

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

**Report and Unaudited Financial Statements**  
**Year ended 31 March 2022**

**Shruti Soni FCCA FCIE**  
**Shruti Soni Ltd**  
**117A St Johns Hill**  
**Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

**Status:** Company Limited by Guarantee No.03304699  
Charity Registration No.: 1061577

The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016

**Registered Office:** St. Philip's Church  
Philip Lane  
London N15 4HJ  
The Company does not have a separate principal office.

**Trustees:** Sha-Kera King (Chair)  
Jessica Swift  
Kevin Norris  
Mary Christina Howes  
Fr James Hill (resigned 2 December 2021)  
Patrick Routley (resigned 2 December 2021)  
Steven Hill (resigned 2 February 2022)  
Fina Fisher (appointed 2 December 2021)

**Secretary** Gloria Saffrey-Powell  
**Hon Treasurer** Yehen Jayasena

**Independent examiner:** Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

The trustees present their report and the financial statements for the year ended 31 March 2022. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019) –(Charities SORP FRS 102) together with The Companies Act 2006.

### OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

### ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Tonya Mavri	Family Support Worker

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

### CHAIR'S REPORT

Welcome to CARIS Haringey's annual review 2021-2022. This year we found ourselves settling down to a new normal, after the pandemic, and having to review the landscape in which we operate, and better understand the impact of the last 2 years. Members of our team actively engage in networks, forums and consultations to build relationships and raise awareness of issues related to homelessness and destitution, and influence policies on key social issues.

With the country moving out of the pandemic and stepping into new uncertainties, where the cost of living is spiralling out of control and homelessness and deprivation continues to rise, the Trustee Board is firm in their commitment to the organisation and continue to drive towards its sustainability, development and its response towards the changing landscape. In this new season, digital technology has become a key enabler to support our activities, but we recognise that more needs to be done towards accessibility for our users.

You will find from our financial accounts presented this year, that we remain financially stable, as we continue to seek funding and opportunities, including partnership working arrangements with other voluntary organisations and faith groups, to serve and support the local community. The invaluable support and generosity of our partners, funders, users, interested individuals and the community has been crucial for our sustainability and we are thankful for their support and efforts.

Although CARIS Haringey operates as a part time organisation and has a small team, the impact of their work is unmeasurable. All trustees are both proud and grateful for our staff and our volunteers' hard work this year. They have kept the service running at the usual high standards and supported our community with compassion, commitment, and perseverance. We would like to express our deep thanks to the charity's Director, Gloria Saffrey-Powell, for her unswerving leadership, diligence and loyalty that has been a key pillar for the organisation's success.

The trustees continue to work closely with the Director and the staff team ensuring that there is an appropriate strategic plan in place and to agree a process to carry it out effectively. Last year we conducted a review of our strategic approach and vision with our staff and volunteers, which remains relevant.

Our team continues to provide quality advice, information and guidance and give our users practical tools to address everyday problems. Below, you will find statistics which paint an overwhelmingly gloomy picture of the challenges ahead for some of the most vulnerable families in our community. You will also find examples of the service our team has been delivering to combat the challenges faced by our users. We aim to ensure that our users have the right support and are equipped and empowered to bring about the change in their life, that is needed for a stable home and a decent standard of living.

It is as important as ever for us to work together for the good of our community and protect, support and empower the families that need us most, to face and survive the challenges and changes ahead. Your support and encouragement continues to be critical, as we brace ourselves for current and future adversity, while maximising on opportunities that will help enable our vision.

My gratitude and thanks to you all.  
Sha-Kera King  
Chair of CARIS Haringey

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### DIRECTOR'S REPORT

*"Our lives begin to end the day we become silent about things that matter."* Dr Martin Luther King, Jr.

The pandemic over the past two years has eased. CARIS has continued to navigate the environment in which we now find ourselves. The full extent of the financial and emotional legacy of COVID-19 are not yet realised. Some things seem familiar, but we are operating in a hugely different society. The cost-of-living crisis and the war in Ukraine have impacted on everyone.

