

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

## **Report and Unaudited Financial Statements Year ended 31 March 2023**

**Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

**Status:** Company Limited by Guarantee No.03304699  
Charity Registration No.: 1061577  
The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016 and 12 November 2020.

**Registered Office:** St Paul's Church Annexe  
60 Park Lane  
London N17 0JR  
The Company does not have a separate principal office.

**Trustees:** Sha-Kera King (Chair)  
Christina Burgess  
Christina Omideyi (appointed 27 October 2022)  
Jessica Swift  
Kevin Norris  
Fina Fisher

**Secretary** Gloria Saffrey-Powell  
**Hon Treasurer** Yehen Jayasena

**Independent examiner:** Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

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The trustees present their report and the financial statements for the year ended 31 March 2023. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019) –(Charities SORP FRS 102) together with The Companies Act 2006.

### OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

### ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

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#### CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Hammed Sonny-Johnson	Outreach Advice Worker (Nov - Dec 22)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Tonya Mavri	Family Support Worker

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

#### CHAIR'S REPORT

I am pleased to welcome you to the CARIS Haringey Annual Review for the year 2022-2023. This year has presented us with ongoing challenges, which have been met by staff resilience and increased flexibility to meet the complex needs of our service users. Our Trustees meetings are held regularly, and we continue to collaborate closely with our Director and staff, to ensure execution of our strategic plan and respond to changes.

I would like to thank St Philip's Church PCC for accommodating us over the last 6 years, we appreciate their support and partnership. As CARIS moved to a new premises, it is a pleasure to see the CARIS team settled in their new office at St Paul's Church Annexe, which provides a warm and welcoming atmosphere for our service users. St Paul's Church has made every effort to ensure a warm welcome to the team and has been working with the team to form a strong collaborative relationship. In addition, we are forever grateful to St Ann's Church, who have supported CARIS over the long years and who still host CARIS for the delivery of key services.

CARIS working environment is still dominated by uncertainties for families in need and the strain on local government services and budgets which has impacted local communities, in addition to negative post COVID-19 residue. These challenges, coupled with the excessive cost of living and a rise in homelessness and deprivation, has elevated the demand on CARIS services, which has reaffirmed the commitment of our Trustees to the organisation's mission and adaptability, to enable us to respond effectively to challenges.

CARIS may operate part-time with a small team, but the impact and influence of their work is immense and independent reports had been produced to reflect this. The Trustees are thankful and commemorate the arduous work of our staff and volunteers throughout the year. They have maintained our service at consistently high standard and have supported our community with compassion, dedication, and unwavering perseverance. I would like to thank the CARIS team, volunteers and fellow Trustees for their commitment, hard work and continuous efforts. A special acknowledgment goes to our Charity's Director, Gloria Saffrey-Powell, whose leadership, meticulousness, and reliability have been fundamental to our organisation's success.

Our team remains committed to providing quality advice, information, and guidance to empower our users with practical tools to address their everyday challenges. Our goal remains steadfast: to ensure our users receive the support and empowerment needed to achieve stability and a decent standard of living.

Throughout the year, our committed team has actively engaged in various networks, forums, and consultations to build relationships and raise awareness of homelessness and destitution issues while advocating for policies addressing key social concerns. CARIS understands the critical importance of staying connected and informed, for better supporting homeless families.

I am pleased to report that we continue to maintain robust fiscal management and this year demonstrates our continued financial planning and budgeting to insure stability. Our financial reports for this year, reflect the challenges regarding funding. As always, our key focus for the upcoming year, is obtaining funding, opportunities and partnership working, to better serve and support our local community. We are immensely grateful for the invaluable support and generosity of our partners, funders, users, interested individuals, and the community, which have been instrumental in sustaining our organisation.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

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Now, more than ever, it is crucial for us to work together for the betterment of our community. We are dedicated to protecting, supporting, and empowering the families who need us most as we confront and navigate their challenges. Your continued support and encouragement are vital as we prepare for current and future adversities while seizing opportunities that align with our vision.

I want to express my deep gratitude and thanks to each and every one of you for your unwavering support and commitment to CARIS Haringey. Together, we can make a positive impact on the lives of those we serve and continue to strive for a better future.

