

REGISTERED COMPANY NUMBER: 03328459 (England and Wales)
REGISTERED CHARITY NUMBER: 1061417

NORTHAMPTONSHIRE CARERS
REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

NORTHAMPTONSHIRE CARERS

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NORTHAMPTONSHIRE CARERS

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2021

TRUSTEES	Mrs A Goodman (deceased 15/2/21) Miss N Lovell P Douglas Dr P Inns Miss N Scott Miss R Hawkins (resigned 11/8/21) Mrs E Yates Mrs S G Jones Mr C Best S Fitzsimmons (appointed 21/7/20) (resigned 16/3/21) Mrs J Hilton (appointed 16/1/21) G Brogden (appointed 28/4/21) R Velji Shah (appointed 18/5/21) P Stiling (appointed 18/5/21) (resigned 14/9/21)
REGISTERED OFFICE	The Anne Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
REGISTERED COMPANY NUMBER	03328459 (England and Wales)
REGISTERED CHARITY NUMBER	1061417
AUDITORS	DNG Dove Naish LLP, Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
BANKERS	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
CHIEF EXECUTIVE OFFICER	Mark Major

INTRODUCTION

There is of course only one place to start and that is of course the Pandemic and its effects on so many people. Our heartfelt condolences and thoughts go out to all those who lost loved ones during this time. We also have seen the effects on Carers during this period and marvel at the way they have coped during incredibly stressful and difficult times. We are also very proud of our staff and their amazing work and efforts during this period especially the facts that all staff worked throughout the whole period, services were redesigned and delivered in different ways and new approaches taken and valuable things delivered. We sadly saw more people in crisis and increased our provision around the Carers Support Line, welfare calls, befriending and peer support. A revelation for us has been the use of online groups and activities and forums to stay connected which was a fantastic help during those long months. We will learn from this and have it as part of our offer going forward as well as looking forward to the return of more and more face-to-face work and activities. I would especially like at this point to highlight a couple of things, one is the outstanding commitment and bravery of our Regulated Care Team who continued to deliver vital care to people even at the height of the pandemic and also to the fantastic work of staff and kindness of funders and companies in the sourcing of products and goods that went into well over a thousand wellbeing and food parcel boxes for Carers and those they look after. I would also like to thank our Staff and Volunteers who have been supporting the mass vaccination delivery in Northamptonshire and are part of the astounding numbers of vaccines delivered in Northamptonshire.

You will see by the statistics below just how busy things have been and how much has been done across different areas such as Carer Support, Young Carers Services, Groups and Activities, Dementia Support, our Lottery work, the Carers Support Line and Carers Assessments. We also really appreciate the feedback from Carers on the difference that this has made to them.

We were also delighted during the year to receive two awards. Firstly, a Rose of Northamptonshire Award for our Young Carers Service and secondly a highly commended commendation at the Health Service Journal Awards for our Partnership work with NHFT in supporting working Carers. The Organisation was also very proud to achieve the Trusted Charity quality Mark at Level 2.

As well as the wonderful work of our Staff, Volunteers and Peer Supporters I would also like to thank our Trustee Board for their diligence, commitment, and good governance in this most challenging of years. The Organisation also had to deal with a very significant flooding in August. It literally was a case of it never rains but it pours this year! Huge thanks to Chris Best and Sue Denton for their wonderful efforts along with others in getting us back to normal.

We start the new year in great heart having secured new monies to provide new services for Carers and those they look after. Amongst this new work, will be working as a Key Partner Organisation around the Integrated Care across Northamptonshire (known as ICAN) for Frailty and Dementia and we are one of the local delivery Partners for the SPRING model of Social Prescribing and a new National Lottery project to further support Carers as well as other new funding for Young Carers work. We know Carers will need us more than ever going forwards and we are determined to do all we can to help them and those they look after.

Thank you to our funders be they the previous County Council, the new Unitary Councils, the local Clinical Commissioning Group, The National Lottery or Children in Need or Spirit of 2012, and local organisations also like the Community Foundation, and local Rotary Clubs as well as people who have made individual donations. Your support, flexibility and help has been hugely appreciated in this year above all years.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs.

OBJECTIVES AND ACTIVITIES

Significant activities

In closing I would like to highlight a few achievements and highlights of the last year, and to look forward to delivering on our new NNC and CCG contracts.

- The work of the Carers Support Line and the increases in Carers supported and the numbers of Carers Assessments
- The numbers of Direct Payments for Carers
- Award winning work supporting Carers and people with COPD
- Our work within the acute hospitals
- Our National Lottery funded Connecting Communities work
- The success of Peer Support
- The work of the Dementia Care Advisory Service
- The Age Well locality service for over 65's in Wellingborough
- The numbers of Carers' breaks delivered including our sitting service
- The work of the Overnight Care Service
- The work of the Daytime Care Service
- The continued success of our Young Carers Service
- Our strong partnership work with other voluntary sector Organisations
- The ever-increasing usage of our website and social media
- Our work with employers and continued work with Primary and secondary Care.
- Witnessing first-hand some of the ways in which Carers have been able to come together, be recognised for what they do and enjoy time out, such as Carers Choir/Carers Support Groups/Cafes/Breaks.

The Young Carers Service is especially indebted to the support of Children in Need, Carers Trust, and several Rotary Groups who have both funded and volunteered their time in providing a diverse programme of events throughout the year. We thank all of those who have given their assistance, no matter how great or small. The Young Carers Service is not just about a team of workers, it is about the care and commitment of others as shown.

Be assured that we will continue to work hard to identify and support those in a caring role and raise awareness of what they do and provide the best set of services possible as we move forward.

I would like to close by also saying that this last year also saw the passing of our founder and former Chairman and President Anne Goodman. Quite simply, without Anne we would not exist as an Organisation or be able to do all that we do. She was quite simply magnificent in all that she did for us, and we will miss her hugely. However, if there was ever a life to celebrate it was Anne's and to that end, we will be renaming our newly refurbished offices as the Anne Goodman Centre for Carers and we hope to see many of you there this year.

Wishing you and yours all the very best.

Sally Jones
Chairman

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

ACHIEVEMENTS AND PERFORMANCE

Charitable Activities

THE YEAR IN NUMBERS Achievements and Performance

Carers Registered	14,560 (an increase of 15%)
New Carers Registered	4,785
Ethnic Minority Carers	9%

Groups/Activities/On-line Sessions Attendance

Carers Support Groups/Dementia Groups	2341
Choir	808
Dementia Choir	623
Carers Cafes	830
Breathing Space	795
Carers Music Fund	1564
Planned Breaks Provision	7135

Wellbeing Boxes/Food Parcels Sourced, packed, and delivered to Carers	Over 1000 delivered
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Support Calls/Contacts/Sessions

Peer Support	1355
Befriending	1137
Breathing Space	247

Social Media

Facebook Friends	3018 (increase of 13%)
Twitter Followers	1726 (increase of 13%)

Website Usage

Visitors to Website	22,497 (increase of 8%)
Page Views	91,754 (increase of 4%)

Welfare Rights Generated Income	£124,670 (Increase of 81%)
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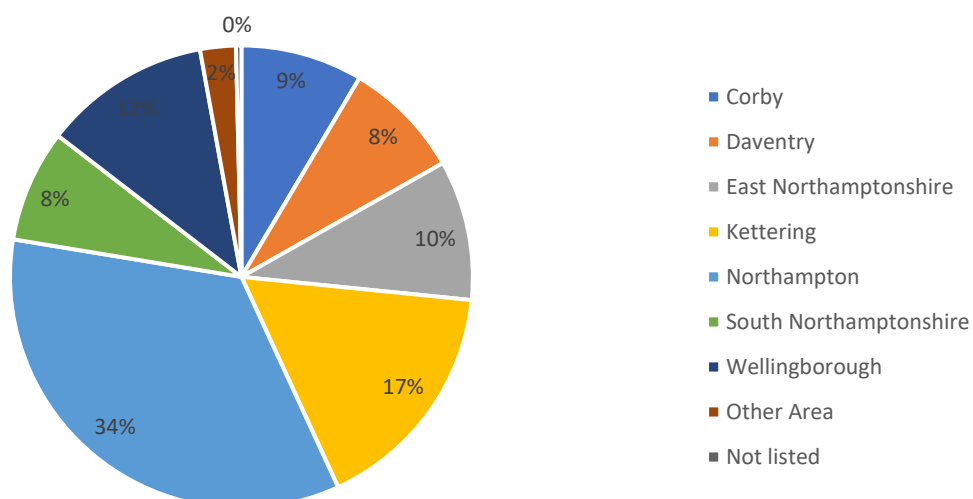
Carers Key Statistics

