

**REGISTERED COMPANY NUMBER: 03328459 (England and Wales)**

**REGISTERED CHARITY NUMBER: 1061417**

**NORTHAMPTONSHIRE CARERS**

**REPORT OF THE TRUSTEES AND**

**FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024**

# **NORTHAMPTONSHIRE CARERS**

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## **NORTHAMPTONSHIRE CARERS**

### **REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2024**

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<b>TRUSTEES</b>	P Douglas P Inns E Yates (resigned 14/11/2023) S G Jones C Best J Hilton G Brogden (resigned 17/10/2023) R Velji Shah A Gunn (appointed 15/8/2023) V E Hawes (appointed 15/8/2023) (resigned 23/9/2024) C A G Saxon (appointed 15/8/2023) M P Burgess (appointed 16/1/2024) D Belfon (appointed 16/7/2024)
<b>REGISTERED OFFICE</b>	The Ann Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
<b>REGISTERED COMPANY NUMBER</b>	03328459 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1061417
<b>AUDITORS</b>	Shaw Gibbs (Audit) Limited Chartered Certified Accountants Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
<b>BANKERS</b>	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
<b>CHIEF EXECUTIVE OFFICER</b>	Mark Major
<b>ASSISTANT DIRECTORS</b>	Jemma Café

## **NORTHAMPTONSHIRE CARERS**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

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#### **INTRODUCTION**

The last year has presented many challenges in terms of Health and Social Care systems and the wider landscape. The issues facing Charities and Carers have been to the forefront in this period. These are:

1. Effect of the Pandemic unlocks in terms of demand for services, people with increased health needs and access to services.
2. Continued rising demographics, especially around older people and their Carers.
3. Carers own health and wellbeing needs.
4. Cost of living and inflationary pressures for:-
  - The Health and Social Care system and Charities
  - Public
  - Carers
5. Contractual income not keeping up with inflation and rising costs.
6. For Northamptonshire Carers, we saw the ending of some fixed term funded work from the National Lottery and Carers Trust and the end of some post pandemic work.

In terms of the above landscape nationally and locally, this means more people with increased needs, increased demand for services and sharply rising costs. Although this has been another demanding year, it is very heartening to have seen so much good work done, both organisationally by Northamptonshire Carers and in partnership with others such as on the ICAN/Ageing Well transformation area for older people, and the SPRING Social Prescribing work in the county.

In what was an extraordinarily challenging financial year, we are proud to have delivered more services to more people than ever before. We were also really pleased to receive a significant Quality Mark based recognition in terms of achieving Carer Trust Excellence for Carers Accreditation and a Silver Trailblazer Award from Race Equality Matters.

All of the good work is of course only possible due to the continued support of our key funders, the Integrated Care Board, North Northamptonshire Council, West Northamptonshire Council, The National Lottery, Carers Trust, Northamptonshire Community Foundation, Northamptonshire Children's Trust, Children in Need, Northamptonshire Health and Foundation Trust, and others, as well as all those other Trusts and individual donors who support our work.

When writing this section for the Annual Report I was struck by a number of key themes that underpin our work in what has been another highly successful year for Northamptonshire Carers. Those themes are.

- Carers needs and the needs of those they look after
- Growth and Diversification and Key services
- Workforce
- Diversity and Inclusion
- Partnerships and Integrated services
- The sharply rising cost of providing services

In terms of Growth and diversification and key services, the year is summed up from the perspective of more services for more people than ever before. However, within that it is worth highlighting the following: -

- Increased work from our Carers Support Line and Carers Assessment Teams
- High referrals to both Adult and Young Carers services

We have seen considerable growth in our Community Asset Group provision as part of the Ageing Well and Respiratory work in the county. We now have groups and programmes for people with: -

- Dementia (Hubs and Groups)
- Coronary Heart Disease (Pumped-up)
- COPD (Breathing Space)

## NORTHAMPTONSHIRE CARERS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

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- Diabetes
- We have also run a very successful pilot around Sickle Cell and hope to grow this work further.

We have also seen growth via our Regulated Care Overnight Service and via our hospital discharge work which is being recognized nationally. Our Young Carers service also continues to flourish and develop. Our network of Carers Support Groups, Cafes, specialist groups and music and leisure groups also continue to do splendid work, receive great feedback, and are well attended. As well as this, our Community Companions Service continues to be both much needed and well used. We will look to grow out our Regulated Care offering moving forward.

In terms of workforce, we are blessed with an excellent workforce team of Staff, Volunteers, Peer Supporters - the quality of these teams is what enables us to be able to do all that we do. This year, we were able to present long service awards to our Staff and Volunteers and Trustees who have been with us on our journey. It was very humbling to see the number of years people have been with the Organisation and the huge contribution they have made and most importantly the difference that has made to Carers. We have grown from small beginnings to now be a large local Charity and much of that is down to our excellent team. We also say goodbye to a number of valued Staff this year who have retired or moved to pastures new and thank them for the huge contributions made.

Carers needs are always the starting point for the work we do. We will continue to prioritise work around Carers needs and are pleased this year to have won new funding and allocated additional resources to Carers breaks, our Support Line and Group work with Carers. New work with our local authorities and Integrated Care Board around the Accelerated Reform Fund will see us identifying more Carers and the production of Carers Guides amongst many other things.

As part of our work on the new Carers strategy for Northamptonshire via the Carers Partnership we have conducted a large survey concerning Carers needs and issues which will inform our service planning and delivery.

Making sure the voice of Carers and Patients is part of the planning, co-production and design of services is key and we are very proud that the work of the People's Advisory Group (PAG) was highlighted as national good practice by NHS England this year and is the subject of a case study and presentation at a national event. Later this year they will also undertake some important national work around quality impact areas.

As mentioned, Partnerships and collaboration are key areas moving forward, and the Organisation is highly active in a number of key areas: -

- The new Integrated Care System for Northamptonshire
- The Ageing Well Transformation Programme
- The Carers Partnership thematic
- The Mental Health Collaborative
- The Voluntary Sector Assembly

We also continue as we have been for all of our existence to be a network member of Carers Trust and thank them for their continued excellent support.

A thank you also to my fellow Trustees for their continued commitment and hard work for the Organisation.

Please take some time to look at the statistical and Outcomes report that follows that highlights the work of the Organisation.

Wishing you and yours all the very best.

Sally Jones  
Chairman

## NORTHAMPTONSHIRE CARERS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

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#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs. We support those living with long term health conditions and their Carers, co-producing services with them.

