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**South West London and
St George's Mental Health
NHS Trust Charitable Fund**

South West London and St George's Mental Health NHS Trust
Charitable Fund

Annual Report and Financial Statements

31 March 2024

Registered Charity No. 1060944

Legal and Administrative Information

South West London and St George's Mental Health NHS Trust Charitable Fund (The Charity) is a registered Charity (registered number 1060944) with the Charity Commission, the Board of South West London and St George's Mental Health NHS Trust (the Trust) being the Corporate Trustee.

The Charity was registered in the name of South West London and St George's Mental Health NHS Trust Charitable Fund on 25 February 1997. Prior to this, the declaration of trust as a Special Purposes Charity was made on 1st August 1996 to Pathfinder NHS Trust Endowment Fund.

The Charity is managed under delegated authority by a Charitable Funds Committee (The Committee), which provides detailed scrutiny of the Charity. The Committee also make appropriate recommendations to the Trust Board in their position as Corporate Trustees. The Committee has formal contacts with our external auditors/independent examiners.

The Charity produces its Trustees' annual report as a dual purpose document so that the annual report can be distributed with the accounts or as a freestanding document. Therefore, the Charity includes summary financial statements in its annual report.

Our Trustees

The Trustees are responsible for deciding policy and ensuring that it is implemented. There is a scheme of delegation to fund managers or senior managers in the Trust.

The Trustees give of their time freely and do not receive any pay, emoluments or other financial benefit. Whilst the Trustees are not paid for their time, they can claim expenses, details of which are disclosed in the accounts (note 12). For 2023/24 no expenses were claimed.

During the year, the following Trustees held office:

Trustee name	Office (if any)	Dates acted if not for whole year
Ann Beasley	Trust Chair	Full Year
Richard Flatman	Non-Executive Director	Full Year
Deborah Bowman	Non-Executive Director	Until 31 Oct 2023
Sola Afuape	Non-Executive Director	Full Year
Vikas Sagar	Non-Executive Director	Full Year
Juliet Armstrong	Non-Executive Director	Full Year
Charlotte Clark	Non-Executive Director	Full Year
Jonathan Warren	Non-Executive Director	From 1 Sep 2023
Humaira Ashraf	Associate Non-Executive Director	From 1 Sep 2023
Vanessa Ford	Chief Executive	Full Year
Philip Murray	Chief Finance and Performance Officer	Full Year
Sharon Spain	Chief Nurse	Full Year
Jennifer Allan	Chief Operating Officer	Full Year
William Boland	Chief Medical Officer	Full Year
Amy Scammell	Chief Strategy Officer	Full Year

Trustee name	Office (if any)	Dates acted if not for whole year
Katherine Robinson	Chief People Officer	Full Year
Jenna Khalfan	Director of Communications & Stakeholder Engagement	Full Year
Ian Garlington	Better Communities Programme Director	Full Year

Trustees are required to disclose all relevant interests and register them with the trust fund director and withdraw from decisions where a conflict of interest arises. All related party transactions are disclosed in the accounts (note 3).

Our staff

The Charity does not have any employees of its own. The Charity's administration and finances are managed by the employees of the Trust, the cost of which is recharged to the Charity, on the basis of the estimated time spent administering the Charity's finance. For 2023/24 accounts the Charity was charged £4,000 (2022/23 £4,000).

Our advisors

Investment Managers

CCLA Fund Managers Limited
Senator House
85 Queen Victoria Street
London
EC4V 4ET

Independent Examiners

Griffin Stone Moscrop & Co
21-27 Lamb's Conduit Street
London
WC1N 3GS

Internal Auditors

RSM UK Risk Assurance Services LLP
6th Floor
25 Farringdon Street
London
EC4A 4AB

Legal Advisors

Capsticks Solicitors
1 St. George's Road
Wimbledon
London
SW19 4DR

Bankers

Lloyds Bank
125 Balham High Road
London
SW12 9AT

The Charity office and principal address of South West London and St George's Mental Health NHS Trust Charitable Fund is:

South West London and St George's Mental Health NHS Trust Charitable Fund
Trinity Building
Springfield University Hospital
15 Springfield Drive
Tooting
London
SW17 0YF

Tel: 020 3513 5000

Trustees' Annual Report

Foreword by the Chair of Trustees of the South West London and St George's Mental Health NHS Trust Charitable Fund.

