

ESCAPE FAMILY SUPPORT LIMITED

(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2022

Charity Number 1063500

Company Number 03256554

ESCAPE FAMILY SUPPORT LIMITED

(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2022

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ESCAPE FAMILY SUPPORT LIMITED

A company limited by guarantee

TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

Charity number 1063500

Company number 03256554

Report of the Management Committee for the year ended 31 March 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective October 2019).

1. REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03256554 (England and Wales)

Registered Charity number

1063500

Registered office

Susan Kennedy Centre
63 Southview
Ashington
Northumberland
NE63 0SF

Trustees

J L M Axelby	Chair
D Brown	Resigned as Vice Chair and Trustee 27th April 2021
T Devine	Vice Chair with effect from 27th April 2021
H Madin	Treasurer
J Murphy	
S J Murphy	
A Park	
P Critchlow	Resigned as Trustee 14 th April 2021

Company Secretary

T Devine

Independent examiner

Doug Maltman FMAAT
Connected Voice Business Services Ltd
Higham House
Higham Place
Newcastle Upon Tyne
Tyne and Wear
NE1 8AF

Bank:

Lloyds Bank

Solicitors:- Employment Law

Helen Kay
HMK Legal Ltd
Clavering House
Clavering Place
Newcastle upon Tyne
NE1 3NG

Reference and administrative details (continued)

Solicitors:- Property

Cuthbertsons
3 Stanley Street
Blyth
Northumberland
NE24 2BS

2. OUR AIMS AND OBJECTIVES

Purposes and Aims

Our aims and objectives as set out in the objects contained in the company's memorandum of association are:

- i. to provide support, counselling, mediation to relieve the poverty, sickness and distress to drug, alcohol and solvent users' and their families who are or have been suffering from the misuse of substances being any substance which is misused to the detriment of the health of the individual in the community of Northumberland and elsewhere as the Association may determine;
- ii. to advance education and training of the community of Northumberland and elsewhere as the Association may determine in the problems resulting from non-medical use and abuse of drugs and associated problems; and
- iii. to provide support, counselling, and mediation to relieve the poverty, sickness and distress of vulnerable adults in the community of Northumberland and elsewhere as the Association may determine.

Ensuring our work delivers our aims

Our aims, objectives and activities are reviewed annually. This involves evaluating what we have achieved and the outputs and outcomes of our work in the aforementioned 12 months. The success of key activities and benefits these bring to our beneficiaries are appraised. This ensures that that our aims, objectives and activities continue to focus on our specified purposes, facilitates continuous service improvement and prevents mission drift. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work

Our main objectives for the year were to maintain high-quality service delivery to vulnerable families, carers and young people in Northumberland, particularly those who are affected by a loved one's addiction; to continue the review and strengthening of systems and to increase funds raised to ensure long term sustainability of our work.

- Support to adults who care for a family member
- Support to young people affected by a loved one's substance use (pilot programme)
- Focussing upon limiting and alleviating the harms caused by drug and alcohol use
- Enabling people to better support their own families and support those of others through our education, training, volunteering, and peer mentoring programmes
- Working in partnership with other agencies to provide the widest range of services possible to ensure that the needs of the client population are met.

How our activities deliver public benefit:

Our main activities and people we try to assist are outlined below. All our charitable activities are focused on relieving poverty, sickness and distress, the provision of support to vulnerable families, particularly those affected by substance misuse, and the provision of education and training to advance our charitable purposes for the public benefit of Northumberland.

Who needs, used, and benefited from our services?

Our funding and resources continue to focus our main service provision to residents of Northumberland. Northumberland has a population of over 320,000 people, many scattered thinly in relatively isolated towns and settlements across expanses of countryside, whilst a significant concentration live in the south east of the county in declining economic communities. The county of Northumberland is a unitary authority. People in parts of Northumberland suffer extremes of poverty with low average incomes in three of the county's previous six district areas, with demonstrable inequalities of income across the county. In common with other areas of the U.K., Northumberland continues to experience drug taking along with an increase in alcohol use amongst its population.

The North East has had the highest rate of drug misuse for the past nine consecutive years (between 2013 and 2021), before this Wales had a higher rate than all English regions (between 2010 and 2012). The North East continues to be statistically significantly higher than all other regions of England as well as Wales. (ONS 3 August 2022).

The statistics for deaths by drug misuse and figures for death by drug poisoning both show that the North East region has the highest death rate in England and Wales, at almost twice the national average. There were 1,123 deaths linked to drug misuse in the North East between 2019 and 2021, which works out at an average annual rate of 204.1 per 1,000,000 people, almost twice as high as England's average rate of 102.8 for the same period (ONS 3 August 2022).

The North East also has the highest rate of deaths for drug poisoning, which include the misuse figures along with statistics for deaths caused by complications such as deep vein thrombosis or septicaemia from intravenous drug use, drug-induced suicides and deaths caused by prescription and over the counter medicines, obtained illegally or legally (ONS 3 August 2022).

Figures released in December 2021 by the Office of National Statistics (ONS) show that alcohol-specific deaths in the North-East rose by more than 20.5%. In 2020, that figure increased to 382 over the same period. According to Balance, the North East Alcohol Office, these figures could be the tip of an iceberg.

Public Benefit Statement

The trustees/directors have paid due regard to the Charity Commission guidance on public benefit and are confident that the organisation's aims, objectives and activities are in accordance with the guidance on public benefit.

Our activities and achievements as outlined demonstrate our commitment to ensuring that the organisation's resources and activities maximise the potential benefit to our local community.

3. ACHIEVEMENT AND PERFORMANCE

Since 1995, ESCAPE Family Support has been supporting people in Northumberland who have been affected by substance use. We support parents, partners, grandparents, children, and wider family members who are affected and struggling to cope. ESCAPE continues to provide Northumberland's only specialist support services for families and carers of substance users, without which beneficiaries are left isolated and unsupported.

