

MANOR GARDENS WELFARE TRUST LTD

England & Wales · Charity number 1063053

Details

Other names MANOR GARDENS CENTRE

Status Registered

Legal form Charitable company

Company number [03386929](#)

Registered 1997-06-24

Register [View on the Charity Commission register](#)

Contact

Address Manor Gardens Welfare Trust
6-9 Manor Gardens
London
N7 6LA

Phone 02075615263

Email admin@manorgardenscentre.org

Website www.manorgardenscentre.org

Activities

Objects: 3.1 THE CHARITY IS ESTABLISHED FOR THE FOLLOWING PURPOSES HAVING REGARD TO EQUALITY AND DIVERSITY AMONGST, AND FOR THE BENEFIT OF, SERVICE USERS:3.1.1 TO RELIEVE THE NEEDS ARISING FROM FINANCIAL HARDSHIP, SICKNESS, DISABILITY AND OLD AGE;3.1.2 TO ADVANCE EDUCATION;3.1.3 TO PROMOTE MENTAL AND PHYSICAL GOOD HEALTH;3.1.4 TO PROVIDE ASSISTANCE TO CHILDREN AND YOUNG PEOPLE WHO ARE IN NEED OF CARE AND ATTENTION ARISING FROM THEIR YOUTH; AND3.1.5 TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY. 3.2 IN ARTICLE 3.1 ABOVE THE TERM 'SERVICE USERS' SHALL MEAN INHABITANTS OF THE LONDON BOROUGH OF ISLINGTON AND NEIGHBOURING BOROUGHES.

Activities: To provide a range of accessible health and welfare services which improve the quality of life of local people. The Charity accomplishes this by running services including a Pre-school, Friendship Network, Health Advocacy Projects, a Community Stroke Service and a Mental Wellbeing Project. The Charity provides office and activity space for other local not-for profit organisations.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** GREATER LONDON
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,319,316	£1,330,784	£1,682,181	38
2024-03-31	£1,288,437	£1,435,405	£1,693,649	43
2023-03-31	£1,964,372	£2,218,107	£1,840,617	56
2022-03-31	£2,102,923	£2,011,908	£2,094,352	65
2021-03-31	£2,044,227	£1,825,740	£2,003,337	64

Trustees

Name	Role	Appointed
Pardeep Bhatti	Chair	2019-07-26
Amy Buxton Jennings		2025-05-08
Edward Azzopardi		2023-05-12
Giulia Crepaldi		2023-05-12
Jasmine Hope Kaur Kaler		2023-05-12
John Cape		2025-05-08
Veronica Senior		2023-05-12

MANOR GARDENS WELFARE TRUST LTD

England & Wales - Charity number 1063053

Accounts

Manor Gardens Welfare Trust

(A Company Limited by Guarantee and
Registered Charity No. 1063053)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

Year ended 31st March 2025

Making the difference for over 100 Years

Company No. 3386929

Manor Gardens Welfare Trust

CONTENTS

Year ended 31st March 2025

	Page
Reference and administrative details	1
Trustees' report	2 - 9
Statement of Trustees' responsibilities	10
Independent Auditor's report	11 - 13
Statement of Financial Activities	14
Statement of Financial Position	15
Cashflow Statement	16
Accounting policies	17 - 18
Notes to the accounts	19 - 26

Manor Gardens Welfare Trust

REFERENCE AND ADMINISTRATIVE DETAILS

Year ended 31st March 2025

Legal and Administrative Details as at 31st March 2025

Status: Manor Gardens Welfare Trust (“the Company” or “the Charity”) is a charitable company limited by guarantee. The current charity was incorporated on 13th June 1997, and registered with the Charity Commission.

Background: The activities of the Charity were originally carried out by an unincorporated association, Manor Gardens Community Trust (MGCT), registered under the Charities Act 1960 on 16th October 1985. The North Islington Infant Welfare Centre (NIIWC) ran the Manor Gardens Centre prior to MGCT being set up. In 1997 the NIIWC and MGCT merged and the new charitable company Manor Gardens Welfare Trust (MGWT) was formed. NIIWC and MGCT have been removed from the Charity Commission register.

Trustees and Directors:

Crystal Rolfe, Chair
Pardeep Bhatti ACA, Treasurer
Nicholas Tait (retired December 2024)
Jeffrey O’Brien (retired May 2025)
Iris Tuechter
Jasmine Kaler
Veronica Senior
Giulia Crepaldi
Edward Azzopardi
John Cape (commenced July 2025)

Senior Management Team:

Hekate Papadaki, Chief Executive Officer
William Meghoma, FFA, FIPA, FCCA, Director of Finance and Administration
Laura Thomas-Hockey, Head of Partnerships and Development

Registered Office and Operational Address:

6-9 Manor Gardens, London N7 6LA

Company Number:

3386929

Charity Number:

1063053

Senior Statutory Auditor:

Anthony Daniel Armstrong FCA
of Armstrong & Co
Chartered Accountants & Statutory Auditors
4A Printing House Yard
London E2 7PR

Solicitors:

Russell-Cooke
2 Putney Hill
London SW15 6AB

Bankers:

HSBC plc
312 Seven Sisters Road
Finsbury Park
London N4 2AW

Barclays Bank plc
403 Holloway Road
London N7 6HL

COIF Charities Deposit Fund
Senator House
85 Queen Victoria Street
London EC4V 4ET

Objectives, Activities, and Strategic Context

The Charity is established for the following purposes, having regard to equality and diversity amongst and for the benefit of service beneficiaries:

- To relieve the needs arising from financial hardship, sickness, disability, and old age
- To advance education
- To promote mental and physical good health
- To provide assistance to children and young people who are in need of care and attention arising from their youth
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded, and assisting them to integrate into society

The term “service beneficiaries” refers to all those in receipt of services and support from MGWT, who are predominantly resident in London, and include individuals, families, and community groups.

Governing Document

Manor Gardens Welfare Trust was established under a Memorandum of Association, which set out the organisation’s objects and powers. It is governed under its Articles of Association. The charitable objects were reviewed by the Board of Trustees in 2011 and the revised objects approved by the Charity Commission in September 2011.

Strategic Renewal and Context

In 2024–25, Manor Gardens Welfare Trust undertook a major strategic renewal. We carried out extensive consultations with staff, service users, and voluntary and statutory sector partners to review our priorities and set a clear direction for the next five years. This work was grounded in our Theory of Change and shaped by the lived experience of the communities we serve. The resulting 2025–2030 strategy commits us to four goals:

1. **Reduce Inequalities** by addressing systemic and intersectional barriers, embedding trauma-informed approaches, and expanding culturally competent, multilingual services
2. **Strengthen Partnerships** by leading co-production with diverse communities and fostering collaborations with local authorities, health, voluntary sector organisations, and academia
3. **Build Knowledge and Innovation** by developing and sharing evidence-based models, advancing research, and influencing policy to improve outcomes for marginalised groups
4. **Build Operational Resilience** by ensuring financial sustainability, enhancing service quality, and upgrading infrastructure

Our work is rooted in Islington, one of London’s most diverse and densely populated boroughs, home to nearly 250,000 residents. Forty percent of residents were born outside the UK—more than double the national average. Despite its diversity, Islington faces significant challenges: it ranks as the sixth most deprived borough in London, with deep disparities in income, health, and life expectancy. Twenty-eight percent of children live in low-income households, and over a third of residents aged 60 and above live in poverty. Men in the worst-off areas of the borough can expect to live 12.5 years less than those in the best-off areas.

These inequalities have widened over the past five years. Islington has the highest rates of depression and serious mental illness in London, compounded by high levels of social isolation, with 40% of residents living alone. Economic deprivation has deepened due to the cost-of-living crisis, with additional pressures from global conflicts and climate change affecting food and energy security. The intersections of disadvantage are complex, with ethnicity, income, and health inequalities closely interlinked.

For more than six decades, Manor Gardens has responded to these challenges by providing culturally competent, multilingual support and maintaining neutral, accessible, and safe spaces for minoritised communities. We continue to work with people of all ages and communities, focusing on those facing barriers to support such as language, socioeconomic disadvantage, and health inequalities. We maintain community hubs in Islington and design services that extend our reach across London and beyond, using agile, community-driven approaches to respond to emerging needs and influence wider system change.

Overview

Manor Gardens Welfare Trust (MGWT) has supported local communities with diverse and emerging needs since 1913. In 2024/25 we reached 2,862 people directly through our core services and many more through borough-wide initiatives addressing food insecurity, mental health, and access to services. From our base in Islington, we identify need, develop appropriate responses, and work in partnership with communities and statutory and voluntary sector agencies to close gaps in provision and address unmet need.

Our services span all age groups, with particular focus on those experiencing the most significant barriers to health, wellbeing, and opportunity. This includes refugees and newly arrived communities, people facing socioeconomic disadvantage, older residents experiencing isolation, and children and young people at risk of violence or exclusion. In response to rising living costs, we continued to offer warm spaces, distribute over 5,500 hot meals in partnership with local food hubs, and provide emergency grants to residents in crisis, through our partnership with Cloudesley.

Throughout the year, we have acted as a trusted first point of contact for many residents in crisis, offering culturally competent, trauma-informed, and multilingual support. Working collaboratively, we have strengthened food security, improved mental health access, expanded advocacy provision, and provided safe spaces for community connection. The detail of our service delivery and its impact is set out in the following sections.

Advocacy

In 2024/25, our Advocacy services supported over 1,160 residents across casework including Central Point of Access, SPOA and Access for All, the Access Hub partnership with Islington Council, and the Fed and Supported Partnership with Help on Your Doorstep, Octopus Community Network and Voluntary Action Islington. We provided practical, person-centred support to people facing multiple challenges including poverty, housing insecurity, ill health, and language barriers.

Our casework service supported 446 clients with complex needs spanning debt, housing, benefits, mental health, social isolation, and physical care requirements. Support was delivered through three main access routes but all clients received the same integrated offer. 74% of clients improving in at least one core support area, with the most significant gains in mental wellbeing and housing, followed by social connectedness and finances. Ninety-seven percent of clients said they would recommend the service they received from our Advocacy team.

"You have given me so much help and you have never made me feel guilty or pressured." – Advocacy Service client

Through a long-term partnership with Cloudesley, we distributed 31 crisis grants worth a total of £8,965 to people experiencing hardship. These grants supported urgent needs such as essential household items, heating, and food.

At the Access Hub, a partnership with Islington Council, we supported 350 residents, most from Somali, Bangladeshi, Eritrean and Turkish communities. Nearly all were dealing with multiple, intersecting challenges including low income, isolation, trauma, and insecure housing.

"I left my home because of war. I felt ashamed asking for help, but you listened and helped without making me feel small." – Access Hub client.

The Fed and Supported Partnership aimed to reduce food insecurity and hardship by linking residents with practical, emotional, and financial support. MGWT's role in the partnership was providing targeted support for clients experiencing food insecurity and facing language and cultural barriers to support. We recruited and trained 15 multilingual Community Navigators speaking 12 community languages including Arabic, Somali, Turkish, Tigrinya and Farsi. Navigators provided culturally competent, trauma-informed support with housing, debt, benefits, food access, and safeguarding issues. Over the year, they directly supported 310 residents and reached hundreds more through events and translated resources.

"MGWT is a safe place to think about the future; if I have any problems I come here." – Fed and Supported partnership client.

Wellbeing and Inclusion

This year, our Wellbeing and Inclusion service supported 607 residents through a programme designed to reduce isolation, improve mental and physical health, and strengthen community connection. Most participants were older adults from racially minoritised backgrounds, and over 60% spoke English as a second language.

We delivered 260 wellbeing sessions, including walking groups, mindfulness, arts and crafts, ESOL conversation, digital support, and peer groups. These sessions provided consistent, low-barrier access to practical and emotional support, particularly for those facing multiple disadvantages such as long-term health conditions, migration stress, or digital exclusion.

We also hosted 10 major community events, reaching over 580 residents. These included interfaith gatherings, cultural celebrations, and targeted events for groups facing specific barriers, such as older LGBTQ+ people and newly arrived refugees.

"I hadn't been out in weeks. I met my neighbours at the festival and now we're friends." – Wellbeing Service Client

Residents shaped the programme. Five participants took on peer support or facilitation roles, and 19 residents volunteered regularly. Our team included staff and volunteers with lived experience of the challenges our participants face, ensuring culturally competent, trauma-informed support throughout. Sessions were delivered in a range of community languages including Arabic, Somali, Turkish and Farsi.

"I joined because of the Pride event and now I come to the group every week." – Wellbeing Activities Volunteer

We built new referral pathways with social prescribers and mental health services, and offered targeted workshops on topics like housing, hate crime and fraud prevention. Every part of the programme was designed to be welcoming to people often excluded from mainstream services.

As part of the NHS "Help Us Help You" campaign, we also delivered a targeted cancer awareness programme which engaged 119 residents across online and face-to-face settings. Sessions focused on early detection, understanding symptoms, and navigating screening service, particularly for cervical and bowel cancer.

Therapeutic Interventions

In 2024/25, our Therapies Service supported 271 individuals through one-to-one sessions, group therapy, and community-based workshops. All interventions were culturally competent, trauma-informed, and offered in multiple languages. Clients included survivors of FGM, gender-based violence, trafficking, and forced migration, many of whom had disengaged from statutory services due to language barriers or the absence of specialist provision.

The Dahlia Project remains the UK's only psychotherapeutic service specifically for survivors of FGM. This year it supported 29 women through individual therapy and 26 women through group sessions.

"The therapy helped me to speak about things I've held in for over 30 years." – Dahlia Project participant

We continued our national leadership role by co-founding ACERS-UK and enabling survivors to shape the UK's first clinical research study into FGM reconstruction. Our Clinical Lead facilitated survivor focus groups and presented findings at Imperial College London, highlighting the urgent need for trauma-informed psychosexual care. We also submitted evidence to the Women and Equalities Committee Inquiry into FGM Reconstruction, setting out gaps in NHS provision.

In partnership with the Shpresa Programme, we delivered group therapy to 79 Albanian-speaking women who had experienced sexual violence, trafficking, and displacement. Eighty-seven percent reported reduced isolation,

79 percent felt more confident accessing services, and 92 percent reported a better understanding of trauma and its effects.

"In this space, I felt like I could exist again." – Group therapy participant

We supported 125 carers through a dedicated therapeutic group, offering a safe and structured space to share experiences, develop coping strategies, and reduce burnout. Sessions included mindfulness, peer support, and discussions to address emotional strain and isolation.

"This support group has truly changed my life. I now have a sense of community and support that I was missing." – Carers group participant

Fabian's Place is a culturally responsive mental health and mentoring programme for young Black boys and men in Islington, set up in memory of our colleague, Fabian Buxton, who passed away in October 2023. In 2024/25, 42 young people engaged through one-to-one wellbeing sessions, mentoring, group activities, and co-production workshops. Eighty-five percent identified as Black African, Caribbean or Black British, and all were male.

"It's real support, not just a form to fill." – Fabian's Place participant

A highlight was employing a former participant as a paid peer mentor, embedding lived experience in the service and strengthening its long-term impact.

Support Through Food

In 2024/25, we strengthened our commitment to food justice by expanding direct delivery, deepening partnerships, and launching new initiatives to improve food security across Islington.

We continued to lead the Islington Food Partnership (IFP), which grew to 243 members across more than 95 organisations, with over 130 stakeholders actively involved. We hosted 15 meetings and events, sharing resources and driving collaboration on surplus food distribution, culturally appropriate sourcing, and climate-resilient food systems. Key resources were translated into 16 community languages, and we launched a collective buying pilot to help local food projects access affordable staples.

Our new Zero Waste Café, launched in February 2025, quickly became a community hub. Using surplus food on a "pay what you can" basis, it welcomed more than 350 unique visitors in its first months and diverted over a tonne of food from landfill. The café offered affordable meals, volunteering opportunities, and food waste education, fostering social connection and environmental awareness.

"The café is the only place I feel I can come and eat without judgement." – Café visitor

The Food Co-op, now in its third year, supported an estimated 126 clients through 52 weekly sessions. Run in partnership with Felix Project and a team of 10 volunteers, it provided healthy, culturally appropriate groceries at low cost. Through participatory budgeting, we improved the variety and nutritional value of food available. Members collectively saved an estimated £8,619 in six months, with individual savings of up to £442. The Co-op also rescued around 7,500kg of food from landfill and reduced packaging waste through bulk dry goods in compostable bags. Clients without cooking facilities benefitted from ready meals made possible by new freezer storage.

"Knowing I can provide for my children has lifted a huge weight off my shoulders." – Food Co-op member

At Christmas, we worked with Islington Council, the Metropolitan Police, and community donors including Love Not Hate and Pete Doherty to host a festive community meal for over 100 residents, providing hot food, celebration, and companionship during a time often marked by isolation.

Together, these initiatives reached hundreds of residents with dignified, culturally responsive, and environmentally sustainable food support, delivering practical, community-rooted solutions to poverty and isolation.

Youth

In 2024/25, our Youth Service supported 129 young people through one-to-one support, group sessions, educational workshops, and trips. We worked intensively with young people facing exclusion, mental health challenges, and experiences of violence, helping them to remain engaged in education, develop healthy relationships, and make positive life choices.

The cohort included 71 girls, 57 boys, and 1 non-binary young person. The largest ethnic groups were Black Caribbean (37) and Black African (23), reflecting wider disproportionality in school exclusion and access to mental health support. Our work was rooted in strong partnerships with Early Help, Social Services, Targeted Youth Support (TYS), the Mayor's Office, and Arsenal in the Community.

Over the year, we delivered 62 sessions covering topics such as consent, relationships, and gender-based violence. We continued our partnership with TYS to support boys vulnerable to exploitation and delivered creative programmes for girls, including *Let Me Know* and *Just As You Are*, focusing on identity, self-worth, and healthy relationships.

Our Youth Board met fortnightly during term time to shape service priorities and strengthen feedback from young people.

"No one's explained things to us like this before. You should come to my school." – Young participant

Key outcomes included:

- Sustained school attendance for those at risk of exclusion
- Increased confidence and communication skills
- Greater awareness of rights, consent, and emotional regulation

Staff

In 2024–25, our 28 staff members worked across all services, delivering advocacy, wellbeing and inclusion, therapies, youth programmes, and food support. They were the backbone of our organisation, ensuring that services were delivered to a consistently high standard and adapted to meet changing needs. Our team was highly diverse, with 86% coming from minoritised communities, and brought a wealth of lived experience directly relevant to the issues we address, including the asylum process, migration, violence against women and girls, and socioeconomic disadvantage. Collectively, our staff spoke 15 languages, ensuring our services were accessible to a wide range of communities. This cultural and linguistic diversity, combined with deep professional expertise, enabled us to provide responsive, trauma-informed, and culturally competent services throughout the year.

This year, we mourned the loss of youth worker Khalil Taipow, whose warmth, humour, and commitment had a lasting impact on the young people he worked with.

"He could talk to anyone, make them feel heard, and help them believe they were worth something." – Team member

Khalil was a trusted mentor and role model, supporting young people with schoolwork, sports, and personal goals. His influence continues to shape our work, and we remain committed to honouring his legacy through respectful, care-driven youth engagement.

Volunteers

Our 51 volunteers supported food services, wellbeing programmes, youth work, and central administrative functions. Many had lived experience of the issues we address, and many were former recipients of our services. All contributed significant skills, knowledge, and time, enabling us to deliver the breadth of services we provided over the year. Their contributions ranged from running activities and supporting events to providing essential behind-the-scenes support. Volunteers brought insight, compassion, and commitment, making a direct and lasting difference to the communities we serve.

Organisational Structure

The Chief Executive Officer (CEO) reports directly to the Board of Trustees. The Senior Management Team comprises of the CEO, the Director of Finance and Administration, and the Head of Partnerships and Development.

Governance and Management:

Manor Gardens Welfare Trust governs through its Memorandum and Articles of Association. The Articles of Association were updated in 2011 and approved by the Charity Commission in August 2011.

The Charity's governing body is the Board of Trustees, whose members are trustees under charity law and directors of the Company for the purposes of Company Law. New trustees/directors are elected at a General Meeting of the Board for a period of three years. They can serve for two terms i.e. six years, with provision for a further term if elected Chairperson. During 2024/25, Nicholas Tait reached the end of his tenure and retired as a trustee, reducing our board to eight members.

As directors of the Company, the Trustees each guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of a winding up. Trustees have no beneficial interest in the Company. There are no known conflicts of interest and these are requested and recorded through an annual declaration, and updates requested at each Board meeting. Any declared conflicts of interest would be recorded; these would then be monitored and managed as necessary.

The Board is confident that the Charity conforms to and is compliant with the Charity Commission's guidance, 'The essential trustee: what you need to know, what you need to do' (July 2015), and works under the Charity Governance Code (2018) supported through our membership of National Council for Voluntary Organisations and ACEVO.

Trustee Recruitment and Training

Trustees are recruited by various means, and in consideration of the latest Board appraisal, reflecting the skills of the Board and the requirements of the Organisation, and uses open and transparent recruitment practices. Advertising positions via our website extends to the recruitment of trustees, as well as utilising the initiatives and support of partners. This has included the BoardMatch66 process, initiated by the Big Alliance to broker links between corporate partners and staff of these companies with an interest in local charities and trustee positions. During the year, we also advertised our trustee vacancies on Charity Job, LinkedIn and NCVO.

All prospective trustees meet with the Chair and the CEO to discuss their application, and if all is satisfactory following meeting and recruitment checks, their appointment is put to the Board. Any appointment is ratified at the subsequent Annual General Meeting. All appropriate checks are completed to assure that prospective and current trustees are not barred from taking up positions, including guidance on automatic disqualification rules issued in 2018. Declaration is signed confirming their suitability to serve.

Each new Trustee is inducted into their role and the Organisation, through provision of information and time with our staff and services, and one-to-one session with the CEO, Chair and fellow trustees, and SMT members. The Charity Commission's guidance, 'The essential trustee' is the basis of our briefing into the role and is provided to all. A comprehensive induction pack which contains information about the history of the Manor Gardens Welfare Trust, details of Tenant Groups based at our premises, copies of the Memorandum and Articles of Association, a copy of all Centre policies on disc, a copy of the most recent Annual Accounts and Annual Review is provided.

The Board regularly conducts review of trustees' skills and an appraisal of Board effectiveness, led by the Chair. Where this review identifies skills shortages, this is addressed by training and/or the recruitment of new trustees. On an annual basis the Chair reviews the performance of the trustees against the list of their main responsibilities.

Board Processes and Decision making

In 2024/25, the full Board met five times during the year to set strategic direction and to review the performance, compliance, and finances of the Charity. Additionally, board subgroups met 4 times to support work around our finance and facilities, fundraising and services and HR. These meetings were agreed to be held remotely and online, and this continued throughout the year.

The CEO, the Director of Finance and Administration and the Director of Fundraising and Development were in attendance at all meetings, as well as the Senior Management Team (SMT).

Risk Management

Potential areas of risk to the Charity are identified, recorded and reviewed by the Board at every Meeting, assisted by the Senior Management Team.

The Risk Register incorporates financial, operational risk and external risk, assessing likelihood of occurring, impact, and mitigation to reduce likelihood and the impact. Whilst recognising that no organisation can ever be risk free, the Board of Trustees consider that the range of measures and controls in place have reduced to an acceptable level the various risks faced by Manor Gardens Welfare Trust.

FINANCIAL REVIEW AND RESULTS FOR THE YEAR ENDED 31ST MARCH 2025

The Statement of Financial Activities (SoFA) including an Income and Expenditure account set out on page 14, shows total income of £1,319,316 (2024: £1,288,437) and total expenditure £1,330,784 (2024: £1,435,405). This resulted in net deficit of £11,468 (2024: deficit £146,968). The large deficit in previous year was due to loss of revenue at our two early year settings. This was because of low number of children at our nurseries after the pandemic.

RESERVES POLICY

The Board has a long-term policy of increasing both the Revenue and Building Refurbishment Reserves (see note 11 to the accounts) to ensure that fluctuations in future income do not threaten the financial stability of the organisation. The uncertainties include grants from statutory bodies and rental income.

Revenue Reserve: The Revenue Reserve is needed to provide funds which can be made available for specific projects, and to assist with unforeseen economic events.

The Trustees believe that the level of this reserve should be gradually increased to the equivalent of three months' total expenditure calculated and reviewed annually. The reserve is being built up to the desired level in stages consistent with the Charity's overall financial position and its need to maintain its activities. The current level of this reserve is £161,378 compared with three months' total expenditure of £332,696 based on the audited accounts.

Building Refurbishment Reserve: The Board's policy is to build up the Building Refurbishment Reserve, to £260,000, which equals 4% of the estimated value of the freehold premises (£6.5million). The purpose of this reserve is for the refurbishment of, and cyclical maintenance work on the Charity's premises. The Trustees expect to achieve this level of funding by a combination of specific donations, grants and transfers from general reserves. At the year end this reserve stands at £246,924.

General funds (see note 11 to the accounts) are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds. The current level of Undesignated funds is £179,642.

Restricted Capital funds (see note 12 to the accounts) comprise a building asset fund, a fixed asset fund and other grants fund. The building asset fund represents the original cost of, and initial improvements made to the Charity's original freehold premises; whereas the fixed asset fund represents the cost of assets funded by grants. The current level of the combined Capital funds is £544,028.

The policies for and levels of these reserves will continue to be monitored by Trustees on an annual basis. Further analysis of the reserves of the Charity can be found in notes 11 and 12 to the financial statements.

INDEPENDENT AUDITORS

The statutory auditor, Anthony Daniel Armstrong FCA of Armstrong & Co, has indicated his willingness to be proposed for re-appointment in accordance with Section 485 of the Companies Act 2006.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

The trustees who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the charitable company's auditor is unaware, and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the Charities SORP FRS 102 (effective 1 January 2015) and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The trustees have determined that the charitable company be audited under the Companies Act 2006 for the year ended 31st March 2025 and for future years. The charitable company also is required to be audited under charities legislation for the year ended 31st March 2025.

The trustees acknowledge and confirm their responsibilities for preparing the financial statements as detailed in the Statement of Trustees' Responsibilities set out on page 10.

Approved and authorised for issue by the Trustees on 10th October 2025 and signed on their behalf by:

Crystal Rolfe

Crystal Rolfe, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

STATEMENT OF TRUSTEES' RESPONSIBILITIES

For the year ended 31st March 2025

The trustees (who are the directors of the charity for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- follow applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2025

We have audited the financial statements of Manor Gardens Welfare Trust for the year ended 31st March 2025 which comprise the Statement of Financial Activities, Statement of Financial Position, the Cashflow Statement and the Notes to the Accounts to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2025

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page 10 the charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the specific business environment in which they operate, the reporting requirements they are obliged to adhere to and other legal and regulatory requirements applicable to operating entities in general.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2025

These include the Companies Act 2006, the Charities Act 2011, FRS 102, the Charities SORP and GDPR legislation. The charitable company operates locally and is not significantly impacted by international law or regulations.

Taxation law and regulations applicable to charities also apply to the charitable company but it is not involved in any complex matters that increase the risk of non-compliance.

Each area of audit review includes in the audit documentation reference to potential non-compliance and awareness of potential non-compliance is embedded in our audit procedures.

- We assessed the risks of material misstatement in respect of fraud by enquiry of management, review of the charity's operations and direct review of significant and material transactions, including all non-standard or irregular journal adjustments. Our understanding of the organisation enables us to understand and identify transactions or areas that appear to present a risk of fraud. None were detected.

Our pre-audit questionnaire specifically makes enquires about fraud and this is supported by audit documentation. We also review Board minutes to identify any matters of concern or risk. None were identified.

- The audit was conducted by a very experienced auditor who has a good knowledge of the client and no other assistance or support was required.
- The charity is small, its activities are regular and consistent and are not complex and no special audit considerations apply, nor is external specialist assistance required.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Armstrong

Anthony Daniel Armstrong FCA(Senior Statutory Auditor)
for and on behalf of Armstrong & Co
Chartered Accountants & Statutory Auditors

**4a Printing House Yard
Hackney Road
London E2 7PR
10th October 2025**

Manor Gardens Welfare Trust
STATEMENT OF FINANCIAL ACTIVITIES
Including an Income and Expenditure Account
For the year ended 31st March 2025

	Note	UNRESTRICTED General Funds £	Designated Funds £	RESTRICTED £	2025 Total £	2024 Total £
INCOME FROM:						
Donations and legacies		4,866	-	-	4,866	4,159
Charitable activities						
Grants and service agreements	6/7	-	-	796,299	796,299	814,505
Rent and service charges		452,296	-	-	452,296	395,014
Room hire		33,666	-	-	33,666	29,985
Income from services supplied		10,683	-	-	10,683	3,939
Fundraising		-	-	-	-	4,992
Other		1,574	-	-	1,574	17,377
Investment income		19,932	-	-	19,932	18,466
TOTAL INCOME		523,017	-	796,299	1,319,316	1,288,437
EXPENDITURE ON:						
Raising funds		12,000	-	-	12,000	-
Charitable activities						
Service agreements	1	-	-	887,370	887,370	1,056,540
Health and welfare services	1	417,494	-	-	417,494	378,865
Other						
Building work		-	-	13,920	13,920	-
TOTAL EXPENDITURE		429,494	-	901,290	1,330,784	1,435,405
NET INCOME / (EXPENDITURE)		93,523	-	(104,991)	(11,468)	(146,968)
TRANSFERS BETWEEN FUNDS	11/12	(93,523)	(7,235)	100,758	-	-
NET MOVEMENT IN FUNDS		-	(7,235)	(4,233)	(11,468)	(146,968)
RECONCILIATION OF FUNDS:						
TOTAL FUNDS AT 1 APRIL 2024		179,642	415,537	1,098,470	1,693,649	1,840,617
TOTAL FUNDS AT 31 MARCH 2025	11/12	179,642	408,302	1,094,237	1,682,181	1,693,649

See Note 16 for a detailed analysis of 2024 prior year amounts.

All activities are classed as continuing.

There were no other recognised gains or losses other than those stated above.

The notes on pages 19 to 26 form an integral part of these audited financial statements.

Manor Gardens Welfare Trust

STATEMENT OF FINANCIAL POSITION

For the year ended 31st March 2025

	Note	2025 £	2024 £
FIXED ASSETS			
Tangible fixed assets	8	956,469	963,460
CURRENT ASSETS			
Debtors	9	61,987	122,614
Short term deposits		227,638	227,638
Cash at bank		605,018	585,295
Cash in hand		3,429	2,459
Pre Capital Exp		2,814	2,814
		900,886	940,820
CREDITORS: amounts falling due within one year	10	(175,174)	(210,631)
NET CURRENT ASSETS		725,712	730,189
TOTAL ASSETS LESS CURRENT LIABILITIES		1,682,181	1,693,649
NET ASSETS		1,682,181	1,693,649
THE FUNDS OF THE CHARITY			
Unrestricted Funds	11	587,944	595,179
Restricted Funds	12	1,094,237	1,098,470
TOTAL CHARITY FUNDS		1,682,181	1,693,649

These financial statements were approved and authorised for issue by the Trustees on 10th October 2025 and signed on their behalf by:

Crystal Rolfe

Crystal Rolfe, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

CASHFLOW STATEMENT

For the year ended 31st March 2025

CASHFLOW STATEMENT	Notes	Total Funds 2025 £	Prior Year Funds 2024 £
Cash generated from operating activities:			
Net cash provided by/(used in) operating activities	A	20,693	(76,630)
Cash flows from other sources:			
Proceeds from sale of fixed assets		-	-
Application of cash:			
Purchase of fixed assets		-	-
Pre capital exp		-	(2,814)
Net increase/(decrease) in cash	B	20,693	(79,444)
Cash at bank at the beginning of the year	B	815,392	894,836
Cash at bank at the end of the year	B	<u>836,085</u>	<u>815,392</u>
A RECONCILIATION OF NET INCOME/EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES		2025 £	2024 £
Net income/(expenditure) from SOFA (page 14)		(11,468)	(146,968)
Adjusted for:			
Depreciation		6,991	7,330
(Increase)/decrease in debtors		60,627	62,460
Increase/(decrease) in creditors		(35,457)	548
(Profit)/loss on disposal of fixed assets		-	-
Net cash inflow/(outflow) from operations		<u>20,693</u>	<u>(76,630)</u>
B ANALYSIS OF CASH AT BANK AND IN HAND			
	Change in year £	2025 £	2024 £
Cash at bank and in hand	20,693	608,447	587,754
Short term deposits	-	227,638	227,638
	<u>20,693</u>	<u>836,085</u>	<u>815,392</u>

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2025

BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention and in accordance with:

- a) Applicable UK accounting standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)';
- b) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective January 2019) - (Charities SORP FRS 102);
- c) The Companies Act 2006; and
- d) The Charities Act 2011.

PUBLIC BENEFIT ENTITY

The Charity meets the definition of a public benefit entity under FRS 102.

GOING CONCERN

The charity's income is derived from both non-self-generated sources, such as grants, service level agreements and other governmental or NGO sources and self-generated sources, such as rental income and hire income etc. The trustees consider that there are no material uncertainties about the likelihood that this support will continue, and accordingly, the accounts have been prepared on a going concern basis.

