

NORTH STAFFS CARERS ASSOCIATION

England & Wales · Charity number 1062548

Details

Status Registered

Legal form Charitable company

Company number [03313461](#)

Registered 1997-05-29

Register [View on the Charity Commission register](#)

Contact

Address North Staffs Carers Association
Suite 11 & 12
Trent House
234 Victoria Road
Stoke-On-Trent

Phone 01782793100

Email info@carersfirst.com

Website www.carersfirst.com

Activities

Objects: THE RELIEF GENERALLY OR INDIVIDUALLY OF THE NEED, HARDSHIP OR DISTRESS OF INFORMAL CARERS AND THOSE FOR WHOM THEY CARE

Activities: North Staffs Carers exists to benefit Informal Carers of all ages by: Offering support to Carers Enlightening professionals about Carers Aiding communication between Service Providers, Planners and Carers

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Staffordshire
- Stoke-on-trent City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£534,305	£503,060	£331,160	12
2024-03-31	£460,551	£420,416	-	-
2023-03-31	£417,294	£378,250	-	-
2022-03-31	£354,317	£386,841	-	-
2021-03-31	£198,098	£278,350	-	-

Trustees

Name	Role	Appointed
Christine Warren		2018-08-28
Dr CHRISTINA M DUDSON		
LINDA HAILSTONES		2015-09-24
Neil Chadwick		2019-04-19
PATRICIA HIGGINS		2013-02-05
PETER HAILSTONES		2015-09-24

NORTH STAFFS CARERS ASSOCIATION

England & Wales - Charity number 1062548

Accounts

Company registration number: 03313461

Charity registration number: 1062548

North Staffs Carers Association

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2025

Daryl Denson ACMA
VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

North Staffs Carers Association

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9 to 10
Balance Sheet	11
Notes to the Financial Statements	12 to 24

North Staffs Carers Association

Reference and Administrative Details

Trustees	Patricia Higgins Neil Chadwick Christine Warren Martin Blakemore Caroline Elson
Secretary	Julie Boon
Senior Management / Leadership Team	Julie Boon, Chief Officer Anna Capper, Deputy Chief Officer
Charity Registration Number	1062548
Company Registration Number	03313461
Registered Office	The charity is incorporated in England. Suite 11 - 12 Trent House 234 Victoria Road Fenton Stoke-on-Trent ST4 2LW
Independent Examiner	Daryl Denson ACMA VAST The Dudson Centre Hope Street Hanley Stoke-on-Trent ST1 5DD
Bankers	Co-operative Bank

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2025.

Objectives and activities

Objects and aims

North Staffs Carers exists to benefit Informal Carers of all ages by:

- o Offering support to Carers
- o Enlightening professionals about Carers
- o Aiding communication between Service Providers, Planners and Carers

o Offering support to Informal Carers involves:

- Providing information, training and ongoing emotional support to Carers of all ages, confidentially and in an appropriate manner.

o Enlightening professionals about Informal Carers involves:

- Offering information and training to groups or agencies who come into contact with Carers

o Aiding communication between Service Providers, Planners and Informal Carers involves:

- Facilitating communication and consultation between Carers and the Purchasers and Providers of Services.
- Seeking and representing the views of Carers on the planning and delivery of services

Objectives, strategies and activities

Services provided by the Association continue to be appreciated and needed by Carers. Our services consist of: Support Services, achieved, in the main, through telephone, a Drop-in facility and Case Workers. The Carers' Noticeboard and leaflets are an invaluable source of information to Carers and a useful resource for practitioners. Demand for the leaflets and up to date information continues to grow.

Young Carers projects continue to provide age related activities, groups and outings supporting each Young Carer with their individual needs whilst continuously encouraging them to meet their aspirations whilst having a life outside the caring role.

Adult Services have continued to provide a much needed support programme for Carers, some of whom are entering a crisis situation. The service allowed Carers to have a tiered service for the varying stages of the caring role from crisis moving onto group work and finally a befriending service.

Public benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Charity Commission for England and Wales, in exercising their powers or duties by continuing to strive to ensure that the opportunity to benefit informal, unpaid Carers in the North Staffordshire area by offering the Carers information, training and ongoing support, in the most appropriate way, to Carers of all ages, ensuring that each case is treated in a confidential manner via the Significant Activities listed. North Staffs Carers Association offers information and training to professionals who come into contact with informal Carers and look to facilitate communication and consultation between informal Carers and purchasers and providers of services. North Staffs Carers Association seek and represent the views of informal Carers on the planning and delivery of services, and continues to strive to identify and implement opportunities to improve the service to Carers.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Achievements and performance

Young Carers

During this year financial year we have continued to work closely with Young Carers, providing a holistic family approach around the much needed services and support for Young Carers and their families across North Staffordshire. This has been achieved through the All Age Carers Support Service (SOT City Council) and The Noel Sweeney Foundation which came to an end December 2024.

The Young Carers Team supports Young Carers on a one to one basis, offer support within schools and colleges, with a counselling service for those Young Carers needing more in depth emotional support. The team also offers a selection of fun activities and age appropriate training sessions.

When a Young Carer is referred into North Staffs Carers and they need one to one support they are assigned a named support worker who works closely with them working through the Health and Wellbeing one to one Sessions. The support worker will identify family strengths as well as difficulties and challenges facing the Young Carer as a result of their caring role. Working with the family, putting in place positive actions and interventions in order to ensure that the identified needs are addressed and will work with the Young Carer and their family to resolve these needs.

As part of our Young Carers support we have a Young Carers Counsellor who has offered a specialised counselling service for more complex and deep rooted Carer issues and gives the Young Carers the chance to speak confidentially and openly to someone outside the family. Young Carers received a course of 6 counselling sessions which has helped to reduce anxieties through empathetic listening, exploring opportunities, coping strategies, knowledge and empowerment to increase confidence, feelings of control therefore leading to improved mental health and wellbeing. Over the last 12 months we have offered 196 one to one specialised counselling sessions for more complex and deep rooted Carer issues to Young Carers.

In addition to the above, Young Carers have benefitted from short breaks from their caring responsibilities giving Young Carers a chance for them to be children, improve their confidence, physical and emotional wellbeing, life skills and provide opportunities to form friendships, and gain peer-to-peer support in a timely manner.

Awareness Raising Sessions remain an important part of the team's work. The Young Carers Team visit schools and colleges in which pupils attend wellbeing sessions and previously unknown Young Carers have the opportunity to identify themselves.

Along with the awareness raising sessions we attend parents evenings, open days and events to promote our support and services that are provided for the Young Carer and their family. Each school has a Young Carers Champion who we work with to provide information and support to Young Carers. Posters and leaflets are left in every school and college we attend.

Young Carers have had the opportunity to go camping, attended Halloween and Christmas parties, many trips and activities during the summer holidays as well as attending weekly groups which have been facilitated by North Staffs Carers, Stoke City Community Trust and the YMCA.

The Young Carers team continue to developed excellent working relationships with the Young Carers Assessment Team, along with professionals and other agencies.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Adult Projects

During the last financial year we have continued to be funded by Stoke-on-Trent City Council and Stoke CCG for the All Age Carers Support Service and Know Your Neighbourhood for our Community Group Support Champions which came to an end in March 2024.

We were also successful in being awarded funding for two projects from the National Lottery for our Carers Wellbeing Support Service and The Henry Smith Charity for our Supporting Connections for Carers project. Stoke-on-Trent City Council also awarded us with Wonde Vouchers from the Household Support Fund to cover the period from April 2024 to the end of March 2025 which has enabled us to financially help 243 Young and Adult Carers with additional support through supermarket vouchers.

In addition, we were also successful in obtaining funding from Awards for All for our My Next Steps project which supports Younger Adult Carers.

North Staffs Carers has worked with unpaid Carers and their families supporting and focusing on key areas working alongside Carers throughout the whole of their caring journey putting Carers needs first.

Our Adult Carers team has been extremely busy throughout the year providing seamless support tailored to Carers individual needs. The team have ensured that Carers are at a lower risk of reaching crisis point by providing up to date, relevant information, guidance and support enabling Carers to be better informed in continuing in their caring role, giving the Carer peace of mind as to what direction they need to take and the confidence that they are doing the right thing by their loved one. They encourage Carers to have a voice and feel listened to, helping them to feel confident, empowered and strong in their abilities as a Carer whilst highlighting the importance of emotional, practical, financial support and information to enable Carers to live well whilst caring.

By accessing the projects and support Carers have experienced improved mental health, socialisation, inclusion and peer support, with friendships being made. Changes have also been made with a reduction in social isolation and loneliness with Carers feeling better able to cope and manage the demands of their caring roles, therefore less likely to become physically and emotionally unwell.

The Adult Carers team continue to work closely with many partner organisations in order to provide a holistic support network for Carers reducing duplication in service and support.

Over the last 12 months we have offered 395 one to one specialised counselling sessions for more complex and deep rooted Carer issues to Adult Carers. These sessions have given Carers the chance to speak confidentially and openly to someone outside the family and have helped to reduce anxieties through empathetic listening, exploring opportunities, working through coping strategies, gaining knowledge and empowerment that has increased confidence, their feelings of control therefore leading to improved mental health and wellbeing.

After counselling sessions and one to one support with the Support Advisor has been completed the Carer may have needed additional emotional support, at this point they would of been allocated to receive a befriending call from one of our volunteer Befrienders.

During the last financial year we have again worked in partnership with Beswicks Solicitors who have kindly volunteered to offer free legal advice to Carers within North Staffordshire. A monthly clinic is held and we have been able to offer 60 legal advice sessions to Carers.

With the country continuing to see many people struggling with the economic crisis we have seen a huge increase in Carers needing financial advice and support. Support has been given to over 200 Carers which has benefitted them through financial hardship.

156 applications/referrals to Department of Work and Pensions and Potteries Money Wise have been completed to maximise Carer income.

553 referrals have been made to many various organisations to support the Carer around practical, emotional, legal and financial issues.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Our community groups and clubs have given both our Carers and volunteers the opportunity to find themselves again. It is so important for all Carers to not lose their own identity and be able to find happiness and feel supported and not alone during these challenging times. Most of our community groups and clubs are Carer and volunteer led. Most of our volunteers are Carers themselves or have once been in a caring role.

A caring role can cause so many to feel alone, where at our clubs and groups we bring Carers together, who would have never met before. Carers meeting other Carers in similar caring roles is one of the best supports. At our clubs and groups everyone understands each other's needs and will do their utmost to help one another. All activities and ideas for our clubs come from the Carers themselves.

During the past 12 months we have offered support for the Younger Adult Carer, continuously looking at ways of encouraging engagement and participation in Carers within the age group of 18 to 35.

We have made contact with all Young Adult Carers of this age range and contacted any young carer transitioning into adult carer services. We have also contacted local colleges and universities to promote Carer Awareness to this age group.

As always our services are guided by listening to Carers and a commitment to inclusivity for all. Our services are for Carers developed by Carers.

Website and Social Media

North Staffs Carers Association website www.carersfirst.com is continually audited and adapted to ensure continuous development to reflect the changes within North Staffs Carers and the services it provides to Carers.

The website benefits informal Carers of all ages and continues to raise awareness of Carers issues and their needs. It assists in Carers being able to identify themselves as a Carer, giving them easy access to information 24/7.

Our 'Carersfirst' website is user friendly and interactive, which offers information and advice regarding services and support available from North Staffs Carers as well as signposting to other Organisations and Service Providers. There is incorporated onto the website an on-line referral form which is simple and easy to use for both Carers and professionals. Over the past 12 months we have seen a huge increase in this method of referrals being made through the on-line referral portal.

Via our social media platforms we continually engage and interact with Carers, organisations, professionals and service providers and the local business community. It is a fast and efficient method of sharing our news, activities and current Carers' issues to a wide target audience

Financial review

See SOFA, balance sheet and notes to the accounts for information on the financial position

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure. This provides sufficient funds to cover management, administration and support costs and to respond to emergency applications for grants, which arise from time to time. At the period end Unrestricted Funds were £296,607((2024: £244,352) of which £59,648(2024: £105,150) were designated and £nil (2024: £3,234) were fixed assets.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Trustees:

Peter Hailstones (resigned 10 September 2025)
Linda Hailstones (resigned 10 September 2025)
Christina Dudson (resigned 10 September 2025)
Patricia Higgins
Neil Chadwick
Christine Warren
Martin Blakemore (appointed 10 September 2025)
Caroline Elson (appointed 10 September 2025)

Secretary: Julie Boon

Senior Management / Leadership Team: Julie Boon, Chief Officer
Anna Capper, Deputy Chief Officer

Structure, governance and management

Recruitment and appointment of trustees

As set out in the Articles of Association the trustees by ordinary resolution may appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee provided that the appointment does not exceed any number set as a maximum in the articles.

At every Annual General Meeting one third of trustees who are subject to retirement by rotation shall retire from office.

If the charity at the meeting at which a trustee retires by rotation, does not fill the vacancy the retiring trustee shall, if willing to act, be deemed to have been reappointed unless at the meeting it is resolved not to fill the vacancy unless a resolution for the reappointment of the trustees is put to the meeting and lost.

Induction and training of trustees

New trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

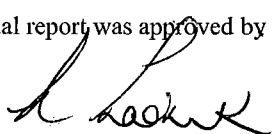
North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on^{19.11.25}..... and signed on its behalf by:



.....
Neil Chadwick
Trustee

North Staffs Carers Association

Independent Examiner's Report to the trustees of North Staffs Carers Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of North Staffs Carers Association as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Daryl Denson ACMA

VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

Date: 20/11/2025

North Staffs Carers Association

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2025 £
Income and Endowments from:				
Donations and legacies	3	31,873	501,486	533,359
Other income	4	946	-	946
Total income		<u>32,819</u>	<u>501,486</u>	<u>534,305</u>
Expenditure on:				
Charitable activities	5	20,732	(523,792)	(503,060)
Total expenditure		<u>20,732</u>	<u>(523,792)</u>	<u>(503,060)</u>
Net income/(expenditure)		53,551	(22,306)	31,245
Transfers between funds		<u>12,492</u>	<u>(12,492)</u>	-
Net movement in funds		66,043	(34,798)	31,245
Reconciliation of funds				
Total funds brought forward		<u>244,165</u>	<u>55,750</u>	<u>299,915</u>
Total funds carried forward	15	<u><u>310,208</u></u>	<u><u>20,952</u></u>	<u><u>331,160</u></u>

The notes on pages 12 to 24 form an integral part of these financial statements.

North Staffs Carers Association

Statement of Financial Activities for the Year Ended 31 March 2025 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	15,693	443,487	459,180
Other income	4	1,371	-	1,371
Total income		<u>17,064</u>	<u>443,487</u>	<u>460,551</u>
Expenditure on:				
Charitable activities	5	34,412	(454,828)	(420,416)
Total expenditure		<u>34,412</u>	<u>(454,828)</u>	<u>(420,416)</u>
Net income/(expenditure)		<u>51,476</u>	<u>(11,341)</u>	<u>40,135</u>
Net movement in funds		51,476	(11,341)	40,135
Reconciliation of funds				
Total funds brought forward		<u>192,876</u>	<u>66,904</u>	<u>259,780</u>
Total funds carried forward	15	<u>244,352</u>	<u>55,563</u>	<u>299,915</u>

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 12 to 24 form an integral part of these financial statements.

