

THE DYSTONIA SOCIETY

**Report of the Trustees for the year ended 31 March 2022
(incorporating the Directors' Report)**

THE DYSTONIA SOCIETY

**A company limited by guarantee
Financial Statements
31 March 2022**

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

Contents	Page
Reference and administrative information	2
Report of the trustees	3 - 10
Independent examiner's report	11
Statement of financial activities	12
Balance sheet	13
Statement of cash flows	14
Notes to the financial statements	15 - 20

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

Reference and administrative information

Patron

Tully Kearney

Trustees and Directors

Daniel Berry	
Christopher Bradshaw	Chair
Timothy Gannicliffe	
Nick Morgan	From 1 st March 2021
Penny Ritchie Calder MBE	
Andrew Russell	From 1 st March 2021
Robert Semple	From 1 st March 2021
Ian Silvester	Resigned 14 th January 2022
Katie Wells	From 1 st March 2021
James Wishart	
Andy Young	Resigned 20 th June 2021

Secretary

Roger Edmonds FCA

Medical Advisers

Prof. Mark Edwards
Mr. Daniel Ezra
Ms. Lucy Hicklin
Dr Jean-Pierre Lin
Dr. Marie-Helene Marion
Dr. Kathryn Peall
Prof. Tom Warner

Registered Office

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Independent Examiner

Michael Williams ACA
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Sutton Coldfield
B76 1DG

Bankers

CAF Bank
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West Malling
Kent ME19 4TA

Bank of Scotland
14/16 Cockspur Street
London SW1Y 5BL

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

The trustees, who are also the directors of the company, submit their report and the financial statements of The Dystonia Society ("the Society") for the year ended 31 March 2022 on the basis of the accounting policies set out in Note 1 to the financial statements, and comply with the requirements of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial reporting Standard in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) (Charities SORP, FRS102). The reference and administrative information on the previous page forms part of this report.

Principal Objective

The Society was established to promote the welfare of people who living with any form of the neurological movement disorder known as dystonia. The Society aims to do this by providing information and support, promoting awareness of the disorder and by supporting research. It does this on a national level and through its network of local support groups.

Review of Activity

We exist to give hope and support to those living with dystonia. Creating UK and worldwide awareness.

Under our operating name of Dystonia UK, we are the only national charity dedicated to supporting people with dystonia throughout the UK. During the last year and in spite of the continuing impact that the Covid-19 pandemic had on our activities, we have made significant progress in developing the charity to meet the needs of both members and the wider dystonia community. This has included:

- Providing support and information to the dystonia community
- Developing our website, especially to include a section on Frequently Asked Questions
- Working with partners to ensure that clinical services meet the needs of people living with dystonia
- Developing our Reach Out Reach All programme with webinars, podcasts and a further episode of Dystonia Animated for children
- Creating mutually beneficial partnerships with the major providers of pharmaceuticals and medical devices for the treatment of dystonia
- Enhancing online fundraising and awareness raising
- Ensuring that the voice of the dystonia community is heard as part of policy developments in the NHS

Covid-19 pandemic

The pandemic has directly affected the way in which we can operate as a charity for a second year. Events have been postponed as they were either not allowed by restrictions or not safe for people with dystonia. These restrictions continued to have an impact on our fundraising as challenge events such as marathons were cancelled and the many smaller activities within groups could not take place.

Our staff continue to work from home most of the time. Virtual meetings using Zoom are the norm, both within the staff team and with our partner organisations. Trustee meetings also take place using Zoom.

Ensuring Dystonia Matters

As the only UK-wide charity representing people living with dystonia, Dystonia UK uses its influence to get the best possible support, care and treatment, and to make their voice heard. Our policy work and

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

medical network are an important part of helping to raise awareness of dystonia at governmental and national level. Some of the key work in which we have been involved is summarised below:

- British Paediatric Neurology Association training survey launched to gather insights into the impact of paediatric consultant neurologists.
- 'NeuroLifeNow' findings, included experiences of people with dystonia, was shared with ministers at the Department of Health and Social Care. 'NeuroLifeNow' is a social research platform owned by The Brain & Spine Foundation in collaboration with the Neurological Alliance. Early data was also presented to nearly 100 health and care professionals and NHS managers working in neurological services and shared with the NHS England and NHS Improvement outpatient and neuroscience transformation teams.
- We ensured the updated 'Suspected Neurological Conditions Quality Standard' published by NICE (The National Institute for Health and Care Excellence) featured the recognition of dystonia symptoms.
- National Voices 'Unlocking the digital front door – keys to inclusive healthcare' report launched featured case studies from people with dystonia.
- The Neurological Alliance's 'Clearing the backlog caused by the pandemic' report was published after consultation with Dystonia UK and input from our medical advisers.
- We presented to around 100 clinicians, many of whom specialise in movement disorders, at the British Neurotoxin Network's annual meeting, highlighting the feedback that we receive from people about issues with injection clinics and access to treatment.
- The Neurological Alliance of Scotland report on virtual consultations featured feedback from Dystonia UK.
- We participate in the organisation of the Neurological Alliance's 'My Neuro Survey', the UK's largest survey of people living with neurological conditions. We will analyse information from the hundreds of people living with dystonia to shape our policy work in the future.
- We provided evidence for the report 'Building the foundations for change: The impact of the Welsh Government's Neurological Delivery Plan – A cross-party Group on Neurological Conditions Inquiry'.
- Dystonia UK provided examples of how people living with dystonia experience integration in health and social care with the Department of Health and Social Care and No.10 policy unit.
- We continue to be involved in development work with the National Neuro Advisory Group for a new movement disorder optimum clinical pathway.
- We have provided input to the Disability Benefits Consortium legal challenge against the Department for Work and Pensions regarding discrimination against disabled people during the pandemic and also responses to 'Shaping Future Support: The Health and Disability Green Paper'.

Raising the voice of the dystonia community is of vital importance. Too often we hear that delays in diagnosis and treatment or support in education and employment are due to a lack of knowledge and understanding of the condition in its many forms. Our members provide valuable support by responding to surveys and giving their personal stories to provide evidence for the need for change.

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

Reach Out Reach All

Our programme to improve and modernise the information and advice available for people with dystonia continues to grow and develop. We aim to make information as accessible as possible to people by using a variety of different channels – online, in print and in person.

Our updated website has become the primary source of information for people looking for information about dystonia. It provides a platform on which people are able to search for information, see videos and listen to podcasts. During the year we have added a section of Frequently Asked Questions. Since they launched in July 2021 there have been over 6,800 views of our FAQs. The top three most viewed questions are: What should I do if I think I have dystonia? Who can I talk to for support? and Can I drive with dystonia?

Our webinars enable people to access up to date information without the need to attend conferences or in-person events. Where people can access these in real time there is also an opportunity to put questions to our experts. They are also available on our website and YouTube channel to view later. We have now hosted seven webinars in our Reach Out Reach All series:

- Dystonia During The Pandemic with Dr Marie-Helene Marion
- Taking Control Of Your Dystonia – A Physiotherapy Focus with Richmond Stace and Sally Glover
- Your Questions Answered: 2 sessions with Prof Mark Edwards
- Understanding Personal Independence Payments with Janet Ireland from The Brain Charity
- Your Questions Answered: Dr Tom Gilbertson live from Dundee as part of Dystonia Awareness Month
- Your Questions Answered – A kids, carers and families edition with Dr Dan Lumsden and Mr John Ellenbogen

And some fun sessions – our Strictly Specials with John Whaite and Fun Fitness Special led by Tennis No Boundaries

In our **Dystonia Matters Podcasts**, people with dystonia and their families can share their stories in their own words as well as offering useful tips for their listeners. There are now 6 podcasts in the series:

- Episode 1: Faces Of The Dystonia Community – Louise, Katie and Andy
- Episode 2: Working With Dystonia – Gemma and Nick
- Episode 3: Parents and carers – Sylvia, Neil and Julie
- Episode 4: Fundraising brings communities together – Tim, Bethany and DK
- Episode 5: Awareness raising – Karl, Sarah, Graham and Carol
- Episode 6: Dystonia and mental health – Lucy and Dylan

We are continuing to develop the acclaimed Dystonia Animated series, a new animation for children about dystonia, treatment in childhood and transitioning to adulthood for both treatment and educational support.

- Episode 1: Dani Explains Dystonia was launched at our online conference Dystonia Matters Digital: For Kids, Carers & Families in March 2021.
- Episode 2: Charlie at the Children's Hospital was launched in Liverpool as part of Dystonia Awareness Month in September 2021.