INCOMING RESOURCES

Incoming resources are the amounts derived from the provision of charitable services, the receipt of gifts, rents and grants falling within the charity's ordinary activities.

INCOME RECOGNITION

All incoming resources are recognised once the Charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability. Income with conditions attached to its receipt is recognised when the conditions have been fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

RESOURCES EXPENDED

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of raising funds are those costs incurred in attracting voluntary income.

Charitable activities include expenditure associated with the provision of accessible health and welfare services and include both the direct costs and support costs relating to these activities.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

GOVERNANCE COSTS

Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include the audit fee.

Governance costs include those incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements and are included in support costs.

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2025

FIXED ASSETS AND DEPRECIATION

All fixed assets are initially recorded at cost. Freehold land is not depreciated. The Trustees are of the opinion that the freehold buildings have such a long useful economic life and such a high residual value that any depreciation charges arising are immaterial. Depreciation is being charged on other fixed assets retained by the Trust at rates estimated to write off their cost, less any residual value, over their expected useful lives. The expected useful lives are as follows:

Included within furniture and equipment:	
Furniture and equipment	10 years
Safety equipment	10 years
Computer equipment	3 years
Cafe equipment	5 years

STOCK

Stock is valued at the lower of cost and net realisable value.

LEASING CONTRACTS

The management and service charges are credited to the Statement of Financial Activities as they fall due over the period of the lease.

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

UNRESTRICTED FUNDS

Unrestricted funds are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds.

DESIGNATED FUNDS

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

RESTRICTED FUNDS

Restricted funds are to be used for specific purposes as laid down by commissioning authorities and donor's expenditure which meets these criteria is charged to the fund.

TAXATION

The Company is a registered charity and does not trade and as such its income and gains are exempt from corporation tax to the extent that they are applied to its charitable objectives.

PENSIONS

The Charity operates defined contribution schemes which are administered by outside independent pensions providers. Contributions payable for the year are charged to the Statement of Financial Activities.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

1. COST OF CHARITABLE ACTIVITIES

	Activities undertaken directly			2025 Total £	2024 Total £
	Staff Costs £	Other Direct Costs £	Support Costs £		
RESTRICTED					
Service agreements					
MG Nursery	-	-	-	-	80,196
Hornsey Road Children's Centre	-	-	-	-	11,641
Starting Well / Early Parenthood Prog.	-	-	-	-	189,301
FGM Services	73,248	17,672	13,776	104,696	155,246
Therapeutic Service	53,546	10,529	9,708	73,783	14,346
Syrian Fund Service	-	-	-	-	27,285
Food Cooperative Service	50,138	22,139	10,951	83,228	88,740
Food Surplus Café	3,088	2,627	866	6,581	-
Living Well / Stroke Service	185,719	47,437	35,326	268,482	176,075
Social Prescribing	-	-	-	-	44,960
Wellbeing Service	128,837	74,894	30,868	234,599	180,500
Time Limited Projects	-	-	-	-	7,801
Andover Youth Service	83,871	16,867	15,263	116,001	80,449
Total Service agreements	578,447	192,165	116,758	887,370	1,056,540
UNRESTRICTED					
Health and welfare services	362,561	-	54,933	417,494	378,865
TOTAL COST OF CHARITABLE ACTIVITIES	941,008	192,165	171,691	1,304,864	1,435,405

2. SUPPORT COSTS

	2025 £	2024 £
General expenses	10,998	12,103
Insurance	15,614	15,258
Telephone/Broadband	39,222	38,219
Postage	253	959
Copying	3,970	1,874
Bank charges	2,064	1,841
Stationery and office supplies	1,472	1,031
Training and development	1,180	318
Depreciation	6,991	7,330
Computing	17,922	15,024
Bad debts and provisions	3,483	4,000
Repairs and maintenance	39,965	41,766
Cleaning	47,730	47,373
Light and heat	56,534	74,947
Water rates	2,569	2,372
Non Domestic Rates	-	859
Management charges	6,426	6,135
Winter and Summer Wellbeing Festivals recruitments	-	1,319
Website / Communications /Charity Log	697	2,194
Governance (see Note 3)	6,243	6,502
HR Resources	15,779	6,905

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

	2025 £	2024 £
Staff Support	-	6,999
Gross Costs	279,112	296,328
Less: income from Projects excluded from SOFA (page 14)	(107,421)	(119,837)
Net Support Costs (see note 1)	171,691	176,491

3. GOVERNANCE COSTS

	2025 £	2024 £
Accountancy and audit fees	4,800	4,800
Insurance	811	954
General expenses	632	748
	6,243	6,502

4. NET INCOMING RESOURCES FOR THE YEAR

	2025 £	2024 £
This is stated after charging:		
Depreciation	6,991	7,330
Auditor's remuneration	4,800	4,800

5. EMPLOYEES

The average number of people employed during the year was as follows:

	2025 No	2024 No
Senior Management Team	3	3
Projects and services	35	40
	38	43

Employment costs were:

	2025 £	2024 £
Wages and salaries	837,850	861,859
Social security costs	75,305	75,213
Pension costs	30,296	32,082
	943,451	969,154

During the year two employee earned £60,000 or more and no Trustee received any remuneration or reimbursed expenses.

Pension costs relate to a defined contribution scheme. Contributions are charged in the years to which they relate.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

6. INCOMING RESOURCES

Details of larger restricted grants and other funding received during the year include:

	2025	2024
	£	£
Manor Gardens Nursery		
London Borough of Islington	4,112	54,263
FGM Services		
London Borough of Newham// Hestia Housing & Support	32,650	68,000
London North West University Healthcare NHS Trust	6,011	12,021
Guilty Feminist	-	1,500
Choose Love	24,200	24,580
Jane Hodge Foundation	5,000	-
Westfield Health	3,600	-
Barnardos	2,000	-
Starting Well Services		
Cloudesley	-	5,000
London Borough of Islington/Family Hubs Start for Life	-	24,999
Therapeutic Service		
Shpresa	-	3,500
Syrian Resettlement Programme		
London Borough of Islington	-	-
Food Cooperative		
Soil Association	2,000	8,000
Greater London Authority	28,613	44,806
Cripplegate Foundation	1,000	20,000
Food Surplus Café		
London Borough of Islington	38,628	-
Living Well Services		
NHS Islington CCG	69,153	69,153
London Borough of Islington	103,865	3,742
Cripplegate Foundation	34,945	-
Social Prescribing		
Primary Care Network North Islington GP Federation	-	21,791
Help on Your Door Step	-	23,621
Single Point of Access		
London Borough of Islington	24,385	58,524
Wellbeing Communities Service		
London Borough of Islington – Community Mental Health & Wellbeing	41,167	98,800
Cloudesley	42,879	43,459
Cripplegate Foundation	13,450	-
Camden and Islington Foundation	-	39,545
London Borough of Islington – Cost of Living	57,257	-
UCL Hospitals NHS	12,000	-
Community Trust Lottery	19,929	72,623
London Borough of Islington – Warm Space Fund	-	2,650

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

	2025	2024
	£	£
Fabians Place		
Fabians Place	29,560	5,000
Youth Services – Andover		
Islington Council	60,000	60,000
Home Office Violence Reduction Unit	75,968	48,707
Others		
London Borough of Islington – Infrastructure improvement	45,000	-
Total of all other grants / fees / income	18,927	221
	<u>796,299</u>	<u>814,505</u>

7. PROJECTS: RESTRICTED REVENUE FUNDS

The table below shows the reserves of Projects for specific purposes, as included in Restricted Funds (see note 12):

	2025	2024
	£	£
MG Nursery/HRCC	27,057	22,945
FGM services	750	6,514
Syrian Fund Service	-	3,068
Food Cooperative Service	9,946	48,942
Food Surplus café	32,913	-
Living Well	90,106	9,595
Wellbeing Service	70,458	103,335
Fabians Place	29,560	5,000
Single Point of Access	-	115,211
Time Limited Projects	-	1,222
Youth Service – Andover	102,947	67,217
	<u>363,737</u>	<u>383,049</u>

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

8. TANGIBLE FIXED ASSETS

	Freehold Premises £	Furniture & Equipment £	Café Equipment £	Total £
COST				
1 st April 2024	938,527	300,392	-	1,238,919
Disposals	-	-	-	-
Additions	-	-	-	-
Transfers	-	-	-	-
31stMarch 2025	938,527	300,392	-	1,238,919
DEPRECIATION				
1 st April 2024	-	275,459	-	275,459
On Disposal	-	-	-	-
Charge for the period	-	6,991	-	6,991
31stMarch 2025	-	282,450	-	282,450
NET BOOK AMOUNT				
31stMarch 2025	938,527	17,942	-	956,469
31 st March 2024	938,527	24,933	-	963,460

Freehold premises are shown at their original cost including the cost of additions and improvements. The Trustees have estimated the insurance value at £10,000,000.

9. DEBTORS

	2025 £	2024 £
Service charges	60,612	104,840
Prepayments and accrued income	1,375	17,774
	61,987	122,614

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Operating creditors	19,487	58,382
Other taxes and social security	21,649	23,896
Other creditors and accruals	134,038	128,353
	175,174	210,631

Included in "Other creditors and accruals" are amounts outstanding to pension schemes at the balance sheet date of £4,434 (2024: £5,891).

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

11. UNRESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/4/24	Income	Transfers	Expenditure	31/3/25
	£	£	£	£	£
Designated (see note below)					
Building Refurbishment Reserve	246,924	-	-	-	246,924
Revenue Reserve	168,613	-	(7,235)	-	161,378
	415,537	-	(7,235)	-	408,302
Undesignated/General funds	179,642	523,017	(93,523)	(429,494)	179,642
TOTAL UNRESTRICTED FUNDS	595,179	523,017	(100,758)	(429,494)	587,944

Designated funds have been set aside out of unrestricted funds by the Trustees to cover material fluctuations in rent and room hire income, essential and non-recurring administration costs, and non-recurring costs resulting from withdrawal of some or all of external funding for projects. Transfers represent unrestricted funds that have subsidised projects undertaken during the year that were associated with restricted funds.

12. RESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/4/24	Income	Transfers	Expenditure	31/3/25
	£	£	£	£	£
Capital funds:					
Building asset fund	305,612	-	-	-	305,612
Fixed asset fund	19,504	-	-	-	19,504
Other grants	218,912	-	-	-	218,912
	544,028	-	-	-	544,028
Revenue funds:					
Projects activities (note 7)	383,049	751,299	116,759	(887,370)	363,737
Other revenue funds	171,393	45,000	(16,001)	(13,920)	186,472
	1,098,470	796,299	100,758	(901,290)	1,094,237

Building asset fund: Original cost and initial improvements made to the Charity's original freehold premises.

Fixed asset fund: Cost of assets funded by grants.

Other grants: Capital grants received for specific purposes.

Projects activities: Restricted revenue funds that have been received in the year as set out in note 6.

Other revenue funds: Restricted funds not directly related to projects.

13. NET ASSETS ATTRIBUTABLE TO FUNDS	Unrestricted	Restricted	Total	Total
			31/03/25	31/03/24
	£	£	£	£
Fixed assets	412,441	544,028	956,469	963,460
Current assets	350,677	550,209	900,886	940,820
Current liabilities	(175,174)	-	(175,174)	(210,631)
	587,944	1,094,237	1,682,181	1,693,649

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

14. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year or previous year.
There is no ultimate controlling party.

15. CONTINGENT LIABILITIES

The charity had no material contingent liabilities at 31st March 2025 nor at 31st March 2024.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2025

16. STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2024

	Note	UNRESTRICTED		RESTRICTED	2024
		General Funds	Designated Funds		Total
		£	£	£	£
INCOME FROM:					
Donations and legacies		4,159	-		4,159
Charitable activities					
Grants and service agreements	6/7	-	-	814,505	814,505
Rent and service charges		395,014	-	-	395,014
Room hire		29,985	-	-	29,985
Income from services supplied		3,939	-	-	3,939
Fundraising		4,992	-	-	4,992
Other		17,377	-	-	17,377
Investment income		18,466	-	-	18,466
Total income		473,932	-	814,505	1,288,437
EXPENDITURE ON:					
Raising funds		-	-	-	-
Charitable activities					
Service agreements	1	-	-	1,056,540	1,056,540
Health and welfare services	1	378,865	-	-	378,865
TOTAL EXPENDITURE		378,865	-	1,056,540	1,435,405
NET INCOME / (EXPENDITURE)		95,067	-	(242,035)	(146,968)
Transfers between funds	11/12	(95,067)	(59,678)	154,745	-
NET MOVEMENT IN FUNDS		-	(59,678)	(87,290)	(146,968)
RECONCILIATION OF FUNDS:					
TOTAL FUNDS AT 1 APRIL 2023		179,642	475,215	1,185,760	1,840,617
TOTAL FUNDS AT 31 MARCH 2024	11/12	179,642	415,537	1,098,470	1,693,649

MANOR GARDENS WELFARE TRUST LTD

England & Wales - Charity number 1063053

Accounts

Manor Gardens Welfare Trust

(A Company Limited by Guarantee and
Registered Charity No. 1063053)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

Year ended 31st March 2024

Making the difference for over 100 Years

Company No. 3386929

Manor Gardens Welfare Trust

CONTENTS

Year ended 31st March 2024

	Page
Reference and administrative details	1
Trustees' report	2 - 9
Statement of Trustees' responsibilities	10
Independent Auditor's report	11 - 13
Statement of Financial Activities	14
Statement of Financial Position	15
Cashflow Statement	16
Accounting policies	17 - 18
Notes to the accounts	19 - 26

Manor Gardens Welfare Trust

REFERENCE AND ADMINISTRATIVE DETAILS

Year ended 31st March 2024

Legal and Administrative Details as at 31st March 2024

Status: Manor Gardens Welfare Trust (“the Company” or “the Charity”) is a charitable company limited by guarantee. The current charity was incorporated on 13th June 1997, and registered with the Charity Commission.

Background: The activities of the Charity were originally carried out by an unincorporated association, Manor Gardens Community Trust (MGCT), registered under the Charities Act 1960 on 16th October 1985. The North Islington Infant Welfare Centre (NIIWC) ran the Manor Gardens Centre prior to MGCT being set up. In 1997 the NIIWC and MGCT merged and the new charitable company Manor Gardens Welfare Trust (MGWT) was formed. NIIWC and MGCT have been removed from the Charity Commission register.

Trustees and Directors:

Crystal Rolfe, Chair
Pardeep Bhatti ACA, Treasurer
Nicholas Tait
Ruth Morrison (retired September 2023)
Jeffrey O’Brien
Iris Tuechter
Jasmine Kaler (commenced May 2023)
Veronica Senior (commenced May 2023)
Giulia Crepaldi (commenced May 2023)
Edward Azzopardi (commenced May 2023)

Senior Management Team:

Hekate Papadaki, Chief Executive Officer
William Meghoma, FFA, FIPA, FCCA, Director of Finance and Administration
Felicity Ford, Director of Fundraising and Development (resigned May 2023)
Laura Thomas-Hockey, Head of Partnerships and Development, (appointed July 2023)

Registered Office and Operational Address:

6-9 Manor Gardens, London N7 6LA

Company Number:

3386929

Charity Number:

1063053

Senior Statutory Auditor:

Anthony Daniel Armstrong FCA
of Armstrong & Co
Chartered Accountants & Statutory Auditors
4A Printing House Yard
London E2 7PR

Solicitors:

Russell-Cooke
2 Putney Hill
London SW15 6AB

Bankers:

HSBC plc
312 Seven Sisters Road
Finsbury Park
London N4 2AW

Barclays Bank plc
403 Holloway Road
London N7 6HL

COIF Charities Deposit Fund
Senator House
85 Queen Victoria Street
London EC4V 4ET

ANNUAL REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2024

Objectives and Activities

Objectives:

The Charity is established for the following purposes, having regard to equality and diversity amongst and for the benefit of service beneficiaries:

- To relieve the needs arising from financial hardship, sickness, disability and old age.
- To advance education.
- To promote mental and physical good health.
- To provide assistance to children and young people who are in need of care and attention arising from their youth.
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The term 'service beneficiaries' refers to all those in receipt of services and support from MGWT, who are predominantly resident in London, and include individuals, families and community groups.

Governing Document: Manor Gardens Welfare Trust was established under a Memorandum of Association, which established the objects and powers of the organisation. It is governed under its Articles of Association. The charitable objects were reviewed by the Board of Trustees during 2011 and the revised objects were approved by the Charity Commission in September 2011.

Our Vision

The vision of the organisation is to build strong communities where all people have good health, resilience, and opportunity.

Our Purpose

Early intervention and prevention: we prevent the escalation and deepening complexity of difficulties experienced by people which impact upon their life opportunities, health, and wellbeing.

Community-driven approaches: we understand and work alongside people to develop our work and expertise in person-centred interventions for diverse communities from childhood to adulthood.

Learning and development for impactful response: we inform and develop our work and influence and effect wider system change and practice.

We continue to work with people of all ages and all communities, with a particular focus on those that experience identified barriers and difficulties in accessing support and services including language barriers and socioeconomic disadvantage.

For this purpose, we maintain community hubs in Islington, and develop service offers to reach into a wider geographical area, based upon knowledge of need and solutions.

Overview:

Manor Gardens Welfare Trust (MGWT) continues to support local communities with diverse and emerging needs, an approach we have been taking since we were founded in 1913. During 2023/24 we provided direct support to over 2,000 community members across all services as well wider support to thousands more residents in the borough through our hot meals programme, targeted work to increase the uptake of Healthy Start vouchers in Islington, and training of professionals in safeguarding children from FGM.

From our bases in the London Borough of Islington we identify need, appropriate responses and deliver services to support and have impact for individuals and local communities across London, and at times, into regional areas. In partnership with individuals, communities and other voluntary and statutory agencies and services we collaborate to identify potential and existing gaps in provision and where there may be unmet and additional need. We see

strength in the diversity of our service offer, recognising that the communities we support reflect this diversity, and for many MGWT is a first point of access when seeking help.

In the past year, MGWT has adeptly responded to the various challenges facing our communities. Our commitment ranges from our youth service for children and young people aged 11 – 18 who are at risk of violence, to assisting elderly, vulnerable and isolated residents. We prioritize the welfare of those most in need, such as refugees, newly arrived communities, children, young people, families, and adults—particularly those facing socioeconomic disadvantage and health concerns. During the recent cost of living crisis, MGWT continued to offer warm spaces for those affected by rising utility costs and expanded its hot meals service by working in partnership with five food hubs in the borough, which allowed us to offer more than 5,500 hot meals. At the same time, we were able to provide emergency items including electric blankets and air fryers to residents struggling with rising energy prices. Over Christmas, we distributed more than 100 presents to children who would otherwise not receive gifts. This work was made possible with the support of the National Lottery, Islington Council and the East London Business Alliance.

Our work with partners, commissioners and funders across London Boroughs continues to consider how we can connect people to the support and services needed at the right time and in the right way, reducing barriers and duplication, and harnessing the strengths and innovation that grows from our local communities and partnerships. During the year, we delivered the following services:

Mental Wellbeing

Islington has some of the highest rates of mental ill health in the UK, and Manor Gardens stepped up to meet these challenges. Over **856 adults** received one-to-one multilingual advocacy support, and **204 individuals** participated in community wellbeing activities to reduce isolation and improve their mental health. These activities included **yoga sessions, art therapy, conversation cafés, and ESOL classes**, all tailored to meet the diverse needs of our clients. Over **204 individuals** took part in these activities, with many attending regularly. Our **community celebration events**—such as **Eid, Christmas, and World Mental Health Day**—provided further opportunities for social interaction and cultural exchange. These activities played a crucial role in improving clients' resilience, positivity, and overall wellbeing.

Our counselling service provided therapeutic support to **104 survivors of trauma** and we expanded our work with **132 children** and their families, offering tailored therapeutic support for those experiencing complex trauma. Our **Dahlia Project** continued its essential work, offering specialist therapeutic services to 67 survivors of FGM. In addition to providing in-house therapeutic interventions, we maintained our partnership with the **London North-West University Healthcare NHS Trust** to offer support through the **Hibiscus FGM clinic**.

Out of the clients accessing therapy:

- **100%** reported improvements in managing trauma symptoms.
- **75%** improved relationships with family and friends after therapy.

Advocacy and Support

Manor Gardens' advocacy team supported **794 clients** with complex needs, delivering culturally competent services in **10 languages**. From helping clients navigate debt and welfare entitlements to providing emergency items like food vouchers and electric blankets, our services were a lifeline to those in need. **76%** of our clients were from non-White British backgrounds. We provided specialist services for clients dealing with domestic violence, mental health challenges, and housing insecurity.

Two staff members were trained as **Independent Domestic Violence Advocates (IDVAs)** to offer more robust support to survivors of abuse.

In partnership with the Cloudesley Trust, we distributed **£10,531** in crisis grants, supporting clients with urgent needs such as housing repairs, education, and welfare.

Youth Services

Our youth services grew significantly this year, engaging over **120 young people aged 11-18** from marginalized communities. Many of these young people were at risk of gang violence and exploitation, and our targeted interventions helped them build resilience and learn about healthy relationships.

Key outcomes included:

- **95%** of participants increased their understanding of consent.
- **92%** improved their awareness of grooming risks and where to seek help.
- **87%** of participants reported greater self-confidence.

Policy, Campaigning and Partnerships

We directly support women who have experienced Female Genital Mutilation (FGM), and campaign widely to prevent this harmful practice. Our Dahlia Project continues to offer therapeutic groups and a safe space for women who are survivors of FGM, alongside one-to-one advocacy, empowerment and peer support groups. This year, Manor Gardens has been at the forefront of efforts to provide access to **FGM reconstruction** and related therapeutic support in the UK. Through our **Dahlia Project**, we worked closely with **Imperial College** and health professionals to conduct consultations with survivors, to support the development of the first UK clinical trial for FGM reconstruction. Our involvement ensures that the needs and experiences of survivors are central to this important work.

Manor Gardens continues to chair the Islington Food Partnership, a coalition of community and statutory partners interested in reducing food poverty and food waste. It has led the growth of food co-ops in the borough as well as setting the strategic direction of food stability and sustainability for Islington. Our network grew by more than 20% to **228 members**. We also continued to provide dignified food aid through our food co-op.

Here are some of our achievements during the year:

- We collected data on food aid, analysing trends and mapping provision to enable efficient planning and easier access to support for people experiencing food insecurity.
- Our **Healthy Start Workshops** increased uptake of the scheme across the borough by 6%, making it **70%** compared to the **64% national average**.
- We raised and distributed funds to **5 IFP partners** to deliver healthy hot meals during the winter months, leading to **5,500 hot meals** distributed to people in poverty.
- We spoke with over **80 local businesses** about their food waste and sustainable practices.
- **83%** of our members felt that membership in the IFP increased opportunities for collaboration and helped them identify funding.

Working with Islington Council, Age UK and Help on Your Doorstep we continued to deliver the Central Point of Access system to enable people working in Adult Social Care to make referrals directly to our organisation for triage and onward referral, simplifying referrals and ensuring people received appropriate help in a timely fashion. External evaluation of the CPOA by **BASIS consultancy** found that **90% of clients would recommend the service** and **70% did not need to return to adult social care** or the hospital as a result of accessing our support.

We are represented on a wide range of forums and for some areas of our work this extends more broadly into neighbouring Boroughs and across London. These include:

- Islington Health and Wellbeing Board, Islington Fairer Together Partnership Board (including strategic and delivery groups), Islington All-Age Mental Health Partnership Board, Islington Early Years Partnership Board, Bright Start Early Childhood Area Partnership (ECAP), Bright Start Private, Voluntary and Independent (PVI) Forum, London FGM Forum, Newham FGM Forum, Maternity Voices (North London), Camden – Best Start in Life, Camden Perinatal Mental Health Forum, Time to Change Islington, and the Islington Food Partnership.

As a charity, we are members of the Association of Chief Executives of Voluntary Organisations (ACEVO), the National Council of Voluntary Organisations (NCVO), Voluntary Action Islington (VAI), Charity Finance Group, and Institute of Fundraising and maintain access to information, newsletters and advice within the sector.

In addition to our attendance and participation, we also directly host and chair forums which develop opportunities for strategic and operational dialogue and the sharing of knowledge, expertise and practice. Examples are Health Exchange, developed with Islington Council and Islington CCG, the North Locality Leadership Team, to develop integrated health and social care provision in North Islington and the Islington Food Partnership. These assist in bringing organisations and people together to improve the delivery and commissioning of services, and to make connections and work in partnership.

Co-location

Manor Gardens Welfare Trust operates from buildings at numbers 6-9 Manor Gardens, London N7 6LA, of which it owns the freehold. As an organisation we recognise the importance of community places to assist community members when seeking services and help. Our buildings enable us to further generate a partnership approach through our position as landlord to currently fourteen organisations, which includes other charities, organisations and services responding to local communities.

Our buildings enable the development and delivery of a hub of community-focused services. Our community friendly reception space, developed during the pandemic, is now being used for joint activities and enables us to further our partnerships with external partners as well as providing a community hub in the North of Islington.

The Charity also leases the ground floor and basement of 10 Manor Gardens, part of the Beaux Arts Building. The lease expires in 2027. The space within these buildings is used by MGWT to deliver its services and assists in hosting other health and wellbeing organisations, including sessional meeting space for similar groups.

Our services particularly support the diverse communities of Islington but also replicate our services and support into the neighbouring North London boroughs, Newham, and more widely across London.

Staff and volunteers

Our dedicated team of **36 staff members** and **20 volunteers** continued to be the backbone of Manor Gardens throughout 2023-24. Despite the challenges posed by rising demands and the ongoing cost-of-living crisis, our staff demonstrated unwavering commitment to delivering high-quality services to the communities we serve. Many of our volunteers have lived experience of the issues we address, such as mental health, domestic abuse, and food insecurity, bringing invaluable insights to their roles. Together, they contributed to a wide range of activities, from **yoga and ESOL classes** to **administrative support** and **community outreach**, ensuring that we could reach and support as many people as possible. Their passion and dedication have had a lasting impact, transforming lives across Islington and beyond.

Organisational Structure

The Chief Executive Officer (CEO) reports directly to the Board of Trustees. The Senior Management Team comprises of the CEO, the Director of Finance and Administration, and the Head of Partnerships and Development.

Structure, Governance and Management:

Manor Gardens Welfare Trust governs through its Memorandum and Articles of Association. The Articles of Association were updated in 2011 and approved by the Charity Commission in August 2011.

The Charity's governing body is the Board of Trustees, whose members are trustees under charity law and directors of the Company for the purposes of Company Law. New trustees/directors are elected at a General Meeting of the Board for a period of three years. They can serve for two terms i.e. six years, with provision for a further term if elected Chairperson. Four new trustees joined our board during 2023/24 increasing our board to nine members.

As directors of the Company, the Trustees each guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of a winding up. Trustees have no beneficial interest in the Company. There are no known conflicts of interest and these are requested and recorded through an annual declaration, and updates requested at each Board meeting. Any declared conflicts of interest would be recorded; these would then be monitored and managed as necessary.

The Board is confident that the Charity conforms to and is compliant with the Charity Commission's guidance, 'The essential trustee: what you need to know, what you need to do' (July 2015), and works under the Charity Governance Code (2018) supported through our membership of National Council for Voluntary Organisations and ACEVO.

Trustee Recruitment and Training

Trustees are recruited by various means, and in consideration of the latest Board appraisal, reflecting the skills of the Board and the requirements of the Organisation, and uses open and transparent recruitment practices. Advertising positions via our website extends to the recruitment of trustees, as well as utilising the initiatives and support of partners. This has included the BoardMatch66 process, initiated by the Big Alliance, to broker links between corporate partners and staff of these companies with an interest in local charities and trustee positions.

All prospective trustees meet with the Chair and the CEO to discuss their application, and if all is satisfactory following meeting and recruitment checks, their appointment is put to the Board. Any appointment is ratified at the subsequent Annual General Meeting. All appropriate checks are completed to assure that prospective and current trustees are not barred from taking up positions, including guidance on automatic disqualification rules issued in 2018. Declaration is signed confirming their suitability to serve.

Each new Trustee is inducted into their role and the Organisation, through provision of information and time with our staff and services, and one-to-one session with the CEO, Chair and fellow trustees, and SMT members. The Charity Commission's guidance, 'The essential trustee' is the basis of our briefing into the role and is provided to all. A comprehensive induction pack which contains information about the history of the Manor Gardens Welfare Trust, details of Tenant Groups based at our premises, copies of the Memorandum and Articles of Association, a copy of all Centre policies on disc, a copy of the most recent Annual Accounts and Annual Review is provided.

The Board regularly conducts review of trustees' skills and an appraisal of Board effectiveness, led by the Chair. Where this review identifies skills shortages, this is addressed by training and/or the recruitment of new trustees. On an annual basis the Chair reviews the performance of the trustees against the list of their main responsibilities.

The Board seeks to represent the diversity of our wider society through its membership, and this is a further consideration in our annual review and recruitment. The Organisation's policy statement on Equality, Diversity and Inclusion extends to and is reflected in the principles and performance of the Board.

- 44% of trustees are from Black, Asian and other Minority Ethnic groups (BAME), 56% are white British or from white-other Ethnic groups.
- 56% of trustees are female, and 44% are male.

Board Processes and Decision making

In 2023/24, the full Board met six times during the year to set strategic direction and to review the performance, compliance, and finances of the Charity. Additionally, board subgroups met 4 times to support work around our finance and facilities, fundraising and services and HR. These meetings were agreed to be held remotely and online, and this continued throughout the year. The CEO, the Director of Finance and Administration and the Director of Fundraising and Development were in attendance at all meetings, as well as the Senior Management Team (SMT).

Risk Management

Potential areas of risk to the Charity are identified, recorded and reviewed by the Board at every Meeting, assisted by the Senior Management Team. The Risk Register incorporates financial, operational risk and external risk, assessing likelihood of occurring, impact, and mitigation to reduce likelihood and the impact. Whilst recognising that no organisation can ever be risk free, the Board of Trustees consider that the range of measures and controls in place have reduced to an acceptable level the various risks faced by Manor Gardens Welfare Trust.

Future Plans:

Initiatives and integrated working continues, to continue to address inequalities impacting the health and wellbeing of individuals and within our communities.

We will continue to outreach into communities whilst also offering a safe and accessible co-location space working with similar organisations and charities, and as an asset to the local community. We recognise the importance of place and how people can come together, support one another, and have the best opportunities in life, addressing challenges in society today. To this end, we have embarked on a partnership with Islington Council for the development of the North Access Islington Hub, a one-stop-shop for early intervention and prevention services for Islington residents.

We will continue to invest in people and communities to enable delivery of our Strategy, providing access, impact, and a place where people can feel welcomed, supported and valued.

More information about our current services and developments for the Charity can be found on our website at www.manorgardenscentre.org

FINANCIAL REVIEW AND RESULTS FOR THE YEAR ENDED 31ST MARCH 2024

The Statement of Financial Activities (SoFA) including an Income and Expenditure account set out on page 14, shows total income of £1,288,437 (2023: £1,964,372) and total expenditure £1,435,405 (2023: £2,218,107). This resulted in net deficit of £146,968 (2023: deficit £253,735). The large deficit was due to loss of revenue at our two early year settings. This was because of low number of children at our nurseries after the pandemic.

RESERVES POLICY

The Board has a long-term policy of increasing both the Revenue and Building Refurbishment Reserves (see note 11 to the accounts) to ensure that fluctuations in future income do not threaten the financial stability of the organisation. The uncertainties include grants from statutory bodies and rental income.

Revenue Reserve: The Revenue Reserve is needed to provide funds which can be made available for specific projects, and to assist with unforeseen economic events.

The Trustees believe that the level of this reserve should be gradually increased to the equivalent of three months' total expenditure calculated and reviewed annually. The reserve is being built up to the desired level in stages consistent with the Charity's overall financial position and its need to maintain its activities. The current level of this reserve is £168,613 compared with three months' total expenditure of £358,851 based on the audited accounts.

Building Refurbishment Reserve: The Board's policy is to build up the Building Refurbishment Reserve, to £260,000, which equals 4% of the estimated value of the freehold premises (£6.5million). The purpose of this reserve is for the refurbishment of, and cyclical maintenance work on the Charity's premises. The Trustees expect to achieve this level of funding by a combination of specific donations, grants and transfers from general reserves. At the year end this reserve stands at £246,924.

General funds (see note 11 to the accounts) are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds. The current level of Undesignated funds is £179,642.

Restricted Capital funds (see note 12 to the accounts) comprise a building asset fund, a fixed asset fund and other grants fund. The building asset fund represents the original cost of, and initial improvements made to the Charity's original freehold premises; whereas the fixed asset fund represents the cost of assets funded by grants. The current level of the combined Capital funds is £544,028.

The policies for and levels of these reserves will continue to be monitored by Trustees on an annual basis. Further analysis of the reserves of the Charity can be found in notes 11 and 12 to the financial statements.

INDEPENDENT AUDITORS

The statutory auditor, Anthony Daniel Armstrong FCA of Armstrong & Co, has indicated his willingness to be proposed for re-appointment in accordance with Section 485 of the Companies Act 2006.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

The trustees who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the charitable company's auditor is unaware, and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the Charities SORP FRS 102 (effective 1 January 2015) and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Manor Gardens Welfare Trust

TRUSTEES' REPORT

Year ended 31st March 2024

The trustees have determined that the charitable company be audited under the Companies Act 2006 for the year ended 31st March 2024 and for future years. The charitable company would also be required to be audited under charities legislation for the year ended 31st March 2024.