#### THE YEAR IN NUMBERS

##### Achievements and Performance

Carers Registered	20,500
New Carers Registered	5,877
Ethnic Minority Carers	11.9%

##### Groups/Activities/On-line Sessions Attendance

Carers Support Groups/Dementia Groups	5,267
Choir + Ukulele	3,314
Carers Cafes	1,336
Breathing Space (hours provided)	3,072
Community Companions hours	1,798

##### Support Calls/Contacts/Sessions

Peer Support/1-2-1 Calls	989
Befriending	309
Breathing Space Attendees	368

##### Social Media

Facebook Friends	3,600
Twitter followers	1,866

## NORTHAMPTONSHIRE CARERS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

<b>Website Usage</b>	
Visitors to website	33,949
Page Views	147,780

Welfare Rights Generated Income	£263,504
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<b>Carers Key Statistics</b>	
Carer Contacts	70,001
Carers Assessments	2,954
Emailed Newsletters	110,096
Carer Friendly Employers	45
Investors in GP Surgeries	49
• Bronze	30
• Silver	16
• Gold	1
• Gold Pls	2

<b>Young Carers Service</b>	
Numbers registered	1643
Support/Contacts	35,636
New Referrals	516
Waiting List	93
Facebook Friends	1,500
Twitter Followers	72
Instagram Followers	1,183
Activities/Groups	2644
Support Planning	399
Ethnicity, from protected characteristics	20.7%



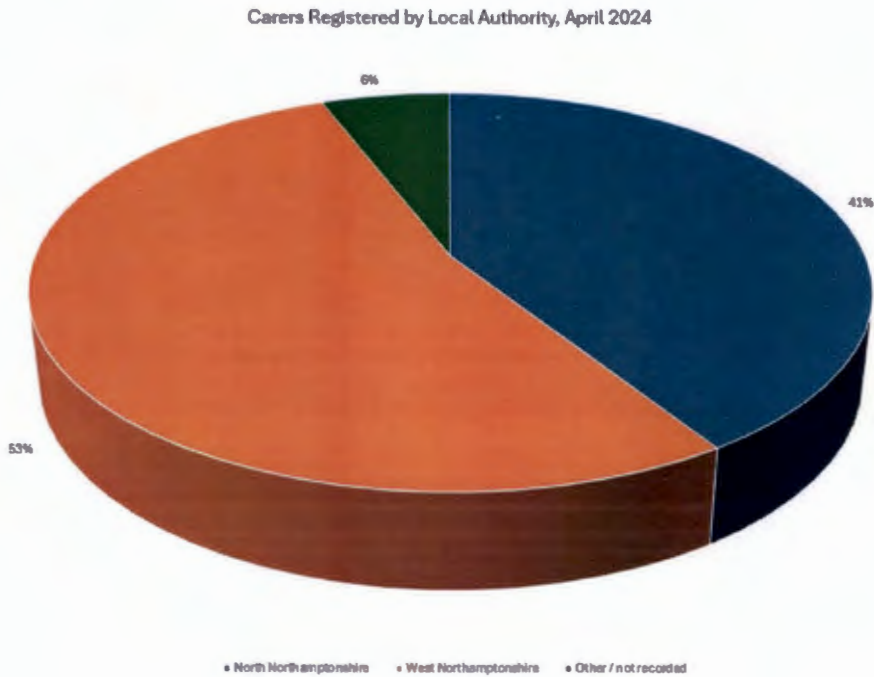
**NORTHAMPTONSHIRE CARERS**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024**

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**Carers Registered by Local Authority, April 2024**

Area	Number of Carers
North Northamptonshire	41%
West Northamptonshire	53%
Other / not recorded	6%





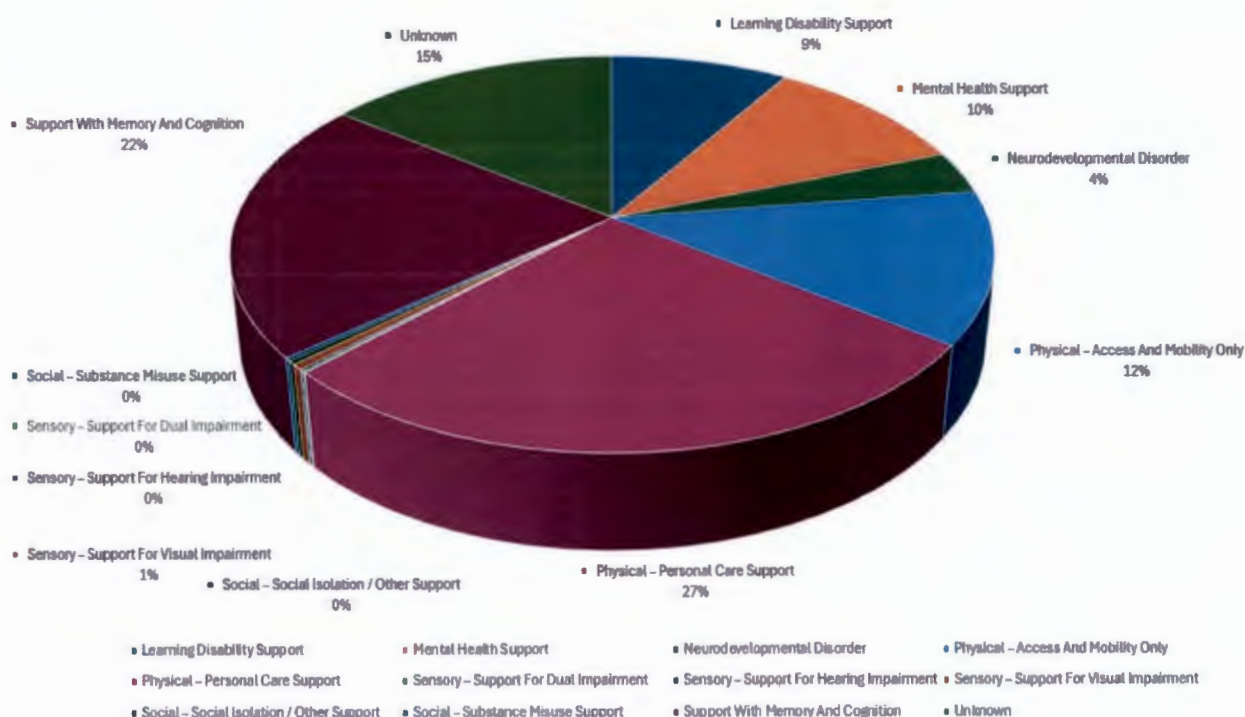
## NORTHAMPTONSHIRE CARERS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

#### Cared for: Primary Support Reason: April 2024

Cared-for Main Disability	Number of Carers
Learning Disability Support	2133
Mental Health Support	2450
Neurodevelopmental Disorder	834
Physical – Access And Mobility Only	2924
Physical – Personal Care Support	6497
Sensory – Support For Dual Impairment	29
Sensory – Support For Hearing Impairment	35
Sensory – Support For Visual Impairment	106
Social – Social Isolation / Other Support	69
Social – Substance Misuse Support	58
Support With Memory And Cognition	5085
Unknown	3482