Carer Contacts	55,684
Carers Assessments	3216
Emailed Newsletters	73,999
Carer Friendly Employers	6
Investors in GP Surgeries	67

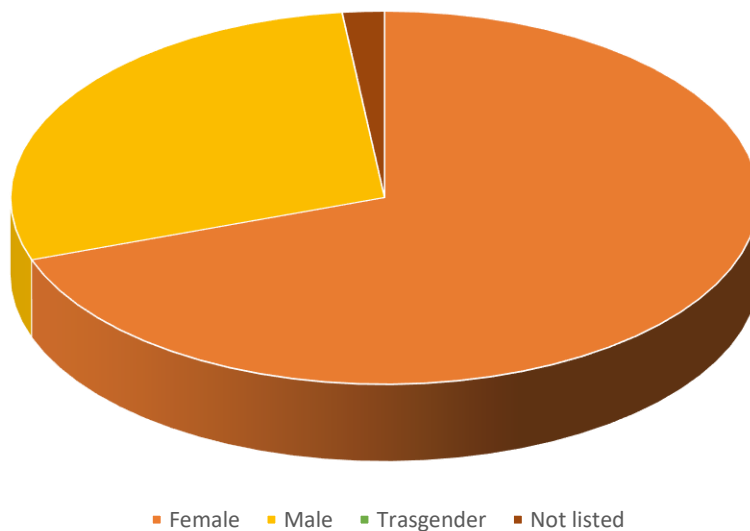
Young Carers Service

Numbers registered	1093 (including Young Adult Carers)
Support/Contacts	26,132
New Referrals	236
Waiting List	27 for initial assessment
Social Media	Instagram – 1,044 followers Facebook – 1,214 followers
Activities/Groups	588
Support Planning	780 units = 588 units plus 192 Covid-19 reviews for families we already support
Ethnicity	14%

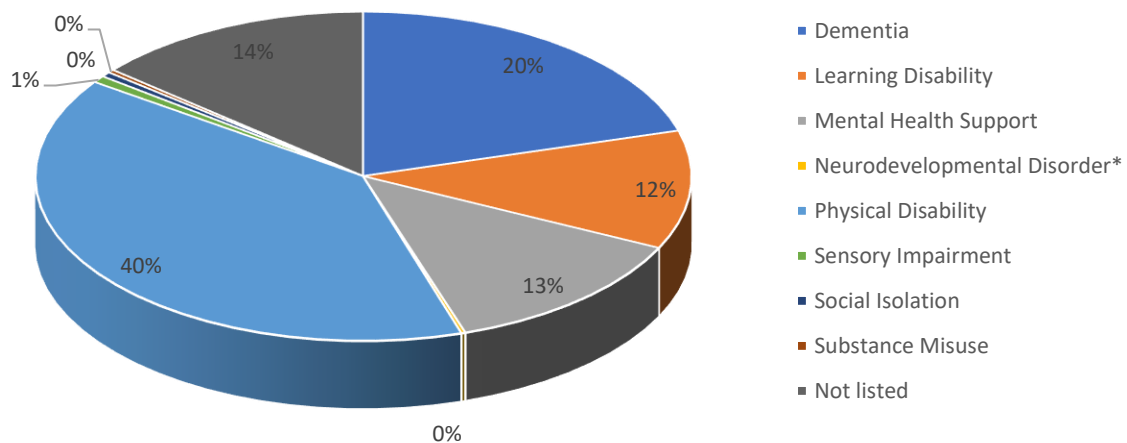
Carers Supported 2020/21 by District



Carers By Gender 2020/21



Cared-for People by Main Disability, 2020/21



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Outcomes and Impacts 2020

Carers told us the following in relation to the difference services and support from Northamptonshire Carers had made to them during the pandemic year. This information was collected through online surveys throughout 2020 and provides a summary of Carers experience of the service.

Carers say that they are listened to and given good information and guidance by Northamptonshire Carers Team

91% of Carers rated Northamptonshire Carers Workers as very helpful or helpful

96% said that they had been listened to

91% said that they were provided with helpful information and advice

Carers told us: -

'They were able to see when I was really struggling and give me more support.'

'It's nice to speak to someone who understands, they listen to me...especially in a time like this when it's just me, my Mum and four walls.'

'Staff always seem to go out of their way to help, always get back to you when they say they will and keep you informed.'

'They have always listened with patience and kindness. Without their help I do not know how I would have coped.'

'Very experienced and knowledgeable staff have helped with understanding various systems and how to navigate. It would have been difficult without their support.'

Carers mental health and wellbeing is sustained through the contribution of Northamptonshire Carers services and support

86% of Carers told us that their wellbeing had been maintained or improved

75% reported that their quality of life had been maintained or improved

67% reported that the support they had received reduced the risk of 'Carer breakdown'

Carers told us: -

'As soon as I contacted...there was a palpable welcoming, can-do atmosphere (worker name) brought real hope that we can move forward and have a quality of life again, for the first time in several years.'

'It didn't really matter what I asked or just talked they helped and continue to do so. I was completely broken. I am now well on the way to being repaired. Fantastic help.'

'I think that the phone support was essential to my coping, and I don't know what I would have done without it.'

**Northamptonshire Carers adapting and providing support during the pandemic.
Keeping in regular contact with Carers and enabling them to feel connected**

Carers told us: -

'Due to the situation we are in with Covid 19, it has been helpful having (worker name) ring me every week to see how my home situation is and how I am coping on difficult days. I also benefitted by joining several Zoom Groups.'

'All the online activities have been so helpful and enjoyable giving structure to my week.'

'Provided useful information, who I could contact if my situation got worse and who could provide help if I could not care...in an emergency. Various Zoom sessions have been provided to give us contact during lockdown such as choir, exercise, chats, and song writing. They have all help to improve my and (cared for) wellbeing.'

Day service Report January 2021 to 31st June 2021

One of the areas that the Charity has been able to provide is additional support to Carers and those they look after, has been around Daytime Regulated Carer breaks and we thought it would be interesting to include progress in this years' annual report.

