

**Get Kids Going**

**Annual Report and Financial Statements**

**For the year ended 30 June 2022**

**Company Limited by Guarantee**

**Registration No. 03391908 (England and Wales)**

**Charity Registration No. 1063471**

## **Get Kids Going**

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## Get Kids Going

### Reference and administrative details

#### President

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#### Principal Office

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#### Legal Advisors and Registered Office

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EC4R 1BE

#### Board of Trustees

L Tadgell-Foster (Chairman)  
P Fordyce  
P Fordham  
T Mansfield

#### Principal Bankers

National Westminster Bank plc  
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London  
WC1V 7PS

#### Development Board

D Butler  
J Dixon  
K Norrington  
S Nanayakkara  
B Smithard (deceased July 2022)  
P Jordon  
J Nichols  
J Britton

#### Auditor

Reza Motazedi and Co. LLP  
Chartered Accountants & Registered Auditors  
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WC2A 2JR

#### Investment Managers

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#### Chief Executive and Company Secretary

J Emmerson

#### Registered Charity Number:

1063471

#### Registered Company Number:

03391908

#### VAT Registration Number:

902 4765 34

## **Get Kids Going**

### **Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)**

The Board of the Trustees, who are the directors for the purposes of the Companies Act, has pleasure in presenting its Report and Financial Statements for the year ended 30 June 2022. Get Kids Going ("the Charitable Company" or "the Charity") is a registered charity and a company limited by guarantee.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption and accordingly exemption has been taken from preparing a strategic report.

#### **Structure, governance and management**

The governing instrument is the Charity's Memorandum and Articles of Association. The Charity's main objectives are stated therein as being:

To relieve the disabilities of disabled people; and

To provide or assist in the provision, in the interests of social welfare, of opportunities and facilities for physical recreation and sport for disabled people, with the purpose of improving their conditions of life.

The Trustees have had regard to the guidance contained in the Charity Commission's general guidance on public benefit. In pursuit of these objects, the principal policy of the Board of Trustees is to give disabled children and young people the opportunity of participating in sports by providing them with specially built wheelchairs, other sports equipment, support with their training and travel to supporting events etc.

Get Kids Going! Trading Limited, the trading subsidiary of Get Kids Going! was dormant for the year and has never traded.

#### **Board of Trustees and their interests**

The Trustees who served during the year and to date are as follows:

L Tadgell-Foster (Chairman)

P Fordyce

P Fordham

T Mansfield

The Trustees may delegate any of their power or the implementation of any of their resolutions to any committee. No committees are established at the date of this report.

The Trustees have established a Development Board, the members of which are shown on a previous page.

The terms of reference of the Development Board are to raise the profile and awareness of the Charity's charitable activities amongst potential donors and people of influence. Members of the Development Board are not Trustees of the Charity.

The Trustees were sad to hear of the death of Mr Barry Smithard, a member of the Charity's Development Board, who passed away on Wednesday 27th July 2022, aged 88 years. Barry had been a wonderful supporter of the charity since it was founded in 1997. Barry was a great sportsman and during his lifetime was a successful racing car driver, fly fisherman, rugby and cricket player. Barry was also a member of the Royal Automobile Club and Marylebone Cricket Club. He also founded Smithard Associates, of which he was Company Director. The Charity gave its sincere condolences, thanks and good wishes to Mrs Barry Smithard.

Day-to-day decisions are made by management within the overall framework established by the Trustees for the development of the Charity. Any major decisions are made by the Board of Trustees.

A Trustee can propose a new appointment to the Board of Trustees. If seconded by another Trustee and approved by a majority vote, that person would become a Trustee of the Charity. The Charity has appropriate plans for the induction and training of any new Trustees should this be required. These would include meeting the Charity's staff and beneficiaries and attending externally organised training on responsibilities and best practice in governance, depending on individual needs.



## Get Kids Going

### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

#### Risk

The economic crisis along with the Covid19 pandemic continued to have an impact on the charity's fundraising, even though events started to come back on stream, with runners unable to travel due to worldwide Covid19 travel restrictions. Some runners had to isolate due to contracting Covid19 or their families also contracting the virus. This made it very difficult for the charity to plan any events. There were only two main fundraising events which took place in the year which were the Great North Run and the London Marathon of which both took place in the Autumn. Other events, organised by the charity, were on a much smaller scale with the Berlin Marathon being particularly hit because of travel restrictions and runners becoming ill due to Covid19. Other events, such as the Dublin Marathon were cancelled for two years due to the pandemic. It was, therefore, a difficult year for the charity however, the total fundraising income increased by 33% on the previous year due to the hard work and dedication of the charity's small staff. Uncertainty both of travel and illness was a major factor during the year affecting the number of runners taking part in events and the charity's ability to fundraise.

The charity believes the main areas of concern going forward is the effect of the global economic crisis, war in Ukraine, inflation and the cost of living will have on discretionary spending to potential donors. The charity, therefore, will continue to adopt a flexible fundraising approach in the future along with keeping costs to a minimum.

Having suffered a substantial loss in the charity's investment reserves during the year it is vital that the macro economic factors affecting the charity's investment performance be kept under scrutiny during these turbulent times. It is envisaged that supporters will continue to prioritise essential spending such as; food, utility and transport costs.

The Trustees thanked and acknowledged the hard work and dedication given by the charity's staff who have continued to rise to the challenge in these challenging times. Their commitment to the charity continues to be outstanding.

The charity will continue to retain a watchful brief on GDPR and other data security issues. The charity believes it has done everything possible to mitigate against risk for the benefit of the charity's staff, fundraisers and the athletes we support.

#### Objective and activities – achievements and performance

Even though the year was challenging, in a number of areas, the charity was pleased to continue its level of support to its many talented young athletes within the various para sports including: para skiing, snowboarding, boccia, rugby, athletics, shooting etc.

The GB Wheelchair Rugby team had an amazing year winning the gold medal at the 2020 Tokyo Paralympic Games which took place in August 2021. The charity reported on this amazing victory over team USA in its 2020-2021 Trustees report. Following the success of the team at the Tokyo Games the players went on to compete in the European Championships in, Paris, February 2022. It was the team's first major competition since Tokyo. In the Euro team were nine of the gold-medal winning Tokyo squad, along with three debutants including; Faye West, Kieran Flynn and Daniel Kellett all new young players supported by the charity. Success in all three pool matches saw GB wins against; Poland, Germany and the Netherlands, leading to a semi-final match against Denmark. A convincing 55-48 win set the team up for the final against hosts France. Sadly, the hard work of the host team secured a home victory by only one point, with GB taking a well-deserved silver medal – giving a clear indication of the ever growing strength in the European zone.

The team were, naturally, disappointed to lose their European title but went on to compete in the Canada Cup in June 2022. The International Wheelchair Rugby Canada Cup 2022 returned to Richmond, British Columbia, with six of the most highest-ranking teams worldwide competing – Japan, GB, Australia, France, Canada and Denmark. The USA sadly had to withdraw from the competition due to positive Covid19 tests. The tournament provided the first opportunity for Team GB to face nations outside of Europe since the Tokyo Paralympic Games and also saw the first caps for two more debutants; David Ross and Luke Collier again both supported by the charity. After a successful start against Australia and then France, losses came against Denmark, Japan and Canada which set up a bronze-medal match against Denmark when, sadly, GB suffered a two-point loss against a strong Denmark which meant we lost out on a bronze medal.

The Team went on to take part in the Tri Nations, in July which took place in Alabama, USA, which saw four days of competition between Canada, USA, and GB which created a good opportunity for the team to face USA after their absence from the Canada Cup. After three days of competitive round-robin matches, GB faced hosts USA in the final, with a one-point loss earning the team the silver medal. A great result!