Cared-for: Primary Support Reason, April 2024



# **NORTHAMPTONSHIRE CARERS**

## **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

### **Carers Accessing Services by Ethnicity – All Ethnicities**

<b>Ethnic Group</b>	<b>Number of Carers</b>
Any other ethnic group Any other ethnic group	0.27%
Any other ethnic group Arab	0.05%
Asian/Asian British Any other Asian background	1.15%
Asian/Asian British Bangladeshi	0.46%
Asian/Asian British Chinese	0.15%
Asian/Asian British Indian	1.53%
Asian/Asian British Pakistani	0.23%
Black/African/Caribbean/Black British African	1.54%
Black/African/Caribbean/Black British Any other Black/African/Caribbean background	0.46%
Black/African/Caribbean/Black British Caribbean	0.70%
Mixed/Multiple Ethnic Group Any other mixed/multiple ethnic background	0.56%
Mixed/Multiple Ethnic Group White and Asian	0.33%
Mixed/Multiple Ethnic Group White and Black African	0.40%
Mixed/Multiple Ethnic Group White and Black Caribbean	0.81%
Prefer not to say	0.40%
Unknown	17.13%
White Any other White background	3.40%
White English/Welsh/Scottish/Northern Irish/British	70.05%
White Gypsy or Irish Traveller	0.05%
White Irish	0.30%
White Roma	0.02%

## NORTHAMPTONSHIRE CARERS

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

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#### What people say about our services and support

##### **Support Line, Navigator & Carer Assessment process:**

*"You are the ones who saved me" - no medical professional had told her about our services but she found us online and was surprised no one had told her about us.*

*"It was great to talk to someone who listens and understands how things are for me"*

*"You were the first person to listen to me and actually call me when you said you would"*

##### **Breathing Space group attendee:**

*"The group is very important to me. It allows me to meet with people going through the same issues as me. It's helped me to feel that I'm not alone but also get help in the areas where we all want to get better with, ie it has helped me to understand fatigue and how I can help to try and approve my day-to-day schedule."*

##### **Hospital Discharge team at NGH**

*"I work within the Discharge Team at NGH and share the office space with Northamptonshire Carers Hospital Team. I don't know if your organisation has any type of recognition scheme, but I feel I need to express what amazing customer service qualities the whole team have"*

*"Its friendly group and keep doing good work. "*

*"The service is brilliant keep doing what you are doing."*

*"I am amazed that Northants carers look after Thousands of carers in many different ways across Northamptonshire. They are a beacon of light and bring much value to the caring job we are all involved in. I have met many people who feel as I do, that our job is made all the lighter for their care of us. I do not want payment to look after my husband, but I do need the friendship and support from this wonderful organisation to be able to continue my daily work with confidence and a smile on my face. So, whoever this survey is for, please continue to financially support all the wonderful workers who support us."*

*"I am grateful to the Northamptonshire Carers. Could you please fight for the Carers to be better recognised, treated with dignity we deserve and compensated so we are able to concentrate on caring. Thank you for all you do".*

*"I love the NC Carers Choir, and it has made a real difference to my own wellbeing especially coming out of Covid and having to stop paid work for a few years to care for my son".*

*"Extremely happy with the excellent support I get from Northamptonshire Carers".*

*"I am beyond grateful for the support I have received from the support worker and her team, giving me the confidence, self-respect and a new awareness of how important I am to those I care for".*

**For a more detailed review of our services, please see Northamptonshire Carers Outcomes Report for 2023/2024.**

## **NORTHAMPTONSHIRE CARERS**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

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#### **FINANCIAL REVIEW**

##### **Financial position**

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2024 the charity had a deficit of £528,473 in relation to gross income of £4,193,592 (2023: £87,721 surplus on gross income of £4,138,651). Income had increased by 1.3% in 2023/24 compared to 16.5% in 2022/23. While there has been an increase in funding this year, this is much less than the considerable inflation nationally over the year (4.3% annual RPI increase to March 2024, although during the year inflation hit double figures) and our costs have increased substantially as a result both of inflation and poor economic factors, and as a result of the increase in demand for our activities and services, driven by post-pandemic rebound and economic hardship. For the first time in five years we have recorded a deficit in our overall activities, which is disappointing. As a result of the negative financial results during the year, we instigated a number of cost saving measures including a voluntary redundancy programme which made some savings in 2023-24 but due to redundancy payments, savings in future years will be greater. There were also issues with public sector funding affecting our income. It should be noted however that the deficit, although significantly greater than budgeted for, has been contained within our accumulated surplus and results so far for 2024-25 show that we are rebounding from the deficit with very much more positive results.

The historical changes in income, expenditure and staff numbers over the last decade are shown in the graphs below:

We have this year (and for the first time in five years) failed to meet our financial goals in that we have not achieved a surplus; costs have risen substantially; and our operational reserves dipped below their target level a couple of times during 2023-24 (it is worth noting however that by the end of the financial year, our target level for reserves was achieved). The only goal that was fully achieved was increasing the services offered to carers. We expect however in 2024-25 to be able to achieve all our goals.

We stated in 2020-21 that our goals were to:

- Continue our growth in services to carers
- Continue to actively and successfully manage our costs
- Maintain at least three months of operational reserves
- Continue to deliver a more modest surplus each year

These goals remain as our objectives. Much credit is due to the staff and volunteers who continue to make this possible, and who achieve so much despite a very difficult social and economic year.

At 31 March 2024 the charity has reserves of £793,972 of which £157,206 is held on restricted funds, and £267,226 represents the book value of the charity's freehold office in Wellingborough.

##### **Reserves policy**

The Trustees policy is to create and maintain a level of free (i.e. readily realisable) reserves sufficient to allow the organisation to operate for a minimum of three months without income. This level was largely achieved in 2023-24 and will continue to be kept under review and recalculated when necessary. The reserves level for 2023-24 was £725,000.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.



## **NORTHAMPTONSHIRE CARERS**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

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#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Charity constitution**

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association.

In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission.

##### **Recruitment and appointment of new trustees**

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

##### **Organisational Structure**

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

##### **Decision making**

The major funders may nominate up to 3 trustees, but these shall be non-voting members. The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

##### **Induction and training of new trustees**

An induction is prepared and delivered when a Trustee commences their role.

This includes background on the organisation and its services, the role of the volunteer, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the volunteer role.

There is a trial period of 3 months to give the organisation and the volunteer time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Volunteer may terminate the agreement, preferably by mutual consent.

