

ONE TO ONE (ENFIELD)

England & Wales · Charity number 1061507

Details

Other names	...
Status	Registered
Legal form	Charitable company
Company number	03324923
Registered	1997-03-24
Register	View on the Charity Commission register

Contact

Address	2 Farm Road London N21 3JA
Phone	020 3971 3984
Email	andrew@one-to-one-enfield.co.uk
Website	www.one-to-one-enfield.co.uk

Activities

Objects: (A) TO ASSIST AND RELIEVE PEOPLE WITH LEARNING DIFFICULTIES LIVING WITHIN THE LONDON BOROUGH OF ENFIELD IN THE INTERESTS OF SOCIAL WELFARE TO BECOME ACTIVE MEMBERS OF THE COMMUNITY AND (B) TO EDUCATE THE PUBLIC AS TO THE DIFFICULTIES ENCOUNTERED BY PEOPLE WITH LEARNING DIFFICULTIES AND THE ADVANTAGES OF INTEGRATING SUCH PEOPLE INTO THE GENERAL COMMUNITY

Activities: Promoting the inclusion of people with learning difficulties in the life of the local community

Classification

- **How:** Provides Human Resources, Other Charitable Activities
- **What:** General Charitable Purposes, Disability, Arts/culture/heritage/science, Amateur Sport, Environment/conservation/heritage, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** LONDON BOROUGH OF ENFIELD
- Throughout London

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£205,568	£201,973	-	-
2024-03-31	£262,557	£274,408	-	-
2023-03-31	£222,225	£266,412	-	-
2022-03-31	£190,188	£175,981	-	-
2021-03-31	£227,854	£198,208	-	-

Trustees

Name	Role	Appointed
PAUL LEHRIAN	Chair	
Andrew Comyn Vaughan Wilkes		2024-10-01
Clive Head		2024-10-01
Gillian Ford		2024-10-01
Sabrina Hammer		2025-02-01
Victor Stephen Chanaryn		2017-09-19

ONE TO ONE (ENFIELD)

England & Wales - Charity number 1061507

Accounts



One To One (Enfield)

(A Company limited by guarantee)

Report and Financial Statements

Year ending 31 March 2025

Charity number 1061507

Company number: 3324923 (England & Wales)



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Organisational Information

Charity number: 1061507
Company number: 3324923
Registered Office: 2 Farm Road, London, N21 3JA
Bankers: Metro Bank, Enfield Town

Board of Trustees

Chair: Paul Lehrian

Trustees and Directors:

Victor Chanaryn
Elizabeth Johnstone Taoushanis
Faye Medcalf (resigned August 2024)
Gill Ford from 1st October 2024
Andrew Wilkes from 1st October 2024
Sabrina Hammer from 1st January 2025
Treasurer: Michael Alan Wells (resigned September 2024)
Clive Head from 1st October 2024

Company Secretary: Andrew Harrington

Key Management Personnel:

Finance Lead: Andrew Harrington

Chief Executive Officer: Fiona Jackson and Andrew Harrington (job share)



One To One (Enfield) Report of the Trustees for the Year Ending 31 March 2025

Trustees Report

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2025 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)

Objects and Activities

The charity's objects and related activities are:

Object 1

To assist and relieve people with learning difficulties living in Enfield (in the interests of social welfare) to become active members of the community.

Object 2

To educate the public as to the difficulties encountered by people with learning difficulties and the advantages of integrating such people into the general community.

Delivery of Community Projects April 2024 – March 2025

Our community projects in the year 2024 – 2025 were developed to ensure delivery of the above objectives and we are grateful to

- The Big Lottery – Lets Speak Out (£46,683)
- National Lottery Awards for All – Choir (£10,000)
- London Borough of Enfield – Enfield Autism Hub (£35,162)
- City Bridge Foundation - member activities (£47,600)
- Partners for Health – Health and Wellbeing (£4,450)
- Shanley – Gardening (£2,500)
- Groundworks – Cycling and walking (£5,000)
- Robert McAlpine – Volunteer development (£10,000)
- Robert McAlpine Health and Well Being (£10,000)
- Safer Neighborhoods (£2,400)
- Thomas Wall – literacy (£5,000)
- Thomas Wall – literacy to employment 9 (£5,000)



- EVA – Money Matters (£8,000)
- Sport England (£13,999)
- Garfield Weston – Core (£7,500)
- Mayor of Enfield Charity of the year – (£8,000)

Support People to Speak Out - Funded by the Big Lottery Community Fund

We host the Enfield Learning Difficulties and Autism Council (LDAC). These are elected representatives speaking up on behalf of their peers and working with the Local Borough of Enfield, Transport for London, NHS providers, and others, on matters related to disability awareness training, transport, housing and care.

This project is funded by a grant from the National Lottery Community Fund.

The LDAC meets monthly. Councillors continued their representation at local and London wide meetings, for example at Transport for London, Learning Disability Partnership Board, Hate Crime, and Safeguarding. Councillors, in addition, were represented on a London Ambulance Service group.

Lottery Awards for All

Lottery awards for all have allowed us to develop the number of people within the choir and expand the number of places the choir has performed at. This award has helped us to perform at the Royal Free Hospital, Chase Farm Hospital, Westminster University as well as Edmonton Shopping Centre and other local venues.

Let's Make Enfield Autism Friendly and Develop a Peer Support Hub - Funded by LBE

The Adult Autism Hub continued to go from strength to strength. We ran another highly successful conference, with over 50 members, professionals and parents in attendance. Our team of staff and volunteers helped the day run smoothly, and we were proud to welcome inspirational speakers.

We provided over 60 individual appointments throughout the year and 3 monthly peer support groups, one monthly evening group run with our partner Enfield National Autistic Society (ENAS).

One To One will continue to support Enfield National Autistic Society and ensure autistic individuals are represented and have their voices heard in the community.

Support People to Get Out and About - Funded by City Bridge Trust

This funding ended in November 2024.

Our Community Inclusion work is made up of a variety of projects all with the aim of ensuring that our members can be actively involved in community life. The City Bridge Trust project Let's Get Out and About is all about inclusion in arts and culture, digital empowerment and development of communication and branding of the charity.

The project is led by a steering group comprising of 12 members. Activities within this contract included:

- Weekly Choir
- Quiz nights / Pub catch ups.
- A Christmas party.



- Weekly Chat and Relax Group
- Trips
- Digital Empowerment individual and group sessions
- Delivery of a newsletter

Health and Well Being - Funded by Partners for Health

This funding ceased in July 2024

We held a range of very comprehensive monthly sessions in conjunction with the Royal Free Hospital, Chase Farm, Healthwatch, MIND and Community nursing. This course was designed to support members in making healthy life choices including exercise, diet and accessing appropriate health services.

Gardening - Shanley

Our gardening group has been well established for many years, and we were pleased to be awarded a grant that has allowed us to continue with this popular group based in Bush Hill Park. Thanks go to the Friends of Bush Hill Park who allow us to use their facilities. The Shanley Grant finished in November 2024 but we are delighted to be able to carry on with this group through lottery funding.

Cycling and Walking – Funded by Groundworks

Linking to promoting health and well-being and staying active, we were successful in being awarded a grant to promote cycling and walking groups for our members in early 2024.

This initial project was very successful and popular, allowing walking groups and cycling sessions throughout the year.

We are now in our second year of funding and have continued with these sessions led by our expert cycling instructor. Our equipment is loaned through the London Borough of Enfield and we are delighted to be utilizing Bush Hill Park for our cycling sessions.

Walking groups are arranged both within the Borough as well as more extensively across London.

Volunteer Engagement – Funded by Robert McAlpine

Funding was awarded to help support our volunteer strategy and to develop the number of volunteers within One To One.

We thank all our volunteers for their commitment and support. Volunteers are recruited from our community, our membership and by open advertising to the wider public.

We provide support and supervision to all volunteers to help them achieve their volunteering goals.

Unfortunately, this funding ceased in January 2025 but the work undertaken has given us a firmer footing to recruit and support volunteers.

We are now able to give young people from local schools and colleges the opportunity to volunteer, giving them experience for life. AES - Smart, a local business, has provided valuable volunteers as well as the Methodist Housing Association (MHA) and a range of wonderful individuals who generously offer their time.



Health and Well Being - Funded by Robert McAlpine

Robert McAlpine awarded us a further grant to promote health and well-being across our membership. This was very welcome as it enabled the charity to continue the great work we had undertaken with our previous funding.

We continue to work closely with the Royal Free Hospital, Chase Farm, Healthwatch, MIND and Community nursing providing a range of informative sessions to improve our members' awareness of how to ensure they live healthy lives.

Safer Neighborhoods' – Keeping Safe in Enfield

We received money to help members keep themselves safe from abuse, scams and danger.

Throughout the year we have arranged a series of workshops and have distributed and taught appropriate use of panic alarms.

Literacy Project – Funded by Thomas Wall

This initial programme, that ended in December 2024, was delivered in conjunction with Niburu and MHA to provide group 'Write, Read and succeed' group sessions. In addition, we recruited an individual teacher to provide bespoke teaching sessions.

We were successful in being awarded funding for a second year and are focusing on improving both written and verbal skills to improve the employment opportunities for our members.

This funding will continue until December 2025.

Money Confidence EVA

This programme ceased in December 2024. At the beginning of the programme, we held workshops to evaluate the financial concerns our members face and after that we were able to deliver money-based workshops to support members in resolving their difficulties. In addition, we developed an ongoing partnership with Barclays bank to support greater understanding of financial matters and to increase the awareness of financial scams and how banking staff can help. Part of this programme including the practical development of life skills to ensure budget planning within the home and basic mathematical skills required.

Getting Members Moving – Sport England

This project started in early 2025 and we aimed to increase levels of activity within the learning disabled and autistic population in Enfield and show a demonstrative improvement in both the mental and physical health of this population.

We have provided a wide range of sports and general fitness activities across 6 different venues both within the Brough and elsewhere.

We have also engaged with existing sports clubs to encourage greater levels of integration within the broader community.



Garfield Weston

During the year we received funding for core and running costs to improve and develop our support for members.

Mayor of Enfield

The grant received from the mayor of Enfield allowed us to continue to fund our marvellous choir at a time when funding was uncertain. Happily, since that time, there are now funds available to ensure the stability of the choir for the next 2 years.

