorised into the following areas:

- **J Watumull Global Hospital and Research Centre (GHRC):** The Foundation was originally set up to support GHRC. The charity's trustees and friends continue to be proactive in providing expertise and guidance on specific projects.
- **Organising educational conferences, dialogues, seminars, lectures, workshops and retreats.**
- **Educational products** - The Foundation continues to look at developing further educational products to support healthcare professionals in their daily challenges.
- **Values in Healthcare: a spiritual approach (VIHASA):** a unique educational programme to support the well-being of healthcare professionals (launched in 2004) - this resource continues to be available online free of charge.
- **Publications and resources – VIHASA pack and three self-help books with CDs/mp3 audio tracks:**
 - *Lifting Your Spirits: Seven Tools for Coping with Illness,*
 - *The Heart of Well-being: Seven Tools for Surviving and Thriving*
 - *Stillness in the Storm: 7 tools for coping with fear and uncertainty*

The Foundation also produces small booklets to support healing and well-being.

- **Networking and collaborating with other organisations to promote the integration of spirituality in healthcare.**

The charity delivers its charitable objectives entirely through volunteers.

Activities, Achievements and Performance

Over the last year, the Foundation has been involved in various activities.

- **JF annual general meeting**
This was held virtually via Zoom on 13th September 2024, where amongst other discussions, the accounts for the year ending October 2023 were discussed and approved.
- **Rest & Restore Retreat** at Global Retreat Centre, Oxford, 20 – 22nd September 2024
In September 2024, JF organised the **Rest and Restore Retreat** over a weekend at Global Retreat Centre in Oxford for a wide group of healthcare professionals from across UK. Participants explored the theme of balance and self-care through activities such as yoga, panel discussions and reflective exercises. Speakers shared insights on inner strength and self-practices, as well as addressing the challenge burnout and the importance for boundaries. Small groups engaged in exercises like Forest Bathing and Sound Bath for creativity and healing. The retreat included self-

reflection and compassion sessions, culminating in writing compassionate messages to oneself. Feedback showed participants were grateful for the nurturing environment and opportunity for personal growth. The weekend retreat provided a transformative experience for participants, allowing them to reconnect with themselves, find inner peace, and gain valuable insights into self-care.

The report of the retreat is available on the JF website, along with a podcast recording of the panel discussion titled ***Superpower/What Supports You?*** in which the panel of healthcare professionals discuss how they thrive and maintain a sense of positivity in clinical settings and a balanced living through various life experiences.

- **The Values in Healthcare programme**

The Foundation's flagship project is Values in Healthcare: a spiritual approach (VIHASA), a modular personal and team development programme supporting practitioner wellbeing. The programme is delivered via a pack of materials, which was first published in 2004. Since then, the programme has been translated into more than a dozen languages and is in use in over 50 countries. The VIHASA pack continues to be available online free of charge on the Foundation's website. Up to the end of October 2024, 420 requests have been received for the free downloadable pack. The printed pack is also available to purchase online at a very reasonable price. Advice and guidance (including requests for training) are given to individuals and organisations who wish to use the programme. VIHASA activities continue around the world, notably in India and South Africa. In 2024 Raksha Balbadhur, from South Africa, ran the VIHASA programme online nationally every month for palliative care teams. She is planning an Africa-wide Facilitator Training in Kenya from 19-22 June 2025, as well as offering two online introductory taster sessions on 13 April and 18 May 2025 for those wishing to experience the programme first-hand.

- **VIHASA Global**

This project was initially called VIHASA Online and is an online version of the well-established Values in Healthcare: a spiritual approach (VIHASA) modular programme, with an emphasis on the spiritual tools. It was formally launched in March 2023. The online programme has been co-created and enabled by Nirmala Ragbir-Day, Masana De Souza, Elaine Roddam and Raksha Balbadhur. Data from the pilot trainings is being evaluated to refine the programme. To date, 122 facilitators worldwide have completed an orientation. The VIHASA Global Governance group was set up in April 2024. The group meets monthly to regulate all aspects of the VIHASA project so that it falls in line with the JF's charitable aims, legal responsibilities, the charity's capacity and resources. There is a proposal to develop an online forum, which will be an important component of the VIHASA Global project offering access to resources and interactive elements.

