

COMPANY NUMBER – 03018026 (England & Wales)

**REPORT OF THE DIRECTORS AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021
FOR
THE ASSOCIATION FOR FAMILY THERAPY
(A COMPANY LIMITED BY GUARANTEE)**

**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)
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FOR THE YEAR ENDED 31ST DECEMBER 2021**

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**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)
COMPANY INFORMATION
FOR THE YEAR ENDED 31ST DECEMBER 2021**

TRUSTEES:

S F Tate	
E Widdowson	
M J Adams	(Resigned 13 October 2021)
S M Benbow	
A Urry	(Resigned 18 March 2021)
R S Khela	(Resigned 23 February 2021)
B Mckay	
R Hoyte	(Appointed 15 May 2021)
L Chapman	(Appointed 7 June 2021)
S Fahri	(Appointed 6 July 2021)
L Forbat	(Appointed 13 October 2021)

EXECUTIVE OFFICER:

A Urry

REGISTERED OFFICE:

7 Executive Suite
St James Business Centre
Wilderspool Causeway
Warrington
Cheshire
WA4 6PS

REGISTERED NUMBER:

03018026 (England and Wales)

CHARITY NUMBER:

1063639

INDEPENDENT EXAMINER:

SBCA Chartered Accountants
17 Moor Park Avenue
Preston
Lancashire
PR1 6AS

**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES REPORT
FOR THE YEAR ENDED 31ST DECEMBER 2021**

The trustees present their report with the financial statements of the company for the year ended 31 December 2021.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum & Articles of Association and Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015). Registered numbers and details of the advisors can be found on the company information page.

GOVERNING DOCUMENT

The Association for Family Therapy is a company limited by guarantee, governed by its Memorandum & Articles of Association dated 3 February 1995. It is registered with the Charity Commission, number 1063639.

OBJECTIVES, ACTIVITIES AND ACHIEVEMENTS

The Association's objectives are to benefit the public by the promotion, by all available means, of the scientific study, practice, research and teaching of family therapy and to bring together those of whatsoever professional discipline who are concerned with the care or treatment of families.

The Charity's governing documents are the Memorandum and Articles of Association which were updated and adopted by special resolution at the AGM in September 2014.

In order to achieve its objects the Association can:

Arrange, organise and assist in the provision of conferences, courses, debates and other meetings.

Provide advice and information in the form of magazines, journals, pamphlets, podcasts and videos and utilise social media where appropriate.

The Association has continued to publish Context (the Association's magazine) six times a year and also through Wiley our academic journal (JOFT) four issues a year.

2021 Membership of the Association was 2541, the 2020 Membership was 2431.

In the coming year, the Association will continue to publish both CONTEXT and JOFT, organise webinars, support a number of training initiatives, monitor professional conduct and competence through a comprehensive UKCP re-accreditation process, promote the profession and encourage and support its members to gain further professional qualifications and UKCP registration. The Association will invest heavily in designing and installing a digitisation process and returning membership services in-house. The Association will also continue to work with other related organisations to promote and develop family and systemic practice and employment opportunities.

PRINCIPAL ACTIVITY

The principal activity of the company in the year under review was that of promoting the study, practice, research and teaching of family therapy.

**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)**

**TRUSTEES REPORT
FOR THE YEAR ENDED 31ST DECEMBER 2021**

TRUSTEES/DIRECTORS

The trustees (directors) during the year under review were:

SF Tate	
E Widdowson	
MJ Adams	(Resigned 13 October 2021)
S-M Benbow	
U Urry	(Resigned 18 March 2021)
RS Khela	(Resigned 23 February 2021)
B McKay	
R Hoyte	(Appointed 15 May 2021)
L Chapman	(Appointed 7 June 2021)
S Fahri	(Appointed 6 July 2021)
L Forbat	(Appointed 13 October 2021)

Trustees are elected by the members at the annual general meeting or may be co-opted by the elected trustees for their experience, specialist knowledge or because of their role within the organisation. Trustees are provided with informal induction by the executive officer and other employees as appropriate. They are also made aware of the Charity Commission's document for Trustees and Governance. "The Hallmarks of an Effective Charity". Board members are allowed to attend specific training days that they feel are necessary to update their knowledge and skills. The Trustees are all unpaid volunteers and may claim reasonable out of pocket expenses. The Board of Directors and Trustees delegate the day-to-day management of the Association to the executive officer, employees, paid professional officers and chairs of committees, who meet regularly. The full Board of Directors & Trustees meet monthly via Zoom. Accounts are reported monthly at Board meetings.

FUNDS

The Association aims to hold sufficient reserves to underwrite all its ventures and to be able to embark upon projects without fear of incurring a deficit in either the short or long term, and this includes providing, where required, additional support for the Annual AFT Conference and other ad-hoc training workshops to ensure that they remain affordable for delegates. Reserves at 31 December 2021 were £520,261.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD:

E Widdowson - Director
8th August 2022

**INDEPENDENT EXAMINER'S' REPORT TO THE TRUSTEES (DIRECTORS)
ON THE UNAUDITED FINANCIAL STATEMENTS OF
THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)**

FOR THE YEAR ENDED 31 DECEMBER 2021

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2021, which are set out on pages 2 to 9.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales (ICAEW).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Christopher Bond FCA
SBCA Chartered Accountants
17 Moor Park Avenue
Preston, Lancashire, PR1 6AS.