Welcome to our annual report for 2023/24. We are the corporate Trustees of South West London and St George's Mental Health NHS Trust Charitable Fund.

1. We are the charity that goes the extra mile for people receiving mental health treatment and recovery support from the NHS in the London boroughs of Kingston, Merton, Richmond, Sutton and Wandsworth. Our projects, activities and support add value beyond the limits of what can be funded by the NHS – these extras can be a lifeline for people with mental health difficulties and those who care for them. We also work to create a stronger community in south west London – reaching as many people as possible with tools to promote positive wellbeing and good mental health.
2. I am very pleased that we have increased the income to the Charity this year through successfully applying for two significant grants from NHS Charities Together totalling £81,000. We were also very grateful to receive a transfer of £3,370 from Kingston Hospital Charity restricted for use for charitable purposes at Tolworth Hospital.
3. This year we have delivered a number of larger projects such as the refurbishment of the Kingston Memory Clinic at Tolworth, informal meeting pods at Springfield and staff wellbeing hubs across Trust sites but not forgetting the invaluable smaller gifts which directly support patients in their recovery such as ear plugs to provide peace on a busy hospital ward and a home fridge to allow a discharged patient to keep nutritious food at home.
4. I would like to thank everyone who has donated and fundraised for the Charity, my fellow trustees and the volunteers whose hard work alongside the professional staff of the South West London and St George's Mental Health NHS Trust who have all made life better for people who need our help.
5. We are at the beginning of our fundraising journey, but we have strong ambitions to reach more people facing difficulties with their mental health than ever before. We want to grow the Charity's impact and if you would like to donate, you may do so via the Charity's [webpage](#) or as an employee through [Microhive](#) to automatically donate the pennies from your pay. Your gift means that the Charity can go the extra mile for NHS mental health patients and for the wellbeing of communities in south west London.



Ann Beasley

Date: 9th January 2025

What we aim to do: our objectives and activities

Our Objectives

The Charity's objectives are to improve the welfare of patients and staff at South West London and St George's Mental Health NHS Trust both in hospital and community services.

Our mission

Through our position as an NHS Charity, we're inherently connected to mental health service users in South West London. This connection means we can support the patients, carers and families affected by some of the most severe mental health conditions. Our support is tailored for people from all walks of life receiving mental health care from the NHS. We draw on the expertise of clinical leaders and specialists across the NHS Trust to deliver projects that add value for patients and staff. This could look like:

- Games and sports for young people receiving hospital treatment for their eating disorder
- Equine therapy for patients to effectively challenge their Obsessive Compulsive Disorder (OCD) in a supportive environment
- A set of djembe music drums benefitting mental health service users and carers through their use in music therapy sessions
- A coffee machine for a staff room so that hardworking staff can grab a coffee and moment to breathe during a busy day

What we have achieved: highlights from the activities undertaken in the year

During the year 2023/24, grants and expenditure on patients totalling £72,644 were made and £5,118 was spent on staff welfare. A further £6,610 was spent on support costs, including administration, audit fees and bank charges. The majority of our income, £81,000, related to a donation by the NHS Charities Together. Going forward we want to increase our fundraising through organising different events to achieve higher levels of income enabling us to support more activities our patients will enjoy.

In partnership with NHS Charities Together, the Charity spent around £30,000 of unused grant funding to create informal meeting spaces for staff, patients and visitors through purchasing five pods which blend seamlessly into the communal areas of the new Trinity building. Excellent feedback has been received from people using the pods for both working and taking a break.

