

## **The Dystonia Society**

A company limited by guarantee

Trustees Report & Financial Statements for the year  
ended 31 March 2025

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## **The Dystonia Society**

**Report of the Trustees for the year ended 31 March 2025**  
**(Incorporating the Directors' Report)**



### **Reference and administrative information**

#### **Charity registration number**

1062595 (England and Wales) and SC042127 (Scotland)

#### **Company registration number**

03309777

#### **Patron**

Tully Kearney, OBE

#### **Trustees and Directors**

Amit Batla

Emily Birden

Timothy Gannicliffe

Ross Grant

Qamar Khan, MBE (Chair from 1<sup>st</sup> April 2024)

Antonella Macerollo

Sophie Norman

Fernanda Perez

Penny Ritchie Calder, MBE

Robert Semple

#### **Secretary**

Roger Edmonds FCA

#### **Medical Advisers**

Prof. Mark Edwards

Mr. Daniel Ezra

Ms. Lucy Hicklin

Dr Jean-Pierre Lin

Dr. Marie-Helene Marion

Dr. Kathryn Peall

Prof. Tom Warner

#### **Registered Office**

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#### **Independent Examiner**

Michael Williams ACA

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#### **Bankers**

CAF Bank

Kings Hill

West Malling

Kent ME19 4TA

Bank of Scotland

14/16 Cockspur Street

London SW1Y 5B

## **Objectives & Activities**

The trustees, who are also the directors of the company, submit their report and the financial statements of The Dystonia Society ("the Society") for the year ended 31 March 2025 on the basis of the accounting policies set out in Note 1 to the financial statements, and comply with the requirements of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial reporting Standard in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) (Charities SORP, FRS102). The reference and administrative information on the previous page forms part of this report.

## **Principal Objective**

The Society, as derived from the objects set out in our Articles of Association, are to promote the welfare of people who living with any form of the neurological movement disorder known as dystonia, or from similar or related conditions and to advance the education of the public about all aspects of the said conditions. Under our operating name of Dystonia UK, we provide support and information for our community both nationally and locally. We are the only national charity dedicated to supporting people with dystonia throughout the UK.

## **About Dystonia UK**

We are the only national charity dedicated to supporting people living with dystonia across the UK.

Dystonia is a neurological movement disorder estimated to affect at least 100,000 people in the UK. It is the third most common movement disorder. Dystonia is caused by incorrect signals from the brain resulting in uncontrollable muscle spasms, which can, for some, be painful. It can affect any region of the body. Dystonia is a lifelong condition, which can affect both adults and children, and currently has no cure. There are several treatments available that can help relieve the symptoms and scientists around the world are actively pursuing research toward new therapies.

Established in 1983 as The Dystonia Society, by a small group of people living with dystonia, in 2019 we rebranded to become Dystonia UK to better reflect our growing community. For over 40 years we have worked with the dystonia community, never forgetting our founders' aim to support all people living with dystonia. Being a patient led organisation is still at the heart of our ambitions today and we currently have 13 local support groups run by volunteers from the community and a membership of 1454 including 11 lifetime members.

We remain committed to our mission:

***"We exist to give hope and support to everyone living with dystonia and to create UK and worldwide awareness."***



## **Review of Activity**

During year 2024-25 we have continued to evolve to meet the needs of both members and the wider dystonia community. Developed with and for our community, our strategy sets out what we want to achieve. In response in particular to the 2023 Your Voice Heard survey we committed to further development work of our Strategy. To greater serve the dystonia community, our strategic goals for the year were adjusted and have been:

- **Connect our Community**  
Dystonia UK will create a connected community for people living with dystonia that acts as both a source of support and movement for change.
- **Enhance quality care and support**  
Dystonia UK will ensure that no matter who they are or where they come from, everyone living with dystonia receives a timely diagnosis, has access to the best possible information, care, and treatment and has the tools and support to live a good life.
- **Reach Out, Reach All**  
Dystonia UK will reach the whole of the dystonia community across the UK and be an inclusive organisation that is accessible to all. We will ensure that no one who needs our support goes without it.
- **Ensuring our future**  
We will increase revenue by mobilising all communities affected by dystonia, engaging with individuals, corporations, and organisations to accelerate our progress and maximise the impact we make.

The Annual Report of the Trustees for 2024/25 is set out under these four strategic goals.

### **Connect our Community**

We have continued to build a connected, empowered community for people living with dystonia - one that offers vital support and drives meaningful change through a wide range of activities. This year, we:

- Rebuilt connections after Covid-19 through our local support group networks
- Took awareness to Parliament with an event at the House of Lords
- Continued our commitments to members
- Celebrated our community at The Dystonia UK Awards 2024
- Delivered direct support through our new Hospital Roadshow initiative

### **Rebuilding and reconnecting after Covid-19**

We greatly invested in our **local support group network** with the appointment of a new Community Project Officer. Thanks to their efforts, several groups that had not met since before the pandemic resumed their activities. We also boosted group visibility through increased marketing, enhanced our volunteer support resources, and reinstated regular coordinator catch-ups to further build relationships and shared learning across our network.

*"I really enjoy the social side of being with others with the same condition; we have all become friends!"*

*- Kent group attendee*

### **Taking awareness to Parliament**

In September, during **Dystonia Awareness Month**, we gathered experts, clinicians, and advocates at the House of Lords for a powerful discussion on how our community can raise its collective voice. This inspiring event helped generate fresh ideas and built momentum for raising awareness as a united community - reminding everyone in the room that dystonia must no longer be overlooked.

### **Championing members**

Our membership remained strong throughout the year, with 1,454 individuals standing with us. We continued to keep members connected and informed through *Dystonia Matters* – our magazine available both digitally and in print. Members also played a direct role in shaping our governance by voting on trustee ratifications, ensuring representation and transparency at the heart of our organisation.

### **Celebrating our community**

We were delighted to host the **Dystonia UK Awards 2024** for the third consecutive year. These awards shine a spotlight on the exceptional individuals making a difference within our community. In front of our largest audience yet, we proudly recognised the winners of the Dystonia Superstar Awards (England, Wales, Scotland and Northern Ireland), the Masked Hero Award, and the Popular Podcast Award. New categories this year included the Young Champion, Fundraiser of the Year, and Volunteer of the Year, helping us to celebrate a wider breadth of contributions from across our network.