Sincerely,  
Sha-Kera King  
Chair of CARIS Haringey

### DIRECTOR'S REPORT

*"You must be the change you wish to see in the world" Mahatma Gandhi*

The year under review has been a year of changes; the ending of an era and one of new beginnings. In February 2023 CARIS office moved from St Philip's Church to St Paul's Church Annexe, Northumberland Park. We had outgrown the office space at St Philip's Church and post Covid pandemic this was the right time for the organisation to relocate and reposition to accommodate a combination of remote and in-office work.

We are most grateful to St Philip's Church PCC for providing CARIS with office space for over 6 years and wish St Philip's Church and the community it serves every success as they embark in their plans for the future.

We continue to navigate the environment in which we now find ourselves. The full extent of the financial and emotional legacy of COVID-19 are not yet realised. CARIS Haringey continues to work to break the cycle of homelessness and provide support to those at the periphery of society.

CARIS homeless families project was launched in 1991, for over 30 years we have been tackling poverty and destitution, working with and on behalf of homeless and destitute families. We know the cost-of-living crisis and the current war in Ukraine has impacted on everyone. High inflation and rising energy bills have resulted in many households cutting back on essentials, with low-income households making tough decisions either to pay their energy bills or feed their children or themselves. Families are struggling with more unmanaged debt, the threat of eviction and homelessness due to rent increases.

CARIS services remain a lifeline for many homeless and destitute families. Our holistic service approach is vital to homeless and destitute families as they try to navigate the complex welfare benefit system, housing support, changes in legislation and eligibility criteria to access appropriate support and services.

Across Haringey borough the disparity in income has widened and many more families are using food banks to supplement their earnings. We are aware that many people are borrowing more than usual by using credit cards, their overdraft, or taking out a loan to meet their basic needs.

Recent figures from the Office for National Statistics (ONS) showed the impact of the cost-of-living crisis between September 2022 to January 2023 people renting were experiencing some form of financial vulnerability; more than 55% of renters reported being unable to afford an unexpected, but necessary, expense. In Haringey renting from a private landlord has increased steadily over the past 10 years, housing affordability continues to grow as an issue.

Haringey has the third highest rate of homelessness in London, official figures show there are over 2,400 households - over 4,000 children - living in temporary accommodation in the borough. Haringey is the fourth most deprived borough in London, with deprivation more concentrated in the northeast. House prices in Haringey have increased and outweigh pay increases, so housing affordability continues to be a growing issue. Families are increasingly offered accommodation in the private sector out of Haringey borough with no guarantee of an affordable increment of rent in the future.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

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In April 2022 Haringey borough insourced "Homes for Haringey" bringing back housing services after 15 years under the direct management of the Council. This was also to align the local authority housing management and maintenance services more closely with their delivery plan of new homes, building at least 3,000 new council homes by 2032.

We have received funding for one year from Haringey Council to recruit a Specialist Housing Advice Worker. We look forward to working with Haringey to ensure that Houses of Multiple Occupancy (HMO) and void accommodation is fit for purpose.

There is more demand for CARIS services, but we know organisational costs have increased, just as household costs have. We continue to be flexible and responsive to the needs of families facing the greatest disadvantage. CARIS continues to work with faith groups and local communities to build strong, productive partnerships to share expertise and collectively to deliver a much better outcome for residents of Haringey borough and make Haringey a Welcoming Borough to everyone.

CARIS Haringey's vision, aims and strategic priorities remain unchanged, and remain relevant in the changing landscape and environment. One of our strategic objectives has been to increase our longer-term funding. This is key in the current landscape, where local government has reduced the value of contracts and the expectations that charities do more for less.

Over the past three years CARIS, like other charitable organisations, has adapted and remained true to its charitable purposes. This would not have been possible without the dedication of CARIS staff team and our wonderful volunteers; also, the support of local churches, synagogues, faith groups, residents' groups, funders, and individual donors. We are grateful for your contributions to CARIS Haringey's work which means we continue to make a difference in the lives of homeless families. THANK YOU.

Gloria Saffrey-Powell BEM

### OUTREACH ADVICE AND ADVOCACY

The CARIS Haringey advice team continues to assist families living in temporary accommodation and families facing destitution. Many families who approach CARIS for advice have multiple and complex needs. The relocation of our office premises has enabled the Advice Workers to have a designated confidential room for advice.

