NORTH CUMBRIA HOSPITALS NHS CHARITY

England & Wales · Charity number 1059946

Details

Other names	CARLISLE HOSPITALS NHS TRUST CHARITABLE FUND, NORTH CUMBRIA ACUTE HOSPITALS NHS TRUST CHARITABLE FUND, NORTH CUMBRIA UNIVERSITY HOSPITALS CHARITABLE FUND, NORTH CUMBRIA UNIVERSITY HOSPITALS NHS TRUST CHARITABLE FUND
Status	Registered
Legal form	Other
Registered	1996-12-31
Register	View on the Charity Commission register

Contact

Address	NHS Finance Parkhouse Building Baron Way Kingmoor Business Park Carlisle Cumbria CA6 4SJ
Phone	01228523444

Activities

Objects: FOR ANY CHARITABLE PURPOSE OR PURPOSES RELATING TO THE NATIONAL HEALTH SERVICE

Activities: The trustees shall hold the charitable fund upon trust to apply the income and at their discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service.

Classification

- **How:** Makes Grants To Organisations
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

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Geography

- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£359,000	£613,000	-	-
2024-03-31	£1,249,633	£331,827	£3,436,562	0
2023-03-31	£415,157	£523,276	-	-
2022-03-31	£385,000	£397,000	-	-
2021-03-31	£1,123,000	£474,000	£2,559,000	0

Trustees

Name	Role	Appointed
NORTH CUMBRIA INTEGRATED CARE NHS FOUNDATION TRUST		2019-10-01

Linked charities

- CARLISLE HOSPITALS CARDIOLOGY FUND (1059946-1)
- CARLISLE HOSPITALS RENAL FUND (1059946-2)
- CARLISLE HOSPITALS BREAST CANCER FUND (1059946-3)
- CARLISLE HOSPITALS CANCER FUND (1059946-4)
- CARLISLE HOSPITALS CT SCANNER FUND (1059946-5)
- CARLISLE HOSPITALS RADIOTHERAPY FUND (1059946-6)
- CARLISLE HOSPITALS CHILDRENS FUND (1059946-7)
- CUMBERLAND INFIRMARY MEDICAL EQUIPMENT FUND (1059946-8)

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NORTH CUMBRIA HOSPITALS NHS CHARITY

England & Wales - Charity number 1059946

Accounts

Registered Charity Number: 1059946

NHS
North Cumbria Integrated Care
NHS Foundation Trust







NORTH CUMBRIA HOSPITALS NHS CHARITY







North Cumbria Hospitals **NHS Charity**

Annual Report and Accounts **2024/25**

www.ncic.nhs.uk

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With grateful appreciation and special thanks. 248

1 Trustee's Annual Report

The Corporate Trustee presents the North Cumbria Hospitals NHS Charity Annual Report together with the financial statements for the year ended 31 March 2025. The audit of the annual report and accounts was undertaken by the Charity's auditor, Dodd & Co Audit Limited.

The Charity's annual report and accounts for the year ended 31 March 2025 have been prepared in accordance with the accounting policies set out in section 13 to the accounts. They comply with the deed of trust, the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2009 and the Accounting and Reporting by Charities: Statement of Recommended Practise (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity's report and accounts include all the separately established funds for which the North Cumbria Hospitals NHS Charity is the sole beneficiary.

1.1. Foreword by the Chair of North Cumbria Integrated Care NHS Foundation Trust.

Welcome to the North Cumbria Hospitals NHS Charity Annual Report for 2024/25. Our charity supports the services provided by our two acute hospitals, the Cumberland Infirmary in Carlisle and the West Cumberland Hospital in Whitehaven, for the benefit of NHS patients, their families and communities.

Thanks to the generosity and kindness of our donors, our Charity is in a healthy position with a balance of £3,163k. Our charitable funds enable us to invest in our facilities, patient services and our staff to improve the safety and quality of the care we provide.

We have been thankful for £136k in generous donations from individuals and companies and £66k in grants. We have also received £40k in legacies. We will remember John Barker Dickinson. Frank Scott McDougall, Jean Scott and John James Irving whose kindness in death means they live on in our memory through the care we provide to others.

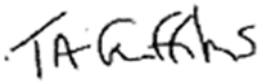
Through this generosity, our Charity has been able to improve patient care by investing in medical equipment that the Trust would otherwise be unable to afford. This year we have agreed to invest in a cardiac Patient Monitor central monitoring system with 4 monitored beds units and a licence to provide patients requiring Contrast Enhanced Mammography (CEM) to be treated at WCH rather than needing an additional appointment at CIC. For some patients CEM is beneficial in detecting cancers that might not have been detected by conventional imaging.

In total, we have made grants of £577k for a range of benefits including medical equipment, staff education and training, and patient welfare and amenities.

This is only possible with the kindness of our donors. A heartfelt thank you to you all.

Looking forward, we are looking at new ways to engage more effectively with staff, patients and their families and to support them in their fundraising efforts.

The NHS is under pressure as never before, and the support of our Charities is more important than ever. The generosity and support of our donors and fundraisers means that we can face the future with optimism, and take great pride in the contribution we make to our NHS.



14 January 2026

Teresa Griffiths,
Interim Chair of North Cumbria Integrated Care NHS Foundation Trust

1.2. Who we are

North Cumbria Hospitals NHS Charity ('the Charity') is a registered charity (registered charity number: 1059946). We exist to raise funds and receive donations for the benefit of the NHS. For us this is the patients of the Cumberland Infirmary and West Cumberland Hospital. By securing donations, legacies, and sponsorship, the Charity can provide the 'icing on the cake' to make a real difference for patients, their families and the staff who look after them. Providing both general and specialist care, the Cumberland Infirmary and West Cumberland Hospital are key partners in fulfilling our charitable aims. We would like you to support us in our crucial work so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

1.3. Charity details

Charity Name: **North Cumbria Hospitals NHS Charity**

Registered Charity Number: **1059946**

Principal Office:
North Cumbria Hospitals NHS Charity
Executive Director of Finance
c/o NHS Finance
Parkhouse Building South
Baron Way
Kingmoor Business Park
Carlisle
Cumbria
CA6 4SJ

The Charity was established under the Umbrella Charity Model by a declaration of trust dated 29 October 1996, as amended by the supplemental deed dated 28 January 2003 and by supplemental deed dated 6 October 2009.

The Charity has a Corporate Trustee which was North Cumbria University Hospitals NHS Trust up until 30 September 2019. On 1 October 2019 the North Cumbria University Hospital NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date.

The transaction took place under Section 56A of the National Health Service Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust.

1.4. Our mission

By raising new money and careful management of our existing funds, North Cumbria Hospitals NHS Charity provides a public benefit by making grants to North Cumbria Integrated Care NHS

Foundation Trust. The object of the Charity is as follows:

The Trustee shall hold the charitable fund upon trust to apply the income and at their discretion, as far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service.

Charitable funds received by the Charity are accepted and held and administered as funds held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service and Community Care Act 1990. These funds are held on trust by the corporate body. The members of the Charitable Funds Committee confirm that they have referred to the guidance provided by the Charity Commission on public benefit when reviewing aims and objectives, when planning future activities and in setting the grant making policy for the year.

The Charity supports projects and interventions that improve patient experience, enhance services, improve patients' overall health, and support the wellbeing and development of NHS staff. The Charity covers the costs for items such as specialist equipment and projects such as staff wellbeing initiatives and health education which are not covered by NHS core funding.

Grants to the Trust are made in accordance with charity law, our constitution and the wishes and directions of donors. In making grants, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2024/25 grants totalling £577k (2023/24: £303k) were made.

1.5. What we have achieved:

The Charitable Funds Committee keeps the spirit of "public benefit" at the forefront of its decision making and encourages applications for grants to support patient centred initiatives. During 2024/25 the Committee approved a small number of bids for expenditure of more than £20,000. This included approving the following grants:

- £74,000 for a Philips IntelliVue Patient Monitor central monitoring system with 4 monitored beds units for The Heart Centre;
- £46,000 for the development of a Quiet Garden at the Cumberland Infirmary next to the new Endoscopy Unit;
- £44,089 to support the Healing Arts programme in the Trust;
- £30,080 for the purchase of Archimedes Navigational Software to reduce the number of Endobronchial Ultrasound Service (EBUS) patients requiring surgery and anaesthesia for diagnostic purposes.
- £48,000 to provide contrast enhanced Mammography at WCH

By funding services and equipment we can help our staff to provide care to their patients which goes beyond that which NCIC is funded by the government to provide.

We assist patients from every walk of life, irrespective of race, creed, ethnicity or personal

circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

• Enhancing the care our hospitals can offer through new equipment and building improvements to deliver better facilities.

• Investment in the people who work for NCIC to ensure the best care for our patients, their families and visitors.

• Providing direct support to patients by way of information, enhanced support and better facilities.

Highlights from public benefit

David, Stacey and Darcey King - Ice Skating as a thank you for looking after baby Darcey £600 to CIC SCBU



An Olympic ice skating couple - whose baby was cared for in the Special Care Baby Unit at the Cumberland Infirmary in Carlisle – have raised £600 for North Cumbria Hospitals NHS Charity.
Parents David and Stacey King, from Carlisle, returned to SCBU – where their daughter was born – to hand over the money.
The pair had a hugely successful ice skating career which included national titles and appearances at two Winter Olympics in Vancouver and Sochi. Following retirement from competitive skating, the couple started a family.
However, complications arose when Stacey contracted sepsis while she was pregnant with her daughter, Darcey. Darcey was born on June 16, 2020 in the middle of the Covid pandemic and spent nine weeks in SCBU.

In January, David and Stacey opened the prestigious Trophee D'Ecosse Challenger International competition at the Dumfries Icebowl and gave their fee to SCBU, as well as raising awareness of the work that the staff do.

Tubby FC £450 – WCH Breast Care

Our thanks to Tubby FC and NHS International FC, who played a friendly footy match to raise money for a worthy cause! These two teams come together each year for a game of football and to raise money for a good cause. The players each donated £10 to take part, they sold football cards and held a raffle to raise the cash.

This year they agreed to donate to the Breast Care Team who were delighted to be presented with a cheque for £450!

Natalie Walker, Breast Care Nurse at WCH, said: "We're delighted to be chosen by the teams for this incredibly kind donation, money like this really does make a difference to us. We will use the money towards Health and Wellbeing days for the ladies in our care as well as buying specialist

bras which we know make such a difference to the women we care for. So a huge thank you to all involved!"

Eric Parkin, who works as a team cleaner at WCH explained: "We're happy to be raising money for such a great cause and look forward to getting together with our NHS International friends every year, to raise as much as we can!"

The Black Lion Hethersgill - Pub's Charity of the Month £265 CIC general fund



Thank you to the Black Lion pub at Hethersgill who chose us as their first charity of the month after reopening under new management.

We are so grateful they raised £265 for our charity. Landlady Marti Irving handed over the money raised to Kath Hughes representing the charity this weekend.

Thank you to you and your customers.

Conrad's Spring Bash raises £22,000 for our charity



A charity Spring bash to raise money for NCIC's Special Care Baby Unit and the Neoangels charity has raised more than £22,000.

Harriet Storey organised the event at the Halston Hotel in Carlisle on 4 May 2024 to say thanks to staff in SCBU and the charity Neoangels at the James Cook Hospital in Middlesbrough.

She handed the money over to staff on SCBU this week. They will use it to transform a room for families to relax in when they are with their babies.

Harriet's son, Conrad, made a surprise arrival into the world two years ago – arriving 12 weeks early! So Harriet wanted to give something back and say thanks to SCBU staff and the neonatal unit in Middlesbrough for the care Conrad was given in his early days.

Harriet says more than £17,000 of the money raised will go to SCBU and £5,000 to Neoangels.

Conrad, who will celebrate his second birthday on Tuesday, was born on the evening of 14 May 2022 and spent his first five weeks in the Neonatal Unit at James Cook Hospital in Middlesbrough, helped by the Neoangels charity. As he grew stronger, he was moved back to SCBU at CIC.

Harriet and her family are so grateful for the help they received.

Harriet said: “I am speechless. We have raised an unbelievable amount of money and I want to thank everyone for their support.

“The Spring bash was an idea that came around after the brilliant care Greg, Conrad and myself received when Conrad made his rather dramatic and early entrance into the world. From the start, the support has been incredible.

“Seeing a packed events space at the Halston, the amazing auction prizes and the raffle and people’s generosity, I couldn’t believe it.”

Harriet would like to thank everyone who helped organise the event and everyone who supported it.

Lead Matron for Women and Children, Ben Frampton, said: “All of the staff on the unit would like to thank Conrad and his family and supporters for raising such a fantastic amount of money. It will benefit future babies and their families.

“Some of our staff attended the event and said it was fantastic. We are so very grateful. Thank you.”

Magpie Inn raises £800.05 for the CIC Breast Care Fund



A total of £800 was raised by regulars at The Magpie Inn, Carlisle.

They held an event called Brave the Shave where 15 people shaved their heads to raise money for the Eden Breast Screening Unit. The unit is close to their hearts as Clair has previously undergone treatment at CIC for breast cancer. Clair, along with her sister, Sheila, wanted to give something back to say thank you for the care she received.

Judith Lightburn - £1,000 CIC Breast Care Fund

Judith Lightburn wanted to say thank you for the care she received and give something back. Judith and her family have raised £1,000 for the Breast Unit at the Cumberland Infirmary by chopping bags of kindling and selling them.

She called her fundraising effort “Chopping for Charity.”

Judith came back into hospital to hand the money over to Thomas Nedumpara, Consultant Breast Surgeon, Julia Forsyth, Clinical Nurse Specialist and Ioannis Michalakis, Consultant Breast Surgeon and Clinical Lead.

The Charity is most grateful to all supporters for their contributions.

Lesley Cullen *donated £1,000 for the CIC ICU team as a thank you for the way they cared for her sister in her final weeks, she said the team were amazing.*

Forth Engineering donated £6,733.05 for the WCH Paediatric Ward

Friends and Family of Rory Amos *held a memorial match for Rory and raised £370 for CIC SCBU*

Tony Cleasby's family donated £463.38 to the CIC General Fund

Keith Renton *donated £1,000 to Stroke & Eldery Care who was cared for by the team in the summer of 2024 over several visits. He is now doing well*

Mr & Mrs Walker donated £1,000 to Breast Care at CIC

Miss Phillipson's *family donated £694.22 to the CIC Renal Unit*

Anita Mounsey's husband Tony donated £127 to the Abbey Campbell Asthma Fund

Christine Elizabeth Threlkeld *family donated £225 to the Stroke fund at Carlisle in memory of a much loved mother, sister and granny*

Sally-Anne Fielding's loved ones donated £203 to the CIC Renal unit in memory of Sally-Anne, a much loved mummy of Maddison and a dearly loved daughter and sister.

Brian Richardson *donated £566.75 to the CIC Renal Unit*

M J Earl donated £1,928.70 to the WCH Breast Symptomatic Fund

Skiiand & Sahul *donated £500 to the Children's Diabetes Fund*

Eric Urquhart donated £400 to coronary care unit in memory of Jessie

Brenda Morley's *Husband Alan, sisters Valerie and Sam donated £815.55 to the CIC ITU Equipment Fund*

WCH ITU Staff were very brave and completed at skydive and raised £1,400 for their department

Sellafield Staff *continue to support the teams at WCH and have made 3 donations through the year for their peer to peer programme. £4,205 for WCH Breast Symptomatic Fund, £200 WCH Renal Unit and £300 WCH Paediatric Ward*

Mark Foster donated £1,526.64 to the neuro physio team to purchase some new equipment, including a VR headset

Pauline Chapman *donated £100 to the mortuary department as a thank you to Amy Wattleworth for the exceptional care she provided.*

Matty Newton's family donated £1,050.65 to the CIC Breast Care fund from his funeral service. This was in addition to £209.97 donated via Much Loved

Mrs K Hayton *donated £10 to WCH Breast Symptomatic fund to purchase some chocolates for the team*

The Parish of Whitehaven collected £334 from a memory tree over Christmas and donated this to WCH SCBU

Crossfield garage *raised £1,000 and donated this to the WCH Paediatric Fund*

The relatives of Marilyn Harkness donated £500 to the CIC ITU fund

Joan Graham *donated £450 to the Stroke & Elderly Care fund as a thank you for the care Carl recieved*

M Jones raised £2,000 for the leukaemia fund

Seth Blaylock *held an Easter Raffle and raised £100 for the Children's diabetes Fund*

Carlisle Citadel donated £500 to the Children's Ward

Mike Davidson *donated £335 to the CIC A&E Department*

The Crafty Club raised £950.00 for the WCH Breast Symptomatic Fund

Gordon Consultancy Ltd (Crosby on eden Church) *donated £325.83 in memory of Marjorie Murray for CIC SCBU*

Suzanne Kelsey gave £250 to the CIC Cardiology Fund along with a lovely card thanking the team

Kath Hunter *donated £40 to the Breast cancer screening fund*

Lucky Competitions raised £200 for WCH SCBU

J C Samuels *donated £500 to the WCH Medical Coronary Fund*

Billy Woosnam had £1,400.61 donated in his memory to the WCH Medical Coronary Fund

The Distington club for young people *have donated £238 to the Oncology Fund*

J&J Shaw raised £2,800 for the WCH Breast Symptomatic Fund

K Wilkinson donated £1,711.20 to the WCH Breast Symptomatic Fund

Cutting Edge donated £100 for the WCH ITU department. The company said "I am writing to express my deepest gratitude for the exceptional care and support provided to our staff member and his mother during her time in ICU" They also thanked the team for their compassion, dedication and professionalism.

Lorraine El-Far *made and sold cards, raising £500 For CIC Cardiology. This was a thank you to Dr Justin Barclay and his team for looking after her husband Nabeil in July 24*

Natasha Barker and Andrew Buxton donated £100 to the CIC Maternity Bereavement Fund

Ben McKendrick *donated his £200 winnings from his work draw (Jacob Stobbarts) to WCH SCBU. This charity is special to Ben and he hopes his donation makes a difference*

P Bell donated £3,600 to the CIC Breast Care Fund

Linda Bell *donated £300 to the Respiratory team at CIC. She said "This donation comes with grateful thanks fro all the care & support my husband Alistair received as a patient"*

Graeme Dixon's family donated £800 to the CIC ICU. They would like this money to go towards memory boxes: "The box really helped me and gave me comfort in the darkest of days, we would like to pass that comfort onto someone else"

This is a small list of the donations received into the charity and every donation is greatly appreciated. We give thanks that you choose to support our charity



1.6. Trust Board

The Charity‘s corporate trustee is North Cumbria Integrated Care NHS Foundation Trust (NCIC). NCIC is led by a Trust Board made up of executive and non executive directors. Executive directors are responsible for the operational management of the Trust whilst non executive directors make sure the Board act in the interests of our patients and community.

The members of the Trust Board who served during the financial year are shown in the table on the next page. Unless otherwise noted, the Directors were in post for the 12 month period to 31 March 2025 and up until the point at which the accounts were adopted.

Name	Responsibilities	Post From	To
Steve Morgan	Chair		31/10/2025
Teresa Griffiths	Non-Executive Director & Acting Chair wef 01/11/2025		
Lyn Simpson	Chief Executive		27/07/2025
Trudie Davies	Interim Chief Executive	28/07/2025	
James Drury	Executive Director of Finance, Estates & Digital		
Adrian Clements	Executive Medical Director		
Jill Foster	Executive Chief Nurse		17/04/2025
Hilda Gwilliams	Interim Executive Chief Nurse	09/05/2025	14/09/2025
Gill Findley	Interim Executive Chief Nurse	06/10/2025	
Johanna Reilly	Interim Chief Operating Officer		31/05/2024
Imran Devji	Executive Chief Operating Officer	31/03/2025	
Kelly Angus	Interim Chief People Officer	26/08/2025	
John Batty	Non-Executive Director		30/09/2025
Margie Burdis	Non-Executive Director	01/11/2025	
Mark Cullinan	Non-Executive Director		
Adesuwa Garrick	Associate Non-Executive Director	01/12/2024	
Claire Maxwell-Smith	Non-Executive Director	01/09/2025	
Des Moore	Non-Executive Director		31/08/2025
Ian Waugh	Non-Executive Director	01/10/2024	
Jonathan Weber	Non-Executive Director	01/09/2024	

1.7. Trustees

The Charity's trustee has delegated its powers and functions to the Charitable Funds Committee. The Charitable Funds Committee administer the funds held in trust by the Charity in accordance

with any statutory or other legal requirements or best practice required by the Charities Commission on behalf of the Corporate Trustee.

The affairs of the Charity are conducted at quarterly Charitable Funds sub-committee meetings, with a report of the meetings presented to the Trust Board.

The Charitable Funds Committee is responsible for the overall management of the charitable fund. The Committee is required to:

- Control, manage and monitor the use of the fund's resources.
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income.
- Ensure that the approved Investment Policy by the NHS Foundation Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations.
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.
- The Executive Director of Finance is the responsible executive officer. The accounting records and the day to day administration of the funds are dealt with by the Trust's Finance Department located at the Charity's registered address above.

Governance is maintained by various policies and procedures, in particular the Charitable Fund's Governing Document. Members of the Charitable Funds Committee are not individual trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

The members of the Charitable Funds Committee in 2024/25 were:

Name	Responsibilities	From	To	Committee Attendance
Steven Morgan	Chair		31/10/2025	2/3
Philip Kane	Non Executive Director		30/06/2024	1/1
Des Moore	Non Executive Director		30/09/2025	1/1
Ian Waugh	Non Executive Director	01/10/2024		1/1
Jonathan Weber	Non Executive Director	01/10/2024		1/1
Jill Foster	Executive Chief Nurse		17/04/2025	1/3
Steve Park	Director of Communications			2/3
Matt Phillips	Associate Medical Director			3/3

1.8. Our Advisors

The Charitable Funds Committee is also assisted by professional advisors as detailed below:

Auditors
Dodd & Co Audit Limited
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
CARLISLE
CA1 2RW

Solicitors
Ward Hadaway
102 Quayside
Newcastle Upon Tyne
NE1 3DX

Bankers
c/o NatWest Bank
280 Bishopsgate
London
EC2M 4RB

2. How we funded our work, our achievements and our performance

The total net assets of the Charity as at 31 March 2025 of **£3.163 million** (31 March 2024: **£3.436 million**) are divided as follows:

- **Restricted Funds** (Special Purpose Charities)
  £0.899 million (31 March 2024: **£0.916 million**)

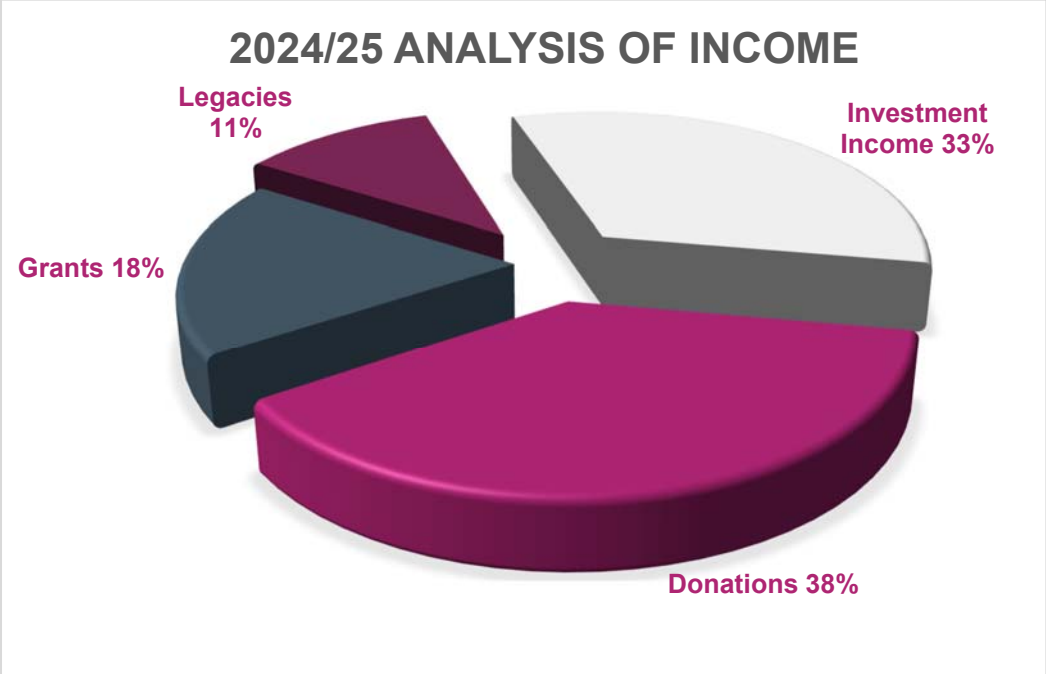
- **Unrestricted Funds** (General Purpose Charities)
  £2.264 million (31 March 2024: **£2.520 million**).

Overall the net assets decreased by **£273,000** which included a loss on investments of **£19,000** (2023/24: increase of **£958,000**).

2.1. Money received

The following graph illustrates the breakdown of the total income received in the 2024/25 financial year. Total income was £359,000 (2023/24: £1,250,000). The total value of donations received in

2024/25 was £136k (2023/24: £130k) of which £120k was from individuals (2023/24: £118k), £16k from companies (2023/24: £12k). The Charity received £66k from grants (2023/24: £83k).



Grants received were as follows:

NHS Charities Together - £37,950
Arts Council England - £24,942
First Trenitalia West Coast Rail Ltd - £2,650

The NHS Charities Together grant was the second instalment of the recovery grant awarded to support our staff's recovery from the COVID pandemic. We were awarded £154,000 in total to support a number of projects including a wellbeing programme and mental health awareness and training sessions.

The value of legacies in 2024/25 was £40k (2023/24: £924k). Listed below are the legacies received or notified to the Charity between 1 April 2024 and 31 March 2025 and the areas that have benefitted:

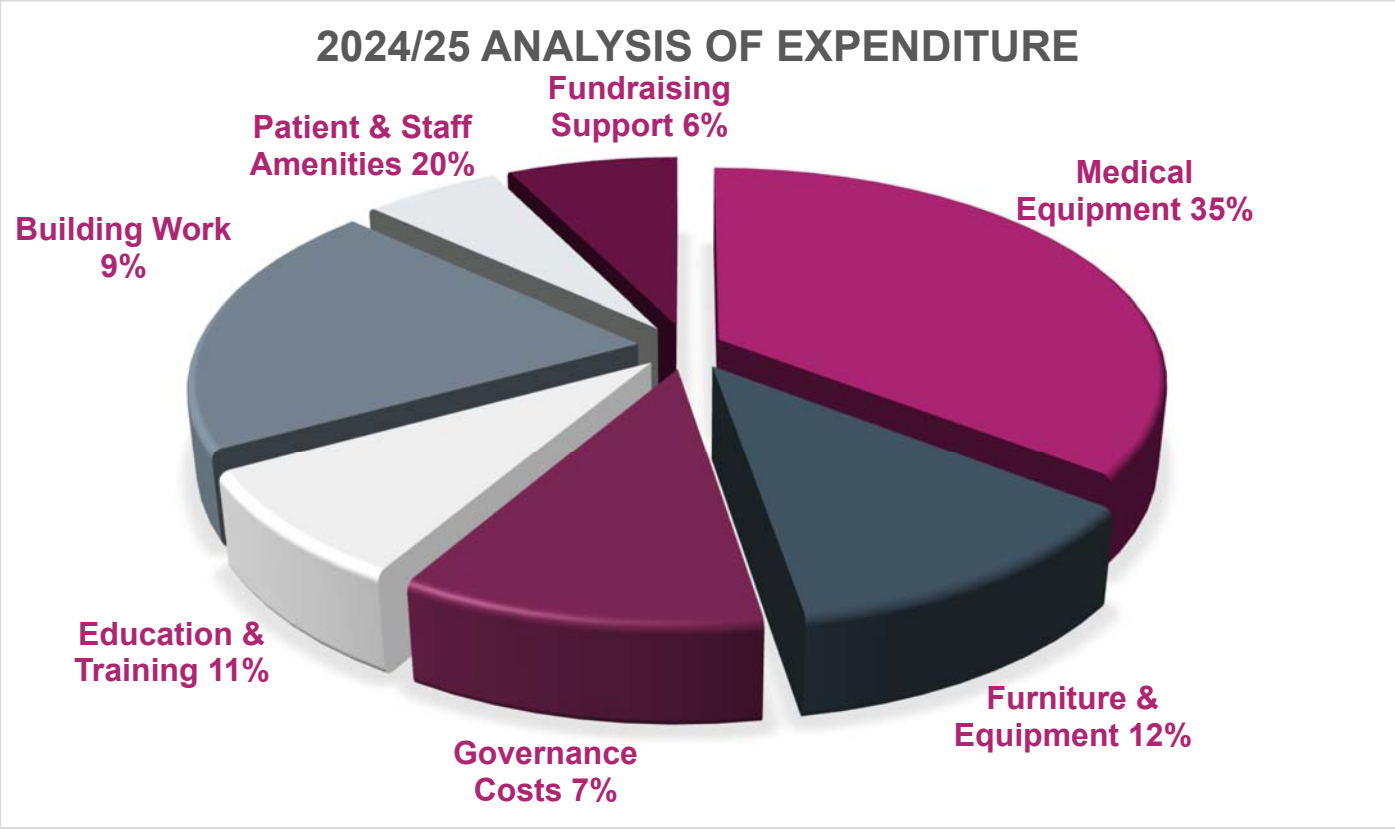
John Dickinson	Respiratory
Frank Scott McDougall	Urology
John James Irving	CIC Oral Surgery
Jean Scott	Respiratory

Investment income was £117k in 2024/25 (2023/24: £113k).

2.2. Money spent

Of the total expenditure of £613k in 2024/25 (2023/24: £333k), expenditure on direct charitable activity was £532k (2023/24: £260k) spent across a range of programmes from education and training to medical equipment. The monies spent were used to purchase additional goods and services not normally provided by, or in addition to, the normal NHS service that benefit staff and patients.

A further £36k was spent on fundraising (2023/24: £30k) and governance costs were £45k (2023/24: £43k).



Patient Care Equipment

In 2024/25 grants totalling £343k were made relating to medical and surgical equipment, furniture, information technology equipment and minor building works, (2023/24: £142k). These grants are used for improvement in the quality of care and comfort of patients by the provision of services or facilities not normally provided by, or in addition to, the normal NHS service.

Key expenditure items approved by the Charity in 2024/25 were as follows:

£74,000	Cardiac Monitoring System	Cardiology services
£48,000	Contrast Enhanced Mammography at WCH	WCH Breast Symptomatic Fund
£46,000	Quiet Garden at CIC	General Funds
£11,084	Sleeper Chairs	Maternity WCH

£8,670	Rehabilitation chairs	WCH ICU
£9,550	Design and installation of artwork	The Northern Cancer Centre

Patients & Staff Welfare and Amenities

During 2024/25, grants totalling £121k (2023/24: £57k) were awarded to help improve the quality of care received by patients through the provision of services and facilities not normally provided for, or in addition to, the normal NHS service and to improve staff morale and their capacity to service patients well. The grants included a contribution to the Trust's Healing Arts programme, Christmas gifts for patients and Christmas parties and food for staff.

Staff Education and Training

In 2024/25 grants totalling £68k (2023/24: £58k) were made to enable staff to attend health related courses, conferences and books to further develop their clinical knowledge and skills.

Salary Grants

There were no salary grants awarded in 2024/25 (2023/24:£3k)

Fundraising Support

During 2024/25 the communications team provided fundraising support to the Charity. This included communicating with families who were raising funds and sharing their stories and improving the website and social media presence of the charity.

A Big Thank You

On behalf of the patients and staff who have benefitted from improved services and facilities as a result of the many donations and legacies received, the Corporate Trustee would like to thank all our donors for the generous support over the past year.



3. Our Future Plans

During 2024/25, we have continued to promote our charity to raise its profile. We have promoted and celebrated the fundraising activities of our many donors in the local media and on our social media channels which we aim to grow in the year ahead. We have also promoted the work of our charity to our own staff through our internal communication channels. We aim to encourage more

of our staff to raise funds for their NHS charity, as well as promote care they provide to patients. We are developing and improving our web presence so that it is a key platform for fundraising and donations. In the year ahead we want to refine our fundraising activities by exploring opportunities to raise funds for specific equipment that would enhance the care we can offer our patients in north Cumbria. We aim to align our fundraising activities more closely with the Trust's strategic priorities going forward.

4. How we manage charitable funds

4.1. Our grant making policy

The Charitable Funds Committee has established its grant making policy to achieve its objectives for the public benefit to improve patient care for NHS patients. All grants made during the year were made to North Cumbria Integrated Care NHS Foundation Trust.

The Committee follows a policy of delegation of decision making on grants to hospital managers, who in turn designate fund managers as appropriate. In this way the Trust Board seeks to maximise the input of medical, nursing and other patient care staff in the utilisation of funds and to manage the corporate trusteeship within the schemes of delegation of the corporate body. Unrestricted General Purpose Funds are managed by Executive Directors who make decisions on grant making related to their sphere of responsibility. The Charitable Funds Committee monitors income and grant making.

- Fund managers are able to authorise grants up to the value of £5,000.
- For grants between £5,000 and £20,000, approval is required from the fund manager, the Chief Nurse and the Executive Director of Finance & Estates.
- For expenditure of over £20,000 the approval of the Trustee is required.

Policy guidelines have been approved by the Trustee and have been circulated to all staff members involved in the administration of Charitable Funds. These Policy guidelines are reviewed periodically by the Charitable Funds Committee.

4.2. Our reserves policy

The Committee has a formal reserves policy. The main objective is to broadly ensure that income received in any one year is approximately equal to expenditure in that year, thus ensuring that reserves do not increase disproportionately over time.
Free reserves are defined as that part of the Charity's unrestricted funds which are available after meeting liabilities and are calculated as follows:

Unrestricted assets:	£2,429,000
Less liabilities:	-£165,000
Total Reserves:	£2,264,000

The minimum level of reserves held will be limited to the average expenditure over the previous two years to ensure that the Charity has sufficient funds to cover likely commitments over the coming year.

Expenditure 2023/24:	£333,000
Expenditure 2024/25:	£614,000
Average expenditure:	£474,000

Therefore the minimum level of reserves to be held is £474,000.

The policy will only be varied in circumstances where sufficient funds are required to meet specific objectives. Such objectives would be defined as an individual fund raising initiative or as something specifically identified in the Charity's spending plans. Once any such objective is achieved the reserves would revert to the previously defined level.

4.3. Our funds

North Cumbria Hospitals NHS Charity is an Umbrella Charity governed by Trust Deed, which comprises one unrestricted fund, three restricted funds and seven restricted funds for special purposes.

Unrestricted General Purpose Funds
The Trustee has discretion to apply these funds for any purpose within the objects of the Charity. However, the Trustee has adopted a policy of designating funds within the unrestricted general funds in order to respect the wishes of the donors wherever possible. All general purpose funds which are not designated like this are recorded as General Funds, still under the unrestricted funds umbrella, and are spent as far as possible in the optimum way to further the wider objectives of the Charity.

Restricted Funds
In January 2018 the Charitable Funds Committee approved that the Healing Arts Funds could become a restricted fund in order to support applications for grants and external funding. A restricted fund was established in March 2021 to hold the funds for medical equipment at West Cumberland Hospital gifted to the Charity by the late Leonard Atkinson. A further fund was established in December 2023 to hold the funds for the Trust's respiratory services gifted by the late Mr John Barker Dickinson and during 2024/25 the Scott Family Respiratory Fund was established as a result of a legacy from the late Mrs Jean Scott gifted to our charity in memory of her beloved daughter, Pamela, who sadly passed away on Christmas Day 2021.

Restricted Funds - Special Purpose Charities
Registered under the Charitable Fund, North Cumbria Hospitals NHS Charity has seven separate NHS Special Purpose Charities. These share the same registered charity number as the

Charitable Fund, but they are separate entities. They are all registered with the Charity Commission and their relationship with the umbrella charity is recorded. They are governed by a Declaration of Trust. Their income can only be used for the purposes shown in their registration documents and they are listed below:

1. Carlisle Hospitals' Radiotherapy Fund
For any charitable purpose or purposes connected with the Radiotherapy Department at the Cumberland Infirmary.

2. Carlisle Hospitals' CT Scanner Fund
For the relief of sickness by the provision and maintenance of a Computed Tomography Scanner for use at the Cumberland Infirmary.

3. Carlisle Hospitals' Children Fund
For the relief of sickness of children who are or have been treated principally (but not exclusively) at the Cumberland Infirmary.

4. North Cumbria Acute Hospitals' Cancer Fund
For any charitable purpose or purposes, principally (but not exclusively) in connection with the services provided by North Cumbria Integrated Care NHS Foundation Trust which will further the following aims:

a. The investigation of the causes of cancer and the prevention, treatment, cure and defeat of cancer in all its forms;

b. The advancement of scientific and medical education and research in topics related to cancer provided the useful results of such research must be published;

c. The furtherance of any other charitable purposes for the relief of persons suffering from cancer.

5. Carlisle Hospitals' Breast Cancer Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of breast cancer principally (but not exclusively) at the Cumberland Infirmary.

6. Carlisle Hospitals' Cardiology Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the heart principally (but not exclusively) at the Cumberland Infirmary.

7. Carlisle Hospitals' Renal Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the kidneys principally (but not exclusively) at the Cumberland Infirmary.

4.4. Our investment policy

Our Investment Policy was established on 6th October 2009 and is reviewed annually.

The main criteria for the investments are:

- The Trustee shall seek to maximise the interest return on cash, consistent with minimising and diversifying risk, and for this purpose may make deposits with a maximum of £1 million being invested for a period no longer then twenty four months and the remainder of accounts to have withdrawal notice periods not exceeding three months.
- Deposits should be spread by counterparty subject to a maximum exposure of £750,000 per financial institution.
- The amount to be held as liquid funds shall be determined by the Trustee based on Fund Holders' spending plans, but in any case a minimum of six months expenditure (based on average expenditure over the two previous years) shall be held in liquid funds.
- The Trustee shall maintain a list of approved banking institutions, together with the maximum deposit across all accounts (the "credit limit") to be held with any one institution, which is £750,000.

5. Risk management

The Charity operates under the corporate controls assurance policies and procedures of the NHS Foundation Trust as part of its governance arrangements. The Trust has put in place as part of its risk management strategy both a risk register and a framework for the identification and minimisation of risk. The risk register for Charitable Funds is part of the Corporate Register as the Trust is the Corporate Trustee.

Income and expenditure is monitored in total to ensure that both pending and firm financial commitments remain in line with income to avoid unforeseen calls on reserves. All expenditure is committed against funds by the appointed Fund Holders and this expenditure is applied in line with the objects of the Charity. This expenditure is then authorised according to the Trust's Standing Financial Instructions, Standing Orders and Charitable Fund Procedures that also comply with Charity Law. All funds are checked before a payment is made to ensure that there is money available to meet expenditure. Income and expenditure statements are sent to the individuals authorised as Fund Holders on a monthly basis. The Trustees are presented with a statement of income and expenditure and fund balances at every Committee Meeting for assurance.

The Charity benefits from audits undertaken by both internal and external audit, reports from which are presented to the Trustee. The action points from such reports are applied and monitored on behalf of the Charity by the Trust's Finance Department. Audit testing in recent years has not identified any significant financial or other losses.

6. Statement of trustee's responsibilities in respect of the trustee's annual report and accounts

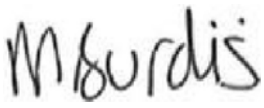
Under charity law, the trustees are responsible for preparing the trustees' annual report and accounts for each financial year which show a true and fair view of the state of affairs of the Charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the trustees:

- Select suitable accounting policies and then apply them consistently
- Make judgments and estimates that are reasonable and prudent
- State whether the recommendations of the SORP have been followed, subject to any material departures disclosed and explained in the financial statements
- State whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The trustees are required to act in accordance with the trust deed and the rules of the Charity, within the framework of trust law. The trustees are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by the trustees under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The trustees have general responsibility for taking such steps as are reasonably open to the trustees to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Approved by the Audit & Risk Committee on behalf of the Corporate Trustee on 14 January 2026 and signed on their behalf by



Margie Burdis

Chair of the Audit & Risk Committee

With grateful appreciation and special thanks.

To those donations received via much loved as part of their final wishes and their families:

Anita Mounsey	59.35	Abbey Cambell Asthma Fund
Matthew (Matty) Newton	£209.97	CIC Breast Care Fund
William Fowler	£77.67	CIC General Charitable Fund
Iain Gaddes	£112.94	CIC ICU Fund
Richard Eden	£276.17	CIC Oncology Fund
Brian Hutchinson	£302.56	Stroke & Elderly Care Fund
Dorothy Porter	£240.50	NCIC - Stroke & Elderly Care Fund
Tony Robinson	£23.62	NCIC - Stroke & Elderly Care Fund
Dorothy Doran	£373.96	NCIC - Stroke & Elderly Care Fund
Paul Templeman	£173.72	NCIC - Stroke & Elderly Care Fund
Eleanor (Ella) Hinde	£118.90	NCIC - Stroke & Elderly Care Fund
Philip Barratt	£225.09	WCH E S Burns legacy (coronary care)
Betty White	£435.36	WCH - Palliative Care Fund
Paula Blinco	£3,974.75	WCH Breast Symptomatic Fund
Des Byrne	£551.92	WCH General Fund
Gwen Bragg	£530.55	WCH General Fund
Sylvia Burns	£479.16	WCH General Fund
William Fowler	£77.67	WCH General Fund
Raymond Maudling	£398.72	WCH General Fund
Bill Ferguson	£338.83	WCH General Fund
Zoe Tighe	£35.33	WCH ITU Fund
Tony Robinson	£692.14	WCH Medical Coronary Fund
Jean Miller	£128.19	WCH Medical Coronary Fund
Kenneth Norman	£213.22	WCH SCBU
Alan Whalley	£526.02	Cardiology

Thank you.

North Cumbria Hospitals **NHS Charity.**

INDEPENDENT AUDITOR'S REPORT TO THE CORPORATE TRUSTEE OF NORTH CUMBRIA HOSPITALS NHS CHARITY

Opinion

We have audited the financial statements of North Cumbria Hospitals NHS Charity for the year ended 31 March 2025 which comprise the primary statements such as the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

•give a true and fair view of the state of the charity's affairs as at 31 March 2025, and of its incoming resources and application of resources, for the year then ended;

•have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

•have been prepared in accordance with the requirements of the *Charities Act* 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustee is responsible for the other information. Our opinion on the financial statements does not cover the other

information, and except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the *Charities (Accounts and Reports) Regulations* 2008 requires us to report to you if, in our opinion: -

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report

Responsibilities of trustee

As explained more fully in the Trustees' Responsibilities Statement, the trustee is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal controls as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustee either intends to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance

but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following:

- results of our enquiries of management about their own identification and assessment of the risks of irregularities;
- any matters we identified having obtained and reviewed the charity's documentation of their policies and procedures relating to:
    - identifying, evaluating and complying with laws and regulations and whether they are aware of any instances of non-compliance;
    - detecting and responding to risks of fraud and whether they have any knowledge of any actual, suspected or alleged fraud;
    - the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations.
- the matters discussed among the audit team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud to be in relation to management override which, in common with all audits under ISAs (UK), we are required to perform specific procedures to respond to this risk.

We also obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context included the Charities Act 2011 and Charities (Accounts and Reports) Regulations 2008.

As a result of performing the above, in response to the risks identified, we did not identify any key audit matters related to the potential risk of fraud or non-compliance with laws and regulations. In addition to the above, our procedures to respond to risks identified the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- enquiring of management concerning actual and potential litigation claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of meetings of those charged with governance; and
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the rationale of any significant transactions that are unusual or outside the normal course of the charity's work.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any. Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustee, in accordance with Part 4 of the *Charities (Accounts and Reports) Regulations* 2008. Our audit work has been undertaken so that we might state to the charity's trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustee, for our audit work, for this report, or for the opinions we have formed.



Dodd & Co Audit Limited
Registered Auditors
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
Carlisle
CA1 2RW

Date 14 January 2026

Dodd & Co Audit Limited is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

NORTH CUMBRIA HOSPITALS

NHS CHARITY

ANNUAL ACCOUNTS

For Year Ended 31 March 2025

Charity Commission for England and Wales
Registration Number 1059946

Statement of Financial Activities for the year ended 31 March 2025

	Note:	Unrestricted Funds £000	Restricted Funds £000	**2024/25 Total Funds £000**	Unrestricted Funds £000	Restricted Funds £000	2023/24 Total Funds £000
Income							
Donations, Legacies and similar resources:							
Donations (including grants)		164	38	**202**	158	55	213
Legacies		11	29	**40**	863	61	924
Total Donations and Legacies	*2*	175	67	**242**	1,021	116	1,137
Investment income	*3*	60	57	**117**	74	39	113
Total income		**235**	**124**	**359**	1,095	154	1,250
Expenditure							
Charitable activities	*5*	(392)	(185)	**(577)**	(268)	(35)	(303)
Raising Funds	*4*	(36)	0	**(36)**	(30)	0	(30)
Total expenditure	*5*	**(428)**	**(185)**	**(613)**	(298)	(35)	(333)
Net gain/(loss) on investments	*11*	(19)	0	**(19)**	41	0	41
Net income/expenditure before Transfers		(212)	(61)	**(273)**	838	120	958
Gross transfer between funds		(44)	44	**0**	0	0	0
Net movement in funds		**(256)**	**(17)**	**(273)**	838	120	958
Fund balances brought forward at 1 April		2,520	916	**3,436**	1,682	796	2,478
Total Fund Balances	*17*	**2,264**	**899**	**3,163**	2,520	916	3,436

The notes on pages 33 to 41 form part of these accounts.

Balance Sheet as at 31 March 2025

	Note:	Unrestricted Funds £000	Restricted Funds £000	**Total at 31 March 2025 £000**	Unrestricted Funds £000	Restricted Funds £000	Total at 31 March 2024 £000
Fixed Assets							
Investments	*11*	436	0	**436**	455	0	455
Total Fixed Assets		436	0	**436**	455	0	455
Current Assets							
Debtors	*12*	860	58	**918**	891	66	957
Cash and Cash Equivalents	*13*	1,133	937	**2,070**	1,347	868	2,215
Total Current Assets		1,993	995	**2,988**	2,238	934	3,172
Current Liabilities							
Creditors: Amounts falling due within one year	*14*	(165)	(96)	**(261)**	(173)	(18)	(191)
Net Current Assets/(Liabilities)		1,828	899	**2,727**	2,065	916	2,981
Total Assets less Current Liabilities		2,264	899	**3,163**	2,520	916	3,436
Total Net Assets		**2,264**	**899**	**3,163**	2,520	916	3,436
Funds of the Charity							
Income Funds:							
Restricted	*17.1*	0	899	**899**	0	916	916
Unrestricted	*17.2*	2,264	0	**2,264**	2,520	0	2,520
Total Funds		**2,264**	**899**	**3,163**	2,520	916	3,436

The notes on pages 33 to 41 form part of these accounts.

The financial statements were approved by the Audit & Risk Committee and authorised for issue on 14 January 2026.

