

REGISTERED COMPANY NUMBER: 03328459 (England and Wales)
REGISTERED CHARITY NUMBER: 1061417

NORTHAMPTONSHIRE CARERS
REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

NORTHAMPTONSHIRE CARERS

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FOR THE YEAR ENDED 31 MARCH 2023**

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REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES	Mr P Douglas Dr P Inns Miss N Scott (resigned 13/12/22) Mrs E Yates Mrs S G Jones Mr C Best Mrs J Hilton Mr G Brogden Mr R Velji Shah Ms A Gunn (appointed 15/8/23) Ms V E Hawes (appointed 15/8/23) Mrs C A G Saxon (appointed 15/8/23)
REGISTERED OFFICE	The Ann Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
REGISTERED COMPANY NUMBER	03328459 (England and Wales)
REGISTERED CHARITY NUMBER	1061417
AUDITORS	DNG Dove Naish LLP, Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
BANKERS	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
CHIEF EXECUTIVE OFFICER	Mark Major
CHIEF OPERATING OFFICER	Gwyn Roberts

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

INTRODUCTION

The last year has presented many challenges in terms of Health and Social Care systems and the wider landscape. The issues facing Charities and Carers have been to the forefront in this period. These are:

1. Effect of the Pandemic unlocks in terms of demand for services, people with increased health needs and access to services.
2. Continued rising demographics, especially around older people and their Carers.
3. Carers own health and wellbeing needs.
4. Cost of living and inflationary pressures for:
 - The Health and Social Care system
 - Public
 - Carers

This means more people with increased needs, increased demand for services and sharply rising costs. Although this has been another demanding year, it is very heartening to have seen so much good work done, both organisationally by Northamptonshire Carers and in partnership with others such as on the ICAN/Ageing Well transformation area for older people, and the SPRING Social Prescribing work in the county.

We were absolutely delighted to achieve significant national recognition this year by winning the Health Service Journal Award in the System Led Support for Carers category, with the judges saying at the Ceremony in London that the set of services and approaches in Northamptonshire should be aspired to by others. What made this especially pleasing was that we put forward our overall model of support across the whole Organisation, so the Award was a testament to all of our Staff, Volunteers and supporters.

All of the good work is of course only possible due to the continued support of our key funders, the Integrated Care Board, North Northamptonshire Council, West Northamptonshire Council, The National Lottery, Carers Trust, Northamptonshire Community Foundation, Northamptonshire Childrens Trust, Children in Need, Northamptonshire Health and Foundation Trust, and others, as well as all those other Trusts and individual donors who support our work.

In terms of Awards and Quality Marks, we were also very proud to also receive a Racial Equality Matters Silver Trailblazer Award and also awarded the Carers Trust Excellence for Carers Quality Mark.

When writing this section for the Annual Report I was struck by a number of key themes that underpin our work in what has been another highly successful year for Northamptonshire Carers. Those themes are.

- Carers needs and the needs of those they look after
- Growth and Diversification and Key services
- Workforce
- Diversity and Inclusion
- Partnerships and Integrated services

In terms of Growth and diversification and key services, the year is summed up from the perspective of more services for more people than ever before. However, within that it is worth highlighting the following:

- Increased work from our Carers Support Line and Carers Assessment Teams
- High referrals to both Adult and Young Carers services

We have seen considerable growth in our Community Asset Group provision as part of the Ageing Well and Respiratory work in the county. We now have groups and programmes for people with: -

- Dementia (Hubs and Groups)
- Coronary Heart Disease (Pumped-up)

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

- COPD (Breathing Space)
- Diabetes
- We have also run a very successful pilot around Sickle Cell.

We have also seen growth via our Regulated Care Overnight Service and via our hospital discharge work which is being recognized nationally. Our Young Carers service also continues to flourish and develop. Our network of Carers Support Groups, Cafes, specialist groups and music and leisure groups also continue to do splendid work, receive great feedback, and are well attended. As well as this, our Community Companions Service continues to be both much needed and well used.

In terms of workforce, we are blessed with an ever-growing team of Staff, Volunteers, Peer Supporters - the quality of these teams is what enables us to be able to do all that we do. This year, we were able to present long service awards to our Staff and Volunteers and Trustees who have been with us on our journey. It was very humbling to see the number of years people have been with the Organisation and the huge contribution they have made and most importantly the difference that has made to Carers. We have grown from small beginnings to now be a large local Charity and much of that is down to our excellent team.

Carers needs are always the starting point for the work we do and the best thing as we emerge from the challenges and sadness of the Pandemic has been to see so many Carers as we have moved back fully to face to face and group work. We will continue to prioritise work around Carers needs and are pleased this year to have won new funding and allocated additional resources to Carers breaks, our Support Line and Group work with Carers. We are also acutely aware of the strains on Carers own health and wellbeing and the financial challenges they face in these difficult times. We are also incredibly grateful to our two local authorities for access to the Household Support Fund.

As part of our work on the new Carers strategy for Northamptonshire via the Carers Partnership we have conducted a large survey concerning Carers needs and issues which will inform our service planning and delivery.

The particularly important theme of Diversity and Inclusion has been a real focus for us this year, and as well as the Trailblazer Award mentioned earlier, the Organisation signed up to the Big Promise and the work being done has led to the Organisation being cited as a good practice model. Funding from Carers Trust has enabled us to work on our Action for Carers Project, identifying and working with hard-to-reach groups of Carers; we want to ensure that Northamptonshire is accessible to all who need us.

You can view our Big Promise here <https://www.northamptonshire-carers.org/the-big-promise>

Making sure the voice of Carers and Patients is part of the planning, co-production and design of services is key and we are very proud that the work of the People's Advisory Group (PAG) was highlighted as national good practice by NHS England this year and is the subject of a case study and presentation at a national event.

As mentioned, Partnerships and collaboration are key areas moving forward, and the Organisation is highly active in a number of key areas: -

- The new Integrated Care System for Northamptonshire
- The ICAN transformation Programme
- The Carers Partnership
- The Mental Health Collaborative
- The Voluntary Sector Assembly

We also continue as we have been for all of our existence to be a network member of Carers Trust and thank them for their continued excellent support.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

A thank you also to my fellow Trustees for their continued commitment and hard work for the Organisation.

Please take some time to look at the statistical and Outcomes report that follows that highlights the work of the Organisation.

Wishing you and yours all the very best.