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

Dystonia Animated relies entirely on the support of grants to fund production costs. The first two episodes have been funded by grants from the Coronavirus Community Support Fund (distributed by the National Lottery Community Fund), and from our industry supporters Merz, Boston Scientific and IPSEN. It is great to have the pharmaceutical and medical device companies supporting the dystonia community in this way.

Brand new booklets have been developed for distribution to clinics as well as supporting our awareness raising activities. Like other clinical information, these are all reviewed by our medical advisers before publication. The first of these has already been issued. The booklets help people living with dystonia at different stages of their journey:

- "What Is Dystonia" includes an overview of dystonia symptoms, causes, and the different forms and types of dystonia.
- "Just Diagnosed with Dystonia" offers practical information for those who have been recently diagnosed including where to find support.
- "Treatments For Dystonia" provides an overview of the main treatments used to help manage dystonia.

Fundraising

We continue to be supported by many loyal members and donors along with several charitable trusts and foundations. This support creates a base on which we can build our other fundraising initiatives. Fundraising not only provides the essential funds to enable us to operate but also enables us to increase awareness of dystonia.

Over the last year, many activities were still restricted due to Covid-19. However, some events were possible including a cycle ride from Land's End to John O'Groats, the Great North Run, London and Belfast Marathons, and a fantastic swim from Gosport to Ryde on the Isle of Wight by the Solent Dolphins. Our own community events have been developed to provide fundraising opportunities throughout the year from 'Picnic and Play' in late spring, 'Dystonia Around The World' in summer, and 'One4all' in the winter.

Research

Although no new research funding has been granted this year, we have received a significant legacy for research into blepharospasm. During the next year, we will be reviewing how best to utilise these funds.

In addition to financial support, we also highlight research activities for which clinicians and academics are recruiting patients. such as a virtual reality project at UCL, and we are supporting a service study by neurologists on the effects of the lockdown and delays in injection cycles on patients. This is an observation study using established survey forms coordinated by the Walton Centre in Liverpool.

Staff and Trustees

The loyalty and commitment of our staff is greatly appreciated. They are a highly motivated team with dedication to the needs of people with dystonia. Due to the on-going Covid-19 restrictions during the year, everyone has continued working from home.

Senior staff report on a day to day basis to the Chair of Trustees, with other trustees being actively involved in supporting our work in responding to enquiries, engaging with strategic partners, supporting groups, fundraising and administration. Without this commitment, given the small number of employed staff, we could not achieve our objectives.

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

Plans for the coming year

Our aim to continue building on what we have achieved over the last two years.

Awareness raising and lobbying for change – building on our collaboration with the neurological alliances and other charities to ensure that the voice of people with dystonia is recognised by health commissioners, providers, government and other agencies. This is especially important changes take place in the structure of the NHS in England with the development of Integrated Care Systems and Primary Care Networks.

Reach Out Reach All – ensuring that our resources are relevant and accessible to the whole dystonia community. We will continue producing information in a variety of formats to support people with dystonia. This will include further webinars and podcasts, new animations aimed at children with dystonia, further information leaflets for use in hospital clinics as well as responding to enquiries, and updating our website with additional information.

Social networks - we will work with group leaders and coordinators so that they can support the charity's work better at a local level. We will continue the development of social media for networking and sharing information.

Research - we aim to make a call for a new research proposal into blepharospasm using the restricted legacy that has been received.

Financial Review

Our financial position for the year ending 31st March 2022 was a surplus of £30,774 compared to a surplus of £111,875 in the previous year. Income was £293,052 (2021: £421,975). Reduced income was mainly due to lower legacy income and the grant from the National Lottery Community Fund (NLCF) in 2021 not being repeated. The latter also led to lower expenditure of £262,278 (2020 £310,100).

Fundraising continues to be challenging, but the impact that we have achieved from our new initiatives will, we hope, demonstrate the benefit of grants and donations. We will continue to promote the welfare of those living with the impact of dystonia and those who support them. To do this, we need to ensure our income streams enable us to operate at break-even financially without reliance on legacy income and the trustees have agreed a budget on this basis which depends on improvement in fundraising from charitable trusts, foundations and corporate sponsorship as well as the continued support of our many members and supporters. Trustees consider that increased income is realistically attainable as it is less than was achieved historically. Nevertheless, they will continue to monitor this income closely and to take action to ensure that reserves are sufficient to ensure that the charity can meet its obligations as they fall due.