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### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

In September 2022, it was all to play for at the King Power Wheelchair Rugby Quad Nations, when GB faced Canada, France, and Germany at this year's tournament, which was held for the first time in Cardiff – a fitting introduction to the city ahead of the 2023 Wheelchair Rugby European Championship to be hosted at the Principality Stadium in May 2023. The tournament also welcomed spectators after the behind-closed-doors competition of last year, due to Covid19 restrictions.

A closely fought competition saw GB triumphant against France and Germany but lose to Canada in the round-robin stage, setting up a semi-final match where we took an overtime win 56-53 against France in the semi-final match. This set up a thrilling final, where Canada edged a two-point win over GB after two periods of overtime which meant GB came away with a silver medal to finish the tournament. The King Power Tournament provided a final competition opportunity ahead of the World Championship in Denmark, October 2022. The team had a number of individual athletes recognised for their success in the tournament with best-in-class awards for; Jack Smith 0.5, Jamie Stead 2.5 and Aaron Phipps 3.5. Congratulations from the charity went to all three players.

The team went on to compete at the World Championships in Vejle, Denmark in October 2022. The charity's Chief Executive, Jane Emmerson, was delighted to travel with the team in support experiencing, first hand, the emotional roller coaster we all went through during the week, which saw some incredibly close matches with Team GB finishing seventh; this should also be taken in context of losing a key athlete in Stuart Robinson, due to concussion, shortly before the competition started. Although it was a disappointing result for the team in Denmark, the team did witness promising performances from the team's newer recruits, Kieran Flynn, and Ollie Mangion. Following an emotional trip to Denmark the team now know where the competition lays in the build up to the 2023 European Championship in Cardiff when we will face two very competitive nations in France and Denmark! Competition is strong but GB have a young, determined team, and with Aaron and Stuart back to fitness again, the team look forward to facing their opponents again in 2023 in a bid to win back their European title.

Team GB are always looking for young talented new players and one such player who has emerged on to the team is Luke Collier, who recently received a bespoke wheelchair rugby chair funded by Get Kids Going!

Luke attended elite selection camps at the end of 2021, impressing the coaches. While he was not successful in selection to the elite squad, he was placed in a bridging position on the performance pathway, continuing to attend Talent camps while being invited to attend some elite camps.

In June of this year, Luke was selected for the elite squad for the Canada Cup, competing against the top nations in the world, here he received his first international classification, coming out as a 2.5. Following a successful tournament, Luke was promoted to the elite squad.

Although part of the elite squad, Luke continues to attend talent camps as needed, to support his own and the squad's development, competing against Sweden in August and he will be travelling with the talent squad to USA in November.

GB Wheelchair Rugby was also delighted to receive funding, from Get Kids Going!, for other young players such as; George Rogers who plays for Solent Sharks in the UK southern division, Ollie Mangion, who is a member of the London Wheelchair Club and is delighted to have made it on to the elite squad this year showing his determination and talent at the World Championships in Denmark. Joel Connor Saunders who was identified via the Pathway to Podium talent campaign, who lives in Norfolk, is now attending training camps regularly. Other supported players are; James Shaw, who plays for Leicester Tigers, having started his career playing wheelchair tennis. Bruno Carrico who was also identified from the Pathway to Podium campaign having played wheelchair basketball for the last four years but who now plays wheelchair rugby with the West Country Hawks. Bruno is a low point player with a 1.0 classification which is valuable to the team going forward. And finally, Luke Collier, who also plays for the West Country Hawks, having taken up the sport in 2017, moved up the levels quickly and attended GB elite selection camps, narrowly missing out on selection for the long squad. Luke has shown fantastic motivation and commitment to wheelchair rugby balancing his university studies and his commitment to the sport. Recently graduating Luke is keen to focus on his rugby which is costly. Get Kids Going! has been delighted to support and fund equipment and training for these new, young, talented athletes along with supporting elite squad members with both equipment, travel, accommodation etc on a year by year basis. This year GB Wheelchair Rugby saw the appointment of a new Chief Executive, in Jason Brisbane, who the charity has been delighted to work with since Jason joined the squad. Get Kids Going! has been pleased with the progress of its many supported athletes and the successes Team GB has achieved since the London 2012 Paralympic Games when the charity first made a decision to support the team. What an amazing journey it has been for everyone in the last twelve years!

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The charity also continued to give much support to the GB Para Ski and Snowboard Team with the result being that the team performed exceptionally well throughout the season. The World Class Programme delivered amazing results despite the season being plagued by the challenges of Covid19 and a very hectic race schedule with World Cups, World Championships and the Beijing Winter Paralympics all taking place in the same year. Despite this the team managed to achieve some of their best results ever.

Neil Simpson, VI skier, won GB's first gold medal in the 2023 World Para Alpine Skiing Championships FIS held in, Lleida, Spain in January this year. With that amazing achievement 20yrs old Neil, became the first British male athlete to win a gold on the slopes this year. Neil with his guide Rob Poth, completed the course in 56.66 and finish just 0.02secs ahead of Austrian Johannes Aigner. The charity was also delighted to see that Menna Fitzpatrick, another Get Kids Going! supported athlete, and her guide Katie Guest, came fourth in the women's visually-impaired Super-G race. Menna then went on to win both a Silver in the Giant Slalom event and a Bronze medal in the Slalom.

Neil and Menna also achieve some wonderful successes at the 2021 Lillehammer World Championships in Norway with Neil winning the Silver medal in the Super-combined and Menna taking the Gold in the Slalom and a Silver in the Super-combined events. It's been a fantastic year for both young athletes.

Menna also achieved some amazing results at the 2022 Beijing Winter Paralympics when she won a Silver medal in the Super-G and a Bronze in the Super-combined events.

Neil also won his first Paralympic gold medal at the 2022 Beijing Winter Paralympics when his brother, Andrew, was his guide. Neil said "It's very special, we've been skiing together for quite a while, and growing up together, it just makes it really special".

"For me it definitely helps having Andrew with me, you are able to be very clear and concise in what you want even direct and blunt sometimes, so you can get feedback across a lot easier. You don't have to beat around the bush so that definitely helps, we grew up together so we know what each other is thinking."

In December Neil was named Scottish Sportsperson of the Year and Scottish Para Athlete of the Year.

Neil said "I am absolutely over the moon to be named both Scottish sportsperson of the year and Scottish Para Athlete of the year, along with Andrew. I'd like to extend my thanks to everyone who has helped us get to this stage both from Sport Scotland, GB Snowsport and of course Get Kids Going! who has given so much support to the GB Para Team over many years. After such an amazing year for Scottish sport, with many world class athletes being nominated it's a huge honour to be recognised with both of these awards."

Another amazing VI skier, Millie Knight, also took part in the Lillehammer World Championships when Millie blazed the trail winning an amazing Gold medal in the VI combined event and a Bronze medal in the Super-G competition. Millie's skiing was on fire at Lillehammer games following her rest and recuperation time during the Covid19 pandemic.

Millie, another VI skier, supported by Get Kids Going!, took us all by surprise at the Beijing Winter Paralympics by getting off to a flying start with her guide, Brett Wild, winning Team GB's first medal on the opening day when both Millie and Brett snatched a Bronze medal in the VI Downhill event. Millie said "it was hugely exciting as the Bronze means more to me than the Silver we won at the 2018 games". It is the best Bronze we've ever had in our lives!"

Menna, Millie and Neil all expressed their heartfelt thanks to the charity and all its amazing supporters and donors and said that it would not be possible to achieve such fantastic results without the support of Get Kids Going! They said they could not thank the charity enough for its long-term investment in visually impaired skiing and the GB Team over many, many years.

Another, young, talented, athlete is James Barnes-Miller who is one of the world's best para snowboarders. James, who was born in Broadstairs, Kent, has had an amazing career becoming the first snowboarder to represent Great Britain at the 2018 PyeongChang Paralympic Winter Games and again in Beijing, four years later, finishing 7th in the snowboard cross SB-UL and 10th in the banked slalom.