The trustees acknowledge and confirm their responsibilities for preparing the financial statements as detailed in the Statement of Trustees' Responsibilities set out on page 10.

Approved and authorised for issue by the Trustees on 11th October 2024 and signed on their behalf by:

Crystal Rolfe

Crystal Rolfe, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

STATEMENT OF TRUSTEES' RESPONSIBILITIES

For the year ended 31st March 2024

The trustees (who are the directors of the charity for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- follow applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2024

We have audited the financial statements of Manor Gardens Welfare Trust for the year ended 31st March 2024 which comprise the Statement of Financial Activities, Statement of Financial Position, and the Notes to the Accounts to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information in the annual report but does not include the financial statements and our report of the auditors thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2024

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page 10 the charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the specific business environment in which they operate, the reporting requirements they are obliged to adhere to and other legal and regulatory requirements applicable to operating entities in general.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2024

These include the Companies Act 2006, the Charities Act 2011, FRS 102, the Charities SORP and GDPR legislation. The charitable company operates locally and is not significantly impacted by international law or regulations.

Taxation law and regulations applicable to charities also apply to the charitable company but it is not involved in any complex matters that increase the risk of non-compliance.

Each area of audit review includes in the audit documentation reference to potential non-compliance and awareness of potential non-compliance is embedded in our audit procedures.

- We assessed the risks of material misstatement in respect of fraud by enquiry of management, review of the charity's operations and direct review of significant and material transactions, including all non-standard or irregular journal adjustments. Our understanding of the organisation enables us to understand and identify transactions or areas that appear to present a risk of fraud. None were detected.

Our pre-audit questionnaire specifically makes enquires about fraud and this is supported by audit documentation. We also review Board minutes to identify any matters of concern or risk. None were identified.

- The audit was conducted by a very experienced auditor who has a good knowledge of the client and no other assistance or support was required.
- The charity is small, its activities are regular and consistent and are not complex and no special audit considerations apply, nor is external specialist assistance required.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Armstrong

Anthony Daniel Armstrong FCA(Senior Statutory Auditor)
for and on behalf of Armstrong & Co
Chartered Accountants & Statutory Auditors

4a Printing House Yard
Hackney Road
London E2 7PR
11th October 2024

Manor Gardens Welfare Trust
STATEMENT OF FINANCIAL ACTIVITIES
Including an Income and Expenditure Account
For the year ended 31st March 2024

	Note	UNRESTRICTED General Funds £	Designated Funds £	RESTRICTED £	2024 Total £	2023 Total £
INCOME FROM:						
Donations and legacies		4,159	-	-	4,159	2,353
Charitable activities						
Grants and service agreements	6/7	-	-	814,505	814,505	1,551,906
Rent and service charges		395,014	-	-	395,014	374,671
Room hire		29,985	-	-	29,985	22,090
Income from services supplied		3,939	-	-	3,939	5,548
Fundraising		4,992	-	-	4,992	-
Other		17,377	-	-	17,377	2,531
Investment income		18,466	-	-	18,466	5,273
TOTAL INCOME		473,932	-	814,505	1,288,437	1,964,372
EXPENDITURE ON:						
Raising funds		-	-	-	-	180
Charitable activities						
Service agreements	1	-	-	1,056,540	1,056,540	1,785,073
Health and welfare services	1	378,865	-	-	378,865	432,854
TOTAL EXPENDITURE		378,865	-	1,056,540	1,435,405	2,218,107
NET INCOME / (EXPENDITURE)		95,067	-	(242,035)	(146,968)	(253,735)
TRANSFERS BETWEEN FUNDS	11/12	(95,067)	(59,678)	154,745	-	-
NET MOVEMENT IN FUNDS		-	(59,678)	(87,290)	(146,968)	(253,735)
RECONCILIATION OF FUNDS:						
TOTAL FUNDS AT 1 APRIL 2023		179,642	475,215	1,185,760	1,840,617	2,094,352
TOTAL FUNDS AT 31 MARCH 2024	11/12	179,642	415,537	1,098,470	1,693,649	1,840,617

See Note 16 for a detailed analysis of 2023 prior year amounts.

All activities are classed as continuing.

There were no other recognised gains or losses other than those stated above.

The notes on pages 19 to 26 form an integral part of these audited financial statements.

Manor Gardens Welfare Trust
STATEMENT OF FINANCIAL ACTIVITIES
Including an Income and Expenditure Account
For the year ended 31st March 2024

	Note	2024 £	2023 £
FIXED ASSETS			
Tangible fixed assets	8	963,460	970,787
CURRENT ASSETS			
Debtors	9	122,614	185,074
Short term deposits		227,638	227,638
Cash at bank		585,295	664,277
Cash in hand		2,459	2,921
Pre Capital Exp		2,814	-
		940,820	1,079,910
CREDITORS: amounts falling due within one year	10	(210,631)	(210,080)
NET CURRENT ASSETS		730,189	869,830
TOTAL ASSETS LESS CURRENT LIABILITIES		1,693,649	1,840,617
NET ASSETS		1,693,649	1,840,617
THE FUNDS OF THE CHARITY			
Unrestricted Funds	11	595,179	654,857
Restricted Funds	12	1,098,470	1,185,760
TOTAL CHARITY FUNDS		1,693,649	1,840,617

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard 102.

Approved and authorised for issue by the Trustees on 11th October 2024 and signed on their behalf by:

Crystal Rolfe

Crystal Rolfe, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

CASHFLOW STATEMENT

For the year ended 31st March 2024

CASHFLOW STATEMENT	Notes	Total Funds 2024 £	Prior Year Funds 2023 £
Cash generated from operating activities:			
Net cash provided by/(used in) operating activities	A	(76,630)	66,014
Cash flows from other sources:			
Proceeds from sale of fixed assets		-	-
Application of cash:			
Purchase of fixed assets		-	(11,108)
Pre capital exp		(2,814)	-
Net increase/(decrease) in cash	B	(79,444)	54,906
Cash at bank at the beginning of the year	B	894,836	839,930
Cash at bank at the end of the year	B	815,392	894,836
A RECONCILIATION OF NET INCOME/EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES			
		2024	2022
		£	£
Net income/(expenditure) from SOFA (page 14)		(146,968)	(253,735)
Adjusted for:			
Depreciation		7,330	7,676
(Increase)/decrease in debtors		62,460	301,073
Increase/(decrease) in creditors		548	7,357
(Profit)/loss on disposal of fixed assets		-	3,644
Net cash inflow/(outflow) from operations		(76,630)	66,014
B ANALYSIS OF CASH AT BANK AND IN HAND			
	Change in year £	2024	2023
		£	£
Cash at bank and in hand	(79,444)	587,754	667,198
Short term deposits	-	227,638	227,638
	(79,444)	815,392	894,836

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2024

BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention and in accordance with:

- a) Applicable UK accounting standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)';
- b) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102);
- c) The Companies Act 2006; and
- d) The Charities Act 2011.

PUBLIC BENEFIT ENTITY

The Charity meets the definition of a public benefit entity under FRS 102.

GOING CONCERN

The charity's income is derived from both non-self-generated sources, such as grants, service level agreements and other governmental or NGO sources and self-generated sources, such as rental income and hire income etc. The trustees consider that there are no material uncertainties about the likelihood that this support will continue, and accordingly, the accounts have been prepared on a going concern basis.

INCOMING RESOURCES

Incoming resources are the amounts derived from the provision of charitable services, the receipt of gifts, rents and grants falling within the charity's ordinary activities.

INCOME RECOGNITION

All incoming resources are recognised once the Charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability. Income with conditions attached to its receipt is recognised when the conditions have been fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

RESOURCES EXPENDED

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of raising funds are those costs incurred in attracting voluntary income.

Charitable activities include expenditure associated with the provision of accessible health and welfare services and include both the direct costs and support costs relating to these activities.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

GOVERNANCE COSTS

Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include the audit fee.

Governance costs include those incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements and are included in support costs.

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2024

FIXED ASSETS AND DEPRECIATION

All fixed assets are initially recorded at cost. Freehold land is not depreciated. The Trustees are of the opinion that the freehold buildings have such a long useful economic life and such a high residual value that any depreciation charges arising are immaterial. Depreciation is being charged on other fixed assets retained by the Trust at rates estimated to write off their cost, less any residual value, over their expected useful lives. The expected useful lives are as follows:

Included within furniture and equipment:	
Furniture and equipment	10 years
Safety equipment	10 years
Computer equipment	3 years
Cafe equipment	5 years

STOCK

Stock is valued at the lower of cost and net realisable value.

LEASING CONTRACTS

The management and service charges are credited to the Statement of Financial Activities as they fall due over the period of the lease.

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

UNRESTRICTED FUNDS

Unrestricted funds are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds.

DESIGNATED FUNDS

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

RESTRICTED FUNDS

Restricted funds are to be used for specific purposes as laid down by commissioning authorities and donor's expenditure which meets these criteria is charged to the fund.

TAXATION

The Company is a registered charity and does not trade and as such its income and gains are exempt from corporation tax to the extent that they are applied to its charitable objectives.

PENSIONS

The Charity operates defined contribution schemes which are administered by outside independent pensions providers. Contributions payable for the year are charged to the Statement of Financial Activities.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

1. COST OF CHARITABLE ACTIVITIES

	Activities undertaken directly			2024 Total £	2023 Total £
	Staff Costs £	Other Direct Costs £	Support Costs £		
RESTRICTED					
Service agreements					
MG Nursery	56,851	13,681	9,664	80,196	141,565
Hornsey Road Children's Centre	5,445	4,793	1,403	11,641	777,522
Starting Well / Early Parenthood Prog.	133,192	33,297	22,812	189,301	173,784
FGM Services	92,956	43,582	18,708	155,246	131,840
Therapeutic Service	7,875	4,742	1,729	14,346	12,556
Syrian Fund Service	21,786	2,211	3,288	27,285	24,173
Food Cooperative Service	54,491	23,555	10,694	88,740	32,477
Living Well / Stroke Service	114,966	39,891	21,218	176,075	137,968
Social Prescribing	35,471	4,071	5,418	44,960	39,088
Wellbeing Service	69,642	89,107	21,751	180,500	254,054
Time Limited Projects	4,264	2,597	940	7,801	43,628
Andover Youth Service	57,341	13,415	9,693	80,449	16,418
Total Service agreements	654,280	274,942	127,319	1,056,540	1,785,073
UNRESTRICTED					
Health and welfare services	329,692	-	49,173	378,865	432,854
TOTAL COST OF CHARITABLE ACTIVITIES	983,972	274,942	176,491	1,435,405	2,217,927

2. SUPPORT COSTS

	2024 £	2023 £
General expenses	12,103	25,257
Insurance	15,258	17,286
Telephone/Broadband	38,219	31,977
Postage	959	1,132
Copying	1,874	4,656
Bank charges	1,841	1,585
Stationery and office supplies	1,031	1,429
Training and development	318	4,045
Depreciation	7,330	7,676
Computing	15,024	15,448
Bad debts and provisions	4,000	1,440
Repairs and maintenance	41,766	34,655
Cleaning	47,373	40,646
Light and heat	74,947	49,161
Water rates	2,372	2,187
Non Domestic Rates	859	-
Management charges	6,135	-
Winter and Summer Wellbeing Festivals recruitments	1,319	14,687
Website / Communications /Charity Log	2,194	1,490
Governance (see Note 3)	6,502	6,154
HR Resources	6,905	3,259

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

	2024	2023
	£	£
Staff Support	6,999	8,176
Loss on disposal of asset	-	3,644
	<u>296,328</u>	<u>275,991</u>
Gross Costs		
Less: income from Projects excluded from SOFA (page 18)	(119,837)	(186,662)
	<u>176,491</u>	<u>89,329</u>
Net Support Costs (see note 1)		

3. GOVERNANCE COSTS

	2024	2023
	£	£
Accountancy and audit fees	4,800	4,800
Insurance	954	888
General expenses	748	466
	<u>6,502</u>	<u>6,154</u>

4. NET INCOMING RESOURCES FOR THE YEAR

	2024	2023
	£	£
This is stated after charging:		
Depreciation	7,330	7,676
Auditor's remuneration	4,800	4,800
	<u>12,130</u>	<u>12,476</u>

5. EMPLOYEES

The average number of people employed during the year was as follows:

	2024	2023
	No	No
Senior Management Team	3	3
Projects and services	40	53
	<u>43</u>	<u>56</u>

Employment costs were:

	2024	2023
	£	£
Wages and salaries	861,859	1,271,439
Social security costs	75,213	111,754
Pension costs	32,082	31,001
	<u>969,154</u>	<u>1,414,194</u>

During the year one employee earned £60,000 or more and no Trustee received any remuneration or reimbursed expenses.

Pension costs relate to a defined contribution scheme. Contributions are charged in the years to which they relate.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

6. INCOMING RESOURCES

Details of larger restricted grants and other funding received during the year include:

	2024	2023
	£	£
Manor Gardens Nursery		
London Borough of Islington	54,263	70,648
Hornsey Road Children's Centre		
London Borough of Islington	-	481,986
Best Practice Network	-	7000
Starting Well / Early Parenthood Programme		
London Borough of Islington	-	33,000
Haringey Council	-	6,750
University College London	-	4,000
FGM Services		
London Borough of Newham// Hestia Housing & Support	68,000	68,000
Barts Health NHS Trust	-	22,008
London North West University Healthcare NHS Trust	12,021	33,012
Guilty Feminist	1,500	-
Choose Love	24,580	-
Starting Well Services		
Cloudesley	5,000	-
London Borough of Islington/Family Hubs Start for Life	24,999	-
Therapeutic Service		
Shpresa	3,500	5,000
Syrian Resettlement Programme		
London Borough of Islington	-	10,000
Food Cooperative		
Soil Association	8,000	1,000
Greater London Authority	44,806	13,200
Camden & Islington Public Health	-	46,000
Cripplegate Foundation	20,000	-
Living Well Services		
NHS Islington CCG	69,153	69,153
London Borough of Islington	3,742	1,750
Cripplegate Foundation	-	18,878
Social Prescribing		
Primary Care Network North Islington GP Federation	21,791	40,382
Help on Your Door Step	23,621	-
Single Point of Access		
London Borough of Islington	58,524	60,378

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

	2024	2023
	£	£
Wellbeing Communities Service		
London Borough of Islington – Community Mental Health & Wellbeing	98,800	120,000
Transport For London (Ground Works)	-	1,045
Cloudesley	43,459	50,059
Cripplegate Foundation	-	2,667
Camden and Islington Foundation	39,545	32,143
Greater London Authority	-	10,000
NHS-NEL Thrive LDN HIV	-	10,000
Kickstart / DWP	-	10,703
Community Trust Lottery	72,623	-
Fabians Place	5,000	-
London Borough of Islington – Warm Space Fund	2,650	-
Time Limited Projects		
Islington GP Federation	-	10,000
Soil Association	-	8,000
Youth Services – Andover		
Islington Council	60,000	45,000
Home Office Violence Reduction Unit	48,707	-
Others		
Total of all other grants / fees / income	221	260,144
	814,505	1,551,906

7. PROJECTS: RESTRICTED REVENUE FUNDS

The table below shows the reserves of Projects for specific purposes, as included in Restricted Funds (see note 12):

	2024	2023
	£	£
MG Nursery/HRCC	22,945	-
Hornsey Road Children's Centre	-	3,500
Starting Well	-	46,378
FGM services	6,514	-
Therapeutic Service	-	75
Syrian Fund Service	3,068	27,065
Food Cooperative Service	48,942	52,872
Living Well	9,595	29,120
Social Prescribing	-	16,050
Wellbeing Service	108,335	126,043
Single Point of Access	115,211	113,664
Time Limited Projects	1,222	8,083
Youth Service – Andover	67,217	29,267
	383,049	452,117

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

8. TANGIBLE FIXED ASSETS

	Freehold Premises £	Furniture & Equipment £	Café Equipment £	Total £
COST				
1 st April 2023	938,527	300,392	-	1,238,919
Disposals	-	-	-	-
Additions	-	-	-	-
Transfers	-	-	-	-
31stMarch 2024	938,527	300,392	-	1,238,919
DEPRECIATION				
1 st April 2023	-	268,132	-	268,132
On Disposal	-	-	-	-
Charge for the period	-	7,330	-	7,330
31stMarch 2024	-	275,459	-	275,459
NET BOOK AMOUNT				
31stMarch 2024	938,527	24,933	-	963,460
31 st March 2023	938,527	32,260	-	970,787

Freehold premises are shown at their original cost including the cost of additions and improvements. The Trustees have estimated the insurance value at £10,000,000.

9. DEBTORS

	2024 £	2023 £
Service charges	104,840	178,428
Prepayments and accrued income	17,774	6,646
	122,614	185,074

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Operating creditors	58,382	77,087
Other taxes and social security	23,896	26,236
Other creditors and accruals	128,353	106,757
	210,631	210,080

Included in "Other creditors and accruals" are amounts outstanding to pension schemes at the balance sheet date of £5,891 (2023: £5,865).

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

11. UNRESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/4/23	Income	Transfers	Expenditure	31/3/24
	£	£	£	£	£
Designated (see note below)					
Building Refurbishment Reserve	246,924	-	-	-	246,924
Revenue Reserve	228,291	-	(59,678)	-	168,613
	475,215	-	(59,678)	-	415,537
Undesignated/General funds	179,642	473,932	(95,067)	(378,865)	179,642
TOTAL UNRESTRICTED FUNDS	654,857	473,932	(154,745)	(378,865)	595,179

Designated funds have been set aside out of unrestricted funds by the Trustees to cover material fluctuations in rent and room hire income, essential and non-recurring administration costs, and non-recurring costs resulting from withdrawal of some or all of external funding for projects. Transfers represent unrestricted funds that have subsidised projects undertaken during the year that were associated with restricted funds.

12. RESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/04/23	Income	Transfers	Expenditure	31/03/24
	£	£	£	£	£
Capital funds:					
Building asset fund	305,612	-	-	-	305,612
Fixed asset fund	19,504	-	-	-	19,504
Other grants	218,912	-	-	-	218,912
	544,028	-	-	-	544,028
Revenue funds:					
Projects activities (note 7)	452,117	814,505	172,967	(1,056,540)	383,049
Other revenue funds	189,615	-	(18,222)	-	171,393
	1,185,760	814,505	154,745	(1,056,540)	1,098,470

Building asset fund: Original cost and initial improvements made to the Charity's original freehold premises.

Fixed asset fund: Cost of assets funded by grants.

Other grants: Capital grants received for specific purposes.

Projects activities: Restricted revenue funds that have been received in the year as set out in note 6.

Other revenue funds: Restricted funds not directly related to projects.

13. NET ASSETS ATTRIBUTABLE TO FUNDS	Unrestricted	Restricted	Total	Total
			31/03/24	31/03/23
	£	£	£	£
Fixed assets	419,432	544,028	963,460	970,787
Current assets	386,378	554,442	940,820	1,079,910
Current liabilities	(210,631)	-	(210,631)	(210,080)
	595,179	1,098,470	1,693,649	1,840,617

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

14. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year or previous year.
There is no ultimate controlling party.

15. CONTINGENT LIABILITIES

The charity had no material contingent liabilities at 31st March 2024 nor at 31st March 2023.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2024

16. STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2023

	Note	UNRESTRICTED		RESTRICTED	2023 Total £
		General Funds £	Designated Funds £	£	
INCOME FROM:					
Donations and legacies		2,353	-		2,353
Charitable activities					
Grants and service agreements	6/7	-	-	1,551,906	1,551,906
Rent and service charges		374,671	-	-	374,671
Room hire		22,090	-	-	22,090
Income from services supplied		5,548	-	-	5,548
Other		2,531	-	-	2,531
Investment income		5,273	-	-	5,273
Total income		412,466	-	1,551,906	1,964,372
EXPENDITURE ON:					
Raising funds		180	-	-	180
Charitable activities					
Service agreements	1	-	-	1,785,073	1,785,073
Health and welfare services	1	432,854	-	-	432,854
TOTAL EXPENDITURE		433,034	-	1,785,073	2,218,107
NET INCOME / (EXPENDITURE)		(20,568)	-	(233,167)	(253,735)
Transfers between funds	11/12	20,568	(74,489)	53,921	-
NET MOVEMENT IN FUNDS		-	(74,489)	(179,246)	(253,735)
RECONCILIATION OF FUNDS:					
TOTAL FUNDS AT 1 APRIL 2022		179,642	549,704	1,365,006	2,094,352
TOTAL FUNDS AT 31 MARCH 2023	11/12	179,642	475,215	1,185,760	1,840,617

MANOR GARDENS WELFARE TRUST LTD

England & Wales - Charity number 1063053

Accounts

Manor Gardens Welfare Trust

(A Company Limited by Guarantee and
Registered Charity No. 1063053)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

Year ended 31st March 2023

Making the difference for over 100 Years

Company No. 3386929

Manor Gardens Welfare Trust

CONTENTS

Year ended 31st March 2023

	Page
Reference and administrative details	1
Trustees' report	2 - 13
Statement of Trustees' responsibilities	14
Independent Auditor's report	15 - 17
Statement of Financial Activities	18
Statement of Financial Position	19
Accounting policies	20 - 21
Notes to the accounts	22 - 29
<i>The following page does not form part of the audited financial statements:</i>	
Management information	30

Manor Gardens Welfare Trust

REFERENCE AND ADMINISTRATIVE DETAILS

Year ended 31st March 2023

Legal and Administrative Details as at 31st March 2023

Status: Manor Gardens Welfare Trust (“the Company” or “the Charity”) is a charitable company limited by guarantee. The current charity was incorporated on 13th June 1997, and registered with the Charity Commission.

Background: The activities of the Charity were originally carried out by an unincorporated association, Manor Gardens Community Trust (MGCT), registered under the Charities Act 1960 on 16th October 1985. The North Islington Infant Welfare Centre (NIIWC) ran the Manor Gardens Centre prior to MGCT being set up. In 1997 the NIIWC and MGCT merged and the new charitable company Manor Gardens Welfare Trust (MGWT) was formed. NIIWC and MGCT have been removed from the Charity Commission register.

Trustees and Directors:

Allan Sutherland, Chair (retired March 2023)
Crystal Rolfe, Chair (commenced March 2023)
Pardeep Bhatti ACA, Treasurer
Inara Khan (retired, December 2022)
Nicholas Tait
Ruth Morrison
Jeffrey O’Brien
Iris Tuechter

Senior Management Team:

Katy Porter, BEM, Chief Executive Officer/Company Secretary (resigned, July 2022)
William Meghoma, FFA, FIPA, FCCA, Acting Chief Executive Officer (August – November 2022)
Hekate Papadaki, Chief Executive Officer, (appointed November 2022)
William Meghoma, FFA, FIPA, FCCA, Director of Finance and Administration
Felicity Ford, Director of Fundraising and Development

Registered Office and Operational Address:

6-9 Manor Gardens, London N7 6LA

Company Number:

3386929

Charity Number:

1063053

Senior Statutory Auditor:

Anthony Daniel Armstrong FCA
of Armstrong & Co
Chartered Accountants & Statutory Auditors
4A Printing House Yard
London E2 7PR

Solicitors:

Russell-Cooke
2 Putney Hill
London SW15 6AB

Bankers:

HSBC plc
312 Seven Sisters Road
Finsbury Park
London N4 2AW

Barclays Bank plc
403 Holloway Road
London N7 6HL

COIF Charities Deposit Fund
Senator House
85 Queen Victoria Street
London EC4V 4ET

ANNUAL REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2023

Objectives and Activities

Objectives:

The Charity is established for the following purposes, having regard to equality and diversity amongst and for the benefit of service beneficiaries:

- To relieve the needs arising from financial hardship, sickness, disability and old age.
- To advance education.
- To promote mental and physical good health.
- To provide assistance to children and young people who are in need of care and attention arising from their youth.
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The term 'service beneficiaries' refers to all those in receipt of services and support from MGWT, who are predominantly resident in London, and include individuals, families and community groups.

Governing Document: Manor Gardens Welfare Trust was established under a Memorandum of Association, which established the objects and powers of the organisation. It is governed under its Articles of Association. The charitable objects were reviewed by the Board of Trustees during 2011 and the revised objects were approved by the Charity Commission in September 2011.

Our Vision

The vision of the organisation is to build strong communities where all people have good health, resilience, and opportunity.

Our Purpose

Early intervention and prevention: we prevent the escalation and deepening complexity of difficulties experienced by people which impact upon their life opportunities, health, and wellbeing.

Community-driven approaches: we understand and work alongside people to develop our work and expertise in person-centred interventions for diverse communities from childhood to adulthood.

Learning and development for impactful response: we inform and develop our work and influence and effect wider system change and practice.

We continue to work with people of all ages and all communities, with a particular focus on those that experience identified barriers and difficulties in accessing support and services including language barriers and socioeconomic disadvantage.

For this purpose, we maintain community hubs in Islington, and develop service offers to reach into a wider geographical area, based upon knowledge of need and solutions.

Overview:

Manor Gardens Welfare Trust (MGWT) continues to support local communities with diverse and emerging needs, an approach we have been taking since we were founded in 1913. During 2022/23 we reached a total of 2,687 community members across all services.

From our bases in the London Borough of Islington we identify need, appropriate responses and deliver services to support and have impact for individuals and local communities across London, and at times, into regional areas. In partnership with individuals, communities and other voluntary and statutory agencies and services we collaborate to identify potential and existing gaps in provision and where there may be unmet and additional need. We see strength in the diversity of our service offer, recognising that the communities we support reflect this diversity, and for many MGWT is a first point of access when seeking help.

In the past year, MGWT has adeptly responded to the various challenges facing our communities. Our commitment ranges from supporting early childhood programs to assisting vulnerable and isolated individuals. We prioritize the welfare of those most in need, such as refugees, newly arrived communities, children, young people, families, and adults—particularly those facing socioeconomic disadvantage and health concerns. During the recent cost of living crisis, MGWT launched initiatives in 2022/23 to offer warm spaces for those affected by rising utility costs and began serving hot meals in numerous services, including our new youth program and various weekly events.

Our work with partners, commissioners and funders across London Boroughs continues to consider how we can connect people to the support and services needed at the right time and in the right way, reducing barriers and duplication, and harnessing the strengths and innovation that grows from our local communities and partnerships. During the year, we delivered the following services:

Community Services

- We built on our outreach work which raised awareness of mental wellbeing to focus particularly on starting relevant conversations with Islington's diverse communities through activities, information groups and individual therapy. This breaks down the stigma of mental health by talking about wellbeing in culturally appropriate ways and adapting messaging to suit different communities.
- We continued to deliver our weekly food co-operative offer for local residents.
- We developed a youth service for young people aged 11 – 14 facing exclusion and socioeconomic disadvantage. The service is based on the Andover community estate and has been very popular, visited by 30 – 40 young people per week.
- In response to the cost-of-living crisis we opened up our centre to offer a warm space and a hot meal to local residents struggling with the cost of utilities over the winter months.

Starting Well Services

- Building on from our work in maternity and early parenthood, we have developed our interactions with families to provide holistic wellbeing support following the birth of a new child, and onwards with children of all ages.
- We support refugee and migrant families through our specialist bilingual staff who represent and understand our local communities and can support with navigating services and systems to enable people to integrate more fully into the community.
- We captured learning from six years of supporting pregnant women and new mothers from refugee and migrant backgrounds into a best practice report for professionals working with this target group. The report was commissioned by Public Health and included extensive research and stakeholder engagement.

Living Well Services

- We support people to manage their own health and wellbeing so they can maximise their independence. We work with people with long-term health conditions which impact on their daily living and choices in their lives, as well as stroke survivors and people with complex health needs so that they can continue living independently for longer.
- Finding help quickly and easily is vital to people's wellbeing. Created quickly in the pandemic our Single Point of Access, with a central phone number and email address, is easy to use for referrers and residents and enables residents to be assessed and triaged effectively and get help quickly. This is being developed with partners across Islington to help professionals in health and social care connect people to the services and support they need efficiently.
- We offer early intervention and prevention, signposting and referrals to partners, in-depth casework and social prescribing.

Policy and Campaigning

- We directly support women who have experienced Female Genital Mutilation (FGM), and campaign widely to prevent this harmful practice. Our Dahlia Project continues to offer therapeutic groups and a safe space for women who are survivors of FGM, alongside one-to-one advocacy, empowerment and

peer support groups. Our national awareness raising and preventative work is initiated from the experiences of the women we support.

- Manor Gardens has chaired the Islington Food Partnership, a coalition of community and statutory partners interested in reducing food poverty and food waste, for three years. It has led the growth of food co-ops in the borough as well as setting the strategic direction of food stability and sustainability for Islington.

Early Years Services

Our services at MGWT have always focused on children as well as adults. We believe that education and play can promote health and wellbeing at an early age and provides the best start in life, and has been critical to ensure developmental milestones, emotional wellbeing, and safeguarding of many children at this time.

- Manor Gardens Nursery, provided early year's education to children between the age of 2-5years within Islington in accordance with the Early Years Foundation Stage (EYFS).
- Hornsey Road Children's Centre, from which we delivered early year's education and childcare for children from the age of 9 months–5 years, brings together our early years statutory partners to give children the best start in life within the local Borough's Bright Start offer.

At the end of 2022/23 we had to take the difficult decision to end our early years provision after 70 years. Islington has had an oversupply of Early Years spaces for the past two years leading to low levels of occupancy across our settings. Management of HRCC was transferred to another provider at the end of March 2023 while our Manor Gardens Nursery will stop operating at the end of the academic year.

Partnership

Manor Gardens Welfare Trust is a leading organisation in the voluntary and community sector in the London Borough of Islington, in which we are based. Our leadership of the sector continued to be key during the cost-of-living crisis. Our leadership and partnership working enabled us to lever funding and resources to deliver services to respond to the emerging and escalating need.

As the chairing organisation for the Islington Food Partnership we leveraged funding from corporate partners to fund 26 grass-roots food aid organisations in Islington to respond to the growing food insecurity during the cost-of-living crisis.

Working with Islington Council, Age UK and Help on Your Doorstep we continued to deliver the Central Point of Access system to enable people working in Adult Social Care to make referrals directly to our organisation for triage and onward referral, simplifying referrals and ensuring people received appropriate help in a timely fashion.

We are represented on a wide range of forums and for some areas of our work this extends more broadly into neighbouring Boroughs and across London. These include:

- Islington Health and Wellbeing Board, Islington Fairer Together Partnership Board (including strategic and delivery groups), Islington All-Age Mental Health Partnership Board, Islington Early Years Partnership Board, Bright Start Early Childhood Area Partnership (ECAP), Bright Start Private, Voluntary and Independent (PVI) Forum, London FGM Forum, Newham FGM Forum, Maternity Voices (North London), Camden – Best Start in Life, Camden Perinatal Mental Health Forum, Time to Change Islington, and the Islington Food Partnership.

As a charity, we are members of the Association of Chief Executives of Voluntary Organisations (ACEVO), the National Council of Voluntary Organisations (NCVO), Voluntary Action Islington (VAI), Charity Finance Group, and Institute of Fundraising and maintain access to information, newsletters and advice within the sector.

In addition to our attendance and participation, we also directly host and chair forums which develop opportunities for strategic and operational dialogue and the sharing of knowledge, expertise and practice. Examples are Health Exchange, developed with Islington Council and Islington CCG, the North Locality Leadership Team, to develop integrated health and social care provision in North Islington and the Islington Food Partnership.

These assist in bringing organisations and people together to improve the delivery and commissioning of services, and to make connections and work in partnership.

Co-location

Manor Gardens Welfare Trust operates from buildings at numbers 6-9 Manor Gardens, London N7 6LA, of which it owns the freehold. As an organisation we recognise the importance of community places to assist community members when seeking services and help. Our buildings enable us to further generate a partnership approach through our position as landlord to currently fourteen organisations, which includes other charities, organisations and services responding to local communities.

Our buildings enable the development and delivery of a hub of community-focused services. Our community friendly reception space, developed during the pandemic, is now being used for joint activities and enables us to further our partnerships with external partners as well as providing a community hub in the North of Islington.

The Charity also leases the ground floor and basement of 10 Manor Gardens, part of the Beaux Arts Building. The lease expires in 2027. The space within these buildings is used by MGWT to deliver its services and assists in hosting other health and wellbeing organisations, including sessional meeting space for similar groups.

Our beneficiaries

Our services support people in different ways:

- **Advocacy and one-to-one support** for service beneficiaries for help from a specific service. Following assessment from our frontline staff, a focused programme or plan of support inclusive of individual and/or group interventions is determined with the beneficiary. This ranges from help reading letters and filling in forms, to in-depth advocacy and casework on housing, benefits, immigration, and domestic violence. Others need help finding the right organisation to support them and we signpost and enable them to access these services.
- **Early years support** for children from nine months to five years old is provided through contracted places in our two nurseries for education and childcare.
- **Youth work** for young people aged 11 – 14 who are not currently accessing other services. Our young people experience intersections of disadvantage.
- **Community activities and events** engage with service beneficiaries on a regular basis for social interaction and wellbeing support. This provides a safe space and facilitates trust and often enabling further help as needed.
- **Information workshops** delivered to volunteers, professionals, carers, and community members to increase understanding and awareness of particular issues and generate community responses.
- **Therapeutic support** for individuals and groups to improve their wellbeing.