Reserves

The trustees feel it is prudent to maintain the Society's general unrestricted reserves at a level sufficient to cover commitments such as property rental, creditors and other liabilities and to reflect the relative uncertainty of income and potential restrictions on its use. The level of reserves is reviewed monthly in conjunction with the trustees' review of the financial position. The trustees have not designated any of the unrestricted reserves for specific future activities.

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

The level of unrestricted reserves at 31st March 2022 represented 94% of expenditure in the year (2021 104%). We would expect reserves to continue to reduce unless further significant legacy income were to be received.

Certain grants and donations received by the Society are given for specific projects or initiatives. Funds held in respect of these activities are carried forward if they are unspent or uncommitted. At 31st March 2022, funds of £117,733 were carried forward (2021: £56,741) following receipt of a significant restricted legacy.

Investment Policy

The Society does not have sufficient resources to make long term investments. Surplus funds are held in deposit facilities however interest rates on such facilities are currently very low.

Structure, Governance and Management

The Society is a company limited by guarantee and is registered with the Charity Commission (Number 1062595) and with the Office of the Scottish Charity Regulator (SC042127). It is constituted by its Memorandum and Articles of Association. In the event of the insolvency of the Society, members can be asked to pay a maximum of £10 towards any unpaid debt.

Control of The Dystonia Society is vested in the trustees, each of whom is a member of the Society. All decisions are made by the board of trustees, and at the present time no sub-committees are in operation.

Existing trustees encourage potential trustees to stand for election to maintain an appropriate balance of skills and experience. Where specific skills are needed the recruitment of potential trustees may be expanded to look beyond the current membership. Where there are more candidates than vacancies, trustees are elected by the members at an AGM or by a postal ballot. Trustees serve for a three-year term and then stand for re-election. A minimum of a third of the trustees stand for re-election each year. If less than a third of the trustees are due for re-election, then those nearest to the expiry of their term stand for re-election. Trustees serve for a maximum of three terms. A trustee may be appointed by the Board if a vacancy becomes available during the financial year and the trustee would then stand for re-election at the year end. The maximum number of trustees is twelve and the minimum is three. We aim to give new trustees a programme of induction and training. Further training is available when required and relevant.

Risk

The trustees identify and review the major risks to which the Society is exposed and have established appropriate systems to anticipate further risks that may arise. The trustees consider that implementation of agreed actions and procedures will significantly reduce the probability and impact of these risks.

The most recent review identified the key risk to be its ability to achieve sufficient fundraising in light of the Covid-19 pandemic and therefore maintain financial sustainability. The Society undertakes careful monitoring of its projected cash flows and levels of reserves so that it can meet its financial duties.

Public Benefit

The trustees have referred to the Charity Commission's guidance on public benefit, and the guidance "Meeting the Charity Test" published by the Office of the Scottish Charity Regulator, when reviewing their aims and objectives, and planning the Society's future activity.

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

Statement of trustees' responsibilities

The trustees (who are also directors of the Society for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (UK Generally Accepted Accounting Practice (UK GAAP)).

Company law requires the trustees to prepare financial statements for each financial year. Under that law the trustees have elected to prepare the financial statements in accordance with UK GAAP. Under company law, the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Statement of Recommended Practice "Accounting and Reporting by Charities"
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business

The trustees are responsible for keeping adequate accounting records which are sufficient to show and explain the charitable company's transactions and which disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 and the charity's constitution. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware

- There is no relevant information of which the charitable company's independent examiner is unaware
- The trustees have taken all steps that they ought to have taken to make themselves aware of any relevant information and to establish that the independent is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

THE DYSTONIA SOCIETY

Report of the Trustees for the year ended 31 March 2022 (incorporating the Directors' Report)

Small company exemption

This report has been prepared in accordance with the special provisions for small companies under Section 15 of the Companies Act 2006.

Thanks

HRH Princess Alexandra discontinued many of her patronages during the year, including that of The Dystonia Society. We appreciate the support that she has given over many years and wish her well for the future.

We are very grateful indeed to the Society's staff team, volunteers, donors and fundraisers, to the charitable trusts, corporate partners that have given grant funding, and to clinicians and other professionals who have attended meetings during the year, donating their time and expertise. Their support is very much appreciated by our members.