North Staffs Carers Association

**(Registration number: 03313461)
Balance Sheet as at 31 March 2025**

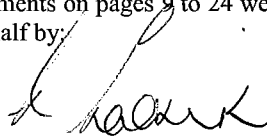
	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	-	3,234
Current assets			
Debtors	12	91,051	71,038
Cash at bank and in hand	13	<u>253,719</u>	<u>234,301</u>
		344,770	305,339
Creditors: Amounts falling due within one year	14	<u>(13,610)</u>	<u>(8,658)</u>
Net current assets		<u>331,160</u>	<u>296,681</u>
Net assets		<u>331,160</u>	<u>299,915</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		20,952	55,563
Unrestricted income funds			
Unrestricted funds		<u>310,208</u>	<u>244,352</u>
Total funds	15	<u>331,160</u>	<u>299,915</u>

For the financial year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 9 to 24 were approved by the trustees, and authorised for issue on 19.11.25 and signed on their behalf by:



.....
Neil Chadwick
Trustee

The notes on pages 12 to 24 form an integral part of these financial statements.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Suite 11 - 12
Trent House
234 Victoria Road
Fenton
Stoke-on-Trent
ST4 2LW

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

North Staffs Carers Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Gifts in kind

Gifts in kind are recognised in different ways dependent on how they are used by the charity:

- (i) Those donated for resale produce income when they are sold. They are valued at the amount actually realised.
- (ii) Those donated for onward transmission to beneficiaries are included in the Statement of Financial Activities as incoming resources and resources expended when they are distributed. They are valued at the amount the charity would have had to pay to acquire them.
- (iii) Those donated for use by the charity itself are included when receivable. They are valued at the amount the charity would have had to pay to acquire them.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	Straight line over 3 years
Motor Vehicles	Straight line over 4 years

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2025 £
Donations and legacies;			
Donations to major appeals	31,630	-	31,630
Grants, including capital grants;			
Big Lottery Fund	-	158,488	158,488
Henry Smith Foundation	-	65,100	65,100
Stoke-on-Trent City Council	-	277,898	277,898
Gifts in kind	243	-	243
	31,873	501,486	533,359
	31,873	501,486	533,359
	Unrestricted funds Designated £	Restricted funds £	Total 2024 £
Donations and legacies;			
Donations to major appeals	15,693	-	15,693
Grants, including capital grants;			
Big Lottery Fund	-	97,598	97,598
Other grants	-	28,500	28,500
Stoke-on-Trent City Council	-	317,389	317,389
	15,693	443,487	459,180
	15,693	443,487	459,180

4 Other income

	Unrestricted funds General £	Total 2025 £
Rental income	946	946
	946	946
	Unrestricted funds General £	Total 2024 £
Rental income	1,371	1,371
	1,371	1,371

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

5 Expenditure on charitable activities

	Charitable Activities	Total 2025
	£	£
Wages	226,746	226,746
Social security	3,985	3,985
Pensions	3,928	3,928
Other staff costs	4,399	4,399
Staff training	3,529	3,529
Postage, printing and stationery	5,271	5,271
Volunteer expenses	17	17
Carers activities and sundries	9,825	9,825
Carers wellbeing budget	27,004	27,004
Support costs allocated (note 9)	218,356	218,356
	<u>503,060</u>	<u>503,060</u>
	<u>503,060</u>	<u>503,060</u>
	Charitable Activities	Total 2024
	£	£
Wages	162,403	162,403
Social security	3,671	3,671
Pensions	2,245	2,245
Other staff costs	5,082	5,082
Postage, printing and stationery	911	911
Carers activities and sundries	9,847	9,847
Carers wellbeing budget	25,845	25,845
Depreciation	10,804	10,804
Support costs allocated (note 9)	199,608	199,608
	<u>420,416</u>	<u>420,416</u>
	<u>420,416</u>	<u>420,416</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

6 Analysis of governance and support costs

Charitable activities expenditure

	Support Costs	Total 2025
	£	£
Wages	101,324	101,324
Social security	5,752	5,752
Pensions	2,131	2,131
Repairs & Insurance	3,638	3,638
Information technology	5,649	5,649
Post, printing and stationery	1,698	1,698
Subscriptions	1,037	1,037
Depreciation	3,234	3,234
Accountancy fees	2,792	2,792
Telephone	3,436	3,436
Bank charges	697	697
Rent	44,926	44,926
Professional fees	1,755	1,755
Partnership Costs	37,794	37,794
Independent examination fee	1,680	1,680
Sundries	813	813
	218,356	218,356
	218,356	218,356
	Support Costs	Total 2024
	£	£
Wages	96,416	96,416
Social security	4,574	4,574
Pensions	1,908	1,908
Repairs & Insurance	2,785	2,785
Information technology	4,008	4,008
Post, printing and stationery	2,332	2,332
Subscriptions	1,094	1,094
Accountancy fees	1,407	1,407
Telephone	3,278	3,278
Bank charges	634	634
Rent	37,035	37,035
Professional fees	3,019	3,019
Partnership Costs	39,438	39,438
Independent examination fee	1,680	1,680
	199,608	199,608
	199,608	199,608

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

Governance costs

	Unrestricted funds General £	Total 2025 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
	<u>1,680</u>	<u>1,680</u>

	Unrestricted funds General £	Total 2024 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
	<u>1,680</u>	<u>1,680</u>

7 Government grants

During the period the charity received grants from the Big Lottery of £88,346 (2022: £98,716), Stoke-on-Trent City Council of £251,798 (2022: £198,323) and £nil (2022: £nil) from HMRC as part of the Job Retention Scheme

The amount of grants recognised in the financial statements was £- (2024 - £Nil).

There were no unfulfilled conditions

The charity has received no other forms of government assistance

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

9 Staff costs

The aggregate payroll costs were as follows:

	2025 £	2024 £
Staff costs during the year were:		
Wages and salaries	328,070	258,819
Social security costs	9,737	8,245
Pension costs	6,059	4,153
	343,866	271,217

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2025 No	2024 No
Average number of employees	12	10

No employee received emoluments of more than £60,000 during the year.

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Tangible fixed assets

	Motor vehicles £	Total £
Cost		
At 1 April 2024	40,123	40,123
At 31 March 2025	40,123	40,123
Depreciation		
At 1 April 2024	36,889	36,889
Charge for the year	3,234	3,234
At 31 March 2025	40,123	40,123
Net book value		
At 31 March 2025	-	-
At 31 March 2024	3,234	3,234

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

12 Debtors

	2025	2024
	£	£
Trade debtors	89,874	69,630
Prepayments	968	1,199
Other debtors	209	209
	<u>91,051</u>	<u>71,038</u>

13 Cash and cash equivalents

	2025	2024
	£	£
Cash on hand	349	302
Cash at bank	<u>253,370</u>	<u>233,999</u>
	<u>253,719</u>	<u>234,301</u>

14 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	10,310	5,443
Pension scheme creditor	1,620	1,535
Accruals	<u>1,680</u>	<u>1,680</u>
	<u>13,610</u>	<u>8,658</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

15 Funds

Unrestricted funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2025 £
Unrestricted funds					
<i>General</i>					
General	139,015	32,819	20,732	57,994	250,560
<i>Designated</i>					
Payroll	75,502	-	-	(45,502)	30,000
Overheads	13,175	-	-	-	13,175
Carers Centre	(37)	-	-	-	(37)
Adult Carers	3,765	-	-	-	3,765
Young Carers	12,745	-	-	-	12,745
	<u>105,150</u>	<u>-</u>	<u>-</u>	<u>(45,502)</u>	<u>59,648</u>
Total unrestricted funds	<u>244,165</u>	<u>32,819</u>	<u>20,732</u>	<u>12,492</u>	<u>310,208</u>
Restricted funds					
Young Carers	2,508	-	-	(2,508)	-
Mental Health Worker	6,366	-	-	-	6,366
Young Carers County	9,984	-	-	(9,984)	-
All Age Carers	13,825	277,898	(277,868)	-	13,855
Big Lottery	2	-	(2)	-	-
Edward Gostling Foundation	1,601	-	(1,601)	-	-
National Lottery - Know Your Neighbourhood	4,863	27,383	(32,246)	-	-
The Sweeney Foundation	16,601	-	(16,601)	-	-
Carers Wellbeing Support Service	-	111,309	(111,309)	-	-
Henry Smith Charity	-	65,100	(65,100)	-	-
My Next Steps AFA	-	19,796	(19,065)	-	731
	<u>55,750</u>	<u>501,486</u>	<u>(523,792)</u>	<u>(12,492)</u>	<u>20,952</u>
Total restricted funds	<u>55,750</u>	<u>501,486</u>	<u>(523,792)</u>	<u>(12,492)</u>	<u>20,952</u>
Total funds	<u>299,915</u>	<u>534,305</u>	<u>(503,060)</u>	<u>-</u>	<u>331,160</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
<i>General</i>				
General	87,539	17,064	34,412	139,015
<i>Designated</i>				
Payroll	75,502	-	-	75,502
Overheads	13,175	-	-	13,175
Carers Centre	(37)	-	-	(37)
Adult Carers	3,765	-	-	3,765
Young Carers	12,745	-	-	12,745
	<u>105,150</u>	<u>-</u>	<u>-</u>	<u>105,150</u>
Total unrestricted funds	<u>192,689</u>	<u>17,064</u>	<u>34,412</u>	<u>244,165</u>
Restricted				
Young Carers	2,508	-	-	2,508
Mental Health Worker	6,366	-	-	6,366
Young Carers County	9,984	-	-	9,984
My Caring Journey	(2,612)	-	2,612	-
All Age Carers	13,754	317,387	(317,316)	13,825
Big Lottery	(101)	81,049	(80,946)	2
Community Group Support Champions	2,683	-	(2,683)	-
Musketeers	3,866	-	(3,866)	-
Community Investment Fund	867	-	(867)	-
Edward Gostling Foundation	-	10,000	(8,399)	1,601
National Lottery - Know Your Neighbourhood	-	16,551	(11,688)	4,863
Rapid Response Service	4,289	-	(4,289)	-
The Sweeney Foundation	-	18,500	(1,899)	16,601
BBC Children in Need	25,487	-	(25,487)	-
	<u>67,091</u>	<u>443,487</u>	<u>(454,828)</u>	<u>55,750</u>
Total restricted funds	<u>67,091</u>	<u>443,487</u>	<u>(454,828)</u>	<u>55,750</u>
Total funds	<u>259,780</u>	<u>460,551</u>	<u>(420,416)</u>	<u>299,915</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

The specific purposes for which the funds are to be applied are as follows:

Restricted Funds

Carers Main - Identify hidden Carers(>18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Young Carers - Identify hidden Carers(5-18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Mental Health Worker - Provision of a Support Worker to work with Carers looking after someone with a Mental Illness

Carers Centre - Provide meeting place for Carers to come together with a variety of groups and one to one activities

Young Carers County - Identify hidden Carers (5-18), provide emotional support wholistically improving emotional and physical wellbeing in Newcastle/Moorlands

Musketeers - Tackles poor mental, emotional and physical health, improving YC's social life and educational attainment

Seasons of Care Continuation - Expansion of work providing support through transition to Carers including Health and Wellbeing.

Rapid Response Service - Rapid Response service to Carers through key transition points.

Young Carers Forum - Recruitment and promotion of the Young Carers Forum

BBC Children in Need - To support young carers

7 Stars - Counselling for Young Carers

Amazing Memories - Adult group activities for Carers and Cared for with Dementia.

My Caring Journey - Funding from Big Lottery

All Aged Carers - Funding from Stoke-on-Trent City Council

Community Group Support Champions - funding for volunteer and group support

Community Investment Fund - Funding for the wellbeing room

Designated Funds

Payroll - To cover payroll costs in the event of loss of funding

Overheads - To cover overheads in the event of loss of funding

Young Carers - To provide support for young carers

Adult Carers - To provide support for adult carers

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2025

16 Analysis of net assets between funds

	Unrestricted funds		Restricted funds £	Total funds at 31 March 2025 £
	General £	Designated £		
Current assets	264,170	59,648	20,952	344,770
Current liabilities	(13,610)	-	-	(13,610)
Total net assets	250,560	59,648	20,952	331,160

	Unrestricted funds		Restricted funds £	Total funds at 31 March 2024 £
	General £	Designated £		
Tangible fixed assets	3,234	-	-	3,234
Current assets	144,626	105,150	55,563	305,339
Current liabilities	(8,658)	-	-	(8,658)
Total net assets	139,202	105,150	55,563	299,915

17 Related party transactions

There were no related party transactions in the year.

NORTH STAFFS CARERS ASSOCIATION

England & Wales - Charity number 1062548

Accounts

Company registration number: 03313461

Charity registration number: 1062548

North Staffs Carers Association

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Daryl Denson ACMA
VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

North Staffs Carers Association

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9 to 10
Balance Sheet	11
Notes to the Financial Statements	12 to 24

North Staffs Carers Association

Reference and Administrative Details

Trustees	Peter Hailstones Linda Hailstones Christina Dudson Patricia Higgins Neil Chadwick Christine Warren
Secretary	Julie Hammersley
Senior Management / Leadership Team	Julie Hammersley, Chief Officer Anna Capper, Deputy Chief Officer
Charity Registration Number	1062548
Company Registration Number	03313461
Registered Office	The charity is incorporated in England. Suite 11 - 12 Trent House 234 Victoria Road Fenton Stoke-on-Trent ST4 2LW
Independent Examiner	Daryl Denson ACMA VAST The Dudson Centre Hope Street Hanley Stoke-on-Trent ST1 5DD
Bankers	Co-operative Bank

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2024.

Objectives and activities

Objects and aims

North Staffs Carers exists to benefit Informal Carers of all ages by:

- o Offering support to Carers
- o Enlightening professionals about Carers
- o Aiding communication between Service Providers, Planners and Carers

o Offering support to Informal Carers involves:

- Providing information, training and ongoing emotional support to Carers of all ages, confidentially and in an appropriate manner.

o Enlightening professionals about Informal Carers involves:

- Offering information and training to groups or agencies who come into contact with Carers

o Aiding communication between Service Providers, Planners and Informal Carers involves:

- Facilitating communication and consultation between Carers and the Purchasers and Providers of Services.
- Seeking and representing the views of Carers on the planning and delivery of services

Objectives, strategies and activities

Services provided by the Association continue to be appreciated and needed by Carers. Our services consist of: Support Services, achieved, in the main, through telephone, a Drop-in facility and Case Workers. The Carers' Noticeboard and leaflets are an invaluable source of information to Carers and a useful resource for practitioners. Demand for the leaflets and up to date information continues to grow.

Young Carers projects continue to provide age related activities, groups and outings supporting each Young Carer with their individual needs whilst continuously encouraging them to meet their aspirations whilst having a life outside the caring role.

Adult Services have continued to provide a much needed support programme for Carers, some of whom are entering a crisis situation. The service allowed Carers to have a tiered service for the varying stages of the caring role from crisis moving onto group work and finally a befriending service.

Public benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Charity Commission for England and Wales, in exercising their powers or duties by continuing to strive to ensure that the opportunity to benefit informal, unpaid Carers in the North Staffordshire area by offering the Carers information, training and ongoing support, in the most appropriate way, to Carers of all ages, ensuring that each case is treated in a confidential manner via the Significant Activities listed. North Staffs Carers Association offers information and training to professionals who come into contact with informal Carers and look to facilitate communication and consultation between informal Carers and purchasers and providers of services. North Staffs Carers Association seek and represent the views of informal Carers on the planning and delivery of services, and continues to strive to identify and implement opportunities to improve the service to Carers.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Achievements and performance

Young Carers

Young Carers

During this year financial year, we have continued to work closely with Young Carers, providing a holistic family approach around the much-needed services and support for Young Carers and their families across North Staffordshire. This has been achieved through the All Age Carers Support Service (SOT City Council) and Children in Need up until June 2023 when the project came to an end.

The Young Carers Team supports Young Carers on a one to one basis, offer support within schools and colleges, with an in house counselling service for those Young Carers needing more in depth emotional support. The team also offers a selection of fun activities and age appropriate training sessions.

When a Young Carer is referred into North Staffs Carers and they need one to one support they are assigned a named support worker who works closely with them working through the Health and Wellbeing One to One Sessions. The support worker will identify family strengths as well as difficulties and challenges facing the Young Carer as a result of their caring role. Working with the family, putting in place positive actions and interventions in order to ensure that the identified needs are addressed and will work with the Young Carer and their family to resolve these needs.

As part of our Young Carers support, we have a Young Carers Counsellor who has offered a specialised counselling service for more complex and deep-rooted Carer issues and gives the Young Carers the chance to speak confidentially and openly to someone outside the family. Young Carers received a course of 6 counselling sessions which has helped to reduce anxieties through empathetic listening, exploring opportunities, coping strategies, knowledge and empowerment to increase confidence, feelings of control therefore leading to improved mental health and wellbeing.

In addition to the above, Young Carers have benefitted from short breaks from their caring responsibilities giving Young Carers a chance for them to be children, improve their confidence, physical and emotional wellbeing, life skills and provide opportunities to form friendships, and gain peer-to-peer support in a timely manner.

Awareness Raising Sessions remain an important part of the team's work. The Young Carers Team visit schools and colleges in which pupils attend wellbeing sessions and previously unknown Young Carers have the opportunity to identify themselves.

Along with the awareness raising sessions we attend parents' evenings, open days and events to promote our support and services that are provided for the Young Carer and their family. Each school has a Young Carers Champion who we work with to provide information and support to Young Carers. Posters and leaflets are left in every school and college we attend.

Young Carers have had the opportunity to go camping, attended Halloween and Christmas parties, many trips and activities during the summer holidays as well as attending weekly groups which have been facilitated by North Staffs Carers, Stoke City Community Trust and the YMCA.

The Young Carers team continue to developed excellent working relationships with the Young Carers Assessment Team, along with professionals and other agencies.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Website and Social Media

North Staffs Carers Association website www.carersfirst.com is continually audited and adapted to ensure continuous development to reflect the changes within North Staffs Carers and the services it provides to Carers.

The website benefits informal Carers of all ages and continues to raise Awareness of Carers issues and their needs. It assists in Carers been able to identify themselves as a Carer, giving them easy access to information 24/7.

Our 'Carersfirst' website is user friendly and interactive, which offers information and advice regarding services and support available from North Staffs Carers as well as signposting to other Organisations and Service Providers. There is incorporated onto the website an on-line referral form which is simple and easy to use for both Carers and professionals. Over the past 12 months we have seen a huge increase in this method of referrals being made through the on-line referral portal.

Via our social media platforms, we continually engage and interact with Carers, organisations, professionals and service providers and the local business community. It is a fast and efficient method of sharing our news, activities and current Carers' issues to a wide target audience.