- **Silence Retreats at Quiet View in Kent**

These in person one-day silence retreats continue to successfully attract participants. They are led by Dr Julia Ronder (Child and Adolescent Psychiatrist, Certified Mindful Self-Compassion Teacher, Janki Foundation Coordinator, Kent), Rev Lizzie Hopthrow (Director of Quiet View) and Lorraine Millard (Psychotherapist, Supervisor, and Mindfulness Instructor). The 2024 retreats were titled "Rest, Refresh, Rejuvenate". They were held in January, April, June and October, with each session reflecting the essence of the respective season:

Winter: 'Emerging from Darkness into Light'.

Spring: 'Blessing our own lives and the journey ahead'

Summer: 'Deepening our sense of Belonging'.

Autumn: 'Holding on to the thread of peace'.

- **International Compassion Community**

JF, in collaboration with the Dutch foundation BFC Compassionate Care and Mindful Medicine, continue to offer live online meditation sessions in English on Thursday evenings. These sessions have been running for more than four years. Originally intended for healthcare professionals, but since January 2024 access to these meditations has been widened to all those who care. Participation is free, with an option to donate to JF after the JF led meditations. BFC CCMM has also partnered with the Global Compassion Coalition increasing JF's outreach potential.

- **Meditation sessions in London hospitals**

An initiative to enable healthcare workers to experience how spirituality can be integrated into their current working practice. The meditation sessions offered to healthcare staff at St Mary's and Queen Charlotte Hospital paediatric intensive care units are currently on hold and may be reintroduced in 2025.

- **Publications**

The Foundation continues to work with Brahma Kumaris Information Services (BKIS) to market and distribute all JF publications. These publications are available on the Foundation's website, as well as on Inspired Stillness, the BKIS website. Sales orders received on the JF website are redirected to Inspired Stillness for processing and distribution. The three books in the 7 Tools series: *Lifting Your Spirits*, *Heart of Wellbeing* & *Stillness in the Storm* are all available as eBooks and print format. The audiobook for *Lifting Your Spirits* was recorded in February 2024 and is available on Googleplay along with the *Stillness in the Storm* audiobook. The print version of *Lifting Your Spirits* can also be purchased on Amazon.

- **Booklets supporting healing and well-being**

These are available online; printed copies are also available on request. A brief information flyer about the work of the Foundation is also available online.

- **Some health trusts in the UK continue to use or integrate JF materials** in their training, study days and retreats, particularly South West Yorkshire Partnership NHS Trust.

- **Ad-hoc presentations and workshops continue** online at conferences, exhibitions and networking with organisations dealing with mental health, etc.

- **Community Group**

The community group consists of 78 members from all over the UK. These meetings empower those interested in initiating local activities in line with the Foundation's aims and objectives, as well as allowing them to explore and develop educational materials to support the healthcare community. The meetings continue as face-to-face meetings, along with possible in-person retreats.

Three meetings have taken place at Global Cooperation House during this period, each based on a different theme. 2nd December 2023 - The main theme explored was **Gratitude**. 1st June 2024 - **Using Virtues to Sustain Life** 19 October 2024- **Flourish and Live Mindfully**. During these meetings, facilitators guided participants in exploring each theme through practices such as meditation, reflection, discussion, listening, creativity, appreciation, movement, and play. The groups participated in both small group sharing and plenary sessions. They addressed current challenges and concerns they observed in the healthcare sector or their workplaces, as well as exchanging ideas for new projects, sharing expertise, and planning future events.

- **Northern Group**

The Northern group meets regularly to discuss service projects and continues to support health and social care practitioners in their local area. This year the group has primarily focused on the VIHSA Global programme, specifically its online adaptation.

- **Happidote**

This free mobile phone meditation app for health and social care professionals and caregivers was launched in November 2019. The app is an important resource that continues to be valued by healthcare workers all over the world. It offers an easy way to access practical advice through simple guided meditations to help calm the mind and soothe the stress of work. Ten common scenarios faced in healthcare settings have been identified; for each scenario, a short commentary has been prepared as an antidote.

The app is currently undergoing an upgrade and redevelopment to enable new features to be added on. Once completed, a relaunch is planned to promote the app and increase the number of users. The app's upgrade is kindly being funded by a generous contribution from an anonymous donor.