Approval

This report was approved by the Board of Trustees on 4th August 2022 and signed on its behalf by



Chris Bradshaw

Chair of Trustees

THE DYSTONIA SOCIETY

Independent Examiner's Report to the trustees of The Dystonia Society ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

The Company's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales (ICAEW).

I have completed my examination. I confirm that no material matter has come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act; or
- the accounts do not accord with such records; or
- the accounts do not comply with the relevant accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Michael A Williams

Michael A Williams
Chartered Accountant
30 Retford Drive
Sutton Coldfield
West Midlands
B76 1DG

Date: *21 December 2022*

THE DYSTONIA SOCIETY

Statement of financial activities for the year ended 31 March 2022

	Notes	Restricted funds	General funds	Total 2021/22	Restricted funds	General funds	Total 2020/21
		£	£	£	£	£	£
Income from							
Donations and subscriptions		670	142,364	143,034	565	133,988	134,553
Grants	15	20,000	44,800	64,800	80,500	42,894	123,394
Legacies and in memoriam gifts		66,488	16,055	82,543	355	161,458	161,813
Total donations, subscriptions, grants and legacies	3	87,158	203,219	290,377	81,420	338,340	419,761
Other trading activities		0	2,644	2,644	0	2,167	2,167
Investments		0	31	31	0	48	48
Total income		87,158	205,894	293,052	81,420	340,555	421,975
Expenditure on							
Raising funds	5	0	54,210	54,210	0	53,896	53,896
Charitable activities	3, 15	26,167	181,901	208,068	67,866	188,338	256,204
Total expenditure		26,167	236,111	262,278	67,866	242,234	310,100
Net income/(expenditure)	7	60,991	-30,217	30,774	13,554	98,321	111,875
Transfers between funds		0	0	0	-684	684	0
Net movement in funds		60,991	-30,217	30,774	12,870	99,005	111,875
Reconciliation of funds							
Total funds brought forward		56,741	252,066	308,807	43,871	153,061	196,932
Total funds carried forward	14	117,732	221,849	339,581	56,741	252,066	308,807

THE DYSTONIA SOCIETY

Balance sheet at 31 March 2022

	Notes	31 March 2022	31 March 2021
		£	£
Non-current assets			
Tangible fixed assets	8	0	0
Investment in subsidiary company	8	1	1
Current assets			
Debtors	9	17,526	34,778
Cash at bank and in hand	10	341,905	307,891
		<u>359,431</u>	<u>342,669</u>
Creditors: amounts falling due within one year	11	<u>-19,851</u>	<u>-33,863</u>
Net current assets		<u>339,580</u>	<u>308,806</u>
Net assets		<u><u>339,581</u></u>	<u><u>308,807</u></u>
Represented by			
General funds		252,066	153,061
I&E		-30,217	99,005
Designated funds	15	0	0
Total unrestricted funds		<u>221,849</u>	<u>252,066</u>
Restricted funds	15	<u>117,732</u>	<u>56,741</u>
Total funds	13	<u><u>339,581</u></u>	<u><u>308,807</u></u>

The Trustees are satisfied that the Charitable Company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

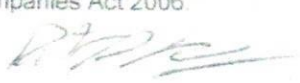
The Trustees acknowledge their responsibilities for

- (i) ensuring that the charitable company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its results for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions for Small Companies under Part 15 of the Companies Act 2006.



Chris Bradshaw
Chair



Robert Semple
Trustee

THE DYSTONIA SOCIETY

Statement of cash flows for the year ended 31 March 2022

	2022 £	2021 £
Net income/(expenditure) as per the statement of financial activities	30,774	111,875
Adjustments for		
Depreciation charges	0	1,146
Interest from investments	-31	-48
(Increase)/decrease in debtors	17,252	-29,799
Increase/(decrease) in creditors	-14,012	6,974
Net cash generated /(used) in operating activities	33,983	90,148
Cash flows from investing activities		
Interest from investments	31	48
Purchase of equipment	0	0
Net cash provided by/(used in) investing activities	31	48
Net increase/(decrease) in cash and cash equivalents	34,014	90,196
Cash and cash equivalents at the beginning of the year	307,891	217,695
Cash and cash equivalents at the end of the year	341,905	307,891
Check total	341,905	307,891

