

NORTHAMPTONSHIRE CARERS

England & Wales · Charity number 1061417

Details

Other names	NORTHAMPTONSHIRE CARERS ASSOCIATION
Status	Registered
Legal form	Charitable company
Company number	03328459
Registered	1997-03-20
Register	View on the Charity Commission register

Contact

Address	The Anne Goodman Centre for Carers 123 Midland Road Wellingborough NN8 1LU
Phone	01933 677907
Email	carers@northamptonshire-carers.org
Website	www.northamptonshire-carers.org

Activities

Objects: (A) TO RELIEVE THOSE PERSONS IN NORTHAMPTONSHIRE WHO ARE IN NEED OF CARE AND ATTENTION AS A RESULT OF DISABILITY SICKNESS OLD AGE OR OTHER INFIRMITY BY THE PROVISION OF ADVICE AND INFORMATION TO SUCH PERSONS AND THOSE WHO ARE RESPONSIBLE FOR THEIR CARE (AND TO ADVANCE PUBLIC EDUCATION AMONGST THOSE RESPONSIBLE FOR THEIR CARE IN THE CARE AND ATTENTION OF PERSONS REQUIRING SUCH CARE AND ATTENTION). (B) TO RELIEVE POVERTY SICKNESS AND DISTRESS AMONGST AND ADVANCE THE EDUCATION OF PERSONS WHO BY VIRTUE OF THEIR CIRCUMSTANCES ARE RESPONSIBLE FOR THE CARE OF OTHER PERSONS WHO BECAUSE OF THEIR DISABILITY ILLNESS OR OLD AGE ARE IN NEED OF CARE AND ATTENTION.

Activities: The provision throughout Northamptonshire of services to adult carers and to young carers, including support, advice and information services and Regulated Care, to include provision of services to looked after people that provide benefit to their Carer or family members.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups

Geography

- **Area of benefit:** NORTHAMPTONSHIRE
- Northamptonshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£4,356,413	£4,465,429	£684,956	132
2024-03-31	£4,193,592	£4,722,065	£793,972	132
2023-03-31	£4,138,651	£4,050,930	£1,322,445	120
2022-03-31	£3,553,496	£3,252,690	£1,234,724	96
2021-03-31	£2,849,150	£2,461,951	£933,918	75

Trustees

Name	Role	Appointed
SALLY GRACE JONES	Chair	2017-06-06
Christine Anne Saxon		2023-08-15
Dr Diana Julia Rose		2025-11-10
Dr PETER INNS		2013-01-10
Gerrard O Donnell		2025-06-25
Graham Peter Brogden		2025-02-04
Janice Hilton		2021-01-16
Michael Philip Burgess		2024-01-16
Rashmikant Velji Khimji Shah		2021-05-18

Accounts

REGISTERED COMPANY NUMBER: 03328459 (England and Wales)

REGISTERED CHARITY NUMBER: 1061417

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

NORTHAMPTONSHIRE CARERS

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FOR THE YEAR ENDED 31 MARCH 2025**

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NORTHAMPTONSHIRE CARERS

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2025

TRUSTEES	P Douglas (resigned 18/3/2025) P Inns S G Jones C Best (resigned 14/1/2025) J Hilton G Brogden (appointed 4/2/2025) R Velji Shah A Gunn (resigned 24/9/2025) V E Hawes (resigned 23/9/2024) C A G Saxon M P Burgess D Belfon (appointed 16/7/2024) (resigned 24/6/2025) G O'Donnell (appointed 24/6/2025)
REGISTERED OFFICE	The Ann Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
REGISTERED COMPANY NUMBER	03328459 (England and Wales)
REGISTERED CHARITY NUMBER	1061417
AUDITORS	Shaw Gibbs (Audit) Limited Chartered Certified Accountants Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
BANKERS	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
CHIEF EXECUTIVE OFFICER	Mark Major
ASSISTANT DIRECTORS	Jemma Café

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

INTRODUCTION

The last year has presented many challenges in terms of Health and Social Care systems and the wider landscape. The issues facing Charities and Carers have been to the forefront in this period as follows:

1. Increased demand for services and support.
2. Continued rising demographics, especially older people and their Carers.
3. Carers own health and wellbeing needs.
4. Cost of living and inflationary pressures for: -
 - The Health and Social Care system and Charities
 - Public
 - Carers
5. Contractual income not keeping up with inflation and rising costs and the rise in National Insurance payments for Employers.

Simply this means more people with increased needs, increased demand for services and sharply rising costs. Although this has been another demanding year, it is very heartening to have seen so much excellent work undertaken both by Northamptonshire Carers and also in partnership with others such as on the ICAN/Ageing Well transformation area for older people, and the SPRING Social Prescribing work in the county.

This year, we are proud to have delivered more key achievements: -

- A better budget year.
- More people supported than ever before.
- The winning of long-term tenders for Carers Support Services for both West Northants Council and North Northants Council and for Hospital Carers and Discharge Support within NGH.
- Securing National Lotteries Reaching Communities Funding for our new Young Carers Project, Caring for our Futures.
- New Work on Dementia Hospital Support via the Masonic Charitable Trust.
- Working with our two local authorities and the ICB to deliver a range of activities via the Accelerated Reform Funding including identifying new Carers, raising awareness of Carers, one stop shops, Carers Directories, and work with other organisations.
- Supporting system work on dementia including the new Community Diagnostic Centres.

We also have some exciting development work for 2025/26 including: -

- New training for Carers
- Carers Breaks Service
- A website refresh
- New group activities
- New Young Carer Services via our Lottery Funded Project
- A new AI Carers Platform Tool
- Increasing our portfolio of long-term health condition groups to include Neurodiverse Adults and Sickle Cell.

We will also be launching our new Carers Strategy.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

All of the good work is of course only possible due to the continued support of our key funders, the Integrated Care Board, North Northamptonshire Council, West Northamptonshire Council, The National Lottery, Carers Trust, Northamptonshire Community Foundation, NHFT, Children in Need, Northamptonshire Health and Foundation Trust, and others, as well as all those other Trusts and individual donors who support our work.

When writing this section for the Annual Report I particularly noticed some key themes that underpin our work in what has been another successful year for Northamptonshire Carers. Those themes are.

- Carers needs and the needs of those they look after
- Growth and Diversification and Key services
- Workforce
- Diversity and Inclusion
- Partnerships and Integrated services
- The sharply rising cost of providing services

In terms of Growth and diversification and key services, the year is summed up from the perspective of more services for more people than ever before. However, within that it is worth highlighting the following: -

- Increased work from our Carers Support Line and Carers Assessment Teams
- High referrals to both Adult and Young Carers services
- More work via our Partnership projects Ageing Well and SPRING

We have seen considerable growth in our Community Asset Group provision as part of the Ageing Well and Respiratory work in the county. We now have groups and programmes for people with: -

- Dementia (Hubs and Groups)
- Coronary Heart Disease (Pumped-up)
- COPD (Breathing Space)
- Diabetes
- We have also run a highly successful pilot around Sickle Cell and hope to grow this work further.

We have also seen growth via our Regulated Care Overnight Service and via our hospital discharge work which is being recognized nationally. Our Young Carers service also continues to flourish and develop. Our network of Carers Support Groups, Cafés, specialist groups and music and leisure groups also continue to do splendid work, receive great feedback, and are well attended. As well as this, our Community Companions Service continues to be both much needed and well used. We will look to grow out our Regulated Care offering moving forward.

We have an excellent team of Staff, Volunteers and Peer Supporters - the quality of these teams is what enables us to be able to do all that we do. This year, we were able to present long service awards to our Staff and Volunteers and Trustees who have been with us on our journey. It was very humbling to see the number of years people have been with the Organisation and the huge contribution they have made and most importantly the difference that has made to Carers. We have grown from small beginnings to now be a large local Charity and much of that is down to our excellent team. We also say goodbye to several valued Staff this year who have retired or moved to pastures new and thank them for the huge contributions made.

Carers needs are always the starting point for the work we do. We will continue to prioritise work to meet Carers needs and are pleased this year to have won new funding and given more resources to:

Making sure the voice of Carers and Patients is part of the planning, co-production and design of services is key, and we are very proud that the work of the People's Advisory Group (PAG) was highlighted as national good practice by NHS England this year and is the subject of a case study and presentation at a national event. They have also undertaken some important national work around quality impact areas in terms of Strategic Commissioning and experts by experience and Technology in Care.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

As mentioned, Partnerships and collaboration are key areas moving forward, and the Organisation is highly active in several key areas: -

- The Integrated Care System for Northamptonshire
- The Ageing Well Transformation Programme
- The Carers Partnership thematic Partnership
- The Mental Health Collaborative
- The Voluntary Sector Assembly

We also continue as we have been for all our existence to be a network member of Carers Trust and thank them for their continued excellent support.

A thank you also to my fellow Trustees for their continued commitment and hard work for the Organisation.

Please take some time to look at the statistical and Outcomes report that follows that highlights the work of the Organisation.

Thanks for taking the time to read this report and thanks also for your continued support.

Sally Jones, MBE
Chairman

OBJECTIVES AND ACTIVITIES

Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs. We support those living with long term health conditions and their Carers, co-producing services with them.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

THE YEAR IN NUMBERS

Northamptonshire Carers is a Carer-led organisation dedicated to supporting unpaid carers across the county. Their mission is to empower carers and improve their quality of life through responsive and comprehensive services. The data reflects a year of significant impact, with thousands of carers supported through registration, respite, emotional care, and health-related services.

Key Highlights of Year:

Carers Registered	22,703
New Registered	6,649

Adult Carer Respite Delivery:

Planned Breaks (Community Groups)	22,713 hours
Community Companions	2,111 hours
Emergency Respite	8,525 hours

Young Carers:

Planned Breaks (Community Groups)	504 Young Carers
1-1 Support	3,627 hours
Young Carer Contacts	37, 340

Adult Carer Conversation 1 Breakdown:

Main Reason for Contact	Amount of Carers
Carer In Crisis	412
Collab/Multi Agency Working	612
Education Support	179
Emotional Support	1,810
Employment Support	175
End Of Life	71
Family and Relationships	1,516
Finance	805
Housing	171
Legal	108
Respite	1,110
Time for Me	1,267
Understanding Cared for condition	1,127
Understanding Health and Social System	1,198
Your own health	1,340

Adult Carer Health Breakdown:

Physical Health	64.51%
Mental Health	29.94%
Learning Disability	1.85%
Dementia	0.93%
Substance Misuse	0.23%
Other Vulnerable Adult	2.55%

Assessments Completed:

Adult Assessments	2,972
Young Carers	421

Northamptonshire Carers will later be producing a full report on long term health conditions that will be published on our website.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

Fundraising activities

The charity does not carry out significant fundraising activities.

FINANCIAL REVIEW

Financial position

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2025 the charity had a deficit of £109,016 in relation to gross income of £4,356,413 (2024: £528,473 deficit on gross income of £4,193,592). Income had increased by 3.9% in 2024/25 compared to 1.3% in 2023/24.

The Trustees recognise fully the extent of the oncoming challenging economic conditions and we continue to maintain strong financial discipline which shall result in improved cashflow and operational savings.

At 31 March 2025 the charity has reserves of £684,956 of which £243,758 is held on restricted funds, and £260,548 represents the book value of the charity's freehold office in Wellingborough.

Reserves policy

Over recent years the organization has sought to build up and maintain an operational reserve of liquid assets in accordance with Charity Commission guidelines. The size of the reserve has been calculated on the basis that with careful management, the organization will be able to survive for at least 3 months if a single catastrophic event occurs, and for at least three months if the event causes the cessation of all income. The cash reserve essentially enables the organization to stay in operation until suitable remedial plans are developed and implemented. This is nuanced as the vast majority of income is from contractual (sometime long-term arrangements) or time specified grants. Therefore, income is not ceased suddenly or without notice periods. Therefore, reserve calculations link specifically to cashflow and income phasing which is part of the Annual Budgets and Monthly Monitoring and related to fixed costs. The reserve level, cashflow headroom is set at £450,000 and is monitored and reported monthly to the Trustees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association.

In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Recruitment and appointment of new trustees

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational Structure

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

Decision making

The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

Induction and training of new trustees

An induction is prepared and delivered when a Trustee commences their role. This includes background on the organisation and its services, the role of the Trustee, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the Trustee role.

There is a trial period of 3 months to give the organisation and the Trustee time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Trustee may terminate the agreement, preferably by mutual consent.

Key management remuneration

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

Risk assessment

The committee does not believe there are any substantial risks beyond those liabilities disclosed in its Annual Report and Accounts. Our major risk, in common with the Voluntary Sector in general, is the economic climate both generally and in relation to the public sector including restructuring of local ICBs and Health Systems. Our risks are principally the effect the recent rise in National Insurance and Minimum Wage and our contracted incoming not keeping up with rising operational costs. Risk assessment and management is a key topic for Trustee Board and is addressed via means of a risk register and action log.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

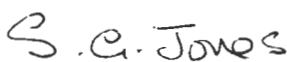
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Shaw Gibbs (Audit) Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 21/10/25 and signed on its behalf by:


.....
S G Jones - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Opinion

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of income. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Shaw Gibbs (Audit) Ltd

Shaw Gibbs (Audit) Limited
Chartered Certified Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 3 November 2025

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	118,706	62,467	181,173	157,491
Charitable activities	4				
Charitable activities		2,397,181	1,765,405	4,162,586	4,026,686
Investment income	3	9,578	-	9,578	9,415
Other income		<u>3,076</u>	<u>-</u>	<u>3,076</u>	<u>-</u>
Total		<u>2,528,541</u>	<u>1,827,872</u>	<u>4,356,413</u>	<u>4,193,592</u>
EXPENDITURE ON					
Raising funds	5	-	-	-	331
Charitable activities	6				
Charitable activities		<u>2,773,664</u>	<u>1,691,765</u>	<u>4,465,429</u>	<u>4,721,734</u>
Total		<u>2,773,664</u>	<u>1,691,765</u>	<u>4,465,429</u>	<u>4,722,065</u>
NET INCOME/(EXPENDITURE)		(245,123)	136,107	(109,016)	(528,473)
Transfers between funds	18	<u>49,555</u>	<u>(49,555)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(195,568)	86,552	(109,016)	(528,473)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>636,766</u>	<u>157,206</u>	<u>793,972</u>	<u>1,322,445</u>
TOTAL FUNDS CARRIED FORWARD		<u>441,198</u>	<u>243,758</u>	<u>684,956</u>	<u>793,972</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	13	332,655	-	332,655	369,013
CURRENT ASSETS					
Debtors	14	87,526	36,686	124,212	132,124
Cash at bank		<u>177,986</u>	<u>288,939</u>	<u>466,925</u>	<u>592,312</u>
		265,512	325,625	591,137	724,436
CREDITORS					
Amounts falling due within one year	15	(156,969)	(81,867)	(238,836)	(299,477)
NET CURRENT ASSETS		<u>108,543</u>	<u>243,758</u>	<u>352,301</u>	<u>424,959</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>441,198</u>	<u>243,758</u>	<u>684,956</u>	<u>793,972</u>
NET ASSETS		<u>441,198</u>	<u>243,758</u>	<u>684,956</u>	<u>793,972</u>
FUNDS	18				
Unrestricted funds				441,198	636,766
Restricted funds				<u>243,758</u>	<u>157,206</u>
TOTAL FUNDS				<u>684,956</u>	<u>793,972</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on
.....21/10/25..... and were signed on its behalf by:

.....S. G. Jones.....
S G Jones - Trustee

NORTHAMPTONSHIRE CARERS

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(137,527)</u>	<u>(459,875)</u>
Net cash used in operating activities		<u>(137,527)</u>	<u>(459,875)</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(3,123)	(7,358)
Interest received		<u>6,496</u>	<u>4,771</u>
Net cash provided by/(used in) investing activities		<u>3,373</u>	<u>(2,587)</u>
Change in cash and cash equivalents in the reporting period		<u>(134,154)</u>	<u>(462,462)</u>
Cash and cash equivalents at the beginning of the reporting period	2	<u>574,172</u>	<u>1,036,634</u>
Cash and cash equivalents at the end of the reporting period	2	<u>440,018</u>	<u>574,172</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2025

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(109,016)	(528,473)
Adjustments for:		
Depreciation charges	30,983	34,860
Interest received	(6,496)	(4,771)
Impairment of fixed assets	8,498	-
Decrease/(increase) in debtors	7,912	(17,173)
(Decrease)/increase in creditors	<u>(69,408)</u>	<u>55,682</u>
Net cash used in operations	<u>(137,527)</u>	<u>(459,875)</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2025 £	2024 £
Notice deposits (less than 3 months)	466,925	592,312
Overdrafts included in bank loans and overdrafts falling due within one year	<u>(26,907)</u>	<u>(18,140)</u>
Total cash and cash equivalents	<u>440,018</u>	<u>574,172</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/24 £	Cash flow £	At 31/3/25 £
Net cash			
Cash at bank	592,312	(125,387)	466,925
Bank overdraft	<u>(18,140)</u>	<u>(8,767)</u>	<u>(26,907)</u>
	<u>574,172</u>	<u>(134,154)</u>	<u>440,018</u>
Total	<u>574,172</u>	<u>(134,154)</u>	<u>440,018</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Statutory information

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

Significant Judgements and Estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Holiday Lodges	- 10% on cost
Fixtures and fittings	- 10% on cost

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Computer equipment - 25% on reducing balance

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

2. DONATIONS AND LEGACIES

	2025 £	2024 £
Donations	161,915	126,344
Gift aid	18,608	6,147
Legacies	<u>650</u>	<u>25,000</u>
	<u>181,173</u>	<u>157,491</u>

3. INVESTMENT INCOME

	2025 £	2024 £
Rents received	3,082	4,644
Deposit account interest	<u>6,496</u>	<u>4,771</u>
	<u>9,578</u>	<u>9,415</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2025 £	2024 £
Grants and contract income	Charitable activities	4,155,386	4,026,686
Care at Home	Charitable activities	<u>7,200</u>	<u>-</u>
		<u>4,162,586</u>	<u>4,026,686</u>

Grants received, included in the above, are as follows:

	2025 £	2024 £
NNC Lot Funding	648,900	648,900
NHS Lot Funding	956,528	950,230
NHS Northamptonshire ICB Overnight Care Service	440,162	436,344
Carers Trust - Making Carers Count	14,182	35,519
BBC Children in Need - YC Youth Groups	9,993	9,885
Northampton General Hospital Discharge Work	104,559	106,397
NNC Young Carer	120,000	120,000
NHS Foundation Trust - ICAN programme	473,050	763,576
The National Lottery Community Fund - RC Midlands Region	-	148,212
Northamptonshire Better Health Outcomes - Social Prescribing	277,449	224,372
West Northamptonshire Council - Discharge Pilot	-	38,720
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,000	5,000
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	23,258	8,744
Northamptonshire ICB - Befriending Service	266,837	-
Carers Trust - Carers Grants	550	1,290
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	-	66,150
Mental Health Northants Collaboration - Covid Relief Funding	<u>-</u>	<u>4,890</u>
Carried forward	3,340,468	3,568,229

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2025	2024
	£	£
Brought forward	3,340,468	3,568,229
DWP Access to Work	4,948	16,829
Groundwork Grant Schemes	-	1,000
Faraway Children's Charity	1,550	600
NHS Northamptonshire ICB Smoking Cessation	-	20,000
NNC - Population Health (Household Support Fund)	-	45,000
Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service	47,000	47,000
NHS Northamptonshire ICB - Surge Funding	226,787	210,702
Mental Health Northants Collaboration - Mental Health Learning Disability	-	114,929
HSJ Marketing Award	(2,397)	2,397
West Northamptonshire Council - Accelerated Reform Grant	322,116	-
Dunhill Medical Trust - Capability Development Programme	15,000	-
Masonic Charitable Foundation Hospital Dementia Support	28,618	-
University of Sheffield - Impact Network	5,000	-
Warm Space	800	-
NNC - Digital Social Care Record Grant	3,437	-
NCF - Young People's Fund Grant	9,987	-
NCF John Salmons Legacy Fund - Lunch Club for Carers	2,500	-
Carers Trust - Time for ME!	9,000	-
NHS Community Dementia Diagnostic Pathway	51,767	-
West Northamptonshire Council - Breathing Spaces Project	82,805	-
Voluntary Impact Northamptonshire - Sickle Cell Focus Group Workshops	5,000	-
Barclays - Community Football Fund	1,000	-
	<u>4,155,386</u>	<u>4,026,686</u>

5. RAISING FUNDS

Raising donations and legacies

	2025	2024
	£	£
Sundries	<u>-</u>	<u>331</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>3,987,322</u>	<u>478,107</u>	<u>4,465,429</u>

7. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>378,522</u>	<u>686</u>	<u>70,827</u>	<u>28,072</u>	<u>478,107</u>

Support costs, included in the above, are as follows:

Management

	2025 Charitable activities £	2024 Total activities £
Wages	115,627	142,613
Social security	12,589	11,302
Pensions	4,138	5,117
Rent, rates and water	69,726	80,817
Insurance	20,265	15,068
Light and heat	5,106	4,768
Telephone	32,044	33,799
Postage and stationery	18,087	19,389
Advertising	2,321	3,272
Sundries	5,214	21,202
Office equipment	59	4,268
Cleaning	8,453	10,261
Repairs and servicing	7,733	8,777
Legal fees, bookkeeping etc.	14,984	13,114
Other professional fees	12,751	4,413
HR support	25,942	19,786
Depreciation of tangible and heritage assets	<u>23,483</u>	<u>27,360</u>
	<u>378,522</u>	<u>425,326</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

7. SUPPORT COSTS - continued Finance

	2025 Charitable activities £	2024 Total activities £
Bank charges	<u>686</u>	<u>686</u>

Information technology

	2025 Charitable activities £	2024 Total activities £
Computer costs and IT support	<u>70,827</u>	<u>74,144</u>

Governance costs

	2025 Charitable activities £	2024 Total activities £
Auditors' remuneration	10,050	9,150
Auditors' remuneration for non audit work	<u>18,022</u>	<u>18,115</u>
	<u>28,072</u>	<u>27,265</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	30,983	34,860
Impairment of fixed assets	<u>8,498</u>	<u>-</u>

9. AUDITORS' REMUNERATION

	2025 £	2024 £
Fees payable to the charity's auditors for the audit of the charity's financial statements	10,050	9,150
Auditors' remuneration for non audit work	<u>18,022</u>	<u>18,115</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

10. TRUSTEES' REMUNERATION AND BENEFITS

Remuneration of £375 was paid to R Shah, Trustee (2024: £nil) for attending Impact Network experts by experience groups to cover their travel costs. This is allowed under the Memorandum of Association of the charity.

Trustees' expenses

Expenses of £507 (2024: £499) were reimbursed to two trustees (2024: two) in the financial year. These were paid to reimburse travel expenses incurred by the trustee.

11. STAFF COSTS

	2025 £	2024 £
Wages and salaries	2,589,491	2,698,988
Social security costs	206,527	207,784
Other pension costs	96,895	103,269
	<u>2,892,913</u>	<u>3,010,041</u>

During the year, employees received benefits in kind totalling £15,703 (2024: £11,593).

The average monthly number of employees during the year was as follows:

	2025	2024
Carers support and administration	<u>132</u>	<u>132</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£60,001 - £70,000	<u>1</u>	<u>1</u>

The key management personnel are the trustees, the Chief Executive, the Chief Operating Officer and the Assistant Directors. The salaries, employers NI, employers pension and benefits in kind paid to key management personnel in the year amounted to £156,410.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	105,806	51,685	157,491
Charitable activities			
Charitable activities	2,368,573	1,658,113	4,026,686
Investment income	<u>9,415</u>	<u>-</u>	<u>9,415</u>
Total	<u>2,483,794</u>	<u>1,709,798</u>	<u>4,193,592</u>

NORTHAMPTONSHIRE CARERS

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	331	-	331
Charitable activities			
Charitable activities	<u>2,870,374</u>	<u>1,851,360</u>	<u>4,721,734</u>
Total	<u>2,870,705</u>	<u>1,851,360</u>	<u>4,722,065</u>
NET INCOME/(EXPENDITURE)	(386,911)	(141,562)	(528,473)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>
TOTAL FUNDS CARRIED FORWARD	<u>636,766</u>	<u>157,206</u>	<u>793,972</u>

13. TANGIBLE FIXED ASSETS

	Freehold property £	Holiday Lodges £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2024	333,855	74,995	1,235	131,702	541,787
Additions	-	-	-	3,123	3,123
Impairments	-	(8,498)	-	-	(8,498)
At 31 March 2025	<u>333,855</u>	<u>66,497</u>	<u>1,235</u>	<u>134,825</u>	<u>536,412</u>
DEPRECIATION					
At 1 April 2024	66,629	38,998	92	67,055	172,774
Charge for year	<u>6,678</u>	<u>7,499</u>	<u>124</u>	<u>16,682</u>	<u>30,983</u>
At 31 March 2025	<u>73,307</u>	<u>46,497</u>	<u>216</u>	<u>83,737</u>	<u>203,757</u>
NET BOOK VALUE					
At 31 March 2025	<u>260,548</u>	<u>20,000</u>	<u>1,019</u>	<u>51,088</u>	<u>332,655</u>
At 31 March 2024	<u>267,226</u>	<u>35,997</u>	<u>1,143</u>	<u>64,647</u>	<u>369,013</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	70,682	83,023
Other debtors	471	471
Prepayments	<u>53,059</u>	<u>48,630</u>
	<u>124,212</u>	<u>132,124</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Bank loans and overdrafts (see note 16)	26,907	18,140
Trade creditors	72,825	72,862
Social security and other taxes	47,056	48,360
Other creditors	3,156	13,836
Accruals and deferred income	<u>88,892</u>	<u>146,279</u>
	<u>238,836</u>	<u>299,477</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2024	73,198
Amount released to incoming resources	(73,198)
Amount deferred in year	<u>73,562</u>
Balance as at 31 March 2025	<u>73,562</u>

16. LOANS

An analysis of the maturity of loans is given below:

	2025	2024
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>26,907</u>	<u>18,140</u>

The bank overdrafts are not actual bank overdrafts but computed balances within the funds, due to unrestricted cash funds being used to support restricted funds waiting on debtor balances to be paid.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025 £	2024 £
Within one year	5,190	5,190
Between one and five years	<u>12,974</u>	<u>18,164</u>
	<u>18,164</u>	<u>23,354</u>

18. MOVEMENT IN FUNDS

	At 1/4/24 £	Net movement in funds £	Transfers between funds £	At 31/3/25 £
Unrestricted funds				
General fund	636,766	(245,123)	49,555	441,198
Restricted funds				
Holiday Lodge asset fund	49,555	-	(49,555)	-
Mental Health Learning Disability	60,902	(60,902)	-	-
The National Lottery Community Fund - RC Midlands Region	25,901	(25,901)	-	-
Smoking Cessation	20,000	(2,800)	-	17,200
St Albans Charity Players	848	(848)	-	-
Community Dementia Diagnostic Pathway	-	29,407	-	29,407
Accelerated Reform Fund	-	152,000	-	152,000
Breathing Spaces Project	-	30,000	-	30,000
Sickle Cell Focus Group Workshops	-	5,000	-	5,000
Dunhill Medical Trust Capability Development Programme	-	10,151	-	10,151
	<u>157,206</u>	<u>136,107</u>	<u>(49,555)</u>	<u>243,758</u>
TOTAL FUNDS	<u>793,972</u>	<u>(109,016)</u>	<u>-</u>	<u>684,956</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,528,540	(2,773,663)	(245,123)
Restricted funds			
Hardship Fund	62,468	(62,468)	-
Children in Need - YC Youth Groups	9,993	(9,993)	-
Carers Trust- Carers Grants	550	(550)	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,000	(5,000)	-
John Salmons Legacy Fund	2,500	(2,500)	-
Northampton General Hospital Discharge Work	104,559	(104,559)	-
ICAN fund	739,887	(739,887)	-
Disability Inclusive Sports Club	1,000	(1,000)	-
Carers Trust - Making Carers Count	14,182	(14,182)	-
Nothamptonshire Better Health Outcomes - Social Prescribing	277,449	(277,449)	-
Mental Health Learning Disability	-	(60,902)	(60,902)
The National Lottery Community Fund - RC Midlands Region	-	(25,901)	(25,901)
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	23,258	(23,258)	-
Smoking Cessation	-	(2,800)	(2,800)
Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service	47,000	(47,000)	-
Faraway Children's Charity	1,550	(1,550)	-
Department for Work and Pensions - Access to Work	4,947	(4,947)	-
St Albans Charity Players	-	(848)	(848)
Warm Space	800	(800)	-
Digital Social Care Record	3,437	(3,437)	-
Northamptonshire Young People's Fund	9,987	(9,987)	-
Carers Trust - Time for Me!	9,000	(9,000)	-
Community Dementia Diagnostic Pathway	51,767	(22,360)	29,407
Accelerated Reform Fund	322,116	(170,116)	152,000
Breathing Spaces Project	82,805	(52,805)	30,000
Sickle Cell Focus Group Workshops	5,000	-	5,000
Dunhill Medical Trust Capability Development Programme	15,000	(4,849)	10,151
Masonic Charitable Foundation Hospital Dementia Support	28,618	(28,618)	-
University of Sheffield IMPACT Network	5,000	(5,000)	-

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

	<u>1,827,873</u>	<u>(1,691,766)</u>	<u>136,107</u>
TOTAL FUNDS	<u>4,356,413</u>	<u>(4,465,429)</u>	<u>(109,016)</u>

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	1,023,677	(386,911)	636,766
Restricted funds			
Holiday Lodge asset fund	49,555	-	49,555
Hardship Fund	25,999	(25,999)	-
Northamptonshire Community Foundation iwill	9,960	(9,960)	-
Carers Trust - Making Carers Count	5,331	(5,331)	-
NHS Pulmonary Rehabilitation Pathway	47,583	(47,583)	-
Mental Health Learning Disability	24,000	36,902	60,902
The National Lottery Community Fund - RC Midlands Region	10,317	15,584	25,901
West Northamptonshire Council - Discharge Pilot	3,023	(3,023)	-
NHFT Personalisation Work			
Hypertension and CHD	105,000	(105,000)	-
Northamptonshire Community Foundation - Poverty Hurts Appeal	3,000	(3,000)	-
Pulmonary Rehab Agreement - Child Spirometry	15,000	(15,000)	-
Smoking Cessation	-	20,000	20,000
St Albans Charity Players	-	848	848
	<u>298,768</u>	<u>(141,562)</u>	<u>157,206</u>
TOTAL FUNDS	<u>1,322,445</u>	<u>(528,473)</u>	<u>793,972</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,483,794	(2,870,705)	(386,911)
Restricted funds			
Hardship Fund	44,010	(70,009)	(25,999)
Children in Need - YC Youth Groups	9,885	(9,885)	-
Carers Trust- Carers Grants	1,290	(1,290)	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,000	(5,000)	-
Northamptonshire Community Foundation iwill	-	(9,960)	(9,960)
Northampton General Hospital Discharge Work	106,397	(106,397)	-
ICAN fund	763,576	(763,576)	-
Planning for Tomorrow	29	(29)	-
Disability Inclusive Sports Club	1,194	(1,194)	-
Carers Trust - Making Carers Count	35,601	(40,932)	(5,331)
Nothamptonshire Better Health Outcomes - Social Prescribing	224,372	(224,372)	-
NHS Pulmonary Rehabilitation Pathway	-	(47,583)	(47,583)
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	66,150	(66,150)	-
Mental Health Learning Disability	114,929	(78,027)	36,902
The National Lottery Community Fund - RC Midlands Region	148,212	(132,628)	15,584
West Northamptonshire Council - Discharge Pilot	38,720	(41,743)	(3,023)
NHFT Personalisation Work Hypertension and CHD	-	(105,000)	(105,000)
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	(3,000)	(3,000)
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	8,744	(8,744)	-
Mental Health Northants Collaboration - Covid Relief Funding	4,890	(4,890)	-
Pulmonary Rehab Agreement - Child Spirometry	-	(15,000)	(15,000)
Smoking Cessation	20,000	-	20,000
Population Health (Household Support Fund)	45,000	(45,000)	-
Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service	47,000	(47,000)	-
Faraway Children's Charity	2,870	(2,870)	-

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Department for Work and Pensions -			
Access to Work	16,829	(16,829)	-
Corby Phoenix Rotary	3,100	(3,100)	-
St Albans Charity Players	2,000	(1,152)	848
	<u>1,709,798</u>	<u>(1,851,360)</u>	<u>(141,562)</u>
TOTAL FUNDS	<u>4,193,592</u>	<u>(4,722,065)</u>	<u>(528,473)</u>

The Holiday Lodge asset fund is represented by one holiday lodge purchased in 2020 and used for providing carers with breaks.

The Children in Need - YC Youth Groups fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The John Salmons Legacy fund this year is for a lunch club for carers and those being cared for.

The John Salmons Legacy fund last year was a contribution towards sports activities for parent carers in Towcester area. Grant facilitated by Northamptonshire Community Foundation.

The National Lottery Community Fund - RC Midlands Region fund is to be used for the coordination and delivery of group activities for the adult carers and volunteer Carers Champion programme.

The Hardship fund relates to a Personal Health Budget/Direct payment third party agreement for an individual with complex needs. Northamptonshire Carers support this via agreements with the ICB and Children's Trust, administering this as a third-party organisation in line with NHS/LA guidance and also providing the Carers Assessments as part of this.

The Planning for tomorrow fund is a Carers Trust grant providing one-to-one and group support for former carers following a bereavement.

The Disability inclusive sports club fund was a donation from the Disc charity in south Northants to run and provide a disabled sports group in that area.

The Carers Trust - Making Carers Count fund is a Carers Trust Equality and Diversity project aiming to increase the reach with black and Asian communities of carers.

The Northamptonshire Better Health Outcomes - Social Prescribing funding is to support our role as a locality provider in the SPRING Social prescribing services in Northamptonshire with our area being Wellingborough.

The NHS Pulmonary Rehab funding is working in partnership with local NHS and leisure centre providers to redesign the Pulmonary Rehabilitation (PR) pathway. PR is an exercise course for patients with lung conditions such as COPD. This money paid for NHS triage of patients, upskilling of fitness professionals to deliver the course and leisure centre staffing costs.

The Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks is to cover sitting service volunteer expenses and staff wages.

The Northamptonshire Community Foundation - Poverty Hurts Appeal is a contribution to a food bank to cover the cost of materials and staffing.

The Northamptonshire Community Foundation iwill Grant is to establish a Young Carers Steering Group to give young carers the opportunity to co-produce a video to raise awareness of their work.

18. MOVEMENT IN FUNDS - continued

The NGH Discharge Work is a contractual agreement with Northampton General Hospital to support patients and carers around discharges from hospital.

The ICAN fund is organisational funding to help deliver the countryside ICAN transformation programme for older people.

The Northamptonshire Better Health outcomes - Wellbeing Activation Fund is a social activation fund for service users of the Social Prescribing contract above.

Mental Health Northants Collaboration - Covid Relief Funding is funding for carers respite, breaks and psychoeducation.