Sally Jones
Chairman

OBJECTIVES AND ACTIVITIES

Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs. We support those living with long term health conditions and their Carers, co-producing services with them.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE Charitable activities

THE YEAR IN NUMBERS Achievements and Performance

Carers Registered	15539
New Carers Registered	5457
Ethnic Minority Carers	19%

Groups/Activities/On-line Sessions Attendance

Carers Support Groups/Dementia Groups	3762
Choir + Ukulele	2516
Carers Cafes	1085
Breathing Space	3144
Community Companions hours	1589

Support Calls/Contacts/Sessions

Peer Support/1-2-1 Calls	1238
Befriending	256
Breathing Space	38

Social Media

Facebook Friends	3804
Twitter followers	1871
Instagram followers	1057

Website Usage

Visitors to website	33570
Page Views	153117

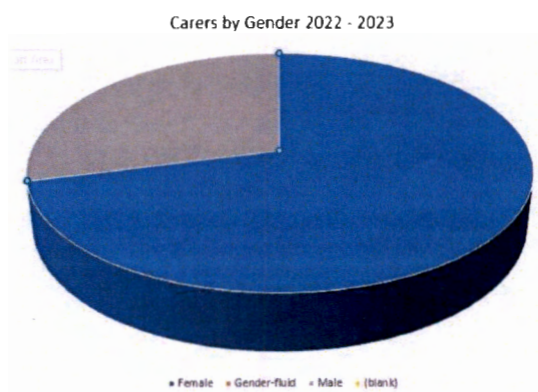
Welfare Rights Generated Income	£412,394
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Carers Key Statistics	
Carer Contacts	60,146
Carers Assessments	3433
Emailed Newsletters	87,351
Carer Friendly Employers	45
Investors in GP Surgeries	49
• Bronze	30
• Silver	16
• Gold	1
• Gold Pls	2

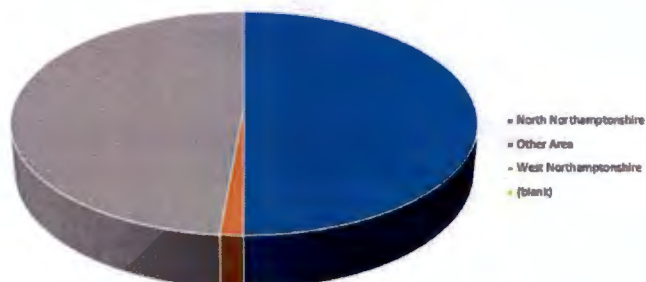
Young Carers Service	
Numbers registered	1300
Support/Contacts	29,3732
New Referrals	341
Waiting List	41
Facebook Friends	1387
Twitter Followers	52
Instagram Followers	1130
Activities/Groups	1731
Support Planning	274
Ethnicity	23.1%



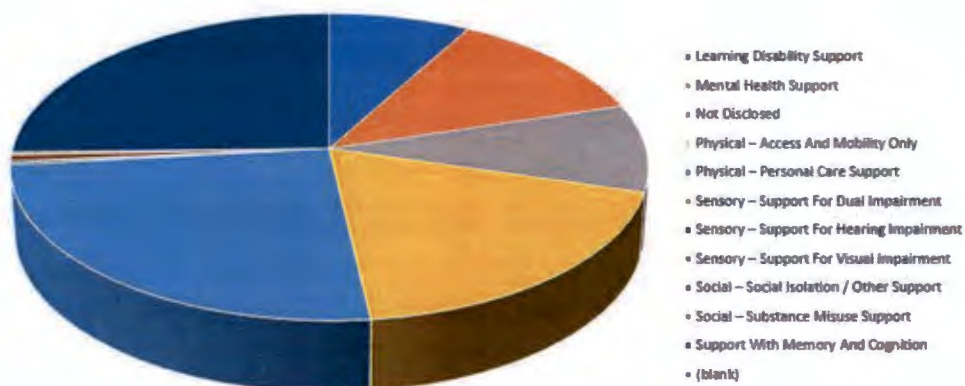
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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