Thank you:

One To One (Enfield) thanks our small but dedicated army of volunteers and committed staff who have ensured that all projects have been delivered successfully at a time of great change within the charity.

This year has seen another increase in member's demands, cost of living difficulties, stress and angst. Community engagement and representation continues to be vital to ensure funds are raised through the generosity of our local community, events, and activities. We thank local supports in their unwavering generosity of time and funds, especially The Ridgeway Tavern Manager and Staff, the Women's Institute, the Rotary Clubs of Enfield, St Paul's school as well as other schools and local businesses.



Structure, Governance and Management

Keep One-to-One Open and Well Run

We have a strong Board and good plans to deliver Leadership, Governance, Risk Management and Safeguarding ensuring that we keep to our charitable aims.

Trustee Board

Throughout 2024/25 we have continued to develop and strengthen our Board. We still aim for 60% of the Board to have lived experience. We have four new Trustees, one with lived experience and three with attributes needed for the strengthening of the Board.

Our three sub-committees are running well, Finance and Fundraising, Members' Council, and Research and Development (Started March 2025).

The Board signs off the annual plan and instructs our Chief Executive to find funds to do the work.

Membership Voice

The Member's Council was set up Autumn 2023. It reports to the Board. This committee has 12 members as representatives. They, along with the CEO, work on developing the annual plan and review / support existing project delivery. Our Chair also chairs this committee.

Legal Obligations

Andrew Harrington is our Company Secretary. He ensures Companies House and Charity Commission Returns are up to date. The Board is updated and discuss any issues that are affected by laws e.g., Employment Law, Health & Safety etc.

Managing Risk and Adult Safeguarding

The Board recognises that the organisation faces a range of risks. There are risks to individuals, for example service users, volunteer members, the public and our staff; and there are risks to our organisation.

Our Safeguarding Board Trustee stood down and the Board responsibility for Safeguarding is now Andrew Harrington. A new board advisor is being sought to assist and support the CEOs to oversee safeguarding effectively.

Reserves Policy

The Trustees agreed to a reserves policy, setting a level of Designated Fund which is reviewed annually. The charity has unrestricted funds secured for a minimum of three months and maximum five months' running costs. This was achieved throughout the year.

Staffing

We employ a small team to run the office, support members in their events and engage in activities.



Statement of Trustees' Responsibilities and Corporate Governance

The charity trustees, who are also the directors of One To One (Enfield) for the purposes of company law, are responsible for preparing a trustees' annual report and financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the situation of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and estimates that are reasonable and prudent.
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statement may differ from legislation in other jurisdictions.

Statement as to the disclosure to our auditors

In so far as the trustees are aware at the time of approving our trustees' annual report:

- There is no relevant information, being information needed by the auditor in connection with preparing their report, of which the charity's auditor is unaware, and
- The trustees, having made enquiries about fellow directors and the charity's auditor that they ought to have individually taken, have each taken all steps that he/she is obliged to take as a director to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

By order of the Board of Trustees


Clive Head (Treasurer)


Date



Independent Examiner's Report to the Trustees of One To One (Enfield)

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and Basis of Report

As the Charity's trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Maya Kemp
Keepabook Ltd
40 Cicero Crescent
Fairfields
Milton Keynes
MK11 4AU

July 2025



One To One (Enfield) Statement of Financial Activities for the Year Ending 31 March 2025

		Unrestricted Funds	Restricted Funds	Designated Funds	Total Funds 2024	Total Funds 2023
	Note	£	£	£	£	£
Income And Endowments From:						
Donations and Grants	2	67,759	34,399	-	102,158	93,091
Charitable Activities	3	-	103,227	-	103,227	160,850
Other Trading Activities		-	-	-	-	-
Investments	4	173	-	-	173	864
Other		10	-	-	10	7,752
Total Income		67,942	137,626	-	205,568	262,557
Expenditure On:						
Charitable Activities	5	5,930	196,043	-	201,973	274,408
Other		-	-	-	-	-
Total Expenditure		5,930	196,043	-	201,973	274,408
Net Income/(Expenditure)		62,013	(58,417)	-	3,595	(11,851)
Net Movement in Funds		62,013	(58,417)	-	3,595	(11,851)
Reconciliation of Funds:						
Total Funds Brought Forward		98,115	7,732	37	105,885	117,739
Total Funds Carried Forward		160,128	(50,685)	37	109,480	105,885

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure amounts above relate to continuing activities.

The notes on pages 14-19 form part of these financial statements.




One To One (Enfield) Balance Sheet as at 31 March 2025

	Note	2025 £	2024 £
Current Assets:			
Debtors	7	5,000	5,000
		172,326	155,997
Cash at Bank and in Hand			
Total Current Assets		177,326	160,997
Liabilities:			
Creditors: Amounts Falling Due Within One Year	8	(67,846)	(55,112)
Net Current Assets		(67,846)	105,885
Total Net Assets or Liabilities		109,480	105,885
The Funds of the Charity:			
Restricted Income Funds	9	(50,685)	7,732
Unrestricted Funds	9	160,128	98,115
Designated Funds		37	37
Total Charity Funds		109,480	105,885

The Trustees have prepared these accounts in accordance with section 398 of the Companies Act 2006 and section 138 of the Charities Act 2011. These accounts are prepared in accordance with the special provision of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 15-20 form part of these financial statements.



Clive Head

Treasurer



Andrew Harrington

CEO on behalf of the Trustees

Approved by on 15.09.2025



Notes to the Accounts

1. Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 issued in February 2016, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

One To One (Enfield) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Preparation of the Accounts on a Going Concern Basis

One To One (Enfield) has reported a surplus of £3,595 for the year. The trustees are of the view that the immediate Mure of the Trust for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

The trustees remain in regular contact with the local authority and other funders to secure their on-going support.

Income Recognition

Income is recognised when the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably. Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service it is deferred until the criteria for income recognition are met.

Donated Services and Facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised for more information about their contribution refer to the Trustees' annual report.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest Receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund Accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the Trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Charity's work or for specific projects being undertaken by the Charity.

Expenditure and Irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- Costs of raising funds comprise all costs attributed to the fundraising activities undertaken, including support costs.
- Expenditure on charitable activities includes the costs information and support events and other educational activities undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible Fixed Assets

Tangible fixed assets are recorded at cost, including incidental costs of acquiring the asset.

Depreciation is provided so as to write off the cost of the fixed asset, less its estimated residual value, over their expected useful lives.

All assets costing more than £500 are capitalised.



Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Cash at Bank and in Hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

Pensions

The charitable company offers a stakeholder scheme and makes contributions equivalent for 5% of employees' gross salary. These are charged in the SOFA as incurred.

The charitable company offers a stakeholder scheme and makes contributions equivalent to 5% of employees' gross salary. These are charged in the SOFA as incurred.

2. Income from Donations and Grants

Income from donations and grants was £127,158 (2024: 93,091) £34,399 was restricted (2024: £6,500)

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Robert McApline		10,000	10,000	-
Sport England		13,999	13,999	-
Thomas Wall		5,000	5,000	-
Groundwork London	-	3,400	3,400	5,000
Cash4Clubs		2,000	2,000	-
Postcode Lottery	25,000	-	25,000	-
Enfield Voluntary Wellbeing	-	-	-	1,500
Donations	67,759	-	67,759	86,591
Total	92,759	34,399	127,158	93,091

3. Income from Charitable Activities

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Grants				
Big Lottery Fund	-	42,527	42,527	54,439
Enfield Voluntary Action	-	-	-	5,600
People's Health Trust	-	-	-	3,852
City Bridge Trust	-	23,950	23,950	50,460
LB Enfield – Autism Contract	-	36,750	36,750	46,499
Total	-	103,227	103,227	160,850

In 2024 all income was restricted.

4. Income from Investments

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Bank Interest Receivable	173	-	173	864
Total	173	-	173	864

In 2024 £864 was unrestricted income.

5. Analysis of Expenditure on Charitable Activities

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Charitable Activities	4,130	196,043	200,173	272,608
Governance Costs	1,800	-	1,835	1,800
Total	5,930	196,043	201,973	274,408

6. Governance Costs

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Independent Examination	1,800	-	1,800	1,800
Total	1,800	-	1,800	1,800

7. Trustee Expenses

Trustee expenses totalled £0 for 2025 (2024: £261)

8. Debtors

	2025	2024
	£	£
Other Debtors	5,000	5,000
Trade Debtors	-	-
	<u>5,000</u>	<u>5,000</u>

9. Creditors: Amounts Falling Due Within One Year

	2025	2024
	£	£
Trade Creditors	34,370	22,042
Other Creditors	30,796	28,590
Accruals	2,680	4,480
	<u>67,847</u>	<u>55,112</u>

10. Analysis of Net Assets Between Funds

	2025	2025	2025	2025
	Unrestricted	Restricted	Designated	Total Funds
	Funds	Funds	Funds	
	£	£		£
Current Assets	162,808	14,481	37	177,326
Current Liabilities	(2,680)	(65,166)		(67,846)
Total	<u>160,128</u>	<u>(50,685)</u>	<u>37</u>	<u>109,480</u>

	2024	2024	2024	2024
	Unrestricted	Restricted	Designated	Total Funds
	Funds	Funds	Funds	
	£	£		£
Current Assets	102,595	58,364	37	160,997
Current Liabilities	(4,480)	(50,632)		(55,112)
Total	<u>98,115</u>	<u>7,732</u>	<u>37</u>	<u>105,885</u>



11. Related Parties

One To One (Enfield) is a user led organisation and the majority of the Management Committee are users of the service. The User Directors act in accordance with the Charity Commissions guidelines for user led organisations and receive no preferential treatment in terms of receipt of services.

