

# **Manor Gardens Welfare Trust**

(A Company Limited by Guarantee and  
Registered Charity No. 1063053)

## **TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**Year ended 31<sup>st</sup> March 2023**

***Making the difference for over 100 Years***

Company No. 3386929

# Manor Gardens Welfare Trust

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Year ended 31<sup>st</sup> March 2023

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# Manor Gardens Welfare Trust

## REFERENCE AND ADMINISTRATIVE DETAILS

Year ended 31<sup>st</sup> March 2023

### Legal and Administrative Details as at 31<sup>st</sup> March 2023

**Status:** Manor Gardens Welfare Trust ("the Company" or "the Charity") is a charitable company limited by guarantee. The current charity was incorporated on 13<sup>th</sup> June 1997, and registered with the Charity Commission.

**Background:** The activities of the Charity were originally carried out by an unincorporated association, Manor Gardens Community Trust (MGCT), registered under the Charities Act 1960 on 16<sup>th</sup> October 1985. The North Islington Infant Welfare Centre (NIIWC) ran the Manor Gardens Centre prior to MGCT being set up. In 1997 the NIIWC and MGCT merged and the new charitable company Manor Gardens Welfare Trust (MGWT) was formed. NIIWC and MGCT have been removed from the Charity Commission register.

#### Trustees and Directors:

Allan Sutherland, Chair (retired March 2023)  
Crystal Rolfe, Chair (commenced March 2023)  
Pardeep Bhatti ACA, Treasurer  
Inara Khan (retired, December 2022)  
Nicholas Tait  
Ruth Morrison  
Jeffrey O'Brien  
Iris Tuechter

#### Senior Management Team:

Katy Porter, BEM, Chief Executive Officer/Company Secretary (resigned, July 2022)  
William Meghoma, FFA, FIPA, FCCA, Acting Chief Executive Officer (August – November 2022)  
Hekate Papadaki, Chief Executive Officer, (appointed November 2022)  
William Meghoma, FFA, FIPA, FCCA, Director of Finance and Administration  
Felicity Ford, Director of Fundraising and Development

#### Registered Office and Operational Address:

6-9 Manor Gardens, London N7 6LA

#### Company Number:

3386929

#### Charity Number:

1063053

#### Senior Statutory Auditor:

Anthony Daniel Armstrong FCA  
of Armstrong & Co  
Chartered Accountants & Statutory Auditors  
4A Printing House Yard  
London E2 7PR

#### Solicitors:

Russell-Cooke  
2 Putney Hill  
London SW15 6AB

#### Bankers:

HSBC plc  
312 Seven Sisters Road  
Finsbury Park  
London N4 2AW

Barclays Bank plc  
403 Holloway Road  
London N7 6HL

COIF Charities Deposit Fund  
Senator House  
85 Queen Victoria Street  
London EC4V 4ET

### ANNUAL REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

#### Objectives and Activities

##### Objectives:

The Charity is established for the following purposes, having regard to equality and diversity amongst and for the benefit of service beneficiaries:

- To relieve the needs arising from financial hardship, sickness, disability and old age.
- To advance education.
- To promote mental and physical good health.
- To provide assistance to children and young people who are in need of care and attention arising from their youth.
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The term 'service beneficiaries' refers to all those in receipt of services and support from MGWT, who are predominantly resident in London, and include individuals, families and community groups.

**Governing Document:** Manor Gardens Welfare Trust was established under a Memorandum of Association, which established the objects and powers of the organisation. It is governed under its Articles of Association. The charitable objects were reviewed by the Board of Trustees during 2011 and the revised objects were approved by the Charity Commission in September 2011.

#### Our Vision

The vision of the organisation is to build strong communities where all people have good health, resilience, and opportunity.

#### Our Purpose

**Early intervention and prevention:** we prevent the escalation and deepening complexity of difficulties experienced by people which impact upon their life opportunities, health, and wellbeing.

**Community-driven approaches:** we understand and work alongside people to develop our work and expertise in person-centred interventions for diverse communities from childhood to adulthood.

**Learning and development for impactful response:** we inform and develop our work and influence and effect wider system change and practice.

We continue to work with people of all ages and all communities, with a particular focus on those that experience identified barriers and difficulties in accessing support and services including language barriers and socioeconomic disadvantage.

For this purpose, we maintain community hubs in Islington, and develop service offers to reach into a wider geographical area, based upon knowledge of need and solutions.

#### Overview:

Manor Gardens Welfare Trust (MGWT) continues to support local communities with diverse and emerging needs, an approach we have been taking since we were founded in 1913. During 2022/23 we reached a total of 2,687 community members across all services.

From our bases in the London Borough of Islington we identify need, appropriate responses and deliver services to support and have impact for individuals and local communities across London, and at times, into regional areas. In partnership with individuals, communities and other voluntary and statutory agencies and services we collaborate to identify potential and existing gaps in provision and where there may be unmet and additional need. We see strength in the diversity of our service offer, recognising that the communities we support reflect this diversity, and for many MGWT is a first point of access when seeking help.

In the past year, MGWT has adeptly responded to the various challenges facing our communities. Our commitment ranges from supporting early childhood programs to assisting vulnerable and isolated individuals. We prioritize the welfare of those most in need, such as refugees, newly arrived communities, children, young people, families, and adults—particularly those facing socioeconomic disadvantage and health concerns. During the recent cost of living crisis, MGWT launched initiatives in 2022/23 to offer warm spaces for those affected by rising utility costs and began serving hot meals in numerous services, including our new youth program and various weekly events.

Our work with partners, commissioners and funders across London Boroughs continues to consider how we can connect people to the support and services needed at the right time and in the right way, reducing barriers and duplication, and harnessing the strengths and innovation that grows from our local communities and partnerships. During the year, we delivered the following services:

### Community Services

- We built on our outreach work which raised awareness of mental wellbeing to focus particularly on starting relevant conversations with Islington's diverse communities through activities, information groups and individual therapy. This breaks down the stigma of mental health by talking about wellbeing in culturally appropriate ways and adapting messaging to suit different communities.
- We continued to deliver our weekly food co-operative offer for local residents.
- We developed a youth service for young people aged 11 – 14 facing exclusion and socioeconomic disadvantage. The service is based on the Andover community estate and has been very popular, visited by 30 – 40 young people per week.
- In response to the cost-of-living crisis we opened up our centre to offer a warm space and a hot meal to local residents struggling with the cost of utilities over the winter months.

### Starting Well Services

- Building on from our work in maternity and early parenthood, we have developed our interactions with families to provide holistic wellbeing support following the birth of a new child, and onwards with children of all ages.
- We support refugee and migrant families through our specialist bilingual staff who represent and understand our local communities and can support with navigating services and systems to enable people to integrate more fully into the community.
- We captured learning from six years of supporting pregnant women and new mothers from refugee and migrant backgrounds into a best practice report for professionals working with this target group. The report was commissioned by Public Health and included extensive research and stakeholder engagement.

### Living Well Services

- We support people to manage their own health and wellbeing so they can maximise their independence. We work with people with long-term health conditions which impact on their daily living and choices in their lives, as well as stroke survivors and people with complex health needs so that they can continue living independently for longer.
- Finding help quickly and easily is vital to people's wellbeing. Created quickly in the pandemic our Single Point of Access, with a central phone number and email address, is easy to use for referrers and residents and enables residents to be assessed and triaged effectively and get help quickly. This is being developed with partners across Islington to help professionals in health and social care connect people to the services and support they need efficiently.
- We offer early intervention and prevention, signposting and referrals to partners, in-depth casework and social prescribing.