Adult Projects

Many Carers experience stress, anxiety, and depression due to the demands of the caring role. During the past year we have been funded by the National Lottery for our My Caring Journey project, Stoke-on-Trent City Council and Stoke CCG for the All Age Carers Support Service, Awards for All for our Carer Community Champions project and Stoke-on-Trent Community Investment Fund.

Our Adult Carers team has been extremely busy throughout the year providing seamless support tailored to the Carers individual needs. The Team have ensured that Carers are at a lower risk of reaching crisis point by providing up to date, relevant information, guidance, and support enabling Carers to be better informed in continuing in their caring role, giving the Carer peace of mind as to what direction they need to take and the confidence that they are doing the right thing by their loved one.

During the initial visit Carers are provided with the "My Caring Journal" which assists Carers in reducing stress and anxiety experienced in their caring role. The Journal has benefited Carers by acting as a communication tool whilst encouraging partnership working. North Staffs Carers has received feedback from Carers who have said it has helped them to make a contingency plan and plan for any future emergencies which has taken some pressure off the Carers within their caring role. They have also found it very useful when having visits from various professionals and not having to continuously repeat themselves. They also like the back of the journal which has useful numbers for Carers to contact in emergencies.

All in all, the journal has benefited both the Carers and professionals involved with Carer, leading to services becoming less disjointed and preventing duplication of support being offered.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

During the past 12 months over 600 My Caring Journals have been given to Carers and Professionals.

With the support offered from the team Carers have improved health and wellbeing through reducing the inequalities and improving access to support available. Carers feel better able to cope and manage with the demands of their caring roles, therefore less likely to become physically and emotionally unwell.

The Adult Carers team have worked closely with many partnership organisations in order to provide a holistic support network for Carers.

During the past 12 months we have increased types of support for the younger adult Carer, continuously looking at ways of encouraging engagement and participation in Carers within the age group of 18 to 35. We have run a monthly group and have made contact with all Young Adult Carers of this age range and contacted any young carer transitioning into adult carer services. We have also contacted local colleges and universities to promote Carer Awareness to this age group.

Over the last 12 months we have offered 404 one to one specialised counselling sessions for more complex and deep rooted Carer issues to adult Carers. These sessions have given Carers the chance to speak confidentially and openly to someone outside the family and have helped to reduce anxieties through empathetic listening, exploring opportunities, working through coping strategies, gaining knowledge and empowerment that has increased confidence, their feelings of control therefore leading to improved mental health and wellbeing.

After counselling sessions and one to one support with the Support worker has been completed the Carer may have needed additional emotional support, at this point they would of been allocated to receive a befriending call from one of our volunteer Befrienders.

During the last financial year we have again worked in partnership with Beswicks Solicitors who have kindly volunteered to offer free legal advice to Carers within North Staffordshire. A monthly clinic is held and we have been able to offer 60 legal advice sessions to Carers.

During the past year we have given support to Carers which has benefited them through financial hardship. The projects have identified and tackled these issues with the Carer which were highlighted during the initial contact/visit.

During this financial year we have seen the country struggling with the economic crisis and have seen a huge increase in Carers needing financial advice and support. Support has been given to over 200 Carers which has benefitted them through financial hardship.

164 applications/referrals to Department of Work and Pensions and Potteries Money Wise have been completed to maximise Carer income.

974 referrals have been made to many various organisations to support the Carer around practical, emotional, legal and financial issues.

By accessing support we have empowered Carer independence, provided the option of a life outside of Caring with a menu of choice for activities and social events.

Our community groups and clubs have given both our Carers and volunteers the opportunity to find themselves again. It is so important for all Carers to not lose their own identity and be able to find happiness and feel supported and not alone during these challenging times. Most of our community groups and clubs are Carer and volunteer led. Most of our volunteers are Carers themselves or have once been in a caring role.

A caring role can cause so many to feel alone, where at our clubs and groups we bring Carers together, who would have never met before. Carers meeting other Carers in similar caring roles is one of the best supports. At our clubs and groups everyone understands each other's needs and will do their utmost to help one another. All activities and ideas for our clubs come from the Carers themselves.

At North Staffs Carers we pride ourselves in providing a tailor made personalised service to meet Carers individual needs in a prompt and professional manner in an ever changing social and economic environment.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

As always our services are guided by listening to Carers and a commitment to inclusivity for all. Our services are for Carers developed by Carers.

Financial review

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure. This provides sufficient funds to cover management, administration and support costs and to respond to emergency applications for grants, which arise from time to time. At the period end Unrestricted Funds were £244,352 ((2023: £192,689) of which £105,150 (2023: £105,150) were designated and £3,234 (2023: £17,409) were fixed assets.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

- Peter Hailstones
- Linda Hailstones
- Christina Dudson
- Patricia Higgins
- Neil Chadwick
- Christine Warren

Secretary: Julie Hammersley

Senior Management / Leadership Team: Julie Hammersley, Chief Officer
Anna Capper, Deputy Chief Officer

Structure, governance and management

Recruitment and appointment of trustees

As set out in the Articles of Association the trustees by ordinary resolution may appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee provided that the appointment does not exceed any number set as a maximum in the articles.

At every Annual General Meeting one third of trustees who are subject to retirement by rotation shall retire from office.

If the charity at the meeting at which a trustee retires by rotation, does not fill the vacancy the retiring trustee shall, if willing to act, be deemed to have been reappointed unless at the meeting it is resolved not to fill the vacancy unless a resolution for the reappointment of the trustees is put to the meeting and lost.

Induction and training of trustees

New trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

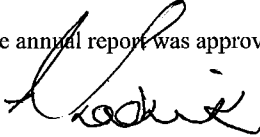
North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 3.12.27 and signed on its behalf by:



.....
Neil Chadwick
Trustee

North Staffs Carers Association

Independent Examiner's Report to the trustees of North Staffs Carers Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of North Staffs Carers Association as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Daryl Denson ACMA

VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

Date:.....03/12/2024

North Staffs Carers Association

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
Income and Endowments from:				
Donations and legacies	3	15,693	443,487	459,180
Other income	4	1,371	-	1,371
Total income		<u>17,064</u>	<u>443,487</u>	<u>460,551</u>
Expenditure on:				
Charitable activities	5	34,412	(454,828)	(420,416)
Total expenditure		<u>34,412</u>	<u>(454,828)</u>	<u>(420,416)</u>
Net income/(expenditure)		<u>51,476</u>	<u>(11,341)</u>	<u>40,135</u>
Net movement in funds		51,476	(11,341)	40,135
Reconciliation of funds				
Total funds brought forward		<u>192,876</u>	<u>66,904</u>	<u>259,780</u>
Total funds carried forward	15	<u>244,352</u>	<u>55,563</u>	<u>299,915</u>

The notes on pages 12 to 24 form an integral part of these financial statements.

North Staffs Carers Association

Statement of Financial Activities for the Year Ended 31 March 2024 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	<u>15,282</u>	<u>402,012</u>	<u>417,294</u>
Total income		<u>15,282</u>	<u>402,012</u>	<u>417,294</u>
Expenditure on:				
Charitable activities	5	<u>(1,940)</u>	<u>(376,310)</u>	<u>(378,250)</u>
Total expenditure		<u>(1,940)</u>	<u>(376,310)</u>	<u>(378,250)</u>
Net income		<u>13,342</u>	<u>25,702</u>	<u>39,044</u>
Net movement in funds		13,342	25,702	39,044
Reconciliation of funds				
Total funds brought forward		<u>179,534</u>	<u>41,202</u>	<u>220,736</u>
Total funds carried forward	15	<u><u>192,876</u></u>	<u><u>66,904</u></u>	<u><u>259,780</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

North Staffs Carers Association
(Registration number: 03313461)
Balance Sheet as at 31 March 2024

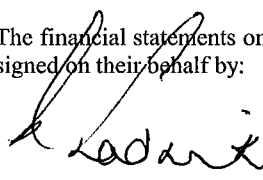
	Note	2024 £	2023 £
Fixed assets			
Tangible assets	11	3,234	6,468
Current assets			
Debtors	12	71,038	83,380
Cash at bank and in hand	13	<u>234,301</u>	<u>180,679</u>
		305,339	264,059
Creditors: Amounts falling due within one year	14	<u>(8,658)</u>	<u>(10,747)</u>
Net current assets		<u>296,681</u>	<u>253,312</u>
Net assets		<u>299,915</u>	<u>259,780</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		55,563	66,904
Unrestricted income funds			
Unrestricted funds		<u>244,352</u>	<u>192,876</u>
Total funds	15	<u>299,915</u>	<u>259,780</u>

For the financial year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 9 to 24 were approved by the trustees, and authorised for issue on 3.12.24 and signed on their behalf by:



 Neil Chadwick
 Trustee

The notes on pages 12 to 24 form an integral part of these financial statements.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Suite 11 - 12
Trent House
234 Victoria Road
Fenton
Stoke-on-Trent
ST4 2LW

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

North Staffs Carers Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	Straight line over 3 years
Motor Vehicles	Straight line over 4 years

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

3 Income from donations and legacies

	Unrestricted funds Designated £	Restricted funds £	Total 2024 £
Donations and legacies;			
Donations to major appeals	15,693	-	15,693
Grants, including capital grants;			
Big Lottery Fund	-	97,598	97,598
Other grants	-	28,500	28,500
Stoke-on-Trent City Council	-	317,389	317,389
	<u>15,693</u>	<u>443,487</u>	<u>459,180</u>
	Unrestricted funds Designated £	Restricted funds £	Total 2023 £
Donations and legacies;			
Donations to major appeals	15,282	78	15,360
Grants, including capital grants;			
Big Lottery Fund	-	108,346	108,346
BBC Children in Need	-	41,790	41,790
Stoke-on-Trent City Council	-	251,798	251,798
	<u>15,282</u>	<u>402,012</u>	<u>417,294</u>

4 Other income

	Unrestricted funds General £	Total 2024 £
Rental income	1,371	1,371
		Total 2023 £

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

5 Expenditure on charitable activities

	Charitable Activities	Total 2024
	£	£
Wages	162,403	162,403
Social security	3,671	3,671
Pensions	2,245	2,245
Other staff costs	5,082	5,082
Postage, printing and stationery	911	911
Carers activities and sundries	9,847	9,847
Carers wellbeing budget	25,845	25,845
Depreciation	10,804	10,804
Support costs allocated (note 9)	199,608	199,608
	<u>420,416</u>	<u>420,416</u>
	<u>420,416</u>	<u>420,416</u>
	Charitable Activities	Total 2023
	£	£
Wages	138,478	138,478
Social security	6,279	6,279
Pensions	3,036	3,036
Other staff costs	4,250	4,250
Postage, printing and stationery	1,653	1,653
Carers activities and sundries	5,665	5,665
Carers wellbeing budget	10,174	10,174
Depreciation	10,840	10,840
Support costs allocated (note 9)	197,875	197,875
	<u>378,250</u>	<u>378,250</u>
	<u>378,250</u>	<u>378,250</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

6 Analysis of governance and support costs

Charitable activities expenditure

	Support Costs	Total 2024
	£	£
Wages	96,416	96,416
Social security	4,574	4,574
Pensions	1,908	1,908
Repairs & Insurance	2,785	2,785
Information technology	4,008	4,008
Post, printing and stationery	2,332	2,332
Subscriptions	1,094	1,094
Accountancy fees	1,407	1,407
Telephone	3,278	3,278
Bank charges	634	634
Rent	37,035	37,035
Independent examination fee	1,680	1,680
Partnership Costs	39,438	39,438
Professional fees	3,019	3,019
	199,608	199,608
	199,608	199,608
	Support Costs	Total 2023
	£	£
Wages	92,331	92,331
Social security	4,384	4,384
Pensions	1,858	1,858
Repairs & Insurance	3,264	3,264
Information technology	4,999	4,999
Post, printing and stationery	1,622	1,622
Subscriptions	1,164	1,164
Equipment	3,134	3,134
Carers activities and sundries	1,795	1,795
Accountancy fees	2,484	2,484
Telephone	5,508	5,508
Bank charges	781	781
Utilities	231	231
Rent	34,998	34,998
Independent examination fee	1,680	1,680
Partnership Costs	34,276	34,276
Professional fees	3,366	3,366
	197,875	197,875
	197,875	197,875

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

9 Staff costs

The aggregate payroll costs were as follows:

	2024 £	2023 £
Staff costs during the year were:		
Wages and salaries	258,819	230,809
Social security costs	8,245	10,663
Pension costs	4,153	4,894
	<u>271,217</u>	<u>246,366</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2024 No	2023 No
Average number of employees	<u>10</u>	<u>9</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £77,328 (2023 - £73,503).

10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

11 Tangible fixed assets

	Furniture and equipment £	Motor vehicles £	Total £
Cost			
At 1 April 2023	<u>9,702</u>	<u>30,421</u>	<u>40,123</u>
At 31 March 2024	<u>9,702</u>	<u>30,421</u>	<u>40,123</u>
Depreciation			
At 1 April 2023	3,234	22,815	26,049
Charge for the year	<u>3,234</u>	<u>7,606</u>	<u>10,840</u>
At 31 March 2024	<u>6,468</u>	<u>30,421</u>	<u>36,889</u>
Net book value			
At 31 March 2024	<u>3,234</u>	<u>-</u>	<u>3,234</u>
At 31 March 2023	<u>6,468</u>	<u>7,606</u>	<u>14,074</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

12 Debtors

	2024	2023
	£	£
Trade debtors	69,630	79,630
Prepayments	1,199	3,541
Other debtors	209	209
	<u>71,038</u>	<u>83,380</u>

13 Cash and cash equivalents

	2024	2023
	£	£
Cash on hand	302	858
Cash at bank	233,999	179,821
	<u>234,301</u>	<u>180,679</u>

14 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	5,443	7,925
Other taxation and social security	-	13
Pension scheme creditor	1,535	1,129
Accruals	1,680	1,680
	<u>8,658</u>	<u>10,747</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

15 Funds

Unrestricted funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
<i>General</i>				
General	87,539	17,064	34,412	139,015
<i>Designated</i>				
Payroll	75,502	-	-	75,502
Overheads	13,175	-	-	13,175
Carers Centre	(37)	-	-	(37)
Adult Carers	3,765	-	-	3,765
Young Carers	12,745	-	-	12,745
	<u>105,150</u>	<u>-</u>	<u>-</u>	<u>105,150</u>
Total unrestricted funds	<u>192,689</u>	<u>17,064</u>	<u>34,412</u>	<u>244,165</u>
Restricted funds				
Young Carers	2,508	-	-	2,508
Mental Health Worker	6,366	-	-	6,366
Young Carers County	9,984	-	-	9,984
My Caring Journey	(2,612)	-	2,612	-
All Age Carers	13,754	317,387	(317,316)	13,825
Big Lottery	(101)	81,049	(80,946)	2
Community Group Support Champions	2,683	-	(2,683)	-
Musketeers	3,866	-	(3,866)	-
Community Investment Fund	867	-	(867)	-
Rapid Response Service	4,289	-	(4,289)	-
BBC Children in Need	25,487	-	(25,487)	-
Edward Gostling Foundation	-	10,000	(8,399)	1,601
National Lottery - Know Your Neighbourhood	-	16,551	(11,688)	4,863
The Sweeney Foundation	-	18,500	(1,899)	16,601
	<u>67,091</u>	<u>443,487</u>	<u>(454,828)</u>	<u>55,750</u>
Total restricted funds	<u>67,091</u>	<u>443,487</u>	<u>(454,828)</u>	<u>55,750</u>
Total funds	<u>259,780</u>	<u>460,551</u>	<u>(420,416)</u>	<u>299,915</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
<i>General</i>				
General	74,347	15,132	(1,940)	87,539
<i>Designated</i>				
Payroll	75,502	-	-	75,502
Overheads	13,175	-	-	13,175
Carers Centre	-	-	(37)	(37)
Adult Carers	3,765	-	-	3,765
Young Carers	12,745	-	-	12,745
	<u>105,187</u>	<u>-</u>	<u>(37)</u>	<u>105,150</u>
Total unrestricted funds	<u>179,534</u>	<u>15,132</u>	<u>(1,977)</u>	<u>192,689</u>
Restricted				
Young Carers	2,508	-	-	2,508
Mental Health Worker	6,366	-	-	6,366
Young Carers County	9,984	-	-	9,984
My Caring Journey	(2,612)	-	-	(2,612)
All Age Carers	(18)	257,976	(244,204)	13,754
Big Lottery	-	88,346	(88,447)	(101)
Community Group Support Champions	-	10,000	(7,317)	2,683
Musketeers	3,866	-	-	3,866
Community Investment Fund	-	3,900	(3,033)	867
Rapid Response Service	4,289	-	-	4,289
BBC Children in Need	16,819	41,940	(33,272)	25,487
	<u>41,202</u>	<u>402,162</u>	<u>(376,273)</u>	<u>67,091</u>
Total restricted funds	<u>41,202</u>	<u>402,162</u>	<u>(376,273)</u>	<u>67,091</u>
Total funds	<u>220,736</u>	<u>417,294</u>	<u>(378,250)</u>	<u>259,780</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

The specific purposes for which the funds are to be applied are as follows:

Restricted Funds

Carers Main - Identify hidden Carers(>18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Young Carers - Identify hidden Carers(5-18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Mental Health Worker - Provision of a Support Worker to work with Carers looking after someone with a Mental Illness

Carers Centre - Provide meeting place for Carers to come together with a variety of groups and one to one activities

Young Carers County - Identify hidden Carers (5-18), provide emotional support wholistically improving emotional and physical wellbeing in Newcastle/Moorlands

Musketeers - Tackles poor mental, emotional and physical health, improving YC's social life and educational attainment

Seasons of Care Continuation - Expansion of work providing support through transition to Carers including Health and Wellbeing.