8th August 2022

This page does not form part of the statutory financial statements

**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)**

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST DECEMBER 2021**

	Notes	31.12.21 £	31.12.20 £
INCOMING RESOURCES			
Subscriptions		305,574	235,732
Other charitable trading income		62,442	53,402
Investment income		<u>2,879</u>	<u>3,899</u>
Total Undesignated Income		370,895	293,033
Resources expended			
Charitable Expenditure		<u>303,113</u>	<u>265,990</u>
NET INCOME RESOURCES FOR THE YEAR	3	67,782	27,043
Taxation	4	<u>-</u>	<u>-</u>
NET MOVEMENT IN FUNDS		67,782	27,043
Reconciliation of funds			
Fund balance brought forward		<u>452,479</u>	<u>425,436</u>
FUND BALANCES CARRIED FORWARD		<u>520,261</u>	<u>452,479</u>

The statement of financial activities includes all gains and losses in the year. All incoming resources and resources expended derive from continuing activities.

The increase in subscriptions income is both due to the increased number of members during the period and the resumption of the annual conference. The conference income is included within the subscriptions figure.

All funds are unrestricted.

The notes form part of these financial statements

THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE) (REGISTERED NUMBER: 03018026)

BALANCE SHEET
31ST DECEMBER 2021

	Notes	31.12.21 £	31.12.20 £
CURRENT ASSETS			
Debtors	5	6,070	917
Cash at bank & in hand		<u>553,491</u>	<u>515,718</u>
		559,561	516,635
CREDITORS			
Amounts falling due within one year	6	<u>36,836</u>	<u>61,692</u>
NET CURRENT ASSETS		<u>522,725</u>	<u>454,943</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>522,725</u>	<u>454,943</u>
RESERVES			
Other reserves	7	2,464	2,461
Income and expenditure account	7	<u>520,261</u>	<u>452,479</u>
		<u>522,725</u>	<u>454,943</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company,

The financial statements were approved by the Board of Trustees (Directors) on 8th August 2022 and were signed on its behalf by:

E Widdowson - Director

**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Turnover

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be qualified with reasonable accuracy.

Tangible Fixed Assets

All assets with an original cost of £2,000 or less are charged to the Statement of Financial Activities in the year of purchase.

2. STAFF COSTS

	31.12.21	31.12.20
	£	£
Gross Salaries	118,406	140,244
Employers NI	5,508	7,616
Pension Contributions	<u>8,426</u>	<u>9,245</u>
	<u>132,340</u>	<u>157,105</u>

3. OPERATING SURPLUS

The operating surplus is stated after charging	31.12.21	31.12.20
	£	£
Trustees' remuneration and other benefits etc.	-	-
Accountant's fees – independent examination	<u>720</u>	<u>720</u>

4. TAXATION

Analysis of the tax charge

The company is a registered charity and is exempt from UK Corporation Tax under section 486 of the Corporation Tax Act 2010.

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21	31.12.21
	£	£
Other debtors	<u>6,070</u>	<u>917</u>

**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)**

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST DECEMBER 2021**

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21	31.12.20
	£	£
Creditors & Accruals	<u>34,476</u>	<u>60,972</u>

7. RESERVES

	Income and expenditure account £	Other reserves £	Totals £
At 1st January 2021	452,479	2,464	454,943
Surplus for the year	67,782	-	67,782
	<hr/>	<hr/>	<hr/>
At 31st December 2021	<u>520,261</u>	<u>2,464</u>	<u>522,725</u>

8. TRUSTEE EXPENSES

During the year expenses were met by the charity for the trustees. The expenses reimbursed to the Trustees were in respect of travel expenses which were incurred to enable Trustees to attend meetings held in furtherance of the charity's work.

9. RELATED PARTY TRANSACTIONS

There have been no related party transactions during the year ended 31st December 2021.

10. EMPLOYEE BENEFITS

There are no employees who received employee benefits of more than £60,000.

11. STAFF EMPLOYED

There was an average number of eight staff employed during the year ended 31st December 2021.

**THE ASSOCIATION FOR FAMILY THERAPY LTD
(A COMPANY LIMITED BY GUARANTEE)**

**DETAILED INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31ST DECEMBER 2021**

	31.12.21 £	31.12.20 £
INCOME		
AFT Membership, CONTEXT & JOFT Subscriptions	305,574	235,732
CONTEXT Advertising & General Sales Income	38,982	34,286
Registration Fees	14,370	12,783
Accreditations	8,860	4,120
Interest Received	2,879	3,899
Other Income	230	2,213
	370,895	293,033
EXPENDITURE		
Publishing including IT & Office Equipment	74,040	72,314
Journal including IT & Office Equipment	2,083	2,204
Head Office Administration	138,633	136,445
Head Office Rent	10,104	12,575
Head Office IT & Office Equipment	2,286	2,552
Head Office Sundry Expenses	3,641	1,365
Telephone	653	3,081
Postage, Stationery & Printing	3,825	1,663
External Accountants Fees	1,670	720
Creative Initiatives	2,353	432
Europe FTA	891	940
Registration Committee	2,077	4,123
CRED Committee	1,900	3,805
Other Committees	0	1,205
UKCP registration Fees & Costs	975	950
Memberships, Training & Conferences	0	40
Insurance	781	1,005
Bank Charges	191	639
Travel & Venue Costs	13,188	1,699
Conference & AGM	43,824	18,233
	303,113	265,990
NET SURPLUS FOR THE YEAR	67,782	27,043