

Get Kids Going

Annual Report and Financial Statements

For the year ended 30 June 2023

Company Limited by Guarantee

Registration No. 03391908 (England and Wales)

Charity Registration No. 1063471

Get Kids Going

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Get Kids Going

Reference and administrative details

President

David Weir CBE MBE

Principal Office

4 Chandlery House
40 Gower's Walk
London
E1 8BH

Legal Advisors and Registered Office

Bates Wells LLP
10 Queen Street Place
London
EC4R 1BE

Board of Trustees

L Tadgell-Foster (Chairman)
P Fordyce
P Fordham
T Mansfield

Principal Bankers

National Westminster Bank plc
332 High Holborn
London
WC1V 7PS

Development Board

D Butler
J Dixon
K Norrington
S Nanayakkara
P Jordon
J Nichols
J Britton

Auditor

Reza Motazedi and Co. LLP
Chartered Accountants & Registered Auditors
7 Bell Yard
London
WC2A 2JR

Investment Managers

Quilter Cheviot
Queens Quay, 33-35
Queen Square,
Bristol, BS1 4LU

Chief Executive and Company Secretary

J Emmerson

Registered Charity Number:

1063471

Registered Company Number:

03391908

VAT Registration Number:

902 4765 34

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Trustees' report for the year ended 30 June 2023 (incorporating the Directors' report)

The Board of the Trustees, who are the directors for the purposes of the Companies Act, has pleasure in presenting its Report and Financial Statements for the year ended 30 June 2023. Get Kids Going ("the Charitable Company" or "the Charity") is a registered charity and a company limited by guarantee.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption and accordingly exemption has been taken from preparing a strategic report.

Structure, governance and management

The governing instrument is the Charity's Memorandum and Articles of Association. The Charity's main objectives are stated therein as being:

To relieve the disabilities of disabled people; and

To provide or assist in the provision, in the interests of social welfare, of opportunities and facilities for physical recreation and sport for disabled people, with the purpose of improving their conditions of life.

The Trustees have had regard to the guidance contained in the Charity Commission's general guidance on public benefit. In pursuit of these objects, the principal policy of the Board of Trustees is to give disabled children and young people the opportunity of participating in sports by providing them with specially built wheelchairs, other sports equipment, support with their training and travel to supporting events etc.

Get Kids Going! Trading Limited, the trading subsidiary of Get Kids Going! was dormant for the year and has never traded.

Board of Trustees and their interests

The Trustees who served during the year and to date are as follows:

L Tadgell-Foster (Chairman)

P Fordyce

P Fordham

T Mansfield

The Trustees may delegate any of their power or the implementation of any of their resolutions to any committee. No committees are established at the date of this report.

The Trustees have established a Development Board, the members of which are shown on a previous page.

The terms of reference of the Development Board are to raise the profile and awareness of the Charity's charitable activities amongst potential donors and people of influence. Members of the Development Board are not Trustees of the Charity.

Day-to-day decisions are made by management within the overall framework established by the Trustees for the development of the Charity. Any major decisions are made by the Board of Trustees.

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A Trustee can propose a new appointment to the Board of Trustees. If seconded by another Trustee and approved by a majority vote, that person would become a Trustee of the Charity. The Charity has appropriate plans for the induction and training of any new Trustees should this be required. These would include meeting the Charity's staff and beneficiaries and attending externally organised training on responsibilities and best practice in governance, depending on individual needs.

Risk

The economic instability along with the continuing effects of the Covid19 pandemic continued to have an impact on the charity's fundraising even though the charity had a unique opportunity to increase its fundraising income due to the London Marathon being held twice within the year ie, October 2022 and April 2023. This gave the charity the opportunity to recoup some of its previous years' losses when all fundraising events were cancelled due to the Covid19 pandemic. The TCS London Marathon continues to be the charity's major source of income, however, it should be noted, the charity expects its fundraising income to return to usual levels when its calendar of events returns to normal this year.

The charity believes the main areas of concern going forward is the; effect of the global economic crisis, war in Ukraine and the Middle East, inflation and the cost-of-living crisis will continue to have on discretionary spending to potential donors. The charity, therefore, will adopt a flexible fundraising approach in the future along with keeping costs to a minimum.

In 2022 the charity suffered a substantial loss in its investment reserves with income slowly starting to recover this year. The charity made the decision to release £250,000 from its reserves during the Covid19 pandemic to maintain its; grant giving, staff salaries and day-to-day expenses etc. The charity plans to return the same amount of funds, or more, to the cash element of its investment fund to take advantage of more advantageous bank interest rates. The charity's investments are in a low-medium risk fund and so it anticipates its investment losses will recover slowly when the UK and world economy improves. In the meantime, the charity continues to maintain a watchful brief on its investment fund portfolio.

The Trustees thanked and acknowledged the hard work and dedication given by the charity's staff who have continued to rise to the challenge in difficult times. Their commitment to the charity continues to be outstanding. The Trustees noted that charity expenditure this year had been kept to a minimum due to the dedication of its volunteers and staff.

The charity also continues to keep a watchful brief on GDPR and other data security issues with the charity moving from its former IT supply company to Acora One IT Ltd and SharePoint with upgrades to ensure the safety of its data.

The charity believes it has done everything possible to mitigate against risk for the benefit of the charity's staff, fundraisers and the athletes we support.

Objectives and activities – achievements and performance

There is no doubt that fundraising, since the Covid19 pandemic, has been challenging in a number of areas, however, the charity was pleased to have the opportunity of two London Marathon events in one year. Because of this the charity was pleased to increase its level of support for its many talented young athletes with the various para sports including; para-skiing, wheelchair rugby, boccia, athletics etc.

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The charity was pleased to receive the following reports from its supported para-sporting organisations and athletes:

GB Wheelchair Rugby - Jason Brisbane, Chief Executive, GBWR.

We were delighted Jane Emmerson, Chief Executive, Get Kids Going! could join us in Paris for the European Championship, our first competition following the Tokyo Paralympic Games. Representing GB were nine of the gold-medal-winning Tokyo 2020 squad, joined by three debutants: Faye West, Kieran Flynn, and Daniel Kellett. Success in all three pool matches saw GB wins against Poland, Germany, and the Netherlands, leading to a semi-final match against Denmark – a convincing 55-48 win here set up a final against hosts France.

A hardworking France team secured a home victory by one point, with GB taking the silver medal – a clear indicator of the ever-growing strength in the European zone. Next up was the 2022 International Wheelchair Rugby Canada Cup which returned to Richmond, Canada, with six of the highest-ranked teams worldwide competing – Japan, GB, Australia, France, Canada, and Denmark. USA withdrew from the competition due to positive Covid19 tests. The tournament provided the first opportunity for GB to face nations outside of Europe since the Tokyo Paralympic Games and also saw the first caps for two debutants: David Ross and Luke Collier. After a successful start against Australia and then France, losses to Denmark, Japan, and Canada set up a bronze-medal match against Denmark; GB suffered a two-point loss against a strong Denmark team.

The 2022 Tri Nations took place in July in Alabama, USA and saw four days of competition between Canada, USA, and GB – an opportunity to face USA after their absence from the Canada Cup. After three days of competitive round-robin matches, GB faced hosts USA in the final, with a one-point loss earning the team the silver medal.