Signed: M Burdis

Name: Margie Burdis (Chair of Audit & Risk Committee)

Date: 14 January 2026

Cashflow for Year Ended 31 March 2025

		2024/25	2023/24
Cash flows from Operating Activities:			
Net Income/(Expenditure) for the reporting period as per Statement of Financial Activities		(273)	958
Adjustments for:			
Dividends & interest from investments	*3*	(117)	(113)
Unrealised profit on investments		19	(41)
(Increase)/decrease in Debtors	*12*	39	(871)
Increase/(decrease) in Creditors	*14*	70	(41)
Net Cash provided by (used in) Operating Activities		**(262)**	(108)
Cash flows from Investing Activities:			
Interest from Investments	*3*	117	112
Sale of investments	*11*	0	0
Net Cash provided by Investing Activities		**117**	112
Change in Cash and Cash Equivalents in the reporting period		(145)	4
Cash and Cash Equivalents at the beginning of the reporting period		2,215	2,211
Cash and Cash Equivalents at the end of the reporting period		**2,070**	2,215

Notes to the Accounts

1 Accounting Policies

1.1 Basis of Preparation

The financial statements have been prepared on a historic cost basis, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The Trustee considers that there are no material uncertainties about the North Cumbria Hospitals NHS Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

1.2 Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as a restricted fund or an endowment fund. Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specific charitable purpose. Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which can be analysed between designated (earmarked) funds where the Trustee has set aside amounts to be used for specific purposes or which reflect the nonbinding wishes of donors, and unrestricted funds which are at the Trustee's discretion.

The North Cumbria Hospitals NHS Charity has 11 restricted funds, no endowment funds and one designated unrestricted fund (note 17).

1.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the monetary value of the income can be measured with sufficient reliability.

Where there are terms or conditions attached to income, particularly grants, then these terms or conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

1.4 Income from Legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:
a) Confirmation has been received from the representatives of the estate(s) that probate has been granted
b) The executors have established that there are sufficient assets in the estate to pay the legacy and
c) All conditions attached to the legacy have been fulfilled or are within the charity’s control

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.5 Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:
a) There is a present legal or constructive obligation resulting from a past event
b) It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
c) The amount of the obligation can be measured or estimated reliably.
Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

1.6 Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to linked, related party or third party NHS bodies and non NHS bodies, in furtherance of the charitable objectives of the funds held on trust, primarily relief of those who are sick.
Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:
a) We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant
b) We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant
c) There is an established pattern of practice which indicates to the recipient that we will honour our commitment.
The Trustee has control over the amount and timing of grant payments and consequently where approval has been given by the Trustee, or by the Charitable Funds Committee on behalf of the Trustee, and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is recognised.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

1.7 Allocation of support costs

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 7.

1.8 Cost of raising funds

The costs of generating funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity’s objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs include a fee paid to the Trust. The fee is used to contribute to the salaries and overhead costs of one of the Trust's support services which is supporting fundraising in the absence of a dedicated Charity Fundraising Lead.

1.9 Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 5.

1.10 Fixed asset investments

Investments are a form of basic financial instrument. Fixed asset investments are initially recognised at their transaction value and are subsequently measured at their fair value (market value) as at the balance sheet date. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year. Quoted stocks and shares are included in the balance sheet at the current market value quoted by the investment analyst, excluding dividend.

1.11 Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.12 Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in notice interest bearing savings accounts.

1.13 Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the charity expects to have to pay to settle the debt.
Amounts which are owed in more than a year are shown as long term creditors.

1.14 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening carrying value (or date of purchase if later).

1.15 Corporate Trustee arrangements

On 1 October 2019 the North Cumbria University Hospitals NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date. The transaction took place under Section 56A of the National Health Services Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the new corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust. The Charity updated its name to exclude "NHS Trust" at that time but has subsequently made a further change and the Charity is now called North Cumbria Hospitals NHS Charity.

2. Income from donations, legacies and grants

	Unrestricted Funds	Restricted Funds	**Total 31/03/2025 Funds**	*Total 31/03/2024 Funds*
	£000	£000	**£000**	*£000*
Donations from individuals	107	13	**120**	*118*
Corporate donations	16	0	**16**	*12*
Legacies	11	29	**40**	*924*
Grants	41	25	**66**	*83*
Total Donations, Legacies & Grants	**175**	**67**	**242**	1,137

Grants received in 2024/25 totalled £66k and were from NHS Charities Together, Ace Lottery and First Trenitalia West Coast Rail Ltd (2023/24: £83k).
Section 2.1 of the annual report contains additional information about the income from legacies and which funds/services benefitted.

3. Gross investment income

Most of the Trust's investment income is from cash on deposit including a 6 Month Saver account with Nationwide (previously an 18 month Saver). There are also dividend payments received from the Charity's investment with CCLA.

	Unrestricted Funds	Restricted Funds	**Total 31/03/2025 Funds**	*Total 31/03/2024 Funds*
	£000	£000	**£000**	*£000*
Nationwide Building Society	10	13	**23**	*16*
NatWest / GBS	37	44	**81**	*84*
CCLA	13	0	**13**	*13*
Total gross investment income	**60**	**57**	**117**	113

4. Analysis of expenditure on raising funds

	Unrestricted Funds	Restricted Funds	**Total 31/03/2025 Funds**	*Total 31/03/2024 Funds*
	£000	£000	**£000**	*£000*
Fundraising Support	36	0	**36**	*30*
Fundraising Events	0	0	**0**	*0*
Other costs	0	0	**0**	*0*
Total Expenditure on Raising Funds	**36**	**0**	**36**	30

During 2024/25 one of the Trust's support service teams provided fundraising support to the Charity. (In 2023/24: £30k).

5. Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding. Grants were approved in favour of North Cumbria Integrated Care NHS Foundation Trust, to carry out activities that will benefit NHS patients and their families. The Charity incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by the Trust.

	Grant funded Activity	Support Costs	**Total 31/03/2025 Funds**	*Total 31/03/2024 Funds*
	£000	£000	**£000**	*£000*
Medical Equipment	218	19	**237**	*100*
Furniture & Equipment	73	6	**79**	*31*
Information Technology	0	0	**0**	*23*
Education & Training	68	6	**74**	*67*
Salary Grants	0	0	**0**	*8*
Patient Amenities	98	9	**107**	*78*
Staff Amenities & Functions	23	1	**24**	*(12)*
Building Work	52	4	**56**	*8*
Total Grants Paid	**532**	**45**	**577**	303

Support costs have been allocated across charitable activities on the basis of direct expenditure on these activities in 2024/25

6. Analysis of Grants

The Charity does not make grants to individuals. All grants and grant support are made to North Cumbria Integrated Care NHS Foundation Trust to provide for the care of NHS patients in furtherance of our charitable aims. The total cost of making grants, including support costs, is disclosed on the face of the Statement of Financial Activities and the actual funds spent on each category of charitable activity, is disclosed in note 5.

The Trustee operates a scheme of delegation for the majority of the charitable funds, under which fund holders manage the day to day disbursements on their projects in accordance with the directions set out by the Trustee in the Charitable Funds Policy, Charity standing orders and financial instructions. Funds managed under the scheme of delegation represent ongoing activities and it is not possible to accurately segment these activities into discrete individual grant awards.

The total value of the grant made to North Cumbria Integrated Care NHS Foundation Trust in 2024/25 was £577k (2023/24: £308k).

7. Allocation of support costs and overheads

	Fundraising Activities	Charitable Activities	**2024/25 Total**	*2023/24 Total*
	£000	£000	**£000**	*£000*
Auditor Fees	0	8	**8**	*7*
Bank Charges and Just Giving Membership	0	1	**1**	*1*
Fundraising Costs	36	0	**36**	*30*
Governance costs:				
NEP - financial ledger	0	6	**6**	*6*
Financial Administration	0	29	**29**	*28*
Stationery	0	1	**1**	*1*
Total Support Costs & Overheads	**36**	**45**	**81**	73

	Unrestricted Funds	Restricted Funds	**2024/25 Total**	*2023/24 Total*
	£000	£000	**£000**	*£000*
Raising funds	36	0	**36**	*30*
Charitable activities	28	17	**45**	*43*
Total Support Costs & Overheads	**64**	**17**	**81**	73

8. Trustees' remuneration, benefits and expenses

None of the members of the Charitable Funds Committee have been remunerated or reimbursed from the Charitable Funds for services provided to the Charity, or for expenses incurred in relation to those services.

9. Analysis of staff costs

The Charity does not directly employ its own staff. Staff carrying out work on behalf of the Charity are employees of North Cumbria Integrated Care NHS Foundation Trust and as such have the same terms and conditions as other Trust staff. Most staff providing support to the Charity do not work solely for the Charity and have other duties. Their costs are reflected in either fundraising support (Note 4) or salary grants (Note 5). The staff are not employed solely to work on charitable funds so they are not considered to be employees of the charity employed by a related party.

10. Audit Fees

The audit fee of £8k relates entirely to the full audit fees of the Charity's 2024/25 account (2023/24 £7k).

11. Fixed asset investments

	31 March 2025	*31 March 2024*
	£000	*£000*
Market Value brought forward	455	*414*
Add: additions to investments at cost	0	*0*
Less disposals at carrying value	0	*0*
Add net gain / (loss) on revaluation	(19)	*41*
Market value as at 31 March 2025	**436**	*455*

The Charity's investment is in CCLA's COIF Charities Ethical Investment Fund and it is carried at fair value. In order to reduce risk the Charity chose to invest in a pooled fund made up mainly of UK and overseas equities with some property, infrastructure and cash included in the fund.

12. Analysis of current debtors

	Unrestricted Funds	Restricted Funds	**31 March 2025 Total**	*31 March 2024 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Accrued income	860	58	**918**	*957*
Total debtors falling due within one year	**860**	**58**	**918**	957

Accrued income includes £895k for legacies notified to the Charity but not realised in cash as at 31 March 2025 (31 March 2024: £923k) and £11k of interest & investment income (31 March 2024: £14k).

13. Analysis of cash and cash equivalents

	Unrestricted Funds	Restricted Funds	**31 March 2025 Total**	*31 March 2024 Total*
	£000	£000	**£000**	*£000*
Nationwide Business 18 Month Saver	302	250	**552**	530
GBS Bank account	831	687	**1,518**	*1,685*
	1,133	**937**	**2,070**	2,215

No cash or cash equivalents were held in non-cash investments or outside of the UK.

14. Analysis of liabilities

	Unrestricted Funds	Restricted Funds	**31 March 2025 Total**	*31 March 2024 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Accruals for Grants Owed	148	74	**222**	*147*
Other Accruals	4	4	**8**	*8*
Other creditors	13	18	**31**	*36*
Total creditors falling due within one year	**165**	**96**	**261**	*191*

The Trust processes purchase invoice transactions for the Charity and the balance is paid in arrears. At 31 March 2025 there was £31k owed to North Cumbria Integrated Care NHS Foundation Trust. (31 March 2024: £36k)

15. Related Party Transactions

During the year none of the NHS Trust Board or members of the key management staff or parties related to them has undertaken any material transactions with the North Cumbria Hospitals NHS Charity.

The Charity has made revenue and capital payments of £467k to North Cumbria Integrated Care NHS Foundation Trust, which is the Corporate Trustee of the Charitable Trust (2024/25: £301k). This included payments for governance and administration services of £39k (2024/25: £39k).

At any one time North Cumbria Integrated Care NHS Foundation Trust holds balances for debtors and creditors relating to the transactions it processes on behalf of the Charity, which are normally settled within the following month. At 31 March 2025 the Charity has a creditor balance of £31k owed to North Cumbria Integrated Care NHS Foundation Trust (31 March 2024: £36k).

16. Events After the Reporting Period

There are no events to report.

17. Analysis of Funds

17.1 Restricted Funds

	Balance 31 March 2024 £000	Income £000	Expend-iture £000	Transfers £000	Gains and Losses £000	Balance 31 March 2025 £000
Breast Cancer	**17**	2	(1)	0	0	**18**
Cancer	**9**	1	0	0	0	**10**
Cardiology	**75**	7	(49)	0	0	**33**
Children	**14**	2	(2)	0	0	**14**
CT Scanner	**2**	0	0	0	0	**2**
Radiotherapy	**51**	3	(2)	0	0	**52**
Renal	**380**	35	(24)	0	0	**391**
Healing Arts	**19**	27	(55)	44	0	**35**
Leonard Atkinson Fund	**287**	20	(22)	0	0	**285**
John Dickinson Respiratory Fund	**60**	(22)	(30)	0	0	**8**
Scott Family Respiratory Fund	**0**	50	0	0	0	**50**
Total	**916**	**124**	**(185)**	**44**	**0**	**899**

Healing Arts income includes a £25k grant from Arts Council England (ACE) Lottery funding (2024/25: £25k). The Scott Family Respiratory Fund was established during 2024/25 as a result of a legacy notified to the Charity in respect of the Estate of the late Mrs Jean Scott in memory of her daughter Pamela Scott.

PRIOR YEAR

Restricted Funds	Balance 31 March 2023 £000	Income £000	Expend-iture £000	Transfers £000	Gains and Losses £000	Balance 31 March 2024 £000
Breast Cancer	16	3	(2)	0	0	17
Cancer	9	1	(1)	0	0	9
Cardiology	78	5	(8)	0	0	75
Children	18	1	(5)	0	0	14
CT Scanner	2	0	0	0	0	2
Radiotherapy	56	4	(9)	0	0	51
Renal	371	29	(20)	0	0	380
Healing Arts	17	38	(36)	0	0	19
Leonard Atkinson Fund	227	14	46	0	0	287
John Dickinson Respiratory Fund	0	60	0	0	0	60
Total	796	155	(35)	0	0	916

Details of Restricted Funds

Name of fund	Description of the nature and purpose of each fund
Breast Cancer	Prevention, diagnosis and treatment of breast cancer
Cancer	Prevention, diagnosis and treatment of cancer
Cardiology	Prevention, diagnosis and treatment of heart disorders
Children	Relief of sickness in children
CT Scanner	Provision and maintenance of CT Scanner
Radiotherapy	Relief of sickness of radiotherapy patients
Renal	Prevention, diagnosis and treatment of kidney disorders.
Healing Arts	For the support and development of Healing Arts' initiatives and programmes
Leonard Atkinson Fund	Provision of medical equipment for West Cumberland Hospital
John Dickinson Respiratory Fund	For the benefit of respiratory services at the Cumberland Infirmary
Scott Family Respiratory Fund	For the benefit of respiratory services at the Cumberland Infirmary

17. Analysis of Funds (cont'd)

17.2 Unrestricted Designated Funds

	Balance 31 March 2024 £000	Income £000	Expend-iture £000	Transfers £000	Unrealised Profit/(Loss) £000	Gains and Losses £000	Balance 31 March 2025 £000
NCIC Trust	**2,520**	235	(428)	(44)	(19)	0	**2,264**
Total	**2,520**	**235**	**(428)**	**(44)**	**(19)**	**0**	**2,264**

PRIOR YEAR

Unrestricted Designated Funds

	Balance 31 March 2023 £000	Income £000	Expend-iture £000	Transfers £000	Unrealised Profit/(Loss) £000	Gains and Losses £000	Balance 31 March 2024 £000
NCIC Trust	1,682	1,095	(298)	0	41	0	2,520
Total	1,682	1,095	(298)	0	41	0	2,520

The Unrestricted Funds are split into a number of designated funds across the departments and services operated by the Cumberland Infirmary and West Cumberland Hospital. They are used to fund charitable purposes that benefit NHS patients of North Cumbria Integrated Care NHS Foundation Trust and the staff that deliver patient care to those patients at the discretion of the trustees. Whilst these funds have traditionally been identifiable for each of the two sites an increasing number of the funds are cross-site and service orientated and it is no longer appropriate, or possible, to identify the funds by site.

NORTH CUMBRIA HOSPITALS NHS CHARITY

England & Wales - Charity number 1059946

Accounts

Registered Charity Number: 1059946

North Cumbria Integrated Care NHS Foundation Trust













NORTH CUMBRIA HOSPITALS NHS CHARITY

North Cumbria Hospitals **NHS Charity**

Annual Report and Accounts **2023/24**

www.ncic.nhs.uk

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1 Trustee's Annual Report

The Corporate Trustee presents the North Cumbria Hospitals NHS Charity Annual Report together with the financial statements for the year ended 31 March 2024. The audit of the annual report and accounts was undertaken by the Charity's auditor.

The Charity's annual report and accounts for the year ended 31 March 2024 have been prepared in accordance with the accounting policies set out in section 13 to the accounts. They comply with the deed of trust, the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2009 and the Accounting and Reporting by Charities: Statement of Recommended Practise (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity's report and accounts include all the separately established funds for which the North Cumbria Hospitals NHS Charity is the sole beneficiary.

1.1. Foreword by the Chair of North Cumbria Integrated Care NHS Foundation Trust.

Welcome to the North Cumbria Hospitals NHS Charity Annual Report for 2023/24. Our charity supports the services provided by our two acute hospitals, the Cumberland Infirmary in Carlisle and the West Cumberland Hospital in Whitehaven, for the benefit of NHS patients, their families and communities.

Thanks to the generosity and kindness of our donors, our Charity is in a healthy position with a balance of £3.436m. We will continue to invest in our facilities, patient services and our staff to improve the safety and quality of the care we provide.

We have been grateful for £213k in generous donations from individuals, companies and grants. We have also received £924k in legacies. We will remember John Dickinson, Brian Graham, Eleanor Rutherford, Margaret Marshall, Emily Pybus and George W Somerville whose kindness in death means they live on in our memory through the care we provide to others.

Through this generosity, our Charity has been able to improve patient care by investing in medical equipment that the Trust would otherwise be unable to afford. This year we have agreed to invest £78,000 to purchase 2 thoracoscopes to support patients with suspected malignant pleural effusions to receive a quicker diagnosis and, in many cases, avoid the need for referral to the Freeman hospital in Newcastle. We have also invested in £29,000 for 2 scalp coolers to reduce or prevent hair loss for chemotherapy patients, cardiac rehab app licences to support more flexible access to rehabilitation support and a transportable patient monitor.

In total, we have made grants of £260k on medical equipment, staff education and training, and patient welfare and amenities.

None of this would be possible without the kindness of our donors. A heartfelt thank you to you all.

Looking ahead, we are exploring ways to engage more effectively with staff, patients and their families and to support them in their fundraising efforts.

The NHS today faces many challenges and the support of our Charities has never been more important. However, the generosity and support we see from our donors and fundraisers means that we can face the future with optimism, and take great pride in the contribution we make to our NHS.



6 November 2024

Steven Morgan,
Chair of North Cumbria Integrated Care NHS Foundation Trust & Member of the Charitable

1.2. Who we are

North Cumbria Hospitals NHS Charity ('the Charity') is a registered charity (registered charity number: 1059946). We exist to raise funds and receive donations for the benefit of the NHS. For us this is the patients of the Cumberland Infirmary and West Cumberland Hospital. By securing donations, legacies, and sponsorship, the Charity can provide the 'icing on the cake' to make a real difference for patients, their families and the staff who look after them. Providing both general and specialist care, the Cumberland Infirmary and West Cumberland Hospital are key partners in fulfilling our charitable aims. We would like you to support us in our crucial work so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

1.3. Charity details

Charity Name: North Cumbria Hospitals NHS Charity

Registered Charity Number: 1059946

Principal Office:
North Cumbria Hospitals NHS Charity
Executive Director of Finance
c/o NHS Finance
Parkhouse Building South
Baron Way
Kingmoor Business Park
Carlisle
Cumbria
CA6 4SJ

The Charity was established under the Umbrella Charity Model by a declaration of trust dated 29 October 1996, as amended by the supplemental deed dated 28 January 2003 and by supplemental deed dated 6 October 2009.

The Charity has a Corporate Trustee which was North Cumbria University Hospitals NHS Trust up until 30 September 2019. On 1 October 2019 the North Cumbria University Hospital NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date.

The transaction took place under Section 56A of the National Health Service Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust.

1.4. Our mission

By raising new money and careful management of our existing funds, North Cumbria Hospitals NHS Charity provides a public benefit by making grants to North Cumbria Integrated Care NHS Foundation Trust. The object of the Charity is as follows:

The Trustee shall hold the charitable fund upon trust to apply the income and at their discretion, as far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service.

Charitable funds received by the Charity are accepted and held and administered as funds held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service and Community Care Act 1990. These funds are held on trust by the corporate body. The members of the Charitable Funds Committee confirm that they have referred to the guidance provided by the Charity Commission on public benefit when reviewing aims and objectives, when planning future activities and in setting the grant making policy for the year.

The Charity supports projects and interventions that improve patient experience, enhance services, improve patients' overall health, and support the wellbeing and development of NHS staff. The Charity covers the costs for items such as specialist equipment and projects such as staff wellbeing initiatives and health education which are not covered by NHS core funding.

Grants to the Trust are made in accordance with charity law, our constitution and the wishes and directions of donors. In making grants, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2023/24 grants totalling £303k (2022/23: £480k) were made.

1.5. What we have achieved:

The Charitable Funds Committee keeps the spirit of "public benefit" at the forefront of its decision making and encourages applications for grants to support patient centred initiatives. During 2023/24 the Committee approved a small number of bids for expenditure of more than £20,000. This included approving the following grants:

- £78,000 to purchase 2 thoracoscopes to support patients with suspected malignant pleural effusions to receive a quicker diagnosis and, in many cases, avoid the need for referral to the Freeman hospital in Newcastle; and
- £29,000 for 2 scalp coolers to reduce or prevent hair loss for chemotherapy patients.

By funding services and equipment we can help our staff to provide care to their patients which goes beyond that which NCIC is funded by the government to provide.

We assist patients from every walk of life, irrespective of race, creed, ethnicity or personal circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

• Enhancing the care our hospitals can offer through new equipment and building improvements to deliver better facilities.

• Investment in the people who work for NCIC to ensure the best care for our patients, their families and visitors.

• Providing direct support to patients by way of information, enhanced support and better facilities.

Highlights from public benefit

Family raises £2383 for the Intensive Care Unit at the Cumberland Infirmary

Pictured below Pauline's family with intensive care staff and right – just some of the fundraising activities that took place.





The family of the late Pauline Brown, a former nurse who worked at the Cumberland Infirmary, raised £2,383 for the intensive care unit. Pauline sadly died in November 2022, and because she had already discussed with her family that she wanted to be an organ donor, she was able to donate a liver, kidneys and corneal tissue continuing to save lives even after her death. Her family are now raising awareness of the importance of people registering their decision and having a discussion with their family.

During organ donation week, they raised £4766.18, which was split between the blood bikes and ICU. They raised the funds through a series of events including quiz nights, bingo and music. Pauline's husband Paul, and children Kerry, Vikki and Gavin spoke to staff including Dr Mark Holliday, who is the clinical lead for organ donation on how the money was going to be spent. £2,383 was raised in total and the team would like to place a bench in the hospital grounds in memory of Pauline recognising the gift of life that she gave to four other people. They also plan to buy a sensory lamp for the relatives room, a book case with a selection of books for relatives, decorate the visitors room and provide some wall art.

Family raises over **£1,100** for the Special Care Baby Unit in Carlisle.

Pictured below Autumn and her parents in SCBU, Autumn now, and the late Kelly Gourlay.





We are extremely grateful to have received a donation to thank colleagues and in memory of trainee nurse Kelly Gourlay, who sadly died 16 years ago.

Stenya Gourlay is a senior information analyst at the Trust and has worked for the NHS for over 30 years. She is mum to Kelly and Grandma to Autumn, who was well looked after by the special care baby unit (SCBU) 18 months ago. Stenya held charity night to raise money for the special care baby unit Carlisle.

She said: “I picked this unit, as my first grandchild was born 6 weeks premature weighing in at just over 3.5 pounds. Both Autumn and her parents were very well looked after in the unit.

“I also wanted the proceeds to go to the Cumberland Infirmary as my daughter Kelly was training to be a nurse there when she died in a car accident.”

“We raised just over £1,100 for the unit at Morton Manor, tickets were provided by Murray’s printers and the band Outfit played on the evening, all provided their services free. So every penny went to the unit.”

Ben Frampton, Matron for Women and Children’s at NCIC is grateful to the Gourlay family for raising funds. He said: “The special care baby unit provides a lifesaving service for many newborn babies and we are grateful to anyone who chooses to raise money for the unit."

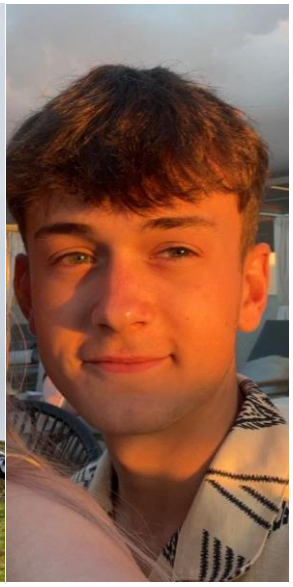
It’s not only a lovely way to give back to future families but also to remember Kelly.

Stenya is now organising her next charity event to raise money for Cystic Fibrosis, in aid of the daughter of Kelly’s friend who has the condition.

Family & friends raise over **£3,700** in memory of Lloyd Sutton,18 from Whitehaven.

Pictured below family and friends fundraising for our charity and Meningitis Now.





Lloyd Sutton, sadly died last October from bacterial meningitis, aged just 18 in Intensive Care at West Cumberland Hospital.

Lloyd, of West Cumbria, was found unresponsive in his room by his parents one Thursday morning last October.

He was rushed to the West Cumberland Hospital with suspected meningitis and put into an induced coma. He never regained consciousness.

His dad Tony said: “He was unlucky. His symptoms had flared up during the night and had it been during the day at work then he could have been treated a lot quicker and the outcome could have been very different.”

“We had so much support from people in the weeks following,” said his mum, Louise.

A fundraising page was set up on Much Loved straight away and £2,000 was collected at the funeral. Since then family and friends have continued their fundraising by tackling all of the Wainwright peaks and together with family and friends have climbed 214 in under a year.

On the original Much Loved page there has been £19,500 raised to date. During 2023/2 £3,743.42 of this went to WCH ITU and the remainder to Meningitis Now. They continue to raise funds for Meningitis Now on the Walk for Lloyd Justgiving page.

“Walking keeps us going,” said Louise. “Each week I look forward to what the weekend walk will bring and where we will be going. I don’t know what I would have done without the walks.”

The Charity is most grateful to all supporters for their contributions.



A heartfelt thank you to the family and friends of the late Sandra Armstrong.

They raised £682 for the renal unit at the Cumberland Infirmary in her memory. Her husband and daughter came and presented the cheque to the renal unit staff.



Tubby Football Club from Whitehaven played a match last month against the NHS International Football Club to fundraise for the department.

They raised £767.92. There was an additional £100 received as match funding through CAF so the final total was £867.92



Jason Todd from Maryport raised over £1800 for the unit by running the Loch Ness Marathon after his father received exceptional care following a heart attack.

He said, “My dad received exceptional care from West Cumberland Hospital and came home safe and sound after a week or so, which was an enormous relief.

The Charity is most grateful to all supporters for their contributions.

Mr Pitts and Mrs Irving *donated £287.25 to the WCH Renal Unit*

Whitehaven Parochial Church Council raised £261.40 at St James Church from a memory tree

Shepley Engineering *donated £250 to the WCH Children's ward in Lieu of sending Christmas Cards to their Suppliers*

The Stroke unit received a £200 donation in memory of Daniel O'Neill

Michael Ryan's *family donated £200 to Ward 3 in his memory*

The Pink Ladies Fundraising group raised £10,200 at an annual chick flick fundraising event in memory of their founder Karen Ritson.

Mrs McKee *donated £200 in memory of her husband Derek John McGee to the CIC ITU Ward. She wrote a letter to the staff thanking them for their medical knowledge, team work, quiet atmosphere and genuine loving care of the patients and families*

The Heart Centre *received £500 donation from D&C Scott*

The Chaplaincy Team *received £100 thank you from Mary McGee*

Cath Dobson donated £1,000 to WCH Renal fund im memory of her husband David Dobson. She sent a thank you card to Dr Mead praising him and the team for the care they provided David over the years

Roger Gaynam *donated £500 to Ward 1 at WCH as a heartfelt thanks to the "Super Staff"*

Shirley Davidson's family donated £1,810 to the CIC ICU fund in Shirleys memory for the staff and relatives room

Allan Hyde *donated £100 to WCH ITU in memory of his wife Marian Hyde as a token of his appreciation for care his wife received on the ward*

Jemma Kirkbride donated £50 to Special Care baby unit at WCH

Ellis Park Golf Society imposed *"fines" for losing balls, balls landing in water, not parring a par 3 and other golfing faux pas which raised £1,000 for WCH Children's fund*

Douglas & Kathleen Lake sent in a donation in memory of their mum Kathleen Lake from her funeral service for £219.10 for the Stroke Fund. A letter was received thanking staff for the care Kathleen was given on numerous admissions to the ward.

The Davidson family *gave £477.77 to the CIC Maternity Bereavement Fund following the loss of Sophie's twin's last year*

Heather Perry and Family donated £430 which was split between WCH and CIC Renal Funds in memory of her Husband John Perry. Heather said "the care and treatment John received was always very professional and the dedication of the staff always very much appreciated"

A former Patient *who wishes to remain anonymous donated £10,000 to the WCH ITU Fund to help purchase new equipment after an accident which left them requiring treatment on the ward*

George and Janet Brownrigg raised £550 at their Golden Wedding celebration for the Cardiology fund as a thank you for care received after a Triple Heart Bypass

***Stanwix Park** held a Country music festival which raised £1,000 for the Abbey Campbell Asthma fund*

Andrew Boston climbed Great Cable in the Lake District for the Specialist Rehab team raising £700

***Sandra Kulaszewski** held a quiz night in memory of her dear friend John Cowan for the Cardiology Fund which raised £180*

The family of Cecilia Pickup donated £472 to the WCH General Fund as a thank you for the care and compassion Cecilia received during her stay. Another £208.18 was donated via Much love for Cecilia

***Brunton Crescent** held a street party raising money for the CIC Breast Care Fund. A resident Elaine Baty wanted to help others in the same situation as herself*

Amy Grey and her family donated £1,210 to WCH ITU in memory of her father Gary Grey. She wanted to thank the staff for their hard work and everything they did for Gary on his last days

***The Loan family** donated £1,000 to WCH SCBU as a thank you for the kindness, support and care received last year with their baby boy George*

Debra Leech donated £310 in memory of her dad William Burns to the WCH Renal Fund. William wanted to help in anyway he could to make the hours patients spend in hospital getting dialysis a little better for them

***The Wyndham Ladies NFU** donated £83 to the Henderson Suite*

Linda Moffat donated £400 in memory of her mother Hilda Routledge who passed away from Lymphoma in March. The donation is to benefit the patients of the Haematology department

***Margaret Wallace** held Charity Golf days raising £300 for the Leukaemia Fund in memory of her husband David Wallace. Special thanks was given to Dr O'Brien for the help and care he gave David during his treatment*

The Masonic Bikes association raised £1,200 split between the Children's wards at CIC and WCH. They also attended the ward at Easter bringing with them a large array of Easter eggs and soft toys which we loved by the children. Earlier in the year the bikers also donated another £425 to the CIC Children's ward

***Mrs J Wilcock** donated £100 to the Ophthalmology department*

St Bees Golf Club raised £1,200 at Captains Charity event which was split between the WCH Breast fund and the Urology fund

***John Joseph Forrest** had £105.50 donated to the Children's ward at CIC in his memory*

A coffee morning for B Bell raised £189 for the Oncology Department

***Sellafield** have been active supporters of the charity through the year. Including a £1,500 donation the WCH General Fund*

This is a small list of the donations received into the charity and every donation is greatly appreciated. We give thanks that you choose to support our charity



1.6. Trust Board

The Charity‘s corporate trustee is North Cumbria Integrated Care NHS Foundation Trust (NCIC). NCIC is led by a Trust Board made up of executive and non executive directors. Executive directors are responsible for the operational management of the Trust whilst non executive directors make sure the Board act in the interests of our patients and community.

The members of the Trust Board who served during the financial year are shown in the table on the next page. Unless otherwise noted, the Directors were in post for the 12 month period to 31 March 2024 and up until the point at which the accounts were adopted.

Name	Responsibilities	Post From	To
Steve Morgan	Chair		
Lyn Simpson	Chief Executive		
James Drury	Executive Director of Finance, Estates & Digital (Executive Director of Finance & Estates until 31 March 2024		
Adrian Clements	Executive Medical Director		
Jill Foster	Executive Chief Nurse		
Justine Steele	Director of People (Executive Director of People & Organisational Development until 31 March 2024)		
Dean Oliver	Director of Performance, Planning & Strategy (Executive Director of Performance, Planning & Strategy until 31 March 2024)		
Johanna Reilly	Interim Chief Operating Officer		31/05/2024
Stephen Park	Director of Communications		
John Batty	Non-Executive Director		
Mark Cullinan	Non-Executive Director		
Teresa Griffiths	Non-Executive Director		
Philip Kane	Non-Executive Director		30/06/2024
Des Moore	Non-Executive Director		
Ian Waugh	Non-Executive Director	01/10/2024	
Jonathan Weber	Non-Executive Director	01/09/2024	
Celia Weldon	Non-Executive Director		30/09/2024

1.7. Trustees

The Charity's trustee has delegated its powers and functions to the Charitable Funds Committee. The Charitable Funds Committee administer the funds held in trust by the Charity in accordance with any statutory or other legal requirements or best practice required by the Charities Commission on behalf of the Corporate Trustee.

The affairs of the Charity are conducted at quarterly Charitable Funds sub-committee meetings, with a report of the meetings presented to the Trust Board.

The Charitable Funds Committee is responsible for the overall management of the charitable fund. The Committee is required to:

- Control, manage and monitor the use of the fund's resources.
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income.
- Ensure that the approved Investment Policy by the NHS Foundation Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations.
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.
- The Executive Director of Finance is the responsible executive officer. The accounting records and the day to day administration of the funds are dealt with by the Trust's Finance Department located at the Charity's registered address above.

Governance is maintained by various policies and procedures, in particular the Charitable Fund's Governing Document. Members of the Charitable Funds Committee are not individual trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

The members of the Charitable Funds Committee in 2023/24 were:

Name	Responsibilities	From	To	Committee Attendance
Philip Kane	Non-Executive Director		30/06/2024	3/3
Steven Morgan	Chair			3/3
Jill Foster	Executive Chief Nurse			3/3
Steve Park	Director of Communications			3/3
Matt Phillips	Associate Medical Director			1/1

1.8. Our Advisors

The Charitable Funds Committee is also assisted by professional advisors as detailed below:

Auditors
Dodd & Co Audit Limited
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
CARLISLE
CA1 2RW

Solicitors
Ward Hadaway
102 Quayside
Newcastle Upon Tyne
NE1 3DX

Bankers
c/o NatWest Bank
280 Bishopsgate
London
EC2M 4RB

2. How we funded our work, our achievements and our performance

The total net assets of the Charity as at 31 March 2024 of **£3.436 million** (31 March 2023: **£2.478 million**) are divided as follows:

- **Restricted Funds** (Special Purpose Charities)
  £0.916 million (31 March 2023: **£0.796 million**)

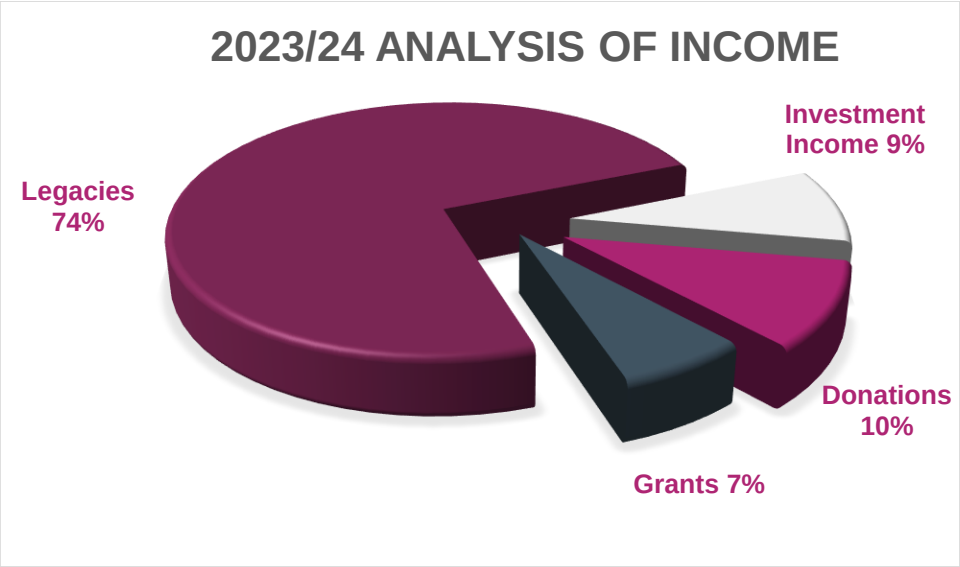
- **Unrestricted Funds** (General Purpose Charities)
  £2.520 million (31 March 2023: **£1.682 million**).

Overall the net assets increased by **£958,000** due to an excess of income over expenditure of **£917,000** and a gain on investments of **£41,000** (2022/23: reduction of **£108,000**).

2.1. Money received

The following graph illustrates the breakdown of the total income received in the 2023/24 financial year. The total value of donations received in 2023/24 was £130k (2022/23: £147k) of which

£118k was from individuals (2022/23: £130k), £12k from companies (2022/23: £17k). The Charity received £83k from grants (2022/23: £62k).



Grants received were as follows:

NHS Charities Together - £58,025
Arts Council England - £24,943

The NHS Charities Together Grant was the first instalment of the Recovery Grant awarded to support our staff's recovery from the COVID pandemic. We were awarded £154,000 in total to support a number of projects including a wellbeing programme and mental health awareness and training sessions.

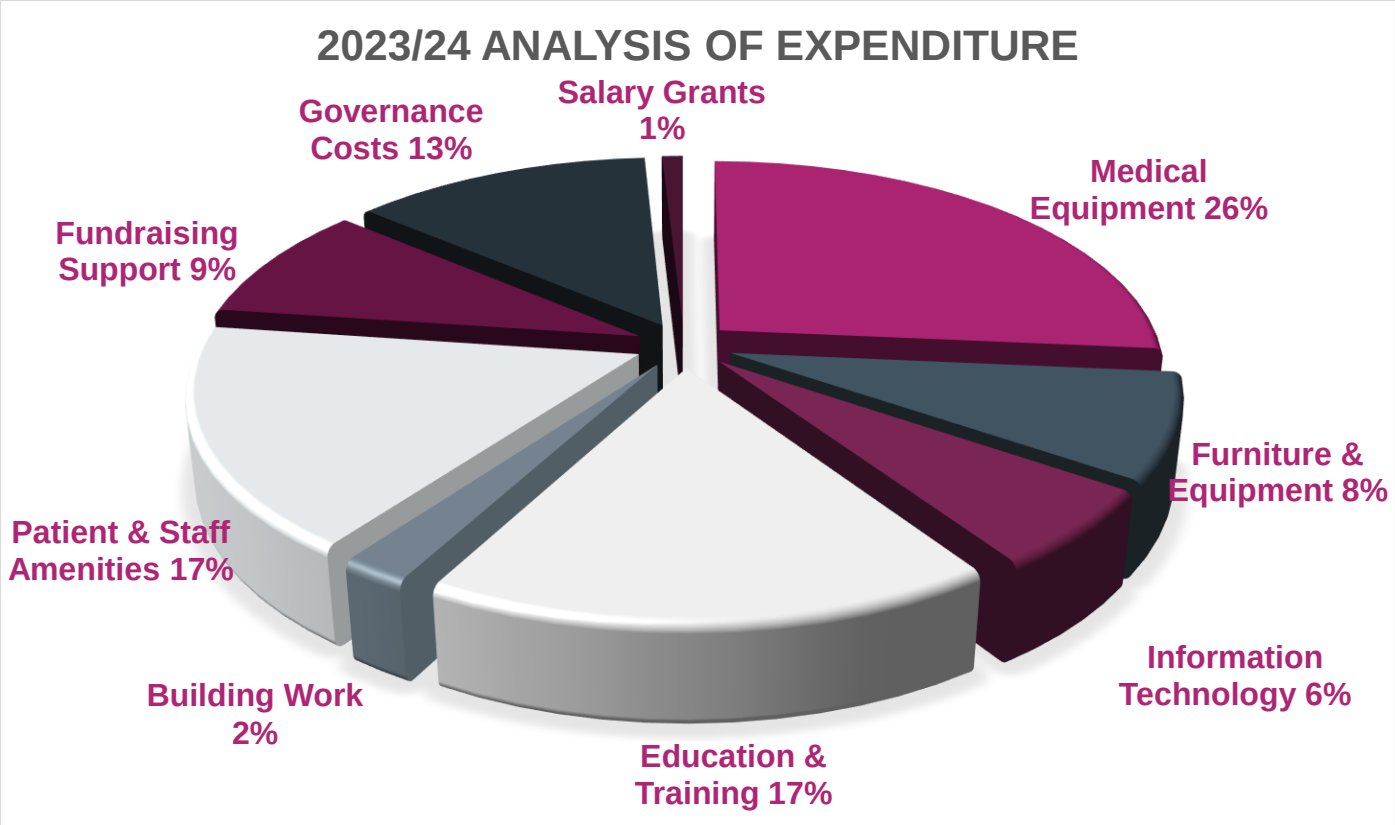
The value of legacies in 2023/24 was £924k (2022/23: £168k). Listed below are the legacies received or notified to the Charity between 1 April 2023 and 31 March 2024 and the areas that have benefitted:

John Dickinson	Respiratory
Brian Graham	Leukaemia/Haematology
Eleanor Rutherford	WCH Breast Cancer
Margaret Marshall	Ophthalmology
Emily Pybus (balance)	CIC Breast Cancer
George W Somerville	Cardiology, Stroke & General Funds

Investment income was £113k in 2023/24 (2022/23: £60k).

2.2. Money spent

Of the total expenditure of £303k in 2022/23 (2022/23: £518k), expenditure on direct charitable activity was £260k (2022/23: £480k) spent across a range of programmes from education and training to medical equipment. The monies spent were used to purchase additional goods and services not normally provided by, or in addition to, the normal NHS service that benefit staff and patients.



Patient Care Equipment

In 2023/24 grants totalling £142k were made relating to medical and surgical equipment, furniture, information technology equipment and minor building works, (2022/23: £389k). These grants are used for improvement in the quality of care and comfort of patients by the provision of services or facilities not normally provided by, or in addition to, the normal NHS service.

Key items purchased by the Charity in 2023/24 were as follows:

£77,626	2 Thorascoscopes	Respiratory services
£28,950	2 x scalp coolers	Chemotherapy services
£13,200	Cardiac Rehab app licences to support more flexible access to rehabilitation support	Cardiology services
£12,016	2 x early mobilisation chairs	Intensive Care
£8,639	Transportable patient monitor	The Heart Centre

£7,161	Design and installation of artwork	The Northern Cancer Centre

Patients & Staff Welfare and Amenities

During 2023/24, grants totalling £57k (2022/23: £40k) were awarded to help improve the quality of care received by patients through the provision of services and facilities not normally provided for, or in addition to, the normal NHS service and to improve staff morale and their capacity to service patients well. The grants included a contribution to the Trust's Healing Arts programme, Christmas gifts for patients and Christmas parties and food for staff.

Staff Education and Training

In 2023/24 grants totalling £58k (2022/23: £36k) were made to enable staff to attend health related courses, conferences and books to further develop their clinical knowledge and skills.

Salary Grants

Salary grants of £3k were awarded in 2023/24 (2022/23:£15k) to support the Staff Health & Wellbeing team.

Fundraising Support

During 2023/24 the communications team provided fundraising support to the Charity. This included communicating with families who were raising funds and sharing their stories and improving the website and social media presence of the charity. In 2022/23 fundraising support costs were £5k for a subscription to a service that supports identifying potential grants for charities to apply for.

A Big Thank You

On behalf of the patients and staff who have benefitted from improved services and facilities as a result of the many donations and legacies received, the Corporate Trustee would like to thank all our donors for the generous support over the past year.



3. Our Future Plans

During 2023/24, further work has been undertaken to develop our fundraising strategy. In 2024/25 we plan to further increase donations through increased visibility and explore opportunities to raise

funds for specific equipment that would enhance the care we can offer our patients in north Cumbria.

4. How we manage charitable funds

4.1. Our grant making policy

The Charitable Funds Committee has established its grant making policy to achieve its objectives for the public benefit to improve patient care for NHS patients. All grants made during the year were made to North Cumbria Integrated Care NHS Foundation Trust.

The Committee follows a policy of delegation of decision making on grants to hospital managers, who in turn designate fund managers as appropriate. In this way the Trust Board seeks to maximise the input of medical, nursing and other patient care staff in the utilisation of funds and to manage the corporate trusteeship within the schemes of delegation of the corporate body. Unrestricted General Purpose Funds are managed by Executive Directors who make decisions on grant making related to their sphere of responsibility. The Charitable Funds Committee monitors income and grant making.

- Fund managers are able to authorise grants up to the value of £5,000.
- For grants between £5,000 and £20,000, approval is required from both the fund manager and the Chief Executive or the Executive Director of Finance & Estates.
- For expenditure of over £20,000 the approval of the Trustee is required.

Policy guidelines have been approved by the Trustee and have been circulated to all staff members involved in the administration of Charitable Funds. These Policy guidelines are reviewed periodically by the Charitable Funds Committee.

4.2. Our reserves policy

The Committee has a formal reserves policy. The main objective is to broadly ensure that income received in any one year is approximately equal to expenditure in that year, thus ensuring that reserves do not increase disproportionately over time.
Free reserves are defined as that part of the Charity's unrestricted funds which are available after meeting liabilities and are calculated as follows:

Unrestricted assets:	£2,693,000
Less liabilities:	-£173,000
Total Reserves:	£2,520,000

The minimum level of reserves held will be limited to the average expenditure over the previous two years to ensure that the Charity has sufficient funds to cover likely commitments over the coming year.

Expenditure 2022/23:	£523,000
Expenditure 2023/24:	£333,000
Average expenditure:	£428,000

Therefore the minimum level of reserves to be held is £428,000.

The policy will only be varied in circumstances where sufficient funds are required to meet specific objectives. Such objectives would be defined as an individual fund raising initiative or as something specifically identified in the Charity's spending plans. Once any such objective is achieved the reserves would revert to the previously defined level.

4.3. Our funds

North Cumbria Hospitals NHS Charity is an Umbrella Charity governed by Trust Deed, which comprises one unrestricted fund, three restricted funds and seven restricted funds for special purposes.

Unrestricted General Purpose Funds
The Trustee has discretion to apply these funds for any purpose within the objects of the Charity. However, the Trustee has adopted a policy of designating funds within the unrestricted general funds in order to respect the wishes of the donors wherever possible. All general purpose funds which are not designated like this are recorded as General Funds, still under the unrestricted funds umbrella, and are spent as far as possible in the optimum way to further the wider objectives of the Charity.

Restricted Funds
In January 2018 the Charitable Funds Committee approved that the Healing Arts Funds could become a restricted fund in order to support applications for grants and external funding. A restricted fund was established in March 2021 to hold the funds for medical equipment at West Cumberland Hospital gifted to the Charity by the late Leonard Atkinson. A further fund was established in December 2023 to hold the funds for the Trust's respiratory services gifted by the late Mr John Barker Dickinson.