12. Lease Commitments

On 1 February 2023 One To One (Enfield) signed a lease on offices at 2 Farm Road, Winchmore Hill. Total rentals payable under operating leases:

	Land and Buildings	2024 Total	2024 Total
	£	£	£
Payable During the Year	12,252	12,252	12,252
Future Minimum Lease Payments Due			
Not Later Than 1 Year			
Later Than 1 Year and Not Later Than 5 Years			-
Total Payments	12,252	12,252	12,252

13. Contingent Liabilities

The charity operates a stakeholder pension scheme making contributions into the personal pension schemes of staff members. One such scheme has a deficit of £37 as at 30 September 2019 which would crystallise if the organisation withdraws from the scheme

ONE TO ONE (ENFIELD)

England & Wales - Charity number 1061507

Accounts



One to One (Enfield)

(A Company limited by guarantee)

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Year ending 31 March 2023

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Organisational Information

Charity number: 1061507
Company number: 3324923
Registered Office: 2 Farm Road, London, N21 3JA
Bankers: Barclays - Lower Edmonton Branch East London Group, PO Box2403, London N18 2BY

Board of Trustees

Chair: Paul Lehrian

Trustees and Directors: Richard Armstrong
Louise Collins (Resigned 30 November 2022)
Victor Chanaryn
Elizabeth Johnstone Taoushanis
Raymond Godfrey Luke (Resigned 21 June 2022)
Faye Medcalf
Patricia Ekech

Treasurer: Micheal Alan Wells

Company Secretary: Andrew Harrington (appointed 1 December 2022)
Lesley Walls (Resigned 30 November 2022)

Key Management Personnel:

Joint Chief Executive Officers: Fiona Jackson
Andrew Harrington



One to One (Enfield) Report of the Trustees for the Year Ending 31 March 2023

Trustees Report

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023 which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities; Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015)

Objectives and Activities

The charity's objects, desired outcomes and related activities are:

Objective 1

To assist and relieve people with learning difficulties living in Enfield (in the interests of social welfare) to become active members of the community.

Objective 2

To educate the public as to the difficulties encountered by people with learning difficulties and the advantages of integrating such people into the general community.

Community Projects April 2022 – March 2023

Our community projects in the year 2022 – 2023 were developed to ensure delivery of the above objectives and we are grateful to

- The Big Lottery
- Lloyds Foundation
- People's Health Trust
- London Borough of Enfield
- North Central London Health
- City Bridge
- Enfield Voluntary Action

In addition, our small army of volunteers and committed staff have ensured that all projects have delivered successfully at a time of great change within the charity.



Support People to Speak Out - Funded by the Big Lottery Community Fund

We hosted the Enfield Learning Difficulties and Autism Council. These are elected representatives speaking up on behalf of their peers and work with the council on matters related to disability awareness training, transport, housing, and care.

This project is funded by a grant from the National Lottery Community Fund.

The LDAC met monthly and by the end of March 2023 were able to meet in person. Councillors continued their representation on local and London wide meetings. For example, Transport for London, Learning Disability Partnership Board, Hate Crime, and Safeguarding. Councillors in addition were being represented on the London Ambulance Service group.

Support People to be More Independent - Funded by Lloyds Foundation

The aims of this project were:

- Peer support to increase confidence in beneficiaries' ability to take control of their lives.
- Outreach and support to people who live with family carers helping them move to independent living.
- Beneficiaries gain accredited qualifications designed to help them to live longer, make informed choices and move towards more independent lifestyles and support one another.

Within this project we ran monthly independent living peer support groups with the aim of keeping people safe and independent.

We have worked with a range of partner organisations included the Enfield Integrated Learning Disability Service, Enfield Disability Advice, Carers Centre, Enfield Connections. Our work has empowered our members to have their voice and concerns raised.

Support People to Get Out and About - Funded by City Bridge Trust

Our Community Inclusion work is made up of a variety of projects all with the aim of ensuring that our members can be actively involved in community life. The City Bridge Trust project Let's Get Out and About is all about inclusion in arts and culture, digital empowerment and development of communication and branding of the charity. The project is led by a steering group comprising of 12 members.

Activities within this contract included:

- Weekly Choir
- Quiz nights / Pub catch ups.
- A Christmas party.
- Weekly Chat and Relax Group
- Trips
- Digital Empowerment individual and group sessions
- Delivery of a newsletter



Let's Make Enfield Autism Friendly and Develop a Peer Support Hub - Funded by NCL and LBE

The funding to deliver a peer support hub changed in January 2023. The previous joint funded model ceased in December 2022, and we found ourselves in a situation whereby we the LBE continued their funding, however it was not match funded by NCL.

Our model therefore changed to a greater emphasis on group peer support after an initial individual session for all autistic adults that were referred to the hub.

The new contract started in November 2022 to deliver peer support and to offer social opportunities and support for autistic adults in the Borough.

The aim was to bring together Autistic people , carers, service providers and health & social welfare professionals to work together to help Enfield to become Autism Friendly.

During summer 2022 we ran an extremely successful conference online with the theme of gender and diversity within our autistic community.

In addition, we provided training to GPs and social care staff.

Health and Well Being - Funded by EVA

We delivered a hybrid programme model through to March 2023.

This programme was designed to reduce health inequalities and improve both physical and mental health.

Money Matters - Funded by EVA

We delivered a series of sessions in order to enable our members to be able to budget more effectively and reduce the likelihood of debt.

Let's Get Involved/ Lets be In the know - Funded by Peoples Health Trust

The project started in April 2021 and funding was for 2 years. Hence funding for this project ended in March 2023

Over the 2 years the project funded

Weekly Meetings for Chat and Relax in order to ensure that members kept connected and could provide peer support to one another

A WhatsApp Groups to aid communication that included 56 members.

Monthly meetings with guest speakers, exercise sessions to improve health and well being, particularly Zumba and exercise to music, death café sessions which moved to ' That's my life ' sessions .



Structure, Governance and Management

Keep One-to-One Open and Well Run

Leadership, Governance, Risk Management, Safeguarding and ensuring that we keep to our charitable aims. We have a strong Board and good plans.

Trustee Board

We reviewed our Board in 2022, supported by funding from Lloyds Foundation. This has led us to commence a new structure of Governance. We have Board that has places for 12 Directors/Trustees, these are voted for at our annual general meetings. We aim for 60% of the Board to have lived experience.

Our Board is supported by our staff and volunteers to consult with our members and make sure that we are doing what our members want and need us to do.

The Board signs off the annual plan and instructs our Chief Executive to find funds to do the work.

Membership Voice

We will commence in 2023 setting up a new committee that reports to the Board. This committee will have members as representatives who will work on developing the annual plan and review / support existing project delivery. Our Chair will led this committee with the support of the general manager.

Legal Obligations

Andrew Harrington is our Company Secretary. He ensures Companies House and Charity Commission Returns are up to date.

The Board is updated and discuss any issues that are affected by laws e.g., Employment Law, Health & Safety etc.

Managing Risk and Adult Safeguarding

The Board recognises that the organisation faces a range of risks. There are risks to individuals, for example, service users, volunteer members, the public and our staff; and there are risks to our organisation.

Laura Lucas joined the Board as a safeguarding advisor in 2023, replacing Raymond Luke who stepped down from being a Trustee leading on Safeguarding and Risk Management. Fiona Jackson, CEO, oversees all operational safeguarding.

Reserves Policy

The Directors have agreed a reserves policy, and this includes setting a level of Designated Fund, which is reviewed annually. Our aim was for Unrestricted Funds to have a minimum of three months and a maximum of five months at any one time. This was achieved throughout the year.



Volunteers

We thank all our volunteers for their commitment and support. Volunteers are recruited from our community, our membership, and by open advertising to the wider public.

We provide support and supervision to all volunteers to help them achieve their volunteering goals.

We work with the Local Authority to promote and support the Volunteers Recognition scheme.

Staffing

We employ a small team to run the office, support members in their events, and engage in activities.



Statement of Trustees Responsibilities and Corporate Governance

The charity trustees (who are also the directors of One to One (Enfield) for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with the applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in business.
-

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statement may differ from legislation in other jurisdictions.

Statement as to the disclosure to our auditors

In so far as the trustees are aware at the time of approving our trustees' annual report:

- there is no relevant information, being information needed by the auditor in connection with preparing their report, of which the charity's auditor is unaware, and
- the trustees, having made enquiries of fellow directors and the charity's auditor that they ought to have individually taken, have each taken all steps that he/she is obliged to take as a director in order to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

By order of the Board of Trustees

.....
Michael Alan Wells (Treasurer)

.....
Date



Independent Examiner's Report to the Trustees of One to One (Enfield)

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023

Responsibilities and Basis of Report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Trust as required by section 130 of the Act ; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Maya Kemp
Keepabook Ltd
40 Cicero Crescent
Fairfields
Milton Keynes
MK11 4AU

16th December 2023



One to One (Enfield) Statement of Financial Activities for the Year Ending 31 March 2023

		Unrestricted Funds	Restricted Funds	Designated Funds	Total Funds	Total Funds
					2023	2022
	Note	£	£	£	£	£
Income And Endowments						
From:						
Donations and Legacies	2	5,147	-	-	5,147	8,422
Charitable Activities	3	-	208,930	-	208,930	181,736
Other Trading Activities		-	-	-	-	-
Investments	4	192	-	-	192	30
Other		7,956	-	-	7,956	-
Total Income		13,295	208,930	-	222,225	190,188
Expenditure On:						
Charitable Activities	5	56,923	210,119	-	266,412	175,331
Other		-	-	-	-	650
Total Expenditure		56,923	210,119	-	266,412	175,981
Net Income/(Expenditure)		(42,998)	(1,189)	-	(44,187)	14,207
Net Movement in Funds		(42,998)	(1,189)	-	(44,187)	14,207
Reconciliation of Funds:						
Total Funds Brought Forward		65,516	96,370	37	161,923	147,716
Total Funds Carried Forward		22,518	95,181	37	117,736	161,923

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure amounts above relate to continuing activities.

The notes on pages 13-18 form part of these financial statements.



One to One (Enfield) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Current Assets:			
Debtors	7	-	10,688
Cash at Bank and in Hand		137,796	154,056
Total Current Assets		137,796	164,744
Liabilities:			
Creditors: Amounts Falling Due Within One Year	8	(20,060)	(2,821)
Net Current Assets		117,736	161,923
Total Net Assets or Liabilities			
		117,736	161,923
The Funds of the Charity:			
Restricted Income Funds	9	95,181	96,370
Unrestricted Funds	9	22,518	65,516
Designated Funds		37	37
Total Charity Funds		117,736	161,923

The Trustees have prepared these accounts in accordance with section 398 of the Companies Act 2006 and section 138 of the Charities Act 2011. These accounts are prepared in accordance with the special provision of Part 15 of the Companies Act relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 13-18 form part of these financial statements.