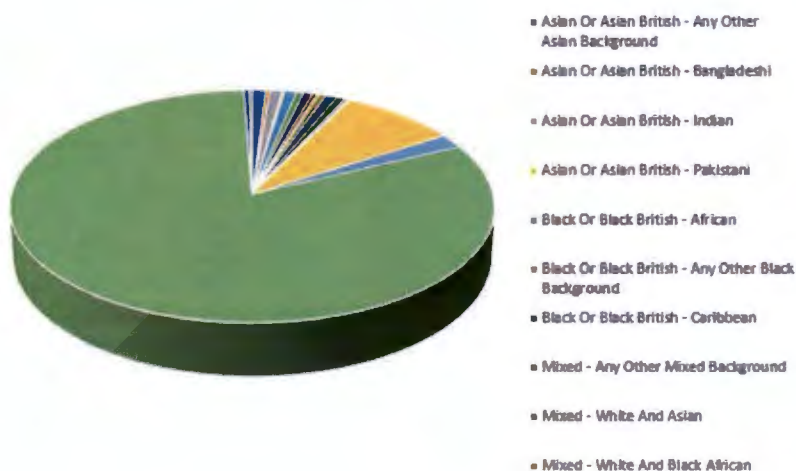
Carers Supported by Area 2022 - 2023



Cared-for : Primary Support Reason 2022 - 2023



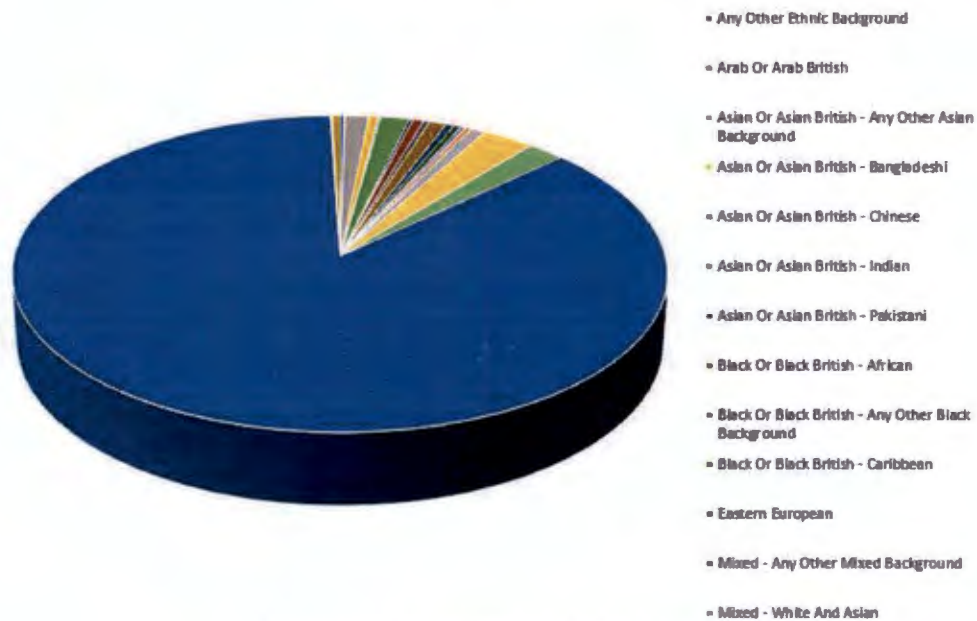
Carers Registered - by Ethnicity



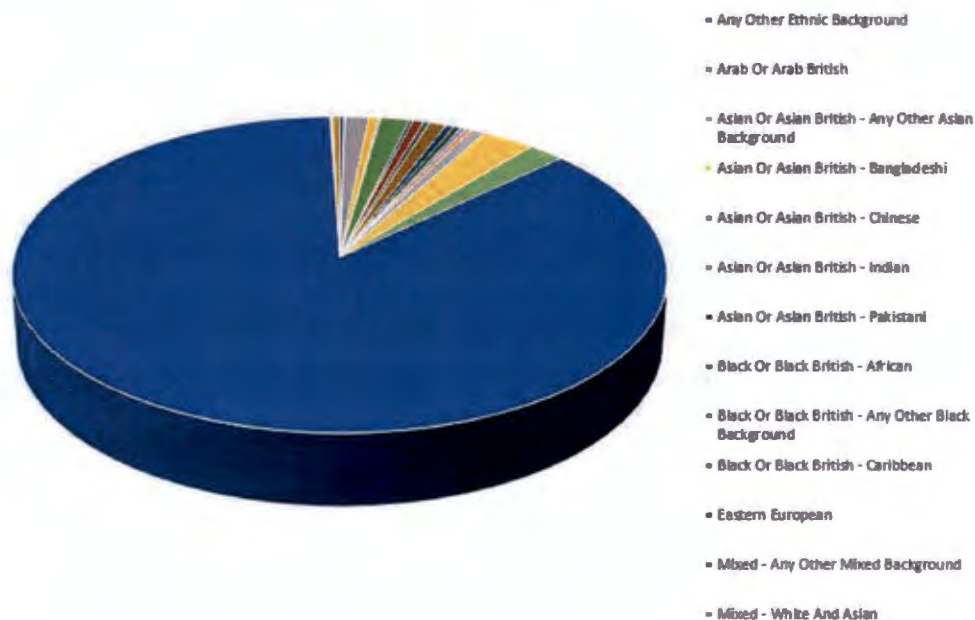
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Carers Accessing Services by Ethnicity 2022 - 2023



Carers Accessing Services by Ethnicity 2022 - 2023



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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

What people say about our services and support

"Made my relationships with both wife and sister much better as I am able to commit time to my sister, who is really pleased to see me, and my wife is much happier knowing the volunteer is there."

"It makes me happy to see that I've made a difference to somebody"

"aww so lovely to see them with smiles and making new friends."

"Thank you for giving _ a super day which was extra needed this week."

"_ has not stopped talking about today, thank you so much."

What was life like for you before the spring program?

"Depressing, I used to cry a lot, couldn't get no help from anyone."

What is life like now?

"Sooo much better, I'm happier, I go out more, I have more confidence, speaking to people a lot more, my life has changed a lot, and I'm quite proud of myself, and thank you very much to Spring and the lovely Jo for helping me."

"the group has made a 25-50% change in my life, I thought I couldn't go the gym because of my heart failure but I can! The more we come and listen, it's building confidence"

"Meeting new friends. Finding out more about COPD. Opportunity to speak to the doctor. Relaxation & other activities. Guest speakers"

"we have fun, we forget what it is to be a carer. At home, that is all I am, I am no longer his wife"

"Breathing Space has helped me understand my condition and make improvements to my mental health. It's also good to meet others with a similar condition. Access to a doctor who specialises in respiratory conditions is an added bonus. The meetings are varied and interesting with a mixture of understanding the condition, exercise, meditation and socialising"

For a more detailed review of our services, please see Northamptonshire Carers Outcomes Report for 2022/2023.

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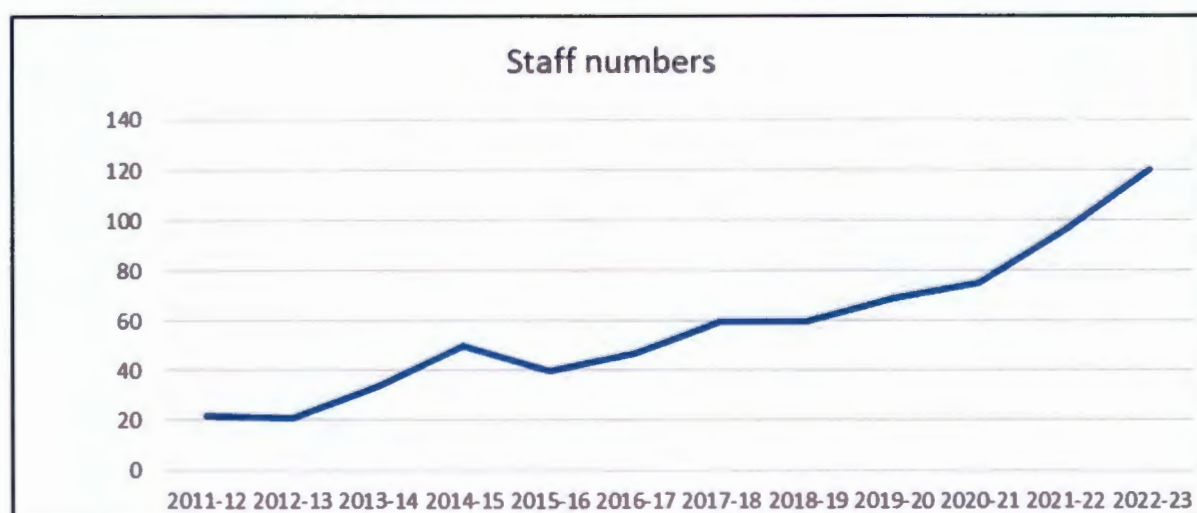
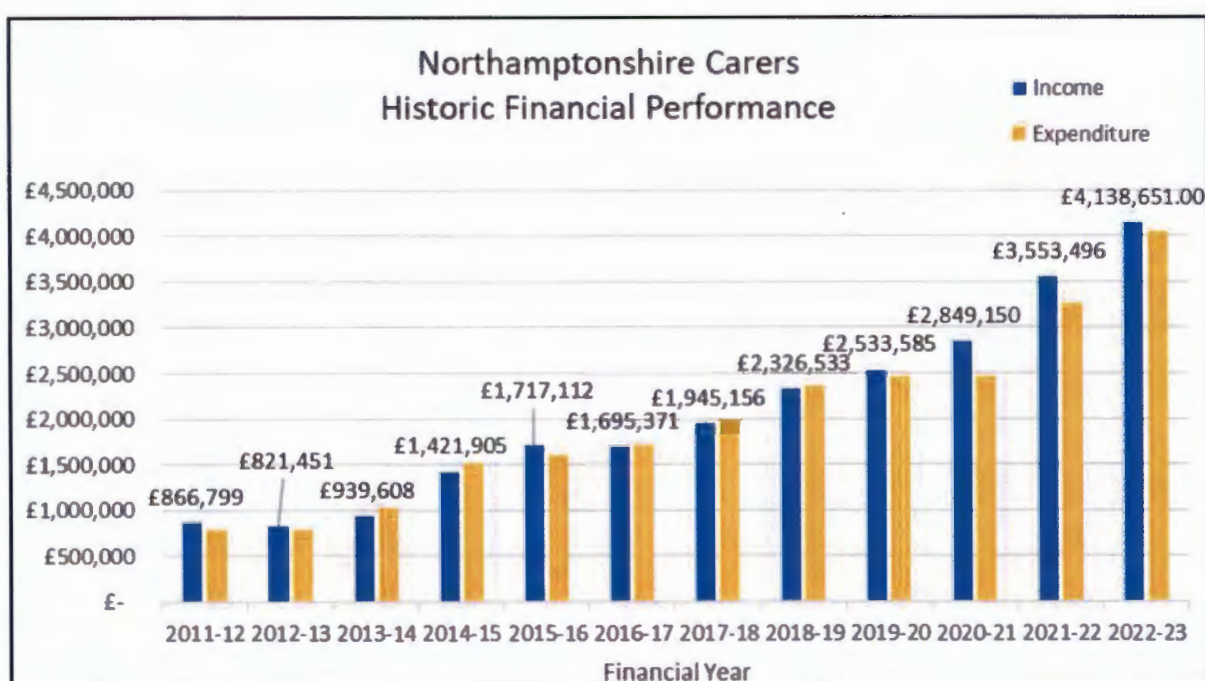
REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