Restricted Funds - Special Purpose Charities
Registered under the Charitable Fund, North Cumbria Hospitals NHS Charity has seven separate NHS Special Purpose Charities. These share the same registered charity number as the Charitable Fund, but they are separate entities. They are all registered with the Charity Commission and their relationship with the umbrella charity is recorded. They are governed by a Declaration of Trust. Their income can only be used for the purposes shown in their registration documents and they are listed below:

1. Carlisle Hospitals' Radiotherapy Fund
For any charitable purpose or purposes connected with the Radiotherapy Department at the Cumberland Infirmary.

2. Carlisle Hospitals' CT Scanner Fund
For the relief of sickness by the provision and maintenance of a Computed Tomography Scanner for use at the Cumberland Infirmary.

3. Carlisle Hospitals' Children Fund
For the relief of sickness of children who are or have been treated principally (but not exclusively) at the Cumberland Infirmary.

4. North Cumbria Acute Hospitals' Cancer Fund
For any charitable purpose or purposes, principally (but not exclusively) in connection with the services provided by North Cumbria Integrated Care NHS Foundation Trust which will further the following aims:

a. The investigation of the causes of cancer and the prevention, treatment, cure and defeat of cancer in all its forms;

b. The advancement of scientific and medical education and research in topics related to cancer provided the useful results of such research must be published;

c. The furtherance of any other charitable purposes for the relief of persons suffering from cancer.

5. Carlisle Hospitals' Breast Cancer Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of breast cancer principally (but not exclusively) at the Cumberland Infirmary.

6. Carlisle Hospitals' Cardiology Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the heart principally (but not exclusively) at the Cumberland Infirmary.

7. Carlisle Hospitals' Renal Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the kidneys principally (but not exclusively) at the Cumberland Infirmary.

4.4. Our investment policy

Our Investment Policy was established on 6th October 2009 and is reviewed annually.

The main criteria for the investments are:

- The Trustee shall seek to maximise the interest return on cash, consistent with minimising and diversifying risk, and for this purpose may make deposits with a maximum of £1 million being invested for a period no longer then twenty four months and the remainder of accounts to have withdrawal notice periods not exceeding three months.
- Deposits should be spread by counterparty subject to a maximum exposure of £750,000 per financial institution.
- The amount to be held as liquid funds shall be determined by the Trustee based on Fund Holders' spending plans, but in any case a minimum of six months expenditure (based on average expenditure over the two previous years) shall be held in liquid funds.
- The Trustee shall maintain a list of approved banking institutions, together with the maximum deposit across all accounts (the "credit limit") to be held with any one institution, which is £750,000.

5. Risk management

The Charity operates under the corporate controls assurance policies and procedures of the NHS Foundation Trust as part of its governance arrangements. The Trust has put in place as part of its risk management strategy both a risk register and a framework for the identification and minimisation of risk. The risk register for Charitable Funds is part of the Corporate Register as the Trust is the Corporate Trustee.

Income and expenditure is monitored in total to ensure that both pending and firm financial commitments remain in line with income to avoid unforeseen calls on reserves. All expenditure is committed against funds by the appointed Fund Holders and this expenditure is applied in line with the objects of the Charity. This expenditure is then authorised according to the Trust's Standing Financial Instructions, Standing Orders and Charitable Fund Procedures that also comply with Charity Law. All funds are checked before a payment is made to ensure that there is money available to meet expenditure. Income and expenditure statements are sent to the individuals authorised as Fund Holders on a monthly basis. The Trustees are presented with a statement of income and expenditure and fund balances at every Committee Meeting for assurance.

The Charity benefits from the independent reviews and audits undertaken by both internal and external audit, reports from which are presented to the Trustee. The action points from such reports are applied and monitored on behalf of the Charity by the Trust's Finance Department. Audit testing in recent years has not identified any significant financial or other losses.

6. Statement of trustee's responsibilities in respect of the trustee's annual report and accounts

Under charity law, the trustees are responsible for preparing the trustees' annual report and accounts for each financial year which show a true and fair view of the state of affairs of the Charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the trustees:

- Select suitable accounting policies and then apply them consistently
- Make judgments and estimates that are reasonable and prudent
- State whether the recommendations of the SORP have been followed, subject to any material departures disclosed and explained in the financial statements
- State whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The trustees are required to act in accordance with the trust deed and the rules of the Charity, within the framework of trust law. The trustees are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by the trustees under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The trustees have general responsibility for taking such steps as are reasonably open to the trustees to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Approved by the Audit & Risk Committee on behalf of the Corporate Trustee on 6 November 2024 and signed on their behalf by



John Batty

Chair of the Audit & Risk Committee

With grateful appreciation and special thanks.

To those donations received via much loved as part of their final wishes and their families:

Rory Amos	£1,702.70	CIC SCBU
Billy Nugent	£80.06	Abbey Cambell Asthma Fund
David Rankine	£70.57	CIC Oncology Fund
David Bulman	£207.38	CIC ICU Fund
Iain Gaddes	£42.10	CIC ICU Fund
Terry Ward	£56.13	The Heart Centre
Mark Parr	£165.07	Stroke & Elderly Care Fund
Glynn Davies	£397.18	WCH ITU Fund
Thomas William Moore	£9.29	WCH - Palliative Care Fund
Barry Kegg	£567.40	WCH Renal Fund
Lilian Shepherd	£65.63	WCH General Fund
Lloyd Sutton	£3,743.42	WCH ITU Fund
Maureen Crosby	£340.66	WCH Henderson Suite
William Burns	£216.47	West Cumberland Renal Fund
Isabelle Martin	£23.62	CIC/WCH General Funds
Michael Mossop	£23.62	CIC/WCH General Funds
Brenda Beck	£569.72	WCH Henderson Suite
Norma Musson	£65.83	Stroke & Elderly Care Fund
Eric Musgrave	£160.32	Stroke & Elderly Care Fund
Olive Blakeley	£248.38	WCH General Fund
Alexa Sandwith	£263.92	WCH Paedriatric Ward Fund
Anthony Wilkinson	£75.32	CIC Renal Unit Fund
Brian Telford	£14.03	West Cumberland Renal Fund
Anne Gaffney	£255.23	NCIC - Stroke & Elderly Care Fund
Leonard Chapman	£226.56	NCIC - Stroke & Elderly Care Fund
Margaret Pilkington	£496.22	NCIC - Stroke & Elderly Care Fund
Cyril Rigg	£325.30	West Cumberland Renal Fund
Sadie Parr	£132.06	CIC SCBU
Rickie Reid	£84.81	WCH General Fund
Philip James Skelly	£18.58	WCH - Palliative Care Fund

Thank you.

North Cumbria Hospitals **NHS Charity.**

INDEPENDENT AUDITOR'S REPORT TO THE CORPORATE TRUSTEE OF NORTH CUMBRIA HOSPITALS NHS CHARITY

Opinion

We have audited the financial statements of North Cumbria Hospitals NHS Charity for the year ended 31 March 2024 which comprise the primary statements such as the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

•give a true and fair view of the state of the charity's affairs as at 31 March 2024, and of its incoming resources and application of resources, for the year then ended;

•have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

•have been prepared in accordance with the requirements of the *Charities Act* 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustee is responsible for the other information. Our opinion on the financial statements does not cover the other

information, and except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the *Charities (Accounts and Reports) Regulations* 2008 requires us to report to you if, in our opinion: -

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report

Responsibilities of trustee

As explained more fully in the Trustees' Responsibilities Statement, the trustee is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal controls as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustee either intends to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are

considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

We have;

• Obtained an understanding of the legal and regulatory framework applicable to the entity and how the entity is complying with that framework;

• Obtained an understanding of the entity's policies and procedures on compliance with laws and regulations, including documentation of any instances of non-compliance;

• Identified the laws and regulations that have significance in the context of the entity;

• Obtained an understanding of the entity's risk assessment process, including the risk of fraud;

• Assessed and evaluated the susceptibility of the entity's financial statements to material misstatement, through error and fraud;

• Implemented procedures to enable the identification and testing of unusual or unexpected journal entries;

• Evaluated the assumptions and judgements used by management within significant accounting estimates and assessed if these indicate evidence of management bias;

• Tested significant transactions, in particular the evaluation of the business rationale for any which appear unusual or outside the company's normal course of business;

• Reviewed the financial statements and tested the disclosures against supporting documentation;

• Communicated relevant matters (including those above) to all members of the audit team to ensure they understood the risks specific to the entity and the audit procedures planned to mitigate these.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council’s website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor’s report.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

Use of our report

This report is made solely to the charity's trustee, in accordance with Part 4 of the *Charities (Accounts and Reports) Regulations* 2008. Our audit work has been undertaken so that we might state to the charity's trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustee, for our audit work, for this report, or for the opinions we have formed.

Dodd & Co Audit Limited

Dodd & Co Audit Limited, Registered Auditors
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
Carlisle
CA1 2RW

Date: 6 November 2024

NORTH CUMBRIA HOSPITALS

NHS CHARITY

ANNUAL ACCOUNTS

For Year Ended 31 March 2024

Charity Commission for England and Wales
Registration Number 1059946

Statement of Financial Activities for the year ended 31 March 2024

	Note:	Unrestricted Funds £000	Restricted Funds £000	**2023/24 Total Funds £000**	Unrestricted Funds £000	Restricted Funds £000	2022/23 Total Funds £000
Income							
Donations, Legacies and similar resources:							
Donations (including grants)		158	55	**213**	156	53	209
Legacies		863	61	**924**	132	36	168
Total Donations and Legacies	*2*	1,021	116	**1,137**	288	89	377
Investment income	*3*	74	39	**113**	41	19	60
Total income		**1,095**	**154**	**1,250**	329	108	437
Expenditure							
Charitable activities	*5*	268	35	**303**	202	316	518
Raising Funds	*4*	30	0	**30**	5	0	5
Total expenditure	*5*	**298**	**35**	**333**	207	316	523
Net gain/(loss) on investments	*11*	41	0	**41**	(22)	0	(22)
Net income/expenditure before Transfers		838	120	**958**	100	(208)	(108)
Gross transfer between funds		0	0	**0**	0	0	0
Net movement in funds		**838**	**120**	**958**	100	(208)	(108)
Fund balances brought forward at 1 April		1,682	796	**2,478**	1,582	1,004	2,586
Total Fund Balances	*17*	2,520	916	**3,436**	1,682	796	2,478

The notes on pages 36 to 43 form part of these accounts.

Balance Sheet as at 31 March 2024

	Note:	Unrestricted Funds £000	Restricted Funds £000	**Total at 31 March 2024 £000**	Unrestricted Funds £000	Restricted Funds £000	Total at 31 March 2023 £000
Fixed Assets							
Investments	*11*	455	0	**455**	414	0	414
Total Fixed Assets		455	0	**455**	414	0	414
Current Assets							
Debtors	*12*	891	66	**957**	60	25	85
Cash and Cash Equivalents	*13*	1,347	868	**2,215**	1,317	894	2,211
Total Current Assets		2,238	934	**3,172**	1,377	919	2,296
Current Liabilities							
Creditors: Amounts falling due within one year	*14*	(173)	(18)	**(191)**	(109)	(123)	(232)
Net Current Assets/(Liabilities)		2,065	916	**2,981**	1,268	796	2,064
Total Assets less Current Liabilities		2,520	916	**3,436**	1,682	796	2,478
Total Net Assets		**2,520**	**916**	**3,436**	1,682	796	2,478
Funds of the Charity							
Income Funds:							
Restricted	*17.1*	0	916	**916**	0	796	796
Unrestricted	*17.2*	2,520	0	**2,520**	1,682	0	1,682
Total Funds		**2,520**	**916**	**3,436**	1,682	796	2,478
		0					

The notes on pages 36 to 43 form part of these accounts.

The financial statements were approved by the Audit & Risk Committee and authorised for issue on 6 November 2024

Signed: 

Name: John Batty (Chair of Audit & Risk Committee)

Date 6 November 2024

Cashflow for Year Ended 31 March 2024

		2023/24	2022/23
Cash flows from Operating Activities:			
Net Income/(Expenditure) for the reporting period as per Statement of Financial Activities		958	(108)
Adjustments for:			
Dividends & interest from investments	*3*	(113)	(60)
Unrealised profit on investments		(41)	22
(Increase)/decrease in Debtors	*12*	(871)	(53)
Increase/(decrease) in Creditors	*14*	(41)	(71)
Net Cash provided by (used in) Operating Activities		**(108)**	(270)
Cash flows from Investing Activities:			
Interest from Investments	*3*	112	51
Sale of investments	*11*	0	0
Net Cash provided by Investing Activities		**112**	51
Change in Cash and Cash Equivalents in the reporting period		4	(219)
Cash and Cash Equivalents at the beginning of the reporting period		2,211	2,430
Cash and Cash Equivalents at the end of the reporting period		**2,215**	2,211

Notes to the Accounts

1 Accounting Policies

1.1 Basis of Preparation

The financial statements have been prepared on a historic cost basis, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The Trustee considers that there are no material uncertainties about the North Cumbria Hospitals NHS Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

1.2 Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as a restricted fund or an endowment fund. Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specific charitable purpose. Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which can be analysed between designated (earmarked) funds where the Trustee has set aside amounts to be used for specific purposes or which reflect the nonbinding wishes of donors, and unrestricted funds which are at the Trustee's discretion.

The North Cumbria Hospitals NHS Charity has 9 restricted funds, no endowment funds and one designated unrestricted fund (note 17).

1.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the monetary value of the income can be measured with sufficient reliability.

Where there are terms or conditions attached to income, particularly grants, then these terms or conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

1.4 Income from Legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

a) Confirmation has been received from the representatives of the estate(s) that probate has been granted

b) The executors have established that there are sufficient assets in the estate to pay the legacy and

c) All conditions attached to the legacy have been fulfilled or are within the charity’s control

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.5 Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

a) There is a present legal or constructive obligation resulting from a past event

b) It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement

c) The amount of the obligation can be measured or estimated reliably.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

1.6 Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to linked, related party or third party NHS bodies and non NHS bodies, in furtherance of the charitable objectives of the funds held on trust, primarily relief of those who are sick.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:

a) We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant

b) We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant

c) There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The Trustee has control over the amount and timing of grant payments and consequently where approval has been given by the Trustee, or by the Charitable Funds Committee on behalf of the Trustee, and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is recognised.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

1.7 Allocation of support costs

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 7.

1.8 Fundraising costs

The costs of raising funds are those costs attributable to generating income for the Charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the Charity’s objects. The costs of generating funds represent fundraising costs together with investment management fees. Fundraising costs include a fee paid to the Trust. The fee is used to contribute to the salaries and overhead costs of one of the Trust's support services which is supporting fundraising in the absence of a Charity Fundraising Lead.

1.9 Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the Charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 5.

1.10 Fixed asset investments

Investments are a form of basic financial instrument. Fixed asset investments are initially recognised at their transaction value and are subsequently measured at their fair value (market value) as at the balance sheet date. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year. Quoted stocks and shares are included in the balance sheet at the current market value quoted by the investment analyst, excluding dividend.

1.11 Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.12 Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in notice interest bearing savings accounts.

1.13 Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the charity expects to have to pay to settle the debt.
Amounts which are owed in more than a year are shown as long term creditors.

1.14 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening carrying value (or date of purchase if later).

1.15 Corporate Trustee arrangements

On 1 October 2019 the North Cumbria University Hospitals NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date. The transaction took place under Section 56A of the National Health Services Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the new corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust. The Charity updated its name to exclude "NHS Trust" at that time but has subsequently made a further change and the Charity is now called North Cumbria Hospitals NHS Charity.

2. Income from donations, legacies and grants

	Unrestricted Funds	Restricted Funds	**Total 31/03/2024 Funds**	*Total 31/03/2023 Funds*
	£000	£000	**£000**	*£000*
Donations from individuals	101	17	**118**	*130*
Corporate donations	12	0	**12**	*17*
Legacies	863	61	**924**	*168*
Grants	45	38	**83**	*62*
Total Donations, Legacies & Grants	**1,021**	**116**	**1,137**	377

Grants received in 2023/24 totalled £83k and were from NHS Charities Together and Ace Lottery (2022/23: £62k).
Section 3.1 of the annual report contains additional information about the income from legacies and which funds/services benefitted.

3. Gross investment income

Most of the Trust's investment income is from cash on deposit including an 18 Month Saver account with Nationwide (previously a 95 Day Saver). There are also dividend payments received from the Charity's investment with CCLA.

	Unrestricted Funds	Restricted Funds	**Total 31/03/2024 Funds**	*Total 31/03/2023 Funds*
	£000	£000	**£000**	*£000*
Nationwide Building Society	10	6	**16**	*9*
NatWest / GBS	51	33	**84**	*38*
CCLA	13	0	**13**	*13*
Total gross investment income	**74**	**39**	**113**	60

4. Analysis of expenditure on raising funds

	Unrestricted Funds	Restricted Funds	**Total 31/03/2024 Funds**	*Total 31/03/2023 Funds*
	£000	£000	**£000**	*£000*
Fundraising Support	30	0	**30**	*0*
Fundraising Events	0	0	**0**	*0*
Other costs	0	0	**0**	*5*
Total Expenditure on Raising Funds	**30**	**0**	**30**	5

During 2023/24 one of the Trust's support service teams provided fundraising support to the Charity. (In 2022/23 other costs were for a subscription to a service that supports identifying potential grants for charities to apply for).

5. Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding. Grants were approved in favour of North Cumbria Integrated Care NHS Foundation Trust, to carry out activities that will benefit NHS patients and their families. The Charity incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by the Trust.

	Grant funded Activity	Support Costs	**Total 31/03/2024 Funds**	*Total 31/03/2023 Funds*
	£000	£000	**£000**	*£000*
Medical Equipment	88	12	**100**	*367*
Furniture & Equipment	27	4	**31**	*44*
Information Technology	20	3	**23**	*9*
Education & Training	58	9	**67**	*39*
Salary Grants	3	5	**8**	*16*
Patient Amenities	68	10	**78**	*33*
Staff Amenities & Functions	(11)	(1)	**(12)**	*9*
Building Work	7	1	**8**	*1*
Total Grants Paid	**260**	**43**	**303**	518

Support costs have been allocated across charitable activities on the basis of direct expenditure on these activities in 2023/24

6. Analysis of Grants

The Charity does not make grants to individuals. All grants and grant support are made to North Cumbria Integrated Care NHS Foundation Trust to provide for the care of NHS patients in furtherance of our charitable aims. The total cost of making grants, including support costs, is disclosed on the face of the Statement of Financial Activities and the actual funds spent on each category of charitable activity, is disclosed in note 5.

The Trustee operates a scheme of delegation for the majority of the charitable funds, under which fund holders manage the day to day disbursements on their projects in accordance with the directions set out by the Trustee in the Charitable Funds Policy, Charity standing orders and financial instructions. Funds managed under the scheme of delegation represent ongoing activities and it is not possible to accurately segment these activities into discrete individual grant awards.

The total value of the grant made to North Cumbria Integrated Care NHS Foundation Trust in 2023/24 was £303k (2022/23: £518k).

7. Allocation of support costs and overheads

	Fundraising Activities	Charitable Activities	**2023/24 Total**	*2022/23 Total*
	£000	£000	**£000**	*£000*
Auditor / Independent Examiner Fees	0	7	**7**	*2*
HMRC - benefit in kind charge	0	0	**0**	*0*
Bank Charges and Just Giving Membership	0	1	**1**	*1*
Fundraising Costs	30	0	**30**	*5*
Governance costs:				
NEP - financial ledger	0	6	**6**	*6*
Financial Administration	0	28	**28**	*28*
Stationery	0	1	**1**	*1*
Total Support Costs & Overheads	**30**	**43**	**73**	43

	Unrestricted Funds	Restricted Funds	**2023/24 Total**	*2022/23 Total*
	£000	£000	**£000**	*£000*
Raising funds	30	0	**30**	*5*
Charitable activities	26	17	**43**	*38*
Total Support Costs & Overheads	**56**	**17**	**73**	43

8. Trustees' remuneration, benefits and expenses

None of the members of the Charitable Funds Committee have been remunerated or reimbursed from the Charitable Funds for services provided to the Charity, or for expenses incurred in relation to those services.

9. Analysis of staff costs

The Charity does not directly employ its own staff. Staff carrying out work on behalf of the Charity are employees of North Cumbria Integrated Care NHS Foundation Trust and as such have the same terms and conditions as other Trust staff. Most staff providing support to the Charity do not work solely for the Charity and have other duties. Their costs are reflected in either fundraising support (Note 4) or salary grants (Note 5). The staff are not employed solely to work on charitable funds so they are not considered to be employees of the charity employed by a related party.

10. Audit Fees

The audit fee of £7k relates entirely to the audit of the Charity's 2023/24 accounts. In 2022/23 there was an independent examination fee of £2k.

11. Fixed asset investments

	31 March 2024	*31 March 2023*
	£000	*£000*
Market Value brought forward	414	*436*
Add: additions to investments at cost	0	*0*
Less disposals at carrying value	0	*0*
Add net gain / (loss) on revaluation	41	*(22)*
Market value as at 31 March 2023	**455**	*414*

The Charity's investment is in CCLA's COIF Charities Ethical Investment Fund and it is carried at fair value. In order to reduce risk the Charity chose to invest in a pooled fund made up mainly of UK and overseas equities with some property, infrastructure and cash included in the fund.

12. Analysis of current debtors

	Unrestricted Funds	Restricted Funds	**31 March 2024 Total**	*31 March 2023 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Accrued income	891	66	**957**	*85*
Total debtors falling due within one year	**891**	**66**	**957**	85

Accrued income includes £923k for legacies notified to the Charity but not realised in cash as at 31 March 2024 and £14k of interest & investment income (31 March 2023: £50k for a legacy notified to the Charity but not realised in cash and £12k of interest & investment income).

13. Analysis of cash and cash equivalents

	Unrestricted Funds	Restricted Funds	**31 March 2024 Total**	*31 March 2023 Total*
	£000	£000	**£000**	*£000*
Nationwide Business 18 Month Saver	322	208	**530**	515
GBS Bank account	1,025	660	**1,685**	*1,696*
	1,347	**868**	**2,215**	2,211

No cash or cash equivalents were held in non-cash investments or outside of the UK.

14. Analysis of liabilities

	Unrestricted Funds	Restricted Funds	**31 March 2024 Total**	*31 March 2023 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Accruals for Grants Owed	139	8	**147**	*150*
Other Accruals	5	3	**8**	*2*
Other creditors	29	7	**36**	*80*
Total creditors falling due within one year	**173**	**18**	**191**	*232*

The Trust processes purchase invoice transactions for the Charity and the balance is paid in arrears. At 31 March 2024 there was £36k owed to North Cumbria Integrated Care NHS Foundation Trust. (31 March 2023: £80k)

15. Related Party Transactions

During the year none of the NHS Trust Board or members of the key management staff or parties related to them has undertaken any material transactions with the North Cumbria Hospitals NHS Charity.

The Charity has made revenue and capital payments of £301k to North Cumbria University Hospitals NHS Trust, which is the Corporate Trustee of the Charitable Trust (2022/23: £391k). This included payments for governance and administration services of £39k (2022/23: £39k).

At any one time North Cumbria Integrated Care NHS Foundation Trust holds balances for debtors and creditors relating to the transactions it processes on behalf of the Charity, which are normally settled within the following month. At 31 March 2024 the Charity has a creditor balance of £36k owed to North Cumbria Integrated Care NHS Foundation Trust (31 March 2023: £80k).

16. Events After the Reporting Period

There are no events to report.

17. Analysis of Funds

17.1 Restricted Funds

	Balance 31 March 2023	Income	Expend-iture	Transfers	Gains and Losses	Balance 31 March 2024
	£000	£000	£000	£000	£000	£000
Breast Cancer	**16**	3	(2)	0	0	**17**
Cancer	**9**	1	(1)	0	0	**9**
Cardiology	**78**	5	(8)	0	0	**75**
Children	**18**	1	(5)	0	0	**14**
CT Scanner	**2**	0	0	0	0	**2**
Radiotherapy	**56**	4	(9)	0	0	**51**
Renal	**371**	29	(20)	0	0	**380**
Healing Arts	**17**	38	(36)	0	0	**19**
Leonard Atkinson Fund	**227**	14	46	0	0	**287**
John Dickinson Respiratory Fund	**0**	60	0	0	0	**60**
Total	**796**	**155**	**(35)**	**0**	**0**	**916**

Healing Arts income includes a £25k grant from Arts Council England (ACE) Lottery funding. The John Dickinson Respiratory Fund was established during 2023/24 as a result of a legacy notified to the Charity in respect of the Estate of the late Mr John Barker Dickinson.

PRIOR YEAR

Restricted Funds	Balance 31 March 2022	Income	Expend-iture	Transfers	Gains and Losses	Balance 31 March 2023
	£000	£000	£000	£000	£000	£000
Breast Cancer	16	0	0	0	0	16
Cancer	9	0	(0)	0	0	9
Cardiology	40	39	(1)	0	0	78
Children	3	15	0	0	0	18
CT Scanner	2	0	0	0	0	2
Radiotherapy	58	4	(6)	0	0	56
Renal	375	20	(24)	0	0	371
Healing Arts	11	22	(16)	0	0	17
Leonard Atkinson Fund	488	8	(269)	0	0	227
Total	1,004	108	(316)	0	0	796

Details of Restricted Funds

Name of fund	Description of the nature and purpose of each fund
Breast Cancer	Prevention, diagnosis and treatment of breast cancer
Cancer	Prevention, diagnosis and treatment of cancer
Cardiology	Prevention, diagnosis and treatment of heart disorders
Children	Relief of sickness in children
CT Scanner	Provision and maintenance of CT Scanner
Radiotherapy	Relief of sickness of radiotherapy patients
Renal	Prevention, diagnosis and treatment of kidney disorders.
Healing Arts	For the support and development of Healing Arts' initiatives and programmes
Leonard Atkinson Fund	Provision of medical equipment for West Cumberland Hospital
John Dickinson Respiratory Fund	For the benefit of respiratory services at the Cumberland Infirmary

17. Analysis of Funds (cont'd)

17.2 Unrestricted Designated Funds

	Balance 31 March 2022	**Income**	**Expend-iture**	**Transfers**	**Unrealised Surplus**	**Gains and Losses**	**Balance 31 March 2023**
	£000	**£000**	**£000**	**£000**	**£000**	**£000**	**£000**
NCIC Trust	**1,682**	1,095	(298)	0	41	0	**2,520**
Total	**1,682**	**1,095**	**(298)**	**0**	**41**	**0**	**2,520**

PRIOR YEAR

Unrestricted Designated Funds

	Balance 31 March 2022	Income	Expend-iture	Transfers	Unrealised Surplus	Gains and Losses	Balance 31 March 2023
	£000	£000	£000	£000	£000	£000	£000
NCIC Trust	1,582	329	(207)	0	(22)	0	1,682
Total	1,582	329	(207)	0	(22)	0	1,682

The Unrestricted Funds are split into a number of designated funds across the departments and services operated by the Cumberland Infirmary and West Cumberland Hospital. They are used to fund charitable purposes that benefit NHS patients of North Cumbria Integrated Care NHS Foundation Trust and the staff that deliver patient care to those patients at the discretion of the trustees. Whilst these funds have traditionally been identifiable for each of the two sites an increasing number of the funds are cross-site and service orientated and it is no longer appropriate, or possible, to identify the funds by site.

NORTH CUMBRIA HOSPITALS NHS CHARITY

England & Wales - Charity number 1059946

Accounts

Registered Charity Number: 1059946

North Cumbria Integrated Care NHS Foundation Trust







NORTH CUMBRIA HOSPITALS NHS CHARITY






North Cumbria Hospitals **NHS Charity**

Annual Report and Accounts **2022/23**

www.ncic.nhs.uk

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1 Trustee's Annual Report

The Corporate Trustee presents the North Cumbria Hospitals NHS Charity Annual Report together with the financial statements for the year ended 31 March 2023. Independent examination of the annual report and accounts was undertaken by the Charity's auditor.

The Charity's annual report and accounts for the year ended 31 March 2023 have been prepared in accordance with the accounting policies set out in section 13 to the accounts. They comply with the deed of trust, the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2009 and the Accounting and Reporting by Charities: Statement of Recommended Practise (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity's report and accounts include all the separately established funds for which the North Cumbria Hospitals NHS Charity is the sole beneficiary.

1.1. Foreword by the Chairman of Charitable Funds Committee of the North Cumbria Hospitals NHS Charity.

Welcome to the North Cumbria Hospitals NHS Charity Annual Report for 2022/23. Our charity supports the services provided by our two acute hospitals, the Cumberland Infirmary in Carlisle and the West Cumberland Hospital in Whitehaven, for the benefit of NHS patients, their families and communities.

Thanks to the generosity and kindness of our donors, our Charity is in a healthy position with a balance of £2.478m. We will continue to invest in our facilities, patient services and our staff to improve the safety and quality of the care we provide.

Over the last year our investment generated £60k and we have been grateful for £209k in generous donations from individuals, companies and grants. We have also received £168k in legacies. We will remember Sydney Mounsey, John Peter Wilson, Mable Pollock, Alan Spiers and Barbara Rome whose kindness in death means they live on in our memory through the care we provide to others.

Through this generosity, our Charity has been able to improve patient care by investing in medical equipment that the Trust would otherwise be unable to afford. This year we have invested £228,000 in new equipment for our theatres and Same Day Emergency Care (SDEC) department at the West Cumberland Hospital. This will hugely benefit patients requiring treatment for prostate enlargement and gallbladder removal, and improve access to ultrasound diagnostics in SDEC to allow patients to go home on the same day without the need for an overnight stay. We have also purchased motobed bikes for our community services, TVs for our renal unit at the Cumberland infirmary and cot beds for our Special Care Baby unit.

In total, we have made grants of £480k on medical equipment, staff education and training, and patient welfare and amenities.

None of this would be possible without the kindness of our donors. A heartfelt thank you to you all.

Looking ahead, we are exploring ways to engage more effectively with staff, patients and their families and to support them in their fundraising efforts. We have revamped our website, and launched a Facebook page to share news about fundraising activity and the investment we have made through our charity funds. In the year ahead we will launch a partnership scheme to give local businesses and other organisations a platform to support their NHS.

The NHS today faces many challenges and the support of our Charities has never been more important. However, the generosity and support we see from our donors and fundraisers means that we can face the future with optimism, and take great pride in the contribution we make to our NHS.



Date: 6 December 2023

Philip Kane,
Chair of the Charitable Funds Committee

1.2. Who we are

North Cumbria Hospitals NHS Charity ('the Charity') is a registered charity (registered charity number: 1059946). We exist to raise funds and receive donations for the benefit of the NHS. For us this is the patients of the Cumberland Infirmary and West Cumberland Hospital. By securing donations, legacies, and sponsorship, the Charity can provide the 'icing on the cake' to make a real difference for patients, their families and the staff who look after them. Providing both general and specialist care, the Cumberland Infirmary and West Cumberland Hospital are key partners in fulfilling our charitable aims. We would like you to support us in our crucial work so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

1.3. Charity details

Charity Name: **North Cumbria Hospitals NHS Charity**

Registered Charity Number: **1059946**

Principal Office:
North Cumbria Hospitals NHS Charity
Executive Director of Finance
c/o NHS Finance
Parkhouse Building South
Baron Way
Kingmoor Business Park
Carlisle
Cumbria
CA6 4SJ

The Charity was established under the Umbrella Charity Model by a declaration of trust dated 29 October 1996, as amended by the supplemental deed dated 28 January 2003 and by supplemental deed dated 6 October 2009.

The Charity has a Corporate Trustee which was North Cumbria University Hospitals NHS Trust up until 30 September 2019. On 1 October 2019 the North Cumbria University Hospital NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date.

The transaction took place under Section 56A of the National Health Service Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust.

1.4. Our mission

By raising new money and careful management of our existing funds, North Cumbria Hospitals NHS Charity provides a public benefit by making grants to North Cumbria Integrated Care NHS

Foundation Trust. The object of the Charity is as follows:

The Trustee shall hold the charitable fund upon trust to apply the income and at their discretion, as far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service.

Charitable funds received by the Charity are accepted and held and administered as funds held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service and Community Care Act 1990. These funds are held on trust by the corporate body. The members of the Charitable Funds Committee confirm that they have referred to the guidance provided by the Charity Commission on public benefit when reviewing aims and objectives, when planning future activities and in setting the grant making policy for the year.

The Charity supports projects and interventions that improve patient experience, enhance services, improve patients' overall health, and support the wellbeing and development of NHS staff. The Charity covers the costs for items such as specialist equipment and projects such as staff wellbeing initiatives and health education which are not covered by NHS core funding.

Grants to the Trust are made in accordance with charity law, our constitution and the wishes and directions of donors. In making grants, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2022/23 grants totalling £480k (2021/22: £329k) were made.

1.5. What we have achieved:

The Charitable Funds Committee keeps the spirit of "public benefit" at the forefront of its decision making and encourages applications for grants to support patient centred initiatives. During 2022/23 the Committee approved a small number of bids for expenditure of more than £20,000. This included approving the following grants:

- £104,000 to purchase a Holmium laser enucleation of the prostate machine (HoLEP) state of the art equipment for theatres at the West Cumberland Hospital to enable minimally invasive surgical treatment for men with prostate enlargement;
- £76,000 for a laparoscopic ultrasound scanner to be used in Theatres whilst removing a patient's gallbladder which has multiple benefits including reduced procedure time, reduced radiation for patients and staff and less likelihood of complications; and
- £48,000 for a PX ultrasound system for Same Day Emergency Care (SDEC) at WCH which will enable clinicians to have access to ultrasound diagnostics which improves their ability to discharge patients on the day of presentation, reduce the number of unnecessary overnight admissions and improve patient outcomes.

By funding services and equipment we can help our staff to provide care to their patients which goes beyond that which NCIC is funded by the government to provide.

We assist patients from every walk of life, irrespective of race, creed, ethnicity or personal circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- Enhancing the care our hospitals can offer through new equipment and building improvements to deliver better facilities.

- Investment in the people who work for NCIC to ensure the best care for our patients, their families and visitors.

- Providing direct support to patients by way of information, enhanced support and better facilities.

Highlights from public benefit

The work of the Cumberland Infirmary and West Cumberland Hospital can only be supported through the ongoing generosity of our donors. During the year, the Charity has continued to benefit from legacies and donations from both individuals and companies.

These are an invaluable source of funds used to purchase additional goods and services that are not able to be provided by core NHS funds. Here are just some of the donations we received and only a small representation of the support the Charity receives from the community.



Whitehaven Rugby Club raised **£2,532.25** for the Stroke Fund. Pictured above.

The Charity is most grateful to all supporters for their contributions.

Modana Morgan Aged 11 *walked 100 miles to raise £315 for the Children's Diabetes fund. He did this for his friends Alfie Scott and Jessica Todhunter who are insulin dependent and visit the ward regularly.*

£1,000 was raised at the funeral of Ronald (Ted) Poole for the Henderson Suite to thank the staff for looking caring for Ted through his Chemo. Ted always had a smile and a chuckle with the staff.

Shepley Engineering *donated £250 to the WCH Children's ward in Lieu of sending Christmas Cards to their Suppliers.*

£195 was raised for CIC Ophthalmology from a quiz that Freda Hislop and Janice Aitken created.

Allen Hyde donated £100 *to WCH ITU in memory of his wife Marian as a token of thanks for the care she received.*

Keith Beattie donated £25 to the Henderson Suite to wish the staff a good Christmas.

Ann Conway's family and Friends donated £50 to WCH ITU

£3,680 was raised for CIC Special Care Baby Unit from the sale of Texel Lambs in memory of baby Millie Harrison.

£1,500 *was donated to the Stroke department for gym equipment at Cleator Moor by a Patient MR Troll who had a stroke following a road traffic accident.*

Carlisle Citadel Welfare Club made a **£500 donation** to the CIC Children's ward.

Mr Bratby donated £400 *to CIC Urology to thank Dr Mom and the nurses for giving him a good quality of life.*

Pam Boundy donated £354 in memory of her husband Alan to CIC ITU to thank the staff for caring for Alan and a special mention to Kimo Katie for her support at the difficult time.

Lorraine, Keith and Family donated £90 *for CIC ITU in lieu of flowers at their mum Elsie Mary Murphy's funeral. They said the staff tried their very best for Elsie during her short stay in Sept 2022.*

£1,600 was raised for WCH Breast Care Unit by Team 13 who held a bike riding event in memory of Paula Hewitson

Drainwise donated £50 to CIC Breast Care. They asked each team member to nominate a charity and Monty chose our charity to receive some Christmas cheer.

A Soul & Motown night held at the Carlisle CSoul Club raised £632 for Breast Cancer treatment.

£3,035 was raised for the CIC Breast Unit by Linda Cass after an evening selling raffle tickets at the White Star Club.

Coronary Care received £132 in memory of Shirley turner in Lieu of flowers at her funeral.

£100 *was donated to WCH ITU in memory of Terence John Atkinson who passed away in April 2022 after spending a couple of weeks on ITU. His sister Irene said Terry was everyone's best*

mate and Terry himself expressed to his sister how much kindness and devotion he received from the nursing staff and how grateful he was for all they did for him.

Mr Gray donated £100 to the WCH General Fund after a short stay. He stated he used NHS Pyjamas and toiletries and wished to contribute towards the cost of these.

Mary Hanson donated £20 *to the WCH Breast Unit to thank the team for the prosthesis "great fit".*

£100 was donated by Ms Foster to WCH General to thank the nurses "who are doing a great job in looking after people"

The Cumbria County Darts team *all wore pink in memory of Michelle Black who played for the team for a number of years and they had a whip round whilst playing in a darts final and raised £310 for the Breast Unit.*



1.6. Trust Board

The Charity's corporate trustee is North Cumbria Integrated Care NHS Foundation Trust (NCIC). NCIC is led by a Trust Board made up of executive and non executive directors. Executive directors are responsible for the operational management of the Trust whilst non executive directors make sure the Board act in the interests of our patients and community.

The members of the Trust Board who served during the financial year are shown in the table on the next page. Unless otherwise noted, the Directors were in post for the 12 month period to 31 March 2023 and up until the point at which the accounts were adopted.

Name	Responsibilities	Post From	To
Peter Scott	Interim Chair		05/02/2023
Steve Morgan	Chair	06/02/2023	
Lyn Simpson	Chief Executive		
Stuart Diggles	Interim Executive Director of Finance & Estates		28/02/2023
James Drury	Executive Director of Finance & Estates (Director of Finance wef 06/02/2023)	01/03/2023	
Adrian Clements	Executive Medical Director		
Jill Foster	Executive Chief Nurse		
Justine Steele	Executive Director of People & Organisational Development		
Dean Oliver	Executive Director of Performance, Planning & Strategy		
Johanna Reilly	Interim Chief Operating Officer (and Director of Operations (Programmes) from 11 May 2021)	01/06/2022	
Stephen Park	Director of Communications		
David Allen	Non-Executive Director		30/09/2022
John Batty	Non-Executive Director	01/10/2022	
Mark Cullinan	Non-Executive Director		
Teresa Griffiths	Non-Executive Director		
Philip Kane	Non-Executive Director		
Susan McKenna	Non-Executive Director		31/05/2022

Des Moore	Non-Executive Director	05/09/2022	
Celia Weldon	Non-Executive Director		

1.7. Trustees

The Charity's trustee has delegated its powers and functions to the Charitable Funds Committee. The Charitable Funds Committee administer the funds held in trust by the Charity in accordance with any statutory or other legal requirements or best practice required by the Charities Commission on behalf of the Corporate Trustee.

The affairs of the Charity are conducted at quarterly Charitable Funds sub-committee meetings, with a report of the meetings presented to the Trust Board.

The Charitable Funds Committee is responsible for the overall management of the charitable fund. The Committee is required to:

- Control, manage and monitor the use of the fund's resources.
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income.
- Ensure that the approved Investment Policy by the NHS Foundation Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations.
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.
- The Executive Director of Finance is the responsible executive officer. The accounting records and the day to day administration of the funds are dealt with by the Trust's Finance Department located at the Charity's registered address above.

Governance is maintained by various policies and procedures, in particular the Charitable Fund's Governing Document. Members of the Charitable Funds Committee are not individual trustees under Charity Law but act as agents on behalf of the Corporate Trustee.

The members of the Charitable Funds Committee in 2022/23 were:

Non Executive Directors		**Appointment Date**		
Name	**Responsibilities**	**From**	**To**	**Committee Attendance**
David Allen	Non-Executive Director	01/10/2019	30/09/2022	1/2
John Batty	Non-Executive Director	01/10/2022		2/2
Des Moore	Non-Executive Director	05/09/2022		0/2
Peter Scott	Interim Chair		05/02/2023	1/2

Celia Weldon	Non-Executive Director			3/4

** Attendance includes where the Executive Director has been represented at the meeting by their Deputy Director*

Medical Representatives		Appointment Date		
Name	Responsibilities	From	To	Committee Attendance
Fiona Dallas	Clinical Representative	01/07/2010	31/01/2023	3/4
Dana Taran	Clinical Representative	01/10/2021	Until present	2/4
Nursing Representatives				
Richard Heaton	Nursing Representative		04/12/2022	0/3

1.8. Our Advisors

The Charitable Funds Committee is also assisted by professional advisors as detailed below:

Independent Examiners
Dodd & Co Limited
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
CARLISLE
CA1 2RW

Solicitors
Ward Hadaway
102 Quayside
Newcastle Upon Tyne
NE1 3DX

Bankers
c/o NatWest Bank
280 Bishopsgate
London
EC2M 4RB

2. How we funded our work, our achievements and our performance

The total net assets of the Charity as at 31 March 2023 of **£2.478 million** (31 March 2022: **£2.586 million**) are divided as follows:

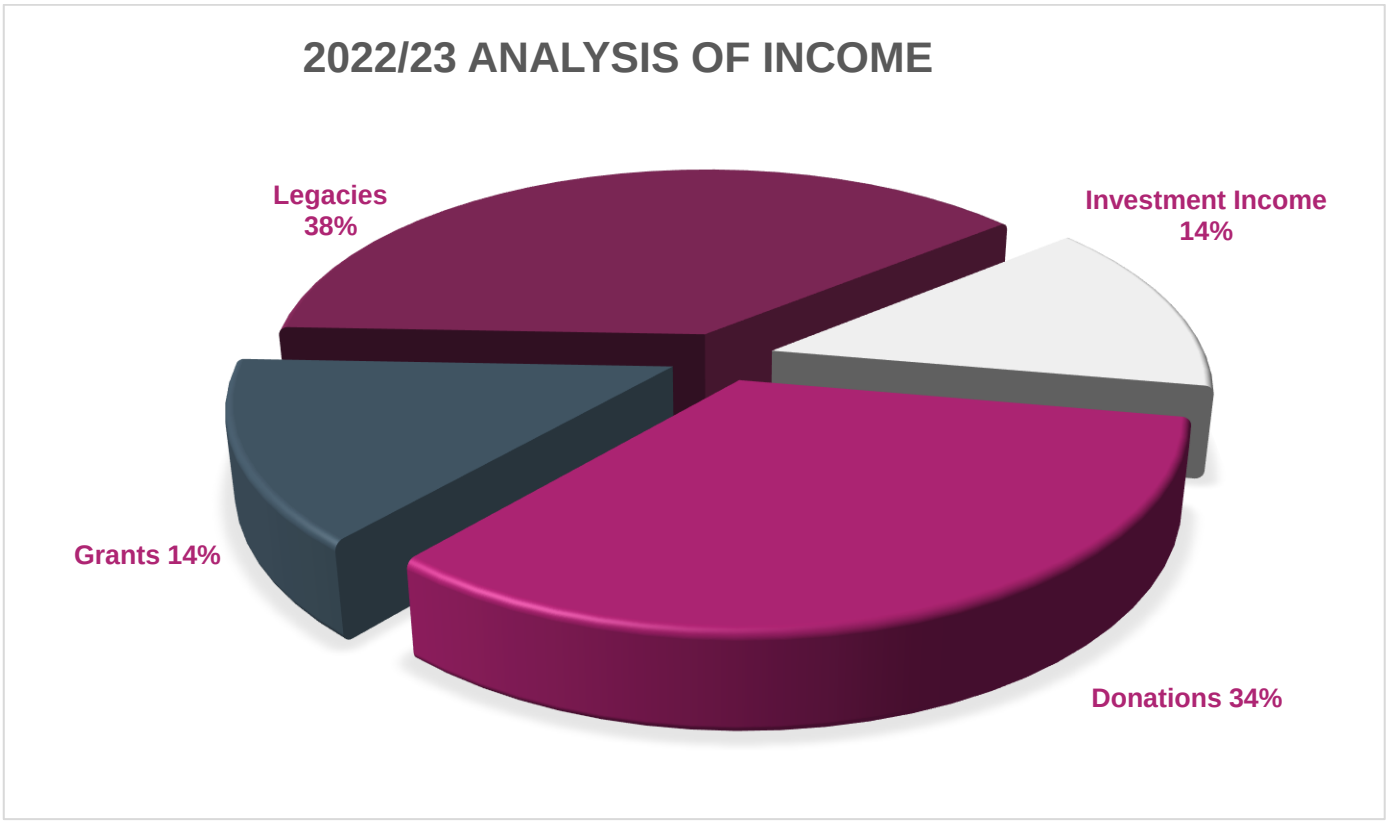
• **Restricted Funds** (Special Purpose Charities)
£0.796 million (31 March 2022: **£1.004 million**)

• **Unrestricted Funds** (General Purpose Charities)
£1.682 million (31 March 2022: **£1.582 million**).

Overall the net assets reduced by **£108,000** due to an excess of expenditure over income of **£86,000** and a loss on investments of **£22,000** (2021/22: reduction of **£27,000**).

2.1. Money received

The following graph illustrates the breakdown of the total income received in the 2022/23 financial year. The total value of donations received in 2022/23 was £147k (2021/22: £292k) of which £130k was from individuals (2021/22: £192k), £17k from companies (2021/22: £95k). The Charity received £62k from grants (2021/22: £5k).



Grants received were as follows:

NHS Charities Together - £58,025
Walk the Walk - £1,823

Morrisons Foundation - £1,312
Tesco Community Grants Team - £1,000

The NHS Charities Together Grant was the first instalment of the Recovery Grant awarded to support our staff's recovery from the COVID pandemic. We were awarded £154,000 in total to support a number of projects including a wellbeing programme and mental health awareness and training sessions.