NHS Pulmonary Rehab Agreement - Child Spirometry is funding to support child spirometry.

The West Northamptonshire Council Discharge Pilot is funding to support hospital discharges in the West Northamptonshire area.

NHFT Personalisation Work Hypertension and CHD is ICAN related funding around hypertension and coronary health disease.

The Smoking Cessation fund is to be used to purchase IT systems that will aid in reducing smoking rates in the county.

The Population Health (Household Support Fund) fund is to support food and energy poverty via direct payments to carers.

The Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service fund is additional funding for prevention and crisis work for a carer looking after someone with dementia.

The Faraway Children's Charity fund are payments received for school uniform or specific items for young carers.

The Department for Work and Pensions - Access to Work fund is used to provide practical support for employees with physical or mental health conditions or disabilities, including specialist equipment.

The Corby Phoenix Rotary fund are funds that have been provided to be spent in the Corby area.

The St Albans Charity Players fund is a donation towards the food bank and for a carers trip.

The Carers Trust Carers Grants fund are for grants that have been awarded to individual carers.

The Warm Space fund is for a grant awarded to provide a warm space and refreshments to attendees.

The Digital Social Care Record fund is for the purchase of a digital social care record system or sensor based falls prevention technology.

The Northamptonshire Young People' fund is to support young carers who care for someone with drug or alcohol addiction.

The Carers Trust - Time for Me! fund is funding for short breaks for carers.

18. MOVEMENT IN FUNDS - continued

The Community Dementia Diagnostic Pathway fund is for a grant to create a pathway that improves the time it takes to achieve a diagnosis, improve dementia diagnosis rates and enhance the diagnostic experience for patients and carers.

The Accelerated Reform Fund is government funding for a project to identify unpaid carers in local areas.

The Breathing Spaces Project fund is funding for a new model for the Breathing Spaces project.

The Sickle Cell Focus Group Workshops fund is for a project to explore why health inequalities exist within a specific focus community across Northamptonshire.

The Dunhill Medical Trust Capability Programme fund is funding to develop an impact framework and stakeholder evaluation methodologies to provide evidence of the impact Northamptonshire Carers makes for funders and potential donors.

The Masonic Charitable Foundation Hospital Dementia Support fund is to support people with dementia on hospital wards in Northamptonshire.

The University of Sheffield Impact Network fund are for coordinator fees for the IMPACT network.

19. RELATED PARTY DISCLOSURES

During the year, Nicola Best, who is the wife of Christopher Best, a former Trustee of Northamptonshire Carers, received remuneration under employment contract of £11,042 (2024: £18,511).

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £17,156 (2024: £15,282).

During the year, Support Northamptonshire, which Rashmikan Shah also acts as a Trustee for, were paid a grant of £10,078 (2024: £nil) in relation to the Accelerating Reform Fund to better identify unpaid carers in local areas and to encourage people to recognise themselves as carers and promote access to carer services.

During the year, Ecton Village Hall, which Sally Jones also acts as a Trustee for, was paid £81 (2024: £30) for the hire of a meeting room for a Trustee's meeting.

During the year, Trustees made donations to the charity totalling £395 (2024: £nil).

During the year, one Trustee received remuneration. This has been detailed in note 10.

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	161,915	126,344
Gift aid	18,608	6,147
Legacies	<u>650</u>	<u>25,000</u>
	181,173	157,491
Investment income		
Rents received	3,082	4,644
Deposit account interest	<u>6,496</u>	<u>4,771</u>
	9,578	9,415
Charitable activities		
Grants and contract income	4,155,386	4,026,686
Care at Home	<u>7,200</u>	<u>-</u>
	4,162,586	4,026,686
Other income		
Sundry income	<u>3,076</u>	<u>-</u>
Total incoming resources	4,356,413	4,193,592
EXPENDITURE		
Raising donations and legacies		
Sundries	-	331
Charitable activities		
Wages	2,473,864	2,556,374
Social security	193,938	196,481
Pensions	92,757	98,152
Carers support costs	842,890	956,768
Holiday lodge costs	8,702	8,961
Business development and bid writing	74,400	54,699
Travel	114,153	118,914
Volunteers' expenses	5,517	7,499
Training & conferences	8,500	19,762
Direct payments	156,603	169,203
Freehold property	7,500	7,500
Impairment losses for tangible fixed assets	<u>8,498</u>	<u>-</u>
	3,987,322	4,194,313

This page does not form part of the statutory financial statements

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Support costs		
Management		
Wages	115,627	142,613
Social security	12,589	11,302
Pensions	4,138	5,117
Rent, rates and water	69,726	80,817
Insurance	20,265	15,068
Light and heat	5,106	4,768
Telephone	32,044	33,799
Postage and stationery	18,087	19,389
Advertising	2,321	3,272
Sundries	5,214	21,202
Office equipment	59	4,268
Cleaning	8,453	10,261
Repairs and servicing	7,733	8,777
Legal fees, bookkeeping etc.	14,984	13,114
Other professional fees	12,751	4,413
HR support	25,942	19,786
Depreciation of tangible and heritage assets	23,483	27,360
	378,522	425,326
Finance		
Bank charges	686	686
Information technology		
Computer costs and IT support	70,827	74,144
Governance costs		
Auditors' remuneration	10,050	9,150
Auditors' remuneration for non audit work	18,022	18,115
	28,072	27,265
Total resources expended	4,465,429	4,722,065
Net expenditure	(109,016)	(528,473)

This page does not form part of the statutory financial statements

NORTHAMPTONSHIRE CARERS

LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2025

NHS Northamptonshire ICB
North Northamptonshire Council
West Northamptonshire Council
Northampton General Hospital
Carers Trust
Children in Need
Faraway Children's Charity
Barclays Community Football Fund
Northamptonshire Better Health Outcomes
Northamptonshire Community Foundation
Inner Wheel Club
Towcester Lions Club
RIT Group
Anglia Giving
Better together Learning Trust
DG Timber Solutions
P York
St Barnabus Ladies Club
Northampton Lottery
Local Lotto
Corby Lottery
The Long Buckby Practice
G Warner
Daventry Town Bowls Club
Avery UK
Centurion Management
Brampton Heath Golf Club
The Good Plate
John Goodman
Legacy Leisure
NN10 Community Voices
Michelle Lewis
Dunhill
Masonic Charitable Foundation
University of Sheffield
Voluntary Impact Northampton

Plus many more donations too numerous to mention individually.

Accounts

REGISTERED COMPANY NUMBER: 03328459 (England and Wales)

REGISTERED CHARITY NUMBER: 1061417

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES AND

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

NORTHAMPTONSHIRE CARERS

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NORTHAMPTONSHIRE CARERS

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES	P Douglas P Inns E Yates (resigned 14/11/2023) S G Jones C Best J Hilton G Brogden (resigned 17/10/2023) R Velji Shah A Gunn (appointed 15/8/2023) V E Hawes (appointed 15/8/2023) (resigned 23/9/2024) C A G Saxon (appointed 15/8/2023) M P Burgess (appointed 16/1/2024) D Belfon (appointed 16/7/2024)
REGISTERED OFFICE	The Ann Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
REGISTERED COMPANY NUMBER	03328459 (England and Wales)
REGISTERED CHARITY NUMBER	1061417
AUDITORS	Shaw Gibbs (Audit) Limited Chartered Certified Accountants Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
BANKERS	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
CHIEF EXECUTIVE OFFICER	Mark Major
ASSISTANT DIRECTORS	Jemma Café

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

INTRODUCTION

The last year has presented many challenges in terms of Health and Social Care systems and the wider landscape. The issues facing Charities and Carers have been to the forefront in this period. These are:

1. Effect of the Pandemic unlocks in terms of demand for services, people with increased health needs and access to services.
2. Continued rising demographics, especially around older people and their Carers.
3. Carers own health and wellbeing needs.
4. Cost of living and inflationary pressures for:-
 - The Health and Social Care system and Charities
 - Public
 - Carers
5. Contractual income not keeping up with inflation and rising costs.
6. For Northamptonshire Carers, we saw the ending of some fixed term funded work from the National Lottery and Carers Trust and the end of some post pandemic work.

In terms of the above landscape nationally and locally, this means more people with increased needs, increased demand for services and sharply rising costs. Although this has been another demanding year, it is very heartening to have seen so much good work done, both organisationally by Northamptonshire Carers and in partnership with others such as on the ICAN/Ageing Well transformation area for older people, and the SPRING Social Prescribing work in the county.

In what was an extraordinarily challenging financial year, we are proud to have delivered more services to more people than ever before. We were also really pleased to receive a significant Quality Mark based recognition in terms of achieving Carer Trust Excellence for Carers Accreditation and a Silver Trailblazer Award from Race Equality Matters.

All of the good work is of course only possible due to the continued support of our key funders, the Integrated Care Board, North Northamptonshire Council, West Northamptonshire Council, The National Lottery, Carers Trust, Northamptonshire Community Foundation, Northamptonshire Children's Trust, Children in Need, Northamptonshire Health and Foundation Trust, and others, as well as all those other Trusts and individual donors who support our work.

When writing this section for the Annual Report I was struck by a number of key themes that underpin our work in what has been another highly successful year for Northamptonshire Carers. Those themes are.

- Carers needs and the needs of those they look after
- Growth and Diversification and Key services
- Workforce
- Diversity and Inclusion
- Partnerships and Integrated services
- The sharply rising cost of providing services

In terms of Growth and diversification and key services, the year is summed up from the perspective of more services for more people than ever before. However, within that it is worth highlighting the following: -

- Increased work from our Carers Support Line and Carers Assessment Teams
- High referrals to both Adult and Young Carers services

We have seen considerable growth in our Community Asset Group provision as part of the Ageing Well and Respiratory work in the county. We now have groups and programmes for people with: -

- Dementia (Hubs and Groups)
- Coronary Heart Disease (Pumped-up)
- COPD (Breathing Space)

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

- Diabetes
- We have also run a very successful pilot around Sickle Cell and hope to grow this work further.

We have also seen growth via our Regulated Care Overnight Service and via our hospital discharge work which is being recognized nationally. Our Young Carers service also continues to flourish and develop. Our network of Carers Support Groups, Cafes, specialist groups and music and leisure groups also continue to do splendid work, receive great feedback, and are well attended. As well as this, our Community Companions Service continues to be both much needed and well used. We will look to grow out our Regulated Care offering moving forward.

In terms of workforce, we are blessed with an excellent workforce team of Staff, Volunteers, Peer Supporters - the quality of these teams is what enables us to be able to do all that we do. This year, we were able to present long service awards to our Staff and Volunteers and Trustees who have been with us on our journey. It was very humbling to see the number of years people have been with the Organisation and the huge contribution they have made and most importantly the difference that has made to Carers. We have grown from small beginnings to now be a large local Charity and much of that is down to our excellent team. We also say goodbye to a number of valued Staff this year who have retired or moved to pastures new and thank them for the huge contributions made.

Carers needs are always the starting point for the work we do. We will continue to prioritise work around Carers needs and are pleased this year to have won new funding and allocated additional resources to Carers breaks, our Support Line and Group work with Carers. New work with our local authorities and Integrated Care Board around the Accelerated Reform Fund will see us identifying more Carers and the production of Carers Guides amongst many other things.

As part of our work on the new Carers strategy for Northamptonshire via the Carers Partnership we have conducted a large survey concerning Carers needs and issues which will inform our service planning and delivery.

Making sure the voice of Carers and Patients is part of the planning, co-production and design of services is key and we are very proud that the work of the People's Advisory Group (PAG) was highlighted as national good practice by NHS England this year and is the subject of a case study and presentation at a national event. Later this year they will also undertake some important national work around quality impact areas.

As mentioned, Partnerships and collaboration are key areas moving forward, and the Organisation is highly active in a number of key areas: -

- The new Integrated Care System for Northamptonshire
- The Ageing Well Transformation Programme
- The Carers Partnership thematic
- The Mental Health Collaborative
- The Voluntary Sector Assembly

We also continue as we have been for all of our existence to be a network member of Carers Trust and thank them for their continued excellent support.

A thank you also to my fellow Trustees for their continued commitment and hard work for the Organisation.

Please take some time to look at the statistical and Outcomes report that follows that highlights the work of the Organisation.

Wishing you and yours all the very best.

Sally Jones
Chairman

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs. We support those living with long term health conditions and their Carers, co-producing services with them.

THE YEAR IN NUMBERS

Achievements and Performance

Carers Registered	20,500
New Carers Registered	5,877
Ethnic Minority Carers	11.9%

Groups/Activities/On-line Sessions Attendance	
Carers Support Groups/Dementia Groups	5,267
Choir + Ukulele	3,314
Carers Cafes	1,336
Breathing Space (hours provided)	3,072
Community Companions hours	1,798

Support Calls/Contacts/Sessions	
Peer Support/1-2-1 Calls	989
Befriending	309
Breathing Space Attendees	368

Social Media	
Facebook Friends	3,600
Twitter followers	1,866

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Website Usage	
Visitors to website	33,949
Page Views	147,780

Welfare Rights Generated Income	£263,504
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Carers Key Statistics	
Carer Contacts	70,001
Carers Assessments	2,954
Emailed Newsletters	110,096
Carer Friendly Employers	45
Investors in GP Surgeries	49
• Bronze	30
• Silver	16
• Gold	1
• Gold Pls	2

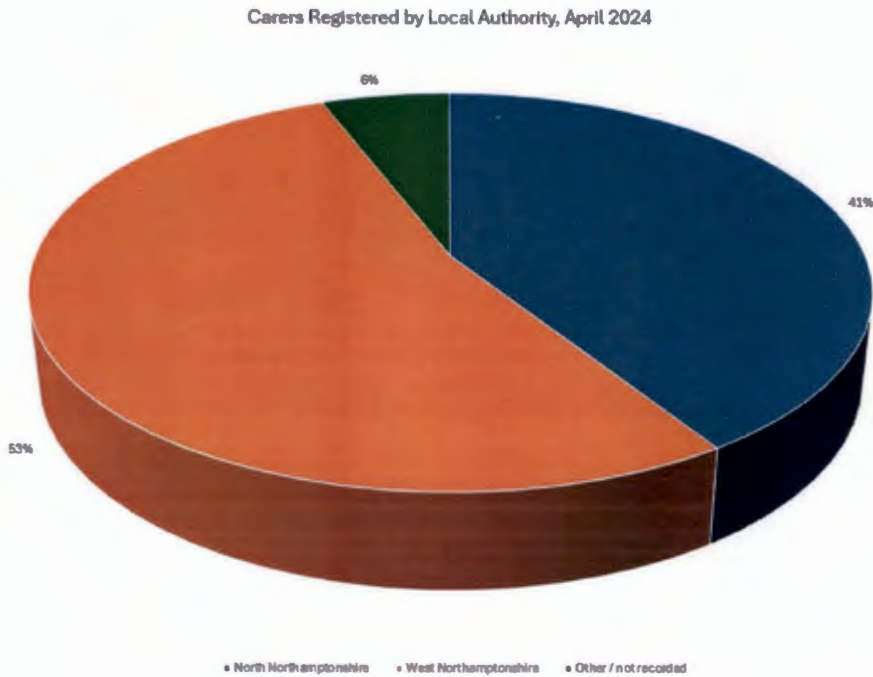
Young Carers Service	
Numbers registered	1643
Support/Contacts	35,636
New Referrals	516
Waiting List	93
Facebook Friends	1,500
Twitter Followers	72
Instagram Followers	1,183
Activities/Groups	2644
Support Planning	399
Ethnicity, from protected characteristics	20.7%

NORTHAMPTONSHIRE CARERS

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

Carers Registered by Local Authority, April 2024

Area	Number of Carers
North Northamptonshire	41%
West Northamptonshire	53%
Other / not recorded	6%



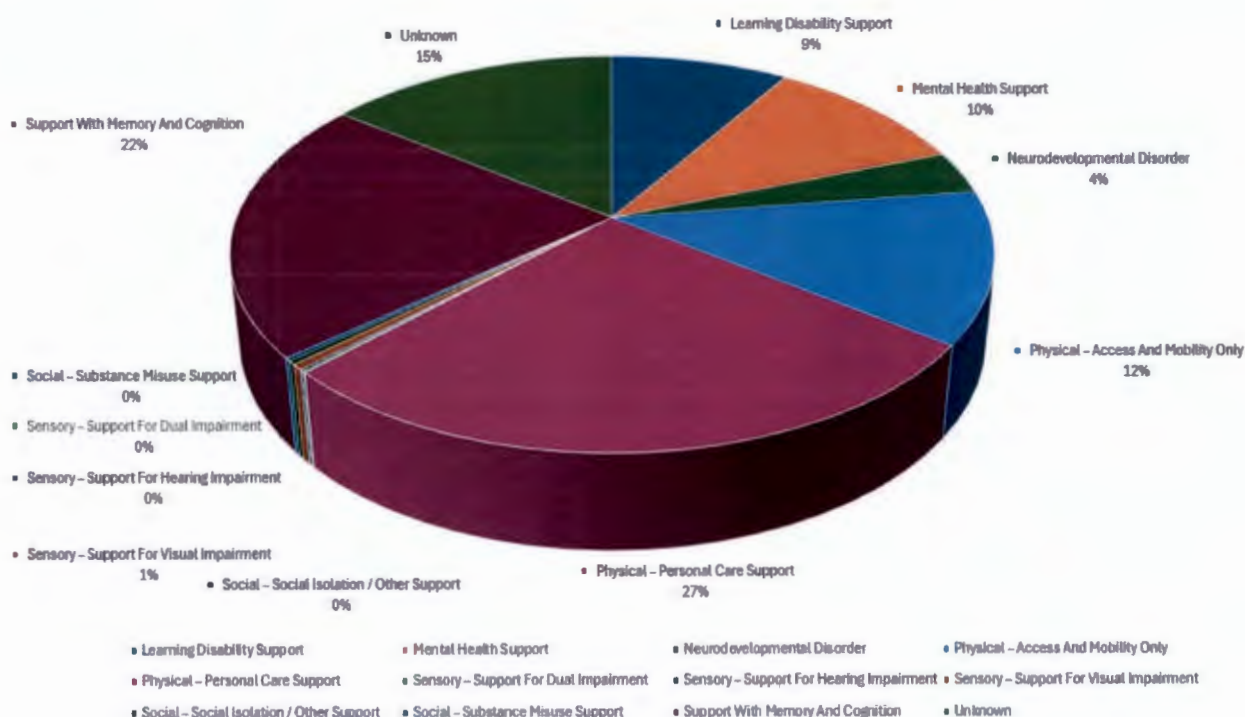
NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Cared for: Primary Support Reason: April 2024

Cared-for Main Disability	Number of Carers
Learning Disability Support	2133
Mental Health Support	2450
Neurodevelopmental Disorder	834
Physical – Access And Mobility Only	2924
Physical – Personal Care Support	6497
Sensory – Support For Dual Impairment	29
Sensory – Support For Hearing Impairment	35
Sensory – Support For Visual Impairment	106
Social – Social Isolation / Other Support	69
Social – Substance Misuse Support	58
Support With Memory And Cognition	5085
Unknown	3482

Cared-for: Primary Support Reason, April 2024



NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Carers Accessing Services by Ethnicity – All Ethnicities

Ethnic Group	Number of Carers
Any other ethnic group Any other ethnic group	0.27%
Any other ethnic group Arab	0.05%
Asian/Asian British Any other Asian background	1.15%
Asian/Asian British Bangladeshi	0.46%
Asian/Asian British Chinese	0.15%
Asian/Asian British Indian	1.53%
Asian/Asian British Pakistani	0.23%
Black/African/Caribbean/Black British African	1.54%
Black/African/Caribbean/Black British Any other Black/African/Caribbean background	0.46%
Black/African/Caribbean/Black British Caribbean	0.70%
Mixed/Multiple Ethnic Group Any other mixed/multiple ethnic background	0.56%
Mixed/Multiple Ethnic Group White and Asian	0.33%
Mixed/Multiple Ethnic Group White and Black African	0.40%
Mixed/Multiple Ethnic Group White and Black Caribbean	0.81%
Prefer not to say	0.40%
Unknown	17.13%
White Any other White background	3.40%
White English/Welsh/Scottish/Northern Irish/British	70.05%
White Gypsy or Irish Traveller	0.05%
White Irish	0.30%
White Roma	0.02%

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

What people say about our services and support

Support Line, Navigator & Carer Assessment process:

"You are the ones who saved me" - no medical professional had told her about our services but she found us online and was surprised no one had told her about us.

"It was great to talk to someone who listens and understands how things are for me"

"You were the first person to listen to me and actually call me when you said you would"

Breathing Space group attendee:

"The group is very important to me. It allows me to meet with people going through the same issues as me. It's helped me to feel that I'm not alone but also get help in the areas where we all want to get better with, ie it has helped me to understand fatigue and how I can help to try and approve my day-to-day schedule."

Hospital Discharge team at NGH

"I work within the Discharge Team at NGH and share the office space with Northamptonshire Carers Hospital Team. I don't know if your organisation has any type of recognition scheme, but I feel I need to express what amazing customer service qualities the whole team have"

"Its friendly group and keep doing good work. "

"The service is brilliant keep doing what you are doing."

"I am amazed that Northants carers look after Thousands of carers in many different ways across Northamptonshire. They are a beacon of light and bring much value to the caring job we are all involved in. I have met many people who feel as I do, that our job is made all the lighter for their care of us. I do not want payment to look after my husband, but I do need the friendship and support from this wonderful organisation to be able to continue my daily work with confidence and a smile on my face. So, whoever this survey is for, please continue to financially support all the wonderful workers who support us."

"I am grateful to the Northamptonshire Carers. Could you please fight for the Carers to be better recognised, treated with dignity we deserve and compensated so we are able to concentrate on caring. Thank you for all you do".

"I love the NC Carers Choir, and it has made a real difference to my own wellbeing especially coming out of Covid and having to stop paid work for a few years to care for my son".

"Extremely happy with the excellent support I get from Northamptonshire Carers".

"I am beyond grateful for the support I have received from the support worker and her team, giving me the confidence, self-respect and a new awareness of how important I am to those I care for".

For a more detailed review of our services, please see Northamptonshire Carers Outcomes Report for 2023/2024.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

FINANCIAL REVIEW

Financial position

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2024 the charity had a deficit of £528,473 in relation to gross income of £4,193,592 (2023: £87,721 surplus on gross income of £4,138,651). Income had increased by 1.3% in 2023/24 compared to 16.5% in 2022/23. While there has been an increase in funding this year, this is much less than the considerable inflation nationally over the year (4.3% annual RPI increase to March 2024, although during the year inflation hit double figures) and our costs have increased substantially as a result both of inflation and poor economic factors, and as a result of the increase in demand for our activities and services, driven by post-pandemic rebound and economic hardship. For the first time in five years we have recorded a deficit in our overall activities, which is disappointing. As a result of the negative financial results during the year, we instigated a number of cost saving measures including a voluntary redundancy programme which made some savings in 2023-24 but due to redundancy payments, savings in future years will be greater. There were also issues with public sector funding affecting our income. It should be noted however that the deficit, although significantly greater than budgeted for, has been contained within our accumulated surplus and results so far for 2024-25 show that we are rebounding from the deficit with very much more positive results.

The historical changes in income, expenditure and staff numbers over the last decade are shown in the graphs below:

We have this year (and for the first time in five years) failed to meet our financial goals in that we have not achieved a surplus; costs have risen substantially; and our operational reserves dipped below their target level a couple of times during 2023-24 (it is worth noting however that by the end of the financial year, our target level for reserves was achieved). The only goal that was fully achieved was increasing the services offered to carers. We expect however in 2024-25 to be able to achieve all our goals.

We stated in 2020-21 that our goals were to:

- Continue our growth in services to carers
- Continue to actively and successfully manage our costs
- Maintain at least three months of operational reserves
- Continue to deliver a more modest surplus each year

These goals remain as our objectives. Much credit is due to the staff and volunteers who continue to make this possible, and who achieve so much despite a very difficult social and economic year.

At 31 March 2024 the charity has reserves of £793,972 of which £157,206 is held on restricted funds, and £267,226 represents the book value of the charity's freehold office in Wellingborough.

Reserves policy

The Trustees policy is to create and maintain a level of free (i.e. readily realisable) reserves sufficient to allow the organisation to operate for a minimum of three months without income. This level was largely achieved in 2023-24 and will continue to be kept under review and recalculated when necessary. The reserves level for 2023-24 was £725,000.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association.

In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission.

Recruitment and appointment of new trustees

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

Organisational Structure

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

Decision making

The major funders may nominate up to 3 trustees, but these shall be non-voting members. The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

Induction and training of new trustees

An induction is prepared and delivered when a Trustee commences their role.

This includes background on the organisation and its services, the role of the volunteer, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the volunteer role.

There is a trial period of 3 months to give the organisation and the volunteer time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Volunteer may terminate the agreement, preferably by mutual consent.

Key management remuneration

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk assessment

The committee does not believe there are any substantial risks beyond those liabilities disclosed in its Annual Report and Accounts. However, the programme of public sector spending cuts and resultant reductions in statutory funding to third sector organisations will continue to impact on the third sector, Carers and service users, both from the point of view of our delivery of services and also in increasing the need for those services. The repercussions of COVID-19 do continue to pose a risk for the future, but our major risk is no longer COVID but the economic climate both generally and in relation to the public sector. Our risks are principally the effect of inflation on our costs and the effect of the economic and social climates which continue to increase the demand and need for our services.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Shaw Gibbs (Audit) Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 31 October 2024 and signed on its behalf by:

S. G. Jones

S G Jones - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Opinion

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of income. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Shaw Gibbs (Audit) Limited

Shaw Gibbs (Audit) Limited
Chartered Certified Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 15 November 2024

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	105,806	51,685	157,491	387,008
Charitable activities	4				
Charitable activities		2,368,573	1,658,113	4,026,686	3,745,970
Investment income	3	9,415	-	9,415	4,270
Other income		-	-	-	1,403
Total		<u>2,483,794</u>	<u>1,709,798</u>	<u>4,193,592</u>	<u>4,138,651</u>
EXPENDITURE ON					
Raising funds	5	331	-	331	104
Charitable activities	6				
Charitable activities		<u>2,870,374</u>	<u>1,851,360</u>	<u>4,721,734</u>	<u>4,050,826</u>
Total		<u>2,870,705</u>	<u>1,851,360</u>	<u>4,722,065</u>	<u>4,050,930</u>
NET INCOME/(EXPENDITURE)		(386,911)	(141,562)	(528,473)	87,721
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>
TOTAL FUNDS CARRIED FORWARD		<u>636,766</u>	<u>157,206</u>	<u>793,972</u>	<u>1,322,445</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	13	369,013	-	369,013	396,515
CURRENT ASSETS					
Debtors	14	104,509	27,615	132,124	114,951
Cash at bank		<u>390,206</u>	<u>202,106</u>	<u>592,312</u>	<u>1,050,395</u>
		494,715	229,721	724,436	1,165,346
CREDITORS					
Amounts falling due within one year	15	(226,962)	(72,515)	(299,477)	(239,416)
NET CURRENT ASSETS		<u>267,753</u>	<u>157,206</u>	<u>424,959</u>	<u>925,930</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>636,766</u>	<u>157,206</u>	<u>793,972</u>	<u>1,322,445</u>
NET ASSETS		<u>636,766</u>	<u>157,206</u>	<u>793,972</u>	<u>1,322,445</u>
FUNDS	18				
Unrestricted funds				636,766	1,023,677
Restricted funds				<u>157,206</u>	<u>298,768</u>
TOTAL FUNDS				<u>793,972</u>	<u>1,322,445</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 October 2024 and were signed on its behalf by:

S. G. Jones
S G Jones - Trustee

NORTHAMPTONSHIRE CARERS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(459,875)</u>	<u>122,491</u>
Net cash (used in)/provided by operating activities		<u>(459,875)</u>	<u>122,491</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(7,358)	(32,515)
Interest received		<u>4,771</u>	<u>1,067</u>
Net cash used in investing activities		<u>(2,587)</u>	<u>(31,448)</u>
Change in cash and cash equivalents in the reporting period		(462,462)	91,043
Cash and cash equivalents at the beginning of the reporting period	2	<u>1,036,634</u>	<u>945,591</u>
Cash and cash equivalents at the end of the reporting period	2	<u><u>574,172</u></u>	<u><u>1,036,634</u></u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(528,473)	87,721
Adjustments for:		
Depreciation charges	34,860	34,473
Interest received	(4,771)	(1,067)
Increase in debtors	(17,173)	(23,861)
Increase in creditors	<u>55,682</u>	<u>25,225</u>
Net cash (used in)/provided by operations	<u>(459,875)</u>	<u>122,491</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2024 £	2023 £
Notice deposits (less than 3 months)	592,312	1,050,395
Overdrafts included in bank loans and overdrafts falling due within one year	<u>(18,140)</u>	<u>(13,761)</u>
Total cash and cash equivalents	<u>574,172</u>	<u>1,036,634</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank	1,050,395	(458,083)	592,312
Bank overdraft	<u>(13,761)</u>	<u>(4,379)</u>	<u>(18,140)</u>
	<u>1,036,634</u>	<u>(462,462)</u>	<u>574,172</u>
Total	<u>1,036,634</u>	<u>(462,462)</u>	<u>574,172</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Statutory information

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

Significant Judgements and Estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Holiday Lodges	- 10% on cost
Fixtures and fittings	- 10% on cost

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Computer equipment - 25% on reducing balance

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	126,344	105,641
Gift aid	6,147	1,066
Legacies	<u>25,000</u>	<u>280,301</u>
	<u>157,491</u>	<u>387,008</u>

3. INVESTMENT INCOME

	2024	2023
	£	£
Rents received	4,644	3,203
Deposit account interest	<u>4,771</u>	<u>1,067</u>
	<u>9,415</u>	<u>4,270</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Grants and contract income	Charitable activities	<u>4,026,686</u>	<u>3,745,970</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
NNC Lot Funding	648,900	648,900
NHS Lot Funding	950,230	909,286
NHS Northamptonshire ICB Overnight Care Service	436,344	417,552
Carers Trust - Making Carers Count	35,519	40,165
BBC Children in Need - YC Youth Groups	9,885	9,994
Northampton General Hospital Discharge Work	106,397	121,278
NNC Young Carer	120,000	120,000
NHS Foundation Trust - ICAN programme	763,576	632,000
West Northamptonshire Council - Integrated Better Care Fund		
Dementia Pathway	-	12,500
The National Lottery Community Fund - RC Midlands Region	148,212	140,005
Northamptonshire Better Health Outcomes - Social Prescribing	224,372	142,735
Mental Health Northants Collaboration - Dementia Workshop	-	24,000
Northamptonshire Community Foundation iwill	-	9,960
NHS Northamptonshire ICB - Bariatric Support	-	87,640
West Northamptonshire Council - Discharge Pilot	38,720	29,040
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	3,000
NHFT Personalisation Work Hypertension and CHD	-	105,000
NHS Northamptonshire ICB - Pulmonary Rehab Agreement - Child Spirometry	-	15,000
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,000	5,245
West Northamptonshire Council - Carer Recognition Payments	-	<u>7,350</u>
Carried forward	<u>3,487,155</u>	<u>3,480,650</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2024	2023
	£	£
Brought forward	3,487,155	3,480,650
Children In Need - Cost of Living Booster	-	500
National Lottery Community Fund - Health Equality	-	9,999
NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund	-	9,151
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	8,744	6,430
Voluntary Impact Northamptonshire - Facilitating Workshop	-	450
Northamptonshire ICB - Befriending Service	-	40,000
Kirby Laing Foundation - Ward Support for Patients with Dementia	-	5,000
Carers Trust - Carers Grants	1,290	750
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	66,150	82,688
Mental Health Northants Collaboration - Covid Relief Funding	4,890	110,352
DWP Access to Work	16,829	-
Groundwork Grant Schemes	1,000	-
Faraway Children's Charity	600	-
NHS Northamptonshire ICB Smoking Cessation	20,000	-
NNC - Population Health (Household Support Fund)	45,000	-
Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service	47,000	-
NHS Northamptonshire ICB - Surge Funding	210,702	-
Mental Health Northants Collaboration - Mental Health Learning Disability	114,929	-
HSJ Marketing Award	2,397	-
	<u>4,026,686</u>	<u>3,745,970</u>

5. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Sundries	<u>331</u>	<u>104</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>4,194,313</u>	<u>527,421</u>	<u>4,721,734</u>

7. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>425,326</u>	<u>686</u>	<u>74,144</u>	<u>27,265</u>	<u>527,421</u>

Support costs, included in the above, are as follows:

Management

	2024 Charitable activities £	2023 Total activities £
Wages	142,613	152,539
Social security	11,302	13,359
Pensions	5,117	7,876
Rent, rates and water	80,817	52,712
Insurance	15,068	12,729
Light and heat	4,768	3,586
Telephone	33,799	25,446
Postage and stationery	19,389	20,745
Advertising	3,272	6,622
Sundries	21,202	7,690
Office equipment	4,268	4,465
Cleaning	10,261	7,349
Repairs and servicing	8,777	11,469
Legal fees, bookkeeping etc.	13,114	4,990
Other professional fees	4,413	17,180
HR support	19,786	13,292
Depreciation of tangible and heritage assets	<u>27,360</u>	<u>26,974</u>
	<u>425,326</u>	<u>389,023</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

7. SUPPORT COSTS - continued Finance

	2024 Charitable activities £	2023 Total activities £
Bank charges	<u>686</u>	<u>711</u>

Information technology

	2024 Charitable activities £	2023 Total activities £
Computer costs and IT support	<u>74,144</u>	<u>67,881</u>

Governance costs

	2024 Charitable activities £	2023 Total activities £
Auditors' remuneration	9,150	8,712
Auditors' remuneration for non audit work	<u>18,115</u>	<u>17,345</u>
	<u>27,265</u>	<u>26,057</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	<u>34,860</u>	<u>34,473</u>

9. AUDITORS' REMUNERATION

	2024 £	2023 £
Fees payable to the charity's auditors for the audit of the charity's financial statements	9,150	8,712
Auditors' remuneration for non audit work	<u>18,115</u>	<u>17,345</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

Expenses of £499 (2023: £474) were reimbursed to two trustees (2023: one) in the financial year. These were paid to reimburse travel expenses incurred by the trustees.

11. STAFF COSTS

	2024 £	2023 £
Wages and salaries	2,698,988	2,293,343
Social security costs	207,784	183,658
Other pension costs	103,269	99,112
	<u>3,010,041</u>	<u>2,576,113</u>

During the year, employees received benefits in kind totalling £11,593 (2023: £8,302).

