



**SUTTON CARERS CENTRE  
CHARITY COMPANY  
(A company limited by guarantee)**

**REPORT OF THE TRUSTEES AND  
FINANCIAL STATEMENTS  
For the year ended 31st March 2024**

Charity no: 1062302  
Company no: 3353573

**SUTTON CARERS CENTRE CHARITY COMPANY**

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**for the year ended 31<sup>st</sup> March 2024**

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**SUTTON CARERS CENTRE CHARITY COMPANY  
REPORT OF THE TRUSTEES  
for the year ended 31<sup>st</sup> March 2024**

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31<sup>st</sup> March 2024. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland, issued in October 2019, and the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE INFORMATION**

<b>Charity Name:</b>	Sutton Carers Centre
<b>Charity registration Number:</b>	1062302
<b>Company registration number:</b>	3353573 (England & Wales)
<b>Registered Office and Operational Address:</b>	Benhill House 1 <sup>st</sup> Floor 12-14 Benhill Avenue, Sutton, Surrey SM1 4DA

**Trustees:**

Harsha Ganatra	Chair (to January 29 <sup>th</sup> 2024)
Dr. Shade Ajayi-Obe	Chair (from January 29 <sup>th</sup> 2024)
Andrew McCreddie	Treasurer (to July 22 <sup>nd</sup> 2024)
Dr Lindsay Woodhead	Trustee and Treasurer (appointed July 31 <sup>st</sup> 2024)
Alana Crisci	Trustee (to January 29 <sup>th</sup> 2024)
Bissy Thomas	Trustee
Patrick Hopkinson	Trustee
Sally Brearley	Trustee
Anne Dharmapaul	Trustee

**Advisors:**

Sarah Samee (to January 29<sup>th</sup>, 2025)  
Nadia Dhunna (to January 29<sup>th</sup>, 2025)  
Alf Matthews  
Don Brims  
Harsha Ganatra (from January 29<sup>th</sup>, 2025)

**Company Secretary:**

Rachael MacLeod      Chief Executive and Company Secretary

**Auditors:**                      Kingston Burrowes Audit Ltd  
308 Ewell Road, Surbiton, Surrey, United Kingdom, KT6 7AL

**Bankers:**                      Barclays Bank Ltd, 43 High St, Sutton SM1 1DR  
CCLA Investment Management Ltd, COIF Charity Funds,  
80 Cheapside, London EC2V 6DZ

Network Partner of, and quality assured by, *Carers Trust* (formed by the merger of the legacy organisations *Princess Royal Trust for Carers* and *Crossroads Care*), a national charity connecting and supporting independent Carers' organisations across the UK. Registered address: Carers Trust, 32-36 Loman Street, London SE1 0EH, Charity No. 1145181 (England & Wales) / SC042870 (Scotland). Registered as a company limited by guarantee in England and Wales No. 7697170.



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**Structure, Governance and Management**

*Governing Document*

Sutton Carers Centre (SCC) is a charitable company limited by guarantee, formed in 1994 and registered as a charity in 1997. The organisation was initiated in 1992 and was one of the first Princess Royal Trust for Carers Centres in the country. The company was established under a Memorandum which established the objects and powers of the charitable company and is governed under its Articles of Association. These were updated mainly to reflect changes in charity law a few years ago and continue to be regularly reviewed. In the event of the company being wound up, its members are required to contribute an amount not exceeding £1.

*Trustees*

As of 31st March 2023, the Board comprised five Trustees and four Advisers. We actively recruited new Trustees as part of our succession planning, ensuring a balanced mix of skills and lived experience to guide our work. At the time of writing the report in 2024-2025, we stand at six Trustees, with a new Chair, Treasurer and a mixture of Trustees and Advisors, both new and old, all very experienced and knowledgeable, able also to draw upon their lived experience of caring.

We sincerely thank our outgoing Trustees - our former Chair Harsha Ganatra, former Treasurer Andy McCreddie, and former Trustee Alana Crisci – and our outgoing Advisors, Sarah Samee and Nadia Dhunna - all of whom had served the charity with dedication for several years.

We welcome our new Chair, Dr Shade Ajayi-Ode, new Treasurer Dr Lindsay Woodhead, Sally Brearley and Anne Dharmapaul, as well as Don Brims as Advisor alongside Alf Matthews and former Chair Harsha Ganatra.

All Trustees/Directors serve as volunteers, many balancing this role alongside work or caring responsibilities. Trustee induction and training occur year-round in both formal and informal settings. We regularly assess the Board's skill set, considering organisational challenges and opportunities, while embracing the advantages of a diverse membership. Importantly, we remain Carer-led throughout. Trustees are elected by members at the AGM, stepping down on a rotational basis, with the option to stand for re-election.

Our Trustees and Advisers bring a wealth of professional experience in areas such as adult and children health, social care and community services, safeguarding, finance, fundraising, project and business management, as well as personal caregiving experience in Sutton. As we look to recruit another two Trustees, we will be looking to recruit people with additional Communications, Quality Assurance or HR experience.

The Management Board meets at least five times annually, in addition to the AGM. Trustees receive regular reports from the Chief Executive on strategic and governance matters requiring their attention or decision, alongside detailed financial updates from the RIO (Risk, Information and Opportunities) Committee. We also review the Risk Register, service reports, including contract performance, and receive updates from the Service Managers, Service Development Lead, Centre Co-ordinator, and Board and Business Support Manager on matters such as funding bids, HR, health and safety, quality assurance, and infrastructure. Safeguarding updates are provided at each meeting by the CEO, and we review complaints, GDPR issues, and celebrate successes.

The role of Board and Business Support Manager was introduced in May 2023 to offer dedicated infrastructure support to Trustees and Advisers, and to enhance recruitment and training processes. We now have a shared, online platform, providing Board members with timely access to Management Board papers, monitoring reports, business documents, newsletters, accounts, and administrative documents, in line with the Centre's environmental policy. This has improved capacity across the Board.



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**Organisational structure**

Day-to-day management of the charitable company is delegated to the CEO, who operates within the policies and target outcomes agreed by the Management Board. Despite challenges in funding and project streams, all services run concurrently to ensure a seamless Carer pathway, tailored to individual needs and desired outcomes. We take an integrated, 'matrix' approach, working across all ages and health and social care issues. This is guided by a 'Whole-Family and Think Family' philosophy, ensuring the best possible support for Carers and those they care for.

**Core teams**

The core teams comprise of:

- **Adult Carers Information and Advice Service** – This service provides income maximisation for whole families, alongside universal, light-touch, and advanced casework support for Carers, hospital and primary care outreach (in particular prevention and discharge support).
- **Adult Carers Preventative Support Service** – Includes Carer Wellbeing Navigation services, Talking therapies, End-of-Life care via Sutton's Palliative Care Co-ordination Hub, dementia and mental health-specific support, and targeted support for Carers with higher needs due to their caring role, wellbeing needs, or risk.
- **Young Carers Service** – Offers targeted advice, information, and support, with a focus on young people aged 8–18 (as well as a smaller focus up to age 25 if indicated) and their families. This service ensures Young Carers reach their potential, are protected from inappropriate caring responsibilities, and receive support in school settings.
- **Central Services** – Provides organisational infrastructure support, including communications, quality assurance, and resource management, as well as managing the Centre and our engagement within the wider community.