ESCAPE has supported 586 beneficiaries during 2021/22, including 71 young people/children, whose lives have been negatively impacted by a family member's substance use. 353 cases were closed during this year with 86.1% of these people leaving service in a planned way reporting improved health and wellbeing and the skills to cope ongoing. Our current caseload is 162. Of these, 36 are receiving Tier 1 support (Low level support), 52 are receiving Tier 2 interventions (Intermediate) with 74 people receiving Tier 3 (Intensive) services.

ESCAPE's confidential support services are person centred, evidence based, and tailored to the needs of each individual to help them identify their priorities, achieve their goals and improve their own lives. Wherever possible and appropriate, we mediate between the family and substance user to reduce conflict and alleviate the problems experienced and distress caused by drug and alcohol use. We deliver impartial and stand-alone services but also work in partnership with statutory and voluntary agencies and groups. Some examples of our evidence-based service delivery are outlined below.

Community Reinforcement and Family Training (CRAFT)

Community Reinforcement and Family Training (CRAFT) is a significant part of the work we undertake with families; it is an evidence-based, motivational programme of support for family members who have frequent contact with a loved one (i.e. partner or adult son / daughter) who is using alcohol or drugs problematically but who refuse to enter treatment. It is also proven to be very effective with families whose loved ones are in treatment. The three main aims of CRAFT are to: improve the life of the "Concerned Significant Other", reduce the user's substance misuse and encourage a loved one into treatment. Family members who have participated in CRAFT report significant benefits for themselves and the substance user.

Teen Triple P Programmes

Teen Triple P is an initiative of the Parenting and Family Support centre at the University of Queensland. This programme is designed to support parents/carers in their parenting role.

All parents raising teenagers find it easier when they get support, as raising teenagers can be challenging and this can be made less stressful if parents don't have to do it on their own. Throughout the programme, parents learn strategies to promote positive behaviour and strategies to manage misbehaviour, and also the importance of looking after themselves building their self-esteem, confidence and belief in themselves.

Adverse Childhood Experiences (ACEs)

ACEs entails work with Young People or Adults who are living with, or have lived within, households and communities where there are significant events that mean they are experiencing high levels of emotional trauma. ACEs is an intervention that will provide a foundation that aims to develop practical skills, build self-esteem and self-confidence. By providing interventions in a group setting, it also provides people with an environment that reduces social isolation and encourages the building up of social skills. This enables the development of resilience through meaningful participation however; some people that attend may need further interventions to recover from their trauma. The programme runs for eight weeks and has a range of techniques and self-help ideas; the programme provides the person with the skills needed to take part in more in-depth therapy concentration and understanding emotional regulation.

People can be helped and supported: -

- By helping them make healthy relationships and be connected to others
- By helping them to understand toxic stress and their response to it
- By understanding and teaching them how to manage their emotions
- By providing a setting where they feel safe and secure and not judged
- By learning coping strategies that connect them to the people that can support them and to improve their ability to relate to others which is crucial in developing their resilience

People can be helped and supported (continued): -

- By feeling people care about them but in a healthy way
- By learning techniques to help them structure their lives even if they are still living within traumatic circumstances

4. GOVERNANCE

ESCAPE is led by a strong board including people who have relevant personal experience and have encountered problems similar to our client group. ESCAPE employs dedicated staff, supported by volunteers, peer mentors and befrienders throughout Northumberland, who are all committed to supporting people who are suffering because of substance use.

Our strength lies in our people and our team; we invest in their training and development. We have worked with the Investor in People standard since 2004, first achieving Investor in People Gold in January 2010. We are proud to have retained the Gold standard until March 2022 when we achieved a rare Platinum Investor in People standard, a remarkable achievement for any small organisation.

Our Investor in People Insights Report dated March 2022 highlighted that we should be proud of:

- Inspirational leadership that is influencing how people behave with the organisation (role modelling) as well as motivating them to perform at their best.
- ESCAPE is a value driven organisation, where people make decisions based on what they feel is the right thing to do rather than necessarily the easiest.
- You genuinely consult your people and involve them in decision-making. This leads to people feeling empowered and connected to your plans and strategies.
- You have a range of people processes that provide people with support and focus for their work.
- You are constantly exploring and introducing improvements to your people practices. We saw new activities such as peer support meetings and the development of services in response to the pandemic that indicated your dedication to continually improve.
- Your people are passionate about the work they do and the communities they serve.
- Your IIP survey results were exceptional and included all of your people either agreeing or strongly agreeing that the organisation was a great place to work.

We are delighted and proud to achieve this award and to have been benchmarked so highly against other organisations delivering social work activities with a score of 861 out of 900 in comparison with an average industry benchmark score of 748 out of 900; with average IIP benchmark scores being 727.

Investor in People Insights Assessment and Health and Wellbeing Review Report March 2022.

The service is supported through grants from National Lottery Reaching Communities Fund; Sir James Knott Trust; Barbour Foundation, Freemasons of Northumberland, Arnold Clark Foundation, Santander Foundation, J H Burn Charity Trust, Coalfields Regeneration Trust, Greggs Foundation, National Lottery Awards for All, Joicey Trust, Percy Hedley 1990 Trust, Hadrian Trust, Draeger, Public Health at Northumberland County Council, Northumbria Healthcare Trust, Mental Health Concern, Blyth Town Council, and Northumberland County Council. The Trustees are grateful to all of the funders who supported the work of the charity during 2021/22. Trustees would also like to thank individuals who have made personal donations this year.

Our staff adapted services during Covid and as restrictions have lifted, we are delivering more services face to face. However, we have retained digital service delivery as this had given far more reach into rural areas and some people prefer to access online.