.....

Michael Alan Wells

Treasurer

.....

Fiona Jackson

CEO on behalf of the Trustees

Approved by on.....



Notes to the Accounts

1. Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Basis of Preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 issued in February 2016, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

One to One (Enfield) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Preparation of the Accounts on a Going Concern Basis

One to One (Enfield) has reported a deficit of £(44,187) for the year. The trustees are of the view that the immediate future of the Trust for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

The trustees remain in regular contact with the local authority and other funders to secure their on-going support.

Income Recognition

Income is recognised when the charity has entitlement to the funds, it is probable that the income will be received, and the amount can be measured reliably. Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service it is deferred until the criteria for income recognition are met.

Donated Services and Facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised for more information about their contribution refer to the Trustees' annual report.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to



obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest Receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

Fund Accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the Trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the Charity's work or for specific projects being undertaken by the Charity.

Expenditure and Irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- Costs of raising funds comprise all costs attributed to the fundraising activities undertaken, including support costs.
- Expenditure on charitable activities includes the costs information and support events and other educational activities undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible Fixed Assets

Tangible fixed assets are recorded at cost, including incidental costs of acquiring the asset.

Depreciation is provided so as to write off the cost of the fixed asset, less its estimated residual value, over their expected useful lives.

All assets costing more than £500 are capitalised.

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

Cash at Bank and in Hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.



Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

Pensions

The charitable company offers a stakeholder scheme and makes contributions equivalent for 5% of employees' gross salary. These are charged in the SOFA as incurred.

The charitable company offers a stakeholder scheme and makes contributions equivalent to 5% of employees' gross salary. These are charged in the SOFA as incurred.

2. Income from Donations and Legacies

Income from donations and legacies was £5,147 (2022: £8,422) all of which was unrestricted.

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Grants				
Jack Petchey Achievers	-	-	-	500
Access to Work	-	-	-	3,813
HMRC Covid Retention Scheme	-	-	-	1,557
Arnold Clark	-	-	-	1000
Donations	5,147	-	5,147	1,552
Total	5,147	-	5,147	8,422

3. Income from Charitable Activities

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Grants				
Big Lottery Fund	-	43,285	43,285	45,414
Enfield Voluntary Action	-	7,000	7,000	12,000
Lloyds Bank Foundation	-	34,700	34,700	32,533
People's Health Trust	-	22,814	22,814	20,914
City Bridge Trust	-	29,881	29,881	37,500
LB Enfield – Autism Contract	-	71,250	71,250	33,375
Total	-	208,930	208,930	181,736

In 2022 all income was restricted.

4. Income from Investments

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Bank Interest Receivable	192	-	192	30
Total	192	-	192	30

In 2022 £30 was unrestricted income.

5. Analysis of Expenditure on Charitable Activities

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Charitable Activities	54,493	210,119	264,612	173,063
Governance Costs	1,800	-	1,800	2,268
Total	56,923	210,119	266,412	175,331

6. Governance Costs

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Independent Examination	1,800	-	1,800	2,268
Total	1,800	-	1,800	2,268

7. Other Expenditure

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Grant Returned	-	-	-	500
Companies House Penalty	-	-	-	150
Total	-	-	-	650

8. Trustee Expenses

Trustee expenses totalled £330 for 2023 (2022: nil)

9. Debtors

	2023	2022
	£	£
Trade Debtors	-	10,688
	-	10,688

10. Creditors: Amounts Falling Due Within One Year

	2023	2022
	£	£
Trade Creditors	9,840	-
Other Creditors	5,740	142
Accruals	2,680	2,679
	18,260	2,821

11. Analysis of Net Assets Between Funds

	2023	2023	2023	2023
	Unrestricted	Restricted	Designated	Total Funds
	Funds	Funds	Funds	
	£	£		£
Current Assets	25,198	110,761	37	135,996
Current Liabilities	(2,680)	(15,580)		(18,260)
Total	22,518	95,181	37	117,736



	2022 Unrestricted Funds	2022 Restricted Funds	2022 Designated Funds	2022 Total Funds
	£	£		£
Current Assets	68,337	96,370	37	164,744
Current Liabilities	(2,821)	-		(2,821)
Total	65,516	96,370	37	161,923

12. Related Parties

One to One (Enfield) is a user led organisation and the majority of the Management Committee are users of the service. The User Directors act in accordance with the Charity Commissions guidelines for user led organisations and receive no preferential treatment in terms of receipt of services.

13. Lease Commitments

On 1 February 2023 One to One (Enfield) signed a lease on offices at 2 Farm Road, Winchmore Hill. Total rentals payable under operating leases:

	Land and Buildings	2023 Total	2022 Total
	£	£	£
Payable During the Year	12,252	12,252	-
Future Minimum Lease Payments Due			
Not Later Than 1 Year			
Later Than 1 Year and Not Later Than 5 Years			5,160
Total Payments	12,252	12,252	5,160

14. Contingent Liabilities

The charity operates a stakeholder pension scheme making contributions into the personal pension schemes of staff members. One such scheme has a deficit of £37 as at 30 September 2019 which would crystallise if the organisation withdraws from the scheme

ONE TO ONE (ENFIELD)

England & Wales - Charity number 1061507

Accounts

ONE TO ONE (ENFIELD)
(a company limited by guarantee)

FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

ALISON WARD ACCOUNTANTS
CHARTERED CERTIFIED ACCOUNTANTS

28 HILLS ROAD
BUCKHURST HILL
ESSEX IG9 5RS

**ONE TO ONE (ENFIELD)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

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	11	Balance Sheet
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	13	Notes to the Financial Statements

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT - STATUTORY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2022**

CHAIR

Paul Lehrian

TREASURER

Mike Wells

OTHER DIRECTORS

Richard Armstrong

Louise Collins

Victor Chanaryn

Elizabeth Johnstone Taoushanis

Godfrey Luke

Vickash Rambojan

SECRETARY

Lesley Walls

REGISTERED OFFICE

2 Farm Road
Winchmore Hill
N21 3JA

COMPANY NUMBER

3324923

CHARITY NUMBER

1061507

BANKERS

Barclays - Lower Edmonton Branch
East London Group
P O Box 2403
London N18 2BY

INDEPENDENT EXAMINER

Alison Ward FCCA
Alison Ward Accountants
Chartered Certified Accountants
28 Hills Road
Buckhurst Hill
Essex IG9 5RS

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT
FOR THE YEAR ENDED 31 MARCH 2022**

The directors (who are also trustees) present their report and the independently examined financial statements of the charitable company for the year ended 31 March 2022. The statutory information is shown on Page 1.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The company, number 3324923, is limited by guarantee and has charitable status. The charity registration number is 1061507. It has a Memorandum and Articles of Association as its governing document.

OBJECTS AND ACTIVITIES

The charity's objects, desired outcomes and related activities are:

Object 1

To assist and relieve people with learning difficulties living in Enfield (in the interests of social welfare) to become active members of the community.

Outcome we want to achieve

Inclusion for people with learning difficulties, so that they can live life on an equal footing with other people living in Enfield.

Our main activities based on the above are:

To work alongside people with learning difficulties who live in Enfield to;

- Assist them in developing skills which enable them to become full and active participants in the life of the local community in Enfield
- Ensure that they have a voice in public debate about community issues

Object 2

To educate the public as to the difficulties encountered by people with learning difficulties and the advantages of integrating such people into the general community.

Outcome we want to achieve

A community that is aware of the needs of people with learning difficulties and is open and accessible to them

Our main activities based on the above are:

- To publicise our services widely to the general public.
- To carry out introduction to volunteering training for anyone interested in our work
- To work with local voluntary and statutory organisations toward an inclusive community
- To provide user led training to other organisations

Queen's Award

We are proud to hold the prestigious Queen's Award for Voluntary Service which is the highest award given to local volunteer groups across the UK to recognise outstanding work done in their own communities. It is the MBE for volunteer groups and was awarded to us in 2015.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

This report shows you the work we have undertaken during April 2021 to March 22.

Keep One-to-One Open and Well Run

This is about Leadership, Governance, Risk Management, Safeguarding and ensuring that we keep to our charitable aims. We have a strong Committee and good plans.

Management Committee

We have places for 12 Directors/Trustees on the Management Committee these are voted for at our annual general meetings.

Our committee are supported by our staff and volunteers to consult with our members and make sure that we are doing what our members want and need us to do.

The Committee then instructs our Chief Executive to find funds to do the work.

Legal Obligations

Our Chief Executive is our Company Secretary. They ensure Companies House and Charity Commission Returns are up to date.

The Committee is updated and discuss any issues that are affected by laws e.g., Employment Law, Health & Safety etc.

Managing Risk and Adult Safeguarding

The Management Committee recognises that the organisation faces a range of risks. There are risks to individuals, for example, service users, volunteer members, the public and our staff; and there are risks to our organisation.

In 2021-22, Raymond Luke continued as the Trustee leading on Safeguarding and Risk Management.

Reserves Policy

The Directors have agreed a reserves policy, and this includes setting a level of Designated Fund, which is reviewed annually.

The Designated Fund is to cover the debt on withdrawal should we leave our pension fund with the Pensions Trust. This debt is currently £37. Our aim for Unrestricted Funds is to have a minimum of three months and a maximum of five months at any one time.

Volunteers

We thank all our volunteers for their commitment and support. Volunteers are recruited from our membership and by open advertising to the public. We provide support and supervision to all volunteers to help them achieve their volunteering goals.

We work with the Local Authority to promote and support the Volunteers Recognition scheme and help with the running of the celebration event, where nominated volunteers from organisations are presented with a certificate and badge in appreciation of their contribution to the community through volunteering. Most of our volunteers have received their badges and certificates.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

Staff

We employ a small team to run the office, support members in their events, and engage in activities.

During this time, we received funding from Lloyds Foundation for a 'Let's Get Prepared' project so that there was adequate handover from the previous Chief Executive to the 2 new Chief Executives who were appointed in January 2022 and started a phased induction in March 2022.