We also offer comprehensive training and consultancy to help other organisations improve their practices in identifying and supporting Carers and their families.

Each team delivers essential advice, information, emotional and practical support, while ensuring that all Carers and their families have access to:

- Breaks from their caring roles
- Training to support them in their caring roles
- Benefits and income advice, to overcome the financial inequalities that can come with caring
- Psychological and complementary therapies to maintain and promote better health and wellbeing for Carers and their families
- Opportunities to contribute their expertise to local and national policy and service development.

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*People*

Staffing levels have remained stable, with around 12 full-time and 7 part-time core staff across services. We regularly review roles in response to financial challenges and the increasing complexity of Carers' needs, ensuring staff are skilled and well-supported. The Board of Trustees sets the remuneration of key management personnel, considering the charity's financial position and industry benchmarks.

We are expanding the roles of our, mostly voluntary, Information Workers to increase outreach both in person and online, requiring additional training. Increasing volunteer numbers is a key strategic goal.

In addition to core staff, we host two Psychological Therapists from the Mental Health Trust and Senior Advisors in benefits and debt from Citizens Advice Sutton. We outsource accountancy, payroll, and some HR functions, and contract sessional workers for clinical supervision and training.

Currently, all staff and volunteers are current or former Carers, with professional qualifications in areas such as teaching, social work, or psychology. The team is predominantly female, but increasingly diverse in terms of age, heritage, and background, with many living within five miles of the Centre.

Volunteers remain crucial to our success, supporting every aspect of our work. Between 40 and 50 volunteers contribute over 100 hours weekly, covering roles such as Trustees, Therapists, Receptionists, Administration, Activity organisers, and Fundraisers. Their contribution, valued at approximately £110,000 annually, is vital to our local impact. At the time of writing, however, our volunteer numbers have dropped significantly as the Cost of Living and public sector crisis continues to bite. This has meant people returning to paid work, and our Carers who often volunteered to 'give back', get a break from caring and rebuild skills, find they no longer have the time.

We continue to actively recruit and support volunteers through our induction and training systems, aligned with the volunteer management quality mark. We also recognise their commitment during Volunteers' Week and through other appreciation efforts.

**Our Aims and Objectives**

We offer support to any unpaid Carer who lives, works or studies in the London Borough of Sutton (or where relevant, the surrounding areas if the person for whom they care is receiving services in Sutton) without distinction as to age, gender, disability, sexual orientation, faith or belief, ethnicity or caring responsibilities. We value the increasing diversity of our communities and do our utmost to remove or overcome barriers to accessing our services.

In line with national policy definitions, we define a 'Carer' as someone who, unpaid, cares for and supports a family member or friend, someone who needs this help due to illness, disability, mental ill-health or substance misuse issues.

*Purposes, Aims and Values*

Our Charity's purpose is defined and based on those set out in the Memorandum and Articles of Association.

Sutton Carers Centre's vision is of communities in which every Carer is recognised and respected as an individual and can get the support they need and the ongoing assurance that they are not alone.



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SCC's mission is to support Carers to improve their health, well-being and quality of life by:

- Reaching out to every carer living in the Borough of Sutton
- Helping each carer to understand their rights and get their voice heard; and
- Working with and for each carer, respecting and responding to their individual skills, experience and choices

Our values inform our work, to achieve our vision, reflecting not just WHAT we do, but HOW we do it. They are:

- **Respect:** for Carers and their individual views and skills, for staff and volunteers and for those with whom we work in partnership.
- **Sensitivity:** valuing difference and contributions from all, working together as a creative, harmonious team.
- **Delivery:** committed to quality support and making change happen in a planned, professional and appropriate manner

**How Carers Benefit from Our Services**

Our charity supports unpaid Carers living, working or studying in Sutton, with services focused on three key groups:

- Adult Carers (including older, parent, working, and 'sandwich' Carers)
- Young Carers (including sibling Carers)
- Carers supporting those with mental health, dementia, substance misuse issues, or end-of-life care (both young and adult Carers)

We provide advice, information, advocacy, and bio-psycho-social therapeutic services, in-person and online, expanding our reach while remaining mindful of digital exclusion. Centrally located in Sutton for accessibility, we also offer outreach services in local centres, especially in northern Sutton wards where many Carers face economic and social challenges. Increasingly, our services are delivered in community settings like schools and healthcare facilities.

Our services have evolved to support families with more complex needs, particularly since the Covid pandemic, which highlighted the challenges Carers face, including long-term physical and/or mental health needs and inequalities among minoritised communities.

We aim to help Carers maintain independence while offering support when needed. Our approach ranges from 'light-touch' assistance to more intensive interventions, ensuring ongoing connection and social support for Carer wellbeing. Carers receive information through induction packs, newsletters and bulletins, and can access help in crisis or as needed via phone, email, online or in person. We also assist Carers to access formal Carer's Needs Assessments from the Local Authority.



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Carers benefit from advice on income maximisation, psychological therapies, and participation in social, learning, and training activities. Support intensifies during crises, and we continue to develop staff and volunteer training to better address Carers' needs. Our approach includes assessing needs, planning support, and measuring the impact to ensure positive outcomes for Carers and their families.

We strive to reflect Sutton's diverse community in our Carer support, though male Carers, Young Adult Carers, and LGBTQ+ Carers remain under-represented, influencing our outreach efforts. We have increased support for ethnic minority Carers, Parent Carer groups, and special interest groups like Carers of people with dementia and continue to develop grass-roots initiatives such as Carer-led meditation groups.

*How the wider community benefits from our services*

### **Strategic Partnerships and Collaboration**

Sutton Carers Centre (SCC) works strategically in partnership with various organisations, focusing on the following:

- **National and Local Policies:** SCC aligns its work with key health and social care legislation and policies, including the Care Act 2014, Children and Families Act 2014, and the Health and Care Act 2022. Despite financial challenges, SCC addresses increasing needs and complexity.
- **Integrated Care System:** The CEO is a key member of the South West London Integrated Care System and Sutton 'Place' Partnership Board, working to influence policy, reduce hospital dependence, and address health inequalities. Increasingly, we are working across the whole-system through our particularly strong network of SW London Carers Centres.
- **Carer Engagement:** SCC ensures Carers' voices are heard by engaging with health and social care partners, especially in relation to strategic decisions and services, including Covid vaccination efforts.
- **Leadership and Collaboration:** The CEO and senior staff participate in the Sutton Systems Leadership Group and various health and social care boards.
- **Voluntary Sector Collaboration:** SCC works with local, regional, and national voluntary organisations, including Carers Trust, to identify and support Carers, share best practices, and influence policy. SCC is part of the 'Together for Sutton' consortium, enhancing third-sector collaboration and delivery, and is a member of Community Action Sutton and Sutton Healthwatch.
- **Young Carers:** SCC and our Young Carer Ambassadors collaborate with schools and healthcare providers to improve the identification and support of Young Carers in Sutton.
- **Voluntary Sector Networks:** In addition to being a Carers Trust Network Partner, SCC is affiliated with Carers UK, NCVO, and ACEVO, gaining best practice advice, quality assurance, and training opportunities.