### Policy and Campaigning

- We directly support women who have experienced Female Genital Mutilation (FGM), and campaign widely to prevent this harmful practice. Our Dahlia Project continues to offer therapeutic groups and a safe space for women who are survivors of FGM, alongside one-to-one advocacy, empowerment and

peer support groups. Our national awareness raising and preventative work is initiated from the experiences of the women we support.

- Manor Gardens has chaired the Islington Food Partnership, a coalition of community and statutory partners interested in reducing food poverty and food waste, for three years. It has led the growth of food co-ops in the borough as well as setting the strategic direction of food stability and sustainability for Islington.

### Early Years Services

Our services at MGWT have always focused on children as well as adults. We believe that education and play can promote health and wellbeing at an early age and provides the best start in life, and has been critical to ensure developmental milestones, emotional wellbeing, and safeguarding of many children at this time.

- Manor Gardens Nursery, provided early year's education to children between the age of 2-5years within Islington in accordance with the Early Years Foundation Stage (EYFS).
- Hornsey Road Children's Centre, from which we delivered early year's education and childcare for children from the age of 9 months–5 years, brings together our early years statutory partners to give children the best start in life within the local Borough's Bright Start offer.

At the end of 2022/23 we had to take the difficult decision to end our early years provision after 70 years. Islington has had an oversupply of Early Years spaces for the past two years leading to low levels of occupancy across our settings. Management of HRCC was transferred to another provider at the end of March 2023 while our Manor Gardens Nursery will stop operating at the end of the academic year.

### Partnership

Manor Gardens Welfare Trust is a leading organisation in the voluntary and community sector in the London Borough of Islington, in which we are based. Our leadership of the sector continued to be key during the cost-of-living crisis. Our leadership and partnership working enabled us to lever funding and resources to deliver services to respond to the emerging and escalating need.

As the chairing organisation for the Islington Food Partnership we leveraged funding from corporate partners to fund 26 grass-roots food aid organisations in Islington to respond to the growing food insecurity during the cost-of-living crisis.

Working with Islington Council, Age UK and Help on Your Doorstep we continued to deliver the Central Point of Access system to enable people working in Adult Social Care to make referrals directly to our organisation for triage and onward referral, simplifying referrals and ensuring people received appropriate help in a timely fashion.

We are represented on a wide range of forums and for some areas of our work this extends more broadly into neighbouring Boroughs and across London. These include:

- Islington Health and Wellbeing Board, Islington Fairer Together Partnership Board (including strategic and delivery groups), Islington All-Age Mental Health Partnership Board, Islington Early Years Partnership Board, Bright Start Early Childhood Area Partnership (ECAP), Bright Start Private, Voluntary and Independent (PVI) Forum, London FGM Forum, Newham FGM Forum, Maternity Voices (North London), Camden – Best Start in Life, Camden Perinatal Mental Health Forum, Time to Change Islington, and the Islington Food Partnership.

As a charity, we are members of the Association of Chief Executives of Voluntary Organisations (ACEVO), the National Council of Voluntary Organisations (NCVO), Voluntary Action Islington (VAI), Charity Finance Group, and Institute of Fundraising and maintain access to information, newsletters and advice within the sector.

In addition to our attendance and participation, we also directly host and chair forums which develop opportunities for strategic and operational dialogue and the sharing of knowledge, expertise and practice. Examples are Health Exchange, developed with Islington Council and Islington CCG, the North Locality Leadership Team, to develop integrated health and social care provision in North Islington and the Islington Food Partnership.

These assist in bringing organisations and people together to improve the delivery and commissioning of services, and to make connections and work in partnership.

### Co-location

Manor Gardens Welfare Trust operates from buildings at numbers 6-9 Manor Gardens, London N7 6LA, of which it owns the freehold. As an organisation we recognise the importance of community places to assist community members when seeking services and help. Our buildings enable us to further generate a partnership approach through our position as landlord to currently fourteen organisations, which includes other charities, organisations and services responding to local communities.

Our buildings enable the development and delivery of a hub of community-focused services. Our community friendly reception space, developed during the pandemic, is now being used for joint activities and enables us to further our partnerships with external partners as well as providing a community hub in the North of Islington.

The Charity also leases the ground floor and basement of 10 Manor Gardens, part of the Beaux Arts Building. The lease expires in 2027. The space within these buildings is used by MGWT to deliver its services and assists in hosting other health and wellbeing organisations, including sessional meeting space for similar groups.

### Our beneficiaries

Our services support people in different ways:

- **Advocacy and one-to-one support** for service beneficiaries for help from a specific service. Following assessment from our frontline staff, a focused programme or plan of support inclusive of individual and/or group interventions is determined with the beneficiary. This ranges from help reading letters and filling in forms, to in-depth advocacy and casework on housing, benefits, immigration, and domestic violence. Others need help finding the right organisation to support them and we signpost and enable them to access these services.
- **Early years support** for children from nine months to five years old is provided through contracted places in our two nurseries for education and childcare.
- **Youth work** for young people aged 11 – 14 who are not currently accessing other services. Our young people experience intersections of disadvantage.
- **Community activities and events** engage with service beneficiaries on a regular basis for social interaction and wellbeing support. This provides a safe space and facilitates trust and often enabling further help as needed.
- **Information workshops** delivered to volunteers, professionals, carers, and community members to increase understanding and awareness of particular issues and generate community responses.
- **Therapeutic support** for individuals and groups to improve their wellbeing.

Our services particularly support the diverse communities of Islington but also replicate our services and support into the neighbouring North London boroughs, Newham, and more widely across London.

Throughout 2022-23, we supported 2,247 people directly through one-to-one casework, support, engagement in health and wellbeing activities and in our youth work and early years provision. In addition, we delivered 11 events through our Islington Food Partnership attended by 420 individuals including local community members, people experiencing homelessness, people living with disabilities, and people with NRPF status; 80 local businesses; several councillors; VCS sector workers; health workers, council staff; grassroots activists; children; community gardeners and MP Jeremy Corbyn. We worked with 90 volunteers.

### Staff and volunteers

Manor Gardens Welfare Trust has 61 employees, 33% of whom are full time and 67% part-time, representing 41.5 full-time equivalent staff. In addition, 4 sessional staff support the staff team in the delivery of our services.

We are committed to employing and retaining high quality, skilled staff through effective recruitment, management, training, support and involvement in the organisation, and recognise that only by doing so can we provide excellent services with impact. We value and welcome diversity and our staff reflect the wide diversity of the communities we serve. Equal opportunities and accessibility are central to all we do.

- 59% of staff are from Black, Asian and other Minority Ethnic groups (BAME), 17% of staff from white–other Ethnic groups, and 24% of staff are white–British.
- 85% of staff are female, and 15% are male.
- 16% of staff are aged 18-34 years, 64% are aged 35- 54 years, 20% are aged over 55 years.

We are committed to providing local employment opportunities and are aware of challenges in our local area regarding access to employment and continue in our commitment to working with local partners to address this.

Our services are supported every week by a dedicated team of trained and experienced volunteers, who undertake outreach, peer mentoring, befriending, and assisting our emergency response throughout the pandemic. We greatly value the input and support of all our volunteers who reflect the diversity of our local communities, and many of whom have been recipients of our services in the past or are local residents.