### **Delivering direct support**

This year marked the exciting launch of our **Hospital Roadshows** - a brand-new initiative bringing Dystonia UK into NHS hospitals across the country. Our team visited Salford Royal Hospital (Manchester), The Walton Centre (Liverpool), and Shawbirch Medical Centre (Telford), where we reached patients, clinicians, and the public face-to-face, raising awareness, providing trusted information, and creating meaningful connections with those affected by dystonia.

*"You did an excellent job in Manchester at Salford Royal Hospital, Dystonia awareness was well spread that day. A remarkable eye-catching display and sparkling atmosphere. For some it will be the best day of their lives because they have discovered Dystonia UK and that the Manchester group exists."*

*- Elaine, Manchester group member*

**Wherever our community is, we're right there beside them. Together, we are building a stronger, more connected movement for change.**



### **Enhance quality care and support**

Everyone with dystonia deserves answers, access to effective treatment, and support to live life on their own terms. This year, we made real progress, taking your voices to policymakers, shaping clinical conversations, and championing research that puts your needs first. This is how we made impact happen:

- Raised awareness and visibility of dystonia at major clinical events
- Drove change in national policies and promoted best practice
- Supported research putting patients at the centre

### **Promoting the needs of the community**

We renewed our investment in attending exhibitions and conferences to raise awareness among medical professionals and industry leaders. Highlights included:

- Presenting to around 100 clinicians, many of whom specialise in movement disorders, at the British Neurotoxin Network's annual meeting, emphasising the importance of collaboration with patient communities.
- Guest speaking at the East Hants Primary Care Network meeting, sharing best practice with social prescribers, pharmacists, care coordinators, and youth wellbeing coaches.
- Our Director of Operations and Development attending the Association of British Neurologists conference, in partnership with The Neurological Alliance, sharing early insights from the My Neuro Survey.
- Exhibiting at several professional events including the annual conferences of the DBS Nurse Association, the Association of British Neurologists Movement Disorder specialist interest group, and the Royal College of Paediatrics and Child Health.

*"Thanks so much for attending our meeting yesterday-I know the team found it really interesting finding out about dystonia. A few cogs turning regarding patients they see and if dystonia may be something that hasn't been considered."*

*- Hannah, Digital Transformation Lead, East Hants PCN*

### **Influencing national policies**

As the only UK-wide charity representing people living with dystonia, Dystonia UK continues to use its unique position to ensure the voices of those affected are heard at every level of decision-making.

During **Dystonia Awareness Month**, we arranged a key meeting with Dr Niran Nirmalanathan, the National Clinical Director of Neurology at NHS England. This provided an important opportunity to discuss the most urgent priorities facing the dystonia community and to advocate for greater recognition and resourcing.

We continued our strong support for The Neurological Alliance's #BackThe1in6 campaign, which called for a dedicated Neuro Taskforce. That campaign saw a significant success in November, when the new **UK Neuro Forum** was officially announced. We were proud to attend the celebration of this milestone,

where our Patron, Tully Kearney OBE, delivered a powerful keynote speech highlighting the lived experience of dystonia. We were also pleased to continue the impact of this work by attending a workshop in advance of the first UK Neuro Forum meeting providing the opportunity for us to share deeper insights.

Throughout the year, we shared surveys and promoted policy-related events that offered opportunities for the community to speak up and share experiences. A total of 658 people with dystonia completed **My Neuro Survey**, contributing powerful evidence of the need for better services. We were also involved in the survey's steering group, helping to shape its design and inform the communications strategy around its findings, ensuring it reflects the reality of our community's needs.

We worked behind the scenes too. Through our membership in over ten alliances and coalitions, we helped shape responses to national consultations, co-signed open letters, and called directly on ministers to invest in neurological research. We also developed and submitted our own response to the NHS 10-Year Plan, using this as an opportunity to spotlight some of the specific challenges faced by people with dystonia including the urgent need for better workforce planning, improved transitions from paediatric to adult care, and stronger integration between services.

Finally, we took these messages to Parliament. In January, alongside member and Neuro Alliance of Scotland trustee, DK McPhee, we represented the dystonia community at the Neurological Alliance's **Parliamentary Neuro Reception**. There, we spoke to 35 MPs or their representatives, putting the realities of dystonia front and centre in political conversations.

### **Supporting dystonia research**

Our research support spans practical assistance and partnership working to ensure people with dystonia are included in shaping future treatments. We believe research should work for the dystonia community - and this year, we supported projects that do exactly that.

- We helped recruit 201 participants for a **Manchester Metropolitan University** study developing machine-learning imaging for more targeted botulinum toxin treatment.
- Remained involved in the British Paediatric Neurology Association's steering group to set **standards for paediatric dystonia** medication - improving confidence in care for families and clinicians.
- Continued our collaboration with students on the Clinical Psychology doctoral course at Lancaster University, most recently promoting a study exploring the use of self-compassion apps in people with neck dystonia.
- Shared a survey from a group of **UCL Queen Square Institute of Neurology** researchers examining access to physiotherapy services, helping understand barriers and enablers to treatment for our community.

**We will never stop pushing for better diagnosis, better treatment, and better lives for everyone living with dystonia.**



*"I felt it was an afternoon well spent as the research will ultimately lead to the training of more clinicians who understand dystonia and are able to treat it and the ability of medical professionals to build up a library of images of the neck for each patient so that injections will be more effective."*

*- Chris, MMU study participant*

### Reach Out, Reach All

We aim to reach the entire dystonia community across the UK, making sure that whoever you are and wherever you live, you can access our support, so no one has to face dystonia alone. This year we took meaningful action to expand our reach and deepen our impact.