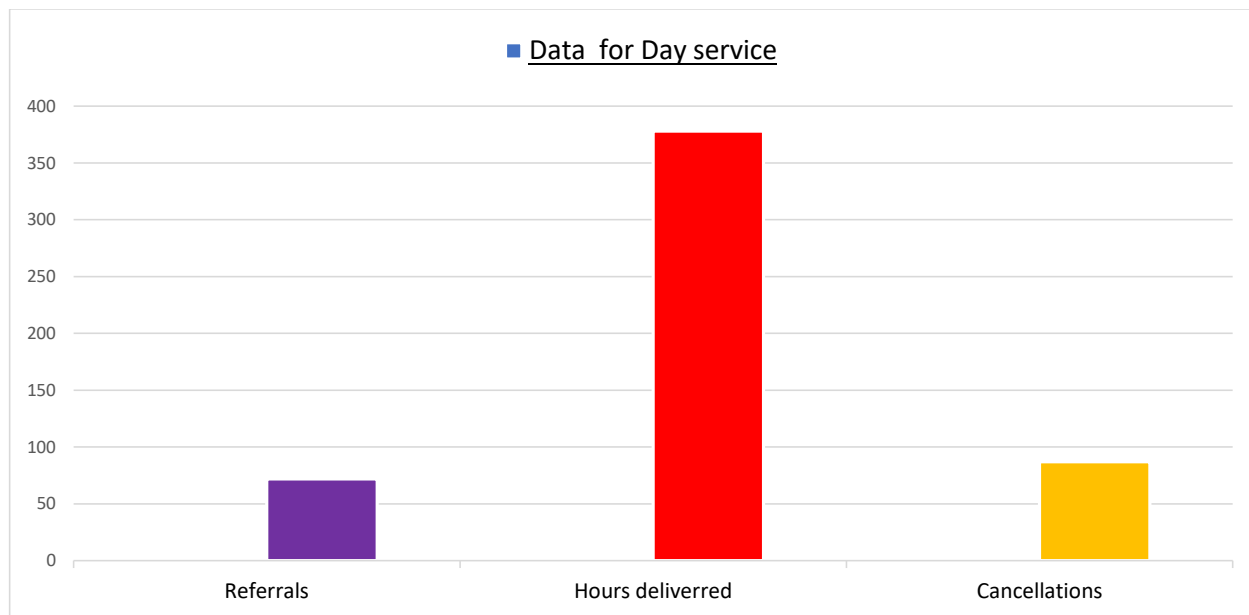
The Daytime Service started in January 2021 with one member of staff increasing to 2 in February. The figures are a reflected of this time only.

The service was a direct response to Carers needs during the Covid-19 Pandemic where Day Service and other support service had been cancelled such as sitting services and outings, gym memberships and groups and cafes.

The service provides 2 hours of support per week for 6 weeks free of charge and can be extended with support of a donation suggested at £10.00 per hour. This does not cover the full cost to deliver the service which would be around the £20.00 mark.

- 72 Referral for the service have been received and 66 have been assessed.
- There are currently 37 Active Carers/Cared for people receiving services.
- We have delivered 378 hours of direct care giving. This does not include the time spent for inductions and staff paperwork.
- We have had cancellations for a variety of reasons including staff sickness, annual leave, and car breakdowns there are usually re booked for alternative dates but are for 22 visits.
- We have had 65 cancellations by Carers for appointments or feeling unwell (Not covid related) and of these approx. 75% are rebooked.
- We have had requests to extend the service from 12 of the Carers supported beyond the 6 weeks.
- Incomes received form donation has been £1370.00 up to 29.06.21.

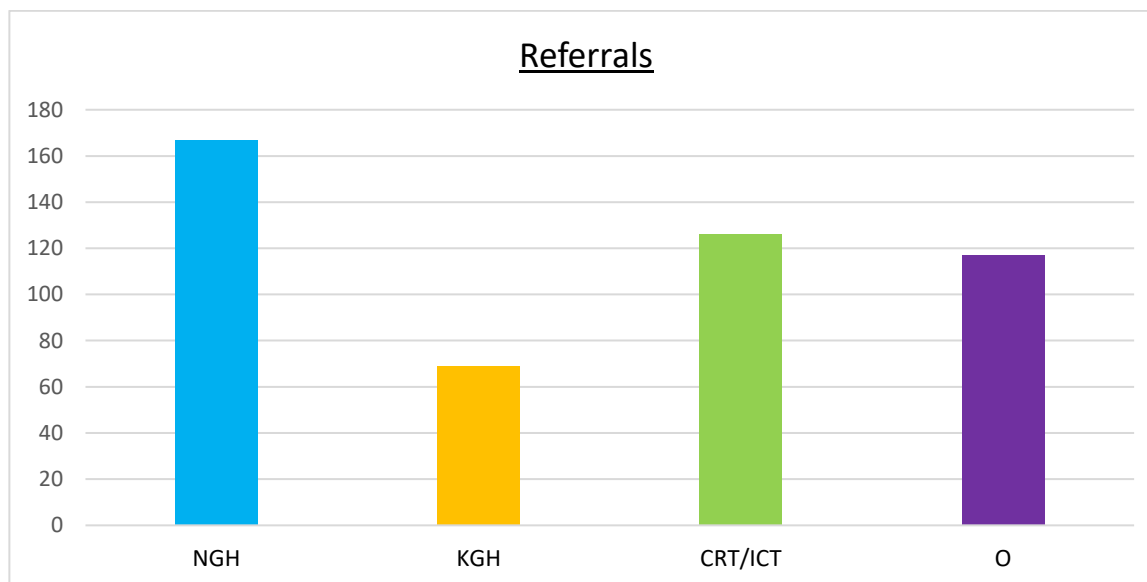
**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**



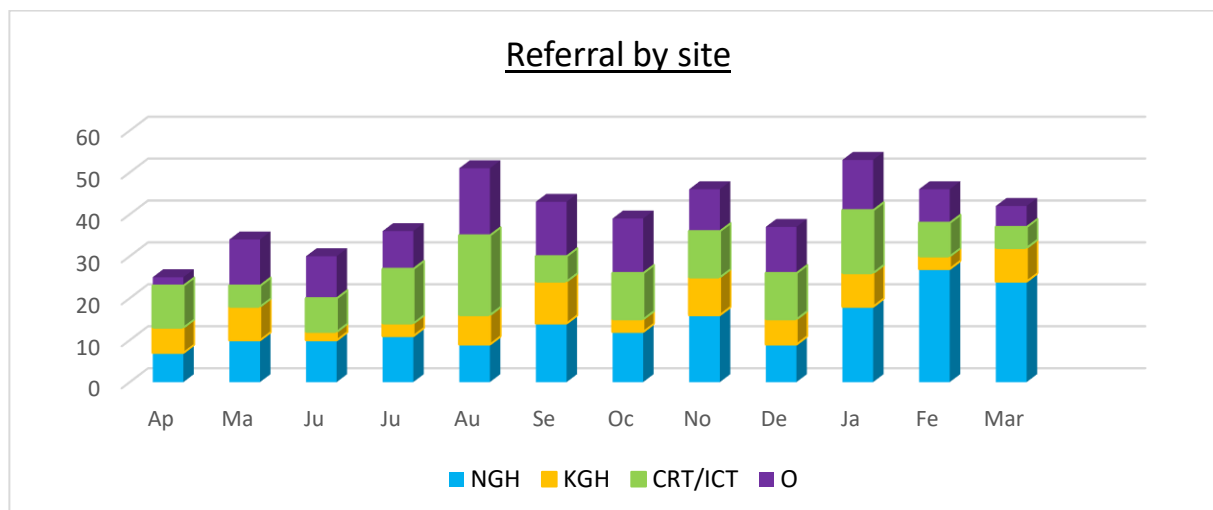
The cancellations appear high, but this indicates that with only two staff cover is more difficult especially if staff are working towards capacity. If staff numbers increase, then this will reduce proportionally.

Regulated Care delivery 01.04.20 to 31.03.21
(Jan2020 to Jan 2021)

Number of referrals per month:



We have had a total of 485 referrals in this 12-month period completed. A further 102 have either been refused as not appropriate or cancelled. The numbers of referrals against delivery are very similar. This is due to the way referrals are taken and capacity is informed daily. During the past 12 months this has changed and there is a clear dip of referral in March when the Covid-19 Pandemic first brought the changes within the NHS and the country into lockdown. This slowly recovered with the additional pressures on Carers needing services that they were unable to access, and referrals switched to include more hospital preventions. The chart below shows the steady increase into prevention of hospital admissions from KGH and NGH to CRT/ICT and other contacts such as GP's, community nurses and partners.



NGH and KGH are the two acute hospitals, ICT/CRT when a referral comes via either of these partners is because a patient has just recently been or is due to be discharged from one of the acute hospitals. The referrals in this area have changed due to recent changes in the referral responsibilities. CRT would organise and arrange the services and now the hospitals are doing so.

Others – these can be from GP's, EMAS, Other voluntary sector providers or professionals. As you can see this has markedly increased over the period and this is due to the added needs with other services being shut down due to COVID-19. Family carer referrals have increased dramatically because other breaks and day services have been cancelled and carers unable to continue to manage their care of loved one due to exhaustion and their own health needs. Comprehensive the greatest needs are dementia where loved ones do not sleep at night and a carer is unable to manage daytime care and overnight. This includes those discharges from hospital.