Thanks to our funders, ESCAPE has been able to sustain, adapt, and enhance its services during 2021/22. The charity continues to embed a stronger mutual aid approach to supporting carers and families and the new support programme and interventions for young people whose lives are affected by the drug or alcohol dependency of others.

5. VOLUNTEERING AND PEER MENTORING:

We have an amazing pool of who are invaluable in supporting us in running the charity and the Susan Kennedy Centre and who also help us provide direct support to individuals and groups.

Volunteers continue to support us with cleaning, gardening, administration, caretaking, counselling, befriending, peer mentoring, group facilitation, catering, community fundraising, bid writing, CEO post and helpline cover.

We successfully recruited and trained 11 Family Champions in 2021/22. This has replenished our pool of family champions as 11 of the 21 we have trained since 01/04/2020 have now moved on and no longer volunteer. Despite having their own personal struggles our Family Champions again contributed to the support we have offered to families this year and our mutual aid provision continues. Four Family Champions have now gained direct economic benefits from participating in the project as they have gained employment and are utilising the qualifications, skills and experience they gained through becoming Family Champions. Three further Family Champions are now attending college and are furthering their education. These are excellent outcomes for the people that have trained as family champions.

Family Champions have provided support in running our mutual aid groups for Kinship Carers, the Bereaved and CRAFT Maintenance groups. There has been a mix of face to face and online support delivered for carers in line with pandemic restrictions.

We currently have 20 volunteers, family champions and peer mentors who have again made a significant contribution to provision this year providing 4,202 hours of work. This is in effect the equivalent of 2.5 full time workers. The combined mix of skills and experience that these people contribute to the organisation brings an added value that is much broader than a single person in a paid post.

Aside from the personal learning journey of family champions, volunteers/mentors (e.g. improving basic life skills and skills for employability) and the assistance and personal experience they bring to ESCAPE as an organisation, there are wider community benefits from volunteer/mentor involvement. By empowering volunteers and peers to facilitate support groups. The stigmas' associated with drug and alcohol misuse continue to be challenged and broken down and people can make a positive contribution to their community.

The difference our work has made this year:

- We have again supported more families and young people
- We have worked to rebuild our pool of Family Champions and retained our much improved online service provision alongside a resumption of face to face delivery
- People have been able to 'give back' and 'help others in similar situations' and carers are clearly valuing the support received from peers
- We have built on links between ESCAPE and other relevant agencies and organisations to maximise the benefits for our families as Covid restrictions have lifted and now have a permanent base in Blyth at Briardale Summer House

The difference our work has made this year (continued):

- Carer feedback again demonstrates that families are more resilient and have better relationships
- Family Champions have again been empowered through developing skills and gaining qualifications and through helping others
- The children and adults we have worked with will have better life chances through addressing their Adverse Childhood Experience's.

We believe our support to families is much more holistic and accessible due to the new hybrid methods of working, service delivery and the ACE's programmes of support.

Partnership Work

We regularly attend meetings and participate in partnership work within the Northumberland Carers Strategic Partnership, Northumberland Drug and Alcohol Steering Group, Wansbeck and Cramlington Hospitals Alcohol Development Group, and Regional Carers of Substance Users Forum. We are a valued partner in these settings. These meetings have all taken place online during this difficult period.

We have continued to work in partnership with other organisations to deliver group sessions, 1-1 support and mutual aid groups in community settings.

6. FINANCIAL REVIEW

Review of the year

The results for the year and the company's financial position at the end of the year are shown in the attached financial statements.

During the year the Charity had income of £220,824 (2021: £185,455) of which £218,129 was restricted (2021: £182,372) and expenditure of £244,448 (2021: £176,332) of which £243,083 was restricted (2021: £173,961). There was an operating deficit of £23,624 (2021: surplus of £9,123) of which a surplus of £14,467 was restricted (2021: a surplus of £8,411).

At 31 March 2022 the Charity had net assets of £478,799 (2021: £502,423) of which £241,427 was restricted (2021: £226,960).

Principal Funding Sources

Principal funding sources for the charity during 2021/22 were National Lottery Reaching Communities Fund; Sir James Knott Trust; Barbour Foundation, Freemasons of Northumberland, Arnold Clark Foundation, Santander Foundation, J H Burn Charity Trust, Coalfields Regeneration Trust, Greggs Foundation, National Lottery Awards for All, Joicey Trust, Percy Hedley 1990 Trust, Hadrian Trust, Draeger, Public Health at Northumberland County Council, Northumbria Healthcare Trust, Mental Health Concern, Blyth Town Council, and Northumberland County Council.

The Trustees are grateful to all funders who supported and sustained the work of the charity during 2021/22.

Trustees would also like to thank individuals who have made personal donations this year.

Investment Policy

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment.

Reserves Policy

The Trustees have considered the charity's requirements for reserves in relation to the principal risks to the organisation. Whilst most of the charity's funds are spent in-year, it has always held a contingency reserve on deposit. The charity aims to hold between 4 and 6 months of operating costs in unrestricted reserves.

The reserves policy is reviewed annually. Risk management is ongoing within the charity and a risk register is held; unrestricted reserves are included within this and are monitored quarterly at board meetings.

We hold these reserves for the following reasons

1. The need to fund a deficit in the operational budget should insufficient grant funding be raised within the current financial year.
2. To give the trustees time to raise funds for the forthcoming financial year.
3. Emergency funding is available should we need it i.e. unexpected large repair bills etc.
4. To cover any unforeseen day-to-day operational costs, e.g. employing temporary staff to cover a long-term sickness absence.
5. We have no planned commitments that will not be met by future income. Any matched income ESCAPE needs to provide would be minimal and has never previously exceeded £2,000.
6. The need to fund short-term deficits in a cash budget, e.g. money may need to be spent before a funding grant is received.
7. To prevent cashflow problems.

The amount of reserves we hold is reported to the board each quarter within the Current Accounts summary and is also regularly reviewed within the risk register.