The average monthly number of employees during the year was as follows:

	2024	2023
Carers support and administration	<u>132</u>	<u>120</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£60,001 - £70,000	<u>1</u>	<u>1</u>

The key management personnel are the trustees, the Chief Executive, the Chief Operating Officer and the Assistant Directors. The salaries, employers NI, employers pension and benefits in kind paid to key management personnel in the year amounted to £198,545.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	335,008	52,000	387,008
Charitable activities			
Charitable activities	2,096,239	1,649,731	3,745,970
Investment income	4,270	-	4,270
Other income	<u>1,403</u>	<u>-</u>	<u>1,403</u>
Total	<u>2,436,920</u>	<u>1,701,731</u>	<u>4,138,651</u>

NORTHAMPTONSHIRE CARERS

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Raising funds	104	-	104
Charitable activities			
Charitable activities	<u>2,126,997</u>	<u>1,923,829</u>	<u>4,050,826</u>
Total	<u>2,127,101</u>	<u>1,923,829</u>	<u>4,050,930</u>
NET INCOME/(EXPENDITURE)	309,819	(222,098)	87,721
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>713,858</u>	<u>520,866</u>	<u>1,234,724</u>
TOTAL FUNDS CARRIED FORWARD	<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>

13. TANGIBLE FIXED ASSETS

	Freehold property £	Holiday Lodges £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2023	333,855	74,995	-	125,579	534,429
Additions	<u>-</u>	<u>-</u>	<u>1,235</u>	<u>6,123</u>	<u>7,358</u>
At 31 March 2024	<u>333,855</u>	<u>74,995</u>	<u>1,235</u>	<u>131,702</u>	<u>541,787</u>
DEPRECIATION					
At 1 April 2023	59,952	31,498	-	46,464	137,914
Charge for year	<u>6,677</u>	<u>7,500</u>	<u>92</u>	<u>20,591</u>	<u>34,860</u>
At 31 March 2024	<u>66,629</u>	<u>38,998</u>	<u>92</u>	<u>67,055</u>	<u>172,774</u>
NET BOOK VALUE					
At 31 March 2024	<u>267,226</u>	<u>35,997</u>	<u>1,143</u>	<u>64,647</u>	<u>369,013</u>
At 31 March 2023	<u>273,903</u>	<u>43,497</u>	<u>-</u>	<u>79,115</u>	<u>396,515</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade debtors	83,023	73,016
Other debtors	471	471
Prepayments	<u>48,630</u>	<u>41,464</u>
	<u>132,124</u>	<u>114,951</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Bank loans and overdrafts (see note 16)	18,140	13,761
Trade creditors	72,862	82,983
Social security and other taxes	48,360	47,037
Other creditors	13,836	14,384
Accruals and deferred income	<u>146,279</u>	<u>81,251</u>
	<u>299,477</u>	<u>239,416</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2023	58,015
Amount released to incoming resources	(58,015)
Amount deferred in year	<u>73,198</u>
Balance as at 31 March 2024	<u>73,198</u>

16. LOANS

An analysis of the maturity of loans is given below:

	2024	2023
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>18,140</u>	<u>13,761</u>

The bank overdrafts are not actual bank overdrafts but computed balances within the funds, due to unrestricted cash funds being used to support restricted funds waiting on debtor balances to be paid.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2024 £	2023 £
Within one year	5,190	-
Between one and five years	<u>18,164</u>	<u>-</u>
	<u>23,354</u>	<u>-</u>

18. MOVEMENT IN FUNDS

	At 1/4/23 £	Net movement in funds £	At 31/3/24 £
Unrestricted funds			
General fund	1,023,677	(386,911)	636,766
Restricted funds			
Holiday Lodge asset fund	49,555	-	49,555
Hardship Fund	25,999	(25,999)	-
Northamptonshire Community Foundation iwill	9,960	(9,960)	-
Carers Trust - Making Carers Count	5,331	(5,331)	-
NHS Pulmonary Rehabilitation Pathway	47,583	(47,583)	-
Mental Health Learning Disability	24,000	36,902	60,902
The National Lottery Community Fund - RC Midlands Region	10,317	15,584	25,901
West Northamptonshire Council - Discharge Pilot	3,023	(3,023)	-
NHFT Personalisation Work			
Hypertension and CHD	105,000	(105,000)	-
Northamptonshire Community Foundation - Poverty Hurts Appeal	3,000	(3,000)	-
Pulmonary Rehab Agreement - Child Spirometry	15,000	(15,000)	-
Smoking Cessation	-	20,000	20,000
St Albans Charity Players	-	848	848
	<u>298,768</u>	<u>(141,562)</u>	<u>157,206</u>
TOTAL FUNDS	<u>1,322,445</u>	<u>(528,473)</u>	<u>793,972</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,483,794	(2,870,705)	(386,911)
Restricted funds			
Hardship Fund	44,010	(70,009)	(25,999)
Children in Need - YC Youth Groups	9,885	(9,885)	-
Carers Trust- Carers Grants	1,290	(1,290)	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,000	(5,000)	-
Northamptonshire Community Foundation iwill	-	(9,960)	(9,960)
Northampton General Hospital Discharge Work	106,397	(106,397)	-
ICAN fund	763,576	(763,576)	-
Planning for Tomorrow	29	(29)	-
Disability Inclusive Sports Club	1,194	(1,194)	-
Carers Trust - Making Carers Count	35,601	(40,932)	(5,331)
Nothamptonshire Better Health Outcomes - Social Prescribing	224,372	(224,372)	-
NHS Pulmonary Rehabilitation Pathway	-	(47,583)	(47,583)
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	66,150	(66,150)	-
Mental Health Learning Disability	114,929	(78,027)	36,902
The National Lottery Community Fund - RC Midlands Region	148,212	(132,628)	15,584
West Northamptonshire Council - Discharge Pilot	38,720	(41,743)	(3,023)
NHFT Personalisation Work Hypertension and CHD	-	(105,000)	(105,000)
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	(3,000)	(3,000)
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	8,744	(8,744)	-
Mental Health Northants Collaboration - Covid Relief Funding	4,890	(4,890)	-
Pulmonary Rehab Agreement - Child Spirometry	-	(15,000)	(15,000)
Smoking Cessation	20,000	-	20,000
Population Health (Household Support Fund)	45,000	(45,000)	-
Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service	47,000	(47,000)	-
Faraway Children's Charity	2,870	(2,870)	-

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2024**

18. MOVEMENT IN FUNDS - continued

Department for Work and Pensions -			
Access to Work	16,829	(16,829)	-
Corby Phoenix Rotary	3,100	(3,100)	-
St Albans Charity Players	2,000	(1,152)	848
	<u>1,709,798</u>	<u>(1,851,360)</u>	<u>(141,562)</u>
TOTAL FUNDS	<u>4,193,592</u>	<u>(4,722,065)</u>	<u>(528,473)</u>

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	671,996	309,819	41,862	1,023,677
Property fund	41,862	-	(41,862)	-
	<u>713,858</u>	<u>309,819</u>	<u>-</u>	<u>1,023,677</u>
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
Hardship Fund	-	25,999	-	25,999
John Salmons Legacy Fund	1,275	(1,275)	-	-
Northamptonshire Community				
Foundation iwill	-	9,960	-	9,960
ICAN fund	89,191	(89,191)	-	-
Planning for Tomorrow	2,947	(2,947)	-	-
Masonic Charitable Foundation	12,162	(12,162)	-	-
Carers Respite Support and				
Development	4,662	(4,662)	-	-
Disability Inclusive Sports Club	5,995	(5,995)	-	-
Carers Trust - Making Carers Count	8,263	(2,932)	-	5,331
CCG Surge	231,950	(231,950)	-	-
NHS Pulmonary Rehabilitation				
Pathway	72,000	(24,417)	-	47,583
Mental Health Learning Disability	-	24,000	-	24,000
The National Lottery Community Fund				
- RC Midlands Region	33,692	(23,375)	-	10,317
Margaret Giffen	9,174	(9,174)	-	-
West Northamptonshire Council -				
Discharge Pilot	-	3,023	-	3,023
NHFT Personalisation Work				
Hypertension and CHD	-	105,000	-	105,000
Northamptonshire Community				
Foundation - Poverty Hurts Appeal	-	3,000	-	3,000
Pulmonary Rehab Agreement - Child				
Spirometry	-	15,000	-	15,000
	<u>520,866</u>	<u>(222,098)</u>	<u>-</u>	<u>298,768</u>
TOTAL FUNDS	<u>1,234,724</u>	<u>87,721</u>	<u>-</u>	<u>1,322,445</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,436,919	(2,127,100)	309,819
Restricted funds			
Hardship Fund	51,999	(26,000)	25,999
Children in Need - YC Youth Groups	9,994	(9,994)	-
Northamptonshire Community			
Foundation - Suede Respite Fund -			
Volunteer Sitting Service and Carers			
Breaks	5,245	(5,245)	-
John Salmons Legacy Fund	-	(1,275)	(1,275)
Northamptonshire Community			
Foundation iwill	9,960	-	9,960
Northampton General Hospital			
Discharge Work	121,278	(121,278)	-
Carers Trust - Carers Grants	750	(750)	-
ICAN fund	672,000	(761,191)	(89,191)
Planning for Tomorrow	-	(2,947)	(2,947)
Masonic Charitable Foundation	-	(12,162)	(12,162)
Carers Respite Support and			
Development	-	(4,662)	(4,662)
Disability Inclusive Sports Club	-	(5,995)	(5,995)
Carers Trust - Making Carers Count	40,165	(43,097)	(2,932)
Nothamptonshire Better Health			
Outcomes - Social Prescribing	142,735	(142,735)	-
CCG Surge	-	(231,950)	(231,950)
NHS Pulmonary Rehabilitation			
Pathway	1	(24,418)	(24,417)
Northamptonshire Healthcare NHS			
Foundation Trust - Long COVID			
Support	82,688	(82,688)	-
Mental Health Learning Disability	24,000	-	24,000
The National Lottery Community Fund			
- RC Midlands Region	140,005	(163,380)	(23,375)
Margaret Giffen	-	(9,174)	(9,174)
NHS Northamptonshire ICB - Bariatric			
Support Income	87,640	(87,640)	-
West Northamptonshire Council -			
Discharge Pilot	29,040	(26,017)	3,023
NHFT Personalisation Work			
Hypertension and CHD	105,000	-	105,000
Voluntary Impact Northamptonshire Ltd			
- National Lottery Community Fund -			
Health Equality	9,999	(9,999)	-
Kirby Laing Foundation - Ward Support			
for Patients with Dementia	5,000	(5,000)	-
Northamptonshire Community			
Foundation - Poverty Hurts Appeal	3,000	-	3,000

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS - continued

Voluntary Impact Northamptonshire - Facilitating Workshop	450	(450)	-
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	6,430	(6,430)	-
Mental Health Northants Collaboration - Covid Relief Funding	110,352	(110,352)	-
Workforce Retention and Recruitment Fund	9,151	(9,151)	-
Pulmonary Rehab Agreement - Child Spirometry	15,000	-	15,000
West Northamptonshire Council - Carer Recognition Payments	7,350	(7,350)	-
West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway	12,500	(12,500)	-
	<u>1,701,732</u>	<u>(1,923,830)</u>	<u>(222,098)</u>
TOTAL FUNDS	<u>4,138,651</u>	<u>(4,050,930)</u>	<u>87,721</u>

The Holiday Lodge asset fund is represented by one holiday lodge purchased in 2020 and used for providing carers with breaks.

The National Lottery fund is to establish a network of volunteer Carer Champions across the county who are trained to be a point of contact for carers within local communities. To establish ongoing and one off social activities for carers.

The Children in Need - YC Youth Groups fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The John Salmons Legacy fund last year was a contribution towards sports activities for parent carers in Towcester area. Grant facilitated by Northamptonshire Community Foundation.

The NHS Befriending Project fund is to be used for the befriending volunteer project.

The Property Fund relates to insurance proceeds to be spent on the repair of the charity's freehold property following flood damage.

The National Lottery Community Fund - RC Midlands Region fund is to be used for the coordination and delivery of group activities for the adult carers and volunteer Carers Champion programme.

The Margaret Giffen fund is to be used for a young carer worker covering Kettering and Corby.

The Hardship fund relates to a Personal Health Budget/Direct payment third party agreement for an individual with complex needs. Northamptonshire Carers support this via agreements with the ICB and Children's Trust, administering this as a third-party organisation in line with NHS/LA guidance and also providing the Carers Assessments as part of this.

The Planning for tomorrow fund is a Carers Trust grant providing one-to-one and group support for former carers following a bereavement.

The Masonic Charitable fund is for wellbeing workshop groups for young carers.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS - continued

The Carers Trust Carers Respite Support Development Fund enabled piloting innovative ways of providing individualised respite including a sports activity club, country part walks and trips for parent carers.

The Disability inclusive sports club fund was a donation from the Disc charity in south Northants to run and provide a disabled sports group in that area.

The Carers Trust - Making Carers Count fund is a Carers Trust Equality and Diversity project aiming to increase the reach with black and Asian communities of carers.

The Northamptonshire Better Health Outcomes - Social Prescribing funding is to support our role as a locality provider in the SPRING Social prescribing services in Northamptonshire with our area being Wellingborough.

The Dementia Community asset funding is from a local Trust to support the provision of groups and support for those with Dementia and their Carers in Northamptonshire (Kirby Laing Foundation).

The CCG Surge funding is NHS system pressures funding to support hospital discharge in the county, the funding covers care costs, staff at the Hospital, and funding to aid discharge such as Transport, cleaning and decluttering, equipment, house adaptations etc.

The NHS Pulmonary Rehab funding is working in partnership with local NHS and leisure centre providers to redesign the Pulmonary Rehabilitation (PR) pathway. PR is an exercise course for patients with lung conditions such as COPD. This money paid for NHS triage of patients, upskilling of fitness professionals to deliver the course and leisure centre staffing costs.

The Desborough Trust is for a trip.

The Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks is to cover sitting service volunteer expenses and staff wages.

The Northamptonshire Community Foundation - Poverty Hurts Appeal is a contribution to a food bank to cover the cost of materials and staffing.

The Northamptonshire Community Foundation iwill Grant is to establish a Young Carers Steering Group to give young carers the opportunity to co-produce a video to raise awareness of their work.

The NGH Discharge Work is a contractual agreement with Northampton General Hospital to support patients and carers around discharges from hospital.

The ICAN fund is organisational funding to help deliver the countryside ICAN transformation programme for older people.

The Voluntary Impact Northamptonshire - Facilitating Workshop is a one off workshop for carers partnership to look at outcomes related to ICAN strategy development.

The Northamptonshire Better Health outcomes - Wellbeing Activation Fund is a social activation fund for service users of the Social Prescribing contract above.

Kirby Laing Foundation - Ward Support for Patients with Dementia is a contribution towards costs for a specific member of staff to support patients and carers in NGH funding.

NHS Foundation Trust COVID-19 Long Covid Support is funding to supplement breathing space service deliver support to those with long covid via groups and staffing.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS - continued

Mental Health Northants Collaboration - Dementia Workshop is funding to provide psychoeducation for carers around dementia.

Mental Health Northants Collaboration - Covid Relief Funding is funding for carers respite, breaks and psychoeducation.

NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund is a one-off payment bonus for regulated care staff who worked during the Covid period.

NHS Northamptonshire ICB - Bariatric Support Income is to support bariatric discharges from hospital.

NHS Pulmonary Rehab Agreement - Child Spirometry is funding to support child spirometry.

The West Northamptonshire Council Discharge Pilot is funding to support hospital discharges in the West Northamptonshire area.

The West Northamptonshire Council - Carer Recognition Payments is Covid related funding to enable carers to look after people post hospital discharge in the West Northamptonshire area.

The West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway is funding to support work on the dementia pathway.

NHFT Personalisation Work Hypertension and CHD is ICAN related funding around hypertension and coronary health disease.

Voluntary Impact Northamptonshire - National Lottery Community Fund - Health Equality is funding to support carers looking after those at the end of life and also to support former carers.

The Smoking Cessation fund is to be used to purchase IT systems that will aid in reducing smoking rates in the county.

The Population Health (Household Support Fund) fund is to support food and energy poverty via direct payments to carers.

The Northamptonshire Healthcare NHS Foundation Trust - Dementia Carer Service fund is additional funding for prevention and crisis work for a carer looking after someone with dementia.

The Faraway Children's Charity fund are payments received for school uniform or specific items for young carers.

The Department for Work and Pensions - Access to Work fund is used to provide practical support for employees with physical or mental health conditions or disabilities, including specialist equipment.

The Corby Phoenix Rotary fund are funds that have been provided to be spent in the Corby area.

The St Albans Charity Players fund is a donation towards the food bank and for a carers trip.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

19. RELATED PARTY DISCLOSURES

During the year, Nicola Best, who is the wife of Christopher Best, a Trustee of Northamptonshire Carers, received remuneration under employment contract of £18,511 (2023: £17,444).

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £15,282 (2023: £15,219).

During the year, Ecton Village Hall, which Sally Jones also acts as a Trustee for, was paid £30 for the hire of a meeting room for a Trustee's meeting.

During the year, Kettering Association for Mental Health, which James Douglas also acts as a Trustee for, was paid £2,100 for mental health and resilience courses for carers.

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	126,344	105,641
Gift aid	6,147	1,066
Legacies	<u>25,000</u>	<u>280,301</u>
	157,491	387,008
Investment income		
Rents received	4,644	3,203
Deposit account interest	<u>4,771</u>	<u>1,067</u>
	9,415	4,270
Charitable activities		
Grants and contract income	4,026,686	3,745,970
Other income		
Insurance proceeds	<u>-</u>	<u>1,403</u>
Total incoming resources	4,193,592	4,138,651
EXPENDITURE		
Raising donations and legacies		
Sundries	331	104
Charitable activities		
Wages	2,556,374	2,140,803
Social security	196,481	170,299
Pensions	98,152	91,236
Carers support costs	956,768	839,960
Holiday lodge costs	8,961	6,347
Business development and bid writing	54,699	56,508
Travel	118,914	85,426
Volunteers' expenses	7,499	5,633
Training & conferences	19,762	15,992
Direct payments	169,203	147,451
Freehold property	<u>7,500</u>	<u>7,499</u>
	4,194,313	3,567,154
Support costs		
Management		
Wages	142,613	152,539
Carried forward	142,613	152,539

This page does not form part of the statutory financial statements

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
Management		
Brought forward	142,613	152,539
Social security	11,302	13,359
Pensions	5,117	7,876
Rent, rates and water	80,817	52,712
Insurance	15,068	12,729
Light and heat	4,768	3,586
Telephone	33,799	25,446
Postage and stationery	19,389	20,745
Advertising	3,272	6,622
Sundries	21,202	7,690
Office equipment	4,268	4,465
Cleaning	10,261	7,349
Repairs and servicing	8,777	11,469
Legal fees, bookkeeping etc.	13,114	4,990
Other professional fees	4,413	17,180
HR support	19,786	13,292
Depreciation of tangible and heritage assets	<u>27,360</u>	<u>26,974</u>
	425,326	389,023
Finance		
Bank charges	686	711
Information technology		
Computer costs and IT support	74,144	67,881
Governance costs		
Auditors' remuneration	9,150	8,712
Auditors' remuneration for non audit work	<u>18,115</u>	<u>17,345</u>
	<u>27,265</u>	<u>26,057</u>
Total resources expended	<u>4,722,065</u>	<u>4,050,930</u>
Net (expenditure)/income	<u>(528,473)</u>	<u>87,721</u>

NORTHAMPTONSHIRE CARERS

LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2024

Avant Garde
Benevity Netflix
Big Give Trust
Briggs Equipment UK
Carers Trust
Centurion Management
Cocoon Corporate
Combined Property Services
Corby Lottery
Corby Rotary Club
Faraway Children's Charity
Friars Academy
Greatwell Homes
Local Lotto
Lucy Alan Estate Agents
Napton Cidery
NHS Northamptonshire ICB
North Northamptonshire Council
Northampton Hospital NHS Trust
Northampton Lottery
Northamptonshire Better Health Outcomes
Northants Community Aid
Northants Scottish Association
Northwick Trust
Not so dusty group
Our Little Smokehouse
Queensgrove Methodist Church
Rushden Bowls Club
Rushden Golf Club
St Albans Charity Players
Wellingborough Golf Club
West Northamptonshire Council
Yardley Hastings United Reformed Church

Plus, many more individual donations both cheques and online from sponsors and supporters too numerous to mention individually.

Accounts

REGISTERED COMPANY NUMBER: 03328459 (England and Wales)
REGISTERED CHARITY NUMBER: 1061417

NORTHAMPTONSHIRE CARERS
REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

NORTHAMPTONSHIRE CARERS

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FOR THE YEAR ENDED 31 MARCH 2023**

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NORTHAMPTONSHIRE CARERS

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES	Mr P Douglas Dr P Inns Miss N Scott (resigned 13/12/22) Mrs E Yates Mrs S G Jones Mr C Best Mrs J Hilton Mr G Brogden Mr R Velji Shah Ms A Gunn (appointed 15/8/23) Ms V E Hawes (appointed 15/8/23) Mrs C A G Saxon (appointed 15/8/23)
REGISTERED OFFICE	The Ann Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
REGISTERED COMPANY NUMBER	03328459 (England and Wales)
REGISTERED CHARITY NUMBER	1061417
AUDITORS	DNG Dove Naish LLP, Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
BANKERS	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
CHIEF EXECUTIVE OFFICER	Mark Major
CHIEF OPERATING OFFICER	Gwyn Roberts

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

INTRODUCTION

The last year has presented many challenges in terms of Health and Social Care systems and the wider landscape. The issues facing Charities and Carers have been to the forefront in this period. These are:

1. Effect of the Pandemic unlocks in terms of demand for services, people with increased health needs and access to services.
2. Continued rising demographics, especially around older people and their Carers.
3. Carers own health and wellbeing needs.
4. Cost of living and inflationary pressures for:
 - The Health and Social Care system
 - Public
 - Carers

This means more people with increased needs, increased demand for services and sharply rising costs. Although this has been another demanding year, it is very heartening to have seen so much good work done, both organisationally by Northamptonshire Carers and in partnership with others such as on the ICAN/Ageing Well transformation area for older people, and the SPRING Social Prescribing work in the county.

We were absolutely delighted to achieve significant national recognition this year by winning the Health Service Journal Award in the System Led Support for Carers category, with the judges saying at the Ceremony in London that the set of services and approaches in Northamptonshire should be aspired to by others. What made this especially pleasing was that we put forward our overall model of support across the whole Organisation, so the Award was a testament to all of our Staff, Volunteers and supporters.

All of the good work is of course only possible due to the continued support of our key funders, the Integrated Care Board, North Northamptonshire Council, West Northamptonshire Council, The National Lottery, Carers Trust, Northamptonshire Community Foundation, Northamptonshire Childrens Trust, Children in Need, Northamptonshire Health and Foundation Trust, and others, as well as all those other Trusts and individual donors who support our work.

In terms of Awards and Quality Marks, we were also very proud to also receive a Racial Equality Matters Silver Trailblazer Award and also awarded the Carers Trust Excellence for Carers Quality Mark.

When writing this section for the Annual Report I was struck by a number of key themes that underpin our work in what has been another highly successful year for Northamptonshire Carers. Those themes are.

- Carers needs and the needs of those they look after
- Growth and Diversification and Key services
- Workforce
- Diversity and Inclusion
- Partnerships and Integrated services

In terms of Growth and diversification and key services, the year is summed up from the perspective of more services for more people than ever before. However, within that it is worth highlighting the following:

- Increased work from our Carers Support Line and Carers Assessment Teams
- High referrals to both Adult and Young Carers services

We have seen considerable growth in our Community Asset Group provision as part of the Ageing Well and Respiratory work in the county. We now have groups and programmes for people with: -

- Dementia (Hubs and Groups)
- Coronary Heart Disease (Pumped-up)

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

- COPD (Breathing Space)
- Diabetes
- We have also run a very successful pilot around Sickle Cell.

We have also seen growth via our Regulated Care Overnight Service and via our hospital discharge work which is being recognized nationally. Our Young Carers service also continues to flourish and develop. Our network of Carers Support Groups, Cafes, specialist groups and music and leisure groups also continue to do splendid work, receive great feedback, and are well attended. As well as this, our Community Companions Service continues to be both much needed and well used.

In terms of workforce, we are blessed with an ever-growing team of Staff, Volunteers, Peer Supporters - the quality of these teams is what enables us to be able to do all that we do. This year, we were able to present long service awards to our Staff and Volunteers and Trustees who have been with us on our journey. It was very humbling to see the number of years people have been with the Organisation and the huge contribution they have made and most importantly the difference that has made to Carers. We have grown from small beginnings to now be a large local Charity and much of that is down to our excellent team.

Carers needs are always the starting point for the work we do and the best thing as we emerge from the challenges and sadness of the Pandemic has been to see so many Carers as we have moved back fully to face to face and group work. We will continue to prioritise work around Carers needs and are pleased this year to have won new funding and allocated additional resources to Carers breaks, our Support Line and Group work with Carers. We are also acutely aware of the strains on Carers own health and wellbeing and the financial challenges they face in these difficult times. We are also incredibly grateful to our two local authorities for access to the Household Support Fund.

As part of our work on the new Carers strategy for Northamptonshire via the Carers Partnership we have conducted a large survey concerning Carers needs and issues which will inform our service planning and delivery.

The particularly important theme of Diversity and Inclusion has been a real focus for us this year, and as well as the Trailblazer Award mentioned earlier, the Organisation signed up to the Big Promise and the work being done has led to the Organisation being cited as a good practice model. Funding from Carers Trust has enabled us to work on our Action for Carers Project, identifying and working with hard-to-reach groups of Carers; we want to ensure that Northamptonshire is accessible to all who need us.

You can view our Big Promise here <https://www.northamptonshire-carers.org/the-big-promise>

Making sure the voice of Carers and Patients is part of the planning, co-production and design of services is key and we are very proud that the work of the People's Advisory Group (PAG) was highlighted as national good practice by NHS England this year and is the subject of a case study and presentation at a national event.

As mentioned, Partnerships and collaboration are key areas moving forward, and the Organisation is highly active in a number of key areas: -

- The new Integrated Care System for Northamptonshire
- The ICAN transformation Programme
- The Carers Partnership
- The Mental Health Collaborative
- The Voluntary Sector Assembly

We also continue as we have been for all of our existence to be a network member of Carers Trust and thank them for their continued excellent support.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

A thank you also to my fellow Trustees for their continued commitment and hard work for the Organisation.

Please take some time to look at the statistical and Outcomes report that follows that highlights the work of the Organisation.

Wishing you and yours all the very best.

Sally Jones
Chairman

OBJECTIVES AND ACTIVITIES

Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs. We support those living with long term health conditions and their Carers, co-producing services with them.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE Charitable activities

THE YEAR IN NUMBERS Achievements and Performance

Carers Registered	15539
New Carers Registered	5457
Ethnic Minority Carers	19%

Groups/Activities/On-line Sessions Attendance

Carers Support Groups/Dementia Groups	3762
Choir + Ukulele	2516
Carers Cafes	1085
Breathing Space	3144
Community Companions hours	1589

Support Calls/Contacts/Sessions

Peer Support/1-2-1 Calls	1238
Befriending	256
Breathing Space	38

Social Media

Facebook Friends	3804
Twitter followers	1871
Instagram followers	1057

Website Usage

Visitors to website	33570
Page Views	153117

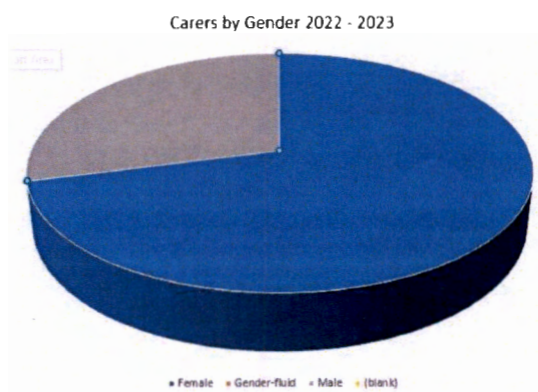
Welfare Rights Generated Income	£412,394
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NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Carers Key Statistics	
Carer Contacts	60,146
Carers Assessments	3433
Emailed Newsletters	87,351
Carer Friendly Employers	45
Investors in GP Surgeries	49
• Bronze	30
• Silver	16
• Gold	1
• Gold Pls	2

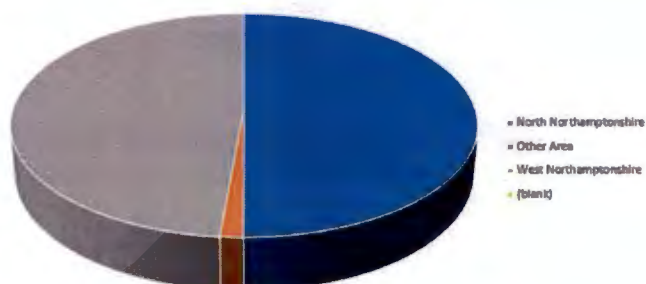
Young Carers Service	
Numbers registered	1300
Support/Contacts	29,3732
New Referrals	341
Waiting List	41
Facebook Friends	1387
Twitter Followers	52
Instagram Followers	1130
Activities/Groups	1731
Support Planning	274
Ethnicity	23.1%



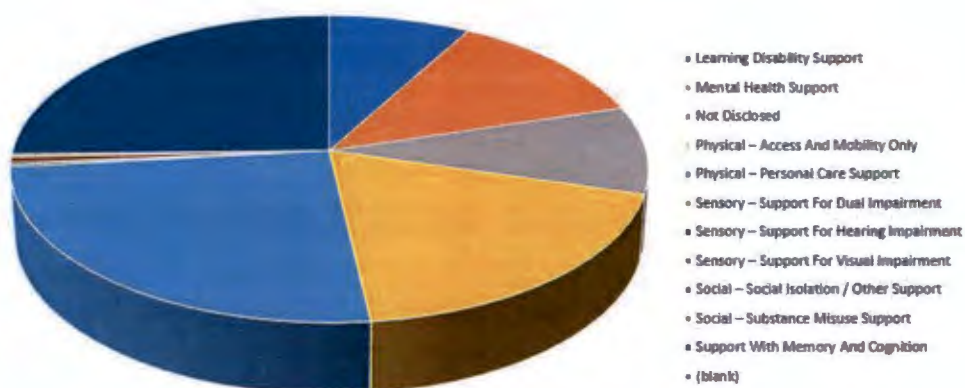
NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

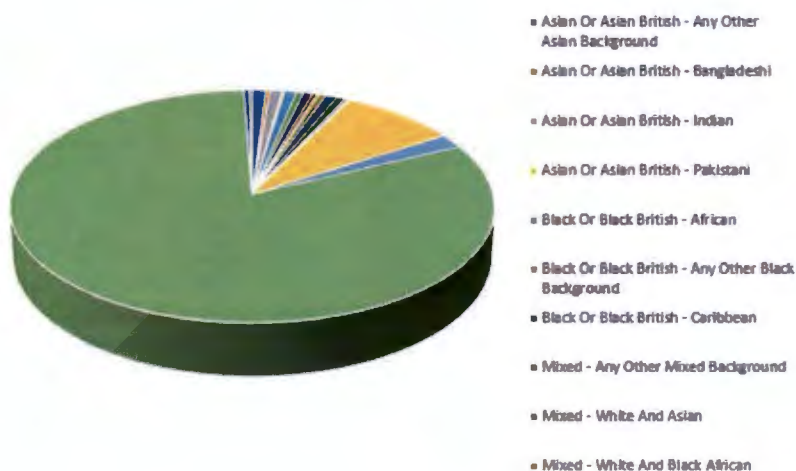
Carers Supported by Area 2022 - 2023



Cared-for : Primary Support Reason 2022 - 2023



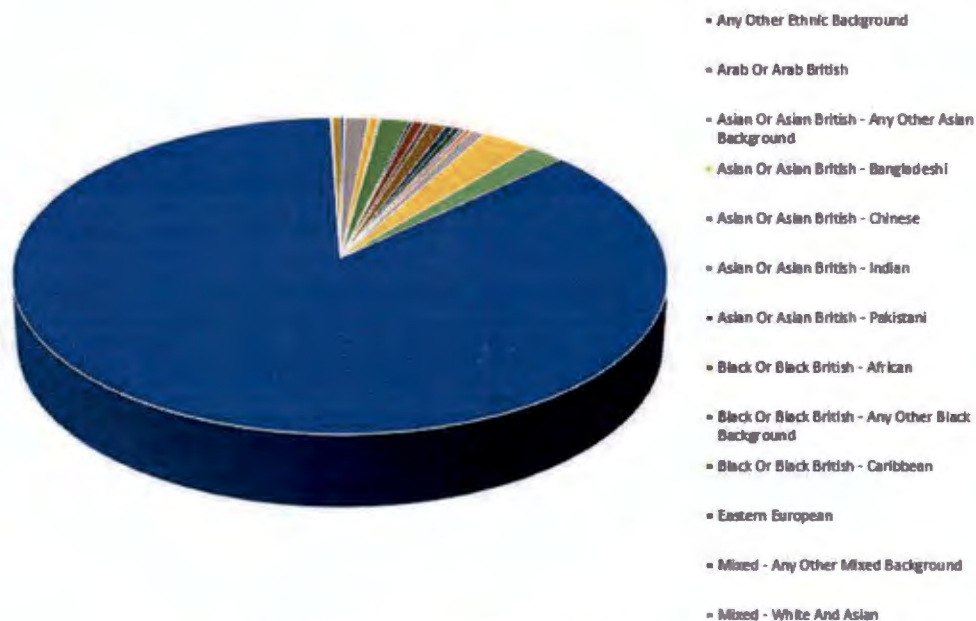
Carers Registered - by Ethnicity



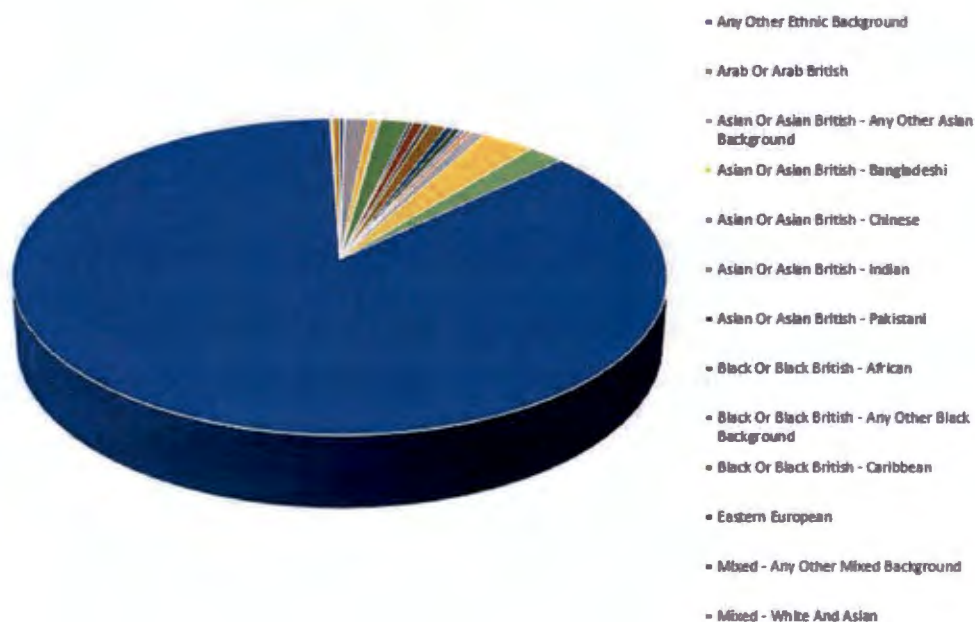
NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Carers Accessing Services by Ethnicity 2022 - 2023



Carers Accessing Services by Ethnicity 2022 - 2023



NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

What people say about our services and support

"Made my relationships with both wife and sister much better as I am able to commit time to my sister, who is really pleased to see me, and my wife is much happier knowing the volunteer is there."