### **Organisational Structure**

The Chief Executive Officer (CEO) reports directly to the Board of Trustees. The Senior Management Team comprises of the CEO, the Director of Finance and Administration, and the Director of Fundraising and Development.

### **Structure, Governance and Management:**

Manor Gardens Welfare Trust governs through its Memorandum and Articles of Association. The Articles of Association were updated in 2011 and approved by the Charity Commission in August 2011.

The Charity's governing body is the Board of Trustees, whose members are trustees under charity law and directors of the Company for the purposes of Company Law. New trustees/directors are elected at a General Meeting of the Board for a period of three years. They can serve for two terms i.e. six years, with provision for a further term if elected Chairperson. There has been a change of Chair during the year 2022/23 after our Chair reached the end of his tenure. A further board member retired. At year end, the Board comprised of six trustees. Four new trustees were recruited during the year though their appointment was finalised in 2023/2024 and are, therefore, not included in the final count of trustees for 2022/23.

As directors of the Company, the Trustees each guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of a winding up. Trustees have no beneficial interest in the Company. There are no known conflicts of interest and these are requested and recorded through an annual declaration, and updates requested at each Board meeting. Any declared conflicts of interest would be recorded; these would then be monitored and managed as necessary.

The Board is confident that the Charity conforms to and is compliant with the Charity Commission's guidance, 'The essential trustee: what you need to know, what you need to do' (July 2015), and works under the Charity Governance Code (2018) supported through our membership of National Council for Voluntary Organisations and ACEVO.

### **Trustee Recruitment and Training**

Trustees are recruited by various means, and in consideration of the latest Board appraisal, reflecting the skills of the Board and the requirements of the Organisation, and uses open and transparent recruitment practices. Advertising positions via our website extends to the recruitment of trustees, as well as utilising the initiatives and support of partners. This has included the BoardMatch66 process, initiated by the Big Alliance, to broker links between corporate partners and staff of these companies with an interest in local charities and trustee positions.

All prospective trustees meet with the Chair and the CEO to discuss their application, and if all is satisfactory following meeting and recruitment checks, their appointment is put to the Board. Any appointment is ratified at the subsequent Annual General Meeting. All appropriate checks are completed to assure that prospective and current trustees are not barred from taking up positions, including guidance on automatic disqualification rules issued in 2018. Declaration is signed confirming their suitability to serve.



Each new Trustee is inducted into their role and the Organisation, through provision of information and time with our staff and services, and one-to-one session with the CEO, Chair and fellow trustees, and SMT members. The Charity Commission's guidance, 'The essential trustee' is the basis of our briefing into the role and is provided to all. A comprehensive induction pack which contains information about the history of the Manor Gardens Welfare Trust, details of Tenant Groups based at our premises, copies of the Memorandum and Articles of Association, a copy of all Centre policies on disc, a copy of the most recent Annual Accounts and Annual Review is provided.

The Board regularly conducts review of trustees' skills and an appraisal of Board effectiveness, led by the Chair. Where this review identifies skills shortages, this is addressed by training and/or the recruitment of new trustees. On an annual basis the Chair reviews the performance of the trustees against the list of their main responsibilities.

The Board seeks to represent the diversity of our wider society through its membership, and this is a further consideration in our annual review and recruitment. The Organisation's policy statement on Equality, Diversity and Inclusion extends to and is reflected in the principles and performance of the Board.

- 44% of trustees are from Black, Asian and other Minority Ethnic groups (BAME), 56% are white British or from white-other Ethnic groups.
- 56% of trustees are female, and 44% are male.

### **Board Processes and Decision making**

In 2022/23, the full Board met five times during the year to set strategic direction and to review the performance, compliance, and finances of the Charity. These meetings were agreed to be held remotely and online, and this continued throughout the year. The CEO, the Director of Finance and Administration and the Director of Fundraising and Development were in attendance at all meetings, as well as the Senior Management Team (SMT).

### **Strategy review**

In reaching decisions the Board is guided by the five-year Organisational Strategy 2020-25. This was reviewed and updated in 2019-20 following consultation with beneficiaries, staff, partners and Trustees, and approved in December 2019. The strategy now informs strategic goals and the annual business plan, assuring progress against targets and milestones in compliance with the strategy.

Operational and day-to-day decision making is delegated to the CEO and the staff team. Major new initiatives are considered with the Board for approval. Trustees receive in advance of each Board meeting comprehensive and detailed written reports from the CEO, the Director of Finance and Administration and the Director of Fundraising and Development. These reports describe activities of the Charity, and inform in order to plan for growth, stability, and future planning. Quality assurance, safeguarding, and risk management are essential considerations of the Board. Annual reports related to Safeguarding, Health & Safety, and Human Resources present related data and activity throughout the year, and comparisons year-on-year, enabling depth of understanding and consideration of trends.

The trustees receive in advance of their meetings copies of the most recent management accounts, along with notes on variations between budgeted and actual expenditure. At the meetings the Director of Finance and Administration will guide the Trustees through these documents.

The Board scrutinises these documents against agreed targets and budgets to assess the performance of the Charity in achieving its charitable objectives to a high standard and cost effectiveness. The Trustees also maintain up-to-date understanding of relevant legislation through external activities, training and information exchange, and by taking legal advice when necessary.

### **Risk Management**

Potential areas of risk to the Charity are identified, recorded and reviewed by the Board at every Meeting, assisted by the Senior Management Team. The Risk Register incorporates financial, operational risk and external risk, assessing likelihood of occurring, impact, and mitigation to reduce likelihood and the impact. Whilst recognising that no organisation can ever be risk free, the Board of Trustees consider that the range of measures and controls in place have reduced to an acceptable level the various risks faced by Manor Gardens Welfare Trust.

### Impact and Performance:

In 2022/23, we have developed services and opportunities consistent with our Mission Statement and Objectives, and continue to set ourselves the following objectives in achieving our Organisational Strategy 2020-25:

1. **Access for all** - we will ensure people can find us and the services available to them and actively work to break down barriers people face in society.
2. **Impact for all** – we will continue to develop service models and approaches which address gaps and respond to need, based on an understanding of people and communities.

### Starting Well Services

Supporting the whole family before and following the birth of a child significantly improves wellbeing for all. Our Starting Well Service has broadened its scope from supporting women during pregnancy and birth to providing comprehensive and accurate information, peer support and in-depth, and often complex casework for the whole family. Lottery funding for our Bright Beginnings service came to an end in the previous year and as a result we had to downscale operations. However, we secured statutory funding to enable us to continue providing a downscaled Starting Well service.

Our focus remains in supporting refugee and migrant families, with our bilingual staff providing both first language and English-speaking support. Our staff and volunteers speak and represent the Somali, Russian, Bulgarian, Arabic, Italian, Albanian, and Turkish communities. We delivered 559 drop-in and group clinics engaging 613 clients in services. We were supported by 24 volunteers.

### Living Well Services

We work with all ages and all sections of the community providing information and advice, welfare support and opportunities to increase social connectedness, improved health, emotional wellbeing, and practical interventions and advice. We are flexible in the way we work and aim to resolve people's issues through early intervention and prevention of escalation and crisis, when possible. We aim to reduce pressure across the health and social care sector, working in partnership with GPs and social workers, and our support seeks to address issues that can impact on the quality of day-to-day life. This can include help with welfare benefits, housing applications and referrals to specialist agencies. Our in-depth case work supported 884 clients, with 240 of them being new referrals. We were supported by 25 volunteers.

