

CARIS HARINGEY

Charity Registration No. 1061577
Company Registered in England No. 03304699

Report and Unaudited Financial Statements
Year ended 31 March 2024

Shruti Soni FCCA FCIE
Shruti Soni Ltd
117A St Johns Hill
Sevenoaks TN13 3PE

CARIS HARINGEY

Status:	Company Limited by Guarantee No.03304699 Charity Registration No.: 1061577 The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016 and 12 November 2020.
Registered Office:	St Paul's Church Annexe 60 Park Lane London N17 0JR The Company does not have a separate principal office.
Trustees:	Sha-Kera King (Chair) Christina Burgess Christina Omideyi Jessica Swift Kevin Norris Fina Fisher
Secretary Hon Treasurer	Gloria Saffrey-Powell Yehen Jayasena
Independent examiner:	Shruti Soni FCCA FCIE Shruti Soni Ltd 117A St Johns Hill Sevenoaks TN13 3PE

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

The trustees present their report and the financial statements for the year ended 31 March 2024. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019) –(Charities SORP FRS 102) together with The Companies Act 2006.

OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

CARIS HARINGEY

Trustees' Report For the year ended 31 March 2024

CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice Worker
Tonya Mavri	Family Support Worker (until Nov 2023)
Ivy Boansi	Family Support Worker (from March 2024)

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

CHAIR'S REPORT

I am pleased to welcome you to the CARIS Haringey Annual Review for the year 2023-2024. This year continued to present us with ongoing challenges and the team has faced them with bravery, resilience, and flexibility to meet the vast and complex needs of our service users.

CARIS Haringey's services have significantly contributed to transforming the local community; by offering crucial support to families in need, we have alleviated the burdens of homelessness, poverty, and social exclusion. Our efforts have enabled families to access essential resources, secure stable housing, and enhance their overall wellbeing. The success of our work is measured by how we help people find a way forward and is evident in the uplifting stories of individuals and families who have benefited from our services and help.

This year has been particularly challenging for CARIS Haringey due to several factors:

Economic Pressures: The ongoing cost-of-living crisis has significantly impacted the families we serve, increasing the demand for our services. Many families are struggling to make ends meet, and the need for food parcels and financial assistance has risen sharply.

We continue to maintain robust fiscal management with continued financial planning and budgeting for stability. Our financial report for this year reflects the challenges and efforts regarding funding. We hold Trustees meetings regularly, and we continue to collaborate closely with our director and staff to ensure the execution of our strategic plan and respond to changes.

Funding Constraints: Securing sufficient funding to support our programmes has been a constant challenge. While we have been successful in obtaining grants and donations, the competition for limited resources has intensified.

Political and Social Climate: The hostile environment towards migrants and the slow and costly immigration processes have taken a toll on our service users. The political climate has created additional stress and uncertainty for the vulnerable populations we serve.

Our future goals and plans include:

Delivering Flexible Services: We aim to be more flexible in our approach in delivering service and at times, amend our service in response to funding and families in need, including providing additional support for those with no recourse to public funds.

Strengthening Partnerships: We plan to build stronger relationships with local organisations, churches, and community groups to enhance our support network and resources.

Enhancing Volunteer Engagement: We will focus on recruiting and training more volunteers to ensure we have the capacity to meet the growing demand for our services.

Improving Facilities: We are committed to maintaining and improving our new premises at St Paul's Church Annexe to provide a welcoming and efficient environment for our service users and staff.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

Securing Funding: We will continue to seek funding opportunities to ensure the sustainability of our programmes and services, allowing us to respond effectively to the needs of our community.

Advocacy and Awareness: We aim to raise awareness about the issues faced by families in need and advocate for policies and initiatives that support our mission.

Looking ahead, CARIS Haringey is committed to its mission of supporting homeless and destitute families in need and adapting to the growing challenges faced by our community. We are confident that with the continued support of our partners, funders, volunteers, and the community, CARIS Haringey will be able to achieve these goals and make a positive impact on the lives of those we serve.

I am encouraged to see how we continue to develop the relationships and ways of working with faith groups and local churches. I would like to thank St Paul's Church for accommodating us; we appreciate their support and partnership. In addition, we are forever grateful to St Ann's Church, who have supported CARIS over many years and who still host CARIS delivery of key services.

