

**SUTTON CARERS CENTRE
CHARITY COMPANY
(A company limited by guarantee)**

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
For the year ended 31st March 2022**

Charity no: 1062302
Company no: 3353573

SUTTON CARERS CENTRE CHARITY COMPANY

CONTENTS OF THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

	Page
Report of the Trustees	1 to 17
Report of the Independent Auditors	18 to 20
Statement of Financial Activities	21
Balance Sheet	22
Cash Flow Statement	23
Notes to the Financial Statements	24 to 34

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

The Trustees, who are also Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31st March 2022. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland, issued in October 2019, and the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name:	Sutton Carers Centre
Charity registration Number:	1062302
Company registration number:	3353573 (England & Wales)
Registered Office and Operational Address:	Benhill House 1 st Floor 12-14 Benhill Avenue, Sutton, Surrey SM1 4DA

Trustees:

Harsha Ganatra	Chair
Don Brims	Treasurer (until October '21)
Andrew McCredie	Treasurer (from November '21)
Margaret Hobbs	
Giuliana Rosenow	
Alana Crisci	
Bissy Thomas	
Patrick Hopkinson	

Advisors:

Sarah Samee	
Nadia Dhunna	
Alf Matthews	
Don Brims	(from November 2021)

Company Secretary:

Rachael MacLeod	Chief Executive and Company Secretary
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Auditors:	Myrus Smith, Chartered Accountants, Norman House, 8 Burnell Road, Sutton, SM1 4BW
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Bankers:	Barclays Bank Ltd, 43 High St, Sutton SM1 1DR CCLA Investment Management Ltd, COIF Charity Funds, 80 Cheapside, London EC2V 6DZ
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Network Partner of, and quality assured by, *Carers Trust* (formed by the merger of the legacy organisations *Princess Royal Trust for Carers* and *Crossroads Care*), a national charity connecting and supporting independent Carers' organisations across the UK. Registered address: Carers Trust, 32-36 Loman Street, London SE1 0EH, Charity No. 1145181 (England & Wales) / SC042870 (Scotland). Registered as a company limited by guarantee in England and Wales No. 7697170.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

Structure, Governance and Management

Governing Document

Sutton Carers Centre (SCC) is a charitable company limited by guarantee, formed in 1994 and registered as a charity in 1997. The organisation was initiated in 1992 and was one of the first Princess Royal Trust for Carers Centres in the country. The company was established under a Memorandum which established the objects and powers of the charitable company and is governed under its Articles of Association. These were updated mainly to reflect changes in charity law a few years ago and continue to be regularly reviewed. In the event of the company being wound up, its members are required to contribute an amount not exceeding £1.

Trustees

As of 31st March 2022, there were seven Trustees as Don Brims, our longstanding and much-valued Treasurer (as well as local Carer), retired in October 2021. The number of Advisers went up to four. We are actively recruiting new Trustees as part of succession planning and to ensure that we benefit from the right mix of skills and lived experience.

All Trustees/Directors are volunteers, and most have working and/or caring commitments in addition to this role. Induction and training for Trustees takes various forms, both formal and informal, and takes place throughout the year. We continually review the skills of Board members, considering the challenges and opportunities facing the organisation, whilst also embracing the benefits of a diverse membership.

We actively review our board membership and continually seek interest from potential Trustees. We remain Carer-led, across the board.

Our Trustees have a broad range of professional skills in working with adults, children and young people, finance, fundraising, marketing, PR and communications, project and business management, as well as their own personal experience of caring in Sutton.

Harsha Ganatra has chaired our Board of Trustees throughout the year. Harsha is a local resident and carer with a diverse professional career both within Local Authority and Charity sector as well as having previously worked as a CEO at another Carers Centre.

All Trustees are elected by our members at our AGM and resign by rotation, offering themselves up for re-election if desired.

The Management Board meets at least five times a year in addition to the AGM. Trustees receive regular reports from the Chief Executive on strategic and governance issues that require their knowledge or decision, as well as comprehensive financial monitoring from the Finance and Funding Committee. We also consider service reports (including contractual performance against key targets) from the Service Managers as well as highlights from our Office Manager on matters such as HR, health and safety, quality assurance and other infrastructure matters. The Board also receives a safeguarding report from the CEO at each meeting and we review any complaints, GDPR issues as well as celebrate accolades.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

The Finance and Funding Sub-Committee reports to the board. This committee meets between Management Board meetings and its remit remains the detailed monitoring of the financial performance of the Centre, as well as planning for ways the Board can meet its own targets for fundraising included in the annual budget; it also covers key HR and legal issues such as our lease contract, to make recommendations to the full Board as indicated.

Our Community Fundraising Events Working Group, set up in 2019, has proved invaluable – connecting with Sutton's community to raise additional funds to maintain, enhance and develop services for Sutton's carers.

Organisational structure

Day-to-day management of the Charitable Company is delegated to the CEO against the Management Board's agreed policies and target outcomes. Despite the 'back office' changes/challenges in funding and project streams, all services are run in parallel, aiming to provide a seamless Carer pathway as indicated by need and desired outcome. We work in an integrated, 'matrix' fashion across ages, and all health and social care issues, adopting a 'Whole-Family and Think Family' approach where this best meets the needs of Carers and the people for whom they care.

Core teams

The core teams comprise of:

- *Adult Carers Information and Advice Service* – including Income Maximisation work for whole families, as well as universal, light-touch plus advanced case-work support for Carers
- *Adult Carers Preventative Support Service* – including the Carer Wellbeing and Navigation services, End of Life Care as part of Sutton's Palliative Care Co-ordination Hub, dementia- and mental health caring-specific support, as well as our individual or family targeted support for any Carer in higher need due to their caring role, wellbeing issues or risk
- *Young Carers Service* – including targeted advice, information and support, focussing on young people aged 8 – 25 and their families, ensuring that Young Carers meet their potential and aspirations, and are protected from inappropriate caring roles
- *Central Services* – supporting organisational infrastructure, communications, quality assurance and management of resources, including the Centre itself and our presence in the wider community

We also have a well-developed training and consultancy offer to assist other organisations to improve their practice in identifying and supporting Carers and their families.

Each team provides a core service of advice, information and emotional and practical support, but also takes a lead to ensure that all Carers and their families have access to:

- breaks from their caring roles
- training to support them in their caring roles
- benefits and other income advice, to ensure Carers are not financially disadvantaged in their caring roles
- psychological and complementary therapies to help support Carer and family health and wellbeing.
- the opportunity and ability to offer their expertise regarding policy and service development.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

Staffing and volunteers

Staffing remained stable with approximately 12 full-time and 5 part-time core staff across all services. We continually review posts and roles given the difficult financial climate, whilst also recognising that the Carers we see are presenting with more complex needs, which requires highly skilled and well-supported staff. The remuneration of the charity's key management personnel is set by the Board of Trustees, taking into account the charity's financial position and the amount paid for comparable roles in comparable organisations.

We have worked to develop the roles of the (largely voluntary) Information Workers to increase outreach in person, online and through social media. This requires further training and flexibility, and given we desperately need even more volunteers, this is a strategic aim to develop our volunteering programme. Staff also have historically supported the independent Sutton Carers Forum, but this work has been paused so that we can review how best to support Carer colleagues to increase the Forum's inclusivity, reach and impact.

In addition to core staff, we continue to host 2 Psychological Therapists from the Mental Health Trust, an outpost for the teams of Admiral Nurses (the largest team in the country) and maintained the increased hours of the Senior Advisor/Case Workers from the Sutton CABx (now Citizens Advice Sutton). We continue to outsource our accountancy, payroll and some HR functions, as well as contract sessional workers for clinical supervision, some activities and training.