This collaborative approach strengthens SCC's ability to support Carers in Sutton and influence local and national Carer-related policy.



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All our activities focus on supporting Sutton's Carers to achieve the following outcomes:

a) The five outcomes of the last National Carers Strategy 2010 and linked to the national Action Plan:

Carers are:

- Recognised and supported as expert care partners.
- Enjoying a life outside caring.
- Not financially disadvantaged.
- Mentally and physically well and treated with dignity.
- Children will be thriving and protected from inappropriate caring roles.

b) Carers can balance their caring roles and maintain their desired quality of life whilst:

- Maintaining that role and still enjoying good health and well-being and a life of their own, one that is free from financial hardship.
- Having access to work, leisure and social activity.

*How Our Activities Deliver Public Benefit*

In forming the charity's objectives and activities, the Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

*Some key achievements and plans for the future*

Despite what the latest census says, our evidence suggests that the numbers of Carers has grown, demands and needs have become more complex, and Carer wellbeing is negatively impacted by public service challenges and failures and feelings of isolation. When recognised and well-supported, however, Carers tell us that the rewards of caring can be great, and we see how looking after each other is a key component of a strong community. This opinion is shared by many in the field.

In response, below we list some of our key achievements and future work plans. For more information, please see our website: [www.suttoncarerscentre.org](http://www.suttoncarerscentre.org) which also contains newsletters and blogs; much information and many pictures can also be found in our Twitter feed @suttoncarers, Sutton Carers Centre Facebook page, YouTube and Instagram. We also are happy to share more detailed, anonymised monitoring information and case studies upon request – be it for funders, interested partners, the media, or Carers themselves.

We also were proud to have resumed our public Annual Review event for Carers and other colleagues last year, and produced an information-packed associated document regarding our impact; this can be found here: <https://www.suttoncarerscentre.org/post/annual-review-2022-2023>. In 2024, we will replace this with our first-ever Sutton Carers Conference, in partnership with London Borough of Sutton, and a new section on our website which will highlight what we done and the impact we have made.

The ambitious Conference will also be the launch of the engagement and consultation for the new Sutton Carers Strategy, much-needed. We aim to provide leadership, practical support and our knowledge and expertise around co-production to make this Strategy truly meaningful for Carers and their families as well as colleagues across the system. We also will be a system leader in the development of the new Dementia Strategy for Sutton.

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*Other Key highlights:*

- Despite extreme pressures, we again balanced our books, met our increased financial reserves target, diversified our funding further, and increased our service offer to Carers by approximately 25% across the last few years.
- We supported over 10,000 Carers, with approaching 2000 receiving the most intensive support, with the average number of interventions per Carer increasing by 1/3.
- All specific service output and outcome targets were achieved or exceeded and within budget. These are monitored and reported quarterly to our various funders as part of the regular performance management systems to provide proper accountability for the use of public funds. The financial management systems support this process.
- We are proud to report again that our large sample of Carers demonstrated marked improvement for Carers in many areas of their wellbeing and general life with our academically-validated outcome measures. These show that we have the most impact in the areas of mental and emotional health, financial health, relationships, confidence and self-esteem, reducing risk and increasing social connectedness. This is true for Carers of all ages, irrespective of caring roles. We also have shown greater levels of improvements year on year, across the last 3 years in our Young Carers in Schools programme, for example, although there had been some decrease for certain cohorts, e.g. teenage boys, which we will be attended to in 2023/24.
- We have increased the number of Carers from minoritised communities and groups receiving support through changes in our recruitment, targeting and service offer.
- We increased the number of staff who bring positive, lived experience of mental health issues as well as caring.

*Future plans*

Looking back at last year's plans, we are pleased that we achieved or progressed most of them, many reported above or via our website.

Our main risks remain:

- a) **Financial**, therefore we have prudently made savings, spent carefully yet well, and increased our reserve, raising and designating funds to help bridge these difficult times, also to ensure we are a 'going concern' for at least the next three years
- b) **Service Quality** in the face of such volume, complexity and demand and the related pressures this also places on the wellbeing of our lived experienced staff and volunteers
- c) **Accommodation**, as we face the threat, and also the opportunity of moving to new premises; we have planned well over the years for this possibility by designating funds to help us move as necessary.



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**Financial review**

The message still has not changed: the costs of the Covid Pandemic, decades of austerity and BREXIT has meant that Government funding for social care and Carers has been limited. Despite these financial challenges, Sutton Carers Centre has worked hard to bring together all available resources to deliver services for Carers. Locally, as part of the social care and health integration agenda, we are also seeing encouraging signs that people and partners in the 'Place' of Sutton may be coming together to overcome some of these challenges in uniquely local and inspiring ways. Working across the system is key – and seeing Carers as partners in that system alongside paid professionals, is equally key.

We are pleased to have secured 5 – 7 years funding (now entering year 3) for many of our core projects via the 'Together for Sutton' partnership and to have increased our support of Carers with mental health needs and Carers caring for people with mental health needs via the Community Mental Health Transformation partnership with other VCS partners and South West London and St George's Mental Health NHS Trust. We also are pleased to have provided increased support for End of Life Carers, more Income Maximisation for families, and increased support to Young Carers, especially at points of transition and in schools. We also now have a dedicated, small team trying to better support Adult and Young Carers when a family member or friend is being discharged from hospital.

Our service offer increased by approximately 25% across the last three years whilst we have been able to replenish our reduced general fund to reach the necessary 3 months' financial reserve, now between 5 and 6 months given the particular challenges we face with some funding streams finishing and the end of our lease at Benhill House (premises we also have outgrown).

Risks due to reductions in the overall amount of money for services being commissioned are now very clear. Equally, an increasing focus (long apparent in the NHS) on crisis or near crisis point interventions – to the detriment of a proper balance with spending on preventative measures and the longer-term gains they can bring – poses a considerable threat to the welfare of the majority of Carers. Our specialist support services and skilled information and advice should be well placed not only to help those in crisis but also prevent families from reaching that crisis point in the first place. Our services also strengthen family and community life, adding much social and public benefit.

*Incoming resources, resources expended and services*

Income was lower and expenditure was slightly lower than the previous year (2022/23), income being £730,120 (vs £749,169) mainly due to some income being received in advance; expenditure on services and support to Carers, however, increased to £740,883 (from £668,996). The largest income source continued to be the London Borough of Sutton (although the funding base has diversified). The overall total deficit for all funds is £10,763, and this is broken down into individual funds:

Unrestricted funds: income was £416,052 vs expenditure £333,295 with the surplus at end of year being £82,757. This a better out-turn than expected with the budgeted deficit set for 2023/24 of £52,586. The increase in surplus was due to a part-time post on hold, consultancy income generated, and a cost-of-living grant received from the National Lottery for Communities. The Board of Trustees agreed to transfer £75k to designated funds and £6.7k to restricted funds to balance overspends in some funding received.