We are aware that Northumberland Park Ward is the most deprived in Haringey, and one of the most deprived in London. The Advice Workers are looking forward to working more closely with the local community, voluntary sector, local schools and Children's Centre.

During the year we provided advice, advocacy, and assistance on the following issues:

- Welfare Benefits, namely Universal Credit eligibility and making applications
- Housing and homelessness; the key issues on housing were eviction, statutory overcrowding for families living in cramped accommodation
- Access to Free School Meals
- Access to nursery for children whose parents have no recourse to public funds (NRPF)
- Advising on children's registration as British
- Applications for child benefit
- Signposting families to external organisations as needed.

### Trends and Concerns

Eviction remains the main issue that most families continue to face. This is due to loss of sources of income, rent arrears or simply a landlord taking possession of their property. Statutory overcrowding of clients in temporary accommodation continues to be of concern. This is a concern for us, but the issue is reported across London.

The Renters Reform Bill was introduced to parliament and if agreed is due to become law in October 2024. Under this Bill there is a plan to abolish Section 21 notice of the Housing Act 1988; this is often called a "no fault" eviction notice, as the landlord does not need to give a reason for terminating the tenancy. Under the Renters Reform Bill landlords will need to provide their tenants with a reason for ending a tenancy as defined by law, for example: a breach of contract or wanting to sell the property.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

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For tenants, this change means that their tenancy will end only if they choose to leave, empowering tenants to challenge poor practice and unfair rent increases without fear of eviction.

The Nationality and Borders Act 2022 became law on 28 April 2022. This Act affects anyone who enters the UK illegally to claim asylum on or after 22 June 2022. This Act will have a detrimental impact on refugees, with the introduction of a discriminatory two-tier system of refugee protection: refugee status group 1 will get 5 years full refugee status, and group 2 will be granted temporary refugee status. The Act has enabled the Government to transfer people to a third country where their asylum claim will be processed offshore.

The introduction of the Illegal Migration Bill by the Home Secretary removes the right to claim asylum in the UK to those who enter without a passport. The negative impact will affect families including children of trafficked parents. This became an Act of Law in July 2023, but some changes will be applied retrospectively and affect anyone entering the UK from March 2023.

Across the Advice Sector there is a huge concern regarding the shortage of immigration solicitors who are working under Legal Aid. In March 2023, the Office of National Statistics found that across England and Wales, 66% of the population do not have access to immigration and asylum legal aid providers. This means families wanting to renew their Leave to Remain in the UK will have to pay the UK Visa and Immigration elevated fees, which many of the families seen at CARIS are not able to raise.

#### Specialist Immigration Advice Provision

The Immigration outreach partnership with Coram Children's Legal Centre has reached its third year of funding. We have assisted several families with specialist immigration advice and representation. We have had successful applications for Legal Aid and for UKVI Fee Waiver. We have also been able to source asylum or immigration solicitors for families eligible for Legal Aid.

#### Welfare Rights and Benefits

The overall amount gained by our clients was £75,204.48. This is a significant amount, despite the changes in welfare benefits.

#### Workshops and Informative Sessions

CARIS organised three workshops during the summer playscheme with the aim to increase awareness among families on their rights, entitlements, and obligations and how and where to seek advice.

Budget and Finances: Tips on budgeting and dealing with priority debts.

Housing and homelessness: Broadening your horizon.

Updates on immigration law: EU Settlement Scheme and Zambrano carers

In addition, workers delivered a workshop session to Children Centre Staff members on Universal Credit and Support for Asylum Seekers.

#### Outreach visits

The Advice Workers have visited families' accommodation to assess the condition and to report disrepair and overcrowding issues. The main housing issues were general poor state of disrepair; rising damp, leading to mould; non-functioning or unsafe heating system or boiler; health and safety risks to children (such as live electric wires left uncovered); and overcrowding e.g. a single mother sharing one room and bed with her 9 year old son. This has been highlighted in the case study.