Most of our workers are current or former carers, many also have professional qualifications in e.g., teaching, social work or psychology. The team is still predominantly female, but continues to become on average younger, more diverse in terms of heritage and background and have increasing qualifications and experience. Interestingly, the majority of our staff live within a five-mile radius of the Centre.

As above, the Charity remains dependent on volunteers to achieve its aims, with volunteers in almost every area of our activities. Their contribution is highly valued, and we pay homage to the many hundreds of volunteers who have been involved with SCC since our inception. This includes Trustees, Therapists and Counsellors, Reception and Admin volunteers, Young and Adult Activity volunteers, Outreach Information, Advice, and Support volunteers and Fundraisers. Between 50 and 60 volunteers have contributed over 100 hours of their time each week. Local volunteers have an invaluable role for most charities seeking to serve their local community, and if their contribution to Sutton Carers Centre was costed, this would equate, conservatively, to nearly £110K.

We continue to actively recruit new volunteers and support both them and more experienced volunteers through our induction and training systems, in line with the standards of the volunteer management quality mark, including the use of our valuable reference handbook for volunteers. We celebrate the support of our volunteers with a small reception during Volunteers' Week each year amongst other efforts to recognise and reward their commitment.

During the COVID-19 pandemic, there was a continued increased reliance on volunteers to help SCC continue to reach and expand support to carers. This included setting up new internal and cross-Borough systems to aid carers accessing shopping, PPE and other essential items to their caring roles. Our volunteer Counsellors continued to offer one-to-one support remotely.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

Our Aims and Objectives

We offer support to any unpaid Carer who lives, works or studies in the London Borough of Sutton (or where relevant, the surrounding areas if the person for whom they care is receiving services in Sutton) without distinction as to age, gender, disability, sexual orientation, faith or belief, ethnicity or caring responsibilities. We value the increasing diversity of our communities and do our utmost to remove or overcome barriers to accessing our services.

In line with national policy definitions, we define a 'Carer' as someone who, unpaid, cares for and supports a family member or friend, someone who needs this help due to illness, disability, mental ill-health or substance misuse issues.

Purposes, Aims and Values

Our Charity's purpose is defined and based on those set out in the Memorandum and Articles of Association.

Sutton Carers Centre's vision is of communities in which every Carer is recognised and respected as an individual and can get the support they need and the ongoing assurance that they are not alone.

SCC's mission is to support Carers to improve their health, well-being and quality of life by:

- Reaching out to every carer living in the Borough of Sutton
- Helping each carer to understand their rights and get their voice heard; and
- Working with and for each carer, respecting and responding to their individual skills, experience and choices

Our values inform our work, to achieve our vision, reflecting not just WHAT we do, but HOW we do it. They are:

- **Respect:** for Carers and their individual views and skills, for staff and volunteers and for those with whom we work in partnership.
- **Sensitivity:** valuing difference and contributions from all, working together as a creative, harmonious team.
- **Delivery:** committed to quality support and making change happen in a planned, professional and appropriate manner.

How Our Activities Deliver Public Benefit

In forming the charity's objectives and activities, the Trustees confirm that they have had regard to the Charity Commission's guidance on public benefit.

All our activities focus on supporting Sutton's Carers to achieve the following outcomes:

- a) The five outcomes of the National Carers Strategy 2010 and linked to the national Action Plan: Carers are:
- Recognised and supported as expert care partners.
 - Enjoying a life outside caring.
 - Not financially disadvantaged.
 - Mentally and physically well and treated with dignity.
 - Children will be thriving and protected from inappropriate caring roles.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

b) Carers can balance their caring roles and maintain their desired quality of life whilst:

- Maintaining that role and still enjoying good health and well-being and a life of their own, one that is free from financial hardship.
- Having access to work, leisure and social activity.

c) SCC also works strategically and in partnership:

- Taking account of national and local health and social care policy, legislation and good practice. Our work takes reference to the refreshed Carers Strategy of 2010 (soon hopefully to be updated beyond the national Carers Action Plan of 2018- 2020) including the anticipated Health and Care Act 2022, the Health and Social Care Act 2012, the Care Act 2014, the Children and Families Act 2014, the NHS Long Term Plan 2019 and more - all in a climate of severe austerity with ever-declining funding and, at the same time, being required to deliver ever more both in terms of volume and complexity of need.
- Ensuring that our CEO continues to be a key member of the soon-to-be-formalised Integrated Care System and Partnership at Sutton 'Place' – which includes Sutton Council, NHS bodies and other health, social care and voluntary sector delivery partners (including the as-was Sutton Clinical Commissioning Group). Our CEO is tasked to advise and assist, with the interpretation of national policy, legislation and good practice as they relate to Carers. This involves working collaboratively to reduce the reliance on acute hospital services and reducing health inequalities.
- Supporting our Health and Social Care partners and others to engage with Carers on strategic priorities, service provision and future proposals, ensuring that Carer voices are heard and that their knowledge and perspectives are respected and incorporated. This included supporting our public health and clinical colleagues in encouraging Carers to take up Covid vaccinations as indicated.
- Ensuring that our CEO remains in one of the Voluntary Community Sector (VSC) seats on the 'Sutton Systems Leadership Group', a group that was instrumental in making unprecedented advances in partnership-working in Sutton. Senior staff members also continue to sit on a variety of partnership boards and working groups across primary and secondary health and social care.
- Working collaboratively with other voluntary and community sector organisations at a local, regional and national level to identify, recognise and support Carers, providing strategic infrastructure and partnership input where required.
- Working hard to ensure that professionals and other partners (e.g., G.P. surgeries and Hospital colleagues) are well-informed about our support and services so they can refer and encourage Carers to access our services as early as possible - before they reach crisis point. This was something that became ever more crucial in the wake of the Pandemic helping to build capacity in partner organisations, assisting them to develop ways of working to identify more Carers. Carers are valuable 'partners in care', bringing knowledge and experience, deserving of recognition and respect; newly identified Carers also may need support to enable them to continue caring whilst juggling other responsibilities.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

- Continuing to work with primary and secondary schools, as well as and health and social care organisations, to develop their awareness of Young Carers' needs and to ensure that more Young Carers are identified, supported appropriately and their needs are better understood by the school community including school nurses. Funding received from BBC Children in Need, Jack Petchey and the Co-op Foundation 'iWill' programme has enabled us to develop this work extensively.
- Strengthening our membership of the 'Sutton Together' consortium of voluntary organisations in Sutton, chaired by Community Action Sutton, designed to facilitate co-operative third sector bids where this adds value, also to extend reach, avoid duplication of services and increase efficiency. We see this as important for maximising the well-being, in the physical, mental, emotional and financial sense, of Sutton's Carers and their families. We are very grateful for the continued committed and positive working relationships we have with so many of our VCS colleagues. A priority this year was to win the newly-tendered Advice, Information, Support, Advocacy and Healthwatch service contracts (including Adult and Young Carers) as part of a new Sutton Together bidding partnership now called 'Together for Sutton'.
- Remaining an active partner and committed member of Carers Trust's national network of Carers Centres. This enables us to work together across the UK, as well as share and influence national policy, best practice, training and conference opportunities. We are grateful for the support of Carers Trust provides as an infrastructure organisation as well as enabling access to funds which help Carers in Sutton on an individual and family basis.
- We also work alongside Carers UK (the other national charity for Carers which focuses mainly on policy and influencing issues) to whom Sutton Carers is affiliated, as well as the National Council for Voluntary Organisations (NCVO), the Association for Chief Executives of Voluntary Organisations (ACEVO), and Community Action Sutton (formerly Sutton Centre for the Voluntary Sector). From these, we gain both best practice advice (an important component of quality assurance) including ongoing training for staff and volunteers) and some training opportunities for staff and volunteers. We remain an active member within Sutton Healthwatch, too.