Staff at 31st March 2022:

Lesley Walls	Chief Executive	28
Nusrath Jaku	Head of Policy and People	28
Usha Sisodiya	Head of Culture, Health and Inclusion	21
Kanwal Naqvi	Administrator	18
Bee Bentall	Administrator	12
Karen Harris	Support Worker	10
Robert Pisolkar	Support Worker	7
Elizabeth Griffiths	Support Worker	5
Andrew Harrington	Chief Executive Designate	10
Fiona Jackson	Chief Executive Designate	10
Jay Bansal	Administrator	6

We also worked with the following self-employed professionals
Sonia Tonge - Zumba
Camilla Farrant of Music Therapy Tree - Let's Sing Out Choir

Partnership working

We continue to develop and expand our network and partnership working. We work with other charities, the local authority, and community groups to maximise opportunities for our members.

COVID-19 Pandemic

From March 2021 - March 2022 we were still significantly affected by the pandemic. We continued to provide activities via zoom. Where required we provided equipment and/or to facilitate sessions. During the year our staff team gradually returned from being furloughed. Volunteers continued to keep in contact with many members by phone, whilst our Chief Executive worked with the Management Committee and Enfield Council to develop a plan for the way forward.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

**Support People to Speak Out
Funded by the Big Lottery Community Fund**

We host Enfield Learning Difficulties and Autism Council. These are elected representatives speaking up on behalf of their peers and our disability awareness training. This is funded by a grant from the National Lottery Community Fund.

Councillors met on a monthly basis on Zoom. There were occasions that we could not provide full representation due to members not having sufficient access.

Councillors also continued their representation on local and London wide meetings. For example, Transport for London, Learning Disability Partnership Board, Hate Crime, Safeguarding ...

Councillors supported by our staff talked to Enfield Council Integrated Learning Disability Services about helping to get more people using smart phones and tablets. They also worked with our Fundraising Committee to launch our Let's Get Connected project. At the end of the year we prepared to return to face to face meetings.

**Support People to be More Independent
Funded by Lloyds Foundation**

The aims of this project are:

Peer support will lead to increased confidence in beneficiaries' ability to take control of their lives.

Outreach and support to people who live with family carers helping them move to independent living.

Beneficiaries gain accredited qualifications designed to help them to live longer, make informed choices and move towards more independent lifestyles and support one another.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

The main success of the project in the last year has been the monthly independent living peer support group meetings, which was hosted on zoom and regularly attended by members. As all activities were on line we were unable to provide the accredited training. During the lockdown we continued to run activities on zoom and also offering WhatsApp group support for people to stay connected with One-to-One and their friends. Our main aim was to keep people safe, healthy and reduce social isolation. The independent living peer support group, which was focused on support needs, has made significant contributions towards people feeling more confident to do new things and taking more control over making decisions for themselves, and talking about supports that they are lacking or if supports that they received were not working for them. Some of the difficulties people were experiencing were managing their budgets, difficulties understanding important letters and dealing with bill payments, people unable to see their GP and have their regular hospital appointments, booking online appointment for their Covid vaccinations. This was also an opportunity for the staff members to identify members' needs which compelled us to expand our capacity and work with external professionals and services to get the support that members needed. This was a positive thing for our organisation in terms of creating and developing a working relationship with other service providers. Some of the organisations which we have worked with are, Enfield Integrated Learning Disability Services, Enfield Disability Action, Enfield Connections, Enfield Voluntary Action, Enfield Council, supported living for adults with learning disabilities including Outwards, St John of Gods, New directions, and Riversides. We feel our work has empowered our members and they are able to voice their needs more effectively now.

**Support People to Get Out and About
Funded by City Bridge Trust**

Our Community Inclusion work is made up of a variety of projects all with the aim of ensuring that our members can be actively involved in community life. The City Bridge Trust project Let's Get Out and About Is all about inclusion in arts and culture.

We were still significantly impacted on because of the pandemic and continued lockdown.

Activities within this contract stayed on line and included:

Weekly Choir
Bi-weekly Quiz night
Virtual Discos
Christmas party
Weekly Chat and Relax Group
Virtual trips

Volunteers also continued to make phone calls to keep in touch with our more profoundly disabled members who are not able to benefit from our online activities.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

**Develop a Peer Support Hub
Funded by NCL and LBE**

Our work leading the Enfield Autism Strategy led us to identify a need for support to people who are isolated and excluded because they are on the autistic spectrum. Our learning from this, coupled with the impact on people with mild learning difficulties of local and national Government austerity measures, has led us to begin to develop a peer support hub.

We planned to develop a hub which the Hub will be a physical and virtual space for people who fall into the gap between meeting the criteria for disability benefits and services and also those who get minimum services as they live with family carers. Proposals have been developed and potential funders identified to help us to continue to develop the hub.

The Pandemic took our focus away from this work but we starting to put together a plan to implement in 2022.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

**Let's Make Enfield Autism Friendly
Funded by LBE**

The aim was to bring together people with Autism, carers, service providers and health & social Welfare professionals to work together to help Enfield to become Autism Friendly.

We continued to Co-Chair the Enfield Autism Strategy Steering Group on-line. We have had lots of FaceBook and Zoom contact with Autistic people. Have run surveys on people's feelings about the Pandemic and about their needs for the future.

**Health and Well Being
Funded by EVA**

We delivered an on line programme from January 2022.

This programme was designed to reduce health inequalities and improve both physical and mental health. Initially this was on line with plans to move to in person sessions were made.

**Let's Get Involved/ Let's be in the know
Funded by Peoples Health Trust**

The project started in April 2021 and funding is for 2 years.

By March 2022 we had delivered:

Weekly Meetings for Chat and Relax in order to ensure that members kept connected and could provide peer support to one another

A Whats App Groups to aid communication that included 56 members.

Monthly meetings with guest speakers in order to improve health and well being

Exercise activity sessions, particularly Zumba and exercise to music on line

Death Café Sessions which moved into That's my Life Sessions

We also introduced walk in the park sessions during the year as lockdown restrictions started to be lifted. In order to maximise the opportunities for members to meet outdoors we held 24 gardening sessions.

Sadly during this year we had some members who passed away and we had a memorial day in one of the local parks. In addition a Whats App group was set up for 17 members who were bereaved in this time.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

TRUSTEES RESPONSIBILITIES

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to:-

- 1) select suitable accounting policies and then apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent.
- 3) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SMALL COMPANY EXEMPTIONS

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

This report was approved by the board on 27 March 2023 and signed on their behalf.

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF ONE TO ONE (ENFIELD)
FOR THE YEAR ENDED 31 MARCH 2022**

I report on the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Ward FCCA

27 March 2023

Alison Ward Accountants
28 Hills Road
Buckhurst Hill
Essex IG9 5RS

ONE TO ONE (ENFIELD)
STATEMENT OF FINANCIAL ACTIVITIES (including the Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2022

	Unrestricted Note	Restricted Funds £	Restricted Funds £	Designated Funds £	Total 2022 £	Unrestricted Funds £	Restricted Funds £	Designated Funds £	Total 2021 £
Income									
Donations and legacies	5	8,422	-	-	8,422	22,654	-	-	22,654
Other trading activities	6	-	-	-	-	1,832	-	-	1,832
Income from charitable activities	7	-	181,736	-	181,736	7,425	195,870	-	203,295
Income from investments	8	30	-	-	30	73	-	-	73
Total Income		8,452	181,736	-	190,188	31,984	195,870	-	227,854
Expenditure on:									
Charitable activities	9	5,512	169,819	-	175,331	33,159	165,049	-	198,208
Other	11	150	500	-	650	-	-	-	-
Total expenditure		5,662	170,319	-	175,981	33,159	165,049	-	198,208
Net (expenditure)/income		2,790	11,417	-	14,207	(1,175)	30,821	-	29,646
Reconciliation of Funds									
Total funds brought forward at 1 April 2021		62,726	84,953	37	147,716	63,901	54,132	37	118,070
Total funds carried forward at 31 March 2022		65,516	96,370	37	161,923	62,726	84,953	37	147,716

The company made no recognised gains and losses other than those reported in the income and expenditure account.

The notes on pages 13 to 20 form part of these financial statements

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1a. Basis of preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 issued in February 2016, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

One to One (Enfield) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1b. Preparation of the accounts on a going concern basis

One to One (Enfield) has reported a surplus of £14,207 for the year. The trustees are of the view that the immediate future of the Trust for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

The trustees remain in regular contact with the local authority and other funders to secure their on-going support.

1c. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service it is deferred until the criteria for income recognition are met.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (CONTINUED)

1d. Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised. The trustees' annual report contains information about the contribution to the charity made by volunteers.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

1e. Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally on notification of the interest paid or payable by the Bank.

1f. Funds

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations or grants which the donor has specified are to be used solely for particular purposes/areas of the charity's work or for specific projects undertaken by the charity.

1g. Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1h. Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the assets, less their residual value, over their useful lives.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

1. ACCOUNTING POLICIES (CONTINUED)

1i. Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

1j. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1k. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

1l. Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

1m. Pensions

The charitable company offers a stakeholder scheme and makes contributions equivalent to 5% of employees' gross salary. These are charged in the SOFA as incurred.

1n. Pensions

The charitable company offers a stakeholder scheme and makes contributions equivalent to 5% of employees' gross salary. These are charged in the SOFA as incurred.

2. DEBTORS

	2022	2021
	£	£
Trade debtors	10,688	12,780
	<u>£ 10,688</u>	<u>£ 12,780</u>

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	-	1,422
Other creditors including taxation and social security	142	-
Accruals	2,679	1,594
	<u>£ 2,821</u>	<u>£ 3,016</u>

4. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2022
	£	£	£	£
Fund Balances at 31 March 2022 are represented by				
Current assets	68,337	96,370	37	164,744
Current liabilities	(2,821)	-	-	(2,821)
Total Net Assets	<u>£ 65,516</u>	<u>£ 96,370</u>	<u>£ 37</u>	<u>£ 161,923</u>
Fund Balances at 31 March 2021 are represented by				
Current assets	64,107	86,588	37	150,732
Current liabilities	(1,381)	(1,635)	-	(3,016)
Total Net Assets	<u>£ 62,726</u>	<u>£ 84,953</u>	<u>£ 37</u>	<u>£ 147,716</u>

The designated funds comprise funds set aside to cover statutory obligations.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

5. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Grants				
Jack Petchey Achievers	500	-	500	1,000
Access to Work	3,813	-	3,813	-
HMRC Coronavirus Job Retention Scheme	1,557	-	1,557	21,348
Arnold Clark	1,000	-	1,000	-
Donations	<u>1,552</u>	<u>-</u>	<u>1,552</u>	<u>306</u>
	<u>£ 8,422</u>	<u>£ -</u>	<u>£ 8,422</u>	<u>£ 22,654</u>

In 2021 all the income was unrestricted.