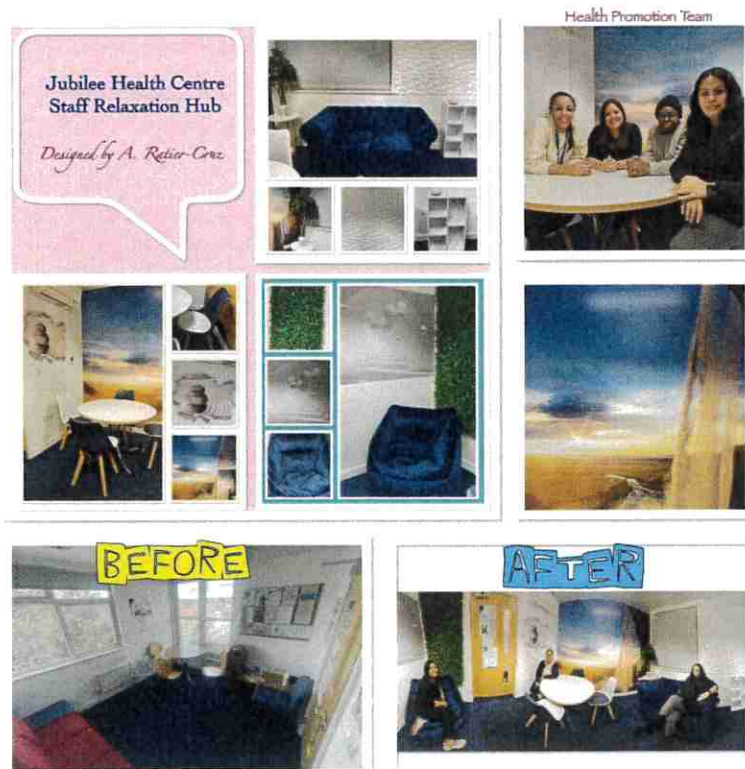


The Charity successfully applied for a Stage 3 Covid Recovery Grant from NHS Charities Together to support the long-term health and recovery of NHS staff, patients, community and volunteers impacted by Covid-19 and received the first tranche of £51,000. This is being used to run Mental Health First Aid training courses for people living in Springfield Village which has also helped bring communities together to break down mental health stigma and improve understanding.

From the generous donation from the Friends of Surbiton and Tolworth Health Community in 2022/23, the Charity provided over £15k to transform the Kingston Memory Clinic in Tolworth Hospital with stylish yet practical furniture, plants and frames for bespoke artwork of local landmarks.



Staff wellbeing hubs continue to be rolled out across Trust sites thanks to funding provided by the Charity. These are spaces which staff can use for resting and relaxing while at work.



How we funded our work, our achievements and performance

The following figures are taken from the full accounts which have been approved by an independent examination report.

Statement of Financial Activities for the year ending 31 March 2024

	Total 2023/4 £'000	Total 2022/23 £'000
Income	100	38
Expenditure	(84)	(23)
Net Gain/ (Loss) on Investments	5	(2)
Net Income/ (Expenditure)	21	13
Total Funds brought forward	88	75
Total Funds carried forward	108	88

The Charity can only continue to support future activities if more donations are received or funds are raised. Almost all our income comes from direct donations and dividend/interest income from fixed investments.

Money received: where we got our money from

Total income received was £100,179 (2023/22: £37,857). The main sources of income were corporate donations amounting to £84,370 and donations from individuals of £13,035. A further £2,774 was earned from investment in the form of dividends and interest. The main movement between 2022/23 and 2023/24 was due to a significant donation of £81,000 received from the NHS Charities Together.

Money spent: what we spent the money on

Our charitable work was mainly concentrated on the following areas:

- Patients' comfort, recreation, functions, training and other activities. We spent £72,644 in supporting our patients on various items and activities which contributes to their wellbeing and comfort.
- Staff welfare. We spent £5,118 on initiatives to support the staff that care for patients, providing wellbeing opportunities.

The Trustees continue to explore initiatives for funding that will benefit both patients and staff, whilst also progressing alternative sources of income.

Performance against objectives

During 2023/24 the Charity has been able to build on the foundations put in place the previous year including to accelerate its ambitions to increase fundraising and project delivery. It was crucial that the Charity utilised existing grant funding and donations while simultaneously submitting applications for new grant funding and increase donations. New branding has unified the Charity's marketing materials which is improving awareness of the Charity both within the NHS Trust and externally.

With agreement from NHS Charities Together, the Charity was able to reallocate unused funding of around £30k from the Stage 1 Covid-19 grant to purchase five informal meeting pods situated in public areas of the new Trinity building. The final projects from this grant included staff wellbeing hubs and media materials which ensured the Charity fully distributed this grant funding by the agreed extension deadline and this is now closed.