#### Referrals

Our referrals continue to come from the Early Help team, local schools and children's centres, social services, health visitors and other NHS professionals, voluntary organisations, and self-referrals. This year we received 145 new referrals from outside agencies.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

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### Advice Networking and Partnership

CARIS continues to work in partnership with the following organisations and networks to raise one voice:

- Coram Children's Legal Centre
- ELAN (Employment Legal Advice Network)
- EUSS Alliance
- Haringey Migrant Justice Coalition
- Haringey Migrant Support Centre
- Haringey Welcome Advisory Board
- Housing Justice
- London Destitution Forum
- LSMP Civil Society Forum
- NRPF Google group

CARIS Haringey is a member of professional associations including: Advice UK, Child Poverty Action Group and ILPA (Immigration Law Practitioners' Association).

The Advice Workers have attended meetings organised by partner organisations including a Civil Society meeting with Clearsprings Ready Homes to discuss asylum seekers' housing conditions and welfare; and the launch event for Safe Surgeries, a project improving access to GP registration. They continue to attend the Voluntary and Community Sector Forum meetings facilitated by Bridge Renewal Trust to engage with local Councillors on issues impacting the advice sector within Haringey borough.

The Advice Workers also participated in research on Remote Methods of Delivering Immigration Advice and Casework, looking at how the remote delivery of immigration advice evolved during Covid and the digital and capacity implications of this change.

### Quality Standards and Training

CARIS continues to work to the required Advice Quality Standard (AQS) for General Help and Casework and OISC registration Level 1 Asylum Protection and Immigration.

Advisers attended training in Housing, Universal Credit, Domestic Violence, Gender-based Violence and Immigration Law to keep abreast with legislative changes and changes to policies.

### Case study

*Ms J self-referred to CARIS Haringey. She is a lone parent with a son aged 9 years. At the time of self-referral, Ms J was unwell, and receiving treatment from her doctor for iron deficiency anaemia. Ms J doctor had recommended Ms J increased her intake of fruit and vegetables. Ms J could not afford to purchase these items due to her unregulated immigration status and having no current income.*

*A CARIS Advice Worker liaised with the Family Support Worker to arrange for Ms J and her son to receive regular collection of food parcels. The Family Support Worker also referred Ms J to another partner organisation that provides free fresh produce. As a result, Ms J was able to collect fruit and vegetables every Friday. This improved the family's nutrition intake and health.*

*Ms J was also given clothing and other essential items by CARIS.*

*Ms J was living in an unlicensed HMO (house of multiple occupancy) which consisted of one room, sharing bathroom and kitchen with five other families. Ms J was sharing a bed with her son as there was no space for another bed. Ms J raised concerns about the disrepair in the property she was living. The front door glass needed replacement, there was damp and mould in the kitchen and toilet, cockroaches, rat/mice infestation, electrical wires were unprotected. CARIS Haringey's Senior Outreach Advice Worker arranged an outreach visit to the accommodation to assess the housing condition and a referral to Social Service was completed.*

*Ms J was deeply affected by the lack of immigration status in the UK as single parent, with no employment relying on food banks and charity.*



## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

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*The CARIS Advice Worker assisted Ms J to apply for Free School Meals for her son which was initially rejected, the Advice Worker advocated on Ms J behalf and the Free School Meals were granted.*

*Ms J immigration matter was resolved, and she was granted permission to remain in the UK with no restriction on Public Funds.*

*Ms J was advised on her Welfare Benefit entitlement and was assisted by the CARIS Advice Worker to claim Universal Credit and Child Benefit which was successful.*

*Ms J was also assisted with completing Haringey's online homelessness application which was accepted. Ms J has been advised to find alternative accommodation in the private sector and she is willing to move out of the borough for affordable accommodation. Once accommodation has been identified and secured by Haringey Housing Team, CARIS will assist Ms J to claim the housing element of Universal Credit.*

*Ms J has attended CARIS events with her son including the Summer Playscheme, Christmas Party and Day Trips. She also took part in an immigration workshop.*

#### **FAMILY SUPPORT**

CARIS Haringey continues to provide holistic support for homeless families and those with no recourse to public funds in Haringey. Our services are very well-established within the local community.

#### **Drop-in**

Our weekly drop-in is for preschool children and their parents/carers. Although this session is primarily a stay-and-play for younger children, it is also an opportunity to support families. During these sessions we offer donations of previously owned toys and clothes. These items are free for families to help themselves to. All the items that we give out have been donated to CARIS by individuals, businesses, or places of worship. Community engagement is important for organisations like ours, so the Family Support Worker has continued to work to enhance our profile in the local area, and our social media presence. This is reflected in the huge increase of donations that we now receive. Pregnant women and families with babies receive support with baby products and baby clothes and bulky items such as prams, cots and Moses' baskets. There are weekly donations of clothes, toys and books on offer. These items can be a huge cost to low or no income families and have been greatly received by all.