Financial position

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2023 the charity made a surplus of £87,721 in relation to gross income of £4,138,651 (2022: £300,806 surplus on gross income of £3,553,496). Income had increased by 16.5% in 2022/23 compared to 24.7% in 2021/22. While the increase in funding (and activities) is less than the previous year, it is remarkable that we continue to grow and also that we have recorded a surplus for the fourth year in succession despite the economic landscape we operate within. The growth in income, expenditure and staff numbers over the last decade are shown in the graphs below:



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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

In last year's Annual Report we stated that our challenge for the next few years is to maintain growth without compromising the quality of what we deliver. As we expected, our costs have risen, not just for the direct delivery of services but also in the support areas which are essential for the smooth running of the organisation. The economic pressures which have led to increased demand for our services and the complexity of the issues that carers face have also affected our ability to deal with those needs since:

- Rising inflation has led to higher staff, materials and resource costs
- Increased costs from suppliers and contractors
- More complexity means more resources required per carer that we help
- More cases requiring urgent action are inherently more costly to deal with
- A reduction in household disposable income means our donations reduce

We stated in 2020-21 that our goals were to:

- Continue our growth in services to carers
- Continue to actively and successfully manage our costs
- Maintain at least three months of operational reserves
- Continue to deliver a more modest surplus each year

These goals remain as our objectives and continue to be achieved. Much credit is due to the staff and volunteers who continue to make this possible.

At 31 March 2023 the charity has reserves of £1,322,445 of which £298,768 is held on restricted funds, and £273,903 represents the book value of the charity's freehold office in Wellingborough.

Reserves policy

The Trustees policy is to create and maintain a level of free (i.e. readily realisable) reserves sufficient to allow the organisation to operate for a minimum of three months without income. This level was achieved and will continue to be kept under review and recalculated when necessary. The reserves level for 2022-23 was £680,000.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association.

In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

Organisational Structure

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

Decision making

The major funders may nominate up to 3 trustees, but these shall be non-voting members. The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

Induction and training of new trustees

An induction is prepared and delivered when a Trustee commences their role.

This includes background on the organisation and its services, the role of the volunteer, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the volunteer role.

There is a trial period of 3 months to give the organisation and the volunteer time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Volunteer may terminate the agreement, preferably by mutual consent.

Key management remuneration

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

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REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk assessment

The committee does not believe there are any substantial risks beyond those liabilities disclosed in its Annual Report and Accounts. However, the programme of public sector spending cuts and resultant reductions in statutory funding to third sector organisations will continue to impact on the third sector, Carers and service users, both from the point of view of our delivery of services and also in increasing the need for those services. COVID-19 and the continuing programmes of social isolation does pose a risk for the future, but our experience to date suggests that COVID is not substantially threatening our financial position, and the excellent work by all staff in adapting and responding to the changing social landscape is minimising and managing the operational risk posed by COVID.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, DNG Dove Naish LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 17th OCTOBER 2023 and signed on its behalf by:

S. G. Jones

Mrs S G Jones - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Opinion

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of income. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DNG Dove Naish LLP

DNG Dove Naish LLP, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 17 October 2023

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	335,008	52,000	387,008	114,108
Charitable activities	4				
Charitable activities		2,096,239	1,649,731	3,745,970	3,434,760
Investment income	3	4,270	-	4,270	4,628
Other income		<u>1,403</u>	<u>-</u>	<u>1,403</u>	<u>-</u>
Total		<u>2,436,920</u>	<u>1,701,731</u>	<u>4,138,651</u>	<u>3,553,496</u>
EXPENDITURE ON					
Raising funds	5	104	-	104	211
Charitable activities	6				
Charitable activities		<u>2,126,997</u>	<u>1,923,829</u>	<u>4,050,826</u>	<u>3,252,479</u>
Total		<u>2,127,101</u>	<u>1,923,829</u>	<u>4,050,930</u>	<u>3,252,690</u>
NET INCOME/(EXPENDITURE)		309,819	(222,098)	87,721	300,806
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>713,858</u>	<u>520,866</u>	<u>1,234,724</u>	<u>933,918</u>
TOTAL FUNDS CARRIED FORWARD		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	13	396,515	-	396,515	398,473
CURRENT ASSETS					
Debtors	14	90,065	24,886	114,951	91,090
Cash at bank		<u>707,372</u>	<u>343,023</u>	<u>1,050,395</u>	<u>962,650</u>
		797,437	367,909	1,165,346	1,053,740
CREDITORS					
Amounts falling due within one year	15	(170,275)	(69,141)	(239,416)	(217,489)
NET CURRENT ASSETS		<u>627,162</u>	<u>298,768</u>	<u>925,930</u>	<u>836,251</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>
NET ASSETS		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>
FUNDS	17				
Unrestricted funds				1,023,677	713,858
Restricted funds				<u>298,768</u>	<u>520,866</u>
TOTAL FUNDS				<u>1,322,445</u>	<u>1,234,724</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17th OCTOBER 2023 and were signed on its behalf by:

S.G. Jones

.....
S G Jones - Trustee

NORTHAMPTONSHIRE CARERS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	<u>122,491</u>	<u>363,008</u>
Net cash provided by operating activities		<u>122,491</u>	<u>363,008</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(32,515)	(46,537)
Interest received		<u>1,067</u>	<u>267</u>
Net cash used in investing activities		<u>(31,448)</u>	<u>(46,270)</u>
Change in cash and cash equivalents in the reporting period		91,043	316,738
Cash and cash equivalents at the beginning of the reporting period	2	<u>945,591</u>	<u>628,853</u>
Cash and cash equivalents at the end of the reporting period	2	<u><u>1,036,634</u></u>	<u><u>945,591</u></u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net income for the reporting period (as per the Statement of Financial Activities)	87,721	300,806
Adjustments for:		
Depreciation charges	34,473	29,689
Interest received	(1,067)	(267)
(Increase)/decrease in debtors	(23,861)	1,394
Increase in creditors	<u>25,225</u>	<u>31,386</u>
Net cash provided by operations	<u>122,491</u>	<u>363,008</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2023 £	2022 £
Notice deposits (less than 3 months)	1,050,395	962,650
Overdrafts included in bank loans and overdrafts falling due within one year	<u>(13,761)</u>	<u>(17,059)</u>
Total cash and cash equivalents	<u>1,036,634</u>	<u>945,591</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank	962,650	87,745	1,050,395
Bank overdraft	<u>(17,059)</u>	<u>3,298</u>	<u>(13,761)</u>
	<u>945,591</u>	<u>91,043</u>	<u>1,036,634</u>
Total	<u>945,591</u>	<u>91,043</u>	<u>1,036,634</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Statutory information