- **Foundation's website**

This is running well and most of the updates are being managed in-house by Preety Bhudia. Additional ongoing paid support is being provided by Health Hosts. Details of forthcoming events, news, videos of

past lectures, updates on publications and other resources are all available on the website. There are progressive in-house discussions to repurpose the website content. This will enable more user friendly and bite size information presentation.

- **Social media**

The Foundation continues to build its social media presence on Instagram and Facebook. It uses these platforms to share details about any upcoming events and activities, JF resources and other information.

A social media review was undertaken in September 2023 for a better understanding of how spirituality related information is accessed by healthcare professionals. A survey link was sent to those on the JF database and themes received from the survey were explored at the community meeting of 2nd December 2023. These themes will be considered when planning for future events, messages and outreach programmes.

- **GDPR**

Priority areas were implemented from 25th May 2018. A data management system is in place in line with GDPR. Our systems and processes are reviewed on a periodic basis.

- **Administration**

The small administration team (volunteers) continues to provide administrative support virtually for managing the day-to-day running of the office and provides support for the Foundation's events and activities. Most meetings take place online.

Financial Review

During the year, the charity raised £123,199 (2023: £115,827) from donations, legacies and similar incoming resources. We are pleased to report that our financial support commitment to Global Hospital and Research Centre was fulfilled. Income from information and education programmes totalled £84 (2023: £1,508) in the year.

The charity has £340,825 (2023: £275,030) of total cash funds carried forward at the end of the year.

Reserves Policy

In accordance with the guidelines of the Charity Commission, we have a reserves policy in place.

Plans for the Future

- **J Watumull Global Hospital & Research Centre**

The charity is to continue providing financial support for the existing projects carried out by the hospital and endorse the overall holistic approach taken to healthcare since the hospital was set up.
- **Organising educational conferences, seminars, lectures, workshops and retreats: 2024 and ongoing**
 - JF Annual Event. Title – *Restoring Human Values, Reclaiming the Soul in Healthcare* at Global Cooperation House, London. 2.30pm – 5.30pm, Saturday 30th November 2024.
 - Creating a series of podcasts around coping with fear and uncertainty based on ‘*Stillness in the Storm*’.
 - Further the Foundation’s work by collaborating with a Dutch foundation in providing daily meditations for healthcare workers and expanding this to the English-speaking world.
- **Values in Healthcare:**
 - Thousands of people have benefited from the programme around the world since it was launched in 2004. VIHASA is offered online on the Foundation’s website as a free resource for anyone to use as they wish. The printed pack continues to be offered at a reduced price.
 - The charity continues to be open to opportunities and discussions for the programme to be used by individuals or organisations as part of an overall strategy for integrating spirituality in their organisation, as well as exploring how it could be integrated into healthcare professionals’ education.
 - The Foundation is looking into producing an online platform with resource materials for facilitators who will be using the VIHASA-Global training content. New module content development for online delivery is in progress.
 - Creation of a new module for the VIHASA pack.
- **Social media and website**

The Foundation continues to build its social media presence on Instagram and Facebook. These platforms are used to share details about any upcoming events and activities, JF resources and other information. The themes from the September 2023 survey will be further discussed with the working group. Based on this, an action plan will be developed to build on the current social media presence.

An ongoing review is taking place to enhance JF's online presence, with support from HealthHosts. Teams are being created to provide support in social media, IT, and legal matters.
- **Silence Retreats at Quiet View in Kent**

The three-monthly silence retreats in the Kent area will continue.
- Continue with **collaborative activities** as opportunities arise.
- **Hospital meditations.**

The meditations being offered to healthcare staff at St Mary’s and Queen Charlotte Hospital maybe reintroduced again.

- **Happidote**
After upgrading of the app, intentions are to relaunch it to promote and enhance usage, as well as consider developing new features.
- **Podcast**
Develop further podcasts exploring with healthcare professionals how they use spirituality to support them in their work.
- **Publications**
The Foundation continues to work with BKIS to promote all JF publications. The charity is still planning on creating an audiobook Heart of Wellbeing. It is also working with BKIS and m-y books for distribution of JF e-books on Amazon and audiobooks on Google Play.
- **The Steering Group** helps plan activities, propose changes and makes recommendations on the way forward with the changing climate in the health sector. Any new projects and recommendations are put forward for decisions and approval by the Trustees (who meet twice a year). The steering group continues to meet online every two months, with the occasional face-to-face meeting.
- **The wider Community Group** The community will continue to meet twice a year, with the next meeting planned for 5th April 2025.
- **Northern Group** continue to support the VIHASA Global programme and help promote the Happidote app.
- The next **AGM** is scheduled for 12th September 2025.