##### **Key management remuneration**

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

## **NORTHAMPTONSHIRE CARERS**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

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#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Risk assessment**

The committee does not believe there are any substantial risks beyond those liabilities disclosed in its Annual Report and Accounts. However, the programme of public sector spending cuts and resultant reductions in statutory funding to third sector organisations will continue to impact on the third sector, Carers and service users, both from the point of view of our delivery of services and also in increasing the need for those services. The repercussions of COVID-19 do continue to pose a risk for the future, but our major risk is no longer COVID but the economic climate both generally and in relation to the public sector. Our risks are principally the effect of inflation on our costs and the effect of the economic and social climates which continue to increase the demand and need for our services.

##### **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

##### **AUDITORS**

The auditors, Shaw Gibbs (Audit) Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 31 October 2024 and signed on its behalf by:

S. G. Jones

S G Jones - Trustee

## **REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS**

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### **Opinion**

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.



## REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

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### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

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### **Our responsibilities for the audit of the financial statements**

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of income. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

## REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

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### Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Shaw Gibbs (Audit) Limited

Shaw Gibbs (Audit) Limited  
Chartered Certified Accountants  
Statutory Auditor  
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006  
Eagle House  
28 Billing Road  
Northampton  
Northamptonshire  
NN1 5AJ

Date: 15 November 2024

# NORTHAMPTONSHIRE CARERS

## STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	105,806	51,685	157,491	387,008
<b>Charitable activities</b>	4				
Charitable activities		2,368,573	1,658,113	4,026,686	3,745,970
Investment income	3	9,415	-	9,415	4,270
Other income		-	-	-	1,403
<b>Total</b>		<u>2,483,794</u>	<u>1,709,798</u>	<u>4,193,592</u>	<u>4,138,651</u>
<b>EXPENDITURE ON</b>					
Raising funds	5	331	-	331	104
<b>Charitable activities</b>	6				
Charitable activities		<u>2,870,374</u>	<u>1,851,360</u>	<u>4,721,734</u>	<u>4,050,826</u>
<b>Total</b>		<u>2,870,705</u>	<u>1,851,360</u>	<u>4,722,065</u>	<u>4,050,930</u>
<b>NET INCOME/(EXPENDITURE)</b>		(386,911)	(141,562)	(528,473)	87,721
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>636,766</u>	<u>157,206</u>	<u>793,972</u>	<u>1,322,445</u>

The notes form part of these financial statements

**NORTHAMPTONSHIRE CARERS**

**STATEMENT OF FINANCIAL POSITION  
31 MARCH 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	13	369,013	-	369,013	396,515
<b>CURRENT ASSETS</b>					
Debtors	14	104,509	27,615	132,124	114,951
Cash at bank		<u>390,206</u>	<u>202,106</u>	<u>592,312</u>	<u>1,050,395</u>
		494,715	229,721	724,436	1,165,346
<b>CREDITORS</b>					
Amounts falling due within one year	15	(226,962)	(72,515)	(299,477)	(239,416)
<b>NET CURRENT ASSETS</b>		<u>267,753</u>	<u>157,206</u>	<u>424,959</u>	<u>925,930</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>636,766</u>	<u>157,206</u>	<u>793,972</u>	<u>1,322,445</u>
<b>NET ASSETS</b>		<u>636,766</u>	<u>157,206</u>	<u>793,972</u>	<u>1,322,445</u>
<b>FUNDS</b>	18				
Unrestricted funds				636,766	1,023,677
Restricted funds				<u>157,206</u>	<u>298,768</u>
<b>TOTAL FUNDS</b>				<u>793,972</u>	<u>1,322,445</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**NORTHAMPTONSHIRE CARERS**

**STATEMENT OF FINANCIAL POSITION - continued**  
**31 MARCH 2024**

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These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 October 2024 and were signed on its behalf by:

S. G. Jones  
S G Jones - Trustee

# **NORTHAMPTONSHIRE CARERS**

## **STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>(459,875)</u>	<u>122,491</u>
Net cash (used in)/provided by operating activities		<u>(459,875)</u>	<u>122,491</u>
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(7,358)	(32,515)
Interest received		<u>4,771</u>	<u>1,067</u>
Net cash used in investing activities		<u>(2,587)</u>	<u>(31,448)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		<u>(462,462)</u>	<u>91,043</u>
<b>Cash and cash equivalents at the beginning of the reporting period</b>	2	<u>1,036,634</u>	<u>945,591</u>
<b>Cash and cash equivalents at the end of the reporting period</b>	2	<u><u>574,172</u></u>	<u><u>1,036,634</u></u>

The notes form part of these financial statements



# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2024**

### **1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2024 £	2023 £
<b>Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)</b>	(528,473)	87,721
<b>Adjustments for:</b>		
Depreciation charges	34,860	34,473
Interest received	(4,771)	(1,067)
Increase in debtors	(17,173)	(23,861)
Increase in creditors	<u>55,682</u>	<u>25,225</u>
<b>Net cash (used in)/provided by operations</b>	<u>(459,875)</u>	<u>122,491</u>

### **2. ANALYSIS OF CASH AND CASH EQUIVALENTS**

	2024 £	2023 £
Notice deposits (less than 3 months)	592,312	1,050,395
Overdrafts included in bank loans and overdrafts falling due within one year	<u>(18,140)</u>	<u>(13,761)</u>
<b>Total cash and cash equivalents</b>	<u>574,172</u>	<u>1,036,634</u>

### **3. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1/4/23 £	Cash flow £	At 31/3/24 £
<b>Net cash</b>			
Cash at bank	1,050,395	(458,083)	592,312
Bank overdraft	<u>(13,761)</u>	<u>(4,379)</u>	<u>(18,140)</u>
	<u>1,036,634</u>	<u>(462,462)</u>	<u>574,172</u>
<b>Total</b>	<u>1,036,634</u>	<u>(462,462)</u>	<u>574,172</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

**Statutory information**

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

**Significant Judgements and Estimates**

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

**Going concern**

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

**Income**

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Allocation and apportionment of costs**

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Holiday Lodges	- 10% on cost
Fixtures and fittings	- 10% on cost

1. ACCOUNTING POLICIES - continued

**Tangible fixed assets**

Computer equipment - 25% on reducing balance

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**Financial instruments**

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **2. DONATIONS AND LEGACIES**

	2024	2023
	£	£
Donations	126,344	105,641
Gift aid	6,147	1,066
Legacies	<u>25,000</u>	<u>280,301</u>
	<u>157,491</u>	<u>387,008</u>

### **3. INVESTMENT INCOME**

	2024	2023
	£	£
Rents received	4,644	3,203
Deposit account interest	<u>4,771</u>	<u>1,067</u>
	<u>9,415</u>	<u>4,270</u>