Designated funds: the Board of Trustees agreed to the transfer to £75k from unrestricted to designated funds of £30k to increase the provision for refurbishment of the building, a condition of our lease, and to help us if we have to move; we also set aside funds of £45k for anticipated need to 'Bridge the Gap' in salaries (as one funding stream ends and we await outcomes of funding bids submitted).



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Restricted funds income was £314,068 vs expenditure £407,588; deficit at end of year was £86,839, plus brought forward from previous year 2022/23, total fund balance carried forward to 2024/25 being £36,387. In the previous year funding was received in advance £76.2k, and this has been spent and no further funding received in advance for 2024/25. This includes funding received in advance from Co-op Foundation £43.7k. Balance of funds received in advance in previous year was £43.5k. A further £36k is general carry forward on existing funding streams to following year.

Volunteers and students continued to offer their support and input, some of whom were qualified professionals or in advanced stages of training, thus helping to maintain services despite the reduced funds.

Our experienced paid staff also worked to find new and more efficient ways to serve the same volume of Carers within existing resources, even when Carers' lives are becoming more complex, especially with the ongoing impact of repeated lockdowns due to the COVID 19 pandemic and further impacted by the Cost-of-Living crisis.

2023/24 ended with a very much better than expected result due to our funding successes despite an extremely difficult financial environment, with the General Fund standing at an increased level of £326,204 (2022/23: £250,218). We were confident going into 2024-25, but anticipate that 2025-26 will be a more difficult year, also with changes in government and related policies.

Funds that are 'Restricted' are often given by donors to 'top-up' core funding for e.g. Carers' activities and breaks which provide much needed time out for both Young and Adult Carers but are not deemed appropriate to be funded by public bodies. They are valued greatly by Carers and their families, supporting their health and wellbeing, monies going directly and visibly to benefit Carers.

#### *Reserves Policy*

This policy relates to the level of reserves appropriate for Sutton Carers Centre. Each year the Finance and Funding Committee examines SCC's reserves in the light of the risks facing the organisation bearing in mind the Charity Commission's guidance. We recommended to the Management Board who agreed that our reserves policy remain the same.

We re-affirmed that we needed to aim to build up Unrestricted Fund reserves equal to 3 months budgeted total spending for the following financial year – and this was achieved in the previous year; as above, the Trustees aimed for a higher amount up to, but no more than 6 months.

2023/24 exceeded this minimum with £326,204 (an increase on last year's figure of £250,218) held as unrestricted funds (c41% of budgeted expenditure £787,445).

With the 2024/25 budgeted expenditure at £799,843, a 3 months' reserve would equal £199,960, so we are at c5 months, exceeding our current minimum target for 2024/25 (vs 2022/23 3.8 months) but not exceeding our maximum. Trustees feel that this level of spend, and reserve was appropriate given the ongoing pressures of COVID-19 and Cost-of-Living crisis, which affects Carers as well as the organisation; they also felt that this level strategically managed risk in the coming year. SCC remains vigilant in the current economic climate.

In the short-term, the Management Board also considers what might be done in terms of curtailing activities should the circumstances arise. Scenario-planning is imbedded in our Strategic Planning cycle and Risk Register, accordingly.



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*Investment Policy*

Aside from retaining a prudent amount in reserves each year, most of our funds are spent in the short-term on delivering our objectives, so we have little to invest long-term. All fund balances are held in bank current and deposit accounts or as cash so are immediately available. In common with many others in the charity sector, we invest such funds as we do have longer-term in the Charity Office Investment Funds (COIF), and our Virgin Deposit account.

Further details regarding the restricted funds are listed below:

**Restricted Funds**

**Circle Club & Kit Kat Club Balance    £150**

This fund resulted from a private donation several years ago and £600 monies were paid in from the former Kit Kat Club. The Circle and Kit Kat Clubs provided a social outlet for Carers, the people they care for and other family members. In consultation with members of the group, the Club was incorporated into the mainstream activities of the Centre. It is now used to fund or subsidise Carers' social activities, outings and courses, e.g. a restaurant outing, money for transport and so on. There was '0' spend during the year.

**Carers' Transport Fund Balance    £498**

This fund enabled us to offer and fund transport for Carers who have difficulty accessing public transport or have emergency transport needs. It enables Carers to attend events organised by the Centre and so be fully included, as well as participate in consultation, engagement and other agencies' events.

**Skills & Learning/Carers Relief Funds Balance    £2,453**

Carers Centres can apply to Carers Trust and Sutton Nursing Association on behalf of Carers to access nationally and local held funds that help improve Carer quality of life. All monies are paid to the Centre and then allocated to Carers. Balance b/fwd from previous year £3,715; during the year, another £4,533 was obtained for Carers and £5,795 spent, balance c/fwd to next year.

**Workforce Development Programme Balance    £10,000**

SCC was awarded £10k in 2022/23 from London Borough of Sutton. It has been agreed that funding be c/fwd to next year 2024/25 to run a Workforce Development Programme in conjunction with Service leads once the Council was ready.

**Dementia Carers Peer Support Programme Balance    £0**

SCC received £16,467 from London Borough of Sutton to provide support to Carers of someone living with dementia, following the expiry of the previous contract, funded by LBS and held by Age UK Sutton as lead. All the 16,467 was spent during the year.

**Winter Pressures/Better Care Fund Balance    £0**

SCC received a non-recurrent £32,482 from London Borough of Sutton on behalf of Health and Social Care to provide increased support to Carers being discharged from hospital or caring for someone being discharged from hospital. All the £32,482 was spent during the year.

**Suicide Prevention Balance    £0**

SCC received £5,000 from London Borough of Sutton in 2022/23 to provide workshops and related activity for Carers affected by suicidal risk as well as the wellbeing of staff and volunteers supporting them. Balance b/fwd from previous year £3,500 which was spent during the year.



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**Uplift Wellbeing Navigator** **Balance (£1,059)**

SCC received £41,097 by SWLStG MH NHS Trust to fund and employ specialist Carers' Wellbeing Navigator posts (1.2 FTE) as part of the 'Uplift' Service. A deficit b/fwd from 2022/23 (£1,188) and £40,969 was spent during the year, resulting in an overspend c/fwd to next year of £1,059.

**Sutton Carers Partnership Support Lead** **Balance £0**

SCC was awarded £50,000 a one-year development grant in 2022/23 from SWL/Sutton CCG as a strategic partner to assess the maturity of the integrated Health System in meeting its obligations towards Carers and making recommendations for developmental improvements. B/fwd from 2022/23 £7,498 which was spent during the year.

**Development of Carers' Manual** **Balance £297**

This manual was commissioned by the then Primary Care Trust a few years ago and is an information resource specifically for those Carers looking after people with mental health issues. The balance is retained to pay for any future inserts, updates and the expenses involved in storing and distributing the manual.

**Lloyd's Bank Foundation** **Balance £14,707**

SCC was awarded £15,000 in 2016/17 to research, develop and pilot a menu of chargeable services which meets the needs of Carers whilst generating sustainable income for the charity. This was to involve the recruitment of new posts, research, consultative events/meetings and to develop an operational plan to launch and run new services. Recruitment costs of £293 have been spent in advance, in readiness for recruitment, although this fund is currently under review with the funder, given the pandemic, cost of living crisis and SCC's changed priorities with plans to spend the money fully in 2024/5.