Finally, the invaluable support and generosity of our partners, funders, users, interested individuals, and the community have been crucial for our sustainability, and we are thankful for their support and efforts. Although CARIS Haringey operates as a part-time organisation and has a small team, the impact of their work is immeasurable. All Trustees are both proud and grateful for our staff and our volunteers' hard work this year. They have kept the service running at the usual high standards and supported our community with compassion, commitment, and perseverance.

Sha-Kera King
Chair of CARIS Haringey

DIRECTOR'S REPORT

"Our lives begin to end the day we become silent about things that matter"

Martin Luther King Jr

Welcome to CARIS Haringey's annual review. It has been a very eventful year both locally and nationally. The cost of living and food poverty has increased, and more families are reliant on foodbanks. There are more families sofa surfing, living in unsuitable accommodation, and facing an increase in rent prices. This is the environment in which we have continued to provide our holistic services for homeless and destitute families.

Haringey is the 4th most deprived borough in London, with deprivation more concentrated in the northeast of the borough. 35% of children in Haringey live in poverty, which is higher than the average for London boroughs (32%) and England (31%). In-work poverty is increasing in almost all working household types, and two in three Londoners in poverty are from a working family (66%). Official figures show 2,560 households in Haringey are living in temporary accommodation (statutory homeless), including over 4,000 children.

ONS statistics in March 2024 showed there are 151,630 homeless children in England living in temporary accommodation. This compares to 131,500 at the end of March 2023. Many children and their families are living in dangerous conditions with little support to help them navigate through our complex systems. Homeless families are continuously placed out of their local area, far away from their family networks, school, GP, and community.

Haringey borough, like other local authorities, frequently ends its main housing duty by moving households into the Private Rented Sector (PRS). The challenge of rent affordability has been further exacerbated by the ongoing freeze of Local Housing Allowance (LHA). Families are finding it extremely difficult to secure accommodation within the LHA and within their preferred local area.

There is fierce competition for properties available to rent in Haringey, as many other local authorities are placing their homeless families in the borough. The negative impact of this is Haringey is increasingly placing homeless families, who they have a duty to house, in accommodation out of London. The financial cost of homelessness in the UK is estimated to be £1 billion per year. An episode of homelessness can cost £30,000 per person; for a family of four people this could be £120,000.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

The profile of those in poverty is vastly different today than 10 or 20 years ago. Poverty is no longer concentrated in the social rented sector. Research has shown the numbers of private tenants in poverty are now as high, having doubled in the last decade.

The safety net for families with children is tenuous. It is within this environment CARIS continues to be for some families "the one stop shop" for them by improving their welfare, enhancing their quality of life, and improving their general wellbeing through our advice and advocacy, family support and other services. The rise of food and fuel poverty and debt are causing more strain to families already struggling. CARIS' early intervention remains a lifeline.

During the year of this review 314 families have benefited from CARIS' services. Our Advice Service is certified by the Advice Quality Standard for Advice with Casework in the following categories: Welfare Benefits, Asylum Seekers/Refugees, Housing, Immigration & Nationality and Women. Advice Workers are registered with Office of the Immigration Services Commissioner (OISC), which regulates immigration advisers' accreditation, at level 1 for Immigration, Asylum and Protection.

CARIS' three-year project with Coram Children's Legal Centre (CCLC) to provide specialist immigration advice, funded by Trust for London, has now ended. We commissioned an Independent Evaluation of our partnership work. The project was delivered during the most challenging time for the country due to the pandemic, where CARIS' work and that of the project were affected by strict lockdown rules. The ultimate goal of the project was to prevent destitution among the most vulnerable families – traditionally considered 'hard to reach and help' - with critical support, i.e. legal advice and guidance that would facilitate their route(s) to British citizenship.

Over the three-year project we have achieved positive changes for service users and their families. 191 vulnerable children, that live in poverty, were directly/indirectly supported during the project. 350 minoritised families were supported with specialist immigration advice. This support from CARIS and CCLC, helped the Haringey Local Authority Children Services save money. We continue to play a vital role, often providing help when local authority services are not able to assist.

CARIS has strong relationships with local churches, faith groups, and voluntary and community organisations. We continue to work in partnership with schools, health professionals and statutory organisations and to seek new partnerships and develop new relationships with other agencies. We seek to break the cycle of poverty by working together to address both immediate concerns and developing issues which, if left unaddressed, could become major problems.