Meanwhile, Get Kids Going! supported athlete and three-time Paralympian James Whitley, finished ninth in a field of over 30 skiers. It was his best finish ever at a Paralympic Games in the highly competitive men's downhill standing class. James said "I'm really pleased. it's my best Paralympic result to date and my best downhill result to date, so I'm really happy with how it went,"

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Callum Deboys, made his Paralympic debut on the first day of the Beijing Winter Games and came 17th with a time of 22:32.0 in the men's sprint sitting para biathlon. He said "I can't believe that I've actually come here, finished the first race and it's just the dream come true. The conditions were tough, it was very windy out there and a pretty strong headwind, but the sun and the snow conditions were perfect, I really can't complain."

And finally, Hope Gordon made history by becoming Great Britain's first female Para Nordic skier at the Beijing Winter Paralympics. She finished 17th in qualifying in the women's sprint event, missing out on the top 12 who went through to the semi-finals. "It is cool to be the first girl, but the main thing for me is as long as I'm not the last. It would be lovely to have more females involved in the sport. Hopefully this can be a platform for the females out there."

The charity sent a huge congratulations to all of our athletes who took part in the 2022 Beijing Winter Paralympics. We are very proud of all the team.

Get Kids Going! has also, importantly, invested in other young, upcoming, para skiers by supporting the GB Team development pathway for both Para Alpine, Para Snowboarding and Para Nordic. The idea is to find, encourage and develop the next generation of Winter Paralympians where currently there is no simple pathway for development. The support includes offering domestic ski, snowboarding and Nordic training and introduction sessions to beginner level athletes all the way up to selection for the national team. The pathway team will accompany future competitors to classification events, supporting them in the first races and enabling a pathway to a well-supported development squad to fulfil each individual athlete's potential. The idea is to build the next generation of GB Paralympic skiers. The charity has already kick started the pathway scheme by working closely with GB Snowsport by funding a number of talented young athletes including; Karensa Cannan and Mathew Hamilton both para-snowboarders. Along with a number of young VI skiers including; Sam Cozens, 16 yrs with his guide Oddy from Norfolk and Hester Poole, 15 yrs and her guide Benji who lives in Bath. Also on the development squad is; Molly Griffiths who lives in Birmingham but trains and skis in Canada at the Calgary Olympic Ski Centre, Jamie Thompson, 12yrs, from Glasgow who trains and skis with the Baersden Ski Club, Scotland and Amy Clegg who lives in Manchester and trains three times a week at the Manchester Snowdome. Amy also plans to compete at the National Para Ski Championships in April.

The charity is delighted to invest in such amazing young para skiers and snowboarders and looks forward to seeing them in action in the 2023/24 season in Europe, USA and Canada.

One of the charity's other talented VI skiers is Michael Kear, from Edinburgh, with his guide, Louise Harrison, from Sheffield, who had amazing start to the season spending a great deal of time attending ski competitions in Canada and the USA. They took part in almost all the World Cup races which they had been pushing to do for the last four years and felt it was time to 'step it up' on the world stage. They both had a fantastic week's skiing at the Winter Park Mountain in Colorado when their aim was to put down more solid ski-ing to back up their successful results in the Giant Slalom and Slalom event in Park City Mountain Resort in Utah. They were both determined to get their Super-G points lower with the aim of qualifying for the GB Team. Michael and Louise skied like demons all week taking 70 points off their overall score, secured their World Cup starts and finished 8th over-all across all classification fields not once but twice and skied a new personal best time of 151.33! They were cheered on by their wonderful team mates. During their week's skiing they walked away with 24 medals certainly making their mark on the international circuit! Michael said "the most important thing was, we proved to ourselves that we can cut it with the best in the world, even after a tricky start to the season with injuries, catching covid and struggling to find a coach, we know now that our skiing is amongst the best which is abso-lutely fantastic!"

Michael and Louise went on to take two gold medals in the Giant Slalom at the US National Championships which meant they made qualification to the GB Ski Team in the build up to Milan-Cortina Winter Paralympics in 2026. Michael and Louise did actually make qualification for the 2022 Beijing Winter Games but due to limited number of spaces on the team they were not selected to go but they certainly have their sights firmly set on the 2026 Games!

Sadly, Michael suffered a broken leg, later in the season, whilst competing at the European Competitions in Soelden, Austria and had to be helicoptered to hospital. Michael is now working hard on his rehab and says he is more determined than ever to get back on his skis and come back even stronger. While Michael is recovering Louise is in training on the slopes whilst encouraging Michael back to fitness. Both Michael and Louise attended the Scottish Disability Parasport Day in Linwood, Scotland recently encouraging disabled youngsters to take up skiing. Michael tells us his injury is progressing well and is currently lifting 40kg on the leg extension with multiple reps and sets! Louise says "he is absolutely smashing his rehab in preparation for the 2023/24 ski season!" Michael and Louise send their greatest thanks to the charity for supporting them from the very beginning.

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Another athlete who has been supported by the charity for a number of years is the James Barnes-Miller para-snowboarder. James has kindly sent us a report of his sporting life over the 2021-2022 season;

"We had a really busy summer in the lead up to the Paralympics with camps in Saas-Fee, Switzerland, Les Deux Alps, France and Hintertux, Austria. At the end of the summer, I was feeling super fit and ready for the race season to start.

The first race of the season was Landgraaf, Netherlands, like every season. It's not one of my favourite races and I came away with a 5th which I was happy with. We then flew straight to Pyha, Finland which is one of my favourite resorts. We had a great training camp before the races and we had film crews from Ski Sunday and Channel 4 out getting shots which was really cool. I came away with a Silver and a Bronze.

As soon as the last race was finished we had to jump in a transfer and get to the airport because we were flying to the USA the next morning for Dew Tour. It was a horrible journey as we had to spend three hours in the hotel in Helsinki that night having had our flight cancelled but we did get there. I love the Dew Tour and am very honoured to be invited. I didn't get the result I wanted but what we did learn is that I needed to change my banked slalom board, which was a massive change.

In January we went to Norway for the World Championships and started with Parelle banked slalom my weaker event out of the two. Luckily, the course suited me and I was riding really well and came away with a Bronze medal.

The next event was boardercross, the course was great - my favourite of the season, when we had some great racing. In the final I was leading the race until the last corner where I tried to block off the undertake but couldn't block it off enough and I was overtaken so got a Silver!

Team GB also had a boardercross team event which was really cool this is the first time we have competed in a team event and it was fantastic fun. We decided before that Ollie would start and I would go second (it's like a relay). But, Ollie did not help me as I started at the back on every one of my races. That being so we still manage to come away with another Bronze!

I was really happy with the medals but more so with how I was riding and how ready I felt for the Beijing Winter Paralympics coming up soon.

In February I had a few days training with the French team in Le Grand-Bornand which was awesome in a banked slalom they had made I was very lucky they let me train with them.

Flying to Beijing with the Team for the Paralympic Games was stressful. We all met in Paris to fly out when one of the team tested positive for Covid19 so we were all stuck in our rooms for days until we flew to China when another member of the team tested positive on arrival so it was not a great start to the Games making it very stressful.

Once we got there we were met by people in full protective suits and masks who processed us and we got another covid test then we had to sit in an empty airport until our results came back.

We finally got to the athletes village which was cool, I had a couple of days where the Chinese food didn't agree with me but got over it before our races started! Our first race was boardercross I wasn't riding great in qualifying but the next day I came into the races feeling great and I felt I was riding good. In the semi-final I was racing some of the Chinese team and felt I got pulled over by one of their athletes. I was gutted I put in a protest, but nothing came of it. I went back to the top for the semi-final which I won!

I still wasn't over what had happened when we had to compete in the banked slalom the next day. I rode ok but didn't get the result I wanted. I have to be honest and say it has taken me most of the Summer to get fully back to normal. I was absolutely gutted and still haven't watched any of the race highlights back but, that's life as a para-snowboarder, one day you're up and the next your down! I have now had a bit of time off and I'm back ready to smash this season!"