At the King Power Wheelchair Rugby Quad Nations, which took place in September 2022, GB faced Canada, France, and Germany. The tournament was held for the first time in Cardiff, a fitting introduction to the city, ahead of the 2023 Wheelchair Rugby European Championship to be hosted at the Principality Stadium in May 2023. This tournament also welcomed spectators after the behind-closed-doors competition, due to Covid 19 restrictions.

A closely fought competition saw GB triumphant against France and Germany but lose to Canada in the round-robin stage, setting up a semi-final match where we took an overtime win 56-53 against France in the semi-final match. This set up a thrilling final, where Canada edged a two-point win over GB after two periods of overtime.

The tournament provided a final competition opportunity ahead of the World Championship in Denmark, in October 2022.

Team GB athletes were recognised for their success in the tournament with best-in-class awards going to: Jack Smith, 05, Jamie Stead, 2.5 and Aaron Phipps, 3.5.

It was a pleasure to spend a few days with Jane Emmerson, Chief Executive of Get Kids Going! at the World Championship in Vejle, Denmark. What an emotional rollercoaster we all went through during that week, which saw some incredibly close matches and GB finishing seventh. This result should also be taken in context of losing a key GB athlete in Stuart Robinson shortly before the competition with concussion who, we are pleased to say, recovered fully. Although a

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disappointing result in Denmark, we did witness promising performances from the team's newer recruits – ie Kieran Flynn, and Ollie Mangion.

Following the World Championships, we knew that we were heading to our next major competition, being the European Championship in Cardiff, facing two very competitive nations in France and Denmark!

In our last update we mentioned a young, talented athlete called Luke Collier, who received a rugby wheelchair from Get Kids Going! We are pleased to say that Luke attended the elite selection camps at the end of 2021, impressing the coaches. While he was not successful in selection to the elite squad, Luke was placed in a bridging position on the performance pathway, continuing to attend Talent camps while being invited to attend some elite camps. In June of this year, Luke was selected for the elite squad for the Canada Cup, competing against the top nations in the world, here he received his first international classification, coming out as a 2.5. Following a successful tournament, Luke was promoted to the elite squad. Although part of the elite squad, Luke continues to attend talent camps as needed, to support his own and the squad's development, competing against Sweden in August and he travelled with the talent squad to the USA in November.

We are delighted to report that Team GB hosted the European Championship at the Principality Stadium in Cardiff in May 2023. This was a big tournament for the team with all the top European nations attending including; France, Denmark, German, Switzerland, Czech Republic, Netherlands and Israel. It was always going to be a close fought match between the top three – GB, France and Denmark.

Team GB played well beating Denmark in the Semi-final which set the team up for an explosive final game against France. The team were on home soil and received amazing support from our fans, but we knew it was going to be a goal for goal fight. Both sides were locked at 39-39 when France crossed the line three times in the last minute of the third quarter. In the final quarter it was anyone's game, but France managed to get the momentum and scored six goals with the match finishing 49-55 to France. It was disappointing for us as France had now beaten Team GB at two European Championships – one in Paris and one in Cardiff! Nevertheless, Team GB had qualified for 2024 Paris Paralympic Games along with France and Denmark. The Games is scheduled to take place from August 29th to September 8th 2024, at the Champ de Mars Arena.

Finally, we are pleased to announce that Great Britain Wheelchair Rugby (GBWR) has recently launched a groundbreaking new fundraising initiative – 28 for 28 – aimed at bringing 28 partners together to support the team on their journey to the LA28 Paralympic Games.

28 for 28 represents a unique and collaborative effort to garner support for GBWR, uniting partners in a shared mission to break down barriers and build bridges to advance inclusivity. The initiative aims to pool funds from multiple sources to maximize their impact and create a lasting legacy for wheelchair rugby. We are delighted to know that Get Kids Going! is one of our founding partners and we very much look forward to working with the charity in the build up to both the 2024 Paris Paralympic Games and the 2028 LA Paralympic Games. We cannot thank Get Kids Going! enough for all the tremendous support the charity, its staff, volunteers and supporters have given to GB Wheelchair Rugby since our partnership began at the 2012 London Paralympic Games twelve years ago. What an amazing success it has been!

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GB Para-Snowsport - Blake Williams, Para Alpine Pathway, Team Performance Manager.

2022/2023 was a fantastic season building the team, with the amazing help of Get Kids Going! we managed to succeed in organising the first GB Snowsport pathway camps. I am immensely proud of the hard work that has gone into creating the opportunities for the team.

We have gone from being a group without organisation to the most exciting and competent development team probably in the world. We are planning a comprehensive schedule of training for next season to really push this generation of Para Alpine to be the best on the world stage. Below is a short report on some of the Para pathway's most amazing para-alpine skiers and what they achieved during the ski season:

Sam Cozens (VI B3) – (Male VI Skier) - age 16. Sam was classified and paired up with one of the best guides in the country, they completed 3 training camps and competed in 2 races. Unfortunately, Sam fell in the first race but following an excellent next race he finished 3rd behind the current Paralympic gold medallist and current World Champion. Sam is on the cusp of GB Snowsport elite para-alpine ski team and has been invited onto GB Snowsport camps after showing fantastic potential. He is training hard, twice per week, in the gym.

Amy Clegg (Female Stand Up) - age 17. Amy travelled to Austria for classification and successfully became a LW1 and able to compete. Amy has completed her first training camp in Austria and races this season. Amy has attended training on snow twice a week in Manchester and is attending two strength and conditioning sessions per week. Amy is making fantastic progress and hopes to head out to the Paralympic training centre in Canada next season.

Jamie Thomson (Male Stand Up) - age 13. Jamie surpassed expectations this season. Jamie attended an on-snow training camp in Oslo, Norway, at the end of the season and then competed in the German National Championships held in Khutai, winning a 5th place in the GS against people who were significantly more senior. Jamie has lots of potential and is at an age where he can make some really positive steps forward.

Hester Poole (VI B2) - age 15. Hester has attended camps at the Milton Keynes Snozone, on a ski Simulator at Cranmore school, and training camps in Fugen, Austria along with taking part in the German National champs at the end of the season. Hester shows tremendous potential and already skis to a standard that would qualify her for World Cup races. Hester won 3 silvers at the German National Champs.

Mackenzie Griffith (Female Stand Up) - age 25. Mackenzie has spent the season training in Canada at the Paralympic training centre and is making some really strong improvements. She competed in the Canadian National Champs and got a 2nd place in Slalom. Mac is currently being supported on the Talented Athlete programme which is a mentoring scheme to help with mind set and resilience.

The new Para-alpine potential athletes are:

Rebecca Hardy Bishop (VI B3 not yet classified for Alpine) - age 22. Rebecca is a really exciting skier with lots of potential to be World Class, Rebecca has already completed one training camp and will be joining the programme officially from the next camp.

Dom Allen (Male Stand up) - age 14. Dom is missing all digits on one hand. He has been in a ski club for the last few years and has plenty of miles under his belt. We are really excited about Dom to be joining the team on the next training camp.