Since COVID-19, CARIS, like many voluntary organisations, has seen a decline in funding available from local government and a significant rise in costs. It is in this environment that we continue to adapt and be prudent.

Once again, I say a huge Thank You to our volunteers, who are an amazing range of people - former service users, refugees, educators, local community activists and retirees. Their support, enthusiasm and dedication are a powerful force that has enabled CARIS to create positive change in both individual lives and our local community.

Thank you to our funders, local churches, faith groups, residents' groups, schools, and individuals for supporting CARIS Haringey's work and enabling us to make a difference to homeless families.

Gloria Saffrey-Powell BEM
Director

ADVICE & ADVOCACY

CARIS Haringey's advice team continues to provide independent advice to homeless and destitute families living in unsecured housing. Most families come to CARIS with multiple needs. We continue to develop the relationships and ways of working between local voluntary and statutory organisations. We are dedicated to supporting the most vulnerable people living in extreme hardship, who come to CARIS with complex and challenging lives and are assisted to find a way forward through our advice and advocacy service and workshops that provide them with an understanding of their rights. Our advice and advocacy service has never been more needed.

We have provided advice, advocacy, and assistance on welfare benefits, housing and homelessness with key issues being eviction, statutory overcrowding, disrepair conditions, access to nursery for children whose parents have no recourse to

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

public funds (NRPF), immigration, registration of children as British and other related areas of law. We have dealt with over 111 subject matters for our clients this year.

Where advisers have identified families with issues which required more specialist advice, we have signposted to suitable external organisations such as Community Care solicitors, employment and debt specialists.

Referrals

Referrals to CARIS continue to come from both statutory and voluntary organisations such as Haringey Early Intervention Team, local schools, Haringey & Enfield Children's Centres, Family Hubs, health visitors, midwives, mental health professionals, and self-referrals. In the year under review, we received 219 new referrals for advice and other support, of which 133 were from professionals and 86 were self-referrals.

Immigration Advice Provision

CARIS has continued to provide immigration advice at the appropriate OISC Level 1. Our clients who required specialist advice have been appropriately signposted or referred to Coram Children's Legal Centre (CLC), Haringey Law Centre, or Haringey Migrant Support Centre to deal with issues such as EU Settlement Scheme, and assistance with the naturalisation process, asylum claims and family reunion and travel documents.

Our immigration advice partnership project with Coram CLC was paused for a few months due to staff changes. The project was also impacted by cuts to Legal Aid for immigration, housing, welfare, education and community care work. Coram CLC's immigration solicitors were finding it difficult to secure representation for our service users, there was also a shortage of immigration specialists within Coram CLC.

Some cases referred to Coram CLC were successful, and others are still pending, waiting for a decision from the Home Office. Clients who received positive decisions went on to take up employment, were able to claim public funds and others are doing volunteering to gain work experience.

Welfare Rights and Benefits

Changes in welfare benefits and immigration law continue to adversely affect our clients e.g. increases in Home Office fees and the Immigration Health Surcharge continue to affect families on low income who cannot afford the high cost of an application to the Home Office especially for large families who are expected to pay around £1048 per person for Home Office visa applications and £2585.50 per person for the Immigration Health Surcharge.

With regard to changes in welfare rights, we have seen an increased number of families with pre-settled status being refused Universal Credit for failing the Habitually Residence Test (HRT); some claimants have had their Universal Credit claim refused five times and their account closed.

We received enquiries from families on legacy benefits (such as housing benefit, child tax credits) who are concerned about the impact of Universal Credit Managed Migration (whether they would be better off on Universal Credit or on legacy benefits).

Full-scale managed migration started to roll out in April 2023. Claimants are being sent a migration notice by the DWP informing them that they must make a claim for Universal Credit to continue to get support as their legacy benefit awards will come to an end.

DWP sent migration notices to over 500,000 households getting tax credits only (and no other legacy benefits) in 2023/2024. The DWP will contact the remaining tax credit claimants and those receiving other legacy benefits by the end of 2025.

Thanks to CARIS advice on entitlements and support with applications, the overall financial gain to our service users in the year was £67,528.00.

Workshops and Informative Sessions

CARIS organised workshops during the Summer Playscheme with the aim to increase awareness among families on their rights, entitlements, and obligations and how and where to seek advice.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

Face-to-face workshops were organised in partnership with Coram Children's Legal Centre. Workshops targeted at non-English speakers were held in small group sessions.