How Carers benefit from our services

Our charitable remit is to assist unpaid family or friend carers who live or work in Sutton. There are three core groups of Carers around whom our services remain focused:

- Adult Carers including Older Carers, Parent Carers, Working Carers and Sandwich Carers.
- Young Carers including Sibling Carers.
- Carers supporting family or friends with mental health, dementia or substance misuse issues (both Young and Adult Carers).

The core areas of our work remain the provision of advice and information, advocacy, and a range of support and bio-psycho-social therapeutic services. We now also have a well-developed, hybrid version of services providing services both digitally and/or in-person to Carers. This has extended our reach to Carers who find it difficult to attend the Centre for support whilst being highly conscious that a proportion of our Carers remain digitally excluded.

SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022

We are purposefully based in central Sutton with good access to public transport networks so that the Centre is easily accessible to as many Carers as possible. We continue to provide some of our services regularly on an outreach basis at local centres to improve accessibility. Work in the more northern wards of Sutton has helped us reach communities where there are high numbers of Carers, residents caring for the longest hours, and families who experience some of the greatest economic and social challenges. We have developed our outreach, not only through existing community events, but now also in an increasing number of primary and secondary care settings, schools and colleges.

Following commissioning of our services via tenders or through competitive grant applications, the delivery of these services has changed with SCC working increasingly with more families in more complex situations. This became more evident during the onset and peak of the Covid pandemic. Not only did Carers and Carer families find themselves in highly challenging circumstances, but it exposed many more Carers and the intersection of inequalities that they experience e.g. Carers from minoritised communities. We note that there is a continuing need to increase support for mental health and wellbeing, too.

We strive to support Carers to self-care, remain unencumbered by professional input, yet help as much as possible where and when indicated. There remains the 'light-touch' level of work as well as the ability to 'step up and down' our interventions whilst not losing contact with families over time – social connectedness being key to Carer wellbeing.

Support is provided via information, advice and guidance through information packs and regular newsletters/bulletins (mainly via email and social media). However, we always remain available to support Carers who come to us in crisis, in need of ongoing frequent or infrequent specialist support – or some Carers may be in intermittent phone, email or personal contact, as they deem necessary to care well and stay in good health. We continue to refer or support Carers to receive a formal Carer's Needs Assessment with the Local Authority as needed and we will continue to influence the appropriate uptake of Assessments and ensuring that there are concrete outcomes for those Carers eligible for support.

We continue to provide advice, information and assistance with claiming benefits and other ways to maximise family income, the opportunity to receive psychological therapies such as Counselling and the chance to participate in a range of social, learning, creative or training activities, as well as breaks from caring roles. Some of this was necessarily put on hold during 'lockdowns', both due to the nature of contact during complementary therapies, but also availability of volunteers, as well as Carers being less able to attend in person.

Particularly at moments of crisis for the Carer, or the person they care for, support can be intensive for a period. Increasing numbers of Carers need specialist support, so we have been developing training and supervision programmes for both our paid staff and volunteers to be able to recognise, assess and respond to presenting and ongoing needs. Working with Carers, we assess their needs, plan the support that would be most helpful and then measure the impact, ensuring that what we do makes the most positive difference for Carers and their families.

The Carers we support broadly represent the communities in Sutton in terms of ethnicity, but male Carers, Young Adult Carers and Carers who identify as LGBTQ+ were still under-represented; therefore, this continues to influence outreach and service development. We continued to support a Complex Needs Carers Group, a Moving On group (for people whose cared for relative or friend who has died) and most recently, at their request, increased support to Parent Carer Groups, in partnership with National Autistic Society in Sutton, Sutton Parents Carers Forum and others. We have also maintained and grown groups such as the Carer-led Meditation and Relaxation group.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

Our key achievements and plans for the future

Below we list some of our key achievement and future work plans. For more information, please see our website: www.suttoncarerscentre.org and much information and many pictures can also be found in our Twitter feed @suttoncarers, Sutton Carers Centre Facebook page, YouTube and Instagram. We also are happy to share more detailed, anonymised monitoring information and case studies upon requests – be it for funders, interested partners, the media, or Carers themselves.

Key highlights:

- Despite extreme pressures, we balanced our books, maintained a minimal yet prudent level of financial reserves, diversified our funding, and increased our service offer to Carers by approximately 25%.
- We supported over 10,000 Carers with over 1,700 receiving the most intensive support (an increase from year on year). Our data continues to show a sharp increase in new Carers registering with us during the height of the Covid pandemic and thereafter. As the COVID pandemic restrictions were eventually lifted, we found that Carers were in more need than ever, many of whom did not have the opportunity to take breaks from their caring role or to look after their own health and wellbeing during lockdowns. Additional funding from City Bridge was key in meeting additional need.
- All specific service output and outcome targets were achieved or exceeded and within budget. These are monitored and reported quarterly to our various funders as part of the regular performance management systems to provide proper accountability for the use of public funds. The financial management systems support this process.
- We are proud to report again that our large sample of Carers demonstrated marked improvement for Carers in many areas of their wellbeing and general life with our validated outcome measures. These show that we have the most impact in the areas of mental and emotional health, financial health, relationships, confidence and self-esteem, reducing risk and increasing social connectedness. This is true for Carers of all ages, irrespective of caring roles. We also have shown greater levels of improvements year on year, across the last 3 years in our Young Carers in Schools programme, for example.
- In the last financial year of 20/21, we reported how we stepped up in responding to the COVID-19 challenges flexing our services so that opening hours extended round the clock 7 days a week, 10am – 10pm. This past year, we continued to meet the new challenges that COVID-19 brought. To this end, we have ensured that Carers could access priority Covid vaccines, raising awareness amongst our Carers as to why, when and how to get their vaccines not only for themselves but for their families, undoubtedly playing a part in the prevention of hospital admissions.
- Knowing that Young Carers (YCs) can often slip through the net missing out on **receiving vital** support at the right time, we continued to work with schools up and down Sutton resulting in 51 primary schools and 24 secondary schools better able to support Young Carers with our training and support. We are exceptionally proud that the age range of Young Carers we support got wider, with us reaching more YCs preventatively, at younger ages, as well as working with more older YCs at the point of transition into adulthood. We worked hard to receive additional funding for Young Carers, grateful to BBC Children in Need, the Co-op Foundation, Jack Petchey, and many private donations, particularly in light of the findings of Carers UK's report '*Carers' health and experiences of primary care – Data from the 2021 GP patient survey*' which highlighted that Carers aged 25 and under were significantly more likely to report a mental health condition than Older Carers aged 65+. (26% vs 5%).

SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022

- At the end of this last year, we were thrilled to win, in partnership with our local voluntary sector partners, 5 – 7 years funding from Sutton Council (in partnership with Sutton CCG, as was) to create the 'Together for Sutton' delivery partnership. This core funding is key to our financial stability and crucial in maintaining the continued support of the 10,000 Carers that are registered with us as well as identifying increasing numbers of Carers who may be under-served in Sutton.
- Mental health has become an increasingly important factor for Carers and so we were very pleased to become key delivery partners in the Mental Health Community Transformation Programme, helping to identify and support Carers of children and adults with mental health needs and Carers who have mental health needs themselves at an earlier point in their caring journey.