**BBC Children in Need** **Balance £4,698**

SCC was awarded a three-year grant to offer capacity-building support to schools as well as a range of support services for Young Carers in schools. These included training, one-to-one support, group activities and advocacy. Young Carers benefited through improved aspirations, increased engagement with education and better family relationships. Balance b/fwd from previous year 2022/23 was £5,145. The original project was for 3 years ending June 2021. SCC was awarded a new three-year grant for 3 years beginning September 2021. Funding received for the 3<sup>rd</sup> year (project beginning September 2023) was £39,837 and total spend £40,284.

**Peer Support** **Balance £663**

SCC was awarded £1,400 funding from Carers Trust. This enabled SCC to increase access for Young Adult Carers through the introduction of peer support groups. Balance b/fwd 2022/23 £729; £1,466 spent during the year and balance c/fwd to next year.

**iWill Peer Support** **Balance £0**

SCC was awarded £43,697 for the final year of a 3-year grant from the Co-op Foundation for Young Carers in schools for peer-to-peer support, and to improve wellbeing. All the £43,697 was spent during the year. In addition, SCC was awarded an additional £3,278 towards cost-of-living costs which was also spent during the year.

**City Bridge 'Bridging Divides'** **Balance £0**

SCC was awarded £41,467 from City Bridge in partnership with the lead, Citizens Advice Sutton. This enabled SCC to provide a dedicated worker to offer Carers support, also enabling Citizens Advice Sutton and Sutton Carers Centre to continue working together, providing Carers and their families with impartial, free, expert and comprehensive information, advice and support on welfare benefits and other income maximisation, service navigation, and caring issues. Spend during the year was £43,624 resulting in an overspend of £2,157 which SCC has covered from unrestricted reserves.



**SUTTON CARERS CENTRE CHARITY COMPANY  
REPORT OF THE TRUSTEES  
or the year ended 31<sup>st</sup> March 2024**

**Mental Health Transformation - Welfare Benefits**

**Balance £0**

SCC was awarded £43,594 via lead partner Citizens Advice Sutton to provide Mental Health Carers and their families' welfare benefits and related income maximisation and opportunities advice, information and support. All the £43,594 was spent during the year.

**End of Life Care**

**Balance £0**

SCC was awarded £32,846 for End of Life Care services from Sutton CCG, as was, via Epsom & St Helier Hospitals NHS Trust, Sutton Health and Care. This enabled SCC to provide a part-time, dedicated worker as part of the Palliative Care Co-ordination Hub to support Carers with a family member facing end of life. Deficit b/fwd from 2022/23 (£781), spend for the year £43,624 resulting in an overspend of £4,523. SCC has covered from unrestricted reserves.

**Young Carers General Activities**

**Balance £1,288**

SCC was awarded £1,250 in 2019/20, £750 in 2021/22 and £300 in 2022/23 from Jack Petchey Foundation towards Young Carers' Activities. Balance b/fwd from 2022/23 was £2,062. Spend for the year £1,074, balance c/fwd to next year.

**Young Carers Summer Activities**

**Balance £75**

SCC was awarded £500 from Jack Petchey in 2020 towards Young Carers Activities in the summer. Balance b/fwd from 2022/23 £75. No spend during the year, balance c/fwd to next year.

**Leader Award Grant**

**Balance £1,366**

SCC was awarded £1,279 from Jack Petchey in the year towards Young Carers. Balance b/fwd from 2022/23 £339.. Spend for the year was £252. Balance to be spent beginning 2024/25.

**Mental Health Transformation – Peer Support**

**Balance £0**

SCC was awarded a funding from SWLStG Mental Health NHS Trust of £86,520 in the year, to help develop an improved Carer identification and service delivery pathway, and to recruit staff to deliver Carer peer support functions to families connected to Recovery Support Teams in Sutton. All the £86,520 was spent during the year.

**Winter Engagement Fund**

**Balance £0**

SCC was awarded £500 from SWL ICS to help community members know how to get preventative and/or community-based health support, to reduce the pressure on acute services. This was spent during the year.

**7 Stars Foundation**

**Balance £1,251**

SCC was awarded £1,251 towards a new laptop for young carers in clubs that are held at SCC office. This was received at the end of the year and c/fwd to be spend at the beginning of 2024/25.

**Total Restricted Funds £36,387**

**SUTTON CARERS CENTRE CHARITY COMPANY  
REPORT OF THE TRUSTEES  
or the year ended 31<sup>st</sup> March 2024**

**Designated Funds**

**Provision for Refurbishment**

**Balance £60,000**

This fund was established by the Management Board initially to set aside funding on an annual basis for the re-decorating and re-instatement costs required under the terms of the current lease as well as other general refurbishment of the Centre and its resources. This year, funds were spent on ICT equipment in view of new digital priorities that emerged during the COVID-19 pandemic as well as aging equipment. Balance b/fwd from 2022/23 was £30,000 with '0' spend during the year. Positively, the lease with the landlords, fellow charity Aid to the Church in Need, UK was renewed at a fixed fee for 7 years in 2018/19 but that is nearing the end of its life, expiring in 2025. Considering the upcoming lease re-negotiations, the Board of Trustees agreed to designate a further £30k from unrestricted funds to the provision of refurbishment of our rented 1<sup>st</sup> Floor of their building and prepare for the costs of a move, also given we have outgrown our premises.

**Cost of Living Increases**

**Balance £30,000**

This fund was agreed by the Management Board and set-up in 2022/23 to cover anticipated Cost-of-Living increases, including inflationary pay increases for staff. No spend during the year and c/fwd to 2024/25.

**Bridging the Gap**

**Balance £45,000**

This fund was strategically agreed by the Management Board to mitigate the risk that may occur with gaps in funding streams; this fund will help to bridge that gap, i.e. during the periods SCC is awaiting outcomes of funding bids when previous funding has come to an end.

**Total Designated Funds £135,000**



**SUTTON CARERS CENTRE CHARITY COMPANY  
REPORT OF THE TRUSTEES  
for the year ended 31<sup>st</sup> March 2024**

The Trustees (who are also the directors of Sutton Carers' Centre for the purpose of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the charity SORP:2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will not continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

*Auditors*

Kingston Burrows Accountants have indicated their willingness to accept appointment as auditors of the charity for this next term and a resolution proposing their reappointment will be put to the members at the Annual General Meeting. We look forward to this new relationship.

We give sincere thanks to our previous firm 'Myrusers Smith', which has now merged with Kingston Boroughs. In particular, we thank Stephen Jones who has supported us with skill and kindness for decades. We wish him well in his retirement.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Trustees and signed on their behalf:



**Dr Lindsay Woodhead**  
**Trustee/Director and Treasurer**

Date 31 January 2025

Sutton Carers Centre Charity Company  
Benhill House 1<sup>st</sup> Floor  
12-14 Benhill Avenue  
Sutton, Surrey, SM1 4DA



Independent Auditor's Report to the Members of:

**SUTTON CARERS CENTRE CHARITY COMPANY**

**Opinion**

We have audited the financial statements of Sutton Carers Centre Charity Company (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The other information comprises the information included in the trustees report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the trustees report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.