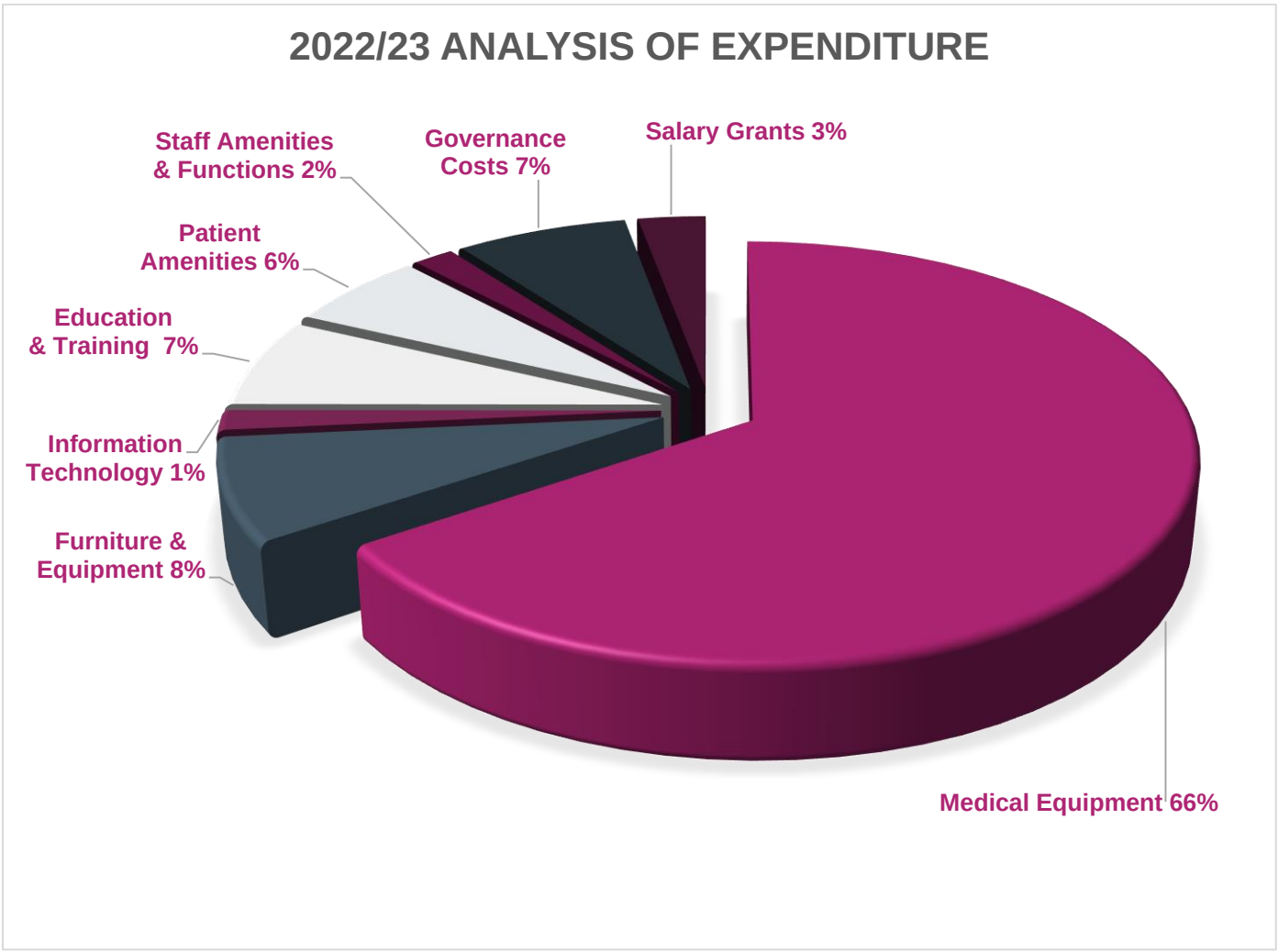
The value of legacies in 2022/23 was £168k (2021/22: £71k). Listed below are the legacies received or notified to the Charity between 1 April 2022 and 31 March 2023 and the areas that have benefitted:

Sydney Mounsey	Cardiology
John Peter Wilson	The Heart Centre
Mabel Pollock	Cardiology
Alan Spiers	WCH General Fund
Barbara Rome	CIC General Fund

Investment income was £60k in 2022/23 (2021/22: £22k).

2.2. Money spent

Of the total expenditure of £518k in 2022/23 (2021/22: £366k), expenditure on direct charitable activity was £480k (2021/22: £329k) spent across a range of programmes from education and training to medical equipment. The monies spent were used to purchase additional goods and services not normally provided by, or in addition to, the normal NHS service that benefit staff and patients.



Patient Care Equipment

In 2022/23 grants totalling £389k were made relating to medical and surgical equipment, furniture, information technology equipment and minor building works, (2021/22: £172k). These grants are used for improvement in the quality of care and comfort of patients by the provision of services or facilities not normally provided by, or in addition to, the normal NHS service.

Key items purchased by the Charity in 2022/23 were as follows:

£104,288	Holmium laser enucleation of the prostate (HoLEP) machine	WCH Urology Services
£71,499	Laparascopic ultrasound system	WCH Surgery
£48,243	Sonosite px ultrasound system	WCH Same Day Emergency Care
£19,350	3 x Motobed bikes	Community Services
£7,513	13 new 32” Smart TVs with brackets & Headphones	CIC Renal Unit

Services at the West Cumberland Hospital have benefitted from the late Mr Leonard Atkinson's generous legacy which has enabled many of the items listed above to be purchased. Patients are benefitting from an improved experience, improved outcomes, earlier diagnosis, less invasive procedures, less risk of complications and, for many, treatment closer to home.

Patients Welfare and Amenities

During 2022/23, grants totalling £31k (2021/22: £25k) were awarded to help improve the quality of care received by patients through the provision of services and facilities not normally provided for, or in addition to, the normal NHS service and include the Trust's Healing Arts programme.

Staff Education and Training

In 2022/23 grants totalling £36k (2021/22: £26k) were made to enable staff to attend health related courses, conferences and books to further develop their clinical knowledge and skills.

Staff Welfare and Amenities

The grants given for staff welfare and amenities in 2022/23 amounted to £9k (2021/22: £86k). The staff welfare and amenities included a grant to fund healthy treats for staff which help to strengthen the staff's morale and their capacity to serve patients well.

Salary Grants

Salary grants of £15k were awarded in 2022/23 (2021/22:£20k) to support the Healing Arts programme and the Staff Health & Wellbeing team.

A Big Thank You

On behalf of the patients and staff who have benefitted from improved services and facilities as a result of the many donations and legacies received, the Corporate Trustee would like to thank all our donors for the generous support over the past year.



3. Our Future Plans

During the year, the Charitable Funds Committee have approved a proposal to revitalise our charitable activity for the benefit of our staff and patients. As we were not successful in appointing to our Charity Fundraising Lead, our communications team are leading on developing a sustainable solution to reinvigorate the charity brand.

A charitable funds strategy is being developed and will be implemented in a more phased way over three years with a communications and marketing plan to complement this.

Work has already been completed to update the public website charitable funds page and re-establishing a Facebook account. This will enable charitable funds activity and the routes for donations more visible to staff and our communities.

In the year ahead we will launch a partnership scheme to give local businesses and other organisations a platform to support their NHS. We will also scope future opportunities including fundraising at local events and setting up an online charity shop.

In 2024/25, we will develop a proposal to recruit to a permanent charity fundraising role so that the Charity can continue to grow and thrive to support our patients, communities and staff.

4. How we manage charitable funds

4.1. Our grant making policy

The Charitable Funds Committee has established its grant making policy to achieve its objectives for the public benefit to improve patient care for NHS patients. All grants made during the year were made to North Cumbria Integrated Care NHS Foundation Trust.

The Committee follows a policy of delegation of decision making on grants to hospital managers, who in turn designate fund managers as appropriate. In this way the Trust Board seeks to maximise the input of medical, nursing and other patient care staff in the utilisation of funds and to manage the corporate trusteeship within the schemes of delegation of the corporate body. Unrestricted General Purpose Funds are managed by Executive Directors who make decisions on grant making related to their sphere of responsibility. The Charitable Funds Committee monitors income and grant making.

- Fund managers are able to authorise grants up to the value of £5,000.
- For grants between £5,000 and £20,000, approval is required from both the fund manager and the Chief Executive or the Executive Director of Finance & Estates.
- For expenditure of over £20,000 the approval of the Trustee is required.

Policy guidelines have been approved by the Trustee and have been circulated to all staff members involved in the administration of Charitable Funds. These Policy guidelines are reviewed periodically by the Charitable Funds Committee.

4.2. Our reserves policy

The Committee has a formal reserves policy. The main objective is to broadly ensure that income received in any one year is approximately equal to expenditure in that year, thus ensuring that reserves do not increase disproportionately over time.
Free reserves are defined as that part of the Charity's unrestricted funds which are available after meeting liabilities and are calculated as follows:

Unrestricted assets:	£1,791,000
Less liabilities:	-£109,000
Total Reserves:	£1,682,000

The minimum level of reserves held will be limited to the average expenditure over the previous two years to ensure that the Charity has sufficient funds to cover likely commitments over the coming year.

Expenditure 2021/22:	£397,000
Expenditure 2022/23:	£523,000
Average expenditure:	£460,000

Therefore the minimum level of reserves to be held is £460,000.

The policy will only be varied in circumstances where sufficient funds are required to meet specific objectives. Such objectives would be defined as an individual fund raising initiative or as something specifically identified in the Charity's spending plans. Once any such objective is achieved the reserves would revert to the previously defined level.

4.3. Our funds

North Cumbria Hospitals NHS Charity is an Umbrella Charity governed by Trust Deed, which comprises one unrestricted funds two restricted funds and seven restricted funds for special purposes.

Unrestricted General Purpose Funds
The Trustee has discretion to apply these funds for any purpose within the objects of the Charity. However, the Trustee has adopted a policy of designating funds within the unrestricted general funds in order to respect the wishes of the donors wherever possible. All general purpose funds which are not designated like this are recorded as General Funds, still under the unrestricted funds umbrella, and are spent as far as possible in the optimum way to further the wider objectives of the Charity.

Restricted Funds
In January 2018 the Charitable Funds Committee approved that the Healing Arts Funds could become a restricted fund in order to support applications for grants and external funding. A new restricted fund was established in March 2021 to hold the funds for medical equipment at West Cumberland Hospital gifted to the Charity by the late Leonard Atkinson.

Restricted Funds - Special Purpose Charities
Registered under the Charitable Fund, North Cumbria Hospitals NHS Charity has seven separate NHS Special Purpose Charities. These share the same registered charity number as the Charitable Fund, but they are separate entities. They are all registered with the Charity

Commission and their relationship with the umbrella charity is recorded. They are governed by a Declaration of Trust. Their income can only be used for the purposes shown in their registration documents and they are listed below:

1. Carlisle Hospitals' Radiotherapy Fund
For any charitable purpose or purposes connected with the Radiotherapy Department at the Cumberland Infirmary.

2. Carlisle Hospitals' CT Scanner Fund
For the relief of sickness by the provision and maintenance of a Computed Tomography Scanner for use at the Cumberland Infirmary.

3. Carlisle Hospitals' Children Fund
For the relief of sickness of children who are or have been treated principally (but not exclusively) at the Cumberland Infirmary.

4. North Cumbria Acute Hospitals' Cancer Fund
For any charitable purpose or purposes, principally (but not exclusively) in connection with the services provided by North Cumbria Integrated Care NHS Foundation Trust which will further the following aims:

a. The investigation of the causes of cancer and the prevention, treatment, cure and defeat of cancer in all its forms;

b. The advancement of scientific and medical education and research in topics related to cancer provided the useful results of such research must be published;

c. The furtherance of any other charitable purposes for the relief of persons suffering from cancer.

5. Carlisle Hospitals' Breast Cancer Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of breast cancer principally (but not exclusively) at the Cumberland Infirmary.

6. Carlisle Hospitals' Cardiology Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the heart principally (but not exclusively) at the Cumberland Infirmary.

7. Carlisle Hospitals' Renal Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the kidneys principally (but not exclusively) at the Cumberland Infirmary.

4.4. Our investment policy

Our Investment Policy was established on 6th October 2009 and is reviewed annually.

The main criteria for the investments are:

- The Trustee shall seek to maximise the interest return on cash, consistent with minimising and diversifying risk, and for this purpose may make deposits with a maximum of £1 million being invested for a period no longer then twenty four months and the remainder of accounts to have withdrawal notice periods not exceeding three months.
- Deposits should be spread by counterparty subject to a maximum exposure of £750,000 per financial institution.
- The amount to be held as liquid funds shall be determined by the Trustee based on Fund Holders' spending plans, but in any case a minimum of six months expenditure (based on average expenditure over the two previous years) shall be held in liquid funds.
- The Trustee shall maintain a list of approved banking institutions, together with the maximum deposit across all accounts (the "credit limit") to be held with any one institution, which is £750,000.

5. Risk management

The Charity operates under the corporate controls assurance policies and procedures of the NHS Foundation Trust as part of its governance arrangements. The Trust has put in place as part of its risk management strategy both a risk register and a framework for the identification and minimisation of risk. The risk register for Charitable Funds is part of the Corporate Register as the Trust is the Corporate Trustee.

Income and expenditure is monitored in total to ensure that both pending and firm financial commitments remain in line with income to avoid unforeseen calls on reserves. All expenditure is committed against funds by the appointed Fund Holders and this expenditure is applied in line with the objects of the Charity. This expenditure is then authorised according to the Trust's Standing Financial Instructions, Standing Orders and Charitable Fund Procedures that also comply with Charity Law. All funds are checked before a payment is made to ensure that there is money available to meet expenditure. Income and expenditure statements are sent to the individuals authorised as Fund Holders on a monthly basis. The Trustees are presented with a statement of income and expenditure and fund balances at every Committee Meeting for assurance.

The Charity benefits from the independent reviews and audits undertaken by both internal and external audit, reports from which are presented to the Trustee. The action points from such reports are applied and monitored on behalf of the Charity by the Trust's Finance Department. Audit testing in recent years has not identified any significant financial or other losses.

6. Statement of trustee's responsibilities in respect of the trustee's annual report and accounts

Under charity law, the trustees are responsible for preparing the trustees' annual report and accounts for each financial year which show a true and fair view of the state of affairs of the Charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the trustees:

- Select suitable accounting policies and then apply them consistently
- Make judgments and estimates that are reasonable and prudent
- State whether the recommendations of the SORP have been followed, subject to any material departures disclosed and explained in the financial statements
- State whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The trustees are required to act in accordance with the trust deed and the rules of the Charity, within the framework of trust law. The trustees are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by the trustees under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The trustees have general responsibility for taking such steps as are reasonably open to the trustees to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Approved by the Audit & Risk Committee on behalf of the Corporate Trustee on 6 December 2023 and signed on their behalf by



John Batty

Chair of the Audit & Risk Committee

Independent Examiner's Report to the Trustee of

North Cumbria Hospitals NHS Charity

I report on the accounts of the charity for the year ended 31 March 2023, which are set out on pages 25-36.

Your attention is to drawn to the fact that the Charity has prepared the financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

Respective responsibilities of trustee and examiner

The charity's trustee is responsible for the preparation of the accounts. The trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Joanne Thomlinson FCA
Dodd & Co Limited
Chartered Accountants
Date: 13/12/23

FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
CARLISLE
CA1 2RW

With grateful appreciation and special thanks.

To those donations received via much loved as part of their final wishes and their families:

Susan Weighman	£1,451.59 WCH ITU
William Tudhope	£106.33 Stroke Fund
Alan Fox	£76.40 A&E
Ann Conway	£76.40 WCH ITU
Brenda Shields	£712.10 CIC General Fund
Mark Robinson	£381.99 in 22/23 £639 in total ICU/Oncology funds
Michael Chambers	£234.93 in 22/23 £350 in total. WCH ITU Fund
Sheila Dixon	£152.80 in 22/23 £350 in total
Thomas Moore	£47.25 in 22/23, £240 in total WCH Palliative Care
Jean Robinson	£94.50 in 22/23, £580 in total CIC General Fund
Jaxon James & Sonny Michael Connell	£245.77 CIC Maternity Bereavement Fund
Thomas Ennis	£95.49 WCH Surgical Department
Ester Barnes	£109.82 WCH General Fund
Evelyn Richardson	£275.02 WCH Surgical Department
Frank McCracken	£135.85 Stroke Fund
Darcie Graham	£573.12 CIC ITU
Dorothy Hartley	£339.50 – CIC SCBU
Susan Ennis	£494.68
George Gregson	£445.17 CIC ITU
Beldev Sethi	£615.97 Opthalmology
Christine Julie Roberts	£132.03 Renal
Ivor Bruce	£181.92 WCH General
Karl Eglitis	£583.01 WCH ITU & Henderson Suite
Kenneth Kegg	£615.95 WCH Henderson Suite and Stroke Fund
Lawrence McCormick	£487.95 Stroke Fund
Margaret Thompson	£62.07 WCH ITU
Noel Cressy	£223.47 Stroke Fund
Therese Sidgwick	£443.12 – ITU CIC & WCH

Thank you.

North Cumbria Hospitals **NHS Charity.**

NORTH CUMBRIA HOSPITALS

NHS CHARITY

ANNUAL ACCOUNTS

For Year Ended 31 March 2023

Charity Commission for England and Wales
Registration Number 1059946

Statement of Financial Activities for the year ended 31 March 2023

	Note:	Unrestricted Funds £000	Restricted Funds £000	**2022/23 Total Funds £000**	Unrestricted Funds £000	Restricted Funds £000	2021/22 Total Funds £000
Income							
Donations, Legacies and similar resources:							
Donations (including grants)		156	53	**209**	241	51	292
Legacies		132	36	**168**	66	5	71
Total Donations and Legacies	*2*	288	89	**377**	307	56	363
Investment income	*3*	41	19	**60**	21	1	22
Total income		**329**	**108**	**437**	328	57	385
Expenditure							
Charitable activities	*5*	202	316	**518**	144	222	366
Raising Funds	*4*	5	0	**5**	31	0	31
Total expenditure	*5*	**207**	**316**	**523**	175	222	397
Net gain/(loss) on investments	*11*	(22)	0	**(22)**	39	0	39
Net income/expenditure before Transfers		100	(208)	**(108)**	192	(165)	27
Gross transfer between funds		0	0	**0**	(16)	16	0
Net movement in funds		**100**	**(208)**	**(108)**	176	(149)	27
Fund balances brought forward at 1 April		1,582	1,004	**2,586**	1,406	1,153	2,559
Total Fund Balances	*17*	1,682	796	**2,478**	1,582	1,004	2,586

The notes on pages 28 to 36 form part of these accounts.

Balance Sheet as at 31 March 2023

	Note:	Unrestricted Funds £000	Restricted Funds £000	**Total at 31 March 2023 £000**	Unrestricted Funds £000	Restricted Funds £000	Total at 31 March 2022 £000
Fixed Assets							
Investments	*11*	414	0	**414**	436	0	436
Total Fixed Assets		414	0	**414**	436	0	436
Current Assets							
Debtors	*12*	60	25	**85**	18	5	23
Cash and Cash Equivalents	*13*	1,317	894	**2,211**	1,296	1,134	2,430
Total Current Assets		1,377	919	**2,296**	1,314	1,139	2,453
Current Liabilities							
Creditors: Amounts falling due within one year	*14*	(109)	(123)	**(232)**	(168)	(135)	(303)
Net Current Assets/(Liabilities)		1,268	796	**2,064**	1,146	1,004	2,150
Total Assets less Current Liabilities		1,682	796	**2,478**	1,582	1,004	2,586
Total Net Assets		**1,682**	**796**	**2,478**	1,582	1,004	2,586
Funds of the Charity							
Income Funds:							
Restricted	*17.1*	0	796	**796**	0	1,004	1,004
Unrestricted	*17.2*	1,682	0	**1,682**	1,582	0	1,582
Total Funds		**1,682**	**796**	**2,478**	1,582	1,004	2,586
		0					

The notes on pages 28 to 36 form part of these accounts.

The financial statements were approved by the Audit & Risk Committee and authorised for issue on 6 December 2023

Signed: 

Name: John Batty (Chair of Audit & Risk Committee)

Date: 6 December 2023

Cashflow for Year Ended 31 March 2023

		2022/23	2021/22
Cash flows from Operating Activities:			
Net Income/(Expenditure) for the reporting period as per Statement of Financial Activities		(108)	27
Adjustments for:			
Dividends & interest from investments	*3*	(60)	(22)
Unrealised profit on investments		22	(39)
(Increase)/decrease in Debtors	*12*	(53)	610
Increase/(decrease) in Creditors	*14*	(71)	(22)
Net Cash provided by (used in) Operating Activities		**(270)**	554
Cash flows from Investing Activities:			
Interest from Investments	*3*	51	19
Sale of investments	*11*	0	333
Net Cash provided by Investing Activities		**51**	352
Change in Cash and Cash Equivalents in the reporting period		(219)	906
Cash and Cash Equivalents at the beginning of the reporting period		2,430	1,524
Cash and Cash Equivalents at the end of the reporting period		**2,211**	2,430

Notes to the Accounts

1 Accounting Policies

1.1 Basis of Preparation

The financial statements have been prepared on a historic cost basis, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice.

The Trustee considers that there are no material uncertainties about the North Cumbria Hospitals NHS Charity's ability to continue as a going concern. There are no material uncertainties affecting the current year's accounts.

1.2 Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as a restricted fund or an endowment fund. Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specific charitable purpose. Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which can be analysed between designated (earmarked) funds where the Trustee has set aside amounts to be used for specific purposes or which reflect the nonbinding wishes of donors, and unrestricted funds which are at the Trustee's discretion.

The North Cumbria Hospitals NHS Charity has 9 restricted funds, no endowment funds and one designated unrestricted fund (note 17).

1.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the monetary value of the income can be measured with sufficient reliability.

Where there are terms or conditions attached to income, particularly grants, then these terms or conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

1.4 Income from Legacies

Legacies are accounted for as income either upon receipt or where the receipt of the Receipt is probable when:
a) Confirmation has been received from the representatives of the estate(s) that probate has been granted
b) The executors have established that there are sufficient assets in the estate to pay the legacy and
c) All conditions attached to the legacy have been fulfilled or are within the charity’s control

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.5 Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:
a) There is a present legal or constructive obligation resulting from a past event
b) It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
c) The amount of the obligation can be measured or estimated reliably.
Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

1.6 Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to linked, related party or third party NHS bodies and non NHS bodies, in furtherance of the charitable objectives of the funds held on trust, primarily relief of those who are sick.
Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:
a) We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant
b) We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant
c) There is an established pattern of practice which indicates to the recipient that we will honour our commitment.
The Trustee has control over the amount and timing of grant payments and consequently where approval has been given by the trustees and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is recognised.
Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

1.7 Allocation of support costs

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 7.

1.8 Fundraising costs

The costs of raising funds are those costs attributable to generating income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity’s objects. The costs of generating funds represent fundraising costs together with investment management fees.

1.9 Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 5.

1.10 Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.11 Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in notice interest bearing savings accounts.

1.12 Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the charity expects to have to pay to settle the debt.
Amounts which are owed in more than a year are shown as long term creditors.

1.13 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening carrying value (or date of purchase if later).

1.14 Corporate Trustee arrangements

On 1 October 2019 the North Cumbria University Hospitals NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date. The transaction took place under Section 56A of the National Health Services Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the new corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust. The Charity updated its name to exclude "NHS Trust" at that time but has subsequently made a further change and the Charity is now called North Cumbria Hospitls NHS Charity.

2. Income from donations, legacies and grants

	Unrestricted Funds	Restricted Funds	**Total 31/03/2023 Funds**	*Total 31/03/2022 Funds*
	£000	£000	**£000**	*£000*
Donations from individuals	100	30	**130**	*192*
Corporate donations	16	1	**17**	*95*
Legacies	132	36	**168**	*71*
Grants	40	22	**62**	*5*
Total Donations, Legacies & Grants	**288**	**89**	**377**	363

Grants received in 2022/23 totalled £62k and were from NHS Charities Together, Tesco, Walk the Walk and Morrisons (2021/22: £5k).
Section 3.1 of the annual report contains additional information about the income from legacies and which funds/services benefitted.

3. Gross investment income

Most of the Trust's investment income is from cash on deposit including an 18 Month Saver account with Nationwide (previously a 95 Day Saver). There are also dividend payments received from the Charity's investment with CCLA.

	Unrestricted Funds	Restricted Funds	**Total 31/03/2023 Funds**	*Total 31/03/2022 Funds*
	£000	£000	**£000**	*£000*
Nationwide Building Society	9	0	**9**	*2*
NatWest / GBS	19	19	**38**	*2*
CCLA	13	0	**13**	*18*
Total gross investment income	**41**	**19**	**60**	22

4. Analysis of expenditure on raising funds

The Charitable Funds Committee agreed to invest in fund raising activities in order to raise more funds for the Charity in line with many other NHS charities. In 2022/23 expenditure on fundraising was £5k (2021/22: £31k).

	Unrestricted Funds	Restricted Funds	**Total 31/03/2023 Funds**	*Total 31/03/2022 Funds*
	£000	£000	**£000**	*£000*
Fundraising Officer	0	0	**0**	*19*
Fundraising Events	0	0	**0**	*3*
Other costs	5	0	**5**	*9*
Total Expenditure on Raising Funds	**5**	**0**	**5**	31

The Fundraising Officer post has been vacant in 2022/23. Other costs were a subscription to a service that supports identifying potential grants for charities to apply for.

5. Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding. Grants were approved in favour of North Cumbria Integrated Care NHS Foundation Trust, to carry out activities that will benefit NHS patients and their families. The Charity incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by the Trust.

	Grant funded Activity	Support Costs	**Total 31/03/2023 Funds**	*Total 31/03/2022 Funds*
	£000	£000	**£000**	*£000*
Medical Equipment	339	28	**367**	*183*
Furniture & Equipment	41	3	**44**	*28*
Information Technology	8	1	**9**	*8*
Education & Training	36	3	**39**	*29*
Salary Grants	15	1	**16**	*22*
Patient Amenities	31	2	**33**	*28*
Staff Amenities & Functions	9	0	**9**	*96*
Building Work	1	0	**1**	*(28)*
Total Grants Paid	**480**	**38**	**518**	366

Support costs have been allocated across charitable activities on the basis of direct expenditure on these activities in 2022/23

6. Analysis of Grants

The Charity does not make grants to individuals. All grants and grant support are made to North Cumbria Integrated Care NHS Foundation Trust to provide for the care of NHS patients in furtherance of our charitable aims. The total cost of making grants, including support costs, is disclosed on the face of the Statement of Financial Activities and the actual funds spent on each category of charitable activity, is disclosed in note 5.

The Trustee operates a scheme of delegation for the majority of the charitable funds, under which fund holders manage the day to day disbursements on their projects in accordance with the directions set out by the Trustee in the Charitable Funds Policy, charity standing orders and financial instructions. Funds managed under the scheme of delegation represent ongoing activities and it is not possible to accurately segment these activities into discrete individual grant awards.

The total value of the grant made to North Cumbria Integrated Care NHS Foundation Trust in 2022/23 was £518k (2021/22: £366k).

7. Allocation of support costs and overheads

	Fundraising Activities	Charitable Activities	**2022/23 Total**	*2021/22 Total*
	£000	£000	**£000**	*£000*
Auditor / Independent Examiner Fees	0	2	**2**	*1*
HMRC - benefit in kind charge	0	0	**0**	*0*
Bank Charges and Just Giving Membership	0	1	**1**	*1*
Fundraising Costs	5	0	**5**	*31*
Governance costs:				
NEP - financial ledger	0	6	**6**	*6*
Financial Administration	0	28	**28**	*28*
Stationery	0	1	**1**	*1*
Total Support Costs & Overheads	**5**	**38**	**43**	68

	Unrestricted Funds	Restricted Funds	**2022/23 Total**	*2021/22 Total*
	£000	£000	**£000**	*£000*
Raising funds	5	0	**5**	*31*
Charitable activities	23	15	**38**	*37*
Total Support Costs & Overheads	**28**	**15**	**43**	68

8. Trustees' remuneration, benefits and expenses

None of the members of the Charitable Funds Committee have been remunerated or reimbursed from the Charitable Funds for services provided to the Charity, or for expenses incurred in relation to those services.

9. Analysis of staff costs

The Charity does not directly employ its own staff. Staff carrying out work on behalf of the Charity are employees of North Cumbria Integrated Care NHS Foundation Trust and as such have the same terms and conditions as other Trust staff. Most staff providing support to the Charity do not work solely for the Charity and have other duties. Their costs are reflected in either salary grants or support costs (Note 5). In 2021/22 only the Charity Fundraising Lead was employed to work specifically for the Charity. This post was vacant in 2022/23.

	Unrestricted Funds £000	Restricted Funds £000	**2022/23 Total £000**	*2021/22 Total £000*
Salary	0	0	**0**	*16*
Social Security costs	0	0	**0**	*1*
Employer pension contribution	0	0	**0**	*2*
Total Staff Costs	**0**	**0**	**0**	19

10. Independent Examiners Fees

The independent examiner fee of £2k (2021/22: £1k) relates entirely to the independent examination of the Charity's accounts.

11. Fixed asset investments

	31 March 2023 £000	*31 March 2022 £000*
Market Value brought forward	436	*730*
Add: additions to investments at cost	0	*0*
Less disposals at carrying value	0	*(333)*
Add net gain / (loss) on revaluation	(22)	*39*
Market value as at 31 March 2023	**414**	*436*

The Charity invested £500k in CCLA's COIF Charities Ethical Investment Fund in June 2016 and it is carried at fair value. In order to reduce risk the Charity chose to invest in a pooled fund made up mainly of UK and overseas equities with some property, infrastructure and cash included in the fund. During 2021/22 the Charity sold 120,000 units (of a total of 266,894.42 units) which generated a realised gain of £109k.

12. Analysis of current debtors

	Unrestricted Funds £000	Restricted Funds £000	**31 March 2023 Total £000**	*31 March 2022 Total £000*
Amounts falling due within one year:				
Accrued income	60	25	**85**	*23*
Total debtors falling due within one year	**60**	**25**	**85**	23

Accrued income includes £50k for a legacy notified to the Charity but not realised in cash as at 31 March 2023 and £20k of VAT owed to the Charity. (31 March 2022: £3k of dividends due from CCLA, £7k for a legacy notified to the Charity but not realised in cash)

13. Analysis of cash and cash equivalents

	Unrestricted Funds £000	Restricted Funds £000	**31 March 2023 Total £000**	*31 March 2021 Total £000*
Nationwide Business 18 Month Saver	307	208	**515**	0
Nationwide Business 95 Day Saver	0	0	**0**	*510*
GBS Bank account	1,010	686	**1,696**	*1,920*
	1,317	**894**	**2,211**	2,430

No cash or cash equivalents were held in non-cash investments or outside of the UK.

14. Analysis of liabilities

	Unrestricted Funds	Restricted Funds	**31 March 2023 Total**	*31 March 2022 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Other creditors	12	68	**80**	*176*
Accruals	97	55	**152**	*127*
Total creditors falling due within one year	**109**	**123**	**232**	*303*

The Trust processes purchase invoice transactions for the Charity and the balance is paid in arrears. At 31 March 2023 there was £80k owed to North Cumbria Integrated Care NHS Foundation Trust. (31 March 2022: £176k)

15. Related Party Transactions

During the year none of the NHS Trust Board or members of the key management staff or parties related to them has undertaken any material transactions with the North Cumbria Hospitals NHS Charity.

The Charity has made revenue and capital payments of £563k to North Cumbria University Hospitals NHS Trust, which is the Corporate Trustee of the Charitable Trust (2021/22: £391k). This included payments for governance and administration services of £39k (2021/22: £39k).

At any one time North Cumbria Integrated Care NHS Foundation Trust holds balances for debtors and creditors relating to the transactions it processes on behalf of the Charity, which are normally settled within the following month. At 31 March 2023 the Charity has a creditor balance of £80k owed to North Cumbria Integrated Care NHS Foundation Trust (31 March 2022: £176k).

16. Events After the Reporting Period

There are no events to report.

17. Analysis of Funds

17.1 Restricted Funds

	Balance 31 March 2022	Income	Expend-iture	Transfers	Gains and Losses	Balance 31 March 2023
	£000	£000	£000	£000	£000	£000
Breast Cancer	**16**	0	0	0	0	**16**
Cancer	**9**	0	(0)	0	0	**9**
Cardiology	**40**	39	(1)	0	0	**78**
Children	**3**	15	0	0	0	**18**
CT Scanner	**2**	0	0	0	0	**2**
Radiotherapy	**58**	4	(6)	0	0	**56**
Renal	**375**	20	(24)	0	0	**371**
Healing Arts	**11**	22	(16)	0	0	**17**
Leonard Atkinson Fund	**488**	8	(269)	0	0	**227**
Total	**1,004**	**108**	**(316)**	**0**	**0**	**796**

Healing Arts was received a £20k share of an NHS Charities Together grant (the bid had been approved by Charitable Funds Committee). Cardiology received two legacies in the year of £35k and £4k.

PRIOR YEAR

Restricted Funds	Balance 31 March 2021	Income	Expend-iture	Transfers	Gains and Losses	Balance 31 March 2022
	£000	£000	£000	£000	£000	£000
Breast Cancer	14	2	0	0	0	16
Cancer	10	0	(1)	0	0	9
Cardiology	35	5	0	0	0	40
Children	1	2	(1)	1	0	3
CT Scanner	2	0	0	0	0	2
Radiotherapy	68	23	(33)	0	0	58
Renal	383	12	(20)	0	0	375
Healing Arts	11	12	(27)	15	0	11
Leonard Atkinson Fund	627	1	(140)	0	0	488
Total	1,153	57	(222)	16	0	1,004

Details of Restricted Funds

Name of fund	Description of the nature and purpose of each fund
Breast Cancer	Prevention, diagnosis and treatment of breast cancer
Cancer	Prevention, diagnosis and treatment of cancer
Cardiology	Prevention, diagnosis and treatment of heart disorders
Children	Relief of sickness in children
CT Scanner	Provision and maintenance of CT Scanner
Radiotherapy	Relief of sickness of radiotherapy patients
Renal	Prevention, diagnosis and treatment of kidney disorders.
Healing Arts	For the support and development of Healing Arts' initiatives and programmes
Leonard Atkinson	Provision of medical equipment for WCH

17. Analysis of Funds (cont'd)

17.2 Unrestricted Designated Funds

	Balance 31 March 2022	Income	Expend-iture	Transfers	Unrealised Surplus	Gains and Losses	Balance 31 March 2023
	£000	£000	£000	£000	£000	£000	£000
NCIC Trust	**1,582**	329	(207)	0	(22)	0	**1,682**
Total	**1,582**	**329**	**(207)**	**0**	**(22)**	**0**	**1,682**

PRIOR YEAR

Unrestricted Designated Funds

	Balance 31 March 2021	Income	Expend-iture	Transfers	Unrealised Surplus	Gains and Losses	Balance 31 March 2022
	£000	£000	£000	£000	£000	£000	£000
NCIC Trust	1,406	328	(175)	(16)	39	0	1,582
Total	1,406	328	(175)	(16)	39	0	1,582

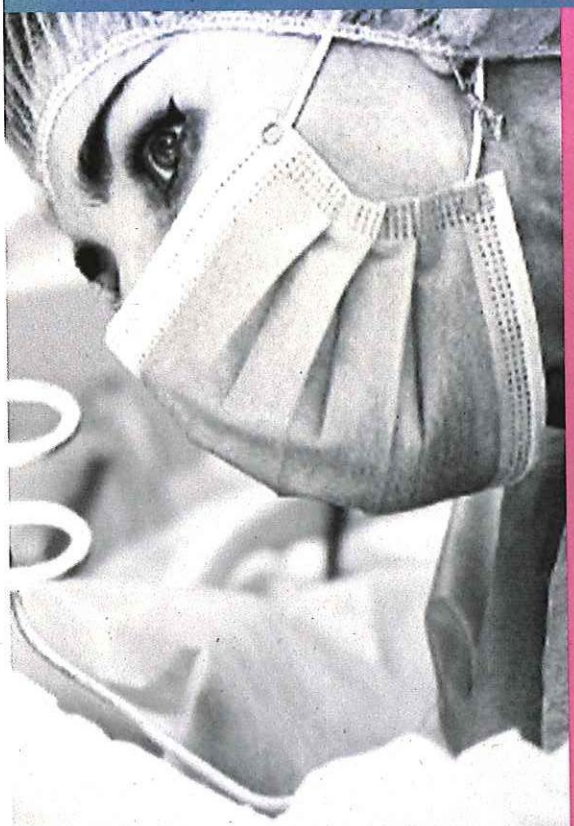
The Unrestricted Funds are split into a number of designated funds across the departments and services operated by the Cumberland Infirmary and West Cumberland Hospital. They are used to fund charitable purposes that benefit NHS patients of North Cumbria Integrated Care NHS Foundation Trust and the staff that deliver patient care to those patients at the discretion of the trustees. Whilst these funds have traditionally been identifiable for each of the two sites an increasing number of the funds are cross-site and service orientated and it is no longer appropriate, or possible, to identify the funds by site.

NORTH CUMBRIA HOSPITALS NHS CHARITY

England & Wales - Charity number 1059946

Accounts

NORTH CUMBRIA HOSPITALS NHS CHARITY



ANNUAL REPORT & ACCOUNTS

REGISTERED CHARITY NUMBER: 1059946

NHS
North Cumbria Integrated Care
NHS Foundation Trust

CONTENT

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2. How we funded our work, our achievements and our performance

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8. North Cumbria Hospitals NHS Charity accounts for the year ending March 2022.

9. Notes to the accounts

10. Accounts direction from Secretary of State for Health



1. Trustees' Annual Report

The Corporate Trustee presents the North Cumbria Hospitals NHS Charity Annual Report together with the financial statements for the year ended 31 March 2022. Independent examination of the annual report and accounts was undertaken by the Charity's auditor.

The Charity's annual report and accounts for the year ended 31 March 2022 have been prepared in accordance with the accounting policies set out in section 13 to the accounts and comply with the deed of trust, the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2009 and the Accounting and Reporting by Charities: Statement of Recommended Practise (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity's report and accounts include all the separately established funds for which the North Cumbria Hospitals NHS Charity is the sole beneficiary.

1.1. Foreword by the Chairman of Charitable Funds Committee of the North Cumbria Hospitals NHS Charity

Welcome to the North Cumbria Hospitals NHS Charity Annual Report for 2021/22. The Charity supports the services provided by North Cumbria Integrated Care NHS Foundation Trust's (NCIC) two acute hospitals, the Cumberland Infirmary and West Cumberland Infirmary, to benefit NHS patients, their families and communities.

Some of you might have noticed that we have updated the name of our Charity! With the appointment of our first Charity Fundraising Lead we looked at ways in which we could make our Charity more visible for our communities. We developed a new logo which has been inspired by kindness and our new name is intended to more clearly reflect what we are supporting.

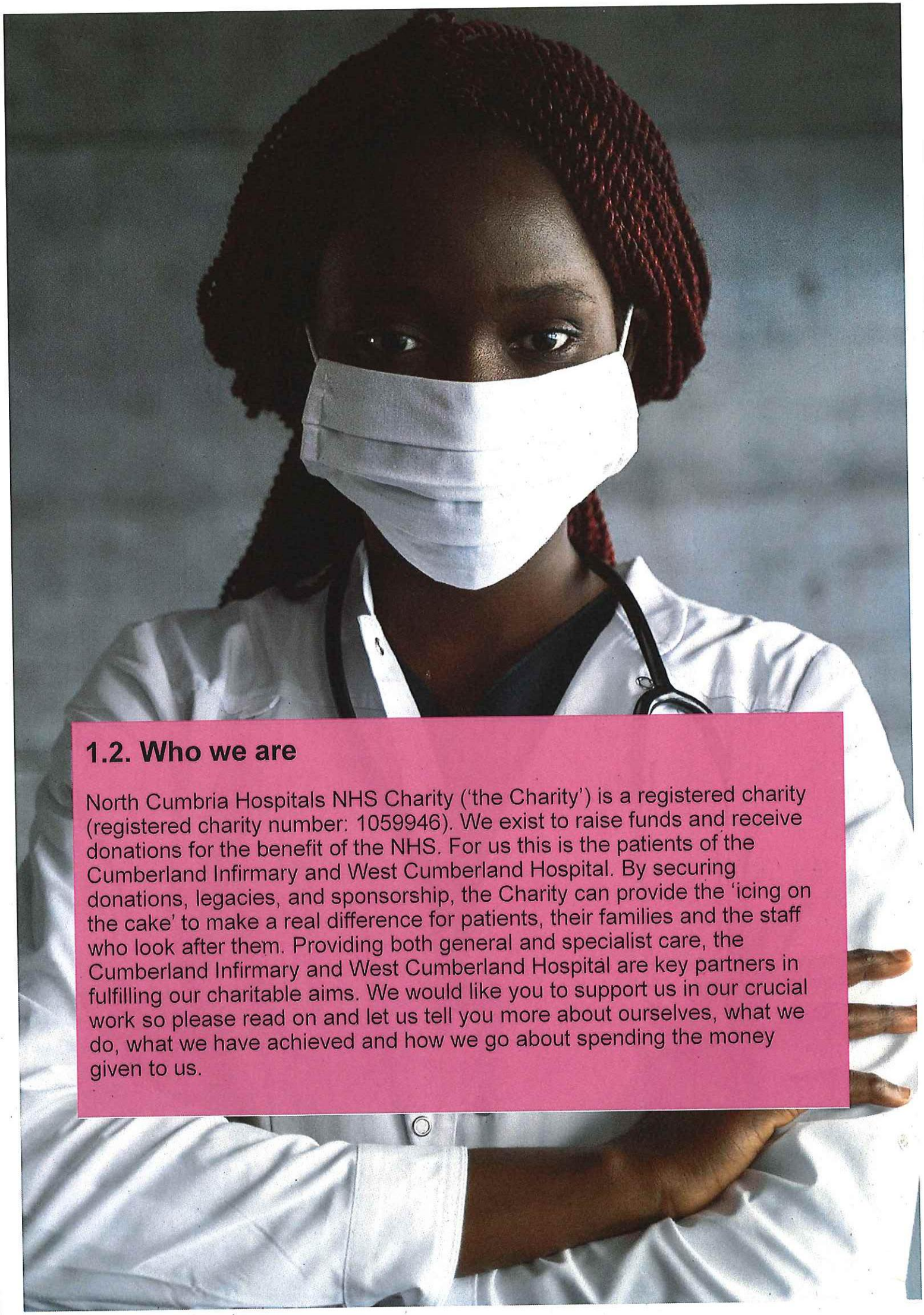
We have retained our focus on supporting our staff as we begin our recovery from the Covid-19 pandemic. Our staff are the key to achieving the excellent patient care we aspire to. I am heartened to see that the Charity's support of staff development has increased this year as access to training and development increases following the pandemic. And we have continued to invest in the little things that make a big difference to staff's working lives such as improved rest facilities. We have recently been advised that our £154,000 recovery grant application to NHS Charities Together has been approved and we look forward to reporting next year on the difference this funding has made for our staff.

The late Mr Leonard Atkinson's generous legacy to the West Cumberland Hospital is allowing us to continue to look at ways in which we can improve the patient care experience and, where possible, provide services closer to patients' homes. For example, we have purchased a vascular ultrasound scanner which will allow patients in west Cumbria to have a scan in Whitehaven rather than having to travel to Carlisle for a scan in an additional outpatient appointment.

I continue to be grateful to everyone who has donated to our Charity. Your donations really do allow us to make a difference to the lives of our staff and patients.

Signed:  Date: 9 November 2022

Peter Scott, Chair of the Charitable Funds Committee



1.2. Who we are

North Cumbria Hospitals NHS Charity ('the Charity') is a registered charity (registered charity number: 1059946). We exist to raise funds and receive donations for the benefit of the NHS. For us this is the patients of the Cumberland Infirmary and West Cumberland Hospital. By securing donations, legacies, and sponsorship, the Charity can provide the 'icing on the cake' to make a real difference for patients, their families and the staff who look after them. Providing both general and specialist care, the Cumberland Infirmary and West Cumberland Hospital are key partners in fulfilling our charitable aims. We would like you to support us in our crucial work so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

1.3. Charity details

Charity Name: North Cumbria Hospitals NHS Charity

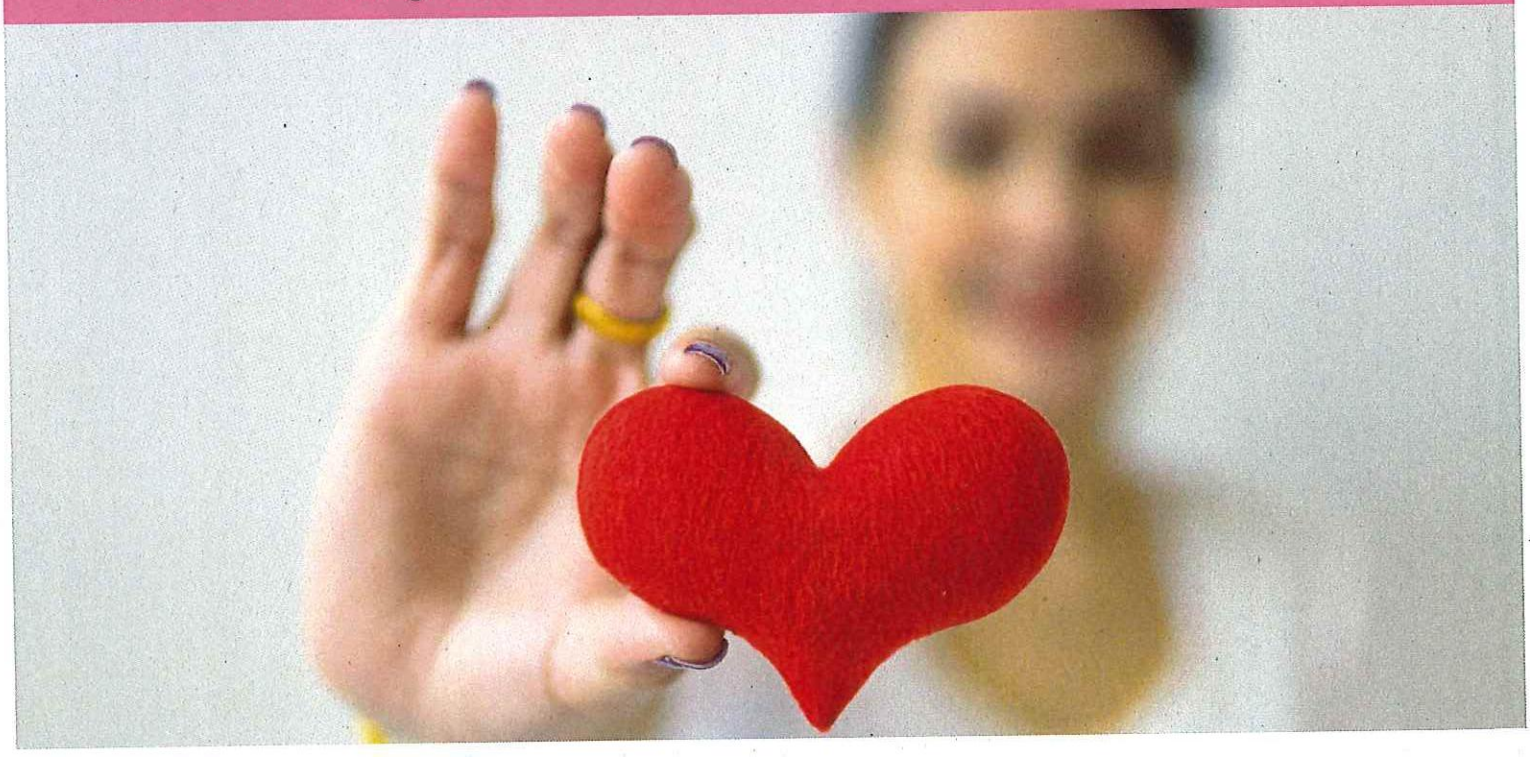
Registered Charity Number: 1059946

Principal Office:
North Cumbria Hospitals NHS Charity
Executive Director of Finance
c/o NHS Finance
Parkhouse Building South
Baron Way
Kingmoor Business Park
Carlisle
Cumbria
CA6 4SJ

The Charity was established under the Umbrella Charity Model by a declaration of trust dated 29 October 1996, as amended by the supplemental deed dated 28 January 2003 and by supplemental deed dated 6 October 2009.