Future plans

- Mobilising the new 'Together for Sutton' contract, working with partners to ensure support for Carers is embedded within local statutory/public and voluntary agencies/organisations, alongside using our knowledge, skills and experience to support Carers directly
- Enabling Carers to have more involvement and support:
 - As partners in care - influencing the development of local services. We're really hoping carers will take a more prominent role in the local Sutton Health and Care Plan and they become an even greater priority across the Integrated Care System alongside developing our own role within the health and care system.
 - In discharge planning - following on from research we have conducted locally about Carer experiences of hospital discharge, we plan to work locally to support improved Carer involvement in discharge planning, as well as access to appropriate levels of support, in line with new duties detailed in the Health and Care Act 2022.
 - Enabling families to be better supported in the community and reduce, limit or prevent hospital stays through the Triangle of Care initiatives.
- Continuing to expand our work with Primary Care Networks, and as above, develop further plans to address Carer identification in hospital settings to prevent, reduce or delay hospital admissions of the people they care for as well as enable Carers to stay well themselves.
- Continuing to work strategically through Leadership Fora the local Health and Wellbeing Board, as well as contributing to 'Sutton Health and Care', the 'Sutton Plan' and the Sutton Health and Care Plan.
- Helping to identify new Carers including Young Carers so that they do not care in silence, invisible and alone. Our work is not done here: In November 2021, BBC News published a report saying nearly 180,000 children in England who care for a relative may be missing out on support because they are not known to their Council. Statistics from Carers UK also tells us that every day another 6,000 people take on a caring responsibility. Part of our plan will be to undertake increased outreach work to identify more carers in the community including people who are experiencing cost of living pressures (newly emerging as the year ended), mental health needs, or who may be underserved or minoritised.
- Continuing to meet Covid challenges ensuring that our Carers can continue to care safely and well with support. The Pandemic may be 'over' for many, but not for many caring families.
- Helping reduce the impact of the cost-of-living crisis on Carers and tackle the health inequalities that Covid has exposed.
- Carrying on addressing the mental health needs of our Carers including Young Carers.
- Developing further our volunteering programme which will feed into our inequalities work stream.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

- Working further as a Carers Trust Network Partner, contributing to and learning from best practice, as well as Carers UK Affiliate, contributing to national campaigns to address inequalities.
- Strengthening the governance of our charity, recruiting more Board members at all levels, increasing Board support (digital and in-person), developing individual Personal Development Plans as well as a collective training and development programme.
- Renewing our Quality Assurance Marks for the charity, as well as for our specific Adult and Young Carer Services
- Developing our training offer for schools as well as the Health and Social Care workforce, regarding e.g. dementia caring, Carers Assessments and so on.

Financial review

The costs of the Covid Pandemic, decades of austerity and BREXIT has meant that Government funding for social care and Carers has been limited. Despite these financial challenges, Sutton Carers Centre has worked hard to bring together all available resources to deliver services for Carers. Locally, as part of the social care and health integration agenda, we are also seeing encouraging signs that people and partners in the 'Place' of Sutton may be coming together to overcome some of these challenges in uniquely local and inspiring ways. Working across the system is key – and seeing Carers as partners in that system alongside paid professionals, is equally key.

We are pleased to have secured 5 – 7 years funding for many of our core projects via the 'Together for Sutton' partnership and to have increased our support of Carers with mental health needs and Carers caring for people with mental health needs via the Community Mental Health Transformation partnership with other VCS partners and South West London and St George's Mental Health NHS Trust. We also are pleased to have provided increased support for End of Life Carers, more Income Maximisation for families, and increased support to Young Carers, especially at points of transition and in schools (excited to have received a further 3 years BBC Children in Need funding).

Our service offer has increased by approximately 25% whilst being able to replenish our reduced general fund to just maintain the necessary 3 months' financial reserve.

Risks due to reductions in the overall amount of money for services being commissioned are now very clear. Equally, an increasing focus (long apparent in the NHS) on crisis or near crisis point interventions - to the detriment of a proper balance with spending on preventative measures and the longer-term gains they can bring - poses a considerable threat to the welfare of the majority of Carers. Our specialist support services and skilled information and advice should be well placed not only to help those in crisis but also prevent families from reaching that crisis point in the first place. Our services also strengthen family and community life, adding much social and public benefit.

Incoming resources, resources expended and services.

Income and expenditure were higher than the previous year (2020/21), income being £804,078 (vs £659,722), expenditure on services and support to Carers increased to £682,401 (from £630,613). The largest income source continued to be the London Borough of Sutton (although the funding base has diversified). The overall total surplus for all funds is £121,677, and this is broken down into individual funds:

Unrestricted funds income was £462,562 vs expenditure £395,625 with the surplus at end of year being £57,501. This was in line with the budgeted surplus set for 2021/22 of £16k to help replenish the reserve depleted to meet the needs of Carer during COVID, reduced fund-raising, and a better out-turn than expected due to consultancy income generated.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

During the year the Trustees approved an additional transfer of £10,000 to Designated Funds to increase the provision for refurbishment of the building, a condition of our lease.

Restricted funds income £341,516 vs expenditure £286,776; surplus at end of year £54,751, plus brought forward from previous year 2020/21, total fund balance carried forward to 2022/23 £122,466. This includes funding received in advance from Co-op £35.2k, SWL CCG £50k, LBS Workforce Development £10k, Age UK Sutton Dementia Carers Peer Support £2.5k, BBC Children in Need IT £1k, Carers Grants £.6k to be spent in the following year. A further £23.2k is general carry forward on existing funding streams to following year.

Volunteers and students continued to offer their support and input, some of whom were qualified professionals or in advanced stages of training, thus helping to maintain services despite the reduced funds.

Our experienced paid staff also worked to find new and more efficient ways to serve the same volume of Carers within existing resources, even when Carers' lives are becoming more complex, especially with repeated lockdowns due to the COVID 19 pandemic.

2021/22 ended with a much better than expected result despite a difficult financial environment, with the General Fund standing at an increased, and just adequate, £170,715.

Funds that are 'Restricted' are often given by donors to 'top-up' core funding for e.g. Carers' activities and breaks which provide much needed time out for both Young and Adult Carers, but are not deemed appropriate to be funded by public bodies. They are valued greatly by Carers and their families, supporting their health and wellbeing, monies going directly and visibly to benefit Carers.

Reserves Policy

This policy relates to the level of reserves appropriate for Sutton Carers Centre. Each year the Finance and Funding Committee examines SCC's reserves in the light of the risks facing the organisation bearing in mind the Charity Commission's guidance. We recommended to the Management Board (who agreed) that our reserves policy remain the same.

We re-affirmed that we needed to aim to build up unrestricted fund reserves, equal to 3 months' budgeted total spending for the following financial year.

As above, the Reserves Policy, as set by the Trustees, is to have reserves equal to a minimum of 3 months' budgeted expenditure for the following year. 2021/22 achieved the minimum with £170,715 (an increase on last year's figure of £103,789) held as unrestricted funds (25% of budgeted expenditure £680,681).

With the 2022/23 budget at £728,901, a 3 months' reserves would equal £182,225, so we are c6.5% (vs 2021/22 c28%) under our current target for 2022/23. Trustees feel that this level of spend was still needed given the ongoing pressures of COVID-19 affecting Carers but also felt that this level appropriately managed risk. This does not allow much flexibility given the risks identified, however, therefore SCC will work assertively to build this up further to the 3 months' level of the now increased service offer.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

In the short term, the Management Board also considers what might be done in terms of curtailing activities should the circumstances arise. Scenario-planning is imbedded in our Strategic Planning cycle and Risk Register, accordingly.