Numbers of nights of delivery:

We have had available in this period 1,820 nights based on 1st April 2020 to 31st March 2021. In such a difficult time and with the levels of isolation required for possible contacts we had a total loss in this period of 292 nights. With overtime and shift swaps we still managed to deliver 1,528. This is equal to 18,336 hours of direct care giving. The average service delivery over the 12 months per patient is 3.35 nights. The greatest number of nights lost was within the first three months from initial lock down when hospital discharges slowed down and the public, Carers and families were more afraid of having someone visit than needing support, until the panic eased and need became greater. Services began to level out and understand what was possible within COVID guidance.

COVID-19 impacts:

Over this period, we have had 292 nights lost or substituted for covering staff in isolation and only one member of staff with a positive test return this has resulted in a very low loss of service right at the beginning of the lock down in March.

Getting correct PPE at the start was a concern not fitting into the health sector and social care not as high up in the order of need eventually charitable goods filled the gaps especially for masks. Swabs have been our more recent concern as we have not had any from the portal at any time. Concern not being able to access system without escalating despite complaints and of course the cost of additional PPE. Patients discharged with a negative test to be contacted the following day to say a positive result had been returned. Staff have been exemplary in their attitude to their roles despite initial fears and concerns. Working with the team having weekly meetings now relaxed to monthly have provided reassurance. Providing PPE and allowing them to use more than required because of the 12 hours without a break has proved invaluable to make staff feel safer together. The team is now at 10 staff and all but 1 have had both vaccines.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

12-month period: Jan 2020 to Dec 2020

To provide real and transparent feedback we have dip sampled a number of patients each month on the therapeutic values of the service and whether this is of value to patients and their families. Of the 447 patients' referrals completed and delivered 48 have been sampled over the 12month period

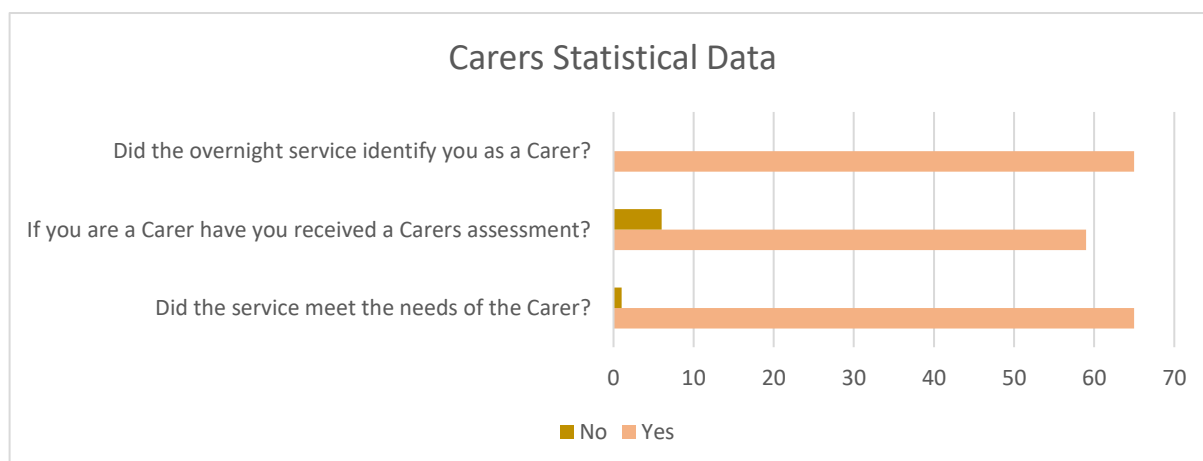
The questions asked:

1. Did the service meet your needs and expectations?
2. Have you returned to hospital since your discharge?
3. What tasks were you supported with?
4. Do you have a family carer?
5. Is your carer registered with Northamptonshire Carers?
6. Do you feel more in control of your own health needs?

All have reported their satisfaction (Appendix 1) with the service using words such as 'Professional', 'above and beyond', 'caring', 'punctual', and 'provided information'.

Unpaid family carers

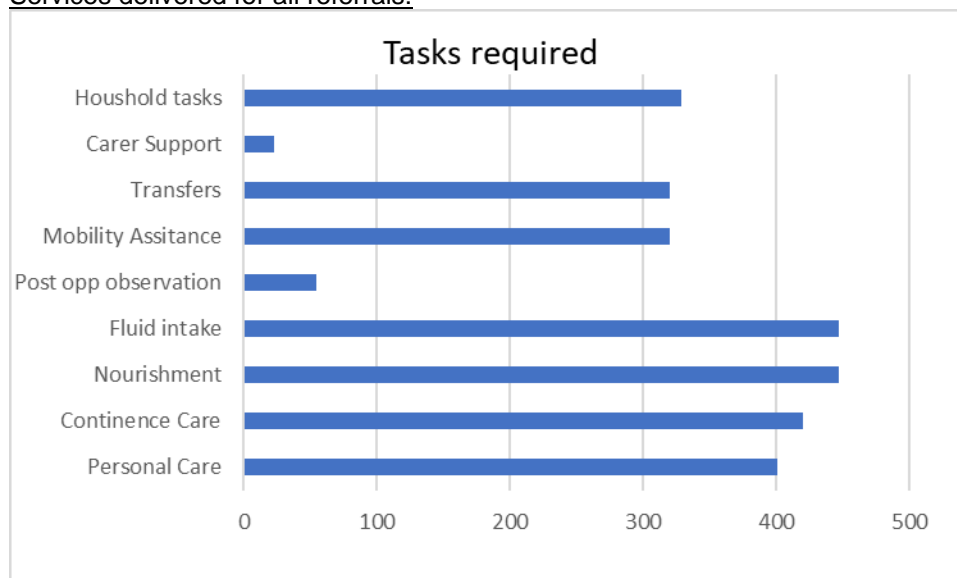
65 Carers have been identified in this period.



Many referrals received have clearly identified no family Carer is involved despite a family contact being available. This could be that they only recognise themselves as next of kin not a Carer. In many instances on assessment, we found a family carer was involved and as such they have accessed wrap around service from Northamptonshire Carers.

Of the 447 patients' referrals we found that of those patients and their families 65 were carers which is 14.54%. Of those referred access to a wide range of service has been offered as per annex 2 below. Many of those services have been maintained by alternative resources since Covid -19 last March. Groups, cafes, and wellbeing all by zoom meetings including the carers Choirs. Cares Support line has increased capacity to support carers in these difficult times. The sitting service had been halted but a Regulated Care arm in the daytime and befriending put in place to compensate for carers who are struggling to manage.