The staffing for the organisation and the operational budget is set and agreed by the board each year in Quarter 4 for the forthcoming financial year.

Annually, we review the budget against income already secured and keep enough unrestricted reserves to cover the projected deficit for the forthcoming financial year.

Uncertainty over future income is and always has been our greatest risk so we try to hold between four and six months of reserves. Funding bids submitted can take six months for results to be known and we may need time to downsize should insufficient funding be raised.

The Charity Commission recommends small charities hold between four to six months unrestricted reserves. We are presently holding 4.3 months operating costs.

Our annual budget is currently £318,336 for 2022/23. We had secured £274,495 towards this leaving us with a starting deficit of £43,841. Therefore, our current reserves more than cover the projected deficit should we fail to raise any funds in 2022/23, which is unlikely. Trustees are confident that this is a realistic, achievable target for the charity.

Keeping appropriate reserve levels in line with funder expectations can be a fine balancing act. Some funders will not make grants if you have less than three months reserves.

The budget for 2022/23 is £318,336 and therefore the minimum unrestricted cash reserves target is £159,168 to be retained in reserves plus tangible fixed assets. Unrestricted cash reserves funds of £116,165; designated unrestricted funds of £31,243; and £8,909 of restricted cash funds apply at 31st March 2022. The charity also has £322,484 fixed assets. Trustees believe that COVID-19 has not had a significant impact on the levels of reserves held by ESCAPE.

The charity continues to work in an area of limited resources and insecurities over funding and is working hard to secure its core funding until 31st March 2024. To sustain essential services for beneficiaries and retain the optimum skilled paid staff team to undertake the work of the charity, it is imperative to secure significant funds.

7. GOING CONCERN

The Trustees have performed a robust analysis of budget, forecasts, reserve levels and cash flows taking into consideration potential scenarios and the impact of COVID-19 could have on the charity. After making appropriate enquiries, the Board of Trustees has a reasonable expectation that ESCAPE has adequate resources to continue in operational existence for the foreseeable future. For this reason, it continues to adopt the going concern basis in preparing the financial statements.

8. FUTURE PLANS

The charity will continue to work to consolidate, maintain and expand its existing service provision in Northumberland. The focus of our work will continue to be to relieve the poverty, sickness and distress of carers and families affected by substance use including children and young people and to advance education and training within communities. Our Family Champions Programme delivers more mutual aid for carers and our work to address the needs of Young People will continue thanks to funding from National Lottery Reaching Communities Fund until 31/03/2023. All of our activity will contribute towards the work outlined within the aforementioned National Drug and Alcohol Strategies.

Strategies we utilise to fulfil these objectives include:

- Concentrating upon restricting the harm correlated to substance misuse for the families, carers, children and friends of substance users and the wider communities of Northumberland.
- Working in partnership with other organisations to establish and secure a holistic range of services corresponding to the needs of all service beneficiaries.

All plans have been shaped and formulated by carers, peer mentors, volunteers, staff and trustees. Our plans are based around the two key priorities that have been identified:

1. introducing and embedding a new, stronger mutual aid approach that provides training, opportunities and support to develop a bank of Family Champions who are 'experts by experience' and who have expressed their desire to give something back and help others to achieve positive change.
2. piloting and introducing a new intervention support programme specifically designed and targeted at children and young people whose lives are blighted by the drug or alcohol dependency of others.

A focus on our two priority areas, as identified above, will enable us to:

- reach and support more families including children and young people
- build a stronger and connected network of support across the county
- support people, including young people, to 'give back' and 'help others in similar situations'

9. STRUCTURE, GOVERNANCE and MANAGEMENT

Governing document

ESCAPE Family Support Ltd is a charitable company controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, and complies with the Companies Act 2006 and SORP. Incorporated on September 30th 1996, and registered as a Charity on July 18th 1997, the Company was established under a Memorandum of Association, which established the objectives and powers of the Charitable Company and is governed under its Articles of Association. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of Charity law and under the company's Articles are known as Members of the Management Committee, usually referred to as the Board of Trustees. Members of the Management Committee are elected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All members of the Management Committee gave their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 16 to the accounts. D. Brown resigned as Vice Chair and Trustee on 27th April 2021 and P Critchlow resigned as Trustee on 14th April 2021. The more traditional business, social work and nursing skills are well represented on the Management Committee. In the event of particular skills being lost due to retirements, Trustee positions are advertised; and individuals may also be approached to offer themselves for election to the Management Committee.

Trustee Induction and Training

New Trustees receive a comprehensive Induction Manual and are supported and familiarised with the work of the charity by the Chair and Chief Executive. The obligations of Management Committee members; the main documents which set out the operational framework for the charity including the Memorandum and Articles, resourcing and the current financial position as set out in the latest published accounts and future plans and objectives are all contained within the Induction Manual. Trustees are given a tour of the charity's headquarters – Susan Kennedy Centre from which most services are delivered. New trustees are also signposted to the Charity Commission's guide "the Essential Trustee".

The Management Committee (the Board) seeks to ensure that it has the requisite skills available to it and that the groups which the Charity serves are reflected in the make-up of the trustee body. An annual skills audit is undertaken and training is provided as necessary to existing and all new trustees covering:

- The duties and obligations of the Management Committee (the board)
- The main documents which set out the operational framework for the charity including the Memorandum and Articles
- Resourcing and the current financial position as set out in the latest published accounts
- Future plans and objectives

10. RISK MANAGEMENT STATEMENT

Governance

Following a trustee skills audit and analysis, further recruitment of at least one more trustee will take place.

Operational

Trustees have considered local need, sustainability of existing service provision and staffing levels; it was agreed that the current highly skilled team needed to be retained during 2022/23 and beyond.

Financial

Sustainability of the charity is a high priority. Securing National Lottery funding commencing 1st April 2020 and lasting until 31st March 2023 covers 50% of our organisational budget and contributes significantly to financial viability of the charity for the next year.