### **4. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	2024	2023
		£	£
Grants and contract income	Charitable activities	<u>4,026,686</u>	<u>3,745,970</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
NNC Lot Funding	648,900	648,900
NHS Lot Funding	950,230	909,286
NHS Northamptonshire ICB Overnight Care Service	436,344	417,552
Carers Trust - Making Carers Count	35,519	40,165
BBC Children in Need - YC Youth Groups	9,885	9,994
Northampton General Hospital Discharge Work	106,397	121,278
NNC Young Carer	120,000	120,000
NHS Foundation Trust - ICAN programme	763,576	632,000
West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway	-	12,500
The National Lottery Community Fund - RC Midlands Region	148,212	140,005
Northamptonshire Better Health Outcomes - Social Prescribing	224,372	142,735
Mental Health Northants Collaboration - Dementia Workshop	-	24,000
Northamptonshire Community Foundation iwill	-	9,960
NHS Northamptonshire ICB - Bariatric Support	-	87,640
West Northamptonshire Council - Discharge Pilot	38,720	29,040
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	3,000
NHFT Personalisation Work Hypertension and CHD	-	105,000
NHS Northamptonshire ICB - Pulmonary Rehab Agreement - Child Spirometry	-	15,000
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,000	5,245
West Northamptonshire Council - Carer Recognition Payments	-	<u>7,350</u>
Carried forward	<u>3,487,155</u>	<u>3,480,650</u>



# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **4. INCOME FROM CHARITABLE ACTIVITIES - continued**

	2024	2023
	£	£
Brought forward	3,487,155	3,480,650
Children In Need - Cost of Living Booster	-	500
National Lottery Community Fund - Health Equality	-	9,999
NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund	-	9,151
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	8,744	6,430
Voluntary Impact Northamptonshire - Facilitating Workshop	-	450
Northamptonshire ICB - Befriending Service	-	40,000
Kirby Laing Foundation - Ward Support for Patients with Dementia	-	5,000
Carers Trust - Carers Grants	1,290	750
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	66,150	82,688
Mental Health Northants Collaboration - Covid Relief Funding	4,890	110,352
DWP Access to Work	16,829	-
Groundwork Grant Schemes	1,000	-
Faraway Children's Charity	600	-
NHS Northamptonshire ICB Smoking Cessation	20,000	-
NNC - Population Health (Household Support Fund)	45,000	-
Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service	47,000	-
NHS Northamptonshire ICB - Surge Funding	210,702	-
Mental Health Northants Collaboration - Mental Health Learning Disability	114,929	-
HSJ Marketing Award	2,397	-
	<u>4,026,686</u>	<u>3,745,970</u>

### **5. RAISING FUNDS**

#### **Raising donations and legacies**

	2024	2023
	£	£
Sundries	<u>331</u>	<u>104</u>

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **6. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>4,194,313</u>	<u>527,421</u>	<u>4,721,734</u>

### **7. SUPPORT COSTS**

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>425,326</u>	<u>686</u>	<u>74,144</u>	<u>27,265</u>	<u>527,421</u>

Support costs, included in the above, are as follows:

#### **Management**

	2024 Charitable activities £	2023 Total activities £
Wages	142,613	152,539
Social security	11,302	13,359
Pensions	5,117	7,876
Rent, rates and water	80,817	52,712
Insurance	15,068	12,729
Light and heat	4,768	3,586
Telephone	33,799	25,446
Postage and stationery	19,389	20,745
Advertising	3,272	6,622
Sundries	21,202	7,690
Office equipment	4,268	4,465
Cleaning	10,261	7,349
Repairs and servicing	8,777	11,469
Legal fees, bookkeeping etc.	13,114	4,990
Other professional fees	4,413	17,180
HR support	19,786	13,292
Depreciation of tangible and heritage assets	<u>27,360</u>	<u>26,974</u>
	<u>425,326</u>	<u>389,023</u>

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **7. SUPPORT COSTS - continued**

#### **Finance**

	2024 Charitable activities £	2023 Total activities £
Bank charges	<u>686</u>	<u>711</u>

#### **Information technology**

	2024 Charitable activities £	2023 Total activities £
Computer costs and IT support	<u>74,144</u>	<u>67,881</u>

#### **Governance costs**

	2024 Charitable activities £	2023 Total activities £
Auditors' remuneration	9,150	8,712
Auditors' remuneration for non audit work	<u>18,115</u>	<u>17,345</u>
	<u>27,265</u>	<u>26,057</u>

### **8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	<u>34,860</u>	<u>34,473</u>

### **9. AUDITORS' REMUNERATION**

	2024 £	2023 £
Fees payable to the charity's auditors for the audit of the charity's financial statements	9,150	8,712
Auditors' remuneration for non audit work	<u>18,115</u>	<u>17,345</u>



# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **10. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

#### **Trustees' expenses**

Expenses of £499 (2023: £474) were reimbursed to two trustees (2023: one) in the financial year. These were paid to reimburse travel expenses incurred by the trustees.

### **11. STAFF COSTS**

	2024 £	2023 £
Wages and salaries	2,698,988	2,293,343
Social security costs	207,784	183,658
Other pension costs	103,269	99,112
	<u>3,010,041</u>	<u>2,576,113</u>

During the year, employees received benefits in kind totalling £11,593 (2023: £8,302).

The average monthly number of employees during the year was as follows:

	2024	2023
Carers support and administration	<u>132</u>	<u>120</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £70,000	<u>1</u>	<u>1</u>

The key management personnel are the trustees, the Chief Executive, the Chief Operating Officer and the Assistant Directors. The salaries, employers NI, employers pension and benefits in kind paid to key management personnel in the year amounted to £198,545.

### **12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	335,008	52,000	387,008
<b>Charitable activities</b>			
Charitable activities	2,096,239	1,649,731	3,745,970
Investment income	4,270	-	4,270
Other income	<u>1,403</u>	<u>-</u>	<u>1,403</u>
<b>Total</b>	<u>2,436,920</u>	<u>1,701,731</u>	<u>4,138,651</u>

**NORTHAMPTONSHIRE CARERS**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2024**

**12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>EXPENDITURE ON</b>			
Raising funds	104	-	104
<b>Charitable activities</b>			
Charitable activities	<u>2,126,997</u>	<u>1,923,829</u>	<u>4,050,826</u>
<b>Total</b>	<u>2,127,101</u>	<u>1,923,829</u>	<u>4,050,930</u>
<b>NET INCOME/(EXPENDITURE)</b>	309,819	(222,098)	87,721
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	<u>713,858</u>	<u>520,866</u>	<u>1,234,724</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>