Across Haringey borough the disparity in income has widened and many more families are using food banks to supplement their earnings. Families are struggling with more unmanaged debt, and the very real threat of eviction and homelessness.

Haringey is the 4th most deprived borough in London, with deprivation more concentrated in the northeast. House prices in Haringey have increased and outweigh pay increases, so housing affordability continues to be a growing issue. Haringey's median house price has risen by 82% since 2011 from £303,000 to £551,000. Between January to March 2022 official statistics showed 74,230 households in England were initially assessed as homeless or threatened with homelessness and owed a statutory homelessness duty, up 5.4% from January to March 2021, 37,260 households were assessed as being threatened with homelessness, and therefore owed a prevention duty which is up 15.1% from the same quarter last year.

Figures also show 6,400 households were threatened with homelessness due to service of a Section 21 notice to end an Assured Shorthold Tenancy – an increase of 141.5% from the same quarter last year which reflects the removal of restrictions on private rented sector evictions from May 2021 that were in place.

CARIS has continued to work with local and national voluntary organisations, Haringey Council, faith groups and local communities to build strong, productive partnerships to share expertise and collectively to deliver a much better outcome for residents of Haringey borough and continue to make Haringey a Welcoming Borough to everyone.

CARIS continues to support families to navigate the complex welfare, housing system, changes in legislation and eligibility criteria in applying for support and accessing services. Most government and local authority applications for services are now required to be completed online. This is a challenge for clients we see as many do not have access to WiFi or data and struggle to access the internet and online services.

In October 2021, I was invited to Westminster Abbey and awarded the British Empire Medal (BEM) for voluntary and charitable services to homeless people in the London Borough of Haringey during COVID-19. The medal was presented on behalf of Her Majesty Queen Elizabeth II by The Lord-Lieutenant of Greater London, Sir Kenneth Olisa OBE, who is His Majesty's representative in Greater London.

Looking forward, CARIS' vision, aims and strategic priorities remain unchanged, and remain relevant in the changing landscape and environment.

We also envisage there will be a need for additional specialist immigration advice due to the Nationality and Borders Act which received royal assent on 28th April 2022. The Act will have ramifications for anyone claiming asylum in the UK and for anyone arriving from 29th April 2022 from Afghanistan, Syria, and Ukraine as they will not be eligible for support under the current settlement schemes.

Each year we say a big Thank You for your generosity! Thank you to our funders, individual donors, schools, churches, synagogues, faith communities and businesses who have responded so generously to CARIS' work and help to further our mission. Your generosity and giving during the COVID-19 pandemic have enabled CARIS to continue our vital work and make a difference to families in need.

Thank you to the committed staff team and our volunteers who have continued to work tirelessly and who champion CARIS' work and have enabled us to extend our reach.

Gloria Saffrey-Powell BEM  
Director

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### OUTREACH ADVICE AND ADVOCACY

CARIS Haringey's advice team continued to assist our families living in Temporary Accommodation with various issues that affected them. During the year 2021-22, we provided advice and assistance on the following issues:

- Welfare Benefits; namely Universal Credit eligibility and making applications
- Housing and homelessness; the key issues on housing were evictions and statutory overcrowding for families living in cramped accommodation
- Access to free school meals considering government changes
- Access to nursery for children whose parents have no recourse to public funds (NRPF).
- Registration of children as British.
- Applications for Child Benefit.

CARIS continued to work to the required AQS and OISC Standards for General Help and Casework.

### Networking, partnership and workshops

We continue to work in partnership with local organisations, in particular the Haringey Migrant Support Centre.

CARIS is now part of EUSS Alliance, Elan (Employment Legal Advice Network), and we continue to be a member of the London Destitution Forum and the NRPF Google group. Advisers attended meetings organised by our various partners.