Each week our drop-in has a theme, or we host a workshop. This may be with an outside agency or the CARIS team. We have delivered workshops with several statutory and non-statutory organisations.

Many of the parents continue to attend on their own after their children move to full time education. This shows the value of the community feel and the support provided to them.

#### **Toy Library**

This is due to restart at Triangle Children's Centre as part of the Family Hubs initiative from June 2023.

#### **Food Parcels & NRPF Support**

Thanks to the generosity of our supporters, CARIS was able to continue to distribute donated food goods and essential items this year. We run fortnightly sessions for families with no recourse to public funds. 611 food parcels were given out to 78 families during this period with a total value of around £42,770. This was made up of donated food items, as well as items purchased with grant funding.

We have continued good relations with generous individual supporters and groups who continue to collect for us, in particular Hampstead Parish Church, the Southwood Lawn Road community group and the Muswell Hill Synagogue.

#### **Summer Playscheme**

During the school holidays we held a three-week Summer Playscheme for children living in temporary accommodation. 136 children accessed the playscheme. Activities included art, drama, sports, fitness, construction & creative workshops. While the children were having fun, we also ran useful workshops for their parents, covering homelessness, immigration and Universal Credit. To support children and young people's health and wellbeing we hosted workshops on mindfulness and healthy eating. We also held sessions on hair care and positive parenting.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

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### Christmas

Christmas is always a celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books to families in need. We hosted two children's parties attended by 144 children. The highlight for the little ones was meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children.

We also hosted Chaplins pantomime performance of Goldilocks and the Three Bears which was enjoyed by 22 families.

### Partnerships

We have continued to work in partnership with other voluntary organisations and faith groups. Including:

- St Ann's Mutual Aid (Weekly donations of Fruit & veg boxes)
- Haringey IAPT (Sessions on dealing with stress and anxiety)
- SEND Power – Bridge Renewal Trust (Information on support available for families with SEND)
- EDNU - Education & you (Creative and cultural workshops)
- Morrisons Supermarket (Christmas parties)
- The Hygiene Bank (Donations of toiletries)

### Volunteers

The contribution of our volunteers is invaluable to CARIS Haringey's work. We have a solid group of volunteers who are worth their weight in gold!

Not only does the organisation benefit greatly from their support, but there are benefits for those who take part in volunteering. By providing suitable volunteering opportunities that suit individual lives, we have seen people improve their skills and grow in confidence.

In the year under review, 1,375 volunteering hours were given by our volunteers.

### ESOL (English for Speakers of Other Languages)

CARIS Haringey has continued our partnership with Dominic our ESOL Tutor. This year we ran twice-weekly classes throughout the year at two levels: entry levels 1 and 2/3. Classes were also offered online when necessary.

An inability to speak, read or write in English, is one of the many reasons CARIS clients may face disadvantage and exclusion. Other factors could be their financial situation, immigration status, lack of access to online and digital services and not having a permanent address. We work with clients to overcome these barriers, reducing isolation and inequality.

### FINANCIAL REVIEW

The charity's income for year ended 31 March 2023 was £222,008 (2022: £212,667) of which £178,697 was restricted (2022: £145,387) and the remaining £43,311 (2022: £67,280) was unrestricted. The expenditure for the year was £275,787 (2022: £232,947) of which £168,278 was restricted (2022: £173,309) finishing the year with net expenditure of £53,779 (2022: £20,280).

### RESERVES POLICY

Total charity funds at year end stood at £170,766 (2022: £224,545) of which £40,960 (2022: £30,541) represented restricted funds and £129,806 (2022: £194,004) represented unrestricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £123,625 (2022: £183,790), are well within this target level.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

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#### RISK REVIEW

The trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

#### GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

#### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

#### Statement of Trustees' Responsibilities

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 2nd Nov 2023 and signed on its behalf.



Trustee

Sha-Kera King

## Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2023 as set out on pages 12 to 21.

### Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

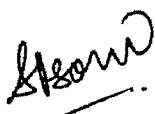
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Shruti Soni FCCA FCIE**

Shruti Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 02/11/2023

**CARIS HARINGEY**
**Statement of financial activities (incorporating an income and expenditure account)**
**For the year ended 31 March 2023**

		Unrestricted	Restricted	2023 Total	Unrestricted	Restricted	2022 Total
	Note	£	£	£	£	£	£
<b>Income from:</b>							
Donations and legacies	2	41,000	134,697	<b>175,696</b>	67,171	101,387	168,558
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	<b>44,000</b>	-	44,000	44,000
Investments		2,312	-	<b>2,312</b>	109	-	109
<b>Total income</b>		<b>43,311</b>	<b>178,697</b>	<b>222,008</b>	<b>67,280</b>	<b>145,387</b>	<b>212,667</b>
<b>Expenditure on:</b>							
Raising funds	4	6,060	-	<b>6,060</b>	5,309	-	5,309
Charitable activities							
Summer playscheme	4	17,410	3,107	<b>20,517</b>	-	16,028	16,028
Advice and Advocacy Support and Outreach Family Support	4	84,039	165,171	<b>249,210</b>	54,329	157,281	211,610
<b>Total expenditure</b>		<b>107,509</b>	<b>168,278</b>	<b>275,787</b>	<b>59,638</b>	<b>173,309</b>	<b>232,947</b>
<b>Net income / (expenditure) for the year</b>	5	<b>(64,198)</b>	<b>10,419</b>	<b>(53,779)</b>	<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>
Transfers between funds		-	-	-	-	-	-
<b>Net movement in funds</b>		<b>(64,198)</b>	<b>10,419</b>	<b>(53,779)</b>	<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		194,004	30,541	<b>224,545</b>	186,362	58,463	244,825
<b>Total funds carried forward</b>	15	<b>129,806</b>	<b>40,960</b>	<b>170,766</b>	<b>194,004</b>	<b>30,541</b>	<b>224,545</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.  
Movements in funds are disclosed in Note 15 to the financial statements.

**CARIS HARINGEY**  
**Balance sheet**  
**As at 31 March 2023**  
Company no. 3304699


	Note	£	2023 £	£	2022 £
<b>Fixed assets:</b>					
Tangible assets	10		<u>6,182</u>		<u>10,215</u>
			6,182		10,215
<b>Current assets:</b>					
Stock	11	3,744		2,572	
Debtors	12	17,333		6,758	
Cash at bank and in hand		162,260		207,086	
		<u>183,337</u>		<u>216,416</u>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	(18,753)		(2,086)	
<b>Net current assets / (liabilities)</b>			<u>164,584</u>		<u>214,330</u>
<b>Total assets less current liabilities</b>			<u>170,766</u>		<u>224,545</u>
<b>Total net assets / (liabilities)</b>	14		<u><u>170,766</u></u>		<u><u>224,545</u></u>
<b>The funds of the charity:</b>					
Restricted income funds			40,959		30,540
Unrestricted income funds:					
Designated funds		-		-	
General funds		129,807		194,005	
		<u>129,807</u>		<u>194,005</u>	
Total unrestricted funds			<u>129,807</u>		<u>194,005</u>
<b>Total charity funds</b>	15		<u><u>170,766</u></u>		<u><u>224,545</u></u>

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' Responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), were approved by the Board on 2nd Nov 2023 and signed on its behalf by:

  
Name: Sha-Kera King.  
Trustee

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**e) Donations of gifts, services and facilities**

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

For the year ended 31 March 2023

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**1 Accounting policies (continued)**

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 10% |
| ● Advice and Family Support | 90% |

**j) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**k) Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

**l) Stocks**

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.



For the year ended 31 March 2023

1 Accounting policies (continued)

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2023 total Total £	2022 Total £
Individual and church donations	18,087	-	18,087	27,196
Grants from Trusts and Foundations	-	134,697	134,697	121,387
Donated goods	22,913	-	22,913	20,084
	<u>41,000</u>	<u>134,697</u>	<u>175,696</u>	<u>168,667</u>

Donated goods include food, toiletries and other items received by the charity for distribution to the homeless and needy.