Sessions were run on the following subjects:

- Updates on Immigration law: EU Settlement Scheme, British citizenship. Participants reported a better understanding of the changes in immigration law on how to become a British citizen, and who can make late claim under the EU Settlement Scheme.
- Homelessness and Eviction. Participants reported increased knowledge of the eviction and homelessness process and the Local Authority's duties.
- Universal Credit and Managed Migration (End of Legacy Benefits). Participants reported better understanding of the impact of change of circumstances for those receiving legacy benefits; the Managed Migration process and when people will be transferred to Universal Credits.
- Budgeting: Tips on dealing with priority debts. Participants reported a better understanding on how to deal with priority debts.

Outreach visits

Advisers visited accommodation to assess housing conditions and to report disrepair issues. The key issues remained overcrowding, mould, and damp.

Referrals

Our referrals continue to come from the Early Help team, local schools and children's centres, social services, health visitors and other NHS professionals, voluntary organisations, and self-referrals. This year we received 145 new referrals from outside agencies.

Trends/Concerns

Eviction and statutory overcrowding continue to be the main issue that most families continue to face. We assisted families by giving them advice on their rights and how to make a homeless application to the council.

The Illegal Migration Bill passed in the Commons on 27 April 2023. This Bill removes the right to claim asylum in the UK to those who enter without a passport and will have a negative impact on families including children of trafficked parents.

The shortage of Legal Aid immigration solicitors continues to affect those with immigration issues. This means families wanting to renew their leave to remain in the UK will have to pay the UK Visa and Immigration high fees.

Networking and Partnership

CARIS continues to engage in networks across Haringey borough and Pan London to raise one voice on various issues that affect homeless families. Our network and partnerships include Haringey Migrant Support Centre (HMSC), EUSS Alliance, Elan (Employment Legal Advice Network), The London Destitution Forum, LSMP Civil Society Forum, Asylum Google and NRPF Google group, Haringey Welcome Advisory Board, United Impact (Project 17).

The Advice Workers continue to attend regular Voluntary and Community Sector Forum meetings, and GLA Civil Society meetings, such as an event to discuss asylum seekers housing conditions and welfare.

Training

Advisers have continued to keep abreast with legislative changes and changes to policies and have attended trainings organised by Shelter, Child Poverty Action Group, and Immigration Law Practitioners' Association.

Quality Standards

We continue to work to the high standard imposed by regulators: OISC and Advice Quality Standard (AQS). And we continue to keep abreast with new immigration rules, regulations and AQS through continuing professional development. Our OISC registration was renewed.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

Case study

Ms A is a single mother of one. She was facing homelessness at the time of her self-referral to CARIS in 2021. Her partner left her when she became pregnant, her friends and her community were not supportive. She was homeless; she had nowhere to turn to as she has no close family members in the UK. She needed immigration advice to resolve her unregulated immigration status. She also needed food and clothes for herself and her baby.

CARIS assisted her with emergency food parcels, clothing, and other essential items, also Christmas gifts and baby items as baby's due date approached.

CARIS advised Ms A on housing law and claiming homelessness. CARIS signposted Ms A to Children's Services and she was housed under Section 17 of the Children Act 1989.

Ms A was placed in a house of multiple occupancy (HMO) which consisted of one room, sharing bathroom and kitchen with five other families. Ms A raised concerns about the disrepair in the property and the suitability of the accommodation for her and her son as there were men living at the same accommodation, which did not make Ms A feel safe. CARIS Senior Advice Worker arranged an outreach visit to the accommodation to assess the housing condition and reported to the Housing Team.

Ms A disclosed to CARIS staff her difficulties and CARIS was able to support her to get the appropriate care. CARIS continued to support Ms A during her admission to hospital to receive care. Further, CARIS continued to advocate and liaise with professionals involved in the case such as hospital social services, doctors, nurses, housing team, Children's Services, psychologists and Project 17.

Ms A's accommodation was not suitable. With the help of CARIS advocacy Ms A was moved to a more suitable accommodation. Following the move, Ms A's mood improved, and she became more engaged in CARIS activities and events.