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Stacey Mitchell (Female Sit Skier) - age 25. Stacey is now independent in the sit ski and is ready to make the next step towards competition.

We would also like to report on the World Class Programme Results which Get Kids Going! is also supporting and includes: Menna Fitzpatrick VI/Katie Guest (guide). Veysonaz World Cup – GS – 2nd World Championships - Super G – 4th, GS – 2nd, SL – 3rd, Kitzbuhel - SL - 3rd Cortina World Cup; GS – 2nd, GS – 3rd, and SL - 3rd.

Neil Simpson VI/Rob Poth (guide). World Championships - Super G -- 1st, GS – 3rd, SL – 2nd. Kitzbuhel World Cup SL – 2nd, and SL – 3rd.

Both athletes are on track to qualify for the 2026 Milano Cortina Winter Paralympic Games when we hope that some of the young, Get Kids Going!, supported athletes such as Sam Couzens, Amy Clegg and Hester Poole may join them. Thanks to Get Kids Going! and the charity's ongoing support Team GB is encouraging more and more young skiers to take up the sport with many fantastic opportunities laying ahead for the team.

Michael Kear – VI Skier.

Get Kids Going! is pleased to continue its support for VI skier, Michael Kear, from Edinburgh, along with his guides Louise Harrison and Gary Smith. Michael told us that his 2022/2023 ski season had been challenging:

“At the end of August, after a very successful previous season in Canada, Louise and I were fortunate enough to get selected onto the GB World Class Para-ski programme.

In September 2022 we went on our first GB Para-ski team training camp of the season which was at an indoor ski dome in Lithuania. This was a fantastic chance, for Louise and I, to work on new drills and also enabled me to train with Gary Smith, my second guide, so Louise could work and focus on her own skiing techniques to help us progress long term. The opportunity was great, and we made some amazing steps forward in our skiing together.

In October, Louise and I headed out to Austria to Soldon for our first outdoor training camp of the season. We had a great start but, unfortunately, I had a big crash and broke my leg which was my first major injury in all my ski racing career. Unfortunately, I fractured both my tibia and fibia and had to have the leg pined back together in Austria with a flight back home to Scotland. The only benefit was I got to fly in a helicopter!

In November, the real work began with lots of time working with my physiotherapist on my leg around my normal gym sessions with the Scottish Institute of Sport. There was a great deal of physical and mental stress dealing with my mobility including starting to walk more normally with crutches instead of just keeping my leg off the ground. However, in December I achieved some brilliant goals with my gym workouts on my upper body and focusing on my non-broken leg to keep that in good shape as it was getting a lot of stress whilst walking around due to leg imbalance. The best bit was in December when I was able to walk, for the first time without crutches, around the house which happened to coincide with Christmas Day! In January things started to get much better and I was able get off my crutches for most of the time. Throughout, February and March I concentrated much of my time on walking with crutches and leg strengthening. In the middle of April, I was able to head out to France for my first camp away with the team again of which I was delighted to be back to the training and a snow programme. I was unable to ski much but, it was still a fantastic camp as I was able to get a lot of one-to-one

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rehab work in the gym along with the physio whilst the other members of the team were hill skiing.

After a great deal of work and testing I was, finally, in a position to get back on my skis at the Chill Factor in Manchester and back to full time skiing again which was amazing. This was such a great time even though it was just slow skiing it proved to me that all my hard work in the gym had paid off. I know there is much more training and skiing to go but I am determined to get back to my beloved sport of alpine skiing with Louise and Gary. I cannot thank Get Kids Going! enough for all the amazing support and having such faith in me”.

James Barnes-Miller – Para Snowboarder.

Another brilliant para-athlete is James Barnes-Miller, which the charity has been supporting for many years and is now one of the World's top para-snowboarders. James kindly sent us his report which goes as follows:

“The year following the 2022 Beijing Paralympic Games was a rollercoaster for me, James Barnes-Miller. I started off feeling robbed of a medal in the boardercross event. It was a very tough time, but things took a positive turn when Aoife, my now wonderful wife, and I got engaged in Ireland - a truly amazing moment!

Thanks to the continued support of Get Kids Going! with my track fees, my first summer training camp at Les Deux Alpes, France, was a great success. Spending time on the course and riding jumps in the park was fantastic. Then, I headed to Zermatt for a freestyle camp with Real Snowboarding. This camp reignited my passion for snowboarding, helping me to rediscover my love for the sport.

My next challenge was in Saas-Fee, Switzerland, with the GB team, focusing on basics and fundamentals due to the poor condition of the glaciers. This change in training proved to be vital later but Madrid was the team's innovative solution to training, with its indoor full start section being an amazing help. Unfortunately, I had a fall here, mirroring my coach's accident. It was not serious, but it did limit my activities for a while. However, this led to a focus on refining my turns, which I believe significantly contributed to my season's success.

I went on to train with the Italian team in the Stelvio National Park, north of Verona, which was an exhilarating experience, despite snapping two sets of bindings in a week! We worked on GS and boardercross. The GB team's last camp, before the season began, was in Hintertux, Austria, where, alongside the Italians and the French, we built our own banked slalom course, compensating for the resort's limitations.

The 2022-2023 snow season kicked off at Landgraaf, the indoor school in the Netherlands, where I, surprisingly finished 5th, a testament to our summer training. I then went on to travel to the Big White, in BC, Canada. The races shifted from boardercross to banked slalom due to a lack of snow. Despite some initial struggles with the wax and conditions, I managed to secure my first podium of the season. Traveling back was chaotic, almost missing Christmas at home due to severe weather and flight delays. But I managed to make it back, albeit without my travel bags which came two weeks later!

Finland, always my favourite stop on tour, was next stop. It was my first boardercross races of the season, and I managed to win both World Cups with the fastest qualifying times. I was thrilled

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to bits! I then travelled to Cortina, Italy, where I won the first competition and narrowly secured silver in the second after photo finish despite having a painful leg injury.

We were then off to Germany for the races in Grasgehren, on the boarder of Lichtenstein, where I was first, earning me another gold. Unfortunately, the second day's race was cancelled due to rain. At the World Cup finals in Passo San Pellegrino, Italy I had a crash but still came away with the Globe for boardercross and the combined disciplines!

The season ended with the World Championships in Spain. The courses were poorly built, leading to several accidents. I had a fall in the boardercross semi-finals and didn't fare well in the banked slalom either. Despite all my ups and downs, this season has been a testament to resilience, adaptation, and the relentless pursuit of excellence in para snowboarding. I cannot thank Get Kids Going! enough for their continued support and faith in me as a para-snowboarder. I am absolutely determined to be in the medals at the 2026 Winter Paralympics in Milano-Cortina, Italy".

Boccia UK - Viv Nanopoulou, UK Operations Manager and Greg Baker, Performance Director.

We are delighted to provide a report from Boccia UK for the charity. We would like to thank Get Kids Going! for its continued support for our young para-athletes which includes; Louis Saunders, Sally Kidson, Will Arnott, Kayleigh Haggo, Claire Taggart & Patrick Wilson, Sophie Newnham, Tyler McLelland.