The Charity has a Corporate Trustee which was North Cumbria University Hospitals NHS Trust up until 30 September 2019. On 1 October 2019 the North Cumbria University Hospital NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date.

The transaction took place under Section 56A of the National Health Service Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the new corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust.



1.4. Our mission

By raising new money and careful management of our existing funds, North Cumbria Hospitals NHS Charity provides a public benefit by making grants to North Cumbria Integrated Care NHS Foundation Trust. The object of the Charity is as follows:

The Trustee shall hold the charitable fund upon trust to apply the income and at their discretion, as far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service.

Charitable funds received by the Charity are accepted and held and administered as funds held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service and Community Care Act 1990. These funds are held on trust by the corporate body. The members of the Charitable Funds Committee confirm that they have referred to the guidance provided by the Charity Commission on public benefit when reviewing aims and objectives, when planning future activities and in setting the grant making policy for the year.

The Charity supports projects and interventions that improve patient experience, enhance services, improve patients' overall health, and support the wellbeing and development of NHS staff. The Charity covers the costs for items such as specialist equipment and projects such as staff wellbeing initiatives and health education which are not covered by NHS core funding.

Grants to the Trust are made in accordance with charity law, our constitution and the wishes and directions of donors. In making grants, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2021/22, grants totalling £329k were made.

1.5. What we have achieved: Highlights from the activities undertaken in the year and public benefit

The work of the Cumberland Infirmary and West Cumberland Hospital can only be supported through the ongoing generosity of our donors. During the year, the Charity has continued to benefit from legacies and donations from both individuals and companies.

These are an invaluable source of funds used to purchase additional goods and services that are not able to be provided by core NHS funds. Here are just some of the donations we received and only a small representation of the support the Charity receives from the community. The Charity is most grateful to all supporters for their contributions



Three men and 50 cubs ride to raise cash!

Three motorcycle enthusiasts have raised £3,000 for the Cumberland Infirmary after an epic ride around the UK coast.

The riders set out on a mission on Honda 50 cub machines - a journey of more than 4,000 miles on bikes that can do a maximum speed of 37 mph.

Not only did the three riders fund the entire trip personally, they decided to donate all sponsorship to North Cumbria Integrated Care NHS Foundation Trust (NCIC) and Blood Bikes Cumbria (BBC).

Each cause was chosen for a reason: Denzil Addison, but more commonly referred to as Dee, has been a blood bike rider and fundraiser for BBC for more than six years.

The Cumberland Infirmary is where Andrew Monkhouse, also known as Monkey, was hospitalised for ten days in January with Covid-19. He wishes to show his thanks for the lifesaving care he received and has asked that the funds go towards supporting staff.

Michael Smillie, Director of Finance, Digital and Estates at NCIC, said: "We are extremely grateful to the bikers for their generous donation. It sounds like they had a lot of fun on their mammoth journey and we are pleased to hear that Andrew recovered well after contracting covid earlier this year."





Event organiser raises £18,500 with lockdown show nights

Ian Milburn, who runs IM events, hosted a series of online singing, dancing and bingo events to keep people entertained during lockdown when no one could go to gigs, concerts or comedy shows.

People signed up to take part in the fun events and many local businesses donated prizes.

Mr Milburn is used to bringing big name sports stars to the city when he usually hosts sportsman's dinners.

He donned a range of costumes and wigs and teamed up with his wife Steph to bring the virtual, fun, events to computer screens around the city.

In total he raised an amazing £18,539 for the Trust.

He said: "We had fantastic feedback from all the events we hosted. We didn't expect everyone to get so much enjoyment from a fat lad in his kitchen singing terribly.

"We would like to thank everyone who supported us and all the businesses who kindly donated prizes."

Chief Nurse Anna Stabler said: "Thank you to Ian and his team for all the fundraising that they have done. Ian and his team have done an amazing job to raise so much cash. We are very grateful for his support and thank him for choosing and supporting NCIC's Charitable Fund."



Stroke patient raises £2,000 for specialist unit

A stroke patient who was admitted to the Hyper Acute Stroke Unit at the Cumberland Infirmary has thanked the unit for his care by handing over a £2,000 donation.

Geoff Fell, 61, suffered a Transient Ischemic Attack (TIA) in December last year.

To say thanks to the unit that looked after him, he organised a charity golf day, with his friend – also called Geoff - at Carlisle Golf Club. The event, called The Geoff Byers Charity Golf Day, raised £2,100.

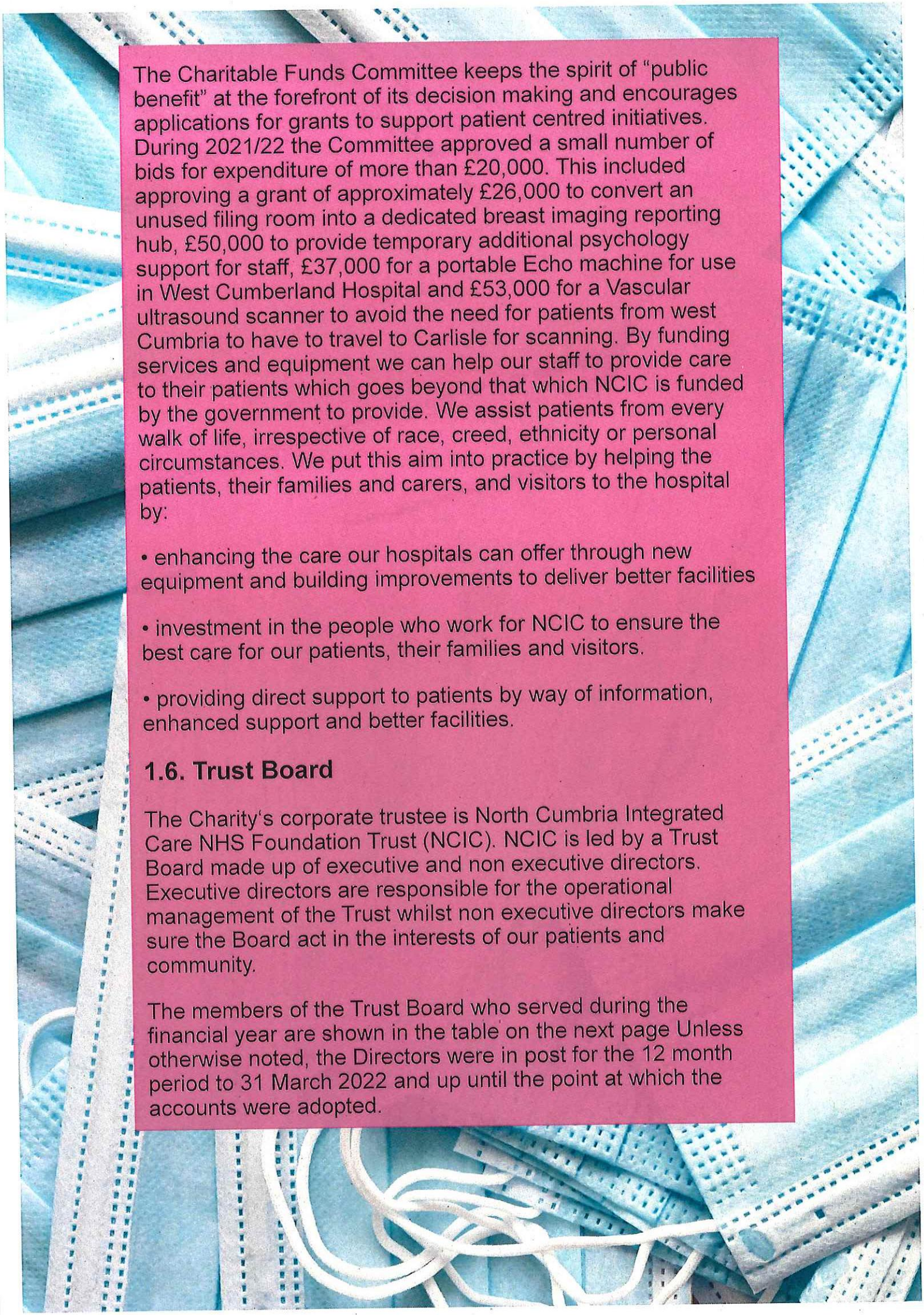
He said: "My dad had a particularly bad stroke about 15 years ago and if this unit had been here then he may have recovered and enjoyed a better standard of living than he did.

"The unit is great for the area as it means more special care can be given in that critical period – rather than having to transport a patient to Newcastle.

"When I was on the ward I was very impressed with the care I received during the first critical 24-hour period and I asked one of the chief nurses if they accepted charitable donations. She said they did, so together Geoff and I organised the charity golf day. "Geoff has been organising the annual event for 25 years and I have been helping him in recent years.

"I will definitely continue to raise funds for HASU as I am grateful for all that they have done."

Lisa Pearce, staff nurse practitioner, said: "We are really grateful for this recognition. It is a moral booster for staff and very much appreciated."



The Charitable Funds Committee keeps the spirit of "public benefit" at the forefront of its decision making and encourages applications for grants to support patient centred initiatives. During 2021/22 the Committee approved a small number of bids for expenditure of more than £20,000. This included approving a grant of approximately £26,000 to convert an unused filing room into a dedicated breast imaging reporting hub, £50,000 to provide temporary additional psychology support for staff, £37,000 for a portable Echo machine for use in West Cumberland Hospital and £53,000 for a Vascular ultrasound scanner to avoid the need for patients from west Cumbria to have to travel to Carlisle for scanning. By funding services and equipment we can help our staff to provide care to their patients which goes beyond that which NCIC is funded by the government to provide. We assist patients from every walk of life, irrespective of race, creed, ethnicity or personal circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- enhancing the care our hospitals can offer through new equipment and building improvements to deliver better facilities

- investment in the people who work for NCIC to ensure the best care for our patients, their families and visitors.

- providing direct support to patients by way of information, enhanced support and better facilities.

1.6. Trust Board

The Charity's corporate trustee is North Cumbria Integrated Care NHS Foundation Trust (NCIC). NCIC is led by a Trust Board made up of executive and non executive directors. Executive directors are responsible for the operational management of the Trust whilst non executive directors make sure the Board act in the interests of our patients and community.

The members of the Trust Board who served during the financial year are shown in the table on the next page Unless otherwise noted, the Directors were in post for the 12 month period to 31 March 2022 and up until the point at which the accounts were adopted.

Name	Responsibilities	Post From	To
Peter Scott	Interim Chair		
Lyn Simpson	Chief Executive		
Michael Smillie	Executive Director of Finance, Estates & Digital Healthcare (and Executive Lead for Workforce and Organisational Development between 17 October 2019 and 3 May 2020)		06/02/2022
Stuart Diggles	Interim Executive Director of Finance & Estates	07/02/2022	
Rod Harpin	Interim Executive Medical Director		09/01/2022
Adrian Clements	Executive Medical Director	10/01/2022	
Anna Stabler	Executive Chief Nurse (Interim until 5 July 2020)		31/05/2021
Jill Foster	Executive Chief Nurse (Interim until 14 August 2022)	01/04/2021	
Justine Steele	Executive Director of People & Organisational Development		
Ramona Duguid	Executive Director of Strategy until 31 March 2020 and Interim Executive Director of Operations wef 1 April 2020		04/04/2021
Dean Oliver	Executive Director of Performance, Planning & Strategy wef 1 May 2021 (and from 1 April 2020 Executive Director of Performance & Improvement on secondment from NHSE/I)		
Johanna Reilly	Interim Chief Operating Officer (and Director of Operations (Programmes) from 11 May 2021)	01/06/2022	
Stephen Park	Director of Communications	09/08/2021	
David Allen	Non-Executive Director		30/09/2022
John Batty	Non-Executive Director	01/10/2022	
Mark Cullinan	Non-Executive Director	23/11/2021	
Teresa Griffiths	Non-Executive Director	01/04/2022	
Philip Kane	Non-Executive Director	01/05/2021	
George Liston	Non-Executive Director		30/09/2021
Susan McKenna	Non-Executive Director		31/05/2022
Des Moore	Non-Executive Director	05/09/2022	
Louise Nelson	Non-Executive Director		30/09/2021
Jeff O' Neill	Non-Executive Director		30/09/2021
Celia Weldon	Non-Executive Director	01/10/2021	

1.7. Other key staff - Charitable Funds Officer

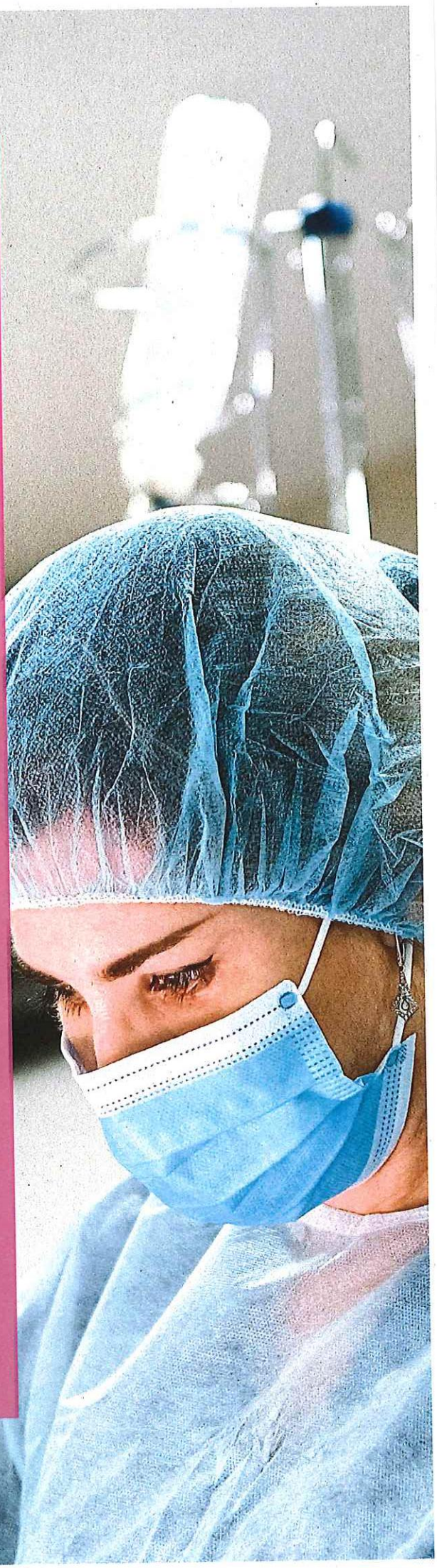
We very sadly and unexpectedly lost our Charitable Funds Officer, Darren Porter, on 12 May 2022 aged 51. Darren was from Workington and had worked for the Trust for over 20 years starting as a cashier based at the West Cumberland Hospital but for many years he had been the Trust's Charitable Funds Officer based mainly in Carlisle. He was a popular and well-liked member of the Finance team; a quiet, modest, kind and thoughtful man who loved a good laugh.

Darren's role as the Charitable Funds Officer brought him into contact with many of the Trust's wards and departments and with a wide range of staff including Executive Directors, medical consultants, operational managers and nursing staff. The tributes and condolences received in Finance after his death were testimony to how well liked and respected he was by staff across the hospitals in Carlisle and Whitehaven and how many others outside of Finance are impacted by his loss.

He will be greatly missed.

Rest in peace, Dazzler.





1.7. Other key staff - Charitable Fund-raising Lead

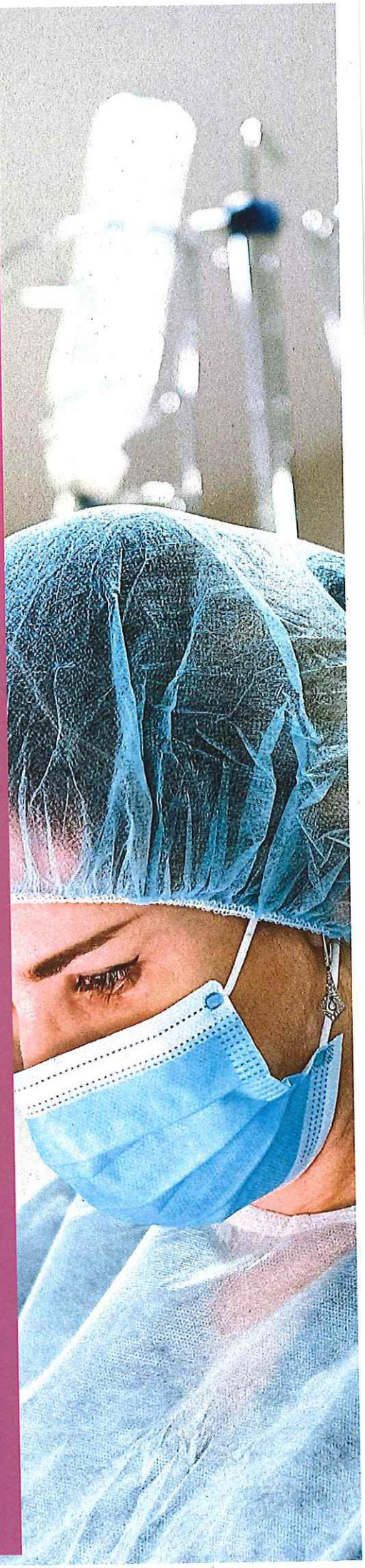
The Charitable Funds Committee agreed to appoint its first Charity Fundraising Lead . The successful applicant was Clare Warwick. Clare took up post in early May 2021. Her immediate focus was on raising the Charity's profile both inside and outside the Trust and supported by colleagues in the Communication's Team she took a lead in developing a marketing plan for our Charity which was kicked off with its rebranding and the new look to our annual report last year.

Other initiatives she got involved in for the Charity's good were Gelt Gladiator, Carlisle Pride, Parkrun, Carlisle races and Winter Droving. She worked tirelessly with our Healing Arts Programme to secure new sources of funds to allow them to continue successful projects and launch new ones. She played a pivotal role in securing a £154,000 grant from NHS Charities Together to support recovery from the Covid-19 pandemic.

Unfortunately for us, she has moved on to a new role at Cumbria University and we wish her all the very best.



We hope to welcome a new Charity Fundraising Lead to the Trust in the near future.



1.8. Trustees

The Charity's trustee has delegated its powers and functions to the Charitable Funds Committee. The Charitable Funds Committee administer the funds held in trust by the Charity in accordance with any statutory or other legal requirements or best practice required by the Charities Commission on behalf of the Corporate Trustee.

The affairs of the Charity are conducted at quarterly Charitable Funds sub-committee meetings, with a report of the meetings presented to the Trust Board.

The Charitable Funds Committee is responsible for the overall management of the charitable fund. The Committee is required to:

- Control, manage and monitor the use of the fund's resources.
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income.
- Ensure that the approved Investment Policy by the NHS Foundation Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations.
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.
- The Executive Director of Finance is the responsible executive officer. The accounting records and the day to day administration of the funds are dealt with by the Trust's Finance Department located at the Charity's registered address above.

Governance is maintained by various policies and procedures, in particular the Charitable Fund's Governing Document. Members of the Charitable Funds Committee are not individual trustees under Charity Law but act as agents on behalf of the Corporate Trustee.





The members of the Charitable Funds Committee in 2021/22 were:

Non-Executive Directors		Appointment Date		
Name	**Responsibilities**	**From**	**To**	**Committee Attendance**
David Allen	Non-Executive Director	01/10/2019	Until 30 September 2022	1/4
Jeffrey O'Neill	Non-Executive Director	09/11/2018	Until 30 September 2021	2/2
Peter Scott	Interim Chair	01/04/2020	Until present	4/4
Celia Weldon	Non-Executive Director	01/10/2021	Until present	2/2

Executive Directors		Appointment Date		
Name	**Responsibilities**	**From**	**To**	**Committee Attendance***
Michael Smillie	Executive Director of Finance, Estates & Digital Healthcare	19/04/2018	Until 6 February 2022	2/4
Stuart Diggles	Interim Executive Director of Finance & Estates	07/02/2022		0/0
Anna Stabler	Executive Chief Nurse	01/01/2020	Until 31 May 2021	1/1
Jill Foster	Interim Executive Chief Nurse	01/04/2021	Until present	3/3

* Attendance includes where the Executive Director has been represented at the meeting by their Deputy Director

Medical Representatives		Appointment Date		
Name	**Responsibilities**	**From**	**To**	**Committee Attendance**
Fiona Dallas	Clinical Representative	01/07/2010	Until Present	3/4
Dana Taran	Clinical Representative	01/10/2021	Until present	2/2

Nursing Representative		Appointment Date		
Name	**Responsibilities**	**From**	**To**	**Committee Attendance**
Richard Heaton	Nursing Representative			1/4

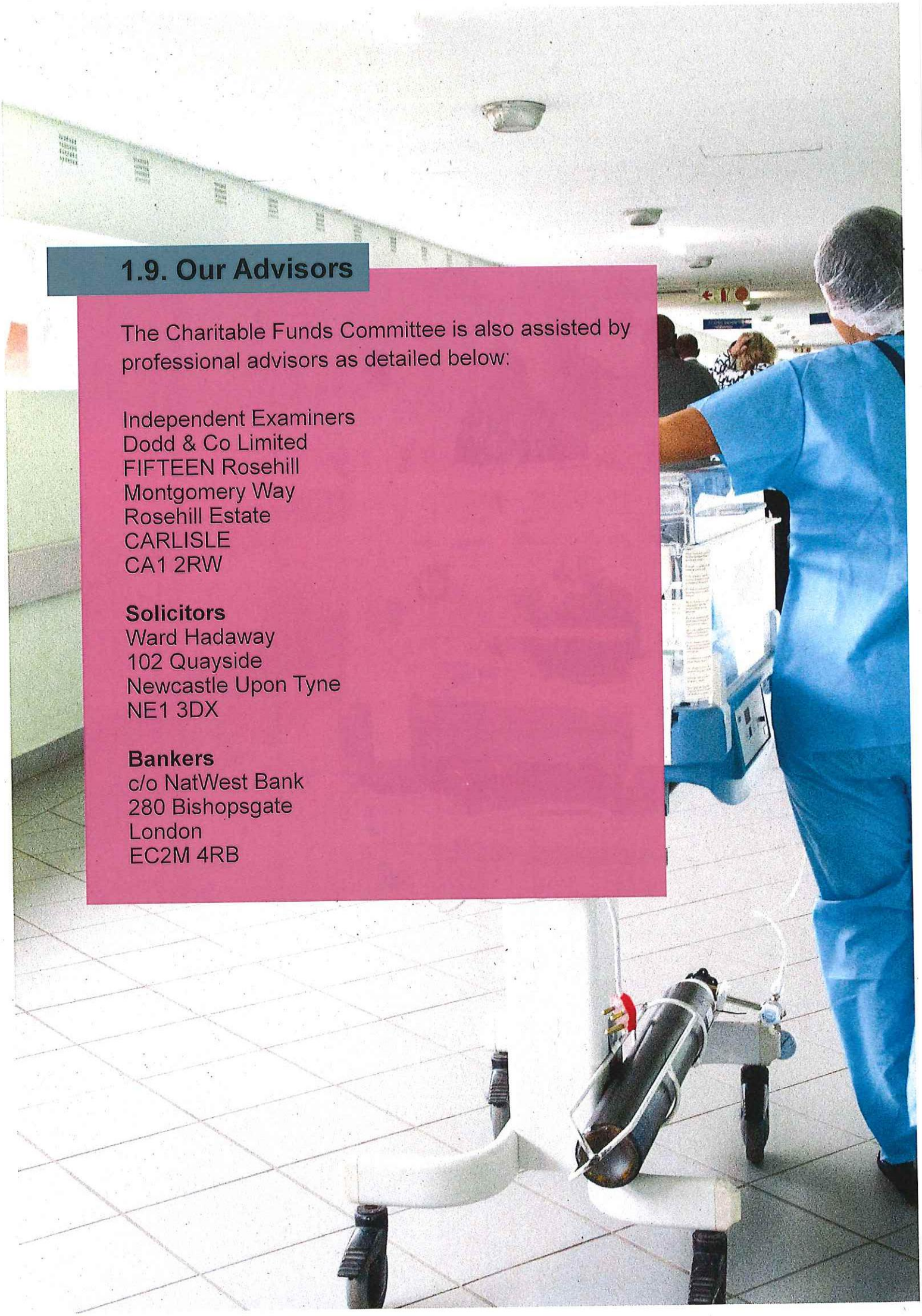
1.9. Our Advisors

The Charitable Funds Committee is also assisted by professional advisors as detailed below:

Independent Examiners
Dodd & Co Limited
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
CARLISLE
CA1 2RW

Solicitors
Ward Hadaway
102 Quayside
Newcastle Upon Tyne
NE1 3DX

Bankers
c/o NatWest Bank
280 Bishopsgate
London
EC2M 4RB



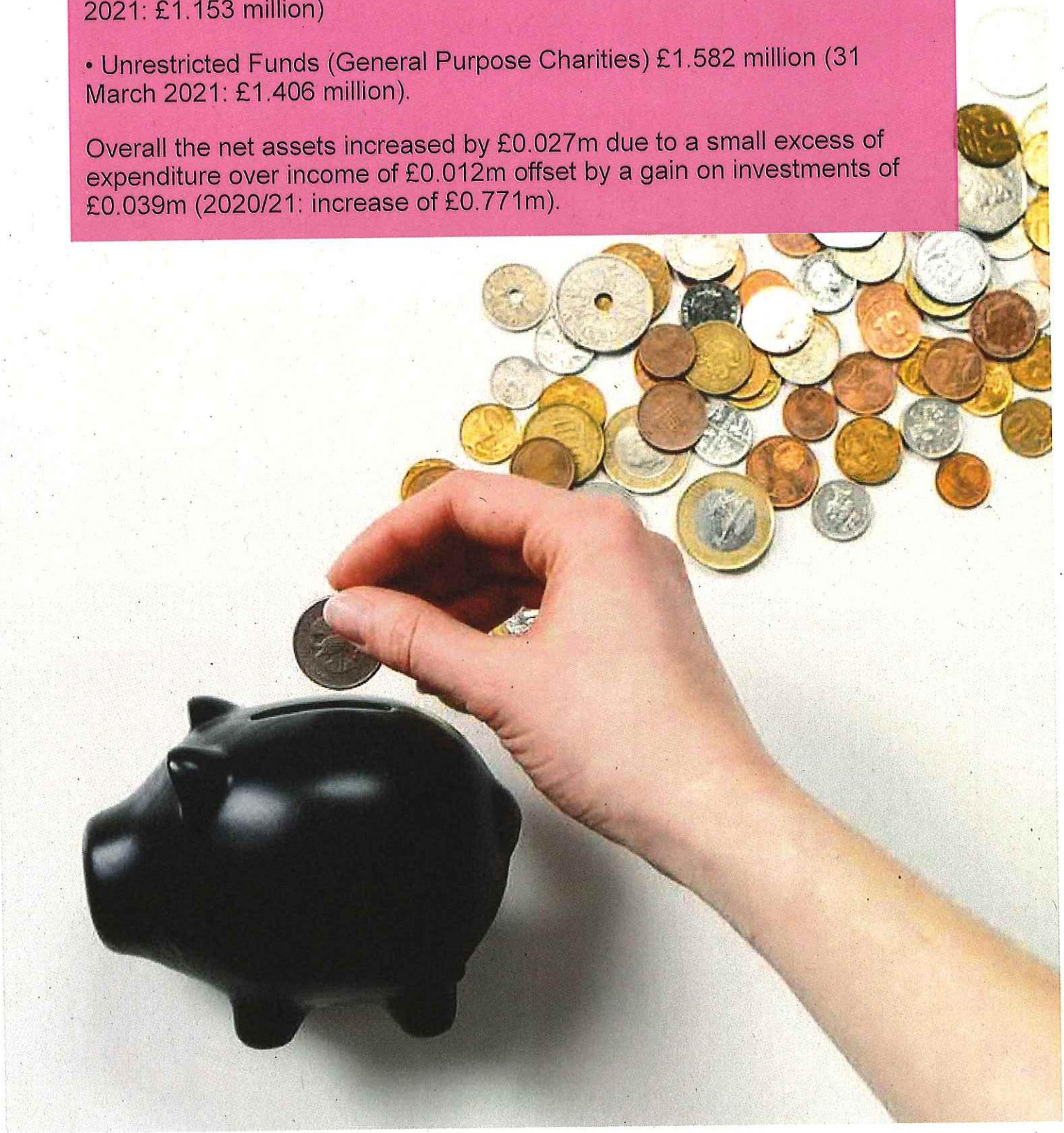
2. How we funded our work, our achievements and our performance

The total net assets of the Charity as at 31 March 2022 of £2.586 million (31 March 2021: £2.559 million) are divided as follows:

- Restricted Funds (Special Purpose Charities) £1.004 million (31 March 2021: £1.153 million)

- Unrestricted Funds (General Purpose Charities) £1.582 million (31 March 2021: £1.406 million).

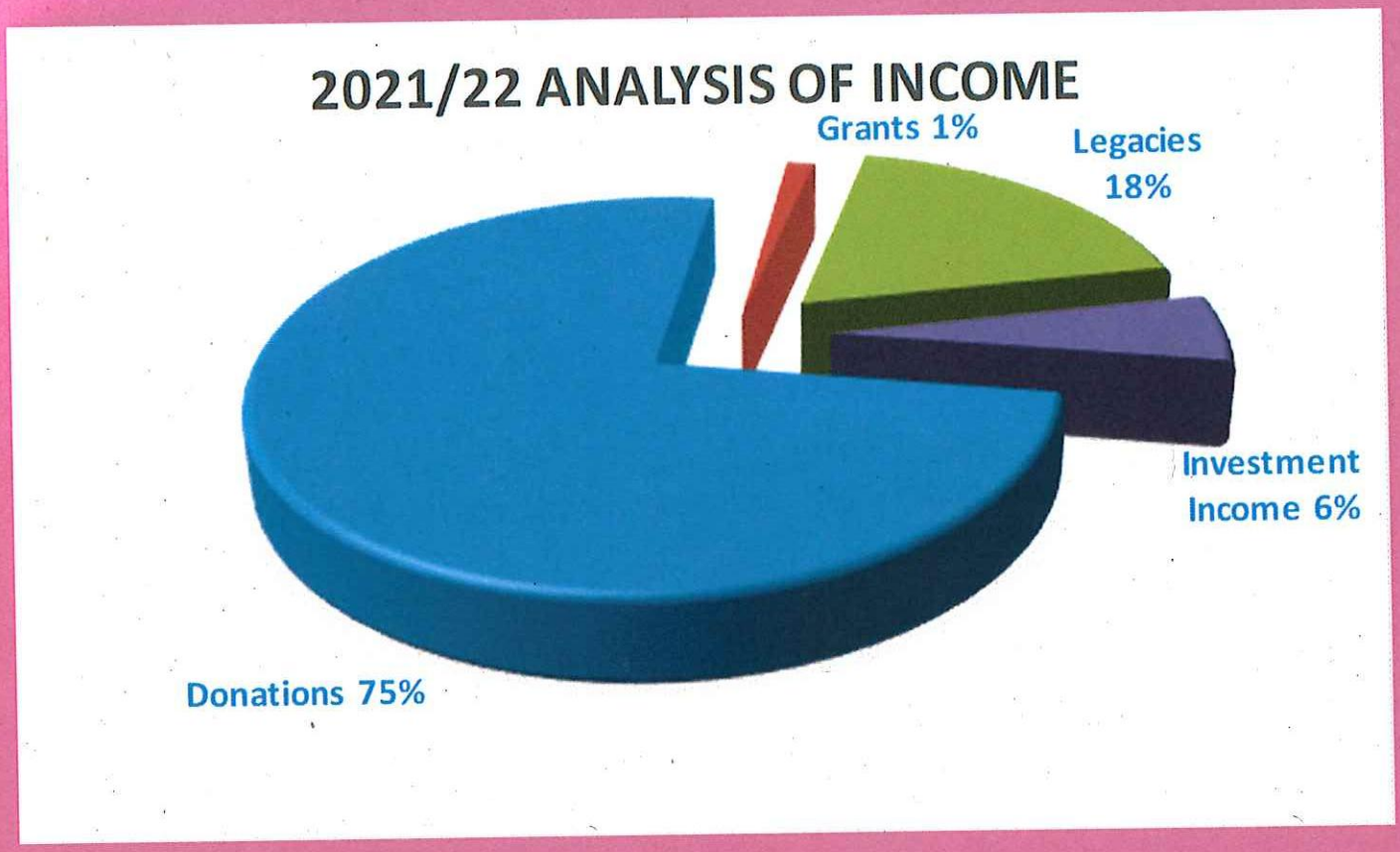
Overall the net assets increased by £0.027m due to a small excess of expenditure over income of £0.012m offset by a gain on investments of £0.039m (2020/21: increase of £0.771m).



2.1. Money received

The following graph illustrates the breakdown of the total income received in the 2021/22 financial year.

The total value of donations received in 2021/22 was £292k (2020/21: £464k) of which £192k was from individuals (2020/21: £271k), £95k from companies (2020/21: £15k) and £5k was a grant (2020/21: £178k).



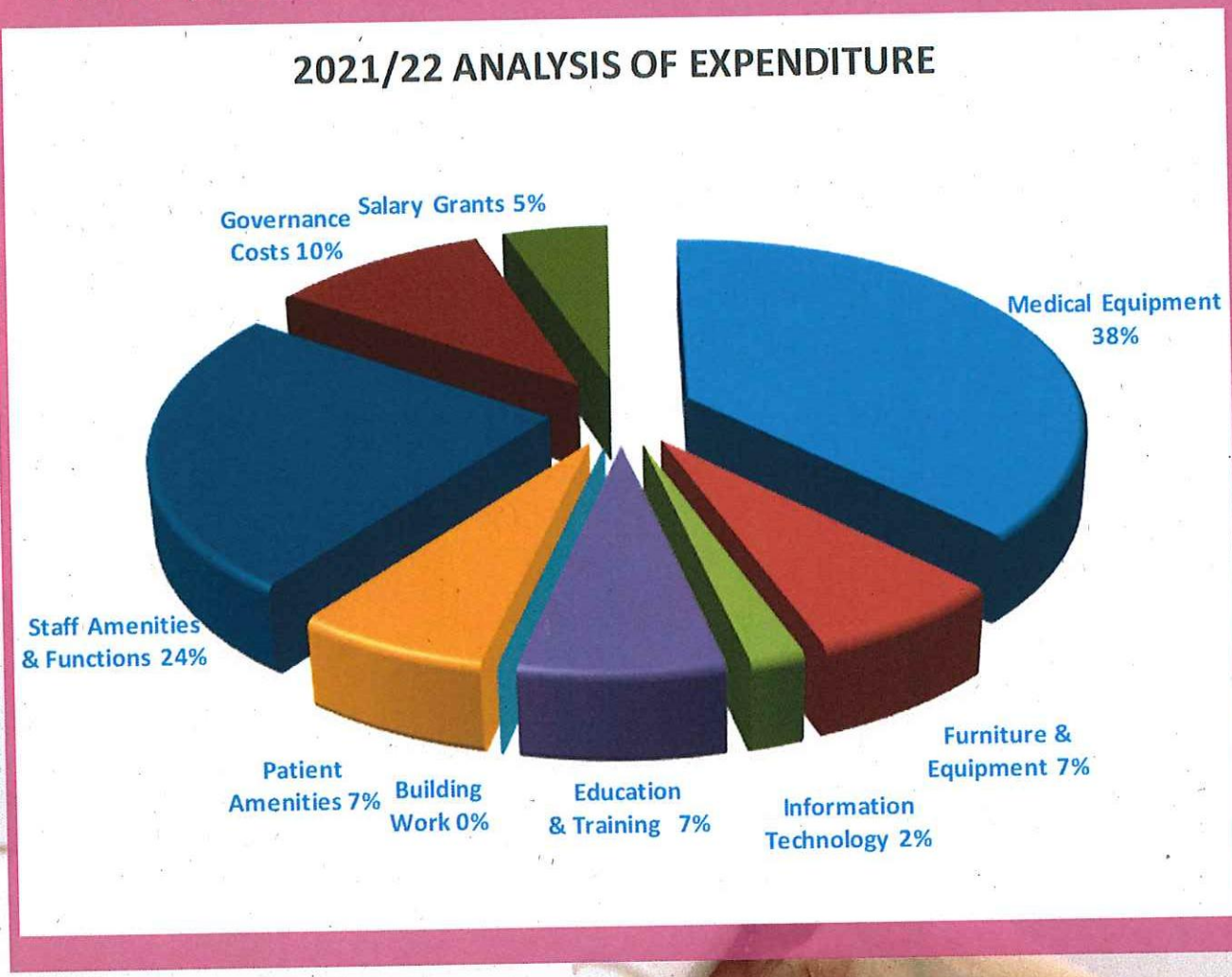
The value of legacies in 2021/22 was £71k (2020/21: £632k). Listed below are the legacies received or notified to the Charity between 1 April 2021 and 31 March 2022 and the areas that have benefitted:

Leonard Atkinson	WCH Coronary Care
Kim Kilgour	Radiotherapy Special Purposes Fund
Douglas Brown	CIC Cardiology Fund & CIC Urology Fund

Investment income was £22k in 2021/22 (2020/21: £27k).

2.2. Money spent

Of the total expenditure of £366k in 2021/22 (2020/21: £475k), expenditure on direct charitable activity was £329k (2020/21: £436k) spent across a range of programmes from education and training to medical equipment. The monies spent were used to purchase additional goods and services not normally provided by, or in addition to, the normal NHS service that benefit staff and patients.





Patient Care Equipment

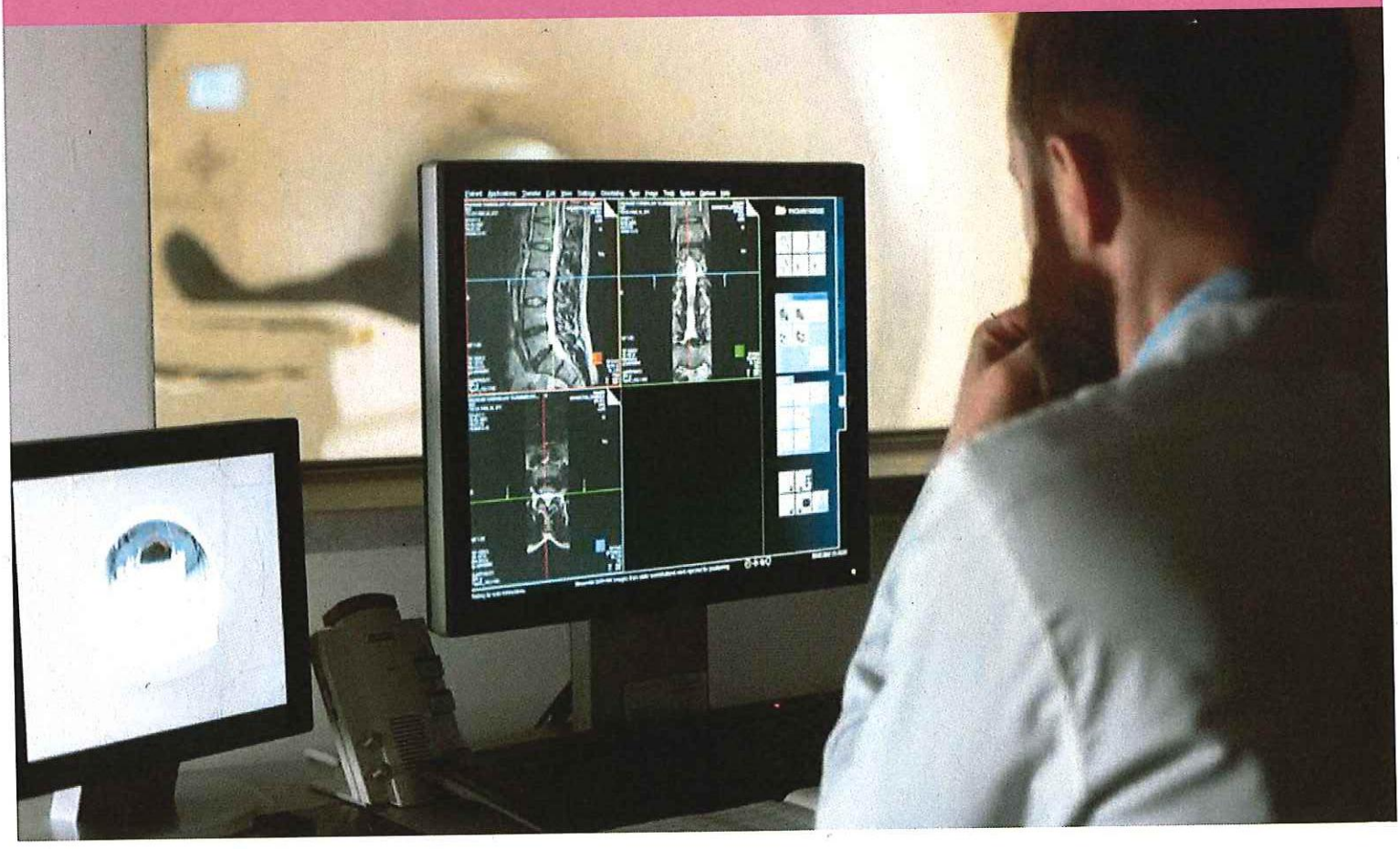
In 2021/22 grants totalling £172k were made relating to medical and surgical equipment, furniture, information technology equipment and minor building works, (2020/21: £402k). These grants are used for improvement in the quality of care and comfort of patients by the provision of services or facilities not normally provided by, or in addition to, the normal NHS service.

Key items purchased by the Charity in 2021/22 were as follows:

£52,500.00	Phillips Epiq7 Vascular Ultrasound Scanner	WCH Vascular Services
£36,547.23	Vivid iq Premium V204 Ultra Portable Echo	West Cumberland Hospital
£23,305.24	Sculpture/Artwork	Northern Cancer Centre
£19,791.97	Workstations	Breast Services
£10,151.00	MOTOmed Letto2 Arm/Leg Bed model	WCH Intensive Care Unit

Patients Welfare and Amenities

During 2021/22, grants totalling £25k (2020/21: £13k) were awarded to help improve the quality of care received by patients through the provision of equipment, services and facilities not normally provided for, or in addition to, the normal NHS service and include the Trust's Healing Arts programme.



Staff Education and Training

In 2021/22 grants totalling £26k (2020/21: £11k) were made to enable staff to attend health related courses, conferences and books to further develop their clinical knowledge and skills.

Staff Welfare and Amenities

The grants given for staff welfare and amenities in 2021/22 amounted to £86k (2020/21: £3k). The staff welfare and amenities included a grant to fund healthy treats for staff which help to strengthen the staff's morale and their capacity to serve patients well. This expenditure was mainly funded from NHS Charities Together grants.

Salary Grants

Salary grants of £20k were awarded in 2021/22 (2020/21:£7k) to support the Healing Arts programme.

A Big Thank You

On behalf of the patients and staff who have benefitted from improved services and facilities as a result of the many donations and legacies received, the Corporate Trustee would like to thank all our donors for the generous support over the past year.



3. Our Future Plans

The plan for 2022/23 continues to be working on enhancing the profile of the Charity so that we can maintain and expand services that enrich patient experience and services in the Cumberland Infirmary and West Cumberland Hospital. Over the next year the Charity's focus is going to be on;

- Raising the profile of the Charity
- Improving staff and corporate engagement with charitable activity

And subject to the successful appointment to our Charity Fundraising Lead post;

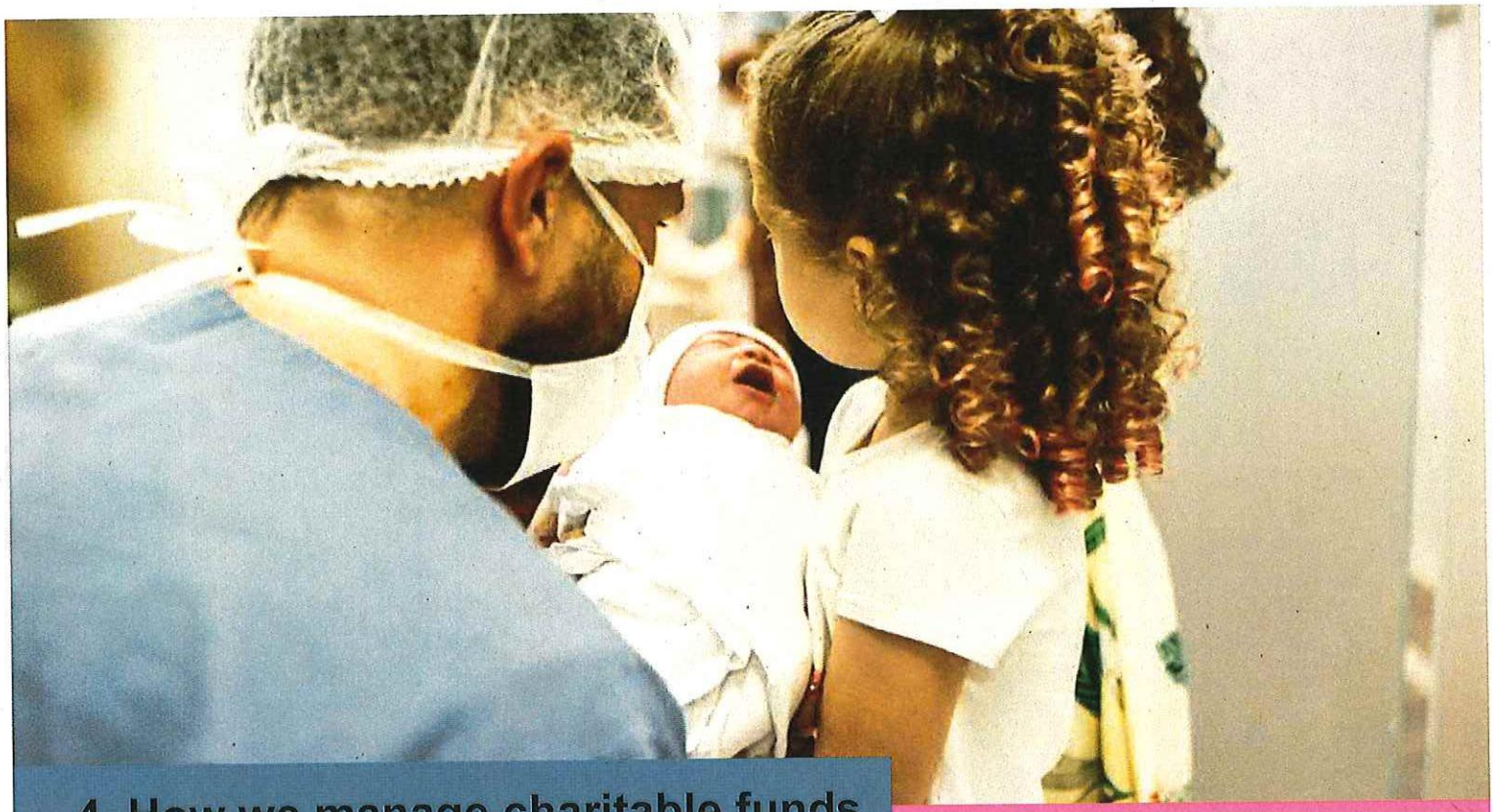
- Increasing fundraising activity, events and grant income
- Advance communication with donors

The Charity's key focus will continue to be on the following areas

- Support staff wellbeing
- Recovery from Covid-19
- Improve patient care

We have had confirmation that our latest grant bid to Charities Together to help support staff recovery from the Covid-19 pandemic has been approved. Project leads identified as part of the bid application are now implementing the schemes and projects which were developed to support staff to identify those who require mental health support and give staff the confidence to give their colleagues assistance. It is anticipated that this training will help aid recovery as staff who are struggling will receive earlier intervention. There is also a programme of anxiety and stress reduction initiatives planned to be delivered by Healing Arts.