- We magnified the voices of those living with dystonia on national platforms
- We expanded and improved how people access vital information and support
- We ran impactful campaigns to spread the message that *Dystonia Matters*

### Magnifying the voice of the community

People with dystonia often experience stigma and isolation. That's why we used our platform to increase understanding and visibility, ensuring the experiences of our community were heard and seen on a national stage. In 2024, our Director of Fundraising and Communications appeared live on **BBC Breakfast**, bringing dystonia to millions of viewers. We were additionally featured in *The Guardian* during Brain Awareness Week, and our digital reach soared with our social media content viewed 302,359 times and 109,074 visitors to our website over the year. These moments helped more people than ever understand what dystonia is - and why support matters.

*"Well done Dystonia UK! Brilliant job on awareness of dystonia."*

*- Lisa, Online member*

### Enhancing information delivery

Our *Reach Out, Reach All* programme continued to modernise how we deliver support and advice, ensuring that our resources remain accessible, inclusive, and available in the format that works best for each person.

- **In-person:** We met people at *Disability Awareness Day* in Warrington and The Brain Charity's open day, *Head Matters*, and continued our local support groups across the UK. These meetups - whether structured or social - create essential spaces for people to share experiences and connect. This year we ran 34 meet ups in 12 counties.
- **In print:** We remained committed to physical resources for those who may be digitally excluded. Our *Dystonia Matters* magazine, regular mailings, and the widely distributed *What is Dystonia?* booklet helped keep the community informed and supported. We additionally

invested more resource into clinical outreach to ensure our materials are distributed to patients more regularly when attending clinics.

- **Online:** Our website remained the go-to source for information, with over 109,000 views. We were proud to launch Season 4 of our *Dystonia Matters* podcast, sharing the real and honest stories from Rebecca, Emma & Gareth and their daughter Hayley, Jason, Mark, Emma, and Lola.
- **Direct support:** We responded to 561 support enquiries across phone, email, and post, offering personalised guidance to people when they needed it most.

*"Dystonia UK has been a massive support throughout my life. If you have dystonia or know someone, I highly recommend engaging with them and get on their newsletter. They offer friendly support to helpful information about the condition."*

*- Joe, Former podcast guest*

### Amplifying our message

In September, we ran Dystonia Awareness Month 2024 - a powerful reminder of what our community can achieve when we come together with lived experience, expertise, and shared purpose.

Before the campaign began, we launched a brand-new awareness guide packed with tools and templates to help individuals and supporters spread the word locally, ensuring greater impact from our collective awareness raising.

We then launched the month with a reception at the House of Lords, where clinicians, researchers, and industry leaders gathered to explore new ways of raising awareness and improving outcomes. The conversations held there set the tone for a month of action.

Soon after, we joined our incredible #TeamDystoniaUK runners at the Great North Run. Despite the rain, spirits soared as volunteers and supporters cheered them on. Every step taken and every pound raised helped amplify our cause.

Local meetups in the North East, Oxford, Kent, and Lancashire & Fylde showed the importance of peer support. These events offered safe, welcoming spaces for people to connect, share, and feel understood.

We continued our advocacy momentum going - meeting with Dr Niranjanan Nirmalananthan, National Clinical Director for Neurology at NHS England, and speaking at the British Neurotoxin Network meeting in Oxford to highlight issues of access and collaboration.

The month ended on a high note with The Dystonia UK Awards 2024, celebrating the remarkable individuals who inspire and support our community. A standout moment was our Patron, Paralympic Gold Medallist Tully Kearney OBE, sharing her journey to double gold in Paris 2024!

**Throughout the month, and every day of the year, we are proud to stand with and for every person living with dystonia.**



### Ensuring our future

We are building a resilient, sustainable organisation. That means investing in people, partnerships, and infrastructure, and working hand in hand with our community to maximise impact and accelerate progress. This year we:

- Invested in new roles and infrastructure
- Worked with our community and partners to raise vital funds
- Advocated for greater awareness through national collaborations
- Increased recognition of our organisation across sectors

### Investing in our organisation

We established new roles, including our Community Project Officer, which is helping us to develop and grow our support services, volunteer capacity and outreach work. We created a new Communications Officer role and recruited a new Fundraising Officer bringing additional capacity to the team.

We develop staff skills through regular training and this year updated our Induction training to ensure new members of the team are supported in their success. Our directors took part in advanced Safeguarding training and attended the Charity Times Leadership conference. Ensuring that our team can best support our community, this year they attended training on Neurodiversity and to reduce the effects of stress in the workplace we introduced new quarterly Mental Wellbeing sessions.

A remuneration review, benchmarked our current charity salaries against those in other similar sized charities across the sector, taking into account specific roles and responsibilities and making changes as relevant to ensure the charity is a competitor in the sector. Necessary equipment upgrades included updated laptops for some staff providing the team with the tools they needed to carry out their work.

We also deepened our investment in volunteering, beginning development of a volunteer strategy, reinstating coordinator catch-ups, creating new event roles, and recruiting an Office Admin Volunteer. Finally, we proudly welcomed our new Chair, **Q Khan MBE**, who brings deep experience and passion following his work as a Dystonia UK Ambassador.

*"I love attending events where I can get the word out about dystonia. I recently helped a pharmaceutical company in Chester with Dystonia UK to show the employees how their products affect the patients and to answer questions about my experiences with botulinum toxin injections."*

*- Margie, Events volunteer*

### **Working together to fundraise**

Once again, our amazing community played a huge and highly valued role in raising funds to sustain our essential services. We raised a fantastic £35,451 through community fundraising and events. Our Team Dystonia UK runners, including our patron Tully Kearney, OBE, raised all important awareness at the TCS London Marathon. 10 runners also took to the streets of Newcastle, raising £5,579 through the Great North Run. Our 3 runners, the winner of the Dystonia Superstar Award (England), Manoli, alongside Ryan and Mark in memory of Ryan's son Bailey, also took on the Royal Parks Half Marathon raising £3019.

Members of the community also took on some of their own incredible fundraising challenges including the K2B walk raising £2600, Our Fundraiser of the Year, Lola, ventured into the Peak district and having complete a rather impressive 16 miles of walking also raised £710.16

Encouragingly, we have seen strong growth across several other income streams - Facebook fundraising has increased by 233%, donations by 59%, and money raised by groups by 43%. We continued to raise funds through sales of eye-catching merchandise and were pleased to achieve sales of £2041.