Our partnership with Coram Children's Legal Centre is in its second year. We have seen and assisted several families with specialist immigration advice and/or sourcing asylum or immigration solicitors for families eligible for legal aid. Working with the specialist immigration advisor we organised workshops during the summer playscheme giving an update on the EU Settlement Scheme (EUSS) and applications for Zambrano carers.

Other workshops we have delivered this year include:

- Budgeting and Finances: Tips on budgeting and dealing with priority debts
- Homelessness and eviction
- Universal Credit

### Outreach visits

Advisers have visited properties of clients to assess housing conditions, reports of disrepair issues and overcrowding. We have visited Houses of Multiple Occupancy and have addressed with landlords and managing agents poor state of disrepair, health and safety hazards and overcrowding.

### Referrals

Our referrals continue to come from other voluntary organisations, Haringey's Early Help team, local schools, children's centres, social services, health visitors, midwives and other health professionals. We also receive self-referrals. We received 168 new referrals this year.

### Trends/Concerns

Eviction is the main issue that most families face post the COVID pandemic, due to loss of income, rent arrears or landlords taking possession of property. Statutory overcrowding of clients in temporary accommodation continues to be of concern.

### Training

Advisers have attended training on the following subjects: immigration law, housing, Universal Credit, domestic violence and gender-based violence, in order to keep abreast of legislative changes and changes to policies.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Case study

Ms K was referred to CARIS Haringey by a voluntary organisation few years ago. As an asylum seeker she needed food parcels and clothing and support with her immigration. Over the years, she participated in many CARIS events with her children, including the summer playscheme, day trips, and Christmas parties. She benefited from workshops organised during the summer playscheme. Ms K's previous immigration case had failed, and she was deeply affected by her lack of regulated immigration status in the UK as single parent, with no employment relying on food banks and charity. As a failed asylum seeker, she lived in an accommodation with a friend where she shared a room with her two children.

Ms K was successfully assisted by an immigration solicitor through the partnership with CCLC and was granted permission to remain in the UK with her children. Ms K was advised of her entitlement to claim welfare benefits and we assisted Ms K with claims for Universal Credit and Child Benefit which were successful. We also assisted Ms K with completing a Haringey homelessness application and housing registration form as the family's current accommodation was overcrowded. Ms K has now moved into a two bedroom privately rented accommodation with her children and they now have a space of their own that they can call home. CARIS also assisted Ms K to claim the housing element on her Universal Credit and advised her on how to claim Council Tax Reduction.

### FAMILY SUPPORT

This year, despite the changes and uncertainty that COVID-19 has brought us, we have managed to continue to provide holistic support for homeless families and those with no recourse to public funds (NRPF) in Haringey.

Our services are very well-established within the local community.

### Drop-in

Our weekly drop-in is for preschool children and their parents/carers. Although this session is primarily a stay-and-play for younger children, it's also an opportunity to support families.

During these sessions we offer donations of previously owned toys and clothes. These items are free for families to help themselves to.

Many of the parents continue to attend on their own after their children move to full time education. This shows the value of the community feel and the support provided to them.

We usually run a variety of workshops during the drop-in, unfortunately due to COVID-19 restrictions we were not able to do this as often as we had hoped to.

However, we have welcomed some professionals from other organisations to participate in our drop-in sessions including Haringey IAPT team who ran a mental health workshop and EdnU, a local company who have run various educational creative workshops.

### Toy Library

Unfortunately, due to COVID-19 we had to stop running this service. We have not been able to access the local children's centres or refuges. We will be consulting with families and partners to ascertain if there is a need to continue this service.

### M.A.N. (Men Are Needed)

Over the last few years CARIS workers had noticed an increase in single dads accessing our services as well as many single mums reporting to be struggling with the lack of positive male role models around their children due to absent fathers. The result was the creation of the M.A.N. (Men Are Needed) project which has been running since 2019 and aims to run inclusive events that will support fathers and other male family members, as well as giving children opportunities to take part in activities led by positive male role models. Our motto is 'It takes a village to raise a child so let's make our village one to be proud of'.