James went on to have a brilliant World Championships in Lillehammer, where he claimed three medals in the snowboard cross, banked slalom and team events.

James also competed at the 2023 World Para Snowboard World Cup held in Finland this season and won his first World Cup boardercross Gold medal of the season -- he is now absolutely buzzing!

Born without a right hand, James has worked for the UK Ministry of Defence as a casualty role-play actor, helping train soldiers in field surgery and trauma first aid. James competes in the Upper Limb Impaired category and is one to watch in the future!



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### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

We wish James all the best for the rest of his events in 2023 after this amazing start to the year.

This year saw the staging of the 2022 Commonwealth Games, held at Alexander Stadium, Birmingham in August. What an event it turned out to be with a number of the charity's athletics para-athletes gaining selection for both the England and Wales Teams. The charity would like to give a huge congratulations to all its supported athletes for their achievements.

In an exciting Games, the athletes made us all proud with their determination and prowess after a particularly challenging few years. Four hundred sports men and women from England competed at the Games over ten days. The England team celebrated with a record haul of 176 medals coming second to Australia with 178 medals.

Scotland finished with 51 medals, Northern Ireland achieved a record medal tally of 18 and Wales finished on 28 medals.

Get Kids Going! athletes got off to a great start when Eden Rainbow-Cooper, age 21 yrs, wheelchair racer, won her first Commonwealth Games medal. She picked up a Silver medal in the women's T53/54 marathon. Eden came home in just under the two hour mark, four minutes behind Australia's Madison de Rozario who took the Gold medal.

Eden, who lives in Havant, Hampshire, is an Ambassador for Get Kids Going! and has been supported by the charity for a number of years. Eden has sacral agenesis, a condition which limits muscle growth below the knee. Well done Eden we are very proud of you. Following the Commonwealth Games, Eden went on to win the women's wheelchair race at the Great North Run in September in her Get Kids Going! racing chair smashing the 13.2 miles of the Newcastle to South Shields course!

At the Commonwealth Games the medals continued to flow for the Get Kids Going! athletes as Fabienne Andre won a Bronze medal in the women's T33/34 100 metres. Fabienne had an excellent finish time of 19:58 seconds beating Paralympic bronze medallist Australian Robyn Lambird by 10 seconds to take third place.

Fabienne, who lives in Brighton, has also been supported by Get Kids Going! for a number of years since she started her Paralympic journey. Fabienne took up wheelchair racing after Para swimming which she started at the age of 14. She began training as a wheelchair racer in 2018 and started competing in July 2019.

The T33/34 event was a very special race as England picked up all three medals in the 100m. Hannah Cockcroft won her first ever Commonwealth Gold and Kare Adenegan came second with Fabienne third.

Finally, huge congratulations has to go to Get Kids Going! Ambassador, Aled Davies, for his first Commonwealth Games Gold medal. Aled was supported by Get Kids Going! when he was younger which helped to kick start his amazing sporting career. Aled won a Gold medal for shot in the 2020 Tokyo Paralympics. However, in the Commonwealth Games he switched to discus where he knew there was an opportunity to add the missing Gold from his collection. Aled won the F42-44/61-64 men's discus final with a throw of 51.39m!

He said: "It's a special one. It really is. I'm very proud of being Welsh, it's very close to my heart". Aled won a Silver in the Commonwealth Games in Glasgow.

"After Glasgow 2014 and the disappointment of not getting the gold, I didn't think I'd get another opportunity to do this. After just focusing on shot put solely for the last seven years, we saw this opportunity on the horizon. We knew it was going to be a short turnaround. I've only been competing in the discus event since September of last year, it's been incredible."

"I picked up a little niggle in my pelvis so it was hit and miss whether I was going to be 100 percent. I'm in a lot of pain, we'll find out how serious it is after my scans but at the end of the day, no one is going to remember what I threw, they are going to remember the colour of the medal, and that's a Gold for Wales."

He continued "I want to get ready for the Paris world championships next year. Then Paris Paralympics is only a stone's throw away and I'd love to defend my title there. But for now, I want to relish this and take it all in".

A huge congratulations went out to all our athletes at the Commonwealth Games.

The charity's para shooting team were in action throughout the year with world class performances from Tim Jeffery in the WSPS World Cup, Chateauroux, France in June when Tim, age 24 yrs, won a Silver medal in the R5 mixed 10m Air Rifle competition. Tim's fellow team mate and Get Kids Going!, young, supported athlete, Issy Bailey went on to

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### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

compete in the WSPS Grand Prix Novi Sad in Serbia, when Issy won the Gold medal in the P3, 25m Women's Air Pistol class.

The team are excited to announce the GBR teams for the upcoming WSPS World Cup in Changwon, South Korea and the ISSF Junior World Cup in Suh, Germany.

The WSPS World Cup in South Korea will take place in May at the Changwon International Shooting Range. With Tim and Issy taking part. Also, in the team is Matt Skelhon, Get Kids Going! Ambassador, having already secured a GB quota place for the Paris 2024 Paralympic Games, this competition is seen as the perfect opportunity for Matt's team-mates to join the 2024 GB Paris Paralympic Games squad.

The World Cup Changwon Team will consist of; Issy Bailey - P3 (25m Pistol Mixed SH1), James Bevis - R5 (10m Air Rifle Prone Mixed SH2) and R9 (50m Rifle Prone Mixed SH2), Ryan Cockbill - R4 (10m Air Rifle Standing Mixed SH2), R5 (10m Air Rifle Prone Mixed SH2) and R9 (50m Rifle Prone Mixed SH2), Tim Jeffery - R4 (10m Air Rifle Standing Mixed SH2), R5 (10m Air Rifle Prone Mixed SH2) and R9 (50m Rifle Prone Mixed SH2) and Lesley Stewart - R2 (10m Air Rifle Standing Women SH1).

The Junior World Cup is set to take place in Germany in June and is another great opportunity for some of those selected to start their international competition journey, and for others to continue their development.

British Shooting's Paralympic Programme Manager for Rifle and Pistol, Duncan Tunbridge, said: "Changwon will be the next step on the road to Paris 2024 with the opportunity to win quota places. With a solid winter's training under their belts, the team will be confident heading to Korea looking to add to the quota won by Matt Skelhon at the World Championships in Al Ain at the end of last year".

British Shooting's Head of Athlete and Coach Pathway, Chris Stott, said: "The Junior World Cup is a well-established event attracting a quality field of athletes from around the World. With the outstanding facilities in Suh, it is a great place for our junior athletes to start their international careers or for some to continue their development in a safe and supportive environment. Competition is strong and the standards are high, with lots of opportunities for learning and athletes to compete against other top junior athletes."

Get Kids Going! wished all the athletes selected the very best of luck and hope that they will enjoy this unique learning experience.

Another paralympic sport which the charity is greatly supportive of is Boccia UK who have a number of wonderful, young, athletes who are enormously talented including; Louis Saunders, Claire Taggart, Jamie McCowan, Evie Edwards and Patrick Wilson. Evie retired from competitive sport last year, having been on the World Class Programme since 2014 and competed in both the Rio Paralympic Games and Tokyo Paralympic Games for her country. We wish Evie all success in her new life going forward.

The team went on to take part in the Boccia World Cup in Povo, Portugal in July, when the team won a team Gold medal in the BC1 category and also in the female BC2 competition with Claire Taggart taking Gold. The team also won a Bronze in the BC1 competition and was fourth in the pairs competition.

The team then travelled to Veldhoven at the beginning of August, Netherlands for the World Boccia Challenger Competition when Louis Sanders, William Arnott won Silver medals and Robyn McBride a Bronze medal. The GB team also won a Silver medal in the pairs competition.