We continued to support housebound and elderly people with telephone befriending and began telephone support groups for those who couldn't access online activities.

Our **Social Prescribing Link Worker**, joined other organisations in the borough supporting GP practices, and integrated our offer with Help on your Doorstep. Patients are provided with non-clinical support to improve their wellbeing, and access to a wide range of activities and opportunities.

Our **Therapeutic services** continue to grow, providing support to 238 people in individual counselling sessions, which included 90 clients in our Dahlia psychotherapy service for survivors of FGM.

### Cloudesley Partner

We continue to be a Cloudesley Partner, providing small welfare and catalyst grants to clients who live in Islington, are ill and who live in poverty. The welfare grants have enabled clients to top up their phones, purchase essential clothing and furnishings, buy a laptop to study and other small interventions that have improved their daily living and wellbeing. We also provided Catalyst grants supporting people to pursue aspirations that can improve their future development or their health and wellbeing, including purchasing arts material, pursuing training courses or attending sports classes. In total, we were able to distribute 25 individual grants over the year totalling £13,172.

We were able to provide 157 large Christmas food hampers to clients from all of our services this year. We received £3,250 from the **Local Initiative Fund** to provide the hampers and are grateful to our local councillors for their continuing support.

### Communities

Our Communities team offered a range of community and wellbeing events over the year. We put on three coffee mornings a week, gentle exercise and yoga, conversation café, LGBTQ+ support group, art classes and other wellbeing activities as well as large-scale events such as community meals and trips. They were able to put on 364 separate activities engaging a total of 351 clients, many of whom attend activities on a weekly basis.

### Policy and Campaigns

Raising awareness and prevention of female genital mutilation (FGM) has been a key part of our work for many years. We continue to utilise all channels of communication to end harmful practice and for this to be considered a priority and concern for all in our society. The **Dahlia Project** continues to provide specialist therapy for women who have experienced and are affected by FGM and worked with 90 women this year. Increasingly, we provide holistic advocacy and support for these women alongside therapy, including access to support grants to provide both the basics in their lives but also the possibility of change and empowerment; this could relate to study and further education. Our work with NHS England, and both London North West University Healthcare NHS Trust and Barts Health NHS Trust, has continued in the two North London multidisciplinary FGM clinics into which we contribute counselling services. Our counselling provision has continued throughout the year, both through online contact and face-to-face sessions.

We are extremely grateful to the **Dovedale Foundation** and an anonymous trust for their ongoing support, particularly as statutory funding is increasingly limited in focus on this area of need.

Our partnership with Hestia in the London Borough of Newham continues, commissioned by the Local Authority as part of the response to tackling violence against women and girls. It raises awareness of FGM, supports women affected by FGM by working with and into communities, and trains professionals to recognise risk related to FGM and further understand this practice and the support that is needed by those affected, and seek to end FGM.

### Our Early Years Education and Childcare

At both **Manor Gardens Nursery** and **Hornsey Road Children's Centre**, we provided environments that are inviting, stimulating and safe, where children could take part in and enjoy learning experiences which are both interesting and challenging to them. We recognise that all children are individuals and we provide a curriculum, in alignment to the Early Years Foundation Stage (EYFS), which meets the needs of each child. Our Nursery settings give children aged nought to five a varied and imaginative play experience, delivered by staff who have an excellent knowledge of how children learn. We provided cosy, intimate settings laid out with different learning and play areas. Our staff encourage children of different ages to play together which reduces the stress of transitioning to other play areas as a child gets older. A total of 74 children attended our Early Years settings in the course of the year.

- 3. Efficient and accountable operations** – we will deliver effective and robust management and finance systems with the ability to adapt in response to external change in the sector.

Manor Gardens Welfare Trust has a diverse income profile, securing funding for services commissioned by both Local Authority and Clinical Commissioning Groups (CCGs), charitable grants and trusts, and individual donors. In addition, unrestricted income is generated through the longer-term lease with 14 tenant organisations and short-term lettings of our premises, enabling the upkeep and investment in our owned property and support of the infrastructure and sustainability of the Organisation, as well as partnership delivery.

Local Authority and CCG commissioned services were delivered in three London Boroughs; Camden, Islington, and Newham. Our work with the NHS was funded by Islington GP Federation, Whittington Health, London North West University Healthcare NHS Trust and Barts Health NHS Trust. Our Early Years settings are contracted with London Borough of Islington.

We continue to receive food donations from The Felix Project.

All fundraising activity is carried out by MGWT staff and no professional or commercial fundraisers have been involved in fundraising. All fundraising is overseen by the Director of Fundraising and Development, a member of the Institute of Fundraising who abides by its code of conduct. MGWT has fully complied with fundraising standards and regulation, and received no complaints regarding our fundraising activities.

We continue to review our income streams, particularly when operating in an environment where there is continued demand and need alongside decreasing resources. We always seek to provide the most efficient services with maximum impact and value, considering effective service models, replicability and relevance to beneficiaries and communities.

- 4. Our people** – all who work with us will continue to be recognised as our biggest asset in achieving our vision and mission and therefore we will support, develop, and value all in their contribution.

Our committed staff team are essential to our ability to deliver our vision of promotion of health, wellbeing, and social inclusion for the benefit of all, recognised as the organisation's biggest asset. We continue to strive to be an excellent employer, recognising the challenges and limitations that can be in place as a small charity and organisation, and adopt sector norms in terms and conditions of employment and aim to exceed these where possible. We continue to review our approach to valuing staff and ensuring they are working in an environment in which they are supported and developed.

We continue to contract Roots HR in the provision of HR Consultancy to provide additional capacity, resource, and expertise in our employment and management of staff, and assurance in meeting our legislative requirements and provision of policy framework as an employer.

- 5. Partnerships** – we will be more effective, have greater impact, and achieve better outcomes when working with others, and we will continue to actively seek collaboration.

Partnership is essential to the success of our delivery and the effectiveness of our mission to help people change their lives for the better. We cannot achieve sustainable change and impact by working in isolation. We engage, participate and influence in many different ways, including:

- Manor Gardens led delivery and development of Health Exchange.
- Manor Gardens chairs the Islington Food Partnership, a coalition of over 180 local VCS organisations, businesses, council and health representatives working together to ensure access to healthy and sustainable food for all in the borough.
- Manor Gardens participates in the North Locality Leadership Board. We chaired the board until June 2022 when the position was handed over to a VCS partner during the transition period for the recruitment of our new CEO.
- Manor Gardens is a founding member of the Bright Lives Alliance working together to set out a blueprint for a person centred early support offer across the borough.
- Representation and meetings with local Councillors take place throughout the year.

### ***Health Exchange***

Hosted by Manor Gardens Welfare Trust, delivered in partnership with Islington CCG, and commissioned by London Borough of Islington, Health Exchange represents our commitment to an integrated approach to improving the health and wellbeing of Islington residents.

### ***Islington Food Poverty Alliance***

MGWT chairs Islington Food Poverty Alliance, a coalition that has now grown to over 180 member organisations and individuals from the VCS, Islington Council, health services, local funders, businesses, schools, Early Years settings, and mutual aid groups. MGWT led the process to develop and publish Islington's first Food Poverty Action Plan, and facilitate the delivery and partnership work to ensure the success of this ambitious and wide-ranging Action Plan.

An example of the Alliances' success was the development of Islington's ambitious five year food strategy, launched in February 2023 and leveraging funding from Google to support 26 grass-roots food aid initiatives in the borough. The IFP was granted Bronze status in the prestigious Sustainable Food Places Awards during the year.

