



Carers Support Centre
Bristol & South Gloucestershire



Company no. 03377199
Charity no. 1063226

The Carers Centre (Bristol & South Gloucestershire) Report and Audited Financial Statements



31 March 2023

The Carers Centre (Bristol & South Gloucestershire)

Reference and administrative details

For the year ended 31 March 2023

Company number	03377199																		
Charity number	1063226																		
Registered office and operational address	The Vassall Centre Gill Avenue Bristol BS16 2QQ																		
Status	The Carers Centre (Bristol and South Gloucestershire) is known locally as Carers Support Centre (CSC).																		
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows: <table><tr><td>Mary Whittington</td><td>Chair</td></tr><tr><td>Andy Bell</td><td>Treasurer (Deceased 6 September 2023)</td></tr><tr><td>Jennifer Cheshire</td><td></td></tr><tr><td>Graham Hunt</td><td>(Appointed 15 September 2023)</td></tr><tr><td>Sian Jones</td><td></td></tr><tr><td>Jamie Lavis</td><td>(Resigned 1 September 2022)</td></tr><tr><td>Pearl Raymond</td><td></td></tr><tr><td>Jennifer Tomkinson</td><td></td></tr><tr><td>Louise Winn</td><td></td></tr></table>	Mary Whittington	Chair	Andy Bell	Treasurer (Deceased 6 September 2023)	Jennifer Cheshire		Graham Hunt	(Appointed 15 September 2023)	Sian Jones		Jamie Lavis	(Resigned 1 September 2022)	Pearl Raymond		Jennifer Tomkinson		Louise Winn	
Mary Whittington	Chair																		
Andy Bell	Treasurer (Deceased 6 September 2023)																		
Jennifer Cheshire																			
Graham Hunt	(Appointed 15 September 2023)																		
Sian Jones																			
Jamie Lavis	(Resigned 1 September 2022)																		
Pearl Raymond																			
Jennifer Tomkinson																			
Louise Winn																			
Company secretary	Tim Poole																		
Chief Executive Officer	The Trustees delegate the day-to-day leadership and management of the organisation to the Chief Executive Officer, Mr Tim Poole.																		
Bankers	Virgin Money 5 Northgate Street Gloucester GL1 2AH																		
Auditors	Godfrey Wilson Limited Chartered accountants and statutory auditors 5th Floor Mariner House 62 Prince Street Bristol BS1 4QD																		

The Carers Centre (Bristol & South Gloucestershire)

Report of the trustees

For the year ended 31 March 2023

The trustees present their report along with the financial statements of the charity for the year ended 31 March 2023.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice - Accounting and Reporting by Charities (effective from January 2019).

Governance and Management

Governing document

The Carers Centre (Bristol and South Gloucestershire) is a registered charity and a company limited by guarantee and is governed by its Articles and the Companies Act 1985, 2006 and the Charities Act 2006, 2011. It is known locally as Carers Support Centre (CSC) and is a network partner of Carers Trust. Whilst benefiting from access to resources and support through this membership, it retains full autonomy over local policy, governance and procedures.

Risk review

All identified risks are allocated to the relevant subcommittee of the board to monitor. The Board of Trustees delegates the evaluation of risks to the relevant subcommittees, which meet quarterly to review and update the risk register. Major risks and/or new or increasing risks are reviewed by the full board quarterly.

Internal risks are minimised by the implementation of effective internal control procedures, which ensure both appropriate authorisation of all transactions and consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed for their continuing effectiveness.

The risk register was updated throughout the year and is a standing item for discussion at all Subcommittee meetings, namely:

- Finance & General Purposes Subcommittee (FSC);
- Personnel Subcommittee (PSC);
- Fundraising Subcommittee (FSC); and
- Remuneration Subcommittee (RSC).

All subcommittees have terms of reference which are reviewed annually and usually report back to the Board of Trustees before any decisions are taken.

Organisational structure

The CEO is responsible for the day-to-day running of the organisation and line manages a Senior Management Team and Policy and Engagement Lead. The CEO will take decisions on a day-to-day basis and refer to the chair of Trustees when appropriate.

A board of Trustees, who are also the company directors, are legally responsible for the organisation and governance of CSC.

A joint Trustee board and senior management team strategic plan is produced annually with quarterly update reports provided to Trustees.

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Report of the trustees

For the year ended 31 March 2023

Appointment of Trustees

At each Annual General Meeting one-third of the Trustees who are subject to retirement by rotation shall retire. The Trustees to retire by rotation are those who have been longest in office since their last appointment or reappointment. A retiring member is eligible for re-election.

The Charitable Company can from time to time by ordinary resolution increase or reduce the number of Trustees and determine in what rotation such increased or reduced numbers shall go out of office. The board of Trustees shall have the power at any time to appoint any person to be a Trustee against determined criteria to provide a balanced board skill set including carers with lived experience. The Charitable Company may, by ordinary resolution, of which special notice has been given, remove any Trustee.

During the last twelve months one trustee appointment to the board has been made. In September 2023, Graham Hunt was appointed as a Trustee. Graham joins with significant charity trustee board experience supporting carers and cared for as well as having had a successful career in business. Graham is also a management accountant.

During the financial year, Jamie Lavis resigned as a Trustee in September 2022 due to his increasing work commitments.

Sadly, in September 2023, Andy Bell passed away. Andy had been long associated with Carers Support Centre as well as other local charities. He supported the financial management of the charity in his role of Treasurer for a number of years, a role which he performed with great commitment. Andy will be sorely missed by his fellow trustees, staff, carers, friends and family.

Trustee induction and training

A skills audit and review of Trustee board meetings takes place annually. The outcomes of this are reviewed and used to inform future recruitment, training and development.

Trustees will have an annual review meeting with the Chair of Trustees, where performance and individual training and development needs are discussed. All Trustees are also invited to attend 'snapshot' training sessions, as and when appropriate. Trustees are encouraged to choose a specific work area to take a lead on and liaise with the specific Senior Manager, provide feedback on activity to the board of Trustees and raise any issues and developments, as appropriate.

The Board are currently in the process of implementing a renewed Board Performance Review process.

Networks and partnerships

CSC works in partnership both strategically and operationally with all sectors across Bristol and South Gloucestershire to raise carer awareness, increase identification and provision of support services.

CSC is a network partner of Carers Trust and can access the support from Carers Trust Network Support Manager for any governance support, advice and training. The Chair and CEO can attend quarterly regional meetings to keep abreast of developments within Carers Trust and to network with CEOs and Trustees from other organisations across the South West. Carers Trust also holds an annual National Conference, which an allocated Trustee, along with the CEO, can attend, where there are specific workshops related to governance and networking opportunities.

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Pay and remuneration

The organisation has a remuneration policy. Levels of remuneration are recommended by the CEO and considered by both the Personnel Subcommittee, to determine fairness etc. and the Finance Subcommittee, to consider affordability. A joint recommendation is then put to the full Board for a decision to be made.

This process is also used to:

- determine and keep under review the salary banding of all staff, using such market comparators as it deems suitable and taking account of the nature of the posts being considered;
- determine any annual percentage 'cost of living' change;
- consider recommendations from the Chief Executive (or Chair if in relation to the Chief Executive) following review of roles and responsibilities for individual team members;
- determine whether there should be any salary increases for staff members following review of applications submitted;
- determine and review the remuneration of the Chief Executive;
- ensure compliance with current pension law (auto enrolment) in accordance with legal requirements; and
- ensure that contractual terms on any termination of employment are fully met to protect both the individual and the charity.

Vision, Mission, Objectives and Activities

On the back of a recommendation from the Organisational Review, we undertook a review of our organisational Strategy, Mission and Values. This involved working with Trustees, staff, and carers and resulted in a new strategy being signed off, summary below:

Our vision:

'A better life for carers of all ages where they are recognised, valued and supported in their caring role and empowered to fulfil their own aspirations.'

