

# CARIS HARINGEY

England & Wales · Charity number 1061577

## Details

---

**Status** Registered

**Legal form** Charitable company

**Company number** [03304699](#)

**Registered** 1997-03-26

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 6 Scotswood Walk  
Northumberland Park  
London  
N17 0TF

**Phone** 020 8801 3004

**Email** [info@carisharingey.org.uk](mailto:info@carisharingey.org.uk)

**Website** [www.carisharingey.org.uk](http://www.carisharingey.org.uk)

## Activities

---

**Objects:** THE PROMOTION OF SUCH CHARITABLE PURPOSES FOR THE BENEFIT OF THE COMMUNITY WITHIN THE LONDON BOROUGH OF HARINGEY (INCLUDING THE ASSISTING OF THE BEREAVED AND THE HOMELESS) AS SHALL BE AN EXPRESSION OF CHRISTIAN SOCIAL CONCERN

**Activities:** Outreach and Advice Service, Weekly Drop In for Under-5s, Mobile Toy Library, Summer Playscheme, Christmas Party, ESOL

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, The General Public/mankind

## Geography

- **Area of benefit:** LONDON BOROUGH OF HARINGEY
- Haringey

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£162,446	£282,318	-	-
2024-03-31	£204,719	£248,352	-	-
2023-03-31	£222,008	£275,787	-	-
2022-03-31	£212,667	£232,947	-	-
2021-03-31	£352,761	£229,162	-	-
2020-03-31	£247,546	£194,666	-	-

## Trustees

Name	Role	Appointed
CHRISTINA AYINKE OMIDEYI		2022-10-27
Christina Burgess		2019-12-05
Fina Fisher		2021-12-02
Kevin Phillip Norris		2019-03-07
Rev Jessica Swift		2019-12-05
SHA-KERA KING		2012-01-09

**CARIS HARINGEY**

England & Wales - Charity number 1061577

---

# Accounts

---

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

**Report and Unaudited Financial Statements  
period ended 30 September 2025**

**Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

**Status:** Company Limited by Guarantee No.03304699  
Charity Registration No.: 1061577  
The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016 and 12 November 2020.

**Registered Office:** 6 Scotswood Walk  
Northumberland Park  
London N17 0TF  
The Company does not have a separate principal office.

**Trustees:** Sha-Kera King (Chair)  
Christina Burgess  
Christina Omideyi  
Jessica Swift  
Kevin Norris  
Fina Fisher

**Secretary** Yehen Jayasena

**Independent examiner:** Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE

# CARIS HARINGEY

## Trustees' Report

For the year period ended 30 September 2025

---

The trustees present their report and the financial statements for 18 months ending 30 September 2025. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019) –(Charities SORP FRS 102) together with The Companies Act 2006.

### OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

### ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

#### CARIS Haringey Staff

Yehen Jayasena	Company Secretary
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice Worker
Ivy Boansi	Family Support Worker

The day to day operations of the charity are the responsibility of the Director. The Director is not a Trustee of the organisation.

# CARIS HARINGEY

## Trustees' Report

For the year period ended 30 September 2025

---

### REVIEW OF NEED AND OPERATING CONTEXT

Throughout 2024–2025, demand for CARIS Haringey's services remained high and continued to increase. Families faced prolonged stays in temporary accommodation, including bed and breakfast accommodation, due to a severe shortage of permanent social housing within the borough.

Many families supported by CARIS experienced long-term housing insecurity, with some remaining in temporary accommodation for many years. This had significant implications for children's wellbeing, mental health, and development, particularly for younger children.

The charity operated against a backdrop of rising living costs, increased poverty, and constrained local authority and charitable funding. These pressures contributed both to increased demand for services and growing financial strain on the organisation.

### ADVICE & ADVOCACY

CARIS provided advice and casework support in housing, welfare benefits, immigration, women's support, and family-related issues. During this period, the charity successfully underwent an Advice Quality Standard (AQS) audit and retained the Quality Mark for General Help with Casework. CARIS also maintained its registration at Immigration Advice Authority (formerly OISC) Level 1.

### Family Support and Play Provision

Family-focused support remained central to the charity's work. Drop-in and play sessions provided safe, welcoming environments where children could engage in structured play activities supporting development, mobility, and social interaction. Parents were encouraged to play with their children and supported to understand the importance of play in early development.

A clothing exchange operated alongside these sessions, enabling families to access good-quality clothing and essential items at no cost. Seasonal play schemes were delivered during the summer and Christmas periods, offering creative activities, trips, and structured programmes for children and families. These initiatives helped reduce isolation, build trust, and provide positive experiences for families living in difficult circumstances.

### Learning and Skills

English language classes at basic and intermediate levels continued throughout the year, supporting learners to improve confidence and communication skills. Learners were supported to progress into further education or training opportunities, including vocational and skills-based courses.

# CARIS HARINGEY

## Trustees' Report

For the year period ended 30 September 2025

---

### Partnership Working

CARIS continued to work collaboratively with local schools, faith organisations, community groups, and statutory partners. This included a pilot partnership with a local school to deliver art-therapy-based counselling support for children experiencing emotional and social difficulties, evaluated jointly with education and specialist professionals.

### VOLUNTEERS AND SUPPORTERS

Volunteers remained essential to the delivery of CARIS services. Many volunteers brought lived experience and strong local knowledge, strengthening relationships with service users and enriching service delivery.

The Trustees extend sincere thanks to all volunteers, churches, schools, faith groups, funders, and local residents whose generosity of time, funding, and advocacy enabled CARIS Haringey to continue its work during this period.

### FINANCIAL REVIEW

The charity's income for period ended 30 September 2025 was £162,446 (2024: £204,719) of which £103,350 was restricted (2024: £159,640) and the remaining £59,096 (2024: £45,079) was unrestricted. The expenditure for the year was £282,318 (2024 : £248,352) of which £153,943 was restricted (2024: £150,006) finishing the year with net expenditure of £119,872 (2024: £43,633).

### RISK REVIEW

The trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding. Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

# CARIS HARINGEY

## Trustees' Report

For the year period ended 30 September 2025

---

### CHAIR'S REPORT

I am writing to present this special report covering the period from March 2025 to September 2025, which represents an exceptionally challenging and ultimately defining chapter in the history of CARIS Haringey.

Despite the continued commitment of staff, volunteers, supporters, and partners, the Trustees were required to take the difficult decision to cease operations and proceed with the closure of the organisation. This decision was not taken lightly and followed extensive consideration of the charity's financial position, funding outlook, and long-term sustainability.

### DECISION TO CEASE OPERATIONS

From early 2025 onwards, the Trustees undertook a detailed review of CARIS Haringey's financial viability and operating environment. This review identified significant and ongoing risks to sustainability, including:

- Increasing demand for services alongside reduced funding availability

Rising operational costs

Limited prospects for securing sufficient long-term funding to continue services responsibly

Following careful assessment and professional advice, the Trustees concluded that continuing operations would place the charity at risk of financial instability and compromise its ability to meet legal and fiduciary obligations. As a result, a decision was made to wind down services and close the organisation in a controlled and responsible manner.

### STAFF REDUNDANCY AND SUPPORT

A central priority during the wind-down period was supporting staff through the redundancy process. The Trustees ensured that: All statutory and contractual employment obligations were met Staff were kept informed and supported throughout the process Redundancies were managed fairly, respectfully, and transparently The Trustees wish to place on record their deep appreciation for the dedication, professionalism, and compassion shown by staff throughout this period.

### CLOSURE OF SERVICES AND OFFICE

As part of the winding-down process, CARIS Haringey:

- Gradually ceased service delivery in a planned manner
- Communicated clearly with service users and partners to support appropriate transitions
- Closed the charity's office premises
- Ensured secure handling and retention of records in line with legal requirements
- Where possible, efforts were made to signpost families and individuals to alternative sources of support.

### FINANCIAL MANAGEMENT AND WINDING DOWN

The Trustees confirm that all funds received during this period have been, and will continue to be, used responsibly and in accordance with the charity's objectives and donor intent.

Expenditure during the wind-down period was focused on:

- Staff redundancy and associated employment costs
- Costs directly related to closing the organisation
- Fulfilling outstanding contractual and legal obligations

Following settlement of all liabilities and closure costs, any remaining funds will be distributed in accordance with the charity's governing document and charity law to one or more organisations with similar charitable aims, ensuring continued public benefit.

### FINAL REFLECTIONS AND THANKS

CARIS Haringey has supported homeless and vulnerably housed families across the borough for many years. The Trustees are proud of the charity's legacy and the positive difference it has made in the lives of countless children and families.

We extend our sincere thanks to all supporters, donors, volunteers, churches, schools, funders, partners, and staff whose commitment and generosity sustained CARIS Haringey until its final closure.

# CARIS HARINGEY

## Trustees' Report

For the year period ended 30 September 2025

---

### Statement of Trustees' Responsibilities

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 21 May 2026 and signed on its behalf.



Trustee  
Name: Sha-Kera King

## **Independent Examiner's Report to the Trustees of CARIS Haringey**

I report on the financial statements of the company for the year ended 30 September 2025 as set out on pages 8 to 18.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

### **Emphasis of Matter paragraph**

We draw attention to Note 1 a) in the financial statements, which explains that the Trustees have resolved to wind up the charity and that the financial statements have been prepared on a break-up basis. Our report is not modified in respect of this matter.

*Shruti Soni*

**Shruti Soni FCCA FCIE**  
Shruti Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PE

Date: 21/5/2026

## Statement of financial activities (incorporating an income and expenditure account)

## For the period ended 30 September 2025

		2025			2024		
	Note	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
<b>Income from:</b>							
Donations and legacies	2	55,226	53,350	<b>108,576</b>	41,049	109,640	150,689
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	50,000	<b>50,000</b>	-	50,000	50,000
		-	-	-	-	-	-
Other trading activities		-	-	-	-	-	-
Investments		3,870	-	<b>3,870</b>	4,030	-	4,030
Other		-	-	-	-	-	-
<b>Total income</b>		<b>59,096</b>	<b>103,350</b>	<b>162,446</b>	<b>45,079</b>	<b>159,640</b>	<b>204,719</b>
<b>Expenditure on:</b>							
Raising funds	4	6,755	-	<b>6,755</b>	5,838	-	5,838
Charitable activities							
Summer playscheme	4	3,166	5,000	<b>8,166</b>	-	18,664	18,664
Advice and Advocacy Support and Outreach Family Support	4	118,453	148,943	<b>267,396</b>	92,508	131,342	223,850
Other		-	-	-	-	-	-
<b>Total expenditure</b>		<b>128,375</b>	<b>153,943</b>	<b>282,318</b>	<b>98,346</b>	<b>150,006</b>	<b>248,352</b>
<b>Net income / (expenditure) for the year</b>	5	<b>(69,279)</b>	<b>(50,593)</b>	<b>(119,872)</b>	<b>(53,267)</b>	<b>9,634</b>	<b>(43,633)</b>
Transfers between funds		-	-	-	-	-	-
<b>Net movement in funds</b>		<b>(69,279)</b>	<b>(50,593)</b>	<b>(119,872)</b>	<b>(53,267)</b>	<b>9,634</b>	<b>(43,633)</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		76,540	50,593	<b>127,133</b>	129,807	40,959	170,766
<b>Total funds carried forward</b>	14	<b>7,261</b>	<b>-</b>	<b>7,261</b>	<b>76,540</b>	<b>50,593</b>	<b>127,133</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 14 to the financial statements.

## Balance sheet

Company no. 3304699

As at 30 September 2025

	Note	£	2025 £	£	2024 £
<b>Fixed assets:</b>					
Tangible assets	10		-		3,955
					3,955
<b>Current assets:</b>					
Stock	11	-		1,538	
Prepayment		-		1,208	
Cash at bank and in hand		16,331		152,955	
		16,331		155,700	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	12	(9,071)		(38,222)	
<b>Net current assets / (liabilities)</b>					
			7,261		117,478
<b>Total net assets / (liabilities)</b>					
	13		7,261		121,433
<b>The funds of the charity:</b>					
Restricted income funds			-		50,593
Unrestricted income funds:					
Designated funds		-		-	
General funds		7,261		76,540	
Total unrestricted funds			7,261		76,540
<b>Total charity funds</b>	14		7,261		127,133

For the period ending the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' Responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), were approved by the Board on 21 May 2026 and signed on its behalf by:



Sha-Kera King

Name:

Chair of Trustees - Sha-Kera King

Notes to the financial statements

For the period ended 30 September 2025

---

**1 Accounting policies**

**a) Basis of preparation and going concern**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

During the year, the Trustees resolved that the charity would cease operations and proceed with an orderly winding up due to a lack of sustainable funding. Accordingly, the financial statements have not been prepared on a going concern basis but instead on a break-up basis.

Under this basis, assets are stated at their net realisable value, being the estimated amount that the charity expects to recover from their disposal. Liabilities are recognised at the amounts expected to be settled, including any additional costs arising directly from the decision to cease operations.

Provision has been made for all known liabilities and anticipated costs associated with the winding up of the charity, including, where applicable, overhead costs, lease termination costs, and professional fees. These amounts are based on the Trustees' best estimates of the expected costs of closure.

The preparation of financial statements on a break-up basis requires the Trustees to make judgements and estimates, particularly in determining the realisable value of assets and the extent of liabilities and provisions. Actual outcomes may differ from these estimates.

Any surplus assets remaining after settlement of all liabilities will be applied in accordance with the charity's governing document and applicable charity law.

Comparative figures, where presented, have been prepared on a going concern basis and have not been restated to a break-up basis.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is 6 Scotswood Walk Northumberland Park, London N17 0TF

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**d) Donations of gifts, services and facilities**

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**e) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**f) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Notes to the financial statements

For the period ended 30 September 2025

---

**1 Accounting policies (continued)**

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 10% |
| ● Advice and Family Support | 90% |

**j) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**k) Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

**l) Stocks**

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

## Notes to the financial statements

## For the period ended 30 September 2025

## 1 Accounting policies (continued)

## o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

## p) Pensions

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

## 2 Income from donations and legacies

	Unrestricted £	Restricted £	2025 total Total £	2024 Total £
Individual and church donations	30,661	-	<b>30,661</b>	14,037
Grants from Trusts and Foundations	-	53,350	<b>53,350</b>	108,110
Donated goods	24,565	-	<b>24,565</b>	28,542
	<u>55,226</u>	<u>53,350</u>	<u><b>108,576</b></u>	<u>150,689</u>

In 2024 donations from churches includes £2,000 from St Michael's Church in Highgate and £2,200 from Hampstead Parish Church.

## 3 Income from charitable activities

	Unrestricted £	Restricted £	2025 Total £	2024 Total £
Advice and Family Support L.B. Haringey (Children's Centre Services)	-	50,000	<b>50,000</b>	50,000
Sub-total for Advocacy	-	50,000	<b>50,000</b>	50,000
Total income from charitable activities	-	50,000	<b>50,000</b>	50,000

CARIS HARINGEY

Notes to the financial statements

For the period ended 30 September 2025

4 Analysis of expenditure

	Charitable activities				2025 Total £	2024	Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £			
Staff costs (Note 6)	5,452	1,667	151,889	13,991	173,000	129,182	
Rent	304	780	15,932	8,301	25,317	22,965	
Office Costs	390	190	29,408	190	30,178	28,092	
Travel and excursions	362	1,549	2,431	3,216	7,559	17,638	
Depreciation	-	-	-	3,955	3,955	2,228	
Other direct costs, insurance and utilities	247	307	10,118	4,941	15,613	17,846	
Donated goods	-	-	24,565	-	24,565	28,542	
	6,755	4,493	234,343	34,595	280,187	246,493	
Support costs	-	3,673	33,055	(36,728)	-	-	
Governance costs	-	-	-	2,133	2,131	1,754	
<b>Total expenditure 2025</b>	<b>6,755</b>	<b>8,166</b>	<b>267,398</b>	<b>-</b>	<b>282,318</b>	<b>248,247</b>	
Total expenditure 2024	5,838	18,663	223,850	-	248,351		

Of the total expenditure, £128375 was unrestricted (2024: £98346) and £153943 was restricted (2024: £150006).

For the year ended 31 March 2024

4 Analysis of expenditure

	Charitable activities				2024 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £	
Staff costs (Note 6)	4,071	7,842	106,821	10,448	129,182
Rent	276	2,430	12,729	7,530	22,965
Office Costs	363	457	27,096	176	28,092
Travel and excursions	845	3,676	5,612	7,505	17,638
Depreciation	-	-	-	2,228	2,228
Other direct costs, insurance and utilities	283	719	11,196	5,648	17,846
Donated goods	-	-	28,542	-	28,542
	5,838	15,124	191,996	33,535	246,493
Support costs	-	3,539	31854	(35,393)	-
Governance costs	-	-	-	1,858	1,858
<b>Total expenditure 2024</b>	<b>5,838</b>	<b>18,663</b>	<b>223,850</b>	<b>-</b>	<b>248,351</b>

## Notes to the financial statements

## For the period ended 30 September 2025

**5 Net incoming resources for the period**

This is stated after charging / crediting:

	<b>2025</b>	2024
	£	£
Depreciation	<b>3,955</b>	2,228
Operating lease rentals:		
Property	<b>16,917</b>	14,500
	<b>16,917</b>	14,500

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	<b>2025</b>	2024
	£	£
Salaries and wages	115,890	107,441
Redundancy	37,818	-
Social security costs	10,017	4,766
Employer's contribution to defined contribution pension schemes	7,965	7,304
Other staff costs	1,308	9,671
	<b>173,000</b>	129,182

No employee earned more than £60,000 during the period (2024: nil).

The total employee benefits including pension contributions of the key management personnel were £32,640 (2024: £23,028).

The charity trustees were not paid or received any other benefits from employment with the charity in the period (2024: £nil).

No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the period (2024: nil).

**7 Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	<b>2025</b>	2024
	No.	No.
Charitable activities	<b>4.0</b>	4.0
	<b>4.0</b>	4.0

**8 Related party transactions**

There are no related party transactions to disclose for 2025 (2024: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

## Notes to the financial statements

For the period ended 30 September 2025

## 9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

## 10 Tangible fixed assets

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	36,757	36,757
Additions in year	-	-
Disposals in year	(36,757)	(36,757)
	<hr/>	<hr/>
At the end of the year	-	-
	<hr/>	<hr/>
<b>Depreciation</b>		
At the start of the year	32,802	32,802
Charge for the year	3,955	3,955
Eliminated on disposal	(36,757)	(36,757)
	<hr/>	<hr/>
At the end of the year	-	-
	<hr/>	<hr/>
<b>Net book value</b>		
<b>At the end of the year</b>	-	-
	<hr/>	<hr/>
At the start of the year	3,955	3,955
	<hr/> <hr/>	<hr/> <hr/>

All of the above assets are used for charitable purposes.

## 11 Stock

	2025 £	2024 £
Donated clothing and other items for distribution	-	1,538
	<hr/>	<hr/>
	-	1,538
	<hr/> <hr/>	<hr/> <hr/>
<b>Debtors</b>		
	2025	2024
	£	£
Prepayments	-	1,208
Accrued income	-	5,700
Trade debtors	-	-
	<hr/>	<hr/>
	-	6,908
	<hr/> <hr/>	<hr/> <hr/>

## Notes to the financial statements

For the period ended 30 September 2025

## 12 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	-	11,102
Accruals	<b>9,071</b>	27,120
	<b>9,071</b>	38,222

## 13 Analysis of net assets between funds at the end of year - 30 September 2025

	General unrestricted £	Designated £	Restricted £	Total funds £
Net current assets	7,261	-	-	<b>7,261</b>
<b>Net assets at the end of the year</b>	<b>7,261</b>	-	-	<b>7,261</b>

*Analysis of net assets between funds at the start of year - 1 April 2024*

	General £	Designated £	Restricted £	Total funds £
<i>Tangible fixed assets</i>	3,955	-	-	<b>3,955</b>
<i>Net current assets</i>	72,585	-	50,593	<b>123,178</b>
<b>Net assets at the end of the year</b>	<b>76,540</b>	-	<b>50,593</b>	<b>127,133</b>

## 14 Movements in funds during the 18 month period ending 30 September 2025

	At the start of the period £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the period £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
Tottenham Grammar	-	5,000	(5,000)	-	-
<b>Advice and Advocacy Support and Outreach Family Support</b>					
L.B. Haringey (Specialist housing advice)	9,485	50,000	(59,485)	-	-
L.B. Haringey (Housing Support Fund)	3,250	-	(3,250)	-	-
Haringey Giving Changing Lives Programme	2,375	-	(2,375)	-	-
Clarion Futures	-	3,250	(3,250)	-	-
City Bridge Trust	-	17,100	(17,100)	-	-
Hornsey Parochial	-	10,000	(10,000)	-	-
Souter Charitable Trust	-	3,000	(3,000)	-	-
Vintners Foundation	-	5,000	(5,000)	-	-
London Community Foundation	8,333	-	(8,333)	-	-
Trust for London	27,150	-	(27,150)	-	-
Albert Hunt Trust	-	10,000	(10,000)	-	-
<b>Total restricted funds</b>	<b>50,593</b>	<b>103,350</b>	<b>(153,943)</b>	-	-

## Notes to the financial statements

For the period ended 30 September 2025

**Unrestricted funds:**

<b>General funds</b>	76,540	59,096	(128,375)	-	<b>7,261</b>
<b>Total unrestricted funds</b>	76,540	59,096	(128,375)	-	<b>7,261</b>
<b>Total funds</b>	127,133	162,446	(282,318)	-	<b>7,261</b>

**14 Movements in funds during previous year - 2024**

	<i>At the start of the year</i>	<i>Incoming resources &amp;</i>	<i>Outgoing resources &amp;</i>	<i>Transfers</i>	<i>At the end of the year</i>
	£	£	£	£	£
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
The Henry Smith Charity	-	1,530	(1,530)	-	-
Tottenham Grammar	-	3,000	(3,000)	-	-
City Bridge Trust	-	14,960	(14,960)	-	-
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
The Henry Smith Charity	-	21,825	(21,825)	-	-
Haringey Giving Changing Lives Programme	2,375	-	-	-	<b>2,375</b>
Clarion Futures	-	3,250	-	-	<b>3,250</b>
L.B. Haringey (Children's Centre Services)	-	50,000	(50,000)	-	-
L.B. Haringey (Specialist housing advice)	9,485	-	-	-	<b>9,485</b>
L.B. Haringey (Housing Support Fund)	927	4,125	(5,052)	-	-
L.B. Haringey (VCS Hardship Fund)	-	-	-	-	-
London Community Foundation	8,333	28,000	(28,000)	-	<b>8,333</b>
Trust for London	19,839	32,950	(25,639)	-	<b>27,150</b>
<b>Total restricted funds</b>	<b>40,959</b>	<b>159,640</b>	<b>(150,006)</b>	-	<b>50,593</b>
<b>Unrestricted funds:</b>					
<b>General funds</b>					
	129,807	45,079	(98,346)	-	<b>76,540</b>
<b>Total unrestricted funds</b>	<b>129,807</b>	<b>45,079</b>	<b>(98,346)</b>	-	<b>76,540</b>
<b>Total funds</b>	<b>170,766</b>	<b>204,719</b>	<b>(248,352)</b>	-	<b>127,133</b>

## Notes to the financial statements

For the period ended 30 September 2025

---

**15 Operating lease commitments**

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following

	Property	
	2025	2024
	£	£
One to five years	6,240	14,500
	<b>6,240</b>	<b>14,500</b>

**16 Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**CARIS HARINGEY**

England & Wales - Charity number 1061577

---

# Accounts

---

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

**Report and Unaudited Financial Statements**  
**Year ended 31 March 2024**

**Shruti Soni FCCA FCIE**  
**Shruti Soni Ltd**  
**117A St Johns Hill**  
**Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

<b>Status:</b>	Company Limited by Guarantee No.03304699 Charity Registration No.: 1061577 The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016 and 12 November 2020.
<b>Registered Office:</b>	St Paul's Church Annexe 60 Park Lane London N17 0JR The Company does not have a separate principal office.
<b>Trustees:</b>	Sha-Kera King (Chair) Christina Burgess Christina Omideyi Jessica Swift Kevin Norris Fina Fisher
<b>Secretary Hon Treasurer</b>	Gloria Saffrey-Powell Yehen Jayasena
<b>Independent examiner:</b>	Shruti Soni FCCA FCIE Shruti Soni Ltd 117A St Johns Hill Sevenoaks TN13 3PE

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2024

---

The trustees present their report and the financial statements for the year ended 31 March 2024. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019) –(Charities SORP FRS 102) together with The Companies Act 2006.

### OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

### ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2024

---

### CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice Worker
Tonya Mavri	Family Support Worker (until Nov 2023)
Ivy Boansi	Family Support Worker (from March 2024)

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

### CHAIR'S REPORT

I am pleased to welcome you to the CARIS Haringey Annual Review for the year 2023-2024. This year continued to present us with ongoing challenges and the team has faced them with bravery, resilience, and flexibility to meet the vast and complex needs of our service users.

CARIS Haringey's services have significantly contributed to transforming the local community; by offering crucial support to families in need, we have alleviated the burdens of homelessness, poverty, and social exclusion. Our efforts have enabled families to access essential resources, secure stable housing, and enhance their overall wellbeing. The success of our work is measured by how we help people find a way forward and is evident in the uplifting stories of individuals and families who have benefited from our services and help.

This year has been particularly challenging for CARIS Haringey due to several factors:

**Economic Pressures:** The ongoing cost-of-living crisis has significantly impacted the families we serve, increasing the demand for our services. Many families are struggling to make ends meet, and the need for food parcels and financial assistance has risen sharply.

We continue to maintain robust fiscal management with continued financial planning and budgeting for stability. Our financial report for this year reflects the challenges and efforts regarding funding. We hold Trustees meetings regularly, and we continue to collaborate closely with our director and staff to ensure the execution of our strategic plan and respond to changes.

**Funding Constraints:** Securing sufficient funding to support our programmes has been a constant challenge. While we have been successful in obtaining grants and donations, the competition for limited resources has intensified.

**Political and Social Climate:** The hostile environment towards migrants and the slow and costly immigration processes have taken a toll on our service users. The political climate has created additional stress and uncertainty for the vulnerable populations we serve.

Our future goals and plans include:

**Delivering Flexible Services:** We aim to be more flexible in our approach in delivering service and at times, amend our service in response to funding and families in need, including providing additional support for those with no recourse to public funds.

**Strengthening Partnerships:** We plan to build stronger relationships with local organisations, churches, and community groups to enhance our support network and resources.

**Enhancing Volunteer Engagement:** We will focus on recruiting and training more volunteers to ensure we have the capacity to meet the growing demand for our services.

**Improving Facilities:** We are committed to maintaining and improving our new premises at St Paul's Church Annexe to provide a welcoming and efficient environment for our service users and staff.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2024

---

**Securing Funding:** We will continue to seek funding opportunities to ensure the sustainability of our programmes and services, allowing us to respond effectively to the needs of our community.

**Advocacy and Awareness:** We aim to raise awareness about the issues faced by families in need and advocate for policies and initiatives that support our mission.

Looking ahead, CARIS Haringey is committed to its mission of supporting homeless and destitute families in need and adapting to the growing challenges faced by our community. We are confident that with the continued support of our partners, funders, volunteers, and the community, CARIS Haringey will be able to achieve these goals and make a positive impact on the lives of those we serve.

I am encouraged to see how we continue to develop the relationships and ways of working with faith groups and local churches. I would like to thank St Paul's Church for accommodating us; we appreciate their support and partnership. In addition, we are forever grateful to St Ann's Church, who have supported CARIS over many years and who still host CARIS delivery of key services.

Finally, the invaluable support and generosity of our partners, funders, users, interested individuals, and the community have been crucial for our sustainability, and we are thankful for their support and efforts. Although CARIS Haringey operates as a part-time organisation and has a small team, the impact of their work is immeasurable. All Trustees are both proud and grateful for our staff and our volunteers' hard work this year. They have kept the service running at the usual high standards and supported our community with compassion, commitment, and perseverance.

Sha-Kera King  
Chair of CARIS Haringey

### DIRECTOR'S REPORT

***"Our lives begin to end the day we become silent about things that matter"***

**Martin Luther King Jr**

Welcome to CARIS Haringey's annual review. It has been a very eventful year both locally and nationally. The cost of living and food poverty has increased, and more families are reliant on foodbanks. There are more families sofa surfing, living in unsuitable accommodation, and facing an increase in rent prices. This is the environment in which we have continued to provide our holistic services for homeless and destitute families.

Haringey is the 4th most deprived borough in London, with deprivation more concentrated in the northeast of the borough. 35% of children in Haringey live in poverty, which is higher than the average for London boroughs (32%) and England (31%). In-work poverty is increasing in almost all working household types, and two in three Londoners in poverty are from a working family (66%). Official figures show 2,560 households in Haringey are living in temporary accommodation (statutory homeless), including over 4,000 children.

ONS statistics in March 2024 showed there are 151,630 homeless children in England living in temporary accommodation. This compares to 131,500 at the end of March 2023. Many children and their families are living in dangerous conditions with little support to help them navigate through our complex systems. Homeless families are continuously placed out of their local area, far away from their family networks, school, GP, and community.

Haringey borough, like other local authorities, frequently ends its main housing duty by moving households into the Private Rented Sector (PRS). The challenge of rent affordability has been further exacerbated by the ongoing freeze of Local Housing Allowance (LHA). Families are finding it extremely difficult to secure accommodation within the LHA and within their preferred local area.

There is fierce competition for properties available to rent in Haringey, as many other local authorities are placing their homeless families in the borough. The negative impact of this is Haringey is increasingly placing homeless families, who they have a duty to house, in accommodation out of London. The financial cost of homelessness in the UK is estimated to be £1 billion per year. An episode of homelessness can cost £30,000 per person; for a family of four people this could be £120,000.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2024

---

The profile of those in poverty is vastly different today than 10 or 20 years ago. Poverty is no longer concentrated in the social rented sector. Research has shown the numbers of private tenants in poverty are now as high, having doubled in the last decade.

The safety net for families with children is tenuous. It is within this environment CARIS continues to be for some families "the one stop shop" for them by improving their welfare, enhancing their quality of life, and improving their general wellbeing through our advice and advocacy, family support and other services. The rise of food and fuel poverty and debt are causing more strain to families already struggling. CARIS' early intervention remains a lifeline.

During the year of this review 314 families have benefited from CARIS' services. Our Advice Service is certified by the Advice Quality Standard for Advice with Casework in the following categories: Welfare Benefits, Asylum Seekers/Refugees, Housing, Immigration & Nationality and Women. Advice Workers are registered with Office of the Immigration Services Commissioner (OISC), which regulates immigration advisers' accreditation, at level 1 for Immigration, Asylum and Protection.

CARIS' three-year project with Coram Children's Legal Centre (CCLC) to provide specialist immigration advice, funded by Trust for London, has now ended. We commissioned an Independent Evaluation of our partnership work. The project was delivered during the most challenging time for the country due to the pandemic, where CARIS' work and that of the project were affected by strict lockdown rules. The ultimate goal of the project was to prevent destitution among the most vulnerable families – traditionally considered 'hard to reach and help' - with critical support, i.e. legal advice and guidance that would facilitate their route(s) to British citizenship.

Over the three-year project we have achieved positive changes for service users and their families. 191 vulnerable children, that live in poverty, were directly/indirectly supported during the project. 350 minoritised families were supported with specialist immigration advice. This support from CARIS and CCLC, helped the Haringey Local Authority Children Services save money. We continue to play a vital role, often providing help when local authority services are not able to assist.

CARIS has strong relationships with local churches, faith groups, and voluntary and community organisations. We continue to work in partnership with schools, health professionals and statutory organisations and to seek new partnerships and develop new relationships with other agencies. We seek to break the cycle of poverty by working together to address both immediate concerns and developing issues which, if left unaddressed, could become major problems.

Since COVID-19, CARIS, like many voluntary organisations, has seen a decline in funding available from local government and a significant rise in costs. It is in this environment that we continue to adapt and be prudent.

Once again, I say a huge Thank You to our volunteers, who are an amazing range of people - former service users, refugees, educators, local community activists and retirees. Their support, enthusiasm and dedication are a powerful force that has enabled CARIS to create positive change in both individual lives and our local community.

Thank you to our funders, local churches, faith groups, residents' groups, schools, and individuals for supporting CARIS Haringey's work and enabling us to make a difference to homeless families.

Gloria Saffrey-Powell BEM  
Director

#### ADVICE & ADVOCACY

CARIS Haringey's advice team continues to provide independent advice to homeless and destitute families living in unsecured housing. Most families come to CARIS with multiple needs. We continue to develop the relationships and ways of working between local voluntary and statutory organisations. We are dedicated to supporting the most vulnerable people living in extreme hardship, who come to CARIS with complex and challenging lives and are assisted to find a way forward through our advice and advocacy service and workshops that provide them with an understanding of their rights. Our advice and advocacy service has never been more needed.

We have provided advice, advocacy, and assistance on welfare benefits, housing and homelessness with key issues being eviction, statutory overcrowding, disrepair conditions, access to nursery for children whose parents have no recourse to

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2024

---

public funds (NRPF), immigration, registration of children as British and other related areas of law. We have dealt with over 111 subject matters for our clients this year.

Where advisers have identified families with issues which required more specialist advice, we have signposted to suitable external organisations such as Community Care solicitors, employment and debt specialists.

#### Referrals

Referrals to CARIS continue to come from both statutory and voluntary organisations such as Haringey Early Intervention Team, local schools, Haringey & Enfield Children's Centres, Family Hubs, health visitors, midwives, mental health professionals, and self-referrals. In the year under review, we received 219 new referrals for advice and other support, of which 133 were from professionals and 86 were self-referrals.

#### Immigration Advice Provision

CARIS has continued to provide immigration advice at the appropriate OISC Level 1. Our clients who required specialist advice have been appropriately signposted or referred to Coram Children's Legal Centre (CLC), Haringey Law Centre, or Haringey Migrant Support Centre to deal with issues such as EU Settlement Scheme, and assistance with the naturalisation process, asylum claims and family reunion and travel documents.

Our immigration advice partnership project with Coram CLC was paused for a few months due to staff changes. The project was also impacted by cuts to Legal Aid for immigration, housing, welfare, education and community care work. Coram CLC's immigration solicitors were finding it difficult to secure representation for our service users, there was also a shortage of immigration specialists within Coram CLC.

Some cases referred to Coram CLC were successful, and others are still pending, waiting for a decision from the Home Office. Clients who received positive decisions went on to take up employment, were able to claim public funds and others are doing volunteering to gain work experience.

#### Welfare Rights and Benefits

Changes in welfare benefits and immigration law continue to adversely affect our clients e.g. increases in Home Office fees and the Immigration Health Surcharge continue to affect families on low income who cannot afford the high cost of an application to the Home Office especially for large families who are expected to pay around £1048 per person for Home Office visa applications and £2585.50 per person for the Immigration Health Surcharge.

With regard to changes in welfare rights, we have seen an increased number of families with pre-settled status being refused Universal Credit for failing the Habitually Residence Test (HRT); some claimants have had their Universal Credit claim refused five times and their account closed.

We received enquiries from families on legacy benefits (such as housing benefit, child tax credits) who are concerned about the impact of Universal Credit Managed Migration (whether they would be better off on Universal Credit or on legacy benefits).

Full-scale managed migration started to roll out in April 2023. Claimants are being sent a migration notice by the DWP informing them that they must make a claim for Universal Credit to continue to get support as their legacy benefit awards will come to an end.

DWP sent migration notices to over 500,000 households getting tax credits only (and no other legacy benefits) in 2023/2024. The DWP will contact the remaining tax credit claimants and those receiving other legacy benefits by the end of 2025.

Thanks to CARIS advice on entitlements and support with applications, the overall financial gain to our service users in the year was £67,528.00.

#### Workshops and Informative Sessions

CARIS organised workshops during the Summer Playscheme with the aim to increase awareness among families on their rights, entitlements, and obligations and how and where to seek advice.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2024

---

Face-to-face workshops were organised in partnership with Coram Children's Legal Centre. Workshops targeted at non-English speakers were held in small group sessions.

Sessions were run on the following subjects:

- Updates on Immigration law: EU Settlement Scheme, British citizenship. Participants reported a better understanding of the changes in immigration law on how to become a British citizen, and who can make late claim under the EU Settlement Scheme.
- Homelessness and Eviction. Participants reported increased knowledge of the eviction and homelessness process and the Local Authority's duties.
- Universal Credit and Managed Migration (End of Legacy Benefits). Participants reported better understanding of the impact of change of circumstances for those receiving legacy benefits; the Managed Migration process and when people will be transferred to Universal Credits.
- Budgeting: Tips on dealing with priority debts. Participants reported a better understanding on how to deal with priority debts.

#### Outreach visits

Advisers visited accommodation to assess housing conditions and to report disrepair issues. The key issues remained overcrowding, mould, and damp.

#### Referrals

Our referrals continue to come from the Early Help team, local schools and children's centres, social services, health visitors and other NHS professionals, voluntary organisations, and self-referrals. This year we received 145 new referrals from outside agencies.

#### Trends/Concerns

Eviction and statutory overcrowding continue to be the main issue that most families continue to face. We assisted families by giving them advice on their rights and how to make a homeless application to the council.

The Illegal Migration Bill passed in the Commons on 27 April 2023. This Bill removes the right to claim asylum in the UK to those who enter without a passport and will have a negative impact on families including children of trafficked parents.

The shortage of Legal Aid immigration solicitors continues to affect those with immigration issues. This means families wanting to renew their leave to remain in the UK will have to pay the UK Visa and Immigration high fees.

#### Networking and Partnership

CARIS continues to engage in networks across Haringey borough and Pan London to raise one voice on various issues that affect homeless families. Our network and partnerships include Haringey Migrant Support Centre (HMSC), EUSS Alliance, Elan (Employment Legal Advice Network), The London Destitution Forum, LSMP Civil Society Forum, Asylum Google and NRRP Google group, Haringey Welcome Advisory Board, United Impact (Project 17).

The Advice Workers continue to attend regular Voluntary and Community Sector Forum meetings, and GLA Civil Society meetings, such as an event to discuss asylum seekers housing conditions and welfare.

#### Training

Advisers have continued to keep abreast with legislative changes and changes to policies and have attended trainings organised by Shelter, Child Poverty Action Group, and Immigration Law Practitioners' Association.

#### Quality Standards

We continue to work to the high standard imposed by regulators: OISC and Advice Quality Standard (AQS). And we continue to keep abreast with new immigration rules, regulations and AQS through continuing professional development. Our OISC registration was renewed.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2024

---

#### Case study

*Ms A is a single mother of one. She was facing homelessness at the time of her self-referral to CARIS in 2021. Her partner left her when she became pregnant, her friends and her community were not supportive. She was homeless; she had nowhere to turn to as she has no close family members in the UK. She needed immigration advice to resolve her unregulated immigration status. She also needed food and clothes for herself and her baby.*

*CARIS assisted her with emergency food parcels, clothing, and other essential items, also Christmas gifts and baby items as baby's due date approached.*

*CARIS advised Ms A on housing law and claiming homelessness. CARIS signposted Ms A to Children's Services and she was housed under Section 17 of the Children Act 1989.*

*Ms A was placed in a house of multiple occupancy (HMO) which consisted of one room, sharing bathroom and kitchen with five other families. Ms A raised concerns about the disrepair in the property and the suitability of the accommodation for her and her son as there were men living at the same accommodation, which did not make Ms A feel safe. CARIS Senior Advice Worker arranged an outreach visit to the accommodation to assess the housing condition and reported to the Housing Team.*

*Ms A disclosed to CARIS staff her difficulties and CARIS was able to support her to get the appropriate care. CARIS continued to support Ms A during her admission to hospital to receive care. Further, CARIS continued to advocate and liaise with professionals involved in the case such as hospital social services, doctors, nurses, housing team, Children's Services, psychologists and Project 17.*

*Ms A's accommodation was not suitable. With the help of CARIS advocacy Ms A was moved to a more suitable accommodation. Following the move, Ms A's mood improved, and she became more engaged in CARIS activities and events.*

*Ms A has attended CARIS events with her son: Summer Playscheme, Christmas party, day trips, and the immigration workshop. Ms A continues to engage with CARIS services such as CARIS drop-in activities and clothes exchange.*

*Ms A was deeply affected by the lack of immigration status in the UK as single parent, with no employment relying on food banks and charity. CARIS secured an immigration solicitor for Ms A through the immigration partnership with Coram Children's Legal Centre.*

*Ms A told CARIS that she feels part of a community that she did not have when she first came to CARIS. In her own words Ms A said, "I thank you so much I really do appreciate everything."*

*Ms A's immigration matter is in the process of being resolved.*

#### FAMILY SUPPORT

Over the last 12 months our early intervention and support has gone from strength to strength. Families have told us that our services are valued. This is evidenced through the number of families that we are seeing and the increase in engagement with those accessing our vital support across all services.

We know parents that come to CARIS are experiencing many challenges, and their priorities are ensuring the family have a roof over their head. This impacts on their ability to parent, engage with their children and provide the emotional support they need. All children deserve to be supported so they can grow up happy and healthy. This is why our early intervention, support and assistance provides the right platform for parents to engage with their children building and strengthening the families.

#### Drop In

We have families who are consistent in attending our weekly drop-in at St Ann's Church Hall during term time. The sessions tend to be busy with an average of 25 children each week. During these drop-ins we have received new referrals. Some of the new referrals were informed about our services from families who already use our services. This year 128 adults and children attended for the first time. Parents who have given feedback have stated they were happy to come to drop-in as they looked forward to meeting with friends and for their children to meet other children and take part in fun activities.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2024

---

We work in partnership with external agencies and local community and faith groups to plan events and workshops sessions to be held in the weekly drop-ins. These have been advertised on social media, so that families who live within Haringey with young children can access the sessions and be aware of services across the borough. Sessions held during the year included events to celebrate International Women's Day, Mother's Day, St George's Day, Africa Day and Refugee Week. Professionals who participated included Education N You, Haringey Talking Therapies, Your Learning Voices and SEND Power.

In May half-term we arranged a trip to London Zoo, two coaches, 110 parents/carers and children attended. The feedback received was very positive.

#### Toy Library

The CARIS Toy Library benefits families in temporary accommodation by providing fun, educational toys and books to assist with child development. It has also continued to be used as a platform to engage with families and provide information on health, registering with a doctor, local nurseries, schools and other local services. This year we extended our provision through our partnership with Triangle Children's Centre. CARIS was commissioned by the Local Authority to provide specialist sessions at Triangle for families in temporary accommodation as part of the Family Hub initiative.

#### Summer

Our summer programme had a range of activities and workshops on offer for children, young people and their families. Several young volunteers who helped out last year joined us again to support the staff in running the activities. Six of our young volunteers were former users of CARIS playscheme and it was great to see them grow in confidence. Our young volunteers with additional needs were supported and assigned activities accordingly. We were very proud of all the young volunteers, particular as we have seen some of them grow into young adults.

We worked closely to support families with children with special educational needs and employed specialist workers to be alongside them. Throughout the three weeks the families got to know each other and the support for each other was clear. It is always wonderful to see the diversity of children and their parents who attend and the lasting friendships made during the playscheme.

We went on 2 coach trips that were both hugely successful.

Trip 1 was to Stanborough lakes. Both children and parents reported having a wonderful time playing in the splash pad and paddling in the lakes and rivers.

Trip 2 was to the seaside at Margate. Families spent the day enjoying the beach and town. The children built sandcastles, some parents and children went swimming in the sea, others decided just to get their feet wet!

The playscheme once again was a huge success. 159 children and 92 parents/carers participated. Many told us they wished it could be longer!

#### Christmas

Christmas is always an important celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books to families in need. We organised two children's parties this year, with 104 children attending. We also hosted a Christmas pantomime - a new cultural experience for many of the families who attended. The little ones enjoyed meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children.

#### Food Parcels and Other Donations

We are very grateful to everyone who has provided harvest donations and regular donations to our food bank. Due to this generosity, we have been able to provide families facing destitution with food parcels at our regular sessions for those with no recourse to public funds. This is held fortnightly with an average of 44 families attending each time. We also supported some additional families who were referred for one-off food parcels due to emergency circumstances. In total we gave out

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2024

---

760 food parcels this year.

We are also grateful for the many donations from individuals and groups of good quality items such as buggies and baby equipment, toys, books, and clothes for adults and children. This is amazing as many of our families who are on low income or facing destitution can take home items that are pre-loved. The value of donated goods received in 2023-24 was £26,335.

### Volunteers

CARIS has a group of 10 regular volunteers assisting with many areas such as the drop-in, summer playscheme, food parcels and office-based tasks. We are grateful for the support and commitment from our volunteers. Our volunteers have said volunteering at CARIS gives them a sense of engagement in the community and keeps them busy. The different ages and backgrounds of our volunteers bring a wealth of expertise to CARIS. Our volunteers are invaluable, and we could not do the work we do without them.

### ESOL

Our ESOL classes continue to provide learners with the essential language skills needed to be part of the community. We continued to provide classes at entry level 1 and level 2 covering areas such as grammar, punctuation, writing and reading, and speaking and listening. This year 34 students attended ESOL classes.

### FINANCIAL REVIEW

The charity's income for year ended 31 March 2024 was £204,719 (2023: £222,008) of which £159,640 was restricted (2023: £178,697) and the remaining £45,079 (2023: £43,311) was unrestricted. The expenditure for the year was £248,352 (2023: 275,787) of which £150,006 was restricted (2023: £168,278) finishing the year with net expenditure of £43,633 (2023: £53,779).

### RESERVES POLICY

Total charity funds at year end stood at £127,133 (2023: £170,766) of which £50,593 (2023: £40,959) represented restricted funds and £76,540 (2023: £129,807) represented unrestricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £76,540 (2023: £123,625), are well within this target level.

### RISK REVIEW

The trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

### GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future. The Trustees continue to act with due diligence and have in place a series of measures to mitigate the impact of a possible financial shortfall in 2024/25.

### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2024

---

#### Statement of Trustees' Responsibilities


The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 18.11.2024 and signed on its behalf.

  
\_\_\_\_\_  
Trustee  
Name: Sha-Kera King

## Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2024 as set out on pages 13 to 22.

### Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Shruti Soni*

**Shruti Soni FCCA FCIE**

Shruti Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 19 November 2024

**CARIS HARINGEY**

**Statement of financial activities** (incorporating an income and expenditure account)

**For the year ended 31 March 2024**

	Note	Unrestricted £	Restricted £	2024 Total £	Unrestricted £	Restricted £	2023 Total £
<b>Income from:</b>							
Donations and legacies	2	41,049	109,640	<b>150,689</b>	41,000	134,697	175,697
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	50,000	<b>50,000</b>	-	44,000	44,000
Investments		4,030	-	<b>4,030</b>	2,311	-	2,311
<b>Total income</b>		<b>45,079</b>	<b>159,640</b>	<b>204,719</b>	<b>43,311</b>	<b>178,697</b>	<b>222,008</b>
<b>Expenditure on:</b>							
Raising funds	4	5,838		<b>5,838</b>	6,060		6,060
Charitable activities							
Summer playscheme	4	-	18,664	<b>18,664</b>	17,410	3,107	20,517
Advice and Advocacy Support and Outreach Family Support	4	92,508	131,342	<b>223,850</b>	84,039	165,171	249,210
Other		-	-	-	-	-	-
<b>Total expenditure</b>		<b>98,346</b>	<b>150,006</b>	<b>248,352</b>	<b>107,509</b>	<b>168,278</b>	<b>275,787</b>
<b>Net income / (expenditure) for the year</b>	5	<b>(53,267)</b>	<b>9,634</b>	<b>(43,633)</b>	<b>(64,198)</b>	<b>10,419</b>	<b>(53,779)</b>
Transfers between funds				-	-	-	-
<b>Net movement in funds</b>		<b>(53,267)</b>	<b>9,634</b>	<b>(43,633)</b>	<b>(64,198)</b>	<b>10,419</b>	<b>(53,779)</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		129,807	40,959	<b>170,766</b>	194,005	30,540	224,545
<b>Total funds carried forward</b>	15	<b>76,540</b>	<b>50,593</b>	<b>127,133</b>	<b>129,807</b>	<b>40,959</b>	<b>170,766</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

**CARIS HARINGEY**  
Balance sheet

Company no. 3304699

As at 31 March 2024


	Note	£	2024 £	£	2023 £
<b>Fixed assets:</b>					
Tangible assets	10		<u>3,955</u>		<u>6,182</u>
			<b>3,955</b>		<b>6,182</b>
<b>Current assets:</b>					
Stock	11	1,538		3,744	
Debtors	12	6,908		17,333	
Cash at bank and in hand		152,954		162,260	
		<u>161,400</u>		<u>183,337</u>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	(38,222)		(18,753)	
			<u>123,178</u>		<u>164,584</u>
<b>Net current assets / (liabilities)</b>					
			<u>127,133</u>		<u>170,766</u>
<b>Total assets less current liabilities</b>					
			<u>127,133</u>		<u>170,766</u>
<b>The funds of the charity:</b>					
Restricted income funds			50,593		40,959
Unrestricted income funds:					
General funds		76,540		129,807	
		<u>76,540</u>		<u>129,807</u>	
Total unrestricted funds			<u>76,540</u>		<u>129,807</u>
<b>Total charity funds</b>	15		<u>127,133</u>		<u>170,766</u>

For the year ending the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' Responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), were approved by the Board on 18.11.2024 and signed on its behalf by:

Name: Sha-Kera King   
Trustee - Chair

For the year ended 31 March 2024

---

## 1 Accounting policies

### a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

### b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

### c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

### d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

### e) Donations of gifts, services and facilities

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

### f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

### g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

**1 Accounting policies (continued)**

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 10% |
| ● Advice and Family Support | 90% |

**j) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**k) Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

**l) Stocks**

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2024**

**1 Accounting policies (continued)**

**o) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**p) Pensions**

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

**2 Income from donations and legacies**

	Unrestricted £	Restricted £	<b>2024 total Total £</b>	2023 Total £
Individual and church donations	12,507	1,530	<b>14,037</b>	18,087
Grants from Trusts and Foundations	-	108,110	<b>108,110</b>	134,697
Donated goods	28,542	-	<b>28,542</b>	22,913
	<u>41,049</u>	<u>109,640</u>	<u><b>150,689</b></u>	<u>175,696</u>

Donations from churches includes £2,000 each from St Michael's Church in Highgate and from Hampstead Parish Church.

**3 Income from charitable activities**

	Unrestricted £	Restricted £	<b>2024 Total £</b>	2023 Total £
L.B. Haringey (Children's Centre Services)	-	50,000	<b>50,000</b>	44,000
Sub-total for Advocacy	-	50,000	<b>50,000</b>	44,000
Total income from charitable activities	<u>-</u>	<u>50,000</u>	<u><b>50,000</b></u>	<u>44,000</u>

CARIS HARINGEY  
Notes to the financial statements

For the year ended 31 March 2024

4 Analysis of expenditure

	Charitable activities				2024 Total £	2023 £	Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £			
Staff costs (Note 6)	4,071	7,842	106,821	10,448	129,182	137,700	
Rent	276	2,430	12,729	7,530	22,965	19,230	
Office Costs	363	457	27,095	176	28,092	25,148	
Travel and excursions	845	3,675	5,612	7,505	17,638	15,029	
Depreciation	-	-	-	2,228	2,228	4,033	
Other direct costs, insurance and utilities	283	719	11,196	5,648	17,846	49,980	
Donated goods	-	-	28,542	-	28,542	22,913	
	5,838	15,124	191,996	33,535	246,493	274,033	
Support costs	-	3,539	31,854	(35,394)	-	-	
Governance costs	-	-	-	1,858	1,858	1,754	
<b>Total expenditure 2024</b>	<b>5,838</b>	<b>18,664</b>	<b>223,850</b>	<b>-</b>	<b>248,351</b>	<b>275,787</b>	
Total expenditure 2023	6,060	20,517	249,210	-	275,787		

Of the total expenditure, £98346 was unrestricted (2023: £107509) and £150006 was restricted (2023: £168278).

For the year ended 31 March 2023

4 Analysis of expenditure

	Charitable activities				2023 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £	
Staff costs (Note 6)	4,320	8,773	112,918	11,689	137,700
Rent	196	1,520	9,262	8,252	19,230
Office Costs	188	521	20,196	4,243	25,148
Travel and excursions	720	2,788	5,126	6,395	15,029
Depreciation	-	-	-	4,033	4,033
Other direct costs, insurance and utilities	636	1,027	25,805	22,512	49,980
Donated goods	-	-	22,913	-	22,913
	6,060	14,629	196,220	57,124	274,033
Support costs	-	5,888	52,990	(58,878)	-
Governance costs	-	-	-	1,754	1,754
<b>Total expenditure 2023</b>	<b>6,060</b>	<b>20,517</b>	<b>249,210</b>	<b>-</b>	<b>275,787</b>

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2024**

**5 Net incoming resources for the year**

This is stated after charging / crediting:

	<b>2024</b>	2023
	£	£
Depreciation	<b>2,228</b>	4,033
Operating lease rentals:		
Property	<b>14,500</b>	12,223
	<u><b>14,500</b></u>	<u>12,223</u>

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	<b>2024</b>	2023
	£	£
Salaries and wages	107,441	109,777
Social security costs	4,766	4,990
Employer’s contribution to defined contribution pension schemes	7,304	7,630
Other staff costs	9,671	15,303
	<u><b>129,182</b></u>	<u>137,700</u>

No employee earned more than £60,000 during the year (2023: nil).

The total employee benefits including pension contributions of the key management personnel were £37,090 (2023: £35,620).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil).

No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the year (2023: nil).

**7 Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	<b>2024</b>	2023
	No.	No.
Charitable activities	<b>4.0</b>	4.5
	<u><b>4.0</b></u>	<u>4.5</u>

**8 Related party transactions**

There are no related party transactions to disclose for 2024 (2023: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2024**

**9 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**10 Tangible fixed assets**

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	36,757	<b>36,757</b>
Additions in year	-	-
	<hr/>	<hr/>
At the end of the year	36,757	<b>36,757</b>
	<hr/>	<hr/>
<b>Depreciation</b>		
At the start of the year	30,575	<b>30,575</b>
Charge for the year	2,227	<b>2,227</b>
	<hr/>	<hr/>
At the end of the year	32,802	<b>32,802</b>
	<hr/>	<hr/>
<b>Net book value</b>		
<b>At the end of the year</b>	3,955	<b>3,955</b>
	<hr/>	<hr/>
At the start of the year	6,182	6,182
	<hr/>	<hr/>

All of the above assets are used for charitable purposes.

**11 Stock**

	2024 £	2023 £
Donated clothing and other items for distribution	1,538	3,744
	<hr/>	<hr/>
	<b>1,538</b>	<b>3,744</b>
	<hr/>	<hr/>

**12 Debtors**

	2024 £	2023 £
Other debtors	-	333
Prepayments	1,208	-
Accrued income	5,700	17,000
	<hr/>	<hr/>
	<b>6,908</b>	<b>17,333</b>
	<hr/>	<hr/>

**13 Creditors: amounts falling due within one year**

	2024 £	2023 £
Trade creditors	11,102	515
Accruals	27,120	18,238
	<hr/>	<hr/>
	<b>38,222</b>	<b>18,753</b>
	<hr/>	<hr/>

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2024**

**14 Analysis of net assets between funds at the end of year - 31 March 2024**

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	3,955	-	-	<b>3,955</b>
Net current assets	72,585	-	50,593	<b>123,178</b>
<b>Net assets at the end of the year</b>	<b>76,540</b>	<b>-</b>	<b>50,593</b>	<b>127,133</b>

**Analysis of net assets between funds at the start of year - 1 April 2023**

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	6,182	-	-	<b>6,182</b>
Net current assets	123,625	-	40,959	<b>164,584</b>
<b>Net assets at the end of the year</b>	<b>129,807</b>	<b>-</b>	<b>40,959</b>	<b>170,766</b>

**15 Movements in funds during the year - 2024**

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
The Henry Smith Charity	-	1,530	(1,530)	-	-
Tottenham Grammar School Foundation	-	3,000	(3,000)	-	-
L.B. Haringey (Holiday Activity Fund)	-	14,960	(14,960)	-	-
<b>Advice and Advocacy Support and Outreach Family Support</b>					
City Bridge Trust	-	21,825	(21,825)	-	-
Haringey Giving Changing Lives Programme	2,375	-	-	-	<b>2,375</b>
Clarion Futures	-	3,250	-	-	<b>3,250</b>
L.B. Haringey (Children's Centre Services)	-	50,000	(50,000)	-	-
L.B. Haringey (Specialist housing advice)	9,485	-	-	-	<b>9,485</b>
L.B. Haringey (Household Support Fund)	927	4,125	(5,052)	-	-
London Community Foundation	8,333	28,000	(28,000)	-	<b>8,333</b>
Trust for London	19,839	32,950	(25,639)	-	<b>27,150</b>
Tudor Trust	-	-	-	-	-
<b>Total restricted funds</b>	<b>40,959</b>	<b>159,640</b>	<b>(150,006)</b>	<b>-</b>	<b>50,593</b>
<b>Unrestricted funds:</b>					
<b>General funds</b>					
	129,807	45,079	(98,346)	-	<b>76,540</b>
<b>Total unrestricted funds</b>	<b>129,807</b>	<b>45,079</b>	<b>(98,346)</b>	<b>-</b>	<b>76,540</b>
<b>Total funds</b>	<b>170,766</b>	<b>204,719</b>	<b>(248,352)</b>	<b>-</b>	<b>127,133</b>

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2024**

**15 Movements in funds during previous year - 2023**

	<i>At the start of the year</i>	<i>Incoming resources &amp; gains</i>	<i>Outgoing resources &amp; losses</i>	<i>Transfers</i>	<i>At the end of the year</i>
	£	£	£	£	£
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
Bridge Renewal (Thrive Haringey)	-	962	(962)	-	-
Hornsey Parochial Summer 2022	-	1,965	(1,965)	-	-
Wednesday's Child	-	180	(180)	-	-
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
Tottenham Grammar	-	3,000	(3,000)	-	-
City Bridge Trust	-	22,625	(22,625)	-	-
Haringey Giving Changing Lives Programme	2,375	-	-	-	<b>2,375</b>
Joseph Rank Trust	3,125	-	(3,125)	-	-
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (Specialist housing advice)	-	11,250	(1,765)	-	<b>9,485</b>
L.B. Haringey (Holiday Activity Fund)	-	21,000	(21,000)	-	-
L.B. Haringey (NRPF Support Grant)	3,075	4,715	(6,863)	-	<b>927</b>
London Community Foundation	-	20,000	(11,667)	-	<b>8,333</b>
Trust for London	21,705	49,000	(50,867)	-	<b>19,839</b>
Tudor Trust	260	-	(260)	-	-
<b>Total restricted funds</b>	<b>30,540</b>	<b>178,697</b>	<b>(168,278)</b>	<b>-</b>	<b>40,959</b>
<b>Unrestricted funds:</b>					
<b>General funds</b>					
	194,005	43,311	(107,509)	-	<b>129,807</b>
<b>Total unrestricted funds</b>	<b>194,005</b>	<b>43,311</b>	<b>(107,509)</b>	<b>-</b>	<b>129,807</b>
<b>Total funds</b>	<b>224,545</b>	<b>222,008</b>	<b>(275,787)</b>	<b>-</b>	<b>170,766</b>

**16 Operating lease commitments**

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following

	Property	
	2024	2023
	£	£
One to five years	14,500	29,000
	<b>14,500</b>	<b>29,000</b>

**17 Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**CARIS HARINGEY**

England & Wales - Charity number 1061577

---

# Accounts

---

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

**Report and Unaudited Financial Statements**  
**Year ended 31 March 2023**

**Shruti Soni FCCA FCIE**  
**Shruti Soni Ltd**  
**117A St Johns Hill**  
**Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

**Status:** Company Limited by Guarantee No.03304699  
Charity Registration No.: 1061577  
The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016 and 12 November 2020.

**Registered Office:** St Paul's Church Annexe  
60 Park Lane  
London N17 0JR  
The Company does not have a separate principal office.

**Trustees:** Sha-Kera King (Chair)  
Christina Burgess  
Christina Omideyi (appointed 27 October 2022)  
Jessica Swift  
Kevin Norris  
Fina Fisher

**Secretary** Gloria Saffrey-Powell  
**Hon Treasurer** Yehen Jayasena

**Independent examiner:** Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

---

The trustees present their report and the financial statements for the year ended 31 March 2023. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019) –(Charities SORP FRS 102) together with The Companies Act 2006.

### OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

### ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

---

### CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Hammed Sonny-Johnson	Outreach Advice Worker (Nov - Dec 22)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Tonya Mavri	Family Support Worker

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

### CHAIR'S REPORT

I am pleased to welcome you to the CARIS Haringey Annual Review for the year 2022-2023. This year has presented us with ongoing challenges, which have been met by staff resilience and increased flexibility to meet the complex needs of our service users. Our Trustees meetings are held regularly, and we continue to collaborate closely with our Director and staff, to ensure execution of our strategic plan and respond to changes.

I would like to thank St Philip's Church PCC for accommodating us over the last 6 years, we appreciate their support and partnership. As CARIS moved to a new premises, it is a pleasure to see the CARIS team settled in their new office at St Paul's Church Annexe, which provides a warm and welcoming atmosphere for our service users. St Paul's Church has made every effort to ensure a warm welcome to the team and has been working with the team to form a strong collaborative relationship. In addition, we are forever grateful to St Ann's Church, who have supported CARIS over the long years and who still host CARIS for the delivery of key services.

CARIS working environment is still dominated by uncertainties for families in need and the strain on local government services and budgets which has impacted local communities, in addition to negative post COVID-19 residue. These challenges, coupled with the excessive cost of living and a rise in homelessness and deprivation, has elevated the demand on CARIS services, which has reaffirmed the commitment of our Trustees to the organisation's mission and adaptability, to enable us to respond effectively to challenges.

CARIS may operate part-time with a small team, but the impact and influence of their work is immense and independent reports had been produced to reflect this. The Trustees are thankful and commemorate the arduous work of our staff and volunteers throughout the year. They have maintained our service at consistently high standard and have supported our community with compassion, dedication, and unwavering perseverance. I would like to thank the CARIS team, volunteers and fellow Trustees for their commitment, hard work and continuous efforts. A special acknowledgment goes to our Charity's Director, Gloria Saffrey-Powell, whose leadership, meticulousness, and reliability have been fundamental to our organisation's success.

Our team remains committed to providing quality advice, information, and guidance to empower our users with practical tools to address their everyday challenges. Our goal remains steadfast: to ensure our users receive the support and empowerment needed to achieve stability and a decent standard of living.

Throughout the year, our committed team has actively engaged in various networks, forums, and consultations to build relationships and raise awareness of homelessness and destitution issues while advocating for policies addressing key social concerns. CARIS understands the critical importance of staying connected and informed, for better supporting homeless families.

I am pleased to report that we continue to maintain robust fiscal management and this year demonstrates our continued financial planning and budgeting to insure stability. Our financial reports for this year, reflect the challenges regarding funding. As always, our key focus for the upcoming year, is obtaining funding, opportunities and partnership working, to better serve and support our local community. We are immensely grateful for the invaluable support and generosity of our partners, funders, users, interested individuals, and the community, which have been instrumental in sustaining our organisation.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

---

Now, more than ever, it is crucial for us to work together for the betterment of our community. We are dedicated to protecting, supporting, and empowering the families who need us most as we confront and navigate their challenges. Your continued support and encouragement are vital as we prepare for current and future adversities while seizing opportunities that align with our vision.

I want to express my deep gratitude and thanks to each and every one of you for your unwavering support and commitment to CARIS Haringey. Together, we can make a positive impact on the lives of those we serve and continue to strive for a better future.

Sincerely,  
Sha-Kera King  
Chair of CARIS Haringey

## DIRECTOR'S REPORT

*"You must be the change you wish to see in the world" Mahatma Gandhi*

The year under review has been a year of changes; the ending of an era and one of new beginnings. In February 2023 CARIS office moved from St Philip's Church to St Paul's Church Annexe, Northumberland Park. We had outgrown the office space at St Philip's Church and post Covid pandemic this was the right time for the organisation to relocate and reposition to accommodate a combination of remote and in-office work.

We are most grateful to St Philip's Church PCC for providing CARIS with office space for over 6 years and wish St Philip's Church and the community it serves every success as they embark in their plans for the future.

We continue to navigate the environment in which we now find ourselves. The full extent of the financial and emotional legacy of COVID-19 are not yet realised. CARIS Haringey continues to work to break the cycle of homelessness and provide support to those at the periphery of society.

CARIS homeless families project was launched in 1991, for over 30 years we have been tackling poverty and destitution, working with and on behalf of homeless and destitute families. We know the cost-of-living crisis and the current war in Ukraine has impacted on everyone. High inflation and rising energy bills have resulted in many households cutting back on essentials, with low-income households making tough decisions either to pay their energy bills or feed their children or themselves. Families are struggling with more unmanaged debt, the threat of eviction and homelessness due to rent increases.

CARIS services remain a lifeline for many homeless and destitute families. Our holistic service approach is vital to homeless and destitute families as they try to navigate the complex welfare benefit system, housing support, changes in legislation and eligibility criteria to access appropriate support and services.

Across Haringey borough the disparity in income has widened and many more families are using food banks to supplement their earnings. We are aware that many people are borrowing more than usual by using credit cards, their overdraft, or taking out a loan to meet their basic needs.

Recent figures from the Office for National Statistics (ONS) showed the impact of the cost-of-living crisis between September 2022 to January 2023 people renting were experiencing some form of financial vulnerability; more than 55% of renters reported being unable to afford an unexpected, but necessary, expense. In Haringey renting from a private landlord has increased steadily over the past 10 years, housing affordability continues to grow as an issue.

Haringey has the third highest rate of homelessness in London, official figures show there are over 2,400 households - over 4,000 children - living in temporary accommodation in the borough. Haringey is the fourth most deprived borough in London, with deprivation more concentrated in the northeast. House prices in Haringey have increased and outweigh pay increases, so housing affordability continues to be a growing issue. Families are increasingly offered accommodation in the private sector out of Haringey borough with no guarantee of an affordable increment of rent in the future.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

---

In April 2022 Haringey borough insourced "Homes for Haringey" bringing back housing services after 15 years under the direct management of the Council. This was also to align the local authority housing management and maintenance services more closely with their delivery plan of new homes, building at least 3,000 new council homes by 2032.

We have received funding for one year from Haringey Council to recruit a Specialist Housing Advice Worker. We look forward to working with Haringey to ensure that Houses of Multiple Occupancy (HMO) and void accommodation is fit for purpose.

There is more demand for CARIS services, but we know organisational costs have increased, just as household costs have. We continue to be flexible and responsive to the needs of families facing the greatest disadvantage. CARIS continues to work with faith groups and local communities to build strong, productive partnerships to share expertise and collectively to deliver a much better outcome for residents of Haringey borough and make Haringey a Welcoming Borough to everyone.

CARIS Haringey's vision, aims and strategic priorities remain unchanged, and remain relevant in the changing landscape and environment. One of our strategic objectives has been to increase our longer-term funding. This is key in the current landscape, where local government has reduced the value of contracts and the expectations that charities do more for less.

Over the past three years CARIS, like other charitable organisations, has adapted and remained true to its charitable purposes. This would not have been possible without the dedication of CARIS staff team and our wonderful volunteers; also, the support of local churches, synagogues, faith groups, residents' groups, funders, and individual donors. We are grateful for your contributions to CARIS Haringey's work which means we continue to make a difference in the lives of homeless families. THANK YOU.

Gloria Saffrey-Powell BEM

### OUTREACH ADVICE AND ADVOCACY

The CARIS Haringey advice team continues to assist families living in temporary accommodation and families facing destitution. Many families who approach CARIS for advice have multiple and complex needs. The relocation of our office premises has enabled the Advice Workers to have a designated confidential room for advice.

We are aware that Northumberland Park Ward is the most deprived in Haringey, and one of the most deprived in London. The Advice Workers are looking forward to working more closely with the local community, voluntary sector, local schools and Children's Centre.

During the year we provided advice, advocacy, and assistance on the following issues:

- Welfare Benefits, namely Universal Credit eligibility and making applications
- Housing and homelessness; the key issues on housing were eviction, statutory overcrowding for families living in cramped accommodation
- Access to Free School Meals
- Access to nursery for children whose parents have no recourse to public funds (NRPF)
- Advising on children's registration as British
- Applications for child benefit
- Signposting families to external organisations as needed.

### Trends and Concerns

Eviction remains the main issue that most families continue to face. This is due to loss of sources of income, rent arrears or simply a landlord taking possession of their property. Statutory overcrowding of clients in temporary accommodation continues to be of concern. This is a concern for us, but the issue is reported across London.

The Renters Reform Bill was introduced to parliament and if agreed is due to become law in October 2024. Under this Bill there is a plan to abolish Section 21 notice of the Housing Act 1988; this is often called a "no fault" eviction notice, as the landlord does not need to give a reason for terminating the tenancy. Under the Renters Reform Bill landlords will need to provide their tenants with a reason for ending a tenancy as defined by law, for example: a breach of contract or wanting to sell the property.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

---

For tenants, this change means that their tenancy will end only if they choose to leave, empowering tenants to challenge poor practice and unfair rent increases without fear of eviction.

The Nationality and Borders Act 2022 became law on 28 April 2022. This Act affects anyone who enters the UK illegally to claim asylum on or after 22 June 2022. This Act will have a detrimental impact on refugees, with the introduction of a discriminatory two-tier system of refugee protection: refugee status group 1 will get 5 years full refugee status, and group 2 will be granted temporary refugee status. The Act has enabled the Government to transfer people to a third country where their asylum claim will be processed offshore.

The introduction of the Illegal Migration Bill by the Home Secretary removes the right to claim asylum in the UK to those who enter without a passport. The negative impact will affect families including children of trafficked parents. This became an Act of Law in July 2023, but some changes will be applied retrospectively and affect anyone entering the UK from March 2023.

Across the Advice Sector there is a huge concern regarding the shortage of immigration solicitors who are working under Legal Aid. In March 2023, the Office of National Statistics found that across England and Wales, 66% of the population do not have access to immigration and asylum legal aid providers. This means families wanting to renew their Leave to Remain in the UK will have to pay the UK Visa and Immigration elevated fees, which many of the families seen at CARIS are not able to raise.

### Specialist Immigration Advice Provision

The Immigration outreach partnership with Coram Children's Legal Centre has reached its third year of funding. We have assisted several families with specialist immigration advice and representation. We have had successful applications for Legal Aid and for UKVI Fee Waiver. We have also been able to source asylum or immigration solicitors for families eligible for Legal Aid.

### Welfare Rights and Benefits

The overall amount gained by our clients was £75,204.48. This is a significant amount, despite the changes in welfare benefits.

### Workshops and Informative Sessions

CARIS organised three workshops during the summer playscheme with the aim to increase awareness among families on their rights, entitlements, and obligations and how and where to seek advice.

Budget and Finances: Tips on budgeting and dealing with priority debts.

Housing and homelessness: Broadening your horizon.

Updates on immigration law: EU Settlement Scheme and Zambrano carers

In addition, workers delivered a workshop session to Children Centre Staff members on Universal Credit and Support for Asylum Seekers.

### Outreach visits

The Advice Workers have visited families' accommodation to assess the condition and to report disrepair and overcrowding issues. The main housing issues were general poor state of disrepair; rising damp, leading to mould; non-functioning or unsafe heating system or boiler; health and safety risks to children (such as live electric wires left uncovered); and overcrowding e.g. a single mother sharing one room and bed with her 9 year old son. This has been highlighted in the case study.