### **Future Plans:**

**Initiatives and integrated working continues, to continue to address inequalities impacting the health and wellbeing of individuals and within our communities.**

**We will continue to outreach into communities whilst also offering a safe and accessible co-location space working with similar organisations and charities, and as an asset to the local community. We recognise the importance of place and how people can come together, support one another, and have the best opportunities in life, addressing challenges in society today. To this end, we are planning a partnership with Islington Council for the development of the North Access Islington Hub, a one-stop-shop for early intervention and prevention services for Islington residents.**

**We will continue to invest in people and communities to enable delivery of our Strategy, providing access, impact, and a place where people can feel welcomed, supported and valued.**

More information about our current services and developments for the Charity can be found on our website at [www.manorgardenscentre.org](http://www.manorgardenscentre.org)

### FINANCIAL REVIEW AND RESULTS FOR THE YEAR ENDED 31ST MARCH 2023

The Statement of Financial Activities (SoFA) including an Income and Expenditure account set out on page 18, shows total income of £1,964,372 (2022: £2,102,923) and total expenditure £2,218,107 (2022: £2,011,908). This resulted in net deficit of £253,735 (2022: surplus £91,015). The large deficit was due to loss of revenue at our two early year settings. This was because of low number of children at our nurseries after the pandemic.

### RESERVES POLICY

The Board has a long-term policy of increasing both the Revenue and Building Refurbishment Reserves (see note 11 to the accounts) to ensure that fluctuations in future income do not threaten the financial stability of the organisation. The uncertainties include grants from statutory bodies and rental income.

**Revenue Reserve:** The Revenue Reserve is needed to provide funds which can be made available for specific projects, and to assist with unforeseen economic events.

The Trustees believe that the level of this reserve should be gradually increased to the equivalent of three months' total expenditure calculated and reviewed annually. The reserve is being built up to the desired level in stages consistent with the Charity's overall financial position and its need to maintain its activities. The current level of this reserve is £228,291 compared with three months' total expenditure of £554,527 (this amount is higher due to the HRCC contract) based on the audited accounts.

**Building Refurbishment Reserve:** The Board's policy is to build up the Building Refurbishment Reserve, to £260,000, which equals 4% of the estimated value of the freehold premises (£6.5million). The purpose of this reserve is for the refurbishment of, and cyclical maintenance work on the Charity's premises. The Trustees expect to achieve this level of funding by a combination of specific donations, grants and transfers from general reserves. At the year end this reserve stands at £246,924.

*General funds* (see note 11 to the accounts) are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds. The current level of Undesignated funds is £179,642.

*Restricted Capital funds* (see note 12 to the accounts) comprise a building asset fund, a fixed asset fund and other grants fund. The building asset fund represents the original cost of, and initial improvements made to the Charity's original freehold premises; whereas the fixed asset fund represents the cost of assets funded by grants. The current level of the combined Capital funds is £544,028.

The policies for and levels of these reserves will continue to be monitored by Trustees on an annual basis. Further analysis of the reserves of the Charity can be found in notes 11 and 12 to the financial statements.

### INDEPENDENT AUDITORS

The statutory auditor, Anthony Daniel Armstrong FCA of Armstrong & Co, has indicated his willingness to be proposed for re-appointment in accordance with Section 485 of the Companies Act 2006.

### STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

The trustees who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the charitable company's auditor is unaware, and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the Charities SORP FRS 102 (effective 1 January 2015) and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

# Manor Gardens Welfare Trust

## TRUSTEES' REPORT

Year ended 31<sup>st</sup> March 2023

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The trustees have determined that the charitable company be audited under the Companies Act 2006 for the year ended 31<sup>st</sup> March 2023 and for future years. The charitable company would also be required to be audited under charities legislation for the year ended 31<sup>st</sup> March 2023.

The trustees acknowledge and confirm their responsibilities for preparing the financial statements as detailed in the Statement of Trustees' Responsibilities set out on page 14.

Approved and authorised for issue by the Trustees on 13<sup>th</sup> October 2023 and signed on their behalf by:

*Crystal Rolfe*

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Crystal Rolfe, Trustee

*Pardeep Bhatti*

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Pardeep Bhatti ACA, Trustee

# Manor Gardens Welfare Trust

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

For the year ended 31<sup>st</sup> March 2023

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The trustees (who are the directors of the charity for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- follow applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



# Manor Gardens Welfare Trust

## INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST For the year ended 31<sup>st</sup> March 2023

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We have audited the financial statements of Manor Gardens Welfare Trust for the year ended 31<sup>st</sup> March 2023 which comprise the Statement of Financial Activities, Statement of Financial Position, and the Notes to the Accounts to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

### Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31<sup>st</sup> March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information in the annual report but does not include the financial statements and our report of the auditors thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST  
For the year ended 31<sup>st</sup> March 2023

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## **Opinion on other matter prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

## **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees report.

## **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities set out on page 16 the charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## **Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the specific business environment in which they operate, the reporting requirements they are obliged to adhere to and other legal and regulatory requirements applicable to operating entities in general.

# Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST  
For the year ended 31<sup>st</sup> March 2023

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These include the Companies Act 2006, the Charities Act 2011, FRS 102, the Charities SORP and GDPR legislation. The charitable company operates locally and is not significantly impacted by international law or regulations.

Taxation law and regulations applicable to charities also apply to the charitable company but it is not involved in any complex matters that increase the risk of non-compliance.

Each area of audit review includes in the audit documentation reference to potential non-compliance and awareness of potential non-compliance is embedded in our audit procedures.

- We assessed the risks of material misstatement in respect of fraud by enquiry of management, review of the charity's operations and direct review of significant and material transactions, including all non-standard or irregular journal adjustments. Our understanding of the organisation enables us to understand and identify transactions or areas that appear to present a risk of fraud. None were detected.

Our pre-audit questionnaire specifically makes enquires about fraud and this is supported by audit documentation. We also review Board minutes to identify any matters of concern or risk. None were identified.

- The audit was conducted by a very experienced auditor who has a good knowledge of the client and no other assistance or support was required.
- The charity is small, its activities are regular and consistent and are not complex and no special audit considerations apply, nor is external specialist assistance required.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

*Anthony Armstrong*

Anthony Daniel Armstrong FCA(Senior Statutory Auditor)  
**for and on behalf of Armstrong & Co**  
Chartered Accountants & Statutory Auditors

**4a Printing House Yard**  
**Hackney Road**  
**London E2 7PR**  
**13<sup>th</sup> October 2023**

**Manor Gardens Welfare Trust**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
Including an Income and Expenditure Account  
For the year ended 31<sup>st</sup> March 2023