Our mission:

- ***We will support carers' emotional, physical and financial health and wellbeing, building their resilience and confidence;***
- ***We will listen to and amplify carers' voices, enabling them to have a strong and independent influence on policy and services;***
- ***We will support carers to be free from inappropriate levels of care and able to live a life of their own; and***
- ***We will raise awareness of carers and the issues they face, leading to communities and organisations where carers feel recognised, welcome and supported.***

Our values:

- ***Co-productive***
We will be led by carers' needs involving them in service planning and development and encouraging other organisations to do the same;
- ***Listening and learning***
We will constantly review and refine our services, developing and sharing good practice;
- ***Collaborative and connected***
We will be collaborative in our approach to supporting carers, working closely with partner organisations and communities to provide holistic, sustainable support;

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For the year ended 31 March 2023

- **Empowering**

We will be enabling in our approach to supporting carers, building resilience and confidence, empowering them to achieve their own goals; and

- **Valuing people**

We will treat staff, volunteers and those we work with, with respect and kindness, valuing diversity and the contribution they make.

Underpinning our strategy are our key strategic aims:

1. Achieving carer outcomes – *supporting and empowering carers to achieve a better quality of life, through provision of a wide range of responsive services.*

We will:

- Continually enhance existing services through monitoring, impact measurement and development;
- Identify gaps in service provision and develop new services that are responsive to the varying and diverse needs of carers;
- Support carers to eliminate inappropriate caring; and
- Improve collection and analysis of data, to inform service delivery.

2. Extending our reach – *identifying carers not in contact with support services to make them aware of Carers Support Centre and what we offer.*

We will:

- Promote our services, so more people can self-identify as carers, and access our services;
- Through outreach work and partnerships with local community groups, identify seldom heard carers not currently in contact with support services; and
- Raise awareness across all sectors and general public by increasing knowledge and understanding of carers and their issues.

3. Influential voice – *promoting co-production of our services and governance and those of other organisations, through a strong, independent voice for carers.*

We will:

- Promote the role of carers so that they are recognised, valued and respected as expert partners in care, and part of the health and social care team;
- Enable carers of all ages to engage effectively with decision-makers and ensure their voices are heard;
- Create and promote different ways carers can input into co-production of services; and
- Ensure our organisation reflects carers voices through its governance and development of services.

4. Sustainability – *being a well-run charity attracting funders, commissioners, volunteers and supporters.*

We will:

- Create a flexible staffing structure to enable sustainable development of the organisation;
- Develop fundraising and diversify the organisation's funding base;
- Demonstrate high quality, impactful and value for money services;
- Ensure staff are supported, resourced and developed to achieve their potential;
- Develop volunteering to enable greater service provision and more meaningful opportunities for volunteers;
- Embed digital solutions to create greater efficiency and choice of services;
- Develop environmentally friendly premises strategy to reduce overheads, give greater community visibility and improving our carbon footprint;
- Adapt delivery models, developing tiered services responding to increasing demand;
- Provide robust governance through a diverse and skilled board, including people with lived experience of caring; and

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j. Consider the environmental impact in all decision making in line with our Policy.

5. Equality, diversity & inclusion – *embedding equalities across the organisation, removing barriers to accessing our services.*

We will:

- a. Provide support to increase staff and volunteers' awareness and understanding of EDI;
- b. Embed EDI into recruitment, service planning, delivery and governance;
- c. Set clear targets and measures for our EDI work as part of our reporting structures; and
- d. Actively engage with community/interest groups as equal partners to help develop our work and increase accessibility to our services.

6. Employer of choice – *striving to be the charity people choose to work and volunteer for, prioritising learning, where they can make a difference alongside having a good work/life balance.*

We will:

- a. Be a caring employer, providing flexible employment opportunities and promoting a healthy work/life balance;
- b. Be a learning organisation that prioritises training and development, providing staff opportunities to grow;
- c. Encourage staff understanding and responsibility of the part they play in the organisation and empower them to play an active part in the development of services;
- d. Value staff and volunteers, recognising and rewarding their contribution;
- e. Demonstrate fair, open and transparent leadership; and
- f. All communicate respectfully and clearly across the organisation.

Charitable objects

CSC's objects, as set out in the governing article are:

To support adult and young (children) carers residing in Bristol and South Gloucestershire who are, or were, carrying out a caring role for persons who are disabled, elderly or ill, by the provision of practical help, advice, assistance, service, advocacy and support.

By working to the objects as detailed above the Charity satisfies the public benefit requirement, as detailed in the Charities Act 2011 by providing practical and emotional support to carers and former carers in need, thereby improving their health, well-being and overall quality of life. Further evidence on public benefit can be found throughout this report and in the organisation's annual review.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. The Trustees consider how planned activities will contribute to the aims and objectives they have set.

CSC aims to provide information and support for carers, raise awareness of carers' issues and involve carers in the planning and provision of services to meet their needs.

Our aim is to improve the emotional, social, financial and practical situation of the individual carers we support, and to work towards better support for, and understanding of, carers generally within the area of Bristol and South Gloucestershire.

Principles for achieving objectives

CSC seeks to achieve its aims and outcomes through the following principles:

- a. Through adhering to key values as outlined above; and

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b. Through ensuring attention is given to quality and equality:

- having appropriately trained and supported paid and unpaid team members, to provide emotional, practical and information support services to carers in Bristol and South Gloucestershire;
- working to an outreach three-tiered conversation model and in partnership with locality based voluntary and statutory agencies;
- ensuring that CSC services are open to all carers in the area, regardless of age, caring situation or protected characteristic; and
- working to an equal opportunities and diversity policy, and from a disability equality perspective, which supports carers whilst recognising the rights and needs of the people they care for.

Significant activities

The significant activities undertaken in furtherance of these objectives are:

- The CarersLine telephone and CarersOnline advice service;
- Telephone counselling;
- Production and distribution of a carers' magazine;
- Individual 1:1 support through carers' support workers;
- Locally based support in outreach settings;
- Provision of benefits advice, carers' assessments, emergency cards, emotional and practical support, advocacy, short breaks, carers' groups, activities and signposting;
- Volunteer led short break and befriending services;
- Support for and identification of young carers and young adult carers. Development of multi-agency strategies to recognise and support their needs, taking a whole family approach to providing support to young carers and their families;
- Provision of carer engagement and involvement mechanisms to support the carers' voice and work in partnership with health, social care and other providers to develop and improve services that meet carers' needs;
- Support for carers during hospital discharge and ensuring that they are recognised and valued as true partners in care thus avoiding the potential for the caring situation to break down and costly readmissions to hospital;
- GP and Hospital Liaison work to develop and sustain an information and advice service based in GP practices and hospitals;
- Provision of advice, information and support specifically to parent carers of disabled children or with a life limiting condition; and
- Carers Walk and Talk service.

Achievements and Performance

Here at Carers Support Centre, we are driven by one simple goal:

“A better life for carers of all ages”.

What a 'better life' looks like is different for every carer. For some it's feeling less lonely and isolated, for others it could be being financially better off, having better access to support for themselves and their loved one, or it's simply the comfort of knowing there is someone there for them in their time of need. For young carers it's often being able to enjoy a childhood or succeed at school. Everything we do is driven by the individual needs of carers across Bristol and South Gloucestershire.

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The Census 2021 results suggesting a reduction in the number of unpaid carers are not reflected in our day-to-day experience. Like most support services, be they voluntary or statutory, we are seeing an increase in demand across the board.

This is not just reflected by the numbers but also, worryingly, in the complexity of the caring responsibilities and the impact that has on carers' health, wellbeing and personal aspirations. Overlaying all of this has been the cost-of-living crisis which has seen carers disproportionately affected, increasing their vulnerability and that of those they care for.

The support we provide has never been needed more, but we can't do it alone. We are grateful for the collaborations we have with many other voluntary sector organisations and with our statutory partners.

CSC has successfully navigated a couple of challenging years which have been significantly disrupted by having to tender for all of our core contracts. Having secured the South Gloucestershire contracts this year, along with the Bristol contracts last year, the organisation is in a relatively stable place, albeit still facing financial challenges.

Following is a brief snapshot of some of our key achievements.

Adult carers

In 2022/23, **2,338** carers turned to us for help for the first time taking the total number of carers registered with us to **15,921**.

- **CarersLine**

Our confidential telephone information and advice line for carers.

Carers Support Centre is available to answer any questions or listen to any concerns. We make time for everyone who contacts us. Our conversations help us to understand the difficulties that carers face. CarersLine supported **3,246** carers either by phone or online.

- **Carers assessments**

We supported **1,408** carers to secure and complete a Carer's Assessment. Carer's Assessments look at how caring affects lives, whether support is needed to manage the caring role and the wellbeing of the carer.