Services delivered for all referrals:



The chart identifies the main tasks required at all calls in the sample group

Appendix 1

Verbal Feedback responses:

- 1 "Great service professional staff"
- 3 "They were lovely staff and went above and beyond"
- 4 "Fantastic service"
- 5 "Thank you for your support I hope to be able to stay at home now"
- 6 "Good service"
- 7 "Marian was such a lovely lady lovely to be able to chat to someone too"
- 8 "Yes I felt so much better when they were here"
- 9 "The two ladies were great, and it was like having a friend about the house"
- 10 "Really good idea I felt much better after a few nights good sleep"
- 12 "Wonderful service and lovely staff so polite and helpful"
- 13 "Fab service thank you"
- 14 "staff were professional and helpful"
- 15 "What a change bright and cheerful Alfred was happy. Lovely to chat to"
- 16 "Great staff and service arrived right on time and introduced himself"
- 17 "Really good service, as a carer I couldn't have asked for more. Slept so well"
- 18 "Great"
- 19 "I don't know where we would have been without Donna and Louisa such lovely ladies and knew what they were doing Thank you"
- 20 "Lovely staff so helpful"
- 21 "Great service"
- 22 "I have had to ask for extra nights as my husband is awake all the time and now social services are helping to sort things out for me"
- 23 "I feel so much better now I'm home"
- 24 "can't thank you enough"
- 25 "Thank you for your help"
- 26 "Hazel is a lovely lady helped me settle back home again feel really safe now"
- 27 "really good service"
- 28 "Great"
- 29 "I have used the service before. Just as good the second time around"
- 30 "So good to be in my own home and I hope to stay here"
- 31 "I was tired when I got home, and they settled me in, and I slept so well"
- 32 "Good service thanks"
- 33 "Lovely staff, caring and professional and gave me lots of information"
- 34 "Great service and lovely staff"

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

- 35 "Staff know so much, and I was provided with information for other services to help me"
36 "Thank you for your help"
37 "I would have had to stay in hospital if they hadn't helped me"
38 "Thank you for all your help I really appreciated it"
39 "I would have been home sooner if this damned Covid hadn't got me"
40 "didn't want to stay in hospital you get sick there"
41 "Thank you"
42 "Thanks to Nelson he is so professional, and I just felt safe with him there "
43 "I was really nervous about mum coming home and how I was going to manage but they got her settled and it's not too bad. They gave my details as a carer, and I have been able to get support. Thank you so much"
44 "Thank you"
45 "Great service"
46 "Can't remember their name but lovely lady"
47 "really grateful thank you"
48 "let's see how I get on"

FINANCIAL REVIEW

Financial position

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2021 the charity made a surplus of £387,199 in relation to gross income of £2,849,150 (2020: £69,111, surplus on gross income of £2,533,585). Income had increased by 12.5% in 2021/21 compared to 8.9% in 2019/20. This is a substantial increase in the level of surplus and is continuing the positive trend for surpluses commenced last year. Even more impressive, this has been achieved against the background of COVID-19 plus (if that wasn't enough) a catastrophic flood to our main building in September 2020.

The keys to our very successful financial performance in 2020-21 are due to a number of aspects:

- 1) We finally paid off our Charity Bank loan in September 2020 out of cash reserves, while retaining our three month operational reserve. We had been preparing to make this payment in February but had deferred the repayment when the COVID crisis hit in order to ensure we had substantial cash reserves in the event that the COVID crisis caused a financial problem for the organisation.
- 2) The COVID crisis and lockdown did not cause us major financial issues. Our income (apart from donations, which is now a minor part of our income streams) was not severely affected since the services provided adapted to deal with lockdown, and our costs were actually improved by the shift to working from home. All credit is due to the extraordinary willingness and ability to adapt of our people to keep helping carers despite social isolation and all the negatives that the crisis threw at them - their amazing drive to keep helping carers is a highlight of this most unusual year.
- 3) Just as lockdown eased (for the first time) we were hit by a flash flood which inundated the building at 123 Midland Road. This caused substantial damage not just from the force of the water but also water damage to fixtures and fittings. A protracted period of wrangling with our insurers, who were about as far from customer friendly as you can get, then followed. An extremely stressful period of months arguing with insurers was at least rewarded by a good payout - we then managed the contracts for the rebuilding work ourselves rather than letting our insurers manage it, with the result that our rebuilding has not only enhanced the building and for less than the amount the insurers paid out, but also undertaken various other elements including boiler replacement and rewiring work that will reduce some of our maintenance costs in the next few years. It should be noted that one of the reasons for the high cash surplus at the end of the year was due to Northamptonshire Carers having received the insurance monies but at the end of the financial year had not spent the monies on the refurbishment work (which occurred during financial year 2021-22).
- 4) Tribute should also be paid to the teams who have achieved an increasingly diverse number of different income streams, whether donations, grants or contracts. This diversity is a prime reason why we were not hit badly (in financial terms) by the COVID crisis compared to other charities reliant on donations or high street trading, which dried up during lockdown.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

Finally, while it is a superb achievement that the organisation continues to grow and flourish with new income streams, new contracts and expanding services to carers, our challenge for the next few years is to maintain that momentum without compromising the quality of what we deliver. To make this happen, our costs will need to rise, not just for the direct delivery of services but also in the support areas which are essential to make all this happen. For the next few years, our challenges will be to ensure that the organisation remains stable and viable, so it is likely that this year's large surplus will not be repeated. Our goals are to:

- o Continue our growth in services to carers
- o Continue to actively and successfully manage our costs
- o Maintain at least three months of operational reserves
- o Continue to deliver a more modest surplus each year.

At 31 March 2021 the charity has reserves of £933,918 of which £149,021 is held on restricted funds, and £287,257 represents the book value of the charity's freehold office in Wellingborough.

Reserves policy

The Trustees policy is to create and maintain a level of free (i.e. readily realisable) reserves sufficient to allow the organisation to operate for a minimum of three months without income. This level was achieved, even allowing for the repayment of the Charity Bank loan, during the year and will continue to be kept under review and recalculated when necessary.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association.

In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission.

Recruitment and appointment of new trustees

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

Organisational Structure

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

Decision making

The major funders may nominate up to 3 trustees, but these shall be non-voting members. The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

An induction is prepared and delivered when a Trustee commences their role.

This includes background on the organisation and its services, the role of the volunteer, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the volunteer role.

There is a trial period of 3 months to give the organisation and the volunteer time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Volunteer may terminate the agreement, preferably by mutual consent.

Key management remuneration

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

Risk assessment

The committee does not believe there are any substantial risks beyond those liabilities disclosed in its Annual Report and Accounts. However, the programme of public sector spending cuts and resultant reductions in statutory funding to third sector organisations will continue to impact on the third sector, Carers and service users, both from the point of view of our delivery of services and also in increasing the need for those services. COVID-19 and the continuing programmes of social isolation does pose a risk for the future, but our experience to date suggests that COVID is not substantially threatening our financial position, and the excellent work by all staff in adapting and responding to the changing social landscape is minimising and managing the operational risk posed by COVID.

CHIEF EXECUTIVE OFFICER

Mark Major

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

NORTHAMPTONSHIRE CARERS

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

AUDITORS

The auditors, DNG Dove Naish LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the Board of Trustees on 19th October 2021 and signed on its behalf by:

S. G. Jones

.....
Mrs S G Jones - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Opinion

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We considered the opportunities and incentives that may exist within the charity for fraud and identified the greatest potential for fraud in the following areas: timing of recognition of income, posting of unusual journals along with complex transactions and manipulating the Charity's key performance indicators to meet targets. We discussed these risks with client management, designed audit procedures to test the timing of income, tested a sample of journals to confirm they were appropriate and reviewed areas of judgement for indicators of management bias to address these risks.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DNG Dove Naish LLP

DNG Dove Naish LLP, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 4 November 2021

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	87,600	-	87,600	90,690
Charitable activities					
Charitable activities	4	2,158,376	438,485	2,596,861	2,438,364
Investment income	3	1,486	-	1,486	4,531
Other income		<u>163,203</u>	<u>-</u>	<u>163,203</u>	<u>-</u>
Total		2,410,665	438,485	2,849,150	2,533,585
EXPENDITURE ON					
Raising funds	5	577	-	577	86
Charitable activities					
Charitable activities	6	<u>2,030,897</u>	<u>430,477</u>	<u>2,461,374</u>	<u>2,464,388</u>
Total		<u>2,030,897</u>	<u>430,477</u>	<u>2,461,951</u>	<u>2,464,474</u>
NET INCOME		379,191	8,008	387,199	69,111
Transfers between funds	18	<u>4,585</u>	<u>(4,585)</u>	<u>-</u>	<u>-</u>
Net movement in funds		383,776	3,423	387,199	69,111
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>401,121</u>	<u>145,598</u>	<u>546,719</u>	<u>477,608</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>784,397</u></u>	<u><u>149,021</u></u>	<u><u>933,918</u></u>	<u><u>546,719</u></u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	13	379,642	1,983	381,625	377,827
CURRENT ASSETS					
Debtors	14	92,484	-	92,484	16,851
Cash at bank		<u>481,192</u>	<u>147,661</u>	<u>628,853</u>	<u>478,520</u>
		573,676	147,661	721,337	495,371
CREDITORS					
Amounts falling due within one year	15	(168,421)	(623)	(169,044)	(326,479)
NET CURRENT ASSETS		<u>405,255</u>	<u>147,038</u>	<u>552,293</u>	<u>168,892</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>784,897</u>	<u>149,021</u>	<u>933,918</u>	<u>546,719</u>
NET ASSETS		<u><u>784,897</u></u>	<u><u>149,021</u></u>	<u><u>933,918</u></u>	<u><u>546,719</u></u>
FUNDS	18				
Unrestricted funds				784,897	401,121
Restricted funds				<u>149,021</u>	<u>145,598</u>
TOTAL FUNDS				<u><u>933,918</u></u>	<u><u>546,719</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19th October 2021 and were signed on its behalf by:

S. G. Jones

.....
S G Jones - Trustee

NORTHAMPTONSHIRE CARERS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	346,633	158,575
Interest paid		<u>(2,969)</u>	<u>(6,462)</u>
Net cash provided by operating activities		<u>343,664</u>	<u>152,113</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(25,920)	(21,428)
Sale of tangible fixed assets		821	15,500
Interest received		<u>336</u>	<u>686</u>
Net cash used in investing activities		<u>(24,763)</u>	<u>(5,242)</u>
Cash flows from financing activities			
Loan repayments in year		<u>(140,505)</u>	<u>(4,912)</u>
Net cash used in financing activities		<u>(140,505)</u>	<u>(4,912)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		178,396	141,959
Cash and cash equivalents at the beginning of the reporting period	2	<u>450,457</u>	<u>308,498</u>
Cash and cash equivalents at the end of the reporting period	2	<u>628,853</u>	<u>450,457</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2021

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	387,199	69,111
Adjustments for:		
Depreciation charges	21,318	17,707
Profit on disposal of fixed assets	(17)	-
Interest received	(336)	(686)
Interest paid	2,969	6,462
(Increase)/decrease in debtors	(75,633)	66,761
Increase/(decrease) in creditors	11,133	(780)
Net cash provided by operations	<u>346,633</u>	<u>158,575</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2021 £	2020 £
Notice deposits (less than 3 months)	628,853	478,520
Overdrafts included in bank loans and overdrafts falling due within one year	-	(28,063)
Total cash and cash equivalents	<u>628,853</u>	<u>450,457</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/20 £	Cash flow £	At 31/3/21 £
Net cash			
Cash at bank	478,520	150,333	628,853
Bank overdraft	(28,063)	28,063	-
	<u>450,457</u>	<u>178,396</u>	<u>628,853</u>
Debt			
Debts falling due within 1 year	(140,505)	140,505	-
	<u>(140,505)</u>	<u>140,505</u>	<u>-</u>
Total	<u>309,952</u>	<u>318,901</u>	<u>628,853</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Statutory information

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

Significant Judgements and Estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Holiday Lodges	- 10% on cost
Computer equipment	- 25% on reducing balance

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	87,406	89,273
Gift aid	<u>194</u>	<u>1,417</u>
	<u>87,600</u>	<u>90,690</u>

3. INVESTMENT INCOME

	2021	2020
	£	£
Rents received	1,150	3,845
Deposit account interest	<u>336</u>	<u>686</u>
	<u>1,486</u>	<u>4,531</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
		£	£
Grants and contract income	Charitable activities	<u>2,596,861</u>	<u>2,438,364</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
NCC - Delayed Transfer of Care	-	630,001
NCC Lot Funding	648,900	-
NHS Lot Funding	913,670	629,397
Nene CCG Dementia Care	417,552	684,550
Carers Trust	54,013	6,750
Margaret Giffen Charitable Trust	-	35,000
BBC Children in Need	45,448	45,788
Constance Travis Trust	3,000	4,000
Other	-	11,422
NCC Age Well	4,500	29,500
Postcode Lottery	1,200	-
Big Lottery Fund	113,046	111,971
Commsortia	15,554	19,560
Northamptonshire Community Foundation	8,121	7,060
Spirit of 2012	95,994	77,111
Northants Police & Crime Commissioner	-	9,700
Carers Trust	-	11,554
NNC- Young Carers Support	-	120,000
John Salmons Legacy Fund	-	5,000
Wellingborough County Council	13,283	-
Northamptonshire Sport	575	-
North Northamptonshire Council	25,000	-
Northampton General Hospital	8,918	-
NCC- Young Carer	120,000	-
The Kirby Laing Foundation	10,000	-
Northamptonshire County Council- COVID19	<u>60,049</u>	<u>-</u>
Carried forward	2,558,823	2,438,364

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2021 £	2020 £
Brought forward	2,558,823	2,438,364
NHS Trust	16,538	-
3 Helping Hands	1,500	-
NHS Northamptonshire Clinical Commissioning Group	<u>20,000</u>	<u>-</u>
	<u>2,596,861</u>	<u>2,438,364</u>

5. RAISING FUNDS

Raising donations and legacies

	2021 £	2020 £
Sundries	<u>577</u>	<u>86</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>2,134,086</u>	<u>327,288</u>	<u>2,461,374</u>

7. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>252,628</u>	<u>3,479</u>	<u>46,773</u>	<u>24,408</u>	<u>327,288</u>

Support costs, included in the above, are as follows:

Management

	2021 Charitable activities £	2020 Total activities £
Wages	118,200	113,344
Social security	9,366	8,695
Pensions	6,676	6,399
Rent, rates and water	1,364	10,875
Insurance	12,537	8,787
Light and heat	2,914	5,585
Telephone	24,064	18,706
Postage and stationery	18,569	23,614
Advertising	3,675	10,686
Sundries	5,190	1,925
Office equipment	2,717	1,268
Cleaning	4,122	3,485
Repairs and servicing	<u>4,073</u>	<u>3,135</u>
Carried forward	213,467	216,504

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

7. SUPPORT COSTS - continued

Management - continued

	2021 Charitable activities £	2020 Total activities £
Brought forward	213,467	216,504
Legal fees, bookkeeping etc.	10,241	10,500
Other professional fees	11,951	1,862
HR support	3,168	3,168
Depreciation of tangible and heritage assets	13,818	16,207
Loss on sale of tangible fixed assets	(17)	-
	<u>252,628</u>	<u>248,241</u>

Finance

	2021 Charitable activities £	2020 Total activities £
Bank charges	510	590
Bank loan interest	<u>2,969</u>	<u>6,462</u>
	<u>3,479</u>	<u>7,052</u>

Information technology

	2021 Charitable activities £	2020 Total activities £
Computer costs and IT support	<u>46,773</u>	<u>29,628</u>

Governance costs

	2021 Charitable activities £	2020 Total activities £
Trustees' expenses	-	342
Auditors' remuneration	7,560	7,200
Auditors' remuneration for non audit work	<u>16,848</u>	<u>16,242</u>
	<u>24,408</u>	<u>23,784</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	21,318	17,707
Surplus on disposal of fixed assets	<u>(17)</u>	<u>-</u>

9. AUDITORS' REMUNERATION

	2021	2020
	£	£
Fees payable to the charity's auditors for the audit of the charity's financial statements	7,560	7,200
Auditors' remuneration for non audit work	<u>16,848</u>	<u>16,242</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

	2021	2020
	£	£
Trustees' expenses	<u>-</u>	<u>342</u>

No expenses were reimbursed to trustees in the financial year (2020:1).

11. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	1,369,437	1,135,631
Social security costs	97,017	78,095
Other pension costs	<u>69,116</u>	<u>63,002</u>
	<u>1,535,570</u>	<u>1,276,728</u>

During the year, employees received benefits in kind totalling £5,840 (2020: £3,254).

The average monthly number of employees during the year was as follows:

	2021	2020
	<u>75</u>	<u>69</u>
Carers support and administration		

No employees received remuneration in excess of £60,000.