	Note	UNRESTRICTED General Funds £	Designated Funds £	RESTRICTED £	2023 Total £	2022 Total £
<b>INCOME FROM:</b>						
Donations and legacies		2,353	-	-	<b>2,353</b>	33,413
Charitable activities						
Grants and service agreements	6/7	-	-	1,551,906	<b>1,551,906</b>	1,650,932
Rent and service charges		374,671	-	-	<b>374,671</b>	390,522
Room hire		22,090	-	-	<b>22,090</b>	8,642
Income from services supplied		5,548	-	-	<b>5,548</b>	10,592
Fundraising		-	-	-	-	525
Other		2,531	-	-	<b>2,531</b>	4,703
Investment income		5,273	-	-	<b>5,273</b>	178
Furlough		-	-	-	-	3,416
Other income		-	-	-	-	-
<b>TOTAL INCOME</b>		<b>412,466</b>	<b>-</b>	<b>1,551,906</b>	<b>1,964,372</b>	<b>2,102,923</b>
<b>EXPENDITURE ON:</b>						
Raising funds		180	-	-	<b>180</b>	-
Charitable activities						
Service agreements	1	-	-	1,785,073	<b>1,785,073</b>	1,651,805
Health and welfare services	1	432,854	-	-	<b>432,854</b>	356,687
Furlough	1	-	-	-	-	3,416
<b>TOTAL EXPENDITURE</b>		<b>433,034</b>	<b>-</b>	<b>1,785,073</b>	<b>2,218,107</b>	<b>2,011,908</b>
<b>NET INCOME / (EXPENDITURE)</b>		<b>(20,568)</b>	<b>-</b>	<b>(233,167)</b>	<b>(253,735)</b>	<b>91,015</b>
TRANSFERS BETWEEN FUNDS	11/12	20,568	(74,489)	53,921	-	-
<b>NET MOVEMENT IN FUNDS</b>		<b>-</b>	<b>(74,489)</b>	<b>(179,246)</b>	<b>(253,735)</b>	<b>91,015</b>
<b>RECONCILIATION OF FUNDS:</b>						
TOTAL FUNDS AT 1 APRIL 2022		179,642	549,704	1,365,006	<b>2,094,352</b>	2,003,337
<b>TOTAL FUNDS AT 31 MARCH 2023</b>	11/12	<b>179,642</b>	<b>475,215</b>	<b>1,185,760</b>	<b>1,840,617</b>	<b>2,094,352</b>

See Note 16 for a detailed analysis of 2022 prior year amounts.

All activities are classed as continuing.

There were no other recognised gains or losses other than those stated above.

The notes on pages 22 to 29 form an integral part of these audited financial statements.

# Manor Gardens Welfare Trust

Registered in England, company number 3386929

## STATEMENT OF FINANCIAL POSITION

As at 31<sup>st</sup> March 2023

	Note	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible fixed assets	8	<b>970,787</b>	970,998
<b>CURRENT ASSETS</b>			
Debtors	9	<b>185,074</b>	486,147
Short term deposits		<b>227,638</b>	227,638
Cash at bank		<b>664,277</b>	608,957
Cash in hand		<b>2,921</b>	3,335
Pre Capital Exp		-	-
		<b>1,079,910</b>	1,326,077
<b>CREDITORS: amounts falling due within one year</b>	10	<b>(210,080)</b>	(202,723)
<b>NET CURRENT ASSETS</b>		<b>869,830</b>	1,123,354
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<b>1,840,617</b>	2,094,352
<b>NET ASSETS</b>		<b>1,840,617</b>	2,094,352
<b>THE FUNDS OF THE CHARITY</b>			
Unrestricted Funds	11	<b>654,857</b>	729,346
Restricted Funds	12	<b>1,185,760</b>	1,365,006
<b>TOTAL CHARITY FUNDS</b>		<b>1,840,617</b>	2,094,352

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard 102.

Approved and authorised for issue by the Trustees on 13<sup>th</sup> October 2023 and signed on their behalf by:

*Crystal Rolfe*

Crystal Rolfe, Trustee

*Pardeep Bhatti*

Pardeep Bhatti ACA, Trustee

# Manor Gardens Welfare Trust

## ACCOUNTING POLICIES

For the year ended 31<sup>st</sup> March 2023

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### BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention and in accordance with:

- a) Applicable UK accounting standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)';
- b) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102);
- c) The Companies Act 2006; and
- d) The Charities Act 2011.

### PUBLIC BENEFIT ENTITY

The Charity meets the definition of a public benefit entity under FRS 102.

### GOING CONCERN

The charity's income is derived from both non-self-generated sources, such as grants, service level agreements and other governmental or NGO sources and self-generated sources, such as rental income and hire income etc. The trustees consider that there are no material uncertainties about the likelihood that this support will continue, and accordingly, the accounts have been prepared on a going concern basis.

### INCOMING RESOURCES

Incoming resources are the amounts derived from the provision of charitable services, the receipt of gifts, rents and grants falling within the charity's ordinary activities.

### INCOME RECOGNITION

All incoming resources are recognised once the Charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability. Income with conditions attached to its receipt is recognised when the conditions have been fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

### RESOURCES EXPENDED

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of raising funds are those costs incurred in attracting voluntary income.

Charitable activities include expenditure associated with the provision of accessible health and welfare services and include both the direct costs and support costs relating to these activities.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

### GOVERNANCE COSTS

Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include the audit fee.

Governance costs include those incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements and are included in support costs.

# Manor Gardens Welfare Trust

## ACCOUNTING POLICIES

For the year ended 31<sup>st</sup> March 2023

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### FIXED ASSETS AND DEPRECIATION

All fixed assets are initially recorded at cost. Freehold land is not depreciated. The Trustees are of the opinion that the freehold buildings have such a long useful economic life and such a high residual value that any depreciation charges arising are immaterial. Depreciation is being charged on other fixed assets retained by the Trust at rates estimated to write off their cost, less any residual value, over their expected useful lives. The expected useful lives are as follows:

Included within furniture and equipment:	
Furniture and equipment	10 years
Safety equipment	10 years
Computer equipment	3 years
Cafe equipment	5 years

### STOCK

Stock is valued at the lower of cost and net realisable value.

### LEASING CONTRACTS

The management and service charges are credited to the Statement of Financial Activities as they fall due over the period of the lease.

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

### UNRESTRICTED FUNDS

Unrestricted funds are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds.

### DESIGNATED FUNDS

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

### RESTRICTED FUNDS

Restricted funds are to be used for specific purposes as laid down by commissioning authorities and donor's expenditure which meets these criteria is charged to the fund.

### TAXATION

The Company is a registered charity and does not trade and as such its income and gains are exempt from corporation tax to the extent that they are applied to its charitable objectives.

### PENSIONS

The Charity operates defined contribution schemes which are administered by outside independent pensions providers. Contributions payable for the year are charged to the Statement of Financial Activities.

# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

### 1. COST OF CHARITABLE ACTIVITIES

	Activities undertaken directly		Support	2023	2022
	Staff	Other	Costs	Total	Total
	Costs	Direct			
	£	Costs	£	£	£
<b>RESTRICTED</b>					
Service agreements					
MG Nursery	99,540	36,116	5,909	<b>141,565</b>	133,619
Hornsey Road Children's Centre	410,421	334,647	32,454	<b>777,522</b>	682,310
Starting Well / Early Parenthood Prog.	137,010	29,520	7,254	<b>173,784</b>	244,754
FGM Services	83,801	42,536	5,503	<b>131,840</b>	159,304
Therapeutic Service	8,869	3,163	524	<b>12,556</b>	16,931
Syrian Fund Service	20,917	2,247	1,009	<b>24,173</b>	22,720
Food Cooperative Service	4,992	26,129	1,356	<b>32,477</b>	4,290
Living Well / Stroke Service	98,049	34,163	5,756	<b>137,968</b>	110,822
Social Prescribing	33,352	4,104	1,632	<b>39,088</b>	44,002
Wellbeing Service	163,057	80,393	10,604	<b>254,054</b>	195,143
Single Point of Access	-	-	-	-	19,739
Time Limited Projects	13,399	28,408	1,821	<b>43,628</b>	18,171
Andover Youth Service	11,157	4,576	685	<b>16,418</b>	-
Total Service agreements	1,084,564	626,002	74,507	<b>1,785,073</b>	1,651,805
Furlough	-	-	-	-	3,416
<b>UNRESTRICTED</b>					
Health and welfare services	418,032	-	14,822	<b>432,854</b>	356,687
<b>TOTAL COST OF CHARITABLE ACTIVITIES</b>	<b>1,502,596</b>	<b>626,002</b>	<b>89,329</b>	<b>2,217,927</b>	<b>2,011,908</b>