The charity benefits greatly from the involvement and enthusiastic support of its volunteers, details of which are given in our annual report. In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

6. OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Income from fundraising events	-	-	-	1,832
	<u>£ -</u>	<u>£ -</u>	<u>£ -</u>	<u>£ 1,832</u>

In 2021 £1,832 was unrestricted income.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

7. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Grants				
Big Lottery Fund	-	45,414	45,414	56,284
Enfield Voluntary Action	-	12,000	12,000	-
Postcode Community Fund	-	-	-	14,788
Lloyds Bank Foundation	-	32,533	32,533	40,923
Peoples Health Trust	-	20,914	20,914	-
City Bridge Trust	-	37,500	37,500	48,875
LB Enfield - Autism contract	-	33,375	33,375	35,000
	-	181,736	181,736	195,870
Fees receivable	-	-	-	7,425
	£ -	£ 181,736	£ 181,736	£ 203,295

In 2021 all income was restricted except for £7,425 from Fees receivable which were unrestricted.

8. INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Bank interest receivable	30	-	30	73
	£ 30	£ -	£ 30	£ 73

In 2021 £73 was unrestricted income.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

9. CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Charitable activities	3,244	169,819	173,063	197,068
Governance costs	2,268	-	2,268	1,140
	<u>£ 5,512</u>	<u>£ 169,819</u>	<u>£ 175,331</u>	<u>£ 198,208</u>

In 2021 the unrestricted expenditure on charitable activities was £33,159. All the remaining expenditure was restricted.

10. GOVERNANCE COSTS

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Independent examination	2,268	-	2,268	1,140
	<u>£ 2,268</u>	<u>£ -</u>	<u>£ 2,268</u>	<u>£ 1,140</u>

In 2021 all the expenditure was unrestricted.

11. OTHER EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Grant returned	-	500	500	-
Companies House penalty	150	-	150	-
	<u>£ 150</u>	<u>£ 500</u>	<u>£ 650</u>	<u>£ -</u>

12. TRUSTEES EXPENSES

Trustees may claim for reasonable out of pocket expenses but no claims were made during the year. (2021 - £Nil)

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022**

13. RELATED PARTIES

One to One (Enfield) is a user led organisation and the majority of the Management Committee are users of the service. The User Directors act in accordance with the Charity Commissions guidelines for user led organisations and receive no preferential treatment in terms of receipt of services.

The trustee, Godfrey Luke, is married to Naomi Luke who was a member of staff during the year. He was not involved in any decisions regarding her remuneration etc.

14. LEASE COMMITMENTS

On 1 February 2023 One to One (Enfield) signed a lease on offices at 2 Farm Road, Winchmore Hill. The charity previously had a 3 year lease on Community House, Fore Street, Enfield which ended in February 2021.

The minimum annual rentals under the leases are as follows:

	2022	2021
	£	£
- within 1 year	-	10,210
- within 2-5 years	5,160	-
	<u>£ 5,160</u>	<u>£ 10,210</u>

15. CONTINGENT LIABILITIES

The charity operates a stakeholder pension scheme making contributions into the personal pension schemes of staff members. One such scheme has a deficit of £37 as at 30 September 2019 which would crystallise if the organisation withdraws from the scheme.

ONE TO ONE (ENFIELD)

England & Wales - Charity number 1061507

Accounts

ONE TO ONE (ENFIELD)
(a company limited by guarantee)

FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

ALISON WARD ACCOUNTANTS
CHARTERED CERTIFIED ACCOUNTANTS

28 HILLS ROAD
BUCKHURST HILL
ESSEX IG9 5RS

**ONE TO ONE (ENFIELD)
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

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	14	Statement of Financial Activities
	15	Notes to the Financial Statements

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT - STATUTORY INFORMATION
FOR THE YEAR ENDED 31 MARCH 2021**

CHAIR

Paul Lehrian

TREASURER

Mike Wells

OTHER DIRECTORS

Richard Armstrong

Louise Collins

Victor Chanaryn

Elizabeth Johnstone Taoushanis

Godfrey Luke

Vickash Rambojan

SECRETARY

Lesley Walls

REGISTERED OFFICE

Community House

311 Fore Street

London N9 0PZ

COMPANY NUMBER

3324923

CHARITY NUMBER

1061507

BANKERS

Barclays - Lower Edmonton Branch

East London Group

P O Box 2403

London N18 2BY

INDEPENDENT EXAMINER

Alison Ward FCCA

Alison Ward Accountants

Chartered Certified Accountants

28 Hills Road

Buckhurst Hill

Essex IG9 5RS

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT
FOR THE YEAR ENDED 31 MARCH 2021**

The directors (who are also trustees) present their report and the independently examined financial statements of the charitable company for the year ended 31 March 2021. The statutory information is shown on Page 1.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The company, number 3324923, is limited by guarantee and has charitable status. The charity registration number is 1061507. It has a Memorandum and Articles of Association as its governing document.

OBJECTS AND ACTIVITIES

The charity's objects, desired outcomes and related activities are:

Object 1

To assist and relieve people with learning difficulties living in Enfield in the interests of social welfare to become active members of the community.

Outcome we want to achieve

To assist and relieve people with learning difficulties living in Enfield (in the interests of social welfare) to become active members of the community.

Our main activities based on the above are:

To work alongside people with learning difficulties who live in Enfield to;

- Assist them in developing skills which enable them to become full and active participants in the life of the local community in Enfield
- Ensure that they have a voice in public debate about community issues

Object 2

To educate the public as to the difficulties encountered by people with learning difficulties and the advantages of integrating such people into the general community.

Outcome we want to achieve

A community that is aware of the needs of people with learning difficulties and is open and accessible to them.

Our main activities based on the above are:

- To publicise our services widely to the general public.
- To carry out introduction to volunteering training for anyone interested in our work
- To work with local voluntary and statutory organisations toward an inclusive community
- To provide user led training to other organisations

Queen's Award

We are proud to hold the prestigious Queen's Award for Voluntary Service which is the highest award given to local volunteer groups across the UK to recognise outstanding work done in their own communities. It is the MBE for volunteer groups and was awarded to us in 2015.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Our plans for 2017-2021

In 2016 we used a Building Capabilities grant from the Big Lottery to have an external review and develop a business plan.

We chose the following as our priorities:-

- **Keep One-to-One Open and Well Run**
- **Support people to Live Longer Healthier Lives**
- **Support People to Speak Out**
- **Support People to be more Independent**
- **Support People to Get Out and About**
- **Develop a Peer Support Hub**

This report will show you the work we have done on our priorities during the year 2020-21, our achievements, the challenges that we face and our plan to address them. Our current work programme was due to end in 2020, but the pandemic led us to extend these plans for a further 12 months.

Keep One-to-One Open and Well Run

This is about Leadership, Governance, Risk Management, Safeguarding and ensuring that we keep to our charitable aims. We have a strong Committee and good plans for the future. However, our Chief Executive Lesley Walls who helped to found our organisation is due to retire in 2022, so succession planning is a big issue for us.

Management Committee

We have places for 12 Directors/Trustees on the Management Committee these are voted for at our annual general meetings. Currently we have 9 directors, 6 of these are people with learning difficulties and/or Autism; the others are a former Mayor of Enfield, our Treasurer who is a retired business person and our Safeguarding and Risk lead who has a management background in adult health & social welfare.

Committee members receive induction training and also attend training with Enfield Voluntary Action to help them to understand their individual and collective responsibilities.

Our Committee are supported by our staff and volunteers to consult with our members and make sure that we are doing what our members want and need us to do. The Committee then instructs our Chief Executive to find funds to do the work.

This year we have been working through the Charity Commissions new Code of Governance to ensure that we are compliant.

Each year one quarter of the Committee must stand down but they can ask to be re-elected. This year at our Annual General Meeting; Vickash Rambojan stood down and we thank him for his years of service as a Director/Trustee. Faye Medcalf and Patricia Ekechi both long time advisors to our Committee were appointed as Directors.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Legal Obligations

Our Chief Executive, Lesley Walls is also our Company Secretary. She ensures Companies House and Charity Commission Returns are up to date. Committee are updated and discuss any issues that are affected by laws e.g. Employment Law, Health & Safety etc.

Managing Risk and Adult Safeguarding

The Management Committee recognises that the organisation faces a range of risks. There are risks to individuals, for example, service users, volunteer members, the general public and our staff; and there are risks to our organisation as a whole. Raymond Luke has taken on the Trustee role of leading on Safeguarding and Risk Management. He works with the staff team checking that policies are appropriate and that correct procedures are followed. He updates the Committee as a regular agenda item. We have agreed that we cannot completely avoid risks and that some risk taking is part of our work. We have a policy in our members pack about 'Supporting Members to Take Risks'. This year we revised our policies and procedures for managing risks, and plan to review all our policies next year to include an easy read version of these policies.

Reserves Policy

The directors have agreed a reserves policy and this includes setting a level of Designated Fund, which is reviewed annually. The Designated Fund is to cover the debt on withdrawal should we leave our pension fund with the Pensions Trust. This is currently £36.50

Evaluating our work

In 2016 we commissioned an Organisational Strength Review paid for by the Big Lottery this was carried out by external consultant Ian Beever. Our Business Plan based on findings was launched at our Annual General Meeting in January 2017.

Monitoring and evaluations completed during year 2020-2021::

- Lloyds Foundation- Independent Project
- National Lottery Community Fund: Let Speak Out- year Four/Five
- City Bridge Trust - Let's Get Out and About - year 2
- Postcode Community Trust - End of Grant
- Bailey Thomas Foundation - End of Grant

Grants officers have confirmed that they are satisfied.
More about these projects further on in this report.