- **One-to-one support**

Based on Carers Assessments, our Carers Support Officers worked with **805** carers identifying and providing solutions for their individual and family needs.

- **Carers support groups**

A safe, confidential space to meet with other carers face-to-face and online - to share information and provide peer support.

During the year, **479** carers were supported through our network of community and online based support groups.

- **Carers emergency card**

Peace of mind for carers in the knowledge that should they have accident or be taken seriously ill, carrying this card will ensure the person they care for will be kept safe.

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During the year we issued **763** new Emergency Cards, bringing the total registered to **6,540** ensuring continuity of support should an adult carer have an accident or be taken seriously ill. If a carer has an accident/emergency or is taken seriously ill, then the card can be used to alert a 24-hour emergency call centre that the person they care for needs help.

▪ **Wellbeing service**

Giving carers regular telephone support and guidance through befriending, mentoring and counselling.

We commissioned an external evaluation of our Wellbeing Service in 2022 to review the achievements of our National Lottery Community Fund award. It found the pandemic has 'changed the landscape of the need for wellbeing support' amongst carers, the service has developed strong pathways both internally and externally and provides a value for money intervention.

The external evaluation found:

- 83% of service users reported good improvement in levels of anxiety;
- 77% felt more optimistic about life; and
- 77% had improved feelings of personal health and well-being.

▪ **Counselling**

We provided professional counsellors to give carers a safe, independent and confidential space to talk about their concerns, feel listened to and respected and understood.

We provided approximately **550** hours free counselling to **86** carers. Our impact measurement throughout their time with us showed that as a result of the counselling:

- 88% reported thinking more clearly;
- 88% felt less isolated and more connected to people; and
- 89% felt more optimistic about their future.

▪ **Befriending and mentoring**

Matching carers with trained volunteers who provide conversation, companionship and emotional support, helping carers to cope with the sense of loneliness and isolation that many feel as a result of their caring role.

Linking up carers with a trained mentor who has experienced a similar caring situation. The mentor shares their own experience and helps the carer to understand what support is available.

We provided befriending or mentoring to 100 carers. Carers regularly tell us that having that contact with others, often people who have experienced being or are a carer is a lifeline.

▪ **West of England Works project**

Employment and skills support for unpaid carers.

West of England Works aims to support young people and adults who face multiple and complex barriers to securing sustainable employment and training.

38 carers successfully completed the programme, moving from being economically inactive to being in training/education, active job searching and employment.

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Sadly, the funding for this project came to an end at the end of the year and the service was wound down.

▪ **Walk and Talk**

Following a fundraising success, we've been delighted to offer this new service to carers, initially for two years, to run 23 Walk and Talk groups.

Through consultation with carers, we found out that they would welcome a walking service. Of the over 200 respondents, 78% welcomed the idea of walking with other carers.

Building on this, and the success of two pilot walks, Walk and Talk was developed with the triple aims of:

- improving carer physical and mental health;
- decreasing carer isolation; and
- increasing carer knowledge about help available to support them in their caring role.

The new service is proving very successful. As well as addressing isolation and lack of physical activity we are seeing over 55% of groups continuing once the programme of walks has ended, providing ongoing sustainable and mutual support to carers within their community.

▪ **Carers break service**

Regular volunteer sitters in South Gloucestershire giving carers a break.

This service for carers is provided by volunteers, all of whom are trained, supported and managed by us. It enables carers to take a 2/3-hour break on a regular basis – usually weekly or fortnightly.

Our volunteers undertook **360** sits with the cared for person to give their carers a break, totalling **755** hours.

▪ **Training and workshops**

Addressing the needs of carers through quality, professional training.

We provide courses to help carers manage on a day-to-day basis, particularly through our core programmes, Caring with Confidence, and Understanding and Caring for Dementia.

In addition we delivered workshops in First Aid, Mindfulness, Adapting & Recovering and Stress Management.

▪ **Carers liaison service**

Support for carers through GP practices and in hospital.

▪ **Hospital support**

We provide help, support and advice to carers from the point of admission to discharge as a carer and/or as a patient.

The service supported **578** carers as well as providing Carer's Surgeries and information stands.

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For the year ended 31 March 2023

- **GP support**

A dedicated team which works with GP practices to help identify and support carers.

We have continued working with **over 50** GP practices across Bristol and South Gloucestershire. As a result of our development work and close working relationships with GP practices, they have referred **891** carers to us for support.

As part of our GP Award Scheme, we assessed **18** surgeries awarding **14** Gold and **4** Silver awards.

Young carers

- **One to one support**

We work with young people in helping them to feel positive about being a young carer, feel less isolated, reduce inappropriate care, enable them to plan for their future and seek support when they need. We do this through individual and family support, activities, groups and outings.

In the last year:

- **314** young carers were referred into the service;
- We delivered **322** one-to-one support sessions (online, phone and face to face) providing support and advocacy to young carers; and
- We carried out **177** young carers assessments.

Overall, **602** young carers are registered with us and receiving support, an increase of **22%**.

- **Young carers in schools**

Run in partnership with Carers Trust and The Children's Society, the Young Carers in Schools (YCiS) programme aims to increase identification of young carers, improve outcomes and provides awards for participating schools.

Starting with a baseline review of what a school is already doing for young carers, with the help of a dedicated development officer, the programme helps schools in supplying better support for young carers.

- **116** local schools have registered as YCiS schools and as part of the Bristol and South Gloucestershire young carers school leads network;
- **73** in Bristol (46% of all schools in Bristol);
- **43** in South Gloucestershire (36% of all schools in South Gloucestershire);
- **19** schools have achieved a YCiS Bronze Award; and
- **1** school has received a YCiS Silver Award.

The number of young carers referred to us from schools was **143**, up **22%** on the previous year. We were pleased to see **47** schools referring young carers to us for the very first time.

- **Young carers respite activities**

We provide a varied respite programme of day trips, residentials, groups, physical and creative activities.

All our activities are free to young carers, including transport and admissions. Activities not only give young carers some fun and a break from caring, but they also increase resilience and confidence, create lasting friendships and peer support.

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We provided **737** breaks, enjoyed by **270** young carers.

▪ Young carer voice

Young Carers Voice (YCV) was set up to enable young carers to be seen, heard and recognised. YCV is a group of young carers who meet monthly and act as representatives for young carers. They work hard to bring about change and make sure that Local Authorities include the needs of young carers and their families in service and policy development.

Currently, **18** young carers are active members of YCV.

As part of their work, YCV members plan and deliver workshops to professionals working with children and young people.

Carers engagement & involvement

Support for carers to get their voices heard, so they can influence health and social care provision and the services of Carers Support Centre.

Carers voice and policy lobbying

As well as our role as advocates for carers, we enable carers to be heard by local policy makers to influence the development of services.

We do this by:

- keeping up with the latest research, and national and local policy changes on social care;
- organising large and small events to inform carers about these new developments and discuss the issues they experience in their everyday lives; and
- supporting a group of 15 carers to attend local partnership meetings with local council and NHS bodies to report these issues and suggest changes to local services.

One event, our Carer's Rights Day event in November, focused on the impact of the cost-of-living crisis on carers. Eighty carers, local policy makers and professionals attended. The event was part of our work to support carers in lobbying councils to identify and support those carers significantly affected by this crisis. The result of this work was that South Gloucestershire Council now identifies carers presenting at their One Stop Shop advice centres and has ringfenced money for those carers most affected by the cost-of-living crisis.

We also supported carers to take part in focus groups and partnership meetings aimed at improving the local implementation of the new hospital discharge process. Together with carers we made sure that they were involved in this improvement process. One of the main results was that NHS staff developed clear information for carers who might be eligible for the one-off discharge grant - the grant is for household tasks or other support needed when caring for someone who is being discharged to home.

In collaboration with Your Park Bristol and Bath, we engaged carers in workshops about making parks accessible and inclusive for carers and the people they care for. This has led to the development of a pilot tool to enable carers and disabled people to audit their local parks.

In June, we submitted written and oral evidence to the South Gloucestershire Council Support for Carers Task and Finish Group. Our main recommendations for improving identification, support and information for carers were well received and included in the action plan for South Gloucestershire Carers' Strategy.