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

Significant Judgements and Estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property - 2% on cost

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Holiday Lodges	- 10% on cost
Computer equipment	- 25% on reducing balance

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

2. DONATIONS AND LEGACIES

	2023 £	2022 £
Donations	105,641	114,011
Gift aid	1,066	97
Legacies	<u>280,301</u>	<u>-</u>
	<u>387,008</u>	<u>114,108</u>

3. INVESTMENT INCOME

	2023 £	2022 £
Rents received	3,203	4,361
Deposit account interest	<u>1,067</u>	<u>267</u>
	<u>4,270</u>	<u>4,628</u>

4. INCOME FROM CHARITABLE ACTIVITIES

Activity	2023 £	2022 £
Grants and contract income	<u>3,745,970</u>	<u>3,434,760</u>
Charitable activities		

Grants received, included in the above, are as follows:

	2023 £	2022 £
NCC Lot Funding	648,900	648,900
NHS Lot Funding	909,286	894,670
Nene CCG Dementia Care	417,552	417,552
Carers Trust - Making Carers Count	40,165	54,756
Margaret Giffen Charitable Trust	-	28,142
BBC Children in Need - YC Youth Groups	9,994	9,164
Constance Travis Trust	-	4,000
Spirit of 2012	-	39,097
John Salmons Legacy Fund	-	2,550
Northampton General Hospital Discharge Work	121,278	71,500
NCC- Young Carer	120,000	120,000
Northamptonshire County Council- COVID19	-	12,333
NHS Trust	-	49,613
NHS Foundation Trust - ICAN programme	632,000	442,684
West Northamptonshire Council - Integrated Better Care Fund		
Dementia Pathway	12,500	12,500
The National Lottery Community Fund - RC Midlands Region	140,005	134,656
Masonic Charitable Foundation	-	14,334
Global Giving	-	3,644
Disability Inclusive Sports Club	-	8,116
Northamptonshire Better Health Outcomes - Social Prescribing	<u>142,735</u>	<u>101,878</u>
Carried forward	3,194,415	3,070,089

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2023	2022
	£	£
Brought forward	3,194,415	3,070,089
NHS Northamptonshire CCG	-	309,500
Mental Health Northants Collaboration - Dementia Workshop	24,000	55,171
Northamptonshire Community Foundation iwill	9,960	-
NHS Northamptonshire ICB - Bariatric Support	87,640	-
West Northamptonshire Council - Discharge Pilot	29,040	-
Northamptonshire Community Foundation - Poverty Hurts Appeal	3,000	-
NHFT Personalisation Work Hypertension and CHD	105,000	-
NHS Northamptonshire ICB - Pulmonary Rehab Agreement - Child Spirometry	15,000	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,245	-
West Northamptonshire Council - Carer Recognition Payments	7,350	-
Children In Need - Cost of Living Booster	500	-
National Lottery Community Fund - Health Equality	9,999	-
NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund	9,151	-
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	6,430	-
Voluntary Impact Northamptonshire - Facilitating Workshop	450	-
Northamptonshire ICB - Befriending Service	40,000	-
Kirby Laing Foundation - Ward Support for Patients with Dementia	5,000	-
Carers Trust - Carers Grants	750	-
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	82,688	-
Mental Health Northants Collaboration - Covid Relief Funding	110,352	-
	<u>3,745,970</u>	<u>3,434,760</u>

5. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Sundries	<u>104</u>	<u>211</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>3,567,154</u>	<u>483,672</u>	<u>4,050,826</u>

7. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>389,023</u>	<u>711</u>	<u>67,881</u>	<u>26,057</u>	<u>483,672</u>

Support costs, included in the above, are as follows:

Management

	2023 Charitable activities £	2022 Total activities £
Wages	152,539	123,981
Social security	13,359	9,856
Pensions	7,876	6,968
Rent, rates and water	52,712	15,756
Insurance	12,729	10,747
Light and heat	3,586	3,058
Telephone	25,446	27,534
Postage and stationery	20,745	19,666
Advertising	6,622	1,524
Sundries	7,690	4,804
Office equipment	4,465	1,205
Cleaning	7,349	6,810
Repairs and servicing	11,469	138,438
Legal fees, bookkeeping etc.	4,990	12,020
Other professional fees	17,180	22,103
HR support	13,292	4,956
Depreciation of tangible and heritage assets	<u>26,974</u>	<u>22,190</u>
	<u>389,023</u>	<u>431,616</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

7. SUPPORT COSTS - continued Finance

	2023 Charitable activities £	2022 Total activities £
Bank charges	<u>711</u>	<u>806</u>

Information technology

	2023 Charitable activities £	2022 Total activities £
Computer costs and IT support	<u>67,881</u>	<u>60,919</u>

Governance costs

	2023 Charitable activities £	2022 Total activities £
Auditors' remuneration	8,712	7,920
Auditors' remuneration for non audit work	<u>17,345</u>	<u>16,446</u>
	<u>26,057</u>	<u>24,366</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation - owned assets	<u>34,473</u>	<u>29,689</u>

9. AUDITORS' REMUNERATION

	2023 £	2022 £
Fees payable to the charity's auditors for the audit of the charity's financial statements	8,712	7,920
Auditors' remuneration for non audit work	<u>17,345</u>	<u>16,446</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

Expenses of £474 (2022: £94) were reimbursed to one trustee (2022: two) in the financial year. These were paid to reimburse travel expenses incurred by the trustee.

11. STAFF COSTS

	2023 £	2022 £
Wages and salaries	2,293,343	1,716,535
Social security costs	183,658	125,840
Other pension costs	99,112	78,624
	<u>2,576,113</u>	<u>1,920,999</u>

During the year, employees received benefits in kind totalling £8,302 (2022: £8,938).