In 2023, Jamie McCowan retired from Boccia. Jamie had been on the World Class Programme for many years and had competed in Rio and Tokyo Games and was one of the world's best boccia players. Jamie was another Get Kids Going! supported athlete and will be very much missed on the team. We are, however, pleased to say Sally Kidson and Kayleigh Haggo have joined the World Class Programme and are two stars of the future!

The generous grant awarded to Boccia UK by Get Kids Going!, for the 2024 Paris Paralympic cycle has continued to be used on our young athletes, in particular to further the Transition Programme which identifies and coaches the athletes of the future, designed to create a positive environment for pathway athletes to develop and prepare for higher level competition.

Below are a number the Get Kids Going! sponsored athletes amazing achievements during the 2023 season:

World Boccia Youth Championships: Gold BC4 Pair (transition athletes).

World Boccia Challenger, Poznan: Silver BC3 (transition athletes).

World Boccia Challenger, Zagreb: Gold BC1 male, Gold BC2 female, Gold BC3 male, Silver BC2 male, Silver BC1/2 Team and Bronze BC4 male.

World Boccia World Cup, Montreal: Gold BC1 male, Bronze BC4 pair, Bronze BC1/2 Team and Bronze BC2 female.

European Championships, Rotterdam: Silver BC1/2 Team, Silver BC4 pair, Silver BC1 male, Silver BC3 male, Bronze BC2 female and Bronze BC4 male.

World Boccia World Cup, Fortaleza: Gold BC2 female and Silver BC3 male.

World Boccia World Cup, Povoas: Gold BC1 male.

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World Boccia Challenger, Heraklion: Gold BC4 pair.

Looking forward, sees the 2024 Paris Paralympic Games in September, which is definitely our focus for the year, however not at the detriment of the transition athletes who will still have the opportunity to train and compete even if they are not selected for the Games. The international calendar for 2024 looks to provide excellent preparation opportunities for athletes selected for the Paris Paralympic Games. As usual we will not be sending a full team to each event and will make our team selections nearer the time of each individual competition.

We have a full schedule of team training camps coming up throughout 2024 with training starting in February until early August at our training facilities in Largs, NI and Loughborough, England. We are training for both the Paris 2024 Paralympic Games in August/September along with the Boccia Challenger and World Cups which are all very important to the team.

The support given by Get Kids Going! enables the ongoing development and growth of our Talent Transition programme, supporting young athletes to fulfil their performance potential. The programme has really benefitted from the charity's continued support over many years assisting our Talent Transition athletes with weekly coaching opportunities and domestic and international competition exposure, which is a significant part of helping them grow as athletes and as people. Additionally, the charity's support will enable our Head of Performance Pathways to find, attract and recruit more young athletes into UK Boccia's talent pathways, helping inspire them to be the next generation of world class Boccia UK athletes. The team cannot express enough how important the support from Get Kids Going! is to the whole of the UK Boccia team from young beginner athletes to our World Class programme athletes. Thank you so much to everyone at the charity.

Justin Levene – Hand biker and World Brazilian Jiu Jitsu Champion.

"It has been a busy couple of years post covid, during which I have undertaken some of my biggest ever challenges as an athlete. Being supported by Get Kids Going! has allowed me the opportunity to continue to compete (and win!) at the highest levels of international sport. I have always felt a great responsibility to give back to the charity in any way possible and in 2022. I was able to do just that!

At the end of October 2022, after almost a year of planning, I set off on a 3000-mile journey from Miami to Los Angeles, towing my wheelchair behind my hand bike. The journey was undertaken by me and my friend Francis Cade, with no support, no safety cars, no back up vehicles. If there was an issue or mechanical on the road, we were alone. Completing the adventure in 48 days, we were able to raise the incredible amount of £169,000 for Get Kids Going! from almost 5,000 individual donors and gift aid with small donations still being given over one year later!

I am incredibly fortunate that I have had the support from Get Kids Going! It has enabled me to not only to have the right equipment, but to ensure I can continue to train and race without having too much fear of the financial burden we paralympic athletes constantly face.

Whilst crossing of the USA, I had a schedule conflict that meant I was unable to compete at the 2022 World Championships in Brazilian Jiu Jitsu. This was the first time I had missed the Championships, and it gave me even more motivation to return in 2023 to reclaim my World title.

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The Championships were held in Abu Dhabi in November 2023, and after some of the toughest fights of my career, I am delighted that I was able to come away as World Champion for the second time. The focus in 2024 is to reclaim my world number one position in Jiu Jitsu (only lost from lack of competition during covid) and, of course, win a 3rd World Title!

In January 2024, I took part in another epic cycling adventure, but the focus was not on competition, it was about the impactful and unifying nature of sport. The Ride for Unity, 7 Days 7 Emirates challenge, was a diverse group of athletes and leaders from around the globe, showing how sport can bring people together regardless of their backgrounds. Starting in Fujairah and crossing each of the seven Emirate States, the almost 700km of riding was interspersed with talks, workshops, visits to schools, all in the hope of leaving a legacy of disability sport.

The focus for the upcoming year is to hopefully qualify and be chosen for the 2024 Paris Paralympic Games in handcycling. Around that target I will also be competing in my first Ironman triathlon in Italy and begin preparations for more future challenges that I hope will replicate some of the success crossing the USA brought me and the charity.

Get Kids Going! and the support I have received has been fundamental to the success that I have achieved over the years. Though it is important to note that this is not just financial. What is more impactful is the incredibly supportive and caring nature of the charity and everyone within it. Whether it is from Jane, Shirley or the army of volunteers, there is always an interest and desire to learn about what the athletes are doing, how things can be improved, and what work can be done for the future. This level of care and contact is often unusual and, I feel, makes Get Kids Going! absolutely unique. I cannot thank Get Kids Going! enough for everything that they have done for me. I am proud to be the charity's Ambassador".

British Shooting – Chris Stott, Head of Athlete and Coach Pathways.

We are delighted to say that funding received from Get Kids Going!, since the 2012 London Summer Paralympic Games, has made an enormous difference to para-shooting in the UK with Matt Skelhon becoming a top class paralympic shooter and one of the first, young, athletes supported by the charity.

Following Matt's success we have, at British Shooting, been able to encourage and support many other young athletes on to our Paralympic pathway including; Tim Jeffery and Issy Bailey of which both athletes are supported by the charity.

We are, therefore, please to report the following 2023 achievements by our young team:

2024 Paris Paralympics – quota places achieved by Issy Bailey and Tim Jeffery at the WSPS World Championships in Lima, Peru.

Gold medal won by Matt Skelhon at the WSPS World Championships, Lima, Peru.

Gold and Silver medal won by Matt Skelhon at the WSPS World Cup in Osijek, Croatia.

Bronze medal won by Matt Skelhon at the WSPS European Championships 10m in Rotterdam, Netherlands.

Bronze medal won by Ryan Cockbill at the WSPS World Cup in Changwon, South Korea.

The team's plans for 2024 include:

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WSPS World Cups to be held in South Korea and India with the European Championships in Spain.

Final quota places for the 2024 Paris Paralympic Games can be won in competitions in both India and Spain of which the team will be attending.

2024 Paralympic Games in Paris, August/September. Currently, British Para-Shooting has three athletes with quota places confirmed which are all Get Kids Going! supported athletes.