In line with the wishes of the Friends of Surbiton and Tolworth Health Community, over half of their generous donation received in 2022/23 has now been used for the transformation of the Kingston Memory Clinic at Tolworth.

The Charity maximised its membership with NHS Charities Together with bids submitted for three out of four available opportunities resulting in successful receipt of two grants totalling £81,000:

- For the Stage 3 Covid Recovery Grant, the first tranche of £51k is being used to fund a programme of mental health first aid training targeted at the residents of Springfield Village to destigmatise mental health and build relationships with our new community and will continue into 2024/25.
- The goal of the Development Grant (£30k) is to empower the NHS charity sector to be high performing, effective and impactful. The original plan to recruit a part-time fundraising officer for one year was unfortunately unsuccessful, however, with agreement and a time extension from NHS Charities Together, this funding will be used to procure the services of specialist fundraising consultants in 2024/25 to generate short term income and advise on realistic strategies for future income generation.

Moving into 2024/25 the Charity is aiming to widen its reach even further and raise more funds through exciting campaigns and external grant applications. This will provide more support for people in our NHS Trust's care, for hardworking NHS staff and for the those in the south west London community who struggle to access mental health support.

Our reserves policy

The policy is that the funds must be spent for the purposes for which they were received. Funds should not be accumulated, unless for a specific purpose, and should be spent promptly.

- **General funds** – these funds are received by the Charity with no preference on how they are spent expressed by donors. Grants or funding to various small projects are made as and when needed. Representatives from the clinical or corporate services make applications to the Trustees expressing their levels of funding required along with a clear aim for the application and how the funding will benefit the services users. The bid is then considered by the Committee for a decision. Funding is particularly targeted on projects in areas of the hospital that do not have available designated funds to assist them.
- **Designated non restricted funds** – these funds are for a specific part of the hospital or activity nominated for support by the donor. They are overseen by fund holders who can make decisions on how to spend the money within their delegated responsibility and within the designated conditions of the fund. Fund holders are actively encouraged to draw on the fund for the benefit of patients and staff in a timely manner
- **Restricted funds** – these are funds which are restricted by the donors as to where it can be spent. These funds were transferred from Epsom and St Helier NHS Trust which previously managed the Sutton Mental Health Services. Many of these funds have been dormant but recently there has been active encouragement for fund holders to use the funds.

Our financial health: our balance sheet

The net assets and fund balances are stated below and show an increase in the level of funds compared to last year. This is largely due to the donation from the Surbiton and Tolworth League of Friends which will be spent during 2023/24 on activities that benefit both patients and staff.

	Total 2023/4 £'000	Total 2022/23 £'000
Fixed Asset Investments	41	36
Net Current Assets/ (Liabilities)	67	52
Total Net Assets	108	88

About our investments

Investment is managed by CCLA Fund Managers Ltd. During 2023/24 the Charity transferred the investments held in its COIF Charities Investment fund and the Fixed Interest fund to a single Ethical Fund. Dividends are paid to the Charity's separate bank account on a quarterly basis. Investment reports are provided by CCLA on a quarterly basis and are then reviewed to determine any change needed. Investments are sold when needed to meet the expenditure requirements.

The total return last year, including dividends and interest was £963.

Risk management

As part of their business planning exercise carried out during the year, the Trustees have considered the major risks to which the Charity is exposed. They have reviewed systems and identified steps to mitigate those risks. Two major risks have been identified and arrangements have been put in place to mitigate those risks.

- **Future levels of income** – The Charity is reliant on donations to allow it to make grants/expenditure to patients or staff. If income falls, then the Charity would not be able to make as many grants/expenditure or enter into longer term commitments to support the patients. The Trustees have put in place plans to mitigate the risk that income will fall by involving various organisations including the League of Friends and NHS Charities Together, by engaging with fresh bidding rounds for funds and working with departments within the hospital to raise the profile of the Charity and to increase fundraising activities.
- **Fall in investment returns** – The Charity generates additional income from investing its cash balances. The Trustees consider the loss of investment income to be a financial risk. The risk is mitigated by retaining expert investment managers, having a diversified investment portfolio, and regularly reviewing that portfolio. The Trustees make use of benchmarking information when reviewing the portfolio.

Related parties

The Charity works closely with, and provides most of its grants and expenditure, on patients and staff at the Trust.