Statutory funding from Public Health Northumberland has been secured for 2022/23, which will also contribute significantly to sustainability. The charity will work to build on this for 2023/24 onwards.

The board has two working groups to strengthen its governance and aid sustainability – a Fundraising and Marketing Group and a Finance Group. Their work is ongoing.

External Risks

Trustees recognise that the last ten years of austerity and central government cuts to local authority and public health budgets have negatively impacted on opportunities for the charity to obtain statutory funding. This situation is expected to continue. The charity has responded by reassessing its priorities and activities to ensure funds are targeted at the highest areas of need and by seeking funds to March 2023 and beyond.

Potential external risks to information and cyber security have been mitigated by the engagement of an ISO 27001:2013 accredited ICT Maintenance and Information Security provider that provides quality antivirus and malware protection with systems maintained by highly skilled Information Security engineers through both onsite and remote support.

Compliance with Law and Regulation

The charity utilises the services of an employment law solicitor to ensure compliance with employment law. The work of the Finance Group includes self-assessment against Charity Commission guidelines and models of best practice.

Organisational Structure

The Management Committee (the board) has seven members who meet six times a year for formal board meetings and who are responsible for the strategic direction, policy and governance of the charity. The Management Committee has members from a variety of backgrounds relevant to the work of the charity.

A scheme of delegation is in place and day-to-day responsibility for the provision of the services rests with the Chief Executive. The Chief Executive is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. In so far as it is complementary to the charity's objects, the charity is guided by both local and national policy.

Monthly full team meetings inform the future planning and strategic thinking of the management committee (the board) and are open to staff, volunteers and peer mentors.

In addition, user and carer involvement groups and surveys of stakeholders inform the work of the charity.

The charity is committed to working in partnership with other organisations and works closely with, and is represented on, Northumberland's Drug and Alcohol Steering Group; Carers Partnership Board and Young Carer Steering Group. More widely, it works closely with bodies that impact on recovery from substance misuse and provide mutual aid to support recovery. Representatives regularly attend steering and special interest groups which impact on health and crime-related programmes and strategies are discussed, analysed, and learning disseminated. We share knowledge, experience and best practice, assisting communities and organisations with identified need, which have heard of our work and wish to replicate it in some form. We circulate external evaluations of our work to partners and funders to share findings and knowledge.

Close working partnerships have been developed with Northumberland Communities Thriving Together, Community Mental Health Teams, Adult and Children's Social Services, Carers Northumberland, Northumberland Recovery Partnership, Relate, Cygnus, Northumberland CVA, Northumberland CAB, Northumberland Domestic Abuse Service, Mental Health Concern, Northumberland Recovery College, Briardale House and other Community Groups. The charity initially achieved the Investors in People Gold Standard and retained this until March 2022 when a rare Investor in People Platinum standard was achieved.

Related Parties

In so far as it is complementary to the charity's objects, the charity is guided by both local and national policies including Drug and Alcohol and Carer Strategies. The local Drug and Alcohol Steering Group, Carer Partnership Board and Young Carer Steering Group are the local partnerships charged with responsibility for delivering these strategies at our local level and includes representatives from amongst others, the local authority, health, and voluntary sector agencies. ESCAPE Family Support is a member of these partnership groups, and its representatives regularly attend the meetings.

Trustee Stephen Murphy worked for a supplier to the charity – Vital Services North East Limited. The charity undertook an arms-length process to ensure they chose the best provider; Stephen Murphy was not part of the decision making process. Stephen's employment with Vital Service ended in February 2022 so this conflict of interest has ended. Please see note 16 of the accounts for details of transactions with related parties.

Trustees Janet Murphy and Stephen Murphy are related (mother and son).

11. TRUSTEES RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENT

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). Company law requires the charity trustees to prepare financial statements for each year, which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.


Members of the Management Committee

Members of the Management Committee, who are directors for the purpose of company law and trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 2. In accordance with company law, as the company's directors, we certify that: so far as we are aware, there is no relevant audit information of which the company's Independent Examiners are unaware; and as the directors of the company we have taken all the steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's Independent Examiners are aware of that information.

Independent Examiners

Connected Voice Business Services Ltd were re-appointed as the charities Independent Examiners during the year and have expressed their willingness to continue in that capacity.

Approved by order of the board of trustees on 18 October 2022 and signed on its behalf by:


[H Madin \(Nov 24, 2022 16:01 GMT\)](#)
H Madin - Treasurer

ESCAPE FAMILY SUPPORT LIMITED

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2022

I report on the financial statements of ESCAPE Family Support Limited for the year ended 31 March 2022, which are set out on pages 16 to 29.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Doug Maltman FMAAT
Connected Voice Business Services Ltd
Higham House
Higham Place
Newcastle upon Tyne
NE1 8AF
Date: 25 November 2022


Douglas Maltman
Douglas Maltman (Nov 25, 2022 09:12 GMT)

ESCAPE FAMILY SUPPORT LIMITED

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<u>Income from:</u>					
Donations and legacies	6	2,688	162	2,850	3,004
Charitable activities					
Grants and statutory funding	7	-	217,967	217,967	181,804
Other trading activities	8	-	-	-	630
Investments	9	7	-	7	17
Total income		2,695	218,129	220,824	185,455
<u>Expenditure on:</u>					
Raising funds	10	-	6,063	6,063	107
Charitable activities					
Operation of the charity	11	1,365	237,020	238,385	176,225
Total expenditure		1,365	243,083	244,448	176,332
Transfers between funds		(39,421)	39,421	-	-
Net movement of funds		(38,091)	14,467	(23,624)	9,123
<u>Reconciliation of funds</u>					
Total funds brought forward		275,463	226,960	502,423	493,300
Total funds carried forward		237,372	241,427	478,799	502,423

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 18 to 29 form an integral part of these accounts.