4. How we manage charitable funds

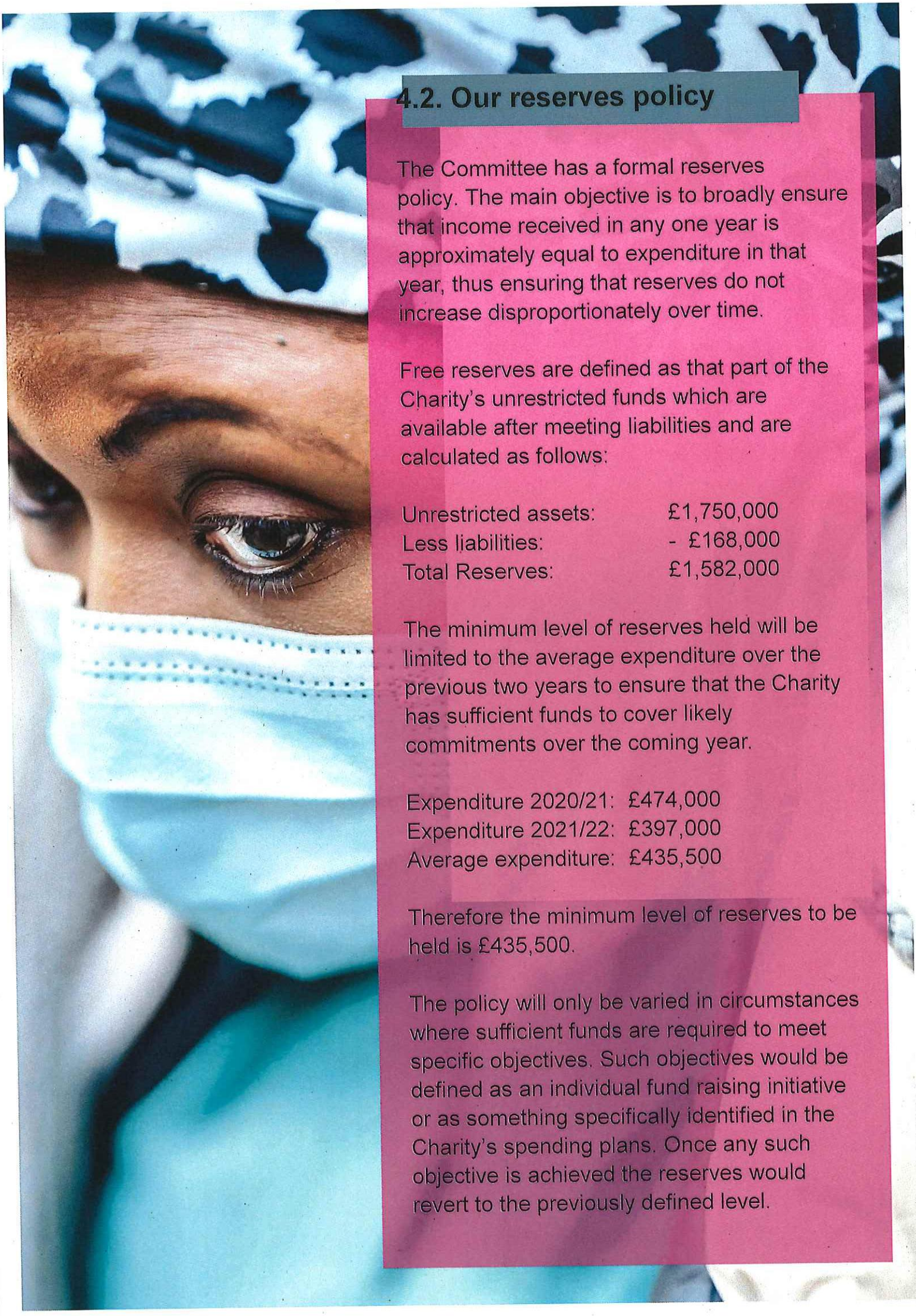
4.1. Our grant making policy

The Charitable Funds Committee has established its grant making policy to achieve its objectives for the public benefit to improve patient care for NHS patients. All grants made during the year were made to North Cumbria Integrated Care NHS Foundation Trust.

The Committee follows a policy of delegation of decision making on grants to hospital managers, who in turn designate fund managers as appropriate. In this way the Trust Board seeks to maximise the input of medical, nursing and other patient care staff in the utilisation of funds and to manage the corporate trusteeship within the schemes of delegation of the corporate body. Unrestricted General Purpose Funds are managed by Executive Directors who make decisions on grant making related to their sphere of responsibility. The Charitable Funds Committee monitors income and grant making.

- Fund managers are able to authorise grants up to the value of £5,000.
- For grants between £5,000 and £20,000, approval is required from both the fund manager and the Chief Executive or the Executive Director of Finance & Estates.
- For expenditure of over £20,000 the approval of the Trustee is required.

Policy guidelines have been approved by the Trustee and have been circulated to all staff members involved in the administration of Charitable Funds. These Policy guidelines are reviewed periodically by the Charitable Funds Committee.



4.2. Our reserves policy

The Committee has a formal reserves policy. The main objective is to broadly ensure that income received in any one year is approximately equal to expenditure in that year, thus ensuring that reserves do not increase disproportionately over time.

Free reserves are defined as that part of the Charity's unrestricted funds which are available after meeting liabilities and are calculated as follows:

Unrestricted assets:	£1,750,000
Less liabilities:	- £168,000
Total Reserves:	£1,582,000

The minimum level of reserves held will be limited to the average expenditure over the previous two years to ensure that the Charity has sufficient funds to cover likely commitments over the coming year.

Expenditure 2020/21:	£474,000
Expenditure 2021/22:	£397,000
Average expenditure:	£435,500

Therefore the minimum level of reserves to be held is £435,500.

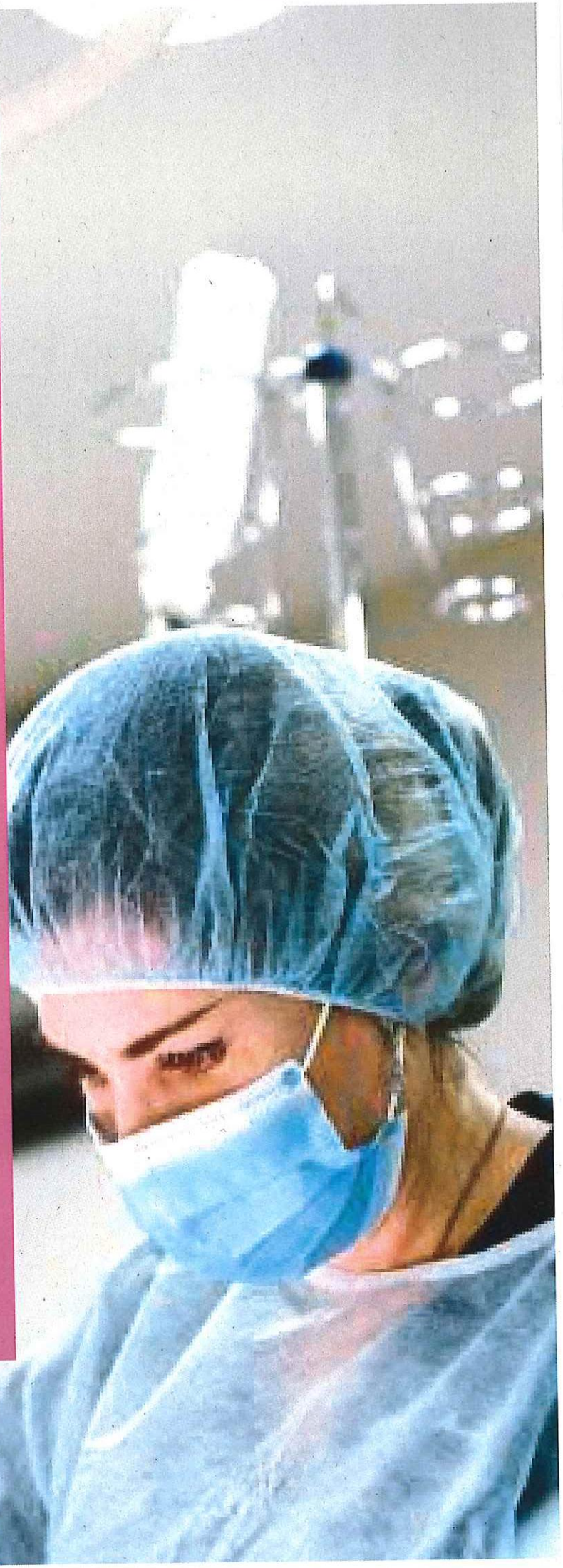
The policy will only be varied in circumstances where sufficient funds are required to meet specific objectives. Such objectives would be defined as an individual fund raising initiative or as something specifically identified in the Charity's spending plans. Once any such objective is achieved the reserves would revert to the previously defined level.

4.3. Our funds

North Cumbria Hospitals NHS Charity is an Umbrella Charity governed by Trust Deed, which comprises one unrestricted funds two restricted funds and seven restricted funds for special purposes.

Unrestricted General Purpose Funds
The Trustee has discretion to apply these funds for any purpose within the objects of the Charity. However, the Trustee has adopted a policy of designating funds within the unrestricted general funds in order to respect the wishes of the donors wherever possible. All general purpose funds which are not designated like this are recorded as General Funds, still under the unrestricted funds umbrella, and are spent as far as possible in the optimum way to further the wider objectives of the Charity.

Restricted Funds
In January 2018 the Charitable Funds Committee approved that the Healing Arts Funds could become a restricted fund in order to support applications for grants and external funding. A new restricted fund was established in March 2021 to hold the funds for medical equipment at West Cumberland Hospital gifted to the Charity by the late Leonard Atkinson.



Restricted Funds - Special Purpose Charities

Registered under the Charitable Fund, North Cumbria Hospitals NHS Charity has seven separate NHS Special Purpose Charities. These share the same registered charity number as the Charitable Fund, but they are separate entities. They are all registered with the Charity Commission and their relationship with the umbrella charity is recorded. They are governed by a Declaration of Trust. Their income can only be used for the purposes shown in their registration documents and they are listed below:

1. Carlisle Hospitals' Radiotherapy Fund
For any charitable purpose or purposes connected with the Radiotherapy Department at the Cumberland Infirmary.

2. Carlisle Hospitals' CT Scanner Fund
For the relief of sickness by the provision and maintenance of a Computed Tomography Scanner for use at the Cumberland Infirmary.

3. Carlisle Hospitals' Children Fund
For the relief of sickness of children who are or have been treated principally (but not exclusively) at the Cumberland Infirmary.

4. North Cumbria Acute Hospitals' Cancer Fund
For any charitable purpose or purposes, principally (but not exclusively) in connection with the services provided by North Cumbria Integrated Care NHS Foundation Trust which will further the following aims:

a. the investigation of the causes of cancer and the prevention, treatment, cure and defeat of cancer in all its forms;
b. the advancement of scientific and medical education and research in topics related to cancer provided the useful results of such research must be published;
c. the furtherance of any other charitable purposes for the relief of persons suffering from cancer.

5. Carlisle Hospitals' Breast Cancer Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of breast cancer principally (but not exclusively) at the Cumberland Infirmary.

6. Carlisle Hospitals' Cardiology Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the heart principally (but not exclusively) at the Cumberland Infirmary.

7. Carlisle Hospitals' Renal Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the kidneys principally (but not exclusively) at the Cumberland Infirmary.



4.4. Our investment policy

Our Investment Policy was established on 6th October 2009 and is reviewed annually.

The main criteria for the investments are:

- The Trustee shall seek to maximise the interest return on cash, consistent with minimising and diversifying risk, and for this purpose may make deposits with a maximum of £1 million being invested for a period no longer then twenty four months and the remainder of accounts to have withdrawal notice periods not exceeding three months.
- Deposits should be spread by counterparty subject to a maximum exposure of £500,000 per financial institution.
- The amount to be held as liquid funds shall be determined by the Trustee based on Fund Holders' spending plans, but in any case a minimum of six months expenditure (based on average expenditure over the two previous years) shall be held in liquid funds.
- The Trustee shall maintain a list of approved banking institutions, together with the maximum deposit across all accounts (the "credit limit") to be held with any one institution, which is £500,000.

5. Risk management

The Charity operates under the corporate controls assurance policies and procedures of the NHS Foundation Trust as part of its governance arrangements. The Trust has put in place as part of its risk management strategy both a risk register and a framework for the identification and minimisation of risk. The risk register for Charitable Funds is part of the Corporate Register as the Trust is the Corporate Trustee.



Income and expenditure is monitored in total to ensure that both pending and firm financial commitments remain in line with income to avoid unforeseen calls on reserves. All expenditure is committed against funds by the appointed Fund Holders and this expenditure is applied in line with the objects of the Charity. This expenditure is then authorised according to the Trust's Standing Financial Instructions, Standing Orders and Charitable Fund Procedures that also comply with Charity Law. All funds are checked before a payment is made to ensure that there is money available to meet expenditure. Income and expenditure statements are sent to the individuals authorised as Fund Holders on a monthly basis. The Trustees are presented with a statement of income and expenditure and fund balances at every Committee Meeting for assurance.



The Charity benefits from the independent reviews and audits undertaken by both internal and external audit, reports from which are presented to the Trustee. The action points from such reports are applied and monitored on behalf of the Charity by the Trust's Finance Department. Audit testing in recent years has not identified any significant financial or other losses.

6. Statement of trustee's responsibilities in respect of the trustees annual report and accounts

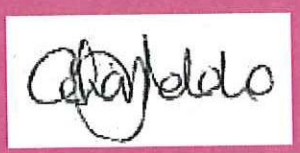
Under charity law, the trustees are responsible for preparing the trustees' annual report and accounts for each financial year which show a true and fair view of the state of affairs of the Charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the trustees:

- Select suitable accounting policies and then apply them consistently
- Make judgments and estimates that are reasonable and prudent
- State whether the recommendations of the SORP have been followed, subject to any material departures disclosed and explained in the financial statements
- State whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The trustees are required to act in accordance with the trust deed and the rules of the Charity, within the framework of trust law. The trustees are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by the trustees under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The trustees have general responsibility for taking such steps as are reasonably open to the trustees to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Approved by the Audit & Risk Committee on behalf of the Corporate Trustee on 9 November 2022 and signed on their behalf by:



Celia Weldon

Chair of the Audit & Risk Committee

Independent Examiner's Report to the Trustee of

North Cumbria Hospitals NHS Charity

I report on the accounts of the charity for the year ended 31 March 2022, which are set out on pages 32 – 42.

Your attention is to drawn to the fact that the Charity has prepared the financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has since been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2019.

Respective responsibilities of trustee and examiner

The charity's trustee is responsible for the preparation of the accounts. The trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustee concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act 2011; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Joanne Thomlinson FCA
Dodd & Co Limited
Chartered Accountants
Date: 9/11/22

FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
CARLISLE
CA1 2RW

NORTH CUMBRIA HOSPITALS

NHS CHARITY

ANNUAL ACCOUNTS

For Year Ended 31 March 2022

Charity Commission for England and Wales
Registration Number 1059946

Statement of Financial Activities for the year ended 31 March 2022

	Note:	Unrestricted Funds £000	Restricted Funds £000	2021/22 Total Funds £000	Unrestricted Funds £000	Restricted Funds £000	2020/21 Total Funds £000
Income							
Donations, Legacies and similar resources							
Donations (including grants)		241	51	**292**	429	35	464
Legacies		66	5	**71**	5	627	632
Total Donations and Legacies	2	307	56	**363**	434	662	1,096
Investment income	3	21	1	**22**	26	1	27
Total income		**328**	**57**	**385**	460	663	1,123
Expenditure							
Charitable activities	5	144	222	**366**	408	66	474
Raising Funds	4	31	0	**31**	0	0	0
Total expenditure	5	**175**	**222**	**397**	408	66	474
Net gain/(loss) on investments	11	39	0	**39**	122	0	122
Net income/expenditure before Transfers		192	(165)	**27**	174	597	771
Gross transfer between funds		(16)	16	**0**	(20)	20	0
Net movement in funds		**176**	**(149)**	**27**	154	617	771
Fund balances brought forward at 1 April		1,406	1,153	**2,559**	1,252	536	1,788
Total Fund Balances	15	**1,582**	**1,004**	**2,586**	1,406	1,153	2,559

The notes on pages 35 to 42 form part of these accounts.

Balance Sheet as at 31 March 2022

	Note:	Unrestricted Funds £000	Restricted Funds £000	**Total at 31 March 2022 £000**	Unrestricted Funds £000	Restricted Funds £000	Total at 31 March 2021 £000
Fixed Assets							
Investments	11	436	0	**436**	730	0	730
Total Fixed Assets		436	0	**436**	730	0	730
Current Assets							
Debtors	12	18	5	**23**	3	627	630
Cash and Cash Equivalents	13	1,296	1,134	**2,430**	966	558	1,524
Total Current Assets		1,314	1,139	**2,453**	969	1,185	2,154
Current Liabilities							
Creditors: Amounts falling due within one year	14	(168)	(135)	**(303)**	(293)	(32)	(325)
Net Current Assets/(Liabilities)		1,146	1,004	**2,150**	676	1,153	1,829
Total Assets less Current Liabilities		1,582	1,004	**2,586**	1,406	1,153	2,559
Total Net Assets		**1,582**	**1,004**	**2,586**	1,406	1,153	2,559
Funds of the Charity							
Income Funds:							
Restricted	15.1	0	1,004	**1,004**	0	1,153	1,153
Unrestricted	15.2	1,582	0	**1,582**	1,406	0	1,406
Total Funds		**1,582**	**1,004**	**2,586**	1,406	1,153	2,559
		0					

The notes on pages 35 to 42 form part of these accounts.

The financial statements were approved by the Audit & Risk Committee and authorised for issue on 9 November 2022

Signed: Celia Weldon

Name: Celia Weldon (Chair of Audit & Risk Committee)

Date: 9 November 2022

Cashflow for Year Ended 31 March 2022

		2021/22	2020/21
Cash flows from Operating Activities:			
Net Income/(Expenditure) for the reporting period as per Statement of Financial Activities		27	771
Adjustments for:			
Dividends & interest from investments	3	(22)	(27)
Unrealised profit on investments		(39)	(122)
(Increase)/decrease in Debtors	12	610	(610)
Increase/(decrease) in Creditors	14	(22)	278
Net Cash provided by (used in) Operating Activities		**554**	290
Cash flows from Investing Activities:			
Interest from Investments	3	19	27
Sale of investments	11	333	0
Net Cash provided by Investing Activities		**352**	27
Change in Cash and Cash Equivalents in the reporting period		906	317
Cash and Cash Equivalents at the beginning of the reporting period		1,524	1,207
Cash and Cash Equivalents at the end of the reporting period		**2,430**	1,524

Notes to the Accounts

1. Accounting Policies

1.1 Basis of Preparation

The financial statements have been prepared on a historic cost basis, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice.

The trustees consider that there are no material uncertainties about the North Cumbria Hospitals NHS Charity's ability to continue as a going concern. Although the COVID-19 pandemic had some impact on the charity's income from donations in 2020/21 this is now largley recovered. There are no material uncertainties affecting the current year's accounts.

1.2 Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as a restricted fund or an endowment fund. Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specific charitable purpose. Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which can be analysed between designated (earmarked) funds where the trustees have set aside amounts to be used for specific purposes or which reflect the nonbinding wishes of donors, and unrestricted funds which are at the trustees' discretion.

The North Cumbria Hospitals NHS Charity has 9 restricted funds, no endowment funds and one designated unrestricted fund (note 17).

1.3 Income

All income is recognised once the Charity has entitlement to the income, it is probable (more likely than not) that the income will be received and the monetary value of the income can be measured with sufficient reliability.

Where there are terms or conditions attached to income, particularly grants, then these terms or conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

1.4 Income from Legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probable. Receipt is probable when:
a) Confirmation has been received from the representatives of the estate(s) that probate has been granted
b) The executors have established that there are sufficient assets in the estate to pay the legacy and
c) All conditions attached to the legacy have been fulfilled or are within the charity's control

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.5 Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:
a) There is a present legal or constructive obligation resulting from a past event
b) It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
c) The amount of the obligation can be measured or estimated reliably.
Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

1.6 Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to linked, related party or third party NHS bodies and non NHS bodies, in furtherance of the charitable objectives of the funds held on trust, primarily relief of those who are sick.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:
a) We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant
b) We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant
c) There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The trustees have control over the amount and timing of grant payments and consequently where approval has been given by the trustees and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is recognised.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

1.7 Allocation of support costs

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 7.

1.8 Fundraising costs

The costs of raising funds are those costs attributable to generating income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objects. The costs of generating funds represent fundraising costs together with investment management fees.

1.9 Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 5.

1.10 Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.11 Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in 90 day notice interest bearing savings accounts.

1.12 Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long term creditors.

1.13 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening carrying value (or date of purchase if later).

1.14 Corporate Trustee arrangements

On 1 October 2019 the North Cumbria University Hospitals NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date. The transaction took place under Section 56A of the National Health Services Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the new corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust. The Charity updated its name to exclude "NHS Trust" at that time but has subsequently made a further change and the Charity is now called North Cumbria Hospitls NHS Charity.

2. Income from donations, legacies and grants

	Unrestricted Funds	Restricted Funds	**Total 31/03/2022 Funds**	*Total 31/03/2021 Funds*
	£000	£000	**£000**	*£000*
Donations from individuals	150	42	**192**	*271*
Corporate donations	91	4	**95**	*15*
Legacies	66	5	**71**	*632*
Grants	0	5	**5**	*178*
Total Donations, Legacies & Grants	**307**	**56**	**363**	1,096

The grant received during the year was Community Resilience Funding for the Healing Arts Fund and came from Cumbria Community Foundation (2020/21: <£1k).
Section 3.1 of the annual report contains additional information about the income from legacies and which funds/services benefitted.

3. Gross investment income

The Trust's investment income is from cash on deposit including in 90 and 95 day notice accounts.

	Unrestricted Funds	Restricted Funds	**Total 31/03/2022 Funds**	*Total 31/03/2021 Funds*
	£000	£000	**£000**	*£000*
Nationwide Building Society	2	0	**2**	*3*
NatWest / GBS	1	1	**2**	*0*
CCLA	18	0	**18**	*24*
Total gross investment income	**21**	**1**	**22**	27

4. Analysis of expenditure on raising funds

The Charitable Funds Committee agreed to invest in fund raising activities in order to raise more funds for the Charity as many other NHS charities do. In 2021/22 expenditure on fundraising was £31k (2020/21: nil) including the salary costs of the Charity Fundraising Lead.

	Unrestricted Funds	Restricted Funds	**Total 31/03/2022 Funds**	*Total 31/03/2021 Funds*
	£000	£000	**£000**	*£000*
Fundraising Officer	19	0	**19**	*0*
Fundraising Events	3	0	**3**	*0*
Other costs	9	0	**9**	*0*
Total Expenditure on Raising Funds	**31**	**0**	**31**	0

Other costs included the purchase of embossed merchandise to use at events and a subscription to a service that supports identifying potential grants for charities to apply for.

5. Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding. Grants were approved in favour of North Cumbria Integrated Care NHS Foundation Trust, to carry out activities that will benefit NHS patients and their families. The Charity incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by the Trust.

	Grant funded Activity	Support Costs	**Total 31/03/2022 Funds**	*Total 31/03/2021 Funds*
	£000	£000	**£000**	*£000*
Medical Equipment	165	18	**183**	*201*
Furniture & Equipment	25	3	**28**	*135*
Information Technology	7	1	**8**	*14*
Education & Training	26	3	**29**	*12*
Salary Grants	20	2	**22**	*8*
Patient Amenities	25	3	**28**	*14*
Staff Amenities & Functions	86	10	**96**	*3*
Building Work	(25)	(3)	**(28)**	*88*
Total Grants Paid	**329**	**37**	**366**	475

Support costs have been allocated across charitable activities on the basis of direct expenditure on these activities in 2021/22

6. Analysis of Grants

The Charity does not make grants to individuals. All grants and grant support are made to North Cumbria Integrated Care NHS Foundation Trust to provide for the care of NHS patients in furtherance of our charitable aims. The total cost of making grants, including support costs, is disclosed on the face of the Statement of Financial Activities and the actual funds spent on each category of charitable activity, is disclosed in note 5.

The trustees operate a scheme of delegation for the majority of the charitable funds, under which fund holders manage the day to day disbursements on their projects in accordance with the directions set out by the trustees in the Charitable Funds Policy, charity standing orders and financial instructions. Funds managed under the scheme of delegation represent ongoing activities and it is not possible to accurately segment these activities into discrete individual grant awards.

The total value of the grant made to North Cumbria Integrated Care NHS Foundation Trust in 2021/22 was £366k (2020/21: £475k).

7. Allocation of support costs and overheads

	Fundraising Activities £000	Charitable Activities £000	**2021/22 Total £000**	*2020/21 Total £000*
Auditor / Independent Examiner Fees	0	1	**1**	*4*
HMRC - benefit in kind charge	0	0	**0**	*0*
Bank Charges and Just Giving Membership	0	1	**1**	*1*
Fundraising Costs	31	0	**31**	*0*
Governance costs:				
NEP - financial ledger	0	6	**6**	*6*
Financial Administration	0	28	**28**	*28*
Stationery	0	1	**1**	*1*
Total Support Costs & Overheads	**31**	**37**	**68**	40

	Unrestricted Funds £000	Restricted Funds £000	**2021/22 Total £000**	*2020/21 Total £000*
Raising funds	31	0	**31**	*0*
Charitable activities	23	14	**37**	*40*
Total Support Costs & Overheads	**54**	**14**	**68**	40

8. Trustees' remuneration, benefits and expenses

None of the members of the Charitable Funds Committee have been remunerated or reimbursed from the Charitable Funds for services provided to the Charity, or for expenses incurred in relation to those services.

9. Analysis of staff costs

The Charity does not directly employ its own staff. Staff carrying out work on behalf of the Charity are employees of North Cumbria Integrated Care NHS Foundation Trust and as such have the same terms and conditions as other Trust staff. Most staff providing support to the Charity do not work solely for the Charity and have other duties. Their costs are reflected in either salary grants or support costs (Note 5). Only the Charity Fundraising Lead was employed to work specifically for the Charity and the analysis of their costs is shown in the table below.

	Unrestricted Funds £000	Restricted Funds £000	**2021/22 Total £000**	*2020/21 Total £000*
Salary	16	0	**16**	*0*
Social Security costs	1	0	**1**	*0*
Employer pension contribution	2	0	**2**	*0*
Total Staff Costs	**19**	**0**	**19**	0

10. Auditor's remuneration

The auditor's remuneration of £1k (2020/21: £4k) relates entirely to the independent examination of the Charity's accounts and includes a small credit in relation to an overestimate of 2020/21's remuneration.

11. Fixed asset investments

	31 March 2022 £000	*31 March 2021 £000*
Market Value brought forward	730	*608*
Add: additions to investments at cost	0	*0*
Less disposals at carrying value	-333	*0*
Add net gain / (loss) on revaluation	39	*122*
Market value as at 31 March 2022	**436**	*730*

The Charity invested £500k in CCLA's COIF Charities Ethical Investment Fund in June 2016 and it is carried at fair value. In order to reduce risk the Charity chose to invest in a pooled fund made up mainly of UK and overseas equities with some property, infrastructure and cash included in the fund. In May 2021 the Charity sold 120,000 units (of a total of 266,894.42 units) which generated a realised gain of £109k.

12. Analysis of current debtors

	Unrestricted Funds	Restricted Funds	**31 March 2022 Total**	*31 March 2021 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Accrued income	18	5	**23**	*630*
Total debtors falling due within one year	**18**	**5**	**23**	630

Accrued income includes £3k for dividends due from the Charity's investment with CCLA (2020/21: nil) and £7k for a legacy notified to the Charity but not realised in cash as at 31 March 2022. (31 March 2021: £627k).

13. Analysis of cash and cash equivalents

	Unrestricted Funds	Restricted Funds	**31 March 2022 TOTAL**	*31 March 2021 TOTAL*
	£000	£000	**£000**	*£000*
Nationwide Business 95 Day Saver	272	238	**510**	*508*
GBS Bank account	1,024	896	**1,920**	*1,016*
	1,296	**1,134**	**2,430**	1,524

No cash or cash equivalents were held in non-cash investments or outside of the UK.

14. Analysis of liabilities

	Unrestricted Funds	Restricted Funds	**31 March 2022 Total**	*31 March 2021 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Other creditors	80	96	**176**	*210*
Accruals	88	39	**127**	*115*
Total creditors falling due within one year	**168**	**135**	**303**	*325*

The Trust processes purchase invoice transactions for the Charity and the balance is paid in arrears. At 31 March 2022 there is £176k owed to North Cumbria Integrated Care NHS Foundation Trust. (31 March 2021: £210k)

15. Related Party Transactions

During the year none of the NHS Trust Board or members of the key management staff or parties related to them has undertaken any material transactions with the North Cumbria Hospitals NHS Charity.

The Charity has made revenue and capital payments of £391k to North Cumbria University Hospitals NHS Trust, which is the Corporate Trustee of the Charitable Trust (2020/21: £284k). This included payments for governance and administration services of £39k (2020/21: £39k).

At any one time North Cumbria Integrated Care NHS Foundation Trust holds balances for debtors and creditors relating to the transactions it processes on behalf of the Charity, which are normally settled within the following month. At 31 March 2022 the Charity has a creditor balance of £176k owed to North Cumbria Integrated Care NHS Foundation Trust (31 March 2021: £210k).

16. Events After the Reporting Period

There are no events to report.

17. Analysis of Funds

17.1 Restricted Funds

	Balance 31 March 2021 £000	Income £000	Expenditure £000	Transfers £000	Gains and Losses £000	Balance 31 March 2022 £000
Breast Cancer	**14**	2	0	0	0	**16**
Cancer	**10**	0	(1)	0	0	**9**
Cardiology	**35**	5	0	0	0	**40**
Children	**1**	2	(1)	1	0	**3**
CT Scanner	**2**	0	0	0	0	**2**
Radiotherapy	**68**	23	(33)	0	0	**58**
Renal	**383**	12	(20)	0	0	**375**
Healing Arts	**11**	12	(27)	15	0	**11**
Leonard Atkinson Fund	**627**	1	(140)	0	0	**488**
Total	**1,153**	**57**	**(222)**	**16**	**0**	**1,004**

Healing Arts was transferred a £15k share of Covid donations which was approved by the Charitable Funds Committee and came from an NHS Charities Together grant. The Children's Fund received £1k when another small children's related fund was merged into this one.

PRIOR YEAR

Restricted Funds	Balance 31 March 2020 £000	Income £000	Expenditure £000	Transfers £000	Gains and Losses £000	Balance 31 March 2021 £000
Breast Cancer	3	12	(1)	0	0	14
Cancer	12	0	(2)	0	0	10
Cardiology	34	1	0	0	0	35
Children	1	1	(1)	0	0	1
CT Scanner	2	0	(0)	0	0	2
Radiotherapy	94	10	(36)	0	0	68
Renal	382	12	(11)	0	0	383
Healing Arts	7	0	(16)	20	0	11
Leonard Atkinson Fund	0	627	0	0	0	627
Total	536	663	(66)	20	0	1,153

Details of Restricted Funds

Name of fund	Description of the nature and purpose of each fund
Breast Cancer	Prevention, diagnosis and treatment of breast cancer
Cancer	Prevention, diagnosis and treatment of cancer
Cardiology	Prevention, diagnosis and treatment of heart disorders
Children	Relief of sickness in children
CT Scanner	Provision and maintenance of CT Scanner
Radiotherapy	Relief of sickness of radiotherapy patients
Renal	Prevention, diagnosis and treatment of kidney disorders.
Healing Arts	For the support and development of Healing Arts' initiatives and programmes
Leonard Atkinson	Provision of medical equipment for WCH

17. Analysis of Funds (cont'd)

17.2 Unrestricted Designated Funds

	Balance 31 March 2021 £000	Income £000	Expenditure £000	Transfers £000	Unrealised Surplus £000	Gains and Losses £000	Balance 31 March 2022 £000
NCIC Trust	**1,406**	328	(175)	(16)	39	0	**1,582**
Total	**1,406**	**328**	**(175)**	**(16)**	**39**	**0**	**1,582**

PRIOR YEAR

Unrestricted Designated Funds

	Balance 31 March 2020 £000	Income £000	Expenditure £000	Transfers £000	Unrealised Surplus £000	Gains and Losses £000	Balance 31 March 2021 £000
NCIC Trust	1,252	460	(408)	(20)	122	0	1,406
Total	1,252	460	(408)	(20)	122	0	1,406

The Unrestricted Funds are split into a number of designated funds across the departments and services operated by the Cumberland Infirmary and West Cumberland Hospital. They are used to fund charitable purposes that benefit NHS patients of North Cumbria Integrated Care NHS Foundation Trust and the staff that deliver patient care to those patients at the discretion of the trustees. Whilst these funds have traditionally been identifiable for each of the two sites an increasing number of the funds are cross-site and service orientated and it is no longer appropriate, or possible, to identify the funds by site.

NORTH CUMBRIA HOSPITALS NHS CHARITY

England & Wales - Charity number 1059946

Accounts

NORTH CUMBRIA UNIVERSITY HOSPITALS CHARITABLE FUND



ANNUAL REPORT & ACCOUNTS 2020/21

REGISTERED CHARITY NUMBER: 1059946

CONTENT

1. Trustees Annual Report

2. How we responded to the Covid-19 Pandemic

3. How we funded our work, our achievements and our performance

4. Our future plans

5. How we manage charitable funds

6. Risk management

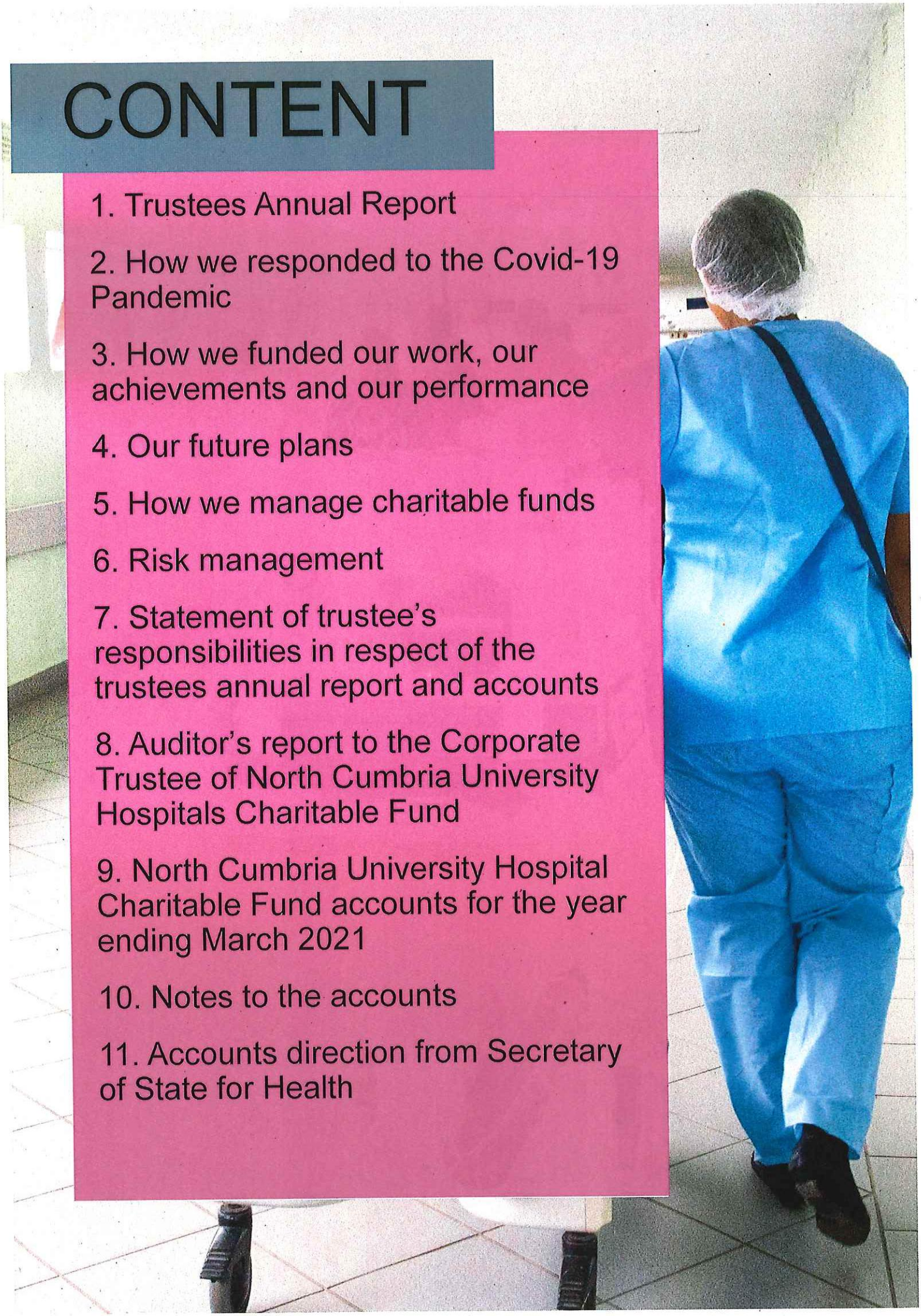
7. Statement of trustee's responsibilities in respect of the trustees annual report and accounts

8. Auditor's report to the Corporate Trustee of North Cumbria University Hospitals Charitable Fund

9. North Cumbria University Hospital Charitable Fund accounts for the year ending March 2021

10. Notes to the accounts

11. Accounts direction from Secretary of State for Health



1. Trustees Annual Report

The Corporate Trustees present the North Cumbria University Hospital Charitable Fund Annual Report together with the audited financial statements for the year ended 31 March 2021.

The Charity's annual report and accounts for the year ended 31 March 2021 have been prepared in accordance with the accounting policies set out in section 13 to the accounts and comply with the deed of trust, the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2009 and the Accounting and Reporting by Charities: Statement of Recommended Practise (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The Charity's report and accounts include all the separately established funds for which the North Cumbria University Hospital Charitable Fund is the sole beneficiary.

1.1. Foreword by the Chairman of Charitable Funds Committee of the North Cumbria University Hospital Charitable Fund

Welcome to the North Cumbria University Hospital Charitable Fund Annual Report for 2020/21. The Charity supports the services provided by North Cumbria Integrated Care NHS Foundation Trust's (NCIC) two acute hospitals, the Cumberland Infirmary and West Cumberland Infirmary, to benefit NHS patients, their families and communities.

2020/2021 has been a year like no other, with Covid-19 affecting everyone's lives and putting a strain on our NHS and our communities. In response to Covid-19 we have focused on supporting our staff through this pandemic and the start of our recovery. Making sure our staff are happy, secure and have the opportunity to develop in their roles is essential to achieving excellent patient care. We have supported the development and improvement of staff rest areas within the hospitals and are in the process of improving external rest areas.

To help improve patient care we purchased a Endobronchial Ultrasound Processor and Ultrasound cable to enable the set-up of an Endobronchial service at West Cumberland Hospital. Prior to this scanner being available patients with cancer would have to travel from West Cumbria to Carlisle. Now patients are able to access this service in West Cumbria and receive improved continuity of care.

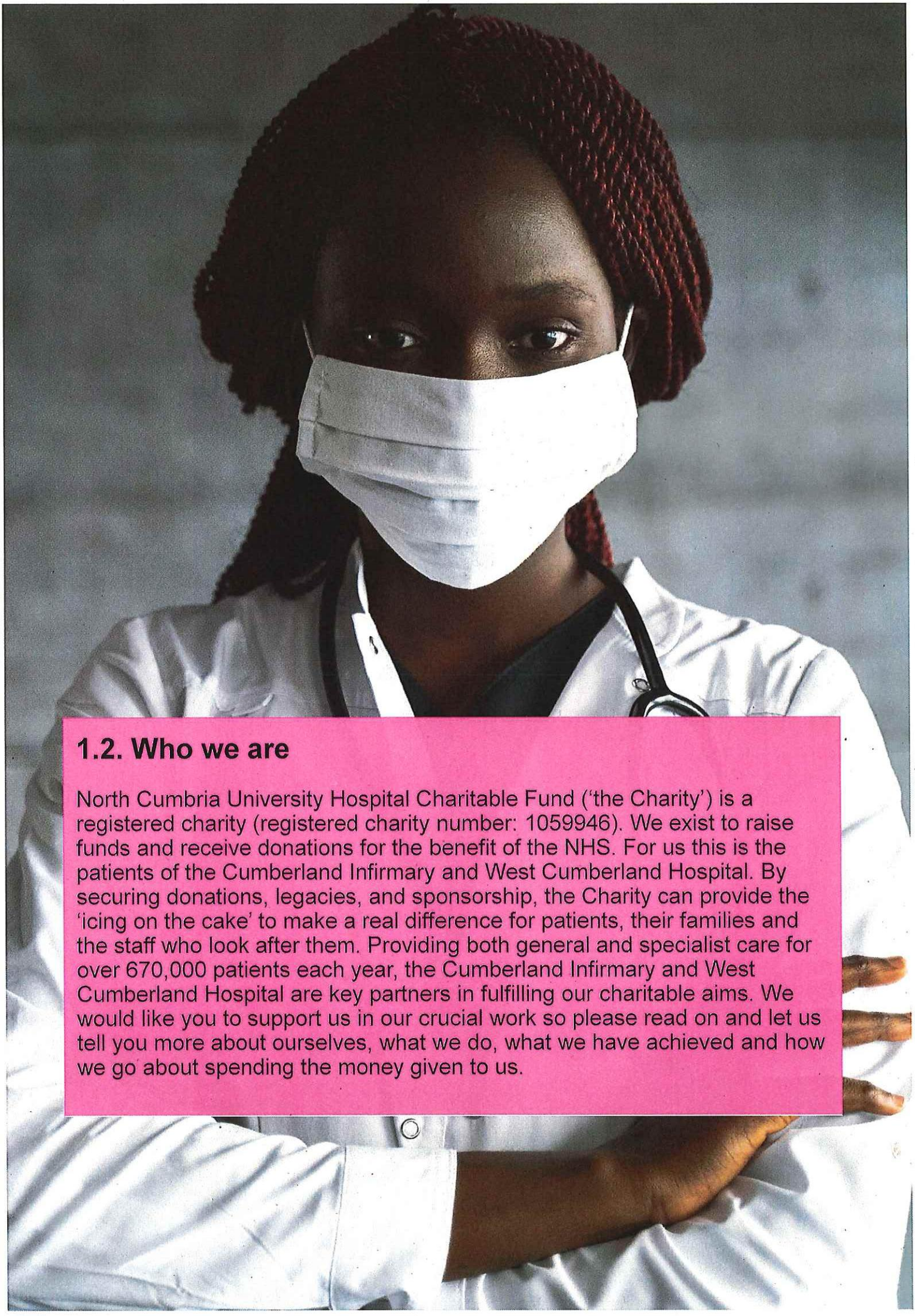
Your donations made this work possible, and your future donations are the key to our continued success. I would like to thank everyone who has donated gifts or money this year as well as our staff who supported our frontline services in this year unlike any other.

As we start to emerge from the pandemic, we will be reviewing our plans, but we will continue to focus on helping the population of North Cumbria to live fulfilling and healthy lives. If you would like to get involved, details about how to do this can be found later in this report. Please support us, every pound helps.

Signed:  Date: 1 December 2021

Peter Scott

Chair of the Charitable Funds Committee



1.2. Who we are

North Cumbria University Hospital Charitable Fund ('the Charity') is a registered charity (registered charity number: 1059946). We exist to raise funds and receive donations for the benefit of the NHS. For us this is the patients of the Cumberland Infirmary and West Cumberland Hospital. By securing donations, legacies, and sponsorship, the Charity can provide the 'icing on the cake' to make a real difference for patients, their families and the staff who look after them. Providing both general and specialist care for over 670,000 patients each year, the Cumberland Infirmary and West Cumberland Hospital are key partners in fulfilling our charitable aims. We would like you to support us in our crucial work so please read on and let us tell you more about ourselves, what we do, what we have achieved and how we go about spending the money given to us.

1.3. Charity details

Charity Name: North Cumbria University Hospital Charitable Fund

Registered Charity Number: 1059946

Principal Office:
North Cumbria University Hospital Charitable Fund
Executive Director of Finance
Cumberland Infirmary
Newtown Road
Carlisle
Cumbria
CA2 7HY

The Charity was established under the Umbrella Charity Model by a declaration of trust dated 29 October 1996, as amended by the supplemental deed dated 28 January 2003 and by supplemental deed dated 6 October 2009.

The Charity has a Corporate Trustee which was North Cumbria University Hospitals NHS Trust up until 30 September 2019. On 1 October 2019 the North Cumbria University Hospital NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date.

The transaction took place under Section 56A of the National Health Service Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the new corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust.



How to contact us

The charity office and principal address

North Cumbria University Hospital Charitable Fund
Executive Director of Finance
Cumberland Infirmary
Newtown Road
Carlisle
Cumbria
CA2 7HY
Tel: 01228 523444



For fundraising queries

Clare Warwick
Charity Fundraising Lead
North Cumbria Integrated Care NHS
Foundation Trust
NHS Finance
Parkhouse Building South
Baron Way
Kingmoor Business Park
Carlisle
Cumbria
CA6 4SJ
Tel: 07814280456
Email: Clare.Warwick@ncic.nhs.uk

1.4. Our mission

By raising new money and careful management of our existing funds, North Cumbria University Hospital Charitable Fund provides a public benefit by making grants to North Cumbria Integrated Care NHS Foundation Trust. The object of the Charity is as follows:

The Trustee shall hold the charitable fund upon trust to apply the income and at their discretion, as far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service.