Our relationship with the wider community

The Trust's transformation programme has provided a platform to increase community engagement, and the Charity is linking into this to maintain and increase donations from the public.

Acknowledgements

As in previous years, the Trustees would like to pay tribute to:

- Our volunteers for their time, support, and commitment
- The members of staff who give their time out of hours in support of the work on the committees, in developing ideas and working with us to identify how we can help our patients.
- Our fundraisers who do so much to encourage others to enrich the lives of patients and staff through donations and fundraising activities.

The impact of your work is making a difference to the people who need it most.

Signed on behalf of the Trustees:

A handwritten signature in black ink that reads "Ann Beasley". The script is cursive and fluid, with the first letters of each word being capitalized and prominent.

Ann Beasley

Date: 9th January 2025

Statement of Trustees' responsibilities in respect of the Trustees' annual report and accounts

Under charity law, the Trustees are responsible for preparing the Trustees' annual report and accounts for each financial year which show a true and fair view of the state of affairs of the Charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the Trustees:

- Select suitable accounting policies and then apply them consistently
- Make judgments and estimates that are reasonable and prudent
- State whether the recommendations of the Statement of Recommended Practice (SORP) have been followed, subject to any material departures disclosed and explained in the financial statements
- State whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The Trustees are required to act in accordance with the trust deed and the rules of the Charity, within the framework of trust law. The Trustees are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the Trustees to ensure that, where any statements of accounts are prepared by the Trustees under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The Trustees have general responsibility for taking such steps as are reasonably open to the Trustees to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the Trustees:



Ann Beasley

Date: 9th January 2025

Statement of Financial Activities for the year ending 31 March 2024

	Note	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds 2024 £'000	Total Funds 2023 £'000
Income and endowments from:					
Donations and legacies	4	13	84	97	37
Charitable activities		-	-	-	-
Other trading activities	5	-	-	-	-
Investments	6	3	-	3	1
Total incoming resources		16	84	100	38
Expenditure on:					
Charitable activities	8				
· Admin and audit fees		(6)	-	(6)	(8)
· Patients comfort & other		(37)	(36)	(73)	(12)
· Staff welfare		(1)	(4)	(5)	(4)
Total expenditure		(44)	(40)	(84)	(23)
Net gains/ (losses) on investments	15	5	-	5	(2)
Net income/(expenditure)		(23)	44	21	13
Transfers between funds		5	(5)	-	-
Net movement in funds		(18)	39	21	13
Reconciliation of funds					
Total funds brought forward	20	39	48	88	75
Total funds carried forward	20	21	87	108	88

Balance Sheet as at 31 March 2024

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
		£'000	£'000	£'000	£'000
<i>Fixed assets:</i>					
Investments	15	-	41	41	36
Total fixed assets		-	41	41	36
<i>Current assets:</i>					
Debtors	16	-	-	-	-
Cash and cash equivalents	17	29	46	75	60
Total current assets		29	46	75	60
<i>Liabilities:</i>					
Creditors falling due within one year	18	(8)	-	(8)	(8)
Net current assets/ (liabilities)		21	46	67	52
Total assets less current liabilities		21	87	108	88
Creditors falling due after more than one year	18	-	-	-	-
Total net assets or liabilities		21	87	108	88
<i>The funds of the charity:</i>					
Restricted income funds	20	-	87	87	14
Unrestricted income funds		21	-	21	74
Total charity funds		21	87	108	88

The Trustees have not required the Charity to obtain an audit of its accounts for the year in question. The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions subject to the small entities' regime.

The notes at pages 14 to 24 form part of these accounts

Signed:



Ann Beasley

Date: 9th January 2025

Statement of Cash Flows for the year ending 31 March 2024

	Note	Total funds 2024 £'000	Total funds 2023 £'000
Cash flows from operating activities:			
<i>Net cash provided by (used in) operating activities</i>	19	12	13
Cash flows from investing activities:			
Dividends, interest and rents from investments	6	3	1
Proceeds from the sale of investments	15	-	-
Purchase of investments	15	-	-
<i>Net cash provided by (used in) investing activities</i>		3	1
<i>Change in cash and cash equivalents in the reporting period</i>		15	14
Cash and cash equivalents at the beginning of the reporting period	17	60	46
<i>Cash and cash equivalents at the end of the reporting period</i>	17	75	60

Notes on the accounts

1. Accounting Policies

(a) Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at fair value.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

(b) Reconciliation with previous generally accepted accounting practice

In preparing these accounts, the Trustees have considered whether any restatement of comparatives was required to comply with FRS 102 and the Charities SORP FRS 102.