ESCAPE FAMILY SUPPORT LIMITED

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Charity Number 1063500
Company Number 03256554**BALANCE SHEET**

As at 31 March 2022

	Notes	£	Total 2022 £	£	Total 2021 £
<u>Fixed assets</u>					
Tangible assets	18		322,483		342,297
Total fixed assets			322,483		342,297
<u>Current assets</u>					
Debtors	19	280		-	
Cash at bank and in hand	20	179,430		226,487	
Total current assets		179,710		226,487	
Creditors: amounts falling due within one year	21	(23,393)		(66,361)	
Net current assets			156,317		160,126
Total assets less current liabilities			478,800		502,423
Total net assets or liabilities			478,800		502,423
<u>Funds of the charity</u>					
Unrestricted income funds			237,372		275,463
Restricted income funds			241,427		226,960
Total funds			478,799		502,423

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.


These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 18 to 29 form an integral part of these accounts.

These financial statements were approved by the Board on: 24 November 2022

and are signed on its behalf by:

H Madin
Treasurer


H Madin (Nov 24, 2022 16:01 GMT)

ESCAPE FAMILY SUPPORT LIMITED

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011, the Companies Act 2006 and the UK Generally Accepted Accounting Practice.

ESCAPE Family Support Limited meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. In response to the COVID-19 pandemic, the trustees have revised their forecasts to take into account measures that they can take with the current resources available to mitigate the impact of the current adverse conditions. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability.

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

ESCAPE FAMILY SUPPORT LIMITED

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Income from membership subscriptions

Membership subscriptions received in the nature of a gift are recognised in donations and legacies.

Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.

3.8 Investment gains and losses

This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

3.9 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

All expenditure is accounted for on an accrual basis. Expenditure on charitable activities includes the costs of work and other activities undertaken to further the purposes of the charity and their associated support costs.

ESCAPE FAMILY SUPPORT LIMITED

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

4.7 Pensions

The pension costs charged in the financial statements represent the contribution payable by the charity during the year.

5 Assets

5.1 Tangible fixed assets for use by the charity

Individual fixed assets costing £1,000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a reducing balance basis:

Property and property improvements	5% Straight line - property improvements only
Office and computer equipment	25 % Straight Line
Caravan	10 % Straight Line
Other equipment	25 % Straight Line

5.2 Debtors

Debtors are measured at their recoverable amounts, being the amount the charity anticipates it will receive in settlement of the debt.

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

Analysis of income

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
6 Donations and legacies				
Donations and grants	2,688	120	2,808	3,004
Release of retained cash	-	42	42	-
	<u>2,688</u>	<u>162</u>	<u>2,850</u>	<u>3,004</u>
7 Charitable activities				
<u>Grant income</u>				
National Lottery Reaching Communities Fund	-	81,170	81,170	82,170
Greggs Foundation	-	-	-	15,000
Big Lottery Awards for All	-	-	-	10,000
Sir James Knott Foundation	-	10,000	10,000	10,000
The Coalfields Regeneration Trust	-	-	-	21,092
The Joicey Trust	-	-	-	4,000
The Percy Hedley 1990 Trust	-	-	-	500
Hadrian Trust	-	-	-	500
Draeger	-	-	-	500
The Barbour Foundation	-	5,000	5,000	-
Arnold Clark Foundation	-	1,000	1,000	-
Santander Foundation	-	998	998	-
J H Burn Charity Trust	-	200	200	-
Freemasons of Northumberland	-	1,000	1,000	-
<u>Statutory income</u>				
Blyth Town Council	-	4,000	4,000	8,000
Northumberland County Council	-	4,794	4,794	2,000
	-	25,000	25,000	25,000
Northumbria Healthcare NHS Foundation Trust	-	55,000	55,000	-
Public Health at northumberland County Council	-	15,185	15,185	-
Mental Health Concern	-	9,000	9,000	-
Public Health Covid-19 Funding	-			
<u>Other income</u>				
Other income	-	5,620	5,620	3,042
	<u>-</u>	<u>217,967</u>	<u>217,967</u>	<u>181,804</u>
8 Other trading activities				
Fundraising events	-	-	-	146
Other sales	-	-	-	484
	<u>-</u>	<u>-</u>	<u>-</u>	<u>630</u>

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

Analysis of income continued

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
9 Income from investments				
Bank interest	7	-	7	17
	<u>7</u>	<u>-</u>	<u>7</u>	<u>17</u>

Income was £220,824 (2021: £185,455) of which £2,695 was unrestricted or designated (2021: £3,083) and £218,129 was restricted (2021: £182,372)

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
10 Raising funds				
Fundraising costs	-	6,063	6,063	107
	<u>-</u>	<u>6,063</u>	<u>6,063</u>	<u>107</u>

11 Charitable activitiesDirect costs

Staff costs	-	141,408	141,408	116,944
Training costs	-	2,986	2,986	610
Respite costs (caravan)	-	5,727	5,727	3,661
Travel costs	-	109	109	622
Volunteer costs including travel	-	1,293	1,293	1,508
Client costs	-	1,403	1,403	316
Helpline and outreach	-	1,951	1,951	1,902

Support costs

Staff costs	-	21,822	21,822	-
Utilities	-	4,893	4,893	4,537
General running costs	-	117	117	308
Insurance	-	11,072	11,072	5,111
Repairs and renewals	-	1,625	1,625	1,075
Cleaning	-	-	-	2,928
Telephone	-	482	482	1,554
Internet and ICT costs	-	8,446	8,446	4,564
Stationery and copying	161	2,493	2,654	5,043
Sundry	-	163	163	1,075
Refreshments	-	250	250	-
Professional fees	144	4,076	4,220	3,801
Bank charges	164	-	164	100
Small equipment	223	6,567	6,790	-
Depreciation	673	19,142	19,815	19,204
C/fwd balance	<u>1,365</u>	<u>236,025</u>	<u>237,390</u>	<u>174,863</u>