Independent Auditor's Report to the Members of:

**SUTTON CARERS CENTRE CHARITY COMPANY**

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.



Independent Auditor's Report to the Members of:

**SUTTON CARERS CENTRE CHARITY COMPANY**

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance about actual and potential litigation or claims and the identification of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including testing journal entries and other adjustments for appropriateness; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.
- Performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- Professional scepticism in course of the audit and with audit sampling in material audit areas.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Kevin Fisher FCA (Senior Statutory Auditor)  
For and on behalf of Kingston Burrowes Audit Ltd  
Statutory Auditors  
308 Ewell Road, Surbiton,  
Surrey, United Kingdom,  
KT6 7AL

31 January 2025



**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(incorporating Income and Expenditure Account)**  
**for the year ended 31<sup>st</sup> March 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Income</b>					
Donations and legacies	2	11,714	-	11,714	6,029
Charitable activities	3	400,235	314,068	714,303	733,825
Investment income	4	1,068	-	1,068	310
Other income		3,035	-	3,035	9,005
<b>Total</b>		<b>416,052</b>	<b>314,068</b>	<b>730,120</b>	<b>749,169</b>
<b>Expenditure</b>					
Raising funds	5	22,291	-	22,291	12,638
Charitable activities	6	311,004	407,588	718,592	656,358
<b>Total</b>		<b>333,295</b>	<b>407,588</b>	<b>740,883</b>	<b>668,996</b>
<b>Net (expenditure)/income for the year</b>	10	<b>82,757</b>	<b>(93,520)</b>	<b>(10,763)</b>	<b>80,173</b>
Transfers between funds	17	(6,681)	6,681	-	-
<b>Net movement in Funds</b>		<b>76,076</b>	<b>(86,839)</b>	<b>(10,763)</b>	<b>80,173</b>
Total funds as at 1 April 2023	17	250,128	123,226	373,354	293,181
<b>Total funds as at 31 March 2024</b>	17	<b>£326,204</b>	<b>£36,387</b>	<b>£362,591</b>	<b>£373,354</b>

All income and expenditure derive from continuing activities.

The Statement of Financial Activities includes all recognised gains and losses.

The notes form part of these financial statements

**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**BALANCE SHEET**  
**as at 31<sup>st</sup> March 2024**

	Notes	2024 £	2023 £
<b>Current assets:</b>			
Debtors	13	201,324	181,136
Cash and Bank:			
Current Account		178,206	206,581
COIF Deposit Account		32	31
Virgin Deposit Account		41,911	41,470
Cash in hand		707	167
		<b>422,180</b>	<b>429,385</b>
<b>Liabilities:</b>			
Creditors: amounts falling due within one year	14	59,589	56,031
<b>Net assets</b>	16	<b>£362,591</b>	<b>£373,354</b>
<b>Funds:</b>			
Unrestricted	17	191,204	190,128
Designated (Unrestricted)	17	135,000	60,000
Restricted	17	36,387	123,226
	17	<b>£362,591</b>	<b>£373,354</b>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to Small Companies.

The financial statements were approved by the Management Committee on 31 January 2025 and were signed on its behalf by:



**Dr Lindsay Woodhead**  
**Trustee/Director and Treasurer**

The notes form part of these financial statements



**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**CASH FLOW STATEMENT**  
**for the year ended 31<sup>st</sup> March 2024**

	Notes	2024 £	2023 £
<b>Cash flows from operating activities</b>			
Net movement in funds per statement of financial activities		<b>(10,763)</b>	<b>80,173</b>
Adjustments for:			
Interest receivable	4	(1,068)	(310)
(Increase)/decrease in debtors		(20,188)	45,722
Increase/(decrease) in creditors		3,558	(18,854)
<b><i>Net cash (used in)/provided by operating activities</i></b>		<b><u>(28,461)</u></b>	<b><u>106,731</u></b>
<b>Cash flows from investing activities</b>			
Interest received	4	1,068	310
<b><i>Net cash provided by investing activities</i></b>		<b><u>1,068</u></b>	<b><u>310</u></b>
<b>Change in cash at bank in the year</b>		<b>(27,393)</b>	<b>107,041</b>
Cash at bank brought forward		<u>248,249</u>	<u>141,208</u>
<b>Cash at bank carried forward</b>		<b><u>£220,856</u></b>	<b><u>£248,249</u></b>

The notes form part of these financial statements

**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31<sup>st</sup> March 2024**

**1. Accounting policies**

**General information and basis of preparation**

Sutton Carers Centre Charity Company is a private company (No. 03353573), limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administrative Information on page 1.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on the going concern basis and under the historical cost convention. The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**Income recognition**

Items of income are recognised in the financial statements when all of the following criteria are met:

- The charity has entitlement to the funds;
- any performance conditions have been met or are fully within the control of the charity;
- there is sufficient certainty that receipt of the income is considered probable; and
- the amount can be measured reliably.

**Expenditure recognition**

Expenditure is recognised once there is a legal or constructive obligation to make payment to a third party, it is probable that settlement will be required and the amount can be measured reliably.

Expenditure includes those costs of a direct nature which can be allocated to a specific activity. It also includes indirect costs, including governance costs that do not relate to a specific activity but are necessary to support those activities. Support costs are apportioned to each activity on the basis of staff time.



**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)  
**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31<sup>st</sup> March 2024**

**1. Accounting policies (Contd)**

**Fund accounting**

Unrestricted general funds are freely available for use in furtherance of the objects of the charity and which have not been designated for particular purposes.

Designated funds are unrestricted funds set aside by the trustees for particular purposes.

Restricted funds are funds which can only be used in accordance with specific restrictions imposed by the donor or which have been raised for a particular purpose.

**Leases**

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

**Pensions**

The charity operates a defined contribution pension scheme. Contributions payable under the scheme are charged the Statement of Financial Activities in the year to which they relate.

**Debtors and Creditors**

Debtors and creditors with no stated interest rate and which are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

<b>2. DONATIONS AND LEGACIES</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Donations	11,714	-	11,714	6,029
Legacies	-	-	-	-
	<b>£11,714</b>	<b>£Nil</b>	<b>£11,714</b>	<b>£6,029</b>

All of the £6,029 recognised in 2023 was unrestricted funds.