3 Income from charitable activities

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Advice and Family Support LB Haringey (Children's Centre Services)	-	44,000	44,000	44,000
Total income from charitable activities	<u>-</u>	<u>44,000</u>	<u>44,000</u>	<u>44,000</u>

For the year ended 31 March 2023

4 Analysis of expenditure

	Charitable activities					
	Cost of raising funds £	Summer Playscheme £	Advice & Advocacy Support & Outreach Family Support £	Support costs £	2023 Total £	2022 Total £
Staff costs (Note 6)	4,320	8,773	112,918	11,689	137,700	119,433
Rent	196	1,520	9,262	8,252	19,230	20,380
Office Costs	188	521	20,196	4,243	25,148	17,643
Travel and excursions	720	2,788	5,126	6,395	15,029	8,798
Depreciation	-	-	-	4,033	4,033	4,034
Other direct costs, insurance and utilities	636	1,027	25,805	22,512	49,980	41,100
Donated goods	-	-	22,913	-	22,913	20,084
	6,060	14,629	196,220	57,124	274,033	231,471
Support costs		5,888	52,990	(58,878)	-	-
Governance costs			-	1,754	1,754	1,476
<b>Total expenditure 2023</b>	<b>6,060</b>	<b>20,517</b>	<b>249,210</b>	<b>-</b>	<b>275,787</b>	<b>232,947</b>
Total expenditure 2022	5,309	16,028	211,610	-	232,947	

Of the total expenditure, £107509 was unrestricted (2021: £59638) and £168278 was restricted (2021: £173309).

For the year ended 31 March 2022

Analysis of expenditure

	Charitable activities					
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £	2022 Total £	
Staff costs (Note 6)	3,764	8,913	97,097	9,659	119,433	
Rent	245	1,320	12,133	6,682	20,380	
Office Costs	228	524	16,781	111	17,644	
Travel and excursions	422	85	4,547	3,743	8,797	
Depreciation	-	-	-	4,033	4,033	
Other direct costs, insurance and utilities	651	2,217	25,224	13,008	41,100	
Donated goods	-	-	20,084		20,084	
	5,310	13,059	175,866	37,236	231,471	
Support costs		2,969	26,719	(29,688)	-	
Governance costs			9,024	(7,548)	1,476	
<b>Total expenditure 2022</b>	<b>5,310</b>	<b>16,028</b>	<b>211,609</b>	<b>-</b>	<b>232,947</b>	

For the year ended 31 March 2023

**5 Net incoming resources for the year**

This is stated after charging / crediting:

	2023	2022
	£	£
Depreciation	4,033	4,033
Operating lease rentals:		
Property	12,223	14,500

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	2023	2022
	£	£
Salaries and wages	109,777	98,153
Social security costs	4,990	4,333
Employer's contribution to defined contribution pension schemes	7,630	6,735
Other staff costs	15,303	10,211
	<b>137,700</b>	<b>119,432</b>

No employee earned more than £60,000 during the year (2022: nil).

The total employee benefits including pension contributions of the key management personnel were £35,620 (2022: £32,496). The charity trustees were not paid any remuneration or other benefits from employment with the charity in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

No Trustees are made payments or reimbursements of travel and subsistence costs totalling during the year (2022: nil).

**7 Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2023	2022
	No.	No.
Charitable activities	4.5	4.0
	<b>4.5</b>	<b>4.0</b>

**8 Related party transactions**

There are no related party transactions to disclose for 2023 (2022: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**9 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

For the year ended 31 March 2023

**10 Tangible fixed assets**

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	36,757	36,757
Additions in year	-	-
	<hr/>	<hr/>
At the end of the year	36,757	36,757
	<hr/>	<hr/>
<b>Depreciation</b>		
At the start of the year	26,541	26,541
Charge for the year	4,033	4,033
	<hr/>	<hr/>
At the end of the year	30,575	30,575
	<hr/>	<hr/>
<b>Net book value</b>		
At the end of the year	6,182	6,182
	<hr/>	<hr/>
At the start of the year	10,215	10,215
	<hr/>	<hr/>
All of the above assets are used for charitable purposes.		