Our services particularly support the diverse communities of Islington but also replicate our services and support into the neighbouring North London boroughs, Newham, and more widely across London.

Throughout 2022-23, we supported 2,247 people directly through one-to-one casework, support, engagement in health and wellbeing activities and in our youth work and early years provision. In addition, we delivered 11 events through our Islington Food Partnership attended by 420 individuals including local community members, people experiencing homelessness, people living with disabilities, and people with NRPF status; 80 local businesses; several councillors; VCS sector workers; health workers, council staff; grassroots activists; children; community gardeners and MP Jeremy Corbyn. We worked with 90 volunteers.

Staff and volunteers

Manor Gardens Welfare Trust has 61 employees, 33% of whom are full time and 67% part-time, representing 41.5 full-time equivalent staff. In addition, 4 sessional staff support the staff team in the delivery of our services.

We are committed to employing and retaining high quality, skilled staff through effective recruitment, management, training, support and involvement in the organisation, and recognise that only by doing so can we provide excellent services with impact. We value and welcome diversity and our staff reflect the wide diversity of the communities we serve. Equal opportunities and accessibility are central to all we do.

- 59% of staff are from Black, Asian and other Minority Ethnic groups (BAME), 17% of staff from white–other Ethnic groups, and 24% of staff are white–British.
- 85% of staff are female, and 15% are male.
- 16% of staff are aged 18-34 years, 64% are aged 35- 54 years, 20% are aged over 55 years.

We are committed to providing local employment opportunities and are aware of challenges in our local area regarding access to employment and continue in our commitment to working with local partners to address this.

Our services are supported every week by a dedicated team of trained and experienced volunteers, who undertake outreach, peer mentoring, befriending, and assisting our emergency response throughout the pandemic. We greatly value the input and support of all our volunteers who reflect the diversity of our local communities, and many of whom have been recipients of our services in the past or are local residents.

Organisational Structure

The Chief Executive Officer (CEO) reports directly to the Board of Trustees. The Senior Management Team comprises of the CEO, the Director of Finance and Administration, and the Director of Fundraising and Development.

Structure, Governance and Management:

Manor Gardens Welfare Trust governs through its Memorandum and Articles of Association. The Articles of Association were updated in 2011 and approved by the Charity Commission in August 2011.

The Charity's governing body is the Board of Trustees, whose members are trustees under charity law and directors of the Company for the purposes of Company Law. New trustees/directors are elected at a General Meeting of the Board for a period of three years. They can serve for two terms i.e. six years, with provision for a further term if elected Chairperson. There has been a change of Chair during the year 2022/23 after our Chair reached the end of his tenure. A further board member retired. At year end, the Board comprised of six trustees. Four new trustees were recruited during the year though their appointment was finalised in 2023/2024 and are, therefore, not included in the final count of trustees for 2022/23.

As directors of the Company, the Trustees each guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of a winding up. Trustees have no beneficial interest in the Company. There are no known conflicts of interest and these are requested and recorded through an annual declaration, and updates requested at each Board meeting. Any declared conflicts of interest would be recorded; these would then be monitored and managed as necessary.

The Board is confident that the Charity conforms to and is compliant with the Charity Commission's guidance, 'The essential trustee: what you need to know, what you need to do' (July 2015), and works under the Charity Governance Code (2018) supported through our membership of National Council for Voluntary Organisations and ACEVO.

Trustee Recruitment and Training

Trustees are recruited by various means, and in consideration of the latest Board appraisal, reflecting the skills of the Board and the requirements of the Organisation, and uses open and transparent recruitment practices. Advertising positions via our website extends to the recruitment of trustees, as well as utilising the initiatives and support of partners. This has included the BoardMatch66 process, initiated by the Big Alliance, to broker links between corporate partners and staff of these companies with an interest in local charities and trustee positions.

All prospective trustees meet with the Chair and the CEO to discuss their application, and if all is satisfactory following meeting and recruitment checks, their appointment is put to the Board. Any appointment is ratified at the subsequent Annual General Meeting. All appropriate checks are completed to assure that prospective and current trustees are not barred from taking up positions, including guidance on automatic disqualification rules issued in 2018. Declaration is signed confirming their suitability to serve.

Each new Trustee is inducted into their role and the Organisation, through provision of information and time with our staff and services, and one-to-one session with the CEO, Chair and fellow trustees, and SMT members. The Charity Commission's guidance, 'The essential trustee' is the basis of our briefing into the role and is provided to all. A comprehensive induction pack which contains information about the history of the Manor Gardens Welfare Trust, details of Tenant Groups based at our premises, copies of the Memorandum and Articles of Association, a copy of all Centre policies on disc, a copy of the most recent Annual Accounts and Annual Review is provided.

The Board regularly conducts review of trustees' skills and an appraisal of Board effectiveness, led by the Chair. Where this review identifies skills shortages, this is addressed by training and/or the recruitment of new trustees. On an annual basis the Chair reviews the performance of the trustees against the list of their main responsibilities.

The Board seeks to represent the diversity of our wider society through its membership, and this is a further consideration in our annual review and recruitment. The Organisation's policy statement on Equality, Diversity and Inclusion extends to and is reflected in the principles and performance of the Board.

- 44% of trustees are from Black, Asian and other Minority Ethnic groups (BAME), 56% are white British or from white-other Ethnic groups.
- 56% of trustees are female, and 44% are male.

Board Processes and Decision making

In 2022/23, the full Board met five times during the year to set strategic direction and to review the performance, compliance, and finances of the Charity. These meetings were agreed to be held remotely and online, and this continued throughout the year. The CEO, the Director of Finance and Administration and the Director of Fundraising and Development were in attendance at all meetings, as well as the Senior Management Team (SMT).

Strategy review

In reaching decisions the Board is guided by the five-year Organisational Strategy 2020-25. This was reviewed and updated in 2019-20 following consultation with beneficiaries, staff, partners and Trustees, and approved in December 2019. The strategy now informs strategic goals and the annual business plan, assuring progress against targets and milestones in compliance with the strategy.

Operational and day-to-day decision making is delegated to the CEO and the staff team. Major new initiatives are considered with the Board for approval. Trustees receive in advance of each Board meeting comprehensive and detailed written reports from the CEO, the Director of Finance and Administration and the Director of Fundraising and Development. These reports describe activities of the Charity, and inform in order to plan for growth, stability, and future planning. Quality assurance, safeguarding, and risk management are essential considerations of the Board. Annual reports related to Safeguarding, Health & Safety, and Human Resources present related data and activity throughout the year, and comparisons year-on-year, enabling depth of understanding and consideration of trends.

The trustees receive in advance of their meetings copies of the most recent management accounts, along with notes on variations between budgeted and actual expenditure. At the meetings the Director of Finance and Administration will guide the Trustees through these documents.

The Board scrutinises these documents against agreed targets and budgets to assess the performance of the Charity in achieving its charitable objectives to a high standard and cost effectiveness. The Trustees also maintain up-to-date understanding of relevant legislation through external activities, training and information exchange, and by taking legal advice when necessary.

Risk Management

Potential areas of risk to the Charity are identified, recorded and reviewed by the Board at every Meeting, assisted by the Senior Management Team. The Risk Register incorporates financial, operational risk and external risk, assessing likelihood of occurring, impact, and mitigation to reduce likelihood and the impact. Whilst recognising that no organisation can ever be risk free, the Board of Trustees consider that the range of measures and controls in place have reduced to an acceptable level the various risks faced by Manor Gardens Welfare Trust.

Impact and Performance:

In 2022/23, we have developed services and opportunities consistent with our Mission Statement and Objectives, and continue to set ourselves the following objectives in achieving our Organisational Strategy 2020-25:

1. **Access for all** - we will ensure people can find us and the services available to them and actively work to break down barriers people face in society.
2. **Impact for all** – we will continue to develop service models and approaches which address gaps and respond to need, based on an understanding of people and communities.

Starting Well Services

Supporting the whole family before and following the birth of a child significantly improves wellbeing for all. Our Starting Well Service has broadened its scope from supporting women during pregnancy and birth to providing comprehensive and accurate information, peer support and in-depth, and often complex casework for the whole family. Lottery funding for our Bright Beginnings service came to an end in the previous year and as a result we had to downscale operations. However, we secured statutory funding to enable us to continue providing a downscaled Starting Well service.

Our focus remains in supporting refugee and migrant families, with our bilingual staff providing both first language and English-speaking support. Our staff and volunteers speak and represent the Somali, Russian, Bulgarian, Arabic, Italian, Albanian, and Turkish communities. We delivered 559 drop-in and group clinics engaging 613 clients in services. We were supported by 24 volunteers.

Living Well Services

We work with all ages and all sections of the community providing information and advice, welfare support and opportunities to increase social connectedness, improved health, emotional wellbeing, and practical interventions and advice. We are flexible in the way we work and aim to resolve people's issues through early intervention and prevention of escalation and crisis, when possible. We aim to reduce pressure across the health and social care sector, working in partnership with GPs and social workers, and our support seeks to address issues that can impact on the quality of day-to-day life. This can include help with welfare benefits, housing applications and referrals to specialist agencies. Our in-depth case work supported 884 clients, with 240 of them being new referrals. We were supported by 25 volunteers.

We continued to support housebound and elderly people with telephone befriending and began telephone support groups for those who couldn't access online activities.

Our **Social Prescribing Link Worker**, joined other organisations in the borough supporting GP practices, and integrated our offer with Help on your Doorstep. Patients are provided with non-clinical support to improve their wellbeing, and access to a wide range of activities and opportunities.

Our **Therapeutic services** continue to grow, providing support to 238 people in individual counselling sessions, which included 90 clients in our Dahlia psychotherapy service for survivors of FGM.

Cloudesley Partner

We continue to be a Cloudesley Partner, providing small welfare and catalyst grants to clients who live in Islington, are ill and who live in poverty. The welfare grants have enabled clients to top up their phones, purchase essential clothing and furnishings, buy a laptop to study and other small interventions that have improved their daily living and wellbeing. We also provided Catalyst grants supporting people to pursue aspirations that can improve their future development or their health and wellbeing, including purchasing arts material, pursuing training courses or attending sports classes. In total, we were able to distribute 25 individual grants over the year totalling £13,172.

We were able to provide 157 large Christmas food hampers to clients from all of our services this year. We received £3,250 from the **Local Initiative Fund** to provide the hampers and are grateful to our local councillors for their continuing support.

Communities

Our Communities team offered a range of community and wellbeing events over the year. We put on three coffee mornings a week, gentle exercise and yoga, conversation café, LGBTQ+ support group, art classes and other wellbeing activities as well as large-scale events such as community meals and trips. They were able to put on 364 separate activities engaging a total of 351 clients, many of whom attend activities on a weekly basis.

Policy and Campaigns

Raising awareness and prevention of female genital mutilation (FGM) has been a key part of our work for many years. We continue to utilise all channels of communication to end harmful practice and for this to be considered a priority and concern for all in our society. The **Dahlia Project** continues to provide specialist therapy for women who have experienced and are affected by FGM and worked with 90 women this year. Increasingly, we provide holistic advocacy and support for these women alongside therapy, including access to support grants to provide both the basics in their lives but also the possibility of change and empowerment; this could relate to study and further education. Our work with NHS England, and both London North West University Healthcare NHS Trust and Barts Health NHS Trust, has continued in the two North London multidisciplinary FGM clinics into which we contribute counselling services. Our counselling provision has continued throughout the year, both through online contact and face-to-face sessions.

We are extremely grateful to the **Dovedale Foundation** and an anonymous trust for their ongoing support, particularly as statutory funding is increasingly limited in focus on this area of need.

Our partnership with Hestia in the London Borough of Newham continues, commissioned by the Local Authority as part of the response to tackling violence against women and girls. It raises awareness of FGM, supports women affected by FGM by working with and into communities, and trains professionals to recognise risk related to FGM and further understand this practice and the support that is needed by those affected, and seek to end FGM.

Our Early Years Education and Childcare

At both **Manor Gardens Nursery** and **Hornsey Road Children's Centre**, we provided environments that are inviting, stimulating and safe, where children could take part in and enjoy learning experiences which are both interesting and challenging to them. We recognise that all children are individuals and we provide a curriculum, in alignment to the Early Years Foundation Stage (EYFS), which meets the needs of each child. Our Nursery settings give children aged nought to five a varied and imaginative play experience, delivered by staff who have an excellent knowledge of how children learn. We provided cosy, intimate settings laid out with different learning and play areas. Our staff encourage children of different ages to play together which reduces the stress of transitioning to other play areas as a child gets older. A total of 74 children attended our Early Years settings in the course of the year.

3. Efficient and accountable operations – we will deliver effective and robust management and finance systems with the ability to adapt in response to external change in the sector.

Manor Gardens Welfare Trust has a diverse income profile, securing funding for services commissioned by both Local Authority and Clinical Commissioning Groups (CCGs), charitable grants and trusts, and individual donors. In addition, unrestricted income is generated through the longer-term lease with 14 tenant organisations and short-term lettings of our premises, enabling the upkeep and investment in our owned property and support of the infrastructure and sustainability of the Organisation, as well as partnership delivery.

Local Authority and CCG commissioned services were delivered in three London Boroughs; Camden, Islington, and Newham. Our work with the NHS was funded by Islington GP Federation, Whittington Health, London North West University Healthcare NHS Trust and Barts Health NHS Trust. Our Early Years settings are contracted with London Borough of Islington.

We continue to receive food donations from The Felix Project.

All fundraising activity is carried out by MGWT staff and no professional or commercial fundraisers have been involved in fundraising. All fundraising is overseen by the Director of Fundraising and Development, a member of the Institute of Fundraising who abides by its code of conduct. MGWT has fully complied with fundraising standards and regulation, and received no complaints regarding our fundraising activities.

We continue to review our income streams, particularly when operating in an environment where there is continued demand and need alongside decreasing resources. We always seek to provide the most efficient services with maximum impact and value, considering effective service models, replicability and relevance to beneficiaries and communities.

4. Our people – all who work with us will continue to be recognised as our biggest asset in achieving our vision and mission and therefore we will support, develop, and value all in their contribution.

Our committed staff team are essential to our ability to deliver our vision of promotion of health, wellbeing, and social inclusion for the benefit of all, recognised as the organisation's biggest asset. We continue to strive to be an excellent employer, recognising the challenges and limitations that can be in place as a small charity and organisation, and adopt sector norms in terms and conditions of employment and aim to exceed these where possible. We continue to review our approach to valuing staff and ensuring they are working in an environment in which they are supported and developed.

We continue to contract Roots HR in the provision of HR Consultancy to provide additional capacity, resource, and expertise in our employment and management of staff, and assurance in meeting our legislative requirements and provision of policy framework as an employer.

5. Partnerships – we will be more effective, have greater impact, and achieve better outcomes when working with others, and we will continue to actively seek collaboration.

Partnership is essential to the success of our delivery and the effectiveness of our mission to help people change their lives for the better. We cannot achieve sustainable change and impact by working in isolation. We engage, participate and influence in many different ways, including:

- Manor Gardens led delivery and development of Health Exchange.
- Manor Gardens chairs the Islington Food Partnership, a coalition of over 180 local VCS organisations, businesses, council and health representatives working together to ensure access to healthy and sustainable food for all in the borough.
- Manor Gardens participates in the North Locality Leadership Board. We chaired the board until June 2022 when the position was handed over to a VCS partner during the transition period for the recruitment of our new CEO.
- Manor Gardens is a founding member of the Bright Lives Alliance working together to set out a blueprint for a person centred early support offer across the borough.
- Representation and meetings with local Councillors take place throughout the year.

Health Exchange

Hosted by Manor Gardens Welfare Trust, delivered in partnership with Islington CCG, and commissioned by London Borough of Islington, Health Exchange represents our commitment to an integrated approach to improving the health and wellbeing of Islington residents.

Islington Food Poverty Alliance

MGWT chairs Islington Food Poverty Alliance, a coalition that has now grown to over 180 member organisations and individuals from the VCS, Islington Council, health services, local funders, businesses, schools, Early Years settings, and mutual aid groups. MGWT led the process to develop and publish Islington's first Food Poverty Action Plan, and facilitate the delivery and partnership work to ensure the success of this ambitious and wide-ranging Action Plan.

An example of the Alliances' success was the development of Islington's ambitious five year food strategy, launched in February 2023 and leveraging funding from Google to support 26 grass-roots food aid initiatives in the borough. The IFP was granted Bronze status in the prestigious Sustainable Food Places Awards during the year.

Future Plans:

Initiatives and integrated working continues, to continue to address inequalities impacting the health and wellbeing of individuals and within our communities.

We will continue to outreach into communities whilst also offering a safe and accessible co-location space working with similar organisations and charities, and as an asset to the local community. We recognise the importance of place and how people can come together, support one another, and have the best opportunities in life, addressing challenges in society today. To this end, we are planning a partnership with Islington Council for the development of the North Access Islington Hub, a one-stop-shop for early intervention and prevention services for Islington residents.

We will continue to invest in people and communities to enable delivery of our Strategy, providing access, impact, and a place where people can feel welcomed, supported and valued.

More information about our current services and developments for the Charity can be found on our website at www.manorgardenscentre.org

FINANCIAL REVIEW AND RESULTS FOR THE YEAR ENDED 31ST MARCH 2023

The Statement of Financial Activities (SoFA) including an Income and Expenditure account set out on page 18, shows total income of £1,964,372 (2022: £2,102,923) and total expenditure £2,218,107 (2022: £2,011,908). This resulted in net deficit of £253,735 (2022: surplus £91,015). The large deficit was due to loss of revenue at our two early year settings. This was because of low number of children at our nurseries after the pandemic.

RESERVES POLICY

The Board has a long-term policy of increasing both the Revenue and Building Refurbishment Reserves (see note 11 to the accounts) to ensure that fluctuations in future income do not threaten the financial stability of the organisation. The uncertainties include grants from statutory bodies and rental income.

Revenue Reserve: The Revenue Reserve is needed to provide funds which can be made available for specific projects, and to assist with unforeseen economic events.

The Trustees believe that the level of this reserve should be gradually increased to the equivalent of three months' total expenditure calculated and reviewed annually. The reserve is being built up to the desired level in stages consistent with the Charity's overall financial position and its need to maintain its activities. The current level of this reserve is £228,291 compared with three months' total expenditure of £554,527 (this amount is higher due to the HRCC contract) based on the audited accounts.

Building Refurbishment Reserve: The Board's policy is to build up the Building Refurbishment Reserve, to £260,000, which equals 4% of the estimated value of the freehold premises (£6.5million). The purpose of this reserve is for the refurbishment of, and cyclical maintenance work on the Charity's premises. The Trustees expect to achieve this level of funding by a combination of specific donations, grants and transfers from general reserves. At the year end this reserve stands at £246,924.

General funds (see note 11 to the accounts) are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds. The current level of Undesignated funds is £179,642.

Restricted Capital funds (see note 12 to the accounts) comprise a building asset fund, a fixed asset fund and other grants fund. The building asset fund represents the original cost of, and initial improvements made to the Charity's original freehold premises; whereas the fixed asset fund represents the cost of assets funded by grants. The current level of the combined Capital funds is £544,028.

The policies for and levels of these reserves will continue to be monitored by Trustees on an annual basis. Further analysis of the reserves of the Charity can be found in notes 11 and 12 to the financial statements.

INDEPENDENT AUDITORS

The statutory auditor, Anthony Daniel Armstrong FCA of Armstrong & Co, has indicated his willingness to be proposed for re-appointment in accordance with Section 485 of the Companies Act 2006.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

The trustees who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the charitable company's auditor is unaware, and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the Charities SORP FRS 102 (effective 1 January 2015) and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Manor Gardens Welfare Trust

TRUSTEES' REPORT

Year ended 31st March 2023

The trustees have determined that the charitable company be audited under the Companies Act 2006 for the year ended 31st March 2023 and for future years. The charitable company would also be required to be audited under charities legislation for the year ended 31st March 2023.

The trustees acknowledge and confirm their responsibilities for preparing the financial statements as detailed in the Statement of Trustees' Responsibilities set out on page 14.

Approved and authorised for issue by the Trustees on 13th October 2023 and signed on their behalf by:

Crystal Rolfe

Crystal Rolfe, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

STATEMENT OF TRUSTEES' RESPONSIBILITIES

For the year ended 31st March 2023

The trustees (who are the directors of the charity for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- follow applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2023

We have audited the financial statements of Manor Gardens Welfare Trust for the year ended 31st March 2023 which comprise the Statement of Financial Activities, Statement of Financial Position, and the Notes to the Accounts to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information in the annual report but does not include the financial statements and our report of the auditors thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2023

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page 16 the charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the specific business environment in which they operate, the reporting requirements they are obliged to adhere to and other legal and regulatory requirements applicable to operating entities in general.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2023

These include the Companies Act 2006, the Charities Act 2011, FRS 102, the Charities SORP and GDPR legislation. The charitable company operates locally and is not significantly impacted by international law or regulations.

Taxation law and regulations applicable to charities also apply to the charitable company but it is not involved in any complex matters that increase the risk of non-compliance.

Each area of audit review includes in the audit documentation reference to potential non-compliance and awareness of potential non-compliance is embedded in our audit procedures.

- We assessed the risks of material misstatement in respect of fraud by enquiry of management, review of the charity's operations and direct review of significant and material transactions, including all non-standard or irregular journal adjustments. Our understanding of the organisation enables us to understand and identify transactions or areas that appear to present a risk of fraud. None were detected.

Our pre-audit questionnaire specifically makes enquires about fraud and this is supported by audit documentation. We also review Board minutes to identify any matters of concern or risk. None were identified.

- The audit was conducted by a very experienced auditor who has a good knowledge of the client and no other assistance or support was required.
- The charity is small, its activities are regular and consistent and are not complex and no special audit considerations apply, nor is external specialist assistance required.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Armstrong

Anthony Daniel Armstrong FCA(Senior Statutory Auditor)
for and on behalf of Armstrong & Co
Chartered Accountants & Statutory Auditors

4a Printing House Yard
Hackney Road
London E2 7PR
13th October 2023

Manor Gardens Welfare Trust
STATEMENT OF FINANCIAL ACTIVITIES
Including an Income and Expenditure Account
For the year ended 31st March 2023

	Note	UNRESTRICTED General Funds £	UNRESTRICTED Designated Funds £	RESTRICTED £	2023 Total £	2022 Total £
INCOME FROM:						
Donations and legacies		2,353	-	-	2,353	33,413
Charitable activities						
Grants and service agreements	6/7	-	-	1,551,906	1,551,906	1,650,932
Rent and service charges		374,671	-	-	374,671	390,522
Room hire		22,090	-	-	22,090	8,642
Income from services supplied		5,548	-	-	5,548	10,592
Fundraising		-	-	-	-	525
Other		2,531	-	-	2,531	4,703
Investment income		5,273	-	-	5,273	178
Furlough		-	-	-	-	3,416
Other income		-	-	-	-	-
TOTAL INCOME		412,466	-	1,551,906	1,964,372	2,102,923
EXPENDITURE ON:						
Raising funds		180	-	-	180	-
Charitable activities						
Service agreements	1	-	-	1,785,073	1,785,073	1,651,805
Health and welfare services	1	432,854	-	-	432,854	356,687
Furlough	1	-	-	-	-	3,416
TOTAL EXPENDITURE		433,034	-	1,785,073	2,218,107	2,011,908
NET INCOME / (EXPENDITURE)		(20,568)	-	(233,167)	(253,735)	91,015
TRANSFERS BETWEEN FUNDS	11/12	20,568	(74,489)	53,921	-	-
NET MOVEMENT IN FUNDS		-	(74,489)	(179,246)	(253,735)	91,015
RECONCILIATION OF FUNDS:						
TOTAL FUNDS AT 1 APRIL 2022		179,642	549,704	1,365,006	2,094,352	2,003,337
TOTAL FUNDS AT 31 MARCH 2023	11/12	179,642	475,215	1,185,760	1,840,617	2,094,352

See Note 16 for a detailed analysis of 2022 prior year amounts.

All activities are classed as continuing.

There were no other recognised gains or losses other than those stated above.

The notes on pages 22 to 29 form an integral part of these audited financial statements.

Manor Gardens Welfare Trust

Registered in England, company number 3386929

STATEMENT OF FINANCIAL POSITION

As at 31st March 2023

	Note	2023 £	2022 £
FIXED ASSETS			
Tangible fixed assets	8	970,787	970,998
CURRENT ASSETS			
Debtors	9	185,074	486,147
Short term deposits		227,638	227,638
Cash at bank		664,277	608,957
Cash in hand		2,921	3,335
Pre Capital Exp		-	-
		1,079,910	1,326,077
CREDITORS: amounts falling due within one year	10	(210,080)	(202,723)
NET CURRENT ASSETS		869,830	1,123,354
TOTAL ASSETS LESS CURRENT LIABILITIES		1,840,617	2,094,352
NET ASSETS		1,840,617	2,094,352
THE FUNDS OF THE CHARITY			
Unrestricted Funds	11	654,857	729,346
Restricted Funds	12	1,185,760	1,365,006
TOTAL CHARITY FUNDS		1,840,617	2,094,352

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard 102.

Approved and authorised for issue by the Trustees on 13th October 2023 and signed on their behalf by:

Crystal Rolfe

Crystal Rolfe, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2023

BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention and in accordance with:

- a) Applicable UK accounting standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)';
- b) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102);
- c) The Companies Act 2006; and
- d) The Charities Act 2011.

PUBLIC BENEFIT ENTITY

The Charity meets the definition of a public benefit entity under FRS 102.

GOING CONCERN

The charity's income is derived from both non-self-generated sources, such as grants, service level agreements and other governmental or NGO sources and self-generated sources, such as rental income and hire income etc. The trustees consider that there are no material uncertainties about the likelihood that this support will continue, and accordingly, the accounts have been prepared on a going concern basis.

INCOMING RESOURCES

Incoming resources are the amounts derived from the provision of charitable services, the receipt of gifts, rents and grants falling within the charity's ordinary activities.

INCOME RECOGNITION

All incoming resources are recognised once the Charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability. Income with conditions attached to its receipt is recognised when the conditions have been fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

RESOURCES EXPENDED

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of raising funds are those costs incurred in attracting voluntary income.

Charitable activities include expenditure associated with the provision of accessible health and welfare services and include both the direct costs and support costs relating to these activities.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

GOVERNANCE COSTS

Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include the audit fee.

Governance costs include those incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements and are included in support costs.

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2023

FIXED ASSETS AND DEPRECIATION

All fixed assets are initially recorded at cost. Freehold land is not depreciated. The Trustees are of the opinion that the freehold buildings have such a long useful economic life and such a high residual value that any depreciation charges arising are immaterial. Depreciation is being charged on other fixed assets retained by the Trust at rates estimated to write off their cost, less any residual value, over their expected useful lives. The expected useful lives are as follows:

Included within furniture and equipment:	
Furniture and equipment	10 years
Safety equipment	10 years
Computer equipment	3 years
Cafe equipment	5 years

STOCK

Stock is valued at the lower of cost and net realisable value.

LEASING CONTRACTS

The management and service charges are credited to the Statement of Financial Activities as they fall due over the period of the lease.

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

UNRESTRICTED FUNDS

Unrestricted funds are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds.

DESIGNATED FUNDS

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

RESTRICTED FUNDS

Restricted funds are to be used for specific purposes as laid down by commissioning authorities and donor's expenditure which meets these criteria is charged to the fund.

TAXATION

The Company is a registered charity and does not trade and as such its income and gains are exempt from corporation tax to the extent that they are applied to its charitable objectives.

PENSIONS

The Charity operates defined contribution schemes which are administered by outside independent pensions providers. Contributions payable for the year are charged to the Statement of Financial Activities.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

1. COST OF CHARITABLE ACTIVITIES

	Activities undertaken directly			2023 Total £	2022 Total £
	Staff Costs £	Other Direct Costs £	Support Costs £		
RESTRICTED					
Service agreements					
MG Nursery	99,540	36,116	5,909	141,565	133,619
Hornsey Road Children's Centre	410,421	334,647	32,454	777,522	682,310
Starting Well / Early Parenthood Prog.	137,010	29,520	7,254	173,784	244,754
FGM Services	83,801	42,536	5,503	131,840	159,304
Therapeutic Service	8,869	3,163	524	12,556	16,931
Syrian Fund Service	20,917	2,247	1,009	24,173	22,720
Food Cooperative Service	4,992	26,129	1,356	32,477	4,290
Living Well / Stroke Service	98,049	34,163	5,756	137,968	110,822
Social Prescribing	33,352	4,104	1,632	39,088	44,002
Wellbeing Service	163,057	80,393	10,604	254,054	195,143
Single Point of Access	-	-	-	-	19,739
Time Limited Projects	13,399	28,408	1,821	43,628	18,171
Andover Youth Service	11,157	4,576	685	16,418	-
Total Service agreements	1,084,564	626,002	74,507	1,785,073	1,651,805
Furlough	-	-	-	-	3,416
UNRESTRICTED					
Health and welfare services	418,032	-	14,822	432,854	356,687
TOTAL COST OF CHARITABLE ACTIVITIES	1,502,596	626,002	89,329	2,217,927	2,011,908

2. SUPPORT COSTS

	2023 £	2022 £
General expenses	25,257	18,280
Insurance	17,286	16,120
Telephone/Broadband	31,977	31,478
Postage	1,132	1,289
Copying	4,656	6,980
Bank charges	1,586	1,595
Stationery and office supplies	1,429	782
Training and development	4,045	221
Depreciation	7,676	7,450
Computing	15,448	18,217
Bad debts and provisions	1,440	2,789
Repairs and maintenance	34,655	36,040
Cleaning	40,646	49,955
Light and heat	49,161	32,707
Water rates	2,187	1,864
Management charges	-	1,359
Winter and Summer Wellbeing Festivals recruitments	14,687	-
Website / Communications /Charity Log	1,490	1,366
Governance (see Note 3)	6,154	5,479
HR Resources	3,259	3,176

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

	2023	2022
	£	£
Staff Support	8,176	3,581
Summer Fair and Volunteers Event	-	106
Loss on disposal of asset	3,644	-
Gross Costs	275,991	240,834
Less: income from Projects excluded from SOFA (page 18)	(186,662)	(198,405)
Net Support Costs (see note 1)	89,329	42,429

3. GOVERNANCE COSTS

	2023	2022
	£	£
Accountancy and audit fees	4,800	4,800
Insurance	888	664
General expenses	466	15
	6,154	5,479

4. NET INCOMING RESOURCES FOR THE YEAR

	2023	2022
	£	£
This is stated after charging:		
Depreciation	7,676	7,450
Auditor's remuneration	4,800	4,800

5. EMPLOYEES

The average number of people employed during the year was as follows:

	2023	2022
	No	No
Senior Management Team	3	3
Projects and services	53	62
	56	65

Employment costs were:

	2023	2022
	£	£
Wages and salaries	1,271,439	1,321,331
Social security costs	111,754	108,235
Pension costs	31,001	31,452
	1,414,194	1,461,018

During the year one employee earned £60,000 or more and no Trustee received any remuneration or reimbursed expenses.