### Referrals

Our referrals continue to come from the Early Help team, local schools and children's centres, social services, health visitors and other NHS professionals, voluntary organisations, and self-referrals. This year we received 145 new referrals from outside agencies.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

---

### Advice Networking and Partnership

CARIS continues to work in partnership with the following organisations and networks to raise one voice:

- Coram Children's Legal Centre
- ELAN (Employment Legal Advice Network)
- EUSS Alliance
- Haringey Migrant Justice Coalition
- Haringey Migrant Support Centre
- Haringey Welcome Advisory Board
- Housing Justice
- London Destitution Forum
- LSMP Civil Society Forum
- NRPf Google group

CARIS Haringey is a member of professional associations including: Advice UK, Child Poverty Action Group and ILPA (Immigration Law Practitioners' Association).

The Advice Workers have attended meetings organised by partner organisations including a Civil Society meeting with Clearsprings Ready Homes to discuss asylum seekers' housing conditions and welfare; and the launch event for Safe Surgeries, a project improving access to GP registration. They continue to attend the Voluntary and Community Sector Forum meetings facilitated by Bridge Renewal Trust to engage with local Councillors on issues impacting the advice sector within Haringey borough.

The Advice Workers also participated in research on Remote Methods of Delivering Immigration Advice and Casework, looking at how the remote delivery of immigration advice evolved during Covid and the digital and capacity implications of this change.

### Quality Standards and Training

CARIS continues to work to the required Advice Quality Standard (AQS) for General Help and Casework and OISC registration Level 1 Asylum Protection and Immigration.

Advisers attended training in Housing, Universal Credit, Domestic Violence, Gender-based Violence and Immigration Law to keep abreast with legislative changes and changes to policies.

### Case study

*Ms J self-referred to CARIS Haringey. She is a lone parent with a son aged 9 years. At the time of self-referral, Ms J was unwell, and receiving treatment from her doctor for iron deficiency anaemia. Ms J doctor had recommended Ms J increased her intake of fruit and vegetables. Ms J could not afford to purchase these items due to her unregulated immigration status and having no current income.*

*A CARIS Advice Worker liaised with the Family Support Worker to arrange for Ms J and her son to receive regular collection of food parcels. The Family Support Worker also referred Ms J to another partner organisation that provides free fresh produce. As a result, Ms J was able to collect fruit and vegetables every Friday. This improved the family's nutrition intake and health.*

*Ms J was also given clothing and other essential items by CARIS.*

*Ms J was living in an unlicensed HMO (house of multiple occupancy) which consisted of one room, sharing bathroom and kitchen with five other families. Ms J was sharing a bed with her son as there was no space for another bed. Ms J raised concerns about the disrepair in the property she was living. The front door glass needed replacement, there was damp and mould in the kitchen and toilet, cockroaches, rat/mice infestation, electrical wires were unprotected. CARIS Haringey's Senior Outreach Advice Worker arranged an outreach visit to the accommodation to assess the housing condition and a referral to Social Service was completed.*

*Ms J was deeply affected by the lack of immigration status in the UK as single parent, with no employment relying on food banks and charity.*

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

---

*The CARIS Advice Worker assisted Ms J to apply for Free School Meals for her son which was initially rejected, the Advice Worker advocated on Ms J behalf and the Free School Meals were granted.*

*Ms J immigration matter was resolved, and she was granted permission to remain in the UK with no restriction on Public Funds.*

*Ms J was advised on her Welfare Benefit entitlement and was assisted by the CARIS Advice Worker to claim Universal Credit and Child Benefit which was successful.*

*Ms J was also assisted with completing Haringey's online homelessness application which was accepted. Ms J has been advised to find alternative accommodation in the private sector and she is willing to move out of the borough for affordable accommodation. Once accommodation has been identified and secured by Haringey Housing Team, CARIS will assist Ms J to claim the housing element of Universal Credit.*

*Ms J has attended CARIS events with her son including the Summer Playscheme, Christmas Party and Day Trips. She also took part in an immigration workshop.*

#### **FAMILY SUPPORT**

CARIS Haringey continues to provide holistic support for homeless families and those with no recourse to public funds in Haringey. Our services are very well-established within the local community.

#### **Drop-in**

Our weekly drop-in is for preschool children and their parents/carers. Although this session is primarily a stay-and-play for younger children, it is also an opportunity to support families. During these sessions we offer donations of previously owned toys and clothes. These items are free for families to help themselves to. All the items that we give out have been donated to CARIS by individuals, businesses, or places of worship. Community engagement is important for organisations like ours, so the Family Support Worker has continued to work to enhance our profile in the local area, and our social media presence. This is reflected in the huge increase of donations that we now receive. Pregnant women and families with babies receive support with baby products and baby clothes and bulky items such as prams, cots and Moses' baskets. There are weekly donations of clothes, toys and books on offer. These items can be a huge cost to low or no income families and have been greatly received by all.

Each week our drop-in has a theme, or we host a workshop. This may be with an outside agency or the CARIS team. We have delivered workshops with several statutory and non-statutory organisations.

Many of the parents continue to attend on their own after their children move to full time education. This shows the value of the community feel and the support provided to them.

#### **Toy Library**

This is due to restart at Triangle Children's Centre as part of the Family Hubs initiative from June 2023.

#### **Food Parcels & NRPF Support**

Thanks to the generosity of our supporters, CARIS was able to continue to distribute donated food goods and essential items this year. We run fortnightly sessions for families with no recourse to public funds. 611 food parcels were given out to 78 families during this period with a total value of around £42,770. This was made up of donated food items, as well as items purchased with grant funding.

We have continued good relations with generous individual supporters and groups who continue to collect for us, in particular Hampstead Parish Church, the Southwood Lawn Road community group and the Muswell Hill Synagogue.

#### **Summer Playscheme**

During the school holidays we held a three-week Summer Playscheme for children living in temporary accommodation. 136 children accessed the playscheme. Activities included art, drama, sports, fitness, construction & creative workshops. While the children were having fun, we also ran useful workshops for their parents, covering homelessness, immigration and Universal Credit. To support children and young people's health and wellbeing we hosted workshops on mindfulness and healthy eating. We also held sessions on hair care and positive parenting.

## CARIS HARINGEY

### Trustees' Report

For the year ended 31 March 2023

---

#### Christmas

Christmas is always a celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books to families in need. We hosted two children's parties attended by 144 children. The highlight for the little ones was meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children.

We also hosted Chaplins pantomime performance of Goldilocks and the Three Bears which was enjoyed by 22 families.

#### Partnerships

We have continued to work in partnership with other voluntary organisations and faith groups. Including:

- St Ann's Mutual Aid (Weekly donations of Fruit & veg boxes)
- Haringey IAPT (Sessions on dealing with stress and anxiety)
- SEND Power – Bridge Renewal Trust (Information on support available for families with SEND)
- EDNU - Education & you (Creative and cultural workshops)
- Morrisons Supermarket (Christmas parties)
- The Hygiene Bank (Donations of toiletries)

#### Volunteers

The contribution of our volunteers is invaluable to CARIS Haringey's work. We have a solid group of volunteers who are worth their weight in gold!

Not only does the organisation benefit greatly from their support, but there are benefits for those who take part in volunteering. By providing suitable volunteering opportunities that suit individual lives, we have seen people improve their skills and grow in confidence.

In the year under review, 1,375 volunteering hours were given by our volunteers.

#### ESOL (English for Speakers of Other Languages)

CARIS Haringey has continued our partnership with Dominic our ESOL Tutor. This year we ran twice-weekly classes throughout the year at two levels: entry levels 1 and 2/3. Classes were also offered online when necessary.

An inability to speak, read or write in English, is one of the many reasons CARIS clients may face disadvantage and exclusion. Other factors could be their financial situation, immigration status, lack of access to online and digital services and not having a permanent address. We work with clients to overcome these barriers, reducing isolation and inequality.

#### FINANCIAL REVIEW

The charity's income for year ended 31 March 2023 was £222,008 (2022: £212,667) of which £178,697 was restricted (2022: £145,387) and the remaining £43,311 (2022: £67,280) was unrestricted. The expenditure for the year was £275,787 (2022: £232,947) of which £168,278 was restricted (2022: £173,309) finishing the year with net expenditure of £53,779 (2022: £20,280).

#### RESERVES POLICY

Total charity funds at year end stood at £170,766 (2022: £224,545) of which £40,960 (2022: £30,541) represented restricted funds and £129,806 (2022: £194,004) represented unrestricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £123,625 (2022: £183,790), are well within this target level.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2023

---

### RISK REVIEW

The trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

### GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

### Statement of Trustees' Responsibilities

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on *2nd Nov 2023* and signed on its behalf.



Trustee

Sha-Kera King

## Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2023 as set out on pages 12 to 21.

### Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

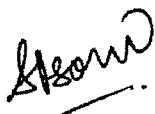
Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Shruti Soni FCCA FCIE**  
Shruti Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 02/11/2023

**CARIS HARINGEY**

**Statement of financial activities (incorporating an income and expenditure account)**

**For the year ended 31 March 2023**

		<b>2023</b>			<b>2022</b>		
	Note	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
<b>Income from:</b>							
Donations and legacies	2	41,000	134,697	<b>175,696</b>	67,171	101,387	168,558
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	<b>44,000</b>	-	44,000	44,000
Investments		2,312	-	<b>2,312</b>	109	-	109
<b>Total income</b>		<b>43,311</b>	<b>178,697</b>	<b>222,008</b>	<b>67,280</b>	<b>145,387</b>	<b>212,667</b>
<b>Expenditure on:</b>							
Raising funds	4	6,060	-	<b>6,060</b>	5,309	-	5,309
Charitable activities							
Summer playscheme	4	17,410	3,107	<b>20,517</b>	-	16,028	16,028
Advice and Advocacy Support and Outreach Family Support	4	84,039	165,171	<b>249,210</b>	54,329	157,281	211,610
<b>Total expenditure</b>		<b>107,509</b>	<b>168,278</b>	<b>275,787</b>	<b>59,638</b>	<b>173,309</b>	<b>232,947</b>
<b>Net income / (expenditure) for the year</b>	5	<b>(64,198)</b>	<b>10,419</b>	<b>(53,779)</b>	<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>
Transfers between funds		-	-	-	-	-	-
<b>Net movement in funds</b>		<b>(64,198)</b>	<b>10,419</b>	<b>(53,779)</b>	<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		194,004	30,541	<b>224,545</b>	186,362	58,463	244,825
<b>Total funds carried forward</b>	15	<b>129,806</b>	<b>40,960</b>	<b>170,766</b>	<b>194,004</b>	<b>30,541</b>	<b>224,545</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

**CARIS HARINGEY**  
**Balance sheet**  
**As at 31 March 2023**  
Company no. 3304699


	Note	£	2023 £	£	2022 £
<b>Fixed assets:</b>					
Tangible assets	10		<u>6,182</u>		<u>10,215</u>
			6,182		10,215
<b>Current assets:</b>					
Stock	11	3,744		2,572	
Debtors	12	17,333		6,758	
Cash at bank and in hand		162,260		207,086	
		<u>183,337</u>		<u>216,416</u>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	(18,753)		(2,086)	
			<u>164,584</u>		<u>214,330</u>
<b>Net current assets / (liabilities)</b>					
			<u>170,766</u>		<u>224,545</u>
<b>Total assets less current liabilities</b>					
			<u>170,766</u>		<u>224,545</u>
<b>Total net assets / (liabilities)</b>					
	14		<u>170,766</u>		<u>224,545</u>
<b>The funds of the charity:</b>					
Restricted income funds			40,959		30,540
Unrestricted income funds:					
Designated funds		-		-	
General funds		129,807		194,005	
			<u>129,807</u>	<u>194,005</u>	
Total unrestricted funds			<u>129,807</u>		<u>194,005</u>
Total charity funds	15		<u>170,766</u>		<u>224,545</u>

For the year ending 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' Responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), were approved by the Board on 2nd Nov 2023 and signed on its behalf by:

  
Name: Sha-Kera King.  
Trustee

**For the year ended 31 March 2023**

---

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**e) Donations of gifts, services and facilities**

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

For the year ended 31 March 2023

---

**1 Accounting policies (continued)**

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 10% |
| ● Advice and Family Support | 90% |

**j) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**k) Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

**l) Stocks**

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

**For the year ended 31 March 2023**

**1 Accounting policies (continued)**

**o) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**2 Income from donations and legacies**

	Unrestricted	Restricted	2023 total	2022
	£	£	Total	Total
	£	£	£	£
Individual and church donations	18,087	-	18,087	27,196
Grants from Trusts and Foundations	-	134,697	134,697	121,387
Donated goods	22,913	-	22,913	20,084
	<u>41,000</u>	<u>134,697</u>	<u>175,696</u>	<u>168,667</u>

Donated goods include food, toileteries and other items received by the charity for distribution to the homeless and needy.

**3 Income from charitable activities**

	Unrestricted	Restricted	2023	2022
	£	£	Total	Total
	£	£	£	£
Advice and Family Support				
LB Haringey (Children's Centre Services)	-	44,000	44,000	44,000
Total income from charitable activities	<u>-</u>	<u>44,000</u>	<u>44,000</u>	<u>44,000</u>

For the year ended 31 March 2023

4 Analysis of expenditure

	Charitable activities				2023 Total £	2022 Total £
	Cost of raising funds £	Summer Playscheme £	Advice & Advocacy Support & Outreach Family Support £	Support costs £		
Staff costs (Note 6)	4,320	8,773	112,918	11,689	137,700	119,433
Rent	196	1,520	9,262	8,252	19,230	20,380
Office Costs	188	521	20,196	4,243	25,148	17,643
Travel and excursions	720	2,788	5,126	6,395	15,029	8,798
Depreciation	-	-	-	4,033	4,033	4,034
Other direct costs, insurance and utilities	636	1,027	25,805	22,512	49,980	41,100
Donated goods	-	-	22,913	-	22,913	20,084
	6,060	14,629	196,220	57,124	274,033	231,471
Support costs		5,888	52,990	(58,878)	-	-
Governance costs			-	1,754	1,754	1,476
<b>Total expenditure 2023</b>	<b>6,060</b>	<b>20,517</b>	<b>249,210</b>	<b>-</b>	<b>275,787</b>	<b>232,947</b>
Total expenditure 2022	5,309	16,028	211,610	-	232,947	

Of the total expenditure, £107509 was unrestricted (2021: £59638) and £168278 was restricted (2021: £173309).

For the year ended 31 March 2022

Analysis of expenditure

	Charitable activities				2022 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £	
Staff costs (Note 6)	3,764	8,913	97,097	9,659	119,433
Rent	245	1,320	12,133	6,682	20,380
Office Costs	228	524	16,781	111	17,644
Travel and excursions	422	85	4,547	3,743	8,797
Depreciation	-	-	-	4,033	4,033
Other direct costs, insurance and utilities	651	2,217	25,224	13,008	41,100
Donated goods	-	-	20,084	-	20,084
	5,310	13,059	175,866	37,236	231,471
Support costs		2,969	26,719	(29,688)	-
Governance costs			9,024	(7,548)	1,476
<b>Total expenditure 2022</b>	<b>5,310</b>	<b>16,028</b>	<b>211,609</b>	<b>-</b>	<b>232,947</b>

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2023**

**5 Net incoming resources for the year**

This is stated after charging / crediting:

	2023	2022
	£	£
Depreciation	4,033	4,033
Operating lease rentals:		
Property	12,223	14,500
	<u>12,223</u>	<u>14,500</u>

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	2023	2022
	£	£
Salaries and wages	109,777	98,153
Social security costs	4,990	4,333
Employer's contribution to defined contribution pension schemes	7,630	6,735
Other staff costs	15,303	10,211
	<u>137,700</u>	<u>119,432</u>

No employee earned more than £60,000 during the year (2022: nil).

The total employee benefits including pension contributions of the key management personnel were £35,620 (2022: £32,496). The charity trustees were not paid any remuneration or other benefits from employment with the charity in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

No Trustees are made payments or reimbursements of travel and subsistence costs totalling during the year (2022: nil).

**7 Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2023	2022
	No.	No.
Charitable activities	4.5	4.0
	<u>4.5</u>	<u>4.0</u>

**8 Related party transactions**

There are no related party transactions to disclose for 2023 (2022: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**9 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

For the year ended 31 March 2023

**10 Tangible fixed assets**

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	36,757	36,757
Additions in year	-	-
	<u>36,757</u>	<u>36,757</u>
At the end of the year	36,757	36,757
<b>Depreciation</b>		
At the start of the year	26,541	26,541
Charge for the year	4,033	4,033
	<u>30,575</u>	<u>30,575</u>
At the end of the year	30,575	30,575
<b>Net book value</b>		
At the end of the year	6,182	6,182
At the start of the year	10,215	10,215

All of the above assets are used for charitable purposes.

**11 Stock**

	2023 £	2022 £
Donated clothing and other items for distribution	3,744	2,572
	<u>3,744</u>	<u>2,572</u>

**12 Debtors**

	2023 £	2022 £
Other debtors	333	-
Prepayments	-	1,008
Accrued income	17,000	5,750
	<u>17,333</u>	<u>6,758</u>

**13 Creditors: amounts falling due within one year**

	2023 £	2022 £
Trade creditors	515	646
Accruals	18,238	1,440
	<u>18,753</u>	<u>2,086</u>

For the year ended 31 March 2023

14 Analysis of net assets between funds at the end of year - 31 March 2023

	General unrestricted	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	6,182	-	-	6,182
Net current assets	123,625	-	40,959	164,584
<b>Net assets at the end of the year</b>	<b>129,807</b>	<b>-</b>	<b>40,959</b>	<b>170,766</b>

Analysis of net assets between funds at the start of year - 1 April 2022

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	10,215	-	-	10,215
Net current assets	183,790	-	30,540	214,330
<b>Net assets at the end of the year</b>	<b>194,005</b>	<b>-</b>	<b>30,540</b>	<b>224,545</b>

15 Movements in funds during the year - 2023

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<i>Summer playscheme</i>					
Bridge Renewal (Thrive Haringey)	-	962	(962)	-	-
Hornsey Parochial Charities	-	1,965	(1,965)	-	-
Wednesday's Child	-	180	(180)	-	-
<i>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</i>					
Allchurches Trust	-	-	-	-	-
Tottenham Grammar	-	3,000	(3,000)	-	-
City Bridge Trust	-	22,625	(22,625)	-	-
Haringey Giving	2,375	-	-	-	2,375
Joseph Rank Trust	3,125	-	(3,125)	-	-
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (Specialist housing advice)	-	11,250	(1,765)	-	9,485
L.B. Haringey (Holiday Activity Fund)	-	21,000	(21,000)	-	-
L.B. Haringey (NRPf Support Grant)	3,075	4,715	(6,863)	-	927
London Community Foundation	-	20,000	(11,667)	-	8,333
Trust for London	21,705	49,000	(50,866)	-	19,839
Tudor Trust	260	-	(260)	-	-
<b>Total restricted funds</b>	<b>30,540</b>	<b>178,697</b>	<b>(168,278)</b>	<b>-</b>	<b>40,959</b>
<b>Unrestricted funds:</b>					
General funds	194,005	43,311	(107,509)	-	129,807
<b>Total unrestricted funds</b>	<b>194,005</b>	<b>43,311</b>	<b>(107,509)</b>	<b>-</b>	<b>129,807</b>
<b>Total funds</b>	<b>224,545</b>	<b>222,008</b>	<b>(275,787)</b>	<b>-</b>	<b>170,766</b>

For the year ended 31 March 2023

15 Movements in funds during previous year - 2022

	At the start of £	Incoming £	Outgoing £	Transfers £	At the end of £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	7,100	-	(7,100)	-	-
Wednesday's Child	2,163	-	(2,163)	-	-
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
Allchurches Trust	6,000	-	(6,000)	-	-
City Bridge Trust	-	22,150	(22,150)	-	-
Haringey Giving	2,375	-	-	-	2,375
Joseph Rank Trust	3,125	12,500	(12,500)	-	3,125
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	9,295	10,500	(16,720)	-	3,075
Schroder Charity Trust	-	5,000	(5,000)	-	-
GIC London	-	3,737	(3,737)	-	-
Trust for London	17,327	47,500	(43,122)	-	21,705
Tudor Trust	11,078	-	(10,818)	-	260
<b>Total restricted funds</b>	<b>58,463</b>	<b>145,387</b>	<b>(173,310)</b>	<b>-</b>	<b>30,540</b>
<b>Unrestricted funds:</b>					
General funds	186,363	67,280	(59,638)	-	194,005
<b>Total unrestricted funds</b>	<b>186,363</b>	<b>67,280</b>	<b>(59,638)</b>	<b>-</b>	<b>194,005</b>
<b>Total funds</b>	<b>244,826</b>	<b>212,667</b>	<b>(232,948)</b>	<b>-</b>	<b>224,545</b>

16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following

	Property	
	2023 £	2022 £
Less than one year	-	14,500
One to five years	29,000	-
	<b>29,000</b>	<b>14,500</b>

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**CARIS HARINGEY**

England & Wales - Charity number 1061577

---

# Accounts

---

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

**Report and Unaudited Financial Statements**  
**Year ended 31 March 2022**

**Shruti Soni FCCA FCIE**  
**Shruti Soni Ltd**  
**117A St Johns Hill**  
**Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

**Status:** Company Limited by Guarantee No.03304699  
Charity Registration No.: 1061577

The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016

**Registered Office:** St. Philip's Church  
Philip Lane  
London N15 4HJ  
The Company does not have a separate principal office.

**Trustees:** Sha-Kera King (Chair)  
Jessica Swift  
Kevin Norris  
Mary Christina Howes  
Fr James Hill (resigned 2 December 2021)  
Patrick Routley (resigned 2 December 2021)  
Steven Hill (resigned 2 February 2022)  
Fina Fisher (appointed 2 December 2021)

**Secretary** Gloria Saffrey-Powell  
**Hon Treasurer** Yehen Jayasena

**Independent examiner:** Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

The trustees present their report and the financial statements for the year ended 31 March 2022. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2019) –(Charities SORP FRS 102) together with The Companies Act 2006.

### OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

### ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Tonya Mavri	Family Support Worker

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

### CHAIR'S REPORT

Welcome to CARIS Haringey's annual review 2021-2022. This year we found ourselves settling down to a new normal, after the pandemic, and having to review the landscape in which we operate, and better understand the impact of the last 2 years. Members of our team actively engage in networks, forums and consultations to build relationships and raise awareness of issues related to homelessness and destitution, and influence policies on key social issues.

With the country moving out of the pandemic and stepping into new uncertainties, where the cost of living is spiralling out of control and homelessness and deprivation continues to rise, the Trustee Board is firm in their commitment to the organisation and continue to drive towards its sustainability, development and its response towards the changing landscape. In this new season, digital technology has become a key enabler to support our activities, but we recognise that more needs to be done towards accessibility for our users.

You will find from our financial accounts presented this year, that we remain financially stable, as we continue to seek funding and opportunities, including partnership working arrangements with other voluntary organisations and faith groups, to serve and support the local community. The invaluable support and generosity of our partners, funders, users, interested individuals and the community has been crucial for our sustainability and we are thankful for their support and efforts.

Although CARIS Haringey operates as a part time organisation and has a small team, the impact of their work is unmeasurable. All trustees are both proud and grateful for our staff and our volunteers' hard work this year. They have kept the service running at the usual high standards and supported our community with compassion, commitment, and perseverance. We would like to express our deep thanks to the charity's Director, Gloria Saffrey-Powell, for her unwavering leadership, diligence and loyalty that has been a key pillar for the organisation's success.

The trustees continue to work closely with the Director and the staff team ensuring that there is an appropriate strategic plan in place and to agree a process to carry it out effectively. Last year we conducted a review of our strategic approach and vision with our staff and volunteers, which remains relevant.

Our team continues to provide quality advice, information and guidance and give our users practical tools to address everyday problems. Below, you will find statistics which paint an overwhelmingly gloomy picture of the challenges ahead for some of the most vulnerable families in our community. You will also find examples of the service our team has been delivering to combat the challenges faced by our users. We aim to ensure that our users have the right support and are equipped and empowered to bring about the change in their life, that is needed for a stable home and a decent standard of living.

It is as important as ever for us to work together for the good of our community and protect, support and empower the families that need us most, to face and survive the challenges and changes ahead. Your support and encouragement continues to be critical, as we brace ourselves for current and future adversity, while maximising on opportunities that will help enable our vision.