"It makes me happy to see that I've made a difference to somebody"

"aww so lovely to see them with smiles and making new friends."

"Thank you for giving _ a super day which was extra needed this week."

"_ has not stopped talking about today, thank you so much."

What was life like for you before the spring program?

"Depressing, I used to cry a lot, couldn't get no help from anyone."

What is life like now?

"Sooo much better, I'm happier, I go out more, I have more confidence, speaking to people a lot more, my life has changed a lot, and I'm quite proud of myself, and thank you very much to Spring and the lovely Jo for helping me."

"the group has made a 25-50% change in my life, I thought I couldn't go the gym because of my heart failure but I can! The more we come and listen, it's building confidence"

"Meeting new friends. Finding out more about COPD. Opportunity to speak to the doctor. Relaxation & other activities. Guest speakers"

"we have fun, we forget what it is to be a carer. At home, that is all I am, I am no longer his wife"

"Breathing Space has helped me understand my condition and make improvements to my mental health. It's also good to meet others with a similar condition. Access to a doctor who specialises in respiratory conditions is an added bonus. The meetings are varied and interesting with a mixture of understanding the condition, exercise, meditation and socialising"

For a more detailed review of our services, please see Northamptonshire Carers Outcomes Report for 2022/2023.

NORTHAMPTONSHIRE CARERS

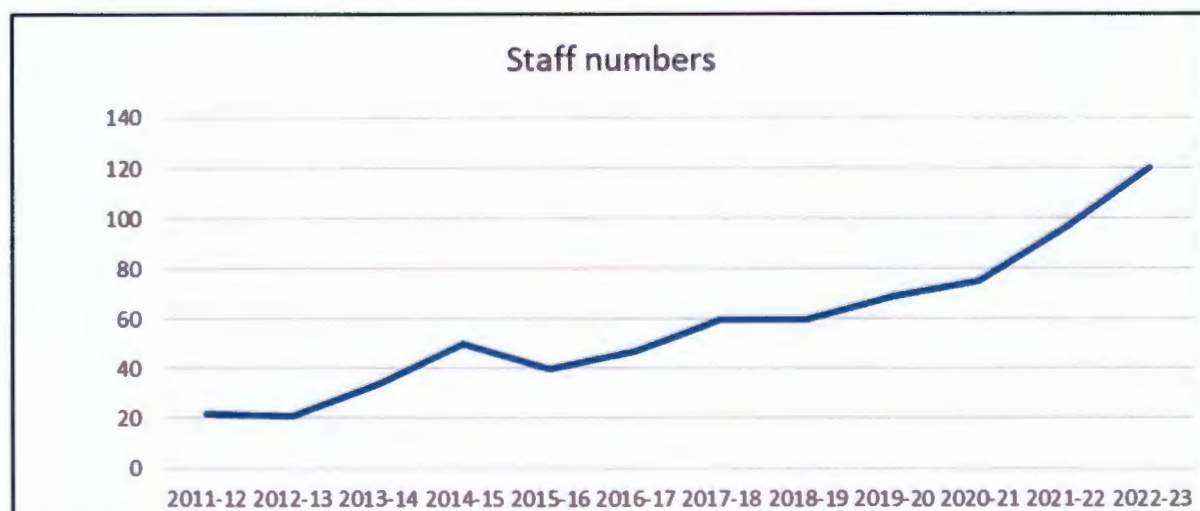
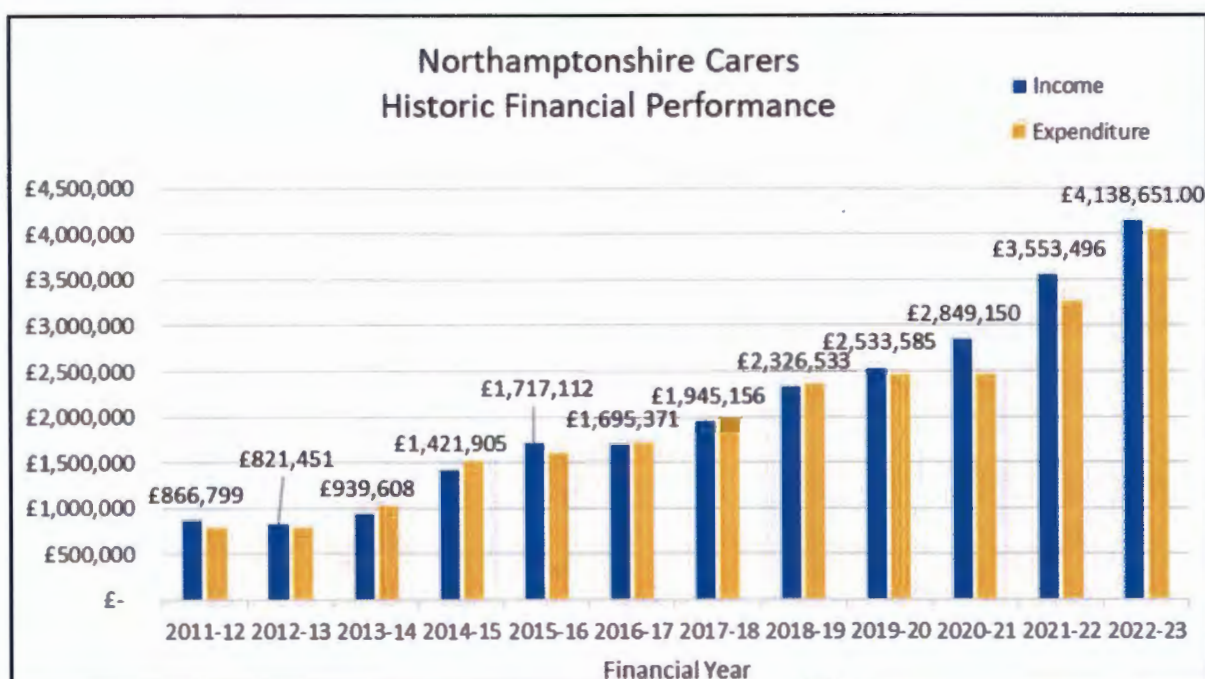
REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

Financial position

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2023 the charity made a surplus of £87,721 in relation to gross income of £4,138,651 (2022: £300,806 surplus on gross income of £3,553,496). Income had increased by 16.5% in 2022/23 compared to 24.7% in 2021/22. While the increase in funding (and activities) is less than the previous year, it is remarkable that we continue to grow and also that we have recorded a surplus for the fourth year in succession despite the economic landscape we operate within. The growth in income, expenditure and staff numbers over the last decade are shown in the graphs below:



NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

In last year's Annual Report we stated that our challenge for the next few years is to maintain growth without compromising the quality of what we deliver. As we expected, our costs have risen, not just for the direct delivery of services but also in the support areas which are essential for the smooth running of the organisation. The economic pressures which have led to increased demand for our services and the complexity of the issues that carers face have also affected our ability to deal with those needs since:

- Rising inflation has led to higher staff, materials and resource costs
- Increased costs from suppliers and contractors
- More complexity means more resources required per carer that we help
- More cases requiring urgent action are inherently more costly to deal with
- A reduction in household disposable income means our donations reduce

We stated in 2020-21 that our goals were to:

- Continue our growth in services to carers
- Continue to actively and successfully manage our costs
- Maintain at least three months of operational reserves
- Continue to deliver a more modest surplus each year

These goals remain as our objectives and continue to be achieved. Much credit is due to the staff and volunteers who continue to make this possible.

At 31 March 2023 the charity has reserves of £1,322,445 of which £298,768 is held on restricted funds, and £273,903 represents the book value of the charity's freehold office in Wellingborough.

Reserves policy

The Trustees policy is to create and maintain a level of free (i.e. readily realisable) reserves sufficient to allow the organisation to operate for a minimum of three months without income. This level was achieved and will continue to be kept under review and recalculated when necessary. The reserves level for 2022-23 was £680,000.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association.

In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

Organisational Structure

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

Decision making

The major funders may nominate up to 3 trustees, but these shall be non-voting members. The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

Induction and training of new trustees

An induction is prepared and delivered when a Trustee commences their role.

This includes background on the organisation and its services, the role of the volunteer, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the volunteer role.

There is a trial period of 3 months to give the organisation and the volunteer time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Volunteer may terminate the agreement, preferably by mutual consent.

Key management remuneration

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk assessment

The committee does not believe there are any substantial risks beyond those liabilities disclosed in its Annual Report and Accounts. However, the programme of public sector spending cuts and resultant reductions in statutory funding to third sector organisations will continue to impact on the third sector, Carers and service users, both from the point of view of our delivery of services and also in increasing the need for those services. COVID-19 and the continuing programmes of social isolation does pose a risk for the future, but our experience to date suggests that COVID is not substantially threatening our financial position, and the excellent work by all staff in adapting and responding to the changing social landscape is minimising and managing the operational risk posed by COVID.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, DNG Dove Naish LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 17th OCTOBER 2023 and signed on its behalf by:

S. G. Jones

Mrs S G Jones - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Opinion

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of income. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DNG Dove Naish LLP

DNG Dove Naish LLP, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 17 October 2023

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	335,008	52,000	387,008	114,108
Charitable activities	4				
Charitable activities		2,096,239	1,649,731	3,745,970	3,434,760
Investment income	3	4,270	-	4,270	4,628
Other income		<u>1,403</u>	<u>-</u>	<u>1,403</u>	<u>-</u>
Total		<u>2,436,920</u>	<u>1,701,731</u>	<u>4,138,651</u>	<u>3,553,496</u>
EXPENDITURE ON					
Raising funds	5	104	-	104	211
Charitable activities	6				
Charitable activities		<u>2,126,997</u>	<u>1,923,829</u>	<u>4,050,826</u>	<u>3,252,479</u>
Total		<u>2,127,101</u>	<u>1,923,829</u>	<u>4,050,930</u>	<u>3,252,690</u>
NET INCOME/(EXPENDITURE)		309,819	(222,098)	87,721	300,806
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>713,858</u>	<u>520,866</u>	<u>1,234,724</u>	<u>933,918</u>
TOTAL FUNDS CARRIED FORWARD		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	13	396,515	-	396,515	398,473
CURRENT ASSETS					
Debtors	14	90,065	24,886	114,951	91,090
Cash at bank		<u>707,372</u>	<u>343,023</u>	<u>1,050,395</u>	<u>962,650</u>
		797,437	367,909	1,165,346	1,053,740
CREDITORS					
Amounts falling due within one year	15	(170,275)	(69,141)	(239,416)	(217,489)
NET CURRENT ASSETS		<u>627,162</u>	<u>298,768</u>	<u>925,930</u>	<u>836,251</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>
NET ASSETS		<u>1,023,677</u>	<u>298,768</u>	<u>1,322,445</u>	<u>1,234,724</u>
FUNDS	17				
Unrestricted funds				1,023,677	713,858
Restricted funds				<u>298,768</u>	<u>520,866</u>
TOTAL FUNDS				<u>1,322,445</u>	<u>1,234,724</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17th OCTOBER 2023 and were signed on its behalf by:

S. G. Jones

S G Jones - Trustee

NORTHAMPTONSHIRE CARERS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2023

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	<u>122,491</u>	<u>363,008</u>
Net cash provided by operating activities		<u>122,491</u>	<u>363,008</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(32,515)	(46,537)
Interest received		<u>1,067</u>	<u>267</u>
Net cash used in investing activities		<u>(31,448)</u>	<u>(46,270)</u>
Change in cash and cash equivalents in the reporting period		91,043	316,738
Cash and cash equivalents at the beginning of the reporting period	2	<u>945,591</u>	<u>628,853</u>
Cash and cash equivalents at the end of the reporting period	2	<u><u>1,036,634</u></u>	<u><u>945,591</u></u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net income for the reporting period (as per the Statement of Financial Activities)	87,721	300,806
Adjustments for:		
Depreciation charges	34,473	29,689
Interest received	(1,067)	(267)
(Increase)/decrease in debtors	(23,861)	1,394
Increase in creditors	<u>25,225</u>	<u>31,386</u>
Net cash provided by operations	<u>122,491</u>	<u>363,008</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2023 £	2022 £
Notice deposits (less than 3 months)	1,050,395	962,650
Overdrafts included in bank loans and overdrafts falling due within one year	<u>(13,761)</u>	<u>(17,059)</u>
Total cash and cash equivalents	<u>1,036,634</u>	<u>945,591</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank	962,650	87,745	1,050,395
Bank overdraft	<u>(17,059)</u>	<u>3,298</u>	<u>(13,761)</u>
	<u>945,591</u>	<u>91,043</u>	<u>1,036,634</u>
Total	<u>945,591</u>	<u>91,043</u>	<u>1,036,634</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Statutory information

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

Significant Judgements and Estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property - 2% on cost

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Holiday Lodges	- 10% on cost
Computer equipment	- 25% on reducing balance

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

2. DONATIONS AND LEGACIES

	2023 £	2022 £
Donations	105,641	114,011
Gift aid	1,066	97
Legacies	<u>280,301</u>	<u>-</u>
	<u>387,008</u>	<u>114,108</u>

3. INVESTMENT INCOME

	2023 £	2022 £
Rents received	3,203	4,361
Deposit account interest	<u>1,067</u>	<u>267</u>
	<u>4,270</u>	<u>4,628</u>

4. INCOME FROM CHARITABLE ACTIVITIES

Activity	2023 £	2022 £
Grants and contract income	<u>3,745,970</u>	<u>3,434,760</u>
Charitable activities		

Grants received, included in the above, are as follows:

	2023 £	2022 £
NCC Lot Funding	648,900	648,900
NHS Lot Funding	909,286	894,670
Nene CCG Dementia Care	417,552	417,552
Carers Trust - Making Carers Count	40,165	54,756
Margaret Giffen Charitable Trust	-	28,142
BBC Children in Need - YC Youth Groups	9,994	9,164
Constance Travis Trust	-	4,000
Spirit of 2012	-	39,097
John Salmons Legacy Fund	-	2,550
Northampton General Hospital Discharge Work	121,278	71,500
NCC- Young Carer	120,000	120,000
Northamptonshire County Council- COVID19	-	12,333
NHS Trust	-	49,613
NHS Foundation Trust - ICAN programme	632,000	442,684
West Northamptonshire Council - Integrated Better Care Fund		
Dementia Pathway	12,500	12,500
The National Lottery Community Fund - RC Midlands Region	140,005	134,656
Masonic Charitable Foundation	-	14,334
Global Giving	-	3,644
Disability Inclusive Sports Club	-	8,116
Northamptonshire Better Health Outcomes - Social Prescribing	<u>142,735</u>	<u>101,878</u>
Carried forward	3,194,415	3,070,089

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2023	2022
	£	£
Brought forward	3,194,415	3,070,089
NHS Northamptonshire CCG	-	309,500
Mental Health Northants Collaboration - Dementia Workshop	24,000	55,171
Northamptonshire Community Foundation iwill	9,960	-
NHS Northamptonshire ICB - Bariatric Support	87,640	-
West Northamptonshire Council - Discharge Pilot	29,040	-
Northamptonshire Community Foundation - Poverty Hurts Appeal	3,000	-
NHFT Personalisation Work Hypertension and CHD	105,000	-
NHS Northamptonshire ICB - Pulmonary Rehab Agreement - Child Spirometry	15,000	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,245	-
West Northamptonshire Council - Carer Recognition Payments	7,350	-
Children In Need - Cost of Living Booster	500	-
National Lottery Community Fund - Health Equality	9,999	-
NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund	9,151	-
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	6,430	-
Voluntary Impact Northamptonshire - Facilitating Workshop	450	-
Northamptonshire ICB - Befriending Service	40,000	-
Kirby Laing Foundation - Ward Support for Patients with Dementia	5,000	-
Carers Trust - Carers Grants	750	-
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	82,688	-
Mental Health Northants Collaboration - Covid Relief Funding	110,352	-
	<u>3,745,970</u>	<u>3,434,760</u>

5. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Sundries	<u>104</u>	<u>211</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>3,567,154</u>	<u>483,672</u>	<u>4,050,826</u>

7. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>389,023</u>	<u>711</u>	<u>67,881</u>	<u>26,057</u>	<u>483,672</u>

Support costs, included in the above, are as follows:

Management

	2023 Charitable activities £	2022 Total activities £
Wages	152,539	123,981
Social security	13,359	9,856
Pensions	7,876	6,968
Rent, rates and water	52,712	15,756
Insurance	12,729	10,747
Light and heat	3,586	3,058
Telephone	25,446	27,534
Postage and stationery	20,745	19,666
Advertising	6,622	1,524
Sundries	7,690	4,804
Office equipment	4,465	1,205
Cleaning	7,349	6,810
Repairs and servicing	11,469	138,438
Legal fees, bookkeeping etc.	4,990	12,020
Other professional fees	17,180	22,103
HR support	13,292	4,956
Depreciation of tangible and heritage assets	<u>26,974</u>	<u>22,190</u>
	<u>389,023</u>	<u>431,616</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

7. SUPPORT COSTS - continued Finance

	2023 Charitable activities £	2022 Total activities £
Bank charges	<u>711</u>	<u>806</u>

Information technology

	2023 Charitable activities £	2022 Total activities £
Computer costs and IT support	<u>67,881</u>	<u>60,919</u>

Governance costs

	2023 Charitable activities £	2022 Total activities £
Auditors' remuneration	8,712	7,920
Auditors' remuneration for non audit work	<u>17,345</u>	<u>16,446</u>
	<u>26,057</u>	<u>24,366</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation - owned assets	<u>34,473</u>	<u>29,689</u>

9. AUDITORS' REMUNERATION

	2023 £	2022 £
Fees payable to the charity's auditors for the audit of the charity's financial statements	8,712	7,920
Auditors' remuneration for non audit work	<u>17,345</u>	<u>16,446</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

Expenses of £474 (2022: £94) were reimbursed to one trustee (2022: two) in the financial year. These were paid to reimburse travel expenses incurred by the trustee.

11. STAFF COSTS

	2023 £	2022 £
Wages and salaries	2,293,343	1,716,535
Social security costs	183,658	125,840
Other pension costs	99,112	78,624
	<u>2,576,113</u>	<u>1,920,999</u>

During the year, employees received benefits in kind totalling £8,302 (2022: £8,938).

The average monthly number of employees during the year was as follows:

	2023	2022
Carers support and administration	<u>120</u>	<u>96</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£60,001 - £70,000	<u>1</u>	<u>-</u>

The key management personnel are the trustees, the Chief Executive and the Chief Operating Officer. The salaries, employers NI and employers pension paid to key management personnel in the year amounted to £137,864.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2023**

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	46,744	67,364	114,108
Charitable activities			
Charitable activities	2,097,261	1,337,499	3,434,760
Investment income	<u>4,628</u>	<u>-</u>	<u>4,628</u>
Total	<u>2,148,633</u>	<u>1,404,863</u>	<u>3,553,496</u>
EXPENDITURE ON			
Raising funds	211	-	211
Charitable activities			
Charitable activities	<u>2,276,595</u>	<u>975,884</u>	<u>3,252,479</u>
Total	<u>2,276,806</u>	<u>975,884</u>	<u>3,252,690</u>
NET INCOME/(EXPENDITURE)	(128,173)	428,979	300,806
Transfers between funds	<u>57,132</u>	<u>(57,132)</u>	<u>-</u>
Net movement in funds	(71,041)	371,847	300,806
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>784,897</u>	<u>149,021</u>	<u>933,918</u>
TOTAL FUNDS CARRIED FORWARD	<u>713,856</u>	<u>520,868</u>	<u>1,234,724</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2023**

13. TANGIBLE FIXED ASSETS

	Freehold property £	Holiday Lodges £	Computer equipment £	Totals £
COST				
At 1 April 2022	333,855	74,995	93,064	501,914
Additions	-	-	32,515	32,515
At 31 March 2023	<u>333,855</u>	<u>74,995</u>	<u>125,579</u>	<u>534,429</u>
DEPRECIATION				
At 1 April 2022	53,275	23,999	26,167	103,441
Charge for year	<u>6,677</u>	<u>7,499</u>	<u>20,297</u>	<u>34,473</u>
At 31 March 2023	<u>59,952</u>	<u>31,498</u>	<u>46,464</u>	<u>137,914</u>
NET BOOK VALUE				
At 31 March 2023	<u>273,903</u>	<u>43,497</u>	<u>79,115</u>	<u>396,515</u>
At 31 March 2022	<u>280,580</u>	<u>50,996</u>	<u>66,897</u>	<u>398,473</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	73,016	58,016
Other debtors	471	1,308
Prepayments	<u>41,464</u>	<u>31,766</u>
	<u>114,951</u>	<u>91,090</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Bank loans and overdrafts (see note 16)	13,761	17,059
Trade creditors	82,983	73,381
Social security and other taxes	47,037	32,968
Other creditors	14,384	10,494
Accruals	<u>81,251</u>	<u>83,587</u>
	<u>239,416</u>	<u>217,489</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2022	58,015
Amount released to incoming resources	(58,015)
Amount deferred in year	<u>58,015</u>
Balance as at 31 March 2023	<u>58,015</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

16. LOANS

An analysis of the maturity of loans is given below:

	2023 £	2022 £
Amounts falling due within one year on demand:		
Bank overdrafts	<u>13,761</u>	<u>17,059</u>

The bank overdrafts are not actual bank overdrafts but computed balances within the funds, due to unrestricted cash funds being used to support restricted funds waiting on debtor balances to be paid.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2023**

17. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	671,996	309,819	41,862	1,023,677
Property fund	<u>41,862</u>	<u>-</u>	<u>(41,862)</u>	<u>-</u>
	713,858	309,819	-	1,023,677
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
Hardship Fund	-	25,999	-	25,999
John Salmons Legacy Fund	1,275	(1,275)	-	-
Northamptonshire Community Foundation iwill	-	9,960	-	9,960
ICAN fund	89,191	(89,191)	-	-
Planning for Tomorrow	2,947	(2,947)	-	-
Masonic Charitable Foundation	12,162	(12,162)	-	-
Carers Respite Support and Development	4,662	(4,662)	-	-
Disability Inclusive Sports Club	5,995	(5,995)	-	-
Carers Trust - Making Carers Count	8,263	(2,932)	-	5,331
CCG Surge	231,950	(231,950)	-	-
NHS Pulmonary Rehabilitation Pathway	72,000	(24,417)	-	47,583
Mental Health Northants Collaboration - Dementia Workshop	-	24,000	-	24,000
The National Lottery Community Fund - RC Midlands Region	33,692	(23,375)	-	10,317
Margaret Giffen	9,174	(9,174)	-	-
West Northamptonshire Council - Discharge Pilot	-	3,023	-	3,023
NHFT Personalisation Work	-	105,000	-	105,000
Hypertension and CHD	-	105,000	-	105,000
Northamptonshire Community Foundation - Poverty Hurts Appeal	-	3,000	-	3,000
Pulmonary Rehab Agreement - Child Spirometry	<u>-</u>	<u>15,000</u>	<u>-</u>	<u>15,000</u>
	<u>520,866</u>	<u>(222,098)</u>	<u>-</u>	<u>298,768</u>
TOTAL FUNDS	<u><u>1,234,724</u></u>	<u><u>87,721</u></u>	<u><u>-</u></u>	<u><u>1,322,445</u></u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,436,919	(2,127,100)	309,819
Restricted funds			
Hardship Fund	51,999	(26,000)	25,999
Children in Need - YC Youth Groups	9,994	(9,994)	-
Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks	5,245	(5,245)	-
John Salmons Legacy Fund	-	(1,275)	(1,275)
Northamptonshire Community Foundation iwill	9,960	-	9,960
Northampton General Hospital Discharge Work	121,278	(121,278)	-
Carers Trust - Carers Grants	750	(750)	-
ICAN fund	672,000	(761,191)	(89,191)
Planning for Tomorrow	-	(2,947)	(2,947)
Masonic Charitable Foundation	-	(12,162)	(12,162)
Carers Respite Support and Development	-	(4,662)	(4,662)
Disability Inclusive Sports Club	-	(5,995)	(5,995)
Carers Trust - Making Carers Count	40,165	(43,097)	(2,932)
Nothamptonshire Better Health Outcomes - Social Prescribing	142,735	(142,735)	-
CCG Surge	-	(231,950)	(231,950)
NHS Pulmonary Rehabilitation Pathway	1	(24,418)	(24,417)
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	82,688	(82,688)	-
Mental Health Northants Collaboration - Dementia Workshop	24,000	-	24,000
The National Lottery Community Fund - RC Midlands Region	140,005	(163,380)	(23,375)
Margaret Giffen	-	(9,174)	(9,174)
NHS Northamptonshire ICB - Bariatric Support Income	87,640	(87,640)	-
West Northamptonshire Council - Discharge Pilot	29,040	(26,017)	3,023
NHFT Personalisation Work Hypertension and CHD	105,000	-	105,000
Voluntary Impact Northamptonshire Ltd - National Lottery Community Fund - Health Equality	9,999	(9,999)	-
Kirby Laing Foundation - Ward Support for Patients with Dementia	5,000	(5,000)	-

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Northamptonshire Community Foundation - Poverty Hurts Appeal	3,000	-	3,000
Voluntary Impact Northamptonshire - Facilitating Workshop	450	(450)	-
Northamptonshire Better Health Outcomes - Wellbeing Activation Fund	6,430	(6,430)	-
Mental Health Northants Collaboration - Covid Relief Funding	110,352	(110,352)	-
Workforce Retention and Recruitment Fund	9,151	(9,151)	-
Pulmonary Rehab Agreement - Child Spirometry	15,000	-	15,000
West Northamptonshire Council - Carer Recognition Payments	7,350	(7,350)	-
West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway	<u>12,500</u>	<u>(12,500)</u>	<u>-</u>
	<u>1,701,732</u>	<u>(1,923,830)</u>	<u>(222,098)</u>
TOTAL FUNDS	<u><u>4,138,651</u></u>	<u><u>(4,050,930)</u></u>	<u><u>87,721</u></u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2023**

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	621,694	(6,830)	57,132	671,996
Property fund	<u>163,203</u>	<u>(121,341)</u>	<u>-</u>	<u>41,862</u>
	784,897	(128,171)	57,132	713,858
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
Hardship Fund	-	16,398	(16,398)	-
National Lottery	28,505	(28,530)	25	-
Children in Need - YC Youth Groups	1,270	(1,270)	-	-
Carers Music Fund	41,179	-	(41,179)	-
Children in Need Sibling support	-	(11)	11	-
John Salmons Legacy Fund	-	1,275	-	1,275
Northamptonshire Community Foundation iwill	2,500	(2,500)	-	-
Carers Trust - Carers Grants	12	(12)	-	-
Staff Wellbeing	2,000	(2,397)	397	-
Suede Respite Fund	5,000	(5,000)	-	-
NHS Befriending Project	19,000	(19,000)	-	-
ICAN fund	-	89,191	-	89,191
Planning for Tomorrow	-	2,947	-	2,947
Masonic Charitable Foundation	-	12,162	-	12,162
Carers Respite Support and Development	-	4,662	-	4,662
Disability Inclusive Sports Club	-	5,995	-	5,995
Carers Trust - Making Carers Count	-	8,263	-	8,263
CCG Surge	-	231,950	-	231,950
NHS Pulmonary Rehabilitation Pathway	-	72,000	-	72,000
Desborough Trust	-	(12)	12	-
The National Lottery Community Fund - RC Midlands Region	-	33,692	-	33,692
Margaret Giffen	<u>-</u>	<u>9,174</u>	<u>-</u>	<u>9,174</u>
	<u>149,021</u>	<u>428,977</u>	<u>(57,132)</u>	<u>520,866</u>
TOTAL FUNDS	<u>933,918</u>	<u>300,806</u>	<u>-</u>	<u>1,234,724</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,148,633	(2,155,463)	(6,830)
Property fund	-	(121,341)	(121,341)
	2,148,633	(2,276,804)	(128,171)
Restricted funds			
Hardship Fund	66,560	(50,162)	16,398
National Lottery	-	(28,530)	(28,530)
Children in Need - YC Youth Groups	-	(1,270)	(1,270)
Carers Music Fund	39,098	(39,098)	-
Children in Need Sibling support	9,164	(9,175)	(11)
Carers Trust- Carers Grants	425	(425)	-
John Salmons Legacy Fund	2,550	(1,275)	1,275
Northamptonshire Community Foundation iwill	-	(2,500)	(2,500)
Northampton General Hospital Discharge Work	71,500	(71,500)	-
Carers Trust - Carers Grants	-	(12)	(12)
NCC- Infection Control	6,229	(6,229)	-
NHS- Long COVID-19	49,613	(49,613)	-
Staff Wellbeing	-	(2,397)	(2,397)
Suede Respite Fund	-	(5,000)	(5,000)
NHS Befriending Project	-	(19,000)	(19,000)
ICAN fund	442,686	(353,495)	89,191
Planning for Tomorrow	6,001	(3,054)	2,947
Masonic Charitable Foundation	14,334	(2,172)	12,162
Carers Respite Support and Development	14,991	(10,329)	4,662
Disability Inclusive Sports Club	8,116	(2,121)	5,995
Time for me	12,500	(12,500)	-
Carers Trust - Making Carers Count	20,839	(12,576)	8,263
Nothamptonshire Better Health Outcomes - Social Prescribing	101,879	(101,879)	-
Dementia Community Asset	4,000	(4,000)	-
CCG Surge	237,500	(5,550)	231,950
NHS Pulmonary Rehabilitation Pathway	72,000	-	72,000
NHS Rapid Testing	906	(906)	-
Northamptonshire Healthcare NHS Foundation Trust - Long COVID Support	5,198	(5,198)	-
Mental Health Northants Collaboration - Dementia Workshop	55,176	(55,176)	-
Desborough Trust	300	(312)	(12)
The National Lottery Community Fund - RC Midlands Region	134,656	(100,964)	33,692
Margaret Giffen	28,142	(18,968)	9,174
Faraways Children's Trust	500	(500)	-

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

	<u>1,404,863</u>	<u>(975,886)</u>	<u>428,977</u>
TOTAL FUNDS	<u>3,553,496</u>	<u>(3,252,690)</u>	<u>300,806</u>

The Holiday Lodge asset fund is represented by one holiday lodge purchased in 2020 and used for providing carers with breaks.

The National Lottery fund is to establish a network of volunteer Carer Champions across the county who are trained to be a point of contact for carers within local communities. To establish ongoing and one off social activities for carers.

The Children in Need - YC Youth Groups fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The Carers Music fund is to provide music related activities to female carers.

The Children in Need Sibling Support fund is to provide sibling carers support for young carers aged 5-18 across Northamptonshire.

The John Salmons Legacy fund last year was a contribution towards sports activities for parent carers in Towcester area. Grant facilitated by Northamptonshire Community Foundation.

The Carers Trust - Young Carers fund is to be used on young carers, half for carers aged under 16 and the remaining half for young carers over 16 years old.

The NCC- Infection control grant is to be used on limiting the spread of COVID-19 within the charity.

The NHS-Long COVID 19 fund is to be used to support patients who suffer from long COVID.

The Staff Wellbeing fund is to be used to support and maintain the wellbeing of the staff at Northamptonshire Carers.

The Suede Respite Fund is to be used to provide music to carers.

The NHS Befriending Project fund is to be used for the befriending volunteer project.

The Property Fund relates to insurance proceeds to be spent on the repair of the charity's freehold property following flood damage.

The National Lottery Community Fund - RC Midlands Region fund is to be used for the coordination and delivery of group activities for the adult carers and volunteer Carers Champion programme.

The Margaret Giffen fund is to be used for a young carer worker covering Kettering and Corby.

The Hardship fund relates to a Personal Health Budget/Direct payment third party agreement for an individual with complex needs. Northamptonshire Carers support this via agreements with the ICB and Children's Trust, administering this as a third-party organisation in line with NHS/LA guidance and also providing the Carers Assessments as part of this.

The Planning for tomorrow fund is a Carers Trust grant providing one-to-one and group support for former carers following a bereavement.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

The Masonic Charitable fund is for wellbeing workshop groups for young carers.

The Carers Trust Carers Respite Support Development Fund enabled piloting innovative ways of providing individualised respite including a sports activity club, country part walks and trips for parent carers.

The Disability inclusive sports club fund was a donation from the Disc charity in south Northants to run and provide a disabled sports group in that area.

The Time for Me fund is made up of individual grants issued to adult and young carers to provide a break from caring.

The Carers Trust - Making Carers Count fund is a Carers Trust Equality and Diversity project aiming to increase the reach with black and Asian communities of carers.

The Northamptonshire Better Health Outcomes - Social Prescribing funding is to support our role as a locality provider in the SPRING Social prescribing services in Northamptonshire with our area being Wellingborough.

The Dementia Community asset funding is from a local Trust to support the provision of groups and support for those with Dementia and their Carers in Northamptonshire (Kirby Laing Foundation).

The CCG Surge funding is NHS system pressures funding to support hospital discharge in the county, the funding covers care costs, staff at the Hospital, and funding to aid discharge such as Transport, cleaning and decluttering, equipment, house adaptations etc.

The NHS Pulmonary Rehab funding is working in partnership with local NHS and leisure centre providers to redesign the Pulmonary Rehabilitation (PR) pathway. PR is an exercise course for patients with lung conditions such as COPD. This money paid for NHS triage of patients, upskilling of fitness professionals to deliver the course and leisure centre staffing costs.

The NHS Rapid testing is for COVID-19 tests.

The Desborough Trust is for a trip.

The Northamptonshire Community Foundation - Suede Respite Fund - Volunteer Sitting Service and Carers Breaks is to cover sitting service volunteer expenses and staff wages.

The Northamptonshire Community Foundation - Poverty Hurts Appeal is a contribution to a food bank to cover the cost of materials and staffing.

The Northamptonshire Community Foundation iwill Grant is to establish a Young Carers Steering Group to give young carers the opportunity to co-produce a video to raise awareness of their work.

The NGH Discharge Work is a contractual agreement with Northampton General Hospital to support patients and carers around discharges from hospital.

The ICAN fund is organisational funding to help deliver the countryside ICAN transformation programme for older people.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

The Voluntary Impact Northamptonshire - Facilitating Workshop is a one off workshop for carers partnership to look at outcomes related to ICAN strategy development.

The Northamptonshire Better Health outcomes - Wellbeing Activation Fund is a social activation fund for service users of the Social Prescribing contract above.

Kirby Laing Foundation - Ward Support for Patients with Dementia is a contribution towards costs for a specific member of staff to support patients and carers in NGH funding.