(c) Cash and cash equivalents

These are cash held in hand and in the current bank account.

(d) Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as:

- A restricted fund or
- An endowment fund

The Charity does not have an endowment fund.

Those funds which are neither endowment nor restricted income funds, are unrestricted income funds. These are sub-analysed between earmarked funds, where the Trustee has set aside amounts to be used for specific purposes or which reflect the non-binding wishes of donors and those that are at the Trustee's discretion, including the general fund which represents the Charity's reserves. The major funds held in each of these categories are disclosed in note 20.

(e) Incoming resources

All incoming resources are recognised once the Charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received, and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms or conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point.

Where terms or conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

(f) Incoming resources from legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the Charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated, then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

(g) Incoming resources from endowment funds

The Charity does not have any endowment funds.

(h) Resources expended and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

(i) Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to patients of the Trust in accordance with the charitable objectives of the funds held on trust, primarily relief of those who are mentally not well.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant

- We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant
- There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The Trustees have control over the amount and timing of grant payments and consequently where approval has been given by the Trustees and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is recognised.

Where an intention has not been communicated, then no expenditure is recognised, but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met, then no liability is recognised, but a contingent liability is disclosed.

(j) Allocation of support costs

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 11.

(k) Fundraising costs

There were no fundraising costs incurred in 2023/24.

(l) Charitable activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objectives of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 8.

(m) Fixed asset investments

Investments are a form of basic financial instrument. Fixed asset investments are initially recognised at their transaction value and are subsequently measured at their fair value (market value) as at the balance sheet date. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year. Quoted stocks and shares are included in the Balance Sheet at the current market value quoted by the investment analyst, excluding dividend. Other investments are included at the Trustees' best estimate of market value.

The main form of financial risk faced by the Charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors. Further information on the Charities fund investments can be found in note 15.

(n) Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

(o) Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due.

(p) Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the Charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long-term creditors. The Charity does not have long term creditors.

(q) Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (purchase date if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or purchase date if later).

(r) Pensions

The Charity does not have directly employed staff. The staff who run the Charity are employees of the Trust.

(s) Going concern

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

In future years, the key risks to the Charity are a fall in income from donations or investment income but the Trustees have arrangements in place to mitigate those risks (see the risk analysis sections of the annual report for more information).

2. Prior year comparatives by type of fund

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Income and endowments from:			
Donations and legacies	7	30	37
Investments	1	-	1
Total incoming resources	8	30	38
Expenditure on:			
Charitable activities			
• Admin and audit fees	(7)	-	(7)
• Patients comfort & other	(12)	-	(12)
• Staff welfare	(4)	-	(4)
Total expenditure	(23)	-	(23)

3. Related party transactions

None of the trustees or members of the South West London and St George's Mental Health NHS Trust board or parties related to them has undertaken any transactions with South West London and St George's Mental Health NHS Trust Charitable Fund or received any benefit from the charity in payment or kind. The trustees received no honoraria or emoluments in the year and no expenses were paid.

South West London and St George's Mental Health NHS Trust makes a number of clerical and transaction services available to the charity, by agreement with the trustees. These include administrative services at a cost of £4,000 (£4,000 in 2022/23) in running the charity accounts which includes preparing the charity's final accounts.

4. Income from donations and legacies

	Unrestricted funds £'000	Restricted Funds £'000	Total 2024 £'000	Total 2023 £'000
NHS Charities Together	-	-	-	-
Donations from individuals	13	-	13	6
Corporate donations	-	84	84	31
Legacies	-	-	-	-
Grants	-	-	-	-
	13	84	97	37

5. Analysis of income from other trading activities

The charity was not involved in any trading activities during 2023/24 (£0 in 2022/23).