**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31<sup>st</sup> March 2024**

<b>3. INCOME FROM CHARITABLE ACTIVITIES</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Adult Carers Advice, Information and Support (ALPS) via Citizen's Advice, Sutton	-	-	-	27,500
Adult Carers Preventative Support Service, Sutton Together	-	-	-	50,000
London Borough of Sutton (People (Directorate)): Young Carers Support	-	-	-	16,875
London Borough of Sutton – Together for Sutton via CAS	320,880	-	320,880	231,962
London Borough of Sutton – Dementia Programme	-	16,467	16,467	3,532
London Borough of Sutton – Winter Pressures	-	-	-	35,000
London Borough of Sutton – Suicide Prevention	-	-	-	5,000
SWLStG Mental Health NHS Trust – Carers Wellbeing Navigator	-	41,097	41,097	40,699
SWLStG Mental Health NHS Trust (Uplift Rental)	8,750	-	8,750	8,750
SWLStG Mental Health NHS Trust (IAPT/PTIPC)	15,000	-	15,000	15,000
SWLStG MH NHS Trust – Community Transformation	-	86,520	86,520	80,000
BBC Children in Need	-	39,837	39,837	49,581
City Bridge – Bridging Divides via CAB	-	41,466	41,466	43,228
SWLStG MH NHS Trust - Transformation for Welfare Benefits via Citizen's Advice Sutton	-	43,594	43,594	38,396
Co-op Foundation - #iWill Young Carers Skills and Learning/Carers Breaks and Relief	-	3,278	3,278	43,697
Epsom & St Helier Hospital Trust – End of Life Care	-	4,533	4,533	5,859
Jack Petchey Young Carers	-	32,846	32,846	28,846
Jack Petchey – Leader Award Grant	-	-	-	300
LBS via Age UK Sutton – Dementia Programme	-	1,279	1,279	600
National Lottery – Cost of Living Fund	-	-	-	9,000
SWL ICS Winter Engagement Fund	55,605	-	55,605	-
Rotary Club of Cheam	-	500	500	-
7 Stars Foundation	-	1,400	1,400	-
	-	1,251	1,251	-
	<b>£400,235</b>	<b>£314,068</b>	<b>£714,303</b>	<b>£733,825</b>

Of the £733,825 recognised in 2023, £350,087 was unrestricted and £383,738 was restricted funds.



**SUTTON CARERS CENTRE CHARITY COMPANY**  
(Registered Charity Number: 1062302)

**NOTES TO THE FINANCIAL STATEMENTS**  
for the year ended 31<sup>st</sup> March 2024

<b>4. INVESTMENT INCOME</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
Bank interest	<u>£1,068</u>	<u>£Nil</u>	<u>£1,068</u>	<u>£310</u>

All of the £310 recognised in 2023 was unrestricted funds.

<b>5. COST OF RAISING FUNDS</b>	<b>Direct Costs £</b>	<b>Support Costs £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Staff costs	16,656	-	16,656	10,115
Fundraising support	4,083	-	4,083	1,555
Printing and publicity	1,552	-	1,552	968
	<u>£22,291</u>	<u>£Nil</u>	<u>£22,291</u>	<u>£12,638</u>

All of the £12,638 expenditure recognised in 2023 was charged to unrestricted funds.

<b>6. EXPENDITURE ON CHARITABLE ACTIVITIES</b>	<b>Direct Costs £</b>	<b>Support Costs £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Carers advice, information and support	102,371	25,540	127,911	93,937
Adult carers services	126,356	42,659	169,015	169,267
Young carers services	124,363	25,841	150,204	137,466
Mental health services	223,687	47,775	271,462	255,688
	<u>£576,777</u>	<u>£141,815</u>	<u>£718,592</u>	<u>£656,358</u>

Of the £656,358 expenditure recognised in 2023, £273,380 was charged to unrestricted funds and £382,978 was charged to restricted funds.

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<b>7. ANALYSIS OF DIRECT COSTS</b>	<b>Raising Funds</b>	<b>Charitable Activities</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Staff costs	16,656	533,494	550,150	481,410
Rent, service charge and business rates	-	4,837	4,837	-
Recruitment expenses	-	1,141	1,141	2,623
Outsourced fundraising/financial services	4,083	14,633	18,716	5,544
Staff expenses	-	1,076	1,076	1,188
Staff training/wellbeing/mentoring	-	7,364	7,364	5,036
Stationery	-	4	4	-
Telephones	-	191	191	-
Volunteers training	-	-	-	30
Volunteers expenses	-	375	375	263
Counselling service	-	-	-	725
IT software/equipment	-	20	20	18,505
Carers breaks and activities	-	13,642	13,642	14,321
Newsletter/printing/publicity	1,552	-	1,552	1,473
	<b>£22,291</b>	<b>£576,777</b>	<b>£599,068</b>	<b>£531,118</b>

<b>8. ANALYSIS OF SUPPORT COSTS</b>	<b>Raising Funds</b>	<b>Charitable Activities</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Staff costs	-	27,227	27,227	18,745
Rent, service charge and business rates	-	44,884	44,884	50,481
Cleaning, waste disposal and alarm	-	4,689	4,689	4,509
Insurance	-	2,030	2,030	1,850
Office furniture, equipment and refurbishment	-	320	320	125
Computer software and maintenance	-	11,645	11,645	8,884
Newsletter/printing/publicity	-	579	579	985
Photocopier costs	-	1,942	1,942	985
Stationery	-	800	800	1,075
Postage	-	1,186	1,186	1,027
Telephones	-	9,756	9,756	7,662
Subscriptions	-	8,665	8,665	3,309
Outsourced payroll costs	-	2,614	2,614	2,103
Outsourced financial services	-	6,711	6,711	10,346
Consultancy fees	-	12,113	12,113	9,631
Meeting expenses (Management Board)	-	785	785	253
Audit Fee/Legal Exp/AGM Costs	-	-	-	-
Governance costs (see Note 9)	-	5,720	5,720	4,116
Bank charges	-	149	149	139
	<b>£Nil</b>	<b>£141,815</b>	<b>£141,815</b>	<b>£125,240</b>



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<b>9. GOVERNANCE COSTS</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Audit fee	3,570	-	3,570	3,353
Legal and professional fees	13	-	13	763
AGM and annual report	2,137	-	2,137	-
	<u>£5,720</u>	<u>£Nil</u>	<u>£5,720</u>	<u>£4,116</u>

**10. NET (EXPENDITURE)/INCOME**

Net (expenditure)/income for the year is stated after charging:

Auditor's remuneration	£3,570	£3,353
Operating lease rentals	£34,800	£34,800

**11. TRUSTEES' REMUNERATION AND EXPENSES**

The trustees neither received nor waived any remuneration during the year (2023: £Nil). Three trustees (2023: One trustee) were reimbursed travel expenses during the year of £305 (2023: £29).

**12. STAFF COSTS**

	<b>2024 £</b>	<b>2023 £</b>
Wages and Salaries	507,076	442,347
Employer's NI costs	45,057	37,672
Pension costs (defined contribution scheme)	25,244	20,136
	<u>£577,377</u>	<u>£500,155</u>

Total employee benefits received by key management amounted to £232,853 (2023: £215,658).

Under FRS 102, employee benefits include gross salary, benefits in kind, employee's national insurance and employer's pension costs.

One employee received total employee benefits (excluding employer pension costs) of more than £60,000 in the current year (2023: One).