NHS Foundation Trust COVID-19 Long Covid Support is funding to supplement breathing space service deliver support to those with long covid via groups and staffing.

Mental Health Northants Collaboration - Dementia Workshop is funding to provide psychoeducation for carers around dementia.

Mental Health Northants Collaboration - Covid Relief Funding is funding for carers respite, breaks and psychoeducation.

NHS Northamptonshire ICB - Workforce Retention and Recruitment Fund is a one-off payment bonus for regulated care staff who worked during the Covid period.

NHS Northamptonshire ICB - Bariatric Support Income is to support bariatric discharges from hospital.

NHS Pulmonary Rehab Agreement - Child Spirometry is funding to support child spirometry.

The West Northamptonshire Council Discharge Pilot is funding to support hospital discharges in the West Northamptonshire area.

The West Northamptonshire Council - Carer Recognition Payments is Covid related funding to enable carers to look after people post hospital discharge in the West Northamptonshire area.

The West Northamptonshire Council - Integrated Better Care Fund Dementia Pathway is funding to support work on the dementia pathway.

NHFT Personalisation Work Hypertension and CHD is ICAN related funding around hypertension and coronary health disease.

Voluntary Impact Northamptonshire - National Lottery Community Fund - Health Equality is funding to support carers looking after those at the end of life and also to support former carers.

Transfers between funds

The transfer from the Property fund to the General fund represents insurance proceeds that were in excess of costs.

The transfer from the Carers Music Fund to the General fund represents expenditure relating to the Carers Music Fund in 2020 that was misallocated to the General Fund.

The transfer from the General Fund to National Lottery Fund is due to an overspend on the restricted fund.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

17. MOVEMENT IN FUNDS - continued

Transfers between funds - continued

The transfer from the Hardship Fund to the General Fund represents expenditure in the prior year that relates to the Hardship Fund income but was allocated to the General Fund in last years accounts.

18. RELATED PARTY DISCLOSURES

During the year, Nicola Best, who is the wife of Christopher Best, a Trustee of Northamptonshire Carers, received remuneration under employment contract of £17,444 (2022: £14,527).

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £15,219 (2022: £14,425).

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	105,641	114,011
Gift aid	1,066	97
Legacies	<u>280,301</u>	<u>-</u>
	387,008	114,108
Investment income		
Rents received	3,203	4,361
Deposit account interest	<u>1,067</u>	<u>267</u>
	4,270	4,628
Charitable activities		
Grants and contract income	3,745,970	3,434,760
Other income		
Insurance proceeds	<u>1,403</u>	<u>-</u>
Total incoming resources	4,138,651	3,553,496
EXPENDITURE		
Raising donations and legacies		
Sundries	104	211
Charitable activities		
Wages	2,140,803	1,592,552
Social security	170,299	115,986
Pensions	91,236	71,656
Carers support costs	839,960	718,278
Holiday lodge costs	6,347	8,114
Business development and bid writing	56,508	39,112
Travel	85,426	26,489
Volunteers' expenses	5,633	6,273
Training & conferences	15,992	9,705
Direct payments	147,451	139,108
Freehold property	<u>7,499</u>	<u>7,499</u>
	3,567,154	2,734,772
Support costs		
Management		
Wages	152,539	123,981
Carried forward	152,539	123,981

This page does not form part of the statutory financial statements

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Management		
Brought forward	152,539	123,981
Social security	13,359	9,856
Pensions	7,876	6,968
Rent, rates and water	52,712	15,756
Insurance	12,729	10,747
Light and heat	3,586	3,058
Telephone	25,446	27,534
Postage and stationery	20,745	19,666
Advertising	6,622	1,524
Sundries	7,690	4,804
Office equipment	4,465	1,205
Cleaning	7,349	6,810
Repairs and servicing	11,469	138,438
Legal fees, bookkeeping etc.	4,990	12,020
Other professional fees	17,180	22,103
HR support	13,292	4,956
Depreciation of tangible and heritage assets	<u>26,974</u>	<u>22,190</u>
	389,023	431,616
Finance		
Bank charges	711	806
Information technology		
Computer costs and IT support	67,881	60,919
Governance costs		
Auditors' remuneration	8,712	7,920
Auditors' remuneration for non audit work	<u>17,345</u>	<u>16,446</u>
	<u>26,057</u>	<u>24,366</u>
Total resources expended	<u>4,050,930</u>	<u>3,252,690</u>
Net income	<u><u>87,721</u></u>	<u><u>300,806</u></u>

This page does not form part of the statutory financial statements

NORTHAMPTONSHIRE CARERS

LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2023

Advanced Access
Amazon Smile
Avery UK
Barclaycard
Carers Trust
Caring Homes Group Ltd
Combined Property Service
Co-op Community Fund
Corby Lottery
Curtis Thompson Parcels of Joy
Desborough CDT
E Yates
Evelyn McCarthy
Faraway Children's Charity
Fortitude Financial Planning
Greencore
Kettering and Wellingborough NFU
Learn2Drive Northants
Local Giving
Local Lotto
Long Buckby Surgery
Mental Health Northants Collaboration
Mother's Union
NHS Northamptonshire ICB
North Northamptonshire Council
Northampton Hospital NHS Trust
Northampton Lottery
Northamptonshire Better Health Outcomes
Not so dusty group
P Inns
Pemberton Lodge
SE Wilkinson & Co
Stainless Solutions Ltd
Studio 8 Embroidery
The Wilson Foundation
Voluntary Impact Northamptonshire
Waitrose
West Northamptonshire Council
Wollaston Health and Wellbeing Group

Plus, many more individual donations both cheques and online from sponsors and supporters too numerous to mention individually.

Accounts

REGISTERED COMPANY NUMBER: 03328459 (England and Wales)
REGISTERED CHARITY NUMBER: 1061417

NORTHAMPTONSHIRE CARERS
REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

NORTHAMPTONSHIRE CARERS

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NORTHAMPTONSHIRE CARERS

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES	Miss N Lovell (resigned 19/10/21) P Douglas Dr P Inns Miss N Scott Miss R Hawkins (resigned 11/8/21) Mrs E Yates Mrs S G Jones Mr C Best Mrs J Hilton G Brogden (appointed 28/4/21) R Velji Shah (appointed 18/5/21) P Stiling (appointed 18/5/21) (resigned 14/9/21)
REGISTERED OFFICE	The Ann Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
REGISTERED COMPANY NUMBER	03328459 (England and Wales)
REGISTERED CHARITY NUMBER	1061417
AUDITORS	DNG Dove Naish LLP, Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
BANKERS	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
CHIEF EXECUTIVE OFFICER	Mark Major
CHIEF OPERATING OFFICER	Gwyn Roberts

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

INTRODUCTION

When writing this section for the Annual Report I was struck by a number of key themes that underpin our work in what has been another highly successful year for Northamptonshire Carers. Those themes are;

- Growth and Diversification and Key services
- Workforce
- Carers Needs
- Diversity and Inclusion
- Partnerships and Integrated services

In terms of Growth and Diversification and Key services I suppose the year is summed up from the perspective of more services for people than ever before. However, within that it is worth highlighting the following;

- Increased work from our Carers Support Line and Carers Assessment Teams
- High referrals to both Adult and Young Carers services
- New Social Prescribing work
- Work on the Integrated Care across Northamptonshire Transformation Programme focusing on Multi-Disciplinary Team Membership at Primary Care Network locality levels, Dementia Hubs and Community Asset Group approaches for Long Term Health conditions, Breathing Space for COPD, Pumped up for coronary heart disease and groups for Dementia and Diabetes.

We have also as well as the above received new funding to support Mental Health and Dementia Carers providing Carers breaks and education. We have also seen growth via our Regulated Care overnight service and via our hospital discharge work which is being recognized nationally. Our Young Carers service also continues to flourish and develop. Our network of Carers support Groups, Cafes, specialist groups and music and leisure groups also continue to do splendid work, receive great feedback, and be well attended.

In terms of workforce, we are blessed with an ever-growing team of Staff, Volunteers, Peer Supporters - the quality of these teams is what enables us to be able to do all that we do. One thing that was wonderful this year was to be able to present long service awards to our Staff and Volunteers and Trustees who have been with us on our journey. It was very humbling to see the number of years people have been with the Organisation and the huge contribution they have made and most importantly the difference that has made to Carers. We have grown from small beginnings to now be a large local Charity and much of that is down to our excellent team.

Carers needs are always the starting point for the work we do and the best thing as we emerge from the challenges and sadness of the Pandemic has been to see so many of you as we have moved back fully to face to face and group work. We will continue to prioritize work around what Carers needs are and are pleased this year to have won new funding and allocated additional resources to Carers breaks, our Support Line and Group work with Carers. We are also acutely aware of the strains on Carers own health and wellbeing and the financial challenges they face in these difficult times.

As part of our work on the new Carers strategy for Northamptonshire via the Carers Partnership we have conducted a large survey around Carers needs and issues and will link this also into our own service planning and delivery.

The particularly important theme of Diversity and Inclusion has been a real focus for us this year. The Organisation signed up to the Big Promise and much work has and is going on around this with the Organisation being cited as a good practice model. We have also via funding from Carers Trust been working on our Action for Carers Project in terms of identifying and working with hard-to-reach groups of Carers; we want to ensure that Northamptonshire is accessible to all who need us.

You can view our Big Promise here <https://www.northamptonshire-carers.org/the-big-promise>

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Partnerships and collaboration are key areas moving forward, and the Organisation is highly active in a number of key areas: -

- The new Integrated Care System for Northamptonshire
- The ICAN transformation Programme
- The Carers Partnership
- The Mental Health Collaborative
- The Voluntary sector Assembly

We also continue as we have been for all of our existence to be a network member of Carers Trust and thank them for their continued excellent support.

In finishing I would like to congratulate our Regulated Care Service for achieving a rating of Good from the Care Quality Commission, the highest rating that could be achieved on a first inspection. Also, a huge thank you to our key funders, The Clinical Commissioning Group, West and North Northamptonshire Councils, The Children's Trust, Carers Trust, Northamptonshire Health Foundation Trust, The Mental Health Collaborative, The Margaret Giffin Foundation, The National Lottery and Children in Need and the Northamptonshire Community Foundation as well as all the individuals who donated to us.

A thank you also to my fellow Trustees for their continued commitment and hard work for the Organisation.

Please take some time to look at the statistical and Outcomes report that follows that highlights the work of the Organisation.

Wishing you and yours all the very best.

Sally Jones
Chairman

OBJECTIVES AND ACTIVITIES

Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

THE YEAR IN NUMBERS Achievements and Performance

Carers Registered	15264
New Carers Registered	4266
Ethnic Minority Carers	12.6%

Groups/Activities/On-line Sessions Attendance

Carers Support Groups/Dementia Groups	3375
Choir	1655
Dementia Choir	2047
Carers Cafes	1655
Breathing Space	1765
Carers Music Activities	347
Community Companions hours	1221

Support Calls/Contacts/Sessions

Peer Support/1-2-1 Calls	1473
Befriending	1185
Breathing Space	627

Social Media

Facebook Friends	3395
Twitter followers	1869
Instagram followers	916

Website Usage

Visitors to Website	33570
Page Views	136776

Welfare Rights Generated Income	£431,885
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NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

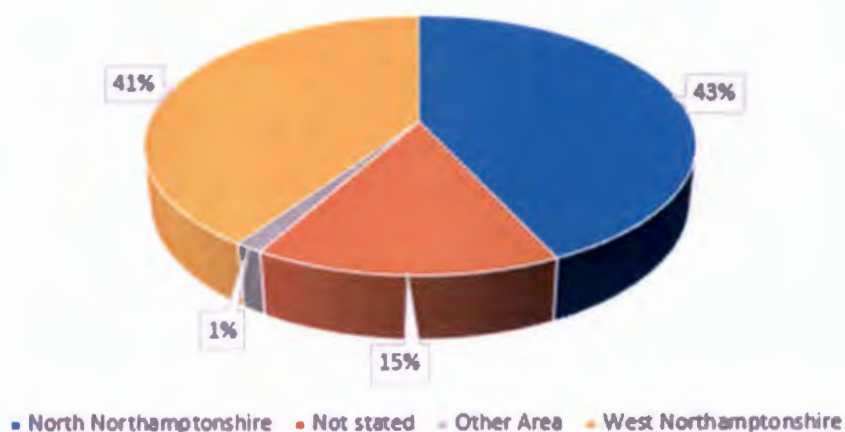
Carers Key Statistics

Carer Contacts	55092
Carers Assessments	3856
Emailed Newsletters	83631
Carer Friendly Employers	6
Investors in GP Surgeries	44

Young Carers Service

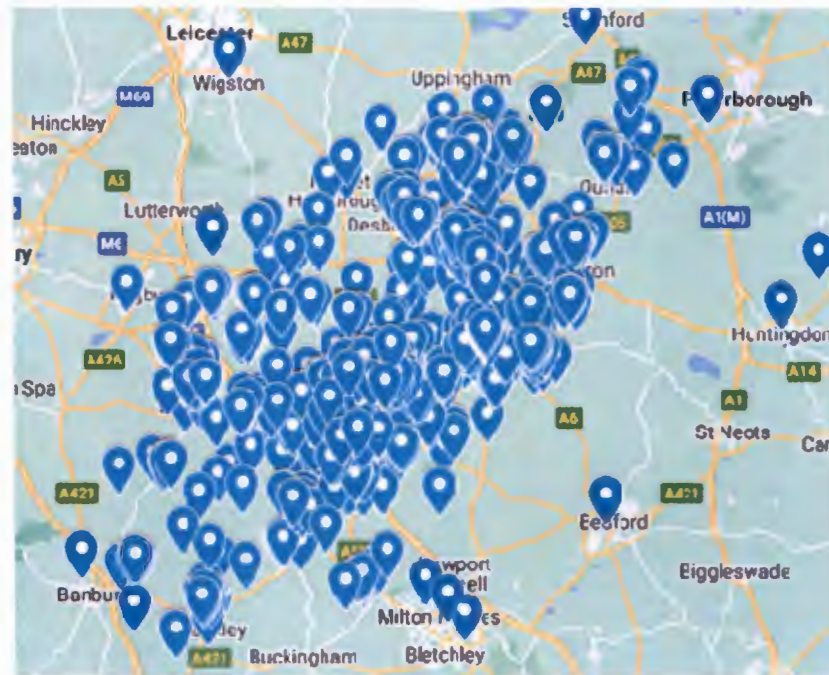
Numbers registered	1284
Support/Contacts	37642
New Referrals	362
Waiting List	72
Facebook Friends	1356
Twitter Followers	22 (new account)
Instagram Followers	1077
Activities/Groups	1347
Support Planning	244
Ethnicity	19.05%

Carers Supported by Area 2021/2

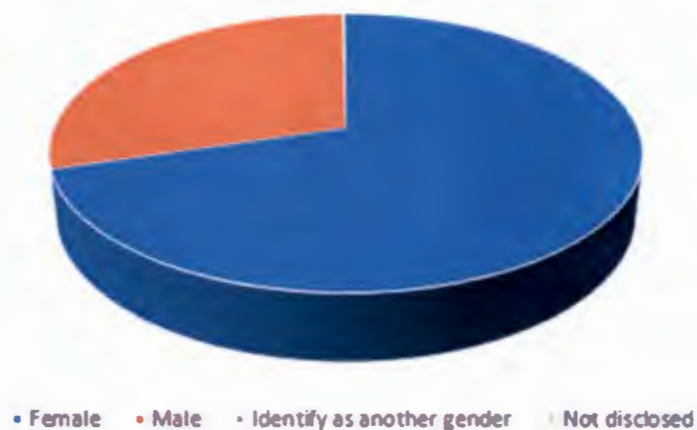


NORTHAMPTONSHIRE CARERS

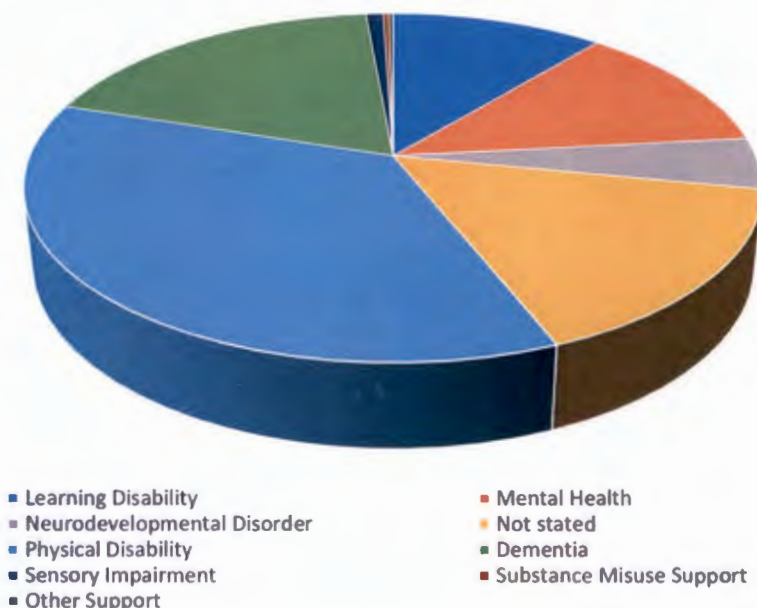
REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022



Carers by Gender 2021/22



Cared-for Disability 2021-22



Mission Statement and Values

Our Mission Statement

Northamptonshire Carers exists to make a positive change to Carers lives. To do this we will reach out to, value and champion all Carers and those they look after.

Our Values (the ethos through which we will achieve Our Mission)

Carer-led: We will hear and value Carer's voices and involve them in all aspects of Northamptonshire Carers

Inclusive: We will have brave conversations to promote equality, inclusion and diversity and adhere to a zero tolerance of discrimination in all its forms

Collaborative: We will work in partnership with all people, communities and organisations

Innovative: We will establish our own direction and boldly go where no one has been before

Championing: We will influence Health and Social Care planning and strategy

Responsive: We will provide the right services and support at the right time

Teamwork: We will work together to achieve the best outcomes for people

Caring: We will support the wellbeing of the people using the service and our staff and volunteers

Accountable: we will use our resources responsibly and in line with our cause

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Northamptonshire Carers Annual Outcomes 2021 Organisational Impact Statement

Carers of all ages across diverse communities in Northamptonshire trust by being connected to Northamptonshire Carers they will be welcomed and listened to, supported and connected to other Carers. Carers will experience improvements in knowledge, confidence, wellbeing, their quality of life, be less isolated and more able to continue their caring role.

Northamptonshire Carer's Theory of Change was co-produced by a working group of stakeholders consisting of Adult and Young Carers, former Carers, Northamptonshire Carers workers and Trustees from diverse communities in Northamptonshire.

Outcomes achieved 2021

The table below shows outcomes achieved throughout 2021:

Outcomes	2021
% of carers registered with the service who felt listened to and felt that their assessment was appropriate	95%
% of carers registered with the service that felt they were given good information and advice about caring for someone	83%
% of carers registered with the service that have a plan in place to help with coping for the future	57%
% of carers registered with the service that have said they have friendships and contact with others that they are happy with	52%
% of carers registered with the service that feel more confident about accessing other services and support networks	66%
% of carers registered with the service that feel more confident about accessing health and social care and the benefits system	59%
% of carers registered with the service that felt their wellbeing has been maintained or improved	59%

Due to the effects of the pandemic Carers are presenting with higher levels of need and told us about the following difficulties and fears for the future.

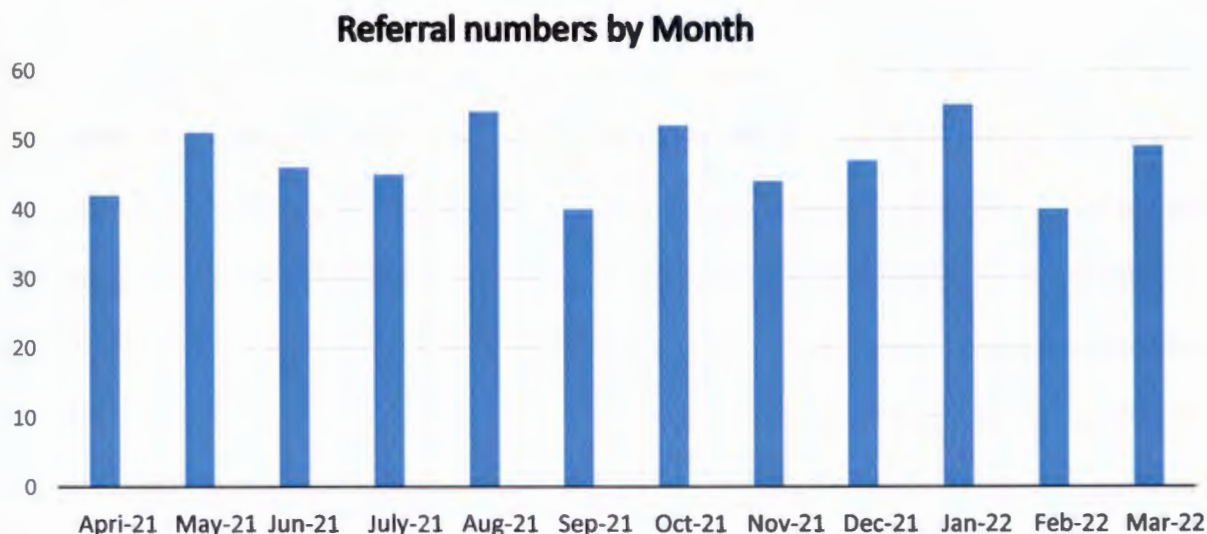
Carers reported the effects of barriers within Health and Social Care systems as a significant support need. 'I would say that my support needs are related to stress and anger over trying to get the right support (for the cared for persons)...trying to get both parents and authorities to listen... the pandemic has not helped this situation.' Carers also cited fears for what would happen in the future as a support need '....feelings of inadequacy, fears for the future as we are parents in our 70s.' Carers also viewed not being able to take a break as a support need 'Just need respite' and 'I need someone to come in and befriend my mother to allow me to get out of the house.'

Carers cited Northamptonshire Carers as a key source of support that was easy to access but expressed frustration and burn out around having to fight for services and support for the cared for person. 'Getting medical care feels like a constant fight' and 'very easy with Northamptonshire Carers. All others it's a hell of a fight.' and '...just seem to go on waiting lists but never get to the top' and 'Social care has been a particular challenge, mostly due to the pandemic... lately due to availability of carers.'

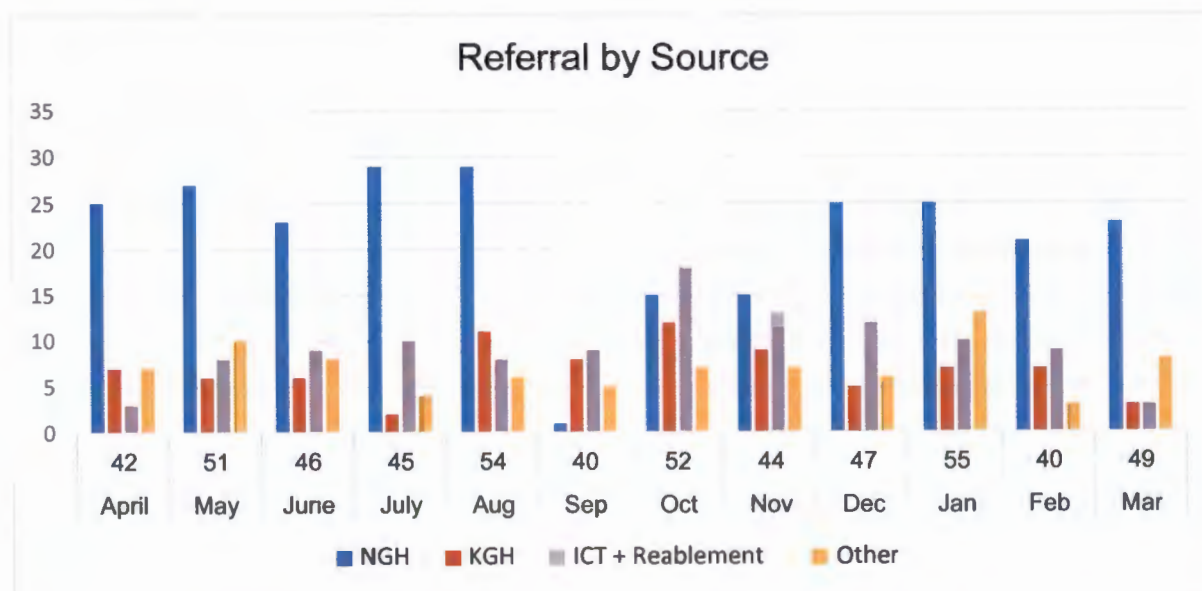
Finally, Carers told us that 'knowing that the cared for person is safe' is their main priority, but their feedback also shows that they are struggling to achieve this more than ever before.

Overnight care 12-month report

Number of referrals per month:



We have had a total of 565 referrals in this 12-month period completed. A further 96 have either been refused as not appropriate or cancelled. The numbers of referrals against delivery are very similar. This is due to the way referrals are taken and capacity is informed daily. During the past 12 months, the figures have remained quite stable and returned quickly to pre-pandemic levels and above.



NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

NGH and KGH are the two acute hospitals and NGH has the most referrals. ICT and the reablement teams are usually the next highest referrals due to the links with daytime hospital discharges and often they undertake the first assessment at home. The referrals in this area have changed due to recent changes in the referral responsibilities.

Others – these referrals come from across the county from GPs, EMAS, Adult social care and voluntary sector providers or professionals. Many of these referrals are identified as having a family carer in place and there has been a breakdown in the dynamics of the situation such as the carer being admitted to hospital and the cared for needing some short intervention.

Many carers are struggling with their caring roles due to the level of care provision and patient needs. This has also been noticed by the care staff providing the delivery.

Numbers of nights of delivery:

We have had available in this period 1,820 nights based on 52 weeks. We have delivered 1,851 nights.

Despite the difficulties and ability to deliver the service in this past 12 months the service has remained consistent.

The average service delivery over the 12 months per patient is 3.2 nights.

Covid 19 impacts

We are continuing to work to tight constraints with full PPE use, infections monitoring and risk assessing each patient for the safety of the patient and their loved ones and our staff.

Our diligence has proven that we have had a very low level of infection across the past 2 years by following guidance and allowing staff to use equipment in a manner they feel is safe. Care staff still prefer to use masks and infections controls moving forwards.

The use of the PPE portal and free vaccines has been invaluable to the service.

Patient feedback for the 12-month period

Providing feedback on this type of service is quite difficult due to the nature of the service and short provision. This can be measured in beds saved and hospital prevention but by the patient this is usually verbal comments as below.

The questions asked:

1. Did the service meet your needs and expectations?
2. Have you returned to hospital since your discharge?
3. What tasks were you supported with?
4. Do you have a family carer?
5. Is your carer registered with Northamptonshire Carers?

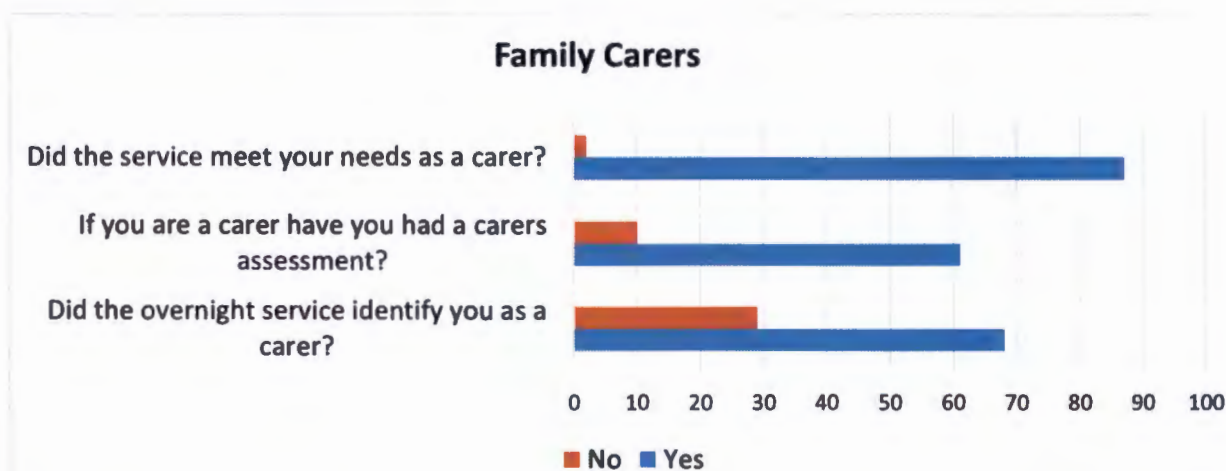
All have reported their satisfaction (Appendix 1) with the service using words such as 'Professional', 'above and beyond', 'caring', 'punctual', and 'provided information'.

Unpaid family carers

97 carers have been identified.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022



Of the 565 patients' referrals we found that of those patients and their families 97 were carers which is 17.16%. This is an increase of 3 % on our last report

Some patients have a family Carer at home that have not been identified and referrals still come across with no carer identified even though they are. We will refer onwards and link Carers to the wrap around services for support. On the third question where a No was identified this is because these carers are already registered prior to the service delivery

Many family members do not wish to be recognised as a Carer but take the contact information for the future

Verbal Feedback responses:

1. "They were lovely staff and went above and beyond"
2. "Fantastic service"
3. "Thank you for your support I hope to be able to stay at home now"
4. "Good service"
5. "Donna was such a lovely lady lovely to be able to chat"
6. "Yes, I felt so much better when they were here"
7. "The two ladies were great, and it was like having a friend about the house"
8. "Great service professional staff"
9. "Really good idea I felt much better after a few nights good sleep"
10. "Wonderful service and lovely staff so polite and helpful"
11. "Fab service thanks"
12. "Staff were professional and helpful"
13. "What a change bright and cheerful Alfred was happy. Lovely to chat to"
14. "Great staff and service arrived right on time and introduced himself"
15. "Really good service, as a carer I couldn't have asked for more. Slept so well"
16. "Great"
17. "I don't know where we would have been without Louisa such a lovely lady and knew what she was doing Thank you"
18. "Lovely staff so helpful"

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Day service Report

Day time Report

The daytime service is provided to Carers free of charge for a short period of time. The service is delivered with an initial home visit assessment followed by 6 weeks of care delivery to support the carer.

Most of the service are delivered in 2 hours' time scales with flexibility built in for Carers needs and events

The care provided can be variable depending on the needs of the cared for and their Carers.

After a six-week period the Carer can offer a donation and we will endeavour to provide additional service above the free period.

Some Carers wish to continue and offer donations for extra weeks the income from this over a 7-month period in 2021 to 2022 is £4,550

Delivery:

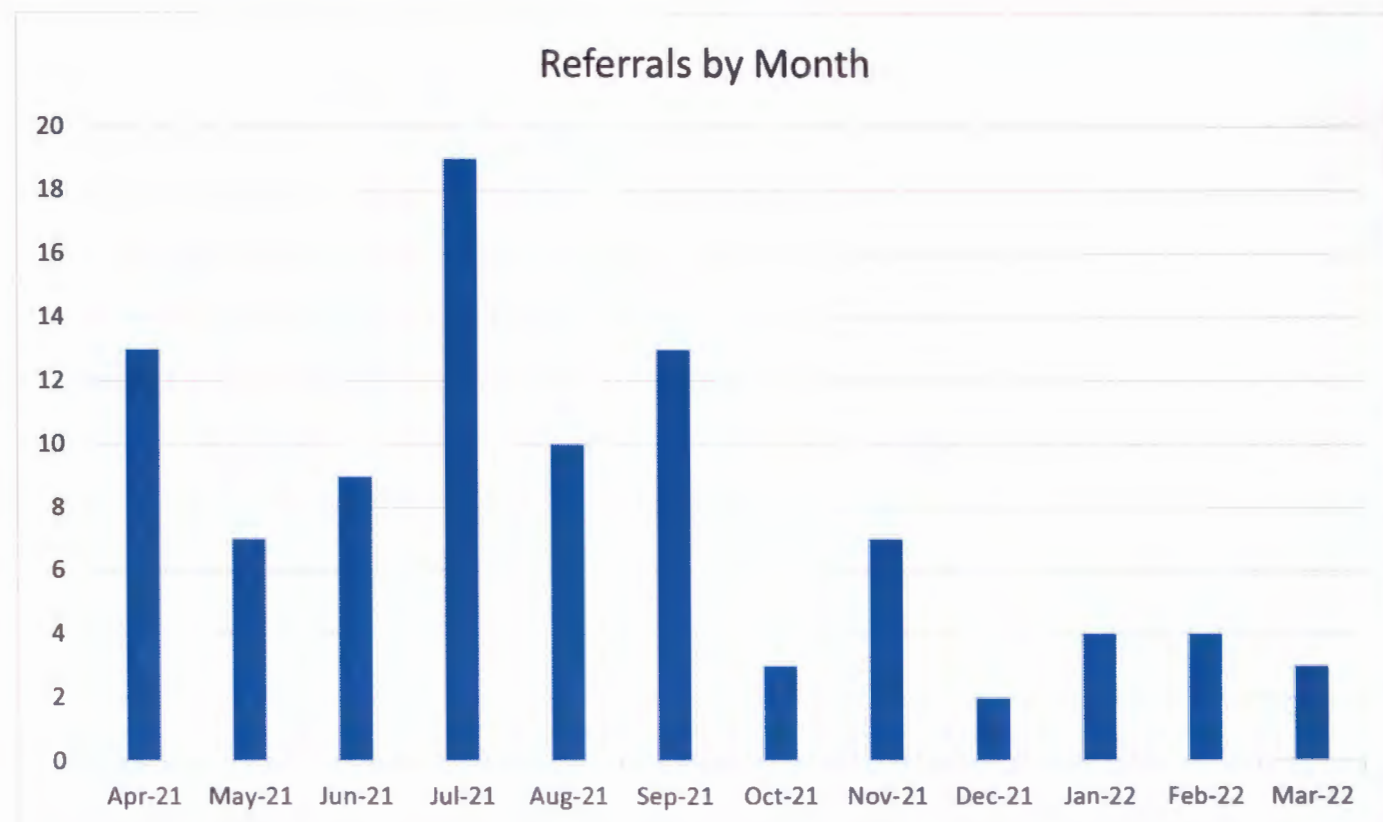
What have we delivered?