6. Gross Investment income

	Unrestricted funds £'000	Restricted funds £'000	Total 2024 £'000	Total 2023 £'000
Fixed assets equity and similar investments	-	-	-	-
Short term investments, deposits & cash on deposit	3	-	3	1
	3	-	3	1

7. Analysis of expenditure on raising funds

The charity did not incur any expense in raising funds in 2023/24 (£0 in 2022/23).

8. Analysis of charitable expenditure

The charity did not undertake any direct charitable activities on its own account during the year. The charitable expenditure is shown below in summary:

	Grant funded Activity £'000	Support Costs £'000	Total 2024 £'000	Total 2023 £'000
Admin and audit fees	6	-	6	7
Patients comfort, functions & other	37	36	73	12
Staff education and welfare	1	4	5	4
Total	44	40	84	23

9. Analysis of grants

The total cost of making grants, including support costs, is disclosed on the face of the Statement of Financial Activities and the actual funds spent on each category of charitable activity, is disclosed in Note 8.

The trustees operate a scheme of delegation for the majority of the charitable funds, under which fund advisors manage the day-to-day disbursements on their projects in accordance with the directions set out by the trustees in charity standing orders and financial instructions. Funds managed under the scheme of delegation represent ongoing activities and it is not possible to segment these activities into discrete individual grant awards.

10. Movements in funding commitments

	Note	Current Liabilities £'000	Non-Current Liabilities £'000	Total 2024 £'000	Total 2023 £'000
Opening balance at 1 April	18	8	-	8	10
Additional commitments made during the year		87	-	87	-
Movement from current to noncurrent		-	-	-	-
Amounts paid during the year		(87)	-	(87)	(2)
Closing balance at 1 April	18	8	-	8	8

Expenditures are approved and paid out in the same financial year. As the charity has control over the award and timing of grants there is little uncertainty around these payments.

11. Allocation of support costs and overheads

Support and overhead costs are allocated between fundraising activities and charitable activities. Governance costs are those support costs which relate to the strategic and day to day management of a charity.

The basis of allocation used is as follows:

- **Expenditure:** this is a proportion based on the fund balance at the end of the year before governance cost. This is used where the trustees consider this is a more equitable treatment to avoid disadvantaging funds with high volume, low value transactions. The charity did not pay any money for salaries directly but a percentage of staff costs who were involved in the running of the charity's accounts was recharged.

	Raising funds	Charitable activities	2024 Total	2023 Total	Basis
	£'000	£'000	£'000	£'000	
Independent Examination	-	2	2	2	Expenditure
Accountancy Costs	-	-	-	-	Expenditure
Staff salary recharges	-	4	4	4	Expenditure
Governance costs	-	6	6	6	
Office Admin Charge	-	-	-	-	
Total	-	6	6	6	

	Unrestricted funds	Restricted funds	Endowment funds	2024 Total	2023 Total
	£'000	£'000	£'000	£'000	£'000
Charitable Activities	6	-	-	6	6
	6	-	-	6	6

12. Trustees' remuneration, benefits and expenses

The charity's trustees give their time freely and receive no remuneration for the work that they undertake as trustees.

13. Analysis of staff costs and remuneration of key management personnel

There were no staff directly employed by the charity.

14. Independent examiner's remuneration

The independent examiners remuneration is £2,400 (2022/23: £2,280).

15. Fixed asset investments

Movement in fixed asset investments	2024 £'000	2023 £'000
Market value brought forward	36	37
Add: Additions to investments at cost	-	-
Less: Disposals at carrying value	-	-
Add: Net gain/ (loss) on revaluation	5	(2)
Market value as at 31st March	41	36

Fixed asset investments by type	2024 £'000	2023 £'000
COIF Charities Ethical Investment Fund	41	-
COIF Charities Investment Fund	-	10
COIF Charities Fixed Interest Fund	-	21
Total listed investments	41	32
Deposit Fund interest bearing	-	4
Total	41	36

All investments are carried at their fair value.

South West London and St George's Mental Health NHS Trust Charitable Fund investments are mainly traded in markets with good liquidity and high trading volumes. The charity has no material investment holdings in markets subject to exchange controls or trading restrictions.