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Contribution by volunteers

Our volunteers are an invaluable asset to Carers Support Centre, selflessly dedicating their time, energy, and skills to help others without expecting anything in return.

Like unpaid carers, the work of volunteers can often go unrecognised, but their impact is immeasurable, and we certainly wouldn't be able to do our work so well without the support of volunteers.

During the year, we received support from **75** volunteers, **23%** of whom were carers or former carers, giving up **1,481** hours of support.

To us it's very important that volunteering is not just one way, every opportunity should be mutually beneficial. That's why we invest time in matching volunteers carefully to relevant opportunities that not only meet the needs of the charity but also those of the volunteers themselves. These vary from one volunteer to another, but just some of the benefits volunteers tell us they reap include:

- new skills and experience;
- confidence building;
- preparation for getting into or returning to work;
- social contact; and
- making new friends.

Working in this way, volunteering becomes much more enjoyable, fulfilling and sustainable.

Ordinarily, CSC offers many volunteering opportunities, such as:

- Trustees;
- Carers Sitting Service;
- Carer Representatives;
- Helping at events and with our carers training course/workshops;
- Carers Groups - supporting and facilitating activities;
- Breaks for Carers (Carers Time);
- Young Carer volunteers helping with activities and fundraising;
- GP Link Volunteers;
- Running workshops for adult's carers and young carers;
- Admin CSC office support;
- CarersLine, Social Media; and
- Theatre Group supporters.

A recent survey of our volunteers reported that **100%** of them would recommend volunteering for CSC.

News for Carers

Keeping carers updated and connected through our website, regular eNewsletters and our three times a year printed publication, Carers News.

During the year:

- **120,036** unique visitors to website, an over **9%** rise on the previous year;
- **3** editions of Carers News were printed, each edition was sent to an average of **10,478** carers, **5,561** carers by post, and **4,917** by email; and
- **57** targeted eNewsletters were issued.

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Fundraising

The key drivers for Carers Support Centre to improve our fundraising performance are:

- to build on non-statutory funded services and support, better reflecting our values as a charity supporting carers as well as diversifying our sources of income.
- to allow Carers Support Centre to be more innovative and less constrained in how we support carers, now and into the future.

There will be a clear understanding from the Board and SMT about the priorities for fundraising every year. A prioritised list of 'projects' will be agreed which will inform the targeting of our fundraising activity. That said, we will also take advantage of ad hoc opportunities that may arise with the availability of new funding programmes.

During the year we have been successful with several funding bids. The most successful area of our fundraising is Charitable Trusts. This is not surprising as within the application process we have the opportunity to explain the need, what we do to meet that need and the impact of our support. This is harder to do when raising funds from the public at large who often respond to an emotive cause with a standout image.

We would like to thank the following for their support:

Alpkit Foundation;	In Memoriam Of William Hancock Fund;
Bristol Brunel Lions Club;	Moirs Lodge of Honour;
Bristol Breakfast Rotary Club;	Leonard Laity Stoate Charitable Trust;
Bristol Charities;	Osborne Clarke;
Bristol City Council Youth	Pucklechurch WI;
Sector Support Fund;	Project Dragonfly;
Bristol City Council - Your Holiday	Rotary Club of Bristol;
Hub Summer Programme;	Royal Edward Lodge;
Bristol Community Health;	South Gloucestershire Council - Area Wide
Bristol Masonic Benevolent Institution;	Grant and Holiday Activities and Food
Bristol Phoenix Choir;	Programme;
Carers Trust;	Sir Jules Thorn Charitable Trust;
Chatterton Lodge;	St James's Place Charitable Foundation;
Clifton Down Probus Club;	Stone King Foundation;
Co-op Local Community Fund;	Sunrise Foundation;
D'Oyly Carte Charitable Trust;	The Clifford Charity Oxford;
Frome Valley Lodge;	The Fulmer Charitable Trust;
Fulmer Charitable Trust;	The Nisbet Trust;
Garfield Weston Foundation;	The Thompson Charitable Trust;
Henry Nicholas Associates;	Thornbury Rotary Club;
John James Foundation;	Waitrose; and
John Lewis Community Matters	Warburton's Families Matter.
Scheme;	

We would also like to thank the many individuals who have donated individually, both one off and regular payments.

In addition, we would like to recognise our core funders, Bristol City Council, South Gloucestershire Council and BNSSG Clinical Commissioning Group, not only for their funding but also their collaboration and support.

The Carers Centre (Bristol & South Gloucestershire)

Report of the trustees

For the year ended 31 March 2023

Financial Review

Reserves

The organisation produces its budgets using a full cost recovery model whereby the overheads and running costs are allocated across all the organisation's budget headings and income sources.

CSC has developed a 'winding up costs' calculator, which is reviewed annually. We are therefore able to assess more accurately the cost of closing the charity in the event of a significant reduction in funding, which would cause the organisation to cease operating.

Given that our main funders are required to give us 3 months' notice of Service Level Agreement termination, there is no need to hold additional running costs for a period in reserves. The revised reserves policy is therefore that only the amount needed to cease operating be held as a free reserve.

As of 31st March 2023, the winding up costs are estimated at £218K, hence this is more than covered by our current free reserves balance of £256,523. As of 30th September 2023, the winding up costs are estimated at £230K.

Free Reserves	Bfwd 1 April 2022	1 April – 31 March 2023	Cfwd 31 March 2023
	Surplus (Loss)	Surplus (Loss) Inclusive of Fund Transfer	Surplus (Loss)
General Reserves	429,807	23,704	453,511
Less FA (Investment + tangible assets)	210,537	-13,549	196,988
Total Free Reserves	219,270	37,253	256,523

Principal funding sources

Local Authority (Bristol City and South Gloucestershire Councils) and Clinical Commissioning Group (Bristol, North Somerset and South Gloucestershire) annual funding of £963,990 continues to account for the majority of our total annual income of £1,257,361 to deliver support services to carers of all ages.

Expenditure has supported achievement of the budget through the employment of staff and maintenance of premises and office functions, the provision and dissemination of information, and the provision of groups, events, breaks and young people's activities. There has been some expenditure through small budgets to meet the needs of individual carers.

Investment policy

Our aims are to:

- invest in deposit-based investments mainly with instant access but also up to 12 months tie-in;
- make all our funds earn the maximum amount of interest whilst maintaining a positive cash flow in our bank account; and
- earn more interest than the Retail Price Index (RPI) measured annually on 1 April.

The Carers Centre (Bristol & South Gloucestershire)

Report of the trustees

For the year ended 31 March 2023

We have also been informed that Bristol City Council will activate one of the 12-month extensions to our Young Carers Contract which will take it to 31 May 2025.

The Trustees regularly consider the impact of these issues on the charity's current and future position and continue to monitor it closely.

The charity holds unrestricted, general reserves of £453,511 and designated reserves which can be drawn down if necessary. The Trustees consider that the charity has sufficient unrestricted reserves and cashflow to continue operating as a going concern for a period of at least 12 months from the date on which these financial statements are approved. For this reason, the accounts have been produced on an ongoing concern basis.

Plans for future periods

As we move forward, we are working more at a local community level, developing relationships with trusted community groups, raising the awareness of carers and their needs and, through that, increasing the level of support available for carers in their local community.

Our plans for 2023/24 include:

- remodelling of the Young Carers service;
- design and development of a new website for launch early 2024;
- revise our logo, to be launched simultaneously with the new website;
- reaccreditation of our Trusted Charity Quality Mark;
- development and implementation of credible outcome and impact measurement tools; and
- reduce our office footprint to better reflect our new working patterns as well as offset the increases in rent.

Statement of responsibilities of the trustees

The trustees (who are also directors of the charity for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing those financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Carers Centre (Bristol & South Gloucestershire)

Report of the trustees

For the year ended 31 March 2023

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Auditors

Godfrey Wilson Limited were re-appointed as auditors to the charitable company during the year and have expressed their willingness to continue in that capacity.