Ms A has attended CARIS events with her son: Summer Playscheme, Christmas party, day trips, and the immigration workshop. Ms A continues to engage with CARIS services such as CARIS drop-in activities and clothes exchange.

Ms A was deeply affected by the lack of immigration status in the UK as single parent, with no employment relying on food banks and charity. CARIS secured an immigration solicitor for Ms A through the immigration partnership with Coram Children's Legal Centre.

Ms A told CARIS that she feels part of a community that she did not have when she first came to CARIS. In her own words Ms A said, "I thank you so much I really do appreciate everything."

Ms A's immigration matter is in the process of being resolved.

FAMILY SUPPORT

Over the last 12 months our early intervention and support has gone from strength to strength. Families have told us that our services are valued. This is evidenced through the number of families that we are seeing and the increase in engagement with those accessing our vital support across all services.

We know parents that come to CARIS are experiencing many challenges, and their priorities are ensuring the family have a roof over their head. This impacts on their ability to parent, engage with their children and provide the emotional support they need. All children deserve to be supported so they can grow up happy and healthy. This is why our early intervention, support and assistance provides the right platform for parents to engage with their children building and strengthening the families.

Drop In

We have families who are consistent in attending our weekly drop-in at St Ann's Church Hall during term time. The sessions tend to be busy with an average of 25 children each week. During these drop-ins we have received new referrals. Some of the new referrals were informed about our services from families who already use our services. This year 128 adults and children attended for the first time. Parents who have given feedback have stated they were happy to come to drop-in as they looked forward to meeting with friends and for their children to meet other children and take part in fun activities.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

We work in partnership with external agencies and local community and faith groups to plan events and workshops sessions to be held in the weekly drop-ins. These have been advertised on social media, so that families who live within Haringey with young children can access the sessions and be aware of services across the borough. Sessions held during the year included events to celebrate International Women's Day, Mother's Day, St George's Day, Africa Day and Refugee Week. Professionals who participated included Education N You, Haringey Talking Therapies, Your Learning Voices and SEND Power.

In May half-term we arranged a trip to London Zoo, two coaches, 110 parents/carers and children attended. The feedback received was very positive.

Toy Library

The CARIS Toy Library benefits families in temporary accommodation by providing fun, educational toys and books to assist with child development. It has also continued to be used as a platform to engage with families and provide information on health, registering with a doctor, local nurseries, schools and other local services. This year we extended our provision through our partnership with Triangle Children's Centre. CARIS was commissioned by the Local Authority to provide specialist sessions at Triangle for families in temporary accommodation as part of the Family Hub initiative.

Summer

Our summer programme had a range of activities and workshops on offer for children, young people and their families. Several young volunteers who helped out last year joined us again to support the staff in running the activities. Six of our young volunteers were former users of CARIS playscheme and it was great to see them grow in confidence. Our young volunteers with additional needs were supported and assigned activities accordingly. We were very proud of all the young volunteers, particular as we have seen some of them grow into young adults.

We worked closely to support families with children with special educational needs and employed specialist workers to be alongside them. Throughout the three weeks the families got to know each other and the support for each other was clear. It is always wonderful to see the diversity of children and their parents who attend and the lasting friendships made during the playscheme.

We went on 2 coach trips that were both hugely successful.

Trip 1 was to Stanborough lakes. Both children and parents reported having a wonderful time playing in the splash pad and paddling in the lakes and rivers.

Trip 2 was to the seaside at Margate. Families spent the day enjoying the beach and town. The children built sandcastles, some parents and children went swimming in the sea, others decided just to get their feet wet!

The playscheme once again was a huge success. 159 children and 92 parents/carers participated. Many told us they wished it could be longer!

Christmas

Christmas is always an important celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books to families in need. We organised two children's parties this year, with 104 children attending. We also hosted a Christmas pantomime - a new cultural experience for many of the families who attended. The little ones enjoyed meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children.

Food Parcels and Other Donations

We are very grateful to everyone who has provided harvest donations and regular donations to our food bank. Due to this generosity, we have been able to provide families facing destitution with food parcels at our regular sessions for those with no recourse to public funds. This is held fortnightly with an average of 44 families attending each time. We also supported some additional families who were referred for one-off food parcels due to emergency circumstances. In total we gave out

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

760 food parcels this year.