Our Spring raffle raised over £1,140 and we were encouraged to see so much engagement from our community. We are grateful to our corporate partners for their support with prizes. We loved joining The Research Club's final networking night of the year, raising awareness and all important funds for Dystonia UK. Huge thanks to Tara and Bob in particular for their support!

Our members continue to extend support to the wider community, raising £34,240 through their generous subscriptions and donations. We are especially grateful too to those who chose to remember us in their wills through legacy gifts.

*"Dystonia UK helped me in so many ways, from telling me that my family and I aren't alone, to supporting me with setting up my fundraising event. On the 7th of August 2024, I left my house and my plan was to do a 15 mile walk in 7 hours, but it ended up 16.41 miles in 5 hours 6 minutes."*

*- Lola, Dystonia UK Fundraiser of the Year 2024*

### **Collaborating for success**

We continued to build strong partnerships across national networks including The Neurological Alliance, The Neurological Alliance of Scotland, Wales Neurological Alliance, Northern Ireland Neurological Charities Alliance, National Voices, The Alliance Scotland, Medical Technology Group, Specialised Health Care Alliance and Disability Benefits Consortium to champion the needs of the dystonia community and influence decision makers.

We deepened our relationships with Pharmaceutical and Medical Tech companies to further advance outcomes for the dystonia community. We were delighted to attend Medtronic's annual conference and welcomed the opportunity for our Director of Fundraising and Communications along with Dystonia UK member, Margie, to speak at Ipsen Pharmaceutical's annual conference on improving access to botulinum toxin services.

We also worked with a number of leading specialist clinical groups including the Association of British Neurologists Movement Disorder specialist group, DBS Nurse Association and British Neurotoxin



network - we are thankful to all of the professionals supporting our involvement in these groups for helping to further our cause. As well, we greatly appreciate the support of our medical advisory group and wider medical networks.

We continued to work with our Patron and Ambassadors and are grateful for their ongoing commitment to use their platforms to improve awareness of dystonia. We were especially grateful to Tully Kearney OBE, who spoke at both The Neurological Alliance AGM and our Awards ceremony, sharing her story of double gold in Paris.

Special thanks to Teresa for sharing her story during our BBC Breakfast appearance, and to all who used our Awareness Raising Guide to support our message: *Dystonia Matters*.

### **Strengthening our visibility**

We expanded our presence at professional events and exhibitions, invested in clinical outreach, and deepened connections through the launch of our Hospital Roadshow initiative. Additionally we sent out monthly e-newsletters and used our social media platforms and website to share updates on our work. These activities strengthened our visibility and reinforced our role as a trusted advocate for the dystonia community.

**Dystonia UK has stood beside the community for over 40 years - and we're building the future to stand strong for decades to come.**

### **Impact**

#### **Our Year in Numbers:**

- We estimate **340** people attended one of our meet ups, accessing direct support local to them.
- We reached **141** people through the launch of our Hospital Roadshows initiative.
- **9** winners were celebrated at The Dystonia UK Awards 2024!
- We reached over **400** professionals and members of the public through exhibition stands at conferences and events raising vital awareness.
- **658** people living with dystonia took part in My Neuro Survey.
- We reached at least **29,449** people through our BBC Breakfast interview!
- Our Dystonia Awareness Raising guide was viewed **426** times.
- Our Info Hub, a digital source of information resources received **1,685** visits.
- **30** volunteers supported our work!

Activities mapped against Dystonia UK's objectives				
Activity	Connect our community	Enhance quality care and support	Reach Out, Reach All	Ensure our future
Local support group meet ups	✓		✓	
The Dystonia UK Awards 2024	✓		✓	
Hospital Roadshow initiative	✓	✓	✓	
Dystonia Matters magazine	✓		✓	
Dystonia Matters podcast	✓		✓	
Digital & printed info resources		✓	✓	
Dystonia UK Membership	✓		✓	✓
Dystonia Awareness Month	✓		✓	
Parliamentary afternoon tea	✓	✓		
Attending exhibitions & conferences	✓	✓	✓	
Promoting My Neuro Survey		✓		

Activities mapped against Dystonia UK's objectives				
Activity	Connect our community	Enhance quality care and support	Reach Out, Reach All	Ensure our future
Partnerships with alliances		✓		
Consultation responses & lobbying work		✓		
Supporting research projects		✓		
Press & media work			✓	✓
Responding to enquiries		✓	✓	
Awareness raising guide	✓		✓	
Clinical outreach	✓	✓	✓	✓
E-news and social media presence	✓		✓	✓
Investments in staff and infrastructure				✓
Supporting fundraising				✓



Activities mapped against Dystonia UK's objectives				
Activity	Connect our community	Enhance quality care and support	Reach Out, Reach All	Ensure our future
Collaborating with medical groups		✓		
Partnerships with pharma and med techs		✓		✓
Engagement with Patrons & Ambassadors			✓	

## Our Future Plans

Together with our community, we will continue to build on the progress we have already made. As the only national charity supporting people living with dystonia, we recognise the need to prioritise carefully how our limited resources are used. Our focus will remain on the services and activities that deliver the greatest impact for the dystonia community.

We will amplify our service delivery through targeted investment and new projects. By designing and delivering information resources across a variety of formats (including print, digital and in-person) we will ensure our materials are relevant, inclusive and accessible to the whole dystonia community. We will continue to grow our network of support groups, and by increasing volunteer recruitment and strengthening volunteer resources, we aim to expand our influence and impact in local communities.

We will focus on core operations to ensure people living with dystonia, health professionals and the public receive timely, high-quality support. This includes investment in our infrastructure and IT systems to increase resilience and responsiveness.

Through our Hospital Roadshow initiative we will extend our reach, deepen our understanding of the needs of the dystonia community across the UK, and ensure our information and support services are delivered where they are most needed. At the same time, we will continue to build our medical network and enhance our clinical outreach via events and partnerships.

In research, we will develop our strategy further and create more opportunities for people living with dystonia to become involved. Partnering with universities and through our new Research Network, we will support research that matters to our community.