Rapid Response Service - Rapid Response service to Carers through key transition points.

Young Carers Forum - Rucruitment and promotion of the Young Carers Forum

BBC Children in Need - To support young carers

7 Stars - Counselling for Young Carers

Amazing Memories - Adult group activities for Carers and Cared for with Dementia.

My Caring Journey - Funding from Big Lottery

All Aged Carers - Funding from Stoke-on-Trent City Council

Community Group Support Champions - funding for volunteer and group support

Community Investment Fund - Funding for the wellbeing room

Designated Funds

Payroll - To cover payroll costs in the event of loss of funding

Overheads - To cover overheads in the event of loss of funding

Young Carers - To provide support for young carers

Adult Carers - To provide support for adult carers

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2024

16 Analysis of net assets between funds

	Unrestricted funds		Restricted funds £	Total funds at 31 March 2024 £
	General £	Designated £		
Tangible fixed assets	3,234	-	-	3,234
Current assets	144,626	105,150	55,563	305,339
Current liabilities	(8,658)	-	-	(8,658)
Total net assets	139,202	105,150	55,563	299,915

	Unrestricted funds		Restricted funds £	Total funds at 31 March 2023 £
	General £	Designated £		
Tangible fixed assets	6,468	-	-	6,468
Current assets	91,818	105,150	67,091	264,059
Current liabilities	(10,747)	-	-	(10,747)
Total net assets	87,539	105,150	67,091	259,780

17 Related party transactions

There were no related party transactions in the year.

NORTH STAFFS CARERS ASSOCIATION

England & Wales - Charity number 1062548

Accounts

Company registration number: 03313461
Charity registration number: 1062548

North Staffs Carers Association

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Daryl Denson ACMA
VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

North Staffs Carers Association

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 8
Independent Examiner's Report	9
Statement of Financial Activities	10 to 11
Balance Sheet	12
Notes to the Financial Statements	13 to 26

North Staffs Carers Association

Reference and Administrative Details

Trustees	Peter Hailstones Linda Hailstones Christina Dudson Patricia Higgins Neil Chadwick Christine Warren Julie Hammersley
Secretary	Julie Hammersley, Chief Officer Anna Capper, Deputy Chief Officer
Senior Management / Leadership Team	
Charity Registration Number	1062548
Company Registration Number	03313461
Registered Office	The charity is incorporated in England. Suite 11 - 12 Trent House 234 Victoria Road Fenton Stoke-on-Trent ST4 2LW
Independent Examiner	Daryl Denson ACMA VAST The Dudson Centre Hope Street Hanley Stoke-on-Trent ST1 5DD
Bankers	Co-operative Bank

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Objectives and activities

Objects and aims

North Staffs Carers exists to benefit Informal Carers of all ages by:

- o Offering support to Carers
- o Enlightening professionals about Carers
- o Aiding communication between Service Providers, Planners and Carers

o Offering support to Informal Carers involves:

- Providing information, training and ongoing emotional support to Carers of all ages, confidentially and in an appropriate manner.

o Enlightening professionals about Informal Carers involves:

- Offering information and training to groups or agencies who come into contact with Carers

o Aiding communication between Service Providers, Planners and Informal Carers involves:

- Facilitating communication and consultation between Carers and the Purchasers and Providers of Services.
- Seeking and representing the views of Carers on the planning and delivery of services

Objectives, strategies and activities

Services provided by the Association continue to be appreciated and needed by Carers. Our services consist of: Support Services, achieved, in the main, through telephone, a Drop-in facility and Case Workers. The Carers' Noticeboard and leaflets are an invaluable source of information to Carers and a useful resource for practitioners. Demand for the leaflets and up to date information continues to grow.

Young Carers projects continue to provide age related activities, groups and outings supporting each Young Carer with their individual needs whilst continuously encouraging them to meet their aspirations whilst having a life outside the caring role.

Adult Services have continued to provide a much needed support programme for Carers, some of whom are entering a crisis situation. The service allowed Carers to have a tiered service for the varying stages of the caring role from crisis moving onto group work and finally a befriending service.

Public benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Charity Commission for England and Wales, in exercising their powers or duties by continuing to strive to ensure that the opportunity to benefit informal, unpaid Carers in the North Staffordshire area by offering the Carers information, training and ongoing support, in the most appropriate way, to Carers of all ages, ensuring that each case is treated in a confidential manner via the Significant Activities listed. North Staffs Carers Association offers information and training to professionals who come into contact with informal Carers and look to facilitate communication and consultation between informal Carers and purchasers and providers of services. North Staffs Carers Association seek and represent the views of informal Carers on the planning and delivery of services, and continues to strive to identify and implement opportunities to improve the service to Carers.

North Staffs Carers Association
Directors Report (Incorporating Trustees' Report)

Achievements and performance

Young Carers

During this year financial year we have continued to work closely with Young Carers, providing a holistic family approach around the much needed services and support for Young Carers and their families across North Staffordshire. This has been achieved through the All Age Carers Support Service (SOT City Council) and Children in Need as the Association was granted a one year extension for this project which will come to an end in June 2023.

The Young Carers Team supports Young Carers on a one to one basis, offers support within schools and colleges, with an in house counselling service for those Young Carers needing more in depth emotional support. The project also offers a selection of fun activities and age appropriate training sessions.

If a Young Carer is referred into the project and they need one to one support they are assigned a named support worker who works closely with them working through the Health and Wellbeing One to One Sessions which has been developed during the past 12 months. The support worker will identify family strengths as well as difficulties and challenges facing the Young Carer as a result of their caring role. Working with the family, putting in place positive actions and interventions in order to ensure that the identified needs are addressed and will work with the Young Carer and their family to resolve these needs.

As part of our Young Carers support we have a Young Carers Counsellor who has offered a specialised counselling service for more complex and deep rooted Carer issues and gives the Young Carers the chance to speak confidentially and openly to someone outside the family. Young Carers have received a course of 6 counselling sessions which has helped to reduce anxieties through empathetic listening, explore opportunities, coping strategies, knowledge and empowerment to increase confidence, feelings of control therefore leading to improved mental health and wellbeing.

In addition to the above, Young Carers have benefitted from short breaks from their caring responsibilities giving Young Carers a chance for them to be children, improve their confidence, physical and emotional wellbeing, life skills and provide opportunities to form friendships, and gain peer-to-peer support in a timely manner.

Awareness Raising Sessions remain an important part of the team's work. The Young Carers Team visit schools and colleges in which pupils attend wellbeing sessions and previously unknown Young Carers have the opportunity to identify themselves. In addition, to the awareness raising sessions we attend parents evenings, open days and events to promote our support and services that are provided for the Young Carer and their family. Each school has a Young Carers Champion who we work with to provide information and support to Young Carers. Posters and leaflets are left in every school and college we attend.

Young Carers have had the opportunity to go camping, attended Halloween and Christmas parties, many trips and activities during the summer holidays as well as attending weekly groups which have been facilitated by North Staffs Carers and the YMCA.

The Young Carers team continue to developed excellent working relationships with the Young Carers Assessment Team, along with professionals and other agencies.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Website and Social Media

North Staffs Carers Association website www.carersfirst.com is continually audited and adapted to ensure continuous development to reflect the changes within North Staffs Carers and the services it provides to Carers.

The website benefits informal Carers of all ages and continues to raise Awareness of Carers issues and their needs. It assists in Carers been able to identify themselves as a Carer, giving them easy access to information 24/7.

Our 'Carersfirst' website is user friendly and interactive, which offers information and advice regarding services and support available from North Staffs Carers as well as signposting to other Organisations and Service Providers. There is incorporated onto the website an on-line referral form which is simple and easy to use for both Carers and professionals. Over the past 12 months we have seen a huge increase in this method of referrals being made through the on-line referral portal.

Via our social media platforms, we continually engage and interact with Carers, organisations, professionals and service providers and the local business community. It is a fast and efficient method of sharing our news, activities and current Carers' issues to a wide target audience.

Adult Projects

Many Carers experience stress, anxiety, and depression due to the demands of the caring role. During the past year we have been funded by the National Lottery for our My Caring Journey project, Stoke-on-Trent City Council and Stoke CCG for the All Age Carers Support Service, Awards for All for our Carer Community Champions project and Stoke-on-Trent Community Investment Fund.

Our Adult Carers team has been extremely busy throughout the year providing seamless support tailored to the Carers individual needs. The Team have ensured that Carers are at a lower risk of reaching crisis point by providing up to date, relevant information, guidance, and support enabling Carers to be better informed in continuing in their caring role, giving the Carer peace of mind as to what direction they need to take and the confidence that they are doing the right thing by their loved one.

During the initial visit Carers are provided with the "My Caring Journal" which assists Carers in reducing stress and anxiety experienced in their caring role. The Journal has benefited Carers by acting as a communication tool whilst encouraging partnership working. North Staffs Carers has received feedback from Carers who have said it has helped them to make a contingency plan and plan for any future emergencies which has taken some pressure off the Carers within their caring role. They have also found it very useful when having visits from various professionals and not having to continuously repeat themselves. They also like the back of the journal which has useful numbers for Carers to contact in emergencies.

All in all, the journal has benefited both the Carers and professionals involved with Carer, leading to services becoming less disjointed and preventing duplication of support being offered.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

During the past 12 months over 600 My Caring Journals have been given to Carers and Professionals.

With the support offered from the team Carers have improved health and wellbeing through reducing the inequalities and improving access to support available. Carers feel better able to cope and manage with the demands of their caring roles, therefore less likely to become physically and emotionally unwell.

The Adult Carers team have worked closely with many partnership organisations in order to provide a holistic support network for Carers.

During the past 12 months we have increased types of support for the younger adult Carer, continuously looking at ways of encouraging engagement and participation in Carers within the age group of 18 to 35. We have run a monthly group and have made contact with all Young Adult Carers of this age range and contacted any young carer transitioning into adult carer services. We have also contacted local colleges and universities to promote Carer Awareness to this age group.

The funds from Stoke-on-Trent Community Investment Fund has allowed us to equip our Wellbeing Room which has provided Carers a place to accessing counselling sessions, complimentary therapies and sensory sessions. It has also provided a space for Carers to have some me time away from their caring role and somewhere where they can speak to someone in a safe relaxing environment confidentially.

Over the last 12 months we have offered 213 one to one specialised counselling sessions for more complex and deep rooted Carer issues to adult Carers. These sessions have given Carers the chance to speak confidentially and openly to someone outside the family and have helped to reduce anxieties through empathetic listening, exploring opportunities, working through coping strategies, gaining knowledge and empowerment that has increased confidence, their feelings of control therefore leading to improved mental health and wellbeing.

After counselling sessions and one to one support with the Support worker has been completed the Carer may have needed additional emotional support, at this point they would of been allocated to receive a befriending call from one of our volunteer Befrienders.

During the past year we have been working in partnership Dementia UK, with an Admiral Nurse who comes into the Carers Wellbeing Room each month to offer practical support and advice to Carers who are caring for someone with memory problems. This service has proved to be very popular and invaluable to Carers within our local community. Alongside this we have also been working in partnership with the Alzheimers Society to offer one to one drop in sessions and carry our joint visits so that both the Carer and cared for can be supported.

During the last financial year we have again worked in partnership with Beswicks Solicitors who have kindly volunteered to offer free legal advice to Carers within North Staffordshire. A monthly clinic is held and we have been able to offer 60 legal advice sessions to Carers.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

During the past year we have given support to Carers which has benefited them through financial hardship. The projects have identified and tackled these issues with the Carer which were highlighted during the initial contact/visit.

During this financial year we have seen the country struggling with the economic crisis and have seen a huge increase in Carers needing financial advice and support. Support has been given to over 200 Carers which has benefited them through financial hardship.

162 applications/referrals to Department of Work and Pensions have been completed to maximise Carer income.

974 referrals have been made to many various organisations to support the Carer around practical, emotional, legal and financial issues.

By accessing support we have empowered Carer independence, provided the option of a life outside of Caring with a menu of choice for activities and social events.

Our community groups and clubs have given both our Carers and volunteers the opportunity to find themselves again. It is so important for all Carers to not lose their own identity and be able to find happiness and feel supported and not alone during these challenging times. Most of our community groups and clubs are Carer and volunteer led. Most of our volunteers are Carers themselves or have once been in a caring role.

A caring role can cause so many to feel alone, where at our clubs we bring carers together, who would have never met before. Carer meeting Carer is one of the best supports. At our clubs everyone understands each other's needs and will do their utmost to help one another. All activities and ideas for our clubs come from the carers themselves.

At NSC we pride ourselves in providing a tailor made personalised service to meet Carers individual needs in a prompt and professional manner in an ever changing social and economic environment.

As always our services are guided by listening to Carers and a commitment to inclusivity for all. Our services are for Carers developed by Carers.

Financial review

See pages 10-26

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure. This provides sufficient funds to cover management, administration and support costs and to respond to emergency applications for grants, which arise from time to time. At the period end Unrestricted Funds were £192,689 (2022: £179,534) of which £105,150 (2022: £105,187) were designated and £17,409 (2022: £17,308) were fixed assets.

North Staffs Carers Association
Directors Report (Incorporating Trustees' Report)

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

Peter Hailstones
Linda Hailstones
Christina Dudson
Patricia Higgins
Neil Chadwick
Christine Warren

Secretary:

Julie Hammersley

Senior Management / Leadership Team: Julie Hammersley, Chief Officer
Anna Capper, Deputy Chief Officer

Structure, governance and management

Recruitment and appointment of trustees

As set out in the Articles of Association the trustees by ordinary resolution may appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee provided that the appointment does not exceed any number set as a maximum in the articles.

At every Annual General Meeting one third of trustees who are subject to retirement by rotation shall retire from office.

If the charity at the meeting at which a trustee retires by rotation, does not fill the vacancy the retiring trustee shall, if willing to act, be deemed to have been reappointed unless at the meeting it is resolved not to fill the vacancy unless a resolution for the reappointment of the trustees is put to the meeting and lost.

Induction and training of trustees

New trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

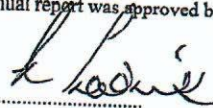
North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 11/10/2013 and signed on its behalf by:



.....
Neil Chadwick
Trustee

North Staffs Carers Association

Independent Examiner's Report to the trustees of North Staffs Carers Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of North Staffs Carers Association as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....
Daryl Denson ACMA

VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

Date:.....17/10/2023

North Staffs Carers Association

**Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
Income and Endowments from:				
Donations and legacies	3	<u>15,282</u>	<u>402,012</u>	<u>417,294</u>
Total income		<u>15,282</u>	<u>402,012</u>	<u>417,294</u>
Expenditure on:				
Charitable activities	7	<u>(1,940)</u>	<u>(376,310)</u>	<u>(378,250)</u>
Total expenditure		<u>(1,940)</u>	<u>(376,310)</u>	<u>(378,250)</u>
Net income		<u>13,342</u>	<u>25,702</u>	<u>39,044</u>
Net movement in funds		13,342	25,702	39,044
Reconciliation of funds				
Total funds brought forward		<u>179,534</u>	<u>41,202</u>	<u>220,736</u>
Total funds carried forward	17	<u><u>192,876</u></u>	<u><u>66,904</u></u>	<u><u>259,780</u></u>

The notes on pages 13 to 26 form an integral part of these financial statements.

North Staffs Carers Association

**Statement of Financial Activities for the Year Ended 31 March 2023
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies				
Other trading activities	3	4,654	330,014	334,668
Other income	4	-	1,932	1,932
Total income	5	<u>17,717</u>	-	<u>17,717</u>
		<u>22,371</u>	<u>331,946</u>	<u>354,317</u>
Expenditure on:				
Raising funds				
Charitable activities	6	-	(12)	(12)
Total expenditure	7	<u>(7,164)</u>	<u>(379,665)</u>	<u>(386,829)</u>
Net income/(expenditure)		<u>(7,164)</u>	<u>(379,677)</u>	<u>(386,841)</u>
Transfers between funds		15,207	(47,731)	(32,524)
Net movement in funds		<u>1,907</u>	<u>(1,907)</u>	-
Reconciliation of funds		17,114	(49,638)	(32,524)
Total funds brought forward		<u>162,420</u>	<u>90,840</u>	<u>253,260</u>
Total funds carried forward	17	<u><u>179,534</u></u>	<u><u>41,202</u></u>	<u><u>220,736</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 13 to 26 form an integral part of these financial statements.