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

Governance costs

B/fwd balance	1,365	236,025	237,390	174,863
Independent examiner's fees for reporting on the accounts	-	995	995	1,362
	<u>1,365</u>	<u>237,020</u>	<u>238,385</u>	<u>176,225</u>

Expenditure on charitable activities was £244,448 (2021: £176,332) of which £1,365 was unrestricted or designated (2021: £2,371) and £243,083 was restricted (2021: £173,961)

12 Fees for examination of the accounts

	2022 £	2021 £
Independent examiner's fees for reporting on the accounts	995	1,362
	<u>995</u>	<u>1,362</u>

There were no other fees paid to the examiner (2021: £nil)

13 Analysis of staff costs and the cost of key management personnel

	2022 £	2021 £
Salaries and wages	150,781	105,791
Social security costs	10,878	8,314
Pension costs (defined contribution pension plan)	6,787	2,330
Other employee benefits	846	592
	<u>169,292</u>	<u>117,027</u>

No employee received remuneration above £60,000 (2021: nil)

The key management personnel of the charity, comprise the trustees and the Chief Executive. The total benefits of the key management personnel of the charity were £0. (2021: £0)

14 Staff numbers

The average monthly head count was 9 staff (2021: 6 staff) and the average monthly number of full-time equivalent employees during the year were as follows:

	2022 Number	2021 Number
The parts of the charity in which the employee's work		
Charitable activities	5.6	5.0
	<u>5.6</u>	<u>5.0</u>

15 Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The employer's pension costs represent contributions payable by the charity to the fund and amount to £6,787 (2021: £2,330). There was £0 outstanding as at 31 March 2022(2021: £0).

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

16 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

Trustees' expenses

The following detail the expenses incurred by the trustees.

	2022 £	2021 £
Two trustees acting as volunteers were reimbursed travel expenses.		
Janet Murphy	1,148	1,360
Thomas Devine	-	50
	<u>1,148</u>	<u>1,410</u>

Transaction(s) with related parties

The following detail the related party transactions in the reporting period.

As at 31 March 2022

Name of the trustee or related party	Relationship to charity	Description of the transaction	£
Trustee Stephen Murphy	Works for a supplier to the charity, Vital Services North East Limited	IT support contract and supply of computer equipment	7,856

As at 31 March 2021

Name of the trustee or related party	Relationship to charity	Description of the transaction	£
Former Trustee Stephen Murphy	Works for a supplier to the charity, Vital Services North East Limited	IT support contract and supply of computer equipment	12,332

The charity undertook an arm's length process to ensure they chose the best provider, Stephen Murphy was not part of the decision making process. As at 31 March 2022 there was a balance of £565 outstanding.

17 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

	Freehold property	Office and computer equipment	Caravan	Other equipment	Total
	£	£	£	£	£
18 Tangible fixed assets					
Cost					
At 1 April 2020	341,147	21,818	32,035	4,561	399,561
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
At 31 March 2022	341,147	21,818	32,035	4,561	399,561
Depreciation					
Basis	SL	SL	SL	SL	
Rate	5%	25%	10%	25%	
At 1 April 2020	38,142	12,382	6,408	331	57,263
Depreciation charge for year	12,715	2,755	3,204	1,141	19,815
Disposals	-	-	-	-	-
At 31 March 2021	50,857	15,137	9,612	1,472	77,078
Net book value					
At 31 March 2021	303,005	9,436	25,627	4,230	342,298
At 31 March 2022	290,290	6,681	22,423	3,089	322,483
19 Debtors and prepayments (receivable within 1 year)					
			2022	2021	
			£	£	
Debtors			280	-	
			280	-	
20 Cash at bank and in hand					
			2022	2021	
			£	£	
Short term deposits			65,805	65,799	
Cash at bank			113,549	160,205	
Cash in hand			76	483	
			179,430	226,487	
21 Creditors and accruals (payable within 1 year)					
			2022	2021	
			£	£	
Other creditors			526	-	
Accruals					
Independent examination of accounts			2,483	1,362	
Deferred income			20,384	65,000	
			23,393	66,362	

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

22 Deferred income

Deferred income comprises of advance payments from grants that relate to future periods

	2022	2021
	£	£
Balance brought forward	65,000	-
Amount released to income earned from charitable activities	(65,000)	-
Amount deferred in year	20,384	65,000
Balance carried forward	20,384	65,000

23 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

24 Analysis of charitable funds**Analysis of movements in unrestricted funds
As at 31 March 2022**

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	119,787	2,695	(692)	(5,625)	116,165
Designated funds					
Unrestricted fixed assets	130,058	-	(673)	(39,421)	89,964
Contingency	10,618	-	-	-	10,618
System upgrade	15,000	-	-	5,625	20,625
Totals	275,463	2,695	(1,365)	(39,421)	237,372

As at 31 March 2021

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	131,963	3,083	(259)	(15,000)	119,787
Designated funds					
Unrestricted fixed assets	132,170	-	(2,112)	-	130,058
Contingency	10,618	-	-	-	10,618
System upgrade	-	-	-	15,000	15,000
Totals	274,751	3,083	(2,371)	-	275,463

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

Purpose of unrestricted funds

General unrestricted fund	The 'free reserves' after allowing for designated funds.
Unrestricted fixed assets	The current value of unrestricted fixed assets.
Contingency	Contingency to cover one off costs and potential redundancies.
System upgrade	For new IT infrastructure including new software and processes.