1,268 Hours of care (Taking in mind cancellations for Covid 19)

72 Carers Supported

577 visits

68 Referrals of carers were referred through our internal resources and staff only 4 coming through external resources such as Adult social care or other community hubs

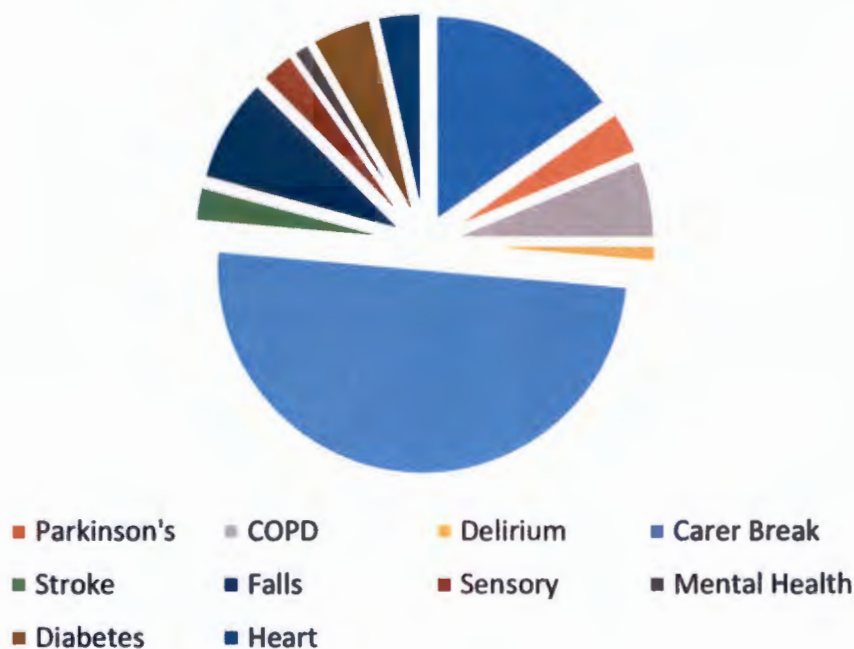


NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Referral Reasons:

All referrals for the day service were for Carers Breaks as the primary reason but for the cared for the primary care needs were varied with Dementia taking up the largest proportion of support needs with falls and COPD following closely behind.



Feedback:

The service has received numerous verbal compliments about the services but especially about the staff, Yvette, Sally and Sylwia who have settled into their roles and have gone above and beyond to support Carers.

The thanks and donations for on-going service are reflective of the support Carers have had and how they say thank you to the staff.

Example:

Yvette recently went above and beyond when a Carer was due to go into hospital for surgery. Yvette arranged for his wife to go into a placement whilst he was unable to care for his wife. Yvette sourced the placement, spoke to social workers, GP's and the placement itself so they knew her husband was having surgery, then on the day the Carer went into hospital she took the lady to her placement and made sure she was unpacked and settled in. Yvette then made sure her colleagues had all the contact details so they would be able to go over, should it be needed, before going on leave herself.

NORTHAMPTONSHIRE CARERS

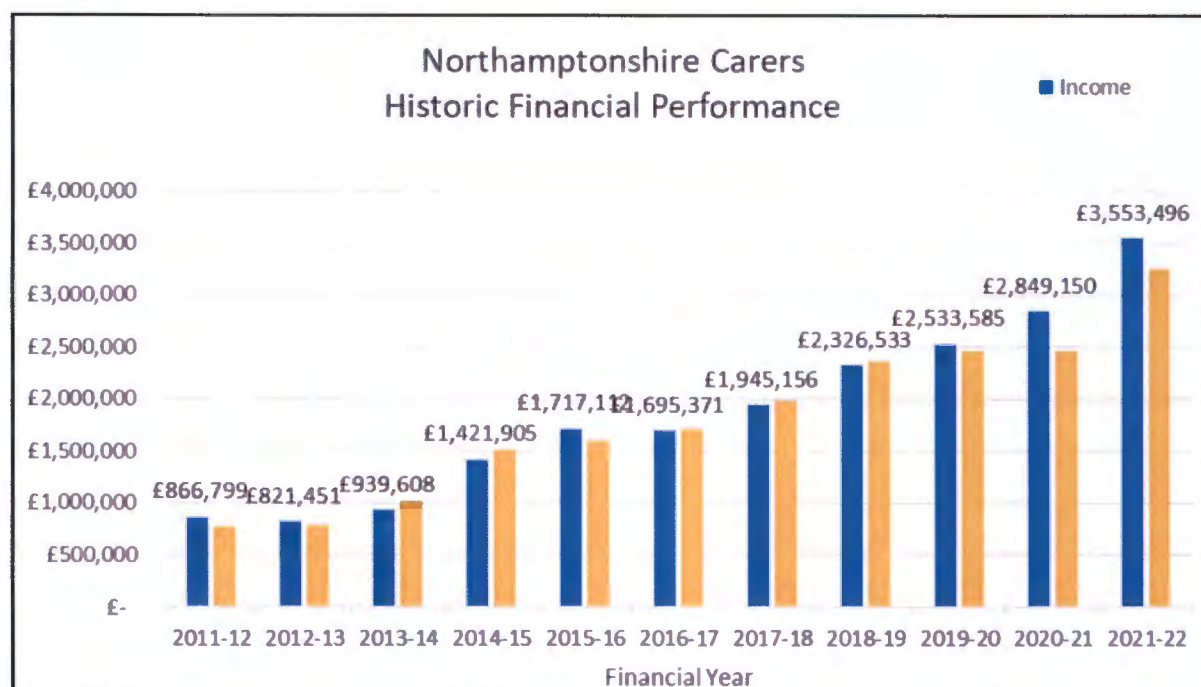
REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW

Financial position

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2022 the charity made a surplus of £300,806 in relation to gross income of £3,553,496 (2021: £387,199 surplus on gross income of £2,849,150). Income had increased by 24.7% in 2021/22 compared to 12.5% in 2020/21. This is a substantial increase in the level of income, quite remarkable given the backdrop of COVID which has badly affected the income of so many charities, and is continuing the positive trend for surpluses commenced in 2020. While our income has risen strongly, this is matched by the increase in the size of the organisation during 2021-22 and the number of carers we are assisting, and our costs have increased accordingly (hence the reduction year on year in our surplus). However, it is worth noting that our carry-forward figure continues to increase, providing considerable robustness in our budgeting going forward. The following two graphs show how our finances and staffing has changed over the last 10 years.



One characteristic of the organisation's income prior to this financial year (which has continued into the current financial year and is expected to be a feature of our income in years to come) is that we receive substantial grant funding paid into our accounts at the end of the year to cover expenditure during the following year – this has the rather unwanted effect of artificially increasing our current assets and thus our carry forward figure in the reported financial year, while at the same time increasing expenditure unmatched by income in the following financial year. This increases the difficulty of monitoring and reviewing surpluses in our monthly management accounting.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

In last year's Annual Report we stated that our challenge for the next few years is to maintain growth without compromising the quality of what we deliver. As we expected, our costs have risen, not just for the direct delivery of services but also in the support areas which are essential for the smooth running of the organisation.

We stated in 2020-21 that our goals were to:

- Continue our growth in services to carers
- Continue to actively and successfully manage our costs
- Maintain at least three months of operational reserves
- Continue to deliver a more modest surplus each year

These goals continue to be achieved, and much credit is due to the staff and volunteers who continue to make this possible.

At 31 March 2022 the charity has reserves of £1,234,724 of which £520,868 is held on restricted funds, and £280,580 represents the book value of the charity's freehold office in Wellingborough.

Reserves policy

The Trustees policy, in line with Charity Commission guidance is to create and maintain a level of free (i.e. readily realisable) reserves sufficient to allow the organisation to operate for a minimum of three months without income. This level was achieved and will continue to be kept under review and recalculated when necessary. Note that as the levels of income and expenditure increase, the level of reserves required to achieve our reserve target also increases.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association, which were most recently reviewed and updated in early 2022. In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

Organisational Structure

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

Decision making

The major funders may nominate up to 3 trustees, but these shall be non-voting members. The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

Induction and training of new trustees

An induction is prepared and delivered when a Trustee commences their role.

This includes background on the organisation and its services, the role of the volunteer, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the volunteer role.

There is a trial period of 3 months to give the organisation and the volunteer time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Volunteer may terminate the agreement, preferably by mutual consent.

Key management remuneration

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

NORTHAMPTONSHIRE CARERS

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk assessment

The Trustees do not believe there are any substantial risks beyond those liabilities disclosed in the Annual Report and Accounts. However, the programme of public sector spending cuts and resultant reductions in statutory funding to third sector organisations will continue to impact on the third sector, Carers and service users, both from the point of view of our delivery of services and also in increasing the need for those services. While the impact of COVID-19 is easing, this has caused changes in our working practices and the delivery of services, however the public sector funding picture is now cloudier than ever and economic pressures are now the greatest area of risk for the organisation.

Our key risks going forward are therefore:

- Inflation – affecting our costs and the financial situation of carers
- Public sector funding – given post-COVID debt and interest rates, there is going to be even more pressure to reduce funding to help carers
- Recruitment and achievement of target led expenditure

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

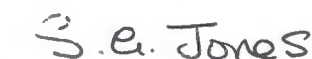
In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, DNG Dove Naish LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 18/10/2022..... and signed on its behalf by:


.....
Mrs S G Jones - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Opinion

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of income. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
NORTHAMPTONSHIRE CARERS**

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DNG Dove Naish LLP

DNG Dove Naish LLP, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 24 October 2022

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	46,745	67,363	114,108	87,600
Charitable activities					
Charitable activities		2,097,261	1,337,499	3,434,760	2,596,861
Investment income	3	4,628	-	4,628	1,486
Other income		-	-	-	163,203
Total		<u>2,148,634</u>	<u>1,404,862</u>	<u>3,553,496</u>	<u>2,849,150</u>
EXPENDITURE ON					
Raising funds	5	211	-	211	577
Charitable activities					
Charitable activities	6	<u>2,276,594</u>	<u>975,885</u>	<u>3,252,479</u>	<u>2,461,374</u>
Total		<u>2,276,805</u>	<u>975,885</u>	<u>3,252,690</u>	<u>2,461,951</u>
NET INCOME/(EXPENDITURE)		(128,171)	428,977	300,806	387,199
Transfers between funds	18	<u>57,132</u>	<u>(57,132)</u>	-	-
Net movement in funds		(71,039)	371,845	300,806	387,199
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>784,897</u>	<u>149,021</u>	<u>933,918</u>	<u>546,719</u>
TOTAL FUNDS CARRIED FORWARD		<u>713,858</u>	<u>520,866</u>	<u>1,234,724</u>	<u>933,918</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

**STATEMENT OF FINANCIAL POSITION
31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	13	398,473	-	398,473	381,625
CURRENT ASSETS					
Debtors	14	72,767	18,323	91,090	92,484
Cash at bank		<u>443,048</u>	<u>519,602</u>	<u>962,650</u>	<u>628,853</u>
		515,815	537,925	1,053,740	721,337
CREDITORS					
Amounts falling due within one year	15	(200,430)	(17,059)	(217,489)	(169,044)
NET CURRENT ASSETS		<u>315,385</u>	<u>520,866</u>	<u>836,251</u>	<u>552,293</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>713,858</u>	<u>520,866</u>	<u>1,234,724</u>	<u>933,918</u>
NET ASSETS		<u>713,858</u>	<u>520,866</u>	<u>1,234,724</u>	<u>933,918</u>
FUNDS	18				
Unrestricted funds				713,858	784,897
Restricted funds				<u>520,866</u>	<u>149,021</u>
TOTAL FUNDS				<u>1,234,724</u>	<u>933,918</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 18/10/22 and were signed on its behalf by:

S. G. Jones
S G Jones - Trustee

NORTHAMPTONSHIRE CARERS

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	363,008	346,633
Interest paid		<u>-</u>	<u>(2,969)</u>
Net cash provided by operating activities		<u>363,008</u>	<u>343,664</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(46,537)	(25,920)
Sale of tangible fixed assets		-	821
Interest received		<u>267</u>	<u>336</u>
Net cash used in investing activities		<u>(46,270)</u>	<u>(24,763)</u>
Cash flows from financing activities			
Loan repayments in year		<u>-</u>	<u>(140,505)</u>
Net cash provided by/(used in) financing activities		<u>-</u>	<u>(140,505)</u>
Change in cash and cash equivalents in the reporting period		316,738	178,396
Cash and cash equivalents at the beginning of the reporting period	2	<u>628,853</u>	<u>450,457</u>
Cash and cash equivalents at the end of the reporting period	2	<u>945,591</u>	<u>628,853</u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

NOTES TO THE STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2022

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net income for the reporting period (as per the Statement of Financial Activities)	300,806	387,199
Adjustments for:		
Depreciation charges	29,689	21,318
Profit on disposal of fixed assets	-	(17)
Interest received	(267)	(336)
Interest paid	-	2,969
Decrease/(increase) in debtors	1,394	(75,633)
Increase in creditors	<u>31,386</u>	<u>11,133</u>
Net cash provided by operations	<u><u>363,008</u></u>	<u><u>346,633</u></u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2022 £	2021 £
Notice deposits (less than 3 months)	962,650	628,853
Overdrafts included in bank loans and overdrafts falling due within one year	<u>(17,059)</u>	<u>-</u>
Total cash and cash equivalents	<u><u>945,591</u></u>	<u><u>628,853</u></u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21 £	Cash flow £	At 31/3/22 £
Net cash			
Cash at bank	628,853	333,797	962,650
Bank overdrafts	<u>-</u>	<u>(17,059)</u>	<u>(17,059)</u>
	<u>628,853</u>	<u>316,738</u>	<u>945,591</u>
Total	<u><u>628,853</u></u>	<u><u>316,738</u></u>	<u><u>945,591</u></u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Statutory information

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

Significant Judgements and Estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Holiday Lodges	- 10% on cost
Computer equipment	- 25% on reducing balance

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	114,011	87,406
Gift aid	97	194
	<u>114,108</u>	<u>87,600</u>

3. INVESTMENT INCOME

	2022	2021
	£	£
Rents received	4,361	1,150
Deposit account interest	267	336
	<u>4,628</u>	<u>1,486</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2022	2021
		£	£
Grants and contract income	Charitable activities	<u>3,434,760</u>	<u>2,596,861</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
NCC Lot Funding	648,900	648,900
NHS Lot Funding	894,670	913,670
Nene CCG Dementia Care	417,552	417,552
Carers Trust	54,756	54,013
Margaret Giffen Charitable Trust	28,142	-
BBC Children in Need	9,164	45,448
Constance Travis Trust	4,000	3,000
Spirit of 2012	39,097	95,994
John Salmons Legacy Fund	2,550	-
Northampton General Hospital	71,500	8,918
NCC- Young Carer	120,000	120,000
Northamptonshire County Council- COVID19	12,333	60,049
NHS Trust	49,613	16,538
ICAN	442,684	-
West Northamptonshire Council	12,500	-
Big Lottery Fund	134,656	113,046
Masonic Charitable Foundation	14,334	-
Global Giving	3,644	-
Disability Inclusive Sports Club	8,116	-
Northamptonshire Better Health Outcomes	101,878	-
NHS Northamptonshire CCG	309,500	-
Mental Health Northants	55,171	-
Commsortia	-	15,554
Northamptonshire Community Foundation	-	8,121
Postcode Lottery	-	1,200
Wellingborough County Council	-	13,283
	<u>3,434,760</u>	<u>2,535,286</u>
Carried forward	3,434,760	2,535,286

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2022 £	2021 £
Brought forward	3,434,760	2,535,286
Northamptonshire Sport	-	575
NCC Age Well	-	4,500
North Northamptonshire Council	-	25,000
The Kirby Laing Foundation	-	10,000
3 Helping Hands	-	1,500
NHS Northamptonshire Clinical Commissioning Group	-	20,000
	<u>3,434,760</u>	<u>2,596,861</u>

5. RAISING FUNDS

Raising donations and legacies

	2022 £	2021 £
Sundries	<u>211</u>	<u>577</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>2,734,772</u>	<u>517,707</u>	<u>3,252,479</u>

7. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>431,616</u>	<u>806</u>	<u>60,919</u>	<u>24,366</u>	<u>517,707</u>

Support costs, included in the above, are as follows:

Management

	2022 Charitable activities £	2021 Total activities £
Wages	123,981	118,200
Social security	9,856	9,366
Pensions	6,968	6,676
Rent, rates and water	15,756	1,364
Insurance	10,747	12,537
Light and heat	3,058	2,914
Telephone	27,534	24,064
Postage and stationery	19,666	18,569
Advertising	1,524	3,675
Sundries	<u>4,804</u>	<u>5,190</u>
Carried forward	223,894	202,555

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

7. SUPPORT COSTS - continued

Management - continued

	2022 Charitable activities £	2021 Total activities £
Brought forward	223,894	202,555
Office equipment	1,205	2,717
Cleaning	6,810	4,122
Repairs and servicing	138,438	4,073
Legal fees, bookkeeping etc.	12,020	10,241
Other professional fees	22,103	11,951
HR support	4,956	3,168
Depreciation of tangible and heritage assets	22,190	13,818
Loss on sale of tangible fixed assets	-	(17)
	<u>431,616</u>	<u>252,628</u>

Finance

	2022 Charitable activities £	2021 Total activities £
Bank charges	806	510
Bank loan interest	-	<u>2,969</u>
	<u>806</u>	<u>3,479</u>

Information technology

	2022 Charitable activities £	2021 Total activities £
Computer costs and IT support	<u>60,919</u>	<u>46,773</u>

Governance costs

	2022 Charitable activities £	2021 Total activities £
Auditors' remuneration	7,920	7,560
Auditors' remuneration for non audit work	<u>16,446</u>	<u>16,848</u>
	<u>24,366</u>	<u>24,408</u>

NORTHAMPTONSHIRE CARERS**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022****8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	29,689	21,318
Surplus on disposal of fixed assets	-	(17)

9. AUDITORS' REMUNERATION

	2022	2021
	£	£
Fees payable to the charity's auditors for the audit of the charity's financial statements	7,920	7,560
Auditors' remuneration for non audit work	16,446	16,848

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

Expenses of £94 (2021: nil) were reimbursed to two trustees (2021: nil) in the financial year. These were paid to reimburse travel expenses incurred by the trustees.

11. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	1,716,535	1,369,437
Social security costs	125,840	97,017
Other pension costs	78,624	69,116
	<u>1,920,999</u>	<u>1,535,570</u>

During the year, employees received benefits in kind totalling £8,938 (2021: £5,840).

The average monthly number of employees during the year was as follows:

	2022	2021
Carers support and administration	96	75

No employees received remuneration in excess of £60,000.

The key management personnel are the trustees and the Chief Executive. The salaries paid to key management personnel in the year amounted to £54,423.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	87,600	-	87,600
Charitable activities			
Charitable activities	2,158,376	438,485	2,596,861
Investment income	1,486	-	1,486
Other income	163,203	-	163,203
Total	<u>2,410,665</u>	<u>438,485</u>	<u>2,849,150</u>
EXPENDITURE ON			
Raising funds	577	-	577
Charitable activities			
Charitable activities	<u>2,030,897</u>	<u>430,477</u>	<u>2,461,374</u>
Total	<u>2,031,474</u>	<u>430,477</u>	<u>2,461,951</u>
NET INCOME	379,191	8,008	387,199
Transfers between funds	<u>4,585</u>	<u>(4,585)</u>	-
Net movement in funds	383,776	3,423	387,199
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>401,121</u>	<u>145,598</u>	<u>546,719</u>
TOTAL FUNDS CARRIED FORWARD	<u>784,897</u>	<u>149,021</u>	<u>933,918</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

13. TANGIBLE FIXED ASSETS

	Freehold property £	Holiday Lodges £	Computer equipment £	Totals £
COST				
At 1 April 2021	333,855	74,995	46,527	455,377
Additions	-	-	46,537	46,537
At 31 March 2022	<u>333,855</u>	<u>74,995</u>	<u>93,064</u>	<u>501,914</u>
DEPRECIATION				
At 1 April 2021	46,598	16,500	10,654	73,752
Charge for year	<u>6,677</u>	<u>7,499</u>	<u>15,513</u>	<u>29,689</u>
At 31 March 2022	<u>53,275</u>	<u>23,999</u>	<u>26,167</u>	<u>103,441</u>
NET BOOK VALUE				
At 31 March 2022	<u>280,580</u>	<u>50,996</u>	<u>66,897</u>	<u>398,473</u>
At 31 March 2021	<u>287,257</u>	<u>58,495</u>	<u>35,873</u>	<u>381,625</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Trade debtors	58,016	84,963
Other debtors	1,308	471
Prepayments	<u>31,766</u>	<u>7,050</u>
	<u>91,090</u>	<u>92,484</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Bank loans and overdrafts (see note 16)	17,059	-
Trade creditors	73,381	46,067
Social security and other taxes	32,968	25,990
Other creditors	10,494	8,758
Accruals	25,572	31,183
Deferred income	<u>58,015</u>	<u>57,046</u>
	<u>217,489</u>	<u>169,044</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2021	57,046
Amount released to incoming resources	(57,046)
Amount deferred in year	<u>58,015</u>
Balance as at 31 March 2022	<u>58,015</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

16. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank overdrafts	<u>17,059</u>	<u>-</u>

The bank overdrafts are not actual bank overdrafts but computed balances within the funds, due to unrestricted cash funds being used to support restricted funds waiting on debtor balances to be paid.

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2022 £	2021 £
Within one year	<u>-</u>	<u>3,639</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2022**

18. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	621,694	(6,830)	57,132	671,996
Property fund	<u>163,203</u>	<u>(121,341)</u>	<u>-</u>	<u>41,862</u>
	784,897	(128,171)	57,132	713,858
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
Hardship Fund	-	16,398	(16,398)	-
National Lottery	28,505	(28,530)	25	-
Children in Need	1,270	(1,270)	-	-
Carers Music Fund	41,179	-	(41,179)	-
Children in Need Sibling support	-	(11)	11	-
John Salmons Legacy Fund	-	1,275	-	1,275
Northamptonshire Community Foundation	2,500	(2,500)	-	-
Carers Trust- Young Carers	12	(12)	-	-
Staff Wellbeing	2,000	(2,397)	397	-
Suede Respite Fund	5,000	(5,000)	-	-
NHS Befriending Project	19,000	(19,000)	-	-
ICAN fund	-	89,191	-	89,191
Planning for Tomorrow	-	2,947	-	2,947
Masonic Charitable Foundation	-	12,162	-	12,162
Carers Respite Support and Development	-	4,662	-	4,662
Disability Inclusive Sports Club	-	5,995	-	5,995
Making Carers Count	-	8,263	-	8,263
CCG Surge	-	231,950	-	231,950
NHS Pulmonary Rehabilitation Pathway	-	72,000	-	72,000
Desborough Trust	-	(12)	12	-
Natonal Lottery - Caring Together	-	33,692	-	33,692
Margaret Giffen	<u>-</u>	<u>9,174</u>	<u>-</u>	<u>9,174</u>
	<u>149,021</u>	<u>428,977</u>	<u>(57,132)</u>	<u>520,866</u>
TOTAL FUNDS	<u>933,918</u>	<u>300,806</u>	<u>-</u>	<u>1,234,724</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2022**

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,148,633	(2,155,463)	(6,830)
Property fund	-	(121,341)	(121,341)
	2,148,633	(2,276,804)	(128,171)
Restricted funds			
Hardship Fund	66,560	(50,162)	16,398
National Lottery	-	(28,530)	(28,530)
Children in Need	-	(1,270)	(1,270)
Carers Music Fund	39,098	(39,098)	-
Children in Need Sibling support	9,164	(9,175)	(11)
Carers Trust- Carers Grants	425	(425)	-
John Salmons Legacy Fund	2,550	(1,275)	1,275
Northamptonshire Community Foundation	-	(2,500)	(2,500)
Northampton General Hospital	71,500	(71,500)	-
Carers Trust- Young Carers	-	(12)	(12)
NCC- Infection Control	6,229	(6,229)	-
NHS- Long COVID-19	49,613	(49,613)	-
Staff Wellbeing	-	(2,397)	(2,397)
Suede Respite Fund	-	(5,000)	(5,000)
NHS Befriending Project	-	(19,000)	(19,000)
ICAN fund	442,686	(353,495)	89,191
Planning for Tomorrow	6,001	(3,054)	2,947
Masonic Charitable Foundation	14,334	(2,172)	12,162
Carers Respite Support and Development	14,991	(10,329)	4,662
Disability Inclusive Sports Club	8,116	(2,121)	5,995
Time for me	12,500	(12,500)	-
Making Carers Count	20,839	(12,576)	8,263
Social Prescribing	101,879	(101,879)	-
Dementia Community Asset	4,000	(4,000)	-
CCG Surge	237,500	(5,550)	231,950
NHS Pulmonary Rehabilitation Pathway	72,000	-	72,000
NHS Rapid Testing	906	(906)	-
NHS COVID-19 Support	5,198	(5,198)	-
Mental Health Northants	55,176	(55,176)	-
Desborough Trust	300	(312)	(12)
National Lottery - Caring Together	134,656	(100,964)	33,692
Margaret Giffen	28,142	(18,968)	9,174
Faraways Children's Trust	500	(500)	-
	1,404,863	(975,886)	428,977
TOTAL FUNDS	3,553,496	(3,252,690)	300,806

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2022**

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	401,121	215,988	4,585	621,694
Property fund	-	<u>163,203</u>	-	<u>163,203</u>
	401,121	379,191	4,585	784,897
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
National Lottery	29,656	(1,151)	-	28,505
Children in Need	-	1,270	-	1,270
Carers Trust	8,297	(8,297)	-	-
Community Foundation	3,241	(3,241)	-	-
Carers Music Fund	38,690	2,489	-	41,179
Children in Need Sibling support	1,552	(1,552)	-	-
Northants Police & Crime				
Commissioner	6,640	(6,640)	-	-
Rank Grant	2,967	(2,967)	-	-
John Salmons Legacy Fund	5,000	(5,000)	-	-
Northamptonshire Community				
Foundation	-	2,500	-	2,500
Connecting Carers Services				
Collaboration	-	1,361	(1,361)	-
Direct Carers Connections	-	912	(912)	-
Carers Trust- Young Carers	-	12	-	12
Staff Wellbeing	-	2,000	-	2,000
Suede Respite Fund	-	5,000	-	5,000
NHS Befriending Project	-	19,000	-	19,000
Carers Trust Dementia Work	-	<u>2,312</u>	<u>(2,312)</u>	-
	<u>145,598</u>	<u>8,008</u>	<u>(4,585)</u>	<u>149,021</u>
TOTAL FUNDS	<u>546,719</u>	<u>387,199</u>	<u>-</u>	<u>933,918</u>

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued **FOR THE YEAR ENDED 31 MARCH 2022**

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,247,462	(2,031,474)	215,988
Property fund	163,203	-	163,203
	<u>2,410,665</u>	<u>(2,031,474)</u>	<u>379,191</u>
Restricted funds			
National Lottery	113,046	(114,197)	(1,151)
Children in Need	36,345	(35,075)	1,270
Carers Trust	3,121	(11,418)	(8,297)
Community Foundation	-	(3,241)	(3,241)
Carers Music Fund	93,994	(91,505)	2,489
Children in Need Sibling support	9,103	(10,655)	(1,552)
Carers Trust- Carers Grants	500	(500)	-
Age-Well fund	4,500	(4,500)	-
Northants Police & Crime Commissioner	-	(6,640)	(6,640)
My Mental Health	3,250	(3,250)	-
Rank Grant	-	(2,967)	(2,967)
John Salmons Legacy Fund	-	(5,000)	(5,000)
Wellingborough Council	13,283	(13,283)	-
Northamptonshire Sport	575	(575)	-
Northamptonshire Community Foundation	3,000	(500)	2,500
Northampton General Hospital	8,918	(8,918)	-
Connecting Carers Services Collaboration	14,977	(13,616)	1,361
Thinking Well	10,000	(10,000)	-
Direct Carers Connections	9,977	(9,065)	912
Carers Trust- Young Carers	3,000	(2,988)	12
NCC- Infection Control	1,049	(1,049)	-
NHS- Long COVID-19	16,538	(16,538)	-
Staff Wellbeing	2,000	-	2,000
3 Helping Hands	1,500	(1,500)	-
NHS-HEP	20,000	(20,000)	-
Suede Respite Fund	5,000	-	5,000
NCC- Dementia Pathway	25,000	(25,000)	-
NHS Befriending Project	19,000	-	19,000
Carers Trust Dementia Work	20,809	(18,497)	2,312
	<u>438,485</u>	<u>(430,477)</u>	<u>8,008</u>
TOTAL FUNDS	<u>2,849,150</u>	<u>(2,461,951)</u>	<u>387,199</u>

The Fixed Asset Holiday Lodge fund is represented by holiday lodges which were purchased during 2011.

The National Lottery fund is to establish a network of volunteer Carer Champions across the county who are trained to be a point of contact for carers within local communities. To establish ongoing and one off social activities for carers.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2022

18. MOVEMENT IN FUNDS - continued

The Children in Need fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The Community Foundation fund is to carry out the Young Carer Ambassador Programme.

The Carers Trust fund is to provide information to older carers of someone with dementia about end of life care. To do so in a group setting with the aim of establishing self-sustaining support groups beyond the life of the grant.

The Carers Music fund is to provide music related activities to female carers.

The Children in Need Sibling Support fund is to provide sibling carers support for young carers aged 5-18 across Northamptonshire.

The Age-Well fund is to provide services to carers aged over 65.

The Northants Police & Crime Commissioner fund is to raise awareness of crime and fraud with the elderly in Wellingborough.

The My Mental Health fund is to raise awareness through activities for mental health for young and young adult carers aged 5-24.

The Rank Grant fund is to be used in line with the work carried out with local GP surgeries.

The John Salmons Legacy fund last year was to be used to co-ordinate activities specifically designed for elderly carers whilst finding suitable options for the person they care-for so the carer can have a break. This year's fund is a contribution towards sports activities for parent carers in Towcester area. Grant facilitated by Northamptonshire Community Foundation.

The Wellingborough Council fund is to be used for short breaks for older carers and personal care component for the cared-for person.

The Northamptonshire Sport fund is to be used for running bespoke group sessions for carers.

The Northamptonshire Community Foundation fund is to be used for the carers advocacy project.

The Northamptonshire General Hospital fund is to be used for patients discharged from NGH.

The Connecting Carers Services Collaboration fund is to be used in reducing carer social isolation and increase resources to tackle carer loneliness.

The Thinking Well fund is to be used to support people living with Dementia and their carers.

The Direct Carers Connections fund is to be used for the Direct Carers Connections project.

The Carers Trust- Young Carers fund is to be used on young carers, half for carers aged under 16 and the remaining half for young carers over 16 years old.

The NCC- Infection control grant is to be used on limiting the spread of COVID-19 within the charity.

The NHS-Long COVID 19 fund is to be used to support patients who suffer from long COVID.

The Staff Wellbeing fund is to be used to support and maintain the wellbeing of the staff at Northamptonshire Carers.

The 3 Helping Hands fund is to be used for the specific carer support project.

18. MOVEMENT IN FUNDS - continued

The NHS-HEP fund is to be used to promote the awareness, and ultimately the take-up of Annual Health Checks (AHCs), amongst People with learning disabilities and People from BAME communities who have learning disabilities.

The Suede Respite Fund is to be used to provide music to carers.

The NCC- Dementia Pathway fund is to be used to support the dementia pathway project.

The NHS Befriending Project fund is to be used for the befriending volunteer project.

The Carers Trust Dementia work fund is to be used for the befriending project.

The Property Fund relates to insurance proceeds to be spent on the repair of the charity's freehold property following flood damage.

The National Lottery - Caring Together fund is to be used for the coordination and delivery of group activities for the adult carers and volunteer Carers Champion programme.

The Margaret Giffen fund is to be used for a young carer worker covering Kettering and Corby.

The Hardship fund relates to a Personal Health Budget/Direct payment third party agreement for an individual with complex needs. Northamptonshire Carers support this via agreements with the ICB and Children's Trust, administering this as a third-party organisation in line with NHS/LA guidance and also providing the Carers Assessments as part of this.

The Northampton General Hospital funding is for the hospital discharge and Carers support service at NGH, costs are for staff team salaries and expenses.

The ICAN funding is to support work on the ICAN transformation programme within the ICS, funding is for salaries re coordination, MDT members at PCN level, LTHC Community asset group staff and costs, work on the Dementia pathway, People advisory Group and sub-contracting with SERVE re countywide befriending service.

The Planning for tomorrow fund is a Carers Trust grant providing one-to-one and group support for former carers following a bereavement.

The Masonic Charitable fund is for wellbeing workshop groups for young carers.

The CRSDF fund is the Carers Trust Carers Respite Support Development Fund. Enabled piloting innovative ways of providing individualised respite including a sports activity club, country part walks and trips for parent carers.

The Disability inclusive sports club fund was a donation from the Disc charity in south Northants to run and provide a disabled sports group in that area.

The Time for Me fund is made up of individual grants issued to adult and young carers to provide a break from caring.

The Making Carers Count fund is a Carers Trust Equality and Diversity project aiming to increase the reach with black and Asian communities of carers.

The Social Prescribing funding is to support our role as a locality provider in the SPRING Social prescribing services in Northamptonshire with our area being Wellingborough.

18. MOVEMENT IN FUNDS - continued

The Dementia Community asset funding is from a local Trust to support the provision of groups and support for those with Dementia and their Carers in Northamptonshire (Kirby Laing Foundation).

The CCG Surge funding is NHS system pressures funding to support hospital discharge in the county, the funding covers care costs, staff at the Hospital, and funding to aid discharge such as Transport, cleaning and decluttering, equipment, house adaptations etc.

The NHS Pulmonary Rehab funding is working in partnership with local NHS and leisure centre providers to redesign the Pulmonary Rehabilitation (PR) pathway. PR is an exercise course for patients with lung conditions such as COPD. This money paid for NHS triage of patients, upskilling of fitness professionals to deliver the course and leisure centre staffing costs.

The Mental Health Northants is funding from the MHNC via NHS pandemic recovery monies to support Carers respite and breaks and psychoeducation. Funding is around regulated care breaks, sitting services and information and training sessions for Carers.

The NHS Rapid testing is for COVID-19 tests.

The NHS COVID-19 support is for regulated care staff COVID-19 support.

The Desborough Trust is for a trip.

Transfers between funds

The transfer from the Carers Music Fund to the General fund represents expenditure relating to the Carers Music Fund in 2020 that was misallocated to the General Fund.

The transfer from the General Fund to National Lottery Fund is due to an overspend on the restricted fund.

The transfer from the Hardship Fund to the General Fund represents expenditure in the prior year that relates to the Hardship Fund income but was allocated to the General Fund in last years accounts.

19. RELATED PARTY DISCLOSURES

During the year, Nicola Best, who is the wife of Christopher Best, a Trustee of Northamptonshire Carers, received remuneration under employment contract of £14,527 (2021: £14,350).

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £14,425 (2021: £13,033).