North Staffs Carers Association
(Registration number: 03313461)
Balance Sheet as at 31 March 2023


	Note	2023 £	2022 £
Fixed assets			
Tangible assets	13	6,468	17,308
Current assets			
Debtors	14	83,380	13,750
Cash at bank and in hand	15	<u>180,679</u>	<u>196,605</u>
		264,059	210,355
Creditors: Amounts falling due within one year	16	<u>(10,747)</u>	<u>(6,927)</u>
Net current assets		<u>253,312</u>	<u>203,428</u>
Net assets		<u>259,780</u>	<u>220,736</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		66,904	41,202
Unrestricted income funds			
Unrestricted funds		<u>192,876</u>	<u>179,534</u>
Total funds	17	<u>259,780</u>	<u>220,736</u>

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 10 to 26 were approved by the trustees, and authorised for issue on 11/10/2023 and signed on their behalf by:



.....
Neil Chadwick
Trustee

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:
Suite 11 - 12
Trent House
234 Victoria Road
Fenton
Stoke-on-Trent
ST4 2LW

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

North Staffs Carers Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	Straight line over 3 years
Motor Vehicles	Straight line over 4 years

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

3 Income from donations and legacies

	Unrestricted funds Designated £	Restricted funds £	Total 2023 £
Donations and legacies;			
Donations to major appeals	15,282	78	15,360
Grants, including capital grants;			
Big Lottery Fund	-	108,346	108,346
BBC Children in Need	-	41,790	41,790
Stoke-on-Trent City Council	-	251,798	251,798
	<u>15,282</u>	<u>402,012</u>	<u>417,294</u>
	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies;			
Donations to major appeals	4,654	-	4,654
Grants, including capital grants;			
Big Lottery Fund	-	98,716	98,716
BBC Children in Need	-	32,975	32,975
Stoke-on-Trent City Council	-	198,323	198,323
	<u>4,654</u>	<u>330,014</u>	<u>334,668</u>

4 Income from other trading activities

		Total 2023 £
		-
	Restricted funds £	Total 2022 £
Lotteries and competitions income	1,932	1,932
	<u>1,932</u>	<u>1,932</u>

5 Other income

		Total 2023 £
		-
	Unrestricted funds General £	Total 2022 £
Miscellaneous income	17,717	17,717
	<u>17,717</u>	<u>17,717</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Expenditure on raising funds

a) Costs of trading activities

	Note	Total 2023 £
		-
		<u>Total</u>
		<u>2022</u>
		<u>£</u>
Fundraising trading costs;	Note	
Fundraising		
	12	12
	<u>12</u>	<u>12</u>

7 Expenditure on charitable activities

	Charitable Activities £	Total 2023 £
Wages		
Social security	138,478	138,478
Pensions	6,279	6,279
Other staff costs	3,036	3,036
Postage, printing and stationery	4,250	4,250
Carers activities and sundries	1,653	1,653
Carers wellbeing budget	5,665	5,665
Depreciation	10,174	10,174
Support costs allocated (note 9)	10,840	10,840
	<u>197,875</u>	<u>197,875</u>
	<u>378,250</u>	<u>378,250</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

	Charitable Activities	Total 2022
	£	£
Wages	191,719	191,719
Social security	10,010	10,010
Pensions	4,139	4,139
Other staff costs	4,009	4,009
Staff training	(996)	(996)
Postage, printing and stationery	1,697	1,697
Volunteer expenses	715	715
Carers activities and sundries	42,855	42,855
Carers wellbeing budget	3,959	3,959
Sundries	165	165
Support costs allocated (note 9)	<u>128,570</u>	<u>128,570</u>
	<u>386,842</u>	<u>386,842</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

8 Analysis of governance and support costs

Charitable activities expenditure

	Support Costs	Total 2023
	£	£
Wages	92,331	92,331
Social security	4,384	4,384
Pensions	1,858	1,858
Repairs & Insurance	3,264	3,264
Information technology	4,999	4,999
Post, printing and stationery	1,622	1,622
Subscriptions	1,164	1,164
Equipment	3,134	3,134
Carers activities and sundries	1,795	1,795
Accountancy fees	2,484	2,484
Telephone	5,508	5,508
Bank charges	781	781
Utilities	231	231
Rent	34,998	34,998
Professional fees	3,366	3,366
Independent examination fee	1,680	1,680
Partnership Costs	34,276	34,276
	<u>197,875</u>	<u>197,875</u>
	Support Costs	Total 2022
	£	£
Wages	58,034	58,034
Social security	2,902	2,902
Pensions	2,750	2,750
Repairs & Insurance	3,889	3,889
Information technology	6,125	6,125
Post, printing and stationery	1,109	1,109
Subscriptions	900	900
Depreciation	7,605	7,605
Accountancy fees	1,466	1,466
Telephone	9,985	9,985
Bank charges	500	500
Utilities	472	472
Rent	29,946	29,946
Professional fees	1,207	1,207
Independent examination fee	1,680	1,680
	<u>128,570</u>	<u>128,570</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

Governance costs

	Unrestricted funds General £	Total 2023 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
Other fees paid to examiners	2,484	2,484
	<u>4,164</u>	<u>4,164</u>
	Unrestricted funds General £	Total 2022 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
Other fees paid to examiners	1,466	1,466
	<u>3,146</u>	<u>3,146</u>

9 Government grants

During the period the charity received grants from the Big Lottery of £88,346 (2022: £98,716), Stoke-on-Trent City Council of £251,798 (2022: £198,323) and £nil (2022: £nil) from HMRC as part of the Job Retention Scheme. The amount of grants recognised in the financial statements was £340,144 (2022 - £297,039).

There were no unfulfilled conditions.

The charity has received no other forms of government assistance.

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

11 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	230,809	249,753
Social security costs	10,663	12,911
Pension costs	4,894	6,889
	246,366	269,553

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 No	2022 No
Average number of employees	9	9

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £73,503 (2022 - £76,618).

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Tangible fixed assets

	Furniture and equipment £	Motor vehicles £	Total £
Cost			
At 1 April 2022	9,702	30,421	40,123
At 31 March 2023	9,702	30,421	40,123
Depreciation			
At 1 April 2022	-	22,815	22,815
Charge for the year	3,234	7,606	10,840
At 31 March 2023	3,234	30,421	33,655
Net book value			
At 31 March 2023	6,468	-	6,468
At 31 March 2022	9,702	7,606	17,308

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

14 Debtors

	2023	2022
	£	£
Trade debtors	79,630	10,000
Prepayments	3,541	3,541
Other debtors	209	209
	<u>83,380</u>	<u>13,750</u>

15 Cash and cash equivalents

	2023	2022
	£	£
Cash on hand	858	2,068
Cash at bank	179,821	194,537
	<u>180,679</u>	<u>196,605</u>

16 Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	7,925	4,232
Other taxation and social security	13	-
Pension scheme creditor	1,129	1,015
Accruals	1,680	1,680
	<u>10,747</u>	<u>6,927</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

17 Funds

Unrestricted funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
<i>General</i>				
General	74,347	15,132	(1,940)	87,539
<i>Designated</i>				
Payroll	75,502	-	-	75,502
Overheads	13,175	-	-	13,175
Carers Centre	-	-	(37)	(37)
Adult Carers	3,765	-	-	3,765
Young Carers	12,745	-	-	12,745
	<u>105,187</u>	<u>-</u>	<u>(37)</u>	<u>105,150</u>
Total unrestricted funds	<u>179,534</u>	<u>15,132</u>	<u>(1,977)</u>	<u>192,689</u>
Restricted funds				
Young Carers	2,508	-	-	2,508
Mental Health Worker	6,366	-	-	6,366
Young Carers County	9,984	-	-	9,984
My Caring Journey	(2,612)	-	-	(2,612)
All Age Carers	(18)	257,976	(244,204)	13,754
Musketeers	3,866	-	-	3,866
Rapid Response Service	4,289	-	-	4,289
BBC Children in Need	16,819	41,940	(33,272)	25,487
Big Lottery	-	88,346	(88,447)	(101)
Community Group Support Champions	-	10,000	(7,317)	2,683
Community Investment Fund	-	3,900	(3,033)	867
Total restricted funds	<u>41,202</u>	<u>402,162</u>	<u>(376,273)</u>	<u>67,091</u>
Total funds	<u>220,736</u>	<u>417,294</u>	<u>(378,250)</u>	<u>259,780</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General	57,112	22,121	(6,793)	1,907	74,347
<i>Designated</i>					
Payroll	75,502	-	-	-	75,502
Overheads	13,175	-	-	-	13,175
Adult Carers	3,515	250	-	-	3,765
Young Carers	13,116	-	(371)	-	12,745
	<u>105,308</u>	<u>250</u>	<u>(371)</u>	<u>-</u>	<u>105,187</u>
Total unrestricted funds	<u>162,420</u>	<u>22,371</u>	<u>(7,164)</u>	<u>1,907</u>	<u>179,534</u>
Restricted					
Carers Main	33,736	-	-	(33,736)	-
Young Carers	2,508	-	-	-	2,508
Mental Health Worker	6,366	-	-	-	6,366
Carers Centre	-	1,932	67	(1,999)	-
Young Carers County	9,984	-	-	-	9,984
My Caring Journey	-	98,716	(101,328)	-	(2,612)
All Age Carers	-	198,323	(232,077)	33,736	(18)
Musketeers	3,866	-	-	-	3,866
Seasons of Care continuation	-	-	(92)	92	-
Rapid Response Service	4,289	-	-	-	4,289
Young Carers Forum	3,551	-	(3,551)	-	-
BBC Children in Need	8,016	32,975	(24,172)	-	16,819
7 Stars	13,277	-	(13,277)	-	-
Amazing Memories	5,247	-	(5,247)	-	-
Total restricted funds	<u>90,840</u>	<u>331,946</u>	<u>(379,677)</u>	<u>(1,907)</u>	<u>41,202</u>
Total funds	<u>253,260</u>	<u>354,317</u>	<u>(386,841)</u>	<u>-</u>	<u>220,736</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

The specific purposes for which the funds are to be applied are as follows:

Restricted Funds

Carers Main - Identify hidden Carers(>18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Young Carers - Identify hidden Carers(5-18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Mental Health Worker - Provision of a Support Worker to work with Carers looking after someone with a Mental Illness

Carers Centre - Provide meeting place for Carers to come together with a variety of groups and one to one activities

Young Carers County - Identify hidden Carers (5-18), provide emotional support wholistically improving emotional and physical wellbeing in Newcastle/Moorlands

Musketeers - Tackles poor mental, emotional and physical health, improving YC's social life and educational attainment

Seasons of Care Continuation - Expansion of work providing support through transition to Carers including Health and Wellbeing.

Rapid Response Service - Rapid Response service to Carers through key transition points.

Young Carers Forum - Recruitment and promotion of the Young Carers Forum

BBC Children in Need - To support young carers

7 Stars - Counselling for Young Carers

Amazing Memories - Adult group activities for Carers and Cared for with Dementia.

My Caring Journey - Funding from Big Lottery

All Aged Carers - Funding from Stoke-on-Trent City Council

Community Group Support Champions

Community Investment Fund

Designated Funds

Payroll - To cover payroll costs in the event of loss of funding

Overheads - To cover overheads in the event of loss of funding

Young Carers - To provide support for young carers

Adult Carers - To provide support for adult carers

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2023

18 Analysis of net assets between funds

	Unrestricted funds		Restricted funds £	Total funds at 31 March 2023 £
	General £	Designated £		
Tangible fixed assets	6,468	-	-	6,468
Current assets	91,818	105,150	67,091	264,059
Current liabilities	(10,747)	-	-	(10,747)
Total net assets	87,539	105,150	67,091	259,780

	General £	Unrestricted funds	Other £	Total funds at 31 March 2022 £
		Designated £		
Tangible fixed assets	17,308	-	-	17,308
Current assets	63,966	105,187	41,202	210,355
Current liabilities	(6,927)	-	-	(6,927)
Total net assets	74,347	105,187	41,202	220,736

19 Related party transactions

There were no related party transactions in the year.

NORTH STAFFS CARERS ASSOCIATION

England & Wales - Charity number 1062548

Accounts

Company registration number: 03313461

Charity registration number: 1062548

North Staffs Carers Association

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Daryl Denson ACMA
VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

North Staffs Carers Association

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
Balance Sheet	10
Notes to the Financial Statements	11 to 25

North Staffs Carers Association

Reference and Administrative Details

Trustees	Peter Hailstones Linda Hailstones Christina Dudson Patricia Higgins Neil Chadwick Christine Warren
Secretary	Jane Harding (to 12 October 2021)
Senior Management / Leadership Team	Jane Harding, Chief Officer (to 12 October 2021) Julie Hammersley, Operations Officer (to 12 October 21) Julie Hammersley, Acting Chief Officer (from October 21) Anna Capper, Deputy Chief Officer
Charity Registration Number	1062548
Company Registration Number	03313461
Registered Office	The charity is incorporated in England. Suite 11 - 12 Trent House 234 Victoria Road Fenton Stoke-on-Trent ST4 2LW
Independent Examiner	Daryl Denson ACMA VAST The Dudson Centre Hope Street Hanley Stoke-on-Trent ST1 5DD
Bankers	Co-operative Bank

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Objectives and activities

Objects and aims

North Staffs Carers exists to benefit Informal Carers of all ages by:

- o Offering support to Carers
- o Enlightening professionals about Carers
- o Aiding communication between Service Providers, Planners and Carers

- o Offering support to Informal Carers involves:
 - Providing information, training and ongoing emotional support to Carers of all ages, confidentially and in an appropriate manner.

- o Enlightening professionals about Informal Carers involves:
 - Offering information and training to groups or agencies who come into contact with Carers

- o Aiding communication between Service Providers, Planners and Informal Carers involves:
 - Facilitating communication and consultation between Carers and the Purchasers and Providers of Services.
 - Seeking and representing the views of Carers on the planning and delivery of services

Objectives, strategies and activities

Services provided by the Association continue to be appreciated and needed by Carers. Our services consist of: Support Services, achieved, in the main, through telephone, a Drop-in facility and Case Workers. The Carers' Noticeboard and leaflets are an invaluable source of information to Carers and a useful resource for practitioners. Demand for the leaflets and up to date information continues to grow.

Young Carers projects continue to provide age related activities, groups and outings supporting each Young Carer with their individual needs whilst continuously encouraging them to meet their aspirations whilst having a life outside the caring role.

Adult Services have continued to provide a much needed support programme for Carers, some of whom are entering a crisis situation. The service allowed Carers to have a tiered service for the varying stages of the caring role from crisis moving onto group work and finally a befriending service.

Public benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Charity Commission for England and Wales, in exercising their powers or duties by continuing to strive to ensure that the opportunity to benefit informal, unpaid Carers in the North Staffordshire area by offering the Carers information, training and ongoing support, in the most appropriate way, to Carers of all ages, ensuring that each case is treated in a confidential manner via the Significant Activities listed. North Staffs Carers Association offers information and training to professionals who come into contact with informal Carers and look to facilitate communication and consultation between informal Carers and purchasers and providers of services. North Staffs Carers Association seek and represent the views of informal Carers on the planning and delivery of services, and continues to strive to identify and implement opportunities to improve the service to Carers.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Achievements and performance

The Carers Centre

At the beginning of the financial year in April 2021 we closed the doors to the Carers Centre and moved to new offices in Fenton. This decision was made due to our financial situation and new contracts which were awarded which required us to be out in the local communities rather than in one location. With the closure of the Carers Centre we have now set up many new groups within North Staffordshire.

Young Carers

At the beginning of the financial year in April 2021 were awarded a contract from Stoke-on-Trent City Council (All Age Carers Support Service) which is for a 3 year contract, this funding has given us the opportunity along with the Children in Need project to continue to work closely with Young Carers, providing a holistic family approach around the much needed services and support for Young Carers and their families across North Staffordshire.

The Young Carers Team supports Young Carers on a one to one basis, offers support within schools and colleges, with an in house counselling service for those Young Carers needing more in depth emotional support. The project also offers a selection of fun activities and age appropriate training sessions.

If a Young Carer is referred into the project and they need one to one support they are assigned a named support worker who works closely with them working through the Health and Wellbeing One to One Sessions which has been developed during the past 12 months. The support worker will identify family strengths as well as difficulties and challenges facing the Young Carer as a result of their caring role. Working with the family, putting in place positive actions and interventions in order to ensure that the identified needs are addressed and will work with the Young Carer and their family to resolve these needs.

Over the past 12 months Young Carers have benefitted from short breaks from their caring responsibilities giving Young Carers a chance for them to be children, improve their confidence, physical and emotional wellbeing, life skills and provide opportunities to form friendships, and gain peer-to-peer support in a timely manner.

Awareness Raising Sessions remain an important part of the team's work. The Young Carers Team visit schools and colleges in which pupils attend sessions and previously unknown Young Carers have the opportunity to identify themselves. In addition to the awareness raising sessions we attend parents evenings to promote our support and services that are provided for the Young Carer and their family. Each school has a Young Carers Champion who we work with to provide information and support to Young Carers. Posters and leaflets are left in every school and college we attend.