The key management personnel are the trustees and the Chief Executive. The salaries paid to key management personnel in the year amounted to £52,885.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	90,689	1	90,690
Charitable activities			
Charitable activities	2,129,931	308,433	2,438,364
Investment income	<u>4,531</u>	<u>-</u>	<u>4,531</u>
Total	2,225,151	308,434	2,533,585
 EXPENDITURE ON			
Raising funds	84	2	86
Charitable activities			
Charitable activities	<u>2,220,626</u>	<u>243,762</u>	<u>2,464,388</u>
Total	2,220,710	243,764	2,464,474
 NET INCOME	4,441	64,670	69,111
Transfers between funds	<u>530</u>	<u>(530)</u>	<u>-</u>
Net movement in funds	4,971	64,140	69,111
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>396,152</u>	<u>81,456</u>	<u>477,608</u>
 TOTAL FUNDS CARRIED FORWARD	<u>401,123</u>	<u>145,596</u>	<u>546,719</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**13. TANGIBLE FIXED ASSETS**

	Freehold property £	Holiday Lodges £	Computer equipment £	Totals £
COST				
At 1 April 2020	333,855	74,995	21,428	430,278
Additions	-	-	25,920	25,920
Disposals	-	-	(821)	(821)
At 31 March 2021	<u>333,855</u>	<u>74,995</u>	<u>46,527</u>	<u>455,377</u>
DEPRECIATION				
At 1 April 2020	39,921	9,000	3,530	52,451
Charge for year	6,677	7,500	7,141	21,318
Eliminated on disposal	-	-	(17)	(17)
At 31 March 2021	<u>46,598</u>	<u>16,500</u>	<u>10,654</u>	<u>73,752</u>
NET BOOK VALUE				
At 31 March 2021	<u>287,257</u>	<u>58,495</u>	<u>35,873</u>	<u>381,625</u>
At 31 March 2020	<u>293,934</u>	<u>65,995</u>	<u>17,898</u>	<u>377,827</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	84,963	9,033
Other debtors	471	471
Prepayments	<u>7,050</u>	<u>7,347</u>
	<u>92,484</u>	<u>16,851</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Bank loans and overdrafts (see note 16)	-	168,568
Trade creditors	46,067	72,023
Social security and other taxes	25,990	22,958
Other creditors	8,758	8,227
Accruals	<u>88,229</u>	<u>54,703</u>
	<u>169,044</u>	<u>326,479</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2020	-
Amount released to incoming resources	-
Amount deferred in year	<u>57,046</u>
Balance as at 31 March 2021	<u>57,046</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

16. LOANS

An analysis of the maturity of loans is given below:

	2021 £	2020 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	28,063
Bank loans	<u>-</u>	<u>140,505</u>
	<u>-</u>	<u>168,568</u>

A technical bank overdraft arises where a fund is in deficit or where the fund comprises mainly non-cash assets. This is not indicative of an actual overdraft facility at the bank.

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2021 £	2020 £
Within one year	3,639	4,853
Between one and five years	<u>-</u>	<u>3,639</u>
	<u>3,639</u>	<u>8,492</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

18. MOVEMENT IN FUNDS

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	401,121	215,988	4,585	621,694
Property fund	-	163,203	-	163,203
	401,121	379,191	4,585	784,897
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
National Lottery	29,656	(1,151)	-	28,505
Children in Need	-	1,270	-	1,270
Carers Trust	8,297	(8,297)	-	-
Community Foundation	3,241	(3,241)	-	-
Carers Music Fund	38,690	2,489	-	41,179
Children in Need Sibling support	1,552	(1,552)	-	-
Northants Police & Crime				
Commissioner	6,640	(6,640)	-	-
Rank Grant	2,967	(2,967)	-	-
John Salmons Legacy Fund	5,000	(5,000)	-	-
Northamptonshire Community				
Foundation	-	2,500	-	2,500
Connecting Carers Services				
Collaboration	-	1,361	(1,361)	-
Direct Carers Connections	-	912	(912)	-
Carers Trust- Young Carers	-	12	-	12
Staff Wellbeing	-	2,000	-	2,000
Suede Respite Fund	-	5,000	-	5,000
NHS Befriending Project	-	19,000	-	19,000
Carers Trust Dementia Work	-	2,312	(2,312)	-
	145,598	8,008	(4,585)	149,021
TOTAL FUNDS	546,719	387,199	-	933,918

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,247,462	(2,031,474)	215,988
Property fund	163,203	-	163,203
	2,410,665	(2,031,474)	379,191
Restricted funds			
National Lottery	113,046	(114,197)	(1,151)
Children in Need	36,345	(35,075)	1,270
Carers Trust	3,121	(11,418)	(8,297)
Community Foundation	-	(3,241)	(3,241)
Carers Music Fund	93,994	(91,505)	2,489
Children in Need Sibling support	9,103	(10,655)	(1,552)
Carers Trust- Carers Grants	500	(500)	-
Age-Well fund	4,500	(4,500)	-
Northants Police & Crime Commissioner	-	(6,640)	(6,640)
My Mental Health	3,250	(3,250)	-
Rank Grant	-	(2,967)	(2,967)
John Salmons Legacy Fund	-	(5,000)	(5,000)
Wellingborough Council	13,283	(13,283)	-
Northamptonshire Sport	575	(575)	-
Northamptonshire Community Foundation	3,000	(500)	2,500
Northampton General Hospital	8,918	(8,918)	-
Connecting Carers Services			
Collaboration	14,977	(13,616)	1,361
Thinking Well	10,000	(10,000)	-
Direct Carers Connections	9,977	(9,065)	912
Carers Trust- Young Carers	3,000	(2,988)	12
NCC- Infection Control	1,049	(1,049)	-
NHS- Long COVID-19	16,538	(16,538)	-
Staff Wellbeing	2,000	-	2,000
3 Helping Hands	1,500	(1,500)	-
NHS-HEP	20,000	(20,000)	-
Suede Respite Fund	5,000	-	5,000
NCC- Dementia Pathway	25,000	(25,000)	-
NHS Befriending Project	19,000	-	19,000
Carers Trust Dementia Work	20,809	(18,497)	2,312
	438,485	(430,477)	8,008
TOTAL FUNDS	<u>2,849,150</u>	<u>(2,461,951)</u>	<u>387,199</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

18. MOVEMENT IN FUNDS - continued**Comparatives for movement in funds**

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
Unrestricted funds				
General fund	344,060	41,031	16,030	401,121
Fixed asset holiday lodge	15,500	-	(15,500)	-
Young Carers Support Worker	35,000	(35,000)	-	-
Carers Involvement and Engagement	<u>1,592</u>	<u>(1,592)</u>	<u>-</u>	<u>-</u>
	396,152	4,439	530	401,121
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
National Lottery	26,174	3,482	-	29,656
Carers Trust	2,486	5,811	-	8,297
Community Foundation	3,241	-	-	3,241
Carers Music Fund	-	38,690	-	38,690
Children in Need Sibling support	-	1,552	-	1,552
Northants Police & Crime				
Commissioner	-	6,640	-	6,640
Peer Support	-	530	(530)	-
Rank Grant	-	2,967	-	2,967
John Salmons Legacy Fund	<u>-</u>	<u>5,000</u>	<u>-</u>	<u>5,000</u>
	<u>81,456</u>	<u>64,672</u>	<u>(530)</u>	<u>145,598</u>
TOTAL FUNDS	<u>477,608</u>	<u>69,111</u>	<u>-</u>	<u>546,719</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,225,150	(2,184,119)	41,031
Young Carers Support Worker	-	(35,000)	(35,000)
Carers Involvement and Engagement	-	(1,592)	(1,592)
	2,225,150	(2,220,711)	4,439
Restricted funds			
National Lottery	111,971	(108,489)	3,482
Children in Need	36,345	(36,345)	-
Carers Trust	7,060	(1,249)	5,811
Carers Music Fund	77,112	(38,422)	38,690
Children in Need Sibling support	9,443	(7,891)	1,552
Carers Trust- Carers Grants	1,630	(1,630)	-
Age-Well fund	29,500	(29,500)	-
Northants Police & Crime Commissioner	9,700	(3,060)	6,640
My Mental Health	6,750	(6,750)	-
Peer Support	6,957	(6,427)	530
Rank Grant	2,967	-	2,967
Volunteer Sitting Service	4,000	(4,000)	-
John Salmons Legacy Fund	5,000	-	5,000
	308,435	(243,763)	64,672
TOTAL FUNDS	<u>2,533,585</u>	<u>(2,464,474)</u>	<u>69,111</u>

The Fixed Asset Holiday Lodge fund is represented by holiday lodges which were purchased during 2011.