The team travelled to the World Boccia Challenger competitions in Pozan, Poland, at the end of August when Jamie McCowan won the Gold medal in the BC3 competition and Reshad Saraj the Silver in the BC2 competition. The team then travelled to Rome for a further World Challenger competition winning a Gold medal in the BC1 competition and Claire Taggart winning a Bronze medal in the female BC2 competition.

The team have had an extremely busy year and are enormously grateful to Get Kids Going! for the support the charity has given over the current Paralympic Cycle (2021-2025). The generous grant awarded to Boccia UK by the charity, for the Paris Paralympic Games cycle is being used to fund a series of 3 Challenger Events, designed to create a positive environment for pathway athletes to develop and prepare for higher level competition, and is being used for the creation and development of a Talent Transition squad, which will focus on creating more performance opportunities for talented, young, athletes in the pathway to emerge as the next world class programme athletes, with a view to having success in Paris 2024 and Los Angeles 2028 Paralympic Games.

## Get Kids Going

### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

The charity also awarded a grant to the Talent Transition Squad which assists with the bridging of the gap between home nations athletes and the team's World Class Programme (WCP) and is providing relevant experiences to measure progression of talented players being fully exposed to the WCP environment.

Viv Nanopoulou, Boccia UK Operations Manager, said "with Boccia UK now in a position where there are eleven medals to contend for, there is a real opportunity to maximise medal opportunities beyond 2024 Paralympic Games particularly in female events and classification changes predominately in BC4.

The programme is designed around a set of principles that align with Boccia UK core values on the performance pathway and coaching practices. This focuses on developing more than just a player, but creating independent learners and problem solvers, players capable of consistently making the right decisions at the right time no matter the level of competition.

Using the learnings from the Tokyo Cycle; a model combining stand-alone camps, integration at WCP camps and an opportunity to be exposed to competitions (domestic/international where appropriate) will be implemented. Young players have been invited to attend training camps in Largs and Gloucestershire when they will be given their own, personal, Individual Action Plan (IAP) to enable them to develop over time. The support from Get Kids Going! will enable the next generation of talented Boccia athletes to compete for Great Britain and prepare them for the environments of a Paralympic Games. We cannot say enough how grateful the team are to Get Kids Going! for their invaluable and continued support. It is making an enormous difference to all the athletes."

One of the charity's most wonderful and successful para-athletes has to be Millie Knight, visually impaired skier and GB para-athlete. Over the past year Millie has been working hard on her degree but has kindly told us what her life has been like since winning the Bronze at the Beijing Winter Paralympics so we will hand you over to Millie.

"To everyone at Get Kids Going! Firstly, I want to express my heartfelt gratitude for your unwavering belief in me and constant support over the years, especially over the last 12 months, which has been nothing short of crazy since taking a break from paralympic skiing.

Secondly, I wanted to quickly update you on how the past year was initially planned and how it has unfolded. Originally, I had planned to recover from my various skiing injuries, complete the second year of my Open University degree in sports science, and finally have some rest! However, while I recovered from my injuries I also pursued my karate career more than I anticipated, started working part-time as a sports massage therapist, and even took up paracycling.

When I came back from Winter Paralympics, I took about a month off to rehab from my knee injury that I sustained in Beijing. I decided to return to karate as I now had the time to dedicate some time to it. My training was going well, and I started to compete more, and I quickly began to see some positive results! To my delight, in July, I became English National Champion which qualified me for the Karate Commonwealth Championships in Birmingham in September. Representing England, for the first time, was an exciting experience. I still can't believe I managed to win and become Commonwealth Champion!

As a slight intermission from karate, I spent three weeks, in October filming, for the BBC's Pilgrimage programme, which will air for three episodes on 7th April. I was then privileged to speak at the International Concussion Consensus in Amsterdam, which was a phenomenal experience!

Back to karate, I managed to have an unbeaten season which was a real shock! I should mention that when I compete, I'm not actually fighting anyone (getting the blind girl to fight would be a bit unfair!). I compete in para and often able-bodied 'kata', a pattern-based routine that looks a little like swatting flies, but I promise you, it's really challenging!

I nearly forgot; I also participated in a talent identification weekend for para-cycling in November and got selected for the GB Talent Academy team. I am now halfway through a 16-week trial phase to essentially turn me into a cyclist, which is tough but going well so far. I haven't publicised this much as I don't want to get people's expectations up and put pressure on myself; for now, I am just exploring where this could go, and I have my first race next month!

I am now training hard for the upcoming European Karate Championships in Spain on 24th March. Once again, thank you so much to everyone at Get Kids Going! for supporting me through my various sports! Lots of love, Millie x".



## Get Kids Going

### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

Finally, the charity is thrilled to give a huge thanks to Justin Levene, paralympian and hand biking athlete, who, along with his friend Francis Cade, former elite cyclist, who left the racing scene in his early twenties and focused his energy into making cycling videos who decided to bike across America in the Autumn/Winter of last year.

Justin and Francis took on one of the biggest challenges in handbiking/cycling sport ever by taking; one bicycle, one hand bike and a wheelchair (unaided) across America from the east coast to the west. A journey of, no less than, 3,000 miles in support of Get Kids Going!

We are delighted to say that Francis documented everything via his YouTube daily vlogs – a documentary of their every minute and mile of adventure across one of the largest countries in the world.

The intrepid pair started this huge challenge on Sunday 30th October flying from London, Heathrow, to Miami, Florida and finished on Sunday 1st January (New Year's Day 2023), a total 48 days.

They started in Miami and finished in Los Angeles – having biked through eight US States including; Florida, Alabama, Mississippi, Louisiana, Texas, New Mexico, Arizona and finishing in California! On the final day (day 48) they received full helicopter support and police squad car escort, courtesy of the Los Angeles Police Department escorting them across the city to their finishing line at Venice Beach! What a magnificent achievement – many congratulations guys!

Justin and Francis raised over £164,000 for Get Kids Going!, from their YouTube vlogs and the most wonderful generosity of over 5,000 American and British donors/supporters who kindly followed their journey from beginning to end. An amazing example of social media crowd fundraising!

We would very much like to thank Rob Granville, Chief Executive of Carbon Bike Repairs Ltd, based in Leatherhead, Surrey, who received an emergency phone call from Justin to say his hand bike was completely smashed due to the extremely rough conditions and stress from hundreds of miles of hand biking! The challenge was in jeopardy of failing!

Amazingly, Rob, immediately, took a flight from London Heathrow to Dallas, Texas specially to fix Justin's handcycle so the pair could continue. We send many thanks to Rob and Carbon Bikes for their amazing support and kindness.

We also cannot thank Justin and Francis enough for their determination, strength, courage and kindness for in choosing Get Kids Going! as their charity for this unbelievable adventure. They are now most certainly part of the charity's 'halls of the greatest sporting legends'!

#### Grant Policy

The charity is pleased to say that its grant giving policy remained the same as in previous years despite a downturn in the charity's fundraising and investment income. It should be noted that the charity's events were not all back on stream and also that the Covid19 pandemic has had a major influence on sponsored runners being able to both travel and take part due to illness and travel restrictions.

With regard to grant giving Get Kids Going! allocates grants only after a formal, detailed application process and a comprehensive review by the Trustees and Chief Executive. Grants can be made for one-off purchases or, depending on circumstances, for much longer term, staged support. All such grants are available for the following purposes, although the following list is not exhaustive as athletes have varying needs depending on their disability and chosen sport: sports wheelchairs and similar sports equipment, repairs/maintenance to sports equipment, travel, and accommodation to training and competitions, training and competition expenditure, competition fees and sports physiotherapy and psychology. Applications for support can be made directly to the charity.

#### Fundraising Policy

Again, this year, the charity's usual fundraising plans, with the main income being from sponsored runners participating in worldwide events proved to be less difficult than the previous year but still challenging for the charity's fundraising team due to the continued impact of the Covid19 pandemic – illness and travel restrictions, the downturn in the global economy, increase in inflation with the discretionary spending becoming increasingly difficult for many potential donors. The charity believes this will be a trend which will continue for a number of years going forward so the charity will have to be both creative and flexible in its fundraising approach in the future.