The team is also very much focusing on preparations for the 2024 Paris Paralympic Games with both UK and international training camps. The support from Get Kids Going! has been tremendous and is creating more and more opportunities for young disabled athletes to take part in para-shooting at all levels and in all categories. Thank you so much.

Weir Archer Academy - Wheelchair Racing.

Moatez Jomni - Wheelchair Athlete.

"My name is Moatez Jomni, known to all my friends as just 'Mo'! I am very proud to say how grateful I am to Get Kids Going! for the fantastic support the charity has given to me over the years which, in 2023/2024 has contributed to the great start I have had in the build up to the 2024 Para Wheelchair Championship and forthcoming Paris Paralympic Games.

For over a year now I have received support from the charity for a new racing wheelchair and other important equipment, such as tyres and push rims, which are expensive! This has enabled me, undoubtedly, to move up the rankings to the top 10 of the International Paralympic Committee (IPC) world rankings and also achieve some fantastic times at the Swiss Grand Prix in Arbon and Nottwil which, ultimately got me a place in the Diamond League and invitation to the Anniversary Games for the 1500m race at which I did a personal best.

During the winter training sessions at the Weir Archer Academy, Kingston upon Thames, I have gone up a level working towards my competitions at the Wheelchair Racing Grand Prix at Dubai in February where I achieved another personal best and won both a gold and bronze medal which moved me up again to 4th in IPC world rankings. This will, hopefully, help me achieve selection for the Tokyo Championship in April this year. I am now training hard on the track and in the gym with the aim of making the 2024 GB squad for the Paris Paralympic Games this summer. I cannot thank Get Kids Going! enough for all their amazing support. It means the absolute world to me."

Fabienne André - CP Wheelchair Athlete.

"2023 was a busy and exciting year as I took part in two international wheelchair racing events and five UK events in the season. I was able to compete in competitions in; Dubai, Switzerland, Paris World Championships, Coventry, Stoke Mandeville, London Diamond League and more.

I was really pleased to finish the season with new personal best times in every track distance; 100m, 200m, 400m, 800m and 1500m.

I am proud to have been able to include, amongst these events, my first World Medal with a bronze in the T34 100m, building from my Bronze at the Birmingham Commonwealth Games in July 2022. To compete not only for England and achieve a one, two and three place but also a GB one, two and three place on the world stage as I build up to the 2024 Paris Paralympic Games this

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year. These achievements give me an incredibly proud feeling and leave me hungry for more competitions and ready to up my game. I am most proud of being able to deliver on the world stage and gain my first World Bronze medal.

Without the support of everyone at Get Kids Going! I wouldn't have been able to achieve the above this season, nor attend vital training camps and all the qualifications opportunities required to deliver on the world stage. Your support has helped me hugely with the essential racing wheelchair, and equipment but also with travel to vital competitions and training sessions. Thank you!

I can't wait to see what 2024 has in store as I push on training hard with a busy and exciting training and competition schedule as we head into the Summer Paralympics!

I travelled to Arbon in Switzerland for the Swiss Track Championships. It was my first-time racing in Arbon, and it was amazing to have such a number of race opportunities in quick succession, race on the famously speedy track and share the track with so many awesome athletes. My events were the 100m and 800m which gave me the opportunity to take part in them whilst also racing the 200m and 400m at the Swiss Nationals in Nottwil. At Arbon, I came away with a new personal best in the 200m, 400m and 800m and a season's best in the 100m, my 3rd fastest time ever! I'm most proud of my 800m PB which was almost 4 seconds quicker. Being consistently quicker at this point in the season across all distances, I'm excited things will only improve going forward.

Following on from Switzerland selection for the World Para Athletics Championships were made which included three Weir Archer Academy athletes in Eden Rainbow-Cooper, T54- 800m, 1500m and 5,000m, Marcus Perrineau-Daley, T52 - 100m and myself, Fabienne André, T34 - 100m and 800m. I was delighted.

In June last year I competed at the Stoke Mandeville Games, which was the last run out before the Para Athletics World Championships. This was a great opportunity to home in on the last elements of my racing before the World Championships. I have now experienced racing in all weathers with sunshine, rain and a good old head wind all in the space of a few hours! At Stoke Mandeville I was very pleased to come away with my fastest times I have ever raced in the UK in the 200m, 400m and 800m.

The next stop was the World Para Athletics Championships in Paris where I won a bronze medal in the 100m! I was also 4th in the 800m. I was delighted!

Following Paris I went on to compete at the Diamond League events in London in July in a mixed classification 800m. It was wonderful to be back in the 2012 Paralympic Stadium, now renamed the Queen Elizabeth Olympic Park where I first raced in 2019!

The season ended with my last track meeting of the year at Stoke Mandeville. What a whirlwind it's been, and an amazing one at that. I'm working so hard, loving my sport and relishing new opportunities to share its impact and potential for getting the next generations involved. Here's to the next opportunities, as I continue to show the power, potential and impact of para-sports. My

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aim for 2024 is to make the Paris Paralympic Games and represent my country once again! Thank you to everyone at Get Kids Going! for making all this possible and my life so amazing. Love Fabienne x”.

The charity was also pleased to give sports grants to other Weir Archer Academy wheelchair racing athletes for both equipment and wheelchair racing development.

Grant Policy

The charity was pleased to increase its grant giving to athletes due to an increase in income from two London Marathon events. The charity's income was, also, helped by the wonderful generosity given by donors to Justin Levene and Francis Cade's bike across America. We cannot thank Justin and Francis enough for their amazing effort in support of the charity which not only helped increase funds but created much publicity and PR. The charity's main income streams continue to be the TCS London Marathon followed by the BMW Berlin Marathon and the AJ Bell Great North Run.

Get Kids Going! continues to allocate grants only after a formal, detailed, application process and comprehensive review by the Trustees and the Chief Executive.

Grants can be made for one-off purchases or, depending on circumstances, for much longer term, staged support. All such grants are available for the following purposes, although the following list is not exhaustive as athletes have varying needs depending on their disability and chosen sport: sports wheelchairs and similar sports equipment, repairs/maintenance to sports equipment, travel, and accommodation to training and competitions, training and competition expenditure, competition fees and sports physiotherapy and psychology. The charity is continuing to work closely with GB's main disability sports organisations with regard to its allocation of grants. The charity has found it advantageous to work closely with such organisations, rather than on an individual athlete basis. This provides the charity with an overview of each sport, individual and team feedback and helps greatly with relationship building across all sports. Applications for support can be made directly to the charity.

Fundraising Policy

Again, the charity's usual fundraising plans, with the main income being from sponsored runners participating in the London Marathon and other worldwide events, proved to be a little less difficult than in previous years but is still challenging for the charity's fundraising team due to continued uncertainty in the; global economy, recession in the UK economy, increase in costs, with discretionary spending still being an issue for many potential donors.

The charity continues to believe this will be a trend for a number of years, therefore, the charity will continue to work to be creative and flexible in its fundraising approach going forward.

The charity works hard to reduce costs where possible. Its small staff continue to work hard designing and developing a new website, restructuring IT, reducing its data and off-loading suppliers and costs with the aim of saving costs and becoming even more efficient.