My gratitude and thanks to you all.  
Sha-Kera King  
Chair of CARIS Haringey

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### DIRECTOR'S REPORT

*"Our lives begin to end the day we become silent about things that matter."* Dr Martin Luther King, Jr.

The pandemic over the past two years has eased. CARIS has continued to navigate the environment in which we now find ourselves. The full extent of the financial and emotional legacy of COVID-19 are not yet realised. Some things seem familiar, but we are operating in a hugely different society. The cost-of-living crisis and the war in Ukraine have impacted on everyone.

Across Haringey borough the disparity in income has widened and many more families are using food banks to supplement their earnings. Families are struggling with more unmanaged debt, and the very real threat of eviction and homelessness.

Haringey is the 4th most deprived borough in London, with deprivation more concentrated in the northeast. House prices in Haringey have increased and outweigh pay increases, so housing affordability continues to be a growing issue. Haringey's median house price has risen by 82% since 2011 from £303,000 to £551,000. Between January to March 2022 official statistics showed 74,230 households in England were initially assessed as homeless or threatened with homelessness and owed a statutory homelessness duty, up 5.4% from January to March 2021, 37,260 households were assessed as being threatened with homelessness, and therefore owed a prevention duty which is up 15.1% from the same quarter last year.

Figures also show 6,400 households were threatened with homelessness due to service of a Section 21 notice to end an Assured Shorthold Tenancy – an increase of 141.5% from the same quarter last year which reflects the removal of restrictions on private rented sector evictions from May 2021 that were in place.

CARIS has continued to work with local and national voluntary organisations, Haringey Council, faith groups and local communities to build strong, productive partnerships to share expertise and collectively to deliver a much better outcome for residents of Haringey borough and continue to make Haringey a Welcoming Borough to everyone.

CARIS continues to support families to navigate the complex welfare, housing system, changes in legislation and eligibility criteria in applying for support and accessing services. Most government and local authority applications for services are now required to be completed online. This is a challenge for clients we see as many do not have access to WiFi or data and struggle to access the internet and online services.

In October 2021, I was invited to Westminster Abbey and awarded the British Empire Medal (BEM) for voluntary and charitable services to homeless people in the London Borough of Haringey during COVID-19. The medal was presented on behalf of Her Majesty Queen Elizabeth II by The Lord-Lieutenant of Greater London, Sir Kenneth Olisa OBE, who is His Majesty's representative in Greater London.

Looking forward, CARIS' vision, aims and strategic priorities remain unchanged, and remain relevant in the changing landscape and environment.

We also envisage there will be a need for additional specialist immigration advice due to the Nationality and Borders Act which received royal assent on 28th April 2022. The Act will have ramifications for anyone claiming asylum in the UK and for anyone arriving from 29th April 2022 from Afghanistan, Syria, and Ukraine as they will not be eligible for support under the current settlement schemes.

Each year we say a big Thank You for your generosity! Thank you to our funders, individual donors, schools, churches, synagogues, faith communities and businesses who have responded so generously to CARIS' work and help to further our mission. Your generosity and giving during the COVID-19 pandemic have enabled CARIS to continue our vital work and make a difference to families in need.

Thank you to the committed staff team and our volunteers who have continued to work tirelessly and who champion CARIS' work and have enabled us to extend our reach.

Gloria Saffrey-Powell BEM  
Director

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### OUTREACH ADVICE AND ADVOCACY

CARIS Haringey's advice team continued to assist our families living in Temporary Accommodation with various issues that affected them. During the year 2021-22, we provided advice and assistance on the following issues:

- Welfare Benefits; namely Universal Credit eligibility and making applications
- Housing and homelessness; the key issues on housing were evictions and statutory overcrowding for families living in cramped accommodation
- Access to free school meals considering government changes
- Access to nursery for children whose parents have no recourse to public funds (NRPF).
- Registration of children as British.
- Applications for Child Benefit.

CARIS continued to work to the required AQS and OISC Standards for General Help and Casework.

### Networking, partnership and workshops

We continue to work in partnership with local organisations, in particular the Haringey Migrant Support Centre.

CARIS is now part of EUSS Alliance, Elan (Employment Legal Advice Network), and we continue to be a member of the London Destitution Forum and the NRPF Google group. Advisers attended meetings organised by our various partners.

Our partnership with Coram Children's Legal Centre is in its second year. We have seen and assisted several families with specialist immigration advice and/or sourcing asylum or immigration solicitors for families eligible for legal aid. Working with the specialist immigration advisor we organised workshops during the summer playscheme giving an update on the EU Settlement Scheme (EUSS) and applications for Zambrano carers.

Other workshops we have delivered this year include:

- Budgeting and Finances: Tips on budgeting and dealing with priority debts
- Homelessness and eviction
- Universal Credit

### Outreach visits

Advisers have visited properties of clients to assess housing conditions, reports of disrepair issues and overcrowding. We have visited Houses of Multiple Occupancy and have addressed with landlords and managing agents poor state of disrepair, health and safety hazards and overcrowding.

### Referrals

Our referrals continue to come from other voluntary organisations, Haringey's Early Help team, local schools, children's centres, social services, health visitors, midwives and other health professionals. We also receive self-referrals. We received 168 new referrals this year.

### Trends/Concerns

Eviction is the main issue that most families face post the COVID pandemic, due to loss of income, rent arrears or landlords taking possession of property. Statutory overcrowding of clients in temporary accommodation continues to be of concern.

### Training

Advisers have attended training on the following subjects: immigration law, housing, Universal Credit, domestic violence and gender-based violence, in order to keep abreast of legislative changes and changes to policies.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Case study

Ms K was referred to CARIS Haringey by a voluntary organisation few years ago. As an asylum seeker she needed food parcels and clothing and support with her immigration. Over the years, she participated in many CARIS events with her children, including the summer playscheme, day trips, and Christmas parties. She benefited from workshops organised during the summer playscheme. Ms K's previous immigration case had failed, and she was deeply affected by her lack of regulated immigration status in the UK as single parent, with no employment relying on food banks and charity. As a failed asylum seeker, she lived in an accommodation with a friend where she shared a room with her two children.

Ms K was successfully assisted by an immigration solicitor through the partnership with CCLC and was granted permission to remain in the UK with her children. Ms K was advised of her entitlement to claim welfare benefits and we assisted Ms K with claims for Universal Credit and Child Benefit which were successful. We also assisted Ms K with completing a Haringey homelessness application and housing registration form as the family's current accommodation was overcrowded. Ms K has now moved into a two bedroom privately rented accommodation with her children and they now have a space of their own that they can call home. CARIS also assisted Ms K to claim the housing element on her Universal Credit and advised her on how to claim Council Tax Reduction.

### FAMILY SUPPORT

This year, despite the changes and uncertainty that COVID-19 has brought us, we have managed to continue to provide holistic support for homeless families and those with no recourse to public funds (NRPF) in Haringey.

Our services are very well-established within the local community.

### Drop-in

Our weekly drop-in is for preschool children and their parents/carers. Although this session is primarily a stay-and-play for younger children, it's also an opportunity to support families.

During these sessions we offer donations of previously owned toys and clothes. These items are free for families to help themselves to.

Many of the parents continue to attend on their own after their children move to full time education. This shows the value of the community feel and the support provided to them.

We usually run a variety of workshops during the drop-in, unfortunately due to COVID-19 restrictions we were not able to do this as often as we had hoped to.

However, we have welcomed some professionals from other organisations to participate in our drop-in sessions including Haringey IAPT team who ran a mental health workshop and EdnU, a local company who have run various educational creative workshops.

### Toy Library

Unfortunately, due to COVID-19 we had to stop running this service. We have not been able to access the local children's centres or refuges. We will be consulting with families and partners to ascertain if there is a need to continue this service.

### M.A.N. (Men Are Needed)

Over the last few years CARIS workers had noticed an increase in single dads accessing our services as well as many single mums reporting to be struggling with the lack of positive male role models around their children due to absent fathers. The result was the creation of the M.A.N. (Men Are Needed) project which has been running since 2019 and aims to run inclusive events that will support fathers and other male family members, as well as giving children opportunities to take part in activities led by positive male role models. Our motto is 'It takes a village to raise a child so let's make our village one to be proud of'.

We only managed to run a few monthly M.A.N sessions during the period of April 2021 – March 2022 due to the ever-changing COVID-19 guidance but each one was very successful.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

For example, in October 2021 we held a Black History Month special. The event was attended by 46 adults and 50 children. It was run by the Family Support Worker, with the support of CARIS volunteers. Everyone shared in preparing and eating a delicious meal of jerk chicken and jollof rice. The ingredients were all donated through our partnerships with local businesses and individuals, as was the large barbecue the food was cooked on. Activities included a session run by EdnU making African print bags using authentic Ghanaian print cloth, and an introduction to circus skills where families enjoyed learning how to juggle amongst other skills. Other activities on offer were: design your own flag, pool, dominoes, board games and a play area for the younger children, as well as a chill-out space for those with additional needs such as autism and sensory issues. A Community Engagement & Outreach Officer for the Haringey IAPT also came along and spoke with families about the work and support they can offer.

### Food Parcels & NRPF Support

Thanks to the generosity of our supporters, CARIS Haringey was able to continue to distribute donated goods this year, including food, toiletries, clothes, toys and baby equipment. The value of goods received was over £21,000. We ran fortnightly sessions to provide food and other essential items to destitute families and families with no recourse to public funds. 728 food parcels were given out to 113 families during this period.

Our Family Support Services have changed and expanded to meet the growing need. Our focus since the start of the COVID-19 pandemic has been to ensure that our most vulnerable clients have the essentials needed.

We have a partnership with a local Morrison's supermarket who have supplied us with food regularly and continued good relations with generous individual supporters and groups who continue to collect for us, including Hampstead Parish Church, the Southwood Lawn Road community group and the Muswell Hill Synagogue.

### ESOL (English for Speakers of Other Languages)

CARIS Haringey has continued our partnership with Dominic our ESOL teacher. This year we ran twice-weekly classes throughout the year at two levels: entry levels 1 and 2/3. Some of these went ahead online when necessary.

An inability to speak, read or write in English is one of the many reasons CARIS clients may face disadvantage and exclusion. Other factors could be their financial situation, immigration status, lack of access to online and digital services and not having a permanent address. We work with clients to overcome these barriers, reducing isolation and inequality.

### Summer Playscheme

During the school holidays we held a three-week Summer Playscheme for children living in temporary accommodation. 118 children and 61 parents took part. Due to COVID-19 restrictions we had to change the way that we would normally run playscheme. This was meticulously planned by the team with CARIS staff following government guidance and CARIS' policies. Families were requested to book morning or afternoon sessions, and this was allocated into age group "bubbles" to avoid crossover. This worked well and will be adapted for planned activity sessions.

Activities for the children and young people included art, cooking, dance, drama, storytelling, boxing, fitness and creative workshops. We also ran workshops for parents to support health and wellbeing which included hair styling, dance and fitness, mindfulness, and healthy eating.

Unfortunately, some members of the staff team tested positive for COVID during the first week and had to quarantine. This added additional responsibilities to the remaining staff team and volunteers. Due to the rigorous pre-planning action plan covering all contingencies the playscheme was able to continue and was enjoyed by all.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Case study

Child R is a 14-year-old female with Autistic Spectrum Disorder, Sensory Processing Disorder and High Anxiety Disorder.

R and her family - mum and 3 brothers - are known to CARIS. R arrived on the first day of the Summer playscheme appearing very anxious. Limited eye contact was made with staff and she relied heavily on her mum during social interactions. She initially found it uncomfortable to join in sessions with other children.

R and her family have always been open about her autism and how it can affect her daily life. By listening to the young person and her family about her needs, playscheme staff were able to provide support and reassurance to enable her to participate and grow in confidence.

R developed a relationship with Worker A. She enjoyed sitting at the front desk to assist with signing children and families in and out of their booked sessions. She particularly enjoyed helping the younger children to write their name tags and give out red bands for those that were not permitted to have photographs taken.

Slowly she was able to take part in some group sessions. She was reassured by all staff that she could remove herself at any time and sit with Worker A to regulate her feelings and emotions. She did this on many occasions during the first week. At the end of the week R was asked if she would like to become a young volunteer for CARIS. She was thrilled at the offer and enjoyed having the sense of responsibility. Her confidence grew, she slowly began to talk with staff and engage in conversations. She was very proud of wearing her volunteer lanyard. The sense of responsibility was clearly working well as she had started to assist the creative team with their activities. Each day she would help to set up and run the session. She then helped to tidy up and prep for the following session.

By week 3, R had flourished and become happier and a lot more sociable. She became comfortable with many of the staff and volunteers which clearly helped with her growing confidence. With the support of the staff team R was able to share her experiences of living with autism to some parents of younger autistic children. This was hugely beneficial for everyone involved.

At the end of the play scheme R said she is looking forward to coming back next year as a young volunteer.

The CARIS team continue to have regular contact with R and her family.

### Christmas

Christmas is always a wonderful celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books children and young people and other essential items for the families. We hosted two children's parties this year, with 128 children attending. The little ones enjoyed meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children. We also hosted a pantomime of "Red Riding Hood" which was enjoyed by everyone.

### Partnerships

We have continued to work in partnership with other voluntary organisations and faith groups.

We continue to meet with local MPs and Councillors at various forums and online zoom meetings.

We have increased our social media presence on Facebook, Instagram and WhatsApp. These have been paramount to increasing the awareness of destitution and the work CARIS undertakes. These media platforms mean we can request support and donations within the local community. Many of our donations come through social media posts.

We continue to build on our relationships with local businesses and look for opportunities for collaborative working with other organisations. We have continued to share our knowledge with local partners, around support for families facing destitution and those who have no recourse to public funds.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Volunteers

The contribution of our volunteers is invaluable to CARIS Haringey's work. We have a solid group of five regular volunteers who are worth their weight in gold! Other volunteers joined us for special events throughout the year (although there were fewer opportunities for that this year due to the COVID-19 restrictions).

Not only does the organisation benefit greatly from their support, but there are benefits for those who take part in volunteering. By providing suitable volunteering opportunities that suit individual lives, we have seen people improve their skills and grow in confidence.

### FINANCIAL REVIEW

The charity's income for year ended 31 March 2022 was £212,667 (2021: £352,761) of which £145,387 was restricted (2021: £209,900) and the remaining £67,280 (2021: £142,861) was unrestricted. The expenditure for the year was £232,947 (2021: £229,163) of which £173,309 was restricted (2021: £193,473) finishing the year with net expenditure of £20,280 (2021: £123,598 net income).

### RESERVES POLICY

Total charity funds at year end stood at £224,546 (2021: £244,825) of which £30,541 (2021: £58,463) represented restricted funds and £194,005 (2021: £186,362) represented unrestricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £183,789 (2021: £180,751), are well within this target level.

### RISK REVIEW

The trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

### GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2022

---

### Statement of Trustees' Responsibilities


The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 24 Oct 2022 and signed on its behalf.

  
\_\_\_\_\_  
Trustee  
Name: Sha-Kera King

## Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2022 as set out on pages 12 to 21.

### Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Shruti Soni FCCA FCIE**  
Shruti Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 28 October 2022

**CARIS HARINGEY**

**Statement of financial activities (incorporating an income and expenditure account)**

**For the year ended 31 March 2022**

		<b>2022</b>			<b>2021</b>		
	Note	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
<b>Income from:</b>							
Donations and legacies	2	67,171	101,387	<b>168,558</b>	142,838	165,900	308,738
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	<b>44,000</b>	-	44,000	44,000
Investments		109	-	<b>109</b>	-	-	-
Other		-	-	-	23	-	23
<b>Total income</b>		<b>67,280</b>	<b>145,387</b>	<b>212,667</b>	<b>142,861</b>	<b>209,900</b>	<b>352,761</b>
<b>Expenditure on:</b>							
Raising funds	4	5,309	-	<b>5,309</b>	4,391	-	4,391
Charitable activities							
Summer playscheme	4	-	16,028	<b>16,028</b>	-	2,618	2,618
Advice and Advocacy Support and Outreach Family Support	4	54,329	157,281	<b>211,610</b>	31,299	190,855	222,154
Other		-	-	-	-	-	-
<b>Total expenditure</b>		<b>59,638</b>	<b>173,309</b>	<b>232,947</b>	<b>35,690</b>	<b>193,473</b>	<b>229,162</b>
<b>Net income / (expenditure) for the year</b>	5	<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>	<b>107,172</b>	<b>16,427</b>	<b>123,599</b>
Transfers between funds		-	-	-	-	-	-
<b>Net movement in funds</b>		<b>7,642</b>	<b>(27,922)</b>	<b>(20,280)</b>	<b>107,172</b>	<b>16,427</b>	<b>123,599</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		186,362	58,463	<b>244,826</b>	79,191	42,036	121,227
<b>Total funds carried forward</b>	15	<b>194,005</b>	<b>30,541</b>	<b>224,546</b>	<b>186,362</b>	<b>58,463</b>	<b>244,826</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

**CARIS HARINGEY**  
**Balance sheet**  
**As at 31 March 2022**  
Company no. 3304699

	Note	£	2022 £	£	2021 £
<b>Fixed assets:</b>					
Tangible assets	10		<u>10,215</u>		<u>5,612</u>
			<b>10,215</b>		<b>5,612</b>
<b>Current assets:</b>					
Stock	11	2,572		1,574	
Debtors	12	6,758		-	
Cash at bank and in hand		<u>207,086</u>		<u>245,799</u>	
		<b>216,416</b>		<b>247,373</b>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	<u>(2,086)</u>		<u>(8,159)</u>	
<b>Net current assets / (liabilities)</b>			<u><b>214,330</b></u>		<u>239,214</u>
<b>Total assets less current liabilities</b>			<u><b>224,546</b></u>		<u>244,826</u>
<b>Total net assets / (liabilities)</b>	14		<u><b>224,546</b></u>		<u><b>244,826</b></u>
<b>The funds of the charity:</b>					
Restricted income funds			<u>30,541</u>		<u>58,463</u>
Unrestricted income funds:					
Designated funds		-		-	
General funds		<u>194,005</u>		<u>186,363</u>	
Total unrestricted funds			<u><b>194,005</b></u>		<u>186,363</u>
<b>Total charity funds</b>	15		<u><b>224,546</b></u>		<u><b>244,826</b></u>


For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' Responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), were approved by the Board on 24 Oct 2022 and signed on its behalf by:

Name:  
Trustee

  
Sha-Kera King

For the year ended 31 March 2022

---

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**e) Donations of gifts, services and facilities**

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

For the year ended 31 March 2022

---

**1 Accounting policies (continued)**

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 10% |
| ● Advice and Family Support | 90% |

**j) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**k) Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

**l) Stocks**

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

For the year ended 31 March 2022

1 Accounting policies (continued)

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2022 total Total £	2021 Total £
Individual and church donations	27,196	-	27,196	38,937
Grants from Trusts and Foundations	20,000	101,387	121,387	201,350
Donated goods	20,084	-	20,084	68,474
	<u>67,280</u>	<u>101,387</u>	<u>168,667</u>	<u>308,761</u>

Donated goods include food, toileteries and other items received by the charity for distribution to the homeless and needy.

3 Income from charitable activities

	Unrestricted £	Restricted £	2022 Total £	2021 Total £
Advice and Family Support L.B. Haringey (Children's Centre Services)	-	44,000	44,000	44,000
Sub-total for Advocacy	-	44,000	44,000	44,000
Total income from charitable activities	-	44,000	44,000	44,000

For the year ended 31 March 2022

4 Analysis of expenditure

	Charitable activities				2022 Total £	2021 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £		
Staff costs (Note 6)	3,764	8,913	97,097	9,659	119,432	104,643
Rent	245	1,320	12,133	6,682	20,380	16,033
Office Costs	228	524	16,781	111	17,643	8,158
Travel and excursions	422	85	4,547	3,743	8,797	11,160
Depreciation	-	-	-	4,033	4,033	2,715
Other direct costs, insurance and utilities	651	2,217	25,224	13,008	41,100	16,450
Donated goods	-	-	20,084	-	20,084	68,474
	5,309	13,059	175,866	37,237	231,471	227,633
Support costs		2,969	26,720	(29,689)	-	-
Governance costs			9,024	(7,548)	1,476	1,530
<b>Total expenditure 2022</b>	<b>5,309</b>	<b>16,028</b>	<b>211,610</b>	<b>-</b>	<b>232,947</b>	<b>229,163</b>
Total expenditure 2021	4,391	2,618	222,154	-	229,163	

Of the total expenditure, £59638 was unrestricted (2021: £35690) and £173309 was restricted (2021: £193473).

For the year ended 31 March 2021

4 Analysis of expenditure

	Charitable activities				2021 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Advocacy Support and Outreach Family Support £	Support costs £	
Staff costs (Note 6)	3,298	-	92,882	8,463	104,643
Rent	193	-	10,584	5,257	16,033
Office Costs	105	-	8,001	51	8,158
Travel and excursions	535	-	5,877	4,749	11,160
Depreciation	-	-	-	2,715	2,715
Other direct costs, insurance and utilities	260	1,284	9,699	5,206	16,450
Donated goods	-	-	68,474	-	68,474
	4,391	1,284	195,516	26,441	227,633
Support costs		1,334	12,005	(13,339)	-
Governance costs			14,632	(13,102)	1,530
<b>Total expenditure 2021</b>	<b>4,391</b>	<b>2,618</b>	<b>222,154</b>	<b>-</b>	<b>229,163</b>

**For the year ended 31 March 2022**

**5 Net incoming resources for the year**

This is stated after charging / crediting:

	<b>2022</b>	2021
	<b>£</b>	£
Depreciation	4,033	2,215
Operating lease rentals:		
Property	<b>14,500</b>	<b>14,070</b>

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	<b>2022</b>	2021
	<b>£</b>	£
Salaries and wages	98,153	90,578
Social security costs	4,333	772
Employer's contribution to defined contribution pension schemes	6,735	6,407
Other staff costs	10,211	13,094
	<b>119,432</b>	<b>110,850</b>

No employee earned more than £60,000 during the year (2021: nil).

The total employee benefits including pension contributions of the key management personnel were £32,496 (2021: £23,028).

The charity trustees were not paid any remuneration or other benefits from employment with the charity in the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

No Trustees are made payments or reimbursements of travel and subsistence costs totalling during the year (2021: nil).

**7 Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	<b>2022</b>	2021
	<b>No.</b>	No.
Charitable activities	4.0	6.0
	<b>4.0</b>	<b>6.0</b>

**8 Related party transactions**

There are no related party transactions to disclose for 2022 (2021: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**9 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

For the year ended 31 March 2022

10 Tangible fixed assets

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	28,120	28,120
Additions in year	8,637	8,637
At the end of the year	<u>36,757</u>	<u>36,757</u>
<b>Depreciation</b>		
At the start of the year	22,508	22,508
Charge for the year	4,033	4,033
At the end of the year	<u>26,541</u>	<u>26,541</u>
<b>Net book value</b>		
At the end of the year	<u>10,215</u>	<u>10,215</u>
At the start of the year	<u>5,612</u>	<u>5,612</u>

All of the above assets are used for charitable purposes.