Approved by the trustees on 14 November 2023 and signed on their behalf by

Mary Whittington - Chair

Independent auditors' report

To the members of

The Carers Centre (Bristol & South Gloucestershire)

Opinion

We have audited the financial statements of The Carers Centre (Bristol & South Gloucestershire) (the 'charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, statement of cash flows and the related notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Independent auditors' report

To the members of

The Carers Centre (Bristol & South Gloucestershire)

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report. We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement set out in the trustees' report, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Independent auditors' report

To the members of

The Carers Centre (Bristol & South Gloucestershire)

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The procedures we carried out and the extent to which they are capable of detecting irregularities, including fraud, are detailed below:

(1) We obtained an understanding of the legal and regulatory framework that the charity operates in, and assessed the risk of non-compliance with applicable laws and regulations. Throughout the audit, we remained alert to possible indications of non-compliance.

(2) We reviewed the charity's policies and procedures in relation to:

- Identifying, evaluating and complying with laws and regulations, and whether they were aware of any instances of non-compliance;
- Detecting and responding to the risk of fraud, and whether they were aware of any actual, suspected or alleged fraud; and
- Designing and implementing internal controls to mitigate the risk of non-compliance with laws and regulations, including fraud.

(3) We inspected the minutes of trustee meetings.

(4) We enquired about any non-routine communication with regulators and reviewed any reports made to them.

(5) We reviewed the financial statement disclosures and assessed their compliance with applicable laws and regulations.

(6) We performed analytical procedures to identify any unusual or unexpected transactions or balances that may indicate a risk of material fraud or error.

(7) We assessed the risk of fraud through management override of controls and carried out procedures to address this risk. Our procedures included:

- Testing the appropriateness of journal entries;
- Assessing judgements and accounting estimates for potential bias;
- Reviewing related party transactions; and
- Testing transactions that are unusual or outside the normal course of business.

Independent auditors' report

To the members of

The Carers Centre (Bristol & South Gloucestershire)

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. Irregularities that arise due to fraud can be even harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Date: 15 November 2023

Rob Wilson FCA
(Senior Statutory Auditor)

For and on behalf of:

GODFREY WILSON LIMITED

Chartered accountants and statutory auditors

5th Floor Mariner House

62 Prince Street

Bristol

BS1 4QD

The Carers Centre (Bristol & South Gloucestershire)

Statement of financial activities *(incorporating an income and expenditure account)*

For the year ended 31 March 2023

	Note	Restricted £	Unrestricted £	2023 Total £	2022 Total £
Income from:					
Donations and legacies	4	19,494	46,996	66,490	26,922
Charitable activities:	5				
Adult carers		904,285	-	904,285	1,141,403
Young carers		272,027	-	272,027	260,612
Other trading activities	6	-	3,125	3,125	14,266
Investments		-	10,949	10,949	557
Other		443	42	485	2,272
Total income		<u>1,196,249</u>	<u>61,112</u>	<u>1,257,361</u>	<u>1,446,032</u>
Expenditure on:					
Raising funds		-	8,561	8,561	8,571
Charitable activities:					
Adult carers		979,143	12,497	991,640	950,036
Young carers		316,822	3,458	320,280	324,732
Total expenditure	7	<u>1,295,965</u>	<u>24,516</u>	<u>1,320,481</u>	<u>1,283,339</u>
Net gains on investments	12	<u>-</u>	<u>(4,561)</u>	<u>(4,561)</u>	<u>10,374</u>
Net income / (expenditure)		(99,716)	32,035	(67,681)	173,067
Transfers between funds		<u>(99,226)</u>	<u>99,226</u>	<u>-</u>	<u>-</u>
Net movement in funds	8	(198,942)	131,261	(67,681)	173,067
Reconciliation of funds:					
Total funds brought forward		<u>468,081</u>	<u>517,635</u>	<u>985,716</u>	<u>812,649</u>
Total funds carried forward		<u>269,139</u>	<u>648,896</u>	<u>918,035</u>	<u>985,716</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in note 17 to the accounts.

The Carers Centre (Bristol & South Gloucestershire)

Balance sheet

As at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	11	9,823	18,811
Investments	12	187,165	191,726
		196,988	210,537
Current assets			
Debtors	13	78,376	40,817
Cash at bank and in hand		704,561	905,729
		782,937	946,546
Liabilities			
Creditors: amounts falling due within 1 year	14	61,890	171,367
Net current assets		721,047	775,179
Net assets	16	918,035	985,716
Funds	17		
Restricted funds		269,139	468,081
Unrestricted funds:			
Designated funds		195,385	87,828
General funds		453,511	429,807
Total charity funds		918,035	985,716

These accounts have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

Approved by the trustees on 14 November 2023 and signed on their behalf by

Mary Whittington - Chair

The Carers Centre (Bristol & South Gloucestershire)

Statement of cash flows

For the year ended 31 March 2023

	2023	2022
	£	£
Cash used in operating activities:		
Net movement in funds	(67,681)	173,067
Adjustments for:		
Depreciation charge	11,841	12,343
Depreciation on disposals	-	(810)
Losses / (gains) on investments	4,561	(10,374)
Interest from investments	(10,949)	(557)
(Increase) / decrease in debtors	(37,559)	24,202
(Decrease) / increase in creditors	(109,477)	81,919
Net cash (used in) / provided by operating activities	<u>(209,264)</u>	<u>279,790</u>
Cash flows from investing activities:		
Interest from investments	10,949	557
Purchase of tangible fixed assets	(2,853)	(9,333)
Fixed asset disposals	-	1,945
Net cash provided by / (used in) investing activities	<u>8,096</u>	<u>(6,831)</u>
(Decrease) / increase in cash and cash equivalents in the year	(201,168)	272,959
Cash and cash equivalents at the beginning of the year	<u>905,729</u>	<u>632,770</u>
Cash and cash equivalents at the end of the year	<u><u>704,561</u></u>	<u><u>905,729</u></u>

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Carers Centre (Bristol & South Gloucestershire) meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. The charity has unrestricted net current assets of £451,908 and a cash balance of £704,561 at the balance sheet date. The charity has also had substantial contract income extended for at least 12 months from the balance sheet date. The trustees therefore consider that the charity is a going concern for a period of at least 12 months from the date on which these financial statements are approved.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item of income have been met, it is probable that the income will be received and the amount can be measured reliably.

When donors specify that donations given to the charity must be used in future accounting period, the income is deferred until those periods. When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred until the pre-conditions are met.

Income from the government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of contract delivery is deferred until criteria for income recognition are met.

d) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

1. Accounting policies (continued)

e) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particularly areas of the charity's work or for specific projects being undertaken by the charity.

f) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g) Allocation of support and governance costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Governance costs are the costs associated with the governance arrangements of the charity, including the costs of complying with constitutional and statutory requirements and any costs associated with the strategic management of the charity's activities. These costs have been allocated between Young Carers and Adult Carers on the basis of staff time spent on each area, as follows:

	2023	2022
Raising funds	0.0%	0.0%
Adult carers	76.9%	72.4%
Young carers	23.1%	27.6%

h) Tangible fixed assets

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as

Computer and office equipment	3 years straight line
Fixtures and fittings	5 years straight line

Items are capitalised when their purchase price exceeds £1,000.

i) Listed investments

Investments in quoted shares, traded bonds and similar investments are measured initially at cost and subsequently at their market value. The statement of financial activities includes the net gains and losses arising on revaluations and disposals throughout the year.

j) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

k) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

1. Accounting policies (continued)

l) Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

m) Financial instruments

The charitable company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest

n) Pension costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contributions payable by the charity during the year. The charity has no liability under the scheme other than for the payment of those contributions.

o) Accounting estimates and key judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying values of assets and liabilities that are not readily apparent from other sources. The estimates and underlying assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The key sources of estimation uncertainty that have a significant effect on the amounts recognised in the financial statements are depreciation (as described in note 1(h)) and listed investments (as described in note 1(i)).

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

2. Prior period comparatives: Statement of financial activities

	Restricted £	Unrestricted £	2022 Total £
Income from:			
Donations and legacies	19,294	7,628	26,922
Charitable activities			
Adult carers	1,141,403	-	1,141,403
Young carers	260,612	-	260,612
Other trading activities	-	14,266	14,266
Investments	-	557	557
Other	2,159	113	2,272
Total income	1,423,468	22,564	1,446,032
Expenditure on:			
Raising funds	-	8,571	8,571
Charitable activities:			
Adult carers	919,061	30,975	950,036
Young carers	316,866	7,866	324,732
Total expenditure	1,235,927	47,412	1,283,339
Net gains on investments	-	10,374	10,374
Net income / (expenditure)	187,541	(14,474)	173,067
Transfers between funds	51,704	(51,704)	-
Net movement in funds	239,245	(66,178)	173,067

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

3. Government grants

The charity receives the following funding from local authorities in respect of the delivery of support for young and adult carers. There were no unfulfilled conditions or contingencies attaching to these grants in the current or prior period.