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The charity continues to develop and promote events through its newly established website along with testing new fundraising events and ideas such as; UK and international treks, UK/overseas events and grant and in-memory giving.

The charity has now completed the process of rolling out its entries from events which were cancelled in 2020 and 2021 - specifically the London Marathon, BMW Berlin Marathon and the Great North Run. The charity holds no further roll over entries for any event.

The charity is registered with the Fundraising Regulator, Fundraising Preference Service and the Information Commissioner's Office (ICO) through its annual membership. The charity continues to comply with the GDPR regulations and has internal guidance to protect the vulnerable. No complaints have been received in relation to the charity's fundraising.

The charity continues to maintain an adaptable and flexible approach in these times of continuing uncertainties.

Future Plans

The Trustees, once again, agreed that Quilter Cheviot would continue as the charity's main investment management company and were pleased to see the charity's investments were starting to improve but still had some way to go to make up for the previous years' losses. It was noted that the charity had made an overall gain of £319,997 within the year following a loss in the previous year of £1,773,564 due to the worldwide economic downturn.

The charity continues to hold bi-annual meetings with Quilter Cheviot to discuss the future of global markets and the charity's investments. Quilter Cheviot continues to keep the charity informed of its investment fund performance on a monthly basis. The Trustees and Chief Executive continue to keep a close watch on the charity's investment fund.

The Trustees, once again, agreed to retain Reza Motazed & Co LLP as auditors and continue to carry out a full external audit of the charity's accounts.

The Trustees still believe that the future holds a number of uncertainties and challenges for all charities, including Get Kids Going! with regard to the; forthcoming UK and USA elections within the year, the continuation of the Ukraine war and a recent Middle East conflict, economic fall out of the Covid19 pandemic, higher than normal energy costs and the stability of the global economy going forward. With this in mind the Trustees will continue to take a cautious view to spending and the charity's investments until both the economic, political and global health situation improves.

Financial Review

Results

The results of the year are shown in the Statement of Financial Activities which incorporates the income and expenditure account and complies with the Statement of Recommended Practice Accounting and Reporting by Charities (March 2015) and the Companies Act 2006.

The charity's overall income to the year, ended 30 June 2023, was £1,804,263 an increase of £935,991 on the previous year due to two London Marathon events being held within the year and the charity's fundraising events starting to come back on stream following the Covid19 pandemic when all the charity's events were cancelled. (2022: £868,272).

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The fundraising costs and total expenditure was £773,270 compared with the previous year (2022: £567,675).

The charity's small team continue to hard work giving valuable support to the charity's athletes, donors and volunteers and ensuring that expenditure is kept to a minimum and cost effective. During the year the charity awarded its main staff with a salary rise in line with inflation.

Considering the future uncertainties facing both the charity and the voluntary sector the Trustees would like to thank the charity's staff and volunteers for all their hard work, loyalty and support in the last year.

Reserves and investment policy

In 2022 the charity suffered a significant loss, of over £1m, in the charity's reserves due to a global downturn in the markets, a global financial crisis, the war in Ukraine and the fall-out of the Covid19 pandemic which caused share prices to drop significantly worldwide. The Trustees are pleased to see a small upturn in the charity's reserves of £319,997 this year, however, it is noted, there is still a long way to go before the global downturn in the markets recover and the charity recoups its losses. The Trustees agreed that the charity's investment fund should remain on the same basis and the £250,000, which was taken out of the cash element of the fund to enable the charity to function on a day-to-day basis due to the global financial situation etc. should be returned to the fund as soon as possible.

The charity's fund managers, Quilter Cheviot, reported that the market backdrop in the year to the 30th June 2023 was mixed, with the UK, US and European equity markets recovering modestly from the declines seen in the previous 12 months. Elsewhere, Asia Pacific and emerging markets struggled to make progress with very lacklustre performance mostly as a result of the Chinese economy not rebounding as strongly as anticipated following the abolishment of their zero-covid policy. However, the gains from equities were offset by the continued falls in bond prices as inflation remained too high, albeit reducing from peak levels, and interest rates were hiked aggressively in an effort to bring inflation back to the 2% target level. Given the defensive profile of the charity's portfolio, we need to hold a meaningful amount of bonds to diversify away some risk from equities, which are of course typically far more volatile in nature, and this weighed on portfolio performance.

High levels of inflation traditionally lead to recession and that fact has affected investor confidence and continues to weigh on sentiment. However, the world's largest economy of the United States continues to defy expectations and remains very robust, supported by very low levels of unemployment, and record high numbers of job vacancies. In the UK, we do not have the same economic resilience and strength as the US although conditions have remained far more stable so far than had been feared in 2022. We are watching the economic data carefully for clues about where things are headed, but our current view is that inflation will continue to trend lower towards the central banks' 2% target, while a deep recession can be avoided. If we are right, then interest rates can eventually be reduced from their currently somewhat economically restrictive levels to support future economic growth and that should support both bond and equity prices. There are of course risks to this outcome, most notably geopolitical tensions, which remain heightened and have the potential to escalate.

Over the course of the last year and particularly more so recently, we have been gradually adding to bonds at low prices given that yields are now far more attractive than they have been for a very

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long time. We have introduced to the portfolio specific Gilts in addition to a fund that provides exposure to US Treasury Bonds that are due to mature in 7 to 10 years (currency hedged). This has allowed us to reduce the long held underweight (relative to our benchmark) allocation to bonds which should provide greater downside protection in the event of a broad decline in equity markets. Furthermore, we expect bond prices to stabilise in the not-too-distant future and to provide the possibility of capital growth in the event that interest rates are eventually reduced in the years ahead.

Any interest income is reinvested back into the fund. The current level of free reserves at 30 June 2023 stands at £13,270,310 (2022: £12,950,333). It was agreed that the charity should set no reserves target because of the ongoing serious political and economic situation as explained above. The Trustees continue to believe financial stability is absolutely, crucial to the charity's overall financial future.

Going Concern

The Trustees have adopted the going concern basis for these financial statements as they consider there to be adequate reserves to ensure that the going concern basis is appropriate.

Key management personnel remuneration

The Trustees consider that the key management personnel remuneration is in line with the vital role and responsibilities placed upon that member of staff and that their remuneration reflects such responsibilities. They also believe it is in line with the sector's salary benchmarks.

Approved on behalf of the Board of Trustees and authorised for issue on 6/3/2024



L Tadgell-Foster, Chairman of the Board of Trustees.