**11 Stock**

	2023 £	2022 £
Donated clothing and other items for distribution	3,744	2,572
	<hr/>	<hr/>
	3,744	2,572
	<hr/>	<hr/>

**12 Debtors**

	2023 £	2022 £
Other debtors	333	-
Prepayments	-	1,008
Accrued income	17,000	5,750
	<hr/>	<hr/>
	17,333	6,758
	<hr/>	<hr/>

**13 Creditors: amounts falling due within one year**

	2023 £	2022 £
Trade creditors	515	646
Accruals	18,238	1,440
	<hr/>	<hr/>
	18,753	2,086
	<hr/>	<hr/>

For the year ended 31 March 2023

14 Analysis of net assets between funds at the end of year - 31 March 2023

	General unrestricted	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	6,182	-	-	6,182
Net current assets	123,625	-	40,959	164,584
<b>Net assets at the end of the year</b>	<b>129,807</b>	<b>-</b>	<b>40,959</b>	<b>170,766</b>

Analysis of net assets between funds at the start of year - 1 April 2022

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	10,215	-	-	10,215
Net current assets	183,790	-	30,540	214,330
<b>Net assets at the end of the year</b>	<b>194,005</b>	<b>-</b>	<b>30,540</b>	<b>224,545</b>

15 Movements in funds during the year - 2023

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<i>Summer playscheme</i>					
Bridge Renewal (Thrive Haringey)	-	962	(962)	-	-
Hornsey Parochial Charities	-	1,965	(1,965)	-	-
Wednesday's Child	-	180	(180)	-	-
<i>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</i>					
Allchurches Trust	-	-	-	-	-
Tottenham Grammar	-	3,000	(3,000)	-	-
City Bridge Trust	-	22,625	(22,625)	-	-
Haringey Giving	2,375	-	-	-	2,375
Joseph Rank Trust	3,125	-	(3,125)	-	-
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (Specialist housing advice)	-	11,250	(1,765)	-	9,485
L.B. Haringey (Holiday Activity Fund)	-	21,000	(21,000)	-	-
L.B. Haringey (NRPF Support Grant)	3,075	4,715	(6,863)	-	927
London Community Foundation	-	20,000	(11,667)	-	8,333
Trust for London	21,705	49,000	(50,866)	-	19,839
Tudor Trust	260	-	(260)	-	-
<b>Total restricted funds</b>	<b>30,540</b>	<b>178,697</b>	<b>(168,278)</b>	<b>-</b>	<b>40,959</b>
<b>Unrestricted funds:</b>					
General funds	194,005	43,311	(107,509)	-	129,807
<b>Total unrestricted funds</b>	<b>194,005</b>	<b>43,311</b>	<b>(107,509)</b>	<b>-</b>	<b>129,807</b>
<b>Total funds</b>	<b>224,545</b>	<b>222,008</b>	<b>(275,787)</b>	<b>-</b>	<b>170,766</b>

For the year ended 31 March 2023

15 Movements in funds during previous year - 2022

	At the start of £	Incoming £	Outgoing £	Transfers £	At the end of £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	7,100	-	(7,100)	-	-
Wednesday's Child	2,163	-	(2,163)	-	-
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
Allchurches Trust	6,000	-	(6,000)	-	-
City Bridge Trust	-	22,150	(22,150)	-	-
Haringey Giving	2,375	-	-	-	2,375
Joseph Rank Trust	3,125	12,500	(12,500)	-	3,125
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	9,295	10,500	(16,720)	-	3,075
Schroder Charity Trust	-	5,000	(5,000)	-	-
GIC London	-	3,737	(3,737)	-	-
Trust for London	17,327	47,500	(43,122)	-	21,705
Tudor Trust	11,078	-	(10,818)	-	260
<b>Total restricted funds</b>	<b>58,463</b>	<b>145,387</b>	<b>(173,310)</b>	<b>-</b>	<b>30,540</b>
<b>Unrestricted funds:</b>					
General funds	186,363	67,280	(59,638)	-	194,005
<b>Total unrestricted funds</b>	<b>186,363</b>	<b>67,280</b>	<b>(59,638)</b>	<b>-</b>	<b>194,005</b>
<b>Total funds</b>	<b>244,826</b>	<b>212,667</b>	<b>(232,948)</b>	<b>-</b>	<b>224,545</b>

16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following

	Property	
	2023	2022
	£	£
Less than one year	-	14,500
One to five years	29,000	-
	<b>29,000</b>	<b>14,500</b>

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.