We only managed to run a few monthly M.A.N sessions during the period of April 2021 – March 2022 due to the ever-changing COVID-19 guidance but each one was very successful.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2022

---

For example, in October 2021 we held a Black History Month special. The event was attended by 46 adults and 50 children. It was run by the Family Support Worker, with the support of CARIS volunteers. Everyone shared in preparing and eating a delicious meal of jerk chicken and jollof rice. The ingredients were all donated through our partnerships with local businesses and individuals, as was the large barbecue the food was cooked on. Activities included a session run by EdnU making African print bags using authentic Ghanaian print cloth, and an introduction to circus skills where families enjoyed learning how to juggle amongst other skills. Other activities on offer were: design your own flag, pool, dominoes, board games and a play area for the younger children, as well as a chill-out space for those with additional needs such as autism and sensory issues. A Community Engagement & Outreach Officer for the Haringey IAPT also came along and spoke with families about the work and support they can offer.

#### Food Parcels & NRPF Support

Thanks to the generosity of our supporters, CARIS Haringey was able to continue to distribute donated goods this year, including food, toiletries, clothes, toys and baby equipment. The value of goods received was over £21,000. We ran fortnightly sessions to provide food and other essential items to destitute families and families with no recourse to public funds. 728 food parcels were given out to 113 families during this period.

Our Family Support Services have changed and expanded to meet the growing need. Our focus since the start of the COVID-19 pandemic has been to ensure that our most vulnerable clients have the essentials needed.

We have a partnership with a local Morrison's supermarket who have supplied us with food regularly and continued good relations with generous individual supporters and groups who continue to collect for us, including Hampstead Parish Church, the Southwood Lawn Road community group and the Muswell Hill Synagogue.

#### ESOL (English for Speakers of Other Languages)

CARIS Haringey has continued our partnership with Dominic our ESOL teacher. This year we ran twice-weekly classes throughout the year at two levels: entry levels 1 and 2/3. Some of these went ahead online when necessary.

An inability to speak, read or write in English is one of the many reasons CARIS clients may face disadvantage and exclusion. Other factors could be their financial situation, immigration status, lack of access to online and digital services and not having a permanent address. We work with clients to overcome these barriers, reducing isolation and inequality.

#### Summer Playscheme

During the school holidays we held a three-week Summer Playscheme for children living in temporary accommodation. 118 children and 61 parents took part. Due to COVID-19 restrictions we had to change the way that we would normally run playscheme. This was meticulously planned by the team with CARIS staff following government guidance and CARIS' policies. Families were requested to book morning or afternoon sessions, and this was allocated into age group "bubbles" to avoid crossover. This worked well and will be adapted for planned activity sessions.

Activities for the children and young people included art, cooking, dance, drama, storytelling, boxing, fitness and creative workshops. We also ran workshops for parents to support health and wellbeing which included hair styling, dance and fitness, mindfulness, and healthy eating.

Unfortunately, some members of the staff team tested positive for COVID during the first week and had to quarantine. This added additional responsibilities to the remaining staff team and volunteers. Due to the rigorous pre-planning action plan covering all contingencies the playscheme was able to continue and was enjoyed by all.



# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Case study

Child R is a 14-year-old female with Autistic Spectrum Disorder, Sensory Processing Disorder and High Anxiety Disorder.

R and her family - mum and 3 brothers - are known to CARIS. R arrived on the first day of the Summer playscheme appearing very anxious. Limited eye contact was made with staff and she relied heavily on her mum during social interactions. She initially found it uncomfortable to join in sessions with other children.

R and her family have always been open about her autism and how it can affect her daily life. By listening to the young person and her family about her needs, playscheme staff were able to provide support and reassurance to enable her to participate and grow in confidence.

R developed a relationship with Worker A. She enjoyed sitting at the front desk to assist with signing children and families in and out of their booked sessions. She particularly enjoyed helping the younger children to write their name tags and give out red bands for those that were not permitted to have photographs taken.