11 Stock

	2022 £	2021 £
Donated clothing and other items for distribution	2,572	1,574
	<u>2,572</u>	<u>1,574</u>

12 Debtors

	2022 £	2021 £
Prepayments	1,008	-
Accrued income	5,750	-
	<u>6,758</u>	<u>-</u>

13 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	646	1,269
Accruals	1,440	1,440
Deferred income	-	5,450
	<u>2,086</u>	<u>8,159</u>

14 Analysis of net assets between funds at the end of year - 31 March 2022

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	10,215	-	-	10,215
Net current assets	183,789	-	30,541	214,330
<b>Net assets at the end of the year</b>	<u>194,005</u>	<u>-</u>	<u>30,541</u>	<u>224,546</u>

For the year ended 31 March 2022

14 Analysis of net assets between funds at the start of year - 1 April 2021

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	5,612	-	-	5,612
Net current assets	180,751	-	58,463	239,214
<b>Net assets at the end of the year</b>	<b>186,363</b>	<b>-</b>	<b>58,463</b>	<b>244,826</b>

15 Movements in funds during the year - 2022

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	7,100	-	(7,100)	-	-
Wednesday's Child	2,163	-	(2,163)	-	-
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
Allchurches Trust	6,000	-	(6,000)	-	-
City Bridge Trust	-	22,150	(22,150)	-	-
Haringey Giving	2,375	-	-	-	2,375
Joseph Rank Trust	3,125	12,500	(12,500)	-	3,125
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	9,295	10,500	(16,720)	-	3,075
Schroder Charity Trust	-	5,000	(5,000)	-	-
Garfield Weston Foundation	-	-	-	-	-
GIC London	-	3,737	(3,737)	-	-
Trust for London	17,327	47,500	(43,122)	-	21,705
Tudor Trust	11,078	-	(10,818)	-	260
<b>Total restricted funds</b>	<b>58,463</b>	<b>145,387</b>	<b>(173,309)</b>	<b>-</b>	<b>30,541</b>
<b>Unrestricted funds:</b>					
General funds	186,363	67,280	(59,638)	-	194,005
<b>Total unrestricted funds</b>	<b>186,363</b>	<b>67,280</b>	<b>(59,638)</b>	<b>-</b>	<b>194,005</b>
<b>Total funds</b>	<b>244,826</b>	<b>212,667</b>	<b>(232,947)</b>	<b>-</b>	<b>224,546</b>

For the year ended 31 March 2022

15 Movements in funds during previous year - 2021

	At the start of £	Incoming £	Outgoing £	Transfers £	At the end of £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	-	7,100	-	-	7,100
Wednesday's Child	-	4,000	(1,837)	-	2,163
<b>Advice and Advocacy Support and Outreach Family Support including COVID-19 response</b>					
Allchurches Trust	-	6,000	-	-	6,000
Big Lottery Fund	26,036	-	(26,036)	-	-
City Bridge Trust	-	21,850	(21,850)	-	-
Haringey Giving	2,875	5,000	(5,500)	-	2,375
Joseph Rank Trust	3,125	12,500	(12,500)	-	3,125
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	-	9,950	(655)	-	9,295
L.B. Haringey (VCS Hardship Fund)	-	34,000	(34,000)	-	-
London Community Response Fund - Coronavirus Appeal	-	3,000	(3,000)	-	-
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Tetherdown Charitable Trust	-	2,500	(2,500)	-	-
Trust for London	-	23,000	(5,673)	-	17,327
Tudor Trust	10,000	32,000	(30,922)	-	11,078
<b>Total restricted funds</b>	<b>42,036</b>	<b>209,900</b>	<b>(193,473)</b>	<b>-</b>	<b>58,463</b>
<b>Unrestricted funds:</b>					
General funds	79,191	142,861	(35,690)	-	186,363
<b>Total unrestricted funds</b>	<b>79,191</b>	<b>142,861</b>	<b>(35,690)</b>	<b>-</b>	<b>186,363</b>
<b>Total funds</b>	<b>121,227</b>	<b>352,761</b>	<b>(229,163)</b>	<b>-</b>	<b>244,826</b>

Restricted funds received includes £50,500 grants related to the response to the COVID-19 pandemic. These funds enabled the charity to adapt to new challenges and provide support to families in need. This included increasing the provision of food and other essentials and improving digital access to services.

16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the following

	Property	
	2022 £	2021 £
Less than one year	14,500	14,500
	<b>14,500</b>	<b>14,500</b>

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**CARIS HARINGEY**

England & Wales - Charity number 1061577

---

# Accounts

---

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

**Report and Unaudited Financial Statements**  
**Year ended 31 March 2021**

**Shruti Soni FCCA FCIE**  
**Shruti Soni Ltd**  
**117A St Johns Hill**  
**Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

**Status:** Company Limited by Guarantee No.03304699  
Charity Registration No.: 1061577

The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016

**Registered Office:** St. Philip's Church  
Philip Lane  
London N15 4HJ  
The Company does not have a separate principal office.

**Trustees:** Fr James Hill  
Fr Simon Clark (Chair) (resigned 23 September 2020)  
Steven Hill  
Mary Christina Howes  
Sha-Kera King (Chair) (appointed 23 September 2020)  
Kevin Norris  
Patrick Routley  
Jessica Swift

**Secretary** Gloria Saffrey-Powell  
**Hon Treasurer** Yehen Jayasena

**Independent examiner:** Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE

## **CARIS HARINGEY**

### **Trustees' Report As at 31 March 2021**

---

The trustees present their report and the financial statements for the year ended 31 March 2021. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2015) –(Charities SORP FRS 102) together with The Companies Act 2006.

#### **OBJECTIVES AND ACTIVITIES**

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### **Our vision:**

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### **Our mission:**

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

#### **ORGANISATIONAL STRUCTURE**

The Trustees who serving during part or whole of the year up to the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity.

# CARIS HARINGEY

## Trustees' Report As at 31 March 2021

---

The directors are authorised by the Memorandum of Association to invest monies not immediately required for the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

### CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Tonya Mavri	Family Support Worker

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

### CHAIR'S REPORT

Welcome to CARIS Haringey's annual review 2020-2021. We are relieved and grateful that we are still here after such an unprecedented and challenging year for the nation and the world. This would not have been possible without the Charity's Director, Gloria Saffrey-Powell, who has been awarded the British Empire Medal (BEM) in the Queen's Birthday Honours, for her service to the local community; in particular for voluntary and charitable services to homeless people in the London Borough of Haringey during COVID-19; and the bravest, most caring and resilient team that I have ever worked with.

The unyielding support of our volunteers, users, partners, funders and interested individuals has been our most reliable pillar of strength. Supporters have warmed our hearts with their generosity and care and we would like to give you thanks for your support and efforts.

The Trustee Board remains committed to the sustainability and development of CARIS Haringey and provides a strategic steer for the charity. The COVID-19 pandemic has meant different things to different individuals and charities. The CARIS Haringey team have adapted admirably, but as with many, the Charity has been placed under service and financial pressures with great uncertainties. In the midst of this, you will see from our financial accounts, that we continue to be stable as we continued to work in partnership with other voluntary organisations and faith groups and seek new opportunities.

During this extraordinary year of the COVID-19 pandemic and lockdown, we did not halt our services but responded to government regulations and adapted our service as best we could to meet our users' need, which, as you can imagine, needed flexibility, personal charity, innovation and resilience from our team. We started new activity to respond to the crisis and moved some of our services and activities online, as well as adapting our service delivery.

As trustees we have ensured that there is an appropriate strategic plan in place, with a process to carry it out effectively and have recently conducted a review of our strategic approach with our staff and volunteers. We are committed to continue our close working relationship with the Director and staff team while they respond, adapt and deliver the best possible service, in a way that is safe for both the staff and the families we serve.

We now have refreshed our aims and objectives and business plan. This will enable us to continue to give the right support so that our users are empowered to change their lives for the better. We will continue to provide advice, information and practical tools that people need to address the problems they face in their everyday life. We will continue to raise awareness of issues related to homelessness and destitution and will endeavour to influence policies to address key social issues.

## CARIS HARINGEY

### Trustees' Report As at 31 March 2021

---

Utilising digital technology has been essential for our operation and enabled us to hold frequent meetings and make faster decisions. It has also become a pillar for our service delivery, and we aim to invest more in this area to enable our staff, volunteers and users.

I am very proud and appreciative of CARIS staff and volunteers and below, you will find great examples of their achievements this year, which could only be possible through their innovative thinking, self-sacrifice, and dedication. Our team's commitment, positivity and resilience, has enabled us to provide critical services during a global crisis and I praise their honourable and brave efforts.

As we come together as a nation and face the uncertain and challenging times ahead, your support and encouragement are ever more critical, as we operate in this new, and at times unknown, landscape of challenges and opportunities.

Sha-Kera King  
Chair of CARIS Haringey

#### DIRECTOR'S STATEMENT

Welcome to CARIS Haringey's annual review. For over 30 years, CARIS homeless families project has worked with and on behalf of homeless and destitute families, asylum seekers, refugees, migrants and EAA Nationals who choose to live and work in Haringey borough.

In March 2020 at the start of the pandemic CARIS relocated to St Ann's Church Hall, put in place appropriate risk assessment including the use of PPE to continue "business as usual" - providing homeless and vulnerable families with vital food parcels, advice, and ongoing support. We have continued to adapt our services on other platforms to ensure we are doing our very best to engage and meet the needs as identified by families and children.

Through CARIS' intervention and support we have safeguarded destitute children, and their families have received support under the Children Act 1989. We have ensured families who have the right to live and work in the UK have accessed public funds by assisting families to apply to the Home Office to remove conditions on their leave to remain. This work is vital to ensure children and families essential and basic needs are met. In February 2021 Joint Council for the Welfare of Immigrants (JCWI) research showed the impact of No Recourse to Public Funds (NRPF) policy is a public health risk and causes destitution amongst migrant families:

- a fifth of migrants surveyed, who were working before the pandemic, lost their job since it started
- almost 75% of those were subject to NRPF, unable to access support from the government
- migrants with NRPF were 52% more likely to say that it was not possible to safely self-isolate in their home.

New statistics, published by End Child Poverty, show two-fifths of all children in Haringey were living below the poverty line in the lead up to the pandemic. These figures are not new to CARIS, we continue to highlight and raise the inequalities of homelessness the impact of child poverty, which are further exacerbated by the COVID-19 pandemic.

Long before the pandemic, CARIS has been providing food parcels and highlighting food poverty. Now more than ever, there is a need for local and national government to guarantee everybody has enough food to eat and a roof over their heads. In March 2020, the Government raised Local Housing Allowance rates to cover the bottom 30% of rents, but many families are still struggling to pay their rent. The lift on evictions which ended 31 May 2021 this has seen a rise in Notice of Seeking Possession. In England from 1 August 2021 notice periods for cases where there are rent arrears of less than four

## CARIS HARINGEY

### Trustees' Report

As at 31 March 2021

---

months have been reduced to two months, the notice period for arrears of more than four months remaining at four weeks until 30 September 2021, when they will drop to two weeks. We know the ending of crucial financial support in place under the furlough scheme and the uplift to Universal Credit will push more families into poverty or destitution; having to decide whether to pay rent, feed, or clothe their family.

A recent report from Trust for London and Paul Hamlyn Foundation, written prior to the pandemic, examined how voluntary sector organisations have improved accessibility to immigration advice provision across the UK. The research identifies a number of methods to increase the capacity of the not-for-profit sector to meet immigration advice needs.

We are very pleased to report CARIS has received 3 years funding from Trust for London to work in partnership with Coram Children Legal Centre to provide specialist immigration advice.

In May 2020 our 5-year funding from Big Lottery Fund Reaching Communities ended. CARIS commissioned an independent impact evaluation report, this report has been used to review CARIS vision, aims and strategic priorities for the next three years and ensure CARIS adapts and remains relevant in the changing landscape and environment.

Our aims are:

- To reduce homelessness and improve housing conditions
- To improve the health and wellbeing of homeless families
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people, challenging negative attitudes and injustice.

Fundraising will be integral to our strategy post pandemic as we seek to adapt our services, whilst continuing to be at the table and on the right platforms and networks with local and national policy makers, to raise and highlight the issues of homelessness and poverty.

Thank you to our funders, individual donors, schools, churches, synagogues, faith communities and businesses who have responded so generously to our appeals for food, equipment, emergency supplies, bedding, toys, and have given so generously to CARIS' work. Your generosity and giving during this national pandemic, a challenging time that has impacted on all our lives, has enabled CARIS to continue our vital work.

Thank you to the committed staff team and our volunteers who have continued to work tirelessly throughout COVID-19 enabling CARIS to extend our reach and develop new partnerships.

Gloria Saffrey-Powell BEM  
Director

### ADVICE AND ADVOCACY

The year 2020 was an exceptional year due to the COVID pandemic which impacted CARIS advice services.

Even though we were restricted in seeing clients face to face, we managed to adapt our advice service so that assistance to our homeless families continued by providing remote services using various social media and telephone lines.

We advised and assisted families on the following issues: welfare benefits namely Universal Credit claims, the additional Universal Credit top up fund, housing rights, access to free school dinners for families on No Recourse to Public Funds (NRPF), and access to free nursery places for children whose parents are NRPF.

We also assisted families in claiming Universal Credit, making homelessness applications due to overcrowding or unsuitability of accommodation; child benefit claims and applications to lift the No Recourse to Public Funds condition, as well as applications under the European Union Settlement Scheme (EUSS).

The pandemic lockdown shone the light on the fact that many of our families lacked digital equipment to access online meetings or assist their children with homework. Advice and support were provided.

## CARIS HARINGEY

### Trustees' Report As at 31 March 2021

---

The amount gained by our clients in the year was around £79,510.

#### Outreach

As soon as the lockdown restrictions were lifted, advisers made outreach visits to assess housing conditions and to report disrepair issues. The main issues remain poor condition of disrepair, health and safety, overcrowding and suitability.

#### Referrals

Our referrals continue to come from the Early Intervention Team, local schools, Social Services, Health Visitors/Professionals, voluntary organisations. There have been a few self-referrals. 135 referrals were received in the period.

#### Trends/Concerns

##### Eviction

During the pandemic lockdown in 2020 a temporary eviction ban was introduced by the government. CARIS did not record any eviction cases during the lockdown. As the ban ended in August 2021, there is future work as from September 2021, we started receiving queries about eviction and assisted clients to make homelessness claims.

##### Universal Credit

The £20-a-week uplift was introduced during the lockdown boosting our families' income. This temporary boost was withdrawn on the 6th of October 2021, leaving many of our clients affected and in a worst-off financial position that could lead them into debt and therefore impacting families and contributing to child poverty.

##### Immigration

The immigration partnership between CORAM Children Legal Centre and CARIS Haringey started in January 2021. We have assisted families with immigration advice and/or sourcing asylum or immigration solicitors for our families.

##### European Union Settlement Scheme (EUSS)

We helped families with advice and/or EUSS application. The EUSS scheme ended on the 30 June 2021, but we are receiving queries from late applicants and parents of EU children.

##### Networking and Partnership Workshops

We continue to work in partnership with Haringey Migrant Support Centre (HMSC), Project 17, Unity Project, and the London Destitution Forum, and are part of the NRPf Google group.

We attended meetings organised by the Community Enablement Forum during the lockdown where we discussed impact of the COVID crisis on the local community and other aspects of the borough, housing, and homelessness: the possible increase in homelessness and demand for temporary accommodation, discussing the planned road map for different phases of the crisis.

CARIS is now part of the London Initial & Contingency Accommodation Civil Society Forum put in place during the pandemic lockdown which is a network of organisations working with and for asylum seekers. The forum discusses and shares good practice, challenges facing asylum seekers placed in hotels and collaboration between civil society and Clearsprings Ready Homes and Migrant Help.

We attended Haringey Voluntary and Community Sector Forum Zoom meeting.

##### Training

Advisers attended training on the following: Housing and homelessness, Universal Credit, Domestic violence, EEA rights after Brexit, and gender-based violence, EUSS housing and welfare benefits rights, to keep abreast of legislative changes and changes to policies.

## CARIS HARINGEY

### Trustees' Report As at 31 March 2021

---

#### Quality Standards

CARIS continues to work to the required Advice Quality Standards (AQS) and Office of the Immigration Services Commissioner (OISC) Standards. An AQS audit was carried out in October 2020 and CARIS received further accreditation until 2022.

#### Case Study

Mrs H. is a mother of six children, an asylum seeker who self-referred to CARIS Haringey.

The family came to CARIS needing housing advice, secondary school admission for her asylum seeker children, clothes, school uniform, food parcels, and immigration legal representation.

After signposting client to immigration solicitors, the family was granted full refugee status in the UK. CARIS further advised and assisted the family on welfare benefits advising on housing rights, client was awarded universal credit and housing elements.

After assisting client with the online school admission form, client's children were admitted to secondary school and CARIS assisted them with school uniforms, clothes, and shoes.

Client has been moved to a more suitable accommodation where she is currently living with her five children. The condition and the size of the property are suitable to the needs of the family.

Client's older son is in sixth form and working part time with big ambitions for his life and that of his family in the UK.

The family is receiving all the welfare benefit entitlements namely Universal Credit, Child Benefit, housing element costs and Council Tax Reduction.

The mother has been assessed for an ESOL class and recommended to enrol for basic English class at an appropriate English Language provider.

#### FAMILY SUPPORT

This year has been so very different to previous years due to the ongoing pandemic. We have learnt how to become adaptable to change and work in different environments.

The role of the Family Support Worker is to establish a relationship with individual families, assess their individual needs and their eligibility for various types of assistance.

We focus on their children's early years' development. This includes helping them with setting boundaries, supporting them with their child's additional needs, enabling them to make informed choices, and offering a safe space to come and meet other parents and receive useful information and advice. Working alongside the CARIS Advice workers we help to ensure families are referred for advice and advocacy; sign-posted to relevant agencies for support and can access various community resources.

In the year under review CARIS has been unable to support families in the way that we would normally do. We have dramatically increased the use of technology to support the delivery of services. Our social media accounts have been very beneficial in communicating with our community.

We have also had a huge rise in the amount of food donations we have given out.

We would usually deliver a range of parenting workshops designed to support and empower parents concerning their family and parenting as well as supporting them as individuals. We also provide fun educational sessions for children.

As we were unable to do the same this year due to centre closures and social distancing, we provided a range of online Zoom sessions with outside agencies such as Educations and You (EDNU) & K2K stars. Family Support Worker, Tonya Mavri,

## CARIS HARINGEY

### Trustees' Report

As at 31 March 2021

---

delivered materials to families in advance and supported the leading of all the sessions. These proved to be a huge hit with families and children.

#### Online Sessions

- **Mother's Day**

CARIS provided each NRPF family with a large photo frame, paper and coloured pens. EDNU led the session. The children either drew a picture of their mum or wrote a nice message which was then framed and given as a gift for Mother's Day. Throughout the session we discussed why our Mums are special to us and how we can let them know. We also spoke about things that our Mums like and ways that we can help out around the home.

- **Easter Bonnet Making**

CARIS provided each NRPF family with a woven bonnet, glue and materials to decorate their bonnet. EDNU led the session. The children discussed the designs they had in mind and then got busy creating their masterpiece. Throughout the session we spoke with each other about our designs and why we chose them.

- **Pancake Day**

CARIS provided each NRPF family with ready-made pancakes (some families have limited or shared kitchen access so making the pancakes would have been difficult for them) icing sugar, sprinkles, honey & chocolate spread to decorate their pancakes. EDNU led the session. This session was great as it got both children and adults working together. We spoke about our likes and dislikes and how we can all be different and have varied tastes.

- **Play Dough Making**

CARIS provided each NRPF family with the ingredients needed to make playdough including the mixing bowls and wooden spoons. EDNU led the session. The parents really enjoyed this session. Many of them commented that they did not realise how simple making playdough was. Some of the children attending have sensory processing disorders so this was particularly beneficial to them.

- **Dance and Fitness**

CARIS ran a number of weekly dance and fitness sessions led by K2K stars. These sessions were split into two groups under 5's and over 5's. The dance and fitness provided were age appropriate. Adults were able to join in if they wanted to. The sessions were fun, the children particularly enjoyed the dance aspect.

All of the Zoom sessions went well. Parents were very thankful to still be engaged with others. The feedback received was very positive.

#### Volunteers

We are grateful to our dedicated team of volunteers who give their time and skills to support the work of CARIS. We would not be able to achieve all we do without them.

In the year under review, we have had a committed core team of 6 volunteers who regularly gave time during the week to help us with sorting and distributing food and household items and donations. Others joined us during busy times such as Christmas and the Summer. Due to social distancing restrictions, we had to limit the number of helpers at any one time. Some of our older volunteers were shielding for a period in accordance with government guidelines.

Volunteers have thrown themselves into sorting food and household essentials that have been donated and then making up food parcels. Some of these volunteers are previous service users of CARIS Haringey and it is great to see their enthusiasm along with the support and encouragement offered to families with who are new to CARIS services.

This year, a total of 722 hours were given to CARIS Haringey by our volunteers and by professionals from other organisations.

## CARIS HARINGEY

### Trustees' Report

As at 31 March 2021

---

#### Food Donations

In the year under review, we have provided 224 separate families with food and household essentials. This is a total of 1,174 food parcels.

CARIS Haringey usually focuses its support to families with No Recourse to Public Funds. During this year we found many more families coming to us for support. These families had a wide range of issues such as facing destitution, benefit sanctions and working families who are in crisis.

We were able to meet this increased demand thanks to the regular generous donations from our partners and donors (see below) and additional grants from the Haringey Giving Together We Can COVID-19 Fund and the London Community Response Fund Coronavirus Appeal.

On average, each food parcel for a family of 4 is valued at £60. These parcels consist of tinned foods such as baked beans, vegetables, sauces, soups & fish. Dried foods such as rice, pasta, noodles and couscous. Cupboard staples such as flour, sugar, oil, UHT milk, tea, coffee. Sanitary items, nappies, and toiletries such as soap, shower gel, shampoo and conditioner, toothbrushes, and toothpaste. We often have cleaning products and washing powder.

In total approximately £76,000 of donations including food, household essentials, summer packs and Christmas presents were given to families in need.

#### Partners & Donors

We continue to be supported by Morrisons and have a very close relationship with the Stamford Hill Community Manager. We are very grateful to be one of their charitable partners.

We received an increased amount of individual food donations this year. The community really stepped up to support us.

We received regular weekly donations of food and household essentials from Muswell Hill Synagogue, Hampstead Parish Church, Southwood Lawn residents' group & Muswell Hill Quakers.

Other donators include Dewhurst butchers who gave us fresh chicken and meats; Haringey Together Food Hub who gave us a huge amount of baby food; and Haringey Speech & Language team who gave lots of food items.

A local coffee shop provided refreshments for the staff on some of these food donation days.

Muswell Hill Synagogue kindly gifted us £2,500 to provide 50 tablets to assist children with online learning. They then funded and donated an extra 11. These were given to our families with No Recourse to Public Funds.

St Ann's Mutual Aid Group have been providing some of our clients with a box of fresh fruit and veg. The numbers have varied over the months as they rely on donations from local residents. The scheme works by an individual purchasing a box for themselves and then paying £10 to give a box to charity.

Tottenham Hotspur Football Club provided us with approx £2,000 worth of youth training kits to be given out to families. These consisted of tops, shorts, socks, trainers and jackets which we gave out to our NRPF families; we even had some left over to give to other families that we support.

A local church provided us with £250 worth of hoodies and a local nursery gave us £500 worth of adults winter clothes. 52 families benefitted from these clothes donations

#### Toy Library

Unfortunately, due to the ongoing pandemic we have been unable to provide this service as centres have been shut and the women's refuges have not been allowing outside agencies inside. We are hoping to restart at the beginning of 2022 if restrictions have been lifted.

## CARIS HARINGEY

### Trustees' Report As at 31 March 2021

---

#### **ESOL (English for Speakers of Other Languages)**

We continued to partner with the WEA to provide ESOL classes. We currently have classes at entry levels 1 and 2. Due to the pandemic these classes have been going ahead over Zoom. An unanticipated advantage of this was that some students with small children, who were previously unable to attend due to lack of childcare, are now able to access the classes. We plan to continue to offer some online courses when we return to face-to-face learning. 18 students from Haringey attended, but as the classes were online, others from outside the borough were also able to take part. The ESOL tutor also delivered an online Employability Course to help students with writing CVs and personal statements.

#### **Summer Playscheme**

Unfortunately, due to the ongoing pandemic and restrictions we were unable to run our usual annual playscheme. Instead, we provided 91 families with summer packs full of resources and activities to use at home and in the park. These included bats, balls, bubbles, and creative materials. We also included lap trays as many of the families we support have little space for children to sit and draw, read or write.

#### **Christmas**

In the year under review CARIS again due to COVID-19 restrictions was unable to hold our usual Christmas Santa meet and greet for the under 5's and the disco for the over 5's.