The Young Carers Support Worker fund is to facilitate and organise groups and activities for young carers.

The Carers Involvement and Engagement fund is to help carers who are taking part in committees, boards, engagement or involvement events and activities to cover expenses.

The National Lottery fund is to establish a network of volunteer Carer Champions across the county who are trained to be a point of contact for carers within local communities. To establish ongoing and one off social activities for carers.

The Children in Need fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The Community Foundation fund is to carry out the Young Carer Ambassador Programme.

The Carers Trust fund is to provide information to older carers of someone with dementia about end of life care. To do so in a group setting with the aim of establishing self-sustaining support groups beyond the life of the grant.

The Carers Music fund is to provide music related activities to female carers.

18. MOVEMENT IN FUNDS - continued

The Children in Need Sibling Support fund is to provide sibling carers support for young carers aged 5-18 across Northamptonshire.

The Age-Well fund is to provide services to carers ages over 65.

The Northants Police & Crime Commissioner fund is to raise awareness of crime and fraud with the elderly in Wellingborough.

The My Mental Health fund is to raise awareness through activates for mental health for young and young adult carers aged 5-24.

The Peer support fund is to be used to in line with the peer support project.

The Rank Grant fund is to be used to in line with the work carried out with local GP surgeries.

The John Salmons Legacy fund is to be used to co-ordinate activities specifically designed for elderly carers whilst finding suitable options for the person they care-for so the carer can have a break.

The Volunteer Sitting Service is to be used for the activities of the volunteer Sitting Service.

The Wellingborough Council fund is to be used for short breaks for older carers and personal care component for the cared-for person.

The Northamptonshire Sport fund is to be used for running bespoke groups sessions for carers.

The Northamptonshire Community Foundation fund is to be used for the carers advocacy project.

The Northamptonshire General Hospital fund is to be used patients discharged from NGH.

The Connecting Carers Services Collaboration fund is to be used in reducing carer social isolation and increase resources to tackle carer loneliness.

The Thinking Well fund is to be used to support people living with Dementia and their carers.

The Direct Carers Connections fund is to be used used for the Direct Carers Connections project.

The Carers Trust- Young Carers fund is to be used on young carers, half for carers aged under 16 and the remaining half for young carers over 16 years old.

The NCC- Infection control grant is to be used on limiting the spread of COVID-19 within the charity.

The NHS-Long COVID 19 fund is to be used to support patients who suffer from long COVID.

The Staff Wellbeing fund is to be used to support and maintain the wellbeing of the staff at Northamptonshire Carers.

The 3 Helping Hands fund is to be used for the specific carer support project.

The NHS-HEP fund is to be used to promote the awareness, and ultimately the take-up of Annual Health Checks (AHCs), amongst People with learning disabilities and People from BAME communities who have learning disabilities.

The Suede Respite Fund is to be used to provide music to carers.

The NCC- Dementia Pathway fund is to be used to support the dementia pathway project.

18. MOVEMENT IN FUNDS - continued

The NHS Befriending Project fund is to be used for the befriending volunteer project.

The Carers Trust Dementia work fund is to be used for the befriending project.

The Property Fund relates to insurance proceeds to be spent on the repair of the charity's freehold property following flood damage.

Transfers between funds

Transfers between funds have been carried out due to the transfer of administration and management expenses.

19. RELATED PARTY DISCLOSURES

During the year, Nicola Best, who is the wife of Christopher Best, a Trustee of Northamptonshire Carers, received remuneration under employment contract of £14,350 (2020: £14,179) during the year.

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £13,033 (2020: £9,391) during the year.

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	87,406	89,273
Gift aid	<u>194</u>	<u>1,417</u>
	87,600	90,690
Investment income		
Rents received	1,150	3,845
Deposit account interest	<u>336</u>	<u>686</u>
	1,486	4,531
Charitable activities		
Grants and contract income	2,596,861	2,438,364
Other income		
Insurance proceeds	<u>163,203</u>	<u>-</u>
Total incoming resources	2,849,150	2,533,585
EXPENDITURE		
Raising donations and legacies		
Sundries	577	86
Charitable activities		
Wages	1,251,500	1,022,287
Social security	87,651	69,400
Pensions	62,440	56,603
Carers support costs	536,167	536,982
Holiday lodge costs	4,101	14,239
Business development and bid writing	34,088	40,322
Travel	9,003	40,120
Volunteers' expenses	2,018	12,419
Training & conferences	3,091	8,264
Direct payments	135,479	138,889
Overnight care expenses	1,048	214,658
Freehold property	<u>7,500</u>	<u>1,500</u>
	2,134,086	2,155,683
Support costs		
Management		
Wages	118,200	113,344
Social security	9,366	8,695
Pensions	6,676	6,399
Carried forward	134,242	128,438

This page does not form part of the statutory financial statements

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Management		
Brought forward	134,242	128,438
Rent, rates and water	1,364	10,875
Insurance	12,537	8,787
Light and heat	2,914	5,585
Telephone	24,064	18,706
Postage and stationery	18,569	23,614
Advertising	3,675	10,686
Sundries	5,190	1,925
Office equipment	2,717	1,268
Cleaning	4,122	3,485
Repairs and servicing	4,073	3,135
Legal fees, bookkeeping etc.	10,241	10,500
Other professional fees	11,951	1,862
HR support	3,168	3,168
Depreciation of tangible and heritage assets	13,818	16,207
Loss on sale of tangible fixed assets	(17)	-
	<u>252,628</u>	<u>248,241</u>
Finance		
Bank charges	510	590
Bank loan interest	<u>2,969</u>	<u>6,462</u>
	3,479	7,052
Information technology		
Computer costs and IT support	46,773	29,628
Governance costs		
Trustees' expenses	-	342
Auditors' remuneration	7,560	7,200
Auditors' remuneration for non audit work	<u>16,848</u>	<u>16,242</u>
	<u>24,408</u>	<u>23,784</u>
Total resources expended	<u>2,461,951</u>	<u>2,464,474</u>
Net income	<u><u>387,199</u></u>	<u><u>69,111</u></u>

NORTHAMPTONSHIRE CARERS

LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2021

3H Helping Hands
Wellingborough Airways
PCC All Saints
Amazon Europe and Amazon Smile
BBC Children in Need
Benevity Netflix
Carers Trust
Charitable Giving
Colemans
Commonwealth Organisation
Communities Aid Foundation
Co-operative Society
Corby Lottery
Corby Phoenix Rotary Club
Facebook
Go Cardless
Just Giving
Kettering Quakers
Local Giving
Local Lotto
Mothers Union Diocese of Peterborough
Moulton School
Northampton Lottery
Northampton Saints RUFC
Northamptonshire Community Aid Foundation
Northamptonshire County Council
Northamptonshire County Golf Club
Northamptonshire NHS
Northamptonshire Healthcare Foundation Trust
Northwick Trust
Otter Stone Limited
PCC Weston Favell
Rotary Clubs in Northamptonshire
Spirit of 2012
Stripe
The Big Give
The Faraway Children's Society
The Football Association
The National Lottery
The Suede Foundation
Towcester & District Lions Club Charitable Trust
Virgin Money
Waitrose
White Stuff
Wilson Foundation

Plus, many more individual donations both cheques and online from sponsors and supporters too numerous to mention individually.