Pension costs relate to a defined contribution scheme. Contributions are charged in the years to which they relate.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

6. INCOMING RESOURCES

Details of larger restricted grants and other funding received during the year include:

	2023	2022
	£	£
Manor Gardens Nursery		
London Borough of Islington	70,648	90,216
Hornsey Road Children's Centre		
London Borough of Islington	481,986	454,751
Best Practice Network	7,000	5,000
Starting Well / Early Parenthood Programme		
National Lottery Community Fund	-	169,620
London Borough of Camden - Camden Blossoms	-	70,000
London Borough of Islington	33,000	33,000
Cripplegate Foundation	-	6,939
Haringey Council	6,750	-
University College London	4,000	-
FGM Services		
London Borough of Newham// Hestia Housing & Support	68,000	68,000
Barts Health NHS Trust	22,008	6,419
Dovedale Foundation	-	30,000
London Borough of Islington	-	2,000
London North West University Healthcare NHS Trust	33,012	-
Therapeutic Service		
Shpresa	5,000	-
Syrian Resettlement Programme		
London Borough of Islington	10,000	16,000
Food Cooperative		
Soil Association	1,000	4,000
Greater London Authority	13,200	-
Camden & Islington Public Health	46,000	-
Living Well Services		
NHS Islington CCG	69,153	100,496
London Borough of Islington	1,750	3,250
Islington GP Federation	-	64,600
Cripplegate Foundation	18,878	-
Social Prescribing		
Primary Care Network North Islington GP Federation	40,382	37,914
North 2 Islington Primary Care Network	-	13,476
Single Point of Access		
London Borough of Islington	60,378	58,378

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

	2023	2022
	£	£
Wellbeing Communities Service		
London Borough of Islington – Community Mental Health & Wellbeing	120,000	130,000
Transport For London (Ground Works)	1,045	-
Cloudesley Principal Health Grants	50,059	35,456
HealthWatch Islington	-	2,111
Cripplegate Foundation	2,667	6,939
Camden and Islington Foundation	32,143	21,068
Claremont	-	1,250
Greater London Authority	10,000	10,000
NHS-NEL Thrive LDN HIV	10,000	-
Kickstart / DWP	10,703	-
Time Limited Projects		
Islington GP Federation	10,000	5,228
Camden and Islington Public Health	-	13,000
NHS North Central London CCG	-	20,784
London Borough of Islington	-	7,487
Greater London Authority	-	5,000
Kickstart / DWP	-	5,022
Soil Association	8,000	-
Youth Services – Andover		
Islington Council	45,000	-
General		
Andrew Turton	-	10,000
Awards for All Lottery Fund	-	10,000
Clothworkers Foundation	-	10,000
Others		
Total of all other grants / fees / income	260,144	158,509
	1,551,906	1,685,913

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

7. PROJECTS: RESTRICTED REVENUE FUNDS

The table below shows the reserves of Projects for specific purposes, as included in Restricted Funds (see note 12):

	2023	2022
	£	£
MG Nursery	-	911
Hornsey Road Children's Centre	3,500	23,963
Early Parenthood Programme	46,378	103,032
FGM services	-	-
Therapeutic Service	75	-
Syrian Fund Service	27,065	40,229
Food Cooperative Service	52,872	11,656
Big Lottery covid Fund	-	-
CAF Resilience Fund	-	-
Stroke Service	29,120	69,742
Social Prescribing	16,050	13,125
Wellbeing Service	126,043	157,576
Single Point of Access	113,664	53,347
Time Limited Projects	8,083	48,877
Youth Service – Andover	29,267	-
	<u>452,117</u>	<u>522,458</u>

8. TANGIBLE FIXED ASSETS

	Freehold Premises	Furniture & Equipment	Total
	£	£	£
COST			
1 st April 2021	935,098	299,996	1,235,094
Additions	3,428	7,680	11,108
Disposals	-	(7,284)	(7,284)
31stMarch 2022	<u>938,527</u>	<u>300,392</u>	<u>1,238,919</u>
DEPRECIATION			
1 st April 2021	-	264,096	264,096
Charge for the year	-	7,676	7,676
On Disposals	-	(3,640)	(3,640)
31stMarch 2022	<u>-</u>	<u>268,132</u>	<u>268,132</u>
NET BOOK AMOUNT			
31stMarch 2023	<u>938,527</u>	<u>32,260</u>	<u>970,787</u>
31 st March 2022	<u>935,098</u>	<u>35,900</u>	<u>970,998</u>

Freehold premises are shown at their original cost including the cost of additions and improvements. The Trustees have estimated the insurance value at £6,500,000.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

9. DEBTORS

	2023	2022
	£	£
Service charges	178,428	465,939
Prepayments and accrued income	6,646	20,208
	<u>185,074</u>	<u>486,147</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Operating creditors	77,087	52,321
Other taxes and social security	26,236	41,146
Other creditors and accruals	106,757	109,256
	<u>210,080</u>	<u>202,723</u>

Included in "Other creditors and accruals" are amounts outstanding to pension schemes at the balance sheet date of £5,865 (2022: £7,979).

11. UNRESTRICTED FUNDS

	Balance 1/4/22 £	Movement in Funds			Balance 31/3/23 £
		Income £	Transfers £	Expenditure £	
Designated (see note below)					
Building Refurbishment Reserve	246,924	-	-	-	246,924
Revenue Reserve	302,780	-	(74,489)	-	228,291
	<u>549,704</u>	<u>-</u>	<u>(74,489)</u>	<u>-</u>	<u>475,215</u>
General funds	179,642	412,466	20,568	(433,034)	179,642
	<u>179,642</u>	<u>412,466</u>	<u>20,568</u>	<u>(433,034)</u>	<u>179,642</u>
TOTAL UNRESTRICTED FUNDS	<u>729,346</u>	<u>412,466</u>	<u>(53,921)</u>	<u>(433,034)</u>	<u>654,857</u>

Designated funds have been set aside out of unrestricted funds by the Trustees to cover material fluctuations in rent and room hire income, essential and non-recurring administration costs, and non-recurring costs resulting from withdrawal of some or all of external funding for projects. Transfers represent unrestricted funds that have subsidised projects undertaken during the year that were associated with restricted funds.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

12. RESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/04/22	Income	Transfers	Expenditure	31/03/23
	£	£	£	£	£
Capital funds:					
Building asset fund	305,612	-	-	-	305,612
Fixed asset fund	19,504	-	-	-	19,504
Other grants	218,912	-	-	-	218,912
	<u>544,028</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>544,028</u>
Revenue funds:					
Projects activities (note 7)	522,458	1,551,906	162,826	(1,785,073)	452,117
Other revenue funds	298,520	-	(108,905)	-	189,615
	<u>1,365,006</u>	<u>1,551,906</u>	<u>53,921</u>	<u>(1,785,073)</u>	<u>1,185,760</u>

Building asset fund: Original cost and initial improvements made to the Charity's original freehold premises.

Fixed asset fund: Cost of assets funded by grants.

Other grants: Capital grants received for specific purposes.

Projects activities: Restricted revenue funds that have been received in the year as set out in note 6.

Other revenue funds: Restricted funds not directly related to projects.

13. NET ASSETS ATTRIBUTABLE TO FUNDS

	Unrestricted	Restricted	Total	Total
			31/03/23	31/03/22
	£	£	£	£
Fixed assets	426,759	544,028	970,787	970,998
Current assets	438,178	641,732	1,079,910	1,326,077
Current liabilities	(210,080)	-	(210,080)	(202,723)
	<u>654,857</u>	<u>1,185,760</u>	<u>1,840,617</u>	<u>2,094,352</u>

14. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year or previous year.

There is no ultimate controlling party.

15. CONTINGENT LIABILITIES

The charity had no material contingent liabilities at 31st March 2023 nor at 31st March 2022.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2023

16. STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2022

	Note	UNRESTRICTED		RESTRICTED	2022 Total £
		General Funds £	Designated Funds £	£	
INCOME FROM:					
Donations and legacies		1,848	-	31,565	33,413
Charitable activities					
Grants and service agreements	6/7	-	-	1,650,932	1,650,932
Rent and service charges		390,522	-	-	390,522
Room hire		8,642	-	-	8,642
Income from services supplied		10,592	-	-	10,592
Pandemic Food activity		-	-	-	-
Fundraising		525	-	-	525
Other		4,703	-	-	4,703
Investment income		178	-	-	178
Furlough		-	-	3,416	3,416
Other income		-	-	-	-
Total income		417,010	-	1,685,913	2,102,923
EXPENDITURE ON:					
Raising funds		-	-	-	-
Charitable activities					
Service agreements	1	-	-	1,651,805	1,651,805
Health and welfare services	1	356,687	-	-	356,687
Furlough		-	-	3,416	3,416
TOTAL EXPENDITURE		356,687	-	1,655,221	2,011,908
NET INCOME / (EXPENDITURE)		60,323	-	30,692	91,015
Transfers between funds	11/12	(60,323)	21,187	39,136	-
NET MOVEMENT IN FUNDS		-	21,187	69,828	91,015
RECONCILIATION OF FUNDS:					
TOTAL FUNDS AT 1 APRIL 2020		179,642	528,517	1,295,178	2,003,337
TOTAL FUNDS AT 31 MARCH 2021	11/12	179,642	549,704	1,365,006	2,094,352

Manor Gardens Welfare Trust

MANAGEMENT INFORMATION

For the year ended 31st March 2023

The following information does not form part of the audited financial statements

CASHFLOW STATEMENT	Notes	Total Funds 2023 £	Prior Year Funds 2022 £
Cash generated from operating activities:			
Net cash provided by/(used in) operating activities	A	66,014	(168,639)
Cash flows from other sources:			
Proceeds from sale of fixed assets		-	-
Application of cash:			
Purchase of fixed assets		(11,108)	(115,516)
Pre capital exp		-	-
Net increase/(decrease) in cash	B	54,906	(284,155)
Cash at bank at the beginning of the year	B	839,930	1,124,085
Cash at bank at the end of the year	B	894,836	839,930

A	RECONCILIATION OF NET INCOME/EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES	2023 £	2022 £
	Net income/(expenditure) from SOFA (page 18)	(253,735)	91,015
	Adjusted for:		
	Depreciation	7,676	7,450
	(Increase)/decrease in debtors	301,073	(293,083)
	Increase/(decrease) in creditors	7,357	25,979
	(Profit)/loss on disposal of fixed assets	3,644	-
	Net cash inflow/(outflow) from operations	66,014	(168,639)

B	ANALYSIS OF CASH AT BANK AND IN HAND	Change in year £	2023 £	2022 £
	Cash at bank and in hand	54,906	667,198	612,292
	Short term deposits	-	227,638	227,638
		54,906	894,836	839,930

MANOR GARDENS WELFARE TRUST LTD

England & Wales - Charity number 1063053

Accounts

Manor Gardens Welfare Trust

(A Company Limited by Guarantee and
Registered Charity No. 1063053)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

Year ended 31st March 2022

Making the difference for over 100 Years

Company No. 3386929

Manor Gardens Welfare Trust

CONTENTS

Year ended 31st March 2022

	Page
Reference and administrative details	1
Trustees' report	2 - 15
Statement of Trustees' responsibilities	16
Independent Auditor's report	17 - 19
Statement of Financial Activities	20
Statement of Financial Position	21
Accounting policies	22 - 23
Notes to the accounts	24 - 31
<i>The following page does not form part of the audited financial statements:</i>	
Management information	32

Manor Gardens Welfare Trust

REFERENCE AND ADMINISTRATIVE DETAILS

Year ended 31st March 2022

Legal and Administrative Details as at 31st March 2022

Status: Manor Gardens Welfare Trust (“the Company” or “the Charity”) is a charitable company limited by guarantee. The current charity was incorporated on 13th June 1997, and registered with the Charity Commission.

Background: The activities of the Charity were originally carried out by an unincorporated association, Manor Gardens Community Trust (MGCT), registered under the Charities Act 1960 on 16th October 1985. The North Islington Infant Welfare Centre (NIIWC) ran the Manor Gardens Centre prior to MGCT being set up. In 1997 the NIIWC and MGCT merged and the new charitable company Manor Gardens Welfare Trust (MGWT) was formed. NIIWC and MGCT have been removed from the Charity Commission register.

Trustees and Directors:

Allan Sutherland, Chair
Jenita Rahman ACA, Hon. Treasurer (end of term December 2021)
Pardeep Bhatti ACA, Treasurer (commenced December 2021)
Crystal Rolfe
Inara Khan
Nicholas Tait
Ruth Morrison
Jeffrey O’Brien
Iris Tuechter

Senior Management Team:

Katy Porter, BEM, Chief Executive Officer/Company Secretary
William Meghoma, FFA, FIPA, FCCA, Director of Finance and Administration
Felicity Ford, Director of Fundraising and Development

Registered Office and Operational Address:

6-9 Manor Gardens, London N7 6LA

Company Number:

3386929

Charity Number:

1063053

Senior Statutory Auditor:

Anthony Daniel Armstrong FCA
of Armstrong & Co
Chartered Accountants & Statutory Auditors
4A Printing House Yard
London E2 7PR

Solicitors:

Russell-Cooke
2 Putney Hill
London SW15 6AB

Bankers:

HSBC plc
312 Seven Sisters Road
Finsbury Park
London N4 2AW

Barclays Bank plc
403 Holloway Road
London N7 6HL

COIF Charities Deposit Fund
Senator House
85 Queen Victoria Street
London EC4V 4ET

ANNUAL REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2022

Objectives and Activities

Objectives:

The Charity is established for the following purposes, having regard to equality and diversity amongst and for the benefit of service beneficiaries:

- To relieve the needs arising from financial hardship, sickness, disability and old age.
- To advance education.
- To promote mental and physical good health.
- To provide assistance to children and young people who are in need of care and attention arising from their youth.
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The term 'service beneficiaries' refers to all those in receipt of services and support from MGWT, who are predominantly resident in London, and include individuals, families and community groups.

Governing Document: Manor Gardens Welfare Trust was established under a Memorandum of Association, which established the objects and powers of the organisation. It is governed under its Articles of Association. The charitable objects were reviewed by the Board of Trustees during 2011 and the revised objects were approved by the Charity Commission in September 2011.

Our Vision

The vision of the organisation is to build strong communities where all people have good health, resilience, and opportunity.

Our Mission

The organisation's mission is to work with people take action, enabling change, and good health, resilience and opportunity. Our services promote mental and physical health and wellbeing and increase social inclusion.

Our Purpose

Early intervention and prevention: we prevent the escalation and deepening complexity of difficulties experienced by people which impact upon their life opportunities, health, and wellbeing.

Community-driven approaches: we understand and work alongside people to develop our work and expertise in person-centred interventions for diverse communities from childhood to adulthood.

Learning and development for impactful response: we inform and develop our work and influence and effect wider system change and practice.

We continue to work with people of all ages and all communities, with a particular focus on those that experience identified barriers and difficulties in accessing support and services.

For this purpose, we maintain community hubs in Islington, and develop service offers to reach into a wider geographical area, based upon knowledge of need and solutions.

Overview:

Manor Gardens Welfare Trust (MGWT) continues to support local communities with diverse and emerging needs, an approach we have been taking since we were founded in 1913.

From our bases in the London Borough of Islington we identify need, appropriate responses and deliver services to support and have impact for individuals and local communities across London, and at times, into regional areas. In partnership with individuals, communities and other voluntary and statutory agencies and

services we collaborate to identify potential and existing gaps in provision and where there may be unmet and additional need. We see strength in the diversity of our service offer, recognising that the communities we support reflect this diversity, and for many MGWT is a first point of access when seeking help.

Throughout 2020/21 and into 2021/22 the need to respond and adapt our services to the Covid-19 pandemic continued, but with increasing focus on resilience to emerge and recover as an organisation and to continue to support individuals and communities as they too recover. We moved from emergency humanitarian response to the longer-term impacts of the pandemic and recognised increasing need and demand across our communities and consideration of required response to assist in longer-term recovery.

MGWT has continued to demonstrate an agility and resilience to meet ongoing challenges and concerns across our communities, whether this is in our early years provision, family support, or continued work with individuals who may be more vulnerable and isolated. Attention to the welfare and wellbeing of those most in need within our local communities, including children, families and adults, continues to be a primary focus for us at this time as we emerge from the pandemic.

MGWT services continue to seek to both prevent and manage physical and mental health concerns and improve wellbeing. Whilst services at our own centre in North Islington were limited at times during the year due to the pandemic, we have successfully delivered both individual and group support and activities online and by phone, including welfare checks, workshops, peer support groups, and individual therapy. Between May and December, we held daily in-person outdoor activities to encourage people from their homes and meet others, vital to their mental health. We continued in our direct and frontline provision of early years education and childcare at both Hornsey Road Children's Centre and Manor Gardens Nursery. These services have all delivered essential services to children, adults, and families throughout the past exceptional year.

We have addressed the challenges people faced in connecting online, whether this is for themselves or their children, understanding the causes and reasons, and sourcing IT equipment, WiFi requirements, or skills and confidence building.

Our work with partners, commissioners and funders across London Boroughs continues to consider how we can connect people to the support and services needed at the right time and in the right way, reducing barriers and duplication, and harnessing the strengths and innovation that grows from our local communities and partnerships. During the year, we realigned and reorganised our health and wellbeing services to deliver most effectively to our communities:

Community Services

- We have built on our outreach work which raised awareness of mental wellbeing to focus particularly on starting relevant conversations with Islington's diverse communities through activities, information groups and individual therapy. This breaks down the stigma of mental health by talking about wellbeing in culturally appropriate ways and adapting messaging to suit different communities.
- During the pandemic food poverty became evident and engagement with people through food as part of our emergency food distribution enabled us to reach people and provide additional support. We have developed this idea into a weekly food co-operative for local residents.
- Finding help quickly and easily is vital to people's wellbeing. Created quickly in the pandemic our Single Point of Access, with a central phone number and email address, is easy to use for referrers and residents and enables residents to be assessed and triaged effectively and get help quickly. This is being developed with partners across Islington to help professionals in health and social care connect people to the services and support they need efficiently.
- During the pandemic we had a large pool of volunteers, many who were unable to work at this time, who assisted and were essential to our food distribution and roll-out of the Covid-19 vaccination programme, through the vaccination clinics and sites across Islington. We have now reassessed our volunteer roles and commenced recruiting again. New roles include helping at our in-person activities and a peer buddy scheme.

Starting Well Services

- Building on from our work in maternity and early parenthood, we have developed our interactions with families to provide holistic wellbeing support following the birth of a new child, and onwards with children of all ages.
- We support refugee and migrant families through our specialist bilingual staff who represent and understand our local communities and can support with navigating services and systems to enable people to integrate more fully into the community. A new initiative this year is working with Islington Public Health to understand the health inequalities experienced by the communities we serve and investigating ways of addressing them.

Living Well Services

- We support people to manage their own health and wellbeing so they can maximise their independence. We work with people with long-term health conditions which impact on their daily living and choices in their lives, as well as stroke survivors and people with complex health needs so that they can continue living independently for longer.
- We offer early intervention and prevention, signposting and referrals to partners, in-depth casework and social prescribing.
- During the pandemic, our befriending service was in great demand via the telephone, supporting people of all ages who felt isolated and lonely. Telephone befriending continues to connect housebound clients and our telephone support groups have proved very popular with people who have no digital access.

Policy and Campaigning

- We directly support women who have experienced Female Genital Mutilation (FGM), and campaign widely to prevent this harmful practice. Our Dahlia Project continues to offer therapeutic groups and a safe space for women who are survivors of FGM, alongside one-to-one advocacy and empowerment groups. Our national awareness raising and preventative work is initiated from the experiences of the women we support.
- Manor Gardens has chaired the Islington Food Partnership, a coalition of community and statutory partners interested in reducing food poverty and food waste, for three years. It has led the growth of food co-ops in the borough as well as setting the strategic direction of food stability and sustainability for Islington.

Early Years Services

Our services at MGWT have always focused on children as well as adults. We believe that education and play can promote health and wellbeing at an early age and provide the best start in life, and has been critical to ensure developmental milestones, emotional wellbeing, and safeguarding of many children at this time.

- Manor Gardens Nursery, provides early year's education to children between the age of 2-5 years within Islington in accordance with the Early Years Foundation Stage (EYFS).
- Hornsey Road Children's Centre, from which we deliver early year's education and childcare for children from the age of 9 months–5 years, brings together our early years statutory partners to give children the best start in life within the local Borough's Bright Start offer.

Both settings, throughout 2021/22 were assessed as 'good' by OFSTED; with Manor Gardens Nursery inspection taking place in March 2020 under the new inspection guidelines and achieving 'outstanding' in two areas (Behaviour and Attitudes, and Personal Development).

Partnership

Manor Gardens Welfare Trust is a leading organisation in the voluntary and community sector in the London Borough of Islington, in which we are based. Our leadership of the sector locally has never been more important than during the pandemic, when our agility and rapid response placed us on borough-wide emergency planning groups. Our leadership and partnership working enabled us to lever funding and resources to deliver services to respond to the emerging and escalating need.

Our borough-wide co-ordination of partners to set up seven food co-ops enabled us to continue to provide basic food resources to people in need, many of whom were in financial difficulty and/or concerned about leaving their homes.

Working with Islington Council, Age UK and Help on Your Doorstep we have jointly developed a Central Point of Access system to enable people working in Adult Social Care to make referrals directly to our organisation for triage and onward referral, simplifying referrals and ensuring people received appropriate help in a timely fashion.

We played a central part in co-ordinating the provision of volunteers for the vaccine clinics, in partnership with Voluntary Action Islington Age UK Islington (AUKI), and Help on Your Doorstep (HOYD).

We are represented on a wide range of forums and for some areas of our work this extends more broadly into neighbouring Boroughs and across London. These include:

- Islington Health and Wellbeing Board, Islington Fairer Together Partnership Board (including strategic and delivery groups), Islington All-Age Mental Health Partnership Board, Islington Early Years Partnership Board, Bright Start Early Childhood Area Partnership (ECAP), Bright Start Private, Voluntary and Independent (PVI) Forum, London FGM Forum, Newham FGM Forum, Maternity Voices (North London), Camden – Best Start in Life, Camden Perinatal Mental Health Forum, Time to Change Islington, and the Islington Food Partnership.

As a charity, we are members of the Association of Chief Executives of Voluntary Organisations (ACEVO), the National Council of Voluntary Organisations (NCVO), Voluntary Action Islington (VAI), Charity Finance Group, and Institute of Fundraising and maintain access to information, newsletters and advice within the sector.

In addition to our attendance and participation, we also directly host and chair forums which develop opportunities for strategic and operational dialogue and the sharing of knowledge, expertise and practice. Examples are Health Exchange, developed with Islington Council and Islington CCG, the North Locality Leadership Team, to develop integrated health and social care provision in North Islington, Islington Food Partnership, and the Islington FGM Forum. These assist in bringing organisations and people together to improve the delivery and commissioning of services, and to make connections and work in partnership.

Co-location

Manor Gardens Welfare Trust operates from buildings at numbers 6-9 Manor Gardens, London N7 6LA, of which it owns the freehold. As an organisation we recognise the importance of community places to assist community members when seeking services and help. Our buildings enable us to further generate a partnership approach through our position as landlord to currently fourteen organisations, which includes other charities, organisations and services responding to local communities.

Our buildings enable the development and delivery of a hub of community-focused services. The Trustees approved plans to re-model and refurbish our reception area during 2021, which was completed in December 2021. This has created an open, welcoming space for residents, our local community, and all those that work in and around the Centre. The space is being used for joint activities and enables us to further our partnerships with external partners as well as providing a community hub in the North of Islington.

The Charity also leases the ground floor and basement of 10 Manor Gardens, part of the Beaux Arts Building. The lease expires in 2027. The space within these buildings is used by MGWT to deliver its services and assists in hosting other health and wellbeing organisations, including sessional meeting space for similar groups.

Our beneficiaries

Our services support people in different ways:

- **Advocacy and one-to-one support** for service beneficiaries for help from a specific service. Following assessment from our frontline staff, a focused programme or plan of support inclusive of individual and/or group interventions is determined with the beneficiary. This ranges from help reading letters and filling in forms, to in-depth advocacy and casework on housing, benefits, immigration, and domestic

violence. Others need help finding the right organisation to support them and we signpost and enable them to access these services.

- **Early years support** for children from nine months to five years old is provided through contracted places in our two nurseries for education and childcare.
- **Community activities and events** engage with service beneficiaries on a regular basis for social interaction and wellbeing support. This provides a safe space and facilitates trust and often enabling further help as needed.
- **Information workshops** delivered to volunteers, professionals, carers, and community members to increase understanding and awareness of particular issues and generate community responses.
- **Therapeutic support** for individuals and groups to improve their wellbeing.

Our services particularly support the diverse communities of Islington but also replicate our services and support into the neighbouring North London boroughs, Newham, and more widely across London.

Throughout 2021-22, we supported 2,230 people directly through one-to-one casework and support. We had 2,658 new referrals during the year and put on 1,544 in-person and online activities which were attended by 2,485 people. We worked with 138 volunteers.

Staff and volunteers

Manor Gardens Welfare Trust has 61 employees, 33% of whom are full time and 67% part-time, representing 41.5 full-time equivalent staff. In addition, 4 sessional staff support the staff team in the delivery of our services.

We are committed to employing and retaining high quality, skilled staff through effective recruitment, management, training, support and involvement in the organisation, and recognise that only by doing so can we provide excellent services with impact. We value and welcome diversity and our staff reflect the wide diversity of the communities we serve. Equal opportunities and accessibility are central to all we do.

- 59% of staff are from Black, Asian and other Minority Ethnic groups (BAME), 17% of staff from white–other Ethnic groups, and 24% of staff are white–British.
- 85% of staff are female, and 15% are male.
- 16% of staff are aged 18-34 years, 64% are aged 35- 54 years, 20% are aged over 55 years.

We are committed to providing local employment opportunities and are aware of challenges in our local area regarding access to employment and continue in our commitment to working with local partners to address this.

Our services are supported every week by a dedicated team of trained and experienced volunteers, who undertake outreach, peer mentoring, befriending, and assisting our emergency response throughout the pandemic. We greatly value the input and support of all our volunteers who reflect the diversity of our local communities, and many of whom have been recipients of our services in the past or are local residents. During the pandemic, we were contacted by hundreds of local residents who were on furlough or working from home, or simply wishing to assist and offer help with Covid-related responses to need. Many continued to support the vaccine clinics throughout this year and remain as a resource for future roll-out of vaccine programmes. In supporting the GP vaccination clinics, 554 volunteers have assisted the safe delivery and management of these sites.

Organisational Structure

The Chief Executive Officer (CEO) reports directly to the Board of Trustees. The Senior Management Team comprises of the CEO, the Director of Finance and Administration, and the Director of Fundraising and Development.

Structure, Governance and Management:

Manor Gardens Welfare Trust governs through its Memorandum and Articles of Association. The Articles of Association were updated in 2011 and approved by the Charity Commission in August 2011.

The Charity's governing body is the Board of Trustees, whose members are trustees under charity law and directors of the Company for the purposes of Company Law. New trustees/directors are elected at a General Meeting of the Board for a period of three years. They can serve for two terms i.e. six years, with provision for a further term if elected Chairperson. There has been a change of Treasurer during the year 2021/22, with succession planning within the Board to manage the end of second term by the previous Treasurer. At year end, the Board comprised of eight trustees.

As directors of the Company, the Trustees each guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of a winding up. Trustees have no beneficial interest in the Company. There are no known conflicts of interest and these are requested and recorded through an annual declaration, and updates requested at each Board meeting. Any declared conflicts of interest would be recorded; these would then be monitored and managed as necessary.

The Board is confident that the Charity conforms to and is compliant with the Charity Commission's guidance, 'The essential trustee: what you need to know, what you need to do' (July 2015), and works under the Charity Governance Code (2018) supported through our membership of National Council for Voluntary Organisations and ACEVO.

Trustee Recruitment and Training

Trustees are recruited by various means, and in consideration of the latest Board appraisal, reflecting the skills of the Board and the requirements of the Organisation, and uses open and transparent recruitment practices. Advertising positions via our website extends to the recruitment of trustees, as well as utilising the initiatives and support of partners. This has included the BoardMatch66 process, initiated by the Big Alliance, to broker links between corporate partners and staff of these companies with an interest in local charities and trustee positions.

All prospective trustees meet with the Chair and the CEO to discuss their application, and if all is satisfactory following meeting and recruitment checks, their appointment is put to the Board. Any appointment is ratified at the subsequent Annual General Meeting. All appropriate checks are completed to assure that prospective and current trustees are not barred from taking up positions, including guidance on automatic disqualification rules issued in 2018. Declaration is signed confirming their suitability to serve.

Each new Trustee is inducted into their role and the Organisation, through provision of information and time with our staff and services, and one-to-one session with the CEO, Chair and fellow trustees, and SMT members. The Charity Commission's guidance, 'The essential trustee' is the basis of our briefing into the role and is provided to all. A comprehensive induction pack which contains information about the history of the Manor Gardens Welfare Trust, details of Tenant Groups based at our premises, copies of the Memorandum and Articles of Association, a copy of all Centre policies on disc, a copy of the most recent Annual Accounts and Annual Review is provided.

The Board regularly conducts review of trustees' skills and an appraisal of Board effectiveness, led by the Chair. Where this review identifies skills shortages, this is addressed by training and/or the recruitment of new trustees. On an annual basis the Chair reviews the performance of the trustees against the list of their main responsibilities.

The Board seeks to represent the diversity of our wider society through its membership, and this is a further consideration in our annual review and recruitment. The Organisation's policy statement on Equality, Diversity and Inclusion extends to and is reflected in the principles and performance of the Board.

- 44% of trustees are from Black, Asian and other Minority Ethnic groups (BAME), 56% are white British or from white–other Ethnic groups.
- 56% of trustees are female, and 44% are male.

Board Processes and Decision making

In 2021/22, the full Board met five times during the year to set strategic direction and to review the performance, compliance, and finances of the Charity. These meetings were agreed to be held remotely and online, and this continued throughout the year. The CEO, the Director of Finance and Administration and the Director of Fundraising and Development were in attendance at all meetings, as the Senior Management Team (SMT). In

addition, the Board was updated regarding emergency response, risk assessment and contingency planning when necessary during the pandemic.

Strategy review

In reaching decisions the Board is guided by the five-year Organisational Strategy 2020-25. This was reviewed and updated in 2019-20 following consultation with beneficiaries, staff, partners and Trustees, and approved in December 2019. The strategy now informs strategic goals and the annual business plan, assuring progress against targets and milestones in compliance with the strategy, and proved wholly relevant to guide changes in delivery and response to the pandemic throughout Year 3 of the Strategy.

Operational and day-to-day decision making is delegated to the CEO and the staff team. Major new initiatives are considered with the Board for approval. Trustees receive in advance of each Board meeting comprehensive and detailed written reports from the CEO, the Director of Finance and Administration and the Director of Fundraising and Development. These reports describe activities of the Charity, and inform in order to plan for growth, stability, and future planning. Quality assurance, safeguarding, and risk management are essential considerations of the Board. Annual reports related to Safeguarding, Health & Safety, and Human Resources present related data and activity throughout the year, and comparisons year-on-year, enabling depth of understanding and consideration of trends.

The trustees receive in advance of their meetings copies of the most recent management accounts, along with notes on variations between budgeted and actual expenditure. At the meetings the Director of Finance and Administration will guide the Trustees through these documents.

The Board scrutinises these documents against agreed targets and budgets to assess the performance of the Charity in achieving its charitable objectives to a high standard and cost effectiveness. The Trustees also maintain up-to-date understanding of relevant legislation through external activities, training and information exchange, and by taking legal advice when necessary.

Risk Management

Potential areas of risk to the Charity are identified, recorded and reviewed by the Board at every Meeting, assisted by the Senior Management Team. The Risk Register incorporates financial, operational risk and external risk, assessing likelihood of occurring, impact, and mitigation to reduce likelihood and the impact. Whilst recognising that no organisation can ever be risk free, the Board of Trustees consider that the range of measures and controls in place have reduced to an acceptable level the various risks faced by Manor Gardens Welfare Trust.

During the pandemic the received risk assessments and increased frequency of updates to the risk register, demonstrating compliance to Government restrictions, and reflected changed ways of working. The business continuity plan was regularly updated as the emerging position changed.

Impact and Performance:

In 2021/22, we have developed services and opportunities consistent with our Mission Statement and Objectives, and continue to set ourselves the following objectives in achieving our Organisational Strategy 2020-25:

1. **Access for all** - we will ensure people can find us and the services available to them and actively work to break down barriers people face in society.
2. **Impact for all** – we will continue to develop service models and approaches which address gaps and respond to need, based on an understanding of people and communities.

Starting Well Services

Supporting the whole family before and following the birth of a child significantly improves wellbeing for all. Our Starting Well Service has broadened its scope from supporting women during pregnancy and birth to providing comprehensive and accurate information, peer support and in-depth, and often complex casework for the whole family.

Our focus remains in supporting refugee and migrant families, with our bilingual staff providing both first language and English-speaking support. Our staff and volunteers speak and represent the Spanish, Somali, Czech, Russian, Bulgarian, Arabic, Albanian, and Turkish communities. Much of this work is carried out through our **Bright Beginnings** project, funded by the National Community Lottery Fund, continues to support families across North London and when required, when families are re-located outside of London. Our **Camden Blossoms** project provided support to families in the London Borough of Camden around perinatal mental health; this ended in March 2022, transferring to another provider to continue in the Borough.

We continued to support clients online, as many were concerned about leaving home and found joining support sessions easier from home due to childcare. In-person one-to-one sessions were offered during the year and have soon become well-attended. We delivered 746 drop-in and group clinics and 109 workshops with partners and peers. We worked with 883 clients, and reached 1,800 women through our group sessions and activities; 74 volunteers supported us.

Living Well Services

We work with all ages and all sections of the community providing information and advice, welfare support and opportunities to increase social connectedness, improved health, emotional wellbeing, and practical interventions and advice. We are flexible in the way we work and aim to resolve people's issues through early intervention and prevention of escalation and crisis, when possible. We aim to reduce pressure across the health and social care sector, working in partnership with GPs and social workers, and our support seeks to address issues that can impact on the quality of day-to-day life. This can include help with welfare benefits, housing applications and referrals to specialist agencies. Our in-depth case work supported 797 clients, with 501 of them being new referrals. We put on 177 events, including our telephone clubs and worked with 30 volunteers.

We continued to support housebound and elderly people with telephone befriending and began telephone support groups for those who couldn't access online activities.

Our services have extended to **Social Prescribing** commissioned by Islington GP Federation since 2020. Our **Social Prescribing Link Worker**, joined other organisations in the borough supporting GP practices, and integrated our offer with Help on your Doorstep. Patients are provided with non-clinical support to improve their wellbeing, and access to a wide range of activities and opportunities.

Our **Therapeutic services** continue to grow, providing support to 231 people in individual counselling sessions, 102 group counselling sessions and 95 onward referrals to partners. Demand has grown from those experiencing domestic abuse as well as those suffering ongoing trauma and stress.