Instead, we gave each family a time slot to come along and walk through the decorated hall, have a family photo taken by the tree and receive a bag of presents. These consisted of a brand-new wrapped present for each child in the home and a few extra presents to be shared between the family, along with some special chocolate treats from the Morrisons Community Champion elves that were in the building helping out.

Thank you to local churches, faith groups, workplaces and individuals who responded to our appeal and gave generous donations of toys, books board games, and other treats. We were able to distribute to 109 families in need.

#### **QUEEN'S AWARD FOR VOLUNTARY SERVICE**

In June 2020 it was announced that CARIS Haringey was a recipient of the Queen's Award for Voluntary Service. This is the highest award that can be given to voluntary groups in the UK and is equivalent to an MBE.

The Queen's Award for Voluntary Service aims to recognise outstanding work by volunteer groups to benefit their local communities. It was created in 2002 to celebrate the Queen's Golden Jubilee. Recipients are announced each year on 2nd June, the anniversary of the Queen's Coronation.

CARIS was one of 230 charities, social enterprises and voluntary groups to receive the prestigious award this year. The number of nominations remains high year on year, showing that the voluntary sector is thriving and full of innovative ideas to make life better for those around them.

We were delighted to be recognised in this way and received many lovely messages of congratulations from clients and supporters, as well as coverage of our work in local and national media.

#### **FINANCIAL REVIEW**

The charity's income for year ended 31 March 2021 was £352,761 (2020: £247,546) of which £209,900 was restricted (2020: £197,391). The expenditure for the year was £229,162 (2020: £194,666) of which £193,473 was restricted (2020: £180,090) finishing the year with net income of £52,881 (2020: £52,881).

#### **RESERVES POLICY**

Total charity funds at year end amounted to £244,826 (2020: £121,227) of which £58,463 (2020: £42,036) represented restricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding.

# CARIS HARINGEY

## Trustees' Report As at 31 March 2021

---

It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £121,227 (2020: £68,346), which is well within this target level.

### RISK REVIEW

Although SORP 2015 (FRS 102) does not require a formal risk assessment in the case of charities of the size of CARIS Haringey, the trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

### GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

### Statement of Trustees' Responsibilities

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 1st Dec 21 and signed on its behalf.



Trustee

Name: SHA-KERA KING

## Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2021 as set out on pages 13 to 23.

### Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

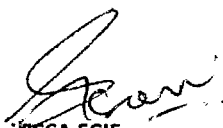
### Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountant, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Shruti Soni** FCCA FCIE  
Shruti Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 05/12/2021

**CARIS HARINGEY****Statement of financial activities (incorporating an income and expenditure account)****For the year ended 31 March 2021**

		Unrestricted £	Restricted £	2021 Total £	Unrestricted £	Restricted £	2020 Total £
<b>Income from:</b>							
Donations and legacies	2	142,838	165,900	<b>308,738</b>	49,791	153,391	203,182
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	<b>44,000</b>	-	44,000	44,000
Investments		23	-	<b>23</b>	44	-	44
Other			-	-	320	-	320
<b>Total income</b>		<b>142,861</b>	<b>209,900</b>	<b>352,761</b>	<b>50,155</b>	<b>197,391</b>	<b>247,546</b>
<b>Expenditure on:</b>							
Raising funds	4	4,391	-	<b>4,391</b>	5,155	-	5,155
Charitable activities							
Summer playscheme	4	-	2,618	<b>2,618</b>	1,158	22,530	23,688
Advice and Advocacy Support and Outreach Family Support	4	31,299	190,854	<b>222,153</b>	8,262	157,560	165,822
<b>Total expenditure</b>		<b>35,690</b>	<b>193,473</b>	<b>229,162</b>	<b>14,576</b>	<b>180,090</b>	<b>194,666</b>
<b>Net income / (expenditure) for the year</b>	5	<b>107,172</b>	<b>16,427</b>	<b>123,599</b>	<b>35,580</b>	<b>17,301</b>	<b>52,881</b>
Transfers between funds		-	-	-	-	-	-
<b>Net movement in funds</b>		<b>107,172</b>	<b>16,427</b>	<b>123,599</b>	<b>35,580</b>	<b>17,301</b>	<b>52,881</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		79,191	42,036	<b>121,227</b>	43,611	24,735	68,346
<b>Total funds carried forward</b>	14	<b>186,362</b>	<b>58,463</b>	<b>244,826</b>	<b>79,191</b>	<b>42,036</b>	<b>121,227</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

**CARIS HARINGEY****Balance sheet**

Company no. 3304699

**As at 31 March 2021**

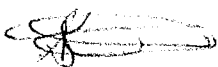
	Note	£	2021 £	£	2020 £
<b>Fixed assets:</b>					
Tangible assets	10		<u>5,612</u>		<u>5,827</u>
			5,612		5,827
<b>Current assets:</b>					
Stock	11	1,574		2,075	
Cash at bank and in hand		<u>245,799</u>		<u>121,408</u>	
		247,373		123,483	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	12	<u>(8,159)</u>		<u>(8,083)</u>	
			239,214		115,400
<b>Net current assets / (liabilities)</b>					
			<u>244,826</u>		<u>121,227</u>
<b>Total assets less current liabilities</b>					
			<u>244,826</u>		<u>121,227</u>
<b>Total net assets / (liabilities)</b>					
	13		<u>244,826</u>		<u>121,227</u>
<b>The funds of the charity:</b>					
Restricted income funds			58,463		42,036
Unrestricted income funds:					
Designated funds		-		-	
General funds		<u>186,363</u>		<u>79,191</u>	
Total unrestricted funds			<u>186,363</u>		<u>79,191</u>
<b>Total charity funds</b>	14		<u>244,826</u>		<u>121,227</u>

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

**Trustees' Responsibilities:**

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), were approved by the Board on 12.12.2021 and signed on its behalf by:



Name:

Trustee - Sha-Kera King

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**e) Donations of gifts, services and facilities**

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

For the year ended 31 March 2021

---

**1 Accounting policies (continued)**

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 10% |
| ● Advice and Family Support | 90% |

**j) Operating leases**

Rental charges are charged on a straight line basis over the term of the lease.

**k) Tangible fixed assets**

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

**l) Stocks**

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

**m) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**n) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

**CARIS HARINGEY****Notes to the financial statements****For the year ended 31 March 2021****1 Accounting policies (continued)****o) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**p) Pensions**

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

**2 Income from donations and legacies**

	Unrestricted £	Restricted £	2021 total Total £	2020 Total £
Individual and church donations	38,914	-	<b>38,914</b>	18,207
Grants from Trusts and Foundations	35,450	165,900	<b>201,350</b>	153,391
Donated goods	68,474	-	<b>68,474</b>	31,584
	<u>142,838</u>	<u>165,900</u>	<u><b>308,738</b></u>	<u>203,182</u>

Donations from churches includes £3,285 from St Michael's Church in Highgate and £4,282 from Hampstead Parish Church.

**3 Income from charitable activities**

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Advice and Family Support LBH (Children's Centre Services)	-	44,000	<b>44,000</b>	44,000
Sub-total for Advocacy	-	44,000	<b>44,000</b>	44,000
Total income from charitable activities	-	44,000	<b>44,000</b>	44,000

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2021

4 Analysis of expenditure

	Charitable activities				2021 Total £
	Cost of raising funds £	Summer Playscheme £	Advice, Advocacy and Outreach Family Support £	Support costs £	
Staff costs (Note 6)	3,298	-	92,882	8,463	104,643
Rent	193	-	10,584	5,257	16,033
Office Costs	105	-	8,001	51	8,158
Travel and excursions	535	-	5,877	4,749	11,160
Depreciation	-	-	-	2,715	2,715
Other direct costs, insurance and utilities	260	1,284	9,699	5,206	16,450
Donated goods	-	-	68,474	-	68,474
	4,391	1,284	195,516	26,441	227,633
Support costs		1,334	12,005	(13,339)	-
Governance costs			14,632	(13,102)	1,530
<b>Total expenditure 2021</b>	<b>4,391</b>	<b>2,618</b>	<b>222,153</b>	<b>-</b>	<b>229,162</b>
Total expenditure 2020	5,155	23,688	165,823	-	194,666

Of the total expenditure, £35,690 was unrestricted (2020: £14,576) and £193,473 was restricted (2020: £180,090).

4 Analysis of expenditure

For the year ended 31 March 2020

	Charitable activities				2020 Total £
	Cost of raising funds £	Summer Playscheme £	Advice and Outreach Family Support £	Support costs £	
Staff costs (Note 6)	3,493	15,508	82,884	8,965	110,850
Rent	215	650	11,238	5,905	18,008
Office Costs	94	-	7,111	45	7,250
Travel and excursions	336	3,391	299	2,981	7,007
Depreciation	-	-	-	2,215	2,215
Other direct costs, insurance and utilities	259	4,139	4,610	5,169	14,177
Donated goods	-	-	33,619	-	33,619
	4,397	23,688	139,761	25,280	193,126
Support costs	758		24,522	(25,280)	-
Governance costs			1,540		1,540
<b>Total expenditure 2020</b>	<b>5,155</b>	<b>23,688</b>	<b>165,823</b>	<b>-</b>	<b>194,666</b>

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2021**

**5 Net incoming resources for the year**

This is stated after charging / crediting:

	<b>2021</b>	2020
	£	£
Depreciation	<b>2,715</b>	2,215
Operating lease rentals:		
Property	<b>13,533</b>	14,070
	<b>16,248</b>	16,285

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

	<b>2021</b>	2020
	£	£
Salaries and wages	92,937	90,578
Social security costs	744	772
Employer's contribution to defined contribution pension schemes	6,506	6,407
Other staff costs	4,456	13,094
	<b>104,643</b>	110,850

No employee earned more than £60,000 during the year (2020: nil).

The total employee benefits including pension contributions of the key management personnel were £32,496 (2020: £23,028).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil).

No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the year (2020: nil).

**7 Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

	<b>2021</b>	2020
	No.	No.
Charitable activities	<b>4.0</b>	6.0
	<b>4.0</b>	6.0

For the year ended 31 March 2021

**8 Related party transactions**

There are no related party transactions to disclose for 2021 (2020: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**9 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**10 Tangible fixed assets**

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	25,620	25,620
Additions in year	2,500	2,500
	<hr/>	<hr/>
At the end of the year	28,120	28,120
	<hr/>	<hr/>
<b>Depreciation</b>		
At the start of the year	19,793	19,793
Charge for the year	2,715	2,715
	<hr/>	<hr/>
At the end of the year	22,508	22,508
	<hr/>	<hr/>
<b>Net book value</b>		
<b>At the end of the year</b>	5,612	5,612
	<hr/> <hr/>	<hr/> <hr/>
At the start of the year	5,827	5,827
	<hr/> <hr/>	<hr/> <hr/>

All of the above assets are used for charitable purposes.

**11 Stock**

	2021 £	2020 £
Donated clothing and other items for distribution	1,574	2,075
	<hr/>	<hr/>
	1,574	2,075
	<hr/> <hr/>	<hr/> <hr/>

**CARIS HARINGEY**  
**Notes to the financial statements**

**For the year ended 31 March 2021**

**12 Creditors: amounts falling due within one year**

	<b>2021</b>	2020
	£	£
Trade creditors	1,269	1,193
Accruals	<b>1,440</b>	1,440
Deferred income	<b>5,450</b>	5,450
	<b>8,159</b>	<b>8,083</b>

**13 Analysis of net assets between funds at the end of year - 31 March 2021**

	General unrestricted	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	5,612	-	-	<b>5,612</b>
Net current assets	180,751	-	58,463	<b>239,214</b>
<b>Net assets at the end of the year</b>	<b>186,363</b>	<b>-</b>	<b>58,463</b>	<b>244,826</b>

**Analysis of net assets between funds at the start of year - 1 April 2020**

	General	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	5,827	-	-	<b>5,827</b>
Net current assets	73,364	-	42,036	<b>115,400</b>
<b>Net assets at the end of the year</b>	<b>79,191</b>	<b>-</b>	<b>42,036</b>	<b>121,227</b>

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2021

14 Movements in funds during the year - 2021

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	-	7,100	-	-	<b>7,100</b>
Wednesday's Child	-	4,000	(1,837)	-	<b>2,163</b>
<b>Advice and Advocacy Support and Outreach Family Support</b>					
Allchurches Trust	-	6,000	-	-	<b>6,000</b>
Big Lottery Fund	26,036	-	(26,036)	-	-
City Bridge Trust	-	21,850	(21,850)	-	-
Haringey Giving	2,875	5,000	(5,500)	-	<b>2,375</b>
Joseph Rank Trust	3,125	12,500	(12,500)	-	<b>3,125</b>
L.B. Haringey (Children's Centre Services)	-	44,000	(44,000)	-	-
L.B. Haringey (NRPF Support Grant)	-	9,950	(655)	-	<b>9,295</b>
L.B. Haringey (VCS Hardship Fund)	-	34,000	(34,000)	-	-
<b>London Community Response Fund -</b>					
Coronavirus Appeal	-	3,000	(3,000)	-	-
Mrs Smith & Mount Trust	-	5,000	(5,000)	-	-
Tetherdown Charitable Trust	-	2,500	(2,500)	-	-
Trust for London	-	23,000	(5,673)	-	<b>17,327</b>
Tudor Trust	10,000	32,000	(30,922)	-	<b>11,078</b>
<b>Total restricted funds</b>	<b>42,036</b>	<b>209,900</b>	<b>(193,473)</b>	<b>-</b>	<b>58,463</b>
<b>Unrestricted funds:</b>					
<b>General funds</b>					
	79,191	142,861	(35,690)	-	<b>186,363</b>
<b>Total unrestricted funds</b>	<b>79,191</b>	<b>142,861</b>	<b>(35,690)</b>	<b>-</b>	<b>186,363</b>
<b>Total funds</b>	<b>121,227</b>	<b>352,761</b>	<b>(229,163)</b>	<b>-</b>	<b>244,826</b>

Restricted funds received includes £50,500 grants related to the response to the COVID-19 pandemic. These funds enabled the charity to adapt to new challenges and provide support to families in need. This included increasing the provision of food and other essentials and improving digital access to services.

For the year ended 31 March 2021

14 Movements in funds during previous year - 2020

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	4,368	14,200	(18,568)	-	-
Hornsey Parochial Charities	-	1,962	(1,962)	-	-
Tottenham Grammar School Foundation	-	2,000	(2,000)	-	-
Austin & Hope Pilkington Trust	-	1,000	(1,000)	-	-
<b>Advice and Advocacy Support and Outreach Family Support</b>					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Haringey Giving Changing Lives Programme	-	2,875	-	-	2,875
Joseph Rank Trust	-	12,500	(9,375)	-	3,125
City Bridge Trust	-	5,450	(5,450)	-	-
WHSmith Community Grant	-	200	(200)	-	-
Woodward Trust	565	-	(565)	-	-
Tudor Trust	10,000	30,000	(30,000)	-	10,000
Big Lottery Fund	9,802	83,204	(66,970)	-	26,036
<b>Total restricted funds</b>	<b>24,735</b>	<b>197,391</b>	<b>(180,090)</b>	<b>-</b>	<b>42,036</b>
<b>Unrestricted funds:</b>					
<b>General funds</b>					
	43,611	50,155	(14,576)	-	79,191
<b>Total unrestricted funds</b>	<b>43,611</b>	<b>50,155</b>	<b>(14,576)</b>	<b>-</b>	<b>79,191</b>
<b>Total funds</b>	<b>68,346</b>	<b>247,546</b>	<b>(194,666)</b>	<b>-</b>	<b>121,227</b>

15 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the

	Property	
	2021 £	2020 £
Less than one year	14,500	13,500
	<b>14,500</b>	<b>13,500</b>

16 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

**CARIS HARINGEY**

England & Wales - Charity number 1061577

---

# Accounts

---

# **CARIS HARINGEY**

Charity Registration No. 1061577  
Company Registered in England No. 03304699

**Report and Unaudited Financial Statements**  
**Year ended 31 March 2020**

**Shruti Soni FCCA FCIE**  
**Shruti Soni Ltd**  
**117A St Johns Hill**  
**Sevenoaks TN13 3PE**

## **CARIS HARINGEY**

**Status:** Company Limited by Guarantee No.03304699  
Charity Registration No.: 1061577

The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016

**Registered Office:** St. Philip's Church  
Philip Lane  
London N15 4HJ  
The Company does not have a separate principal office.

**Trustees:** Fr Simon Clark (Chair)  
Fr James Hill  
Steven Hill (appointed 5 December 2019)  
Mary Christina Howes (appointed 5 December 2019)  
Sha-Kera King  
Kevin Norris  
Patrick Routley  
Jessica Swift (appointed 5 December 2019)  
Julie Singleton (resigned 5 December 2019)

**Secretary** Gloria Saffrey-Powell  
**Hon Treasurer** Yehen Jayasena

**Independent examiner:** Shruti Soni FCCA FCIE  
Shruti Soni Ltd  
117A St Johns Hill  
Sevenoaks TN13 3PE

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2020

---

The trustees present their report and the financial statements for the year ended 31 March 2020. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2015) – (Charities SORP FRS 102) together with The Companies Act 2006.

### OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

#### Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

#### Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's

Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

### ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year upto the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity. There is a Staff Support Group, which also meets regularly and is chaired by a Trustee.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2020

---

the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

### CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Robel Tesfazion	Advice & Outreach Worker (until June 2019)
Tonya Mavri	Family Support Worker

### CARIS Summer Playscheme Staff

Anastasia Loucas  
Calvin Cumiskey  
Elliott Powell  
Ishah Harris  
Jenny Loucas  
Laura Thomas-Hockey  
Lennie Ifield  
Vicky-Ann Pessoa

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

### CHAIR'S REPORT

The Trustee Board is committed to the sustainability and development of CARIS Haringey. The Board continued to provide a strategic steer for the charity, by ensuring that strong governance is in place and meeting regularly to discuss policies, procedures and making decisions on major governance issues.

CARIS homeless families project started in 1991 and its core purpose has never changed. We are here to help families and their children who are most in need. We provide a variety of support services for homeless families and our work centres around tackling social exclusion, in every form. It is wonderful that CARIS Haringey has received recognition for its invaluable work over the years, by receiving the Queen's Award for Voluntary Services, which is the highest award given to volunteer groups across the UK.

Below, you will find more examples of some of the wonderful achievements of CARIS Haringey this year, which could only be possible because of our dedicated staff and volunteers. The Trustee Board has always been appreciative and proud of the commitment and drive of our staff and volunteers, and this year is no exception. Their resilience, commitment and enthusiasm to provide services amid a global crisis is inspiring, heart-warming and honourable.

In the future we will be looking to refresh our strategic approach and develop our business plan, while we monitor progress in achieving previously agreed milestones. We will continue to highlight issues on homelessness and destitution and to influence policy makers on key social policy issues. We believe that, given the right support, anyone can change their life for the better. CARIS empowers those in need by providing the advice and tools people need to address the problems they face.

During this unprecedented time of the COVID-19 pandemic, we continue to work closely with the Director and staff team while they respond, adapt and deliver the best possible service, in a way that is safe for both the staff and the families we serve.

We recognise that there are more uncertain and challenging times ahead, as we plan for the delivery of our services for the upcoming year in a way that complies with government restrictions and meets the increasing demands for our services. Your support and encouragement are essential, as we move forward to a new landscape of challenges and opportunities.

Sha-Kera King

# CARIS HARINGEY

## Trustees' Report For the year ended 31 March 2020

---

### DIRECTOR'S STATEMENT

This has been a year of unexpected challenges, but thanks to the support we have received from charitable trusts, churches, individual donors and partners we have been able to continue our much-needed work of supporting homeless families and those facing destitution.

We have continued to meet the demand for our service, and to work in partnership with other organisations, professionals and community groups. We have worked closely with Haringey Council, and the Connected Communities Food Network to ensure destitution remained on the agenda and addressed by the Local Authority.

The Homelessness Monitor: England 2019 states that, "Homelessness temporary accommodation placements, have continued to rise, and now stand 71 per cent higher than in 2011, with a disproportionate rise in Bed & Breakfast use also ongoing. By mid-2018 some 85,000 homeless households were living in temporary accommodation, equating to over 200,000 people". As at 31 March 2020, official figures show Haringey was housing 3,006 households (5,313 children) in temporary accommodation. This remains one of the highest rates anywhere in the country.

Our aim is to continue to provide a high-quality service for as many families who present with multiple and complex needs. We know the importance of early intervention and prevention to address the underlying causes of poverty. Our holistic support has enabled many families to take back control of their lives.

As this financial year ended, lockdown measures were put in place across the UK due to the coronavirus (COVID-19) pandemic. Demand for our services has increased and staff and volunteers have risen to the challenge of delivering support in a new way. Our advice service moved to a remote basis with a telephone access point. Our food distribution and clothing exchange continues to be a lifeline to families in crisis situations. CARIS is working with Haringey Council, churches, communities and faith groups to establish a distribution network for food provision to enable those who are unable to reach a food bank to access food. We have been supporting many more clients who have suffered a loss of income, including those who have been furloughed, are on zero hours contracts, have no recourse to public funds and families experiencing delays in payment of Universal Credit. In the six weeks from the start of lockdown until the end of April we have given out 208 emergency food parcels (as well as essentials such as toiletries, nappies and cleaning products). This is almost as many as we gave out in the whole of last year.

During this challenging and uncertain time many families living in the private rented sector, especially those who are vulnerable and on low incomes, may not be able to afford to pay their rent and are at risk of eviction. The Government has announced a package of emergency measures in response to the pandemic. This includes policies to support private renters to stay safe in their homes and pay their rent in the event of financial hardship, as well as to help landlords facing difficulties paying their mortgage. We are aware these are only temporary measures. In Haringey borough, Homes for Haringey estimates that 1400 households in the private rented sector now fall into the serious risk of eviction category.

Our challenge now is to find new ways of supporting our clients through the ongoing crisis. We hope that as restrictions are gradually eased, we will be able to return to provide more face-to-face services. CARIS will continue to evolve and adapt to the changing landscape, embrace new ways of working and be creative in our approach and service delivery.

On 2 June 2020 it was announced that CARIS Haringey was one of 230 organisations this year to be honoured with the Queen's Award for Voluntary Service. This is the highest award a voluntary group can receive in the UK. We were delighted to be recognised in this way and received many lovely messages of congratulations from clients and supporters, as well as coverage of our work in local and national media. Representatives of CARIS Haringey will receive the award from Sir Kenneth Olisa OBE, Her Majesty's Lord Lieutenant of Greater London, later in the year.

Once again, I express my gratitude and appreciation to everyone who has supported CARIS' work - our funders, individual donors, schools, universities, colleges, churches, communities and other faith organisations for your valuable contribution to CARIS. Thank you to our volunteers: we are grateful for the energy, enthusiasm and dedication you bring to your roles. Thank you for believing in CARIS' mission to bring about change and to work with and on behalf of homeless families.

**Gloria Saffrey**  
Director

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2020

---

### OUTREACH ADVICE & ADVOCACY

CARIS has continued to provide wide-ranging professional advice on subjects such as; housing, homelessness, disrepair, benefits, family matters, immigration and no recourse to public funds. The service has been delivered through surgeries, drop-ins and home visits.

In the year under review we received 123 new referrals from external agencies. This includes local schools, children's centres, social services, health visitors, other voluntary organisations and a few from solicitors. We have delivered training on managing finances, covering financial skills, effective budgeting, Universal Credit and the Help to Save scheme. We have also run workshops on immigration issues including the EU settlement scheme and how to remain in UK after Brexit. We have also hosted workshops in partnership with other agencies on subjects related to health and wellbeing, such as oral health, living well and healthy relationships.

Clients who attended our workshop on finances reported an increased knowledge on how to budget and improve their financial situation and a good understanding of how to save and take control of their finances to avoid financial crisis e.g. rent arrears. Service users also reported greater understanding of priority debt. We have also successfully assisted clients to claim benefits, recording an indicated minimum financial gain exceeding £129,000.