Declaration

The trustees declare that they have approved the trustees' report.

Signed on behalf of the charity's trustees.

Signature



Full name

SARAH EAGGER

Position

CHAIR

Date

26/08/2025

**Independent Examiner's Report to the Trustees of
The Janki Foundation for Spirituality in Health Care**

Independent Examiner's Report to the Trustees of The Janki Foundation for Spirituality in Health Care

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st October 2024 as set out on pages 10 to 14.

Responsibilities and basis of the report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

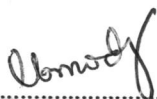
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signature



Date:

22-8-2025


Name: Umang B Mody


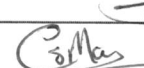
Relevant professional qualifications:

Chartered Accountant (The Institute of Chartered Accountants of India)

Chartered Internal Auditor (The Institute of Internal Auditors, USA)

Address: Flat 24, Dao Court, Dacre Road, London, E13 0PG

 <div>CHARITY COMMISSION FOR ENGLAND AND WALES</div>	Name : The Janki Foundation for Spirituality in Health Care		No: 1063908		CC16a		
	Receipts and payments accounts						
	For the period from	01/11/2023	To	31/10/2024			
Section A Receipts and payments							
	Note	Unrestricted funds		Restricted funds	Endowment funds	Total funds	Last year
		to the nearest £		to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts							
Donations, legaices and incoing resources	2	113,199		10,000	-	123,199	115,827
Investment Income	3	8,317		-	-	8,317	3,944
Information and Education Programme	4	84		-	-	84	1,508
		-		-	-	-	-
		-		-	-	-	-
		-		-	-	-	-
		-		-	-	-	-
		-		-	-	-	-
Sub total (Gross income for AR)		121,600		10,000	-	131,600	121,279
A2 Asset and investment sales, (see table).							
				-	-	-	
		-		-	-	-	-
Sub total		-		-	-	-	-
Total receipts		121,600		10,000	-	131,600	121,279
A3 Payments							
Grants and Donations Paid	5	51,823		12,000	-	63,823	93,854
Values in Health Care programme	5	31		-	-	31	293
Lifting Your Spirits	5	925		-	-	925	530
Well Being	5	44		-	-	44	471
Stillness in the Storm	5	730		-	-	730	3,190
General administration	6	252		-	-	252	2,348
Rent deposit refund	8			-	-	-	-
				-	-	-	-
		-		-	-	-	-
Sub total		53,805		12,000	-	65,805	100,685
A4 Asset and investment purchases, (see table)							
Capital Work In Progres				-	-	-	
		-		-	-	-	-
Sub total		-		-	-	-	-
Total payments		53,805		12,000	-	65,805	100,685
Net of receipts/(payments)		67,795		- 2,000	-	65,795	20,594
A5 Transfers between funds		-		-	-	-	-
A6 Cash funds last year end		273,030		2,000	-	275,030	254,435
Cash funds this year end		340,825		-	-	340,825	275,030

Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B1 Cash funds	Bank and Petty Cash- Refer Note 7	340,825	-	-	
		-	-	-	
		-	-	-	
	Total cash funds	340,825	-	-	
	(agree balances with receipts and payments account(s))	OK	OK	OK	
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B2 Other monetary assets	Rent deposit - Refer Note 8	-	-	-	
	Capital Work in Progress	-	-	-	
		-	-	-	
		-	-	-	
		-	-	-	
		-	-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
B3 Investment assets			-	-	
			-	-	
			-	-	
			-	-	
			-	-	
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
B4 Assets retained for the charity's own use	Fixed Assets - Note 9	0	-	-	
			-	-	
			-	-	
			-	-	
			-	-	
			-	-	
			-	-	
			-	-	
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)	
B5 Liabilities		0	-		
			-		
			-		
			-		
			-		
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval		
		CHANDRABALA PATEL	26/8/25		
		CHARUBALA MAREE	26/8/25		

Notes to the Accounts

Note 1: Accounting policies

The principal accounting policies, all of which have been applied consistently throughout the year, are set out below. Where a change of accounting policy or treatment has occurred, the prior year's figures have been adjusted to reflect the new treatment.