Slowly she was able to take part in some group sessions. She was reassured by all staff that she could remove herself at any time and sit with Worker A to regulate her feelings and emotions. She did this on many occasions during the first week. At the end of the week R was asked if she would like to become a young volunteer for CARIS. She was thrilled at the offer and enjoyed having the sense of responsibility. Her confidence grew, she slowly began to talk with staff and engage in conversations. She was very proud of wearing her volunteer lanyard. The sense of responsibility was clearly working well as she had started to assist the creative team with their activities. Each day she would help to set up and run the session. She then helped to tidy up and prep for the following session.

By week 3, R had flourished and become happier and a lot more sociable. She became comfortable with many of the staff and volunteers which clearly helped with her growing confidence. With the support of the staff team R was able to share her experiences of living with autism to some parents of younger autistic children. This was hugely beneficial for everyone involved.

At the end of the play scheme R said she is looking forward to coming back next year as a young volunteer.

The CARIS team continue to have regular contact with R and her family.

### Christmas

Christmas is always a wonderful celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books children and young people and other essential items for the families. We hosted two children's parties this year, with 128 children attending. The little ones enjoyed meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children. We also hosted a pantomime of "Red Riding Hood" which was enjoyed by everyone.

### Partnerships

We have continued to work in partnership with other voluntary organisations and faith groups.

We continue to meet with local MPs and Councillors at various forums and online zoom meetings.

We have increased our social media presence on Facebook, Instagram and WhatsApp. These have been paramount to increasing the awareness of destitution and the work CARIS undertakes. These media platforms mean we can request support and donations within the local community. Many of our donations come through social media posts.

We continue to build on our relationships with local businesses and look for opportunities for collaborative working with other organisations. We have continued to share our knowledge with local partners, around support for families facing destitution and those who have no recourse to public funds.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Volunteers

The contribution of our volunteers is invaluable to CARIS Haringey's work. We have a solid group of five regular volunteers who are worth their weight in gold! Other volunteers joined us for special events throughout the year (although there were fewer opportunities for that this year due to the COVID-19 restrictions).

Not only does the organisation benefit greatly from their support, but there are benefits for those who take part in volunteering. By providing suitable volunteering opportunities that suit individual lives, we have seen people improve their skills and grow in confidence.

### FINANCIAL REVIEW

The charity's income for year ended 31 March 2022 was £212,667 (2021: £352,761) of which £145,387 was restricted (2021: £209,900) and the remaining £67,280 (2021: £142,861) was unrestricted. The expenditure for the year was £232,947 (2021: £229,163) of which £173,309 was restricted (2021: £193,473) finishing the year with net expenditure of £20,280 (2021: £123,598 net income).

### RESERVES POLICY

Total charity funds at year end stood at £224,546 (2021: £244,825) of which £30,541 (2021: £58,463) represented restricted funds and £194,005 (2021: £186,362) represented unrestricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £183,789 (2021: £180,751), are well within this target level.

### RISK REVIEW

The trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

### GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Statement of Trustees' Responsibilities


The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 24 Oct 2022 and signed on its behalf.

  
\_\_\_\_\_  
Trustee  
Name: Sha-Kera King

## Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2022 as set out on pages 12 to 21.

### Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Shruti Soni FCCA FCIE**

Shruti Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 28 October 2022

**CARIS HARINGEY**
**Statement of financial activities (incorporating an income and expenditure account)**
**For the year ended 31 March 2022**