Many of our clients are facing destitution due to having No Recourse to Public Funds (NRPF). This is a restriction placed on them by the Home Office which leaves them unable to access benefits, homelessness assistance from the council or an allocation of social housing through the council's register. A key part of our work this year has been assisting clients to make applications to the Home Office to change the conditions of their leave by lifting this restriction. We have had a 100% success rate for these applications. As a result, destitute families have been granted access to the mainstream welfare benefits and given the prospect of making an improvement to their financial circumstances and their housing conditions. We continue to work with partners to advocate on behalf of those with NRPF and to raise awareness of the challenges they face.

CARIS Advice Workers and Director continue to be involved with Haringey Welcome Advisory action planning working group with the local authority (and cabinet members), Project 17, Haringey Migrant Support Centre and Consonant, to draft the Haringey Welcome Strategy action plan. The aim is to enable Haringey to be a truly welcoming borough building on the strengths and assets which residents and communities bring to borough life. This strategy will incorporate the Mayor of London's Equality, Diversity, and Inclusion Strategy 2018 and Strategy for Social Integration 2018. There has also been discussion on intended amendments to the Immigration Act, the impact on EU Nationals settlement, NRPF families' employment and poverty.

From the start of lockdown, the advice service has continued online and over the phone as we can't have face-to-face appointments for the time being. Applications for Universal Credit are the most common issue at the moment. We have been keeping our clients up-to-date with relevant information about a range of topics during the pandemic, through a new section on our website, posts on social media and printed handouts.

### FAMILY SUPPORT

This year we continued to develop our well-established services providing holistic support for homeless families in the community. In addition, with support from funders, we were also able to start two new projects: a cooking club and the M.A.N (Men Are Needed) project.

#### Drop-in

Our weekly drop-in is for preschool children and their carers. Although this session is primarily a stay-and-play for younger children, it's also an opportunity to support families, and this year we had an increasing number of parents (more than 30) continuing to attend on their own after their children moved to full time education. This shows the value of the community and the support provided, including donations of previously owned toys and clothes.

We ran a number of workshops during the drop-in, including a six-week 'Living Well' course, with activities to support relaxation and practical tips for parents on how to reduce stress and stay calm.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2020

---

Throughout the year we welcomed professionals from other organisations to participate in our drop-in sessions including Haringey IAPT, Connected Communities and a local refugee life stories writing group.

### Toy Library

This year our mobile toy library regularly travelled across the borough, visiting hostels, refuges and Children's Centres to lend toys and games to children in need. Children living in temporary accommodation often have few belongings as storage space is limited, and parents may not have the means to spend money on anything except essential items. This means they may have few toys and books of their own. CARIS Mobile Toy Library provides an important service by enabling families to borrow these items for free. Toys are the tools of play that help children develop their social awareness, physical abilities, imagination, visual and motor capabilities and thinking processes. Having access to books improves children's literacy and learning, engages their imagination and improves their mental wellbeing. The toy library also continues to be a valuable non-intrusive way for introducing vulnerable families to CARIS services and helping them to access other services in the borough.

### Cooking Club

Following a successful trial earlier in the year, in October we started a weekly Cooking Club. The aim was to help families learn how to make nutritious meals on a budget, using items commonly given in our food parcels. As well as learning how to make new dishes and save money, our evaluation has shown that the social aspect has been important too, with clients saying they feel happier and less isolated.

### M.A.N. (Men Are Needed)

Usually, most of the parents who take part in our activities are women. CARIS workers had noticed an increase in single dads accessing our services as well as many single mums reporting to be struggling with the lack of positive male role models around their children due to absent fathers. Our Family Support Worker used social media as a platform to raise these concerns to see what ideas people in the local community have in regards to supporting these issues. There was a great response so we then organised a planning meeting, bringing together interested individuals and organisations to discuss how to go forward with this. The meeting was well attended and the expertise, skills and diversity in the room were amazing.

The result was the creation of the M.A.N. (Men Are Needed) project which aims to run inclusive events that will support fathers and other male family members, as well as giving children opportunities to take part in activities led by positive male role models. Our motto is 'It takes a village to raise a child so let's make our village one to be proud of'.

In August we hosted a M.A.N. Community Fun Day as part of the CARIS Summer Playscheme. This turned out to be hugely successful. We had over 80 parents and children who took part in the activities on offer as well as visiting the information stalls.

In December we started a monthly meet up which has been a popular event for families. Activities have included games, sport, cooking, crafts and fitness training.

The M.A.N project has linked us with more male clients and strengthened our links with other male-focused organisations.

### Food Parcels & NRPF Support

Thanks to the generosity of our supporters, CARIS was able to distribute over £33,000 worth of donated goods this year, including food, toiletries, clothes, toys and baby equipment. We ran monthly sessions to provide food and other essential items to families with no recourse to public funds. 275 food parcels were given out in the period.

Our Family Support Services are continuing and being expanded to meet the growing need. Our focus since the start of the COVID-19 pandemic has been getting emergency support to our most vulnerable clients. We have been working closely with others across the borough in the public and voluntary sector to ensure food reaches those who need it most. As this is something we were doing before coronavirus, our resources and 'expertise' are being drawn on to help inform the community response.

# CARIS HARINGEY

## Trustees' Report

For the year ended 31 March 2020

---

Since the start of lockdown, we have given out around ten times our usual number of food parcels. We've also given out additional items, such as toiletries, nappies and packs of educational supplies for the children. We have a partnership with a local Morrison's supermarket who have supplied us with food regularly, and generous individual supporters and groups who continue to collect for us, in particular Hampstead Parish Church and the Muswell Hill Synagogue.

### ESOL (English for Speakers of Other Languages)

CARIS Haringey has continued our partnership with the Workers' Educational Association (WEA) to provide ESOL courses to our clients. This year we ran twice-weekly classes throughout the year at two levels: entry levels 1 and 2/3.

An inability to speak, read or write in English, is one of the many reasons CARIS clients may face disadvantage and exclusion. Other factors could be their financial situation, immigration status, lack of access to online and digital services and not having a permanent address. We work with clients to overcome these barriers, reducing isolation and inequality.

### Summer Playscheme

During the school holidays we held a three-week Summer Playscheme for children living in temporary accommodation. 282 children and 154 parents took part. The theme this year was Ordinary is Extraordinary. We explored the wonders in the everyday world around us and how ordinary people can achieve extraordinary things. Activities included art, cooking, dance, drama, and storytelling. While the children were having fun, we also ran useful workshops for their parents, covering budgeting, Universal Credit and Brexit. To support health and wellbeing we had visits from a hairdresser, dentist and fitness coach and ran sessions on mindfulness and healthy eating. Art specialists from Universities led trips to the Tate Britain and the House of Illustration. We also ran popular day trips to the seaside at Walton-on-the-Naze and Clacton-on-Sea.

### Christmas Party

Christmas is always a joyous celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books to families in need. We hosted two children's parties this year, with 126 children attending. The little ones enjoyed meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children.

### Partnerships

We have continued to work in partnership with other voluntary organisations and faith groups. In June 2019, staff member, Jane Young, had the honour of representing CARIS Haringey and meeting Her Majesty the Queen at a reception at Buckingham Palace to celebrate the work of UK faith and belief groups in promoting community cohesion. We continue to meet with local MPs and Councillors at various forums and meetings.

We have made social media a huge focus this year. We have increased our profile on Facebook, Instagram and WhatsApp. These have been paramount to increasing the awareness of destitution and the work CARIS undertakes. These media platforms mean we can request support and donations within the local community. We have also featured on the national news and in the local paper.

CARIS continues to participate in meetings organised by Bridge Renewal Trust engaging in the Thematic Forums and Community Centre Network sharing best practice and discussing how organisations best engage with Haringey Council as key community assets. We also continue to participate in meetings with London Destitution Forum.

We continue to build on our relationships with local businesses and look for opportunities for collaborative working with other organisations. We have continued to share our knowledge with local partners, in particular around support for those with no recourse to public funds.

# CARIS HARINGEY

## Trustees' Report For the year ended 31 March 2020

---

### Volunteers

The contribution of our volunteers is invaluable to CARIS Haringey's work. This year over 1,700 hours were given by 54 volunteers and by professionals delivering services.

Not only does the organisation benefit greatly from their support, but there are benefits for those who take part in volunteering. By providing suitable volunteering opportunities that suit individual lives, we have seen people improve their skills and grow in confidence. This year, we took on a new volunteer who had worked as a teacher in his country of origin but needed more experience working with children in the UK. Through our Summer Playscheme and weekly drop-in he was able to gain valuable experience and has now been offered a paid position in a local school.

In March 2020, two CARIS volunteers, Amy Robinson and Angie Anusionwu, were presented with Unsung Women Awards by the Mayor of Haringey for their work in the local community. Amy and Angie have both been volunteering for CARIS for many years, and regularly give up their time to lend a helping hand to those in need. Their dedication, generosity and skills are a real asset to CARIS and we're so pleased their contribution has been recognised in this way.

Shortly after the end of the year under review, the achievements of our volunteers were further celebrated as it was announced that CARIS Haringey has been awarded the Queen's Award for Voluntary Service. This is the highest award that can be given to voluntary groups in the UK and is equivalent to an MBE. We were delighted to receive news of this award and are grateful to all those involved with CARIS, in particular our volunteers. Without your help and support CARIS Haringey would not be able to achieve all we do, or make the difference to homeless and destitute families.

### FINANCIAL REVIEW

The charity's income for year ended 31 March 2020 was £247,546 (2019: £274,086) of which £197,391 was restricted (2019: £197,006). The expenditure for the year was £194,666 (2019: £247,847) of which £180,090 was restricted (2019: £189,372) finishing the year with net income of £52,881 (2019: £26,238).

### RESERVES POLICY

Total charity funds at year end amounted to £121,227 (2019: £68,346) of which £42,036 (2019: £24,735) represented restricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £73,364 (2019: £35,569), which is well within this target level.

### RISK REVIEW

Although SORP 2015 (FRS 102) does not require a formal risk assessment in the case of charities of the size of CARIS Haringey, the trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

### GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

# CARIS HARINGEY

## Trustees' Report For the year ended 31 March 2020

---

### PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

#### Statement of Trustees' Responsibilities

The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).


Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 07/10/2020 and signed on its behalf.

Trustee  
Name:

  
Sha-Kera King

## Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2020 as set out on pages 11 to 22.

### Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act.

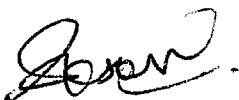
### Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountant, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Shrutu Soni FCCA FCIE  
Shrutu Soni Ltd • Chartered Certified Accountants  
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 12/10/2020

# CARIS HARINGEY

## Statement of financial activities (incorporating an income and expenditure account)

### For the year ended 31 March 2020

		2020			2019		
	Note	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
<b>Income from:</b>							
Donations and legacies	2	49,791	153,391	<b>203,182</b>	73,473	153,006	226,479
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	<b>44,000</b>	-	44,000	44,000
Investments		44	-	<b>44</b>	46	-	46
Other		320	-	<b>320</b>	3,561	-	3,561
<b>Total income</b>		<b>50,155</b>	<b>197,391</b>	<b>247,546</b>	<b>77,080</b>	<b>197,006</b>	<b>274,086</b>
<b>Expenditure on:</b>							
Raising funds	4	5,155	-	<b>5,155</b>	6,429	-	6,429
Charitable activities							
Summer playscheme	4	1,158	22,530	<b>23,688</b>	3,876	24,060	27,936
Advice and Advocacy Support and Outreach Family Support	4	8,262	157,560	<b>165,822</b>	48,171	165,312	213,483
<b>Total expenditure</b>		<b>14,576</b>	<b>180,090</b>	<b>194,666</b>	<b>58,475</b>	<b>189,372</b>	<b>247,848</b>
<b>Net income / (expenditure) for the year</b>	5	<b>35,580</b>	<b>17,301</b>	<b>52,881</b>	<b>18,605</b>	<b>7,634</b>	<b>26,238</b>
Transfers between funds		-	-	-	-	-	-
<b>Net movement in funds</b>		<b>35,580</b>	<b>17,301</b>	<b>52,881</b>	<b>18,605</b>	<b>7,634</b>	<b>26,239</b>
<b>Reconciliation of funds:</b>							
Total funds brought forward		43,611	24,735	<b>68,346</b>	25,006	17,101	42,107
<b>Total funds carried forward</b>	15	<b>79,191</b>	<b>42,036</b>	<b>121,227</b>	<b>43,611</b>	<b>24,735</b>	<b>68,346</b>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

# CARIS HARINGEY

## Balance sheet

Company no. 3304699

As at 31 March 2020

	Note	£	2020 £	£	2019 £
<b>Fixed assets:</b>					
Tangible assets	10		<u>5,827</u>		<u>8,042</u>
			<b>5,827</b>		<b>8,042</b>
<b>Current assets:</b>					
Stock	11	2,075		4,110	
Debtors	12	-		3,550	
Cash at bank and in hand		<u>121,408</u>		<u>55,216</u>	
		<b>123,483</b>		<b>62,876</b>	
<b>Liabilities:</b>					
Creditors: amounts falling due within one year	13	<u>(8,083)</u>		<u>(2,572)</u>	
<b>Net current assets / (liabilities)</b>			<u><b>115,400</b></u>		<u>60,304</u>
<b>Total assets less current liabilities</b>			<u><b>121,227</b></u>		<u>68,346</u>
<b>Total net assets / (liabilities)</b>	14		<u><b>121,227</b></u>		<u><b>68,346</b></u>
<b>The funds of the charity:</b>					
Restricted income funds			<b>42,036</b>		<b>24,735</b>
Unrestricted income funds:					
General funds		<u>79,191</u>		<u>43,611</u>	
Total unrestricted funds			<u><b>79,191</b></u>		<u>43,611</u>
<b>Total charity funds</b>	15		<u><b>121,227</b></u>		<u><b>68,346</b></u>

For the year ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

### Trustees' Responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), were approved by the Board on 07/10/2020 and signed on its behalf by:



Name: Sha-Kera King  
Trustee

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

---

### 1 Accounting policies

#### a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

#### b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

#### c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

#### e) Donations of gifts, services and facilities

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

#### f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

---

### 1 Accounting policies (continued)

#### g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

#### h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

#### i) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

- |                             |     |
|-----------------------------|-----|
| ● Summer playscheme         | 0%  |
| ● Advice and Family Support | 97% |
| ● Fundraising               | 3%  |

#### j) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

#### k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- |                                |         |
|--------------------------------|---------|
| ● Office fixture and equipment | 5 years |
|--------------------------------|---------|

#### l) Stocks

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

### 1 Accounting policies (continued)

#### m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

#### o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

#### p) Pensions

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

### 2 Income from donations and legacies

	Unrestricted	Restricted	2020 total	2019
	£	£	Total	Total
			£	£
Individual and church donations	18,207	-	18,207	32,577
Grants from Trusts and Foundations	-	153,391	153,391	153,006
Donated goods	31,584	-	31,584	40,896
	<u>49,791</u>	<u>153,391</u>	<u>203,182</u>	<u>226,479</u>

Donations from churches includes £3,130 from St Michael's Church in Highgate (2019: £2,500), £3,363 from Hampstead Parish Church, £1,244 from 133rd London Boys Brigade Company and £1,000 from St Ann's Church, Tottenham (2019: £1,000).

### 3 Income from charitable activities

	Unrestricted	Restricted	2020	2019
	£	£	Total	Total
			£	£
Advice and Family Support LBH (Children's Centre Services)	-	44,000	44,000	44,000
Sub-total for Advice and Family Support	<u>-</u>	<u>44,000</u>	<u>44,000</u>	<u>44,000</u>
Total income from charitable activities	<u>-</u>	<u>44,000</u>	<u>44,000</u>	<u>44,000</u>

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

### 4 Analysis of expenditure

	Cost of raising funds £	Charitable activities			Support costs £	2020 Total £
		Summer Playscheme £	Advice and Family Support £			
Staff costs (Note 6)	3,493	15,508	82,884	8,965	<b>110,850</b>	
Rent	215	650	11,238	5,905	<b>18,008</b>	
Office Costs	94	-	7,111	45	<b>7,250</b>	
Travel and excursions	336	3,391	299	2,981	<b>7,007</b>	
Depreciation	-	-	-	2,215	<b>2,215</b>	
Other direct costs, insurance and utilities	259	4,139	4,610	5,169	<b>14,177</b>	
Donated goods	-	-	33,619	-	<b>33,619</b>	
	<b>4,397</b>	<b>23,688</b>	<b>139,761</b>	<b>25,280</b>	<b>193,126</b>	
Support costs	758	-	24,522	(25,280)	-	
Governance costs	-	-	1,540	-	<b>1,540</b>	
<b>Total expenditure 2020</b>	<b>5,155</b>	<b>23,688</b>	<b>165,822</b>	<b>-</b>	<b>194,666</b>	

Of the total expenditure, £14,576 was unrestricted (2019: £58,475) and £180,090 was restricted (2019: £189,372).

### 4A Analysis of expenditure

	Cost of raising funds £	Charitable activities			Support costs £	2019 Total £
		Summer Playscheme £	Advice and Family Support £			
Staff costs (Note 6)	4,678	20,015	111,744	12,005	<b>148,442</b>	
Rent	258	450	13,710	7,034	<b>21,451</b>	
Office Costs	120	-	9,120	58	<b>9,298</b>	
Travel and excursions	319	2,922	587	2,835	<b>6,664</b>	
Depreciation	-	-	-	2,215	<b>2,215</b>	
Other direct costs, insurance and utilities	217	4,549	4,588	3,761	<b>13,114</b>	
Donated goods	-	-	41,181	-	<b>41,181</b>	
	<b>5,592</b>	<b>27,936</b>	<b>180,930</b>	<b>27,909</b>	<b>242,366</b>	
Support costs	837	-	27,072	(27,909)	-	
Governance costs	-	-	5,481	-	<b>5,481</b>	
<b>Total expenditure 2019</b>	<b>6,429</b>	<b>27,936</b>	<b>213,483</b>	<b>-</b>	<b>247,847</b>	

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

### 5 Net incoming resources for the year

This is stated after charging / crediting:

	2020	2019
	£	£
Depreciation	2,215	2,215
Independent examiner's fee	1,440	1,440
Operating lease rentals:		
Property	18,008	21,451
	<u>18,008</u>	<u>21,451</u>

### 6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2020	2019
	£	£
Salaries and wages	90,578	121,574
Social security costs	4,784	6,976
Employer's contribution to defined contribution pension schemes	6,407	5,964
Other staff costs	9,081	13,928
	<u>110,850</u>	<u>148,442</u>

No employee earned more than £60,000 during the year (2019: nil).

The total employee benefits including pension contributions of the key management personnel were £23,028 (2019: £43,894).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2019: £nil). No charity trustee received payment for professional or other services supplied to the charity (2019: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the year (2019: nil).

### 7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2020	2019
	No.	No.
Charitable activities	6.0	6.0
	<u>6.0</u>	<u>6.0</u>

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

### 8 Related party transactions

There are no related party transactions to disclose for 2020 (2019: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

### 9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

### 10 Tangible fixed assets

	Office fixture and equipment £	Total £
<b>Cost or valuation</b>		
At the start of the year	34,956	<b>34,956</b>
Disposals in year	(9,336)	<b>(9,336)</b>
At the end of the year	<u>25,620</u>	<u><b>25,620</b></u>
<b>Depreciation</b>		
At the start of the year	26,914	<b>26,914</b>
Charge for the year	2,215	<b>2,215</b>
Eliminated on disposal	(9,336)	<b>(9,336)</b>
At the end of the year	<u>19,793</u>	<u><b>19,793</b></u>
<b>Net book value</b>		
At the end of the year	<u>5,827</u>	<u><b>5,827</b></u>
At the start of the year	<u>8,042</u>	<u><b>8,042</b></u>

All of the above assets are used for charitable purposes.

### 11 Stock

	2020 £	2019 £
Donated clothing and other items for distribution	<u>2,075</u>	<u>4,110</u>
	<u><b>2,075</b></u>	<u><b>4,110</b></u>

### 12 Debtors

	2020 £	2019 £
Accrued income	-	3,550
	<u>-</u>	<u>3,550</u>

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

### 13 Creditors: amounts falling due within one year

	2020	2019
	£	£
Trade creditors	1,193	1,132
Accruals	1,440	1,440
Deferred income	5,450	-
	<u>8,083</u>	<u>2,572</u>

### 14 Analysis of net assets between funds at the end of year - 31 March 2020

	General unrestricted	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	5,827	-	-	5,827
Net current assets	73,364	-	42,036	115,400
<b>Net assets at the end of the year</b>	<u>79,191</u>	<u>-</u>	<u>42,036</u>	<u>121,227</u>

### Analysis of net assets between funds at the start of year - 1 April 2019

	General	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	8,042	-	-	8,042
Net current assets	42,202	1,000	17,102	60,304
<b>Net assets at the end of the year</b>	<u>50,244</u>	<u>1,000</u>	<u>17,102</u>	<u>68,346</u>

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

### 15 Movements in funds during the year - 2020

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	4,368	14,200	(18,568)	-	-
Hornsey Parochial Charities	-	1,962	(1,962)	-	-
Tottenham Grammar School Foundation	-	2,000	(2,000)	-	-
Austin & Hope Pilkington Trust	-	1,000	(1,000)	-	-
<b>Advice and Advocacy Support and Outreach Family Support</b>					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Haringey Giving Changing Lives Programme	-	2,875	-	-	2,875
Joseph Rank Trust	-	12,500	(9,375)	-	3,125
City Bridge Trust	-	5,450	(5,450)	-	-
WHSmith Community Grant	-	200	(200)	-	-
Tudor Trust	10,000	30,000	(30,000)	-	10,000
Woodward Trust	565	-	(565)	-	-
Big Lottery Fund	9,802	83,204	(66,970)	-	26,036
<b>Total restricted funds</b>	<b>24,735</b>	<b>197,391</b>	<b>(180,090)</b>	<b>-</b>	<b>42,036</b>
<b>Unrestricted funds:</b>					
<b>General funds</b>					
	43,611	50,155	(14,576)	-	79,191
<b>Total unrestricted funds</b>	<b>43,611</b>	<b>50,155</b>	<b>(14,576)</b>	<b>-</b>	<b>79,191</b>
<b>Total funds</b>	<b>68,346</b>	<b>247,546</b>	<b>(194,666)</b>	<b>-</b>	<b>121,227</b>

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

### 15 Movements in funds during previous year - 2019

	At the start of £	Incoming £	Outgoing £	Transfers £	At the end £
<b>Restricted funds:</b>					
<b>Summer playscheme</b>					
BBC Children In Need	4,712	14,200	(14,544)	-	4,368
Hornsey Parochial Charities	-	3,516	(3,516)	-	-
Wednesday's Child	-	2,000	(2,000)	-	-
Tottenham Grammar School Foundation	-	4,000	(4,000)	-	-
<b>Advice and Advocacy Support and Outreach Family Support</b>					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Tudor Trust	-	30,000	(20,000)	-	10,000
Frontline Homeless	-	10,000	(10,000)	-	-
Garfield Weston Foundation	-	10,000	(10,000)	-	-
Woodward Trust	-	1,000	(435)	-	565
Big Lottery Fund	12,389	78,290	(80,877)	-	9,802
<b>Total restricted funds</b>	<b>17,101</b>	<b>197,006</b>	<b>(189,372)</b>	<b>-</b>	<b>24,735</b>
<b>Unrestricted funds:</b>					
<b>Designated funds:</b>					
New premises	1,000	-	-	(1,000)	-
<b>Total designated funds</b>	<b>1,000</b>	<b>-</b>	<b>-</b>	<b>(1,000)</b>	<b>-</b>
<b>General funds</b>	<b>24,006</b>	<b>77,080</b>	<b>(58,475)</b>	<b>1,000</b>	<b>43,611</b>
<b>Total unrestricted funds</b>	<b>25,006</b>	<b>77,080</b>	<b>(58,475)</b>	<b>-</b>	<b>43,611</b>
<b>Total funds</b>	<b>42,107</b>	<b>274,086</b>	<b>(247,847)</b>	<b>-</b>	<b>68,346</b>

# CARIS HARINGEY

## Notes to the financial statements

For the year ended 31 March 2020

---

### 16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the

	Property	
	2020	2019
	£	£
Less than one year	13,500	10,000
	<u>13,500</u>	<u>10,000</u>

### 17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