**13. TANGIBLE FIXED ASSETS**

	Freehold property £	Holiday Lodges £	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>					
At 1 April 2023	333,855	74,995	-	125,579	534,429
Additions	<u>-</u>	<u>-</u>	<u>1,235</u>	<u>6,123</u>	<u>7,358</u>
At 31 March 2024	<u>333,855</u>	<u>74,995</u>	<u>1,235</u>	<u>131,702</u>	<u>541,787</u>
<b>DEPRECIATION</b>					
At 1 April 2023	59,952	31,498	-	46,464	137,914
Charge for year	<u>6,677</u>	<u>7,500</u>	<u>92</u>	<u>20,591</u>	<u>34,860</u>
At 31 March 2024	<u>66,629</u>	<u>38,998</u>	<u>92</u>	<u>67,055</u>	<u>172,774</u>
<b>NET BOOK VALUE</b>					
At 31 March 2024	<u>267,226</u>	<u>35,997</u>	<u>1,143</u>	<u>64,647</u>	<u>369,013</u>
At 31 March 2023	<u>273,903</u>	<u>43,497</u>	<u>-</u>	<u>79,115</u>	<u>396,515</u>

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Trade debtors	83,023	73,016
Other debtors	471	471
Prepayments	<u>48,630</u>	<u>41,464</u>
	<u>132,124</u>	<u>114,951</u>

### **15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2024	2023
	£	£
Bank loans and overdrafts (see note 16)	18,140	13,761
Trade creditors	72,862	82,983
Social security and other taxes	48,360	47,037
Other creditors	13,836	14,384
Accruals and deferred income	<u>146,279</u>	<u>81,251</u>
	<u>299,477</u>	<u>239,416</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2023	58,015
Amount released to incoming resources	(58,015)
Amount deferred in year	<u>73,198</u>
Balance as at 31 March 2024	<u>73,198</u>

### **16. LOANS**

An analysis of the maturity of loans is given below:

	2024	2023
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>18,140</u>	<u>13,761</u>

The bank overdrafts are not actual bank overdrafts but computed balances within the funds, due to unrestricted cash funds being used to support restricted funds waiting on debtor balances to be paid.

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **17. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2024 £	2023 £
Within one year	5,190	-
Between one and five years	<u>18,164</u>	<u>-</u>
	<u>23,354</u>	<u>-</u>

### **18. MOVEMENT IN FUNDS**

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
<b>Unrestricted funds</b>			
General fund	1,023,677	(386,911)	636,766
<b>Restricted funds</b>			
Holiday Lodge asset fund	49,555	-	49,555
Hardship Fund	25,999	(25,999)	-
Northamptonshire Community Foundation iwill	9,960	(9,960)	-
Carers Trust - Making Carers Count	5,331	(5,331)	-
NHS Pulmonary Rehabilitation Pathway	47,583	(47,583)	-
Mental Health Learning Disability	24,000	36,902	60,902
The National Lottery Community Fund - RC Midlands Region	10,317	15,584	25,901
West Northamptonshire Council - Discharge Pilot	3,023	(3,023)	-
NHFT Personalisation Work			
Hypertension and CHD	105,000	(105,000)	-
Northamptonshire Community Foundation - Poverty Hurts Appeal	3,000	(3,000)	-
Pulmonary Rehab Agreement - Child Spirometry	15,000	(15,000)	-
Smoking Cessation	-	20,000	20,000
St Albans Charity Players	-	848	848
	<u>298,768</u>	<u>(141,562)</u>	<u>157,206</u>
<b>TOTAL FUNDS</b>	<u>1,322,445</u>	<u>(528,473)</u>	<u>793,972</u>

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	2,483,794	(2,870,705)	(386,911)
<b>Restricted funds</b>			
Hardship Fund	44,010	(70,009)	(25,999)
Children in Need - YC Youth Groups	9,885	(9,885)	-
Carers Trust- Carers Grants	1,290	(1,290)	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,000	(5,000)	-
Northamptonshire Community Foundation iwill	-	(9,960)	(9,960)
Northampton General Hospital Discharge Work	106,397	(106,397)	-
ICAN fund	763,576	(763,576)	-
Planning for Tomorrow	29	(29)	-
Disability Inclusive Sports Club	1,194	(1,194)	-
Carers Trust - Making Carers Count	35,601	(40,932)	(5,331)
Nothamptonshire Better Health Outcomes - Social Prescribing	224,372	(224,372)	-
NHS Pulmonary Rehabilitation Pathway	-	(47,583)	(47,583)
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	66,150	(66,150)	-
Mental Health Learning Disability	114,929	(78,027)	36,902
The National Lottery Community Fund - RC Midlands Region	148,212	(132,628)	15,584
West Northamptonshire Council - Discharge Pilot	38,720	(41,743)	(3,023)
NHFT Personalisation Work Hypertension and CHD	-	(105,000)	(105,000)
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	(3,000)	(3,000)
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	8,744	(8,744)	-
Mental Health Northants Collaboration - Covid Relief Funding	4,890	(4,890)	-
Pulmonary Rehab Agreement - Child Spirometry	-	(15,000)	(15,000)
Smoking Cessation	20,000	-	20,000
Population Health (Household Support Fund)	45,000	(45,000)	-
Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service	47,000	(47,000)	-
Faraway Children's Charity	2,870	(2,870)	-

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued** **FOR THE YEAR ENDED 31 MARCH 2024**

### **18. MOVEMENT IN FUNDS - continued**

Department for Work and Pensions -			
Access to Work	16,829	(16,829)	-
Corby Phoenix Rotary	3,100	(3,100)	-
St Albans Charity Players	2,000	(1,152)	848
	<u>1,709,798</u>	<u>(1,851,360)</u>	<u>(141,562)</u>
<b>TOTAL FUNDS</b>	<u>4,193,592</u>	<u>(4,722,065)</u>	<u>(528,473)</u>

### **Comparatives for movement in funds**

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
<b>Unrestricted funds</b>				
General fund	671,996	309,819	41,862	1,023,677
Property fund	41,862	-	(41,862)	-
	<u>713,858</u>	<u>309,819</u>	<u>-</u>	<u>1,023,677</u>
<b>Restricted funds</b>				
Holiday Lodge asset fund	49,555	-	-	49,555
Hardship Fund	-	25,999	-	25,999
John Salmons Legacy Fund	1,275	(1,275)	-	-
Northamptonshire Community Foundation iwill	-	9,960	-	9,960
ICAN fund	89,191	(89,191)	-	-
Planning for Tomorrow	2,947	(2,947)	-	-
Masonic Charitable Foundation	12,162	(12,162)	-	-
Carers Respite Support and Development	4,662	(4,662)	-	-
Disability Inclusive Sports Club	5,995	(5,995)	-	-
Carers Trust - Making Carers Count	8,263	(2,932)	-	5,331
CCG Surge	231,950	(231,950)	-	-
NHS Pulmonary Rehabilitation Pathway	72,000	(24,417)	-	47,583
Mental Health Learning Disability	-	24,000	-	24,000
The National Lottery Community Fund - RC Midlands Region	33,692	(23,375)	-	10,317
Margaret Giffen	9,174	(9,174)	-	-
West Northamptonshire Council - Discharge Pilot	-	3,023	-	3,023
NHFT Personalisation Work	-	105,000	-	105,000
Hypertension and CHD	-	3,000	-	3,000
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	15,000	-	15,000
Pulmonary Rehab Agreement - Child Spirometry	-	15,000	-	15,000
	<u>520,866</u>	<u>(222,098)</u>	<u>-</u>	<u>298,768</u>
<b>TOTAL FUNDS</b>	<u>1,234,724</u>	<u>87,721</u>	<u>-</u>	<u>1,322,445</u>