	2023	2022
	Total	Total
	£	£
Bristol City Council	534,112	589,305
South Gloucestershire Council	429,878	404,096
	<u>963,990</u>	<u>993,401</u>

Income from government grants was fully restricted in the current year and prior year.

4. Income from donations and legacies

	Restricted	Unrestricted	2023
	£	£	Total
			£
Donations	18,196	44,672	62,868
Gift aid	<u>1,298</u>	<u>2,324</u>	<u>3,622</u>
Total income from donations and legacies	<u>19,494</u>	<u>46,996</u>	<u>66,490</u>
Prior period comparatives			2022
	Restricted	Unrestricted	Total
	£	£	£
Donations	17,390	6,407	23,797
Gift aid	<u>1,904</u>	<u>1,221</u>	<u>3,125</u>
Total income from donations and legacies	<u>19,294</u>	<u>7,628</u>	<u>26,922</u>

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

5. Income from charitable activities

	Restricted £	Unrestricted £	2023 Total £
Adult Carers:			
Bristol City Council	391,654	-	391,654
South Gloucestershire Council	326,008	-	326,008
Big Lottery Wellbeing Fund	100,357	-	100,357
Building Better Opportunities	56,637	-	56,637
Quartet Community Foundation	18,807	-	18,807
Southern Brooks Community Partnership	6,000	-	6,000
Your Park	2,450	-	2,450
Age UK	2,372	-	2,372
	<u>904,285</u>	<u>-</u>	<u>904,285</u>
Young Carers:			
Bristol City Council	142,457	-	142,457
South Gloucestershire Council	103,870	-	103,870
John James Foundation	10,000	-	10,000
Nisbet Trust	10,000	-	10,000
Bristol Charities	5,000	-	5,000
Carers Trust	500	-	500
YCDT	200	-	200
	<u>272,027</u>	<u>-</u>	<u>272,027</u>
Total income from charitable activities	<u><u>1,176,312</u></u>	<u><u>-</u></u>	<u><u>1,176,312</u></u>

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

5. Income from charitable activities (continued)

Prior period comparatives

	Restricted £	Unrestricted £	2022 Total £
Adult Carers:			
Bristol City Council	267,110	-	267,110
South Gloucestershire Council	250,570	-	250,570
BNSSG CCG (Bristol)	187,026	-	187,026
NHS Southampton Walk & Talk	149,659	-	149,659
Big Lottery Wellbeing Fund	105,817	-	105,817
Building Better Opportunities	101,077	-	101,077
BNSSG CCG (South Glos)	49,100	-	49,100
Quartet Community Foundation	18,807	-	18,807
Carers Trust	8,237	-	8,237
Southern Brooks Community Partnership	4,000	-	4,000
	<u>1,141,403</u>	<u>-</u>	<u>1,141,403</u>
Young Carers:			
Bristol City Council	135,169	-	135,169
South Gloucestershire Council	104,426	-	104,426
Bristol Charities	9,857	-	9,857
Quartet Community Foundation	4,030	-	4,030
Doyly Carte Charitable Trust	4,000	-	4,000
Brother Jonathon Trust	1,800	-	1,800
Carers Trust	750	-	750
Warburtons Community Fund	400	-	400
Alpkit Foundation	180	-	180
	<u>260,612</u>	<u>-</u>	<u>260,612</u>
Total income from charitable activities	<u>1,402,015</u>	<u>-</u>	<u>1,402,015</u>

6. Income from other trading activities

	2023 Total £	2022 Total £
100+ club lottery	3,122	3,461
Book Sales	3	36
Management fees and recharges	-	10,769
Total income from other trading activities	<u>3,125</u>	<u>14,266</u>

Income from other trading activities was fully unrestricted in the current and prior years.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

7. Total expenditure

	Raising funds £	Adult carers £	Young carers £	Support and governance costs £	2023 Total £
Wages and salaries (note 9)	6,832	651,187	193,429	245,978	1,097,426
Carers activities	-	15,042	37,252	-	52,294
Premises costs	-	4,724	548	39,632	44,904
Office costs	5	12,355	3,939	26,037	42,336
Publicity and printing	-	20,659	-	3,370	24,029
Other staff costs	-	5,705	1,293	4,823	11,821
Travel and subsistence	-	4,771	2,894	750	8,415
Legal and professional fees	-	-	-	6,678	6,678
Fundraising expenses	1,635	1,110	-	-	2,745
Subscriptions and publications	-	348	1,109	6,024	7,481
Audit	-	-	-	5,520	5,520
Depreciation	-	9,375	997	1,469	11,841
Volunteer expenses	-	3,805	168	26	3,999
Trustees expenses	-	-	-	175	175
Sundries	-	-	-	455	455
Bank charges	-	-	-	362	362
Sub-total	8,472	729,081	241,629	341,299	1,320,481
Allocation of support and governance costs	89	262,559	78,651	(341,299)	-
Total expenditure	8,561	991,640	320,280	-	1,320,481

Total governance costs were £5,695 (2022: £4,264)

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

7. Total expenditure (continued)

Prior period comparatives

	Raising funds £	Adult carers £	Young carers £	Support and governance costs £	2022 Total £
Wages and salaries (note 9)	6,684	628,346	203,817	244,930	1,083,777
Carers activities	-	6,323	16,321	-	22,644
Premises costs	-	4,724	562	39,679	44,965
Office costs	-	10,854	2,625	22,473	35,952
Publicity and printing	-	22,188	-	3,538	25,726
Other staff costs	-	7,947	691	3,152	11,790
Travel and subsistence	-	3,656	1,891	40	5,587
Legal and professional fees	-	-	-	26,393	26,393
Fundraising expenses	1,783	792	-	-	2,575
Subscriptions and publications	-	422	182	5,607	6,211
Audit	-	-	-	4,200	4,200
Depreciation	-	9,080	1,435	1,828	12,343
Volunteer expenses	-	-	-	277	277
Trustees expenses	-	-	-	64	64
Sundries	-	-	-	561	561
Bank charges	-	-	-	274	274
Sub-total	8,467	694,332	227,524	353,016	1,283,339
Allocation of support and governance costs	104	255,704	97,208	(353,016)	-
Total expenditure	8,571	950,036	324,732	-	1,283,339

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

8. Net movement in funds

This is stated after charging:

	2023 £	2022 £
Depreciation	11,841	12,343
Operating lease rentals	41,906	41,906
Trustees' remuneration	Nil	Nil
Trustees' expenses	175	277
Auditors' remuneration:		
▪ Audit (excluding VAT)	4,600	3,500

During the year, trustee expenses relate to DBS checks and training costs for two trustees (2022: DBS checks and conference attendance costs for four trustees).

9. Staff costs and numbers

Staff costs were as follows:

	2023 £	2022 £
Salaries and wages	946,843	945,333
Social security costs	69,023	64,059
Pension costs	39,821	38,353
Agency and self employed staff	41,739	36,032
	<u>1,097,426</u>	<u>1,083,777</u>

One employee earned between £60,000 and £70,000 during the year (2022: one).

The key senior management staff of the group comprise the Chief Executive Officer, the Young Carer Service Manager, Finance Manager, Adult Services Delivery Manager, Business Manager and the Marketing and Communications Manager. The total employee benefits of the key senior management personnel of the group were £202,102 (2022: £182,011).