Cloudesley Partner

We continue to be a Cloudesley Partner, providing small welfare and catalyst grants to clients who live in Islington, are ill and who live in poverty. The small grants have enabled clients to top up their phones, purchase essential clothing and furnishings, buy a laptop to study and other small interventions that have improved their daily living and wellbeing.

We were able to provide 157 large Christmas food hampers to clients from all of our services this year. We received £3,250 from the **Local Initiative Fund** to provide the hampers and are grateful to our local councillors for their continuing support.

Communities

Our Communities team responded swiftly to the lifting of restrictions to offer safe communal events in our gardens. We put on three coffee mornings a week, gentle exercise and yoga, art classes and other wellbeing activities as well as large-scale events such as community meals, respecting the changing Covid restrictions during the year. They were able to put on 287 separate activities, five community meals and celebrations of Pride month, International Women's Day, Mental Health Awareness Week and other key opportunities to raise awareness of good mental wellbeing. We worked with 550 clients, many of whom attend events every week

Policy and Campaigns

Raising awareness and prevention of female genital mutilation (FGM) has been a key part of our work for many years, and this is ever more important as harmful practices have under lockdown conditions become even more hidden. We continue to utilise all channels of communication to end harmful practice and for this to be considered a priority and concern for all in our society. The **Dahlia Project** continues to provide specialist therapy for women who have experienced and are affected by FGM and worked with 68 women this year. Increasingly we provide holistic advocacy and support for these women alongside therapy, including access to support grants to provide both the basics in their lives but also the possibility of change and empowerment; this could relate to study and further education. Our work with NHS England, and both London North West University Healthcare NHS Trust and Barts Health NHS Trust, has continued in the two North London multidisciplinary FGM clinics into which we contribute counselling services. Our counselling provision has continued throughout the year, both through online contact and face-to-face, when possible.

We are extremely grateful to the **Dovedale Foundation** and an anonymous trust for their ongoing support, particularly as statutory funding is increasingly limited in focus on this area of need.

Our partnership with Hestia in the London Borough of Newham continues, commissioned by the Local Authority as part of the response to tackling violence against women and girls. It raises awareness of FGM, supports women affected by FGM by working with and into communities, and trains professionals to recognise risk related to FGM and further understand this practice and the support that is needed by those affected, and seek to end FGM.

Early Years Services

In addition to our Starting Well Services, we provide early years' education and childcare. We believe that a good start in life contributes to the wellbeing of everyone and we provide rich experiences for children aged two to five in our Nursery and Children's Centre. We work in close partnership with professionals and commissioners of Bright Start Islington, hosting colleagues within our Children's Centre, promoting access to early education and the benefits of play, and in this past year, ensuring children are within a safe environment and families are supported. We have remained open to children and families with additional vulnerabilities and keyworker parents. The need and demand for this provision has increased over the course of this year.

Our Early Years Education and Childcare

At both **Manor Gardens Nursery** and **Hornsey Road Children's Centre**, we provide environments that are inviting, stimulating and safe, where children can take part in and enjoy learning experiences which are both interesting and challenging to them. We recognise that all children are individuals and we provide a curriculum, in alignment to the Early Years Foundation Stage (EYFS), which meets the needs of each child. Our Nursery settings give children aged nought to five a varied and imaginative play experience, delivered by staff who have an excellent knowledge of how children learn. We have cosy, intimate settings laid out with different learning and play areas. Our staff encourage children of different ages to play together which reduces the stress of transitioning to other play areas as a child gets older. Our settings are judged to be 'good' (Manor Gardens Nursery, Ofsted March 2020) and 'good' (Hornsey Road Children's Centre, Ofsted 2017) stating:

'Staff plan an ambitious, interesting and creative curriculum. They regularly extend their knowledge and teaching, for example by attending relevant training. The positive impact of this is apparent in the carefully planned educational programme for children.' Manor Gardens Nursery, Ofsted Report 2020.

'Children are developing an understanding of diversity beyond their immediate family. They benefit from taking part in a wide range of activities that effectively teaches them about people in the wider world.' Hornsey Road Children's Centre, Ofsted Report 2017.

Our staff are highly trained and experienced, and within the staff complement are graduate practitioners, including teachers. Staff have needed to support parents at home, identifying resources which support children's development, but primarily support wellbeing and both child and parent to cope and adapt to change and uncertainty. Safeguarding and child protection are paramount throughout our work, and this has remained critical when direct contact with some children and families is more limited. Assessment of circumstances and need has been prioritised and the needs of families continually reviewed.

We continue to review the standard and quality of our provision throughout each term in partnership with Early Years Education in Islington Council and Bright Start Islington, and share good practice across our Early Years provision. Each of our settings work towards the Healthy Early Years London Award, which support the Mayor's Health Inequalities Strategy for every London child to have a healthy start to life, with improvements in healthy life expectancy, child obesity and wellbeing.

The capacity of our settings is 72 children at any one time, 24 at Manor Gardens Nursery and 48 at Hornsey Road Children's Centre, and we care for children from 9 months to the age of 5 years (school entry). We provide term-time only provision at Manor Gardens Nursery, and all year round and extended childcare hours at Hornsey Road Children's Centre. We complete rolling entry to the Nursery and have operated above 70% take up of admissions/places throughout the year. We have whenever possible prioritised all children returning to our settings following periods of lockdown and restrictions, recognising the importance of socialisation for children, the development of speech and language, and the developments milestones within the early years.

3. Efficient and accountable operations – we will deliver effective and robust management and finance systems with the ability to adapt in response to external change in the sector.

Manor Gardens Welfare Trust has a diverse income profile, securing funding for services commissioned by both Local Authority and Clinical Commissioning Groups (CCGs), charitable grants and trusts, and individual donors. In addition, unrestricted income is generated through the longer-term lease with 14 tenant organisations and short-term lettings of our premises, enabling the upkeep and investment in our owned property and support of the infrastructure and sustainability of the Organisation, as well as partnership delivery.

Local Authority and CCG commissioned services were delivered in three London Boroughs; Camden, Islington, and Newham. Our work with the NHS was funded by Islington GP Federation, Whittington Health, London North West University Healthcare NHS Trust and Barts Health NHS Trust. Our Early Years settings are contracted with London Borough of Islington.

Grants were received from National Lottery Community Fund, The Dovedale Foundation, Local Initiative Fund, and Cloudesley.

Our crowdfunding appeals helped support our FGM work, our Covid-19 response and our Christmas Hampers.

We continue to receive food donations from The Felix Project.

All fundraising activity is carried out by MGWT staff and no professional or commercial fundraisers have been involved in fundraising. All fundraising is overseen by the Director of Fundraising and Development, a member of the Institute of Fundraising who abides by its code of conduct. MGWT has fully complied with fundraising standards and regulation, and received no complaints regarding our fundraising activities.

We continue to review our income streams, particularly when operating in an environment where there is continued demand and need alongside decreasing resources. We always seek to provide the most efficient services with maximum impact and value, considering effective service models, replicability and relevance to beneficiaries and communities.

4. Our people – all who work with us will continue to be recognised as our biggest asset in achieving our vision and mission and therefore we will support, develop, and value all in their contribution.

Our committed staff team are essential to our ability to deliver our vision of promotion of health, wellbeing, and social inclusion for the benefit of all, recognised as the organisation's biggest asset. We continue to strive to be an excellent employer, recognising the challenges and limitations that can be in place as a small charity and organisation, and adopt sector norms in terms and conditions of employment and aim to exceed these where possible. We continue to review our approach to valuing staff and ensuring they are working in an environment in

which they are supported and developed, and with a particular focus on access to wellbeing support throughout 2021/22, recognising the exceptional circumstances in which staff were working.

We continue to contract Roots HR in the provision of HR Consultancy to provide additional capacity, resource, and expertise in our employment and management of staff, and assurance in meeting our legislative requirements and provision of policy framework as an employer.

- 5. Partnerships** – we will be more effective, have greater impact, and achieve better outcomes when working with others, and we will continue to actively seek collaboration.

Partnership is essential to the success of our delivery and the effectiveness of our mission to help people take action to change their lives for the better. We cannot achieve sustainable change and impact by working in isolation. We engage, participate and influence in many different ways, including:

- Manor Gardens leads delivery and development of Health Exchange.
- The Chief Executive is the Voluntary and Community Sector (VCS) representative on the Health and Wellbeing Board for Islington, which sits jointly with Haringey Health and Wellbeing Board twice a year and Islington's Fairer Together Strategic Board.
- Manor Gardens is the founding partner with Islington Council in the Time to Change Islington organic hub.
- Representation and meetings with local Councillors take place throughout the year, and in 2021/22 we regularly attended online 'Community Conversations'.

Health Exchange

Hosted by Manor Gardens Welfare Trust, delivered in partnership with Islington CCG, and commissioned by London Borough of Islington, Health Exchange represents our commitment to an integrated approach to improving the health and wellbeing of Islington residents.

This has grown from more formal forum-style meetings with invited partners to an open and welcoming monthly drop-in, the 'Breakfast Meeting'. This has allowed the network to connect and reflect changing and emerging priorities as these emerge. There is no criteria or requirements for membership, other than an interest in health and social care in the Borough, and current partners reflect a wide range of organisations working in Islington, with staff at all levels attending and engaging from senior strategists to frontline practitioners. We currently have 120 members. Collectively, we aim to improve the understanding of the health and wellbeing landscape, enable creative solutions to delivering wellbeing and support one another to identify service areas for future development. We are taking a lead role in the involvement and integration of statutory and voluntary sector organisations in finding solutions and approaches to health priorities and agendas. We recognise that to do so involves meaningful engagement and regular conversation between commissioners and providers, and representation and understanding of community voices and needs.

Islington Food Poverty Alliance

MGWT chairs Islington Food Poverty Alliance, a coalition of over 130 member organisations and individuals from the VCS, Islington Council, health services, local funders, businesses, schools, Early Years settings, and mutual aid groups. MGWT led the process to develop and publish Islington's first Food Poverty Action Plan, and facilitate the delivery and partnership work to ensure the success of this ambitious and wide-ranging Action Plan.

An example of the Alliances' success is the recently developed Islington Food Cooperative Network, a partnership across 7 local community organisations to initiate local cooperatives as an empowering alternative to foodbanks to tackle food poverty. Piloted with secured funding (February–April 2021), these cooperatives are now continuing under a self-sustaining funding model, and MGWT has been requested to speak at national events to share our model and learning, to replicate in other regions.

Covid task forces

Multiple task force meetings have been convened in the past year to respond to crisis and emerging need and we have participated, identified solutions and responses, and contributed to many identified actions. This has included:

- humanitarian food response across Islington and into neighbouring Boroughs.
- roll-out of the Covid-19 vaccination programme in Islington, with engagement work through hyper-local support to deliver accurate information to diverse communities.
- addressing social isolation and connectedness across the Borough.

Future Plans:

Initiatives and integrated working continues, to continue to address inequalities impacting the health and wellbeing of individuals and within our communities.

We will continue to outreach into communities whilst also offering a safe and accessible co-location space working with similar organisations and charities, and as an asset to the local community. We recognise the importance of place and how people can come together, support one another, and have the best opportunities in life, addressing challenges in society today.

We will continue to invest in people and communities to enable delivery of our Strategy, providing access, impact, and a place where people can feel welcomed, supported and valued.

More information about our current services and developments for the Charity can be found on our website at www.manorgardenscentre.org

FINANCIAL REVIEW AND RESULTS FOR THE YEAR ENDED 31ST MARCH 2022

The Statement of Financial Activities (SoFA) including an Income and Expenditure account set out on page 20, shows total income of £2,102,923 (2021: £2,044,227) and total expenditure £2,011,908 (2021: £1,825,740). This resulted in net surplus of £91,015 (2021: surplus £218,487). The overall result is better than what we anticipated at the beginning of the year despite the current economic climate and the corona virus pandemic.

RESERVES POLICY

The Board has a long-term policy of increasing both the Revenue and Building Refurbishment Reserves (see note 11 to the accounts) to ensure that fluctuations in future income do not threaten the financial stability of the organisation. The uncertainties include grants from statutory bodies and rental income.

Revenue Reserve: The Revenue Reserve is needed to provide funds which can be made available for specific projects, and to assist with unforeseen economic events.

The Trustees believe that the level of this reserve should be gradually increased to the equivalent of three months' total expenditure calculated and reviewed annually. The reserve is being built up to the desired level in stages consistent with the Charity's overall financial position and its need to maintain its activities. The current level of this reserve is £302,780 compared with three months' total expenditure of £502,977 (this amount is higher due to the HRCC contract) based on the audited accounts.

Building Refurbishment Reserve: The Board's policy is to build up the Building Refurbishment Reserve, to £260,000, which equals 4% of the estimated value of the freehold premises (£6.5million). The purpose of this reserve is for the refurbishment of, and cyclical maintenance work on the Charity's premises. The Trustees expect to achieve this level of funding by a combination of specific donations, grants and transfers from general reserves. At the year end this reserve stands at £246,924.

General funds (see note 11 to the accounts) are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds. The current level of Undesignated funds is £179,642.

Restricted Capital funds (see note 12 to the accounts) comprise a building asset fund, a fixed asset fund and other grants fund. The building asset fund represents the original cost of, and initial improvements made to the Charity's original freehold premises; whereas the fixed asset fund represents the cost of assets funded by grants. The current level of the combined Capital funds is £544,028.

The policies for and levels of these reserves will continue to be monitored by Trustees on an annual basis. Further analysis of the reserves of the Charity can be found in notes 11 and 12 to the financial statements.

INDEPENDENT AUDITORS

The statutory auditor, Anthony Daniel Armstrong FCA of Armstrong & Co, has indicated his willingness to be proposed for re-appointment in accordance with Section 485 of the Companies Act 2006.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

The trustees who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the charitable company's auditor is unaware, and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the Charities SORP FRS 102 (effective 1 January 2015) and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Manor Gardens Welfare Trust

TRUSTEES' REPORT

Year ended 31st March 2022

The trustees have determined that the charitable company be audited under the Companies Act 2006 for the year ended 31st March 2022 and for future years. The charitable company would also be required to be audited under charities legislation for the year ended 31st March 2022.

The trustees acknowledge and confirm their responsibilities for preparing the financial statements as detailed in the Statement of Trustees' Responsibilities set out on page 16.

Approved and authorised for issue by the Trustees on 14th October 2022 and signed on their behalf by:

Allan Sutherland

Allan Sutherland, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

STATEMENT OF TRUSTEES' RESPONSIBILITIES

For the year ended 31st March 2022

The trustees (who are the directors of the charity for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- follow applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2022

We have audited the financial statements of Manor Gardens Welfare Trust for the year ended 31st March 2022 which comprise the Statement of Financial Activities, Statement of Financial Position, and the Notes to the Accounts to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information in the annual report but does not include the financial statements and our report of the auditors thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2022

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page 16 the charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the specific business environment in which they operate, the reporting requirements they are obliged to adhere to and other legal and regulatory requirements applicable to operating entities in general.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2022

These include the Companies Act 2006, the Charities Act 2011, FRS 102, the Charities SORP, GDPR and COVID-19 support schemes legislation. The charitable company operates locally and is not significantly impacted by international law or regulations.

Taxation law and regulations applicable to charities also apply to the charitable company but it is not involved in any complex matters that increase the risk of non-compliance.

Each area of audit review includes in the audit documentation reference to potential non-compliance and awareness of potential non-compliance is embedded in our audit procedures.

- We assessed the risks of material misstatement in respect of fraud by enquiry of management, review of the charity's operations and direct review of significant and material transactions, including all non-standard or irregular journal adjustments. Our understanding of the organisation enables us to understand and identify transactions or areas that appear to present a risk of fraud. None were detected.

Our pre-audit questionnaire specifically makes enquires about fraud and this is supported by audit documentation. We also review Board minutes to identify any matters of concern or risk. None were identified.

- The audit was conducted by a very experienced auditor who has a good knowledge of the client and no other assistance or support was required.
- The charity is small, its activities are regular and consistent and are not complex and no special audit considerations apply, nor is external specialist assistance required.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Armstrong

Anthony Daniel Armstrong FCA(Senior Statutory Auditor)
for and on behalf of Armstrong & Co
Chartered Accountants & Statutory Auditors

4a Printing House Yard
Hackney Road
London E2 7PR
14th October 2022

Manor Gardens Welfare Trust
STATEMENT OF FINANCIAL ACTIVITIES
Including an Income and Expenditure Account
For the year ended 31st March 2022

	Note	UNRESTRICTED General Funds £	Designated Funds £	RESTRICTED £	2022 Total £	2021 Total £
INCOME FROM:						
Donations and legacies		1,848	-	31,565	33,413	298
Charitable activities						
Grants and service agreements	6/7	-	-	1,650,932	1,650,932	1,582,977
Rent and service charges		390,522	-	-	390,522	357,817
Room hire		8,642	-	-	8,642	823
Income from services supplied		10,592	-	-	10,592	106
Pandemic Food Activity		-	-	-	-	26,746
Fundraising		525	-	-	525	244
Other		4,703	-	-	4,703	-
Investment income		178	-	-	178	655
Furlough		-	-	3,416	3,416	74,185
Other income		-	-	-	-	376
TOTAL INCOME		417,010	-	1,685,913	2,102,923	2,044,227
EXPENDITURE ON:						
Raising funds		-	-	-	-	-
Charitable activities						
Service agreements	1	-	-	1,651,805	1,651,805	1,414,758
Health and welfare services	1	356,687	-	-	356,687	336,797
Furlough	1	-	-	3,416	3,416	74,185
TOTAL EXPENDITURE		356,687	-	1,655,221	2,011,908	1,825,740
NET INCOME / (EXPENDITURE)		60,323	-	30,692	91,015	218,487
TRANSFERS BETWEEN FUNDS	11/12	(60,323)	21,187	39,136	-	-
NET MOVEMENT IN FUNDS		-	21,187	69,828	91,015	218,487
RECONCILIATION OF FUNDS:						
TOTAL FUNDS AT 1 APRIL 2021		179,642	528,517	1,295,178	2,003,337	1,784,850
TOTAL FUNDS AT 31 MARCH 2022	11/12	179,642	549,704	1,365,006	2,094,352	2,003,337

See Note 16 for a detailed analysis of 2021 prior year amounts.

All activities are classed as continuing.

There were no other recognised gains or losses other than those stated above.

The notes on pages 22 to 31 form an integral part of these audited financial statements.

Manor Gardens Welfare Trust

Registered in England, company number 3386929

STATEMENT OF FINANCIAL POSITION

As at 31st March 2022

	Note	2022 £	2021 £
FIXED ASSETS			
Tangible fixed assets	8	970,998	862,931
CURRENT ASSETS			
Debtors	9	486,147	193,065
Short term deposits		227,638	227,638
Cash at bank		608,957	893,053
Cash in hand		3,335	3,394
Pre Capital Exp		-	-
		1,326,077	1,317,150
CREDITORS: amounts falling due within one year	10	(202,723)	(176,744)
NET CURRENT ASSETS		1,123,354	1,140,406
TOTAL ASSETS LESS CURRENT LIABILITIES		2,094,352	2,003,337
NET ASSETS		2,094,352	2,003,337
THE FUNDS OF THE CHARITY			
Unrestricted Funds	11	729,346	708,159
Restricted Funds	12	1,365,006	1,295,178
TOTAL CHARITY FUNDS		2,094,352	2,003,337

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard 102.

Approved and authorised for issue by the Trustees on 14th October 2022 and signed on their behalf by:

Allan Sutherland

Allan Sutherland, Trustee

Pardeep Bhatti

Pardeep Bhatti ACA, Trustee

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2022

BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention and in accordance with:

- a) Applicable UK accounting standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)';
- b) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102);
- c) The Companies Act 2006; and
- d) The Charities Act 2011.

PUBLIC BENEFIT ENTITY

The Charity meets the definition of a public benefit entity under FRS 102.

GOING CONCERN

The charity's income is derived from both non-self-generated sources, such as grants, service level agreements and other governmental or NGO sources and self-generated sources, such as rental income and hire income etc. The trustees consider that there are no material uncertainties about the likelihood that this support will continue, and accordingly, the accounts have been prepared on a going concern basis.

INCOMING RESOURCES

Incoming resources are the amounts derived from the provision of charitable services, the receipt of gifts, rents and grants falling within the charity's ordinary activities.

INCOME RECOGNITION

All incoming resources are recognised once the Charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability. Income with conditions attached to its receipt is recognised when the conditions have been fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

RESOURCES EXPENDED

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of raising funds are those costs incurred in attracting voluntary income.

Charitable activities include expenditure associated with the provision of accessible health and welfare services and include both the direct costs and support costs relating to these activities.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

GOVERNANCE COSTS

Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include the audit fee.

Governance costs include those incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements and are included in support costs.

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2022

FIXED ASSETS AND DEPRECIATION

All fixed assets are initially recorded at cost. Freehold land is not depreciated. The Trustees are of the opinion that the freehold buildings have such a long useful economic life and such a high residual value that any depreciation charges arising are immaterial. Depreciation is being charged on other fixed assets retained by the Trust at rates estimated to write off their cost, less any residual value, over their expected useful lives. The expected useful lives are as follows:

Included within furniture and equipment:	
Furniture and equipment	10 years
Safety equipment	10 years
Computer equipment	3 years
Cafe equipment	5 years

STOCK

Stock is valued at the lower of cost and net realisable value.

LEASING CONTRACTS

The management and service charges are credited to the Statement of Financial Activities as they fall due over the period of the lease.

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

UNRESTRICTED FUNDS

Unrestricted funds are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds.

DESIGNATED FUNDS

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

RESTRICTED FUNDS

Restricted funds are to be used for specific purposes as laid down by commissioning authorities and donor's expenditure which meets these criteria is charged to the fund.

TAXATION

The Company is a registered charity and does not trade and as such its income and gains are exempt from corporation tax to the extent that they are applied to its charitable objectives.

PENSIONS

The Charity operates defined contribution schemes which are administered by outside independent pensions providers. Contributions payable for the year are charged to the Statement of Financial Activities.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

1. COST OF CHARITABLE ACTIVITIES

	Activities undertaken directly			2022 Total £	2021 Total £
	Staff Costs £	Other Direct Costs £	Support Costs £		
RESTRICTED					
Service agreements					
MG Nursery	95,800	35,354	2,465	133,619	97,314
Hornsey Road Children's Centre	528,565	141,158	12,587	682,310	545,872
Early Parenthood Programme	195,560	44,679	4,515	244,754	222,109
FGM Services	112,877	43,488	2,939	159,304	144,601
Therapeutic Service	11,987	4,632	312	16,931	66,867
Syrian Fund Service	19,631	2,670	419	22,720	30,207
Food Cooperative Service	1,240	2,971	79	4,290	18,896
Big Lottery Covid Fund	-	-	-	-	73,783
CAF Resilience Fund	-	-	-	-	27,840
Living Well / Stroke Service	83,212	25,566	2,044	110,822	82,921
Social Prescribing	39,166	4,024	812	44,002	14,669
Wellbeing Service	146,271	45,272	3,600	195,143	89,679
Single Point of Access	12,634	6,741	364	19,739	-
Time Limited Projects	12,371	5,465	335	18,171	-
Total Service agreements	1,259,314	362,020	30,471	1,651,805	1,414,758
Furlough	3,416	-	-	3,416	74,185
UNRESTRICTED					
Health and welfare services	344,729	-	11,958	356,687	336,797
TOTAL COST OF CHARITABLE ACTIVITIES	1,607,459	362,020	42,429	2,011,908	1,825,740

2. SUPPORT COSTS

	2022 £	2021 £
General expenses	18,280	9,960
Insurance	16,120	16,145
Telephone/Broadband	31,478	28,994
Postage	1,289	2,213
Copying	6,980	7,341
Bank charges	1,595	1,767
Stationery and office supplies	782	1,011
Training and development	221	222
Depreciation	7,450	10,106
Computing	18,217	12,975
Bad debts and provisions	2,789	4,958
Repairs and maintenance	36,040	36,742
Cleaning	49,955	38,551
Light and heat	32,707	28,582
Water rates	1,864	2,591
Management charges	1,359	5,341
Website / Communications /Charity Log	1,366	312
Governance (see Note 3)	5,479	5,641
HR Resources	3,176	3,078

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

	2022	2021
	£	£
Staff Support	3,581	2,050
Summer Fair and Volunteers Event	106	-
Food Service	-	22,306
Gross Costs	240,834	240,886
Less: income from Projects excluded from SOFA (page 20)	(198,405)	(193,188)
Net Support Costs (see note 1)	42,429	47,698

3. GOVERNANCE COSTS

	2022	2021
	£	£
Accountancy and audit fees	4,800	4,800
Insurance	664	664
General expenses	15	177
	5,479	5,641

4. NET INCOMING RESOURCES FOR THE YEAR

	2022	2021
	£	£
This is stated after charging:		
Depreciation	7,450	10,106
Auditor's remuneration	4,800	4,800

5. EMPLOYEES

The average number of people employed during the year was as follows:

	2022	2021
	No	No
Senior Management Team	3	3
Projects and services	62	61
	65	64

Employment costs were:

	2022	2021
	£	£
Wages and salaries	1,321,331	1,223,367
Social security costs	108,235	100,242
Pension costs	31,452	27,883
	1,461,018	1,351,492

During the year two employees earned £60,000 or more and no Trustee received any remuneration or reimbursed expenses.

Pension costs relate to a defined contribution scheme. Contributions are charged in the years to which they relate.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

6. INCOMING RESOURCES

Details of larger restricted grants and other funding received during the year include:

	2022	2021
	£	£
Manor Gardens Nursery		
London Borough of Islington	90,216	84,757
Hornsey Road Children's Centre		
London Borough of Islington	454,751	521,683
Best Practice Network	5,000	2,000
Starting Well / Early Parenthood Programme		
National Lottery Community Fund	169,620	166,564
London Borough of Camden - Camden Blossoms	70,000	70,000
London Borough of Islington	33,000	-
Cripplegate Foundation	6,939	-
NHS Haringey CCG	-	1,500
FGM Services		
London Borough of Newham// Hestia Housing & Support	68,000	85,000
Barts Health NHS Trust	6,419	-
Dovedale Foundation	30,000	-
London Borough of Islington	2,000	-
Therapeutic Service		
Covid Crisis Rescue	-	1,000
Two Magpies Fund	-	15,000
Shpresa Programme - Services for Albanian Women	-	5,000
Syrian Resettlement Programme		
London Borough of Islington	16,000	55,000
Food Cooperative		
Sustain	-	26,589
Soil Association	4,000	-
Big Lottery Covid Fund		
National Lottery Covid-19 Response	-	80,902
CAF Resilience Fund		
CAF Resilience fund	-	44,506
Living Well Services		
NHS Islington CCG	100,496	67,997
London Borough of Islington	3,250	2,166
Islington GP Federation	64,600	5,000
Cloudesley	-	10,000
Social Prescribing		
Primary Care Network North Islington GP Federation	37,914	19,194
North 2 Islington Primary Care Network	13,476	-
Single Point of Access		
London Borough of Islington	58,378	14,344

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

	2022	2021
	£	£
Wellbeing Communities Service		
London Borough of Islington – Community Mental Health & Wellbeing	130,000	108,240
Transport For London (Ground Works)	-	1,827
Cloudesley Principal Health Grants	35,456	30,000
Cloudesley Welfare and Catalyst Grants	-	5,000
HealthWatch Islington	2,111	-
Cripplegate Foundation	6,939	-
Camden and Islington Foundation	21,068	-
Claremont	1,250	-
Greater London Authority	10,000	-
Time Limited Projects		
Islington GP Federation	5,228	3,360
Camden and Islington Public Health	13,000	10,000
NHS North Central London CCG	20,784	5,000
London Borough of Islington	7,487	-
Greater London Authority	5,000	-
Kickstart / DWP	5,022	-
Coronavirus Food Distribution Service		
Age UK Islington	-	5,000
Bright Start East (London Borough of Islington)	-	5,000
J O'Brien	-	2,800
Albion Fine Foods	-	1,000
Islington Mind	-	1,000
Health Exchange		
London Borough of Islington – VCS Partnership	-	18,750
Whittington Health	-	3,500
Andrew Turton	10,000	-
Awards for All Lottery Fund	10,000	-
Clothworkers Foundation	10,000	-
Others		
Total of all other grants / fees / income	158,509	104,298
	<u>1,685,913</u>	<u>1,582,977</u>

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

7. PROJECTS: RESTRICTED REVENUE FUNDS

The table below shows the reserves of Projects for specific purposes, as included in Restricted Funds (see note 12):

	2022	2021
	£	£
MG Nursery	911	10,268
Hornsey Road Children's Centre	23,963	128,545
Early Parenthood Programme	103,032	112,521
FGM services	-	20,685
Syrian Fund Service	40,229	46,530
Food Cooperative Service	11,656	8,208
Big Lottery covid Fund	-	9,128
CAF Resilience Fund	-	17,424
Stroke Service	69,742	10,040
Social Prescribing	13,125	4,924
Wellbeing Service	157,576	103,082
Single Point of Access	53,347	14,344
Time Limited Projects	48,877	18,358
	<u>522,458</u>	<u>504,057</u>

8. TANGIBLE FIXED ASSETS

	Freehold Premises	Furniture & Equipment	Total
	£	£	£
COST			
1 st April 2021	819,582	299,996	1,119,578
Additions	115,516	-	115,516
Disposals	-	-	-
31st March 2022	<u>935,098</u>	<u>299,996</u>	<u>1,235,094</u>
DEPRECIATION			
1 st April 2021	-	256,646	256,646
Charge for the year	-	7,450	7,450
On Disposals	-	-	-
31st March 2022	<u>-</u>	<u>264,096</u>	<u>264,096</u>
NET BOOK AMOUNT			
31st March 2022	<u>935,098</u>	<u>35,900</u>	<u>970,998</u>
31 st March 2021	<u>819,582</u>	<u>43,349</u>	<u>862,931</u>

Freehold premises are shown at their original cost including the cost of additions and improvements. The Trustees have estimated the insurance value at £6,500,000.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

9. DEBTORS

	2022	2021
	£	£
Service charges	465,939	169,591
Prepayments and accrued income	20,208	23,474
	<u>486,147</u>	<u>193,065</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Operating creditors	52,321	41,754
Other taxes and social security	41,146	30,487
Other creditors and accruals	109,256	104,503
	<u>202,723</u>	<u>176,744</u>

Included in "Other creditors and accruals" are amounts outstanding to pension schemes at the balancesheet date of £7,979 (2021: £6,184).

11. UNRESTRICTED FUNDS

	Balance 1/4/21 £	Movement in Funds			Balance 31/3/22 £
		Income £	Transfers £	Expenditure £	
Designated (see note below)					
Building Refurbishment Reserve	246,924	-	-	-	246,924
Revenue Reserve	281,593	-	21,187	-	302,780
	<u>528,517</u>	<u>-</u>	<u>21,187</u>	<u>-</u>	<u>549,704</u>
General funds	179,642	417,010	(60,323)	(356,687)	179,642
	<u>708,159</u>	<u>417,010</u>	<u>(39,136)</u>	<u>(356,687)</u>	<u>729,346</u>
TOTAL UNRESTRICTED FUNDS	<u>708,159</u>	<u>417,010</u>	<u>(39,136)</u>	<u>(356,687)</u>	<u>729,346</u>

Designated funds have been set aside out of unrestricted funds by the Trustees to cover material fluctuations in rent and room hire income, essential and non-recurring administration costs, and non-recurring costs resulting from withdrawal of some or all of external funding for projects. Transfers represent unrestricted funds that have subsidised projects undertaken during the year that were associated with restricted funds.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

12. RESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/04/21	Income	Transfers	Expenditure	31/03/22
	£	£	£	£	£
Capital funds:					
Building asset fund	274,047	31,565	-	-	305,612
Fixed asset fund	19,504	-	-	-	19,504
Other grants	218,912	-	-	-	218,912
	<u>512,463</u>	<u>31,565</u>	<u>-</u>	<u>-</u>	<u>544,028</u>
Revenue funds:					
Projects activities (note 7)	504,057	1,650,932	19,274	(1,651,805)	522,458
Other revenue funds	278,658	3,416	19,862	(3,416)	298,520
	<u>1,295,178</u>	<u>1,685,913</u>	<u>39,136</u>	<u>(1,655,221)</u>	<u>1,365,006</u>

Building asset fund: Original cost and initial improvements made to the Charity's original freehold premises.

Fixed asset fund: Cost of assets funded by grants.

Other grants: Capital grants received for specific purposes.

Projects activities: Restricted revenue funds that have been received in the year as set out in note 6.

Other revenue funds: Restricted funds not directly related to projects.

13. NET ASSETS ATTRIBUTABLE TO FUNDS

	Unrestricted	Restricted	Total	Total
			31/03/22	31/03/21
	£	£	£	£
Fixed assets	426,970	544,028	970,998	862,931
Current assets	505,099	820,978	1,326,077	1,317,150
Current liabilities	(202,723)	-	(202,723)	(176,744)
	<u>729,346</u>	<u>1,365,006</u>	<u>2,094,352</u>	<u>2,003,337</u>

14. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year or previous year.