# **NORTHAMPTONSHIRE CARERS**

## **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

### **18. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	2,436,919	(2,127,100)	309,819
<b>Restricted funds</b>			
Hardship Fund	51,999	(26,000)	25,999
Children in Need - YC Youth Groups	9,994	(9,994)	-
Northamptonshire Community			
Foundation - Suede Respite Fund -			
Volunteer Sitting Service and Carers			
Breaks	5,245	(5,245)	-
John Salmons Legacy Fund	-	(1,275)	(1,275)
Northamptonshire Community			
Foundation iwill	9,960	-	9,960
Northampton General Hospital			
Discharge Work	121,278	(121,278)	-
Carers Trust - Carers Grants	750	(750)	-
ICAN fund	672,000	(761,191)	(89,191)
Planning for Tomorrow	-	(2,947)	(2,947)
Masonic Charitable Foundation	-	(12,162)	(12,162)
Carers Respite Support and			
Development	-	(4,662)	(4,662)
Disability Inclusive Sports Club	-	(5,995)	(5,995)
Carers Trust - Making Carers Count	40,165	(43,097)	(2,932)
Nothamptonshire Better Health			
Outcomes - Social Prescribing	142,735	(142,735)	-
CCG Surge	-	(231,950)	(231,950)
NHS Pulmonary Rehabilitation			
Pathway	1	(24,418)	(24,417)
Northamptonshire Healthcare NHS			
Foundation Trust - Long COVID			
Support	82,688	(82,688)	-
Mental Health Learning Disability	24,000	-	24,000
The National Lottery Community Fund			
- RC Midlands Region	140,005	(163,380)	(23,375)
Margaret Giffen	-	(9,174)	(9,174)
NHS Northamptonshire ICB - Bariatric			
Support Income	87,640	(87,640)	-
West Northamptonshire Council -			
Discharge Pilot	29,040	(26,017)	3,023
NHFT Personalisation Work			
Hypertension and CHD	105,000	-	105,000
Voluntary Impact Northamptonshire Ltd			
- National Lottery Community Fund -			
Health Equality	9,999	(9,999)	-
Kirby Laing Foundation - Ward Support			
for Patients with Dementia	5,000	(5,000)	-
Northamptonshire Community			
Foundation - Poverty Hurts Appeal	3,000	-	3,000



## NORTHAMPTONSHIRE CARERS

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

#### 18. MOVEMENT IN FUNDS - continued

Voluntary Impact Northamptonshire - Facilitating Workshop	450	(450)	-
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	6,430	(6,430)	-
Mental Health Northants Collaboration - Covid Relief Funding	110,352	(110,352)	-
Workforce Retention and Recruitment Fund	9,151	(9,151)	-
Pulmonary Rehab Agreement - Child Spirometry	15,000	-	15,000
West Northamptonshire Council - Carer Recognition Payments	7,350	(7,350)	-
West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway	12,500	(12,500)	-
	<u>1,701,732</u>	<u>(1,923,830)</u>	<u>(222,098)</u>
<b>TOTAL FUNDS</b>	<u>4,138,651</u>	<u>(4,050,930)</u>	<u>87,721</u>

The Holiday Lodge asset fund is represented by one holiday lodge purchased in 2020 and used for providing carers with breaks.

The National Lottery fund is to establish a network of volunteer Carer Champions across the county who are trained to be a point of contact for carers within local communities. To establish ongoing and one off social activities for carers.

The Children in Need - YC Youth Groups fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The John Salmons Legacy fund last year was a contribution towards sports activities for parent carers in Towcester area. Grant facilitated by Northamptonshire Community Foundation.

The NHS Befriending Project fund is to be used for the befriending volunteer project.

The Property Fund relates to insurance proceeds to be spent on the repair of the charity's freehold property following flood damage.

The National Lottery Community Fund - RC Midlands Region fund is to be used for the coordination and delivery of group activities for the adult carers and volunteer Carers Champion programme.

The Margaret Giffen fund is to be used for a young carer worker covering Kettering and Corby.

The Hardship fund relates to a Personal Health Budget/Direct payment third party agreement for an individual with complex needs. Northamptonshire Carers support this via agreements with the ICB and Children's Trust, administering this as a third-party organisation in line with NHS/LA guidance and also providing the Carers Assessments as part of this.

The Planning for tomorrow fund is a Carers Trust grant providing one-to-one and group support for former carers following a bereavement.

The Masonic Charitable fund is for wellbeing workshop groups for young carers.

## NORTHAMPTONSHIRE CARERS

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

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#### 18. MOVEMENT IN FUNDS - continued

The Carers Trust Carers Respite Support Development Fund enabled piloting innovative ways of providing individualised respite including a sports activity club, country part walks and trips for parent carers.

The Disability inclusive sports club fund was a donation from the Disc charity in south Northants to run and provide a disabled sports group in that area.

The Carers Trust - Making Carers Count fund is a Carers Trust Equality and Diversity project aiming to increase the reach with black and Asian communities of carers.

The Northamptonshire Better Health Outcomes - Social Prescribing funding is to support our role as a locality provider in the SPRING Social prescribing services in Northamptonshire with our area being Wellingborough.

The Dementia Community asset funding is from a local Trust to support the provision of groups and support for those with Dementia and their Carers in Northamptonshire (Kirby Laing Foundation).

The CCG Surge funding is NHS system pressures funding to support hospital discharge in the county, the funding covers care costs, staff at the Hospital, and funding to aid discharge such as Transport, cleaning and decluttering, equipment, house adaptations etc.

The NHS Pulmonary Rehab funding is working in partnership with local NHS and leisure centre providers to redesign the Pulmonary Rehabilitation (PR) pathway. PR is an exercise course for patients with lung conditions such as COPD. This money paid for NHS triage of patients, upskilling of fitness professionals to deliver the course and leisure centre staffing costs.

The Desborough Trust is for a trip.

The Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks is to cover sitting service volunteer expenses and staff wages.

The Northamptonshire Community Foundation - Poverty Hurts Appeal is a contribution to a food bank to cover the cost of materials and staffing.

The Northamptonshire Community Foundation iwill Grant is to establish a Young Carers Steering Group to give young carers the opportunity to co-produce a video to raise awareness of their work.

The NGH Discharge Work is a contractual agreement with Northampton General Hospital to support patients and carers around discharges from hospital.