Young Carers have accessed a residential at PGL, attended Halloween and Christmas parties, many trips and activities during the summer holidays as well as attending weekly groups which have been facilitated by North Staffs Carers and the YMCA.

The Children in Need project is in its last year with the project coming to an end in June 2022. During the time of the project the team have developed excellent working relationships with professionals and other agencies.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Website

North Staffs Carers Association website www.carersfirst.com is continually audited and adapted to ensure continuous development to reflect the changes within North Staffs Carers and the services it provides to Carers.

The website benefits informal Carers of all ages and continues to raise Awareness of Carers issues and their needs. It assists in Carers been able to identify themselves as a Carer, giving them easy access to information 24/7.

Our 'Carersfirst' website is user friendly and interactive, which offers information and advice regarding services and support available from North Staffs Carers as well as signposting to other Organisations and Service Providers. There is now been incorporated onto the website an on-line referral form which is simple and easy to use for both Carers and professionals.

Via our social media platforms we have engaged with Carers, organisations, professionals and service providers and the local business community. It is a fast and efficient method of sharing our news, activities and current Carers' issues to a wide target audience

Adult Projects

Many Carers experience stress, anxiety and depression due to the demands of the caring role. During the past year we have been funded by the National Lottery for our My Caring Journey project, Stoke-on-Trent City Council and Stoke CCG for the All Age Carers Support Service and the Coalfields project which came to an end in September 2021.

Our Adult Carers team has been extremely busy throughout the year providing seamless support tailored to the Carers individual needs. The Team have ensured that Carers are at a lower risk of reaching crisis point by providing up to date, relevant information, guidance and support enabling Carers to be better informed in continuing in their caring role, giving the Carer peace of mind as to what direction they need to take and the confidence that they are doing the right thing by their loved one.

During the initial visit Carers are provided with the "My Caring Journal" which assists Carers in reducing stress and anxiety experienced in their caring role. The Journal has benefited Carers by acting as a communication tool whilst encouraging partnership working. North Staffs Carers has received feedback from Carers who have said it has helped them to make a contingency plan and plan for any future emergencies which has taken some pressure off the Carers within their caring role. They have also found it very useful when having visits from various professionals and not having to continuously repeat themselves. They also like the back of the journal which has useful numbers for Carers to contact in emergencies.

All in all the journal has benefited both the Carers and professionals involved with Carer, leading to services becoming less disjointed and preventing duplication of support being offered.

During the past 12 months over 500 My Caring Journals have been given to Carers and Professionals.

With the support offered from the team Carers have improved health and wellbeing through reducing the inequalities and improving access to support available. Carers feel better able to cope and manage with the demands of their caring roles, therefore less likely to become physically and emotionally unwell.

The Adult Carers team have worked closely with many partnership organisations in order to provide a holistic support network for Carers.

During the past 12 months we have increased types of support for the younger adult Carer, continuously looking at ways of encouraging engagement and participation in Carers within the age group of 18 to 35. We have run a monthly group and have made contact with all Young Adult Carers of this age range and contacted any young carer transitioning into adult carer services. We have also contacted local colleges and universities to promote Carer Awareness to this age group.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

During the past year we have had an Admiral Nurse who comes into the Carers Wellbeing Room each month to offer practical support and advice to Carers who are caring for someone living with Dementia or have memory problems. This service has proved to be very popular and invaluable to Carers within our local community.

Legal Support has been offered to 36 Carers over the past 12 months, this has been achieved by working in partnership with Beswicks Legal who have kindly volunteered to offer this free support and advice to Carers within North Staffordshire.

During the past year we have given support to Carers which has benefited them through financial hardship. The projects have identified and tackled these issues with the Carer which were highlighted during the initial contact/visit.

92 Applications have been completed to maximise Carers income with £128,823 been awarded to Carers in the last 12 months and 543 Carers have been signposted to many organisations that support with financial matters.

By accessing support the team have empowered Carer independence, provided the option of a life outside of Caring with a menu of choice for activities and social events.

Since the groups re-started in June 2021 after the Covid pandemic lockdowns, we have seen the number of Carers attending groups massively increase which shows that the need for this type of support is essential. It has also been inspiring to see many volunteers stepping forward and growing in confidence as they support people in their groups.

At NSC we pride ourselves in providing a tailor made personalised service to meet Carers individual needs in a prompt and professional manner in an ever changing social and economic environment.

During the year the charity made a report to the Charity Commission following a serious incident regarding the loss of the charity's money.

Financial review

Please see pages 7-24 for the financial position of the charity.

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure. This provides sufficient funds to cover management, administration and support costs and to respond to emergency applications for grants, which arise from time to time. At the period end Unrestricted Funds were £179,534 of which £105,187 were designated and £17,308 were fixed assets.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Peter Hailstones
	Linda Hailstones
	Christina Dudson
	Jeff Abbotts (resigned 20 August 2021)
	Patricia Higgins
	Neil Chadwick
	Christine Warren
Secretary:	Jane Harding (to 12 October 2021)

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Senior Management / Leadership Team: Jane Harding, Chief Officer (to 12 October 2021)

Julie Hammersley, Operations Officer (to 12 October 21)

Julie Hammersley, Acting Chief Officer (from October 21)

Anna Capper, Deputy Chief Officer (appointed 13 October 2021)

Structure, governance and management

Recruitment and appointment of trustees

As set out in the Articles of Association the trustees by ordinary resolution may appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee provided that the appointment does not exceed any number set as a maximum in the articles.

At every Annual General Meeting one third of trustees who are subject to retirement by rotation shall retire from office.

If the charity at the meeting at which a trustee retires by rotation, does not fill the vacancy the retiring trustee shall, if willing to act, be deemed to have been reappointed unless at the meeting it is resolved not to fill the vacancy unless a resolution for the reappointment of the trustees is put to the meeting and lost.

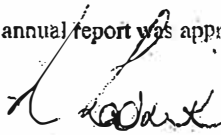
Induction and training of trustees

New trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 10.11.22 and signed on its behalf by:



Neil Chadwick
Trustee

North Staffs Carers Association

Independent Examiner's Report to the trustees of North Staffs Carers Association ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of North Staffs Carers Association as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Daryl Denson ACMA

VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

Date:.....10/11/2022.....

North Staffs Carers Association

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	4,654	330,014	334,668
Other trading activities	4	-	1,932	1,932
Other income	6	17,717	-	17,717
Total income		<u>22,371</u>	<u>331,946</u>	<u>354,317</u>
Expenditure on:				
Raising funds	7	-	(12)	(12)
Charitable activities	8	(7,164)	(379,665)	(386,829)
Total expenditure		<u>(7,164)</u>	<u>(379,677)</u>	<u>(386,841)</u>
Net income/(expenditure)		15,207	(47,731)	(32,524)
Transfers between funds		<u>1,907</u>	<u>(1,907)</u>	-
Net movement in funds		17,114	(49,638)	(32,524)
Reconciliation of funds				
Total funds brought forward		<u>162,420</u>	<u>90,840</u>	<u>253,260</u>
Total funds carried forward	18	<u><u>179,534</u></u>	<u><u>41,202</u></u>	<u><u>220,736</u></u>

The notes on pages 11 to 25 form an integral part of these financial statements.

North Staffs Carers Association

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	162,897	31,430	194,327
Other trading activities	4	81	2,099	2,180
Investment income	5	1,591	-	1,591
Total income		<u>164,569</u>	<u>33,529</u>	<u>198,098</u>
Expenditure on:				
Raising funds	7	-	(815)	(815)
Charitable activities	8	<u>(108,480)</u>	<u>(169,055)</u>	<u>(277,535)</u>
Total expenditure		<u>(108,480)</u>	<u>(169,870)</u>	<u>(278,350)</u>
Net income/(expenditure)		56,089	(136,341)	(80,252)
Transfers between funds		<u>(48,264)</u>	<u>48,264</u>	-
Net movement in funds		7,825	(88,077)	(80,252)
Reconciliation of funds				
Total funds brought forward		<u>154,595</u>	<u>178,917</u>	<u>333,512</u>
Total funds carried forward	18	<u><u>162,420</u></u>	<u><u>90,840</u></u>	<u><u>253,260</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

North Staffs Carers Association
(Registration number: 03313461)
Balance Sheet as at 31 March 2022


	Note	2022 £	2021 £
Fixed assets			
Tangible assets	14	17,308	15,211
Current assets			
Debtors	15	13,750	6,501
Cash at bank and in hand	16	<u>196,605</u>	<u>237,389</u>
		210,355	243,890
Creditors: Amounts falling due within one year	17	<u>(6,927)</u>	<u>(5,841)</u>
Net current assets		<u>203,428</u>	<u>238,049</u>
Net assets		<u>220,736</u>	<u>253,260</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		41,202	90,840
Unrestricted income funds			
Unrestricted funds		<u>179,534</u>	<u>162,420</u>
Total funds	18	<u>220,736</u>	<u>253,260</u>

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 7 to 24 were approved by the trustees, and authorised for issue on 16.11.22 and signed on their behalf by:



 Neil Chadwick
 Trustee

The notes on pages 11 to 25 form an integral part of these financial statements.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Suite 11 - 12
Trent House
234 Victoria Road
Fenton
Stoke-on-Trent
ST4 2LW

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

North Staffs Carers Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Gifts in kind

Gifts in kind are recognised in different ways dependent on how they are used by the charity:

- (i) Those donated for resale produce income when they are sold. They are valued at the amount actually realised.
- (ii) Those donated for onward transmission to beneficiaries are included in the Statement of Financial Activities as incoming resources and resources expended when they are distributed. They are valued at the amount the charity would have had to pay to acquire them.
- (iii) Those donated for use by the charity itself are included when receivable. They are valued at the amount the charity would have had to pay to acquire them.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	Straight line over 3 years
Motor Vehicles	Straight line over 4 years

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies;			
Donations to major appeals	4,654	-	4,654
Grants, including capital grants;			
Big Lottery Fund	-	98,716	98,716
BBC Children in Need	-	32,975	32,975
Stoke-on-Trent City Council	-	198,323	198,323
	<u>4,654</u>	<u>330,014</u>	<u>334,668</u>
	<u>4,654</u>	<u>330,014</u>	<u>334,668</u>
	Unrestricted funds Designated £	Unrestricted funds General £	Restricted funds £
Donations and legacies;			
Donations to major appeals	505	9,835	-
Grants, including capital grants;			
Government grants	-	64,099	-
Big Lottery Fund	-	60,834	-
Small grants from charities, trusts and foundations	-	4,127	-
BBC Children in Need	-	-	31,430
Stoke-on-Trent City Council	-	9,721	-
Gifts in kind	-	1,550	-
	<u>505</u>	<u>150,166</u>	<u>31,430</u>
	<u>505</u>	<u>150,166</u>	<u>182,101</u>

4 Income from other trading activities

		Restricted funds £	Total 2022 £
Lotteries and competitions income		1,932	1,932
		<u>1,932</u>	<u>1,932</u>
		<u>1,932</u>	<u>1,932</u>
	Unrestricted funds General £	Restricted funds £	Total 2021 £
Lotteries and competitions income	81	2,099	2,180
	<u>81</u>	<u>2,099</u>	<u>2,180</u>
	<u>81</u>	<u>2,099</u>	<u>2,180</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

5 Investment income

	Unrestricted funds General £	Total 2022 £
		<u><u>-</u></u>
		Total 2021 £
Interest receivable and similar income; Interest receivable on bank deposits	1,591	1,591
	<u>1,591</u>	<u>1,591</u>

6 Other income

	Unrestricted funds General £	Total 2022 £
Rental income	17,717	17,717
	<u>17,717</u>	<u>17,717</u>
		Total 2021 £

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

7 Expenditure on raising funds

a) Costs of trading activities

	Note	Restricted funds £	Total 2022 £
Fundraising trading costs;			
Fundraising		12	12
		12	12
		Restricted funds £	Total 2021 £
Fundraising trading costs;	Note		
Fundraising		815	815
		815	815
		815	815

8 Expenditure on charitable activities

	Charitable Activities £	Total 2022 £
Wages	191,719	191,719
Social security	10,010	10,010
Pensions	4,139	4,139
Other staff costs	4,009	4,009
Staff training	(996)	(996)
Postage, printing and stationery	1,697	1,697
Volunteer expenses	715	715
Carers activities and sundries	42,855	42,855
Carers wellbeing budget	3,959	3,959
Sundries	165	165
Support costs allocated (note 9)	128,570	128,570
	386,842	386,842
	386,842	386,842

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

	Charitable Activities	Total 2021
	£	£
Wages	137,054	137,054
Social security	6,801	6,801
Pensions	3,341	3,341
Other staff costs	2,614	2,614
Postage, printing and stationery	1,228	1,228
Sundries - gifts in kind	1,550	1,550
Volunteer expenses	144	144
Carers activities and sundries	(3,167)	(3,167)
Subscriptions and affiliations	755	755
Support costs allocated (note 9)	126,795	126,795
Hygiene and cleaning supplies	420	420
	<u>277,535</u>	<u>277,535</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

9 Analysis of governance and support costs

Charitable activities expenditure

	Support Costs	Total 2022
	£	£
Wages	58,034	58,034
Social security	2,902	2,902
Pensions	2,750	2,750
Repairs & Insurance	3,889	3,889
Information technology	6,125	6,125
Post, printing and stationery	1,109	1,109
Subscriptions	900	900
Depreciation	7,605	7,605
Accountancy fees	1,466	1,466
Telephone	9,985	9,985
Bank charges	500	500
Utilities	472	472
Rent	29,946	29,946
Independent examination fee	1,680	1,680
Professional fees	1,207	1,207
	<u>128,570</u>	<u>128,570</u>
	<u>128,570</u>	<u>128,570</u>
	Support Costs	Total 2021
	£	£
Wages	56,019	56,019
Social security	2,798	2,798
Pensions	2,635	2,635
Repairs & Insurance	6,562	6,562
Information technology	3,430	3,430
Post, printing and stationery	311	311
Depreciation	7,605	7,605
Accountancy fees	1,134	1,134
Telephone	8,711	8,711
Bank charges	615	615
Utilities	4,469	4,469
Rent	26,669	26,669
Independent examination fee	1,680	1,680
Professional fees	4,157	4,157
	<u>126,795</u>	<u>126,795</u>
	<u>126,795</u>	<u>126,795</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

Governance costs

	Unrestricted funds General £	Total 2022 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
Other fees paid to examiners	1,466	1,466
	<u>3,146</u>	<u>3,146</u>
	Unrestricted funds General £	Total 2021 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
Other fees paid to examiners	1,134	1,134
	<u>2,814</u>	<u>2,814</u>

10 Government grants

During the period the charity received grants from the Big Lottery of £98,716 (2021: £60,834), Stoke-on-Trent City Council of £198,323 (2021: £9,721) and £nil (2021: £64,099) from HMRC as part of the Job Retention Scheme. The amount of grants recognised in the financial statements was £297,039 (2021 - £134,654). There were no unfulfilled conditions. The charity has received no other forms of government assistance.

11 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year. No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

12 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	249,753	193,073
Social security costs	12,911	9,599
Pension costs	6,889	5,976
	<u>269,553</u>	<u>208,648</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022 No	2021 No
Average number of employees	<u>9</u>	<u>9</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £76,618 (2021 - £87,083).

13 Taxation

The charity is a registered charity and is therefore exempt from taxation.