(a) Basis of preparation

These accounts have been prepared on a receipts and payment basis.

(b) Fund Accounting

Unrestricted funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area for specific purposes, the use of which is restricted to that area or purpose.

(c) Foreign currencies

Transaction in foreign currency is recognised at the exchange rate at the date of the transaction.

Note 2: Donations, legacies and similar incoming resources

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total 2024 £	Total 2023 £
Donations - gift aid	-	38,008	38,008	48,795
Donations – non-gift aid	10,000	65,162	75,162	54,552
Tax reclaimed on gift aid donations	-	10,029	10,029	12,481
Total	10,000	113,199	123,199	115,827

Note 3: Investment income

	2024 £	2023 £
Bank Interest	8,317	3,944

Note 4: Information & Education Programmes

	2024 £	2023 £
Value in Healthcare	-	45
Lifting your spirits	38	791
Heart of Well-being	38	-
Stillness in the Storm	-	672
Other income	7	
Total	84	1,508

Note 5: Grants and donations paid

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total 2024 £	Total 2023 £
General	-	51,760	51,760	69,267
GHRC - MRI & Thalassemia	12,000	-	12,000	24,000
Management & administration expenditure (share as shown on Note 6 below)	-	63	63	587
Total	12,000	51,823	63,823	93,854

	Direct 2024 £	Administration expenditure share shown on Note 6 below 2024 £	Total 2024 £	Total 2023 £
Programmes Expenditure:				
Values in Healthcare programme	-	31	31	293
Lifting Your Spirits	875	50	925	530
Heart of Well-being	-	44	44	471
Stillness in the Storm	541	189	730	3,190
Total	1,416	315	1,730	4,484

Note 6: Management and administration expenditure

	2024 £	2023 £
Rent	-	-
Telephone	89	60
Furniture/ Fittings	-	245
Computer consumables	269	-
Gifts	-	27
Licences	900	900
Travelling	-	113
Computer Hardware/Software (Comment 1)	-998	4,166
Sundry Expenses	35	35
Happidote costs	91	82
Bank and Credit card Charges	244	241
Total	629	5,869

Comment 1: During FY23, £2712 did not go through due to insufficient information from the vendor. Of this, the bank refunded £2646.75 in FY24. During FY24, a total expenditure of £1648.70 was incurred, resulting in a net credit of £998.05.

The **management and administration expenditure** has been split between the main objectives of the charity based on the income received for these activities. The basis agreed upon by the Trustees was to split administrative expenditure in the ratio of 10:5:8:7:30:40 for Grants & Donations, Values in Healthcare, Lifting Your Spirits, Well Being, Stillness in Storm and General Administration respectively.

	2024 £	2023 £
Grants & Donations	63	587
Value in Healthcare; A Spiritual Approach	31	293
Lifting Your Spirits	50	470
Heart of Well Being	44	411
Stillness in the Storm	189	1,761
General Administration	252	2,348
Total	629	5,869

Note 7: Cash Funds

	2024 £	2023 £
Caf Gold A/c 89443	-	-
Caf Cash A/c 5954	3,560	3,462
Caf Cash Gold A/c 81745	150,200	92,541
Bank of India - Current A/c	1,783	1,783
Bank of India - Savings A/c	3,194	2,797
Bank of India - fixed deposit a/c	71,482	68,069
HSBC A/c 51706535	7,095	4,576
HSBC A/c 51706543	3,396	101,686
HSBC Money Market A/c 51103431	100,000	-
Petty cash	116	116
Total	340,825	275,030

Note 9: TANGIBLE FIXED ASSETS COSTS

	2024 £	2023 £
Costs bought forward	26,459	26,459
Additions	-	-
Costs at the year end	26,459	26,459

Accumulated Depreciation

Depreciation bought forward	26,459	26,459
Charge for the year	-	-
Depreciation carried forward	26,459	26,459

NET BOOK VALUE

-	-
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