Staff Team

We started 2020-21 with 13 staff members. In last year we said thank you to three leavers; Marion Bailey, Susila Ukkah and Susan Wilkinson who retired after years of part-time service. Also two long term staff; Brian Barton and Naomi Luke reduced their working hours toward semi-retirement during 2020. In August 2020 we welcomed Kanwal Naqvi and Bee Bentall to our Team. In December our administrator Sarah took Maternity Leave. All our staff work part-time, their work hours are equal to 3.8 full time staff.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Staff at 31st March 2021:

Lesley Walls	Chief Executive	28
Nusrath Jaku	Volunteer Manager and Independence project leader	28
Usha Sisodiya	Sports Development Officer and Autism Strategy Project Leader	21
Kanwal Naqvi	Administrator	18
Bee Bentall	Administrator	12
Karen Harris	Support Worker	10
Robert Pisolkar	Support Worker	7
Elizabeth Griffiths	Support Worker Health	4
Brian Barton	Senior Support & Mentor	3
Naomi Luke	Senior Support & Mentor	3
Sarah Davis	Administration and Communications Officer	Maternity Leave

We also worked with the following self-employed professionals

Glen Bassett - Sing-along sessions
Sally Golding - Tai Chi
Sonia Tonge - Zumba
Camilla Farrant of Music Therapy Tree - Let's Sing Out Choir

Volunteers

Volunteers are recruited from our membership and by open advertising to the general public we currently have 45 active volunteers. Volunteers receive induction training on our 'Train to be a volunteer' course which is accredited by the Open College Network. Nusrath provides support and supervision to all volunteers to help them achieve their volunteering goals.

Partnership working

We are in contact with approximately 40 local organisations sharing ideas and making referrals. Some of these partners are having problems because of the funding cuts by the Council. Two new partners are Enfield Carers Centre and Enfield Connections. We also have been working with Enfield Council's Integrated Learning Disability Services to host an End of life course and Death Café, so people can discuss about death and support them to plan things in advance. We work with the Local Authority to promote and support the Volunteers Recognition scheme and help with the running of the celebration event, where nominated volunteers from organisations are presented with a certificate and badge in appreciation of their contribution to the community through volunteering. Most of our volunteers have received their badges and certificates.

COVID-19 Pandemic

In March 2020 alongside the rest of the UK we complied with the dramatic changes brought about by the Covid-19 pandemic. This caused us to totally change the way we worked for the 2020-21 year. Initially most of our staff team were furloughed using the Government Retention Scheme. Volunteers kept in contact with many members by phone, whilst our Chief Executive worked with the Management Committee and Enfield Council to develop a plan for the way forward. It did not take long for us to start bringing staff back and we are very proud of our Members, Staff and Volunteers for the way they have adapted over the long periods of Lockdowns. . Some funders offered changes to how we used our funds and we also got extra funds from them and from the Government (via the Big Lottery). We were able to carry on with meeting the goals of our planned projects and bring in new ones too. So here is what we have been doing.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

**Support people to Live Longer Healthier Lives
Funded by Postcode Lottery**

Zumba & Keep fit went online via Zoom. 49 sessions with an average attendance of 10.

Health and Wellbeing sessions and group health talks on Zoom. 15 sessions, average attendance 13.

Death Café and It's My Life sessions to think about loss, grief, and end of life. Six sessions, average attendance 11.

Chat & Relax sessions supporting peoples mental wellbeing. 50 sessions, average attendance 14.

**Support People to Speak Out
Funded by the Big Lottery Community Fund**

We host Enfield Learning Difficulties and Autism Council. These are elected representatives speaking up on behalf of their peers and our disability awareness training. This is funded by a grant from the National Lottery Community Fund.

Councillors met on a monthly basis on Zoom. There were initial struggles as some Councillors had no Wi-Fi access. We worked with them and their support services to help them to get 'on-line'.

Councillors also continued their representation on local and London wide meetings. For example, Transport for London, Learning Disability Partnership Board, Hate Crime, Safeguarding ...

Councillors supported by our staff talked to Enfield Council Integrated Learning Disability Services about helping to get more people using smart phones and tablets. They also worked with our Fundraising Committee to launch our Let's Get Connected project.

**Support People to be More Independent
Funded by Lloyds Foundation**

The aims of this project are:

Peer support will lead to increased confidence in beneficiaries' ability to take control of their lives

Outreach and support to people who live with family carers helping them move to independent living

Beneficiaries gain accredited qualifications designed to help them to live longer, make informed choices and move towards more independent lifestyles and support one another.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

This year, because of the pandemic, has been very challenging and difficult for everyone and we have witnessed some of the difficulties that our members have experienced, particularly those who are living independently in their flats and whilst many had to shield for months. The main success of the project in the last year has been the monthly independent living peer support group meetings, which was hosted on zoom and regularly attended by members. During the lockdown we have been running activities on zoom and also offering WhatsApp group support for people to stay connected with One-to-One and their friends. Our main aim was to keep people safe, healthy and reduce social isolation. The independent living peer support group, which was focused on support needs, has made significant contributions towards people feeling more confident to do new things and taking more control over making decisions for themselves, and talking about supports that they are lacking or if supports that they received were not working for them. Some of the difficulties people were experiencing were managing their budgets, difficulties understanding important letters and dealing with bill payments, people unable to see their GP and have their regular hospital appointments, booking online appointment for their Covid vaccinations. This was also an opportunity for the staff members to identify members' needs which compelled us to expand our capacity and work with external professionals and services to get the support that members needed. This was a positive thing for our organisation in terms of creating and developing a working relationship with other service providers. Some of the organisations which we have worked with are, Enfield Integrated Learning Disability Services, Enfield Disability Action, Enfield Connections, Enfield Voluntary Action, Enfield Council, supported living for adults with learning disabilities including Outwards, St John of Gods, New directions, and Riversides. We feel our work has empowered our members and they are able to voice their needs more effectively now. We are also pleased to say that in spite of all the challenges posed by the pandemic, we have helped one person to move out of the family home into their own flat.

**Support People to Get Out and About
Funded by City Bridge Trust**

Our Community Inclusion work is made up of a variety of projects all with the aim of ensuring that our members are able to be actively involved in community life. The City Bridge Trust project Let's Get Out and About Is all about inclusion in arts and culture.

The bulk of this second year of our funding was during the Covid-19 Pandemic.

We started out with a full programme of arts and cultural activities and had lots of people book to participate.

As our work is in the community and almost all face-to-face we initially furloughed several staff. The remaining staff started to work on looking at ways to support people and with volunteers soon started a WhatsApp group and worked through our database telephoned people to assess their ability to become involved in activities on line. We knew isolation would be a very big issue and wanted to make sure that what ever we did would help to counteract loneliness and help people keep in touch with their friends.

We gradually returned staff to work (at home) training people to use Zoom and WhatsApp as these seemed to be the simplest for our beneficiaries to access.

Some job roles changed and we had to purchase some equipment for safe home working. Also licences for on-line apps and extra work developing home working policies. We set up a fund to purchase loan equipment for people who wanted to join activities and needed smart phones or tablets. We worked with Enfield Council and other service providers to help more people get on-line. We have also sent Jigsaws and colouring books to help people keep busy.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Funders, including City Bridge Trust, have all been very generous so we have not had to eat into the original project budgets to fund the extra costs.
We are now running all our planned activities on Zoom and WhatsApp.

With our City Bridge Trust funding we are currently running:

Weekly Choir. This included a run up to Christmas for twelve days, a new song everyday. The Choir leader visited people's doorsteps to record and put this together. It is on our website, FaceBook , WhatsApp and U-Tube channel.
<https://www.one-to-one-enfield.co.uk/12-days-of-christmas-2020/>

Bi-weekly Quiz night
Virtual Discos and Christmas party
Weekly Chat and Relax Group
Virtual trips - Arts and Culture on line as a group activity.

As Lockdown 1 was eased we ran an Outdoors and Nature month as a feature on our website. With members and staff sending in videos of themselves doing things outdoors.
<https://www.one-to-one-enfield.co.uk/activities/>

Volunteers are also making phone calls to keep in touch with our more profoundly disabled members who are not able to benefit from our online activities. We have learnt that the regular contact and our open door office policy is very important to our beneficiaries. It allows us to know people well and to be able to spot if things are not going well for them. So one of our unfunded activities is often signposting and support people to get help with things like, benefits, health checks and abuse.

We have tried our best to continue this by making sure that we have very regular contact with those that we have identified as most vulnerable. Safeguarding is the key topic for our weekly Zoom staff meetings. We have worked with the local authority to support people who we are concerned about.

For example, people who are in their fifties and live with elderly family carers often in their eighties have isolation issues as they and their carers do not have the skill to use smart phones or computers. This means they miss out on a lot of avenues to help and support. e.g. food banks, Covid tests etc. We have worked successfully to get 15 of these families provided with and supported to use smart phones. One of these people is a Management Committee member. At the start of the Pandemic she had a small non-smart mobile phone only used for emergencies and could not use it to come to meetings. She now has a tablet, Wifi in her home and is about to take on the role of Vice-Chair of our Committee. Her mother says 'we have been a life saver', helping her to get breaks whilst her daughter chats to friends and comes to our meetings.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Develop a Peer Support Hub

Our work leading the Enfield Autism Strategy (see below) has led us to identify a need for support to people who are isolated and excluded because they are on the autistic spectrum. Our learning from this, coupled with the impact on people with mild learning difficulties of local and national Government austerity measures, has led us to begin to develop a peer support hub.

The Hub will be a physical and virtual space opening up our work to be more inclusive of people who fall into the gap between meeting the criteria for disability benefits and services and also those who get minimum services as they live with family carers. Proposals have been developed and potential funders identified to help us to continue to develop the hub.

The Pandemic has taken some of our focus away from this and work will be pick up in future.

Contracted work

Let's Make Enfield Autism Friendly

The aim was to bring together people with Autism, carers, service providers and health & social Welfare professionals to work together to help Enfield to become Autism Friendly.

During the Pandemic we continued to Co-Chair the Enfield Autism Strategy Steering Group on-line. We have had lots of FaceBook and Zoom contact with Autistic people. Have run surveys on people's feelings about the Pandemic and about their needs for the future.