Independent auditor's report to the members and trustees of Get Kids Going

Opinion

We have audited the financial statements of Get Kids Going (the 'charitable company') for the year ended 30 June 2023 which comprise the Statement of Financial Activity, Balance Sheet, Cash Flow statement and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 30 June 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

Other information

The other information comprises the information included in the trustees' annual report², other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and

Independent auditor's report to the members and trustees of Get Kids Going

- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit ; or
- the trustees were not entitled to take advantage of the small companies' exemption from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement , the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

Independent auditor's report to the members and trustees of Get Kids Going

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (ie. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Reza Motazedz BPF,FCA,DChA



For and on behalf of
Reza Motazedz and Co LLP - Statutory Auditor
7 Bell Yard
LONDON
WC2A 2JR

Date 06.03.24

Get Kids Going

Statement of financial activities (incorporating the income and expenditure account)

Year ended 30 June 2023

	Notes	2023 Unrestricted £	2022 Unrestricted £
Income from:			
Donations	1c	1,535,783	632,610
Investments		268,480	235,662
Total income		<u>1,804,263</u>	<u>868,272</u>
Expenditure on:	1e		
Raising funds:			
Fundraising costs		773,270	567,675
Charitable activities:			
Assistance to the disabled for participation in sport		212,591	197,264
Total expenditure	2	<u>985,861</u>	<u>764,939</u>
Net income before investment gains		818,402	103,333
Net gains/losses on investments	6	(498,425)	(1,876,897)
Net income for the year and movement in funds	3	319,977	(1,773,564)
Reconciliation of funds			
Balance brought forward at 1 July 2022		<u>12,950,333</u>	<u>14,723,897</u>
Balance carried forward at 30 June 2023		<u>13,270,310</u>	<u>12,950,333</u>

All income is from continuing operations.

There are no recognised gains or losses other than the net income stated above.

The notes on pages 24 to 31 form part of the financial statements.

Get Kids Going

Balance sheet At 30 June 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible Fixed Assets	5	701,240	717,013
Investments	6	11,498,177	11,792,200
		<u>12,199,417</u>	<u>12,509,213</u>
Current Assets			
Debtors	7	72,739	137,511
Cash at Bank and in Hand		1,170,750	462,885
		<u>1,243,489</u>	<u>600,396</u>
Current liabilities			
Creditors: amounts falling due with 1 year	8	(172,596)	(159,276)
Net current assets		<u>1,070,893</u>	<u>441,120</u>
Total assets less current liabilities		<u>13,270,310</u>	<u>12,950,333</u>
Net assets		<u>13,270,310</u>	<u>12,950,333</u>
Represented by:			
Funds:			
Unrestricted funds		13,270,310	12,950,333
Total funds		<u>13,270,310</u>	<u>12,950,333</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime. The notes on pages 24 to 31 form part of the financial statements.

Company Registration No. 03391908

Approved on behalf of the Board of Trustees and authorised for issue on 6/3/2024



L Tadgell-Foster
Chairman of the Board of Trustees

Get Kids Going

Cash flow statement Year ended 30 June 2023

	Notes	2023 £	2022 £
Net cash inflow from operating activities	(a)	643,788	(120,709)
Cash flows from investing activities:			
Interest and income received		268,480	235,662
Net movement in investment portfolio		(128,507)	(206,491)
Decrease in cash and cash equivalents in the year		783,761	(91,538)
Cash and equivalents brought forward	(b)	647,842	739,380
Cash and equivalents carried forward	(b)	1,431,603	647,842

(a) Reconciliation of net income to net cash inflow from operating activities

	2023 £	2022 £
Net income for the year	319,977	(1,773,564)
Interest and income received	(268,480)	(235,662)
Gains and losses	498,425	1,876,897
Depreciation	15,774	17,572
Decrease in creditors	13,320	(10,091)
Decrease in debtors	64,772	4,139
Net cash inflow from operating activities	643,788	(120,709)

(b) Analysis of cash and cash equivalents

	At 30 June 2023 £	At 30 June 2022 £
Cash at bank and in hand	1,170,750	462,885
Cash held in investment portfolio	260,853	184,957
Total cash and cash equivalents	1,431,603	647,842

Get Kids Going

Notes to the financial statements Year ended 30 June 2023

1. Accounting policies

(a) Basis of accounting

Get Kids Going, a public benefit entity, and registered charity, is incorporated in England and Wales as a company limited by guarantee not having a share capital.

The financial statements are prepared under the historical cost convention and comply with the provisions of the Statement of Recommended Practice (SORP 2015) 'Accounting and Reporting by Charities (SORP 2015)' applicable to charity preparing their accounts in accordance with financial reporting standard applicable in UK and Republic of Ireland (FRS 102), effective 1 January 2015; and Companies Act 2006.

The Trustees have adopted the going concern basis for these financial statements as they consider there to be adequate reserves to ensure that the going concern basis is appropriate for the period of at least 12 months from signing.

Get Kids Going! Trading Limited is a company incorporated in the UK, registered in England, company number 04945400, whose registered address is the same as the principal office shown on page 1. It is not consolidated on account of being dormant.

(b) Fixed assets

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost of each asset, less any estimated residual value, evenly over its expected useful life. The depreciation rates used are:

Office equipment	- 25% per annum straight line
Motor vehicles	- 25% per annum straight line
Long leasehold property	- 2% per annum straight line
Assets with a cost of £1,000 or more are capitalised.	

(c) Income

Income arising from donations relates to fundraising and is credited to the Statement of Financial Activities when the criteria of entitlement and measurement have been met and receipt is probable. Income is only deferred when conditions have to be fulfilled before the Charity becomes entitled to it or where the donor has specified that the income is to be expended in a future period.

(d) Gift Aid

Gift aid is accounted for on a received basis.

(e) Expenditure

Expenditure has been included in the financial statements on an accruals basis and is stated exclusive of Value Added Tax where applicable.

Cost of raising funds principally comprises direct expenditure incurred on fundraising and associated publicity.

Expenditure on charitable activities comprises the cost of provision of equipment and support of disabled participants in sport. Grants payable are recognised as expenditure when there is a constructive obligation.

Support costs comprise mainly office and premises costs and are allocated based on an estimate of staff time spent on activities.

Governance costs principally comprise legal fees and auditor's fees and are allocated as part of support costs, according to the SORP 2015.

Get Kids Going

Notes to the financial statements (continued) Year ended 30 June 2023

1. Accounting policies (continued)

(f) Funds

The Board of Trustees may earmark unrestricted funds from time to time for identifiable future expenditure. Such funds, where they exist, are disclosed as designated funds. Restricted funds are those which can only be applied for particular purposes, as specified by the donor or the terms of the campaign. There are currently no restricted or designated funds, nor were there any in the prior year.

(g) Pension contributions

The Charity operates a defined contribution pension scheme for employees. The funds of the scheme are administered via the National Employment Savings Trust (NEST) and St James Place and are separate from the Charity. Contributions are paid by the Charity. The pension charge represents contributions payable by the Charity for the year. The Charity liability is limited to the amount of the contribution.

(h) Statement of Cash Flows

The Charity has prepared a cash flow statement in accordance with FRS 102 Section 7: Statement of Cash Flows.

(i) Investments

Investment assets are valued at mid-market value. Gains and losses are recognised in the Statement of Financial Activities.

(j) Financial assets and liabilities

Financial assets and financial liabilities are recognised when the Company becomes a party to the contractual provisions of the instrument.

Financial assets are derecognised when and only when (a) the contractual right to the cash flows from the financial asset expire or are settled, (b) the Company transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or (c) the Company, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the Company after deducting all its liabilities. All financial assets and liabilities are initially measured at transaction price (including transaction costs) unless the arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled, or expires.