We will continue to 'Reach Out, Reach All' through targeted activities including those developed to better support people recently diagnosed with dystonia. We will continue to support our members



through *Dystonia Matters* magazine, listen to their feedback and ensure their insights shape our services. People's stories will remain at the heart of our communications, and we will use our platform to magnify their voices.

We will increase public awareness and understanding of dystonia through trusted information and national campaigns, including Dystonia Awareness Month. We will continue to work strategically with our lobbying work. Through collaboration with coalition organisations such as The Neurological Alliances, we will harness the strength of the wider neurological community to ensure dystonia is recognised and understood by policymakers.

We will celebrate our community and supporters, enhancing how we thank, involve and engage them, while focusing on increased income generation to sustain and expand our work. Above all, we will continue to be there for everyone in the dystonia community.

## **Financial Review**

### **Reserves**

The trustees feel it is prudent to maintain the Society's general unrestricted reserves at a level sufficient to cover commitments such as property rental, creditors and other liabilities and to reflect the relative uncertainty of income and potential restrictions on its use. The level of reserves is reviewed as part of the budget setting process and at Board meetings in conjunction with the trustees' review of the financial position.

As the Charity benefited from significant legacy income in 2023/24 and 2024/25, the trustees reviewed The Dystonia Society's reserves policy and designated £410,000 from unrestricted reserves in 2024.

The Board have reviewed this designated reserve and judge that it is appropriate to maintain it in 2024/25.

The level of unrestricted and undesignated reserves at 31st March 2025 represented 45% of unrestricted expenditure in the year (2024 43%).

Certain grants and donations received by the Society are given with for specific projects or initiatives. Restricted funds held in respect of these activities are carried forward if they are unspent or uncommitted. At 31st March 2025, funds of £144,216 were carried forward (2024: £157,315).

### **Investment Policy**

Trustees reviewed the Charity's Investment policy in October 2023. Trustees agreed that their priorities for investing surplus funds are to earn a reasonable return at low risk while being able to access funds immediately if needed.

Trustees approved using a combination of CCLA's COIF Charities Deposit Fund (low-risk money market investments via the UK's leading specialist Charity Fund Manager) and bank deposit facilities to invest legacy income when received.

## **Structure, Governance and Management**

The Society is a company limited by guarantee and is registered with the Charity Commission (Number 1062595) and with the Office of the Scottish Charity Regulator (SC042127). It is constituted by its Memorandum and Articles of Association. In the event of the insolvency of the Society, members can be asked to pay a maximum of £10 towards any unpaid debt.

### **Trustees**

Control of The Dystonia Society is vested in the trustees, each of whom is a member of the Society. All decisions are made by the board of trustees, and at the present time no sub-committees are in operation.

Existing trustees encourage potential trustees to stand for election to maintain an appropriate balance of skills and experience. Where specific skills are needed the recruitment of potential trustees may be expanded to look beyond the current membership. Where there are more candidates than vacancies, trustees are elected by the members at an AGM or by a postal ballot.

Trustees serve for a three-year term and then stand for re-election. A minimum of a third of the trustees stand for re-election each year. If less than a third of the trustees are due for re-election, then those nearest to the expiry of their term stand for re-election. Trustees serve for a maximum of three terms.

A trustee may be appointed by the Board if a vacancy becomes available during the financial year and the trustee would then stand for re-election at the year end. The maximum number of trustees is twelve and the minimum is three. All trustees are given a programme of induction and training. Further training is available when required and relevant.

### **Staff**

The board delegates operational planning and day-to-day management of the charity to the Senior Leadership Team (SLT), supported by the Chair of the Board. The SLT is formed of the Director of Fundraising and Communications and the Director of Operations and Development. This authority is delegated within approved limits. The Chair of the Board oversees the SLT's performance through reports and briefings. The SLT presents reports at board meetings and as part of the planning and budgeting process. The Chair of the Board carries out the appraisals for the SLT annually, on behalf of the board. The chair can involve another trustee in this appraisal work should they wish.

The SLT are supported by a small team of staff. They are a highly motivated team, dedicated to the needs of people with dystonia. We have found that hybrid working is a viable and efficient way of working as it allows staff to work flexibly and adapt appropriately to the needs of the organisation. Some trustees are more actively involved than their governance duties, supporting additional working groups, developing information and support and finance and administration. We are very grateful for this additional support.

### **Remuneration policy**

The trustees have responsibility for setting the pay and remuneration of the charity's key personnel and this is done on an annual basis, including a formal cost of living review. Salaries are benchmarked with other similar organisations across the sector.



### **Membership**

Membership of the organisation is governed by our Articles of Association. Subscribers to the Memorandum and individuals or organisations admitted by the Board of Trustees in accordance with the Articles are recognised as members of the Company and are recorded in the register of members.

#### **Full Membership**

Individuals and organisations may apply for full membership using the form prescribed by the Board of Trustees. The Board has full discretion to accept or decline membership applications and is not required to provide reasons for its decisions. The Board may also establish criteria for membership, though meeting such criteria does not automatically entitle an applicant to membership.

Where a member represents an unincorporated association or body, the register will reflect this representation. The association or body may nominate a replacement representative at any time by notifying the Company, without requiring a new application form or notice from the outgoing representative.

Corporate members must appoint an individual to represent them at meetings of the Company. They may change their representative at any time by notifying the Company.

#### **Associate Membership**

The Board of Trustees may also establish classes of associate membership. Associate members are not members of the Company for the purposes of the Articles or the Companies Acts. The Board determines the rights, obligations, and subscription requirements for each class of associate membership and has discretion to admit or remove associate members in line with agreed regulations.

#### **Membership Records**

We comply with the requirements of the Companies Acts and the Charities Act 1993 in maintaining a register of members and keeping accurate membership records. In accordance with these obligations, we also ensure proper maintenance of financial records, the audit or independent examination of our accounts, and the timely preparation and submission of annual reports, annual returns, and statements of account to both the Registrar of Companies and the Charity Commission.