The charity manages these investment risks by retaining expert advisors and operating an investment policy that provides for a high degree of diversification of holdings within investment asset classes. All investments were made in companies listed on a UK stock exchange or incorporated in the UK and therefore all investments are treated as investment assets in the UK. Restricted appeals to fund specific equipment or assets are held on notice deposit or overnight on the money markets in accordance with the trustees' investment policy.

16. Analysis of current debtors

Debtors under one year	2024 £'000	2023 £'000
Accrued income	-	-
Total	-	-

There were debtors of £875 at the end of 2023/24, however due to rounding these are not reflected in the note above.

17. Analysis of cash and cash equivalents

	2024 £'000	2023 £'000
Cash in hand	1	1
Current Account	74	59
Total cash and cash equivalents	75	60

No cash or cash equivalents or current asset investments were held in non-cash investments or outside of the UK.

18. Analysis of liabilities

	2024 £'000	2023 £'000
Creditors falling due within one year		
Trade creditors	6	2
Other accruals	2	6
	8	8
Creditors falling due after more than one year	-	-
Total	8	8

19. Reconciliation of net income/ (expenditure) to net cash flow from operating activities

	2024 £'000	2023 £'000
<i>Net income/ (expenditure) as per the Statement of Financial Activities</i>	21	13
Adjustments for:		
(Gains)/ losses on investments	(5)	2
(Purchase)/ sale of Investments	-	-
Dividends, interest and rents from investments	(3)	(1)
(Increase)/ decrease in debtors	(1)	1
Increase/ (decrease) in creditors	-	(2)
<i>Net cash provided by/ (used in) operating activities</i>	12	13

20. Analysis of charitable funds

a) Analysis of endowment fund movements

The charity does not have any endowment funds.

b) Analysis of restricted fund movements

	Balance b/f £'000	Income £'000	Expenditure £'000	Transfers Gains £'000	Balance c/f £'000
NHS Charities Together Stage 3	-	51	(13)	-	38
NHS Charities Together Dev Gra	-	30	(2)	-	28
Surbiton And Tolworth Fund	29	3	(20)	-	12
Crocus Ward (St Helier)	9	-	(3)	-	6
Henderson Staff Training	2	-	-	-	2
Others (below £1k)	8	-	(2)	(5)	1
Total	48	84	(40)	(5)	87

The Stage 3 Grant is the first tranche being used to fund a programme of mental health first aid training targeted at the residents of Springfield Village.

The Development Grant is being used to procure the services of specialist fundraising consultants to generate short term income and advise on realistic strategies for future income generation.

All the remaining restricted funds were transferred from Epsom and St Helier Hospitals and the main purpose of them is to improve the welfare of patients and staff.

c) Analysis of unrestricted and material designated fund movements

	Balance b/f £'000	Income £'000	Expenditure £'000	Transfers £'000	Gains & Losses £'000	Balance c/f £'000
Aquarius Ward	9	-	-	-	-	9
Deaf & Family Contingency	8	-	-	(8)	-	-
General Fund	4	13	(42)	24	5	4
Richmond Comm. MH team	5	-	-	(5)	-	-
Traumatic Stress	2	-	-	(2)	-	-
Shaftesbury Clinic	2	-	-	(2)	-	-
Wandsworth Rehab	2	-	-	(2)	-	-
Others (below £1k)	7	3	(2)	-	-	8
Total	39	16	(44)	5	5	21

The trustees reported all the unrestricted funds in the above table without limiting it to a threshold. The objects of each of the designated unrestricted funds, greater than £1,000, are as follows:

The **Aquarius Ward** fund is designated to support the children on the ward with their activities and improving the ward environment.

Other **designated funds** relate to assisting patients on other wards and clinical departments within the SWLSTG MH NHS Trust for which donors have indicated their non-binding wishes when making their generous gifts. In the interests of accountability and transparency a complete breakdown of all such funds is available upon written request.

The total restricted and non-restricted funds amount to £108k, which includes a £5k gain accounted for in the current year 2023/24.

Independent examiner's report to the Trustees of South West London and St George's Mental Health NHS Trust Charitable Fund (the 'charity')

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2024.

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Responsibilities and basis of report

As the Trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I can confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Dated: 21/4/2025

Robert Smith ACA

Griffin Stone Moscrop & Co
Chartered Accountants
21-27 Lamb's Conduit Street
London
WC1N 3GS