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

(k) Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, which are described in this note, the trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future

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Notes to the financial statements (continued) Year ended 30 June 2023

periods. There are no critical accounting judgments or key sources of estimation uncertainty at the reporting date.

(l) Taxation

Get Kids Going is exempt from taxation on its income and gains falling within Part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that they are applied to their charitable purposes.

2. Expenditure

	Staff costs £	Direct costs £	Support costs £	Total 2023 £	Total 2022 £
Cost of Raising funds	196,044	501,910	75,316	773,270	567,675
Charitable activities	49,011	146,710	16,870	212,591	197,264
	<u>245,055</u>	<u>648,620</u>	<u>92,186</u>	<u>985,861</u>	<u>764,939</u>

The costs of charitable activities include £135,000 relating to grants approved in the year (2022: £120,790). Support costs allocated to grant activities totaled £16,870. (2022: £16,948). Included in support costs are governance costs of £14,000 (2022: £13,500). Investment management costs included in cost of raising funds are £52,523 (2022: £60,032)

	Staff costs £	Direct costs £	Support costs £	Total 2022 £	Total 2021 £
Cost of Raising funds	180,692	315,416	71,567	567,675	388,031
Charitable activities	45,173	135,143	16,948	197,264	192,564
	<u>225,865</u>	<u>450,559</u>	<u>88,515</u>	<u>764,939</u>	<u>580,595</u>

3. Net income for the year

	2023 £	2022 £
This is stated after charging:		
Auditor's remuneration	14,000	13,500
Depreciation	<u>15,773</u>	<u>16,584</u>

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Notes to the financial statements (continued) Year ended 30 June 2023

4. Staff costs

	2023 £	2022 £
Wages and salaries (including temporary and agency staff)	179,400	162,598
Social Security Costs	17,978	17,734
Pension Costs	44,494	41,133
	<u>241,872</u>	<u>221,465</u>
	Number	Number
Average number of staff	<u>4</u>	<u>4</u>

No Trustee received any remuneration during the year (2022: none), nor were any payments for expenses made on behalf of any Trustees (2022: £nil). Expenses reimbursed to Trustees were £ nil (2022: £nil). One member of staff, considered to be the key management personnel, cost £150,546 (including pension and NI costs) in the year. (2022: £147,148). Pension contributions for this member of staff amounted to £43,333 in the year (2022: £40,000).

5. Tangible fixed assets

	Long Leasehold Land and buildings £	Office equipment £	Motor vehicles £	Total £
Cost				
At 1 July 2022	818,754	6,980	30,876	856,610
Additions	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
At 30 June 2023	818,754	6,980	30,876	856,610
Accumulated depreciation				
At 1 July 2022	107,973	3,921	27,703	139,597
Charge for the year	<u>14,216</u>	<u>765</u>	<u>792</u>	<u>15,773</u>
At 30 June 2023	<u>122,189</u>	<u>4,686</u>	<u>28,495</u>	<u>155,370</u>
Net book value				
At 30 June 2023	<u>696,565</u>	<u>2,294</u>	<u>2,381</u>	<u>701,240</u>
At 30 June 2022	<u>710,781</u>	<u>3,059</u>	<u>3,173</u>	<u>717,013</u>

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Notes to the financial statements (continued) Year ended 30 June 2023

6. Fixed asset investments

	2023 £	2022 £
Market Value brought forward	11,607,243	13,278,636
Net additions to portfolio	128,506	205,504
Unrealised (losses)	(498,425)	(1,876,897)
Market value at end of year	11,237,324	11,607,243
Cash held in the investment portfolio	260,853	184,957
	<u>11,498,177</u>	<u>11,792,200</u>

Investments have been included in the accounts at their mid-market value at the year date as reported to the Trustees by Quilter Cheviot, who are appointed to manage the Charity's investments.

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Notes to the financial statements (continued) Year ended 30 June 2023

6. Fixed asset investments (continued)

All investments were held directly by the Charity and there are no restrictions on the realisation of the investments.

	2023 £	2022 £
Investments listed on a recognised stock exchange:		
UK Fixed Interest	2,662,114	2,529,331
Overseas Fixed Interest	1,277,926	1,057,328
UK Equities	2,607,341	2,664,637
Non-UK Equities	2,572,952	2,559,385
Commodities	218,792	565,540
Property Unit Trust	419,887	495,440
Hedge Funds	1,478,322	1,735,582
Total investments	11,237,324	11,607,243

The investments above were held as follows:

	2023 £	2022 £
UK	7,386,456	6,756,142
Non-UK	3,850,868	4,851,101
	11,237,324	11,607,243

Investments which individually comprise more than 5% of the portfolio consist of:

	2023 £	2022 £
Allianz Global Investors UK Gilt	945,554	1,157,220
	945,554	1,157,220

7. Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	5,634	1,535
Prepayments	67,105	135,977
	72,739	137,511

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Notes to the financial statements (continued) Year ended 30 June 2023

8. Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals	157,281	144,365
Other creditors	15,315	14,912
	<u>172,596</u>	<u>159,276</u>

	Approved in the year £	Paid/adjust in the year £	As at 30 June 2023 £
Grants payable consist of the following:			
GB Disabled Snow Sports Team	44,460	-	(44,460)
GB Boccia Team	15,000	-	(15,000)
GB Wheelchair Rugby Team	35,000	-	(35,000)
GB Wheelchair Racing Team	30,540	-	(30,540)
GB Wheelchair Tennis Team	-	-	-
GB Para-Shooting Team	10,000	-	(10,000)
	<u>135,000</u>	<u>-</u>	<u>135,000</u>

It should be noted that any allocated grants which are not claimed within a period of time by that individual or sports organization for the individual are written off. Since the year end, £135,000 of the above totals has been paid.

	Approved in the year £	Paid/adjust in the year £	As at 30 June 2022 £
Grants payable consist of the following:			
GB Disabled Ski Team	48,935	(334)	(48,601)
GB Boccia Team	10,000	-	(10,000)
GB Wheelchair Rugby Team	30,000	-	(30,000)
GB Wheelchair Racing Team	21,805	(3932)	(17,873)
GB Wheelchair Tennis Team	50	-	(50)
GB Para-Shooting Team	10,000	-	(10,000)
	<u>120,790</u>	<u>(4,266)</u>	<u>(116,524)</u>

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Notes to the financial statements (continued) Year ended 30 June 2023

9. Called-up share capital

The Charity has no share capital, being a charitable company limited by guarantee. The total number of guarantors is 3, each of them agreeing to contribute a maximum of £1 in the event of liquidation.

In the event of the Charity being wound up or dissolved, any surplus asset shall be given or transferred to some other charitable institution having similar charitable objects to the Charity.

10. Capital commitments and contingent liabilities

There are no capital commitments or contingent liabilities at 30 June 2023 (2022: None).

11. Pensions

The company operates a pension scheme for all employees. The pension charge for the year was £44,494 (2022: £41,133). The Charity liability is limited to the amount of the contribution.

12. Trading subsidiary

The Charity holds the entire share capital (being £1) of Get Kids Going! Trading Limited. This subsidiary is dormant and has never traded, and as such group accounts have not been prepared.

13. Related parties

There were no related party transactions in the year. (2022: None).