Investment Policy

Aside from retaining a prudent amount in reserves each year, most of our funds are spent in the short-term on delivering our objectives, so we have little to invest long-term. All fund balances are held in bank current and deposit accounts or as cash so are immediately available. In common with many others in the charity sector, we invest such funds as we do have longer-term in the Charity Office Investment Funds (COIF), and Virgin Deposit account.

Further details regarding the restricted funds are listed below:

Restricted Funds

Circle Club & Kit Kat Club **Balance £150**

This fund resulted from a private donation several years ago and £600 monies were paid in from the former Kit Kat Club. The Circle and Kit Kat Clubs provided a social outlet for Carers, the people they care for and other family members. In consultation with members of the group, the Club was incorporated into the mainstream activities of the Centre. It is now used to fund or subsidise Carers' social activities, outings and courses, e.g. a restaurant outing, money for transport and so on. There was '0' spend during the year.

Carers' Transport Fund **Balance £1,021**

This fund enabled us to offer and fund transport for those Carers who have difficulty accessing public transport or have emergency transport needs. It enables Carers to attend events organised by the Centre and so be fully included, as well as participate in consultation, engagement and other agencies' events. Balance b/fwd from 2020/21 was £1,043 with a total spend during the year of £22.

Skills & Learning/Carers Relief Funds **Balance £3,642**

Carers Centres can apply to Carers Trust and Sutton Nursing Association on behalf of Carers to access nationally and local held funds that help improve Carer quality of life. All monies are paid to the Centre and then allocated to Carers. This year, another £7,514 was obtained for Carers and £6,910 spent, remainder carried forward for spend.

Carers Forum Development **Balance £0**

SCC was awarded £9,898 in 2014/15 by the Social Community Fund via Sutton CVS (now Community Action Surrey) to review and develop the Carers Forum and other means of Carer involvement and representation. Balance b/fwd from 2020/21 £2,450 with a total spend of £2,450 during the year.

Workforce Development Programme **Balance £10,000**

SCC was awarded these monies in the year from London Borough of Sutton. Funding has been c/fwd to next year 2022/23 to run a Workforce Development Programme in conjunction with Service leads once the tender process is completed and new contracts mobilised.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
or the year ended 31st March 2022**

Uplift Wellbeing Navigator **Balance £764**

SCC was awarded £40,699 by SWLStG following a successful tender to Sutton CCG for community Wellbeing Services. This money funds specialist Carers' Wellbeing Navigator posts (1.2 FTE) via SCC, as part of the 'Uplift' Service. £39,508 was spent during the year.

Sutton Carers Partnership Support Lead **Balance £50,000**

SCC was awarded a one-year development grant in the year from SWL CCG to assess the maturity of the integrated Health System in meeting its obligations towards Carers and making recommendations for developmental improvements. The funded aspects of the project are to commence following year 2022/23 and funding has been c/fwd

Development of Carers' Manual **Balance £297**

This manual was commissioned by the then Primary Care Trust a few years ago and is an information resource specifically for those Carers looking after people with mental health issues. The balance is retained to pay for any future inserts, updates and the expenses involved in storing and distributing the manual.

Lloyd's Bank Foundation **Balance £14,707**

SCC was awarded £15,000 in 2016/17 to research, develop and pilot a menu of chargeable services which meets the needs of Carers whilst generating sustainable income for the charity. This was to involve the recruitment of new posts, research, consultative events/meetings and to develop an operational plan to launch and run new services. Recruitment costs of £293 have been spent in advance, in readiness for recruitment, although this fund is currently under review with the funder, given the pandemic and SCC's changed priorities.

BBC Children in Need **Balance £0**

SCC was awarded a three-year grant to offer capacity-building support to schools as well as a range of support services for Young Carers in schools. These included training, one-to-one support, group activities and advocacy. Young Carers benefited through improved aspirations, increased engagement with education and better family relationships. Balance b/fwd from previous year 2020/22 was £1,880. The original project was for 3 years ending June 2021.

SCC was awarded a new three-year grant for 3 years beginning September 2021. Funding received for the 1st year (project beginning September 2021), was £21,382 and total spend £23,362.

BBC Children in Need – IT Equipment **Balance £1,000**

SCC was awarded a one-off grant of £1,000 to purchase IT equipment for Young Carers. This helped improve the Young Carers engagement in school education and maintaining and improving peer relationships. There was no spend during the year c/fwd to 2022/23.

Peer Support **Balance £729**

SCC was awarded £1,000 funding from Carers Trust. This enabled SCC to increase access for Young Adult Carers through the introduction of peer support groups. Balance b/fwd 2020/21 £729, there was no spend during the year, and the remainder will be spent in the coming year.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
or the year ended 31st March 2022**

COVID Emergency Funds Adult & Young Carers **Balance £0**

SCC was awarded 3 grants from Carers Trust: two for Adult Carers £3,000 and one for Young Carers £1,500. These were for Carers in need of emergency help during the pandemic. Balance b/fwd £70 with a total spend during the year of £70.

#iWill Peer Support **Balance £35,212**

SCC was awarded £34,586 from the Co-op Foundation for Young Carers in schools for peer- to-peer support, and to improve wellbeing. Spend during the year was £34,586. Funding was extended to a 2-year grant and funding was received in advance for year two and has been carried forward to 2022/23.

Bridging Divides **Balance £0**

SCC was awarded £37,950 from City Bridge in partnership with the lead, Citizens Advice Sutton. This enabled SCC to provide a dedicated worker to offer Carers support, also enabling Citizens Advice Sutton and Sutton Carers Centre to continue working together, providing Carers and their families with impartial, free, expert and comprehensive information, advice and support on welfare benefits and other income maximisation, service navigation, and caring issues. All the £37,950 was spent during the year.

End of Life Care **Balance £0**

SCC was awarded £28,346 for End of Life Care funding from Sutton CCG, as was, via Epsom & St Helier Hospitals NHS Trust, Sutton Health and Care. This enabled SCC to provide a part-time, dedicated worker to support Carers with a family member in hospital facing end of life. Spend during the year was £28,346.

Dementia Carers Peer Support Programme **Balance £2,500**

SCC received £10,000 from London Borough of Sutton via lead partner Age UK Sutton to provide support to Carers of someone living with dementia. Spend during the year was £7,500.

COVID-19 Wave 4 – Navigating Crisis **Balance £0**

SCC received £9,856 in 2020/21 from London Community Response Fund for 2 workers to conduct assertive, telephone/video outreach to unpaid Carers from the BAMER/BIPOC community to assess need, offer tailored advice, information and support, and develop new forms of service – to improve mental and physical wellbeing, the ability to care, and reduce isolation. Balance b/fwd from 2020/21 was £7,689 with a total spend of £7,689.

Young Carers General Activities **Balance £2,062**

SCC was awarded £1,250 in 2019/20, £750 in 2020/21, and £850 in 2021/22 from Jack Petchey towards Young Carers' Activities. Balance b/fwd from 2020/21 was £1,248 with a total spend during the year of £36.

Young Carers Summer Activities **Balance £255**

SCC was awarded £500 from Jack Petchey in 2021 towards Young Carers Activities in the summer. Balance b/fwd from 2020/21 £255. There has been '0' spend during the year.