Charitable funds received by the Charity are accepted and held and administered as funds held on trust for purposes relating to the health service in accordance with the National Health Service Act 1977 and the National Health Service and Community Care Act 1990. These funds are held on trust by the corporate body. The members of the Charitable Funds Committee confirm that they have referred to the guidance provided by the Charity Commission on public benefit when reviewing aims and objectives, when planning future activities and in setting the grant making policy for the year.

The Charity supports projects and interventions that improve patient experience, enhance services, improve patients' overall health, and support the wellbeing and development of NHS staff. The Charity covers the costs for items such as specialist equipment and projects such as staff wellbeing initiatives and health education which are not covered by NHS core funding.

Grants to the Trust are made in accordance with charity law, our constitution and the wishes and directions of donors. In making grants, we endeavour to reflect the wishes of patients and staff by directing funds towards areas they tell us are most in need. During the year 2020/21, grants totalling £436k were made.

1.5. What we have achieved: Highlights from the activities undertaken in the year and public benefit

The work of the Cumberland Infirmary and West Cumberland Hospital can only be supported through the ongoing generosity of our donors. During the year, the Charity has continued to benefit from legacies and donations from both individuals and companies.

These are an invaluable source of funds used to purchase additional goods and services that are not able to be provided by core NHS funds. Here are just some of the donations we received and only a small representation of the support the Charity receives from the community. The Charity is most grateful to all supporters for their contributions



Donation in memory of Karen Rangecroft

Ken Rangecroft donated £3,000 in memory of his late wife who died with COVID-19.

Karen Rangecroft, 58, received care on the Beech Ward and Intensive Care Unit at the Cumberland Infirmary and the Royal Victoria Infirmary in Newcastle and sadly died in February 2021.

The family, including Karen's sons Michael and Christopher, set up a JustGiving page in her memory which raised over £3,000 with the funds being split between the two hospitals who Ken said cared for Karen so compassionately.

Prior to becoming unwell, Karen had dedicated her career to working in the community care sector looking after the elderly. She also had connections within maternity services where her sister-in-law Caroline was a midwife and her father-in-law, Mr Rangecroft, was a consultant at the City General and City Maternity Hospital for many years. The funds raised in Karen's memory were donated to maternity services.

Anna Stabler, Chief Nurse at North Cumbria Integrated Care NHS Foundation Trust, said, "There are too many stories of people being taken too soon with COVID-19. Karen devoted her life to caring for others and we know she would have been proud of her family raising funds and donating them to benefit others. We are very grateful to Karen's family for the kind donation to our maternity services."





Donation in memory of Joanne Mahone

Chemotherapy services at West Cumberland Hospital in Whitehaven were given a boost with an incredible donation of £40,000.

The money was donated by Martin Mahone from Cleator Moor as a thank you for the care given to his wife Joanne, who sadly passed away aged 46 in 2019.

Martin explained that he wanted to raise money in Joanne's memory that could help others in the local area. He said: "20 months ago I lost my beloved wife Joanne to a very rare sarcoma cancer after she was diagnosed two years ago. Family, friends and our incredible community committed to raising funds in the hope that we could find treatment to save her. Tragically, Jo's cancer was so aggressive that within four months she passed away. We all agreed the money raised should go to charities close to our hearts, and be retained in our local community who raised the bulk of the funds. Thank you to everyone who donated.

The Charitable Funds Committee keeps the spirit of "public benefit" at the forefront of its decision making and encourages applications for grants to support patient centred initiatives. During 2020/21 the Committee approved a small number of bids for expenditure of more than £20,000. This included approving a grant of approximately £64,000 for an Endobronchial Ultrasound Processor and expenditure of £138,000 to improve staff rest areas. By funding services and equipment we can help our staff to provide care to their patients which goes beyond that which NCIC is funded by the government to provide. We assist patients from every walk of life, irrespective of race, creed, ethnicity or personal circumstances. We put this aim into practice by helping the patients, their families and carers, and visitors to the hospital by:

- enhancing the care our hospitals can offer through new equipment and building improvements to deliver better facilities

- investment in the people who work for NCIC to ensure the best care for our patients, their families and visitors.

- providing direct support to patients by way of information, enhanced support and better facilities.

1.6. Trust Board

The Charity's corporate trustee is North Cumbria Integrated Care NHS Foundation Trust (NCIC). NCIC is led by a Trust Board made up of executive and non executive directors. Executive directors are responsible for the operational management of the Trust whilst non executive directors make sure the Board act in the interests of our patients and community.

The members of the Trust Board who served during the financial year are shown in the table on the next page Unless otherwise noted, the Directors were in post for the 12 month period to 31 March 2021 and up until the point at which the accounts were adopted.

Name	Responsibilities	Post From	To
Peter Scott	Interim Chair	01/04/2020	
Lyn Simpson	Chief Executive		
John Howarth	Joint Deputy Chief Executive until 31 March 2020 and Executive Director of Strategy 1 April 2020 - 31 August 2020	01/04/2020	31/08/2020
Michael Smillie	Executive Director of Finance, Estates & Digital Healthcare and Executive Lead for Workforce and Organisational Development between 17 October 2019 and 3 May 2020.		
Mandy Nagra	Executive Chief Operating (* on secondment to NHSE/I from 1 January 2020)		27/01/2021
Rod Harpin	Interim Executive Medical Director	01/04/2020	
Anna Stabler	Executive Chief Nurse (Interim until 5 July 2020)	01/01/2020	31/05/2021
Jill Foster	Interim Executive Chief Nurse	01/04/2021	
Justine Steele	Executive Director of People & Organisational Development	04/05/2020	
Ramona Duguid	Executive Director of Strategy until 31 March 2020 and Interim Executive Director of Operations wef 1 April 2020		31/03/2021
Dean Oliver	Executive Director of Performance & Improvement on secondment from NHSE/I) and substantive Executive Director of Performance, Planning & Strategy wef 1 May 2021	01/04/2020	
David Allen	Non-Executive Director		
Malcom Cook	Non-Executive Director		31/12/2020
Mark Cullinan	Non-Executive Director	23/11/2021	
Philip Kane	Non-Executive Director	01/05/2021	
George Liston	Non-Executive Director		30/09/2021
Susan McKenna	Non-Executive Director		
Louise Nelson	Non-Executive Director		
Jeff O' Neill	Non-Executive Director		30/09/2021

1.7. Director Appointments and changes during the year

The Trust welcomed Peter Scott as its Interim Chair on 1 April 2020 and said goodbye to Professor John Howarth, Executive Director of Strategy, on 31 August 2020.

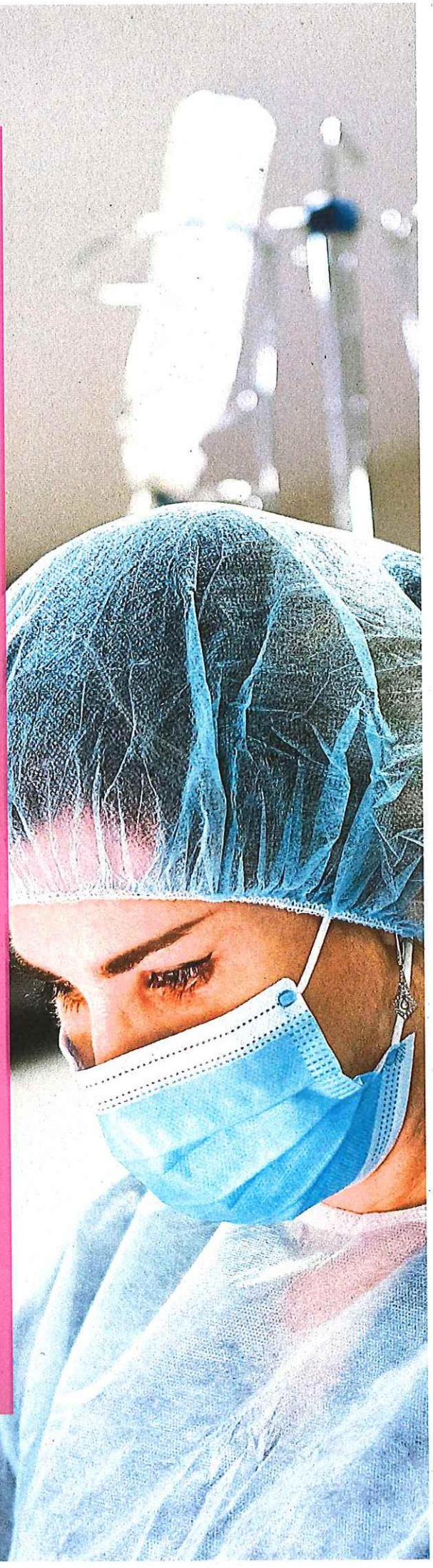
Mandy Nagra, Executive Chief Operating Officer, had been on secondment to NHSE/I from 1 January 2020 and then took up a new post in the NHS on 27 January 2021. Ramona Duguid took up the role of Interim Executive Director of Operations from 1 April 2020 and held this post until she left the Trust on 31 March 2021. Mrs Duguid had previously been Executive Director of Strategy.

Rod Harpin was appointed Interim Executive Medical Director from 1 April 2020 having previously held the post substantively until 31 May 2019.

Anna Stabler, Executive Chief Nurse, took her well earned retirement on 31 May 2021 and Jill Foster joined the Trust as Interim Executive Chief Nurse from 1 April 2021.

Justine Steele took up post as Executive of People and Organisational Development on 4 May 2020 whilst Dean Oliver joined the Trust on 1 April 2020 as Interim Executive Director of Performance & Improvement on secondment from NHSE/I. He was subsequently appointed to the substantive role of Executive Director of Performance, Planning & Strategy wef 1 May 2021.

The Trust saw the departure of four of its long serving Non Executive Directors: Malcom Cook (31 December 2020), George Liston (30 September 2021), Lousie Nelson (30 September 2021) and Jeff O'Neill (30 September 2021). The following new Non Executives were appointed to the Board: Philip Kane (1 May 2021), Celia Weldon (1 October 2021) and Mark Cullinan (23 November 2021).



1.8. Trustees

The Charity's trustee has delegated its powers and functions to the Charitable Funds Committee. The Charitable Funds Committee administer the funds held in trust by the Charity in accordance with any statutory or other legal requirements or best practice required by the Charities Commission on behalf of the Corporate Trustee.

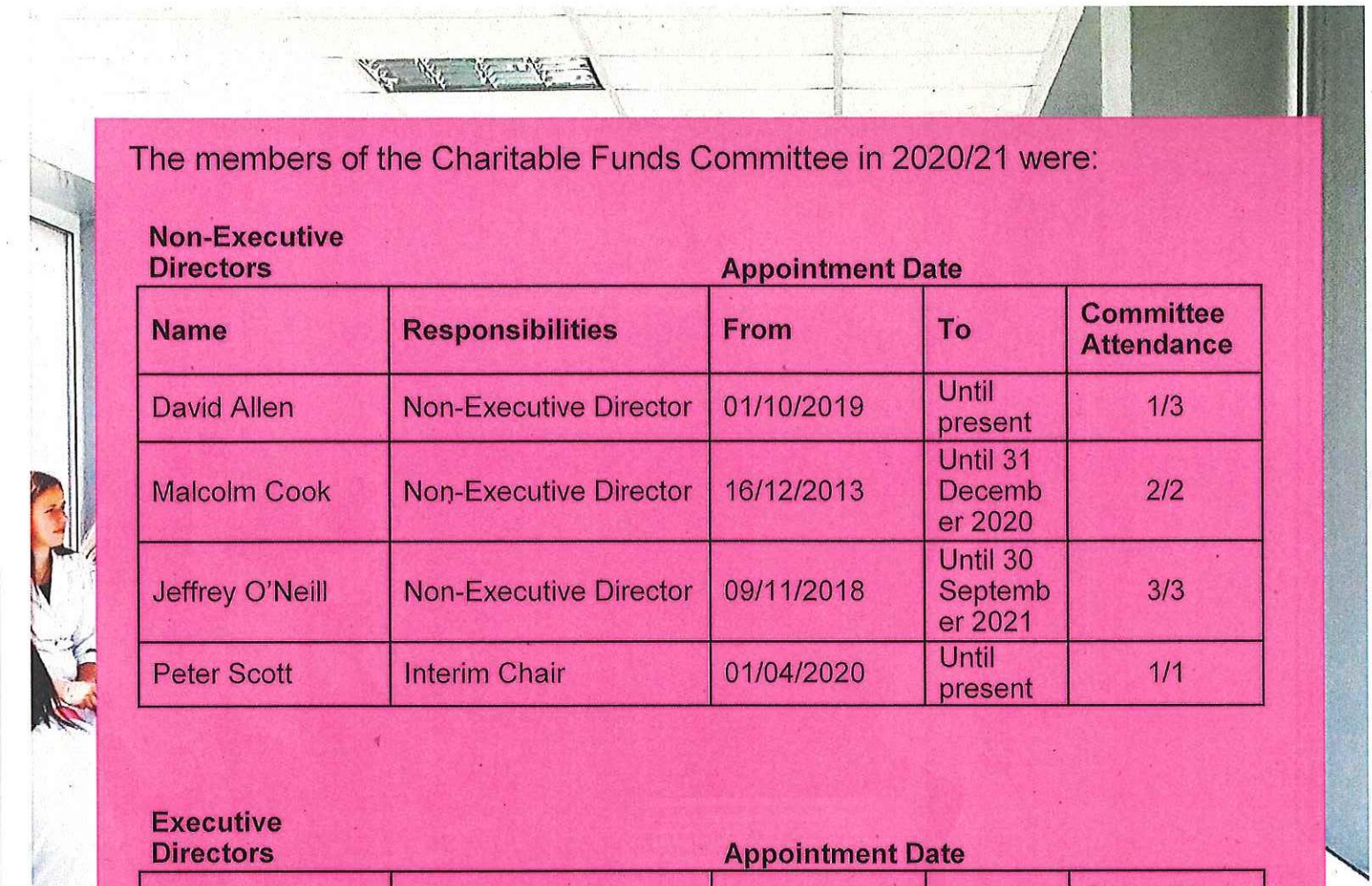
The affairs of the Charity are conducted at quarterly Charitable Funds sub-committee meetings, with a report of the meetings presented to the Trust Board.

The Charitable Funds Committee is responsible for the overall management of the charitable fund. The Committee is required to:

- Control, manage and monitor the use of the fund's resources.
- Provide support, guidance and encouragement for all its income raising activities whilst managing and monitoring the receipt of all income.
- Ensure that the approved Investment Policy by the NHS Foundation Trust Board as Corporate Trustee is adhered to and that performance is continually reviewed whilst being aware of ethical considerations.
- Keep the Trust Board fully informed on the activity, performance and risks of the Charity.
- The Executive Director of Finance is the responsible executive officer. The accounting records and the day to day administration of the funds are dealt with by the Trust's Finance Department located at the Charity's registered address above.

Governance is maintained by various policies and procedures, in particular the Charitable Fund's Governing Document. Members of the Charitable Funds Committee are not individual trustees under Charity Law but act as agents on behalf of the Corporate Trustee.





The members of the Charitable Funds Committee in 2020/21 were:

Non-Executive Directors — **Appointment Date**

Name	Responsibilities	From	To	Committee Attendance
David Allen	Non-Executive Director	01/10/2019	Until present	1/3
Malcolm Cook	Non-Executive Director	16/12/2013	Until 31 December 2020	2/2
Jeffrey O'Neill	Non-Executive Director	09/11/2018	Until 30 September 2021	3/3
Peter Scott	Interim Chair	01/04/2020	Until present	1/1

Executive Directors — **Appointment Date**

Name	Responsibilities	From	To	Committee Attendance*
Michael Smillie	Executive Director of Finance, Estates & Digital Healthcare	19/04/2018	Until Present	3/3
Anna Stabler	Executive Chief Nurse	01/01/2020	Until 31 May 2021	2/3

* Attendance includes where the Executive Director has been represented at the meeting by their Deputy Director

Medical Representatives — **Appointment Date**

Name	Responsibilities	From	To	Committee Attendance
Fiona Dallas	Clinical Representative	01/07/2010	Until Present	3/3

Nursing Representative — **Appointment Date**

Name	Responsibilities	From	To	Committee Attendance
Richard Heaton	Nursing Representative	N/a	N/a	1/3

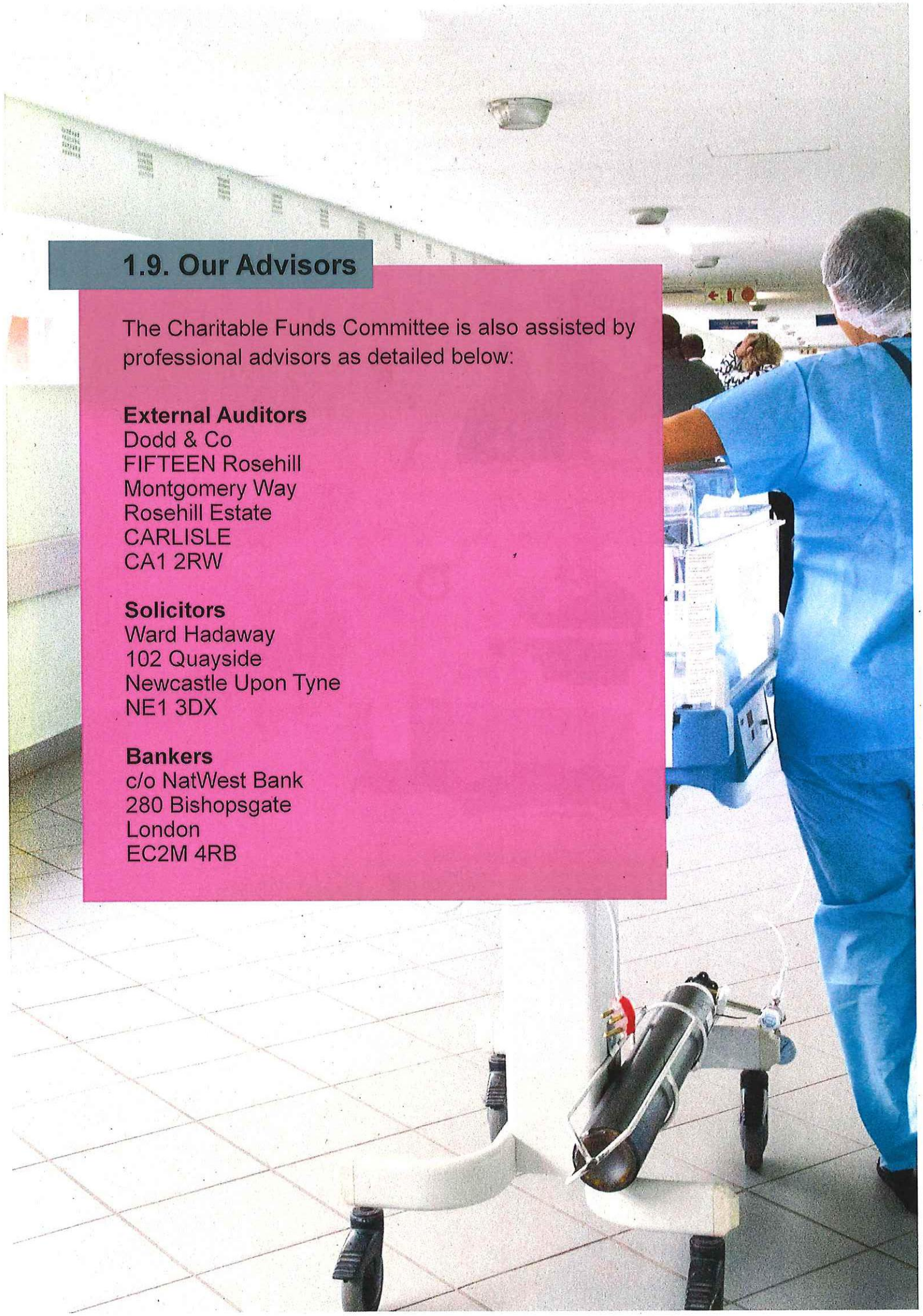
1.9. Our Advisors

The Charitable Funds Committee is also assisted by professional advisors as detailed below:

External Auditors
Dodd & Co
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
CARLISLE
CA1 2RW

Solicitors
Ward Hadaway
102 Quayside
Newcastle Upon Tyne
NE1 3DX

Bankers
c/o NatWest Bank
280 Bishopsgate
London
EC2M 4RB



2. How we responded to the Covid -19 Pandemic

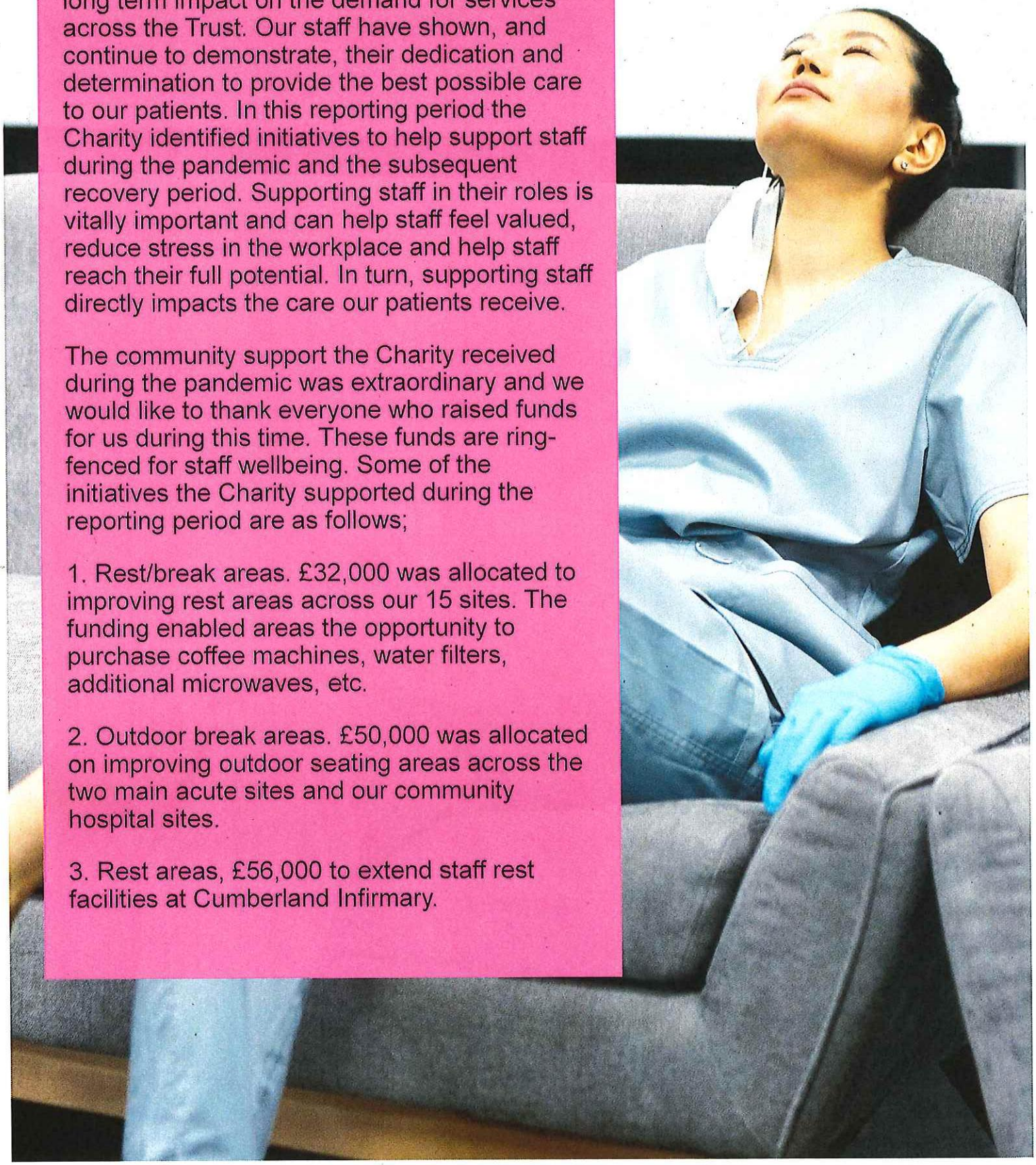
The Covid-19 Pandemic put a strain on the Trust's resources and is continuing to have a long term impact on the demand for services across the Trust. Our staff have shown, and continue to demonstrate, their dedication and determination to provide the best possible care to our patients. In this reporting period the Charity identified initiatives to help support staff during the pandemic and the subsequent recovery period. Supporting staff in their roles is vitally important and can help staff feel valued, reduce stress in the workplace and help staff reach their full potential. In turn, supporting staff directly impacts the care our patients receive.

The community support the Charity received during the pandemic was extraordinary and we would like to thank everyone who raised funds for us during this time. These funds are ring-fenced for staff wellbeing. Some of the initiatives the Charity supported during the reporting period are as follows;

1. Rest/break areas. £32,000 was allocated to improving rest areas across our 15 sites. The funding enabled areas the opportunity to purchase coffee machines, water filters, additional microwaves, etc.

2. Outdoor break areas. £50,000 was allocated on improving outdoor seating areas across the two main acute sites and our community hospital sites.

3. Rest areas, £56,000 to extend staff rest facilities at Cumberland Infirmary.



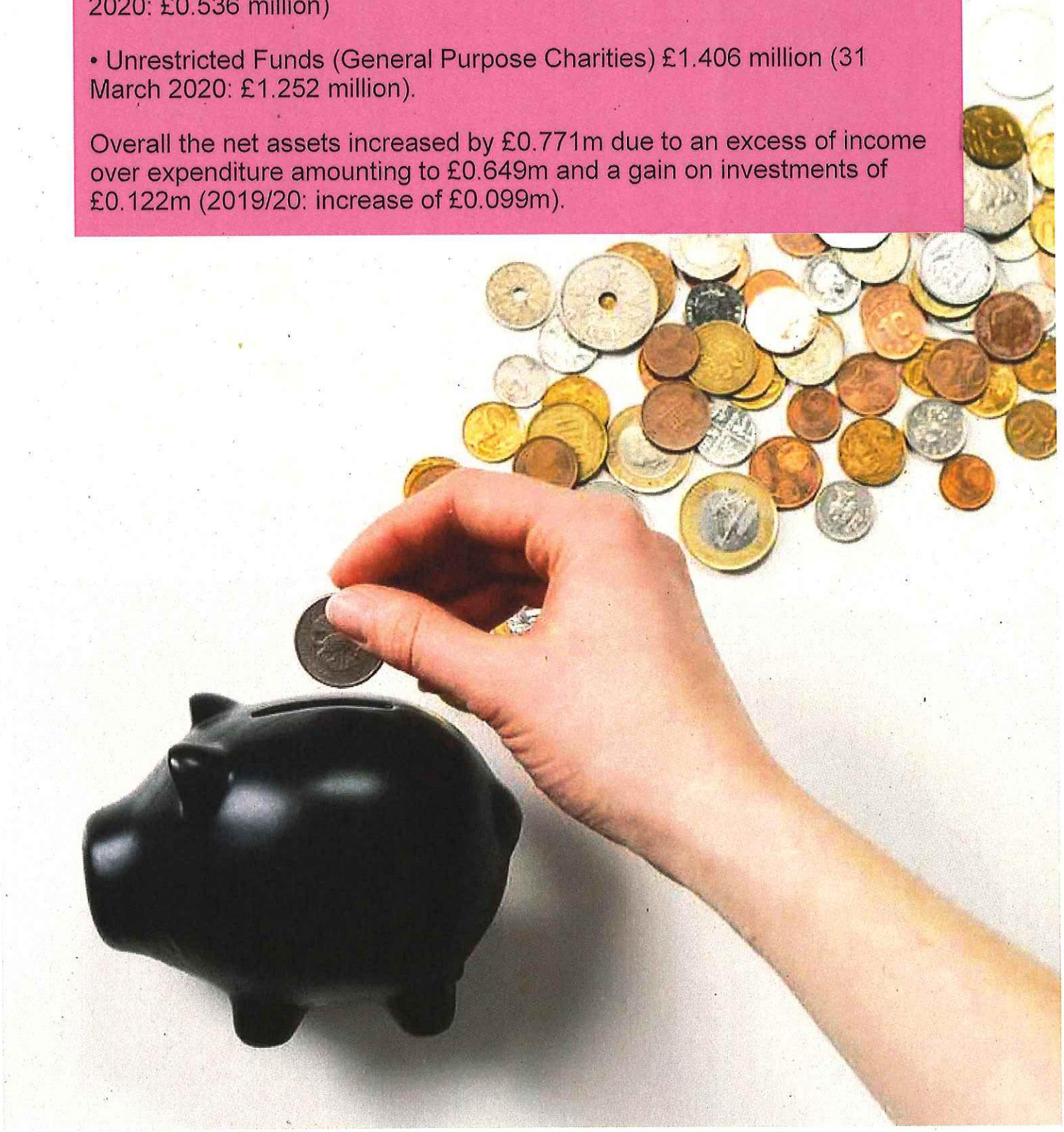
3. How we funded our work, our achievements and our performance

The total net assets of the Charity as at 31 March 2021 of £2.559 million (31 March 2020: £1.788 million) are divided as follows:

• Restricted Funds (Special Purpose Charities) £1.153million (31 March 2020: £0.536 million)

• Unrestricted Funds (General Purpose Charities) £1.406 million (31 March 2020: £1.252 million).

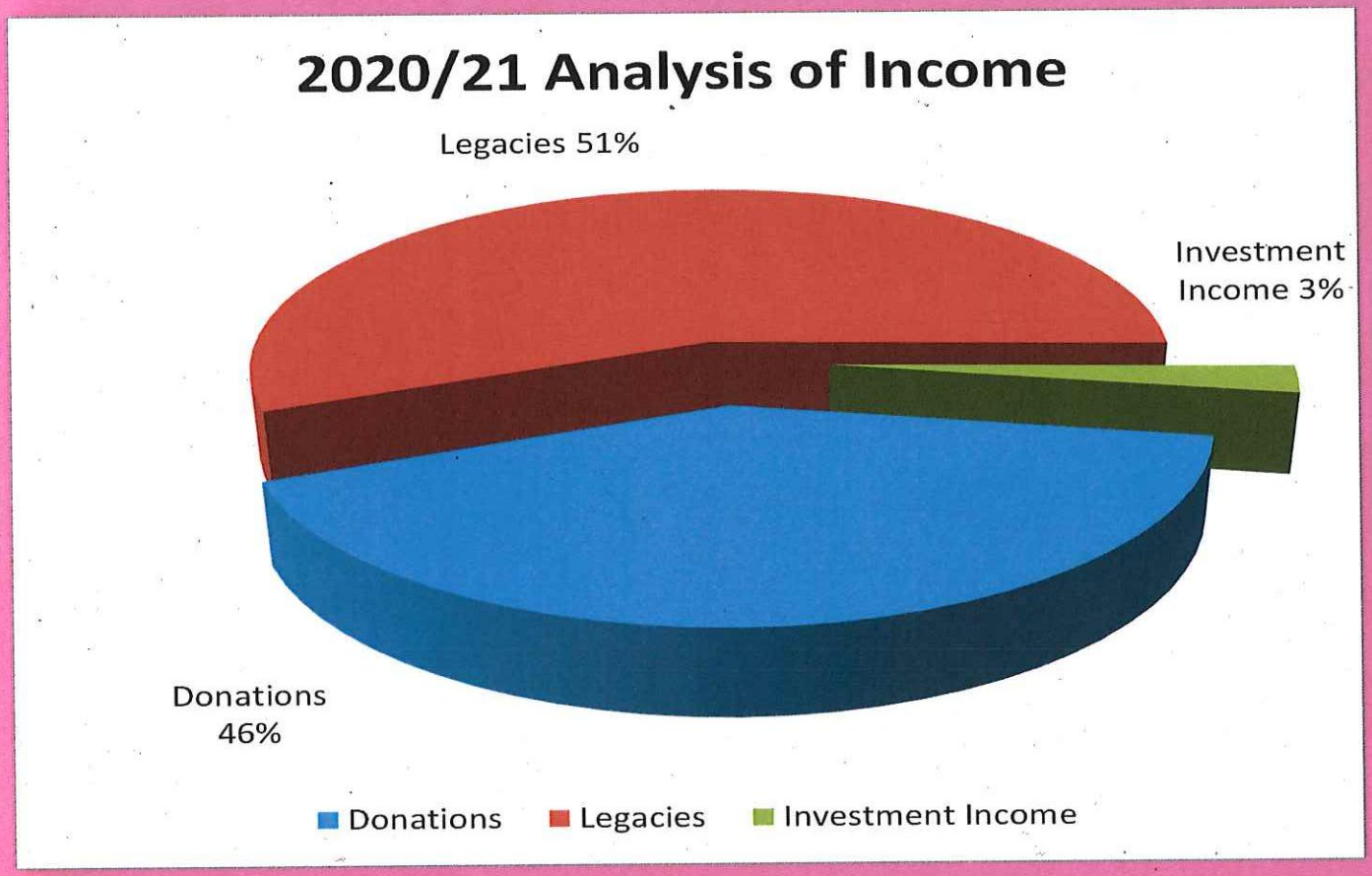
Overall the net assets increased by £0.771m due to an excess of income over expenditure amounting to £0.649m and a gain on investments of £0.122m (2019/20: increase of £0.099m).



3.1. Money received

The Charity has been overwhelmed by the generosity of the public during the Covid-19 pandemic. As well as public donations it has been able to access funds from NHS Charities Together (also known as the Captain Tom monies).

The following graph illustrates the breakdown of the total income received in the 2020/21 financial year.



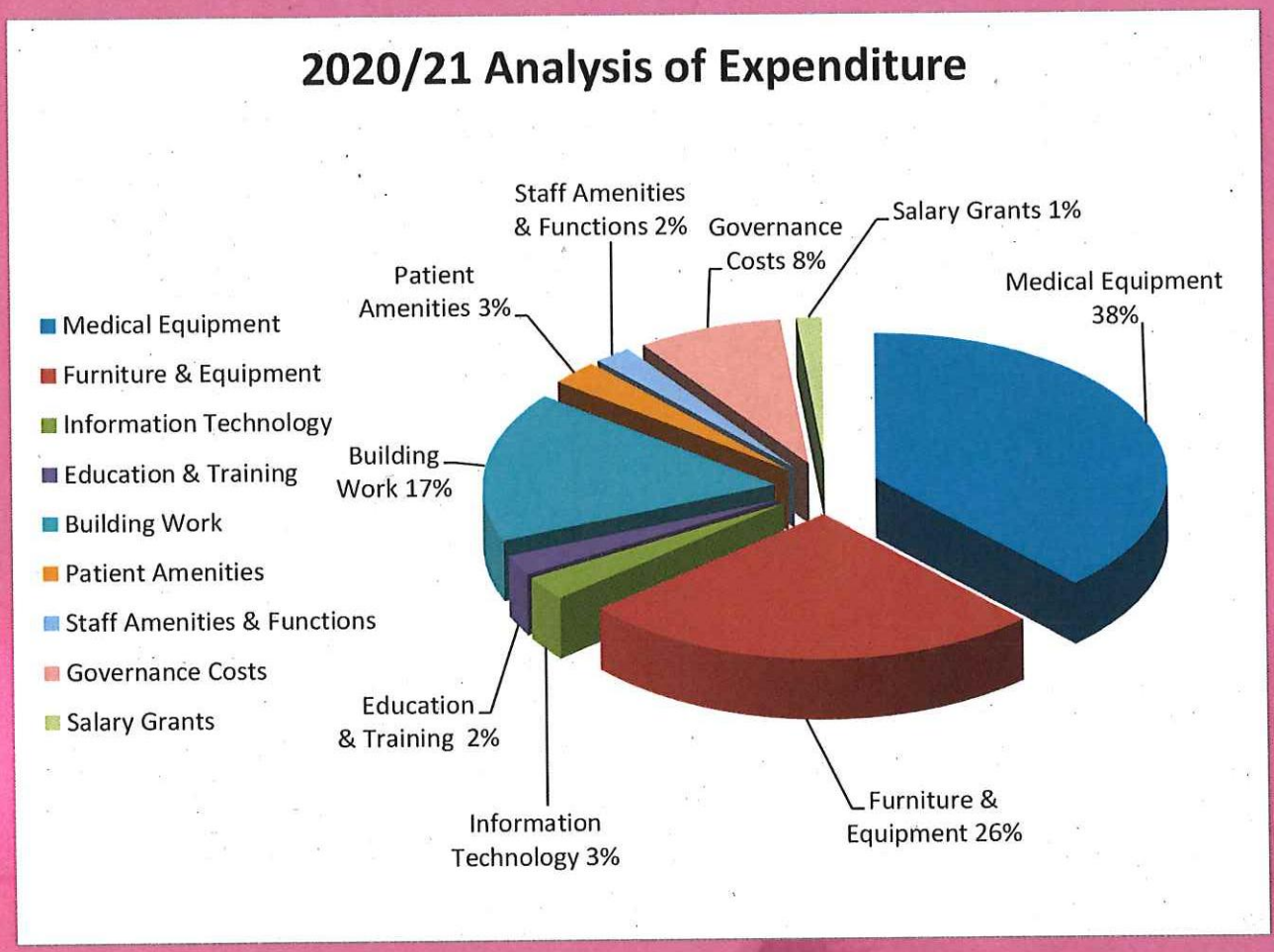
The total value of donations received in 2020/21 was £464k (2019/20: £333k) of which £271k was from individuals (2019/20: £167k) and £193k from companies (2019/20: £166k). This included £178k from NHS Charities Together.
The value of legacies in 2020/21 was £632k (2019/20: £38k). Listed below are the legacies received or notified to the Charity between 1 April 2020 and 31 March 2021 and the areas that have benefitted:

Ruth Parsley	CIC Children's Fund
John Tinnion	WCH Coronary Fund
Leo Duffy	Henderson Suite
Deryck Peter Mynell Gummer	The Heart Centre
Leonard Atkinson	WCH Medical Equipment Fund

Investment income was £27k in 2020/21 (2019/20: £30k).

3.2. Money spent

Of the total expenditure of £475k in 2020/21 (2019/20: £284k), expenditure on direct charitable activity was £436k (2019/20: £245k) spent across a range of programmes from building works to medical equipment. The monies spent were used to purchase additional goods and services not normally provided by, or in addition to, the normal NHS service that benefit staff and patients.





Patient Care Equipment and Grants

In 2020/21 grants totalling £402k were made relating to medical and surgical equipment, furniture, information technology equipment and minor building works, (2019/20: £146k). These grants are used for improvement in the quality of care and comfort of patients by the provision of services or facilities not normally provided by, or in addition to, the normal NHS service.

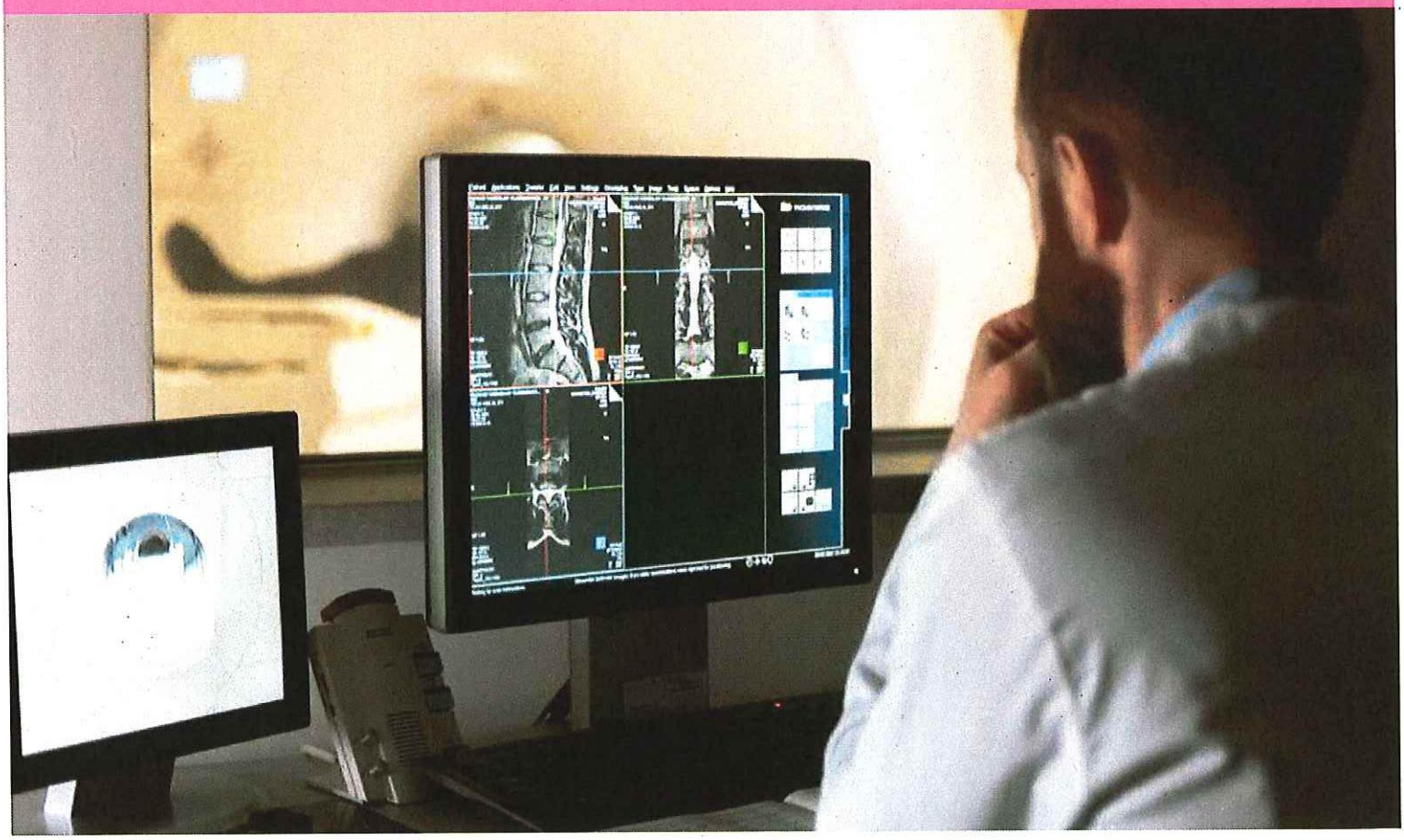
Key items purchased by the Charity in 2020/21 were as follows:

£61,118.68	Endobronchial Ultrasound processor	Respiratory Services
£58,000.00	Fibroscan & scopes	Endoscopy
£24,986.00	Breastboards	Radiotherapy

In addition, improvements to staff rest areas and the purchase of outdoor furniture using NHS Charities Together funding were also agreed.

Patients Welfare and Amenities

During 2020/21, grants totalling £13k (2019/20: £25k) were awarded to help improve the quality of care received by patients through the provision of equipment, services and facilities not normally provided for, or in addition to, the normal NHS service. The grants included support towards the Healing Arts programme.



Staff Education and Training

In 2020/21 grants totalling £11k (2019/20: £65k) were made to enable staff to attend health related courses, conferences and books to further develop their clinical knowledge and skills.

Staff Welfare and Amenities

The grants given for staff welfare and amenities in 2020/21 amounted to £3k (2019/20: £9k). The staff welfare and amenities included a grant to fund healthy treats for staff which help to strengthen the staff's morale and their capacity to serve patients well.

Salary Grants

Salary grants of £7k were awarded in 2020/21 (2019/20:nil) to support the Healing Arts programme.

A Big Thank You

On behalf of the patients and staff who have benefitted from improved services and facilities as a result of the many donations and legacies received, the Corporate Trustee would like to thank all our donors for the generous support over the past year.