The charity continues to reduce costs where possible and the small staff continue to work hard designing and developing a new website, restructuring IT, reducing its data and off loading suppliers and costs where possible to save costs and become even more efficient.

## Get Kids Going

### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

The charity continues to develop and promote events through its new website and look at new fundraising ideas so the charity is less dependent on event fundraising. Ideas such as fundraising through grants and in-memory giving are just two new ideas which the charity intends to test over the coming years.

The charity is continuing to handle its roll over entries from events which were cancelled in both 2020 and 2021. The charity continues to hold on to the number of entries it has been allocated in the past for its main fundraising events such as the London Marathon, Berlin Marathon and the Great North Run. The charity is pursuing the development and testing of other worldwide events to add to its portfolio.

The charity is registered with the Fundraising Regulator, Fundraising Preference Service and the Information Commissioner's Office (ICO) through its annual membership. The charity continues to comply with the GDPR regulations and has internal guidance to protect the vulnerable. No complaints have been received in relation to the charity's fundraising.

The charity continues to maintain an adaptable and flexible approach in these times of continuing uncertainties.

#### Future Plans

The Trustees, agreed that Quilter Cheviot would continue as the charity's main investment management company despite the downturn in global investments. During the year the charity held meetings with Quilter Cheviot to discuss the future of global markets and the charity's investments. Quilter Cheviot gave the charity a full report explaining even though investments had fallen substantially this was due to downturn in global markets, the Covid19 pandemic, Brexit, inflation and the war in Ukraine. Quilter Cheviot gave the charity a forecast that markets will start to recover in the third and fourth quarter of 2023. It was also predicted that inflation should start to fall towards the end of 2023 which should enable the charity's investment funds to recover going forward.

The Trustees agreed to retain Reza Motazedi & Co LLP as auditors and continue to carry out a full external audit of the charity's accounts.

The charity noted that M9 IT Ltd had been bought by Acora IT Ltd. The charity is working with Acora on the installation of SharePoint which is expected to be fully installed by April 2023. The charity now has a dedicated Account Manager and IT support staff via Acora on a six day basis. The charity is also working on installing a cloud-based Sage accounting package.

The Trustees continue to believe that the future holds a number of uncertainties and challenges for all charities, including Get Kids Going!, with regard to the war in Ukraine, Covid19 pandemic, energy costs and the economy going forward. With this in mind the Trustees will continue to take a cautious view to spending and the charity's investments until both the economic, political and global health situation improves.

#### Financial Review

##### Results

The results of the year are shown in the Statement of Financial Activities which incorporates the income and expenditure account and complies with the Statement of Recommended Practice Accounting and Reporting by Charities (March 2015) and the Companies Act 2006.

The charity's overall income to the year ended 30 June 2022 was £868,272 an increase of £444,745 on the previous year due to the charity's fundraising events starting to come back on stream following the Covid19 pandemic when all events were cancelled. (2021: £423,527).

The fundraising costs and total expenditure was £567,675 compared with the previous year (2021: £388,031).

The charity's small team continues to work very hard to support the charity's athletes, donors and volunteers but also ensuring that expenditure is kept to a minimum and cost effective.

Considering the future uncertainties facing both the charity and the voluntary sector going forward the Trustees would like to thank the charity's staff for all its hard work, loyalty and support in the last year and the difficulties they have been presented with during that time.

## Get Kids Going

### Trustees' report for the year ended 30 June 2022 (incorporating the Directors' report)

#### Reserves and investment policy

The charity's reserves invested with Quilter Cheviot suffered a significant loss of over £1m in the year ending 30 June 2022 due to global downturn in the markets, a global financial crisis, the war in Ukraine and the Covid19 pandemic caused share prices to drop worldwide. The Trustees agreed that the charity's investment fund should remain on the same basis, however, had agreed to take £250,000 out of the cash element of the fund to enable the charity to function on a day-to-day basis until the global financial situation etc. improves.

Quilter Cheviot also wished to report that 2022 was a very difficult year for the charity's portfolio as the two main assets of equities and bonds both fell, meaning that the usual benefits of being diversified were not seen. These declines were largely driven by the markets adjusting to high inflation and rising interest rates, which also raised the prospect of recession. Market sentiment became very pessimistic, and this was certainly not helped by the war in Ukraine. Despite this, inflation in the US has fallen from its peak and we expect it to continue to trend lower into the summer, this will allow the US Federal Reserve to stop raising interest rates and to see what impact previous rate rises have had on the economy. Meanwhile, the US economy has remained strong with economic data so far continuing to surprise on the upside. For now, people still have jobs and there are many vacancies available to fill, while some may have seen meaningful pay rises over the last year which will help consumers cope with higher mortgage payments and prices generally. Elsewhere, China has recently reopened following the abolishment of its growth-limiting zero-Covid policy, and that should see some of the \$2.5bn of savings that have been built up over the last few years being spent, which will be very good for global economic growth. Whilst we do not rule out the possibility of recession in the US, at present we believe one will be avoided as the economy appears much stronger than many economists had expected. If we are right, then this next year should turn out to be a much better year for investors as confidence returns to the markets. However, it is noted there is likely to be continued political tensions with China which may well create further market instability.

Any interest income is reinvested back into the fund. The current level of free reserves at 30 June 2022 stands at £12,950,333 (2021: £14,723,896). It was agreed that the charity should set no reserves target because of the ongoing serious political and economic situation due to Covid19 and the war in Ukraine on the world's economy. The Trustees continue to believe financial stability is absolutely crucial to the charity's overall financial future.

#### Going Concern

The Trustees have adopted the going concern basis for these financial statements as they consider there to be adequate reserves to ensure that the going concern basis is appropriate.

#### Key management personnel remuneration

The Trustees consider that the key management personnel remuneration is in line with the vital role and responsibilities placed upon that member of staff and that their remuneration reflects such responsibilities. They also believe it is in line with the sector's salary benchmarks.

Approved on behalf of the Board of Trustees and authorised for issue on 27.03.2023



L. Tadgell-Foster, Chairman of the Board of Trustees

## Independent auditor's report to the members and trustees of Get Kids Going

### Opinion

We have audited the financial statements of Get Kids Going! (the 'charitable company') for the year ended 30 June 2022 which comprise the Statement of Financial Activities, Balance Sheet, Cashflow and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- . give a true and fair view of the state of the charitable company's affairs as at 30 June 2022, and of its incoming resources and application of resources, including its income and expenditure. for the year then ended;
- . have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- . have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit: the information given in the trustees' report incorporating the directors' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and the directors' report has been prepared in accordance with applicable legal requirements.

### Matters on which we are required to report by exception.

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

## Independent auditor's report to the members and trustees of Get Kids Going

- . adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- . the financial statements are not in agreement with the accounting records and returns; or
- . certain disclosures of trustees' remuneration specified by law are not made; or
- . we have not received all the information and explanations we require for our audit; or
- . the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

### Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- . making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
  - . considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.
- To address the risk of fraud through management bias and override of controls, we;
- . performed analytical procedures to identify any unusual or unexpected relationships;
  - . tested journal entries to identify unusual transactions;
  - . assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias;
  - . investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- . agreeing financial statement disclosures to underlying supporting documentation;
- . reading the minutes of meetings of those charged with governance;
- . enquiring of management as to actual and potential litigation and claims;
- . reviewing correspondence made available to us such as that with relevant regulators and the charity's legal advisors.

## Independent auditor's report to the members and trustees of Get Kids Going

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission, or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditors-responsibilities](http://www.frc.org.uk/auditors-responsibilities). This description forms part of our Auditors' Report.