COVID Response Fund **Balance £0**

SCC was awarded £17,575 from Jack Petchey in 2021/22 towards increasing engagement with Young Adult Carers through social media, upskilling SCC staff and the creation of a sustainable online community that suits all. All the £17,575 was spent during the year. The total cost was £17,586 with a transfer being made from unrestricted funds to restricted of £11.

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
or the year ended 31st March 2022**

Leader Award Grant **Balance £127**

SCC was awarded £988 from Jack Petchey in 2021/22 towards purchasing equipment, namely a camera plus podcast and editing software that was used for the creation of content for our 'Sutton Young Carers Media Take Over'. Spend during the year was £861.

Mental Health Transformation – Peer Support **Balance £0**

SCC was awarded a funding from SWLStG Mental Health NHS Trust of £80,000 p/a in 2021/22, towards helping develop the pathfinder partnership, the newly-designed MH system architecture, an improved Carer identification and service delivery pathway, and to recruit staff to deliver Carer peer support functions to families connected to Recovery Support Teams in Sutton. The term of the contract is for 3 years ending on 31st March 2024.

Total Restricted Funds **Balance £122,466**

Designated Funds

Provision for Refurbishments **Balance £15,966**

This fund was established by the Management Board initially to set aside funding on an annual basis for the re-decorating and re-instatement costs required under the terms of the current lease as well as other general refurbishment of the Centre and its resources. This year, funds were spent on ICT equipment in view of new digital priorities that emerged during the COVID-19 pandemic as well as aging equipment. Balance b/fwd from 2020/21 was £6,091 and spend in the year was £125. Positively, the lease with the landlords, fellow charity Aid to the Church in Need, UK was renewed at a fixed fee for 7 years in 2018/19 but that is nearing the end of its life. So in light of the upcoming lease re-negotiations and assumed renewal, the Board of Trustees agreed to designate £10k from unrestricted funds to the provision of refurbishment of the building.

Total Designated Funds **Balance £15,966**

**SUTTON CARERS CENTRE CHARITY COMPANY
REPORT OF THE TRUSTEES
for the year ended 31st March 2022**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees (who are also the directors of Sutton Carers' Centre for the purpose of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the charity SORP:2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will not continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

Auditors

Myrus Smith Chartered Accountants have indicated their willingness to accept reappointment as auditors of the charity for a further term and a resolution proposing their reappointment will be put to the members at the Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by the Trustees and signed on their behalf:



Harsha Ganatra
Trustee/Director and Chair
30th November 2022

Sutton Carers Centre Charity Company
Benhill House 1st Floor
12-14 Benhill Avenue
Sutton, Surrey, SM1 4DA

Independent Auditor's Report to the Members of:

SUTTON CARERS CENTRE CHARITY COMPANY

Opinion

We have audited the financial statements of Sutton Carers Centre Charity Company (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the trustees report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditor's Report to the Members of:

SUTTON CARERS CENTRE CHARITY COMPANY

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Independent Auditor's Report to the Members of:

SUTTON CARERS CENTRE CHARITY COMPANY

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:


- Enquiry of management and those charged with governance about actual and potential litigation or claims and the identification of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Auditing the risk of management override of controls, including testing journal entries and other adjustments for appropriateness; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of business.
- Performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud.
- Professional scepticism in course of the audit and with audit sampling in material audit areas.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Stephen Jones FCA (Senior Statutory Auditor)
For and on behalf of Myrus Smith
Chartered Accountants and Statutory Auditors
Norman House, 8 Burnell Road
Sutton, Surrey
SM1 4BW

30th November 2022

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

STATEMENT OF FINANCIAL ACTIVITIES
(incorporating Income and Expenditure Account)
for the year ended 31st March 2022

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Income					
Donations and legacies	2	13,453	-	13,453	24,993
Charitable activities	3	442,960	341,516	784,476	615,942
Investment income	4	56	-	56	145
Other income		6,093	-	6,093	18,642
Total		462,562	341,516	804,078	659,722
Expenditure					
Raising funds	5	13,288	-	13,288	13,246
Charitable activities	6	382,337	286,776	669,113	617,367
Total		395,625	286,776	682,401	630,613
Net income/(expenditure) for the year	10	66,937	54,740	121,677	29,109
Transfers between funds	17	(11)	11	-	-
Net movement in Funds		66,926	54,751	121,677	29,109
Total funds as at 1 April 2021	17	103,789	67,715	171,504	142,395
Total funds as at 31 March 2022	17	£170,715	£122,466	£293,181	£171,504

All income and expenditure derive from continuing activities.

The Statement of Financial Activities includes all recognised gains and losses.

The notes form part of these financial statements

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

BALANCE SHEET
as at 31st March 2022

	Notes	2022 £	2021 £
Current assets:			
Debtors	13	226,858	90,891
Cash and Bank:			
Current Account		99,756	94,207
COIF Deposit Account		30	30
Virgin Deposit Account		41,389	41,334
Cash in hand		33	33
		368,066	226,495
Liabilities:			
Creditors: amounts falling due within one year	14	74,885	54,991
Net assets	16	£293,181	£171,504
Funds:			
Unrestricted	17	154,749	97,698
Designated (Unrestricted)	17	15,966	6,091
Restricted	17	122,466	67,715
	17	£293,181	£171,504

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to Small Companies.

The financial statements were approved by the Management Committee on 30th November 2022 and were signed on its behalf by:

Harsha Ganatra

Harsha Ganatra
Trustee and Chair

The notes form part of these financial statements

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

CASH FLOW STATEMENT
for the year ended 31st March 2022

	Notes	2022 £	2021 £
Cash flows from operating activities			
Net movement in funds per statement of financial activities		121,677	29,109
Adjustments for:			
Interest receivable	4	(56)	(145)
Decrease/(increase) in debtors		(135,967)	(35,077)
(Decrease)/increase in creditors		19,894	(3,551)
Net cash (used in)/provided by operating activities		5,548	(9,664)
Cash flows from investing activities			
Interest received	4	56	145
Net cash provided by investing activities		56	145
Change in cash at bank in the year		5,604	(9,519)
Cash at bank brought forward		135,604	145,123
Cash at bank carried forward		£141,208	£135,604

The notes form part of these financial statements

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

1. Accounting policies

General information and basis of preparation

Sutton Carers Centre Charity Company is a private company (No. 03353573), limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the Reference and Administrative Information on page 1.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on the going concern basis and under the historical cost convention. The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income recognition

Items of income are recognised in the financial statements when all of the following criteria are met:

- The charity has entitlement to the funds;
- any performance conditions have been met or are fully within the control of the charity;
- there is sufficient certainty that receipt of the income is considered probable; and
- the amount can be measured reliably.

Expenditure recognition

Expenditure is recognised once there is a legal or constructive obligation to make payment to a third party, it is probable that settlement will be required and the amount can be measured reliably.

Expenditure includes those costs of a direct nature which can be allocated to a specific activity. It also includes indirect costs, including governance costs that do not relate to a specific activity but are necessary to support those activities. Support costs are apportioned to each activity on the basis of staff time.

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

1. Accounting policies (Contd)

Fund accounting

Unrestricted general funds are freely available for use in furtherance of the objects of the charity and which have not been designated for particular purposes.

Designated funds are unrestricted funds set aside by the trustees for particular purposes.

Restricted funds are funds which can only be used in accordance with specific restrictions imposed by the donor or which have been raised for a particular purpose.

Leases

Operating lease rentals are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pensions

The charity operates a defined contribution pension scheme. Contributions payable under the scheme are charged the Statement of Financial Activities in the year to which they relate.