	2023 No.	2022 No.
Average head count	<u>53</u>	<u>57</u>

10. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

11. Tangible fixed assets

	Fixtures and fittings £	Computer and office equipment £	Total £
Cost			
At 1 April 2022	1,332	40,059	41,391
Additions in year	-	2,853	2,853
Disposals	-	-	-
At 31 March 2023	<u>1,332</u>	<u>42,912</u>	<u>44,244</u>
Depreciation			
At 1 April 2022	488	22,092	22,580
Charge for the year	266	11,575	11,841
Depreciation on disposals	-	-	-
At 31 March 2023	<u>754</u>	<u>33,667</u>	<u>34,421</u>
Net book value			
At 31 March 2023	<u>578</u>	<u>9,245</u>	<u>9,823</u>
At 31 March 2022	<u>844</u>	<u>17,967</u>	<u>18,811</u>

12. Investments

	Listed investments £	2023 £	2022 £
Market value at 1 April 2022	191,726	191,726	181,352
Unrealised gains	(4,561)	(4,561)	10,374
Market value at 31 March 2023	<u>187,165</u>	<u>187,165</u>	<u>191,726</u>

13. Debtors

	2023 £	2022 £
Trade debtors	39,048	5,145
Other debtors	399	491
Prepayments	12,523	10,018
Accrued income	<u>26,406</u>	<u>25,163</u>
	<u>78,376</u>	<u>40,817</u>

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

14. Creditors : amounts due within 1 year

	2023	2022
	£	£
Trade creditors	9,761	16,005
Other creditors	3,382	2,785
Social security and pension costs	16,423	14,821
Accruals	32,324	26,523
Deferred income (note 15)	<u>-</u>	<u>111,233</u>
	<u>61,890</u>	<u>171,367</u>

15. Deferred income

	2023	2022
	£	£
At 1 April 2022	111,233	23,710
Deferred during the year	-	111,233
Released during the year	<u>(111,233)</u>	<u>(23,710)</u>
At 31 March 2023	<u>-</u>	<u>111,233</u>

Deferred income relates to contract delivery invoiced in advance.

16. Analysis of net assets between funds

	Restricted funds £	Designated funds £	General funds £	Total funds £
Tangible fixed assets	-	-	9,823	9,823
Non-current investments	-	-	187,165	187,165
Current assets	269,139	195,385	318,413	782,937
Current liabilities	<u>-</u>	<u>-</u>	<u>(61,890)</u>	<u>(61,890)</u>

Net assets at 31 March 2023	<u>269,139</u>	<u>195,385</u>	<u>453,511</u>	<u>918,035</u>
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Prior period comparatives	Restricted funds £	Designated funds £	General funds £	Total funds £
Tangible fixed assets	-	-	18,811	18,811
Non-current investments	-	-	191,726	191,726
Current assets	579,314	87,828	279,404	946,546
Current liabilities	<u>(111,233)</u>	<u>-</u>	<u>(60,134)</u>	<u>(171,367)</u>
Net assets at 31 March 2022	<u>468,081</u>	<u>87,828</u>	<u>429,807</u>	<u>985,716</u>

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

17. Movements in funds

	At 1 April 2022 £	Income £	Expenditure £	Transfers & gains / losses £	At 31 March 2023 £
Restricted funds					
Age UK Support	-	2,372	(2,372)	-	-
Asset Fund	782	-	(515)	-	267
BCYPS Parent Carer	7,813	22,020	(23,903)	(5,930)	-
Bristol City Council Core	51,571	204,523	(180,669)	(55,345)	20,080
Bristol CCG	27,764	-	-	(27,764)	-
Bristol Tel. Counselling Service	1,518	-	-	-	1,518
Carers in Paid Employment	4,104	-	-	(4,104)	-
Carers Health Strategic work	22,514	229,354	(207,525)	(23,065)	21,278
Covid-19	8,078	-	(4,853)	-	3,225
Covid-19 Core	45,560	-	(30,115)	(15,445)	-
Covid R & S Quartet	4,707	-	(3,355)	-	1,352
Digital Project BCH	18,807	18,807	(7,682)	-	29,932
GP Practice Film	1,445	-	-	-	1,445
NHS Southampton Walk and Talk	149,659	48	(55,561)	-	94,146
Rausing Charity Survival Fund	711	-	(431)	-	280
South Glos Core	-	242,771	(255,851)	13,080	-
South Glos HSF	-	20,000	(6,063)	-	13,937
South Glos Wellbeing Training	292	4,000	(4,322)	30	-
Training (Carers)	3,787	-	(2,839)	-	948
Transformation fund	4,839	-	(366)	-	4,473
Wellbeing Fund	17,587	100,406	(110,113)	-	7,880
West of England Works	14,434	56,637	(78,589)	7,518	-
VCSE Participation funding	-	2,000	(2,000)	-	-
YAC Walk & Talk	2,516	-	-	(2,516)	-
YC Activity Grants	31,115	37,015	(33,235)	(11,403)	23,492
YC Bristol	-	133,492	(140,725)	7,233	-
YC Donations	32,233	17,734	(29,740)	13,919	34,146
YC Donations (Bristol)	4,762	-	(599)	-	4,163
YC Donations (South Glos)	4,276	1,000	(3,155)	-	2,121
YC South Glos Council Core	-	101,100	(105,666)	4,566	-
YC Swimming	5,696	-	(1,002)	-	4,694
YC 13 Up Group	1,511	520	(2,269)	-	(238)
Your Park	-	2,450	(2,450)	-	-
Total restricted funds	468,081	1,196,249	(1,295,965)	(99,226)	269,139

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

17. Movements in funds (continued)

	At 1 April 2022 £	Income £	Expenditure £	Transfers & gains / losses £	At 31 March 2023 £
Unrestricted funds					
<i>Designated funds:</i>					
100+ Club Lottery	16,936	3,125	(5,515)	-	14,546
Carers Contingency Reserve	1,326	-	(1,400)	1,500	1,426
Investment Reserve	38,121	-	(6,832)	-	31,289
Young Carers Zone	465	-	(465)	-	-
Trustee Designated Reserves	5,620	-	(7,298)	1,678	-
Carers Support and Development Reserve	25,360	-	-	99,574	124,934
Website	-	-	(1,810)	25,000	23,190
<i>Total designated funds</i>	<u>87,828</u>	<u>3,125</u>	<u>(23,320)</u>	<u>127,752</u>	<u>195,385</u>
General funds	<u>429,807</u>	<u>57,987</u>	<u>(1,196)</u>	<u>(33,087)</u>	<u>453,511</u>
Total unrestricted funds	<u>517,635</u>	<u>61,112</u>	<u>(24,516)</u>	<u>94,665</u>	<u>648,896</u>
Total funds	<u><u>985,716</u></u>	<u><u>1,257,361</u></u>	<u><u>(1,320,481)</u></u>	<u><u>(4,561)</u></u>	<u><u>918,035</u></u>

Purposes of restricted funds

Age UK Support

Funding to cover the cost of staff time spent on developing the Support Hub Approach.

Asset Fund

Funding towards the purchase of 2 staff bikes (one electric) and associated equipment.

BCYPS Parent Carer

Providing information, advocacy and advice to Parent Carers in Bristol.

Bristol City Council Core

Statutory funding to provide practical and emotional support services to adult carers.

Bristol CCG

To provide one to one support and Carers Groups.

Bristol Tel. Counselling Service

Service developed from the BAB Telephone Counselling pilot project to provide a counselling service to carers over 50 in Bristol.

Carers in Paid Employment

To work with employers to identify and support carers in the workplace.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

17. Movements in funds (continued)

Purposes of restricted funds (continued)

Carers Health Strategic work

To support NHS Bristol embed the carers agenda across primary and acute care.

Covid R & S Quartet

Funding received for additional IT and communications resources over 12 months. This will help CSC offer flexible homeworking in the future, with appropriate IT support, streamline our working practices through increased digitalisation, provide and refine service alternatives for those carers who prefer to access services remotely and/or at a time that's convenient to them – because they cannot leave the person they care for and support staff with digital comms expertise to promote services, raise awareness of carers' needs and provide a voice for carers.

Digital Project BCH

Two year funding for the digital transformation of processes and internal infrastructure to achieve a step change in the organisation's sustainability and performance supporting the health and well-being of carers.

GP Practice Film

Funding received to produce a film to be used in GP Practices and a wider awareness campaign to reach out and identify carers, raise awareness of who a carer is and outline our support services.

NHS Southampton Walk and Talk

Two year funding to run 6 x weekly walk and talk sessions for adult carers in green spaces across Bristol and South Glos to help improve carers health and wellbeing and to reduce isolation. The funding also covers some community development work by the Project Manager to increase the number of carers from under represented communities who are identified and supported by us and primary care.

Rausing Charity Survival Fund

Funding received to contribute towards administration costs for Young Carers activities and Adult Carers training and activities. Also includes funding for five laptops to assist with home working.