The ICAN fund is organisational funding to help deliver the countryside ICAN transformation programme for older people.

The Voluntary Impact Northamptonshire - Facilitating Workshop is a one off workshop for carers partnership to look at outcomes related to ICAN strategy development.

The Northamptonshire Better Health outcomes - Wellbeing Activation Fund is a social activation fund for service users of the Social Prescribing contract above.

Kirby Laing Foundation - Ward Support for Patients with Dementia is a contribution towards costs for a specific member of staff to support patients and carers in NGH funding.

NHS Foundation Trust COVID-19 Long Covid Support is funding to supplement breathing space service deliver support to those with long covid via groups and staffing.



## **NORTHAMPTONSHIRE CARERS**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

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#### **18. MOVEMENT IN FUNDS - continued**

Mental Health Northants Collaboration - Dementia Workshop is funding to provide psychoeducation for carers around dementia.

Mental Health Northants Collaboration - Covid Relief Funding is funding for carers respite, breaks and psychoeducation.

NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund is a one-off payment bonus for regulated care staff who worked during the Covid period.

NHS Northamptonshire ICB - Bariatric Support Income is to support bariatric discharges from hospital.

NHS Pulmonary Rehab Agreement - Child Spirometry is funding to support child spirometry.

The West Northamptonshire Council Discharge Pilot is funding to support hospital discharges in the West Northamptonshire area.

The West Northamptonshire Council - Carer Recognition Payments is Covid related funding to enable carers to look after people post hospital discharge in the West Northamptonshire area.

The West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway is funding to support work on the dementia pathway.

NHFT Personalisation Work Hypertension and CHD is ICAN related funding around hypertension and coronary health disease.

Voluntary Impact Northamptonshire - National Lottery Community Fund - Health Equality is funding to support carers looking after those at the end of life and also to support former carers.

The Smoking Cessation fund is to be used to purchase IT systems that will aid in reducing smoking rates in the county.

The Population Health (Household Support Fund) fund is to support food and energy poverty via direct payments to carers.

The Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service fund is additional funding for prevention and crisis work for a carer looking after someone with dementia.

The Faraway Children's Charity fund are payments received for school uniform or specific items for young carers.

The Department for Work and Pensions - Access to Work fund is used to provide practical support for employees with physical or mental health conditions or disabilities, including specialist equipment.

The Corby Phoenix Rotary fund are funds that have been provided to be spent in the Corby area.

The St Albans Charity Players fund is a donation towards the food bank and for a carers trip.

## **NORTHAMPTONSHIRE CARERS**

### **NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024**

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#### **19. RELATED PARTY DISCLOSURES**

During the year, Nicola Best, who is the wife of Christopher Best, a Trustee of Northamptonshire Carers, received remuneration under employment contract of £18,511 (2023: £17,444).

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £15,282 (2023: £15,219).

During the year, Ecton Village Hall, which Sally Jones also acts as a Trustee for, was paid £30 for the hire of a meeting room for a Trustee's meeting.

During the year, Kettering Association for Mental Health, which James Douglas also acts as a Trustee for, was paid £2,100 for mental health and resilience courses for carers.

# **NORTHAMPTONSHIRE CARERS**

## **DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	126,344	105,641
Gift aid	6,147	1,066
Legacies	<u>25,000</u>	<u>280,301</u>
	157,491	387,008
<b>Investment income</b>		
Rents received	4,644	3,203
Deposit account interest	<u>4,771</u>	<u>1,067</u>
	9,415	4,270
<b>Charitable activities</b>		
Grants and contract income	4,026,686	3,745,970
<b>Other income</b>		
Insurance proceeds	<u>-</u>	<u>1,403</u>
<b>Total incoming resources</b>	4,193,592	4,138,651
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Sundries	331	104
<b>Charitable activities</b>		
Wages	2,556,374	2,140,803
Social security	196,481	170,299
Pensions	98,152	91,236
Carers support costs	956,768	839,960
Holiday lodge costs	8,961	6,347
Business development and bid writing	54,699	56,508
Travel	118,914	85,426
Volunteers' expenses	7,499	5,633
Training & conferences	19,762	15,992
Direct payments	169,203	147,451
Freehold property	<u>7,500</u>	<u>7,499</u>
	4,194,313	3,567,154
<b>Support costs</b>		
<b>Management</b>		
Wages	142,613	152,539
Carried forward	142,613	152,539

This page does not form part of the statutory financial statements

# **NORTHAMPTONSHIRE CARERS**

## **DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
<b>Management</b>		
Brought forward	142,613	152,539
Social security	11,302	13,359
Pensions	5,117	7,876
Rent, rates and water	80,817	52,712
Insurance	15,068	12,729
Light and heat	4,768	3,586
Telephone	33,799	25,446
Postage and stationery	19,389	20,745
Advertising	3,272	6,622
Sundries	21,202	7,690
Office equipment	4,268	4,465
Cleaning	10,261	7,349
Repairs and servicing	8,777	11,469
Legal fees, bookkeeping etc.	13,114	4,990
Other professional fees	4,413	17,180
HR support	19,786	13,292
Depreciation of tangible and heritage assets	<u>27,360</u>	<u>26,974</u>
	425,326	389,023
<b>Finance</b>		
Bank charges	686	711
<b>Information technology</b>		
Computer costs and IT support	74,144	67,881
<b>Governance costs</b>		
Auditors' remuneration	9,150	8,712
Auditors' remuneration for non audit work	<u>18,115</u>	<u>17,345</u>
	<u>27,265</u>	<u>26,057</u>
Total resources expended	<u>4,722,065</u>	<u>4,050,930</u>
<b>Net (expenditure)/income</b>	<u>(528,473)</u>	<u>87,721</u>

## **NORTHAMPTONSHIRE CARERS**

### **LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2024**

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Avant Garde  
Benevity Netflix  
Big Give Trust  
Briggs Equipment UK  
Carers Trust  
Centurion Management  
Cocoon Corporate  
Combined Property Services  
Corby Lottery  
Corby Rotary Club  
Faraway Children's Charity  
Friars Academy  
Greatwell Homes  
Local Lotto  
Lucy Alan Estate Agents  
Napton Cidery  
NHS Northamptonshire ICB  
North Northamptonshire Council  
Northampton Hospital NHS Trust  
Northampton Lottery  
Northamptonshire Better Health Outcomes  
Northants Community Aid  
Northants Scottish Association  
Northwick Trust  
Not so dusty group  
Our Little Smokehouse  
Queensgrove Methodist Church  
Rushden Bowls Club  
Rushden Golf Club  
St Albans Charity Players  
Wellingborough Golf Club  
West Northamptonshire Council  
Yardley Hastings United Reformed Church

Plus, many more individual donations both cheques and online from sponsors and supporters too numerous to mention individually.