Debtors and Creditors

Debtors and creditors with no stated interest rate and which are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

2. DONATIONS AND LEGACIES	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Donations	13,453	-	13,453	14,993
Legacies	-	-	-	10,000
	<u>£13,453</u>	<u>£Nil</u>	<u>£13,453</u>	<u>£24,993</u>

Of the £24,993 recognised in 2021, £23,686 was unrestricted funds and £1,307 was restricted funds.

SUTTON CARERS CENTRE CHARITY COMPANY

(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2022

3. INCOME FROM CHARITABLE ACTIVITIES	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Adult Carers Advice, Information and Support (ALPS) via Citizen's Advice, Sutton Together	110,000	-	110,000	110,000
Adult Carers Preventative Support Service, Sutton Together	200,000	-	200,000	199,982
London Borough of Sutton (People (Directorate)): Young Carers Support	67,500	-	67,500	67,557
London Borough of Sutton – AC & YC's Uplift	-	-	-	20,066
London Borough of Sutton – COVID Support	-	-	-	11,000
London Borough of Sutton – COVID Recovery	40,110	-	40,110	-
London Borough of Sutton - Workforce Development Programme	-	10,000	10,000	-
SWLStG via Imagine – Carers Wellbeing Navigator	-	40,699	40,699	23,016
SWLStG Mental Health NHS Trust (Uplift Rental)	8,750	-	8,750	8,750
SWLStG Mental Health NHS Trust (IAPT/PTiPC)	15,000	-	15,000	15,000
SWL CGC Sutton Carers Support Partnership Lead	-	50,000	50,000	-
BBC Children in Need	-	21,382	21,382	35,954
BBC Children in Need – IT Equipment	-	1,000	1,000	3,071
BBC Children in Need – Next Step Programmes	-	-	-	19,680
Big Lottery Fund -AYCES	-	-	-	8,670
City Bridge – Bridging Divides via CAB	-	37,950	37,950	-
Sutton VCSE – Community Transformation	-	80,000	80,000	-
Carer Trust Grants:				
Adult Carers COVID Emergency Fund No. 1	-	-	-	1,500
Adult Carers COVID Emergency Fund No. 2	-	-	-	1,500
Young Carers COVID Emergency Fund	-	-	-	1,500
Me We Project (previously Me We Support)	-	-	-	5,000
Community Action Sutton – Carers Forums	1,600	-	1,600	1,600
Co-op #iWill	-	35,212	35,212	34,586
Skills and Learning/Carers Breaks and Relief	-	7,514	7,514	8,058
Epsom & St Helier – End of Life Care	-	28,346	28,346	28,346
Jack Petchey Young Carers	-	850	850	750
Jack Petchey Young Carers Summer Activities	-	-	-	500
Jack Petchey – COVID Response Fund	-	17,575	17,575	-
Jack Petchey – Leader Award Grant	-	988	988	-
London Community Response Fund	-	-	-	9,856
Age UK Sutton – Dementia Programme	-	10,000	10,000	-
	£442,960	£341,516	£784,476	£615,942

Of the £615,942 recognised in 2021, £442,625 was unrestricted and £173,317 was restricted funds.

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

4. INVESTMENT INCOME	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
Bank interest	<u>£56</u>	<u>£Nil</u>	<u>£56</u>	<u>£145</u>

All of the £145 recognised in 2021 was unrestricted funds.

5. COST OF RAISING FUNDS	Direct Costs £	Support Costs £	Total 2022 £	Total 2021 £
Staff costs	9,816	-	9,816	10,925
Fundraising consultants	1,888	-	1,888	1,396
Printing and publicity	1,584	-	1,584	925
	<u>£13,288</u>	<u>£Nil</u>	<u>£13,288</u>	<u>£13,246</u>

All of the £13,246 expenditure recognised in 2021 was charged to unrestricted funds.

6. EXPENDITURE ON CHARITABLE ACTIVITIES	Direct Costs £	Support Costs £	Total 2022 £	Total 2021 £
Carers advice, information and support	78,132	42,743	120,875	99,175
Adult carers services	146,572	27,612	174,184	133,154
Young carers services	115,503	26,010	141,513	186,747
Mental health services	190,249	42,292	232,541	198,291
	<u>£530,456</u>	<u>£138,657</u>	<u>£669,113</u>	<u>£617,367</u>

Of the £617,367 expenditure recognised in 2021, £482,699 was charged to unrestricted funds and £134,668 was charged to restricted funds.

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

7. ANALYSIS OF DIRECT COSTS	Raising Funds £	Charitable Activities £	Total 2022 £	Total 2021 £
Staff costs	9,816	487,912	497,728	432,552
Recruitment expenses	-	1,410	1,410	2,327
Outsourced fundraising and financial services	1,888	2,648	4,536	12,433
Sub-contractor costs	-	9,900	9,900	13,506
Staff expenses	-	1,005	1,005	654
Staff training/wellbeing/mentoring	-	5,363	5,363	2,376
Volunteers training	-	258	258	-
Volunteers expenses	-	394	394	47
Counselling service	-	2,395	2,395	1,965
IT software/equipment	-	6,809	6,809	487
Carers breaks and activities	-	11,313	11,313	17,710
COVID	-	360	360	17,259
Grants to carers	-	-	-	-
Newsletter/printing/publicity	1,584	689	2,273	1,893
	£13,288	£530,456	£543,744	£503,209
8. ANALYSIS OF SUPPORT COSTS	Raising Funds £	Charitable Activities £	Total 2022 £	Total 2021 £
Staff costs	-	29,040	29,040	10,245
Rent, service charge and business rates	-	49,613	49,613	49,487
Cleaning, waste disposal and alarm	-	3,811	3,811	3,073
Insurance	-	1,783	1,783	2,062
Office furniture, equipment and refurbishment	-	203	203	2,327
Computer software and maintenance	-	7,234	7,234	7,675
IT equipment	-	1,690	1,690	4,280
Photocopier costs	-	806	806	639
Stationery	-	706	706	294
Postage	-	1,291	1,291	1,358
Telephones	-	5,763	5,763	5,235
Subscriptions	-	10,801	10,801	8,098
Outsourced payroll costs	-	2,238	2,238	2,134
Outsourced financial services	-	13,607	13,607	21,727
Consultancy fees	-	4,643	4,643	5,381
Meeting expenses (Management Board)	-	688	688	91
Management Board training	-	-	-	95
Audit Fee/Legal Exp/AGM Costs	-	-	-	-
Governance costs (see Note 9)	-	4,613	4,613	3,113
Bank charges	-	127	127	90
	£Nil	£138,657	£138,657	£127,404

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

9. GOVERNANCE COSTS	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
Audit fee	3,100	-	3,100	3,100
Legal and professional fees	1,513	-	1,513	13
AGM and annual report	-	-	-	-
	<u>£4,613</u>	<u>£Nil</u>	<u>£4,613</u>	<u>£3,113</u>

10. NET INCOME/(EXPENDITURE)	2022	2021
Net income/(expenditure) for the year is stated after charging:		
Auditor's remuneration	£3,100	£3,100
Operating lease rentals	<u>£2,900</u>	<u>£2,900</u>

11. TRUSTEES' REMUNERATION AND EXPENSES

The trustees neither received nor waived any remuneration during the year (2021: £Nil). No trustees (2021: 0 trustees) were reimbursed for travel expenses during the year (2021: £Nil).