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	114,011	87,406
Gift aid	97	194
	<u>114,108</u>	<u>87,600</u>
Investment income		
Rents received	4,361	1,150
Deposit account interest	267	336
	<u>4,628</u>	<u>1,486</u>
Charitable activities		
Grants and contract income	3,434,760	2,596,861
Other income		
Insurance proceeds	-	163,203
Total incoming resources	<u>3,553,496</u>	<u>2,849,150</u>
EXPENDITURE		
Raising donations and legacies		
Sundries	211	577
Charitable activities		
Wages	1,592,552	1,251,500
Social security	115,986	87,651
Pensions	71,656	62,440
Carers support costs	718,278	536,167
Holiday lodge costs	8,114	4,101
Business development and bid writing	39,112	34,088
Travel	26,489	9,003
Volunteers' expenses	6,273	2,018
Training & conferences	9,705	3,091
Direct payments	139,108	135,479
Overnight care expenses	-	1,048
Freehold property	7,499	7,500
	<u>2,734,772</u>	<u>2,134,086</u>
Support costs		
Management		
Wages	123,981	118,200
Social security	9,856	9,366
Pensions	6,968	6,676
Carried forward	140,805	134,242

This page does not form part of the statutory financial statements

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Management		
Brought forward	140,805	134,242
Rent, rates and water	15,756	1,364
Insurance	10,747	12,537
Light and heat	3,058	2,914
Telephone	27,534	24,064
Postage and stationery	19,666	18,569
Advertising	1,524	3,675
Sundries	4,804	5,190
Office equipment	1,205	2,717
Cleaning	6,810	4,122
Repairs and servicing	138,438	4,073
Legal fees, bookkeeping etc.	12,020	10,241
Other professional fees	22,103	11,951
HR support	4,956	3,168
Depreciation of tangible and heritage assets	22,190	13,818
Loss on sale of tangible fixed assets	-	(17)
	<u>431,616</u>	<u>252,628</u>
Finance		
Bank charges	806	510
Bank loan interest	-	2,969
	<u>806</u>	<u>3,479</u>
Information technology		
Computer costs and IT support	60,919	46,773
Governance costs		
Auditors' remuneration	7,920	7,560
Auditors' remuneration for non audit work	16,446	16,848
	<u>24,366</u>	<u>24,408</u>
Total resources expended	<u>3,252,690</u>	<u>2,461,951</u>
Net income	<u>300,806</u>	<u>387,199</u>

NORTHAMPTONSHIRE CARERS

LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2022

3H Helping Hands
Wellingborough Airways
PCC All Saints
Amazon Europe and Amazon Smile
BBC Children in Need
Benevity Netflix
Carers Trust
Charitable Giving
Colemans
Commonwealth Organisation
Communities Aid Foundation
Co-operative Society
Corby Lottery
Corby Phoenix Rotary Club
Facebook
Go Cardless
Just Giving
Kettering Quakers
Local Giving
Local Lotto
Mothers Union Diocese of Peterborough
Moulton School
Northampton Lottery
Northampton Saints RUFC
Northamptonshire Community Aid Foundation
Northamptonshire County Council
Northamptonshire County Golf Club
Northamptonshire NHS
Northamptonshire Healthcare Foundation Trust
Northwick Trust
Otter Stone Limited
PCC Weston Favell
Rotary Clubs in Northamptonshire
Spirit of 2012
Stripe
The Big Give
The Faraway Children's Society
The Football Association
The National Lottery
The Suede Foundation
Towcester & District Lions Club Charitable Trust
Virgin Money
Waitrose
White Stuff
Wilson Foundation

Plus, many more individual donations both cheques and online from sponsors and supporters too numerous to mention individually.

Accounts

REGISTERED COMPANY NUMBER: 03328459 (England and Wales)
REGISTERED CHARITY NUMBER: 1061417

NORTHAMPTONSHIRE CARERS
REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

NORTHAMPTONSHIRE CARERS

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FOR THE YEAR ENDED 31 MARCH 2021**

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NORTHAMPTONSHIRE CARERS

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2021

TRUSTEES	Mrs A Goodman (deceased 15/2/21) Miss N Lovell P Douglas Dr P Inns Miss N Scott Miss R Hawkins (resigned 11/8/21) Mrs E Yates Mrs S G Jones Mr C Best S Fitzsimmons (appointed 21/7/20) (resigned 16/3/21) Mrs J Hilton (appointed 16/1/21) G Brogden (appointed 28/4/21) R Velji Shah (appointed 18/5/21) P Stiling (appointed 18/5/21) (resigned 14/9/21)
REGISTERED OFFICE	The Anne Goodman Centre for Carers 123 Midland Road Wellingborough Northamptonshire NN8 1LU
REGISTERED COMPANY NUMBER	03328459 (England and Wales)
REGISTERED CHARITY NUMBER	1061417
AUDITORS	DNG Dove Naish LLP, Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
BANKERS	Barclays Bank Plc 267 Wellingborough Road Northampton NN1 5DN
CHIEF EXECUTIVE OFFICER	Mark Major

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

INTRODUCTION

There is of course only one place to start and that is of course the Pandemic and its effects on so many people. Our heartfelt condolences and thoughts go out to all those who lost loved ones during this time. We also have seen the effects on Carers during this period and marvel at the way they have coped during incredibly stressful and difficult times. We are also very proud of our staff and their amazing work and efforts during this period especially the facts that all staff worked throughout the whole period, services were redesigned and delivered in different ways and new approaches taken and valuable things delivered. We sadly saw more people in crisis and increased our provision around the Carers Support Line, welfare calls, befriending and peer support. A revelation for us has been the use of online groups and activities and forums to stay connected which was a fantastic help during those long months. We will learn from this and have it as part of our offer going forward as well as looking forward to the return of more and more face-to-face work and activities. I would especially like at this point to highlight a couple of things, one is the outstanding commitment and bravery of our Regulated Care Team who continued to deliver vital care to people even at the height of the pandemic and also to the fantastic work of staff and kindness of funders and companies in the sourcing of products and goods that went into well over a thousand wellbeing and food parcel boxes for Carers and those they look after. I would also like to thank our Staff and Volunteers who have been supporting the mass vaccination delivery in Northamptonshire and are part of the astounding numbers of vaccines delivered in Northamptonshire.

You will see by the statistics below just how busy things have been and how much has been done across different areas such as Carer Support, Young Carers Services, Groups and Activities, Dementia Support, our Lottery work, the Carers Support Line and Carers Assessments. We also really appreciate the feedback from Carers on the difference that this has made to them.

We were also delighted during the year to receive two awards. Firstly, a Rose of Northamptonshire Award for our Young Carers Service and secondly a highly commended commendation at the Health Service Journal Awards for our Partnership work with NHFT in supporting working Carers. The Organisation was also very proud to achieve the Trusted Charity quality Mark at Level 2.

As well as the wonderful work of our Staff, Volunteers and Peer Supporters I would also like to thank our Trustee Board for their diligence, commitment, and good governance in this most challenging of years. The Organisation also had to deal with a very significant flooding in August. It literally was a case of it never rains but it pours this year! Huge thanks to Chris Best and Sue Denton for their wonderful efforts along with others in getting us back to normal.

We start the new year in great heart having secured new monies to provide new services for Carers and those they look after. Amongst this new work, will be working as a Key Partner Organisation around the Integrated Care across Northamptonshire (known as ICAN) for Frailty and Dementia and we are one of the local delivery Partners for the SPRING model of Social Prescribing and a new National Lottery project to further support Carers as well as other new funding for Young Carers work. We know Carers will need us more than ever going forwards and we are determined to do all we can to help them and those they look after.

Thank you to our funders be they the previous County Council, the new Unitary Councils, the local Clinical Commissioning Group, The National Lottery or Children in Need or Spirit of 2012, and local organisations also like the Community Foundation, and local Rotary Clubs as well as people who have made individual donations. Your support, flexibility and help has been hugely appreciated in this year above all years.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Northamptonshire Carers is committed to providing a comprehensive support service to Carers and Young Carers living in Northamptonshire. We recognise their contribution to society, and all our activities are directed at supporting and empowering Carers in improving their quality life. The range of services offered shows our commitment to delivering public benefit.

Our Organisation is Carer-led, and our developments will be a response to Carers' needs.

OBJECTIVES AND ACTIVITIES

Significant activities

In closing I would like to highlight a few achievements and highlights of the last year, and to look forward to delivering on our new NNC and CCG contracts.

- The work of the Carers Support Line and the increases in Carers supported and the numbers of Carers Assessments
- The numbers of Direct Payments for Carers
- Award winning work supporting Carers and people with COPD
- Our work within the acute hospitals
- Our National Lottery funded Connecting Communities work
- The success of Peer Support
- The work of the Dementia Care Advisory Service
- The Age Well locality service for over 65's in Wellingborough
- The numbers of Carers' breaks delivered including our sitting service
- The work of the Overnight Care Service
- The work of the Daytime Care Service
- The continued success of our Young Carers Service
- Our strong partnership work with other voluntary sector Organisations
- The ever-increasing usage of our website and social media
- Our work with employers and continued work with Primary and secondary Care.
- Witnessing first-hand some of the ways in which Carers have been able to come together, be recognised for what they do and enjoy time out, such as Carers Choir/Carers Support Groups/Cafes/Breaks.

The Young Carers Service is especially indebted to the support of Children in Need, Carers Trust, and several Rotary Groups who have both funded and volunteered their time in providing a diverse programme of events throughout the year. We thank all of those who have given their assistance, no matter how great or small. The Young Carers Service is not just about a team of workers, it is about the care and commitment of others as shown.

Be assured that we will continue to work hard to identify and support those in a caring role and raise awareness of what they do and provide the best set of services possible as we move forward.

I would like to close by also saying that this last year also saw the passing of our founder and former Chairman and President Anne Goodman. Quite simply, without Anne we would not exist as an Organisation or be able to do all that we do. She was quite simply magnificent in all that she did for us, and we will miss her hugely. However, if there was ever a life to celebrate it was Anne's and to that end, we will be renaming our newly refurbished offices as the Anne Goodman Centre for Carers and we hope to see many of you there this year.

Wishing you and yours all the very best.

Sally Jones
Chairman

ACHIEVEMENTS AND PERFORMANCE

Charitable Activities

THE YEAR IN NUMBERS
Achievements and Performance

Carers Registered	14,560 (an increase of 15%)
New Carers Registered	4,785
Ethnic Minority Carers	9%

Groups/Activities/On-line Sessions Attendance	
Carers Support Groups/Dementia Groups	2341
Choir	808
Dementia Choir	623
Carers Cafes	830
Breathing Space	795
Carers Music Fund	1564
Planned Breaks Provision	7135

Wellbeing Boxes/Food Parcels Sourced, packed, and delivered to Carers	Over 1000 delivered
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Support Calls/Contacts/Sessions	
Peer Support	1355
Befriending	1137
Breathing Space	247

Social Media	
Facebook Friends	3018 (increase of 13%)
Twitter Followers	1726 (increase of 13%)
Website Usage	
Visitors to Website	22,497 (increase of 8%)
Page Views	91,754 (increase of 4%)

Welfare Rights Generated Income	£124,670 (Increase of 81%)
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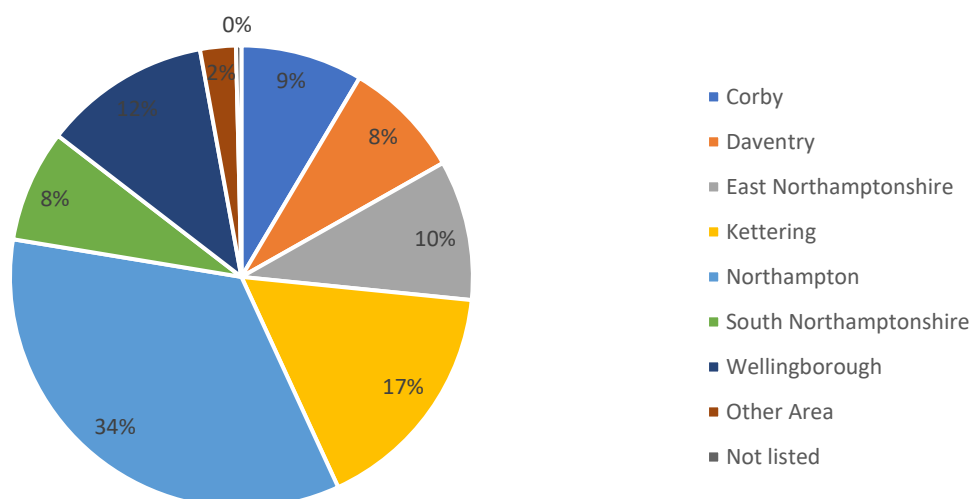
Carers Key Statistics

Carer Contacts	55,684
Carers Assessments	3216
Emailed Newsletters	73,999
Carer Friendly Employers	6
Investors in GP Surgeries	67

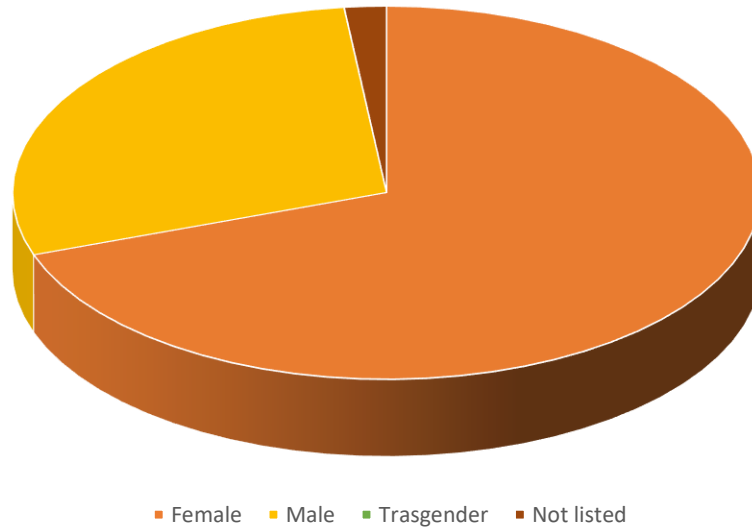
Young Carers Service

Numbers registered	1093 (including Young Adult Carers)
Support/Contacts	26,132
New Referrals	236
Waiting List	27 for initial assessment
Social Media	Instagram – 1,044 followers Facebook – 1,214 followers
Activities/Groups	588
Support Planning	780 units = 588 units plus 192 Covid-19 reviews for families we already support
Ethnicity	14%

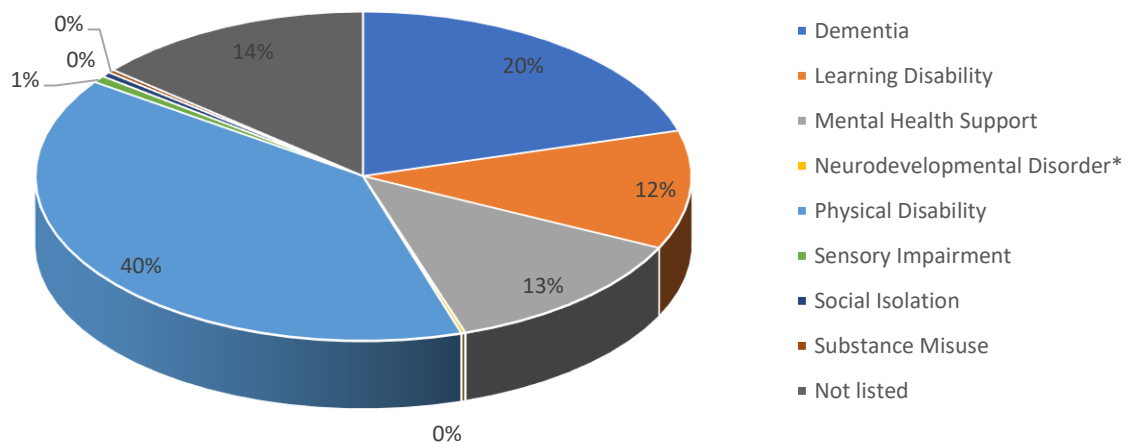
Carers Supported 2020/21 by District



Carers By Gender 2020/21



Cared-for People by Main Disability, 2020/21



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021

Page 7

Outcomes and Impacts 2020

Carers told us the following in relation to the difference services and support from Northamptonshire Carers had made to them during the pandemic year. This information was collected through online surveys throughout 2020 and provides a summary of Carers experience of the service.

Carers say that they are listened to and given good information and guidance by Northamptonshire Carers Team

91% of Carers rated Northamptonshire Carers Workers as very helpful or helpful

96% said that they had been listened to

91% said that they were provided with helpful information and advice

Carers told us: -

'They were able to see when I was really struggling and give me more support.'

'It's nice to speak to someone who understands, they listen to me...especially in a time like this when it's just me, my Mum and four walls.'

'Staff always seem to go out of their way to help, always get back to you when they say they will and keep you informed.'

'They have always listened with patience and kindness. Without their help I do not know how I would have coped.'

'Very experienced and knowledgeable staff have helped with understanding various systems and how to navigate. It would have been difficult without their support.'

Carers mental health and wellbeing is sustained through the contribution of Northamptonshire Carers services and support

86% of Carers told us that their wellbeing had been maintained or improved

75% reported that their quality of life had been maintained or improved

67% reported that the support they had received reduced the risk of 'Carer breakdown'

Carers told us: -

'As soon as I contacted...there was a palpable welcoming, can-do atmosphere (worker name) brought real hope that we can move forward and have a quality of life again, for the first time in several years.'

'It didn't really matter what I asked or just talked they helped and continue to do so. I was completely broken. I am now well on the way to being repaired. Fantastic help.'

'I think that the phone support was essential to my coping, and I don't know what I would have done without it.'

**Northamptonshire Carers adapting and providing support during the pandemic.
Keeping in regular contact with Carers and enabling them to feel connected**

Carers told us: -

'Due to the situation we are in with Covid 19, it has been helpful having (worker name) ring me every week to see how my home situation is and how I am coping on difficult days. I also benefitted by joining several Zoom Groups.'

'All the online activities have been so helpful and enjoyable giving structure to my week.'

'Provided useful information, who I could contact if my situation got worse and who could provide help if I could not care...in an emergency. Various Zoom sessions have been provided to give us contact during lockdown such as choir, exercise, chats, and song writing. They have all help to improve my and (cared for) wellbeing.'

Day service Report January 2021 to 31st June 2021

One of the areas that the Charity has been able to provide is additional support to Carers and those they look after, has been around Daytime Regulated Carer breaks and we thought it would be interesting to include progress in this years' annual report.

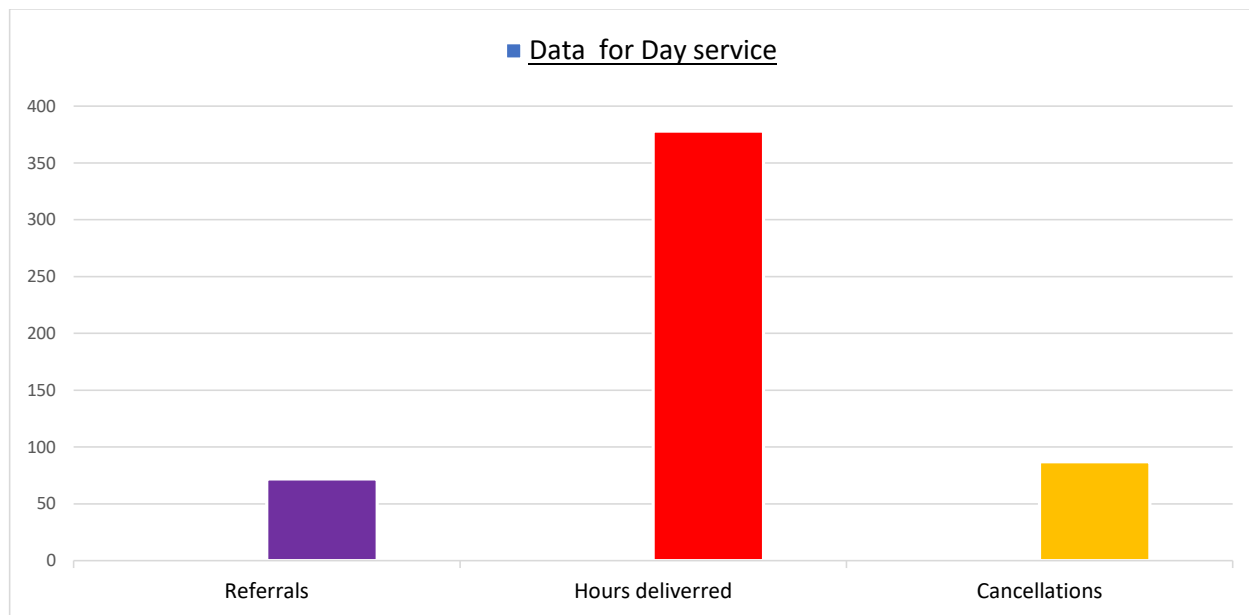
The Daytime Service started in January 2021 with one member of staff increasing to 2 in February. The figures are a reflected of this time only.

The service was a direct response to Carers needs during the Covid-19 Pandemic where Day Service and other support service had been cancelled such as sitting services and outings, gym memberships and groups and cafes.

The service provides 2 hours of support per week for 6 weeks free of charge and can be extended with support of a donation suggested at £10.00 per hour. This does not cover the full cost to deliver the service which would be around the £20.00 mark.

- 72 Referral for the service have been received and 66 have been assessed.
- There are currently 37 Active Carers/Cared for people receiving services.
- We have delivered 378 hours of direct care giving. This does not include the time spent for inductions and staff paperwork.
- We have had cancellations for a variety of reasons including staff sickness, annual leave, and car breakdowns there are usually re booked for alternative dates but are for 22 visits.
- We have had 65 cancellations by Carers for appointments or feeling unwell (Not covid related) and of these approx. 75% are rebooked.
- We have had requests to extend the service from 12 of the Carers supported beyond the 6 weeks.
- Incomes received form donation has been £1370.00 up to 29.06.21.

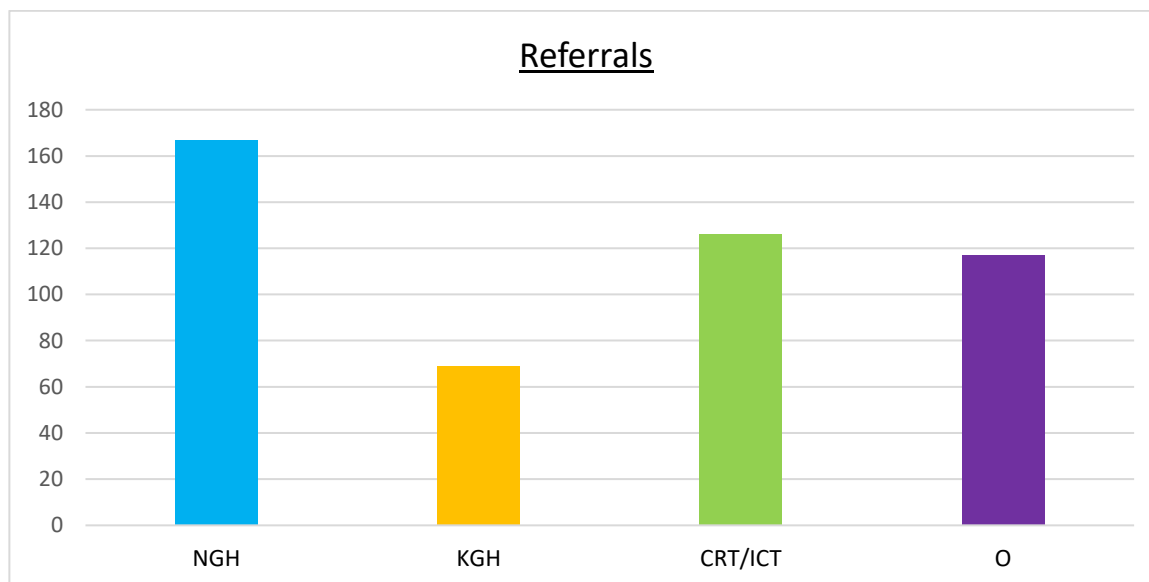
**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**



The cancellations appear high, but this indicates that with only two staff cover is more difficult especially if staff are working towards capacity. If staff numbers increase, then this will reduce proportionally.

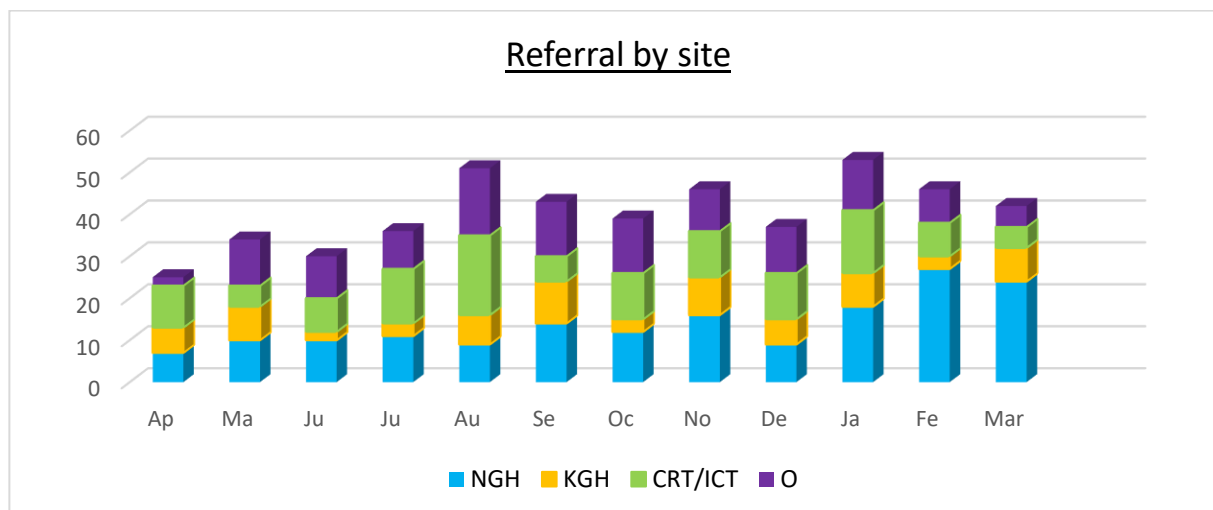
Regulated Care delivery 01.04.20 to 31.03.21
(Jan2020 to Jan 2021)

Number of referrals per month:



We have had a total of 485 referrals in this 12-month period completed. A further 102 have either been refused as not appropriate or cancelled. The numbers of referrals against delivery are very similar. This is due to the way referrals are taken and capacity is informed daily. During the past 12 months this has changed and there is a clear dip of referral in March when the Covid-19 Pandemic first brought the changes within the NHS and the country into lockdown. This slowly recovered with the additional pressures on Carers needing services that they were unable to access, and referrals switched to include more hospital preventions. The chart below shows the steady increase into prevention of hospital admissions from KGH and NGH to CRT/ICT and other contacts such as GP's, community nurses and partners.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**



NGH and KGH are the two acute hospitals, ICT/CRT when a referral comes via either of these partners is because a patient has just recently been or is due to be discharged from one of the acute hospitals. The referrals in this area have changed due to recent changes in the referral responsibilities. CRT would organise and arrange the services and now the hospitals are doing so.

Others – these can be from GP's, EMAS, Other voluntary sector providers or professionals. As you can see this has markedly increased over the period and this is due to the added needs with other services being shut down due to COVID-19. Family carer referrals have increased dramatically because other breaks and day services have been cancelled and carers unable to continue to manage their care of loved one due to exhaustion and their own health needs. Comprehensive the greatest needs are dementia where loved ones do not sleep at night and a carer is unable to manage daytime care and overnight. This includes those discharges from hospital.

Numbers of nights of delivery:

We have had available in this period 1,820 nights based on 1st April 2020 to 31st March 2021. In such a difficult time and with the levels of isolation required for possible contacts we had a total loss in this period of 292 nights. With overtime and shift swaps we still managed to deliver 1,528. This is equal to 18,336 hours of direct care giving. The average service delivery over the 12 months per patient is 3.35 nights. The greatest number of nights lost was within the first three months from initial lockdown when hospital discharges slowed down and the public, Carers and families were more afraid of having someone visit than needing support, until the panic eased and need became greater. Services began to level out and understand what was possible within COVID guidance.

COVID-19 impacts:

Over this period, we have had 292 nights lost or substituted for covering staff in isolation and only one member of staff with a positive test return this has resulted in a very low loss of service right at the beginning of the lockdown in March.

Getting correct PPE at the start was a concern not fitting into the health sector and social care not as high up in the order of need eventually charitable goods filled the gaps especially for masks. Swabs have been our more recent concern as we have not had any from the portal at any time. Concern not being able to access system without escalating despite complaints and of course the cost of additional PPE. Patients discharged with a negative test to be contacted the following day to say a positive result had been returned. Staff have been exemplary in their attitude to their roles despite initial fears and concerns. Working with the team having weekly meetings now relaxed to monthly have provided reassurance. Providing PPE and allowing them to use more than required because of the 12 hours without a break has proved invaluable to make staff feel safer together. The team is now at 10 staff and all but 1 have had both vaccines.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

12-month period: Jan 2020 to Dec 2020

To provide real and transparent feedback we have dip sampled a number of patients each month on the therapeutic values of the service and whether this is of value to patients and their families. Of the 447 patients' referrals completed and delivered 48 have been sampled over the 12month period

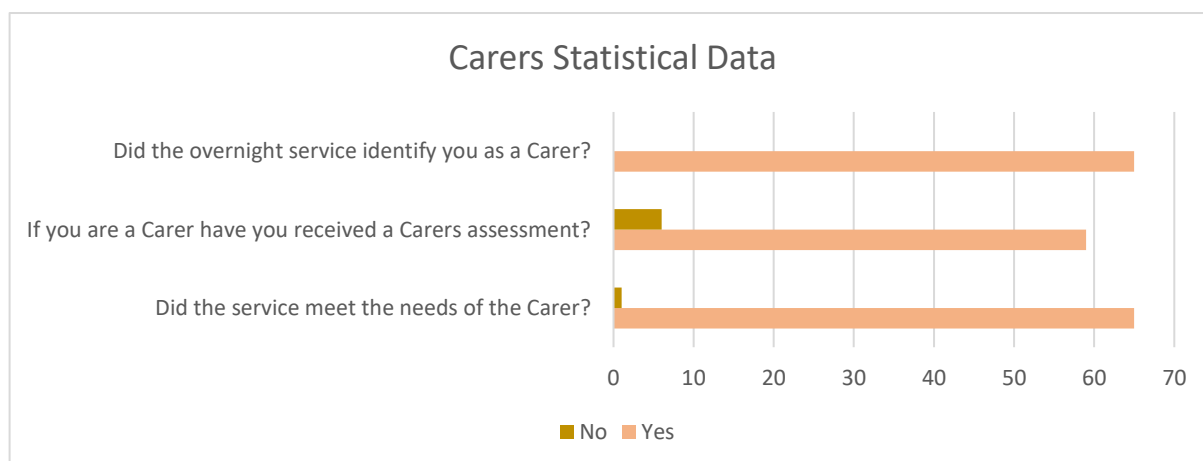
The questions asked:

1. Did the service meet your needs and expectations?
2. Have you returned to hospital since your discharge?
3. What tasks were you supported with?
4. Do you have a family carer?
5. Is your carer registered with Northamptonshire Carers?
6. Do you feel more in control of your own health needs?

All have reported their satisfaction (Appendix 1) with the service using words such as 'Professional', 'above and beyond', 'caring', 'punctual', and 'provided information'.

Unpaid family carers

65 Carers have been identified in this period.

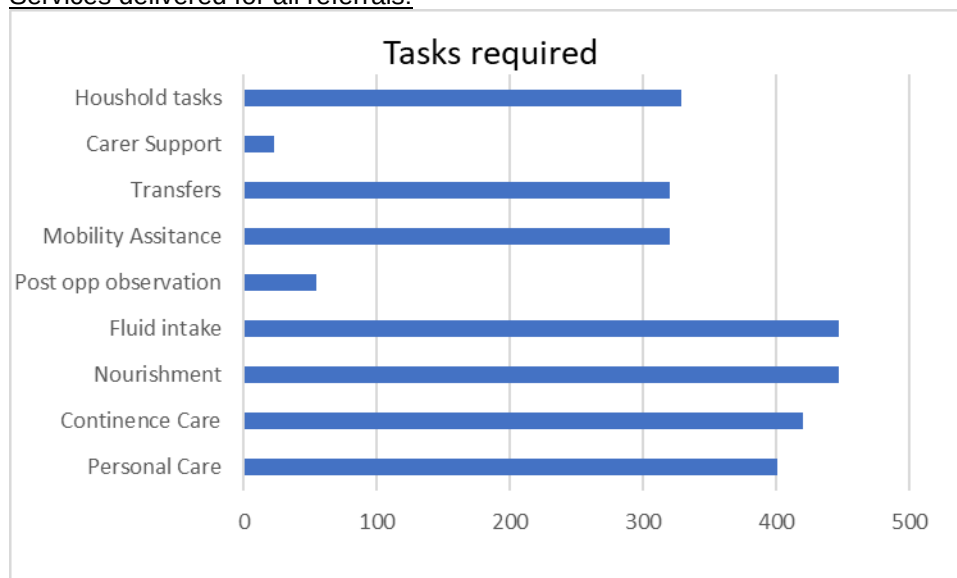


Many referrals received have clearly identified no family Carer is involved despite a family contact being available. This could be that they only recognise themselves as next of kin not a Carer. In many instances on assessment, we found a family carer was involved and as such they have accessed wrap around service from Northamptonshire Carers.

Of the 447 patients' referrals we found that of those patients and their families 65 were carers which is 14.54%. Of those referred access to a wide range of service has been offered as per annex 2 below. Many of those services have been maintained by alternative resources since Covid -19 last March. Groups, cafes, and wellbeing all by zoom meetings including the carers Choirs. Cares Support line has increased capacity to support carers in these difficult times. The sitting service had been halted but a Regulated Care arm in the daytime and befriending put in place to compensate for carers who are struggling to manage.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

Services delivered for all referrals:



The chart identifies the main tasks required at all calls in the sample group

Appendix 1

Verbal Feedback responses:

- 1 "Great service professional staff"
- 3 "They were lovely staff and went above and beyond"
- 4 "Fantastic service"
- 5 "Thank you for your support I hope to be able to stay at home now"
- 6 "Good service"
- 7 "Marian was such a lovely lady lovely to be able to chat to someone too"
- 8 "Yes I felt so much better when they were here"
- 9 "The two ladies were great, and it was like having a friend about the house"
- 10 "Really good idea I felt much better after a few nights good sleep"
- 12 "Wonderful service and lovely staff so polite and helpful"
- 13 "Fab service thank you"
- 14 "staff were professional and helpful"
- 15 "What a change bright and cheerful Alfred was happy. Lovely to chat to"
- 16 "Great staff and service arrived right on time and introduced himself"
- 17 "Really good service, as a carer I couldn't have asked for more. Slept so well"
- 18 "Great"
- 19 "I don't know where we would have been without Donna and Louisa such lovely ladies and knew what they were doing Thank you"
- 20 "Lovely staff so helpful"
- 21 "Great service"
- 22 "I have had to ask for extra nights as my husband is awake all the time and now social services are helping to sort things out for me"
- 23 "I feel so much better now I'm home"
- 24 "can't thank you enough"
- 25 "Thank you for your help"
- 26 "Hazel is a lovely lady helped me settle back home again feel really safe now"
- 27 "really good service"
- 28 "Great"
- 29 "I have used the service before. Just as good the second time around"
- 30 "So good to be in my own home and I hope to stay here"
- 31 "I was tired when I got home, and they settled me in, and I slept so well"
- 32 "Good service thanks"
- 33 "Lovely staff, caring and professional and gave me lots of information"
- 34 "Great service and lovely staff"

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

- 35 "Staff know so much, and I was provided with information for other services to help me"
36 "Thank you for your help"
37 "I would have had to stay in hospital if they hadn't helped me"
38 "Thank you for all your help I really appreciated it"
39 "I would have been home sooner if this damned Covid hadn't got me"
40 "didn't want to stay in hospital you get sick there"
41 "Thank you"
42 "Thanks to Nelson he is so professional, and I just felt safe with him there "
43 "I was really nervous about mum coming home and how I was going to manage but they got her settled and it's not too bad. They gave my details as a carer, and I have been able to get support. Thank you so much"
44 "Thank you"
45 "Great service"
46 "Can't remember their name but lovely lady"
47 "really grateful thank you"
48 "let's see how I get on"

FINANCIAL REVIEW

Financial position

Details of the charity's activities are given in the trustees report above and in the financial statements which follow.