### **Risk**

The trustees identify and review the major risks to which the Society is exposed and have established appropriate systems to anticipate further risks that may arise. The trustees consider that implementation of agreed actions and procedures will significantly reduce the probability and impact of these risks.

#### **Principal risks & uncertainties**

The most recent review identified the key risks to be financial and external. Financial risks relate to our ability to achieve sufficient income to maintain financial sustainability and meet our commitments. External risks centre on our ability to meet service needs, particularly where these are influenced by factors beyond our control.

It was recognised that our financial risks are largely mitigated by expected legacy income. The Society undertakes careful monitoring of projected cash flows and reserve levels to ensure it can meet its financial responsibilities. External risks are mitigated through detailed strategic planning and informed decision-making. We continue to review our staffing structure to ensure we have the right organisation, capacity, and capabilities in place to deliver our ambitious plans.

## **Public Benefit**

The trustees have referred to the Charity Commission's guidance on public benefit, and the guidance "Meeting the Charity Test" published by the Office of the Scottish Charity Regulator, when reviewing their aims and objectives, and planning the Society's future activity.

## **Statement of trustees' responsibilities**

The trustees (who are also directors of the Society for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice (UK GAAP)).

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with UK GAAP. Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Statement of Recommended Practice "Accounting and Reporting by Charities".
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records which are sufficient to show and explain the charitable company's transactions and which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and the charity's constitution. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- There is no relevant information of which the charitable company's independent examiner is unaware.
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

## **Small company exemption**

This report has been prepared in accordance with the special provisions for small companies under Section 15 of the Companies Act 2006.



### **Thanks**

While it's impossible to name every individual and organisation who has contributed to our work this year, we want to express our sincere appreciation to all who have supported us. We are so grateful for your commitment. In particular, we would like to recognise:

### **Our Patron & Ambassadors**

We are incredibly fortunate to work alongside a group of dedicated individuals who help raise awareness of dystonia and inspire others to get involved. Special thanks to:

- Tully Kearney, OBE
- Gemma Stevenson
- Ella Middleton

### **Our Staff & Volunteers**

A sincere thank you to the Society's staff team and volunteers. Their dedication, loyalty and commitment to our cause continues to drive our progress and impact.

### **Our Medical Network**

We're especially grateful to our medical advisory group and the wider network of professionals who have generously given their time and expertise throughout the year. Your support remains a vital part of our work.

### **Our Members & Donors**

Thank you to everyone who joined or renewed their membership with Dystonia UK in 2024–25. Every member helps us amplify our voice and extend our reach. We're also truly thankful to all those who have made a donation - your generosity fuels our mission.

### **Those who remembered Dystonia UK in their Will**

Legacy gifts have once again made a transformative difference, accounting for more than half of our income. We are deeply grateful to everyone who chose to leave a gift in their Will, helping to ensure we can continue supporting those affected by dystonia for years to come.

### **Our Fundraisers**

A huge thank you to the individuals and groups across the UK and beyond who have taken on fundraising challenges and activities. Your creativity and enthusiasm bring both vital funds and awareness to our cause.

### **Charitable Trusts & Foundations**

We remain grateful for the continued support of the charitable trusts and foundations who fund our work. Your backing is invaluable.

### **Companies and other organisations**

Our thanks also go to our corporate supporters and partner organisations. Your contributions and collaborative efforts play a crucial role in helping us deliver our goals.

## The Dystonia Society

Report of the Trustees for the year ended 31 March 2025  
(Incorporating the Directors' Report)



### Approval

This report was approved by the Board of Trustees on 12 November 2025 and signed on its behalf by:

Qamar Khan, MBE  
Chair of Trustees



**The Dystonia Society**  
**Independent Examiner's Report to the trustees of**  
**The Dystonia Society ('the Company')**



I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under the Charities Act 2011, s145 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under s145(5)(b) of the 2011 Act.

**Independent examiner's statement**

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in s145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that:

- (1) accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- (4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Michael A Williams A.C.A.*

Michael A Williams ACA.,  
Chartered Accountant  
30 Retford Drive, Sutton Coldfield, West Midlands, B76 1DG

Date: 16/12/25

	Notes	Restricted funds £	General funds £	Total 2024/25 £	Restricted funds £	General funds £	Total 2023/24 £
<b>Income from</b>							
Donations and subscriptions		814	139,007	139,821	562	154,627	155,189
Grants	14	13,500	39,000	52,500	54,478	54,751	109,229
Legacies and in memoriam gifts		-	213,019	213,019	-	417,059	417,059
<b>Total donations, subscriptions, grants and legacies</b>	<b>3</b>	<b>14,314</b>	<b>391,026</b>	<b>405,340</b>	<b>55,040</b>	<b>626,437</b>	<b>681,477</b>
Other trading activities		-	2,329	2,329	-	1,958	1,958
Investments		-	14,668	14,668	-	8,918	8,918
<b>Total income</b>		<b>14,314</b>	<b>408,023</b>	<b>422,337</b>	<b>55,040</b>	<b>637,313</b>	<b>692,353</b>
<b>Expenditure on</b>							
Raising funds	4		126,460	126,460		75,741	75,741
Charitable activities	4,14	27,413	248,694	276,107	6,489	239,046	245,535
<b>Total expenditure</b>		<b>27,413</b>	<b>375,154</b>	<b>402,567</b>	<b>6,489</b>	<b>314,787</b>	<b>321,276</b>
<b>Net income/(expenditure)</b>	<b>4</b>	<b>(13,099)</b>	<b>32,869</b>	<b>19,770</b>	<b>48,551</b>	<b>322,526</b>	<b>371,077</b>
Transfers between funds		-			-	-	-
<b>Net movement in funds</b>		<b>(13,099)</b>	<b>32,869</b>	<b>19,770</b>	<b>48,551</b>	<b>322,526</b>	<b>371,077</b>
<b>Reconciliation of funds</b>							
Total funds brought forward		157,315	544,980	702,295	108,764	222,454	331,218
<b>Total funds carried forward</b>	<b>12</b>	<b>144,216</b>	<b>577,849</b>	<b>722,065</b>	<b>157,315</b>	<b>544,980</b>	<b>702,295</b>