12. STAFF COSTS	2022	2021
	£	£
Wages and Salaries	466,906	394,634
Employer's NI costs	38,082	30,356
Pension costs (defined contribution scheme)	21,780	17,807
	<u>£526,768</u>	<u>£442,797</u>

Total employee benefits received by key management amounted to £240,464 (2021 : £186,477).

The increase in key management salaries is due to increased funding resulting in two new senior posts.

Under FRS 102, employee benefits include gross salary, benefits in kind, employee's national insurance and employer's pension costs.

No employee received total employee benefits (excluding employer pension costs) of more than £60,000 in either year.

The average number of employees was 19 (2021 : 17), calculated on a full-time equivalent basis, analysed by function was:

	2022	2021
	Number	Number
Direct charitable activities	19.5	18.5
Management and administration	4.0	3.0
	<u>23.5</u>	<u>21.5</u>

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

13. DEBTORS	2022	2021
	£	£
Trade debtors	174,657	72,937
Prepayments	52,201	17,954
	<u>£226,858</u>	<u>£90,891</u>
 14. CREDITORS: Amounts falling due within one year	 2022	 2021
	£	£
Trade creditors	18,745	10,916
Accruals and deferred income	35,604	20,770
Social security costs	19,498	20,839
Pension accrual	1,038	2,466
	<u>£74,885</u>	<u>£54,991</u>
 Deferred income analysis		
		£
As at 1 April 2021		-
Additions during the year		247,276
Amounts released to income		(247,276)
		<u></u>
As at 31 March 2022		<u>£Nil</u>
 15. OPERATING LEASE COMMITMENTS	 2022	 2021
	£	£
The total future minimum lease payments due under non-cancellable operating leases was as follows:		
Within one year	2,900	2,900
Two to five years	-	-
	<u>£2,900</u>	<u>£2,900</u>

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS	Unrestricted General Funds £	Unrestricted Designated Funds £	Restricted Funds £	Total £
2022				
Current assets	229,634	15,966	122,466	368,066
Current liabilities	(74,885)	-	-	(74,885)
Total	<u>£154,749</u>	<u>£15,966</u>	<u>£122,466</u>	<u>£293,181</u>

Comparative information for the analysis of net assets between funds in the previous year is as follows:

	Unrestricted General Funds £	Unrestricted Designated Funds £	Restricted Funds £	Total £
2021				
Current assets	152,689	6,091	67,715	226,495
Current liabilities	(54,991)	-	-	(54,991)
Total	<u>£97,698</u>	<u>£6,091</u>	<u>£67,715</u>	<u>£171,504</u>

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

17. MOVEMENT IN FUNDS	Balance 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance 31 March 2022 £
2022					
Unrestricted Funds:					
Carers General Fund	97,698	462,562	395,500	(10,011)	154,749
Designated Funds:					
Provision for Refurbishments	6,091	-	125	10,000	15,966
Restricted Funds:					
Circle Club and Kit Kat Club	150	-	-	-	150
Carers' Transport Fund	1,043	-	22	-	1,021
Skills and Learning/Carers Relief and Breaks	3,038	7,514	6,910	-	3,642
Carers Forum Development (Social Community Funds via SCVS)	2,450	-	2,450	-	-
LBS – Workforce Development Programme	-	10,000	-	-	10,000
SWL StG Wellbeing Navigator (Imagine)	(427)	40,699	39,508	-	764
SWL CCG – Sutton Carers Support Partnership Lead	-	50,000	-	-	50,000
Development of Carers' Manual	297	-	-	-	297
Lloyds Bank Foundation	14,707	-	-	-	14,707
BBC Children in Need	1,880	21,382	23,262	-	-
BBC Children in Need - IT Equipment	-	1,000	-	-	1,000
Peer Support – Carers Trust	729	-	-	-	729
Carers Trust – COVID Emergency Fund AC's x 2 YC's x 1	70	-	70	-	-
Co-op #iWill	34,586	35,212	34,586	-	35,212
City Bridge – Bridging Divides via CAB	-	37,950	37,950	-	-
Epsom & St Helier Hospitals NHS Trust	-	28,346	28,346	-	-
Age UK Sutton – Dementia Programme	-	10,000	7,500	-	2,500
London Community Response Fund	7,689	-	7,689	-	-
Jack Petchey – Young Carers	1,248	850	36	-	2,062
Jack Petchey – Young Carers Summer Activities	255	-	-	-	255
Jack Petchey – COVID Response Fund	-	17,575	17,586	11	-
Jack Petchey – Leader Award Grant	-	988	861	-	127
Sutton VCSE – MH Transformation	-	80,000	80,000	-	-
	67,715	341,516	286,776	11	122,466
Total Funds	£171,504	£804,078	£682,401	£Nil	£293,181

The purpose of each restricted fund and transfers is set out in the Trustees' Report.

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

17. MOVEMENT IN FUNDS

Comparative information for the movement in funds in the previous year is as follows:

2021	Balance 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance 31 March 2021 £
Unrestricted Funds:					
Carers General Fund	<u>106,094</u>	<u>485,098</u>	<u>493,634</u>	<u>140</u>	<u>97,698</u>
Designated Funds:					
Provision for Refurbishments	<u>8,402</u>	<u>-</u>	<u>2,311</u>	<u>-</u>	<u>6,091</u>
Restricted Funds:					
Circle Club and Kit Kat Club	150	-	-	-	150
Carers' Transport Fund	590	-	-	453	1,043
Skills and Learning/Carers Relief and Breaks	3,012	8,058	8,032	-	3,038
Sutton Green Community	117	-	-	(117)	-
Carers Forum Meetings (ISCB Fund Via SCVS)	-	-	-	-	-
Carers Forum Development (Social Community Funds via SCVS)	2,450	-	-	-	2,450
Wellbeing Navigator (Imagine)	(1,268)	23,016	22,175	-	(427)
Development of Carers' Manual	297	-	-	-	297
Mental Health Carers Transport	453	-	-	(453)	-
Lloyds Bank Foundation	14,707	-	-	-	14,707
BBC Children in Need	2,745	35,954	36,819	-	1,880
BBC Children in Need - IT Equipment	-	3,071	3,071	-	-
BBC Children in Need – Next Steps Programme	-	19,680	19,680	-	-
Peer Support – Carers Trust	929	-	200	-	729
Me We Project - Carers Trust	1,916	5,000	6,916	-	-
Carers Trust – COVID Emergency Fund AC's x 2 YC's x 1	-	4,500	4,442	12	70
Co-op #iWill	-	34,586	-	-	34,586
Epsom & St Helier Hospitals NHS Trust	-	28,346	28,346	-	-
London Community Response Fund	-	9,856	2,167	-	7,689
Young Carers - Kid's Time					
Restricted Donations	408	-	408	-	-
Jack Petchey – Young Carers	643	750	145	-	1,248
Jack Petchey – Zen Zone Equipment	750	-	735	(15)	-
Jack Petchey – Young Carers Summer Activities	-	500	245	-	255
Private Donation	-	1,307	1,287	(20)	-
	<u>27,899</u>	<u>174,624</u>	<u>134,668</u>	<u>(140)</u>	<u>67,715</u>
Total Funds	<u>£142,395</u>	<u>£659,722</u>	<u>£630,613</u>	<u>£Nil</u>	<u>£171,504</u>

SUTTON CARERS CENTRE CHARITY COMPANY
(Registered Charity Number: 1062302)

NOTES TO THE FINANCIAL STATEMENTS
for the year ended 31st March 2022

18. RELATED PARTY TRANSACTIONS

There were no transactions with related parties other than set out in Notes 11 and 12 relating to trustees expenses and key management remuneration.