14 Tangible fixed assets

	Motor vehicles £	Total £
Cost		
At 1 April 2021	30,421	30,421
Additions	9,702	9,702
At 31 March 2022	<u>40,123</u>	<u>40,123</u>
Depreciation		
At 1 April 2021	7,605	7,605
Charge for the year	15,210	15,210
At 31 March 2022	<u>22,815</u>	<u>22,815</u>
Net book value		
At 31 March 2022	<u>17,308</u>	<u>17,308</u>
At 31 March 2021	<u>22,816</u>	<u>22,816</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Debtors

	2022 £	2021 £
Trade debtors	10,000	100
Prepayments	3,541	6,192
Other debtors	209	209
	<u>13,750</u>	<u>6,501</u>

16 Cash and cash equivalents

	2022 £	2021 £
Cash on hand	2,068	446
Cash at bank	194,537	236,943
	<u>196,605</u>	<u>237,389</u>

17 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	4,232	4,161
Pension scheme creditor	1,015	-
Accruals	1,680	1,680
	<u>6,927</u>	<u>5,841</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

18 Funds

Unrestricted funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General	57,112	22,121	(6,793)	1,907	74,347
<i>Designated</i>					
Payroll	75,502	-	-	-	75,502
Overheads	13,175	-	-	-	13,175
Adult Carers	3,515	250	-	-	3,765
Young Carers	13,116	-	(371)	-	12,745
	<u>105,308</u>	<u>250</u>	<u>(371)</u>	<u>-</u>	<u>105,187</u>
Total unrestricted funds	<u>162,420</u>	<u>22,371</u>	<u>(7,164)</u>	<u>1,907</u>	<u>179,534</u>
Restricted funds					
Carers Main	33,736	-	-	(33,736)	-
Young Carers	2,508	-	-	-	2,508
Mental Health Worker	6,366	-	-	-	6,366
Carers Centre	-	1,932	67	(1,999)	-
Young Carers County	9,984	-	-	-	9,984
Musketeers	3,866	-	-	-	3,866
Seasons of Care continuation	-	-	(92)	92	-
Rapid Response Service	4,289	-	-	-	4,289
Young Carers Forum	3,551	-	(3,551)	-	-
BBC Children in Need	8,016	32,975	(24,172)	-	16,819
7 Stars	13,277	-	(13,277)	-	-
Amazing Memories	5,247	-	(5,247)	-	-
My Caring Journey	-	98,716	(101,328)	-	(2,612)
All Age Carers	-	198,323	(232,077)	33,736	(18)
	<u>90,840</u>	<u>331,946</u>	<u>(379,677)</u>	<u>(1,907)</u>	<u>41,202</u>
Total restricted funds	<u>90,840</u>	<u>331,946</u>	<u>(379,677)</u>	<u>(1,907)</u>	<u>41,202</u>
Total funds	<u>253,260</u>	<u>354,317</u>	<u>(386,841)</u>	<u>-</u>	<u>220,736</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
General	4,140	163,984	(111,012)	-	57,112
<i>Designated</i>					
Payroll	75,502	-	-	-	75,502
Overheads	13,175	-	-	-	13,175
Adult Carers	53,035	(745)	(511)	(48,264)	3,515
Young Carers	8,743	1,330	3,043	-	13,116
	<u>150,455</u>	<u>585</u>	<u>2,532</u>	<u>(48,264)</u>	<u>105,308</u>
Total unrestricted funds	<u>154,595</u>	<u>164,569</u>	<u>(108,480)</u>	<u>(48,264)</u>	<u>162,420</u>
Restricted					
Carers Main	70,990	-	(37,254)	-	33,736
Young Carers	19,449	-	(16,941)	-	2,508
Mental Health Worker	6,366	-	-	-	6,366
Carers Centre	(19,138)	2,099	(31,225)	48,264	-
Young Carers County	9,984	-	-	-	9,984
Musketeers	3,866	-	-	-	3,866
Seasons of Care continuation	49,847	-	(49,847)	-	-
Rapid Response Service	4,289	-	-	-	4,289
Young Carers Forum	3,551	-	-	-	3,551
BBC Children in Need	(847)	31,430	(22,567)	-	8,016
Timeout	7,914	-	(7,914)	-	-
7 Stars	13,559	-	(282)	-	13,277
Amazing Memories	9,987	-	(4,740)	-	5,247
	<u>179,817</u>	<u>33,529</u>	<u>(170,770)</u>	<u>48,264</u>	<u>90,840</u>
Total restricted funds	<u>179,817</u>	<u>33,529</u>	<u>(170,770)</u>	<u>48,264</u>	<u>90,840</u>
Total funds	<u>334,412</u>	<u>198,098</u>	<u>(279,250)</u>	<u>-</u>	<u>253,260</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

Restricted Funds

Carers Main - Identify hidden Carers(>18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Young Carers - Identify hidden Carers(5-18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Mental Health Worker - Provision of a Support Worker to work with Carers looking after someone with a Mental Illness

Carers Centre - Provide meeting place for Carers to come together with a variety of groups and one to one activities

Young Carers County - Identify hidden Carers (5-18), provide emotional support wholistically improving emotional and physical wellbeing in Newcastle/Moorlands

Carers Health, Wellbeing & Breaks - Carers H&W & Breaks

Seasons of Care - Offering Support to Carers including transitions threwh the caring journey

Musketeers - Tackles poor mental, emotional and physical health, improving YC's social life and educational attainment

Seasons of Care Continuation - Expansion of work providing support through transition to Carers including Health and Wellbeing.

Rapid Response Service - Rapid Response service to Carers through key transition points.

Young Carers Forum - Rucruitment and promotion of the Young Carers Forum

BBC Children in Need - To support young carers

Timeout - Activities and support for Young Carers

7 Stars - Counselling for Young Carers

Amazing Memories - Adult group activities for Carers and Cared for with Dementia.

My Caring Journey - Funding from Big Lottery

All Aged Carers - Funding from Stok-on-Trent City Council

Designated Funds

Payroll - To cover payroll costs in the event of loss of funding

Overheads - To cover overheads in the event of loss of funding

Young Carers - To provide support for young carers

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2022

Adult Carers - To provide support for adult carers

19 Analysis of net assets between funds

	General	Unrestricted funds Designated	Other	Total funds at 31 March 2022
	£	£	£	£
Tangible fixed assets	17,308	-	-	17,308
Current assets	63,966	105,187	41,202	210,355
Current liabilities	<u>(6,927)</u>	<u>-</u>	<u>-</u>	<u>(6,927)</u>
Total net assets	<u><u>74,347</u></u>	<u><u>105,187</u></u>	<u><u>41,202</u></u>	<u><u>220,736</u></u>

	General	Unrestricted funds Designated	Other	Total funds at 31 March 2021
	£	£	£	£
Tangible fixed assets	15,211	-	-	15,211
Current assets	47,742	105,308	90,840	243,890
Current liabilities	<u>(5,841)</u>	<u>-</u>	<u>-</u>	<u>(5,841)</u>
Total net assets	<u><u>57,112</u></u>	<u><u>105,308</u></u>	<u><u>90,840</u></u>	<u><u>253,260</u></u>

NORTH STAFFS CARERS ASSOCIATION

England & Wales - Charity number 1062548

Accounts

Company registration number: 03313461

Charity registration number: 1062548

North Staffs Carers Association

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Daryl Denson ACMA
VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

North Staffs Carers Association

Contents

Trustees' Report	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7 to 8
Balance Sheet	9
Notes to the Financial Statements	10 to 24

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Reference and Administrative Details

Trustees	Peter Hailstones Linda Hailstones Christina Dudson Jeff Abbotts Patricia Higgins Neil Chadwick Christine Warren
Secretary	Jane Harding (to 12 October 2021)
Senior Management Team	Jane Harding, Chief Officer (to 12 October 2021) Julie Hammersley, Operations Officer
Principal Office	Suite 11 - 12 Trent House 234 Victoria Road Fenton Stoke-on-Trent ST4 2LW The charity is incorporated in England.
Company Registration Number	03313461
Charity Registration Number	1062548
Bankers	Co-operative Bank
Independent Examiner	Daryl Denson ACMA VAST The Dudson Centre Hope Street Hanley Stoke-on-Trent ST1 5DD

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Objectives and activities

Objects and aims

North Staffs Carers exists to benefit Informal Carers of all ages by:

- o Offering support to Carers
- o Enlightening professionals about Carers
- o Aiding communication between Service Providers, Planners and Carers

o Offering support to Informal Carers involves:

- Providing information, training and ongoing emotional support to Carers of all ages, confidentially and in an appropriate manner.

o Enlightening professionals about Informal Carers involves:

- Offering information and training to groups or agencies who come into contact with Carers

o Aiding communication between Service Providers, Planners and Informal Carers involves:

- Facilitating communication and consultation between Carers and the Purchasers and Providers of Services.
- Seeking and representing the views of Carers on the planning and delivery of services

Objectives, strategies and activities

Services provided by the Association continue to be appreciated and needed by Carers. Our services consist of: Support Services, achieved, in the main, through telephone, a Drop-in facility and Case Workers. The Carers' Noticeboard and leaflets are an invaluable source of information to Carers and a useful resource for practitioners. Demand for the leaflets and up to date information continues to grow.

Young Carers projects continue to provide age related activities, groups and outings supporting each Young Carer with their individual needs whilst continuously encouraging them to meet their aspirations whilst having a life outside the caring role.

Adult Services have continued to provide a much needed support programme for Carers, some of whom are entering a crisis situation. The service allowed Carers to have a tiered service for the varying stages of the caring role from crisis moving onto group work and finally a befriending service.

Public benefit

The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance, published by the Charity Commission for England and Wales, in exercising their powers or duties by continuing to strive to ensure that the opportunity to benefit informal, unpaid Carers in the North Staffordshire area by offering the Carers information, training and ongoing support, in the most appropriate way, to Carers of all ages, ensuring that each case is treated in a confidential manner via the Significant Activities listed. North Staffs Carers Association offers information and training to professionals who come into contact with informal Carers and look to facilitate communication and consultation between informal Carers and purchasers and providers of services. North Staffs Carers Association seek and represent the views of informal Carers on the planning and delivery of services, and continues to strive to identify and implement opportunities to improve the service to Carers.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Achievements and performance

The Carers Centre

Due to COVID 19 the Carers Centre was forced to close for the financial period. Our efforts to support Carers remained high with telephone and zoom support sessions. Contact was made with over 1800 Carers during the period. Many of our staff spend time delivering meals to the most vulnerable and checking in on them to provide emotional support during this trying time.

Young Carers

Our Young Carers department has remained extremely busy throughout the year by becoming more of a support network, working tirelessly by contacting all our YCs/families via telephone, our Remind app and social media, providing interactive, educational, fun and informative material to help stay connected, letting them know that they are not alone and that we're still here for them providing support. The team continued to take referrals, working closely with partner organisations and maximising support, whilst ensuring the safety/wellbeing of YCs. Due to Covid we weren't able to offer the same amount of respite in relation to groups/activities. However, we moved our groups virtually to continue supporting YCs.

YCs have been hugely affected mentally and physically during isolation, before lockdown, their daily break from their caring role would be through school and extracurricular activities. However, due to Covid this turned into online learning has resulted in them not having that break anymore adding more stress, worries and anxiety.

When restrictions were eased slightly, we were able to provide a much needed break from their caring role through trips/activities in October half term.

Through the provision of accessing our virtual groups and the support offered from our team throughout the lockdown, YCs and their families have been supported around managing changes with routine, home schooling and providing that much needed emotional support. Reassuring Young Carers and parents about their school work as they are getting anxious with regards to home schooling as it creates extra pressure on top of their caring role. We also ensured that schools are understanding, being supportive and nurturing towards the YC and to understand the difficulties they face in completing schoolwork as well as managing their caring role, in turn relieving some of the stress and anxieties for the YCs and their families.

Fortunately, nsc has its own Young Carers Counsellor who provided one to one counselling sessions over the telephone and on-line to ensure Young Carers remained emotionally supported.

By our team continually being in contact with YCs and their families through 1:1 support and virtual groups YCs have felt more supported, less isolated and able to access the much needed respite breaks and an opportunity to speak to someone with regards to their stresses and anxieties. Many YCs and their families have reported that without the support from our Young Carers Team some of them would have been reaching crisis point.

The Carers centre received a fully working new Kitchen and we received a mini bus to enable people with transport issues to visit the centre. Community Investment Fund from Stoke on Trent City Council supported this.

Website

North Staffs Carers Association website www.carersfirst.com is continually audited and adapted to ensure continuous development to reflect the changes within North Staffs Carers and the services it provides to Carers.

The website benefits informal Carers of all ages and continues to raise Awareness of Carers issues and their needs. It assists in Carers been able to identify themselves as a Carer, giving them easy access to information 24/7.

Our 'Carersfirst' website is user friendly and interactive, which offers information and advice regarding services and support available from North Staffs Carers as well as signposting to other Organisations and Service Providers.

Via our social media we have engaged with Carers, organisations, professionals and service providers and the local business community. It is a fast and efficient method of sharing our news, activities and current carers' issues to a wide target audience.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Adult Projects

Many Carers experience stress, anxiety and depression due to the demands of the caring role, and we have seen this even more so over the past 12 months due to the Covid pandemic.

During the past year we have been funded by the National Lottery for our Seasons of Care project which ended August 2020, however emergency funding was applied for and granted to allow us to extend this project until March 2021. The Coalfields project began at the beginning of September 2020 for a 12-month contract which has helped us to provide the much-needed additional support for Carers.

Our Adult Carers team has been extremely busy throughout the year by becoming more of a support network, working tirelessly by contacting many Carers via telephone and social media, providing interactive, and informative material to help them stay connected, letting them know that they are not alone and that we are still here for them providing support.

The team continued to take referrals, working in partnership with local organisations whereby together we signposted and provided joint support within the community in order to ensure Carers got the help they needed. We offered practical advice and coordinated support for Carers around everyday living such as ensuring Carers have enough food in the house, referral when necessary for GP appointments, local foodbanks, ensuring prescriptions are collected, pets are exercised and how Carers can effectively continue to manage their caring role during these difficult times.

Support for Carers remained crucial and with support around mental health being more important than ever. For Carers just knowing that someone is there for them, listening to their concerns and worries made them feel that they were not alone and were still connected to the wider community and helped to prevent them spiraling into crisis.

Funding ended for our Seasons of Care National Lottery project at the end of August 2020, but to enable us to continue to offer support for our Carers during the Covid pandemic we applied for further additional emergency Covid funding from the National Lottery which helped us to keep vital support staff, enabling them to work from home using their own telephones, facilities etc. and additionally support in re-opening the Carers Centre.

The additional funding allowed nsc to continue to provide emotional, practical, befriending, counselling and wellbeing support over the telephone (1-1) with additional face to face crisis appointments and also via our social media platforms.

Throughout the year nsc continued to reach Carers on our extensive database offering advice, guidance and support around a wide range of issues. nsc staff have been working closely with Carers providing essential emotional support, being the outlet for Carers tears, a human voice to talk with whilst also referring to other agencies for additional support.

Recent feedback from Carers has highlighted to us that they are still experiencing high levels of anxiety, stress, depression and at times suicidal thoughts due to the impact of Covid-19 and pressures of caring. It has been crucial during the past 12 months that the charity continued to support Carers with the aim of maintaining their physical and mental health. Emotional support remained paramount and made a huge difference between a Carer managing or spiraling into crisis.

The pressures many Carers face have undoubtedly been exacerbated due to Covid-19 forcing Carers to experience extreme lengths of isolation coupled with caring for a loved one with little or no other means of support. The support we provide is by no means a short term intervention and requires ongoing support over a number of months.

Form filling and financial support is available in our Carers Centre due to funding from Awards for all. This has proven a busy project with excellent take up.

Financial review

Please see pages 7-24 for the financial position of the charity.

Policy on reserves

It is the policy of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure. This provides sufficient funds to cover management, administration and support costs and to respond to emergency applications for grants, which arise from time to time. At the period end Unrestricted Funds were £162,420 of which £105,308 were designated and £15,211 were fixed assets.

North Staffs Carers Association

Directors Report (Incorporating Trustees' Report)

Structure, governance and management

Recruitment and appointment of trustees

As set out in the Articles of Association the trustees by ordinary resolution may appoint a person who is willing to act to be a trustee either to fill a vacancy or as an additional trustee provided that the appointment does not exceed any number set as a maximum in the articles.

At every Annual General Meeting one third of trustees who are subject to retirement by rotation shall retire from office.

If the charity at the meeting at which a trustee retires by rotation, does not fill the vacancy the retiring trustee shall, if willing to act, be deemed to have been reappointed unless at the meeting it is resolved not to fill the vacancy unless a resolution for the reappointment of the trustees is put to the meeting and lost.

Induction and training of trustees

New trustees undergo an orientation day to brief them on their legal obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. During induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Major risks and management of those risks

Risks to Service Delivery

We are now in the fifth year following the 2015 Tender for the new contract for Carers services in Staffordshire and Stoke on Trent being awarded to a profit-making organisation. That contract has once again been rolled over for a further 12 months. Under Procurement terms the contract will be going out to open market next year. The Board regularly review the operations and finances of the Association and the decision to continue with the Carers Centre remains a priority. A number of further back office efficiencies have been made. Project staff have left the Association once their projects come to an end.

The staff restructure made last year has been successful and continues to ensure that we are able to continue with the quality service for existing projects. The Association remains pro-active in the writing of Bids, Grants and Tenders. Referrals into the Association remain steady with many Carers returning to NSC for services that are not provided by the current provider which does at times cause capacity issues. We work to our organisational strengths review and action plan to ensure that our priorities, governance and ethos remain primary.

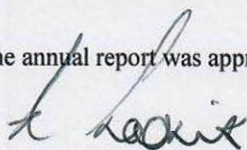
Important non-adjusting events after the financial period

Following the reporting year end the charity have made a report to the Charity Commission following a serious incident regarding the loss of the charity's money.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 23.11.21 and signed on its behalf by:



.....
Neil Chadwick
Trustee

North Staffs Carers Association

Independent Examiner's Report to the trustees of North Staffs Carers Association

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 7 to 24.

Respective responsibilities of trustees and examiner

As the charity's trustees of North Staffs Carers Association (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of North Staffs Carers Association are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of North Staffs Carers Association as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
Daryl Denson ACMA

VAST
The Dudson Centre
Hope Street
Hanley
Stoke-on-Trent
ST1 5DD

Date: 30/11/2021
.....