	Notes	31 March 2025	31 March 2024
		£	£
<b>Non-current assets</b>			
Tangible fixed assets	7	-	-
Investment in subsidiary company	7	1	1
<b>Current assets</b>			
Debtors	8	233,557	100,455
Cash at bank and in hand	9	540,928	636,559
		<u>774,485</u>	<u>737,014</u>
<b>Creditors: amounts falling due within one year</b>	10	(52,421)	(34,720)
<b>Net current assets</b>		<u>722,064</u>	<u>702,294</u>
<b>Net assets</b>		<u><b>722,065</b></u>	<u><b>702,295</b></u>
<b>Represented by</b>			
General funds		167,849	134,980
Designated funds		410,000	410,000
<b>Total unrestricted funds</b>		<u><b>577,849</b></u>	<u><b>544,980</b></u>
Restricted funds	14	144,216	157,315
<b>Total funds</b>	12	<u><b>722,065</b></u>	<u><b>702,295</b></u>

The Trustees are satisfied that the Charitable Company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The Trustees acknowledge their responsibilities for

- (i) ensuring that the charitable company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its results for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions for Small Companies under Part 15 of the Companies Act 2006.

Qamar Khan, MBE  
Chair of Trustees

Robert Semple  
Treasurer

Company Registration Number: 03309777

The notes on pages 27 - 36 form part of these financial statements.



**The Dystonia Society**  
**Statement of cash flows for the year**  
**ended 31 March 2025**



	2025 £	2024 £
<b>Net income/(expenditure) as per the statement of financial activities</b>	<b>19,770</b>	<b>371,077</b>
Adjustments for		
Depreciation charges	-	-
Interest from investments	(14,668)	(8,918)
(Increase)/decrease in debtors	(133,102)	(53,976)
Increase/(decrease) in creditors	17,701	13,376
<b>Net cash generated /(used) in operating activities</b>	<b>(110,299)</b>	<b>321,559</b>
<b>Cash flows from investing activities</b>		
Interest from investments	14,668	8,918
<b>Net cash provided by/(used in) investing activities</b>	<b>14,668</b>	<b>8,918</b>
<b>Net increase/(decrease) in cash and cash equivalents</b>	<b>(95,631)</b>	<b>330,477</b>
Cash and cash equivalents at the beginning of the year	636,559	306,082
<b>Cash and cash equivalents at the end of the year</b>	<b>540,928</b>	<b>636,559</b>
<b>Check total</b>	<b>540,928</b>	<b>636,559</b>

## **1. Accounting policies**

### **a) Basis of preparation of financial statements**

- The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Companies Act 2006 and the Charities and Trustees Investment (Scotland) Act 2005.
- The Charity constitutes a public benefit entity as defined by FRS 102.
- The accounts include the balances and transactions of 30 of the Society's support groups.
- The preparation of the financial accounts requires the Society's management to make reasonable and prudent judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for income and expenses during the year. These judgements are detailed in these accounting policies.

### **b) Income**

Income is received by way of grants, donations and subscriptions. The income from fundraising ventures is shown gross in the period in which the event occurs, with the associated costs included in costs of raising funds. From time to time the Society receives donations of goods and services in kind and where there is a measurable material value to the Society, which can be ascertained with reliability, they are included as both income and expenditure. Equipment given for use by the Society is included as a donation at estimated value when received.

Legacy income is included in the period in which it is received, or, if earlier, the period in which the Society receives confirmation of entitlement and amount. If there is uncertainty as to the amount and timing of payment, the legacy is not recognised as income, but disclosed as a contingent asset.

Subscriptions are included in the accounts in the year in which they are received.

Revenue grants are credited to incoming resources on the date they are received or when they are receivable, unless they relate to a specific period, in which case they are deferred.

### **c) Expenditure**

Expenditure is recognised on an accruals basis and includes VAT which the charity cannot recover.

Direct expenditure on charitable activities is allocated to the Society's objectives in five streams of work.

Support costs are allocated to each of the charitable activities (and to the associated restricted funds) based on staff salary costs.

Costs of raising funds relate to expenditure incurred in approaching and facilitating people and organisations to contribute financially to the Society's work.

Grants payable are accounted for when paid or when the Society has, by communicating a commitment, created a valid expectation that it will make future payments.

Those costs shown as governance relate to the management of the Society's assets, organisational administration and compliance with constitutional and statutory requirements.



**d) Pension contributions**

The Society makes contributions to defined contribution personal pension schemes held by employees. Contributions are a percentage of gross salary and are charged to the same restricted or unrestricted funds, and in same the accounting periods, as the related salary costs.

**e) Tangible fixed assets**

Items of equipment are capitalised if their cost exceeds £1,000 and if they have an expected useful life of more than two years. Depreciation is then charged at a uniform rate over that life.

**f) Operating leases**

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are reflected in the Statement of Financial Activities on a straight-line basis over the period of the lease.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as stated by the donor. Expenditure which meets these criteria is charged to the fund.

Designated funds are unrestricted funds earmarked by the trustees for specific purposes.

Unrestricted funds are donations and other incoming resources receivable or generated for charitable purposes, in line with the objects of the Society, but not restricted to any specific activity.

**h) Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**Income and expenditure account**

A separate income and expenditure account has not been prepared as the figures comprising net income for the year shown in the Statement of Financial Activities give the information required under the Companies Act 2006, together with details of other recognised gains and losses.