We are also grateful for the many donations from individuals and groups of good quality items such as buggies and baby equipment, toys, books, and clothes for adults and children. This is amazing as many of our families who are on low income or facing destitution can take home items that are pre-loved. The value of donated goods received in 2023-24 was £26,335.

Volunteers

CARIS has a group of 10 regular volunteers assisting with many areas such as the drop-in, summer playscheme, food parcels and office-based tasks. We are grateful for the support and commitment from our volunteers. Our volunteers have said volunteering at CARIS gives them a sense of engagement in the community and keeps them busy. The different ages and backgrounds of our volunteers bring a wealth of expertise to CARIS. Our volunteers are invaluable, and we could not do the work we do without them.

ESOL

Our ESOL classes continue to provide learners with the essential language skills needed to be part of the community. We continued to provide classes at entry level 1 and level 2 covering areas such as grammar, punctuation, writing and reading, and speaking and listening. This year 34 students attended ESOL classes.

FINANCIAL REVIEW

The charity's income for year ended 31 March 2024 was £204,719 (2023: £222,008) of which £159,640 was restricted (2023: £178,697) and the remaining £45,079 (2023: £43,311) was unrestricted. The expenditure for the year was £248,352 (2023: 275,787) of which £150,006 was restricted (2023: £168,278) finishing the year with net expenditure of £43,633 (2023: £53,779).

RESERVES POLICY

Total charity funds at year end stood at £127,133 (2023: £170,766) of which £50,593 (2023: £40,959) represented restricted funds and £76,540 (2023: £129,807) represented unrestricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £76,540 (2023: £123,625), are well within this target level.

RISK REVIEW

The trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future. The Trustees continue to act with due diligence and have in place a series of measures to mitigate the impact of a possible financial shortfall in 2024/25.

PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2024

Statement of Trustees' Responsibilities


The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 18.11.2024 and signed on its behalf.



Trustee
Name: Sha-Kera King

Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2024 as set out on pages 13 to 22.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shruti Soni

Shruti Soni FCCA FCIE

Shruti Soni Ltd • Chartered Certified Accountants
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 19 November 2024

CARIS HARINGEY
Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2024

		Unrestricted £	Restricted £	2024 Total £	Unrestricted £	Restricted £	2023 Total £
	Note						
Income from:							
Donations and legacies	2	41,049	109,640	150,689	41,000	134,697	175,697
Charitable activities							
Advice and Advocacy Support and							
Outreach Family Support	3	-	50,000	50,000	-	44,000	44,000
Investments		4,030	-	4,030	2,311	-	2,311
Total income		45,079	159,640	204,719	43,311	178,697	222,008
Expenditure on:							
Raising funds	4	5,838		5,838	6,060		6,060
Charitable activities							
Summer playscheme	4	-	18,664	18,664	17,410	3,107	20,517
Advice and Advocacy Support and							
Outreach Family Support	4	92,508	131,342	223,850	84,039	165,171	249,210
Other		-	-	-			-
Total expenditure		98,346	150,006	248,352	107,509	168,278	275,787
Net income / (expenditure) for the year	5	(53,267)	9,634	(43,633)	(64,198)	10,419	(53,779)
Transfers between funds				-	-	-	-
Net movement in funds		(53,267)	9,634	(43,633)	(64,198)	10,419	(53,779)
Reconciliation of funds:							
Total funds brought forward		129,807	40,959	170,766	194,005	30,540	224,545
Total funds carried forward	15	76,540	50,593	127,133	129,807	40,959	170,766

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

CARIS HARINGEY
Balance sheet

Company no. 3304699

As at 31 March 2024

	Note	£	2024 £	2023 £
Fixed assets:				
Tangible assets	10		3,955	6,182
			3,955	6,182
Current assets:				
Stock	11	1,538	3,744	
Debtors	12	6,908	17,333	
Cash at bank and in hand		152,954	162,260	
		161,400	183,337	
Liabilities:				
Creditors: amounts falling due within one year	13	(38,222)	(18,753)	
Net current assets / (liabilities)			123,178	164,584
Total assets less current liabilities			127,133	170,766
Total net assets / (liabilities)	14		127,133	170,766
The funds of the charity:				
Restricted income funds			50,593	40,959
Unrestricted income funds:				
General funds		76,540	129,807	
Total unrestricted funds			76,540	129,807
Total charity funds	15		127,133	170,766