4. Our Future Plans

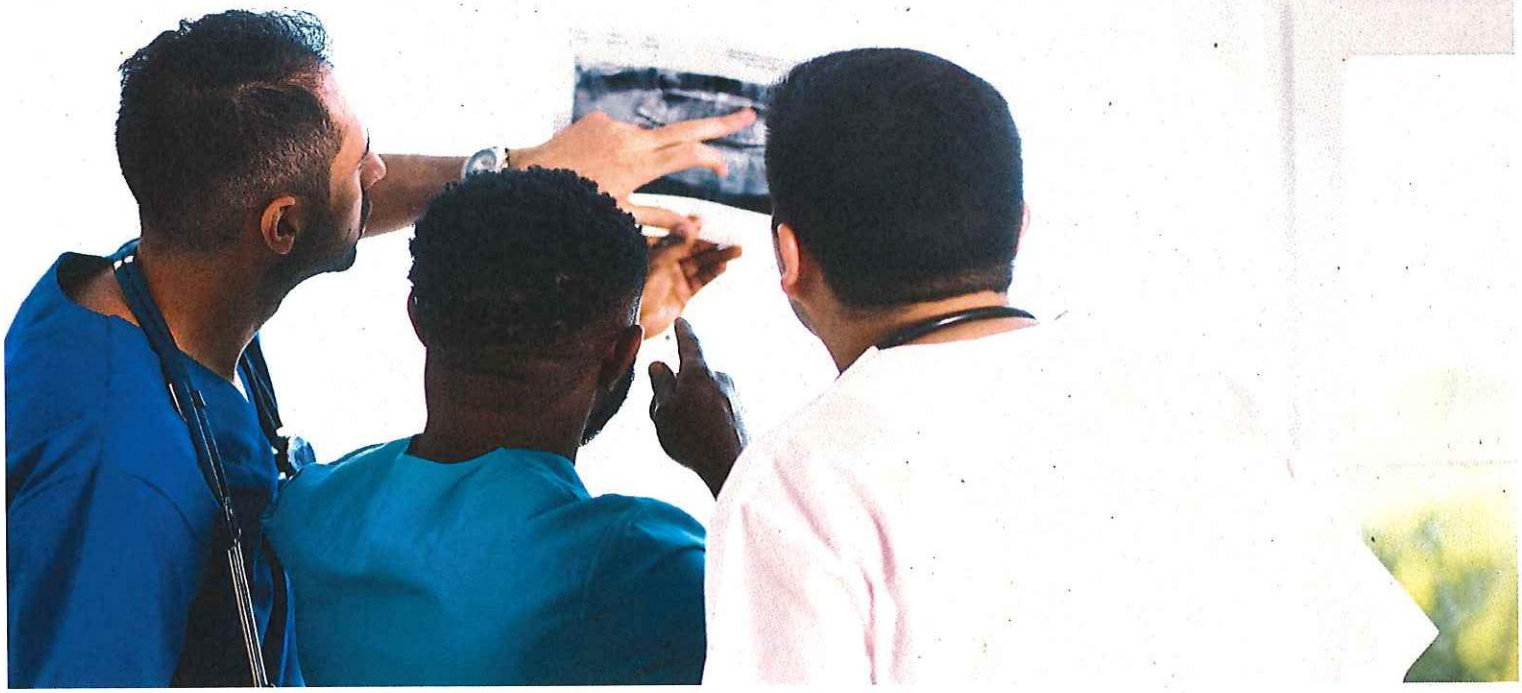
The plan for 2021/22 is to work on enhancing the profile of the Charity so that we can maintain and expand services that enrich patient experience and services in the Cumberland Infirmary and West Cumberland Hospital. Over the next year the Charity's focus is going to be on;

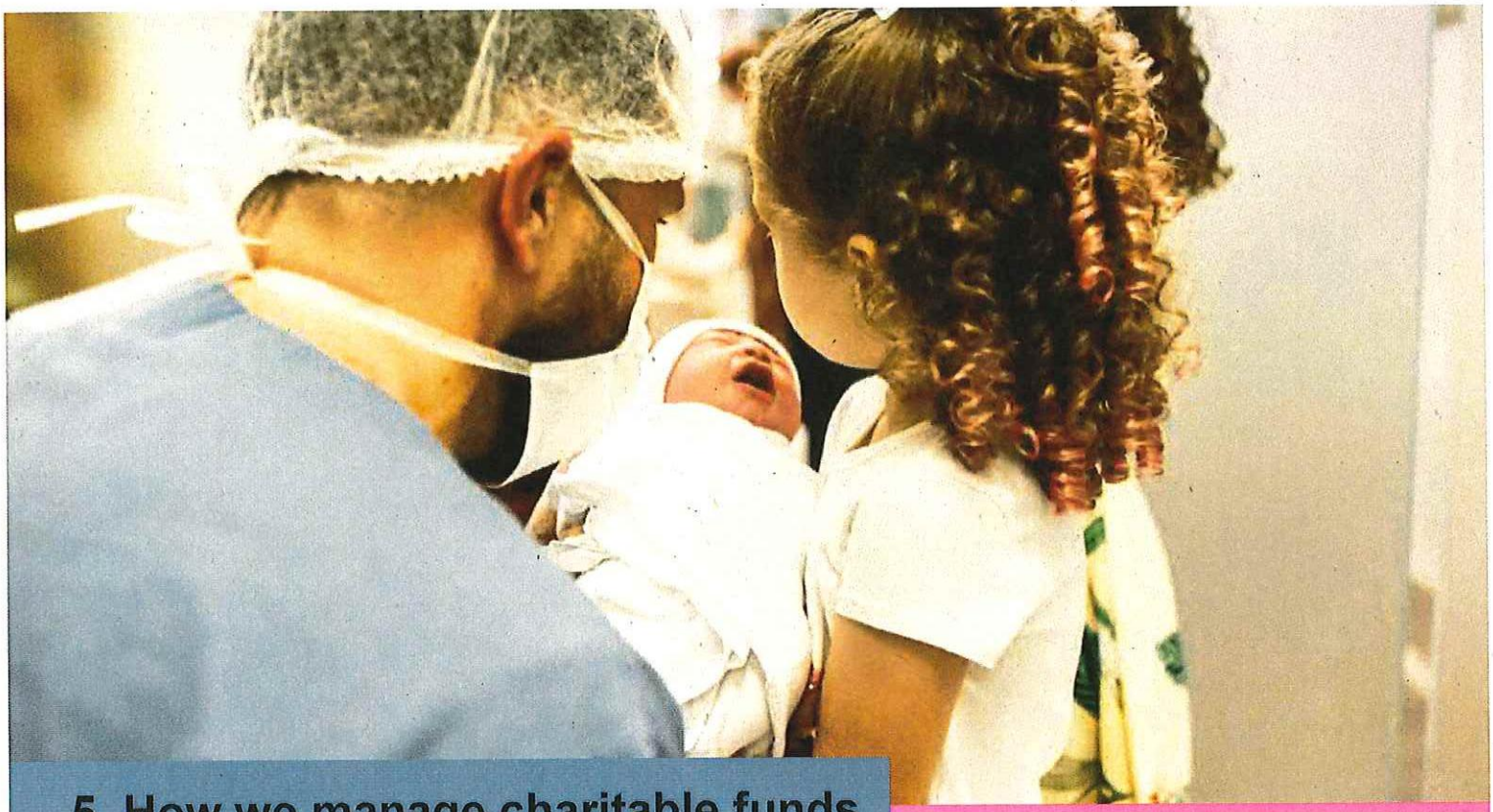
- Raising the profile of the Charity
- Increasing fundraising activity, events and grant income
- Improving staff and corporate engagement with charitable activity
- Advance communication with donors

With the Charity focusing on increasing awareness, donations, public engagement and grant funding it is anticipated that the Charity will see an increase in incomes and be able support projects that help:

- Support staff wellbeing
- Recovery from Covid-19
- Improve patient care

For example, the Charity is preparing a grant bid to Charities Together to help support staff recovery from the Covid-19 pandemic. If the bid is successful NCUH Charitable Fund will support staff to identify those who require mental health support and give staff the confidence to give their colleagues assistance. It is anticipated that this training will help aid recovery as staff who are struggling will receive earlier intervention. There is also a programme of anxiety and stress reduction initiatives planned to be delivered by Healing Arts if the bid is successful.





5. How we manage charitable funds

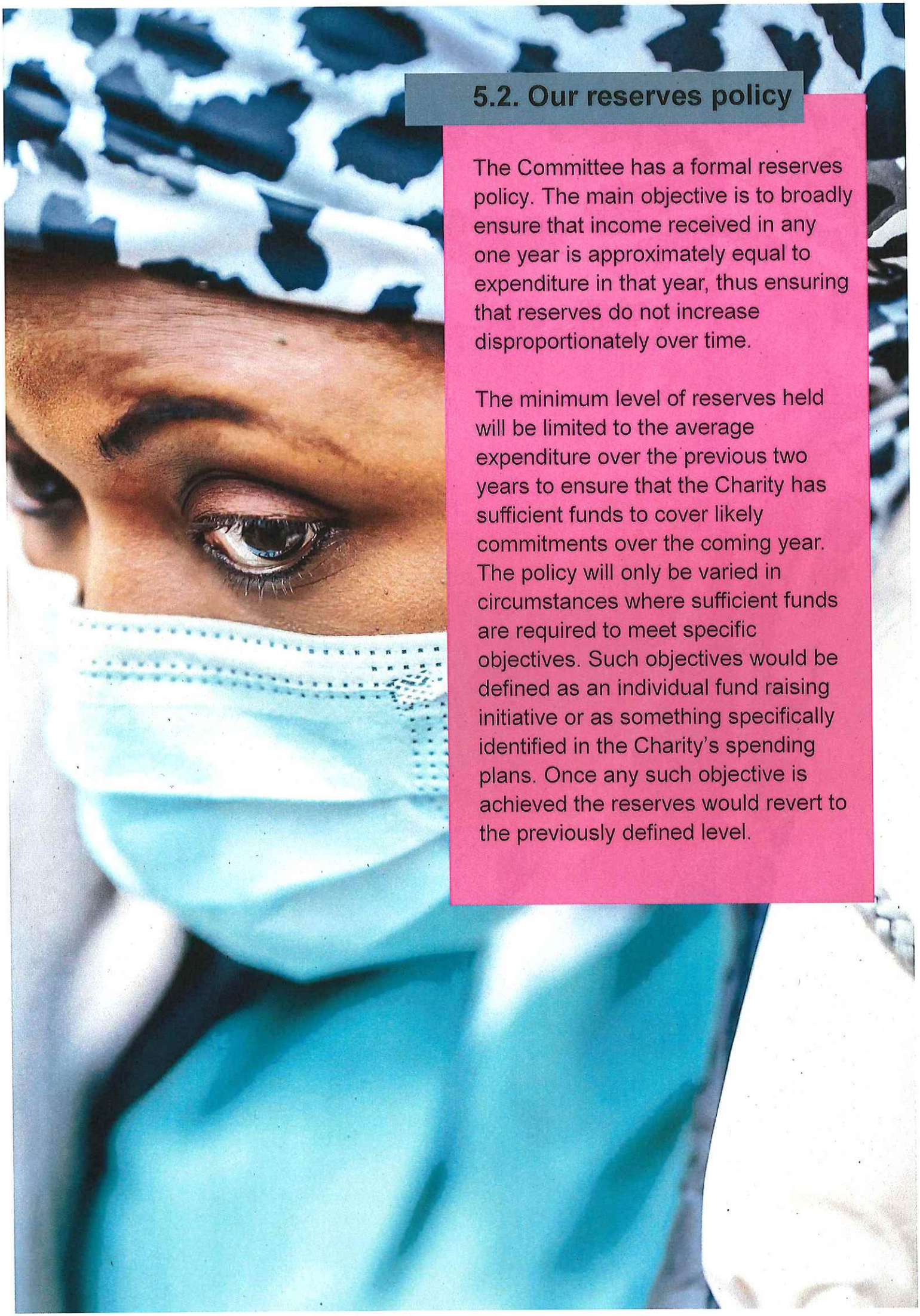
5.1. Our grant making policy

The Charitable Funds Committee has established its grant making policy to achieve its objectives for the public benefit to improve patient care for NHS patients. All grants made during the year were made to North Cumbria Integrated Care NHS Foundation Trust.

The Committee follows a policy of delegation of decision making on grants to hospital managers, who in turn designate fund managers as appropriate. In this way the Trust Board seeks to maximise the input of medical, nursing and other patient care staff in the utilisation of funds and to manage the corporate trusteeship within the schemes of delegation of the corporate body. Unrestricted General Purpose Funds are managed by Executive Directors who make decisions on grant making related to their sphere of responsibility. The Charitable Funds Committee monitors income and grant making.

- Fund managers are able to authorise grants up to the value of £5,000.
- For grants between £5,000 and £20,000, approval is required from both the fund manager and the Chief Executive or the Executive Director of Finance, Estates & Digital Healthcare.
- For expenditure of over £20,000 the approval of the Trustee is required.

Policy guidelines have been approved by the Trustee and have been circulated to all staff members involved in the administration of Charitable Funds. These Policy guidelines are reviewed periodically by the Charitable Funds Committee.



5.2. Our reserves policy

The Committee has a formal reserves policy. The main objective is to broadly ensure that income received in any one year is approximately equal to expenditure in that year, thus ensuring that reserves do not increase disproportionately over time.

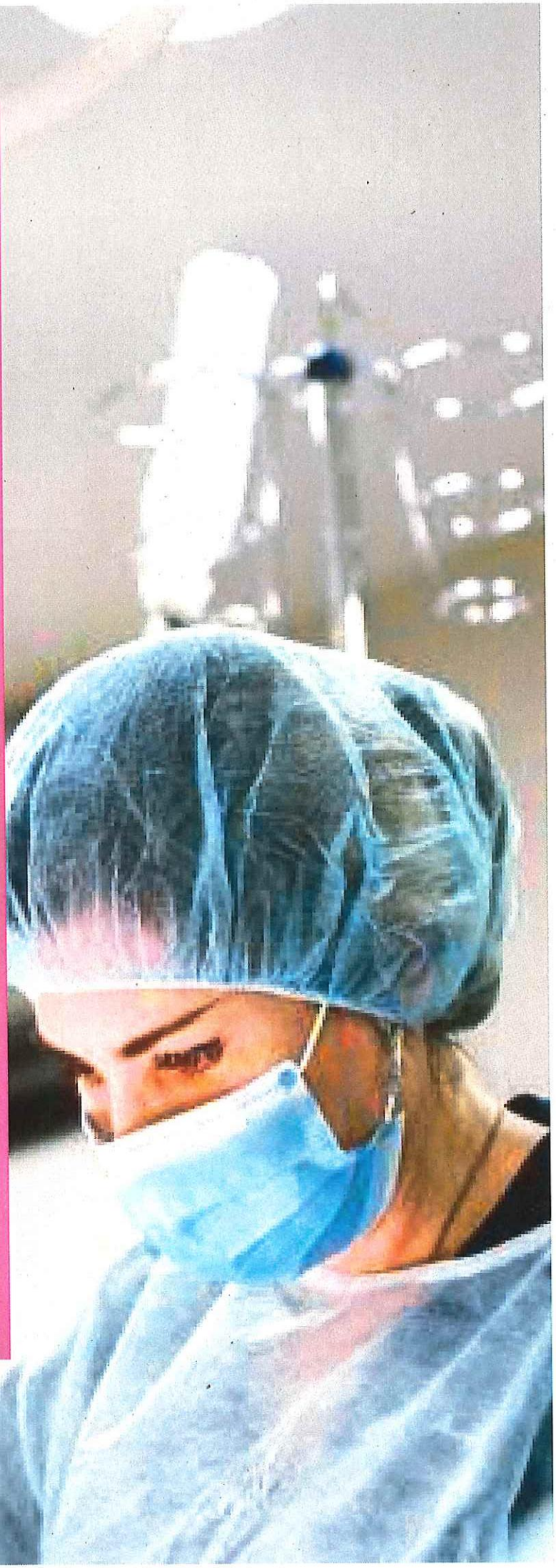
The minimum level of reserves held will be limited to the average expenditure over the previous two years to ensure that the Charity has sufficient funds to cover likely commitments over the coming year. The policy will only be varied in circumstances where sufficient funds are required to meet specific objectives. Such objectives would be defined as an individual fund raising initiative or as something specifically identified in the Charity's spending plans. Once any such objective is achieved the reserves would revert to the previously defined level.

5.3. Our funds

North Cumbria University Hospitals Charitable Fund is an Umbrella Charity governed by Trust Deed, which comprises one unrestricted fund, one restricted fund and seven restricted funds for special purposes.

Unrestricted General Purpose Funds
The Trustee has discretion to apply these funds for any purpose within the objects of the Charity. However, the Trustee has adopted a policy of designating funds within the unrestricted general funds in order to respect the wishes of the donors wherever possible. All general purpose funds which are not designated like this are recorded as General Funds, still under the unrestricted funds umbrella, and are spent as far as possible in the optimum way to further the wider objectives of the Charity.

Restricted Funds
In January 2018 the Charitable Funds Committee approved that the Healing Arts Funds could become a restricted fund in order to support applications for grants and external funding. A new restricted fund has been established in March 2021 to hold the funds for medical equipment at West Cumberland Hospital gifted to the Charity by the late Leonard Atkinson.



Restricted Funds - Special Purpose Charities

Registered under the Charitable Fund, North Cumbria University Hospitals Charitable Fund has seven separate NHS Special Purpose Charities. These share the same registered charity number as the Charitable Fund, but they are separate entities. They are all registered with the Charity Commission and their relationship with the umbrella charity is recorded. They are governed by a Declaration of Trust. Their income can only be used for the purposes shown in their registration documents and they are listed below:

1. Carlisle Hospitals' Radiotherapy Fund
For any charitable purpose or purposes connected with the Radiotherapy Department at the Cumberland Infirmary.

2. Carlisle Hospitals' CT Scanner Fund
For the relief of sickness by the provision and maintenance of a Computed Tomography Scanner for use at the Cumberland Infirmary.

3. Carlisle Hospitals' Children Fund
For the relief of sickness of children who are or have been treated principally (but not exclusively) at the Cumberland Infirmary.

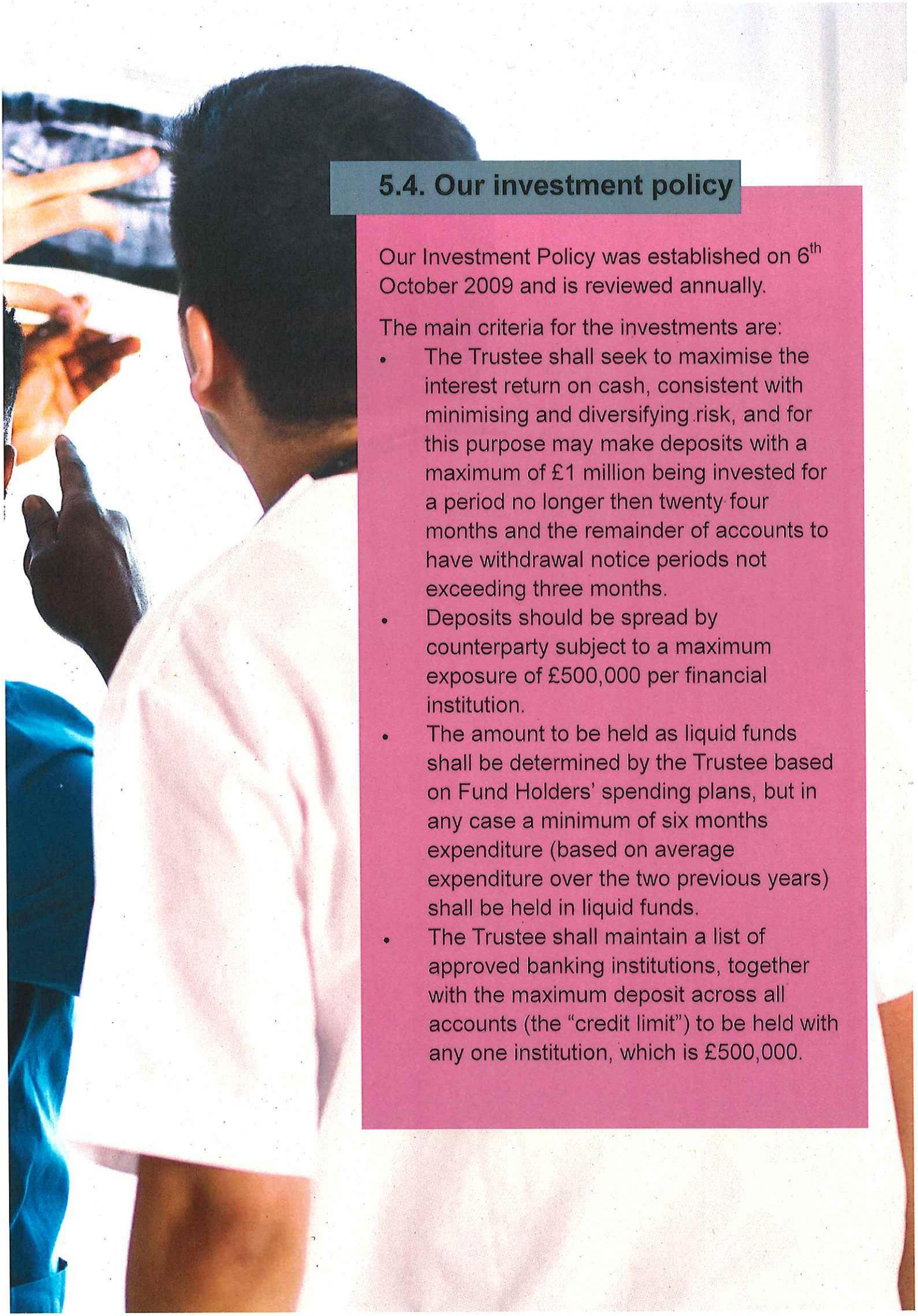
4. North Cumbria Acute Hospitals' Cancer Fund
For any charitable purpose or purposes, principally (but not exclusively) in connection with the services provided by North Cumbria University Hospitals NHS Trust which will further the following aims:

a. the investigation of the causes of cancer and the prevention, treatment, cure and defeat of cancer in all its forms;
b. the advancement of scientific and medical education and research in topics related to cancer provided the useful results of such research must be published;
c. the furtherance of any other charitable purposes for the relief of persons suffering from cancer.

5. Carlisle Hospitals' Breast Cancer Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of breast cancer principally (but not exclusively) at the Cumberland Infirmary.

6. Carlisle Hospitals' Cardiology Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the heart principally (but not exclusively) at the Cumberland Infirmary.

7. Carlisle Hospitals' Renal Fund
For any charitable purpose or purposes connected with the prevention, diagnosis or treatment of disorders of the kidneys principally (but not exclusively) at the Cumberland Infirmary.



5.4. Our investment policy

Our Investment Policy was established on 6th October 2009 and is reviewed annually.

The main criteria for the investments are:

- The Trustee shall seek to maximise the interest return on cash, consistent with minimising and diversifying risk, and for this purpose may make deposits with a maximum of £1 million being invested for a period no longer then twenty four months and the remainder of accounts to have withdrawal notice periods not exceeding three months.
- Deposits should be spread by counterparty subject to a maximum exposure of £500,000 per financial institution.
- The amount to be held as liquid funds shall be determined by the Trustee based on Fund Holders' spending plans, but in any case a minimum of six months expenditure (based on average expenditure over the two previous years) shall be held in liquid funds.
- The Trustee shall maintain a list of approved banking institutions, together with the maximum deposit across all accounts (the "credit limit") to be held with any one institution, which is £500,000.

6. Risk management

The Charity operates under the corporate controls assurance policies and procedures of the NHS Foundation Trust as part of its governance arrangements. The Trust has put in place as part of its risk management strategy both a risk register and a framework for the identification and minimisation of risk. The risk register for Charitable Funds is part of the Corporate Register as the Trust is the Corporate Trustee.



Income and expenditure is monitored in total to ensure that both pending and firm financial commitments remain in line with income to avoid unforeseen calls on reserves. All expenditure is committed against funds by the appointed Fund Holders and this expenditure is applied in line with the objects of the Charity. This expenditure is then authorised according to the Trust's Standing Financial Instructions, Standing Orders and Charitable Fund Procedures that also comply with Charity Law. All funds are checked before a payment is made to ensure that there is money available to meet expenditure. Income and expenditure statements are sent to the individuals authorised as Fund Holders on a monthly basis. The Trustees are presented with a statement of income and expenditure and fund balances at every Committee Meeting for assurance.



The Charity benefits from the independent reviews and audits undertaken by both internal and external audit, reports from which are presented to the Trustee. The action points from such reports are applied and monitored on behalf of the Charity by the Trust's Finance Department. Audit testing in recent years has not identified any significant financial or other losses.

7. Statement of trustee's responsibilities in respect of the trustees annual report and accounts

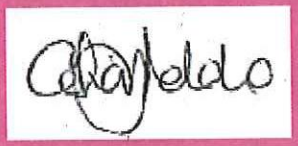
Under charity law, the trustees are responsible for preparing the trustees' annual report and accounts for each financial year which show a true and fair view of the state of affairs of the Charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the trustees:

- Select suitable accounting policies and then apply them consistently
- Make judgments and estimates that are reasonable and prudent
- State whether the recommendations of the SORP have been followed, subject to any material departures disclosed and explained in the financial statements
- State whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue its activities.

The trustees are required to act in accordance with the trust deed and the rules of the Charity, within the framework of trust law. The trustees are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the Charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by the trustees under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The trustees have general responsibility for taking such steps as are reasonably open to the trustees to safeguard the assets of the Charity and to prevent and detect fraud and other irregularities.

Approved by the Audit & Risk Committee on behalf of the Corporate Trustee on 1 December 2021 and signed on their behalf by:



Celia Weldon

Chair of the Audit & Risk Committee

INDEPENDENT AUDITOR'S REPORT TO THE CORPORATE TRUSTEE OF NORTH CUMBRIA UNIVERSITY HOSPITALS CHARITABLE FUND

Opinion

We have audited the financial statements of North Cumbria University Hospitals Charitable Fund (the 'charity') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

•give a true and fair view of the state of the charity's affairs as at 31 March 2021, and of its incoming resources and application of resources, for the year then ended;

•have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

•have been prepared in accordance with the requirements of the *Charities Act* 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustee's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least 12 months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustee is responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the *Charities (Accounts and Reports) Regulations 2008* requires us to report to you if, in our opinion:

•the information given in the financial statements is inconsistent in any material respect with the trustees' report;

•sufficient accounting records have not been kept;

•the financial statements are not in agreement with the accounting records and returns; or

•we have not received all the information and explanations we require for our audit.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatements, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material, if individually or in aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditresponsibilities. This description forms part of our auditor's report.

Responsibilities of trustee

As explained more fully in the Trustees' Responsibilities Statement the trustee is responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the trustee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustee is responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustee either intends to liquidate the company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, and then design and perform audit procedures responsive to those risks, including obtaining audit evidence that is sufficient and appropriate to provide a basis for our opinion.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, we considered the following:

- the nature of the industry and sector, control environment and charity's performance;
- results of our enquiries of management about their own identification and assessment of the risks of irregularities;
- any matters we identified having obtained and reviewed the charity's documentation of their:

  - policies and procedures relating to:
  - identifying, evaluating and complying with laws and regulations and whether they are aware of any instances of non-compliance;
  - detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected or alleged fraud;
  - the internal controls established to mitigate risks of fraud or non-compliance with laws and regulations;

- The matters discussed among the audit team regarding how and where fraud might occur in the financial statements and any potential indicators of fraud.

As a result of these procedures, we considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud to be in relation to revenue recognition and management override which, in common with all audits under ISAs (UK), we are required to perform specific procedures to respond to this risk.

We also obtained an understanding of the legal and regulatory framework that the charity operates in, focusing on provisions of those laws and regulations that had a direct effect on the determination of material amounts and disclosures in the financial statements. The key laws and regulations we considered in this context was the Charities Act.

As a result of performing the above, in response to the risks identified, we did not identify any key audit matters related to the potential risk of fraud or non-compliance with laws and regulations. In addition to the above, our procedures to respond to risks identified included the following:

- reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements;
- enquiring of management concerning actual and potential litigation and claims;
- performing analytical procedures to identify any unusual or unexpected relationships that may indicate risks of material misstatement due to fraud;
- reading minutes of meetings of those charged with governance, and
- in addressing the risk of fraud through management override of controls, testing the appropriateness of journal entries and other adjustments; assessing whether the judgements made in making accounting estimates are indicative of a potential bias; and evaluating the business rationale of any significant transactions that are unusual or outside the normal course of the charity's work.

We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

Use of our report

This report is made solely to the charity's trustee, in accordance with Part 4 of the *Charities (Accounts and Reports) Regulations* 2008. Our audit work has been undertaken so that we might state to the charity's trustee those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustee, for our audit work, for this report, or for the opinions we have formed.



Joanne Thomlinson FCA
Senior Statutory Auditor
For and on behalf of Dodd & Co Limited, Chartered Accountants & Registered Auditors
FIFTEEN Rosehill
Montgomery Way
Rosehill Estate
Carlisle
CA1 2RW

Date 8 December 2021

Statement of Financial Activities for the year ended 31 March 2021

	Note:	Unrestricted Funds £000	Restricted Funds £000	2020/21 Total Funds £000	Unrestricted Funds £000	Restricted Funds £000	2019/20 Total Funds £000
Incoming resources							
Donations, Legacies and similar resources							
Donations		429	35	**464**	286	47	**333**
Legacies		5	627	**632**	37	1	**38**
Total Donations and Legacies	2	434	662	**1,096**	323	48	**371**
Investment income	3	26	1	**27**	27	3	**30**
Total incoming resources		**460**	**663**	**1,123**	**350**	**51**	**401**
Resources expended							
Charitable activities	5	408	66	**474**	188	96	**284**
Raising Funds	4	0	0	**0**	0	0	**0**
Total resources expended	5	**408**	**66**	**474**	**188**	**96**	**284**
Net gain/(loss) on investments	11	122	0	**122**	(19)	0	**(19)**
Net incoming/(outgoing) resources before Transfers		174	597	**771**	144	(45)	**99**
Gross transfer between funds		(20)	20	**0**	0	0	**0**
Net incoming/(outgoing) resources		154	617	**771**	144	(45)	**99**
Net movement in funds		**154**	**617**	**771**	**144**	**(45)**	**99**
Fund balances brought forward at 1 April		1,252	536	**1,788**	1,107	582	**1,689**
Total Fund Balances	15	**1,406**	**1,153**	**2,559**	**1,252**	**536**	**1,788**

The notes on pages 37 to 45 form part of these accounts.

Balance Sheet as at 31 March 2021

	Note:	Unrestricted Funds £000	Restricted Funds £000	Total at 31 March 2021 £000	Unrestricted Funds £000	Restricted Funds £000	Total at 31 March 2020 £000
Fixed Assets							
Investments	11	730	0	**730**	608	0	**608**
Total Fixed Assets		730	0	**730**	608	0	**608**
Current Assets							
Debtors	12	3	627	**630**	20	0	**20**
Cash and Cash Equivalents	13	966	558	**1,524**	664	543	**1,207**
Total Current Assets		969	1,185	**2,154**	684	543	**1,227**
Current Liabilities							
Creditors: Amounts falling due within one year	14	(293)	(32)	**(325)**	(40)	(7)	**(47)**
Net Current Assets/(Liabilities)		676	1,153	**1,829**	644	536	**1,180**
Total Assets less Current Liabilities		1,406	1,153	**2,559**	1,252	536	**1,788**
Total Net Assets		**1,406**	**1,153**	**2,559**	**1,252**	**536**	**1,788**
Funds of the Charity							
Income Funds:							
Restricted	15.1	0	1,153	**1,153**	0	536	**536**
Unrestricted	15.2	1,406	0	**1,406**	1,252	0	**1,252**
Total Funds		**1,406**	**1,153**	**2,559**	**1,252**	**536**	**1,788**

The notes on pages 37 to 45 form part of these accounts.

The financial statements were approved by the Audit & Risk Committee and authorised for issue on 1 December 2021

Signed: 

Name: Celia Weldon (Chair of Audit & Risk Committee)

Date: 1 December 2021

Cashflow for Year Ended 31 March 2021

		2020/21	2019/20
Cash flows from Operating Activities:			
Net Income/(Expenditure) for the reporting period as per Statement of Financial Activities		771	99
Adjustments for:			
Dividends & interest from investments	3	(27)	(30)
Unrealised profit on investments		(122)	19
(Increase)/decrease in Debtors	12	(610)	(8)
Increase/(decrease) in Creditors	14	278	(154)
Net Cash provided by (used in) Operating Activities		**290**	**(74)**
Cash flows from Investing Activities:			
Interest from Investments	3	27	30
Purchase of investments			
Net Cash provided by Investing Activities		**27**	**30**
Change in Cash and Cash Equivalents in the reporting period		317	(44)
Cash and Cash Equivalents at the beginning of the reporting period		1,207	1,251
Cash and Cash Equivalents at the end of the reporting period		**1,524**	**1,207**

Notes to the Accounts

1. Accounting Policies

1.1 Basis of Preparation

The financial statements have been prepared on a historic cost basis, with the exception of investments which are included at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice.

The trustees consider that there are no material uncertainties about the North Cumbria University Hospitals Charitable Funds' ability to continue as a going concern. Although the COVID-19 pandemic had some impact on the charity's income from donations this was offset by income from the NHS Charities Together national appeal and from legacies. There are no material uncertainties affecting the current year's accounts.

1.2 Funds structure

Where there is a legal restriction on the purpose to which a fund may be put, the fund is classified either as a restricted fund or an endowment fund. Restricted funds are those where the donor has provided for the donation to be spent in furtherance of a specific charitable purpose. Endowment funds arise when the donor has expressly provided that the gift is to be invested and only the income of the fund may be spent.

Those funds which are neither endowment nor restricted income funds are unrestricted income funds which can be analysed between designated (earmarked) funds where the trustees have set aside amounts to be used for specific purposes or which reflect the nonbinding wishes of donors, and unrestricted funds which are at the trustees' discretion.

The North Cumbria University Hospitals Charitable Fund has 9 restricted funds, no endowment funds and one designated unrestricted fund (note 17).

1.3 Incoming Resources

All incoming resources are recognised once the Charity has entitlement to the resources, it is probable (more likely than not) that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

Where there are terms or conditions attached to incoming resources, particularly grants, then these terms or conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms or conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown on the balance sheet as deferred income.

1.4 Incoming Resources from Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

a) Confirmation has been received from the representatives of the estate(s) that probate has been granted
b) The executors have established that there are sufficient assets in the estate to pay the legacy and
c) All conditions attached to the legacy have been fulfilled or are within the charity's control

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.5 Resources expended and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:
a) There is a present legal or constructive obligation resulting from a past event
b) It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
c) The amount of the obligation can be measured or estimated reliably.
Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

1.6 Recognition of expenditure and associated liabilities as a result of grant

Grants payable are payments made to linked, related party or third party NHS bodies and non NHS bodies, in furtherance of the charitable objectives of the funds held on trust, primarily relief of those who are sick.

Grant payments are recognised as expenditure when the conditions for their payment have been met or where there is a constructive obligation to make a payment.

A constructive obligation arises when:
a) We have communicated our intention to award a grant to a recipient who then has a reasonable expectation that they will receive a grant
b) We have made a public announcement about a commitment which is specific enough for the recipient to have a reasonable expectation that they will receive a grant
c) There is an established pattern of practice which indicates to the recipient that we will honour our commitment.

The trustees have control over the amount and timing of grant payments and consequently where approval has been given by the trustees and any of the above criteria have been met then a liability is recognised. Grants are not usually awarded with conditions attached. However, when they are then those conditions have to be met before the liability is recognised.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met then no liability is recognised but a contingent liability is disclosed.

1.7 Allocation of support costs

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, internal and external audit costs and IT support. Support costs have been apportioned between fundraising costs and charitable activities on an appropriate basis. The analysis of support costs and the bases of apportionment applied are shown in note 7.

1.8 Fundraising costs

The costs of generating funds are those costs attributable to generating income for the charity, other than those costs incurred in undertaking charitable activities or the costs incurred in undertaking trading activities in furtherance of the charity's objects. The costs of generating funds represent fundraising costs together with investment management fees.

1.9 Charitable Activities

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 5.

1.10 Debtors

Debtors are amounts owed to the Charity. They are measured on the basis of their recoverable amount.

1.11 Cash and cash equivalents

Cash at bank and in hand is held to meet the day to day running costs of the Charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in 90 day notice interest bearing savings accounts.

1.12 Creditors

Creditors are amounts owed by the Charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long term creditors.

1.13 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between market value at the year end and opening carrying value (or date of purchase if later).

1.14 Corporate Trustee arrangements

On 1 October 2019 the North Cumbria University Hospitals NHS Trust was acquired by Cumbria Partnership NHS Foundation which was renamed as North Cumbria Integrated Care NHS Foundation Trust on the same date. The transaction took place under Section 56A of the National Health Services Act 2006 and the transaction agreement made provision for the charitable funds of North Cumbria University Hospitals NHS Trust to be transferred as part of the transaction. Therefore, since 1 October 2019 the new corporate trustee has been North Cumbria Integrated Care NHS Foundation Trust. The Charity updated its name to exclude "NHS Trust". There have been no other changes required to the Charity's governance arrangements.

2. Income from donations and legacies

	Unrestricted Funds	Restricted Funds	**Total 31/03/2021 Funds**	*Total 31/03/2020 Funds*
	£000	£000	**£000**	*£000*
Donations from individuals	238	33	**271**	*167*
Corporate donations	13	2	**15**	*166*
Grants	178	0	**178**	*0*
Legacies	5	627	**632**	*38*
Total Donations and Legacies	**434**	**662**	**1,096**	*371*

The grants received during the year were all from NHS Charities Together (2019/20: nil).
The Charity has been advised of a legacy for £627k arising from the estate of the late Leonard Atkinson. This legacy has been placed in a new restricted fund for Medical Equipment at West Cumberland Hospital in line with Mr Atkinson's wishes..

3. Gross investment income

The Trust's investment income is from cash on deposit including in 90 and 95 day notice accounts.

	Unrestricted Funds	Restricted Funds	**Total 31/03/2021 Funds**	*Total 31/03/2020 Funds*
	£000	£000	**£000**	*£000*
Nationwide Building Society	2	1	**3**	*5*
Citibank / GBS	0	0	**0**	*3*
CCLA	24	0	**24**	*22*
	26	**1**	**27**	29

4. Analysis of expenditure on raising funds

In 2020/21 expenditure on raising funds was nil (2019/20: nil).

5. Analysis of charitable expenditure

The Charity did not undertake any direct charitable activities on its own account during the year. All of the charitable expenditure was in the form of grant funding. Grants were approved in favour of North Cumbria Integrated Care NHS Foundation Trust, to carry out activities that will benefit NHS patients and their families. The charity incurred expenditure with third parties in pursuance of those grants or reimbursed expenditure incurred by the Trust.

	Grant funded Activity	Support Costs	**Total 31/03/2021 Funds**	*Total 31/03/2020 Funds*
	£000	£000	**£000**	*£000*
Medical Equipment	184	17	**201**	*55*
Furniture & Equipment	124	11	**135**	*31*
Information Technology	13	1	**14**	*37*
Education & Training	11	1	**12**	*75*
Salary Grants	7	1	**8**	*0*
Patient Amenities	13	1	**14**	*29*
Staff Amenities & Functions	3	0	**3**	*10*
Building Work	81	7	**88**	*47*
Total Grants Paid	**436**	**39**	**475**	284

Support costs have been allocated across charitable activities on the basis of direct expenditure on these activities in 2020/21

6. Analysis of Grants

The Charity does not make grants to individuals. All grants and grant support are made to North Cumbria Integrated Care NHS Foundation Trust to provide for the care of NHS patients in furtherance of our charitable aims. The total cost of making grants, including support costs, is disclosed on the face of the Statement of Financial Activities and the actual funds spent on each category of charitable activity, is disclosed in note 5.

The trustees operate a scheme of delegation for the majority of the charitable funds, under which fund holders manage the day to day disbursements on their projects in accordance with the directions set out by the trustees in the Charitable Funds Policy, charity standing orders and financial instructions. Funds managed under the scheme of delegation represent ongoing activities and it is not possible to accurately segment these activities into discrete individual grant awards.

The total value of the grant made to North Cumbria Integrated Care NHS Foundation Trust in 2020/21 was £475k (2019/20: £284k to North Cumbria University Hospitals NHS Trust and North Cumbria Integrated Care NHS Foundation Trust).

7. Allocation of support costs and overheads

	Fundraising Activities £000	Charitable Activities £000	**2020/21 Total £000**	*2019/20 Total £000*
Auditor / Independent Examiner Fees	0	4	**4**	*3*
HMRC - benefit in kind charge	0	0	**0**	*1*
Bank Charges and Just Giving Membership	0	1	**1**	*1*
Governance costs:				
NEP - financial ledger	0	6	**6**	*6*
Financial Administration	0	28	**28**	*27*
Stationery	0	1	**1**	*1*
	0	**40**	**40**	39

	Unrestricted Funds £000	Restricted Funds £000	**2020/21 Total £000**	*2019/20 Total £000*
Raising funds	0	0	**0**	*0*
Charitable activities	28	12	**40**	*39*
	28	**12**	**40**	39

As the Charity did not proactively fundraise during 2020/21 it has nil fundraising costs. Support costs (including governance costs) normally relate to charitable activities and are apportioned between restricted and unrestricted on the basis of the average balance of the funds.

8. Trustees' remuneration, benefits and expenses

None of the members of the Charitable Funds Committee have been remunerated or reimbursed from the Charitable Funds for services provided to the Charity, or for expenses incurred in relation to those services.

9. Analysis of staff costs

The staff employed to carry out work on behalf of the Charity are employees of North Cumbria Integrated Care NHS Foundation Trust and as such have the same terms and conditions as other Trust staff. The Charity does not directly employ its own staff.

10. Auditor's remuneration

The auditor's remuneration of £4k (2019/20: £3k) relates entirely to the audit of the Charity's accounts and includes a small credit in relation to an overestimate of 2019/20 charges.

11. Fixed asset investments

	31 March 2021 £000	*31 March 2020 £000*
Market Value brought forward	608	*627*
Add: additions to investments at cost	0	*0*
Less disposals at carrying value	0	*0*
Add net gain / (loss) on revaluation	122	*-19*
Market value as at 31 March 2019	**730**	*608*

The Charity invested £500k in CCLA's COIF Charities Ethical Investment Fund in June 2016 and it is carried at fair value. In order to reduce risk the Charity chose to invest in a pooled fund made up mainly of UK and overseas equities with some property, infrastructure and cash included in the fund.

12. Analysis of current debtors

	Unrestricted Funds	Restricted Funds	**31 March 2021 Total**	*31 March 2020 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Accrued income	3	627	**630**	*20*
Other debtors	0	0	**0**	*0*
Total debtors falling due within one year	**3**	**627**	**630**	20

Accrued income includes £627k for a legacy notified to the Charity but not realised in cash as at 31 March 2021. (31 March 2020: nil).

13. Analysis of cash and cash equivalents

	Unrestricted Funds	Restricted Funds	**31 March 2021 TOTAL**	*31 March 2020 TOTAL*
	£000	£000	**£000**	*£000*
Nationwide Business 95 Day Saver	322	186	**508**	*505*
NatWest Bank Direct Reserve Account	0	0	**0**	*253*
GBS Bank account	644	372	**1,016**	*449*
	966	**558**	**1,524**	1,207

No cash or cash equivalents were held in non-cash investments or outside of the UK.

14. Analysis of liabilities

	Unrestricted Funds	Restricted Funds	**31 March 2021 Total**	*31 March 2020 Total*
Amounts falling due within one year:	£000	£000	**£000**	*£000*
Other creditors	182	28	**210**	*30*
Accruals	111	4	**115**	*17*
Total creditors falling due within one year	**293**	**32**	**325**	*47*

The Trust processes purchase invoice transactions for the Charity and the balance is payable monthly in arrears. At 31 March 2021 there is £210k owed to North Cumbria Integrated Care NHS Foundation Trust. (31 March 2020: £11k)

15. Related Party Transactions

During the year none of the NHS Trust Board or members of the key management staff or parties related to them has undertaken any material transactions with the North Cumbria University Hospitals Charitable Fund.

The Charity has made revenue and capital payments of £475k to North Cumbria University Hospitals NHS Trust, which is the Corporate Trustee of the Charitable Trust (2019/20: £284k). This included payments for governance and administration services of £39k (2019/20: £39k).

At any one time North Cumbria Integrated Care NHS Foundation Trust holds balances for debtors and creditors relating to the transactions it processes on behalf of the Charity, which are normally settled within the following month. At 31 March 2021 the Charity has a creditor balance of £210k owed to North Cumbria Integrated Care NHS Foundation Trust (31 March 2020: £11k).

16. Events After the Reporting Period

At its meeting in January 2021 the Charitable Funds Committee agreed to sell a significant proportion of its investment in CCLA's COIF Charities Ethical Investment Fund. On 20 May 2021 the Charity reduced the number of units it held by 120,000 (45%) realising a gain of £109k on its initial investment. This reduced the value of the Charity's investment from £730k at 31 March 2021 to approximately £408k on 20 May 2021.

17. Analysis of Funds

17.1 Restricted Funds

	Balance 31 March 2020 £000	Incoming Resources £000	Resources Expended £000	Transfers £000	Gains and Losses £000	Balance 31 March 2021 £000
Breast Cancer	**3**	12	(1)	0	0	**14**
Cancer	**12**	0	(2)	0	0	**10**
Cardiology	**34**	1	0	0	0	**35**
Children	**1**	1	(1)	0	0	**1**
CT Scanner	**2**	0	(0)	0	0	**2**
Radiotherapy	**94**	10	(36)	0	0	**68**
Renal	**382**	12	(11)	0	0	**383**
Healing Arts	**7**	0	(16)	20	0	**11**
Leonard Atkinson Fund	**0**	627	0	0	0	**627**
Total	**536**	**663**	**(66)**	**20**	**0**	**1,153**

Healing Arts was transferred a £20k share of Covid donations which was approved by the Charitable Funds Committee and included a share of one of the NHS Charities Together grants.

PRIOR YEAR

Restricted Funds	Balance 31 March 2019 £000	Incoming Resources £000	Resources Expended £000	Transfers £000	Gains and Losses £000	Balance 31 March 2020 £000
Breast Cancer	8	3	(8)	0	0	3
Cancer	13	0	(1)	0	0	12
Cardiology	37	3	(6)	0	0	34
Children	2	2	(3)	0	0	1
CT Scanner	3	0	(1)	0	0	2
Radiotherapy	99	16	(21)	0	0	94
Renal	398	13	(29)	0	0	382
Renal	21	14	(28)	0	0	7
Total	582	51	(97)	0	0	536

Details of Restricted Funds

Name of fund	Description of the nature and purpose of each fund
Breast Cancer	Prevention, diagnosis and treatment of breast cancer
Cancer	Prevention, diagnosis and treatment of cancer
Cardiology	Prevention, diagnosis and treatment of heart disorders
Children	Relief of sickness in children
CT Scanner	Provision and maintenance of CT Scanner
Radiotherapy	Relief of sickness of radiotherapy patients
Renal	Prevention, diagnosis and treatment of kidney disorders.
Healing Arts	For the support and development of Healing Arts' initiatives and programmes
Leonard Atkinson	Provision of medical equipment for WCH

17. Analysis of Funds (cont'd)

17.2 Unrestricted Designated Funds

	Balance 31 March 2020 £000	Incoming Resources £000	Resources Expended £000	Transfers £000	Unrealised Profit £000	Gains and Losses £000	Balance 31 March 2021 £000
NCIC Trust	**1,252**	460	(408)	(20)	122	0	**1,406**
Total	**1,252**	**460**	**(408)**	**(20)**	**122**	**0**	**1,406**

PRIOR YEAR

Unrestricted Designated Funds

	Balance 31 March 2019 £000	Incoming Resources £000	Resources Expended £000	Transfers £000	Unrealised Profit £000	Gains and Losses £000	Balance 31 March 2020 £000
Cumberland Infirmary	634	224	(76)	(34)	0	0	748
West Cumberland Hospital	474	108	(111)	34	0	0	504
Total	1,107	332	(187)	0	0	0	1,252

The Unrestricted Funds are split into a number of designated funds across the departments and services operated by the Cumberland Infirmary and West Cumberland Hospital. They are used to fund charitable purposes that benefit NHS patients of North Cumbria Integrated Care NHS Foundation Trust and the staff that deliver patient care to those patients at the discretion of the trustees. Whilst these funds have traditionally been identifiable for each of the two sites an increasing number of the funds are cross-site and service orientated and it is no longer appropriate, or possible, to identify the funds by site.

NATIONAL HEALTH SERVICE FUNDS HELD ON TRUST (ENGLAND)

ACCOUNTS DIRECTION

The Secretary of State, with the approval of the Treasury, in pursuance of Section 98(2) of the National Health Service Act 1977 hereby gives the following direction:

1. In this direction, unless the context otherwise requires -

"the Act" means the National Health Service Act 1977;

"the Authority" means, as the case may require, a Health Authority, a Special Health Authority, a Primary Care Trust, an NHS Trust, Special Trustees appointed in pursuance of Section 29(1) of the National Health Service Reorganisation Act 1973 and Section 95(1) of the National Health Service Act 1977 (as amended) and to any trustees for an NHS Trust appointed in pursuance of Section 11 of the National Health Service and Community Care Act 1990.

2. The statement of accounts which it is the duty of the Authority to prepare in respect of its funds held on trust shall, in respect of the financial year ended 31 March 2001 and subsequent financial years, be as set out in the following paragraphs and Schedule.

3. The statement of accounts in respect of any Funds Held on Trust shall comprise:

a. a foreword;
b. a statement of financial activities;
c. a balance sheet;
d a cash flow statement
e. notes to the accounts.

4. The statement of accounts shall give a true and fair view of the incoming resources and application of resources of the funds held on trust in the financial year and the balance sheet shall give a true and fair view of the state of affairs of the funds held on trust at the end of the financial year in respect of which the statement of account is prepared. The statement of accounts shall separately show the charitable and non charitable funds held on trust. Subject to these requirements, the statement of accounts shall also, without limiting the information given, meet :

a. generally accepted accounting practice in the United Kingdom including accounting standards issued or adopted by the Accounting Standards Board;
b. all relevant guidance given by the Charity Commission, including the Statement of Recommended Practice "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102);
c. all relevant guidance given by the NHS Executive;
d. any disclosure and accounting requirements which the Treasury may issue from time to time;

insofar as these are appropriate to the Authority's funds held on trust and are in force for the financial year for which the statement of account is to be prepared.

5. This accounts direction shall be reproduced as an appendix to the published account.

Signed *Jeff Tomlinson*

Signed by the authority of the Secretary of State for Health
Dated *15 May 2001*