### 2. SUPPORT COSTS

	2023	2022
	£	£
General expenses	<b>25,257</b>	18,280
Insurance	<b>17,286</b>	16,120
Telephone/Broadband	<b>31,977</b>	31,478
Postage	<b>1,132</b>	1,289
Copying	<b>4,656</b>	6,980
Bank charges	<b>1,586</b>	1,595
Stationery and office supplies	<b>1,429</b>	782
Training and development	<b>4,045</b>	221
Depreciation	<b>7,676</b>	7,450
Computing	<b>15,448</b>	18,217
Bad debts and provisions	<b>1,440</b>	2,789
Repairs and maintenance	<b>34,655</b>	36,040
Cleaning	<b>40,646</b>	49,955
Light and heat	<b>49,161</b>	32,707
Water rates	<b>2,187</b>	1,864
Management charges	-	1,359
Winter and Summer Wellbeing Festivals recruitments	<b>14,687</b>	-
Website / Communications /Charity Log	<b>1,490</b>	1,366
Governance (see Note 3)	<b>6,154</b>	5,479
HR Resources	<b>3,259</b>	3,176



# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

	2023	2022
	£	£
Staff Support	8,176	3,581
Summer Fair and Volunteers Event	-	106
Loss on disposal of asset	3,644	-
	<u>275,991</u>	<u>240,834</u>
Gross Costs		
Less: income from Projects excluded from SOFA (page 18)	(186,662)	(198,405)
	<u>89,329</u>	<u>42,429</u>
Net Support Costs (see note 1)		

### 3. GOVERNANCE COSTS

	2023	2022
	£	£
Accountancy and audit fees	4,800	4,800
Insurance	888	664
General expenses	466	15
	<u>6,154</u>	<u>5,479</u>

### 4. NET INCOMING RESOURCES FOR THE YEAR

	2023	2022
	£	£
This is stated after charging:		
Depreciation	7,676	7,450
Auditor's remuneration	4,800	4,800
	<u></u>	<u></u>

### 5. EMPLOYEES

The average number of people employed during the year was as follows:

	2023	2022
	No	No
Senior Management Team	3	3
Projects and services	53	62
	<u>56</u>	<u>65</u>

Employment costs were:

	2023	2022
	£	£
Wages and salaries	1,271,439	1,321,331
Social security costs	111,754	108,235
Pension costs	31,001	31,452
	<u>1,414,194</u>	<u>1,461,018</u>

During the year one employee earned £60,000 or more and no Trustee received any remuneration or reimbursed expenses.

Pension costs relate to a defined contribution scheme. Contributions are charged in the years to which they relate.

# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

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### 6. INCOMING RESOURCES

Details of larger restricted grants and other funding received during the year include:

	2023	2022
	£	£
<b>Manor Gardens Nursery</b>		
London Borough of Islington	70,648	90,216
<b>Hornsey Road Children's Centre</b>		
London Borough of Islington	481,986	454,751
Best Practice Network	7,000	5,000
<b>Starting Well / Early Parenthood Programme</b>		
National Lottery Community Fund	-	169,620
London Borough of Camden - Camden Blossoms	-	70,000
London Borough of Islington	33,000	33,000
Cripplegate Foundation	-	6,939
Haringey Council	6,750	-
University College London	4,000	-
<b>FGM Services</b>		
London Borough of Newham// Hestia Housing & Support	68,000	68,000
Barts Health NHS Trust	22,008	6,419
Dovedale Foundation	-	30,000
London Borough of Islington	-	2,000
London North West University Healthcare NHS Trust	33,012	-
<b>Therapeutic Service</b>		
Shpresa	5,000	-
<b>Syrian Resettlement Programme</b>		
London Borough of Islington	10,000	16,000
<b>Food Cooperative</b>		
Soil Association	1,000	4,000
Greater London Authority	13,200	-
Camden & Islington Public Health	46,000	-
<b>Living Well Services</b>		
NHS Islington CCG	69,153	100,496
London Borough of Islington	1,750	3,250
Islington GP Federation	-	64,600
Cripplegate Foundation	18,878	-
<b>Social Prescribing</b>		
Primary Care Network North Islington GP Federation	40,382	37,914
North 2 Islington Primary Care Network	-	13,476
<b>Single Point of Access</b>		
London Borough of Islington	60,378	58,378

# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

	2023 £	2022 £
<b>Wellbeing Communities Service</b>		
London Borough of Islington – Community Mental Health & Wellbeing	120,000	130,000
Transport For London (Ground Works)	1,045	-
Cloudesley Principal Health Grants	50,059	35,456
HealthWatch Islington	-	2,111
Cripplegate Foundation	2,667	6,939
Camden and Islington Foundation	32,143	21,068
Claremont	-	1,250
Greater London Authority	10,000	10,000
NHS-NEL Thrive LDN HIV	10,000	-
Kickstart / DWP	10,703	-
<b>Time Limited Projects</b>		
Islington GP Federation	10,000	5,228
Camden and Islington Public Health	-	13,000
NHS North Central London CCG	-	20,784
London Borough of Islington	-	7,487
Greater London Authority	-	5,000
Kickstart / DWP	-	5,022
Soil Association	8,000	-
<b>Youth Services – Andover</b>		
Islington Council	45,000	-
<b>General</b>		
Andrew Turton	-	10,000
Awards for All Lottery Fund	-	10,000
Clothworkers Foundation	-	10,000
<b>Others</b>		
Total of all other grants / fees / income	260,144	158,509
	<b>1,551,906</b>	<b>1,685,913</b>

# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

### 7. PROJECTS: RESTRICTED REVENUE FUNDS

The table below shows the reserves of Projects for specific purposes, as included in Restricted Funds (see note 12):

	2023	2022
	£	£
MG Nursery	-	911
Hornsey Road Children's Centre	3,500	23,963
Early Parenthood Programme	46,378	103,032
FGM services	-	-
Therapeutic Service	75	-
Syrian Fund Service	27,065	40,229
Food Cooperative Service	52,872	11,656
Big Lottery covid Fund	-	-
CAF Resilience Fund	-	-
Stroke Service	29,120	69,742
Social Prescribing	16,050	13,125
Wellbeing Service	126,043	157,576
Single Point of Access	113,664	53,347
Time Limited Projects	8,083	48,877
Youth Service – Andover	29,267	-
	<b>452,117</b>	<b>522,458</b>

### 8. TANGIBLE FIXED ASSETS

	Freehold Premises £	Furniture & Equipment £	Total £
<b>COST</b>			
1 <sup>st</sup> April 2021	935,098	299,996	1,235,094
Additions	3,428	7,680	11,108
Disposals	-	(7,284)	(7,284)
<b>31<sup>st</sup> March 2022</b>	<b>938,527</b>	<b>300,392</b>	<b>1,238,919</b>
<b>DEPRECIATION</b>			
1 <sup>st</sup> April 2021	-	264,096	264,096
Charge for the year	-	7,676	7,676
On Disposals	-	(3,640)	(3,640)
<b>31<sup>st</sup> March 2022</b>	<b>-</b>	<b>268,132</b>	<b>268,132</b>
<b>NET BOOK AMOUNT</b>			
<b>31<sup>st</sup> March 2023</b>	<b>938,527</b>	<b>32,260</b>	<b>970,787</b>
31 <sup>st</sup> March 2022	935,098	35,900	970,998

Freehold premises are shown at their original cost including the cost of additions and improvements. The Trustees have estimated the insurance value at £6,500,000.

# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

### 9. DEBTORS

	2023	2022
	£	£
Service charges	178,428	465,939
Prepayments and accrued income	6,646	20,208
	<u>185,074</u>	<u>486,147</u>

### 10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Operating creditors	77,087	52,321
Other taxes and social security	26,236	41,146
Other creditors and accruals	106,757	109,256
	<u>210,080</u>	<u>202,723</u>

Included in "Other creditors and accruals" are amounts outstanding to pension schemes at the balance sheet date of £5,865 (2022: £7,979).

### 11. UNRESTRICTED FUNDS

	Balance 1/4/22	Movement in Funds			Balance 31/3/23
	£	Income £	Transfers £	Expenditure £	£
Designated (see note below)					
Building Refurbishment Reserve	246,924	-	-	-	246,924
Revenue Reserve	302,780	-	(74,489)	-	228,291
	<u>549,704</u>	<u>-</u>	<u>(74,489)</u>	<u>-</u>	<u>475,215</u>
General funds	179,642	412,466	20,568	(433,034)	179,642
	<u>729,346</u>	<u>412,466</u>	<u>(53,921)</u>	<u>(433,034)</u>	<u>654,857</u>

Designated funds have been set aside out of unrestricted funds by the Trustees to cover material fluctuations in rent and room hire income, essential and non-recurring administration costs, and non-recurring costs resulting from withdrawal of some or all of external funding for projects. Transfers represent unrestricted funds that have subsidised projects undertaken during the year that were associated with restricted funds.

# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

12. RESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/04/22	Income	Transfers	Expenditure	31/03/23
	£	£	£	£	£
Capital funds:					
Building asset fund	305,612	-	-	-	<b>305,612</b>
Fixed asset fund	19,504	-	-	-	<b>19,504</b>
Other grants	218,912	-	-	-	<b>218,912</b>
	<u>544,028</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u><b>544,028</b></u>
Revenue funds:					
Projects activities (note 7)	522,458	1,551,906	162,826	(1,785,073)	<b>452,117</b>
Other revenue funds	298,520	-	(108,905)	-	<b>189,615</b>
	<u>1,365,006</u>	<u>1,551,906</u>	<u>53,921</u>	<u>(1,785,073)</u>	<u><b>1,185,760</b></u>

Building asset fund: Original cost and initial improvements made to the Charity's original freehold premises.

Fixed asset fund: Cost of assets funded by grants.

Other grants: Capital grants received for specific purposes.

Projects activities: Restricted revenue funds that have been received in the year as set out in note 6.

Other revenue funds: Restricted funds not directly related to projects.

13. NET ASSETS ATTRIBUTABLE TO FUNDS	Unrestricted	Restricted	Total	Total
			31/03/23	31/03/22
	£	£	£	£
Fixed assets	426,759	544,028	<b>970,787</b>	970,998
Current assets	438,178	641,732	<b>1,079,910</b>	1,326,077
Current liabilities	(210,080)	-	<b>(210,080)</b>	(202,723)
	<u>654,857</u>	<u>1,185,760</u>	<u><b>1,840,617</b></u>	<u>2,094,352</u>

## 14. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year or previous year.

There is no ultimate controlling party.

## 15. CONTINGENT LIABILITIES

The charity had no material contingent liabilities at 31<sup>st</sup> March 2023 nor at 31<sup>st</sup> March 2022.

# Manor Gardens Welfare Trust

## NOTES TO THE ACCOUNTS

For the year ended 31<sup>st</sup> March 2023

### 16. STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022

	Note	UNRESTRICTED General Funds £	Designated Funds £	RESTRICTED £	2022 Total £
<b>INCOME FROM:</b>					
Donations and legacies		1,848	-	31,565	33,413
Charitable activities					
Grants and service agreements	6/7	-	-	1,650,932	1,650,932
Rent and service charges		390,522	-	-	390,522
Room hire		8,642	-	-	8,642
Income from services supplied		10,592	-	-	10,592
Pandemic Food activity		-	-	-	-
Fundraising		525	-	-	525
Other		4,703	-	-	4,703
Investment income		178	-	-	178
Furlough		-	-	3,416	3,416
Other income		-	-	-	-
Total income		417,010	-	1,685,913	2,102,923
<b>EXPENDITURE ON:</b>					
Raising funds		-	-	-	-
Charitable activities					
Service agreements	1	-	-	1,651,805	1,651,805
Health and welfare services	1	356,687	-	-	356,687
Furlough		-	-	3,416	3,416
<b>TOTAL EXPENDITURE</b>		356,687	-	1,655,221	2,011,908
<b>NET INCOME / (EXPENDITURE)</b>		60,323	-	30,692	91,015
Transfers between funds	11/12	(60,323)	21,187	39,136	-
<b>NET MOVEMENT IN FUNDS</b>		-	21,187	69,828	91,015
<b>RECONCILIATION OF FUNDS:</b>					
TOTAL FUNDS AT 1 APRIL 2020		179,642	528,517	1,295,178	2,003,337
<b>TOTAL FUNDS AT 31 MARCH 2021</b>	11/12	179,642	549,704	1,365,006	2,094,352

# Manor Gardens Welfare Trust

## MANAGEMENT INFORMATION

For the year ended 31<sup>st</sup> March 2023

The following information does not form part of the audited financial statements

CASHFLOW STATEMENT	Notes	Total Funds 2023 £	Prior Year Funds 2022 £
<b>Cash generated from operating activities:</b>			
Net cash provided by/(used in) operating activities	A	66,014	(168,639)
<b>Cash flows from other sources:</b>			
Proceeds from sale of fixed assets		-	-
<b>Application of cash:</b>			
Purchase of fixed assets		(11,108)	(115,516)
Pre capital exp		-	-
<b>Net increase/(decrease) in cash</b>	<b>B</b>	<b>54,906</b>	<b>(284,155)</b>
Cash at bank at the beginning of the year	B	839,930	1,124,085
Cash at bank at the end of the year	B	894,836	839,930
<b>A RECONCILIATION OF NET INCOME/EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES</b>		<b>2023 £</b>	<b>2022 £</b>
Net income/(expenditure) from SOFA (page 18)		(253,735)	91,015
Adjusted for:			
Depreciation		7,676	7,450
(Increase)/decrease in debtors		301,073	(293,083)
Increase/(decrease) in creditors		7,357	25,979
(Profit)/loss on disposal of fixed assets		3,644	-
Net cash inflow/(outflow) from operations		66,014	(168,639)
<b>B ANALYSIS OF CASH AT BANK AND IN HAND</b>			
	Change in year £	<b>2023 £</b>	<b>2022 £</b>
Cash at bank and in hand	54,906	667,198	612,292
Short term deposits	-	227,638	227,638
	<b>54,906</b>	<b>894,836</b>	<b>839,930</b>