THE DYSTONIA SOCIETY

Notes to the financial statements for the year ended 31 March 2022

1 Accounting policies

a) Basis of preparation of financial statements

- The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Companies Act 2006 and the Charities and Trustees Investment (Scotland) Act 2005.
- The Charity constitutes a public benefit entity as defined by FRS 102.
- The accounts include the balances and transactions of 30 of the Society's support groups.
- The preparation of the financial accounts requires the Society's management to make reasonable and prudent judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for income and expenses during the year. These judgements are detailed in these accounting policies.

b) Income

Income is received by way of grants, donations and subscriptions. The income from fundraising ventures is shown gross in the period in which the event occurs, with the associated costs included in costs of raising funds. From time to time the Society receives donations of goods and services in kind and where there is a measurable material value to the Society, which can be ascertained with reliability, they are included as both income and expenditure. Equipment given for use by the Society is included as a donation at estimated value when received.

Legacy income is included in the period in which it is received, or, if earlier, the period in which the Society receives confirmation of entitlement and amount. If there is uncertainty as to the amount and timing of payment, the legacy is not recognised as income, but disclosed as a contingent asset.

Subscriptions are included in the accounts in the year in which they are received.

Revenue grants are credited to incoming resources on the date they are received or when they are receivable, unless they relate to a specific period, in which case they are deferred.

c) Expenditure

Expenditure is recognised on an accruals basis and includes VAT which the charity cannot recover.

Direct expenditure on charitable activities is allocated to the Society's objectives in five streams of work.

Support costs are allocated to each of the charitable activities (and to the associated restricted funds) based on staff salary costs.

Costs of raising funds relate to expenditure incurred in approaching and facilitating people and organisations to contribute financially to the Society's work.

Grants payable are accounted for when paid or when the Society has, by communicating a commitment, created a valid expectation that it will make future payments.

Those costs shown as governance relate to the management of the Society's assets, organisational administration and compliance with constitutional and statutory requirements.

d) Pension contributions

The Society makes contributions to defined contribution personal pension schemes held by employees. Contributions are a percentage of gross salary and are charged to the same restricted or unrestricted funds, and in same the accounting periods, as the related salary costs.

THE DYSTONIA SOCIETY

Notes to the financial statements for the year ended 31 March 2022

e) Tangible fixed assets

Items of equipment are capitalised if their cost exceeds £1,000 and if they have an expected useful life of more than two years. Depreciation is then charged at a uniform rate over that life.

f) Operating leases

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are reflected in the Statement of Financial Activities on a straight-line basis over the period of the lease.

g) Fund accounting

Restricted funds are to be used for specific purposes as stated by the donor. Expenditure which meets these criteria is charged to the fund.

Designated funds are unrestricted funds earmarked by the trustees for specific purposes. Unrestricted funds are donations and other incoming resources receivable or generated for charitable purposes, in line with the objects of the Society, but not restricted to any specific activity.

h) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2 Income and expenditure account

A separate income and expenditure account has not been prepared as the figures comprising net income for the year shown in the Statement of Financial Activities give the information required under the Companies Act 2006, together with details of other recognised gains and losses.

THE DYSTONIA SOCIETY

Notes to the financial statements for the year ended 31 March 2022

Analysis of income and expenditure by charitable activity

	2022		2021	
	Income	Expenditure	Income	Expenditure
	£	£	£	£
Awareness and best practice		42,436	0	60,121
Support and information	20,670	151,503	81,420	173,997
Research	66,488	0	0	6,451
Restricted Income and Expenditure on Charitable Activities	87,158	193,939	81,420	240,569
Unrestricted Income	205,894		340,555	
Fundraising Expenditure		68,339		69,531
Total Income and Expenditure	293,052	262,278	421,975	310,100

Income is analysed according to restrictions imposed by donors and funders.