The average monthly number of employees during the year was as follows:

	2023	2022
Carers support and administration	<u>120</u>	<u>96</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£60,001 - £70,000	<u>1</u>	<u>-</u>

The key management personnel are the trustees, the Chief Executive and the Chief Operating Officer. The salaries, employers NI and employers pension paid to key management personnel in the year amounted to £137,864.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	46,744	67,364	114,108
Charitable activities			
Charitable activities	2,097,261	1,337,499	3,434,760
Investment income	<u>4,628</u>	<u>-</u>	<u>4,628</u>
Total	<u>2,148,633</u>	<u>1,404,863</u>	<u>3,553,496</u>
EXPENDITURE ON			
Raising funds	211	-	211
Charitable activities			
Charitable activities	<u>2,276,595</u>	<u>975,884</u>	<u>3,252,479</u>
Total	<u>2,276,806</u>	<u>975,884</u>	<u>3,252,690</u>
NET INCOME/(EXPENDITURE)	(128,173)	428,979	300,806
Transfers between funds	<u>57,132</u>	<u>(57,132)</u>	<u>-</u>
Net movement in funds	(71,041)	371,847	300,806
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>784,897</u>	<u>149,021</u>	<u>933,918</u>
TOTAL FUNDS CARRIED FORWARD	<u>713,856</u>	<u>520,868</u>	<u>1,234,724</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2023**

13. TANGIBLE FIXED ASSETS

	Freehold property £	Holiday Lodges £	Computer equipment £	Totals £
COST				
At 1 April 2022	333,855	74,995	93,064	501,914
Additions	-	-	32,515	32,515
At 31 March 2023	<u>333,855</u>	<u>74,995</u>	<u>125,579</u>	<u>534,429</u>
DEPRECIATION				
At 1 April 2022	53,275	23,999	26,167	103,441
Charge for year	<u>6,677</u>	<u>7,499</u>	<u>20,297</u>	<u>34,473</u>
At 31 March 2023	<u>59,952</u>	<u>31,498</u>	<u>46,464</u>	<u>137,914</u>
NET BOOK VALUE				
At 31 March 2023	<u>273,903</u>	<u>43,497</u>	<u>79,115</u>	<u>396,515</u>
At 31 March 2022	<u>280,580</u>	<u>50,996</u>	<u>66,897</u>	<u>398,473</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	73,016	58,016
Other debtors	471	1,308
Prepayments	<u>41,464</u>	<u>31,766</u>
	<u>114,951</u>	<u>91,090</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 16)	13,761	17,059
Trade creditors	82,983	73,381
Social security and other taxes	47,037	32,968
Other creditors	14,384	10,494
Accruals	<u>81,251</u>	<u>83,587</u>
	<u>239,416</u>	<u>217,489</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2022	58,015
Amount released to incoming resources	(58,015)
Amount deferred in year	<u>58,015</u>
Balance as at 31 March 2023	<u>58,015</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

16. LOANS

An analysis of the maturity of loans is given below:

	2023 £	2022 £
Amounts falling due within one year on demand:		
Bank overdrafts	<u>13,761</u>	<u>17,059</u>

The bank overdrafts are not actual bank overdrafts but computed balances within the funds, due to unrestricted cash funds being used to support restricted funds waiting on debtor balances to be paid.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2023**

17. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	671,996	309,819	41,862	1,023,677
Property fund	<u>41,862</u>	<u>-</u>	<u>(41,862)</u>	<u>-</u>
	713,858	309,819	-	1,023,677
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
Hardship Fund	-	25,999	-	25,999
John Salmons Legacy Fund	1,275	(1,275)	-	-
Northamptonshire Community Foundation iwill	-	9,960	-	9,960
ICAN fund	89,191	(89,191)	-	-
Planning for Tomorrow	2,947	(2,947)	-	-
Masonic Charitable Foundation	12,162	(12,162)	-	-
Carers Respite Support and Development	4,662	(4,662)	-	-
Disability Inclusive Sports Club	5,995	(5,995)	-	-
Carers Trust - Making Carers Count	8,263	(2,932)	-	5,331
CCG Surge	231,950	(231,950)	-	-
NHS Pulmonary Rehabilitation Pathway	72,000	(24,417)	-	47,583
Mental Health Northants Collaboration - Dementia Workshop	-	24,000	-	24,000
The National Lottery Community Fund - RC Midlands Region	33,692	(23,375)	-	10,317
Margaret Giffen	9,174	(9,174)	-	-
West Northamptonshire Council - Discharge Pilot	-	3,023	-	3,023
NHFT Personalisation Work	-	105,000	-	105,000
Hypertension and CHD	-	105,000	-	105,000
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	3,000	-	3,000
Pulmonary Rehab Agreement - Child Spirometry	<u>-</u>	<u>15,000</u>	<u>-</u>	<u>15,000</u>
	<u>520,866</u>	<u>(222,098)</u>	<u>-</u>	<u>298,768</u>
TOTAL FUNDS	<u><u>1,234,724</u></u>	<u><u>87,721</u></u>	<u><u>-</u></u>	<u><u>1,322,445</u></u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,436,919	(2,127,100)	309,819
Restricted funds			
Hardship Fund	51,999	(26,000)	25,999
Children in Need - YC Youth Groups	9,994	(9,994)	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,245	(5,245)	-
John Salmons Legacy Fund	-	(1,275)	(1,275)
Northamptonshire Community Foundation iwill	9,960	-	9,960
Northampton General Hospital Discharge Work	121,278	(121,278)	-
Carers Trust - Carers Grants	750	(750)	-
ICAN fund	672,000	(761,191)	(89,191)
Planning for Tomorrow	-	(2,947)	(2,947)
Masonic Charitable Foundation	-	(12,162)	(12,162)
Carers Respite Support and Development	-	(4,662)	(4,662)
Disability Inclusive Sports Club	-	(5,995)	(5,995)
Carers Trust - Making Carers Count	40,165	(43,097)	(2,932)
Nothamptonshire Better Health Outcomes - Social Prescribing	142,735	(142,735)	-
CCG Surge	-	(231,950)	(231,950)
NHS Pulmonary Rehabilitation Pathway	1	(24,418)	(24,417)
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	82,688	(82,688)	-
Mental Health Northants Collaboration - Dementia Workshop	24,000	-	24,000
The National Lottery Community Fund - RC Midlands Region	140,005	(163,380)	(23,375)
Margaret Giffen	-	(9,174)	(9,174)
NHS Northamptonshire ICB - Bariatric Support Income	87,640	(87,640)	-
West Northamptonshire Council - Discharge Pilot	29,040	(26,017)	3,023
NHFT Personalisation Work Hypertension and CHD	105,000	-	105,000
Voluntary Impact Northamptonshire Ltd - National Lottery Community Fund - Health Equality	9,999	(9,999)	-
Kirby Laing Foundation - Ward Support for Patients with Dementia	5,000	(5,000)	-

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Northamptonshire Community Foundation - Poverty Hurts Appeal	3,000	-	3,000
Voluntary Impact Northamptonshire - Facilitating Workshop	450	(450)	-
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	6,430	(6,430)	-
Mental Health Northants Collaboration - Covid Relief Funding	110,352	(110,352)	-
Workforce Retention and Recruitment Fund	9,151	(9,151)	-
Pulmonary Rehab Agreement - Child Spirometry	15,000	-	15,000
West Northamptonshire Council - Carer Recognition Payments	7,350	(7,350)	-
West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway	<u>12,500</u>	<u>(12,500)</u>	<u>-</u>
	<u>1,701,732</u>	<u>(1,923,830)</u>	<u>(222,098)</u>
TOTAL FUNDS	<u><u>4,138,651</u></u>	<u><u>(4,050,930)</u></u>	<u><u>87,721</u></u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2023**