South Glos Core

Statutory funding to provide practical and emotional support services to adult carers.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

17. Movements in funds (continued)

Purposes of restricted funds (continued) **South Glos HSF**

Household support funding to provide financial assistance to carers in South Gloucestershire, who are struggling to afford essential items such as energy, water bills, food and clothing.

South Glos Wellbeing Training

Funding received to deliver training courses to SG Adult Carers.

Training (Carers)

Funding received to deliver various training courses and workshops for Adult Bristol Carers.

Transformation fund

Specific funding to transform the delivery of our one to one support to older carers in Bristol.

Wellbeing Fund

A 5 year project to support carers to maintain their health and wellbeing and build resilience through telephone based counselling, befriending and mentoring.

West of England Works

A three year project to support carers back into employment, training or education.

VCSE Participation funding

Funding received to cover the cost of staff time to be involved in strategic conversation and co-production in South Gloucestershire.

YAC Walk & Talk

Funding to deliver Walk-and-talk sessions for young adult carers with the aim to help reduce the negative impact of COVID-19 and the widening of the inequalities in sport and physical activity.

YC Activity Grants

Grants from various sources specifically given to enable young carers to participate in a diverse range of activities and groups. This gives the young carers an opportunity to meet other young carers for a break from their caring responsibilities, have fun and gain new skills.

YC Bristol

Statutory funding to provide practical and emotional support services to young carers.

YC Donations

Donations from various sources specifically given for the benefit of young carers. Transfers have been made to Young Carers South Gloucestershire to cover deficits on those projects.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

17. Movements in funds (continued)

Purposes of restricted funds (continued)

YC South Glos Council Core

Statutory funding to provide practical and emotional support services to young carers.

YC Swimming

To provide young carers with access to swimming lessons.

YC 13 Up Group

Funding received to run groups for South Gloucester teenage young carers. The young carers meet monthly at a local youth centre/church and it gives them a chance to meet other young carers for a break from their caring responsibilities. The young carers have great fun and gain many new skills whilst taking part in a wide range of activities.

Your Park

Funding received to cover the cost of staff time whilst collaborating on the project Parks4All. The project commits to ensuring equal access to nature for disabled people and unpaid carers.

Purposes of designated funds

100+ Club Lottery

Income from the organisations lottery to provide support to carers.

Carers Contingency Reserve

Accumulated funds to support specific carer needs which cannot be funded in the short term from other available resources.

Investment Reserve

Funds set aside by the trustees in anticipation of future, as yet unspecified, projects based approximately on the interest earned each year on bank balances held.

Young Carers Zone

Capital project to provide a dedicated space for young carers and young adult carers.

Trustee Designated Reserves

Funds set aside by the trustees to cover the cost of retendering and the one off recognition payment to staff in the year.

Carers Support and Development Reserve

Funds set aside by trustees to be allocated for specific new project development work and/or to provide interim support for existing work, which may be at risk, whilst awaiting the outcome of continuation funding decisions and to cover the costs of any subsequent employer statutory responsibilities.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

17. Movements in funds (continued)

Purposes of designated funds (continued)

Website

Funds set aside by trustees to cover the cost of redesigning and developing a new website to be launched in 2024.

Transfers

Bristol City Council

As part of a review of our funds, the Board considered the historical surpluses in our work for Bristol CC. With there not being any provision to repay any surplus funds the board took the view that these should be transferred to designated funds to enable them to be used for the benefit of carers.

Young Carers

Contributions towards the salary costs of the YC Activity Co-ordinator were transferred from individual YC activity funds to Young Carers Donations, where the salary costs were allocated.

Website

The board agreed a transfer of funds to the designated fund: Website. This is to cover the cost of redesigning and developing a new website to be launched in 2024.

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

Movements in funds (continued)

Prior period comparatives

	At 1 April 2021 £	Income £	Expenditure £	Transfers & gains / losses £	At 31 March 2022 £
Restricted funds					
Asset Fund	395	764	(377)	-	782
BCYPS Parent Carer	10,355	20,579	(23,121)	-	7,813
Bristol City Council Core	40,572	168,538	(157,539)	-	51,571
Bristol CCG	27,696	22,026	(21,958)	-	27,764
Bristol Tel. Counselling Service	1,522	-	(1,504)	1,500	1,518
Carers in Paid Employment	5,604	-	-	(1,500)	4,104
Carers Health Strategic work	14,764	214,100	(206,350)	-	22,514
Covid-19	4,622	8,662	(5,206)	-	8,078
Covid-19 Core	-	78,043	(32,483)	-	45,560
Covid R & S Quartet	9,800	-	(5,093)	-	4,707
CT Death Café Project	377	(377)	-	-	-
Digital Project BCH	-	18,807	-	-	18,807
GP Practice Film	4,319	-	(2,874)	-	1,445
NHS Southampton Walk and Talk	-	149,659	-	-	149,659
Rausing Charity Survival Fund	2,138	-	(1,427)	-	711
South Glos Core	-	243,484	(253,685)	10,201	-
South Glos Wellbeing Training	391	4,000	(4,099)	-	292
Training (Carers)	693	8,614	(5,520)	-	3,787
Transformation fund	4,900	-	(61)	-	4,839
Wellbeing Fund	18,567	105,817	(106,797)	-	17,587
West of England Works	5,751	101,077	(92,394)	-	14,434
YAC Walk & Talk	5,267	-	(2,751)	-	2,516
YC Activity Grants	20,042	26,015	(14,933)	(9)	31,115
YC Bristol	-	133,497	(156,439)	22,942	-
YC Donations	31,549	16,164	(15,971)	491	32,233
YC Donations (Bristol)	4,672	173	(101)	18	4,762
YC Donations (South Glos)	5,097	2,426	(3,247)	-	4,276
YC in Education	-	300	(5,220)	4,920	-
YC South Glos Council Core	-	101,100	(114,241)	13,141	-
YC Swimming	6,261	-	(565)	-	5,696
YC 13 Up Group	3,482	-	(1,971)	-	1,511
Total restricted funds	228,836	1,423,468	(1,235,927)	51,704	468,081

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

17. Movements in funds (continued)

Prior period comparatives (continued)

	At 1 April 2021 £	Income £	Expenditure £	Transfers & gains / losses £	At 31 March 2022 £
Unrestricted funds					
<i>Designated funds:</i>					
100+ Club Lottery	15,268	3,461	(1,793)	-	16,936
Carers Contingency Reserve	1,476	-	(150)	-	1,326
Investment Reserve	44,805	-	(6,684)	-	38,121
Young Carers Zone	1,027	-	(562)	-	465
Trustee Designated Reserves	-	-	(26,526)	32,146	5,620
Carers Support and Development Reserve	76,564	-	-	(51,204)	25,360
<i>Total designated funds</i>	<u>139,140</u>	<u>3,461</u>	<u>(35,715)</u>	<u>(19,058)</u>	<u>87,828</u>
General funds	<u>444,673</u>	<u>19,103</u>	<u>(11,697)</u>	<u>(22,272)</u>	<u>429,807</u>
Total unrestricted funds	<u>583,813</u>	<u>22,564</u>	<u>(47,412)</u>	<u>(41,330)</u>	<u>517,635</u>
Total funds	<u>812,649</u>	<u>1,446,032</u>	<u>(1,283,339)</u>	<u>10,374</u>	<u>985,716</u>

18. Financial instruments at fair value

	2023 £	2022 £
Financial assets measured at fair value	<u>187,165</u>	<u>191,726</u>

Financial assets measured at fair value comprise listed investments.

19. Operating lease commitments

The charity had operating leases at the year end with total future minimum lease payments as follows:

	2023 £	2021 £
Amount falling due:		
Within 1 year	19,460	38,195
Within 1 - 5 years	<u>2,455</u>	<u>28,097</u>
	<u>21,915</u>	<u>66,292</u>

The Carers Centre (Bristol & South Gloucestershire)

Notes to the financial statements

For the year ended 31 March 2023

20. Related party transactions

Andrew Bell was also a trustee of Southern Brooks Community Partnerships. In the year ending 31 March 2023, the charity received £6,000 from Southern Brooks Community Partnerships (2022: £4,000) for delivery of the South Glos Wellbeing Training project. There were no amounts outstanding at the year end (2022: £nil).

The trustees are not aware of any other related party transactions in the current or prior year.