There is no ultimate controlling party.

15. CONTINGENT LIABILITIES

The charity had no material contingent liabilities at 31st March 2022 nor at 31st March 2021.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2022

16. STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2021

	Note	UNRESTRICTED		RESTRICTED	2021 Total £
		General Funds £	Designated Funds £	£	
INCOME FROM:					
Donations and legacies		298	-	-	298
Charitable activities					
Grants and service agreements	6/7	-	-	1,582,977	1,582,977
Rent and service charges		357,817	-	-	357,817
Room hire		823	-	-	823
Income from services supplied		106	-	-	106
Pandemic Food activity		26,746	-	-	26,746
Fundraising		244	-	-	244
Other		-	-	-	-
Investment income		655	-	-	655
Furlough		-	-	74,185	74,185
Other income		376	-	-	376
Total income		387,065	-	1,657,162	2,044,227
EXPENDITURE ON:					
Raising funds		-	-	-	-
Charitable activities					
Service agreements	1	-	-	1,414,758	1,414,758
Health and welfare services	1	336,797	-	-	336,797
Furlough		-	-	74,185	74,185
TOTAL EXPENDITURE		336,797	-	1,488,943	1,825,740
NET INCOME / (EXPENDITURE)		50,268	-	168,219	218,487
Transfers between funds	11/12	(50,268)	11,742	38,526	-
NET MOVEMENT IN FUNDS		-	11,742	206,745	218,487
RECONCILIATION OF FUNDS:					
TOTAL FUNDS AT 1 APRIL 2020		179,642	516,775	1,088,433	1,784,850
TOTAL FUNDS AT 31 MARCH 2021	11/12	179,642	528,517	1,295,178	2,003,337

Manor Gardens Welfare Trust

MANAGEMENT INFORMATION

For the year ended 31st March 2022

The following information does not form part of the audited financial statements

CASHFLOW STATEMENT	Notes	Total Funds 2022 £	Prior Year Funds 2021 £
Cash generated from operating activities:			
Net cash provided by/(used in) operating activities	A	(168,639)	290,951
Cash flows from other sources:			
Proceeds from sale of fixed assets		-	-
Application of cash:			
Purchase of fixed assets		(115,516)	(9,266)
Pre capital exp		-	-
Net increase/(decrease) in cash	B	(284,155)	281,685
Cash at bank at the beginning of the year	B	1,124,085	842,400
Cash at bank at the end of the year	B	<u>839,930</u>	<u>1,124,085</u>

A	RECONCILIATION OF NET INCOME/EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES	2022 £	2021 £
	Net income/(expenditure) from SOFA (page 20)	91,015	218,487
	Adjusted for:		
	Depreciation	7,450	10,106
	(Increase)/decrease in debtors	(293,083)	43,332
	Increase/(decrease) in creditors	25,979	19,026
	Net cash inflow/(outflow) from operations	<u>(168,639)</u>	<u>290,951</u>

B	ANALYSIS OF CASH AT BANK AND IN HAND	Change in year £	2022 £	2021 £
	Cash at bank and in hand	(284,155)	612,292	896,447
	Short term deposits	-	227,638	227,638
		<u>(284,155)</u>	<u>839,930</u>	<u>1,124,085</u>

MANOR GARDENS WELFARE TRUST LTD

England & Wales - Charity number 1063053

Accounts

Manor Gardens Welfare Trust

(A Company Limited by Guarantee and
Registered Charity No. 1063053)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

Year ended 31st March 2021

Making the difference for over 100 Years

Company No. 3386929

Manor Gardens Welfare Trust

CONTENTS

Year ended 31st March 2021

	Page
Reference and administrative details	1
Trustees' report	2 - 15
Statement of Trustees' responsibilities	16
Independent Auditor's report	17 - 19
Statement of Financial Activities	20
Statement of Financial Position	21
Accounting policies	22 - 23
Notes to the accounts	24 - 31
<i>The following page does not form part of the audited financial statements:</i>	
Management information	32

Manor Gardens Welfare Trust

REFERENCE AND ADMINISTRATIVE DETAILS

Year ended 31st March 2021

Legal and Administrative Details as at 31st March 2021

Status: Manor Gardens Welfare Trust (“the Company” or “the Charity”) is a charitable company limited by guarantee. The current charity was incorporated on 13th June 1997, and registered with the Charity Commission.

Background: The activities of the Charity were originally carried out by an unincorporated association, Manor Gardens Community Trust (MGCT), registered under the Charities Act 1960 on 16th October 1985. The North Islington Infant Welfare Centre (NIIWC) ran the Manor Gardens Centre prior to MGCT being set up. In 1997 the NIIWC and MGCT merged and the new charitable company Manor Gardens Welfare Trust (MGWT) was formed. NIIWC and MGCT have been removed from the Charity Commission register.

Trustees and Directors:

Allan Sutherland, Chair
Jenita Rahman ACA, Hon. Treasurer
Crystal Rolfe
Inara Khan
Nicholas Tait
Ruth Morrison
Pardeep Bhatti ACA
Jeffrey O’Brien
Iris Tuechter

Senior Management Team:

Katy Porter, BEM, Chief Executive Officer/Company Secretary
William Meghoma, FFA, FIPA, FCCA, Director of Finance and Administration
Felicity Ford, Director of Fundraising and Development

Registered Office and Operational Address:

6-9 Manor Gardens, London N7 6LA

Company Number:

3386929

Charity Number:

1063053

Senior Statutory Auditor:

Anthony Daniel Armstrong FCA
of Armstrong & Co
Chartered Accountants & Statutory Auditors
4A Printing House Yard
London E2 7PR

Solicitors:

Russell-Cooke
2 Putney Hill
London SW15 6AB

Bankers:

HSBC plc
312 Seven Sisters Road
Finsbury Park
London N4 2AW

Barclays Bank plc
403 Holloway Road
London N7 6HL

COIF Charities Deposit Fund
Senator House
85 Queen Victoria Street
London EC4V 4ET

ANNUAL REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

Objectives and Activities

Objectives:

The Charity is established for the following purposes, having regard to equality and diversity amongst and for the benefit of service beneficiaries:

- To relieve the needs arising from financial hardship, sickness, disability and old age.
- To advance education.
- To promote mental and physical good health.
- To provide assistance to children and young people who are in need of care and attention arising from their youth.
- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

The term 'service beneficiaries' refers to all those in receipt of services and support from MGWT, who are predominantly resident in London, and include individuals, families and community groups.

Governing Document: Manor Gardens Welfare Trust was established under a Memorandum of Association, which established the objects and powers of the organisation. It is governed under its Articles of Association. The charitable objects were reviewed by the Board of Trustees during 2011 and the revised objects were approved by the Charity Commission in September 2011.

Our Vision

The vision of the organisation is to build strong communities where all people have good health, resilience, and opportunity.

Our Mission

The organisation's mission is to work with people take action, enabling change, and good health, resilience and opportunity. Our services promote mental and physical health and wellbeing and increase social inclusion.

Our Purpose

Early intervention and prevention: we prevent the escalation and deepening complexity of difficulties experienced by people which impact upon their life opportunities, health, and wellbeing.

Community-driven approaches: we understand and work alongside people to develop our work and expertise in person centred interventions for diverse communities from childhood to adulthood.

Learning and development for impactful response: we inform and develop our work and influence and effect wider system change and practice.

We continue to work with people of all ages and all communities, with a particular focus on those that experience identified barriers and difficulties in accessing support and services.

For this purpose, we maintain community hubs in Islington, and develop service offers to reach into a wider geographical area, based upon knowledge of need and solutions.

Overview:

Manor Gardens Welfare Trust (MGWT) continues to support local communities with diverse and emerging needs, an approach we have been taking since we were founded in 1913.

From our bases in the London Borough of Islington we identify need, potential responses and services to support and have impact for individuals and local communities across London, and at times, into regional areas. In partnership with individuals, communities and other agencies and services, both statutory and voluntary, we

collaborate to identify potential and existing gaps in provision and where there may be unmet and additional need. We see strength in the diversity of our service offer, recognising that the communities that we support reflect this diversity, and MGWT, for many, can be an identified access point in seeking help.

Throughout 2020/21 the need to adapt our services to provide humanitarian emergency response became critical due to the Covid-19 pandemic, and to deliver our services and support differently. Our business continuity plan and our understanding and connection to vulnerable members of our local communities enabled a swift and robust response to ensure safety and support to those isolated and in need.

MGWT demonstrated an agility and resilience to respond and meet immediate and basic needs, related to the supply of food and essential items, including oxygen saturation tests, in a time of emergency and crisis. Attention to the welfare and wellbeing of those most in need within our local communities, including children, families and adults, has been a primary focus for us at this time and throughout the pandemic.

MGWT services continue to seek to both prevent and manage physical and mental health concerns and improve wellbeing. Whilst services at our own centre in North Islington have been limited, we have successfully delivered both individual and group support and activities online and by phone, including welfare checks, workshops, peer support groups, and individual therapy, and continued in our direct and frontline provision of early years education and childcare at both Hornsey Road Children's Centre and Manor Gardens Nursery. These have all delivered essential services to children, adults, and families throughout the past exceptional year.

We have addressed the challenges people faced in connecting online whether this is for themselves or their children, understanding the causes and reasons, and sourcing IT equipment, WiFi requirements, or skills and confidence building. We also consider the alternative ways to connect safely; when it has been safe to do so, meeting outside for such activities as walk and talk, and prioritising the emotional wellbeing of our communities.

Our work with partners, commissioners and funders across London Boroughs continues to consider how we can connect people to the support and services needed at the right time and in the right way, reducing barriers and duplication, and harnessing the strengths and innovation which grows from our local communities and partnerships. During the year, we realigned and reorganised our health and wellbeing services to deliver most effectively to our communities:

Starting Well Services

- Building on from our work in maternity and early parenthood, we have developed our interactions with families to provide holistic wellbeing support following the birth of a new child, and onwards with children of all ages.
- We support refugee and migrant families through our specialist bilingual staff who represent and understand our local communities and can support with navigating services and systems to enable people to integrate more fully into the community.

Living Well Services

- We support people in managing their own health and wellbeing to maximise independence. This often involves working with people with long-term health conditions which impact on their daily living and choices in their lives.
- After years of supporting stroke survivors, we now work with all people with complex health needs who want to continue living independently for longer.
- We offer preventative support, in-depth casework and social prescribing.
- During the pandemic our befriending service was in great demand via the telephone, supporting people of all ages who felt isolated and lonely.

Community Services

- We have built on our outreach work promoting good mental wellbeing through all our services, raising awareness, offering a range of activities and therapeutic services, breaking down stigma of mental health, and supporting people to identify the help they need to maintain their wellbeing and that of people close to them.

- During the pandemic food poverty became a growing concern. Our emergency food distribution hub has now become a food co-operative for local residents.
- Finding help quickly and easily is vital to people's wellbeing. Our new Single Point of Access, with a central phone number and email address, enables clients to be assessed and triaged effectively and get help sooner, working with service providers across Islington to connect people to the services and support they need

Policy and Campaigning

- We directly support women who have experienced Female Genital Mutilation, and campaign widely to prevent this harmful practice. Our Dahlia Project remains a dedicated space and service for women who are survivors of FGM, and our national awareness raising and preventative work is initiated from the experiences of the women we support.

Early Years Services

Our services at MGWT have always focused on children as well as adults. We believe that education and play can promote health and wellbeing at an early age and provides the best start in life, and has been critical to ensure developmental milestones, emotional wellbeing, and safeguarding of many children at this time.

- Manor Gardens Nursery, provides early year's education to children between the age of 2-5 years within Islington in accordance with the Early Years Foundation Stage (EYFS).
- Hornsey Road Children's Centre, from which we deliver early year's education and childcare for children from the age of 9 months–5 years, brings together our early years statutory partners to give children the best start in life within the local Borough's Bright Start offer.

Both settings are assessed as 'good' by OFSTED; with Manor Gardens Nursery inspection taking place in March 2020 under the new inspection guidelines and achieving 'outstanding' in two of the four areas (Behaviour and Attitudes, and Personal Development).

Partnership

Manor Gardens Welfare Trust is a leading organisation in the voluntary and community sector in the London Borough of Islington, in which we are based. Our leadership of the sector locally has never been more important than during the pandemic, when our agility and rapid response placed us on borough-wide emergency planning groups. Our leadership and partnership working enabled us to lever funding and resources to deliver services to respond to the emerging and escalating need. We set up and ran the Food Distribution Hub, with Age UK, SHP, Islington Mind, Bright Start, Cloudesley, National Lottery, Albion Fine Foods, and individual donors all contributing to the purchase of food and referring individuals and households who came to the attention of our wider partnership.

We are represented on a wide range of forums and for some areas of our work this extends more broadly into neighbouring Boroughs and across London. These include:

- Islington Health and Wellbeing Board, Islington Fairer Together Partnership Board (including strategic and delivery groups), Islington All-Age Mental Health Partnership Board, Islington Early Years Partnership Board, Bright Start Early Childhood Area Partnership (ECAP), Bright Start Private, Voluntary and Independent (PVI) Forum, London FGM Forum, Newham FGM Forum, Maternity Voices (North London), Camden – Best Start in Life, Camden Perinatal Mental Health Forum, Time to Change Islington, and Islington Food Poverty Action Group.

As a charity, we are members of the Association of Chief Executives of Voluntary Organisations (ACEVO), the National Council of Voluntary Organisations (NCVO), Voluntary Action Islington (VAI), Charity Finance Group, and Institute of Fundraising and maintain access to information, newsletters and advice within the sector.

In addition to our attendance and participation, we also directly host and chair forums which develop opportunities for strategic and operational dialogue and the sharing of knowledge, expertise and practice. Examples are Health Exchange, developed with Islington Council and Islington CCG, the North Locality Leadership Team, to develop integrated health and social care provision in North Islington, Islington Food Poverty Alliance,

and the Pan-London FGM Forum. These assist in bringing organisations and people together to improve the delivery and commissioning of services, and to make connections and work in partnership.

Co-location

Manor Gardens Welfare Trust operates from buildings at numbers 6-9 Manor Gardens, London N7 6LA, of which it owns the freehold. As an organisation we recognise the importance of community places to assist community members when seeking services and help. Our buildings enable us to further generate a partnership approach through our position as landlord to a number of organisations, including other charities, organisations and services responding to local communities.

Despite the uncertainty of the pandemic, we have been pleased to welcome four new partner organisations this year to Manor Gardens; Healthwatch Islington, PoHwer, Cotton Tree Trust and the Council of Somali Organisations. Our site at the end of the financial year is fully occupied, and with continuous risk assessment throughout the year, provides a Covid-19 compliant space which we continue to review and manage with all our tenant partners.

The Charity also leases the ground floor and basement of 10 Manor Gardens, part of the Beaux Arts Building. The lease expires in 2027. The space within these buildings is used by MGWT to deliver its services and assists in hosting other health and wellbeing organisations, including sessional meeting space for similar groups.

Our buildings continue to enable the development and delivery of a hub of community-focused services. The Trustees approved plans to re-model and refurbish our reception area in 2021. This will create an open, welcoming space for residents, our local community, and all those that work in and around the Centre furthering partnership and a wide range of accessible services and support from Manor Gardens.

Our beneficiaries

Our services support people in different ways:

- **Direct support** for service beneficiaries for help from a specific service. Following assessment from our frontline staff, a focused programme or plan of support inclusive of individual and/or group interventions is determined with the beneficiary. This ranges from help reading letters and filling in forms, to in-depth advocacy and casework on housing, benefits, immigration, and domestic violence. Others need help finding the right organisation to support them and we signpost and enable them to access these services.
- **Early years support** for children from nine months to five years old is provided through contracted places in our two nurseries for education and childcare.
- **Outreach events and workshops** engage with service beneficiaries on a short-term or even one-off basis to impart information, learning and advice to empower and raise awareness on health and wellbeing.
- **Information and training events** delivered to volunteers, professionals, carers, and community members to increase understanding and awareness of particular issues and generate community responses.
- **Emergency response** mobilised in March 2020 for community members directly affected by the Covid-19 pandemic. This ranged from food parcels, oxygen saturation tests, support for vaccination clinics, and volunteer mobilisation to weekly telephone welfare checks and getting clients access to digital support.

Our services particularly support the diverse communities of Islington but also replicate our services and support into the neighbouring North London boroughs, Newham, and more widely across London.

Throughout 2020-21, we supported 1,590 people directly through casework support. We reached 7,638 individuals with food parcels from March to September 2020. We helped 218 people access voluntary and community sector support through our new Single Point of Access system.

Staff and volunteers

Manor Gardens Welfare Trust employs 66 staff, 60 employees and 6 sessional staff, 27 % of whom are full time and 73 % part-time, representing 41.3 42.8 full-time equivalent staff. In addition, 4 sessional staff support the staff team in the delivery of our services.

We are committed to employing and retaining high quality, skilled staff through effective recruitment, management, training, support and involvement in the organisation, and recognise that only by doing so can we provide excellent services with impact. We value and welcome diversity and our staff reflect the wide diversity of the communities we serve. Equal opportunities and accessibility are central to all we do.

- 55% of staff are from Black, Asian and other Minority Ethnic groups (BAME), 20% of staff from white–other Ethnic groups, and 25% of staff are white–British.
- 83 % of staff are female, and 17 % are male.
- 15% of staff are aged 18-34 years, 63% are aged 35- 54 years, 22% are aged over 55 years.

We are committed to providing local employment opportunities and are aware of challenges in our local area regarding access to employment and continue in our commitment to working with local partners to address this.

Our services are supported every week by a dedicated team of trained and experienced volunteers, who undertake outreach, peer mentoring, befriending, and assisting our emergency response throughout the pandemic. We greatly value the input and support of all our volunteers who reflect the diversity of our local communities, and many of whom have been recipients of our services in the past or are local residents. During the pandemic, we were contacted by hundreds of local residents who were on furlough or working from home, or simply wishing to assist and offer help with Covid-related responses to need.

This significantly increased the pool of volunteers available to us and we worked with over 500 volunteers during 2020/21. This included support to the Covid-19 vaccination programme across Islington, with the recruitment, training and coordination of volunteer stewards for the vaccination sites across the Borough. In supporting the GP vaccination clinics, 554 volunteers have assisted the safe delivery and management of these sites and vaccination.

Organisational Structure

The Chief Executive Officer (CEO) reports directly to the Board of Trustees. The Senior Management Team comprises of the CEO, the Director of Finance and Administration, and the Director of Fundraising and Development.

Structure, Governance and Management:

Manor Gardens Welfare Trust governs through its Memorandum and Articles of Association. The Articles of Association were updated in 2011 and approved by the Charity Commission in August 2011.

The Charity's governing body is the Board of Trustees, whose members are trustees under charity law and directors of the Company for the purposes of Company Law. New trustees/directors are elected at a General Meeting of the Board for a period of three years. They can serve for two terms i.e. six years, with provision for a further term if elected Chairperson. There has been no change of Trustees during the year 2020/21. At year end, the Board comprised of nine trustees.

As directors of the Company, the Trustees each guarantee to contribute an amount not exceeding £1 to the assets of the Company in the event of a winding up. Trustees have no beneficial interest in the Company. There are no known conflicts of interest and these are requested and recorded through an annual declaration, and updates requested at each Board meeting. Any declared conflicts of interest would be recorded; these would then be monitored and managed as necessary.

The Board is confident that the Charity conforms to and is compliant with the Charity Commission's guidance, 'The essential trustee: what you need to know, what you need to do' (July 2015), and works under the Charity Governance Code (2018) supported through our membership of National Council for Voluntary Organisations and ACEVO.

Trustee Recruitment and Training

Trustees are recruited by various means, and in consideration of the latest Board appraisal, reflecting the skills of the Board and the requirements of the Organisation, and uses open and transparent recruitment practices. Advertising positions via our website extends to the recruitment of trustees, as well as utilising the initiatives and

support of partners. This has included the BoardMatch66 process, initiated by the Big Alliance, to broker links between corporate partners and staff of these companies with an interest in local charities and trustee positions.

All prospective trustees meet with the Chair and the CEO to discuss their application, and if all is satisfactory following meeting and recruitment checks, their appointment is put to the Board. Any appointment is ratified at the subsequent Annual General Meeting. All appropriate checks are completed to assure that prospective and current trustees are not barred from taking up positions, including guidance on automatic disqualification rules issued in 2018. Declaration is signed confirming their suitability to serve.

Each new Trustee is inducted into their role and the Organisation, through provision of information and time with our staff and services, and one-to-one session with the CEO, Chair and fellow trustees, and SMT members. The Charity Commission's guidance, 'The essential trustee' is the basis of our briefing into the role and is provided to all. A comprehensive induction pack which contains information about the history of the Manor Gardens Welfare Trust, details of Tenant Groups based at our premises, copies of the Memorandum and Articles of Association, a copy of all Centre policies on disc, a copy of the most recent Annual Accounts and Annual Review is provided.

The Board regularly conducts review of trustees' skills and an appraisal of Board effectiveness, led by the Chair. Where this review identifies skills shortages, this is addressed by training and/or the recruitment of new trustees. On an annual basis the Chair reviews the performance of the trustees against the list of their main responsibilities.

The Board seeks to represent the diversity of our wider society through its membership, and this is a further consideration in our annual review and recruitment. The Organisation's policy statement on Equality, Diversity and Inclusion extends to and is reflected in the principles and performance of the Board.

- 44% of trustees are from Black, Asian and other Minority Ethnic groups (BAME), 56% are white British or from white–other Ethnic groups.
- 56% of trustees are female, and 44% are male.

Board Processes and Decision making

In 2020/21, the full Board met six times during the year to set strategic direction and to review the performance, compliance, and finances of the Charity. These meetings were agreed to be held remotely and online. The CEO, the Director of Finance and Administration and the Director of Fundraising and Development were in attendance at all meetings, as the Senior Management Team (SMT). In addition, the Board was updated regarding emergency response, risk assessment and contingency planning throughout the pandemic through exceptional online meetings to update and inform between Board.

Strategy review

In reaching decisions the Board is guided by the five-year Organisational Strategy 2020-25. This was reviewed and updated in 2019-20 following consultation with beneficiaries, staff, partners and Trustees, and approved in December 2019. The strategy now informs strategic goals and the annual business plan, assuring progress against targets and milestones in compliance with the strategy, and proved wholly relevant to guide changes in delivery and response to the pandemic throughout Year 1 of the Strategy.

Operational and day-to-day decision making is delegated to the CEO and the staff team. Major new initiatives are considered with the Board for approval. Trustees receive in advance of each Board meeting comprehensive and detailed written reports from the CEO, the Director of Finance and Administration and the Director of Fundraising and Development. These reports describe activities of the Charity, and inform in order to plan for growth, stability, and future planning. Quality assurance, safeguarding, and risk management are essential considerations of the Board. Annual reports related to Safeguarding, Health & Safety, and Human Resources present related data and activity throughout the year, and comparisons year-on-year, enabling depth of understanding and consideration of trends.

The trustees receive in advance of their meetings copies of the most recent management accounts, along with notes on variations between budgeted and actual expenditure. At the meetings the Director of Finance and Administration will guide the Trustees through these documents.

The Board scrutinises these documents against agreed targets and budgets to assess the performance of the Charity in achieving its charitable objectives to a high standard and cost effectiveness. The Trustees also maintain up-to-date understanding of relevant legislation through external activities, training and information exchange, and by taking legal advice when necessary.

Risk Management

Potential areas of risk to the Charity are identified, recorded and reviewed by the Board at every Meeting, assisted by the Senior Management Team. The Risk Register incorporates financial, operational risk and external risk, assessing likelihood of occurring, impact, and mitigation to reduce likelihood and the impact. Whilst recognising that no organisation can ever be risk free, the Board of Trustees consider that the range of measures and controls in place have reduced to an acceptable level the various risks faced by Manor Gardens Welfare Trust.

During the pandemic the received risk assessments and increased frequency of updates to the risk register, demonstrating compliance to Government restrictions, and reflected changed ways of working. The business continuity plan was regularly updated as the emerging position changed.

Impact and Performance:

In 2020/21, we have developed services and opportunities consistent with our Mission Statement and Objectives, and continue to set ourselves the following objectives in achieving our Organisational Strategy 2020-25:

1. **Access for all** - we will ensure people can find us and the services available to them and actively work to break down barriers people face in society.
2. **Impact for all** – we will continue to develop service models and approaches which address gaps and respond to need, based on an understanding of people and communities.

Starting Well Services

Supporting the whole family before and following the birth of a child significantly improves wellbeing for all. Our Starting Well Service has broadened its scope from supporting women during pregnancy and birth to providing comprehensive and accurate information, peer support and in-depth, and often complex casework for the whole family.

Our focus remains in supporting refugee and migrant families, with our bilingual staff providing both first language and English-speaking support. Our staff and volunteers speak and represent the Spanish, Somali, Czech, Russian, Bulgarian, Arabic, Albanian, and Turkish communities.

During the pandemic all of our support and group work moved online or on the telephone, and we quickly devised a programme of events and support sessions to assess welfare, wellbeing and remain connected. We delivered 225 group sessions. We have been able to quickly identify emerging issues and risk and complete detailed casework with individuals in need. Sadly, the rise in domestic violence and mental health issues has meant that our support has been needed more than ever. We worked with 562 clients, of which 254 were new referrals.

Our **Bright Beginnings** project, funded by the National Community Lottery Fund, continues to support families across North London and when required, when families are re-located outside of London. Four families have continued to be supported outside of London due to early help and safeguarding needs. Our **Camden Blossoms** project provides support to families in the London Borough of Camden in relation to perinatal mental health.

Living Well Services

We work with all ages and all sections of the community providing information and advice, welfare support and opportunities to increase social connectedness, improved health, emotional wellbeing, and practical interventions and advice. We are flexible in the way we work and aim to resolve people's issues through early intervention and prevention of escalation and crisis, when possible. We aim to reduce pressure across the health and social care sector, working in partnership with GPs and social workers, and our support seeks to address issues that can

impact on the quality of day-to-day life. This can include help with welfare benefits, housing applications and referrals to specialist agencies.

The need for befriending via our **Friendship Network** grew massively during the year, with people of all ages isolated at home. We recruited more telephone befrienders, as home visits were not permitted. We supported 73 people on the phone each week last year with 51 volunteer befrienders but had referrals for 130 more people. However, for many people this was not the most suitable form of support; people struggled to mental health issues or digital access, often due to confidence or capability. Activities, taking place within Covid-19 risk assessments, have enabled connections and support when possible with people who were struggling in their isolation and health.

Our services extended to **Social Prescribing** commissioned by Islington GP Federation during 2020. Our **Social Prescribing Link Worker**, joined other organisations in the borough supporting GP practices, and integrated our offer with Help on your Doorstep. Patients are provided with non-clinical support to improve their wellbeing, and access to a wide range of activities and opportunities.

Our **Therapeutic services** continue to grow, providing 554 individual counselling sessions, 102 group counselling sessions and 95 onward referrals to partners. Demand has grown from those experiencing domestic abuse as well as those suffering ongoing trauma and stress.

Cloudesley Partner

We are delighted to have acted as a Cloudesley Partner, and are particularly grateful for their immediate support which enabled us to provide emergency food parcels. We have a small welfare and catalyst fund to distribute to clients who live in Islington, are ill and who live in poverty. The small grants have enabled clients to top up their phones, purchase essential clothing and furnishings, buy a laptop to study and other small interventions which have improved their daily living and wellbeing.

Clients from all of our services were offered a Christmas Hamper this year, building on our food distribution model from the summer. We received £2,250 from the **Local Initiative Fund** to provide the hampers, augmented by funds from the National Lottery.

Communities

Responding to emerging need our work expanded from raising awareness of mental wellbeing and working with people needing mental health support, to providing a new **Welfare Service** and single point of access. This made it significantly easier for people to know how to ask for help, for professionals to navigate into services, and enabled us to continue to provide clear access to support when our Centre was not accessible. We received 218 referrals, 62% requesting support with social isolation, 60% wellbeing, 44% therapeutic services, 29% advocacy and 15% practical support. Referral numbers were highest in July and November 2020. This service now underpins all of Manor Gardens' client work, with an assessment and triage service.

During the year we won a new contract from LBI/CCG for the **Wellbeing Service**, changing its focus to raising awareness within Islington's BAMER communities and reducing stigma related to mental health. Working with our bilingual staff we have reached out into the communities with information sessions called *It's OK not to be OK* and therapeutic groups to enable people to talk about what wellbeing means to them.

As soon as restrictions allowed, we set up a series of outdoor coffee mornings and other **events**, including the weekly pop-up food co-op, to bring people together, in safe numbers, to the centre and offer the opportunity to socialise. People have found it to be an assisted way of easing themselves back into social settings and creating social and support networks.

An essential and critical part of our work during the pandemic was to ensure access to accurate information related to Covid-19, infection control measures and restrictions, and vaccination. By generating and sending a range of communications to all our communities we encouraged informed decisions and choices and alleviated anxiety by dispelling myths and being a trusted source of information.

Policy and Campaigns

Raising awareness and prevention of female genital mutilation (FGM) has been a key part of our work for many years, and this is ever more important as harmful practices have under lockdown conditions become even more hidden. We continue to utilise all channels of communication to end harmful practise and for this to be considered a priority and concern for all in our society. The **Dahlia Project** continues to provide specialist therapy for women who have experienced and are affected by FGM. Increasingly we provide holistic advocacy and support for these women alongside therapy, including access to support grants to provide both the basics in their lives but also the possibility of change and empowerment; this could relate to study and further education. Our work with NHS England, and both London North West University Healthcare NHS Trust and Barts Health NHS Trust, has continued in the two North London multidisciplinary FGM clinics into which we contribute counselling services. Our counselling provision has continued throughout the year, both through online contact and face-to-face, when possible.

We are extremely grateful to the **Peter Stebbings Foundation, the Dovedale Foundation and an anonymous trust** for their ongoing support, particularly as statutory funding is increasingly limited in focus on this area of need. Our crowdfunding appeal continues to provide much-needed additional funding, and enables continued delivery and development of the Dahlia Project. We provided support to 53 survivors of FGM and held 35 virtual groups throughout this year.

Our partnership with Hestia in the London Borough of Newham continues, commissioned by the Local Authority as part of the response to tackling violence against women and girls. It raises awareness of FGM, supports women affected by FGM by working with and into communities, and trains professionals to recognise risk related to FGM and further understand this practice and the support that is needed by those affected, and seek to end FGM.

Early Years Services

In addition to our Starting Well Services, we provide early years' education and childcare. We believe that a good start in life contributes to the wellbeing of everyone and we provide rich experiences for children aged two to five in our Nursery and Children's Centre. We work in close partnership with professionals and commissioners of Bright Start Islington, hosting colleagues within our Children's Centre, promoting access to early education and the benefits of play, and in this past year, ensuring children are within a safe environment and families are supported. We have remained open to children and families with additional vulnerabilities and keyworker parents. The need and demand for this provision has increased over the course of this year.

Our Early Years Education and Childcare

At both **Manor Gardens Nursery** and **Hornsey Road Children's Centre**, we provide environments that are inviting, stimulating and safe, where children can take part in and enjoy learning experiences which are both interesting and challenging to them. We recognise that all children are individuals and we provide a curriculum, in alignment to the Early Years Foundation Stage (EYFS), which meets the needs of each child. Our Nursery settings give children aged nought to five a varied and imaginative play experience, delivered by staff who have an excellent knowledge of how children learn. We have cosy, intimate settings laid out with different learning and play areas. Our staff encourage children of different ages to play together which reduces the stress of transitioning to other play areas as a child gets older. Our settings are judged to be 'good' (Manor Gardens Nursery, Ofsted March 2020) and 'good' (Hornsey Road Children's Centre, Ofsted 2017) stating:

'Staff plan an ambitious, interesting and creative curriculum. They regularly extend their knowledge and teaching, for example by attending relevant training. The positive impact of this is apparent in the carefully planned educational programme for children.' Manor Gardens Nursery, Ofsted Report 2020.

'Children are developing an understanding of diversity beyond their immediate family. They benefit from taking part in a wide range of activities that effectively teaches them about people in the wider world.' Hornsey Road Children's Centre, Ofsted Report 2017.

Our staff are highly trained and experienced, and within the staff complement are graduate practitioners, including teachers. Staff have needed to support parents at home, identifying resources which support children's development, but primarily support wellbeing and both child and parent to cope and adapt to change and

uncertainty. Safeguarding and child protection are paramount throughout our work, and this has remained critical when direct contact with some children and families is more limited. Assessment of circumstances and need has been prioritised and the needs of families continually reviewed.

We continue to review the standard and quality of our provision throughout each term in partnership with Early Years Education in Islington Council and Bright Start Islington, and share good practice across our Early Years provision. Each of our settings work towards the Healthy Early Years London Award, which support the Mayor's Health Inequalities Strategy for every London child to have a healthy start to life, with improvements in healthy life expectancy, child obesity and wellbeing.

The capacity of our settings is 72 children at any one time, 24 at Manor Gardens Nursery and 48 at Hornsey Road Children's Centre, and we care for children from 9 months to the age of 5 years (school entry). We provide term-time only provision at Manor Gardens Nursery, and all year round and extended childcare hours at Hornsey Road Children's Centre. We complete rolling entry to the Nursery and have operated above 70% take up of admissions/places throughout the year. We have whenever possible prioritised all children returning to our settings following periods of lockdown and restrictions, recognising the importance of socialisation for children, the development of speech and language, and the developments milestones within the early years.