				<b>2022</b>			<b>2021</b>
	Note	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
<b>Income from:</b>							
Donations and legacies	2	67,171	101,387	<b>168,558</b>	142,838	165,900	308,738
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	<b>44,000</b>	-	44,000	44,000
Investments		109	-	<b>109</b>	-	-	-
Other		-	-	<b>-</b>	23	-	23
<b>Total income</b>		<b>67,280</b>	<b>145,387</b>	<b>212,667</b>	<b>142,861</b>	<b>209,900</b>	<b>352,761</b>
<b>Expenditure on:</b>							
Raising funds	4	5,309		<b>5,309</b>	4,391		4,391
Charitable activities							
Summer playscheme	4		16,028	<b>16,028</b>		2,618	2,618
Advice and Advocacy Support and Outreach Family Support	4	54,329	157,281	<b>211,610</b>	31,299	190,855	222,154
Other		-	-	<b>-</b>			-
<b>Total expenditure</b>		<b>59,638</b>	<b>173,309</b>	<b>232,947</b>	<b>35,690</b>	<b>193,473</b>	<b>229,162</b>
<b>Net income / (expenditure) for the year</b>	5	<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>	<b>107,172</b>	<b>16,427</b>	<b>123,599</b>
Transfers between funds		-	-	<b>-</b>	-	-	-
<b>Net movement in funds</b>		<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>	<b>107,172</b>	<b>16,427</b>	<b>123,599</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		186,362	58,463	<b>244,826</b>	79,191	42,036	121,227
<b>Total funds carried forward</b>	15	<b>194,005</b>	<b>30,541</b>	<b>224,546</b>	<b>186,362</b>	<b>58,463</b>	<b>244,826</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.  
Movements in funds are disclosed in Note 15 to the financial statements.

**CARIS HARINGEY**  
**Balance sheet**  
**As at 31 March 2022**  
Company no. 3304699

	Note	£	2022 £	£	2021 £
<b>Fixed assets:</b>					
Tangible assets	10		10,215		5,612
			<u>10,215</u>		<u>5,612</u>
<b>Current assets:</b>					
Stock	11	2,572		1,574	
Debtors	12	6,758		-	
Cash at bank and in hand		207,086		245,799	
		<u>216,416</u>		<u>247,373</u>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	(2,086)		(8,159)	
				<u></u>	
<b>Net current assets / (liabilities)</b>			<u>214,330</u>		<u>239,214</u>
<b>Total assets less current liabilities</b>			<u>224,546</u>		<u>244,826</u>
<b>Total net assets / (liabilities)</b>	14		<u>224,546</u>		<u>244,826</u>
<b>The funds of the charity:</b>					
Restricted income funds			30,541		58,463
Unrestricted income funds:					
Designated funds		-		-	
General funds		194,005		186,363	
		<u></u>		<u></u>	
Total unrestricted funds			<u>194,005</u>		<u>186,363</u>
<b>Total charity funds</b>	15		<u>224,546</u>		<u>244,826</u>


For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' Responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), were approved by the Board on 24 Oct 2022 and signed on its behalf by:

Name:  
Trustee

  
Sha-Kera King

For the year ended 31 March 2022

---

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**e) Donations of gifts, services and facilities**

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

For the year ended 31 March 2022

---

**1 Accounting policies (continued)**

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 10% |
| ● Advice and Family Support | 90% |

**j) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**k) Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

**l) Stocks**

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.



For the year ended 31 March 2022

**1 Accounting policies (continued)**

**o) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**2 Income from donations and legacies**

	Unrestricted £	Restricted £	2022 total Total £	2021 Total £
Individual and church donations	27,196	-	27,196	38,937
Grants from Trusts and Foundations	20,000	101,387	121,387	201,350
Donated goods	20,084	-	20,084	68,474
	<u>67,280</u>	<u>101,387</u>	<u>168,667</u>	<u>308,761</u>

Donated goods include food, toiletries and other items received by the charity for distribution to the homeless and needy.

**3 Income from charitable activities**

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Advice and Family Support L.B. Haringey (Children's Centre Services)	-	44,000	44,000	44,000
Sub-total for Advocacy	-	44,000	44,000	44,000
Total income from charitable activities	-	44,000	44,000	44,000