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	621,694	(6,830)	57,132	671,996
Property fund	<u>163,203</u>	<u>(121,341)</u>	<u>-</u>	<u>41,862</u>
	784,897	(128,171)	57,132	713,858
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
Hardship Fund	-	16,398	(16,398)	-
National Lottery	28,505	(28,530)	25	-
Children in Need - YC Youth Groups	1,270	(1,270)	-	-
Carers Music Fund	41,179	-	(41,179)	-
Children in Need Sibling support	-	(11)	11	-
John Salmons Legacy Fund	-	1,275	-	1,275
Northamptonshire Community Foundation iwill	2,500	(2,500)	-	-
Carers Trust - Carers Grants	12	(12)	-	-
Staff Wellbeing	2,000	(2,397)	397	-
Suede Respite Fund	5,000	(5,000)	-	-
NHS Befriending Project	19,000	(19,000)	-	-
ICAN fund	-	89,191	-	89,191
Planning for Tomorrow	-	2,947	-	2,947
Masonic Charitable Foundation	-	12,162	-	12,162
Carers Respite Support and Development	-	4,662	-	4,662
Disability Inclusive Sports Club	-	5,995	-	5,995
Carers Trust - Making Carers Count	-	8,263	-	8,263
CCG Surge	-	231,950	-	231,950
NHS Pulmonary Rehabilitation Pathway	-	72,000	-	72,000
Desborough Trust	-	(12)	12	-
The National Lottery Community Fund - RC Midlands Region	-	33,692	-	33,692
Margaret Giffen	<u>-</u>	<u>9,174</u>	<u>-</u>	<u>9,174</u>
	<u>149,021</u>	<u>428,977</u>	<u>(57,132)</u>	<u>520,866</u>
TOTAL FUNDS	<u>933,918</u>	<u>300,806</u>	<u>-</u>	<u>1,234,724</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,148,633	(2,155,463)	(6,830)
Property fund	-	(121,341)	(121,341)
	2,148,633	(2,276,804)	(128,171)
Restricted funds			
Hardship Fund	66,560	(50,162)	16,398
National Lottery	-	(28,530)	(28,530)
Children in Need - YC Youth Groups	-	(1,270)	(1,270)
Carers Music Fund	39,098	(39,098)	-
Children in Need Sibling support	9,164	(9,175)	(11)
Carers Trust- Carers Grants	425	(425)	-
John Salmons Legacy Fund	2,550	(1,275)	1,275
Northamptonshire Community Foundation iwill	-	(2,500)	(2,500)
Northampton General Hospital Discharge Work	71,500	(71,500)	-
Carers Trust - Carers Grants	-	(12)	(12)
NCC- Infection Control	6,229	(6,229)	-
NHS- Long COVID-19	49,613	(49,613)	-
Staff Wellbeing	-	(2,397)	(2,397)
Suede Respite Fund	-	(5,000)	(5,000)
NHS Befriending Project	-	(19,000)	(19,000)
ICAN fund	442,686	(353,495)	89,191
Planning for Tomorrow	6,001	(3,054)	2,947
Masonic Charitable Foundation	14,334	(2,172)	12,162
Carers Respite Support and Development	14,991	(10,329)	4,662
Disability Inclusive Sports Club	8,116	(2,121)	5,995
Time for me	12,500	(12,500)	-
Carers Trust - Making Carers Count	20,839	(12,576)	8,263
Nothamptonshire Better Health Outcomes - Social Prescribing	101,879	(101,879)	-
Dementia Community Asset	4,000	(4,000)	-
CCG Surge	237,500	(5,550)	231,950
NHS Pulmonary Rehabilitation Pathway	72,000	-	72,000
NHS Rapid Testing	906	(906)	-
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	5,198	(5,198)	-
Mental Health Northants Collaboration - Dementia Workshop	55,176	(55,176)	-
Desborough Trust	300	(312)	(12)
The National Lottery Community Fund - RC Midlands Region	134,656	(100,964)	33,692
Margaret Giffen	28,142	(18,968)	9,174
Faraways Children's Trust	500	(500)	-

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

	<u>1,404,863</u>	<u>(975,886)</u>	<u>428,977</u>
TOTAL FUNDS	<u>3,553,496</u>	<u>(3,252,690)</u>	<u>300,806</u>

The Holiday Lodge asset fund is represented by one holiday lodge purchased in 2020 and used for providing carers with breaks.

The National Lottery fund is to establish a network of volunteer Carer Champions across the county who are trained to be a point of contact for carers within local communities. To establish ongoing and one off social activities for carers.

The Children in Need - YC Youth Groups fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The Carers Music fund is to provide music related activities to female carers.

The Children in Need Sibling Support fund is to provide sibling carers support for young carers aged 5-18 across Northamptonshire.

The John Salmons Legacy fund last year was a contribution towards sports activities for parent carers in Towcester area. Grant facilitated by Northamptonshire Community Foundation.

The Carers Trust - Young Carers fund is to be used on young carers, half for carers aged under 16 and the remaining half for young carers over 16 years old.

The NCC- Infection control grant is to be used on limiting the spread of COVID-19 within the charity.

The NHS-Long COVID 19 fund is to be used to support patients who suffer from long COVID.

The Staff Wellbeing fund is to be used to support and maintain the wellbeing of the staff at Northamptonshire Carers.

The Suede Respite Fund is to be used to provide music to carers.

The NHS Befriending Project fund is to be used for the befriending volunteer project.

The Property Fund relates to insurance proceeds to be spent on the repair of the charity's freehold property following flood damage.

The National Lottery Community Fund - RC Midlands Region fund is to be used for the coordination and delivery of group activities for the adult carers and volunteer Carers Champion programme.

The Margaret Giffen fund is to be used for a young carer worker covering Kettering and Corby.

The Hardship fund relates to a Personal Health Budget/Direct payment third party agreement for an individual with complex needs. Northamptonshire Carers support this via agreements with the ICB and Children's Trust, administering this as a third-party organisation in line with NHS/LA guidance and also providing the Carers Assessments as part of this.

The Planning for tomorrow fund is a Carers Trust grant providing one-to-one and group support for former carers following a bereavement.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

The Masonic Charitable fund is for wellbeing workshop groups for young carers.

The Carers Trust Carers Respite Support Development Fund enabled piloting innovative ways of providing individualised respite including a sports activity club, country part walks and trips for parent carers.

The Disability inclusive sports club fund was a donation from the Disc charity in south Northants to run and provide a disabled sports group in that area.

The Time for Me fund is made up of individual grants issued to adult and young carers to provide a break from caring.

The Carers Trust - Making Carers Count fund is a Carers Trust Equality and Diversity project aiming to increase the reach with black and Asian communities of carers.

The Northamptonshire Better Health Outcomes - Social Prescribing funding is to support our role as a locality provider in the SPRING Social prescribing services in Northamptonshire with our area being Wellingborough.

The Dementia Community asset funding is from a local Trust to support the provision of groups and support for those with Dementia and their Carers in Northamptonshire (Kirby Laing Foundation).