Net incoming resources

	2022	2021
	£	£
Net incoming resources are stated after charging		
Operating lease - land and buildings	21,230	21,976
Independent examiner's fees	1,500	1,500

Total resources expended

	Support costs	Awareness & best practice	Information & support	Research	Fundraising	Total
	£	£	£	£	£	£
Year to March 2022						
Employment and training	16,828	30,147	70,296	-	39,188	156,459
Premises and general overheads	33,119	76	-	-	-	33,195
Printing and communications	-	2,451	3,513	-	-	5,964
Independent examination and accountancy	2,640	-	-	-	-	2,640
Conferences, meetings and travel	1,638	-	-	-	-	1,638
Direct project costs	-	557	45,999	-	-	46,556
Fundraising and prize draw expenses	-	432	373	-	15,022	15,827
Grants awarded/(recovered)	-	-	-	-	-	-
Apportioned support costs	-	8,773	31,322	-	14,129	0
Total	54,225	42,436	151,503	-	68,339	262,278
Year to March 2021						
Employment and training	28,269	40,954	61,031	-	35,940	166,194
Premises and general overheads	39,355	-	-	-	-	39,355
Printing and communications	-	4,895	2,664	-	-	7,559
Independent examination and accountancy	1,867	-	-	-	-	1,867
Conferences, meetings and travel	241	-	-	-	-	241
Direct project costs	-	753	71,176	-	-	71,929
Fundraising and prize draw expenses	-	-	-	-	17,956	17,956
Grants awarded/(recovered)	-	-	-	5,000	-	5,000
Apportioned support costs	69,732	13,519	39,127	1,451	15,635	-
Total	69,732	60,121	173,998	6,451	69,531	310,100

THE DYSTONIA SOCIETY

Notes to the financial statements for the year ended 31 March 2022

6	Staff costs	2022	2021
		£	£
	Salaries and wages	138,856	140,424
	Social security costs	9,121	9,833
	Pension contributions	6,018	7,370
		153,995	157,627
	Staff employed under service contracts	-	-
	Other employment and training costs	-	59
	Total employment and training costs	153,995	157,686

The average number of employees during the year was 4.1 (2021: 4.2) of whom 3.2 were full-time. The full-time equivalent was 3.9 (2021: 3.7). No employee earned more than £60,000 during the year (2021: nil). The total of employee benefits paid to key management personnel in respect of their key management activities was £17,000 (2021: £17,000).

The Society contributes to defined contribution personal pension schemes. The assets of these schemes are held separately from those of the Society in independently administered funds. At 31st March 2022, the Society owed £983 (2021: £962) to these pension schemes.

7 Trustees' remuneration and expenses

The trustees received no remuneration for their services (2021: nil). No trustees (2021: nil) were reimbursed for travel expenses and other costs (2021: nil).

8	Non-current assets	
	Office equipment and fixtures	
		£
	Cost at 1 April 2021	22,317
	Additions	-
	Cost at 31 March 2022	22,317
	Depreciation at 1 April 2021	22,317
	Charge for the year	
	Depreciation at 31 March 2022	22,317
	Net book value at 1 April 2021	-
	Net book value at 31 March 2021	-
	Investment in subsidiary	
	Investment in Dystonia UK Ltd	1

THE DYSTONIA SOCIETY

Notes to the financial statements for the year ended 31 March 2022

9	Debtors	2022	2021	
		£	£	
	Prepayments	10,028	9,498	
	Other debtors and accrued income	7,498	23,952	
		17,526	33,450	
10	Cash at bank and in hand	2021	2021	
		£	£	
	Bank investment accounts	186,078	226,046	
	Other bank and building society accounts	153,679	79,493	
	Petty cash and groups	2,148	2,352	
		341,905	307,891	
11	Creditors: Amounts falling due within one year	2021	2021	
		£	£	
	Taxation and social security costs	3,406	3,811	
	Other creditors	13,403	18,407	
	Accruals	3,042	11,645	
		19,851	33,863	
12	Commitments under operating leases	2021	2021	
		£	£	
		14,363	33,176	
13	Analysis of net assets between funds	Restricted funds	General funds	Total funds
		£	£	£
	Fixed assets	-	1	1
	Current assets	117,732	241,699	359,431
	Creditors	-	19,851	-19,851
		117,732	221,849	339,581

14. Contingent liabilities

No contingent liabilities exist as of 31st March 2022 and the date of this Annual Report & Accounts.

THE DYSTONIA SOCIETY

Notes to the financial statements for the year ended

31 March 2022

15 Activity on restricted funds						
		Opening balance	Income	Transfers	Expenditure	Closing balance
		£	£	£	£	£
Awareness and best practice		3,000	-	-	0	3,000
Information and support		38,640	20,670	-	-26,167	33,144
Research		15,100	66,488	-	0	81,588
		56,740	87,158	0	-26,167	117,731

16 Related party transactions

There have been no related party transactions in the year ending 31st March 2022 (prior year nil).