In the year ended 31 March 2021 the charity made a surplus of £387,199 in relation to gross income of £2,849,150 (2020: £69,111, surplus on gross income of £2,533,585). Income had increased by 12.5% in 2021/21 compared to 8.9% in 2019/20. This is a substantial increase in the level of surplus and is continuing the positive trend for surpluses commenced last year. Even more impressive, this has been achieved against the background of COVID-19 plus (if that wasn't enough) a catastrophic flood to our main building in September 2020.

The keys to our very successful financial performance in 2020-21 are due to a number of aspects:

- 1) We finally paid off our Charity Bank loan in September 2020 out of cash reserves, while retaining our three month operational reserve. We had been preparing to make this payment in February but had deferred the repayment when the COVID crisis hit in order to ensure we had substantial cash reserves in the event that the COVID crisis caused a financial problem for the organisation.
- 2) The COVID crisis and lockdown did not cause us major financial issues. Our income (apart from donations, which is now a minor part of our income streams) was not severely affected since the services provided adapted to deal with lockdown, and our costs were actually improved by the shift to working from home. All credit is due to the extraordinary willingness and ability to adapt of our people to keep helping carers despite social isolation and all the negatives that the crisis threw at them - their amazing drive to keep helping carers is a highlight of this most unusual year.
- 3) Just as lockdown eased (for the first time) we were hit by a flash flood which inundated the building at 123 Midland Road. This caused substantial damage not just from the force of the water but also water damage to fixtures and fittings. A protracted period of wrangling with our insurers, who were about as far from customer friendly as you can get, then followed. An extremely stressful period of months arguing with insurers was at least rewarded by a good payout - we then managed the contracts for the rebuilding work ourselves rather than letting our insurers manage it, with the result that our rebuilding has not only enhanced the building and for less than the amount the insurers paid out, but also undertaken various other elements including boiler replacement and rewiring work that will reduce some of our maintenance costs in the next few years. It should be noted that one of the reasons for the high cash surplus at the end of the year was due to Northamptonshire Carers having received the insurance monies but at the end of the financial year had not spent the monies on the refurbishment work (which occurred during financial year 2021-22).
- 4) Tribute should also be paid to the teams who have achieved an increasingly diverse number of different income streams, whether donations, grants or contracts. This diversity is a prime reason why we were not hit badly (in financial terms) by the COVID crisis compared to other charities reliant on donations or high street trading, which dried up during lockdown.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

Finally, while it is a superb achievement that the organisation continues to grow and flourish with new income streams, new contracts and expanding services to carers, our challenge for the next few years is to maintain that momentum without compromising the quality of what we deliver. To make this happen, our costs will need to rise, not just for the direct delivery of services but also in the support areas which are essential to make all this happen. For the next few years, our challenges will be to ensure that the organisation remains stable and viable, so it is likely that this year's large surplus will not be repeated. Our goals are to:

- o Continue our growth in services to carers
- o Continue to actively and successfully manage our costs
- o Maintain at least three months of operational reserves
- o Continue to deliver a more modest surplus each year.

At 31 March 2021 the charity has reserves of £933,918 of which £149,021 is held on restricted funds, and £287,257 represents the book value of the charity's freehold office in Wellingborough.

Reserves policy

The Trustees policy is to create and maintain a level of free (i.e. readily realisable) reserves sufficient to allow the organisation to operate for a minimum of three months without income. This level was achieved, even allowing for the repayment of the Charity Bank loan, during the year and will continue to be kept under review and recalculated when necessary.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

Northamptonshire Carers is a Registered Charity and a Company Limited by Guarantee and has both a Memorandum of Association and Articles of Association.

In preparing this report and accounts the trustees have had regard to the guidance issued by the Charity Commission.

Recruitment and appointment of new trustees

The Charity follows the process around Trustee Recruitment in the following way:-

a) Annual skills knowledge and experience mapping of current Trustee Board against organisational and strategic need. This both highlights strength based positions but also flags up any gaps. This would then lead into a potential recruitment process for Trustees. This would take one of two forms. Either the Charity would identify the need for a topic specialist around a certain area or there would be a general recruitment process with the vacancy being advertised via internal and external networks.

b) There is then a formal process of application and interviews by members of the Board.

c) On most occasions, a newly appointed Trustee will join the Board on an ongoing basis (subject of course to the election rules). However, the constitution of the Charity does also allow for a Trustee to be appointed for a set period of time around a particular specialism or need for the organisation.

d) The Charity follows good practice guidance around Trustee recruitment and induction from the Charity Commission.

Organisational Structure

The number of trustees shall be up to 12, at least 9 of who shall be elected from the membership of the Charity, 3 of who may be co-opted by the remaining trustees. At least 7 of the trustees shall be or have been Carers. If the number is less than 12, then numbers shall be reduced in proportion.

The Organisation is fortunate in the membership and skills of the board with Trustees that not only have personal experience of the Caring role but also experience and qualifications related to, Health and Social Care, Education, Primary Care, Communications, the legal profession and business.

Decision making

The major funders may nominate up to 3 trustees, but these shall be non-voting members. The trustees are responsible for the appointment of Honorary Officers. Our objectives are secured through delegation of day-to-day activity to the Director and his staff. These objectives are elaborated on in the ensuing paragraphs of this report.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

An induction is prepared and delivered when a Trustee commences their role.

This includes background on the organisation and its services, the role of the volunteer, a list of all staff members and volunteers, an overview of the organisation structure and Management, copies of all the relevant policies including the Volunteer Policy, essential procedures, details of on-going training and reviews and other information as appropriate to the volunteer role.

There is a trial period of 3 months to give the organisation and the volunteer time to discover if they are suited to each other. A review is made midway through the trial period and also at the end. However, at any time the Organisation and the Volunteer may terminate the agreement, preferably by mutual consent.

Key management remuneration

All organisational roles including Management ones are set within NJC scales as published and used by the Statutory and Voluntary Sector. Occasionally, a role or piece of work may have a performance related pay element to it.

Risk assessment

The committee does not believe there are any substantial risks beyond those liabilities disclosed in its Annual Report and Accounts. However, the programme of public sector spending cuts and resultant reductions in statutory funding to third sector organisations will continue to impact on the third sector, Carers and service users, both from the point of view of our delivery of services and also in increasing the need for those services. COVID-19 and the continuing programmes of social isolation does pose a risk for the future, but our experience to date suggests that COVID is not substantially threatening our financial position, and the excellent work by all staff in adapting and responding to the changing social landscape is minimising and managing the operational risk posed by COVID.

CHIEF EXECUTIVE OFFICER

Mark Major

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Northamptonshire Carers for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

NORTHAMPTONSHIRE CARERS

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021**

AUDITORS

The auditors, DNG Dove Naish LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the Board of Trustees on 19th October 2021 and signed on its behalf by:

S. G. Jones

.....

Mrs S G Jones - Trustee

Opinion

We have audited the financial statements of Northamptonshire Carers (the 'charitable company') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We considered the opportunities and incentives that may exist within the charity for fraud and identified the greatest potential for fraud in the following areas: timing of recognition of income, posting of unusual journals along with complex transactions and manipulating the Charity's key performance indicators to meet targets. We discussed these risks with client management, designed audit procedures to test the timing of income, tested a sample of journals to confirm they were appropriate and reviewed areas of judgement for indicators of management bias to address these risks.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NORTHAMPTONSHIRE CARERS

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DNG Dove Naish LLP

DNG Dove Naish LLP, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 4 November 2021

NORTHAMPTONSHIRE CARERS

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	87,600	-	87,600	90,690
Charitable activities					
Charitable activities	4	2,158,376	438,485	2,596,861	2,438,364
Investment income	3	1,486	-	1,486	4,531
Other income		<u>163,203</u>	<u>-</u>	<u>163,203</u>	<u>-</u>
Total		2,410,665	438,485	2,849,150	2,533,585
EXPENDITURE ON					
Raising funds	5	577	-	577	86
Charitable activities					
Charitable activities	6	2,030,897	430,477	2,461,374	2,464,388
Total		<u>2,030,897</u>	<u>430,477</u>	<u>2,461,951</u>	<u>2,464,474</u>
NET INCOME		379,191	8,008	387,199	69,111
Transfers between funds	18	<u>4,585</u>	<u>(4,585)</u>	<u>-</u>	<u>-</u>
Net movement in funds		383,776	3,423	387,199	69,111
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>401,121</u>	<u>145,598</u>	<u>546,719</u>	<u>477,608</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>784,397</u></u>	<u><u>149,021</u></u>	<u><u>933,918</u></u>	<u><u>546,719</u></u>

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	13	379,642	1,983	381,625	377,827
CURRENT ASSETS					
Debtors	14	92,484	-	92,484	16,851
Cash at bank		<u>481,192</u>	<u>147,661</u>	<u>628,853</u>	<u>478,520</u>
		573,676	147,661	721,337	495,371
CREDITORS					
Amounts falling due within one year	15	(168,421)	(623)	(169,044)	(326,479)
NET CURRENT ASSETS		<u>405,255</u>	<u>147,038</u>	<u>552,293</u>	<u>168,892</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>784,897</u>	<u>149,021</u>	<u>933,918</u>	<u>546,719</u>
NET ASSETS		<u><u>784,897</u></u>	<u><u>149,021</u></u>	<u><u>933,918</u></u>	<u><u>546,719</u></u>
FUNDS	18				
Unrestricted funds				784,897	401,121
Restricted funds				<u>149,021</u>	<u>145,598</u>
TOTAL FUNDS				<u><u>933,918</u></u>	<u><u>546,719</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The notes form part of these financial statements

NORTHAMPTONSHIRE CARERS

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19th October 2021 and were signed on its behalf by:

S. G. Jones

.....
S G Jones - Trustee

NORTHAMPTONSHIRE CARERS

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2021

	Notes	2021 £	2020 £
Cash flows from operating activities			
Cash generated from operations	1	346,633	158,575
Interest paid		<u>(2,969)</u>	<u>(6,462)</u>
Net cash provided by operating activities		<u>343,664</u>	<u>152,113</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(25,920)	(21,428)
Sale of tangible fixed assets		821	15,500
Interest received		<u>336</u>	<u>686</u>
Net cash used in investing activities		<u>(24,763)</u>	<u>(5,242)</u>
Cash flows from financing activities			
Loan repayments in year		<u>(140,505)</u>	<u>(4,912)</u>
Net cash used in financing activities		<u>(140,505)</u>	<u>(4,912)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		178,396	141,959
Cash and cash equivalents at the beginning of the reporting period	2	<u>450,457</u>	<u>308,498</u>
Cash and cash equivalents at the end of the reporting period	2	<u>628,853</u>	<u>450,457</u>

The notes form part of these financial statements

**NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	387,199	69,111
Adjustments for:		
Depreciation charges	21,318	17,707
Profit on disposal of fixed assets	(17)	-
Interest received	(336)	(686)
Interest paid	2,969	6,462
(Increase)/decrease in debtors	(75,633)	66,761
Increase/(decrease) in creditors	<u>11,133</u>	<u>(780)</u>
Net cash provided by operations	<u>346,633</u>	<u>158,575</u>

2. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2021 £	2020 £
Notice deposits (less than 3 months)	628,853	478,520
Overdrafts included in bank loans and overdrafts falling due within one year	<u>-</u>	<u>(28,063)</u>
Total cash and cash equivalents	<u>628,853</u>	<u>450,457</u>

3. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/20 £	Cash flow £	At 31/3/21 £
Net cash			
Cash at bank	478,520	150,333	628,853
Bank overdraft	<u>(28,063)</u>	<u>28,063</u>	<u>-</u>
	<u>450,457</u>	<u>178,396</u>	<u>628,853</u>
Debt			
Debts falling due within 1 year	<u>(140,505)</u>	<u>140,505</u>	<u>-</u>
	<u>(140,505)</u>	<u>140,505</u>	<u>-</u>
Total	<u>309,952</u>	<u>318,901</u>	<u>628,853</u>

1. ACCOUNTING POLICIES

Statutory information

Northamptonshire Carers is a charitable company, limited by guarantee, registered in England and Wales. The charity's registered number and registered office can be found on the Company information page.

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The presentation currency for the financial statements is the Pound Sterling (£).

Significant Judgements and Estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies below.

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income, including government grants, is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

The greater part of payroll costs are allocated specifically to the projects or funding streams on which the employees work. Similarly, where possible, overheads are specifically allocated. Remaining payroll, administrative and core costs are then apportioned on an estimated percentage basis related to the overall time input or expected cost of separate projects or funding streams.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Holiday Lodges	- 10% on cost
Computer equipment	- 25% on reducing balance

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The directors are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The directors consider that the individual carrying values of assets are supportable by their value in use.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Cash and cash equivalents in the balance sheet comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the SOFA under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the balance sheet. Finance costs and gains or losses relating to financial liabilities are included in the profit and loss account. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

NORTHAMPTONSHIRE CARERS

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2021

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	87,406	89,273
Gift aid	<u>194</u>	<u>1,417</u>
	<u>87,600</u>	<u>90,690</u>

3. INVESTMENT INCOME

	2021	2020
	£	£
Rents received	1,150	3,845
Deposit account interest	<u>336</u>	<u>686</u>
	<u>1,486</u>	<u>4,531</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2021	2020
		£	£
Grants and contract income	Charitable activities	<u>2,596,861</u>	<u>2,438,364</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
NCC - Delayed Transfer of Care	-	630,001
NCC Lot Funding	648,900	-
NHS Lot Funding	913,670	629,397
Nene CCG Dementia Care	417,552	684,550
Carers Trust	54,013	6,750
Margaret Giffen Charitable Trust	-	35,000
BBC Children in Need	45,448	45,788
Constance Travis Trust	3,000	4,000
Other	-	11,422
NCC Age Well	4,500	29,500
Postcode Lottery	1,200	-
Big Lottery Fund	113,046	111,971
Commsortia	15,554	19,560
Northamptonshire Community Foundation	8,121	7,060
Spirit of 2012	95,994	77,111
Northants Police & Crime Commissioner	-	9,700
Carers Trust	-	11,554
NNC- Young Carers Support	-	120,000
John Salmons Legacy Fund	-	5,000
Wellingborough County Council	13,283	-
Northamptonshire Sport	575	-
North Northamptonshire Council	25,000	-
Northampton General Hospital	8,918	-
NCC- Young Carer	120,000	-
The Kirby Laing Foundation	10,000	-
Northamptonshire County Council- COVID19	<u>60,049</u>	<u>-</u>
Carried forward	2,558,823	2,438,364

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

4. INCOME FROM CHARITABLE ACTIVITIES - continued

	2021 £	2020 £
Brought forward	2,558,823	2,438,364
NHS Trust	16,538	-
3 Helping Hands	1,500	-
NHS Northamptonshire Clinical Commissioning Group	<u>20,000</u>	<u>-</u>
	<u>2,596,861</u>	<u>2,438,364</u>

5. RAISING FUNDS

Raising donations and legacies

	2021 £	2020 £
Sundries	<u>577</u>	<u>86</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable activities	<u>2,134,086</u>	<u>327,288</u>	<u>2,461,374</u>

7. SUPPORT COSTS

	Management £	Finance £	Information technology £	Governance costs £	Totals £
Charitable activities	<u>252,628</u>	<u>3,479</u>	<u>46,773</u>	<u>24,408</u>	<u>327,288</u>

Support costs, included in the above, are as follows:

Management

	2021 Charitable activities £	2020 Total activities £
Wages	118,200	113,344
Social security	9,366	8,695
Pensions	6,676	6,399
Rent, rates and water	1,364	10,875
Insurance	12,537	8,787
Light and heat	2,914	5,585
Telephone	24,064	18,706
Postage and stationery	18,569	23,614
Advertising	3,675	10,686
Sundries	5,190	1,925
Office equipment	2,717	1,268
Cleaning	4,122	3,485
Repairs and servicing	<u>4,073</u>	<u>3,135</u>
Carried forward	213,467	216,504

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

7. SUPPORT COSTS - continued**Management - continued**

	2021 Charitable activities £	2020 Total activities £
Brought forward	213,467	216,504
Legal fees, bookkeeping etc.	10,241	10,500
Other professional fees	11,951	1,862
HR support	3,168	3,168
Depreciation of tangible and heritage assets	13,818	16,207
Loss on sale of tangible fixed assets	(17)	-
	<u>252,628</u>	<u>248,241</u>

Finance

	2021 Charitable activities £	2020 Total activities £
Bank charges	510	590
Bank loan interest	<u>2,969</u>	<u>6,462</u>
	<u>3,479</u>	<u>7,052</u>

Information technology

	2021 Charitable activities £	2020 Total activities £
Computer costs and IT support	<u>46,773</u>	<u>29,628</u>

Governance costs

	2021 Charitable activities £	2020 Total activities £
Trustees' expenses	-	342
Auditors' remuneration	7,560	7,200
Auditors' remuneration for non audit work	<u>16,848</u>	<u>16,242</u>
	<u>24,408</u>	<u>23,784</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**8. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Depreciation - owned assets	21,318	17,707
Surplus on disposal of fixed assets	<u>(17)</u>	<u>-</u>

9. AUDITORS' REMUNERATION

	2021	2020
	£	£
Fees payable to the charity's auditors for the audit of the charity's financial statements	7,560	7,200
Auditors' remuneration for non audit work	<u>16,848</u>	<u>16,242</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

	2021	2020
	£	£
Trustees' expenses	<u>-</u>	<u>342</u>

No expenses were reimbursed to trustees in the financial year (2020:1).

11. STAFF COSTS

	2021	2020
	£	£
Wages and salaries	1,369,437	1,135,631
Social security costs	97,017	78,095
Other pension costs	<u>69,116</u>	<u>63,002</u>
	<u>1,535,570</u>	<u>1,276,728</u>

During the year, employees received benefits in kind totalling £5,840 (2020: £3,254).

The average monthly number of employees during the year was as follows:

	2021	2020
	<u>75</u>	<u>69</u>
Carers support and administration		

No employees received remuneration in excess of £60,000.

The key management personnel are the trustees and the Chief Executive. The salaries paid to key management personnel in the year amounted to £52,885.

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	90,689	1	90,690
Charitable activities			
Charitable activities	2,129,931	308,433	2,438,364
Investment income	<u>4,531</u>	<u>-</u>	<u>4,531</u>
Total	2,225,151	308,434	2,533,585
 EXPENDITURE ON			
Raising funds	84	2	86
Charitable activities			
Charitable activities	<u>2,220,626</u>	<u>243,762</u>	<u>2,464,388</u>
Total	2,220,710	243,764	2,464,474
 NET INCOME	4,441	64,670	69,111
Transfers between funds	<u>530</u>	<u>(530)</u>	<u>-</u>
Net movement in funds	4,971	64,140	69,111
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>396,152</u>	<u>81,456</u>	<u>477,608</u>
 TOTAL FUNDS CARRIED FORWARD	<u>401,123</u>	<u>145,596</u>	<u>546,719</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**13. TANGIBLE FIXED ASSETS**

	Freehold property £	Holiday Lodges £	Computer equipment £	Totals £
COST				
At 1 April 2020	333,855	74,995	21,428	430,278
Additions	-	-	25,920	25,920
Disposals	-	-	(821)	(821)
At 31 March 2021	<u>333,855</u>	<u>74,995</u>	<u>46,527</u>	<u>455,377</u>
DEPRECIATION				
At 1 April 2020	39,921	9,000	3,530	52,451
Charge for year	6,677	7,500	7,141	21,318
Eliminated on disposal	-	-	(17)	(17)
At 31 March 2021	<u>46,598</u>	<u>16,500</u>	<u>10,654</u>	<u>73,752</u>
NET BOOK VALUE				
At 31 March 2021	<u>287,257</u>	<u>58,495</u>	<u>35,873</u>	<u>381,625</u>
At 31 March 2020	<u>293,934</u>	<u>65,995</u>	<u>17,898</u>	<u>377,827</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	84,963	9,033
Other debtors	471	471
Prepayments	<u>7,050</u>	<u>7,347</u>
	<u>92,484</u>	<u>16,851</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Bank loans and overdrafts (see note 16)	-	168,568
Trade creditors	46,067	72,023
Social security and other taxes	25,990	22,958
Other creditors	8,758	8,227
Accruals	<u>88,229</u>	<u>54,703</u>
	<u>169,044</u>	<u>326,479</u>

Deferred income relates to invoicing for non-government grant service income early which is to be carried out in the next financial year.

	£
Balance as at 31 March 2020	-
Amount released to incoming resources	-
Amount deferred in year	<u>57,046</u>
Balance as at 31 March 2021	<u>57,046</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

16. LOANS

An analysis of the maturity of loans is given below:

	2021 £	2020 £
Amounts falling due within one year on demand:		
Bank overdrafts	-	28,063
Bank loans	<u>-</u>	<u>140,505</u>
	<u>-</u>	<u>168,568</u>

A technical bank overdraft arises where a fund is in deficit or where the fund comprises mainly non-cash assets. This is not indicative of an actual overdraft facility at the bank.

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2021 £	2020 £
Within one year	3,639	4,853
Between one and five years	<u>-</u>	<u>3,639</u>
	<u>3,639</u>	<u>8,492</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

18. MOVEMENT IN FUNDS

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	401,121	215,988	4,585	621,694
Property fund	-	163,203	-	163,203
	401,121	379,191	4,585	784,897
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
National Lottery	29,656	(1,151)	-	28,505
Children in Need	-	1,270	-	1,270
Carers Trust	8,297	(8,297)	-	-
Community Foundation	3,241	(3,241)	-	-
Carers Music Fund	38,690	2,489	-	41,179
Children in Need Sibling support	1,552	(1,552)	-	-
Northants Police & Crime Commissioner	6,640	(6,640)	-	-
Rank Grant	2,967	(2,967)	-	-
John Salmons Legacy Fund	5,000	(5,000)	-	-
Northamptonshire Community Foundation	-	2,500	-	2,500
Connecting Carers Services Collaboration	-	1,361	(1,361)	-
Direct Carers Connections	-	912	(912)	-
Carers Trust- Young Carers	-	12	-	12
Staff Wellbeing	-	2,000	-	2,000
Suede Respite Fund	-	5,000	-	5,000
NHS Befriending Project	-	19,000	-	19,000
Carers Trust Dementia Work	-	2,312	(2,312)	-
	145,598	8,008	(4,585)	149,021
TOTAL FUNDS	<u>546,719</u>	<u>387,199</u>	<u>-</u>	<u>933,918</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021**18. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,247,462	(2,031,474)	215,988
Property fund	163,203	-	163,203
	2,410,665	(2,031,474)	379,191
Restricted funds			
National Lottery	113,046	(114,197)	(1,151)
Children in Need	36,345	(35,075)	1,270
Carers Trust	3,121	(11,418)	(8,297)
Community Foundation	-	(3,241)	(3,241)
Carers Music Fund	93,994	(91,505)	2,489
Children in Need Sibling support	9,103	(10,655)	(1,552)
Carers Trust- Carers Grants	500	(500)	-
Age-Well fund	4,500	(4,500)	-
Northants Police & Crime Commissioner	-	(6,640)	(6,640)
My Mental Health	3,250	(3,250)	-
Rank Grant	-	(2,967)	(2,967)
John Salmons Legacy Fund	-	(5,000)	(5,000)
Wellingborough Council	13,283	(13,283)	-
Northamptonshire Sport	575	(575)	-
Northamptonshire Community Foundation	3,000	(500)	2,500
Northampton General Hospital	8,918	(8,918)	-
Connecting Carers Services			
Collaboration	14,977	(13,616)	1,361
Thinking Well	10,000	(10,000)	-
Direct Carers Connections	9,977	(9,065)	912
Carers Trust- Young Carers	3,000	(2,988)	12
NCC- Infection Control	1,049	(1,049)	-
NHS- Long COVID-19	16,538	(16,538)	-
Staff Wellbeing	2,000	-	2,000
3 Helping Hands	1,500	(1,500)	-
NHS-HEP	20,000	(20,000)	-
Suede Respite Fund	5,000	-	5,000
NCC- Dementia Pathway	25,000	(25,000)	-
NHS Befriending Project	19,000	-	19,000
Carers Trust Dementia Work	20,809	(18,497)	2,312
	438,485	(430,477)	8,008
TOTAL FUNDS	<u>2,849,150</u>	<u>(2,461,951)</u>	<u>387,199</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/19 £	Net movement in funds £	Transfers between funds £	At 31/3/20 £
Unrestricted funds				
General fund	344,060	41,031	16,030	401,121
Fixed asset holiday lodge	15,500	-	(15,500)	-
Young Carers Support Worker	35,000	(35,000)	-	-
Carers Involvement and Engagement	<u>1,592</u>	<u>(1,592)</u>	<u>-</u>	<u>-</u>
	396,152	4,439	530	401,121
Restricted funds				
Holiday Lodge asset fund	49,555	-	-	49,555
National Lottery	26,174	3,482	-	29,656
Carers Trust	2,486	5,811	-	8,297
Community Foundation	3,241	-	-	3,241
Carers Music Fund	-	38,690	-	38,690
Children in Need Sibling support	-	1,552	-	1,552
Northants Police & Crime				
Commissioner	-	6,640	-	6,640
Peer Support	-	530	(530)	-
Rank Grant	-	2,967	-	2,967
John Salmons Legacy Fund	<u>-</u>	<u>5,000</u>	<u>-</u>	<u>5,000</u>
	<u>81,456</u>	<u>64,672</u>	<u>(530)</u>	<u>145,598</u>
TOTAL FUNDS	<u>477,608</u>	<u>69,111</u>	<u>-</u>	<u>546,719</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2021

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	2,225,150	(2,184,119)	41,031
Young Carers Support Worker	-	(35,000)	(35,000)
Carers Involvement and Engagement	-	(1,592)	(1,592)
	2,225,150	(2,220,711)	4,439
Restricted funds			
National Lottery	111,971	(108,489)	3,482
Children in Need	36,345	(36,345)	-
Carers Trust	7,060	(1,249)	5,811
Carers Music Fund	77,112	(38,422)	38,690
Children in Need Sibling support	9,443	(7,891)	1,552
Carers Trust- Carers Grants	1,630	(1,630)	-
Age-Well fund	29,500	(29,500)	-
Northants Police & Crime Commissioner	9,700	(3,060)	6,640
My Mental Health	6,750	(6,750)	-
Peer Support	6,957	(6,427)	530
Rank Grant	2,967	-	2,967
Volunteer Sitting Service	4,000	(4,000)	-
John Salmons Legacy Fund	5,000	-	5,000
	308,435	(243,763)	64,672
TOTAL FUNDS	<u>2,533,585</u>	<u>(2,464,474)</u>	<u>69,111</u>

The Fixed Asset Holiday Lodge fund is represented by holiday lodges which were purchased during 2011.

The Young Carers Support Worker fund is to facilitate and organise groups and activities for young carers.

The Carers Involvement and Engagement fund is to help carers who are taking part in committees, boards, engagement or involvement events and activities to cover expenses.

The National Lottery fund is to establish a network of volunteer Carer Champions across the county who are trained to be a point of contact for carers within local communities. To establish ongoing and one off social activities for carers.

The Children in Need fund is to provide monthly group sessions of fun activities for young carers aged 5 - 15 across Northamptonshire.

The Community Foundation fund is to carry out the Young Carer Ambassador Programme.

The Carers Trust fund is to provide information to older carers of someone with dementia about end of life care. To do so in a group setting with the aim of establishing self-sustaining support groups beyond the life of the grant.

The Carers Music fund is to provide music related activities to female carers.

18. MOVEMENT IN FUNDS - continued

The Children in Need Sibling Support fund is to provide sibling carers support for young carers aged 5-18 across Northamptonshire.

The Age-Well fund is to provide services to carers ages over 65.

The Northants Police & Crime Commissioner fund is to raise awareness of crime and fraud with the elderly in Wellingborough.

The My Mental Health fund is to raise awareness through activates for mental health for young and young adult carers aged 5-24.

The Peer support fund is to be used to in line with the peer support project.

The Rank Grant fund is to be used to in line with the work carried out with local GP surgeries.

The John Salmons Legacy fund is to be used to co-ordinate activities specifically designed for elderly carers whilst finding suitable options for the person they care-for so the carer can have a break.

The Volunteer Sitting Service is to be used for the activities of the volunteer Sitting Service.

The Wellingborough Council fund is to be used for short breaks for older carers and personal care component for the cared-for person.

The Northamptonshire Sport fund is to be used for running bespoke groups sessions for carers.

The Northamptonshire Community Foundation fund is to be used for the carers advocacy project.

The Northamptonshire General Hospital fund is to be used patients discharged from NGH.

The Connecting Carers Services Collaboration fund is to be used in reducing carer social isolation and increase resources to tackle carer loneliness.

The Thinking Well fund is to be used to support people living with Dementia and their carers.

The Direct Carers Connections fund is to be used used for the Direct Carers Connections project.

The Carers Trust- Young Carers fund is to be used on young carers, half for carers aged under 16 and the remaining half for young carers over 16 years old.

The NCC- Infection control grant is to be used on limiting the spread of COVID-19 within the charity.

The NHS-Long COVID 19 fund is to be used to support patients who suffer from long COVID.

The Staff Wellbeing fund is to be used to support and maintain the wellbeing of the staff at Northamptonshire Carers.

The 3 Helping Hands fund is to be used for the specific carer support project.

The NHS-HEP fund is to be used to promote the awareness, and ultimately the take-up of Annual Health Checks (AHCs), amongst People with learning disabilities and People from BAME communities who have learning disabilities.

The Suede Respite Fund is to be used to provide music to carers.

The NCC- Dementia Pathway fund is to be used to support the dementia pathway project.

18. MOVEMENT IN FUNDS - continued

The NHS Befriending Project fund is to be used for the befriending volunteer project.

The Carers Trust Dementia work fund is to be used for the befriending project.

The Property Fund relates to insurance proceeds to be spent on the repair of the charity's freehold property following flood damage.

Transfers between funds

Transfers between funds have been carried out due to the transfer of administration and management expenses.

19. RELATED PARTY DISCLOSURES

During the year, Nicola Best, who is the wife of Christopher Best, a Trustee of Northamptonshire Carers, received remuneration under employment contract of £14,350 (2020: £14,179) during the year.

During the year, Kirsty Major, who is the wife of CEO Mark Major, received remuneration under employment contract of £13,033 (2020: £9,391) during the year.

NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	87,406	89,273
Gift aid	<u>194</u>	<u>1,417</u>
	87,600	90,690
Investment income		
Rents received	1,150	3,845
Deposit account interest	<u>336</u>	<u>686</u>
	1,486	4,531
Charitable activities		
Grants and contract income	2,596,861	2,438,364
Other income		
Insurance proceeds	<u>163,203</u>	<u>-</u>
Total incoming resources	2,849,150	2,533,585
EXPENDITURE		
Raising donations and legacies		
Sundries	577	86
Charitable activities		
Wages	1,251,500	1,022,287
Social security	87,651	69,400
Pensions	62,440	56,603
Carers support costs	536,167	536,982
Holiday lodge costs	4,101	14,239
Business development and bid writing	34,088	40,322
Travel	9,003	40,120
Volunteers' expenses	2,018	12,419
Training & conferences	3,091	8,264
Direct payments	135,479	138,889
Overnight care expenses	1,048	214,658
Freehold property	<u>7,500</u>	<u>1,500</u>
	2,134,086	2,155,683
Support costs		
Management		
Wages	118,200	113,344
Social security	9,366	8,695
Pensions	6,676	6,399
Carried forward	134,242	128,438

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NORTHAMPTONSHIRE CARERS

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Management		
Brought forward	134,242	128,438
Rent, rates and water	1,364	10,875
Insurance	12,537	8,787
Light and heat	2,914	5,585
Telephone	24,064	18,706
Postage and stationery	18,569	23,614
Advertising	3,675	10,686
Sundries	5,190	1,925
Office equipment	2,717	1,268
Cleaning	4,122	3,485
Repairs and servicing	4,073	3,135
Legal fees, bookkeeping etc.	10,241	10,500
Other professional fees	11,951	1,862
HR support	3,168	3,168
Depreciation of tangible and heritage assets	13,818	16,207
Loss on sale of tangible fixed assets	(17)	-
	<u>252,628</u>	<u>248,241</u>
Finance		
Bank charges	510	590
Bank loan interest	<u>2,969</u>	<u>6,462</u>
	3,479	7,052
Information technology		
Computer costs and IT support	46,773	29,628
Governance costs		
Trustees' expenses	-	342
Auditors' remuneration	7,560	7,200
Auditors' remuneration for non audit work	<u>16,848</u>	<u>16,242</u>
	<u>24,408</u>	<u>23,784</u>
Total resources expended	<u>2,461,951</u>	<u>2,464,474</u>
Net income	<u><u>387,199</u></u>	<u><u>69,111</u></u>

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NORTHAMPTONSHIRE CARERS

LIST OF FUNDERS FOR THE YEAR ENDED 31 MARCH 2021

3H Helping Hands
Wellingborough Airways
PCC All Saints
Amazon Europe and Amazon Smile
BBC Children in Need
Benevity Netflix
Carers Trust
Charitable Giving
Colemans
Commonwealth Organisation
Communities Aid Foundation
Co-operative Society
Corby Lottery
Corby Phoenix Rotary Club
Facebook
Go Cardless
Just Giving
Kettering Quakers
Local Giving
Local Lotto
Mothers Union Diocese of Peterborough
Moulton School
Northampton Lottery
Northampton Saints RUFC
Northamptonshire Community Aid Foundation
Northamptonshire County Council
Northamptonshire County Golf Club
Northamptonshire NHS
Northamptonshire Healthcare Foundation Trust
Northwick Trust
Otter Stone Limited
PCC Weston Favell
Rotary Clubs in Northamptonshire
Spirit of 2012
Stripe
The Big Give
The Faraway Children's Society
The Football Association
The National Lottery
The Suede Foundation
Towcester & District Lions Club Charitable Trust
Virgin Money
Waitrose
White Stuff
Wilson Foundation

Plus, many more individual donations both cheques and online from sponsors and supporters too numerous to mention individually.