The CCG Surge funding is NHS system pressures funding to support hospital discharge in the county, the funding covers care costs, staff at the Hospital, and funding to aid discharge such as Transport, cleaning and decluttering, equipment, house adaptations etc.

The NHS Pulmonary Rehab funding is working in partnership with local NHS and leisure centre providers to redesign the Pulmonary Rehabilitation (PR) pathway. PR is an exercise course for patients with lung conditions such as COPD. This money paid for NHS triage of patients, upskilling of fitness professionals to deliver the course and leisure centre staffing costs.

The NHS Rapid testing is for COVID-19 tests.

The Desborough Trust is for a trip.

The Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks is to cover sitting service volunteer expenses and staff wages.

The Northamptonshire Community Foundation - Poverty Hurts Appeal is a contribution to a food bank to cover the cost of materials and staffing.

The Northamptonshire Community Foundation iwill Grant is to establish a Young Carers Steering Group to give young carers the opportunity to co-produce a video to raise awareness of their work.

The NGH Discharge Work is a contractual agreement with Northampton General Hospital to support patients and carers around discharges from hospital.

The ICAN fund is organisational funding to help deliver the countryside ICAN transformation programme for older people.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

The Voluntary Impact Northamptonshire - Facilitating Workshop is a one off workshop for carers partnership to look at outcomes related to ICAN strategy development.

The Northamptonshire Better Health outcomes - Wellbeing Activation Fund is a social activation fund for service users of the Social Prescribing contract above.

Kirby Laing Foundation - Ward Support for Patients with Dementia is a contribution towards costs for a specific member of staff to support patients and carers in NGH funding.

NHS Foundation Trust COVID-19 Long Covid Support is funding to supplement breathing space service deliver support to those with long covid via groups and staffing.

Mental Health Northants Collaboration - Dementia Workshop is funding to provide psychoeducation for carers around dementia.

Mental Health Northants Collaboration - Covid Relief Funding is funding for carers respite, breaks and psychoeducation.

NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund is a one-off payment bonus for regulated care staff who worked during the Covid period.

NHS Northamptonshire ICB - Bariatric Support Income is to support bariatric discharges from hospital.

NHS Pulmonary Rehab Agreement - Child Spirometry is funding to support child spirometry.

The West Northamptonshire Council Discharge Pilot is funding to support hospital discharges in the West Northamptonshire area.

The West Northamptonshire Council - Carer Recognition Payments is Covid related funding to enable carers to look after people post hospital discharge in the West Northamptonshire area.

The West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway is funding to support work on the dementia pathway.

NHFT Personalisation Work Hypertension and CHD is ICAN related funding around hypertension and coronary health disease.

Voluntary Impact Northamptonshire - National Lottery Community Fund - Health Equality is funding to support carers looking after those at the end of life and also to support former carers.

Transfers between funds

The transfer from the Property fund to the General fund represents insurance proceeds that were in excess of costs.

The transfer from the Carers Music Fund to the General fund represents expenditure relating to the Carers Music Fund in 2020 that was misallocated to the General Fund.

The transfer from the General Fund to National Lottery Fund is due to an overspend on the restricted fund.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Transfers between funds - continued

The transfer from the Hardship Fund to the General Fund represents expenditure in the prior year that relates to the Hardship Fund income but was allocated to the General Fund in last years accounts.

18. RELATED PARTY DISCLOSURES

During the year, Nicola Best, who is the wife of Christopher Best, a Trustee of Northamptonshire Carers, received remuneration under employment contract of £17,444 (2022: £14,527).

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £15,219 (2022: £14,425).

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	105,641	114,011
Gift aid	1,066	97
Legacies	<u>280,301</u>	<u>-</u>
	387,008	114,108
Investment income		
Rents received	3,203	4,361
Deposit account interest	<u>1,067</u>	<u>267</u>
	4,270	4,628
Charitable activities		
Grants and contract income	3,745,970	3,434,760
Other income		
Insurance proceeds	<u>1,403</u>	<u>-</u>
Total incoming resources	4,138,651	3,553,496
EXPENDITURE		
Raising donations and legacies		
Sundries	104	211
Charitable activities		
Wages	2,140,803	1,592,552
Social security	170,299	115,986
Pensions	91,236	71,656
Carers support costs	839,960	718,278
Holiday lodge costs	6,347	8,114
Business development and bid writing	56,508	39,112
Travel	85,426	26,489
Volunteers' expenses	5,633	6,273
Training & conferences	15,992	9,705
Direct payments	147,451	139,108
Freehold property	<u>7,499</u>	<u>7,499</u>
	3,567,154	2,734,772
Support costs		
Management		
Wages	152,539	123,981
Carried forward	152,539	123,981

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NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Management		
Brought forward	152,539	123,981
Social security	13,359	9,856
Pensions	7,876	6,968
Rent, rates and water	52,712	15,756
Insurance	12,729	10,747
Light and heat	3,586	3,058
Telephone	25,446	27,534
Postage and stationery	20,745	19,666
Advertising	6,622	1,524
Sundries	7,690	4,804
Office equipment	4,465	1,205
Cleaning	7,349	6,810
Repairs and servicing	11,469	138,438
Legal fees, bookkeeping etc.	4,990	12,020
Other professional fees	17,180	22,103
HR support	13,292	4,956
Depreciation of tangible and heritage assets	<u>26,974</u>	<u>22,190</u>
	389,023	431,616
Finance		
Bank charges	711	806
Information technology		
Computer costs and IT support	67,881	60,919
Governance costs		
Auditors' remuneration	8,712	7,920
Auditors' remuneration for non audit work	<u>17,345</u>	<u>16,446</u>
	<u>26,057</u>	<u>24,366</u>
Total resources expended	<u>4,050,930</u>	<u>3,252,690</u>
Net income	<u><u>87,721</u></u>	<u><u>300,806</u></u>

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NORTHAMPTONSHIRE CARERS

LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2023

Advanced Access
Amazon Smile
Avery UK
Barclaycard
Carers Trust
Caring Homes Group Ltd
Combined Property Service
Co-op Community Fund
Corby Lottery
Curtis Thompson Parcels of Joy
Desborough CDT
E Yates
Evelyn McCarthy
Faraway Children's Charity
Fortitude Financial Planning
Greencore
Kettering and Wellingborough NFU
Learn2Drive Northants
Local Giving
Local Lotto
Long Buckby Surgery
Mental Health Northants Collaboration
Mother's Union
NHS Northamptonshire ICB
North Northamptonshire Council
Northampton Hospital NHS Trust
Northampton Lottery
Northamptonshire Better Health Outcomes
Not so dusty group
P Inns
Pemberton Lodge
SE Wilkinson & Co
Stainless Solutions Ltd
Studio 8 Embroidery
The Wilson Foundation
Voluntary Impact Northamptonshire
Waitrose
West Northamptonshire Council
Wollaston Health and Wellbeing Group

Plus, many more individual donations both cheques and online from sponsors and supporters too numerous to mention individually.