For the year ended 31 March 2022

4 Analysis of expenditure

	Charitable activities					
	Cost of raising funds	Summer Playscheme	Advice and Advocacy Support and Outreach Family Support	Support costs	2022 Total	2021 Total
	£	£	£	£	£	£
Staff costs (Note 6)	3,764	8,913	97,097	9,659	119,432	104,643
Rent	245	1,320	12,133	6,682	20,380	16,033
Office Costs	228	524	16,781	111	17,643	8,158
Travel and excursions	422	85	4,547	3,743	8,797	11,160
Depreciation	-	-	-	4,033	4,033	2,715
Other direct costs, insurance and utilities	651	2,217	25,224	13,008	41,100	16,450
Donated goods	-	-	20,084	-	20,084	68,474
	5,309	13,059	175,866	37,237	231,471	227,633
Support costs		2,969	26,720	(29,689)	-	-
Governance costs			9,024	(7,548)	1,476	1,530
<b>Total expenditure 2022</b>	<b>5,309</b>	<b>16,028</b>	<b>211,610</b>	<b>-</b>	<b>232,947</b>	<b>229,163</b>
Total expenditure 2021	4,391	2,618	222,154	-	229,163	

Of the total expenditure, £59638 was unrestricted (2021: £35690) and £173309 was restricted (2021: £193473).

For the year ended 31 March 2021

4 Analysis of expenditure

	Charitable activities					
	Cost of raising funds	Summer Playscheme	Advice and Advocacy Support and Outreach Family Support	Support costs	2021 Total	
	£	£	£	£	£	
Staff costs (Note 6)	3,298	-	92,882	8,463	104,643	
Rent	193	-	10,584	5,257	16,033	
Office Costs	105	-	8,001	51	8,158	
Travel and excursions	535	-	5,877	4,749	11,160	
Depreciation	-	-	-	2,715	2,715	
Other direct costs, insurance and utilities	260	1,284	9,699	5,206	16,450	
Donated goods	-	-	68,474	-	68,474	
	4,391	1,284	195,516	26,441	227,633	
Support costs		1,334	12,005	(13,339)	-	
Governance costs			14,632	(13,102)	1,530	
<b>Total expenditure 2021</b>	<b>4,391</b>	<b>2,618</b>	<b>222,154</b>	<b>-</b>	<b>229,163</b>	

**For the year ended 31 March 2022**

**5 Net incoming resources for the year**

This is stated after charging / crediting:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Depreciation	<b>4,033</b>	<b>2,215</b>
Operating lease rentals:		
Property	<b>14,500</b>	<b>14,070</b>

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Salaries and wages	<b>98,153</b>	<b>90,578</b>
Social security costs	<b>4,333</b>	<b>772</b>
Employer's contribution to defined contribution pension schemes	<b>6,735</b>	<b>6,407</b>
Other staff costs	<b>10,211</b>	<b>13,094</b>
	<b>119,432</b>	<b>110,850</b>

No employee earned more than £60,000 during the year (2021: nil).

The total employee benefits including pension contributions of the key management personnel were £32,496 (2021: £23,028).

The charity trustees were not paid any remuneration or other benefits from employment with the charity in the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

No Trustees are made payments or reimbursements of travel and subsistence costs totalling during the year (2021: nil).

**7 Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	<b>2022</b>	<b>2021</b>
	<b>No.</b>	<b>No.</b>
Charitable activities	<b>4.0</b>	<b>6.0</b>
	<b>4.0</b>	<b>6.0</b>

**8 Related party transactions**

There are no related party transactions to disclose for 2022 (2021: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**9 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

For the year ended 31 March 2022

10 Tangible fixed assets

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	28,120	28,120
Additions in year	8,637	8,637
At the end of the year	36,757	36,757
<b>Depreciation</b>		
At the start of the year	22,508	22,508
Charge for the year	4,033	4,033
At the end of the year	26,541	26,541
<b>Net book value</b>		
At the end of the year	10,215	10,215
At the start of the year	5,612	5,612
All of the above assets are used for charitable purposes.		