For the year ending the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' Responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), were approved by the Board on **18-11-2024** and signed on its behalf by:

Name: Sha-Kera King
Trustee - Chair

1 Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

e) Donations of gifts, services and facilities

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

1 Accounting policies (continued)

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- | | |
|-----------------------------|-----|
| ● Summer playscheme | 10% |
| ● Advice and Family Support | 90% |

j) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- | | |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

l) Stocks

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

For the year ended 31 March 2024

1 Accounting policies (continued)

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

p) Pensions

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2024 total Total £	2023 Total £
Individual and church donations	12,507	1,530	14,037	18,087
Grants from Trusts and Foundations	-	108,110	108,110	134,697
Donated goods	28,542	-	28,542	22,913
	<u>41,049</u>	<u>109,640</u>	<u>150,689</u>	<u>175,696</u>

Donations from churches includes £2,000 each from St Michael's Church in Highgate and from Hampstead Parish Church.

3 Income from charitable activities

	Unrestricted £	Restricted £	2024 Total £	2023 Total £
L.B. Haringey (Children's Centre Services)	-	50,000	50,000	44,000
Sub-total for Advocacy	-	50,000	50,000	44,000
Total income from charitable activities	-	50,000	50,000	44,000

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2024

4 Analysis of expenditure

	Charitable activities				2024 Total £	2023 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £		
Staff costs (Note 6)	4,071	7,842	106,821	10,448	129,182	137,700
Rent	276	2,430	12,729	7,530	22,965	19,230
Office Costs	363	457	27,095	176	28,092	25,148
Travel and excursions	845	3,675	5,612	7,505	17,638	15,029
Depreciation	-	-	-	2,228	2,228	4,033
Other direct costs, insurance and utilities	283	719	11,196	5,648	17,846	49,980
Donated goods	-	-	28,542	-	28,542	22,913
	5,838	15,124	191,996	33,535	246,493	274,033
Support costs	-	3,539	31,854	(35,394)	-	-
Governance costs	-	-	-	1,858	1,858	1,754
Total expenditure 2024	5,838	18,664	223,850	-	248,351	275,787
Total expenditure 2023	6,060	20,517	249,210	-	275,787	

Of the total expenditure, £98346 was unrestricted (2023: £107509) and £150006 was restricted (2023: £168278).

For the year ended 31 March 2023

4 Analysis of expenditure

	Charitable activities				2023 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £	
Staff costs (Note 6)	4,320	8,773	112,918	11,689	137,700
Rent	196	1,520	9,262	8,252	19,230
Office Costs	188	521	20,196	4,243	25,148
Travel and excursions	720	2,788	5,126	6,395	15,029
Depreciation	-	-	-	4,033	4,033
Other direct costs, insurance and utilities	636	1,027	25,805	22,512	49,980
Donated goods	-	-	22,913	-	22,913
	6,060	14,629	196,220	57,124	274,033
Support costs	-	5,888	52,990	(58,878)	-
Governance costs	-	-	-	1,754	1,754
Total expenditure 2023	6,060	20,517	249,210	-	275,787

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2024

5 Net incoming resources for the year

This is stated after charging / crediting:

	2024	2023
	£	£
Depreciation	2,228	4,033
Operating lease rentals:		
Property	14,500	12,223
	16,728	16,256

6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2024	2023
	£	£
Salaries and wages	107,441	109,777
Social security costs	4,766	4,990
Employer's contribution to defined contribution pension schemes	7,304	7,630
Other staff costs	9,671	15,303
	129,182	137,700

No employee earned more than £60,000 during the year (2023: nil).

The total employee benefits including pension contributions of the key management personnel were £37,090 (2023: £35,620).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil).

No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the year (2023: nil).

7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2024	2023
	No.	No.
Charitable activities	4.0	4.5
	4.0	4.5

8 Related party transactions

There are no related party transactions to disclose for 2024 (2023: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2024

9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10 Tangible fixed assets

	Office fixture and equipment £	Total £
Cost or valuation		
At the start of the year	36,757	36,757
Additions in year	-	-
	<hr/>	<hr/>
At the end of the year	36,757	36,757
	<hr/>	<hr/>
Depreciation		
At the start of the year	30,575	30,575
Charge for the year	2,227	2,227
	<hr/>	<hr/>
At the end of the year	32,802	32,802
	<hr/>	<hr/>
Net book value		
At the end of the year	3,955	3,955
	<hr/>	<hr/>
At the start of the year	6,182	6,182
	<hr/>	<hr/>
All of the above assets are used for charitable purposes.		