In June we hosted a month long conference on our Website. This featured a new item everyday for 30 days, including, talks, discussion groups, videos and art work. This is now available as a resource on our website <https://www.one-to-one-enfield.co.uk/life-in-lockdown/>

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

Our Work During the Covid-19 Pandemic

We have been staying in contact with our members during this pandemic and working to support our members to stay safe and healthy. Many of our members were shielding and were not able to have their regular visits from their support workers, or family and friends, which made them feel very isolated. Our staff and volunteers teamed up to ensure our members had their essentials and weren't in any difficulties. We worked alongside other organisations including EVA, EDA, Local Authority and ILDS services to identify members' needs and refer people to relevant services, including safeguarding, foodbanks, community nurses, duty social workers, housing and benefit services. To help people stay connected with others digitally, we launched 'Let's Get Connected' a drive to get more people online. We have hosted Zoom activities, website events, a conference and supported people to attend Enfield Council meetings on 'Teams'. Our members encountered a lot of difficulties and challenges as many members did not have the right equipment or access to internet, so weren't able to connect with our activities. We supported them with purchasing devices, resolving internet issues, training them on how to use their devices so they can join the online activities. We also set up WhatsApp groups so they can stay in contact with their friends and monitored Facebook messages to help and identify any needs of our members. Our trustees and Chief Executive Officer have been busy with raising funds to help our members get connected with the digital world, so we set up committees to steer projects and initiatives. We realised that people may need bereavement support, so we hosted on-line Death Cafés and independent living peers support group for people to support each other. We understand this might be the way to do things now and in the future, so we have been helping our members to understand this and gradually get ourselves ready to embrace the challenges and embark on this journey of changes.

FUTURE PLANS

In March 2021 we started the process of consulting our members, volunteers, staff and stakeholders on a plan for 2022 forward. The outcome is outside the scope of this report, however the themes were agreed and launched in October 2021 and can be viewed here. <https://www.one-to-one-enfield.co.uk/our-plans-for-next-3-years-2022-23-24/>

A workplan based on these is being drawn up at the time of writing.

Our Chief Executive Lesley Walls was due to retire in June 2021. Due to the pandemic she agreed to stay for an additional year. The Management Committee has drawn up a recruitment plan, this includes an overlap period with Lesley and the new Chief Executive working on a three to five months handover.

**ONE TO ONE (ENFIELD)
DIRECTORS' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

TRUSTEES RESPONSIBILITIES

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to:-

- 1) select suitable accounting policies and then apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent.
- 3) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Alison Ward FCCA, of Alison Ward Accountants, offers herself for reappointment as the independent examiner at the forthcoming AGM.

SMALL COMPANY EXEMPTIONS

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

This report was approved by the board on 15 December 2021 and signed on their behalf.

Lesley Walls

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF ONE TO ONE (ENFIELD)
FOR THE YEAR ENDED 31 MARCH 2021**

I report on the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Ward FCCA

15 December 2021

Alison Ward Accountants
28 Hills Road
Buckhurst Hill
Essex IG9 5RS

ONE TO ONE (ENFIELD)
STATEMENT OF FINANCIAL ACTIVITIES (including the Income and Expenditure Account)
FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted Note	Restricted Funds £	Designated Funds £	Total 2021 £	Unrestricted Funds £	Restricted Funds £	Designated Funds £	Total 2020 £
Income								
Donations and legacies	5	22,654	-	22,654	6,931	10,663	-	17,594
Other trading activities	6	1,832	-	1,832	567	-	-	567
Income from charitable activities	7	7,425	195,870	203,295	30,106	206,868	-	236,974
Income from investments	8	73	-	73	303	-	-	303
Total Income		31,984	195,870	227,854	37,907	217,531	-	255,438
Expenditure on:								
Charitable activities	9	33,159	165,049	198,208	54,963	200,274	-	255,237
Total expenditure		33,159	165,049	198,208	54,963	200,274	-	255,237
Net (Expenditure)/Income before Transfers		(1,175)	30,821	29,646	(17,056)	17,257	-	201
Transfer between funds		-	-	-	6,418	-	(6,418)	-
Net (expenditure)/income		(1,175)	30,821	29,646	(10,638)	17,257	(6,418)	201
Reconciliation of Funds								
Total funds brought forward at 1 April 2020		63,901	54,132	37 118,070	74,539	36,875	6,455	117,869
Total funds carried forward at 31 March 2021		62,726	84,953	37 147,716	63,901	54,132	37	118,070

The company made no recognised gains and losses other than those reported in the income and expenditure account.

The notes on pages 15 to 22 form part of these financial statements

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1a. Basis of preparation

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 issued in February 2016, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

One to One (Enfield) meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

1b. Preparation of the accounts on a going concern basis

One to One (Enfield) has reported a surplus of £29,646 for the year. The trustees are of the view that the immediate future of the Trust for the next 12 to 18 months is secure and that on this basis the charity is a going concern.

The trustees remain in regular contact with the local authority and other funders to secure their on-going support.

1c. Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service it is deferred until the criteria for income recognition are met.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES (CONTINUED)

1d. Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised. The trustees' annual report contains information about the contribution to the charity made by volunteers.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

1e. Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally on notification of the interest paid or payable by the Bank.

1f. Funds

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations or grants which the donor has specified are to be used solely for particular purposes/areas of the charity's work or for specific projects undertaken by the charity.

1g. Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1h. Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of the assets, less their residual value, over their useful lives.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

1. ACCOUNTING POLICIES (CONTINUED)

1i. Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

1j. Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1k. Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any discounts due.

1l. Taxation

The charitable company is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

1m. Pensions

The charitable company offers a stakeholder scheme and makes contributions equivalent to 5% of employees' gross salary. These are charged in the SOFA as incurred.

1n. Pensions

The charitable company offers a stakeholder scheme and makes contributions equivalent to 5% of employees' gross salary. These are charged in the SOFA as incurred.

2. DEBTORS

	2021	2020
	£	£
Trade debtors	12,780	18,237
	<u>£ 12,780</u>	<u>£ 18,237</u>

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021	2020
	£	£
Trade creditors	1,422	-
Accruals	1,594	1,534
	<u>£ 3,016</u>	<u>£ 1,534</u>

4. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Designated Funds	Total 2021
	£	£	£	£
Fund Balances at 31 March 2021 are represented by				
Current assets	64,107	86,588	37	150,732
Current liabilities	(1,381)	(1,635)	-	(3,016)
Total Net Assets	<u>£ 62,726</u>	<u>£ 84,953</u>	<u>£ 37</u>	<u>£ 147,716</u>
Fund Balances at 31 March 2020 are represented by				
Current assets	65,023	54,544	37	119,604
Current liabilities	(1,122)	(412)	-	(1,534)
Total Net Assets	<u>£ 63,901</u>	<u>£ 54,132</u>	<u>£ 37</u>	<u>£ 118,070</u>

The designated funds comprise funds set aside to cover statutory obligations.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

5. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Jack Petchey Achievers	1,000	-	1,000	1,500
Enfield Mayor's Fund	-	-	-	1,572
Bailey Thomas Foundation	-	-	-	4,000
Swimathon	-	-	-	1,101
HMRC Coronavirus Job Retention Scheme	21,348	-	21,348	4,812
Donations	<u>306</u>	<u>-</u>	<u>306</u>	<u>3,859</u>
	<u>£ 22,654</u>	<u>£ -</u>	<u>£ 22,654</u>	<u>£ 16,844</u>

In 2020 unrestricted income comprised £3,859 from donations, £1,572 from Enfield Mayor's Fund and £1,500 from Jack Petchey. The remaining grants shown in 2020 above were restricted.

The charity benefits greatly from the involvement and enthusiastic support of its volunteers, details of which are given in our annual report. In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

6. OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Income from fundraising events	1,832	-	1,832	567
	<u>£ 1,832</u>	<u>£ -</u>	<u>£ 1,832</u>	<u>£ 567</u>

In 2020 £567 was unrestricted income.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

7. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Grants				
Big Lottery Fund	-	56,284	56,284	80,559
Postcode Community Fund	-	14,788	14,788	-
Lloyds Bank Foundation	-	40,923	40,923	31,584
City Bridge Trust	-	48,875	48,875	59,725
LB Enfield - Autism contract	-	35,000	35,000	35,000
	<u>-</u>	<u>195,870</u>	<u>195,870</u>	<u>206,868</u>
Fees receivable	7,425	-	7,425	23,425
Members contributions to events	-	-	-	6,681
	<u>£ 7,425</u>	<u>£ 195,870</u>	<u>£ 203,295</u>	<u>£ 236,974</u>

In 2020 all income restricted except for £23,425 from Fees receivable and £6,681 from Members contributions to events which were unrestricted.

8. INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Bank interest receivable	73	-	73	303
	<u>£ 73</u>	<u>£ -</u>	<u>£ 73</u>	<u>£ 303</u>

In 2020 £303 was unrestricted income.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

9. CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Charitable activities	32,019	165,049	197,068	254,157
Governance costs	1,140	-	1,140	1,080
	<u>£ 33,159</u>	<u>£ 165,049</u>	<u>£ 198,208</u>	<u>£ 255,237</u>

In 2020 the unrestricted expenditure on charitable activities was £54,963. All the remaining expenditure was restricted.

10. GOVERNANCE COSTS

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Independent examination	1,140	-	1,140	1,080
	<u>£ 1,140</u>	<u>£ -</u>	<u>£ 1,140</u>	<u>£ 1,080</u>

In 2020 all the expenditure was restricted.

11. TRUSTEES EXPENSES

Trustees may claim for reasonable out of pocket expenses but no claims were made during the year. (2020 - £Nil)

12. RELATED PARTIES

One to One (Enfield) is a user led organisation and the majority of the Management Committee are users of the service. The User Directors act in accordance with the Charity Commissions guidelines for user led organisations and receive no preferential treatment in terms of receipt of services.

The trustee, Godfrey Luke, is married to Naomi Luke who was a member of staff during the year. He was not involved in any decisions regarding her remuneration etc.

**ONE TO ONE (ENFIELD)
NOTES TO THE ACCOUNTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021**

13. LEASE COMMITMENTS

During the period under review One to One (Enfield) finalised the lease agreement on the offices at Community House. The charity has a 3 year lease which began in 2018.

The minimum annual rentals under the leases are as follows:

	2021	2020
	£	£
- within 1 year	4,595	6,126
- within 2-5 years	-	4,595
	<u>£ 4,595</u>	<u>£ 10,721</u>

14. CONTINGENT LIABILITIES

The charity operates a stakeholder pension scheme making contributions into the personal pension schemes of staff members. One such scheme has a deficit of £37 as at 30 September 2019 which would crystallise if the organisation withdraws from the scheme.