3. Efficient and accountable operations – we will deliver effective and robust management and finance systems with the ability to adapt in response to external change in the sector.

Manor Gardens Welfare Trust has a diverse income profile, securing funding for services commissioned by both Local Authority and Clinical Commissioning Groups (CCGs), charitable grants and trusts, and individual donors. In addition, unrestricted income is generated through the longer-term lease with 14 tenant organisations and short-term lettings of our premises, enabling the upkeep and investment in our owned property and support of the infrastructure and sustainability of the Organisation, as well as partnership delivery.

Local Authority and CCG commissioned services were delivered in three London Boroughs; Camden, Islington, and Newham. Our work with the NHS was funded by Islington GP Federation, Whittington Health, London North West University Healthcare NHS Trust and Barts Health NHS Trust. Our Early Years settings are contracted with London Borough of Islington.

Grants were received from National Lottery Community Fund, Peter Stebbings Fund, The Dovedale Foundation, Two Magpies Fund, CAF Resilience Fund, Tesco Bags of Help, Transport for London, Local Initiative Fund, and Cloudesley.

Our crowdfunding appeals helped support our FGM work, our Covid-19 response and our Christmas Hampers.

We received considerable donations in kind in terms of food donations from The Felix Project, Arsenal in the Community, Waitrose Holloway Road, Age UK, Islington Council, CWU North/North West London, and the Guru Maneyo Granth Gurdwara in Slough.

All fundraising activity is carried out by MGWT staff and no professional or commercial fundraisers have been involved in fundraising. All fundraising is overseen by the Director of Fundraising and Development, a member of the Institute of Fundraising who abides by its code of conduct. MGWT has fully complied with fundraising standards and regulation, and received no complaints regarding our fundraising activities.

We continue to review our income streams, particularly when operating in an environment where there is continued demand and need alongside decreasing resources. We always seek to provide the most efficient services with maximum impact and value, considering effective service models, replicability and relevance to beneficiaries and communities.

4. Our people – all who work with us will continue to be recognised as our biggest asset in achieving our vision and mission and therefore we will support, develop, and value all in their contribution.

Our committed staff team are essential to our ability to deliver our vision of promotion of health, wellbeing, and social inclusion for the benefit of all, recognised as the organisation's biggest asset. We continue to strive to be an excellent employer, recognising the challenges and limitations that can be in place as a small charity and organisation, and adopt sector norms in terms and conditions of employment and aim to exceed these where possible. We continue to review our approach to valuing staff and ensuring they are working in an environment in which they are supported and developed, and with a particular focus on access to wellbeing support throughout 2020/21, recognising the exceptional circumstances in which staff were working.

We continue to contract Roots HR in the provision of HR Consultancy to provide additional capacity, resource, and expertise in our employment and management of staff, and assurance in meeting our legislative requirements and provision of policy framework as an employer.

- 5. Partnerships** – we will be more effective, have greater impact, and achieve better outcomes when working with others, and we will continue to actively seek collaboration.

Partnership is essential to the success of our delivery and the effectiveness of our mission to help people take action to change their lives for the better. We cannot achieve sustainable change and impact by working in isolation. We engage, participate and influence in many different ways, including:

- Manor Gardens leads delivery and development of Health Exchange.
- The Chief Executive is the Voluntary and Community Sector (VCS) representative on the Health and Wellbeing Board for Islington, which sits jointly with Haringey Health and Wellbeing Board twice a year and Islington's Fairer Together Strategic Board.
- Manor Gardens is the founding partner with Islington Council in the Time to Change Islington organic hub.
- Representation and meetings with local Councillors take place throughout the year, and in 2020/21 we regularly attended online 'Community Conversations'.

Health Exchange

Hosted by Manor Gardens Welfare Trust, delivered in partnership with Islington CCG, and commissioned by London Borough of Islington, Health Exchange represents our commitment to an integrated approach to improving the health and wellbeing of Islington residents.

This has grown from more formal forum-style meetings with invited partners to an open and welcoming monthly drop-in, the 'Breakfast Meeting'. This has allowed the network to connect and reflect changing and emerging priorities as these emerge. There is no criteria or requirements for membership, other than an interest in health and social care in the Borough, and current partners reflect a wide range of organisations working in Islington, with staff at all levels attending and engaging from senior strategists to frontline practitioners. We currently have 120 members. Collectively, we aim to improve the understanding of the health and wellbeing landscape, enable creative solutions to delivering wellbeing and support one another to identify service areas for future development. We are taking a lead role in the involvement and integration of statutory and voluntary sector organisations in finding solutions and approaches to health priorities and agendas. We recognise that to do so involves meaningful engagement and regular conversation between commissioners and providers, and representation and understanding of community voices and needs.

Islington Food Poverty Alliance

MGWT chairs Islington Food Poverty Alliance, a coalition of over 130 member organisations and individuals from the VCS, Islington Council, health services, local funders, businesses, schools, Early Years settings, and mutual aid groups. MGWT led the process to develop and publish Islington's first Food Poverty Action Plan, and facilitate the delivery and partnership work to ensure the success of this ambitious and wide ranging Action Plan.

An example of the Alliance's success is the recently developed Islington Food Cooperative Network, a partnership across 7 local community organisations to initiate local cooperatives as an empowering alternative to foodbanks to tackle food poverty. Piloted with secured funding (February–April 2021), these cooperatives are now continuing under a self-sustaining funding model, and MGWT has been requested to speak at national events to share our model and learning, to replicate in other regions.

Covid task forces

Multiple task force meetings have been convened in the past year to respond to crisis and emerging need and we have participated, identified solutions and responses, and contributed to many identified actions. This has included:

- humanitarian food response across Islington and into neighbouring Boroughs.
- roll-out of the Covid-19 vaccination programme in Islington, with preparatory work through support to the uptake and delivery of flu vaccination.
- coordination of the delivery of oxygen saturation tests to residents with Covid-19 symptoms and being monitored at home by their GP.
- addressing social isolation and connectedness across the Borough.

Initiatives and integrated working continues, with recent joint applications to continue to address inequalities impacting of health and wellbeing outcomes in our communities.

Future Plans:

We will continue in the upkeep and development of our estate, creating a safe and accessible co-location offer to similar organisations and charities, and as an asset to the local community, recognising the importance of place and how people can start again to come together.

We maintain a safe and suitable environment for the provision of services by our charity and others, ensuring we meet all required Health and Safety requirements, and a good standard of facilities, with reliable systems, including IT to support efficient delivery, and full consideration of environmental impact. We recognise our responsibilities as landlord to our tenants and reviewed our lease documentation to provide greater clarification within this formal relationship, assisted by pro-bono support from Slaughter and May, introducing this in 2020-21 at lease renewal and to new tenants. Over 95% occupation of the estate was achieved at year-end through utilisation of Manor Gardens Centre by MGWT staff and services and tenant organisations. Occupancy of our buildings, both by our services and tenants, has allowed security of income for planning of investment to maintain the estate to a high standard.

We have planned refurbishment of our reception at the Centre during 2021; this is the gateway into our services and a place where staff, wider workforce, service users and community members can come together. We are investing in this to enable many aspects of our Strategy, to provide access, impact, and a place where people can feel welcomed, supported and valued.

More information about our current services and developments for the Charity can be found on our website at www.manorgardencentre.org

FINANCIAL REVIEW AND RESULTS FOR THE YEAR ENDED 31ST MARCH 2021

The Statement of Financial Activities (SoFA) including an Income and Expenditure account set out on page 20, shows total income of £2,044,227 (2020: £1,955,504) and total expenditure £1,825,740 (2020: £1,956,756). This resulted in net surplus of £218,487 (2020: deficit £1,252). The overall result is better than what we anticipated at the beginning of the year despite the current economic climate and the corona virus pandemic.

RESERVES POLICY

The Board has a long-term policy of increasing both the Revenue and Building Refurbishment Reserves (see note 11 to the accounts) to ensure that fluctuations in future income do not threaten the financial stability of the organisation. The uncertainties include grants from statutory bodies and rental income.

Revenue Reserve: The Revenue Reserve is needed to provide funds which can be made available for specific projects, and to assist with unforeseen economic events.

The Trustees believe that the level of this reserve should be gradually increased to the equivalent of three months' total expenditure calculated and reviewed annually. The reserve is being built up to the desired level in stages consistent with the Charity's overall financial position and its need to maintain its activities. The current level of this reserve is £281,593 compared with three months' total expenditure of £456,435 (this amount is higher due to the HRCC contract) based on the audited accounts.

Building Refurbishment Reserve: The Board's policy is to build up the Building Refurbishment Reserve, to £260,000, which equals 4% of the estimated value of the freehold premises (£6.5 million). The purpose of this reserve is for the refurbishment of, and cyclical maintenance work on the Charity's premises. The Trustees expect to achieve this level of funding by a combination of specific donations, grants and transfers from general reserves. At the year end this reserve stands at £246,924.

General funds (see note 11 to the accounts) are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds. The current level of Undesignated funds is £179,642.

Restricted Capital funds (see note 12 to the accounts) comprise a building asset fund, a fixed asset fund and other grants fund. The building asset fund represents the original cost of, and initial improvements made to the Charity's original freehold premises; whereas the fixed asset fund represents the cost of assets funded by grants. The current level of the combined Capital funds is £512,463.

The policies for and levels of these reserves will continue to be monitored by Trustees on an annual basis. Further analysis of the reserves of the Charity can be found in notes 11 and 12 to the financial statements.

INDEPENDENT AUDITORS

The statutory auditor, Anthony Daniel Armstrong FCA of Armstrong & Co, has indicated his willingness to be proposed for re-appointment in accordance with Section 485 of the Companies Act 2006.

STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITORS

The trustees who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the charitable company's auditor is unaware, and the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

This report has been prepared in accordance with the Charities SORP FRS 102 (effective 1 January 2015) and with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Manor Gardens Welfare Trust

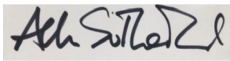
TRUSTEES' REPORT

Year ended 31st March 2021

The trustees have determined that the charitable company be audited under the Companies Act 2006 for the year ended 31st March 2021 and for future years. The charitable company would also be required to be audited under charities legislation for the year ended 31st March 2021.

The trustees acknowledge and confirm their responsibilities for preparing the financial statements as detailed in the Statement of Trustees' Responsibilities set out on page 16.

Approved and authorised for issue by the Trustees on 15th October 2021 and signed on their behalf by:



Allan Sutherland, Trustee



Jenita Rahman ACA, Trustee

Manor Gardens Welfare Trust

STATEMENT OF TRUSTEES' RESPONSIBILITIES

For the year ended 31st March 2021

The trustees (who are the directors of the charity for the purpose of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- follow applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the accounts; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2021

We have audited the financial statements of Manor Gardens Welfare Trust for the year ended 31st March 2021 which comprise the Statement of Financial Activities, Statement of Financial Position, and the Notes to the Accounts to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been properly prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information in the annual report but does not include the financial statements and our report of the auditors thereon. The trustees are responsible for the other information.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2021

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the trustees report.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities set out on page 16 the charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- We identified the legal and regulatory frameworks that are applicable to the entity and determined that the most significant are those that relate to the specific business environment in which they operate, the reporting requirements they are obliged to adhere to and other legal and regulatory requirements applicable to operating entities in general.

Manor Gardens Welfare Trust

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MANOR GARDENS WELFARE TRUST
For the year ended 31st March 2021

These include the Companies Act 2006, the Charities Act 2011, FRS 102, the Charities SORP, GDPR and COVID-19 support schemes legislation. The charitable company operates locally and is not significantly impacted by international law or regulations.

Taxation law and regulations applicable to charities also apply to the charitable company but it is not involved in any complex matters that increase the risk of non-compliance.

Each area of audit review includes in the audit documentation reference to potential non-compliance and awareness of potential non-compliance is embedded in our audit procedures.

- We assessed the risks of material misstatement in respect of fraud by enquiry of management, review of the charity's operations and direct review of significant and material transactions, including all non-standard or irregular journal adjustments. Our understanding of the organisation enables us to understand and identify transactions or areas that appear to present a risk of fraud. None were detected.
Our pre-audit questionnaire specifically makes enquires about fraud and this is supported by audit documentation. We also review Board minutes to identify any matters of concern or risk. None were identified.
- The audit was conducted by a very experienced auditor who has a good knowledge of the client and no other assistance or support was required.
- The charity is small, its activities are regular and consistent and are not complex and no special audit considerations apply, nor is external specialist assistance required.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Armstrong

Anthony Daniel Armstrong FCA (Senior Statutory Auditor)
for and on behalf of **Armstrong & Co**
Chartered Accountants & Statutory Auditors

4a Printing House Yard
Hackney Road
London E2 7PR
15th October 2021

Manor Gardens Welfare Trust
STATEMENT OF FINANCIAL ACTIVITIES
Including an Income and Expenditure Account
For the year ended 31st March 2021

	Note	UNRESTRICTED General Funds £	Designated Funds £	RESTRICTED £	2021 Total £	2020 Total £
INCOME FROM:						
Donations and legacies		298	-	-	298	242
Charitable activities						
Grants and service agreements	6/7	-	-	1,582,977	1,582,977	1,535,764
Rent and service charges		357,817	-	-	357,817	333,940
Room hire		823	-	-	823	47,227
Income from services supplied		106	-	-	106	27,137
Pandemic Food Activity		26,746	-	-	26,746	-
Fundraising		244	-	-	244	-
Other		-	-	-	-	740
Investment income		655	-	-	655	3,023
Furlough		-	-	74,185	74,185	-
Other income		376	-	-	376	7,431
TOTAL INCOME		387,065	-	1,657,162	2,044,227	1,955,504
EXPENDITURE ON:						
Raising funds		-	-	-	-	-
Charitable activities						
Service agreements	1	-	-	1,414,758	1,414,758	1,625,795
Health and welfare services	1	336,797	-	-	336,797	330,961
Furlough	1	-	-	74,185	74,185	-
TOTAL EXPENDITURE		336,797	-	1,488,943	1,825,740	1,956,756
NET INCOME / (EXPENDITURE)		50,268	-	168,219	218,487	(1,252)
TRANSFERS BETWEEN FUNDS	11/12	(50,268)	11,742	38,526	-	-
NET MOVEMENT IN FUNDS		-	11,742	206,745	218,487	(1,252)
RECONCILIATION OF FUNDS:						
TOTAL FUNDS AT 1 APRIL 2020		179,642	516,775	1,088,433	1,784,850	1,786,102
TOTAL FUNDS AT 31 MARCH 2021	11/12	179,642	528,517	1,295,178	2,003,337	1,784,850

See Note 16 for a detailed analysis of 2020 prior year amounts.

All activities are classed as continuing.

There were no other recognised gains or losses other than those stated above.

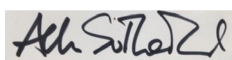
The notes on pages 22 to 31 form an integral part of these audited financial statements.

Manor Gardens Welfare Trust
Registered in England, company number 3386929
STATEMENT OF FINANCIAL POSITION
As at 31st March 2021

	Note	2021 £	2020 £
FIXED ASSETS			
Tangible fixed assets	8	862,931	863,771
CURRENT ASSETS			
Debtors	9	193,065	233,178
Short term deposits		227,638	227,638
Cash at bank		893,053	611,558
Cash in hand		3,394	3,204
Pre Capital Exp		-	3,219
		1,317,150	1,078,797
CREDITORS: amounts falling due within one year	10	(176,744)	(157,718)
NET CURRENT ASSETS		1,140,406	921,079
TOTAL ASSETS LESS CURRENT LIABILITIES		2,003,337	1,784,850
NET ASSETS		2,003,337	1,784,850
THE FUNDS OF THE CHARITY			
Unrestricted Funds	11	708,159	696,417
Restricted Funds	12	1,295,178	1,088,433
TOTAL CHARITY FUNDS		2,003,337	1,784,850

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard 102.

Approved and authorised for issue by the Trustees on 15th October 2021 and signed on their behalf by:



Allan Sutherland, Trustee



Jenita Rahman ACA, Trustee

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2020

BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention and in accordance with:

- a) Applicable UK accounting standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)';
- b) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102);
- c) The Companies Act 2006; and
- d) The Charities Act 2011.

PUBLIC BENEFIT ENTITY

The Charity meets the definition of a public benefit entity under FRS 102.

GOING CONCERN

The charity's income is derived from both non self-generated sources, such as grants, service level agreements and other governmental or NGO sources and self-generated sources, such as rental income and hire income etc. The trustees consider that there are no material uncertainties about the likelihood that this support will continue, and accordingly, the accounts have been prepared on a going concern basis.

INCOMING RESOURCES

Incoming resources are the amounts derived from the provision of charitable services, the receipt of gifts, rents and grants falling within the charity's ordinary activities.

INCOME RECOGNITION

All incoming resources are recognised once the Charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability. Income with conditions attached to its receipt is recognised when the conditions have been fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

RESOURCES EXPENDED

Liabilities are recognised as resources expended as soon as there is a legal or constructive obligation committing the Charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of raising funds are those costs incurred in attracting voluntary income.

Charitable activities include expenditure associated with the provision of accessible health and welfare services and include both the direct costs and support costs relating to these activities.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

GOVERNANCE COSTS

Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include the audit fee.

Governance costs include those incurred in the governance of the Charity and its assets and are primarily associated with constitutional and statutory requirements and are included in support costs.

Manor Gardens Welfare Trust

ACCOUNTING POLICIES

For the year ended 31st March 2020

FIXED ASSETS AND DEPRECIATION

All fixed assets are initially recorded at cost. Freehold land is not depreciated. The Trustees are of the opinion that the freehold buildings have such a long useful economic life and such a high residual value that any depreciation charges arising are immaterial. Depreciation is being charged on other fixed assets retained by the Trust at rates estimated to write off their cost, less any residual value, over their expected useful lives. The expected useful lives are as follows:

Included within furniture and equipment:	
Furniture and equipment	10 years
Safety equipment	10 years
Computer equipment	3 years
Cafe equipment	5 years

STOCK

Stock is valued at the lower of cost and net realisable value.

LEASING CONTRACTS

The management and service charges are credited to the Statement of Financial Activities as they fall due over the period of the lease.

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

UNRESTRICTED FUNDS

Unrestricted funds are donations and other incoming resources receivable or generated in furtherance of the Charity's objectives without further specified purpose and are available as general funds.

DESIGNATED FUNDS

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes.

RESTRICTED FUNDS

Restricted funds are to be used for specific purposes as laid down by commissioning authorities and donor's expenditure which meets these criteria is charged to the fund.

TAXATION

The Company is a registered charity and does not trade and as such its income and gains are exempt from corporation tax to the extent that they are applied to its charitable objectives.

PENSIONS

The Charity operates defined contribution schemes which are administered by outside independent pensions providers. Contributions payable for the year are charged to the Statement of Financial Activities.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

1. COST OF CHARITABLE ACTIVITIES

	Activities undertaken directly			2021 Total £	2020 Total £
	Staff Costs £	Other Direct Costs £	Support Costs £		
RESTRICTED					
Service agreements					
MG Nursery	68,579	26,085	2,650	97,314	191,934
Hornsey Road Children's Centre	414,976	116,031	14,865	545,872	686,933
Early Parenthood Programme	177,300	38,761	6,048	222,109	350,755
FGM Services	103,850	36,813	3,938	144,601	110,045
Therapeutic Service	54,761	10,285	1,821	66,867	58,596
Syrian Fund Service	24,519	4,865	823	30,207	21,259
Food Cooperative Service	-	18,381	515	18,896	-
Big Lottery covid Fund	20,100	51,674	2,009	73,783	-
CAF Resilience Fund	10,897	16,185	758	27,840	-
Stroke Service	67,703	12,960	2,258	82,921	99,706
Social Prescribing	11,985	2,285	399	14,669	-
Wellbeing Service	69,058	18,179	2,442	89,679	106,567
Total Service agreements	1,023,728	352,504	38,526	1,414,758	1,625,795
Furlough	74,185	-	-	74,185	-
UNRESTRICTED					
Health and welfare services	327,625	-	9,172	336,797	330,961
TOTAL COST OF CHARITABLE ACTIVITIES	1,425,538	352,504	47,698	1,825,740	1,956,756

2. SUPPORT COSTS

	2021 £	2020 £
General expenses	9,960	35,787
Legal and professional	-	1,680
Insurance	16,145	14,765
Telephone/Broadband	28,994	29,240
Postage	2,213	14,146
Copying	7,341	7,964
Bank charges	1,767	2,695
Stationery and office supplies	1,011	3,278
Training development and recruitment	222	3,208
Depreciation	10,106	11,117
Computing	12,975	16,874
Bad debts and provisions	4,958	2,599
Repairs and maintenance	36,742	38,143
Cleaning	38,551	42,629
Light and heat	28,582	40,906
Water rates	2,591	4,014
Management charges	5,341	5,357
Winter and Summer Wellbeing Festival	-	4,496
Website / Communications /Charity Log	312	1,757
Governance (see Note 3)	5,641	6,068
HR Resources	3,078	2,736

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

	2021	2020
	£	£
Staff Support	2,050	3,344
Food Service	22,306	1,913
	<u>240,886</u>	<u>294,716</u>
Gross Costs	240,886	294,716
Less: income from Projects excluded from SOFA (page 19)	(193,188)	(174,872)
	<u>47,698</u>	<u>119,844</u>
Net Support Costs (see note 1)	<u>47,698</u>	<u>119,844</u>

3. GOVERNANCE COSTS

	2021	2020
	£	£
Accountancy and audit fees	4,800	4,800
Insurance	664	664
General expenses	177	604
	<u>5,641</u>	<u>6,068</u>

4. NET INCOMING RESOURCES FOR THE YEAR

	2021	2020
	£	£
This is stated after charging:		
Depreciation	10,106	11,117
Auditor's remuneration	4,800	4,800
	<u>14,906</u>	<u>15,917</u>

5. EMPLOYEES

The average number of people employed during the year was as follows:

	2021	2020
	No	No
Senior Management Team	3	3
Projects and services	61	58
	<u>64</u>	<u>61</u>

Employment costs were:

	2021	2020
	£	£
Wages and salaries	1,223,367	1,220,032
Social security costs	100,242	101,583
Pension costs	27,883	26,281
	<u>1,351,492</u>	<u>1,347,896</u>

During the year two employees earned £60,000 or more and no Trustee received any remuneration or reimbursed expenses.

Pension costs relate to a defined contribution scheme. Contributions are charged in the years to which they relate.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

6. INCOMING RESOURCES

Details of larger restricted grants and other funding received during the year include:

	2021	2020
	£	£
Manor Gardens Nursery		
London Borough of Islington	84,757	111,080
Hornsey Road Children's Centre		
London Borough of Islington	521,683	394,303
Best Practice Network	2,000	-
Starting Well / Early Parenthood Programme		
National Lottery Community Fund	166,564	163,578
London Borough of Camden - Camden Blossoms	70,000	70,000
Greater London Authority	-	7,500
NHS Haringey CCG	1,500	-
FGM Services		
Peter Stebbings Memorial Charity	-	20,000
London Borough of Newham// Hestia Housing & Support	85,000	64,333
Barts Health NHS Trust	-	11,004
London North University Healthcare NHS	-	11,004
Dovedale Foundation	-	15,000
Therapeutic Service		
DCMS Central	-	59,067
Covid Crisis Rescue	1,000	-
Two Magpies Fund	15,000	-
Shpresa Programme - Services for Albanian Women	5,000	-
Syrian Fund Service		
London Borough of Islington	55,000	45,000
Food Cooperative		
Sustain	26,589	-
Big Lottery Covid Fund		
National Lottery Covid-19 Response	80,902	-
CAF Resilience Fund		
CAF Resilience fund	44,506	-
Living Well Services		
NHS Islington CCG	67,997	66,664
London Borough of Islington (Local Initiative Fund)	2,166	1,933
Trullo	-	8,736
Islington GP Federation	5,000	-
Cloudesley	10,000	-
Social Prescribing		
Primary Care Network North Islington GP Federation	19,194	-
Single Point of Access		
London Borough of Islington	14,344	-

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

	2021	2020
	£	£
Wellbeing Communities Service		
London Borough of Islington – Community Mental Health & Welfare	108,240	111,108
Transport For London (Ground Works)	1,827	5,000
Cloudesley Principal Health Grants	30,000	3,000
Cloudesley Welfare and Catalyst Grants	5,000	-
Time Limited Projects		
Islington GP Federation	3,360	-
Camden and Islington Public Health	10,000	-
NHS North Central London CCG	5,000	-
Coronavirus Food Distribution Service		
Age UK Islington	5,000	5,000
SHP	-	2,000
Bright Start East (London Borough of Islington)	5,000	-
J O'Brien	2,800	-
Albion Fine Foods	1,000	-
Islington Mind	1,000	-
Health Exchange		
London Borough of Islington – VCS Partnership	18,750	25,000
Islington Food Poverty Action Plan	-	3,780
Whittington Health	3,500	-
Others		
Total of all other grants / fees / income	104,298	331,674
	<u>1,582,977</u>	<u>1,535,764</u>

7. PROJECTS: RESTRICTED REVENUE FUNDS

The table below shows the reserves of Projects for specific purposes, as included in Restricted Funds (see note 12):

	2021	2020
	£	£
MG Nursery	10,268	912
Hornsey Road Children's Centre	128,545	40,361
Early Parenthood Programme	112,521	72,681
FGM services	20,685	69,009
Therapeutic Service	-	4,559
Syrian Fund Service	46,530	25,043
Food Cooperative Service	8,208	-
Big Lottery covid Fund	9,128	-
CAF Resilience Fund	17,424	-
Stroke Service	10,040	941
Social Prescribing	4,924	-
Wellbeing Service	103,082	98,471
Single Point of Access	14,344	-
Time Limited Projects	18,358	-
	<u>504,057</u>	<u>311,977</u>

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

8. TANGIBLE FIXED ASSETS

	Freehold Premises £	Furniture & Equipment £	Total £
COST			
1 st April 2020	812,218	298,094	1,110,312
Additions	7,364	1,902	9,266
Disposals	-	-	-
31st March 2021	819,582	299,996	1,119,578
DEPRECIATION			
1 st April 2020	-	246,541	246,541
Charge for the year	-	10,106	10,106
On Disposals	-	-	-
31st March 2021	-	256,647	256,647
NET BOOK AMOUNT			
31st March 2021	819,582	43,349	862,931
31 st March 2020	812,218	51,553	863,771

Freehold premises are shown at their original cost including the cost of additions and improvements. The Trustees have estimated the insurance value at £6,500,000.

9. DEBTORS

	2021 £	2020 £
Service charges	169,591	229,073
Prepayments and accrued income	23,474	4,105
	193,065	233,178

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Operating creditors	41,754	34,405
Other taxes and social security	30,487	35,143
Other creditors and accruals	104,503	88,170
	176,744	157,718

Included in "Other creditors and accruals" are amounts outstanding to pension schemes at the balance sheet date of £6,184 (2020: £4,913).

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

11. UNRESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/4/20	Income	Transfers	Expenditure	31/3/21
	£	£	£	£	£
Designated (see note below)					
Building Refurbishment Reserve	246,924	-	-	-	246,924
Revenue Reserve	269,851	-	11,742	-	281,593
	<u>516,775</u>	<u>-</u>	<u>11,742</u>	<u>-</u>	<u>528,517</u>
General funds	179,642	387,065	(50,268)	(336,797)	179,642
	<u>179,642</u>	<u>387,065</u>	<u>(50,268)</u>	<u>(336,797)</u>	<u>179,642</u>
TOTAL UNRESTRICTED FUNDS	696,417	387,065	(38,526)	(336,797)	708,159
	<u>696,417</u>	<u>387,065</u>	<u>(38,526)</u>	<u>(336,797)</u>	<u>708,159</u>

Designated funds have been set aside out of unrestricted funds by the Trustees to cover material fluctuations in rent and room hire income, essential and non-recurring administration costs, and non-recurring costs resulting from withdrawal of some or all of external funding for projects. Transfers represent unrestricted funds that have subsidised projects undertaken during the year that were associated with restricted funds.

12. RESTRICTED FUNDS	Balance	Movement in Funds			Balance
	1/04/20	Income	Transfers	Expenditure	31/03/21
	£	£	£	£	£
Capital funds:					
Building asset fund	274,047	-	-	-	274,047
Fixed asset fund	19,504	-	-	-	19,504
Other grants	218,912	-	-	-	218,912
	<u>512,463</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>512,463</u>
Revenue funds:					
Projects activities (note 7)	311,977	1,541,347	65,491	(1,414,758)	504,057
Other revenue funds	263,993	115,815	(26,965)	(74,185)	278,658
	<u>1,088,433</u>	<u>1,657,162</u>	<u>38,526</u>	<u>(1,488,943)</u>	<u>1,295,178</u>
	<u>1,088,433</u>	<u>1,657,162</u>	<u>38,526</u>	<u>(1,488,943)</u>	<u>1,295,178</u>

Building asset fund: Original cost and initial improvements made to the Charity's original freehold premises.

Fixed asset fund: Cost of assets funded by grants.

Other grants: Capital grants received for specific purposes.

Projects activities: Restricted revenue funds that have been received in the year as set out in note 6.

Other revenue funds: Restricted funds not directly related to projects.

13. NET ASSETS ATTRIBUTABLE TO FUNDS	Unrestricted	Restricted	Total	Total
			31/03/21	31/03/20
	£	£	£	£
Fixed assets	350,468	512,463	862,931	863,771
Current assets	534,435	782,715	1,317,150	1,078,797
Current liabilities	(176,744)	-	(176,744)	(157,718)
	<u>708,159</u>	<u>1,295,178</u>	<u>2,003,337</u>	<u>1,784,850</u>
	<u>708,159</u>	<u>1,295,178</u>	<u>2,003,337</u>	<u>1,784,850</u>

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

14. RELATED PARTY TRANSACTIONS

There were no related party transactions during the year or previous year.
There was no ultimate controlling party.

15. CONTINGENT LIABILITIES

The charity had no material contingent liabilities at 31st March 2021 nor at 31st March 2020.

Manor Gardens Welfare Trust

NOTES TO THE ACCOUNTS

For the year ended 31st March 2021

16. STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2020

	Note	UNRESTRICTED		RESTRICTED	2020 Total £
		General Funds £	Designated Funds £	£	
INCOME FROM:					
Donations and legacies		242	-	-	242
Charitable activities					
Grants and service agreements	6/7	-	-	1,535,764	1,535,764
Rent and service charges		333,940	-	-	333,940
Room hire		47,227	-	-	47,227
Income from services supplied		27,137	-	-	27,137
Other		740	-	-	740
Investment income		3,023	-	-	3,023
Other income		7,431	-	-	7,431
Total income		419,740	-	1,535,764	1,955,504
EXPENDITURE ON:					
Raising funds		-	-	-	-
Charitable activities					
Service agreements	1	-	-	1,625,795	1,625,795
Health and welfare services	1	330,961	-	-	330,961
TOTAL EXPENDITURE		330,961	-	1,625,795	1,956,756
NET INCOME / (EXPENDITURE)		88,779	-	(90,031)	(1,252)
Transfers between funds	11/12	(88,779)	(27,594)	116,373	-
NET MOVEMENT IN FUNDS		-	(27,594)	26,342	(1,252)
RECONCILIATION OF FUNDS:					
TOTAL FUNDS AT 1 APRIL 2019		179,642	544,369	1,062,091	1,786,102
TOTAL FUNDS AT 31 MARCH 2020 11/12		179,642	516,775	1,088,433	1,784,850

Manor Gardens Welfare Trust

MANAGEMENT INFORMATION

For the year ended 31st March 2021

The following information does not form part of the audited financial statements

CASHFLOW STATEMENT	Notes	Total Funds 2021 £	Prior Year Funds 2020 £
Cash generated from operating activities:			
Net cash provided by/(used in) operating activities	A	290,951	(183,086)
Cash flows from other sources:			
Proceeds from sale of fixed assets		-	-
Application of cash:			
Purchase of fixed assets		(9,266)	(9,595)
Pre capital exp		-	-
Net increase/(decrease) in cash	B	281,685	(192,681)
Cash at bank at the beginning of the year	B	842,400	1,035,081
Cash at bank at the end of the year	B	<u>1,124,085</u>	<u>842,400</u>

A	RECONCILIATION OF NET INCOME/EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES	2021 £	2020 £
	Net income/(expenditure) from SOFA (page 19)	218,487	(1,252)
	Adjusted for:		
	Depreciation	10,106	11,117
	(Increase)/decrease in debtors	43,332	(164,050)
	Increase/(decrease) in creditors	19,026	(28,901)
	Net cash inflow/(outflow) from operations	<u>290,951</u>	<u>(183,086)</u>

B	ANALYSIS OF CASH AT BANK AND IN HAND	Change in year £	2021 £	2020 £
	Cash at bank and in hand	281,685	896,447	614,762
	Short term deposits	-	227,638	227,638
		<u>281,685</u>	<u>1,124,085</u>	<u>842,400</u>