11 Stock

	2024 £	2023 £
Donated clothing and other items for distribution	1,538	3,744
	<hr/>	<hr/>
	1,538	3,744
	<hr/>	<hr/>

12 Debtors

	2024 £	2023 £
Other debtors	-	333
Prepayments	1,208	-
Accrued income	5,700	17,000
	<hr/>	<hr/>
	6,908	17,333
	<hr/>	<hr/>

13 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	11,102	515
Accruals	27,120	18,238
	<hr/>	<hr/>
	38,222	18,753
	<hr/>	<hr/>

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2024

14 Analysis of net assets between funds at the end of year - 31 March 2024

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	3,955	-	-	3,955
Net current assets	72,585	-	50,593	123,178
Net assets at the end of the year	76,540	-	50,593	127,133

Analysis of net assets between funds at the start of year - 1 April 2023

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	6,182	-	-	6,182
Net current assets	123,625	-	40,959	164,584
Net assets at the end of the year	129,807	-	40,959	170,766

15 Movements in funds during the year - 2024

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
Restricted funds:					
Summer playscheme					
The Henry Smith Charity	-	1,530	(1,530)	-	-
Tottenham Grammar School Foundation	-	3,000	(3,000)	-	-
L.B. Haringey (Holiday Activity Fund)	-	14,960	(14,960)	-	-
Advice and Advocacy Support and Outreach Family Support					
City Bridge Trust	-	21,825	(21,825)	-	-
Haringey Giving Changing Lives Programme	2,375	-	-	-	2,375
Clarion Futures	-	3,250	-	-	3,250
L.B. Haringey (Children's Centre Services)	-	50,000	(50,000)	-	-
L.B. Haringey (Specialist housing advice)	9,485	-	-	-	9,485
L.B. Haringey (Household Support Fund)	927	4,125	(5,052)	-	-
London Community Foundation	8,333	28,000	(28,000)	-	8,333
Trust for London	19,839	32,950	(25,639)	-	27,150
Tudor Trust	-	-	-	-	-
Total restricted funds	40,959	159,640	(150,006)	-	50,593
Unrestricted funds:					
General funds	129,807	45,079	(98,346)	-	76,540
Total unrestricted funds	129,807	45,079	(98,346)	-	76,540
Total funds	170,766	204,719	(248,352)	-	127,133

CARIS HARINGEY
Notes to the financial statements

For the year ended 31 March 2024

15 Movements in funds during previous year - 2023

	<i>At the start of the year</i>	<i>Incoming resources & gains</i>	<i>Outgoing resources & losses</i>	<i>Transfers</i>	<i>At the end of the year</i>
	£	£	£	£	£
Restricted funds:					
Summer playscheme					
Bridge Renewal (Thrive Haringey)	-	962	(962)	-	-
Hornsey Parochial Summer 2022	-	1,965	(1,965)	-	-
Wednesday's Child	-	180	(180)	-	-
Advice and Advocacy Support and Outreach Family Support including COVID-19 response					
Tottenham Grammar	-	3,000	(3,000)	-	-
City Bridge Trust	-	22,625	(22,625)	-	-
Haringey Giving Changing Lives Programme	2,375	-	-	-	2,375
Joseph Rank Trust	3,125	-	(3,125)	-	-
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (Specialist housing advice)	-	11,250	(1,765)	-	9,485
L.B. Haringey (Holiday Activity Fund)	-	21,000	(21,000)	-	-
L.B. Haringey (NRPF Support Grant)	3,075	4,715	(6,863)	-	927
London Community Foundation	-	20,000	(11,667)	-	8,333
Trust for London	21,705	49,000	(50,867)	-	19,839
Tudor Trust	260	-	(260)	-	-
Total restricted funds	30,540	178,697	(168,278)	-	40,959
Unrestricted funds:					
General funds	194,005	43,311	(107,509)	-	129,807
Total unrestricted funds	194,005	43,311	(107,509)	-	129,807
Total funds	224,545	222,008	(275,787)	-	170,766

16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following

	<i>Property</i>	
	2024	2023
	£	£
One to five years	14,500	29,000
	14,500	29,000

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.