The average number of employees was 18 (2023: 18), both part-time and full-time, analysed by function was:

	<b>2024 Number</b>	<b>2023 Number</b>
Direct charitable activities	15	15
Management and administration	3	3
	<u>18</u>	<u>18</u>

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<b>13. DEBTORS</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade debtors	182,085	158,344
Prepayments	19,239	22,792
	<u><b>£201,324</b></u>	<u><b>£181,136</b></u>

<b>14. CREDITORS: Amounts falling due within one year</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade creditors	23,001	28,815
Accruals and deferred income	19,883	13,439
Social security costs	12,969	10,168
Pension accrual	3,736	3,609
	<u><b>£59,589</b></u>	<u><b>£56,031</b></u>

<b>15. OPERATING LEASE COMMITMENTS</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
The total future minimum lease payments due under non-cancellable operating leases was as follows:		
Within one year	2,900	34,800
Two to five years	-	2,900
	<u><b>£2,900</b></u>	<u><b>£37,700</b></u>

<b>16. ANALYSIS OF NET ASSETS BETWEEN FUNDS</b>	<b>Unrestricted General Funds</b>	<b>Unrestricted Designated Funds</b>	<b>Restricted Funds</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>2024</b>				
Current assets	250,793	135,000	36,387	422,180
Current liabilities	(59,589)	-	-	(59,589)
<b>Total</b>	<u><b>£191,204</b></u>	<u><b>£135,000</b></u>	<u><b>£36,387</b></u>	<u><b>£362,591</b></u>

Comparative information for the analysis of net assets between funds in the previous year is as follows:

	<b>Unrestricted General Funds</b>	<b>Unrestricted Designated Funds</b>	<b>Restricted Funds</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>2023</b>				
Current assets	246,159	60,000	123,226	429,385
Current liabilities	(56,031)	-	-	(56,031)
<b>Total</b>	<u><b>£190,128</b></u>	<u><b>£60,000</b></u>	<u><b>£123,226</b></u>	<u><b>£373,354</b></u>



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<b>17. MOVEMENT IN FUNDS</b>	<b>Balance 1 April 2023 £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>Transfers £</b>	<b>Balance 31 March 2024 £</b>
<b>2024</b>					
<b>Unrestricted Funds:</b>					
Carers General Fund	<b>190,128</b>	<b>416,052</b>	<b>333,295</b>	<b>(81,681)</b>	<b>191,204</b>
<b>Designated Funds:</b>					
Provision for Refurbishments	30,000	-	-	30,000	60,000
Cost of Living Increases	30,000	-	-	-	30,000
Bridging the Gap	-	-	-	45,000	45,000
	<b>60,000</b>	<b>-</b>	<b>-</b>	<b>75,000</b>	<b>135,000</b>
<b>Restricted Funds:</b>					
Circle Club and Kit Kat Club	150	-	-	-	150
Carers' Transport Fund	498	-	-	-	498
Skills and Learning/Carers Relief and Breaks	3,715	4,533	5,795	-	2,453
LBS – Workforce Development Programme	10,000	-	-	-	10,000
LBS – Dementia Programme	-	16,466	16,466	-	-
LBS – Winter Pressure	32,482	-	32,482	-	-
LBS – Suicide Prevention	3,500	-	3,500	-	-
SWL StG Wellbeing Navigator	(1,187)	41,097	40,969	-	(1,059)
SWL CCG – Sutton Carers Support Partnership Lead	7,498	-	7,498	-	-
Development of Carers' Manual	297	-	-	-	297
Lloyds Bank Foundation	14,707	-	-	-	14,707
BBC Children in Need	5,145	39,837	40,284	-	4,698
Carers Trust - Peer Support	729	1,400	1,466	-	663
Co-op #iWill	43,697	3,278	46,975	-	-
City Bridge – Bridging Divides via CAB	-	41,467	43,624	2,157	-
MH Transformation for Welfare Benefits via CAB	-	43,594	43,594	-	-
Epsom & St Helier Hospitals NHS Trust	(781)	32,846	36,589	4,524	-
Jack Petchey – Young Carers	2,362	-	1,074	-	1,288
Jack Petchey – Young Carers Summer Activities	75	-	-	-	75
Jack Petchey – Leader Award Grant	339	1,279	252	-	1,366
Sutton VCSE – MH Transformation	-	86,520	86,520	-	-
SWL ICS Winter Engagement Fund	-	500	500	-	-
7 Stars Foundation	-	1,251	-	-	1,251
	<b>123,226</b>	<b>314,068</b>	<b>407,588</b>	<b>6,681</b>	<b>36,387</b>
<b>Total Funds</b>	<b>£373,354</b>	<b>£730,120</b>	<b>£740,883</b>	<b>£Nil</b>	<b>£362,591</b>

The purpose of each restricted fund and transfers is set out in the Trustees' Report.

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**17. MOVEMENT IN FUNDS**

Comparative information for the movement in funds in the previous year is as follows:

	Balance 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance 31 March 2023 £
<b>2023</b>					
<b>Unrestricted Funds:</b>					
Carers General Fund	154,749	365,431	286,018	(44,034)	190,128
<b>Designated Funds:</b>					
Provision for Refurbishments	15,966	-	-	14,034	30,000
	-	-	-	30,000	30,000
	15,966	-	-	44,034	60,000
<b>Restricted Funds:</b>					
Circle Club and Kit Kat Club	150	-	-	-	150
Carers' Transport Fund	1,021	-	523	-	498
Skills and Learning/Carers Relief and Breaks	3,642	5,859	5,786	-	3,715
LBS – Workforce Development Programme	10,000	-	-	-	10,000
LBS – Dementia Programme	-	3,532	3,532	-	-
LBS – Winter Pressure	-	35,000	2,518	-	32,482
LBS – Suicide Prevention	-	5,000	1,500	-	3,500
SWL StG Wellbeing Navigator	764	40,699	42,650	-	(1,187)
SWL CCG – Sutton Carers Support Partnership Lead	50,000	-	42,502	-	7,498
Development of Carers' Manual	297	-	-	-	297
Lloyds Bank Foundation	14,707	-	-	-	14,707
BBC Children in Need	-	49,581	44,436	-	5,145
BBC Children in Need - IT Equipment	1,000	-	1,000	-	-
Carers Trust - Peer Support	729	-	-	-	729
Co-op #iWill	35,212	43,697	35,212	-	43,697
City Bridge – Bridging Divides via CAB	-	43,228	43,228	-	-
MH Transformation for Welfare Benefits via CAB	-	38,396	38,396	-	-
Epsom & St Helier Hospitals NHS Trust	-	28,846	29,627	-	(781)
Age UK Sutton – Dementia Programme	2,500	9,000	11,500	-	-
Jack Petchey – Young Carers	2,062	300	-	-	2,362
Jack Petchey – Young Carers Summer Activities	255	-	180	-	75
Jack Petchey – Leader Award Grant	127	600	388	-	339
Sutton VCSE – MH Transformation	-	80,000	80,000	-	-
	122,466	383,738	382,978	-	123,226
<b>Total Funds</b>	£171,504	£804,078	£682,401	£Nil	£293,181



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**18. CONTINGENT ASSETS**

Total grant fund awarded as at 31 March 2024 but not yet received and recognised as income due to the recognition criteria not being met amounts to £574,826. (2023: £1,429,336)

**19. RELATED PARTY TRANSACTIONS**

There were no transactions with related parties other than set out in Notes 11 and 12 relating to trustees expenses and key management remuneration.