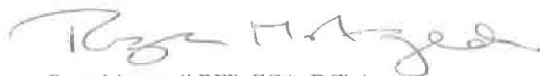
As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- . Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- . Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- . Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- . Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- . Evaluate the overall presentation, structure, and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (ie. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Reza Motazedi BFP, FCA, DChA  
(Senior Statutory Auditor)

For and on behalf of  
Reza Motazedi and Co LLP - Statutory Auditor  
7 Bell Yard  
LONDON  
WC2A 2JR  
Date 27.03.23

## Get Kids Going

### Statement of financial activities (incorporating the income and expenditure account)

Year ended 30 June 2022

	Notes	2022 Unrestricted £	2021 Unrestricted £
<b>Income from:</b>			
Donations	1c	632,610	210,113
Grants		-	3,324
Investments		235,662	210,090
<b>Total income</b>		<u>868,272</u>	<u>423,527</u>
<b>Expenditure on:</b>			
Raising funds:	1e		
Fundraising costs		567,675	388,031
Charitable activities:			
Assistance to the disabled for participation in sport		197,264	192,564
<b>Total expenditure</b>	2	<u>764,939</u>	<u>580,595</u>
<b>Net income before investment gains</b>		103,333	(157,068)
Net gains/losses on investments	6	(1,876,897)	1,537,400
Net income for the year and movement in funds	3	(1,773,564)	1,380,332
<b>Reconciliation of funds</b>			
Balance brought forward at 1 July 2021		<u>14,723,897</u>	<u>13,343,564</u>
<b>Balance carried forward at 30 June 2022</b>		<u>12,950,333</u>	<u>14,723,896</u>

All income is from continuing operations.

There are no recognised gains or losses other than the net income stated above.

The notes on pages 20 to 27 form part of the financial statements.



## Get Kids Going

### Balance sheet At 30 June 2022

	Notes	2022 £	2021 £
<b>Fixed assets</b>			
Tangible Fixed Assets	5	717,013	733,597
Investments	6	11,792,200	13,757,190
		<u>12,509,213</u>	<u>14,490,787</u>
<b>Current Assets</b>			
Debtors	7	137,511	141,650
Cash at Bank and in Hand		462,885	260,826
		<u>600,396</u>	<u>402,476</u>
<b>Current liabilities</b>			
Creditors: amounts falling due with 1 year	8	(159,276)	(169,367)
<b>Net current assets</b>		<u>441,120</u>	<u>233,109</u>
<b>Total assets less current liabilities</b>		<u>12,950,333</u>	<u>14,723,896</u>
<b>Net assets</b>		<u>12,950,333</u>	<u>14,723,896</u>
<b>Represented by:</b>			
Funds:			
Unrestricted funds		12,950,333	14,723,896
<b>Total funds</b>		<u>12,950,333</u>	<u>14,723,896</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime. The notes on pages 20 to 27 form part of the financial statements.

**Company Registration No. 03391908**

Approved on behalf of the Board of Trustees and authorised for issue on 27.03.2023



L Tadgell-Foster  
Chairman of the Board of Trustees



## Get Kids Going

### Cash flow statement Year ended 30 June 2022

	Notes	2022 £	2021 £
Net cash inflow from operating activities	(a)	(120,709)	(454,738)
Cash flows from investing activities:			
Interest and income received		235,662	210,090
Net movement in investment portfolio		(206,491)	(148,059)
Decrease in cash and cash equivalents in the year		(91,538)	(392,707)
Cash and equivalents brought forward	(b)	739,380	1,132,087
Cash and equivalents carried forward	(b)	647,842	739,380

#### (a) Reconciliation of net income to net cash inflow from operating activities

	2022 £	2021 £
Net income for the year	(1,773,564)	1,380,330
Interest and income received	(235,662)	(210,090)
Gains and losses	1,876,897	(1,537,400)
Depreciation	17,572	17,572
Decrease in creditors	(10,091)	(2,714)
Decrease in debtors	4,139	(102,438)
Net cash inflow from operating activities	(120,709)	(454,740)

#### (b) Analysis of cash and cash equivalents

	At 30 June 2022 £	At 30 June 2021 £
Cash at bank and in hand	462,885	260,826
Cash held in investment portfolio	184,957	478,554
Total cash and cash equivalents	647,842	739,380

## Get Kids Going

### Notes to the financial statements Year ended 30 June 2022

#### 1. Accounting policies

##### (a) Basis of accounting

Get Kids Going, a public benefit entity, and registered charity, is incorporated in England and Wales as a company limited by guarantee not having a share capital.

The financial statements are prepared under the historical cost convention and comply with the provisions of the Statement of Recommended Practice (SORP 2015) 'Accounting and Reporting by Charities (SORP 2015)' applicable to charity preparing their accounts in accordance with financial reporting standard applicable in UK and Republic of Ireland (FRS 102), effective 1 January 2015; and Companies Act 2006.

The Trustees have adopted the going concern basis for these financial statements as they consider there to be adequate reserves to ensure that the going concern basis is appropriate for the period of at least 12 months from signing.

Get Kids Going! Trading Limited is a company incorporated in the UK, registered in England, company number 04945400, whose registered address is the same as the principal office shown on page 1. It is not consolidated on account of being dormant.

##### (b) Fixed assets

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost of each asset, less any estimated residual value, evenly over its expected useful life. The depreciation rates used are:

Office equipment	- 25% per annum straight line
Motor vehicles	- 25% per annum straight line
Long leasehold property	- 2% per annum straight line
Assets with a cost of £1,000 or more are capitalised.	

##### (c) Income

Income arising from donations relates to fundraising and is credited to the Statement of Financial Activities when the criteria of entitlement and measurement have been met and receipt is probable. Income is only deferred when conditions have to be fulfilled before the Charity becomes entitled to it or where the donor has specified that the income is to be expended in a future period.

##### (d) Gift Aid

Gift aid is accounted for on a received basis.

##### (e) Expenditure

Expenditure has been included in the financial statements on an accruals basis and is stated exclusive of Value Added Tax where applicable.

Cost of raising funds principally comprises direct expenditure incurred on fundraising and associated publicity.

Expenditure on charitable activities comprises the cost of provision of equipment and support of disabled participants in sport. Grants payable are recognised as expenditure when there is a constructive obligation.

Support costs comprise mainly office and premises costs and are allocated based on an estimate of staff time spent on activities.

Governance costs principally comprise legal fees and auditor's fees and are allocated as part of support costs, according to the SORP 2015.

## Get Kids Going

### Notes to the financial statements (continued) Year ended 30 June 2022

#### 1. Accounting policies (continued)

##### (f) Funds

The Board of Trustees may earmark unrestricted funds from time to time for identifiable future expenditure. Such funds, where they exist, are disclosed as designated funds. Restricted funds are those which can only be applied for particular purposes, as specified by the donor or the terms of the campaign. There are currently no restricted or designated funds, nor were there any in the prior year.

##### (g) Pension contributions

The Charity operates a defined contribution pension scheme for employees. The funds of the scheme are administered via the National Employment Savings Trust (NEST) and St James Place and are separate from the Charity. Contributions are paid by the Charity. The pension charge represents contributions payable by the Charity for the year. The Charity liability is limited to the amount of the contribution.

##### (h) Statement of Cash Flows

The Charity has prepared a cash flow statement in accordance with FRS 102 Section 7: Statement of Cash Flows.

##### (i) Investments

Investment assets are valued at mid-market value. Gains and losses are recognised in the Statement of Financial Activities.

##### (j) Financial assets and liabilities

Financial assets and financial liabilities are recognised when the Company becomes a party to the contractual provisions of the instrument.

Financial assets are derecognised when and only when (a) the contractual right to the cash flows from the financial asset expire or are settled, (b) the Company transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or (c) the Company, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the Company after deducting all its liabilities. All financial assets and liabilities are initially measured at transaction price (including transaction costs) unless the arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled, or expires.