2	Analysis of income and expenditure by charitable activity	2025		2024	
		Income £	Expenditure £	Income £	Expenditure £
	Awareness and best practice	-	116,340	-	80,660
	Support and information	14,314	156,015	55,040	164,875
	Research	-	3,752	-	-
	<b>Restricted Income and Expenditure on Charitable Activities</b>	<b>14,314</b>	<b>276,107</b>	<b>55,040</b>	<b>245,535</b>
	Unrestricted Income	391,026	-	626,437	-
	Fundraising Expenditure	-	126,460	-	75,741
	<b>Total Income and Expenditure</b>	<b>405,340</b>	<b>402,567</b>	<b>681,477</b>	<b>321,276</b>
	Income is analysed according to restrictions imposed by donors and funders.				
3	Net incoming resources	2025		2024	
		Income £	Expenditure £	Income £	Expenditure £
	Net incoming resources are stated after charging				
	Operating lease - land and buildings			17,047	16,492
	Independent examiner's fees			1,800	1,800

4	Total resources expended	Support costs £	Awareness & best practice £	Information & support £	Research £	Fundraising £	Total £
4A	<b>Year to March 2025</b>						
	Employment and training	79,361	64,061	45,292	2,348	56,182	247,244
	Premises and general overheads	46,513	-	1,838	-	-	48,351
	Printing and communications	5,570	5,055	6,019	-	779	17,423
	Independent examination and accountancy	1,800	-	-	-	-	1,800
	Conferences, meetings and travel	7,128	2,120	9,461	-	-	18,708
	Direct project costs	-	1,574	45,286	-	-	46,860
	Fundraising and prize draw expenses	-	-	-	-	22,181	22,181
	Grants awarded/(recovered)	-	-	-	-	-	-
	Apportioned support costs	(140,372)	43,531	48,119	1,404	47,318	-
	<b>Total</b>	-	<b>116,340</b>	<b>156,015</b>	<b>3,752</b>	<b>126,460</b>	<b>402,567</b>
4B	<b>Year to March 2024</b>						
	Employment and training	32,301	34,638	69,922	-	24,887	161,748
	Premises and general overheads	39,491	-	1,549	-	-	41,040
	Printing and communications	4,795	5,401	5,608	-	707	16,511
	Independent examination and accountancy	1,800	-	-	-	-	1,800
	Conferences, meetings and travel	4,142	4,028	1,242	-	-	9,412
	Direct project costs	-	15,446	45,029	-	3,298	63,773
	Fundraising and prize draw expenses	-	-	-	-	26,992	26,992
	Grants awarded/(recovered)	-	-	-	-	-	-
	Apportioned support costs	(82,529)	21,147	41,525	-	19,857	-
	<b>Total</b>	-	<b>80,660</b>	<b>164,875</b>	-	<b>75,741</b>	<b>321,276</b>



<b>5</b>	<b>Staff costs</b>	<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Salaries and wages	205,430	131,880
	Social security costs	15,941	8,662
	Pension contributions	8,743	6,808
		<b>230,114</b>	<b>147,350</b>
	Staff employed under service contracts	-	-
	Volunteers	1,838	-
	Other employment and training costs	16,793	16,198
	<b>Total employment and training costs</b>	<b>248,745</b>	<b>163,548</b>

The average number of employees during the year was 5.6 (2024: 3.6) of whom 4.8 (2024: 3.1) were full-time. No employee earned more than £60,000 during the year (2024: nil).

The Society contributes to defined contribution personal pension schemes. The assets of these schemes are held separately from those of the Society in independently administered funds. At 31<sup>st</sup> March 2025, the Society owed £1,404 (2024: £891) to these pension schemes.

## **6 Trustees' remuneration and expenses**

The trustees received no remuneration for their services (2024: nil). Three trustees (2023: four) were reimbursed £826 for travel expenses and other costs (2024: £811).

<b>7</b>	<b>Non-current assets</b>		
	Office equipment and fixtures		
			<b>£</b>
	Cost at 1 April 2024		22,317
	Additions		-
	<b>Cost at 31 March 2025</b>		<b>22,317</b>
	Depreciation at 1 April 2024		22,317
	Charge for the year		
	<b>Depreciation at 31 March 2025</b>		<b>22,317</b>
	Net book value at 1 April 2024		-
	<b>Net book value at 31 March 2025</b>		<b>-</b>
	<b>Investment in subsidiary</b>		
	Investment in Dystonia UK Ltd		1

<b>8</b>	<b>Debtors</b>		
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Prepayments	28,574	11,780
	Other debtors and accrued income	204,983	88,675
		<b>233,557</b>	<b>100,455</b>
<b>9</b>	<b>Cash at bank and in hand</b>	-	-
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Bank investment accounts	417,885	446,059
	Other bank and building society accounts	122,215	189,017
	Petty cash and groups	828	1,483
		<b>540,928</b>	<b>636,559</b>
		-	-
<b>10</b>	<b>Creditors: Amounts falling due within one year</b>		
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Taxation and social security costs	5,013	3,805
	Other creditors	18,507	15,046
	Accruals + Deferred Income	28,901	15,869
		<b>52,421</b>	<b>34,720</b>
<b>11</b>	<b>Commitments under operating leases</b>	-	-
		<b>2025</b>	<b>2024</b>
		<b>£</b>	<b>£</b>
	Office Lease + Service Charge	14,289	12,436



12A	Analysis of net assets between funds (2025)	Restricted funds £	Designated funds £	General funds £	Total funds £
	Fixed assets	-	-	1	1
	Current assets	167,911	410,000	196,574	774,485
	Creditors	(23,695)	-	(28,726)	(52,421)
		<b>144,216</b>	<b>410,000</b>	<b>167,849</b>	<b>722,065</b>
		-	-	-	-
12B	Analysis of net assets between funds (2024)	Restricted funds £	Designated funds £	General funds £	Total funds £
	Fixed assets	-	-	1	1
	Current assets	157,315	410,000	169,699	737,014
	Creditors	-	-	(34,720)	(34,720)
		<b>157,315</b>	<b>410,000</b>	<b>134,980</b>	<b>702,295</b>

**13. Contingent liabilities**

No contingent liabilities exist as of 31st March 2025 and the date of this Annual Report & Accounts

**14. Related party transactions**

There have been no related party transactions in the year ending 31st March 2025 (prior year nil)

**Dystonia UK is kids and adults with dystonia, carers and clinicians, fundraisers and families, medical professionals and our amazing members and supporters, all working side by side.**

**Dystonia UK  
89 Albert Embankment  
London  
SE1 7TP**

**020 7793 3651  
[www.dystonia.org.uk](http://www.dystonia.org.uk)**

Dystonia UK is the operating name of The Dystonia Society. The Dystonia Society is registered as a charity in England and Wales (1062595) and in Scotland (SC042127).