Analysis of movement in restricted funds**As at 31 March 2022**

	Fund balances brought forward	Incoming resources	Resources expended	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted fixed assets					
Susan Kennedy Centre refurbishment	176,714	-	(12,715)	39,421	203,420
Restricted office, computer and other equipment	12,725	-	(3,577)	-	9,148
Caravan upgrade	22,800	-	(2,850)	-	19,950
Restricted funds					
Client activities	(1,365)	-	-	1,365	-
Susan Kennedy Centre	(1,647)	167	2,416	379	1,315
Peer mentor coordinator	71	-	-	(71)	-
Family Support	4,649	-	-	(4,649)	-
Training officer salary	2,461	-	(1,255)	(1,206)	-
Helpline /Outreach	352	-	-	(352)	-
Volunteer costs	2,831	-	-	(2,831)	-
Respite project	1,549	5,620	(5,727)	(309)	1,133
Evaluation	-	-	-	-	-
Senior practitioner salary	500	-	-	(500)	-
Centre running costs	2,377	-	(1,624)	(28)	725
Centre management costs	2,943	-	-	(2,943)	-
National lottery Reaching Communities	-	81,170	(84,454)	5,445	2,161
Sir James Knott Foundation	-	10,000	(10,967)	967	-
The Barbour Foundation	-	5,000	(5,000)	-	-
Freemasons of Northumberland	-	1,000	(1,000)	-	-
Arnold Clark Foundation	-	832	(832)	-	-
Santander Foundation	-	998	(998)	-	-
J H Burn Charity Trust	-	200	(200)	-	-
Public Health	-	55,000	(55,573)	1,174	601
Northumbria Healthcare NHS Trust	-	25,000	(25,000)	-	-
Mental Health Concern	-	15,185	(15,933)	3,516	2,768
Public Health COVID 19 Funding	-	9,000	(9,000)	-	-
Northumberland County Council	-	4,794	(4,794)	-	-
Blyth Town Council	-	4,000	(4,000)	-	-
Small equipment	-	163	-	43	206
Totals	226,960	218,129	(243,083)	39,421	241,427

ESCAPE Family Support Limited

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

As at 31 March 2021

	Fund balances brought forward	Incoming resources	Resources expended	Transfers	Fund balances carried forward
	£	£	£	£	£
Restricted fixed assets					
Susan Kennedy Centre refurbishment	189,428	-	(12,714)	-	176,714
Restricted office, computer and other equipment	2,362	-	(1,529)	11,892	12,725
Caravan upgrade	25,650	-	(2,850)	-	22,800
Restricted funds					
Client activities	209	-	(375)	(1,199)	(1,365)
Susan Kennedy Centre	-	10,802	(12,449)	-	(1,647)
Peer mentor coordinator	-	3,005	(2,934)	-	71
Family Support	-	36,365	(31,716)	-	4,649
Training officer salary	-	11,771	(9,310)	-	2,461
Helpline /Outreach	616	1,638	(1,902)	-	352
Volunteer costs	284	4,000	(1,453)	-	2,831
Respite project	-	5,380	(3,831)	-	1,549
Evaluation	-	2,000	(2,000)	-	-
Senior practitioner salary	-	20,631	(20,131)	-	500
Centre running costs	-	38,635	(25,565)	(10,693)	2,377
Centre management costs	-	48,145	(45,202)	-	2,943
Totals	218,549	182,372	(173,961)	-	226,960

Purpose of restricted funds

Restricted funds represent income resources used for a specific purpose within the charity as identified by the donor.

Susan Kennedy Centre assets	The balance of restricted funds that paid for the refurbishment of the Susan Kennedy Centre.
Restricted office and computer equipment	The balance of the restricted funds that paid for restricted office, computer and other equipment.
Caravan upgrade	Restricted for the caravan upgrade.
Client Activities	Restricted for client activities delivery.
Susan Kennedy Centre	Restricted for the Susan Kennedy Centre running costs.
Peer Mentor Coordinator	Restricted to salary of Peer Mentor coordinators post.
Family Support	Restricted to Family Support, project staff salary and project costs.
Training Officer salary	Restricted to training, project cost and office salary.
Helpline /Outreach	Restricted to helpline delivery costs.
Volunteer costs	Restricted to volunteer expenses.
Respite project	Restricted for the respite project.
Evaluation	Restricted for the evaluation of the Big Lottery Reaching Communities Fund.
Senior practitioner salary	Restricted to salary of senior practitioner post.
Centre running costs	Restricted to centre running costs.
Centre management costs	Restricted to management costs.

ESCAPE Family Support Limited

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

24 Analysis of charitable funds continued

National Lottery Reaching Communities	Restricted to reaching communities.
The Barbour Foundation	Restricted to running costs.
Freemasons of Northumberland	Restricted to running costs.
Arnold Clark Foundation	Restricted to running costs.
Santander foundation	Restricted to intern's salary costs.
J H Burn Charity Trust	Restricted to running costs.
Northumbria NHS Health Trust	Restricted to Service Manager salary costs.
Northumberland County Council	Restricted to replacement of mobiles.
Blyth Town Council	Restricted to Family Support Staff costs.

Transfers between funds**As at 31 March 2022****Reason for transfer****Amount
£**

Between restricted assets and centre running costs /client activities

Balance spent on tangible fixed assets that will be depreciated over future periods.

39,421**As at 31 March 2021****Reason for transfer****Amount
£**

Between un-restricted fixed assets and The Susan Kennedy Centre

Correction of funding received to the correct restricted fund.

11,892**25 Capital commitments**

As at 31 March 2022, the charity had no capital commitments (2021 -£nil)

26 Analysis of net assets between funds

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Tangible fixed assets	-	89,964	232,518	322,482	342,297
Cash at bank and in hand	139,091	25,618	14,721	179,430	226,487
Other net current assets/(liabilities)	(23,113)	-	-	(23,113)	(66,361)
	115,978	115,582	247,239	478,799	502,423










Escape accounts 2021-22 - Draft

Final Audit Report

2022-11-25

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