North Staffs Carers Association

**Statement of Financial Activities for the Year Ended 31 March 2021
(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)**

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	162,897	31,430	194,327
Other trading activities	4	81	2,099	2,180
Investment income	5	1,591	-	1,591
Total income		<u>164,569</u>	<u>33,529</u>	<u>198,098</u>
Expenditure on:				
Raising funds	7	-	(815)	(815)
Charitable activities	8	(108,480)	(169,055)	(277,535)
Total expenditure		<u>(108,480)</u>	<u>(169,870)</u>	<u>(278,350)</u>
Net income/(expenditure)		56,089	(136,341)	(80,252)
Transfers between funds		(48,264)	48,264	-
Net movement in funds		7,825	(88,077)	(80,252)
Reconciliation of funds				
Total funds brought forward		<u>154,595</u>	<u>178,917</u>	<u>333,512</u>
Total funds carried forward	18	<u>162,420</u>	<u>90,840</u>	<u>253,260</u>

The notes on pages 10 to 24 form an integral part of these financial statements.

North Staffs Carers Association

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	50,974	185,297	236,271
Other trading activities	4	100	1,056	1,156
Investment income	5	6,037	-	6,037
Other income	6	294	-	294
Total income		<u>57,405</u>	<u>186,353</u>	<u>243,758</u>
Expenditure on:				
Raising funds	7	-	(912)	(912)
Charitable activities	8	(78,118)	(256,343)	(334,461)
Total expenditure		<u>(78,118)</u>	<u>(257,255)</u>	<u>(335,373)</u>
Net expenditure		<u>(20,713)</u>	<u>(70,902)</u>	<u>(91,615)</u>
Net movement in funds		(20,713)	(70,902)	(91,615)
Reconciliation of funds				
Total funds brought forward		<u>175,308</u>	<u>249,819</u>	<u>425,127</u>
Total funds carried forward	18	<u>154,595</u>	<u>178,917</u>	<u>333,512</u>

All of the charity's activities derive from continuing operations during the above two periods.

The notes on pages 10 to 24 form an integral part of these financial statements.

North Staffs Carers Association
(Registration number: 03313461)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	14	15,211	22,816
Current assets			
Debtors	15	6,501	10,561
Cash at bank and in hand	16	<u>237,389</u>	<u>307,547</u>
		243,890	318,108
Creditors: Amounts falling due within one year	17	<u>(5,841)</u>	<u>(7,412)</u>
Net current assets		<u>238,049</u>	<u>310,696</u>
Net assets		<u>253,260</u>	<u>333,512</u>
Funds of the charity:			
Restricted income funds			
Restricted funds		90,840	178,917
Unrestricted income funds			
Unrestricted funds		<u>162,420</u>	<u>154,595</u>
Total funds	18	<u>253,260</u>	<u>333,512</u>

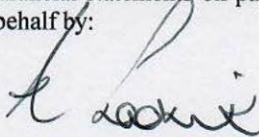
For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 7 to 24 were approved by the trustees, and authorised for issue on 23.11.21 and signed on their behalf by:



.....
Neil Chadwick
Trustee

The notes on pages 10 to 24 form an integral part of these financial statements.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Suite 11 - 12
Trent House
234 Victoria Road
Fenton
Stoke-on-Trent
ST4 2LW

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

North Staffs Carers Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

Gifts in kind

Gifts in kind are recognised in different ways dependent on how they are used by the charity:

- (i) Those donated for resale produce income when they are sold. They are valued at the amount actually realised.
- (ii) Those donated for onward transmission to beneficiaries are included in the Statement of Financial Activities as incoming resources and resources expended when they are distributed. They are valued at the amount the charity would have had to pay to acquire them.
- (iii) Those donated for use by the charity itself are included when receivable. They are valued at the amount the charity would have had to pay to acquire them.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	Straight line over 3 years
Motor Vehicles	Straight line over 4 years

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

3 Income from donations and legacies

	Unrestricted funds		Restricted funds £	Total 2021 £
	Designated £	General £		
Donations and legacies;				
Donations to major appeals	505	9,835	-	10,340
Grants, including capital grants;				
Government grants	-	64,099	-	64,099
Big Lottery Fund	-	60,834	-	60,834
Small grants from charities, trusts and foundations	-	4,127	-	4,127
BBC Children in Need	-	-	31,430	31,430
Stoke-on-Trent City Council	-	9,721	-	9,721
	-	12,226	-	12,226
Gifts in kind	-	1,550	-	1,550
	<u>505</u>	<u>162,392</u>	<u>31,430</u>	<u>194,327</u>

	Unrestricted funds		Restricted funds £	Total 2020 £
	Designated £	General £		
Donations and legacies;				
Donations to major appeals	2,624	15,661	2,909	21,194
Grants, including capital grants;				
Big Lottery Fund	-	-	125,345	125,345
7 Stars Foundation	-	-	14,987	14,987
Edward Gosling	-	-	15,000	15,000
BBC Children in Need	-	-	17,069	17,069
Coalfields	-	-	9,987	9,987
Stoke-on-Trent City Council	-	30,274	-	30,274
Gifts in kind	-	2,415	-	2,415
	<u>2,624</u>	<u>48,350</u>	<u>185,297</u>	<u>236,271</u>

4 Income from other trading activities

	Unrestricted funds	Restricted funds	Total
	General £	funds £	2021 £
Lotteries and competitions income	81	2,099	2,180
	<u>81</u>	<u>2,099</u>	<u>2,180</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

	Unrestricted funds General £	Restricted funds £	Total 2020 £
Local fundraising and street collection income	100	-	100
Lotteries and competitions income	-	1,056	1,056
	100	1,056	1,156

5 Investment income

	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income; Interest receivable on bank deposits	1,591	1,591
	1,591	1,591

	Unrestricted funds General £	Total 2020 £
Interest receivable and similar income; Interest receivable on bank deposits	6,037	6,037
	6,037	6,037

6 Other income

	Unrestricted funds Designated £	Total 2021 £	Total 2020 £
Fees and supplies	294	294	
	294	294	

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

7 Expenditure on raising funds

a) Costs of trading activities

	Note	Restricted funds £	Total 2021 £
Fundraising trading costs; Fundraising		815	815
		815	815
		Restricted funds	Total
	Note	£	£
Fundraising trading costs; Fundraising		912	912
		912	912

8 Expenditure on charitable activities

	Designated £	Unrestricted funds General £	Other £	Total 2021 £
Wages	-	9,178	127,876	137,054
Social security	-	-	6,801	6,801
Pensions	-	-	3,341	3,341
Other staff costs	-	436	2,178	2,614
Postage, printing and stationery	-	173	1,055	1,228
Sundries - gifts in kind	-	-	1,550	1,550
Volunteer expenses	-	-	144	144
Carers activities and sundries	(3,553)	-	386	(3,167)
Subscriptions and affiliations	-	755	-	755
Support costs allocated (note 9)	1,021	100,050	25,724	126,795
Hygiene and cleaning supplies	-	420	-	420
	(2,532)	111,012	169,055	277,535

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

	Unrestricted funds		Restricted funds	Total 2020
	Designated	General		
	£	£	£	£
Wages	14,944	-	149,895	164,839
Social security	-	-	9,218	9,218
Pensions	-	-	4,634	4,634
Other staff costs	-	218	9,697	9,915
Staff training	-	300	355	655
Telephone	-	-	1,865	1,865
Postage, printing and stationery	-	154	4,771	4,925
Advertising and publicity	-	60	-	60
Sundries - gifts in kind	-	2,415	-	2,415
Volunteer expenses	-	-	1,536	1,536
Carers activities and sundries	1,924	728	6,278	8,930
Subscriptions and affiliations	-	1,022	373	1,395
Coach Hire	-	-	1,930	1,930
Support costs allocated (note 9)	-	56,353	65,791	122,144
	<u>16,868</u>	<u>61,250</u>	<u>256,343</u>	<u>334,461</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

9 Analysis of governance and support costs

Charitable activities expenditure

	Unrestricted funds		Restricted funds £	Total 2021 £
	Designated £	General £		
Wages	-	56,019	-	56,019
Social security	-	2,798	-	2,798
Pensions	-	2,635	-	2,635
Repairs & Insurance	-	4,297	2,265	6,562
Information technology	21	3,409	-	3,430
Post, printing and stationery	-	276	35	311
Depreciation	-	7,605	-	7,605
Accountancy fees	-	1,134	-	1,134
Telephone	-	7,549	1,162	8,711
Bank charges	-	615	-	615
Utilities	-	2,466	2,003	4,469
Rent	-	13,421	13,248	26,669
Independent examination fee	-	1,680	-	1,680
Professional fees	1,000	2,634	523	4,157
Management fee	-	(6,488)	6,488	-
	<u>1,021</u>	<u>100,050</u>	<u>25,724</u>	<u>126,795</u>

	Unrestricted funds		Restricted funds £	Total 2020 £
	General £	General £		
Wages		16,890	28,855	45,745
Social security		3,143	-	3,143
Pensions		1,580	-	1,580
Repairs & Insurance		4,341	2,880	7,221
Information technology		3,201	-	3,201
Post, printing and stationery		370	267	637
Hygiene and cleaning supplies		614	-	614
Depreciation		7,605	-	7,605
Accountancy fees		1,687	-	1,687
Telephone		9,932	-	9,932
Bank charges		603	-	603
Utilities		4,937	3,452	8,389
Rent		13,277	9,723	23,000
Independent examination fee		1,680	-	1,680
Professional fees		3,984	3,123	7,107
Management fee		(17,491)	17,491	-
		<u>56,353</u>	<u>65,791</u>	<u>122,144</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

Governance costs

	Unrestricted funds General £	Total 2021 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
Other fees paid to examiners	1,134	1,134
	2,814	2,814
	Unrestricted funds General £	Total 2020 £
Independent examiner fees		
Examination of the financial statements	1,680	1,680
Other fees paid to examiners	1,687	1,687
	3,367	3,367

10 Government grants

During the period the charity received grants from the Big Lottery of £60,834 (2020: £125,345), Stoke-on-Trent City Council of £9,721 (2020: £30,274) and £64,099 (2020: £nil) from HMRC as part of the Job Retention Scheme. The amount of grants recognised in the financial statements was £134,654 (2020 - £155,619).

There were no unfulfilled conditions.

The charity has received no other forms of government assistance.

11 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

12 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	193,073	210,584
Social security costs	9,599	12,360
Pension costs	5,976	6,214
	208,648	229,158

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Average number of employees	9	7

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £87,083 (2020 - £82,372).

13 Taxation

The charity is a registered charity and is therefore exempt from taxation.

14 Tangible fixed assets

	Motor vehicles £	Total £
Cost		
At 1 April 2020	30,421	30,421
At 31 March 2021	30,421	30,421
Depreciation		
At 1 April 2020	7,605	7,605
Charge for the year	7,605	7,605
At 31 March 2021	15,210	15,210
Net book value		
At 31 March 2021	15,211	15,211
At 31 March 2020	22,816	22,816

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

15 Debtors

	2021 £	2020 £
Trade debtors	100	100
Prepayments	6,192	10,253
Other debtors	209	208
	<u>6,501</u>	<u>10,561</u>

16 Cash and cash equivalents

	2021 £	2020 £
Cash on hand	446	1,828
Cash at bank	236,943	64,390
Short-term deposits	-	241,329
	<u>237,389</u>	<u>307,547</u>

17 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	4,161	5,732
Accruals	1,680	1,680
	<u>5,841</u>	<u>7,412</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

18 Funds

Unrestricted funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted					
<i>General</i>					
General	4,140	163,984	(111,012)	-	57,112
<i>Designated</i>					
Payroll	75,502	-	-	-	75,502
Overheads	13,175	-	-	-	13,175
Adult Carers	53,035	(745)	(511)	(48,264)	3,515
Young Carers	8,743	1,330	3,043	-	13,116
	<u>150,455</u>	<u>585</u>	<u>2,532</u>	<u>(48,264)</u>	<u>105,308</u>
Total unrestricted	<u>154,595</u>	<u>164,569</u>	<u>(108,480)</u>	<u>(48,264)</u>	<u>162,420</u>
Restricted					
Carers Main	70,990	-	(37,254)	-	33,736
Young Carers	19,449	-	(16,941)	-	2,508
Mental Health Worker	6,366	-	-	-	6,366
Carers Centre	(19,138)	2,099	(31,225)	48,264	-
Young Carers County	9,084	-	-	-	9,084
Musketeers	3,866	-	-	-	3,866
Seasons of Care continuation	49,847	-	(49,847)	-	-
Rapid Response Service	4,289	-	-	-	4,289
Young Carers Forum	3,551	-	-	-	3,551
BBC Children in Need	(847)	31,430	(22,567)	-	8,016
Timeout	7,914	-	(7,914)	-	-
7 Stars	13,559	-	(282)	-	13,277
Amazing Memories	9,987	-	(4,740)	-	5,247
Total restricted	<u>178,917</u>	<u>33,529</u>	<u>(170,770)</u>	<u>48,264</u>	<u>89,940</u>
Total funds	<u>333,512</u>	<u>198,098</u>	<u>(279,250)</u>	<u>-</u>	<u>252,360</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
Unrestricted funds				
<i>General</i>				
General	10,903	54,487	(61,250)	4,140
<i>Designated</i>				
Payroll	75,502	-	-	75,502
Overheads	13,175	-	-	13,175
Carers Centre	14,944	-	(14,944)	-
Adult Carers	53,201	1,646	(1,812)	53,035
Young Carers	7,583	1,272	(112)	8,743
	<u>164,405</u>	<u>2,918</u>	<u>(16,868)</u>	<u>150,455</u>
Total unrestricted funds	<u>175,308</u>	<u>57,405</u>	<u>(78,118)</u>	<u>154,595</u>
Restricted				
Carers Main	100,990	-	(30,000)	70,990
Young Carers	19,449	-	-	19,449
Mental Health Worker	6,366	-	-	6,366
Carers Centre	-	3,965	(23,103)	(19,138)
Young Carers County	9,084	-	-	9,084
UP 2U	14,510	-	(14,510)	-
Young Carers - Wing It	254	-	(254)	-
Musketeers	9,215	25,925	(31,274)	3,866
Training, Information and Guidance	10,675	-	(10,675)	-
Seasons of Care continuation	52,245	99,420	(101,818)	49,847
Rapid Response Service	13,239	-	(8,950)	4,289
Young Carers Forum	3,551	-	-	3,551
BBC Children in Need	10,241	17,069	(28,157)	(847)
Timeout	-	15,000	(7,086)	7,914
7 Stars	-	14,987	(1,428)	13,559
Amazing Memories	-	9,987	-	9,987
	<u>249,819</u>	<u>186,353</u>	<u>(257,255)</u>	<u>178,917</u>
Total restricted funds	<u>249,819</u>	<u>186,353</u>	<u>(257,255)</u>	<u>178,917</u>
Total funds	<u>425,127</u>	<u>243,758</u>	<u>(335,373)</u>	<u>333,512</u>

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

The specific purposes for which the funds are to be applied are as follows:

Restricted Funds

Carers Main - Identify hidden Carers(>18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Young Carers - Identify hidden Carers(5-18), offering support, raising awareness of Carer issues with other professionals, aiding communications between service providers, planners and Carers wholistically improving emotional and physical wellbeing in N Staffordshire

Mental Health Worker - Provision of a Support Worker to work with Carers looking after someone with a Mental Illness

Carers Centre - Provide meeting place for Carers to come together with a variety of groups and one to one activities

Young Carers County - Identify hidden Carers (5-18), provide emotional support wholistically improving emotional and physical wellbeing in Newcastle/Moorlands

Carers Health, Wellbeing & Breaks - Carers H&W & Breaks

Seasons of Care - Offering Support to Carers including transitions threwh the caring journey

Musketeers - Tackles poor mental, emotional and physical health, improving YC's social life and educational attainment

Seasons of Care Continuation - Expansion of work providing support through transition to Carers including Health and Wellbeing.

Rapid Response Service - Rapid Response service to Carers through key transition points.

Young Carers Forum - Rucruitment and promotion of the Young Carers Forum

BBC Children in Need - To support young carers

Timeout - Activities and support for Young Carers

7 Stars - Counselling for Young Carers

Amazing Memories - Adult group activities for Carers and Cared for with Dementia.

Designated Funds

Payroll - To cover payroll costs in the event of loss of funding

Overheads - To cover overheads in the event of loss of funding

Young Carers - To provide support for young carers

Adult Carers - To provide support for adult carers

19 Analysis of net assets between funds

North Staffs Carers Association

Notes to the Financial Statements for the Year Ended 31 March 2021

	General £	Unrestricted funds Designated £	Other £	Total funds at 31 March 2021 £
Tangible fixed assets	15,211	-	-	15,211
Current assets	47,742	105,308	90,840	243,890
Current liabilities	(5,841)	-	-	(5,841)
Total net assets	57,112	105,308	90,840	253,260

	Unrestricted funds General £	Unrestricted funds Designated £	Restricted funds £	Total funds at 31 March 2020 £
Tangible fixed assets	22,816	-	-	22,816
Current assets	(11,264)	150,455	178,917	318,108
Current liabilities	(7,412)	-	-	(7,412)
Total net assets	4,140	150,455	178,917	333,512

20 Related party transactions

There were no related party transactions in the year.