11 Stock

	2022 £	2021 £
Donated clothing and other items for distribution	2,572	1,574
	2,572	1,574

12 Debtors

	2022 £	2021 £
Prepayments	1,008	-
Accrued income	5,750	-
	6,758	-

13 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	646	1,269
Accruals	1,440	1,440
Deferred income	-	5,450
	2,086	8,159

14 Analysis of net assets between funds at the end of year - 31 March 2022

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	10,215	-	-	10,215
Net current assets	183,789	-	30,541	214,330
Net assets at the end of the year	194,005	-	30,541	224,546

For the year ended 31 March 2022

14 Analysis of net assets between funds at the start of year - 1 April 2021

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	5,612	-	-	5,612
Net current assets	180,751	-	58,463	239,214
<b>Net assets at the end of the year</b>	<b>186,363</b>	<b>-</b>	<b>58,463</b>	<b>244,826</b>

15 Movements in funds during the year - 2022

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	7,100	-	(7,100)	-	-
Wednesday's Child	2,163	-	(2,163)	-	-
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
Allchurches Trust	6,000	-	(6,000)	-	-
City Bridge Trust	-	22,150	(22,150)	-	-
Haringey Giving	2,375	-	-	-	2,375
Joseph Rank Trust	3,125	12,500	(12,500)	-	3,125
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	9,295	10,500	(16,720)	-	3,075
Schroder Charity Trust	-	5,000	(5,000)	-	-
Garfield Weston Foundation	-	-	-	-	-
GIC London	-	3,737	(3,737)	-	-
Trust for London	17,327	47,500	(43,122)	-	21,705
Tudor Trust	11,078	-	(10,818)	-	260
<b>Total restricted funds</b>	<b>58,463</b>	<b>145,387</b>	<b>(173,309)</b>	<b>-</b>	<b>30,541</b>
<b>Unrestricted funds:</b>					
General funds	186,363	67,280	(59,638)	-	194,005
<b>Total unrestricted funds</b>	<b>186,363</b>	<b>67,280</b>	<b>(59,638)</b>	<b>-</b>	<b>194,005</b>
<b>Total funds</b>	<b>244,826</b>	<b>212,667</b>	<b>(232,947)</b>	<b>-</b>	<b>224,546</b>

For the year ended 31 March 2022

15 Movements in funds during previous year - 2021

	At the start of £	Incoming £	Outgoing £	Transfers £	At the end of £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	-	7,100	-	-	7,100
Wednesday's Child	-	4,000	(1,837)	-	2,163
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
Allchurches Trust	-	6,000	-	-	6,000
Big Lottery Fund	26,036	-	(26,036)	-	-
City Bridge Trust	-	21,850	(21,850)	-	-
Haringey Giving	2,875	5,000	(5,500)	-	2,375
Joseph Rank Trust	3,125	12,500	(12,500)	-	3,125
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	-	9,950	(655)	-	9,295
L.B. Haringey (VCS Hardship Fund)	-	34,000	(34,000)	-	-
London Community Response Fund - Coronavirus Appeal	-	3,000	(3,000)	-	-
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Tetherdown Charitable Trust	-	2,500	(2,500)	-	-
Trust for London	-	23,000	(5,673)	-	17,327
Tudor Trust	10,000	32,000	(30,922)	-	11,078
<b>Total restricted funds</b>	<b>42,036</b>	<b>209,900</b>	<b>(193,473)</b>	<b>-</b>	<b>58,463</b>
<b>Unrestricted funds:</b>					
General funds	79,191	142,861	(35,690)	-	186,363
<b>Total unrestricted funds</b>	<b>79,191</b>	<b>142,861</b>	<b>(35,690)</b>	<b>-</b>	<b>186,363</b>
<b>Total funds</b>	<b>121,227</b>	<b>352,761</b>	<b>(229,163)</b>	<b>-</b>	<b>244,826</b>

Restricted funds received includes £50,500 grants related to the response to the COVID-19 pandemic. These funds enabled the charity to adapt to new challenges and provide support to families in need. This included increasing the provision of food and other essentials and improving digital access to services.

16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following

	Property	
	2022	2021
	£	£
Less than one year	14,500	14,500
	<b>14,500</b>	<b>14,500</b>

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.