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

##### (k) Critical accounting judgements and key sources of estimation uncertainty

In the application of the charity's accounting policies, which are described in this note, the trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future

## Get Kids Going

### Notes to the financial statements (continued) Year ended 30 June 2022

periods. There are no critical accounting judgments or key sources of estimation uncertainty at the reporting date.

#### 1. Accounting policies (continued)

period of the revision and future periods if the revision affects both current and future periods. There are no critical accounting judgments or key sources of estimation uncertainty at the reporting date other than those discussed in these accounting policies.

#### (i) Taxation

Get Kids Going is exempt from taxation on its income and gains falling within Part 11 of the Corporation Tax Act 2010 or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that they are applied to their charitable purposes.

#### 2. Expenditure

	Staff costs £	Direct costs £	Support costs £	Total 2022 £	Total 2021 £
Cost of Raising funds	180,692	315,416	71,567	567,675	388,031
Charitable activities	45,173	135,143	16,948	197,264	192,564
	<u>225,865</u>	<u>450,559</u>	<u>88,515</u>	<u>764,939</u>	<u>580,595</u>

The costs of charitable activities include £120,790 relating to grants approved in the year (2021: £114,622). Support costs allocated to grant activities totalled £16,948. (2021: £17,304). Included in support costs are governance costs of £13,500 (2021: £13,000). Investment management costs included in cost of raising funds are £60,032 (2021: £57,855)

	Staff costs £	Direct costs £	Support costs £	Total 2021 £	Total 2020 £
Cost of Raising funds	191,702	126,238	70,091	388,031	622,356
Charitable activities	47,926	127,334	17,304	192,564	194,376
	<u>239,628</u>	<u>253,572</u>	<u>87,395</u>	<u>580,595</u>	<u>816,732</u>

#### 3. Net income for the year

	2022 £	2021 £
This is stated after charging:		
Auditor's remuneration	13,500	13,000
Depreciation	<u>16,584</u>	<u>17,572</u>

## Get Kids Going

### Notes to the financial statements (continued) Year ended 30 June 2022

#### 4. Staff costs

	2022 £	2021 £
Wages and salaries (including temporary and agency staff)	162,598	177,524
Social Security Costs	17,734	16,845
Pension Costs	41,133	41,059
	<u>221,465</u>	<u>235,428</u>
	Number	Number
Average number of staff	<u>4</u>	<u>4</u>

No Trustee received any remuneration during the year (2021: none), nor were any payments for expenses made on behalf of any Trustees (2021: £nil). Expenses reimbursed to Trustees were £ nil (2021: £nil). One member of staff, considered to be the key management personnel, cost £147,148 (including pension and NI costs) in the year. (2021: £146,895). Pension contributions for this member of staff amounted to £40,000 in the year (2021: £40,000).

#### 5. Tangible fixed assets

	Long Leasehold Land and buildings £	Office equipment £	Motor vehicles £	Total £
<b>Cost</b>				
At 1 July 2021	818,754	6,980	30,876	856,610
Additions	-	-	-	-
At 30 June 2022	<u>818,754</u>	<u>6,980</u>	<u>30,876</u>	<u>856,610</u>
<b>Accumulated depreciation</b>				
At 1 July 2021	93,467	2,901	26,646	123,013
Charge for the year	14,506	1,020	1,058	16,584
At 30 June 2022	<u>107,973</u>	<u>3,921</u>	<u>27,703</u>	<u>139,597</u>
<b>Net book value</b>				
At 30 June 2022	<u>710,781</u>	<u>3,059</u>	<u>3,173</u>	<u>717,013</u>
At 30 June 2021	<u>725,287</u>	<u>4,079</u>	<u>4,230</u>	<u>733,597</u>

## Get Kids Going

### Notes to the financial statements (continued) Year ended 30 June 2022

#### 6. Fixed asset investments

	2022 £	2021 £
Market Value brought forward	13,278,636	11,593,176
Net additions to portfolio	205,504	148,060
Unrealised (losses)/gains	(1,876,897)	1,537,400
Market value at end of year	11,607,243	13,278,636
Cash held in the investment portfolio	184,957	478,554
	<u>11,792,200</u>	<u>13,757,190</u>

Investments have been included in the accounts at their mid-market value at the year date as reported to the Trustees by Quilter Cheviot, who are appointed to manage the Charity's investments.

## Get Kids Going

### Notes to the financial statements (continued) Year ended 30 June 2022

#### 6. Fixed asset investments (continued)

All investments were held directly by the Charity and there are no restrictions on the realisation of the investments.

	2022 £	2021 £
Investments listed on a recognised stock exchange:		
UK Fixed Interest	2,529,331	2,914,776
Overseas Fixed Interest	1,057,328	1,157,053
UK Equities	2,664,637	3,608,181
Non-UK Equities	2,559,385	2,867,438
Commodities	565,540	475,651
Property Unit Trust	495,440	470,622
Hedge Funds	1,735,582	1,784,915
Total investments	11,607,243	13,278,636

The investments above were held as follows:

	2022 £	2021 £
UK	6,756,142	9,254,146
Non-UK	4,851,101	4,024,490
	11,607,243	13,278,636

Investments which individually comprise more than 5% of the portfolio consist of:

	2022 £	2021 £
Allianz Global Investors UK Gilt	1,157,220	1,329,401
	1,157,220	1,329,401

#### 7. Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Other debtors	1,535	15,078
Prepayments	135,977	126,572
	137,511	141,650

## Get Kids Going

### Notes to the financial statements (continued) Year ended 30 June 2022

#### 8. Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals	144,365	142,375
Other creditors	14,912	26,992
	<u>159,276</u>	<u>169,367</u>

	Approved in the year £	Paid/adjust in the year £	As at 30 June 2022 £
Grants payable consist of the following:			
GB Disabled Snow Sports Team	48,935	334	(48,591)
GB Boccia Team	10,000	-	(10,000)
GB Wheelchair Rugby Team	30,000	-	(30,000)
GB Wheelchair Racing Team	21,805	3,932	(17,873)
GB Wheelchair Tennis Team	50	-	(50)
GB Para-Shooting Team	10,000	-	(10,000)
	<u>120,790</u>	<u>4,276</u>	<u>(116,514)</u>

It should be noted that any allocated grants which are not claimed within a period of time by that individual or sports organization for the individual are written off. Due to Covid, applications submitted for grants and their payments were delayed. Since the year end, £120,790 of the above totals has been paid.

	Approved in the year £	Paid/adjust in the year £	As at 30 June 2021 £
Grants payable consist of the following:			
GB Disabled Ski Team	39,877	(123)	(40,000)
GB Boccia Team	10,000	-	(10,000)
GB Wheelchair Rugby Team	30,000	-	(30,000)
GB Wheelchair Racing Team	18,812	973	(17,839)
GB Wheelchair Tennis Team	5,933	-	(5,933)
GB Para-Shooting Team	10,000	-	(10,000)
	<u>114,622</u>	<u>850</u>	<u>(113,772)</u>



## Get Kids Going

### Notes to the financial statements (continued) Year ended 30 June 2022

**9. Called-up share capital**

The Charity has no share capital, being a charitable company limited by guarantee. The total number of guarantors is 3, each of them agreeing to contribute a maximum of £1 in the event of liquidation.

In the event of the Charity being wound up or dissolved, any surplus asset shall be given or transferred to some other charitable institution having similar charitable objects to the Charity.

**10. Capital commitments and contingent liabilities**

There are no capital commitments or contingent liabilities at 30 June 2022 (2021: None).

**11. Pensions**

The company operates a pension scheme for all employees. The pension charge for the year was £41,133 (2021: £41,059). The Charity liability is limited to the amount of the contribution.

**12. Trading subsidiary**

The Charity holds the entire share capital (being £1) of Get Kids Going! Trading Limited. This subsidiary is dormant and has never traded, and as such group accounts have not been prepared.

**13. Related parties**

There were no related party transactions in the year. (2021: None).